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## Women most affected by the pandemic

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# THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

## Richmond Irish Heritage Festival goes virtual

Talk - Page 9

# WEEKEND EDITION

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FRIDAY, MARCH 12, 2021

## Quebec surpasses 600,000 administered doses of vaccine

Record Staff

As Quebec held a moment of silence to mark the National day of remembrance for victims of COVID-19, the province's public health authority announced that health care workers have administered over 600,000 doses of vaccine.

According to the latest data of the evolution of COVID-19 over the past 24 hours, there were 18,659 doses of vaccine administered, bringing the total to 619,060. Quebec has received a total of 852,065 doses of vaccine.

The health authority noted 738 new cases for a total of 295,390. And 15 new deaths, pushing the total to 10,518 – three deaths in the last 24 hours. There are 563 hospitalizations, which decreased by 18 and 111 people in intensive care, which decreased by 1.

The number of COVID-19 variants' cases in the province increased by six for a total of 341, with 1,712 presumptive cases. There are five B.1.1.7 UK variant cases in the Eastern Townships. Montreal has the bulk of variant cases with 195 in total.

In the Townships, the local health authority announced 18 new COVID-19 cases, bringing the total to 11,761 – and 191 active cases. There was also one new death attributed to the RPA Résidence N.H. Parent, for a total of 311 deaths.

## Better late than never?

Health authority doubles back for missed vaccinations



CAROLYN BENTZEN

Rolf Bentzen, the oldest resident at St-Francis manor in Lennoxville, was missed when the team that went to vaccinate the residents on Feb. 19 ran out of doses. Luckily, they were back at the manor yesterday to administer the vaccine to Rolf and other residents they had missed.

By Matthew McCully

The province gave a collective sigh of relief with the news that all residents in CHSLDs and private homes had received a first dose of vaccine against COVID-19.

Unfortunately, there were a few seniors who slipped through the cracks, namely 100-year-old Rolf Bentzen, eldest resident of Le Renaissance – Manoir St-Francis in Lennoxville.

"Somebody screwed up," explained Rolf's daughter

CONT'D ON PAGE 3



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## Weather



TODAY:  
60 PERCENT  
CHANCE WET  
FLURRIES

HIGH OF 2  
LOW OF -8



SATURDAY:  
MIX OF SUN  
AND CLOUD

HIGH OF -5  
LOW OF -8



SUNDAY:  
CLOUDY 60  
PERCENT  
CHANCE  
FLURRIES



HIGH OF -2  
LOW OF -19  
MONDAY:  
MIX OF SUN  
AND CLOUD  
HIGH OF -12  
LOW OF 15



TUESDAY:  
MIX OF SUN  
AND CLOUD  
30 PERCENT  
CHANCE  
FLURRIES  
HIGH OF 1  
LOW OF -4

# Let the deliciousness commence!

## A review of Francesca Ekwuyasi's Butter Honey Pig Bread



### GOOD READS

#### LENNOXVILLE LIBRARY

By Angela Leuck

In an opening scene of the novel by Nigerian-Canadian writer Francesca Ekwuyasi, one of the three main characters, Taiye, is preparing a feast for her twin sister, Kehinde, who is returning to Lagos, Nigeria, after 10 years in Montreal. We are treated to a description of Taiye making a Salted Caramel Chocolate Cake. In keeping with the section's title, "Butter," we learn: "For the batter, you will need as much butter as you can manage without leaving your cake too dense and greasy. Taiye would die in pure bliss if she were to drown in a tub of good butter, so she used plenty."

*Butter Honey Pig Bread* (Arsenal Pulp Press, 2020) invites us into a world of sensory pleasure. There are more than enough recipes, delectable meals, exquisite scents and tastes to thoroughly delight.

For instance, Taiye's hobby upon her return to Lagos is keeping bees. "The idea of keeping bees, with gorgeous raw honey as a reward, filled her with a delicate kind of optimism, a tender, pearlescent threshold to joy."

Ekwuyasi explains that her love of writing about food came from watching British cooking shows in her youth.

But this isn't only a novel about food, wonderful though that is. It's also about sex—with a dash of spirituality tossed in to give it extra tang.

In the following excerpt, the author very cleverly lays out the connection between all three. It's a flashback to the time when Taiye and her sister were ten years old at a catechism class one Sunday. It begins with the nun, Sister Augustina, listing the seven capital sins and asking the children if they remember what they mean. One of the

children replies:

"Greed is when you want to eat all the biscuits, even if they're not your own."

"No, that is gluttony," another child interjected. More students jumped in, a small uproar as they scrambled to give the right answer.

Sister Augustina whistled to seize their attention and placed a finger across her lips. Silence. She defined each of the seven deadly sins, starting with gluttony, and then, halfway to lust, she hoped she wouldn't have to explain it.

Of course, Taiye noticed: "What about lust? What does it mean?"

For Taiye, who has led a hedonistic life with many female lovers, spirituality is something she wrestles with throughout the novel.

The basic story line of *Butter Honey Pig Bread* concerns the evolving relationship between the two sisters and their mother, Kambirinachi. The relationship is complex. First, the girls are identical twins, which in Nigerian myth are often accorded supernatural qualities. They are inseparable until a traumatic incident drives them apart: Taiye goes to study chemistry in England and later moves to Halifax, Nova Scotia, to attend culinary school, while Kehinde decides to study in Montreal where she earns extra money working at a restaurant. Though separated, the twins remain almost mystically connected.

Another element that complicates their relationship is their mother's delicate mental state. Again, the author draws upon Nigerian myth, this time about "ogbanjes"—malevolent spirit children who torment their parents by dying and coming back to life again. As a child, Kambirinachi had troubled her own mother with her many mishaps in which she apparently died, then came back to life. Even into adulthood, Kambirinachi continues to hear voices of those who she believes are trying to lure her back to the darkness and death.

Despite this inner struggle, Kambirinachi makes a good marriage to a man who adores her, and for a while her life is blissful. She gives birth to her beautiful twin daughters and her artwork flourishes, for Kambirinachi is a talented artist. Such happiness is short lived. Her husband is the victim of the violence all too common in the "voracious beast that is Lagos."



Things take another bad turn shortly after with the "traumatic incident" that befalls the twins. At the same time, their mother withdraws further into her own haunted inner world.

When Taiye graduates from culinary school in Halifax, she returns to Lagos and decides to stay to care for their mother. She attempts to lure her back into the world by cooking delicious food, to which her mother responds.

The underlying theme of *Butter Honey Pig Bread* is that immersing ourselves in the senses, not only through food, but music, art, and, yes, sex, may be the best—perhaps even the only—path to real recovery and forgiveness.

In this excerpt, Ekwuyasi shows much may be gained from experiencing the pleasure of something as simple as eating a pomegranate:

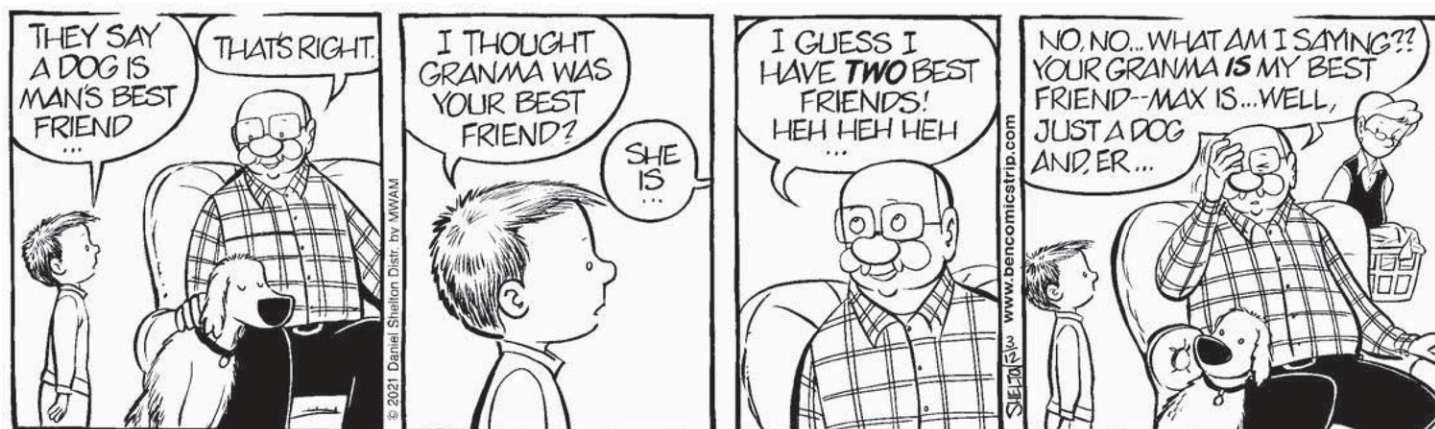
*After taking delicate bites of the soft pink flesh, shallow bites to leave the grainy seeds undisturbed, until the fruit became a knobby, slimy ball, she would pop the entire thing into her mouth, and spit out the fruit's tiny seeds, one by one, all sucked clean.*

The author's message is clear: consume life to the full until it is all sucked clean!

Angela Leuck is one of the five "Canada Reads...and so does Lennoxville!" presenters from the March 3 local event. We hope to present the reviews of the other four presenters in the coming weeks, so stay tuned!

The official Canada Reads event takes place March 8-11 on CBC TV, and online.

## Ben by Daniel Shelton



# Local News

For his part, Tremblay spoke to the signs of hope brought by the ongoing vaccination campaign, but he warned that the work of fighting COVID-19 is far from over.

## Sherbrooke marks one year of COVID-19

By Gordon Lambie

fallen victim to the virus in the last year across the province and the more than 300 in the Estrie Region specifically.

“These people are more than a statistic,” Lussier said. “They were fathers, mothers, brothers, sisters, and citizens that we remember.”

For his part, Tremblay spoke to the signs of hope brought by the ongoing vaccination campaign, but he warned that the work of fighting COVID-19 is far from over.

“The physical consequences of the pandemic will disappear faster than the psychological consequences,” he said, calling the latter, “the next great challenge we face.”

Those present then stopped for a time of quiet reflection, concluded by the ringing of the bells at the nearby St. Michel Cathedral.



STEPHANE TREMBLAY

Moment of silence

A ceremony in honour of all those who have died during the COVID-19 pandemic was held outside Sherbrooke’s city hall on Thursday, timed to coincide with the commemoration taking place at the National Assembly in Quebec City. Although kept small and brief in order to respect regulations on public gatherings, the event was attended by several members of the city council and administration, as well as an honour guard made up of police officers and firefighters.

Steve Lussier, Mayor of Sherbrooke, and Dr. Stéphane Tremblay, the President and General Manager of the CIUSSS de l’Estrie – CHUS, spoke briefly to acknowledge the more than 10,000 people who have

## Missed vaccinations

CONT'D FROM PAGE 1

Carolyn Bentzen.

“He was supposed to get the jab on Feb. 19,” Bentzen explained, along with the rest of the residents at the manor.

She called in the evening to ask her dad if he had any side effects from the vaccine, but he said he hadn’t received the shot.

According to Bentzen, her dad lives at the end of the hall. By the time the team administering the vaccines reached Rolf, they had run out of doses.

“We kept thinking they’ll be back,” Bentzen said. She saw in the paper that Manoir Stanstead was done, and Wales Home was coming up, so she figured a team would be back to finish the job at St. Francis. But after several days and no word, Bentzen contacted St-Francis manor director Gabriela Rotariu.

“We had a meeting last week,” Bentzen said, to figure out why her father was not done first since he was the oldest resident there, and what the plan was for him to receive the vaccine.

According to Bentzen, Rotariu went onto the clicksante website and got Rolf an appointment for April 16, and then offered to drive him.

“I wasn’t impressed,” Bentzen said, going online herself and finding an earlier appointment for her dad on March 18.

Then the tune changed on Monday. Bentzen got a call from Rotariu

saying that a team from public health would be by the manor on March 11 to vaccinate Rolf and other residents they had missed. She added that since Bentzen is a primary caregiver and spends so much time at the residence, that she was eligible for the vaccine as well.

According to Bentzen, she and her father both got the jab at 2 p.m. A total of 12 doses were administered, Bentzen said.

St-Francis director Rotariu explained that when the vaccination team came on Feb.19, they arrived with the precise number of doses required to cover the residence. The problem, Rotariu said, is that dosages are not an exact science. A vile can sometimes hold six doses, and sometimes only five.

“They missed four doses,” Rotariu said. “It was clearly their fault,” she said, adding that she expected that the team would be back the next day.

When asked why Rolf wasn’t prioritized because of his age, Rotariu said that would have been impossible. “They can’t jump from door to door,” she said, to vaccinate by age. The team moved systematically through the residence intending to reach everyone, she explained.

“I’m glad it happened today,” Rotariu said. As of yesterday, 100 per cent of the residents who wanted the

vaccine received it, she commented. Two residents refused the vaccine.

Rotariu said she was relieved the ordeal was over, since she received a worrying email from the CIUSSS de l’Estrie-CHUS on March 9 saying that any residents missed during the vaccination campaign should make their own appointment through the website and find their way to a vaccination centre. Otherwise, they would have to wait until a team returns to administer the second dose to residents to get their first, Rotariu explained.

According to the director, one of the four residents missing the vaccine can’t leave the premises.

“Imagine what would have happened,” she said.

According to a CIUSSS de l’Estrie-CHUS representative, vaccination teams are returning to private residences this week to complete vaccinations for seniors who were absent, or in the case of new arrivals. When asked about the March 9 correspondence suggesting residents were on their own, the rep specified that if residents weren’t vaccinated because of a miscalculation of doses, a team would return to finish the job. In the event that a resident was absent, they have the choice of making an appointment along with the general population, or waiting until a vaccination team can return to the residence. Because of the many residences to cover, the rep said there was no way to know how long that could be.



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# Open to the Spirit

Today's word: Progress

By Revs Mead Baldwin,  
Rabbi Boris Dolin  
Lee Ann Hogle, and  
Rev. Carole Martignacco

1) I'm not sure how I ended up on the webpage for the live feed of "Livermore California's Centennial Light Bulb", but there I was, taking a break from checking email to, well, look at a glowing lightbulb. While it may not have been as enthralling as a video of cute cats playing with a ball, this light bulb was actually quite incredible. First turned on in 1901, the light has been on continually since then, for 120 years! While admittedly it is not much to look at on a live feed video, the bulb is an important reminder that with some things in our world, what we call "progress" has actually taken us the wrong direction. (And, "they don't make lightbulbs like they used to!")

Lightbulbs, textbooks, computers, fashion. Our society is always telling us that we need to buy more and make better what

we already have. What we had last year is simply not good enough anymore. And if we think we can hold on to what we already have, companies often ensure that products are actually made to stop working after a certain time, so we have no choice to buy them again. Textbooks are given minor edits so students can't find the correct pages. Fashion is advertised as "out of date". Cell phones no longer work with current apps. While technological progress has brought us so many incredible things, an unfortunate part of this process is the "forced obsolescence" that tries to ensure that we will never be happy with what we already have.

I am reminded of the midrash, the story, about Moses and the first set of broken tablets that he received on Mt. Sinai and which he broke when he saw the people building the golden calf. One tradition says that Moses was told to put not just the new, second set of Tablets in the Holy Ark, but also the broken set of tablets. These tablets are symbolic of a time when

things did not go right, symbolic of a moment of brokenness in the community. By keeping the broken tablets along with the whole ones, the message is clear. True progress demands that we need to always remember where we came from, and hold on to both the memories of what has worked and what may be broken. We need the successes and celebrations, but also our mistakes, our tragedies, and our pain. One contributes to the other and both help carry us through life.

Progress can only happen if we can know and grow from the fullness of where we have been. Sometimes it means changing that lightbulb, and sometimes it means we need to work harder to hold on to what we already have.

2) Progress-how do we measure it? By GDP, the health of the stock market, the high school dropout rate? Do we measure world hunger, the suicide rate or the average life span? There are so many measuring sticks and so many conflicting priorities. If we are looking at the long term survival of our species surely the most important measure should be sustainability. Normally that would include the control of human activities so that damage to the environment is not a side effect to whatever activity we are engaged in. But sustainable human activity should also take into account the care we offer one another. For no human being can live well without love.

Today more than ever before we are learning about the impact we have on one another. From the selfless health care workers we are so grateful for, to the increasing environmental damage due to our production processes. True progress can only be attained as we leave off competing for the world's limited resources, nurture a spirit of collaboration with our fellow human beings and care for the natural world as if our lives depended on it. Hopefully that day comes about before it's too late.

3) Are we making any progress yet? Has society progressed beyond our racist past? Can

we travel into the future on a more progressive path? The word "progress" suggests a journey. It leads me to believe that, bit by bit, sometimes slowly, we are creating a better world. The journey does not happen overnight. Many people know a famous book from the past called "Pilgrim's Progress" by John Bunyan. They may not remember the full title; "The Pilgrim's progress from this world, to that which is to come." This spiritual journey, going forward, was seen as a good thing.

These days for many people nostalgia is prevalent. I noticed a Cereal company was going back to a campaign, from many years ago, where they put collectible plastic spoons in each box to encourage sales. PLASTIC !!! As if we need more plastic in the world. That is not progress, that is going backward. There are some cultural groups who even have a longing to move backward, to a time when their racist superiority was normal. They feel more comfortable with nostalgia than justice. Don't get me wrong, I have some memories that make me feel good, but I wouldn't want to live in the past today. For some political groups the term "progressive" is even seen as a dirty word. It is interesting to note that for people of colour, or new immigrants, or those who have felt the pain of gender discrimination, nostalgia does not appeal very much.

I am unapologetically progressive. Let's celebrate each moment of progress, and use that image to inspire people to create a better world. Let's move forward and not romanticize the past.

One word, only 3 voices this time. What do you think of Progress?

Rev. Mead Baldwin pastors the Waterville & North Hatley pastoral charge; Rabbi Boris Dolin leads the Dorshei-Emet community in Montreal; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco, Unitarian Universalist is retired from ministry with UUEstrie and now resides in St. Andrews-by-the-Sea NB, but keeps one foot in the Townships by continuing with this column.

## GLIMPSES OF THE PAST



Collection Jean-Marie Dubois. Musée d'histoire de Sherbrooke

It was in his brand new Valcourt factory, where he was producing the B7 snowmobile at the time (the first snowmobile made for commercial use) that the famous inventor Joseph-Armand Bombardier developed the B12 snowmobile in 1941. The B12, which was equipped with a continuous caterpillar track system, could seat twelve passengers. It was an instant success for the young Bombardier company. Production of the B12 resumed in 1945 following a hiatus due to the creation of military vehicles during World War II. As a result, a new factory was built in 1947. The facilities have been expanded several times since then and they are still part of the large modern-day factory that produces Ski-Doo's and BRP Spyders. B12 snowmobiles are used as school buses and ambulances, as well as for the transportation of goods and by Canada Post for the distribution of mail in remote regions.

### INTERESTED BY HISTORY?

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# “I don’t think I should be given the third choice”

David Rossiter  
Special to The Record

enough testing done on its efficacy in senior citizens, something that has been reported by the national vaccine panel.

McCallum agreed that the vaccine is not inherently bad and will be helpful in vaccinating younger, less at-risk groups, it’s the consequences of lower efficacy that concern him. “If someone in a younger demographic gets this vaccine and it doesn’t work, they might have a tough week, however for someone in my age group who could die from the flu, consequences of a less effective vaccine are more severe,” the 64-year-old said.

Despite offering the vaccine to seniors, Quebec’s immunization committee seems to agree with these points of McCallum. “... should not be routinely offered to people who present a very high risk of disease, complications and/or who would not respond well to any vaccine,” the committee wrote in a report. However, the fact that over half of the 213,000 vaccines received by Quebec this week have been the AstraZeneca variety, validates McCallum’s concerns that seniors could feel the need to take this vaccine.

“How can I take that vaccine

knowing that there are two other safer ones for my age group,” he said.

On Thursday morning after the conversation with McCallum, reports were coming out of Europe that the AstraZeneca vaccine had been suspended in multiple countries, including Denmark, Italy and Norway. The reason was investigation of potential links to blood clots, however health officials from those countries stress that these are preliminary measures, and that no connection has been established.

## Women are most affected by the pandemic

By Marie-Camille Théorêt  
Special to the Record

losing their jobs, dealing with a reduction of working hours, having a heavier mental load, and living with exhaustion or other mental health issues such as anxiety and depression. The centre also observed that there is a lot of trivialization towards the difficulties women face.

In cases of domestic violence, the pandemic makes it harder to reach out for help because women victims are often confined with their abuser. When everyone returned to work after the first lockdown, there was an increase in requests for help. The women’s centre offers temporary housing for those in need and offers references to other programs in the Townships. The Center also has two bilingual social workers to intervene with and help English-speaking women.

### In the workplace

Additionally, the IRIS study shows that women occupy the majority of at-risk jobs; nurses (89,5 per cent), beneficiary attendants (84 per cent), and daycare workers (96 per cent).

In Magog’s early childhood center L’Enfant-Do, there are a total of 80 children from 10 months to 4 years old. The staff is composed of 23 women and no men. Because of the pandemic and the numerous sanitary procedures, stress levels are up and the center is short staffed.

“The pandemic has created high levels of stress and there is not 100 per cent stability. Sometimes, employees can’t come in for three days because they are at risk so this means we are short staffed. Then, if a child has symptoms, one of the girls has to stay in isolation with him or her. Therefore, one less person is working,” said Patricia, one of the daycare workers. Even though parents remain understanding, it gets frustrating for these women because they cannot offer all of the support that they want to. The different sanitary measures also asked for a lot of adaptation since groups of children cannot be mixed together. The daycare workers have to wear masks and glasses almost at all times. They are excited to finally receive visitors in April—because

they still do not have them—so that children will be able to see their faces. Even if they received a wave of appreciation, daycare workers remain invisible.

