

## Estrie going red Thursday

By Gordon Lambie

The Estrie administrative region was quietly upgraded to Quebec's highest COVID-19 alert level on Monday, with the information first appearing on government websites over the course of the afternoon, followed by a 4 p.m. press release. On the government's map of COVID-19 alert levels by region, the entire Estrie is now listed as red, with new measures coming into effect on November 12, at 12:01 a.m. and measures concerning schools and sports coming into force on November 13.

The official announcement underlined the fact that the situation remains under control in many areas, but argued in favour of tightened restrictions given the rise in new cases in recent days.

The region reported 54 new cases and one new death on Monday after a record 90 new cases on Sunday, and this after a week of seeing numbers steadily near or above the 40-case mark. Region health director Dr. Alain Poirier's usual weekly update on the state of infections in the region was cancelled less than a half an hour before it was to take place, although information on the outbreaks and municipalities under observation was still published.

The new infections were concentrated in the Haute-Yamaska, Des Sources, and La Pommeraie, and Sherbrooke sectors, although all areas except for Coaticook saw an increase of at least one new case. The CIUSSS de l'Estrie - CHUS does not provide exact figures for municipalities in the region that have five or fewer active cases, but based on Sunday's numbers there were more than 40 across all MRCs that have somewhere from one to five cases. The data do specifically note eight active cases in Cowansville, 11 in Farnham,

CONT'D ON PAGE 3

## Fire at Kruger storage facility puts up a long fight



BRUCE PORTER

By Matthew McCully

A fire that broke out Sunday evening at a Kruger storage facility on Boulevard Bourque housing dry materials for the company was under control but still burning Monday afternoon, according to the Sherbrooke Fire Prevention service (SPIS).

"It's contained, but not under control yet," commented Daniel Gingras, chief of the SPIS around 2 p.m.

Monday afternoon.

The fire first broke out at 6:30 p.m. on Sunday evening in a large pile of dry material roughly 200 feet long by 40 feet wide, Gingras said. Roughly 20 firefighters from the SPIS took part in the intervention, which lasted almost nine hours. Thinking the fire was extinguished, the department left the scene at around 3 a.m. Monday, but was called back to the scene at 6 a.m. because the blaze had restarted.

In addition to the fire, the SPIS had

to contend with a lack of pressure in the Deauville sector's water system, requiring tankers to bring water to the site. While the SPIS dealt with the fire on the ground, the Magog, Saint-Denis-de-Brompton and the Régie de l'incendie Memphremagog-Est fire departments contributed water tankers to the intervention.

On Monday afternoon Gingras said the cause of the fire was still undetermined.

There were no injuries reported.

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## Weather



TODAY:  
SUNNY

HIGH OF 20  
LOW OF 11



WEDNESDAY:  
MIX OF SUN  
AND CLOUD

HIGH OF 18  
LOW OF 8



THURSDAY:  
SUNNY

HIGH OF 10  
LOW OF -1



FRIDAY:  
MIX OF SUN  
AND CLOUD

HIGH OF 10  
LOW OF -1



SATURDAY:  
MIX OF SUN  
AND CLOUD

HIGH OF 2  
LOW OF -7

# You're in the army now



## DISHPAN HANDS

### SHEILA QUINN

Dear Maverick,

When you graduated from high school a year and a half ago, it was already established – you were headed for the Army. Not the Reserves, like your Dad and our Dad before him, but the Reg Forces – a full-time job in the military.

I have to admit, as your Auntie and godmum, there was part of me that was worried. Worried about you heading straight off into that career without an opportunity to experience a bit more of something else in the world – another trade or educational experience to round out your worldview and knowledge before the Army. Yet, you have always, since day one, had this way with an openness towards people. Even with your jokester attitude, I've never heard of you intentionally being mean to someone. You've always had kindness in you. Always.

Maybe that's part of the reason I was afraid too.

Afraid of stories I've heard about treatment of people within the Army and by the Army. Even if we grew up with a Dad so dedicated to his Regiment (the Sherbrooke Hussars), within the ranks there are stories that go against so much of what I believe in, and that certainly kept me away from that path myself, in part for my own safety. That actually makes me sad to think about. I know women who have made their lives in the Army and have managed to build impressive careers, but there is a part of me that would have never fallen

in line, and I know that.

I think I've taken the things we learned from our Dad's Army ways and I've put it into my youth leadership work though – about order and respect, about some kinds of ritual and decorum, just in a very different world.

There are many people I've known that did explore military life and training, and I think in particular even of our Uncle Mitch, who has a blue beret to remember his time in Cyprus. Heck, he would never have met our Auntie Debbie if it weren't for my father assigning him a Christmas Mess Dinner date. The RSM's sister-in-law – NO PRESSURE. But then, he married her, and had the very best wedding day ever, the same day as the Live Aid concert, on July 13th, 1985. So, we know that the Army also creates bonds and connections, friendships and relationships that often last a lifetime.

I hope that as a country we begin to understand how to best support our military members who suffer. Support and rehabilitation should always be included in the agreement when someone enlists.

I hope that you are able to navigate both growing as a man and being proud of your career, and to still be open to voices outside of that world, that you are able to both be a part of the long, beloved and respected history of the military in our family – your many, many great-uncles who fought in both Great Wars, and great-aunts who participated as well too. I love that I have our great-Auntie Barbara's trunk from her time in service.

In this day and age, it's a different world than when they enlisted, yet the pride we have in your accomplishments for following through on your recruit course and graduating from the Royal Canadian Armoured Corps School in late October is the same. The same as the photos of our family members in uniform with those they were leaving behind.

I hope that this incredible adventure leads to you to opportunities for personal growth, for learning about the world, for developing all of the skills you wish to in this great life. I hope

that, like all of the families with loved ones in the military; that wherever this career takes you, you are safe, whole, happy, supported by your corps.

I know that Armistice is about remembering, about respect and acknowledgement of those who went before. But here you are, the same age as they all were once upon a time, and it feels like time is a bit of a slippery thing.

Seventy-five years after the end of World War II, you take the same path that they did, Armoured, like your Dad and grandfather. A tradition continues, and our family's love for one another continues. I know that you will have a positive impact on those around you as you train and learn, developing your skills constantly. You're hard-working and will likely have many who know that they can rely on you to be a steady presence.

While I will always worry about you anyway (this is just the way it goes, kid, you were just plain old being born and we were all already concerned for your safety, it never stops), and I trust you. I trust your decisions and drive. I trust you to use your head (that was one of the best bits of advice our Dad used to give – to lightly tap us on the forehead and say, 'USE.THIS.'). I trust you to understand that there are other ways of being in the world than the ones we're used to. I believe in you, and am so beyond proud of you.

