



VISITOR'S GUIDE 2017

LIVE THE EXPERIENCE

AT SEA

ON LAND

The Saguenay–St. Lawrence Marine Park is one of the best places in the world for whale watching. Observe whales at sea or from vantage points along the shore. Renowned for the beauty of its scenery, the park protects an exceptional marine area, from surface to seafloor.

#marineparkmoment #SSLMarinePark



Diviseur / D. Coulombe

THE ESSENTIALS

WHALE WATCHING BY BOAT

What fun it is to hear a whale blow or to catch a glimpse of one of these incredible animals at the surface! Take in the fascinating spectacle of marine animals from aboard a boat. Get ready for a journey to the kingdom of whales, seals and seabirds. Select the type of excursion that suits you best. *See pages 3 to 5.*

WHALE WATCHING FROM SHORE

Keep your eyes peeled and your ears open while out walking, biking or driving along the Marine Park's shorelines! You might well glimpse or hear beluga, minke or fin whales, or possibly harbour porpoises, as they swim along the coast. There are surprises in store for you from Baie-Sainte-Catherine to Les Escoumins, with Sacré-Cœur in between.

See the Discovery Network section (pages 8 to 13).

DISCOVERY ACTIVITIES

To satisfy your thirst for knowledge, partake in any one of several activities on offer: Enthusiastic guide-interpreters and fascinating exhibits will give you valuable insights into the many facets of the Marine Park. These helpful resources tell the full story of marine life, from starfish to sharks, as well as the history of local lighthouses and Indigenous populations.

See the Discovery Network (pages 8 to 14).

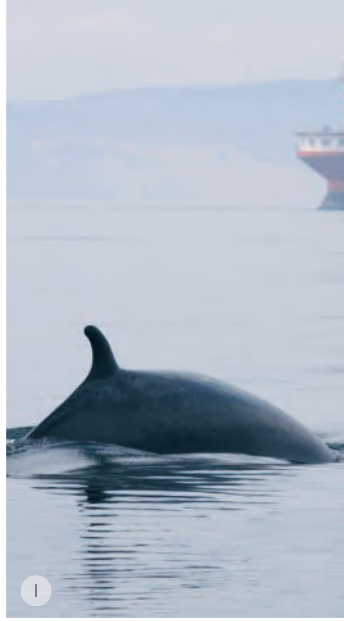
KAYAKING

Whether you paddle with a professional guide or head out on your own, sea-kayaking is a great way to appreciate the vast beauty of the Marine Park. Carefully prepared kayak outings provide all of the pleasures of the great outdoors in complete safety. For an excursion lasting several days take advantage of campsites located along the edges of the park.

See pages 3 and 6.

SPECTACULAR VISTAS

Discover the numerous vantage points that border the Saguenay Fjord and St. Lawrence Estuary on foot, by car or by bicycle. Once you begin to admire the sights along the shore, listen to the crash of waves on the beach and breathe in the salt air; it won't be long before you've left the daily grind behind. The **Discovery Network** guarantees a real change of scenery all along the perimeter of the Marine Park *(pages 8 to 14).*



MARINE PARK MANDATE

To preserve marine life in a portion of the Saguenay Fjord and St. Lawrence Estuary, while encouraging its use for educational, recreational and scientific purposes, for the benefit of present and future generations.

The governments of Canada and Quebec regulate activities in the Marine Park with a view to ensuring the sustainable use of this area and its resources. Regional stakeholders contribute to achieving Marine Park objectives.



YOUR SAFETY: YOUR RESPONSIBILITY

Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important that you be aware of the risks inherent in each activity, respect your limits and use appropriate equipment.



EXPERIENCE THE SEA!

Whether you are seeking adventure or a quiet tour on the water, you will be delighted. Take the full measure of wide open spaces, each excursion is unique!

WHAT IS THE BEST TIME TO SEE WHALES?

Whether you are seeking adventure or a quiet tour on the water, you will be delighted. Take the full measure of wide open spaces, each excursion is unique!

A GUIDED AND SUPERVISED EXCURSION

All businesses presented in this guide hold Saguenay–St. Lawrence Marine Park marine tour permits. Captains and sea-kayak guides working for these businesses must successfully complete relevant regulations training offered by Parks Canada.

WHAT BOAT TO CHOOSE?

The rules governing approaches are the same for whatever type of boat you choose. Your captain will stay within regulated speeds and respect the approach distances to be maintained in the vicinity of whales. While sea-kayaking, your guide will make sure you maintain appropriate distances and navigate in complete safety.

WHAT TO BRING?

Even in summer, it is colder on the water than on land. Warm, comfortable clothing is highly recommended.



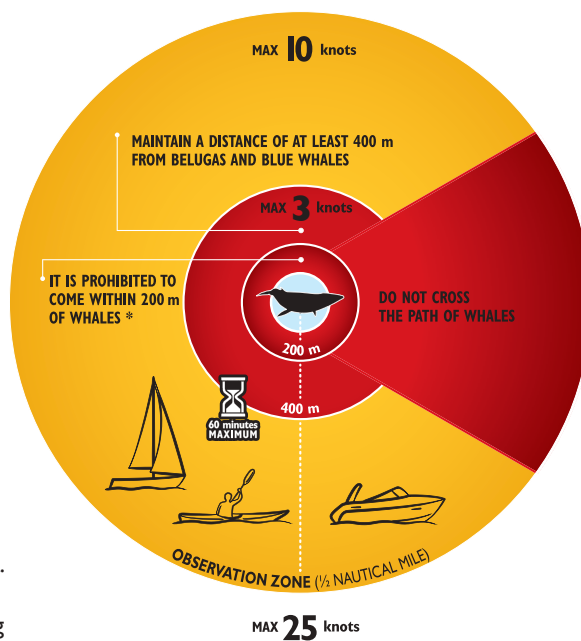
Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations

Developed in partnership with marine tour companies, the Regulations provide a framework for activities carried out in the Marine Park. The Regulations indicate the maximum navigational speed permitted throughout the park, as well as distances and speeds to be respected when marine mammals are present.

