

2022 - 2023 OFFICIAL TOURIST GUIDE

English
version

Côte-Nord



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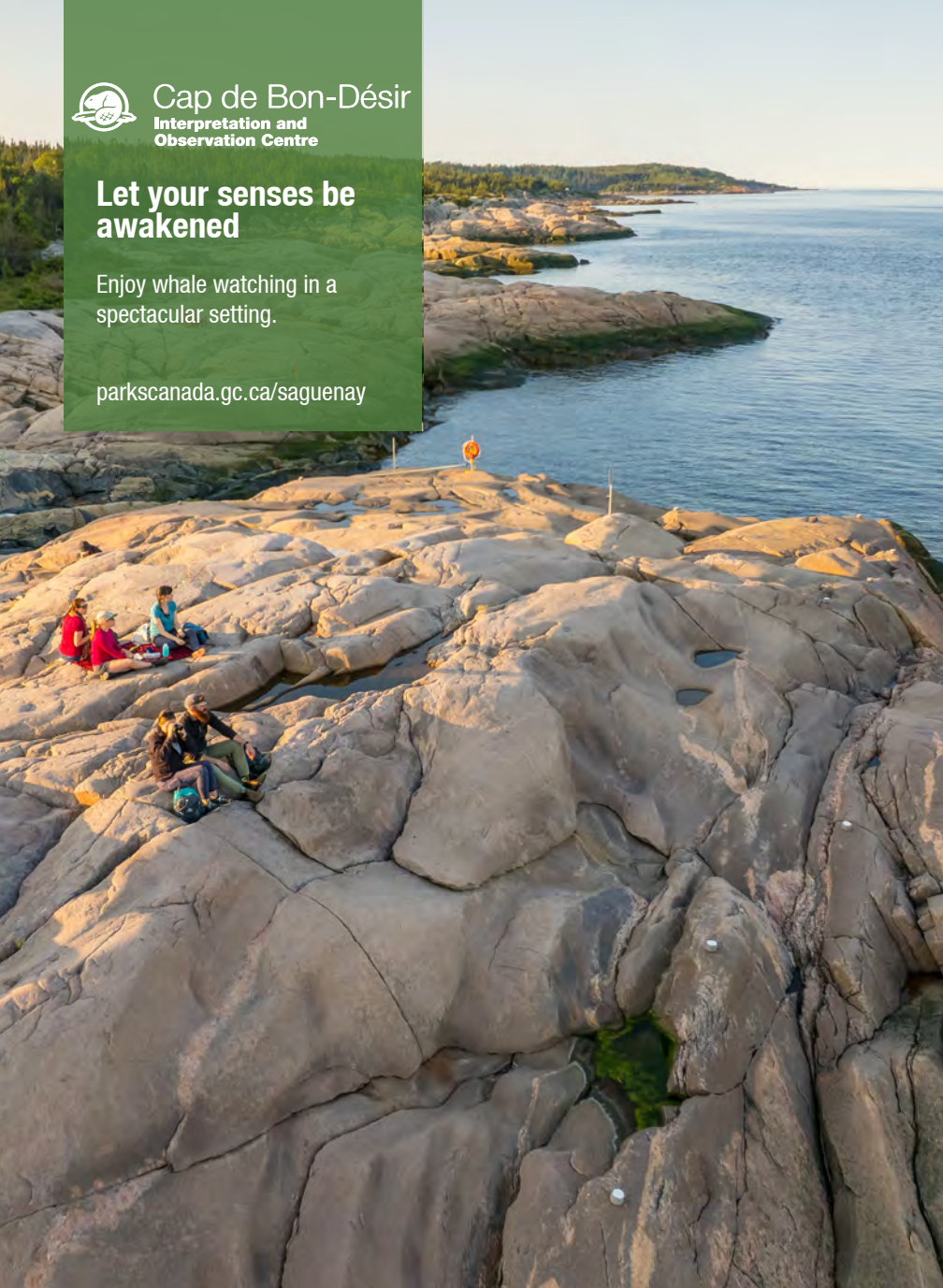


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Get more out of the guide by using the detachable map.

Côte-Nord on the Web

In addition to publishing the yearly tourist guide, we have a number of web-based platforms to get you inspired and help you plan and share your trip.



Website

Our website is a must-visit for anyone looking for tourism-related information on the Côte-Nord. Use the Itinerary tool to create your own North Shore discovery tour!

tourismecote-nord.com

Facebook

The best way to be in the loop about new Côte-Nord tourism developments and to share them is to follow us on Facebook. Stay on top of North Shore news year-round: contests, festivals, testimonials, fun facts and more!

[@tourismecotenord](https://www.facebook.com/tourismecotenord)

Instagram

Discover the Côte-Nord through pictures on our Instagram account, cotenordquebec, and tell us about your trip using #CôteNord and @cotenordqc. Seeing it through your eyes gives us and other visitors a new perspective on the region!

[@cotenordquebec](https://www.instagram.com/cotenordquebec)

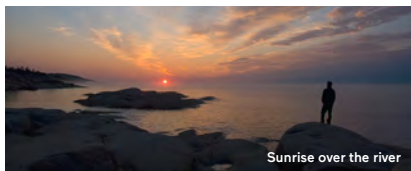
YouTube

Subscribe to Tourisme Côte-Nord's official YouTube channel for fascinating clips of stunning scenery, must-visit attractions, bustling towns and picturesque villages, whale-watching trips, the arts, fine dining, snowmobiling and hunting trips. New videos uploaded each season.

[/tourismecotenord](https://www.youtube.com/tourismecotenord)

 [/cotenordqc](https://twitter.com/cotenordqc)

 [/cotenordquebec](https://www.pinterest.com/cotenordquebec)



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Overview**

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Profile of the Region



Côte-Nord Overview

As big as Italy, the Côte-Nord (North Shore) of the majestic St. Lawrence River is an immense and fascinating region. From Tadoussac to Blanc-Sablon, it stretches along nearly 1,300 km of picturesque shoreline dotted with towns and villages. On the water or from land, you can spot up to 13 different species of whales or other marine mammals. But, leave the coast, and you're instantly surrounded by the boreal forest. Hundreds of kilometres inland lie typical northern towns like Fermont and Schefferville.

Everything is larger than life here, from the hydroelectric dams to the Saguenay Fjord, to the Manicouagan crater (nicknamed the "Eye of Québec"), not forgetting the Île d'Anticosti and the monoliths of the Mingan Archipelago.

Come and enjoy the spectacular unspoiled scenery of these wide-open spaces; stay a while, and learn about the age-old culture of different Indigenous peoples. Get to know the locals; they'll be happy to share their love of this vast region with you. With just a bit of advance planning, you'll get the most out of this vast region and all that it has to offer.



Web series and podcast, "Sur la route de la Côte-Nord" (in French)

At first sight, planning a road trip in the Côte-Nord region can be a daunting task. There are so many things to see and do! Where to start? What are the must-visit destinations for time-strapped travellers?

From Tadoussac to Blanc-Sablon, through Fermont and Schefferville, the Web series and podcast "Sur la route de la Côte-Nord" is there to help you plan your route.

In the Web series' 4 episodes, Julie Bélanger, proud spokesperson for her native region, talks about all her must-see destinations.

Among her many suggestions: meet and talk to the *Nord-Côtiers* (North Shore residents), and be sure to stop at the visitor information centres you pass, and pick up the collectable souvenir stickers of the towns along the route.





Mingan Archipelago, Quarry Island



1

As well as talking about the must-see attractions, the web series gives you an idea of the breathtaking vistas awaiting you. What's more, Web series listeners can go to tourismecote-nord.com and enter a contest to win a trip to the Côte-Nord.

The six episodes in the podcast, also entitled “*Sur la Route de la Côte-Nord*”, take you to the region's different RCMs (regional municipalities). Whether you're still planning your Côte-Nord road trip, or are already driving along Routes 138 or 389, you can learn more about the rich history and culture of this fascinating region by getting to know the different people who have left their mark on it.



Côte-Nord: Nature, beyond measure

The Côte-Nord covers all of eastern Québec until the border with Labrador. Its western gateway, Tadoussac, is 220 km from Québec City and 475 km from Montreal. It can also be reached by Route 172 from Saguenay, by taking one of the many ferries leaving from Newfoundland, or from Trois-Pistoles, Rimouski or Matane on the south shore of the St. Lawrence. From Tadoussac to Kegaska, coastal towns and villages are linked by the legendary Route 138. Further east, the villages of the *Basse-Côte-Nord* (Lower North Shore) can be reached by sea in summer and by snowmobile in winter on the *Route Blanche* (White Trail). Blanc-Sablon, the last village before the Labrador border, has a small regional airport.



Some history

The Innu and Naskapi Nations are descended from the first people who occupied this region, whose origins date back nearly 9,000 years. History buffs will be thrilled to learn that the North Shore has over 1,400 archaeological sites. It is also the first Québec region to be described in the 16th century by Jacques Cartier, the famous explorer from Saint-Malo who was sent by François I to establish the colony of New France.

The sea and its creatures: the whales

As you enter the *Côte-Nord*, the St. Lawrence River becomes the St. Lawrence Estuary and then the Gulf of St. Lawrence. Locals refer to it as *la mer* (the sea). Whatever you call it, it's a powerful, mesmerizing presence that moves in time with the Atlantic tides. This body of water is inhabited by 13 species of whale and 3 seal species that swim in the food-rich waters close to shore. These fascinating creatures can be observed either on a whale-watching cruise or from land. Insider tip: the *Route des Baleines* (Whale Trail) leads you to the very best land-based whale-watching spots.



Innu people



Manicouagan Crater

Where the forest ends and the taiga begins

The Manicouagan Regional County Municipality (RCM) has a whopping 54,800 km² of terrain for visitors to discover, including such noteworthy attractions as the Manicouagan-Uapishka World Biosphere Reserve, recognized by a UNESCO designation. The reserve encompasses the town of Baie-Comeau, the surrounding villages, and the entire backcountry of boreal forest, mountains, and taiga, and is one of the largest such reserves in the world. Another unique feature is the crater – one of the biggest on the planet – left by a meteorite that fell to earth over 214 million years ago.

The northern Caniapiscau region, where the famous caribou herds live in the trackless taiga, is a favourite destination for seasoned hunters, anglers, canoeists, and snowmobilers.

Major industries and bustling cities

To this day, the immense boreal forest, fast-flowing rivers and abundant natural resources are the backbone of the North Shore's key economic activities, such as hunting, fishing, logging, mining and producing hydro-electricity. The region's economy also relies on the presence of major industries, although it is currently diversifying into areas such as tourism. Visitors can tour the imposing hydroelectric dams – a testament to Québec's engineering genius – as well as some major industrial facilities and mining sites.

The North Shore's largest cities include Forestville, Baie-Comeau, Port-Cartier, Sept-Îles, Havre-Saint-Pierre and Fermont. These urban centres strike a balance between availability of services and proximity to nature, and have something for every taste: museums, parks, historic churches, interpretation centres, industrial tours and festivals.



Minke whale in front of Tadoussac



Islands and stone giants

People come to the Minganie region to experience the life described in the songs of legendary Québécois singer-songwriter, Gilles Vigneault. The Rivière au Bouleau that runs through the municipality of Rivière-au-Tonnerre is the gateway to a region that is characterized by vast sandy beaches, islands and peaceful villages. The Mingan Archipelago National Park Reserve attracts visitors eager to take a boat or kayak tour and gaze upon its monoliths: the mysterious limestone formations scattered among the archipelago's islands that have been eroded by wind and sea.

L'île d'Anticosti is a favourite destination for hunters because of the Virginia (or white-tailed) deer that live there. However, the island also has impressive caves, canyons and waterfalls. From Port-Menier, the main road that bisects the island leads to outfitting camps and the remarkable plant and animal life that help make this island such a magical place. Québec's largest island is also world-famous for its outstanding fossils. It is now on Canada's Tentative List for World Heritage Sites; an important step in the island's bid to be recognized as a UNESCO World Heritage Site.

Create your own adventure!

The North Shore is a magnet for people who love adventure! Expedition 51st takes them on a 1,700-km road trip on Routes 389, 500 and 501, from Baie-Comeau, through Labrador City to Blanc-Sablon. The most determined can do it in 26 hours, but others can stretch it out to several days or even weeks.

In the alpine tundra, the 1,000-m (3,281-ft) peaks in the Groulx Mountains attract experienced hikers and wildlife observers looking for an independent adventure.

The rugged coastline and groups of islands are full of secret places for eager kayakers to discover. Pleasure

boaters can drop anchor in one of many quiet coves or peaceful marinas.

In winter, the many sledding trails and routes ensure a steady stream of snowmobilers to the North Shore, as well as dogsledding, skiing and snowshoeing enthusiasts.

Innu communities

The region is home to about 15 First Nations' Innu communities and one Naskapi community. Their celebrations, festivals and *maisons de la culture* (cultural centres) provide opportunities to gain a greater understanding and appreciation of their values, traditions, proximity to nature, and nomad spirit. Many communities offer lodging so visitors can stay in the community and learn more about the Indigenous way of life.

The Basse-Côte-Nord (Lower North Shore)

The Lower North Shore's fifteen or so colourful villages that dot the coast for 475 km can only be reached aboard a supply ship. Or you can wait until winter and take a snowmobile along the *Route Blanche*. In this part of the world, the breathtaking panoramas are only matched by the warmth and distinctive character of the local communities.

The North Shore is so vast that many other discoveries await. Like the fine dining scene, which local chefs and producers are constantly refining with new products, new regional flavours, surprising taste combinations, microbrewed beers and artisanal spirits.

You're bound to experience the wonderful sensation of feeling small in such a vast, untamed wilderness. But whether you're strolling along the shore of the St. Lawrence or wandering through the boreal forest, the North Shore always makes you feel at home, and ensures you'll always want to come back.

Our Must-see Attractions 10

Around La Haute-Côte-Nord



Tadoussac Bay

Tadoussac Bay and the Fjord

Tadoussac recalls the era of New France with a replica of the first fur trading post and the oldest wooden chapel in North America. Located at the confluence of the St. Lawrence River and the Saguenay Fjord, this village has always been a place where different peoples can come together. Come to the gateway to the Côte-Nord and admire its bay – one of the most beautiful in the world – endless beaches, towering cliffs, dunes and forests.

Find Out More p. 20

Whale Watching

Meet the gentle giants of the sea on the water, either in a Zodiac – where you're closer to the waves – or on a traditional cruise boat. Choose from a two-hour or half-day trip, with dedicated captains and natural history experts who can tell you about the different species and their habits. Or, follow the *Route de Baleines* (Whale Route) to the best on-shore viewing spots.

Find Out More pp. 120 to 128



Whale watching on land

Dams

Drive north from Baie-Comeau on Route 389 and you'll come to two enormous hydroelectric dams: Manic-2 and Manic-5. These impressive structures are a testament to Québec's engineering genius. The Daniel-Johnson dam, or Manic-5, is the largest multiple-arch buttress dam in the world. In October 2019, to mark the dam's 50th anniversary, a monument symbolizing the collective memory was unveiled.

Find Out More pp. 52 and 94

Around Sept-Rivières



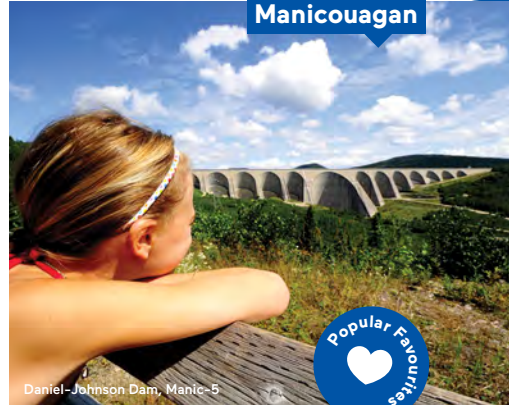
Hiking on Île La Grande Basque

Mingan Archipelago

For a few hours or a few days, slow down and live at a different pace. Gaze at the archipelago's monoliths, those mysterious limestone giants shaped by the wind and sea. Go island hopping and discover puffins and many other seabirds, minke whales and seals. There's a wealth of fascinating plant life and geological formations waiting to be discovered, as well as lighthouses and their storied past.

Find Out More p. 94

Around Manicouagan



Daniel-Johnson Dam, Manic-5



Sept-Îles Archipelago

You and your travel companions can become "islanders" and enjoy activities such as bird-watching, mushrooming and exploring the natural environment and ecosystems. On La Grande Basque Island, explore endless beaches and many trails. On La Grosse Boule Island, visit the Purmer Ocean Farm that raises mussels and scallops, grows seaweed, and offers boat trips, talks and a variety of tasting experiences.

Find Out More p. 78

Around Minganie



Sea kayaking in the Mingan Archipelago

Around Minganie



Chute Vauréal, Anticosti National Park

Natashquan

The village of Kegaska, 50 km east of Natashquan, is where Route 138 comes to an end. This is where your Côte-Nord trip concludes... and where your meeting with welcoming Innu and North Shore people begins. They are happy to share their living traditions, memories and ancestral know-how with you. In Natashquan, locals will tell you about village history, the life of famed Québec poet Gilles Vigneault, as well as local legends and stories.

Find Out More p.96



A Côte-Nord road trip

L'île d'Anticosti

Québec's biggest island is a fabulous vacation spot and a paradise for hunters and salmon fishers. Travellers come to admire its beauty and discover its many treasures: thousands of white-tailed deer and foxes, many rare plant species, beaches, fossils, caves, canyons and waterfalls. An ecomuseum and several interpretive sites tell of its seafaring past and many legendary shipwrecks.

Find Out More p. 88

Around Minganie



Les Galets, Natashquan

A Côte-Nord road trip

Are you ready to go on a road trip, and discover vast areas and fabulous roads, in stages? **The end of Route 138:** 844 km from Tadoussac to Kegaska (in Natashquan, souvenir end-of-the-road bumper sticker). **The 389 to Fermont:** 567 km, starting in Baie-Comeau (end-of-the-road souvenir bumper sticker in Fermont). **Expedition 51^o, along Routes 389, 500, 510 and 138:** 1,780 km from Baie-Comeau to Vieux-Fort. **Île d'Anticosti:** 266 km from Port-Menier to Cap Sandtop (in 6 hrs).

Find Out More pp. 15, 62 to 67, 88

The Lower North Shore and the MV *Bella-Desgagnés*

Because Route 138 ends at Kegaska, the villages of the Lower North Shore can only be accessed by the *MV Bella Desgagnés* that sails the route 10 months of the year. Experience life aboard a supply vessel that transports cargo and passengers and stops for a few hours in each village, with departures from Rimouski, Sept-Îles, Havre-Saint-Pierre and Natashquan: a unique travel option that combines comfort and adventure.

Find Out More pp.128 and 135

Around Le Golfe-du-Saint-Laurent



MV *Bella-Desgagnés*

Expedition 51°

Head north of the 51st parallel on a 1,700-km road trip that takes you all the way to Labrador and the *Basse-Côte-Nord* (Lower North Shore), through an unspoiled wilderness of lakes, forests and mountains. Routes 389, 500 and 501 will take you past unique Northern towns and through small Innu, francophone and anglophone communities. Stay at a hunting and fishing outfitter and gaze at the stars – perhaps even the Northern lights!

Find Out More pp.62 to 64



Aurora borealis

My Top Pick:

The Gallix and Pointe-aux-Anglais beaches. With their miles of sand beaches, sea and endless sky, they're truly magnificent!

Julie Bélanger
from Port-Cartier



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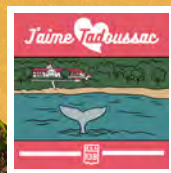
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**Travel
by Experience**



La Haute-Côte-Nord

The Haute-Côte-Nord region is the gateway to the western North Shore. Starting at the Saguenay Fjord, it stretches more than 160 km along the shores of the St. Lawrence River and encompasses a backcountry dotted with forests, lakes and rivers, all of which flow into the mighty river. The region's tourism industry is over 100 hundred years old, and is supported by its nearly 11,000 friendly residents. Outdoor enthusiasts, nature lovers and whale watchers are sure to fall under the spell of its breathtaking scenery.

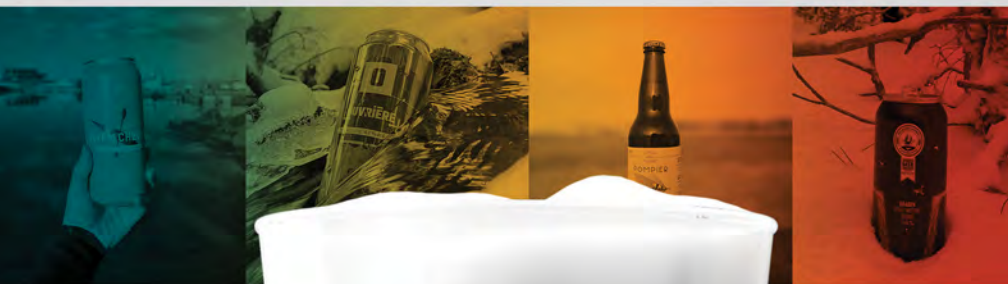


Listen to the podcast:
Haute-Côte-Nord,
Sur la Route
de la Côte-Nord
(in French)



Watch the video:
Haute-Côte-Nord,
Découvrez votre
Côte-Nord
(in French)





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Natashquan

BOIRECOTENORD.COM

NATASHQUAN

SEPT-ÎLES

BAIE-COMEAU

TADOUSSAC

		2h
4h	2h30	4h30
6h30	8h30	

Hours drive (h)



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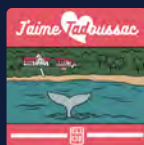


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Tadoussac sticker

197 rue des Pionniers
Tadoussac
1-866-235-4744

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Tadoussac



Population: 786

tadoussac.com –

A member of the Most Beautiful Villages of Québec association, Tadoussac is internationally renowned as a prime whale watching location. The best way to visit this charming village is to stroll along its network of paths, admiring the scenery, heritage homes, and the occasional whale swimming close to shore. The surrounding dunes are home to over 80 species of birds and are one of the best birdwatching sites in North America. History buffs will get a thrill from the replica of the first New France fur trading post and the oldest wooden chapel in Canada.

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Tadoussac Bay

Tadoussac Bay Club

197 rue des Pionniers, Tadoussac
418-235-4446 – world-bays.com

Located at the confluence of the Saguenay Fjord and the St. Lawrence River, today's Tadoussac Bay is a place where history and culture come together in an outstanding natural setting. A member of the Most Beautiful Bays in the World Club, this charming village has stunning scenery and unforgettable memories in store for you.

Poste de traite Chauvin | Trading post

157 rue du Bord-de-l'Eau, Tadoussac
418-235-4446
tadoussac.com –
Open: June to October.

Be sure to visit this replica of the first outpost in New France, built in 1600 by Pierre Chauvin de Tonnetuit. The present-day building was built in 1942 by William H. Coverdale (then-owner of the Hotel Tadoussac) to display part of his collection of Indigenous artifacts. Today, the trading post uses fun, interactive exhibitions to teach visitors about the fur trade and the first contact between Europeans and the Innu.

Petite chapelle de Tadoussac | Chapel

169 rue du Bord-de-l'Eau, Tadoussac
418-235-4324, 418-514-8438
chapelletadoussac.com –
Open: May 30 to October 11.

The oldest wooden church in North America, this chapel was built in 1747. Originally called “the Indians’ chapel”, the first mass was celebrated here by the Jesuits on June 24, 1750. Many period religious objects are on display, and there is a new multimedia exhibit on missionary life in New France. In May and June, open to groups by reservation; call 418-235-4446.



Little Indian Chapel

Marine Mammal Interpretation Centre – CIMM

108 rue de la Cale-Sèche, Tadoussac
418-235-4701 – greem.org –

Open: May 14 to 29: noon to 5 p.m.; May 30 to September 25: 10 a.m. to 6 p.m.; September 26 to October 23: noon to 5 p.m.

With the largest collection of whale skeletons in Canada, the Marine Mammal Interpretation Centre helps visitors learn more about these fascinating creatures. Explore their world through a sensory experience that includes sounds, games and exclusive film footage. Specialists in contact with researchers out at sea upload the latest whale news onto a giant screen. Your admission fee and gift shop purchases help support scientific whale research. Average time: 1 hour. **Ad p.35**



Whale skeleton at the CIMM



Minke whale in front of Tadoussac

Le Jardin de la Grève | Seashore Garden

108 rue de la Cale-Sèche, Tadoussac
418-235-4701 – greemm.org –  
Open: Year-round.

Located next to the Marine Mammal Interpretation Centre (CIMM), this garden contains 50,000 perennials adapted to the North Shore's marine environment, and features five life-size sculptures of beluga whales. Free activities include a whale song workshop and meetings with CIMM naturalists. You might even spot belugas and minke whales from the rocks overlooking the Saguenay Fjord. **Ad p.35**



Pointe de l'Islet Trail

108 rue de la Cale-Sèche, Tadoussac
1-866-235-4744

Directions: the loop trail starts at the Tadoussac pier or near the La Marée gift shop; bring a picnic to eat on the rocks. This point of land is perfect for spotting marine mammal species because the seabed rises abruptly near Tadoussac, creating a funnel for the organisms on which they prey, and making it a veritable underwater feeding ground.

Saguenay Fjord National Park Tadoussac Bay area

750 Chemin du Moulin-à-Baude, Tadoussac
418-272-1509 or 1-800-665-6527 – sepaq.com –  

This area is renowned for its “dunes” – actually rock formations that geologists refer to as “marine terraces”. Hiking trails lead to lookouts with lovely views of the river, the village and the forest. In September and October, in collaboration with the Observatoire d'oiseaux de Tadoussac (Bird Observatory), birdwatchers can help band birds and look for raptors. For information: explosnature.ca/oot.

Tadoussac Bird Observatory (OOT)

750 Chemin du Moulin-à-Baude, Tadoussac
418-232-6249 or 1-877-637-1877
explosnature.ca/oot – 

In spring, the OOT conducts its operations in Les Bergeronnes, and in the fall, it works in the dunes around Tadoussac. This area is considered the best place in Québec to observe migrating day raptors. Visitors are encouraged to take a close look at these flying adult travellers and to attend banding activities offered daily from May to early June and from early September to late October.

Domaine des Dunes – Treetop Adventure Trails

585 Chemin du Moulin-à-Baude, Tadoussac
418-235-4843 – domainedesdunes.com – 
Open: Mid-June to late October.

Come and try out these thrilling treetop adventure trails, consisting of 23 cedar and rope structures suspended over a wood chip floor that's as soft as living moss. Learn fascinating details about the local wildlife and vegetation from the interpretation panels. Test your balance on the Spider Web, rappelling systems or the many rope bridges, and admire the breathtaking views. Pure pleasure for all ages, from 7 to 77! Closed in the event of rain. **Ad p.35**



Pourvoirie des Lacs à Jimmy – Black bear observation



62 Route 138, near Tadoussac
418-235-4814, 418-233-2266 or 1-888-868-6666
vacancesessipit.com –
Open: Mid-June to mid-September.

Just 8 km from Tadoussac, you can see black bears in their natural habitat. Sit in an observation shelter and listen as your guide tells you about the behaviour and habits of these strong, smart and cunning creatures. Be sure to dress warmly; reservations required. Go to the reception desk of the Pourvoirie des Lacs à Jimmy outfitter.



A black bear at Lacs à Jimmy Outfitter Camp

Wildlife Observation & Nature Tours – Club chasse et pêche de Tadoussac



45 Route 138, Sacré-Cœur
418-235-4723 – clubtadoussac.com –
Open: Early July to mid-September.

On a 2.5-hour guided quad tour of the boreal forest, you can observe beaver in their natural habitat, including their lodge, logging area and dam. You will also see wild animal tracks and learn to identify them.



Wildlife watching by quad

Les Savons de l'atelier – Handmade soaps

706 Chemin du Moulin-à-Baude, Tadoussac
418-297-8116, 418-235-4949
belzileclaud@videotron.ca –
Open: Year-round.

This artisanal workshop produces completely handmade, all-natural soaps made with Charlevoix goat's milk and vegetable oils. The blend of vitamins and minerals moisturizes and nourishes your skin. This original, exclusive range of high-quality handmade soaps will delight your senses with their natural fragrances and essential oils.

Sculptures G. Hovington

438 rue du Bateau-Passeur (Route 138), Tadoussac
418-235-4304 – sculpturesghovington.com
Open: Tours from May 1st to October 30.
Gift shop: Year-round.

Visit Gaétan Hovington's studio-boutique and discover his fascinating wood sculptures. This Tadoussac native is renowned for his authentic regional works and lifelike representations of local animals and people.



Saguenay fjord



Tadoussac beach

CIMM (Marine Mammal Interpretation Centre) Boutique

108 rue de la Cale-Sèche, Tadoussac
418-235-4701 – gremm.org
Open: May 10 to November 1.

This gift shop is bursting with whale-related and sea-themed items: works of art, original T-shirts, local arts and crafts, stuffed animals and more, as well as the best whale identification guides in print. Gift shop profits are used to fund research on the St. Lawrence whales conducted by the Group for Research and Education on Marine Mammals (GREMM). **Ad p. 35**

La Malécite Boutique

195 rue des Pionniers, Tadoussac
418-235-1090, 418-692-2634 or 1-888-748-4857
croisieresaml.com – [f](#) [t](#) [i](#)
Open: May to October.

This boutique features an Aboriginal-themed décor and selection that includes souvenirs, arts and crafts, sculpture and clothing, with the goal of promoting Québec culture and helping visitors discover Aboriginal art. Croisières AML cruise tickets can also be purchased here.

Boutique Nima

231 rue des Pionniers, Tadoussac
418-235-1090, 418-692-2634 or 1-888-748-4857
croisieresaml.com – [f](#) [t](#) [i](#)
Open: May to October.

This boutique is proud to offer original items by local artists and artisans, including clothing, jewellery, local arts and crafts, gift ideas, tableware and souvenirs. Croisières AML cruise tickets can also be purchased here.



View of the Saguenay fjord

Collectable sticker

C'mon by!

197 rue des Pionniers, Tadoussac
1-866-235-4744

Free, limited edition; available on request.



Sacré-Cœur

Population: 1,761

16 km from Tadoussac
sacre-coeur.ca – [f](#)

Nestled between fjord and forest on the Saguenay Fjord, Sacré-Cœur has a wide variety of year-round activities: visiting an agritourism farm and an apiary, observing black bears, cycling and quadding, horseback riding, spending the night in a tree house, snowmobiling on Trans-Québec trails 3 and 93, dog-sledding, cross-country skiing, and enjoying sugar-shack treats. L'Anse-de-Roche Park has many spots for hiking, observing beluga whales from shore, and viewing sunsets over the water. The fjord can be explored by sea kayak or sailboat or while on a fishing cruise.

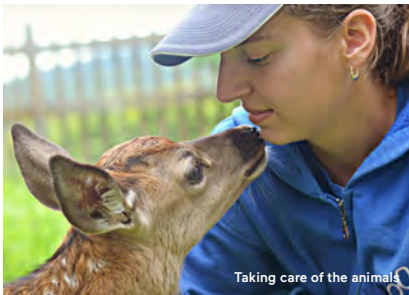
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Ferme 5 Étoiles Family Vacation Resort



465 Route 172 Nord, Sacré-Cœur –
418-236-4833 or 1-877-236-4551 – ferme5etoiles.com
Open: Year-round.

This family farm, located in a vast natural setting, houses many animals, including bison and wolves. Overlooking the Saguenay Fjord, the farm has many types of accommodation (rooms with or w/o kitchenette, apartments, on-site or on-shore cottages, various unusual accommodation options) and activities (sea kayaking, quadding, dog-sledding and snowmobiling). In the morning, visitors can help care for the animals. **Ad p.224**



Taking care of the animals

Domaine de l'ours noir – Black bear observation



1895 Route 172 Nord, Sacré-Cœur
418-236-4551 or 1-877-236-4551 – ours-noir.net
Open: May 15 to October 25.

Come and observe black bears and other wildlife in their natural habitat with an experienced bilingual guide, only 10 minutes from Tadoussac. Before setting out, visitors watch a video explaining how the team reintroduces adult bears into the wild after rearing them from cubs. Bring insect repellent and appropriate clothing (long sleeves and pants). Average time: 2 hrs. Departure: at the end of the day. **Ad p.224**



L'Anse-de-Roche, Sacré-Cœur

Le Soleil Le Vent Ranch



243 Route 172 Nord, Sacré-Cœur
418-236-4853, 418-592-7092
ranchlesoleillevent.com –

Come and ride through vast stretches of open field, boreal forest with abundant wildlife, and mountains with spectacular views. The fall colours are truly glorious. Whether you're a beginner, intermediate, or expert rider, we guarantee a memorable experience suited to your riding level. Average time: 1 to 2 hours. Several packages available. Reservations recommended.

Herbamiel – Honey farm



228 Chemin de l'Anse-de-Roche, Sacré-Cœur
418-236-8226 – herbamiel.ca –
Open: June 1 to October 10.

Located in Anse-de-Roche, Herbamiel is a honey farm that makes a wide variety of honey products. Tour the farm to discover how honey is produced and learn about its many health benefits. Also on site: a rest area, honey tasting activities and a shop selling raw honey, propolis, jam, honey soap, honey lip balm and candles. The Fête du miel (Honey Festival) is held on September 11.



Horseback riding

Saguenay Fjord National Park Baie Sainte-Marguerite area



1121 Route 172 Nord, Sacré-Cœur

418-236-1162 or 1-800-665-6527 – sepaq.com –

Open: May 21 to October 11.

The lookout – an ideal spot for whale watching – can be reached on foot or by bike along a 3.2-km gently sloping path. The self-guided trail tells the story of the former village of Bay Mill and its sawmill. In the Beluga Discovery Centre, complete with shop and convenience store, visit the permanent exhibition to learn more about this marine mammal. Serviced and unserviced campsites, ready-to-camp units and shelters. See website for admission fees.



Lookout at Saguenay Fjord National Park

Baie-Sainte-Marguerite

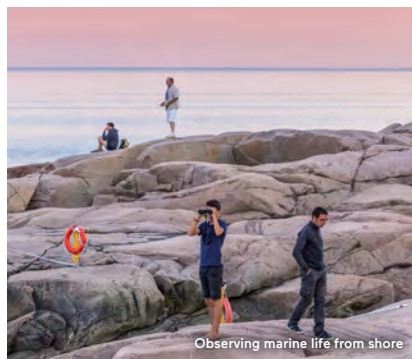


1121 Route 172 Nord, Sacré-Cœur

418-236-1162 or 1-800-665-6527 – sepaq.com –

Open: May to October.

Directions: leaving Ferme 5 Étoiles on Route 172 Nord, look for the sign for the Saguenay Fjord National Park, on the opposite side from the Sainte-Marguerite River. The bay is well-known as a great place to spot belugas!



Observing marine life from shore

Collectable
sticker

C'mon by!

505 rue du Bois, Les Bergeronnes
418-232-6595

Free, limited edition; available on request.

LES BERGERONNES



Les Bergeronnes



Population: 651

23 km from Tadoussac

bergeronnes.com –

This village is famous for whale-watching, either on the water or on land, sea kayaking, seashore discovery activities, and its campsites on the shores of the St. Lawrence. The interpretation centre is popular with archeology buffs, as it provides fascinating details of the North Shore's 9,000-year-old history. From the Bon-Désir headland, watch for birds and giant marine mammals, visit the interpretation centre and enjoy locally sourced fine dining. The village puts on an annual Book Festival (Festi-Livre) a classical music festival and the famous Blue Whale Festival (Festival de la Baleine bleue).

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Les Bergeronnes

Cap-de-Bon-Désir Interpretation and Observation Centre (Parks Canada)

13 Chemin du Cap-de-Bon-Désir, Les Bergeronnes
418-232-6751, 418-235-4703, ext. 0 or 1-888-773-8888
parksCanada.gc.ca/saguenay –   

Open: Daily, June 18 to September 11;
September 12 to October 9, Wednesday to Sunday,
including October 10.

The Cap-de-Bon-Désir Interpretation and Observation Centre, located in a former lighthouse station, is the perfect spot to observe whales from shore you and discover the Saguenay-St. Lawrence Marine Park. You'll be amazed by the facts you learn from the naturalist-guides, who share their knowledge about the marine mammals and sea birds visible just a few metres away. Take this opportunity to reconnect with nature, and be lulled by the rhythm of the waves and the sound of whales surfacing. **Ad p. 2**



Cap-de-Bon-Désir Interpretation and Observation Centre

Centre Archéo Topo

498 rue de la Mer, Les Bergeronnes
418-232-6286 or 1-866-839-6286
archeotopo.com – 
Open: May to October.

This interpretation centre tells the 9,000-year old story of the North Shore, from the very first Indigenous people until the growth of its cities, towns and industries. The centre also features a fascinating exhibit on Québec wildlife by a world-renowned taxidermist. Other activities include guided tours, talks and workshops on making pottery and dreamcatchers. Also on site: a boutique with local arts and crafts and a bookstore specializing in books on anthropology.

Explos-Nature | Vacation camp

302 rue de la Rivière, Les Bergeronnes – 
418-232-6249 or 1-877-637-1877 – explosnature.ca

All-inclusive 3- or 5-day family camps for the general public, and for children with ASD and ID and their families. Enjoy activities led by professional science popularizers: guided land and water excursions, whale watching, observing marine invertebrates, an aquarium visit, a lab activity, workshops and themed events. Customized packages and stays available; reservations required. Schedule and admission: see website for details.



Marine fauna

Collectable sticker

C'mon by!

154 Route 138, Les Escoumins
418-233-2663

Free, limited edition; available on request.



Essipit

Population: 285

17 km from Les Bergeronnes
innu-essipit.com –  

The Innu community of Essipit ("river of shells" in the Innu language) is part of the Algonquin family within the First Nations, whose North Shore roots go back 9,000 years. The community and its businesses stress the value of sharing, particularly with respect to natural resources, as taught to them by their ancestors. Accommodation options on the river shore include cottages and high-quality condos, outfitter camps and campgrounds; visitors can enjoy whale-watching and sea kayaking trips. The souvenir store is filled with traditional crafts and local products.

[Food markets](#) [p.178](#)

[Outfitters](#) [p.151](#)



Essipit Reservation and Information Centre

44 rue de la Réserve, Essipit
 418-233-2266 or 1-888-868-6666
vacancesessipit.com –  
 Open: Daily, year-round.

Planning your trip is now easy and fun! This centre provides professional assistance to visitors requesting information, rates and reservations for products and services offered by Essipit and its partners. "Kuei!" (Hello!) from Essipit! **Ad back cover**

Innu Arts & Crafts

46 rue de la Réserve, Essipit
 418-233-2266 or 1-888-868-6666
vacancesessipit.com –   
 Open: Year-round.

Come browse our selection of authentic and original creations by local, Innu and visiting artisans - dream catchers, moccasins, paintings, prints, sculptures, weaving, jewellery and clothing. We also carry books of local tales and legends, traditional items made from moose antlers, bear teeth and porcupine quills, and regional specialty foods, like different kinds of jelly, jam, tea, herbal tea, and chicoutai butter. "Kuei!" from Essipit!



Collectable
sticker

C'mon by!

154 Route 138, Les Escoumins
418-233-2663

Free, limited edition; available on request.



Les Escoumins



Population: 1,819

17 km from Les Bergeronnes

escoumins.ca –

This historic village provides opportunities for outdoor activities such as salmon fishing, whale-watching cruises and diving. Enjoy views of the river from the Sentier du Moulin, the Promenade de la Baie boardwalk, and at the Pointe de la Croix headland. This *village-relais* offers a range of lodging and dining options, including fresh seafood at specialty restaurants. **Ad p. 36**

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Les Escoumins

Marine Environment Discovery Centre
(Parks Canada)

41 rue des Pilotes, Les Escoumins

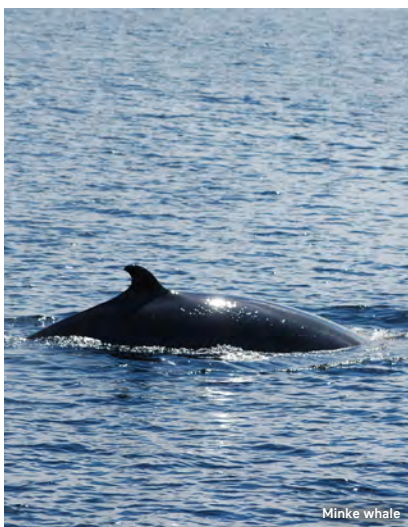
418-233-4414, 418-235-4703, ext. 0 or 1-888-773-8888
parks.canada.gc.ca/saguenay –

Open: Daily, June 18 to September 5; September 6 to October 10: Friday to Sunday and October 11.

Come to the Marine Environment Discovery Centre and explore the Saguenay-St. Lawrence Marine Park and its abundant marine life, from starfish to the largest marine mammals. Listen to experienced naturalist guides as you admire whales, seals and marine birds from the shore and take a deep dive into the fascinating underwater world of the St. Lawrence River. Also available on site: discovery and interpretive activities, exhibition, Nordic snorkelling, scuba diving.

Ad p. 2

Scuba diving



Minke whale

Collectable sticker

C'mon by!

331 rue Principale, Longue-Rive
418-231-2020

Free, limited edition; available on request.



Longue-Rive



Population: 968

26 km from Les Escoumins

longuerive.ca -

Enjoy some village history by viewing the remains of a 19th-century sawmill and a suspension bridge over the Rivière du Sault au Mouton falls. Visitors can start at the village church and head down the footpath to the shore and the salt marshes, home to numerous bird species. Kitesurf lovers, head east past the interpretation centre to Pointe à Boisvert beach, which offers services such as toilets and hot-water showers for club members and kitesurfers.

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Rivière du Sault au Mouton

Centre d'interprétation des marais salés | Interpretation centre



741 Route 138, Longue-Rive - 418-231-1077

longuerive.ca/tourisme/activites-attraits -

Open: June 22 to September 9.

The 249-hectare Longue-Rive salt marshes are recognized as one of the best birdwatching sites on the St. Lawrence north shore. The interpretation centre itself and its raised decks are the perfect spot for observing the many different bird species that come to the marshes. Interpretive panels and a short film explore the mysteries of these extensive wetlands.



Centre d'interprétation des marais salés

Aquaculture L'indigène, Étang de pêche Longue-Rive | Pond fishing

520 Route 138, Longue-Rive - 418-587-3958

aquaculturelindigene@hotmail.com -

Come and fish (or learn how) at the Longue-Rive fish pond - a fun family activity. On site: equipment rental, ice and fish bags for sale. Stop by our small store for local products and smoked fish. Reservations required.



Salt marshes

Collectable
sticker

C'mon by!

391 rue Principale, Portneuf-sur-Mer
581-323-1050

Free, limited edition; available on request.



Portneuf-sur-Mer

Population: 594

20 km from Longue-Rive

portneuf-sur-mer.ca –

Several roads lead to this coastal village. A road near the Esso station on Route 138 leads to Rue Principale, with the bustling Crabiers du nord fish market on the left. On the right are several B&Bs (La Marée, La Maison Fleurie, La Nichée) and a small church. Enjoy the parks and green spaces, tennis and basketball courts. The village holds a number of special events throughout the year: the Plaisirs d'hiver winter carnival, the Illuminated Village, a Christmas tree lighting ceremony, and the famous Sentier de Noël (Christmas trail).

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Sandbank in Portneuf-sur-Mer

Pointe des Fortin and banc
de Portneuf | Point of land and sandbarInfo: 391 rue Principale, Portneuf-sur-Mer
418-238-2642 – portneuf-sur-mer.ca –

Open: June to October.

The Pointe des Fortin beach, located at the end of the campground, is where the capelin (a small local fish) come to roll in May. A set of stairs lead to a bird observatory – perfect for taking pictures – where 4 ready-to-camp yurts are located. The Portneuf Sandbar is a natural hiking trail that stretches for several kilometres and has been designated an Important Bird Area (IBA) by BirdLife International and classified a high-value ecosystem. A paradise for bird lovers!

Innergex énergie renouvelable |
Canoe trip down the river

s

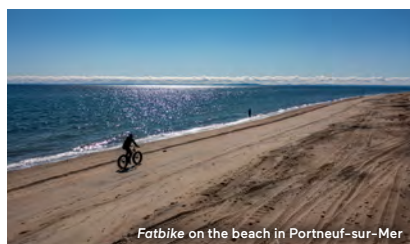
Rivière Portneuf, Portneuf-sur-Mer
581-323-1050 or 1-877-837-6565innergex.com/kayak-site/portneuf/

Open: June 24 to September 15.

Try a canoe-camping adventure on the Portneuf River, complete with shuttle service and on-site canoe rental (although you may also use your own). Outdoor lovers can paddle up to 70 km upstream on one of Québec's most beautiful rivers and be amazed by the area's abundant plant and animal life. Come and experience true adventure!



Canoe trip down the Portneuf river



Fatbike on the beach in Portneuf-sur-Mer

Forestville

Population: 2,884

14 km from Portneuf-sur-Mer
forestville.ca –  

Fall in love with a fine sand beach that stretches for several kilometres along the St. Lawrence in Baie-Verte, an area that charmed Hollywood visitors during the shooting of *The Truth About the Harry Quebert Affair*. The town welcomes visitors with a scenic boardwalk, campground and activities such as golfing, fishing, and hiking, or going on a ferry ride to Rimouski on the south shore aboard the CNM *Évolution*. The backcountry has a wide selection of controlled zones (known by the French acronym ZEC), as well as hunting and fishing camps. **Ad below**

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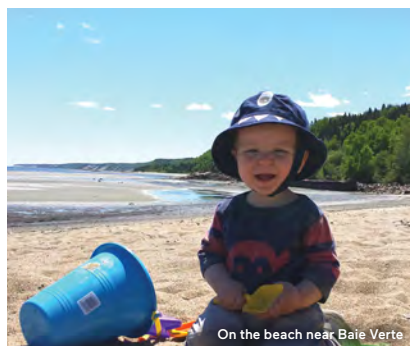


Collectable sticker

C'mon by!

223 Route 138 Ouest, Forestville
 418-587-4160

Free, limited edition; available on request.



On the beach near Baie Verte



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TOURIST INFORMATION OFFICE
 223, route 138 Ouest, Forestville
ville.forestville.ca | 418 587-4160



Our endless beaches are waiting for you...

La Petite anglicane Museum2 - 2nd Rue, Forestville418-587-6148, 418-587-4160 – forestville.ca –

Open: May 25 to October 3.

The museum features an exhibit on the history of Labrieville and the construction of the Bersimis 1 and 2 hydroelectric dams.



La Petite anglicane Museum



Îlets-Jérémie Chapel

Colombier

Population: 684

27 km from Forestville

municipalites-du-quebec.ca/colombier

The easternmost town in the Haute-Côte-Nord (Upper North Shore), Colombier is well-known for its peatlands and beautiful, diverse natural surroundings. Explore the 2-km hiking trail and Anse à Norbert Beach. Nearby, the Hickey Marsh lookout will delight birdwatchers, while genealogy enthusiasts are sure to love the old church cemetery and memorial monument. Stop by the village to enjoy the warm welcome of its residents, sweets made at Confiserie Boréale and the fresh vegetables from Serre de Colombier greenhouses.

Fruit and vegetables for sale	p. 177
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Chapelle des Îlets-Jérémie | Chapel

Route 138, Colombier

418-565-3343 – colombierhcn.com –

Open: June to August.

The chapel at Îlets-Jérémie, on the shores of the St. Lawrence, is a pilgrimage site dedicated to St. Anne. Rebuilt in 1939 and modelled after the Petite chapelle in Tadoussac, it has the original altar and cross dating back to the late 18th century. From July 17 to 26, St. Anne pilgrims celebrate the novena. During this period, Abbot Antonio Laflamme and his team of volunteers lead prayers on site.



The region's abundant lakes attract many fishing enthusiasts



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To go



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hoteltadoussac.com
1 800 561-0718

MARINE MAMMALS INTERPRETATION CENTER

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108 de la Cale Sèche, TADOUSSAC - cimmtadoussac.org



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des dunes.com**

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Why not try a bear - or whale-watching package or a kayak excursion?

To book, call:
418-235-4843

585 Moulin à Baude, TADOUSSAC (QC) G0T 2A0 | domainedesdunes.com

See p.22

See p.195

See p.199



Les Escoumins

Our area is renowned for the legendary warmth of its people. Each year, numerous visitors come to discover the exceptional beauty of our natural heritage. Adventure seekers can go sea kayaking, take part in an excursion to observe marine mammals in their natural habitat or go scuba diving to explore the sea floor. Les Escoumins is a true fishing paradise and has everything you need to relax, including quality lodging, gourmet restaurants and a boardwalk along the river so you can enjoy the awe-inspiring scenery to the fullest.



A delight for the senses!

