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**Federal climate action fund seeks projects**

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THE RECORD
THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

**Jennie Desruisseaux and the Capelton kids**

Page 7

# WEEKEND EDITION

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# Quebec Provincial election campaign officially underway

By Gordon Lambie

Quebec Premier Philippe Couillard kicked off the 2018 provincial election period on Thursday morning, marking the beginning of a 39-day campaign that will come to a close with the vote on October 1. The campaign will be the longest possible under Quebec electoral law.

Popular speculation places the Coalition Avenir Quebec, led by Francois Legault, at the head of the pack going into the campaign. Legault has made a point, in the lead up to Thursday's announcement, of repeatedly stating that he plans to make a clean sweep of the ridings in the Eastern Townships and has been present for the announcement of almost all of his candidates in the region to underline that message.

CONT'D ON PAGE 3

# Fire ravages Palettes Perron in Sawyerville



MATTHEW MCCULLY

By Matthew McCully

A major fire erupted in the warehouse belonging to Palettes Perron Wednesday night and quickly spread throughout entire building.

Palettes Perron is Sawyerville's largest employer with 31 employees. The business has been in operation for 50 years.

There were no injuries, but the building is a complete loss.

According to Assistant Director of Fire Services for Cookshire-Eaton,

CONT'D ON PAGE 5


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MONDAY:
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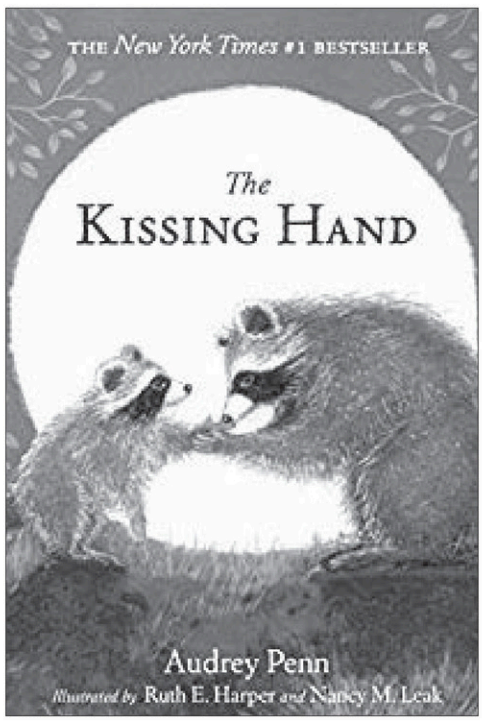
# Back to School



## Good Reads

### Lennoxville Library

The sun is setting earlier and the evenings have a bit of a chill. The carts are full of shiny sneakers, flashy backpacks and duo-tangs in all of the 9 required colours. The back to school season is upon us. Cegep students have already started and kindergarten through secondary 5 will begin next week. This is the first time, as a parent, that I have a child going to school. It is an exciting milestone. Despite being in daycare and being used to a routine outside the home, Bea is starting REAL school next week and it is a major special event! We are all excited about this new step, but along with excitement comes some trepidation. Bea is working out some of her anxiety about how the routine will change (taking a bus!) and how there might be new challenges (making friends and scary auto-flushing toilets). We talk about these anxieties together, but we are also reading some fun `back to school' themed books to manage our feelings and prepare.




Separation anxiety is a very normal reaction for kids going to school for the first time, or even transitioning from a pre-school or daycare setting to school. Kids need to feel reassured and anchored in their relationship to their primary care-giver. There are plenty of books which help address the stress of being away from parents in a school setting for the first time. I am a fan of The Kissing Hand by Audrey Penn. A former ballerina and Olympic athlete, Penn turned to writing children's books after her health prevented her from continuing the physically straining career she had begun. Inspired by her own daughter, she wrote The Kissing Hand in 1993. Since its publication this book has helped millions of families through the transitions of going to daycare, camp or school. In this book a Mama raccoon comforts her young raccoon who is going to school for the first time and is worried about missing home. She reassures him that her love will be with him all through the school day (or night in the case of a young raccoon). Many schools use this book to help Kindergarteners with the transition to school, but it is also available at the Lennoxville Library to borrow for some advance preparation. Other titles which may be inspiring for nervous kindergarteners: Wemberly Worried by Kevin Henkes and Llama Llama Misses Mama by Anna Dewdney. Even if your little one is very confident about this big step, it is not a bad idea to talk about the feelings which might come up in the first weeks, and share a few extra snuggles while you're at it.

I always loved going back to school. I was a lucky kid who liked school, and September was always a happy reunion with my friends and a time for new sweaters. I know not everyone has this same love for back to school. The literary character I most deeply associate with the back to school joy I have always enjoyed is the famous Harry Potter. Poor young Potter, who slept in a bedroom cupboard under the stairs, has the ultimate first days of school experience. He receives a letter delivered by an owl announcing his wizard status and inviting him to a prestigious school far away from his terrible foster family. In the same week he discovers he is blessed with wealth, and among the most famous wizards of all time. Harry has a tumultuous time at school, with having to save humanity over and over from dark magic, but with each book in which he is studying we get to feel the excited anticipation he feels returning to Hogwarts for school. Reading Harry Potter was a critical life step for me, and even though it has been more that 20 years since it was originally published, the story and its magic are timeless. As a read-alone book I would recommend Harry Potter for 5th graders and up, but this spring we read aloud the first book to Bea - age 5, and while some of it was over her head, it was a worthwhile experience of reading a book together as a family. The entire series is available at the Lennoxville Library, in French and English, and on audio book as well!

It has been 7 years since I last "went back to school" as the autumn leaves change colour. I sometimes miss the excitement of new classes and new friends and fresh new clothes. I am vicariously enjoying this beginning now through my daughter and I hope that she will love books and school as much as I have.






## Ben by Daniel Shelton




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LOCAL NEWS | *Employers can also be understanding and flexible during exam periods by offering staggered shifts to their employees, or supporting them with words of encouragement.*

# Local group putting focus on work-study balance for students

**Record Staff**

September is an important time in students' academic careers, especially for the 69 per cent of young Townshippers aged 15 to 25 who are employed while they are studying. From the beginning of the school year, it is essential that these students opt for a lifestyle conducive to their educational success, by adopting strategies that better reconcile their studies and their work. With this in mind, the Project Partners for Educational Success in Estrie (Projet PRÉE) is sending a clear message to employers, students and their parents: studies are the priority throughout the school year.

From August 22 to September 7, efforts will be made to bring this important message to different audiences. This year, employers are at the forefront of demonstrating the active role they can play in the academic perseverance of their young student-employees and the importance of graduation for a qualified workforce. Projet PRÉE is also asking its school, community, and municipal partners, as well as the media, to take part in the campaign to spread awareness messages through their various means of communication.

Education is a crucial lever for our economy. It contributes to human development and sustainable social, cultural and economic enrichment of our society.

"We all have a role to play in valuing school perseverance and employers are no exception," said Cégep de Sherbrooke Executive Director and Projet PRÉE Co-Chair, Marie-France Bélanger. "In the current context of labor shortages, young people are being solicited more and more by employers. It can be tempting for a student-employee to drop his classes to take a full-time job and earn a salary, especially if he / she has difficulty in school ... Employer collaboration in the work-study balance in the young becomes essential to ensure qualified, competent, and healthy succession,"

Several actions can be put in place to promote work-study balance and encourage qualification and graduation. Allocating no more than 20 hours per week for full-time students is a basic undertaking for any employer

Employers can also be understanding and flexible during exam periods by offering staggered shifts to their employees, or supporting them with words of encouragement.

According to the PRÉE 43 per cent of young Townshippers between 15 and 25 who hold a job during their studies spend more than 15 hours a week on their jobs. 20 per cent of students hold two or more jobs. 33 per cent of young people have already thought of interrupting their studies because of the difficulty of reconciling studies and work, and young people work mainly to: pay for going out (83 per cent), to save (82 per cent), to gain experience (76 per cent), make payments (74 per cent), or buy a car (71 per cent).

"Here are some very eloquent statistics. School-work reconciliation affects a large number of young Townshippers. Generally speaking, in Quebec, close to one-third of retail trade workers are between the ages of 15 and 24, and this number reaches 43 per cent when only the specific sectors of retail trade and food is taken into account," explained PRÉE Coordinator Josiane Bergeron. "Thus, it is essential to provide employers, youth, and parents with tools to allow a work-study balance that is favorable to student perseverance and the educational success of our youth,"

Projet PRÉE has created several video clips about work-study balance featuring individual employers who are meeting the needs of student-employees as well as hints at how to choose a co-operative employer.

# Queen Street closed this Saturday for Lennoxville Street Festival

Record Staff

The City of Sherbrooke is advising motorists that Queen Street, between College and Academy Streets in Lennoxville will be closed this Saturday, August 25, between 7 a.m. and 5 p.m. for the 9th Lennoxville Street Festival.

The City is recommending three detours for the occasion:

College Street → Belvedere Street South → Galt Street West.

Laurier Street (Joffre Bridge) →Galt Street West → Belvédère Street South -→College Street.

College Street →Lorne Street →Warren Street →Queen Street.

The City thanks motorists for their understanding.

# Quebec Provincial election

CONT'D FROM PAGE 1

The Liberal party, incumbent in all six Townships ridings, is fielding five newcomer candidates as veteran MNAs across the region each announced their intention not to run over the course of the Spring and Summer. Only Sherbrooke's Luc Fortin is looking to return to his current seat. Couillard has hailed the change as "renewal" in the Liberal team, calling it a positive change.

Canidiate nomination papers can be filed until 2 p.m. on September 15.

Information on the upcoming election, including tools to check on your electoral division, the list of local candidates, and whether or not your name is on the list of electors is available on the Elections Quebec website at https://www.electionsquebec.qc.ca/provinciales/en

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# Federal climate action fund seeks projects

**Record Staff**

The Government of Canada's Climate Action Fund is now accepting proposals. This $3-million fund supports projects that raise awareness and foster action across the country regarding the climate, especially among youth, students, organizations, and small and medium-sized businesses.

The Climate Action Fund supports projects that make Canadians more aware of climate change actions that foster greater engagement with clean growth initiatives. The fund is part of a range of actions that the federal government has taken to protect the environment.

The application deadline is September 21, 2018 and final funding decisions will be announced later this year.

For more information about eligibility and the types of projects that can be funded, please visit www.canada.ca/en/environment-climate-change/services/climate-change/climate-action-fund.html.

The government encourages potential applicants to you to review the applicant guide, which provides more detailed information about the fund. The guide is available at www.canada.ca/en/environment-climate-change/services/climate-change/climate-action-fund/applicant-guide.html.

# Cookshire Fair drawing won by Sherbrooke's Judith Choquette

**Record Staff**

The Haut-Saint-François Agricultural Zone Development Plan (PDZA) contest held at the Cookshire Fair was won by Judith Choquette from Pajulous Farm in Sherbrooke. Choquette won an overnight stay for two at B & B Le Bonheur in Scotstown. The package includes a one-hour health treatment of her choice, a gourmet plate of scones with tea, herbal tea or coffee at the Scott Tea House, a night at the lodge, and a healthy breakfast with seasonal organic products.

Myrna MacDonald, Chair of the fair's Arts and Culture Committee, carried out the draw with Yolande Lemire, Networking Agent for the Service L'Arterre in the MRC of Haut-Saint-François.

The last steps put forward in the framework of the Haut-Saint-François PDZA were presented at the fair, These include the L'Arterre service to accompany and pair aspiring agricultural producers who are considering transferring their land to a succession or with landowners of available farmland.





(COURTESY CLD HAUT SAINT-FRANCOIS)

*Yolande Lemire (left) and Arts and Culture Committee Chair Myrna MacDonald draw the name of PDZA drawing at last weekend's Cookshire Fair. The prize was accepted by winner Judith Choquette by her partner Paul Thibodeau,*

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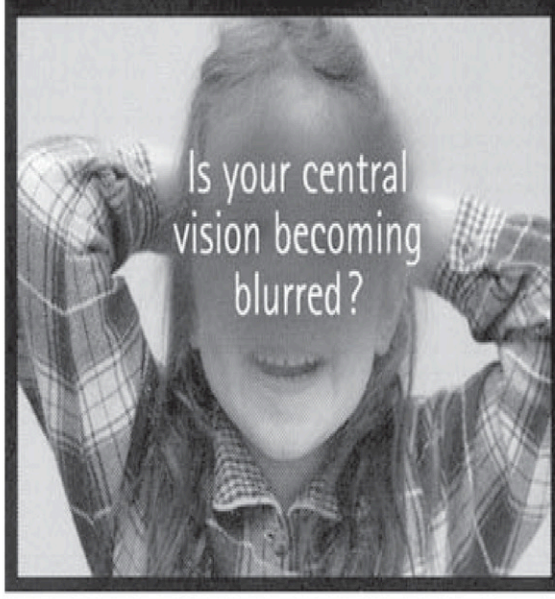
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# Quebec MP Maxime Bernier quits Conservatives, lays rhetorical waste to party

By Mia Rabson and Janice Dickson
THE CANADIAN PRESS

Maxime Bernier declared open war on his own party Thursday as the outspoken and controversial Conservative MP abruptly quit the Tory caucus, announced plans for a new political movement and derided his former leader and colleagues as "intellectually and morally corrupt."

With Conservative caucus members gathering in Halifax for a policy convention that was expected to bring the Bernier boil to a head, the Beauce MP instead stayed behind, summoning journalists to a snap news conference that proved breathtaking in its defiance.

"I am no longer a Conservative," he declared after reading a scathing diatribe against his party and its leader, Andrew Scheer _ the Saskatchewan MP who narrowly edged Bernier out of the leadership job last year in a loss some have suggested he never got over.

"I am now convinced that what we will get if Andrew Scheer becomes prime minister is just a more moderate version of the disastrous Trudeau government," he said.

"I have come to realize over the past year that this party is too intellectually and morally corrupt to be reformed."

With the aftershocks still reverberating, Scheer emerged in Halifax to fire back.

Bernier "is more interested in advancing his personal profile than advancing Conservative principles," Scheer said.

"He has decided that he is more important than his Conservative colleagues and indeed the Conservative party. He has traded an opportunity to influence policy in government for his own personal ambition."

Bernier said he plans to contact Elections Canada immediately about the path towards creating a new party and will spend the next several weeks travelling the country to meet with people interested in joining his cause.

Bernier said it's the party and its current leader that has lost its way, not him. Scheer, he said, is too focused on polls and focus groups, and too afraid of being attacked by people on the left and in the media to make good Conservative policies.

He specifically pointed to Scheer's support for retaliatory tariffs against the United States, saying he was told internal party polling showed Canadians supported the Liberal plan and the Conservatives would therefore support it unless the polls changed.

Bernier's insistence on supporting an end to supply management, in defiance of Conservative policy, and his recent reflections about the perils of "extreme multiculturalism" had Scheer distancing himself from Bernier and his comments.

As recently as three weeks ago, Bernier had said he was planning to run for the Conservatives in the next election despite Scheer's decision earlier this summer to strip him of his portfolio in the Tory shadow cabinet.

Bernier said he decided to quit the party Aug. 14 after speaking to Scheer, just prior to the Tory leader's statement criticizing Bernier's comments about too much diversity being bad for Canada.

"We had a very polite discussion. After that discussion, I realized that I don't have any place in that party anymore."

The news appeared to catch most Conservatives completely by surprise, including some who supported Bernier in the leadership race.

Ontario MP Tony Clement says he wasn't sure what Bernier's decision would mean for the Conservatives, but it likely won't end well for the longtime MP from Beauce, near Quebec City.

"History teaches us that people who quit are replaceable and forgettable," Clement said.

# New Facebook scam emerges in Sherbrooke

Record Staff

The Sherbrooke Police are warning the public about another solicitation via Facebook, aiming to defraud victims.

The ploy works as follows: the victim is approached on Facebook with a friend request. What begins as simple friendship becomes more involved over a number of weeks and months, sometimes developing into a romantic relationship. After developing a level of trust, the suspect then takes the opportunity to ask for help and asks victims to send money transfers in order to help with a difficult financial situation. In the most recent case, a man said he was a dealer of precious metals and had to carry out transactions with the Togo Ministry of Resources. The victim, who transferred thousands of dollars, has not heard from her scammer since.

Sherbrooke Police are advising members of the public that if they think they have been victimized by such a scam, to first delete the friend request and not to carry out monetary transactions over the phone. This scam is international in scope, they say.

# Fire ravages Palettes Perron

CONT'D FROM PAGE 1

Sylvain Dussault, the call came in at 1:52 a.m. Thursday morning. A resident living on rue Jacques, right next to the Palettes Peron building, noticed flames shooting up from the centre of the building around the silo.

By the time the fire department arrived, Dussault said flames and hot smoke were spreading quickly. Because the flames were approaching two gas reservoirs in the building, Dussault said the department had to declare a Code Red. The risk of explosion pushed authorities to evacuate the residential sector on the edge of the company's property. Residents were awakened in the middle of the night and had to evacuate their homes for several hours. Fortunately, the safety valves held. Eventually the fire calmed down and firefighters were able to regain control of the blaze and avoid a major explosion, Dussault said.

Dussault said the local department enlisted the help of the St-Isidore-de-Clifton and East Angus departments.

When the fire was at its most extreme, Dussault said there were between 40 and 60 firefighters working to contain the situation.

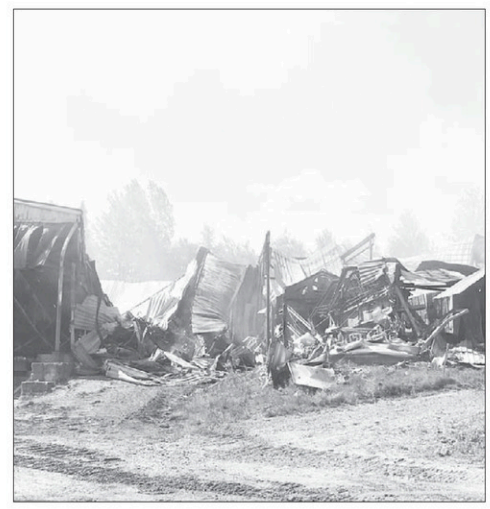
By noon on Thursday, parts of the building were still burning and smoking. A team was working its way from one of the building to the other, extinguishing the last of the burning sections and flattening the building with a backhoe. A handful of employees and residents from the village watched as firefighters struggled in the smoke, dismantling the remnants of the building that had been part of the landscape for fifty years.

Dussault said it was too early to determine what started the fire, but a team was digging carefully around the area where the fire was thought to have started, looking for a potential cause.

Palettes Perron General Manager Hugo Brunelle said the company plans to rebuild, but couldn't give any other details or timeline.

Yesterday, Brunelle said the priority was to inform the 31 employees and contact clients that have contracts with the Palettes Perron.

According to Perron, the building and tools and equipment lost in the fire amounted to losses in the millions, but he could not give an exact estimate.



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# Editorial

*Gap's use of models in hijabs is not new; the brand depicted women wearing headscarves in its 2017 ads. That initiative also spurred mixed reactions.*

## Gap back-to-school 'hijab ad' ignites social media

**By Nadia Naffi**
**Assistant Professor in the Education Department (Educational Technology), Concordia University**

In July, Gap launched its back to school advertising campaign featuring a group of children of colour from P.S. 153 in Harlem, New York, including a young girl wearing a hijab. The ad spurred positive media coverage for its celebratory inclusivity and a massive virulent debate on social media.

Many applauded Gap's decision, which they perceived as empowering women and girls around the world. Some who wear hijabs or wore hijabs shared the struggles they faced to find comfortable clothing in middle and high school.

Hamida Ahmed, a well-known model and Miss Maine pageant winner, expressed her approval in a tweet.

Others were outraged by the picture of a young girl in a hijab. They brought up stereotypes about Islam, including child marriage, as well as highly publicized cases of honour killings.

There were similar reactions from French and Canadian citizens to the Gap ad.

Journalist Sophie Durocher of the Journal de Montréal said that she almost choked when she saw the ad.

Anne-Christine Lang, an elected French politician representing La République En Marche, called on her constituents and social media followers to boycott Gap, tweeted that she will never accept seeing young girls veiled and vowed never to set foot in Gap again.

France and Canada do not share the same stance on hijab in schools. In 2004, France, a secular state, banned all religious symbols in schools.

Unlike France, the Canadian federal government protects the right for reasonable accommodation, which includes religious accommodation.

In France, the Féministes laïques started a first petition titled "le voile n'est pas un jeu d'enfant!" (the veil is not a children's toy) on Change.org. The petition has gathered to date almost 8,000 signatures. In Canada, a second petition with the same title has about 1,000 signatures.

### Children pay the price

Islamopobia is on the rise in the West; it is up 250 per cent in the U.K., France and Canada. Sidrah Ahmad, a student researcher looking at Islamophobic violence faced by Muslim women in Toronto, says Islamophobia in Canada has gradually risen to a boiling point.

In 2016, a Montréal schoolteacher denied one of his students her right to take an exam unless she showed him her ears, which she refused to do.

Last spring, a teenaged basketball player, Je'Nan Hayes, was benched at her team's finals in Maryland. She had played the whole season but according to the regional referee did not qualify for the playoffs due to national rules about headwear.

In Toronto, an 11-year-old-girl in a hijab was put under the media spotlight when she made up a story of being attacked by a stranger. Many demanded that she publicly apologize, forgetting she is a child acting normally; children do lie sometimes. A scared child can sometimes "come up with her own personal bogeyman." .

Some Muslim women and girls have "chosen" to stop wearing the hijab to escape the feeling of being labelled, misjudged, incompatible with their community or unsafe.

### A new clientele?

Gap's use of models in hijabs is not new; the brand depicted women wearing headscarves in its 2017 ads. That initiative also spurred mixed reactions.

But the idea of young girls wearing hijabs seems to whip up the urgency to save young girls from political and religious agendas.

Gap is not the first clothing brand to show a woman wearing a headscarf. In 2016, Dolce and Gabbana introduced a line of hijab and abayas that Muslim women worldwide celebrated, though some felt excluded by the use of a white model.

In December 2017, Nike launched the Pro Hijab saying they wanted to "make sports an inclusive space for Muslim women." However, they forgot to acknowledge the many women in hijabs who had already claimed their rightful place in the athletic world.

World champions Ibtihaj Muhammad, Manal Rostom, Doaa Elghobashy, Zahra Lari and Amna Al Haddad are examples of women athletes who were never hindered by their headscarves.

In Canada a couple of months before the launching of the Pro Hijab, a Winnipeg high school ordered custom hijabs for their athletes. They were the second high school in Canada to do so.

After Nike's launch, a din of tweeters promised to boycott the brand and accused Nike of normalizing the domination and oppression of women. The tweeters escalated to condemn hijabs and even equated the hijab and Islam with terrorism.

Amna Al Haddad, a UAE weightlifter, was one of the inspirations for the Nike Pro Hijab line.

### The right to cover; the right to uncover

The issues around wearing a hijab is complex. Many people know very little about Islam, let alone about what the hijab actually means for the women who choose — or are forced — to wear it, or for those who don't wear one.

I am a Muslim woman. I do not wear a hijab. This does not make me less of a Muslim. But the West tends to represent all Muslim women, veiled or not, by the hijab.

A negative connotation has been attached to the hijab through news media, movies and popular discussions where many claim Muslim women are oppressed and need to be rescued, despite its value to those who wear it.

The hijab for young girls is not only opposed by non-Muslim white feminists wanting to "save" young girls from an "oppressive religion" but it is also opposed by some Muslim women react against the hijab for young girls. They perceive early hijab as supportive of child abuse, misogyny and of denying women their rights starting at a young age.

A Muslim mother complained about a traffic safety campaign in London showcasing a four-year-old girl in a hijab. The safety campaign was pulled.

Many shared novelist Samina Ali's TED talk, in which Ali explains the origins of the hijab. Ali says the headscarf has never been a requirement of Islam. Rather, the hijab was a contextual solution to a problem that occurred more than 400 years ago. Ali says the verses of the Quran only advise Muslim women to dress based on custom and function.

Hajar J. Woodland, the U.K. singer and writer, says: "The right to cover is just as important as the right to uncover."

Amna Al-Haddad, a professional Olympic weightlifter who competed in her hijab and consulted with Nike on the Pro Hijab, has appeared lately without her veil.

But not all Muslim women have the right to make their own choice. For example, Iranian women are being jailed for exercising their choice with headscarves.

Some tweeted the hashtags #MyStealthyFreedom #WhiteWednesdays and #NoHijabDay.

Some also feel that girls are persuaded by unexamined cultural norms such as "carrying the flag of Islam," "being a good daughter," "following great women in Islam," "looking like my mother," "looking like an angel," and "going to heaven."

### Gap's mistake

Gap is not the only brand that did not understand how their marketing message affects their global audiences. Gap made a few mistakes despite its potential good intentions.

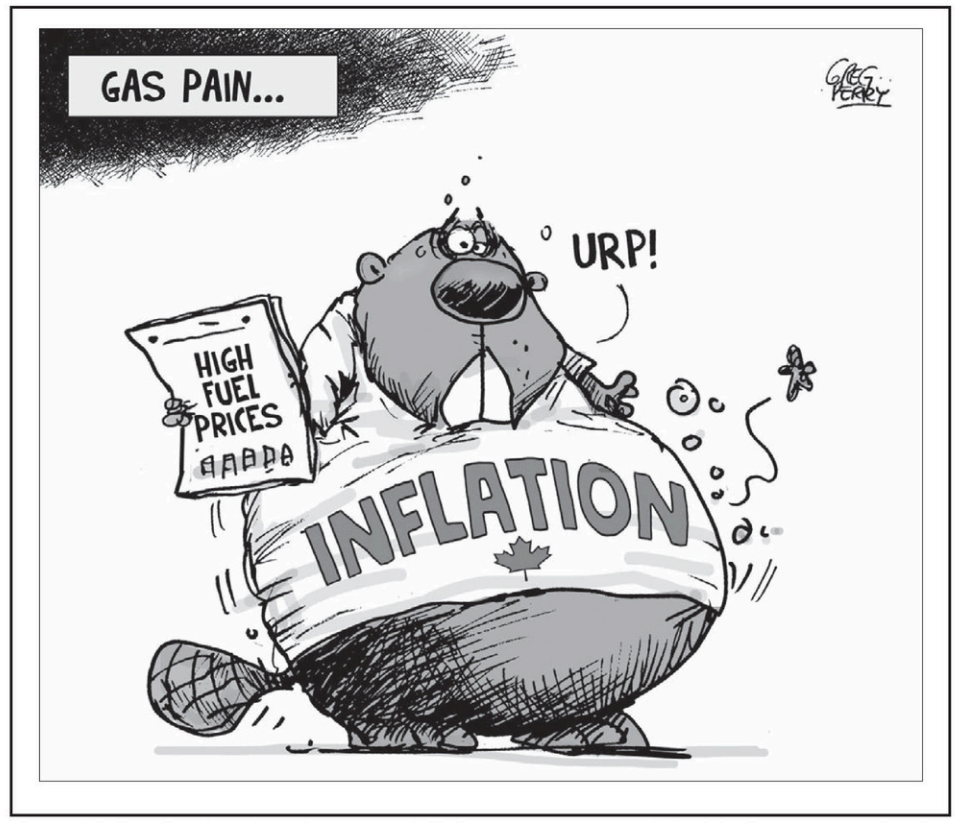
Gap introduced its first girl in hijab in a back-to-school advertising campaign. In many Western schools, hijabs on young girls are controversial. They are banned in some countries, like France and Austria, and highly criticized in others.