“We had a lot of acknowledgement because we were present in times of need. There has been a good recognition, but we would’ve liked to get bonuses just like workers in hospitals and other essential services did,” added Patricia.

Véronique Latulippe also identified that one positive thing coming out of the pandemic is that the difficult conditions of frontline workers are being highlighted.

“The positive thing is that it will probably help them negotiate better working conditions even though we’ve been advocating for this for years. We’ll see if this momentum will be sustained after, but I am pretty disillusioned about that,” said Latulippe.

The IRIS study also puts to light the inequalities in the Canadian job market today: for every \$1,32 earned by a man, women earn an average of \$1 in the job market.

## Gas leak shuts down part of Alexandre Street

Record Staff

renovation project. He told The Record that the situation was completely under control and no one was injured. A firefighter can be seen in the photo using a power saw to reach the pipe underground.

MICHAEL BORIERO

Gas leak on Alexandre Street on Thursday



# EDITORIAL

The format of a My Take is 150 words - no more, no less - to express an opinion on a different topic each week. This week the topic was lessons learned in the last year

## My Take: By Michael Boriero

This past year taught me a lot of things. I didn't wash my hands nearly enough before the pandemic, and I consider myself a fairly clean person.

I spent too much money going to bars, restaurants and movie theatres. Who knew you could save money when you're not buying \$10 drinks and \$20 popcorn.

But the biggest takeaway for me over the last 12 months is realizing I took my friends and family for

granted. I was always the one to cancel at the last minute.

It was rude and inconsiderate. I know, I'm not perfect. But I never considered the possibility that dinner with my parents would be ripped away from me.

At the risk of sounding cliché here, I've learned to cherish the people around me. If I didn't have support from friends and family, this year would have been a lot harder.

## My Take: By Gordon Lambie

In late February of 2020 I took the bus home one night. The trip sticks out to me now not just because it was different from my usual routine, but because when I got on the bus someone who got on with me was wearing a procedural mask.

I remember thinking to myself, "is that really necessary?"

As it turns out, it was probably a good idea.

Looking back on the past year and

looking ahead to the future, I think that it's going to be important to consider and admit the places where we were wrong, both as individuals and as society. Some, like my mask judgement, are already obvious, but others will only become clear as time moves on.

It is something that we're going to have to work on together, not to pass judgement but so we can do better next time.

## My Take: By Matthew McCully

I'm still in survival mode, so it's too soon for me to consider what I have learned in the past year during the pandemic.

But I know what I don't know.

I don't know why I couldn't use the time given to me in the past year to better myself.

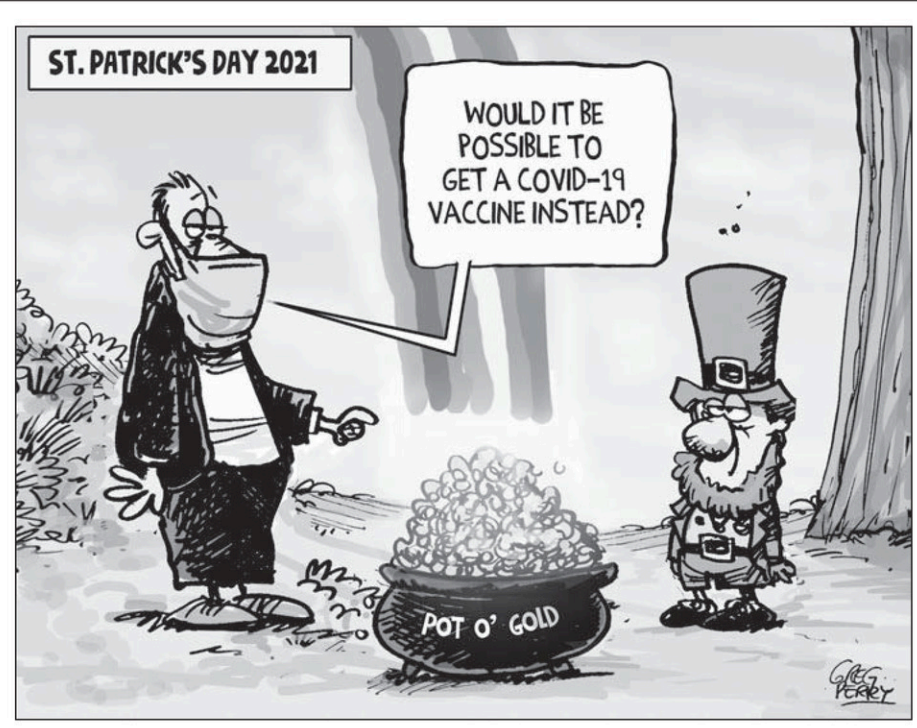
I didn't lose my job. I didn't want for anything. My family was safe. All I had to do was stay home.

It's funny, under normal

circumstances I am the first person out the door of a crowded room. I cherish my quiet alone time. When it's just a weekend I can't risk sparing any of it, but give me a whole year and I'm lost in oblivion.

It's like asking for a glass of water and being dropped in the middle of a lake.

Luckily, I can swim. But the question is, how far?



## My Take: By Marianne Lassonde

What can be said about the pandemic that has not already been said a thousand times?

It has stretched me thin and knocked me down - but I think it is the fact that I am able to write these things and have you nod along that scares me.

Empathetic acknowledgments of the pandemic just seem to slip off the tongue these days. Over the past few months, we've seen the conversational "I'm good! Yourself?"

casually morph into a morbid "this year has been tough."

Perhaps it is my end-of-winter blues speaking but I cannot help but think the entire population has shut down emotionally. Everyone is stressed, tired and sad and I am worried this compassion fatigue will become the new normal for the years to come.

Though, perhaps it is a good thing that we are talking about it and not ignoring our traumas.

## My Take: By Taylor McClure

Anyone who knows me knows that I have the worst luck; it runs in the family. But if the last year taught me one thing, it's that there is no such thing as bad luck. Things may not always go our way, we can hit a lot of bumps in the road, but they are there for a reason. They may serve as a nod to slow down and take a step back or as an obstacle we

need to overcome to get where we want to go. Does that necessarily mean we have bad luck? We don't like these bumps, but like when we are driving a car, we can't always expect a smooth ride. We may have experiences that challenge us, but this is what makes us into the best person that we can be, and I wouldn't want it any other way.

## My Take: By David Rossiter

Last spring's abrupt halt to reality has taught us a lot. I think the most glaring realization is to not take anything for granted.

As with all illnesses, there is tragedy and death which can lead to a furthered appreciation of life. I think that lots of the things that we've learned to not take for granted are smaller and more insignificant than life itself. Yet together, they are so important.

Seeing stranger's smiles, now shrouded by cloth, on public

transportation or in lineups. Extending an invite to your cookout without worrying about going over a gathering limit. The simple handshake with an older gentleman you met while having breakfast at Pizzaville.

All small, insignificant things, but comforting in a way. People may disagree about them having been taken away at all, but as a whole we understand how integral they are to human nature.

### THE RECORD

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# Negotiations close for crossing guard salary increase

By Marianne Lassonde  
Special to The Record

On Monday the city of Sherbrooke and the Canadian Union of Public Employees concluded their year-long negotiations over the Crossing Guard Collective Agreement. Discussions included re-defining sections, requests for longer paid holidays, and a salary increase.

According to Alain Savignac, union councillor for the Sherbrooke crossing guards, negotiations started in early spring of last year but had been delayed several times because of the pandemic. This, despite the agreement coming to an end in Dec. 2019.

After only five sessions, 72 per cent of the 62 Sherbrooke crossing guards voted in favour of the city's proposed terms. These included a 15 per cent salary increase over a seven-year period and three additional paid holidays in December.

"We wanted more but we are pretty happy with what we got," admitted Savignac.

While the union's original demands included a 15 per cent salary increase over five years instead of seven and two weeks paid vacation, Savignac said there was not a lot of leeway when it came to negotiations. According to him, salary-related discussions changed course once the firefighters' union had agreed to an increase over seven years. After that, all he could do was match that

increase for crossing guards.

"For employees of the city, once the framework of the negotiations has been established, it is difficult to ask for more," explained Savignac.

While appreciative of the changes in salary, Louis-Denis Côté, a crossing guard located near Carillon School in Sherbrooke, believes an increase over a shorter period of time could have been possible if negotiations had been delayed until after the pandemic.

"It was not necessarily urgent to vote in favour," said Côté. "I don't mind it but I wish they had focused more on decreasing the requirements when moving up a [salarial] echelon."

Côté, 73, has been a crossing guard for about a year as a way to occupy his time and earn a little bit more money before retiring. He said the short hours and summer holidays drew him to the job but he quickly found the salary was not enough to cover gas.

"At one point, I was travelling between Brompton and Sherbrooke," added Côté. He also admitted it was normal for a crossing guard to stay in their cars between noon and 3 p.m. to avoid unnecessary gas usage.

"[The noon shift] is only 30 minutes. It is almost not worth it to go home."

The current starting salary for a school crossing guard is \$13.93 with four possible increases after every 700 hours worked. When you are only working 20 hours a week, however, it can take a while to move up the salary ladder.



MARIANNE LASSONDE

"I would have liked to decrease the hours to 600 instead of 700 and I would have increased the starting salary," explained Côté. "It would draw in more people."

While Savignac understands the importance of a higher starting salary to fight retention and recruitment struggles, he said that, as of right now, the proposed two to 2.5 per cent yearly increase was the best the union could do.

"We have come up with an agreement with the city where we are willing to recognize previous

experience," added Savignac, who said people with experience similar to that of crossing guards are more likely to have a higher starting salary.

For Côté, however, without an immediate increase, it is "almost not worth it" to work 700 hours for a few more cents. Though, he feels he might be alone in that sentiment given that the majority of his colleagues have given over a decade to the profession.

The approved changes in salary and paid vacation are set to happen sometime in the next few weeks but no date has been given yet.

## Sherbrooke joins push to extend moratorium on leachate in Lake Memphremagog

By Gordon Lambie

On Wednesday morning Sherbrooke's city council adopted a resolution asking Quebec's Environment Ministry to permanently extend its moratorium on the dumping of leachate from the Casella landfill in Coventry Vermont into Lake Memphremagog, based on the fact that the lake serves as the source of drinking water for the entire city. The current moratorium was established in 2019 in response to concerns voiced on both sides of the border, but is only set to last until the end of 2023.

According to Mayor Steve Lussier, the renewed concern in the city and surrounding region come as a result of the discovery of elevated levels of PFAS chemicals, linked to the landfill runoff, at the city's water intake in September and October of 2020.

"We are concerned about the presence of contaminants found at the City of Sherbrooke's water intake because the perfluorinated compound found in highest

concentration in the city's untreated water corresponds exactly to the perfluorinated compound that was found to be the majority in the leachate from Coventry in 2018," explained Jean-Pierre Fortier, Head of the city's water management and construction division. "It is difficult for us not to draw a parallel between the presence of contaminants in our raw water intake and the transport of leachate from Coventry to the Newport sewage treatment plant."

Reflecting on the recent recognition the city has received for the quality of its drinking water and the possible health impacts of PFAS chemicals and other contaminants on the population, the council indicated an intention to call on the Federal and Provincial Governments to petition for continued protection of the lake, beyond the current deadline.

Meanwhile, south of the border, a petition is being circulated by the Don't Undermine Memphremagog's Purity (DUMP) Advisory Committee to try to have the State designate the

lake a "lake in crisis."

According to group spokesperson Henry Coe, state law is such that a petition of 15 or more people can call on the Secretary of the Vermont Agency of Natural Resources to apply the designation, thereby opening up funding for scientific and environmental initiatives to help preserve and improve water quality.

"We are taking a new tack," Coe said, explaining that the petition is focused on addressing a wide variety of issues facing Lake Memphremagog, and not just the issue of leachate.

Coe highlighted the fact that 75 per cent of the waters that flow into the lake do so from the United States, even though the majority of the lake itself is in Canada. Seen through that lens, and recognizing the fact that the body of water is a source of drinking water for at least 175,000 people, he argued that protecting that water is an ethical and moral obligation for Vermonters.

The petition, which is being hosted online under the title "Restore and Protect Lake Memphremagog's Water

Quality" at change.org, has been signed by more than 1,700 people at this point. Coe said that at least 500 of those people are Vermonters with 100 more being confirmed Quebecers.

"Without Canadian representation in this effort we would never have gotten this far," Coe said, naming Robert Benoit from Memphremagog Conservation Inc, as a particularly important ally.

Speaking to the issue of leachate specifically, Coe said that an estimated 36 million gallons made their way into the lake through the Newport plant between and 2010-2019 when the moratorium started, most of that being before a massive expansion was authorized for the landfill site.

"The so called 'forever chemicals' can't be filtered out by customary municipal wastewater treatment plants," he said, pointing out that even under the moratorium, the problematic material just ends up in the Winooski River, which ends up in Lake Champlain.

# A look inside the Murphy Scrapbook

By Nick Fonda

Scrapbooks only rarely stand the test of time. Compiled according to the passing interests of the individual who made them, they tend to end up at the bottom of a drawer or the back of a closet and are of only fleeting interest to the heirs who discover them decades later.

However, an exception to the rule is the scrapbook that turned up last summer at the Centre d'Art de Richmond and is soon to be moved to a new home at the museum of the Richmond County Historical Society.

"We came across it as we were doing a bit of housecleaning at the CAR office last summer," says Dominic Fontaine-Lasnier, who was elected president of the Richmond non-profit music school in 2020.

Unsure what to make of the artifact, Dominic and his partner, H  l  ne Boul  , put it in a box with several other items of uncertain utility, and it wasn't until November that H  l  ne again picked up the problematic, ten by seven-inch scrapbook.

Protected by a maroon cover with gold lettering that announces: Souvenir Post Card Album, its 28 pages of faded black construction paper are largely filled with newspaper clippings, including a few obituaries, and with postcards, some addressed simply: Miss Maggie Murphy, Richmond, Canada. Other items include Maggie Murphy's first grade report card, the program from the 12th annual St. Patrick's Day concert held on March 19th, 1889, and an undated classroom photo showing some 30 young boys and girls, and their classroom teacher, a nun in a towering white wimple. While many items in the scrapbook are not dated, the most recent postmark on the postcards is 1906

"We knew from Jeannette Charland, who was herself a student

at the convent, and who started the music school in 1982, when the nuns quit the building, that the scrapbook was part of an exhibit that was mounted some 25 years ago. But she wasn't aware of its provenance," says H  l  ne Boul  .

"I still wasn't sure what to do with the scrapbook and I wondered if Maggie Murphy might have descendants in the area. I thought I'd try to find out," she continues.

Currently completing a certificate program at Laval University in archival studies, this was the sort of problem that was right up H  l  ne's alley. Within a week or so, her research led her to Maggie Murphy's great grandnephew, A.J. Delisle who lives in Vancouver and who is still in possession of several of his great-great-grandfather's treasured heirlooms. It also led her to learning about the contributions of James Murphy, a 19th century Irish immigrant who found great success, and contributed very significantly to the growth and prosperity of Richmond, but who also endured great tragedy.

The very first item glued into Maggie Murphy's Post Card Album is a news clipping from August 22, 1868 which describes a testimonial dinner for her father, James Murphy, held "at the Saloon of the GTR depot, Richmond" where he was presented with a gold watch from "the Merchants of Richmond and Melbourne, as a token of esteem." The event takes on a more surprising aspect if Murphy's age at the time is taken into consideration; he was only 32.

"When I sent Mr. Delisle scanned photos of the items in the scrapbook, he wrote back to say that he was very pleased to see all those documents, and that he had the gold watch mentioned in that first article, as well as a mandolin that came from Maggie's youngest sister," notes H  l  ne.



COURTESY

James Murphy was born in County Wicklow, Ireland, in 1836 and emigrated to Canada with his family when he was 11 or 12. At the age of 18 he entered the employ of the Grand Trunk Railway and four years later was appointed to the relatively prestigious post of agent in Richmond, at the time one of the busiest railway centres in the country. He left the GTR in 1890 to become a federal customs agent, a post he held until his retirement at age 83. He died five years later in 1924.

He married Irish-born Ellen Morrissey in 1859, a year after moving to Richmond. The couple had six children, but only two—Maggie and her younger sister Annie—outlived their parents.

James Murphy's obituary (in the March 5, 1924 edition of the Sherbrooke Record) notes him as being a generous and philanthropic person who was known across the country. He was active in his community, and, among other things, he was one of the founders of the St. Patrick's Society and served as chairman of the local Catholic school board. His financial success is reflected in the large brick house he built in 1884 at 1084 Main St. north, just two doors down from the Mont St. Patrice Convent which was built the same year. All four of his daughters attended the convent, and all four studied music there.

"What is interesting about James Murphy's house," says H  l  ne, "is that it stayed in the family until 1957 when it was bought by Jeannette Charland's mother. In the almost 140 years of its existence, it has been owned by only two families. The implication is that Maggie Murphy's diary never travelled more than a hundred metres."

She continues, "It was a surprise to Jeannette when we told her of the connection between her house and Maggie Murphy. After Maggie's death, the house passed to her husband who died just a few months later. His heir was his brother, a priest who had no

use for the house, and it was he who sold it to Jeannette's mother."

Maggie Murphy, who was christened Margaret Sarah, was born in 1871 in Richmond and seems to have lived there all her life. She was married in 1912 to Francis C. Bouvette. The couple seem not to have had any children. In 1925, a year after her father's death, she bought the house from her sister, Annie, who had inherited it from their father. She lived there until her death in 1955.

"A.J. Delisle is not the only descendent of James Murphy that we found," says H  l  ne. "Although the other one we found by a rather remarkable coincidence."

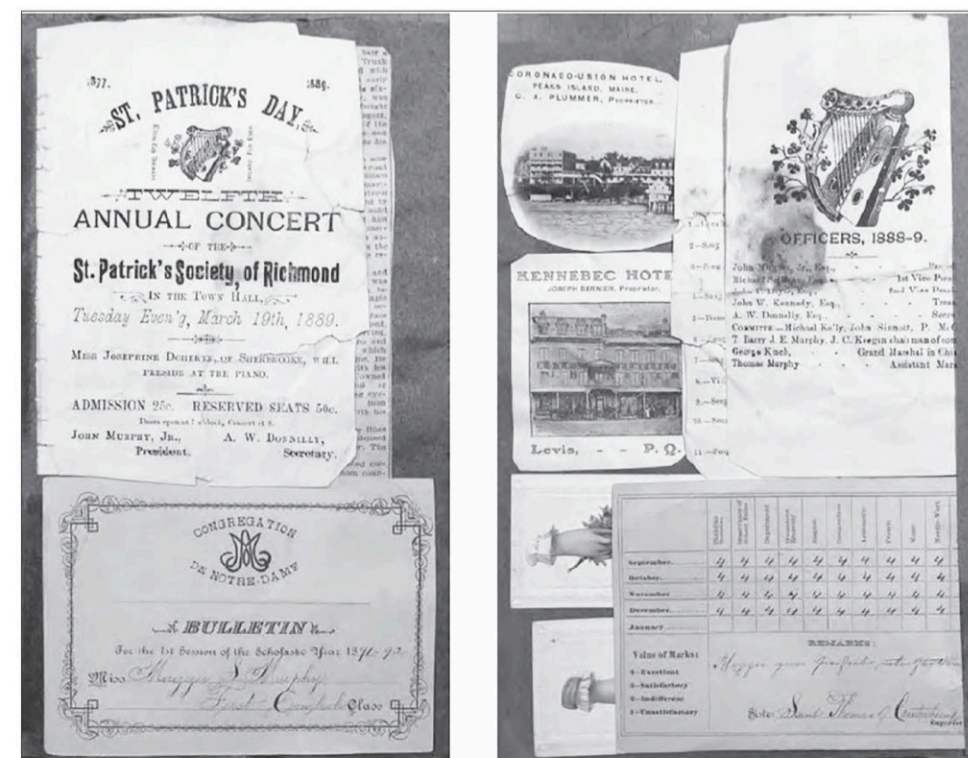
"We were scrolling through Kijiji when we saw an attractive antique chair," she explains. "We called. The seller had only just put it up for sale. In talking to him we discovered that he was from Richmond. His name was Richard Thibault, a brother to Ren   Thibault."

"The chair he was selling," H  l  ne Boul   continues, "came from his grandmother, Loretta Davis. She was well-known in Richmond in her day as she was the piano accompanist when silent movies were screened in town. She was also Maggie Murphy's sister-in-law by marriage."

"The scrapbook is a fascinating artifact," says Dominic Fontaine-Lasnier, "but the Centre d'Art is a music school and we're not set up to either exhibit or store it. We're happy to know that the RCHS can provide a home for it."

"It is a fascinating artifact," says Norma Husk, president of the RCHS, "and we appreciate the gift. We especially appreciate all the sleuthing H  l  ne did to trace the story of this scrapbook."

It's worth noting that as part of this year's Richmond St. Patrick's Society on-line celebrations, there will be a screening of a short video on the scrapbook and the history behind it.



COURTESY

## Richmond Irish Heritage Festival goes virtual for St. Patrick's Day



By Michael Boriero - Local Journalism Initiative Reporter

ST. PATRICK'S SOCIETY

The St. Patrick's Society of Richmond and Vicinity is presenting its annual Richmond Irish Heritage Festival virtually this year as a result of the pandemic.

The event was cancelled outright last March. According to Patricia Keenan, a member of the festival committee, they managed to have one event, a corn beef supper, before shutting the rest of the activities down out of fear of spreading COVID-19.

She told The Record that the St. Patrick's Day parade was supposed to be on the weekend. But with the threat of an infectious virus, and an average of 5,000 participants in the parade, the organization decided it was best to avoid large crowds.

