

# COVID-19 outbreak in Fleurimont Hospital cancer ward

By Matthew McCully

A group of CIUSSS de l'Estrie-CHUS doctors are calling on the government to strengthen testing regulations for unvaccinated health workers following an outbreak of COVID-19 in the hematology and oncology unit of the Fleurimont hospital.

Sixteen patients and seven employees were infected, and four and people died as a result of the outbreak.

The outbreak began on May 20, but came to light yesterday when a group of Sherbrooke doctors penned an open letter encouraging healthcare workers to get vaccinated, and asking that the Ministry of Health and Social Services impose more stringent testing for those who choose not to get the vaccine. According to excerpts from the letter, published in Le Devoir, the doctors felt compelled to alert the government to the fact that there is transmission happening in hospitals, possibly by workers who are not vaccinated and not being tested.

There is a ministerial order in effect, adopted on April 9, for health workers to either be vaccinated or submit to regular testing, but it applies only to staff working in emergency rooms, intensive care, pneumology, COVID units or specialized COVID-19 clinics, in CHSLDs and other residential units. It does not include oncology units, which has patients with compromised immune systems, the letter from the doctors explains.

According to the letter, the

CONT'D ON PAGE 3

# History back on the water in 2021



GORDON LAMBIE

David Lacoste (left), of the Sherbrooke History Museum, and David Martel (centre) of the Mercedes travel agency with the guides who will be helping with this summer's historical kayak tours.

By Gordon Lambie

Sherb-Histoire en Kayak, the pandemic project of the Mercedes travel agency in Sherbrooke, will be back out on the water this summer with a broader range of activities and a deeper look into local history.

Created in 2020 as a pivot for a travel business that suddenly found itself without anywhere to send people, the initiative was the brainchild of Mercedes Becerra and her husband

David Martel.

"Mercedes and I said, we're going to rent out the only kayak we have," Martel said, recalling that before long, the interest in that little side hustle was big enough that they picked up a few more boats to rent out of their garage on de l'Esplanade street on the north shore of Lac des Nations. Before long, the idea came up to integrate the idea of the company's "Sherb-Histoire" walking tour into the formula, and Sherb-Histoire en Kayak was born.

In the "staycation" summer of 2020, Martel said that the model proved to be such a success that it has been revised and expanded for a return in 2021.

Perhaps chief among the changes is the starting point. Whereas the initial version of the project launched from the side of the lake on de l'Esplanade, Sherb-Histoire en Kayak received endorsement from the city of Sherbrooke to use the boat launch at the Armand Nadeau Pavillion in

CONT'D ON PAGE 3

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## Weather



TODAY:  
SUNNY

HIGH 21  
LOW 10



FRIDAY:  
CLOUDY

HIGH 19  
LOW 8



SATURDAY:  
SUNNY

HIGH 22  
LOW 7



SUNDAY:  
MIX OF SUN  
AND CLOUD

HIGH 24  
LOW 12



MONDAY:  
70 PER CENT  
CHANCE OF  
SHOWERS

HIGH 20  
LOW 11

# On the Download... The "Lan" Before Time



LINDA KNIGHT SECCASPINA

To say that I was born in the wrong century is an understatement. I know that I should have lived during the Victorian period where the most complicated thing in life was having your corset tight enough or making sure you got to tea on time.

Easy transitions from musical 8 tracks to cassettes, to a CD, were a snap for me. Harder, but bearable, were: the BETA to VHS then to DVD. Don't ask me to program anything though - but putting the item in, playing it, and then removing it was painless.

Lo and behold the computer era began and I either ignored it or condemned it. Someone who couldn't put gas in her car tank from 1974 to one ill-fated snowy day in the 1990's isn't necessarily going to warm up to a computer. After all, the woman who invented the first computer program is often overlooked in history and also probably couldn't hold the reins to the wagon. The daughter of renowned poet Lord Byron, Ada Lovelace actually discovered computer programming 178 years ago. That was long before we knew "a memory" was just something we lost a lot with age.

I used to volunteer at Caldwell Elementary school in the early 90s, and one day Grade 3 teacher Mrs. Richardson assigned me to help in the computer library. The young students knew more than I did, and she couldn't believe that I was petrified to go near the computers. This from a gal who loved to pause and marvel at the girls typing in the typewriter class beside the girl's bathroom at Cowansville High School in the 60s.

One night I sat down at my son's computer terminal and marvelled at the world before me. It suddenly became the bicycle of my mind. That was it, I was hooked, and a keyboard was no longer just related to the piano. The next time I had to volunteer I was "cutting and pasting" with the best of the 9 year-olds. Mrs. Richardson smiled and said, "Linda, I see you are computer friendly now, I think I will give you a gold star". That made me smile, as sometimes adults need gold stars too.

I thought that was going to be it in my lifetime trying to figure out new-fangled things, but no, seven years ago my sons gave me my iPhone on Mother's Day. I treated the phone like the black sheep of any family. I tried to ignore it, but it would not let me, and I feel like I am never alone. Granted it was my choice to get rid of the landline and finally move into the 21st century like everyone else.

Texting was easy as I already had several weeks of repetitive training/cajoling on my iPad- but my brain no longer wants to attempt any mental feats of strength that were not needed. Instead of texting back, most times I answer the text on my laptop with an email. Friends told me I would get used to it and end up loving it. Was I secretly sabotaging myself? I didn't set up voicemail for months because others told me they had an issue retrieving messages, so I used that as an excuse.

I watched my oldest son use both his thumbs to text as I have seen many times. I marvelled at the precision and speed he used and thought of my texts with misspelled words that even spell check could not pick up. I remember the 4 year-old-girl on the Apple commercials and how she whizzed through feats of technology without help. How I wish I could be smarter.

I have in my hands a fabulous piece of communication that I sometimes shun like the Amish. It attempts to entice me daily to use it like a prosthetic for the rest of my life. I refuse to let it become the bearer of my vital signs and continued activity in my brain. So how do I use my cellphone now? Unlike my laptop which has become a vital organ for writing and communicating on Facebook I use my phone in these percentages:

- 50% to check the internet
- 20% to text to my sons
- 15% to take photos
- 10% to check the time
- 5% to actually call someone

Without my cell phone now I feel I would never find my way in the dark or read, now that doctors have removed all their magazines in their offices. I would have no idea there are 76 tiles on my bathroom floor when I forget my phone.

But, is there a middle ground to all this?

Has cell phone and computer dependency resulted in compulsive communicating?

Are cell phones called cell phones because we are prisoners of our phones?

Is the best relationship I have now with my wi-fi because all my friends live inside it?

