

The Townships Sun ^{\$1.50}

June 1999

Volume 26 No. 12

Compton's King's Hall Rises Again!

by Bruce Patton

COMPTON — Ted Greenwood and his wife, Guylaine, are the newest residents of this village. This in itself would not be especially significant were it not that they are the new owners of the former school, known as King's Hall, which they intend to convert into an impressive heritage hotel.

The Compton Ladies College was founded in 1874. In 1902 its name was changed to King's Hall to commemorate the coronation of Edward VII. For many years it operated as a very successful private school. During the late 1960's many private schools, including King's Hall, began to experience a decline in clientele.

In 1971, the school amalgamated with Bishop's College School in Lennoxville.

The building was later sold and converted to a hotel known as 'Le Domaine St.Laurent'. When this enterprise proved unsuccessful, ownership changed and the building operated as the 'College Vedique Maharishi'.

Greenwood comes to Canada from Salisbury, England, located about eight miles from Stonehenge. His wife, Guylaine Rioux, is a native of the Province of Quebec having spent much time in Montreal and Rimouski. The couple have spent numerous summers vacationing in Quebec.

Nearly Located Near Ottawa

It was only because his wife picked up a brochure concerning the Maharishi College in Compton that Greenwood became aware that the building was for sale. At the time, the couple were considering the purchase of property near Ottawa. It took two visits to Compton before a final decision was made. "At one time", he said, "we were a cigarette paper away from saying 'No' to the purchase."

Asked why he made the decision to buy this building, he replied, "I thought that it deserved to be preserved."

While in England, he was involved with the construction industry and also owned a nursing home. "I only ceased to operate it", he said, "because someone else wanted it desperately."

It is obvious that many changes and improvements will have to be made to the existing building. "We don't want to alter the original design outside, but on the inside, it will have to be made suitable as a hotel and conference centre", he affirmed. It is important to him to retain the property in its present style as a positive statement of part of Compton's heritage.

Although no date has yet been set for the opening of the hotel, the new owner is hoping that it will be early in September. "I'd rather be a few weeks late, however, than to open prematurely", he added.

It is the intention to name the building "King's Hall Ho-



The bands will play, the people will march and everyone will have a grand day on Friendship Day, Lennoxville — June 12 — 13



Madame Huguette Beauchamp, of the Estrie Region, received an award "Hommage

bénévolat-Quebec 1999, from the Minister of Social Security, on April 22 at the Parliament Buildings in Quebec, for her work as a volunteer.



A Name Returns — With the grandeur of the former King's Hall School in the background, the building's new owner, Ted Greenwood and his wife, Guylaine, anxiously await the opening of their hotel and convention centre, appropriately to be named "King's Hall Hotel".

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Editorial

As we work away at getting out this issue we can smell the lilacs from the big tree across the street. It makes pleasant working conditions, but it also makes me want to get out in the garden.

Spring is the time when we are most optimistic about life. We clean, we air out the winter musty house, we start seeds that don't grow and then hie off to a garden centre to purchase the many plants we put in our gardens.

Last Sunday must have been a banner day for garden centres. Traffic around places that sold plants was heavy and grocery stores had many people walking in their parking lots. Bedding annuals seem to be sold in a great many more, and some unexpected, places.

Years ago, on Church Street in Lennoxville, there was a rose garden. It attracted many to its beauty and sweet smells. It was a delight to stroll slowly past and admire and smell the flowers. Somehow it now seems that such a garden, with just one type of flower, is out of style. The mass production of flowers in commercial greenhouses has changed the way we garden.

Plants purchased in the 50s and 60s were seldom in bloom. We set them out and waited, watched each bloom come out until the plant was a mass of colour. Annuals from seeds were carefully spread over dark-earth beds and they slowly turned, first green, and then a riot of colours as the mixed plants blossomed.

Today we have masses of instant colour, large patches of one, against large patches of another. Today no white blossoms peek out from among their many coloured brothers and sisters; no tall plants spike up among the beds of alyssum; no pansies hide in a clump of volunteer columbines.

In this age of hurry and smaller spaces we do have plants growing in many more places. Window boxes, patio pots and even bags hanging on fences. These all add to the visual pleasures of seeing flowers in bloom.

Today we have gardens beautiful to look at, but have we lost the pleasure of growing things, of seeing plants unfold?

Patricia Ball

Stopping Invaders in their Tracks

It's almost 11 p.m. You find yourself yawning your way through your favorite police drama. Time to turn off the TV and turn in for the night. Then, lights out, as you hit the pillow for a well-earned, peaceful night's sleep.

But for an increasing number of Canadians, that peace is being shattered by a terrifying new trend in crime: *home invasions*. That's when intruders break in to rob your home — *while you are there*.

Home invasions are an alarming offshoot of the approximately 200,000 break-ins that occur each year in Canada.

Today, anyone's a target — even families with children — with the intruders often daring to strike in broad daylight.

For the victims, being robbed of their valuables is the least concern when faced with the terror of being threatened, perhaps beaten, or even killed. And even when victims survive unscathed, the psychological effects can be long-lasting.

You can protect yourself

against home invasions, and ordinary break-ins. Intruders' choice points of entry are doors and windows at ground level, or those accessible by a balcony or fire escape. Ensure that your locks, hinges and door frames are secure; burglars can easily kick in a door. Install a peep hole that allows 180-degree vision, so that you can see who's at the door without opening it. Install bars on all basement windows — there are many decorative models available; but make sure that, in case of fire, at least one grille is actually removable.

Keep in mind that thieves are less likely to break into a house whose doors and windows are in clear view of neighbours and passersby and well-lit. Put your lights on a timer, so you won't have to worry about forgetting to turn them on. Another effective precaution is to not give thieves reason to rob you. Don't openly display expensive objects; police say criminals usually stake out homes before they strike.



Nice little paper. I have been with you since the first issue. Keep up the good work.

Richard Lodge
South Stukely, QC

Much enjoyed!

Ruth Graham
Richmond, QC

Please find attached my lifetime renewal of the Townships Sun. I really enjoy the paper, especially those articles dealing with the history of the region. Keep up the good work!

Michael Tinker
Isle des Soeurs, QC

I found the article written by a father about his experiences at boot camp for his sons very interesting. I believe it was in last May's Sun. Thank you for another year.

Georgina Doe
Carp, ON

You provide an invaluable "Townships" link to a scattered community. I especially enjoy the historical articles on early pioneers, their settlements ways of life and the pioneer schools.

Winifred Potter
Montreal

Thanks for your Townships Sun. Truly a bit of home. Congratulations.

Irwin & Ruth McBurney
Winnipeg, MN



THE TOWNSHIPS SUN

The Board of Directors invites candidates for the position of **Editor** for the monthly publication of a community paper, THE TOWNSHIPS SUN.

The Editor works as a volunteer with an honorarium as determined by the Board of Directors. The Editor will be supported in his/her work by an Editorial Committee, a layout person, and by the Financial Manager. Our equipment is state-of-the-art with scanning capabilities.

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Objectives:

To publish the Townships Sun, and provide support to the English community of the Eastern Townships through publication of information in the form of feature stories, interviews and in depth articles, etcetera.

—from the Townships Sun Charter.

The Townships Sun welcomes manuscripts, letters, and anecdotes. Material should be double spaced, have a telephone number included and be addressed to the Editor. Material accepted is subject to editing and revision. While all reasonable care is taken, we accept no responsibility for loss or damage to unsolicited material. Unsolicited manuscripts will not be returned unless accompanied by a stamped, self-addressed envelope.

June 21 is National Aboriginal Day

If you were not a part of the fun last year, your opportunity to join in the celebration of National Aboriginal Day is just around the corner. It doesn't matter whether you have Aboriginal ancestry or are a recent immigrant to Canada, events taking place across the country are for all Canadians.

In 1996, the federal government designated June 21 as National Aboriginal Day, a day for everyone to celebrate Aboriginal peoples' cultures

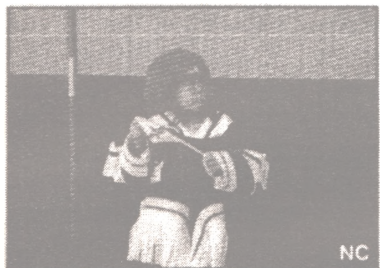


Photo: DIANO

and contributions to Canada. This day was chosen specifically because many Aboriginal peoples traditionally celebrate their culture and heritage on the summer solstice the longest day of the year.

National Aboriginal Day is an opportunity for all Canadians to gain an understanding and appreciation of the

culture of the earliest inhabitants of this country. Throughout Canada, regional planning committees work on events to mark National Aboriginal Day. These events range from large music festivals to traditional dance performances, feasts of favourite First Nations foods and fire-side story-telling sessions.

