



Bishop's grad refused ride on STS

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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Als fall to Hamilton

Sports - Page 10

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MONDAY, JUNE 16, 2014

100 Objects worth 100,000 words

More than 30 from the Townships

by Rachel Garber

The Story of Civilisation in 100 Objects is a project launched in 2010 by the British Museum in London, and Kevin O'Donnell happened by to see it. It's comprised of 100 museum artifacts.

O'Donnell is an ideas man, and at the time he was president of the Quebec Anglophone Heritage Network, usually known as QAHN.

"Why not tell the story of English-speaking communities in Quebec through 100 objects?" he thought. And the good folks at QAHN made it happen. They had some monetary support from Canadian Heritage, and some hefty instrumental support from partnering museums, historical societies and volunteers from all across Quebec.

Completed in 2013 were a website (100objects.qahn.org) and a DVD. Both platforms offer vivid photos and in-depth stories of the objects, plus six lively audio-visual capsules.

They called it the Identity of English-speaking Quebec in 100 Objects. The time span doesn't quite compare to the history of civilisation, but it's surprisingly long. The first object dates back to 1598.

The objects themselves are found in locations all over Quebec. Roaming the province this summer to visit them in museums and parks would be a full and fascinating trip.

Not surprisingly a full 30 or more of the objects are found right here in the Eastern Townships. It's doable!

How to find them? Visit 100objects.qahn.org, click on the "Objects" tab at the top of the page. You will see thumb-nail photos of all 100 objects.

At the upper left, click on the "Filtered Search" tab. Then choose which filter you'd like to use - theme, chronology, region or town.

CONT'D ON PAGE 7

Friendship Day in Lennoxville

Rain doesn't deter residents from 25th annual event



MATTHEW MCCULLY

While Mother Nature didn't cooperate early in the day, Lennoxville residents still gathered in large numbers to celebrate this year's Friendship Day. The burgers and hot dogs grilled by the Lennoxville Volunteer Firefighters' Association were a popular choice.

See more pictures by Mathew McCully on Page 4.

by Matthew McCully
Special to The Record
LENNOXVILLE

Events on Saturday got off to a slow start because of the rain, but the weather was not enough to deter residents from celebrating the 25th anniversary of Friendship Day in Lennoxville.

Some opted for the classic look of the Dollar Store poncho.

The under-10 crowd incorporated the puddles into the fun, impervious to the wet and cold thanks to their Hatley rain

gear.

The parade was smaller than usual this year, but as the weather cleared, the crowds grew, making the rounds to familiar activities like the music and dancing in Centennial Park, the kids' activities hosted by the Lennoxville youth centre, and the artisan sales and information booths in St. Antoine Elementary School gymnasium.

Old friends and new faces rubbed rubbery raincoat elbows through Lennoxville Elementary for a silent auction, others made their way to Amédée-Beaudoin to see the latest works of the

Lennoxville art Group.

Food was an important part of the day. Some were loyal to Louis' smoked meat, served at the Curling Club, but the line was long for burgers and hot-dogs grilled by the Lennoxville Volunteer Firefighter's Association.

Anyone with room for dessert headed over to the Lennoxville-Ascot Historical and Museum Society cake and ice-cream social.

In addition to providing entertainment, Saturday's events were an opportunity for a number of fundraising

CONT'D ON PAGE 4

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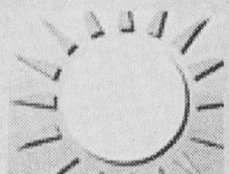
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Weather



TODAY:
SUNNY

HIGH OF 22
LOW OF 7



TUESDAY:
MIX OF SUN
AND CLOUD

HIGH OF 26
LOW OF 11



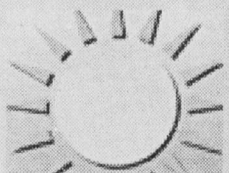
WEDNESDAY:
MIX OF SUN
AND CLOUD

HIGH OF 27
LOW OF 16



THURSDAY:
PERIODS OF
RAIN

HIGH OF 23
LOW OF 16



FRIDAY:
CLOUDY
PERIODS

HIGH OF 24
LOW OF 9

Concert series set to launch in Orford Township

Record Staff
ORFORD TOWNSHIP

The Township of Orford is proud to associate with the Orford Arts Centre to offer the public and visitors a series of concerts in this summer.

These ten concerts will be given by students at the Orford Arts Centre. They will take place on Friday, from 5 p.m. to 7 p.m., in the kiosk at Rivière-aux-Cerises park, starting on Friday, June 20.

The repertoire to be performed will be varied and the concerts will instrument

tal, without sound amplification.

This partnership is a first between the municipality and the Orford Arts Centre. It will allow the Centre to give students an additional place to perform their works while creating arts programming in the municipal park.

The latter point is a goal that was set by the Township of Orford, to encourage new activities in the park during the summer season.

In addition to this partnership, the Orford Arts Centre will have a special presence on the way into the Park dur-

ing the summer, as many streetlights in the municipality will fly banners created by the Orford Arts Centre

The municipality and the Orford Arts Centre proudly invite the entire population and visitors to the region to come and attend these concerts.

Concert-goers are invited to bring their chairs and a picnic.

It goes without saying that the collaboration of a third partner will be essential to the holding of these concerts. Indeed, in case of rain, the concerts will be cancelled.

Ye Olde Blacksmith gallery's summer series begins Thursday

Ye Olde Blacksmith Art Gallery, 240A Dufferin St. in Stanstead, will be opening the summer season on Thursday, June 19, with an exhibition of new work by Hatley artist Caroline George, and works on paper by Sebastien Leblanc from Georgeville.

In "The Centaurs", George has used mixed drawing media to portray the image of this mythical creature - half horse, half human - a metaphor for thousands of years in Western art representing a struggle between two opposing forces.

A series of large panels, the ethereal quality of each textured piece reflects a time gone by.

Born in Montreal, Leblanc has been exploring various creative outlets from an early age and is currently completing a diploma in welding.

This most recent body of work was inspired by the necker cube, an optical illusion originating from crystallography where the shape can be perceived as a cube represented in either of two possible orientations.

The ambiguous line drawing was then used in philosophy as a counter argument to naive realism (things are not necessarily as perceived by the senses).

The exhibition runs from June 19 - July 6 with a vernissage on Friday, June 20 from 5 - 7 pm.

All are welcome! Gallery hours are Thursday to Sunday, 11 a.m. - 6 p.m., and our summer season runs until September 7.

If anyone would like to be on the mailing list to receive notices of gallery events, please call 819-876-2282.

Source: Ye Olde Blacksmith Gallery



COURTESY YE OLDE BLACKSMITH ART GALLERY

One of the works by Hatley artist Caroline George, whose show at the Ye Olde Blacksmith Art Gallery in Stanstead runs from June 19 to July 6.

The official opening (vernissage) will take place on Friday, June 20 from 5 - 7 p.m. at the gallery. All are welcome.

Relay for Life raises nearly \$200,000 in Cowansville, Magog

Record Staff
COWANSVILLE

The two editions of the Canadian Cancer Society's Relay for Life held in Cowansville and Magog over the weekend combined to raise nearly \$200,000.

The Cowansville event pulled in \$88,765, as 26 teams of 10 to 15 people each (family, friends, colleagues) and 87 cancer survivors walked a relay around a track overnight from Saturday night to Sunday morning at the Cowansville Nature Centre to raise money to fight against all cancers (some 200 different diseases).

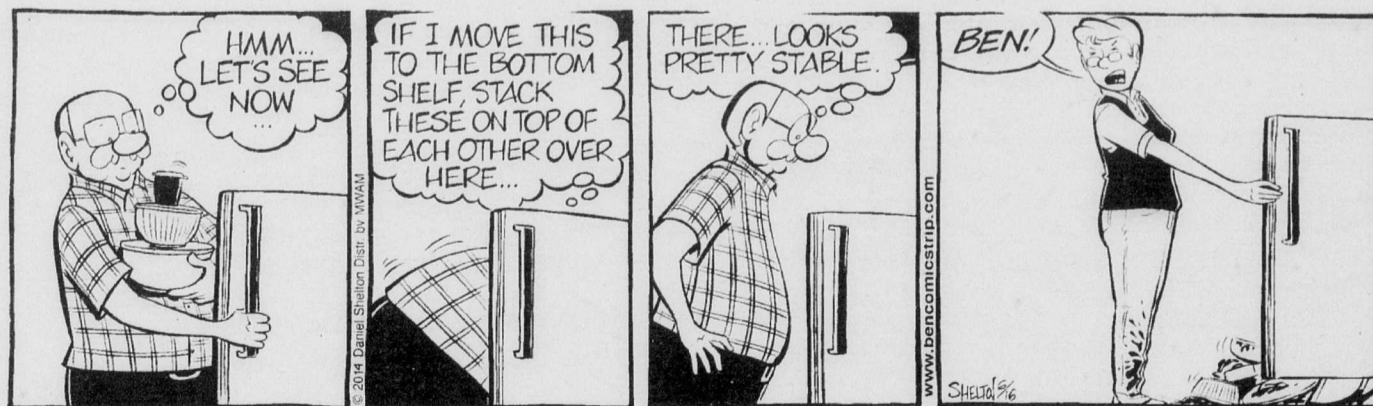
"The Relay For Life symbolizes and brings to light what a person living with cancer goes through. For all those who have to face this disease, the long walk is sometimes difficult. In the morning, at sunrise, there is much hope because it's the start of a 'new day,'" said Nancy Dover, one of the event participants.

"Thanks to all the citizens of Cowansville who participated in such large numbers in the unique event that the Relay For Life is."

Meanwhile, the 13th edition of Magog's Relay for Life attracted 334 participants to Merry Point and raised \$101,000, short of its \$140,000 goal.

This year, some 50,000 participants walked in one of the 88 Relay For Life events that took place around Quebec.

Ben by Daniel Shelton



LOCAL NEWS

While being refused from the bus forms the basis of the students' complaint, all three also expressed frustration and disappointment with the way they were treated, saying that the supervisor was rude and seemed disinterested.

Bishop's grads booted from city bus over service dog conflict

by Gordon Lambie
SHERBROOKE

A group of recent Bishop's graduates has filed a complaint against the Sherbrooke Transport Society after being barred from getting on the Number 2 bus from Sherbrooke to Lennoxville last Wednesday night.

According to Zoë Costanzo, Marc Deshaies, and Nicole Rutberg, the driver, and then his supervisor, refused to let a member of the group onto the bus around 8:30 p.m., stranding them in downtown Sherbrooke.

The member in question was Patsy, Costanzo's service dog.

"They said he couldn't be a real service dog because I'm not blind," the Bishop's grad said.

Though the idea of seeing-eye dogs is quite common, Costanzo said that people tend to generally be less aware that there are other kinds of service dogs that a person might have for a wide variety of reasons.

"Service dogs assist all sorts of disabilities," she explained, "from diabetes to epilepsy to mobility issues to autism, et cetera. In my case, Patsy is a psychiatric service dog for panic disorder, agoraphobia, and post traumatic stress disorder."

According to Deshaies, the group arrived at the at the Station Dépot bus station slightly before the bus driver on Wednesday night.

When the driver arrived, he stopped the group at the door of the vehicle, asking if Costanzo's dog was a MIRA seeing eye dog.

"We told him that Patsy was not a MIRA dog but a certified psychiatric service dog," De-

shaies recalled, "The driver looked puzzled and confessed he never heard of a psychiatric service dog. He told us as far as he knew only MIRA seeing-eye dogs were allowed on the bus."