Regulations were modified on January 1, 2017 to better protect marine mammals. Consult marinepark.qc.ca/protect, or contact us for further information.

Here is an overview of the new measures:

- Stopping within ½ nautical mile of beluga and blue whales is prohibited.
- The maximum speed permitted at the mouth of the Saguenay is 15 knots.
- The use of personal watercraft (jet skis), hovercraft and traction water sports are prohibited within the boundaries of the park.
- Do not disturb marine mammals, for example, by feeding, touching or attempting to swim with them.



ALL WATERCRAFT IN THE MARINE PARK MUST COMPLY WITH THESE REGULATIONS.

OBSERVATION ZONE

½ nautical mile = 926 metres

SPEED

3 knots	=	5.56 km/h	=	3.45 mph
10 knots	=	18.52 km/h	=	11.50 mph
15 knots	=	27.78 km/h	=	17.26 mph
25 knots	=	46.30 km/h	=	28.77 mph

In the event of any disparity, the text of the Regulations shall take precedence over the information presented in this guide.

* Under certain conditions, marine tour permit-holders (i.e., whale-watching vessels) are permitted to approach to a distance of 100 m from whales, other than beluga and blue whales.

Did you know...?

To learn more about whales, visit marinepark.qc.ca/get-to-know/

Four migratory great whale species can be seen in the Marine Park in the summer; they are the minke whale, the fin whale, the humpback whale and the blue whale.

The beluga whale and harbour seal are the only marine mammals that live year round in the St. Lawrence Estuary. Can you tell which is which?



BOAT EXPERIENCE



Aventure Écotourisme Québec | www.aventure-ecotourisme.qc.ca

Croisières AML

| 800 563-4643

croisieresaml.com



Lose yourself in a different way with Croisières AML! Live an exceptional experience aboard the best observation boats in Canada accompanied by certified bilingual guide-naturalists that share their passion for marine mammals!

Departures from Tadoussac, Baie-Sainte-Catherine, Rivière-du-Loup

Croisières Neptune

| 877 7NEPTUNE

croisieresneptune.net

Discover marine mammals in the company of our experienced captains and our bilingual naturalists aboard our glass-topped boat. We welcome people of all ages. A family-owned business for 27 years.

Departures from Les Escoumins

Les Navettes maritimes du Fjord

418 543-7630 / | 800 363-7248

croisieresdufjord.com



Transform your trips into unforgettable excursions aboard one of our vessels that travel the Saguenay Fjord from June through October. Use our water shuttles to discover villages and attractions, such as the Notre-Dame-du-Saguenay statue and the impressive capes Trinité and Éternité!

Departures from La Baie, Sainte-Rose-du-Nord, Rivière-Éternité, L'Anse-Saint-Jean and Tadoussac

Société Duvetnor

| 877 867-1660

duvetnor.com

Guided, informative observation and discovery excursions on the St. Lawrence. Remarkable biological diversity, seal haul outs, cliffs teeming with seabirds, beluga whales and visits to historic sites.

Departures from Rivière-du-Loup

Marine Environment Discovery Centre

418 233-4025 / 418 233-4414

parcscanada.gc.ca/saguenay

Take the *Nordic Snorkelling* challenge, a near-shore swim tour with dive suit, flippers, mask and snorkel provided. Services are also available for SCUBA divers: rentals, dive tank filling, guided dives, developed access, change rooms and showers.

Marine Environment Discovery Centre
41, rue des Pilotes, Les Escoumins

Accès plongée Saguenay

| 800 PLONGÉE (756-6433)

418 699-1000

accesplongeesaguenay.com

Accès Plongée Saguenay offers guide services from aboard a boat. Discover the subaquatic treasures of the St. Lawrence in complete safety with our qualified personnel. Advanced divers can experience a night dive in the middle of the day in the Saguenay Fjord.

Departures from Les Escoumins and the La Baie marina

EXPERIENCE DIVING

Dive into the heart of magnificent coloured gardens and discover the many animals hiding beneath the surface. The cold, salt waters of the St. Lawrence Estuary are home to a diverse range of impressive marine life.

Paradis marin

4, chemin Émile-Boulianne, Les Bergeronnes
Tel.: 418 232-6237

Launch site, showers and washrooms.

INFLATABLE BOAT EXPERIENCE



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ECO-WHALE ALLIANCE



The Eco-Whale Alliance consists of four marine tour businesses, the Group for Research and Education on Marine Mammals (GREMM) and the managers of the Saguenay–St. Lawrence Marine Park: Parks Canada and Parcs Québec. In collaboration with captains and naturalists, Alliance members work to develop best practices for responsible whale watching. Encourage them by choosing a Proud Member of the Eco-Whale Alliance for your next outing!

