



## FNQLHSSC Newsletter - October 2023

### WORD FROM THE EXECUTIVE DIRECTOR

Kwe!

With the arrival of autumn, Mother Earth is covered with colourful leaves that provide our senses with magnificent scenery, smells, foods, and medicinal plants. Many of you have already started harvesting the Three Sisters and the traditional pharmacopoeia, while others are preparing to decorate their homes for Halloween!

The FNQLHSSC is pleased to start the fall season by presenting the October edition of its *Rising Sun* newsletter. This edition focuses on justice and our rights as they are of paramount importance in our society to ensure the protection of individual freedoms and the fair resolution of conflicts and to build trust in institutions.

May autumn bring you comfort and the joys of spending time with family.

Enjoy your reading!

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**Marjolaine Sioui**, *Executive Director*

### NEWS



## Imposed sterilizations: Revealing the hidden truth

Many people are uninformed about imposed sterilization and are perplexed by this practice and the degree of violence it entails. To learn more about imposed sterilizations among First Nations women, Suzy Basile and Patricia Bouchard, authors of the [first report](#) on imposed sterilizations in Quebec, kindly answered some of our questions.

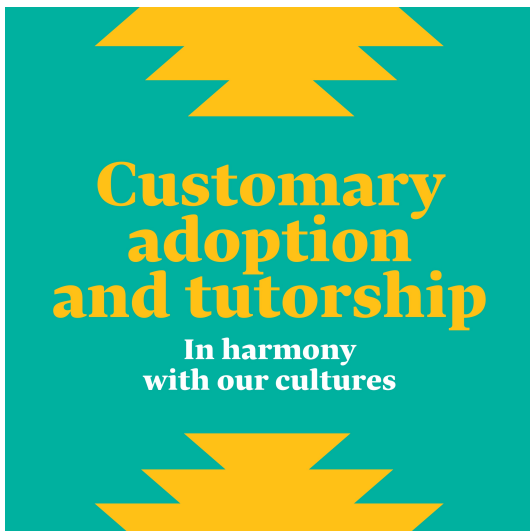
[Learn more](#)



## Justice 101

Do you have questions about the legal process, are you looking for accessible resources or do you want to learn more about your recourses and rights? *Justice 101* is a series of six informative videos intended for First Nations teens and adults who want to better understand the justice system in Quebec.

[Watch the series.](#)



## Customary adoption and tutorship: Our culture, our heritage, our right

Customary adoption and tutorship allow children to remain connected to their culture, language and traditional activities, and therefore to preserve their sense of identity.

[Learn more.](#)



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