

WEEKEND EDITION

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FRIDAY, JUNE 8, 2018

JEVI lottery nets \$105,620

Record Staff

The JEVI Suicide Prevention Center ended its 33rd annual fundraising campaign, the JEVI Lottery, on Wednesday, June 6, during a festive 5 à 7 held at the Julien-Ducharme Centre in Fleurimont. The evening was very popular with the some 300 ticket buyers gathered to see selection of the 11 JEVI Lottery Grand Prizes and 16 door prizes.

The JEVI Board Chair, Michel Thibault, took advantage of the large gathering in support of suicide prevention to remind the audience of what the sums raised by this fundraising activity are used for:

"In terms of self-financing, this annual lottery is our main engine," he said. "By contributing, you have helped us keep two professionals in service of people in distress and their loved ones. The evening is not just about JEVI, not just about you, who made this fundraising campaign a huge success again this year; this evening is about the connection between us and us all united in suicide prevention in Estrie."

Serge Caron, a member of the JEVI Lottery Committee, was pleased to announce the renewal of Mr. Billy Stergiou's exceptional gift of \$15,000 from the Sherbrooke Eggsquis Restaurants. This sum, added to the proceeds from ticket sales and other donations, allowed Honorary President Dr. Alain Côté to proudly announce a grand total of \$105,620 as the final tally of the campaign:

"JEVI is an essential resource in Estrie. Its mission is important: in a world where navel-gazing often wins over the heart, where everything goes so fast that the pains of our neighbours do not have a slot on the agenda. We need people who listen, people who guide, people who save lives and also people who console ... "He concluded "Alone, all that is impossible ... great things are done together! The network we are weaving for JEVI is solid and alive and you are all part of it. Thank you."

The list of winners is available on the JEVI website: www.jevi.qc.ca

Cookshire Elementary becomes a Living School



MATTHEW MCCULLY

A group of special guests were invited to tour Cookshire Elementary school, which has recently transformed into a 'Living School', incorporating nature into all aspects of the learning process to help reduce stress and benefit from the positive impacts, both mentally and physically, of being connected to the natural world.

Among the guests were members of the Eastern Townships School Board, representatives from Dawson College in Montreal, who are partners in the initiative, and members of the St. Francis Naturalists' Club, instrumental in keeping the environment on the minds of students by sponsoring guest lecturers in local schools. The club is credited for bringing the Living School idea to Cookshire through Dawson guest lecturer Chris Adam.

Visitors from Cape Breton University and University of Toronto were also in attendance to visit the living elementary school, which will likely serve as a model for other schools and campuses to follow in the future. See story inside on page 4

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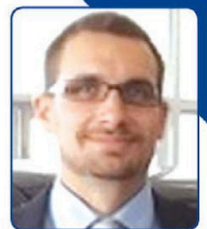
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LOW 8



SATURDAY:
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AND CLOUDS

HIGH 20
LOW 4



SUNDAY:
SUNNY

HIGH 19
LOW 7



MONDAY:
SUNNY

HIGH 24
LOW 5



TUESDAY:
SUNNY

HIGH 21
LOW 7

Precious Cargo by Craig Davidson



GOOD READS

LENNOXVILLE LIBRARY

Reviewed by Melanie Cutting

All children are special. This is something we all know and appreciate, but some children are simply more special than others. In 2008, when aspiring author Craig Davidson was at a low point, emotionally and financially, he applied for a job as a school lunch supervisor, and ended up driving the bus for the school system's "special needs" students for one year, four hours a day, five days a week. The experience proved to be, in his own words, "transformative."

Precious Cargo was nominated as one of the CBC's 2018 Canada Reads contenders, as the "One Book to Open Your Eyes". Although it didn't win—being eliminated in the second round of voting—it is a book well worth reading, and it does indeed open your eyes, albeit in a very humorous, entertaining and heartfelt way, unlike many of the more serious contenders for the Canada Reads

award.

As the author learns more and more about the lives lived by youngsters with disabilities through his daily interactions on the school bus, he is able to very effectively convey his knowledge and corresponding emotional growth to the reader. Davidson depicts himself as a very affable and easy-going guy, the perfect candidate for a bus driver of special needs students, certainly not one of the "by the book" drivers that he encounters regularly. The book opens with his keen writer's-eye take on the job interview and training. Although bus #3077 is old and small (actually a busette), it has been specially equipped to handle a wheelchair, a skill Davidson finds a bit intimidating at first. Finally, he is ready to roll.

There is only a handful of students on his little bus: 17 year old East Indian Nadja, who finds everything "nice" and favours the colour pink; Vincent, giant economy-sized Grade 12 student and pop culture expert; 13 year old autistic Gavin, non-verbal but physically expressive; Oliver, 13, video game nut with Fragile X Syndrome "an anomaly in the X chromosome...that can lead to delayed development - physical, intellectual, emotional or any combination of the three. Oliver's own signifiers seemed to draw a little from columns A, B and C"; and finally, Jake, 16 years old, uber-intelligent, quadriplegic, cerebral palsy victim. Four months earlier, Jake and his mother had been struck by a drunk driver, killing the mother and severely injuring Jake. "One of his lungs collapsed. The other had a hole in it. There were lacerations to the liver, bruising to the heart and kidneys. He suffered damage to his pancreas and lost two-thirds of his spleen. Two pelvic fractures. Broken nose. Cuts and bruises all over." And yet somehow, this young man, already dealing with so much, survived.

Although Davidson formed warm relationships with all of his passengers over the course of the year, he was especially drawn to Jake, to whom he became a surrogate big brother. "In the hundreds of hours we eventually spent together that year, on the bus and off, Jake never once seemed defeated. No, not once." Later, he describes the first time he got a laugh out of Jake: "He had the most wonderful infectious laugh - it bubbled up from the soles of his feet, a total body event. From that moment on, Jake's laugh became the equivalent of auditory cocaine: I'd do just about anything for a fix."

Eventually, Davidson feels completely

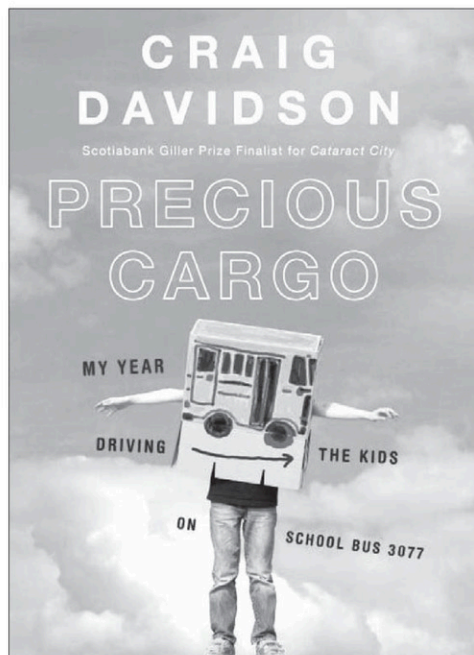
in his element with his charges because they all share a nerdy sensibility much like his own. "Rarely has a case of arrested development as profound as mine paid such handsome dividends."

One of the lessons the author learns in the course of driving the bus is that the kids do not sweat the small stuff. They are used to being different, and, for the most part, accept it. When Davidson witnesses some casual cruelty inflicted by local bullies, he is inspired to strike back. "There goes the retard bus, I heard one of them say. A dark curtain fell over my thoughts. My fingers tightened on the wheel. I couldn't recall ever being quite so enraged as I was at that moment." The confrontation that followed was futile, and possibly made a bad situation worse, but Davidson persists in defending his kids. "There would always be pointers and laughs. When we see this in children, it's understandable. But that year of bus driving taught me that far too many of us reach adulthood still thinking there's something inherently hilarious about disabilities. Or it could be the laughter is a kind of talisman, a means of warding off the swarming fear and confusion that many must have felt as my bus, with its passengers, crossed their sightline." It is realizations like this that elevates this book beyond the merely entertaining into the category of "one book to open your eyes."

Interspersed among the chapters of *Precious Cargo* are pages from another book, *The Seekers*, an unpublished novel, featuring characters bearing an uncanny resemblance to the five kids on the bus. It was a mystery as to why these excerpts appeared, and who wrote them, but towards the end of the book it becomes clear that *The Seekers* is Davidson's love letter to his "precious cargo", in which their alter egos are "oddballs and castoffs" but they also have extraordinary powers, and ultimately, it is their job to save the world.

In the final chapter, Davidson sums up his experience. "Here's the thing: every day was the best day, even the crappiest ones. Every single day I spent with those kids. And I was grateful, so incredibly grateful, because I knew I'd done nothing to deserve it"

Craig Davidson is the author of four books of literary fiction, including *Rust and Bone*, which was made into a film, and the multi-award nominated *Cataract City*. He also writes horror novels under the pseudonym Nick Cutter. *Precious Cargo* was written in 2016, and is available at the Lennoxville Library.



Ben by Daniel Shelton



LOCAL NEWS

The project, aptly called "La Manifestation", or "The Protest", allowed many students to realize the state our planet is in, and recognize their role in helping to save the environment.

Plastic protesters at Collège Mont Notre-Dame

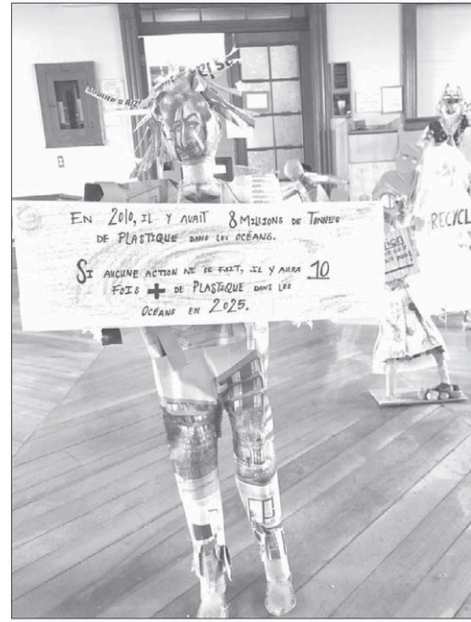
By Ocean Francoeur
Special to The Record

of the plastic variety.

The project, aptly called "La Manifestation", or "The Protest", allowed many students to realize the state our planet is in, and recognize their role in helping to save the environment.

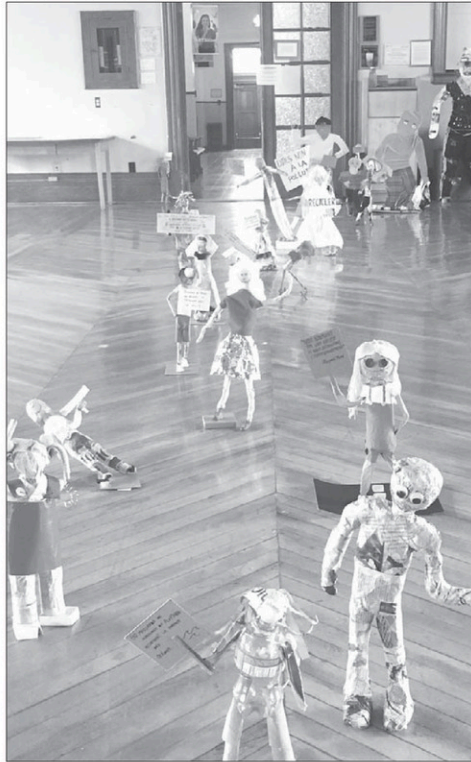
Their first step was to realize how much waste art projects create in the first place. Thus, the students created their characters out of anything they could find: old sunglasses, bits of fabric, yarn and, of course, plastic. The result is as amusing as it is eye opening.

Local all-girls high school Collège Mont Notre-Dame came under siege by some very special militants for a plastic-free environment last Wednesday and Thursday. As a part of a secondary five art project, students created miniature protesters, complete with picket signs, made of 100% recycled or recyclable materials to raise awareness on consumerism and pollution, especially



PICTURES BY OCEAN FRANCOEUR

"8 million tons of waste wind up in the sea!", sculpture by Mégane Mélançon



A small army of recycled "protesters" invaded Le Collège Notre-Dame this week



New Horizons for Seniors welcoming applications until June 23

Record Staff
SHERBROOKE

The New Horizons for Seniors Program (NHSP) supports projects that are designed by and for seniors and is designed to help seniors improve the quality of life in their communities by participating in social activities and leading more active lives. Eligible applicants can receive up to \$25,000 in the form of a grant under the Community-based Projects Component and up to \$5,000 in the form of a grant under the Small grants Initiative Pilot. Projects must address one or more of the program's five objectives: promoting volunteerism among seniors and other generations; engaging seniors in the community through the mentoring of others; expanding awareness of elder abuse,

including financial abuse; supporting social participation and inclusion of seniors, or providing capital assistance for new and existing community projects and/or programs for seniors.


The government has also introduced the following three national-level priorities inspired by the desire to solicit applications designed by seniors, for seniors: 1. Projects that would benefit vulnerable seniors populations; 2. Projects focusing on the diversity of Canada's seniors; and, 3. Projects that use volunteerism to increase an organization's capacity.

This year, NHSP is testing new ways to expand support to seniors organizations that have projects for their vulnerable population. They are specifically aimed for those that have not received funding in the last five years (since

2012). These organizations can apply for small grants of up to \$5,000 per project or for the Community-based funding of up to \$25,000 (but not for both). In the context of Small grants Initiative, priority will be given to projects for seniors that meet at least one of the three national priorities.

More information about the program and how to apply can be found on the federal government's website, www.canada.ca, by searching for "NHSP," or by calling 1-866-233-3194 or 1 800 255-4786.

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Cookshire Elementary becomes a Living School

By Matthew McCully

Cookshire Elementary (CES), the oldest among the ETSB elementary schools, has taken on a new life and a new purpose-to re-connect people, community and nature by becoming a Living School.

Under the guidance of Dawson College in Montreal, the elementary school students and staff have adopted a philosophy of sustainable happiness and well-being for all through a variety of activities and projects bringing nature into the school and classrooms on a daily basis.

The idea came about thanks to a long-standing program by the St. Francis Valley Naturalists' Club.

For around 25 years now, the club has been sponsoring visits to ETSB schools by naturalists and environmental specialists. Among them was Chris Adam, who happens to be the Coordinator for the Sustainability Office and Living Campus at Dawson College.

A Living Campus or school is a concept of integrating the natural world into all aspects of education in an effort to foster sustainability and benefit from the positive impact both mentally and physically, that comes with exposure to nature.

Adam paid a visit to Cookshire Elementary last year and the students were so engaged, that he was invited back for two additional days. Among the topics addressed was how nature is a free facilitator for stress reduction as well as 'a great creator of situations of wonder', as Adam put it.

At that point, interim principal Tina Jacklin started to think, "Why can't this be something we can do every day?"

According to Jacklin, the first step was for the staff to sit down and discuss their values and beliefs as a school, what they have, what they want to be, and what's important.

The school made the unanimous decision to get serious about the Living School concept and developed a part-

nership with Dawson College through Adam in December of 2017.

Cookshire, while still under several feet of snow, wasn't in a position to start gardening just yet, but Jacklin said one of the school's first initiatives was a garbage audit.

For a full week, the students went through all the garbage generated at the school each day, separating what could be recycled and composted. Jacklin said at the end of the week, the results of the audit were that of all the garbage from the school, only 9 per cent was real garbage, the rest could be recycled or composted.

In April, representatives from CES attended a Living School symposium at Dawson where Adam and CES worked to clearly define what the attributes of CES as a living school should be.

Since then, the teachers and students have been implementing the plan of action, incorporating the natural world into the school and classroom wherever and whenever possible.

CES made the announcement official yesterday, and invited local media and special guests on a tour of the new Liv-

ing School.

During the tour, the Grade 1 class was busy feeding the worm composter. On the menu today was apples and cucumbers. Jacklin said that the students keep worm journals, logging what the worms like and how they are doing. The students pointed out that the worms are big fans of bananas, but aren't especially fond of peeling.

Grade 5 and 6 students talked a science fair they had held recently, where the students did a variety of different experiments looking at the affects of pollution and the importance of protecting the environment.

On a table in the hallway of the school were dozens of little cups containing caterpillars. According to Jacklin, they are being raised by the students, and when they become butterflies, they will be released into the pollinator garden being developed on the school grounds.

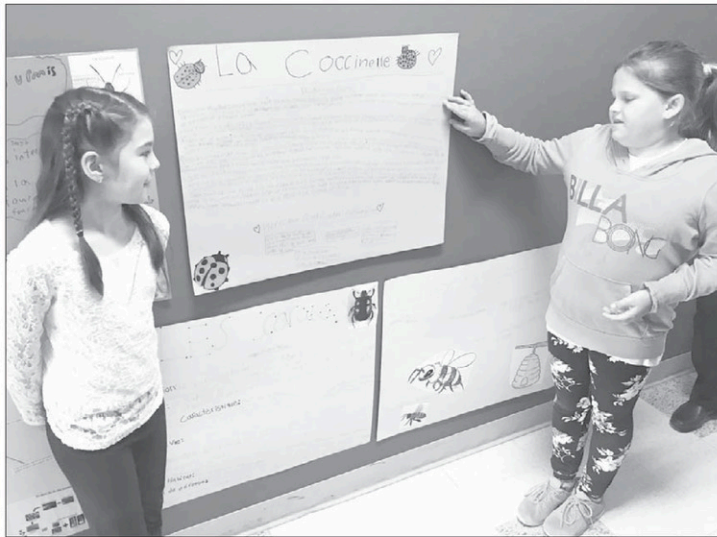
Jacklin then invited St. Francis Valley Naturalists' Club President David Wright, one of the special invited guests, to break the ground to plant a yellow plum tree, the first of what will become

a fruiting hedge bordering the schoolyard for the students to enjoy and cook with.



PHOTOS BY MATTHEW MCCULLY

A local beekeeper asked the students to decorate the hives, they happily obliged



Another group of students on the tour showed off a project their class had done about insects, sharing some interesting facts about ladybugs.



Principal Tina Jacklin at the entrance of the school with a painting of a tree with roots outstretched, spelling out CES' new philosophy as a Living School.



The tour continued out into the schoolyard where an inauguration was held for the Bugz Inn, an insect hotel built by the students near the border of the grounds.

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CPE workers reach agreement in principle

Record Staff
SHERBROOKE

The National CPE Employers Association (APNCPE) has announced the conclusion of an agreement in principle with the Estrie Early Childhood Workers' Union - CSN on the renewal of the employee collective agreement. The

Estrie region, which includes 12 early childhood education centres (CPEs) within this union, is the second APNCPE member region to conclude an agreement after the Montérégie.

"We are very pleased to have reached this tentative agreement and that it has been negotiated at the regional level," said APNCPE spokesperson Chantal

Bellavance. "We are of the opinion that this agreement is fair and satisfactory for both parties, who agreed to make certain concessions, while keeping the quality of services to heart. Both parties can be proud of the outcome of this negotiation and it is thanks to the listening and collaboration they have shown that we have reached an agreement. We are

relieved for the operators, staff, and parents who will no longer have to suffer the anguish and consequences of this negotiation."

Negotiations continue in the other two regions members of the APNCPE, namely Mauricie / Center-du-Québec, and Montreal / Laval.

Recyclables pick-up schedule changes

Record Staff

The City of Sherbrooke is reminding the public that the recyclables collections scheduled for Monday, June 4 and Tuesday, June 5 have been

postponed respectively to today, Friday, June 8 and tomorrow, Saturday, June 9.

Citizens affected by this change of schedule must place their recycling bins at the curb before 8 am, on the rescheduled day.

This temporary modification of the schedule is attributable to a reorganization of the activities of the Récup Estrie sorting center, which is responsible for sorting and repackaging recyclables.

It should also be noted that this

change does not affect the collection schedule for garbage and compostable materials.

Québec public service launches large-scale call for applications

The Québec public service (QPS) is launching a large-scale call for applications to recruit professionals in several fields and in all the administrative regions of Québec. The purpose of the call for applications, which will take place from June 7 to 19, 2018, is to qualify candidates for the three following employment groups: socioeconomic research and planning officer (105), administrative processes analyst (108) and administration specialist (111).

These three employment groups (105, 108 and 111) make up approximately 15% of all QPS positions, and there are currently more than 1500 positions avail-

able. While interdepartmental personnel are needed in all fields of expertise, resources are particularly scarce in the areas of: program development and evaluation, project management, administration and finance, economics, statistics and research.

The full-time and part-time positions to be filled are largely located in the Capitale-Nationale and Montréal regions, as well as in other administrative regions of Québec, such as Nord-du-Québec, Abitibi-Témiscamingue and Gaspésie-Îles-de-la-Madeleine.

"The Government of Quebec is working in collaboration with community or-

ganizations and institutions to encourage more English-speaking Quebecers to apply for a job in the civil service," said Kathleen Weil, minister responsible for Access to information and Reform of democratic institutions and minister responsible for Relations with English-Speaking Quebecers. "Over the next two weeks we will continue to remind people that now is the time to apply by spreading the word through the community networks. Increasing the number of applicants and creating a strong database of candidates is the first step towards increased representation of English-speaking Quebecers in the civil service."

In 2015, the QPS reviewed and improved its approach with regard to

staffing, and this is the first time that such a major recruitment process has been conducted since that will allow candidates to simultaneously qualify for three different job banks. Departments and bodies will then be able to identify candidates according to their profiles and the available positions.

Professionals interested in submitting their applications can consult the employment gateway to find out more about the various steps of the qualification process.

The QPS consists of more than 60 000 people working in some 20 departments and approximately 60 bodies throughout Québec, each with their own mission, resulting in highly diversified career opportunities.

GLIMPSES OF THE PAST



Sherbrooke Historical Society Collection

The Fletcher family is a key pioneer of the St-Élie region. Owners of a farm and a large section of Road VII North, the Fletchers make a name for themselves through their versatility. In addition to employing several workers on the Beaver Meadow farm, Harold-Bruce Fletcher also built a schoolhouse for the English population. This schoolhouse, in the lower left-hand corner of the photograph, was also used as a church by the neighbouring Anglican population. Established on the road to Montreal, the family owned most of the land between the current Hamel and Dion roads. Unfortunately, the fire that raged through their house in the spring of 1939 put an end to the family's presence in St-Élie.

INTERESTED BY HISTORY ?

Visit the bilingual exhibit, *Sherbrooke, a Place to Call Home*, presented in the *Andrée-Désilets* room of the Sherbrooke Historical Society.

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EDITORIAL

Despite his greatness Bruce was truly a man of the people who never touted his own horn.

Coulter was a breed apart

By Mike Hickey
SPECIAL TO THE RECORD

I have just returned from a visit to the College Football Hall of Fame in Atlanta, Georgia when I received two messages, a voice mail from my brother Pat and an e-mail from Eddie Pomykala informing me that longtime Bishop's University legend Bruce Coulter had passed away.

Ironically Coulter's death came within one day of the 15th anniversary of the death of long-time Canadian Olympic coach Jack Donohue. I was in Atlanta when this happened 15 years ago and the similarities between the two men are noteworthy.