You're a soldier. For real. It feels strange to write that, and really take it in for the first time.

May this career enrich your life. Always know that you've got a fan over here. You may be the Maverick, but your Auntie is the renegade. I'll always be here for you.

While we remember those who fought, those we lost, those we miss but never knew, I think of you today too, brand new in this role, with the world at your feet. I know they'll be firmly laced up into polished boots, and ready to step up.

Love,  
Auntie Sheila

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## Ben by Daniel Shelton



# Local News

Among special highlights at this year's national ceremony will be the presence of the 2020 National Silver Cross Mother Mrs. Deborah Sullivan from New Brunswick.

## National Remembrance Day Ceremony to be broadcast live

### Legion urges Canadians to watch from home

With Remembrance Day fast approaching, The Royal Canadian Legion is reminding Canadians that the best way to pay tribute to our fallen this year, is at home. For the first time ever, people are asked not to attend ceremonies in person.

With Canada's major broadcasters planning to air their familiar Remembrance Day coverage, would-be spectators can pay their respects from home. The Legion will also broadcast

the ceremony via Facebook Live.

"It is disappointing to discourage people from attending ceremonies this year," says Danny Martin, Ceremony Director. "However, beyond watching national and local broadcasts, thankfulness is also reflected by wearing a Poppy, a profound gesture. And wherever they may be, Canadians can take two minutes of silence at 11 a.m. on the 11th."

The pandemic and restrictions related to gatherings, has meant the

planning of significantly smaller ceremonies across the country, or their outright cancellation. Other gatherings are being replaced with virtual ceremonies in some communities.

Among special highlights at this year's national ceremony will be the presence of the 2020 National Silver Cross Mother Mrs. Deborah Sullivan from New Brunswick. She will lay a wreath on behalf of all mothers and families who have lost children in the line of service, and in remembrance of

her son, Lieutenant Navy Christopher Edward Saunders who died in 2004. Vintage aircraft will conclude the ceremony, marking the 75th anniversary of the end of the Second World War.

Traditionally, upwards of 35,000 people attend the National Remembrance Day Ceremony, organized by The Royal Canadian Legion at Ottawa's National War Memorial.

Submitted by  
The Royal Canadian Legion

## Sherbrooke launches Christmas decorations contest

Record Staff

The upcoming holiday season is set to be one of the most challenging in recent memory with the pandemic continuing to cause problems, but Commerce Sherbrooke and Destination Sherbrooke are teaming up in an effort to lift residents' spirits.

The two organizations are launching a Christmas decorations contest for residents and businesses. The goal, according to a press release, is to spread magic and warmth during the holiday season.

The organizations believe this could be beneficial for local businesses, as decorations can attract attention and provide more visibility. For residents, however, this is simply a way to get people out of the house and walk around a bright and decorated

neighbourhood.

In order to participate in the contest, also called La balade lumineuse, residents and businesses must be located in Sherbrooke. And decorations must be visible from the street. Participants also must agree to light their decorations from Dec. 4, 2020, to Jan. 3, 2021.

This is a friendly contest, the organizations specified in the press release, decorations do not need to be overwhelming or pretentious. Although residents are encouraged to put in as much effort as they would like.

People can make their homes or businesses shine bright enough for the whole city to see, or simply line their home with colourful lighting to bring a bit of warmth to the neighbourhood. The contest guidelines are fairly loose,



RECORD ARCHIVES

but they come with prizes.

Residents and business owners can visit [www.scintillante.ca](http://www.scintillante.ca) to register for the contest. The prizes available to

residents have a value of over \$1,500, while the commercial category prizes have a total value of \$3,000.

## Estrie going red

CONT'D FROM PAGE 1

six in Bromont, 77 in Granby, 106 in Sherbrooke, 12 in Windsor, 67 in Asbestos, 13 in Danville, six in Weedon, 12 in Frontenac and 44 in Lac Mégantic.

In terms of specific outbreaks, four new schools and a sports centre were added to the list of locations under observation on Monday, although all of these had fewer than five cases.

As of Monday afternoon there were 20 people hospitalized for reasons related to COVID-19 in the region, three of whom were in intensive care.

Contrary to what has been the case for other regions being upgraded to red alerts, there had been no official press conference on the subject as of Press time Monday. During an afternoon update on the situation in the Saguenay-Lac-St-Jean region, Health Minister Christian Dubé shared that he was "preoccupied" by the situation in the region but said, at the time, that the question of changing alert status was still under discussion.

"There are decisions to be made," Dubé said, putting faith in the experience and expertise of regional public health director Dr. Alain Poirier in discussion with the provincial public health team.

The Sherbrooke Police, meanwhile, reported having to break up two significant illegal gatherings on the weekend. The first one was very early Saturday morning on Belvedere Street South where 16 of 25 participants were identified and 13 fines of \$1,546 were handed out. The second was at the Microdistillerie bar on Meadow Street downtown on Saturday night, where officers reported that capacity was surpassed by more than 60 people and social distancing and mask measures were not being enforced. The SPS report said that lights were flashed when the police arrived and bar patrons fled out service doors.

The number of new cases across

Quebec increased by 1,169 on Monday alongside the news of 15 new deaths. The number of hospitalizations increased by 13 to 540, while the

number of people in intensive care dropped by one, for a total of 76.

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# EDITORIAL

*Our neighbours have a lot of soul-searching to do. But right now, it is no small victory that they have voted Trump out.*

## The power of decency

By Kyl Chhatwal

Last Friday, waiting for the 2020 American election to finally be called, I wrote my first draft for this column. It was full of doom and gloom. At that point, it seemed pretty clear that Biden would win. Still, the victory felt muted. It was a political victory, but not a moral one. The election was a lot closer than it should've been.

Yes, Biden was ahead, but by razor-thin margins. Yes, a minority of voters had cast ballots for Trump in the end. But in raw votes, that minority was still enormous.

Like many, I had fantasized that Nov. 3, 2020, would be a day of mass repudiation of Trumpism. A day when Americans would snap out of their strange, solipsistic dream, realizing the extent to which they were flirting with something truly dangerous—and historically rare—in Trump.

When that repudiation did not come, I had the feeling that I was the one living in a dream. Are we overconfident about the staying power of democracy? Here in the West, most of us have never known a different system of government. Yet if we look cynically enough at history, we recognize that democracies are rare and fragile things.