Croisières Neptune

| 877 7NEPTUNE

croisieresneptune.net

Come aboard our latest generation zodiac-type boats to discover marine mammals. Safety and comfort are guaranteed with experienced captains. Complete high-quality equipment is provided. A family-owned business for 27 years.

Departures from Les Escoumins

Croisières AML

| 800 563-4643

croisieresaml.com



For an outstanding nature experience aboard one of our inflatable 24 and 48 passengers boats. In the company of certified bilingual naturalist guides, enter the whales' compelling environment. Ideal for thrill seekers!

Departures from Tadoussac and Baie-Sainte-Catherine

Les Écumeurs du Saint-Laurent

| 888 817-9999

lesecumeurs.com



Les Écumeurs offers you a personalized excursion for watching whales and other mammals in the Marine Park. You'll enjoy a unique and exciting experience aboard our 12-passenger zodiac-type boats.

Departures from Les Escoumins

Croisière Escoumins

| 866 baleine / 418 233-4061

croisierebaleine.ca

Set out on an adventure to the whale paradise aboard a new generation of safer and more ecological zodiac-type craft. Experienced captains, theme cruises, whales guaranteed or your money back.

Departures from the private wharf in Les Escoumins

Organisation - Le Québec Hors Circuits

418 579-8763

organisation.com



Explore the majestic Saguenay Fjord, a maritime corridor, flanked by steep cliffs, that flows into the St. Lawrence Estuary, a meeting place for whales and other marine mammals. A natural experience on a human scale.

Departures from l'Anse de Saint-Étienne (Petit-Saguenay)

Croisières Essipit

| 888 868-6666 / 418 232-6778

vacancesessipit.com



Personalized whale-watching cruises aboard 12 and 36-passenger inflatable boats. Our experienced guides will share their knowledge of the marine environment. Simply unforgettable: respect and protect whales. Kuei! Welcome!

Departures from Les Bergeronnes

Parc national du Fjord-du-Saguenay

| 800 665-6527

parcsquebec.com



On leaving one of the most beautiful bays in the Marine Park, take your place aboard an inflatable boat and begin your adventure with our experienced naturalist guides. Discover a protected ecosystem with a biodiversity that is unique in the world.

Departures from the Baie-Éternité wharf

SEA KAYAK EXPERIENCE



Aventure Rose-des-Vents

418 675-2625

aventurerosedesvents.com

Aventure Rose-des-Vents proposes personalised excursions to discover the Fjord. Beneath a full moon among friends or in the morning with family, our guides know how to offer you a memorable experience.

Departures from Sainte-Rose-du-Nord

Centre de vacances – Ferme 5 étoiles

418 236-4833 / 1 877 236-4551

ferme5etoiles.com



Lovers of nature and water activities come experience the Saguenay Fjord with us. Discover the beauty of the Fjord and its steep mountains by kayak: "Sunset" introduction, half-day outings or one to five-day expeditions.

Departures from Anse-de-Roche near Sacré-Coeur

Fjord en Kayak

1 866 725-2925

fjorkenkayak.ca



"Canadian Signature Experience." Short, guided excursions on the Fjord (children three years of age and older) and multi-day expeditions with cuisine. Distinctions: small groups, fibreglass kayaks, personalised service, skilled guides.

Departures from L'Anse-Saint-Jean

ARE YOU PLANNING A SEAGOING ACTIVITY WITHOUT A CERTIFIED GUIDE?

Before you set out, learn the directives you will need to follow and the required equipment to ensure your outing is safe and enjoyable.

See tc.gc.ca/marinesafety.

Weather conditions can change rapidly and strong marine currents could make your outing hazardous. For your safety, stay close to the shoreline and always keep it in sight, particularly in foggy conditions. Due to regular shipping traffic, avoid making "shore-to-shore" crossings.

See marinepark.qc.ca/sea-kayak

Katabatik – Aventure dans Charlevoix

1 800 453-4850 / 418 665-2332

katabatik.ca



Specialists in guided sea kayaking excursions, our guides are dedicated to the St. Lawrence upper estuary. Abundant marine wildlife, amazing geomorphology, the Charlevoix coast is a paradise for paddlers.

Departures from Baie-Saint-Paul, Cap-à-l'Aigle and Baie-des-Rochers

Kayaks du Paradis

418 232-6237

campingparadismarin.com

Guided tours with a focus on safety and nature discovery. This adventure sport will give you the feeling that wildlife is so close you can touch it!

Departures from Les Bergeronnes

Mer et Monde Écotours

1 866 637-6663

meretmonde.ca



An intimate experience linking humans to nature, where the sea kayak is the preferred tool for observing the marine environment. Our professional team invites you to experience unforgettable moments.

Departures from Les Bergeronnes and Tadoussac

Organisation – Le Québec Hors Circuits

418 579-8763

organisation.com



Discover the secrets of the Saguenay Fjord in the company of our keen and professional guides. Be it a simple, half-day excursion or a multi-day expedition, take advantage of our packages designed to your specifications.

Departures from La Baie, Sainte-Rose-du-Nord and Petit-Saguenay

Parc national du Fjord-du-Saguenay

1 800 665-6527

parcsquebec.com



Explore the most beautiful portions of the Fjord with our experienced naturalist-guides. An intimate rendezvous in the heart of an impressive natural setting and a unique marine environment.

Departures from Baie-Éternité



Show you care, keep your distance

KAYAKERS AND RECREATIONAL BOATERS: TAKE PART IN THE PROTECTION EFFORT!