"It took a while to get our head around it, but we were not really left with a sensible choice otherwise," said Keenan.

But this year is different. The organization has had plenty of time to prepare a virtual event, which they plan to spread out over three weeks. The festival begins at 7 p.m. on March 13 with a word from St. Patrick's Society President Erika Lockwood.

There are musicians; Isabelle Gosselin, Julie Miller, France Thibault and Laurent Hubert. Nick Fonda will be the storyteller and several vignettes will be offered on the organization's website highlighting heritage sites in the area.

On March 17, St. Patrick's Day, the organization is running a "Celtic Kitchen Party", featuring several musical groups and a traditional toast

by Devin Keenan. A few days later, on March 20 at 7 p.m., there will be virtual St. Patrick's Day Parade.

Julie Miller will perform on the harp once again and give people a brief history of the harp in Ireland. Later in the evening, Nick Fonda will tell the story of Maggie Murphy, daughter of James Murphy, co-founder of the St. Patrick's Society in 1877.

"We all like to know where we come from and 40 per cent of Quebecers and 20 per cent of Canadians trace some heritage to Irish ancestry," Keenan said.

The organization is also encouraging residents to celebrate St. Patrick's Day by decorating their homes, building floats in their back yard, and throwing a 'mini' parade for themselves. Residents can take photos

or videos and send it to the St. Patrick's Society.

They must send everything in before March 19. The videos and photos will be on display in the virtual parade, which people can find by visiting <https://richmondstpats.org/>. The organization will also unveil the design for a proposed mural on Main Street.

Keenan told The Record that this festival plays an important role in Richmond, reminding residents about the history of the area and its Irish influence. With summer also right around the corner, the festival marks a turning point for a lot of people.

"March is the end of winter and we're looking for celebration, especially this year," said Keenan.



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# Laughter Yoga on We're All in This Together

## Record Staff

As we reach the one-year anniversary of the pandemic, the team behind We're All In This Together wanted to launch an episode reminding viewers of the benefits and importance of laughter in keeping our spirits up! Join us on Friday, March 12 at 6 p.m. for the launch of Laughter Yoga with Liliana, available on YouTube.

## Laughter Yoga with Liliana

Give your funny bone a workout during our next episode of Laughter Yoga with Liliana, which launches on Friday, March 12 at 6 p.m.

Did you know that laughter offers the same workout as 100 sit ups? From the Cheerleader Laugh to the Corona Virus Crush Laugh, learn how to get your giggles going even when you're feeling blue. Watch the episode for a chance to win an autographed copy of Québec stand-up comedy sensation Sugar Sammy's bestselling DVD "You're Gonna Rire"! Look for a post this

Friday, March 12 at 6 p.m. on our We're All in This Together Facebook page for contest details on how to win!

Each bi-weekly episode of the We're All in This Together web series, directed by Montreal-based, award-winning filmmaker Bobbi Jo Hart, features entertainment, activities and conversations designed to connect with those in need of support and empathy, with a gentle reminder that we are, indeed, all in this together.

Episodes released so far can easily be found on YouTube (Search key words "We're All In This Together Senior Web Series") and Facebook (Search "WereAllInThisTogetherQuebec"), and are available for anyone to enjoy.

This is also a great opportunity to take a moment to be sure that local seniors around you are able to access the internet, so that they are able to take advantage of all the online resources available to them.



COURTESY

Laughter Yoga with Liliana

# Your week on TV

WEEKDAY MORNING														
	Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX	3	-	Channel 3 News Morning		CBS This Morning				Rachael Ray		The Doctors		The Price Is Right	
WPTZ	5	-	NBC5 News Today		Today				Live with Kelly and Ryan		Today 3rd Hour		Today With Hoda & Jenna	
CBMT	6	206 301	Daybreak		Dot	What He Ate	True Rainbow	Molly of Denali	Remy & Boo	The Furch	True Rainbow	Addison	Varied Programs	
			F Salut bonjour (N) (SC)								(9:59) Station potluck (N)		Le tricheur	Mario Dumont
CHLT	7	107 718	M								(9:59) Deux filles le matin (N)			
			T											
			W											
			Th								(9:59) Ça finit bien la semaine			
WMTW	8	-	WMTW News 8 at 6am		Good Morning America				Live with Kelly and Ryan		Tamron Hall		The View	
CKSH	9	108	Pyjam.	Romy & Bou	Mike, une vie	Paf le chien	Annedroides	Mehdi et Val	Le national	On va se le	Varied Programs		Ricardo	5 chefs dans
CKMI	11	-	Global News Morning						The Morning Show		Property Brothers		Rachael Ray	
CFCF	12	205 312	Your Morning		Your Morning	Your Morning	Your Morning	Your Morning	Live with Kelly and Ryan		The Marilyn Denis Show		The View	
WVNY	22	-	Local 22 News This Morning		Good Morning America				The Drew Barrymore Show		Varied Programs		The View	
WUTV	30	-	Paid Program	Var. Programs	The National Desk				The 700 Club		Judge Mathis		Judge Jerry	Judge Jerry
			F NVL (SC)	NVL en bref	Sports 30 (N)	Sports 30	Rire et délire	Rire et délire	La semaine des 4 Julie (SC)		"Nos plus belles années" (2017) Axel Stein, Diana Amft. (SC)		"Un amour au poil" (2019) Jen Lilley, Christopher Russell. (SC)	
CFKS	31	106 726	M						Phil s'invite (SC)		"L'école de tous les talents" (2007) Emma Watson. (SC)		"L'amour sur mesure" (2019) Edy Ganem, Brendon Zub. (SC)	
			T						La semaine des 4 Julie (SC)		"Encore et toujours amoureux" (2017) Hans Löw (SC)			
			W											
			Th											
WUHF	-	363	Good Day Rochester		Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Judge Jerry	Judge Jerry
WETK	-	-	Classical Strt	World News	Molly of Denali	Wild Kratts	Elementary	Xavier Riddle	Curious	Daniel Tiger	Daniel Tiger	Elinor	Sesame Street	Pinkalicious
WCFE	-	-	Nature Cat	Odd Squad	Curious	Elinor	Xavier Riddle	Daniel Tiger	Daniel Tiger	Wild Kratts	Elementary	Sesame Street	Pinkalicious	Arthur
A&E	615	520	Var. Programs	Joyce Meyer	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Parking Wars	Varied Programs			
CNN	500	500	New Day With Alisyn		New Day With Alisyn		New Day With Alisyn		CNN Newsroom With Poppy		CNN Newsroom With Poppy		CNN Newsroom-Kate Bolduan	
			F Mayday		Mayday "Fanning the Flames"		Mayday "Free Fall"		Highway Thru Hell		North Woods Law		Lone Star Law (DVS)	
DISC	520	505	M											
			T											
			W											
			Th											
DRAMA	620	523	F	"Another Time" (2018) Justin Hartley, Arielle Kebbel. (DVS)		Flashpoint (DVS)			"Another Time" (2018) Justin Hartley, Arielle Kebbel. (DVS)		Flashpoint (DVS)			
			M	"Just Add Romance" (2019, Romance) Meghann Fahy. (DVS)					"Just Add Romance" (2019, Romance) Meghann Fahy. (DVS)					
			T	"Cake" (2005) Heather Graham, David Sutcliffe, Taye Diggs. (DVS)					"Cake" (2005) Heather Graham, David Sutcliffe, Taye Diggs. (DVS)					
			W	"Framed for Murder" (2007) Elisa Donovan, Susan Walters. (DVS)					"Framed for Murder" (2007) Elisa Donovan, Susan Walters. (DVS)					
			Th	"Concrete Evidence: A Fixer Upper Mystery" (2017) Jewel. (DVS)					"Concrete Evidence: A Fixer Upper Mystery" (2017) Jewel. (DVS)					
HIST	522	506	Big Timber		Canadian Pickers		Ice Road Truckers		Yukon Gold		Timber Kings		Shatner's Weird or What?	
PARMT	628	584	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
RDI	126	730	RDI matin		RDI matin		RDI matin		Le national	L'info				Isabelle Richer
SHOW	616	521	The Outer Limits		Beauty and the Beast		Private Eyes		Movie				Beauty and the Beast	
SLICE	601	562	ET Canada	Say Yes-Dress	Love It or List It		Varied Programs				Love It or List It Vacation		Varied Programs	
TLC	521	560	Sweet Home Sextuplets		Sweet Home Sextuplets		Varied Programs							
			F SportsCentre	SportsCentre (DVS)	SportsCentre (DVS)		SportsCentre (DVS)		SportsCentre (DVS)	2021 Tim Hortons Brier Curling Tiebreaker. (If necessary). (N)			SportsCentre (DVS)	SportsCentre (DVS)
TSN	400	400	M										SportsCentre (DVS)	SportsCentre (DVS)
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			W										SportsCentre (DVS)	SportsCentre (DVS)
			Th										SportsCentre (DVS)	SportsCentre (DVS)
YOUTH	551	542	Go Away Uni	Cloudy, Meat	Cloudy, Meat	SpongeBob	SpongeBob	Loud House	Loud House	Numb Chucks	SpongeBob	Cloudy, Meat	(:05) Movie	Var. Programs

# Your week on TV

WEEKDAY AFTERNOON															
Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
WCAX 3	-	Across/ Fence	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Channel 3 News at Four	Channel 3	3 News						
WPTZ 5	-	NBC5 News	Daily Blast	Days of our Lives	Tamron Hall	Dr. Phil	The Ellen DeGeneres Show	NBC5 News	NBC5 News						
CBMT 6	206	301	CBC News Network	Escape to the Country	Family Feud	Convenience	Murdoch Mysteries	Call the Midwife	Great British Baking Show						
CHLT 7	107	718	TVA régional	TVA nouvelles	Movie	Var. Programs	TVA nouvelles	Les feux de l'amour	Top modèles	(4:58) TVA nouvelles					
WMTW 8	-	-	WMTW News 8 at Noon	GMA3-Need to Know	General Hospital	The Ellen DeGeneres Show	WMTW News 8 at 4pm	WMTW News 8 at 5PM							
CKSH 9	108	-	F	Téléjournal	Silence	Notre vie (DVS) (SC)	Virginie (SC)	Virginie (SC)	Lumière sur... (DVS) (SC)	Savourer (N)	On va se le dire (N) (SC)	L'effet	Silence		
			M												
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Th															
CKMI 11	-	-	Global News	ET Canada	Days of our Lives	The Talk	The Drew Barrymore Show	Carnival Eats	The Young	Var. Programs	Global News				
CFCF 12	205	312	CTV News Montreal	The Social	Dr. Phil	The Dr. Oz Show	The Ellen DeGeneres Show	CTV News Montreal at 5							
WVNY 22	-	-	Hot Bench	Hot Bench	GMA3-Need to Know	General Hospital	The People's Court	Judge Judy	Judge Judy	Judge Judy	Judge Judy				
WUTV 30	-	-	The Steve Wilkos Show	Maury	Judge Mathis	The People's Court	Millionaire	Family Feud	Family Feud	Family Feud	Family Feud				
CFKS 31	106	726	Médium	Scorpion	Movie	Oxygen	Divorce Court	Hot Bench	Hot Bench	Guerre-clans	Rire et délire	Les Simpson	Les Simpson		
WUHF	-	363	The Steve Wilkos Show	Maury	Elementary	Let's Go Luna!	Odd Squad	Varied Programs	Judge Judy	Judge Judy	The People's Court				
WETK	-	-	Dinosaur Train	Clifford-Dog	Sesame Street	Elinor	World News								
WCFE	-	-	F	Let's Learn (N)	Articulate-Jim	Poetry	The Hudson River School	Eat Your Medicine: The Pegan Diet With Mark Hyman, MD (N)	Easy Yoga for Diabetes-Peggy						
			M												
			T												
			W												
Th															
A&E	615	520	Varied Programs												
CNN	500	500	Inside Politics	CNN Newsroom-Brianna Keilar	CNN Newsroom-Brianna Keilar	CNN Newsroom	The Lead With Jake Tapper	Situation Room With Wolf							
DISC	520	505	F	CSI: New York (N)	CSI: New York (N)	Homicide Hunter: Kenda	Homicide Hunter: Kenda	CSI: New York (N)	CSI: New York (N)						
			M												
			T												
			W												
Th															
DRAMA	620	523	Movie	Flashpoint	Varied Programs										
HIST	522	506	F	Security	Security	Forged in Fire (N)	Ancient Aliens (N)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)	Ancient Aliens (DVS)				
			M												
			T												
			W												
Th															
PARMT	628	584	Bar Rescue	Bar Rescue	Varied Programs										
RDI	126	730	Téléjournal	Mordus de politique	Var. Programs	L'info									
SHOW	616	521	F	Private Eyes (N) (DVS)	Schitt's Creek	Schitt's Creek	NCIS "Double Blind" (N)	NCIS "Damned If You Do" (N)	FBI "Green Birds" (N)						
			M												
			T												
			W												
Th															
SLICE	601	562	Varied Programs	Love It or List It Vacation	Varied Programs										
TLC	521	560	Varied Programs												
TSN	400	400	Var. Programs	SportsCentre	Varied Programs	The Jump	Var. Programs	NFL	Var. Programs	NFL Live	Var. Programs	Around/Horn	Interruption		
YOUTH	551	542	Movie	Var. Programs	Ollie's Pack	Loud House	Casagrandes	Cloudy, Meat	LEGO City	SpongeBob	SpongeBob	Loud House	Varied Programs		

FRIDAY EVENING														MARCH 12, 2021	
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Oprah With Meghan and Harry: A CBS Primetime Special	Oprah with Prince Harry and Meghan. (N)	Clarice (N)				Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	The Blacklist Red and Dembe land in peril. (N)	Dateline NBC (N)				NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)		
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N)	Coronation Street (N)	marketplace (N)	Arctic Vets (N)	The Nature of Things "The Last Walrus" (DVS)	The National (N)		CBC Montreal News (N)	CBC Arts: Exhibitionists	Coronation Street (N)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le télé-journal Estrie	(6:59) Ça finit bien la semaine (N)	Du talent à revendre "Les auditions 5-B" (N) (SC)	Shark Tank An eco-friendly way to make sausage. (N)	(9:11) 20/20 "Stranger Than Fiction: The Murder of Angie Dodge" Novelist Scott Turow discusses a murder. (N)	(9:59) TVA nouvelles (N)	(:35) ** "Jeu d'évasion" (2019) Taylor Russell. Première. Six étrangers doivent survivre à une série de pièges. (SC)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Shark Tank An eco-friendly way to make sausage. (N)	(:01) 20/20 "Stranger Than Fiction: The Murder of Angie Dodge" Novelist Scott Turow discusses a murder. (N)	Le téléjournal (N) (SC)			WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N)		
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	Au suivant Le grand jeu du 21. (N) (SC)	Prière de ne pas envoyer de fleurs "Anick Lemay" (N)	MacGyver (N) (N)	The Blacklist Red and Dembe land in peril. (N)	Border Security Canada	Border Security Canada		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CKMI 11	-	-	Global National (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Shark Tank An eco-friendly way to make sausage. (N)	Magnum P.I. (N) (N)	Blue Bloods (N) (DVS)			News-Lisa	CTV News Montreal (N)	The Big Bang Theory (N)	
CFCF 12	205	312	(5:59) CTV News Montreal (N)	etalk (N) (SC)	The Big Bang Theory (N)	Shark Tank An eco-friendly way to make sausage. (N)	(:01) 20/20 "Stranger Than Fiction: The Murder of Angie Dodge" Novelist Scott Turow discusses a murder. (N)	Blue Bloods (N) (DVS)				News-Lisa	CTV News Montreal (N)	The Big Bang Theory (N)	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Shark Tank An eco-friendly way to make sausage. (N)	(:01) 20/20 "Stranger Than Fiction: The Murder of Angie Dodge" Novelist Scott Turow discusses a murder. (N)	Local 22 News (N)			Local 22 News (N)	(:35) Jimmy Kimmel Live! (N)		
WUTV 30	-	-	The Big Bang Theory (N)	Judge Judy (N)	Judge Judy (N)	Family Feud (N)	WWE Friday Night SmackDown (N) (Live)	2 on Your Side	Seinfeld (N)	Two and a Half Men (N)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)		
CFKS 31	106	726	Souper parfait	Taxi payant (SC)	Génération COVID (N) (SC)	Huissiers (N) (SC)	L'appel d'une vie (N) (SC)	Cardinal "Barry" On cherche un lien entre les victimes. (N)	Tous contre le crime "Girl Power" De nouveaux indices.	Rire et délire (SC)	NVL (N) (SC)	"Folies de graduation"			
WUHF	-	363	Modern Family (N)	Modern Family (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	WWE Friday Night SmackDown (N) (Live)	13WHAM News at 10 on Fox Rochester (N) (Live)	DailyMailTV (N) (N)	The Simpsons (N)	REO Speedwagon				
WETK	-	-	PBS NewsHour (N) (N)	Profile	Vermont This Week (N)	Washington Week (N)	Change Your Brain, Heal Your Mind With Daniel Amen, MD (N)	Feel Better With Pressure Point Therapy (N)	Amanpour and Company (N)	BBC World News (N)					
WCFE	-	-	World News America	BBC World News Today	PBS NewsHour (N) (N)	Mountain Lake Journal	New York Now (N)	The Brain Revolution Maximizing and protecting the brain. (N)	The Longevity Paradox With Steven Gundry, MD Feeling better at any age. (N)						
A&E	615	520	The First 48 A 23-year-old man is shot dead. (N)	The First 48 A man is gunned down at his job. (N)	The First 48 A feud threatens a neighborhood. (N)	The First 48: Tracking a Killer "Young Guns" (N)	(:01) Rescue Cam (N)	(:32) Rescue Cam (N)	(:04) Live Rescue: Rewind "Live Rescue: Rewind 40"	(12:03) The First 48 (N)					
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Back to School: Kids, COVID	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Mud Mountain Haulers Taylor hits his breaking point.	Dino Hunters (N)					
DISC	520	505	Highway Thru Hell "Ice Storm" (DVS)	Heavy Rescue: 401 "That Highway Is The Lifeline"	Dino Hunters Clayton Phipps continues his excavation. (N)	Aussie Gold Hunters "Episode 3" (DVS)	Aussie Gold Hunters "Episode 4" (DVS)	Bones Human remains from a slave ship surface. (N)	Bones Getting the Gravedigger convicted. (DVS)	Bones (N) (DVS)					
DRAMA	620	523	Bones Booth's girlfriend visits. (N) (DVS)	Bones Remains are found at the Jersey Shore. (N)	Bones A skull and hands are discovered. (N) (DVS)	Bones A dancer's skull is discovered. (N) (DVS)	Bones Human remains from a slave ship surface. (N)	Bones Getting the Gravedigger convicted. (DVS)	Bones (N) (DVS)						
HIST	522	506	Rust Valley Restorers "Unlikely Alliances" (N)	Backroad Truckers Craig is missing-in-action on the job.	Ancient Aliens Examining the omitted Book of Enoch. (N)	The UnXplained A look into the minds of serial killers. (N)	Ancient Aliens Extraterrestrial artifacts on Earth. (N)	Ancient Aliens "The Alien Infection" (N) (DVS)	Ancient Aliens (N)						
PARMT	628	584	Lip Sync Battle (N)	Lip Sync Battle (N)	** "The A-Team" (2010, Action) Former Special Forces soldiers form a rogue unit. (N)	Liam Neeson, Bradley Cooper, Jessica Biel.	Lip Sync Battle (N)	Lip Sync Battle (N)	Lip Sync Battle (N)	Lip Sync Battle (N)	Lip Sync Battle (N)	Lip Sync Battle (N)			
RDI	126	730	(5:59) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages "L'adaptation" (N) (SC)	FBI "Green Birds" Eight people are poisoned at a deli. (N)	** "Happy Death Day" (2017) Jessica Rothe. A collegian relives the day of her murder over and over. (N)	** "Atomic Blonde" (2017, Action) Charlize Theron, James McAvoy. (N) (DVS)							
SHOW	616	521	NCIS Searching for Eli and Jackie's killer. (N) (DVS)	NCIS Parsons' view of the team changes. (N) (DVS)	FBI "Green Birds" Eight people are poisoned at a deli. (N)	** "Happy Death Day" (2017) Jessica Rothe. A collegian relives the day of her murder over and over. (N)	** "Atomic Blonde" (2017, Action) Charlize Theron, James McAvoy. (N) (DVS)								
SLICE	601	562	The King of Queens (N)	The King of Queens (N)	Summer House Carl finds the house in shambles. (N)	Below Deck Sailing Yacht Jean-Luc tries to rebound.	Married at First Sight "Kickoff Special" A first look at the five couples. (N) (N) (DVS)	The King of Queens (N)							
TLC	521	560	Long Island Medium A group of women receive a visit. (N)	Long Island Medium A client reunites with loved ones. (N)	90 Day Fiancé "More to Love: Forgive but Never Forget" With bonus scenes. (N) (N)	90 Day Fiancé (N)	Sister Wives Robyn questions Christine. (N)	90 Day Fiancé (N)	90 Day Fiancé (N)						
TSN	400	400	(5:30) SportsCentre (N) (Live)	That's Hockey (N)	February Bloopers	February Plays	2021 Tim Hortons Brier Curling Championship Round. (N) (Live)	SportsCentre (N) (Live)							
YOUTH	551	542	LEGO City	Side Hustle	Danger Force	Danger Force	Punky	Punky	The Hardy Boys (N)	Assembly	Star Falls (N)	Degrassi	Degrassi	LEGO City	

# History of gloves at Beaulne Museum

Record Staff

Over time and with the exception of some ceremonial uniforms, wearing gloves as a costume accessory has become rare. They are mainly used for protection and safety purposes in many spheres: the health sector, the sports sector and the very diverse universe of trades.