For more information on National Aboriginal Day, visit the Indian and Northern Affairs Canada website: www.inac.gc.ca *News Canada*

Canadian Place Names

Did you know that many of Canada's towns and cities have retained the names given to those areas by the original inhabitants of North America? These names help to define Canada as a land of diversity, beauty, abundance and cultural richness.

Here are some traditional names still used today: **Coquitlam** (British Columbia) comes from the Salish tribal name *Kawayquitlam*, which can be translated as "small red salmon." The name refers to sockeye salmon common to the area.



Photo: Denis Okanee Angus

Wetaskiwin (Alberta) is an adaptation of the Cree, *wi-ta-ski-oo cha-ka-tin-ow*, which can be translated as "place of peace" or "hill of peace."

Saskatoon's (Saskatchewan) name comes from an edible red berry native to the area, which the Cree called *mis-sask-guah-too-min*.

The Pas (Manitoba) originated with the Cree word *opa* meaning "a narrow place" or

opaskweow, "narrow between high banks."

Oshawa (Ontario) is a Seneca word that means "crossing of a stream" or "carrying place", that describes an old portage in the area.

Rimouski (Quebec) is a word of Mi'kmaq or Maliseet origin, which has been translated as "land of moose" or "retreat of dogs", referring to its fine hunting grounds.

Oromocto (New Brunswick) is

derived from the Maliseet word *welamooktook*, meaning "good river."

Musquodobit (Nova Scotia) comes from the Mi'kmaq *mooskudoboogwek*, which can be translated as "rolling out in foam" or "suddenly widening out after a narrow entrance at its mouth."

Tuktoyaktuk (Northwest Territories) is an Inuit name that can be translated as *tuktu*, "caribou," *yaktuk*, "looks like" or "reindeer that looks like caribou."

Interested in Aboriginal history and issues? Visit the Indian and Northern Affairs Canada website: www.inac.gc.ca *News Canada*

Mount Orford Park

Gestion Soroma will be in charge of Orford Park camping, beaches and hiking trails this summer. Reservations can be made between 8:00 a.m. and 4:00 p.m. at 1 - 800 - 843-9855. Information is available on the Internet at www.parc dumontorford.com

Rideau Hall: A Summer Full of Activity

Entering the oak double doors and climbing the red carpeted stairs, visitors follow in the footsteps of Royalty, presidents and prime ministers and people from around the world.

The tour of Rideau Hall offers visitors an inside look at the 19th century residence where every Governor General of Canada has lived and worked. It's a must see on any visit to the nation's capital.

Stop number one is the elegant Ballroom where the Prime Minister is sworn into office and where Canadians from every part of the country and every walk of life are honoured for their bravery, extraordinary accomplishments and lifetime achievement.

Every room on the tour has its own story. A favourite is the exotically-striped Tent Room. It recreates the atmosphere of its beginnings as an indoor tennis court that, at night, was dressed up for supper parties. Today, portraits of previous Governors General, such as Lord Stanley and Lord Grey, prompt tour guides to tell fascinating stories about their contributions to our history.

The heritage, architecture and fine furniture of the pub-

lic rooms give way to the bright colours and lingering scents of the greenhouses and the carefully groomed gardens.

The gardens, with parklands, woods, picnic areas and rambling paths form the seventy-nine acre grounds. Interpretive panels and a brochure help visitors plan their own tour and explain the significance of the inuksuk, totem pole, and cricket fields.

Children at Rideau Hall receive a special welcome. After watching the Ceremonial Guard, who perform the Relief of the Sentries every hour in July and August, they may join a family activity. Not only do they learn how to march correctly, but they have the opportunity of trying on a bearskin cap. Many pose for a photo in the miniature sentry hut.

There is also the chance to learn about heraldry and how to design a family coat of arms or just spend free time on the play structure.

A stop in the Visitor Centre to look at the exhibit and the gift shop, with its wide variety of items unique to Rideau Hall, completes the trip.

The Visitor Centre also provides information about upcoming special events, including the the annual Garden Party, and the summer concert series kicked off by, not one, but two Juno Award winners, Cohn James and the

Little Big Band and the Johnny Favourite Swing Orchestra.

It all adds up to a summer full of outdoor activities and events.

For further information on Rideau Hall, please call 1-800-

465-6890 or visit the web site at www.gg.ca

If you can't make it to the nation's capital in real time, watch this summer for an electronic ribbon-cutting ceremony and take a virtual tour of the residence and grounds.



Picnicking on the grounds of Rideau Hall in Ottawa
Pique-nique dans le parc de Rideau Hall, à Ottawa



Rideau Hall tour guide conducts a heraldry activity with a young visitor
Un guide de Rideau Hall fait découvrir l'héraldique à une enfant



Rideau Hall - residence of the Governor General of Canada in Ottawa
Rideau Hall - résidence du Gouverneur général du Canada à Ottawa



The Ballroom - Rideau Hall, Ottawa
La Salle de bal - Rideau Hall, Ottawa

Townships Tidings

Kosovar Refugees arriving soon

"Everything is in place to assure the physical and psychological well-being" of the 1,200 Kosovar refugees slated to enter Quebec, according to Immigration minister Robert Perreault. The refugees, now temporarily lodged in Kingston, will soon be moved to different regions of Quebec.

Even now, the Kosovars in Kingston are being given their Quebec identification and taught through interpreters of the regions of Quebec that they will be moved to. The bulk of the refugees will be settled in Montreal and Quebec City, but Sherbrooke, Laval, Brossard, Longueuil, Hull, St-Jerome, Granby, Victoriaville and other small Quebecois communities will receive some of them as well.

People who wish to assist in the transition to Quebec life for the Kosovars near them may call [800] 597-9077.

Junior Achievement programs underway

Each year thousands of young Canadians graduate from school and enter the workforce. The gap between what employers' and graduates' perceptions of the labour market can create confusion. A study commissioned by Junior Achievement of Canada and Amway of Canada, Ltd. measured and compared the opinions and attitudes of students and employers on topics ranging from youth preparedness for the work force to the factors that lead to job success. According to the study, few students (25 per cent) and even fewer employers (only 19 per cent) feel that high school graduates have a good understanding of how business works. Not surprisingly, only 16 per cent of students believe that they are well prepared for the business world and only 11 per cent of employers rated high school graduates as very well prepared for jobs for which they were qualified.

"That's where an organization like JA plays a key role," says Jim Hunking, general manager of Amway of Canada, Ltd. "JA provides students with a forum to learn and practice both technical and life skills." JA programs bring local business volunteers into classrooms to serve as positive role models and teach students about the realities of the work place. Through JA youth have access to cutting edge business information, positive role models, even a hands-on business experience in a no risk environment, and all this is provided at no cost to students or their schools. "But students and educators aren't the only ones who get something out of this," exclaims Wood. "JA offers businesses a variety of benefits, from local and national exposure to employee development that can be taken back to the workplace."

For more information on how to have a JA program in your school or to become a volunteer, please call Junior Achievement of Canada at 1-800-265-0699 or e-mail programs@jacan.org.

Electronic Commerce Strategy launched in Quebec

The Honorable Martin Cauchon, Secretary of State responsible for Canada Economic Development, launched the Agency's electronic commerce action strategy May 17. A total of \$50 million will be injected into implementation of the strategy over the next three years. This government contribution should generate investments of over \$250 million. Canada Economic Development's initiative supports the Government in positioning our country as a world leader in electronic commerce and is intended to accelerate development of this sector in Quebec.

The strategy is intended to enable Canada Economic Development to help Quebec SMEs, especially sub-contracting firms, increase their productivity and expand their markets by making greater use of electronic business practices. The strategic plan announced by the Secretary of State is also aimed at stimulating innovation and cyport marketing by Quebec electronic business goods and services firms. In addition, it capitalizes on electronic business to support community efforts to make the Montreal region an international centre for multi-media and electronic service.

Mr. Cauchon said that he is convinced that this major step by Canada Economic Development in the area of electronic commerce will foster the emergence of strategic initiatives resulting in the creation of thousands of jobs and new openings for young Quebecers.

Orchids to liven up Canadian Stamps

Nature's most graceful flowers will soon adorn Canadian stamps. The Honourable André Ouellet, Chairman of the Board of Directors for Canada Post Corporation, today announced that on April 27, Canada Post will issue four stamps featuring elegantly arching stemmed orchids. The four featured on the stamps are the Greater Yellow Lady's-Slipper, Dragon's-Mouth, Small Round- Leaved Orchid and Small Purple Fringed Orchid.

The stamps were designed by Marlene Wou from Vancouver in collaboration with artists

Ms. Poon-Kuen Chow and Mr. Yukman Lai. Prized for their fragrance and beauty, orchids were mentioned in Chinese culture nearly 5,000 years ago. The symbolic significance of the orchid in China is that of refinement, friendship, perfection, numerous progeny, all things feminine, noble and elegant. By the end of the Yuan dynasty, over 600 years ago, orchids had become a favorite subject of Chinese paintings.