Gap assumed their attempt to normalize the hijab on young girls would help Muslim girls feel included, like the world was theirs: "Hey young world, the world is yours". But the rise in hate crimes and bullying based on racism and Islamophobia is on the rise, and so the message is not that simple.

Gap assumed that young children, specifically Muslim girls, are equipped to deal with complex reflections about what religious head wear entails in Western societies. Many of these young girls find themselves in the midst of very heated religious, cultural and political debates.

Finally, Gap assumed that all girls were free to make decisions about their hijabs and whether to wear it. Sometimes they are, and sometimes they are not.

Did Gap purposefully create a controversial ad? Is the idea that no publicity is bad publicity true? While many applauded Gap's inclusive ad, many western audiences were horrified by it, and many Muslim women relived bad memories they were trying to flee.




THE RECORD

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|---|---|---|---|---|---|
| Quebec: | 1 year | 155.00 | 7.75 | 15.46 | $178.21 |
| | 6 months | 85.00 | 4.25 | 8.48 | $97.73 |
| | 3 months | 44.00 | 2.20 | 4.39 | $50.59 |

ON-LINE SUBSCRIPTIONS

| | | | | | |
|---|---|---|---|---|---|
| Quebec: | 1 year | 71.50 | 3.58 | 7.13 | $82.21 |
| | 1 month | 6.49 | 0.32 | 0.65 | $7.46 |

*Rates for out of Quebec and for other services available on request.*

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# Jennie Desruisseaux and the Capelton kids

**Submitted by Lewis Downey**

A clean monument always attracts your eyes and invites you to reminisce and appreciate loved ones.

Let's pause on the middle name inscribed on this monument: "Jennie Desruisseaux".

Her maiden name was Eva Jeanne Clément. She was born July 7, 1891, daughter of Joseph Octave Clément (1868-1897) and Eliza Murtagh (1870-1959). She was one of four children.

On May 10, 1910, she was married to Frederic Desruisseaux from Ascot with the full consent of her parents. She was 19 and he was 49. On top of it, he was a widower with an 18-year-old son, Oscar.

One might be inclined to believe that back then, holy matrimony was a better deal than just hiring a house maid. Frederic died on Dec 14, 1946 and was buried in the Sand Hill Cemetery beside his first wife.

Following Frederic's death, Jennie was hired by Harry Swenson, a WW2 veteran who lived on the Stanstead Highway (now Rte 143).

Harry had undergone several surgeries because of gangrene from war injuries, which resulted in the amputation of both his legs. Jennie not only cared for his daily needs, but took in three other boarders.

By then, Jennie's mother Eliza Shallow had come to help her with the household duties while Jennie looked after the outdoor chores. She and her mother were florists; they could arrange any wedding bouquet with whatever fresh flowers and herbs they had on hand. Jennie also went to the Sherbrooke market to sell the wonderful arrangements.

It was around that time, during the 1950s, that the Capelton kids were recruited, for $1 an hour.

Jennie used to hire kids from the Capelton area to help her with hard jobs like weeding, transplanting geraniums, picking vegetables in the garden, hanging out the laundry on the line and other odd jobs. Jennie had arthritis in the hip joints, which gave her a limp and made her unable to bend down.

What intrigued us young Capelton kids was how come she had a French name and spoke such perfect English.

Not only did she constantly correct our English pronunciation, but she continuously recited poems and quotations from famous English literature all by heart.

She was renowned for her talent and was often invited to all kinds of social evenings and events.

What we cherished most about working for her was the lavish home cooked meals served to the whole crew, young and old.

Jennie and her mother used to love correcting our English, specially our intonation and of course, making sure to mind our manners at the table.




COURTESY LEWIS DOWNEY

Of the utmost importance to Jennie and her mother was maintaining a high level of respect for the royal family, because of their 'blue blood'.

Harry Swenson (1891-1955) passed away and willed his property to Jennie. She lived to be 88 years old; most of her last 30 years were spent bedridden because of her hip problems.

A long time boarder, Bill Loomis, remained in the house and looked after her care, assisted occasionally by other friends and neighbors.

Bill passed away just one month after Jennie did.

My wife and I were proud to purchase the property. We renovated it and happily made it our home for 20 years before relocating.

As a grateful gesture, I took the initiative of cleaning Jennie's monument in the Malvern Cemetery, hoping that others will have the heartwarming pleasure of seeing that someone still cares for her.

Jennie, you were so generous, I sometimes wonder if you, too, had blue blood in your DNA.

# Sawyerville funeral services not disappearing

**By Gordon Lambie**

In light of concerns the in the community that the funeral home in Sawyerville has been put up for sale, Francois Fouquet, the Director of the Coopérative funéraire de l'Estrie, is reassuring the public that English funeral services in the town are not going anywhere.

"I understand very well that there is a concern about loss of services," Fouquet said, explaining that the current home, which has been a part of the community since 1993, was put up for sale not because the co-op plans to leave Sawyerville, but because it wants to serve the community better.

"It is small building and, in fact, the problem is that it is too small," the director said, explaining that although families in other parts of the townships tend to be on the smaller side, those in the Sawyerville area tend to need more room. "Eight out of ten families tell us we can't go there; we have too many brothers and sisters."

Given that reality, Fouquet said, the decision was made to sell the smaller building and make other arrangements with larger spaces in the community.

"What we have done is negotiate with two partners in Sawyerville to continue to offer funeral services," he said, explaining that the home will now rent the old Catholic church hall or the old elementary school gymnasium as needed to conduct funerals and receptions.

"There are no cuts in English service," Fouquet said, explaining that although there will be no permanent funeral home in the community, the same team of people will continue to serve the community in the same way it already was. "To organize a funeral people were either coming to Lennoxville or we went to their home, and that service is still available," he added.

# Sherbrooke Chamber of Commerce absorbs Fleurimont's ODACE

**Record Staff**

At a special general meeting Thursday, the members of ODACE, formerly known as the the Fleurimont Chamber of Commerce (CCF), approved an agreement with the Sherbrooke Chamber of Commerce (CCS) that will see the two bodies unite under the single banner of the CCS.As a result, the CCS will from now on represent the interests of all ODACE members.

There was a recent meeting between the two presidents, which revealed that the visions and issues of the two organizations could easily be married and were closer than various conflicts in the past had suggested.

"It was time to move on and the momentum was there for ODACE members. Sébastien Lussier, former director general of the CCF, is now part of the CCS board of directors. In addition, François Desmarais, also former director general of the CCF, is also well-established at Commerce Sherbrooke. ODACE's board of directors now believes that its members and Fleurimont merchants will be well defended and represented," commented President Patrick Pinard.

"The CCS is committed to ensuring harmony among its members and advocating for the causes supported by ODACE. Networking "without a tie", which was the strength of our organization, will be maintained through future activities of the CCS. If we want to demonstrate to our elected representatives that a duplication of structure is useless, we must show ourselves as the example," he added.

The agreement between the two organizations provides that all membership fees and partnership agreements currently in place at ODACE will be honored by the CCS. Finally, it is also expected that Patrick Pinard and Patrick Rahimaly, both merchants from the East and members of the Board of ODACE, will present the group on the Board of Directors of the CCS to ensure continuity.

You're invited to
**Literacy in Action's**
**ANNUAL GENERAL MEETING**
Tuesday, September 25, 2018
5 p.m. to 7 p.m.
Amédée-Beaudoin Community Centre
10 Samuel-Gratham Street, Lennoxville

**Please RSVP. 819-346-7009**

***All are welcome.***

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THE RECORD

TALK

YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE

AUGUST 24 - AUGUST 30, 2018

# Sherbrooke to host debate on arts and culture

**Record Staff**

The Conseil de la Culture de l'Estrie is kicking off the political debate schedule in the Eastern Townships with an event focused on arts and culture in the Eastern Townships and across the province. Set to take place on September 5 at 7 p.m. at Sherbrooke's Jean-Besré performing arts centre, the debate will bring together candidates from Quebec's four main political parties to hear their views on the future of the arts in the context of the provincial election.

The candidates who are participating are André Bachand, representing the Coalition Avenir Quebec in the Richmond riding; Luc Fortin, representing the Quebec Liberal Party in Sherbrooke; Christine Labrie, representing Quebec Solidaire in Sherbrooke; and Véronique Vignault, the Parti québécois representative for Richmond.

Although people are welcome to come see the debate take place, the Conseil de la culture is also currently taking suggestions regarding the questions to be asked of the candidates. Anyone with a question or questions for the candidates relating to the world of arts and culture is invited to send it to Hélène Blais either by email at info@cultureestrie.org or by phone: 819 563-2744, extension 227.

Doors open for the event at 6:45 p.m. with official programming beginning at 7 p.m. The event is scheduled to end at 9 p.m.



*Andre Bachand*



*Christine Labrie*



*Luc Fortin*



*Véronique Vignault*

# Sherbrooke churches to ring out their appeal

**Record Staff**

Since its official creation last March, the Archdiocese of Sherbrooke's bell tower team has been working hard on preparing guided tours of several local churches for a special event on October 13 and 14. Seven sanctuaries the region have been specially selected to host visitors who will be able to enjoy the activities offered.

This year, the seven highlighted churches are Sherbrooke' Immaculée-Conception, St. Georges in St. Georges de Windsor, North Hatley's Ste. Elisabeth ,Saints-Anges in Ham North. Saint-Louis-de-France in East Angus, St. Zénon in Piopolis, and Sainte-Cécile in Sainte-Cécile de Whitton.

To highlight the architecture and unique pieces found in the churches of the Archdiocese of Sherbrooke, one-minute videos are available through the Facebook page of the event and broadcast via Facebook from August 22 at www.facebook.com/BaladeClochers/

A one-minute clip, featuring images of all the featured churches, will be shown on the big screen thanks to the collaboration with the Maison du Cinéma. From the end of August until the end of September, moviegoers will be able to observe the splendours of the archdiocese.

Each selected church has a detailed description highlighting its main attractions on the website of the Archdiocese of Sherbrooke. The complete program for each is available online and in brochures, which will be distributed by Tourisme-Cantons-de-l'Est in the Montréal, Québec City, Rigaud, Dégelis, and Rivière-Beaudette offices.

In addition, those wishing to support the event will have the opportunity to purchase an Archdiocese of Sherbrooke pin at a cost of $10. The pin will be available at the Archbishop's office at 130, rue de la Cathédrale, in Sherbrooke.

To consult the complete program, visit http://diocesedesherbrooke.org/fr/balade-des-clochers



(COURTESY ARCHDIOCESE OF SHERBROOKE)

*Immaculée Conception Church in Sherbrooke*

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# Sherbrooke artist coming to arts Sutton

**Record Staff**

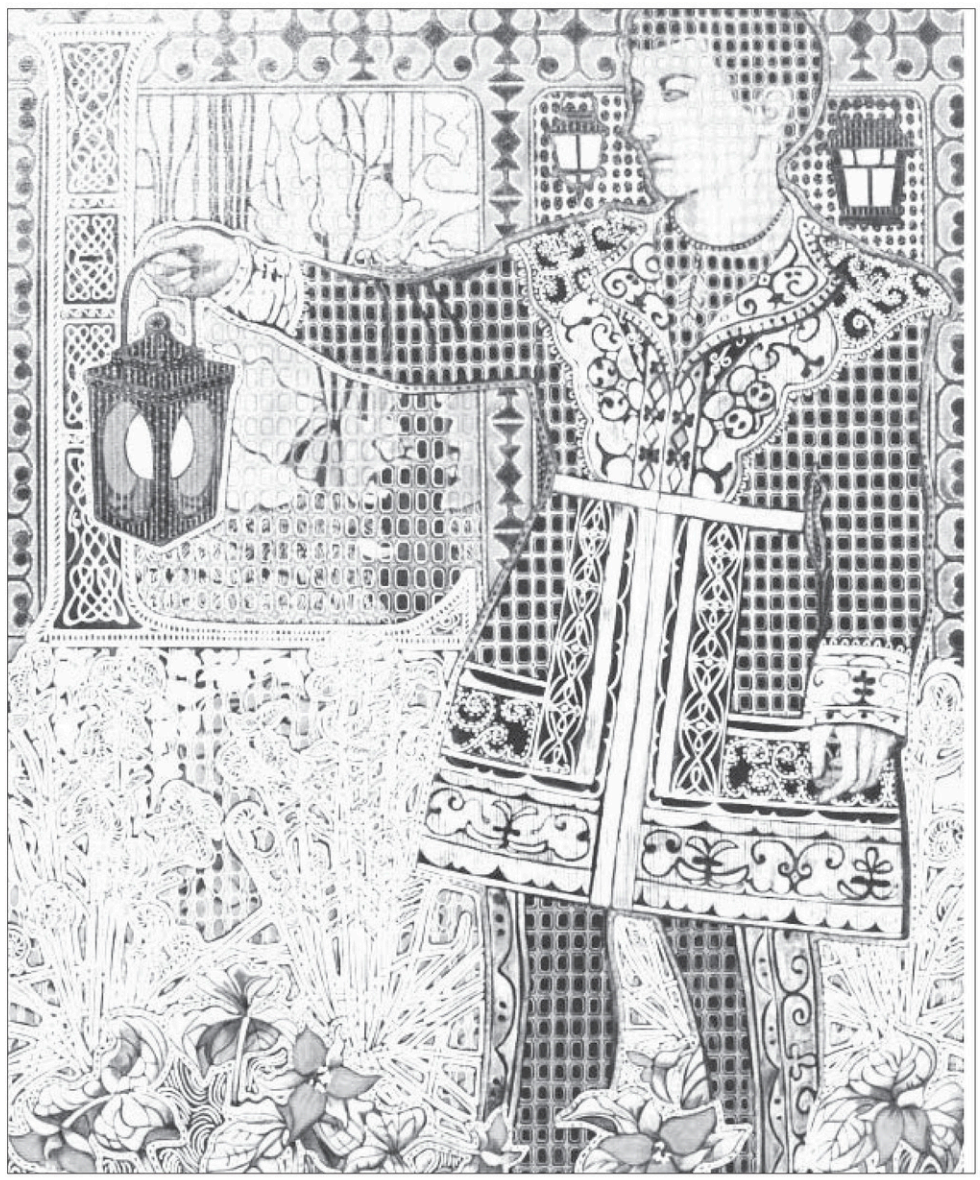
Sherbrooke-based multi-disciplinary artist and author Johanne Bilodeau will be present at the Arts Sutton Gallery on Sunday afternoon from 2 p.m. to 4 p.m. to give a guided tour of the current exhibition of her work.

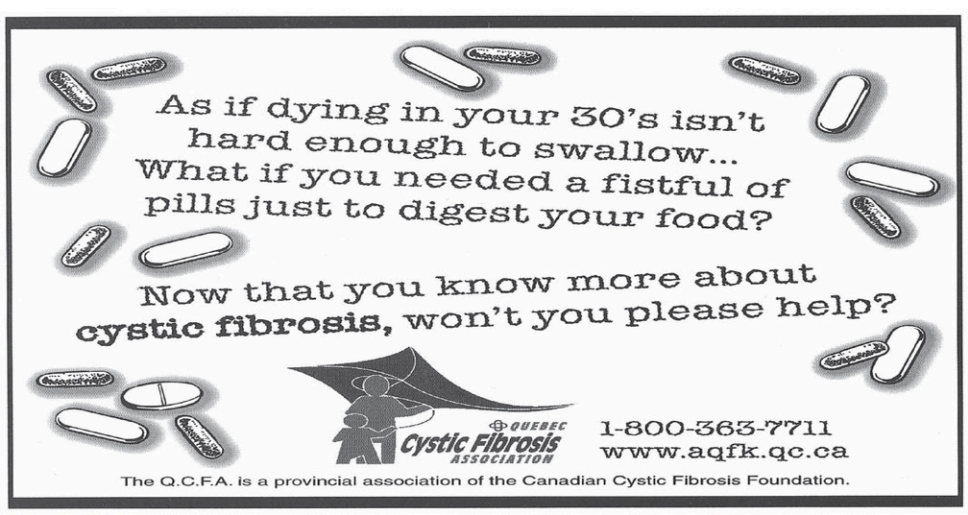
Proudly of mixed native and European heritage, Bilodeau's artistic approach revolves around the idea of social ecology, the restoration of natural ecosystems, and the preservation of cultural landscapes.

The exhibit L'Invisible traversée finds its inspiration within the man-made landscapes of the Fjord du Saguenay in Québec. This region, well explored by the artist, will become the setting of a funeral voyage during which the artist will be the guide. The water of the fjord will be the last resting place of a close parent and the artist's visual presentation will bring forward the ecological interrelationships in this funeral story. Nature, key to the story, will reveal a native identity through the landscape representation.

L'Invisible traversée offers includes 16 works of art and one installation, all of which promise to carry visitors through the past, present, and future through the theme of water: fresh and salty at the same time. It will be on display until September 2.

Johanne Bilodeau, graduated from the L'Université du Québec in Montreal in Fine Arts (1997) and from l'Université de Sherbrooke en Pratiques artistiques actuelles (2015). Her work can be found in public and private collections.





# Your week on TV

## WEEKDAY MORNING

| | Bell | Star | 6 AM | 6:30 | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Channel 3 News Morning | | CBS This Morning | | | | Rachael Ray | | The Doctors | | The Price Is Right | |
| WPTZ 5 | - | - | NBC5 News Today | | Today | | | | Live with Kelly and Ryan | | Megyn Kelly Today | | Today-Kathie Lee & Hoda | |
| CBMT 6 | 206 | 301 | Daybreak | | (:15) Arthur | Beat Bugs | Var. Programs | The Moblees | (8:55) Lazoo | Beat Bugs | Napkin Man | Daniel Tiger | Dragons' Den | |
| CHLT 7 | 107 | 718 | Salut bonjour (N) (SC) | | | | | | | (:29) "L'Amour fait sa loi" (2012) Natalie Hall. | | | Tom & Jerry | Mario Dumont |
| | | | | | | | | | | (:29) "Floride" (2015, Comédie) Jean Rochefort. (DVS) (SC) | | | | Tom & Jerry |
| | | | | | | | | | | (:29) ★★★ "Intouchables" (2011) François Cluzet. (SC) | | | | |
| | | | | | | | | | | (:29) ★★ "Jane" (2007, Biographie) Anne Hathaway, James McAvoy. (SC) | | | | |
| | | | | | | | | | | (:29) ★★ "Les pouvoirs de la prière" (2015) Priscilla Shirer. Premiere. (SC) | | | | |
| WMTW 8 | - | - | WMTW News 8 at 6am | | Good Morning America | | | | Live with Kelly and Ryan | | Steve | | The View | |
| CKSH 9 | 108 | - | Toc toc toc | Pyjam. | Organisation | Salmigondis | Jack et | Clic | Movie | | | | Ricardo | Squelettes |
| CKMI 11 | - | - | Global News Morning | | | | | | Morning Show | Huntley Str't | Sarah's House | Income Prop. | Eat St. | Leave-Bryan |
| CFCF 12 | 205 | 312 | Your Morning | | Your Morning | | Your Morning | | Live with Kelly and Ryan | | The Marilyn Denis Show | | The View | |
| WVNY 22 | - | - | Local 22 News This Morning | | Good Morning America | | | | The Dr. Oz Show | | Paid Program | Var. Programs | The View | |
| WUTV 30 | - | - | Paid Program | Var. Programs | 2 on Your Side Daybreak | | Var. Programs | Forensic Files | Paid Program | Paid Program | Couples Court | Couples Court | Maury | |
| CFKS 31 | 106 | 726 | Infopublicité | NVL | Scorpion "Alerte tornade" | | Scorpion | NVL en bref | Scorpion | NVL en bref | Histoire | Guerre-clans | Guerre-clans | Atomes croch |
| | | | Moment V (N) | | Moment V (N) | | Moment V (N) | | Moment V (N) | | Infopublicité | Atomes croch | | Guerre-clans |
| | | | | | | | | NVL en bref | | | | | | |
| WUHF | - | 363 | Paid Program | Good Day R | Good Day Rochester | | Good Day Rochester | | Judge Mathis | | The Wendy Williams Show | | Jerry Springer | |
| WETK | - | - | Classical | World News | Ready Jet Go! | Cat in the Hat | Nature Cat | Curious | Pinkalicious | Daniel Tiger | Daniel Tiger | Splash | Sesame Street | Super Why! |
| WCFE | - | - | Wild Kratts | Odd Squad | Curious | Pinkalicious | Daniel Tiger | Daniel Tiger | Cat in the Hat | Dinosaur Train | Super Why! | Sesame Street | Splash | Arthur |
| A&E | 615 | 520 | Paid Program | Paid Program | Varied Programs | | | | | | | | | |
| BRAVO | 620 | 523 | Relic Hunter | | "Past Malice: An Emma Fielding Mystery" (2018) | | | | Relic Hunter | | "Past Malice: An Emma Fielding Mystery" (2018) | | | |
| | | | | | Movie | | | | | | Movie | | | |
| CNN | 500 | 500 | New Day With Alisyn | | New Day With Alisyn | | New Day With Alisyn | | CNN Newsroom | | CNN Newsroom | | At This Hour With | |
| DISC | 520 | 505 | Mayday "Who's in Control?" | | Mayday "Deadly Go Round" | | Mayday "Fatal Delivery" | | Bones | | Diesel Brothers | | Mighty Cruise Ships | |
| | | | | | | | | | | | Cold Water Cowboys | | | |
| | | | | | | | | | | | Gold Rush | | Mighty Ships (DVS) | |
| | | | | | | | | | | | Hellfire Heroes (DVS) | | | |
| | | | | | | | | | | | Alaska: The Last Frontier | | | |
| HIST | 522 | 506 | Canadian Pickers | | Yukon Gold | | Ice Road Truckers | | Canadian Pickers | | Yukon Gold | | Ice Road Truckers | |
| PARMT | 628 | 584 | Bar Rescue | | Bar Rescue | | Bar Rescue | | Bar Rescue | Var. Programs | Bar Rescue | | Bar Rescue | |
| RDI | 126 | 730 | (5:00) RDI matin | | | | | | | L'info | | | | Isabelle Richer |
| SHOW | 616 | 521 | Beauty and the Beast | | Beauty and the Beast | | Movie | | | | Movie | | | |
| SLICE | 601 | 562 | ET Canada | Say Yes-Dress | Varied Programs | | | | | | | | | |
| TLC | 521 | 560 | Little Family | Var. Programs | Outdaughtered | | Outdaughtered | | Varied Programs | | | | Extreme Cou | Extreme Cou |
| TSN | 400 | 400 | SportsCentre | | SportsCentre | | SportsCentre | | SportsCentre | | SportsCentre | | SportsCentre | |
| | | | | | | | | | | | | | U.S. Open | |
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| | | | | | | | | | | | | | U.S. Open | |
| | | | | | | | | | | | | | U.S. Open | |
| YOUTH | 551 | 542 | Cloudy, Meat | Loud House | Loud House | Loud House | SpongeBob | SpongeBob | Mysticons | Mysticons | Cloudy, Meat | Cloudy, Meat | Chuck's | Chuck's |