This exhibition presents gloves made from a multitude of materials and styles while highlighting their context of use and their era.

The Beaulne Museum, open seven days a week from 1 p.m. to 4 p.m. is located at 96 Rue de l'Union in Coaticook.



COURTESY

*The Beaulne Museum presents its new exhibition titled "Covered hands...The history of gloves"*



## MAP IT

Imagine your family is anywhere in the world! Pick a spot on the map and learn about that country together online.

How do you learn as a family?  
Tell us: #FamilyLiteracyDay  

Find more ways to learn at play as a family at [www.FamilyLiteracyDay.ca](http://www.FamilyLiteracyDay.ca)



## IN THE ONGOING PANDEMIC

HISTORY SOCIETIES, MUSEUMS & CULTURAL CENTRES

# Thank You for all your support

Join us again this season for more exhibitions, events, conversations & community

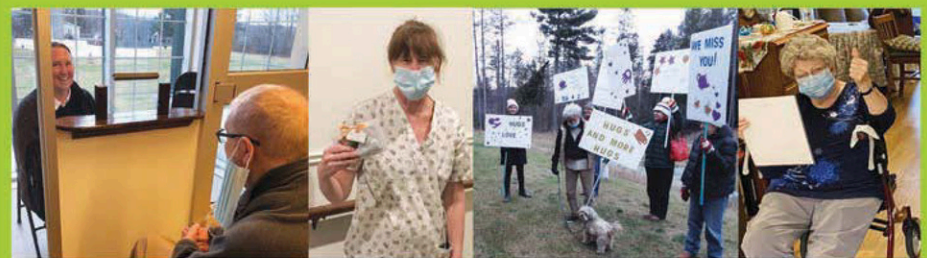
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Find activities near you and online : [www.qahn.org](http://www.qahn.org)

A MESSAGE FROM THE QUEBEC ANGLOPHONE HERITAGE NETWORK AND PARTNERS



# THANK YOU



As we reach One Year since the beginning of the Covid-19 pandemic, Grace Village wants to thank all our staff & their families, residents & their loved ones, volunteers, donors, suppliers, & everyone in our Grace Village community for their contributions, large and small, to keep our seniors safe. As we reflect on the past year, we know that it is truly your support that has made the difference!



[www.gracevillage.ca](http://www.gracevillage.ca)  
(819) 569-0546  
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# Jocelyn Tanner's art collection on exhibit at Uplands

Record Staff

online silent auction will help raise funds to enable Uplands to pursue its artistic and cultural mission despite the pandemic. Stay tuned for more information in April concerning the auction.

**U**plands Cultural and Heritage Centre reopened on March 6 with a new exhibition showcasing art from the late Jocelyn Tanner's personal collection. Visitors will be able to see the works of renowned artists such as Catherine Young Bates, Berge Missakian, Lois Craigmyle, Raymonde Planteux, Leon Planteux, Noreen Mallory and J.W. Stewart. Paintings by artists Barbara Matthews and Anthony Hobbs, donated by Christine Ljungkull, will round out the exhibition, which will be on display until May 23.

### Acknowledgments

All the works presented in this exhibition were generously donated by Ms. Jocelyn Tanner (13 pieces) and Ms. Christine Ljungkull (three pieces). We deeply regret the passing of Ms. Tanner in 2018 and dedicate this exhibition to her. We are immensely grateful for these exceptional donations.

### Opening Hours

Uplands is open Saturdays and Sundays from 10 a.m. to 4:30 p.m. Admission is free.

### Note to art lovers

The works on display will be auctioned off in May, 2021. The



Berge Missakian, Nature morte aux 2 pommes



Catherine Young Bates, St Lawrence Landscape

## We all have questions about the vaccine

Why continue to protect yourself after you've been vaccinated against COVID-19?



Vaccination doesn't mean the end of health measures. Several months will be needed to protect a sufficiently large part of the population.

We must continue:

- physical distancing of 2 metres
- wearing a mask or face covering
- frequent hand washing

Find the answers to all of your questions about the vaccine at

[Quebec.ca/COVIDvaccine](https://Quebec.ca/COVIDvaccine)

The vaccine. A safe way to protect ourselves.

# Your week on TV

SATURDAY DAYTIME													MARCH 13, 2021						
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	CBS This Morning: Saturday (N) (LIVE)			Lucky Dog "Cheese"	Innovation Nation	Mission Unstop	Hope in the Wild	Inside College Basketball (N) (LIVE)	College Basketball Big Ten Tournament, First Semifinal: Teams TBA. (N) (LIVE)			College Basketball				
WPTZ	5	-	-	Teen Kids News (N)	Ocean Mysteries	Vets Saving Pets	The Voyager	Earth Odyssey	Wild Child (E)	Roots Less	One Team	Snowboarding			2021 Players Championship Third Round. (N) (LIVE)				
CBMT	6	206	301	Daniel Tiger	The Furchester Hotel	Dino Ranch (N)	(:35) PJ Masks (L)	True: Wuzzle Wegg	(:24) Addison (L)	PJ Masks (L)	(:37) Arthur (L)	FIS Freestyle		Snowboarding	FIS Freestyle	FIS Freestyle			
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)				Bien (N) (SC)	Deux filles le matin (SC)		Révoisons maisons	TVA nouvelles (N)	Hors Québec (N)	Infopublicité (SC)	*** "Peter Pan" (2003, Enfants) Jason Isaacs, Jeremy Sumpter. (DVS) (SC)		"Power Rangers"		
WMTW	8	-	-	Good Morning America (N) (LIVE)		Good Morning America (N) (LIVE)		Ocean Treks	Sea Rescue (L)	Hearts of Heroes (E)	Rock the Park	PiYo Workout!	Retire Now TV	PiYo Workout!	Paid Program	Paid Program	Peyton's Places	Peyton's Places	
CKSH	9	108	-	Les aventures	Axel	14 mille millions	Les sapiens	(:15) Vite pas vite	L'effet secondaire	Ricardo (SC)	5 chefs dans ma	Téléjournal	La facture (SC)	Les livres Des détenus débutent un stage. (N)		Au suivant Le grand jeu du 21. (SC)	Brokenwood "Jeu, set et macchabée" (SC)		
CKMI	11	-	-	Fish'n Canada	Real Fishing	Paid Program	Fishful Thinking	Donut Showdown	Paid Program	Powerboat Television	Paid Program	Entertainment Tonight (N) (LIVE)	Carnival Eats	"Amazing Winter Romance" (2020) Jessy Schram, Marshall Williams. Premiere. (LIVE)		Property Brothers			
CFCF	12	205	312	Your Morning Weekend (N) (LIVE)		Corner Gas (L)	Corner Gas (L)	Paid Program	Paid Program	Written Canada	Moneytalk (N) (LIVE)	Mary-Kitchen	Mary-Kitchen	** "Think Like a Man" (2012) Michael Ealy. Premiere. Men use an advice book to turn the tables on their gals. (L)		Seinfeld			
WVNY	22	-	-	Good Morning America (N) (LIVE)		Good Morning America (N) (LIVE)		Hearts of Heroes (E)	Rock the Park	Outback Adv	oh baby! (LIVE)	Sexual Abuse	Paid Program	Paid Program	Paid Program	Paid Program	Peyton's Places	Peyton's Places	
WUTV	30	-	-	The PiYo Craze from Beachbody!		Air Grill	Paid Program	Paid Program	Easy Indoor	Skincare Secrets	Paid Program	Raw Travel (L)	World of Waves		PBA Bowling World Series of Bowling XII. From Tampa, Fla. (N) (LIVE)				
CFKS	31	106	726	Christina	Ma villa au soleil (N)	Rénos au bord de l'eau (SC)	RPM La BMW Série 2 Gran Coupé 2020.	RPM plus (SC)		Infopublicité (SC)	Infopublicité (SC)	L'amour est dans le pré (SC)		* "D'amour et d'honneur" (2012, Drame) Liam Hemsworth, Austin Stowell. (SC)					
WUHF	-	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci	Paid Program	Easy Indoor	Skincare Secrets	Paid Program	*** "Pretty in Pink" (1986, Romance-Comedy) Molly Ringwald, Jon Cryer. (LIVE)		PBA Bowling World Series of Bowling XII. From Tampa, Fla. (N) (LIVE)					
WETK	-	-	-	Eat Your Medicine: The Pegan Diet		Outdoor Journal	MotorWeek (L)	Field Trip With	Mexican Table	Moveable Feast	Lidia's Kitchen (L)	Test Kitchen	Cook's Country	Woodsmith	This Old House (L)	Ask This Old House	Antiques Roadshow "Newport Hour 2"	John Sebastian	
WCFE	-	-	-	Wild Kratts (LIVE)	Wild Kratts (LIVE)	Odd Squad	Odd Squad	Best of Mountainlake PBS				Best of Mountainlake PBS							
A&E	615	520	-	Flipping Vegas "Fire House" (LIVE)		Flipping Vegas (LIVE)		Zombie House Flipping (LIVE)	Zombie House Flipping (LIVE)	The First 48 "Stray Shot" (LIVE)	The First 48 "Life Interrupted: Lucifer" (LIVE)	I Survived a Crime	I Survived a Crime	** "Snitch" (2013) Dwayne Johnson. (LIVE)					
CNN	500	500	-	New Day Weekend		Smerconish (N) (LIVE)		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			
DISC	520	505	-	Mighty Planes "Omega 707" (DVS)		Mighty Planes "NOAA" (DVS)		Mighty Planes The Antonov 124 cargo plane.		Mighty Planes "C-5M Super Galaxy"		Mighty Planes "Omega 707" (DVS)		Mighty Planes "NOAA" (DVS)		North Woods Law "Hot on the Heels"		North Woods Law "Takedown"	
DRAMA	620	523	-	Bones The team helps Cam solve a case. (L)		Bones Booth's girlfriend visits. (L)		Bones "The Maggots in the Meathead" (L)		Bones A skull and hands are discovered.		Bones A dancer's skull is discovered. (L)		Bones "The Shallow in the Deep" (L)		Chicago Fire Casey is in dangerous territory.		Chicago Fire Boden's job is on the line. (L)	
HIST	522	506	-	Paid Program (L)	Paid Program (L)	Big Timber Kevin faces disasters everywhere.		SEAL Team "Siege Protocol: Part 1" (L)		SEAL Team "Siege Protocol: Part 2" (L)		Pawn Stars (L)	Pawn Stars (L)	Forged in Fire (L) (Part 1 of 2) (LIVE)		Forged in Fire (L) (Part 2 of 2) (LIVE)		Pawn Stars Revolutionary French gun. (L)	
PARMT	628	584	-	** "Hot Tub Time Machine" (2010) John Cusack. A hot tub transports four pals back to their heyday in the 1980s.				Ink Master		Ink Master Grudge Match "Targeted"		Ink Master Grudge Match (LIVE)		** "Couples Retreat" (2009) Vince Vaughn. Four couples must participate in therapy sessions at a tropical resort.		Ink Master			
RDI	126	730	-	RDI matin weekend (N) (SC)		RDI matin weekend (N) (SC)		L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	Les décrypteurs	Téléjournal	Téléjournal	Le national (L)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)
SHOW	616	521	-	(7:00) "Cold Spring" (2013) (LIVE)		"Killer Prom" (2020) Yvonne Zima. A psychopath hatches a devious plan to attend a prom.		** "Red 2" (2013) Bruce Willis, John Malkovich. Retired operatives return to retrieve a lethal device. (LIVE) (DVS)		** "Red 2" (2013) Bruce Willis, John Malkovich. Retired operatives return to retrieve a lethal device. (LIVE) (DVS)		*** "Atomic Blonde" (2017) Charlize Theron. A spy tries to take down an espionage ring in Berlin. (LIVE) (DVS)							
SLICE	601	562	-	Late Nite Eats (L)	Paid Program (L)	Paid Program (L)	Paid Program (L)	** "Yes Man" (2008) Jim Carrey. A man tries to change his life by saying yes to everything.		** "Just My Luck" (2006) Lindsay Lohan. A charmed woman suffers a reversal of fortune. (LIVE) (DVS)		** "Yes Man" (2008) Jim Carrey, Zoëy Deschanel. (LIVE) (DVS)							
TLC	521	560	-	Four Weddings "... and a School Bus" (L)		Four Weddings Dean; Jen; Marissa; Nicole.		Four Weddings "... and a Shark Tank" (L)		Four Weddings Danielle; Kitty; Kally; Dawn.		Four Weddings Editiza; Tara; Alana; Kati. (L)		Four Weddings An ocean-front wedding.		Four Weddings Aimee; Megan; Angie; Erica.		Unexpected "Invitation to the Gender Reveal"	
TSN	400	400	-	SportsCentre (LIVE)		SportsCentre (LIVE)		SportsCentre (LIVE)		SportsCentre (LIVE)		SportsCentre (LIVE)		Top 100 Catches of All-Time (LIVE)		Top 40 Wild 2021 Tim Hortons Brier Curling Championship Round. (N) (LIVE)			
YOUTH	551	542	-	Loud	Casagran	Mighty 1s	Sponge.	TrollsTopia	Loud	Casagran	LEGO City	*** "Shrek" (2001) Voices of Mike Myers.		DuckTales	Cloudy	Mighty 1s	TrollsTopia		

SATURDAY EVENING													MARCH 13, 2021							
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM		
WCAX	3	-	-	(3:30) College Basketball Big Ten Tournament, Second Semifinal: Teams TBA. (N)			College Basketball Mountain West Tournament, Final: Teams TBA. (N) (LIVE)			COVID Crisis: The Long Haul		48 Hours (LIVE)		48 Hours (LIVE)		Channel 3 News	The Song	Game Time		
WPTZ	5	-	-	(1:00) 2021 Players Championship Third Round. (N) (LIVE)			NBC5 News at 6	Nightly News	Jeopardy! (LIVE)	Wheel of Fortune	Dateline NBC (LIVE)		Saturday Night Live (N) (LIVE)		NBC5 News	(:29) Saturday Night Live (LIVE)				
CBMT	6	206	301	FIS Freestyle		Snowboarding		Montreal News	Hockey Night	NHL Hockey Winnipeg Jets at Toronto Maple Leafs. From Scotiabank Arena in Toronto. (N) (LIVE)			NHL Hockey Edmonton Oilers at Vancouver Canucks. (N) (LIVE)							
CHLT	7	107	718	(3:30) ** "Power Rangers" (2017, Action) Dacre Montgomery, Naomi Scott. (DVS) (SC)			TVA nouvelles (N)		** "L'espion qui m'a dompée" (2018) Mila Kunis. Des meilleures amies essaient de sauver le monde. (SC)		** "Debbie Ocean 8" (2018) Sandra Bullock, Cate Blanchett. Premiere. (SC)		(:15) TVA nouvelles	(:45) ** "Les yeux dans le ciel" (2015)						
WMTW	8	-	-	World of X Games		Chronicle: One Year with COVID-19		WMTW News 8 at	World News	Wheel of Fortune	Jeopardy! (LIVE)	Shark Tank A twist on traditional sauces.		American Idol "404 (Auditions)" Auditions continue in California. (LIVE)		WMTW News 8	Castle "Number One Fan" (LIVE)			
CKSH	9	108	-	(3:00) Brokenwood (SC)		La semaine verte (N) (SC)		Téléjournal Estrie	La petite vie (SC)	En direct de l'univers (N) (SC)		Deuxième chance (N) (DVS) (SC)		Un monde en feu (N) (LIVE) (DVS) (SC)	Le téléjournal	Doc humanité (N) (DVS) (SC)	Dre Grey, leçons d'anatomie (N) (LIVE)			
CKMI	11	-	-	Property Brothers	Island of Bryan "Managers on Duty"	Save My Reno	Global News at 6	Global National	The New Reality (N)	Border Security	Crime Beat (N) (LIVE)	Nurses "Friday Night Legend" (LIVE)	Ransom "Radio Silence" (LIVE)	Global News	(:29) Saturday Night Live (LIVE)					
CFCF	12	205	312	MasterChef Canada "MCC4U Delivery" (L)		Big Bang Theory	Big Bang Theory	CTV News Montreal (N) (LIVE)	W5 The legal hurdles that patients face. (N)	"Three Bedrooms, One Corpse: An Aurora Teagarden Mystery" (2016) Premiere. (L)		This Is Pop Pop hits out of the U.K. (N) (LIVE)		News-Rinaldo	CTV News Montreal	(12:05) Seinfeld				
WVNY	22	-	-	World of X Games		Roy Orbison	Roy Orbison	World News	Local 22 News (N)	Extra (N) (LIVE)	Shark Tank A twist on traditional sauces.	American Idol "404 (Auditions)" Auditions continue in California. (LIVE)		Local 22 News (N)	Weather Gone Viral "In a Flash"					
WUTV	30	-	-	Big Bang Theory	Big Bang Theory	Two and Half Men	Two and Half Men	Big East Pregame	College Basketball Big East Tournament, Final: Teams TBA. (N) (LIVE)		Big East Postgame	Game of Talents (LIVE)	2 on Your Side at 10	Big Bang Theory	I Can See Your Voice (LIVE) (DVS)	Dolly Parton				
CFKS	31	106	726	(3:55) ** "Vivre pour danser" (2006) Channing Tatum, Jenna Dewan. Premiere. (SC)			** "Arnaque américaine" (2013) Christian Bale. Premiere. Un escroc est contraint de travailler pour un agent du FBI. (SC)		(8:55) ** "Sale temps à l'hôtel El Royale" (2018) Jeff Bridges. Premiere. Sept étrangers ont une dernière chance de se racheter.		** "Lucy" (2014, Action) Scarlett Johansson, Morgan Freeman. (LIVE) (DVS)		** "Red" (2010) Bruce Willis, Morgan Freeman. (LIVE) (DVS)							
WUHF	-	-	363	Go Nitro (LIVE)	Game Time	Comedy.TV (LIVE)	Big East Pregame	College Basketball Big East Tournament, Final: Teams TBA. (N) (LIVE)	Big East Postgame	Game of Talents (LIVE)	WHAM News	Game Time	I Can See Your Voice (LIVE) (DVS)	ROH Wrestling						
WETK	-	-	-	(3:30) John Sebastian Presents: Folk Rewind (My Music) (LIVE)		NewsHour Wk	As Time Goes By	Keep-Appear	Fawly Towers	My Hero (LIVE)	Father Brown Unwanted rival. (LIVE)	Miss Fisher's Murder Mysteries "Dead Air"	Shakespeare and Hathaway -- Private	Austin City Limits (LIVE)	Underground					
WCFE	-	-	-	Best of Mountainlake PBS				Best of Mountainlake PBS				Best of Mountainlake PBS								
A&E	615	520	-	(3:00) ** "Snitch" (2013) Dwayne Johnson. (LIVE)		** "Run All Night" (2015) Liam Neeson. The estranged son of an aging hit man becomes a mob target. (LIVE)		** "Taken 2" (2012, Action) Liam Neeson, Maggie Grace, Famke Janssen. (LIVE)		(01) ** "Walking Tall" (2004, Action) The Rock, Johnny Knoxville. (LIVE)		(12:03) "Taken 2"								
CNN	500	500	-	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Lincoln: Divided We		Lincoln: Divided We		Lincoln				
DISC	520	505	-	North Woods Law "Judgment Day"		North Woods Law "Wild Moose Chase"		North Woods Law "Decoy Detail"		North Woods Law A bear cub is orphaned.		North Woods Law "Warden Warriors"		North Woods Law "Moose Mania"		North Woods Law "Off Roadin"		North Woods Law "Gun Country"	North Woods	
DRAMA	620	523	-	Chicago Fire "I Walk Away" (DVS)		The Closer "Last Word" (DVS)		The Closer An officer investigates crimes.		(15) The Closer Puzzling murder. (L)		(10) The Closer "The Big Picture" (L)		(05) The Closer "Show Yourself" (L)		The Closer Murder of a psychiatrist.		The Closer Congresswoman's daughter.		The Closer (L)
HIST	522	506	-	American Pickers (LIVE) (DVS)		American Pickers A trio of vintage Fords.		Modern Marvels The history of cheese. (L)		Assembly Required "Kicking Grass" (L)		The Curse of Oak Island: Digging Deeper		SEAL Team "Siege Protocol: Part 1" (L)		SEAL Team "Siege Protocol: Part 2" (L)		SEAL Team "Fog of War" (DVS)		SEAL Team (L)
PARMT	628	584	-	Ink Master	Ink Master	Ink Master	Ink Master	Ink Master Grudge Match (LIVE)		Ink Master Grudge Match (LIVE)		Ink Master		** "Couples Retreat" (2009, Comedy) Vince Vaughn. Four couples must participate in therapy sessions at a tropical resort. (LIVE)		Ink Master	Ink Master			
RDI	126	730	-	L'info (N) (SC)	L'info (N) (SC)	Le téléjournal	L'épicerie (N) (SC)	Le téléjournal	Découverte (N) (Part 1 of 2) (SC)	(:31) Le national	(:01) Les grands reportages (N) (SC)	Le téléjournal	La facture (N) (SC)	Le téléjournal	Le national (N)	Le national (N)	Journal France 2	Le téléjournal		
SHOW	616	521	-	** "Red" (2010, Action) Bruce Willis. The CIA targets a team of former agents for assassination. (LIVE) (DVS)			** "Red 2" (2013, Action) Bruce Willis. Retired operatives return to retrieve a lethal device. (LIVE) (DVS)			** "Lucy" (2014, Action) Scarlett Johansson, Morgan Freeman. (LIVE) (DVS)			** "Red" (2010) Bruce Willis, Morgan Freeman. (LIVE) (DVS)							
SLICE	601	562	-	** "Yes Man" (L)	** "Just My Luck" (2006) Lindsay Lohan. A charmed woman suffers a reversal of fortune. (LIVE) (DVS)	** "Yes Man" (2008, Comedy) Jim Carrey, Zoëy Deschanel. (LIVE) (DVS)		** "Yes Man" (2008, Comedy) Jim Carrey, Zoëy Deschanel. (LIVE) (DVS)		** "The Heat" (2013) Sandra Bullock. A federal agent and a Boston cop go after a drug lord. (LIVE) (DVS)		** "The Heat" (2013) Sandra Bullock. A federal agent and a Boston cop go after a drug lord. (LIVE) (DVS)								
TLC	521	560	-	Unexpected "Catching Up With Hailey 1"		Unexpected (L)		Unexpected "C-Section in Jeopardy"		Unexpected (L)		Sister Wives Contains bonus scenes. (N) (L)		Sister Wives Contains bonus scenes. (N) (L)		Sister Wives Contains bonus scenes. (N) (L)		Sister Wives Contains bonus scenes. (N) (L)		Sister Wives (L)
TSN	400	400	-	(2:30) 2021 Tim Hortons Brier Curling Championship Round. (N)		SportsCentre (N) (LIVE)		February Bloopers	February Plays	SC (LIVE)	Top 50 Curling	2021 Tim Hortons Brier Curling Championship Round. (N) (LIVE)			SportsCentre (N) (LIVE)					
YOUTH	551	542	-	Loud	*** "The LEGO Batman Movie" (2017) (LIVE) (DVS)			Danger	Kids' Choice Awards 2021	Punky	Punky	(:10) The Hardy Boys	Food	Degrassi	Avatar					