Beluga whales and blue whales are endangered; these animals need protection to help in the recovery of their population. While navigating through the Marine Park, you will be in the centre of their habitat and may encounter these species. It is a privilege to be able to see them in their natural environment. Keep your distance.

CAUTION: BABY BELUGA WHALE!

Beluga whales give birth in summer, particularly in July and August. This is a crucial period for the survival of mothers and their offspring. Females require calm to raise their newborn calves. When beluga whales approach your vessel, they react to your presence and modify their behaviour. Your presence could possibly interrupt resting, feeding or even calving and nursing. Repetitive disturbance can affect the survival of young animals, beluga whale health and reproduction. Remain at a distance of at least 400 metres.

To learn about best practices when in the presence of beluga whales, visit: marinepark.qc.ca/protect/#beluga

Regulations (page 3) are in force throughout the Marine Park, and park wardens provide surveillance. Disturbing marine mammals is prohibited, even beyond the limits of the Marine Park.



A beluga whale and her calf.
Photo taken with respect to the aforementioned.

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IF YOU SEE ONE OR SEVERAL BELUGA WHALES:

1. Do not try to approach them: remain at a distance of at least 400 metres.
2. If a beluga whale approaches your vessel:
 - Do not stop. Continue navigating or paddling to a distance greater than 400 metres from all beluga whales.
 - Avoid repetitively changing direction. If it is impossible to remain at a distance of 400 metres, maintain your course.
 - As long as you are within one half of a nautical mile (926 metres) of beluga whales, maintain a constant speed of between 5 and 10 knots, with the exception of kayakers.

EXPERIENCE ON A SAILING VESSEL



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DAMACHA – ÉCOLE DE VOILE CROISIÈRE

| 866 278-5355 / 418 434-2435
damacha.qc.ca

Damacha trains all levels of sailors. Cruise the Fjord, the Estuary and the Gulf from Tadoussac. Experience life aboard a sailboat in the splendour of nature as it was in the days of the discoverers of this world.

Departures from Tadoussac

VOILE MERCATOR

| 888 674-9309
voilemercator.com



Navigate by sail on the Saguenay Fjord and the St. Lawrence Estuary. Three to seven-hour initiation excursions and 2 to 16-day cruise sailing courses are available. Accredited by Sail Canada and Aventure Écotourisme Québec.

Departures from L'Anse-Saint-Jean, Baie-Éternité, Tadoussac and La Baie



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FREE!

To get your copy of the Saguenay–St. Lawrence Marine Park

Boater's Guide

write to

info.marinepark@pc.gc.ca












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LIVE THE
EXPERIENCE
ON LAND!




The Saguenay–St. Lawrence Marine Park Discovery Network



LEGEND

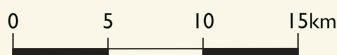
-  Marine Park information site
-  Municipality
-  Shuttle
-  Ferryboat
-  Hiking trail
-  First-Nation community
-  Saguenay–St. Lawrence Marine Park
-  Parc national du Fjord-du-Saguenay
-  Other protected areas

DISCOVERY SITE

-  Saguenay
-  Côte-Nord
-  Bas-Saint-Laurent
-  Charlevoix

22 ways to discover the Marine Park: meet genuinely enthusiastic people, take in fascinating exhibits, enjoy fabulous outings and explore the great outdoors.

FIND COMPLETE DESCRIPTIONS ON PAGES 10 TO 14.





This map is not to be used for legal or navigational purposes.

LIVE THE PARKS CANADA EXPERIENCE

FREE ACCESS IN 2017 IN
CELEBRATION OF THE
150TH ANNIVERSARY OF
CONFEDERATION.



parkscanada



CANADA 150

Exceptional views onto the Marine Park! See whales, seals and seabirds near the shore. Encounter naturalist-guides and benefit from their knowledge. Daily activities proposed. Sea life exhibits and visit of a light station. Binoculars and spotting scopes are available for your use. Follow divers live on a big screen (reservations recommended) or take the dive yourself! (See p. 4)

parkscanada.gc.ca/saguenay



1



2



3

POINTE-NOIRE INTERPRETATION AND OBSERVATION CENTRE

141, route 138
Baie-Sainte-Catherine
Tel.: 418 237-4383 /
418 235-4703 (off-season)
Latitude: 48.122849
Longitude: -69.71823

Schedule
June 17 to Sept. 4:
Everyday
Sept. 5 to Oct. 9:
Friday to Sunday
and holiday.

CAP-DE-BON-DÉSIR INTERPRETATION AND OBSERVATION CENTRE

13, ch. du
Cap-de-Bon-Désir
Les Bergeronnes
Tel.: 418 232-6751
418 235-4703 (off-season)
parkscanada.gc.ca/saguenay
Latitude: 48.276413
Longitude: -69.476064

Schedule
June 17 to Sept. 10:
Everyday
Sept. 11 to Oct. 9:
Wednesday to Sunday
and holiday

MARINE ENVIRONMENT DISCOVERY CENTRE

41, rue des Pilotes
Les Escoumins
Tel.: 418 233-4414
418 235-4703 (off-season)
parkscanada.gc.ca/saguenay
Latitude: 48.319463
Longitude: -69.413187

Schedule
June 17 to Sept. 4:
Everyday
Sept. 5 to Oct. 9:
Friday to Sunday
and holiday

EXPERIENCE PARCS QUÉBEC

TAKE A FRONT-ROW SEAT AND
DISCOVER THE MARINE PARK
FROM ONE END OF THE FJORD
TO THE OTHER!

