



THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897



Doing it on his own

See story page 3

WEEKEND EDITION

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FRIDAY, DECEMBER 24, 2010

Shooting suspect released on bail

By Doug McCooeye

Jocelyn Arnold, 32, accused of shooting another man Saturday morning – was released on \$5,000 bond after a hearing at the Raymond-Fr chet courthouse in Sherbrooke earlier this week.

Arnold faces a series of charges, including one count of intentionally discharging a firearm without regard for the life or safety of another.

Quebec Court judge Conrad Chapdelaine imposed some restrictions on Arnold's conditional release, including a ban from frequenting bars.

While circumstances surrounding the shooting remain unclear, it appears that Arnold got into a dispute at a local bar on the night of December 17 with another 34-year-old man. At a certain point Arnold left the establishment and returned to his residence, located on Grenier Road.

The man showed up at the Arnold's home a short time later, approaching the front step. It was at this point that Arnold allegedly grabbed a rifle and opened fire through the closed front door, striking the unwanted visitor in the abdomen. The victim was taken to an area hospital to be treated for his injuries. His life is not in danger.

Arnold is represented by Christian Raymond, while Andy Drouin is handling the case for the prosecution.

The strike is on

City's blue collar workers set to strike Sunday



DOUG MCCOOEYE

The city and its blue collar workers have had no success in renewing a contract that expired in 2007. Essential services will be maintained, but ski hill, rinks will be affected.

By Doug McCooeye
SHERBROOKE

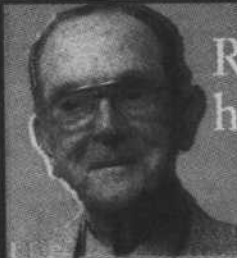
Despite a daylong negotiation meeting on Wednesday in the presence of a conciliator from the Quebec Labour Ministry, the City of Sherbrooke and its blue-collar workers were unable to reach a deal on a

collective agreement. The latest impasse means that the two-week general strike threatened by the union to begin on December 26 appears inevitable.

Reports from the meeting at the Delta Hotel indicate that the negotiation session was contentious and the

exchanges between the two sides were heated. At 10:45 p.m., the city's reps were allegedly seen storming out of the conference room, slamming the door behind them as they left.

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Remembering a local hockey stalwart
Page 5

NO PAPER MONDAY
Due to the Holiday weekend, the record will not be published on Monday, December 27. We wish a very Merry Christmas to all our readers!



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Gorge yourself over the Holidays



Coaticook's Parc de la Gorge has posted its holiday hours and will be open daily from 10 a.m. to 4 p.m., except on December 25 and January 1.

Townshippers looking to enjoy some outdoor winter activities can take advantage of skating on the free outdoor ice rink, snow tubing with two ski lifts (\$8 adult, \$3.50 children) or enjoy 25 kilometres of snowshoeing on five different trails (\$3.50). Snowshoes can be rented at the Welcome Centre (The Round Barn).

Other activities include Climbing on natural Ice wall (by reservation only, from January), snowmobile and ATV trails.

Parc de la Gorge is located 30 minutes south of Sherbrooke. To check trail conditions visit www.gorgedecoaticook.qc.ca or call 1-819-849-2331

Weather



TODAY:
VARIABLE CLOUDINESS
HIGH OF -6
LOW OF -11



SATURDAY:
MAINLY SUNNY
HIGH OF -7
LOW OF -13



SUNDAY:
CLOUDY W/ SUNNY BREAKS
HIGH OF -8
LOW OF -14



MONDAY:
CLOUDY PERIODS
HIGH OF -9
LOW OF -17



TUESDAY:
FLURRIES
HIGH OF -8
LOW OF -11

Danville residents face three cent tax increase for 2011

By Stephen McDougall
DANVILLE

Danville residents will see a three cent increase in their municipal tax rate in the new year, despite efforts by the town to reign in expenses.

"We know the higher evaluations from last year have hurt taxpayers and we are trying to keep expenses under control," said mayor Jacques Hemond.

"But we have to meet our obligations as a town to provide adequate services. The increase is modest, but needed to cover costs."

In the 2010 budget, the town council opted to reduce the tax rate by 38 cents to offset an average 51 percent rise in property evaluations

brought in by the Des Sources municipal regional council. The tax rate drop meant the town had to implement a cost control policy that will continue into 2011.

The largest increase in spending for 2011 is the town's roads department, which is budgeting \$129,060 more in the new year. Town manager Michel Lecours admitted the increase does not reflect any actual spending increase, rather a hedge against unpredictable costs given winter snow clearance for the roads.

"We have based this increase on past years when costs varied greatly," he said.

"If we get a bad winter, we are covered. If we get a mild winter, then the money saved

will go into next year's budget surplus."

Other high cost increases were for garbage and recycling (\$43,688) and debt repayment (\$50,354).

Residents can expect a new mill rate of 96 cents per \$100 of property evaluation, versus this year's rate of 93 cents.

The new rate means actual tax bill increases will vary between \$30 and \$97.

The town has kept increases for service charges to a minimum. Water charges go from \$175 this year to \$178 next year. Garbage and recycling pickup will be hiked by one dollar to \$195 in 2011.

Sewer service charges will increase by \$18 in the town's west sector. The water filtration project financing plan

will increase by \$2.71 per resident.

The total budget for 2011 is \$4,731,436, an increase of \$276,404 over this year.

Mayor Hemond warned residents that few infrastructure projects will be realized in the new year.

"That is especially true about our roads and streets," he said.

"This coming year will be just for maintenance and repair. We do not plan any resurfacing or rebuilding of any street, just the usual patching and drainage work.

"Many of our taxpayers are pensioners on fixed incomes. Any new projects would mean even higher taxes and our residents cannot absorb such increases right now."

HEALTH ALERTS

Seasonings recalled over Salmonella

Popular Ontario based spices distributor McCormick Canada and the Canadian Food Inspection Agency (CFIA) are warning the public certain sesame seasonings may be contaminated with salmonella.

There have been no reports of illness, however as a precaution McCormick is voluntarily recalling the following nationally distributed products:

Club House brand One Step Lemon and Herbs Seasoning (134 gram, UPC 0 66200 00255 8, Lot codes

0300, 0315 and 0330); Club House brand Sesame Seed (575 gram, UPC 0 66200 91296 3, Lot codes 0321);

Syco brand Sesame Seed (575 gram, UPC 0 74865 44892 5, Lot codes 0321);

Trade East brand Sesame Seed (575 gram, UPC 6 20868 69667 4, Lot codes 0334).

The lot codes are printed by an ink jet on the package.

The agency reminds the public that Food contaminated with Salmonella may not appear spoiled but consumption can cause salmonellosis, a flu like illness. For young children, the elderly and people with weakened immune systems it may cause

serious and sometimes deadly infections.

For more information about the alert contact McCormick Canada by calling 1-800-265-2600 or visiting www.Clubhouse.ca - Contact Us. The CFIA can be contacted by calling 1-800-442-2342.

Allergy alert: Liqueur chocolates

Milk that has not been declared on the label of liqueur chocolates that were made in Germany has prompted the Canadian Food Inspection Agency (CFIA) to pull the sweets from shelves in order

to protect those with allergies to milk proteins.

VSC Chocolats Brandy Beans Brandy Liqueur Chocolates - sold in a 200 gram package bearing UPC 0 13413 50301 3 and lot code L7058 J8 and L7157 J8 - have been distributed nationally.

Although there have been no reports of illnesses linked to the product, the CFIA warns that those with allergies to milk proteins may experience serious or life-threatening reactions.

For more information on this alert contact the CFIA at 1-800-442-2342.

Draw results: 2010-12-22

649	03 05 10	33	649	03 21 23	35
	11 35 45	Bonus		29 40 46	Bonus

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Holiday bus schedule

The Société de transport de Sherbrooke wishes to remind users that the urban transportation network is now running on its holiday schedule, until Sunday, January 2, 2011. For detailed times, see the fact sheets or call customer service at 819 564-2687. You can also email: customer.service@sts.qc.ca; or visit the website at www.sts.qc.ca.

Friday service will stop at 7 p.m. and will be free all day. There is no service Sunday. Similarly, free rides will be offered New Year's Eve with no service on January 1.

Ben by Daniel Shelton



LOCAL NEWS

"My goal was not to lose weight but rather to eat better. I took 43 years to reach this weight; I was entitled to a few years to lose it."

Weighty Matters The call to action to beat obesity

Sylvia Bullard
SHERBROOKE

René Biron received the official word of his weight loss on December 11, 2010. He has now lost 170 lbs in total, having achieved this all on his own. Since the age of 10 years old, Biron a Sherbrooke resident, has had a weight problem and was labeled morbidly obese. Despite his weight he had never suffered from diabetes, high cholesterol, or had any other health problems, until he needed to undergo an operation for liver stones.

After this surgery at the age of 43, he found himself in consultation with CHUS Surgeon, Dr. Anne Burdin Méziat, discussing bariatric surgery. This surgery can reduce the stomach to a small pouch, which is a very effective method for those who suffer from obesity. This helps achieve a permanent weight loss for the patient. This kind of surgery is recommended for those who want to lose their weight drastically like one hundred pounds or above of excess weight. For some, this type of surgery can be a good thing, but it was not what Biron wanted. Biron gave the doctor his word that he would give it a try on his own, before resorting to bariatric surgery. She agreed and he would meet

with his doctor one year later. And so for Biron, on December 11, 2007 his journey began... The journey



COURTESY

René Biron in 1999 his besity becoming even more severe than pictured here by 2007

has been neither simple nor easy. Biron explains, "My goal was not to lose weight but rather to eat better. I took 43 years to reach this weight; I was entitled to a few years to lose it." His first and foremost golden rule to follow was NEVER BE HUNGRY. In addition, dieting was out of the question, the word alone made him hungry. No weighing himself on a scale, either. Biron saw it as a crutch and an accessory that would distract him from his goal. He felt that his weight was personal, saying, "I'm willing to talk about the weight loss "at the official weigh-in with Dr. Méziat, only once a year.

Year 1 - Changing his eating habits was the first year's priority. Some changes; drink only water, milk and juices without added sugar. NO chips and other snacks even if the word health, reduced-fat, organic etc., appeared on the bag. The desserts were now mainly fruit and yogurt and not obligatory for every meal. If one meal is larger during the day, the next meal is lighter. No fast food, not even 'just a taste'. Says Biron, "I realized that fast food can be an addiction for me, and I cannot risk trying just a little." Food addiction is much the same as alcoholism; in that an alcoholic may not have 'just one' drink without the risk of having a relapse. Biron went on to say, "Another



COURTESY

René Biron, last Summer after having dropped 170 lbs

rule; no food that is not homemade such as frozen lasagne or other supermarket foods. Very rarely do I eat in restaurants, and especially not to eat poorly and in large quantity. I keep as much control as possible of what I eat. Consuming little or no fat and cooking with olive oil most of the time, I always plan ahead for the next meal having fruits or vegetables ready when craving occurs."

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Blue Collars set to walk off for holiday season

CONT'D FROM PAGE 1

"We have made efforts on both sides but we still have no agreement," said Michel Murray, CSN union councilor for the blue-collar workers, to a La Tribune reporter as he left Wednesday's meeting. "We wanted to avoid the strike, but I don't think that will be possible."

While the two sides talked inside, the blue-collar workers demonstrated outside. During the day Wednesday, union members drove some 40 municipal trucks and vehicles single-file through the streets of Sherbrooke in a show of solidarity. The City has denounced the demonstration, calling the use of the city-owned vehicles illegal, and has asked that the blue-collar workers cover the operation costs.

TWO DAYS REMAIN

The general strike is scheduled to begin at one minute after midnight on December 26 and end at 11:59 p.m. on January 7 - a period of 13 days.

While the essential services like water and sanitation will be maintained, many of the other services that require blue-collar workers will be either reduced or halted for the duration of the work stoppage.

There will be no garbage pickup or snow removal (save for a heavy snowfall). Also, regular maintenance of roads and lighting will be stopped, although workers will be on call in case of an emergency or if the public safety is threatened.

The indoor and outdoor rinks that are run by the municipality will be shutdown for the duration, a reality that has led to the cancellation or transfer of a number of events.

Perhaps the operation that will be most affected by the strike is the Mont-Bellevue ski centre.

During the adoption of the 2011 budget at a Sherbrooke city council meeting on Monday night, Mont-Bellevue's ski operation manager Claude Adam used the public forum to voice his concerns over the pending work stoppage. Submitting a 150 name petition, full of signatures accumulated from Mont-Bellevue users earlier in the

day, Adam said that the 13-day strike will have a significant negative impact on the hill's finances, noting that 40 percent of the operation's annual revenue is generated during the holiday season. He said that the skiers in the area "are being taken as hostages" in the labour dispute.

The Mont Bellevue ski operation has to be closed for the duration of the strike because it is the city's blue-collar workers who operate the artificial snow machine and the ski lifts at the hill.

The blue-collar workers have been without a collective agreement since the end of 2007. Neither the city nor the union has provided much insight as to why the two sides have been unable to come to an agreement after months of recent negotiations.

The biggest point of contention appears to be the length of the deal.

The city wants the collective agreement to last seven years (including the three retroactive) to ensure that a deal is in place for the duration of the Canada Summer Games that are being hosted by Sherbrooke in 2013. Citing worker-relation issues deriving from management, the union wants a shorter five-year deal that would end at the end of 2012. In an offer they proposed last month, the union included a caveat that said they would work during the Canada Games regardless of the status of their contract.