In most times, in most places, power has been top-down, not bottom-up.

All sorts of memes are rolling around the belly of the internet right now, designed to soothe disappointed idealists like me. One shows Gandhi with the quote: "When I despair, I remember that all through history the way of truth and love has always won. There have been tyrants and murderers, and for a time, they can seem invincible, but in the end, they always fall. Think of it—always."

Not to disagree with Gandhi, or anything... but I wondered if that statement is even true.

Put simply, last week I could not avoid my dark prognostications. Although America seemed poised to switch presidents, it hadn't really rejected Trump wholesale. His impact on his nation—on the entire world, in fact—would certainly outlast him.

He could even run again in 2024.

His supporters were firmly behind him. And he was continuing to sow chaos and distrust by refusing to concede the election at all, claiming, without evidence, that it had been "stolen" from him.

Apparently, Mussolini once said to his mistress: "I want to make a mark on my era... like an alien with its claw." Alien or otherwise, Trump has clawed his mark on his era, and will continue to do so for some time.

But then on Saturday morning, the election was actually called for Biden. And something began to change, subtly, in the collective mood.

People across America were taking to the streets. They were celebrating, dancing, waving signs. They honked their horns, painted their faces, and some wept openly. They were shaking off the black psychodrama of the past four years.

On Saturday evening, the new president-elect—and doesn't it feel good just to hear that phrase, "president-elect"?—delivered his first official speech to a jittery nation.

Mr. Biden spoke for no more than 15 minutes. Yet in form, style, content, and tone, his address was like nothing we have seen from a presidential pulpit for what seems like an eternity.

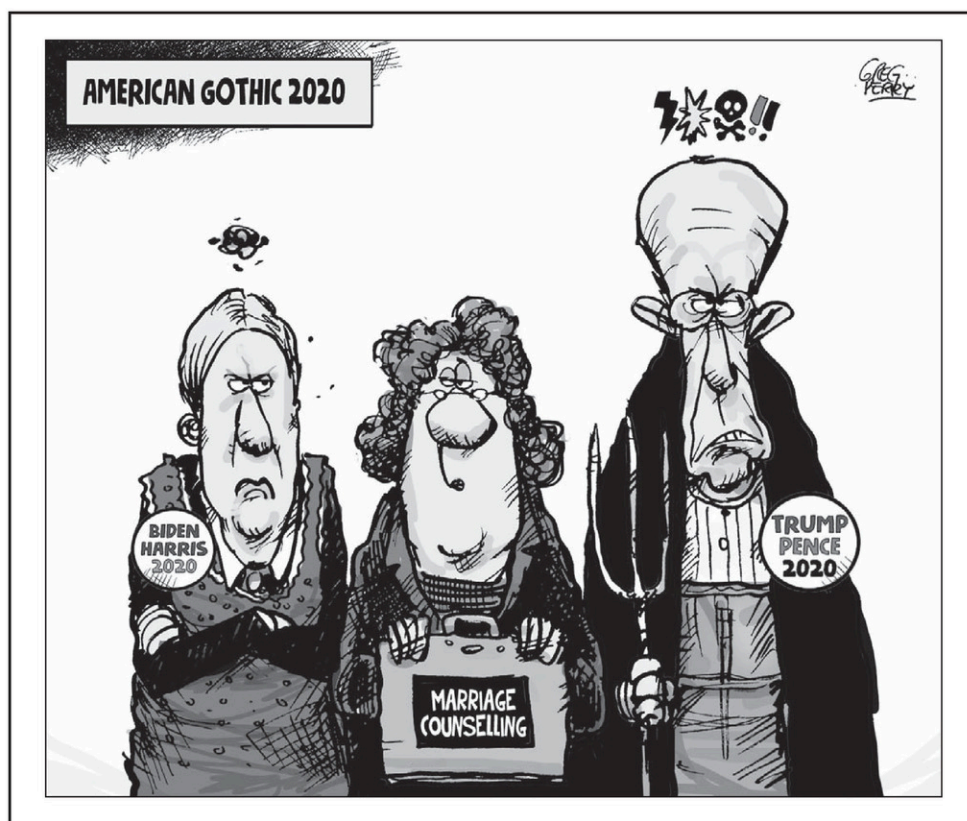
The speech was no long-winded ramble, full of boasts, grievances, gloating, belittling of political enemies, or veiled threats. It was the kind of speech that a normal, good-hearted person might give in such a moment. Mr. Biden reached out to all the Americans—70 million or so—who had not voted for him.

"This is the time to heal," he told them.

He read a psalm. He thanked those who'd helped him win. He came off as genuine—that seemingly rare thing—a decent human being as national leader. And in his simple, vital decency, he was precisely the man the moment demanded.

Listening, I was soothed, much more than any internet meme could soothe me. Yes, Trumpism is not going anywhere. But it is not the final word on America, either.

Our neighbours have a lot of soul-



searching to do. But right now, it is no small victory that they have voted Trump out. It is no small victory either that the man to replace him has the gift of human warmth.

Whatever President Biden

accomplishes over the next four years, it cannot overshadow the significance of what he has already achieved.

I think I speak for most Canadians in saying—to him, to his administration, to all of America—good luck.

## Letters

DEAR EDITOR,

After we are exposed to a media circus like the 'Trump Trauma' for so long, we tune it out. Editorials about waves of pandemic and pages of rules for 'Covid Control' are ignored. People tend to accept these things as inevitable, ignore them and life goes on. (?)

Recovery will be long and arduous. Like Trump, Covid-19 has many long-term after-effects. For instance, the debt generated by these social diseases will affect generations to come.

Are we ready to sacrifice lives in an effort to resuscitate a terminal economy? This system has been on life support for years! The kindest thing would be to pull the plug...

Compliance and courage are essential now. When an ostrich hides its head in the sand, the other end is very exposed.

We are exposed.

ERIC LANCASTER  
SHERBROOKE

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# With President Biden, are Canada-U.S. relations a walk in the park?



DIAN COHEN

Canada-U.S. relations are very simple and very complex: our closest neighbour, our biggest customer is also the most powerful nation in the world, rumors of its demise notwithstanding. Mr. Biden likes Mr. Trudeau, that's a good start. "Best buds" is a long way off. Canada's best bet to make it so will be to do what we do best – proactively offer solutions to Biden that will also help Canada. Mr. Biden's problem-solving starts at home – COVID recovery, which includes both a medical and an economic component, then issues such as immigration reform and movement on social and racial justice. Trade, procurement and climate are a little further down the list – all have the potential to create friction with Canada. The Canadian Global Affairs Institute (CGAI) puts our bilateral issues into three baskets:

- defence and security;
- trade and the border;
- energy, environment and climate.