Despite the fact that another passenger on the bus, a student who works at the Bishop's library, stood up to vouch for Patsy's legitimacy at that point, the driver called in his supervisor.

In Deshaies' estimation, the official showed up within two minutes. "He refused to give me his name or the bus driver's name at the time of the encounter," Deshaies said, explaining that the supervisor remained in his car the entire time.

"He asked if Patsy was a MIRA seeing eye dog. To which I answered no (...) he answered that they only accept MIRA dogs."

Deshaies says he pointed out the fact that service dogs are specifically trained and certified for this and should have the same rights of access to public transport as any person with a disability.

STS bylaws established in 2004 grant exactly that. Section IV, subsection 8a of rule R-006 states that animals are only permitted on STS vehicles if they are guard dogs or service dogs.

City Councillor David Price, who sits on the board of the STS, explained that the issue is a matter of proper identification.

"Anybody having a dog like that has a card from an organization that gave them the dog, even if the dog is in training. There are several recognized organizations that produce these

cards," Price explained, after having consulted with those involved in the situation at the bus company.

"These students didn't have a card, they couldn't produce anything."

The three involved maintain that they were never asked to produce Patsy's certification, but Costanzo admitted that she did not have the dog's papers on her that evening.

She asserted, however, that just the dog's specialized and highly visible harness should be enough, and always has been in the past.

"I have never had a problem on STS before, and I have been riding the bus with my service dog for a year," Costanzo explained. "Before he was certified, I rode with him as a service dog in training, which is protected under (the STS's) own policy and the Charter of Human Rights and Freedoms."

According to Deshaies, the concern on the part of the supervisor was of fraud. The STS employee told him that drivers have had issues with people trying to pass off untrained dogs as guide dogs using fake bandanas.

Costanzo, however, pointed out that the harness that her dog wears can't just be purchased anywhere.

She theorized that because Patsy does not look like the traditional image of a service dog, the STS employees simply assumed she was faking.

"Patsy is a shepherd collie spaniel mix, is approximately 35 pounds, and knee height," She said, "(Labradors) are often chosen as service dogs because their temperament makes them



COURTESY ZOE CASTANO

Patsy, Zoë Costanzo's service dog, who was denied entry onto an STS bus last Wednesday evening, stranding a trio of Bishop's graduates.

easy to train, but there are also lots of retrievers, shepherds, burmese mountain dogs, and even pit bulls in the U.S. who are trained as service dogs (...) it ultimately depends on the temperament of the dog in question. Some breeds are more likely to have that temperament, and that's why they are chosen more, but Patsy passed all his tests and certification with flying colours."

While being refused from the bus forms the basis of the students' complaint, all three also expressed frustration and disappointment with the way they were treated, saying that the supervisor was rude and seemed disinterested in helping.

Deshaies emphasized the re-

fusal of the STS employees to reveal their names and pointed out that the only place they were directed to voice their concerns was the phone number that is publicly available on the bus company's website.

"We ended up being lucky enough to get in contact with someone we know who lives in Fleurimont who was able to come and get us," Rutberg said.

"Otherwise we would have had to wait for the next bus (over an hour of waiting) and hope the next bus driver was different."

The Bishop's alumna pointed out that while Costanzo is moving away to pursue graduate studies, there are currently several other students at Bishop's who have service dogs whose rights need to be preserved and respected.

Since making the complaint on Thursday morning, the students say that they have received affirmation from the STS that psychiatric service dogs are allowed on the city's busses, provided that certification can be show proving that they are legitimate, trained, service animals.

France Croteau of the Regroupement des utilisateurs du transport adapté de Sherbrooke Métropolitain, a group advocating for the rights of those requiring adapted transport in the greater Sherbrooke area, said that she has never heard of service dog access being an issue in the city before.

"It's not permitted in any public space to deny a service dog access," Croteau said, "the driver probably didn't know, because the he STS knows that the laws need to be upheld."

Pedestrian, bike accidents up in region

Record Staff
SHERBROOKE

The Eastern Townships was the only region in Quebec to see an increase in road accidents involving cyclists and pedestrians last year, according to the latest road safety report by the SAAQ, the Quebec automobile insurance corporation.

In 2013, 83 pedestrians were involved in road accidents, up from 74 in 2012.

Four people died as a result of these incidents. Bicycle accidents went from 51 to 56 over the same period.

The report was issued during Highway Safety Week.

As reported in The Record on

Friday, the Sherbrooke police department organized an outreach program last week to encourage pedestrians to adopt safe practices with regard to buses.

"We want to make them aware that the blind spots are not the same as for cars. For buses, they are much larger, hence the importance of making eye contact before crossing to be sure you're seen. Just because we can see the driver doesn't mean that he can see us," says SAAQ safety consultant Marie-Eve Laforest.

Pedestrians are also being reminded that crossing streets illegally ("jaywalking") is subject to a \$40 fine.

Last week, a 31-year-old mother of three was struck and killed by a semi-trailer on the corner of King and Saint-François, renewing concerns over cycling and pedestrian safety within the city.

"It seems to have had an impact in the minds of people to see that, yes, accidents with heavy vehicles do happen," Laforest says.

While last week's fatal accident has spurred calls for increased safety at crosswalks and more bike paths, the campaign is aimed to remind pedestrians and cyclists that they have an important role to play in their own safety through their behaviour.

Gas leak in Lennoxville

Record Staff

A gas leak closed sections of Speid, Church, and Hunting streets in Lennoxville Saturday, just after the borough's annual Friendship Day.

According to authorities, a tent pole used during the event

damaged the gas line feeding Saint-Antoine school.

Emergency services were called in just before 6 p.m. and closed the area to traffic. A small apartment block was also evacuated.

The situation returned to normal early Sunday.



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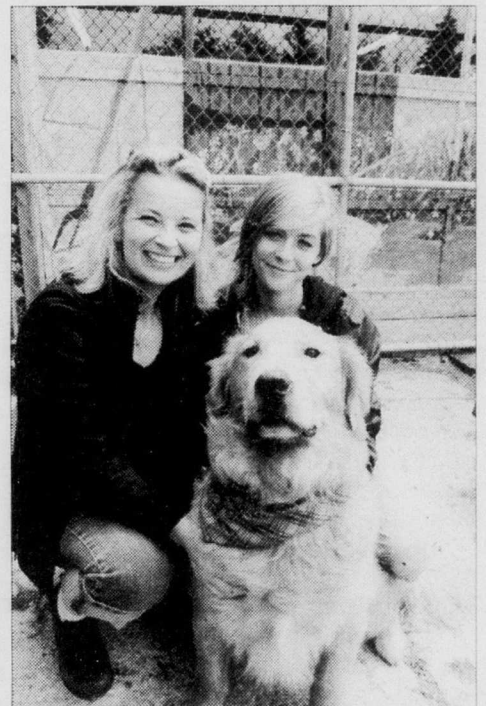
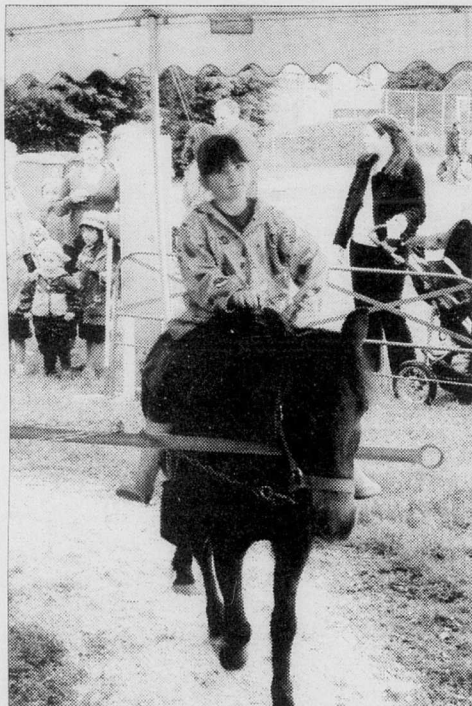
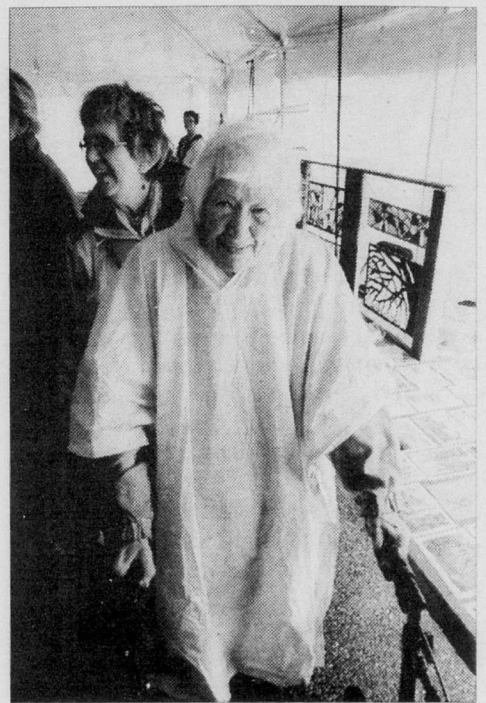
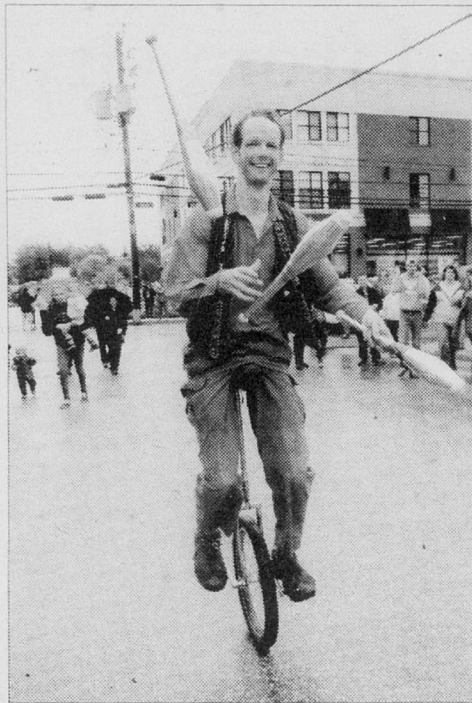
NEWS

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Lennoxville celebrates 25th Friendship Day



ALL PHOTOS ON THIS PAGE BY MATTHEW MCCULLY

Read all about it - Two decades of headlines compiled into 2 books

The Record has scanned and digitized original copies of the front pages of our newspaper from the turn of the century. Read about the efforts and sacrifices of two World Wars, the Depression, fires, floods, crime and punishment. More than that, the pages are a testament to the builders and leaders whose names grace our street signs and institutions. The Record was a driving force behind the formation of boards of trade, a watchdog over town councils, a lead advocate for the extension of the railway to local communities and a vigilant protector of the region's natural resources.

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Friendship

CONT'D FROM PAGE 1

endeavours by the community, for the community.

Shirley Bassett hosted an estate sale in the United Church, selling a number of quilts made by her late sister Esther, who passed away three years ago. The money raised will go to the Lennoxville United Church Women, Unit six.

In conjunction with Friendship Day, a fundraiser was held at Blue Seal, to support man's best furry friends through the Lennoxville pet connection.

The car wash was cancelled, because the rain did that job for free, but a barbecue and sale in the Blue Seal store attracted a fair number of supporters, according to owner Jen Young.

Ashland, the Pet Connection mascot, also got the chance to enjoy countless belly rubs from patrons and wait patiently for someone to drop a hot dog on the ground.