Access fees apply. Free for children 17 and under.



Indulge in outdoor activities on land, at sea and in the air! Hiking trails provide extraordinary views onto the Fjord from Tadoussac to Éternité Bay. Try the *Via ferrata des Géants* with its impressive aerial pathways. Observe beluga whales from the observation deck half way along the Fjord on the shores of Sainte-Marguerite Bay and discover the fascinating universe of this protected species with the help of our naturalist-guides.

parcsquebec.com



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5



6

PARC NATIONAL DU FJORD- DU-SAGUENAY, BAIE-ÉTERNITÉ SECTOR

91, rue Notre-Dame
Rivière-Éternité
Tel.: 1 800 665-6527 /
418 272-1556
parcsquebec.com
Latitude: 48.2576
Longitude: -70.4016

Schedule
May 19 to October 9:
Everyday

PARC NATIONAL DU FJORD- DU-SAGUENAY, BAIE-SAINTE- MARGUERITE SECTOR

1121, route 172 Nord
Sacré-Cœur
Tel.: 1 800 665-6527
418 236-1162
parcsquebec.com
Latitude: 48.264924 |
Longitude: -69.945434

Schedule
May 19 to October 9:
Everyday

PARC NATIONAL DU FJORD- DU-SAGUENAY, BAIE-DE- TADOUSSAC SECTOR

Pointe-de-l'Islet et
Sentier le Fjord
Tadoussac
Tel.: 1 800 665-6527
parcsquebec.com
Latitude 48.141032
Longitude: -69.725468

**Schedule and fees
(Le Fjord trail only):**
June 9 to October 22:
Everyday

CENTRE ÉCOLOGIQUE DE PORT-AU-SAUMON



Centre écologique de Port-au-Saumon

7

3330, boul. Malcolm-Fraser (route 138) La Malbaie (Saint-Fidèle sector)

Tel.: 418 434-2209
1 877 434-2209
cepas.qc.ca

Latitude: 47.765055
Longitude: -69.952247

Schedule:

June 26 to August 17

Admission:

Interpretive Trail (10 a.m. and 2 p.m.)
Adult: \$8
Child (5 to 12): \$5
Touch tank (10 a.m., 11 a.m., 2 p.m. and 3 p.m.)
Adult: \$5
Child: \$3
Low tide (July 8, 13, 14 and 27, August 6 and 7)
Adult: \$10
Child: \$5



CENTRE ÉCOLOGIQUE DE PORT-AU-SAUMON
DE L'ÉTOILE DE MER À L'ÉTOILE POLAIRE

Wander through our interpretive trail. Observe and handle various St. Lawrence marine organisms. **RECENTLY ADDED:** Discovery activities at low tide in Port-au-Saumon Bay.

PORT-AU-PERSIL



GOXplore / Port-au-Persil

8

555, chemin de Port-au-Persil Saint-Siméon

Municipality of Saint-Siméon

Tel.: 418 620-5010
saintsimeon.ca

Latitude: 47.807676
Longitude: -69.899472

Schedule

Year round

Admission

Free

A haven of peace in phase with the tides, Port-au-Persil is a member of the "Association des plus beaux villages du Québec" (Association of Quebec's Most Beautiful Villages).



PARC MUNICIPAL DE LA BAIE-DES-ROCHERS



Païcs Cahada / J.-L. Provancher

9

Baie-des-Rochers Municipality of Saint-Siméon

Tel.: 418 620-5010
saintsimeon.ca

Latitude: 47.953704
Longitude: -69.81283

Schedule

Spring to fall

Admission

Free

Hike one of the marked trails and take time out to enjoy the delightful surroundings and breath-taking views of the St. Lawrence Estuary.



PETIT-SAGUENAY



Laurent Lavoye

10

Tourist information
61, rue Dumas
Petit-Saguenay
Tel.: 418 272-3219
petit-saguenay.com
Latitude: 48.209261
Longitude: -70.067463

Schedule

May 15 to November 1

Admission

Free

Discover the Fjord at two exceptional locations: the wharf, with its magical sunsets, and Saint-Etienne beach, a haven of peace in rhythm with the tides.



Petit-Saguenay
...un territoire

L'ANSE-SAINT-JEAN



L'Anse-Saint-Jean / J. Grosse

11

3, rue du Couvent
L'Anse-Saint-Jean
Tel.: 418 272-2633
lanse-saint-jean.ca
Latitude: 48.233554
Longitude: -70.205869

Visitor kiosk

Schedule

Late June through mid-September:
Every day

Tel.: 418 272-2974

Admission

Free

Nestled along the shores of the majestic Saguenay Fjord, discover the charms of this picturesque village by way of the many outdoor activities and services available year round.



L'ANSE-SAINT-JEAN
-1888-

MUSÉE DU FJORD



Musée du Fjord

12

3346, boul. de la Grande-Baie Sud
Saguenay (La Baie borough)
Tel.: 418 697-5077
1 866 697-5077
museedufjord.com

Latitude: 48.317447
Longitude: -70.853845

Schedule

June 24 to Sept. 4:
Every day
September 5 to June 23: Tuesday to Sunday

Admission

Adults: \$15
Children (6 to 17): \$8.50
Family and group rates available

Winner of 12 awards of excellence, the Fjord Museum invites you to discover the Saguenay Fjord and the history of its people through exciting exhibitions, a large aquarium and a unique multimedia experience.