Radio Chalom

A new radio station, Radio Chalom, will open in Montreal, staffed entirely by volunteers, to serve the interests of the Jewish peoples of Quebec. Featured will be programs with Jewish theology, reviews of international Jewish press, Jewish religious music, Jewish literature, culture and humour, Jewish history and Jewish personalities as the theme.

Hunting regulations now available

Regional bureaus of Parks and the Environment, as well as hunting permit-granting agencies, should now be carrying the brochure of updated Quebec hunting regulations. The regulations are free with your hunting permit, and are a necessity for understanding Quebec hunting laws and avoiding those nasty fines.

Attention, young job-seekers!

The Sherbrooke Human Resource Centre of Canada is open for its 31st year, offering courteous and efficient service for both employers and prospective employees. The Sherbrooke office (566-1044) is located at 169 Wellington N, and is open Monday through Friday, 8 a.m. - 5 p.m. except Fridays, when it closes at 2 p.m. There are also centres in East Angus (832-4308) and Richmond (826-5677). Anglophone job-hunters are also reminded that the Eastern Townships School Board's Job Links program runs year-round, offering full employment assistance programs to any person interested. They are located at 2365 Galt W (566-2422).

In other student employment news, the Student Placement Organization of Quebec and the Treasury Council are proud to announce the creation of a new program that will allow 250 young people the benefit of government subsidy when seeking employment. The internet-related project allows full-time students with knowledge and aptitudes in the 'new communications technology' of the internet to receive a \$280-per-week subsidy to be added to an employer minimum of \$70 per week. Non-profit organizations and schools are eligible to hire the mouse-happy youngsters. Those interested can visit <http://www.placement-etudiant.mic.gouv.qc.ca>. Those who do not know how to do this probably should not bother applying.

Quebec groups to receive duMaurier funding

The duMaurier Arts Council announced in April that 69 arts organizations in the province of Quebec have been awarded grants for the various projects they will be presenting through 1999 and into the year 2000. The Quebec recipients are among the record 234 organizations from across the country that were selected to share an 'unprecedented' \$1.9 million. Seven of the Quebec organizations were first-time grant receivers. Among those receiving funds are: Comit  de Spectacles de Thetford Mines, Le Centre D'Arts Orford, Les Concerts Symphoniques de Sherbrooke, The Piggery Theatre, and Theatre Lac Brome.



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University Women's Club Meets The National Assembly

By Norma Reiss

On April 16th Eva Sheib, Thelma Westman, Ruth McKaue and Norma Reiss, members of the Education Committee of the Sherbrooke and District University Women's Club were invited to meet with the local liberal caucus of the National Assembly. The Club had supported a resolution which was presented to the Minister of Education by the Provincial Council of University Women.

This resolution, which originated in the Montreal South Shore Club addressed the need for additional funding for CEGEPs and Universities. Glenda Levesque of the South Shore Club joined us in our meeting with the members of the National Assembly. The Provincial Council of the Canadian Federation of University Women would like to see the funding of Quebec's Universities and CEGEPs increased to match funding by other provinces and by state universities. The capital investment per student is \$15,000 outside Quebec Here the investment is \$10,000. With inadequate funding of its institutions how long will it take for Quebec to lose its competitive edge? How long before a degree from a Quebec university becomes devalued in the rest of the world? In 1964, when the Ministry of Education was created, education in Quebec lagged behind the rest of North America. Half of young Quebecers at that time left school before the age of 15 and only 7% went on to University. Altogether there were about 25,000 university students and research was almost non-existent. Thanks to the efforts made in the sixties and seventies the picture is now quite different. Today the universities are training 238,000 students and receive a substantial amount of the funds devoted to research. Despite this they are being deprived of the financial means necessary to fulfill their mandate. According to M. Pierre Reid, rector of the University of Sherbrooke; "Au Quebec a l'heure actuelle, la formation universitaire est deja inferieure aux standards canadiens et americains et cette situation ne pourra que se deteriorer davantage a moins de retablir un niveau de financement comparable

a celui des universites publiques canadiennes et americains." (La Tribune 25 Mars 99)

In preparing the letter which we wrote to our local members of the National Assembly and to the Minister of Education we arranged an interview with Janyne Hodder, Principal of Bishop's University. She told us that with the budget cuts the University has sustained, they are in a holding pattern. Everyone is working harder. There are positions which are not filled. This pattern can not be sustained. It is harder to attract quality professors, and at the end of the interview she said "Bargain Basement Education is no deal for anyone."

The same situation exists at the University of Sherbrooke. One of our members spoke about the feeling of dissatisfaction and insecurity of the faculty. The cut in funding is evident everywhere... important magazines riot renewed, computers in need of repair, even the buildings and rooms in need of maintenance.

The cutback in funds for the universities and CEGEPs will have a great effect on the ability of our students to face the 21st century. As university graduates, and in many cases the parents of university students we are in a position to appreciate the necessity of an increase in the funding for educational institutions. We support the recommendations made by the Principals of the University of Montreal, McGill and Laval

Universities:

1. Le gouvernement doit retablir la base de financement des universites et leur accorder dans les trois annees qui viennent, une aide

de quatre cents millions de dollars

2. Le gouvernement doit donner suite a la recommandation selon laquelle les parametres de la formule de financement devraient etre redefinis en faveur des etudes de 2e et 3e cycles des secteurs professionnels et des activites de recherche.(adjust the financial formula to support graduate education and re-

conomic, cultural and community life of the area.

The University of Sherbrooke is one of the largest employers in the city. A reduction of 10% of the faculty has a negative effect on the tax base. The economic impact of students to this area is immense. They spend large amounts of money on housing, food, entertainment, books, computers and other items. The local retailers are dependent on these consumers. The latest statistics show that Sherbrooke is one of the poorest cities in Canada. Could the severe cuts, 25% in the last five years, have contributed to this disturbing statistic?

The Town of Lennoxville receives 21% of its revenue from Bishop's, The 1700 full-time students spend \$10 million annually. Support from Bishop's alumni, averaging about \$1 million a year for the last ten years has brought considerable funds to our region.

The concrete benefits are many. University towns draw professional and technical people to staff universities and research centres. They attract industry and commerce. These educated individuals earn higher salaries and have lower unemployment.

Less immediately apparent would be the loss to the cultural and community life of these cities that downsizing of the universities would create. With each professorial position that is lost, a family is lost to the community. Lecturers who replace them with a short-term contract are unlikely to buy homes and become a part of the local life

Members of the university community are an integral part of the life of the area. They take part in community activities and belong to local organizations. They may coach a sports team, lead the girl guides, sit on a hospital or museum board or volunteer in a local school. The loss will not be as obvious as that of the teaching positions but will in the long run

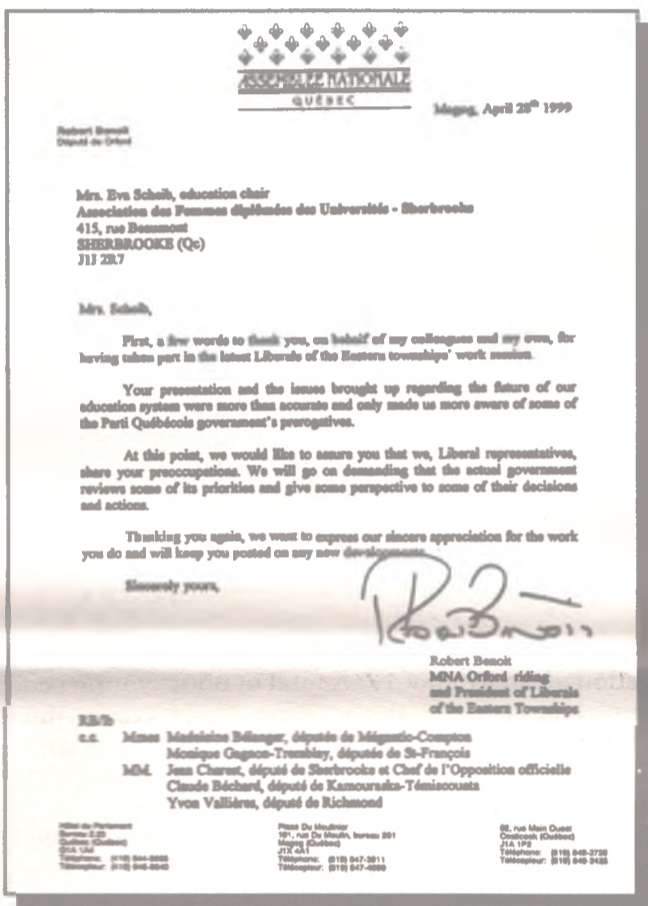
weaken local organizations and activities and the quality of life in the area will have suffered.