# Your week on TV

SUNDAY DAYTIME																	MARCH 14, 2021		
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	Channel 3 News Sunday Morning (N)	CBS News Sunday Morning (N) (D)			Face the Nation (N) (D)	All In With Laila Ali	Inside College Basketball (N) (D)	College Basketball Atlantic 10 Tournament -- VCU vs St. Bonaventure. (N) (Live) (D)			College Basketball					
WPTZ	5	-	-	Sunday Today With Willie Geist (N) (D)	Meet the Press (N) (D)	NBC 5 In Depth	Soledad O'Brien	Carbonaro Eff.	Carbonaro Eff.	Snowboarding	2021 Players Championship Final Round. The Players Championship crowns a champion with final-round action from TPC Sawgrass. (N)								
CBMT	6	206	301	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	Coronation Street (N)	** "Ballerina" (2016, Children's) Voices of Elle Fanning, Nat Wolff. (D)			FIS Freestyle Skiing World Cup: Aerials. (D)	FIS Freestyle Skiing World Cup: Ski Cross.	FIS Freestyle						
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			"L'amour à la carte" (2018) Dania Ramirez. Un homme obtient l'aide d'une talentueuse chef.			TVA nouvelles (N)	La victoire de l'amour	Infopublicité (SC)	(:45) * "Les Schtroumpfs" (2011, Enfants) Hank Azaria, Neil Patrick Harris. (SC)	"Mon ami Willy" (SC)					
WMTW	8	-	-	Good Morning America (N) (D)	This Week W/ George Stephanopoulos	Soledad O'Brien	Teen Kids News (N)	Made in Hollywood	Wild About Animals	Easy Indoor	Drug-Free Relief	Legs and Feet!	Retire Now TV	G.O.A.T.s	G.O.A.T.s				
CKSH	9	108	-	Les aventures	Axel	VanLab (N) (SC)	Oniva! (N) (SC)	(9:59) Le jour du Seigneur (N) (SC)	Les coulisses du pouvoir (N) (SC)	Téléjournal	La semaine verte (SC)	L'épicerie (SC)	Savourer	Capitaine Marleau (N) (SC)					
CKMI	11	-	-	Sarah Off the Grid	Disaster DIY (D)	Paid Program	Paid Program	Joel Osteen	Paid Program	The West Block (N)	Leave It to Bryan	Worst to First "Jodene & Greg" (DVS)	Rust Valley Restorers "Secret Stash"	"Love on the Slopes" (2018) Katrina Bowden, Thomas Beaudoin. Premiere. (DVS)					
CFCF	12	205	312	Children's Villages	Operation Smile (D)	Paid Program	Paid Program	Church of the Rock	Question Period (N) (D)	W5 The legal hurdles that patients face. (D)	Highway Thru Hell "Yin and Yang" (D)	*** "Spotlight" (2015, Drama) Mark Ruffalo, Michael Keaton, Rachel McAdams. (D)							
WVNY	22	-	-	Good Morning America (N) (D)	This Week W/ George Stephanopoulos	What Matters	The Key of David	Sexual Abuse	Vitamin D	Paid Program	Under Eye Bags?	Paid Program	Paid Program	G.O.A.T.s	G.O.A.T.s				
WUTV	30	-	-	The Ernest Angley Hour	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	The Key of David	Paid Program	Copper Chef Titan	NHRA Drag Racing AMALIE Motor Oil NHRA Gatornationals. From Gainesville, Fla. (N) (Live)	NASCAR RaceDay	NASCAR Cup Series							
CFKS	31	106	726	Ne jamais faire à la maison (SC)	Maître du chantier Un espace de camping.	RPM Le GMC Acadia AT4 2020. (N) (SC)	RPM plus (N) (SC)	Zone VL (SC)	Infopublicité (SC)	Flashpoint "Paradis perdus" (N) (SC)	*** "Les apprentis cowboys 2" (1994, Comédie) Billy Crystal, Daniel Stern. (SC)								
WUHF	-	-	363	Wild America	Paid Program	FOX News Sunday With Chris Wallace (N)	Sharyl Attkisson	Rochester Press Box	Ring of Honor Wrestling (N) (D)	NHRA Drag Racing AMALIE Motor Oil NHRA Gatornationals. From Gainesville, Fla. (N) (Live)	NASCAR RaceDay	NASCAR Cup Series							
WETK	-	-	-	Hero Elementary	Xavier Riddle	Curious George	Daniel Tiger	Daniel Tiger	Elinor Wonders	Weekend-Week	Vermont This Week	Made Here	Made Here	Live From Lincoln Center (DVS)	Live From Lincoln Center (DVS)	Birding in Vermont (D)			
WCFE	-	-	-	Wild Kratts	Wild Kratts	Washington Week	Scully: World	Mountain Lake	New York Now (D)	Best of Mountainlake PBS			Best of Mountainlake PBS						
A&E	615	520	-	Hoarders A hoarder faces financial ruin. (D)	Hoarders A woman fills her home with clothing.	Hoarders Stuffed triplex and dance studio.	Hoarders "Charles & Alvin" (D)	Intervention "Megan H." (D)	Intervention "Kelly" (D)	Intervention "Jessica" (D)	Storage Wars (D)	Storage Wars (D)							
CNN	500	500	-	Inside Politics	State-Union	Fareed Zakaria GPS	Reliable Source	State-Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom								
DISC	520	505	-	Mighty Trains "Bergen and Nordland"	Mighty Trains (DVS)	Mighty Trains "Maharaja's Express"	Mighty Trains "AVE 103" (DVS)	Mighty Trains "Bergen and Nordland"	Mighty Trains (DVS)	Lone Star Law "Bucks and Bows"	Lone Star Law "Owl Gone Bad"								
DRAMA	620	523	-	Chicago Fire "I Walk Away" (DVS)	The Closer "Last Word" (DVS)	The Closer An officer investigates crimes. (D)	(:15) The Closer Puzzling murder. (D)	(:10) The Closer "The Big Picture" (D)	(:05) The Closer "Show Yourself" (D)	The Closer Murder of a psychiatrist. (D)	The Closer Congresswoman's daughter. (D)								
HIST	522	506	-	Paid Program	Paid Program	Rust Valley Restorers "High Octane" (D)	Rust Valley Restorers "Unlikely Alliances" (D)	Backroad Truckers (DVS)	Assembly Required "Kicking Grass" (D)	Forged in Fire "Baby Boomer vs Gen Z" (D)	Forged in Fire "Headhunter's Revenge" (D)	Pawn Stars "Rick's Gone With the Wind"							
PARMT	628	584	-	Bar Rescue Brothers can't see eye to eye.	Bar Rescue (D)	Bar Rescue (D)	Bar Rescue Customers bring their own alcohol.	Bar Rescue "Rock 'N Roaches" (D)	Bar Rescue Jon helps a country bar in Texas.	Bar Rescue "Tears for Beers" (D)	Bar Rescue Burnouts lose \$200,000. (D)								
RDI	126	730	-	RDI matin weekend (N) (SC)	RDI matin weekend (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	Les coulisses du pouvoir (N) (SC)	Téléjournal	Téléjournal	Les décrypteurs (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	L'info (N) (SC)	** "The Accountant" (2016) Ben Affleck. (D)			
SHOW	616	521	-	"Made: The Movie" (2010) Cyryna Fiallo. A geeky schoolgirl tries to become a cheerleader.	NCIS: Los Angeles (DVS)	NCIS: Los Angeles (DVS)	NCIS: Los Angeles "Code of Conduct" (D)	NCIS: Los Angeles "A Fait Accompli" (D)	NCIS: Los Angeles (DVS)	NCIS: Los Angeles Cal-gets detained.	** "The Accountant" (2016) Ben Affleck. (D)								
SLICE	601	562	-	Paid Program	Paid Program	* "Just My Luck" (2006) Lindsay Lohan. A charmed woman suffers a reversal of fortune. (DVS)	"Little Italy" (2018) Emma Roberts. The children of rival pizzeria owners fall for each other. (DVS)	** "You've Got Mail" (1998) Tom Hanks. (D)											
TLC	521	560	-	1000-Lb. Sisters "A Fork in the Road" (D)	1000-Lb. Sisters "Dropping Bombs" (D)	1000-Lb. Sisters "In the Road" (D)	1000-Lb. Sisters "Jerry Bites Back" (D)	1000-Lb. Sisters "Everybody Hurts" (D)	1000-Lb. Sisters "Labor of Love" (D)	1000-Lb. Sisters Chris faces his final weigh-in.	Sister Wives "Felons No More" (D)								
TSN	400	400	-	SportsCentre (D)	SportsCentre (D)	2021 Tim Hortons Brier Curling Tiebreaker. (If necessary). (N) (Live) (D)			Top 50 CFL Plays	Motoring TV (N)	February Plays	2021 Tim Hortons Brier Curling Semifinal. (N) (Live) (D)							
YOUTH	551	542	-	Loud	Casagran	Mighty 1s	Sponge.	TrollsTopia	Loud	Casagran	LEGO City	*** "The LEGO Batman Movie" (2017) (DVS)			Barbie	Mighty 1s	Batman		

SUNDAY EVENING																	MARCH 14, 2021			
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM		
WCAX	3	-	-	(3:30) College Basketball Big Ten Tournament, Final: Teams TBA. (N) (Live) (D)	NCAA Basketball Selection Show			60 Minutes (N) (D)			The 63rd Annual Grammy Awards Excellence in the recording industry. (N) (Live) (D)			Channel 3 News	Greta Van Susteren					
WPTZ	5	-	-	(1:00) 2021 Players Championship Final Round. (N) (Live)	NBC5 News at 6	Nightly News	The Voice "The Blind Auditions, Part 3" The coaches seek America's best voice. (D)	Ellen's Game of Games (N) (D)			Good Girls A huge client approaches Dean.			NBC5 News	Soledad O'Brien	Castle (D)				
CBMT	6	206	301	"The Adventure Club" (2016) Billy Zane. Three kids discover an ancient wishbox. (D)	Anne With an E (DVS)	Heartland Quinn's wealthy father arrives.	The Great Canadian Baking Show (N) (D)	Belgravia (N) (D)			The National (N) (D)			Montreal News	Rosemary Barton	q (D)				
CHLT	7	107	718	(3:30) *** "Mon ami Willy" (1993) Jason James Richter. (SC)	Poule-oeufs	TVA nouvelles (N)	Vlog (N) (SC)	Star académie: le variété (N) (SC)			(:15) La vraie nature (SC)	(:15) TVA nouvelles	(:45) "Un moment d'égaré" (2015) Vincent Cassel, François Cluzet. (SC)							
WMTW	8	-	-	G.O.A.T.s	Carole King	Rossen Reports	WMTW News 8 at 6	World News	America's Funniest Home Videos (D)	American Idol "405 (Auditions)" The final auditions in California. (N) (D)	Who Wants to Be a Millionaire (N) (D)			WMTW News 8	Soledad O'Brien	Major Crimes				
CKSH	9	108	-	(3:00) Capitaine Marleau (N) (SC)	Esprit critique (N) (SC)	Téléjournal Estrie	Découverte (DVS)	Pharmachien	Tout le monde en parle (N) (SC)			Le téléjournal	(:10:55) Infoman	(:25) "Les combattants" (2014) (SC)						
CKMI	11	-	-	Property Brothers "Johanna and Sean"	Wall of Chefs A cook tries to rewrite rules.	Global News at 6	Global National	60 Minutes (N) (D)			** "Transformers: Age of Extinction" (2014) Mark Wahlberg. Optimus Prime and the Autobots face fearsome challengers. (DVS)			Global News	The West Block	Global National				
CFCF	12	205	312	(2:00) *** "Spotlight" (2015) (DVS)	Seinfeld "The Pen"	Big Bang Theory	CTV News Montreal (N) (D)	Big Bang Theory	Big Bang Theory	Ellen's Game of Games (N) (D)	MasterChef Canada (N) (DVS)	Who Wants to Be a Millionaire (N) (D)	News-Rinaldo	CTV News Montreal	South Park (D)					
WVNY	22	-	-	G.O.A.T.s	Burnett	Burnett	World News	Local 22 News (N)	America's Funniest Home Videos (D)	American Idol "405 (Auditions)" The final auditions in California. (N) (D)	Who Wants to Be a Millionaire (N) (D)	Local 22 News (N)	Graham Bensinger	Judge Judy (D)						
WUTV	30	-	-	(3:30) NASCAR Cup Series Instacart 500. The NASCAR Cup Series continues as drivers take to Phoenix Raceway for the Instacart 500.	Cherries Wild (N)	Bless the Harts (N)	The Simpsons (N)	The Great North (N)	Bob's Burgers	Family Guy (N)	2 on Your Side at 10	Sharyl Attkisson	Ring of Honor Wrestling (N) (D)	Big Bang Theory						
CFKS	31	106	726	"Apprentis cow." (DVS)	*** "Dick Tracy" (1990, Policier) Warren Beatty, Madonna. Premiere. (SC)	Ceci n'est pas	Big brother célébrités (N) (SC)	"Acharné" (2018) Jason Momoa. Un bûcheron fait face à des trafiquants de drogues.			** "Le spécialiste" (1994, Action) Sylvester Stallone, Sharon Stone. (SC)			"Haute sécurité"						
WUHF	-	-	363	(3:30) NASCAR Cup Series Instacart 500. The NASCAR Cup Series continues as drivers take to Phoenix Raceway for the Instacart 500.	Cherries Wild (N)	Bless the Harts (N)	The Simpsons (N)	The Great North (N)	Bob's Burgers	Family Guy (N)	WHAM News	Sharyl Attkisson	Big Bang Theory	Big Bang Theory	Austin					
WETK	-	-	-	Birding in Vermont	Urban Forge: Ozark Artistry (D)	NewsHour Wk	A Place to Call Home "Cloud Break" (D)	Legacy List With Matt Paxton (D)	Lucy Worsley's Royal Myths & Secrets (D)	Lucy Worsley's Royal Myths & Secrets (D)	Lucy Worsley's Royal Myths & Secrets (D)	Call the Midwife (D)	Royal Myths							
WCFE	-	-	-	(3:00) Best of Mountainlake PBS	Best of Mountainlake PBS			Best of Mountainlake PBS			Best of Mountainlake PBS			Best of Mountainlake PBS						
A&E	615	520	-	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	Storage Wars (D)	(:01) Storage Wars	(:32) Storage Wars	(:04) Storage Wars	(:34) Storage Wars	Storage Wars (D)			
CNN	500	500	-	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Stanley Tucci	Stanley Tucci	Lincoln: Divided We	State-Union	Stanley							
DISC	520	505	-	Lone Star Law "Wildcat Garage"	Lone Star Law "Panhandle Poachers"	Lone Star Law "Deadly Conduct"	Heavy Rescue: 401 "Thread the Needle"	BattleBots "Shock and Awe" Sixteen bots remain in the BattleBox. (N) (D)	Undercover Billionaire "Cocktail of Chaos" Grant seeks redemption. (N) (D)	BattleBots (D)										
DRAMA	620	523	-	House "Frozen" (DVS)	House Wilson's newly revealed relationship.	House House and Amber are at odds.	House House diagnoses actor. (D)	House House has memory loss.	Queen Sugar "Early May 2020" (N) (D)	House "Wilson's Heart" (DVS)	House "Frozen" (DVS)	House (D)								
HIST	522	506	-	American Pickers "Hidden Harley" (D)	American Pickers (DVS)	Rust Valley Restorers "Unlikely Alliances"	Forged in Fire "Baby Boomer vs Gen Z"	Forged in Fire "Headhunter's Revenge" (D)	The Curse of Oak Island: Digging Deeper	The Curse of Oak Island (N) (D)	Assembly Required "Kicking Grass" (D)	Digging Deeper								
PARMT	628	584	-	Bar Rescue "Taxed Out in Texas" (D)	Bar Rescue "Tank and Toasty" (D)	Bar Rescue "Muscle Madness" (D)	Bar Rescue Two pals face losing their bar.	Bar Rescue "Scary Mary's" (D)	Bar Rescue An owner parties too hard.	Bar Rescue "Sactown Going Down"	Bar Rescue (D)	Bar Rescue (D)								
RDI	126	730	-	L'info (N) (SC)	Au coeur de la DPJ	Le téléjournal	La facture (SC)	Le téléjournal	Une (autre) vie L'année que l'on vient de vivre.	Le national	Le téléjournal	(:31) Les coulisses du pouvoir (SC)	Le national (N)	Le national (N)	Journal France 2	Le téléjournal				
SHOW	616	521	-	(3:00) ** "The Accountant" (2016) Ben Affleck, Anna Kendrick. (DVS)	*** "Lucy" (2014, Action) Scarlett Johansson, Morgan Freeman. (DVS)			Batwoman Ryan's condition worsens. (N)	Pennyworth Aziz pits Aleister Crowley against John Ripper. (N)	(:20) ** "The Accountant" (2016) Ben Affleck, Anna Kendrick. (DVS)										
SLICE	601	562	-	(3:00) ** "You've Got Mail" (1998) Tom Hanks. (DVS)	"Little Italy" (2018) Emma Roberts. The children of rival pizzeria owners fall for each other. (DVS)	The Real Housewives of Atlanta (N)			** "You've Got Mail" (1998) Tom Hanks. Two bitter business rivals conduct an online love affair. (D)			"Little Italy" (2018) Emma Roberts. (D)								
TLC	521	560	-	Sister Wives "Robyn the Peacemaker" (D)	Sister Wives Robyn questions Christine.	90 Day Fiancé "Forgive but Never Forget" Zied threatens to go back home. (D)	90 Day Fiancé "Into Your Arms" Yara wants to go home. (N) (D)	Sister Wives "Polygamists in a Pandemic"	1000-Lb. Sisters "Do or Die" (D)	90 Day Fiancé (D)										
TSN	400	400	-	(2:30) 2021 Tim Hortons Brier Curling Semifinal. (N) (Live) (D)	SportsCentre (N) (Live) (D)	SC (D)	Top 50 Euro Goals (D)	EURO	2021 Tim Hortons Brier Curling Final. (N) (Live) (D)	SportsCentre	SC With Jay Onrait									
YOUTH	551	542	-	(3:30) *** "The LEGO Batman Movie" (D)	*** "Sing" (2016) Voices of Matthew McConaughey.			Punky	Punky	(:40) The Hardy Boys	Food	Degrassi	Degrassi	Avatar						