One good thing to remember, and there is some salvation to us mere mortals, computers and cell phones die twice as fast.

NEXT TRAIN

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18:34

› If this feels like a math test, visit [mathliteracy.ca](http://mathliteracy.ca) or call 1-800-303-1004.

*Math solves problems*

## Ben by Daniel Shelton



# Local News

One question that has come up repeatedly in public critiques of the scheduling choices is why the drive-in doesn't simply run French and English audio tracks simultaneously on two different radio frequencies.

## English community feeling disappointed with drive-in schedule

By Gordon Lambie

Since opening up the gates and announcing its summer programming two weeks ago, the Cine-parc Orford has been facing criticism over its decision to schedule English films only three nights a week, on Sundays, Mondays and Thursdays.

"Going to the Cine-parc in Orford is one of our most anticipated summer activities," said Kirby Young, who was one of several English-speaking Townshippers to share criticism of the scheduling decision on the business's Facebook page. "As a family, we would pick up takeout on the way and eat it there on the picnic tables while the kids played on the playground as we waited for dark for the movie to start. Then we all piled in the car in our pajamas and took bets on how long until the kids fell asleep. I do not think we ever made it to the second movie, but that was not the point. It was some good quality, old-fashioned family

time, and we loved it."

That being the case, Young said that her excitement about the reopening quickly led to disappointment.

"I went to check the programming to see when we could plan our first family night out in many months, only to see that our plan would have to be on a weeknight. The only time an English movie would be playing was Sunday, Monday, or Thursday. I am not sure how to fit that into our work week and school week schedule."

Francois Pradella, co-owner of the Cine-parc Orford, said that he is hearing the criticism loud and clear and described the current plan as a "half solution" while the business works on finding a way to show films in English and French at the same time.

"I understand people's frustrations," he said. "We know it's not perfect."

The co-owner referred to the chosen days as a compromise focused on spreading English presentations out over the course of the week and

ensuring that there is something available rather than nothing.

"We knew we would get criticism," he added, arguing that some people would have been upset no matter what nights they chose.

One question that has come up repeatedly in public critiques of the scheduling choices is why the drive-in doesn't simply run French and English audio tracks simultaneously on two different radio frequencies. According to Pradella, the issue with that idea lies with the way that the park receives films from distribution companies.

"When we get the movie it's coded in a certain way by the distributors," the co-owner said explaining that as things stand, the films essentially come with one soundtrack or the other.

Pradella said that his team has been advocating for being able to play soundtracks simultaneously for months now and he hopes to get an answer soon that would allow them to do so this summer.

"There is no reason for them not to do it," he said, arguing that the switch would take only a minute change on the part of the companies but would quickly result in more revenue.

Pradella specifically mentioned Disney as a holdout on the matter, but suggested that once other distributors sign on and see the benefits, he's confident reluctant groups will get on board.

In the meantime, however, the compromise solution has left English speaking lovers of the drive-in experience feeling stranded.

"There are many times as an Anglophone living in Quebec that you feel cast to the side when it comes to entertainment," Young shared. "The cine-parc was one of the places that always had one screen with the option for English audio. The fact that they have changed to just the nights seeming the least convenient is just another frustrating loss for the Anglophone community."

## COVID-19 outbreak

CONT'D FROM PAGE 1

hematology and oncology unit of the hospital is considered a safe zone, meaning patients have to test negative before being admitted, suggesting the virus was contracted within the walls of the hospital. And based on the level of transmission, it was likely through a staff member since patients and visitors don't travel from room to room.

The group of doctors called on the government to modify the ministerial order to make it mandatory for non-vaccinated health workers in oncology units to submit to testing a minimum of three times per week.

The CIUSSS de l'Estrie-CHUS released

a statement saying the situation is under control and there have been no new cases of COVID-19 in the oncology department in the last 10 days. The hospital will also do a mass screening in the department on June 11, the 14th day following the outbreak. If all results are negative, the outbreak will be considered over.

The CIUSSS de l'Estrie - CHUS statement added that it encourages all members of its internal community (employees, physicians, managers, etc.) to be vaccinated.

During Wednesday's press briefing with Estrie public health media asked

what percentage of health workers were vaccinated. While saying the percentage of staff covered by the ministerial order was 95.5 per cent, the response from the health authority was that data on the number of members of our internal community vaccinated is only available for the wards covered by the order.

Quebec reported 178 new cases of COVID-19 on Wednesday. There are currently 2,274 active cases in the province. Eight new deaths were reported, bringing the total since the beginning of the pandemic to 11,164. Hospitalizations decreased by six

for a total of 257, and the patients in intensive care remained stable at 60.

Two new cases were reported in Estrie, bringing the number of local active cases to 144. Two new deaths were reported, bringing the total in the region to 350 since the beginning of the pandemic.

To date, 66.3 per cent of the Estrie population has received at least one dose of vaccine and 7.5 per cent has received two doses.

According to the data on the CIUSSS de l'Estrie-CHUS website, 86.1 per cent of health workers in the region have received at least one dose of vaccine.

## History back on the water

CONT'D FROM PAGE 1

Jacques-Cartier Park.

This year the project is also working in full partnership with Sherbrooke's history museum, which is providing several guides to help fill out the team.

David Lacoste, Executive Director of the museum, said that while the institution supported the project in its first year, the idea came too late in the summer to be able to provide more than the historical information. With more lead time going into this second year, the museum was better placed to provide staffing assistance.

"This body of water is at the heart of

our city and of its economic and social development," Lacoste said, pointing out that a quick tour around the lake offers an opportunity to discuss the First Nations people of the area, the Jacques-Cartier Bridge, the old ice houses, the Paton mill, the beaches of Jacques-Cartier Park, and the train station, among other elements of city life. "There is a rich history around Lac-des-Nations."

In a bid to make the tours more accessible, the company has also acquired a floating quay for getting their kayaks into and out of the water.

Recognizing that embarkation and debarkation are the moments when a boat is at its least stable, Martel said that he hopes the stabilized launch point will mean that people of all ages and levels of mobility feel comfortable taking part.

Outside of the waters of Lac des Nations, Martel said that he is also working on launching a river tour in the Huntingville area that would combine walking and boating. Over the course of a half day this tour would explore some of the history of the sites around the Salmon River, such as the

Little Hyatt One-Room Schoolhouse. That tour, he said, should be ready closer to mid-July.

As was the case in the first year of operation, Martel said that the guides available for the activity are able to speak with people in French, English and Spanish. If people are looking for a bilingual tour, however, he suggested mentioning it in advance to ensure that the proper preparations are made.