At the cultural level the universities contribute a great deal to the art, music and general life of the community. Concerts at the Salle Maurice OBready and Bandeen Hall as well as The Sherbrooke Symphony lean very heavily on the Faculties of Music of the Universities. The Theatrical and Musical presentations at Bishops Centennial Theatre and the Centre Culturel of the University of Sherbrooke are a very important part of the cultural life of this section of the Eastern Townships. If the art, drama and music faculties are crippled by the financial cuts, much of this will be lost. Sherbrooke and Lennoxville and the communities surrounding them will become less desirable places to live. Great emphasis is placed on attracting industry to the area. With each new industry there is a need for professional and management staff. Quality of life in an area is a very important factor in career decisions.


In our discussion with the members after the Presentation) Jean Charest raised the question of increased fees. It is his feeling that in order to fund the universities adequately we need not only increased government funding but also the ability to increase fees. Although this was not part of the resolution we were discussing he wanted to know our personal opinions. We agreed with him that this could be a part of the solution.

M. Charest said that the students themselves must realize that they are the ones being hurt by the insistence on maintaining the current fee structure and not allowing for increases even to reflect the increase in the cost of living. It is up to the government, the politicians, industry and the general public to promote this concept. Politicians alone can not do it.

All in all It was a successful interview and we appreciated the opportunity of expressing our concern. We felt that our presentation was well received and this was confirmed by a thank you letter received from Robert Benoit, president of the provincial liberal caucus of the Eastern Townships.



Friendship Day



Have a Nice Day
 Dr. Alain Coté, o.d.
 Optometrist
**CLINIQUE
 OPTOMETRIQUE DE
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 177 Queen Street, Lennoxville [819] 563-2333

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Judy Cuming
 Directrice/Director
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Friendship Day Lennoxville June 12 — 13

The festivities will start early in the morning and will continue until nightfall with a tremendous fireworks to be held at Bishop's University J. H. Price Sports Centre's playing fields. This will be a celebration of Friendship Day's 10th Anniversary.

Most of this year's activities will take place in the center of town, in the Centennial Park and surrounding area. In fact, the only activity not to be held in that sector is

the fireworks.

The parade will follow the usual route: Charlotte, Queen, Church, Hunting, Speid, Meade, Warren and Bown Streets.

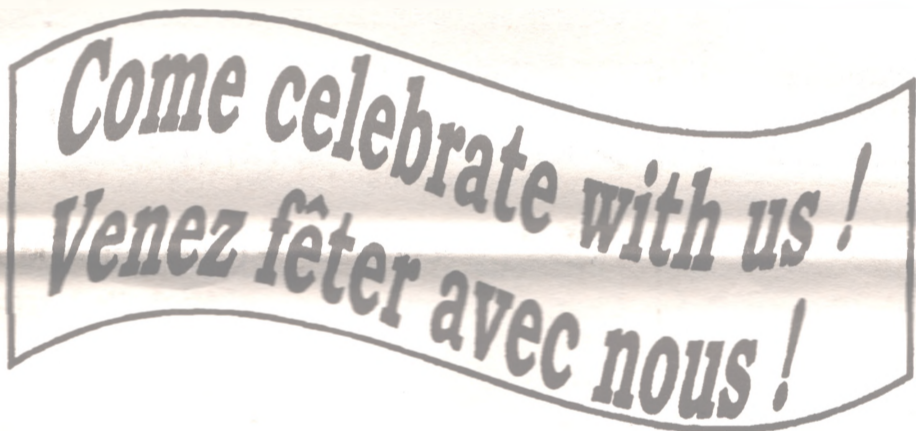
The jaws of life competition, organized for a second consecutive year by the Volunteer Firefighters Association, will take place in the Lennoxville Elementary School parking lot.

There will be continuous entertainment under the tent


in Centennial Park while Up-lands Museum will be presenting a special exhibit of local elementary schools' childrens art work.

Many other activities for the young and the young at heart will complete the program of the day.

Invite your family and friends to join us. The more, the merrier! "Come Celebrate With Us"



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June 12**
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Friendship Day Lennoxville June 12 & 13

10th Anniversary

Les mains occupées



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8:00 to 10:30 a.m.

Community Breakfast
United Church, Corner Queen & Church
Adults \$ 6.00 5-11 years \$ 3.00

10:00 a.m. to 4:30 p.m.

Crafts and Information Fair
Ecole st. Antoine
Speid Street

Musical Entertainment and Open Air Dance
under the tent, Centennial Park

Book Sale
Corner of Queen and Belvidere
Profits to Lennoxville Library

10:30 a.m.

Parade
Charlotte, Queen, Church, Hunting, Speid,
Meade, Warren, Bown, Charlotte (end)

11:15 a.m. to 4:00 p.m.

"Droll-ympiques" — The Funny Olympics
Put your skills to the test! For small and tall!
Skill games and an inflatable structure
Prices for winners.
Lennoxville Elementary School Grounds
FREE

12:30 to 4:30 p.m.

Art Exhibit — "Images of Lennoxville"
Works by students of Lennoxville Elementary School
Uplands Museum, 9 Speid

Ice Cream Social
Uplands Museum, 9 Speid

1:00 to 4:00 p.m.

"Extrication Competition"
Fire Departments with Jaws of Life
Lennoxville Elementary School Parking Lot

2:00 p.m.

Theatrical Tour — "Voices in Times and Places"
Starts at Town Hall Lasts two and one half hours
Tickets on sale at Town Hall
Adults \$15.00, 65 years + \$13.00, 12 years - \$ 8.00,

5:00 to 7:00 p.m.

BBQ supper and Friendship Cake
Barbecued chicken and a piece of cake
Fire Station, Depot Street
Adults \$ 8.50, 6-12 years \$ 5.50

6:00 to 9:00 p.m. Open Air Youth Dance
Music by three orchestras
Organized by the Youth Centre

10:00 p.m. Musical Fireworks
Coulter Stadium, Bishop's University

Dance with the group "Road House"
18+
Bishop's Pub, Bishop's University
Profits to Volunteer Firemen's Association
Admission \$ 5.00

SUNDAY JUNE 13


8:00 a.m. to 12:00 noon Brunch
Fire Station, Depot Street
Profits to Volunteer Firemen's Association
\$

2:00 p.m. Theatrical Tour — "Voices in Times and Places"
Starts at Town Hall Lasts two and one half hours
Tickets on sale at Town Hall
Adults \$15.00, 65 years + \$13.00, 12 years - \$ 8.00,

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Public Speakers Shine

By Eva Shieb

The 7th Annual Public Speaking Contest of the Sherbrooke and District University Womans Club was held in Bandeen Hall, Bishop's University on May the 11th, 1999. The highly qualified students came from five local high schools: Alexander Galt, BishOps College School, Massey Vanier, Richmond Regional and Stanstead College. Massey Vanier was welcomed as the newest high



school to participate. Contestants were chosen to compete in these finals after a series of classroom contests. Four speakers from each school participated - two at the Junior level and two at the senior level. Each of the contestants was a winner or runnerup in their perspective school, all were excellent speakers. The high quality of their presentations attested to their talents and skills as well as to the superior coaching and dedication of their teachers and coaches.

Toxins may be Present in Blue-Green Algae Products

As a precaution, Health Canada is advising consumers that products containing blue-green algae may contain toxins harmful to the liver and, despite recent, unfounded reports that they can be used as a treatment for Attention Deficit Disorder (ADD), these products **should not be given to children**. Some species of blue-green algae naturally produce toxins known as microcystins. These toxins may potentially be present as contaminants in products made from blue-green algae. With lower body weights, children are at greater risk of developing serious liver damage should these products be contaminated.

There are many products containing blue-green algae sold in Canada, through both retail outlets and direct-sellers. Some of these products are sold in tablet, capsule, or powder forms as food supple-

Eva Scheib, Education Chair of the club, Thelma Westman, Assistant Chair Norma Reiss and many other club members participated in planning and hosting this annual event. Bishop's University allowed the free use of Bandeen Hall, a small concert facility with excellent acoustics. We are

very grateful for their kindness and cooperation -

Three highly qualified judges presided over this

event. Carol Mooney, Director of Practice Teaching, Bishop's University, Marjorie Retzleff, Professor of English at Champlain College and Marlis Wehr, club member and retired teacher and director of personnel with the Eastern Township Regional School Board.

During the Judges deliberations, a tension-breaking musical interlude was generously provided by Chris Obermeier and Michael Mooney.

