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MONDAY, MARCH 16, 2020

Quebec woman, Italian companion released in West Africa: Champagne

By Helen Moka THE CANADIAN PRESS

A Canadian woman and her Italian travelling companion who were suspected to have been abducted in West Africa 15 months ago have been released.

Edith Blais, 35, of Sherbrooke, Que., and Luca Tacchetto, 31, had been travelling by car in southwestern Burkina Faso, heading to Toga to do volunteer work when they vanished around Dec. 15, 2018.

A month later, Burkina Faso's security minister referred to the pair's disappearance as a kidnapping, but the Canadian government did not confirm that, saying only that officials hadn't ruled out any possibilities.

On Saturday, Foreign Affairs Minister Francois-Philippe Champagne confirmed in a tweet that Blais was coming home.

"I just spoke to Edith Blais and Luca Tacchetto. I can confirm they are safe," Champagne tweeted, thanking his counterpart in Mali, the country's president and the United Nations Mission in that country for their support, as well officials in Burkina Faso.

"We look forward to Edith returning home."

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Adjusting to the new normal Level of response to coronavirus continues to change rapidly



GORDON LAMBIE

The Lennoxville and District Women's Centre distributed the meals meant to be served at their annual International Women's Day Banquet in individual containers on Friday afternoon after the new restrictions forced the cancellation of that and all other events.

By Gordon Lambie, with files from the Canadian Press

As if a switch had been flipped, the global and local response to COVID-19, also referred to as the

novel coronavirus, took on a dramatic new pace at the end of last week. That pacing did not slow down over the weekend, as new guidelines and requirements rolled out from different levels of government daily.

As of this writing, Quebec Premier Francois Legault has declared a public health emergency in Quebec, asking that people 70 years old and older stay at home and ordering the closure of

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Weather



TODAY:
SUNNY

HIGH OF 2
LOW OF -3



TUESDAY:
SNOW OR RAIN

HIGH OF 4
LOW OF -9



WEDNESDAY:
SUNNY

HIGH OF 0
LOW OF -10



THURSDAY:
SNOW OR RAIN

HIGH OF 3
LOW OF 2



FRIDAY:
PERIODS OF
RAIN

HIGH OF 10
LOW OF -2

Hometown legends of my childhood surface in my mind



THE SCOOP MABLE HASTINGS

Television and news feeds are inundated with Corona virus and Covid-19 reports and the dismal sharing of dread and doom found me, on this sunny Saturday morning looking for a diversion from it all. Sitting and facing my still damp keyboard and computer screen only moments ago wiped down with disinfectant, my mind begins to wander. Initially asking myself, "What will I write about this week," only to feel a tugging of nostalgia and vague memory at my heart and mind.

I am walking up the country road less than half a mile from my home toward the Miltimore Family Cemetary where only someone who knows about the small site of stones representing the history of one family would even think to glance. Just beyond the ditch, up past the "prickly" bushes, the small graveyard sits. I suspect it is rarely visited and likely few give it a second thought.

In my mind I am a teen again meeting up with William (Pete) Miltimore on the streets of Mansonville. He was born in 1913 and likely appeared to most as a recluse. He fascinated me. I say hello and he answers; he is not friendly but nor is he rude. In my mind I reflect on the stories told by my family and I wonder about this man's life. Did he truly have the rinds of side pork tucked behind his ears to chew upon like bubblegum when he had the inkling? Mr. Miltimore died in 1989 and while I never got to know him, he has remained with me for over thirty years.

Raised in a family of story tellers and self proclaimed musicians and songwriters, the legends of my youth tumble forward into my mind as if they'd been awaiting the invitation.



The Schoolcraft twins on either side and my Uncle "Clint" in their youth, where legends and stories were born.

Gordon Newell who was affectionately nicknamed, Batman. Born in 1929, I remember my Mom telling me that Mr. Newell had once been a famous and prosperous inventor. Watching him as a kid, riding up and down the roads on a failing bicycle wearing a garbage bag as a cape, I wondered if the story as told by my Mom was true. Gordon died in 2006 while living in the Knowlton House, taking his legend with him and leaving me to ponder fact from fiction.

Clyde Schoolcraft born in 1902 was another mystery to me. He offered my siblings and me peppermints that were dug from his pocket trapped in lint, tobacco and time. We were always told not to eat them but I did and you know what; they tasted pretty darn good. Mr. Schoolcraft died in 1986 and his sweet wife, Stella followed a year later.

In honesty, when it comes to Mable's people of legend, I boast a family of unique, odd and precious candidates that I hold dear to my heart who were as diverse and wonderful as those mentioned above.

In a past article reflecting on "climbing my family tree," I spoke about my Great Uncles, Joe and Ira Brown (my Grandmother Etta Bell Brown's brothers). These two men stood a meagre four foot something in height, spoke much like leprechauns might and while both were shy and reserved, their weekly jaunts into Mansonville from

their home on Peabody Road found them tipping their hats at the ladies and patting the heads of every child they met; ours included. They would arrive at our home each week with a treat for the kiddies, a caravan chocolate bar and a bottle of John Collins soft drink for the adults. Uncle Joe died in 1970 and Uncle Ira in 1991.

Two of the last true legends of my childhood were my mother's youngest brother, Colon Clinton Davis who passed away in 1992. Pickled drunk and a heavy smoker for most of his life, Uncle "Clint," frequented many neighbour's homes, far and wide with his guitar (Old Betsy) flung over his shoulder, a cigarette stub dangling from his lip and a handful of hope for a beverage or a meal at each stop along his path. He was glad to sing for his supper although that remained undefined as pleasure or pain to the listener.

Dexter Davis, (Uncle Dick) passed away in 2001 taking with him the person we all strived to be. A man true to his word who taught some of us how to shoot a 22, others how to bake the best baking powder biscuits and apple pie crust and the techniques for survival in almost any situation.

I feel a great sense of gratitude to these people who have left my memory richer and my imagination still active all these years later.

Ben by Daniel Shelton



Local News

"If the measures are strict, it is only in the interest of protecting citizens," Lussier said.

Adjusting

CONT'D FROM PAGE 1

gathering places such as bars, theatres, gyms and movie theatres, in addition to the mandatory closing of schools and daycares that was announced on Friday. Under the most recent directive, restaurants are allowed to stay open for the time being but have been asked to limit the number of clients to 50 per cent capacity.

"What I say to Quebecers is we have to limit outings," Legault said. "We should go out only to work, buy bread, go to the pharmacy, get health care, take a walk or go help people age 70 and up."

Businesses and stores unrelated to entertainment and recreation remain accessible at this point.

Dr. Horacio Arruda, the province's Director of Public Health, said the closures announced Sunday also apply to libraries, pools, spas, sauna, ski and trampoline centres, arcades, gyms, dance studios, buffets and sugar shacks.

He said the measure was intended to ensure that people didn't "move the problem elsewhere" by seeking new places to gather in light of the closure of schools and daycares in the province for the next two weeks.

Legault said he would also like to see the border closed to foreign tourists and will continue to discuss the issue with the Federal government.

The directive came as Quebec's number of confirmed cases rose by 11 on Sunday, from 24 to 35. According to the province's Public Health department on Sunday afternoon, there were four confirmed cases in the Estrie administrative region and nine in the Montérégie. This compares to 317 cases across the country, (299 confirmed, 18 presumptive, 11 resolved.)

The growing list of banned gatherings triggered a chain of cancellations at different points over the last few days, often with information changing from one day to the next. Although initially saying they would maintain their annual International Women's Day Banquet, for example, the Lennoxville and District Women's Centre eventually ended up cancelling the event and instead distributing the meals meant to be served in individual containers on Friday afternoon.