# Your week on TV

MONDAY EVENING													MARCH 15, 2021		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	The Neighborhood (N)	Bob Hearts Abishola (N)	All Rise A compelling jewelry store robbery case. (N) [RE]	Bull Izzy thinks her friend was murdered. (N) [RE]	Bull Izzy thinks her friend was murdered. (N) [RE]	Channel 3 News	(:35) The Late Show With Stephen Colbert [RE]			
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) [RE]	Wheel of Fortune (N) [RE]	The Voice "The Blind Auditions, Part 5" The coaches seek	(:01) Debris A mysterious square appears in a field. (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) [RE]					
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report [RE]	Coronation Street (N) [RE]	Family Feud Canada (N)	Murdoch Mysteries Murdoch seeks to avenge a murder.	Murdoch Mysteries James has been taken. [RE]	The National (N) [RE]	CBC Montreal News (N)	Maamuitau	Coronation Street [RE]			
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Star académie	L'échappée Marie-Louise est sous le choc. (N) (SC)	Alertes Michael poursuit sa quête de vengeance. (N)	(9:59) TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	(12:05) "Mère sur prise"			
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) [RE]	Jeopardy! (N) [RE]	The Bachelor (Season Finale) (N) [RE] (DVS)	The Bachelor "After the Final Rose" (N) [RE] (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! "Gwen Stefani" (N) [RE]					
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (SC)	Trop (N) (DVS) (SC)	Une autre histoire Anémone rend visite à Caroline. (N)	Faits divers Des interrogatoires tournent en rond. (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire (SC)				
CKMI 11	-	-	Global National (N) [RE]	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	9-1-1 "Hen Begins" Hen's history is revealed. [RE]	(:01) Big Brother Canada (N) [RE]	Bull Izzy thinks her friend was murdered. (N) [RE]	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert [RE]				
CFCF 12	205	312	(5:59) CTV News Montreal (N) [RE]	etalk (N) [RE]	The Big Bang Theory [RE]	The Big Bang Theory [RE]	Bob Hearts Abishola (N)	All Rise A compelling jewelry store robbery case. (N) [RE]	The Big Bang Theory [RE]	The Big Bang Theory [RE]	News-Lisa	CTV News Montreal (N)	The Daily Show		
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) [RE]	The Bachelor (Season Finale) (N) [RE] (DVS)	The Bachelor "After the Final Rose" (N) [RE] (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live! "Gwen Stefani" (N) [RE]					
WUTV 30	-	-	The Big Bang Theory [RE]	Judge Judy (N) [RE]	Judge Judy (N) [RE]	Family Feud [RE]	9-1-1 "Hen Begins" Hen's history is revealed. [RE]	(:01) America's Most Wanted (Series Premiere) (N) [RE]	2 on Your Side	Seinfeld "The Hot Tub" [RE]	Two and a Half Men [RE]	Two and a Half Men [RE]	Last Man Standing [RE]		
CFKS 31	106	726	Souper parfait	Big brother célébrités (N)	Ca c'est drôle! (N)	Mon ex à moi (SC)	Stumptown Dex se fait passer pour une enseignante. (N)	La semaine des 4 Julie (N) (SC)	Pure Noah rencontre le nouveau caid. (N) (DVS) (SC)	Big brother célébrités	NVL (N) (SC)	** "Le village" (2004)			
WUHF	-	363	Modern Family [RE]	Modern Family [RE]	The Big Bang Theory [RE]	The Big Bang Theory [RE]	9-1-1 "Hen Begins" Hen's history is revealed. [RE]	(:01) America's Most Wanted (Series Premiere) (N) [RE]	13WHAM News at 10 on Fox Rochester (N) (Live) [RE]	DailyMailTV (N) [RE]	The Simpsons [RE]	Paid Program [RE]			
WETK	-	-	PBS NewsHour (N) [RE]	This Old House [RE]	Ask This Old House [RE]	Antiques Roadshow Jón Stefánsson landscape oil. (N)	Antiques Roadshow "Newport Hour 3" [RE]	Antiques Roadshow "Newport Hour 3" [RE]	Fauci: The Virus Hunter [RE]	BBC World News [RE]	Amanpour and Company (N)	BBC World News [RE]			
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) [RE]	Antiques Roadshow Jón Stefánsson landscape oil. (N)	Antiques Roadshow "Newport Hour 3" [RE]	Fauci: The Virus Hunter [RE]	BBC World News [RE]	Amanpour and Company (N)					
A&E	615	520	Intervention Twin sisters battle their addictions. [RE]	Intervention Heroin addiction; eating disorder. [RE]	Intervention "Eddie" Drinking and gambling. [RE]	Intervention "Susan" (Season Premiere) After OxyContin, Susan turned to heroin. (N) [RE]	Cuomo Prime Time (N) [RE]	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Cooper 360					
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) [RE]	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Cooper 360						
DISC	520	505	Highway Thru Hell Al and Gord work to rescue a semi.	Heavy Rescue: 401 Mitch works with his older brother.	Gold Rush: White Water "Dustin to the Rescue"	Gold Rush: White Water "Depths of Despair" (N)	Mud Mountain Haulers "Break Up" (N) [RE]	Homestead Rescue Heat, coyotes and cows. [RE]	Gold Rush: White Water						
DRAMA	620	523	Chicago Fire Shay and Dawson plan a girls weekend. [RE]	Chicago Fire Dawson receives a suicide note. [RE]	Chicago Fire An explosion sends Chicago into chaos.	Chicago Fire The firehouse welcomes a new addition. [RE]	Chicago Fire Severide is frustrated with the police. [RE]	Chicago Fire Jones struggles to fit in. [RE] (DVS)	Chicago Fire						
HIST	522	506	Assembly Required A do-it-all landscaping machine. [RE]	The Curse of Oak Island: Digging Deeper [RE]	The Curse of Oak Island "Staging Their Claim" [RE]	American Pickers Original Hollywood hotdogs. (N) [RE]	American Pickers Visiting a collector in Cape Cod. [RE]	SEAL Team "Kill or Cure" A warlord steals virus samples.	American Pickers [RE]						
PARMT	628	584	Marriage Rescue [RE]	** "Star Trek" (2009, Science Fiction) Chris Pine, Zachary Quinto, Leonard Nimoy. Premiere. Chronicles the early days of the starship Enterprise and her crew. [RE]	** "White House Down" (2013, Action) Channing Tatum, Jamie Foxx, Maggie Gyllenhaal. Paramilitary soldiers take over the White House. [RE]										
RFI	126	730	(5:59) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Au coeur de la 24/60 (N) (SC) DPJ (N)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)					
SHOW	616	521	NCIS A Navy lieutenant goes missing. [RE] (DVS)	NCIS Gibbs and McGee travel to Afghanistan. [RE]	FBI "Prey" The murders of 18 young women. [RE]	"Inside Man: Most Wanted" (2019, Action) Aml Ameen, Rhea Seehorn. An NYPD hostage negotiator saves hostages. [RE] (DVS)	FBI: Most Wanted A repeat offender kidnaps a child. [RE]								
SLICE	601	562	The King of Queens [RE]	The King of Queens [RE]	The Real Housewives of Atlanta [RE]	Below Deck Sailing Yacht Jean-Luc tries to rebound.	Below Deck Sailing Yacht "Smoldering Secrets" (N) [RE]	The Real Housewives of Dallas "The Doctor Is Out" [RE]	The King of Queens [RE]	The King of Queens [RE]	Below Deck Sailing Yacht				
TLC	521	560	Unexpected Tiarra hears the Matthew drama. (N) [RE]	Unexpected Myrka and Liliana have a blowout fight. (N)	Unexpected With bonus scenes. (N) [RE]	Unexpected With bonus scenes. (N) [RE]	Unexpected Myrka's contractions get worse. (N) [RE]	Return to Amish (N) [RE]	Unexpected [RE]						
TSN	400	400	SportsCentre (N) (Live) [RE]	That's Hockey February Plays	ATP Tennis Acapulco: Early Round Coverage, Day 1. (N) (Live) [RE]										
YOUTH	551	542	(4:30) *** "Sing" (2016)	*** "The Secret Life of Pets" (2016, Children's) [RE]	Punky	Punky	(:10) The Hardy Boys [RE]	Food Nation	Degrassi	Avatar: Air.					

TUESDAY EVENING													MARCH 16, 2021		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	NCIS "Watchdog" The team uncovers a dogfighting ring.	FBI "Leverage" A reporter is kidnapped. (N) [RE]	FBI: Most Wanted The team chases a serial killer. (N) [RE]	Channel 3 News	(:35) The Late Show With Stephen Colbert [RE]					
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) [RE]	Wheel of Fortune (N) [RE]	Young Rock (N) [RE]	Kenan "Flirting" (N) [RE]	This Is Us Beth navigates qualms with her mother. (N)	(:01) New Amsterdam "Safe Enough" (N) [RE] (DVS)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) [RE]			
CBMT 6	206	301	CBC Montreal News (N)	Rick Mercer Report [RE]	Coronation Street (N) [RE]	Family Feud Canada (N)	Kim's Convenience (N)	22 Minutes (N) [RE]	Workin' Moms (N) [RE]	TallBoyz (N) [RE]	The National (N) [RE]	CBC Montreal News (N)	Interrupt This Program [RE]	Coronation Street [RE]	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Star académie	Hôpital New Amsterdam "Je peux vous aider?" [RE] (SC)	Caméra café (N) (SC)	Rue King (N) (SC)	(9:59) TVA nouvelles (N)	(:35) La tour (SC)	(:05) Denis Lévesque (N) (SC)	(12:05) ** "Pompéi"		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) [RE]	Jeopardy! (N) [RE]	To Tell the Truth (N) [RE] (DVS)	black-ish [RE]	mixed-ish "On My Own" (N) [RE]	Soul of a Nation "Faith" (N) [RE]	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! "Michelle Obama" (N) [RE]			
CKSH 9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (SC)	La facture (N) (SC)	Toute la vie Christophe reçoit l'appel d'un avocat. (N)	5e rang Simon doit s'éloigner du nid familial. (N)	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire (SC)				
CKMI 11	-	-	Global National (N) [RE]	(:29) Global News at 6:30	FBI: Most Wanted The team chases a serial killer. (N) [RE]	NCIS "Watchdog" The team uncovers a dogfighting ring.	FBI "Leverage" A reporter is kidnapped. (N) [RE]	(:01) New Amsterdam "Safe Enough" (N) [RE] (DVS)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert [RE]					
CFCF 12	205	312	(5:59) CTV News Montreal (N) [RE]	etalk (N) [RE]	The Big Bang Theory [RE]	Holmes Family Effect The Holmes take on a project. [RE]	This Is Us Beth navigates qualms with her mother. (N)	(:01) The Big Bang Theory [RE]	The Big Bang Theory [RE]	News-Lisa	CTV News Montreal (N)	The Daily Show			
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) [RE]	To Tell the Truth (N) [RE] (DVS)	black-ish [RE]	mixed-ish "On My Own" (N) [RE]	Soul of a Nation "Faith" (N) [RE]	Local 22 News (N)	(:35) Jimmy Kimmel Live! "Michelle Obama" (N) [RE]			
WUTV 30	-	-	The Big Bang Theory [RE]	Judge Judy (N) [RE]	Judge Judy (N) [RE]	Family Feud [RE]	Holmes Family Effect "A Trade of a Lifetime; Think Big. Dream Bigger." Overhauling an entrepreneurial co-op. [RE]	2 on Your Side	Seinfeld "The Soup Nazi" [RE]	Two and a Half Men [RE]	Two and a Half Men [RE]	Last Man Standing [RE]			
CFKS 31	106	726	Souper parfait	Big brother célébrités (N)	Ca c'est drôle! (N)	Contre-offre "L'atelier" (N)	Les jeux fous d'Ellen (N) [RE] (SC)	La semaine des 4 Julie (N) (SC)	NCIS: Los Angeles L'équipe enquête sur un meurtre. [RE]	Big brother célébrités	NVL (N) (SC)	** "Bataille à Seattle"			
WUHF	-	363	Modern Family [RE]	Modern Family [RE]	The Big Bang Theory [RE]	The Big Bang Theory [RE]	Holmes Family Effect "A Trade of a Lifetime; Think Big. Dream Bigger." Overhauling an entrepreneurial co-op. [RE]	13WHAM News at 10 on Fox Rochester (N) (Live) [RE]	DailyMailTV (N) [RE]	The Simpsons [RE]	Paid Program [RE]				
WETK	-	-	PBS NewsHour (N) [RE]	Points North	Rural Free Delivery	Finding Your Roots With Henry Louis Gates, Jr. [RE]	Finding Your Roots With Henry Louis Gates, Jr. [RE]	Frontline The presidency of Donald Trump. [RE]	Amanpour and Company (N)	BBC World News [RE]	BBC World News [RE]				
WCFE	-	-	World News America	BBC World News Outside	PBS NewsHour (N) [RE]	Finding Your Roots With Henry Louis Gates, Jr. [RE]	Finding Your Roots With Henry Louis Gates, Jr. [RE]	Frontline The presidency of Donald Trump. [RE]	BBC World News [RE]	Amanpour and Company (N)					
A&E	615	520	Storage Wars [RE]	Storage Wars [RE]	Storage Wars [RE]	Storage Wars [RE]	Storage Wars [RE]	(:01) Storage Wars [RE]	(:32) Storage Wars [RE]	(:04) Storage Wars [RE]	(:34) Storage Wars [RE]	(12:03) Storage Wars [RE]			
CNN	500	500	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) [RE]	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Cooper 360						
DISC	520	505	Highway Thru Hell "My Purpose Is To Protect"	Heavy Rescue: 401 "I've Seen My Share"	Gold Rush: Pay Dirt "The \$6 Million Cut" (N) [RE]	Gold Rush Rick bets on a new stretch of ground. (N)	Heavy Rescue: 401 "No Other Choice" (N) [RE]	Homestead Rescue An old well claims its first victim.	Gold Rush: Pay Dirt						
DRAMA	620	523	Chicago Med Halstead lies to Manning about his gun. [RE]	Chicago Med Charles has an awkward first date. [RE]	Chicago Med Dr. Charles' ex-wife comes to town. [RE]	Chicago Med A patient almost freezes to death. [RE]	Chicago Med A jilted gunman injures April. [RE]	Chicago Med Halstead takes heat for being reckless. [RE]	Chicago Med [RE]						
HIST	522	506	Pawn Stars Antique key gun; gold Pink Floyd album. [RE]	Pawn Stars James Bond movie trading cards. [RE]	American Pickers Original Hollywood hotdogs. [RE]	The Food That Built America "Chip Dynasties" (N) [RE]	Modern Marvels The chocolate making process. (N) [RE]	SEAL Team Ensign Davis faces disciplinary action. [RE]	Pawn Stars [RE]						
PARMT	628	584	Ink Master Grudge Match [RE]	** "White House Down" (2013, Action) Channing Tatum, Jamie Foxx, Maggie Gyllenhaal. Paramilitary soldiers take over the White House. [RE]	Ink Master Grudge Match [RE]	Ink Master Grudge Match [RE]	Ink Master Grudge Match [RE]	Ink Master Grudge Match [RE]	Ink Master Grudge Match [RE]						
RFI	126	730	(5:59) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Après/avant "Nous sommes résilience" (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N)	(12:01) 24/60 (SC)					
SHOW	616	521	NCIS "Oil & Water" An explosion occurs on an oil rig.	NCIS Gibbs must attend to family matters. [RE] (DVS)	FBI "Doomsday" A safety inspector dies. [RE] (DVS)	** "Blade Runner 2049" (2017, Science Fiction) Ryan Gosling, Harrison Ford, Ana de Armas. A new blade runner embarks on a quest to find Rick Deckard. [RE] (DVS)									
SLICE	601	562	The King of Queens [RE]	The King of Queens [RE]	Below Deck Sailing Yacht "Smoldering Secrets" [RE]	The Real Housewives of Dallas "The Doctor Is Out" [RE]	The Real Housewives of Dallas (N) [RE]	The Real Housewives of Dallas (N) [RE]	The King of Queens [RE]	The King of Queens [RE]	Real Housewives-Dallas				
TLC	521	560	OutDaughtered Blayke gets her big-girl sleepover. [RE]	OutDaughtered Dale's positive COVID-19 test. [RE]	OutDaughtered The Busbys face tough decisions. (N) [RE]	The Blended Bunch Erica's brother is sent reeling. [RE]	(:02) Unexpected With bonus scenes. (N) [RE]	(:02) Sister Wives Kody and the wives struggle to adapt.	OutDaughtered [RE]						
TSN	400	400	SportsCentre (N) (Live) [RE]	That's Hockey	NBA Basketball Utah Jazz at Boston Celtics. From TD Garden in Boston. (N)	NBA Basketball New Orleans Pelicans at Portland Trail Blazers. From Moda Center in Portland, Ore. (N) (Live) [RE]									
YOUTH	551	542	"The Secret Life of Pets"	*** "The SpongeBob SquarePants Movie" (2004) [RE]	Henry Danger	Henry Danger	Stanley Dyn.	Star Falls [RE]	Degrassi	Degrassi	Avatar: Air.				

# Your week on TV

WEDNESDAY EVENING													MARCH 17, 2021		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Tough as Nails (N) (N)	A Grammy Salute to the Sounds of Change Music propelling social change. (N) (N)	Chicago Fire Mouch and more report for training. (N)	Chicago P.D. Voight receives a special request. (N) (N)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)			
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (N)	Wheel of Fortune (N) (N)	Chicago Med Manning helps a mother in need. (N) (N)	Chicago Fire Mouch and more report for training. (N)	Chicago P.D. Voight receives a special request. (N) (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (N)			
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N) (N)	Family Feud Canada (N)	Coroner "Round and Round" A John Doe. (N) (N)	Pretty Hard Cases Sam's promotion is on the line. (N)	The National (N) (N)	CBC Montreal News (N)	First Play Live Coronation Street (N)			
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Star académie	Sans rancune On célèbre les courtiers immobiliers. (N)	Les beaux maîtres 2.0	Drôles de Véronique (N)	(9:59) TVA nouvelles (N)	(:35) La tour (N) (SC)	(:05) Denis Lévesque (N) (SC)	(12:05) ** "Sortilège"	
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (N)	Jeopardy! (N) (N)	The Goldbergs American Housewife (N)	The Conners (DVS)	Call Your Mother (N)	The Con "The Psychic Con" (N) (DVS)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (N)		
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (SC)	L'épicerie (N) (SC)	Les enfants de la télé La série culte Radio Enfer. (N)	La grande bataille La COVID-19 frappe le Québec.	Le téléjournal (N) (SC)	(:05) Le télé-journal Estrie	(:34) On va se le dire (SC)			
CKMI	11	-	-	Global National (N) (N)	(:29) Global News at 6:30	Big Brother Canada Competing for the Power of Veto. (N)	Tough as Nails (N) (N)	Tough as Nails (N) (N)	SEAL Team (N) (DVS)	S.W.A.T. (N) (DVS)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (N)			
CFCF	12	205	312	(5:59) CTV News Montreal (N) (N)	etalk (N) (N)	The Big Bang Theory (N) (N)	The Masked Singer Group B is introduced. (N) (N)	Call Me Kat "Salsa" (N)	The Goldbergs (N) (N)	Bob Hearts Abishola (N)	The Big Bang Theory (N)	News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (N)	The Conners (DVS)	Call Your Mother (N)	The Con "The Psychic Con" (N) (DVS)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (N)			
WUTV	30	-	-	The Big Bang Theory (N)	Judge Judy (N) (N)	Judge Judy (N) (N)	Family Feud (N) (N)	The Masked Singer Group B is introduced. (N) (N)	(:02) Game of Talents (N) (N)	2 on Your Side Seinfeld "The at 10 (N)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)		
CFKS	31	106	726	Souper parfait	Big brother célébrités (N)	Ça c'est drôle! (N)	Entre deux draps (N)	Ce soir on char (SC)	La semaine des 4 Julie (N) (SC)	Seal team: coeur et courage "Manipulations" (N) (SC)	Big brother célébrités	NVL (N) (SC)	"Poursuite blindée" (SC)		
WUHF	-	363	-	Modern Family (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	The Masked Singer Group B is introduced. (N) (N)	(:02) Game of Talents (N) (N)	13WHAM News at 10 on Fox Rochester (N) (Live) (N)	DailyMailTV (N) (N)	The Simpsons (N)	Paid Program (N)			
WETK	-	-	-	PBS NewsHour (N) (N)	Emerging Science	Outdoor Journal	Nature "Fox Tales" Red fox adapts to new environments.	NOVA Scientists study the Dead Sea Scrolls. (N) (N)	Europe's New Wild Saving Europe's wild frontier. (N)	Amanpour and Company (N)	BBC World News (N)				
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (N)	Nature "Fox Tales" Red fox adapts to new environments.	NOVA Scientists study the Dead Sea Scrolls. (N) (N)	Europe's New Wild Saving Europe's wild frontier. (N)	BBC World News (N)	Amanpour and Company (N) (N)				
A&E	615	520	-	Court Cam (N) (N)	Court Cam (N) (N)	Court Cam (N) (N)	Court Cam (N) (N)	Court Cam (N) (N)	Court Cam (N) (N)	(:01) I Survived a Crime (N) (N)	(:32) I Survived a Crime (N) (N)	(:04) Court Cam (N) (N)	(:34) Court Cam (N) (N)	(12:03) Court Cam (N) (N)	
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) (N)	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Cooper 360					
DISC	520	505	-	Highway Thru Hell "A Moment's Notice" (DVS)	Heavy Rescue: 401 Snow squalls attack Highway 402.	Mysteries of the Deep "The Loch Ness Conspiracy"	Expedition X The creature living in Lake Champlain. (N)	Moonshiners Mark and Digger innovate to cut costs. (N)	Lone Star Law: Patrol and Protect (N) (N)	Mysteries of the Deep					
DRAMA	620	523	-	CSI: Crime Scene Investigation "Lucky Strike" (N)	CSI: Crime Scene Investigation Drive-by shooting. (N)	CSI: Crime Scene Investigation A sexual predator. (N)	*** "The Pelican Brief" (1993, Suspense) Julia Roberts, Denzel Washington, Sam Shepard. An inquisitive law student becomes the target of assassins. (N) (N)	Assembly Required "Bad to the Bone" (N) (N)	SEAL Team A CIA agent is being held hostage. (N)	Forged in Fire (N) (N)					
HIST	522	506	-	Forged in Fire The creation of a spiked mace. (N) (N)	Forged in Fire Finalists forge Charlemagne's sword. (N)	Forged in Fire Tactical knives out of rescue tools.	Forged in Fire Bladesmiths must forge pry bar knives.	Assembly Required "Bad to the Bone" (N) (N)	SEAL Team A CIA agent is being held hostage. (N)	Forged in Fire (N) (N)					
PARMT	628	584	-	Life or Debt (N)	*** "Scarface" (1983, Crime Drama) Al Pacino, Michelle Pfeiffer, Steven Bauer. A Cuban immigrant fights to the top of Miami's drug trade. (N)	Life or Debt (N)	Life or Debt (N)	Life or Debt (N)	Life or Debt (N)	Catch a Contractor (N)					
RDI	126	730	-	(5:59) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)				
SHOW	616	521	-	NCIS "Gut Check" The Secretary of Navy is bugged. (N)	NCIS "Devil's Triad" Ellie adjusts to being on the team. (N)	FBI A key witness and a marshal are killed. (DVS)	*** "Annihilation" (2018) Natalie Portman, Jennifer Jason Leigh. A biologist signs up for a dangerous, secret expedition. (N) (DVS)	FBI: Most Wanted A cyber-stalker looks for revenge. (N)							
SLICE	601	562	-	The King of Queens (N)	The King of Queens (N)	The Real Housewives of Dallas (N) (N)	The Real Housewives of New Jersey (N) (N)	The Real Housewives of New Jersey (N) (N)	Summer House Carl finds the house in shambles. (N) (N)	The King of Queens (N)	The King of Queens (N)	Housewives of NJ			
TLC	521	560	-	My 600-Lb. Life "Irene's Journey" Irene has to move back in with her son. (N)	My 600-Lb. Life (N) (N)			My Feet Are Killing Me The doctors have their hands full.	My Feet Are Killing Me (N) (N)	My 600-Lb. Life (N) (N)					
TSN	400	400	-	SportsCentre (N) (Live) (N)	That's Hockey (N)	SC (N)	All Elite Wrestling: Dynamite (N) (N)	SportsCentre (N) (Live) (N)	SportsCentre (N) (Live) (N)	SC With Jay Onrait (N)					
YOUTH	551	542	-	"SpongeBob SquarePants"	** "Turbo" (2013) Voices of Ryan Reynolds. (N) (N)	Henry Danger	Henry Danger	Stanley Dyn.	Star Falls (N)	Degrassi	Degrassi	Avatar: Air.			