All students were excellent speakers and well prepared. It must have been very

difficult to select the winners and the runner-ups in each category. After due consideration the Judges selected the following:

Junior Category Winner:

Brent Loach - Why College Basketball is Better than the NBA

Runner -up:

Lily Dionne-Jermamanovach - A Guide to Public Speaking

Senior Category Winner:

Meghan Popiel - The Path to My Self

Runner-up:

Jennifer Dunn - Are You Too Clean

We thank all those who participated, the judges, the contestants and their coaches, Chris Obermeier and Michael Mooney. Chris Turner, from Champlain College, who so kindly recorded the proceedings, Jackie Czernin, CBC Radios host of Breakaway, who broadcast the winners presentations and Marissa Tessier from Townships Magazine who interviewed the winners and will air the contest at a future date.

We look forward to hosting the 8th Annual Public Speaking Contest next year and providing the regions young students an opportunity to compete at an inter-school level.

ments, often as a natural source of minerals. The blue-green algae used in these products may come from natural sources (lakes) or may be cultivated (controlled ponds). A recent, independent sampling done by a researcher at the University of Alberta found several products containing natural-sourced blue-green algae with microcystin levels which exceed those considered safe for daily consumption by both Health Canada and the World Health Organization. Preliminary data from the Departments first round of testing to date

has confirmed elevated microcystin levels in some natural-sourced products.

Microcystins accumulate in the liver and can cause liver damage. Adverse symptoms from long-term use of these products (weeks to months) may not be obvious, but could range from a feeling of general malaise or gastro-intestinal discomfort, to jaundice. Children appear to be more sensitive to these toxic effects, which are more likely to present as acute gastro-intestinal symptoms (nausea, vomiting, diarrhea, etc.

Owed To A Spell In Checker ...

I have a spelling checker,
It came with my PC
It plane lee marks four my revue
Miss steaks eye can knot sea.

Eye ran this poem threw it
You sure reel glad two no
Its vary polished in it's weigh,
My checker tolled me sew.

A checker is a bless sing,
It freeze yew lodes of thymes
It helps me right awl stiles two reeds,
And aides me when aye rime.

To rite with care is quite a feet
Of witch won should be proud.
And wee mused dew the best wee can,
Sew flaws are knot aloud.

And now bee cause my spelling
Is checked with such grate flare
Their are know faults with in my cite
Of none eye am a wear.

Each frays come posed up on my screen
Eye trussed to be a joule
The checker poured oar every word
To cheque sum spelling rule.

That's why aye brake in two averse
By righting wants to pleas.
Sow now eye sea why aye dew prays
Such soft wear for pea seas!

— Poet of Poet Tree Knot Known

Happy, Healthy & Aging

Information Days for Seniors!



International Year of Older Persons 1999

Friday, June 4, 1999

9:30 a.m. - 3:30 p.m. at the reception hall on
Route 139 Erablière "La Grillade"
(At Exit 68 off Autoroute 10)
Saint Alphonse de Granby

Thursday, June 17, 1999

9:30 a.m. - 3:30 p.m. Lennoxville
at the W. B. Scott Arena, Bishop's University

Both days will feature entertainment, resource people, mini-clinics, information booths on health, social services & special interests all geared to seniors, caregivers, family & friends ...

Free admission. Lots of parking. Wheelchair accessible.
Food and beverages available on site.

For information call [450] 263-4422 or [819] 566-5717

NOTE: Surplus funds remaining after the Information Days will be used to help seniors' groups & volunteer centres offset transportation costs. Groups interested should register at the Information Days.

A community initiative of: Townshippers' Association, Régie régionale de la santé et des services sociaux — Montérégie & Estrie, Lennoxville & District Community Aid, Lennoxville Golden Agers, Estriade Day Centre Services, Sherbrooke Geriatric University Institute, Lennoxville & District Women's Centre and The Record; with grants from the Population Health Fund, Health Canada and the Sherbrooke Hospital Foundation.



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Luncheon & Barbecue Recipes

Start a barbecue meal with this nutritious and tasty salad, with its complementary tangy dressing; or, on a sunny summer day, serve as the ideal first course for an alfresco luncheon. The ready-cooked ham gives a big jump-start to a barbecue for friends - or enemies. Beef tenderloin tournedos are fast, fabulous and fancy, but very simple to cook.

Served hot or cold, the delicate flavour and creamy texture of this peach-filled custard pie will win everybody's favour.

The chocolate mousse is an excellent substitute for a diabetic or just anyone with a taste for chocolate and a yen to reduce the sugar in their diet.



Spinach Salad with Yogourt Poppyseed Dressing

Spinach Salad:

- 1 bunch fresh spinach
- 1 large orange, cut into segments
- 1/2 cup 125 mL red onion rings
- 1/2 cup 125 mL sliced fresh mushrooms

Yogourt Poppyseed Dressing:

- 1 cup 250 mL Nordica Plain Yogourt
- 1/4 cup 50 mL orange juice concentrate, thawed
- 2 Tbsp 30 mL honey
- 2 tsp 10mL poppy seeds

Spinach salad: Thoroughly wash spinach leaves and trim large stems. Arrange spinach on four salad plates. Top each with orange segments, onion rings and mushrooms. *Yogourt Poppyseed Dressing:* Place all ingredients in a small bowl and whisk until blended. Drizzle over spinach salad.

Makes 4 salads. Preparation time: 10 minutes.

News Canada

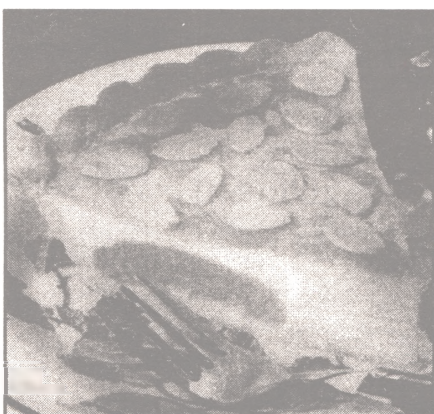
Schneiders Gingered Ham and Pineapple Kebabs

- 1 14 oz can 398 mL pineapple dessert bits in pineapple juice
- 1 Tbsp 15 mL Dijon mustard
- 1 tsp 5 mL grated fresh gingerroot
- 1 1/4 lb 625 g Schneiders Olde Fashioned Ham, cut into 1-inch (2.5 cm) cubes
- 1 pkg 280 g Schneiders Smoked Oktoberfest Sausage, cut into 1-inch (2.5 cm) pieces
- 1 red onion, cut into 6 wedges

Drain pineapple, reserving fruit and juice. In small heavy saucepan, boil juice over high heat for 5 to 7 minutes until reduced to about 1/3 cup (75 mL). In small bowl, combine reduced juice, mustard and gingerroot, set aside. On six long metal skewers thread ham and sausage alternately with onion and pineapple. Barbecue 4 inches (10 cm) from hot coals (or on medium-high setting on gas barbecue) for 4 to 5 minutes, turning frequently and basting with pineapple/mustard mixture until ham and sausages are heated through and onion is tender.

Serves 6. Preparation time: 15 minutes. Cooking time: 10 to 12 minutes.

Everyday Gourmet



Tournedos with Mustard and Onion Sauce

- 1/3 cup 75 mL balsamic vinegar
- 1/3 cup 75 mL honey mustard
- 4 4 beef tenderloin grilling steaks
- 1 tsp 5 mL coarsely ground pepper
- 1 1 large onion, thinly sliced
- 2 tsp 10 mL minced garlic
- 1/2 cup 125 mL beef stock
- 1 tsp 5 mL dried rosemary

Combine 1 Tbsp (15 mL) each balsamic vinegar and honey mustard and brush half on one side of steaks. Sprinkle steaks with half of pepper and broil for 3-4 minutes. Turn steaks; brush on remaining mixture and pepper. Broil for 3 minutes. Meanwhile, in an oiled, non-stick skillet, cook onion and garlic about 2 minutes over medium heat. Add remaining vinegar and honey mustard, beef stock and rosemary and let simmer briskly until onions are cooked. To serve, place a steak on each plate. Smother in onion mixture. Makes 4 servings. Preparation and Cooking: 20-25 minutes. Per serving: 234 Calories, 28g Protein, 11 g Fat, 5 g Carbohydrates.

Beef Information Centre

Peach Custard Pie

- 1 (9"/23 cm) frozen deep dish pie shell
- 1 cup 250 mL Nordica Cottage Cheese
- 2 2 eggs
- 1/3 cup 75 ml sugar
- 1/3 cup 75 ml Gay Lea Sour Cream..
- 1 Tbsp 15 mL all purpose flour
- 1/4 tsp 1 mL almond extract
- 1 14 oz can 398 mL peach halves or slices, drained
- 1/3 cup 75 mL apricot jam

Thaw pie shell according to package directions. Place on baking sheet. Bake at 375°F (190°C) for 5 minutes. Arrange peaches over bottom of crust. In food processor or blender, process cottage cheese until smooth. Add eggs, sugar, sour cream, flour and almond extract; process until smooth. Pour over peaches in pie shell. Bake about 40 minutes longer or until set. Press jam through sieve; gently brush over surface of hot pie. Cool on rack about 1 hour to serve warm. Or then refrigerate to serve cold. Garnish with toasted almonds, if desired.