Sutton council expediting town hall renovation

By Matthew McCully
Special to The Record
SUTTON

A special meeting of the municipal council of Sutton was held last Thursday, June 12, where main item on the agenda was the notice of motion for a borrowing bylaw in the amount of \$3,950,000 for the renovation of the town hall.

Another special meeting of the council is scheduled to take place tonight at 7:30 p.m. to present the borrowing by-law.

The renovation, a point of contention with the previous council, is back on the table despite campaign promises made by newly-elected Mayor Louis Dandenault to maintain the building as an administrative centre and stagger repairs as needed.

Councillors Serge Poirier and Kenneth Hall were absent from the meeting, which roughly 50 residents attended.

The first item on the agenda was the modification of Pleasant Street, previously one-way, which will be returned to a two-

way street.

Councillor Veerle Beljaars explained that signage will indicate that the area is a residential zone, no heavy trucks will be permitted on the street, and the speed maximum will be 30 km/h.

Beljaars said that once the street becomes two-way, if residents complain that there is too much traffic, a counter will be put on the street to survey circulation.

A notice of motion for a borrowing by-law for \$978,000 for paving work on Dyer Road, Woodard Road and the parking lot at Veteran's Park was stricken from the agenda at the beginning of the meeting.

Some residents questioned if the work mentioned in the by-law would be carried out eventually.

Mayor Dandenault said that the motion was stricken after discussions with council earlier in the day, in favour of other projects.

Councillor Winston Bresee said he was optimistic that the

work, agreed to be a necessity, would eventually be done.

The notice of motion for the \$3.95 million for renovations to the town hall bylaw was adopted.

During question period a number of concerns were raised. The proposed renovation is being planned under the assumption that the town will qualify for a 65 per cent subsidy for the project.

One resident pointed out the criteria for the subsidy require that the building in question have issues of structural integrity, and pose health and safety hazards, and asked whether the town hall would qualify.

Bresee and Mayor Dandenault referred to studies presented by the previous council. "Those were all discounted by you to get yourselves elected," said another resident.

Dandenault stood firm in his position, stating that the town hall renovation, an issue that has been ongoing in Sutton since the 1990s, is a necessity,



MATTHEW MCCULLY

Sutton town council held a special meeting on Thursday evening to make a notice of motion for a borrowing by-law for major renovations to the town hall. A second special meeting will take place Monday at 7:30 p.m. to present the motion.

and will benefit the community as a whole when completed.

Because it was a special council meeting, and only topics up for discussion were those on the agenda, when the meeting came to a close Dandenault said the council would be willing to discuss other topics with the citizens informally.

An issue of great concern to a number of citizens was the addition of Hydro Quebec smart

meters on homes in Sutton.

One resident alleged that the smart meters pose health risk due to electro-magnetic radiation, and invited the town to join a class action suit to bar the meters from being used allowed in the municipality.

The conversation evolved into a debate as to whether it is part of the town's mandate to involve itself in individuals' decisions.

Reader Survey

The Record would like to take this opportunity to ask readers to share their views, between now and June 30, on their daily newspaper to ensure this 117-year-old paper continues to respond to the needs of the community.

At the close of the survey, The Record will randomly select the names of three respondents who will win a copy of The Record history books 1911-1920 and 1921-1930.

Where do you live?

How do you get The Record?
 Print subscriber
 Online subscriber
 Purchase at newsstand
 Read a friend/relative copy

What other local news sources do you follow?
 CBC
 French-language media
 Online sources
 Other

The Record is committed to covering news and events relevant to readers in the Townships. How would you rate your level of satisfaction with The Record's content?
 Very Satisfied
 Satisfied
 Not satisfied at all

Unlike other media, The Record covers a vast geographic area in areas largely populated by English speakers. What areas do you believe The Record could cover better?

The Record endeavours to bring a cross-section of views and opinions. Please list columnists in order of preference beginning with 1 as favourite.

- Ross Murray
- Tim Belford
- François Tanguay
- Rev. Steven Black
- Susan Mastine
- Tom Cavanagh
- Sheila Quinn
- Good Reads
- Mike McDevitt
- Other (please specify): _____

Readers have told us sports coverage is important to them. Please list, in order of importance, which sports you want to read in The Record with 1 being most important:

- NHL
- national sports coverage
- high school sports
- Bishop's Gaiters
- Champlain Cougars
- Sherbrooke Phoenix
- Other local sports
- Running and fitness
- Other (please specify): _____

Do you patronize businesses that advertise in The Record?

- Yes
- No

Would you patronize a business that specifically declines to reach out to the English community through advertising?

- Yes
- No

The Record celebrated its 117th anniversary this year. How important is it to you to

have an English-language daily newspaper in the Townships?

- Very important
- Important
- Not important at all

The Record uses a complex distribution system of sub-contractors, Canada Post, ground carriers and door-to-door carriers to deliver the newspaper to all corners of the Townships. When you report delivery problems, what is your level of satisfaction with the result?

- Very satisfied
- Satisfied
- Not satisfied at all

The Record has a web site, Facebook and Twitter accounts as well as a full online edition of the newspaper. Do you follow The Record online?

- Always
- Sometimes
- Never

In your opinion, what could The Record do to increase readership?

If you would like to have your name entered in the random draw for The Record's History book, please complete:

NAME: _____

ADDRESS: _____

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BMP hospital reviewing arthroscopic patients after errors found

Record Staff

Petrucci.

Some users of Cowansville's Brome-Missisquoi-Perkins Hospital are involved in a series of preventive measures initiated following an observed irregularity in the handling of a surgical instrument used during arthroscopic knee and shoulder procedures.

The measure affects 98 patients at the hospital between June 2013 and January 2014.

There have been errors in the handling of a trocar during the cleaning, brushing, and sterilization process.

"The problem didn't affect the sterilization itself, but the dismantling of the instrument," insists CSSS La Pommeraié Director Bruno

Faced with a difficult situation, the hospital has undertaken to reach all the affected patients and offer them a blood test.

A team has also been established, with the participation of a microbiologist and infectious disease specialist from the hospital and the collaboration of the National Institute of Public Health, to address risks inherent in this mishandling.

"The risks are clinically very low, but there is always a risk, which is why we are being proactive," Petrucci says.

The hospital says the special measures, blood sampling, and reporting of results should be completed by the end of the month.

Welfare fraud earns free accommodation

Record Staff
SHERBROOKE

It was during a visit to legal aid under a false name that Audet-Lemay was recognized.

A Sherbrooke woman who falsified documents to conceal her assets and income to qualify for social assistance has been sentenced to seven months in prison.

Ginette Audet-Lemay falsified mortgage documents for her property to qualify for government assistance and to have access to legal aid.

Charges of identity fraud were added to the welfare fraud charges as Audet-Lemay used false identification to change her identity.

Audet-Lemay pleaded guilty and was sentenced to seven months in prison by Court of Quebec Judge Conrad Chapdelaine.

EDITORIAL

We need to do more than just get off fossil fuels, although that's a priority. We need to conserve, cut back and switch to cleaner energy sources.

Yes, pipeline spills are good for the economy

By David Suzuki

Energy giant Kinder Morgan was recently called insensitive for pointing out that "Pipeline spills can have both positive and negative effects on local and regional economies, both in the short- and long-term."

The company wants to triple its shipping capacity from the Alberta tar sands to Burnaby, B.C., in part by twinning its current pipeline. Its National Energy Board submission states, "Spill response and cleanup creates business and employment opportunities for affected communities, regions, and cleanup service providers."

It may seem insensitive, but it's true. And that's the problem. Destroying the environment is bad for the planet and all the life it supports, including us.

But it's often good for business. The 2010 BP oil spill in the Gulf of Mexico added billions to the U.S. gross domestic product!

Even if a spill never occurred (a big "if," considering the records of Kinder Morgan and other pipeline companies), increasing capacity from 300,000 to 890,000 barrels a day would go hand-in-hand with rapid tar sands expansion and more wasteful, destructive burning of fossil fuels — as would approval of Enbridge Northern Gateway and other pipeline projects, as well as increased oil shipments by rail.

The company will make money, the government will reap some tax and royalty benefits and a relatively small number of jobs will be created.

But the massive costs of dealing with a pipeline or tanker spill and the resulting climate change consequences will far outweigh the benefits. Of course, under our current economic paradigm, even the costs of responding to global warming impacts show as positive growth in the GDP — the tool we use to measure what passes for progress in this strange worldview.

And so it's full speed ahead and damn the consequences. Everything is measured in money. B.C.'s economy seems sluggish? Well, obviously, the solution is to get fracking and sell the gas to Asian markets.

Never mind that a recent study, commissioned by the Canadian government, concludes we don't know enough about the practice to say it's safe, the federal government has virtually no regulations surrounding it and provincial rules "are not based on strong science and remain untested."

Never mind that the more infrastructure we build for polluting, climate-disrupting fossil fuels, the longer it will take us to move away from them. There's easy money to be had — for someone.

We need to do more than just get off fossil fuels, although that's a priority. We need to conserve, cut back and switch to cleaner energy sources.

In Canada, we need a national energy strategy. And guess what? That will create lasting jobs! But we must also find better ways to run our societies than relying on rampant consumption, planned obsolescence, excessive and often-pointless work and an economic system that depends on damaging ways and an absurd measurement to convince us it somehow all amounts to progress.

It's not about going back to the Dark Ages. It's about realizing that a good life doesn't depend on owning more stuff, scoring the latest gadgets or driving bigger, faster cars.

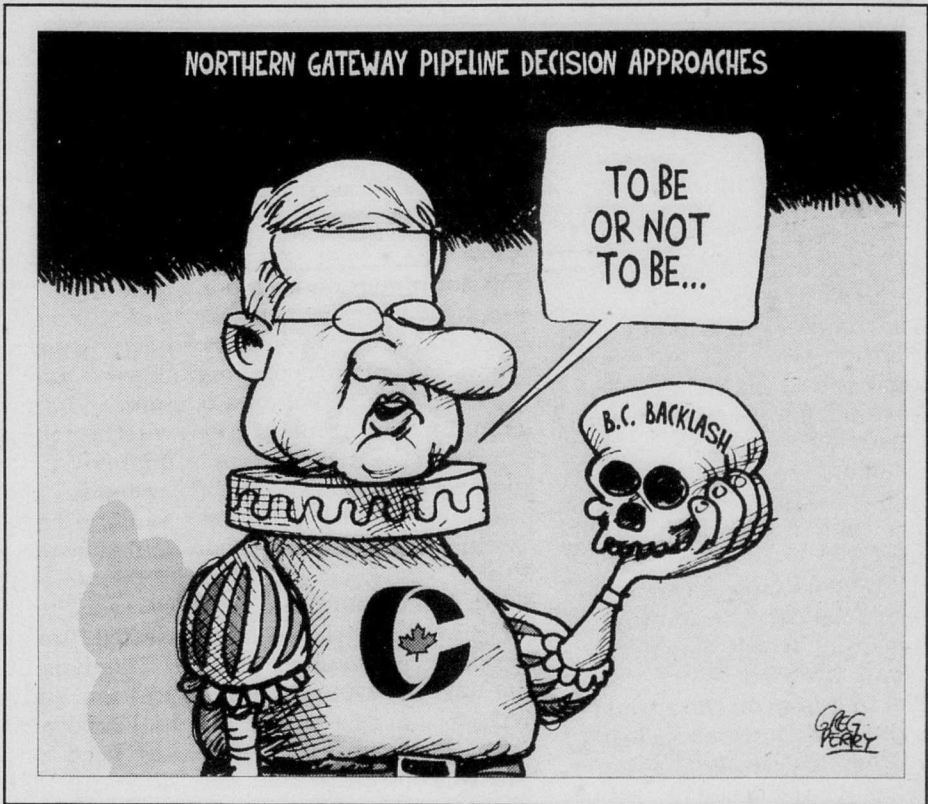
Our connections with family, friends, community and nature are vastly more important.