2 rue Sirois, Les Escoumins QC, G0T 1K0 | administration.muni@escoumins.ca

Information | 418-233-2663 (in season) | 418-233-2766 (off-season)

www.escoumins.ca

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418-233-3330

454 route 138, Les Escoumins / resto@restaurantlebouleau.com



Les Escoumins



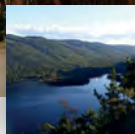
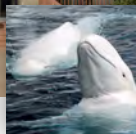
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418-236-9444

hmcornet.com

401, Route 172 Nord, Sacré-Cœur



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LES ESCOUMINS

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5, route 138 Est, Forestville
1 877 677-2278
econolodgeforestville.com

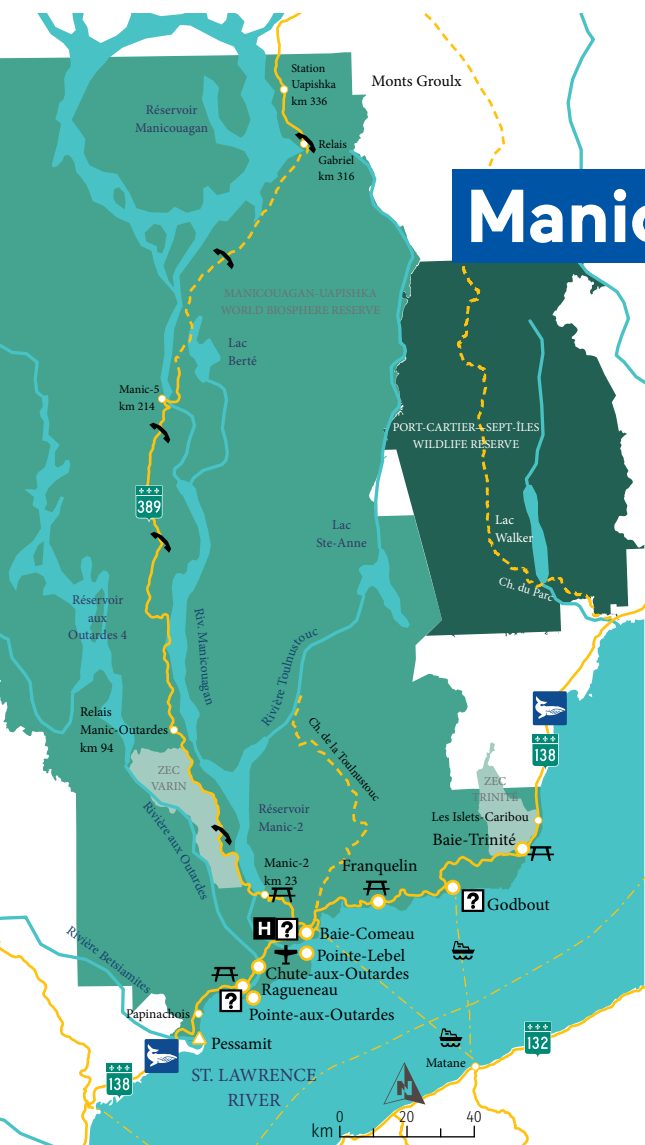


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Votre gouvernement

Québec

Saguenay-Lac-Saint-Jean © TQ/Outpost



Around

Manicouagan

If you follow Route 138 East, you'll come to the waterfront Innu community of Pessamit. Next, you come to the Manicouagan Peninsula, a paradise for wind sports enthusiasts. The *Route des plages* trail takes you to the sandy beaches of Ragueneau, Chute-aux-Outardes, Pointe-aux-Outardes and Pointe-Lebel, perfect for outdoor fun! Further east, Baie-Comeau invites you to explore its rich industrial, historic, and religious heritage. The *Secteur des panoramas* (Panorama Area), on the shores of the St. Lawrence River, includes the communities of Franquin, Godbout and Baie-Trinité, where visitors can relax as they take in unspoiled natural vistas. A ferry runs from Baie-Comeau or Godbout to Matane on the river's south shore.



Listen to the podcast:
*Manicouagan,
Sur la Route
de la Côte-Nord
(in French)*



Watch the video:
*Manicouagan et
Caniapiscaw,
Découvrez votre
Côte-Nord
(in French)*





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▼ Organized by sector, from west to east.

Collectable sticker

C'mon by!

595 Route 138, Ragueneau
418-567-8912

Free, limited edition; available on request.

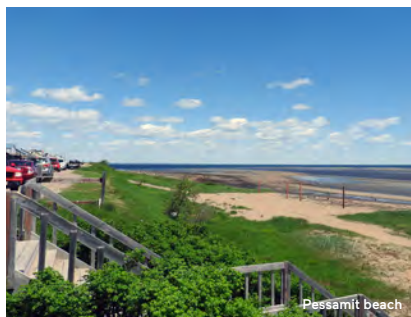


Pessamit

Population: 2,407

46 km from Colombier – pessamit.ca – 

The Innu community of Pessamit, whose name means “where the lampreys are”, is located 50 km southwest of Baie-Comeau. The community, which speaks Innu-aimun, is currently working on a project to record Innu legends, to pass them on to future generations. Pictogrammes



Pessamit beach



Shaputuan

Collectable sticker

C'mon by!

595 Route 138, Ragueneau
418-567-8912

Free, limited edition; available on request.



Ragueneau



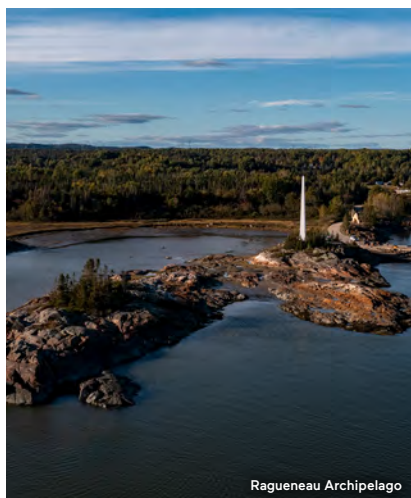
Population: 1,328

46 km from Colombier
municipalite.ragueneau.qc.ca – 

Gateway to the Manicouagan Peninsula, this village offers numerous lookout points and family-friendly activities and services, such as: hiking trails, a mountain bike trail, birdwatching, rest areas along the river, tent platforms and camping with an outstanding view of the huge Outardes-2 reservoir. The trails along the Rivière aux Rosiers are designed for use by families and sports enthusiasts. Starting from the Ragueneau pier, visitors have access to a playground, a hiking trail with lookout, an archipelago inhabited by seabirds and harbour seals, not to mention the two impressive, life-size dinosaurs!

Snowmobile clubs

p. 146



Ragueneau Archipelago

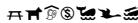
Iles de Ragueneau Archipelago



Information: 595 Route 138, Ragueneau
418-567-8912 – municipalite.ragueneau.qc.ca –

This small archipelago made up of four islands and a dozen reefs is located at the western edge of the village within view of the pier. Several thousand birds and sea ducks nest on the islands, along with hundreds of harbour seals and grey seals. The pier, which is under the watchful eye of a mother dinosaur and her baby, is a lookout point, a place to relax, a RV stopover and a camp site.

Fascine Trail



Information: 595 Route 138, Ragueneau
418-567-8912 – municipalite.ragueneau.qc.ca –

This trail's magnificent views give visitors an opportunity to experience the tranquility of nature and the ocean's ever-changing rhythms. Beginning at the Ragueneau pier, it extends along the archipelago: a nesting area where many different seabird species arrive each year. From the lookout point you can also watch seals in their haul-outs. The site has shelters, picnic tables, benches and a children's playground.

Rivière aux Rosiers Trail



Information: 595 Route 138, Ragueneau
418-567-8912 – municipalite.ragueneau.qc.ca –
Open: Year-round.

Come and experience one of the best-loved trails in the entire region! Its short and long hikes offer challenge and enjoyment for beginners and experts alike, and to solo strollers as well as families. Discover the river's many waterfalls, natural lookouts, and the abundant plant and animal life in the surrounding forest. The parking lot is located under the Hydro-Québec power lines, off Chemin d'Auteuil, 4 km from Route 138.



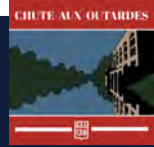
Life-size dinosaur in Ragueneau

Collectable sticker

C'mon by!

20 Ave Cartier, Baie-Comeau
1-888-589-6497

Free, limited edition; available on request.



2

Chute-aux-Outardes

Population: 1,405

8 km from Ragueneau
municipalitecao.ca –

This town in the Manicouagan Peninsula has a wide range of services, including accommodation, restaurants, a fish market, a pharmacy and a community health centre. Tourist attractions include parks and playgrounds, a golf course, hiking trails with great views of the Rivière aux Outardes, and a rustic trail that takes visitors by the former Outardes-1 hydroelectric power station. The lumber town was founded in 1926 during the forestry boom and the construction of the region's first generating station.

Events p. 108

Golfing p. 139



Bikeshow Chute-aux-Outardes

Collectable
sticker

C'mon by!

20 Ave Cartier, Baie-Comeau
1-888-589-6497

Free, limited edition; available on request.

Pointe-aux-
Outardes

Population: 1,289

7 km from Chute-aux-Outardes
pointe-aux-outardes.ca –

Renowned for its rural lifestyle and history, the village and its peninsula, with over 30 km of beaches and sandy flats, welcomes you for your next nature getaway. Cycling enthusiasts, come and discover the brand-new bike path that winds through the countryside to Pointe-Label. Other amenities include: a B&B, an outdoor centre, kayaking, camping, clay baths, shopping, and local specialty products. The covered bridge, one of the oldest in Québec, is the only one on the North Shore.

Events

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Manicouagan Peninsula beach

Manicouagan Sea Minerals



35 Chemin Principal, Pointe-aux-Outardes
418-567-9620 – manicouaganseaminerals.com –
Open: Year-round, weekdays only.

AEM Lab Inc. harvests Manicouagan sea clay and uses it as the basis for a range of health and beauty products for animals and humans. Tour their facilities, learn how clay products are made and about the region's geological history. In summer 2022, you can take a free, self-directed mud bath on Baie-Saint-Ludger beach (showers and toilets are currently not available). Our products can be purchased at our factory, 35 Chemin Principal. Manicouagan Sea Minerals was formerly Argile eau mer.

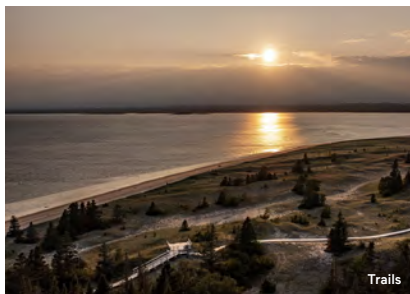


Manicouagan Sea Minerals

Parc Nature de Pointe-aux-
Outardes | Nature park

4 rue Labrie, Pointe-aux-Outardes
418-567-4227 – parcnature.com –
Open: June 5 to October 11.

Come to a protected and biodiverse natural area that covers nine different ecosystems. Recharge your batteries as you reconnect with nature through authentic activities, like going on a guided tour on local edible berries and medicinal plants. Nighttime is also a source of wonder in the park: gaze at the stars with a seasoned astronomer and spend the night in unusual accommodation. See website for details. **Ad p. 56**



Trails

Vivre comme un oiseau | Live like a bird 🐦🌳

Parc Nature – 4 rue Labrie, Pointe-aux-Outardes
 418-567-4227 – parcnature.com –  
 Open: June 5 to October 11.

Did you know that the Parc Nature is considered one of the top five birding sites in Québec? During migration season, over 255 species have been observed, so your binoculars are sure to get quite a workout! Take in the enchantment of the Jardin d'oiseaux (Bird Garden), where 300 permaculture plant species are housed in an original setting made from recycled materials. Why not try our unusual accommodation option and spend the night in a giant Bird's Nest?



A rest stop to recharge your batteries

Parc Nature | Nature Walk 🌳🐦🌳

Parc Nature – 4 rue Labrie, Pointe-aux-Outardes
 418-567-4227 – parcnature.com –  
 Open: June 5 to October 11.

Trail loops of between 1 and 5 km bring visitors to 9 different ecosystems with dunes, beaches and tidal flats, boreal and red pine forests, alder, peat bogs, and the fourth largest salt marsh in Québec. Visitors can also observe many animal species, including seals, geese and wild ducks, partridge (grouse), hare, groundhogs (marmots) and foxes. The trails include a number of rest areas with interpretive panels.



Guided tour of the Parc Nature nature park



Pointe-aux-Outardes beach

Parcours expérience Alice | Alice-in-Wonderland interactive activity

\$1

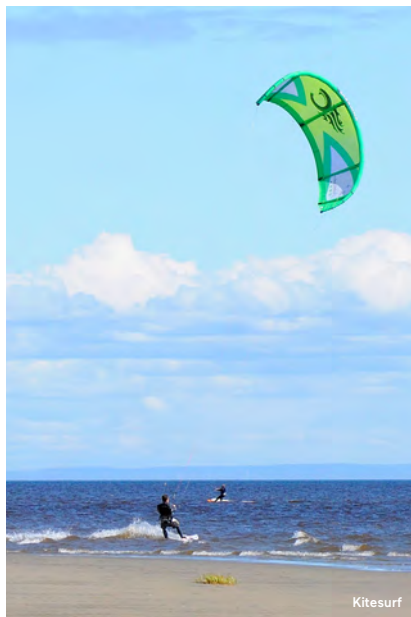
Parc Nature – 4 rue Labrie, Pointe-aux-Outardes
418-567-4227 – parcnature.com – [f](#) [i](#)

Open: June 15 to October 1.

Help Alice regain her memory by taking part in this fun, interactive activity filled with fascinating facts about the region and the history of Pointe-aux-Outardes. Advance in the game as you answer riddles, meet historical figures and walk along the 2.5-km long outdoor trail. The activity includes over 20 riddles for all ages, 10 discovery stations, where you'll learn more about the wonderful world of Parc Nature, and the famous Magic Labyrinth.



Puzzle trail



Kitesurf

Explore the sand flats

\$1

Parc Nature – 4 rue Labrie, Pointe-aux-Outardes
418-567-4227 – parcnature.com – [f](#) [i](#)

Open: June 20 to August 20, at low tide.

At low tide, accompanied by a naturalist-guide, go in search of the small life forms, animals and plants that inhabit the region's sandy flats. Discover how the Manicouagan Peninsula was formed and why the sand on our beaches is red and black. Be sure to dress appropriately (depending on the season) and bring water shoes or boots, as this fascinating discovery tour involves wading in the river. (French only)



Parc Nature de Pointe-aux-Outardes

La tête dans les étoiles | Stargazing activity

\$1

Parc Nature – 4 rue Labrie, Pointe-aux-Outardes
418-567-4227 – parcnature.com – [f](#) [i](#)

Open: July 1 to August 15.

Have you always dreamed of looking up ... way up? Here, when night comes, the universe and all its stars and planets are waiting for you. Using an 18-inch (45-cm) telescope and guided by an experienced astronomer, you can turn your eyes to the Milky Way and make breathtaking discoveries that are sure to change the way you see your place in the world. Average time: 2 hrs.



Harelde kakawi

Ferécho Creations

132 rue de Baie-Saint-Ludger, Pointe-aux-Outardes
 418-567-9843 or 418-297-6622
mariusblais@msn.com – 
 Open: Year-round.

Marius Blais gives a second life to repurposed scrap metal and other unwanted objects by turning them into original and unique depictions of North Shore animals and local culture. The one-of-a-kind pieces cause us to reflect, as this artist believes that art should always promote environmental awareness. In a small but important way, acquiring a Ferécho piece creates an echo that promotes awareness and helps preserve the planet for future generations.



Collectable sticker

C'mon by!

20 Ave Cartier, Baie-Comeau
 1-888-589-6497

Free, limited edition; available on request.



2

Pointe-Lebel



Population: 1,868

19 km from Chute-aux-Outardes
pointe-lebel.com – 

This vacation spot at the junction of the St. Lawrence and Manicouagan rivers features a long sandy point where the tides sculpt immense sandbars. The 30-km-long beaches of fine, white sand are a perfect playground for families, ideal for long, peaceful walks on the beach and a paradise for wind sports enthusiasts, outdoor lovers and birdwatchers. Visitors can also take the bike path that goes to Pointe-aux-Outardes. You can explore the area by bike or sea kayak, or just relax and enjoy the sights and sounds of nature.

Fruit and vegetables for sale

p. 177



Collectable sticker
C'mon by!
20 Ave Cartier, Baie-Comeau
1-888-589-6497
 Free, limited edition; available on request.

Baie-Comeau



Population: 20,823

20 km from Chute-aux-Outardes
ville.baie-comeau.qc.ca –

Located in the heart of the Manicouagan-Uapishka World Biosphere Reserve, Baie-Comeau is a bustling industrial town with spectacular views of the river and stunning natural surroundings that are accessible year-round. Take Route 389 from the town to the Jean-Lesage generating station and Daniel-Johnson dam (aka Manic-2 and Manic-5), the enormous hydroelectric structures that are a testament to Québec's engineering genius. The town itself has a vibrant cultural scene and sports community. The *Symposium de peinture*, a painting event that's well-known in Québec and Canada, kicks off a varied summer events season.

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www.manoirbc.com
1 800 463-8567

HÔTEL
Le MANOIR
BAIE-COMEAU
 8, avenue Cabor

Attitude Nordique Plein Air | Water sports



41 Place La Salle, Baie-Comeau

418-445-6673 – attitudenordique.com –

Discover the unspoiled nature of the Côte-Nord and fall in love with the surrounding landscape. With the help of an experienced professional guide, try your hand at different land or water sports: sea kayaking, hiking, via ferrata, zip lining, paddle boarding, snorkeling, rock climbing and fishing. For a truly unforgettable experience, ask us to create a customized package for you, your family or friends.



Attitude Nordique Plein Air



Attitude Nordique Plein Air

Lac Malfait Camping | Campground, beach and marina



1 Chemin de la Base de plein air, Baie-Comeau
418-297-0789, 418-297-6238

associationlacmalfait@hotmail.com –

Open: Daily, June 15 to September 3.

This family-friendly vacation resort has a wide variety of services and activities: serviced and unserviced campsites, many different kinds of water sports, a beach, a boat launch, and a marina.

Réserve naturelle du Boisé-de-la-Pointe-Saint-Gilles | Nature reserve



Entrance on rue Laval, Baie-Comeau

418-296-0262 – boisestgilles.ca –

Open: Year-round.

This 175-hectare woodland includes urban, forest, marine, and lake ecosystems that are home to a wide range of wildlife, including harbour seals and Barrow's goldeneyes. The trails take you to century-old trees, wood sculptures, rest areas and interpretation panels. Some trails lead to Champlain Beach. The Étang des Mandres pond, rose garden, and three rest areas (Bec et plumes, Des Coquillages and De la Pointe-Saint-Gilles) offer the best views.

Guided Tour of Baie-Comeau

5

20 Ave Cartier, Baie-Comeau

418-296-8178 or 1-888-589-6497

tourismebaiecomeau.com/tour –

Go on a guided tour of the city and listen as an experienced guide tells you about its history. In 1937, Colonel Robert McCormick founded a city around his paper mill, Québec North Shore Paper, that produced the newsprint for the *Chicago Tribune*, of which he was the Editor-in-Chief. The Colonel was a remarkable, inspiring man who left the city a great legacy.



Colonel Robert McCormick

Église Sainte-Amélie | Church



36 Ave Marquette, Baie-Comeau
418-296-5528, 418-297-2077
eglisesteamelie.com –
Open: June to September.

Located in the heart of Baie-Comeau's heritage district, the accredited museum known as the Église Sainte-Amélie (St-Amélie's Church) is a historic building in the Dom Bellot style featuring frescoes and stained-glass windows by renowned, Italian-born artist Guido Nincheri, known as "the Michelangelo of Montreal". The church's exterior of pink granite (mined locally) is eye-catching, but the interior is actually its most striking feature. **Ad p. 58**



Sainte-Amélie Church

St. Andrew and St. George's Anglican Church



34 Ave Carleton, Baie-Comeau
418-296-2833, 418-295-3431
baladodecouverte.com/circuits/702/poi/7615/eglise-standrew-et-st-george
Open: July 4 to August 12.

Tucked away on Avenue Carleton, across from Parc des Pionniers, this Anglican church was the first church in the Baie-Comeau area. Built in 1937 in the Tudor style, it has imposing oak trim and lovely stained-glass windows. The main window, created by Clara Fargo Thomas, is unique in its depiction of native North Shore forest animals. Average time: 30 minutes.

L'Alternative | Exhibition space



27 Place La Salle, Baie-Comeau
418-296-8300 –
ville.baie-comeau.qc.ca/culture/lalternative
Open: Year-round.

Located in Place La Salle, l'Alternative is a municipal building that houses a professional exhibition space. Each year, the city pursues its cultural mission by hosting a number of travelling exhibitions by both local and Québec artists. The city hopes the building's high-quality facilities will help the next generation of budding creators become professional artists who are recognized in their field.



L'Alternative

Galerie d'art Claude Bonneau | Art Gallery



13 Place La Salle, Baie-Comeau
418-297-0627 –
Open: Year-round.

This spacious art gallery does double duty as a museum and the space where painters Claude Bonneau and Elsa Boisjoly create and display their work. Their warm, vivid paintings of still lifes, musicians, elegant dancers, and North Shore scenes are displayed alongside historic artifacts. Come and discover the colourful world of these renowned painters.

Manufacture de savon Borale | Soap factory



4 Place La Salle, Baie-Comeau
418-298-1888 – borale.ca –
Open: Year-round.

Learn about the steps involving in making and processing Borale's special "extra-pure" soap. The open laboratory enables visitors to appreciate the dedication and skill of these craftspeople, who carry on the French soap-making tradition using essential oils sourced from the boreal forest. This all-natural, 100-percent biodegradable, premium quality product is suitable for all skin types.

Société historique de la Côte-Nord | Historical society



2 Place La Salle, Baie-Comeau
418-296-8228 – shcote-nord.org –
Open: June 30 to September 4.

On your next visit to Baie-Comeau, stop in at the local historical society and learn about North Shore heritage, regional history and genealogy by touring the exhibition, open from June 30 to September 4. For details, visit the website (in French only) or go to the Facebook page. Exhibition: Daily. Average time: 30 minutes.

Exposition L'Art est un Miroir | Art exhibition



Pavillon Mance, 41 Ave Mance, Baie-Comeau
418-666-8302 – legrandrappel.org –
Open: Year-round, daily except Sundays.

Explore the history of Canadian painting in a fabulous, one-of-a-kind permanent exhibition entitled *L'Art est un Miroir*. The exhibition includes 80 paintings by multidisciplinary artist Jérémie Giles that were inspired by male and female artists from the past who have influenced the history of Canadian painting. Each painting is accompanied by a portrait and a bilingual biography of the subject.



History of Canadian painting according to Jérémie Giles

Magasin de réemploi | Reuse Store Phase 2

800 rue Leonard-E.-Schlemm, Baie-Comeau
418-589-4557, ext. 232 and 225
regiemanicouagan.qc.ca –
Open: Year-round, daily except Sundays and Mondays.

Care about the environment? Looking for unique creations that are sustainable and affordable? Our re-use store is unique in Québec. Come and shop for practical and aesthetic zero-waste products that are designed and made in our workshop by local artisans using recycled materials.

Le Marché aux trésors | Souvenir store



625 Blvd Laflèche, suite 203, Baie-Comeau
418-589-5378 – lemarcheauxtresors.com –
Open: Year-round.

Stop by our store to find many local North Shore products and souvenirs made by Manicouagan artisans. We also sell a large range of health and beauty products.

Baie-Comeau, D'aventure et de culture | Show

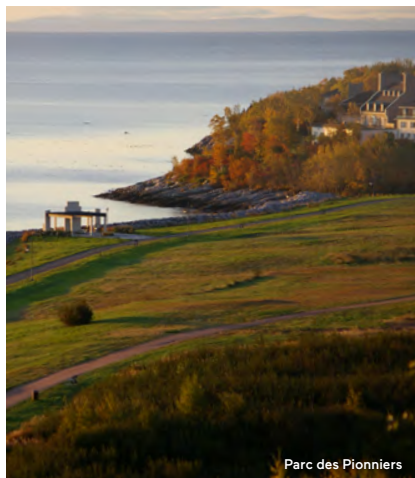


Centre des arts de Baie-Comeau
1660 rue de Bretagne, Baie-Comeau
1-866-525-2499 – bcaventureetculture.com –
Open: July 15 to 30, Wednesday to Saturday.

This spectacular multimedia show uses archives, first-person accounts and outstanding musical numbers to take you deep into Baie-Comeau history and bring the town's greatest moments of the past few decades to life. Don't miss this exciting cultural and creative experience!



Baie-Comeau, D'aventure et de culture show



Parc des Pionniers

Archéo-Mamu Côte-Nord | Archaeological Service

3 Ave Denonville, Baie-Comeau
514-949-0083 – archeo-mamu.com – 
Open: Year-round, daily except Sundays.

Come and learn about the Côte-Nord's archaeological past. With traces of 9,000 years of human occupation, there's much to discover! Contact us to find out more about our summer 2022 activities.

Cadelli

361 rue Puyjalon, Baie-Comeau
418-297-9576 – cadelli.ca – 
Open: Monday to Friday: 10 a.m. to 5 p.m.

Our small company is dedicated to developing natural cosmetics that respect the environment and the well-being of people who live there. Raising 4 children while growing a business means remembering to smile on a daily basis, and being true to our value of keeping it real. It's also a great way to create a relationship with our customers, who are as familiar with our products as they are with the adventures of our growing family and family-run business.

Jean-Lesage Generating Station (Manic-2)

Km 20, Route 389 Nord – 
1-866-LAMANIC – hydroquebec.com/visitez
Open: June 28 to August 13.

Just a few minutes' drive from Baie-Comeau is a truly impressive generating station, where you can step inside one of the world's largest gravity dams and see what makes it tick. At the Jean-Lesage generating station, you'll see a 400-ton rotor spinning over your head and feel the immense power of the eight generating units in action. The Georges Dor building also features an exhibition on the technology that revolutionized electricity transmission: the 735-kilovolt power line. Average time: 90 min. Reservations required; spots are limited. **Ad: detachable map**

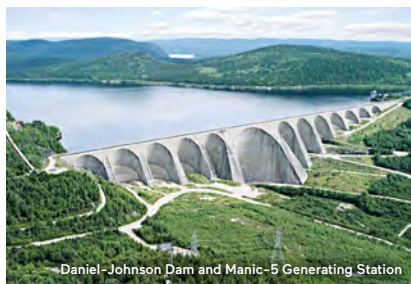


Jean-Lesage Generating Station – Manic-2

Daniel-Johnson Dam and Manic-5 Generating Station

Km 214, Route 389 Nord – 
1-866-LAMANIC – hydroquebec.com/visitez
Open: June 28 to August 13.

Be amazed by the world's largest multiple-arch-and-buttress dam, just two and a half hours from Baie-Comeau. A true monument to Québec engineering, Daniel-Johnson dam is renowned for its unique design. Whether at the foot of the dam, on its crest, or inside, you're sure to be thrilled by what you see and learn. On your tour of this majestic dam, you'll also get to marvel at the vast reservoir and the endless forest. Be sure to check out the fascinating exhibition on the dam's construction in the 1960s, when the Manic-5 jobsite was in full swing. Average time: 2 hrs. Reservations required; spots are limited. **Ad: detachable map**



Expo Route 389 | Exhibition

Km 211, Route 389
418-589-9293 or 1-800-760-2301
motelenergie.manic5@hotmail.com

The legendary Route 389, the only Québec highway that goes north of the 51st parallel, is a must-visit for nature lovers and adventure buffs. The exhibition on the dining room walls at Motel de l'Énergie in Manic-5 shows all the wonders that await you on Route 389, all the way to the town of Fermont.



Expo Route 389

Station Uapishka



Km 336, Route 389
418-296-8514 or 1-833-296-8514
stationuapishka.com –
Open: January to October.

This northern eco-lodge on the edge of the Monts Groulx mountains and the Manicouagan Reservoir offers accommodation, a restaurant and outdoor activities to adventure buffs and anyone interested in an unforgettable experience. Popular summer activities include hiking and kayak and rabaska trips. In winter, the mountains are covered in a powdery white blanket – a paradise for backcountry skiers and hikers. Some equipment can be rented on-site. Reservations required. Member of Tourisme Autochtone Québec.



Station Uapishka

Aventure Uapishka



Km 365, Route 389, Camp Lagopède
aventureuapishka.com –
Open: Year-round.

The starting point for hikes in the Mont Groulx mountains and learning about woodland life. Professional adventure guide Guy Boudreau lives at the foot of these distinctively northern mountains. He provides visitors with a variety of services: shuttle between the two trailheads and rustic accommodation for self-guided hikers; dormitory accommodation and prospector tent at base camp; in the mountains, tent rental with wood stove in winter. He organizes different adventure trips, such as crossing the mountain range.



Franquelin

Monts Groulx | Mountains



Km 335 and km 365, Route 389
581-444-1924, 418-409-6989
amidesmontsgroulx.com –

From Route 389, the trail runs through thick spruce forest that gives way to taiga as you climb. From the summit, view the Manicouagan crater, a gigantic scar formed some 214 million years ago. The Monts Groulx mountains (Uapishka, in Innu) include some 30 peaks of over 3,300 ft (1,000 m). Every year, the Monts Groulx not-for-profit organizes two volunteer cleanup operations (the Grande Corvée and Corvée Glaciale) to maintain and promote the mountain range; bring your own tent.

Monts Groulx Adventure | Hiking trips



Km 211, Route 389, Manic-5
418-297-6703 – mereveil.com
Open: June to September.

When viewed from a self-guided hike in the Mont Groulx mountains, the alpine scenery and geology of the 51st parallel are sure to impress. Maps and satellite phones can be rented on-site. Guided mountain hikes and kayak excursions are offered to groups of 8 or more. Reservations required. The hiking trailhead is located 90 minutes by car from the starting point. Wear sturdy shoes and dress appropriately.

Franquelin



Population: 285

31 km from Baie-Comeau
municipalitefrankelin.ca –

This former lumber town – named in honour of Jean-Baptiste-Louis Franquelin, hydrographer to Louis XIV – has reconstructed an authentic old-time lumber town, now its main attraction. It's surrounded by mountains, forests and the river where whales can often be spotted. On-site amenities include accommodation, a restaurant, and a convenience store.

Village forestier d'Antan de Franquelin | Old-fashioned lumber town



16 rue des Érables, Franquelin – 418-296-3203
villageforestierdantanfranquelin.com –

Open: End of June to mid-September.

Set in a charming coastal setting, this heritage site showcases the history of the brave Côte-Nord lumberjacks and pioneers. Learn about their living and working conditions as you tour typical log cabins filled with original artifacts. Book your Lumberjack experience that includes: a guided tour, ready-to-camp accommodations, fishing and fly-fishing lessons, guided hikes, planting a herb garden, speakers and storytellers, and parking for the Sentier de la Croix.



Expérience du bûcheron | Lumberjack experience

\$

16 rue des Érables, Franquelin – 418-296-3203
villageforestierdantanfranquelin.com –

Open: June 18 to September 11.

Set in a charming coastal setting, this historic heritage site showcases the history of the brave Côte-Nord lumberjacks and pioneers. Learn about their living and working conditions as you tour typical log cabins filled with original artifacts. Explore this spectacular natural region by booking an activity that includes: planting a herb garden, guided hikes, fishing and fly-fishing lessons, talks on nature and heritage, and evening storytelling. Sleep like a log in a ready-to-camp prospector tent. Don't miss taking a guided tour of the site, a source of local pride.



Lumberjack experience

Collectable sticker

C'mon by!

144 rue Pascal-Comeau, Godbout
 418-293-5506

Free, limited edition; available on request.



Godbout

Population: 256



27 km from Franquelin

municipalites-du-quebec.ca/godbout

Godbout Bay is recognized as one of the 12 best onshore sites around for watching whales, seals, and seabirds. The village boasts beaches, a fishing wharf with boat launch, a museum, scenic viewpoints with services and a salmon ladder on the Rivière Godbout that runs through the village. Salmon fishing is now permitted on the river, and a ferry service links Godbout and Matane. For more information, head to the Visitor Information Centre located in the centre of town, at 144 rue Pascal-Comeau.

[Snowmobile clubs](#) [p. 146](#)

[ZECs \(Controlled zones\)](#) [p. 149](#)

Centre d'interprétation des oiseaux de proie | Bird of prey interpretation centre



226 rue Pascal-Comeau, Godbout

418-568-7715 – ciopgodbout.com –

Open: June 18 to October 10.

Our centre's viewing aviaries are the ideal way to observe more than a dozen different species. The birds have injuries that prevent them from surviving in the wild so they can't be released. Check out the panels with interesting facts on the birds' biology, hunting techniques, and the importance of protecting their habitat. Location: 1 km from the ferry.

Musée amérindien et inuit | Indigenous Museum



134 Chemin Pascal-Comeau, Godbout
418-568-7306, 418-545-7447
Open: June to October.

The museum's private collection consists of many fascinating Amerindian and Inuit works of art. In the former village post office, see how an old-fashioned bread oven works. If you're lucky, you can taste delicious freshly made bread! Get inspired by watching potters and painters at work in their studios. Admission by voluntary donation.

Collectable sticker

C'mon by!

**144 rue Pascal-Comeau, Godbout
418-293-5506**

Free, limited edition; available on request.



Baie-Trinité

Population: 393

37 km from Godbout
baie-trinite.quebec –

Relive the history of the St. Lawrence lighthouse keepers at the Pointe-des-Monts Lighthouse, where nearby beaches and other river access points are the perfect spots for observing whales and finding shipwreck sites. The ZEC Trinité offers great Atlantic salmon and sea trout fishing as well as forest hunting. Village restaurants serve a variety of meals, while hotel, B&B, cottage, and campground accommodations lull visitors to sleep with the sound of the waves.

Snowmobile clubs	p.146
ZECs (Controlled zones)	p.149

Phare de Pointe-des-Monts | Lighthouse



1830 Chemin du Vieux-Phare, Baie-Trinité
418-939-2400, 418-939-2454
pharedepointedesmonts.com
Open: June 15 to Labour Day.

An 11.5-km road off Route 138 leads to this towering lighthouse, classified a historic monument. Built in 1830, it has seven floors featuring various maritime themes – lighthouse keepers, navigation and shipwrecks – that are explained by an audio guide. The exhibit also includes a short film on the lives of so-called "lightkeepers". From the balcony, enjoy views of the St. Lawrence and possibly whales. The former lighthouse keeper's house is now a charming B&B.

Annie Durette Gallery

1937 Chemin du Vieux-Phare
(Pointe-des-Monts), Baie-Trinité
450-753-9415 – anniedurette.ca –
Open: June to September.

In the reception area of the Gîte de Pointe-des-Monts, a charming B&B overlooking the sea, you can admire painter Annie Durette's original artwork. Just 13 km from Route 138, the spot is also ideal for taking a walk along the shores of the St. Lawrence. Viewing hours: daily, from 4 to 7 p.m.



Pointe-des-Monts Lighthouse

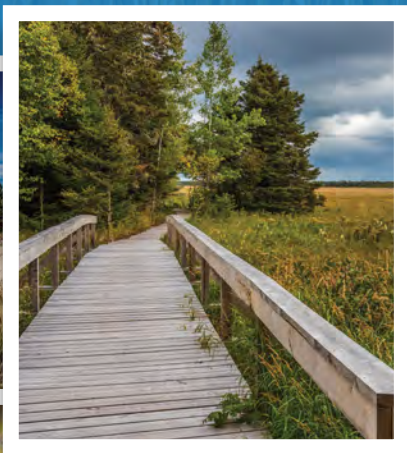
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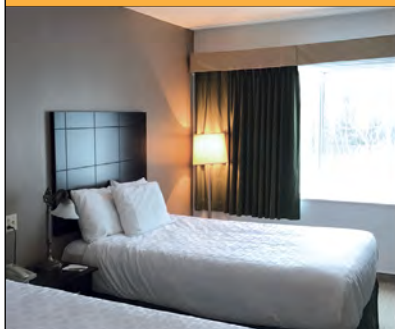
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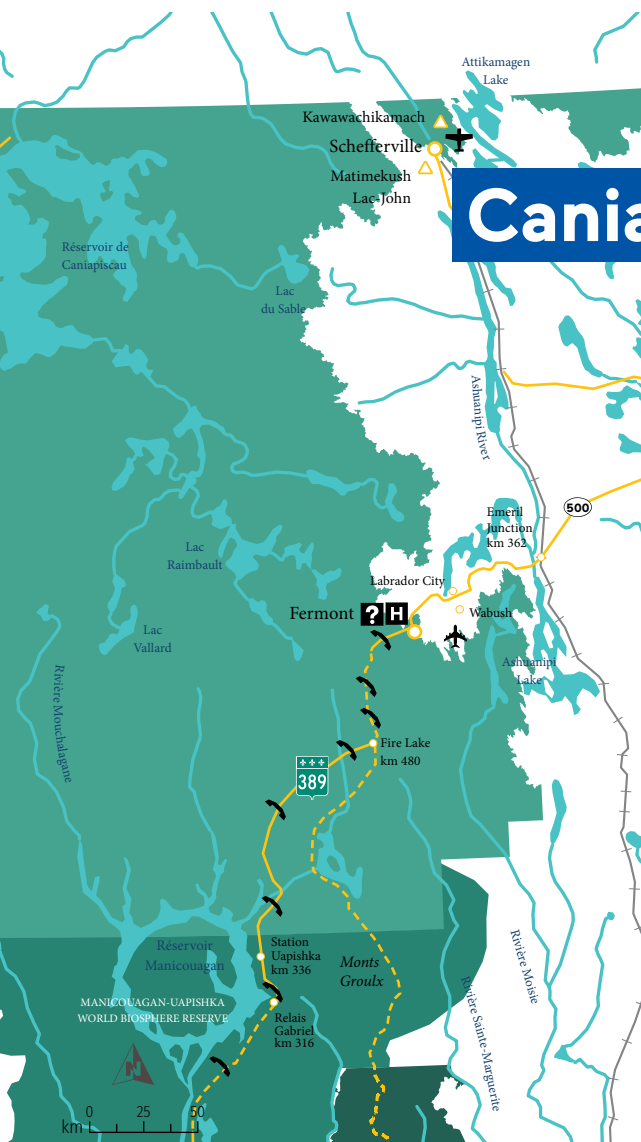
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Around

Caniapiscau

The Caniapiscau RCM is an enormous playground for outdoor and adventure enthusiasts, whether they're into winter or summer activities. The RCM encompasses the towns of Fermont and Schefferville, the Innu community of Matimekush-Lac John and the Naskapi community of Kawawachikamach. On the way from Baie-Comeau to Fermont Route 389 goes by two enormous hydroelectric plants, Manic-2 and Manic-5. It cuts through boreal forests, skirts the Manicouagan reservoir and the Monts Groulx mountains and leads to the Mont-Wright mine. At the Québec/Labrador border Route 389 continues as routes 500 and 501. Passengers can travel from Sept-Îles to Schefferville by train or plane.



Listen to the RCM podcast:
Caniapiscau
Sur la Route de la Côte-Nord
(French only)



Watch the video:
Manicouagan et Caniapiscau
Découvrez votre Côte-Nord
(French only)



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Monts Severson © Myriam Desjardins-Malenfant

TOURS OF THE MINE
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1 855 FERMONT(337-6668)
CANIAPISCAU.CA

Fermont

418 287-5411
VILLEDEFERMONT.QC.CA



Head further north, beyond the 51st parallel, and experience the feeling of being in the midst of an immense wilderness. This expedition takes you as far as Labrador and the Basse-Côte-Nord (Lower North Shore). But, like any adventure, you have to prepare for it, especially if you go in winter.

Expedition 51°: Drive through spectacular natural splendour

This crescent-shaped trail is a favourite for those who love long road trips through immense stretches of unspoiled wilderness. Starting in Baie-Comeau on Route 389, the 1,700 km drive will take you at least 26 hours. It runs through Fermont, crosses Labrador from west to east on Routes 500 and 510 then continues down the Lower North Shore to Blanc-Sablon. Once

there, a scenic detour beckons: a 150-km trip along the Chicoutai* Scenic Route, from Blanc-Sablon to Vieux-Fort and back, to view the majestic waterways of the Gulf of



See the Expedition 51° Guide at:

<https://tourismecote-nord.com/expedition51-en/>

St. Lawrence. (*Chicoutais, or cloudbberries, are small, flavourful, amber-coloured berries native to Québec's North Shore.)

Once back at Blanc-Sablon, you and your vehicle could travel by ship back to your starting point of Baie-Comeau. The MV *Bella-Desgagnés* brings supplies to the Lower North Shore's coastal villages. Or, you could decide to continue your adventure by taking the ferry to the Island of Newfoundland.

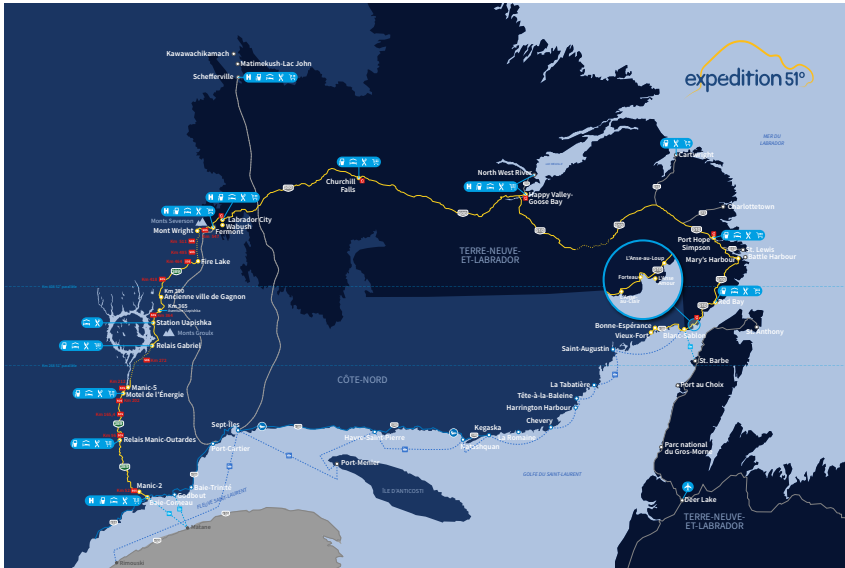
Following this trail is like a Choose-Your-Own-Adventure trip; you can stay on it for a few days, the whole summer or throughout the winter. The trail passes through boreal forest to taiga; it winds in and out of charming towns and villages where you can discover the lifestyle and culture of the francophone, anglophone and Indigenous populations, as well as the Métis and Inuit communities. There are lakes, rivers and mountains where you can hunt and fish, rough it in the wilderness, hike and kayak, and, at the end of the day, camp out under the northern lights. You can visit hydroelectric dams and open-pit mines. When winter comes, the North Shore is THE place to snowshoe and ski, or to go snowmobiling and dog sledding.

By road and by sea

Caution is required when driving this trail; while many sections are paved, some are only surfaced with gravel. The steep, narrow roads have tight turns and no shoulder, and become slippery in wet or icy conditions, so all-terrain vehicles and motorbikes are strongly recommended. While some adventurous types have driven this trail with 2-wheel drive, you are the best judge of your driving skills and your vehicle's capabilities. Whatever your mode of transportation, be sure to plan your trip carefully: pack well and know where to stop for supplies.



Winter hike in the Groulx Mountains



Satellite phone rental available at the following locations: Wabush Hotel in Wabush; Height of Land Hotel in Churchill Falls; Hotel North Two and the Royal Inn and Suites in Happy Valley-Goose Bay; Alexis Hotel in Port Hope Simpson; Northern Light Inn in L'Anse-au-Clair.

Route 389

route389.com

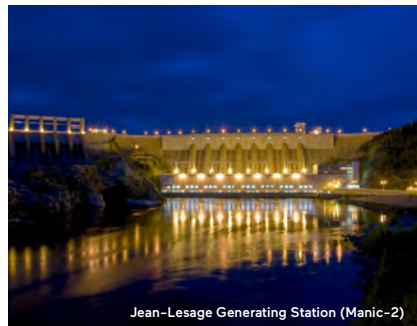
Head north to reach the town of Fermont and its windbreak wall. Then cross the Groulx Mountains, part of the Manicouagan-Uapishka Biosphere Reserve, and skirt the edge of the Manicouagan Reservoir that lies within an impact crater formed by an ancient meteorite. Many hiking trails branch off from this road.

LOCAL ATTRACTIONS

- Manic-2 and Manic-5 hydroelectric dams and facilities (p.52).
- Station Uapishka (p.53).
- Gagnon, a former mining town, dismantled in 1984 (at km 390).
- Mont-Wright mining complex (p.65).



Fermont



Jean-Lesage Generating Station (Manic-2)

Routes 500 and 510 or the Trans-Labrador Highway

newfoundlandlabrador.com

Ad p. 67

To find out about driving conditions in Labrador: 5-1-1, www.511NL.ca or www.gov.nl.ca/ti/.

LOCAL ATTRACTIONS

- Edmund Montague Exhibit Hall at the Gateway Labrador Visitor Information Centre
- Churchill Falls Generating Station
- Labrador Military Museum
- Red Bay National Historic Site
- Hiking trails

Travelling by sea

relaisnordik.com

Head west to complete the loop, and pick up Route 138 at Kegaska or Natashquan (depending on where you disembark). From Blanc-Sablon to Kegaska (or Natashquan), the *MV Bella-Desgagnés* that supplies the Lower North Shore stops at five different coastal villages. Stops last from 45 to 90 minutes, giving you ample time to stroll around. There's also a daily ferry service out of Blanc-Sablon to St. Barbe on the Island of Newfoundland.



Hiking, from Tracey Hill to Red Bay

Make the scenic Chicoutai Route part of your trip!

Before you take the boat from Blanc-Sablon, be sure to allow enough time to take the Scenic Chicoutai Route, a 150-km section of Route 138 that runs along the shores of the Gulf of St. Lawrence to Vieux-Fort and back. It's a unique opportunity to discover the region's scenery and hiking trails, the hospitality of the people who live "at the end of the world," and sample the distinctive local cuisine. From early May to early July, you can watch icebergs drift by in the Strait of Belle Isle.

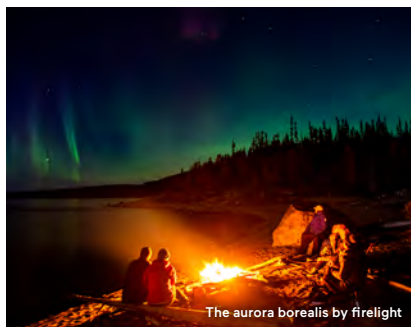
LOCAL ATTRACTIONS

- Scheffer Museum in Lourdes-de-Blanc-Sablon (p. 107).
- Aqua Labadie scallop farm (p. 177).
- Whiteley Museum (p. 106).

The Expedition 51° loop in winter

In winter, the snowy and icy road conditions mean Routes 389, 500 and 510 are passable, but only for experienced drivers in ATVs and off-road vehicles. The sometimes extreme conditions and low temperatures mean it is vital to plan your trip carefully: pack well and know where to stop for accommodation and supplies. There are many backcountry skiing, snowshoeing and snowmobile trails branching off from these Routes and in the Groulx Mountains. Note that snowmobiling is prohibited above 800 m altitude unless riders are accompanied by an MELCC-certified guide (Ministère de l'Environnement et de la Lutte contre les changements climatiques) Contact the Uapishka Station staff to obtain the services of a guide. Some conditions apply.

www.stationuapishka.com



The aurora borealis by firelight

▼ Organized by sector, from west to east.



Collectable stickers

C'mon by!

**100 Le Carrefour, Fermont
1 855 337-6668**

Free, limited edition; available on request.

Fermont

Population: 2,389

563 km from Baie-Comeau – villedefermont.qc.ca – 

Fermont is a one-industry town that's wholly dependent on iron mining. The town's main feature is its 1.3-km windbreak wall, a unique structure that houses shops and apartments. The northern lights are a regular feature here. In March, enjoy the fun activities of the Taiga Carnival; in summer, swim across Daviault Lake or hike in the Daviault or Severson Mountains. You can also tour one of the largest open-pit mines in Canada, the Mont-Wright mine, and see dump trucks weighing between 240 and 400 tons. **Ad p. 61**

Events	p. 108
Quad clubs	p. 141
Snowmobile clubs	p. 146
Snowmobiling	p. 145

Windbreak wall



Fermont Visitor Information Centre
100 Le Carrefour, Fermont
418-287-5339 or 1 855 337-6668 – caniapiscou.ca
Open: Year-round.

The only one of its kind in North America, the 1.3-km long windbreak wall is a marvel of northern architecture that protects the downtown core from the prevailing north winds. Known simply as The Wall, this is Fermont's downtown. It houses 344 apartment units, community and municipal services, a school, and healthcare and recreational facilities (an arena, pool and exhibition space), as well as a shopping centre, all linked by a temperature-controlled indoor promenade that's open 24/7. **Ad p. 61**

ArcelorMittal Mining Canada G.P. – Mont-Wright Industrial Complex



Fermont Visitor Information Centre

100 Le Carrefour, Fermont

418-287-5339 or 1 855 337-6668

mines-infrastructure-arcelormittal.com –  

Open: June to August.

Located roughly 20 km from Fermont, the Mont-Wright Industrial Complex is operated by a world-renowned and safe producer of iron ore. The site consists of a 24-km² open-pit mine, huge maintenance workshops and a fleet of enormous mining equipment. Reservations required at the Fermont Visitor Information Centre. Visitors are asked to comply with the dress code and safety guidelines.