At the Federal level, Prime Minister Justin Trudeau called on Canadians to avoid unnecessary travel outside of the country during a press conference on Friday, and that message was escalated on Saturday by Foreign Affairs Minister François-Philippe Champagne to state that those Canadians who are currently abroad should make their way back home "while (commercial flights) remain available," since many countries

are adjusting entry and exit requirements and many airlines are cancelling flights.

The Federal government has also indicated that flights which do return to Canada will also be diverted to a limited number of specific airports. Although that announcement was made at noon on Friday, the specifics of which airports and what screening procedures will be put in place for passengers was still not available on Sunday afternoon. All Canadians returning from abroad are being strongly encouraged to self-isolate for 14 days.

Municipalities across the province and region have taken their own steps to support social distancing measures.

On Friday Sherbrooke officially suspended all civic receptions, conferences, and professional travel in addition to closing municipal libraries, swimming courses, free swim periods, and arenas. It was also recommended that citizens do as much business as possible with the city either over the phone or online. A website with more information on the municipal measures has been set up at sherbrooke.ca/covid19.

On Sunday afternoon Sherbrooke Mayor Steve Lussier issued an additional call for the cooperation of the population while also announcing the additional closure of the Julien-Ducharme centre, and the fact that the municipal council meeting scheduled for Monday night will have a cap on spaces available.

"If the measures are strict, it is only in the interest of protecting citizens," Lussier said.

Planned municipal byelections were postponed in 29 municipalities, including St-Isidore-de-Clifton, Brome and Waterloo, and many local church services were streamed live on the internet on Sunday instead of gathering people together in person.

In addition to discontinuing all in-person academic activities for the next two weeks, Bishop's University's senate made the decision that regardless of the status of the University's operations on March 30, students will not be required to return to the campus to attend classes or to take in-person exams. Professors were asked to prepare alternative means to allow students to complete their studies, based on the fact that the majority of the Winter 2020 semester had already been completed.

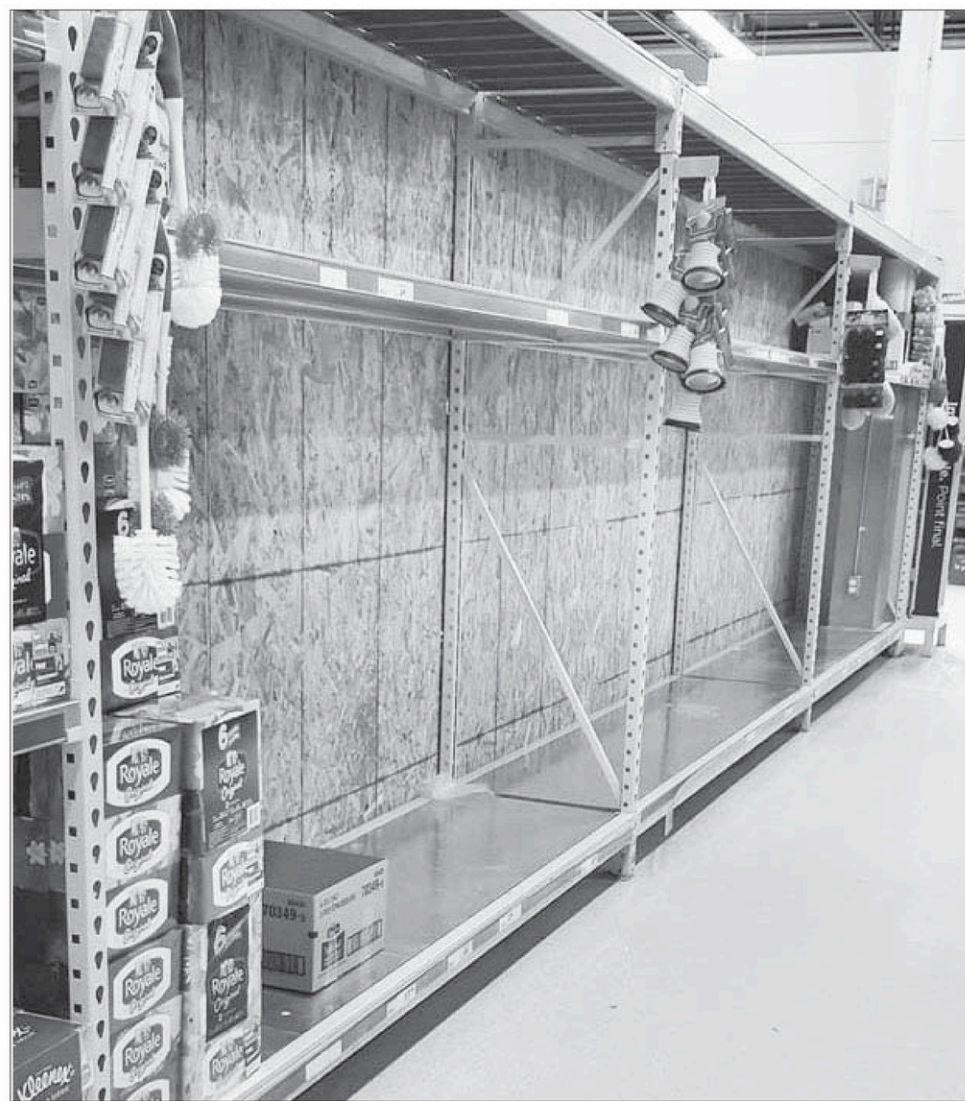
The CIUSSS de l'Estrie CHUS, the regional healthcare institution, followed through with its commitment from Thursday to open four new testing centres in the region. As of 2:30 p.m. on Sunday roughly 715 people had been tested. The centres will remain open until further notice at the Hôtel-Dieu

Magog night school session called off

Record Staff

In a message sent out to the community Friday morning, the Magog Night School announced that its 2020 school session has been cancelled outright due to the growing concerns

over the coronavirus and the new directives from the provincial government to avoid all mass gatherings. As such all classes previously announced will not take place. Organizers hope to be able to restart the program for a new session in the fall of 2020.



LOIS FOWLER

Townshippers got a first-hand look at the panic-buying that has been taking place across North America this weekend as concerned shoppers swept into local stores and cleared out shelves. Several people reached by The Record noted shortages of toilet paper, disinfectant wipes, and pasta in stores on Friday, although some of that supply seemed to have recovered by Sunday.

in Sherbrooke, the Granby Hospital, as well as though emergency services in Lac-Mégantic and Asbestos.

The healthcare body also announced on Sunday that users who return or have been in contact with a person returning from a trip outside Canada will have their regular care or services postponed, unless these are essential to avoid serious consequences for their health. The population aged 70 and over receiving services deemed important, but not essential, will also have these services postponed. Activities in

day centers, in the hospital or other platforms, respite services or temporary accommodation services for people who are losing their autonomy, have an intellectual disability, or have autism spectrum disorder, a physical impairment or a mental health problem will be canceled. Group activities for young people, like Bébé Trucs, will not take place, and several surgeries, interventions and non-emergency investigations will also be postponed and rescheduled over time.

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Parenting in a pandemic: A look at what isolated parents are doing in the Eastern Townships

On Friday Parents across Quebec who weren't already keeping their children home learned that they were about to start an unexpected extra March Break of at least two weeks. Adding to that information the fact that families are isolated by a growing list of public services that have been closed, the news has generated an unsurprising amount of anxiety.

In the face of that concern, The Record has reached out to a number of local parents to find out what they have planned over the next few weeks and what suggestions they might have for fellow parents who are feeling isolated. Each day a different set of thoughts and recommendations will be shared beginning, today, with those of Rebecca Enright: a fifth grade teacher at Sherbrooke Elementary School and mother of two.