Yes, we need oil and gas, and will for some time. Having built our cities and infrastructure to accommodate cars rather than people, we can't turn around overnight.

But we can stop wasting our precious resources. By conserving and switching to cleaner energy, we can ensure we still have oil and gas long into the future, perhaps long enough to learn to appreciate the potential of what's essentially energy from the sun, stored and compressed over millions of years.

If we dig it up and sell it so it can be burned around the world, we consign ourselves to a polluted planet ravaged by global warming, with nothing to fall back on when fossil fuels are gone.

Scientists around the world have



been warning us for decades about the consequences of our wasteful lifestyles, and evidence for the ever-increasing damage caused by pollution and climate change continues to grow.

But we have to do more than just wean ourselves off fossil fuels. We must also look to economic systems, progress measurements and ways of living that

don't depend on destroying everything the planet provides to keep us healthy and alive.

Written with Contributions from David Suzuki Foundation Senior Editor Ian Hannington.

Learn more at www.davidsuzuki.org.

Letter

DEAR EDITOR:

We now have about half a million pieces of junk orbiting the planet.

This will increase and sooner or later will become a big problem. So perhaps we should consider forgetting about space travel (this is boring) and create a protective shield or halo around our planet.

This could be done by putting all

our garbage, junk and stuff that doesn't sell at garage sales into orbit.

So any aliens who try to reach our planet would be simply blown to pieces by all our garbage and stuff. It might also block enough sunlight so as to prevent global warming.

And Mr. Harper; a crazy idea is still better than no idea.

JASON KIRPAN
GEORGEVILLE

LOCAL BRIEF

Hatley Township wins Ministry award

Record Staff

Hatley Township is one of eight winners of a Municipal Merit Award from the Minister of Municipal Affairs and Land Occupancy, Pierre Moreau during a ceremony, June 6 at the National Assembly.

Presented as part of Quebec's Municipality Week, the awards recognize individuals and organizations that have made outstanding contributions to the well-being and development of their community.

In Hatley Township, the work of the environment committee caught the attention in the 'Municipality and Sustainable Development' category.

"For over 10 years, the councillors on the committee have focused their collective vision on the sustainable development of their communities. Through the implementation of a multitude of realistic projects, conducted jointly by the municipality and its citizens, the Committee has encouraged residents to change their behavior," the award citation reads.

THE RECORD

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QUEBEC	1 YEAR	135.60	6.78	13.53	\$155.91
	6 MONTHS	71.19	3.56	7.10	\$81.85
	3 MONTHS	36.16	1.81	3.60	\$41.57

ON-LINE SUBSCRIPTIONS

QUEBEC	1 YEAR	71.50	3.58	7.13	\$82.21
	1 MONTH	6.49	0.32	0.65	\$7.46

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RACHEL WRITES

Many of the Townships objects are in museums that are on the famous Townships Trail, or Chemin des Cantons.

100 Objects

CONT'D FROM PAGE 1

If you choose "Region," just scroll down to "Estrie" and then "Montérégie" - the objects in both of these administrative regions are all from the historical Eastern Townships, or nearby. A few more are found in the Chaudière-Appalaches and Centre-du-Québec regions.

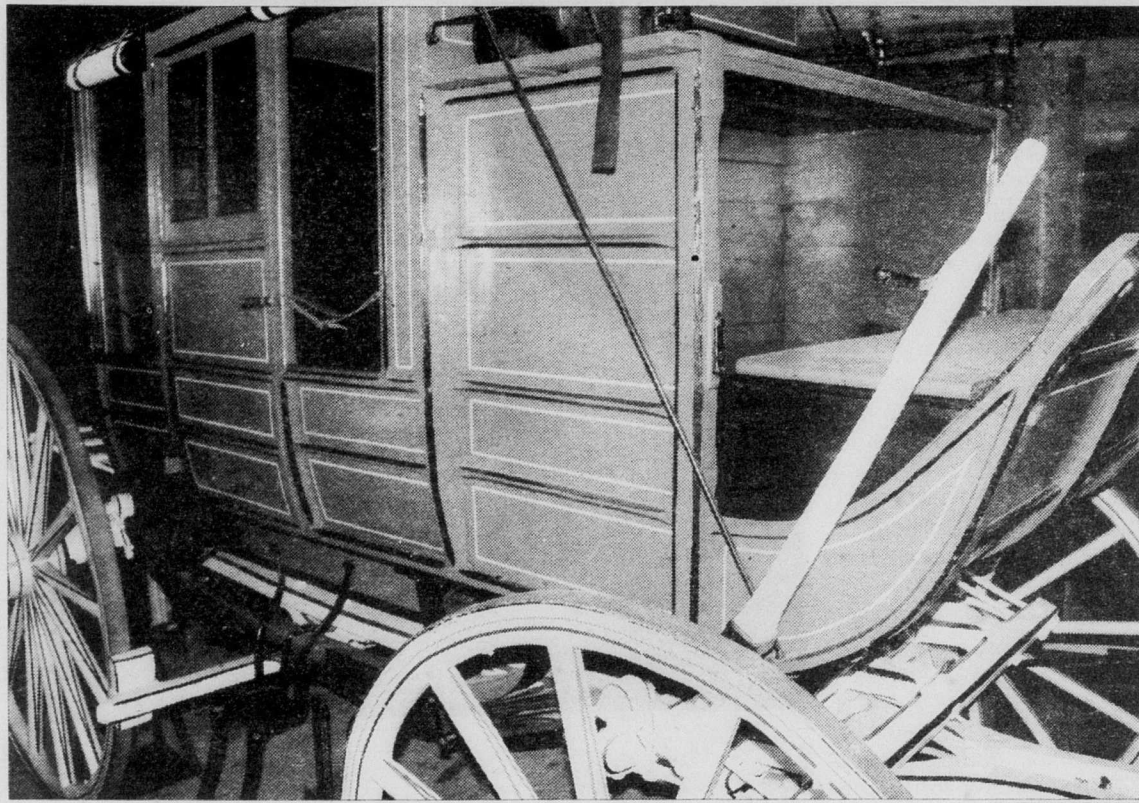
A click on one of the thumbnail photos will bring you to each object's page. There, the object introduces itself. Four rotating photos reveal it. Its significance is explored in an article.

Below the photos is information about where to find it. The objects bear the traces of early settlers, the most recent returnees, and the many generations between the two.

Many of the Townships objects are in museums that are on the famous Townships Trail, or Chemin des Cantons.

Many, perhaps most, of the Trail's attractions tell a bit of the story of the English-speaking people of the region. It's a trail of tears and joys. For its route, visit www.eastertownships.org, or a tourist centre near you.

For 100-objects buffs who want to venture further afield,



MATTHEW FARFAN

The grand old stagecoach at the Colby Curtis Museum in Stanstead. It's Object No. 33 in the Identity of English-speaking Quebec in 100 Objects. To see it live, visit the museum. To view it virtually, visit 100objects.qahn.org.

two other spin-offs of the British Museum's idea include one from Ireland and one from Malta.

The Irish 100 objects project

was also launched in 2013. The objects "belong to all Irish people, and because Irish people have spread all around the world, they belong to the world

as well," says the little video description.

"They tell a story that has meaning for everyone. The way one small culture survived and

changed by reacting to all of the forces and energies good and bad that were coming at it from the outside."

The first object from Ireland is a Mesolithic fish trap from about 5000 BC. The last is a gun - a decommissioned AK47, from 2005. Just Google "100 objects Ireland" to find more information.

Malta, that intriguing island south of Italy, just launched its 100 objects project this spring. It's called "MALTA - The Great Story of a small Island-Nation through 100 Objects."

"Each object on display tells a unique story, but when combined, these objects narrate the glorious history of an island-nation whose destiny was largely influenced by its geographical location and by the civilizations that settled within its shores. View each artifact in detail by visiting the online exhibition timeline at www.heritage-malta.org/timeline."

Facebook tells you that, but the timeline isn't quite ready yet. Guess you just have to go there to see it - "there" being the National Museum of Archaeology in Malta.

Ra.writes@gmail.com

Ye Original Olde Craig's Road Object 9 of 100

by Rachel Garber

"I am a 100-foot section of the old Craig's Road. Long since abandoned, I remember the day I was opened. I stretched between Quebec City and Boston, but my steep hills and deep mud made travellers miserable. Over my corduroy they came, and I did my best to carry them to a better place. Now I lead to a small cemetery, where some who passed my way now rest."

That's the voice of Craig's Road. Venture to the far northeast reaches of the historical Eastern Townships, in the Municipality of Saint-Sylvestre. There you will see a unique stretch of that marvel of the pre-1812 era in Quebec - Craig's Road.

The roughly 100-foot stretch of road is unique because it is unpaved and uncovered. Today, it's a gravel track leading to an old cemetery, the St. Sylvestre West Anglican and Presbyterian Graveyard.

It is preserved in approximately its original state, and is a designated historical site. But 200 years ago, it was part of a highly controversial and highly

heralded stagecoach road from Quebec City to Boston - the first ever.

Politics, nationalism, war - they all played a role in the short-lived road. A military force built it in 1810, under the direction of James Henry Craig, Governor General of the Canadas and Lieutenant Governor of Lower Canada. Born of Scottish parents in Gibraltar, Craig was a former military officer. He died in 1812.

But his last hurrah - the great Craig's Road - essentially died before he did.

"By the spring of 1811, nature's reality confronted the stage coach operation with the spring thaw. Combined with the severe hills of the portion from St. Sylvestre and Leeds to the Trout Lake, and the low-lying regions which flooded the corduroy sections of the road, the stage coach quickly became dysfunctional. In addition, no infrastructure such as inns of note existed, and when they did, they were of questionable repute and quality."

That's how Steve Cameron described its demise. He's co-



RA GARBER

Steve Cameron points out the little 100-foot stretch of original Craig's Road in Saint-Sylvestre, Quebec. For about a year, the rocky track was part of a stagecoach road from Quebec City to Boston. But for more years than that, it conducted European settlers - many of them English-speaking - to the Eastern Townships.

founder of the Irish historical and heritage group Coirneal Cealteach.

Cameron submitted this stretch of Craig's Road to the "Identity of English-speaking Quebec in 100 Objects" project.

It is Object No. 9. And that is where his article is found, on 100objects.qahn.org.

It describes the tumultuous short life of Craig's Road, as well as the short stretch that can still be walked in as-close-as-can-be to its original state, with a thought to the original English-speaking or Gaelic-speaking settlers who came to the Townships from Europe.

"For all of those whose ancestors settled this area prior to 1840, it is a certainty that they actually passed on this specific piece of road," wrote Cameron.

For the story of Craig's Road, see 100objects.qahn.org, or order the 100 Objects DVD from QAHN at 819-564-9595. To see the road itself, visit Saint-Sylvestre.

Contact Steve Cameron, tiranogsa@gmail.com for more information.

Ra.writes@gmail.com

RACHEL WRITES

Each child arrived with a wooden box packed with items needed to begin their new lives.

One of 100, one of 50 Home Child Box of Frederick Willams

by Rachel Garber

"I am the strong wooden box that held all the worldly possessions of Frederick Williams. I carried his new mittens and winter boots for a country of snow and ice, and the work clothes of a boy not yet a man, but with a man's task ahead of him. All that he owned in the world fit inside of me, and I hoped it was enough."