With Wednesday's meeting not producing any results, the union appears poised to execute its first strike after threatening to do so on many previous occasions.

Time will tell whether the pressure tactic moves negotiations forward or simply adds more fuel to the fire.

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Sherbrooke C of C president worried about city debt

Is impressed with spending controls

Serge Audet - president of the Sherbrooke Chamber of Commerce - is impressed with the council's spending control in the recently adopted 2011 budget, however the growing debt remains a concern.

In a statement this week, the Chamber's headman said it was evident that the council understood it needed to put a slowdown on city expenditures. "The weak rise in spending shows that Sherbrooke's municipal administration did a close examination of each area of spending," he said. "We need to preserve and ensure the sustainability of spending controls."

The 2011 Sherbrooke city budget sits at just over \$240 million, up about \$6.5 million from 2009. Taxes were increased by just over three-percent.

What concerns Audet is the skyrocketing debt, which jumped up \$44 million from a year ago to sit at \$289 million.

In the statement, Audet echoed the concern of many of the council members, saying that something needed to be done. Citing mayor Bernard Sévigny's desire to not use surpluses from Hydro-Sherbrooke revenue to attack the debt, Audet said investing in local business was the key to improving the city's sources of revenue.

Places and attractions like Omaterra and the soon-to-be-opened Sherbrooke convention centre are potential revenue tools that should be maximized, reads the Chamber release, noting that they are ready and willing to collaborate with the city in future developments that could help attack the debt.

In his statement on the new budget on Monday night, Sévigny said that the city plans to develop and adopt a debt-managing policy sometime in early 2011.

The Wales Home gives thanks for Therapeutic Garden support

By Brendalee Piironen,
Wales Home director of operations

The Résidence Wales Home has made it to the finals in the Aviva Insurance Community Fund. The Wales Home Alzheimer's therapeutic garden is only one of two projects from Quebec that has made it to the prestigious finals.

For months now, The Résidence Wales Home, a private, not for profit organization that provides quality care to senior citizens, has been actively competing in the Aviva Insurance Community Fund. This Canada-wide competition provides one million dollars in funding for community projects that must have a fundamental impact on the community at large.

After initially making it to the semi-finals, the Wales Home succeeded to capture a position in the finals with over 10,500 community votes, making it only one of two projects from Quebec to make it into the esteemed finals. A panel of 10 judges will then decide who receives funding based on the impact and merit of the project.

Today, half a million Canadians suffer from Alzheimer's disease or a related dementia, and these statistics are ever-increasing. The Wales Home Therapeutic Garden project reaches out to a vast number of people who are living with these difficulties.

If chosen, The Aviva Community Fund will permit the Wales Home offer an environment which supports the needs of an Alzheimer's client, and in turn help us, as care providers and family members, to care for them in a Milieu de Vie environment. The Aviva Community Fund will provide those who are touched by this disease in our community with a manageable way of coping and provide an appreciation that life does not stop with a diagnosis of Alzheimer's.

Once the initial cost of launching this garden has been achieved, the cost of maintenance will be minimal and will have a huge impact on the quality of life for the Alzheimer's patients as well as a place where family and community can join together to support and care for these patients.

We would like to express our sincere heartfelt THANK YOU for those who supported throughout this competition and who believe in our mission! We anxiously wait for the winners to be announced on January 25th 2011 and congratulate all the other projects who also made it to the finals.

Project URL: <http://www.avivacommunityfund.org/ideas/acf5728>

Business web promotion workshop

A Townships entrepreneur will be sharing her expertise in digital marketing in a hands-on workshop offered through the CEDEC Entrepreneur Support Network (ESN) next month.

Lynda Graham, owner of Sutton-based B&B Vert Le Mont and, created the workshop "How to Promote Your Business Using the Web" to help others learn the basics of web marketing.

"I've discovered that with just a bit of time and effort anyone can begin to build an effective presence on the web", says Graham.

In addition to her firsthand experience creating Sutton's tourism website, as well as the promotion of her own business on the net, Graham has over 30 years of experience in advertising and media industries.

The workshop is designed to help entrepreneurs and businesses, with small budgets and little or no computer expertise, build a presence on the web and will focus on simple, low cost, and practical strategies for effective Internet marketing.

Graham conceptualized the workshop during a CEDEC ESN marketing workshop last year.

"We encourage local business owners to value their own experience and use it to help others. Ms. Graham's workshop is a perfect example of this type of sharing. She is not in the business of building websites, she simply wants to share the secrets of her success and teach other entrepreneurs how they can benefit from a web presence as well," explains CEDEC Director, Martha Crombie.

Sessions will be restricted to a maximum of ten participants and although Graham has plenty of practical internet



COURTESY

Sutton entrepreneur Lynda Graham will be helping other Townships business owners tap into simple but powerful internet tools to market and grow their business.

marketing advice to share, suitable for all categories of business, workshops will be given in simple, non-technical language.

How to Promote Your Business Using the Web will be offered in Lennoxville on January 19 and in Knowlton on January 26 from 6:30 to 8:30 pm. To register - \$20 for returning participants and \$25 for new participants - contact Dawn Copping at 819.566.7228, toll free at 1.866.566.7228, by e-mail at dawn.copping@cedec.ca, or consult the webpage www.cedec.ca/esn.

Seasonal flu; H1N1 vaccine no match for 2010 strain

By Corrinna Pole
Sherbrooke

Those who were vaccinated during last year's H1N1 influenza pandemic are not adequately protected against this year's flu strain H3N2 that is circulating in Quebec.

With the peak of seasonal Influenza cases expected to rise over the next few weeks, Quebec's Minister of Health and Social Services is reminding the public that there is still time to get vaccinated against the highly contagious respiratory infection.

Because Influenza is worse than a cold and can have serious consequences for at-risk individuals, the vaccine is offered for free to those at greatest risk of developing related complications, including:

- Persons aged 60 and over;
- Children 6 to 23 months;
- Chronically ill individuals ages 2 to 59 (including those with severe obesity with a body mass index greater than or equal to 40);
- Those who come in close contact with the above listed individuals and those who care for children under 6 months of age, health workers and volunteers in contact with at risk individuals;
- Pregnant women who are in second or third trimester of pregnancy;
- Pregnant women with chronic illness (no matter what stage of pregnancy).

The general population can be vaccinated at a nominal fee.

A person infected with the flu can be contagious for up to 24 hours before symptoms appear and up to seven days after they appear. Symptoms - which can include fever, cough, headache, chest pain, intense fatigue, aches and pains, nausea and vomiting - usually appear one to four days after infection but it can take up to seven days.

Along with vaccination, washing hands frequently with soap and water can control the spread of the virus. Antibacterial hand wash can also be used if there is no sink nearby.

Townships Christmas memories

'Breakfast would be a grand affair'

By Claudia Villemaire

The memories begin slowly. Cedar kindling snaps and crackles in the cookstove, first signs every morning folks are up and about, beginning the chores and traditions that now seem so incongruous with modern times. The Tea kettle, filled with freshly drawn water from the spring, hisses a bit now as the stove top heats. It's a sleepy, slow time, snuggled into the mounds of a goose-feather tick, (mattress), warm in layers of homespun fine-textured blankets, the wool sheared from the family's flock, carded, cleaned, spun and woven many years ago by great-grand parents. Finding the courage to face the chill, realizing the swirls of frost on window panes means the morning is nippy and not much heat has circulated through the house yet.

For a young city girl, anticipation of this Christmas morning had begun days ago as preparations reached a fever pitch, packing that tan, leather suitcase

with the two straps holding it shut. Inside, carefully wrapped in wax paper and aluminium foil, (used to be called tin foil), cookies, perhaps a cake or maybe fudge and ribbon candy, wedged in, around and under sweaters and, oh yes, long underwear. We were going to 'the farm', the ancestral homestead, on the land cleared and cultivated in the 1800s. We would leave city lights, tin foil, fancy Christmas decorations, plowed roads and gas powered vehicles behind, travelling about thirty road mile, but stepping back in time to the days when horses and kerosene provided the basic energy.

From Sherbrooke, on the morning milk train, the steam engine huffing and puffing, smoke billowing and sometimes, obliterating the view from coal-dust covered windows, there would be several stops, picking up local dairy farmers filled milk cans and off-loading their empty cans. Our destination was Gore Station where neighbors and friends would be waiting as they did just

about every morning, horses steaming in the frigid air, sleds loaded with filled cans.

How many folks remember the old snowsuits. Pure wool with cuff as ankles and wrists, the one piece outfit would guarantee survival on the coldest morning. But rapid movement was impossible, simply walking slowly was a challenge for a youngster barely three feet tall, trying to scurry along beside Mom, climb up and down those train steps where a kindly conductor usually even put out his highest bench to ease the climb. But that snowsuit would prove its worth as we clamored onto a neighbor's sled, tried to perch on the milk cans, and began the slow trek, back along the swamp road, up the winding hill to the plateau where winter winds whistled while they carved curves and angles in the snow drifts along the roadway.

But, altho still warm, the challenge wasn't over. There was still that suitcase and a quarter-mile to travel on foot.

But, this was Christmas. This was the

tradition. Tonight, there would be a tree in the parlor, paper chains, a few antique decorations glowing in the lamp-light. There would be popcorn with freshly churned butter, fresh cream for tea and maybe, a bit of Christmas steamed pudding. A bowl of ribbon candy would materialize on what seemed to be the biggest table in the neighborhood. The old folks would whisper a bit, a knowing smile flickering on weathered cheeks as they made final plans for Christmas morning - when the gifts could be slipped under the tree.

And now, finally, the long-awaited day had begun. Breakfast would be a grand affair - home-grown and smoked bacon, sliced thick. The last of the fresh eggs, the remaining eggs would be put in 'water glass', stored for cooking until the laying hens completed their moulting cycle and grew a new coat of feathers, preparing to begin to 'lay' again.

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'Mush' Morehouse passing met with fond memories

Tended BCS ice for three decades

By Doug McCooye

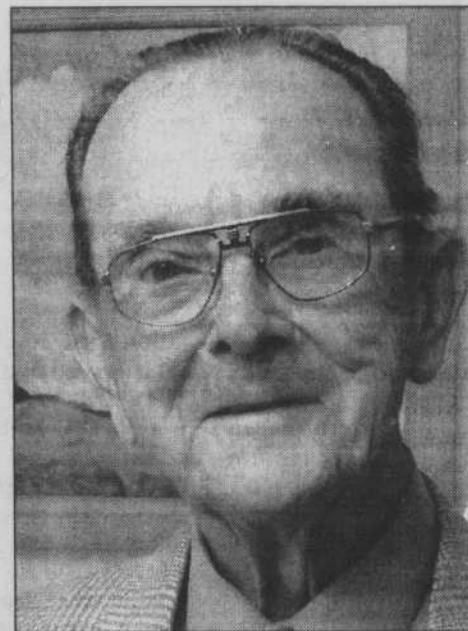
On November 22, Frank "Mush" Morehouse passed away at the Argyll Residence in Sherbrooke at the age of 95. While his death was met with little fanfare, his passing has been felt throughout the Eastern Townships.

The man was a fixture of hockey in the area, particularly at Bishop's College School in Lennoxville. Through the 80s, 90s, and early 2000s, Morehouse tended the ice at the BCS arena.

And by all accounts, he brought enthusiasm and care to a seemingly mundane and thankless job.

"It is one thing to be dedicated to one's work, it is quite another to be defined by it," wrote Kurt Johnson, BCS Chairman, shortly after Morehouse's death in a tribute titled 'Reflections on Mush'. "For many BCS alumni, Mush was the human face of not only the BCS rink, but also the entire hockey and ice-skating program at the school."

He went at his work diligently, turning a simple community hockey rink into a "veritable work of art." As an example of the lasting impression he made, the Zamboni at the rink is known as the Mush-mobile, a small tribute to



COURTESY

Simply known as Mush, Morehouse tended the ice at the BCS hockey arena for more than twenty years.

the grandfather of six.

He also did a lot for hockey in the area. Having played it for a brief period in the professional ranks, he stayed close

to the sport throughout his life, always trying to pass on his extensive knowledge of the game to others.

"He was a hockey coach at Bishop's University in the 70s," recounted Garth Smith, a former golf and basketball coach at BU as well as a fixture in the Lennoxville community, in an interview with The Record. "He was the referee in chief for Hockey Sherbrooke for a time and a lifetime member of the Old Lennoxville Golf club (...). On top of all that, he did a lot of work for Community Aid."

For Johnson, it was Morehouse's generosity of spirit that left the biggest impression.

"(N)o one, to this day, has better sharpened skates than Mush did - no one," wrote the BCS Chairman. "And he would gladly do it at the most inconvenient of times, selflessly hoping that sharp blades on hard ice would

make for a better experience for anyone lucky enough to skate at BCS."

For Smith, he lost more than just a former colleague in November.

"He was a mentor of mine," says Smith. "But more than anything, he was a great friend."

dmccooye@sherbrookerecord.com

Weighty Matters

CONT'D FROM PAGE 3

One year later in December 2008 Biron again met Dr. Méziat for his official weighing. He had lost 80 pounds over the weight he had before his hospitalization and this with very little exercise.