Makes 8 servings. Preparation time: 10 minutes. Baking time: 45 minutes.

News Canada

Chocolate Mousse

- 1 pkg 1 pkg unflavoured gelatin
- 1 1/2 cups 375 mL skim milk
- 1/4 cup 50 mL cocoa
- 1 Tbsp 15 mL cornstarch
- 1 1 egg, separated
- 1 artificial sweetener equivalent to 80 mL (16 tps) sugar
- 1 tsp 5 mL vanilla
- 1/4 cup 50 mL instant skim milk powder
- 1/4 cup 50 mL ice water

Sprinkle gelatin over 50 mL (1/4 cup) milk to soften. Let stand 5 minutes. Whisk 250 mL (1 cup) milk and cocoa together until well blended. Heat to boiling in a heavy saucepan; reduce heat and simmer 5 minutes. Stir together cornstarch, egg yolk and remaining 50 mL (1/4 cup) milk. Stir into cocoa mixture; continue cooking over low heat until mixture thickens. Mix in gelatin and sweetener until they dissolve. Remove from heat and stir in vanilla. Chill until partially set. Heat together egg white, skim milk powder and ice water until stiff peaks form. Fold into the chocolate mixture. Spoon into 6 individual molds or a 1 L (4 cup) mold. Chill about 4 hours until set. Makes 6 servings, about 125 mL (1/2 cup)

1 milk choice (2%), 7 g carbohydrate, 5 g protein, 2 g fat, 280 kilojoules - 66 calories.

News Canada



Final Appeal

Decision-making in Canadian Courts of Appeal

by Ian Greene, Carl Baar, Peter McCormick,
George Szablowski, and Martin Thomas
James Lorimer & Company Ltd. Publishers
Toronto, 1998

Soft Cover 250 pages \$24.95, also available in hard cover

It is said that writing a book is akin to giving birth to a child. At some point, you have to put everything aside and work on just this one thing, and it becomes a labour of love.

One wonders how the five academics listed as joint authors were ever able to achieve this heroic goal. They were writing on a subject that, dry and technical as it may be, had never before been written about in Canada. They had a team of researchers going from province to province, and to Ottawa, interviewing every appeal judge they could find and asking questions of every sort. They also amassed great quantities of statistics on the appeal process.

As I read the book through, the question that most often came to mind was: who would be interested enough to buy, let alone read, such a work? The answer is to be found in the dedication, which is to one Peter Russell, 'Father of the political science study of law and politics in Canada'.

There you are. If you are a student of political science,

and more particularly of the branch thereof concerned with the study of law and politics, this book is for you. For the casual reader, it is not bedtime reading, and if you are a practising lawyer, it is only of academic interest.

These last remarks are not intended as slurs. The casual reader relaxing in bed or in a comfortable chair wants something with a plot or at least a few lessons on human nature, but these are absent except in the most abstruse sense. The lawyer faced with filing an appeal on behalf of his client wants to know how to win his case, not what the statistical chances are.

One can only admire the extensive research done. There are enough statistics to satisfy the hungriest number cruncher. They run the gamut from a table giving the numbers of civil and criminal appeals filed in the years 1990, 1995 and 1997, to one showing what percentage of criminal appeals were lost, or won in part, or totally won, or not decided, out of all the cases studied.

The academic aura sur-

rounding the book seems fully justified by the fact that the authors would all appear to be university professors, as is made plain by the Acknowledgements section at the beginning. This being the case, one wonders how they could let spelling errors slip their way in on pages 47 and 63. Should these pages turn out to be the individual work of my former classmate George Szablowski, I suppose McGill University could be held partly to blame.

Indeed. Professor Szablowski (as I presume he is) is said to have written chapter 5, entitled *Cour d'Appel du Québec*. One must admire his alertness in adhering to one of the basic rules posited by our Quebec language legislation, namely, that no government institution in Quebec has an English name. In my personal view, he then spoils it all by using common law terms in the text (for example, *torts*), with the corresponding civil law term (*civil responsabilité*) in brackets. I would have expected to see it done the other way around, the genuine civil law term being used in the text, with a parenthetical explanation for the illumination of the uninstructed.

The use of tables, percentages, whole numbers, decimals, proportions, fractions and other mathematical de-

vices is so vast and varied as to be mind-boggling. Some tables, such as Table 2.1 listing the percentage of women judges on the various courts of appeal, kindly do so to the nearest whole percentage, while others such as Table 7.4 insist on carrying the calculations to one or even two decimal points, a degree of precision which to me appears excessive. Some, such as Table 7.2 entitled *Large Panel Frequency, and Dissent Frequency - Reported Decisions of Provincial Appeal Courts*, would in my view have had much more impact if presented in graphic rather than tabular form.

In a single paragraph on page 183 the authors not only make our life difficult by using three different fractions (thirty-nine out of sixty, one-eighth, one-tenth), but also try to drive us mad by telling us that the first fraction is equal to 65%, and that the total of responses to some questions might exceed 100%! I must confess it left me scratching my head.

The crowning touch comes in chapter 9 when yet another style of measurement is introduced, namely, a 1 to 5 scale, 5 being "extremely appropriate" and 1 being "not at all appropriate...". The response to one question is said to fall at 3.5 on this scale. I can't speak for other readers, but

would personally have preferred to see the analysis use one of the previously mentioned methods of measurement, such as 70%.

The explanation for this variance is found in the explanatory notes at the end, where it is mentioned that chapter 9 is based on an article previously published by three of the authors in an academic journal. One could only have wished that they edit the text a little in favour of more uniformity in statistical presentation.

Most of us have forgotten much that we were taught in school, but one term still in my mind from English Composition is elegant variation, a device that we were told in no uncertain terms should be avoided at all costs.

All this being said, the last two chapters of the book are indeed the most interesting. They give an unprecedented insight into the degree to which appellate judges in Canada reflect our modern democratic principles, on the one hand, or allow their personal values to influence their decisions, on the other.

To sum up, this is a book which fills a previously existing void in Canadian political science literature, and which you should indeed purchase if you are a scholar in that field.

Spring Seminar for Writers

The Writer's Association for Romance and Mainstream Writers (WARM) will be presenting its Spring seminar, featuring:

Alice Lukacs
Writing Celebrity Profiles
(from the Smothers Brothers
to Mia Farrow)

Heather Keith-Ryan
(co-author of *QUEBEC: Bonjour, eh? A Primer For English Speakers*)
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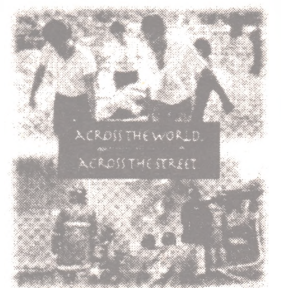


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The Video Showcase

by Kathleen Hanna



'Cater to the lowest common denominator and you will never go broke' seems to be the mantra for Hollywood. Anyone who reads this paper regularly will know by now that I am not a fan of Hollywood pictures. I was in the video store trying to select a movie for this review and the walls were lined with terminators and species and armageddons. Movies where special effects mesmerize the viewer, but leave no impression after the movie is over. I saw a movie recently that even days afterwards I found myself thinking about and my French class has discussed for weeks called "The Red Violin", no special effects, but a profound impression was made.

Regardless of the selection, a decision must be made from what is available, so you chose what you know. I chose actors and this movie has a few; Robert DeNiro, Jean Reno, Johnathon Pryce and Natasha McElhone in "Ronin".

The location is a bar in Paris and it is late at night. A man enters and is told the bar is closed. He just wants one drink and heads for the bathroom. He checks the alleyway in back and hides a gun behind some crates, then returns for his drink. It quickly becomes clear that he is part of a recruiting effort by the barmaid, Dierdrie to find people with particular talents to help steal a suitcase.

When all are assembled in a safe location the job is spelled out for them. Vincent is the procurement officer and will obtain anything needed to complete the job, Gregorie is the electronics genius, Larry the driver and Sam the coordinator. There is another member who has no defined role and appears nervous and combative. A meeting is set up to buy the necessary equipment, from questionable contacts, they will need before they leave Paris. The meeting gets out of control, but thanks to Sam's quick thinking they all get out alive. The fifth man proves too volatile and is dismissed.