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# Your week on TV

## WEEKDAY AFTERNOON

| | Bell | Star | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 | 4 PM | 4:30 | 5 PM | 5:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Across/ Fence | The Young and the Restless | | Bold/Beautiful | The Talk | | Let's Make a Deal | | Family Feud | Family Feud | Channel 3 | 3 News |
| WPTZ 5 | - | - | NBC5 News | Day Jeopardy | Days of our Lives | | Steve | | Dr. Phil | | The Ellen DeGeneres Show | | NBC5 News | NBC5 News |
| CBMT 6 | 206 | 301 | CBC News | CBC News | Escape to the Country | | The Goods | | Heartland | | Bondi Vet | | Murdoch Mysteries | |
| CHLT 7 | 107 | 718 | (:02) Le TVA régional | | Accès illimité | | Au secours de Béatrice | | TVA nouvelles | Les feux de l'amour | | Top modèles | (4:58) TVA nouvelles | |
| WMTW 8 | - | - | News | Access | The Chew | | General Hospital | | The Ellen DeGeneres Show | | WMTW News 8 at 4pm | | WMTW News 8 at 5PM | |
| CKSH 9 | 108 | - F | Téléjournal | Second regard | Les échangistes (SC) | | ★★★ **"Maris et femmes"** (1992, Drame) Woody Allen. (SC) | | | | **Monk** (SC) | | **Candice Renoir** (SC) | |
| | | - M | | **Bleu** (SC) | **Le beau dimanche** (SC) | | ★★ **"Hanté par ses ex"** (2009) Matthew McConaughey. | | | | | | | |
| | | - T | | **Métiers** | **Les échangistes** (SC) | | **Les enquêtes de Laviolette** "Le parme convient à Laviolette" | | | | | | | |
| | | - W | | **La facture** | | | ★ **"Diana"** (2013) Naomi Watts, Naveen Andrews. (DVS) (SC) | | | | | | | |
| | | - Th | | **L'épicerie** | | | **Inspecteur Barnaby** Barnaby et Winter tombent sur un corps. | | | | | | | |
| CKMI 11 | - | - | Global News | ET Canada | Days of our Lives | | The Talk | | Rachael Ray | | Millionaire | The Young and the Restless | | Global News |
| CFCF 12 | 205 | 312 | CTV News Montreal | | The Social | | Dr. Phil | | The Dr. Oz Show | | The Ellen DeGeneres Show | | CTV News Montreal at 5 | |
| WVNY 22 | - | - | Hot Bench | Hot Bench | The Chew | | General Hospital | | The People's Court | | Judge Judy | Judge Judy | Judge Judy | Judge Judy |
| WUTV 30 | - | - | The Steve Wilkos Show | | Maury | | Judge Mathis | | Jerry Springer | | Steve | | Family Feud | Family Feud |
| CFKS 31 | 106 | 726 | Guerre-clans | Movie | | | | Movie | | | | Les Simpson | Les Simpson | Atomes croch |
| WUHF | - | 363 | The Steve Wilkos Show | | Maury | | Varied Programs | | Hot Bench | Hot Bench | Judge Judy | Judge Judy | The People's Court | |
| WETK | - | - | Dinosaur Train | Peg & Cat | Sesame Street | Splash | Curious | Wild Kratts | Odd Squad | Varied Programs | | | | World News |
| WCFE | - | - F | Betty White: First Lady of Television | | | Ready Jet Go! | Wild Kratts | Wild Kratts | Odd Squad | Odd Squad | Pinkalicious | Nature Cat | Daniel Tiger | Curious |
| | | - M | To Be Announced | | | | | | | | | | | |
| | | - T | | | | | | | | | | | | |
| | | - W | | | | | | | | | | | | |
| | | - Th | To Be Announced | | | | | | | | | | | |
| A&E | 615 | 520 | Varied Programs | | | | | | | | | | | |
| BRAVO | 620 | 523 | Relic Hunter | | Movie | | | | Varied Programs | | | | | |
| CNN | 500 | 500 | Inside Politics | | Wolf | | CNN Newsroom | | CNN Newsroom | | The Lead With Jake Tapper | | Situation Room With Wolf | |
| DISC | 520 | 505 F | CSI: New York | | Bering Sea Gold | | Diesel Brothers "Big Bro Bus" | | FantomWorks | | Misfit Garage "Barter Bucket" | | CSI: New York | |
| | | 505 M | | | Bering Sea Gold: Under | | Homestead Rescue "Trapped" | | Heavy Rescue: 401 | | Bones "The Body in the Bag" | | | |
| | | 505 T | | | | | Alaskan Bush People | | Alaskan Bush People | | | | | |
| | | 505 W | | | | | Deadliest Catch: On Deck | | Deadliest Catch | | | | | |
| | | 505 Th | | | | | Mayday "Afghan Nightmare" | | Mayday (DVS) | | | | | |
| HIST | 522 | 506 F | M*A*S*H | M*A*S*H | Canadian Pickers | | Ice Road Truckers | | Restoration Garage | | Canadian Pickers | | M*A*S*H | M*A*S*H |
| | | 506 M | Canadian Pickers | | | | American Pickers | | American Pickers | | American Pickers | | American Pickers | |
| | | 506 T | Neanderthal Apocalypse | | | | Forged in Fire | | Forged in Fire | | Forged in Fire | | Forged in Fire | |
| | | 506 W | Restoration Garage | | Restoration Garage | | Counting Cars | | Counting Cars | Counting Cars | Counting Cars | Counting Cars | Counting Cars | Counting Cars |
| | | 506 Th | Canadian Pickers | | Ultimate Auctions | | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars |
| PARMT | 628 | 584 | Bar Rescue | | Bar Rescue | Varied Programs | | | | | | | | |
| RDI | 126 | 730 | Téléjournal | Les ex | | L'info | | | | | (3:59) Mordus de politique | | En direct avec Patrice Roy | |
| SHOW | 616 | 521 F | Beauty and the Beast | | Beauty and the Beast | | "Text to Kill" (2015) Dina Meyer, Emily Tennant. | | | | Bull "Name Game" | | NCIS "Double Identity" | |
| | | 521 M | | | NCIS "Moonlighting" | | NCIS "Obsession" | | NCIS "Borderland" | | | | | |
| | | 521 T | | | | | | | | | | | | |
| | | 521 W | Private Eyes "The Code" | | | | | | | | | | | |
| | | 521 Th | | | | | | | | | | | | |
| SLICE | 601 | 562 | Varied Programs | | Sex & the City | Sex & the City | Say Yes-Dress | Say Yes-Dress | Varied Programs | | | | | |
| TLC | 521 | 560 | Extreme Cou | Extreme Cou | Say Yes: ATL | Say Yes: ATL | Say Yes: ATL | Say Yes: ATL | Four Weddings | | Four Weddings | | Say Yes | Say Yes |
| TSN | 400 | 400 | 2018 U.S. Open Tennis | | Varied Programs | | | | | | | | | |
| YOUTH | 551 | 542 | Chuck's | Mysticons | Mysticons | The ZhuZhus | The ZhuZhus | Cloudy, Meat | Cloudy, Meat | SpongeBob | Varied Programs | | | |

## FRIDAY EVENING — AUGUST 24, 2018

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | Channel 3 News at Six (N) | | CBS Evening News | NFL Preseason Football New England Patriots at Carolina Panthers. From Bank of America Stadium in Charlotte, N.C. (N) (Live) | | | | | | Entertainment Tonight (N) | Channel 3 News | (:35) The Late Show With Stephen Colbert | |
| WPTZ 5 | - | - | NBC5 News at 6 (N) | NBC Nightly News - Holt | Jeopardy! | Wheel of Fortune | American Ninja Warrior "Minneapolis City Finals" The top 30 compete. (DVS) | | | | Dateline NBC (N) | | NBC5 News at 11 (N) | (:34) The Tonight Show Starring Jimmy Fallon | |
| CBMT 6 | 206 | 301 | CBC Montreal News (N) | Power & Politics (N) | Just for Laughs: Gags | Coronation Street (N) | marketplace | Hello Goodbye | The Detectives Rod investigates the murder of a teen. | | The National (N) | | CBC Montreal News (N) | CBC Arts: Exhibitionists | Coronation Street |
| CHLT 7 | 107 | 718 | (5:58) TVA nouvelles (N) | Sucré salé (N) (SC) | Vlog Brigitte Boisjoli. (SC) | Dans ma tête (SC) | "Le convoi" (2016, Action) Mark-Paul Gosselaar, Bruce Willis. Premiere. (SC) | | | Bloopers: les classiques 5 | TVA nouvelles (N) | (:35) Sucré salé (SC) | (:05) ★★ "X-Men: l'engagement ultime" (2006, Action) Hugh Jackman. (DVS) (SC) | | |
| WMTW 8 | - | - | WMTW News 8 at 6PM (N) | ABC World News | Chronicle: Blitz | NFL Preseason Football New England Patriots at Carolina Panthers. From Bank of America Stadium in Charlotte, N.C. (N) (Live) | | | | | | Homes & Great Estates | WMTW News 8 at 11 (N) | (:35) Jimmy Kimmel Live | |
| CKSH 9 | 108 | - | (5:59) Le téléjournal Estrie | Le TJ Extra ICI Estrie (N) | ★★★ "Trouver Doris" (2016, Enfants) Voices of Ellen DeGeneres, Albert Brooks, Ed O'Neill. Premiere. (DVS) (SC) | | | | Disparition "Le passé" Julien apprend enfin la vérité. (SC) | | Le téléjournal avec Pascale Nadeau (N) (SC) | | (:06) "Sarah préfère la course" (2013) Sophie Desmarais, André Beaupré. (SC) | | |
| CKMI 11 | - | - | Global National (N) | (:29) Global News at 6:30 | ET Canada | Entertainment Tonight (N) | NCIS: Los Angeles A top-secret device must be found. | | Hawaii Five-0 A killer kidnaps Alicia and McGarrett. | | First Dates (DVS) | First Dates "Instaflirt" | Global News at 11 (N) | ET Canada | Late Show-Colbert |
| CFCF 12 | 205 | 312 | (5:59) CTV News Montreal (N) | | etalk (N) | The Big Bang Theory | ★★★ "Thor" (2011, Action) Chris Hemsworth, Natalie Portman. Premiere. Cast out of Asgard, the Norse god lands on Earth. (DVS) | | | | | The Big Bang Theory | News-Lisa | CTV News Montreal (N) | The Big Bang Theory |
| WVNY 22 | - | - | Local 22 News (N) | ABC World News | Local 22 News (N) | Inside Edition (N) | Fresh Off the Boat | Speechless (DVS) | What Would You Do? (N) | | (:01) 20/20 (N) | | Local 22 News (N) | (:35) Jimmy Kimmel Live | |
| WUTV 30 | - | - | The Big Bang Theory | Judge Judy (N) | Judge Judy (N) | Family Feud | BIG3 Basketball Championship Finals -- Power vs 3's Company. (N) (Live) | | | | 2 on Your Side at 10 (N) | Seinfeld | Two and a Half Men | Two and a Half Men | Last Man Standing |
| CFKS 31 | 106 | 726 | Souper parfait | Souper parfait | L'arbitre | | Code 111 | 911 "Rage de dents" | ★★ "Acte de bravoure" (2012, Action) Roselyn Sánchez, Jason Cottle. Des militaires doivent venir à la rescousse d'un agent de la CIA. | | | | | NVL (N) | Conversations intimes |
| WUHF | - | 363 | Modern Family | Modern Family | The Big Bang Theory | The Big Bang Theory | BIG3 Basketball Championship Finals -- Power vs 3's Company. (N) (Live) | | | | 13WHAM News at 10 on Fox Rochester (N) (Live) | | DailyMailTV | The Simpsons | Paid Program |
| WETK | - | - | PBS NewsHour (N) | | BBC Newsnight | Vermont This Week (N) | Washington Week (N) | Breaking Big | The Great British Baking Show "The Final" (N) | | Weekend in Havana The culture and history of Havana. | | Nightly Business Report | Amanpour on PBS (N) | BBC World News (N) |
| WCFE | - | - | World News America | Nightly Business Report | PBS NewsHour (N) | | Mountain Lake Journal | New York Now | Pavlo Live in Kastoria Pavlo performs old and new music. | | | Food: What the Heck Should I Eat? Food's crucial role in medicine. | | | |
| A&E | 615 | 520 | (5:00) Live PD "Live PD -- 08.18.18" Riding along with law enforcement. | | | | (:06) Live PD: Rewind "Live PD: Rewind No. 139" (N) | | Live PD "Live PD -- 08.24.18" Riding along with law enforcement. (N) | | | | | | Live PD |
| BRAVO | 620 | 523 | Bones A successful ad man's remains are found. | | Bones Angela hides details of her pregnancy. | | Bones Jacob Broadsky takes out another victim. | | Bones Booth and Brennan go under cover. | | Killing Eve Eve ensconces the mole in a safe house. | | Bones A TV-show host's remains are found. | | Bones "Finder" |
| CNN | 500 | 500 | Situation Room With Wolf | | Erin Burnett OutFront (N) | | Anderson Cooper 360 (N) | | Cuomo Prime Time (N) | | Cuomo Prime Time (N) | | CNN Special Report | | Cooper 360 |
| DISC | 520 | 505 | American Chopper Senior and Junior start on their bike. | | MythBusters If burglar can be shot out of chimney. | | Naked and Afraid XL | | Naked and Afraid XL Survivalists embark on hunts. | | Mayday "Fatal Delivery" Getting a plane to safety. | | Mayday Flight 185 crashed into the Musi River. | | Naked and Afraid XL |
| HIST | 522 | 506 | Pawn Stars | Pawn Stars | Alone The participants from Season 5. | | Project Impossible New engineering projects. | | American Pickers The guys discover a music jackpot. | | American Pickers Mike looks to bundle. | | Pawn Stars | Pawn Stars | American Pickers |
| PARMT | 628 | 584 | Tattoo Nightmares | Tattoo Nightmares | Tattoo Nightmares | Tattoo Nightmares | Tattoo Nightmares | Tattoo Nightmares | ★★★ "The Other Guys" (2010, Comedy) Will Ferrell, Mark Wahlberg. Two desk-bound detectives get a chance to work on a real case. | | | | | Tattoo Nightmares | Tattoo Nightmares |
| RDI | 126 | 730 | (5:59) Le national (N) | (:31) RDI économie (N) | (:01) 24/60 (N) (SC) | | Les grands reportages (N) (SC) | | Le téléjournal (N) (SC) | | Le téléjournal avec Pascale Nadeau (N) (SC) | | Le national (N) (SC) | (:31) Le national (N) | (12:01) 24/60 (SC) |
| SHOW | 616 | 521 | NCIS "Jurisdiction" A Navy diver is murdered. | | NCIS Officer's death links to a prostitute. | | Bull "Name Game" Bull helps sue a corrupt a bank. | | ★ "G.I. Joe: The Rise of Cobra" (2009, Action) Channing Tatum, Dennis Quaid. Elite soldiers battle a corrupt arms dealer named Destro. | | | | | Man With a Plan | NCIS "Jurisdiction" |
| SLICE | 601 | 562 | Sex and the City | Sex and the City | The Real Housewives of Dallas | | The Real Housewives of Dallas "Bubbles and Brooding" | | ★ "Good Luck Chuck" (2007) Dane Cook, Jessica Alba, Dan Fogler. A cursed dentist cannot find true love. | | | | ★★★ "Our Idiot Brother" (2011, Comedy) Paul Rudd, Elizabeth Banks. | | |
| TLC | 521 | 560 | Say Yes to the Dress | Say Yes to the Dress | Say Yes to the Dress Randy has his runway show. | | 90 Day Fiancé: Before the 90 Days "Extended: Blindsided" Tarik arrives in Manila. (N) | | | | Unexpected McKayla tells Caelan to step up. (N) | | 90 Day Fiancé: Before the 90 Days "Extended: Blindsided" Tarik arrives in Manila. | | |
| TSN | 400 | 400 | SportsCentre (N) (Live) | | CFL Wired | CFL Football Toronto Argonauts at Montreal Alouettes. (N) (Live) | | | | | | SportsCentre (N) (Live) | | | SportsCentre (N) |
| YOUTH | 551 | 542 | Nicky, Ricky | Henry Danger | Knight Squad | Thundermans | ★★★ "The Chronicles of Narnia: Prince Caspian" (2008) Georgie Henley. | | | | | | Assembly | Assembly | Caspian |

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# Your week on TV

## SATURDAY DAYTIME — AUGUST 25, 2018

| | Bell | Star | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | CBS This Morning: Saturday (N) | | | | Lucky Dog "Cooper" | Dr. Chris: Pet Vet | Innovation Nation | The Inspectors | Transform | Larry King Sp. | Stand for Hope | Tapping IN: The Happiest People | | The Drive to Atlanta | PGA Golf | |
| WPTZ 5 | - | - | (7:00) Today (N) | Teen Kids News (N) | Hanna Into the Wild | Champ Within | The Voyager | Wilderness Vet | Journey-Dreyer | Naturally, Danny Seo | Health & Happiness | Premier League Soccer Liverpool FC vs Brighton & Hove Albion FC. (N) (Live) | | | | Prem Goal Zone | Mecum Auto Auctions (N) (Live) | |
| CBMT 6 | 206 | 301 | The Furchester Hotel | Beat Bugs | Addison | What He Ate | True Rainbow | (:40) Beat Bugs | The Moblees | (:28) Stella & Sam | Our Montreal (N) | | Bison Return Bison are reintroduced to Banff. | | Doc Zone The world's gold. (DVS) | | The Nature of Things | |
| CHLT 7 | 107 | 718 | (6:00) Salut bonjour week-end (N) (SC) | | | | Québec | Les rénos d'Hugo | Liens rompus (SC) | Bien (SC) | TVA nouvelles (N) | Chacun sa route (N) | Infopublicité (SC) | Les looney tunes | ★★ "Stomp the Yard" (2007, Drame) Columbus Short, Meagan Good, Ne-Yo. (DVS) (SC) | | | |
| WMTW 8 | - | - | Good Morning America (N) | | Jack Hanna | Ocean Treks | Sea Rescue (EI) | The Wildlife Docs | Rock the Park | Vacation Creation | AAA Benefits | 2018 Little League World Series International Championship: Teams TBA. (N) (Live) | | | | | | Little League |
| CKSH 9 | 108 | - | Sous les mers | Nils Holgersson | MBC - Chasseurs | Arthur | (:07) Vite pas vite | (:41) Erky Perky | Estrie | L'épicerie (SC) | Téléjournal | Mondeparlait | 1001 vies "Shoah : les oubliés de l'histoire" | | Viens-tu faire un tour? (DVS) (SC) | | Miss Marple (DVS) (SC) | |
| CKMI 11 | - | - | Fish'n Canada | Real Fishing | Adv'ture North | Fishful Thinking | For Rent | Paid Program | Powerboat Television | Driving Television | Leave It to Bryan | Leave It to Bryan | Taken "Viceroy" (N) | | The Simpsons | Superior Donuts | PGA Golf | |
| CFCF 12 | 205 | 312 | Your Morning Weekend (N) | | It Is Written | Celebrity Style Story | Operation Smile | | It Is Written | Cash Cab | SportsCentre (N) | | Sidelines | Moneytalk (N) | ★★ "Now You See Me" (2013, Comedy-Drama) Jesse Eisenberg, Mark Ruffalo. | | | |
| WVNY 22 | - | - | Good Morning America (N) | | Jack Hanna | Ocean Treks | Sea Rescue (EI) | The Wildlife Docs | Rock the Park | Vacation Creation | Larry King Sp. | 2018 Little League World Series International Championship: Teams TBA. (N) (Live) | | | | | | Little League |
| WUTV 30 | - | - | The New Bissell(R) | Regrow Hair | PiYo Workout! | Regrow Hair | Power Air Fryer Oven | LifeLock Protection | Airbrushed Beauty | Wonder Cooker | Raw Travel | Baseball Stor. | ★★★ "Wedding Daze" (2006, Romance-Comedy) Jason Biggs, Isla Fisher. | | | | ★★ "Stephen King's Thinner" (1996, Horror) | |
| CFKS 31 | 106 | 726 | Atomes crochus | Atomes crochus | Atomes crochus | Atomes crochus | RPM | | RPM Plus | | Infopublicité | Allume-moi! | | Permis de chanter | ★★ "Mannequin" (1987, Com. Sentimentale) Andrew McCarthy, Kim Cattrall, Estelle Getty. | | | |
| WUHF | - | 363 | Xploration Space | Awesome Planet | Weird but True | Xploration DIY Sci | Power Air Fryer Oven | LifeLock Protection | Airbrushed Beauty | Wonder Cooker | Larry King Report | Boost Your Stamina | Ring of Honor Wrestling | | Power Air Fryer Oven | Ultimate Vitamin D | Modern Family | Modern Family |
| WETK | - | - | Easy Yoga for Diabetes With Peggy Cappy | | Outdoor Journal | MotorWeek (N) | Lidia's Kitchen | Yan Can Cook | Scandinavian | Martha Bakes | Test Kitchen | Cook's Country | Woodwright | This Old House | Ask This Old House | Antiques Roadshow "Cleveland" | | Betty White |
| WCFE | - | - | Wild Kratts | Wild Kratts | Odd Squad | Odd Squad | To Be Announced | | | | | | | | To Be Announced | | | |
| A&E | 615 | 520 | Flipping Vegas "Yancey's Eleven" | | Flipping Vegas Gutting an out-of-date house. | | Zombie House Flipping | | Zombie House Flipping | | Nightwatch Nation | | Nightwatch Nation "Not Today" | | Live PD "Live PD -- 11.18.17" Riding along with law enforcement. | | | |
| BRAVO | 620 | 523 | Bones "The Feet on the Beach" | | Bones "The Truth in the Myth" | | Bones "Finder" | | Bones "The Pinocchio in the Planter" | | Bones "The Signs in the Silence" | | Bones "The Hole in the Heart" | | Bones "The Change in the Game" | | "Darrow & Darrow: In the Key of Murder" | |
| CNN | 500 | 500 | New Day Saturday (N) | | Smerconish (N) | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | |
| DISC | 520 | 505 | Homestead Rescue "Nevada Thirst" | | Tanked Aquarium of Atlanta for 2 Chainz. | | Highway Thru Hell "Snowmageddon" | | Hellfire Heroes A truck burns out of control. | | Rocky Mountain Railroad "Avalanche" | | Mayday "Pushed to the Limit" | | Mayday Getting a plane to safety. | | Highway Thru Hell "Cliff Hanger" | |
| HIST | 522 | 506 | Paid Program | Paid Program | Ice Road Truckers "Bridge to Nowhere" | | Treasures Decoded "Ark of the Covenant" | | Treasures Decoded "The Vinland Map" | | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H |
| PARMT | 628 | 584 | Bar Rescue Taffer revisits The Local. | | ★★ "Shooter" (2007, Suspense) Mark Wahlberg, Michael Peña. A wounded sniper plots revenge against those who betrayed him. | | | | | | Bar Rescue | | Bar Rescue | | Bar Rescue | | Bar Rescue | |
| RDI | 126 | 730 | (5:30) RDI matin (N) (SC) | | | | L'info (N) (SC) | L'info (SC) | L'info (N) (SC) | L'info (SC) | Téléjournal | Téléjournal | Le national | L'info (N) (SC) | L'info (N) (SC) | L'info (SC) | L'info (N) (SC) | L'info (SC) |
| SHOW | 616 | 521 | "The Perfect Girlfriend" (2015, Suspense) Adrienne Frantz, Jon Cor. (DVS) | | | | NCIS Investigation into a Marine's shooting. | | ★★ "San Andreas" (2015, Action) Dwayne Johnson. A rescue pilot must save his family after an earthquake. | | | | | ★ "G.I. Joe: The Rise of Cobra" (2009) Channing Tatum. Elite soldiers battle a corrupt arms dealer named Destro. | | | | |
| SLICE | 601 | 562 | Paid Program | PiYo Workout! | Paid Program | Try Yoga! | "My Gal Sunday" (2014, Mystery) Rachel Blanchard, Erica Carroll. | | | | Million Agent | Million Agent | Buying the View | Buying the View | Chrisley Knows | ★ "Good Luck Chuck" (2007) Dane Cook, Jessica Alba. | | |
| TLC | 521 | 560 | Outdaughtered | | Outdaughtered | | Outdaughtered | | Four Weddings "... And a Rock Club" | | Four Weddings "... And a Fairy Garden" | | Four Weddings A black light rave. | | Four Weddings | | Four Weddings "... and a Candelabra Hat" | |
| TSN | 400 | 400 | SportsCentre | | SportsCentre | Pregame | Premier League Soccer Arsenal FC vs West Ham United FC. (N) (Live) | | | | Must See SC (N) | AFL Premiership Football Sydney Swans vs Hawthorn Hawks. From Sydney Cricket Ground in Sydney, Australia. (Taped) | | | | | | CFL Football |
| YOUTH | 551 | 542 | Sponge. | Loud | Loud | Loud | Danger | Cloudy | Cloudy | Turtles | ★★★ "Megamind" (2010) Brad Pitt | | | | Sponge. | Sponge. | Sponge. | Loud |