Year 2 - Biron set the goal of physical exercise along with his new eating habits. He began walking slowly at first, later including boxing on a punching bag and the winter sport of snowshoeing.

Year 3 - September 18th 2010, Biron proudly joined the WALK TO RAISE AWARENESS OF OBESITY - FIGHTING OBESITY TAKES ACTION that took place at Parc Jacques-Cartier. This fundraising ac-

tivity is to help raise awareness of the dangers of obesity and the benefits of healthy eating and regular exercise. This was to benefit the CHUS Foundation, more specifically the bariatric surgery department and will take place again in 2011. He will be there this coming year again, not walking, but running.

The first step Biron took was a giant step - the step he took to make the decision to change his life habits. Biron is still continuing his journey, taking it one day at a time, one step at a time.

sylvia.recordlink@yahoo.ca

Sherbrooke
Borough
of Lennoxville

*May the season bring only
happiness and joy to you
and your loved ones.*

David Price
President

Mark McLaughlin Councillor Fairview District	Bill Smith Councillor Uplands District
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EDITORIAL

It is a special time for all of us to be with others from the community. We do this not because we are overly religious, because we aren't, but mostly because it just feels good.



DANIEL COULOMBE

It came without ribbons

Christmas traditions are changing. Research from a leading family history website, has found that 70 per cent of the population now celebrate Christmas without any religious aspects. Religion has taken a back seat to shopping and presents and over two-thirds believe that going to church, or having a religious celebration at Christmas is now completely lost as a tradition. Government departments are even banning nativity scenes, schools hold "end of year" celebrations rather than Christmas parties, and people say "Happy holidays" rather than "Happy Christmas".

This mentality aims to erase any mention of Christmas. In a bid to appease non-Christians, some are denying themselves the right to celebrate their own special day.

Conversely, some are trying to emphasize the religious aspects of December 25, and literally put the Christ back into Christmas. But this may also be going too far. They forget that for most people, while Christmas is not a religious event any more, no one should be made to apologize for this.

While all these issues may be true for these people, is anyone any happier with their lives or their lot?

"Isn't There Anyone Who Knows What Christmas is All About?" asked Charlie Brown in the 1965 classic TV special. Fortunately, Linus gave him one of the best explanations ever. Dr. Seuss also summed it up well by writing:

And the Grinch, stood puzzling and puzzling: "How could it be so?"

"It came without ribbons! It came without tags!"

"It came without packages, boxes or bags!"

Then the Grinch thought of something he hadn't before!

"Maybe Christmas," he thought, "doesn't come from a store."

"Maybe Christmas... perhaps... means a little bit more!"

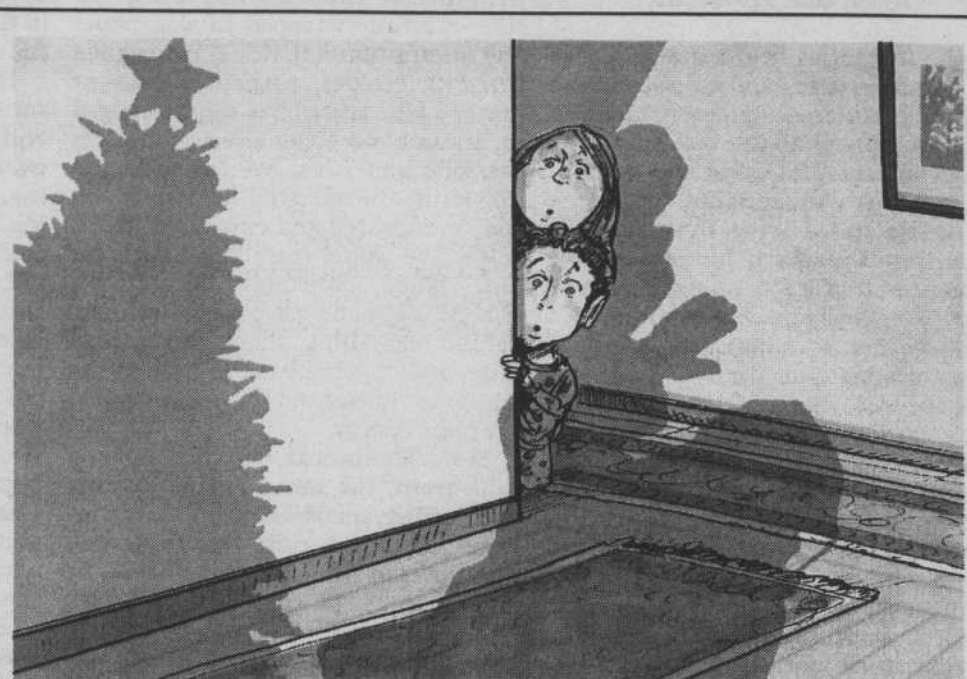
Christmas is about so much more.

One tradition that our whole family keeps from our childhood is going to church on Christmas Eve. It is a special time for all of us to be with others from the community. We do this not because we are overly religious, because we aren't, but mostly because it just feels good.

Christmas is a time of sharing and being with the ones you love. It's not always about getting, it's also about giving. Christmas at our house means nothing, if the whole family isn't there. Every year, all the close relatives that can make it come over and stay at our house and have Christmas with us. The memories wouldn't be the same if none of them were there. Christmas is all about coming together with family and friends, sharing good food, wine and presents. As we sit down to lunch each year no one says a religious blessing, yet I always find myself counting my blessings. I look around at the parents who raised me, the woman who married me, and the daughter who counts on me, and I often get a little emotional. Christmas provides an invaluable reminder that the swirling chaos of modern life is just a big, loud distraction from the things that really matter.

This is one day of the year when it's OK to slow down, put a sock on the issues and celebrate life with people we love.

For most kids, almost no other day is more important than Christmas. Plain and simple, may everyone be able to celebrate that for one day, regardless of beliefs or the number of presents received.



Merry Christmas to all!

Greg Peck

Letters

Long ago, I stopped having anything to do with these so-called "holidays" when I realized what a sham the whole thing is in reality.

DEAR EDITOR,

Many years ago on radio station CJAD-AM in Montreal, there used to be a feature called "Lemons and Laurels". This served to air the moderators' pet peeves of things they appreciated and those they didn't, of course. Listeners were encouraged to 'phone in' with their own Lemons and Laurels. May I kindly be allowed to contribute my list of things, irritating and interesting?

First of all, I'm a subscriber to this newspaper because I can appreciate the fact that it's our SOLE English-language daily serving the Townships and therefore needs financial support. For about .53 cents a day, I can scan daily living here in our chosen localities. But I find that I have to dig for the articles that might interest a male reader in his mid-late sixties (me). Most of the columnists I choose to skip over but do find "Nature's Way" as it was once called interesting, even though I may never put into practice any of Ms. Kinney's observations and suggestions. Some readers may identify with all of the political commentaries offered by former editor Mike McDewitt and his successor Daniel Coulombe. Be that as it may, I'm up to my ears with all the bad news emanating from both Ottawa and Quebec, and points in between. But their observations are timely if nothing else and we should keep our eyes and ears open to the current situation.

Weather on page 2 is sometimes accurate for our region and everyone likes to talk about that, although we can do absolutely nothing about it.

I can't finish up without taking a potshot at Friday's TALK section - our weekly guide to Townships culture. I'd like to rewrite the first topic on the front page entitled "Ellen Goldfinch offers suggestions for when you're sick during the holidays" to... "suggestions for when you're sick and tired of the holidays". Long ago, I stopped having anything to do with these so-called "holidays" when I realized what a sham the whole thing is in reality. People are mistakenly taught that this period honors God's son but facts show an entirely different scene. Let each reader, who has a free moral agent draw his or her own conclusions about Christmas and whether or not it is a valid celebration.

Well, thanks for letting me blow off some steam. I don't wish to attack anyone personally. We don't all see things in the same light and have to take this into consideration.

All the best,

GEORGE KAMMERER
Dunham.

THE RECORD

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C COLUMNIST

I'd probably make Canada really "poor", meaning all these CEOs and economists and people like that would probably be committing suicide a lot.

Didn't your mothers teach you not to lie?



JONATHAN LAHUE

The internet is an absolutely amazing place; you find the most random and interesting things. Lately however, there's been all this hype about this "Wikileaks" thing, and seeing as it was pretty much everywhere, I thought I'd look into it. Apparently this website publishes leaked government documents to the media, and this really pisses some countries off because it means that people might actually know what they're doing or have already done. The United States is particularly mad about this, and, well, from the looks of it, they consider the guy who's publish-

ing their secrets some kind of terrorist. Basically they're trying to get other countries on their side to arrest him, and a whole bunch of other organisations are being spiteful towards Wikileaks. Following the release of documents concerning the U.S., their website was shut down (though thousands of exact replicas has been put up in response), their PayPal, Visa, and MasterCard accounts were revoked, and people working for the U.S. government were told to not look at the leaked documents. From my understanding, they can be fired.

I absolutely love these "power to the people" stories, because in the event that I do something illegal but socially and morally correct, I'll be relying on the same sort of thing. The act of banning or oppressing anything instantly blows it up to epic proportions, a phenomenon known as the Streisand Effect, and the irony of the whole thing is just phenomenal. People working in the U.S. Airforce aren't even allowed to read The Times, which evidently will make them want to read it more. What's interesting is that this is happening around here. You only ever think that this happens in these little strange countries far away

that no-one know the name of, not in countries with freedom of press!

Should I have been working for the U.S. I'd be out of a job now just for writing this; isn't that nice? Why exactly is there such need for secrets, and why on earth do people, and especially countries, need to have so many? I have a total of about... well none actually! I don't keep secrets, at all. OK, I'm not exactly telling my family what I'm getting them for Christmas, but that's not because I have something to hide; I want to surprise them! It would be perfectly fine for governments to have these kinds of secrets. I mean, what better way to gain national popularity then to announce, right before Christmas, that it's been decided that income taxes are going to go way down, or better yet, that they've actually decided to waive 100% of all student fees forever? That would get my vote! I'm a horrible liar, so if I was in charge I'd probably make Canada really "poor", meaning all these CEOs and economists and people like that would probably be committing suicide a lot. On the flip side, normal people would like me because they'd always know what's going on and because I'd always try to make boring stuff.

"Yo, I think we're spending way too much on catering for the meals, I seriously think the National Assembly should do a potluck every second day."

"Jonathan, there's like, 300 of us and..."

"Right, you bring a lunchbox, we're not sharing with you. So getting to the point; 50 of us, including me, will be doing dessert, about 150 or so of you should make lunch, and a couple of you should make something with bacon..."

or... The 2010 Census; add an additional fifty cents for postage and we will include, free of charge your result sheet for the 2010 Census. Find out if you are psychotic, neurotic, or normal; what real people think about your favourite celebrities; and even random rants and doodles that we've received along with past Censuses, all in a convenient and first ever 100% truthful tabloid. All of this is completely free when you complete the 2010 Census. Please don't lie when you complete it though; it would be a different story if we lied too, but trust us, we don't, so you shouldn't either. If you do we'll have to arrest you, or try anyway.

Thanks, Charlie Brown



STEVEN BLACK

I want to say "thank you" to that round headed kid with the cool beagle, for teaching me the meaning of Christmas. To be more precise, it was the witness of his young, insecure friend with the blanket who was able to put the stuff of the season into perspective for me, and still does to this day.

I'm from the generation that first welcomed, "Charlie Brown's Christmas" to our televisions. It seemed to be a bold departure from the regular Christmas programming and it became immediately popular, successfully translating a famous comic strip to "the small screen." There have been several other "Peanuts" specials aired on television, but none affected me as wonderfully as this one.

In this show, Charlie Brown wrestles with loneliness and angst of the Christmas season as he tries to figure out why he is so depressed when everyone else seemed so happy. Even his own dog had enthusiastically embraced its glitter and

show, but Charlie sees only superficiality. Most of us have experienced wretched Christmases when grief or discouragement has seemed to isolate us from everyone else's attempt to be merry and bright. We put on a brave face, reluctant to be a downer while everyone else is celebrating.

I can't forget the dance scenes when the rest of the cast ignores Charlie Brown's efforts to pull a pageant together and Schroeder's lively piano ditty can still be heard in selections of seasonal music. I can easily envision the crazy dancers filling the stage, one especially who reminds me of a cross between a River Dancer and a chicken. Poor Charlie can't seem to get anything right. Who can forget the scene when, in his effort to make a spindly little tree significant, the tree sags under the weight of one Christmas ornament and Charlie fears that he had killed it. He couldn't even do kindness right. Poor Charlie Brown.

Fortunately for Charlie, he has a friend who doesn't mock him and who understands something of insecurity. "I'll tell you what Christmas is all about, Charlie Brown," Linus had said a few minutes earlier. Calling for the lights to be dimmed, standing in the beam of a spotlight, he wrapped his beloved blanket on his head and began the narration from Luke 2. "... And the angel said, 'Fear not for behold, I bring you good tidings of great joy which shall be for all the people, for unto you is born this day in

the City of David a Savior which is Christ the Lord ... Glory to God in the highest, and on earth peace, good will towards men." Unwittingly, I memorized this portion of the Gospel narrative by watching Charlie Brown's Christmas year after year. To this day, whenever this passage is read at worship services, pageants or special Christmas programs I think of Linus and the good news he shared with his downhearted friend.