The trap is set. Sam and Dierdrie pose as newlyweds to get some pictures of the man with the suitcase, to better understand just what they are up against. Sam still has his apprehensions, but goes along

with the plan. The trick is to separate the man with the suitcase from his entourage and this is accomplished quite easily, but the man's driver proves to be better at his job and the chase begins. It ends in a fiery mess of crashed cars and dead bodies, but Gregorie manages to get the suitcase, only to hide it in a black bag. When Larry grabs what he thinks to be the suitcase, Sam notices that the paint is still fresh and yells at Larry to throw the suitcase away. It immediately explodes. Gregorie it appears is working for someone else, the question is who?

This is only the tip of the iceberg and I do not want to reveal too much for fear of spoiling the ending. Those who remember the movie "Bullet" and that incredible car chase on the streets of San Francisco, will really appreciate this movie, because the car chases are spectacular. What takes this movie a notch above the normal action movie is the story and the actors. Johnathon Pryce has a very small part, but he is crucial to the movie as the evil Seamus O'Rouke. Robert DeNiro and Jean Reno as Sam and Vincent slowly develop a respect for each other that is very believable. I would not recommend this for younger children because there is a lot of violence, but when it is done well, as it is done with this movie, I have no hesitation in recommending "Ronin".

The director was John Frankenheimer and for those who would like to view some of his work I would also recommend "Seconds" with Rock Hudson. A movie about a middle aged man who decides to undergo radical plastic surgery so he can start a new life as someone different. There is this organization that will arrange for a body to be found that will be identified as your former self and you get to start over. This was Rock Hudson's best performance, but people could not accept him in this type of dark thriller and therefore the movie, unfortunately, did not do well when it was released. I think you will be pleasantly surprised. Enjoy!

Quebec Residents and Lyme Disease: Are You At Risk?

Do you plan to travel to the U.S.? Do you enjoy the many spring and summer outdoor activities that Quebec has to offer like hiking, hunting, fishing, or camping? If so, you may be at risk of contracting Lyme disease, a potentially serious but preventable bacterial infection.

Lyme disease is caused by



a bacterium carried by infected deer ticks and Western black-legged ticks. These ticks transmit the bacteria to humans while feeding on their blood. Individuals most at risk are those living in, working in or planning to travel to areas where Lyme disease occurs regularly (known as "Lyme-endemic areas"). Ticks are generally found in wooded, brushy or grassy areas, so people who participate in camping, hiking, hunting or other outdoor recreational activities are at an increased risk.

Lyme disease has rapidly become the most common tick-borne illness in the US and is now growing in Canada. Individuals at highest risk are those who travel to the Northeast, upper Midwest and Pacific coastal areas of the US. Half of the Cana-

dian cases of Lyme disease occur as a result of people travelling to endemic areas in the U.S.

According to Statistics Canada (1997), Quebec residents were responsible for over 50% of all Canadian trips to the northeastern U.S. for the purpose of recreational activities like hunting and fishing. This means that Quebec residents need to be particularly concerned about Lyme disease.

If detected early, Lyme disease can usually be successfully treated with antibiotics without any long-lasting complications. The problem is that Lyme disease is not always easy to diagnose, often requiring extensive laboratory testing.

"Lyme Disease, if left untreated, is a potentially serious infection which can cause neurological problems, heart rhythm disturbances and arthritis. In addition, it is difficult to diagnose because the symptoms imitate many other illnesses. Canadians should be concerned about Lyme disease, particularly those who are planning to travel to the North-Central and North-Eastern United States, as well as people who enjoy outdoor activities like hiking, camping, fishing and hunting," said Dr. Jay Keystone, Staff Physician, Centre for Travel and Tropical Medicine, Toronto Hospital.

Usually, the first sign of Lyme disease is a rash called erythema migrans (EM), which typically has the appearance of a "bull's-eye" at the site of the tick bite. This rash appears in an estimated 60-80% of people. But research shows that approxi-

Nature Notes



mately 20% of people infected do not exhibit any early symptoms at all (this is known as asymptomatic infection), which puts them at higher risk of developing debilitating arthritic or neurological conditions, requiring extensive treatment.

To help protect Canadians from this infection, LYMERix — the world's first Lyme disease vaccine was recently approved by the Health Protection Branch.

The new vaccine, manufactured by SmithKline Beecham Biologicals, has been shown to be safe and effective, according to a large-scale clinical trial. As with any vaccine, it may not protect 100% of individuals, and it may be associated with local injection-site reactions including redness and swelling, flu-like symptoms, and joint and muscle soreness.

Doctors advise that people should continue to take other preventive measures because ticks that transmit Lyme disease can transmit other tick-borne illnesses as well. Preventive measures include avoiding tick-infested areas, wearing protective clothing outdoors, tucking in pants and shirts, and checking for ticks after coming in from the outdoors. It is also important to use insect repellents containing DEET on exposed areas for additional protection.

For more information on the new vaccine for Lyme disease, consumers can call toll-free 1-800-268-4372.

GREENPEACE
GREEN NEWS



The Great Bear Rainforest is one of the most complex ecosystems in the world and is one of the last wilderness refuges of the rare white 'spirit' bear and home to large populations of grizzly bears, black bears and bald eagles.

Of the three hundred and fifty original valleys on the West Coast of Canada, only sixty-nine remain intact and unlogged. The majority of these are slated to be clearcut in the next ten years. Globally, 80% of ancient forests have already been destroyed and industrial logging is the greatest threat to what remains. For a free copy of the fact sheet 'The Great Bear Rainforest,' contact Greenpeace Information Office, 250 Dundas St. W, Suite 605B, Toronto, ON M5T 2Z5

Events ... Events ... Events ...

Stanstead Historical Society — 70th Anniversary Programme

The Stanstead Historical Society will celebrate its 70th Anniversary this year. Some special events are planned to mark this milestone.

In May, there was an 'Open House week' beginning on Provincial Museum Day, 23 May and continuing to 30 May: During this week the Colby-Curtis Museum will be open to the public free-of-charge. The J. J. Parker Photograph exhibition, 'Window To The Past,' will be on display at that time in our temporary exhibition room and will complement the newly arranged period rooms of the museum. The Parker exhibition continues until November.

The Photographer John J. Parker was born in Hatley, Quebec, in 1877 and was a graduate of the commercial school at Stanstead College. After a period as an apprentice photographer in Sherbrooke he opened his own studio in Derby Line, Vermont in 1899. During the next fifty or so years he photographed Royalty, major events in the Border communities and people and places. His photographs contribute to the visual history of our area: the collection is unique and serves to both preserve and present our heritage. The society holds c 3700 Parker negatives. The exhibition will present c 50 photographs and is certainly worthwhile to see.

The children of the local elementary schools have been invited to participate in the 70th anniversary celebration. They have had the opportunity to visit the museum as a school project and either write a story or make a drawing about the museum or the early inhabitants. The stories and artwork was on display at the museum during 'Open House week.'

On 21 August another festive day is planned for all to enjoy free of charge. There is planned a lecture by historians Peter Southam and J.P. Kesteman, authors of the recently published 'Histoire Des Cantons de l'Est', and afterwards an outdoor concert in the new victorian Garden, refreshments and an opportunity to play a game of croquet on the lawn. Bring the family to enjoy all or part of this festive event.

The Museum is located at 535 Dufferin St., Stanstead, Quebec. For more information contact the Colby-Curtis Museum at (819) 876-7322.

Townshippers Day '99 at Lac Brome

The final Townshippers' Day for this millennium is shaping up to be an exciting event. Co-chairs Signy Stephenson and Betty Ann Pagé have already put in many hours of work and are now aided by a team of volunteers. Organizing committees have been set up and are headed by the following:

Finance - Winnie Sherrer
 Logistics/Transportation - Tom McGovern
 Fundraising - Chris Severs
 Publicity - Donna Williams
 Community Groups/Townshippers' At Work - Signy Stephenson/Betty Ann Pagé
 Entertainment - Kate Wisdom
 Catering - Betty Ann Pagé
 Artisans - Lynn Matthews
 Childrens and Youth Activities - André St-François

The Town of Brome Lake is delighted to be hosting this 20th Anniversary celebration, which will take place on Saturday, September 18 at Lions Park in Knowlton. Expected to draw between 6-8,000 people, the day will highlight Townshippers' At Work and Play. Festivities include activities and entertainment for all ages, artisans, artists, historical displays, food kiosks, tours and information.

The organizing committees will be hard at work from now until September. Anyone wishing to participate and/or volunteer to help with Townshippers' Day may contact Townshippers' Association: Sherbrooke office (819) 566-5717 and/or Cowansville office (450) 263-4422.

On the other end of the volunteer spectrum, Eastern Townships entertainers are currently being sought to perform at the 20th annual Townshippers' Day, September 18, in Knowlton. The Entertainment Committee, headed by Kate Wisdom is seeking musicians of all types, dancers, choirs, singers, and actors. The artists will play in the entertainment tent with John Cameron on sound, introduced by media personalities, and reaching a large audience. A great variety of entertainment is needed so please do not hesitate to volunteer!