## SATURDAY EVENING — AUGUST 25, 2018

| | Bell | Star | 4 PM | 4:30 | 5 PM | 5:30 | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | (3:00) PGA Tour Golf The Northern Trust, Third Round. (N) (Live) | | | | Channel 3 News | Weekend News | Entertainment Tonight (N) | | NFL Preseason Football New Orleans Saints at Los Angeles Chargers. From StubHub Center in Carson, Calif. (N) (Live) | | | | | | Channel 3 News | Friends | Person of Interest |
| WPTZ 5 | - | - | Horse Racing Breeders' Cup Challenge Series: Travers Stakes. (N) (Live) | | | | NBC5 News at 6 | Nightly News | Jeopardy! | Wheel of Fortune | America's Got Talent "Live Quarter Finals 2" Twelve acts take the stage in Hollywood. | | | | Dateline NBC | | NBC5 News | (:29) Saturday Night Live | |
| CBMT 6 | 206 | 301 | Escape to the Country | | Dragons' Den (DVS) | | Montreal News | marketplace | Mile Enders 2 (N) | | Exhibitionists | The Filmmakers | "Angry Inuk" (2016) The central role of seal hunting in the lives of the Inuit. | | | | CBC Winnipeg Comedy Festival | | The Durrells |
| CHLT 7 | 107 | 718 | "Stomp the Yard" | (:24) ★★ "L'agent fait la farce 33 1/3: l'insulte finale" (1994) | | | TVA nouvelles (N) | ★★ "Les 4 fantastiques et le Surfer d'argent" (2007) | | | (:15) ★★ "L'oubli" (2013) Tom Cruise, Morgan Freeman. La Terre est dévastée par des extraterrestres. (SC) | | | | (:45) TVA nouvelles | | (:15) ★★ "La cité des ténèbres: la coupe mortelle" (2013) | | |
| WMTW 8 | - | - | (3:30) 2018 Little League World Series U.S. Championship: Teams TBA. (N) (Live) | | | | WMTW News 8 at | World News | Instant Sexy Hair! | Jeopardy! | The Good Doctor "Islands Part One" | | The Good Doctor "Islands Part Two" | | 20/20 | | WMTW News 8 | Rizzoli & Isles "Home Town Glory" | |
| CKSH 9 | 108 | - | (3:00) Miss Marple (DVS) (SC) | | La semaine verte (N) (SC) | | Téléjournal Estrie | Un gars, une fille | 1001 vies (N) (SC) | | Les enfants de la télé (SC) | | Outlander: le chardon et le tartan | | Le téléjournal | (:40) Paparagilles | (:10) ★★★★ "Le pont de la rivière Kwaï" (1957, Guerre) (SC) | | |
| CKMI 11 | - | - | (3:00) PGA Tour Golf The Northern Trust, Third Round. (N) (Live) | | | | Global News at 6 | Global National | Border Security | Border Security | Rookie Blue Nick goes off the grid. | | Rookie Blue "A Real Gentleman" | | Emergency | Emergency | Global News | (:29) Saturday Night Live | |
| CFCF 12 | 205 | 312 | "Now You See Me" | World Kitchen | The Amazing Race Canada | | CTV News Montreal (N) | | W5 Pilot fatigue; Kiefer Sutherland. | | ★★★ "Captain America: Civil War" (2016) Chris Evans. Premiere. Captain America clashes with Iron Man. (DVS) | | | | | | News-Rinaldo | CTV News Montreal | Jeff Ross-Roast |
| WVNY 22 | - | - | (3:30) 2018 Little League World Series U.S. Championship: Teams TBA. (N) (Live) | | | | World News | Local 22 News (N) | Brit's Home | Inside Edition | The Good Doctor "Islands Part One" | | The Good Doctor "Islands Part Two" | | 20/20 | | Local 22 News (N) | Scandal "Tick, Tock" | |
| WUTV 30 | - | - | (3:00) ★★ "Stephen King's Thinner" | | Ring of Honor Wrestling | | Big Bang Theory | Big Bang Theory | Two and Half Men | Two and Half Men | MasterChef Making a dish with a deep-fried element. (DVS) | | | | 2 on Your Side at 10 | Big Bang Theory | Love Connection "Chris & Hannah" | | Marie's BodyGym |
| CFKS 31 | 106 | 726 | ★★ "La vie secrète de Walter Mitty" (2013) Ben Stiller. Walter Mitty n'ose s'évader qu'à travers des rêves. | | | | ★ "La colère des Titans" (2012, Fantastique) Sam Worthington, Liam Neeson. | | | | ★★ "Complot mortel" (1997, Suspense) Mel Gibson, Julia Roberts. Un ex-agent secret sombre dans une paranoïa aiguë. | | | | | | | NVL weekend | Conversations |
| WUHF | - | 363 | Modern Family | Modern Family | Paid Program | Paid Program | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | MasterChef Making a dish with a deep-fried element. (DVS) | | | | WHAM News | Engagement | Love Connection "Chris & Hannah" | | ROH Wrestling |
| WETK | - | - | Betty White: First Lady of Television | | Delicious Europe | NewsHour Wk | Father Brown | | As Time Goes By | Keep-Appear | French Fields | Upstart Crow | The Doctor Blake Mysteries | | Death in Paradise | | Austin City Limits | | Underground |
| WCFE | - | - | To Be Announced | | | | To Be Announced | | | | To Be Announced | | | | | | | | To Be Announced |
| A&E | 615 | 520 | (2:00) Live PD "Live PD -- 11.18.17" | | Live PD "Live PD -- 08.17.18" Riding along with law enforcement. | | | | | | (:06) Live PD: Rewind (N) | | Live PD "Live PD -- 08.25.18" Riding along with law enforcement. (N) | | | | | | Live PD |
| BRAVO | 620 | 523 | "Darrow & Darrow: In the Key of Murder" | | Major Crimes "Under the Influence" | | Major Crimes "I, Witness" | | Major Crimes "D.O.A." | | Law & Order: Special Victims Unit | | Take Two (DVS) | | Major Crimes "Under the Influence" | | Major Crimes "I, Witness" | | Major Crimes |
| CNN | 500 | 500 | CNN Newsroom | | CNN Newsroom | | S.E. Cupp Unfiltered | | CNN Newsroom | | CNN Special Report | | The 2000s | | The Nineties | | The Eighties | | The 70's |
| DISC | 520 | 505 | Highway Thru Hell (DVS) | | Highway Thru Hell "Gate Crasher" | | Highway Thru Hell "Slippery Slope" | | Highway Thru Hell "Perfect Storm" | | Highway Thru Hell "Python Unleashed" | | Highway Thru Hell "Hell Of A Ride" | | Highway Thru Hell "Reading The Road" | | Highway Thru Hell "Snowbound" | | Highway Thru Hell |
| HIST | 522 | 506 | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H "Heroes" | M*A*S*H | M*A*S*H | Pawn Stars | The Ultimate Guide to Sounding Smart A fact-filled treasure trove of trivia. | | | | Forged in Fire "Kora Sword" | | Ultimate Guide |
| PARMT | 628 | 584 | Bar Rescue "Back to the Bar: Tough Love" | | Bar Rescue | | ★★ "Shooter" (2007, Suspense) Mark Wahlberg. A wounded sniper plots revenge against those who betrayed him. | | | | | Bar Rescue | Bar Rescue Taffer revisits The Comeback. | | Bar Rescue | | Bar Rescue | | Bar Rescue |
| RDI | 126 | 730 | L'info (N) (SC) | Journal France 2 | Téléjournal | L'épicerie (N) (SC) | (:01) La semaine verte (N) (SC) | | Le national (N) | (:31) Le national | (:01) Découverte (Part 2 of 8) (SC) | | Le téléjournal avec Pascale Nadeau (N) (SC) | | | Le téléjournal | Le téléjournal | Le national | Le téléjournal |
| SHOW | 616 | 521 | ★★ "G.I. Joe: Retaliation" (2013, Action) Dwayne Johnson, Bruce Willis, Channing Tatum. | | | | | ★★ "San Andreas" (2015) Dwayne Johnson. A rescue pilot must save his family after an earthquake. | | | | | ★★★ "Deadpool" (2016) Ryan Reynolds. Deadpool hunts down the man who nearly destroyed his life. | | | | | ★★ "G.I. Joe: Retaliation" (2013) | |
| SLICE | 601 | 562 | "Chuck" | ★★ "Fools Rush In" (1997) Matthew Perry. Pregnancy pushes one-shot lovers into a difficult marriage. | | | | | ★★★ "Our Idiot Brother" (2011, Comedy) Paul Rudd, Elizabeth Banks. | | ★★ "Dumb and Dumber To" (2014) Jim Carrey. Lloyd and Harry set out to find the child Harry never knew. | | | | | | | ★★ "Fools Rush In" (1997) Matthew Perry. | |
| TLC | 521 | 560 | Four Weddings "... And a Chork" | | Four Weddings | | Four Weddings "... And a Cotton Ball" | | Four Weddings Friends attend each other's weddings. | | Four Weddings "...and Brides on a Vine" Brides judge each other's weddings. (N) | | | | | | (:04) Four Weddings Friends attend each other's weddings. | | |
| TSN | 400 | 400 | (3:30) CFL Football Winnipeg Blue Bombers at Calgary Stampeders. (N) (Live) | | | | | | SportsCentre (N) (Live) | | Training Days: Rolling With the Tide (N) | | CFL Wired | | SportsCentre (N) (Live) | | CFL Football Saskatchewan Roughriders at BC Lions. (N) (Live) | | |
| YOUTH | 551 | 542 | Loud | Loud | ReBoot | ReBoot | ★★★★ "Finding Nemo" (2003) | | | | ★★★★ "Finding Nemo" (2003) | | | | Driving | Driving | Just Kid | Just Kid | Tales of |

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# Your week on TV

## SUNDAY DAYTIME — AUGUST 26, 2018

| | Bell | Star | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News Sunday Morning** (N) | | **CBS News Sunday Morning** (N) ⫾ CC | | **Face the Nation** (N) ⫾ CC | | **Pet Vet-Team** | | **Paid Program** | **LifeLock Protection** | **WSL Surf Ranch Pro Preview Show** (N) | | **PGA Tour Golf** The Northern Trust, Final Round. (N) (Live) | | | |
| WPTZ 5 | - | - | **Sunday Today With Willie Geist** (N) CC | | **Meet the Press** (N) ⫾ CC | | **Soledad O'Brien** | **On the Money** (N) | **Rizzoli & Isles** "Melt My Heart to Stone" ⫾ | | **Major Crimes** "Wish You Were Here" CC | | **Sports Gone Wild** | | **To Be Announced** | | | |
| CBMT 6 | 206 | 301 | **Coronation Street** ⫾ | **Coronation Street** ⫾ | **Coronation Street** ⫾ | **Coronation Street** ⫾ | **Coronation Street** ⫾ | **Coronation Street** ⫾ | **CBC News Network** | **Maamuita-au** CC | **Our Montreal** CC | | **The Goods** Competing genders. ⫾ CC | | **q** Guillermo del Toro; Chris Jericho. CC | | **First Play Live** | **Exhibition-ists** |
| CHLT 7 | 107 | 718 | **(6:00) Salut bonjour week-end** (N) (SC) | | | | ★★ **"Un bon cru"** (2006, Com. Sentimentale) Russell Crowe, Marion Cotillard. (DVS) (SC) | | | | **TVA nouvelles** (N) | **La victoire de l'amour** | **Infopub-licité** (SC) | **Bien** (SC) | **(:15) "Cooper un amour de chien"** (2011, Drame) Jon Michael Davis, Farah White. (SC) | | | |
| WMTW 8 | - | - | **Good Morning America** (N) ⫾ CC | | **This Week W/ George Stephanopoulos** | | **Soledad O'Brien** | **Teen Kids News** (N) | **Made in Hollywood** | **Wild About Animals** | **Paid Program** | **Try Yoga** | **World of X Games** (N) | | **Arthur Ashe Kids' Day** (N) | | **2018 Little League World Series** | |
| CKSH 9 | 108 | - | **Sous les mers** | **Jack** (SC) | **Transfor-matruc** | **Code Max** (SC) | **Le jour du Seigneur** (N) (Live) (SC) | | **Les coulisses du pouvoir** (SC) | | **Téléjournal** | **La semaine verte** (SC) | | **Second regard** (N) | **100 pour 100 local** (SC) | | ★★★ **"Le premier envol"** (1996) (SC) | |
| CKMI 11 | - | - | **Fishful Thinking** | **Canadian Pickers** A hangar-sized collection. | | **Lorna Dueck** | **Joel Osteen** (N) | **Paid Program** | **Decked Out** | **Income Property** | **Entertainment Tonight** (N) ⫾ CC | | **The Simp-sons** ⫾ | **The Simp-sons** ⫾ | **PGA Tour Golf** The Northern Trust, Final Round. (N) (Live) | | | |
| CFCF 12 | 205 | 312 | **It Is Written** CC | **The Social** (N) CC | **Operation Smile** ⫾ CC | | **Paid Program** | **Church of the Rock** | **The Marilyn Denis Show** ⫾ CC | | **SportsCentre** (N) ⫾ CC | | ★★ **"Justin Bieber: Never Say Never"** (2011) Justin Bieber. The young musician rises to superstardom. ⫾ CC | | | | | **etalk** ⫾ CC |
| WVNY 22 | - | - | **Good Morning America** (N) ⫾ CC | | **This Week W/ George Stephanopoulos** | | **What Matters** | **The Key of David** | **Nuwave Cook** | **Paid Program** | **Larry King Report** | **CookSmart** | **World of X Games** (N) | | **Arthur Ashe Kids' Day** (N) | | **2018 Little League World Series** | |
| WUTV 30 | - | - | **The Ernest Angley Hour** | | **FOX News Sunday With Chris Wallace** (N) | | **Sharyl Attkisson** | **The Key of David** | **Larry King Special** | **Match Day** | **Bundesliga Soccer** Borussia Dortmund vs RB Leipzig. (N) ⫾ (Live) | | | | **Ring of Honor Wrestling** CC | | **FOX College Football Kickoff** (N) ⫾ | |
| CFKS 31 | 106 | 726 | **La guerre des clans** | **La guerre des clans** | **La guerre des clans** | **La guerre des clans** | **RPM** La Jaguar F-Type 400. | | **RPM Plus** | | **Infopub-licité** | **L'arbitre** "Moments inédits" | | **NCIS: Los Angeles** "Agent triple" ⫾ | | ★ **"Amours troubles"** (2003) Ben Affleck, Jennifer Lopez. | | |
| WUHF | - | 363 | **Wild America** | **Cook Fast & Healthy** | **FOX News Sunday With Chris Wallace** (N) | | **Sharyl Attkisson** | **Rochester Press Box** | **Airfryer Oven** | **Match Day** | **Bundesliga Soccer** Borussia Dortmund vs RB Leipzig. (N) ⫾ (Live) CC | | | | **Ring of Honor Wrestling** CC | | **FOX College Football Kickoff** (N) ⫾ CC | |
| WETK | - | - | **Pinkalicious** | **Splash-Bubbles** | **Curious George** | **Nature Cat** CC | **Wild Kratts Alaska: Hero's Journey** CC | | **Breaking Big** CC | **Vermont This Week** | **Downton Abbey on Masterpiece** Mary struggles with loss. ⫾ CC (DVS) | | | | **Resilience: At-Risk Youth In Vt** | | **Mindfulness Goes Mainstream** ⫾ CC | |
| WCFE | - | - | **Wild Kratts Alaska: Hero's Journey** CC | | **Washing-ton Week** | **Firing-Hoover** | **Mountain Lake** | **New York Now** CC | **To Be Announced** | | | | | | **To Be Announced** | | | |
| A&E | 615 | 520 | **Hoarders** A woman collects cats. ⫾ CC | | **Hoarders** "Manuel & Carla" ⫾ CC | | **Hoarders** "Fuzzie & Fredd; Nancy" CC | | **Born Behind Bars** ⫾ CC | | **Born Behind Bars** ⫾ CC | | **Born Behind Bars** "Believe in Me" ⫾ CC | | ★ **"12 Rounds"** (2009) John Cena. Premiere. An escaped convict kidnaps a cop's fiancee. ⫾ | | | |
| BRAVO | 620 | 523 | **Blue Bloods** "Occupational Hazards" CC | | **Blue Bloods** "Bad Company" ⫾ CC | | **"Past Malice: An Emma Fielding Mystery"** (2018, Mystery) Courtney Thorne-Smith. ⫾ | | | | **Blue Bloods** "Power Players" ⫾ CC | | **Blue Bloods** "In the Box" ⫾ CC | | **Blue Bloods** "Occupational Hazards" CC | | **Blue Bloods** "Bad Company" ⫾ CC | |
| CNN | 500 | 500 | **Inside Politics** (N) | | **State/Union** | | **Fareed Zakaria GPS** | | **Reliable Sources** (N) | | **State/Union** | | **Fareed Zakaria GPS** | | **CNN Newsroom** | | **CNN Newsroom** | |
| DISC | 520 | 505 | **Animal Cops Phoenix** "Criminal Intent" CC | | **Tanked** Tranquil tanks to soothe the nerves. | | **North Woods Law** "Rapid Responders" | | **North Woods Law** "Take the Plunge" | | **Deadliest Catch** "Clash of Kings" ⫾ | | **Cold Water Cowboys** "Go Hard, Go Fast" | | **Gold Rush: Parker's Trail** CC | | **Hellfire Heroes** A truck burns out of control. | |
| HIST | 522 | 506 | **Best Pan Ever!** ⫾ | **Paid Program** ⫾ | **Canadian Pickers** "Maritime Madness" | | **American Pickers** ⫾ CC | | **Pawn Stars** ⫾ | **Pawn Stars** ⫾ | **M*A*S*H** | **M*A*S*H** | **M*A*S*H** ⫾ | **M*A*S*H** "Heroes" | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ |
| PARMT | 628 | 584 | **Bar Rescue** "Down and Out in Las Vegas" | | **Engine Power** ⫾ | **Xtreme Off Road** | **Truck Tech** ⫾ | **Detroit Muscle** | **Bar Rescue** CC | | **Bar Rescue** A death-metal concert bar. | | **Bar Rescue** "Meat Sauna" CC | | **Bar Rescue** "Crayons & Anger Lines" CC | | **Bar Rescue** ⫾ CC | |
| RDI | 126 | 730 | **(5:30) RDI matin weekend** (N) (SC) | | | | **L'info** (N) (SC) | **L'info** (SC) | **Les coulisses du pouvoir** (N) (SC) | | **Téléjournal** | **Téléjournal** | **Vocation: leader** | **L'info** (N) (SC) | **L'info** (N) (SC) | **L'info** (SC) | **L'info** (N) (SC) | **L'info** (SC) |
| SHOW | 616 | 521 | **Paid Program** ⫾ | **Paid Program** ⫾ | **Paid Program** ⫾ | **Man With a Plan** ⫾ | ★★★ **"Die Hard"** (1988, Action) Bruce Willis, Alan Rickman. A New York policeman outwits foreign thugs in an L.A. high-rise. ⫾ CC | | | | ★★★ **"Die Hard 2"** (1990) Bruce Willis, Bonnie Bedelia. Police hero spots military terrorists at D.C. airport. ⫾ CC | | | | | | | **"Die Hard-Veng."** |
| SLICE | 601 | 562 | **Try Yoga!** | **Best Pan Ever!** ⫾ | **Paid Program** ⫾ | **PiYo Workout!** ⫾ | **"Dear Viola"** (2014) Kellie Martin. An advice columnist falls for a widowed fisherman. ⫾ | | | | **Après Ski** "It's All Down Hill From Here" | | **Après Ski** A team dinner goes downhill. ⫾ | | **Mom** ⫾ CC | **Mom** ⫾ CC | **Mom** "Pilot" CC | **"Head Over"** |
| TLC | 521 | 560 | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **Say Yes: ATL** | **My 600-Lb. Life** "Cynthia's Story" Cynthia loses weight for her children. ⫾ CC | | | | **My 600-Lb. Life** "Rena & Lee's Story" Lee and Rena battle anger issues. ⫾ CC | | | |
| TSN | 400 | 400 | **Formula One** | **Formula 1** | **(:05) Formula 1 Racing** Johnnie Walker Belgian Grand Prix. From Circuit de Spa-Francorchamps in Stavelot, Belgium. | | | | **Formula One Pad** | | **Plays Month** | **Motoring TV** (N) | **NASCAR Racing** | | **Formula 1 Racing** Johnnie Walker Belgian Grand Prix. | | | |
| YOUTH | 551 | 542 | **Sponge.** | **Loud** | **Loud** | **Loud** | **Danger** | **Mysticons** | **Mysticons** | **Turtles** | ★★★ **"Happy Feet"** (2006, Children's) ⫾ CC | | | | **Sponge.** | **Sponge.** | **Sponge.** | **Barbie** |

## SUNDAY EVENING — AUGUST 26, 2018

| | Bell | Star | 4 PM | 4:30 | 5 PM | 5:30 | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **(2:00) PGA Tour Golf** The Northern Trust, Final Round. (N) (Live) | | | | **Channel 3 News** | **Weekend News** | **60 Minutes** (N) ⫾ CC | | **Big Brother** (N) ⫾ CC | | **Bull** "School for Scandal" ⫾ CC | | **NCIS: Los Angeles** "All Is Bright" ⫾ | | **Channel 3 News** | **Friends** ⫾ CC | **CSI: Miami** CC |
| WPTZ 5 | - | - | **To Be Announced** | | **IRONMAN World Championship** From Kailua-Kona, Hawaii. ⫾ | | **NBC5 News at 6** | **Nightly News** | **Dateline NBC** (N) ⫾ CC | | **NFL Preseason Football** Arizona Cardinals at Dallas Cowboys. From AT&T Stadium in Arlington, Texas. (N) ⫾ (Live) | | | | | | **NBC5 News** | **Soledad O'Brien** | **Castle** ⫾ CC |
| CBMT 6 | 206 | 301 | ★★ **"Hulk"** (2003, Fantasy) Eric Bana, Jennifer Connelly. Scientist Bruce Banner transforms into a powerful brute. ⫾ CC | | | | | | **Anne With an E** ⫾ CC (DVS) | | **When Calls the Heart** "Healing Heart" ⫾ | | **CBC Docs POV** ⫾ CC | | **The National** (N) ⫾ CC | | **Montreal News** | **the fifth estate** "The Costco Kickbacks" | |
| CHLT 7 | 107 | 718 | **"Les nouvelles aventures d'Aladin"** (2015, Comédie) Kev Adams, Jean-Paul Rouve. (SC) | | | | **TVA nouvelles** (N) | ★★★ **"Casino Royale"** (2006) Daniel Craig. Bond affronte un homme qui finance des terroristes. (DVS) (SC) | | | | | **(:15) Rachid Badouri: rechargé** (SC) | | **(:15) Mitsou et Léa** "Femmes de combat" | | **(:15) TVA nouvelles** | **(:45) ★★★ "L'honneur à tout prix"** | |
| WMTW 8 | - | - | **2018 Little League World Series** Championship: Teams TBA. (N) | | **Cars.TV** ⫾ CC | | **WMTW News 8** | **World News** | **America's Funniest Home Videos** ⫾ | | **Celebrity Family Feud** (N) ⫾ | | **The $100,000 Pyramid** (N) CC (DVS) | | **To Tell the Truth** (Season Finale) (N) ⫾ | | **WMTW News 8** | **Soledad O'Brien** | **Person of Interest** |
| CKSH 9 | 108 | - | **(3:00) ★★★ "Le premier envol"** (1996) | | **Dans l'oeil du dragon** (SC) | | **Téléjournal Estrie** | **Découverte** Des maisons de calcaire. (N) | | **Ici Laflaque** (N) | **Viens-tu faire un tour?** (N) | | **Le beau dimanche** (N) (SC) | | **Le téléjournal** | **Paparagilles** | ★★★★ **"Taxi Driver"** (1976, Drame) Robert De Niro. (SC) | |
| CKMI 11 | - | - | **(2:00) PGA Tour Golf** The Northern Trust, Final Round. (N) (Live) | | | | **Global News at 6** | **Global National** | **Border Security** | **Border Security** | **Big Brother** (N) ⫾ CC | | **NCIS** A murder tied to a dirt bike gang. ⫾ | | **NCIS: Los Angeles** ⫾ CC (DVS) | | **Global News** | **Emergency** | **Mackenzie Tour** |
| CFCF 12 | 205 | 312 | **Mike & Molly** ⫾ | **Mike & Molly** ⫾ | **Seinfeld** ⫾ | **Big Bang Theory** | **CTV News Montreal** (N) ⫾ CC | | **The Amazing Race Canada** ⫾ | | **The $100,000 Pyramid** (N) CC (DVS) | | **2018 iHeartRadio Much Music Video Awards** Appearances by celebrities. (N) CC | | | | **News-Rinaldo** | **CTV News Montreal** | **South Park** ⫾ |
| WVNY 22 | - | - | **2018 Little League World Series** Championship: Teams TBA. (N) | | **Paid Program** | | **World News** | **Local 22 News** (N) | **America's Funniest Home Videos** ⫾ | | **Celebrity Family Feud** (N) ⫾ | | **The $100,000 Pyramid** (N) CC (DVS) | | **To Tell the Truth** (Season Finale) (N) ⫾ | | **Local 22 News** (N) | **Graham Bensinger** | **Judge Judy** ⫾ |
| WUTV 30 | - | - | **NFL Preseason Football** Cincinnati Bengals at Buffalo Bills. From New Era Field in Orchard Park, N.Y. (N) ⫾ (Live) | | | | | | **Bob's Burgers** | **The Simp-sons** ⫾ | **The Simp-sons** ⫾ | **Bob's Burgers** | **Family Guy** ⫾ | **Family Guy** ⫾ | **2 on Your Side at 10** | **Sharyl Attkisson** | **Ring of Honor Wrestling** CC | | **Seinfeld** ⫾ CC |
| CFKS 31 | 106 | 726 | **(2:30) ★ "Amours troubles"** (2003) | | ★★★ **"Grossesse surprise"** (2007) Seth Rogen. Une journaliste tombe enceinte après une aventure d'un soir. | | | | **(:45) "Une inquiétante infirmière"** (2016) Emmanuelle Vaugier, Matthew MacCaull. | | | | **(:45) ★★ "Le rite"** (2011, Horreur) Anthony Hopkins. Un étudiant sceptique fréquente une école d'exorcisme. | | | | | **Conversations** |
| WUHF | - | 363 | **NFL Preseason Football** Cincinnati Bengals at Buffalo Bills. From New Era Field in Orchard Park, N.Y. (N) ⫾ (Live) CC | | | | | | **Bob's Burgers** | **The Simp-sons** ⫾ | **The Simp-sons** ⫾ | **Bob's Burgers** | **Family Guy** ⫾ | **Family Guy** ⫾ | **WHAM News** | **Sharyl Attkisson** | **Engage-ment** | **Ultimate Vitamin D** | **2 Broke Girls** ⫾ |
| WETK | - | - | **Brain Mind Body Connection With Dr. Rudy Tanzi-Deepak** | | **NewsHour Wk** | | **Hidden Killers** "The Post-War Home" ⫾ | | **"The 46ers"** (2015, Documentary) | | **Poldark on Masterpiece** ⫾ CC | | **Poldark on Masterpiece** ⫾ CC | | **Poldark on Masterpiece** ⫾ CC | | **Call the Midwife** ⫾ CC | | **Poldark-Master** |
| WCFE | - | - | **To Be Announced** | | | | **To Be Announced** | | | | **To Be Announced** | | | | | | | | **To Be Announced** |
| A&E | 615 | 520 | **(2:00) "12 Rounds"** | ★★ **"Limitless"** (2011) Bradley Cooper. A writer takes a mind-enhancing drug. ⫾ CC | | | | **Ancient Aliens** ⫾ | **Ancient Aliens** "Aliens and Evil Places" | | **Ancient Aliens** "The Animal Agenda" ⫾ | | **Ancient Aliens** "The Monoliths" ⫾ CC | | **(:01) Ancient Aliens** ⫾ CC | | **(:04) Ancient Aliens** "City of the Gods" ⫾ | | **Ancient Aliens** ⫾ |
| BRAVO | 620 | 523 | **Law & Order: Special Victims Unit** ⫾ | | **"Past Malice: An Emma Fielding Mystery"** (2018, Mystery) Courtney Thorne-Smith. ⫾ | | | | **Garage Sale Mysteries** "Picture a Murder" An old picture suggests murder. ⫾ CC | | | | **Killing Eve** "Take Me to the Hole!" (N) ⫾ | | **Claws** "Vaginalologist" (N) ⫾ CC | | **Killing Eve** "Take Me to the Hole!" CC | | **Claws** ⫾ CC |
| CNN | 500 | 500 | **CNN Newsroom** | | **CNN Newsroom** | | **CNN Newsroom** | | **CNN Newsroom** | | **The 2000s** CC | | **The 2000s** "The Platinum Age of Television" | | | | **The 2000s** CC | | **The 2000s** |
| DISC | 520 | 505 | **Edge of Alaska** "Winter's Grip" CC | | **Big Bang Theory** | **Big Bang Theory** | **Big Bang Theory** | **Big Bang Theory** | **BattleBots** "Ice, Ice, Baby" ⫾ CC | | **Cooper's Treasure** "Island of Fortune" | | **Cuba's Secret Shark Lair** CC | | **Bloodline: The Spawn of Jaws** CC | | **Big Bang Theory** | **Big Bang Theory** | **Big Bang Theory** |
| HIST | 522 | 506 | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ | **M*A*S*H** "Goodbye, Farewell and Amen" Hawkeye has a breakdown. ⫾ CC | | | | | **M*A*S*H** ⫾ | **M*A*S*H** ⫾ CC |
| PARMT | 628 | 584 | **Bar Rescue** A Cape Canaveral area bar. | | **Bar Rescue** ⫾ CC | | **Bar Rescue** ⫾ CC | | **Bar Rescue** "Antisocial Media" ⫾ CC | | **Bar Rescue** "Father Knows Best" CC | | **Bar Rescue** ⫾ CC | | **Bar Rescue** "There Will Be Family Blood" | | **(:01) Bar Rescue** CC | | **Bar Rescue** CC |
| RDI | 126 | 730 | **L'info** (N) (SC) | **Journal France 2** | **Téléjournal** | **Téléjournal** | **Le téléjournal** | **Le téléjournal** | **Le national** (N) | **(:31) Le national** | **(:01) Les grands reportages** (SC) | | **Le téléjournal** | **(:31) Les coulisses du pouvoir** (N) (SC) | | **Second regard** (N) | **Le téléjournal** | **L'épicerie** (SC) | **Le téléjournal** |
| SHOW | 616 | 521 | **(3:30) ★★★ "Die Hard With a Vengeance"** (1995) Bruce Willis, Jeremy Irons. ⫾ CC | | | | ★★★ **"Die Hard"** (1988, Action) Bruce Willis, Alan Rickman. A New York policeman outwits foreign thugs in an L.A. high-rise. ⫾ CC | | | | | | ★★ **"300: Rise of an Empire: Edited Version"** (2014) Sullivan Stapleton. ⫾ CC | | | | ★★★ **"Die Hard 2"** (1990) Bruce Willis, Bonnie Bedelia. ⫾ CC | | |
| SLICE | 601 | 562 | **(3:30) ★ "Head Over Heels"** (2001) Monica Potter. ⫾ CC | | ★★ **"He's Just Not That Into You"** (2009) Ben Affleck. Men and women navigate through complex relationships. | | | | | | **"Dear Viola"** (2014) Kellie Martin. An advice columnist falls for a widowed fisherman. ⫾ | | | | **The Real Housewives of Potomac** ⫾ CC | | **Say Yes-Dress** | **Say Yes-Dress** | **Mom** ⫾ CC |
| TLC | 521 | 560 | **Unexpected** ⫾ | | **Unexpected** ⫾ | | **90 Day Fiancé: Before the 90 Days** (N) | | **90 Day Fiancé: Before the 90 Days** (N) | | **90 Day Fiancé: Before the 90 Days** "Family Ties" Michael introduces Angela to his mom. | | | | **(:05) Unexpected** "It's All About Laura Now" | | **(:09) 90 Day Fiancé: Before the 90 Days** "Family Ties" ⫾ | | |
| TSN | 400 | 400 | **NFL Preseason Football** Cincinnati Bengals at Buffalo Bills. From New Era Field in Orchard Park, N.Y. (N) (Live) CC | | | | | | **SportsCentre** (N) (Live) CC | | **NFL Preseason Football** Arizona Cardinals at Dallas Cowboys. From AT&T Stadium in Arlington, Texas. (N) (Live) CC | | | | | | **SportsCentre** (N) (Live) CC | | **SportsCentre** |
| YOUTH | 551 | 542 | ★★★★ **"Finding Nemo"** (2003) ⫾ CC | | | | ★★★ **"Finding Dory"** (2016) Voices of Ellen DeGeneres. | | | | | **Assembly** | **Assembly** | **Assembly** | **ReBoot** | **ReBoot** | **Just Kid** | **Just Kid** | **Her Best** |