THURSDAY EVENING													MARCH 18, 2021		
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News	Entertainment Tonight (N)	Young Sheldon (N)	(:31) B Positive (N) (N)	(:01) Mom (N) (N)	The Unicorn (N) (N)	Clarice The team goes to Tennessee. (N) (N)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)		
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (N)	Wheel of Fortune (N) (N)	Superstore (N) (N)	Young Rock (DVS)	Law & Order: Special Victims Unit (N) (DVS)	Dateline NBC (N) (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (N)		
CBMT	6	206	301	CBC Montreal News (N)	Rick Mercer Report (N)	Coronation Street (N) (N)	Family Feud Canada (N)	Burden of Truth "Standing by Peaceful Waters" (N)	The Fifth Estate (Season Finale) (N) (N) (DVS)	The National (N) (N)	CBC News: Late Night (N)	Canadian Reflections (N)	Coronation Street (N)		
CHLT	7	107	718	(5:58) TVA nouvelles (N)	(:29) Le tricheur (N)	(6:59) La tour (N) (SC)	Star académie	Un zoo pas comme les autres	Sauvetage animal (N)	J.E. (N) (SC)	Infractions (N) (SC)	(9:59) TVA nouvelles (N)	(:35) La tour (N) (SC)	(:05) Denis Lévesque (N) (SC)	** "Mères indignes"
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (N)	Jeopardy! (N) (N)	Station 19 Dean makes a difficult decision. (N) (N)	Grey's Anatomy The doctors seek a path forward. (N) (N)	Enquête (N) (SC)	Le téléjournal (N) (SC)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live! (N) (N)		
CKSH	9	108	-	(5:59) Le télé-journal Estrie	(:31) Zone économie (N)	District 31 (N) (SC)	Infoman (N) (SC)	1res fois Sarah-Jeanne Labrosse et Benoit Brière. (N)	Le téléjournal (N) (SC)	Le téléjournal (N) (SC)	Le téléjournal (N) (SC)	(:34) On va se le dire (SC)			
CKMI	11	-	-	Global National (N) (N)	(:29) Global News at 6:30	ET Canada	Entertainment Tonight (N)	Big Brother Canada (N) (N)	Superstore (DVS)	The Unicorn (N) (N)	Clarice The team goes to Tennessee. (N) (N)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (N)		
CFCF	12	205	312	(5:59) CTV News Montreal (N) (N)	Station 19 Dean makes a difficult decision. (N) (N)	Young Sheldon (N)	(:31) B Positive (N) (N)	Grey's Anatomy The doctors seek a path forward. (N) (N)	(:01) Law & Order: Special Victims Unit (DVS)	News-Lisa	CTV News Montreal (N)	The Daily Show			
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (N)	Station 19 Dean makes a difficult decision. (N) (N)	Grey's Anatomy The doctors seek a path forward. (N) (N)	(:01) A Million Little Things "Miles Apart" (N) (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live! (N) (N)			
WUTV	30	-	-	The Big Bang Theory (N)	Judge Judy (N) (N)	Judge Judy (N) (N)	Family Feud (N) (N)	Hell's Kitchen The chefs face Spell's Kitchen. (N) (N)	Call Me Kat "Salsa" (N)	Last Man Standing (N)	2 on Your Side Seinfeld "The Pool Guy" (N)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS	31	106	726	Souper parfait	Big brother célébrités (N)	Ça c'est drôle! (N) (SC)	L'amour est dans le pré (N) (SC)	La semaine des 4 Julie (N) (SC)	Chicago Police Voight est témoin d'un kidnapping. (N)	Big brother célébrités	NVL (N) (SC)	** "Les dents de la mer 3"			
WUHF	-	363	-	Modern Family (N)	The Big Bang Theory (N)	The Big Bang Theory (N)	Medicare Plans	Hell's Kitchen The chefs face Spell's Kitchen. (N) (N)	Call Me Kat "Salsa" (N)	Last Man Standing (N)	13WHAM News at 10 on Fox Rochester (N) (Live) (N)	The Simpsons (N)	Sexual Abuse Survivor (N)		
WETK	-	-	-	PBS NewsHour (N) (N)	Made Here	(:45) Made Here	"David and the Forest Legacy Kingdom"	Made Here	Brew Hampshire Craft beer in the Granite State.	Amanpour and Company (N)	BBC World News (N)				
WCFE	-	-	-	World News America	BBC World News Outside	PBS NewsHour (N) (N)	New Tricks Disappearance of a young PE teacher. (N)	Death in Paradise Dezzie Dixon is murdered live on air.	Professor T "Diamond" Professor T's rough patch.	BBC World News (N)	Amanpour and Company (N) (N)				
A&E	615	520	-	The First 48 Shootout leaves a man dead in Oklahoma. (N)	The First 48 A teenager's life is cut short. (N) (N)	The First 48 Potential spree killer on the loose. (N) (N)	The First 48 A father of three is gunned down. (N) (N)	(:01) Nightwatch The New Orleans medics in action. (N)	(:04) The First 48 A double shooting in New Orleans. (N)	(12:03) The First 48 (N)					
CNN	500	500	-	Situation Room With Wolf	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Cuomo Prime Time (N) (N)	CNN Tonight-Don Lemon	CNN Tonight-Don Lemon	Cooper 360					
DISC	520	505	-	Highway Thru Hell A semi pulls Jamie out on the road.	Heavy Rescue: 401 Andrew's team wrestles difficult cargo.	Bitchin' Rides "Challenge Complete" (N) (N)	Street Outlaws Shawn gets a car driving straight. (N) (N)	Street Outlaws: Mega Cash Days "Paid in Full" Mega Cash Days continues; Big Chief and Daddy Dave line up. (N)	Bitchin' Rides (N)						
DRAMA	620	523	-	CSI: Crime Scene Investigation Case similarities. (N)	CSI: Crime Scene Investigation "Forever" (N) (DVS)	CSI: Crime Scene Investigation "Play With Fire" (N)	CSI: Crime Scene Investigation "Inside the Box" (N)	CSI: Crime Scene Investigation "Crash & Burn" (N)	CSI: Crime Scene Investigation "Precious Metal" (N)	CSI: Crime Scene Investigation "Precious Metal" (N)					
HIST	522	506	-	Forged in Fire "Revolutionary War Spontoon" (N) (N)	Forged in Fire Bladesmiths must forge pry bar knives.	Assembly Required "Bad to the Bone" (N) (N)	Rust Valley Restorers "Transformer Truck" (N) (N)	Backroad Truckers Angela struggles with a simple job.	SEAL Team The operations center is compromised. (N)	Forged in Fire (N) (N)					
PARMT	628	584	-	Framework (N)	Framework (N)	Framework (N)	Framework (N)	Framework (N)	Framework (N)	Catch a Contractor (N)					
RDI	126	730	-	(5:59) Zone économie (N) (SC)	(:01) 24/60 (N) (SC)	Les grands reportages "Condamnation" (N) (SC)	Le téléjournal avec Céline Galipeau (N) (SC)	Le téléjournal (N) (SC)	Le national (N) (SC)	(:31) Le national (N) (SC)	(12:01) 24/60 (SC)				
SHOW	616	521	-	NCIS "Kill Chain" A stolen drone is linked to a terrorist.	NCIS "Double Back" Tracking one of Parsa's cohorts.	FBI Robbers are targeting armored trucks. (DVS)	Legacies A leprechaun shows up at the school. (N)	*** "I Am Legend" (2007) Will Smith. Bloodthirsty plague victims surround a lone survivor. (N) (DVS)	NCIS A mysterious illness.						
SLICE	601	562	-	The King of Queens (N)	The King of Queens (N)	The Real Housewives of New Jersey (N) (N)	Summer House Hannah receives a tip from her psychic.	Below Deck Sailing Yacht "Smoldering Secrets" (N)	The King of Queens (N)	The King of Queens (N)	Summer House (N)				
TLC	521	560	-	Return to Amish "Forgive Me, Carmela" Jeremiah makes a desperate plea. (N)	Return to Amish "Extra Chapter: Stay Amish or Go English?" Shelly meets her biological mother. (N) (N)	Return to Amish "Extra Chapter: Stay Amish or Go English?" Shelly meets her biological mother. (N) (N)	Return to Amish "Extra Chapter: Stay Amish or Go English?" Shelly meets her biological mother. (N) (N)	Return to Amish "Extra Chapter: No Turning Back" Lowell and Lisa prepare for the babies. (N) (N)	Return to Amish (N)						
TSN	400	400	-	2021 Mixed Doubles (N) (N)	That's Hockey (N)	NBA Basketball Oklahoma City Thunder at Atlanta Hawks. From State Farm Arena in Atlanta. (N) (Live) (N)	NBA Basketball New Orleans Pelicans at Portland Trail Blazers. From Moda Center in Portland, Ore. (N) (Live) (N)								
YOUTH	551	542	-	(4:45) ** "Turbo" (2013) (N)	*** "Despicable Me" (2010) Voices of Steve Carell. (N)	Henry Danger	Henry Danger	Stanley Dyn.	Star Falls (N)	Degrassi	Degrassi	Avatar: Air.			

Obituaries  
March 8-12, 2021

# Obituaries

Death



**Michael  
(Mike) E.  
Artus**  
September 12,  
1938 – February  
27, 2021

It is with a heavy heart that we announce the peaceful passing

of Michael (Mike) E. Artus on Saturday, February 27th at the Lakeshore Hospital. Mike is predeceased by his wife Elizabeth (Liz) (2002) and Jeremy his son (2018).

He is survived by his son Andrew wife (Lori), son Alexander wife (Diana), daughter Angela Husband (Frank), daughter Kathryn Husband (Pierre), daughter-in-law Kathleen (Jeremy). He was known as Pop-Pop to his grandchildren Amberleigh, Benjamin, Joshua, Myles, Michael, Matthew, Amanda, Melissa, Kristina, Emily, and Ryan and Matthew Desousa and G-Pop to his great-grandchildren Addisyn, Aerynn, Mykle, lathem, iiam, Madeline, Jake, Ayden, and Christopher. Survived also by his two sisters Elaine and Linda.

Mike was very passionate about his family and truly loved his children, grandchildren and great-grandchildren. He was a true gentleman with empathy and compassion. He enjoyed family gatherings and could always be the life of the party. He will be sorely missed by all and his legacy will live on forever.

Due to Covid-19 restrictions we will be holding a celebration of life later that will be announced on Facebook.

Death



**Edith  
MacLeod  
(Harrison)**  
(1926-2021)

We are saddened to announce the passing of Mrs. Edith MacLeod (Harrison) at CHUS Hotel-Dieu Sherbrooke on March 6, 2021 in her 95th year.

Edith was predeceased by her husband Ebenezer MacLeod; her two sons Marvin and George; her mother Augusta, father Earnest Harrison and her two brothers Gordon and Wendell. She also leaves to mourn many nieces and nephews who will miss her very much.

The family would like to thank the Grace Village for the care they gave to her.

Memorial donations to the Cancer Society would be appreciated by the family.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
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Death



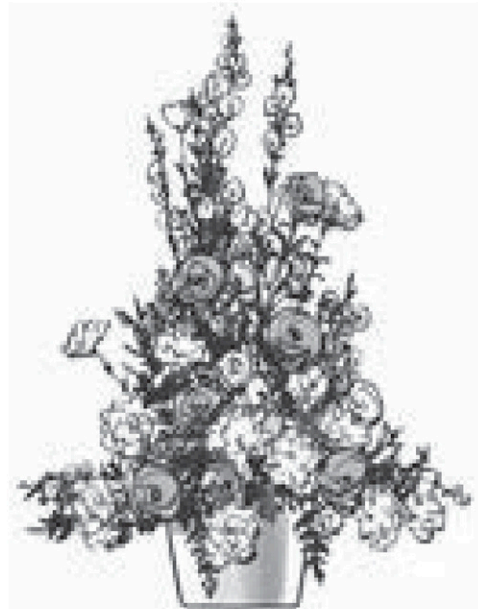
**Lionel T.  
Powers**

It is with great sadness that the family of Lionel T. Powers of Innisfil, Ontario announce his passing on Saturday, January 16, 2021 at the age of 80 years. He will be lovingly remembered by his 3 daughters Lorilee (Bill), Karen (Al), Kristal (Greg), 7 grandchildren, 10 great-grandchildren, 2 sisters Helen and Barb, as well as numerous relatives and friends. He was predeceased by his loving wife of 60 years, Lorna, 4 brothers, and 3 sisters. Due to Covid-19, A Celebration of Life will be held at a later date.

The family wishes to send a special thank you to the staff at the Royal Victoria Regional Health Center

(RVH) for their care and compassion during his final days.

**CASS FUNERAL HOMES**  
Stanstead & Ayer's Cliff  
284 rue Child, Coaticook QC  
PHONE: 819-849-6688  
FAX: 819-849-3068  
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www.casshomes.ca



## Coping with the loss of a loved one while social distancing

*Editor's Note: Please consult your local laws and regulations before publishing this story to confirm its content aligns with mandates currently in place in your city.*

**C**oping with the loss of a loved one can be challenging in the best of times, but many people have had to confront such challenges at a time that is unlike any other in modern history.

By the start of the second full week of May 2020, the World Health Organization reported that roughly 279,000 people across the globe had

died from the novel coronavirus COVID-19. Many of the 215 countries, areas or territories that reported cases of COVID-19 implemented social distancing measures in an effort to reduce the spread of the virus. While such efforts no doubt saved lives, they also left many people without traditional means of grieving their deceased loved ones. For example, in March the Church of England limited the number of people who could attend funerals to immediate family members only, while restrictions on gatherings in the United States made

it difficult if not impossible for more than 10 people to grieve together in person.

The Centers for Disease Control and Prevention notes that grief is a normal response to losing a loved one. In addition, the American Psychological Association says that research has shown that social support can help people recover from such losses.

Though traditional funerals and family gatherings may not be possible as the world responds to the COVID-19 outbreak, those who have lost loved ones can embrace various strategies to

cope with their loss even while stay-at-home orders remain in place.

Host calls with family members and friends. The videotelephone and chat service Zoom has helped millions of people stay connected with loved ones while social distancing. Schools and universities even employed the service when in-person classroom sessions were canceled to stop the spread of the virus. The CDC recommends grieving families employ such technology to connect with each other in the wake of a loved one's death.

CONT'D ON PAGE 19



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# Church Services

## Presbyterian

### St. Andrew's Presbyterian Church, Lennoxville

Due to the Covid-19 virus, our church is currently closed for Sunday services. We welcome you to view Rev. Susan Smith's weekly message on our facebook page, Saint Andrew's Presbyterian Church/community/my services.

The Word of Grace broadcast can be heard each Sunday morning on the community station CJMQ - 88.9 FM at 8:30AM. It can accessed anytime at [www.cjmq.fm](http://www.cjmq.fm)

## United

### AYER'S CLIFF, MAGOG, GEORGEVILLE

The Ayer's Cliff Magog Georgeville Pastoral Charge has decided to keep our church buildings closed for the foreseeable future. You are all invited to join us for our Sunday worship services on Zoom at 10:45 a.m. If you would like to join us please call Mel Bryant at St. Paul's in Magog 819-843-3778 or Sue Young for Beulah United Church

819-838-5815 to receive the zoom link. You can also visit our Pastoral Charge web site <https://amgunited.wixsite.com/amgunited> to find the link our YouTube channel

### LENNOXVILLE

Lennoxville United Church. Facebook Live: Prayer and Reflection with Rev. Linda. Every Sunday @ 10 a.m. & Wednesday @ 10 a.m. Available Live through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page. Video available afterwards through Linda Buchanan's Facebook Page or Lennoxville United Church Facebook Page or Lennoxville United's Website <http://lennoxvilleunitedchurch.com/>

### SHERBROOKE

The Plymouth-Trinity United Church community of faith, at 819-346-6373 and [www.plymouthtrinitychurch.org](http://www.plymouthtrinitychurch.org) in Sherbrooke, invites you - whether you are in Sherbrooke, the St Francis region, or beyond - to our Sunday, March 14 worship service, at 10:45 a.m. All are welcome! Connect via the Internet, or by telephone (long distance charges will apply): Check our website or call us for details (our building is closed). Joignez-vous à nous pour notre culte du dimanche, 14 mars, à 10h45. Le culte est diffusé en ligne ou par téléphone (avec frais interurbains). Voir les détails sur notre site web ou téléphonez-nous (notre bâtiment est fermé). Cordiale bienvenue à tout le monde. Minister: Samuel V. Dansokho.

# Things people should know about creating wills

**D**rafting a last will and testament is an essential component of estate planning. Despite the importance of having a will, a recent survey from AARP found that two out of five Americans over the age of 45 do not have one.

Putting wishes down on paper helps avoid unnecessary work and sometimes heartache upon the death of a loved one. Wills allow heirs to act with the decedent's wishes in mind, and can ensure that assets and possessions will end up in the right hands.

Estate planning can be tricky, which is why many people turn to attorneys to get the job done right. Attorneys who specialize in estate planning will no doubt discuss the following topics with their clients.

- **Assets owned:** Make a list of known assets and figure out which assets are

covered by the will and which will have to be passed on according to other estate laws, such as through joint tenancy on a deed or a living trust. For example, life insurance policies or retirement plan proceeds will be distributed to your named beneficiaries. A will also can cover other assets, such as photographs, clothing, cars, and jewelry.

- **Guardianship:** Parents' wills should include a declaration of who they want to become guardians their underage children or dependents.

- **Pets:** Some people prefer to use their will to also dictate guardianship for their pets and to leave money or property to help care for those pets. However, pets do not have the legal capacity to own property, so one shouldn't gift money directly to pets in a will.

- **Funeral instructions:** Settling

probate will not happen until after the funeral. Therefore, funeral wishes in a will often go unnoticed, states the legal advisement resource Find Law.

- **Executor:** An executor is a trusted person who will carry out the terms of the will. This person should be willing to serve and be capable of executing the will.

People who die without a valid will become intestate. This means the estate will be settled based on the laws of where that person lived, and a court-appointed administrator will serve in the capacity to transfer property. This administrator will be bound by laws and may make decisions that go against the decedent's wishes. To avoid this outcome, a will and other estate planning documents are crucial.

(Metro Creative)

# Coping

CONT'D FROM PAGE 18

- **Share stories.** Grieving family members are urged to share stories and pictures much like they would during wakes and funerals. Share them during group conference calls and/or via social media, emails or other modern modes of communications. Connecting in such ways can ensure no one is forced to grieve alone.

- **Seek support from your community.** The CDC recommends seeking support from faith-based organizations or

other trusted community leaders and friends. While in-person church services may not be available, many local religious leaders have made themselves available to congregants and even non-congregants who may need help grieving. Local community organizations may have grief counselors available to help people cope with loss.

- **Take part in an activity that meant something to you and your deceased**

loved one. The CDC notes that doing something in memory of a loved one can help people cope. For example, plant flowers in honor of a deceased parent with whom you shared a love of gardening.

Confronting the loss of a loved one during the COVID-19 outbreak can be challenging. But families can still overcome this challenge even if they cannot gather together in person.

(Metro Creative)

# SUDOKU

DIFFICULTY RATING: ★★★★★

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		4		1				6
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3/12

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## PREVIOUS SOLUTION

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8	1	2	5	4	9	6	7	3
9	3	7	1	2	6	5	8	4
3	2	8	9	5	1	7	4	6
1	7	4	8	6	2	9	3	5
6	9	5	7	3	4	2	1	8
7	8	3	2	9	5	4	6	1
5	4	1	6	7	8	3	9	2
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**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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3	7	9	1	5	8	2	4	6
1	6	5	9	2	4	8	3	7
2	9	4	8	6	3	5	7	1
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## PREVIOUS SOLUTION

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3/13

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DIFFICULTY RATING: ★★★★★

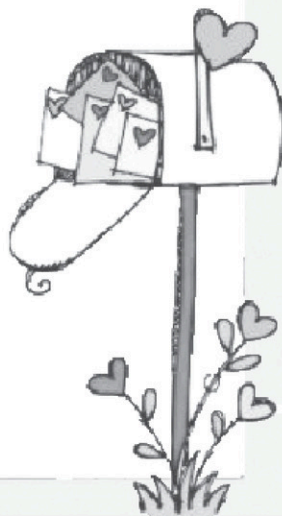
# SUDOKU

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



## Nancy Taylor Kerwin

will be celebrating a special birthday on March 27<sup>th</sup>.