Many of us are faced with the joyful reality of spending the next two weeks in isolation; trapped in our home with our spouse and child(ren). Some are trying to juggle working from home and childcare simultaneously while others are privileged to have time off work. Either way, we are in for an adventure with no outings and a chilly, wet weather forecast.

Personally, I've decided that in order to preserve my sanity and ensure I don't

end up watching Frozen 2 endlessly on repeat, I need to have a tentative schedule. This gives me a semblance of structure to minimize boredom, but also allows me to be creative and nurture my children's interests. Ultimately I decided my schedule had to be flexible rather than time dictated, so I established a rough pattern of quiet activity/active activity. That time chunk may last 10 minutes or an hour, I'll go with the flow.

- Reading/Songs
- Free play
- Creative time
- Snack & Outdoors
- School time
- Gym time
- Lunch
- Nap/Quiet time
- Reading/songs
- Snack & Outdoors
- School time
- Gym
- Free play
- Creative time

My children are aged five and two, so I need lots of activities for them and frequent changes to keep it fresh. Children typically maintain attention on a task for about their age to their age times five. This gives me a mere two to

ten minute span for my toddler! I also want things that are simple and engaging. I'm not spending five minutes planning on Pinterest, five minutes setting it up, and five minutes cleaning it up for my kid to spend only six minutes doing it. When not in forced isolation, I teach fifth grade so I've tried to include suggestions for a range of ages.

Ideas of Activities:
Reading/Songs

Read books aloud, listen to audiobooks or podcasts, child reads, sing songs, do karaoke

Creative Time:

Cook meals, bake, do arts and crafts, build something, play with play doh, make cards and mail them to nursing homes

Outdoor Time:

Go outside! Run around, play ball, swing, shovel snow, jump in puddles, do a scavenger hunt

Gym Time:

Build an obstacle course, have a dance party, do Youtube yoga, make a giant blanket fort, balloon tennis, play games from your childhood like What Time Is it Mr. Wolf?

Free play:

Let the kids self-entertain. This ranges from puzzles, to dolls, to video games.

School Time:

Write: ranging from printing your name to writing a diary or a creative story.

Word Play: Board, card or verbal games.

Math: Play with numbers, patterns or shapes. Play board, card or dice games.

Science: Experiments that are simple to set up.

Additional Resources: If you want to do digital home schooling, there are educational websites that are offering free subscriptions during quarantine. A thoughtful teacher has consolidated them at <http://www.amazingeducationalresources.com/>

Finally, don't get me wrong. This looks fine and dandy in theory but the reality is that we will also have days where we eat snacks on the couch while watching too much television. And that's ok! I just hope to find a balance between the two extremes.

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Waltzing with the recycling bin on the driveway

By Didi Gorman

lid won't open.

A wrestling match thereby ensues. Bang! Thud! Wham! Clonk! – at the end of which I manage to pry the lid open, only to discover that the bin is full to the brim. This impediment has nothing on my determination, though. I place the cardboard on top of the pile and leap onto the bin. Don't laugh; there's a reason. I'm too small. I won't be able to force the rogue cardboard into the bin any other way. Where was I? Ah, yes, flailing atop the recycling pile. But alas, the bin fights back and I'm being ejected from the pile, losing balance as I land on the frozen ground. I struggle to get up and when I do, I kick the bin. I won't reveal whether this is accidental or done for good measure, but as a result, the bin starts sliding down the slope, all by itself, heading the wrong way. I charge at it and grip it just in time. Well, sort of.

In our next scene, I'm skidding down the driveway, careened by the stout bin. From the side it may look as if we're practicing some figure skating choreography – the bin acting as my partner, swinging me this way and that, wherever it sees fit. I can catch a glimpse of a passerby taking a cell phone out of his pocket and pointing it at me. Oh, no. Is he taking a video?



This gives me the shivers. What if this goes viral on Instagram? What if I find myself starring in such dubious titles as 'A Woman Tangoing with Bin'?

But I have no time to ponder this. My target is now in sight. We're approaching the road. I clasp the bin with all my might, practically embracing it. The bin finally comes to a halt, but inertia sends me twirling again, and I trip on the wheel, landing head first in a pile of snow.

"I'm ok, I'm ok," I mutter to no one in particular, wiping the snow off my eyes. A tad giddy, I scramble to my feet

and stagger up the driveway to embark on this journey all over again, this time with the compost.

Now, you would think, with all the trials I've endured, I probably prefer summer collection, but you couldn't be farther from the truth. Waltzing with the bin in February is far less dreadful than facing the battalion of maggots springing out of the compost in July. But that is a story for another article.

Quebec woman

CONT'D FROM PAGE 1

A source told The Canadian Press they arrived in Bamako, the capital of Mali, just before noon local time on Saturday after spending the night at a UN camp in Kidal, in the northeastern part of the country.

The source said the pair apparently fled their captors, flagged down a private vehicle and asked to be taken to United Nations camp in the area.

Instead, they were dropped off at a UN checkpoint where soldiers with the United Nations Peacekeeping Forces in the area took them the rest of the way. After spending the night at the camp, they were flown to the capital on Saturday.

The UN mission's spokesman tweeted a photo of Blais and Tacchetto, both wearing white UN human rights

T-shirts and sweatpants and smiling, with the caption "They are free." He later tweeted photos of the pair meeting with Malian President Ibrahim Boubacar Keita.

Al Qaeda and other militant groups have operated in northern Mali for more than a decade and have kidnapped a number of Western hostages, typically holding them until ransoms are paid.

Senior Liberal cabinet ministers met with Blais' family in Quebec's Eastern Townships region in January 2019 and Prime Minister Justin Trudeau said at the time he believed Blais was still alive.

In March 2019, Human Rights Watch had indicated in a report the pair had been abducted and taken to Mali.

Another Canadian, Kirk Woodman, was found dead in northern Burkina

Faso in 2019, near the border with Mali and Niger. An executive with a Vancouver-based mining company, Woodman

had been kidnapped a day earlier by gunmen as he worked on a gold mining project.



Edith Blais and Luca Tacchetto are seen in this handout photo provided by United Nations Multidimensional Integrated Stabilization Mission in Mali. A Canadian woman and her Italian travelling companion who were suspected to have been abducted in West Africa 15 months ago have been released. THE CANADIAN PRESS/HO, United Nations Multidimensional Integrated Stabilization Mission in Mali

PROTECT YOURSELF!

The coronavirus causes a respiratory infection (COVID-19) that can involve the following symptoms:



FEVER • COUGH • TROUBLE BREATHING

Protect your loved ones, especially seniors and the vulnerable ones, by avoiding visiting them if you're sick.

It is recommended that anyone returning from a foreign country isolate themselves at home for a period of 14 days and monitor their symptoms.

This isolation is mandatory for all public service employees and for all health, education, and childcare staff, both private and public, returning from abroad.

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EDITORIAL

If the lesson of epidemics is to act boldly to nip it in the bud, the smallpox plague that terrified Montreal stands as a cautionary tale.

Avoiding a plague: Canadians embrace bold response to virus scare

By the time you read this ... well, who knows?
Even old-timers who lived through all manner of crises and calamity are at a loss to find anything comparable to this coronavirus thing. Once it runs its course - which it will - the global death toll is not likely to even come close to the annual tally of fatalities due to motor vehicle accidents or heart disease. Death rates for the usual winter bugs may actually drop. That doesn't change the fact no government or organization in Canada wants to be blamed for an exponential spread of this covid-19 germ.

Exercising "an abundance of caution," is the explanation for an unprecedented shut-down of the trappings of civilization, from closed schools, to suspended professional and amateur sports schedules, to cancelled meetings and gatherings of all kinds - the St. Patrick's parades, for crying out loud!