Defense and security are outside my economic bailiwick; suffice to say that Canada and the U.S. have worked closely on this file for close to a century – think the North American Aerospace Defense Agreement (NORAD), the North Atlantic Treaty Organization (NATO) and several other agreements. When and how the border will reopen is still unknown. Says CGAI, "it seems likely that in addition to defense and security, public health will now be part of the screening process." Could Canada help with Biden's domestic agenda by offering to work with his administration around the delivery of COVID vaccines to the developing

world? Could our experience in community health be of interest?

On the trade side \$2.6 billion worth of goods and services cross our borders every day. (Pre-COVID, half a million people crossed the border every day too.) More than 1 and-a-half million American and 2 million Canadian jobs are directly related to this trade. Says Robert Asselin, Senior Fellow, Munk School of Global Affairs and Public Policy, "Our access to the biggest market in the world requires a permanent campaign by all levels of government working with business, labour and civil society to fend off the forces of protectionism at the local, county, state and national levels. Canada needs to leverage off this domestic agenda and identify the natural fits. (Biden's) "building back better" and the trillion-dollar infrastructure plan come with the protectionist promise of "Buy American." We need to persuade our neighbor of the benefits of continental collaboration on resilient, clean infrastructure, including our shared network of pipelines and electrical grids."

The energy relationship is vital to both countries – electricity generated in Quebec literally lights up Broadway. Canada is the largest source of U.S. energy imports and the second-largest destination for U.S. energy exports. Mr. Biden has said he will cancel the Alberta-Nebraska Keystone XL pipeline, a project that is fully supported by Mr. Trudeau. The plan commits to spending US\$300 billion on research and development – including electric vehicle technology, lightweight materials, 5G and artificial intelligence.

His climate change policy indicates that Canadian exporters of carbon-intensive products to the U.S. will be less welcome. The plan also includes US\$2 trillion in spending over four years in clean energy, transportation and infrastructure, and sets the goal of 100 per cent of the country's electricity generated by carbon-free sources by 2035.

These promises are the kick in the butt Canada needs to develop clear public policy objectives related to competitiveness, productivity and, ultimately, rising living standards for all



Canadians. Says Asselin, "Policymakers can no longer think about economic growth and public policy in the same way as in the past generation and a half. The rules of the game have changed, and countries are responding by moving swiftly to assert their competitive advantage." He points out that the new North American trade accord (USMCA) includes a competitiveness committee that we need to activate and harness for continuous improvements. "Canada should match Mr. Biden's industrial policy framework with one of its own. Such an approach would challenge the Canadian government to think coherently about its economic policies and prioritize the sectors and technologies in which we have pre-existing advantages, where we can gain global market share and produce economic value for the country. Think agri-food or energy, but also emerging sectors, such as advanced manufacturing and clean technology."

It's not just Mr. Trudeau who must try for "best buds" with Mr. Biden – our premiers and legislators need to continue their own outreach to their American counterparts. They played a critical role in persuading their gubernatorial counterparts to sign on to a Canada-U.S. reciprocity agreement as part of the recovery from the 2008-9 recession.

Mr. Biden faces a split Congress: control of the Executive and the House, but probably not the Senate. That's how Wall Street likes it – little possibility that the extreme edges of

policy can run away with spending. Mr. Biden has close to 5 decades of hands-on experience in the U.S. system – he knows how to get legislation done. The first clue to whether he's on the right track will be his choice of Cabinet personnel, which needs Senate approval. Canadians should wish him well with one hand and push Mr. Trudeau to articulate a modern industrial policy with the other.

*Dian Cohen is an economist and a founding organizer of the Mississippi Valley Health Centre.*

*Cohendian560@gmail.com*

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## Lennoxville opening bonspiel

The Lennoxville Curling Club, after a three-week delay, opened this past week with the "Opening Bonspiel" for club members and guests. There were 96 curlers who participated in this special event. The last time the club held an "Opening Bonspiel" for members was in 2004 - which meant for this event that the club had to dust off the old "Bishop - Lennoxville Trophy".

In the final matches: On sheet 1, Jim Mastine skipped his team to victory over Jeff Bailes' team to take the Bishop - Lennoxville Trophy while on sheet 2, Todd Rivett's Team was defeated in a close match giving Team Jeff Cheal the honours.

Submitted by Allan Rowell

back (left to right) Team Mastine: Jim Mastine (skip), Karen Bedard-Lothrop, Norm Lapierre and Claude Charron. front (left to right) Team Bailes. : Jeff Bailes (skip), Mark Humphrey, Michael Pal and Robin Priest.



PHOTO BY ALLAN ROWELL



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# ALWAYS COMMITTED TO SAFETY

## AN OPEN LETTER TO COMMUNITIES

At Canadian Pacific (CP), operating safely is more than just a requirement for doing business; it is fundamental to who we are as a company. Because of this deeply entrenched philosophy, CP has operated the safest railway in North America for the last 14 years, as measured by train accident frequency.

Running a safe railway is a journey, not a destination. Our safety journey with the Central Maine and Quebec Railway (CMQ) started on June 4 when we assumed full ownership of the entire line. The CMQ network runs from Saint-Jean-sur-Richelieu through many communities in Québec's Eastern Townships, and then onward to Maine and Vermont.

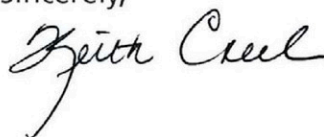
We are investing over \$90 million to upgrade the CMQ rail network. CMQ has worked tirelessly over the summer to ensure that this work is progressed both quickly and safely. These comprehensive upgrades will bring the CMQ infrastructure up to CP's industry-leading safety standards and, in many cases, will exceed Transport Canada's regulatory requirements.

In the last five months alone, we replaced more than 50,000 cross ties and 300 segments of rail across the CMQ network in Québec. We also revitalized two culverts, enhanced 50 switches, and improved ten grade crossings. This important work will continue over the coming months. In addition to upgrading the infrastructure to a higher standard, the CMQ network will benefit from the same robust and diligent maintenance regime that CP undertakes on the rest of our rail network across North America.

Looking forward, we will continue harnessing the power of the most cutting-edge technology so that we can deliver essential goods and services, support economic growth across Eastern Canada and drive safety improvement everywhere we operate. Our talented team of railroaders is the best in the world. They will always be dedicated to finding new ways to improve safety.