That's a box speaking. The box that belonged to Frederick Williams. He was one of 100,000 children sent from Great Britain to Canada between 1869 and the late 1930s. They were sent to work as domestic servants and farm labourers.

Like Frederick, each child arrived with a wooden box packed with items needed to begin their new lives. The boxes contained work clothes, a Bible and a copy of *The Pilgrim's Progress* by John Bunyan. Today, most of the "home children" are no longer living. But their boxes re-

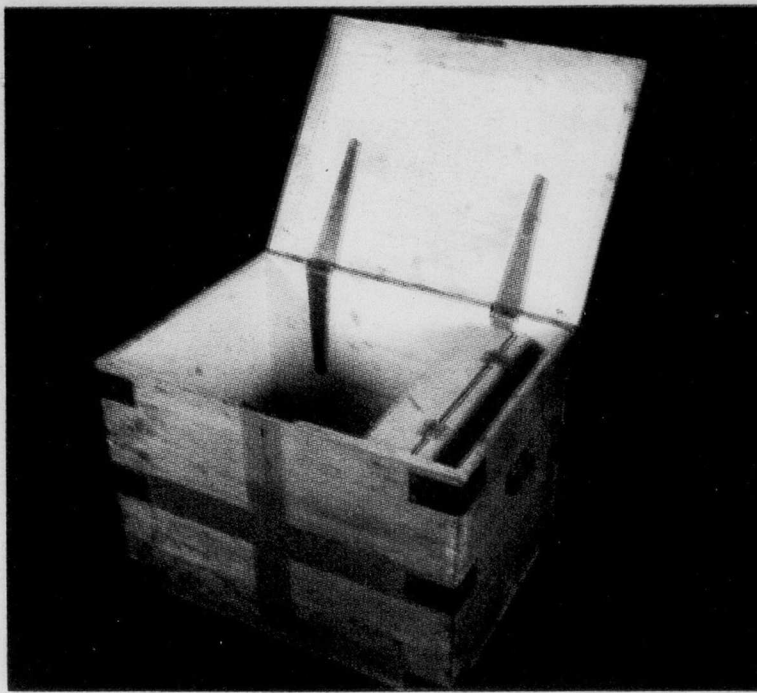
main as telling reminders of the great upheaval in the lives of these many children.

One of these boxes is preserved at the Missisquoi Museum in Stanbridge East. It is one of the 50 objects on display to mark the museum's 50th anniversary. Its story is told on the 100 Objects website of the Quebec Anglophone Heritage Network at 100objects.qahn.org.

The "home" in "home children" refers to an orphanage. But most of the children in fact had families. The problem was that their families were too impoverished to care for them.

The British government's cost-effective solution was to ship them to Canada. Sending a child to Canada cost about the same amount as supporting a child for a year in an orphanage. The influx of young workers was also the Canadian government's cost-effective solution to a shortage of farm labourers.

"The children faced hard work, and for the rest of their



RA GARBER

The Pine "home child" box that came to Canada with Frederick Erasmus Charles Williams, age 15. It's on exhibit this summer in the Missisquoi Museum, and it is featured on 100objects.qahn.org.

lives they carried the emotional scars of leaving their families," wrote Heather Darch. Some were adopted and cared for. Others faced abuse and exploitation.

Darch's article accompanies Object No. 48 on the website 100objects.qahn.org. She is the curator of the Missisquoi Museum, and was a key member of the team that created the 100 Objects website.

"In Quebec, nearly 7,000 children were transported to the Eastern Townships to receiving homes in Sherbrooke, Knowlton, Magog and Richmond," wrote Darch. "The Gibbs Home for Boys in Sherbrooke took in 2,064 children between 1886 and 1939."

Frederick's full name was Frederick Erasmus Charles Williams. He was born on February 19, 1897, in Farnham, Kent, England. "He was not an orphan when he boarded the SS Victorian at the age of 15, along with 23 other boys," wrote Darch. "Everything he owned was packed into a lacquered pine box painted with a red cross on all four sides and stencilled with his final destination, the Gibbs Home, and in the care of 'the Matron,' probably the long-serving Margaret MacIver.

"He arrived at Quebec on June 14, 1912, and was placed under the direction of Thomas Keely. Frederick Williams began working for Edward Knott as a farm labourer in West Shefford, Quebec, by the summer of that same year. The following year he was moved to Cowansville, Quebec, where he worked for Bruce Miner from 1913 to 1917. On June 14, 1917, Frederick joined the Canadian Expeditionary Force and served as a gunner in the 7th Brigade Canadian Field Artillery. On his attestation paper, Frederick listed his home address as the Gibbs Home and his next of kin as Thomas Keely. Frederick died from Spanish Influenza on December 3, 1918, at the age of 21. He was buried in Valenciennes Cemetery, France."

Of this short and tragic life, only a half-metre-long Pine box bears testimony in Canada. For more of Frederick's story, and that of other home children, see 100objects.qahn.org.

To see the box itself, visit the Missisquoi Museum at 2 River Road, Stanbridge East, any afternoon between May 25 and October 12. For information, call 450-248-3153 or email info@missisquويمuseum.ca.

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Local Sports

"There were things they did we were extremely pleased with and there were others you're, 'OK,' - Montreal Alouettes head coach Tom Higgins

Sophomore Masoli rallies Ticats to exhibition CFL win over Alouettes

By Dan Ralph
The Canadian Press
HAMILTON, ONT.

Jeremiah Masoli made an impressive pitch Saturday to move up the pecking order with the Hamilton Tiger-Cats.

Masoli threw three second-half touchdown passes to lead Hamilton past the Montreal Alouettes 28-23 in the CFL exhibition opener for both teams Saturday. The sophomore completed 9-of-13 passes for 137 yards and also added a game-high 28 yards rushing on six carries.

"We're all competitors and we all want to play, right?" Masoli said. "No different for myself, I want to play every game."

"I definitely feel better than last year. Part of that is being confident with being back again in this system."

Masoli put Hamilton ahead 28-23 with a 16-yard TD pass to Sam Giguere at 9:21 of the fourth quarter before 5,573 spectators at Ron Joyce Stadium. Montreal led 23-21 on Delbert Alvarado's 26-yard field goal at 2:27.

Masoli gave Hamilton a 21-20 advantage with two third-quarter TD strikes. He hit C.J. Gable on a six-yard pass at 6:32, then capped a 105-yard, six-play march with a 20-yard toss to Luke Tasker at 12:31. Alvarado's 43-yard field goal had put Montreal ahead 20-7.

"Jeremiah ran the offence very well," Ticats head coach Kent Austin said. "He ran the ball, he saw coverage... he made his zone reads very well, just had a full command of the offence."

Newcomer Zach Collaros, who started against Montreal, is Hamilton's clear-cut No. 1 quarterback. But Masoli outplayed Dan LeFevour (4-of-12 passing for 45 yards with two interceptions), his com-

petition for the backup job.

But Austin wouldn't say if Masoli had the upper hand for the backup job.

"We expect all our guys to play well," he said. "We don't distinguish much between starters and backups because many guys have to play in a long season. "Anybody who takes the football field, we expect them to play like a starter."

Collaros, signed this off-season after being released by the Toronto Argonauts, played the first quarter. He was 5-of-8 passing for 52 yards and had a 13-yard run.

"I thought Zach did well," Austin said. "He was accurate, he made a play that turned into a first down with his feet, moved the sticks, made some throws."

Tyrell Sutton and Kyle Graves had the Montreal touchdowns. Sean Whyte added the converts and a field goal while Alvarado booted two.

LeFevour scored Hamilton's other touchdown. Brett Lauther had two converts while Justin Medlock added one.

With incumbent Troy Smith not dressed, Montreal started Tanner Marsh before Alex Brink and Collin Klein took turns under centre. The trio combined to finish 17-of-31 passing for 197 yards with a TD and two interceptions.

"There were things they did we were extremely pleased with and there were others you're, 'OK,'" Montreal head coach Tom Higgins said.

"But a lot of times the quarterbacks get too much credit and too much blame with how things go.

"When all is said and done, the fact we got through this football game relatively healthy and had the opportunity to evaluate and see the players play that needed to play, we got done what we needed to get done."

Brink was Montreal's most effective

quarterback, completing 7-of-10 passes for 90 yards and a TD. Marsh was 6-of-11 for 50 yards and an interception while Klein finished 4-of-10 for 57 yards and an interception.

Brink's nine-yard TD strike to Graves at 13:38 of the second staked Montreal to a 17-7 halftime lead. Graves, the former Acadia quarterback trying to make the Alouettes as a receiver, scored after Whyte connected from 43 yards at 10:20 to break a 7-7 tie.

Sutton opened the scoring with a one-yard TD run at 9:33 of the first, set up by a pass interference call in the end zone on Hamilton's Brandon Stewart. Montreal took over at the Ticats' 25-yard line after Medlock was tackled recovering an third-down errant snap resulting in a 40-yard loss on the play.

LeFevour tied it with a one-yard TD run on third down on the final play of the first. It was set up by a pass interference call on Montreal's Michael Carter in the end zone after Hamilton's Eric Norwood forced and recovered a fumble on a punt return.

Training Camp update

On Sunday, the Alouettes released six players, most notably Sherbrooke receiver Ismael Bamba. The others let go were wide receiver Jheranie Boyd, running back Robert Godhigh, defensive end C.J. James, quarterback Collin Klein and linebacker Stephon Roberts. Offensive lineman Pascal Baillargeon was added to the six-game injured list. Four more transactions were to be announced late Sunday. CFL rosters had to be down to 65 by midnight Sunday.

The Alouettes return to training camp at Coulter Field in Lennoxville on Monday.

Montreal vs. Hamilton June 14, at Ron Joyce Stadium

Team Statistics

	Mtl	Ham
First downs	17	20
Yards rushing	43	59
Yards passing	196	234
Total offence	239	293
Team losses	19	59
Net offence	220	234
Passes made-ried	18-31	17-32
Returns yards	130	103
Interceptions-yards by	2-34	3-31
Fumbles-Lost	1-2	1-1
Sacks by	3	3
Punts-average	9-42.8	9-41.8
Penalties-Yards	11-136	14-89
Time of Possession	29:21	30:39
Net offence is yards passing, plus yards rushing, minus team losses such as yards lost on broken plays.		

Individual Statistics

Rushing

Mtl: Godhigh 6-13, Rutley 7-12, Sutton 3-7, Klein 1-6, Whitaker 3-5. Ham: Masoli 6-28, Sofele 6-15, Collaros 1-12, LeFevour 3-2, Gable 3-2.

Receiving

Mtl: London 7-87, Deslauriers 2-34, Graves 3-27, Stafford 2-23, Cleckley 2-18, Carter 1-7. Ham: Grant 2-56, Gable 4-38, Tasker 3-36, Giguere 3-30, Brown 2-20, Dell 1-20, Fantuz 1-18, Koch 1-9, Aprile 1-7.

Passing

Mtl: Brink 7-10, 85 yards, 1 TD, 1 int, Marsh 6-11-54-0-1, Klein 4-10-57-0-1. Ham: Masoli 9-12-137-3-0, Collaros 5-8-52-0-0, LeFevour 4-12-45-0-2.

Extreme lose to defending champion Mohawks, 11-8

SHERBROOKE

The Sherbrooke Extreme came close to defeating the defending Quebec Senior Lacrosse League champions, the Kahnawake Mohawks, on Saturday night, but lost by a score of 11-8 at the Julien Ducharme centre in Fleurimont before a crowd of over 200.