Later, when Charlie's friends see his despondency, they do what they can to cheer him up. Taking the little wounded tree Linus's blanket is gently wrapped around its trunk and beautifully decorated with Snoopy's ornaments. "It's not such a bad tree after all," they observe, and Charlie Brown isn't such a blockhead after all. When Charlie sees his tree now glorious, the whole gang start to sing, "Hark the Herald angels sing, Glory too the newborn King!" He then joins in the song and his joy is renewed as he sees beyond the lights and commercialism to the heart of Christmas. Jesus is never named, but the clergyman and artist Charles Schultz succeeded in planting into the psyche of my generation through this simple cartoon something for which we can be profoundly grateful. There is good news sent to us from Heaven. Surely we need such good news.

"That is what Christmas is all about, Charlie Brown."

REPORTER'S EYE VIEW

By Misty Harris
POSTMEDIA NEWS

What was intended as a back-of-the-paper blurb ended up being one of my biggest stories of the year - and certainly one of the most memorable.

In July, I was asked to write a paragraph or two about an overseas pole-dancing studio that had been extending its services to tweens. Where things got really interesting was when I started reaching out to studios here at home in hopes of localizing the story and getting a few professional opinions.

Not only did I find a Canadian pole-dancing instructor who similarly taught tweens, her B.C.-based business had accepted kids as young as five as students. The studio owner, a former exotic dance champion, had even proposed a mommy-and-me pole class - a concept that has since come to fruition.

Writing this piece, I felt like a kid myself. I was totally overwhelmed with excitement over uncovering a home-grown headline-maker that had so far gone unnoticed by other media, and was sure to get readers talking.

The story blew up worldwide, landing on U.S. talk-shows, radio shows, parenting websites and international TV and print news. In Canada especially, it sparked real debate about the fitness value of pole lessons versus the sexual subtext of the pole and its debatable appropriateness for children.

It was a great reminder that, given due diligence, there's no such thing as a small story.

Anti-gay-marriage Anglicans amass \$6-million war chest

By Lori Culbert
Postmedia News
VANCOUVER

Agrowing group of dissident Anglicans, who broke away from the Anglican Church of Canada over opposition to same-sex blessings, amassed nearly \$6 million in donations in the last fiscal year.

And 22 per cent of those donations were made specifically to the Anglican Network in Canada's legal defence fund, to bankroll the dissidents' continuing battle with the Diocese of New Westminster in Vancouver over who owns the church buildings.

According to financial statements filed with the Canada Revenue Agency by the ANiC, the registered charity received \$5.9 million in donations in the 2008-09 fiscal year, the most recent data available.

Donors funnelled \$1.3 million to the legal defence fund, while the rest of the donations went to the ANiC's general fund and a parish development fund, according to reports the Vancouver Sun requested from the CRA.

The amounts represent a significant jump over the \$1 million in total donations the fledgling organization re-

ceived the previous year, in 2007-08.

Four Vancouver-area parishes voted in 2008 to join the ANiC, a small, conservative breakaway Anglican organization that includes three dozen other parishes across Canada.

The disputed parish properties, worth more than \$20 million combined, are St John's, Church of the Good Shepherd, and St Matthias and St Luke's in Vancouver, as well as St Matthews in Abbotsford, B.C.

The Supreme Court of B.C. and the B.C. Court of Appeal have both ruled the buildings belong to the Anglican Church.

However, the dissidents plan to appeal to the Supreme Court of Canada, and have until Jan. 14 to file the documents, Cheryl Chang, special legal counsel to the churches, said in an e-mail to the Vancouver Sun. "The principles at stake are far too important to abandon," she said.

The decision to move toward an appeal doesn't appear to have been a unanimous choice; a statement posted on the ANiC's website asked parishioners to "pray for and care for our brothers and sisters who may not agree."

The hope is that the four Vancouver

parishes will not have to move from their church buildings while the matter is before the Supreme Court of Canada, said Bishop Charlie Masters, ANiC national director, in a phone interview from Ontario.

Donors must choose to direct money to the legal defence fund, and no general donations go toward legal fees, he added.

About 15 ANiC parishes across Canada are wrangling with the Anglican Church of Canada over church buildings, but some are in mediation. The four Vancouver-area parishes are mired in the highest-profile disputes, and as such many of the donations to the legal fund have come from this region, Masters said.

In 2008-09, the legal defence fund finished \$340,661 in the red, as the ANiC spent more in this area than the \$1.3 million in donations it received, according to the CRA documents.

Masters said he did not know if donations were higher in fiscal 2009-10, but said a costly appeal would not have been considered if the donations weren't there to cover it.

Donations are used to serve the ANiC's constituency, he said, and that in-

cludes incurring legal bills in some cases. However, Masters "long(s) for the day" donations can be used for church missions instead of lawyers' fees, he said.

The bitter court dispute over church property is the latest in a series of harsh confrontations around the globe between liberal and conservative Anglicans.

Since 2002, Anglican congregations in the Vancouver area have been formally permitted to perform rites of union - not marriage - for same-sex couples. Priests who continue to oppose them are free to opt out through a "conscience clause."

The Diocese of New Westminster declined to comment on the ANiC's plans to continue the legal fight over church properties until official documents are filed with the court, said spokesman Randy Murray.

Diocese Bishop Michael Ingham has offered to meet with the leaders of the dissident congregations to discuss vacating the churches and appointing new clergy for the parishes.

Vancouver Sun
lculbert@vancouver.sun.com

With files from Douglas Todd

Christmas memories

CONT'D FROM PAGE 5

The aroma of baking bread brought everyone to this table where home fries, brown beans, apple pie, coffee brewed without benefit of filters or percolators would prepare everyone for the day ahead. There were cows to milk by hand, horses and young cattle to feed. Ice would be chipped from the watering trough and every animal urged outside

for a drink. Stables would be cleaned, often the waste shovelled up against the outside wall where it froze and insulated these breezy buildings. By early afternoon, preparations for the Christmas festivities would be ready. Washing up, the men freshly shaven, the women with their best aprons tied neatly, it was time.....

Gifts were always simple and useful. A lacy hankie for Grandma, knitted mit-

tens and socks for children and men. Perhaps the luxury of special bar of soap wrapped in a new washcloth, pipe tobacco and yes, even woolly long underwear sometimes.

But in the kitchen, nothing would be spared. The homegrown chicken, browned and stuffed to perfection, potatoes, squash, turnip from the garden. Pickles and preserves, all 'put up' during the summer. Wild cranberries and grapes, apples from the orchard, the winter variety, their scarlet red peel polished to a glow. There were no oranges, figs or nuts, no veggies out of season, no frozen so-called delicacies warmed in a micro-wave. There was no television or radio, cell phones or iPods. Someone would be invited to say 'the Blessing' before a bite was taken. There would be no 'strong' drink or juice. Just the myriad flavors of homegrown food, range-fed chicken, mince-meat pies and tarts, Christmas pudding with vanilla sauce

and maybe homemade "filled" cookies. As shadows lengthened, folks began to think about chores in the stable once again and later, with lamps turned down, the kettle still singing its happy song on the stove top, everyone would gather once again in the parlor. The lamp, set high on the piano would make dancing shadows on the wall, someone would take a turn at the piano, and the old Christmas carols would ring out across the snowy fields nearby.

Once again the family's traditions had been honored. Sadly those times are gone now. But as Christmas approaches each year, the memories come alive once again, framing new traditions in modern times, serving as reminders of simple pleasures, happy times made possible through the love, goodwill and fellowship in our family's traditions.

Now isn't that what it's all about.!

Last-Minute Gift Ideas

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Local Sports

Despite the slow start head coach Rod Gilpin is optimistic about the second half of the season.

Bishop's basketball returns to action

Gaiters in Montreal for holiday tournaments

By Mike Hickey
Special to the Record

While most university students are enjoying an extended Christmas vacation following fall exams, the members of the Bishop's University basketball teams are spending part of the holidays playing in invitational tournaments in Montreal.

The men's team will be participating in the *Classique de Carabins* from December 28 to 30 while the women's squad will be at the *Concordia Reebok Classic* December 29 to 31.

The *Classique de Carabins*, hosted by UQAM, has a round robin format with three Quebec teams squaring off against three non-conference teams. The Bishop's men open the tourney with a 4 p.m. contest against the Memorial University Sea-Hawks on Tuesday, play the University of Ottawa Gee-Gees Wednesday night at 6:30 and wrap things up Thursday at noon when they battle the University Guelph Gryphons.

The Gaiters, after several weeks off for exams, are looking to turn things around after a first half of the season that saw them go winless in 18 attempts.

Despite the slow start head coach Rod Gilpin is optimistic about the second half of the season. However the team will be playing without starting guard Oraine Green and forward Andrew Drisdelle for the UQAM tournament and most likely the first few weeks of the second half of the season.

Green tore the cartilage between the pectoral muscle and his sternum and early prognosis has him missing a few weeks of action. In addition, rookie forward Drisdelle has been diagnosed with mononucleosis and will be out for a while.

"I highly doubt that Oraine will be able to play in the UQAM tournament," Gilpin said yesterday. "I am really looking forward to getting back to play after a long layoff. Despite our record I really enjoy coaching this team, they are a great bunch of guys, they work hard and they like each other. I believe that we are going to turn this around in the second half of the season."

Green was the club's leading scorer, averaging nearly ten points a contest and while the Gaiters will miss his experience and offensive skills, they are deep at the guard position and his absence will open some playing time for younger players who will have an opportunity to showcase themselves this week in Montreal.

Gilpin has selected Sean Monplaisir as Green's replacement at point guard for the upcoming tournament and expressed confidence for the second-year guard who previously played at the Globe Institute of Technology in New York City.

York City.

"Sean is a talented player and we had planned to use him and Oraine together when they are both healthy, with Sean at the point and Oraine at the shooting guard," Gilpin said. "One of the problems with Oraine out is that we are missing our best outside shooter."

The women will play the Queen's University Golden Gaels Wednesday, December 28 at 2 p.m. in the opening round of the Concordia tourney, an eight-team single elimination format where a team needs three consecutive victories to win the championship trophy. Depending on the outcome of the Queen's game the Gaiters will play either University of British Columbia or McGill University in the second round.

Either second round opponent will be a formidable one; the UBC Thunderbirds are coached by former Bishop's standout Debbie Huband and are presently ranked sixth in the country while the McGill Martlets, also coached by another former BU great Ryan Thorne, are in first place in the Quebec University Basketball League and have already defeated the Gaiters twice.

The other first round matchups have the host Stingers meeting Ryerson University at 6 p.m. followed by the University of Manitoba-Memorial University match-up at 8 p.m. Consolation semi-finals are slated for 2 p.m. and 4 p.m.

while the championships semi-finals will be played at 6 p.m. and 8 p.m.

The women will be looking to regain some of the momentum they had in pre-season play when they fashioned a 4-2 record against Canadian competition. Things turned sour once league play began as the Gaiters dropped four of five contests and find themselves in last place in the five-team league at the holiday break.

The team's big-three, veteran guards Katy Germain, Jessy Roy and Melanie Godbout-Charles are leading the team in scoring combining for 34 points and ten rebounds a game but head coach Alex Perno is hoping for increased production and more leadership from the trio in the second half of the season.

Perno has been pleased with the play of his first- and second-year players, in particular Sherbrooke native Gabrielle Chamberlain. The former CEGEP Sherbrooke star is among the league's top rookie scorers, averaging 8.5 points per game.

With ten players in either their first or second year of university basketball the Gaiters boast one of the youngest lineups in the country and their inexperience has caused mental breakdowns that need to be corrected in the second half of the season.

Devils fire MacLean, bring in Lemaire

Postmedia News

The New Jersey Devils have fired head coach John MacLean and are turning to a familiar face to lead it out of the NHL's basement.

The National Hockey League club announced Thursday that veteran coach Jacques Lemaire will replace MacLean behind the Devils bench for the rest of the season, beginning with Thursday's game against the New York Islanders.

"This was a decision that certainly was not one that is pleasant or we feel good about. But it's a decision in my opinion that had to be made," said Devils general manager Lou Lamoriello.

The Devils are 9-22-2 and 18 points out of the eighth and final playoff spot in the Eastern Conference. They are also last in the 30-team league.

MacLean's NHL head coaching debut lasted just 33 games.

"I take responsibility for waiting to try and get it to where it should," said Lamoriello. "Under no set of circumstances should all this responsibility be on the coach by any means. The responsibility lies on the players and myself for what couldn't be done. Unfortunately, we just weren't getting it done."

Lamoriello, who told MacLean of the move on Thursday morning, had spoken to Lemaire on Wednesday night from his Montreal home.

Lemaire, 65, coached the Devils from 1993-98, leading them to the 1995 Stanley Cup title, before spending eight seasons as head coach of the Minnesota Wild. He returned to New Jersey last season, but retired after the club was eliminated from the playoffs in the first round by the Philadelphia Flyers.

"We all know he left because he felt as though it was the right thing to do where he was at," said Lamoriello.

"I asked him if he would come back for the second half so we can see exactly who we are and where we are at. I also felt that there is time to get back on track, I really believe that."

The Devils entered the season with plenty of optimism, coming off the heels of the 15-year mega-contract that sniper Ilya Kovalchuk signed this past summer.

But the talented Russian has scored just eight goals and 10 assists in 32 games and his inconsistent play is symptomatic of the team's struggles.