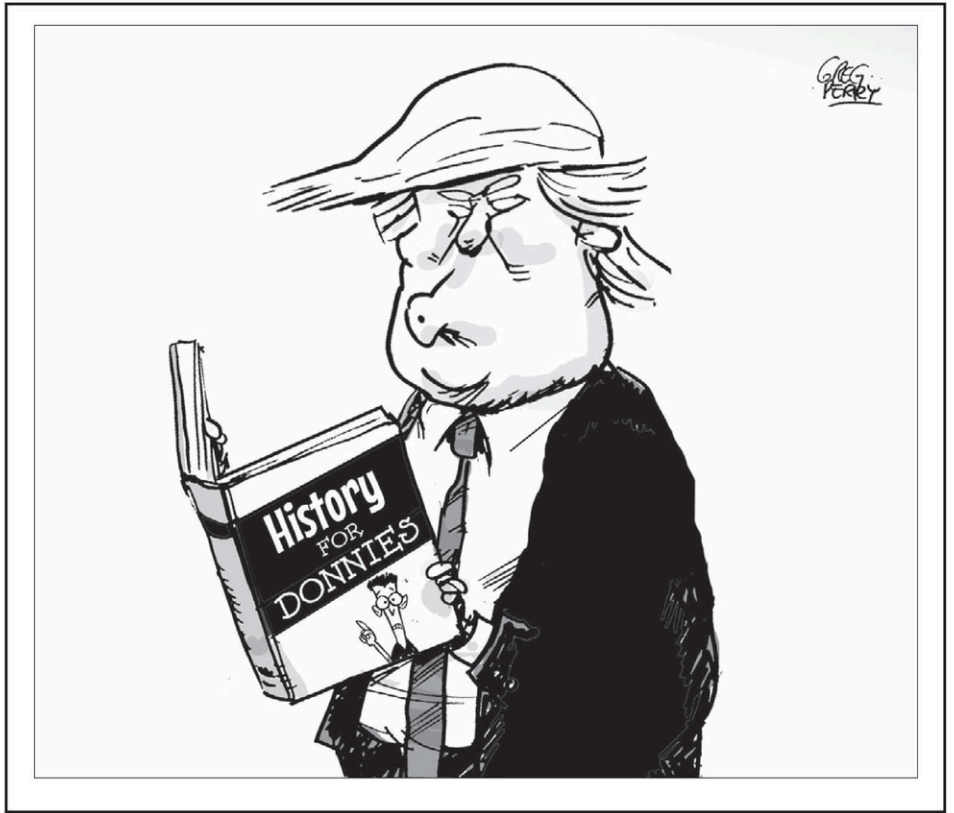
Donohue and Coulter were kindred spirits, men who were honoured for their coaching accomplishments but it was what they did off the basketball court and football field that made them special. Their ability to inspire and lead by example not only the athletes they coached but nearly anyone who had the pleasure and privilege of meeting them.

Coulter's achievements as football coach and athletic director are well documented. When he retired from coaching he was the winningest coach in Canadian university history and the re-

spect he enjoyed from his peers was evidenced by the establishment of the Bruce Coulter Trophy which is awarded annually to one of the two outstanding players of the championship game. As athletic director he was the person responsible for hiring basketball coaches Wayne Hussey and Eddie Pomykala who guided the Gaiters to three National Championships.

But Coulter's effect on Bishop's and the Lennoxville community goes far beyond athletic successes. He molded boys into men and set a sterling example of how to be a productive member of society. He not only believed in fair play, sportsmanship and doing things the right way, he implanted those ideas and values in his student-athletes on a daily basis. There is no question that he developed football players but more importantly he developed men who became leaders in their respective field. A family man, the Coulters' Lennoxville home was often a haven for students needing a room, a decent meal or just a friendly ear.

Despite his greatness Bruce was truly a man of the people who never touted his own horn. Even in his final years when injuries and illness took a severe toll, he always had a smile on his face



and time for anyone who wanted to chat.

In sports we too often equate success with wins and losses, championships and coach of the year awards. But the true value of any person is not their individual accomplishments but rather what they give, how they motivate, in-

spire and help others. It was Bruce's greatest attribute and those who benefitted from knowing him are richer for it. He was a man who walked the walk and did the right thing for the right reason.

May he rest in peace and may his life continue to inspire.

Another group of residents seeks to sue CP Rail over Lac Megantic rail disaster

By Sidhartha Banerjee
THE CANADIAN PRESS

A new group of mostly Lac-Megantic residents is seeking authorization from Quebec Superior Court to sue for economic and moral damages worth upwards of \$5 million relating to the Lac-Megantic rail tragedy in 2013.

Train engineer Tom Harding, Canadian Pacific Railway and Montreal, Maine & Atlantic, the defunct railway company at the heart of the disaster, are named in the court document filed in mid-May.

The motion to institute proceedings was filed in Lac-Megantic and involves 49 plaintiffs who opted to not join another, massive class-action with 5,000 people and businesses that was authorized in 2015 against the same defendants.

Earlier this year, the judge hearing that case joined it with a \$409-million Quebec government lawsuit and another lawsuit brought by insurance companies. That one trial is to be heard in September 2019.

On July 6, 2013, a runaway train hauling tanker cars loaded with volatile crude oil broke loose and barrelled into

the town of 6,000 in the wee hours before derailing and exploding.

It set off several massive blasts that wiped out a large swath of the downtown core and killed 47 people.

Three former MMA employees charged criminally in connection with disaster were found not guilty by a jury last January: Harding, rail traffic controller Richard Labrie and manager of train operations Jean Demaitre.

One month later, the Crown announced it would not appeal the verdicts.

The new filing, like the other legal challenges against the railway, alleges that Canadian Pacific was negligent in the leadup to the accident and should have known the product being shipped was volatile. It also states the company had responsibility for the cargo being shipped.

A Canadian Pacific spokesman said there would be no comment as the matter is under litigation, but the railway giant has previously denied any responsibility in the disaster because it handed off the trains to MMA for the final leg of

the journey.

The new motion describes the plaintiffs as people who resided in the Lac-Megantic area, owned or leased property there or were physically in the area at the time of the disaster and suffered losses.

A total of \$5.1 million is being claimed, with amounts varying from \$15,000 to \$1 million.

The motion says the amounts are being sought for various reasons, including stress, being forced from home and the loss of income, personal property or enjoyment of life.

A Quebec City law firm representing the 49 plaintiffs declined to comment further Thursday.

Charles Shearson, Harding's lawyer, said his client's name remains on the list of defendants despite his limited means.

"It's another legal problem," Shearson said. "I think his ultimate goal is to get all the legal processes out of the way so he can embark in some kind of healing, some kind of semblance of regaining a normal life for himself, given the circumstances."

THE RECORD

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Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2

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COLUMNIST

We accept the discomfort. We accept the boredom. We accept that our mind will never be completely still. And, somehow, through all of that acceptance, we find a place of serenity.

ONE COLUMN, FOUR VOICES

Opening to the Spirit

Today's word: Serenity

By Revs Mead Baldwin,
W. Lynn Dillabough,
Lee Ann Hogle, and
Carole Martignacco

1) My grandmother is the example of serenity for me. She raised a large family of seven during the depression, was a wonderful cook and watched her two oldest sons go off to war as teenagers. Through it all she was calm and faithful. I can picture her sitting quietly in church every Sunday, listening carefully. I have no memories of her getting angry or raising her voice even though my grandfather could be quite exasperating at times. For example, in the summer he would go out on the front porch, in only a pair of white shorts, and do calisthenics for the whole village to see. She would grimace, but kept calm.

As teenagers we had a family crisis. Our house burned down one Sunday morning three weeks before Christmas while we were at a church service. She opened her house to my Mom and Dad and us five kids for five months. We could be loud and loved to run up and down the stairs playing games. Every night we needed supper for ten, and we weren't light eaters. This might have been a difficult time, but her quiet serenity made it easier. She also had a good sense of humour. One Hallowe'en my Aunt created a haunted house in Grammie's home, and she became a witch who served us blindfolded kids human eyeballs to eat (which of course, were peeled grapes).

Her temperament came from a strong personal faith and a deep belief that whatever experiences life gives you can be endured and even celebrated. Whenever someone says the serenity prayer, I think of my Grammie.

2) Out of the whirlwind, away from the storm. Serenity is what surrounds me as I rest in this outdoor armchair contemplating the moving landscape, travelling with my eyes the rolling hills, drifting among sheer clouds, leaves whispering beneath the conversation of birds. I find serenity usually in nature, away from whirlwind human activity. It needn't be a calm beach under the midday sun; as well a rushing stream, busy always going where it's going, or paradoxically standing on the back porch in a thunderstorm. Immersed in nature, or visiting it

in memory, however I place myself in the midst of wildness, the unmade world restores me to a sense of deep peace inside. And brings me back to my center.

Serenity and peace are often paired in the same phrase. Just as peace is not merely the absence of war, serenity is not the absence of the rushing world, but rather the still point at its center. Centuries ago Lao Tse intuited what science has confirmed about this spinning planet we call home: "Thirty spokes share the wheel's hub; it is the center hole that makes it useful." Like the fire at the earth's core, serenity is that around which everything spins, and we with it.

Once in turbulent times I memorized these words of T.S. Eliot poem entitled The Still Point of the Turning World: "I said to my soul, be still and wait without hope, for hope would be hope for the wrong thing; wait without love, for love would be love of the wrong thing; there is yet faith, but the faith and the love are all in the waiting. Wait without thought, for you are not ready for thought: So the darkness shall be the light, and the stillness the dancing." Neither hope, nor love, nor faith...serenity is beyond them. In serenity we step back and tap into our own deep inner stillness at the soul's hub. We need not seek serenity, merely remember that it is always there waiting.

3) When my kids were small we had downstairs neighbours. These neighbours were a couple in their 60's who were into meditation. I know that they were into meditation because they often came knocking on our door to ask if the kids could stop making noise because it was their meditation time.

Maybe you know someone who could keep a two-year old and a seven-year old quiet for an hour in the early evening, but this was not going to happen in our house. They were not running wild, but they were playing with trucks and building blocks, dancing and telling stories. The neighbours gave up knocking on the door and started shouting up through the hallway "WE ARE TRYING TO MEDITATE!"

Serenity is something we often seek outside of ourselves. Once everything is done, once everything is quiet, then I will feel at peace. It is a fool's mission.

Everything in the world around us will never be serene. If serenity is to be found anywhere, it will be found inside. It is found inside when we accept the imperfections of the world and the people around us.

Meditation, for that couple, clearly was not working. But I still highly recommend it. We accept the discomfort. We accept the boredom. We accept that our mind will never be completely still. And, somehow, through all of that acceptance, we find a place of serenity.

4) Serenity is a state of being I wish I experienced more often. In my agenda-filled, task-oriented life, it is not something that can be conjured up at will. When I take time to 'be' rather than 'do,' I find I am more prone to be serene. But do I really need to stop all my activities?

Buddhist Satya Narayan Goenka teaches that when we are able to maintain our equanimity in the face of the trials and tribulations of life we have acquired serenity. He teaches the importance of being aware of our breathing at all times, as a tool to keep us grounded. In Christianity, Judaism and other faiths, the breath (ruach in Hebrew) can also mean spirit, indicating that it has long been somehow connected to our ability to access our spiritual nature.

Even as I sit here writing, becoming more and more aware of my breathing, I find myself becoming calmer, more thankful for my life and more centred. I

can imagine this life-giving oxygen entering my body and bringing energy and vitality to every single part, from my toes to the top of my head. Where does this air come from? Where does it go? I take it for granted so much of the time. Yet without my ability to breathe my connection to life is broken. At each baby's birth we wait anxiously until we hear that first breath expelled, signally that life has begun. At death we witness the last breath taken, sign that our time on earth has ended.

Our breath is intimately entwined with being, connected body and soul and reminding us, as Jesuit priest Pierre Teilhard de Chardin said, we are indeed "spiritual beings having a human experience." Why not experiment? Try paying attention to your breath all day. Experience the serenity that ensues and a door will open to your spirit.

One word, four voices - now it's your turn to reflect: How and where do you find serenity?

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rev. Lynn Dillabough is now Rector of St. Paul's in Brockville ON. She continues to write for this column as a dedicated colleague with the Eastern Townships clergy writing team; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco is Consulting Minister to UU Estrie-Unitarian Universalists in North Hatley.

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- June 8 - June 10: 11th Annual Back to the Beach Corvette Weekend!
- June 21 @ 8:00 am - June 25 @ 5:00 pm : Firecracker Baseball Tournaments
- July 3 @ 3:00 pm - 6:00 pm: Annual Ocean Park Sand Sculpture Competition.
- July 4 @ 10:00 am - 10:30 am: Ocean Park Annual 4th of July Parade
- July 4 @ 6:00 pm - 8:00 pm: Patriotic Concert featuring Don Campbell!
- July 4 @ 9:45 pm - 10:00 pm: Fourth of July Fireworks
- July 28 @ 7:00 pm - August 3 @ 9:00 pm: Evening Entertainment in the Square
- August 4 @ 6:30 pm - 10:00 pm: Ocean Park Illumination Night -
- August 17 @ 8:00 am - August 19 @ 5:00 pm: Old Orchard Beach Olympics
- August 26 @ 8:00 am - 5:00 pm: Ironman 70.3 Triathlon
- September 8 @ 7:00 am - 10:00 am: Eastern Trail Alliance-Lighthouse Bike Ride
- September 8 @ 10:00 am - 1:00 pm Annual Bikefest on the Pier -
- September 14 - September 15 25th Annual OOB Car Show
- September 15 @ 12:00 pm - 4:00 pm 10th Annual Chilifest on the Pier
- September 22 @ 10:30 am - 5:30 pm Wings 4 Wishes.

For additional information on family vacations in Old Orchard Beach, contact the Old Orchard Beach Chamber of Commerce at 207-934-2500.



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Les Concerts de la Cité, #Sherbylove edition

By Ocean Francoeur
Special to The Record

Les Concerts de la Cité, Sherbrooke's annual summer concert series, is gearing up for its 31st edition. On-going from June 28 to August 4, the series offers visitors free access to over 50 artists of any musical genre they could want over six different outdoor stages. No matter who you are or what your tastes happen to be, there's something for everyone au Concerts de la Cité.

"It's super convivial," said Annie Santarossa, who is the new co-ordinator of les Concerts de la Cité after 13 years of collaborating with artists for the event. "It lasts six weeks and there's at least one or two shows a day."

According to Santarossa, this year's installment will focus on Sherbrooke's own talented musicians with "Les Concerts midis". Happening every Tuesday and Thursday, these concerts will be reserved only for local, emerging artists such as Auguste, Sharp Four, Orford sur la Route, Lili K.O., Caracol and more.

"The entire event is based on discovering new artists," said Santarossa. "We want to showcase emerging talent, but they're balanced out with classics, like Shawn Philips. I feel like he is going to

attract an older crowd, which is exactly what we want. We want all generations to feel welcome and enjoy Les Concerts de la Cité. It brings people together."

Jazz, pop, hip-hop, folk, country and world music are all on the menu for the festival, added Santarossa.

"There's something for everyone. We have Shawn, who worked with Eric Clapton, the Lost Fingers, the Ringos, who cover classics from the Beatles, we even have an all-celtic group coming to perform," she continued. "It's very multicultural, to suit our city. Our next goal is to expand the festival. The people of Sherbrooke have adopted the event, but we want them to bring in even more people, like visiting friends and family."

Invited artists also include Andrea Lindsay, who performs jazz; Songs of Mercy, a Leonard Cohen tribute band; Boogát, a Mexican-Canadian artist; and Pierre Guitard, who won the Festival international de la chanson de Granby in 2017.

"The best part is when they clear the dance floor, then it truly becomes a dancing festival," commented Santarossa. "Its super enjoyable, and perfect for the whole family!"

Les Concerts midis will all be held at the Place de la Cité stage, located in the



PHOTOS BY OCEAN FRANCOEUR

courtyard behind the courthouse and the Éva Senécal library. Other show locations include the Carré-Strathcona stage, located in front of town hall, which will be ideal to catch a meal and a show, considering its proximity to all the

local terraces on Wellington.

In case of rain, outdoor shows will be relocated to either the Boquébère and Theatre Granada on Wellington street, or at Loubards, on rue Frontenac.



Magog announces beach and water games schedule

Record Staff

Weather permitting, Magog's municipal beaches will begin opening gradually this Saturday, June 9, according to the schedule below.

Water games

The water games at Horan Park are already open and those at the Hautes-Sources Park will be open as of Tuesday, June 12.

Beach schedule

Saturday, June 9 and Sunday, June 10: Opening of the West Beach, located in the Baie de Magog Park, from 11 a.m. to 6 p.m.

June 11 to 15: Opening of both East and West beaches in Baie-de-Magog Park, from 11 a.m. to 6 p.m.

From June 16 to August 19: the three

beaches (East, West and des Cantons) will be open from 11 a.m. to 6 p.m.

August 25-26, and September 1-3: Extension of the bathing season with all three beaches open from 11 a.m. to 6 p.m.

The municipal beaches are all supervised by a team of certified lifeguards to ensure the safety of swimmers.

For more information and to learn the quality of the water, consult the.magog.qc.ca/plages or the Beach-Info line at 819 746-2464.

Schedule of water games

The water games at Horan Park (275 Bowen Street) and Hautes-Sources (479, 18th Avenue) will be open daily from 8 a.m. to 8 p.m. during the summer period. An interactive map of parks in the city can be viewed at.magog.qc.ca/parcs.

Beaches and water protected by birds of prey

For the fifth year, the City of Magog is using a scaring technique incorporating trained birds of prey to keep waterfowl away. The excrement of the latter contributes to the deterioration of rivers and beaches, as well as helping to spread dermatitis among bathers. It is requested not to disturb the work of falconers.

Blue Flag Beach Certification

Again this year, thanks to the various actions taken by the City, the Blue Flag will fly in Magog, confirming that the City's beaches continue to meet the requirements of this international certification.

The Blue Flag is an eco-label awarded annually to beaches that meet 33 strin-

gent requirements in the following four categories:

- Environmental education and information;
- Water quality;
- Environmental site management;
- Security and services offered.

The purpose of the certification is to raise awareness and motivate local communities, visitors, and managers to become more respectful of the environment and contribute to the sustainable development of their beaches. The certification must be renewed every year and audits are conducted by Environmental Defense to verify that requirements are met.

Lady Gaga, Bradley Cooper sing in 'A Star Is Born' trailer

The Associated Press

Lady Gaga and Bradley Cooper sing in the first trailer for the upcoming remake of the 1937 film "A Star Is Born."

Cooper, who co-wrote and directed the film, stars as country singer-songwriter Jackson Maine. He's struggling with alcoholism until he meets Lady Gaga's character, Ally. They fall in love but face an uncertain future.

There have been several versions of the movie. The 1937 film featured Janet Gaynor and Frederic March. Judy Garland and James Mason starred in the 1954 version, and the 1976 rock musical featured Barbra Streisand and Kris

Kristofferson. The upcoming movie is scheduled to reach theatres Oct. 5.

Your week on TV

WEEKDAY MORNING															
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
WCAX 3	-	-	Channel 3 News Morning		CBS This Morning				Rachael Ray	The Doctors		The Price Is Right			
WPTZ 5	-	-	NBC5 News Today		Today				Live with Kelly and Ryan	Megyn Kelly Today		Today-Kathie Lee & Hoda			
CBMT 6	206	301	Daybreak		Napkin Man	Beat Bugs	Var. Programs	The Furch	Daniel Tiger	Pablo	Chirp	Super Why!	Dragons' Den		
CHLT 7	107	718	F	Salut bonjour (N) (SC)											
			M												
			T												
			W												
WMTW 8	-	-	WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan		The View				
CKSH 9	108	-	Toc toc toc	Pyjam.	Organisation	Salmigondis	Jack et	Mike-chevalier	Movie		Ricardo Squelettes				
CKMI 11	-	-	Global News Morning				Morning Show		Huntley Str't	Food Factory	Income Prop.	Holmes Inspection			
CFCF 12	205	312	Your Morning		Your Morning		Your Morning		Live with Kelly and Ryan		Marilyn Denis	Var. Programs	The View		
WVNY 22	-	-	Local 22 News This Morning				Good Morning America		The Dr. Oz Show		Paid Program		The View		
WUTV 60	-	-	Var. Programs	Paid Program	2 on Your Side Daybreak		Var. Programs	Forensic Files	The 700 Club		Couples Court	Couples Court	Maury		
CFKS 31	106	726	F	Infopublicité	NVL	La loi des nombres (SC)		Marvel	NVL en bref	Mémoire sous	NVL en bref	Histoire	Guerre-clans	Guerre-clans	Atomes croch
			M		NVL week-end				Chicago Police		Infopublicité				
			T		NVL										
			W												
WUHF -	363		Var. Programs	Good Day R	Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Jerry Springer		
WETK -	-		Classical Strt	World News	Ready Jet Go!	Cat in the Hat	Nature Cat	Curious	Pinkalicious	Daniel Tiger	Daniel Tiger	Splash	Sesame Street	Super Why!	
WCFE -	-		Wild Kratts	Odd Squad	Curious	Pinkalicious	Daniel Tiger	Daniel Tiger	Cat in the Hat	Dinosaur Train	Super Why!	Sesame Street	Splash	Arthur	
A&E	615	520	Paid Program	Paid Program	Parking Wars	Parking Wars	Bounty Hunter	Var. Programs	Bounty Hunter	Var. Programs	Dog the Bounty Hunter	Varied Programs			
BRAVO	620	523	F	The Disappearance (N)											
			M	Relic Hunter (N)											
			T	"Two Wrongs" (2015) Gillian Zinser, Ryan Blakely. (N)											
			W	"Kept Woman" (2015) Courtney Ford, Shaun Benson. (N)											
			Th	"Trigger Point" (2015) Jordan Hinson, Yani Gellman. (N)											
CNN	500	500	F	New Day With Alisyn											
			M	New Day With Alisyn											
			T	New Day With Alisyn											
			W	New Day With Alisyn											
DISC	520	505	F	Mayday "Collision Course"											
			M	Mayday "Getting Out Alive"											
			T	Mayday "Cruel Skies" (N)											
			W	Bones "The He in the She" (N)											
HIST	522	506	F	Airport: Below Zero											
			M	Ice Road Truckers											
			T	Yukon Gold											
			W	Canadian Pickers											
PARMT	628	584	Varied Programs				Bar Rescue		Bar Rescue		Varied Programs		Yukon Gold		
RDI	126	730	(5:00) RDI matin				Ransom		Movie		L'info		Isabelle Richer		
SHOW	616	521	Travelers				Ransom		Movie		Movie				
SLICE	601	562	ET Canada		Say Yes-Dress		Varied Programs								
TLC	521	560	Four Weddings				Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Varied Programs		My 600-Lb. Life		
TSN	400	400	F	SportsCentre											
			M	SportsCentre (N)											
			T	SportsCentre (N)											
			W	SportsCentre (N)											
YOUTH	551	542	F	Cloudy, Meat	Loud House	Loud House	SpongeBob	SpongeBob	Mysticons	Cloudy, Meat	Cloudy, Meat	The ZhuZhus	The ZhuZhus	Chuck's	Chuck's
			M	2018 U.S. Open Golf Championship First Round: Featured Groups 1. (N) (Live) (N)											