History and hindsight may or may not eventually deem the 2020 pandemic to be an over-reaction, but then again, it's hard to measure with any accuracy the potentially hundreds or thousands of lives saved.

One thing is sure, few things send folks into freak-out mode more than the risk of rampantly spread disease. Too many disaster flicks, too many Walking Dead - ironically, fear of the virus has halted production of the popular zombie series.

As bad as the current crisis is, at least it has not degenerated into an outbreak of virulent political partisanship in this country. With his wife coming down with a bona fide case of covid-19, even the most relentless of Justin Trudeau trolls can't blame this one on the PM, and his leadership during the crisis has received modest praise.

The relative calm and efficiency with which the current virus scare has been handled in this country stands in stark contrast to a notorious episode in Canadian history where an epidem-

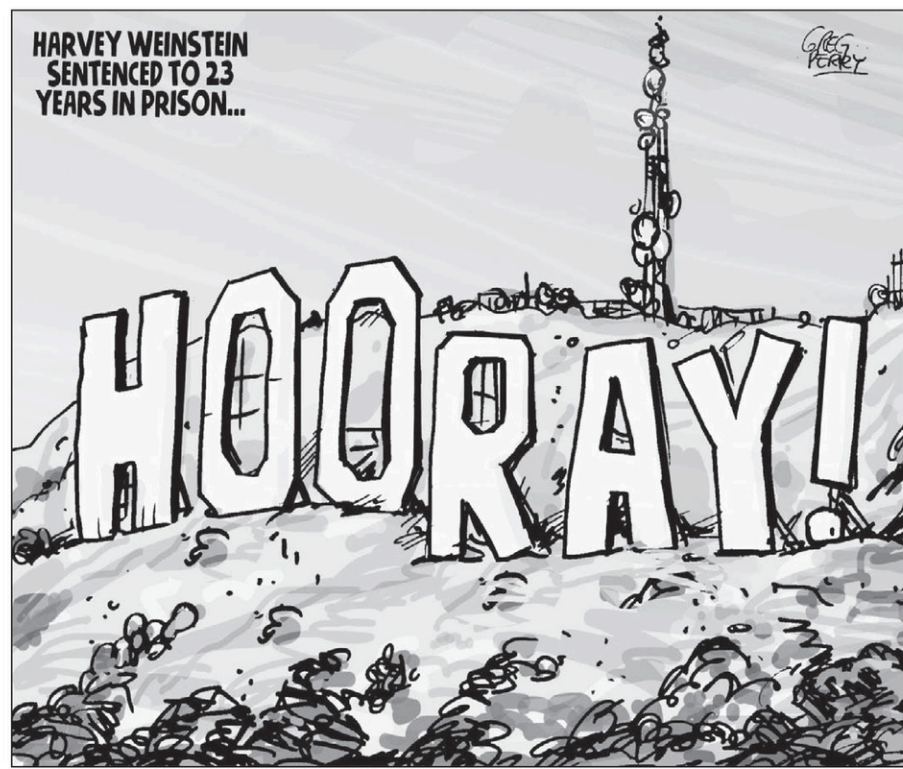
ic led to riots in the streets. Although such madness is not unthinkable today with frenzied line-ups to buy toilet paper and hand sanitizer at Costco, in the Montreal of 1885, political, religious, linguistic and scientific conflict fuelled an already disastrous situation.

If the lesson of epidemics is to act boldly to nip it in the bud, the smallpox plague that terrified Montreal stands as a cautionary tale. In February, 1885, a railway conductor was diagnosed on a train from Chicago to Montreal. Even though the danger of the disease was well known to authorities from previous outbreaks in the city, the conductor was not quarantined and was treated at a Catholic hospital, because a specialized smallpox hospital was not open and the Montreal General refused to admit him.

The conductor eventually recovered, but he infected other patients and hospital workers who infected other people outside and the next thing you know, accelerated by huge public gatherings and squalid conditions, the city was visited by a full-blown outbreak of a particularly contagious and truly horrible sickness.

As incredible as it now seems - despite the persistence of anti-vaxxers these days - people took to the streets to protest compulsory vaccination. An anti-vaccination league, led by some prominent doctors, campaigned against vaccination claiming it was unproven and dangerous. Indeed, a bad batch of the bovine vaccine provoked alarm and caused authorities to suspend the mass vaccinations.

Fired up by priests who said the disease was a justified punishment for sin and that the vaccine poisoned children, French Canadians, already suspicious of English-speaking medical and political authorities, resisted the simple treatment. As a result, over 15 months the disease claimed some 5,860 lives, 90 percent of them francophones, and



most of those children.

Observed historian Michael Bliss, author of the fascinating and detailed *Plague: When Smallpox Devastated Montreal*, "fear, ignorance and fatalism had combined to trump common sense and good medical judgment." The Montreal plague stands as the last major urban outbreak of the disease, which was officially eradicated in 1979.

Elements from Bliss's book were incorporated into a 2010 docu-drama called *Outbreak, Anatomy of a Plague*,

that imagined a modern day return of smallpox to Montreal. The lesson: It could happen here.

Covid-19 is not smallpox, and medical scientists have learned a lot about containing infectious diseases since 1885. Still, if arresting an outbreak of a killer disease is an inconvenience for people and a blow to the economy, it would seem to be a relatively small and temporary price to pay compared to the potential cost in human lives.

Letters

An update on the St. Pat's activities in Richmond, Quebec:

DEAR EDITOR:

Cancellations are socially responsible in order to protect society and particularly our most vulnerable citizens. This is not panic, it is prudent and responsible action. With this in mind St. Patrick's Society of Richmond & Vicinity have decided to cancel all indoor events for the next two weeks. The parade scheduled for Sunday, March 22, is presently under 'watch mode' and will be confirmed at the latest March 17th.

PRESIDENT
ERIKA LOCKWOOD

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Local Sports

The annual Ayer's Cliff Snow-Pitch tournament took place this past weekend.

Neither snow nor rain will keep them from playing softball

Ayer's Cliff Snow-Pitch 2020 takes place despite weather and COVID 19



COURTESY PHOTOS

The annual Ayer's Cliff Snow-Pitch tournament took place this past weekend with 10 teams taking part playing through, snow, ice, rain and mud. Players bundled up to keep warm, wearing hats, mittens, scarves and winter jackets, however no cleats were permitted for this winter softball tournament. (Pictured above the tournaments first and second place teams.)



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Today in History

Today in History for March 16: On this date:

In AD 37, Roman emperor Tiberius died. He was succeeded by Caligula.

In 1521, the Portuguese navigator Ferdinand Magellan discovered the Philippine Islands.

In 1649, Jesuit martyrs Jean de Brebeuf and Gabriel Lalement were tortured and put to death by the Iroquois at the Huronia village of St-Ignace, in what is now Simcoe County in Ontario. Brebeuf had laboured for 15 years trying to make peace with the Iroquois, but they continued their war against the Hurons and destroyed their villages and Jesuit missions in 1648. Later, the Iroquois captured Brebeuf and Lalement and killed them. Brebeuf was canonized in 1930 and is now a patron saint of Canada.

In 1660, the British "long Parliament of the Puritans" ended after sitting for 20 years.

In 1751, James Madison, the fourth president of the United States, was born.

In 1802, U.S. President Thomas Jefferson signed a measure authorizing the establishment of the U.S. Military Academy at West Point, N.Y.

In 1815, William of Orange was proclaimed King of the Netherlands and became William I.

In 1830, the New York Stock Exchange had its slowest day in history – just 31 shares were traded.

In 1850, U.S. author Nathaniel Hawthorne's novel "The Scarlet Letter" was published. It sold out in 10 days.