At CP, our dedication to safety is rooted in our culture. It is unrelenting. You have my personal commitment that we will always dedicate ourselves to operating the safest railway, not only in your community, but also across North America, day in and day out.

Sincerely,



Keith Creel

*President and Chief Executive Officer  
Canadian Pacific*

[www.cpr.ca](http://www.cpr.ca)



**In Memoriam**



**Sheila (nee Binney)  
LAWRENCE**

April 17, 1946 – November 10, 2019

Our beloved Sheila passed away quietly at home with her loving family by her side. She was such a strong, loving wife, mother, grandmother, sister and friend to all. She loved life so much and having fun, but her cancerous tumors in her nose and mouth area finally won the battle. She was so courageous through all her operations and treatments and we were so proud of her.

A beautiful service and lunch was provided by their congregation at Pentecostal Church in Long Sault, Ontario. Needless to say, the church was full with family and friends. May God Bless everyone for all the phone calls, cards and help during Sheila and Barry's time of need.

*Sheila – We will always love and miss you.*

- Barry (husband)
- Laurie (Craig) (Wally)
- Kelly (Troy)
- (daughters)
- Marge (Steve) and family
- Eileen and family
- (sisters)
- Ricky (Christine) and family
- (brother)
- and Sheila's precious grandchildren
- Finn, Wren and Ciara

**A Summer Place**



*There's a summer place  
Where it may rain or storm  
Yet I'm safe and warm  
For within that summer place  
Your arms reach out to me  
And my heart is free from all care  
For it knows  
There are no gloomy skies  
When seen through the eyes  
Of those who are blessed with love.*



**TUESDAY, NOVEMBER 10, 2020**

Today is the 315th day of 2020 and the 50th day of autumn.

**TODAY'S HISTORY:** In 1775, the Continental Congress created the U.S. Marine Corps.

In 1954, the USMC War Memorial (Iwo Jima Memorial) was dedicated near Arlington National Cemetery.

In 1969, "Sesame Street" premiered on PBS.

In 1977, a human was conceived through in-vitro fertilization for the first time.

In 2001, China was approved for membership in the World Trade Organization.

**TODAY'S BIRTHDAYS:** Martin Luther

(1483-1546), leader of the Protestant Reformation; William Hogarth (1697-1764), painter/engraver; Claude Rains (1889-1967), actor; Richard Burton (1925-1984), actor; Ennio Morricone (1928-2020), composer; Tim Rice (1944- ), lyricist; Les Miles (1953- ), football coach; Neil Gaiman (1960- ), author; Tracy Morgan (1968- ), actor/comedian; Ellen Pompeo (1969- ), actress; Walton Goggins (1971- ), actor; Brittany Murphy (1977-2009), actress; Eve (1978- ), rapper/producer; Miranda Lambert (1983- ), singer; Taron Egerton (1989- ), actor.

**TODAY'S FACT:** In 2019, the annual U.S.-China trade deficit was \$345 billion, down 18 percent from the 2018 deficit of \$419 billion.

**TODAY'S SPORTS:** In 1990, the NBA's

Phoenix Suns scored a record 107 first-half points in their 173-143 win over the Denver Nuggets, just three days after the Nuggets had set the record with 90 first-half points against the San Antonio Spurs.

**TODAY'S QUOTE:** "I have my Lucky Charms in the morning, and I feel magical." – Tracy Morgan

**TODAY'S NUMBER:** 1 – China's rank in the World Trade Organization's 2019 list of the leading exporters in world merchandise trade, with a 13.3 percent share. The United States was No. 2, with 8.8 percent.

**TODAY'S MOON:** Between last quarter moon (Nov. 8) and new moon (Nov. 14).

# Jamie Oliver's crispy salmon tacos with mango and avocado

In his new cookbook, "7 Ways," Jamie Oliver highlights 18 ingredients - from chicken to shrimp and eggs to potatoes - and offers seven new ways to construct dishes around them with no more than eight ingredients. Here is one of the offerings:

**CRISPY SALMON TACOS**

Serves: 2

Start to finish: 20 minutes

**Ingredients:**

- 5 1/2 ounce ripe mixed-colour cherry tomatoes
- 1 small ripe mango
- 1/2 small ripe avocado
- 2 scallions
- 2 x 4 1/2 ounce salmon fillets, skin-on, scaled, pin-boned
- 2 heaping teaspoons of Cajun seasoning
- 4 small tortillas
- 2 limes

Quarter the cherry tomatoes. Pit, peel and roughly chop the mango. Scoop out the avocado and finely slice. Trim and finely slice the scallions. Carefully cut the skin off the salmon and place it in a non-stick frying pan on a medium-high heat to crisp up both sides. Pat the Cajun seasoning all over the salmon fillets, then fry for 5 minutes, turning to get them golden on each of their sides. Once the skin is crispy, move it to sit on top of the salmon.

Meanwhile, use tongs to toast the tortillas directly over the flames of your gas stove for 15 seconds or use a hot pan. Sprinkle the mango, avocado and scallions over the tortillas, then flake in the salmon and crack up and add the crispy skin. Toss the tomatoes and the juice of 1 lime in the residual heat of the pan for 30 seconds, then spoon over the tortillas. Serve with lime wedges, for squeezing over.

Nutrition information per serving: 584 calories; 24.6 g fat; 5.8 g saturated fat; 1.8 g salt; 59.5 g carbohydrate; 4.1 g fiber; 17 g sugar; 35 g protein.

Courtesy: "7 Ways" by Jamie Oliver, Flatiron Books.

(The Associated Press)

# SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

	4			6	3		1
1			4				8
3		2	9	1	8		4
9	1		3	5			2
2		8		6		4	5
4				8	9		3
	9		6	4	2	5	3
5					1		4
6		4	5				1

11/10

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**PREVIOUS SOLUTION**

1	7	9	3	4	6	8	2	5
8	2	3	9	5	1	4	6	7
5	4	6	2	7	8	9	3	1
9	6	4	1	2	5	7	8	3
2	5	7	4	8	3	1	9	6
3	8	1	7	6	9	5	4	2
6	1	5	8	9	2	3	7	4
4	9	2	5	3	7	6	1	8
7	3	8	6	1	4	2	5	9

**HOW TO PLAY:**

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

**WEDDING WRITE-UPS:**

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrokerekord.com - They will not be taken by phone.