Your week on TV

WEEKDAY AFTERNOON													
Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	Across/ Fence	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Family Feud	Family Feud	Channel 3	3 News			
WPTZ 5	-	NBC5 News	Day Jeopardy	Days of our Lives	Steve	Dr. Phil	The Ellen DeGeneres Show	NBC5 News	NBC5 News				
CBMT 6	206	301	CBC News Network	Escape to the Country	The Goods	Heartland	Coronation St.	Bondi Vet	Murdoch Mysteries				
CHLT 7	107	718	(:02) Le TVA régional	Movie	Var. Programs	TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles				
WMTW 8	-	-	News	Access	The Chew	General Hospital	The Ellen DeGeneres Show	WMTW News 8 at 4pm	WMTW News 8 at 5PM				
CKSH 9	108	-	F	Telejournal	Regard	Les échangistes (SC)	*** "Les hommes préfèrent les blondes" (1953) (SC)	Monk (SC)	Agatha Raisin (SC)				
			M		Bleu (SC)	Le beau dimanche (SC)	*** "Confidences trop intimes" (2004) Fabrice Luchini.						
			T		Écrire	Les échangistes (SC)	Brokenwood (DVS) (SC)						
			W		La facture		*** "Les dames de Dagenham" (2010) Sally Hawkins.						
Th		L'épicerie		Inspecteur Barnaby (SC)				Miss Fisher (SC)					
CKMI 11	-	-	Global News	ET Canada	Days of Lives	Var. Programs	The Talk	Rachael Ray	Millionaire	The Young and the Restless	Global News		
CFCF 12	205	312	CTV News Montreal	The Social	Var. Programs	Dr. Phil	The Dr. Oz Show	The Ellen DeGeneres Show	CTV News Montreal at 5				
WVNY 22	-	-	Hot Bench	Hot Bench	The Chew	General Hospital	The People's Court	Judge Judy	Judge Judy	Judge Judy	Judge Judy		
WUTV 30	-	-	The Steve Wilkos Show	Maury	Var. Programs	Judge Mathis	Jerry Springer	Steve	Var. Programs	Family Feud	Family Feud		
CFKS 31	106	726	Atomes croch	Movie		Movie			Les Simpson	Les Simpson	Atomes croch		
WUHF	-	363	The Steve Wilkos Show	Maury	Varied Programs	Paid Program	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court		
WETK	-	-	Dinosaur Train	Peg & Cat	Sesame Street	Splash	Curious	Pinkalicious	Nature Cat	Varied Programs		World News	
WCFE	-	-	F	Haylie Pomroy's Metabolism Revolution! (SC)		Wild Kratts	Wild Kratts	World Turned Odd	Pinkalicious	Nature Cat	Daniel Tiger	Curious	
			M	Mountain Lake PBS Pledge		Ready Jet Go!		Odd Squad	Odd Squad				
			T										
			W										
Th													
A&E	615	520	Varied Programs										
BRAVO	620	523	Relic Hunter	Movie									
CNN	500	500	Inside Politics	Wolf		CNN Newsroom	CNN Newsroom	The Lead With Jake Tapper	Situation Room With Wolf				
DISC	520	505	F	CSI: New York "Trapped" (SC)	Mayday "Collision Course"	Twinn Turbos (SC)	Sticker Shock (SC)	Misfit Garage (SC)	Highway Thru Hell				
			M			Jade Fever	Jade Fever	Rocky Mountain Railroad	Bones (SC)				
			T			Bering Sea Gold (SC)	American Chopper (SC)						
			W			Deadliest Catch (SC)	Deadliest Catch "Purgatory"						
Th			Mayday "Deadly Distraction"	Mayday "Free Fall"									
HIST	522	506	F	M*A*S*H (SC)	M*A*S*H (SC)	Canadian Pickers (SC)	Ice Road Truckers (SC)	7 Days in Hell (SC)	7 Days in Hell (SC)	M*A*S*H (SC)	M*A*S*H (SC)		
			M										
			T										
			W										
Th													
PARMT	628	584	Varied Programs										
RDI	126	730	Telejournal	Les ex	L'info			Les ex	En direct avec Patrice Roy				
SHOW	616	521	F	Travelers "Jacob" (SC)	Lost Girl (SC) (DVS)	"Dear Mr. Gacy" (2010) William Forsythe, Jesse Moss. (SC)	Travelers "Jacob" (SC)	"Star Wars: Episode II"					
			M		Ransom "The Return" (SC)	** "Meltdown: Days of Destruction" (2006) Casper Van Dien.	Ransom "The Return" (SC)						
			T			"Love You to Death" (2015) Bree Williamson. (SC)							
			W			"What Comes Around" (2006) Emmanuelle Vaugier. (SC)							
Th			"The Perfect Girlfriend" (2015) Adrienne Frantz. (SC) (DVS)										
SLICE	601	562	Varied Programs	Sex & the City	Sex & the City	Housewives--Toronto	Varied Programs						
TLC	521	560	My 600-Lb. Life	Four Weddings	Four Weddings	Say Yes: ATL	Say Yes: ATL	Var. Programs	Say Yes	Say Yes			
TSN	400	400	SportsCentre	SportsCentre	Varied Programs				SportsCentre	Interruption			
YOUTH	551	542	Chuck's	Mysticons	The ZhuZhus	The ZhuZhus	Cloudy, Meat	Cloudy, Meat	Mysticons	Mysticons	SpongeBob	Loud House	

FRIDAY EVENING													JUNE 8, 2018	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Undercover Boss: Celebrity Edition "Jewel" (N) (SC)	Hawaii Five-0 McGarrett enlists the help of a hacker. (SC)	Blue Bloods Eddie arrests a loathed acquaintance. (SC)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (SC)				
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	American Ninja Warrior "Los Angeles City Qualifiers" Competitors face six obstacles. (SC) (DVS)	Dateline NBC (N) (SC)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (SC)				
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Rick Mercer Report	Just for Laughs: Gags	marketplace	The Investigators	the fifth estate An interview with Tamer El Noury. (SC)	The National (N) (SC)	CBC Montreal News (N)	CBC Arts: Exhibitionists	Coronation Street (SC)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	L'arme fatale Le meurtre d'un Texas Ranger. (SC)	** "Le transporteur 3" (2008) Jason Statham. Frank Martin a une liaison avec la fille d'un fonctionnaire ukrainien.	TVA nouvelles (:35) Sucré salé (SC)	(:05) ** "Grimby: agent trop spécial" (2016) Sacha Baron Cohen. Premiere. (SC)						
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2018 NBA Finals Golden State Warriors at Cleveland Cavaliers. (N) (Live) (SC)	WMTW News 8 at 11 (N)	(12:05) Jimmy Kimmel Live			
CKSH 9	108	-	Le Téléjournal Estrie (N)	Le TJ Extra ICI Estrie (N)	** "Les Bagnoles 2" (2011, Enfants) Larry the Cable Guy, Michael Caine. (DVS) (SC)	Voices of Owen Wilson, (DVS) (SC)	Fatale-Station Sarah expose sa réelle identité.	Le Téléjournal avec Pascale Nadeau (N) (SC)	(:05) "9: Le film" (2016) Stéphane E. Roy. Première. Neuf histoires s'entrelacent. (SC)					
CKMI 11	-	-	Global National (N) (SC)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	NCIS "Rogue" The team investigates a car explosion.	Hawaii Five-0 McGarrett enlists the help of a hacker. (SC)	First Dates "The List" (DVS)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (SC)			
CFCF 12	205	312	(5:59) CTV News Montreal (N) (SC)	etalk (N) (SC)	The Big Bang Theory (N)	American Ninja Warrior "Los Angeles City Qualifiers" Competitors face six obstacles. (SC) (DVS)	Blue Bloods Eddie arrests a loathed acquaintance. (SC)	News-Lisa	CTV News Montreal (N)	The Big Bang Theory (N)				
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (SC)	Jimmy Kimmel (:31) NBA Countdown	2018 NBA Finals Golden State Warriors at Cleveland Cavaliers. (N) (Live) (SC)	Local 22 News (N)	(12:05) Jimmy Kimmel Live				
WUTV 30	-	-	The Big Bang Theory (SC)	Judge Judy (N) (SC)	Judge Judy (N) (SC)	Family Feud (N) (SC)	Phenoms (N) (SC)	Phenoms (Season Finale) (N)	2 on Your Side at 10 (N)	Seinfeld (N) (SC)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS 31	106	726	Souper parfait	Souper parfait	L'arbitre	Code 111	911 "Jeune fille blessée"	** "Terminator 4: Rédemption" (2009) Christian Bale, Sam Worthington. John Connor défend l'humanité contre une armée des machines.	NVL (N)	Conversations intimes				
WUHF	-	363	Modern Family (SC)	Modern Family (SC)	The Big Bang Theory (SC)	The Big Bang Theory (SC)	Phenoms (N) (SC)	Phenoms (Season Finale) (N)	13WHAM News at 10 on Fox Rochester (N) (Live) (SC)	DailyMailTV (N) (SC)	The Simpsons (SC)	Johnny Cash, Dolly Parton		
WETK	-	-	PBS NewsHour (N) (SC)	BBC News-night	Vermont This Week (N)	Washington Week (N) (SC)	ForEveryone. net (SC)	American Masters This Is Bob Hope ... The career of entertainer Bob Hope. (SC)	Nightly Business Report	Amanpour on PBS (N) (SC)	BBC World News (N) (SC)			
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (SC)	Mountain Lake Journal	New York Now	Andrea Bocelli -- Landmarks Live in Concert: A Great Performances Special (SC)	Suze Orman's Financial Solutions for You Finding financial solutions. (SC)					
A&E	615	520	(5:00) Live PD "Live PD -- 06.02.18" Riding along with law enforcement. (SC)	(:06) Live PD: Rewind "Live PD: Rewind No. 117" (N) (SC)			Live PD "Live PD -- 06.08.18" Riding along with law enforcement. (N) (SC)							
BRAVO	620	523	Bones The murder of an aspiring singer. (SC)	Bones "The Pain in the Heart" Serial killer strikes. (SC)	Bones The murder of a young British heiress. (SC)	The Handmaid's Tale "After" (SC)	(:15) Hard Sun "Not the End of the World" Daniel gets in Grace's crosshairs. (SC)	Bones A woman's car is run off the road. (SC)						
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) (SC)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360					
DISC	520	505	American Chopper The Teutons air out family drama.	MythBusters Testing a bathroom hand dryer. (SC)	** "Star Trek IV: The Voyage Home" (1986) William Shatner. Premiere. The Enterprise crew travels to 20th-century San Francisco. (SC)	How It's Made (SC)	Mayday "Deadly Delay" (SC)	"Star Trek IV"						
HIST	522	506	Pawn Stars (SC)	Pawn Stars (SC)	Swamp People Mother Nature dishes up a disaster. (SC)	Swamp Mysteries With Troy Landry "Gator vs. Python"	American Pickers The guys encounter a tough negotiator.	American Pickers Mike finds a Jell-O ice cream wagon. (SC)	Pawn Stars (SC)	Pawn Stars (SC)	American Pickers (SC)			
PARMT	628	584	Ink Master The artists burn designs onto chaps.	Ink Master The artists paint Dave's own guitars.	Ink Master The artists are pitted against Oliver.	** "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton. A black man coaches high-school football after integration. (SC)	Ink Master Athletes choose their artists.							
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	24/60 "Émission spéciale - G7" (N) (SC)	Le Téléjournal avec Pascale Nadeau (N) (SC)	RDI économie (N) (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)			
SHOW	616	521	(5:00) ** "Star Wars: Episode II -- Attack of the Clones" (2002) Ewan McGregor, Natalie Portman. (SC)	** "Star Wars: Episode III -- Revenge of the Sith" (2005) Ewan McGregor, Natalie Portman. (SC)	Anakin Skywalker joins the dark side and becomes Darth Vader. (SC)	** "Star Wars: Episode III -- Revenge of the Sith" (2005) Ewan McGregor, Natalie Portman. (SC)	** "Star Wars: Episode III -- Revenge of the Sith" (2005) Ewan McGregor. (SC)							
SLICE	601	562	Sex and the City (SC)	Sex and the City (SC)	Killision Course A path to murder ignites. (SC)	Killision Course A man offers a troubled woman stability.	** "The Social Network" (2010) Jesse Eisenberg, Andrew Garfield. Legal and personal complications follow Facebook's founding. (SC)	* "I Don't Know How She Does It" (2011) (SC)						
TLC	521	560	Say Yes to the Dress (SC)	Say Yes to the Dress (SC)	Say Yes to the Dress Camila wants a black dress. (SC)	90 Day Fiancé: Happily Ever After? Annie questions her marriage to David. (N) (SC)	90 Day Fiancé (:44) My 600-Lb. Life (N)	90 Day Fiancé: Happily Ever After? Annie questions her marriage to David. (SC)						
TSN	400	400	SportsCentre (N) (Live) (SC)	That's Hockey!	Road to the World Cup	MLS Soccer Toronto FC at Philadelphia Union. From Talen Energy Stadium in Chester, Pa. (N) (Live) (SC)	SportsCentre (N) (Live) (SC)	CFL Preseason Football Winnipeg Blue Bombers at BC Lions. (N) (Live) (SC)						
YOUTH	551	542	Henry Danger	Game	Thundermans	Knight Squad	Genius Junior (N) (SC)	** "Alice in Wonderland" (2010) Johnny Depp. (SC)	Assembly	Assembly	Alice-Wonder.			

Your week on TV

SATURDAY DAYTIME JUNE 9, 2018

Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	
WCAX	3	-	-	CBS This Morning: Saturday (N) (LIVE)			Lucky Dog (EI)	Dr. Chris: Pet Vet	Innovation Nation	The Inspectors	Paid Program	Suburban uprising:	AAA Benefits	PiYo Workout!	XTERRA Advent.	XTERRA Advent.	PGA Golf	
WPTZ	5	-	-	Health & Happiness	Champ Within	2018 French Open Tennis Women's Final. From Roland Garros Stadium in Paris. (N) (Live)						The Voyager	Wilderness Vet	To Be Announced		Track and Field IAAF Diamond League: Oslo.		
CBMT	6	206	301	True Rainbow	(:45) PJ Masks (L)	Addison (N)	Wandering Wenda (L)	(:15) Pablo (EI)	Stella & Sam (L)	Daniel Tiger	Napkin Man	Our Montreal (L)	World Rugby Sevens Series			Track and Field IAAF Diamond League: Oslo. From Oslo, Norway. (Taped) (L)		
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			Bien "Kim Thuy" (N)	Arrive en campagne	Du coeur et	Pilote Académie	TVA nouvelles (N)	Chacun sa route (N)	Infopublicité (SC)	Les gags (SC)	"Les visiteurs: la révolution" (2016, Comédie) Christian Clavier, Jean Reno. Premiere. (SC)			
WMTW	8	-	-	Good Morning America (N) (L)	Jack Hanna	Ocean Treks	Sea Rescue (EI)	The Wildlife Docs	Rock the Park	Vacation Creation	Tai Cheng	Tai Cheng	Paid Program	PiYo Workout!	Nightline (L)		World of X Games (N)	
CKSH	9	108	-	Sous les mers	aven Blinky Bill	MBC - Chasseurs	Arthur	Vite pas vite (SC)	Spirou et Fantasio	Estrie	L'épicerie (SC)	Telejournal	Premières rencontres	1001 vies "Le canon du ramadan" (N) (SC)		Eli Stone (DVS) (SC)	Capitaine Marleau "Philippe Muir"	
CKMI	11	-	-	Fish'n Canada	Real Fishing	Adventure North	Fishful Thinking	Money Moron	Paid Program	Powerboat Television	Driving Television	Restoration Garage "Car Love" (L)	Taken Bryan Mills survives a plane crash. (N)		Leave It to Bryan	Leave It to Bryan	PGA Golf	
CFCF	12	205	312	Your Morning Weekend (N) (L)	It Is Written (N)	Celebrity Style Story	Operation Smile (L)	It Is Written (L)	Cash Cab (L)	SportsCentre (N) (L)	Sidelines (L)	Moneytalk (N)	*** "Ocean's Thirteen" (2007, Comedy-Drama) George Clooney, Brad Pitt. (L)					
WVNY	22	-	-	Good Morning America (N) (L)	Jack Hanna	Ocean Treks	Sea Rescue (EI)	The Wildlife Docs	Rock the Park	Vacation Creation	AAA Benefits	Suburban uprising:	HydroShot	HydroShot	Nightline (L)		World of X Games (N)	
WUTV	60	-	-	Larry King Special	PiYo Workout!	Tai Cheng	Boost Your Stamina	Paid Program	Paid Program	Paid Program	Airbrushed Beauty	Raw Travel (L)	Raceline	NASCAR Prerace			NASCAR Racing Xfinity Series: LTI Printing 250. (N) (Live)	
CFKS	61	106	726	Atomes crochus	Atomes crochus	Atomes crochus	Atomes crochus	RPM Le Subaru Crosstrek Sport Tech 2018.	RPM Plus L'univers du karting.	Infopublicité	Allume-moi!	Tout s'embellit	*** "La Défense Lincoln" (2011, Suspense) Matthew McConaughey, Marisa Tomei.					
WUHF	-	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci	Paid Program	Paid Program	Paid Program	Airbrushed Beauty	Big Bang Theory	Big Bang Theory	NASCAR Prerace	NASCAR Racing Xfinity Series: LTI Printing 250. (N) (Live)			
WETK	-	-	-	10 Day Belly Slimdown With Dr. Kellyann (L)	Outdoor Journal	MotorWeek (N)	Lidia's Kitchen (L)	Kimball's Milk Street	Nigella: At My Table	Martha Bakes (L)	Test Kitchen	Cook's Country	Woodwright	This Old House (L)	Ask This Old House	Antiques Roadshow	My Grandpa's	
WCFE	-	-	-	Wild Kratts "Mimic" (L)	Wild Kratts "Mimic" (L)	Odd Squad: World Turned Odd (L)	Mountain Lake PBS Pledge										Mountain Lake PBS Pledge	
A&E	615	520	-	Flipping Vegas "Red Rock House" (L)	Flipping Vegas "Creepy coldblooded creatures."	Zombie House Flipping (L)	Zombie House Flipping (L)	Biography "The Gambinos: First Family of Crime" Carlo Gambino; Paul Castellano. (L)			Mobsters "John Gotti" John Gotti. (L)		Live PD: Rewind (L)					
BRAVO	620	523	-	Bones The murder of a young British heiress.	Bones A college-basketball player dies.	Bones A woman's car is run off the road. (L)	Bones Max goes on trial for murder. (L)	Bones The murder of an aspiring singer. (L)			Bones Serial killer strikes. (L)		Bones The murder of a young British heiress.		Wedding Planner Mystery" (2014) (L)			
CNN	500	500	-	New Day Saturday (N)	Smerconish (N) (L)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
DISC	520	505	-	Railroad Alaska "Ice Rescue" (L)	Alaska: The Last Frontier (L)	Highway Thru Hell "Beer O'Clock"	Canada's Worst Driver "It All Begins Now"	Heavy Rescue: 401 (DVS)		Mayday "Deadly Delay" (DVS)	*** "Star Trek IV: The Voyage Home" (1986) William Shatner, Leonard Nimoy. (L)							
HIST	522	506	-	Paid Program (L)	Paid Program (L)	Ice Road Truckers "The Art of Survival"	American Pickers "Bucking Bronco" (L)	Pawn Stars (L)	Pawn Stars (L)	Bud Empire (L)	Bud Empire (L)	Swamp People "United We Stand" (L)	Swamp Mysteries With Troy Landry (L)	Big Easy Motors (L)	Big Easy Motors (L)			
PARMT	628	584	-	Bar Rescue "Turtle on Its Back"	*** "Rocky" (1976, Drama) Sylvester Stallone, Talia Shire, Burgess Meredith. A heavyweight champ gives a club fighter a title shot. (L)	*** "Rocky III" (1982) Sylvester Stallone, Mr. T. A merciless contender forces Rocky into a title match. (L)	*** "Rocky IV" (1985) Sylvester Stallone, Talia Shire. (L)			Sommet du G7 (N)								
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)	L'info (N) (SC)			L'info (N) (SC)	Telejournal	Telejournal	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	Sommet du G7 (N)				
SHOW	616	521	-	"Killing Mommy" (2016, Suspense) Yvonne Zima, Claire Rankin, Rob Stewart. (L)	*** "Star Wars: Episode III -- Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman, Hayden Christensen. (L)			Family Guy (L)		Family Guy (L)	Family Guy (L)	Family Guy (L)	Family Guy (L)	"Star Wars: Episode I -- Phantom"				
SLICE	601	562	-	Paid Program (L)	Paid Program (L)	Try Yoga!	Paid Program (L)	"The Wedding Chapel" (2013, Drama) Emmanuelle Vaugier, Mark Deklin. (L)		First Dates (L)	First Dates (L)	Stripped "Ariana & Ryan" (L)		*** "The Social Network" (2010, Drama) Jesse Eisenberg, Andrew Garfield. (L)				
TLC	521	560	-	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	
TSN	400	400	-	Tennis Channel Live at Roland Garros (N)	2018 French Open Tennis Women's Final. From Roland Garros Stadium in Paris. (N) (Live)			SportsCentre	CFL Preseason Football	Hamilton Tiger-Cats at Montreal Alouettes. From Percival Molson Memorial Stadium in Montreal. (N) (Live)	Soccer France vs United States. (N)							
YOUTH	551	542	-	Sponge.	Loud	Loud	Loud	Danger	Cloudy	Cloudy	Turtles	*** "Madagascar: Escape 2 Africa" (2008)		Sponge.	Sponge.	Sponge.	Loud	