In 1898, Aubrey Beardsley, an illustrator and designer whose work epitomized the Art Nouveau style, died.

In 1900, Lord Strathcona's Horse, a unit of 537 mounted troops recruited in Manitoba, British Columbia and the Northwest Territories for the Boer War, sailed to South Africa. The commander was Strathcona (Donald Smith), Canada's wealthy high commissioner to the United Kingdom. It was the third contingent of Canadian troops sent to South Africa.

In 1917, Prince Michael Romanoff abdicated as czar of Russia after one day on the throne.

In 1926, the first liquid-fuelled rocket was launched by Dr. Robert Goddard in Auburn, Mass. It reached an altitude of 12.5 metres and travelled 56 metres.

In 1946, one of Canada's most sensational murder cases began when the torso of 40-year-old railway worker John Dick was found in Hamilton, Ont. Police later found Dick's teeth and bone fragments in the home of his estranged wife, Evelyn, along with the body of her seven-month-old son. Evelyn Dick was sentenced to death for John's murder, but the conviction was overturned on appeal. She was also convicted of her son's death and imprisoned until 1958. Her father was sentenced to five years for his part in the crimes.

In 1955, NHL president Clarence Campbell suspended Montreal Canadiens star Maurice Richard for the balance of the season and the playoffs for abusing an official. The decision sparked the "Richard Riot" the next night in Montreal.

In 1959, RCMP commissioner L.H. Nicholson resigned to protest the government's decision not to reinforce the RCMP in Newfoundland in the face of logging strike violence.

In 1959, the Dalai Lama fled Tibet as anti-Communist uprisings spread throughout the country.

In 1968, U.S. troops, the men of Charlie Company, entered the village of My Lai in Vietnam and massacred about 500 women, children and old people. The men of the village had left to work in the fields or at sea. When news of the carnage surfaced in the U.S. 18 months later, it heavily affected public opinion about a war already seen by many as fundamentally flawed. In 1971, William Calley, the U.S. lieutenant who allowed the massacre, was found guilty of murder and sentenced to life.

In 1969, a Miami-bound Venezuelan airliner crashed and exploded in a residential area of Maracaibo, Venezuela, killing 155 people, including 71 on the ground.

In 1971, the Ontario government filed a \$25-million lawsuit against Dow Chemical of Canada Ltd. for ecological damage to the Great Lakes.

In 1978, former Italian premier Aldo Moro was kidnapped by left-wing terrorists. Moro was seized in a hail of gunfire which claimed the lives of all five of his bodyguards. His body was discovered on May 9th.

In 1985, Terry Anderson, chief Middle East correspondent for The Associated Press, was abducted by gunmen in Beirut. He was released in December 1991.

In 1989, Kurt Browning became the fourth Canadian in 78 years to win the men's world figure skating championship. He would go on to win the title four times in five years. He ended his amateur career when he turned professional in 1994.

In 1994, Pt. Elvin Brown, 25, of the Canadian Airborne Regiment, was found guilty of manslaughter and torture in the death of 16-year-old Shidane Arone, a Somali who was killed while in the custody of the Regiment in Somalia in 1993. Brown was later sentenced to five years in prison and dismissed with disgrace.

In 1998, Commons Speaker Gilbert Parent banned the displaying of Canadian flags on MPs' desks in Parliament following an incident on Feb. 26 when Liberal and Reform MPs waved flags and sang "O Canada" in the House to drown out a question from Bloc Quebecois MP Suzanne Tremblay, who had complained of too many Canadian flags at the Olympic Games in Nagano, Japan. The next day, the Reform Party's motion to allow MPs to display Canadian flags on their desks in Parliament was defeated by a vote of 194-51.

In 1999, Senator Eric Bernston was sentenced to one year in jail for his conviction of fraud involving public funds when he was Saskatchewan deputy premier a decade earlier.

In 1999, the Dow Jones Industrial Average hit 10,000 points for the first time.

In 2000, seven preschool children on a day-care excursion were killed in a minivan accident 140 kilometres northeast of Montreal. An eighth child died in hospital on March 23rd.

In 2000, Thomas Wilson Ferebee, the American bombardier who dropped the atomic bomb on Hiroshima, died in Florida at age 81.

In 2005, Ripudaman Singh Malik and Ajaib Singh Bagri, of Vancouver and Kamloops, B.C., respectively, were found not guilty on all eight charges, including first-degree murder and conspiracy to commit murder, in the deaths of 331 people in the 1985 Air India bombings.

In 2005, a California judge gave Scott Peterson the death sentence for the 2002 murder of his pregnant wife, Laci.

In 2005, actor Robert Blake was acquitted of murder in the shooting death of his wife Bonny Lee Bakley in 2001. He was later found liable in a civil court and ordered to pay her children US\$30 million.

In 2007, Mississauga, Ont.-based Menu Foods issued a massive recall of pet foods after some pets became sick, and several died of kidney failure, after eating its products. The contamination was later traced to a Chinese supplier, who added the chemical melamine to bulk up wheat gluten used in the foods.

In 2008, JPMorgan Chase agreed to buy the troubled U.S. investment bank Bear Stearns for US\$236.2 million in a deal that represented a stunning collapse for one of the world's largest investment banks.

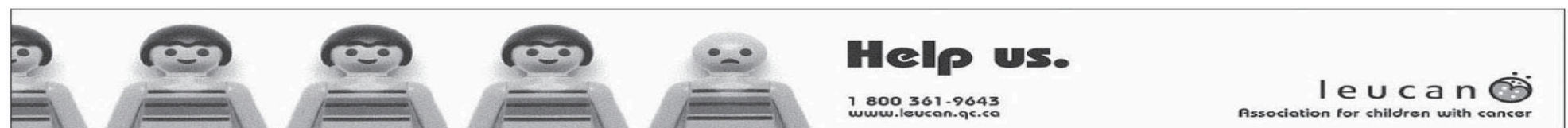
In 2008, Sergeant Jason Boyes, 32, of Napanee, Ont., was killed by an explosive device while on foot patrol in southern Afghanistan's Panjwai district.

In 2010, nearly four years after the sinking of Queen of the North off Gil Island, B.C., the ferry's navigating officer Karl Lilgert was charged with criminal negligence in the deaths of two passengers. (On May 13, 2013, he was convicted and later sentenced to four years in prison.)

In 2016, Statistics Canada announced the population topped 36 million for the first time. As of January 1, it stood at 36,048,500.

In 2017, Aydin Coban, 38, wanted in Canada for alleged involvement in online abuse in the case of 15-year-old B.C. teen Amanda Todd - whose suicide drew global attention - was sentenced to nearly 11 years in prison by a Dutch court for cyberbullying dozens of young girls and gay men. (In April, The Dutch Supreme Court approved his extradition to Canada.)

(The Canadian Press)



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RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

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With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

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Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

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For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Dear Annie

MONDAY, MARCH 16, 2020

Dear Annie: We have a friend whose spouse has many medical concerns. They are serious and can be life-threatening. However, in my opinion, the biggest concern is that every time we are with them, the conversation turns to these medical conditions. My own view is, "What a wonderful world!" But they see it in totally different terms.

We listen to the same health problems again and again and again. We understand it's a horrible thing to live with these numerous health issues, but these medical problems could be lessened if the spouse would be more responsible. What can be done to stop the constant conversation about health problems? – So Tired

Dear So Tired: It is important that, as a friend, you have lots of empathy for your friend's spouse with a serious, life-threatening condition. At the same time, part of being a good friend is having fun with them. Next time the conversation shifts to his medical issues, listen for a short amount of time to show that you care, and then change the subject to something more joyful.

If they try to bring it back to a tale of illnesses, explain that you are not an expert and she should save the details for her next visit to the doctor.