**DEADLINES FOR DEATH NOTICES:**

For Monday's paper, email production@sherbrokerekord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrokerekord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# NEA Crossword Puzzle

# Your Birthday

TUESDAY, NOVEMBER 10, 2020

move, consider your motives and your options. Patience will be required if you intend to reach your goal. Settling for less will lead to dissatisfaction.

**TAURUS** (April 20-May 20) – Take the plunge. Stand up for your rights, go after your goals and engage in conversations that address sensitive issues. A partnership will encourage personal growth and professional gains.

**GEMINI** (May 21-June 20) – Do something that requires energy, agility and a competitive mindset. A physical challenge will bring out the best in you. Aggressive action will deter anyone from taking you for granted.

**CANCER** (June 21-July 22) – Moderation is favored. Speak up if you don't like what someone is doing. You may not relish making a change, but consider the alternative, and do what's necessary to improve your situation.

**LEO** (July 23-Aug. 22) – Take care of matters that require physical exertion. A change will encourage you to strive for a better future. Distance yourself from a movement that doesn't share your point of view.

**VIRGO** (Aug. 23-Sept. 22) – Your emotions will push you in a positive direction. An unusual partnership will encourage you to try something new and incorporate what you learn into your everyday routine.

**LIBRA** (Sept. 23-Oct. 23) – Don't expect to get along or agree with the people you encounter today. Consider your options and put your energy into something that will bring you closer to your goal.

Pace yourself, consider your objective and be secretive regarding your intentions. Share with like-minded people and those who can contribute to your journey. Change is in the air, but it's up to you to take advantage of every opportunity that comes your way. Choose a unique path that encourages creativity, spirituality and peace of mind.

**SCORPIO** (Oct. 24-Nov. 22) – Don't sit back when you need to take action. Harness your energy and get moving. Don't count on others when it's up to you to effect change.

**SAGITTARIUS** (Nov. 23-Dec. 21) – An emotional situation will surface if you let someone meddle or interfere with your plans. Personal improvements will boost your morale. Don't rely on someone's promises.

**CAPRICORN** (Dec. 22-Jan. 19) – You'll face opposition if you pressure others to do things your way. Go about your business and finish what you start. An unusual offer will entice you.

**AQUARIUS** (Jan. 20-Feb. 19) – Resolve money matters. How you delegate responsibilities will determine if you can move forward peacefully. Don't get involved in matters that don't concern you. Personal improvement is favored.

**PISCES** (Feb. 20-March 20) – Share your ideas and look for equality in every personal or professional interaction you encounter. An unexpected change will work in your favor.

**ARIES** (March 21-April 19) – You may crave change, but before you make a

## Answer to Previous Puzzle

S	A	G		G	N	A	T		G	A	W	K
O	R	E		R	A	T	E		A	S	I	A
S	C	R	E	A	M	E	D		R	A	C	Y
	H	E	A	V	E				W	I	N	K
			R	E	D				D	I	S	
S	C	U	L	L		E	I	T	H	E	R	
O	U	R		Y	A	L	E			D	A	P
W	E	D			V	A	M	P		I	V	E
	D	U	B	L	I	N		A	S	T	E	R
		L	A	D				M	T	N		
	V	E	E	P				A	T	O	M	S
R	E	B	A		C	A	K	E	W	A	L	K
I	G	O	R		O	V	E	R		V	I	E
M	A	N	Y		T	E	R	N		S	P	A

- ACROSS**
- 1 Burden
  - 5 Baby bear
  - 8 Furnace need
  - 12 Famed lava spewer
  - 13 MD employer
  - 14 Ontario neighbor
  - 15 — — -foot pole
  - 16 GI mail drop
  - 17 Narrow road
  - 18 Pastel blue
  - 20 Scream
  - 22 Snack
  - 23 Bullring yell
  - 24 Indira's dad
  - 27 Incited
  - 30 Foreman foe
  - 31 Red meat
  - 32 Wet dirt
  - 34 Pet shop sound
  - 35 Scurried along
  - 36 Hilo guitar
  - 37 Appraise
  - 39 "Ghosts" writer
  - 41 Hematite
- 42 Airline ticket word**
- 43 Good brandy**
- 46 Auto safety device (2 wds.)**
- 50 Concept**
- 51 Youngster**
- 53 About 2.2 lbs.**
- 54 Lawsuit basis**
- 55 Curie daughter**
- 56 James Bond's school**
- 57 "Cope Book" aunt**
- 58 Berlin article**
- 59 Nerve network**
- DOWN**
- 1 Jump
  - 2 Director — Preminger
  - 3 One way to start
  - 4 Temper
  - 5 Flip or flow
  - 6 Safe caller
  - 7 Wept noisily
  - 8 Chopped down

- 9 Siberian river
- 10 "— kleine Nacht-musik"
- 11 Wanton look
- 19 — de cologne
- 21 Canute's foe
- 24 Anti vote
- 25 Director — Kazan
- 26 Rose fruit
- 27 Goes right
- 28 Down Under birds
- 29 Durham university
- 31 Divided in two
- 33 Cave, often goddess
- 35 Jealous
- 38 Beethoven's "Moonlight —"
- 39 Grandson, maybe
- 40 Carnival worker
- 42 "Star Wars" villain
- 43 Quote
- 44 Bouquet
- 45 Disease causer
- 47 Tang
- 48 Oodles (2 wds.)
- 49 Not home
- 52 Forum greeting

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22				23					
24	25	26				27				28	29	
30					31					32		33
34				35						36		
	37		38					39	40			
			41				42					
43	44	45					46			47	48	49
50					51	52				53		
54					55					56		
57					58					59		

TUESDAY, NOVEMBER 10, 2020

## You can tell partner how to defend

By Phillip Alder

In "Animal Crossing: Wild World," Takayuki Ikkaku, Arisa Hosaka and Toshihiro Kawabata wrote, "A person's abilities are tested best when defending rather than attacking."

A bridge player's abilities are tested best when defending rather than declaring. That is certainly true; most players are much better declarers than defenders. However, sometimes, to be a good defender you need a key signal from partner, telling you which way to turn.

In today's deal, how should the defense go against four spades after West leads the club king?

Let's look at declarer's predicament first. He has only nine winners: five spades, three diamonds and one club. He must establish dummy's club jack and hope that the defenders do not shift to hearts.

So, South should take trick one with his club ace and immediately return the club six. If declarer needs a misdefense, the quicker he puts a defender on the spot, the better.

After West takes the second trick with the club queen, how does he know what to do?