Schefferville



Population: 156

573 km from Sept-Îles by train

ville-schefferville.ca – 

Schefferville is an example of peaceful coexistence between Indigenous and non-Indigenous peoples. It's also where the Innu community of Matimekush-Lac John and the Naskapi community of Kawawachikamach come together. The approximately 1,300 inhabitants of this isolated, mid-Northern region near the 55th parallel are united by a common desire to support one other. On the outskirts of town, history has left its mark on the landscape, as mine sites blend with the taiga. The town can be reached by plane from Montréal, Québec City, and Sept-Îles, and by train from Sept-Îles.



Mushuau-Nipi – An AUTHENTIC Aboriginal Experience



56th parallel, Schefferville

418-293-2548 – mushuau-nipi.com –

Open: September.

Come and have an AUTHENTIC Aboriginal experience in an outstanding setting! The ancestral site of Mushuau-Nipi is located in the middle of the tundra, on the migratory trail of the George River caribou herd, along the 56th parallel. We offer visitors a memorable stay that's unique in Québec. Experience daily life in an Aboriginal encampment and learn about their traditional practices. See website for details.

Matimekosh (Matimekush)

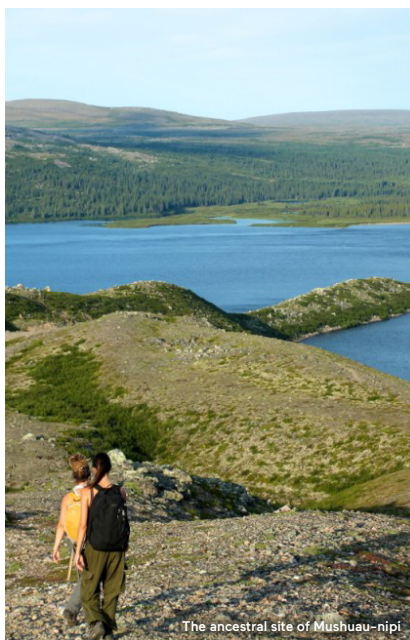
Population: 614

Lac-John

Population: 33

Kawawachikamach

Population: 628



The ancestral site of Mushuau-nipi



Monts Groulx

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Sept-Rivières

Along Route 139, around the communities of Pointe-aux-Anglais and Rivière-Pentecôte, visitors will find miles of sandy beaches. The large RCM (regional county municipality) of Sept-Rivières is full to bursting with rivers, lakes, islands, beaches, forests and salt marshes – a playground for people who love to camp, hunt and fish, hike, go out on the water and pick wild berries. A museum and various interpretation centres tell the story of the region's industrial development, primarily centred in the towns of Port-Cartier and Sept-Îles and in the Innu communities of Uashat and Maliotenam (Mani-Utenam). For culture lovers, there are musical and theatre performances and local arts and crafts.



Listen to the podcast:
Sept-Rivière
Sur la Route de la
Côte-Nord
(in French)



Watch the video:
Sept-Rivière
Découvrez votre
Côte-Nord
(in French)





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▼ Organized by sector, from west to east.

Collectable sticker

C'mon by!

2088 rue Mgr-Labrie, Pointe-aux-Anglais
1-888-766-6944

Free, limited edition; available on request.

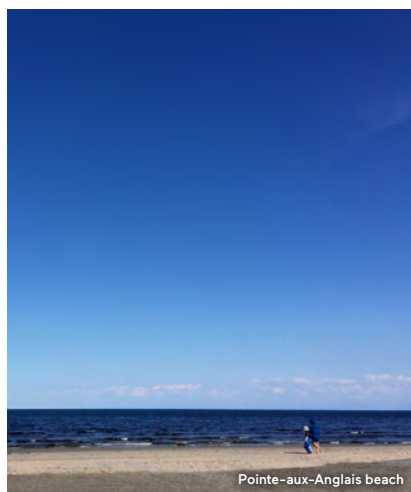


Pointe-aux-Anglais

Population: see Port-Cartier

33 km from Baie-Trinité
villeport-cartier.com –  

Bordered by an 11-km-long beach of fine sand, the village owes its name to an 18th-century shipwreck, which you can learn about at the Musée Louis-Langlois museum. Late May is the perfect time to fish for capelin, those small silver fish that come ashore to spawn on Côte-Nord beaches by the thousands. Local points of interest include a 100-year-old cemetery behind Saint-Paul church, and a hiking trail along the beach, with rest area nearby. The village store sells fishing and hunting licenses and equipment. Be sure to stop in for a delicious ice cream and other regional products



Musée Louis-Langlois | Museum



2088 rue Monseigneur-Labrie, Pointe-aux-Anglais
418-799-2212 or 1-888-766-6944
villeport-cartier.com –  
Open: June to August.

This museum features an exhibit that tells the story of the 1711 shipwreck of a part of Admiral Hovenden Walker's English fleet off Île-aux-Oeufs. Visitors can admire the exhibit's many artifacts taken from the sea, as well as a number of period objects, on display in the 1873 house that evokes the history of the Pointe-aux-Anglais and Rivière-Pentecôte villages. Guided tours available. You will also find a visitor information centre, picnic areas, and beach access.



Rivière-Pentecôte

Population: see Port-Cartier

12 km from Pointe-aux-Anglais
villeport-cartier.com –  

This bustling, late 19th-century logging town has become a peaceful haven. Watch for the signs on Route 138 so you don't miss the scenic panorama at the village entrance. Fish for sea trout off the historic pier or visit Église Saint-Patrice and the tiny chapel dedicated to St. Anne (variable hours). Nearby, a series of footpaths lead to a beach. Stop in at the Auberge du Nord-Côtier to view artwork by local artists and artisans and enjoy a good night's rest.



Rivière-Pentecôte lookout



SUP at Port-Cartier beach

Collectable
sticker

C'mon by!

64 Route 138, Port-Cartier
 1-888-766-6944

Free, limited edition; available on request.



2

Port-Cartier



Population: 6,530

38 km from Rivière-Pentecôte
villeport-cartier.com –  

As you cross the 50th parallel, stop in at Port-Cartier to enjoy the town's boardwalk and many serices. Listen to the rushing waters of the Rivière aux Rochers and falls, and tour Parc de la Taïga and the Salmon Interpretation Centre, which offer stunning views.

Travel back in time at the regional historic interpretation centre or take in a show at the Graffiti Café-théâtre. To get a sense of just how vast the backcountry really is, visit the Rochelois beach tidal flats, the Port-Cartier-Sept-Îles Wildlife Reserve and Les Goélands Outdoor Centre. Ad p.80

Events	p. 113
Performance venues	p. 115
Quad clubs	p. 141
Regional products	p. 176
Snowmobile clubs	p. 146
Specialty food shops and delis	p. 177



Port-Cartier

Réserve faunique de Port-Cartier– Sept-Îles | Wildlife Reserve (Sépaq)



64 Route 138, Port-Cartier
418-766-2524, 581-824-1008 or 1-800-665-6527

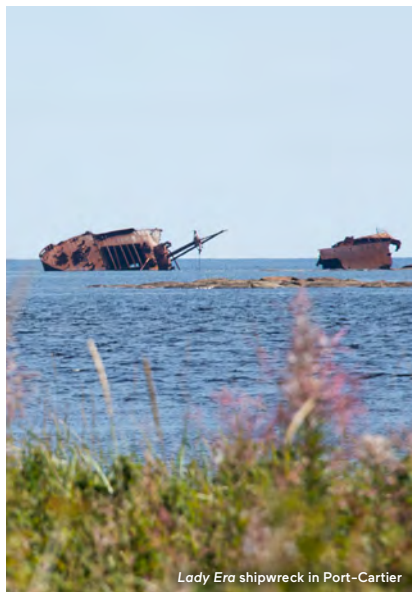
sepaq.com –

Open: Walker Lake: June 1 to September 4.

The reserve is the perfect place for outdoor activities like canoeing, hiking and kayaking. Come discover lovely Lac Walker and the footbridge to picturesque Chute MacDonald falls. Sport anglers can come for the day or rent a campsite or cabin and spend a night or two. You can also fish for salmon in the Aux-Rochers and MacDonald Rivers. Walker Reception: 7 a.m. to 7 p.m. **Ad p.81**

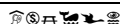


Walker Lake, Port-Cartier–Sept-Îles Wildlife Reserve



Lady Era shipwreck in Port-Cartier

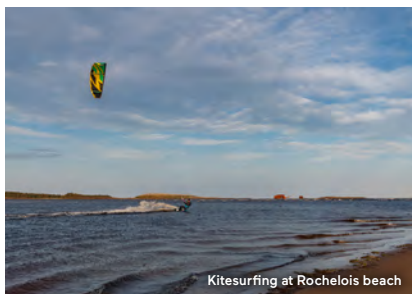
Parc de la plage Rochelois | Beach Park



Rue des Rochelois, Port-Cartier
418-766-4414, 418-766-3855 or 1-888-766-6944

villeport-cartier.com –

This is a popular family destination with free parking and great views of the St. Lawrence River. The unsupervised fine sand beach stretches for almost a kilometre and is a great place for kitesurfing, kayaking and SUP. Walk the flats at low tide and look for different species of marine life in the tidal pools. Then, read the interpretation panels on the wreck of the *Lady Era*, an iron-ore carrier that's visible offshore. There are municipal bike paths, a playground and picnic area nearby.



Kitesurfing at Rochelois beach

Rivière aux Rochers | Park and salmon ladder



24 rue Luc-Mayrand, Port-Cartier
418-766-2777 – aprr@globetrotter.net –

Open: June to August.

East of the bridge over the Rivière aux Rochers and half a kilometre off Route 138 is a salmon interpretation site. Visitors are invited to take a guided tour of the interpretation centre and the salmon ladder and trap. They can also admire the falls, watch anglers in action, go hiking, and enjoy a picnic.



Fishing in the Rivière aux Rochers

Promenade du P'tit Quai | Boardwalk



Ave Parent, Port-Cartier
418-766-4414, 418-766-3855 or 1-888-766-6944
villeport-cartier.com –
Open: April to December.

This boardwalk runs along the Rivière aux Rochers to the mouth of the St. Lawrence and is the perfect spot from which to admire the town. Picnic spots and rest areas, a lookout, and a park for kids make it a great place for outdoor fun and relaxation. Shopping, restaurants, tourist attractions and bicycle paths are all located conveniently nearby.



Promenade du P'tit Quai

Parc de la Taïga | Park



Chemin des Îles, Port-Cartier
418-766-4414, 418-766-3855 or 1-888-766-6944
villeport-cartier.com –
Open: Year-round.

This park features 2 kilometres of beginner-level walking trails on Île Patterson, in the centre of Port-Cartier. Discover the wonders of the boreal forest and an impressive waterfall on the Rivière aux Rochers that thunders just metres away. In season, you can admire the skill of the salmon anglers in the many pools along the trail. Parking available at park entrance.



Parc de la Taïga

Centre d'interprétation de l'histoire de Port-Cartier | Interpretation centre



45 Blvd du Portage-des-Mousses, Port-Cartier
418-766-4414, 418-766-0077 (in summer)
villeport-cartier.com –
Open: June 13 to September 30.

The largest interpretation centre on the Côte-Nord has created a comprehensive exhibit that covers the municipality's 100-year history, as well as the history of the mining towns of Fermont and Gagnon. Experienced guides help you relive the era of the region's large logging camps and mines, and teach you about everyday pioneer life. There's a new section with 28 period paintings. Average time: 1.45 hrs.

Ad p.81



Centre d'histoire de Port-Cartier

Circuit patrimonial de Shelter Bay | Heritage trail



418-766-4414 or 1-888-766-6944
villeport-cartier.com –
Open: May to October.

You can walk, bike or drive the Shelter Bay Heritage Trail before or after visiting the town's Interpretation Centre. The trail's information panels tell you about the places, people and events that have marked the history of Port-Cartier since its founding. Get the free trail map online or at the Visitor Information Centre.



Cyclotourisme, Port-Cartier

Société de Développement Économique de Uashat Mak Mani-Utenam (SDEUM)

271 Blvd des Montagnais, Uashat (Sept-Îles)
418-962-5433 – sdeum.ca – 

This economic partner plays a leading role in developing the tourism potential of the Innu Takuikan Uashat Mak Mani-Utenam and helping local, regional, national and international visitors learn about Innu culture. Its goal is to generate employment and economic benefits by helping developers and entrepreneurs implement their projects. **Ad C-3**

Gallix

Population: see Sept-Îles

24 km from Port-Cartier
septiles.ca –   

Gallix, which merged with Sept-Îles in 2003, abounds in peace and natural beauty. Birdwatchers can visit the salt marshes looking for different species, and nature lovers can enjoy the park and trail along the St. Lawrence River. From Parc du Souvenir on the Rivière Sainte-Marguerite, follow the boardwalk to the beach and take in the breathtaking view and 14 kilometres of fine sand beach. In June, watch for the capelin (a small local fish) spawning on the beach by the thousands!

Skiing, downhill

p. 143



Sept-Îles beach

Clarke

Population: see Sept-Îles

35 km from Port-Cartier
septiles.ca –   

Formerly known as Clarke City – the first real Côte-Nord town – this area is steeped in history. Learn about the town's industrial past and the Clarke brothers by visiting the town's interpretation centre and by reading the interpretation panels dotting the historical trail. Golf enthusiasts who play at the Sainte-Marguerite Club will enjoy an incomparable view of the Sainte-Marguerite and St. Lawrence rivers.

Golfing p. 140

Regional products p. 176

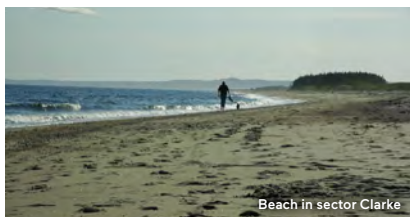
Centre d'interprétation de Clarke City | Interpretation centre

160 rue du Moulin, (sector Clarke) Sept-Îles
418-583-2223 – tourismeseptiles.ca –   
Open: June to August.

Having recognized the region's enormous potential, in 1898 the Toronto-based Clarke brothers set to work building a pulp mill. A few short years later, the mill site would become the first industrial town on the Côte-Nord. The interpretation centre tells the town's story, and the way of life of a bygone era.



Centre d'interprétation de Clarke City



Beach in sector Clarke

Collectable
sticker

C'mon by!

1401 Blvd Laure Ouest, Sept-Îles
1-888-880-1238

Free, limited edition; available on request.

Uashat and Maliotenam
(Uashat mak
Mani-Utenam)

Population: Uashat 1,672

Population: Maliotenam 1,542

itum.qc.ca -

Not far from Sept-Îles lies Uashat Mak Mani-Utenam, an Innu community of roughly 4,608 people living on two separate reserves, Uashat and Maliotenam. The inhabitants speak mainly Innu-aimun and French.

Maison de transmission de la culture
Innué, Shaputuan | Innu Culture Museum290 Blvd des Montagnais, Uashat
418-962-4000 - museeshaputuan.org -

Open: Daily from June 20 to August 31; from September 1 to June 19, Monday to Friday.

The Shaputuan (Big Gathering Tent) recounts the millennia-old history of a nomadic people in their ancestral homeland. The permanent exhibition entitled Innu utassi (Land of the Innu), follows the Innu through the seasons and their annual life cycle. The history and ethnology museum is also a gathering place where the Innu and other peoples can meet and learn about each other. Average time: 1 hr. **Ad p. C-3**

Atikuss Workshop & Gift Shop

136 Blvd des Montagnais, Uashat
418-962-6377 - atikuss.com -
Open: Year-round.

The Atikuss initiative is a small hotel, craft shop, studio space and art gallery. The gallery displays paintings, sculptures, authentic crafts and local products by local and Québécois Indigenous and non-Indigenous artists. Your visit will help you discover the culture, history and traditions of one of our First Peoples. **Ad below**



Friendship and peace



Shaputuan

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- MOCCASINS

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at work on site52, St-Louis Street, VIEUX-QUÉBEC
136, des Montagnais Blvd, UASHAT
info@atikuss.com • T. 418 962-6377

Le Vieux-Poste de Sept-Îles | Trading post 🇵🇸

20 rue Shimun, Uashat
418-968-6237 – vieuxposte.com – 
Open: June 25 to September 5.

The trading post covers the period from 1673 to 1842 and focusses on the everyday life of people living in a 19th-century fur trading post. Guides help you imagine what the first encounters between Innu and Euro-Canadian cultures must have been like. An offshoot of the Musée régional de la Côte-Nord gift shop sells exclusive local products. Average time: 1 hr.

Ad p.83

SEPT-ÎLES



Collectable sticker

C'mon by!

1401 Blvd Laure Ouest, Sept-Îles
1-888-880-1238

Free, limited edition; available on request.

Sept-Îles

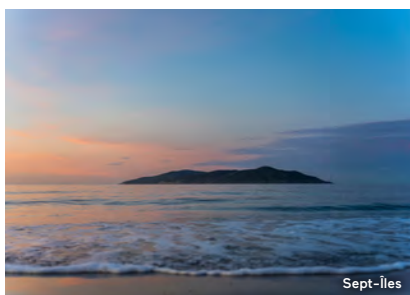
Population: 24,956

59 km from Port-Cartier
septiles.ca –   

At 2,182 km², Sept-Îles is one of the largest cities in Québec in terms of area. Located mid-way between the forest and the sea, it's a dream destination for outdoor lovers, with magnificent beaches and many kilometres of hiking trails. For rainy days, museums and interpretation centres recount the rich history of Sept-Îles. From industrial tours to shows by local and regional artists, visitors are sure to appreciate the culture, excitement and hospitality of this bustling Côte-Nord metropolis. **Ad pp. 83,84**

Bicycle	p. 138
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Sept-Îles

Parc Aylmer-Whittom



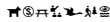
Route 138 Ouest, Sept-Îles (7 km from the Sept-Îles Visitor Information Centre)
418-962-1238 or 1-888-880-1238
tourismeseptiles.ca –   

This enchanting park is a local favourite where hikers can admire Conan Island, the western half of Sept-Îles Bay and many bird species from two observation towers.



Parc Aylmer-Whittom

Jardin du ruisseau Bois-Joli | Botanical garden



97 rue des Chanterelles, Sept-Îles (Ferland area)
418-960-5551 – ville.sept-iles.qc.ca – 

Open: May to November.

This ever-expanding attraction is the northernmost botanical garden in Québec, and was created in 1984 by local residents wanting to improve their quality of life. The garden boasts 14,000 ever-changing plant species, 5 kilometres of walking trails and 13 themed sections, including the all-new Boreal Japanese Garden. It's the perfect place to break up your trip, have a picnic, learn about the plant and animal life of the Côte-Nord or try some creative projects. Guided tours upon request.



Jardin du ruisseau Bois-Joli | Botanical garden



Sept-Îles beach



Parc du Vieux-Quai

Lac des Rapides Outdoor Centre



Follow the signs at the end of Blvd Vigneault, Sept-Îles
418-968-4011, 418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –   

Open: End of May to end of August; mid-December to end of April.

In summer, come and cool down with a refreshing dip at the swimming area supervised by certified lifeguards. Enjoy the beautiful scenery as you explore the network of hiking and cycling trails or take to the water with a rented canoe, kayak, pedal boat, or SUP. In winter, put on your skis or snowshoes for an outing into the nearby boreal forest along trails maintained by the Rapido Cross-country Ski Club.



Lac des Rapides



Lac des Rapides

Parc du Vieux-Quai | Historic Pier Park



Ave Arnaud, Sept-Îles
418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –   

A focal point for summer activities and a popular gathering place for locals, this is the ideal spot to appreciate the splendour of the bay, watch anglers and iron-ore carriers, and admire the sunset from the 1-kilometre-long wooden boardwalk. In summer, browse the covered kiosks with wares by local artisans, and watch artists perform under the yellow tent.

Ô Muses Gift Shop



500 Blvd Laure, Sept-Îles

418-968-2070 – museeregionalcotenord.ca –

Open: Year-round.

Visitors and residents alike will find a wide selection of quality products at this gift shop and book store, including works by local artists and artisans, original creations, jewellery, greeting cards, books, cultural and historical information and regional specialties. Other services include: restrooms, free parking, partial access for people with limited mobility. See website for details. **Ad p. 83**

PANACHE art actuel | Contemporary art

410 Ave Évangéline, SS-12, Sept-Îles

418-961-2675 – panacheartactuel.com –

The main goal of PANACHE art actuel is to energize the Côte-Nord contemporary art scene by bringing together professional artists from across the region to exchange ideas with those from other regions. Its primary mandate is to promote the Virée de la culture, a series of interconnected visual art and heritage shows, partially funded by the Musée régional de la Côte-Nord, that travel throughout the region. A second mandate involves organizing events, residencies and artistic projects.

History and Heritage Trail – Sept-Îles tells its story!



1401 Blvd Laure Ouest, Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –

Visitors can use this trail to explore Sept-Îles by bike or on foot, and bring along a guidebook or audio guide to learn more details about the city's rich history.

Musée régional de la Côte-Nord | Museum



500 Blvd Laure, Sept-Îles

418-968-2070 – museeregionalcotenord.ca –

Open: Year-round.

This regional museum showcases and protects Côte-Nord heritage and recounts the region's history through a multi-disciplinary approach that combines art with ethnohistory, archaeology and the natural sciences. The permanent exhibition takes you back through time to discover the people who lived here over 8,000 years ago! Check out the original and exclusive local products on sale at the Ô Muses gift shop. Average time: 1 hr. **Ad p. 83**

Archipelago Interpretation Booth



Marina, 385 Ave Arnaud, Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –

Inside the marina building in Parc du Vieux-Quai a series of interpretation panels tell visitors about the archipelago's seven islands and their history. While there, be sure to take a peek at the *Hermel*, the boat in which Mylène Paquette did her solo row across the Atlantic in 2013, and watch an audiovisual presentation of her daring exploit.

Sept-Îles Archipelago



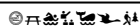
1401 Blvd Laure, 415 and 385 Ave Arnaud, Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –

From the marina in Parc du Vieux-Quai, you can see the seven islands in Sept-Îles Bay and learn about their history. From a tour boat or sea kayak, enjoy a close-up look at the marine mammals and birds that frequent Île du Corossol. It's also a great way to get a sense of the sheer size of the Sept-Îles harbour, North America's leading iron ore port. Boat tour guides recount the history of the people who have lived and worked here. **Ad p. 84**

L'île La Grande Basque



Tourisme Sept-Îles, Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca –

Open: Mid-June to early September.

This island is ready to welcome outdoor lovers wanting to picnic, hike and stay the night in a full-service or primitive campsite. Whether you're seeking relaxation or adventure, La Grande Basque has something for you. Come admire its magnificent beaches, stride along its 12 kilometres of groomed trails and discover its varied plant and animal life. The island guides will be happy to give you a crash course in local geology, marine biology, birdwatching and mushroom-gathering. **Ad p. 84**



Île La Grande Basque

L'île La Grosse Boule Purmer Ocean Farm

\$

Marina, opposite the volleyball courts,
Sept Îles archipelago, Sept-Îles

418-960-4915, 418-962-9753 – ferme-purmer.com – 

Stop at a farm in the middle of the sea, and be transported into the fascinating world of marine creatures. Or, spend a night by the shore in one of our three yurt rentals, for groups of 2 to 8 people. Other activities include: dinghy tours with commentary and tasting of fresh products from the sea. Average time: 3 hrs. Reservations required.

Aluminerie Alouette | Aluminum producer

400 Chemin de la Pointe-Noire, Sept-Îles

418-964-7342 – alouette.com – 

Open: Tuesday to Saturday, 8:45 a.m. and 1:15 p.m.

Aluminerie Alouette, the largest aluminum smelter in the Americas, has been producing primary aluminum since 1992 and is the largest private employer in Sept-Îles. Dress requirements for the tour: long pants, long sleeves and closed-toe, flat shoes. Prohibited on site: Visitors with pacemakers, pregnant woman, cameras, magnetic cards, watches, jewellery, and lighters. Minimum age: 12. Reservations required.



Île La Grosse Boule



SUP Camping Laurent-Val

From Sept-Îles, Île d'Anticosti can be reached by plane or boat.

**For information on getting there,
see pp. 135 & 209.**

Moisie

Population: see Sept-Îles

22 km from Sept-Îles

septiles.ca –   

Known worldwide for its salmon fishing, the Moisie district is a paradise for nature lovers. Four outfitters and a ZEC operate on the shores of the 410-km Rivière Moisie. Visitors will find a lovely beach off Route 138 (access near the Donald-Gallienne bridge), where they can enjoy beach volleyball and swimming.

Bicycle	p. 138
Canoeing, kayaking, paddleboarding and surfing	p. 131
Salmon river	p. 148



Fishing on Rivière Moisie

Laurent-Val Campground | River trips and rentals

1000 rue Fournier (Rivière Moisie), Sept-Îles

418-927-2899 – campinglaurentval.com – 

Open: May to September.

Water lovers have two options: take the time to paddle down part of the Rivière Moisie in your own craft or rent a canoe, kayak or paddleboard (SUP) for 3 hours at the campground. Either way, you're sure to enjoy discovering this natural treasure alone, with a partner or in a group. Our campground's unique offer: rent 4 to 6 paddleboards for a SUP party!

ALL THE SPACE YOU NEED

PORT-CARTIER

TOURIST INFORMATION



64, 138 rd, Port-Cartier QC G5B 0B7

Located in Shell/McDonald's Multiservice Station

1 888 766-6944 | villeport-cartier.com

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*Certain conditions apply

Photo : Fokus Productions

sepaq.com/portcartierseptiles
1-800-665-6527



INVITATION

Come visit North Shore's largest interpretation centre at 45, boulevard du Portage-des-mousses in Port-Cartier.



More than 85 panoramic canvases and over 1000 photos are shown. Expert guides will make you relive the North Shore's history.



**Open every day from 9 AM to 5 PM
from the 13th of June to the 30th of September**

For information

High season: 418 766-0077 | Low season: 418 766-7260

WELCOME, IT WILL BE A PLEASURE RECEIVING YOU!



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info@hotellevoyageur.com

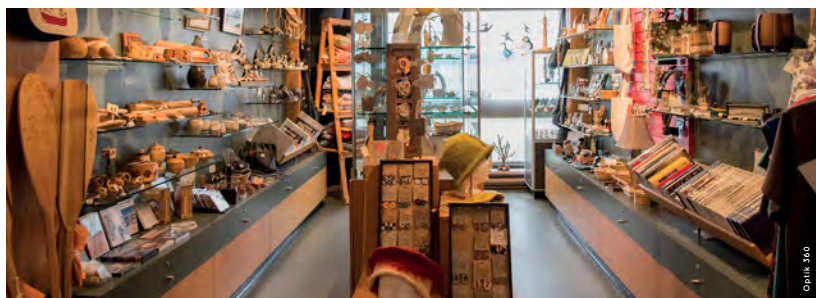
The advertisement features a sunset background with mountains and water. Below the header, there are four small images showing hotel interiors: a bedroom with a red and white bed, a bedroom with a striped bed, a kitchen area, and a bedroom with two pillows. The contact information is displayed at the bottom of the advertisement.



Île du Corossol, Sept-Îles

SEPT-ÎLES

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418 962-1238 | tourismeseptiles.ca

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Around Minganie

Minganie's vast and unspoiled territory is Québec's hidden gem. The 300-km coastline encompasses seven municipalities, from Rivière-au-Tonnerre to Natashquan, and two Innu communities. The 8th municipality is an island: Île-d'Anticosti. Minganie isn't just picturesque villages, though; it's also home to vast stretches of boreal forest to the north and the St. Lawrence River to the south, including the Mingan Archipelago and its countless islands, islets and bays. This region gives visitors the freedom and space they need to recharge their batteries and enjoy a variety of outdoor activities. Route 138 goes inland, providing a link from shore to forest, as well as connecting this majestic region to the rest of the Côte-Nord.



Listen to the podcast
Minganie
Sur la Route de la Côte-Nord
(in French)



Watch the video:
Minganie et Basse-Côte-Nord
Découvrez votre Côte-Nord
(in French)



Minganie Wild and Unknown

Be adventurous and
open to change. Connect to
what matters most



Regional county
municipality of Minganie

▼ Organized by sector, from west to east.

Collectable sticker

C'mon by!

7 Chemin des Forestiers, Port-Menier
418-535-0250

Free, limited edition; available on request.



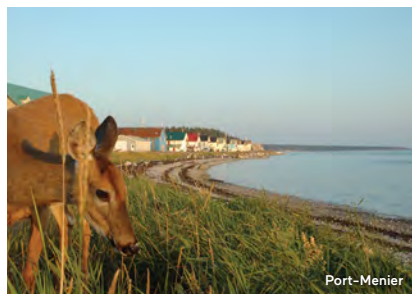
Port-Menier

Population: 190

destinationanticosti.ca

Population: 196 The island's only remaining village, Port-Menier was founded in 1899 by French industrialist Henri Menier when he realized it made a better port than nearby Baie-Sainte-Claire. A handful of homes from this period still remain on Rue du Cap-Blanc, facing Baie Gamache. Be sure to take the heritage tour that goes to 13 different sites in the village and the surrounding area, including Baie-Sainte-Claire, Pointe-Ouest and Anse-aux-Fraises.

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Secteur ouest de l'île



Information at 7 Chemin des Forestiers, Port-Menier
418-535-0250 – destinationanticosti.ca

The ruins of a few homes are still visible at the site of the first island settlement, named Baie-Sainte-Claire, established in 1895. A lime kiln, recognized as a historic site, was rebuilt here in 1985; as you move closer to the Pointe-Ouest lighthouse, you come across the remnants of a Catholic cemetery. The wreck of the *Calou*, which ran aground in 1982, bears witness to the historic reputation of the island's rocky shores as the "Cemetery of the Gulf." The former homes of the light-keeper and his assistant have been converted into an historic inn. From June 1 to Labour Day, reservations required for the campground and the inn; they can be made at campin.ca. No shuttle bus service from the pier.

Ruins of Château Menier



Information at 7 Chemin des Forestiers, Port-Menier
418-535-0250 – destinationanticosti.ca

The construction of Château Menier began in 1899 and lasted five years. In 1953, the abandoned luxury villa was deliberately burned to the ground. The chateau's foundations, uncovered in 1991, bear witness to the size of this impressive structure, the largest ever built on the island. Can be visited anytime.

Centre d'interprétation de l'histoire, de la culture et de la paléontologie d'Anticosti | Island interpretation centre

1 rue des Olympiades, Port-Menier
418-535-0250, 418-535-0311 – destinationanticosti.ca
Open: June to September.

This museum (housed in a church) helps visitors learn about the island's human and natural history: the former by admiring the heritage artifacts and furniture on display, and the latter from understanding the fossil records and different ecosystems. Starting in 2022, a new exhibit, *La fantastique épopée du vivant* offers a unique perspective on the tragic events that led to Earth's first mass extinction, 445 million years ago. Average time: 45 minutes.

Anticosti National Park



25 Chemin des Forestiers, Port-Menier
418-535-0156 – sepaq.com/anticosti –

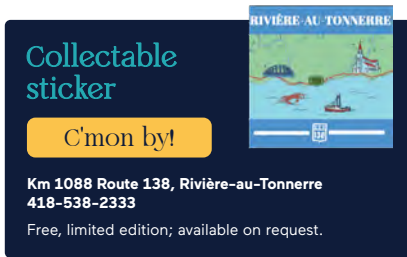
Imagine an island in the middle of the Gulf of St. Lawrence, with unique features and unusual fauna, all bathed in the clear northern light. Imagine white-tailed deer nibbling at algae, salmon shimmering in pools, and seals sunning themselves on the rocks. Then, explore canyons, cliffs, waterfalls, and caves and believe you're in a real place: Anticosti National Park. **Ad p. 98**

Sheldrake

Population: see Rivière-au-Tonnerre

111 km from Sept-Îles
riviere-au-tonnerre.ca – 

The name Sheldrake comes from an old British word for the American merganser, formerly called a sawbill. Just before reaching Sheldrake – the first village in the Minganie region – a road leads to a small hydroelectric station and a hiking trail. In early June at low tide, near the bridge over Rivière-au-Tonnerre ("Thunder River") is a great clamming spot. Photographers and nature lovers will enjoy strolling on Sheldrake beach and listening to the sound of the waves.



Rivière-au-Tonnerre

Population: 259

11 km from Sheldrake
riviere-au-tonnerre.ca – 

Located on a rocky shoreline, the village is named after the roaring of the nearby river, for many years called "Thunder River". It's known for its crab fishing, numerous bays and spectacular 35-metre-high falls. Visitors can stroll along a boardwalk with interpretation panels, located in the centre of village, and enjoy a picnic or relax at the picnic tables nearby. Summer's end is the perfect time to collect local wild berries, but the whale watching is good any time of year!

Regional products

p.176

Chute Manitou | Falls



Km 1088 Route 138, rivière Manitou, Rivière-au-Tonnerre
 418-538-2333 – mrc.minganie.org
 Open: June 20 to September 17.

This must-see attraction lies about 85 km east of Sept-Îles and 35 km from Rivière-au-Tonnerre: a 35-m waterfall at the end of a trail. The Visitor Information Centre has a large parking lot and picnic tables, making it an ideal place to stop. Average time to hike the trail one-way: 45 minutes (1.3 km).



Église de Rivière-au-Tonnerre | Church

18 rue de l'Église, Rivière-au-Tonnerre
 418-465-2255 – riviere-au-tonnerre.ca
 Open: June 1 to September 22.

Built in the early 20th century by over 300 volunteers and restored in the late 1970s, this wooden church is a source of local pride. A noteworthy feature is the 8-metre-high archway featuring about 60 motifs carved with a penknife. A free audio guide is available. Average time: 45 minutes.

Voyages Coste (Cooperative for a Sustainable Tourism Environment)

454 rue Jacques-Cartier, Rivière-au-Tonnerre
 418-465-2002 or 1-877-573-2678
voyagescoste.ca –  

This community-based cooperative is a brick-and-mortar travel agency with a Québec travel agent licence. It offers tourist packages and products in the Côte-Nord, mainly on l'île d'Anticosti, in the Minganie region and the Lower North Shore. By encouraging fair, responsible, and sustainable tourism, you can help local (French, English, and Innu) communities to grow. Our wide range of services includes: flight and river cruise reservations, customized packages and individual products.

Chez nous, art d'ici | Gallery



582 Route Jacques-Cartier, Rivière-au-Tonnerre
581-304-8187 - isabellebrault.com -
Open: June 22 to September 18.

You're sure to love the items in this gallery. Local artists have created one-of-a-kind pieces with intriguing shapes and unusual materials – an opportunity to bring a piece of the Côte-Nord home with you!

Magpie

Population: see Rivière-Saint-Jean

22 km from Rivière-au-Tonnerre

To get to the village, you have to leave Route 138 and take the road that passes through town. At the turn of the 20th century, Magpie was the largest cod fishing port in the region. Near the pier of the once-bustling harbour, a rest area leads to a rock formation forming a natural lookout and a great vantage point for whale watching. On the Rivière Magpie is a 40-megawatt hydroelectric plant, built to replace a 2-megawatt facility constructed in 1958.



Razorbill in flight



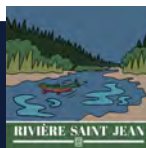
SUP near the shore

Collectable sticker

C'mon by!

Km 1088 Route 138, Rivière-au-Tonnerre
418-538-2333

Free, limited edition; available on request.



Rivière-Saint-Jean



Population: 215

13 km from Magpie

The village stretches along the western bank of the Saint-Jean River. Navigable for about 50 km and famous for its salmon pools and sea trout at the river's mouth, for several decades the river marked the border between Québec and Labrador. The sandbar that divides the river from the Gulf of St. Lawrence is an ideal spot for birdwatching. A sea shuttle serves Anticosti Island and the Mingan Island Archipelago; whale-watching cruises are also available.

Outfitters

p. 155



Île aux Perroquets

Collectable
sticker

C'mon by!

Km 1088 Route 138, Rivière-au-Tonnerre
418-538-2333

Free, limited edition; available on request.

Longue-Pointe-
de-Mingan

Population: 426

17 km from Rivière-Saint-Jean
longuepointedemingan.ca -

This village owes its name to the sandy point that juts out into the Gulf of St. Lawrence. The site was frequented by Gaspé fishermen, who founded a permanent settlement here in 1849. This peaceful yet bustling village is surrounded by spectacular scenery and abundant marine life. The friendly residents invite you to celebrate with them during the Paspayas Festival. Named after the original Gaspé settlers, this event takes place in the second week of July and welcomes visitors from near and far.

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Snowmobile clubs	p. 146

Mingan Island Cetacean Study
(MICS) Interpretation Centre

ts

625 rue du Centre, Longue-Pointe-de-Mingan
418-949-2845 - rorqual.com -
Open: June 15 to September 6; 4 visits daily.

Thanks to the centre's twin focus on research and education, you can learn about the research that has been done over the past 40 years by the team of biologists on marine mammals in the Gulf of St. Lawrence. You can admire the life-sized whale sculptures and murals, view a video and visit the acoustics room. Your admission fee helps further the centre's work and also helps protect these gentle giants. Average time: 1 hr.

Corporation de l'île aux Perroquets

ts

Reception: Centre John Collin
878 Chemin du Roi, Longue-Pointe-de-Mingan
418-949-0005 or 1 855 717-5657
ileauxperroquets.ca -
Open: Early June to late August.

Travel back in time and experience the life of a lighthouse keeper that was once regulated by flashing beacons. Stay for a night or two at this authentic, cozy and environmentally responsible inn, and get to know the island puffins. Day visitors can visit the exhibition in the former foghorn building, and learn about the lighthouse keepers who lived here for many decades with their families.

Famille Loiselle Gift Shop & Ticket Office

ts

207 rue de la Mer, Longue-Pointe-de-Mingan
418-949-2689 or 1-866-949-2307, ext. 2
tourisme-loiselle.com -
Open: Mid-May to mid-September.

At this Loiselle family location, you can book a Mingan Islands cruise and register at their seaside campground, as well as learning about the region by browsing the selection of crafts, clothing and souvenirs at the campground store. **Ad below**

Wake up to the sound of waves
and the breath of the whales...

Longue-Pointe-de-Mingan
CAMPING de la Minganie

A Tour and Camping package to îles Mingan is available

Access to the beach : condos, houses, cabins
& equiped trailers • Camground : 85 sites with services

109, rue de la Mer

Tel. : 1 866 949-2307
tourisme-loiselle.com

**Collectable
sticker**

C'mon by!

**Km 1088 Route 138, Rivière-au-Tonnerre
418-538-2333**

Free, limited edition; available on request.



Mingan (Ekuanitshit)

Population: 529

10 km from Longue-Pointe-de-Mingan
ekuanitshit.com - 

The name Ekuanitshit ("where things run aground"), refers to the Innu community's location: a valley surrounded by mountains and an island governed by tides. The nearby Rivière Mingan has a spot that's perfect for swimming or just relaxing. Artisans, artists, entrepreneurs, hunters and anglers make up this traditional yet forward-looking community where Innu-aimun is still spoken. The church, decorated with Innu motifs, is both charming and authentic. An exhibition at the Maison de la culture innue (House of Innu Culture) teaches visitors about this dynamic community.

Outfitters

p. 155



Maison de la culture innue | House of Innu Culture

\$\backslash\$

34 rue Nashipetimit, Mingan
 418-949-2067, 418-949-2035
maisoncultureinnue.com - 
 Open: Year-round.

This is a place where the Ekuanitshit Innu culture is alive and well. The permanent exhibit provides fascinating facts about the Innu world of caribou hunting, salmon fishing and berry gathering. This is also a place where you will hear Innu-aimun spoken and chanted. Watch as skilled native craftspeople make traditional items that can be purchased in the nearby gift shop. Packages include church admission and tasting of local products.



Collectable
sticker

C'mon by!

1010 promenade des Anciens, Havre-Saint-Pierre
1-866-538-2512

Free, limited edition; available on request.

From Havre-Saint-Pierre, Île d'Anticosti
can be reached by plane or boat.For information on getting there,
see pp. 135 & 209.

Havre-Saint-Pierre

Population: 3,361

35 km from Mingan – havresaintpierre.com –

Long known as a tourist destination thanks to the Mingan Archipelago National Park Reserve, the town offers a wide variety of interesting activities: learn about the community's history at the Maison de la culture Roland-Jomphe Cultural Centre or pick up a local souvenir at Place des artisans; try a cruise, a meal featuring local products, watch a show, or take a walk on the beach, where you might spot a whale! The city has earned three *fleurons* under the *Fleurons du Québec* program, established to encourage municipalities to beautify their gardens. Ad p.99

Canoeing, kayaking, paddleboarding and surfing	p.131
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Havre-Saint-Pierre

Maison de la culture Roland-Jomphe |
Cultural centre

957 rue de la Berge, Havre-Saint-Pierre
418-538-2450, 418-538-2717 (off-season)
havresaintpierre.com –
Open: June to September.

In an historic general store near the old quarter, visitors can explore a permanent exhibit entitled *L'Autre Roman / The Other Tale*, which recounts the history of Havre-Saint-Pierre from 1857 to the present day. Activities with local flavour enliven summer nights in July and August. Average time: 30 min.



Maison de la culture Roland-Jomphe

Place des artisans

997 Promenade des Anciens, Havre-Saint-Pierre
418-538-2787 – havresaintpierre.com –
Open: June to September.

The town square is the perfect spot to find original, local, handcrafted creations! In summer, you might even get a chance to see the artists at work.



Place des artisans

Mingan Archipelago National Park Reserve



625 rue du Centre, Longue-Pointe-de-Mingan
1010 Promenade des Anciens, Havre-Saint-Pierre
(Pélagie-Cormier Terminal)

418-538-3285 or 1-888-773-8888

parkscanada.gc.ca/mingan -

Open: Beginning of June to end of September.

The archipelago encompasses roughly 20 islands stretching along the Mingan coast. It includes the largest concentration of erosion monoliths in Canada, a wide variety of plant and animal life, and two lighthouses. Several islands have lookouts, trails, and various accommodation options. For more information on the archipelago, to find out about maritime transport services or to get a camping permit, visit our website or one of the Visitor Information Centres. Variable hours. **Ad: detachable map**



Monoliths



Pair of puffins

Romaine-1 Generating Station



1010 Promenade des Anciens, Havre-Saint-Pierre
(Pélagie-Cormier Terminal)
418-294-3648 or 1-833-994-3648
hydroquebec.com/visitez -
Open: June 13 to August 19.

Head north-east of Havre-Saint-Pierre to Romaine-1 generating station, commissioned in 2015. Start your tour at the Portail Pélagie-Cormier building and browse the exhibition on environmental and heritage conservation. Then, head over to the generating station where you can walk along the top of the dam and marvel at the station's reservoir and stunning view of the valley. Your tour guides will have you walk under a penstock (pipe that carries water to the turbine) where you'll feel the water's power. You'll also learn all about the efforts being made to preserve salmon habitats. Reservations required, spots are limited. **Ad p.100**



Romaine-1 Generating Station

Boutique du terroir Chez Julie | Gourmet food store



theoganas@hotmail.com -

This charming little boutique brings all of the North Shore's flavours together under one roof. From Tadoussac to Blanc-Sablon, the region is bursting with delicious treasures, and you can find them all here! Take a coffee break on our deck while you admire the view, and treat yourself to one of our homemade muffins.



Chez Julie Gourmet food store

Collectable
sticker

C'mon by!



16 rue Tanguay, Baie-Johan-Beetz
418-539-0243

Free, limited edition; available on request.

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sticker

C'mon by!



250 Route Jacques-Cartier, Aguanish
418-533-2228

Free, limited edition; available on request.

Baie-Johan-Beetz



Population: 87

68 km from Havre-Saint-Pierre
baiejohanbeetz.qc.ca –

Nestled deep in the taiga, this village is named after a Canadian naturalist of Belgian origin who lived here. A few minutes' walk along one of the many footpaths brings you outside the village, where you can still see traces of the 2013 fire. Visitors will enjoy observing the many types of rock, lush vegetation and abundant wildlife, and watching flocks of aquatic birds fly past on their annual migration. The locals invite you to share their peaceful haven and their many interesting activities.

Food markets	p.179
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Baie-Johan-Beetz

Aguanish and
L'Île-Michon

Population: 228

59 km from Baie-Johan-Beetz
aguanish.org –

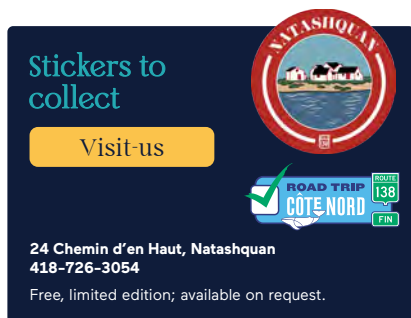
This picturesque village welcomes visitors and gives them an unforgettable vacation. Nature lovers can explore the miles of sandy beaches, fish for shellfish, and taste the sun-drenched wild berries. In addition to admiring the splendid scenery, visiting Aguanish means meeting friendly locals who live life at a more leisurely pace.

Outfitters	p.156
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Canyon "Trait de scie" | Sawcut Canyon

Aguanish Hunting & Fishing Association
250 Route Jacques-Cartier, Aguanish
418-533-2228 – acpa2018@outlook.com –
Open: End of June to early September.

Experienced guides will lead you on a motorboat adventure to the third falls along the Rivière Aguanish known as Trait de Scie Canyon, whose name means "sawcut" in English. Three trails with boardwalks lead past the falls. The association also administers salmon fishing and has an on-site guide. Average time: 2 - 3 hours. Departures at 9 a.m. and 1:30 p.m. Reservations recommended.



Natashquan and Pointe-Parent

Population: 277

33 km from Aguanish
natashquan.org

It's been made famous by the songs of singer-songwriter Gilles Vigneault, the Les Galets heritage buildings, and the residents' warm welcome, but the highlight of visiting this cultural destination is the annual Innucadie Storytelling Festival. The visitor information centre is where you can return the road guide CD you rented in Manitoau Falls or Havre-Saint-Pierre. On the beach, Café-Bistro de l'Échouerie is THE place for conversation and an occasional summer show. The village (connected to the provincial road network since 1996) has earned two *fleurons* under the *Fleurons du Québec* program that encourages municipalities to beautify their gardens.

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"Sur la route de Natashquan": Road guide CD or USB

24 Chemin d'en Haut, Natashquan
 418-726-3054 - copactenatashquan.net -

Visitors planning to drive east through the Minganie region (starting 4.5 km east of Havre-Saint-Pierre) will want to rent the 2-CD box set or USB from the Visitor Information Centre in Minganie (Manitou Falls) or from the Pelagie-Cormier Terminal in Havre-Saint-Pierre. As you drive the 160-km route to Natashquan, listen to locals talk about their way of life and tell their stories. The road guide includes music, songs, anecdotes and suggested stops.

Patrimoine familial de Gilles Vigneault | Birthplace

17 Allée des Galets, Natashquan
 418-726-3166 - avecnatashquan.com -
 Open: June to September, Monday to Sunday.

A visit to the Maison Vigneault heritage and family site takes visitors back in time to the childhood of the famous poet and singer-songwriter, Gilles Vigneault. Reception is at the home of Grandfather Jean, where you can also view a documentary and listen to interpreter-guides tell you about the family, the villagers and, of course, Gilles' childhood. Approximate time: 1 hour.

Les galets de Natashquan | Heritage buildings

Allée des Galets, Natashquan
 418-726-3054 - copactenatashquan.net -
 Open: Year-round.

The village within a village known as *Les Galets* was designated a cultural asset by the Québec government. The name refers to both the fishing sheds themselves, built 150 years ago, and the stone island upon which they stand, mute witness to a long-gone way of life. Their presence brings back fond memories of a time when people could earn a living from cod fishing in Natashquan.

Centre d'interprétation le Bord du cap | Interpretation centre

32 Chemin d'en Haut, Natashquan
 418-726-3233 - copactenatashquan.net -
 Open: June to September.

This replica of the old Natashquan general store displays photographs and artifacts illustrating the storekeeper's job in times gone by. It also features exhibits with 39 different historical themes on the history of the village and the store, including photographs, objects, an audiovisual presentation, and a short biography of Gilles Vigneault, with some information in English. Average time: 45 min. Stop by the Visitor Information Centre first. Reservations recommended for groups.

La vieille école | Old schoolhouse

\$

Natashquan

418-726-3054 – copactenatashquan.net – 

Open: June to September.

An unassuming wooden structure erected in 1913, today the old schoolhouse serves as a museum, a monument to the memory of all the schoolchildren of yesteryear, and a place to commemorate local poet Gilles Vigneault. Visitors are introduced to the lively characters that people Vigneault's songs, all of whom have a name and a story. Average time: 45 min. Stop by the Visitor Information Centre first. Group rates available.

Un air de par ici Gallery and Boutique

24 rue des Galets, Natashquan

418-654-8791 – unairdeparici.com – 

Open: June to Mid-September.

Come and browse the original creations of artists and artisans from near and far, imbued with the distinctive spirit of Natashquan and the North Shore. Stroll along Chemin des Galets and enjoy the town's distinctive vibe as you shop for souvenirs: ceramics, photographs, watercolour and oil paintings, prints, sculptures, maps, books, CDs and T-shirts and different kinds of soap.