SATURDAY EVENING JUNE 9, 2018

Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	(3:00) PGA Tour Golf FedEx St. Jude Classic, Third Round. (N) (Live)	Channel 3 News	Weekend News	Entertainment Tonight (N) (L)	Ransom "Hardline" (N) (L)	48 Hours (L)		48 Hours (L)		Channel 3 News	Friends (L)	Person of Interest			
WPTZ	5	-	-	150th Belmont Stakes From Belmont Park in Elmont, N.Y. (N) (Live)	(:15) Jeopardy!	Wheel of Fortune	Taken Bryan must protect his cousin. (N)	Dateline NBC (N) (L)		NBC5 News		(:29) Saturday Night Live (L)						
CBMT	6	206	301	Equestrian RBC Grand Prix. From Spruce Meadows in Calgary. (N) (Live)	Montreal News	market-place (L)	The Nature of Things (DVS)	Still Standing	Still Standing	"The Bang Bang Club" (2010, Drama) Ryan Phillippe, Taylor Kitsch. (L)		Just for Laughs (L)		Winnipeg Comedy				
CHLT	7	107	718	(:15) * "Laube rouge" (2012, Action) Chris Hemsworth, Josh Peck. (SC)	TVA nouvelles (N)	** "Le Royaume interdit" (2008, Action) Jackie Chan, Jet Li. (DVS) (SC)	** "Red 2" (2013, Action) Bruce Willis, John Malkovich. (DVS) (SC)	(:45) TVA nouvelles		(:15) *** "Capitaine Phillips" (2013) Tom Hanks. (SC)								
WMTW	8	-	-	World of X Games	AAA Benefits	Paid Program	WMTW News 8 at	World News	Paid Program	Jeopardy! (L)	The Crossing "The Androcles Option" (N)	The Crossing "These Are the Names" (L)	20/20 A rape accusation divides a town.		WMTW News 8	Rizzoli & Isles "Living Proof" (L)		
CKSH	9	108	-	(3:00) Capitaine Marleau "Philippe Muir"	La semaine verte (N) (SC)	Telejournal	À la val-drague	1001 vies Jean Chrétien se révèle. (N)	Les enfants de la télé Diane Jules.	Outlander: le chardon et le tartan	Le Télé-journal	(:40) À la val-drague	(:10) Les pêcheurs		(:40) *** "La femme invisible"			
CKMI	11	-	-	(3:00) PGA Tour Golf FedEx St. Jude Classic, Third Round. (N) (Live)	Global News at 6	Global National	Border Security	Border Security	Ransom "Hardline" (N) (L)	Home to Win "The Master Plan" (N)	Houdini & Doyle "A Dish of Adharma" (L)	Global News	(:29) Saturday Night Live (L)					
CFCF	12	205	312	(2:00) *** "Ocean's Thirteen"	Seinfeld (L)	Big Bang Theory	CTV News Montreal (N) (L)	W5 Alex Cuba finds inspiration in B.C. (N)	The Crossing "The Androcles Option" (N)	The Crossing "These Are the Names" (L)	The Detail "Off the Path" (Season Finale)	News-Rinaldo	CTV News Montreal	Workaholics (L)				
WVNY	22	-	-	World of X Games	Johnny Cash	Burnett Cash	World News	Local 22 News (N)	Extra (N) (L)	The Crossing "The Androcles Option" (N)	The Crossing "These Are the Names" (L)	20/20 A rape accusation divides a town.		Local 22 News (N)	Scandal Cyrus faces his biggest challenge.			
WUTV	60	-	-	** "Just a Kiss" (2002, Romance-Comedy) Ron Eldard, Kyra Sedgwick, Patrick Breen.	Big Bang Theory	Big Bang Theory	MLB Baseball New York Yankees at New York Mets. From Citi Field in Flushing, N.Y. (N) (Live)	2 on Your Side at 10		Big Bang Theory	Love Connection "Kirstie & Joe" (L)	HallOates						
CFKS	61	106	726	"Déf. Lincoln"	** "Romy et Michèle, les reines de la soirée" (1997) Mira Sorvino, Lisa Kudrow.	* "Batman et Robin" (1997, Action) Arnold Schwarzenegger, George Clooney, Chris O'Donnell. Premiere.	(:15) ** "Batman à jamais" (1995, Action) Val Kilmer. Premiere. Batman et Robin affrontent un nouveau duo de criminels.		Conversations									
WUHF	-	-	363	*** "The Polar Express" (2004) Voices of Tom Hanks, Michael Jeter, Nona Gaye. (L)	Johnny Cash	Big Bang Theory	MLB Baseball New York Yankees at New York Mets. From Citi Field in Flushing, N.Y. (N) (Live)	WHAM News	Engagement	Love Connection "Kirstie & Joe" (L)	ROH Wrestling							
WETK	-	-	-	My Rick Steves' Dynamic Europe: Amsterdam	NewsHour Wk	Father Brown Miscarriage of justice. (L)	As Time Goes By	Keep-Appeal	French Fields	I Want My Wife Back	The Doctor Blake Mysteries (L)	Death in Paradise (L)		Austin City Limits (L)	Underground			
WCFE	-	-	-	(3:00) Mountain Lake PBS Pledge	Mountain Lake		New York Now (L)	Mountain Lake PBS Pledge			Mountain Lake							
A&E	615	520	-	Live PD "Live PD -- 06.01.18" Riding along with law enforcement. (L)	(:06) Live PD: Rewind (N) (L)		Live PD "Live PD -- 06.09.18" Riding along with law enforcement. (N) (Live)	Gotti: Godfather & Son		John Gotti Jr.'s childhood and youth. (N) (L)		(12:02) Live PD						
BRAVO	620	523	-	(3:00) "Wedding Planner Mystery" (2014)	Major Crimes "White Lies Part 1" (L)	Major Crimes "White Lies Part 2" (L)	Major Crimes "White Lies Part 3" (L)	Carter "Harley's Got a Gun" (DVS)	Law & Order: Special Victims Unit (L)	Major Crimes "White Lies Part 1" (L)	Major Crimes "White Lies Part 2" (L)	Major Crimes "White Lies Part 3" (L)	Major Crimes					
CNN	500	500	-	CNN Newsroom	CNN Newsroom	Smerconish (L)	CNN Newsroom	CNN Special Report	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.	Anthony					
DISC	520	505	-	"Star Trek IV"	How It's Made	Highway Thru Hell "Cliff Hanger"	Highway Thru Hell (DVS)	Highway Thru Hell "Gate Crasher"	Highway Thru Hell "Slippery Slope"	Highway Thru Hell "Perfect Storm"	Highway Thru Hell "Python Unleashed"	Highway Thru Hell "Hell Of A Ride"	Highway Thru Hell					
HIST	522	506	-	Big Easy Motors (L)	Big Easy Motors (L)	Big Easy Motors (N)	Big Easy Motors (N)	American Pickers (L)	American Pickers "Bucking Bronco" (L)	Pawn Stars (L)	Pawn Stars (L)	Forged in Fire: Knife or Death (L)	Alone Ten brave participants return. (L)	Forged in Fire "The Kachin Dao" (L)	Knife or Death			
PARMT	628	584	-	"Rocky IV" (1985)	*** "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton. (L)	Bar Rescue "Bromancing the Stone"	Bar Rescue A management-heavy staff.	Bar Rescue "Lagers and Liars"	*** "Rocky" (1976) Sylvester Stallone. A heavyweight champ gives a club fighter a title shot. (L)									
RDI	126	730	-	L'info (N) (SC)	L'info (N) (SC)	Le Télé-journal	Le Télé-journal	Le Télé-journal	Le National (N)	Le National (N)	Découverte (SC)	Le Télé-journal	Les grands reportages	Le Télé-journal	Le Télé-journal	Le Télé-journal		
SHOW	616	521	-	(3:00) *** "Star Wars: Episode I -- The Phantom Menace" (1999) Liam Neeson. (L)	*** "Star Wars: Episode II -- Attack of the Clones" (2002, Science Fiction) Ewan McGregor, Natalie Portman. (L)			*** "Star Wars: Episode III -- Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman. (L)		Family Guy (L)								
SLICE	601	562	-	"Social Network"	* "I Don't Know How She Does It" (2011, Comedy) Sarah Jessica Parker. (L)	* "Did You Hear About the Morgans?" (2009, Comedy) Hugh Grant, Sarah Jessica Parker, Sam Elliott. (L)	*** "Sex and the City" (2008) Sarah Jessica Parker. Carrie Bradshaw and her gal pals continue their adventures in New York. (L)		"Did You Hear?"									
TLC	521	560	-	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes to the Dress: Atlanta	Say Yes to the Dress: Atlanta (L)	(:04) I Want THAT Wedding (L)	I Do and Drew Say I Do	(:10) Say Yes to the Dress: Atlanta (L)		I Want THAT			
TSN	400	400	-	(3:00) Soccer France vs United States. (N)	Timbersports	Open Gym (N)	SportsCentre (N) (Live)	MLS Soccer Orlando City SC at Vancouver Whitecaps FC. (N) (Live)	International Rugby Canada vs. Scotland. (N) (Live)		SportsCentre (N) (Live)	SportsCentre						
YOUTH	551	542	-	*** "Despicable Me" (2010) (L)	*** "The Lion King" (1994) (L)			*** "The Incredibles" (2004) Holly Hunter (L)			Driving	Just Kid	Just Kid	Lion King				

Your week on TV

SUNDAY DAYTIME														JUNE 10, 2018				
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (L)	Face the Nation (N) (L)	Pet Vet-Team	Paid Program	Suburban uprising:	AAA Benefits	Cook Fast & Healthy	2018 World's Strongest Man Final (N) (L)	PGA Golf					
WPTZ	5	-	-	Sunday Today With Willie Geist (N) (L)	2018 French Open Tennis Men's Final. From Roland Garros Stadium in Paris. (N) (Live)										Track and Field IAAF Diamond League: Stockholm. (L)	Auto Auctions		
CBMT	6	206	301	Coronation Street (L)	Coronation Street (L)	Coronation Street (L)	Coronation Street (L)	Coronation Street (L)	Weekly-Wendy	Maamuitau (L)	Our Montreal (L)	World Rugby Sevens Series	Track and Field IAAF Diamond League: Stockholm. (N) (L)	Equestrian				
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)	* "Un grand mariage" (2013) Robert De Niro, Diane Keaton. (SC)			Bloopers	TVA nouvelles (N)	La victoire de l'amour	Infopublicité (SC)	Bien "Kim Thuy"	Les gags full ado	*** "Babe" (1995) James Cromwell, Magda Szubanski. (SC)				
WMTW	8	-	-	Good Morning America	This Week W/ George Stephanopoulos	Soledad O'Brien	Teen Kids News	Made in Hollywood	Wild About Animals	Paid Program	MyPillow Topper	Paid Program	Formula 1 Racing Canadian Grand Prix. From Circuit Gilles-Villeneuve in Montreal. (N) (Live)					
CKSH	9	108	-	Sous les mers	Jack (SC)	Science ou magie	Oniva! (SC)	Le Jour du Seigneur (N) (Live) (SC)	Les coulisses du pouvoir (N) (SC)	Telejournal	La semaine verte (SC)	Second Regard (N)	La main à la pâte	Vitamine C (SC)	*** "Les Aventures de Kit Kittredge" (SC)			
CKMI	11	-	-	Fishful Thinking	Canadian Pickers (L)	Lorna Dueck	Joel Osteen (N)	Paid Program	The West Block (N)	Focus Montreal	Entertainment Tonight (N) (L)	Rookie Blue "Exit Strategy" (L)	Donut Showdown	The Expandables	PGA Golf			
CFCF	12	205	312	etalk (L)	The Social (L)	Operation Smile (L)	Paid Program	Church of the Rock	Question Period (N)	SportsCentre (N) (L)	*** "Harry Potter and the Half-Blood Prince" (2009) Daniel Radcliffe. New dangers lurk for Harry, Dumbledore and their friends. (L)							
WVNY	22	-	-	Good Morning America (N) (L)	This Week W/ George Stephanopoulos	Empire State	The Key of David	Try Yoga	Larry King Sp.	Conture Kinetic	Paid Program	Tummy Tuck	Formula 1 Racing Canadian Grand Prix. From Circuit Gilles-Villeneuve in Montreal. (N) (Live)					
WUTV	60	-	-	The Ernest Angley Hour	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	The Key of David	CookSmart	PiYo Workout!	Two and a Half Men	Two and a Half Men	Raceline	NASCAR Cup	NASCAR Racing Monster Energy Cup Series: FireKeepers Casino 400. (N) (Live)				
CFKS	61	106	726	La guerre des clans	La guerre des clans	La guerre des clans	La guerre des clans	RPM	RPM Plus "Drive 4 Smiles"	Infopublicité	CSI: Miami "Sous le sable" (SC)	NCIS: Los Angeles "Affaires internes" (L)	*** "Cartographie des nuages" (2012) Tom Hanks, Halle Berry.					
WUHF	-	-	363	Wild America	Regrow Hair	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	Rochester Press Box	Smokeless Grill	Tai Cheng	PiYo Workout!	Power Air Fryer Oven	Rochester Press Box	NASCAR Cup	NASCAR Racing Monster Energy Cup Series: FireKeepers Casino 400. (N) (Live)			
WETK	-	-	-	Pinkalicious	Splash-Bubbles	Curious George	Nature Cat (L)	Ready Jet Go! (L) (E)	Odd Squad: World Turned Odd (L) (E)	Vermont This Week	Downtown Abbey on Masterpiece Spanish flu reaches Downton. (L) (DVS)		Negotiating with Nature	Summer, Surf & Beach Music We Love				
WCFE	-	-	-	Wild Kratts (L)	Wild Kratts (L)	Washington Week	Scully: World	Mountain Lake	New York Now	Mountain Lake PBS Pledge	Mountain Lake PBS Pledge							
A&E	615	520	-	Ozzy and Jack's World Detour (L)	Ozzy and Jack's World Detour (L)	Ozzy and Jack's World Detour (L)	Ozzy and Jack's World Detour (L)	*** "Ghost Rider" (2007, Action) Nicolas Cage. A motorcycle stuntman is a supernatural agent of vengeance. (L)				*** "Ghost Rider: Spirit of Vengeance" (2012) Nicolas Cage. (L)						
BRAVO	620	523	-	Blue Bloods "Mob Rules" (DVS)	The Arrangement "Surface Tension" (L)	"Sandra Brown's White Hot" (2016, Drama) Shenaee Grimes, John Schneider. (L)		Blue Bloods "Good Cop, Bad Cop" (L)	Blue Bloods "The Price of Justice" (L)	Blue Bloods "Mob Rules" (DVS)	The Arrangement "Surface Tension" (L)							
CNN	500	500	-	Inside Politics (N)	State/Union	Fareed Zakaria GPS	Reliable Sources (N)	State/Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom							
DISC	520	505	-	Animal Cops Houston "Tumor" (L)	Tanked Tanks for The Thumb and Donut Bar.	North Woods Law (L)	North Woods Law (L)	Deadliest Catch "Lost at Sea" (L)	Last Stop Garage	Last Stop Garage	Gold Rush: White Water "Hidden Depths" (L)	Edge of Alaska "Frost and Found" (L)						
HIST	522	506	-	Paid Program (L)	Paid Program (L)	Canadian Pickers "City Pickers" (L)	American Pickers "Space Ranger" (L)	Pawn Stars (L)	Pawn Stars (L)	Alone Ten brave participants return. (L)	Forged in Fire: Knife or Death (L)	Forged in Fire "The Shamshir" (L)	Forged in Fire "The Horseman's Axe" (L)					
PARMT	628	584	-	Bar Rescue "Thugs with Mugs" (L)	Engine Power (L)	Xtreme Off Road (L)	Truck Tech (L)	Detroit Muscle (L)	Bar Rescue "On the Rocks" (L)	(:12) Bar Rescue "Bug Bite" A night-clubs 18-and-over night.	(:24) Bar Rescue	(:36) Bar Rescue Three brothers and their struggling bar.						
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)	L'info (N) (SC)		Vocation: leader	Telejournal	Les coulisses du pouvoir (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (SC)	L'info (N) (SC)	L'info (SC)	L'info (SC)	L'info (SC)	L'info (SC)	
SHOW	616	521	-	(7:00) "My Father Must Die" (2014) (L)	Family Guy (L)	Family Guy (L)	Family Guy (L)	Family Guy (L)	*** "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman, Hayden Christensen. (L)				*** "Star Wars: Episode I - The Phantom Menace" (1999) Liam Neeson. (L)					
SLICE	601	562	-	Paid Program (L)	PiYo Workout! (L)	Paid Program (L)	Paid Program (L)	"Forever 16" (2013) Andrea Roth. A 116-year-old vampire poses as a student to track a killer.	Night w/ My Ex	*** "Julie & Julia" (2009) Meryl Streep. A woman vows to make every recipe in Julia Child's cookbook. (L)				* "Did You Hear About the Morgans?" (L)				
TLC	521	560	-	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	I Want THAT Wedding (L)	Lost in Transition (L)	Lost in Transition "Transformation" (L)				
TSN	400	400	-	Tennis Channel Live at Roland Garros (N)	2018 French Open Tennis Men's Final. From Roland Garros Stadium in Paris. (N) (Live)										NASCAR Racing Monster Energy Cup Series: FireKeepers Casino 400. (N) (Live)			
YOUTH	551	542	-	Sponge.	Loud	Loud	Loud	Danger	Mysticons	Mysticons	Turtles	*** "Despicable Me" (2010) (L)			*** "The Lion King" (1994) (L)			

SUNDAY EVENING														JUNE 10, 2018				
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	(3:00) PGA Tour Golf FedEx St. Jude Classic, Final Round. (N) (L)	Channel 3 News	Weekend News	60 Minutes (N) (L)	The 72nd Annual Tony Awards Honoring excellence on Broadway. (N) (L)	Channel 3 News	Friends (L)	CSI: Miami (L)							
WPTZ	5	-	-	Auto Auctions	Beach Volleyball AVP Pro Series: New York City. (N) (Live)	NBC5 News at 6	Nightly News	Dateline NBC (N) (L)	2018 Stanley Cup Final Vegas Golden Knights at Washington Capitals. (N) (Live)	NBC5 News	Soledad O'Brien	Castle (L)						
CBMT	6	206	301	Equestrian ATCO Calvary Charge. (N)	** "Walking With Dinosaurs" (2013, Children's) Voices of John Leguizamo. (L)		The National (N) (L)	2018 Stanley Cup Final Vegas Golden Knights at Washington Capitals. (N) (Live)	Montreal News	the fifth estate (L)	(DVS)							
CHLT	7	107	718	(:15) "Les rebelles de la forêt 4" (2015) Voices of Kathleen Barr. Premiere. (SC)	TVA nouvelles (N)	Les gags (SC)	*** "Indiana Jones et le temple maudit" (1984, Aventures) Harrison Ford. (DVS) (SC)		François Morency: furieusement calme	(:15) TVA nouvelles	(:45) "Barbecue" (2014, Comédie) Lambert Wilson, Franck Dubosc. (SC)							
WMTW	8	-	-	Entertainers: With Byron Allen (N)	World's Funniest Moments: Father's Day	WMTW News 8	World News	America's Funniest Home Videos (L)	Celebrity Family Feud (L)	The \$100,000 Pyramid (L)	To Tell the Truth (Season Premiere) (N)	WMTW News 8	Soledad O'Brien	Person of Interest				
CKSH	9	108	-	(3:00) "Les Aventures de Kit Kittredge" (SC)	Les Chefs! (SC)	Telejournal Estrie	Découverte dans le ciel: En vol	Les poilus (N) (SC)	Viens-tu faire un tour? (N)	Le beau dimanche (N) (SC)	Le Téléjournal	(:35) Pappargilles	(:05) Pour l'amour du country (SC)	"Fleur de neige"				
CKMI	11	-	-	(3:00) PGA Tour Golf FedEx St. Jude Classic, Final Round. (N) (L)	Global News at 6	Global National	Border Security	Border Security	Bull "Light My Fire" (L)	Private Eyes "Getaway With Murder" (N)	SEAL Team "Rolling Dark" (L)	Global News	The West Block (N)	Focus Montreal				
CFCF	12	205	312	Question Period (L)	MasterChef Canada Former winners visit.	CTV News Montreal (N) (L)	The \$100,000 Pyramid (L)	The 72nd Annual Tony Awards Honoring excellence on Broadway. (N) (L)	New-Rinaldo	CTV News Montreal	South Park (L)							
WVNY	22	-	-	Paid Program	Paid Program	Burnett	Johnny Cash	World News	Local 22 News (N)	America's Funniest Home Videos (L)	Celebrity Family Feud (L)	The \$100,000 Pyramid (L)	To Tell the Truth (Season Premiere) (N)	Local 22 News (N)	Graham Bensinger	Judge Judy (L)		
WUTV	60	-	-	NASCAR Racing	HallOates	Tapping IN: The Happiest People	One Strange Rock "Storm" (L)	The Simpsons (L)	Ghosted (N) (L)	Family Guy (L)	Ghosted (N) (L)	2 on Your Side at 10	Sharyl Attkisson	Ring of Honor Wrestling (L)	Seinfeld (L)			
CFKS	61	106	726	(2:30) ** "Cartographie des nuages" (2012, Drame) Tom Hanks, Halle Berry.	*** "Le Chevalier noir" (2008, Action) Christian Bale, Heath Ledger. Batman doit affronter un criminel tordu nommé le Joker.			(:15) ** "Hyena Road: Le chemin du combat" (2015) Rossif Sutherland. Un bataillon de l'armée canadienne est pris en embuscade.	Conversations									
WUHF	-	-	363	NASCAR Racing	Johnny Cash	Ring of Honor Wrestling (L)	One Strange Rock "Storm" (L)	The Simpsons (L)	Ghosted (N) (L)	Family Guy (L)	Ghosted (N) (L)	WHAM News	Sharyl Attkisson	Engagement	Regrow Hair	2 Broke Girls (L)		
WETK	-	-	-	Summer, Surf	Easy Yoga: The Secret to Strength	NewsHour Wk	The Coroner "Those in Peril" (L)	A Place to Call Home Sarah goes into labor.	Secrets of the Manor House (DVS)	"Northanger Abbey" (2007) Felicity Jones, JJ Feild. (L)	(:35) Secrets of the Manor House (L)	(:35) The Tunnel: Sabotage (L)						
WCFE	-	-	-	(3:00) Mountain Lake PBS Pledge	Mountain Lake PBS Pledge						Mountain Lake							
A&E	615	520	-	"Ghost Rider"	*** "The Town" (2010) Ben Affleck. A woman doesn't realize that her new beau is a bank robber. (L)			Gotti: Godfather & Son (L)	Gotti: Godfather & Son (L)	Gotti: Godfather & Son (L)	Gotti Jr. resolves to quit the mob. (N) (Part 2 of 2) (L)	(:04) Gotti: Godfather & Son (L)	Gotti: Godfather					
BRAVO	620	523	-	Carter "Harley's Got a Gun" (DVS)	"Sandra Brown's White Hot" (2016, Drama) Shenaee Grimes, John Schneider. (L)		"Garage Sale Mystery: The Art of Murder" (2016, Mystery) Lori Loughlin. (L)	The Handmaid's Tale "Women's Work" (N)	The Real Housewives of Potomac (N) (L)	(:05) Hard Sun "Sun Day" arrests Grace. (L)	DCS Bell	(:20) The Handmaid's Tale (L)						
CNN	500	500	-	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Special Report	Anthony Bourd.	United Shades	CNN Special Report	Anthony						
DISC	520	505	-	Homestead Rescue "Trapped" (L)	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Hellfire Heroes "Jack of All Trades"	Bering Sea Gold "Innovate & Overcome"	Naked and Afraid XL (N) (L)	Naked and Afraid XL (N) (L)	Big Bang Theory	Big Bang Theory	Big Bang Theory			
HIST	522	506	-	American Pickers "Daredevil Duffey" (L)	Pawn Stars (L)	Pawn Stars (L)	American Pickers "Space Ranger" (L)	Forged in Fire "The Shamshir" (L)	Forged in Fire "The Horseman's Axe" (L)	America's Greatest Prison Breaks Clinton Correctional Prison. (L)	Forged in Fire "The Shamshir" (L)	Prison Breaks						
PARMT	628	584	-	(3:48) Bar Rescue	Bar Rescue "Thugs with Mugs" (L)	Bar Rescue "Spoiled Brat Party" (L)	Bar Rescue "Bare Rescue" (L)	Bar Rescue "All Twerk & No Pay" (L)	Bar Rescue "Danny Sits on His Fanny"	Bar Rescue Taffer revisits transformations.	(:06) Bar Rescue (L)	Bar Rescue						
RDI	126	730	-	L'info (N) (SC)	Journal France 2	Le Téléjournal (SC)	La facture (SC)	Le Téléjournal	Vocation: leader	Le National (N)	Le National (N)	Les grands reportages (N) (SC)	Le Téléjournal	Les coulisses du pouvoir (SC)	Second Regard	Le Téléjournal	L'épicerie (SC)	Le Téléjournal
SHOW	616	521	-	"Star Wars: Episode I - Phantom"	*** "Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor, Natalie Portman. (L)				*** "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman. (L)				*** "A Million Ways to Die in the West" (2014) (L)					
SLICE	601	562	-	(3:00) * "Did You Hear About the Morgans?" (2009) (L)	*** "Julie & Julia" (2009) Meryl Streep. A woman vows to make every recipe in Julia Child's cookbook. (L)			"Forever 16" (2013, Fantasy) Andrea Roth, Tiera Skovbye, Tyler Johnston. (L)	The Real Housewives of Potomac (N) (L)	Killision Course "Gates House" (L)	Killision Course "Gates House" (L)	Killision Course (L)						
TLC	521	560	-	90 Day Fiancé: Happily Ever After? Pedro spends time with Chantel's family. (L)	90 Day Fiancé: Happily Ever After? (N)	(:03) 90 Day Fiancé: Happily Ever After? (L)	(:03) 90 Day Fiancé: Happily Ever After? (L)	90 Day Fiancé: Happily Ever After? Jorge won't change his ways for Anfisa. (N) (L)	(:14) Lost in Transition with Cindy. (N) (L)	Troy fights	(:18) 90 Day Fiancé: Happily Ever After? (L)							
TSN	400	400	-	NASCAR Racing	SportsCentre	Formula 1 Racing Canadian Grand Prix. From Circuit Gilles-Villeneuve in Montreal.	MLB Baseball New York Yankees at New York Mets. From Citi Field in Flushing, N.Y. (N) (Live)	SportsCentre (N) (Live)	SC With Jay									
YOUTH	551	542	-	*** "The Croods" (2013) (L)	*** "The Incredibles" (2004) Holly Hunter (L)			Raven	Assembly	Assembly	Driving	Driving	Just Kid	Just Kid	Croods			