"I'm not the reason (why MacLean was fired). Don't worry," Kovalchuk told the Bergen Record. "Everybody has their own opinion, but in the situation that we are, (a coach gets fired). It's unfortunate, but we have to live with it and move forward."

Heading into Thursday's game, the Devils are on a three-game losing skid and have won just one game in their past nine starts.

"Should a team that at one point had \$66 million (US) on its (payroll) be better than 20 points?" Devils owner Jeff Vanderbeek told the Record. "Yes."

MacLean, 46, played 14 seasons with the Devils, and also had stops with the San Jose Sharks, New York Rangers and Dallas Stars.

He rejoined the Devils organization in 2002 as an assistant coach, a position he held until 2009. He spent one season as the coach of the Devils' American Hockey League affiliate in Lowell, Mass-

achusetts, before his promotion in the summer.

"John is a professional," said Lamoriello. "It's no secret that John was with me as a player and John spent a lot of time with me in different capacities over the last few years. John knew it wasn't easy on both sides, but he understood."

"John is a class act in every way. John is a franchise, organization person. We'll certainly get together over the holidays and he'll be right back at work in the organization doing something."

NHL NOTEBOOK

Lightning struggle against poor teams

The Southeast Division is the tightest in hockey, with the Washington Capitals, Atlanta Thrashers and Tampa Bay Lightning separated by just one point heading into Thursday's games.

The Lightning, at 19-10-5 could be in a much better position had they not dropped a handful of points to the league's lesser lights. Tampa Bay has lost this year to the New York Islanders, Florida Panthers, Calgary Flames and Edmonton Oilers.

"It's not taking the other team seriously, even though you want to," Lightning head coach Guy Boucher told the St. Petersburg Times. "You don't feel threatened. You know what you've got to do and what you want to do, but you don't feel threatened. Every game we've played up to now almost, we feel like our backs are up against a wall. That is the nature of the NHL. You feel every team can beat you, so you get in there and fight and fight and fight."

Team Canada junior team bios

By Sean Fitz-Gerald
Postmedia News

A closer look at Canada's entry at the 2011 world hockey championship, where the Canadians begin their quest to win gold in Buffalo on Sunday.

GOALTENDERS

Olivier Roy

Number: 31

Age: 19

Hometown: Causapscal, Que.

Club team: Acadie-Bathurst Titan (QMJHL)

2010-11: Games played: 21, Goals-against average: 2.95, save percentage: .905

Drafted by: Edmonton '09 (5th round, 133rd overall)

The skinny: Was the oldest and most experienced goaltender invited to selection camp, having played in three American Hockey League games last season. Roy showed glimpses of genius in a warm-up exhibition with Sweden.

Mark Visentin

Number: 30

Age: 18

Hometown: Waterdown, Ont.

Club team: Niagara IceDogs (OHL)

2010-11: GP: 21, GAA: 2.30, sv%: .921

Drafted by: Phoenix '10 (1st round, 27th overall)

The skinny: Beat out Calvin Pickard and JP Anderson for a roster spot, continuing the momentum from his solid season in Niagara, where he is 13-4-2, with two shootout losses.

DEFENCEMEN

Jared Cowen

Number: 2

Age: 19

Hometown: Allan, Sask.

Club team: Spokane Chiefs (WHL)

2010-11: GP: 26, G: 8, A: 13, P: 21

Drafted by: Ottawa '09 (1st round, 9th overall)

The skinny: Perhaps no player looks as intimidating in skates as Cowen, who stands six-foot-five and 227 pounds in civilian clothes. There is hope he will harness that advantage in his second try at the tournament.

Simon Despres

Number: 3

Age: 19

Hometown: Laval, Que.

Club team: Saint John Sea Dogs (QMJHL)

2010-11: GP: 22, G: 9, A: 17, P: 26

Drafted by: Pittsburgh '09 (1st round, 30th overall)

Another imposing physical specimen - at six-foot-four, 222 pounds - Despres was one of the last cuts made by the Penguins in training camp last fall. He is plus-19 in Saint John this season.

Dylan Olsen

Number: 4

Age: 19

Hometown: Calgary

Club team: Minnesota-Duluth (NCAA)

2010-11: GP: 17, G: 1, A: 12, P: 13

Drafted by: Chicago '09 (1st round, 28th overall)

The skinny: One of two NCAA players on the team, Olsen made the team after being cut last year. He missed the first day of camp this month because a snow-storm cancelled his flight.

Erik Gudbranson

Number: 5

Age: 18

Hometown: Ottawa

Club team: Kingston Frontenacs (OHL)

2010-11: GP: 21, G: 3, A: 8, P: 11

Drafted by: Florida '10 (1st round, 3rd overall)

The skinny: Selected behind only Taylor Hall (Edmonton) and Tyler Seguin (Boston) at the draft last summer, Gudbranson has daunting size, and could become half of a shutdown pairing.

Ryan Ellis

Number: 6

Age: 19

Hometown: Freelon, Ont.

Club team: Windsor Spitfires

2010-11: GP: 27, G: 12, A: 28, P: 40

Drafted by: Nashville '09 (1st round, 11th overall)

The skinny: A deft puck-mover with back-to-back Memorial Cup titles under his belt, Ellis is only the seventh player to represent Canada three times at the tournament. He was selected captain a few days after camp broke.

Tyson Barrie

Number: 22

Age: 19

Hometown: Victoria, B.C.

Club team: Kelowna Rockets (WHL)

2010-11: GP: 23, G: 4, A: 21, P: 25

Drafted by: Colorado '09 (3rd round, 64th overall)

The skinny: Son of former NHLer Len Barrie - a former co-owner of the Tampa Bay Lightning - Barrie is the only Canadian defenceman who has not been drafted in the first round.

Calvin de Haan

Number: 24

Age: 19

Hometown: Carp, Ont.

Club team: Oshawa Generals (OHL)

2010-11: GP: 25, G: 2, A: 19, P: 21

Drafted by: New York Islanders '09 (1st round, 12th overall)

The skinny: As a hard-working captain in Oshawa, de Haan is plus-11 in 25 games, showing why the Islanders traded up (twice) to draft him last year. He has been named an alternate captain with Canada.

FORWARDS

Sean Couturier

Number: 7

Age: 18

Hometown: Bathurst, N.B.

Club team: Drummondville Voltigeurs (QMJHL)

2010-11: GP: 32, G: 16, A: 35, P: 51

Drafted by: Eligible in 2011

The skinny: Made the team as the only prospect still eligible for the 2011 NHL entry draft - in which he could be taken first overall. Was a mind-blowing plus-62 in the QMJHL last season.

Jaden Schwartz

Number: 8

Age: 18

Hometown: Wilcox, Sask.

Club team: Colorado College (NCAA)

2010-11: GP: 17, G: 11, A: 15, P: 26

Drafted by: St. Louis '10 (1st round, 14th overall)

The skinny: Has auditioned on Canada's top line with Schenn and Leblanc. Meanwhile his sister, Mandi - a member of Yale University's women's hockey team - has suffered a setback in

her battle with cancer.

Zack Kassian

Number: 9

Age: 19

Hometown: LaSalle, Ont.

Club team: Windsor Spitfires

2010-11: GP: 25, G: 15, A: 33, P: 48

Drafted by: Buffalo '09 (1st round, 13th overall)

The skinny: After rocketing onto the national stage with a 20-game suspension for nearly decapitating an opponent, Kassian helped the Spitfires win the Memorial Cup. He is Canada's biggest forward (226 pounds).

Brayden Schenn

Number: 10

Age: 19

Hometown: Saskatoon, Sask.

Club team: Brandon Wheat Kings (WHL)

2010-11: GP: 2, G: 1, A: 3, P: 4

Drafted by: Los Angeles '09 (1st round, 5th overall)

The skinny: Returned to junior a week before selection camp. Schenn - the younger brother of Maple Leafs defenceman Luke Schenn - should provide a needed boost of flare up front. He is Canada's only returning forward.

Casey Cizikas

Number: 11

Age: 19

Hometown: Mississauga, Ont.

Club team: Mississauga St. Michael's Majors (OHL)

2010-11: GP: 28, G: 16, A: 20, P: 36

Drafted by: New York Islanders '09 (4th round, 92nd overall)

The skinny: Perhaps no player on the roster is as familiar with coach Dave Cameron. Cizikas serves as captain of Cameron's club team, the OHL-leading Mississauga St. Michael's Majors.

Quinton Howden

Number: 12

Age: 18

Hometown: Oak Bank, Man.

Club team: Moose Jaw Warriors (WHL)

2010-11: GP: 29, G: 21, A: 18, P: 39

Drafted by: Florida '10 (1st round, 25th overall)

The skinny: Has averaged at least a point a game in each of his last two seasons with Moose Jaw, and has the kind of speed, size and work ethic coach Cameron values.

Curtis Hamilton

Number: 16

Age: 19

Hometown: Kelowna, B.C.

Club team: Saskatoon Blades (WHL)

2010-11: GP: 31, G: 15, A: 27, P: 42

Drafted by: Edmonton '10 (2nd round, 48th overall)

The skinny: Was held to only 26 games last season after twice breaking his collarbone, but has been averaging more than a point for the first time this year. He is also a plus-27 with the Blades.

Marcus Foligno

Number: 17

Age: 19

Hometown: Sudbury, Ont.

Club team: Sudbury Wolves (OHL)

2010-11: GP: 28, G: 15, A: 18, P: 33

Drafted by: Buffalo '09 (4th round, 104th overall)

The skinny: Emerged as the biggest surprise of selection camp, having impressed the coaches with his combination of physical play and goal-scoring

potential. His father is longtime NHLer Mike Foligno and his brother is Ottawa Senators forward Nick Foligno.

Ryan Johansen

Number: 19

Age: 18

Hometown: Port Moody, B.C.

Club team: Portland Winter Hawks (WHL)

2010-11: GP: 31, G: 17, A: 19, P: 36

Drafted by: Columbus '10 (1st round, 4th overall)

The skinny: Only one player (Gudbranson) has been drafted higher than where the Blue Jackets took Johansen, who fits nicely into the coaching staff's admiration for big forwards (six-foot-two, 193 pounds).

Louis Leblanc

Number: 20

Age: 19

Hometown: Kirkland, Que.

Club team: Montreal Juniors (QMJHL)

2010-11: GP: 24, G: 13, A: 16, P: 29

Drafted by: Montreal '09 (1st round, 18th overall)

The skinny: One of only two Quebec-born skaters to make the cut, Leblanc has moved from his home at centre to play on the wing next to Schenn through the pre-tournament games.

Cody Eakin

Number: 21

Age: 19

Hometown: Winnipeg

Club team: Swift Current Broncos (WHL)

2010-11: GP: 30, G: 18, A: 21, P: 39

Drafted by: Washington '09 (3rd round, 85th overall)

The skinny: Averaging 1.3 points per game for the second straight season with the Broncos, where his tenacity and work ethic caught the eye of Canadian officials.

Carter Ashton

Number: 25

Age: 19

Hometown: Saskatoon

Club team: Tri-City Americans (WHL)

2010-11: GP: 29, G: 16, A: 11, P: 27

Drafted by: Tampa Bay '09 (1st round, 29th overall)

The skinny: Was traded on the eve of camp to the Americans by the Regina Pats, who received two players and a handful of picks for a winger who will likely be on Canada's energy line.

Brett Connolly

Number: 28

Age: 18

Hometown: Prince George, B.C.

Club team: Prince George Cougars (WHL)

2010-11: GP: 30, G: 22, A: 15, P: 36

Drafted by: Tampa Bay '10 (1st round, 6th overall)

The skinny: Spent time with Martin St. Louis and Steven Stamkos in training camp, having recovered from a hip injury that essentially wiped out his previous season. A rare Canadian sniper, he suffered an undisclosed bump in a warm-up against Sweden.

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Church Services

Anglican

COOKSHIRE/BURY

December 24: Christmas Eve services with Holy Eucharist for the Parish of Eaton-Dudswell-Victoria will be celebrated at St. Peter's Church, Cookshire at 2 p.m. and at St. Paul's Church, Bury at 4 p.m. with Canon Harold Brazel and the Rev. Wanda Dillabough. At 7 p.m., a service of Carols at St. Lawrence Church, Lawrence, led by William Lyon. All are welcome.

FITCH BAY

St. Matthias Church Christmas Eve Service at 7 p.m., Carols and Readings, Holy Communion with a Candlelight closing. Special music. All welcome.

LENNOXVILLE

Christmas Eve Worship Service in St. Mark's Chapel, Bishop's University at 7:30 p.m. All welcome.

LENNOXVILLE

St. George's Anglican Church, 84 Queen Street., the Ven. Dean Ross. Friday, December 24: 7 p.m., Holy Communion Family service, come celebrate the Feast of the Nativity. "Unto us a child is born, unto us a son is given", Isaiah 7:14. Sunday, December 26: services at 8 a.m. and 10 a.m. All welcome. Information: 819-346-5564.

SHERBROOKE

Holy Communion Family Service Christmas Eve celebration. All are welcome to come celebrate the Feast of the Nativity, 4 p.m., at Church of the Advent, 473 Bowen St. South, Sherbrooke. The Venerable Dean E. Ross officiating. "Unto us a child is born, unto us a son is given", Isaiah 7:14.