Head coach Paul Lehmann had predicted a strong game for his players and especially a brilliant performance by young goalie Sasha Lowry Gagnon.

Mission accomplished on that score, as the Extreme (2-6) were in the game for 60 minutes and the Mohawks (6-1) had to give everything they had in the third period to escape with the victory.

"Our first game against the Mohawks ended with a 9-goal difference in their favour just a month ago," says Lehmann. "Since then, our team has progressed in a big way and tonight only three small goals made the difference in a game that could have gone one way or the other late in the game."

In the first, the Mohawks took a 4-3 lead, but the local team proved that it

wasn't going to go down without a fight.

In the middle period, great performances brought each team three goals and the score at period's end was 7-6 in favour of the visitors.

In the third, the Mohawks used their experience to score four goals while holding Sherbrooke to just a pair.

The Mohawks got goals from Peter Jacobs (4G), Mark Kirby (2G, 3A) Ahsennontie Diabo (2G, 3A), Alex Hill Keado (1G, 3A), Matej Barak and Karah Two Axe against rookie goalie Sasha Lowry

Gagnon who had 37 saves on 48 shots on net.

For the Extreme, goals came from Mathieu Lavoie, the star of the game with one goal and four assists, Dave Lapointe (2G, 2A), Sylvain Perrault, Philippe St James, Jean-Philippe Paquette (2G) and André Laleune (2g, 2a) against goaltender Angus Goodleaf, who stopped 34 of 42 shots.

Sherbrooke's next game is Friday in Chateauguay against the Kahnawake Tomahawks.

Source: Gilles Peloquin



COURTESY QSL

The Sherbrooke Extreme came close to the upset, but suffered their sixth loss in eight games.

International junior hockey coming to Sherbrooke

Some of the best junior hockey players from Canada, Russia, and the Czech Republic will be coming to Sherbrooke this summer to prepare for the 2015 World Junior Hockey Championship to be held from December, 26 2014 to January 5, 2015 in Montreal and Toronto.

Players participating in the Team Canada summer development camp in Montreal will play exhibition games against the two opposing teams at the Sports Palace between August 3 and 9, as well as in Brossard and Montreal.

Hockey Canada made the announcement late last week, when they announced that Benoit Groulx of the Gatineau Olympiques would coach this year's edition of the squad.

Ticket information for all games will be released on June 23 on Hockey Canada's website.

Bug-proof your summer

FROM CONSUMER REPORTS®

by the editors of Consumer Reports

Deet. Yard foggers. Bug zappers. In the quest for an insect-free summer, Americans turn to a bevy of products that companies promise will repel, trap, kill or otherwise neutralize pests, notes Consumer Reports.

The attraction of those products is all too understandable. Not only can mosquitoes, ticks and stinging insects like yellow jackets ruin summer fun, but they can also trigger allergic reactions or carry disease. Serious ones, too, such as Lyme disease, West Nile virus and a new worry for the U.S., tropical diseases such as dengue fever and Chikungunya, or ChikV. Both are debilitating conditions spread by mosquitoes, and they're heading to the U.S. mainland.

Consumer Reports' tests over the years have found that some products, especially chemical-based insect repellents, can help keep away ticks and mosquitoes. But its safety experts also worry about the risks they may pose to people and the environment. "We think that deet and other chemical-based insect repellents should only be used if other measures don't work for you," says Dr. Urvashi Rangan, executive director of Consumer Reports' Consumer Safety and Sustainability Group. "Other methods, such as wearing protective clothing and avoiding the use of scented products

when outdoors, can be effective for many situations."

Joseph Conlon, a retired Navy entomologist who consults with the non-profit American Mosquito Control Association, agrees that it often takes more than one approach to rein in backyard bugs. "Unfortunately, there is still no silver bullet for mosquito problems," he says. "But with careful planning, it's possible to control them."

Consumer Reports offers these steps you can take to control the pests.

— Mosquitoes. Manufacturers now sell mosquito traps that use fans, electric grids or adhesive pads to capture and kill mosquitoes. The devices do kill some of them, but it's unclear whether that translates into "a noticeable reduction in your mosquito population," Conlon says. Even less impressive are devices that use light, sound or smell to lure mosquitoes.

Consumer Reports' safety experts also caution against using yard foggers, which spray repellent from a can. You might inhale the pesticides, including some compounds that might disrupt your hormone system and that have been linked to neurological, developmental and other health problems.

Rangan emphasizes that you're best off doing things that discourage mosquitoes from breeding in the first place. Because they're drawn to murky water, keep your yard free of containers filled with water, such as gutters, birdbaths,

tires, wheelbarrows, wading pools and swimming pool covers. Clear away ivy and decaying leaves, because mosquitoes like cool, dark places. Other steps you might try include using LED or yellow lights on your porch and around your house, and plugging in a fan when on your deck. Citronella, in candles or in the oil in tiki torches, is a mild repellent.

— Ticks. They like tall grass and lots of shade. So keep your lawn mowed, remove leaves and other debris and try to let as much sun into your yard as possible. Consider putting up a fence around your property to keep out deer and other large animals that can carry ticks. And don't forget to check your pets for ticks after they have been romping in the yard.

— Stinging insects. Keep garbage cans and picnic food covered, because bees love discarded food. Most bees and wasps will leave you alone if you don't bother them, so don't swat at them. Nests should be removed only if they are in high-traffic areas. If you can, wait until the fall or winter, when the nests are abandoned. If you need to remove them sooner, do it early in the spring, and early or late in the day when the insects are less active. Always wear head-to-toe protective clothing, and never remove nests if it requires standing on a ladder; call a professional instead. Traps with the chemical heptyl butyrate may help control bees.

Datebook

Today is the 167th day of 2014 and the 89th day of spring.

TODAY'S HISTORY: In 1884, the first U.S. roller coaster began operation at Coney Island in Brooklyn, New York.

In 1903, the Ford Motor Co. was incorporated.

In 1963, cosmonaut Valentina Tereshkova became the first woman in space.

In 2000, the FCC approved the merger of Bell Atlantic Corp. and GTE Corp. as Verizon Communications.

TODAY'S BIRTHDAYS: Stan Laurel (1890-1965), actor/comedian; Barbara McClintock (1902-1992), geneticist; John Howard Griffin (1920-1980), journalist; Joyce Carol Oates (1938-), author; Roberto Duran (1951-), boxer; Laurie Metcalf (1955-), actress; James Hellwig aka The Ultimate Warrior (1959-2014), wrestler; Cobi Jones (1970-), soccer player; Phil Mickelson (1970-), golfer; Tupac Shakur (1971-1996), rapper; Abby Elliott (1987-), actress/comedian.

TODAY'S FACT: The Formula Rossa roller coaster at Ferrari World in Abu Dhabi, United Arab Emirates, overtook the Kingda Ka roller coaster at Six Flags Great Escape in Jackson, New Jersey, as the fastest coaster in the world in 2010, reaching a maximum speed of 149.1 mph.

TODAY'S SPORTS: In 1998, the Detroit Red Wings defeated the Washington Capitals 4-1, winning the Stanley Cup and sweeping the championship series for the second consecutive year.

TODAY'S QUOTE: "By keeping 'peaceful' in this instance, we end up consenting to the destruction of all peace — for so long as we condone injustice by a small but powerful group, we condone the destruction of all social stability, all real peace, all trust in man's good intentions toward his fellow man." — John Howard Griffin, "Black Like Me"

TODAY'S NUMBER: 25 cents — cost of one ride on the Cyclone, the legendary Coney Island roller coaster, when it opened on June 26, 1927.


TODAY'S MOON: Between full moon (June 12) and last quarter moon (June 19).

Bulwer Golden Age Club

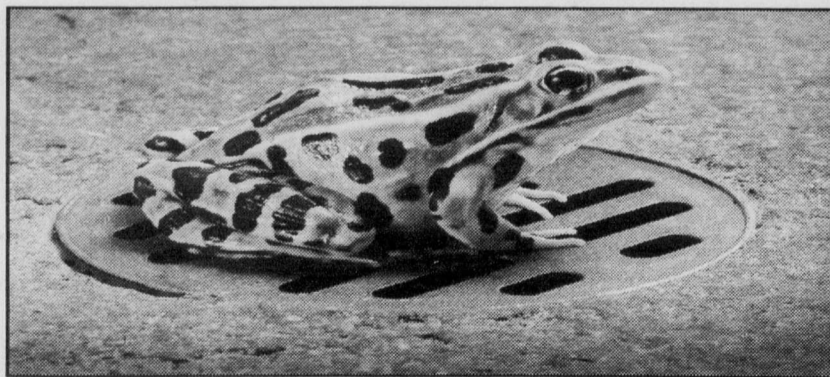
June 3, 2014 - A beautiful day for our last meeting until September 9. Nine tables of 500 cards were played. One table of crib, Doreen and Beulah 1105, Ann and Gail 1152, won by 47 pts. Eight bowlers enjoyed a fun time. Red team won 1st game, Black team won second. Welcome back Raymond and Norma Carrier. Seventy-seven members were present for supper. Grace said by Warren Heath. Menu: Potato salad, bean salad, marinated carrots, mandarin orange salad, sliced ham, rolls. Pies for dessert: coconut, pecan, pumpkin and raisin. Very good. Thanks, Peggy and helpers. A plant and presentation was made to Peggy and helpers.

Keith and Margaret received a gift of appreciation. Thank you. Door prizes: Ferne McC., Diane L., Betty C., Beulah T. and Betty M. Peggy's Goodies: Ferne McC., Anne C., Isabel N., Helene McC., Phil A., Richard C. Birthdays and anniversaries for the summer break. Congratulations to all. Keith wished everyone a great summer. Good health and hope to see you all back. Club will begin again on September 9, 2014. Have a great summer, God bless and take care.

Submitted by Margaret



Robert Frenette, 19 from Woodstock, New Brunswick, along with Katie Neu, 17 of Kitchener, Ontario, are two youths who share one thing in common. They have been bullied. They also work for change. The adversity they faced in school has propelled them to create **BullyingCanada.ca** - an anti-bullying website for youth and by youth. The website offers tips for a **bystander, victim and bully**. The site also features a database of links to other anti-bullying websites. Subscribe to the free e-newsletter "Youth Voices" that highlights anti-bullying work around the country by emailing to: Subscribe@BullyingCanada.ca More information contact them by email at: Info@BullyingCanada.ca or visit their website www.BullyingCanada.ca



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We had to give up our baby girl for adoption because we couldn't care for her properly

MONDAY, JUNE 16, 2014

Annie's Mailbox

Dear Annie: I have been with "Robert" for three years, and we have been through a lot. We've always had financial issues, but six months ago, we had to give up our baby girl for adoption because we couldn't care for her properly.

Emotionally, this has destroyed both of us, but thankfully, I began going to counseling early on, and it has helped. Robert, however, focused on work and is ignoring his feelings on this matter. He has few friends and confided in only one (who was also his boss), who then began bullying Robert.

Robert feels very isolated and was hospitalized for severe depression and put on suicide watch. He is currently on medication and waitlisted for counseling. Robert has never been much of a talker, and I fear he will lie or stop going and miss out on the help he needs. Since leaving the hospital, he has been getting progressively worse: screaming, breaking items in our home, crying randomly and cutting out what few friends he has left. He refuses to speak to his family.

I've tried talking to him, tried finding ways to release his feelings, cried with him and tried giving him his space. Recently, I wrote a letter to his health care provider so he will know what's going on. I want to be supportive of Robert, but I don't know what to do. I feel like I am running out of ways to help him.