Your week on TV

MONDAY EVENING JUNE 11, 2018

Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	Mom (N) (DVS)	Man With a Plan (N)	NCIS: New Orleans "Viral" Sebastian is placed on leave.		Elementary A hunt for a serial killer. (N) (DVS)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)	
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N)	American Ninja Warrior "All-Stars Special" All-stars compete head-to-head. (N) (DVS)				(:01) Running Wild With Bear Grylls "Zac Efron" (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Just for Laughs: Gags	Just for Laughs: Gags	Murdoch Mysteries Murdoch investigates a surgeon. (N)	Not Criminally Responsible: Wedding Secrets (N) (DVS)		The National (N) (DVS)		CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N)
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Les gags (SC)	Du coeur et des bras	Ma maison bien aimée (SC)		Les petits doués (N) (SC)	TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) Histoires en cour (SC)	(:35) * "Surveillance" (2012, Comédie) Ben Stiller. (SC)	
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N) (DVS)	Jimmy Kimmel Live (N)	(:31) NBA Countdown		2018 NBA Finals Cleveland Cavaliers at Golden State Warriors. (N) (Live) (DVS)		WMTW News 8 at 11 (N)	(12:05) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal Estrie (N)	RDI économie (SC)	Squelettes-plac.	Rétroviseur (SC)	Les Chefs! Mettre en valeur la morue. (N) (SC)		Les échangistes (N) (SC)	Le Téléjournal avec Céline Galipeau (N) (SC)		(:05) Anne Une fille est envoyée chez Marilla. (N)	(12:05) Miss Fisher (SC)	
CKMI 11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Superstore "Target" (N)	Man With a Plan (N)	Ransom "The Artist" An art thief kidnaps a gallery staffer.	Elementary A hunt for a serial killer. (N) (DVS)		Global News at 11	(:35) The Late Show With Stephen Colbert (N) (DVS)	
CFCF 12	205	312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N)	*** "Spectre" (2015, Action) Daniel Craig, Christoph Waltz, Léa Seydoux. Premiere. A cryptic message leads Bond to a sinister organization. (N) (DVS)					News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	Jimmy Kimmel Live (N)	(:31) NBA Countdown		2018 NBA Finals Cleveland Cavaliers at Golden State Warriors. (N) (Live) (DVS)		Local 22 News (N)	(12:05) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	So You Think You Can Dance "Auditions No. 2" (N)		9-1-1 An emergency at a kid's birthday party. (N)	2 on Your Side Seinfeld "The Susie" (N) (DVS)		Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)
CFKS 31	106	726	Souper parfait	Souper parfait	Rire et délire (N)	Rire et délire (N)	La trappe	Permis de chanter	Scorpion L'équipe accepte un emploi lucratif. (N) (SC)	L'affaire O.J. Simpson "La dream team"		Atomes crochus	NVL (N)	Conversations intimes
WUHF	-	363	Modern Family "Benched"	Modern Family (N) (DVS)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	So You Think You Can Dance "Auditions No. 2" (N)		9-1-1 An emergency at a kid's birthday party. (N)	13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)		DailyMailTV (N) (DVS)	The Simpsons (N) (DVS)	Paid Program (N)
WETK	-	-	PBS NewsHour (N) (DVS)		The This Old House Hour (N) (DVS)		Antiques Roadshow Grant Wood "Fertility" lithograph.		Antiques Roadshow Whitey Ford and Yogi Berra jerseys.	Independent Lens "Forever Pure" Muslim athletes face racist attacks. (N) (DVS)		Amanpour on PBS (N) (DVS)	Beyond 100 Days (N)	
WCFC	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (DVS)		Mountain Lake PBS Pledge					BBC World News (N) (DVS)	Amanpour on PBS (N) (DVS)	Mountain Lake
A&E	615	520	Intervention A young mother abuses pills and meth. (N) (DVS)		Intervention A promising, young boxer turns to drugs. (N) (DVS)		Intervention: Then & Now "Danielle" (N) (DVS)		David Cassidy: The Last Session The life of actor-singer David Cassidy. (N) (DVS)			(:04) Gotti: Godfather & Son (N) (DVS)	Gotti: Godfather & Son (N) (DVS)	
BRAVO	620	523	Major Crimes The squad probes Stroh's distant past.		Major Crimes Rusty unearths an important clue. (N) (DVS)		Major Crimes Stuck in a room with a potential bomb. (N) (DVS)		Major Crimes A string of robberies turns fatal. (N) (DVS)		Major Crimes The division works to obtain justice. (N) (DVS)		Major Crimes Sharon contends with health problems. (N) (DVS)	Major Crimes (N) (DVS)
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (DVS)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon	Cooper 360
DISC	520	505	American Chopper Paul Jr. builds his new building.		MythBusters The Indianapolis Motor Speedway. (N) (DVS)		Bering Sea Gold Shawn extends his sluice. (N) (DVS)		American Chopper Senior confronts Junior. (N) (DVS)		BattleBots Combatants put it all on the line. (N) (DVS)		Bering Sea Gold Shawn extends his sluice. (N) (DVS)	American Chopper (N) (DVS)
HIST	522	506	America's Greatest Prison Breaks (N) (DVS)		Clinton Correctional Prison. (N) (DVS)		Alone Ten brave participants return. (N) (DVS)		Pawn Stars (N) (DVS)	Pawn Stars (N) (DVS)		American Pickers "Snow Job" A rare pair of trucks. (N) (DVS)	American Pickers "Queen of Fortune" (N) (DVS)	Pawn Stars (N) (DVS)
PARMT	628	584	Adam Carolla and Friends Build Stuff Live		Adam Carolla and Friends Build Stuff Live		Adam Carolla and Friends Build Stuff Live		Adam Carolla and Friends Build Stuff Live		Cops (N) (DVS)	Cops "Coast to Coast" (N) (DVS)	Cops (N) (DVS)	Cops (N) (DVS)
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages (N) (SC)		Le Téléjournal avec Céline Galipeau (N) (SC)		RDI économie (N) (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)
SHOW	616	521	NCIS "The Bone Yard" A Mafia dumping ground. (N) (DVS)		NCIS A soldier is targeted by terrorists. (N) (DVS)		Supergirl Supergirl learns of Serena's plans. (N) (DVS)		Marvel's Cloak & Dagger "First Light" (N) (DVS)		(:03) Marvel's Cloak & Dagger "Suicide Sprints" (N) (DVS)		Supergirl Supergirl learns of Serena's plans. (N) (DVS)	NCIS "The Bone Yard" (N) (DVS)
SLICE	601	562	Sex and the City (N) (DVS)	Sex and the City (N) (DVS)	The Real Housewives of Potomac (N) (DVS)		The Real Housewives of Orange County (N) (DVS)		Southern Charm Ashley confronts Kathryn. (N) (DVS)		(:15) A Night With My Ex Ashley confronts Kathryn. (N) (DVS)		Charm "Hilton Head-ache" (N) (DVS)	Housewives/OC (N) (DVS)
TLC	521	560	Say Yes to the Dress (N) (DVS)	Say Yes to the Dress (N) (DVS)	Who Do You Think You Are? "Molly Ringwald" (N) (DVS)		Who Do You Think You Are? "Hilary Duff" (N) (DVS)		Who Do You Think You Are? "Molly Shannon" (N) (DVS)		(:02) Who Do You Think You Are? "Courteney Cox" (N) (DVS)		(:02) Who Do You Think You Are? "Molly Shannon" (N) (DVS)	Who Do You (N) (DVS)
TSN	400	400	SportsCentre (N) (Live) (DVS)		That's Hockey!	Road to the 2018 FIFA World Cup (N) (DVS)	NBA Countdown (N) (DVS)		2018 NBA Finals Cleveland Cavaliers at Golden State Warriors. (N) (Live) (DVS)			SportsCentre (N) (Live) (DVS)	SC With Jay and Dan (N) (DVS)	
YOUTH	551	542	Nicky, Ricky	ReBoot-Code	*** "Dumbo" (1941, Children's) (N) (DVS)		*** "Dumbo" (1941, Children's) (N) (DVS)			Game On (N) (DVS)	Game On (N) (DVS)	Assembly	Assembly	*** Dumbo

TUESDAY EVENING JUNE 12, 2018

Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	NCIS "Voices" A person of interest is found murdered.		Bull "Gag Order" Bull agrees to help Chunk's daughter. (N)		48 Hours: NCIS (N) (DVS)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (DVS)	
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (DVS)	Wheel of Fortune (N)	America's Got Talent "Auditions 3" A variety of acts perform. (N) (DVS)				World of Dance "The Qualifiers 3" (N) (DVS)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (DVS)	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Hello Goodbye (N) (DVS)	Just for Laughs: Gags	Rick Mercer Report (N) (DVS)	22 Minutes (N) (DVS)	Halifax Comedy Festival	Halifax Comedy Festival		CBC Montreal News (N)	Rick Mercer Report (N) (DVS)	Coronation Street (N) (DVS)
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Ninja Warrior: le parcours ultime (N) (DVS) (SC)				Du talent à vendre Les demi-finales commencent. (N) (DVS)	TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) Lemissionnaire.tv (N) (DVS)	(:35) ** "Séjour à Wanderlust" (2012) Paul Rudd. (SC)	
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N) (DVS)	The Bachelorette Becca takes six men on a spa date. (N) (DVS)		(:01) The Last Defense "Darlie Routier: The Crime" (N) (DVS)		(:01) The Last Defense "Darlie Routier: The Crime" (N) (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) (DVS)	
CKSH 9	108	-	Le Téléjournal Estrie (N)	RDI économie (SC)	Squelettes-plac.	Les pêcheurs (DVS) (SC)	Galas ComediHa! 2017 Un gala avec Phil Roy.		Les échangistes (N) (SC)	Le Téléjournal avec Céline Galipeau (N) (SC)		(:05) Le directeur de nuit (DVS) (SC)	(12:05) Miss Fisher (SC)	
CKMI 11	-	-	Global National (N) (DVS)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	NCIS "Voices" A person of interest is found murdered.		Bull "Gag Order" Bull agrees to help Chunk's daughter. (N)		NCIS: New Orleans The team must secretly work a case.	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (DVS)	
CFCF 12	205	312	(5:59) CTV News Montreal (N) (DVS)		etalk (N) (DVS)	The Big Bang Theory (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	MasterChef Canada "Pop-Up Star" (N) (DVS)		World of Dance "The Qualifiers 3" (N) (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (DVS)	The Bachelorette Becca takes six men on a spa date. (N) (DVS)		(:01) The Last Defense "Darlie Routier: The Crime" (N) (DVS)		(:01) The Last Defense "Darlie Routier: The Crime" (N) (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live (N) (DVS)	
WUTV 30	-	-	The Big Bang Theory (N) (DVS)	Judge Judy (N) (DVS)	Judge Judy (N) (DVS)	Family Feud (N) (DVS)	Beat Shazam Singer-songwriter Michael Bolton.		Love Connection "Armond & Grace" (N) (DVS) (DVS)		2 on Your Side Seinfeld "The Pothole" (N) (DVS)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)
CFKS 31	106	726	Souper parfait	Souper parfait	Tout s'embellit avec Julie	Taxi payant "Mike Ward"	"Quand la demoiselle d'honneur s'en mêle" (2016, Drame sentimental) Danica McKellar, Kavan Smith. Premiere.		Allume-moi! Les célibataires sortent le grand jeu.		Atomes crochus	NVL (N)	Conversations intimes	
WUHF	-	363	Modern Family "Hawaii"	Modern Family (N) (DVS)	The Big Bang Theory (N) (DVS)	The Big Bang Theory (N) (DVS)	Beat Shazam Singer-songwriter Michael Bolton.		Love Connection "Armond & Grace" (N) (DVS) (DVS)		13WHAM News at 10 on Fox Rochester (N) (Live) (DVS)	DailyMailTV (N) (DVS)	The Simpsons (N) (DVS)	Paid Program (N)
WETK	-	-	PBS NewsHour (N) (DVS)		Guest of the House (N)	Outdoor Journal (N) (DVS)	Civilizations The depiction of nature. (N) (DVS)		American Experience "Summer of Love" (DVS)		Frontline Challenges of the first year on parole. (N) (DVS)	Nightly Business Report	Amanpour on PBS (N) (DVS)	Beyond 100 Days (N)
WCFC	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (DVS)		Mountain Lake PBS Pledge					BBC World News (N) (DVS)	Amanpour on PBS (N) (DVS)	Mountain Lake
A&E	615	520	Intervention An addict's actions harm his family. (N) (DVS)		Intervention A goal is put at risk by her addiction. (N) (DVS)		Intervention: Then & Now "Kelly" (N) (DVS)		Intervention An unhappy woman turns to alcohol. (N) (DVS)		(:01) Cults and Extreme Belief "U.N.O.I." (N) (DVS)	(:04) Intervention "Sierra" (N) (DVS)	Intervention: Then & Now	
BRAVO	620	523	Castle "Driven" Castle's car is engulfed in flames. (N) (DVS)		Castle "Montreal" The murder of a toy company CEO. (N) (DVS)		Carter A director takes advantage of an actor. (N) (DVS)		"Garage Sale Mystery: The Art of Murder" (2016, Mystery) Lori Loughlin, Keegan Connor Tracy. (N) (DVS)		Carter A director takes advantage of an actor. (N) (DVS)	Carter A director takes advantage of an actor. (N) (DVS)	Castle "Veritas" (N) (DVS)	
CNN	500	500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (DVS)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon	Cooper 360
DISC	520	505	American Chopper Sr. is suing Jr.; chopper for ESAB.		MythBusters Adam and Jamie use duct tape to survive. (N) (DVS)		Deadliest Catch Coast Guard members recall rescues. (N) (DVS)		Deadliest Catch "Purgatory" (N) (DVS)		Hellfire Heroes The firefighters work overtime. (N) (DVS)	American Chopper Senior confronts Junior. (N) (DVS)	Deadliest Catch (N) (DVS)	
HIST	522	506	Bud Empire "Be Kind" (N) (DVS)	Bud Empire (N) (DVS)	Pawn Stars (N) (DVS)	Pawn Stars (N) (DVS)	American Pickers "Snow Job" A rare pair of trucks. (N) (DVS)		Forged in Fire: Cutting Deeper "The Zande Spear" (N) (DVS)		Bud Empire "4:20" (N) (DVS)	Bud Empire (N) (DVS)	American Pickers The guys find a fleet of concept cars. (N) (DVS)	Forged in Fire (N) (DVS)
PARMT	628	584	Ink Master: Angels Megan Jean Morris guest judges.		Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	*** "The Day After Tomorrow" (2004, Action) Dennis Quaid, Jake Gyllenhaal, Ian Holm. Global warming leads to worldwide natural disasters. (N) (DVS)		*** "The Day After Tomorrow" (2004, Action) Dennis Quaid, Jake Gyllenhaal, Ian Holm. Global warming leads to worldwide natural disasters. (N) (DVS)		"X-Men: First Class" (2011) (N) (DVS)	
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages (N) (SC)		Le Téléjournal avec Céline Galipeau (N) (SC)		RDI économie (N) (SC)	Le National (N) (SC)	Le National (N) (SC)	24/60 (SC)
SHOW	616	521	NCIS "Call of Silence" A veteran confesses to murder. (N) (DVS)		NCIS "Heart Break" Navy commander's death. (N) (DVS)		Bull "The Fall" A pro video gamer sues for defamation. (N) (DVS)		Scorpion The protection of a seed bank goes awry. (N) (DVS)		Scorpion A storm endangers Happy's friend Ada. (N) (DVS)	Hawaii Five-0 A conspiracy theorist is murdered. (N) (DVS)	NCIS "Call of Silence" (N) (DVS)	
SLICE	601	562	Sex and the City (N) (DVS)	Sex and the City (N) (DVS)	Southern Charm Ashley confronts Kathryn. (N) (DVS)		Stripped Two single sisters reassess their lives. (N) (DVS)		Married at First Sight "One Month Anniversaries" (N) (DVS)		Married at First Sight Trust and honesty are tested. (N) (DVS)	Sex and the City (N) (DVS)	Sex and the City (N) (DVS)	Married at First Sight (N) (DVS)
TLC	521	560	Say Yes to the Dress (N) (DVS)	Say Yes to the Dress (N) (DVS)	Little People, Big World "A Learning Curve" (N) (DVS)		Little People, Big World (N) (DVS)		Little People, Big World (N) (DVS)		(:09) Our Wild Life "Empty Nest" (N) (DVS)	(:12) Little People, Big World (N) (DVS)	(12:12) Our Wild Life (N) (DVS)	
TSN	400	400	SportsCentre (N) (Live) (DVS)		That's Hockey!	Grey Cup: 2017	CFL Top 50 Players (N) (DVS)	2018 CFL Fantasy Draft	2018 CFL Season Preview (N) (DVS)			SportsCentre (N) (Live) (DVS)	SportsCentre (N) (Live) (DVS)	SC With Jay and Dan (N) (DVS)
YOUTH	551	542	Nicky, Ricky	ReBoot-Code	*** "Robin Hood" (2010) Russell Crowe. (N) (DVS)		*** "Robin Hood" (2010) Russell Crowe. (N) (DVS)			*** "Robin Hood" (2010) Russell Crowe. (N) (DVS)		Assembly	Assembly	Robin Hood