More information on the tours is available (in French) at [www.sherbhistoire.com](http://www.sherbhistoire.com)

# Massawippi Valley Foundation nears \$1 million milestone

Record Staff

The Massawippi Valley Foundation (FVM), now in its sixth year of operation, is quickly approaching the \$1 million fundraising milestone. The foundation made the announcement in a press release earlier this week, along with the news that founding organizer of the FVM, Dian Cohen, was stepping down as president, effective June 8. Cohen will be replaced by Michel Rodrigue.

The Foundation's mission is to finance access to healthcare in the Massawippi Valley region.

Fundraising began in 2014 to establish the Centre de santé de la vallée Massawippi (CSVM). The first campaign raised more than \$350,000. Since then, the FVM has developed and implemented programs for citizens in the community and worked with the Massawippi Valley co-op to implement the Foundation's projects.

FVM has sponsored many fundraising events over the years in order to equip the CSVM. Its most recent projects focus on alleviating social isolation among older residents. Supported by grants from the Government of Canada, the CSVM and the Foundation have created computer courses, both virtual and in-person, walking programs, a social café for games and conversation, and a program to lend iPads to seniors who have no internet or communications device, but who want to learn how to get connected.

As part of the ongoing events to recognize the 6th anniversary of the opening of Centre de Santé de la Vallée Massawippi (CSVM), the Foundation partnered with Bishop's University to conduct a study of the economic and social value of the CSVM to its members and the community in general. The Bishop's team interviewed business owners in



COURTESY

iPads, available as part of a program to help seniors stay connected

the community, mayors and directors-general of several municipalities as well as surveying members of CSVM.

The report includes a number of statistics and observations that signal the important role CSVM plays in ameliorating deficiencies in response to the health care crisis during the pandemic as well as increasing access to its primary care services, especially for rural area citizens.

Dian Cohen, founding organizer of both the Foundation and the CSVM is stepping down as president of the Foundation. Michel Rodrigue

assumed the presidency on June 8.

Rodrigue is Chief Executive Officer and Partner of The Format People. An early proponent of TV formats, with 40 years of experience, knowledge and connections as a broadcaster, producer, distributor and consultant, Rodrigue has played a key role in driving the format industry to worldwide prominence. Educated in Montreal, his early career included the role of Vice-President of Programming and Production at Télé-Capitale Inc. (now TVA) in Quebec. His vast network of contacts will serve the Foundation well.

## New section added to Stanstead bike path

Record Staff

Thanks to an agreement reached with Stanstead College, The Town of Stanstead announced this week that a new section is being added to the bath path. The new trail section is an extension of Willow Street, from the intersection of Mountainview Street to the existing bike path, allowing users to easily reach the C.H. Kathan rest stop located behind Town Hall.

In a press release, Mayor Philippe Dutil said it is privilege to have such nice bike paths as an attraction in Stanstead. "Our trails are used frequently, in summer and winter. We created a nice little park behind town hall and we want to allow everyone to have access to it."

Town manager Built as part of the 25th anniversary event celebrating the union of the three villages, the C.H. Kathan rest stop includes a wooden

pavilion, a bicycle repair station and picnic tables.

According to town manager Jean-Charles Bellemare, council wanted to find a way to allow cyclists to have access to the rest stop from the bike path.

"We know that the path on Willow Lane was already being used regularly by local residents, but we wanted to improve it to make it more visible with increased safety. This is why we concluded a lease with the College," the town manager said.

Because the trail already exists, the necessary work consists mostly of levelling and added compacted aggregate materials and more signage. The work will be done over the course of several days early in the month of June. Residents are being asked to avoid this sector during the work and to wait for the official launch before using the trail.



Michel Rodrigue

## OPERATION BACKPACK

Equipped to Learn

Operation Backpack is serving children at Lennoxville Elementary, Alexander Galt and Grade 6 students from our community schools attending Galt for the first time with a new backpack and school supplies.

To contribute, please send a cheque payable to

**Lennoxville United Church**  
6 Church St., Sherbrooke, QC J1M 1S9

Charitable receipts will be issued for donations of \$10 or more

# The Border Report

Over the month of July we are excited to be offering Second Chance once again with students able to come to Phelps for extra tutoring.

## Call for French and Math volunteers!



Highlighting the amazing work of our volunteers has been a recurring theme throughout the years, and quite rightly. When it comes to running 6 programs and offering the young people from Stanstead area individualised help, it simply would not be possible without the help of our volunteers. Of course, there have been challenges to overcome with the onset of the pandemic; those who regularly volunteered for Phelps were unable to help because of the lockdown. We were able to pivot and find a solution by introducing online tutoring which opened up new volunteering opportunities. We were lucky to have a number of volunteers, some as far as New Brunswick who were able to give their time to tutor online.

Today with youth back in school at 100% and the promise of a “normal” return to school in September,

we have an increase in students needing support, particularly for French and Math. We are therefore launching an active call for volunteers who are able to help our high schoolers

grades 9 to 11. We have opportunities for tutoring online and in-person on Tuesday, Wednesday or Thursday evenings. If you would like to join our volunteering team and contribute to helping our youth get back on their feet with their education, please contact Elizabeth MacKinnon [emackinnon@phelpshelps.ca](mailto:emackinnon@phelpshelps.ca).

Volunteers will also be able to help support Phelps with our summer activities! Over the month of July we are excited to be offering Second Chance once again with students able to come to Phelps for extra tutoring - whether it be for a quiet place to study retakes, get help with subjects they find difficult or get prepared for the new school year. Elizabeth Courchesne is taking registrations and can be contacted through email: [ecourchesne@phelpshelps.ca](mailto:ecourchesne@phelpshelps.ca). From the 9th to 13th of August we will be holding our summer camp open to 10 to 13 year olds attending Sunnyside and Jardins des Frontières elementary schools. For more information contact Geneviève Lalande [glalande@phelpshelps.ca](mailto:glalande@phelpshelps.ca).



COURTESY

A warm thank you to our volunteers, past and present. If you have a willingness to create a positive relationship with local youth, Phelps will provide all the training you need to feel confident in your role. Any amount of help is greatly appreciated - whether weekly or once a month, every bit makes a difference.

Phelps Aide Phelps Helps was founded in 2012 and has grown organically from a single high school tutoring program to six unique programs, providing the Stanstead area with free educational and career support. For more information or to volunteer, please email us at [info@phelpshelps.ca](mailto:info@phelpshelps.ca), visit our website at [www.phelpshelps.ca](http://www.phelpshelps.ca).