Gilles Vigneault Birthplace

Collectable
sticker

C'mon by!

24 Chemin d'en Haut, Natashquan
418-726-3054

Free, limited edition; available on request.



2

Nutashkuan

Population: 878

59 km from Baie-Johan-Beetz

mamit-innuat.com/membres/nutashkuan.aspx

Located on the banks of the Rivière Natashquan, Nutashkuan is proud of its internationally recognized Atlantic salmon fishery. The community's main economic activities are producing arts and crafts, trapping and tourism.

Famille Lalo

199 rue Pashin, Nutashkuan

418-350-5635 – lafamillelalo@gmail.com

Open: June 1 to July 31.

Kuei, kuei! We're promoting the culture of the Nutashkuan Innu by offering trips on the water and traditional activities in the magnificent, breathtaking wilderness that is our *Nitassinan*, with stunning natural surroundings and the most beautiful sunsets. Stay in an Innu tent, complete with the fragrance of pine forests and try traditional Innu dishes, eaten by the fire, as you listen to the sound of the waves – a unique and unforgettable experience. *Niaut!*



Les galets, Natashquan



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Tourist information: 1 866 538-2512

f [tourismehsp](https://www.facebook.com/tourismehsp)

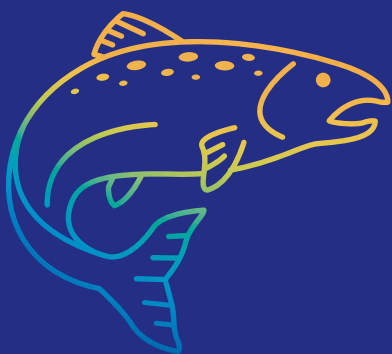


Our cruises and riverbus service will make you discover the unique scenarios of the Mingan Archipelago!

1010 Promenade des Anciens, Havre-Saint-Pierre
1 866 538-2865 | smboreale.com



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- Havre-Saint-Pierre
- Natashquan
- La Romaine
- Chevery
- Tête-à-la-Baleine
- La Tabatière
- Saint-Augustin
- Blanc-Sablon

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Le Golfe-du-Saint-Laurent

Between Kegaska and Blanc-Sablon, the Golfe-du-Saint-Laurent RCM, known locally as the *Basse-Côte-Nord*, or Lower North Shore, extends over 375 km of coastline punctuated by countless bays, coves and rivers. The colourful villages are reached primarily by sea, with the *MV Bella-Desgagnés* supply ship, but can also be accessed by air, by ferry from the island of Newfoundland, and by snowmobile on the *Route blanche* (White trail). This region is inhabited by Anglophones, Francophones and Innu who, over time, have developed a unique culture and way of life visitors are sure to enjoy discovering. You can get to Labrador from Blanc-Sablon on Route 510.



Listen to the podcast:
Basse-Côte-Nord
Sur la Route de la Côte-Nord
(in French)



Watch the video:
Minganie et
Basse-Côte-Nord
Découvrez votre
Côte-Nord
(in French)





Collectable
sticker

C'mon by!

94 Chemin Normand, Kegaska
418-726-3054

Free, limited edition; available on request.



Kegaska

Population: 83

51 km from Natashquan
mcngsl@xplornet.com

Trails covered with crushed seashells and white sand immediately catch the visitors' eye. Village life centres on the commercial crab, lobster, and scallop fishery. You can now make the roughly 40-km trip east from Natashquan to Kegaska by road, on Route 138. **Ad p.104**

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Kegaska

Collectable sticker

C'mon by!

24 Chemin du Ruisseau, La Romaine
418-726-3054

Free, limited edition; available on request.



Collectable sticker

C'mon by!

46 rue du Large, La Romaine
418-229-2218, ext. 103

Free, limited edition; available on request.



La Romaine

Population: 85

Access by boat – mcngsl@xplornet.com

Francophones and Innu live together in this area, which has a population of close to 997, including the Indigenous inhabitants. East of La Romaine, the landscape changes as peat bog gives way to the rocky soil that precedes the tundra.

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La Romaine Interpretation Centre

24 Chemin du Ruisseau, La Romaine
Côte-Nord-du-Golfe-du-Saint-Laurent – 418-229-2912

The village of La Romaine owes its existence to commercial salmon fishing. The interpretation centre tells the story of the village and of the fisherfolk who were its first inhabitants. Many vintage artifacts and photos are on display. Discover the world of these early settlers and their giant family tree. The centre also has a display on the village of Musquaro, a fishing village whose inhabitants migrated to La Romaine in 1968. The Mini-Golf des Marées is located at the same address.

Unamen Shipu

Population: 994

unamenshipu.com – [f](#)

This community, located in the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord), can be reached by plane or by boat. It has a population of approximately 1,200 inhabitants, including roughly 1,000 Innu and approximately 100 non-Indigenous and Maliseet. The Innu were one of the last nomadic Indigenous groups in North America, but today they are sedentary.



ATRD © A. Danais



Municipality Côte-Nord du Golfe St Laurent

Tel. : 418 787-2244

Tourisme Winipekut Nature | Nature tourism

46 rue du Large, La Romaine
418-229-2218, ext. 103 – winipekut.ca – 
Open: May to August.

Immerse yourself in the culture of the Innu community of Unamen Shipu (La Romaine). With your Innu host, learn about their way of life, watch artisans at work, explore the archipelago in a Zodiac, sleep in an Innu tent on an island, go salmon or lobster fishing and taste traditional foods. Visits: 1 to 4 days or personalized. Summer access is by boat from Kegaska.



Collectable sticker

C'mon by!

104 Chemin Nétagamiou, Chevery
418-726-3054

Free, limited edition; available on request.



Chevery

Population: 240

mcngsl@xplornet.com

Named after Captain Jean-Baptiste Chevery, the village rests on a sandy tip of land accessible by boat from Harrington Harbour, by plane from Chevery Airport, and by the *Route Blanche* (white road) in winter. It's the administrative centre for the municipality of Côte-Nord-du-Golfe-du-Saint-Laurent. There's trout fishing on the Nétagamiou and La Croix rivers near the village, and moose hunting in season. A 4-km hiking trail runs from the marina along the Rivière Nétagamiou, where a beautiful waterfall invites visitors to rest and reflect.



Collectable sticker

C'mon by!

8 Allée du Bureau-de-Poste, Harrington Harbour
418-726-3054

Free, limited edition; available on request.



Harrington Harbour

Population: 235

mcngsl@xplornet.com

With its port sheltered by several islands, its sturdy white- and pastel-painted houses, wide boardwalks, and bridges crossing gullies and coves, Harrington Harbour has a distinctive and endearing seaside charm. In summer, watch for the bustle of activity from the Coopérative de fruits de mer de Harrington Harbour down by the pier – the centre of island life.

Crossing the St. Lawrence by ferry p.135

Collectable sticker

C'mon by!

152 rue de la Salle, Tête-à-la-Baleine
418-726-3054

Free, limited edition; available on request.



Tête-à-la-Baleine

Population: 145

mcngsl@xplornet.com

Tête-à-la-Baleine (Head-of-the-Whale) is named after a geological feature on one of the adjacent islands of the Toutes-Îles archipelago that looks like a whale's head. In winter, you can travel to Tête-à-la-Baleine via snowmobile on the *Route Blanche*, a wonderful opportunity to experience the distinctive charms of northern life.

Crossing the St. Lawrence by ferry p.135



Sainte-Anne-de l'Île Providence Chapel \$

Tête-à-la-Baleine, Côte-Nord-du-Golfe-du-Saint-Laurent
418-242-2015 – mecama@xplornet.ca
Open: Year-round.

During fishing season, Tête-à-la-Baleine families move to their summer village on Île Providence. Although tapering off now, before the advent of motorized boats, this seasonal migration was essential for getting closer to the fishing grounds. The chapel, erected in 1895, is the oldest in the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). The rectory is now an inn featuring typical Québec cuisine. Every Saturday, there's a 2-hour guided tour of the island when the supply ship stops over.

Maison Jos Hébert | Historic Home 🏠🇫🇷

Association de développement touristique
de Tête-à-la-Baleine
152 rue de la Salle, Tête-à-la-Baleine
418-965-1353, 418-242-2176 – nmonger3@hotmail.com
Open: Year-round.

Located on Île de la Passe, this historic home bears witness to the island inhabitants' way of life. In 1879, when the federal government began regular postal service to the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord), Joseph Hébert (who had arrived in the region at the age of 15) began making the journey from Blanc-Sablon to Pointe-aux-Esquimaux (today Havre-Saint-Pierre) to deliver the mail. And, he did so year-round (including at least twice each winter) for the rest of his life – nearly 35 years!



Sainte-Anne-de l'Île Providence Chapel

Pakuashipi (Pakua Shipu) ↗

Population: 295

mamit-innuat.com/membres/pakua_shipu.aspx

Over 500 km from Sept-Îles lies the Innu community of Pakua Shipu, which in Innu-aimun means "river of sand". Until recently, the nomadic Innu moved inland along the Rivière Saint-Augustin to fish and hunt, and to trap the abundant salmon, trout and fur-bearing animals found there.

Bonne-Espérance ✚

Population: 670

info@bonneesperance.ca – [f](#)

The municipality of Bonne Esperance consists of three picturesque fishing villages – Middle Bay, Rivière-Saint-Paul and Vieux-Fort – located 55 km west of Blanc-Sablon along Route 138. While each village has spectacular views and breathtaking scenery, they are nevertheless unique. Middle Bay and Rivière-Saint-Paul have historic sites and restaurants, and Rivière-Saint-Paul also offers hotel and B&B accommodation. Visitors to Vieux-Fort will find B&B accommodation and boat trips.

Regional products p. 177

Musée Whiteley | Museum \$

302 Blvd de Bonne-Espérance, Bonne-Espérance
418-379-2211, 418-379-2996
info@whiteleymuseum.com
Open: Year-round.

Bonne-Espérance has close ties to the cod fishing industry. Named after William Henry Whiteley, inventor of the cod trap, the museum uses interpretive panels and artifacts to illustrate the history and way of life of the inhabitants of the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). Visitors can take home a handmade souvenir in the gift shop, and sample top-notch local cuisine and a variety of beverages at the Cod Trap Café.

Gros-Mécatina

Population: 406

Saint-Augustin

Population: 670

Brador

Population: 70

56 km from Bonne-Espérance
mbsablon@globetrotter.net – 

Archeological digs near this village have uncovered thousands of objects associated with the large French trading post established by Augustin Le Gardeur de Courtemanche in the early 18th century. Much earlier, Brador Bay was a stop for European fisherfolk. An interpretation centre recounts the story of this enduring industry. The lookout at Chute Brador offers a splendid view to visitors who pause to look.

Lourdes-de-Blanc-Sablon

Population: 703

8 km from Brador
mbsablon@globetrotter.net

The health centre and government offices make this village the administrative centre of this part of the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). It also boasts a museum, that presents the history and way of life of the inhabitants. The fishing sheds and boats on the rocky shore show that the natural seaport is still used by fisherfolk. On the headland overlooking the village stands a statue of Notre-Dame-de-Lourdes, draped in a rosary, shipped all the way from France. In addition to this natural observation point, visitors should tour the interpretation site with information on whales, puffins, and icebergs.



Musée Scheffer | Museum

\$

Église Notre-Dame-de-Lourdes,
 Lourdes-de-Blanc-Sablon, Blanc-Sablon
 418-461-2000, 418-461-3246, 418-768-6006
harveyburke@gmail.com – 
 Open: Year-round.

Housed in Notre-Dame-de-Lourdes church, this museum presents the life of Msgr Scheffer, who was the first vicar apostolic of Schefferville-Labrador, from 1946 to 1966. Come and visit the new permanent exhibition, featuring artifacts, photographs and a video that brings to life the history of the village and the region. Average time: 20 min.

Collectable
 sticker

C'mon by!

2 Ave Jacques-Cartier, Blanc-Sablon
 418-461-3961

Free, limited edition; available on request.



Blanc-Sablon



Population: 330

4 km from Lourdes-de-Blanc-Sablon – 

Near the village, archaeological digs have revealed the presence of Europeans as early as the 16th century. A year-round ferry service links Québec to Newfoundland, with daily sailings from Blanc-Sablon to St. Barbe from April to January. From January to April, another service takes passengers to Corner Brook, NL. Two kilometres to the east is the 57th meridian, which marks the boundary between Québec and Labrador.

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[Fish markets](#) p. 173

Vibrant Cities and Festivities

Due to COVID-19, when this guide was printed, the dates and scheduling of festivals and cultural events were still not confirmed. Contact the organization and visit the event's website before you leave.



▼ Organized by date.

Events

From May 12 to 15

Salon du livre | Côte-Nord Book Fair



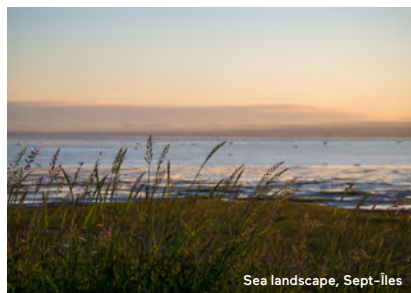
Sept-Rivières

Cégep de Sept-Îles

175 rue De La Vérendrye, Sept-Îles

418-968-4634 – salondulivreccotenord.com –

This major book fair offers a varied lineup, with cultural programming that includes meet-the-author events, books signings, seminars and round-table discussions and many other exciting literary activities.



Sea landscape, Sept-Îles

From June 10 to 12

Happening des Arts de Tadoussac | Art Happening

La Haute-Côte-Nord

happarts.com –

More than 40 artists working in different media come together for a weekend of creativity and discovery. Rather than simply exhibiting works of art, this event takes visitors on a walk to different parts of the village to meet artists, painters, writers, potters, and textile artists and learn about their creative process. We hope you'll come and participate in the artistic process.

From June 25 to August 15

Escale musicale du Vieux-Quai | Musical performances



Sept-Rivières

Parc du Vieux-Quai, Sept-Îles

418-962-2525, ext. 2950 – septiles.ca –

Stop awhile and lend an ear to performances by local and international artists that take place here throughout the summer season. L'Escale musicale is also where the public market takes place, every Saturday starting July.



Pointe-des-Monts lighthouse

From June 22 to 26

Baie-Comeau Painting Symposium



Manicouagan

Baie-Comeau Arts Center
1660, rue de Bretagne, Baie-Comeau
418 297-4101
sympobaiecomeau.ca –

Treat yourself to a cultural experience at Québec's most prestigious painting symposium, with over 30 artists and more than 300 paintings. From 10 a.m. to 9 p.m.: art exhibition, painting demonstrations, entertainment, educational activities, and opportunities to talk with the artists.



Baie-Comeau painting symposium

From June 16 to 19

Tadoussac Song Festival



La Haute-Côte-Nord

180 rue de l'Église, Tadoussac
418-235-4108 or 1-866-861-4108
chansontadoussac.com –

This internationally known event transforms Tadoussac into a great musical celebration. Meet more than forty artists from Quebec, in intimate venues in Tadoussac and on more than a dozen stages. On site: shuttles, accommodation, restaurants.



Tadoussac song festival 2019

June 24, 25

Festival du Fjord en fête de Sacré-Cœur | Family festival

Sacré-Cœur
418-236-4621 – sacre-coeur.ca –

Bring the whole family to this welcoming event that features a variety of fun and festive activities for all ages, including a must-see themed competition and an evening show.

July 1, 2

Chute-aux-Outardes Bike Show



Manicouagan

2076, 2^e rang, Ragueneau
418-297-6857, 418-293-4256
kendesbiens@lives.ca –

Chute-aux-Outardes welcomes visitors once again this year to the largest gathering of motorcycle enthusiasts in eastern Québec. The show has an exciting program, headlined by Breen Leboeuf and a number of tribute bands. Follow us on Facebook. Everyone welcome!

July 9, August 13, September 10

Moonlight Jazz Concerts



La Haute-Côte-Nord

Marine Environment Discovery Centre
41 rue des Pilotes, Les Escoumins
418-232-6653 – odyseeartistique.jimdofree.com –

Experience a magical outdoor concert on the shores of the majestic St. Lawrence, under the full moon, with whale sounds in the background. Odyssée Artistique presents three multi-sensory musical adventures.



Moonlight jazz concerts

July 13 to 17

Festival intime de musique classique | Classical Music Festival

52 rue Principale, Les Bergeronnes
418-232-6653 – odyseeartistique.jimdofree.com – 

Come and hear intimate performances of classical pieces in Les Bergeronnes' century-old wooden church, renowned for its outstanding acoustics. The schedule includes: advanced music workshops, discovery and art workshops, exhibitions, musical brunches, and a varied lineup of evening concerts.



July

Animation de la Promenade | Boardwalk entertainment

Les Escoumins – 418-233-2766 – escoumins.ca

Against the stunning backdrop of the bay, the Les Escoumins boardwalk thrills to the sound of music, mascots and artisans, who set up booths to display their varied creations. In the evening, the event moves indoors for some hearty country cooking and musical performances.



July 7 to 9

Festival Eau Grand Air de Baie-Comeau | Outdoor festival

Manicouagan
Parc des Pionniers, Baie-Comeau
418-476-1137 – eaugrandair.com –  

The festival features musical performances by well-known local artists and a wide variety of family-friendly activities. The festival takes place in Parc des Pionniers, one of the most scenic spots in Baie-Comeau.



From July 14 to 17

Vieux-Quai en fête | Festival

Sept-Rivières
Sept-Îles – 418-968-1422, 418-964-3345
vieuxquaienfete.com – 

This popular family festival features some 75 activities over four days, including shows, street entertainers, inflatable games and surprises galore!

From July 1st to August 18

Théâtre des Bélouilles | Theatre performance

La Haute-Côte-Nord
180 rue de l'Église, Tadoussac
418-554-6550
theatredesbelouilles.com –  

Camping sauvage et domestique is a comedy for all ages, featuring skits, monologues and dialogues about the enduring myths of camping, the endless associated gadgets, and the simple pleasures of scary stories told around a camp fire. The actors will make you laugh, and maybe pause to reflect ...

From July 21 to 24

Family Festival

Minganie

1769 rue de l'Anse, Havre-Saint-Pierre
418-538-6994 – festivaldelafamille.com – 

This year marks the 24th edition of the Havre-Saint-Pierre festival, a fun-filled annual event where the young and not-so-young can come and enjoy themselves by the sea. Everyone welcome!

From July 15 to 30

Baie-Comeau, D'aventure et de culture | Multimedia show

Manicouagan

Baie-Comeau Arts Centre
1660 rue de Bretagne, Baie-Comeau
1-866-525-2499 – bcaventureetculture.com – 

This multimedia extravaganza uses archives, first-person accounts and outstanding musical numbers to take you deep into Baie-Comeau history and bring the town's greatest achievements of the past few decades to life. You won't want to miss this exciting cultural and artistic experience!



Baie-Comeau, D'aventure et de culture

From August 4 to 6

Côte-Nord Beer Festival



Manicouagan

Parc des Pionniers, Baie-Comeau
418-297-4101 – festivalbierecotenord.com –  

Baie-Comeau invites you to explore the fascinating world of beer during this event-filled weekend. Come and savour Québec's best craft brewery products and enjoy musical performances in a warm and lively atmosphere. See website for schedule.

From August 4 to 7

Innu Nikamu Festival



Sept-Rivières

15 rue Innut, outdoor location, Maliotenam
418-927-2476 – innunikamu.ca –   

The 36th edition of the biggest Indigenous traditional and contemporary music festival in eastern North America invites artists from different nations to take the festival stage. Come and meet members of the First Peoples and share in their heritage and culture.

From August 11 to 14

UCI Route Paracycling World Championships



Manicouagan

59 Place La Salle, Baie-Comeau
418-296-5959 – paracyclismebaiecomeau.com –  

Be a part of this exciting province-wide road cycling competition, held on a safe route on the streets of Baie-Comeau. The event brings together over 200 Québec athletes in the junior, senior and master categories. Or come and watch: Québec's cycling elite puts on a great show!

From August 11 to 13

Festi-Grîles de la Côte-Nord | BBQ Cook-Off



Sept-Rivières

1151 Ave De Quen, Uashat
418-964-9877 – festigrilescotenord.com –  

Come and attend Bob the Chef's workshops. Festival venues include restaurants, microbreweries and distilleries. For BBQ enthusiasts: training (\$) with Projet BBQ's Alex Turcotte on Friday and Saturday; amateur BBQ competition on Saturday. Learn about Innu culture by sampling traditional dishes. Musical performances by renowned artists. Meeting point is at the Site culturel Innu de Uashat.



Festi-Grîles de la Côte-Nord

August 13

Moonlight Jazz Concerts (See p. 109) 

From August 11 to 14

Festival du conte et de la légende de l'Innucadie | Storytelling festival 

Minganie

17 Chemin d'en Haut, Natashquan
418-726-3213, 581-622-0449 – innucadie.com – 

Innucadie is a famous, imaginary homeland that's a powerful symbol of unity, bringing the Innu and the Acadian people together to share their traditional skills. The festival comes alive through words, songs and music. Discover the vibrant cultures of these two peoples.



From August 18 to 21

Festival Country des Nord-Côtiers | Country music festival 

Manicouagan

197 rue de Baie-Saint-Ludger, Pointe-aux-Outardes
418-295-5073, 418-567-7984
festivalcountrydesnord-cotiers.com – 

Country music is great for bringing people together! This festival features performances by professional musicians, dance classes, horseback riding as well as organized games, contests, exhibits and more. Mix 'n mingle with other country music fans during this fun weekend! Admission: different packages available.

From August 26 to 28

Sacré-Coeur Gymkhana 

La Haute-Côte-Nord

Sacré-Cœur – 418-236-4621
sacre-coeur.ca – 

This event features a horseback riding competition, an evening show and other festive events.

From September 2 to 5

Les Escoumins Maritime Festival 

Marine Environment Discovery Centre
41 rue des Pilotes, Les Escoumins
418-233-2766, ext. 26 – escoumins.ca – 

An exciting lineup of activities enables festivalgoers to discover the unique underwater world of the Escoumins region, its varied marine life and astonishing treasures.

From September 2 to 5

Grande Corvée des monts Groulx | Cleanup 

Manicouagan et Caniapiscau

10 Chemin du lac Daigle, Fermont
581-444-1924 – amisdesmontsgroulx.com – 

The 21st edition of this annual gathering brings together volunteers who are committed to protecting and promoting the Mont Groulx mountains. This communal effort, open to all, is a perfect opportunity to explore this beautiful wilderness and share the pleasures of the great outdoors.

September 10

Moonlight Jazz Concerts (See p. 109) 

September 10, 11

Marché d'automne de Port-Cartier | Fall market 

Sept-Rivières

Port-Cartier – 418-766-3855
tourisme@villeport-cartier.com – 

Meet Port-Cartier's market gardeners and artisans at our friendly, local public market. Come for the fresh vegetables, many crafts, eco-friendly and local products, handmade pottery and other original items, on display under a tent. The market takes place on Île McCormick, on a weekend in mid-September, from 11 a.m. to 4 p.m.

September 17

Béluga Ultra Trail 

La Haute-Côte-Nord

418-487-5247 – belugaulttrail.ca –  

This family event focuses on protecting the beluga, currently an endangered species, and is open to all types of runners. Some trails run along the Sentier du Fjord in Saguenay Fjord National Park, and provide opportunities to see these "white whales". The event goes from Sacré-Cœur to Tadoussac.

From September 22 to 25

Côte-Nord Migratory Bird Festival

750 Chemin du Moulin-à-Baude, Tadoussac
418-232-6249, ext. 28 or 1-877-637-1877
festivalmigrateurs.com – 

Bird enthusiasts and experts gather in the fall to watch the annual migration. Activities on the dunes themselves or in nearby birding locations: excursions, cultural events and seminars by experts from the OOT (Observatoire d'oiseaux de Tadoussac). See website for details on the festival's 12th edition.

September 24, 25

Envol d'automne – Parc Nature | Fall birdwatching event

s

Manicouagan

Parc Nature de Pointe-aux-Outardes
4 rue Labrie, Pointe-aux-Outardes – 418-567-4227
parcnature.com –  

This event, held on the official site of the Côte-Nord Migratory Bird Festival, celebrates the park's biodiversity with a varied lineup of activities. Over 255 species of birds pass through the park against a backdrop of brightly coloured fall foliage; no wonder it was named one of the five best birdwatching sites in Québec! **Ad p. 56**

December 3, 4

Marché de Noël de Tadoussac | Christmas market

s

La Haute-Côte-Nord

Tadoussac – 

This market has over 20 exhibitors selling handcrafted jewellery, artisanal sweets, regional delicacies and more! Shop at this friendly little market to find unusual Holiday gifts and encourage local business.

November 12

Marché de Noël au Cœur du Fjord | Christmas market

s

Sacré-Cœur – 418-236-4621
sacre-coeur.ca – 

Meet the artisans and creators from the Upper North Shore, admire their creations and learn about their skills. Who knows, you might just find the perfect holiday gift for that hard-to-find person on your list!

3rd Saturday in November**Défilé de Noël de Port-Cartier | Christmas parade**

s

Sept-Rivières

Port-Cartier
418-766-4414, 418-766-3855 or 1-888-766-6944
villeport-cartier.com – 

The themed floats, entertainment along the route, tree-lighting ceremonies, fireworks, candy and festive ambiance of this Christmas parade are sure to make you feel like a kid again. And, tell your inner child that the REAL Santa has promised to be there!

December 9, 10

Sentier de Noël | Christmas Trail

s

La Haute-Côte-Nord

170 rue Principale, Portneuf-sur-Mer
418-238-2642 – portneuf-sur-mer.ca –   

Costumed volunteer actors take visitors along wooded trails and tell them magical tales about Christmas past. These surprising, colourful stories rekindle memories for those who know the village and first-time visitors will discover a fascinating new world!



Semipalmated sandpiper

From January 19 to 29, 2023

Cinoche – International Baie-Comeau Film Festival

Manicouagan

Ciné-Centre, 600 Blvd Laflèche, Baie-Comeau
418-282-1581 – festivalcinoche.ca – 

Festival films are screened in 4 different theatres. The varied programming includes "Images on Ice", a series of outdoor screenings on a giant screen made of snow, and film talks with famous guests. In 2018, Cinoche celebrated its 30th anniversary.

February 2 to 6, 2023

Festival du film de Sept-Îles – Ciné 7 | Film festival

Sept-Rivières

410 Ave Évangeline, Sept-Îles
cine7.ca –  

Despite the winter chill, Sept-Îles burns with a passion for cinema, as expressed in a varied lineup of films from around the world, as well as special events, meetings with actors and filmmakers, short films, talks, and more.

February 18, 2023

Boréal Loppet

La Haute-Côte-Nord

16A 5th Avenue, Forestville
418-587-4160, 418-587-4491, ext. 6100
borealloppe.ca – 

This cross-country ski race for athletes and families has routes for all ages and all levels. The event now includes a number of fatbike races. See website for details.



Boréal Loppet

February 2023

Festival des Hivernants | Winter Festival

Sept-Rivières

Vieux-Poste de Sept-Îles rue Shimun
Via boulevard des Montagnais, Sept-Îles
418-962-1238 or 1-888-880-1238
tourismeseptiles.ca –  

The Fur Traders' Winter Festival honours those traders from a bygone era who stayed at the Historic Trading Post through the long, cold winter. This multi-generational festival brings together Indigenous and non-Indigenous people through original activities that focus on culture, and just generally enjoying winter.



Winter festival



Winter on the St. Lawrence river

▼ Organized by sub-theme, from west to east.

Performance venues

Manicouagan

Baie-Comeau

Baie-Comeau Arts Centre



1660 rue de Bretagne, Baie-Comeau
418-295-2000, 418-295-2500
centredesartsbc.com -
Open: Year-round.

This major performing arts venue boasts two spaces: an 840-seat Theatre for major shows by leading artists, and Espace Alcoa, a multi-purpose venue that can seat up to 400 people in cabaret-style, bleacher or regular seating. There's a branch of the Alice Lane Library and local music and dance organization offices. Three summer shows: Ayrad (world music), Amarelinha (family theatre) and Jay Scott (song). For details, visit: centredesartsbc.com.

Sept-Rivières

Port-Cartier

Café-théâtre Graffiti



50 Chemin des Îles, Île McCormick, Port-Cartier
418-766-0101 or 1-866-766-0101 - legraffiti.ca -
Ticket office: legraffiti.tuxedobillet.com
Open: Year-round.

With over forty shows a year, this intimate downtown venue is well-known for its varied lineup. The new Ciné-Graff schedule presents repertory films. **Ad p. 81**

Sept-Îles

Salle Jean-Marc-Dion | Performance venue



546 Blvd Laure, Sept-Îles
418-962-0100 or 1-888-671-0101
sallejmd.com -
Open: Year-round.

Renowned for its friendly atmosphere and dedicated team, this venue offers standout programming in all the performing arts. A major venue since 1993, it showcases work by emerging as well as established artists.

Minganie

Havre-Saint-Pierre

Salle de diffusion de la Shed-à-Morue | Screening centre



951 rue de la Berge, Havre-Saint-Pierre
418-538-1836, 418-538-2717
havresaintpierre.com -
Open: Year-round.

Conveniently located in the centre of the city's tourist and cultural attractions, this seaside entertainment venue presents film screenings and an exciting schedule of live events that include a carefully selected mix of dance, music and theatre that's bound to please! On summer evenings, check out the local talent at the Soirées Cayennes evenings. Find out what's on when you're next in town.



Natashquan

Café-Bistro l'Échouerie



55 Allée des Galets, Natashquan
Ticket office: 581-622-0350, 418-726-6005
comspecnatashquan@gmail.com -
Open: June to September.

Located on the Les Galets heritage site, this venue boasts a beachfront patio with lovely ocean views and a nautical ambiance where original versions of regional specialties and bistro-style dishes are served. This popular, intimate space has just over 105 seats and doubles as a performance venue for local and visiting performers. On performance nights, the kitchen closes at 7 p.m.

Shopping

Manicouagan

Baie-Comeau

Centre Manicouagan | Shopping mall

600 Blvd Laflèche, Baie-Comeau
418-589-9651 – centremanicouagan.com –  
Open: Daily, year-round.

This mall is the Côte-Nord's top shopping destination, with around 30 stores and services, including a Walmart, Maxi grocery store and restaurants. The mall provides a number of free services to make your shopping experience more pleasant and, above all, hassle-free: free WiFi, family parking, nursing room, stroller, wheelchair and walker rental.

Galleries Baie-Comeau | Shopping mall

300 Blvd La Salle, Baie-Comeau
418-296-6461, 418-297-8020
galleriesbaiecomeau.com – 
Open: Daily, year-round.

Located in the town's Marquette neighbourhood, this mall has a bank, grocery store, drugstore, SAQ outlet (liquor store) and many other local businesses and international chains.

Sept-Rivières

Sept-Îles

Brassard Buro

25 rue Napoléon, Sept-Îles
418-968-8119, 418-965-1865 or 1-877-968-8119
brassardburo.com – 
Open: Year-round; closed Saturdays and Sundays.

Stationery and office supplies, furniture, lighting, and home décor. Sale and repair.

Capelan

Sept-Îles – 418-444-7760 – capelan.ca –  
Open: Year-round.

Capelan sells exclusive clothing, accessories and other North Shore-themed items through its online store. Artist Viviane Vallerand transforms various parts of the North Shore – the Monts Groulx mountains, the Pointe-des-Monts lighthouse, Route 138 and Place de Ville in Sept-Îles – into unique and colourful works of art. **Ad p. 14**

Les Galeries Montagnaises | Shopping mall

1005 Blvd Laure, Sept-Îles
418-962-4979 – galeriesmontagnaises.com – 

The Galeries Montagnaises mall, the largest Indigenous-owned shopping centre in Québec, belongs to the Uashat mak Mani-Utenam Band Council. It houses over 40 stores and businesses, including retail giants Walmart and Maxi. The building is both a great place to meet and shop and a symbol of Innu pride.

Minganie

Havre-Saint-Pierre

Les Dériveuses

lesderiveuses.com –  
Open: Year-round; closed Saturdays and Sundays.

Les Dériveuses is the brainchild of two young entrepreneurs from Havre-Saint-Pierre. The online store sells original clothing and accessories inspired by the natural beauty of the Minganie region.

Indigenous Tourism

Tourisme Autochtone Québec

50 Blvd Maurice-Bastien, local 510, Wendake
418-843-5030 or 1-877-698-7827
indigenoust Quebec.com –  
Open: Year-round.

From Essipit to Pakua Shipi, Québec Aboriginal Tourism invites you to experience the multiple facets of a rich and authentic culture that combines age-old traditions and contemporary ways. See what the Innu, and Québec's 10 other Aboriginal First Nations, have to offer throughout Aboriginal Québec: ethno-cultural tourism, arts and crafts, hunting and fishing, cruises, unusual accommodation, and much more. **Ad at right**

Tshakapesh Institute

1034 Ave Brochu, Uashat
418-968-4424 or 1-800-391-4424 – tshakapesh.ca – 
Open: Year-round.

In pursuit of its mission to preserve the Innu heritage while remaining open to other cultures, the Tshakapesh Institute provides local Innu communities with quality services in the fields of language, culture and education, with the goal of helping all its clients grow.



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Route des Baleines (Whale Route)

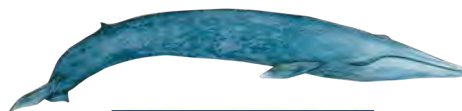
Follow the blue signs with the little white whale and discover the secrets of the Whale Route! Blue road signs indicate points of interest and natural attractions for visitors. Some towns feature little-known access points to the coast, great whale observation sites, or interpretation facilities.



Length (metres)	Weight (tons)
6 to 10	5 to 10



Length (metres)	Weight (tons)
18 to 27	40 to 50



Length (metres)	Weight (tons)
25 to 30	80 to 135



Length (metres)	Weight (tons)
11 to 16	25 to 35

Baleen whales

Minke whale

The minke whale can often be spotted near the shore along the Whale Route. Its blow is rarely visible, and its head and dorsal fin appear almost simultaneously. It often executes spectacular surface manoeuvres to catch its prey, displaying its pink underside.

Fin whale

The second largest living animal on the planet, the fin whale is generally solitary or lives in small groups. It can be identified by its highly visible blow in the shape of a column, its grey back and sizeable dorsal fin. Some fin whales return every year to their summer feeding grounds in the St. Lawrence.

Blue whale

The St. Lawrence is one of the rare places in the world where the blue whale – the largest animal on the planet – can be observed close to the shore. You will recognize this giant from its explosive blow, blue-grey coloration and small dorsal fin set far back on its body.

Humpback whale

Despite its stocky body, the humpback whale swims gracefully, breaches often and shows its tail every time it dives. It spends the winter in the Caribbean Sea and returns each summer to feed in the nutrient-rich St. Lawrence.



Length (metres)	Weight (tons)
3 to 5	0.7 to 2



Length (metres)	Weight (tons)
11 to 18	15 to 30



Length (metres)	Weight (tons)
6 to 10	4 to 7



Length (metres)	Weight (kg)
1.5 to 2	45 to 65



Length (metres)	Weight (kg)
2 to 2.7	180 to 230

Toothed whales

Beluga whale

Typically an arctic dweller, the beluga whale also lives in the St. Lawrence. St. Lawrence belugas spend the summer in the mouth of the Saguenay. These fascinating and intensely curious whales have a complex social life and a wide vocal range. Although hunting stopped 30 years ago, the beluga population is still in decline

Sperm whale

Herman Melville's Moby Dick prefers very deep waters. The sperm whale's distinctive bushy blow is angled forward; it also slowly lifts its tail very high out of the water before beginning a deep dive that can last over half an hour. Sperm whales have been sighted regularly in the St. Lawrence Estuary since 1991.

Killer whale

The largest member of the dolphin family and the most fascinating of the whales, killer whales are rarely sighted in the St. Lawrence. Don't be fooled: minke whales can easily be mistaken for killer whales, especially when they are feeding near the surface.

Harbour porpoise

The harbour porpoise is the smallest of the St. Lawrence cetaceans and is therefore harder to spot. But keep your eyes peeled, as there are over 20,000 of them! Often seen in small groups, their characteristic swimming style makes it look as though they are rolling on the surface of the water.

Atlantic white-sided dolphin

Curious and playful by nature, the Atlantic white-sided dolphin swims in pods and loves to surf in the wakes of passing boats. It is found in great numbers in the Gulf of St. Lawrence and occasionally visits the St. Lawrence Estuary.

Whalesonline.org

Your reference for whale news and facts

Live the St. Lawrence River

Being on or near the St. Lawrence is a guaranteed thrilling experience. The river and its many attractions and activities – stunning scenery, a marine park, over 1,000 km of shoreline and beaches, whale-watching, kayaking, sailing, cruises – are an essential part of the Québec identity.



Marine protected area

Saguenay-St. Lawrence Marine Park (Parks Canada) 🚤 🐳 🦋 🌊

Tadoussac – 418-235-4703 or 1-888-773-8888
parcmarin.qc.ca –   

The Saguenay-St. Lawrence Marine Park is both an exceptionally biodiverse protected marine area and one of the best places in the world for whale watching.

The Discovery Network enables visitors to discover its natural beauty and cultural treasures through a wide range of activities related to the local marine environment and its maritime history. On-site: marine mammal and bird watching, sea excursions, diving, interpretation centres and museums, hiking, picnics and spectacular sunsets over the fjord or the river.

Planning a sea excursion

Whether you're operating a motorized or non-motorized craft, did you know your presence can disturb marine mammals and encourage them to change their natural behaviour. To learn about the park's regulations, watch the free online training video at boaters.navigatingwhales.ca.

When you see a marine mammal, be sure to keep a 200-m distance from them, which increases to 400 m for endangered populations such as belugas and blue whales.

Being on the water in the Marine Park can also be dangerous. Don't underestimate the effects of water temperature, wind, tides and other changing weather conditions. Learn about them before you head out.

Ad p. 2



Whale watching



Kayaking along the shore

Sea Excursions

La Haute-Côte-Nord

Tadoussac

Croisières AML | Cruises



177 rue des Pionniers, Tadoussac
(Departure from Tadoussac Pier)
418-692-2634, 418-235-4642 or 1-800-563-4643
croisieresaml.com -

Ad p. 1

Go on a Zodiac adventure

Join us for a breath-taking adventure aboard our specially designed vessels that give passengers a 360-degree view that is ideally suited for whale watching. Your captain guides you safely through this spectacular environment that is sure to give you a new appreciation of the St. Lawrence plant and animal life. Guaranteed thrills! Children 6 years and older (minimum height: 47" (140 cm) may come aboard.



AML Grand Fleuve



Humpback whale watching

Whale-watching in style

Go whale-watching in comfort and style aboard the company's sightseeing vessels, designed for observing the giants of the sea. These cruises promise passengers an unforgettable encounter with the whales aboard the best sightseeing boats in Canada. Our experienced bilingual naturalists share their knowledge and enthusiasm for the spectacular marine mammals.



AML Marsouin II

The St-Laurent VIP Lounge Experience

Enjoy a distinctive whale-watching experience in the brand-new AML Cruises St-Laurent VIP Lounge. Meet the giants of the sea in the comfort of a glassed-in area on the upper deck. The staff is happy to serve you on the outdoor deck or in one of the two VIP lounges, where you can kick back with snacks and drinks made with local products.



AML Zéphyr

Tadoussac autrement | Whale-watching tours

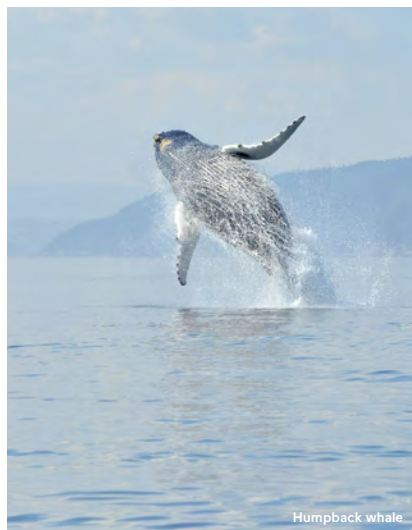


100 rue du Bord-de-l'Eau, Tadoussac
(Departures from the marina's commercial dock)
418-235-3333 – tadoussacautrement.com –
Open: May 18 to October 31.

This family-owned business offers cruises in a closed 12-passenger Zodiacs with sliding windows so passengers can observe marine mammals in comfort. Our two experienced captains take you on a tour of the river and the fjord that their family has navigated for centuries. A great alternative to the offerings of more commercial tourist companies. Looking for a fishing package? Contact us by email. Departures depend on the tides. Reservations required.



Humpback whale feeding



Humpback whale

Les Bergeronnes

Croisières Essipit | Cruises



498 rue de la Mer, Les Bergeronnes
418-232-6778, 418-233-2266 or 1-888-868-6666
vacancesessipit.com –
Open: June to September.

Get ready for a thrilling encounter with the majestic whales that travel through the deep, food-rich waters of the Laurentian Channel. See whales in complete safety and comfort aboard one of six 12- or 36-passenger Zodiacs, all piloted by experienced captain-guides. Don't miss this chance for an up-close encounter with the world's largest mammals. Average time: 2 hours. Reservations recommended. **Ad back cover**



Croisières Essipit



Croisières Essipit



Couple of porpoises

Croisières Neptune | Cruises

507 rue du Boisé, Les Bergeronnes
418-232-6716 or 1-877-763-7886
croisieresneptune.net – 
Open: May to October.

Welcome aboard our safe and comfortable Zodiacs equipped with retractable windows, and let our experienced captains take you to the best whale watching spots. Free shuttle service provided. Ticket offices at Les Bergeronnes and Les Escoumins. Ticket sales, free parking and souvenir shop at both locations. Average time: 2 - 2.5 hours. Reservations recommended. See website for details.



A Neptune Cruise's glass-covered boat

Les Escoumins

Les Écumeurs du Saint-Laurent | Cruises

31 rue des Pilotes, Les Escoumins
418-233-2141 or 1-888-817-9999
lesecumeurs.com – 
Open: June to October; 4 departures daily.

Whale-watching from our 12- and 24-passenger Zodiac-style boat ensures passengers get top-quality, personalized service. Cruises depart from the safe, scenic wharf at Les Escoumins, just minutes from Tadoussac and close to the main whale feeding grounds. Private parking, video surveillance. Average time: 2 hours. Satisfaction guaranteed or your money refunded.



Minke whale

Croisière Escoumins | Cruises

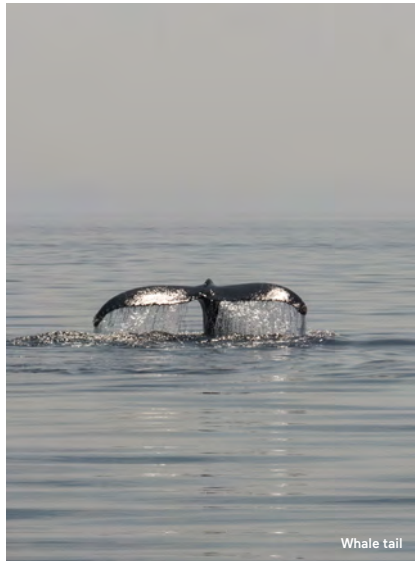


37 rue des Pilotes, Les Escoumins
418-905-2340 or 1-866-225-3463
croisierebaleine.ca –  
Open: June to October.

Whale sightings guaranteed or your money refunded! Hop aboard one of our new, safer, family and environmentally friendly Zodiacs designed to make whale spotting a cinch! Les Escoumins is THE whale-watching destination in Québec. We use local boat captains and offer bilingual commentary by experienced naturalists, as well as themed and VIP cruises and charters. At the boarding site: secure parking, picnic area and fast-food restaurants, restrooms, private dock and motorhome/RV stopover. Average time: 2 hours.



Croisière Escoumins



Whale tail

Mériscope Marine Research Station



37 rue des Pilotes, Les Escoumins

581-323-1027, 581-623-8940 – meriscope.com –

Open: July 1 to October 15.

This non-profit organization has been conducting whale research and working to protect the marine environment for 22 years. Go on a real scientific daytrip with enthusiastic marine biologists to explore the world of large whales and marine birds, aboard an 8-passenger Zodiac with a trilingual guide. Average time: 5 hrs. Reservation required. Talks and packages upon request.



Manicouagan

Baie-Comeau et Godbout

Société des traversiers du Québec **(ferry corporation) | Sea Excursions**

14 Route Maritime, Baie-Comeau

1-877-787-7483 – traversiers.com –

Open: Daily, 9 a.m. to 5 p.m.

Discover the splendours of the majestic St. Lawrence River on a ferry trip between Matane and Baie-Comeau or Godbout. Average time: 2 hrs 15 minutes. Book your trip on our website, or by calling 1-877-787-7483. **Ad: detachable map**



Baie-Comeau

Les Expéditions Pirsuq | Boat trips



20 Ave Cartier, Baie-Comeau

418-296-9717 – victorhamel57@gmail.com –

Open: June to September.

This outdoor adventure company offers harbour tours, boat trips to visit the region's enormous glacial grooves, a stopover at Anse Saint-Pancrace, and opportunities to observe marine mammals and sea birds from the water.

Sept-Rivières

Sept-Îles

Les Croisières du Capitaine | Cruises \$

Boat launch on rue Maltais, Sept-Îles
418-968-2173, 418-962-0469

lescroisieresducapitaine.com – 

The goal of this company is to help passengers learn about the history of the Sept-Îles Archipelago and the diversity of local marine life. On board our inflatable boats, you can observe up to 30 local seabird species and, if you're lucky, different species of whales, seals and dolphins. A shuttle service runs from the marina to Île La Grande Basque, where you can enjoy guided or self-guided hikes, camping and exploring tidal pools. Reservations recommended.



Les Croisières du Capitaine Cruises

Île La Grosse Boule Purmer Ocean Farm

\$ 

Marina, in front of the volleyball courts

Sept Îles Archipelago

418-960-4915, 418-962-9753 – ferme-purmer.com – 

Come and learn fascinating details about marine species by touring an underwater farm. Stay in one of our three 4- to 8-person yurts located right on the shore. Take a trip in an inflatable boat that includes commentary and tasting of products straight from the sea. Average time: 3 hrs. Reservations required.

Croisières Sept-Îles

\$

Promenade du Vieux-Quai (pier in front of the volleyball courts) Sept-Îles

418-409-5522, 819 440-8015

croisieresseptiles.com

Croisières Sept-Îles is ready to welcome you and help you experience the amazing world of the St. Lawrence. Discover the wonders of the archipelago on a private or group cruise aboard a zodiac. Rent a private shuttle and explore the mythical island of La Grande Basque, or try your hand at deep-sea fishing. You could also rent a paddle board to get a different view of this biodiverse marine environment.



Watching of a humpback whale

Minganie

Longue-Pointe-de-Mingan

Excursions du Phare | Lighthouse excursions \$

126 rue de la Mer, Longue-Pointe-de-Mingan
418-949-2302 or 1-877-949-2302
minganie.info - 

Be amazed at the varied plant and animal life of the Mingan islands. Gaze at monoliths, fish for sea urchins (subsequently released) and see puffins, seals, and whales aboard a safe and comfortable 12-passenger boat, guided by Marius and one of his captains. Before every departure, the daughter of the lighthouse keeper give an informative talk. Departures at 8, 10 and 11:30 a.m. and 3 p.m.



Seal

Excursions Famille Loisel



207 rue de la Mer, Longue-Pointe-de-Mingan
(Departures: across from the church)
418-949-2689 or 1-866-949-2307, ext. 2
tourisme-loiselle.com - 
Open: Mid-May to mid-September.

Let the Loisel family take you to a world of unforgettable beauty – the Mingan Islands – aboard the 12-passenger *Macareux* and *Perroquet*. You'll learn about the region's abundant plant life, gaze at monoliths, observe puffins, fin whales and seals, and fish for sea urchins, with our experienced guide during the 3.5-hour excursion (with 2 stopovers). Packages include accommodation at the Mingan Campground. Reservations required. **Ad p. 91**



Famille Loisel Excursions

Havre-Saint-Pierre

Croisières du Capitaine Richard | Cruises



1010 Promenade des Anciens –
Pélagie-Cormier Terminal, Havre-Saint-Pierre
418-538-3375 - caloupechu@hotmail.com - 
Open: June 10 to October 10.

Capitaine Richard personally welcomes you aboard the *Mariner V*, and takes you on a trip around the islands of Mingan Archipelago National Park Reserve: the Fantôme (45 min), Niapiskau (1 hr) and Quarry islands (2 hrs). The friendly 8.5-hour cruise (from 8:30 a.m. to 5:00 p.m.) for groups of 10 to 12 passengers includes commentary on the park and its history. Reservations required.

Services Maritimes Boréale | Marine Services



1010 Promenade des Anciens –
Pélagie-Cormier Terminal, Havre-Saint-Pierre
(Departures from Havre-Saint-Pierre Marina)
418-538-2865, 418-538-2576
smboreale.com –

Ads pp. 99, below

47-passenger vessels: Choose from a variety of cruises in the Mingan Archipelago, including 2 stopovers, aboard the *Perroquet de Mer* or *Calculot*. Interpretation by Parks Canada guides. Average time: 3.5 hours to 6 hours. Open: Early June to late September, 1 to 3 departures daily. Packages available. Reservations required.