MILBY

St. Barnabas Church, Milby. Christmas Eve Service on Friday, December 24 at 7 p.m. with Carols and Readings. Everyone welcome.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Friday, December 24: Christmas Eve Service, 7 p.m., an inspirational service of readings and carols, music and candlelight for young and old alike. Sunday, December 26: 10:30 a.m. Worship Service, the first Sunday after Christmas and the last of the passing year. Everyone welcome. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 819-566-5962.

United

COOKSHIRE

Services for United Eaton Valley Pastoral Charge. December 24: Christmas Eve Service at 4 p.m. at Trinity United Church, Cookshire. Everyone welcome.

United

DANVILLE

A Christmas Eve service will be held at the Danville-Asbestos Trinity United Church, Danville, on Friday, December 24 at 7 p.m. The Christmas Eve service and communion will be conducted by Rev. Martyn Sadler, and all are welcome.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Christmas Eve Communion Service on December 24 at 7:30 p.m. There is no worship service on December 26. Rev. James Potter, 819-565-8449.

MAGOG

St. Paul's United Church, 211 des Pins, Magog. Church Office: (819) 843-3778. December 24: Christmas Eve at 7 p.m., Family Carol and Candlelight Service with Holy Communion. Sunday, December 26: 11 a.m. We gather to celebrate the birth of Christ in scripture and song.

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, the Rev. Robin Osborne 819-346-6373. Friday, December 24: Family Christmas Eve service at 7:30 p.m. with Holy Communion. Sunday, December 26: worship at 10:30 a.m. led by Allan Marshall. Everyone welcome.

WATERVILLE-NORTH HATLEY, HATLEY

December 24: Hatley United Church Christmas Eve service at 7 p.m., Waterville-North Hatley United Church Christmas Eve Service at 9 p.m. December 26: No church service at either church. Rev. Mead Baldwin 819-837-1112.

WEST BOLTON/WATERLOO

Creek/Waterloo Pastoral Charge. Sunday worship and music. Creek United, West Bolton: Friday, December 24: Candlelight Christmas Communion at 9 p.m. No Service on Sunday, December 26. First service of the New Year will be on Sunday, January 2, with regular service and Sunday School at 9 a.m. Holy Communion every 1st Sunday of the month (at both St. Paul's and Creek). St. Paul's United, 4929 Foster, Waterloo: Regular Sunday Morning Service: 10:30 a.m. Reverend David Lambie, Minister. For information or to leave messages: 450-539-2129.

Roman Catholic

LENNOXVILLE

St. Anthony's Roman Catholic Church in Lennoxville will have two Masses on Christmas Eve, December 24. The Mass at 4 p.m. will be celebrated in English. Please join the choir for Carol Singing 20 minutes before Mass. The Mass at 9 p.m. will be celebrated in French. There will be no Mass on Christmas Day or on Sunday, December 26.

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Ladies Auxiliary Branch #15 Christmas meeting

On December 14, 2010 twenty four members attended at the Legion Hall around 5:30 p.m. for a social hour followed by a delicious chicken and biscuit supper. Cde Mildred asked the blessing. Supper was served by three young ladies Sarah & Catherine Jones and Jessica Boissoneau. Many thanks for a job well done. As for the dessert, supplied by the members, you served yourself from a table filled with all kinds of dessert you could imagine. Many thanks to Cde Bev and her helpers for a delicious meal.

Very informal abbreviated meeting was held for the purpose of paying bills and making donations. Donations were made to Salvation Army, Aube Lumiere and M.S.

Pres Cde Debbie thanked all for the support she had received over the past year and hoped she would be able to count on our support for the coming year.

As promised in the report of November, I will list the officers and executive for the coming year.

President: Cde Debbie Knowles, was reelected

1st Vice President: Cde Donna Ham
2nd Vice President: Cde Helen Knowles

Secretary: Cde Lucie Whittingstall
Treasurer: Cde Anne Nixon
Sgt. at Arms: Cde Wendy Ridley.
Executive Committees:
Health & Welfare: Cde Ann Knowles
Kitchen: Cde Phyllis Bushey
Membership: Cde Marge Abercrombie
Ways & Means: Cde Bev Jones
Publicity: Cde Mildred Holliday.
Additional Executive: Cde Patsy Biggs, Elsie Dunn, Kathy Arnott and Helen Jones.

Reports of committees. Health & Welfare: no report. Kitchen: no report. Membership: one new member to be installed in January. Publicity: all's well, Cde Bev gave a detailed report of the events for the past year.

Pres. Cde Debbie moved the meeting adjourned and seconded by everyone.

Cdes Debbie & Lucie played Santa Clause for the exchange of gifts and Cde Donna won the special draw.

Season greetings to all and many thanks to the Record for publishing all our meetings and events.

In comradeship
Mildred E Holliday p.p.
Publicity Convenor

In Memoriams

DESCOTEAU-McNAB, Travis: December 25, 1960 - December 27, 1980. In loving memory of a precious son and brother who was taken from us so suddenly and unexpectedly 30 years ago.

*As Angels keep their watch up there,
Please God let him know
That we down here do not forget
We love him and miss him so.
Loved with a love beyond all telling,
Missed with a grief beyond all tears.*

Till we meet again dear Trav.

Love
MOM & DAD
and CHRIS (brother)

DUNCAN, Donald - In loving memory of Donald Duncan who left us December 26, 2009.

Always remembered,
ELAINE (wife)
LYNDA & MICHEL
ANITA & ROBERT
DAVID

MORRISON, Gordon and Garnet - In loving memory of our parents, Dad who passed away December 25, 1970 and Mother, March 10, 2001.

*How often has a flower
Or a crystal autumn sky
Brought golden recollections
Of happy days gone by.
Yes, memory has a magic way
Of keeping loved ones near.
Ever close in mind and heart
Are the ones we hold so dear.*

Always loved and remembered
PAULINE & ULRIC NUTBROWN
AND FAMILY
RUTH BEATTIE

SHELEST, William (Bill) - Fifteen years ago you became our special angel on Christmas Eve.

*Loving thoughts fill us every day for a
Cherished husband, father, grandfather and
great-grandfather.*

We are always together in heart and soul.

SANDRA (wife)
AND FAMILY

SMITH, Calvin - In loving memory of a dear father and father-in-law who passed away twenty years ago on December 27, 1990.

*May God grant you peace and serenity now
and forever.*

Always remembered and deeply missed

by son
FREDERICK
and daughter-in-law
BERNICE

See more on page 13

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Deaths



**Nora
(née NAYLOR)
BEAUDOIN**

At the CHUS-Fleurimont on December 18, 2010. Nora Naylor Beaudoin in her 89th year, beloved wife of Léonidas Beaudoin of Sherbrooke. Mrs. Naylor Beaudoin was the loving mother of Gerald (Linda) and the late Diane Sonny; dear sister of Eugene (Jean), Gladys (the late Jack) and the late Mary (the late Marc) and sister-in-law of Léontine Beaudoin (the late Eddie), Rose Fortier (the late Roger), the late Lucienne (Isidore), the late Laurette (Ferninand), the late Edward (Alexandrine), the late Romuald (Forence) and the late Hilaire (Lucienne). Also left to mourn are her 5 grandchildren Danielle, Michèle, James, Laurianne and Kevin and her 8 great-grandchildren and one great-great-grandchild, many nephews, nieces, other friends and relatives. Family and friends will meet at the Notre-Dame-de-la-Protection Church (corner King East and Galt East, Sherbrooke) on Wednesday, December 29, 2010 from 1 p.m. to 2 p.m., followed by the funeral service at the same church. Interment of the ashes will be held at the Compton Cemetery at a later date. Funeral services entrusted to the Steve L. Elkas Crematorium, 445 24 Juin Street, Sherbrooke, QC, tel. 819-565-1155; fax 819-820-8872; e-mail info@steveelkas.com.

STEVE L. ELKAS FUNERAL HOME
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Deaths



**Yvette
McElravy
BILODEAU
(1922-2010)**

At the Riverain Residence in Granby, December 22nd, 2010 at the age of 88 years, wife of the late Kenneth McElravy, passed away Yvette Bilodeau. Beloved mother of Brenda, Linda (Réginald), Wesley (Connie), Loving grandmother to, Kimberley (Sylvain), Dany (Christiane), Nancy, Candy, Kate (George), Sarah, Sadly missed by her great grandchildren, Her sister and brother, Georgette Savard, Firmand Bilodeau (Marie), Her sister-in-law Doris Wright, Also survived by many neices and nephews, other relatives and many friends. Cremation was held in Granby at Les Jardins Funéraires Bessette. Under the direction of Les Jardins Funéraires Bessette, 997 des Colombes (angle St-Jude N) Granby Tél : 450 777-1171 or 1 888 730-6666 Fax : 450 777-4393 www.familiebessette.com. Family will receive condolences, Wednesday, December 29, 2010 from 1 p.m. at the Granby United Church, 101 Principale, Granby. Funeral service will be held on Wednesday, December 29, 2010 at 2 p.m. at the Granby United Church. Rev. Eric Lukacs off. Interment will be held in the spring.

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Death

**Mary Eldridge
(Allen)
ROSS**

Youngest of seven and last living child of Myrtle Iona Allen and Elroy Edson Allen of West Bolton, at her residence in Kitchener, Ontario on December 19, 2010 at the age of 84.

Dear wife of the late Peter MacNab Ross. Loving Mother of Jorja, Peter (Bonnie), Marilyn (Hud), Deborah (John), Stuart and Doug (Toni). Mary will be missed by many grandchildren, great-grandchildren, nieces and nephews.

A private family funeral service will be held and interment will take place in the family cemetery (Hill House) in West Bolton Quebec.

As expressions of sympathy donations to the Cancer Centre at Grand River Hospital would be appreciated by the family and may be arranged by contacting the funeral home at (519) 743-8900.

To share memories of Mary online, please visit
www.westmountfuneralchapel.com

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Death

**Betty
BEATTIE**

Peacefully at the Connaught Home, North Hatley QC on Thursday, December 23, 2010 at the age of 86. Betty M. Lee was the loving sister of the late Marjorie Reid and cherished aunt of Stuart and Ian Reid.

A time of remembrance will be held at the Cass Funeral Home, 3006 College St. Sherbrooke at a later date. Betty's wishes for donations in her memory to be made to an animal care society.

CASS FUNERAL HOMES
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**Mr. Russell
BEATTIE**



MR. RUSSELL BEATTIE of Bassano, beloved husband of the late Mrs. Pearl Hall, passed away on Sunday, December 19, 2010 at the age of 87 years. Russell was born in Lemesureier, Quebec on March 7, 1923 to Mary Ann and Wilfred Beattie. After his father died when Russell was 3, he moved to East Angus where he was raised and educated. In 1947, he married Pearl Hall, with whom he spent 40 long and happy years. He was the proud father of 3 children; Linda of Coaldale, AB, Barry of Brampton, ON, and Wendy of Red Deer,

AB; and grandfather of 4 grandchildren; Tara, Kate, Ryan and Sarah. He spent 47 years in the paper making industry as an employee of Domtar Ltd., working his way up from tester to paper mill superintendant. In the mid 70's Pearl and Russell moved first to Cornwall, ON and finally to St. Catharine's where he retired in 1986. After his wife's death in 1988, he passed his time in St. Catharine's; golfing, bowling and "coffeeing" with his many friends and former co-workers. His last years were spent at Playfair Lodge in Bassano, Alberta, where he was a much loved member of the community. Russell was a quiet, gentle man with a special sense of humor who was never happier than when he was with his wife and family. He enjoyed hunting, fishing, golfing, gardening and playing cribbage. He was a Past Master and Life Member of the Masonic Lodge. Russell is survived by his daughters Linda (Norman), Wendy (Bruce); son Barry (Bridget); grandchildren Tara, Ryan, Kate (George), Sarah; sister-in-law Muriel Hall; brothers-in-law Jack Hall, Doug Hall, Doug Giles; as well as several nieces, nephews and their families. Besides his loving wife Pearl, Russell was predeceased by his parents Mary Ann and Wilfred Beattie; brother Wesley, and sister Ruby. A Funeral Service was held at 1:00pm, on Thursday, December 23, 2010 at the MARTIN BROS. RIVERVIEW CHAPEL, 610 - 4 Street South, Lethbridge, Alberta, with Reverend Bob Wallace, officiating. Interment followed in the Mountain View Cemetery. For those who wish, memorial donations may be made to the Alzheimer Society of Lethbridge, 402, 740 - 4 Avenue South, Lethbridge, Alberta, T1J 0N9. Funeral arrangements entrusted to Martin Bros. Funeral Chapels Ltd., Lethbridge, Alberta, 1-800-382-2901.

MARTIN BROS. FUNERAL CHAPELS LTD PHONE: 1-800-382-2901
610 - 4 St., South Lethbridge, Alberta FAX: 403-382-3623
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In Memoriam

WARD, Beverley - December 25, 2007.

*Well tonight if you turn your radio on
You might hear a sad, sad song
About someone who lost everything they had,
It may sound like me
But I'm a little bluer than that.
When you look out in the morning
You might see clouds rollin's by like memories
And a big old sky above you lookin' back,
You may think of me
But I'm a little bluer than that.
To let us fade like some old photograph
It may work for you
But I'm a little bluer than that.
Merry Christmas Mom.*

Love always,
CHILDREN
GRANDCHILDREN and
GREAT-GRANDCHILDREN

Card of Thanks

BETTS - The family of the late Roy O. Betts wishes to thank family and friends who came to support us during this time of sorrow. It is nice to know you are with us in times of sadness as in times of joy. We thank the Rev. Wendy Evans for the lovely service and Mr. Boynton for his assistance, it was appreciated.