### FRONTIER ANIMAL SOCIETY

## Featured pet: Daisy

Daisy was adopted from our shelter two years ago. Unfortunately, in that time, her tolerance for the resident cats has diminished and managing the dynamic has become too difficult and stressful for all (Daisy included). Since the cats were there first, sadly, Daisy must be rehomed.

Daisy is a sweet 7-year-old mixed breed; best guess a mix of Husky/Samoyed/Labrador, weighing approximately 80 lbs.

Although Daisy is extremely people friendly and loves everyone she meets, young children make her uncomfortable and she is nervous in their presence.

Smart and eager to please, Daisy knows her basic commands and she even knows a few tricks including “spin” and “high five.” Well behaved when left alone, she is not destructive, and she is not vocal. However, to note, since the start of the pandemic, she has become accustomed to having

someone home with her most of the time.

If given the option, Daisy will likely opt to sleep with you in bed but if you prefer not to share, she is also fine sleeping in her bed on the floor beside you. She is ok with either of these sleeping arrangements, but she does like to be in the same room. Daisy can be fearful and anxious of loud noises, so she probably just feels safer when her humans are close by.

Daisy LOVES to be outdoors so a house with a fenced-in yard where she can safely romp and chase her ball would be ideal. Daisy is not suitable for apartment living. She also likes to go for nice long walks and although she is kept on leash, Daisy is a fun and motivated hiking partner. A happy girl, Daisy loves car rides, loves playing with her toys (her favourite being stuffed animals which she gently carries around in her mouth), loves to swim, and even enjoys playing

under the sprinkler in the summer to keep cool.

Daisy is tolerant of other dogs if they are on leash and don’t get too close and although she has had doggy friends, she is very selective so proper introductions are key. She isn’t, however, keen about sharing her food bowl or toys with other dogs so she should be the only dog in the home. She does not have resource guarding with adults and will readily give up her toys.

If you are looking for a well-behaved, active and people-friendly dog, and can offer Daisy a toddler-free, dog-free and cat-free home, you’ll find yourself with a great companion. A home with respectful kids 14 and up would be fine.

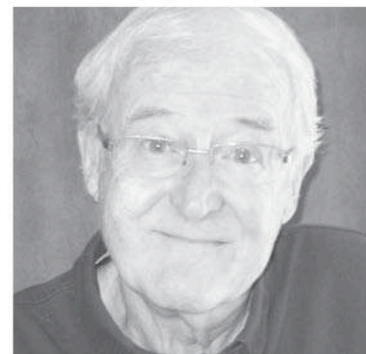
To inquire about adopting this cutie, please give our adoption coordinator Brenda a call at 819-876-7747 any day of the week between 8 a.m and 8 p.m.



# EDITORIAL

*It's important here to point out that the game should take place before the dandelions are allowed to go to seed.*

## Whack a dandelion and other fun games



**TIM BELFORD**

One of things that dealing with COVID-19 has brought about for many of us is a state of continual boredom.

Even those who are relatively capable computer wise – which I am definitely not – have found that there are only so many things that can be googled and only so many friends to contact. Even then, finding out that most of your friends are in the same boat with the same complaints is, in itself, the road to ennui.

To counter this “Oh my god, what do I do today?” attitude, I’ve come up with a few suggestions of games to play.

One thing that many of us, at least those with a bit of a lawn, could participate in is something I like to call ‘whack a dandelion.’ The principle here is the same as that popular carnival game, ‘whack a mole.’ Arm yourself with a sturdy hoe or even a small, hand-held scythe. Then traverse your property looking for flowering dandelions. Each time you come across one of the little yellow menaces it’s off with their head. Each dandelion flower that you manage to lop off is worth five points. Five bonus points can be earned for double beheadings and an extra five for that rare triple swipe.

It’s important here to point out that the game should take place before the dandelions are allowed to go to seed. Cutting the fuzzy-topped dandelion after it has lost its colour only increases

the spread of a new crop.

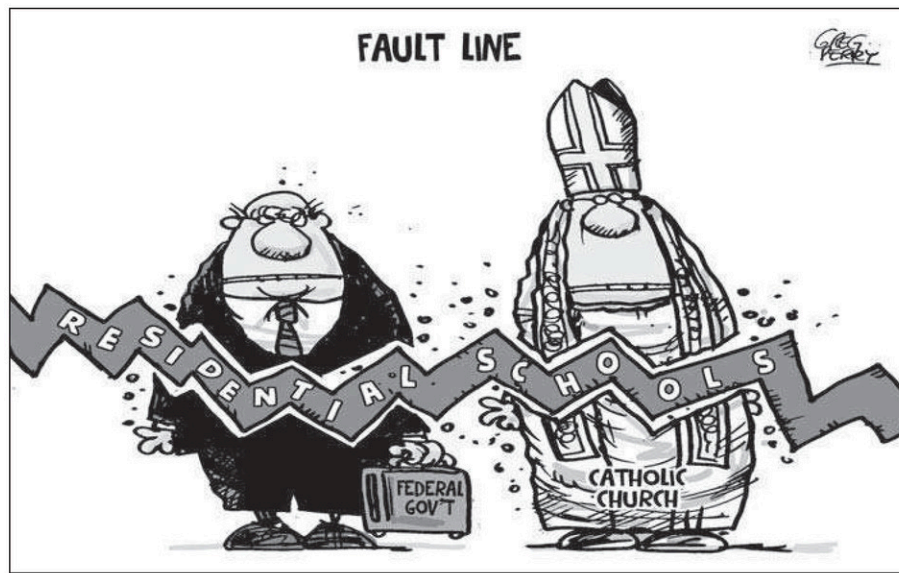
I realize that the purists here will immediately point out that to really get rid of dandelions it is necessary to actually pull up the root of the plant itself. This, however, is considerably more strenuous and requires a lot of bending or kneeling. Besides it’s not nearly as much fun.

Another fun game is what I call ‘harass the neighbour’s cat.’ Unlike dogs, who have to be on a lead while walking and chained even in their own back yard, cats have been given free range to wander throughout the neighbourhood unleashed and unlicensed. This leaves them free to catch and eat all those songbirds that you have so assiduously attracted to your feeders. They also take it for granted that flower and vegetable gardens are to be used as feline versions of the human portapotty.

When you spot one of the unwanted guests, it is of no use to yell at them nor can you throw stones to discourage their visit. It won’t help. You are also discouraged by municipal law from discharging a firearm in an urban setting, not that I would encourage shooting them even if it was legal.