Services Maritimes Boréale, *Perroquet de Mer*



Atlantic puffins

Zodiac boats: Trips to observe Atlantic puffins in the eastern part of the Mingan Archipelago, including a stop at the lighthouse on Petite Île au Marteau. Reservations required



Services Maritimes Boréale, Zodiac boat

Zodiac riverbus: Get personalized access to the entire eastern and central part of the Mingan Archipelago. Ideal for self-guided hikes, camping or a family picnic. We also offer diving trips. Variable schedule and trip duration.



Services Maritimes Boréale, Zodiac riverbus

BORÉALE
SERVICES MARITIMES

Our cruises and riverbus service will make you discover the unique scenaries of the Mingan Archipelago

1010, Promenade des Anciens
Havre-Saint-Pierre

1 866 538-2865
smboreale.com

Le Golfe-du-Saint-Laurent

Relais Nordik



17 Ave Lebrun, C. P. 1113 succ. A, Rimouski
418-723-8787 or 1-800-463-0680
relaisnordik.com –
Open: April to January.

Experience life on board a cargo-passenger ship that serves Île d'Anticosti and the Basse-Côte-Nord (Lower North Shore). The MV *Bella-Desgagnés* offers one-way or return all-inclusive fares that include cabin and meals. This ultra-modern vessel provides guests with the comfort of private cabins (double or quadruple occupancy), spacious lounges and top-notch cuisine. Short stopovers made in ports of call. Reservations required.



Sailing

La Haute-Côte-Nord

Tadoussac

L'Estuaire Sailing School

\$

261 rue de l'Hôtel-de-Ville, Tadoussac
418-235-4474, 581-882-2611
voilestuaire.com –

Learn to sail and discover the magnificent Saguenay-St. Lawrence Marine Park through talks on local plant and animal life, oceanography, geology as well as Tadoussac's history and heritage. Whether you choose an introductory session or an overnight package on board, we share our love for sailing with all comers. The *Chelona*, our 451-ft Jeanneau Sun Odyssey, is a comfortable 4-cabin boat that sleeps 8 people. Departures from the marina.

Sept-Rivières

Sept-Îles

KiteNord

\$

101 rue Doire, Sept-Îles
418-964-6084 – kitenord.ca –

Our introductory course teaches you how to fly a trainer kite and how to fly in the water. You'll learn: setting up a kite sail; flying the kite; features of the equipment; how to move around in the water without a board; and how to start on the board. There's a safety component at the end of the course. Then, you learn to take off and land on your own, get on the board and go for long rides. Depending on your progress, you'll learn how to change tack and go upwind. Advanced sessions offered.

The sea seen from the air

La Haute-Côte-Nord

Les Escoumins

Totem Aviation

\$

Escoumins Airfield
14 Chemin du Lac-Saint-Onge, Les Escoumins
581-235-5235 – totemaviation.ca –
Open: May 15 to November 20.

Come and admire the wonders of nature from high in the air, including the beautiful vistas between the Saguenay Fjord and Les Escoumins. Watch marine traffic, see local boat captains boarding international boats, and try and spot different species of marine mammals, including belugas – visible due to their white colour. The airfield is just 25 minutes from Tadoussac. For reservations, visit the website.



Discover majestic, wide-open spaces

Canoeing, Kayaking, Paddleboarding and Surfing

Neighbouring regions

Saguenay—Lac—Saint-Jean

Fjord en kayak | Kayaking tours

359 rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418-272-3024 or 1-866-725-2925

fjordenkayak.ca - [f](#) [i](#)

Open: May 15 to October 10.

Rated a Signature Experience by Destination Canada, and a two-time gold medal winner at Les Grands Prix du tourisme québécois (Québec tourism awards), this company offers a variety of excursions: 2 hours (families with children aged 3 to 14); 3 hours, and up to 5-day trips in the Saguenay Fjord. We have fibreglass kayaks for small groups. We also offer Levels 1, 2 & 3 skills certification for sea kayaks, paddle boards (SUP) and recreational kayaks. Reservations recommended.



kayaking the fjord



Meeting a humpback whale

La Haute-Côte-Nord

Tadoussac

Mer et Monde Écotours



148 rue du Bord-de-l'Eau, on Tadoussac Beach
418-232-6779 or 1-866-637-6663

meretmonde.ca - [f](#) [i](#)

Open: June 17 to September 4.

Paddle in one of the world's 10 most beautiful bays, admire the sheer cliffs of the Saguenay Fjord or the Tadoussac dunes. We offer a wide variety of outings on the water, either by stand-up paddle board or sea kayak. Children over 12 welcome. Our small groups (max. 8 people; children over 12 welcome) leave from Tadoussac beach and enjoy a safe, friendly and personalized experience. Average time: 3.5 hrs. Daily departures according to tides. Day trips and packages. Reservations required. **Ad p. C-2**



Mer et Monde Écotours



Duo of humpback whales

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172, Sacré-Cœur
418-236-4833 or 1-877-236-4551
ferme5etoiles.com –  
Open: Daily, May to October.

Paddle on the stunning Saguenay Fjord, admire its towering cliffs and watch for friendly belugas. Around Anse-de-Roche, nature lovers can enjoy half-day outings, while families can try an introductory kayaking trip on the calm morning or evening water. More adventurous types will love our excursion packages, accompanied by a certified guide. **Ad p. 224**



Les Bergeronnes

Les Kayaks du Paradis | Kayaking tours

4C Chemin Émile-Boulianne, Les Bergeronnes
418-232-1027 – campingparadisamarin.com – 
Open: Daily, June to September.

These guided sea kayaking tours focus on safely practicing this wonderful sport and learning about the land, air and water environments and the animals that inhabit, making you feel you could reach out and touch them! The 3-hour trip includes: instruction, an experienced interpretive guide and a double kayak. Easy access to the boat put-in. Reservations recommended. Contact us for rates. **Ad below**



Les Kayaks du Paradis

Tours guidés en kayak de mer

4C, chemin Émile Boulianne, Les Bergeronnes (QC) G0T 1G0 • Tél. : 418 232-1027

Mer et Monde Écotours | Kayaking tours

20 Chemin Jalbert, Les Bergeronnes
418-232-6779 or 1-866-637-6663
meretmonde.ca –  
Open: June 11 to October 9.

Led by a team of naturalist guides, come to Anse à la Cave, a popular marine mammal observation site, and explore the St. Lawrence by stand-up paddle board or sea kayak. The company is known for its marine interpretation program, its expert guides and its “Quality-Safety” accreditation. Through its packages and activities, it encourages people to discover the marine plant and animal life in a sustainable, environmentally friendly way. Reservations required. Its focus on safety, its expertise and top-quality equipment. Accommodation options include unserviced campsites, ready-to-camp units and shelters, all with views of the St. Lawrence. Several packages available. **Ad p. C-2**

Portneuf-sur-Mer

Azimut Plein-Air Côte-Nord | Craft rental

1 Chemin de la Marina, Portneuf-sur-Mer
581-990-6809 – azimutpleinair.ca – 
Open: Daily.

Azimut Plein-Air Côte-Nord rents kayaks, water bikes and paddle boards (SUP) from the Portneuf-sur-Mer marina for self-guided outings on the river, for 3-hour blocks or longer.

Manicouagan

Baie-Comeau

Attitude Nordique Plein Air

41 Place La Salle, Baie-Comeau
418-445-6673 – attitudenordique.com –  

With the help of a professional guide, try your hand at different water sports: sea kayaking, paddleboarding, diving, rabaska (a BIG canoe!) against the stunning backdrop of Saint-Pancrace Bay, accompanied by the sound of nearby whales. The food for the sushi served on our sea kayak tours, rabaska excursions and “boys’ nights out” is all locally sourced and prepared. Create a customized package for family or friends. Reservations required.



Groulx Mountain Adventure | Kayaking

Km 211 Route 389, Manic-5, Baie-Comeau
418-297-6703 - mereveil.com -

Travel up the Manicouagan River in a sea kayak and view the Manic-5 dam's immense size from water level. Groups (minimum of 4 people required) are accompanied by an experienced guide who provides fascinating details of local history. Accommodation and meals provided. Reservations required.

Sept-Rivières**Sept-Îles****Boutique-École Surfshack | Surf/SUP**

1025 rue Mars (Moisie area), Sept-Îles
418-444-SURF (7873) - surfshack.ca -

A byword on the Côte-Nord for surfing and paddleboarding, SurfShack was founded in 2010 by Frédéric Dumoulin. To ensure that everyone who wants to has access to the sea, it has created a community of local surfers, gives lessons for beginners and welcomes visitors. It also organizes surfing and paddleboarding events. The school/surf/SUP shop is located on the water, in the Moisie area of Sept-Îles, conveniently near several easily accessible surf spots.



Surfing in Sept-Îles

Minganie**Longue-Pointe-de-Mingan****Noryak Aventures**

Km 1201 Route 138: departure point between the Lechasseur and Malec Rivers, Longue-Pointe-de-Mingan
418-949-2707 - noryak.ca -

Noryak Aventures specializes in whitewater adventures on untamed and spectacular waterways. It offers: 1- to 4-day sea kayak tours in the majestic Mingan Archipelago for beginners, experts and families; 5-day trips down the famous Rivière Magpie; and kayaking lessons (upon request). Customers will enjoy the gourmet meals made with local ingredients, top-notch equipment and professional guides.

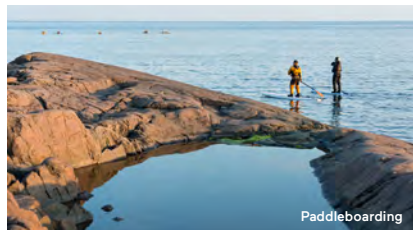


Noryak Aventures in the Mingan Archipelago

Havre-Saint-Pierre**Les vagues | Marine adventure**

1740 rue de l'Anse, Havre-Saint-Pierre
418-553-3849, 514-758-8388 - lesvagues.ca -
Open: June 15 to September 15.

Discover the sea and the local scenery from a new vantage point. We specialize in SUP (Stand Up Paddleboarding) and offer introductory courses and guided paddles along the coast and in the stunning Mingan Archipelago. Equipment rental. Closed on stormy days.



Paddleboarding

Scuba Diving

You'll be amazed by the St. Lawrence River's beautiful and diverse marine wildlife and underwater landscapes. Only a few metres below the surface, this colourful world can be explored by beginner and expert alike.

La Haute-Côte-Nord

Les Bergeronnes

École de plongée Immersion Côte-Nord | Dive School

302 rue de la Rivière, Les Bergeronnes
418-232-6249, ext. 22 or 1-877-637-1877
explosnature.ca/plongee - 

This dive school run by Explos-Nature offers courses, from introductory level to Divemaster, as well as specialty classes, where enthusiasts and curious first-timers can learn to dive at one of the most beautiful dive sites in North America. It also offers customized, all-inclusive diving trips.

Les Escoumins

Marine Environment Discovery Centre (Parks Canada)

41 rue des Pilotes, Les Escoumins - 418-233-4025
parkscanada.gc.ca/saguenay -   
Open: June 18 to September 5: daily; September 6 to October 10: Wednesday to Sunday and holidays.

Dive in the heart of the cold, brackish waters of the Saguenay-St. Lawrence Marine Park and discover an abundance of colourful plant and animal life hidden beneath the surface. The Centre collaborates with the Fédération québécoise des activités subaquatiques to offer snorkelling and scuba diving to beginners and advanced divers in a breathtaking underwater setting. Other activities include: whale watching and discovery activities for the whole family. Diving equipment rental; reservations recommended. **Ad p. 2**

Complexe hôtelier Pelchat | Hotel

445 Route 138, Les Escoumins
418-233-2401 or 1-888-225-3463
complexepechat.com - 
Open: Year-round.

This hotel complex provides guests with tank fills, a drying room and a rinse tank. Packages available. Compressor available, call 418-233-4025.

Minganie

Havre-Saint-Pierre

Services Maritimes Boréale | Marine Services

Pélagie-Cormier Terminal,
1010 Promenade des Anciens, Havre-Saint-Pierre
418-538-2865, 418-538-2576 - smboreale.com -  
Open: June to October.

This company offers everything you need to discover the wonders of the sea floor in a safe environment. The dive sites – located around the Mingan Archipelago (only accessible by boat) – are for all levels of ability and enable divers to discover the area's truly unique plant and animal life, and some of the most beautiful sites in Québec. Why not take the plunge? (See Boat Trips, page 127.) Reservations required. **Ads pp. 99, 127**



Marinas and Seaports

La Haute-Côte-Nord

Tadoussac

Tadoussac Marina



100 rue du Bord-de-l'Eau, Tadoussac
418-235-4585, 581-235-7164
marinatadoussac.com -

Located on one of the most beautiful bays in the world, Tadoussac Marina offers a variety of services: a restaurant-bar with an indoor and outdoor deck, fuel pumps (gas and diesel; 8 a.m. to 7 p.m.), a municipal boat launch for recreational boaters, a laundry room and showers. It earned two provincial awards (a three-anchor rating and a three "water drops" certification) for reducing its environmental impact. During the summer period, several events are organized here.

Sacré-Cœur

L'Anse-de-Roche Yacht Club



346 Chemin de l'Anse-de-Roche, Sacré-Cœur
418-236-4325, 418-236-9201
clement.dufour@sympatico.ca

Located at the L'Anse-de-Roche Pier, this association provides a variety of services for boaters, including parking, washrooms, a launch ramp for kayaks, sailboats and powerboats (up to 32 ft.), a 26-slip marina, and the Casta Fjord restaurant and bar.

Les Bergeronnes

Marina des Bergeronnes



498 rue de la Mer, Les Bergeronnes
418-232-1115, 418-232-6778
marinabergeronnes.com -
Open: June 3 to September 25.

This is a peaceful and welcoming place to stop for a day or longer. Visitors are welcomed by an enthusiastic team, and have access to such modern facilities as: restrooms, showers, water, electricity, laundry room and a boat launch. There are about 20 pleasure boat slips available. For reservations, write to essipit@marinabergeronnes.com.

Manicouagan

Baie-Comeau

Club nautique de Baie-Comeau



20 Ave Cartier, Baie-Comeau
418-296-8066 - clubnautiquebaiecomeau.ca -
Open: June to September; 8 a.m. to 8 p.m.

The Baie-Comeau Marina has 20 visitor slips. Its modern building has new pontoons, a restaurant and services such as: fuel (gas and diesel), electricity, Wi-Fi, showers, laundry room and a concrete boat ramp. The Anse Saint-Pancrace is a fjord – a rocky inlet with steep cliffs formed by retreating glaciers – that's fed by large and small waterfalls. It has room to dock 15 boats. See website for details.



Baie-Comeau Marina

Sept-Rivières

Sept-Îles

Port of Sept-Îles

1 quai Monseigneur-Blanche, Sept-Îles
418-968-1231 – portsi.com –  
Open: Year-round.

The port of Sept-Îles is one of North America's largest iron ore ports. It has very deep water and a 10-km wide semi-circular bay. It also has fourteen docks, nine of which are owned by the port. Nearly 30 million tons of cargo are handled here every year.

Minganie

Havre-Saint-Pierre

Havre-Saint-Pierre Port



1010 Promenade des Anciens, Havre-Saint-Pierre
418-538-1520 – porthsp.ca – 
Open: Year-round.

Standing on a wharf at the port of Havre-Saint-Pierre, visitors have a unique opportunity to admire the islands in the Mingan Archipelago National Park Reserve and catch a glimpse of passing whales or seals. The port can accommodate ships, barges, cargo vessels and fishing boats as well as national and international cruise ships and liners.

Crossing the St. Lawrence by Ferry

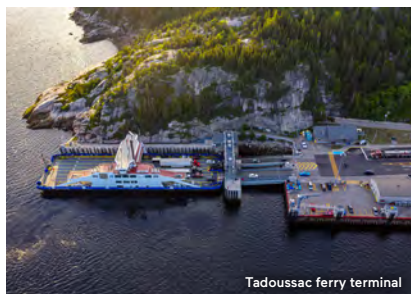
La Haute-Côte-Nord

Tadoussac

Société des traversiers du Québec, 
Tadoussac – Baie-Sainte-Catherine

98 rue du Bateau-Passeur, Tadoussac
1-877-787-7483, ext. 3 – traversiers.com –  

Pass through the gateway to the North Shore, admire the majestic Saguenay Fjord and the Saguenay-St. Lawrence Marine Park. Watch the water during the crossing, you might catch a glimpse of whales! Departures: every 20 minutes during the day (summer: every 13 min.); evenings: every 40 minutes, every 60 minutes at night. Average time: 10 min. Continuous crossings, see our schedule. Departures: every 20 minutes during the day; evenings: every 40 minutes, every 60 minutes at night. Average time: 10 min. **Ad: detachable map**



Tadoussac ferry terminal



Sept-Îles Marina

Les Escoumins

Les Escoumins-Trois-Pistoles Compagnie de navigation des Basques

Rue du Traversier, Les Escoumins

11 rue du Parc, Trois-Pistoles

418-581-4676, 418-551-7406 or 1-877-851-4677

traversiercnb.ca - 

Open: June to October.

The *L'Héritage I* ferry provides a safe and pleasant link between the Côte-Nord and Bas-Saint-Laurent regions. On the crossing between Trois-Pistoles and Les Escoumins, be sure to look out for marine mammals. Average time: 90 minutes. **Ad p.37**



Les Escoumins-Trois-Pistoles ferry

Manicouagan

Baie-Comeau

Société des traversiers du Québec, Matane – Baie-Comeau – Godbout

14 Route Maritime, Baie-Comeau

117 rue Pascal-Comeau, Godbout

Admin.: 1410 rue de Matane-sur-Mer, Matane

1-877-787-7483 - traversiers.com -  

Discover the splendours of the majestic St. Lawrence River on a ferry trip between Matane and Baie-Comeau or Godbout. Follow us on Facebook and Twitter. Book your trip on our website, or by calling 1-877-787-7483. Average time: 2 hrs 15 minutes. **Ad: detachable map**



MV Saaremaa I

Le Golfe-du-Saint-Laurent

Relais Nordik

AC 

17 Ave Lebrun, C. P. 1113, succ. A, Rimouski

418-723-8787 or 1-800-463-0680

relaisnordik.com - 

Experience life on board a 63-cabin cargo-passenger ship, the *MV Bella-Desgagnés*, that serves Île d'Anticosti and the Basse-Côte-Nord. Discover coastal scenery, remote villages and isolated communities. Deck 8 features a bistro and an outdoor observation lounge. The ship has a cafeteria and a dining room that serves local seafood. Packages include passage, cabin accommodation (with ensuite bathroom) and meals, either one-way (downstream or upstream, with or without car) or return from Rimouski, Sept-Îles, Havre-Saint-Pierre or Blanc-Sablon. Reservations required.



MV Bella-Desgagnés



Humpback whale

Côte-Nord region, an outdoor lover's paradise!



There's no shortage of places to enjoy outdoor activities on Québec's Côte-Nord, and the new website makes them easy to find. Summer or winter, come to the North Shore to discover brand new ways to have fun in the great outdoors.

For more information, go to the local Visitor Information Centre (pp. 207 and 208).



Whale watching



Fatbike on Portneuf-sur-Mer beach



Monts Groulx



Hiking on Île La Grande Basque, Sept-Îles

Activities:

Hiking

Birdwatching

Beaches

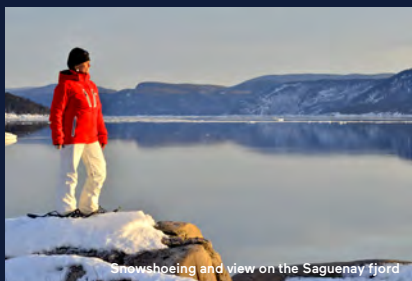
Watching marine mammals

Biking

Snowshoeing

Cross country skiing

And much more...



Snowshoeing and view on the Saguenay fjord

Prêt-à-partir (hiking map service), list of municipalities:

Tadoussac

Les Bergeronnes

Les Escoumins

Portneuf-sur-Mer

Forestville

Ragueneau

Pointe-aux-Outardes

Chute-aux-Outardes

Baie-Comeau

Port-Cartier

Sept-Îles

Les monts Groulx

Fermont

Rivière-au-Tonnerre

Île-d'Anticosti

Tourisme Côte-Nord promotes sites where people can do outdoor activities. Users are responsible for ensuring their own safety at all times, and that of the people in their care. If doing an outdoor activity involves any degree of risk, it is the user's responsibility to be aware of their physical abilities and to comply with the rules both of the site itself and of the activity.



Bicycle Rental

La Haute-Côte-Nord

Tadoussac

Vélo E-Go | Bike rental



197B rue des Pionniers, Tadoussac
581-327-1109 – veloego.com –
Open: Daily, 9 a.m. to 5 p.m.

Explore the area on land or on water, by renting one of our e-bikes or paddle boards (hourly rates). We also suggest routes, give guided tours and offer themed group outings. Our store sells sports-related items and does bike repairs.

Manicouagan

Baie-Comeau

Mon Vélo | Bike shop

838 rue Bossé, Baie-Comeau
418-293-9700 – gomonvelo.com –

Come to this bike shop for its exceptional advice and service. It's dedicated staff share their passion for the sport by selling new and used bicycles and doing any kind of repair on every brand of bike. Rent a fatbike for some outdoor winter fun, or to discover the region's beaches.

Sept-Rivières

Sept-Îles

Tourisme Sept-Îles



1401 Blvd Laure Ouest, Sept-Îles
418-962-1238 or 1-888-880-1238
tourismeseptiles.ca –

If you love ecotourism and are ready to admire Sept-Îles' beautiful scenery, you'll definitely want to take advantage of the bicycle rental service at Tourisme Sept-Îles. You'll find quality bikes and all the gear you need, including helmets, locks, luggage carriers and child trailers. Whether you're heading east to discover downtown or west along the scenic natural trails, Tourisme Sept-Îles is ideally located to start your adventure! **Ads pp. 83, 84**

Camping Laurent-Val | Bike rental

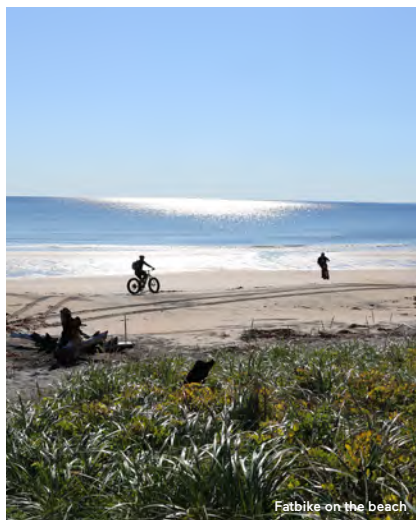


1000 rue Fournier (Moisie area), Sept-Îles
418-927-2899 – campinglaurentval.com –
Open: May to September.

1,2,3, off we go! Whether you're staying at the campground or not, come and rent one of our electric fatbikes. From the campground, you can ride, alone or with friends, along forest trails to the Rivière Moisie or to the St. Lawrence River beaches. Want less speed and more of a workout? We also have regular fatbikes for the more physically fit. Try it, you'll like it!



Breathtaking view on a ride



Fatbike on the beach

Bicycle Touring

Manicouagan

Corporation Véloroute des Baleines

11 Ave du Parc, Baie-Comeau – 418-296-6423 – veloroute-des-baleines.ca – 

The *Véloroute des Baleines* (Whale Trail) – part of Québec's renowned *Route Verte* cycling route – runs through Tadoussac and Sacré-Cœur to Baie-Trinité. It goes for 300 km along the St. Lawrence, primarily on the shoulder of Route 138, past lakes, over mountains and through forests. Leaving Route 138, head closer to the river and its picturesque villages. Use the ferries to make a loop to the south shore. We offer different routes and, to plan your trip, an official map and website.

The Cycling the Whale Trails

The Cycling the Whale Trails: from Sacré-Cœur to Tadoussac and Baie-Trinité. More information on the official Côte-Nord Cycling Map and at veloroute-des-baleines.ca.



Golfing

La Haute-Côte-Nord

Tadoussac

Tadoussac Golf Club

\$

367 rue des Pionniers, Tadoussac
418-235-4306 – golftadoussac.ca – 
Open: Mid-May to mid-October.

Course: 9 – Par: 32
Length (yds): 2 140

Details: an exciting technical challenge on one of Québec's oldest golf courses. Services: equipment rental, snack bar, conference facilities, pro shop and patio-bar. Different packages available. Tournaments welcome.

Forestville

Le Méandre Golf Club

\$

40 1^{re} Avenue, Forestville
418-587-6363 – golflameandre.com – 
Open: Mid-May to mid-October.

Course: 9 – Par: 36
Length (yds): 3 235

Details: view of the St. Lawrence and the Rivière du Sault aux Cochons. Design by golf course architect Darrell Huxham. Services: practice range, patio-bar with snack bar, specialized equipment and golf cart rentals. Different packages available. Reservations recommended. Check website for tournament dates.

Manicouagan

Chute-aux-Outardes

Chute-aux-Outardes Golf Club

\$

18-B rue du Golf, Chute-aux-Outardes
418-567-1333 – henrydenis@videotron.ca – 

Open: Mid-May to mid-October.

Course: 9 – Par: 36
Length (yds): 2 862

Details: wooded course with beautiful vistas. Services: snack bar, practice range, equipment rental. Different packages available. Reservations recommended.



Baie-Comeau

Baie-Comeau Golf Club

\$

1700 rue de Bretagne, Baie-Comeau
418-295-1819 – golfbaiecomeau.ca – 
Open: Mid-May to mid-October.

Course: 18 – Par: 71
Length (yds): 6 456

Details: a wooded course with water hazards located right in the city. Services: patio-bar and restaurant, conference facilities, practice range, pro shop, equipment and golf cart rentals, pro golf lessons. Reservations recommended

Sept-Rivières

Sept-Îles

Sainte-Marguerite Golf Club

\$

19 rue Thom, (Clarke area) Sept-Îles
418-583-2844, 418-583-2488
golfste-marguerite.qc.ca – 
Open: Mid-May to mid-October.

Course: 18 – Par: 72
Length (yds): 6 476

Details: located 25 minutes from Sept-Îles with a view of the river. Services: golf school, pro shop, practice range, golf cart rental, restaurant and bar. Different packages available. Reservations recommended.



Recreational Equipment Rental

Sept-Rivières

Sept-Îles

Aventures 138 | RV rentals

1202 Blvd Laure, Sept-Îles
418-962-3031 or 1-866-962-3031
aventures138.com –  
Open: Year-round.

Aventures 138 is a trusted dealer of recreational vehicles, including Keystone and ProLite. We rent RVs to those dreaming of a romantic getaway, or travelling with family or friends. ATV, snowmobile and trailer rentals also available. Feel free to call or drop by, to meet the team, ask questions, and learn about our rental rates.

Motorcycle Touring

More and more tourists are discovering the Whale Route by motorcycle, an increasingly popular way to travel. They can travel along the shores of the St. Lawrence, past lakes, rivers and mountains and see hundreds of kilometres of beautiful scenery and have many beautiful experiences.

The *Route des Baleines*, or Whale Route (Route 138) runs first along the estuary and then the Gulf of St. Lawrence, offering breathtaking vistas along the way. With no shortage of lookouts and rest areas, you can enjoy the wide-open spaces to your heart's content. To the east, the road goes beyond Natashquan and takes you to Kegaska – the end of the road!

Most of the backcountry roads are paved, at least as far as the Manic-5 generating station at km 214.

For more information or to get your *Carnet Moto* motorcycle guide (in French only) with the most scenic routes in Québec, contact a regional tourism association. Visit motorcyclingquebec.com/en for information on all the packages and options available for your next trip.

ATVs

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur
418-236-4551 or 1-877-236-4551
ferme5etoiles.com -  

Set off on a guided tour of the region on a single or double quad bike with fabulous views of the Saguenay Fjord. Learn to ride a quad, explore the forest and mountains, and enjoy a safe, memorable experience. Our packages range from 1.5 hours to half- and full-day outings. **Ad p.224**

Les Escoumins

Complexe hôtelier Pelchat | Hotel

445 Route 138, Les Escoumins
418-233-2401 or 1-888-225-3463
complexepelchat.com - 

Guests staying at our hotel have direct access to the Trans-Québec #50 federated trail and can plan their own self-guided routes. Packages and quad cleaning area available.



Bridge on Rivière Bersimis

Quad Clubs

Côte-Nord

Association régionale des clubs quads de la Côte-Nord (ARCQCQ)

9 rue Plante, Port-Cartier
418-766-8036 - gaudreaultremi@hotmail.com
fqcq.qc.ca

La Haute-Côte-Nord

Portneuf-sur-Mer

Club Quad Haute-Côte-Nord

418-238-2720 - marianne3113@hotmail.com - 

Manicouagan

Baie-Comeau

Club Manic Quad (VTT) inc.

418-295-8040 - yolande.jean@entreprisesljean.com - 

Caniapiscau

Fermont

Club VTT du Grand Nord

418-287-5559 - clubvttdugrandnord@hotmail.com - 

Sept-Rivières

Port-Cartier

Club Quad les Aventuriers des 7 Rivières

418-766-8036, 418-768-6623
gaudreaultremi@hotmail.com - 

Sept-Îles

Club QUAD (VTT) Les Nord-Côtiers

418-964-9424 - nord-cotiers.fqqc.qc.ca - 



View of the fjord on the trails of the Ferme 5 Étoiles

Winter Fun

When winter comes, Côte-Nord residents head outside to go tobogganing, skiing (downhill and cross-country), and snowshoeing. Snowmobilers explore the forests, backcountry or the shores of the St. Lawrence on marked trails, and expert winter hikers summit the northern peaks.



▼ Organized by sub-theme, from west to east.

Winter Activities

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort ☺\$

465 Route 172 Nord, Sacré-Cœur
418-236-4551 or 1-877-236-4551
ferme5etoiles.com –
Open: December to April.

This resort offers a wide variety of activities, all overlooking the majestic Saguenay Fjord: snowmobiling, ice fishing, helping care for the animals, chilling in the relaxation centre, or dogsledding trips of different lengths led by professional guides where YOU get to drive the sled! Overnight trips (max. 24 hrs) include accommodation and meals. See website for details. Reservations required. **Ad p. 224**



Snowshoe outing

Hockey

Manicouagan

Baie-Comeau

Le Drakkar \$

70 rue Michel-Hémon, Baie-Comeau
418-296-8484 or 1-888-296-8484 – le-drakkar.com –
Open: September to March.

The Côte-Nord is represented by the Baie-Comeau Drakkar hockey team, one of 18 teams in the QMJHL (Québec Major Junior Hockey League). A total of 34 games are played every year at Baie-Comeau's Centre Henry-Leonard. See website for information about activities and game schedule.



Snorri the mascot

Downhill Skiing

Ski Lifts:

A: Chairlift **B:** T-bar **C:** Rope tow **D:** Gondola
E: Magic carpet

Trail Rating:

●: Easy ■: Difficult ◆: Very difficult ◆◆: Extreme

Ski Resort

Manicouagan

Mont Ti-Basse Ski Centre

20 Chemin du Mont-Tibasse, Baie-Comeau
 418-296-8311, 418-296-8309
monttibasse.com –  

Sept-Rivières

Station Gallix | Resort

600 Chemin du Club de ski Gallix (secteur Gallix), Sept-Îles
 418-766-7547, 418-766-5900 – skigallix.com –  
 Open: Mid-December to mid-April.

Mountain Facts				Services
Total number of trails (lit trails)	Vertical Drop	Ski Lifts	Trail Rating	
		A B C	● ■ ◆ ◆◆	   and 1 snowpark
15 (9)	182 m			
		A C	● ■ ◆ ◆◆	   and 2 snowpark
22 (7)	185 m			

Cross-country skiing

Sept-Rivières

Sept-Îles

Sept-Îles Rapido Cross-Country Ski Club



480 Chemin du Lac des Rapides, Sept-Îles
 418-968-4011 – clubrapido.ca – 
 Open: Early November to end of April.

Located on the shores of Lac des Rapides, the club has an extensive network of snowshoe and cross-country ski trails, both classic and skate, with different levels for families and sports enthusiasts. The ski school gives lessons to kids from 6 to 16 and teaches them about the sport's many benefits. It also offers introductory and advanced cross-country ski lessons for adults, equipment rental, and has reduced rates for students and seniors.



Mont Ti-Basse



Station Gallix

Dogsledding

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur

418-236-4551 or 1-877-236-4551

ferme5etoiles.com -  

Open: December to April.

Dogsledding is our specialty! Feel the thrill of driving your own team and getting to know your dogs. Our trips to the majestic Saguenay Fjord (2-hour, half-day, full day and 24-hour outings) are supervised by professional guides who love to share their passion for the sport. Overnight trips (max. 24 hrs) include accommodation in yurts and delicious meals prepared by our head chef. **Ad p. 224**

Snowmobiling

Association des motoneigistes du Nord |
Snowmobilers association

104 Blvd Comeau, Baie-Comeau

418-295-5377, 418-296-9158 - stationuapishka.com

Open: January to April.

This organization invites you to come on guided snowmobile tours in the Mont Groulx mountains and around the region. We have many trained guides ready to take you on all kinds of adventures. Reservations required. For information: info@uapishka.com, 418-296-8514.

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur

418-236-4551 or 1-877-236-4551

ferme5etoiles.com -  

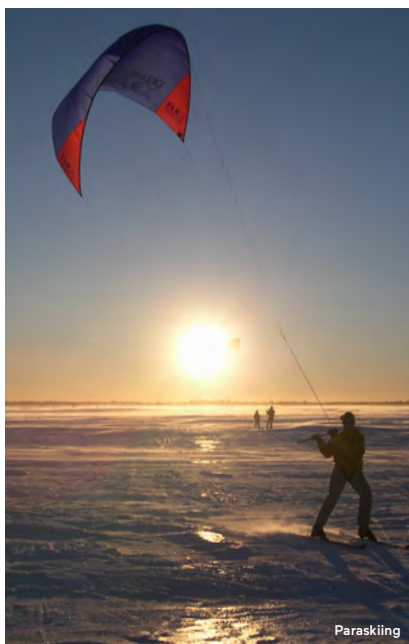
Set off by snowmobile to discover the snowy landscape along the St. Lawrence River and around the Saguenay Fjord. We offer a variety of trips, from 1.5 hours to half- and full-day. Protective, low-temperature clothing available on site. Snowmobile rental also available; experience required. **Ad p. 224**



Sled dogs



Snowmobile ride



Paraskiing

Les Escoumins

Complexe hôtelier Pelchat | Hotel

445 Route 138, Les Escoumins
418-233-2401 or 1-888-225-3463
complexepelchat.com - 

Guests staying at this snowmobile-friendly hotel have direct access to the Trans-Québec #3 federated trail and a network of trail loops (maintained by the hotel) leading to the Monts-Valin mountains, Longue-Rive and Portneuf-sur-Mer. Trail map and snowmobile packages available.

Manicouagan

Baie-Comeau

Baie-Comeau Motosports

2633 Blvd Lafèche, Baie-Comeau
418-589-2012 - bcmotosports.com -  
Open: Year-round.

Rent a snowmobile or ATVs from us, to appreciate the joy of riding a high-performance machine specifically designed for local conditions. We specialize in motorized sports, with a focus on Yamaha, Polaris and Suzuki machines. We sell parts, accessories, clothing, ATVs, snowmobiles, motorcycles, boats, motors, generators, and do repairs.

Caniapiscau

Fermont

Nord Expé

354 rue Auclair, Sainte-Brigitte-de-Laval
418-825-1772 - nordexpe.com -  
Open: Year-round.

We organize off-trail snowmobiling expeditions and safaris and rent utility, mountain, and hybrid snowmobiles. Our services include experienced, professional guides and northern expedition experts; transportation is by enclosed trailer. We offer regular trips led by accredited guides to the Mont Groulx mountains from: Baie-Comeau, Fermont, Happy Valley-Goose Bay (N.L.), Blanc-Sablon and Sept-Îles.



Winter landscape

Sept-Rivières

Sept-Îles

Atelier Laforge | Vendor and dealer

1167 Blvd Laure, Sept-Îles
418-962-6051 or 1-866-962-6051
atelierlaforge.com -  
Open: Year-round.

Atelier Laforge is a BRP and Honda dealer and a trusted RV vendor. We also rent Ski-Doo's to anyone who dreams of adventure, either on a couples' weekend or a trip along the *Route blanche* (White Trail). Call us or check out our website for rates and FAQs. Visit our store for our selection of protective, cold-weather clothing before you leave.



Snowmobile ride

Sept-Îles Motosports

487 Ave du Québec, Sept-Îles
418-968-4151 - simotosports.com -  
Open: Year-round.

We rent snowmobiles and ATVs so our clients can appreciate the joy of riding a high-performance machine specifically designed for local conditions. We specialize in motorized sports, with a focus on Yamaha, Polaris and Suzuki products. We sell parts, accessories, clothing, ATVs, snowmobiles, motorcycles, boats, motors, generators, and do repairs. We're happy to serve you, and look forward to giving you the best advice.

Snowmobile Clubs

La Haute-Côte-Nord

Sacré-Cœur

Les Rôdeurs Club

C.P. 115, Sacré-Cœur – 418-236-9149, 418-236-1338
clublesrodeurs@hotmail.com – 

Les Escoumins

Les Bouleaux blancs Sports Club

581-221-0731, 418-233-3200
jim16@bell.net – 

Longue-Rive

Exploreurs Club

418-231-1112 – marcabouchard@hotmail.com – 

Portneuf-sur-Mer

Bouranne Club

418-238-2038, 418-238-5518
lisette.tr@videotron.ca – 

Forestville

Nord-Neige Club

418-587-4664, 418-587-3151
agaant@globetrotter.net – 

Manicouagan

Ragueneau

Bolides Club

418-567-9384, 418-567-2818
bolidesragueneau@hotmail.ca – 

Baie-Comeau

AMMI Club

418-294-2054 – lammi@outlook.com

Godbout

Ziggious Club

418-568-7729, 418-297-2598
b.kinn@hotmail.ca

Baie-Trinité

Harfang du Nord Club

418-296-9785 – rousf@globetrotter.net – 

Caniapiscau

Fermont

Les Lagopèdes Club

418-287-3383, 418-965-1176 – pwip083@hotmail.com – 

Sept-Rivières

Port-Cartier

Odanak Club

418-965-1550 – guy235ing@hotmail.com – 

Sept-Îles

Ook-Pik Club

C. P. 273, Sept-Îles – 418-965-6012
bouboult@globetrotter.net – 

Minganie

Longue-Pointe-de-Mingan

La Minganie Club

418-949-2808, 418-949-2474

Havre-Saint-Pierre

Le Blizzard Club

418-538-3940, 418-538-6219
rasnadeau@rtccable.com – 

Le Golfe-du-Saint-Laurent

Ministry of Transport

418-538-2866 – cotenord@mtg.gouv.qc.ca





There's an outfitter
for every one of us ...
so, hit the road and
find yours !



Get your
collectable stickers



ENTER
FOR A CHANCE TO
WIN \$10,000 IN PRIZES



Hunting and Fishing

Come and explore these vast hunting and fishing grounds teeming with abundant and varied wildlife. The outfitter camps and ZECs (controlled zones) located in forests, near rivers, beside lakes and on Anticosti Island have experienced guides that accompany experts and provide advice for beginners.



▼ Organized by sub-theme, from west to east.

Hunting and Fishing Information

Québec Outfitters Federation

1-800-567-9009 – pouvoiries.com

Ministry of Forests, Wildlife and Parks

1-844-523-6738 – mffp.gouv.qc.ca

Sépaq (organization that manages provincially-owned outdoor centres)

1-800-665-6527 – sepaq.com

Salmon Rivers

Saumon Québec

3137 rue Laberge, Québec

418-847-9191 or 1-888-847-9191

saumonquebec.com –   

Open: Year-round.

The Côte-Nord region is justly famous as a fishing destination. In the west, four rivers with amber-coloured water flow through deep mountain valleys. They are home to Atlantic salmon and brook (or sea) trout. The eastern part of the region has 27 rivers filled with salmon that are famous for their fighting spirit. Visitors to Île d'Anticosti are amazed by how clear the island's river are. Come and experience excellent fishing in an untouched wilderness setting.

La Haute-Côte-Nord

Sacré-Cœur

Rivière Sainte-Marguerite Association (ARSM)

160 rue Principale Nord, Sacré-Cœur

418-236-4604 or 1-877-236-4604

rivieresainte-marguerite.com – 

Open: June to September.

If you want to tickle a salmon or sea trout in an untamed natural setting, you're in the right spot! Fly fishing in the Rivière-Sainte-Marguerite dates back to 1860. This narrow river is perfect for beginners because of its proximity to Route 172 and the over 100 well-marked pools that can be reached by wading. Accommodation: Cottages and campground. Services: Equipment rental, hiking trails, guide, and licenses sold on-site. Some areas do not require a reservation.



Releasing a nice catch

Sept-Rivières

Moisie

Rivière Moisie Protection Association (APRM)

10 rue Mercier (Moisie area), Sept-Îles
418-962-3737, 418-927-2021 (in summer)
rivieremoisie.com –

The APRM is a non-profit organization that operates and manages the first 23 km of the Rivière Moisie, 25 km east of Sept-Îles. Salmon fishing in its territory can only be done in motorboats. The Rivière Moisie ZEC has two sectors not subject to access quotas. The Winthrop-Campbell sector is subject to access quotas and a membership card is required. Access rights are determined by a draw on the fourth Saturday of March; the second draw starts May 30, 48 hours prior to the fishing date.

Controlled Zones (ZECs)

La Haute-Côte-Nord

Les Escoumins

Rivière Escoumins ZEC

24 rue de la Rivière, Les Escoumins
418-233-3121 – riviereescoumins.com –
Open: Year-round.

Access: take Route 138. Accommodation: campground. Body of water: 1 river (66 pools). Fishing: Atlantic salmon, sea trout. Services: Guides and licenses.

Longue-Rive

Iberville ZEC

3 rue de l'Église, office 4, Longue-Rive
418-231-2937 (office), 418-907-7119 (reception)
zeciberville.reseazec.com –
Open: Year-round.

Access: 5 km from Route 138. Accommodation: campground. Bodies of water: 3 rivers (50 pools) and 239 lakes. Fishing: indigenous brook trout. Services: permits sold.

Forestville

Forestville and Rivière Laval ZEC

41 Route 138 Est, Forestville
418-587-4000 or 1-888-587-0112
zecforestville.reseazec.com –
Open: Year-round.

Access: take Route 138. Accommodation: campground and cabins. Bodies of water: 11 rivers (67 pools) and 935 lakes. Fishing: pike, indigenous brook trout, Atlantic salmon, sea trout, yellow perch, lake char. Hunting: hare, migratory birds, moose, bear and partridge. Services: licenses sold.

Manicouagan

Godbout

Rivières Godbout and Mistassini ZEC

117 Route 138, Godbout
418-568-7305 – rivieregodbout.com –
Open: June to September.

Access: via Highway 138. Accommodation: ready-to-camp tents and rustic campsites. Body of water: river. Fishing: salmon in quota and non-quota zones. Services: fly fishing, equipment rental.

Baie-Trinité

Baie-Trinité ZEC

1 rue de la Baie, Baie-Trinité
418-939-2242, 418-939-2243 – sabt2010@live.ca –
Open: Year-round.

Access: take Route 138. Accommodation: campground, cottages and hotel. Body of water: river (pools) and lakes. Fishing: indigenous brook trout, Atlantic salmon and sea trout. Hunting: small and large game. Services: licenses sold.

Sept-Rivières

Sept-Îles

Matimek ZEC

Association de chasse et pêche septilienne, Sept-Îles
418-583-2677 – zecmatimek.reseazec.com –
Open: Year-round.

Access: on Route 138, at km 19 W. Accommodation: campground and cottages. Body of water: 10 rivers and 350 lakes. Fishing: pike and indigenous brook trout. Hunting: hare, migratory birds, partridge, bear and moose.

Outfitters

Association des pourvoires de la Côte-Nord

1251 rue des Rochers, Baie-Comeau
418-589-7273 – pourvoires-cotenord.com – 
Open: Year-round.

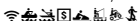
Our goal is to promote fishing, hunting and vacationing on the Côte-Nord, where vast, virtually untouched areas guarantee a thrilling outdoor experience in the boreal (northern) forest. Come and fish for salmon, trout and landlocked salmon, and hunt moose, bear, deer and partridge. 

La Haute-Côte-Nord

Tadoussac

Club de chasse et pêche Tadoussac | 2★ to 4★
Hunting & fishing club
850464

418-235-4723 – clubtadoussac.com – 
GPS: N 48.21437 W -69.68302, Lac Boulanger
Open: Year-round.

Rights: exclusive over 25.7 km² (daily fishing). Access: take Route 138, 9 km past the Baie-Sainte-Catherine – Tadoussac Ferry. Accommodation: 10 cottages, 1 campground and 1 lodge (6 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Packages: Modified American Plan, European Plan and guide service. 



Tadoussac Hunting & fishing club

Lacs à Jimmy Outfitter – 3★ to 4★
Essipit Outfitters
850479

418-232-2266 or 1-888-868-6666
vacancesessipit.com –  
GPS: N 48.51963 W -69.7211, Lac à Jimmy
Open: May to October.

Rights: exclusive over 24 km². Access: 7 km outside Tadoussac on Route 138. Accommodation: 8 cottages and 1 lodge (3 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: moose. Packages: European Plan and guide service. 

Club Lac des Sables et Paradis (1974) inc. 3★ to 4★
850478

418-232-2020 – clublacsables.com – 
GPS: N 48.2620687 W -69.6313134, Lac des Sables
Open: May to October.

Rights: exclusive over 100 km². Access: from Les Bergeronnes, drive 4 km into the forest. Accommodation: 18 cottages. Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: moose, black bear. Packages: American Plan, European Plan and guide service. 

Sacré-Cœur

Lac des Baies Club inc. 3★ to 4★
850483

418-665-6610 or 1 855 665-6610
lacsbaies.com – 
GPS: N 48.33045 W -69.79594, Lac des Baies
Open: Year-round.

Rights: exclusive over 43.2 km² (daily fishing). Access: take Route 172 to Sacré-Cœur (not far from Tadoussac), follow the logging road for 14 km until the outfitter. Accommodation: 16 cottages. Body of water: lake and river. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, snowshoe hare, black bear and moose. Packages: American Plan upon request, European Plan and guide service. 



Anglers at work

Des Grands Ducs Outfitter

4★

850474

418-514-8661 - pourvoiriedesgrandsducs.com - 

GPS: N 48.29168 W -69.81286, Lac Caribou

Open: May to October.

Rights: exclusive over 21.4 km² (daily fishing). Access: located on a logging road, 9.3 km from the village of Sacré-Coeur. Accommodation: 6 cottages. Body of water: lake. Fishing: brook trout, indigenous brook trout and arctic char. Hunting: ruffed grouse, snowshoe hare, black bear and moose. Packages: American Plan upon request, European Plan and guide service. 

Essipit**Club Claire – Essipit Outfitters**

3★ to 4★

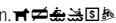
850465

418-233-2266 or 1-888-868-6666

vacancesessipit.com -  

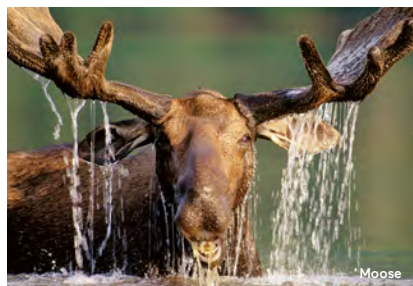
GPS: N 48.51963 W -69.7211, Lac Cormier

Open: May to October.

Rights: exclusive over 81.5 km² (daily fishing). Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 41 km until the outfitter. Accommodation: 8 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: moose. Package: European Plan. 



Essipit Outfitters



Moose

Domaine du Lac Bernier inc. – Essipit Outfitters

4★

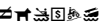
850482

418-233-2266 or 1-888-868-6666

vacancesessipit.com -  

GPS: N 48.4880964 W -69.6283641, Lac des Petits Escoumins

Open: June to October.

Rights: exclusive over 32.7 km² (daily fishing). Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 25 km until the outfitter. Accommodation: 4 cottages. Body of water: lake. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and moose. Package: European Plan. 

Domaine du Lac des Cœurs inc. – Essipit Outfitters

2★ to 4★

850481

418-233-2266 or 1-888-868-6666

vacancesessipit.com -  

GPS: N 48.6797 W -69.96398, Lac des Cœurs and Lac Gilles

Open: June to October.

Rights: exclusive over 189 km². Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road. The Lac des Cœurs site is 74 km from Les Escoumins; the Lac Gilles site is 80 km. Accommodation: 22 cottages and 6 camps. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: moose. Package: European Plan. 