Your week on TV

WEDNESDAY EVENING													JUNE 13, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	To Be Announced		SEAL Team The team must protect an ambassador. (N)		Code Black Leanne works to save two siblings. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	2018 Stanley Cup Final Washington Capitals at Vegas Golden Knights. (N) (Live)						NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206 301	CBC Montreal News (N)	On the Money	22 Minutes	To Be Announced	2018 Stanley Cup Final Washington Capitals at Vegas Golden Knights. The Capitals and Golden Knights meet for a decisive Game 7 in the Stanley Cup Final. (If necessary). (N)						CBC Montreal News	Rick Mercer Report (N)	Coronation Street (N)	
CHLT 7	107 718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Arrive en campagne	La poule aux oeufs d'or (N)	Les beaux malaises (N)	Boomerang (SC)	Esprits criminels L'équipe est envoyée dans l'Indiana.		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) *** "Le Seigneur des anneaux: La Communauté de l'Anneau" (2001) (SC)			
WMTW 8	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Goldbergs	The Goldbergs	Modern Family	American Housewife (N)	Shark Tank A fish dip; a hair cutting template. (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)		
CKSH 9	108	Le Téléjournal Estrie (N)	RDI économie (SC)	Squelettes-plac.	L'épicerie (N) (SC)	Dans l'oeil du dragon (N) (SC)		Les échangistes (N) (SC)		Le Téléjournal avec Céline Galipeau (SC)		(:05) L'ombre de Jesse (DVS) (SC)	(12:05) Miss Fisher (SC)		
CKMI 11	-	Global National (N) (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Mary Kills People "Come to Jesus" Ben forgives Mary.		Mary Kills People Mary decides to wear a wire.		Reverie A family man robs banks in Reverie. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CFCF 12	205 312	(5:59) CTV News Montreal (N) (N)		etalk (N) (N)	The Big Bang Theory (N)	MasterChef The cooks must break down a crab. (N) (N)		Criminal Minds Hotch has visions of his late wife. (N)		Code Black Leanne works to save two siblings. (N)		News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (N)	The Goldbergs	The Goldbergs	Modern Family	American Housewife (N)	Shark Tank A fish dip; a hair cutting template. (N)		Local 22 News (N)	(:35) Jimmy Kimmel Live (N)		
WUTV 60	-	The Big Bang Theory (N)	Judge Judy (N) (N)	Judge Judy (N)	Family Feud (N)	MasterChef The cooks must break down a crab. (N) (N)		Gordon Ramsay's 24 Hours to Hell and Back (N)		2 on Your Side at 10 (N)	Seinfeld (N)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS 61	106 726	Souper parfait	Souper parfait	Lucifer Un prêtre demande à Lucifer de l'aider. (N) (SC)		NCIS: Los Angeles Un Nord-Coréen est empoisonné. (N)		CSI: Miami Une épidémie mortelle sévit à Miami. (SC)		CSI: Miami Un futur marié disparaît. (N) (SC)		Atomes crochus	NVL (N)	Conversations intimes	
WUHF	-	Modern Family (N)	Modern Family (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	MasterChef The cooks must break down a crab. (N) (N)		Gordon Ramsay's 24 Hours to Hell and Back (N)		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N) (N)	The Simpsons (N)	Paid Program (N)	
WETK	-	PBS NewsHour (N) (N)		J. Rosendo's Travelscope	Weekends With Yankee	Nature Frog anatomy, behavior and adaptations. (N)		NOVA Chernobyl nuclear reactor. (N)		*** "Particle Fever" (2013) Martin Aleksa. Scientists re-create conditions from the big-bang theory. (N) (DVS)		BBC World News (N)	Amanpour on PBS (N)	Beyond 100 Days (N)	
WCFE	-	World News America	Nightly Business Report	PBS NewsHour (N) (N)		Mountain Lake PBS Pledge						BBC World News (N)	Amanpour on PBS (N)	Mountain Lake	
A&E	615 520	Ozzy and Jack's World Detour "Illin' and Chillin'" (N)		Ozzy and Jack's World Detour "Blizzard of Oz" (N)		Ozzy and Jack's World Detour "Aloha, Osbournes" (N)		Ozzy and Jack's World Detour "Twisted Sister" (N)		(:01) Wahlburgers (Season Premiere) (N) (N)		(:04) Ozzy and Jack's World Detour "Blizzard of Oz" (N)		Ozzy & Jack's	
BRAVO	620 523	CSI: Miami An investigator is destroying the team. (N)		CSI: Miami Horatio puts his life on the line. (N)		CSI: Miami Finding who shot Horatio Caine. (N)		CSI: Miami "Won't Get Fueled Again" Killing for gas. (N)		Colony (N) (N)		CSI: Miami "Tunnel Vision" The team is led to a robbery. (N)		CSI: Miami (N)	
CNN	500 500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360	
DISC	520 505	American Chopper A vehicle for the "Meteorite Men."		MythBusters The Mythbusters test the clichés. (N)		Mayday Investigators look into a plane crash. (N)		Mayday "Free Fall" Investigators search for a flaw. (N)		Deadliest Catch "Purgatory" (N)		Hellfire Heroes The firefighters work overtime. (N)		Mayday (DVS)	
HIST	522 506	Swamp Mysteries With Troy Landry "Gator vs. Python"		Bud Empire "4:20" (N) (SC)	Bud Empire (N) (SC)	Navy SEALs: America's Secret Warriors (N) (N)		Navy SEALs: America's Secret Warriors (N) (N)		SIX "Seesaw" Gina gives Michael one last shot. (N)		Navy SEALs: America's Secret Warriors (N) (N)		Navy SEALs: America	
PARMT	628 584	Framework Building adjustable desks.		Framework The last three builders compete. (N)		Catch a Contractor	Catch a Contractor	*** "X-Men: First Class" (2011, Action) James McAvoy, Michael Fassbender, Rose Byrne. The early years of Charles Xavier and Erik Lehnsherr. (N)		Le Téléjournal avec Céline Galipeau (N) (SC)		RDI économie (N) (SC)	Le National (N) (SC)	24/60 (SC)	
RDI	126 730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages "Ronald contre Messi" (N)		Le Téléjournal avec Céline Galipeau (N) (SC)		RDI économie (N) (SC)		Le National (N) (SC)		24/60 (SC)	
SHOW	616 521	NCIS "Forced Entry" A Marine's wife kills an intruder. (N)		NCIS "Chained" Tony goes undercover. (N)		Bull "It's Classified" Benny defends an army analyst. (N)		** "The Fifth Estate" (2013, Drama) Benedict Cumberbatch, Daniel Brühl, Dan Stevens. WikiLeaks colleagues provide support for whistle-blowers. (N)						NCIS "Forced Entry" (N)	
SLICE	601 562	Sex and the City (N) (N)	Sex and the City (N) (N)	Married at First Sight "One Month Anniversaries" (N)		Married at First Sight Trust and honesty are tested. (N)		The Real Housewives of New York City (N) (N)		Jillian and Justin Preparing for the arrival of their baby. (N)		Sex and the City (N) (N)	Sex and the City (N) (N)	Housewives/ NYC	
TLC	521 560	My 600-Lb. Life Ashley faces enablers; Diana's progress. (N)		(:03) My 600-Lb. Life "Diana & Ashley R., Part 2" (N)		My 600-Lb. Life "Kirsten, Michael, & Roni" Kirsten must become independent. (N) (N)						(:14) My 600-Lb. Life "Kirsten, Michael, & Roni" Kirsten must become independent. (N)			
TSN	400 400	SportsCentre (N) (Live)		That's Hockey!	MLS on TSN Pregame (N)	MLS Soccer D.C. United at Toronto FC. From BMO Field in Toronto. (N) (Live)				SportsCentre (N) (Live)		SportsCentre (N) (Live)		SC With Jay and Dan (N)	
YOUTH	551 542	Nicky, Ricky	ReBoot-Code	*** "Mr. Peabody & Sherman" (2014) Voices of Ty Burrell. (N)		"The Good Witch's Wonder" (2014) Catherine Bell. (N)						Assembly	Assembly	Mr. Peabody	

THURSDAY EVENING													JUNE 14, 2018		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News	Entertainment Tonight (N)	The Big Bang Theory (N)	(:31) Young Sheldon (N)	(:01) Mom (N)	Life in Pieces (N)	S.W.A.T. The SWAT team races to find a bomber. (N)		Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune	Little Big Shots A snooker player; a voice-over artist. (N)		Marlon (DVS)	Marlon "Wingman" (N)	Law & Order: Special Victims Unit "Complicated" (N)		NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206 301	CBC Montreal News (N)	On the Money	22 Minutes	Coronation Street (N) (N)	Back in Time for Dinner "The 1940's" (N)		Crawford (N) (DVS)	Little Dog "Round One" (N)	The National (N) (N)		CBC Montreal News (N)	Canadian Reflections (N)	Coronation Street (N)	
CHLT 7	107 718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Chicago Fire: Caserne 51 "Le purgatoire" (N) (SC)		** "Méchant menteur" (2011) Un docteur demande l'aide de son assistante. (SC)		Adam Sandler, Jennifer Aniston.		TVA nouvelles (N)	(:35) Sucré salé (SC)	(:05) ** "La visite" (2015) Olivia DeJonge, Ed Oxenbould. Premiere. (DVS) (SC)			
WMTW 8	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2018 NBA Finals Golden State Warriors at Cleveland Cavaliers. (N) (Live)				WMTW News 8 at 11 (N)	(12:05) Jimmy Kimmel Live		
CKSH 9	108	Le Téléjournal Estrie (N)	RDI économie (SC)	Squelettes-plac.	Mes petits malheurs	Prière de ne pas envoyer de fleurs (N)		Les échangistes (N) (SC)		Le Téléjournal avec Céline Galipeau (N) (SC)		(:05) Les grandes entrevues "Pascale Montpetit" Pascale Montpetit, actrice. (N)			
CKMI 11	-	Global National (N) (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	The Wall "Tomoka and Andre" (N) (N)		Superstore (DVS)	Will & Grace (DVS)	S.W.A.T. The SWAT team races to find a bomber. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CFCF 12	205 312	(5:59) CTV News Montreal (N) (N)		etalk (N) (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	(:31) Young Sheldon (N)	(:01) The Big Bang Theory (N)	The Big Bang Theory (N)	Quantico The team targets an illegal operation. (N) (N)		News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2018 NBA Finals Golden State Warriors at Cleveland Cavaliers. (N) (Live)				Local 22 News (N)	(12:05) Jimmy Kimmel Live		
WUTV 60	-	(4:30) 2018 U.S. Open Golf Championship First Round. (N) (Live)		Family Feud (N)		The Four: Battle for Stardom "Week Two" New challengers perform. (N) (N) (DVS)		Chicago Police L'équipe enquête sur un cambriolage. (N)		2 on Your Side at 10 (N)	Seinfeld "The Nap" (N)	Two and a Half Men (N)	Two and a Half Men (N)	FIFA World Cup Tonight	
CFKS 61	106 726	Souper parfait	Souper parfait	Imposteurs Des arnaqueurs et des agents du FBI.		Marvel: agent Carter "Ceci n'est pas la fin" (N) (SC)		Chicago Police L'équipe enquête sur un cambriolage. (N)		Chicago Police L'équipe lance la charge. (N) (SC)		Atomes crochus	NVL (N)	Conversations intimes	
WUHF	-	(4:30) 2018 U.S. Open Golf Championship First Round. (N) (Live)		The Big Bang Theory (N)		The Four: Battle for Stardom "Week Two" New challengers perform. (N) (N) (DVS)		13WHAM News at 10 on Fox Rochester (N) (Live)		DailyMailTV (N) (N)		TMZ (N) (N)	FIFA World Cup Tonight		
WETK	-	PBS NewsHour (N) (N)		WIND: A Struggle for the Character of Vermont		Bardo: A Night	Bardo: A Night	Cornerstones of Rock: A Soundstage Special (N)				Nightly Business Report	Amanpour on PBS (N)	Beyond 100 Days (N)	
WCFE	-	World News America	Nightly Business Report	PBS NewsHour (N) (N)		Mountain Lake PBS Pledge						BBC World News (N)	Amanpour on PBS (N)	Mountain Lake	
A&E	615 520	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	(:31) Live PD: Police Patrol (N)	(:02) Live PD: Police Patrol (N)	(:34) Live PD: Police Patrol (N)	(:07) Live PD: Police Patrol (N)	(:35) Live PD: Police Patrol (N)	Live PD: Police Patrol (N)	
BRAVO	620 523	Criminal Minds Prostitutes are murdered in Texas.		Criminal Minds The investigation in Texas continues. (N)		Criminal Minds "X" (N) (DVS)		Criminal Minds A vengeful suspect who was abused. (N)		Life Sentence Stella is desperate to talk to Wes. (N) (N)		Criminal Minds A series of target abductions. (N)		Criminal Minds "Fatal" (N)	
CNN	500 500	Situation Room With Wolf		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Cuomo Prime Time (N) (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Cooper 360	
DISC	520 505	American Chopper Dummy dressed as Jr.; a new recruit.		MythBusters A parachute made from hotel room things. (N)		Twin Turbos The DeBertis race to finish a truck. (N)		Misfit Garage The Misfits race to finish their build. (N)		Sticker Shock A 1966 Chevy Corvette. (N) (N)		Street Outlaws Racers descend on Edinburgh, Texas. (N)		Twin Turbos (N)	
HIST	522 506	Alone Ten brave participants return. (N)		Navy SEALs: America's Secret Warriors (N) (N)		Navy SEALs: America's Secret Warriors (N) (N)		Swamp Mysteries With Troy Landry "Hogzilla" (N) (N)		Alone Ten survivalists return for redemption. (N) (N)		Bud Empire "4:20" (N) (SC)	Bud Empire (N) (SC)	Swamp Mysteries	
PARMT	628 584	Bar Rescue An owner is drinking away profits.		Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle (N) (N)		Lip Sync Battle (N) (N)	Lip Sync Battle (N) (N)	Lip Sync Battle (N) (N)	
RDI	126 730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)		Les grands reportages "Football arme du KGB" (N)		Le Téléjournal avec Céline Galipeau (N) (SC)		RDI économie (N) (SC)		Le National (N) (SC)		24/60 (SC)	
SHOW	616 521	NCIS "Blackwater" A detective helps the team. (N)		NCIS "Doppelganger" A petty officer is murdered. (N)		Bull Bull assists in a manslaughter trial. (N)		*** "Déjà Vu" (2006, Suspense) Denzel Washington, Val Kilmer. A time-folding federal agent falls in love with a future murder victim. (N) (N)				Man With a Plan "Pilot" (N)		NCIS "Blackwater" (N)	
SLICE	601 562	Sex and the City (N) (N)	Sex and the City (N) (N)	Million Dollar Listing Los Angeles "Surf vs Turf" (N)		Bethenny & Fredrik (N)	Bethenny & Fredrik (N)	Million Dollar Listing New York (Season Premiere) (N)		Cyrus vs. Design (N)	(:45) Million Dollar Listing New York Kings of Gotham real estate are back. (N)		Bethenny & Fredrik (N)		
TLC	521 560	(5:00) 90 Day Fiancé: Happily Ever After? (N)		My 600-Lb. Life Love motivates Donald's journey. (N)		My 600-Lb. Life "Supersized: Kirsten, Michael & Roni" Michael struggles to lose weight. (N) (N)		Skin Tight Skin surgery; bonus scenes. (N) (N)				(:01) My 600-Lb. Life Michael struggles to lose weight. (N)			
TSN	400 400	(4:30) 2018 U.S. Open Golf Championship First Round. (N) (Live)		SportsCentre (N) (N)		CFL on TSN Pregame (N)		CFL Football Edmonton Eskimos at Winnipeg Blue Bombers. From Investors Group Field in Winnipeg, Manitoba. (N) (Live)				SportsCentre (N) (N)		SC With Jay and Dan (N)	
YOUTH	551 542	Nicky, Ricky	ReBoot-Code	**** "Pinocchio" (1940) Voices of Don Brodie. (N)		**** "Pinocchio" (1940) Voices of Don Brodie. (N)						Assembly	Assembly	Pinocchio (N)	

Marty Stuart's 'Late Night Jam' kicks off CMA Festival

By Kristin M. Hall
THE ASSOCIATED PRESS

For 17 years, the unofficial start of one of the biggest weeks for fans of country music has been Marty Stuart's "Late Night Jam," which precedes the four-day Country Music Association Festival.

Stuart kicked it off this year on Wednesday night with performances by country vocal powerhouse Chris Stapleton, country-rock pioneers Chris Hillman and Roger McGuinn of The Byrds, singer-songwriter John Prine and country singer Margo Price, as well as others. The show raises money for MusiCares, the charitable arm of the Recording Academy.

At the Ryman Auditorium, Stuart told jokes and stories about growing up under the tutelage of Lester Flatts and Roy Acuff.

"I've got some cool friends, don't I?" Stuart told the sold-out crowd.

Stuart, with his shock of grey hair, mused that much has changed since he started hosting the show. "This used to be called 'Fan Fair,'" Stuart said, before adding an oft-cited but incorrect statistic that 100 people now move to Nashville every day. "Go home," he joked.

The five-time Grammy winner often joined his featured guests with his band The Fabulous Superlatives, while his mother, Hilda, had one of the best seats in the house, directly onstage off to the right.

"Did you get your money's worth?" Stuart asked his mother after introducing her to the crowd.

Hillman and McGuinn, who recently announced that Stuart will join them on their 50th-anniversary tour celebrating their iconic record, "Sweetheart of the Rodeo," played "You Ain't Going Nowhere," a Bob Dylan tune from that record, as well as Pete Seeger's "Turn! Turn! Turn!"

"I didn't know I had to walk on after that," said Stapleton, one of country music's biggest stars, before launching into his catalogue of country soul songs, including "Whiskey and You" and "Broken Halos." He will play to a much bigger crowd when he headlines Saturday night's CMA Fest at Nissan Stadium.

The show concluded with Stapleton, Stuart and Dale Jett, a third-generation member of the Carter family who were pioneers of country music, leading the crowd in a rendition of the standard "Keep on the Sunny Side."

MUSIC

June 9

Come dance with us every Saturday night at the Beebe Town Hall, 72 Main St., Stanstead (Beebe), from 7 p.m. to 11 p.m. Music by Brent Sheldon. Lunch served. Door prizes. Info: Gail 819-876-2021. All welcome.

June 9

Dance at the Ives Hill Hall on Saturday, June 9 from 8 p.m. to midnight. Music by The Country Swingers. Admission \$8. All welcome.

June 9

2nd annual Father's Day Country Music Appreciation Jam to support our local live country music, Saturday, June 9 starting at 1 p.m., at Burroughs's Falls Reception Hall in Ayer's Cliff. Everyone is welcome to come and celebrate in Country Style an early Father's Day. This is one all Dads would be proud of. There will be hours of continuous fun, live country music, several door prizes along with a delicious Father's Day buffet, all for just \$15. Along with the house band (CLASSIC COUNTRY) will be the featured band: The Country Swingers along with special guests: LISA ADDIS, DANNY CHAMBERLIN, THE PLAINSMEN, STEVE AULIS, YVAN MOREAULT, and also some of our other favorite local musicians may stop by to Jam. For reservations please call Burrough's Falls at 819-838-4912.

June 22

Jon MacAulay at A.N.A.F. Unit 318 aka The Hut, 300 St. Francis Street - Jon MacAulay and Friends (Louis Goupil, Brad Reilly and Jonathan-Guillaume Boudreau) will be performing at The Hut on Friday, June 22 from 6 p.m. to 10 p.m. Come on over and listen to a variety of tunes. (Blues, Jazz, Country, Soul, Folk and more). No admission charged. Open to all 18+

June 24

Brunch Fundraiser & Entertainment at the Piggery, Sunday, June 24th, at 11 am. Music by Kylie Cote and Mike Patrick at 12:30. A little bit of country, a little bit of gospel. Tickets \$20 pp, reservations required includes brunch and show. Tel: 819-842-2431 piggerymedia@gmail.com

June 27

Naomi Bristow, The Yodelin' Cowgirl, at The Piggery Theatre, North Hatley on Wednesday, June 27 at 8 p.m. Come and hear music of Loretta Lynn, Dolly Parton, Patsy Cline, Tammy Wynette, Patti Page and many more. Tickets are \$20 and available by contacting Janet McBurney at 819-565-9716 after 6 p.m. Proceeds to benefit Plymouth-Trinity's UCW.

June 27

Piggery Theatre Welcomes Back "Naomi Bristow", Wednesday June 27 at 8 p.m. Tickets \$20 www.naomibristow.com. Naomi will delight you with old time traditional country music and is admired

What's On

by all ages for her talent and charm. Tel: 819-842-2431 piggerymedia@gmail.com www.piggery.com

EVENTS

June 8, 9 & 10

Lennoxville Art Group Exhibition and Sale, June 8, 9 and 10, Amedee Beaudoin Community Centre (10 Samuel-Gratham, above the fire station). Theme: Far Away Places. Friday, June 8, 7 p.m. to 9 p.m.; Saturday, June 9, 9 a.m. to 4 p.m.; Sunday, June 10, 10:30 a.m. to 2 p.m., at which time a drawing will be held for a theme painting, donated by one of our members, with all proceeds going to the Children's Art Program at Uplands Cultural Centre.

June 9

The Lennoxville Elementary School P.P.O. presents Silent Auction and Bazaar on June 9, Friendship Day, from 9 a.m. to 3 p.m., in the school cafeteria. Some items up for bid: ski tickets; jewellery and other pampering essentials, large array of gift certificates, event passes for some summer fun, gift baskets, author signed books and so much more. Tables available, contact lennoxvilleppo@gmail.com

June 9 & 17

There will be a CRIB TOURNAMENT on Saturday, June 9 at 1:00 p.m. at the Canadian Legion Branch 15, Richmond, 235 College St. N. Come and join in the fun. Entry fee charged (\$5.00). We will also be holding our FATHER'S DAY BRUNCH on Sunday, June 17 from 9:00 a.m. until noon. Entry fee at door (\$8.00). 1/2 price for children under 12. This will be our last Brunch until September.

June 10

You are invited to a participatory workshop on Non-violent Communication on Sunday, June 10, at 10:30 a.m. How do we communicate? How can we communicate with others in a way that expresses compassion? Simon Stankovich will lead the workshop. All are welcome. Refreshments. UUEstrie, 201 Main St., North Hatley (downstairs). Info: 819-346-8273, www.uuestrie.ca, Facebook UU Estrie

June 13

CHEP Video Conference: Why Can't I Sleep? June 13, starts at 10 a.m. (please arrive early). Eaton Valley CLC (Pope Memorial), 523 Stokes, Bury. Free to join; No reservation required.

June 13

CHEP Video Conference: Why Can't I Sleep? Wednesday, June 13, starts at 10 a.m. (please arrive early). Richmond Regional High Community Learning Centre (375 Armstrong). Free to join; No reservation required.

June 16

Father's Day Chicken and Ribs Barbecue at the North Hatley Legion on Saturday, June 16 at 6 p.m. Reservations

TONIGHT 5:00 → 9:00 PM
ORDER ANY MEAL FEATURING SHRIMP AND GET **50% MORE SHRIMP FREE!**
LATER at 10:00
KARAOKE
Golden Lion Pub and Brewery in Lennoxville

please, 819-842-2933 after 2 p.m.

June 17

Father's Day Brunch on Sunday, June 17 at Beulah United Church, 967 Main Street, Ayer's Cliff from 11 a.m. to 1 p.m. Come and enjoy a home cooked meal of ham, sausage, bacon, scrambled eggs, baked beans, pancakes with real maple syrup, toast, fruit salad, coffee, tea and juice. Adults: \$10, children 5-12: \$5, children under 5: free. All are welcome.

EXHIBITS

June 2-August 5

"Home Place" Exhibit at the Eaton Corner Museum, 374 Route 253, Eaton Corner, featuring Linda Hoy (Photography), Stuart Main (Oil) and Denis Palmer (watercolour). Vernissage: Sunday, June 10, 11 a.m. to 4 p.m. Hours: 11 a.m. to 4 p.m., Saturdays and Sundays during June, Wednesday to Sunday during the summer.

June 14 - July 1

Exhibition One - Ye Olde Blacksmith (Vieux Forgeron) Art Gallery - June 14 - July 1, 2018. 'Women of the mountains' - Nepal. Photography and documentary film (screening Sat. June 30, 7 p.m. at the gallery) Dany Lavoie Martine Breuillaud - Alaya Foundation. 'Rêveries' Kathryn Cabinet-Kroo - mixed media Shirley Katz - mixed media Julia Pomeroy-painting. VERNISSAGE: Saturday, June 16, 5 to 7 p.m. HOURS: Thursday to Sunday 11 to 6 p.m. www.levieuxforgeron.com. 240a Dufferin St., Stanstead, Qc.

THEATRE

June 15

MYSTERY DINNER FUNDRAISER at the PIGGERY THEATRE, North Hatley on FRIDAY, JUNE 15 at 6 p.m. Enjoy a mechoui meal and solve the crime. Book early, tickets are limited. Tickets: \$30 pp. Mystery written by Mead Baldwin. Tel: 819-842-2431, piggerymedia@gmail.com

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Local Sports

Over the past 10 weeks our Walk or Run to Quit members have been actively participating in our program and have either successfully quit or are attempting to reach their cessation goals.