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# Estrie Antique Car Club show to fight MS

**Record Staff**

For the seventh year in a row, the Estrie Multiple Sclerosis Association (ASPE) is renewing its partnership with the Estrie Antique Car Club (CVAES) for the 24th edition of the Les Belles de Fleurimont exhibition taking place this Sunday, August 26.

More than 500 cars will be exhibited beginning at 8:30 a.m. at the Centre Julien-Ducharme in Fleurimont for car enthusiasts to enjoy.

Admission is $5 for adults and $2 for children 12 and under. A festive atmosphere and Rockabily music reminiscent of the 1950s will entertain visitors while they discover spectacular cars and a variety of kiosks at the small flea market. The event offers entertainment for the whole family. There will be a canteen on site as well as a number of door prizes given away.

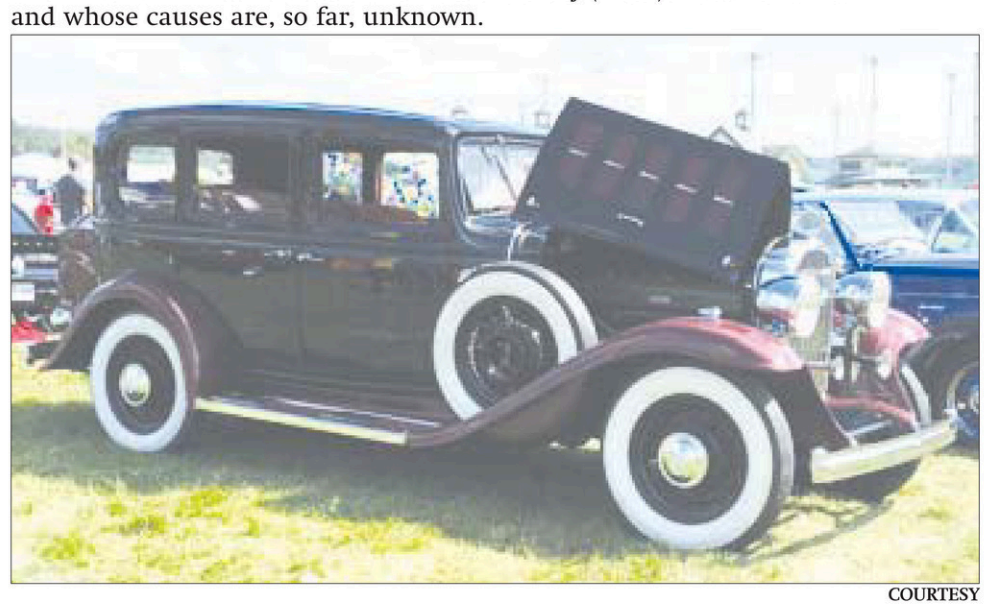
Like many other not-for-profit organizations, the funding awarded to ASPE is not enough to meet the growing demand for services for people with MS and their caregivers. In 2017, the 23rd edition allowed the ASPE to raise $6,000. This is possible year after year thanks to the Estrie Vintage Car Club and this year, organizers hope to raise more than $7,000.

All profits from the event will go directly to the ASPE to ensure the maintenance of front-line services adapted to the changing condition of people with multiple sclerosis in the region. In addition, the ASPE will be able to enhance its independent multiple sclerosis research fund at the Faculty of Medicine and Health Sciences at the Université de Sherbrooke. This is an exceptional matching program set up by the Faculty that attracts many talented researchers to the Université de Sherbrooke. For every dollar invested in MS research, the Faculty doubles the amount, providing a 200 per cent return. In addition to teams of researchers who are trying to better understand the disease, projects in engineering, kinesiology, and administration are helping to advance ASPE's understanding of the disease and the services it offers to those afflicted.

The Estrie Multiple Sclerosis Association is a non-profit organization that provides support and availability to people with multiple sclerosis and their families. The five-area intervention plan (medicine, psychology, physiology, Zen nutrition, and psychosocial) makes it possible to improve the quality of life of affected people in a global and personalized approach.

MS is an unpredictable and progressive disease for which there is no cure and whose causes are, so far, unknown. Muscle weakness, loss of balance, extreme fatigue, and vision problems are some of the symptoms. In Estrie, nearly 2,000 people suffer from this debilitating disease.

For more information on Les Belles de Fleurimont, please contact Pierre Casavant (CVAES) at 819-575-9949 or. René McKay (ASPE) at 819-818-5929.



COURTESY

# Janet Jackson to receive award at Black Girls Rock awards

**The Associated Press**

Janet Jackson will receive the rock star award at the 2018 Black Girls Rock awards.

The Grammy winner will be honoured as a ``phenomenal woman in music," organizers said Thursday. Jackson recently released ``Made For Now," her single with Daddy Yankee.

Queen Latifah will host the show, which will be taped Sunday at the New Jersey Performing Arts Center in Newark. BET Networks will air the special celebrating the accomplishments of black women on Sept. 9.

Other award recipients include Mary J. Blige, Naomi Campbell and Judith Jamison.

Blige will receive the star power award. Campbell will be presented with the black girl magic award and Jamison will receive the living legend award for her work in dance and choreography.

# Former Lynyrd Skynyrd guitarist Ed King dies at age 68

**By Kristin M. Hall**
**THE ASSOCIATED PRESS**

A family friend says Ed King, a former guitarist for Lynyrd Skynyrd who helped write several of their hits including ``Sweet Home Alabama," has died in Nashville, Tennessee. He was 68.

Scott Coopwood said in a statement that King died on Wednesday due to cancer.

King joined the band in 1972 and was part of their first three albums with their distinct three-guitar sound. He left the band two years before a plane crash killed two singer Ronnie Van Zant and guitarist Steve Gaines in 1977. He rejoined the group 10 years later and played with them until he retired in 1996 due to heart problems.

King was also an original member of the California psychedelic group Strawberry Alarm Clock, which had a hit with ``Incense and Peppermints" in 1967.

# Steven Tyler sends cease and desist to Trump for use of song

**The Associated Press**

Aerosmith frontman Steven Tyler is again demanding that President Donald Trump stop using the band's songs at rallies.

Tyler's attorney sent a cease-and-desist letter to the president Wednesday, a day after the song ``Livin' on the Edge" was heard at a Trump rally in West Virginia.

It's not the first time Tyler has asked Trump to stop using Aerosmith songs. Tyler sent the Trump campaign two cease-and-desist letters in 2015 for its use of the band's music.

The latest letter says by using ``Livin' on the Edge," the president ``is falsely implying that our client, once again, endorses his campaign and/or his presidency."

Tyler tweeted it isn't a political issue, he just does not let anyone use his songs without permission.

Trump's campaign did not immediately respond to a request for comment.

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# Your week on TV

## MONDAY EVENING — AUGUST 27, 2018

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** (N) | | **CBS Evening News** | **Entertainment Tonight** (N) | **Mom** | **Life in Pieces** | **Salvation** "Prisoners" Darius forms a dangerous alliance. | | **Elementary** A killer uses a man's death predictions. (N) | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** | **Wheel of Fortune** | **American Ninja Warrior** "Las Vegas Finals Night 1" (N) (DVS) | | | | **America's Got Talent** "Live Results 2" | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Power & Politics** | **Coronation Street** (N) | **Coronation Street** (N) | **Murdoch Mysteries** Murdoch investigates a murder. | | **Frankie Drake Mysteries** "The Pilot" (DVS) | | **The National** (N) | | **CBC Montreal News** (N) | **Keeping Canada Safe** | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **Sucré salé** (N) (SC) | **Les gags** (SC) | **Les rénos d'Hugo** (SC) | **Ma maison bien aimée** Les fiers propriétaires. (SC) | | **Les petits doués** Les jeunes les plus épatants. (SC) | | **TVA nouvelles** (N) | **(:35) Sucré salé** (SC) | **(:05) ⋆⋆ "Escouade gangster"** (2013, Policier) Josh Brolin, Ryan Gosling. (SC) | | |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **Wheel of Fortune** | **Jeopardy!** | **Bachelor in Paradise** (N) | | | | **(:01) The Proposal** Nine men vie for a chance at love. | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live** | |
| CKSH 9 | 108 | - | **(5:59) Le téléjournal Estrie** | **(:31) RDI économie** (N) | **Squelettes-plac.** | **Le grand rire de...** (SC) | **Deuxième chance** Patrick Lagacé retrouve une mère Noël. | | **Les échangistes** Avec Alexandre Goyette. (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **(:05) Les liens du sang** (DVS) (SC) | | **Miss Fisher enquête** |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** | **Entertainment Tonight** (N) | **NCIS: Los Angeles** "Liabilities" (DVS) | | **Salvation** "Prisoners" Darius forms a dangerous alliance. | | **Elementary** A killer uses a man's death predictions. (N) | | **Global News at 11** | **(:35) The Late Show With Stephen Colbert** | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **The Big Bang Theory** | **American Ninja Warrior** "Las Vegas Finals Night 1" (N) (DVS) | | | | **The Detail** Fiona turns to the public for help. (DVS) | | **News-Lisa** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **Bachelor in Paradise** (N) | | | | **(:01) The Proposal** Nine men vie for a chance at love. | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** (N) | **Judge Judy** (N) | **Family Feud** | **So You Think You Can Dance** "Top 6 Perform" Two of the top 6 are eliminated. (N) (Live) | | | | **2 on Your Side at 10** (N) | **Seinfeld** "The Cafe" | **Two and a Half Men** | **Two and a Half Men** | **Last Man Standing** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Souper parfait** | **Rire et délire** | | **Scorpion** La base militaire est mal sécurisée. (SC) | | **Scorpion** L'équipe se rend à Tchernobyl. (SC) | | **Allume-moi!** | | **Atomes crochus** | **NVL** (N) | **Infopublicité** |
| WUHF | - | 363 | **Modern Family** | **Modern Family** | **The Big Bang Theory** | **The Big Bang Theory** | **So You Think You Can Dance** "Top 6 Perform" Two of the top 6 are eliminated. (N) (Live) | | | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** | **The Simpsons** | **Paid Program** |
| WETK | - | - | **PBS NewsHour** (N) | | **The This Old House Hour** | | **Antiques Roadshow** "Austin" (Part 1 of 3) | | **Antiques Roadshow** "Austin" A 1607 Galileo letter. | | **POV** "Nowhere to Hide" Iraq's "triangle of death." (N) | | **Nightly Business Report** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| WCFE | - | - | **World News America** | **Nightly Business Report** | **PBS NewsHour** (N) | | **To Be Announced** | | | | | | **BBC World News** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| A&E | 615 | 520 | **The First 48** Shootings in Cleveland and New Orleans. | | **The First 48** Possible gang-related shooting. | | **The First 48** A man killed in a motel room; stabbing. | | ⋆⋆⋆ **"Author: The JT LeRoy Story"** (2016, Documentary) Laura Albert. Premiere. Laura Albert writes under the literary persona JT LeRoy. | | | | | **Biography** "The Rolling Stones" The Rolling Stones. | |
| BRAVO | 620 | 523 | **(5:48) Major Crimes** | **(:44) Major Crimes** | | **(:40) Major Crimes** | | **(:36) Major Crimes** | | **(:32) Major Crimes** | | **(:28) Major Crimes** | | **(:24) Major Crimes** | |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **CNN Tonight w/ Don Lemon** | | **CNN Tonight w/ Don Lemon** | | **Cooper 360** |
| DISC | 520 | 505 | **American Chopper** Senior and Junior begin to open up. | | **MythBusters** If a dead body is bullet-proof. | | **Alaskan Bush People** "Unbreakable Will" (N) | | **Alaskan Bush People** "Back to the Bush" (N) | | **BattleBots** Bronco and Duck! duke it out. (N) | | **Misfit Garage** The Misfits transform a Model T coupe. | | **Alaskan Bush People** |
| HIST | 522 | 506 | **American Pickers** Bubbletop cars; automobilia. | | **American Pickers** The guys pick a wine-related collection. | | **American Pickers** The guys fall for a Model-A tow truck. | | **American Pickers** The guys come across a hideaway. | | **American Pickers** Mike falls hard for a midget racecar. | | **American Pickers** The guys come across a huge factory. | | **American Pickers** |
| PARMT | 628 | 584 | **Bar Rescue** Jon puts on a personal bar boot camp. | | **Bar Rescue** | ⋆⋆⋆ **"Unstoppable"** (2010, Action) Denzel Washington, Chris Pine. Two men try to stop a runaway train carrying toxic cargo. | | | | | **Rest in Power: The Trayvon Martin Story** (N) | | ⋆⋆⋆ **"X-Men: First Class"** (2011, Action) James McAvoy, Michael Fassbender. | | |
| RDI | 126 | 730 | **(5:59) Le national** (N) | **(:31) RDI économie** (N) | **(:01) 24/60** (N) (SC) | | **Les grands reportages** "Les batailles perdus d'Hilter" (N) | | **Le téléjournal** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** "Obsession" A murder victim's sister goes missing. | | **NCIS** "Borderland" Investigating a Marine's murder. | | **Bull** A brainwashed boy murders his father. | | **NCIS** The team investigates a hit-and-run. (DVS) | | **The Sinner** "Part II" The duo looks into Julian's history. (N) | | **NCIS** "Nonstop" A petty officer is murdered. | | **NCIS** "Moonlighting" |
| SLICE | 601 | 562 | **Sex and the City** | **Sex and the City** | **The Real Housewives of New York City** | | **The Real Housewives of Orange County** "Rumors" | | **The Real Housewives of Orange County** (N) | | **Southern Charm** "Family Ties" | | **Sex and the City** | **Sex and the City** | **Housewives/ OC** |
| TLC | 521 | 560 | **Say Yes to the Dress** | **Say Yes to the Dress** | **Say Yes to the Dress** | **Say Yes to the Dress** | **Counting On** Joe and Kendra reveal the baby's gender. | | **Counting On** Josiah travels to Georgia to propose. (N) | | **(:02) Little Life on the Prairie** (N) | | **(:04) Counting On** "Josiah Pops the Question" | | **Little Life on the Prairie** |
| TSN | 400 | 400 | **2018 U.S. Open Tennis** Early Round Coverage, Day 1. (N) | | **2018 U.S. Open Tennis** Early Round Primetime Coverage, Day 1. From the USTA Billie Jean King National Tennis Center. (N) (Live) | | | | | | | | **SportsCentre** (N) (Live) | | **SportsCentre** (N) |
| YOUTH | 551 | 542 | **Nicky, Ricky** | **Henry Danger** | ⋆⋆ **"Ice Age: Continental Drift"** (2012, Children's) | | | | ⋆⋆ **"Ice Age: Continental Drift"** (2012, Children's) | | | | **Just Kidding** | **Just Kidding** | **Ice Age: Drift** |

## TUESDAY EVENING — AUGUST 28, 2018

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** (N) | | **CBS Evening News** | **Entertainment Tonight** (N) | **NCIS** Sara Carter asks Gibbs for help. (DVS) | | **Bull** "Absolution" Bull tries to help an innocent man. | | **NCIS: New Orleans** "Powder Keg" (DVS) | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** | **Wheel of Fortune** | **America's Got Talent** "Live Quarter Finals 3" (N) (Live) | | | | **(:01) Making It** The makers transform backyard sheds. | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Power & Politics** | **Just for Laughs Gags** | **Coronation Street** (N) | **Kim's Convenience** | **Schitt's Creek** | **Workin' Moms** | **Baroness Von Sketch Show** | **The National** (N) | | **CBC Montreal News** (N) | **True North Calling** | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **Sucré salé** (N) (SC) | ⋆⋆ **"Focus"** (2015) Will Smith. Un arnaqueur professionnel tombe amoureux de son apprentie. (SC) | | | | **Lise Dion: le temps qui court** (SC) | | **TVA nouvelles** (N) | **(:35) Sucré salé** (SC) | **(:05) ⋆⋆⋆ "La belle-famille"** (2000, Comédie) Robert De Niro, Ben Stiller. (DVS) (SC) | | |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **Wheel of Fortune** | **Jeopardy!** | **Bachelor in Paradise** (N) | | | | **Castaways** A castaway's journey is cut short. (N) | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live** | |
| CKSH 9 | 108 | - | **(5:59) Le téléjournal Estrie** | **(:31) RDI économie** (N) | **Squelettes-plac.** | **Les pêcheurs** (DVS) (SC) | **Galas ComediHa! 2015** La deuxième partie du Gala. | | **Les échangistes** Avec Michel Tremblay. (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **(:05) "Les enfants du péché"** (2014, Suspense) Heather Graham. Premiere. (SC) | | |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** | **Entertainment Tonight** (N) | **NCIS** Sara Carter asks Gibbs for help. (DVS) | | **Bull** "Absolution" Bull tries to help an innocent man. | | **NCIS: New Orleans** "Powder Keg" (DVS) | | **Global News at 11** (N) | **(:35) The Late Show With Stephen Colbert** | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **The Big Bang Theory** | **The Amazing Race Canada** (N) (DVS) | | **Carter** Sam and Harley are forced to take cover. | | **(:01) Making It** The makers transform backyard sheds. | | **News-Lisa** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **Bachelor in Paradise** (N) | | | | **Castaways** A castaway's journey is cut short. (N) | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** (N) | **Judge Judy** (N) | **Family Feud** | **Beat Shazam** Singer-songwriter Michael Bolton. | | **Love Connection** "Armond & Grace" (DVS) | | **2 on Your Side at 10** (N) | **Seinfeld** "The Tape" | **Two and a Half Men** | **Two and a Half Men** | **Last Man Standing** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Souper parfait** | **Taxi payant** | **Taxi payant** | **"Rodéo & Juliet"** (2015, Drame sentimental) Krista Allen, Buck Taylor. Juliet rencontre un beau cow-boy. | | | | **Allume-moi!** | | **Atomes crochus** | **NVL** (N) | **Infopublicité** |
| WUHF | - | 363 | **Modern Family** | **Modern Family** | **The Big Bang Theory** | **The Big Bang Theory** | **Beat Shazam** Singer-songwriter Michael Bolton. | | **Love Connection** "Armond & Grace" (DVS) | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** | **The Simpsons** | **Paid Program** |
| WETK | - | - | **PBS NewsHour** (N) | | **Guest of the House** (N) | **Outdoor Journal** | **Mark Twain** Clemens grows up in Missouri. (Part 1 of 2) (DVS) | | | | **Frontline** A family's fight against the government. | | **Nightly Business Report** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| WCFE | - | - | **World News America** | **Nightly Business Report** | **PBS NewsHour** (N) | | **To Be Announced** | | | | | | **BBC World News** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| A&E | 615 | 520 | **The First 48** A high-school senior is shot to death. | | **The First 48** Highway shooting; nightclub execution. | | **The First 48** "Monster" A detective tracks a sadistic killer. | | **The First 48** A man is murdered just before Christmas. | | **(:01) The First 48** Detectives investigate a double murder. | | **(:04) The First 48** Shootings in an Atlanta rap studio. | | **(12:03) The First 48** |
| BRAVO | 620 | 523 | **Castle** | | **Castle** | | **Take Two** | | **Movie** | | | | **Take Two** | | **Castle** |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **CNN Tonight w/ Don Lemon** | | **CNN Tonight w/ Don Lemon** | | **Cooper 360** |
| DISC | 520 | 505 | **American Chopper** "Uncharted Territory" | | **MythBusters** Water-heater torpedo. | | **Deadliest Catch: On Deck** "No Safe Harbor" (N) | | **Deadliest Catch** "Blood & Water" (N) | | **Hard to Kill** "Bomb Tech" (N) (DVS) | | **Cooper's Treasure** Darrell discovers clues on an island. | | **Deadliest Catch** |
| HIST | 522 | 506 | **Forged in Fire** The competitors must forge two blades. | | **Forged in Fire** Smiths must recreate the Charay sword. | | **Forged in Fire** A Damascus European dagger. | | **Forged in Fire** A hatchet; the Maasai Lion Spear. (N) | | **Forged in Fire** Re-creating the Rhomphaia sword. | | **Forged in Fire** Smiths create a boar spear. | | **Forged in Fire** |
| PARMT | 628 | 584 | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Tattoo Nightmares** | **Ink Master** "Opening Shots" (Season Premiere) (N) | | **Ink Master: Angels** The Angels hit Oklahoma City. | | **Ink Master: Angels** |
| RDI | 126 | 730 | **(5:59) Le national** (N) | **(:31) RDI économie** (N) | **(:01) 24/60** (N) (SC) | | **Les grands reportages** "Tremblement de terre" (N) | | **Le téléjournal** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** A Mexican drug cartel seeks revenge. | | **NCIS** Gibbs must protect his loved ones. | | **Bull** Bull and Chunk's friendship is tested. | | ⋆⋆⋆ **"True Lies"** (1994, Action) Arnold Schwarzenegger, Jamie Lee Curtis, Tom Arnold. A man lives the double life of a spy and a family man. | | | | | | **NCIS** "Patriot Down" |
| SLICE | 601 | 562 | **Sex and the City** | **Sex and the City** | **The Real Housewives of Orange County** | | **Girlfriends' Guide to Divorce** (N) | | **Flipping Out** Jeff and the gang move into a flip. | | **Million Dollar Listing New York** "Billion Dollar Listing" | | **Sex and the City** | **Sex and the City** | **Flipping Out** |
| TLC | 521 | 560 | **Say Yes to the Dress** "Everything Is on the Line" | | **Outdaughtered** Danielle and Adam prepare for Christmas. | | **Outdaughtered** Danielle makes a family chore chart. | | **Outdaughtered** Danielle's health concerns grow. (N) | | **(:03) Rattled** (N) | | **(:06) Outdaughtered** Danielle's health concerns grow. | | **(12:06) Rattled** |
| TSN | 400 | 400 | **2018 U.S. Open Tennis** Early Round Coverage, Day 2. (N) | | **2018 U.S. Open Tennis** Early Round Primetime Coverage, Day 2. From the USTA Billie Jean King National Tennis Center. (N) (Live) | | | | | | | | **SportsCentre** (N) (Live) | | **SportsCentre** (N) |
| YOUTH | 551 | 542 | **Nicky, Ricky** | **Henry Danger** | ⋆⋆⋆ **"Shrek 2"** (2004) Voices of Mike Myers. | | | | ⋆⋆⋆ **"Shrek 2"** (2004) Voices of Mike Myers. | | | | **Just Kidding** | **Just Kidding** | **Shrek 2** |