Domaine sportif du Lac Loup inc. – Essipit Outfitters

2★ to 4★

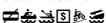
850496

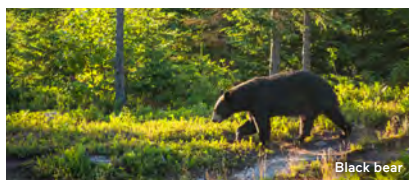
418-233-2266 or 1-888-868-6666

vacancesessipit.com -  

GPS: N 48.66724 W -69.94016, Lac Loup

Open: May to October.

Rights: exclusive over 54.7 km². Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 68 km until the outfitter. Accommodation: 9 cottages and 3 camps. Body of water: lake. Fishing: indigenous brook trout. Hunting: black bear and moose. Package: European Plan. 



Black bear

Les Escoumins

Pouvoirie Chez Pelchat | Outfitter 3★

850472

418-514-9903 or 1-888-394-2537

pouvoiriepelchat.com – 

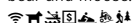
GPS: N 48.4975 W -69.7449, Lac du Pont Flottant

Open: May to September (winter by reservation).

Rights: exclusive over 7.89 km². Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 36 km until the outfitter.

Accommodation: 5 cottages. Body of water: lake.

Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan.



La Truite Rouge Outfitter 3★ to 4★

850463

418-540-0992, In season: 418-820-2337

pouvoiriedelatruiterouge.ca – 

GPS: N 48.58881 W -69.83561, Lac Bezeau

Open: May to October.

Rights: exclusive over 45.5 km² (daily fishing). Access: follow Route 138 to the Les Escoumins logging road. Drive 55 km on the ZEC road, then continue 2 km to the outfitter entrance. Accommodation: 8 cottages.

Body of water: lake. Fishing: indigenous brook trout.

Hunting: moose. Package: European Plan. 

Pouvoirie du Grand Lac du Nord 3★ to 4★

850363

418-233-3367, In forest: 418-476-5030

pouvoirie.org – 

GPS: N 48.6902 W -69.6661, Lac Marot - Lac Florida

Open: May to October.

Rights: exclusive over 100 km². Access: take Route 138 to Portneuf-sur-Mer, then the forest road for 48 km.

Accommodation: 9 cottages. Bodies of water: lake and river. Fishing: indigenous brook trout. Hunting: woodcock, ruffed grouse, black bear and moose.

Package: European Plan. 

Longue-Rive

Pouvoirie Club Kergus | Outfitter 3★ to 4★

850491

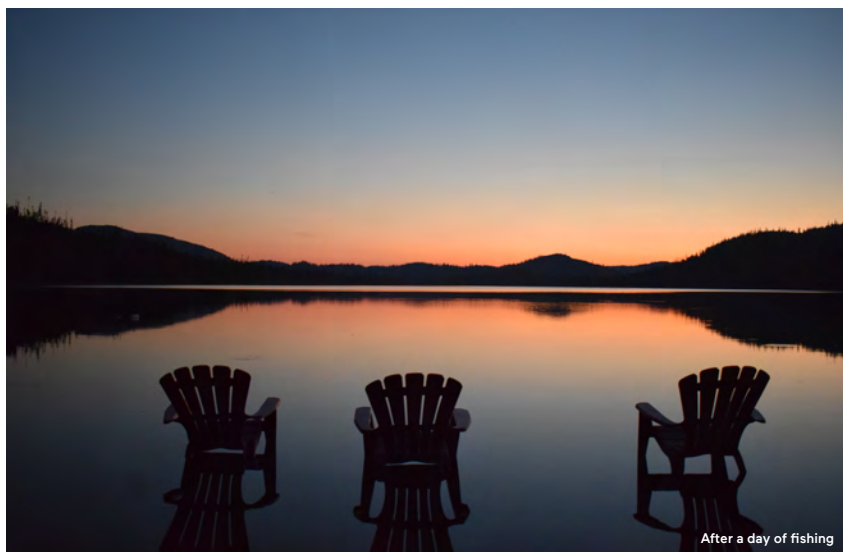
418-231-2382, 418-907-2395 – kergus.ca

GPS: N 48.59127 W -69.72278, Lac Kergus

Open: May to October.

Rights: exclusive over 43.7 km². Access: follow Route 138 until Longue-Rive, then take the logging road for 49 km until the outfitter. Accommodation: 9 cottages

and 1 lodge (8 rooms). Body of water: lake and river. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and moose. Packages: European Plan and Modified American Plan upon request. 



After a day of fishing

Portneuf-sur-Mer

Pourvoirie des Bouleaux Blancs | Outfitter 3★ to 4★
850429

418-587-6131 – bouleaublanc.com –  
GPS: N 48.72958 W -69.23934, Lac Edmond and Lac Sauniat
Open: May to October.

Rights: 130 km² of private land. Access: 8 km before Forestville on Route 138, turn left onto a logging road and drive for 13 km. Accommodation: 4 cottages and 3 camps. Body of water: lake. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, black bear and moose. Packages: American Plan and European Plan.    

Forestville

Domaine du Canyon 2010 inc. | Outfitter 3★ to 4★
850453

418-665-1583 or 1-866-559-2214 – domaineducanyon.com
GPS: N 49.06569 W -69.72592, Lac Atisocagamac – 
Open: May to October.

Rights: exclusive over 69.9 km². Access: follow Route 138 until Forestville, then take the logging road for 84 km until the outfitter. Accommodation: 9 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: woodcock, ruffed grouse, black bear and moose. Package: European Plan.    

Le Domaine Orégnac inc. | Outfitter 4★
850446

418-907-2387 or 418-559-2398 – domaineoregnac.com – 
GPS: N 49.2991 W -69.5598, Lac Mimo
Open: May to October.

Rights: exclusive over 101.5 km² (daily fishing). Access: take Routes 138 and 385 north to Labrieville (signs for Bersimis 1). Accommodation: 4 cottages and 1 camp. Body of water: lake and river. Fishing: indigenous brook trout, lake trout. Hunting: woodcock, ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan.    



Speckled trout

Pourvoirie La Rocheuse | Outfitter 3★ to 4★
850470

418-587-4520 – larocheuse.com – 
GPS: N 48.77870 W -69.58402, Lac Bourbeau
Open: May to October and December to March.

Rights: exclusive over 94.5 km² (daily fishing). Access: follow Route 138 until Forestville, then take a logging road for 60 or 75 km until the outfitter. Accommodation: 6 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan.    

Pourvoirie Le Chenail du Nord | Outfitter 3★ to 4★
850492

418-871-1479 or 1-888-871-1479
lechenaildunord.com – 
GPS: N 48.7579 W -69.1152, Lac de Travers
Open: June to October.

Rights: exclusive over 69.3 km² (daily fishing). Access: follow Route 138 until Forestville, turn onto Rue Verreault Nord; drive 97 km on the ZEC road until the outfitter. Accommodation: 6 cottages. Body of water: lake, river and reservoir. Fishing: indigenous brook trout, pike, whitefish and lake trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Packages: European Plan, American Plan upon request and guide service.    

Manicouagan

Baie-Comeau

La pourvoirie du Lac Cypres | Outfitter 2★ to 3★
850484

418-589-7273, 581-805-9055 – laccypres.ca –  
GPS: N 49.72091 W -67.9065, Lac Achigan
Open: May to October.

Rights: exclusive over 53.5 km². Access: follow Route 138 until chemin de la Toulustouc (paved); at approx. km 66 after the bridge over the Rivière Pistuacan, turn right onto logging road RP3-230 and continue for another 24 km. Look for the mileage and outfitter signs. Accommodation: 2 cottages and 1 camp. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: ruffed grouse, black bear and moose. Package: European Plan and guide service.  

Pourvoirie du Lac Dionne (2019) inc. | Outfitter

2★ to 3★

850462

418-297-4048 or 1-877-956-3466

pourvoiredulacdionne.com – 

GPS: N 49.58153 W -67.88044, Lac Dionne

Open: May to November.

Rights: exclusive over 52.2 km² (daily fishing). Access: drive 4 km east of Baie-Comeau on Route 138 then, after the bridge over the Rivière aux Anglais, turn left onto chemin de la Toulustouc; at km 44, turn right and drive 8 km until the outfitter. Accommodation: 11 cottages. Body of water: lake. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan. 



Pourvoirie du Lac Dionne

Pourvoirie Manicouagan Club Chambeaux inc. | Outfitter

3★

850460

418-589-9511, 418-548-9511 or 1-800-463-7991

labrador-air safari.com

GPS: N 50.6578 W -68.8187, Lac Berte Nord

Open: Year-round.

Rights: exclusive and non-exclusive. Access: by seaplane from Baie-Comeau. Accommodation: 6 cottages and 5 camps. Body of water: lake. Fishing: indigenous brook trout, lake trout, landlocked salmon and pike. Hunting: moose and small game. Package: European Plan. 

Route 389

Pourvoirie Panomaguy | Outfitter

4★

850419

418-860-1612 or 418-862-7266 – panomaguy.com

GPS: N 50.38289 W -68.89609, Lac Okaopéo

Open: May to October.

Rights: non-exclusive. Access: follow Route 389 from Baie-Comeau; at km 179 take the logging road for 11 km until the outfitter. Accommodation: 8 cottages. Body of water: lake, river and reservoir. Fishing: landlocked salmon, lake trout, indigenous brook trout and pike. Hunting: ruffed grouse, spruce grouse and snowshoe hare. Open: Package: European Plan. 

Relais Gabriel | Outfitter

2★ to 3★

850433

418-589-8348 or 418-948-1304

pourvoirielaigabriel.com – 

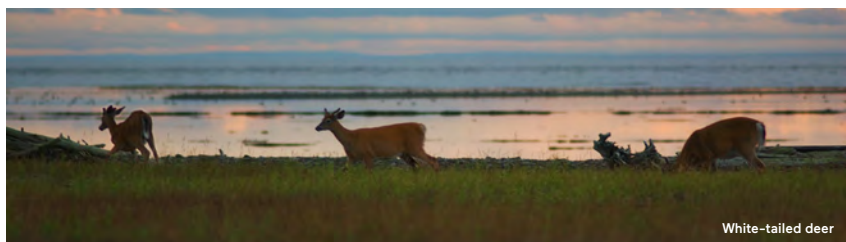
GPS: N 51.32603 W -68.12242, Réservoir Manicouagan

Open: Year-round.

Rights: non-exclusive (daily fishing). Access: follow Route 389 from Baie-Comeau; at km 316 follow the signs for Fermont, 100 km after Manic-5. Accommodation: 6 cottages, 2 camps and 1 lodge (6 rooms). Body of water: lake and reservoir. Fishing: native brook trout, landlocked salmon, lake trout, rainbow trout and pike. Packages: European Plan, American Plan and guide service. 



Relais Gabriel



White-tailed deer

Sept-Rivières

Sept-Îles

Les Camps Trio Inc.

2★

850473

418-350-0984 - campstrio.com

GPS: N 50.1995 W -66.3731

Lac Grand Mesnil Sud, Rivière-Nipississ

Open: June to September

Rights: non-exclusive. Access: Follow Route 138 to Sept-Îles, then take a seaplane to the outfitter. Accommodation: 1 cottage and 2 camps. Bodies of water: lake and river. Fishing: indigenous brook trout and lake trout. Package: European Plan.

Minganie

Port-Menier

Pourvoirie Lac Geneviève d'Anticosti | Outfitter

2★ to 4★

850450

418-535-0294 or 1-800-463-1777 - anticostiplg.com - 

GPS: N 49.85289 W -63.97845, Lac Geneviève

Open: June to December.

Rights: exclusive over 1,063.8 km² (daily fishing). Access: by plane or boat to Port-Menier, then by road to the outfitter. Accommodation: 11 cottages. Body of water: lake and river. Fishing: sea trout and indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and white-tailed deer. Packages: European Plan and American Plan.   **Ad p. 98**

Safari Anticosti senc | Outfitter

3★ to 5★

850451

418-225-9270 or 1-800-262-9496

safarianticosti.com -  

GPS: N 49.4185 W -62.24479, Rivière aux Saumons

Open: June to December.

Rights: exclusive over 550 km². Access: by plane right to the outfitter. Accommodation: 2 cottages and 1 lodges (6 rooms). Body of water: river. Fishing: Atlantic salmon and sea trout. Hunting: ruffed grouse, spruce grouse and white-tailed deer. Packages: European Plan, American Plan and guide service.  

Sépaq Anticosti | Outfitter

2★ to 4★

850440

418-535-0231 or 1-800-463-0863

sepaq.com/sepaq-anticosti - 

GPS: N 49.8191 W -64.348, Port-Menier Village

Open: Year-round.

Rights: exclusive. Access: by boat or plane to Port-Menier, then by road to the outfitter. Accommodation: 42 cottages, 3 lodges (30 rooms) and 1 lodge (8 rooms). Body of water: river. Fishing: sea trout, brook trout and Atlantic salmon. Hunting: ruffed grouse and white-tailed deer. Packages: European Plan, American Plan and guide service.   **Ad p. 98**

Rivière-Saint-Jean

Pourvoirie de la Haute-Saint-Jean | Outfitter

3★ to 4★

850441

418-949-2457, 418-949-2255

hautesaintjean.com - 

GPS: N 50.3011 W -64.3192, Rivière Saint-Jean

Open: June to August.

Rights: exclusive over 34.2 km². Access: on Route 138 at the mouth of the Rivière Saint-Jean; reception office at 300 rue Saint-Jean. Accommodation: 5 cottages. Body of water: river. Fishing: Atlantic salmon and sea trout. Packages: European Plan, American Plan and guide service.  

Minganie

Pourvoirie du Lac Allard et rivière Mingan inc. | Outfitter

3★

850689

1-800-463-4673

ekuanitshit.com/pourvoirie-lac-allard-et-riviere-mingan

GPS: N 50.46632 W -63.59154, Lac Allard and Rivière Mingan

Open: June to October.

Rights: non-exclusive (daily fishing). Access: follow Route 138 until Havre-Saint-Pierre, then take a seaplane to Lac Allard. Accommodation: 2 cottages and 1 lodge (4 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout and landlocked salmon. Hunting: black bear and moose. Packages: European Plan, American Plan and guide service.  

Baie-Johan-Beetz

9160-6335 QUÉBEC INC. | Outfitter 5★

850448

514-447-6300 - lacorneille.ca -  
GPS: N 50.284 W -62.8964, Rivière Corneille
Open: June to October.

Rights: exclusive over 19 km². Access: follow Route 138 until the outfitter, at km 1,279. Accommodation: 3 camps. Body of water: lake and river. Fishing: arctic char, landlocked salmon, Atlantic salmon and sea trout. Package: American Plan and guide service.



Pourvoirie Baie Johan-Beetz | Outfitter 3★

850447

514-447-6300 - baiejohanbeetz.com - 
GPS: N 50.28925 W -62.80572
Open: June to October.

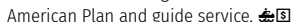
Rights: exclusive over 25.8 km². Access: follow Route 138 until Baie-Johan-Beetz. Accommodation: 1 lodge. Body of water: lake and river. Fishing: arctic char, indigenous brook trout, landlocked salmon, Atlantic salmon, sea trout. Packages: American Plan, European Plan and guide service. 

Aganish and L'Île-Michon

Pourvoirie Nabisipi Uenapeuhipu inc. | Outfitter 4★

850490

450-544-5999 - nabisipi.com - 
GPS: N 46.1727 W -71.8748, Lac Costebelle
Open: June to August.

Rights: exclusive over 2.5 km². Access: by seaplane from Natashquan. Accommodation: 1 cottage. Body of water: river. Fishing: Atlantic salmon. Packages: American Plan and guide service. 

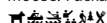
Natashquan

Club Lac Victor | Outfitter 3★ to 4★

850455

514-447-6300 - clublactvictor.com - 
GPS: N 50.6071 W -61.8249, Lac Victor
Open: June to October.

Rights: exclusive over 251.5 km². Access: follow Route 138 until Natashquan, then by seaplane or portage until the outfitter. Accommodation: 5 cottages. Body of water: lake and river. Fishing: arctic char, landlocked salmon, lake trout, indigenous brook trout and pike. Hunting: duck, spruce grouse, black bear and moose. Packages: European Plan and American Plan.



Le Golfe-du-Saint-Laurent

Kegaska

Pourvoirie Musquanousse | Outfitter 2★ to 3★
850435

514-707-7773, 581-880-6014
pourvoiriecotenord.com - 
GPS: N 50.2444 W -61.0169, Rivière Musquanousse
Open: June to September.

Rights: exclusive over 281 km². Access: take Route 138 to Natashquan, then the floatplane to the outfitter. Accommodation: 1 inn (4 rooms) and 1 cottage. Bodies of water: lake and river. Fishing: brook trout, indigenous brook trout, landlocked salmon, Atlantic salmon and sea trout. Packages: American Plan and guide service. 

La Romaine

Société en commandite du Lac Musquaro | 4★ Limited partnership

850468

819 623-6212 - musquaro.com - 
GPS: N 50.62489 W -61.11248, Lac Musquaro
Open: June to August.

Rights: exclusive over 252 km². Access: by seaplane from Natashquan. Accommodation: 3 cottages. Body of water: lake and river. Fishing: arctic char, indigenous brook trout and landlocked salmon. Package: American Plan and guide service. 



Catch of the day



Places to Eat and Accommodation

158 → Places to Eat

172 Local flavours

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180 Hotels
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housekeeping units
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199 Non-traditional
accommodation
203 Health and relaxation

Places to Eat

Côte-Nord cuisine is constantly innovating with flavours and products from the St. Lawrence River and the boreal forest. Our creative chefs find new ways to prepare fish, seafood and game as well as plants, mushrooms, herbs and wild berries that can only be found locally.



Price range

\$:	Under \$15
\$ \$:	\$15–\$30
\$ \$ \$:	\$31–\$50
\$ \$ \$ \$:	Over \$50

Meals

- 1: Breakfast
- 2: Lunch
- 3: Supper

▼ Organized by sector, from west to east.

La Haute-Côte-Nord

Tadoussac

À l'emportée Coop | Artisanal bakery co-op

164B rue Morin, Tadoussac
418-235-4752 – alemportee.com – 

\$ – 1,2,3 – T

At this artisanal bakery, we're passionate about creating playful, tasty items made with exotic Côte-Nord ingredients so our customers can taste or rediscover our local wild berries and plants. Day and night, we work hard to produce a wide range of delicious treats for you.



À l'emportée Coop, artisanal bakery co-op

Bohème Café Bistrot

239 rue des pionniers, Tadoussac
418-235-1180 – lecafeboheme.com –  

\$ – 1,2,3 –  T

This friendly café located in the former general store is a place where culture, creativity and innovation come together. Whether it's your regular hang out or a stop on your weekend get-away, you're sure to love the relaxed yet lively ambiance and the top-notch cuisine featuring authentic regional and exotic ingredients.

Chez Mathilde

227 rue des Pionniers, Tadoussac
418-235-4443, 581-235-2455
chezmathildebistro.com –  

\$\$\$\$ – 3 –  T

Started by a couple who are passionate about their craft, Chez Mathilde has become a must-visit Côte-Nord destination. This Tadoussac fine dining mecca is known for the imaginative dishes created by chef-owner Jean-Sébastien Sicard, and for the dining room's warm ambiance, with sultry piano-bass duets. Tasting menus for pescatarians and vegetarians, made with top quality local products.

Hôtel Tadoussac, Le Coverdale

165 rue du Bord-de-l'Eau, Tadoussac
418-235-4421 or 1-800-561-0718
hoteltadoussac.com –  

\$\$\$ – 1,2,3 –   T

Ad p.34

Specialties: local seafood, fish and meat dishes on the regular menu. The dining room's elegant wood panelling, murals, and pieces from the Coverdale collection bear witness to a rich history.



Chez Mathilde

Hôtel Tadoussac, Le William

165 rue du Bord-de-l'Eau, Tadoussac
 418-235-4421 or 1-800-561-0718
hoteladoussac.com –   

\$\$\$\$ – 3 –  

Ad p.34

Specialties: gourmet dishes made with local and regional ingredients, a range of fresh seafood and an outstanding duck leg confit. Experience fine dining in an intimate atmosphere with abundant natural light, stunning views of the St. Lawrence River and one of the most beautiful bays in the world. Awarded an AAA/CAA 4-diamond rating.



Hôtel Tadoussac, Le William

La Galouïne Auberge & Restaurant

251 rue des Pionniers, Tadoussac
 418-235-4380 – lagalouine.com –  

\$\$\$ – 1,2,3 –  

Ad p.34

Specialties: seafood, game, grilled meat, pasta, pizza. Chef/owner Martin Brisson uses local ingredients for the delicious table d'hôte, regular and take-out menu. Try the salmon and smoked marinated duck plate, local cheeses and microbrewery beers. House specialties: the Fjord crôûtier and the Galouïne platter. Reservations recommended.



Galouïne platter

Le Chantmartin

412 rue du Bateau-Passeur, Tadoussac
 418-235-4733 or 1-800-731-4733
chantmartin.com – 

\$\$ – 1,2,3 – Y

Specialties: the seafood pizza alone is worth a visit. Open year-round, this restaurant serves a wide range of dishes, including grilled meat, pizza, seafood, sandwiches, pasta, fondue, fast food, and daily specials. Table d'hôte and children's menus also available.

Restaurant Le Bateau

246 rue des Forgerons, Tadoussac
 418-235-4427 or 1-866-212-4427
lebateau.com – 

\$\$ – 2,3 –  Y T

Customers have been coming for our home cooking and fabulous views since 1989. Our specialties include: tortière, salmon pie, pizza, nachos, Québec-style bread pudding, our famous vinegar pie, and more.



Restaurant Le Bateau



Tadoussac Bay

Resto L'Auberge du lac



191 rue des Pionniers, Tadoussac
418-235-4784 - le-beluga.qc.ca -

\$\$\$ - 1,2,3 -

Ad p.180

Start your day off on the right foot with something from our extensive breakfast menu. Served in the dining room or on the terrace, we have a warm and welcoming space for you, right next door to Hotel Le Béluga. For summer 2022, we offer breakfasts for every taste.



Café l'Abri Côtier



171 rue du Bord de l'eau, Tadoussac
581-327-1001 - cafelabricotier.com -

\$\$ - 1,2 -

We're open for lunch, dinner and for afternoon snacks and offer counter service for on-site dining or take-out. Our indoor and outdoor seating has magnificent views of Tadoussac Bay. On the menu: pastries, smoothies, sandwiches, quiches, salads, coffee, hot chocolate and a selection of tea and herbal teas. We proudly use and sell Québec products.

Sacré-Cœur

Le Coronet

401 Route 172 Nord, Sacré-Cœur
418-236-9444 or 1-800-550-3123
hmcronet.com -

\$\$ - 1,2,3 -

Ad p.38

Located inside the Hotel-Motel Coronet complex, this restaurant's large dining room has a relaxed and friendly atmosphere where guests can choose from among: grilled and roasted meat, seafood, sandwiches, pasta, pizza and daily specials.

Les Bergeronnes

La Rosepierre

66 rue Principale, Les Bergeronnes
418-232-6543 - rosepierre.com -

\$\$ - 1,3 -

Come and discover our new restaurant concept in downtown Les Bergeronnes, at Auberge La Rosepierre. At breakfast, lunch and dinner, we serve fresh, tasty local food in a warm and friendly atmosphere. We also offer a selection of cocktails and privately imported wine.

Les Escoumins

Kiboikoi – café-bar Culturel

319 Route 138, Les Escoumins
581-322-1221 - kiboikoi.com -

\$ - 1,2,3 -

Specialties: homemade local and regional products. We proudly serve organic fair-trade coffee and chocolate, sell soup, salads and sandwiches and pastries and offer a catering service. We have a children's area, art exhibitions and shows, as well as board games and books to be enjoyed on-site.

Le Krill Cuisine Terre et Mer | Surf & Turf



287 Route 138, Les Escoumins
418-233-2121 - lekrill.ca -

\$\$ - 3 -

Whether you prefer sitting at the bar, in the dining room or in the sunroom, your cocktail awaits you. As you sip your drink, the chef and his team are being inspired by the sea air and the rugged Côte-Nord terrain to prepare a feast for you from our regular or seasonal menu. Souvenir store next door.



Restaurant Le Bouleau

454 Route 138, Les Escoumins
418-233-3330 – 

\$\$ – 1,2,3 – 

Ad p.37

This friendly seafood restaurant has a view of the St. Lawrence. Who knows? You may spot whales as you dine on our excellent seafood, grilled meat, pizza, pasta, and more, from the regular, table d'hôte or daily specials menu.



Restaurant Le Bouleau

Restaurant Pêcherie Manicouagan

152 rue Saint-Marcellin Ouest, Les Escoumins
418-233-3122 – fruitsdemeretrepoissons.com – 

\$\$\$\$ – 1,2,3 – 

Ad p.38

Specialties: freshly caught local fish and seafood, including; snow crab, shrimp, lobster, scallops, halibut, turbot, whelks, and Arctic surf clams – also served in our delicious chowder. Eat in at our fishmonger-restaurant, with great views of the river, or take out. A Philippe Mollé 2020 Top Pick.



Restaurant Pêcherie Manicouagan

Portneuf-sur-Mer**Cantine chez Braz | Chip truck**

3 Route 138, Portneuf-sur-Mer
581-623-1051 – lapatateatoto@gmail.com – 

\$ – 2,3 – 

This chip truck offers patrons a top-notch menu featuring local and regional flavours, ingredients sourced from Montréal, Québec and Charlevoix, a gazebo-style eating area, and on-site washrooms. As for the name, you'll have to visit to find out why we chose it.

La Capitainerie de la Marina

1 Chemin de la Marina, Portneuf-sur-Mer
581-221-0419 – portneuf-sur-mer.ca

\$\$ – 1,2,3

Specialties: Côte-Nord products and seasonal seafood. Bring your family and friends or that special someone to sample our refined, delicious cuisine in a warm, friendly atmosphere. Enjoy fabulous views of the St. Lawrence and the mouth of the Rivière Portneuf as you dine.

Forestville**Le Danube bleu**

5 Route 138 Est, Forestville
418-587-2278 or 1-877-677-2278
econolodgeforestville.com – 

\$\$\$ – 1,2,3 – 

Ad p.39

Specialties: all-you-can-eat lunch buffet and daily lunch specials. The extensive European-inspired menu includes grilled meat, pizza, hamburgers, pasta and sandwiches. Breakfast is served weekdays from 5 a.m. and weekends starting at 6 a.m.

Resto-Pub Le Chianti

5 Route 138 Est, Forestville
418-587-2278 or 1-877-677-2278
econolodgeforestville.com – 

\$\$\$ – 3 – 

Ad p.39

Specialties: bistro menu, single malt scotches, a selection of 40 wines and a variety of beers on tap, including Rickard's and Heineken. Come relax in friendly surroundings that include a central bar, a glass wine cellar, and big-screen TVs broadcasting sports events. Perfect choice for your next business meeting.

Manicouagan

Baie-Comeau

La Cache d'Amélie

37 Ave Marquette, Baie-Comeau
418-296-3722 - lynn.harvey@cgcable.ca - 

\$\$\$ - 3 -  

Specialties: distinctive regional gourmet dishes from the regular and table d'hôte menu. We also have an extensive wine list, with many private imports, and a large selection of spirits, as well as private rooms for holding business or small group meetings. Reservations recommended.

Le Bistro La Marée Haute

8 Ave Cabot, Baie-Comeau
418-296-3391 or 1-800-463-8567
bistro.cool - 

\$\$\$ - 1,3 -   

Ad p.48

Specialties: homemade pâté, smoked meat and seafood. The gourmet menu features seafood and creative dishes made with local ingredients, many from the local Ferme Manicouagan. We have a regular and table d'hôte menu, room service for hotel guests, great views of the bay and the St. Lawrence River, and a selection of wines, beer and spirits.



Le Bistro La Marée Haute



Ste-Amélie Church

Microbrasserie St-Pancrace – Le Pub

55 Place La Salle, Baie-Comeau
418-296-0099 - stpance.com -  

\$\$ - 3 -   

This microbrewery is known for its innovative and high-quality beers inspired by Côte-Nord products. Located in the heart of downtown, Le Pub serves local cuisine, craft beers and Québec spirits in a friendly atmosphere. Check out our events online.



Le Manoir du Café

5 Place La Salle, Baie-Comeau
418-294-6652 - manoirducafe.com -  

\$\$ - 1,2,3 -  

Ad p.41

In this roastery/neighbourhood restaurant, founded in 1992, you can choose from a wide range of freshly roasted specialty coffees. You can also purchase a variety of take-out dishes at the counter.



Anse Saint-Pancrace

Pizza Royale

2674 Blvd Laflèche, Baie-Comeau
418-589-3838 – pizzaroyale1970.com – 

\$\$ – 2,3 – 

This friendly fast-food restaurant, open since 1970, still has the original wood-panelled dining room. The menu includes pizza, pasta, Chinese food, seafood, and more. We serve and deliver daily from 11 a.m. to 9 p.m. Popular with teams during sports tournaments.

**Resto Bar Le Blues**

48 Place La Salle, Baie-Comeau
418-296-2212, 418-297-6994
legrandhotel.ca – 

\$\$\$ – 1,2,3 –  

Ad p.57

Specialties: regional seafood as well as grilled meat, pasta and burgers. We offer daily happy hour specials and themed dinner menus. The wood-panelled dining room has a billiard table and a large-screen TV. There's also a heated outdoor patio.



Place La Salle

Resto Bistro Pêcherie Manicouagan

334 Blvd La Salle, Baie-Comeau
418-589-8800 – pacheriemanicouagan.com – 

\$\$\$ – 2,3 – 

Ad p.59

Treat yourself to a meal at this new fishmonger-restaurant that showcases the region's delicious, high-quality seafood: crab, shrimp, lobster and fresh fish. We sell a wide variety of fish and seafood, as well as prepared dishes for eat-in or take-out.



Resto Bistro Pêcherie Manicouagan

Resto-bar Les Trois Barils

200 Blvd La Salle, Baie-Comeau
418-296-3681, 418-378-7129
restaurant3barils.com – 

\$\$\$ – 2,3 – 

Specialties: seafood, grilled meat and pizza on the regular, daily or table d'hôte menu. We also has an extensive wine list with many grand cru wines, private imports and microbrews. We offer guests their choice of three separate areas: a quiet section, a sunroom, and a patio-bar.

Toujours Mikes Baie-Comeau | Restaurant

304 Blvd La Salle, Baie-Comeau
418-296-8080
mikes.baiecomeau@gmail.com –  

\$\$\$ – 1,2,3 – 

This restaurant has a tasty lineup of subs, pizzas and pasta dishes, as well as hearty breakfasts, meat-lover specials and delicious breakfast pizzas. The friendly, accommodating staff is happy to adapt dishes to your needs, including food allergies and intolerances.

Saint-James au bar de l'eau



20 Ave Cartier, Baie-Comeau
418-296-0045, 418-445-1514

le-saint-james@hotmail.com -

\$\$ - 1,2,3 -

As you relax on the terrace, with magnificent views of the St. Lawrence (and perhaps even a whale), choose from the regular or table d'hôte menu featuring pasta, pizza, salads, sandwiches and grilled meat. Enjoy delicious seafood, fish and fresh crab in season, accompanied by a bottle from our reasonably priced wine cellar.

Godbout

LaRichardière

109 rue Saint-Régis, Godbout

418-568-7446 - larichardiere@hotmail.com -

\$\$\$ - 1,3 -

Specialties: local meat, fish, seafood and wild berries. We offer a gourmet table d'hôte menu, and a selection of fine wines, spirits, tea and coffee. For a truly relaxing experience, treat yourself to our package, that includes dinner, accommodation and breakfast. Reservations required for meals.

Marché du Capitaine Restaurant

100 rue Monseigneur-Labrie, Godbout
418-568-7340

marcheducapitaine@hotmail.com -

\$\$ - 1,2,3 -

This maritime-themed restaurant is located near the Matane-Godbout ferry terminal and serves a variety of tasty homemade meals and the freshest seafood. The dining room and patio have views of the St. Lawrence, and patrons enjoy strolling along the beach after their meal.

Sandwicherie Thépi Bec Sucré | Sandwich shop



166 rue Pascal-Comeau, Godbout
418-568-7879, 418-293-7273

lartisaneouvillage.com -

\$\$ - 1,2,3 -

Specialties: fresh fish and seafood. Located across from the ferry dock, this spot offers locals and visitors a variety of tasty sandwiches as well as its new homemade poke bowl, made with different fresh local fish. Come and taste the authentic flavours of the sea, you're sure to love them all!

Baie-Trinité

Restaurant Domaine ensoleillé



15 Route 138, Les Islets-Caribou, Baie-Trinité
418-296-4813 or 1-866-939-2002

domaineensoleille.com -

\$\$ - 1,2,3 -

Specialties: seafood, including seafood roll and fresh crab, grilled meat, pasta, pizza, traditional dishes and local specialties served on Sunday. There's a daily menu, take-out options and breakfast on Saturday and Sunday.

Cafétéria-restaurant Relais Manic-Outardes

Km 94 Route 389, Baie-Comeau

418-294-2294 - relaismanicoutardes@gmail.com -

\$\$\$\$ - 1,2,3 - **Ad p.58**

At this way-station for tourists and workers, halfway between Baie-Comeau and Manic-5, you'll find a cafeteria, convenience store, gas station, accommodation in private rooms, workers' camp, campground with full-service RV sites, and a snowmobile rest stop for off-roading. (We recommend sleds hire a guide.)

Motel de l'Énergie

Km 211 Route 389, Baie-Comeau

418-589-9293 or 1-800-760-2301

motelenergie.com -

\$\$ - 1,2,3 -

At the foot of the Manic-5 dam, on the famous *Route du Nord* (Northern Route), is the place where motorcyclists meet up. Come and share your adventure with them over a Uapishka microbrew and a hearty meal. We have a gas station, restaurant, licensed convenience store and souvenir shop. Reservations required for groups.



Motel de l'Énergie

Relais Gabriel Restaurant

Km 316 Route 389, Baie-Comeau
 418-589-8348, 418-948-1304
pourvoirierelaisgabriel.com - 

\$\$ - 1,2,3 - Y

At the foot of the Monts Groulx mountains, near the Manicouagan reservoir and only one hour from the Manic-5 hydroelectric dam, this restaurant has many daily specials. Be sure to take advantage of our 24-hour gas station and convenience store (5 a.m. to 9 p.m.) with a selection of handy items for travellers.

Caniapiscou**Pub le Réphil**

299 Le Carrefour, suite 99, Fermont
 418-287-3311 - publerephil@gmail.com - 

\$\$ - 3

Specialties: we offer an extensive selection of microbrewery beer and spirits and a varied tapas menu served by our friendly staff. Come and soak up the laid-back atmosphere and appreciate the cozy, rustic décor.

Sept-Rivières**Port-Cartier****Café-Théâtre Graffiti**

50 Chemin des Îles, île McCormick, Port-Cartier
 418-766-0101 or 1-866-766-0101 - legraffiti.ca - 

\$ -  Y T Ad p.81

Known for its great shows and intimate décor, Graffiti Café-Theatre is located in an enchanting setting in the heart of Port-Cartier. In summer, come and enjoy a drink and a meal while you watch the show.

Chez Véronique

48 Ave Parent, Port-Cartier
 418-766-1393, 418-960-6675
lebelveronique@hotmail.fr - 

\$ - 2,3 - T

Enjoy a treat on the patio of our family-friendly restaurant near the boardwalk and playground. From the dairy bar: sundaes, soft and hard ice cream, milkshakes, Sloche beverages, coffee, candy and Belgian chocolate. From the chip truck: homemade fries, burgers, hot dogs, poutine, onion rings, paninis, subs and hot dog sandwiches – a Québec specialty!

Le Pub Saint-Bernard

15 rue des Pins, Port-Cartier
 418-766-1204 - le-pub-saint-bernard.business.site - 

\$\$\$ - 2,3 -  Y T

Regulars or newcomers: our warm welcome makes you feel instantly at home. We carefully source all our ingredients to guarantee a top-notch meal, and our team works hard to go above and beyond, so that you always leave wanting to return.

Sept-Îles**Café Chez Sophie**

495 Ave Brochu, Sept-Îles
 418-968-1616 - cafechezsophie.ca - 

\$\$\$ - 3 -  Y T

Our specialties are pasta, salads and gourmet pizza. We also have many appetizer choices, a wide range of wines by the glass and many specialty beers and microbrews. Customers must be 18 years or older.

Edgar Café Bar

490 Ave Arnaud, Sept-Îles
 418-968-6789 - edgarcafebar.com -  

\$\$\$ - 2,3 -  Y T

Located in downtown Sept-Îles since 2007, this café-bar has a huge selection of Québec and Côte-Nord beers, an extensive wine and spirits list, the best local cheeses and many other quality gourmet products. Enjoy the view over the bay while you eat. Check out our store at edgarcafebar.com.



Sept-Îles

Gino Pizza

831 Blvd Laure, Sept-Îles
418-962-1010, 418-968-1010
pizzagino.ca - 

\$\$ - 2,3

Founded over 35 years ago, Gino's is best known for its pizza, but also serves 25 different flavours of poutine and 27 kinds of hearty subs, plus delicious homemade fries, pasta, and sandwiches. Counter service and fast delivery.



Gino Pizza

Les Terrasses du Capitaine



295 Ave Arnaud, Sept-Îles
418-961-2535 - dupecheur.ca -  

\$\$\$ - 2,3 - 

Specialties: crab, lobster, shrimp, mussels, halibut and many other mouth-watering seafood dishes. We share our space with Soucy Fishmongers, that sells a wide variety of local and seasonal products.

Restaurant bar Chez Omer

372 Ave Brochu, Sept-Îles
418-962-7777
restobarchezomer@globetrotter.net -  

\$\$\$ - 2,3 - 

Specialties: seafood dishes with a distinctive touch, using mussels, locally caught crab, lobster, halibut and cod. Regulars appreciate the fresh, high-quality ingredients, top-notch wine list and friendly ambiance.

Bistro 7

451 Ave Arnaud, Sept-Îles
418-962-2581-ou 1-800-463-1753
hotelseptiles.ca/bistro-le-7 - 

\$\$\$ - 1,2,3 - 

This restaurant has the best views in town of the St. Lawrence and the marina. We have an extensive breakfast menu and a self-serve toast bar. On weekdays, the regular menu includes a salad and bread bar. In summer, we have theme nights and the freshest seafood; on Fridays and Saturdays, it's all-you-can-eat fondue.

Restaurant Le Bavard et L'Ivrogne

14 rue du Père-Divet, Sept-Îles
418-962-4011
le.bavard.et.livrogne.inc@gmail.com - 

\$\$\$ - 3 - 

Specialties: shared plates of regional and international cuisine skilfully prepared with seasonal ingredients. The goal of this fine dining bistro is to help patrons discover (or rediscover) the wide range of distinctive local flavours in a cheerful, relaxed ambiance. C'mon by and give us a try!

Restaurant L'Oriental du Nord

1006 Blvd Laure, Sept-Îles
418-968-6080 - orientaldunord.ca - 

\$\$ - 2,3 - 

Specialties: Cantonese chow mein, General Tao chicken and other Chinese dishes; Canadian cuisine: surf 'n' turf, grilled meat, filet mignon, seafood, pizza and pasta. Open since June 2014, this family-style restaurant overlooking Sept-Îles Bay has a varied and affordable menu and take-out service. The friendly and efficient staff provide a warm welcome.



Restaurant L'Oriental du Nord

Restaurant Pasta

665 Blvd Laure, Sept-Îles
418-350-3000

hotel-mingan.com/restaurant-pasta - 

\$\$\$ - 1,2,3 - 

Specialties: pasta and Italian dishes. Restaurant Pasta is known for its fine European and Italian cuisine and its impressive wine list, served in our dining room. We also offer take-out and delivery service. Children welcome.



Restaurant Pasta

Rôtisserie St-Hubert

1005 Blvd Laure, Sept-Îles
418-968-9191 - st-hubert.com - 

\$\$ - 2,3 -  

Try our legendary roast chicken or mouth-watering grilled dishes. We offer Lunch & Go meals for those in a hurry, plus table d'hôte and children's menus, all served in the dining room and at the bar and also available at the take-out counter and for delivery.

Snack-Bar Chez Mimi

144 rue des Plaquebières, Sept-Îles
418-962-6464 - gabwill2015@outlook.com -  

\$\$ - 2,3 - 

Let yourself be tempted by our many find specialties: crab poutine, seafood, Angus beef burger, cloudberry ice cream sundae, and the best pizza in town. Mimi's Snack Bar is open from March to December, with indoor and outdoor seating.

Minganie**Rivière-au-Tonnerre****La Marinière du Nord**

6 rue de l'Église, Rivière-au-Tonnerre

418-465-2031 - marinieredunord@gmail.com -  

\$ - 1 - 

Enjoy lunch on our patio with a breathtaking view of the village church, famous in Quebec. Enjoy a delicious seafood dish, or buy some to take home. Try local products and homemade dishes, and browse the items in our souvenir store.



La Marinière du Nord

Longue-Pointe-de-Mingan**Cantine Chez Nat**

1045 Chemin du Roi, Longue-Pointe-de-Mingan
418-949-2634 - aniram-w@hotmail.com - 

\$ - 2,3 - T

Specialties: simple but tasty food, like crab or shrimp roll and crab club. Come and try Nat's special poutine or her super pizza, and don't forget to try our delicious fries. We've been making them the same way for 23 years. We're happy to serve you and hope to see you again soon!

Havre-Saint-Pierre**Restaurant Chez Julie**

1023 rue de la Dulcinée, Havre-Saint-Pierre
418-538-3070 - theoganas@hotmail.com - 

\$\$\$ - 3 - 

Specialties: heaping seafood platters, fresh halibut and cod. Come to our popular restaurant and choose from our extensive menu. Since 1977, we have been serving typical Côte-Nord dishes like seafood pizza, cloudberry pie and the Chalutier, our famous seafood platter.

Restaurant La Promenade

1197 Promenade des Anciens, Havre-Saint-Pierre
418-538-2637 - [P](#)

\$\$\$ - 1,2,3 - [P](#) [Y](#)

Specialties: hot dog sandwiches, cod and seafood. Fans of Canadian cuisine, fish, and seafood will love this casual spot, open for breakfast, lunch, and dinner. Enjoy the ocean view as you sample our delicious lobster club sandwich.

Aguanish

Cantine chez Kathy S.E.N.C.



122 Route Jacques-Cartier, Aguanish
418-533-2111

\$ - 1,2,3 - [T](#)

Painted in bright Acadian colours and run by a collective, this canteen serves generous portions of delicious homemade food. Come try our tasty fries, pan-fried sausages and wicked poutines. Breakfast served on weekends only. At Kathy's Canteen, you'll eat well!

Fumoir Le Goynish | Smokehouse



237 Route Jacques-Cartier, Aguanish
418-533-2316, 418-533-2357 - aacn@hotmail.fr - [P](#)

\$\$ - 2,3 - [Y](#)

Stop in at our friendly, welcoming smokehouse and restaurant to pick up local products like marinated or smoked salmon. Or stay for a meal in our comfortable dining room, featuring regional dishes made using local ingredients such as fish, seafood, and (of course!) our well-known and popular smoked salmon.

Natashquan

Café-Bistro de l'Échouerie



55 Allée des Galets, Natashquan
418-726-6005 - copactenatashquan.net - [P](#)

\$\$ - 2,3 - [Y](#) [T](#)

Specialties: seasonal cuisine featuring market fresh local ingredients. Boasting a beachfront terrace and lovely waterfront views, and only steps away from the Les Galets souvenir stores, this popular venue has a friendly, laid-back atmosphere, rustic décor and an extensive, revamped menu with many regional dishes.

Le goût du large

9 rue du Pré, Natashquan
418-726-3333 - legoutdularge@hotmail.com - [P](#)

\$\$ - 2,3 - [P](#) [Y](#)

Located on the banks of the Petite Rivière Natashquan, this restaurant has something for every taste: seafood and fish platters, pizza, burgers, poutine with mouth-watering toppings. We also offer a selection of beer and wine to accompany your meal.



Aguanish



Les Galets, Natashquan



NORTH SHORE FLAVOURS AND THE COASTERS

Come to the Côte-Nord for the wide-open spaces, stay to discover the amazing variety of local flavours!

Here, there's a gourmet experience for every taste and budget, offered by places where you will feel instantly at home, and where talented chefs prepare products sourced from the surrounding sea and forest. During your stay, prepare at least one meal that features local products, and eat it outside, in the great outdoors.

The North Shore people (or "Coasters") are passionate about introducing visitors to the distinctive flavours of their corner of the world, produced by vegetable and algae growers, honey and Labrador tea producers, and mushroom and wild berry pickers.

In this section of the Guide, you'll find a wealth of information to help you choose which of the region's many gourmet and agritourism experiences you want to enjoy. Add the must-see destinations to your itinerary, and make your own discoveries as you travel through this vast region.



le **Goût** de la
CÔTE-NORD



le Goût de la CÔTE-NORD

TASTE OF THE
NORTH SHORE

MEMBERS



BISTRO LA MARÉE HAUTE
Baie-Comeau (p. 162)



**DISTILLERIE VENT DU NORD
(DISTILLERY)**
Baie-Comeau (p. 173)



**CONFISERIE BORÉALE
(CANDY FACTORY)**
Colombier (p. 175)



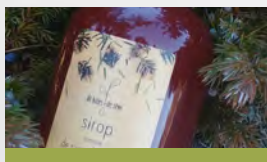
**FERME MANICOUAGAN
(FAMILY FARM)**
Pointe-Lebel (p. 177)



**CONFISERIE LA MÈRE MI-
CHELÈ (CANDY STORE)**
Baie-Comeau (p. 176)



**FERME PURMER
(OCEAN FARM)**
Sept-Îles (p. 125)



**DE BAIES ET DE SÈVE
(LOCAL GOURMET PRODUCTS)**
Natashquan (p. 176)



HERBAMIEL (HONEY FARM)
Sacré-Cœur (p. 175)



**LA COMPAGNIE
MICROBREWERY**

Sept-Îles (p. 174)



**RESTAURANT
CHEZ MATHILDE**

Tadoussac (p. 158)



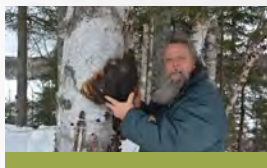
**RENARD BLEU (ECO-FRIENDLY
GROCERY STORE)**

Sept-Îles (pp. 177, 178)



**ST-PANCRACE
MICROBREWERY**

Baie-Comeau (p. 173)



**LES SAVEURS BORÉALES
(LOCAL GOURMET PRODUCTS)**

Forestville (p. 175)



**DISTILLERIE PUYJALON
(DISTILLERY)**

Havre-Saint-Pierre (p. 174)



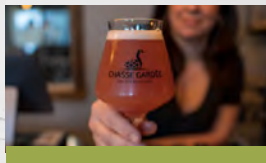
**TADOUSSAC
MICROBREWERY**

Tadoussac (p. 173)



**TERROIR BORÉAL (LA GALOÛÏNE)
(INN & RESTAURANT)**

Tadoussac (p. 175)



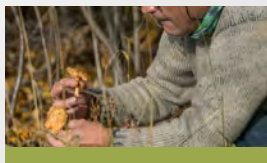
**LA CHASSE GARDÉE
MICROBREWERY**

Sacré-Cœur (p. 173)



**POISSONNERIE FORTIER
(FISHMONGERS)**

Sept-Îles (p. 172)



**TRÉSORS DES BOIS
(LOCAL GOURMET PRODUCTS)**

Sept-Îles (p. 176)



BRASSERIE LA MOUCHE

Natashquan (p. 174)

Local Flavours

The Côte-Nord is finding increasingly bold and innovative ways to showcase the wild or farmed products it sources from the St. Lawrence or the famous boreal forest.



Businesses marked with the *Goût de la Côte-Nord* (Taste of the North Shore) logo sell authentic, eco-friendly products that express the region's wild beauty and untamed nature.
legoutdelacotenord.ca – 

▼ Organized by sub-theme, from west to east.

Fish Markets

La Haute-Côte-Nord and Manicouagan

Les Escoumins and Baie-Comeau

Pêcherie Manicouagan

x

Les Escoumins :

152 rue Saint-Marcellin Ouest – 418-233-3122

Baie-Comeau :

334 Blvd La Salle – 418-296-4124

pecheriemanicouagan.com –  

Thanks to the culinary skill and beautiful presentation on display, these fishmongers and fishmonger-restaurants have become real local institutions. The owners and staff are proud to be part of the Québec fine dining revolution by treating their customers to delicious, freshly caught local fish and seafood.. **Ads pp.38, 59**



Fresh scallops

Sept-Rivières

Sept-Îles

Poissonnerie Fortier & Frères | Fishmongers

1 rue du Père-Divet, Sept-Îles

418-962-9187 – poissonneriefortier.ca – 

Open: Year-round.

The reputation of this Old Pier fish market extends far beyond the town's borders. Fresh or on-site processed and prepared fish is sold year-round. Specialties include whole hand-peeled shrimp, fresh crab in season, whelk, lobster and Minganie scallops, as well as an extensive range of take-out dishes, sushi and pickled fish.



Arctic surfclams

Poissonnerie Soucy

295 Ave Arnaud, Sept-Îles – 418-962-6322

dupecheur.ca –

Open: Daily in the summer, 9 a.m. to 6 p.m.