National Break Free 5km event celebrates physical activity for all ages



A RUNNER'S MIND

CHRISTINE BLANCHETTE

If you have recently taken up running and would like to hone your skills in a non-competitive event, the second annual Break Free 5km run is for all levels of abilities. The main focus of the run is getting people physically active while also incorporating challenging obstacles in the form of optional play stations.

In a Q&A interview, Break Free 5km organizers John Reeves and Janis Lema explain how the event came about and what they hope to achieve from it.

Q: What makes the Break Free 5km unique?

A: Break Free 5km is not your typical walk or running event, it is a celebration of healthy lifestyles that allows you to play along the way. Walk or run and partake in our optional play stations. Each play station is there to remind us that living a healthy lifestyle is meant to be fun. This year Running Room and Canadian Cancer Society will host eight Break Free 5km events across Canada, starting in Vancouver on June 9.

Q: Who is this event for?

A: The event is a celebration walk or run for those graduating from the 10 week Walk or Run to Quit program. Family and friends are invited to join those

dedicated participants whose goal is to quit smoking and take up a healthier lifestyle. Local community members looking for a fun non-competitive event will also enjoy this day. Cost is low at \$25 with kids under 12 FREE.

Q: Why is this event important?

A: Over the past 10 weeks our Walk or Run to Quit members have been actively participating in our program and have either successfully quit or are attempting to reach their cessation goals. They are joining in the Break Free 5km to celebrate, some with their quit buddy and many with their families and friends, to recognize the challenges to succeed in quitting have been achieved and now they can break free and start on a fresh road to a healthier lifestyle.

Q: What kinds of obstacles will there be?

A: Surprise activities along the way are all intended to focus on fun. Optional play stations include: boulder toss, bouncy castle, human bowling alley, spider web and super soaker gauntlet. Cool off at the water gun station, run through the human bowling alley and make your way through an inflatable bouncy obstacle course.

Q: What has the feedback has been like?

A: Over three years we have seen the quit rate jump to over 50 per cent for those taking the 10-week in store program compared to the national 'cold turkey' rate. The success of the programs' curriculum and the support participants receive has proven to be a success. Everyone in the program, whether they quit or not, believes the program helps- this will be how they and others will quit smoking and change their lives.



COURTESY

Q: What are your plans for the event in future years?

A: Sustaining effort over the past three years is key to helping Canadians in their cessation. Currently, the national smoking rate is at 18 per cent and the Canadian Government has a goal to bring the rate down significantly to five per cent by 2035.

Q: How important is family participation to your event?

A: The whole family benefits when a member quits smoking. Social habits and family activities change, and not just in making healthier food choices, but in how the family gets physically active together. These active living events become the choice for the entire family to enjoy.

Q: How can we register?

A: Simply visit a local Running Room store to register.

Walk or Run to Quit continues to revolutionize the way people quit smoking while helping them become physically active for life. Since the pilot project began in 2013, thousands of participants have signed on for the ten-week training program, assisting them to quit smoking by learning to walk/run 5km. Research has found that becoming physically active helps curb cravings and withdrawal symptoms. In 2017 over half of participants interviewed reported being non-smokers six months after completing the program. Participants also continue to run on average, three times a week. Visit runtoquit.com for more information.

The Impact qualifies for the Development Academy Playoffs

After playing its last games of the Development Academy season last Saturday against the Philadelphia union, the U17 and U19 Impact teams are now focusing on the playoffs, from June 18 to 26 in Oceanside, California.

Both teams finished at the top of the Northeast division and in the league's top 8, which means both will be top seeds in the first playoff phase.

It's the fourth consecutive year that the Impact U19 qualifies for the playoffs and the third straight time for the U17 team.

"It shows the progress made since our beginnings," said the Academy director and Impact U19 head coach Philippe Eullaffroy. "It also validates the development options we took, and the quality of the work done daily. Our standards are higher and higher and it's now the norm for both our teams to qualify every year. We also have to mention that the Impact U15 did well and would also have qualified for the playoffs if there was playoffs at that age."

The group phase will regroup the 32 qualified teams

for each age category, split in eight groups of four teams. After facing every team in its group, the top team is the only one to move on to the quarterfinals.

The Impact U19 will face an interesting challenge as it is grouped with the Atlanta United, the Houston Dynamo and the LA Galaxy.

The team ended its season with a 20-2-4 record, in fourth place in the entire league, and scored a total of 83 goals in 26 games. Forward Vincent Lamy scored 21 goals in 22 games and the team's defence managed to get 11 clean sheets. Mathieu Choinière, Clément Bayiha and Daniel Kinumbe were also invited to the first-team training camp and are currently with the U21 Canadian team at the Toulon Tournament.

The Impact U17 will face Saint Louis FC Academy, Players Development Academy and the Carolina Rapids.

"Our goal is to be champions, but we know that we need to take it one game at a time to succeed," said Impact U17 head coach Nicolas

Gagnon. "The biggest challenge will be to keep controlling every game while displaying our qualities and identity."

The team finished its season in 7th place in the league with a 17-6-3 record. The offensive production is split between Calin Calaidjoglu (10 goals), Moulay Abdallah Kanzi Belghiti (12 goals) and Woobens Pacius (13 goals).



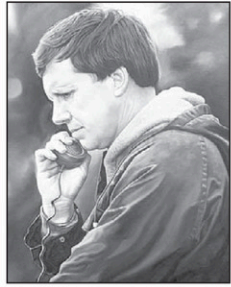
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Deaths



Bruce COULTER
(1927 - 2018)

Bruce Coulter, 90 of Lennoxville, Quebec, passed away June 5, 2018. Born November 19th, 1927 in Toronto, Ontario to Ernest and Ruby Coulter. Beloved husband to Joyce (Brown) who has been by his side since they were married 64 years ago. Survived by his four children Susan (Bob), Butch (Vessela), Doug (Charlotte), and John (Natalie).

Remembered as a loving grandfather by David, Erin (Kris), Quincy, Casey, Evan, Gordon, Amber, Nora, and great-grandfather to Everly.

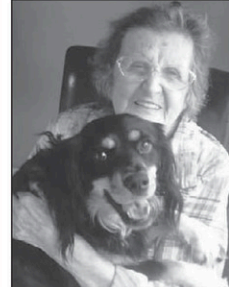
Bruce was an amazing man who lived a charmed life that touched many. He was a gentleman, accomplished athlete, teacher, husband, father, grandfather, great-grandfather and mentor to thousands of students. His most important accomplishments include: two-way player for the Montreal Alouettes (1948-57), head Coach of McGill University's football team (1958-61), Bishop's University's head football coach and athletics director (1962-1990), and inductee into the CFL hall of Fame with the class of 1997. His Coaching record at Bishop's speaks for itself standing at 137-80-2, CIAUs most successful coach upon retirement. Apart from the accolades, it was his commitment to his family, players, students and university life that exemplifies his legacy. In 1991 the Bishop's University football stadium was renamed Coulter field in his honour and in 1995 the Vanier Cup established an award in his name to be given to the most outstanding defensive/offensive player. Lover of music, especially blues, an accomplished ornithologist, and pretty good dancer, all will have their own unique memory of Bruce; however, his greatest legacy will be his commitment to his family and friends. A hero, icon, and legend he will be deeply missed and always remembered.

In lieu of flowers, memorial donations may be given to the Coulter Fund (in support of Bishop's Gaiters athletics) - Bishop's University, 2600 College St., Sherbrooke, QC, Canada, J1M 1Z7 or the MAB-Mackay Rehabilitation Centre (www.mabmackay.ca) would be appreciated. A celebration of Bruce's life will be held at Bishop's University on Friday, August 24, more details will follow.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi., Sherbrooke QC
info@steveelkas.com

PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

Deaths



Myrtle Jewel HOPPS

Myrtle Jewel Hopps, formerly from Waterloo, passed away

peacefully on May 2, 2018 at the age of 91. Daughter of the late Jenny MacFarlane and Clinton Hopps and sister to the late Harold, Alice, Lawson (Sylvie) and Stuart (Frances). Her legacy carries on through her beloved daughter Jennifer and son Delbert. She loved her grandchildren Roxanne (Guy), Samantha, Alexandra, Peter and Nicole. She cherished her great-grandchildren Mika, Naiema, Journey, Trooper and Midnite. Myrtle appreciated good food shared with family, beautiful flowers and all animals. A celebration of Myrtle's life will be held at a later date. The family wishes to thank the staff at the Foyer Pere Guinard for their professional and dedicated care, kindness and expert support during the final years of her life. In lieu of flowers, donations can be made to your local Society for the Protection of Cruelty to Animals (SPCA).



Deaths



Rene Parent
March 16, 1929
to June 4, 2018
Sherbrooke

My dear husband and loving father left for heaven suddenly and

quietly on Monday, June 4, 2018.

He leaves to mourn his loving wife of 53 years Midge Winnifred Danforth, and his two loving daughters Gisele and Gaetane.

He was the only son of the late Armand Parent and the late Emilie Martine. He was predeceased by his sisters and brother-in-laws: Viola (Harve Thibault), Cecile (Guy Belanger), and Aline (Wilfred Ruel).

Rene leaves to mourn his in-laws: Robert Danforth (Susane Langois), Rita Danforth, Debra Danforth (Andre Daigneault), Phyllis Danforth (Alain Rouleau), Philip Danforth (Renee Bibeau).

He also leaves to mourn his many nieces, nephews, Godchildren, friends and neighbors.

Funeral arrangements will follow at a later date.



FRED TOOMBS
1928 - 2018

After a long and debilitating illness and other complications, Fred died peacefully May 28th at the Wales Home in Cleveland, Qc. Survived by his wife Berny Benoit, Dalphy Toombs wife of his dear late brother Hillard and their children Shane, Peter, Pam and their partners. Two great nieces Katelin, Jessica and great nephews Gavin and Joshua, along with other relatives and friends all of Charlottetown, PEI. Also surviving sisters-in law Antoinette Adamson (late Eddy) Beatrice Long (late George) nephew Shawn E. Long, nieces Colleen Long (Gilbert Verhoef), Terry-Ann Long (Christian Lussier) and five great nephews Patrick, Lee Verhoef, Ryan, Kelsey, Jason Lussier and one great great nephew Tyler Lussier. Also Lyse and Marc Courtemanche. Fred will be remembered by friends in CAN/USA especially Derby Vt. all followers of Dr. Bob and Bill W. Anyone wishing to honor his memory please do so by contributing to Animal Welfare/Shelters in any town/city and to the Wales Home Foundation would be appreciated. Golfing friends will remember his enthusiasm and knowledge of the game that he played so well for many years. If you love golf and country music Freddie was your man. Rest in Peace.

STEVE L. ELKAS FUNERAL HOME
4230 Bertrand-Fabi, Sherbrooke QC
PHONE: 819-565-1155
FAX: 819-820-8872
info@steveelkas.com
www.steveelkas.com

In Memoriam

BELL MCINTYRE, Evelyn - In memory of Evelyn Bell McIntyre, Mom (1931-2017)
*We think of you with love today
But that is nothing new.
We thought about you yesterday
And days before that too.
We think of you in silence
We often speak your name
All we have are memories
And your picture in a frame.
Your memories are our keepsakes
With which we'll never part
God has you in his keeping
We have you in our hearts.*

Dearly loved and sadly missed.
GLORIA & DAVID, DALE & CONNIE,
BRENDA & DAVID, GARY
GRANDCHILDREN &
GREAT-GRANDCHILDREN

Card of Thanks

BANKS - Special thanks to the staff of BMP Hospital Third Floor. What a great team, with special care. Special thanks to the CLSC, What would I do without of all your care and compassion to me? Special thanks for Birthday and Get Well Wishes. To each and every one for all the gifts of great food, beautiful cards, telephone calls and your prayers and support. Thanks to Reverend Lambie for your support, visitation and prayers. If any thanks have been forgotten, please forgive and accept my many thanks.
MAY BANKS



Card of Thanks

WITH GRATITUDE



Mr. Yvon Sirois
Dispensing Optician
December 3, 1923 - April 30, 2018

The family of Mr. Yvon Sirois is very grateful for all the support and comfort expressed by his friends, former colleagues and many clients.

Our sincerest thanks
THE SIROIS FAMILY



Cemetery Meeting

AYER'S CLIFF CEMETERY ASSOCIATION

Ayer's Cliff Cemetery Association to be held Monday, June 11, 2018 at 7:00 p.m. in the Ayer's Cliff Community Centre (Legion Hall), 176 Rosedale Street, Ayer's Cliff. All lot owners are welcome to attend.

Take matters into your own hands

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(514) 369-7845

www.osteoporose.qc.ca



Church Services

Anglican

LENNOXVILLE

Saint George Anglican Church in Lennoxville, at 84 Queen Street, will be celebrating Holy Eucharist every 1st, 2nd and 3rd Sunday at 11 a.m. Morning Prayer is held every 4th Sunday at 11 a.m.

NORTH HATLEY

Saint Barnabas Anglican Church, North Hatley, at 640 Sherbrooke St., celebrates Holy Eucharist every 1st, 2nd & 3rd Sunday at 9 a.m. Morning Prayer is held every 4th Sunday at 9 a.m.

GEORGEVILLE

June 10, St. George's Anglican Church, Georgeville welcomes you to services of Holy Communion at 8:30 a.m. and at 10:00 a.m. with the Ven. Dean E. Ross officiating.

SHERBROOKE

June 10, Church of the Advent, 473 Bowen St. S., Sherbrooke invites you to a service of Morning Prayer at 11:00 a.m. with a lay reader presiding.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100, Sundays: 10:30 a.m. Worship and Sunday School.

United

AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

WATERVILLE/NORTH HATLEY

Waterville/North Hatley United Church, Sunday, June 10, 11 a.m. Hymn Sing with Pat Hurley. 819-837-1112.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you to worship with Rev. Linda Buchanan on Sunday, June 10 at 10:00 a.m. Children always welcome. 819-565-8449; website-lennoxvilleunitedchurch.com

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill - at 819-346-6373 and www.plymouthtrinitychurch.org - welcomes all of you to our regular, 10:30 a.m. worship service on Sunday, June 10. We will celebrate the third Sunday after Pentecost and the 93rd anniversary of Church Union. Notre culte en français se tient le 10 juin à 9h. Tout le monde est cordialement le bienvenu! Minister: Rev. Samuel V. Dansokho.

Wales Home News May 2018



Comfort, Care and Countryside

May was a busy month at the home. Here is short overview of our month. Music with Steve Normandin took place in the nursing care units and main living room on the 3rd. He played several instruments including the accordion. A breakfast outing to the Deli-Train restaurant in Richmond took place on the 10th. The Sherbrooke Connection group held a meeting and plant exchange in the main living room on the afternoon of the 10th. Robin Goodfellow gave a piano concert in the living room on the afternoon of the 11th. A resident/family meeting was held in the main living room on the evening of the 16th. There was zootherapy on the nursing care units on the morning of the 17th. Boutique Normandin held a clothing sale on the 21st. Our fish pond was stocked on the morning of the 22nd. A spa afternoon was held in the living room on the afternoon of the 24th in celebration of Mother's Day. The Roxton Singers entertained residents on the evening of the 28th.

This month's birthday party took place on the 16th and was hosted by the Gore Women's Institute. Happy birthday

to everyone who celebrated.

On the morning of the 18th, Executive Director, Brendalee Piironen, held a special meeting in the main living room of the Wales Home to announce that the Résidence Wales Home and CHSLD Wales Inc. will be receiving its gold designation from Planetree. For more information on this, the press release in English and French can be found on our website and Facebook page.

This month's featured event was our annual silent auction, which took place on the afternoon of the 26th of May. In addition to the auction there was a white elephant table, bake sale and tea. Set up for the auction began on the 8th.

Welcome to Jean Davidson who is spending a bit of time with us. Also welcome to Russell Nutbrown, Lorraine Lacroix, Karen Taylor, Thelma Picken, Louise Pelletier and Marie Scott. Best wishes to Rose Oakley who has returned home. Our sympathies are extended to the family and friends of Betty Moore, Arthur Wood and Fred Toombs.

If you are looking for more information after you've read the details above, you can visit our website at www.waleshome.ca and Facebook page at https://www.facebook.com/ResidenceCHSLDWales for photos, news updates and a copy of the monthly activity calendar and chatter. You can also give us a call at 819-826-3266 for information on admissions, etc., or if you'd like to become a volunteer. We are currently in need of volunteers to do

one-on-one visiting (or reading etc.) with residents.

If you are looking for ideas for an interesting book to read, copies of "Memories Everlasting," are still available for sale at the Wales Home, Papeterie 2000 in Richmond and The Townshippers' Association. They are \$20 and can be purchased by contacting Rebcca Taylor by phone at 819-826-3266 ext.221 or by e-mail at rtaylor@waleshome.ca or making a purchase at one of the locations listed above. Mailing from the Wales Home is available for an additional cost. We are currently working on the sequel which will be titled "Timeless Memories."

We have set the date for the Wales Home Foundation's candlelight evening of memories. It will take place on November 2nd at 7 p.m. in the main living room. The funds raised this year will be used to update our library. Pamphlets will be sent to previous contributors in the coming months, but in the meantime should anyone want to purchase candles, they can contact Rebecca Taylor by phone at 819-826-3266 ext.221 or by e-mail at rtaylor@waleshome.ca.

To all the volunteers who assisted us in any way this month, thank you for your dedication and commitment. We are extremely appreciative of all the help that you provide us. Until next month, when we can hopefully report how many fish we've caught in the pond at a fishing derby.

Submitted by Rebecca Taylor

SUDOKU

DIFFICULTY RATING: ★★★★★

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6/8

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PREVIOUS SOLUTION

4	5	2	8	7	3	1	6	9
8	3	1	4	6	9	5	7	2
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7	4	3	9	8	6	2	1	5
2	7	9	6	3	8	4	5	1
3	8	4	1	9	5	6	2	7
5	1	6	7	2	4	9	8	3

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

7	8	2	1	5	9	6	4	3
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8	7	4	6	1	3	2	9	5
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6	5	9	4	8	2	3	7	1
5	9	8	2	6	1	7	3	4
4	1	7	5	3	8	9	6	2
2	6	3	9	4	7	1	5	8

PREVIOUS SOLUTION

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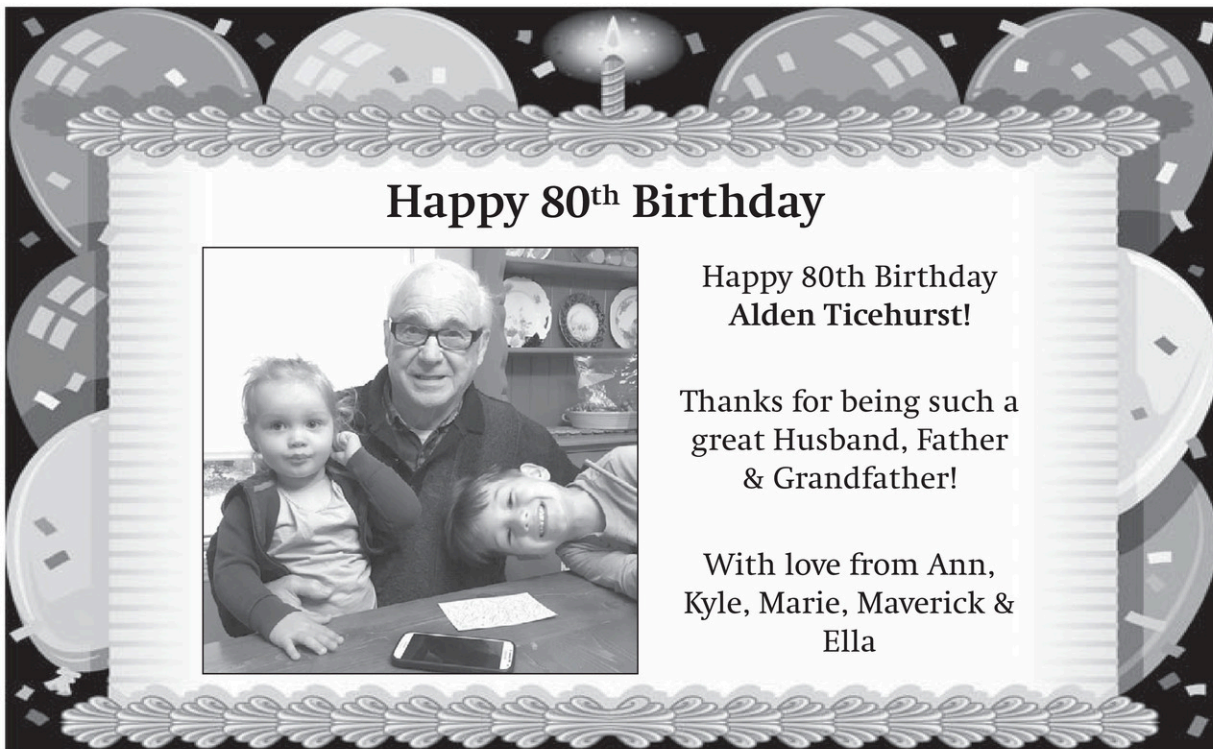
6/9

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	5		3			1		2
			5	2	6			


DIFFICULTY RATING: ★★★★★

SUDOKU

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.




Happy 80th Birthday



Happy 80th Birthday
Alden Ticehurst!

Thanks for being such a
great Husband, Father
& Grandfather!

With love from Ann,
Kyle, Marie, Maverick &
Ella



**FOUR GENERATIONS - KORMAN
from Mansonville**

From left to right: Shawn Korman (son of Wayne), Wayne Korman (holding Tyson, son of Shawn), Albert Korman (father of Wayne, holding Nixon son of Jason) and Jason Korman (son of Wayne).

Wisdom for couples considering marriage

Dear Annie

FRIDAY, JUNE 8, 2018

Dear Annie: Wedding season is upon us. I have been married for over 30 years, and I would like to share some wisdom and hard truths with any prospective brides or grooms.

The man or woman you are marrying will not change. Many things are hard-wired by the time we are in our late teens. To avoid a lifetime of regret and disappointment, please pay attention to the warning signs and your gut instincts.

When we are young, we begin with hope and enthusiasm. These are good traits, but they can also blind us to reality. Take your time entering into this commitment. When differing attitudes arise on occasion, it's a chance to see what your future would look like with this person.

No amount of love or sacrifice can change a person. Please take my word for it.

If your prospective husband does not believe in calling when he is out late, you will spend many nights lying awake, wondering where he is and worrying. If your prospective wife does not cook or clean and has no interest in doing so, you won't have many home-cooked meals or a tidy home.

I have spent most of my life trying to adapt to the marriage I am in. This is my fault. I don't blame anyone but myself. I wish the 57-year-old me could talk to the 24-year-old me and tell me how it is. If I could have seen into my future, I might well have been much happier.

Now I find myself absolutely brokenhearted — defeated, ashamed, lonely. My bad. The signs were there. I ignored them. I can't believe I am almost 60 and unhappier than I can ever remember being.