MUSÉE DU FJORD

SAINTE-ROSE-DU-NORD



Parks Canada / L. Lévesque

13

126, rue de la Descente-des-Femmes
Sainte-Rose-du-Nord
Tél. : 418 675-2250
ste-rosedunord.qc.ca
Latitude : 48.388247
Longitude : -70.58699

Corporation nautique du quai

Schedule
May to October

Tourist Information

213, rue du Quai
Schedule
June to September
Tel.: 418 675-2346

Admission
Free

Visit the "Pearl of the Fjord", a town set in a valley between capes with kilometres of trails that lead to the most beautiful panoramic vantage points onto the Fjord.



ANSE-DE-ROCHE DOCK



Parks Québec, Parc national du Fjord-du-Saguenay

14

346, ch. de l'Anse-de-Rocher
(via route 172)
Sacré-Cœur

Latitude: 48.218251
Longitude: -69.87456

Schedule
Early June to the end of September

Admission
Free entry
Boat launch:
Boats: \$9 + tx
Kayaks: \$5 + tx

Information for the marina:
418 236-4325

A seaport surrounded by majestic landscapes with unforgettable sunsets. Picnic area, kayak outings. Situated 12 nautical miles from Tadoussac.



CENTRE D'INTERPRÉTATION DES MAMMIFÈRES MARINS (CIMM)



GREMM / M. Loiseleur

15

108, rue de la Cale-Sèche
Tadoussac
Tel.: 418 235-4701
baleinesendirect.org
gremm.org

Latitude: 48.138325
Longitude: -69.719292

Schedule
Mid-May to mid-October:
Every day

Admission
Adults: \$12 (plus taxes)
Accompanied children (18 and under): Free

Where are the whales? Who are they? What are researchers doing? A visit to this centre is a must! Exhibition, film, specialists. Take part in world-renowned whale-sonic classes.



POSTE DE TRAITE CHAUVIN



P. Noël

16

157, rue du Bord-de-l'Eau
Tadoussac
Tel. 418 235-4657
418 235-4446
poste 229
tadoussac.com

Latitude: 48.140815
Longitude: -69.716425

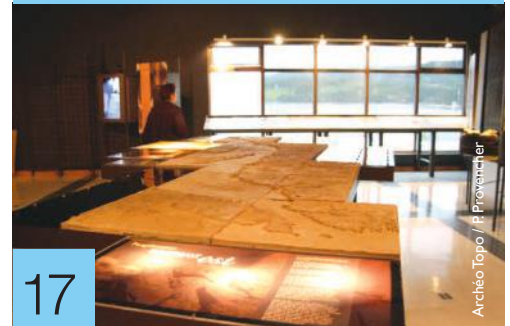
Schedule
June to October:
Every day
May: upon reservation, with groups

Admission
Adults: \$4
Seniors: \$3
Children and students: \$2.50

This reproduction of the first New France trading post celebrates its 75th anniversary in 2017. Relive the first days of the colony through an interactive and entertaining exhibit on contacts between Europeans and Innu.



CENTRE ARCHÉO TOPO



Archéo Topo / P. Provancher

17

498, rue de la Mer
Les Bergeronnes
Tel. 418 232-6286
archeotopo.com

Latitude: 48.228976
Longitude: -69.553217

Schedule
May to mid-October

Admission
Family: \$17
Adults: \$8
Seniors: \$7
Students: \$5
Children (7 to 12): \$4
Group rates

Explore the exhibit on human occupation of the North Shore (Côte-Nord) from the first Indigenous to the present day. Discover the lives of ancient Indigenous communities. Pottery, beading, dream-catcher fabrication and stone-cutting workshops.



PARC NATUREL ET HISTORIQUE DE L'ÎLE AUX BASQUES



Parcs Canada / L. Lévesque

18

Boarding:
Trois-Pistoles Marina

Tel.: 418 851-1202
provancher.org

Latitude: 48.133079
Longitude: -69.184890

Schedule

June 5 to September 5
Variable, depending on tides

Admission

Adults: \$29.75
Youth (7-15): \$16.75
Children (6 and under): \$6.75
Taxes included

A natural heritage showpiece, île aux Basques is a National Historic Site, a migratory bird sanctuary and a nature preserve. The island is home to historical monuments, Basque ovens and an interpretation centre. Rustic cottage accommodation is available.



BAIE DE L'ISLE-VERTE NATIONAL WILDLIFE AREA



PAAC / Bas-St-Laurent

19

La Maison Girard Interpretation Centre
371, route 132 Est
L'Isle-Verte

Tél.: 418 898-2757 / 418 867-8882,
ext. 201 (Low season)
ec.gc.ca/ap-pa

Latitude: 48.023512
Longitude: -69.327132

Schedule

Mid-June to early September

Admission

Free

Follow the trails on the Estuary's south shore and observe the largest grassy salt marsh along the St. Lawrence.



ÎLE-VERTE LIGHTHOUSE NATIONAL HISTORIC SITE OF CANADA



Parcs Canada / V. Busque

20

Les Maisons du Phare de l'île Verte
2802, chemin du Phare
Notre-Dame-des-Sept-Douleurs

Tel.: 418 898-2730
phareileverte.com

Latitude: 48.051006
Longitude: -69.423616

Horaires

June 10 to September 17
Off season: group reservations only.
Ferry crossing regulated by the tide
traverseileverte.quebec

Admission

\$88 / single occ. and \$120 / double occ. (plus taxes)

Guided visit of the lighthouse and museum. Observe whales and seals from the shore. On July 13, participate in activities related to the Journée québécoises des phares (Quebec Lighthouse Day). Accommodation available at the Les maisons du Phare Inn.