At Soucy Fishmongers, clients will find a wide variety of seafood, including delicious snow crab, lobster and Sept-Îles shrimp. Fresh and frozen fish and shellfish are also available.

Le Golfe-du-Saint-Laurent**Blanc-Sablon****Poissonnerie Blanc-Sablon | Fishmongers**

1183 Blvd Camille-Marcoux, Blanc-Sablon

418-461-3212 – poissonnerieblancsablon.com –

Poissonnerie Blanc-Sablon's over 800 customers are located locally and throughout the Labrador and Québec regions. Order your cod, salmon, halibut, scallop, shrimp, and lobster from us, you won't regret it. In the coming years, we plan on offering more ready-to-eat food such as sushi and cod liver spread.

Microbreweries and Distilleries

Recently founded North Shore microbreweries and distilleries keep on surprising locals and visitors alike with their top-notch, artisanal products featuring distinctive regional flavours. Tasting is believing!

La Haute-Côte-Nord**Sacré-Cœur****La Chasse gardée**

64, suite C rue Principale Nord, Sacré-Cœur

581-234-8297 – chassegardée.ca –

Open: June 15 to September 15, from Tuesday to Saturday, noon to 9 p.m.; September 16 to June 14, Thursday to Saturday, 4 to 8 p.m.

A friendly neighbourhood craft brewery with a tasting room/store where visitors can buy and enjoy our products. Our skilled brewers create beers that reflect the wild and untamed land and its inhabitants! Free guided tours on Saturdays from 3 to 4 p.m., by reservation in high season.

Tadoussac**Microbrasserie Tadoussac |****Microbrewery**

145 rue du Bord-de-l'Eau, Tadoussac

418-980-4900 – microtadoussac.com –

Open: Year-round.

Take in the enchanting view of the bay as you try one of our 15 local brews – the results of local brewing expertise – and dine on dishes prepared by local chef-artisans. We also have board games, and sell beer and a wide range of products bearing the MT logo at our store. Families with children welcome. **Ad p.19**

Manicouagan**Baie-Comeau****Distillerie Vent du Nord**

110 Blvd Comeau, Baie-Comeau

418-290-5981 – distillerieventdunord.ca –

Open: Year-round.

Our small-scale distillery promotes innovation, craftsmanship and local products, and offers customers high-quality spirits with unusual flavours. Come visit us and taste what the region has to offer.

Microbrasserie St-Pancrace – L'Usine

110 Blvd Comeau, Baie-Comeau – 418-296-0099

stpancrace.com –

Open: Year-round.

Looking for a wild and hoppy experience? Come tour the free self-guided brewery exhibition, dive into the brewers' creative world and discover the ingredients that inspired each of their beers. Browse the boutique where you can find the brewery's Côte-Nord beers and related merch. **Ad p.19**



The production team at St-Pancrace Factory

Sept-Rivières

Sept-Îles

Microbrasserie La Compagnie | Microbrewery



15 rue du Père-Divet, Sept-Îles

418-961-2337 - microlacompagnie.com -

Here in Sept-Îles, we're not afraid to say that our beer is made from iron ore, whale fat, paper pulp, and the stories of hard-working company employees. People used to say they work at La Company. Now, they say they drink at La Company! We're the only factory in town where your job is to drink beer, eat nachos and pizza, and laugh with your friends. Come do a shift with us! **Ad p.19**



Microbrasserie La Compagnie

Minganie

Havre-Saint-Pierre

Brasserie Distillerie Puyjalon | Distillery-Brewery



1180 rue du Fer, Havre-Saint-Pierre
581-292-4954

distilleriepuyjalon.com -

Open: Year-round.

Tour the first micro-distillery on the Côte-Nord and try our beer, brewed on-site, in the tasting pub or buy some to go. Our spirits and kinds of beer are made with distinctive local and regional flavours and ingredients, including aromatic herbs. Betchwan gin and Niapiskau vodka are also sold at SAQ (Société des alcools du Québec) outlets. Guided tasting tour by reservation.

Natashquan

Brasserie La Mouche | Microbrewery



33 Chemin de l'Aéroport, Natashquan

418-962-6003 - brasseriela mouche.com -

Open: Daily, from 10 a.m. to 6 p.m. (in summer)

Come and try the Pirate, the Mickey Finn and other Natashquan-brewed beers made from indigenous yeasts. Look for them in the local stores, order them in one of the village restaurants or come see us at our store, located next to the brewery. **Ad p.19**



Brasserie La Mouche

Regional Products

Côte-Nord

Les Marchés Publics de la Côte-Nord | Public markets

418-962-0469, ext. 110

tablebioalimentairecotenord.ca -

Meeting and talking with local producers and admiring their wares will help you understand their devotion to the wild beauty of this untamed land. Journey into a world of bold new flavours and aromas at the public markets in Tadoussac, Sept-Îles and Longue-Pointe-de-Mingan.

Table bioalimentaire Côte-Nord | Organic food producers' association



Sept-Îles - 418-962-0469, ext. 110

tablebioalimentairecotenord.ca -

Open: Year-round.

On the Côte-Nord, seafood and northern berries come together like the Innu, Anglo-Saxon and French influences on the region's culinary heritage. Grown, produced or harvested in accordance with natural cycles, the flavours created by our member businesses will take you to the fields, the sea and the forests. Order them from us today.

La Haute-Côte-Nord

Tadoussac

**Terroir Boréal Saveurs Natives |
Local gourmet products**

251 rue des Pionniers, Tadoussac
418-235-4380 – terroirboreal.com –
Open: April 24 to November 2.

Martin Brisson, well-known Aboriginal head chef at La Galouine Inn and Restaurant has developed an environmentally friendly line of products from the boreal forest. The products, sold at the Inn and other points of sale, include aromatic herb blends, syrups, fruit and mushroom powders, herbal tea, preserves, spreads and local *fleur de sel*. They're also used in many of his restaurant's dishes. **Ad p. 34**



Terroir Boréal Saveurs Natives products

Sacré-Cœur

Herbamiel

228 Chemin de l'Anse-de-Roche, Sacré-Cœur
418-236-8226 – herbamiel.ca –
Open: June 1 to October 10.

Come to our bee farm and taste our honey or try our natural beauty products. We process beekeeping products into jam, propolis, soap, candles and lip balm, available for purchase at the farm store. Guided tour by reservation and self-guided tour of the farm. The *Fête du miel* (Honey Festival) is on September 10.



Hive

Les Bergeronnes

**Boulangerie artisanale la « P'tite
Cochonne » ("Li'l Pig" Artisanal Bakery)**

482 rue de la Mer, toward the wharf (rue du Boisé /
rue de la Mer), Les Bergeronnes
418-617-0384 –
goexploria.com/company/124612/boulangerie-la-p-tite-cochonne-les-bergeronnes
Open: Mid-June to mid-October, daily, 6:30 a.m. to 5 p.m.

This friendly artisanal bakery uses only the most natural ingredients for its products: bread, baguettes, flat bread, Québec brioches and kouing-amann. We also sell: Québec gourmet and organic cheeses, organic sausages, pâtés and rillettes, organic coffee, beverages, tea and tisanes. A stone's throw from the water.

Forestville

**Les Saveurs Boréales |
Local gourmet products**

12 1st Rue, Forestville
418-587-4884 – lessaveursboreales.com –

We specialize in harvesting edible Côte-Nord forest products: glasswort, Scottish lovage, Labrador tea, birch bark tea, fireweed flowers, lobster mushrooms, yellowfoot chanterelles, boletes, and spices such as sweet gale, dune pepper and powdered pine. We provide a link between harvesters and buyers: wholesalers, grocery stores, restaurants and the general public.

Colombier

Confiserie Boréale | Candy factory

569 rue Principale, Colombier
418-565-3364 or 1-888-530-3364
lesdelicesdemichele.com –
Open: Year-round.

This facility produces chocolate, jam and candy made with local berries. Watch the workers and listen to guides explain the manufacturing process, then pick up some local products made with native Côte-Nord berries: cloudberries, lingonberries, sea buckthorn berries, honeyberries and crowberries, as well as the better-known blueberries, strawberries and red currants.

Manicouagan

Baie-Comeau

Confiserie La Mère Michèle | Candy store ⓘ

704 rue De Puyjalon, Baie-Comeau
418-589-2364 or 1-888-530-2364
meremichelle.ca - 

This candy store will delight your eyes and taste buds with local delicacies, fine chocolates, Asian and gourmet food, chocolate and cake accessories, fine china, and gift ideas galore. This is where *Les Délices de Michèle* creations see the light of day before being produced at the factory in Colombier.

Sept-Rivières

Port-Cartier

Chocolaterie Cartier ⓘ

4E Blvd des Îles, Port-Cartier
581-285-5846 - chocolateriecartier.com -  
Open: Year-round.

This chocolate-maker creates products that combine Côte-Nord flavours with fine chocolate, freshly made on site. Inspired by Québec's untamed landscape and the animals that live there, its products provide a unique taste experience. Visit us to discover how chocolate is made, from fair-trade bean to bar.

Sept-Îles

Trésors des Bois (woodland products) ⓘ ⓘ

135 rue de l'Église (Clarke area), Sept-Îles
418-444-7634 - tresorsdesbois.com

Since 2007, Trésors des Bois has been collecting and processing Côte-Nord mushrooms, plants and berries using eco-friendly and artisanal methods. For a gourmet lunch or an amazing happy hour, put Trésors des Bois products on your plate! Our dried mushrooms, jellies, jams, spices and herbal teas can be purchased at our online store and retail outlets.

Fumeur en Nord | Smokehouse

493A Ave Brochu, Sept-Îles
418-960-1350, 418-350-1820
fumeurenord@gmail.com - 

We stock many unusual, house-made smoked products as well as the largest selection of hot and BBQ sauces, spices, cocktail ingredients, bubble tea and many other Québec specialty products. Many have tried, but none have succeeded in taking away our title as the Côte-Nord's smoking specialist!

Minganie

Port-Menier

Manowin | Ocean Farm ⓘ

3 rue Velleda, Port-Menier
418-535-0323 - jpaqua445@gmail.com
Open: May to October.

Manowin inc. est une ferme maricole spécialisée dans l'élevage des huîtres. Elle produit également des fleurs sauvages typiques de l'île d'Anticosti. Visite d'interprétation du site maricole sur demande.

Rivière-au-Tonnerre

Maison de la Chicoutai | Cloudberry products ⓘ

Rivière-au-Tonnerre
418-465-2140 - chicoutai.ca - 

The owner and their team focus exclusively on promoting and marketing cloudberrys, an orange fruit that grows wild in local peat bogs. You can find the cloudberry in all its forms – butter, jam, jelly, and herbal tea – in stores throughout the Côte-Nord and Bas-Saint-Laurent regions and in Québec City that are open year-round.

Aganish and L'Île-Michon

Fumoir Le Goynish | Restaurant and smokehouse ⓘ X

237 Route Jacques-Cartier, Aganish
418-533-2357 - aaan@hotmail.fr - 
Open: June 5 to September 30.

This smokehouse specializes in smoked salmon and related products as well as regional dishes featuring smoked salmon, fish and seafood. Eat-in and take-out service.

Natashquan

De baies et de sève | Local gourmet products ⓘ

33A Chemin de l'Aéroport, Natashquan
418-726-3141
debaiesetdeseve.ca - 

We make a range of specialty products using locally sourced plants, seaweed and fruit from the Minganie region. Spice up your meals with subtle and unusual flavours that range from woody to floral, from citrus notes to the saltwater taste of the sea. Since 2015, we also offer a line of body care products based on selected ingredients from the forest and the sea.

Le Golfe-du-Saint-Laurent**Bonne-Espérance****Ferme de pétoncle Aqua Labadie | Scallop farm**

Bonne-Espérance, on Route 138, 45 km Ouest of Blanc-Sablon and the Labrador Ferry
418-461-2434, 418-409-3333 (cell.)
aqualabadie@gmail.com –  
Open: June to September.

The company specializes in marine farming scallops at their Salmon Bay facility. Choose from a 1- or 2-hour guided tour that takes place either on land or on sea. On the tour, you can observe scallops, learn how they are grown and try the freshest scallops you've ever tasted, accompanied by a glass of wine. Groups welcome; coach parking available.

Fruit and Vegetables for Sale**La Haute-Côte-Nord****Colombier****Serre de Colombier | Greenhouses**

524 rue Principale, Colombier
418-565-3343 – serrecolombier.com – 
Open: Mid-June to mid-October.

Since 2016, this non-profit greenhouse has been selling more and more kinds of hot-house and permaculture vegetables such as cucumbers and tomatoes, and several kinds of berries: strawberries, raspberries as well as two tasty local varieties, honey berries and sea buckthorn berries.

Manicouagan**Pointe-Lebel****Ferme Manicouagan | Farm**

On rue Granier, about 1 km after the roundabout on Route 138; farm entrance is at the end of the road on the right, about 300 m after rue du Parc.
418-445-3552, 418-445-1413
fermemanicouagan.com –  
Open: Depending on the harvests.

The Bérubé family has added many pick-your-own varieties to its lineup, with honeyberries, strawberries, raspberries, tomatoes, beans, fresh herbs, corn, fall squash and many other seasonal vegetables. Farm produce is sold on-site. For information, follow us on Facebook.

Speciality Food Shops and Delis**Manicouagan****Baie-Comeau****Bonbonnerie Chapeau de Troll Baie-Comeau | Candy store**

625 Blvd Laflèche, Baie-Comeau
418-298-2591 – chapeaudetroll.com –  
Open: Monday to Friday, 10 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.

Bonbonnerie Chapeau de Troll sells a wide variety of bulk vintage, exclusive and Japanese candies. You'll enjoy browsing the over 100 varieties in our candy bar and making your own candy mix. Cotton candy and popcorn are made fresh every day. Step inside and revisit your childhood!

Renard Bleu Baie-Comeau | Eco-friendly grocery store

625 Blvd Laflèche, suite 109, Baie-Comeau
418-298-2591 – monrenardbleu.com –  
Open: Year-round.

Discover a new way of doing your groceries! Renard bleu is a zero-waste bulk grocery store whose goal is to help consumers shop in an environmentally responsible manner without breaking the bank. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh, local and original items.

Sept-Rivières**Port-Cartier****Renard Bleu Port-Cartier | Eco-friendly grocery store**

4D Blvd des Îles, Port-Cartier
581-285-5846 – renard-bleu.com –  
Open: Year-round.

This zero-waste bulk grocery store stocks a variety of affordable, environmentally friendly food. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh, local and original items.

Sept-Îles

Renard Bleu Sept-Îles | Eco-friendly grocery store 🌱

700 Blvd Laure, Sept-Îles
581-285-5846, ext. 2 – renard-bleu.com –  
Open: Year-round.

This zero-waste bulk grocery store stocks a variety of affordable, environmentally friendly food. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh, local and original items.

Bonbonnerie Chapeau de Troll | Candy store

40 rue Monseigneur-Blanche, Sept-Îles
581-826-0594 – chapeaudetroll.com –  
Open: Monday to Friday, 10 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.

The Chapeau de Troll candy store sells a wide variety of bulk vintage, exclusive and Japanese candies. You'll enjoy browsing the over 100 varieties in our candy bar and making your own candy mix. Cotton candy and popcorn are made fresh every day. Step inside and revisit your childhood!

Mellau Food Market

495 Place du Commerce, Sept-Îles
418-960-0858 – marchemellau@cgocable.ca – 

This grocery store stocks gourmet items, hot, cold, and frozen take-out meals, and allergen-free food.

Food Markets

La Haute-Côte-Nord

Essipit

Dépanneur VOISIN Essipit

44 rue de la Réserve, Essipit
418-233-2202
vacancesessipit.com/services –  
Open: Daily, 7 a.m. to 6 p.m.

This pillar of the Innu community is more like a general store than a convenience store, as it offers a wide variety of services under one roof: gas, wine and liquor at the Société des Alcools du Québec (SAQ) outlet, grocery items, propane, coffee, ice, a candy area and gifts cards.

Manicouagan

Baie-Comeau

Baraque à bières Baie-Comeau | Beer store

1050 rue de Bretagne, Baie-Comeau
418-298-1375 – adm@baraquebc.ca –  
Open: Year-round.

Located on the banks of the Rivière Amédée, this store sells microbrewery beers and fine Québec foods. Discover many gourmet items and beers produced on the Côte-Nord, from Tadoussac to Natashquan. Based on your preferences, our enthusiastic employees will be pleased to recommend some Québec microbrews to you.

Provigo

300 Blvd La Salle, Baie-Comeau
418-296-6868 – smp8537d@provigo.ca

This grocery store prides itself on offering a wide variety of fresh products as well as fast and courteous service to meet all your needs. Stock up on food and beverages for your travels. The catering service and convenient take-out meals have something for every taste.

Sept-Rivières

Port-Cartier

Alimentation COOP IGA Port-Cartier | Co-op

26 Blvd des Îles, Port-Cartier
418-766-0008 – iga.net – 
Open: Year-round, 8 a.m. to 9 p.m.

The 1,300-member IGA Port-Cartier co-op serves the population of Port-Cartier and the surrounding villages, as well as campers. The store is known for its wide variety of microbrewery beers and its selection of local and regional products: lobster from Rivière-Pentecôte, Lefrançois strawberries, fresh crab and shrimp and many home-made products.

BoniSoir Shell Port-Cartier

62 Route 138, Port-Cartier
418-766-0005
bs05577portcartier@sobeys.com – 
Open: Year-round.

Located at the entrance to Port-Cartier since 2017, this convenience store shares space with a McDonald's, Sêpaq offices and a visitor information centre. You'll find basic fishing gear, a beer room, 24-hour service and much more.

Sept-Îles

Dépanneur Proxi Extra | Convenience store

5 rue Comeau, Sept-Îles
418-962-5545 – proxixtra.com
Open: Daily, year-round.

You'll find everything you need at the 24-hour Proxi Extra convenience store in the Port-Cartier area of Sept-Îles. We carry a wide variety of products and propane for our customers. Ask for the customer loyalty card and use it to collect points on gas and convenience store purchases.

Minganie

Port-Menier

Coopérative de Consommation de l'île d'Anticosti | Co-op

6 rue des Olympiades, Port-Menier
418-535-0129, 418-535-0173 – cooperativeanticosti.com
Open: Year-round.

Conveniently located in the centre of the village, this consumer co-operative (a member of the FCAQ, or *Fédération des coopératives d'alimentation du Québec*) operates under the Métro-Richelieu banner. It has an in-house bakery, meat counter and SAQ (liquor store) outlet and sells prepared food, propane, and fuel.

Baie-Johan-Beetz

Les Choix de Marguerite | Baie-Johan-Beetz Solidarity Co-op

15A rue du Nord (access via Route 138), Baie-Johan-Beetz
418-539-0238 – coop@baiejohanbeetz.qc.ca – 
Open: Year-round.

You're sure to receive a friendly welcome when you enter this bustling multi-service co-op, located near the Rivière Piashti. It has a grocery store, service station, an SAQ outlet (for wine and liquor), a coffee area with WiFi, a post office, and an exclusive selection of gourmet products.

Le Golfe-du-Saint-Laurent

Kegaska

Dépanneur Quegasca

104 Chemin Jacques-Cartier, Kegaska
418-726-3050 – quegasca1@globetrotter.net – 

Located directly on Route 138, this convenience store sells a variety of products and services, including locally handcrafted souvenirs, gas and lottery tickets, as well as restrooms and a coffee and snack area.

Sugar Shacks

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles | Family Vacation Resort

465 Route 172, Sacré-Cœur
418-236-4833 or 1-877-236-4551
ferme5etoiles.com –  

Learn about Québec's famous sugaring-off traditions: a hearty meal, maple taffy on the snow, a tractor-drawn sleigh ride to visit the farm animals, live music and shows on weekends. Our Sugar Shack Package includes overnight stay, breakfast and special activities. Reservations required. **Ad p.224**

Bars laitiers

La Haute-Côte-Nord

Tadoussac

Crèmerie Pause bonbons | Ice cream parlour

121 rue du Bord-de-l'Eau, Tadoussac
418-235-4865, 581-235-4479
franceboulianne71@hotmail.com – 
Open: Every day in the summer season.

This ice cream parlour has a lovely patio overlooking the bay where customers can enjoy soft-serve, Sloche beverages, steamed hot dogs, baguette, croissants, drinks and prepared lunches. It's the perfect place to relax before or after a cruise, or stock up on supplies when heading to the beach.

Minganie

Longue-Pointe-de-Mingan

Bar laitier Chez Marina | Dairy bar

1045 Chemin du Roi, Longue-Pointe-de-Mingan
418-949-2634 – aniram-w@hotmail.com – 

We sell frozen desserts made with local berries like cloudbberries and lingonberries, as well as blueberries, raspberries, and strawberries. Check out our 75 flavours of soft-serve, milkshakes, sundaes, Sloche beverages, candy and homemade jam. We've been serving visitors and the community for 28 years!

Accommodation

The Côte-Nord offers visitors a wide variety of different accommodation options, including some unusual types, located in villages, in the forest, and along the coast. Tourisme Québec's rigorous classification program ensures that all these places offer high levels of comfort, service and safety.

Price range:

\$:	Under \$75
\$ \$:	\$75–\$100
\$ \$ \$:	\$101–\$150
\$ \$ \$ \$:	\$151–\$200
\$ \$ \$ \$ \$:	Over \$200

▼ Organized by type of accommodation, from west to east.

Hotels

La Haute-Côte-Nord

Hôtel Le Béluga

064046

★★★

191 rue des Pionniers, Tadoussac

418-235-4784 - le-beluga.qc.ca - [f](#) [m](#)

29 units - \$ \$ - AC ☐

Ad below



Hôtel Le Béluga

Hôtel Sous la Croix

★★

152725

3 rue Sous-la-Croix, Tadoussac

418-235-2022 or 1-866-247-2022

booking.com

19 units - \$ \$ \$ - AC ☐ ☐ ☐ ☐

Hôtel Tadoussac

★★★

040854

165 rue du Bord-de-l'Eau, Tadoussac

418-235-4421 or 1-800-561-0718

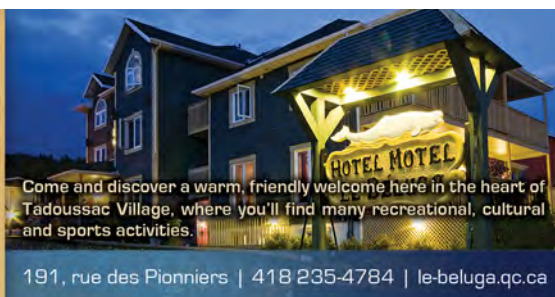
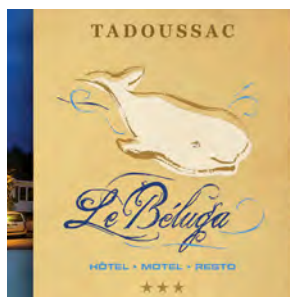
hoteltadoussac.com - [f](#)

Ad p.34

149 units - \$ \$ \$ \$ - [f](#) [m](#) [w](#) [i](#) [b](#) [e](#)



Hôtel Tadoussac



Come and discover a warm, friendly welcome here in the heart of Tadoussac Village, where you'll find many recreational, cultural and sports activities.

191, rue des Pionniers | 418 235-4784 | le-beluga.qc.ca

La Galouïne Auberge & Restaurant

★★

083930

251 rue des Pionniers, Tadoussac
 418-235-4380 - lagalouine.com -

12 units - \$\$\$ -

Ad p.34



La Galouïne Auberge & Restaurant

Motel Chantmartin

★★

024791

414 rue du Bateau-Passeur, Tadoussac
 418-235-4733 or 1-800-731-4733
chantmartin.com -

24 units - \$\$ -

Motel de l'Anse-à-l'Eau

★★

031614

173 rue des Pionniers, Tadoussac
 418-235-4313 - motellansealeau.com

20 units - \$\$\$ -

Hôtel-Motel Restaurant Coronet

★★

057326

401 Route 172 Nord, Sacré-Cœur
 418-236-9444 or 1-800-550-3123 - hmcoronet.com

17 units - \$\$ -

Ad p.38

Auberge la Rosepierre

★★★

106164

66 rue Principale, Les Bergeronnes
 418-232-6543 - rosepierre.com -

10 units - \$\$\$ -

Complexe hôtelier Pelchat

★★★

057282

445 Route 138, Les Escoumins
 418-233-2401 or 1-888-225-3463
complexepechat.com -

36 units - \$\$\$ -



Complexe hôtelier Pelchat

Motel Le Marinier

★

022330

289 Route 138, Les Escoumins
 418-233-3309 - mich1960@outlook.com

12 units - \$\$\$ -

Ad p.37

Motel de la rivière Sault-au-Mouton

★★

085842

333 rue Principale, Longue-Rive
 418-231-2214 or 1-877-231-2214
motelsaultaumouton@gmail.com

8 units - \$\$ -

Econolodge

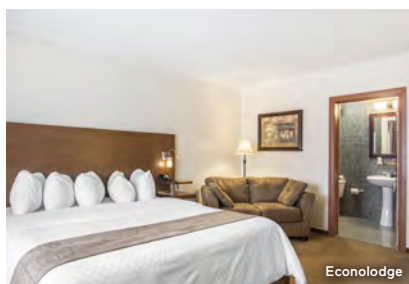
★★★

041543

5 Route 138 Est, Forestville
 418-587-2278 or 1-877-677-2278
econolodgeforestville.com -

55 units - \$\$\$ -

Ad p.39



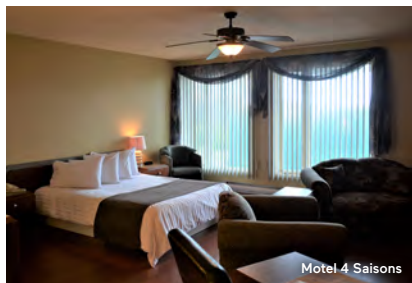
Econolodge

Motel 4 Saisons

★★

104156

157 Route 138 Ouest, Forestville

418-587-6666 – motel4saisons.com – 25 units – \$ –    

Motel 4 Saisons

Manicouagan**Motel La Relance**

★

046141

126 rue Vallée, Chute-aux-Outardes

418-567-8557

20 units – \$\$ –    **Hôtel Comfort Inn Baie-Comeau**

★★★

026331

745 Blvd Laflèche, Baie-Comeau

418-589-8252 or 1-800-465-6116

choicehotels.com/cn322 – 60 units – \$\$\$\$ –    **Ad p.185****Hôtel Le Manoir**

★★★★

040924

8 Ave Cabot, Baie-Comeau

418-296-3391 or 1 866-796-3391 – manoirbc.com – 60 units – \$\$\$ –    **Ad p.48**

Hôtel Le Manoir

Hôtel Travelodge Baie-Comeau

★★

001024

285 Blvd La Salle, Baie-Comeau

418-296-9686, 514-518-8451 or 1-800-563-9686

travelodgebaiecomeau.com100 units – \$\$ –    **Ad p.58****Hôtel-Motel Hauterive**

★★★

040456

1145 rue Nouvel, Baie-Comeau

418-589-2041 or 1-800-463-2041

hotelsduplateau.com37 units – \$\$\$ –    **Ad at right****Hôtel-Motel La Caravelle**

★★

042044

202 Blvd La Salle, Baie-Comeau

418-296-4986 or 1-800-463-4986

hotelcaravelle.ca – 72 units – \$\$ –    **Ad p.59****Le Boréal**

★★★

001525

1060 Blvd Laflèche, Baie-Comeau

418-589-7835 or 1-866-589-7835

hotelsduplateau.com39 units – \$\$\$ –    **Ad at right****Le Grand Hôtel**

★★★★

045791

48 Place La Salle, Baie-Comeau

418-297-6994 or 1-888-838-8880 – legrandhotel.ca48 units – \$\$\$ –    **Ad p.57**

Le Grand Hôtel

Motel Manic 2000

★

041742

2791 Blvd Laflèche, Baie-Comeau

418-589-3751 or 1-800-905-3751 – motelmanic2000.com34 units – \$\$\$ –  

Auberge Franquelin

038312

27 rue des Cèdres, Franquelin
 418-298-0002 - aubergefranquelin.com - 
 6 units - \$\$ -   

Hôtel Place Saint-Laurent

221498

4 rue Saint-Laurent, Baie-Trinité
 418-939-2148 - hotelstlaurent@globetrotter.net
 6 units - \$ -  

Motel de l'Énergie « Manicouagan V »

007103

Km 211 Route 389 (next to Manic-5), Rivière-aux-Outardes
 418-584-2301 or 1-800-760-2301
motelenergie.com - 
 43 units - \$\$\$ -   



Motel de l'Énergie

Caniapiscau**Hôtel Fermont**

062613

299 Le Carrefour, Fermont
 418-287-5451 - hotel-fermont.ca - 
 58 units - \$\$\$\$ -   

Sept-Rivières**Le Q'artier des Îles**

061342

30 rue Élie-Rochefort, Port-Cartier
 418-766-3444 - leqartier.com - 
 80 units - \$\$\$ -   



Information and reservation:
1 866 589-7835
leborealmotel.com
 1060, boul. Lafleche | 418 589-7835

We *care* about
 service!

Information and reservation:
1 800 463-2041
hotelhauterive.com
 1145, rue Nouvel | 418 589-2041



Hotel
 Hauterive
 Motel
 Hotel

Le Boreál
 motel

Château Arnaud

★★★

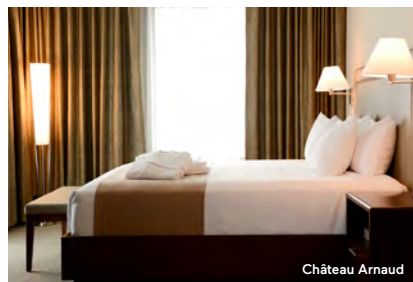
259490

403 Ave Arnaud, Sept-Îles
418-960-5511 or 1-855-960-5511
chateauarnaud.com - 

80 units - \$\$\$ -     



Château Arnaud



Château Arnaud



Château Arnaud

Hôtel Comfort Inn Sept-Îles

★★★

025852

854 Blvd Laure, Sept-Îles
418-968-6005 or 1-800-465-6116
septilescorfortinn.com - 

60 units - \$\$\$ -     

Ad at right

Hôtel Le Voyageur

★★★

004476

1415 Blvd Laure, Sept-Îles
418-962-2228 or 1-866-962-2228
hotellevoyageur.com -  

23 units - \$\$\$ -     

Ad p.82

Hôtel Les Mouettes

★★★

066021

842 Blvd Laure, Sept-Îles
418-962-9427 or 1-877-962-9427
hotellesmouettes.com - 

43 units - \$\$\$ -     



Hôtel Les Mouettes

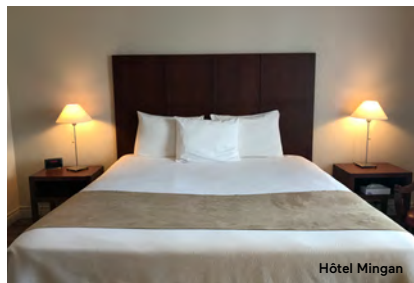
Hôtel Mingan

★★★

055764

665 Blvd Laure, Sept-Îles
418-968-2121 or 1-800-223-5720 - hotel-mingan.com - 

48 units - \$\$ -    



Hôtel Mingan

Hôtel Quality Inn Sept-Îles

★★★

285272

1009 Blvd Laure, Sept-Îles
418-960-5600 or 1-844-900-5600
qualityinnsept-iles.com – 

Ad below

61 units – \$\$\$ –   AC   
Hôtel Sept-Îles

★★★

040482

451 Ave Arnaud, Sept-Îles
418-962-2581 ou 1-800-463-1753
reservation@hotelseptiles.com
78 units – \$\$\$ –  AC 



3

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www.baiecomeaucomfortinn.com

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1 844 900-5600

Hôtels Gouverneur Sept-Îles

★★+

048031

666 Blvd Laure, Sept-Îles
 418-962-7071 or 1-888-910-1111
sept-iles.gouverneur.com -  

120 units - \$\$\$ -    



Hôtels Gouverneur Sept-Îles

Minganie**L'Escale LAM-AIR**

★★

021361

454 rue Jacques-Cartier, Rivière-au-Tonnerre
 418-465-2030 - informations@lescalelamair.com - 

12 units - \$\$ -   

Motel Maisonnettes des Îles

★★

113735

126 rue de la Mer, Longue-Pointe-de-Mingan
 418-949-2302 or 1-877-949-2302 - minganie.info - 

9 units - \$ -    



Motel Maisonnettes des Îles

Auberge Boréale

1288 rue Boréale, Havre-Saint-Pierre
 418-538-3912, 418-538-6812
aubergeboreale.com - 

10 units - \$ -   

Hôtel Motel du Havre

★★

041860

970 Blvd de l'Escale, Havre-Saint-Pierre
 418-538-2800 or 1-888-797-2800
 70 units - \$\$ -   

Motel de l'Archipel

★★

095981

805 Blvd de l'Escale, Havre-Saint-Pierre
 418-538-3900 or 1-800-463-3906
moteldelarchipel.com

24 units - \$\$ -   

Motel du Vieux Townside

★★

222505

873 Blvd de l'Escale, Havre-Saint-Pierre
 418-553-7387 - motelduvieuxtownside.com
 11 units - \$ -   

Le Port d'Attache

★

098475

70 rue du Pré, Natashquan
 418-726-3569 or 1-877-726-3569
aubergeleportdattache.ca

8 units - \$ -    

Ad at right

Auberge Motel Quatre Saisons

★★+

103390

2 rue Beaudoin, Blanc-Sablon
 418-461-2024 or 1-866-472-4766
aubergequatresaisons.com - 

8 units - \$\$\$ -   

Bed & Breakfasts**La Haute-Côte-Nord****Gîte du Moulin Baude**

294428

381 rue des Pionniers, Tadoussac
 418-514-8278 - charles.cb.breton@gmail.com - 

4 units - \$\$\$ - 

Chez Lucie

222335

2 rue Dion, Les Escoumins
 418-233-3055 - gitechezlucie.com
 3 units - \$\$ - 

La Maison de la vieille côte ☐

096526

118 rue Saint-Marcellin Ouest, Les Escoumins
 418-233-4419 – melisrouss@hotmail.com – 
 4 units – \$\$ – ☎

Baie du Soleil Couchant

218223

26 Chemin du Barrage, Longue-Rive
 418-231-2238
gitebaiedusoleilcouchant.godaddysites.com – 
 4 units – \$\$ – ☎   



Baie du Soleil Couchant

Gîte Bon matin

210195

412 rue Principale, Longue-Rive
 418-587-0204 – lynehovington@hotmail.com
 4 units – \$\$ – ☎   

Manicouagan**Gîte La Mère Michèle**

120164

920 Blvd Jolliet, Baie-Comeau – 
 418-589-2364 or 1-888-530-2364 – meremichèle.ca
 5 units – \$\$ – ☎

Gîte LaRichardière

109 rue Saint-Régis, Godbout
 418-568-7446
gite-larichardiere@hotmail.com – 
 4 units – ☎   

Thépi Bec Sucré ☐

275730

166 rue Pascal-Comeau, Godbout
 418-568-7879, 418-293-7273
lartisaneduvillage.com – 
 3 units – \$\$ – ☎  

L'auberge de la Maison du Gardien ☐

**

084125

1830 Chemin du Vieux-Phare, Baie-Trinité
 418-939-2400
pharedepointedesmonts.com/hebergement – 
 4 units – \$\$\$ –  

Minganie**Gîte Chez Françoise**

184321

1122 rue Boréale, Havre-Saint-Pierre
 418-538-3778 or 1-855-219-3778 – gitechezfrancoise.ca
 3 units – \$\$ – ☎

Gîte Dupuis

**

129404

1126 rue du Duvet, Havre-Saint-Pierre – 418-538-2082
rosemarieturbis1947@outlook.com

3 units – \$ – ☎

Gîte Chez Marie

234323

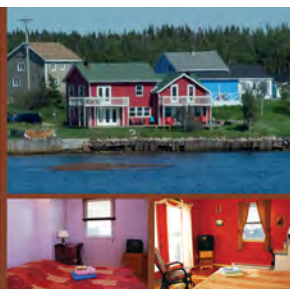
131 Chemin d'en Haut, Natashquan – 418-726-3331
 3 units – \$ – ☎  

Auberge
Le Port d'Attache

70 rue du Pré
 Natashquan, Québec G0G 2E0
 Tel.: 1 877 726-3569
aubergeleportdattache.ca

Natashquan

View on the sea
 Open all year
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 Breakfast



Le Golfe-du-Saint-Laurent

La maison de Jean – Jean's House ***

133991

Harrington Harbour – 418-795-3354
jeansboardinghouse@xplornet.com

3 units – \$\$ – AC, A, B

Séduction ***

269754

54 rue Harbour, Harrington Harbour – 418-795-3339
gite.seduction@gmail.com – f

4 units – \$\$\$ – AC, A, B



Le Gîte d'Émilie **

208876

21 rue des Cormorans, Tête-à-la-Baleine
 418-242-2045 – skyper20@hotmail.com

4 units – \$ – AC, A



Cottages, Condos, Housekeeping Units

La Haute-Côte-Nord

Chalets Domaine des Dunes ☐ ***

100693

585 Chemin du Moulin-à-Baude, Tadoussac – f
 418-235-4843 – domainedesdunes.com

10 units – \$\$\$ – AC, A

Ad p.35



Hébergement du Bateau ☐ **

120105

246 rue des Forgerons, Tadoussac
 418-235-4427 or 1-866-212-4427 – lebateau.com – f

2 units – \$ – AC, A, B

La Maison Molson-Beattie ☐ **

276150

145 rue du Bateau-Passeur, Tadoussac
 418-393-1417 – hcq-chq.org

1 unit – \$\$\$\$ – AC, A, B

Le Chalet de la Montagne ☐ **

238232

1 rue Therrien, Tadoussac
 418-214-0009 – nicolasflorence@hotmail.ca

1 unit – \$\$\$\$ – AC, A, B

Tadoushack **

296157

179 rue des Pionniers, Tadoussac
 418-235-1218 – julibrisson@hotmail.com

1 unit – \$ – AC

Bardville

269920

Km 47 Route 172, Sacré-Cœur
418-236-4604, 418-514-3024 or 1-877-236-4604
rivieresainte-marguerite.com - 

6 units - \$\$\$ - 
Domaine de l'ours noir

192242

1895 Route 172 Sud, Sacré-Cœur
418-236-4833 or 1-877-236-4551
ours-noir.net

2 units - \$\$\$\$\$ -   **Ad p.224**
La Ferme-5-Étoiles / Centre de vacances

220146

465 Route 172 Nord, Sacré-Cœur -  
418-236-4833 or 1-877-236-4551 - ferme5etoiles.com

7 units - \$\$\$\$\$ -      **Ad p.224**
Chalet du club de chasse et pêche de Tadoussac

★★★★

45 Route 138, Sacré-Cœur
418-235-4723 - clubtadoussac.com - 

12 units - \$\$\$ -     


Club de chasse et pêche Tadoussac

MontFjord

303833

136 Chemin de l'Anse-Creuse, Sacré-Cœur
514-207-5060 - chaletsfjordsaguenay.com - 

1 unit - \$\$\$\$\$ -     
Motel la Croisière

103460

1087 Route 138, Les Bergeronnes
418-232-6247 - studiomotellacroisiere.com

13 units - \$\$\$ - 

★

Chalets de l'Anse à Jos et l'Anse à Yves

091593

46 rue de la Réserve, Essipit
418-233-2266 or 1-888-868-6666
vacancesessipit.com -  

8 units - \$\$\$\$ -     **Ad back cover**


Anse à Jos and Anse à Yves cottages

Chalets Shipec

185275

★★

46 rue de la Réserve, Essipit
418-233-2266 or 1-888-868-6666
vacancesessipit.com -  

7 units - \$\$\$ -      **Ad back cover**


Chalets Shipec



Whale watching by the shore

Condos hôtel Natakam vue sur mer

★★★

181156

46 rue de la Réserve, Essipit
418-233-2266 or 1-888-868-6666
vacancesessipit.com -  

32 units - \$\$\$\$ -   

Ad back cover



Condos hôtel Natakam vue sur mer

Les Chalets au bord de la mer

★★★

131552

25 rue des Pilotes, Les Escoumins
418-233-2213 - routedesbaieines.net

3 units - \$\$\$ -   



View from Les Chalets au bord de la mer

Le Sahara du fleuve

★

290570

14 rue Percé, Longue-Rive
418-297-9662, 418-587-8491
lesaharadufleuve@hotmail.com

1 unit - \$ -    

Manicouagan

Entre Mer et Montagne

★★★

299241

13 rue des Cèdres, Franquelin
418-295-8112, 418-293-2564

entremetmontagne2019@hotmail.com - 

1 unit -   

Chalet chez tante Lucille

★★

135015

230 rue Pascal-Comeau, Godbout - 418-568-7830
marcus540vk@gmail.com

1 unit - \$\$\$ -   

Chalets de la Baie

★

093074

1 rue de la Baie, Baie-Trinité
418-939-2242

10 units - \$\$\$ -   

Havre du Phare



1954 Chemin du Vieux-Phare, Baie-Trinité
514-206-5492 - info@havreduphare.com - 

Sept-Rivières

La Maison des Pionniers

★★★

221657

4568 rue des Pionniers (Rivière-Pentecôte), Port-Cartier
514-217-7113 - lamaisondespionniers.ca -  

1 unit - \$\$\$ -    

Refuge la petite ourse



302099

5397 rue Moreau (Rivière-Pentecôte), Port-Cartier - 
418-768-6966, 418-768-6806 - refugelapetiteourse.com

1 unit - \$\$\$ -    

Hébergement Réserve faunique Port-Cartier-Sept-Îles

★

083484

64 Route 138, Port-Cartier
418-766-2524, 581-824-1008 or 1-800-665-6527
sepaq.com - 

12 units - \$ - 

Ad p.81

Domaine santé nature des Sept-Rivières ★★★

222141

500 Route du Club-de-Ski-de-Gallix, Sept-Îles
418-766-2425 - domainesantenature.com -

5 units - \$\$\$\$ -

Minganie**Hébergement Copaco Anticosti**

272705

3 rue du Copaco, Port-Menier
418-535-0315, 418-965-6450 - giteducopaco.com

1 unit -



Gîte du Copaco

Vacances Minganie ★

103740

392 rue Jacques-Cartier, Rivière-au-Tonnerre
514-231-1919, 418-465-2147vacancesminganie.ca -

4 units - \$\$\$ -

Chalets Didoche

304848

381 rue de la Mer, Longue-Pointe-de-Mingan
418-949-2256 - chaletsdidoche.com -

5 units - \$\$\$\$ -

Condos de la Mer ★★

156822

140 rue de la Mer, Longue-Pointe-de-Mingan
514-210-6127, 418-949-2689 - tourisme-loiselle.com4 units - \$\$\$ - **Ad p.91****Studio La Chicoutée** ★★★

276861

198 rue de la Mer, Longue-Pointe-de-Mingan
418-949-0030 - chicoutee.com

1 unit - \$\$\$\$ -

Chalet Minganie ★★★

274422

2000 Route 138 Est, Havre-Saint-Pierre
chaletsminganie.ca

3 units - \$\$\$ -

Résidence Un air de par ici ★★

218665

24 Allée des Galets, Natashquan
418-654-8791 - unairdeparici.com -

2 units - \$\$\$ -

Le Golfe-du-Saint-Laurent**Innuberge**

300762

13 rue D, Unamen-Shipu, La Romaine
418-229-1300

4 units - \$\$\$\$ -

Resorts

La Haute-Côte-Nord**Ferme 5 Étoiles | Family Vacation Resort** ★★★

079984

465 Route 172 Nord, Sacré-Cœur -
418-236-4833 or 1-877-236-4551 - ferme5etoiles.com58 units - **Ad p.224****Maison de la Mer d'Explos-Nature** ★★★

055915

302 rue de la Rivière, Les Bergeronnes
418-232-6249 or 1-877-637-1877 - explosnature.ca -

132 units -

Minganie**Auberge de l'île aux Perroquets** ★★★★★

282015

Reception: 878 Chemin du Roi,
Longue-Pointe-de-Mingan
418-949-0005 or 1-855-717-5657
ileauxperroquets.ca -

8 units -

Youth Hostels

Manicouagan

Monts Groulx Adventure  ★★

279694

Km 211 Route 389, Baie-Comeau

418-584-2301 or 1-800-760-2301

motelenergie.com - 

40 units - \$\$ -  



Monts Groulx Adventure

Sept-Rivières

Auberge du Nord-Côtier ★★

263502

4373 rue des Pionniers, Port-Cartier

418-799-1241 - aubergenordcotier.com - 

4 units - \$ -    

Auberge internationale Le Tangon ★★

075493

555 Ave Cartier, Sept-Îles

418-962-8180 - aubergeletangon.com - 

29 units - \$ -    

Minganie

Auberge de la Pointe-Ouest  ★★

133350

Chemin de la Baie-Sainte-Claire, Port-Menier

418-535-0250 - destinationanticosti.ca/auberges

Open: June 1st to September 7

10 units - \$ -    

Other Classified Establishments

La Haute-Côte-Nord

Auberge chez Caro ★

116616

166 rue Principale Nord, Sacré-Cœur

418-236-9371 - aubergechezcaro.com

14 units - \$ -   

Le Goéland  

084136

261 rue de l'Hôtel-de-Ville, Tadoussac

418-235-4474, 581-882-2611

gitedugoeland.com - 

5 units - \$\$\$ -    

Motel Le Béluga  ★★

144874

191 rue des Pionniers, Tadoussac

418-235-4784 - le-beluga.qc.ca

10 units - \$\$ -   **Ad p.180**

Petit Hôtel La Passe-Pierre  ★★

104856

242 rue de l'Hôtel-de-Ville, Tadoussac

418-235-4380 - lagalouine.com - 

7 units - \$\$\$ -   **Ad p.34**



Auberge Mon coin de Pays ★★

294976

45 rue Principale, Sacré-Cœur

418-236-4445, 418-514-8458

moncoindepays.com - 

8 units - \$\$\$ -   

Auberge La Grande

303908

215 Route 138, Les Bergeronnes

418-930-3622 - aubergelagrande.com -

14 units - \$ -

Domaine du Lac-des-Cèdres

160274

4 Chemin du Lac-des-Cèdres, Longue-Rive

581-623-0772 - kathy.b.gagnon@hotmail.com

5 units - \$\$ -

Manicouagan
Camp St-Paul Gîte plein air

175980

155 Chemin Principal, Pointe-aux-Outardes

418-567-4486 or 1-866-233-4486 - campstpaul.com

5 units - \$\$ -

Le Relais Manic-Outardes inc.

271876

Km 94 Route 389 (towards Manic-5), Baie-Comeau

418-294-2294 - lerelaismanicoutardes.com -

7 units - \$\$ -

Ad p.58



Baie-Comeau

Station Uapishka

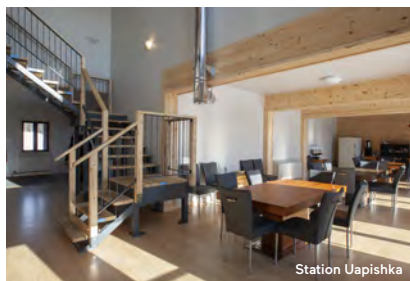
227323

Km 336 Route 389

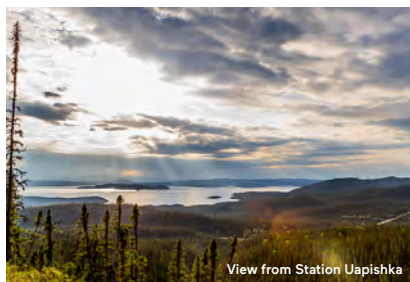
418-296-8514-ou 1-833-296-8514

stationuapishka.com -

18 units -



Station Uapishka



View from Station Uapishka

Camps rustiques du Gîte du Phare de Pointe-des-Monts

218945

1937 Chemin du Vieux-Phare, Pointe-des-Monts

418-939-2332 or 1-866-369-4083

pointe-des-monts.com -

18 units - \$ -

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Québec

Sept-Rivières

Hôtel Boutique Atikuss

245151

136 Blvd des Montagnais, Uashat
418-962-6377 - atikuss.com -  

10 units - \$\$\$ - AC   

Ad p.75

Minganie

Complexe locatif La Familia

173670

450 Route Jacques-Cartier, Rivière-au-Tonnerre
418-961-3354 - rinatremlay01@gmail.com

9 units - \$\$\$ -   

Gîte La Chicoutée

084416

198 rue de la Mer, Longue-Pointe-de-Mingan
418-949-0030 - chicoutee.com

5 units - \$\$ -   

Motel Le Poséïdon

074200

860 Chemin du Roi, Longue-Pointe-de-Mingan
418-949-0080 - marie-pierrenaud@poseidonmdmp.com

9 units - \$\$ -  

Auberge chez Aline

187552

1259 rue Boréale, Havre-Saint-Pierre
418-538-3181, 418-538-4931
petitasaline@hotmail.com

6 units - \$ -   

Hébergement de la Chute

088793

233 Route Jacques-Cartier, Aguanish
418-533-2316, 418-533-2091 - aacn@hotmail.fr

4 units - \$ -   

Le Golfe-du-Saint-Laurent

Auberge de l'Archipel

217490

260 Ave de l'Église, Tête-à-la-Baleine
418-242-2917, 418-242-2104
martinorr04@hotmail.com

7 units - \$\$\$ -  

Campgrounds

Charlevoix Region

Camping du Fjord

205376

604 Route de la Grande-Alliance, Baie-Sainte-Catherine
418-237-4230 - campingdufjord.com - 
Open: June 17 to September 6.