No, the best way to deal with a meandering mouser is to purchase that popular child’s toy, the Supersoaker. It’s a modern-day, supercharged water pistol with a range of twenty or thirty feet: spot an intruder and let fly. For a direct hit you get five points. If he or she flees the yard immediately, add an extra five points. If the wandering, pre-soaked tabby is never seen again you win.

A third possible way to relieve the boredom and have fun at the same time is to play ‘beat the squirrel.’ To avoid confusion ‘beat,’ in this sense, doesn’t involve physically attacking our fuzzy friends, but merely outsmarting them. This could involve any number of ploys including inventing a squirrel-proof feeder, greasing the pole leading up to the feeder or surrounding the feeder with ten feet of barbed wire.



To get five points in this game you must produce something that keeps the squirrels away from the feed for a minimum of twenty minutes. Five points are awarded for every extra

minute you deny the squirrel access to the seeds.

How do you know who wins? Beats me. No one has ever beaten the squirrels.

## Letters

DEAR PRIME MINISTER TRUDEAU:

The media outlets publishing this letter are competitors. We publish news in every region in Canada. In both languages. We don’t always see eye-to-eye. So an open letter to you – and the prominence we’re giving it in our publications – is unprecedented. But then so is the threat to news media in Canada. And, frankly, so shocking is the inaction of your government that it demands this unprecedented step.

For months, you and the Minister of Canadian Heritage, Steven Guilbeault, have promised action to rein in the predatory monopoly practices of Google and Facebook against Canadian news media. But so far, all we’ve gotten is talk. And with every passing week, that talk grows hollower and hollower.

As you know, the two web giants are using their control of the Internet and their highly sophisticated algorithms to divert 80% of all online advertising revenue in Canada. And they are distributing the work of professional journalists across the country without compensation.

This isn’t just a Canadian problem. Google and Facebook are using their monopoly powers in the same way throughout the world – choking off journalism from the financial resources it needs to survive.

The difference is that other countries are putting their foot down. Australia’s parliament – with support from all parties – has enacted comprehensive new legislation requiring the two web giants to negotiate collectively with that country’s media. And they’ve backed up these new rules with enforcement teeth.

Time and again, you and your government have committed to similar action. The Minister of Canadian Heritage has specifically and repeatedly committed to tabling legislation this spring. But after months of promises, there is still no legislation. And with the summer parliamentary recess approaching and the strong possibility of a fall general election, words alone will not sustain Canadian journalists through the long months of legislative inaction and relentless power plays by Google and Facebook.

Indeed, recently, Facebook announced short-term commercial arrangements with a few Canadian media outlets. Until all news media in this country can negotiate collectively with Google and Facebook, the two multinationals will continue to use their market dominance to drive terms that are in their interests.

Let’s be clear: Canadian news media are not looking for new funding or new taxes, or user fees. We’re not calling for – and certainly don’t want – restrictions or regulations affecting freedom of speech.

In fact, the health of our democracy depends on a vibrant and healthy media. To put it bluntly, that means that you, Prime Minister, need to keep your word: to introduce legislation to break the Google/Facebook stranglehold on news before the summer recess. It’s about political will – and promised action. Your government’s promise.

The fate of news media in Canada depends on it. In no small way, so too does the fate of our democracy.

SIGNED,  
JAMIE IRVING  
CHAIR OF NEWS MEDIA CANADA  
WWW.LEVELLINGTHEDIGITALPLAYINGFIELD.CA

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# Quebec Major Baseball League shortens season

Record Staff

The Quebec Major Baseball League (LBMQ) has postponed its regular season start date, after Coalition Avenir Québec MNA Isabelle Charest announced spectators will not be able to attend outdoor, competitive sports events until June 25.

The decision is a perplexing one to François Lécuyer, the owner and president of the Sherbrooke Expos and Thetford Blue Sox. In a statement he said, "it makes no sense whatsoever," considering people can go to movie theatres, concert halls, and the Bell Centre.

There are stadiums in the LBMQ that can hold between 1,000 to 7,000 spectators. The league needs people to attend games, even if it is at a limited capacity, if it plans to survive another season filled with COVID-19 restrictions and safety regulations.

The board of governors made necessary preparations for a 28-game regular season; they normally play 32. This news from Quebec has forced them to adjust their schedule once again. A new schedule will be posted to the league's official website in the coming days.

Lécuyer approached other league executives and governors about extending the regular season from August 15 to 29. This would compensate for the delayed start, as the season was supposed to kick off June 6. But his idea was met with a lukewarm response.

The plan would be to maintain roughly three games per week, which would equal the 2020 season. Last year the league kept up a similar pace in a shortened, five-week season. The playoffs would begin immediately following the final regular season game.

However, according to Lécuyer, the

league's brass rejected his proposal. He also claims the eight other governors plotted, without his knowledge, to shorten the season by another six games, prior to the league meeting. The league officially made it a 22-game season last week.

"Taking away three out of 14 local games hurts a lot financially. Expenses are still the same, but you have three less revenues," Lécuyer said.

The fans and team partners are key pieces moving forward, Lécuyer continued, and the league has taken away another three home games from Sherbrooke residents. Last year was a challenge, he said, the teams suffered massive financial losses, and 2021 will also be difficult.

Lécuyer said season ticket holders and partners will not suffer from the loss of home games or bear the brunt of financial costs. Although there will only be 11 home games, season ticket holders will receive all 14 they purchased, he added, it will just transfer into the playoffs.

"If fans don't seem to be a priority for some across the league, that is definitely not the case for my teams," said Lécuyer. "So, I'll take responsibility myself."

# QMJHL sexual assault allegations

Record Staff

The Quebec Major Junior Hockey League (QMJHL) announced that two Victoriaville Tigres players are being investigated for sexual assault allegations.

The QMJHL released a brief statement on Tuesday evening, stating "the incident would have occurred following Saturday's President Cup Championship game." The Tigres defeated the Val-d'Or Foreurs 3-2 Saturday, ousting their opponent in six games.

The league stated that the QMJHL and the Tigres "take these allegations very seriously," and they intend to fully cooperate with "the police authorities while they conduct their investigation."



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# Datebook

THURSDAY, JUNE 10, 2021

exploration rover Spirit from Cape Canaveral, Florida.

**TODAY'S BIRTHDAYS:** Hattie McDaniel (1895-1952), actress; Prince Philip (1921-2021), husband of Queen Elizabeth II; Judy Garland (1922-1969), actress/singer; Nat Hentoff (1925-2017), historian/author; Maurice Sendak (1928-2012), author/illustrator; Jeanne Tripplehorn (1963-), actress; Elizabeth Hurley (1965-), model/actress; Bill Burr (1968-), actor/comedian; Tara Lipinski (1982-), figure skater; Andy Schleck (1985-), cyclist; Kate Upton (1992-), model/actress.