ST. LAWRENCE EXPLORATION CENTRE



Studio du Ruisseau / SMQ

21

80, rue Mackay
Rivière-du-Loup
Tél.: 418 867-8796 / 418 867-8882,
poste 206
romm.ca

Latitude: 47.860305
Longitude: -69.552173

Schedule

June 11 to September 3

Admission

Adults: \$7.50
Children (6-17): \$4
Family and group rates available

Discover St. Lawrence marine resources in their natural surroundings. Touch, observe and allow yourself to be guided to the core of an amazing array of flora and fauna.



ÎLES DU POT À L'EAU-DE-VIE AND ÎLE AUX LIÈVRES



Jean Bédard / Sauvagiles

22

200 rue Hayward
Rivière-du-Loup
Tél.: 1 877 867-1660
duvetnor.com

Latitude: 47.84729
Longitude: -69.567567

Schedule

Early June to the end of September

Admission

Depending on the tour and duration of the stay

Ecotourism experience, with a visit to bird sanctuaries, romantic nights on an island, guided cruises, hiking in a natural environment and exploration of historical sites.



Parcs Canada / V. Busque

10 ACTIVITIES NOT TO BE MISSED!

JUNE TO OCTOBER

1 EMBARK UPON A MODERN-DAY TREASURE HUNT: GEOCACHING!

Equipped with a GPS, set off in search of Parks Canada's geocaches. Do a search for "The White Whale," "La Fidèle," "Magtogoek" or "A Fragile Ecosystem" on geocaching.com.

2 DO YOUR CHILDREN LOVE TO EXPLORE?

Ask for the Xplorer program booklet when you enter one of the Parks Canada sites.



3 ON THREE FULL-MOON EVENINGS... WE JAZZ IT UP UNDER THE MOON!

Unique in Quebec. Magical evenings spent outdoors on the riverbank where whales peacefully make room for the moon and its silvery ribbon as it decorates the scene for a jazz concert. An experience worth living!

On Saturday, July 8, August 5 and September 9, 2016, at around 8 p.m. (about one hour before moonrise).

Marine Environment Discovery Centre
41, rue des Pilotes, Les Escoumins
(Activity to be held indoors in the event of inclement weather).

For reservations call : 418 232-6653

4 EXPLOS-NATURE : ÉDUCATION-RECHERCHE

302, rue de la Rivière, Les Bergeronnes
Tel.: 418 232-6249 explosnature.ca

Children discover the natural sciences through their five senses! Nature classes for educational institutions, family camps and science day-camps. This non-profit organization is dedicated to education and research of the natural world.

JULY AND AUGUST

5 QUEBEC LIGHTHOUSE DAY

July 13, 2017

Participate in special activities and discover the Marine Park's lighthouses. Along with other navigational aids, they contribute to improving safety on the St. Lawrence.



14 Quebec Lighthouse Day routedesphares.qc.ca/journee/



6 BIOBLITZ CANADA 150 AT THE MARINE ENVIRONMENT DISCOVERY CENTRE

July 22 to 29, 2017

Use a microscope or participate in the activity the St. Lawrence Live* and identify plants and animals that are protected by the Saguenay-St. Lawrence Marine Park. Are you a certified diver? Identify marine organisms by exploring park waters.

* Reservation recommended,
\$4.90 per person.

7 AUGUST IS ARCHAEOLOGY MONTH!

The Centre Archéo Topo proposes a tour through the Les Bergeronnes digs accompanied by an archaeologist guide. The archaeological dig simulation workshop is a unique experience for children to discover arrowheads, pipes, pottery shards, and other artefacts.

Centre Archéo Topo: 418 232-6286

SEPTEMBER AND OCTOBER



8 FESTIVAL MARIN DES ESCOUMINS (LES ESCOUMINS MARINE FESTIVAL)

September 2 and 3 (Labour Day weekend)

Gaze in wonder at the St. Lawrence's underwater seascapes. Attend film screenings and follow divers as they perform a night dive. You'll be amazed by the marine life on display! Photo contest and underwater treasure hunt. Details available on our Facebook page!

Marine Environment Discovery Centre
41, rue des Pilotes, Les Escoumins

For information: 418 233-2766, ext. 26.

9 LET YOURSELF BE CHARMED BY BOREAL OWLS

Learn about research carried out at the Observatoire d'oiseaux (Tadoussac Bird Observatory) and see a master bird bander work with these tiny night owls. As an observer, you can even participate in making the rounds of the nets! (Activity offered in French).

Parc national du Fjord-du-Saguenay
Tel.: 418 272-1556 sepaq.com/pq/sag



10 FESTIVAL DES OISEAUX MIGRATEURS DE LA CÔTE-NORD NORD (NORTH SHORE MIGRATORY BIRD FESTIVAL)

During the 3rd weekend of September, experienced birdwatchers and nature lovers are invited to participate in the following activities: bird-watching excursions (pelagic birds and shorebirds), bird banding, and conferences open to the general public.

festivalmigrateurs.com



Show you care, keep your distance

THE ST. LAWRENCE BELUGA WHALE IS ENDANGERED

Parks Canada and Parcs Québec contribute to protection efforts

Beluga whales were historically abundant in the waters of the St. Lawrence. There were between 7800 and 10 000 individuals at the end of the 19th century. Unfortunately, intensive commercial whaling in the early 20th century very nearly wiped them out. The St. Lawrence beluga whale population has not recovered, despite a whaling ban that has been in place since 1979. The population is presently thought to be in decline. There are only an estimated 889 belugas remaining in the St. Lawrence.