GRAYCE, ANGELA, LYNDON



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Tokens of Appreciation on Christmas

Dear Readers: Merry Christmas to one and all. In honor of the holiday, here is a short poem, author unknown:

May the spirit of Christmas bring you peace,
The gladness of Christmas give you hope,
The warmth of Christmas grant you love.

Dear Annie: There are some wonderful people in this world, but it seems we only hear about the bad things that happen. On October 10, I went to New York with a bus group to see a Broadway musical. The bus arrived early to give us some free time to explore the city. My friend Carl and I went to look at the shops inside a hotel and have a sandwich before show time. The hotel had a huge automatic revolving door, each section capable of holding several people. Carl went into one section, and I followed in the next one. As I entered, my shoe caught on something and I fell flat on the floor.

I am nearing 80 and have two bad knees. There was no way I could get up, and the door was still moving. As I crawled along, I looked up to see two darling little hands reaching down to help me. The little boy could not have been more than 9 or 10. He wasn't quite strong enough to pull me up, but fortunately, another Good Samaritan behind me got his arms under mine, and the two of them got me to my feet.

I never saw the person behind me. I was rather dazed. I hope you will allow me to use your column to thank him and also to express my gratitude to that wonderful boy who was so courageous and thoughtful to help a stranger in need. His little hands will live in my heart forever. My thanks also to the boy's mother and father, because children learn kindness from their parents. I will always remember them — and all New Yorkers, who sometimes get an undeserving bum rap.

Annie's Mailbox

I hope they read this and know that I thank them from the bottom of my heart. — Nancy in Fort Myers, Fla.

Dear Nancy: What a charming thank-you note. We hope they see it, too.

Dear Annie: This is for "Loving and Missing All at the Same Time" and all parents of freeloading children.

I am a 28-year-old male who was spoiled growing up. My every wish was entertained. No surprise that when it came time to spread my wings, I failed to launch. I was terrified of growing up and its attendant responsibilities. I tried moving out a few times, but never took it seriously because I knew my safety net (my parents) was always there to bail me out.


When I lived with them, I was a disrespectful and lazy slob who never contributed to the household. My loving parents, especially my mother, put up with it for many years, but they finally

put their collective foot down. Because they stood up to me, I can proudly say that I am a man. I now live in a luxury apartment with my wife. We take pride in our place and keep it spotless. Money is tight, but I manage my finances and work hard.

I can now say no to myself because my parents finally did. And I have a better relationship with them and the rest of my family now than I did before. Please, parents, don't be afraid to say no to your children. They will thank you for it later. — Riverside, Calif.

Dear Riverside: You are a rare bird to recognize how indulged you were and how that swift kick enabled you to grow up and get your act together. Not all children are mature enough to appreciate that kind of parental guidance. Bravo.

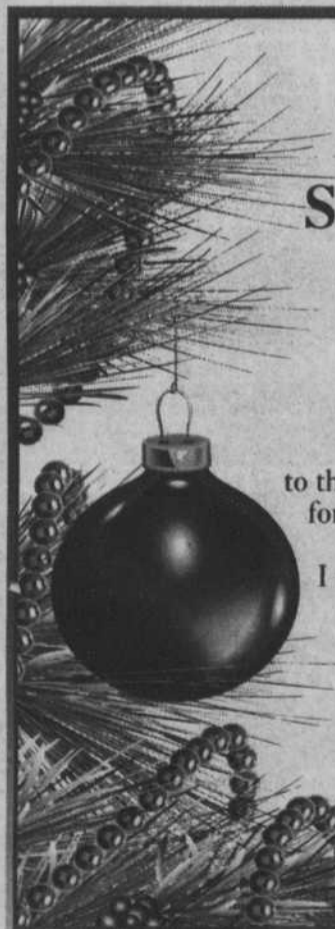
Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.



Season's Greetings

to all Sawyerville subscribers.
Thank you to all for the generous gifts.

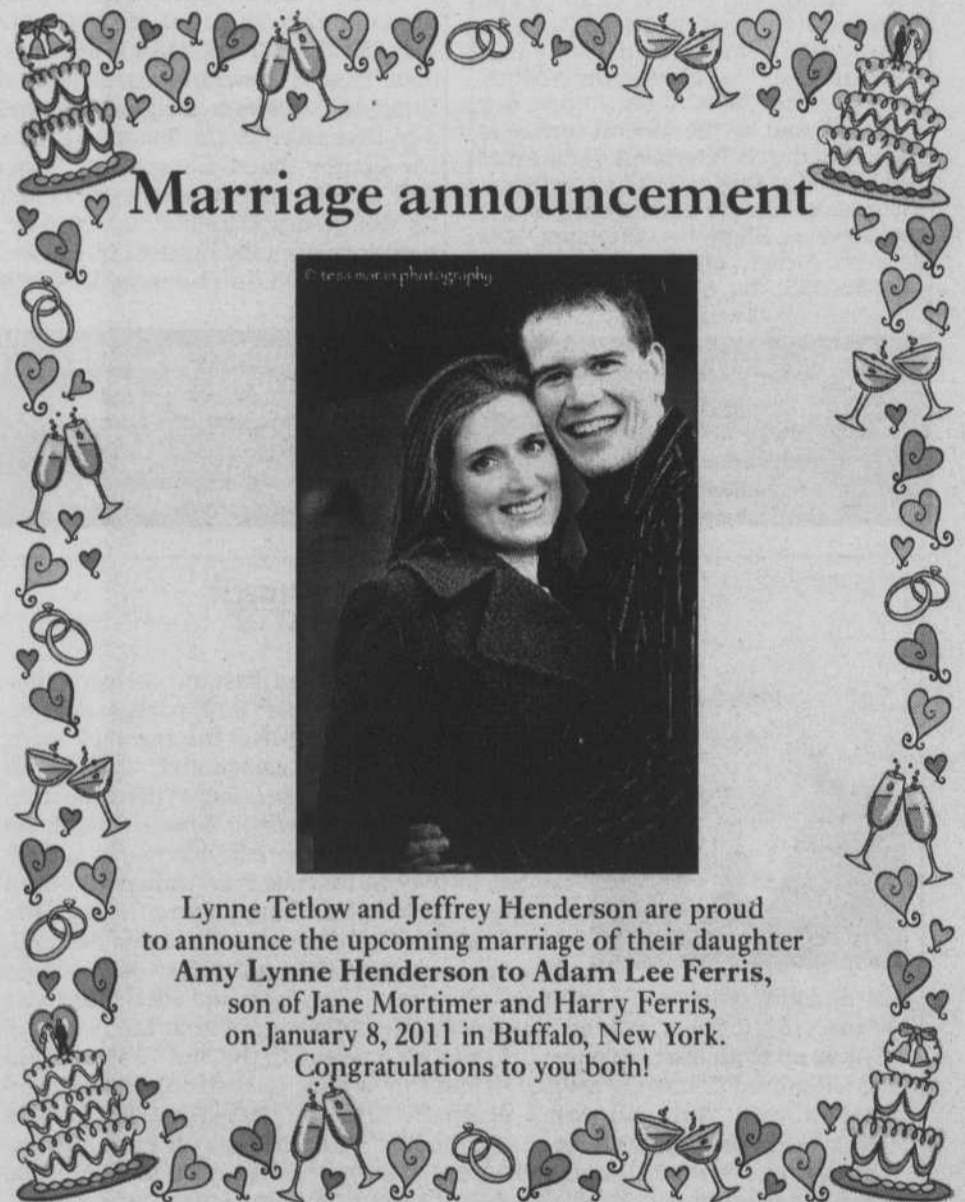
Brad Hodge




Season's Greetings

I would like to take this opportunity to thank all my family, friends and neighbours for their kindnesses through the past year. As I am unable to send each a card, I wish everyone a very Merry Christmas and a Happy, Healthy New Year! Enjoy 2011 and may God bless.

Sincerely,
Carl Speck



Marriage announcement



Lynne Tetlow and Jeffrey Henderson are proud to announce the upcoming marriage of their daughter **Amy Lynne Henderson to Adam Lee Ferris**, son of Jane Mortimer and Harry Ferris, on January 8, 2011 in Buffalo, New York. Congratulations to you both!

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.
Today's clue: R equals V

" G E G E M ' P H M Z F P V K J N Y Y
E G L K M O G Z M O Z J J Z A K R K A , W N P G
H M K F G P F U O Y Z M T K A P V U M
F U G P G M T J Z A D V A G O P L U O P Z
D Z L K . " - A G D V U A E W A U N P G T U M

PREVIOUS SOLUTION: "Keeping score of old scores and scars, getting even and one-upping, always makes you less than you are." - Malcolm Forbes

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CELEBRITY CIPHER

by Luis Campos

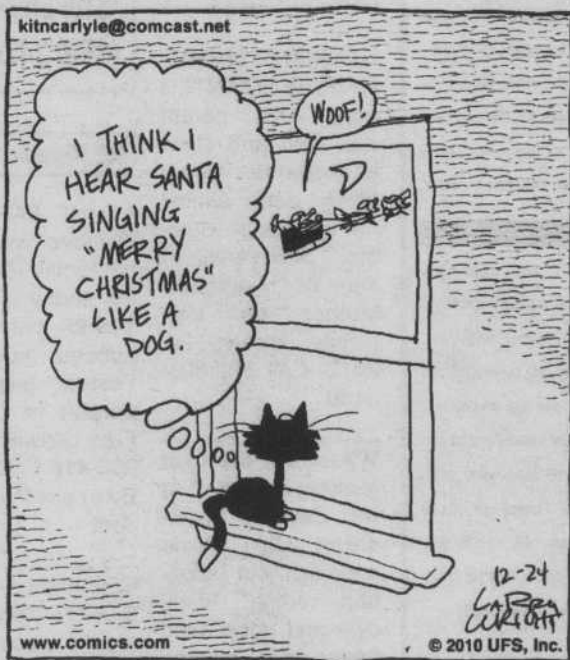
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.
Today's clue: P equals Y

" Y W M F X O L G X J G B T X G L G V F Y J G K A
C B T M O W F X J C M H A , G K A I T W C H A ,
T B T M P O W F K V F X X C D O T M G K A L C M T
I T G R O F D R H . " - K C M L G K B F K Y T K O
E T G H T

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PREVIOUS SOLUTION: "I didn't know the full dimensions of forever, but I knew it was longer than waiting for Christmas to come." - Richard Brautigan

KIT N' CARLYLE



HERMAN



"He's trying to figure out a way to clone himself so he can stay home all day and still get a paycheck."

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Nomination



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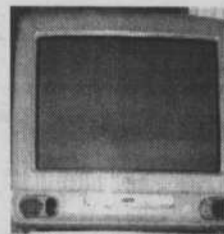
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- 2010 FORD FUSION SE, 4 cyl., auto., full, sunroof, 33,530 km., grey, \$18,995
- 2010 FORD FOCUS SE, sedan, 4 cyl., auto., full, 14,112 km., grey, \$15,991
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- 2008 FORD FOCUS SE, sedan, 4 cyl., auto., full, 90,526 km., black, \$9,995
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- 2007 FORD FOCUS SE, sedan, standard, air, elec. group, 54,750 km., red, \$8,995
- 2006 FORD FUSION SE, 4 cyl., auto., sunroof, mags, deflector, 98,000 km., black, \$11,995
- 2005 ACURA RSX, auto, full, leather, sunroof, 55,012 km., grey, \$12,995
- 2005 CHRYSLER 300, AWD, 4x4, V6, auto., full, leather, 100,800 km., white, \$12,995
- 2005 HONDA ACCORD HYBRID, V6, auto., full, leather, guarantee, 103,131 km., grey, \$11,995
- 2005 FORD TAURUS SEL, V6, auto., FWD, full, sunroof, mags, 87,421 km., beige, \$8,995
- 2005 MAZDA 3 SPORT GS, 4 door, auto., full, mags, 86,432 km., black, \$9,995
- 2004 CHEVROLET IMPALA LS, V6, 3,8 l, auto, full, leather, 127,730 km, grey, \$7,995
- 2003 FORD FOCUS ZX5, auto., 5 doors, full, 53,700 km., blue, \$7,995
- 2002 VOLKS JETTA GLS, 4 cyl., man., full, sunroof, mags, 1 owner, 149,561 km., red, \$5,995
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TRUCKS

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- 2010 FORD F150 S-CAB FX4, V8, 4x4, full, leather, 19,664 km., white, \$35,995
- 2010 FORD EDGE SEL, V6, auto., AWD, 4x4, full, sunroof, 13,191 km., grey, \$31,995
- 2009 FORD EDGE SEL, V6, auto., AWD, 4x4, full, 48,266 km., black, \$27,995
- 2008 LINCOLN MKX, AWD, 4x4, full, sunroof Vista, GPS, 49,001 km., white, \$32,995
- 2007 LINCOLN NAVIGATOR L, AWD, GPS, sunroof, DVD, 73,683 km., white, \$39,995
- 2009 FORD FLEX SEL, AWD, 4x4, V6, auto., 7 passenger, 37,030 km., black, \$26,995
- 2007 PONTIAC TORRENT SPORT, 4x4, auto, full, 108,790 km., black, \$12,995
- 2009 ESCAPE XLT, 4 cyl., man., 4x2, full, hitch, 10,266 km., blue, \$18,995
- 2007 ESCAPE XLT, V6, 4x4, full, 77,318 km., grey, \$14,995
- 2006 ESCAPE XLT, sunroof, AWD, T-Hitch, 78,000 km., red, \$12,995
- 2005 MAZDA TRIBUTE GS, 4x4, V6, auto., 96,727 km., grey, \$11,995
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The Record classified hours during the holiday season.