I'm also frightened that focusing on Robert's mental health and living in this environment is hindering my health, as well. I don't want to give up on him. What can I do? — The Other Half

Dear Other: Having to give up a child is heartbreaking, even when done in the child's best interests. Your husband desperately needs bereavement counseling. He also may blame himself for not doing enough to keep his family together, and the guilt could be overwhelming his willingness to seek help. In addition, he may resent your "recovery," which makes it difficult for him to heed your suggestions. You both could benefit from checking the information and online discussion forums offered through Concerned United Birthparents (cubirthparents.org), Adoption.org and Adoption.com.

Dear Annie: This has been bothering me for weeks. For Mother's Day, I received text messages saying, "Happy Mother's Day" from both of my older children. I was expecting at least a phone call. They do the same thing on my birthday. I don't keep them on the phone long. I realize they are busy with my grand-

children.

I never say anything to them, but it hurts to think they can't at least have a real-time conversation with me. Is this the new generation's way of communicating? Shouldn't they know better, or am I just being old-fashioned? — Hurting Mama

Dear Mama: Kids communicate by text these days. If you want a phone call, you will have to say so instead of stewing in silence. You are not expecting too much for them to phone you on special occasions, but they can't read your mind, and we suspect they aren't aware that you find it hurtful. Please speak up. (And since they have children, there's no reason you cannot phone and wish them a happy Mother's Day, too.)

Dear Annie: "Thought I Was Part of a Large Family" should be aware that as we grow older, attitudes among siblings can change. My brother and I had a rivalry through college, but as we grew to understand each other (and convinced Dad to stop comparing us), we began to get along much better.

"Thought" should go to the family reunion and see whether she can get to know her distant siblings and nieces and nephews better. There is a real possibility that she could build a good relationship with at least one of them. — K.

Dear Annie: Is there such a thing as an addiction to charitable giving? I cannot seem to say no to anyone with a need or a hard-luck story.

I give generously to my church, wildlife organizations, cancer funds, fire fighter causes and on and on. I give to a number of animal charities. Most folks will drop a dollar or two in the Salvation Army kettles at Christmas. I'm the one who puts in \$20 every time I pass one. I also derive pleasure from handing some stranger a \$10 bill and instructing them to have lunch on me. I do this at least once a week. I also tip quite well.

All of this generosity would not be a bad thing, but I now find myself in debt because I give cash away right and left. How do I cut back? — Overdoing the Tithing

Dear Overdoing: An addiction is characterized by an inability to control the desire to keep doing it. Some addictions are more destructive than others. You seem to recognize that you have a problem, and that is the first step in getting better. You are being kind, yes, but your donations are also self-serving. You

like the way you feel when you are expansive.

Try setting a strict budget. Figure out what you can afford to give away each month. Earmark some for the charities to which you regularly contribute, and put the rest in single dollar bills that you can distribute however you wish. You are less likely to give a stranger a \$10 bill if all you have on you are singles. If you truly want to be a generous soul without breaking the bank, volunteer your time at the local animal shelter or Salvation Army.

Dear Annie: People seem to have difficulty unfriending others on Facebook. I'd like to share with your readers how easy it is to avoid that.

You can limit Facebook friends by making some friends "acquaintances." You can elect to share posts with "friends except acquaintances." That way, not everyone will see what you post, but the people in your network won't know whether they are "friends" or "acquaintances," and there won't be any hurt feelings. You also don't have to "unfriend" someone you aren't that close to. There are other categories, as well. I have a special list called "family."

I think sometimes Facebook users are too quick to add everyone who asks to their "friend" list. I also believe it is a good idea when posting pictures of kids to make sure they are not tagged "public" so that you limit who can see them. — Facebook Extraordinaire

Dear F.E.: Many people don't bother looking into the more complicated aspects of using Facebook and other social media sites, but it's worth the extra effort to avoid unpleasantness down the road. Thanks for your expertise.

Dear Annie: The reader from "Baton Rouge, La.," said she wishes she could bottle the innocence she enjoyed on TV back in the 1950s. Well, this innocence has been bottled, so to speak.

I loved the television shows of the '50s, and a lot of them are now available on DVD and on some of the cable TV stations. I regularly watch "Leave It to Beaver," "My Favorite Martian" and "Mr. Ed." Someday I want to buy "The Adventures of Ozzie and Harriet" and "The Patty Duke Show."

If she does not have access to cable TV stations that run old TV shows, she can easily pick up DVDs from local stores or online and give them to her grandchildren. — Schenectady, N.Y.

Dear N.Y.: Thanks for the great suggestion. Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

Coaticook Area Senior Citizens' Club

May is the month when the first garden crops are beginning to sprout. Many birds are sitting on their eggs which will soon hatch.

Mother's Day, an important day in May set apart in honour of motherhood. Did you know Mother's Day became a public holiday in 1914?

The Coaticook Area Senior Citizens' Club gathered at the Elie Carrier Communautaire, May 20, thirty-three in attendance. This is the last meet until September.

Shirley Desruisseaux, President, conducted a short business meeting. She welcomed all with special mention of Dorothy Woodman who turns 91 this month. Special birthday greetings were extended in song. Dorothy, a member of this club for many years, was given the pleasure of becoming an honorary member, December 6, 2000.

A tune up to improve performance! From time to time, people, clubs, etc., become lacking in energy and ideas for change in the programme. In view of this, Shirley prepared a survey form, whereby, members

were asked to put forward their suggestions, offer to volunteer their services and/or take an office on the executive board. The President will review the results of the survey over the summer break.

The midday meal was very tasty. Tomato juice, crusty bread, pork chops in a mushroom sauce, mashed potatoes, green salad, birthday cake, ice cream and fruit cocktail. Shirley offered the Grace.

All May birthdays were acknowledged, half and half drawings were won by Betty Haskell, Mary Lessard and Arnold MacKeage.

The afternoon activity was an art "Show and Tell." Beauty is almost always associated with art. But, not all beautiful things are works of art. Artists mean their work to be beautiful, it has to say something to people. The creation of works of beauty on display was awesome! Talent within the club, needlepoint, embroidery, crocheted and knitted articles, basket weave, hand-made jewellery, sequin creations, painting on canvas, slate, hand tools, along with woodcraft, carving, etc.

The artists were Pat and Ed Bryant, Suzanne Martin,

Ellen Bailey, Aline Patterson, Lydia and Wilson May, Shirley Desruisseaux, Ernie Wintle, Leta Dustin and Marry Cutler who brought in beautiful needlepoint work done on a canvas by her late mother.

Shirley thanked the volunteers who assist her each month, with the meal planning, the half and half draw, the Treasurer, Don Patterson and his helpers, also extending her thanks to all members who took part in the arts show.

On behalf of the club, I would like to thank Shirley for her determined attempt to make the programme interesting each month.

Enjoy the summer with family and friends. Make it fun with laughter, you don't stop laughing because you are old, you grow old because you stop laughing.

Next meeting, September 2014.

Submitted by
Leta Dustin, Secretary

Email your social news to classad@sherbrookerecord.com

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"IRNG LFMGPGRXN UTXT NCRXG, WPG, ILLKT-PETL PJL CPFXTNN. STNFLT LPJJA LTZFG, GCTXT'N RJKA IT GR HKPA GCTI." — SRS CRNBFJN

Previous Solution: "Nothing I've ever done has given me more joys and rewards than being a father to my children." — Bill Cosby

TODAY'S CLUE: *Equus M*

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KIT N' CARLYLE

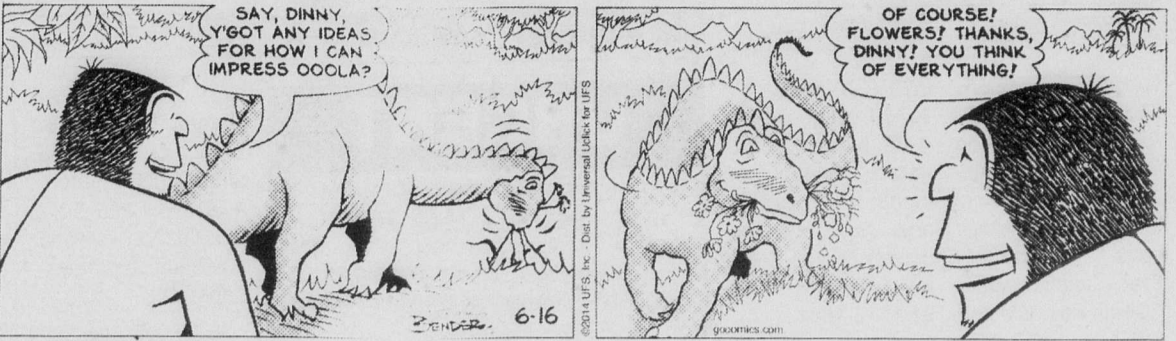


HERMAN



"Okay, you've got five minutes to capture my interest."

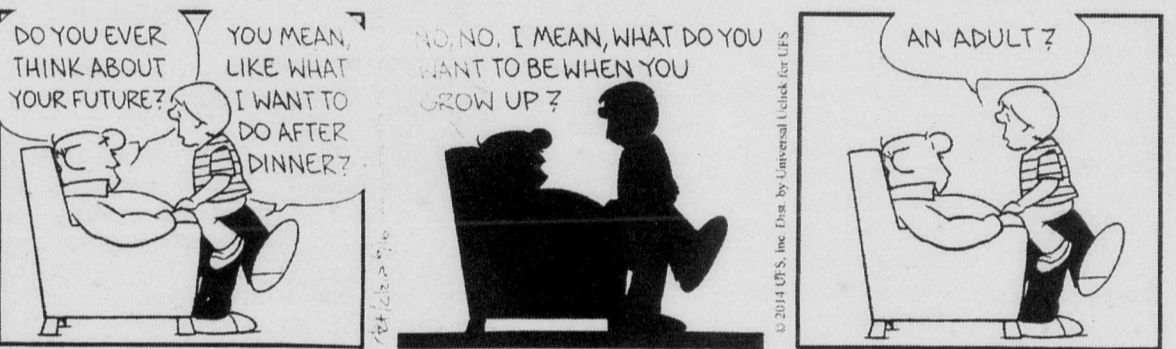
ALLEY OOP



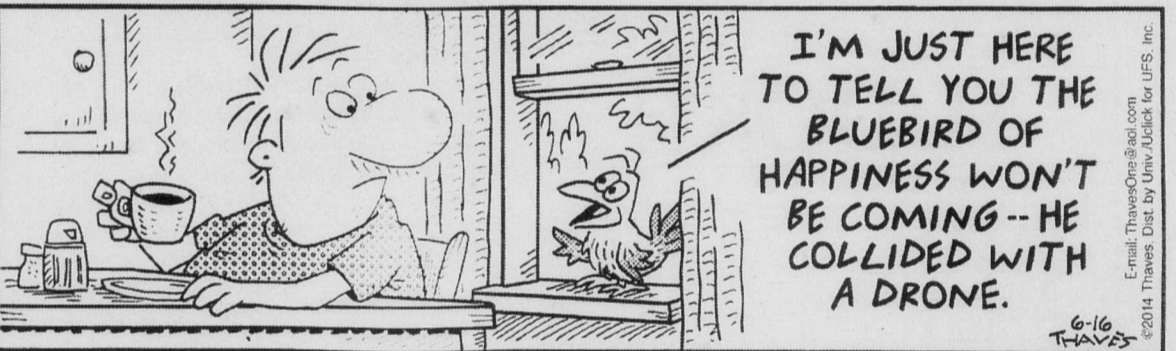
ARLO & JANIS



THE BORN LOSER



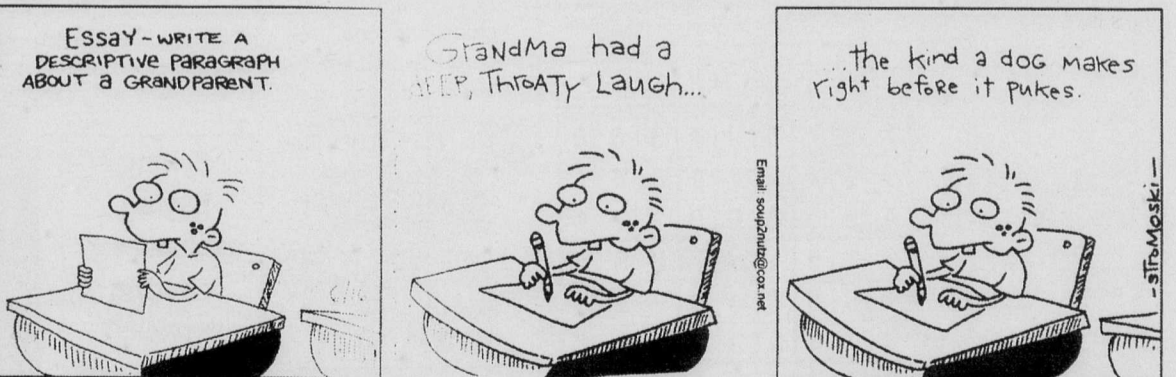
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Kinnear's Mills Women's Institute

The May and June meetings of the Kinnear's Mills Women's Institute was held on Thursday evening, May 22, at the home of Dorothy Bolduc with Pauline Nutbrown as joint hostess.