				North	11-10-20
				♠	Q J 7 6
				♥	Q 6 5
				♦	Q 6 5
				♣	J 9 4
West				East	
♠	—			♠	5 4 3 2
♥	10 7 3 2			♥	A K J
♦	10 7 3 2			♦	9 8 4
♣	K Q 10 8 7			♣	5 3 2
				South	
				♠	A K 10 9 8
				♥	9 8 4
				♦	A K J
				♣	A 6
				Dealer: South	
				Vulnerable: North-South	
South	West	North	East		
1♠	Pass	2♠	Pass		
4♣	Pass	Pass	Pass		
				Opening lead: ♣ K	

He must rely on his partner to tell him. East plays the club two at trick one to discourage. But on the second round, he may play the three or the five. Because he would like a shift to the higher-ranking of the other two side suits, he drops his higher-remaining club, the five.

In addition, if declarer draws trumps immediately, East should follow suit in the order five-four-three-two, always his highest asking for a heart shift.

Then East just has to hope that West is watching and interpreting correctly!

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“SR IDNFYUD XVO H MUDU INFY HV  
FYU XDSR. H'EU XBMXRZ JUBF X  
CHVZYHK MHFY ZNBOHUDZ.” – CDHZ  
CDHZFNJJUDZNV

Previous Solution: “I did 22 years in the military. I went through Parris Island. I'm a Marine. I will never not be one.” – Montel Williams

TODAY'S CLUE: A equals E

### REALITY CHECK



### HERMAN

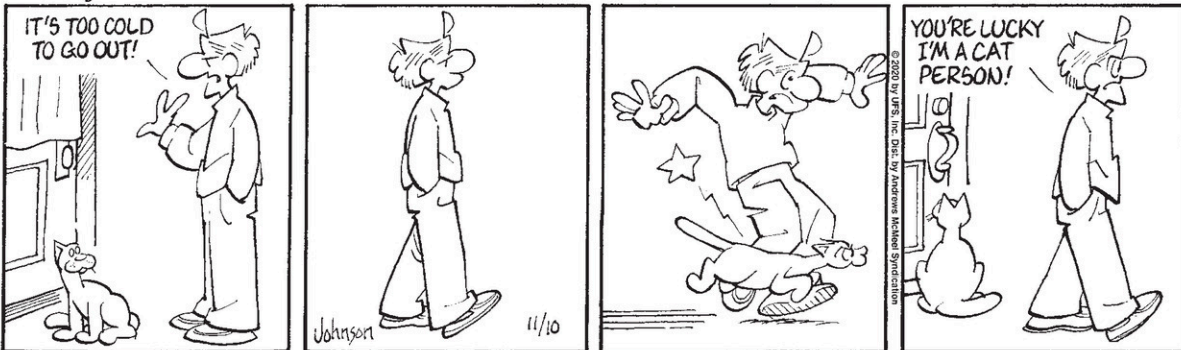


“I hear your husband is a ventriloquist.”

### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



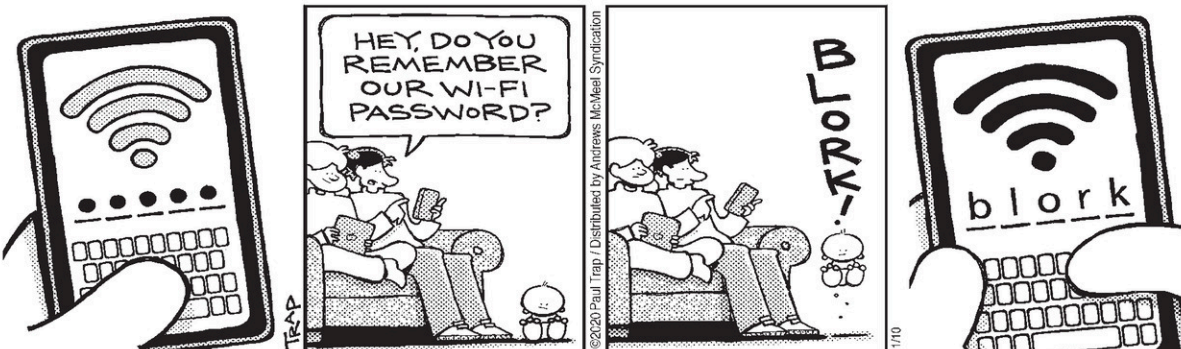
### FRANK AND ERNEST



### GRIZZWELLS



### THATABABY



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 E-mail: classad@sherbrookerecord.com  
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# CLASSIFIED

Deadline: 12:30 p.m. one day prior to publication  
 Or mail your prepaid classified ads to  
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## THE RECORD

### CARRIER NEEDED in Lennoxville

The Record is currently looking for a carrier in Lennoxville to start **A.S.A.P.** for the following streets:

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If interested, please contact our office by phone at **819-569-9528** or email at **billing@sherbrookerecord.com**

## THE RECORD

### MARKETING AND SALES REPRESENTATIVE

The Record is seeking a dynamic, focused part-time marketing and sales representative to present its new digital package and App to readers, advertisers and institutions.

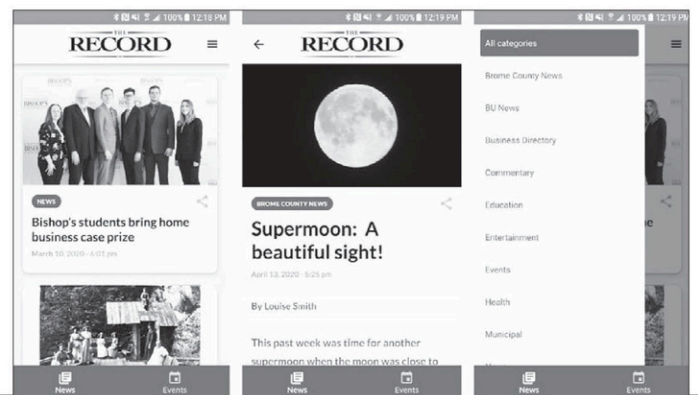
The successful candidate will have an understanding of digital technology, social media platforms, the various tools and strategies employed to expand the reach of print advertising, and the bilingual communication skills required to convey the benefits of digital options to local businesses.

Candidates must have access to a vehicle and be prepared to work a minimum 20 hours per week.

The Record is the Eastern Townships only English-language daily newspaper, serving the region since 1897.