I have resigned myself to this life. There are too many little ones who rely on me for security. To divorce this man would wreck our family. And because he shows a completely different person to the rest of the world, no one would support me. To leave this marriage at this stage is not an option. I have lost the will to even stand my ground.

If you are considering getting married and have a little nagging voice that is trying its best to be heard, listen. Please. I have learned to be my own best friend and get through each day. And that, people, is no way to live. — Doing a Life Sentence With No Parole

Dear Doing a Life Sentence: I wholeheartedly agree with your advice to heed intuition and think carefully before entering a marriage. And you're right that no one should expect marriage to change or "fix" a person. But I have to ask you to please consider not resigning yourself to such unhappiness for the rest of your life. Just think: The 77-year-old you might write another letter, wishing the 57-year-old you had made a change. You still have decades ahead of you. They could be the happiest years of your life.

If you feel trapped in the marriage because of financial dependency, consult a lawyer and look into your options. There may be more there than you think. If your husband is abusing you physically or verbally, call The National Domestic Violence Hotline at 800-799-7233 for further guidance or just someone to talk to.

Dear Annie: This is in response to your answer to "Sleeping Bare": If I have to evacuate my house because of a fire, being nude will be the least of my problems. — Naked Ed

Dear Naked Ed: Your letter made me laugh out loud. Fair point.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creator-publishing.com> for more information.

*Send your questions for Annie Lane to
dearannie@creators.com.*

When you have muscular dystrophy your muscles say stop, but your mind says go

We provide hope and support to people with neuromuscular disorders



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CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ OBCZU... ROCR BASWYRKBARY
TGZ LGKBA WA ROB KCZWABY LBZB
GHBA, YG UBDWUBU... RG FGWA.”
— 21-NBCZ-GSU JBC CZROXZ

Previous Solution: “I was 17 and the Army... took one look at me and they said, ‘Melvin, you’re our guy.’” — Battle of the Bulge combatant Mel Brooks

TODAY'S CLUE: *λ equals N*

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ R SGE GCKZF HIKED SIK LDYDRXDP
UKKP GZP CDPRYGT LDTRDU LRFIH
GUHDL SKLTP SGL RR.” — GAPLDJ
IDWNALZ

TODAY'S CLUE: *W equals P*

Previous Solution: “Heard... that enlistments for women in the Marines were open, so decided... to join.” — 21-year-old Bea Arthur

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



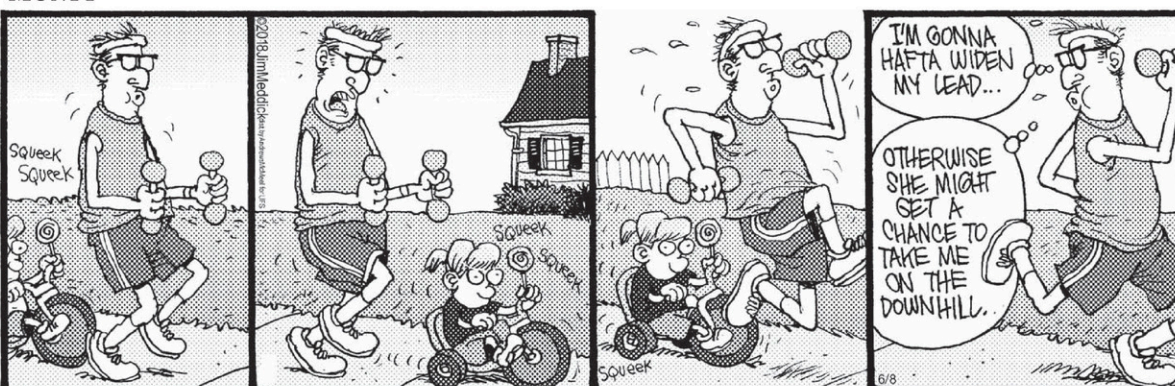
FRANK AND ERNEST



GRIZWELLS



MONTY



REALITY CHECK



HERMAN



Diabetes The New EPIDEMIC



Diabetes Québec
Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
 E-MAIL: classad@sherbrooke-record.com
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO
 THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

CLASSIFIED

001 Property for Sale



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrooke-record.com**

035 For Rent

NORTH HATLEY - By the river. 2 story loft apartment with wood and electric heat. Quiet location. Ideal for a couple. References needed. \$660, heat not included. Available July 1. Call 819-432-6612.

145 Miscellaneous Services

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

035 For Rent

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 www.sherbrooke-record.com

Want your ad to stand out?
 For .50 a word - bold it.

100 Job Opportunities

100 Job Opportunities

150 Computers



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190 Cars For Sale

CLASSIFIEDS ONLINE!
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275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

ELECTRIC BIKE, 3 new batteries, 36 volt, A-1 condition, asking \$575. Call 819-769-1654



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrooke-record.com**

290 Articles For Sale

SWIFT INSTRUMENTS ASTRONOMY telescope, as new, tripod and 5 lenses, refractory type with finer scope, 35 power to 175 power \$75.00 firm. Call 819-829-1383 9 a.m. to 6 p.m.

294 Events

ASTROLOGY READINGS - By appointment - at Les 3 Fees, 139 Queen, 819-933-4949, Saturdays 10 a.m. to 1 p.m., or by phone or internet: contact Michael O'Connor sunstarastrlogy@gmail.com, 514-912-6871, www.sunstarastrlogy.com

CLASSIFIEDS ONLINE!
 www.sherbrooke-record.com

330 Pets



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. **819-569-9525. classad@sherbrooke-record.com**

340 Garage Sales

COOKSHIRE-EATON

BIG GARAGE SALE, many tools big & small, fishing equipment, furniture, electric organ & bench, 2 wheel trailers, tires to fit Cherokee Jeep 17", 4 wheeler ATV #2 up seat, kitchen ware, dishes etc. small gas stove, many other items. June 9, 8 a.m. to 4:30 p.m. June 10, 9:00 a.m. to 3:00 p.m. Hurry to 1780 Spring road, off 108, look for balloons and tall cedar hedge.

340 Garage Sales

HATLEY VILLAGE 68 MAIN, St. 2 family garage sale, large selection of household items, antiques, and collectibles. Featuring: two 10 foot long wooden tailors tables, church pew, spinning wheel, pot bellied stove, etc, etc. Saturday and Sunday June 9 & 10 from 9 a.m. to 4 p.m. Rain or Shine.

KNOWLTON

26 Lansdowne, Knowlton, on Saturday, June 9 & Sunday, June 10 from 8 a.m. to 3 p.m.

KNOWLTON

GARAGE SALE, June 8, 9 & 10. 8 March Street, Knowlton. 9 a.m. to 4 p.m. Furniture, books, fabrics, tools and collectables.

LENNOXVILLE

Garage Sale, Something for everyone including: guitars, ceramics, craft material, antique golf clubs, books, humidifier (new), paintings, puzzles, etc. Saturday, June 9, 41 Deacon St., (Lennoxville) Sherbrooke, 8 a.m. to 1 p.m. Cancelled to next weekend if raining.

MAGOG

HUGE INTERIOR sale 8:30 a.m. Saturday June 9 and Sunday, June 10. Centre Constance- Langlois, 1525 rue Est.

SHERBROOKE

Garage Sale, Antiques. 343 Montreal St. Today through Sunday. Many antique furniture, frames, lamps and much more. 40% off of everything. 819-569-6625

SUTTON

63 WESTERN St. Saturday, June 9, from 8 a.m. to 4 p.m.

WATERLOO

GARAGE SALE, 4034 Foster (Corner of Dufferin and Foster) Saturday, 9 a.m. to 3 p.m. Lots of good stuff

340 Garage Sales

WATERVILLE

GARAGE SALE to be held at 1525 Principal South in Waterville on Saturday, June 9 from 8:00 a.m. till 2:00 p.m. Funds raised will go towards cancer research. Articles for sale include Piano, 2 marble end tables, desk, home gym, outdoor umbrella, chair, books, dishes and household articles. There will also be a bake table with assorted desserts.

345 Flea Markets

SUTTON

Saturday Market Corner of Academy - Curly (June 9) Visit Bonny's Barn Sale (inside). Wooden Bowls, old bellows, other antiques reasonable.

395 Home Improvement

TAPIS STEVE

Closing Sale! Liquidation of floor covering inventory. Up to 80% off. Store hours: Friday 8:30 a.m. to 5 p.m. and Saturday 10 a.m. to 1 p.m. **11 Queen Street, Lennoxville. 819-566-7974.**

Find a special handyman or a handyman's special in the Classifieds

Locate a house with potential, then find someone special to help fix it up - all in our Classifieds!

(819) 569-9525 (450) 242-1188

Datebook

FRIDAY, JUNE 8, 2018

Today is the 159th day of 2018 and the 81st day of spring.

TODAY'S HISTORY: In 1789, James Madison, then a member of the House of Representatives, proposed the Bill of Rights to Congress.

In 1949, George Orwell's "Nineteen Eighty-Four" was published.

In 1968, James Earl Ray, who was suspected of assassinating Martin Luther King Jr., was arrested in London.

In 1982, President Ronald Reagan became the first U.S. president to address a joint session of the British Parliament.

TODAY'S BIRTHDAYS: Robert Schumann (1810-1856), composer; Frank Lloyd Wright (1867-1959), architect; Francis Crick (1916-2004), biophysicist; Barbara Bush (1925-2018), U.S. first lady; Jerry Stiller (1927-), comedian/actor; Joan Rivers (1933-2014), comedian/actress; Tim Berners-Lee (1955-), World Wide Web inventor; Scott Adams (1957-), cartoonist; Julianna Margulies (1966-), actress; Kanye West (1977-), rapper/producer; Maria Menounos (1978-), actress/TV personality.

TODAY'S FACT: George Orwell died just seven months after "Nineteen Eighty-Four" was published, due to complications from tuberculosis.

TODAY'S SPORTS: In 1966, the National Football League and the American Football League announced their merger as the NFL, with American and National conferences.

TODAY'S QUOTE: "An art cannot be taught. You can only inculcate it, you can be an exemplar, you can create an atmosphere in which it can grow." - Frank Lloyd Wright

TODAY'S NUMBER: 65 - seats in the first session of the House of Representatives (1789-1791).

TODAY'S MOON: Between last quarter moon (June 6) and new moon (June 13).

MANOIR HOVEY

Manoir Hovey, 5-star lakeside inn in North Hatley is currently hiring:

Experienced Dishwasher

- Maintain kitchen areas and equipment clean and in order.
- Wash dishes, silverware, pots and pans.
- Autonomy, courtesy and team spirit.

Housekeepers

- Clean rooms and public areas.
- Report irregularities to maintenance team.
- Autonomy, courtesy and team spirit.

Servers

- Setting up the dining room
- Bring plates/clear away tables
- Bilingual French/English required

Please share your application by email at marketing@manoirhovey.com or in person at 575 rue Hovey, North Hatley, QC

Advertise in our Career Section

Many Record readers expect to change employment within the next year. Shouldn't your ad be in The Record's Career Section?

For reservations or further information, please call

THE RECORD
569-9525

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NEA Crossword Puzzle

- ACROSS**
- 1 Mineral find
 - 4 Circuit
 - 7 Nourished
 - 10 Vocalist — Sumac
 - 11 Curved molding
 - 13 Two pounds, plus
 - 14 Halfway
 - 15 Insect resins
 - 16 Singles
 - 17 Fact facer
 - 19 Lalique or Descartes
 - 20 9-digit ID
 - 21 Horse —
 - 23 Docile
 - 26 Brown pigment
 - 28 Rowboat need
 - 29 Addams Family cousin
 - 30 Follow
 - 34 Ice-fishing tool
 - 36 Belly dance instrument
 - 38 Opposite of post-
 - 39 Jett and Fontaine
- DOWN**
- 1 Phys. ed.
 - 2 Kuwaiti leader
 - 3 Whipped up
 - 4 Lazes about
 - 5 Leaning on
 - 6 Abs are below them
 - 7 Less coarse
 - 8 "Maria —"

Answer to Previous Puzzle

B	I	L	K	S				A	D	U	L	T	
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			M	A	R	A	C	A		L	E	A	
	S	O	L		I	B	O						
R	A	N	I		M	I	N	N		C	F	L	
O	M	E	N	S		D	E	E		U	R	E	
M	B	A		E	R	E		Z	E	R	O	S	
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- 9 Med quantity
- 12 Block, legally
- 13 Seoul citizen
- 18 Get nosy
- 22 Dappled
- 23 Ostrich kin
- 24 — de Cologne
- 25 Joule fraction
- 27 School founded in 1440
- 29 Hematite yield
- 31 Whirlpool locale
- 32 Search engine find
- 33 Blondie's shriek
- 35 Bounces
- 37 Worked at a theater
- 40 Unfired brick
- 41 Colo. neighbor
- 42 Single-handed
- 43 Knoll
- 45 Ladd and Shepard
- 46 Spill the beans
- 48 Limestone formation
- 49 Koppel and Turner
- 50 Bagpipes player
- 54 Be in debt

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58					59				60			

Your Birthday

FRIDAY, JUNE 8, 2018

Go where the action is and engage in projects that allow you to use your skills, attributes and experience. Set yourself up for change and be willing to try new things. This is a year to put your time, effort and energy into personal gains and benefits.

GEMINI (May 21-June 20) — You'll be faced with mixed emotions that are bound to make you think twice when it comes to how much you do for others. Listen to what's being asked for, but only offer what's fair.

CANCER (June 21-July 22) — Emotional problems will surface when dealing with decisions that include other people. Partnerships must be handled with care to avoid a misunderstanding.

LEO (July 23-Aug. 22) — A short trip will do you good and will encourage you to make a decision that you've been contemplating. If you are uncertain, ask someone you trust to offer suggestions.

VIRGO (Aug. 23-Sept. 22) — Keep plugging away at whatever it is you must accomplish. Hard work will pay off, and the time it takes to apply extra detail will not be wasted. Follow your instincts.

LIBRA (Sept. 23-Oct. 23) — Channel your energy into home and personal improvements. Gather information to ensure that you have answers ready for anyone who offers criticism or derogatory remarks. Take better care of your health.

SCORPIO (Oct. 24-Nov. 22) — Look at the big picture, but don't buy into something you cannot afford. Set your sights on what's realistic and doable. A personal improvement or romantic encounter looks inviting.

SAGITTARIUS (Nov. 23-Dec. 21) — Discuss your intentions with someone who will be influenced by the decisions you make. Getting the go-ahead will make your plans easier to achieve. Home improvement is favored.

CAPRICORN (Dec. 22-Jan. 19) — Listen carefully and look for a way to deal with friends and relatives without upsetting someone you care about. Don't make changes without getting approval first.

AQUARIUS (Jan. 20-Feb. 19) — Clear the air. If you want someone to do something, you have to be blunt about what you want. Find out where you stand, and do what's necessary.

PISCES (Feb. 20-March 20) — Not everyone will see things the same way you do. Take a wait-and-see approach when dealing with matters that can influence your reputation or affect your position.

ARIES (March 21-April 19) — Keep busy. A physical challenge will help you blow off steam and keep you from doing or saying something you shouldn't. Bide your time and gather information.

TAURUS (April 20-May 20) — Resolve uncertainty and move forward with enthusiasm. Personal gains can be made if you are willing to put in the time and effort. Romance is on the rise.

FRIDAY, JUNE 8, 2018

Hatchable tricks may be counted

By Phillip Alder

Aesop, in "The Milkmaid and Her Pail," wrote that well-known line: Do not count your chickens before they are hatched.

In bridge, though, you can count some winners before they have been added to your batch. In fact, you should always start, before playing to trick one, by counting winners and losers. It would also be a good plan to assume the worst possible distribution of the defenders' cards.

In today's deal, South is in three no-trump. What should he do after West leads a low spade?

On the second round of the auction, South might have bid two clubs, fourth-suit game-forcing. His side might have been able to make a slam in diamonds. But it is easy to understand plunging into our favorite contract.

West did very well not to lead a low club. After his excellent spade start, South saw overtricks. He anticipated winning the first trick with his spade queen, driving out the diamond ace and taking at least three spades, three hearts, four diamonds and one club. However, when he played low from the board, he got an unexpected surprise. East won with the spade king and shifted to the club jack. A second finesse lost, and West cleared the club ace out of declarer's hand. South, with egg on

		North	06-08-18
		♠ A J 6 3	
		♥ A 4	
		♦ K Q 10 9 8	
		♣ 7 2	
West		East	
♠ 10 8 7 2		♠ K 9	
♥ J 5 2		♥ 10 9 7 6	
♦ 5 4 3		♦ A	
♣ K 6 3		♣ J 10 9 8 5 4	
		South	
		♠ Q 5 4	
		♥ K Q 8 3	
		♦ J 7 6 2	
		♣ A Q	
		Dealer: North	
		Vulnerable: East-West	
South	West	North	East
		1♦	Pass
1♥	Pass	1♠	Pass
3NT	Pass	Pass	Pass
Opening lead: ♠ 2			

his face, cashed out for down two. (Note that if he had driven out the diamond ace, he would have lost one spade, one diamond and five clubs for down three.)

Let's go back to trick one. Suppose South wins with dummy's spade ace and plays on diamonds. How many chickens does that hatch?

Right — nine: one spade, three hearts, four diamonds and one club.

Your Birthday

SATURDAY, JUNE 9, 2018

Don't leave anything to chance this year. Do background checks and look for alternative ways to use your skills. Keeping ahead of the competition and tracking what's currently trending will help you stay on top of your game. Don't wait; it's up to you to create opportunities.

GEMINI (May 21-June 20) — Participate in organized events and activities. Your input will lead to a proposal that is worth your while. An emotional matter should be dealt with behind closed doors.

CANCER (June 21-July 22) — You can make changes, but do so for the right reason. If you let your emotions take the reins and make decisions for you, mistakes will occur.

LEO (July 23-Aug. 22) — Look for a way to appease others without taking on too much. If you delegate jobs to others, you will show your strength and things done.

VIRGO (Aug. 23-Sept. 22) — An emotional matter should be looked at carefully. Don't settle for something imprudent. Make a counteroffer or find a solution that is within your budget.

LIBRA (Sept. 23-Oct. 23) — Take your time. If someone pressures you, walk away. Relationships will need to be handled with care. A stressful domestic situation will develop due to poor spending habits.

SCORPIO (Oct. 24-Nov. 22) — The desire to make a move or alter your life in some way needs to be handled with care. Impulsive action will lead to disappointment.

SAGITTARIUS (Nov. 23-Dec. 21) — Participation is favored, as long as you don't overspend. Someone will complain if you don't live up to a promise you made. Emotional stress will wear you down.

CAPRICORN (Dec. 22-Jan. 19) — Concentrate on self-improvement, not on trying to change others to fit your lifestyle. The more you look inward, the easier it will be to let others be who they are.

AQUARIUS (Jan. 20-Feb. 19) — Speak up and get involved in conversations that will help you resolve issues. Not everyone will agree with you, but at least you'll know how to best move forward.

PISCES (Feb. 20-March 20) — You'll be questioned if you are too whimsical about the way you do things. A gift or financial gain looks promising. A personal change can be put into play.

ARIES (March 21-April 19) — Be careful how you deal with domestic matters. An older friend or relative will be a problem. Patience and consideration will be necessary if you want to find a workable solution.

TAURUS (April 20-May 20) — Don't underestimate others. You must be on your toes if you want to get ahead. Temptation must not lead to spur-of-the-moment decisions. Put a strategy in place first.

SUNDAY, JUNE 10, 2018

Clear up unfinished business and start preparing for a new beginning and long overdue opportunities. Your readiness will determine how easy it is for you to achieve your goals. Don't let the frustrations of the past hold you back or cause you to second-guess your ability to move forward.

GEMINI (May 21-June 20) — Take the initiative to put your plans in motion. A day trip or reunion will lead to interest-

ing information that will help you make a personal change.

CANCER (June 21-July 22) — If you want something, make it happen. Don't wait around for someone else to do things for you. Satisfaction comes from doing everything in your power to get what you want.

LEO (July 23-Aug. 22) — Take your time and be observant. If you make a move too abruptly, you will miss out on something worth waiting for. Enjoy activities that stimulate you mentally and physically.

VIRGO (Aug. 23-Sept. 22) — Take a short trip, visit a friend or relative or attend a reunion. Getting together with people from your past will be eventful and memorable. Romance is in the stars.

LIBRA (Sept. 23-Oct. 23) — Learn as you go. If you ask questions and show interest in what others are doing, you'll come

across someone or something that inspires you to make an exciting decision.

SCORPIO (Oct. 24-Nov. 22) — Nurture a relationship with someone special. Discuss matters openly and deal with any misunderstandings that could disrupt your long-term plans. A little romance will ease stress and improve your life.

SAGITTARIUS (Nov. 23-Dec. 21) — Confusion will set in if someone you are dealing with is inconsistent. Refuse to make a promise or commitment unless you know exactly what's expected of you.

CAPRICORN (Dec. 22-Jan. 19) — Bring about changes at home that will please you and those who live with you. The little extras you do for others will bring high returns.

AQUARIUS (Jan. 20-Feb. 19) — Keep busy doing activities that will ease stress,

or take care of chores and responsibilities that have been weighing you down. Idle time will lead to anxiety or anger.

PISCES (Feb. 20-March 20) — Go over the way things have unfolded for you in the past before you decide to get involved in something that didn't turn out well the first time.

ARIES (March 21-April 19) — Offer your encouragement and support to someone who is going through a rough situation. Your thoughtfulness and assistance will result in an unusual and unexpected reward.

TAURUS (April 20-May 20) — Show a little discipline and go over all the pros and cons of a situation before you take action. Emotions can lead to impulsiveness and poor choices if not monitored closely.



In 2017-2018 the Coaticook SADC devoted to supporting the community

\$1,917,185

COMMUNITY DEVELOPMENT ACTIONS

\$79,945
and almost **900 hours**

invested in carrying out 12 projects for the Coaticook region

2,180 hours

devoted to file development, advisory services, follow-ups and technical assistance by the SADC team

BUSINESS INVESTMENTS AND GUIDANCE:

The Investment Committee authorized **39 loans** amounting to **\$1,813,240** and contributing, in turn, to creating leverage of nearly **\$4,119,900**

This year, **47 jobs** were created and **375 maintained** by 55 active clients of the SADC.

SMALL BUSINESS SUPPORT INITIATIVE (SAPE)

\$24,000 and **173 hours** devoted to boosting the productivity of 14 businesses via sustainable development or communication technology integration projects:

- Sustainable development strategic diagnosis
- Waste management optimization
- Web strategy to develop business outside Quebec
- Digital strategy guidance to combine web solutions, content marketing and brand image creation

\$15,000

invested in the translation of communication tools addressed to the English-speaking community.

550 volunteer **hours**

done by **10 directors** out of their dedication to regional development.

The SADC is also:

5 professionals who are rooted in the community and contribute to its development and well-being.

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www.sadccoaticook.ca/en

Your dreams, our passion... a sustainable relationship

For additional details, consult the 2017-2018 Annual Report on the Coaticook SADC website.