Friday, December 24:

8:30 a.m. to noon

Monday, December 27: closed

Tuesday, December 28:

8:30 a.m. to 5 p.m.

Wednesday, December 29:

8:30 a.m. to 5 p.m.

Thursday, December 30:

8:30 a.m. to 5 p.m.

Friday, December 31:

8:30 a.m. to noon

Monday, January 3: closed

Tuesday, January 4:

back to normal hours

The deadline for classifieds will be **11 A.M.** instead of 12:30 P.M. during this period.

Thank you.

I wish to take this time to wish you all a very joyous and safe holiday.

Janet Daignault,
 Classified Advertising.

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REACT NOW!

Friday, Dec. 24, 2010

Dummy stirred when declarer spoke

North 12-24-10			
♠ 10 9 6 3			
♥ A 7 4			
♦ Q J 10 9			
♣ K 5			
West		East	
♠ 7 4		♠ A	
♥ Q J 10 9		♥ 8 3 2	
♦ K 8 6 3		♦ A 7 5 2	
♣ A 7 2		♣ 9 8 6 4 3	
South			
♠ K Q J 8 5 2			
♥ K 6 5			
♦ 4			
♣ Q J 10			
Dealer: South Vulnerable: East-West			
South	West	North	East
1 ♠	Pass	3 ♠	Pass
4 ♠	Pass	Pass	Pass
Opening lead: ♥ Q			

By Phillip Alder

'Twas the night before Christmas. Neither a dummy nor a mouse was stirring, waiting for declarer to play to the first trick.

There are more mistakes made at trick one than at any other single trick. That is why, before playing from the dummy, declarer should map out his campaign.

This type of deal catches out the inexperienced every time. How should South plan the play in four spades after West leads the heart queen?

North made a game-invitational limit raise, showing four-plus spades and 10-12 support points. South, adding three points for his singleton, had sufficient to bid game. (In the Losing Trick Count, North's response shows eight losers, and South raises with only six losers, not the seven that partner was assuming.)

Start by counting losers. Here, declarer is faced with one in each suit: three aces and the third round of hearts. He cannot dodge those aces, so must do something about the heart problem.

If South takes the first trick and plays a trump, East will win and return a heart, setting up that trick and killing the contract. Declarer must immediately play on clubs. Then he can discard dummy's last heart on his third club and, later, ruff his third heart in the dummy. But West might duck the first club trick and take the second before leading another heart. If so, South must win that trick in his hand so that he can cash the long club. This means he must take trick one with dummy's ace.

When you are establishing a winner in one hand, try to keep a side-suit entry to that hand.

Friday, Dec. 24, 2010

In the year ahead, there is a possibility that you will become involved in a very exciting project, which initially could appear as being beyond your scope and abilities. However, once involved, you'll discover you'll fit right in.

CAPRICORN (Dec. 22-Jan. 19) - It might not be too important to you, but with all the commotion, minute mistakes can be made. Count your change when shopping and make sure you don't forget to purchase small items.

AQUARIUS (Jan. 20-Feb. 19) - Big things aren't likely to disturb those around you, but little oversights might. Take extra care to make sure you lock your car door and wipe your feet before entering someone's house.

PISCES (Feb. 20-March 20) - Be attentive when someone asks you to do something special, especially if it calls for you to get other people to help. You'll need to get things straight before you can relay instructions to others.

ARIES (March 21-April 19) - When doing some last-minute shopping, it might be best to stay away from the bargain counters, and avoid getting rejects. Make careful selections that'll last.

TAURUS (April 20-May 20) - This can be an extremely productive day if you can keep kibitzers from peering over your shoulder, even if they are only trying to help. You need to do things your way, uninterrupted.

GEMINI (May 21-June 20) - Guard what you say when you open your mouth. There's a chance you could be so excited about your knowledge of someone else's gift that you could spoil the surprise.

CANCER (June 21-July 22) - Financial trends could be a bit mercurial, in that you might receive a nice bonus only to spend it all on extra gifts or things you want but don't need. Keep close tabs on how much you're spending.

LEO (July 23-Aug. 22) - In all of your excitement about what you plan to do for someone, don't let any secrets slip out and ruin the fun. Keep mum, no matter how great the temptation.

VIRGO (Aug. 23-Sept. 22) - In your desire to impress others, you might be tempted to reveal a surprise that you have the scoop on, but you would kick yourself if you spoiled it for another. Loose lips sink ships.

LIBRA (Sept. 23-Oct. 23) - An enthusiastic friend might want to include you in on a present s/he would like to give another, because it is too costly for one person to give — do so only if it fits into your budget.

SCORPIO (Oct. 24-Nov. 22) - Avoid seeking help from a person who may mean well but is rarely able to contribute anything of substance, especially regarding urgent matters. You're better off doing it all on your own.

SAGITTARIUS (Nov. 23-Dec. 21) - Proper timing could make something far better than leaving the effects up to chance. If you expose something prematurely, it could spoil the surprise and/or diminish its joy.

Your Birthday

Saturday, Dec. 25, 2010

Several objectives that didn't work out as you had hoped in the past will be refurbished once again in the coming months and given another try. Much to your surprise, this second effort will easily accomplish your aims.

CAPRICORN (Dec. 22-Jan. 19) - Conditions look extremely good regarding joint endeavors. However, it might be up to you to make the plans and call the shots. Don't hesitate to take a dominant role when called for.

AQUARIUS (Jan. 20-Feb. 19) - Friends and family who have consistently proven to be loyal will once again be supportive of you when needed. They'll be behind you if you have to make a power play.

PISCES (Feb. 20-March 20) - Your greatest gratification is likely to come from protecting the interests of those you love. You'll know at a moment's notice those who need help, and you'll act before it's requested.

ARIES (March 21-April 19) - Accept all your family and friends for what they are and don't expect anything from them that they can't be. When you genuinely embrace them, they, in turn will embrace you. Hug it out.

TAURUS (April 20-May 20) - Your plans can come off beautifully, if you're prepared to pay the price. If you put forth the needed concerted effort, the challenges will take care of themselves.

GEMINI (May 21-June 20) - That marvelous disposition of yours will be very appealing to those with whom you share your day. You'll turn any aggravating problems into something fun and buoy everybody's spirits.

CANCER (June 21-July 22) - Displaying the spirit of the day will not only substantially benefit you, but all others as well. Spread the good cheer like luke-warm apple butter.

LEO (July 23-Aug. 22) - Although some well-conceived plans might not work out as you envisioned them, your on-the-spot revisions will be so clever and thoughtful that they'll make things even more appealing.

VIRGO (Aug. 23-Sept. 22) - Lady Luck is inclined to favor you both socially and financially. However, she isn't likely to be too impressed with frivolous attempts, so make sure you give it your all.

LIBRA (Sept. 23-Oct. 23) - Both good timing and a strict pace will be two major requirements for turning your hopes into realities. However, start things off with a slow canter before breaking into a speedy gallop.

SCORPIO (Oct. 24-Nov. 22) - Keeping a low-key approach to everything will help greatly in accomplishing your aims. This will be especially true if the room is filled with a lot of noisy individuals.

SAGITTARIUS (Nov. 23-Dec. 21) - This is an excellent day to stimulate warmth and friendships with those associates you rarely see. Even if the list is lengthy, get around to everyone you can.

Sunday, Dec. 26, 2010

The next year is likely to be one that is full of promise and new hope. Any bad times you might have experienced will be put to rest and be replaced with some exciting opportunities. Make the most of what is about to come.

CAPRICORN (Dec. 22-Jan. 19) - Some heartwarming actions you take could have far-reaching, beneficial effects for some time to come. It pays to share your feelings with those you love or those you want to know better.

AQUARIUS (Jan. 20-Feb. 19) - It doesn't take undue aggression to get what you want, just a bit of warm, cozy interaction. Everyone, both people you love and those who are new to you, will respond to kindness.

PISCES (Feb. 20-March 20) - Something you may have received as a gift is likely to spur your creativeness and get you to come up with all kinds of interesting ideas. Don't limit your thinking.

ARIES (March 21-April 19) - Be open and receptive to new things that are introduced to you at this time, especially if they would help you achieve something that you always thought was beyond your reach.

TAURUS (April 20-May 20) - A chance remark by another could hold the answer to something that has plagued you for quite some time. However, you might have to mull it over in your mind a bit before accepting it.

GEMINI (May 21-June 20) - Don't hesitate to experiment with a new idea or an innovative way of doing something. It could be exactly what you've been looking for, and could be applied to several situations.

CANCER (June 21-July 22) - Some days are just better than others when it comes to our mental faculties. At this point in fate's wheel, your mind is likely to be sharp, so don't hesitate to trust it in making an important decision.

LEO (July 23-Aug. 22) - Another gift could be on its way, which isn't apt to come from one of your usual givers. It might be someone's way of repaying you for a great favor that you did for him/her in the past.

VIRGO (Aug. 23-Sept. 22) - There's a strong possibility that you'll meet someone new at a gathering. This chance introduction could lead to both you and this person's vistas being collectively expanded.

LIBRA (Sept. 23-Oct. 23) - Your greatest happiness is likely to come from simply being protective and doing things for your loved ones. Nothing pleases you more than to see them joyful and excited.

SCORPIO (Oct. 24-Nov. 22) - Early in the day you might simply want to lie around and do nothing, but as time wears on, you could find yourself seeking out those who know how to have good time.

SAGITTARIUS (Nov. 23-Dec. 21) - Conditions in general are warm and cozy for you, but it looks like the area where you're apt to be the luckiest is in the gift-giving department. It appears that more are coming your way.

MedicAlert
ALWAYS ON CALL
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For more information
1-800-668-1507

IMPORTANT MESSAGE

Are any of these familiar to you ?

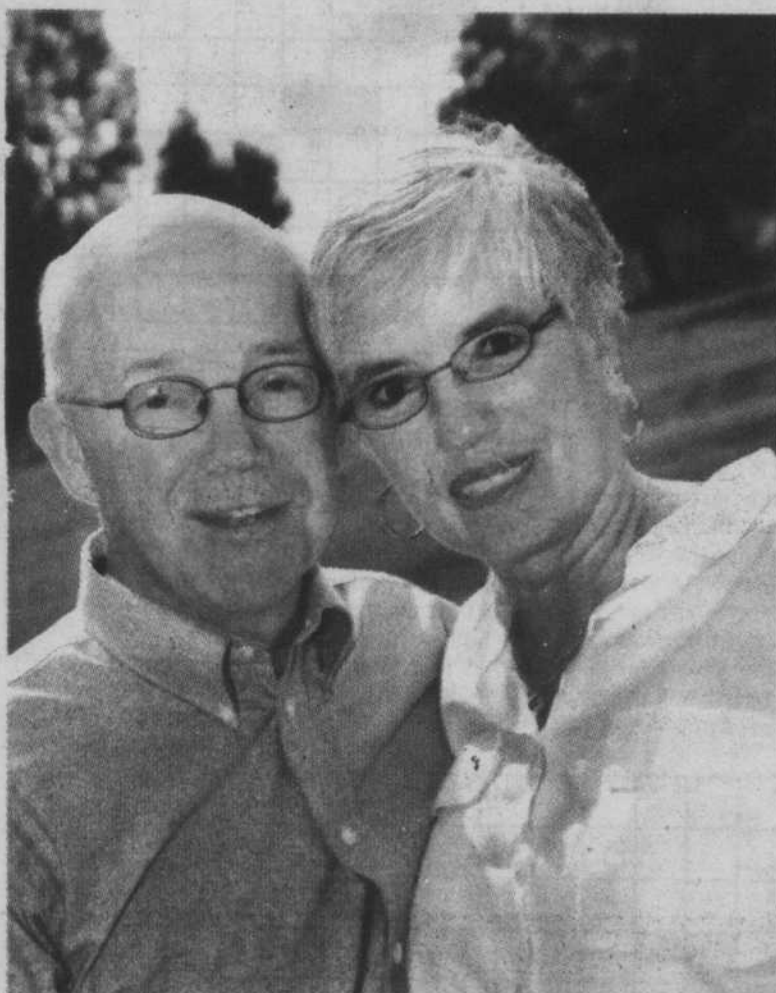
YES NO

- My ears ring or hum
- People must speak louder to me
- When several people talk at once, I have difficulty understanding
- I don't go to the theatre or the movies because I can't hear well
- I must turn the volume up on the television and the radio to clearly understand



Did you know?

If you have answered YES to one or more of the above, you should consult a professional.



Did you know ?

One person in two, 75 years and older, suffers from hearing loss.

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- We consult a specialist for our teeth yearly
- Take your hearing health in hand and consult a professional!

Did you know ?

We offer:

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- Reduces background noises
- Maximizes voices
- No volume to control

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 445 Lindsay Street
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Hearing aid illustrated not covered by R.A.M.Q. Some conditions apply Excluding hearing aids covered by the gouvernement. Some conditions apply