Dear Annie: I read with interest the letter from Karen in Kansas City about mice.

Last winter, I noticed evidence of mice in our pantry: holes in bags of birdseed, herb stuffing and chocolate. Being a completely sappy animal lover (yes, even mice – they are so cute), I bought two Havahart traps and captured 12 mice over a two-week period. Or maybe it was one mouse 12 times, but I'm convinced it was the former as there has been no evidence of mice since then.

To be sure the mice don't return, you must release them at least one mile away so that they can't find their way back. Luckily, we have a field about that distance from our house, so no one else should have visits from "our" mice.

I'm an artist and occasionally put a mouse in my paintings. – Mad About Mice

Dear Mad about Mice: I love the image of a sweet

little mouse sneaking into one of your paintings. What a clever idea! Thank you for sharing your tips to humanely trap and release mice. As a fellow animal lover, I welcome your kind and thoughtful wisdom.

Dear Annie: I just read the excellent letter from "Florida Fan" about people ill-equipped to handle problems related to family tragedies. The local Rockbridge Area Hospice in Lexington, Virginia, conducts a series of workshops entitled "Ducks in a Row," which deals with most of the situations mentioned in the letter. This is a monthly, 6 1/2-hour meeting with a workbook included, to enumerate and outline what to do, who to contact over a wide range of situations and how to get in touch with them. My wife and I are engaged in this workshop now. It certainly makes planning for that inevitable date much easier. – Still a While Before We Go

Dear Still a While: I hope it's a very long while indeed before you go – but your letter raises the importance of preparing now nonetheless. I've heard good things about the "Ducks in a Row" workshop. Thanks for suggesting a helpful resource.

Dear Annie: My wife and I have a 20-year-old son, "Joe," who has "failure to launch" syndrome. He coasted through high school, smoked pot, played video games and did the minimum to get by. After graduation, we agreed he could work part time and go to college, while living at home, although I would have preferred he work full time or join the service.

He took no classes over the summer and continued his part-time job delivering pizza for less than minimum wage and tips. Most days, he started work at 4:00 in the afternoon, and he got into the habit of coming home at 10:00 p.m., playing video games and/or partying with friends until 4 in the morning, and then sleeping or staying in bed until thirty minutes before work. If he was not scheduled for work, he would end up in the basement playing video games.

He successfully completed one college course in January. He started his second class in September and withdrew by October. He figured out college "was not for him." We told him he had to get a full-time job. The late-night partying and video games continued until December when we insisted he stop smoking pot and apply for jobs. Surprisingly, he ditched his

friends, quit pot and became a different person who was more outgoing and would talk with us.

Unfortunately, this didn't last more than four weeks. He never actually applied for any jobs and started partying with his friends again. At the end of January, my wife and I had had enough. I told Joe he had to have a full-time job by the end of March, or he had to move out.

Fast-forward to today: My wife doesn't want to kick Joe out because he told her he has no place to go.

At 20, I want Joe to grow up. I tell my wife that we have enabled his lifestyle for long enough and Joe needs an ultimatum to learn.

Since this is one of a few things my wife and I disagree on, we both agree we would follow your advice. By the way, Joe has refused individual counseling, and I know he wouldn't show up if he had a scheduled appointment. – Failure-to-Launch Father

Dear Failure-to-Launch Father: Tough love is tough to give, but that's what's needed here. The best thing you can do as Joe's parents is to stop enabling his self-destructive behavior. Stick with your deadline for his moving out. It's the right thing to do, though it might feel wrong. Consider attending therapy and Nar-Anon or Al-Anon to learn how to detach from Joe's situation. To quote Melody Beattie: "Detaching does not mean we don't care. It means we learn to love, care, and be involved without going crazy." Beattie's book "Codependent No More" might be helpful during this time, as well.

Dear Annie: I have licked my knife after meals all my life. Whenever my friend "Jill" and I are at a restaurant together, she tells me how gross it is and looks away. Doesn't everyone do this? – On the Edge

Dear Edge: Appearances aside, this just sounds dangerous. Even a butter knife could do some damage to your tongue. Why not scrape the food off your knife with your fork instead? It's safer and more sightly.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

Let us unite – we can do it!

As great rivers join into vast oceans
As good people unite for worthy motions
Such is the world I wish for future generations
A world of plenty, free of turmoil and aberrations.

I know we can do it if we all try,
If not, many good mothers will have to cry,
And the fungus of lost time will be spread
For these children will not care to move ahead!

In the comfort of our idle life, they wallow,
Thinking only of matters most useless and shallow,
Unhappy because of their lack of involvement,
They know only a life to criticism and self-lament.

Like the sky's rain bring eddies on the run
To join the waters of rivers to become one,
Mankind, too, can awaken idle bodies and minds,
To think big, to build, to improve things of all kinds!

G.L. Brown

I am ready, Lord!

I feel my elderly pains every day
Oh God, just let my life live itself for me
There are so many health obstacles in the way
I want to go on, no longer to worry over health, politics, nor society.

It has been a good life of non-selfish behaviour
Wherein I gave true love to my wife of many years
Now, I turn my thoughts toward Jesus, my saviour,
And face the future with confidence, and no fears!

I am ready, Lord, for the journey of mystery
Where I need no riches to be well respected
Once with you, I expect there is no need of a treasury
So my displacement will be humbly expected.

G.L. Brown

Best Friends

The homeless orphan sat still in the dirt
In every part of his body he felt hurt,
Abandoned and hungry, a dog stared at the worn-out man
The dog came slowly to him as if he could understand.
To the canine, he appeared to be a good friend –
Even if he had no food, their lives could blend,
The man held out his open hands as an invite
He knew somehow the dog would not bite.
The dog drew near, and licked the man's salty face
The man patted his head, made the dog a place
A little later I saw them leave to eat together
The dog now wearing a towel to fight the bad weather.

G.L. Brown

CELEBRITY CIPHER

by Luis Campos

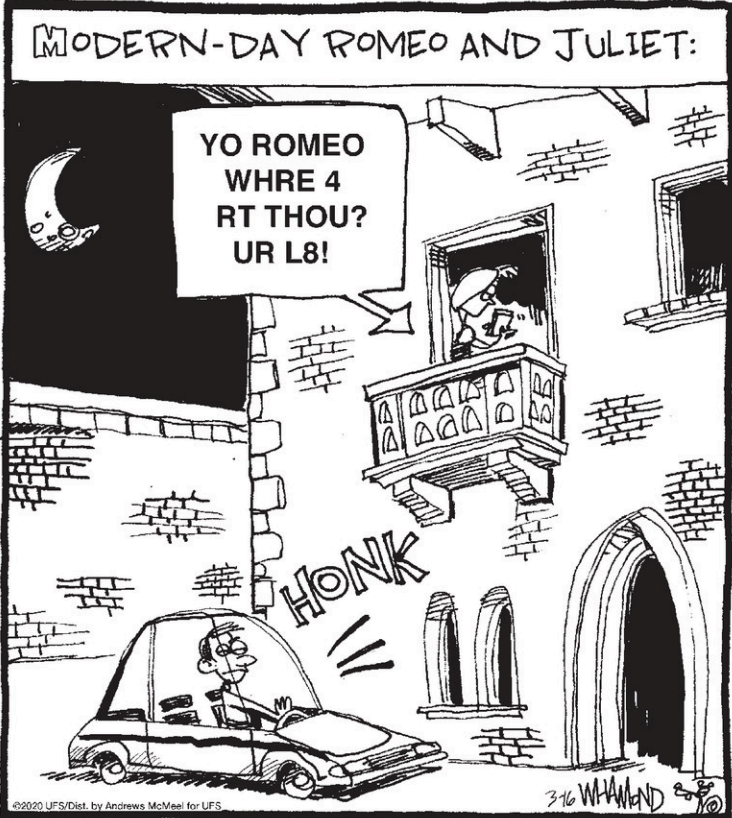
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"S' E Y DSU MSBTLFRLJJ EKNRPYSR
 UNZ. ... S VYR ONJP JSP AKF GKNFJ
 YRT ONJP BKKH YP PGL EKNRPYSRJ."
 — DFNVL TLF R