**TODAY'S FACT:** NASA's original mission plan for the Spirit called for the rover to last 90 sols (solar days on Mars) and to drive a total of 0.4 miles. Spirit actually operated for approximately 2,208 sols and covered 4.8 miles before getting stuck in soft soil.

**TODAY'S SPORTS:** In 1978, Affirmed won the Belmont Stakes, becoming the 11th horse to win horse racing's Triple Crown.

**TODAY'S QUOTE:** "I remember

my own childhood vividly. ... I knew terrible things. But I knew I mustn't let adults know I knew. It would scare them." – Maurice Sendak

**TODAY'S NUMBER:** 15 – age of Joe Nuxhall of the Cincinnati Reds when he pitched two-thirds of an inning against the St. Louis Cardinals on this day in 1944, becoming the youngest player to ever take the field in a Major League Baseball game.

**TODAY'S MOON:** New moon (June 10).

## Aneurysms require immediate medical attention

the risk of structural damage to the blood vessel itself. Blood circulates through our bodies in a closed system. That means every beat of the heart results in pressure on the artery walls. The rhythmic force of blood moving through the aorta can gradually enlarge the thinner and weaker walls of an aneurysm, and also fracture them. When the walls of an aortic aneurysm split and allow blood to leak out, it's known as a dissection. The balloonlike bulge of an aneurysm can also burst, which is known as a rupture. Both are medical emergencies, and are the major causes of death due to aneurysms.

Aortic aneurysms fall into two major categories – thoracic and abdominal. The former occur in the chest. Since your father's was discovered during a scan of his lower torso, it's likely that he has been diagnosed with an abdominal aneurysm. One of the major risk factors for developing an aortic aneurysm is a history of tobacco use, which weakens the arterial walls over time. Studies of smokers found they had five times the risk of developing an abdominal aortic aneurysm as nonsmokers. The good news is that quitting smoking was associated with a measurable lessening of that risk. Additional risk factors include being a male, being over 65, being white, having had a previous aneurysm and a family history of the condition.

Diagnosis of an aortic aneurysm often occurs as it did with your dad – in the course of an examination for another condition. When it comes

to treatment, the goal is to prevent dissection or rupture. The specific approach depends on two things – the size of the aneurysm and how quickly it is growing. A small and static aneurysm may call for watchful waiting. That includes regular scans to monitor if the aneurysm is growing or has begun to leak. Large, unstable aneurysms typically require surgery.

For patients with any type of aneurysm, it's crucial to mitigate the risk factors that can be managed. That means taking immediate steps to getting and keeping high blood pressure under control, both with lifestyle changes and medication. And for smokers, that means quitting. Patients are also asked to avoid vigorous physical activity, including heavy lifting, to avoid pressure on the abdomen. If someone experiences sudden abdominal or back pain, low blood pressure or unexplained dizziness or weakness, this can be sign of a dissection or a rupture. Immediate medical care is imperative.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

(Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.)

## Do Just One Thing



By Danny Seo

Sneakers are not only washable, but they can be laundered in the washing machine. But make sure you do it properly. Start by sprinkling a liberal amount of baking soda inside the shoes and leaving it overnight to help deodorize them. Then toss them in the washing machine (tuck the laces into the sneakers) along with five or six bath towels. The towels help balance the load so the shoes aren't slamming around inside the machine. Wash on cold with detergent, then air-dry.



**ASK THE DOCTORS**  
By Eve Glazier, M.D.,  
and Elizabeth Ko, M.D.

**Dear Doctor:** My dad was having an ultrasound because it seemed like he might have kidney stones, and they found what the doctor thinks might be a small aortic aneurysm. Why does someone get them, and how are they treated?

**Dear Reader:** An aneurysm is a balloonlike widening within the wall of an artery. In an aortic aneurysm, this has occurred along the aorta. That's the major blood vessel that carries oxygen-rich blood away from the heart and through the chest and the abdomen.

An aneurysm is cause for concern for several reasons. Any change to the normal tubular structure of blood vessels throughout the body can adversely affect heart function. More important, larger aneurysms create

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# NEA Crossword Puzzle

# Your Birthday

THURSDAY, JUNE 10, 2021

tion to what associates, friends and relatives are doing. Be ready to jump in and make a difference, and you'll change the way people view you. A relationship will take a positive turn.

**SAGITTARIUS** (Nov. 23-Dec. 21) - A situation involving a friend, relative or partner will require monitoring. Verify the information you receive and be prepared to discuss confusing or questionable matters.

**CAPRICORN** (Dec. 22-Jan. 19) - Revisit your financial, business and investment options. Consider the best way to make your money grow. Rethink any changes you want to make to your living space. An unnecessary expenditure will lead to stress.

**AQUARIUS** (Jan. 20-Feb. 19) - Listen to what others have to say, but do what feels right when it comes to situations that affect your home and family. You should do what's best for you and your loved ones.

**PISCES** (Feb. 20-March 20) - You'll face opposition. You are better off sitting back, listening carefully and mulling over your options. Don't feel guilty or obligated to get involved in something you don't like.

**ARIES** (March 21-April 19) - You'll have a chance to show what you are capable of doing. Set reasonable goals. Express your vision with enthusiasm and a solid plan. Question anyone who is disruptive or deceptive.

**TAURUS** (April 20-May 20) - A change of plans will throw you in an unexpected direction. Don't overreact; do what you do best and keep moving forward. Hard work will pay off in the end; complaining will stand in your way.

Take a close look at what's happening around you before you decide to head in an uncertain direction. Think matters through, be smart about the decisions you make and don't take on more than you can handle. Hone your skills and execute your plans with precision. Don't trust others to know what's best for you.

**GEMINI** (May 21-June 20) - Finish what you start, regardless of what others do or say. Don't count on anyone but yourself when it comes to making a difference. Pick your friends and collaborators carefully.

**CANCER** (June 21-July 22) - Be receptive to new or unusual concepts. Personal growth and enlightenment will foster new beginnings that are not only lucrative, but energizing as well. Be wary of deceptive people.

**LEO** (July 23-Aug. 22) - Work alongside people who share your interests and concerns. Consider where your energy and money will make a difference and structure your plans accordingly. Don't let emotions take charge.

**VIRGO** (Aug. 23-Sept. 22) - Professional matters will challenge you. Make adjustments to fit the changing playing field, and you will stay on top of your game. Control situations instead of letting them lead you.

**LIBRA** (Sept. 23-Oct. 23) - Hone your skills and put them to work in new and exciting ways. Make changes that will help you get ahead. Doing something you enjoy will lift your spirits and improve your health.