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# Your week on TV

## WEDNESDAY EVENING — AUGUST 29, 2018

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** (N) | | **CBS Evening News** | **Entertainment Tonight** (N) | **Big Brother** House guests vie for the power of veto. (N) | | **SEAL Team** Ray goes under cover to do a money swap. | | **Criminal Minds** Roommates in St. Louis are murdered. | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** | **Wheel of Fortune** | **America's Got Talent** "Live Results 3" (N) (Live) | | **World of Dance** "The Cut 2" Guest judges Mel B and Paula Abdul. (N) | | | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Power & Politics** | **Rick Mercer Report** | **Coronation Street** (N) | **The Great British Baking Show** (N) (DVS) | | **Burden of Truth** Joanna and Billy discover a dumpsite. | | **The National** (N) | | **CBC Montreal News** | **First Play Live** | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **Sucré salé** (N) (SC) | **La poule aux oeufs d'or** (N) | **Rêvons maisons** (SC) | **Les beaux malaises** | **Complexe G** (SC) | **Esprits criminels** Kate enquête sur un enlèvement. | | **TVA nouvelles** (N) | **(:35) Sucré salé** (SC) | **(:05) "Cloclo"** (2012, Biographie) Jérémie Renier, Benoît Magimel. (SC) | | |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **Wheel of Fortune** | **Jeopardy!** | **The Goldbergs** | **American Housewife** | **Modern Family** | **American Housewife** | **Shark Tank** A life jacket; an infant pacifier. (DVS) | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live** | |
| CKSH 9 | 108 | - | **(5:59) Le téléjournal Estrie** | **(:31) RDI économie** (N) | **Squelettes-plac.** | **L'épicerie** (N) (SC) | **Ouvrez les guillemets** | **On s'aime en chien** (SC) | **Les échangistes** Avec François Morency, Eve Landry. | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **(:05) "Les enfants du péché : nouveau départ"** (2014) Heather Graham. Premiere. (SC) | | |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** | **Entertainment Tonight** (N) | **Big Brother** House guests vie for the power of veto. (N) | | **SEAL Team** Ray goes under cover to do a money swap. | | **Best of Border Security** | **Best of Border Security** | **Global News at 11** (N) | **(:35) The Late Show With Stephen Colbert** (N) | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **The Big Bang Theory** | **MasterChef** "American Heroes; Waste Not Want Not" The chefs cook for firefighters. (N) (DVS) | | | | **Criminal Minds** Roommates in St. Louis are murdered. | | **News-Lisa** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **The Goldbergs** | **American Housewife** | **Modern Family** | **American Housewife** | **Shark Tank** A life jacket; an infant pacifier. (DVS) | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** (N) | **Judge Judy** (N) | **Family Feud** | **MasterChef** "American Heroes; Waste Not Want Not" The chefs cook for firefighters. (N) (DVS) | | | | **2 on Your Side at 10** (N) | **Seinfeld** "The Nose Job" | **Two and a Half Men** | **Two and a Half Men** | **Last Man Standing** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Souper parfait** | **Taxi payant** | **Les détestables** | **CSI: Miami** "Pas vu, mais pris" (SC) | | **CSI: Miami** "Traque sans merci" (SC) | | **Allume-moi!** | | **Atomes crochus** | **NVL** (N) | **Infopublicité** |
| WUHF | - | 363 | **Modern Family** | **Modern Family** | **The Big Bang Theory** | **The Big Bang Theory** | **MasterChef** "American Heroes; Waste Not Want Not" The chefs cook for firefighters. (N) (DVS) | | | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** | **The Simpsons** | **Paid Program** |
| WETK | - | - | **PBS NewsHour** (N) | | **Born to Explore-Wiese** | **Weekends With Yankee** | **Nature** Wild lions live close to villagers. (DVS) | | **Ancient Invisible Cities** "Athens" (Series Premiere) (N) | | **NOVA** "The Origami Revolution" The art of origami. | | **Nightly Business Report** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| WCFE | - | - | **World News America** | **Nightly Business Report** | **PBS NewsHour** (N) | | **To Be Announced** | | | | | | **BBC World News** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| A&E | 615 | 520 | **Hoarders** A hoarder's house is uninhabitable. | | **Hoarders** Widow hoarder gets help from daughters. | | **Born This Way** Kris and Laurie struggle to let go. (N) | | **Born This Way** John and Steven get behind the wheel. (N) | | **(:01) Raising Tourette's** "The Ties That Bind" (N) | | **(:04) Born This Way** "Home Alone" | | **(12:03) Born This Way** |
| BRAVO | 620 | 523 | **CSI: Miami** | | **CSI: Miami** | | **CSI: Miami** | | **Suits** (N) | | **Love Is...** (N) | | **CSI: Miami** | | **CSI: Miami** |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **CNN Tonight w/ Don Lemon** | | **CNN Tonight w/ Don Lemon** | | **Cooper 360** |
| DISC | 520 | 505 | **American Chopper** The team starts a build for Sturgis. | | **MythBusters** Firing a flaming arrow into a gas tank. | | **Mayday** "Dead of Winter" A flight crashes on take-off. | | **Mayday** American Airlines Flight 77. (DVS) | | **Deadliest Catch** "Blood & Water" | | **Hard to Kill** "Bomb Tech" (DVS) | | **Mayday** (DVS) |
| HIST | 522 | 506 | **Counting Cars** Danny restores a 1964 Ford Mustang. | | **Counting Cars** | **Counting Cars** | **Counting Cars** Danny sells some of his cars. | | **Counting Cars** A car collector; a new artist. (N) | | **Counting Cars** | **Counting Cars** | **Counting Cars** Danny sells some of his cars. | | **Counting Cars** |
| PARMT | 628 | 584 | **Framework** Builders take on beds; customers decide. | | **Framework** Furniture must stand the test of time. | | **Framework** The builders create pieces for Common. | | **Framework** Transforming tree trunks into furniture. | | **Framework** Building adjustable desks. | | **Framework** The last three builders compete. | | **Bar Rescue** |
| RDI | 126 | 730 | **(5:59) Le national** (N) | **(:31) RDI économie** (N) | **(:01) 24/60** (N) (SC) | | **Les grands reportages** (N) (SC) | | **Le téléjournal** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** "Short Fuse" A female bomb-tech is attacked. | | **NCIS** An officer is killed on a British ship. | | **Bull** "Bring It On" An attorney is on trial for murder. | | ★★ **"The Lone Ranger"** (2013, Western) Johnny Depp, Armie Hammer, William Fichtner. An Indian warrior and a lawman unite to fight corruption. (DVS) | | | | **NCIS** A girl is kidnapped. | | |
| SLICE | 601 | 562 | **Sex and the City** | **Sex and the City** | **Flipping Out** Jeff and the gang move into a flip. | | **The Real Housewives of New York City** (N) | | **The Real Housewives of Dallas** (N) | | **Southern Charm Savannah** "Duck, Duck, Goosed" (N) | | **Sex and the City** | **Sex and the City** | **Real Housewives-Dallas** |
| TLC | 521 | 560 | **Say Yes to the Dress** Twins Marlo and Margo return. | | **My 600-Lb. Life** June eats to cope with her son's death. | | **My 600-Lb. Life** "Brandi and Kandi's Story" Twins decide they need to lose weight. | | | | **Dr. Pimple Popper** Ronen has a large, mysterious lump. | | **My 600-Lb. Life** "Brandi and Kandi's Story" Twins decide they need to lose weight. | | |
| TSN | 400 | 400 | **2018 U.S. Open Tennis** Early Round Coverage, Day 3. (N) | | **2018 U.S. Open Tennis** Early Round Primetime Coverage, Day 3. From the USTA Billie Jean King National Tennis Center. (N) (Live) | | | | | | | | **SportsCentre** (N) (Live) | | **SportsCentre** (N) |
| YOUTH | 551 | 542 | **Nicky, Ricky** | **Henry Danger** | ★★ **"Diary of a Wimpy Kid: Rodrick Rules"** (2011) | | | | **"Bruno & Boots: This Can't Be Happening at Macdonald"** | | | | **Just Kidding** | **Just Kidding** | **Diary-Rodrick** |

## THURSDAY EVENING — AUGUST 30, 2018

| | Bell | Star | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | 12 AM |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WCAX 3 | - | - | **Channel 3 News at Six** | **CBS Evening News** | **NFL Preseason Football** New England Patriots at New York Giants. From MetLife Stadium in East Rutherford, N.J. (N) (Live) | | | | | | **Big Brother** Eviction; head of household competition. | | **Channel 3 News** | **(:35) The Late Show With Stephen Colbert** | |
| WPTZ 5 | - | - | **NBC5 News at 6** (N) | **NBC Nightly News - Holt** | **Jeopardy!** | **Wheel of Fortune** | **Ellen's Game of Games** | | **Will & Grace** (DVS) | **Superstore** "Town Hall" | **Law & Order: Special Victims Unit** "Mama" | | **NBC5 News at 11** (N) | **(:34) The Tonight Show Starring Jimmy Fallon** | |
| CBMT 6 | 206 | 301 | **CBC Montreal News** (N) | **Power & Politics** | **22 Minutes** | **Coronation Street** (N) | **Dragons' Den** Sparks fly in the Den. (DVS) | | **Crawford** (N) (DVS) | **Ha!ifax Comedy Festival** | **The National** (N) (DVS) | | **CBC Montreal News** (N) | **Canadian Reflections** (N) | **Coronation Street** |
| CHLT 7 | 107 | 718 | **(5:58) TVA nouvelles** (N) | **Sucré salé** (N) (SC) | **Chicago Fire: Caserne 51** Un incendie menace la caserne. | | ★★ **"Magic Mike XXL"** (2015) Channing Tatum. Les Kings of Tampa se préparent pour un dernier spectacle. (SC) | | | | **TVA nouvelles** (N) | **(:35) Sucré salé** (SC) | **(:05) "Collision"** (2013, Suspense) Frank Grillo, Jaimie Alexander, Roschdy Zem. (SC) | | |
| WMTW 8 | - | - | **WMTW News 8 at 6PM** (N) | **ABC World News** | **NFL Preseason Football** New England Patriots at New York Giants. From MetLife Stadium in East Rutherford, N.J. (N) (Live) | | | | | | **Kickin' It: With Byron Allen** | | **WMTW News 8 at 11** (N) | **(:35) Jimmy Kimmel Live** | |
| CKSH 9 | 108 | - | **(5:59) Le téléjournal Estrie** | **(:31) RDI économie** (N) | **Squelettes-plac.** | **Les Parent** "Le partage" | **Un homme à la mer** "La nuit" (SC) | | **Les échangistes** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **(:05) Ils étaient dix** En 1939, 10 personnes se retrouvent sur une île isolée. (Part 1 of 2) | | |
| CKMI 11 | - | - | **Global National** (N) | **(:29) Global News at 6:30** | **ET Canada** | **Entertainment Tonight** (N) | **Private Eyes** Becca believes a past stalker is back. | | **Big Brother** Eviction; head of household competition. (N) | | **Ransom** "Alters" Eric and Zara are taken hostage. | | **Global News at 11** (N) | **(:35) The Late Show With Stephen Colbert** | |
| CFCF 12 | 205 | 312 | **(5:59) CTV News Montreal** (N) | | **etalk** (N) | **The Big Bang Theory** | **The Big Bang Theory** | **(:31) Young Sheldon** | **Take Two** Sam and Eddie travel to wine country. (N) | | **Take Two** "Family Ties" Sam deals with family drama. (N) | | **News-Lisa** | **CTV News Montreal** (N) | **The Daily Show** |
| WVNY 22 | - | - | **Local 22 News** (N) | **ABC World News** | **Local 22 News** (N) | **Inside Edition** (N) | **The Gong Show** (Season Finale) (N) (DVS) | | **Take Two** Sam and Eddie travel to wine country. (N) | | **Take Two** "Family Ties" Sam deals with family drama. (N) | | **Local 22 News** (N) | **(:35) Jimmy Kimmel Live** | |
| WUTV 30 | - | - | **The Big Bang Theory** | **Judge Judy** (N) | **Judge Judy** (N) | **Family Feud** | **MasterChef** Challenges involving food scraps. | | **The Gifted** "outfoX" The team develops a risky plan. | | **2 on Your Side at 10** (N) | **Seinfeld** | **Two and a Half Men** | **Two and a Half Men** | **Last Man Standing** |
| CFKS 31 | 106 | 726 | **Souper parfait** | **Souper parfait** | **Les détestables** | **Les détestables** | ★★★ **"L'Inconnu de Las Vegas"** (2001) George Clooney. Premiere. Onze criminels préparent un triple vol dans les casinos de Las Vegas. | | | | | **Atomes crochus** | **Atomes crochus** | **NVL** (N) | **Infopublicité** |
| WUHF | - | 363 | **Modern Family** | **Modern Family** | **The Big Bang Theory** | **The Big Bang Theory** | **MasterChef** Challenges involving food scraps. | | **The Gifted** "outfoX" The team develops a risky plan. | | **13WHAM News at 10 on Fox Rochester** (N) (Live) | | **DailyMailTV** | **The Simpsons** | **Paid Program** |
| WETK | - | - | **PBS NewsHour** (N) | | **Stories/Road to Proficiency** | **Perry Como Classics: Till the End of Time (My Music)** Perry Como's hit songs. | | | **Fleetwood Mac: The Dance** Rock group reunites. | | | | **Nightly Business Report** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| WCFE | - | - | **World News America** | **Nightly Business Report** | **PBS NewsHour** (N) | | **To Be Announced** | | | | | | **BBC World News** | **Amanpour on PBS** (N) | **Beyond 100 Days** (N) |
| A&E | 615 | 520 | **The First 48** A young woman has a deadly premonition. | | **The First 48** Police investigate two fatal shootings. | | **The First 48** A generous man is murdered. (N) | | **The First 48** A teenager's life is cut short. (N) | | **(:01) Nightwatch Nation** "Ready for Anything" (N) | | **(:05) Nightwatch Nation** "Not Today" | | **(12:03) The First 48** |
| BRAVO | 620 | 523 | **Criminal Minds** (DVS) | | **Criminal Minds** (DVS) | | **Criminal Minds** (DVS) | | **Queen of the South** (N) | | **Shooter** (N) | | **Criminal Minds** (DVS) | | **Criminal Minds** |
| CNN | 500 | 500 | **Situation Room With Wolf** | | **Erin Burnett OutFront** (N) | | **Anderson Cooper 360** (N) | | **Cuomo Prime Time** (N) | | **CNN Tonight w/ Don Lemon** | | **CNN Tonight w/ Don Lemon** | | **Cooper 360** |
| DISC | 520 | 505 | **American Chopper** Senior gets an on-air lecture. | | **MythBusters** Taking on ingenious booby traps. | | **Diesel Brothers** A client asks for a monster school bus. (N) | | **Misfit Garage** Hot rod bucket comes back from paint. (N) | | **Street Outlaws** Racers gather for Cash Days. (N) | | **Street Outlaws** Sixteen drivers are left. (N) | | **Diesel Brothers** |
| HIST | 522 | 506 | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** | **Pawn Stars** "Astro-Pawn" | **Pawn Stars** | **Pawn Stars** |
| PARMT | 628 | 584 | **Bar Rescue** Three brothers and their struggling bar. | | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **Lip Sync Battle** | **"Remember the Titans"** |
| RDI | 126 | 730 | **(5:59) Le national** (N) | **(:31) RDI économie** (N) | **(:01) 24/60** (N) (SC) | | **Les grands reportages** "Tigars" (N) (SC) | | **Le téléjournal** (N) (SC) | | **Le téléjournal avec Céline Galipeau** (N) (SC) | | **Le national** (N) (SC) | **(:31) Le national** (N) | **(12:01) 24/60** (SC) |
| SHOW | 616 | 521 | **NCIS** Abby becomes fixated on solving a case. | | **NCIS** "Broken Arrow" Dinozzo's father helps investigate. | | **Bull** J.P. Nunnelly acts as Benny's attorney. | | ★★★ **"The Hunger Games: Mockingjay, Part 1"** (2014) Jennifer Lawrence, Josh Hutcherson. Katniss fights for Peeta and a nation moved by her courage. | | | | **NCIS** "Dead Air" | | |
| SLICE | 601 | 562 | **Sex and the City** | **Sex and the City** | **The Real Housewives of Dallas** | | **Southern Charm Savannah** "Duck, Duck, Goosed" | | **Married at First Sight** "Fantasies and Firsts" (N) | | **Million Dollar Listing New York** "Yippee Ki Yay!" (N) | | **Sex and the City** | **Sex and the City** | **Married at First Sight** |
| TLC | 521 | 560 | **(5:00) 90 Day Fiancé: Before the 90 Days** "Family Ties" | | **The 685-Lb. Teen** The most overweight teen in the U.S. | | **Dr. Pimple Popper** | | **Dr. Pimple Popper** Will is worried about a lump. | | **Dr. Pimple Popper** Diane has tumors all over her body. | | **(:01) Dr. Pimple Popper** | | **Dr. Pimple Popper** |
| TSN | 400 | 400 | **2018 U.S. Open Tennis** Early Round Coverage, Day 4. (N) | | **2018 U.S. Open Tennis** Early Round Primetime Coverage, Day 4. From the USTA Billie Jean King National Tennis Center. (N) (Live) | | | | | | | | **SportsCentre** (N) (Live) | | **SportsCentre** (N) |
| YOUTH | 551 | 542 | **Nicky, Ricky** | **Henry Danger** | **"Super Buddies"** (2013) John Ratzenberger. | | | | **"Super Buddies"** (2013) John Ratzenberger. | | | | **Just Kidding** | **Just Kidding** | **Super Bud** |

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# What's On

## Music

**August 25**

**Dance at the Ives Hill Hall** on Saturday, August 25 from 8 p.m. to midnight. Music by **the Country Swingers.** Admission $8. All welcome.

**August 25**

**Come dance with us every Saturday night at the Beebe Town Hall,** 72 Main St., Stanstead (Beebe), from 7 p.m. to 11 p.m. Come hear the new band: **The Old School Country Band.** On September 1, Country Swingers (Ronnie Haseltine) will be playing. Info: Gail 819-876-2021. Everyone welcome.

**September 8**

**2nd annual "Fall into Autumn" Country Music Appreciation Jam at the Burroughs's Falls Reception Hall,** Ayer's Cliff on Saturday, September 8 starting at 1 p.m. Hours of continuous fun, live country music, door prizes, corn roast and cold buffet, **all for just $15.** Our mission is to support LIVE country music and to encourage professional musicians to keep their music alive! Along with the new **house band Bobbi Dee and The Honky Tonk Rebels** will be the **featured band (all the way from Montreal) Lost Highway,** plus other favorite local musicians may stop by to Jam. This is one Fall Event you really won't want to miss! To reserve a spot, call Burroughs's Falls Hall at 819-838-4912.

## Events

**August 26**

**Visit the Richmond County Historical Society archives and museum** at 1161 Route 243, Melbourne Township on Sunday, August 26 from 2 p.m. to 5 p.m. The theme this year is heritage music and you will discover some fascinating old-time musical instruments and displays. **There will be a Garden party with a gin garden and free non-alcohol beverages.** This is a family event with music, games, and community spirit. A special "making history" event at 3 p.m. will be a group community photo taken on the lawn of the museum.. Everyone is invited to bring friends and family (and chairs) so that this archival event represents who is making history today!

**August 26**

**TRENHOLM UNITED CHURCH.** Come and join us in **worship and fellowship** on Sunday, August 26 at 11:00 a.m. The service will be followed by our **annual Steward's BBQ.** Hot dogs, corn on the cob, pot-luck salads and desserts, as well as refreshments will be provided. Just bring your lawn chair!

**September 1**

**Decadent Desserts and Photography Exhibit,** Saturday, September 1, 2 p.m. to 4 p.m., at the Baldwin's Mills United Church. Come taste our gloriously sinful desserts – **including our gluten-free options** - and enjoy the photography of Holger Richter. All proceeds for charity.

**September 4-10**

**Climate emergency is happening now. Let us get together to discuss plans** in Sherbrooke to work with all people including the young and local government to have an action plan. Week of September 4-10 has been named as week of action by Climate Mobilization. Please email douglasnadler62@gmail.com if you are interested in attending our first meeting or call 450 521-9534.

**September 8**

**Creek Church annual Ham Supper** on Saturday, September 8 from 4:30 p.m. to 6:30 p.m. **Donation: 2 for $25, single $13, children 10 & under $3.** Contact May Banks 450-243-0280, Steve Lace 450-242-1816.

**September 8**

**Colby-Curtis Museum Lecture-Luncheon. Jimmy Manson:** The Peopling of the Eastern Townships - Immigration and Migration, 1825 – 1867, Saturday, September 8 at 10:30 a.m. Cost $20/$15 (members). **Reserve your seat before September 6:** info@colbycurtis.ca or 819-876-7322. Next lecture: September 22, Jeff Packard: Good Fences make Good Neighbours - The False 45th Parallel and our International Border.

**September 8 & 9**

**PIGGERY THEATRE BARN SALE FUNDRAISER,** Saturday and Sunday, September 8 and 9, 8 a.m. to 2 p.m., 215 ch. Simard, Ste. Catherine de Hatley, J0B 1W0. If you are uncluttering, moving or downsizing and have items to donate please call 819-842-2431 (NO CLOTHES PLEASE) or piggerymedia@gmail.com.

## Exhibits

**August 16-September 2**

**Ye Olde Blacksmith Art Gallery, or Le Vieux Forgeron,** 240a Dufferin St., Stanstead, Quebec. **'Ogden: Then and Now'**- old black and white photographs from personal and archival collections of the municipality of Ogden, near Stanstead, and the same photograph taken today, Heritage Ogden Committee, Tom Montgomery, Jeffrey Packard, **'Twelve Thousand Years of Native Presence'** - panel - the history and culture of the Abenaki First Nation - Paul Carignan, **'Enchanted Forest'** Allyna Harris - painting on bark and canvas, On-going: Voices From Greece: **'I Still Have a Glimmer of Hope'** René Jean Amba - painting, writing, **'Prospects and Echoes of Visions'** Majed Ebraheem and Fatima Kriem - painting, poetry. HOURS: Thursday to Sunday 11 a.m. to 6 p.m. www.levieuxforgeron.com. Facebook: Le Vieux Forgeron Art Gallery.

**August 25**

**The Last Supper by Kevin Whitaker. Opening/Vernissage** Saturday, August 25, 11:30 a.m. to 2 p.m., at the **Gillygooly Gallery, 96 Hatley Centre Road, Canton de Hatley.** Proceeds will be donated to Parkinson's Research. On Show August 26, 11:30 a.m. to 3 p.m. Visits available by appointment up until Labour Day. Contact Marie Moliner 657-960-6819 or mariemoliner88@gmail.com




**Until December 16**

**Historical Exhibit:** May 6 to December 16, 2018: Lennoxville-Ascot Historical and Museum Society (LAHMS) is pleased to present **"Time and Image,"** an historical exhibit on local photography. We hope you'll enjoy this opportunity to discover more about our heritage through a medium that reflects the artistic, historical, and social aspects of our community. The exhibit is open to the public, Tuesday-Sunday, 10 a.m. to 4:30 p.m., on the second floor of Uplands, 9 Speid St., Sherbrooke (Borough of Lennoxville). Information: 819-564-0409.

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A RUNNER'S MIND

CHRISTINE BLANCHETTE

Fall is a great time to get into shape, with cooler temperatures and a kaleidoscope of colour combining to make your re-introduction back to nature - compelling. Eastern Canada is known for the most beautiful autumns in the country, if not the world. With the first frost shocking the leaves into brilliant shades of autumn splendor, your fall hike could be over a virtual carpet of sun drenched nature at her best. Every season is beautiful, yet hiking a forest trail in the fall is like climbing through a rainbow. Bringing a camera on your fall hike is a must, even if it's just a phone camera, which these days can take excellent photos. If your body won't let you run without pain and the gym is not so appealing anymore, hiking is the perfect transition sport for you. It's walking - but over hill and over dale - and comes in many levels, from an easy stroll to reaching for tree roots to pull you up to the top of a cliff.

If you haven't hiked before or it has been a while, visualize yourself close to nature, surrounded by trees, breathing in fresh air and hearing the crunching of leaves beneath your feet, the soothing rhythm of a running stream nearby. While you're absorbing all of that for your personal archives, you'll be getting a pretty decent workout in the process.

Hiking is the secret ingredient for wellness of the mind and body. There are many hiking destinations to choose from where you live but here are some hiking places to explore in the Eastern Townships, which in the fall is as beautiful a destination as you're likely to find.

According to the Eastern Townships website on events and activities, here are a couple of hiking trails for all levels of abilities:

**MONT-MÉGANTIC NATIONAL PARK:**

There is 25 km of multi-use trails and the 17 km of hiking trails give you access to exceptional views of the peaks of Mount Megantic (1105 m) and Mount St. Joseph (1065 m).

**MONT-ORFORD NATIONAL PARK:**

The hike is without doubt the best way to discover Mont-Orford National Park. This is the perfect opportunity to access many of the most spectacular views in the Eastern Townships. The park is home to, among others, white-tailed deer and great blue herons, observable in their natural habitat. It also has a great diversity of amphibian and reptile species. In the fall, sugar maples offer a colorful spectacle to hikers. In the winter, the park becomes a must for cross-country skiers and snowshoe enthusiasts.

All four of the region's national parks, (Mont Orford, Mont Mégantic, Frontenac and Yamaska) have beginner-friendly trails.

**Here are my top five hiking tips:**

1. Before hiking, invest in proper gear, especially shoes – to protect you from slipping on challenging terrain. Invest in clothing made from breathable, sweat-wicking fabrics. Be prepared for changes in temperature by bringing an extra layer of clothing. Wear a hat to protect you from the sun and to shield you from ticks.



JOHN MOE

2. Start at beginner level if you have gone a long time between hikes. Work your fitness level gradually to the intermediate level. Each trail is marked for level of intensity from beginner to advance. A bad situation could develop if you are too exhausted to continue before the end of your hike.