For more information contact Townshippers' Association Office in Sherbrooke at (819) 566-5717, or Cowansville at (450) 263-4422

MUSIC FEST '99

To benefit
Children's Wish Foundation
 June 5 & 6
 Ayer's Cliff Fairgrounds

Live Bands all weekend

• Country • Bluegrass • Rock and Roll • Folk
 • Hay Rides • Games for the whole family • Petting zoo

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Camping on site
 Bring your own chairs

Saturday evening

[819] 823-2009

Rain or shine! \$6.00 for the day 12 and under free

Townships Classified

FOR SALE

Are your fields growing up in brush? Why not buy some hardy, self-sufficient Highland cattle? They will clear the land and decorate the landscape at the same time. Telephone: [819] 562-1694.

St. Peter's A.C.W. Thrift Shop, 200 Montreal, Sherbrooke. We offer new and nearly new clothing for men, women and children, as well as housewares, books, and many other items. Open every Wednesday, from 9:00 a.m. to 1:00 p.m.

FOR SALE

4 used tires - all-season - good condition - M + S P175/80R13. \$100. firm. [819] 569-4565. Leave message.

Copies of "The History of Compton County" by the C.S. Channell. Coil-bound, semisoft cover. \$55.00 [819] 889-2284.

SERVICES

Want to lose weight? Canadian Calorie Counters—Tues 9:00 to 10:00 a.m.; Wed 6:30 to 7:30 p.m. CLSC, 8 Speid, Lennoxville. Info: 1819] 562-8683,

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The Townships Sun

The Townships Sun
 Advertising Sales

Thelma Wright

Ramona Garrett
 (Richmond & area) [819] 566-7424

EVENTS CALENDAR

June 1999

**See also
Events ...
on Page 14**

If you would like your organization's upcoming event included in this calendar, drop us a note before the 18th of the previous month.

May 16 - June 13

Exhibition — "At Play," an exhibition of art from schools around the Townships. Le Petit Bonheur de Saint-Camille, 162 Rue Miquelon, Saint-Camille.

to May 29

Exhibition — Paintings of LAPLAU, a naif artist known for work on UNICEF cards and other images. Galerie D'Art le Parvis, 1295 rue Girouard West, St-Hyacinthe.

to October 9

Market — the Popular Sutton Market is open once again from 9 - 4 every Saturday. For vendor information, call [450] 538-5320.

May 28

Clinic — Blood Donor clinic, Leonard Grondin Arena, 601 Leon-Harmel St., Granby. 10 - 8:30 p.m.

May 28 - June 27

Exhibition — 'Objets de Rangement,' an installation by artist Fabien Belanger, and 'Deferlement,' a pictorial by Yves Boucher. Galerie Horace, 74 Albert St., Sherbrooke

May 28

Tournament — Youth for Christ Golf Tournament, to raise money for 'Streetlight' Youth Drop-In Center. Old Lennoxville Golf Course. \$75 registration.

May 29

Spring Seminar: WARM (Writers' Association for Romance and Mainstream), featuring a variety of speakers. See Books page for details.

May 29

Clinic — Blood Donor clinic, Leonard Grondin Arena, 601 Leon-Harmel St., Granby. 9 - 4:30 p.m.

May 29

Party — Ecole Les Enfants de la Terre invite all students and parents to its annual party. The party will be in a medieval atmosphere (wear costumes) and features demonstrations, dinner, and music. 10 a.m. - 5 p.m., 540 Labonte St. Adults \$6, Children \$3.

May 30

Fair — Exhibition of Antiques and Crafts, sponsored by Brome County Historical Society. Museum grounds, 130 Lakeside, Knowlton. 9 a.m. - 5 p.m.

May 30

Exhibition — 'Musees en Fete,' an attempt to break the sacred air of the museum. Musee des Beaux-Arts de Sherbrooke, 241 Dufferin St., Sherbrooke

June 2 - 20

Opening — Space and Place art exhibit, part of the Congress of Social Sciences and Humanities. Two hundred years of Townships landscape painting will be featured. 5 p.m. launch. Free. Bishop's University Art Gallery.

June 5 - 27

Exhibition — the glasswork of Annie Michaud of North Hatley and paintings of Gail Lamarche of South Stukley. Arts Sutton, 7 Academy St., Sutton.

June 5

Deadline — Members must submit works to Arts Sutton for consideration in July's "New Horizons" exhibition. Paper or mixed media incorporating paper. \$10 exhibition fee.

June 6

Assembly — General Assembly of the Down's Syndrome Association of Sherbrooke. Loge Des Elans, 240 Montreal St., Sherbrooke. 1:30 p.m.

June 11

Deadline — for Louis-St-Laurent golf tournament registration (see June 19) \$40 for golf and dinner, \$30 for golf. You can sign individually or in a team of 4. Call [819] 832-2471.

June 19

Tournament — Louis St-Laurent Foundation golf tournament. East Angus Golf Club, 12:30 p.m. "Vegas" style play. Featured Guest: Jos Canale, Castors trainer.

June 23

Social — Strawberry Social, Lennoxville United Church, 4:30 - 6:30 p.m. Sponsored by Unit 5, UCW. Hot dogs, strawberries, ice cream, cake, and bake tables. All welcome.

**Last Minute Notice
June 19**

Flea Market — St. Paul's United Church, Waterloo. 9:00 a.m. to 3:00 p.m. Tables \$10.00. Info: [450] 539-3135.



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Townships Tidings

\$200 million invested in local employment

Following their annual convention, the Societe de developpement economique de la region Sherbrookoise (SDERS) announced that \$200 million was invested in the area in 1998. 289 industrial projects generated \$120 million in investments, \$44 million was invested in commercial and institutional projects and \$29 million in the service sector. The Sherbrooke region gained 2,184 jobs, 1,617 in the manufacturing sector and 567 in the service sector. 51 new enterprises were created in 1998.

Canada Post Literary Achievement Awards pending

June 4 marks the deadline for submissions for the Canada Post Literary Awards. The awards, meant to support those who have made strides in either their own struggle towards literacy or in assisting others towards that goal, are divided into three categories: the Individual Literacy Achievement Awards, the Literacy Leadership Awards, and the Literacy Education Awards. Winners receive either a cash prize or new computer system. For details, see your friendly postman!

Pork Producers Proud of Piglets

Lennoxville is proud to announce the first birth of piglets in the new swine complex — which occurred on May 6. This birth of twelve beautiful piglets from a Meishan sow is just a beginning...

Meishans differ from the other breeds by their large number of piglets born per litter. Research is therefore carried out to discover why and how the Meishan breed is more productive than others. Results will help to optimize productivity of our swine herds. All research conducted in the new swine complex provides a healthy environment for pigs while promoting their welfare.

It will be possible to visit the new swine complex during the open house that will be held next fall.



Sherbrooke gets \$600,000 to renovate older sectors

The Ministry of Municipal Affairs and the Habitation Society has announced that Sherbrooke will benefit from over a half-million dollars to 'revitalize the older sectors.' The money, earmarked to preserve older buildings, will help historic home-owners defray up to 2/3 of renovation costs.

New guides available to connect citizens to 'State'

Several new brochures are now available to help citizens connect to the gentle and benevolent hand of the provincial government. The free brochures, available at the 25 offices of Communication-Quebec and various other public and para-public organizations, are bilingual and cover topics from new babies to senior citizens' services, changes of address, and how to start your own business.

First Annual International Week of Compost!

The Minister of the Environment has announced a new program being put in place to support the development of a composting project in Quebec. The budget for the new program will be \$1 million for its first year. The objective is to turn 60% of organic waste materials such as leaves, grass and table scraps into nutrient-rich, worm-laden dirt. This money will give enterprises, research centres, laboratories, and municipalities the funds to come up with innovative and effective solutions for the composting needs of Quebec.

Local program wins 'Special Family Award'

The 'Maison des Grand-Parents de Sherbrooke' has been awarded a special prize for its efforts in connecting elderly people to youth in the Sherbrooke community. The Maison, through pairing seniors with youth in a conversational environment, connects 41 grandparents with 95 children and adolescents in an exchange of generational thought.

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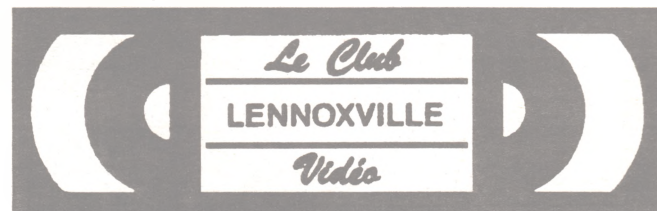
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