55 sites -  50 % - \$31-\$46 -    

La Haute-Côte-Nord

Camping Tadoussac

201110

428 rue du Bateau-Passeur, Tadoussac
418-235-4501, 418-233-2266 or 1-855-708-4501
vacancesessipit.com - 
Open: May 29 to 28 September 28.

193 sites / 8 ready-to-camp
 70 % - \$29-\$62 -    

Ad back cover



Camping Tadoussac

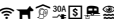
Camping Domaine des Dunes

★★★

206780

585 Chemin du Moulin-à-Baude, Tadoussac
418-235-4843 - domainedesdunes.com - 
Open: May 1st to October 31.

47 sites / 6 ready-to-camp

● 50 % - \$35-\$45 - 

Ad p.35



Camping Domaine des Dunes

Camping parc national du Fjord-du-Saguenay Le Bleuvet

206990

1121 Route 172 Nord, Sacré-Cœur
1-800-665-6527 - parcsquebec.com - 
Open: June 3 to October 9.

60 sites / 9 ready-to-camp

● 60 % - \$30-\$44 - 

Camping du parc national du Fjord-du-Saguenay

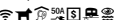
Camping Bon-Désir

★★★

201084

198 Route 138, Les Bergeronnes
418-232-6297 or 1-877-632-6297
campingbondesir.com - 
Open: May 20 to October 10.

135 sites / 4 ready-to-camp

● 14 % - \$30-\$52 - **Camping Mer et Monde Écotours**

★★

213684

20 Chemin Jalbert, Les Bergeronnes
418-232-6779 or 1-866-637-6663
meretmonde.ca - 
Open: May 20 to October 10.

45 sites / 3 ready-to-camp and 8 refuges rustiques

● 10 % - \$39-\$44 - 

Ad p.C-2

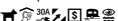
Camping Paradis-marin

★★

206430

4 Chemin Émile-Boulianne, Les Bergeronnes
418-232-6237 - campingparadismarin.com - 
Open: May 15 to October 10.

160 sites / 2 ready-to-camp

● 5 % - \$40-\$55 - 

Ad p.130

Camping Le Tipi

★★★

201176

46 rue de la Réserve, Essipit
418-233-2266 or 1-888-868-6666
vacancesessipit.com - 
Open: May 16 to September 7.

50 sites / 1 ready-to-camp

● 40 % - \$33-\$44 - 

Ad back cover



Camping Le Tipi

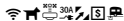
Domaine du Lac-des-Cèdres

★★★

213850

4 Chemin du Lac-des-Cèdres, Longue-Rive
581-623-0772
kathy.b.gagnon@hotmail.com - 
Open: June 1st to September 15.

43 sites / 1 ready-to-camp

\$25-\$40 - 

Camping Portneuf-sur-Mer

★★★

222497

3 Chemin de la Marina, Portneuf-sur-Mer
581-221-0437

camping.portneuf-sur-mer.ca - 

Open: May 14 to September 17.

87 sites / 4 ready-to-camp

● 40 % - \$28-\$50 -      

Camping de la Baie-Verte

★★

222858

172, 1^{re} Avenue, Forestville

418-587-6561, 418-587-4160

forestville.ca/tourisme/camping-baie-verte - 

Open: May 20 to September 20.

39 sites / 2 ready-to-camp

\$18-\$40 -    



Manicouagan

Camping Parc de la rive

★★★

201854

197A rue de Baie-Saint-Ludger, Pointe-aux-Outardes

418-567-4021, 418-378-4727, 418-567-8696

michellavoie2010@hotmail.com

Open: June 1st to September 7.

208 sites - ● 50 % - \$29-\$39 -      



Camping Camp Saint-Paul

★★

222533

155 Chemin Principal, Pointe-aux-Outardes

418-567-4486 or 1-866-233-4486

campstpaul.com

Open: May 15 to September 15.

25 sites - ● 50 % - \$35-\$45 -      

Camping Parc Nature de Pointe-aux-Outardes

627484

4 rue Labrie, Pointe-aux-Outardes

418-567-4227 - parcnature.com - 

Open: June 5 to October 11.

20 sites / 5 ready-to-camp

\$30-\$40 -  

Ad p.56



Camping de la Mer

★★★★

201095

72 rue Chouinard, Pointe-Lebel

418-589-6576 - campingdelamer.net

Open: May 13 to November 10.

306 sites - ● 50 % - \$35-\$52 -      



Camping Boréal

★★★★

627066

20 chemin du Mont Ti-Basse, Baie-Comeau

418-296-6949, 418-296-0877

camping-boreal.com -

Open: May 20 to September 25.

201 sites / 1 ready-to-camp

Camping Lac Malfait

627544

Lac La Chesnaye, Baie-Comeau - 418-297-0789

associationlacmalfait@hotmail.com -

Open: June 17 to September 5.

31 sites - \$20-\$25 -

Camping L'Estuaire

204982

101 rue Conrad, Godbout

418-568-7581-ou 1-877-781-7247

municipalitegodbout.ca -

Open: May 15 to September 15.

48 sites - \$30-\$55

Camping de la Baie

★★

204971

2 rue Saint-Laurent, Baie-Trinité

418-939-2010 - sabt2010@live.ca

Open: June 1st to September 30.

40 sites -

Camping Domaine Ensoleillé 2000

★★★

206544

15 Route 138 Est, Baie-Trinité

418-939-2002, 418-296-4813 or 1-866-939-2002

domaineensoleille.com -

Open: May 20 to September 18.

65 sites -



Camping Domaine Ensoleillé 2000

Camping Manic 2

★★

201806

Km 23 Route 389, Baie-Comeau

418-296-2810 - info@campingmanic2.com

Open: June 1st to September 30.

83 sites -



Camping Manic 2

Relais Manic-Outardes

Km 94 Route 389, Rivière-aux-Outardes

418-294-2294 - relaismanicoutardes@gmail.com

15 sites -

Ad p.58

Caniapiscou

Association loisir plein air de Fermont

★★

627397

300 rue des Lagopèdes, Fermont

581-444-1172 - alpaf@hotmail.ca -

Open: June 15 to September 15.

108 sites - \$10-\$40 -

Sept-Rivières

Camping Lac Walker Réserve faunique de Sept-Îles-Port-Cartier

★

201666

64 Route 138 (lac Walker), Port-Cartier

581-824-1008, 418-766 2524 or 1-800-665-6527

sepaq.com/rt/spc -

Open: June 10 to September 10.

50 sites / 2 ready-to-camp

Ad p.81

Camping municipal Le Paradis

★★

205063

Blvd du Portage-des-Mousses, Port-Cartier

418-766-8706 - villeport-cartier.com - 

Open: June 11 to October 3.

39 sites -  40 % - \$25-\$37 -  

Camping île Grande Basque

627013

29, île La Grande Basque (access by boat), Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca -   

Open: June 12 to September 4.

18 sites / 1 ready-to-camp

 80 % - \$16-\$16 -  

Ad p.84



Camping île Grande Basque, ready-to-camp

Camping site pour véhicule de camping

★★★

206651

1401 Blvd Laure Ouest, Sept-Îles

418-962-1238 or 1-888-880-1238

tourismeseptiles.ca -   

Open: May 19 to October 11.

22 sites / 2 ready-to-camp

\$30-\$30 -     

Ad p.84



Camping site pour véhicule de camping

Camping Laurent-Val

★★★

205030

1000 rue Fournier (Moisie area), Sept-Îles

418-927-2899 - campinglaurentval.com - 

Open: May 14 to September 12.

150 sites -  20 % - \$30-\$60 -    

Camping zec de la rivière-Moisie

★★★

205026

10 rue Mercier (Moisie area), Sept-Îles - 

418-927-2021 (in summer), 418-962-3737

rivieremoisie.com

Open: May 20 to September 4.

134 sites / 2 ready-to-camp

 30 % - \$27-\$46 -    

Minganie

Camping du château

627449

2 Chemin du Château, Port-Menier

418-535-0250 - destinationanticosti.ca

Open: June 1st to September 15.

5 sites -  80 % - \$25-\$25 -  

Camping de la Pointe à la Perche

627747

1 rue du Quai, Baie-Johan-Beetz

418-539-0007

directiongenerale@baiejohanbeetz.qc.ca

Open: June 26 to September 11.

12 sites - \$20-\$20

Camping de la Minganie

★★

205015

109 rue de la Mer, Longue-Pointe-de-Mingan

418-949-2307 or 1-866-949-2307, ext. 1

tourisme-loiselle.com

Open: May 15 to September 30.

101 sites / 16 ready-to-camp

 25 % - \$28-\$30 -    

Ad p.91

Camping de la plage

★

206264

126 rue de la Mer, Longue-Pointe-de-Mingan

418-949-2302 or 1-877-949-2302 - minganie.info - 

Open: May 1st to October 31.

10 sites / 2 ready-to-camp

\$20-\$25 -     

Réserve de parc national de l'Archipel-de-Mingan

206102

★★

1010 Promenade des Anciens, Havre-Saint-Pierre
(access to camping on the archipelago islands is by boat)

418-538-3285 or 1-888-773-8888

parkscanada.gc.ca/mingan -

Open: June 13 to September 30.

44 sites / 9 ready-to-camp

\$25-\$25 -

Ad: detachable map



Camping, Réserve de parc national de l'Archipel-de-Mingan

Camping municipal de Havre-Saint-Pierre

200966

★★

1730 rue Boréale, Havre-Saint-Pierre

418-538-2415 - havresaintpierre.com -

Open: May 30 to September 30.

86 sites - 30 % - \$23-\$29 -

Camping des Caraïbes Nordiques

627782

13 rue Tanguay, Baie-Johan-Beetz

514-447-6300 - caraibesnordiques.com -

Open: June 13 to September 12.

6 sites - \$35-\$35 -

Camping Relais des Cayes

206113

★

101 Route Jacques-Cartier, Aguanish

418-533-2002 -

Open: June 1st to October 10.

39 sites / 1 ready-to-camp

20 % - \$25-\$30 -

Camping municipal Chemin Faisant

207104

★★

Route 138 Est, Natashquan

418-726-3697 - natashquan.org

Open: June 15 to September 14.

42 sites - 50 % - \$25-\$34 -

Non-traditional Accommodation

La Haute-Côte-Nord

Alfred le voisin d'Oscar

627497

306, rang Saint-Joseph, Sacré-Cœur

418-571-0533 - alfredoscar.com -

Open: Year-round.

We have four ready-to-camp four-person yurts overlooking the fjord, all equipped a dry toilet, shower and kitchenette. They are just a few minutes' walk from the parking area, and are close to the Saguenay Fjord National Park and the Bistro CostaFjord (3 km). On-site activities include hiking, backcountry skiing and snowshoeing. Rates: from \$180.

Camping Domaine des Dunes

206780

585 Chemin du Moulin-à-Baude, Tadoussac

418-235-4843 - domainedesdunes.com - Open: May 1st to October 31.

Our secluded, ready-to-camp, four-person tents and 2-person wooden tipi have lovely river views and are great for forest bathing. Tents have 2 double beds and a kitchenette (bedding not included); the tipi has 1 double bed and a kitchenette (kitchenware and bedding included). A 2-km treetop adventure trail is located nearby. Rates: \$149/night.

Ad p.35



Ready-to-camp unit, Domaine des Dunes

Camping Tadoussac | Ready-to-camp POD cabins and tents

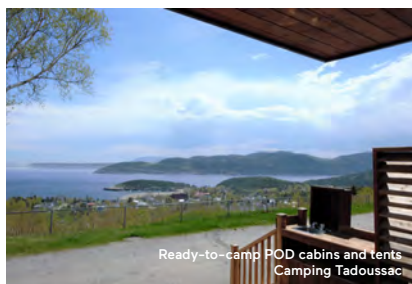
201110

428 rue du Bateau-Passeur, Tadoussac
418-233-2266, 1-855-708-4501 or 1-888-868-6666
vacancesessipit.com - 
Open: May 27 to September 25.

Our ready-to-camp PODs are comfortable and fully equipped. This innovative option is the ultimate glamping experience, complete with heating, lighting, double beds (bedding included) and kitchenettes; outdoors, there's a picnic table, fire pit and patio chairs; toilets, showers and services are located nearby.



Ad back cover



Canopée Lit

627521

303 Chemin de l'Anse-de-Roche, Sacré-Cœur
418-236-9544 - canopee-lit.com - 
Open: Year-round.

In the forest, on 26-ft (8-m) stilts with great views of the fjord, we offer: 4 glass-roofed cabins; four 4-season cabins with kitchenette and patio; and 6 "bubbles" (transparent rooms). Private bathrooms; bedding and towels provided. Breakfast brunch and pizza are served. Yoga, ebike rental and on-site interpretation trail. Rates: from \$189 to \$259.



★★

Ferme 5 Étoiles | Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur
418-236-4833 or 1-877-236-4551
ferme5etoiles.com -  
Open: Year-round.

Looking to spice up your vacation with some out-of-the-ordinary accommodation? Our yurts overlooking the fjord, ready-to-camp units and Canadian log cabins are made for you! These comfortable accommodation options in a beautiful, natural setting make it easy to take advantage of the many outdoor activities nearby.



Ad p.224

Saguenay Fjord National Park (Baie Sainte-Marguerite sector)

206990

1121 Route 172 Nord, Sacré-Cœur
418-236-1162 or 1-800-665-6527
sepaq.com/pq/sag -  
Open: May 15 to October 11.

Staying in a shelter, primitive campsite or lean-to just off a hiking trail is a great way to connect with nature. Or, try one of our ready-to-camp tents that deliver all the fun of camping with none of the hassle! Beds, tableware, kitchenware and heating are included. Reservations required.



Mer et Monde Écotours | Ready-to-camp tents & Rustic cabins

213684

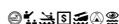
20 Chemin Jalbert, Les Bergeronnes

418-232-6779 or 1-866-637-6663

meretmonde.ca -  

Open: May 20 to October 10.

Surrounded by stunning scenery, or just a few feet away from the St. Lawrence River and its whales, our rustic accommodation and ready-to-camp options have large windows and a front porch, so you can enjoy the sea air and magnificent views in comfort. Each cabin and tent is equipped with kitchen utensils and bedding, and has two bedrooms and a kitchenette. Reservations required.

**Ad p.C-2****Manicouagan****Les Nichoirs d'oiseaux géants – Parc Nature | Giant birdhouses**

627484

4 rue Labrie, Pointe-aux-Outardes

418-567-4227 - parcnature.com -  

Open: June 5 to October 11.

Ready-to-camp units: 5 units that resemble giant "birdhouses", inspired by the species that inhabit the park. Rental includes: water storage container, cooler, cooking utensils, space heaters, propane stove, solar lighting. A private dry toilet is located next to each Birdhouse. Parking is 50 m and the comfort station with showers is 300 m away.

**Ad p.56**

Parc Nature giant birdhouses

Village forestier d'Antan de Franquelin | Rustic accommodation

★★

627676

16 rue des Érables, Franquelin

418-296-3203

villageforestierdantanfranquelin.com - 

Open: June 5 to September 11.

This interpretation centre teaches visitors about the lumberjacks and brave Côte-Nord pioneers. Reserve a ready-to-camp prospector tent in the forest or by the river, complete with showers and toilets and trail access. By reservation: guided tours, fishing lessons, guided hikes, planting a herb garden. Meals and packages available.



Franquelin

L'Artisan du Village & Thépi Bec Sucré | Indigenous accommodation

166 rue Pascal-Comeau, Godbout

418-568-7879, 418-293-7273

lartisaneduvillage.com - 

Open: Year-round.

Close to the ferry terminal, spend a night in a comfortable, well-equipped tipi and immerse yourself in Aboriginal culture. Côte-Nord fish and seafood available at the sandwich shop. Two Indigenous-themed rooms. New feature: 10-person family yurt.

**Zec Godbout | Ready-to-camp units**

117 Route 138, Godbout

418-568-7305 - rivieregodbout.com - 

Open: June to September.

Stay in an exceptional campsite on the shores of the Godbout River, 5 km from Route 138, where you can recharge your batteries and fall asleep to the sound of the trees. The all-inclusive, ready-to-camp tents have two rooms with beds, an eat-in kitchen, covered porch, BBQ and picnic table. Reservations recommended.



Sept-Rivières

Ferme maricole Purmer | Yurts

627537

Marina, opposite the volleyball courts,
Sept-Îles Archipelago, Sept-Îles
418-960-4915 – ferme-purmer.com
Open: June to September.

Stay on an island, in one of our three 4- to 8-person yurts. Come and learn fascinating details about the underwater world by touring a farm that grows mussels, scallops and seaweed. Take a trip in an inflatable boat that includes commentary and tasting of products straight from the sea. Reservations required.



Minganie

Ôasis – Mingan Archipelago National Park Reserve

206102

Havre-Saint-Pierre Welcome and Interpretation Centre
1010 Promenade des Anciens, Havre-Saint-Pierre
(Pélagie-Cormier Terminal)
418-538-3285 or 1-888-773-8888
parkscanada.gc.ca/mingan –
Open: June to September.

Spend the night in the tree canopy admiring the stars, from this water drop-shaped accommodation that has a bench bed and a mezzanine hammock. Rates: Ôasis: \$128; fire permit: \$9.25; reservation fee: \$11.50 online or \$13.50 by phone, plus park access fee. Kitchenware rental extra. Reservations recommended: 1-877-737-3783 or reservation.pc.gc.ca.



Ad: detachable map



Ôasis – Mingan Archipelago
National Park Reserve

oTENTik Tents – Mingan Archipelago National Park Reserve

206102

Havre-Saint-Pierre Welcome and Interpretation Centre
1010 Promenade des Anciens, Havre-Saint-Pierre
(Pélagie-Cormier Terminal)
418-538-3285 or 1-888-773-8888
parkscanada.gc.ca/mingan –
Open: June to September.

Stay in a 6-person, furnished oTENTik tent on Quarry Island, complete with lighting and heating. Rates: tent: \$128; fire permit: \$9.25; reservation fee: \$11.50 online or \$13.50 by phone, plus park access fee. Kitchenware rental extra. Reservations recommended: 1-877-737-3783 or reservation.pc.gc.ca.



Ad: detachable map



oTENTik Tents – Mingan Archipelago
National Park Reserve

Camping Nutshimit | Campground

27 rue Parent, Natashquan
581-622-0056 – camping-nutshimit.business.site

The campground was opened in the summer of 2021 with the goal of offering an Indigenous camping experience in our region and, specifically, in our community of Nutashquan, so visitors can learn about our culture and our way of life. Accommodation is in Montagnais tents, equipped with running water and electricity, refrigerator, kitchen supplies, etc., there are also 4 showers and 4 toilets on site. Take a trip on the Rivière Natashquan, listen to talks in the shaputuan tent on the tales and legends passed down by our elders, and feast on lobster and traditionally smoked salmon. This new campground is here for you, our visitors, and to show our children that we can go far. The future is for us, the young people!

Health and Relaxation

La Haute-Côte-Nord

Tadoussac

L'Espace Bien-Être



165 rue du Bord-de-l'Eau, Tadoussac
418-235-4421 or 1-800-561-0718
hoteltadoussac.com

Treat yourself to a relaxation session at Hotel Tadoussac's Wellness Centre, which offers customized massage therapy. Choose from among different types of massage or body care, including wraps, body scrubs and beauty care. We also offer different types of treatment for children. Time stops as our hands knead your troubles away. Reservations required.

Sacré-Cœur

Ferme 5 Étoiles | Family Vacation Resort



465 Route 172 Nord, Sacré-Cœur
418-236-4551 or 1-877-236-4551
ferme5etoiles.com –
Open: Year-round.

On a fabulous site that offers lodging, meals, and four-season activities, discover a relaxation centre that showcases local fauna. This innovative concept gives you the opportunity to relax while observing nature and wildlife. The centre offers a reading/lounge corner, spa, sauna, and massage therapy (couples' massage available) and NeuroSpa. Reservations required. **Ad p. 224**



Vue sur le fleuve derrière l'hôtel Le Manoir

Manicouagan

Baie-Comeau

Salon d'esthétique Liane



14 Ave Cabot, Baie-Comeau
418-296-3908 – salonliane.ca –

Come to this salon next to Le Manoir Hotel and pamper yourself in an enchanting setting that includes views of the majestic St. Lawrence! You'll always be treated to a warm welcome and spotless premises, and have a choice of massage therapy, body care, or standard beauty treatments. We use the Ella Baché line of professional products to guarantee our customers' satisfaction. See website for details of our Beauty packages.

Sept-Rivières

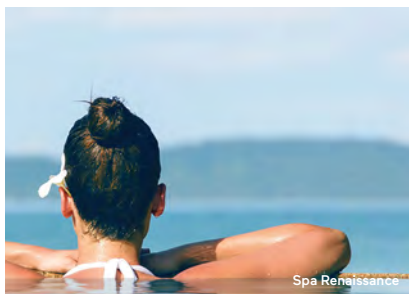
Sept-Îles

Spa Renaissance

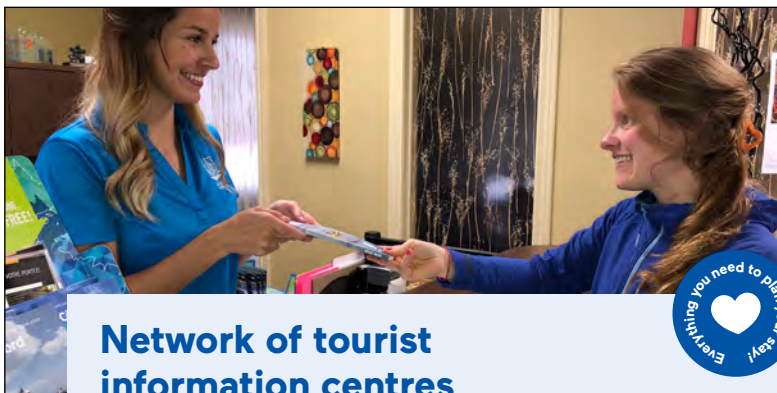


451 Ave Arnaud, Sept-Îles
418-968-0606 or 1-833-738-0606
sparenaissance.ca –
Open: tous les jours, sauf dimanche.

The professional staff members at Spa Renaissance offer client-centred care through a wide variety of services, including: massage therapy, physiotherapy, lymphatic drainage, NeuroSpa massage, many different beauty treatments, hairstyling, balneotherapy (warm baths), yoga, rain massage and Indigenous healing treatments like the sweat lodge.



Spa Renaissance



Network of tourist information centres

Come and meet knowledgeable North Shore "Coasters" who are passionate about their region. They want to help you discover the Côte-Nord and its many attractions and hidden treasures!

 View the list of our information centres on pages 207 and 208, or look for our roadside signs.



Kéroul 



QuebecForAll.com

Tourist and cultural information for travelers with disabilities

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- 206 Québec-wide
- 206 Tourist Information
- 206 Tourist Information on the Côte-Nord
- 207 Tourist Information Centres
- 209 Transportation
- 211 Health
- 211 Accessibility
- 212 Services

214 → Travelling in Québec

- 214 Bars, casinos and purchasing alcohol
- 214 Currency exchange
- 214 Driving in Québec
- 214 Cell phones
- 214 Drugs
- 214 Winter tires
- 214 Road conditions
- 214 Tourist routes
- 215 Tourist signage
- 215 *Village-relais* accredited services
- 215 Voltage
- 215 Making a comment or conveying dissatisfaction
- 215 Canadian currency
- 215 Tipping
- 215 Taxes
- 215 Coast guard
- 215 S.O.S. Poaching
- 215 SOPFEU
- 215 Emergencies

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Useful Information

Québec-wide Tourist Information

Phone: 1 877 BONJOUR (266-5687)

Email: info@bonjourquebec.com

Online: bonjourquebec.com

Social media: #bonjourquebec

 [/tourismequebec](https://twitter.com/tourismequebec)

 [/tourismequebec](https://www.facebook.com/tourismequebec)

 [/tourismequebec](https://www.instagram.com/tourismequebec)

 [/TourismeQuebec](https://www.youtube.com/TourismeQuebec)

 [@BonjourQuebec](https://www.linkedin.com/company/BonjourQuebec)

Brick and mortar:

Centre Infotouriste in Montréal, Québec, Rigaud, Rivière-Beaudette and Degelis: permanent visitor information centres that provide a range of tourist services and products.

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small. The Ministry's website, bonjourquebec.com, presents valuable information for tourists and residents alike on attractions throughout Québec.

Plan your next trip to Québec at bonjourquebec.com.

Tourisme

Québec



Tourist Information on the Côte-Nord

Tourisme Côte-Nord

312 Ave Brochu, Sept-Îles (Québec) G4R 2W6

10 Ave Roméo-Vézina, Baie-Comeau (Québec) G4Z 2W2

1-888-463-0808

tourismecote-nord.com

info@cotenordqc.com

 [/tourismecotenord](https://www.facebook.com/tourismecotenord)

 [/cotenordqc](https://twitter.com/cotenordqc)





Official visitor information centres are identified by the  pictogram on road signs and in tourist brochures.

Tourist Information on the Côte-Nord



Permanent Centres

Bureau d'information touristique de Fermont

100 Le Carrefour, Fermont
418-287-5339 or 1-855-337-6668
caniapiscou.ca – 

Ad p.61

Bureau d'information touristique de Sept-Îles

1401 Blvd Laure Ouest, Sept-Îles
418-962-1238 or 1-888-880-1238
tourismeseptiles.ca –  

Ad pp.83,84



Seasonal Centres

Tadoussac

197 rue des Pionniers, Tadoussac
418-235-4744 or 1-866-235-4744
tadoussac.com



Les Bergeronnes

505 rue du Boisé, Les Bergeronnes
418-232-6595, 418-232-6326, 418-232-1434
bergeronnes.com



Les Escoumins

154 Route 138, Les Escoumins
418-233-2663, 418-233-2766
escoumins.ca

Ad p.36

Longue-Rive

331 rue Principale, Longue-Rive
418-231-2020, 418-231-2344
longuerive.ca

Portneuf-sur-Mer

391 rue Principale, Portneuf-sur-Mer
581-323-1050, 418-238-2642
portneuf-sur-mer.ca

Tourist Information Centres

Forestville

223 Route 138 Ouest, Forestville
418-587-4160, 418-587-2285, ext. 1109
ville.forestville.ca/tourisme



Ad p.32

Ragueneau

595 Route 138, Ragueneau
418-567-8912 – tourismemanicouagan@gmail.com



Baie-Comeau

20 Ave Cartier, Baie-Comeau
418-296-8178 or 1-888-589-6497
tourismebaiecomeau.com



Godbout

144 rue Pascal-Comeau, Godbout
418-293-5506
municipalites-du-quebec.ca/godbout/



Port-Cartier (Pointe-aux-Anglais)

2088 rue Monseigneur-Labrie, Pointe-aux-Anglais
418-799-2212 or 1-888-766-6944
villeport-cartier.com –

Ad p.80

Port-Cartier

64 Route 138, Port-Cartier
418-766-4414 or 1-888-766-6944
villeport-cartier.com –



Ad p.80

L'Île-d'Anticosti (Port-Menier)

7 Chemin des Forestiers, Port-Menier
418-535-0250, 418-535-0311 (off-season)
destinationanticosti.ca



Rivière-au-Tonnerre (Minganie)

Km 1088 Route 138 (Rivière Manitou), Rivière-au-Tonnerre
418-538-2333, 418-538-2732 (off-season)
manitou@mrc.minganie.org

Havre-Saint-Pierre

Pélagie-Cormier Terminal
1010 Promenade des Anciens, Havre-Saint-Pierre
418-538-2512 or 1-866-538-2512
tourismehsp.com



Ad p.99

Baie-Johan-Beetz

16 rue Tanguay, Baie-Johan-Beetz
418-539-0243 – baiejohanbeetz.qc.ca

Aguanish

250 Route Jacques-Cartier, Aguanish
418-533-2228, 418-533-2323 – aguanish.org



Natashquan

24 Chemin d'en Haut, Natashquan
418-726-3054 – copactenatashquan.net



Blanc-Sablon

2 Ave Jacques-Cartier, Blanc-Sablon
418-461-3961, 418-461-3450
tourismblancsablon@hotmail.com



Transportation



Air Travel

Aéroport de Baie-Comeau

210 Route de l'Aéroport, Pointe-Label
418-589-8285, 418-589-9177,
418-589-9133
mrcmanicouagan.qc.ca

Located in Pointe-Label, only 10 minutes from Baie-Comeau, this airport serves several airlines that will fly you to the North Shore, including Air Liaison and Pascan Aviation.

Air Liaison

607, 6th Ave de l'Aéroport,
International Airport
Jean-Lesage, Québec City
1-888-589-8972 – airliaison.ca

Ad p.101

This Québec-City based airline operates scheduled flights to North Shore cities and villages: Baie-Comeau, Sept-Îles, Havre-Saint-Pierre, Port-Menier (Anticosti Island) and Natashquan, and to villages on the Lower North Shore between La Romaine and Blanc-Sablon. Connecting flights from Québec City to Rouyn-Noranda or Gatineau also available. To book, visit our website.



Baie-Comeau airport

PAL Airlines

1000 Blvd Laure Est, Sept-Îles
418-962-1222, 418-960-6489 (cell.)
palairlines.ca –  

PAL Airlines is a leading provider of reliable airline service to over 27 destinations in Eastern Canada, offering daily flights to cities like Montréal, Québec City and Sept-Îles, and to several destinations in Newfoundland and Labrador. Free in-flight amenities include meals, drinks, snacks, hot towel service and magazines.

Air Canada

7373 Blvd de la Côte-Vertu
Ouest, Montréal
1-888-247-2262
aircanada.com –   

Air Canada flies to and from Québec, including regular non-stop flights to Montreal's Pierre Elliott Trudeau International Airport, for connections within Canada and abroad. Its agreements with regional carriers Pascan Aviation and PAL Airlines guarantee a smooth and simple travel experience and access to its vast network.



Buses

Intercar

5675 rue des Tournelles, Québec
418-962-9736, 418-627-9108
or 1-888-861-4592 – intercar.ca
Open: Daily, 9 a.m. to 9 p.m.

Bus service between Québec City and Havre-Saint-Pierre via all major towns. Bus charters leaving from the North Shore. The Sept-Îles Terminal is located at 27 rue Comeau.

Transportation



Drive-home Service

Tz Baie-Comeau

Baie-Comeau
418-297-2611, 418-298-1995
tzbaiecomeau.com –
Open: Daily, 6 p.m. to 4 a.m.

This organization serves the area between Ragueneau and Franquelin and provides a drive-home service to impaired drivers. If you are passing through the area and need our services, get in touch!



Ferries

Société des traversiers du Québec

Tadoussac – Baie-Sainte-Catherine

98 rue du Bateau-Passeur,
Tadoussac
119 Route 138,
Baie-Sainte-Catherine
1-877-787-7483, ext. 3
traversiers.com –

Les Escoumins – Trois-Pistoles \$
Compagnie de navigation des Basques

Rue du Traversier, Les Escoumins
11 rue du Parc, Trois-Pistoles
1-877-851-4677 – traversiercnb.ca
Ad p.37

Société des traversiers du Québec

Matane – Baie-Comeau – Godbout

14 Route Maritime, Baie-Comeau
117 rue Pascal-Comeau, Godbout
Admin.: 1410 rue de
Matane-sur-Mer, Matane
1-877-787-7483
traversiers.com –
Ad: detachable map

Relais Nordik \$

17 Ave Lebrun, succ. A, Rimouski
418-723-8787 or 1-800-463-0680
relaisnordik.com

Société des traversiers du Québec – Harrington Harbour – Chevery
traversiers.com –

Société des traversiers du Québec

Pakuashipi – Saint-Augustin
418-787-0100
traversiers.com –

Health



Hospitals

CMSSS des Escoumins

4 rue de l'Hôpital, Les Escoumins
418-233-2931

CMSSS de Forestville

2-7th rue, Forestville
418-587-2212

Hôpital Le Royer

635 Blvd Jolliet,
Baie-Comeau
418-589-3701

CMSSS de Fermont

1 rue de l'Aquilon, Fermont
418-287-5461

CMSSS de Port-Cartier

3 rue de Shelter Bay,
Port-Cartier
418-766-2572

Hôpital de Sept-Îles

45 rue du Père-Divet, Sept-Îles
418-962-9761

CMSSS de la Minganie

1035 Promenade des Anciens,
Havre-Saint-Pierre
418-538-2212

CMSSS de la Basse-Côte-Nord

1070 Blvd Docteur-
Camille-Marcoux, Blanc-Sablon
418-461-2144

Accessibility



Québec for All: Accessibility for People with Disabilities

514-252-3104

QuebecForAll.com

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. Its platform Québec for All offers a wide range of cultural and tourist information for visitors with reduced mobility.



The accessible rating means that the establishment meets all the accessibility criteria and offers a satisfactory visitor experience for the majority of people with reduced mobility.



The partially accessible rating means that the establishment meets the main accessibility criteria but has some missing elements that could affect the experience of some people with reduced mobility.



Tourist and Leisure Companion Sticker

1-833-693-2253 – carteloisir.ca

Companions of disabled individuals with this sticker are admitted free of charge to participating tourism, cultural and recreational attractions.

Services

Tourism Organizations and Corporations

Tourisme Baie-Comeau 
20 Ave Cartier, Baie-Comeau
418-296-8178
tourismebaiecomeau.com – 

Organisme de bassins versants Manicouagan (OBVM)
57 Place La Salle, Baie-Comeau
418-298-0742 – obvm.org – 

Destination Sept-Îles Nakauinanu
1, quai Monseigneur-Blanche, Sept-Îles
418-961-1228 –   
destinationsept-iles.com

Groupe ETNA
454 Route Jacques-Cartier
Rivière-au-Tonnerre
418-965-0373
groupeetna.com – 

Corporation de développement patrimonial, culturel et touristique de Natashquan (COPACTE)
24 Chemin d'en Haut, Natashquan
418-726-3054
copactenatashquan.net – 

Natashquan pour la sauvegarde de la Source
418-726-3569 or 1-877-726-3569
avecnatashquan.com – 

Association de développement touristique de Tête-à-la-Baleine
152 rue de la Salle, Tête-à-la-Baleine
Côte-Nord-du-Golfe-du-Saint-Laurent
418-242-2015 or 1-888-242-2015
atb@xplornet.ca

Corporation de développement touristique et culturel de Canton-de-Brest
2 Ave Jacques-Cartier, Blanc-Sablon
418-461-3450, 418-461-3961

Associations

Association forestière Côte-Nord
537 Blvd Blanche, suite C-117
Baie-Comeau
418-589-5707, ext. 181
afcn.qc.ca – 

Chambre de commerce et d'industrie de Manicouagan
810 rue Bossé, suite 102, Baie-Comeau
418-296-2010 – ccmanic.qc.ca – 

Loisir et Sport Côte-Nord
203-337 Blvd La Salle, Baie-Comeau
418-296-5774 or 1-888-330-8757
urlscn.qc.ca – 

ManicAction
59 Place La Salle, Baie-Comeau
418-293-7957
jocelynpelletier@hotmail.com

Chambre de commerce de Port-Cartier
4C Blvd des Îles, Port-Cartier
418-766-3110 – ccportcartier.ca – 

Chambre de commerce de Sept-Îles
700 Blvd Laure, Ste 237, Sept-Îles
418-968-3488 – ccseptiles.com –  

Local Media Companies

Radio Essipit Haute-Côte-Nord inc. CHME Rock ma vie, FM 94.9 et 99.7
34 rue de la Réserve, Essipit
418-233-2700 or 1-800-661-2701
chme949.com – 

Les Éditions Nordiques – Les hebdomas de la Côte-Nord
770 rue de Bretagne, Baie-Comeau
418-589-9990
lemanic.ca –  

NousTV
323 Blvd La Salle, Baie-Comeau
418-296-9505, 418-962-3508
nous.tv – 

ICI Radio-Canada
350 rue Smith, Ste 30, Sept-Îles
581-246-2864 or 1-800-463-1731
ici.radio-canada.ca/cote-nord
  

TVA Est-du-Québec
337 Blvd La Salle, Baie-Comeau
418-296-8087, 418-297-5408,
418-968-6011
qub.ca/tvaplustv – 

Service Businesses and Organizations

Caisse populaire Desjardins du Saguenay-Saint-Laurent
11 rue Sirois, Les Escoumins
418-233-4140 or 1-877-233-3444
desjardins.com – 

Place aux jeunes Haute-Côte-Nord
427 rue de la Mer, Les Bergeronnes
581-324-1110, ext. 236
placeauxjeunes.qc.ca – 
Ad p.57

MRC Haute-Côte-Nord
26 rue de la Rivière, Les Escoumins
418-233-2102, ext. 244
or 1-866-228-0223
mrchcn.qc.ca – 

SADC de Haute-Côte-Nord
459 Route 138, Ste 200, Les Escoumins
418-233-3495 – sadchcn.com – 

Caisse populaire Desjardins de Baie-Comeau

267 Blvd La Salle
418-296-3339 or 1-800-607-3339
desjardins.com –  

Caisse populaire Desjardins de Hauterive

990 Blvd Lafliche, Baie-Comeau
418-589-3734 or 1-866-589-3734
desjardins.com – 

Cégep de Baie-Comeau

537 Blvd Blanche, Baie-Comeau
418-589-5707 or 1-800-463-2030
cegephbc.ca –  

Culture Côte-Nord

22 Place La Salle, 1^{er} étage, Baie-Comeau
418-296-1450 or 1-866-295-6744
culturecotenord.com – 

DJAZZ Studio de design graphique

432 Ave Arthur-A.-Schmon
Baie-Comeau (by appointment only) – 418-297-6494
djazz.ca –  

Go Média Pub

761 Place Drapeau, Baie-Comeau
418-297-2578
gomediapub.com – 

Innovation et développement Manicouagan

1910 Ave Charles-Normand
Baie-Comeau
418-295-2593 – idmanic.ca – 

MRC de Manicouagan

768 rue Bossé, Baie-Comeau
418-589-9594
mrcmanicouagan.qc.ca

Place aux jeunes Manicouagan

872 rue De Puyjalon, Baie-Comeau
418-589-8589, ext. 224
placeauxjeunes.qc.ca – 
Ad p.57

Réserve mondiale de la biosphère de Manicouagan – Uapishka (RMBMU)

31 Ave Marquette, Baie-Comeau
418-296-1517 or 1-888-833-1517
rmbmu.com –  

SADC Manicouagan

810 rue Bossé, Baie-Comeau
418-295-7232 – sadcmanic.ca – 

Voltige Communication

876 rue Bossé, Baie-Comeau
418-589-2389 – voltige.ca – 

Place aux jeunes Caniapiscou

299 rue Le Carrefour, Fermont
833 363-1162, ext. 103
placeauxjeunes.qc.ca – 
Ad p.57

MRC de Caniapiscou

100 Le Carrefour, Fermont
418-287-5339 or 1-855-337-6668
caniapiscou.ca – 

Ad p.61**Développement économique Port-Cartier**

24 Blvd des Îles, Port-Cartier
418-766-8383
villeport-cartier.com

Centre des Congrès de Sept-Îles

513 Ave Brochu, Sept-Îles
418-968-4515, 418-962-2668
or 1-866-962-2668
dv.ccsi@live.ca – 

Desjardins Entreprises – Centre de services Sept-Îles

598 Blvd Laure, Sept-Îles
418-962-1414 or 1-877-650-1414
desjardins.com –   

Développement économique Sept-Îles

690 Blvd Laure, Ste 217, Sept-Îles
418-962-7677 – deseptiles.com – 

Imprimerie B&E Coralais communication visuelle

325 Ave Brochu, Sept-Îles
418-962-9616 or 1-866-962-9616
imprimeriebe.com

Place aux jeunes Sept-Rivières

263 rue Papineau, Sept-Îles
418-961-2533, ext. 226 – 
placeauxjeunes.qc.ca **Ad p.57**

SADC de la Côte-Nord

456 Ave Arnaud, Ste 205, Sept-Îles
418-962-7233 or 1-877-962-7233
sadcnote-nord.org – 

Gabrielle Darveau stratège marketing

2-1406 rue Boréale
Havre-Saint-Pierre – 418-538-4672
gabrielledarveau.com –  

MRC de Minganie

1303 rue de la Digue, Havre-Saint-Pierre
418-538-2732, ext. 1219
mrc.minganie.org **Ad p.87**

Place aux jeunes Minganie

1280 rue de la Digue, Havre-Saint-Pierre
418-538-2533, ext. 422 –  
placeauxjeunes.qc.ca **Ad p.57**

MRC Le Golfe-du-Saint-Laurent

29 Chemin d'Aylmer Sound, Ste 400
Chevery – 418-787-2020 or
1-844-887-2020 – mrcgsl.ca – 

Place aux jeunes Golfe-du-Saint-Laurent

313 Blvd de Bonne-Espérance,
Rivière-Saint-Paul – 780-691-6291
placeauxjeunes.qc.ca – 
Ad p.57

Imprimerie SOLISCO

120, 10^e Rue, Scott
418-387-8908 or 1-800-463-4188
solisco.com – 

Travelling in Québec

Bars, Casinos and Purchasing Alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the Société des alcools du Québec (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores, which also stock a limited selection of wines.

Currency Exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l).

It is illegal to transport or use radar detectors in Québec.

Cell Phones

Use of a cell phone is prohibited while driving.

Drugs

The Highway Safety Code introduced a zero-tolerance principle when it comes to drugs and driving by prohibiting anyone from driving a vehicle if there is a detectable presence of cannabis or any other drug in that person's saliva. Offenders are subject to an immediate 90-day suspension of their driver's licence.

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to produce ID if asked). The Code also includes other measures, such as the prohibition from consuming drugs (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

Winter Tires

From December 1 to March 15, all taxi and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.

Road Conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1-888-355-0511, or visit quebec511.info.

Tourist Routes

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures. bonjourquebec.com/en-ca/where-to-go/itineraries-and-tourist-routes.

Tourist Signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs. For more information, visit panneaubleu.com and quebec.ca/transports/signalisation/signalisation-touristique (in French only).

Village-relais Accredited Services

If you feel like taking a break or require assistance while on the road, look for the *Village-relais* signs. These point to villages that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. villages-relais.qc.ca.

Voltage

In Québec, the standard voltage is 110 volts/60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

Making a Comment or Conveying Dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

Alliance de l'industrie touristique du Québec

1-877-686-8358, option 7

commentaire@alliancetouristique.com

Canadian Currency

The legal currency in Québec is the Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

Tipping

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québécois normally add up both taxes. Tipping bellhops or porters is at your discretion (generally, \$1 per bag).

Taxes

Québec has two taxes: the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3.5% of the room price per night also applies in our region.

Canadian Coast Guard

Marine Distress

1-800-463-4393

Boating Safety Infoline

1-800-267-6687

S.O.S. Poaching

Reporting poachers

1-800-463-2191

Société de protection des forêts contre le feu (SOPFEU)

To report a fire

1-800-463-3389

Emergencies

Emergency

911, 310-4141 or *4141 (from a cell phone)

Info-Santé (medical advice)

811

Québec Poison Control Centre

1-800-463-5060

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Senior Management:

Paul Lavoie

Communication and Marketing:

Danny Bourdeau

Project Manager, Tourist Guide:

Dave Prévéreault

English translation and revision:

Diana Halfpenny

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Maps and Pictograms

Legend of Pictograms

% of shaded sites	Electric vehicle charging station	Local cuisine and specialty	Seasonal visitor information centre
Accommodation	Electricity: 15 amps	Marine wildlife viewing	Shared bathroom
Accommodation certification	Electricity: 30 amps	Microwave	Shared kitchen
AEQ-certified (<i>Aventure écotourisme Québec</i>)	Electricity: 50 amps	Mini fridge	Shopping
Air conditioning	Equipment rental	Mountain biking	Skating
Authentic First Nations experience	Falls	Outdoor pool	Snow tubing
Authentic Inuit experience	Ferry	Paid admission	Snowmobiling
Beach	Fireplace	Patio	Snowshoeing
Beach supervised swimming	Fishing	Performance venue	Spa
<i>Bienvenue cyclistes!</i> certified	Free admission	Permanent visitor information centre	Tents only
Birdwatching	Free WiFi	Pet-friendly	Toilet and sinks
Boat launch	Golfing	Gym	<i>Village-relais</i> accredited
Boat trip	Hiking	Pick-your-own	Water access
Camping	Horseback riding	Picnic area	Waterfront view
Canoe camping	Hospital	Places to eat	Wellness centre
Canoeing	Hunting	Private bathroom	Whirlpool tub
Cash only	Ice fishing	Pull-through	
Comfort station	Indigenous content	Pump-out station	
Convenience store	Indoor pool	Quadding	
Cottage rental	Indoor spa	Rating - pending	
Cross-country skiing	International airport	Reception area	
Cycling	Interpretation	Recreational harbour	
Dogsled ride	Kayaking	Regional airport	
Downhill skiing	Kitchenette	<i>Route verte</i> bicycle trail	
	<i>Le Goût de la Côte-Nord</i> (Taste of the North Shore)	Scuba diving	
	Licenced restaurant	Seasonal operation	

Distances Tables

Route 138

Distances in kilometres.



Route des Baleines



Route 138

Distances en kilomètres.

Route des Baleines

ROAD TRIP

CÔTE NORD

FIN

Tadoussac

Les Bergeronnes

Les Escoumins

Longue-Rive

Forestville

Pointe-aux-Outardes

Baie-Comeau

Franquelin

Godbout

Baie-Trinité

Rivière-Pentecôte

Port-Cartier

Sept-Îles

Rivière-au-Tonnerre

Rivière-Saint-Jean

Longue-Pointe-de-Mingan

Havre-Saint-Pierre

Baie-Johan-Beetz

Agunish

Natashquan

Kegaska

24

22 40

30 51 69

30 59 80 98

97 126 156 176 195

33 103 132 161 182 200

32 61 132 160 190 210 229

27 59 88 158 187 216 237 255

39 61 93 122 192 221 250 271 290

44 83 101 136 165 236 264 294 315 333

38 80 119 141 173 202 272 301 330 351 369

61 98 140 179 201 233 262 332 351 390 411 430

122 182 218 260 299 321 353 382 452 481 511 531 550

36 158 217 254 296 335 356 388 417 488 516 546 566 585

17 52 174 233 270 312 351 373 405 434 504 533 562 583 602

50 66 102 223 282 319 361 400 422 454 483 553 582 612 632 651

69 115 132 167 289 348 385 427 466 487 519 548 619 648 677 698 716

58 127 173 190 225 347 406 443 485 524 545 577 606 677 706 735 756 774

34 92 160 206 223 258 380 439 476 518 557 579 611 640 710 739 768 789 808

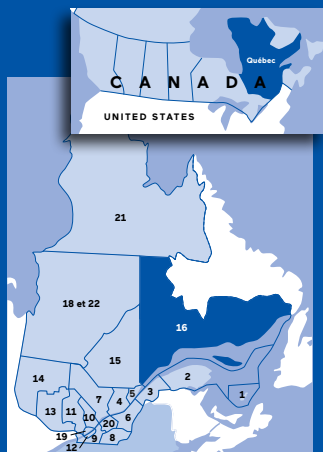
44 78 136 204 250 267 302 424 483 520 562 601 623 655 684 754 783 812 833 852

Routes 389, 500, 510 and the *Route de la Chicoutai*

Distances in kilometres.

[illegible]

Map of Québec Tourism Regions



01	Îles-de-la-Madeleine	tourismeilesdelamadeleine.com
02	Gaspésie	gaspesieiloveyou.com
03	Bas-Saint-Laurent	bassaintlaurent.ca
04	Québec	quebec-cite.com
05	Charlevoix	charlevoixtourism.com
06	Chaudière-Appalaches	chaudiereappalaches.com
07	Mauricie	mauricietourism.com
08	Cantons-de-l'Est	eastertownships.org
09	Montérégie	tourisme-monteregie.qc.ca
10	Lanaudière	lanaudiere.ca
11	Laurentides	laurentians.com
12	Montréal	mtl.org
13	Outaouais	tourismeoutaouais.com
14	Abitibi-Témiscamingue	abitibi-temiscamingue-tourism.org
15	Saguenay-Lac-Saint-Jean	tourisme.saguenay.ca
16	Côte-Nord	tourismecote-nord.com
18	Baie-James	escapelikeneverbefore.com
19	Laval	tourismelaval.com
20	Centre-du-Québec	tourismecentreduquebec.com
21	Nunavik	nunavik-tourism.com
22	Eeyou Istchee	escapelikeneverbefore.com

Access Map to the Region





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(Sept-Îles)

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