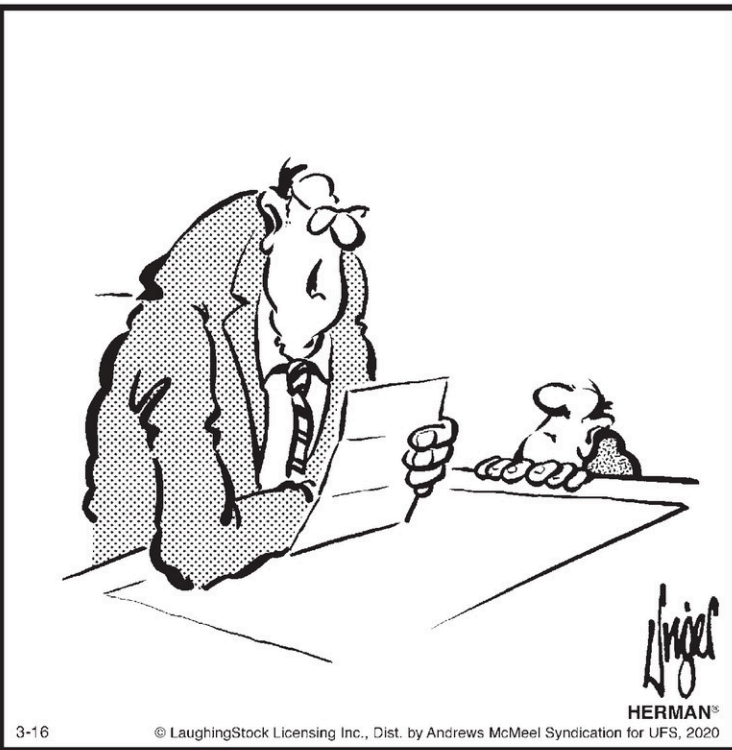
Previous Solution: "Willie Nelson's the one who told me the reason it cost so much to get divorced is because it's worth it." — Merle Haggard

TODAY'S CLUE: M s'tenbæ W

REALITY CHECK



HERMAN



"This says you have a tendency to grovel."

ALLEY OOP



ARLO & JANIS



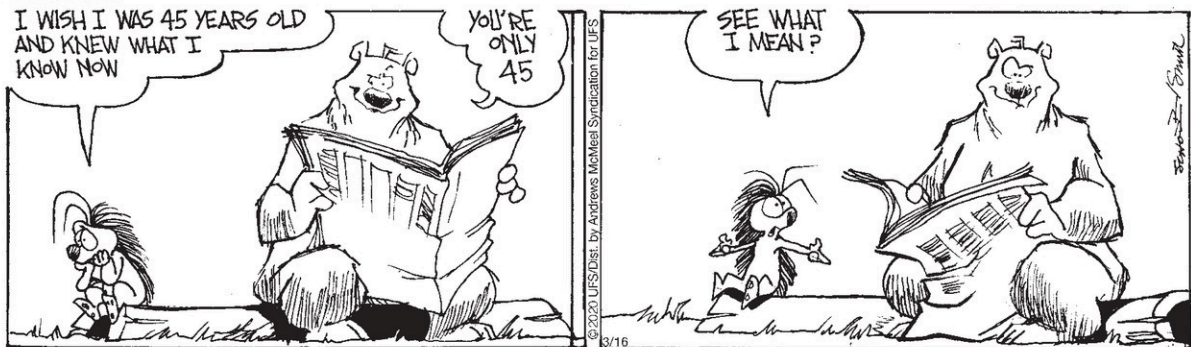
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FRANK AND ERNEST



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THE RECORD

Job opportunity - Reporter

The Record is seeking a full-time reporter to work in its newsroom thanks to funding provided by the Local Journalism Initiative, a Canadian Heritage program, administered in Quebec through the Quebec Community Newspapers Association.

The Record is the only English-language daily newspaper serving the Eastern Townships and has been recognized as the 'Voice of the Eastern Townships' for 123 years. It covers some 27 communities with significant English-speaking populations situated throughout the vast territory of the Eastern Townships

The Record is seeking a bilingual reporter with excellent English-language writing skills who understands the mandate of community journalism and the important role the newspaper plays in keeping readers informed on the social, political and economic issues that concern them in their daily lives. The position would include covering municipal council meetings, school board meetings, environmental and agricultural consultations, the courts and researching subjects that affect the community.

Given the vast territory, the successful candidate would need to be bilingual, flexible, have access to a vehicle and able to work well with the newsroom team to produce stories of the highest standard for both print and the web.

Qualifications

- The ideal candidate is:
- . a graduate of a college or university journalism program and/or significant professional experience working as a journalist
 - . an excellent communicator in English with a good working ability in French
 - . familiar with basic computer software including InDesign
 - . a capable photographer
 - . a licensed driver, preferably with a car
 - . deadline-oriented

An ability to work some evenings and weekends is essential (with time off provided during the week as compensation). Appreciation of community journalism and familiarity with the Eastern Townships are strong assets.

Applicants are invited to send a one-page covering letter along with a résumé to Sharon McCully, Publisher, The Record, at outletjournal@sympatico.ca
Deadline for application: Immediate

Bulwer Golden Age

March 3 - 69 members and guests gathered at the Bulwer Community Center. Six tables of 500 played, as well as 2 teams of carpet bowling.

Everyone assembled for supper, grace was said by Serena Wintle. Another wonderful meal prepared by Peggy Grapes and helpers, meat loaf with all the fixings, strawberry rhubarb sauce over cake for dessert.

Results of 500 were: Ladies 1st place Georgie Charland, 2nd place Elaine Royer and low score Louise Peasley.

Men's 1st place Durwood Dougherty, 2nd place Clayton Lackie and low score Clyne MacDonald.

Results of carpet bowling were: Red team (MaryLou, James, Jean and Carol) and the black team (Alberta C., Reg, Do-

ris and Allan) each won a game.

Door prizes were won by Bev Cote, Janet Casteur, Elizabeth Cope (prize returned), Blair Donnachie, Peggy Grapes and Jean Lackie.

Peggy's goodies were won by Ben Hodge, Evelyn Sutor, Fanny O'Hara and Jean Lackie.

Thank you to everyone who helped set up and clean up, it is always much appreciated.

*** Please note the club is looking for a cook for the fall. Please contact Keith Vintinner at 819-832-1583.

Submitted by
 Colleen Matthews



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DIFFICULTY RATING: ★☆☆☆☆

8	3		7		6	9	1
		5	9	6	8		4
			4		2		
2	6		1	4	9	7	
4			5			6	
3	7	6	9		4	8	
		1	8				
7		2		3	6	5	
8	6	4		2		3	1

3/16

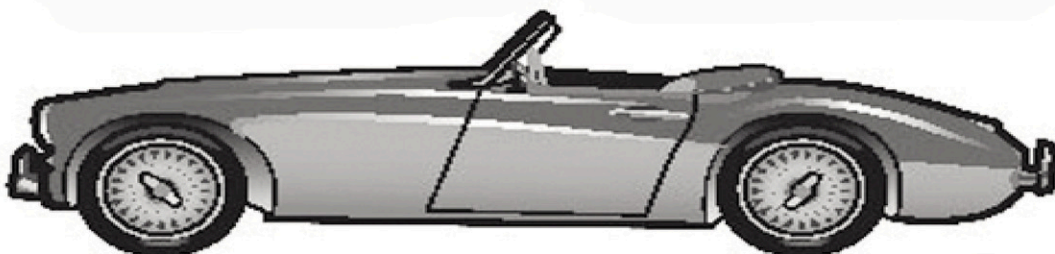
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PREVIOUS SOLUTION

1	4	6	2	7	9	3	8	5
8	7	5	6	3	4	2	1	9
3	9	2	8	5	1	4	6	7
4	3	8	5	2	7	1	9	6
5	6	1	3	9	8	7	2	4
7	2	9	4	1	6	5	3	8
2	1	4	9	8	5	6	7	3
6	8	7	1	4	3	9	5	2
9	5	3	7	6	2	8	4	1

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

YOU'VE GOT IT.