**SCORPIO** (Oct. 24-Nov. 22) - Pay atten-

### Answer to Previous Puzzle

C	A	D			M	O	B		T	O	S	S		
H	U	E			B	E	A	R		A	M	A	H	
A	R	E			L	O	R	E		C	I	T	Y	
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P	A	R	E			E	L	L	S			E	S	A
S	P	E	D			R	I	A				D	E	R

- ACROSS**
- 1 Leaf out
  - 4 Smidgen
  - 7 "Kon-Tiki" craft
  - 11 Kind of lock
  - 12 Dot in the Seine
  - 13 Hideous giant
  - 14 Fine and liberal
  - 15 Adapt to new surroundings (2 wds.)
  - 17 Dangers
  - 19 Elvis Costello song
  - 20 Tijuana "Mrs."
  - 21 — Kippur
  - 23 Zinc — ointment
  - 27 Upholstery fabric
  - 29 Dec. neighbor
  - 30 Support
  - 33 Coffee brewer
  - 34 Linger
  - 35 Acorn droppers
  - 36 Mr. Danson
  - 37 "This must weigh — —!"
- 38** Ball club VIP
- 39** Kind of whale
- 41** Ease of mind
- 43** Conniving
- 44** Jacques' friend
- 47** Circle part
- 49** Astonished
- 51** Singer Linda —
- 55** Thread knot
- 56** Toga party site
- 57** "Golly!"
- 58** Whim
- 59** Ruler of Venice
- 60** Cease
- 61** Jeans go-with
- DOWN**
- 1 Wearing less
  - 2 Violet lead-in
  - 3 He played Ricky
  - 4 Lacking moral restraint
  - 5 Dark brew
  - 6 Poker stakes

- 7 007's watch
- 8 Mature
- 9 Calendar abbr.
- 10 Decimal base
- 11 Barks shrilly
- 16 Son of Odin
- 18 Caustic substance
- 22 Gourmet mushrooms
- 24 Monogram pt.
- 25 Nonflying bird
- 26 Steady
- 27 Corporate execs
- 28 Waved
- 30 Grandeur
- 31 Go postal
- 32 Green pods
- 34 Pasture sound
- 39 A Muppet
- 40 Sock hop locale
- 42 Social position
- 44 Sky blue
- 45 Combine
- 46 Still
- 48 Parakeet quarters
- 50 Be next to
- 51 Rural adds.
- 52 Conquistador's quest
- 53 Find fault
- 54 Rec room

	1	2	3		4	5	6		7	8	9	10			
11					12				13						
14					15				16						
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56									57			58			
59									60			61			

THURSDAY, JUNE 10, 2021

## An apparent gift might prove costly

By Phillip Alder

John F. Kennedy claimed: "The ancient Greek definition of happiness was the full use of your powers along lines of excellence."

For a bridge player, thinking along lines of excellence is obviously important. If you don't think of the right bid or play, you will not make it.

In today's deal, South was in three no-trump. How should he have planned the play after West led a low diamond?

South saw eight top tricks: one spade, four diamonds (given the lead) and three clubs. Life looked simple - a 3-2 club split (or a singleton jack), and there would be at least two overtricks in the future. So, declarer won with his diamond 10, cashed the club king and continued with the club 10. West's diamond discard was a blow. South conceded this trick, then things got even worse when East switched to the heart jack. South covered with the queen (ducking wouldn't have helped), and West won with the ace and returned the heart three to East's king. Now the heart two back left West with the nine-seven hovering over South's eight-five. The de-

		North	06-10-21
		♠ 6	
		♥ 10 6	
		♦ A Q 5 4	
		♣ A Q 7 6 4 3	
West		East	
♠ K 10 7		♠ J 9 8 5 2	
♥ A 9 7 3		♥ K J 2	
♦ J 9 8 6 3		♦ 7	
♣ 5		♣ J 9 8 2	
		South	
		♠ A Q 4 3	
		♥ Q 8 5 4	
		♦ K 10 2	
		♣ K 10	
		Dealer: North	
		Vulnerable: Both	
South	West	North	East
		1♣	Pass
1♥	Pass	2♣	Pass
3NT	Pass	Pass	Pass
		Opening lead: ♦ 6	

fenders took one club and four hearts.

The key point for South was that if West were on lead, the defenders could never have cashed four heart tricks. So, declarer should have called for dummy's diamond queen at trick one and continued with a club to his 10. Here, it would have won, and South would have raked in at least 10 tricks. But even if West had held the club jack, the contract would have been safe.

Beware accepting Greek gifts.

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ CVT ZKWIB KM CVT AJGBTZ KI  
CVT DRT DI CVT UKLIDIE DZ JDYT  
ZUTJJIE MLTZV RKMMTT, ”  
— CGLG JDODIZYD

Previous Solution: “Going to a party, for me, is as much a learning experience as, you know, sitting in a lecture.” — Natalie Portman

TODAY'S CLUE: *H sjenbe 7*

### REALITY CHECK



HERMAN

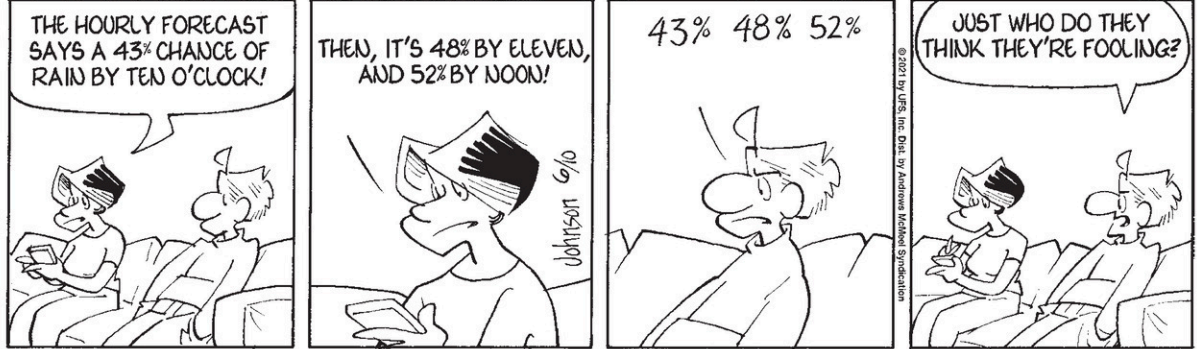


“You name it. I'm collecting for it.”