Interested applicants should send a cover letter and resume to

**Sharon McCully, Publisher, The Record,**  
**outletjournal@sympatico.ca**



# TOWNSHIPS' CRIER

### TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

### LENNOXVILLE

Mental Health Estrie has officially launched its 2020-2021 HUGS for the homeless campaign. From November to March, we accept donations of NEW Hats, Underwear, Gloves, Socks and Scarves and other warm articles of clothing which are donated to local shelters for the homeless. Donations can be dropped off at 3355 College in Lennoxville (left side of the building, door #9 please deposit in the tall black bin with HUGS poster attached). Or we can do the shopping for you. Please make cheques payable to Mental Health Estrie and indicate HUGS on the memoline. Thank you to all for your continued support and help! For more information, phone 819-565-3777 or email mhe.info@bellnet.ca.

### ONLINE

CHEP Video Conference: Wednesday, November 18, 10 a.m. to 11:30 a.m. Moving Well During the COVID-19 Pandemic. Online conference through zoom; phone-in option available. To register, contact: Lisa Payne (lpayne@townshippers.org) or Marie-Lisa Jolin (mlj@townshippers.org). Sponsored by Townshippers' Association.

A bequest to charity has many advantages; talk about it with your legal or financial advisors.



# Connecting with grandkids

## Dear Annie

TUESDAY, NOVEMBER 10, 2020

**Dear Annie:** It sounds like Shut-Out Grandma's daughter-in-law has borderline personality disorder. One of your readers' advice to read "Stop Walking on Eggshells" by Paul Mason and Randi Kreger was great. It was very helpful for me. - Another Grandma

**Dear Another Grandma:** Thank you for writing. As you will see in the next letter, yet another grandma has some wonderful suggestions.

**Dear Annie:** Here is a suggestion for the shut-out grandma. She can mail thoughtful gifts to her granddaughter periodically. I send a small present every two to three months to my granddaughter who is the same age. I just mailed a little pair of binoculars, a booklet about the different kinds of birds in her area, a bird-call gadget and a small wire cage with a bird seed duet cake.

Quality sketching, drawing and painting supplies from an art store; sewing materials; or fabric craft supplies - these all can be helpful gifts.

The point is to give some thoughtful consideration to the gifts, not just pick up a toy in giant department store.

That bypasses the negative situation entirely and turns it into a positive thing.

Her granddaughter might forget what her grandma says, but she will never forget what she *does*, especially the special care packages.

I'm a happier grandma now, and my granddaughter loves me. - Happier Grandma

**Dear Happier Grandma:** These are fantastic ideas for getting around an otherwise-sticky situation. Thanks for writing.

**Dear Annie:** During the COVID-19 pandemic, it has proven very difficult for my daughter, who is a freshman in college, to meet new friends. All of her classes are online; she lives at home; and most of her friends went out of state to college.

Our county has some of the strictest quarantine rules in the country, which limits her options. I'm worried about her mental health. This time in a young person's life is very difficult in the best of circumstances.

Do you have any ideas for young people to connect with others during this unprecedented time? - Concerned Mom

**Dear Concerned Mom:** This is such a difficult time for all of us. I am sorry that your daughter had to start one of the most exciting times of her life virtually.

This is a time to think outside the box and be flexible with different and new ways to communicate

with friends. She could schedule a call, Zoom, FaceTime or Houseparty with friends, especially those out of state.

Encourage her to go for an outdoor walk with friends who live in your county and are dealing with the same strict quarantine rules. I know it is not the same. Try and remember that this is a moment in time that will pass soon.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, family and etiquette - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

**MS lives here.**

Canada has one of the highest rates of multiple sclerosis in the world.

**MS Multiple Sclerosis Society of Canada**

1-800-268-7582 [www.mssociety.ca](http://www.mssociety.ca)

# NEA Crossword Puzzle

## ACROSS

43 Actress

— Arthur

44 Pullet

45 Pandemo-  
nium

48 In voice  
range

52 Being at  
rest

54 Ph.D. exam

55 Ginger —

56 Ocean bird

57 Ibsen  
woman

58 Family  
docs

59 Next-door

60 Ballet lake

## DOWN

1 Hang on to

2 — —  
hungry I  
could ...

3 In —  
(as found)

4 Gawked

5 Fridge  
maker

6 Pealed

7 Wrap up

8 Traditional  
(hyph.)

9 Monster-  
hunter's  
loch

## Answer to Previous Puzzle

L	O	A	D	C	U	B	F	U	E	L
E	T	N	A	H	M	O	E	R	I	E
A	T	E	N	A	P	O	L	A	N	E
P	O	W	D	E	R	H	O	L	L	E
		E	A	T	O	L	E			
N	E	H	R	U	G	O	A	D	E	D
A	L	I		B	E	E	F	M	U	D
Y	I	P	H	I	E	D		U	K	E
A	S	S	E	S	S	I	B	S	E	N
		O	R	E	V	I	A			
C	O	G	N	A	C	A	I	R	B	A
I	D	E	A	T	A	D	K	I	L	O
T	O	R	T	E	V	E	E	T	O	N
E	R	M	A	D	E	R	R	E	T	E

10 Fume

11 Eye part

17 Bankrupts

19 Currier's  
partner

22 Bronte's  
Jane —

23 Peak for  
Heidi

24 Modem-  
speed unit

25 Former  
science  
magazine

26 Uttered

27 Camelot  
lady

28 New  
England  
campus

31 Entreaty

33 Hairdo goo

35 Not

allowed

37 Did Easter  
eggs

40 Wane

42 Hamburger  
extra

44 More  
immense

45 Rocky  
ledge

46 Backing

47 Orang-  
utans

48 Soprano  
— Moffo

49 Place for  
a wreath

50 Pasternak  
woman

51 Zest for life

53 Pique

- 1 Foil-wrapped candy
- 5 Length x width
- 9 Sports org.
- 12 Radiate
- 13 Bean for sprouting
- 14 Before now
- 15 Is, in Avila
- 16 "The Little Mermaid" author
- 18 Raining hard
- 20 Expels
- 21 Mrs. Peron
- 22 Yale alum
- 23 Habitat
- 26 2000 Olympics site
- 29 Hasty escape
- 30 Pole on a ship
- 32 Unforeseen difficulty
- 34 Drop-kick
- 36 Twisted the truth
- 38 Dot in the Seine
- 39 Rang up
- 41 Matterhorn echo

1	2	3	4		5	6	7	8		9	10	11
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**Full alert!**

**Estrie**

The spread of COVID-19 is at a critical level in your area. Getting together with family or friends is prohibited and travelling to other regions is not recommended.

We need to act now.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

1 877 644-4545

Votre gouvernement Québec