Huguette Blais, President, conducted the meeting, which opened by repeating the Creed, Salute to the Flag and Oath of Citizenship. Huguette thanked the hostesses.

Birthday wishes were given to Helen Lowry, Pauline Nutbrown, Dorothy Bolduc and Audrey Allan.

Mottoes: The things most people want to know about, are usually none of their business. No one every injured their eyesight by looking on the bright side of things.

Roll Calls: What do you remember of your childhood? Bring a card for a shut-in. These were answered by 7 members.

The minutes of the previous meeting were read, declared correct and signed.

The Treasurer's Report was given by Helen Lowry. Members had catered a noon meal on May 3, which was very successful.

Report of Convenors

Education and Personal Development: Flora MacNaul told us the A.S. Johnson High School graduation will be on June 22. She had attended a concert at Thetford Mines Elementary and High School where her grandchildren took part. School trips were to Sherbrooke, Ottawa and New York City.

Health and Community Living: Pauline Nutbrown. Safe Storing. To store a slow cooker or any two-handled pots in overhead cabinets - to prevent the lid from falling off the pot (and keep lids and pots together), loop a large rubber band around the handles and over the top of the lid. That way you'll never have to worry about pot lids tumbling down on your head.

Publicity and Awareness: Dorothy Bolduc. Prince Charles with Camilla, Duchess of Cornwall, spent a four day visit to Canada. Audrey Allan - There are 54 Canadians on the short list for a trip to Mars. The list has been whittled down to 705 worldwide. All will be interviewed before the final cut. Why would you want to go in the first place? If you survive the trip, 4 months cooped up in a space capsule with 3 other settlers. No showers. Very high heat. Well enjoy - the trip will be one way.

Items for the I.O.O.F. Project in Sherbrooke, which they are sponsoring, was brought in by W.I. members.

Program for May - What do you plan to do during the summer? and June - Ways to prevent food born illness.

The surprise gifts were won by Helen MacRae and Dorothy Bolduc.

The annual county meeting followed, conducted by President Pauline Nutbrown.

Following adjournment, a delicious lunch was served, and all expressed their thanks.

Submitted by
Audrey Allan
Publicity Convenor

SUDOKU

Difficulty: 2 (of 5)

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7	8	1	5	2	4	3	6	9
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Your Birthday

MONDAY, JUNE 16, 2014

An aggressive, to-the-point attitude will lead you to success this year. If you keep the doors of communication ajar, you won't run into any surprises regarding what others are up to. Your personal life will improve once you are happy and feel secure with your professional achievements.

GEMINI (May 21-June 20) — Ignore anyone making derogatory comments. It's your turn to be in the limelight. Someone with similar views will be interested in you personally and professionally.

CANCER (June 21-July 22) — Get together with friends or relatives and figure out how to care for a loved one who needs assistance. Sharing responsibilities will help you develop greater respect for each other.

LEO (July 23-Aug. 22) — If you are faced with opposition, consider that it could be your fault. Your intentions may be good, but if you are too aggressive or demanding, you only create friction. Diplomacy will be required.

VIRGO (Aug. 23-Sept. 22) — Implementing a new nutritional regimen into your daily routine will have health benefits if you practice moderation and monitor the results until you reach a perfect balance.

LIBRA (Sept. 23-Oct. 23) — Take time out to socialize and nurture your personal dreams, hopes and wishes. If you are single, mingle, and if you are part of a couple, plan a romantic evening.

SCORPIO (Oct. 24-Nov. 22) — You can't please everyone, so do what you can to

satisfy your own needs. Don't fall prey to guilt being directed at you by others. Updating your image will give you a positive boost.

SAGITTARIUS (Nov. 23-Dec. 21) — If you are unclear about what is happening around you, get involved. Check out the doings at your local community center, or sign up for a special-interest course.

CAPRICORN (Dec. 22-Jan. 19) — Don't give up on your dreams. Success doesn't happen by accident. Be prepared to work hard and make the changes needed to fulfill your ideals.

AQUARIUS (Jan. 20-Feb. 19) — Don't have any qualms about speaking your mind. You may receive some negative feedback, but trying to hide your feelings won't help resolve a situation that is puzzling you.

PISCES (Feb. 20-March 20) — Rumors and gossip will spread like wildfire. Don't repeat or believe what you hear. Your intuition will help you decide how to handle what's happening and what to do about it.

ARIES (March 21-April 19) — Run your ideas by your peers and colleagues. Networking is an excellent way to discover how you can make a work-related improvement. An alliance will develop with someone you meet.

TAURUS (April 20-May 20) — Be a participant, not a spectator. Get into the spirit of the moment and agree to take on a new challenge. Having the right attitude is just as vital as the skills you possess.

One thing can lead to another

by Phillip Alder

Rene Descartes, a French mathematician, philosopher and writer, said, "(Intuition and deduction are) the two operations on which we have said we must rely in the acquisition of knowledge."

At the bridge table, we make deductions and sometimes use intuition. A few deals involve making one deduction and using that to draw a second deduction. Today's is an example.

South jumps into six spades. West leads the heart king. How should declarer plan the play?

After North made a game-invitational limit raise, South knew that a grand slam would be good if his partner held the spade king, heart king and diamond queen. But since he had no way to find out if North had that perfecto, South sensibly took a shot at six spades.

The contract looks too easy. Draw trumps, run the diamonds and claim an overtrick. But rather than plunge recklessly forward, South should wonder what might go wrong.

The only danger is a bad split in each pointed suit. If diamonds are 4-0, there will be a loser only if East has all four. If spades are 3-0, declarer can avoid a loser by guessing which opponent is long in

North 06-16-14			
♠ K J 9 8			
♥ J 6			
♦ Q 10 3 2			
♣ A 7 4			
West		East	
♠ Q 5 4		♠ --	
♥ K Q 10 3		♥ 9 8 7 4 2	
♦ --		♦ J 9 8 6	
♣ J 9 8 6 5 2		♣ K Q 10 3	
South			
♠ A 10 7 6 3 2			
♥ A 5			
♦ A K 7 5 4			
♣ --			
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1 ♠	Pass	3 ♠	Pass
6 ♠	Pass	Pass	Pass
Opening lead: ♥ K			

the suit and finessing through him.

South should assume he has a diamond loser. But if East has four diamonds, who is likely to be long in spades? Right — West.

So, after taking the first trick with his heart ace, declarer should cash his spade ace. Here, when East discards, South plays a spade to dummy's jack, cashes the spade king, throws his heart five on the club ace and concedes a diamond trick when they do break 4-0.

CROSSWORD

- Across**
- 1 "Little Red Book" chairman
 - 4 Hardly enough
 - 9 Online memo
 - 14 School URL ending
 - 15 Like most white bears
 - 16 Bedsheet material
 - 17 Body art, briefly
 - 18 *Mood
 - 20 Self-images
 - 22 Scornful look
 - 23 One of a Valentine's Day dozen
 - 24 Vandalizes
 - 26 Made amends
 - 28 Map that may show land subdivisions
 - 29 Longed (for)
 - 31 Conger catcher
 - 33 River through Russia
 - 34 Auburn rival in the SEC
 - 37 *Philatelist's prize possession

- 40 Salary
- 41 Author Joyce Carol _
- 42 One of India's official languages
- 43 Hang in midair
- 44 Surrender, as territory
- 45 Words that attract shoppers
- 48 Nothing-to-do feeling
- 51 Planted
- 52 Equip with new weapons
- 55 Lass of La Mancha: Abbr.
- 56 Store posting, and what the first words of the answers to starred clues could literally be doing
- 59 " _ now or never"
- 60 Put on the radio
- 61 Waited-for show' character who never showed
- 62 Pet doc
- 63 Angling gear
- 64 Signs of things to come
- 65 EMTs' destinations

- pupils
- 29 Gondola helmsman
- 30 Pandora's boxful
- 31 So-called sixth sense
- 32 Letter after zeta
- 33 Go to the polls
- 34 *Solid baseball hit
- 35 Ready-to-go lawn starter
- 36 Prefix with cycle
- 38 Spot for spelunkers
- 39 In-and-out ocean phenomena
- 43 Gretel's brother
- 44 Ordinary
- 45 Actor's prize

- 46 "I kid you not!"
- 47 Took an oath
- 48 Woman often followed by a train
- 49 Aquatic frolicker
- 50 Sail supports
- 53 Frozen waffle brand
- 54 Quark locale
- 57 SSNs, e.g.
- 58 UFO crew, supposedly

V	O	D	K	A	A	N	D	O	J		B	O	N	A		
A	V	A	N	T	G	A	R	D	E		O	N	E	S		
C	A	F	E	A	U	L	A	I	T		A	T	V	S		
S	L	O	E		E	A	M	E	S		R	H	E	A		
	S	E	L	F							E	L	D	E	R	S
		S	A	M	O	A					T	A	S	T	E	S
T	H	A		B	E	C	K	E	T		A	V	I			
H	O	R		N	A	I	V	E			K	E	N			
E	N	T		S	I	S	T	E	R	S		E	R	S		
S	K	I	R	U	N		A	N	S	E	L					
T	Y	C	O	B	B						P	E	A	S		
O	T	H	O		L	E	A	P	S		T	B	A	R		
N	O	O	K		A	L	L	I	T	E	R	A	T	E		
E	N	K	E		C	O	S	T	A	R	I	C	A	N		
S	K	E	D		K	N	O	T	T	Y	P	I	N	E		

- Down**
- 1 Doled (out)
 - 2 Old saw
 - 3 *Like a baseball fouled into the seats
 - 4 Tanning lotion letters
 - 5 Constricting garment
 - 6 Greenspan and Ladd
 - 7 Title
 - 8 Genealogical chart
 - 9 Santa subordinate
 - 10 Idiot
 - 11 Bermuda veggie
 - 12 On edge
 - 13 Concluded
 - 19 Southern California county
 - 21 Witch trials setting
 - 25 Commuting convenience
 - 27 One working with

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
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63								64						65