Somebody else wants it!

Got something you no longer use?
 Sell it in the Classifieds!

It may just be the perfect item to fill somebody else's need.



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NEA Crossword Puzzle

Your Birthday

ACROSS

- 41 Water, on the Seine
- 42 Docket entry
- 45 Bequest
- 49 Edge
- 50 Entreaty
- 53 A Guthrie
- 54 Uproar
- 55 Shock
- 56 Ooze
- 57 Canine command
- 58 Money repository
- 59 Summer cooler

DOWN

- 1 Earthen pot
- 2 Ayla's creator
- 3 Complete failure
- 4 Fraught
- 5 "Pulp Fiction" name
- 6 Clear liquor
- 7 Startled cry
- 8 Showed up
- 9 Cameo shape
- 10 Pallets
- 12 Perfect accord

Answer to Previous Puzzle

H	I	D	T	A	R	S	S	C	A	M	
A	R	E	R	I	C	A	L	A	M	A	
R	E	V	I	R	A	N	O	D	O	R	
S	N	I	P	P	Y	E	M	P	I	R	E
H	E	L	L	O	D	E	L				
	A	D	A	G	E	S	L	A	B		
L	O	O	N	W	A	R	D	A	L	E	
Y	O	R	E	L	P	N	U	C	L	A	
E	P	A	A	S	S	E	N	T			
	T	E	D	O	C	C	U	R			
A	L	O	N	S	O	A	D	H	E	R	E
T	O	R	T	R	I	N	D	D	A	S	
O	B	I	E	B	O	N	E	E	L	I	
P	O	O	R	S	U	E	D	S	S	N	

- 19 Fabric surface
- 20 Mineral find
- 22 Ms. McBeal
- 23 Existed
- 24 Rx writers org.
- 25 Legendary marshal
- 26 Trig function
- 27 Toga party site
- 28 Tan shade
- 29 Prefers charges
- 31 Luau strings
- 33 Orchestra leader — Baxter
- 35 Primeval
- 36 Spring
- 38 Strong soap
- 39 — kwon do
- 41 Fill with happiness
- 42 Zodiac animal
- 43 Staffer
- 44 EPA concern
- 46 Length x width
- 47 Outfitted
- 48 Coupling device
- 50 Sleepwear
- 51 Hawaii's Mauna —
- 52 Folkloric being

MONDAY, MARCH 16, 2020

Take advantage of opportunities that will have the most significant impact on what's important to you. It's time to fully engage in whatever you are most passionate about. If you are an innovative, aggressive participant, recognition will be yours. Significant stabilization will come from personal change and prudent investing.

PISCES (Feb. 20-March 20) - Move outside your circle and interact with people who can shine a new light on something that interests you. Make adjustments that will improve your current financial and domestic situations.

ARIES (March 21-April 19) - Turn your attention toward people and projects that excite you, and refuse to let anyone take advantage of you. Put your priorities first and do what's best for you.

TAURUS (April 20-May 20) - Fend for yourself and take credit for what you accomplish. The less contact you have with others, the easier it will be to get things done without interference. A personal pick-me-up will boost your morale.

GEMINI (May 21-June 20) - Search for a way to raise your earning potential or boost an investment that will enhance your retirement savings. A sensitive matter will confuse you. When in doubt, reserve judgment.

CANCER (June 21-July 22) - Follow your gut instinct and make your feelings and thoughts crystal-clear. Helping others and sharing your ideas will help

you get ahead. Romance is featured.

LEO (July 23-Aug. 22) - Step into the spotlight and be entertaining, but don't share your inner thoughts or beliefs. Put a smile on someone's face instead of raising controversial issues that will be divisive.

VIRGO (Aug. 23-Sept. 22) - If you show how passionate and willing you are to put your time and effort behind a cause you care about, you will make a difference and drum up support.

LIBRA (Sept. 23-Oct. 23) - Take a back seat and observe. Once you know where you stand among your peers, you can share your opinions with those who can help further your plans.

SCORPIO (Oct. 24-Nov. 22) - Surround yourself with people who build you up and encourage you to excel. Loyal friends with similar interests will help you expand your ideas. Make your feelings clear to a loved one.

SAGITTARIUS (Nov. 23-Dec. 21) - Alter your life or plans because you want to, not because someone is pressuring you. Do whatever you can to secure your finances and ensure that you live a healthy lifestyle.

CAPRICORN (Dec. 22-Jan. 19) - Forge ahead energetically. If you want something, go after it, and if you desire change, take the helm and implement what you want to happen. Romance will enrich your personal life.

AQUARIUS (Jan. 20-Feb. 19) - Express your thoughts. Discuss what you want to do and give others the freedom to do the same. Walk away from situations that limit or confine you.

MONDAY, MARCH 16, 2020

No longer cards of capitalism

By Phillip Alder

When the Soviet Union was the Soviet Union, bridge was an illegal game. Playing cards were considered an epitome of capitalist decadence. However, addicts managed to play in secret. The imagery of clandestine games brings to mind the intrigue of war movies. Now that the Soviet Union is many different nations, bridge has been allowed to come into the open. Since then, Russians have won world championships.

This deal took place during the Estonian Trial for a European Championship some years ago. It was beautifully defended by Kaarel Kaldjarv (West) and Yuri Aava.

At almost all tables, the final contract was four hearts by South. All the declarers except one got home on a crossruff. They took their three aces, three diamond ruffs in the dummy and four top trumps in hand.

Do you see how Kaldjarv and Aava defeated the game?

Kaldjarv won trick one with the spade queen. He continued with the spade six, won by East's 10. Aava cashed the spade ace, on which West threw

		North	03-16-20
		♠ K 9 3	
		♥ 10 7 6 2	
		♦ 3	
		♣ A 9 7 4 3	
West		East	
♠ Q 6		♠ A J 10 8 7	
♥ 5 4 3		♥ K	
♦ K 10 8 5 4 2		♦ Q 7	
♣ J 8		♣ K Q 6 5 2	
		South	
		♠ 5 4 2	
		♥ A Q J 9 8	
		♦ A J 9 6	
		♣ 10	
Dealer: East			
Vulnerable: Both			
South	West	North	East
			1♠
2♥	Pass	3♥	Pass
4♥	Pass	Pass	Pass
Opening lead: ♠ Q			

the club eight. Then Aava produced the killing thrust: He led another spade, on which Kaldjarv discarded the club jack.

Declarer could no longer score the club ace: West ruffed it.

Perhaps East was trying for a trump promotion with the fourth spade, but that doesn't detract from the successful defense.

1	2	3		4	5	6	7		8	9	10
11			12		13				14		
15				16					17		
18				19					20		
			21			22	23				
24	25	26			27				28	29	
30					31				32		33
34				35					36		
	37		38					39			
			40				41				
42	43	44				45			46	47	48
49				50	51	52			53		
54				55					56		
57				58					59		