The need to protect beluga whales and a large part of their summer habitat prompted the creation of the Saguenay–St. Lawrence Marine Park in 1998. It also led to the implementation of a number of protection, research and awareness activities. Numerous organizations, institutions and governments contribute to these efforts.

Parks Canada and Parcs Québec are also doing their part to protect and heighten awareness of this magnificent animal. On your visit to the marine park area, you may witness some of their initiatives.

INCREASED AWARENESS:

- Tour boat captains and the sea kayaking guides participate in annual training courses. If you embark with them, you will benefit from their knowledge;
- By visiting *Discovery Network* sites you will explore various facets of the Marine Park while gaining access to information about beluga whales;
- You may encounter one of the teams dedicated to research, awareness or monitoring who ply the waters of the Marine Park aboard a Parks Canada or a Parcs Québec boat;

PARTNERSHIP:

- We are working with Fisheries and Oceans Canada to educate recreational boaters and kayakers to take care of beluga whales by keeping their distance.
- Marine excursion companies, Parks Canada, Parcs Québec and the Group for Research and Education on Marine Mammals (GREMM), came together to form the *Eco-Whale Alliance* in order to improve visitor experience and whale-watching practices within the Marine Park;
- We work in consultation with maritime transport specialists in order to reduce the risk of collisions with whales and to limit disturbances;

- The beluga whale carcass recovery and examination program furthers understanding of the state of health of these animals and identifies causes of death;

ACTIVITIES MANAGEMENT:

- The *Marine Activities in the Saguenay–St. Lawrence Marine Park* Regulations were developed in collaboration with marine excursion companies. Parks Canada park wardens oversee the application of these Regulations;

RESEARCH:

- In addition to contributing to a number of studies, our teams study the distribution and abundance of beluga whale prey and vessel movements of within its habitat.

Our efforts supplement those of a large number of stakeholders. Protecting the St. Lawrence beluga whale is everyone's business. Without your help, we will not be able to achieve this worthwhile goal.



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NEED MORE INFORMATION ABOUT THE MARINE PARK?

Saguenay–St. Lawrence Marine Park

info.parcmarin@pc.gc.ca | marinepark.qc.ca |

 Follow us on facebook.com/SaguenayStLawrenceMP

 Share your #marineparkmoment #SSLMarinePark

PARKS CANADA

182, rue de l'Église
Tadoussac (Québec)
G0T 2A0

Tel.: 418 235-4703
Tel.: 1 888 773-8888
information@pc.gc.ca
parkscanada.gc.ca

PARCS QUÉBEC

91, rue Notre-Dame
Rivière-Éternité (Québec)
G0V 1P0

Tel.: 418 272-2767
Tel.: 1 800 665-6527
parc.marin@sepaq.com
parcsquebec.com

VISIT ONE OF THESE INFORMATION OFFICES:

La Malbaie (Saint-Fidèle sector)

VISITOR CENTRE
2820, boul. Malcom-Fraser
418 434-2299

Baie-Sainte-Catherine

BAIE-SAINTE-CATHERINE
WHARF
151, route 138

Rivière-du-Loup

TOURIST INFORMATION
OFFICE
189, boulevard de
l'Hôtel-de-Ville
418 862-1981

Les Escoumins

TOURIST INFORMATION
OFFICE
154, route 138
418 233-2663

To help you plan your stay...

Tourisme Bas-Saint-Laurent

Tel.: 418 867-1272 • 1 800 563-5268
bassaintlaurent.ca

Association touristique de Charlevoix

Tel.: 418 665-4454 • 1 800 667-2276
tourisme-charlevoix.com

Association touristique du Saguenay–Lac-Saint-Jean

Tel.: 418 543-9778 • 1 877 BLEUETS (253-8387)
saguenaylacsaintjean.ca

Tourisme Côte-Nord

Tél.: 418 294-2876 • 1 888 463-5319
tourismecote-nord.com

Ferry Schedules and Information

Escoumins / Trois-Pistoles

Tel.: 418 851-4676 • 1 877 851-4677
traversiercnb.ca

Rivière-du-Loup / Saint-Siméon

Rivière-du-Loup Tel.: 418 862-5094
Saint-Siméon Tel.: 418 638-2856
traverserdl.com

Baie-Sainte-Catherine / Tadoussac

Tel.: 418 235-4395
traversiers.gouv.qc.ca

IN CASE OF EMERGENCY

CANADIAN COAST GUARD

Search and Rescue | 800 463-4393
VHF Channel 16 (156.8 MHz)
Available 24 hours a day, 7 days a week
Cellular Phone *16
Marine Pollution | 800 363-4735

PARKS CANADA

Concerning collisions with or disturbances of
marine mammals | 866 508-9888
Available 24 hours a day, 7 days a week

RÉSEAU QUÉBÉCOIS D'URGENCES POUR LES MAMMIFÈRES MARINS

(QUEBEC MARINE MAMMAL EMERGENCY
RESPONSE NETWORK)
Concerning a marine mammal that is either
wounded or in trouble | 877 722-5346

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