### ALLEY OOP



ARLO & JANIS



THE BORN LOSER



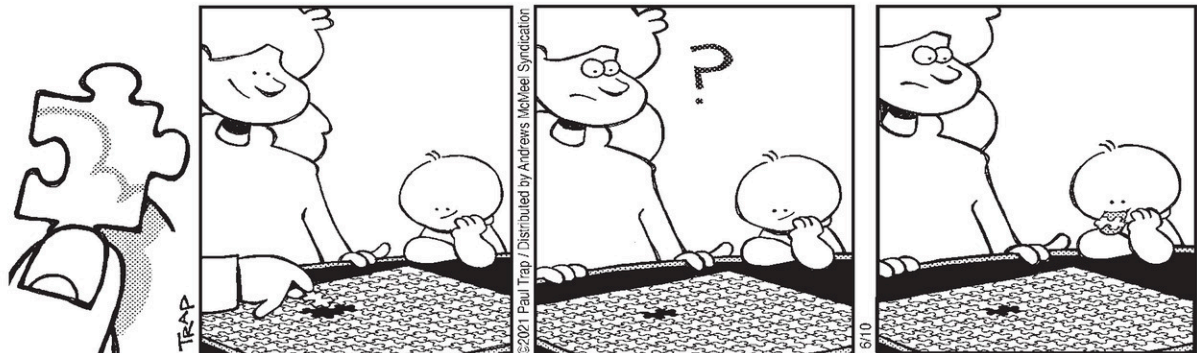
FRANK AND ERNEST



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 The Lennoxville Youth Center will be hosting its A.G.M. on June 29, 2021 at 6 p.m. This year due to the pandemic, the A.G.M. will be hosted virtually. Please RSVP at Facebook.com/Lennyouthcentre to access the event. For question, contact Brooklynn Roy at 819-821-4805 or dg@lennoxvilleyouthcenter.org

# Go with true love

Dear Annie

THURSDAY, JUNE 10, 2021

**Dear Annie:** I've been seeing this guy for almost a year now. We practically live together, in fact. At first, to be honest, we just "hooked up" for, as he put it, "pleasure." But over the course of about three months of these hookups, our relationship got a little more serious, and now, almost a year later, we have deep feelings for each other. We both know that we love each other, too. We talk about our future, making plans for trips together.

The problem is that two of my sons aren't happy about or accepting of our relationship. You see, there is a big age difference between my guy and me. I'm 52, and he is exactly half my age. We don't look at that as a big deal, since we connect on so many levels. Sure, there are some things that are not what each of us are accustomed to, but we look past those things. He has made me feel more sexy and desired than any other man as well. But my two oldest sons, who are older than him, just can't get past the age gap. My oldest son is dead set against it. Any advice you can give me would be appreciated. - In Love but Losing

**Dear ILBL:** The part of your letter that struck me the most was that you say you and your beau "both know" that you love each other: It implies that you two haven't actually said those words to each other. If that's the case, it's time for a "define the relationship" conversation so you can make sure that you're on the same page. If this is indeed true love, then set aside your sons' disapproval. Over time, as they see how much this man means to you, they may come around. A family counseling session including you and your sons might help with the process.

**Dear Annie:** This is in response to "Heart in Shambles," who found out her boyfriend was cheating on her after his other girlfriend sent her a message. From my personal experience, I'd bet her heart is not the only one in shambles. I've been married to the same man for almost 54 years. Let me just say "Heart in Shambles" could have been the women he had affairs with at different times throughout our marriage. I could have told each of them he would never leave me or his children for either one of them. I knew this as a fact, because no matter how much I knew about his philandering, he was always here for holidays or any other celebrations or times he needed to be here. I knew he would never leave.

I won't go into the whys of my decision to stay with him; they are varied and complicated. And every time I read a letter such as hers, I almost feel sorry for women like that.

As an aside, we have both been retired for over a decade, and we are growing older happily, in spite of the heartaches. But whether I speak it out loud or not, the pain and humiliation are still there no matter how much time has passed.

Please continue to advise those like "Heart in Shambles" that they can do better and they should always choose to do better. - Cracked but Not in Shambles

**Dear Cracked:** Time heals most wounds, but scars are a different story. I am glad you and your husband were able to find happiness on the other side of infidelity, though I'm sorry to hear you're still carrying that pain. Thanks for the perspective.

**Dear Annie:** I believe your answer to "Canine Cacophony" provided some practical advice about how to deal with noisy dogs next door. CC had problems enjoying his/her outdoor space because of the noise.

I'd like to provide another perspective. We have one quiet dog. Our next-door neighbor has three noisy pooches who seem to be outside a lot. My neighbors are the kindest people, and they have been there for us in times of emergency and in every neighborly way imaginable. We count ourselves fortunate to have these neighbors - dogs barking and all. Every relationship has its pluses and minuses, and I always say if you don't want to hear crying babies or barking dogs, suburbia is not for you.

That being said, we did put up a privacy fence and let our neighbors know how much we'd miss our backyard chats (there's always the front yard!). Our dog would definitely be in on the barking if he could see his neighbors, and the fence provides a measure of peace for all of us. - Lucky in the Suburbs

**Dear Lucky in the Suburbs:** Good fences make for good neighbors. It sounds like you solved the problem. Your positivity and perspective regarding your neighbors are what makes for a happier life. If we focus on the cup half full, we tend to get more joy and happiness in our lives. Acknowledging your gratitude for your wonderful neighbors while setting the boundaries that make sense for your family sounds like the perfect solution.

Seeing the good in our literal neighbor or our metaphorical neighbor leads us to live a more peaceful life.

**Dear Annie:** It's been interesting and uplifting to read the stories of people persisting in the pursuit of their dreams, proving that you're never too old.

These made me think of a story that may not be all that well-known.

Character actor Burt Mustin did not begin his professional acting career until after he had retired at the age of 67. He made over 150 appearances on TV and in movies in his career, working almost until his death at the age of 92. - Retired Postal worker

**Dear Retired Postal Worker:** Thank you for sharing the story about the character actor.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

# SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

6	5			1	2			7
				5			8	
				8	7			1
	3	6		2				
9		1				7		6
				3		8	9	
1			5	9				
	8			6				
3			1	7			6	9

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## PREVIOUS SOLUTION

6	9	7	5	3	4	2	8	1
8	4	1	6	7	2	3	9	5
3	5	2	9	8	1	6	7	4
1	7	8	3	4	6	5	2	9
9	6	5	8	2	7	1	4	3
4	2	3	1	9	5	7	6	8
5	3	4	7	6	8	9	1	2
7	8	9	2	1	3	4	5	6
2	1	6	4	5	9	8	3	7

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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