3. Preparation is the key - plan how long the hike will take and check for weather conditions before heading out.

4. Bring enough water and snacks to fuel your body. Eat a protein bar before and during your hike for replenished energy.

5. Break time - depending on how long the hike it is a good idea to stop for a rest. It's your opportunity to capture the moment on film.

Fall can inspire you to restart a fitness program or to at least spend quality time outdoors with family and friends. For safety reasons tell your loved ones where you are going and leave details. Then imagine yourself leaping into a beautiful setting, as if in an oil painting - only better.

*www.runwithit.ca*
*Twitter: @christineruns*
*Instagram: runwithit_christineblanchette*
*Run With It on YouTube - RunWithIt*

# CFL announces immediate revisions to its touchdown celebration standard

**The Canadian Press**

The CFL is relaxing its stance regarding the use of props during touchdown celebrations.

The league announced Thursday that effective immediately, players can use props in TD celebrations provided they aren't hidden in their uniform or the goal-post assembly. The items also can't be demeaning or discriminatory, simulate the firing of a weapon and can't unduly delay the game.

``The stakes in our league are very high and the intensity level is second to none," CFL commissioner Randy Ambrosie said in a statement. ``But at the end of the day, football is a game and it should be fun for players and fun for fans."

On Saturday, Edmonton receiver D'haquille Williams was flagged for objectionable conduct after he and two teammates crawled through an end-zone advertising placard following a touchdown in the Eskimos' 40-24 victory over the Montreal Alouettes.

The night before, Winnipeg receiver Darvin Adams wasn't penalized for his innovative TD celebration. After hauling in a 72-yard touchdown pass, Adams commandeered an on-field television camera and used it to film some of his teammates in the Blue Bombers' 44-21 loss to the Ottawa Redblacks.

Under the CFL's revised standard, Williams' celebration would be allowed.

``This change came after discussions held by the commissioner, presidents from the league's member clubs and on-field officials and supervisors," said Darren Hackwood, the CFL's director of officiating. ``Everyone involved wants to reach the right balance between giving players an opportunity to express their joy and creativity and maintaining the pace and sportsmanship of our game."

The revision falls within the league's broader standards and rules for objectionable conduct. That includes the prohibition of unnecessary physical contact with an official, throat slashes and any action with a sexual connotation.

As well, players who choose to use a prop such as a hand-held television camera or other private property assume liability should that property be damaged.

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Death



## Nazareth Raban Haddad
**(1925-2018)**

Passed away at the CHRTR-Trois Rivières, QC, on August 20, 2018, at the age of 93. Nazareth Raban Haddad was the daughter of the late Abraham Raban and the late Bahija Raban and the loving wife of the late Albert Haddad.
Family and friends will gather at the Steve L. Elkas Complex (4230 Bertrand-Fabi Street, Sherbrooke), on Saturday, August 25, 2018 from 7:00 p.m. to 9:00 p.m., on Sunday, August 26, 2018 from 2:00 p.m. to 4:00 p.m. and from 7:00 p.m. to 9:00 p.m. and Monday, August 27, 2018 from 9:00 a.m. until departure at 10:30 a.m. Funeral service will be held at the St-Ephrem Syriac Orthodox Church (150, 13th Ave. South, Sherbrooke, QC J1G 2V8) on Monday, August 27, 2018 at 11:00 a.m. followed by the placement of the casket in the St-Michael's Cemetery Mausoleum, Sherbrooke, QC.
Mrs. Nazareth Haddad leaves to mourn her children: Lise Haddad (Albert Hendi), Jacob Haddad (Nouhad Karma), Maureen Haddad (Albert Boucratie) and the late Velma Haddad; her grandchildren: Albert, Jennifer, Natalie, Phillip, Justin, Steve, Melanie, Matthew; her great-grandchildren: Nicholas, Taylor, Sebastien, Jacob, Thomas, Benjamin, Alexander, James. Also left to mourn are many nieces, nephews, cousins, other friends and relatives. She was predeceased by her brothers and sisters: Yvonne, Cécile, John, Agathe, Eddie; her brothers and sisters-in-law: Calil, Nazira, Bahija, Fahima, Jalila and Rachel.
The family would like to thank all the personnel of the CHRTR-Trois Rivières (4th J floor) and the Résidence Laliberté of Trois Rivières for their kind and professional care given to Mrs. Haddad. As a memorial tribute donations to the St-Ephrem Syriac Orthodox Church, C.P. /P.O. Box 671, Succ. Place de la Cité, Sherbrooke, QC, J1H 5K5 would be appreciated.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi., Sherbrooke QC
info@steveelkas.com
PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

Death



## Malcolm Alexander MARSHALL

Malcolm Alexander Marshall (Mike) passed away peacefully at the age of 72 on Tuesday, June 13, 2017 at Tidewell Hospice Home in Venice, Florida. He was well known for his sense of humour, his quiet and kind nature, his love of golf and of his birthplace, The Eastern Townships.

Mike will be sadly missed by his wife of 24 years Jill Perkins, his daughter Kristen and Joey Sanfilippo (Chicago, Il); his son Michael Marshall (Chicago, IL); his stepson Jason Breckenridge and Lucy Hockings (London, UK.); stepdaughter Jodi Breckenridge and Sean Yates (Canton-de-Hatley, QC); his grandchildren (better known as Grump): Isabella, Olivia and Anthony Sanfilippo, George and Hector Breckenridge, Zoe King, William and Noah Breckenridge Yates; his sisters Joan Northrup (Amherstburg, ON), Barbara Levitt (Richmond, QC), Margo Levitt (Chateauguay, QC); and his sister-in-law Alice Smith (predeceased by his brother Garth Smith) and his brothers-in-law Jack Perkins (Washington, PA.), David Perkins (Waterville, QC) and Ben Perkins (Westmount, QC).

The family will receive condolences at the Reedsville Cemetery, North Hatley, on Saturday, September 1, 2018 from 1:00 p.m. to 1:30 p.m., followed by a graveside service officiated by Rev. Heather Thomson.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi., Sherbrooke QC
info@steveelkas.com
PHONE: 819-565-1155
FAX: 819-820-8872
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Death

## Germaine Richard Patterson
**(1935–2018)**

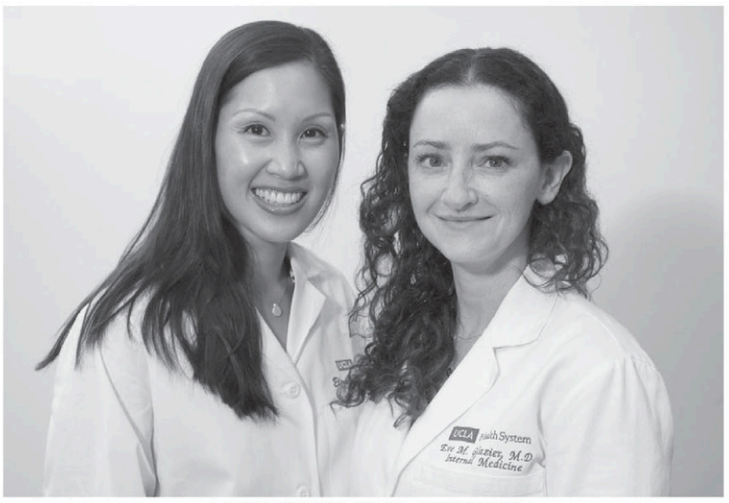
Passed away peacefully with her family at her side at the CHUS Fleurimont, on Monday, August 20, 2018 in her 84th year. Germaine was born on February 24, 1935 in Rexton, New Brunswick, daughter of Ida (Vautour) and Alexander Richard. She was the beloved wife of Vance Patterson for 60 years and loving mother to Kimberley (Robert Dean) and Wendy (Terry Barrett). She was a cherished grandmother of Brandon MacDonald, Zachary and Joshua Sauvé. She also leaves to mourn her sisters: Joanne (Brian Walsh), Marie (the late Edmond Babin), Loretta (the late Larry Jennings), and brothers, Vincent (the late Shirley), Paul (Nelly) as well as a long list of nieces, nephews and many friends.

Visitation will take place at Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), on Sunday, August 26, 2018 from 1:00 to 2:00 p.m. followed by the funeral service at 2:00 p.m.

At the request of the family, in lieu of flowers, a donation to the charity of your choice would be greatly appreciated.

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
PHONE: 819-564-1750
FAX: 819-564-4423
www.casshomes.ca

# Mediterranean diet study's flawed analysis warrants correction



## ASK THE DOCTORS
**By Eve Glazier, M.D., and Elizabeth Ko, M.D.**

**Dear Doctor**: For years now, I've been trying to eat more fruits and vegetables, less meat and a whole lot of olive oil and mixed nuts. Now I'm seeing that one of the studies supporting this has been retracted. Can I go back to hamburgers and fries?

**Dear Reader**: The Mediterranean diet has been the focus of all sorts of attention in the decades (yes, decades) since it was first introduced. Based on the eating habits of people living in southern Italy, Spain and Greece in the 1940s and '50s, it's just as you outlined — a fruit- and vegetable-forward diet with lean proteins, whole grains, and plenty of nuts, legumes and olive oil. First publicized in the mid-1970s, the diet really entered the public consciousness in the 1990s. That's when a spate of studies looking into the eating plan got a lot of ink, and diet books devoted to the concept began to hit best-seller lists.

In 2013, a large study in Spain randomly assigned 7,447 individuals to either the Mediterranean diet or to a low-fat diet. All were overweight, and all had risk factors for heart disease, such as smoking and diabetes. Although the study participants assigned to the Mediterranean diet faithfully followed the plan, those assigned to the low-fat diet tended to return to their normal eating habits. As a result, the study turned out to be as much a referendum on the modern diet as it was about the Mediterranean plan. After five years, researchers concluded that the Mediterranean diet lowered heart disease by 30 percent.

But did it? According to a recent analysis of the study by a scientist in England, it's impossible to know. That's because of two extremely important words in the description of the 2013 study — randomly assigned. For the results of these types of studies to be free from bias, participants must be randomly assigned to the treatment option they will follow. Without absolute randomization, you can't be confident the resulting data is the effect of the treatment. And as you've probably already guessed, the English scientist discovered that the 2013 study did not, in fact, use absolute randomization. In some cases, entire villages were assigned to the Mediterranean diet. Although those participants all followed the same food rules, they also shared other important environmental factors that could affect their health outcomes. This was sufficient to derail the claim of randomization for the 2013 study, and to merit both a retraction and a rewrite by the New England Journal of Medicine in June.

The original takeaway of the 2013 study was that several thousand people had fewer heart attacks and strokes because they followed the Mediterranean diet. The new conclusion is several thousand people had fewer heart attacks and strokes and they followed the Mediterranean diet. In this study, the diet can no longer be cited as the specific reason for the health benefits.

Finally, regarding your question about burgers and fries, the answer is moderation. As an occasional treat? Probably fine if you're in good health. But as a dietary staple? Please don't.

*Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.*

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# Church Services

## Anglican

**LENNOXVILLE**

Saint George Anglican Church in Lennoxville, at 84 Queen Street, will be celebrating Holy Eucharist every 1st, 2nd and 3rd Sunday at 11 a.m. Morning Prayer is held every 4th Sunday at 11 a.m.

**NORTH HATLEY**

Saint Barnabas Anglican Church, North Hatley, at 640 Sherbrooke St., celebrates Holy Eucharist every 1st, 2nd & 3rd Sunday at 9 a.m. Morning Prayer is held every 4th Sunday at 9 a.m.

## Presbyterian

**LENNOXVILLE**

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100, Sundays: 10:30 a.m. Worship and Sunday School.

## United

**AYER'S CLIFF - MAGOG**

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

**BISHOPTON**

Bishopton United Church service 10:30 a.m. on Sunday, August 26 with Rev. Spires. Important meeting following service to discuss the future of the church. Members urged to attend.

**SHERBROOKE**

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, www.plymouthtrinitychurch.org, welcomes all of you to our Sunday, August 26 worship service at 10:30 a.m. This will be our last joint summer service with Lennoxville United, and it's a bilingual service with Sunday School, followed by a Mission & Service luncheon. During the luncheon we will present the joint Lenten Share calendar proceeds to La Grande Table. Ce dimanche, 26 août, nous célèbrons avec Lennoxville United notre dernier culte conjoint de l'été. C'est un culte bilingue avec École du dimanche, suivi d'un BBQ Mission & Service. Au cours du repas, nous présenterons à la Grande Table le chèque de nos dons du carême auxquels nos deux communautés de foi ont participé.

**TRENHOLM**

Trenholm United Church. Come and join us in worship and fellowship on Sunday, August 26 at 11:00 a.m. The service will be followed by our annual Steward's BBQ. Hot dogs, corn on the cob, pot-luck salads and desserts, as well as refreshments will be provided. Just bring your lawn chair!

**WATERVILLE/NORTH HATLEY**

Waterville/North Hatley United Church. There will be no services for the month of August. 819-837-1112.

All are welcome to a
***BIBLE INSTRUCTION MEETING***
to be held, the Lord willing,
**SUNDAY, AUGUST 26, 2018 at**
**CHRIST CHURCH HALL, EUSTIS**
Route 108, North Hatley.

**AFTERNOON:**
2:30 - Singing and Devotions
2:55 - "Overcoming Hindrances
3:20 - "Persistence in Prayer"

**EVENING:**
6:00 - Singing and Devotions
6:30 - "Peace In A Troubled World"

An evening meal will be provided at 4:30

**For more information, call 1-802-888-5277 or 1-802-888-9113**

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# Datebook

**FRIDAY, AUGUST 24, 2018**

Today is the 236th day of 2018 and the 65th day of summer.

**TODAY'S HISTORY:** In 1814, British forces invaded Washington, D.C., and set fire to the White House.

In 1949, President Harry Truman formally announced that the North Atlantic Treaty was in effect.

In 1981, Mark David Chapman was sentenced in New York for the murder of John Lennon.

In 2006, the International Astronomical Union announced a new definition for "planet," which reclassified Pluto as a "dwarf planet."

**TODAY'S BIRTHDAYS:** Jorge Luis Borges (1899-1986), author; Paulo Coelho (1947- ), author; Mike Shanahan (1952- ), football coach; Mike Huckabee (1955- ), politician/TV personality; Stephen Fry (1957- ), actor/comedian; Cal Ripken Jr. (1960- ), baseball player; Jared Harris (1961- ), actor; Marlee Matlin (1965- ), actress; Reggie Miller (1965- ), basketball player; Dan Henderson (1970- ), mixed martial artist; Ava DuVernay (1972- ), filmmaker; Dave Chappelle (1973- ), actor/comedian; Rupert Grint (1988- ), actor.

**TODAY'S FACT:** In 1891, Thomas Edison received a patent for his Kinetograph motion picture camera and the Kinetoscope viewer.

**TODAY'S SPORTS:** In 1989, baseball commissioner A. Bartlett Giamatti banned Pete Rose from the sport for gambling on Major League Baseball games.

**TODAY'S QUOTE:** "Waiting is painful. Forgetting is painful. But not knowing which to do is the worst kind of suffering." — Paulo Coelho, "By the River Piedra I Sat Down and Wept"

**TODAY'S NUMBER:** 5 — dwarf planets in our solar system currently recognized by the International Astronomical Union: Pluto, Ceres, Eris, Haumea and Makemake.

**TODAY'S MOON:** Between first quarter moon (Aug. 18) and full moon (Aug. 26).




# SUDOKU

DIFFICULTY RATING: ★★★★☆

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8/24

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**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

PREVIOUS SOLUTION

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PREVIOUS SOLUTION

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**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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8/25

# SUDOKU

DIFFICULTY RATING: ★★★★★

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# Your Birthday

**FRIDAY, AUGUST 24, 2018**

Turn up the volume and make some noise. Embrace life, live in the moment and make the most of each day. You are gaining momentum as you head toward greater opportunity. Partnerships, communication, travel and interacting with people from all walks of life will lead to personal growth.

**VIRGO** (Aug. 23-Sept. 22) — Set goals and don't stop until you are satisfied with the results you get. Improvements at home or to your lifestyle are favored. Mingle and participate.

**LIBRA** (Sept. 23-Oct. 23) — An emotional plea will be in your best interest. Trying to push or redirect someone stubborn or demanding isn't going to work. Offering an incentive will bring better results.

**SCORPIO** (Oct. 24-Nov. 22) — Clear your head and gather facts. If you let your emotions take charge, you will end up making a mistake. Don't overspend, overdo or overindulge. Moderation and understanding will be required.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Start a discussion that will encourage getting to know more about your family history. Do some research to make sure that the information you receive is accurate. You can learn much.

**CAPRICORN** (Dec. 22-Jan. 19) — Someone is likely to charm you into doing something you may regret. Getting involved in a matter that is excessive or indulgent will jeopardize your reputation or self-esteem.

**AQUARIUS** (Jan. 20-Feb. 19) — Emotions will be unpredictable. Refrain from indulging in substances that could influence your ability to stay in control. Use your intelligence to navigate your way through a sticky situation.

**PISCES** (Feb. 20-March 20) — Secrets are best kept that way. If you want to share information, make sure it isn't something that could come back to haunt you. Concentrate on personal relationships and physical improvements.

**ARIES** (March 21-April 19) — Take pride in what you do. Getting involved in activities that require intelligence and compassion will bring out the best in you. A romantic adventure will improve your life.

**TAURUS** (April 20-May 20) — Question anyone trying to butter you up. Compliments are wonderful, but if the result is giving in to someone taking advantage of you, it's not worth the ego boost.

**GEMINI** (May 21-June 20) — Getting together with peers, friends or relatives is encouraged. Spending time with someone you love to hang out with will lead to plans that give you something to look forward to.

**CANCER** (June 21-July 22) — Don't push yourself physically. A steady pace will get you to your destination without a mishap. A break from your routine will be enlightening.

**LEO** (July 23-Aug. 22) — Let others do as they please. It's OK to take a pass or do your own thing. Taking care of your physical needs or personal agenda should be a priority.

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**SATURDAY, AUGUST 25, 2018**

You'll thrive on being different and using your skills and knowhow to get ahead. A change in the way or where you live will open up all sorts of opportunities. Reconnecting with old friends will promote partnerships and be eye-opening. An old dream can be revived.

**VIRGO** (Aug. 23-Sept. 22) — Settle any difference and keep moving forward. Someone unique will offer you an interesting perspective on your life and the improvements you can make. Don't sit idle when so much can be accomplished.

**LIBRA** (Sept. 23-Oct. 23) — Taking care of matters concerning children, a friend or a loved one will make you feel better about your life and relationships. Make personal agreements that encourage greater equality.

**SCORPIO** (Oct. 24-Nov. 22) — Take money matters seriously. Look for new ways to save or to put your money to good use. Don't let emotional issues take the reins or turn into an expensive lesson.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Consider all angles of a situation and communicate openly and honestly about what you'd like to see happen. Get a second opinion if you don't trust the information someone is offering.

**CAPRICORN** (Dec. 22-Jan. 19) — Stick close to home and make the changes to your lifestyle that will make you feel more at ease. Someone or something from your past will help you move forward now.

**AQUARIUS** (Jan. 20-Feb. 19) — Keep your plans low-key until you have secured your position and you know what the outcome will be. Leave nothing to chance and you'll have no regrets.

**PISCES** (Feb. 20-March 20) — Feel out situations intuitively before you get involved. Joint ventures should be weighed heavily before you invest your money. A false impression can lead to loss.

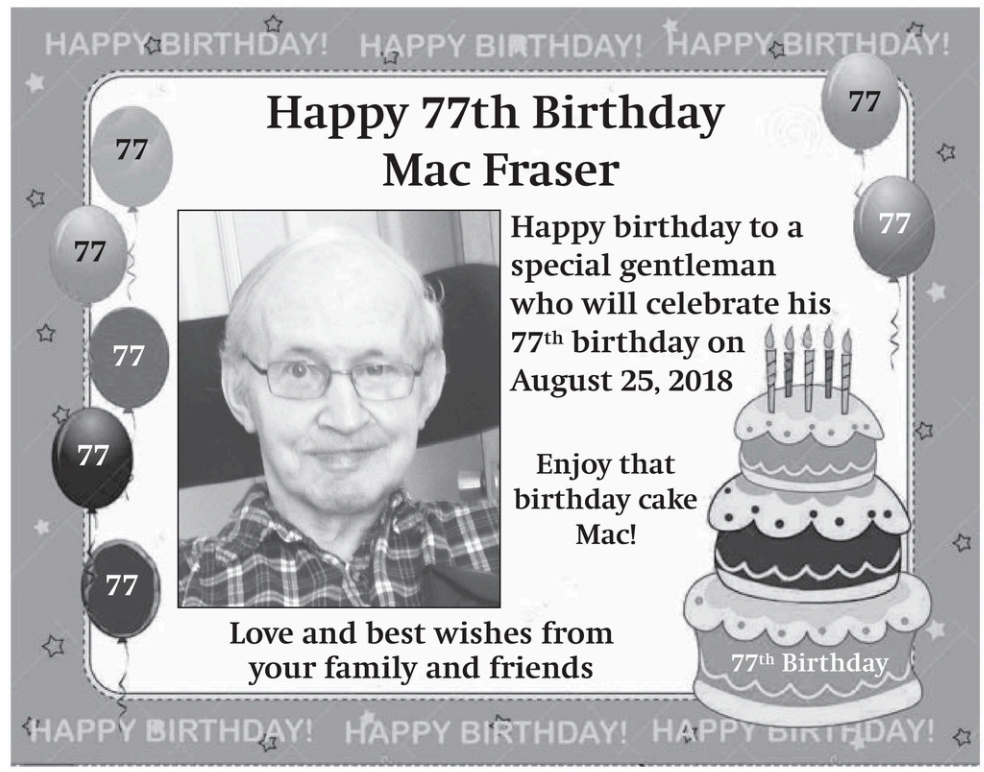
**ARIES** (March 21-April 19) — You can have fun and still be practical. Gauging what's acceptable financially, physically and emotionally will help you set a healthy and productive path. Success comes with foresight.

**TAURUS** (April 20-May 20) — A change of plans will be to your benefit. You are better off going about your business and getting things done than engaging in an argument.

**GEMINI** (May 21-June 20) — Personal improvements can be made. A day at the spa, spending time with a loved one or shopping for something that will enhance your looks are all favored.

**CANCER** (June 21-July 22) — Take time to do something creative. Pursuing a hobby or developing a skill or activity you enjoy doing can turn into a part-time moneymaker. Explore new possibilities and see where they take you.

**LEO** (July 23-Aug. 22) — Don't worry about what others do. Choose the path of least resistance. Doing things on your own will help you stick to a set budget and limit interference and discord.




# Concerned about stepson

## Dear Annie

**FRIDAY, AUGUST 24, 2018**

**Dear Annie:** I'm writing about my 53-year-old stepson, "Sam." I helped to raise Sam starting when he was 11. His first mom was murdered with a handgun a year before. He was already difficult as a younger child and already into drugs, including alcohol. Things got worse. My husband and I made mistakes, mostly on the side of enabling. We've gotten some helpful counseling and learned a lot from Al-Anon.

Sam did a little therapy years ago (some of it court-ordered) and used to go to Alcoholics Anonymous, but he doesn't anymore. Too bad. AA helped him.

Sam is smart and kind and sensitive and tends to set himself up to be exploited and codependent, perhaps as a way of buying friends. I ache to see his patterns change, but they are out of my control. A few years ago, he lost his house because he didn't pay his mortgage. His dad and I had bailed him out a couple of times, through loans that never got entirely paid back despite the written agreements and careful repayment schedules; the last time, he chose not to tell us he was ignoring the legal notices in the mail.

We don't give him guilt trips about the money or mention it or even care, really. It's cheaper than college would have been. But I'm sure he feels a lot of guilt. He's a sensitive and principled guy.

Sam now lives in a sleazy efficiency apartment about 10 minutes from us. At least it gives him some kind of community. He is holding down a job, and things seem stable financially. But he has stopped returning his father's texts asking him to get together for breakfast, and there's been no acknowledgment of the birthday check we mailed him last week. (This letter is not about wanting a thank-you note!) A couple of weeks ago, I got my son-in-law to call him and say, "Hey, phone your folks!" He did, and we had the usual upbeat chat. We made a breakfast date. But he ended up flaking on that.

My husband's heart is quietly breaking. We aren't demanding a lot of Sam's time, and we know it's his life to live as best he can. But total non-communication has meant bad things in the past. I don't want to have to go visit him in prison again.

My role these days is basically nagging his dad to text him one more time. (My husband of 40-plus years is a truly wonderful man, but he's the passive/denying one; I'm the doer/-rescuer. That's not a brag.) I don't know whether either of us is willing to devote more time to Al-Anon or counseling. Our lives are getting shorter every day, and we've already poured a lot of emotional energy into the sinkhole. Should we keep trying to get Sam to respond? Or what? — Sad Stepmom

**Dear Sad Stepmom:** If it were that easy for you to detach from your stepson, you already would have. For most friends and family members of people with addiction, it's difficult to set boundaries without outside support. I encourage you to give Al-Anon another shot. I think you'll find that it actually helps retrieve some of your emotional energy from the sinkhole. It's great that you went before, but Al-Anon, like Alcoholics Anonymous, is not a program you graduate from.

For more information and a list of meetings in your area, visit https://al-anon.org.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit http://www.creatorspublishing.com for more information.

***Send your questions for Annie Lane to dearannie@creators.com.***

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## CELEBRITY CIPHER
**by Luis Campos**

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"A T K  Y G P  B R P  D P T  T V  A T K G  N U V P .

H T E P  M P T M N P  X P P C  B T  I P  R U G P C

Y X C  H T E P  X P P C  B T  I P  V U G P C ."

— G T I P G B  C T J X P A  Z G .

Previous Solution: "When something is important enough, you do it even if the odds are not in your favor." — Elon Musk

*TODAY'S CLUE: M equals E*

## CELEBRITY CIPHER
**by Luis Campos**

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"O  A O I G  P G U X U  A B I  B  A B E  P J  T V J A

E J D  A U X U  O V  P G U  L J J Y  J H Y  Y B E I

W U S J X U  E J D  B R P D B H H E  H U S P  P G U N ."

— U Y  G U H N I

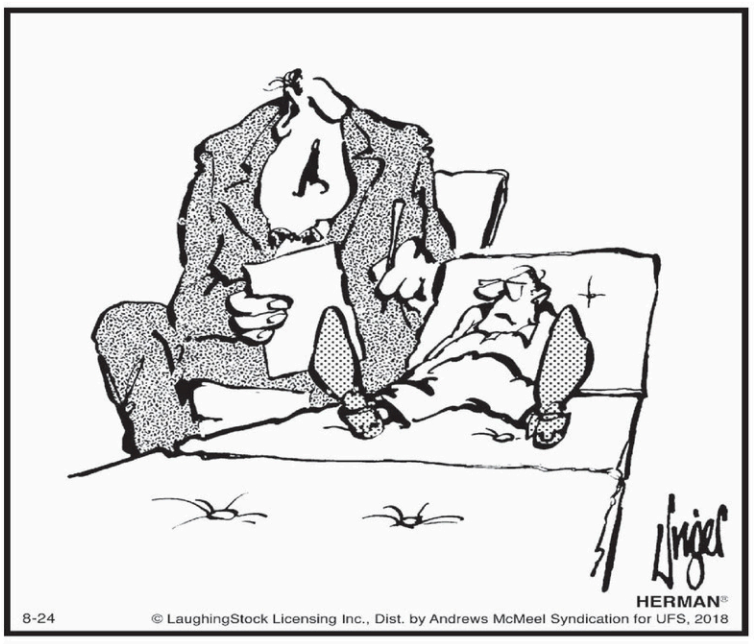
*TODAY'S CLUE: K equals T*

Previous Solution: "You are the CEO of your life. Some people need to be hired and some need to be fired." — Robert Downey Jr.

### REALITY CHECK

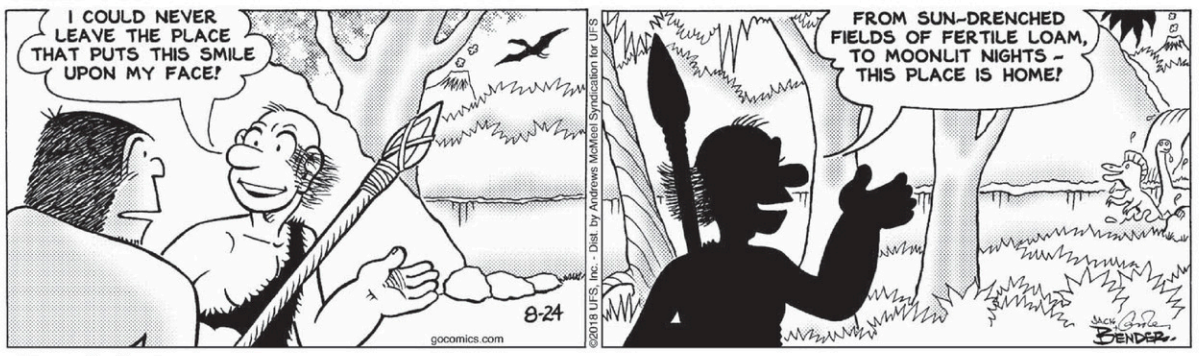



### HERMAN

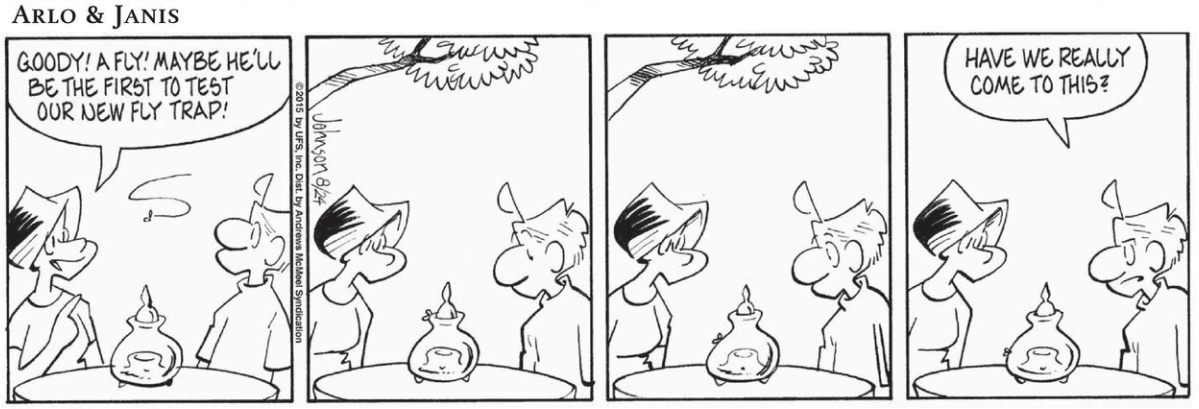



**"My usual fee is $20 but I'll only charge you $10."**

### ALLEY OOP



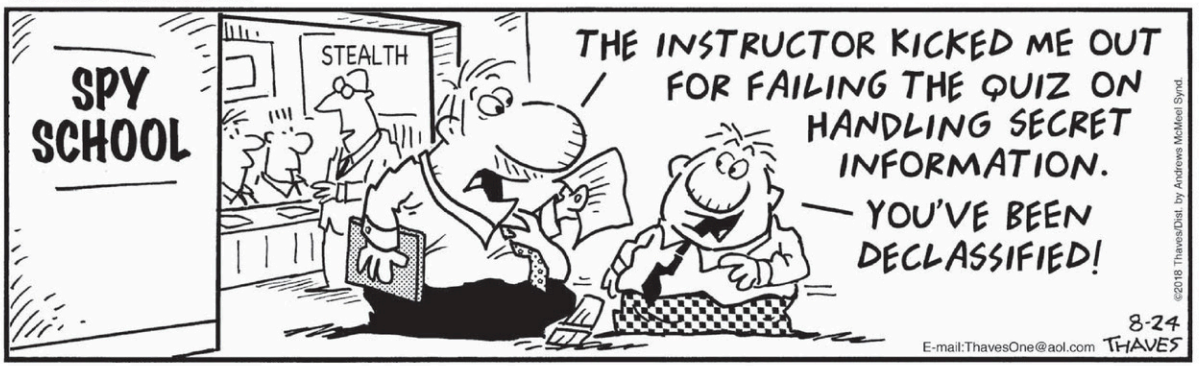

### ARLO & JANIS




### THE BORN LOSER



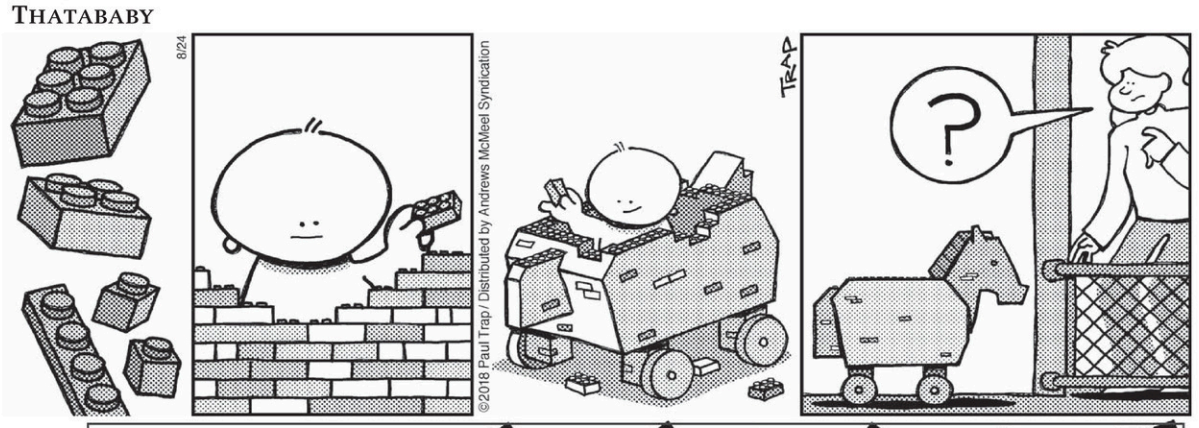

### FRANK AND ERNEST




### GRIZWELLS




### THATABABY







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**jbryant@sherbrookerecord.com**

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- Autonomy, courtesy and team spirit.

**Housekeepers & Laundry Room Attendant**
- Clean rooms and public areas.
- Daily Laundry
- Autonomy, courtesy and team spirit.

**Servers**
- Setting up the dining room
- Bring plates/clear away tables
- Bilingual French/English required

**Cook**
- Prepares & completes the dishes
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- Controls the quality and freshness of the products.

**Waterfront Attendant/Lifeguard**
- National lifeguard certification
- Bilingual French/English required
- Customer service experience

**Please share your application by email at marketing@manoirhovey.com or in person at 575 rue Hovey, North Hatley, QC**

## 145 Miscellaneous Services

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

## 160 Music



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## 294 Events

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## 160 Music

## 310 Arts & Crafts

**DUNHAM CRAFTS MARKET** August Show and Sell. Community of independent artisans presenting handicrafts for all occasions to visitors from around the world. Discounts on table rentals. 3786 rue Principale, Dunham. 450-295-2252. michilynnd@gmail.com. Facebook @ marchedesartisanatsdunham.

## 340 Garage Sales

**CANTON DE HATLEY**
1160 Sherbrooke Road, Saturday, August 25, 8 a.m. to 4 p.m. Garden tools, dishes, something for everyone. Great prices. Everything must go!

**LENNOXVILLE**
Garage Sale at 33 Speid Street on Saturday only, August 25, 8 a.m. to 4 p.m. Large variety of items, kitchen ware, end tables, ironing board, adult clothes, some toys, purses, suitcases, jewellery, framed pictures, pillows and more.

**SHERBROOKE**
**Antique Sale - All at 40% off.** Everything must go! Today until Sunday. 343 Montreal Street, Sherbrooke, 819-569-6625.

## 340 Garage Sales

**SOUTH STUKELY**
Yard/Garage Sale - Contents of family home. Large variety of household goods, furniture, garage items including 2 snowblowers. August 25 & 26 stating at 10 a.m. at 4 ch. Parc des Sapins, South Stukely. Info: 450-297-2359.

**SUTTON**
Big Garage Sale, August 25 and 26. Collectibles and antiques. 9 Davis St., Sutton. Rain or shine.

**WATERVILLE**
Giant Garage Sale! Multi-family. Rain or shine. Saturday and Sunday, August 25 & 26, 7:30 p.m. to 4 p.m., at 3907 Route 147, Waterville (near Beaulieu's Farm).

## 345 Flea Markets

**LENNOXVILLE**
Flea Market on **September 8** from 9:30 a.m. to 3 p.m. at Uplands Barn, 9 Speid Street, Sherbrooke (Borough of Lennoxville). Benefit for Lennoxville-Ascot Historical and Museum Society. **Call 819-564-0409 to rent a table for $20.**

## 395 Home Improvement

**TAPIS STEVE** - Closing Sale! **Liquidation of floor covering inventory.** Up to 80% off. Store hours: Friday 8:30 a.m. to 5 p.m. and Saturday 10 a.m. to 1 p.m. **11 Queen Street, Lennoxville. 819-566-7974.**

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**UPCOMING HORSE AND MACHINERY AUCTION**
**Saturday, September 22 at 10 a.m. sharp to be held at the Cookshire Fair Grounds**

Anyone wishing to consign to this auction contact the auctioneer before September 17.

**ENCAN ROSS BENNETT AUCTIONS**
**Bilingual Auctioneer & Liquidator**
**819-563-2020 • 819-572-5609**

**Auction for**
**ARMAND AND DENISE BOUCHARD**
**176 ch. Gendron, Johnville, QC J0B 2A0**
**Saturday, August 25 at 10:30 a.m.**
**TO BE SOLD:** John Deere #130 lawn tractor, 23/48, like new; 3 chainsaws, garage full of tools, household effects, Maytag washer and dryer, deep freeze, fridge and stove; dishes, furniture, etc.
**Terms:** Cash only or cheques from known buyers accepted.
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**Email: rossbennettauctions@hotmail.com**
**Photos/Info: Ross or Scott Bennett Facebook**

### NOTICE

Notice is hereby given that, following the death of the late **Mary Elizabeth WALKER ANDREWS,** during her lifetime residing and domiciled at 125 Queen Street, Sherbrooke (Quebec), J1M 1J7, which occurred on November 27, 2017, an inventory of the deceased's property was made by the liquidators of the estate, on July 16, 2018, in accordance with the law.

This inventory may be consulted by all the interested parties, at the office of **Mtre Timothy LEONARD, Notary, at 520 Bowen South, Sherbrooke, Quebec, J1G 2E1, 819-563-0500.**

This August 21, 2018.

**Timothy LEONARD, Notary and Attorney for the Liquidators**

### MEGA TOY AUCTION

**An outstanding private toy collection, 35 years in the making, will be sold at 2 separate UNRESERVED auction events consisting of a 2-day live auction and an online-only auction.**

**Live auction:** Approximately 800 lots will be sold LIVE on Saturday and Sunday, August 25-26, 2018 starting at 9:30 a.m. each day at the Richmond Community Center located at 820 Gouin street, Richmond QC J0B 2H0

**Online-only auction:** Another 500 lots on offer, internet bidding opens on Monday August 27, 2018 at 9 a.m. and bidding closes on Sunday September 2, 2018 at noon!

This incredible opportunity will include rare toys and collectibles from the early 1900's right up to the 21st century. Fantastic selection of American & Canadian toys such as Minnitoys, Lincoln, Marx, Tonka, Hubley, Ertl, Structo, Wyandotte, Buddy L, Nylint & London toys. Friction toys, wind-ups, penny toys, die-cast models, Matchbox, Hot Wheels, Dinky toy, pedal cars and so much more will be sold to the highest bidder!

**Preview** for the live auction will take place on Friday August 24, 2018 from noon to 8 p.m. and starting at 8 a.m. the morning of the sale.

For more information, to see hundreds of pictures and to access the online catalogue, please visit our website or contact the auctioneers

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# NEA Crossword Puzzle

**ACROSS**

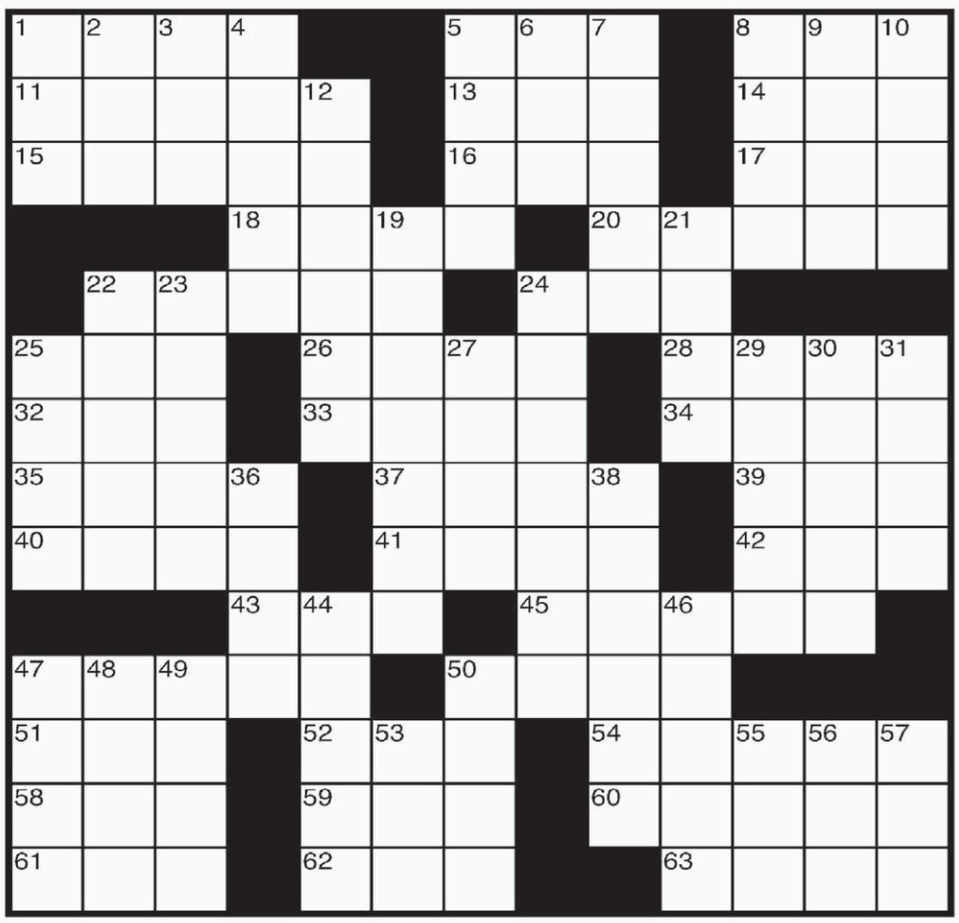
1 Mood rings, etc.
5 Transport for Sinbad
8 Test site
11 Investment return
13 Farm animal
14 Total
15 Suffuse
16 Nourished
17 Fall mo.
18 Mach 1 breakers
20 Concluded
22 Can't stand
24 Rx monitor
25 Not worth a —
26 Tostada's cousin
28 "La — Bonita"
32 Ironic
33 General — Bradley
34 Cafe au —
35 Sporty trucks
37 Get ready, for short
39 Famous numero
40 Female horse
41 Director Kazan
42 Pro — (for now)
43 Put 2 and 2 together
45 Assumed as fact
47 Cousin's dad
50 Author — Rice
51 Carnival city
52 Feline
54 Wild ducks
58 Hosp. worker
59 How — things?
60 Divvy up
61 W-2 info
62 Fish feature
63 Facet

**DOWN**

1 Memo abbr.
2 Draw a bead on
3 Party girl
4 Spring melt
5 TKO officials
6 Have a mortgage
7 Granted
8 Dock
9 Sunburn remedy
10 Broad ave.
12 Mississippi explorer (2 wds.)
19 Took a hike
21 Hammer's target
22 Ventricle neighbor
23 Customer
24 Alien
25 Dog-paddled
27 Jung or Sagan
29 Fry lightly
30 Nubby fabric
31 Tiny particle
36 Waterproof
38 Puts a coat on
44 Coffee choice
46 Running mates, for short
47 WWW addresses
48 Bites
49 NE state
50 Egyptian sun god
53 Onassis nickname
55 Rope-a-dope boxer
56 Ceiling
57 Sault — Marie

**Answer to Previous Puzzle**

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ■ | G | R | A | V | Y | ■ | ■ | P | U | R | S | E |
| I | R | O | N | E | D | ■ | W | A | N | D | E | R |
| V | I | S | O | R | S | ■ | H | I | S | S | E | S |
| E | M | E | N | D | ■ | C | I | N | E | ■ | ■ | ■ |
| ■ | ■ | ■ | ■ | I | N | N | S | ■ | R | A | H | S |
| ■ | R | E | D | ■ | A | N | K | A | ■ | V | O | L |
| V | E | X | I | N | G | ■ | ■ | D | R | A | M | A |
| A | M | U | S | E | ■ | ■ | R | E | V | I | E | W |
| N | I | L | ■ | B | A | B | E | ■ | S | L | Y | ■ |
| E | T | T | A | ■ | B | O | L | E | ■ | ■ | ■ | ■ |
| ■ | ■ | ■ | W | E | A | K | ■ | G | R | E | T | A |
| O | N | I | O | N | S | ■ | T | R | A | D | E | D |
| R | O | O | K | I | E | ■ | V | E | G | A | N | S |
| O | W | N | E | D | ■ | ■ | S | T | E | M | S | ■ |



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# Your Birthday

**SUNDAY, AUGUST 26, 2018**

Work on your relationships and bringing about positive change to your personal life. Making a move, getting into meditation, traveling to places you've never been before and restructuring your life to suit your current needs are all strong possibilities. Be open to suggestions and trying new things to gain personal satisfaction.

**VIRGO** (Aug. 23-Sept. 22) — A day spent with friends and relatives will turn out to be informative. Finding out more about your lineage or cultural background will spark new ideas for future endeavors.

**LIBRA** (Sept. 23-Oct. 23) — Taking care of your personal responsibilities will help ward off an argument with someone eager to complain. Get your chores out of the way before you head out with friends.

**SCORPIO** (Oct. 24-Nov. 22) — Make changes at home that will add to your comfort. Don't worry about what others think or say, it's you who must be happy with the environment you live in.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Emotional manipulation will not help matters. Whether it's you or someone else who is the culprit, being honest about the way you feel will be necessary if you are going to get along.

**CAPRICORN** (Dec. 22-Jan. 19) — Time is money, and getting things done should be your top priority. If you wheel and deal and make lifestyle changes, you will enrich your existence.

**AQUARIUS** (Jan. 20-Feb. 19) — It's all about you, your relationships and what makes you happy, so don't give in to temptation or let someone who is out of control dictate how you live your life.

**PISCES** (Feb. 20-March 20) — Emotions will surface and should be handled appropriately. A moneymaking opportunity will develop if you get together with an old friend or former colleague.

**ARIES** (March 21-April 19) — Don't share personal information regarding your assets, debts or passwords. Take better care of your health and nurture relationships that are currently difficult. Communication will help clear up a misunderstanding.

**TAURUS** (April 20-May 20) — Size up your relationships and decide the best course of action. Walk away from temptation and stick with the people offering greater stability and security. Make wise choices.

**GEMINI** (May 21-June 20) — If you are too trusting, someone will take advantage of you. Emotional blackmail will be used to convince you to put someone else ahead of your best interests. Know when to say no.

**CANCER** (June 21-July 22) — Concentrate on what you know you can do. Expanding your skills and building closer relationships with people who share your passion will encourage personal growth and greater alliances.

**LEO** (July 23-Aug. 22) — Don't let a last-minute change of plans disrupt your day. Focus on personal improvements instead of trying to convince others to do things your way. Happiness lies within.

FRIDAY, AUGUST 24, 2018

# It is difficult to avoid the normal

By Phillip Alder

Frank McCourt, an author, wrote, "Every life is a mystery. There is nobody whose life is normal and boring."

There are few bridge deals that are normal and boring. In particular, occasionally there are deals that look normal, but appearances are deceptive.

In this deal, South is in the most popular contract of three no-trump. West leads his fourth-highest club, and East puts up the queen. How should South proceed?

Although five diamonds is a reasonable contract (but could go down, if declarer loses one diamond and two clubs), North's jump to three no-trump is the percentage action.

This week, we have been looking at avoidance play, with declarer trying to keep a particular opponent off the lead. This is another example, but it is tough.

South starts with seven top tricks: three spades, two hearts, one diamond and one club (given the first trick). It looks normal, after taking the first trick, to run the diamond 10. If the finesse wins, the contract will roll home with three overtricks. South will ask his partner why he was so cautious in the auction!

But what happens if the finesse loses? Right — East returns a club, and if West started with five or six of them, the contract goes down.

Instead, declarer needs to realize that if the diamond finesse is working, he does not need to take it. At trick two, he should play a diamond to dummy's ace. In an ideal world, this will drop East's singleton king. But if his majesty does not appear, South continues diamonds and hopes for the best.

| | North | 08-24-18 |
|---|---|---|
| | ♠ K J<br>♥ 9 4 2<br>♦ A Q J 8 7 5<br>♣ 6 3 | |
| West | | East |
| ♠ 9 7 2<br>♥ 10 3<br>♦ ? 6 3<br>♣ A 9 7 5 2 | | ♠ 10 8 6 5 4<br>♥ Q J 8 7<br>♦ ?<br>♣ Q 10 4 |
| | South<br>♠ A Q 3<br>♥ A K 6 5<br>♦ 10 9 4<br>♣ K J 8 | |

Dealer: South
Vulnerable: North-South

| South | West | North | East |
|---|---|---|---|
| 1NT | Pass | 3NT | All Pass |

Opening lead: ♣ 5

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# Mussels and fennel combine to make a winning pasta dish

By America'S Test Kitchen

Don't be intimidated by mussels; they're easier to prepare than you think and they make a great weeknight option. The mussels here are cooked in a flavourful broth that becomes a light sauce for the pasta.

The addition of fresh tarragon underscores the anise flavour of the sauteed fennel in the sauce. When cleaning the mussels, throw out any that won't close or have broken shells. You can substitute 1 pound of spaghetti or bucatini for the linguine, if desired.

**LINGUINE WITH MUSSELS AND FENNEL**

Servings: 4-6
Start to finish: 1 hour
1 fennel bulb
1/2 onion
Fresh tarragon
2 pounds mussels
3 tablespoons extra-virgin olive oil
1/4 teaspoon red pepper flakes
1 (28 ounce) can diced tomatoes
1/2 cup white wine
1 pound linguine
Salt

Bring 4 quarts water to boil in large pot. Meanwhile, discard fennel stalks. Halve bulb, core, and chop fine. Chop onion fine. Chop 2 tablespoons tarragon.

Scrub mussels and remove weedy beards protruding from between shells using paring knife.

Heat 2 tablespoons oil in Dutch oven over medium heat until shimmering. Add pepper flakes, fennel, and onion and cook until softened, about 5 minutes. Add tomatoes with their juice and wine, bring to simmer, and cook until sauce reduces slightly, about 10 minutes.

While sauce cooks, add pasta and 1 tablespoon salt to boiling water and cook, stirring often, until al dente. Reserve 1/2 cup cooking water, then drain pasta and return it to pot.

When sauce is reduced slightly, stir mussels into sauce, cover, and steam until fully open, 6 to 7 minutes. Using slotted spoon, transfer mussels to bowl, discarding any that do not open; cover to keep warm.

Turn off heat, add pasta to sauce, along with tarragon and remaining 1 tablespoon oil and toss to combine. Adjust consistency with reserved cooking water as needed. Season with salt to taste. Divide pasta among individual serving bowls and top with mussels. Serve immediately.

Nutrition information per serving: 527 calories; 106 calories from fat; 12 g fat (2 g saturated; 0 g trans fats); 42 mg cholesterol; 784 mg sodium; 69 g carbohydrate; 5 g fiber; 7 g sugar; 29 g protein.

For more recipes, cooking tips and ingredient and product reviews, visit https://www.americastestkitchen.com . Find more recipes like Linguine with Mussels and Fennel" in Dinner Illustrated .



METRO CREATIVE

(The Associated Press)




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