Let's help by sending our best wishes to her at:

50 des Asters,  
Ste-Catherine-de-Hatley, Qc  
JOB 1W0

## Sunday horoscope on page 23

# Yuletide usurper

FRIDAY, MARCH 12, 2021

**Dear Annie:** My sisters and I always took turns having the family Christmas at our respective houses. Six years ago, it was my turn to be the hostess. I was in the kitchen all morning cooking. As everyone arrived and was going through the buffet line, I noticed no one was taking much food. Some were not even getting a plate. I asked why my daughter wasn't eating anything. She said she ate too much at my older sister's earlier. I felt like a train hit me. My sister said she just "ended up" having a brunch at her house for whoever wanted to stop by to pick up extra gifts. It turns out that she had baked a ham, made several casseroles, prepared a big vegetable tray, salads and a few desserts. She had invited our entire family except my husband and me.

I was pretty upset and said, "Well if I'd known you were going to have something at noon, we would have just come to your house, too, and I wouldn't have spent the time all morning cooking and preparing for everyone to come here." She said, "Well, that's why I didn't tell you, because I knew you would be mad."

She didn't apologize and ended up leaving shortly after by going to get her and my brother-in-law's coats and waving a Merry Christmas, saying they had to be somewhere and left. My Christmas was ruined.

All I can gather is that she moved into a condo earlier in the year and wanted to have everyone for Christmas. Had she asked me if she could've hosted Christmas, then I gladly would've let her.

Since then, I've hardly seen my sister. She started "forgetting" my birthdays. She still kept in touch with my daughters, and her husband and daughter have come to my house for get-togethers. But she always says she's too busy.

I'd just like to know what you think about what happened. Was I being overly sensitive about the Christmas meal? Obviously, she never intends to apologize

for the disaster, and I'm sure it's too late now anyway. I just wonder what an outsider would think. – Sidelined Sister

**Dear Sidelined:** Your sister might never apologize, but you can still forgive her. Do it for your own sake. Write a letter expressing how hurt you've been by her actions over the last six years. Then write another letter expressing how you love her anyway. Don't mail either of them. Treat it as a therapeutic exercise, to process your feelings and air frustrations.

Then try reaching out to her. Express how you've felt sad that she hasn't been in your life much these past few years and that you'd like to change that. Hopefully, that ice between you two will start to melt. You're sisters, and it would be a sin to let one holiday meal ruin your relationship for the rest of your life.

**Dear Annie:** This is in response to "Don't Shoot the Mockingbird," who was embarrassed that he accidentally mirrored people's accents during conversation.

Anyone with such a gift for mimicking accents should consider studying foreign languages. I study for fun and am hardly an expert, but I have a great time playing with it! I use Duolingo app. I've got a good handle on eight languages so far. – Polyglot

**Dear Polyglot:** Que magnifico! The benefits go beyond just helping you to communicate with more people. Studies have shown that learning a new language promotes cognitive health in myriad ways, increasing the volume of gray and white matter and enhancing overall brain connectivity. As we age, learning a new language can help keep our working memories in good health. Keep it up.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

## Your Birthday

FRIDAY, MARCH 12, 2021

Channel your energy wisely this year. Stay focused on what you are trying to achieve. Refuse to let anyone take advantage of you or what you have to offer. Look for ways to use your skills to gain access to a group, company or position that allows you to expand your knowledge and improve your earning potential or acquire personal gains.

PISCES (Feb. 20-March 20) – Emotions will flare up if someone takes advantage of you. It's in your best interest not to be too accommodating. Don't worry if someone likes you; demand respect before you get involved in a joint venture.

ARIES (March 21-April 19) – Set your sights on what you can accomplish, and stop worrying about what everyone else is doing. Leave nothing to chance when dealing with bureaucracy. Pay attention to detail.

TAURUS (April 20-May 20) – Stand firm and follow through with your plans. Don't feel bad if someone doesn't tag along; it's up to you to make things work and find your joy. When one door closes, another will open.

GEMINI (May 21-June 20) – You'll find it difficult to separate your feelings from what you know to be accurate. Be realistic, prepare to work diligently toward your goal and be proud of your accomplishments.

CANCER (June 21-July 22) – Step into the spotlight and take charge. How you present your plans will determine the amount of help you receive. A money matter is likely to go south if you count on someone unpredictable.

LEO (July 23-Aug. 22) – Alter your life because it's what you want, not because someone pressures you. Connect with people who bring out the best in you. Let go of what isn't working for you.

VIRGO (Aug. 23-Sept. 22) – Communication will bring good results. Ask questions and listen to the responses you get, and you'll come up with concrete plans that will improve your life and an important relationship.

LIBRA (Sept. 23-Oct. 23) – Pour your energy into something that excites you. The more you accomplish, the better you will feel about yourself and your future. Self-improvement will boost your confidence.

SCORPIO (Oct. 24-Nov. 22) – Less talk and more action will be necessary. Remove the clutter from your life, and focus on what's best for you. Physical and emotional changes will take place if you set up a healthy routine.

SAGITTARIUS (Nov. 23-Dec. 21) – Keep your emotions under control when dealing with personal matters and manipulative people. Be smart, disciplined and moderate when temptation puts you to the test.

CAPRICORN (Dec. 22-Jan. 19) – You'll gain insight into something you want to pursue. Start to make the changes that will help you use your skills, experience and knowledge in new and exciting ways. Set high standards.

AQUARIUS (Jan. 20-Feb. 19) – Keep an open mind, but don't make an impulsive move because someone else does. Listen to the voice of reason, set boundaries and do what makes you feel comfortable. A joint venture isn't in your best interest.

SATURDAY, MARCH 13, 2021

Gather information, be precise and take pride in your words and actions. How you present yourself to the world will determine what you get in return. Indecisiveness could be your downfall, so have the facts ready to support your positions. Trust in your insight, and put your best foot forward. Romance is favored.

PISCES (Feb. 20-March 20) – Pick up the pace. It's your turn to soar. Start doing things your way. Let your uniqueness be your calling card, and you will attract individuals who can help you reach your goals.

ARIES (March 21-April 19) – Favors will come your way, but debts will weigh you down. Find out exactly where you stand and what expectations are involved before you agree to accept a proposal.

TAURUS (April 20-May 20) – Indecisiveness is a warning sign. When in doubt, step back and rethink your next move. Don't reveal your intentions until you are sure you can follow through with your plans.

GEMINI (May 21-June 20) – Refuse to let your emotions interfere with common sense. Someone will take advantage of you if you are gullible. Don't feel pressured to make a hasty decision. Do something that will benefit you.

CANCER (June 21-July 22) – Market yourself and your skills. Keeping up with the trends will help propagate new opportunities. It's up to you to bring about positive change. Romance is favored.

LEO (July 23-Aug. 22) – Put more energy into what matters to you. Walk away from unpredictable situations and toward opportunities that encourage you to do the most with what you've got.

VIRGO (Aug. 23-Sept. 22) – Choose the path that will bring the highest return. A positive change is within reach; all you have to do is focus on what is right and best for you. Romance is encouraged.

LIBRA (Sept. 23-Oct. 23) – Put more energy into learning and making your surroundings more accommodating. How you structure your life will determine how creative and successful you become.

SCORPIO (Oct. 24-Nov. 22) – A change will thwart everything you had planned. Deal with problems head-on. You have to put the past behind you before you can take advantage of opportunities.

SAGITTARIUS (Nov. 23-Dec. 21) – Look at the possibilities, the people involved and what's best for you. Refuse to let someone mesmerize you with tall tales. Channel your energy into something tangible.

CAPRICORN (Dec. 22-Jan. 19) – Use your charm to get your way. Bring about change that will improve your relationships with friends, relatives or loved ones. A romantic gesture will help ward off a disagreement.

AQUARIUS (Jan. 20-Feb. 19) – Put more muscle into something that will add to your comfort and convenience. Making a move or reworking your living space to accommodate something you want to pursue will make you feel good.

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" D P E V ' J X E V R D P C U L I R C G O K B C U I  
D V J C U C R J D V S H C U R E V . D F K B C  
J F C L C V J K G D J I E O K R M H E U J D V S  
K X J E U . " — H K M G S D K L K J J D

Previous Solution: "I am all in favor of spontaneity, providing it is carefully planned and ruthlessly controlled." — John Gielgud

TODAY'S CLUE: H s enab e f

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" W R N O B Y A Z D V G O A S D V I D A Y W N G B D R  
S M , N O B D L G N L S V W I D B T A W P B Y A S D V  
I B N O L N A R L C B U M B Z N G L K W C X W N  
P L C ' N I B V A C B . " — M B N B Z S G N W C A T

TODAY'S CLUE: Y s enab e K

Previous Solution: "I don't consider myself a very interesting person. I have the mentality of a supporting actor." — Paul Giamatti

### REALITY CHECK



### HERMAN



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### ALLEY OOP



### ARLO & JANIS



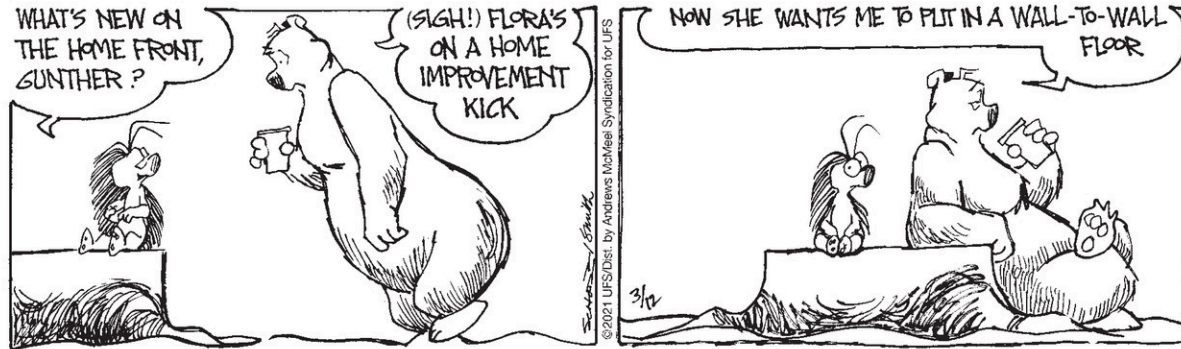
### THE BORN LOSER



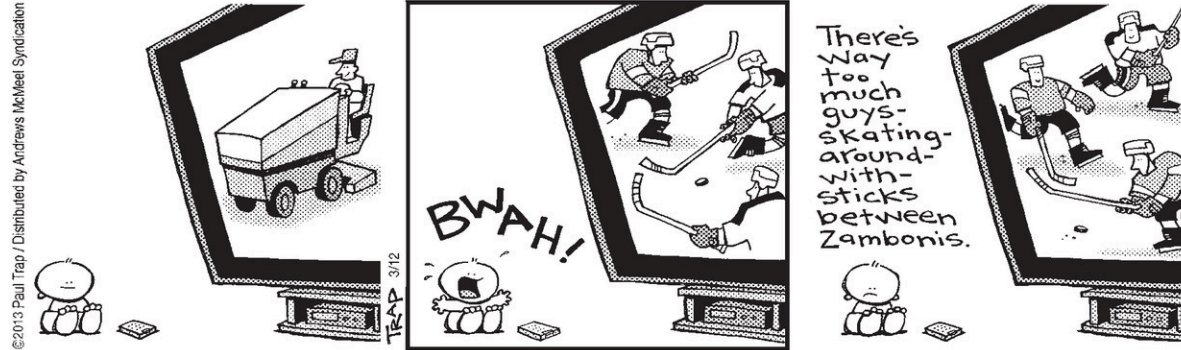
### FRANK AND ERNEST



### GRIZZWELLS



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# CLASSIFIED

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### 145 Miscellaneous Services

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### 160 Music

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- Maintaining forest

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 Email: rima@debellefeuille.com

**(819)  
569-9525**



**Classifieds**

## NEA Crossword Puzzle

### ACROSS

- 1 Heart or essence
- 5 Execs
- 8 Fence flaw
- 11 Edible bulb
- 13 Jackie's tycoon
- 14 "Shogun" apparel
- 15 The blahs
- 16 Wrathful feeling
- 17 Ike's rank
- 18 Bona fide
- 20 Wild disturbances
- 22 Juicy pears
- 24 Top-left PC key
- 25 Old horse
- 26 Sweeping, as a story
- 28 Was acquainted with
- 32 California's Fort —
- 33 Bros, e.g.
- 34 Long past
- 35 Sneak a look
- 37 Moreno or Rudner
- 39 1040 agcy.
- 40 Best or Ferber
- 41 Ms. Dinesen

### 42 Collection

- 43 Not hither
- 45 Agreed with
- 47 Principle
- 50 Data unit
- 51 Convened
- 52 Festive night
- 54 Honolulu hello
- 58 Business abbr.
- 59 Slangy lady
- 60 Monsieur's gesture
- 61 Morse code word
- 62 Miscellany
- 63 Kappa preceder

### DOWN

- 1 "The Raven" author
- 2 Rustic hotel
- 3 Metal in bronze
- 4 College credits
- 5 Snail —
- 6 Watch-dog's warning
- 7 Levels

### Answer to Previous Puzzle

Q	U	O		L	I	C	K		I	G	O	R			
U	N	D		A	Q	A			B	E	T	E			
I	T	D		U	S	E	R		E	S	T	A			
P	O	S	E	D				L	E	A	S	E	D		
				Y	E	N			A	M	O	R			
A	V	E	R			E	W	E	R	S					
R	E	N	E			W	E	L	L		J	U	T		
M	T	S				K	E	E	L		P	U	M	A	
						W	I	L	D	E		A	G	A	R
				A	T	E	N			N	A	P			
P	L	E	A	D	S					G	A	B	B	Y	
Y	O	R	K			A	S	T	I			I	R	A	
R	U	S	E			W	O	R	N			L	I	L	
E	D	E	N			S	W	I	G			E	T	E	

- 8 Kind of dancer (hyph.)
- 9 Aid and —
- 10 Brooches
- 12 Sister's daughters
- 19 Headache remedy
- 21 Goopy
- 22 Unveiled
- 23 Utah city
- 24 Sheer joy
- 25 Slangy refusal
- 27 Sacred bird of the Nile
- 29 Disturbing sound
- 30 Dropped the ball
- 31 Frontier, once
- 36 Boxer's punch
- 38 Curly-tailed dogs
- 44 Greek alphabet ender
- 46 Metropolis of India
- 47 Surrounded by
- 48 Lucy Lawless role
- 49 Prickly sensation
- 50 Mr. Lugosi
- 53 Moving truck
- 55 Gold, in Peru
- 56 Lean-to
- 57 Ottoman title

1	2	3	4		5	6	7		8	9	10			
11				12		13				14				
15						16				17				
				18		19			20	21				
	22	23					24							
25					26		27			28	29	30	31	
32					33					34				
35				36		37			38		39			
40						41					42			
					43	44			45		46			
47	48	49					50							
51						52	53			54		55	56	57
58						59				60				
61						62					63			

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# NEA Crossword Puzzle

# Your Birthday

SUNDAY, MARCH 14, 2021

and stop letting other people interfere with your plans. Making a change to please someone else will not help you solve existing problems. Be true to yourself.

**VIRGO** (Aug. 23-Sept. 22) - Less criticism and more encouragement will win favors. If you want to change, you have to go about it the right way. A partnership must offer the freedom for each party to disagree if it is to work.

**LIBRA** (Sept. 23-Oct. 23) - Put your energy to work for you. You'll have plenty of opportunities to get things done and to enhance your life. Communication will lead to new ideas and plans.

**SCORPIO** (Oct. 24-Nov. 22) - Tidy up loose ends, then move on to more pleasurable activities. A creative outlet will encourage you to look at life differently and find a way to feel better about yourself and others.

**SAGITTARIUS** (Nov. 23-Dec. 21) - Refuse to let someone misrepresent you. Speak for yourself, and correct anyone spreading misinformation about you, a friend or a family member. Be diligent to avoid meddling.

**CAPRICORN** (Dec. 22-Jan. 19) - Be subtle regarding your plans and feelings. Working alone will allow you to get more done in a shorter period without interference. Don't present what you have to offer prematurely.

**AQUARIUS** (Jan. 20-Feb. 19) - Consider what makes you happy, and entertain ways to turn what you love to do into a moneymaking operation. Channel your energy into home improvements that will cut your overhead.

Be ready to take action and get things done. Focus on your goals and on doing the things that bring you the most joy. Take control of your life, and refuse to let what others do dictate what you can accomplish. Success can be yours if you are willing to take what belongs to you and follow your dreams.

**PISCES** (Feb. 20-March 20) - Put pizzazz into everything you do. Share feelings, make suggestions and find out who will pitch in and help you. Surround yourself with people who bring out the best in you.

**ARIES** (March 21-April 19) - Emotions will rise to the surface. Be kind, compassionate and mindful, and you'll avoid distress caused by a misunderstanding. Show someone you love how much you care.

**TAURUS** (April 20-May 20) - You'll feel better once you have everything in order. The freedom you gain will lift your spirits and ensure that you reduce worry and stress. Don't worry about what others do.

**GEMINI** (May 21-June 20) - Charm, a well-thought-out plan, discipline and hard work will pay off. Set your sights on something you want to pursue, and don't stop until you reach your destination.

**CANCER** (June 21-July 22) - Get past emotional anguish, and delve into what matters most to you. Personal growth, spirituality, educational pursuits and nurturing a relationship with a loved one will lead to positive changes.

**LEO** (July 23-Aug. 22) - Take a chill pill

## Answer to Previous Puzzle

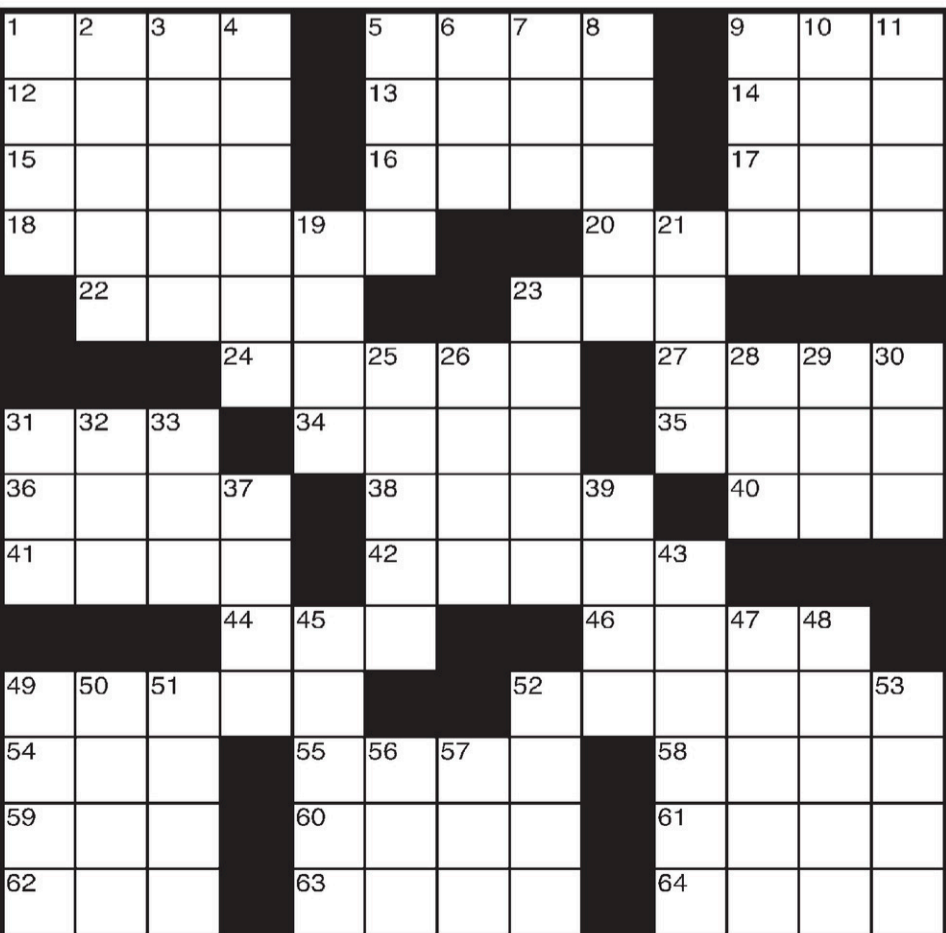


- ACROSS**
- 1 Say likewise
  - 5 Dejected
  - 9 Hair goop
  - 12 Jezebel's spouse
  - 13 Sweater makings
  - 14 Boxing's greatest
  - 15 Lucky streak
  - 16 Long, long time
  - 17 Tire support
  - 18 Basketball moves
  - 20 Not rural
  - 22 Town near Lake Tahoe
  - 23 Whale habitat
  - 24 Jumbo
  - 27 Hamster's digs
  - 31 — Buddhism
  - 34 Nonsense verse writer
  - 35 McClurg of movies
  - 36 Mother of Horus
  - 38 Something to peel
  - 40 I, to Claudius

- 41 Dressy event
- 42 Gene Autry movie
- 44 Popinjay
- 46 Dial or Zest
- 49 Mideast nation
- 52 Kind of tooth
- 54 Ostrich cousin
- 55 Gentle
- 58 Ceramic piece
- 59 Involuntary movement
- 60 Summit
- 61 Underwater shockers
- 62 Provoke
- 63 Eight quarts
- 64 Go headlong

- DOWN**
- 1 Tombstone deputy
  - 2 Group of vocalists
  - 3 Bisect
  - 4 Rectangular
  - 5 Ciao, adios, etc.
  - 6 Southeast Asian
  - 7 Coffee server

- 8 Follow
- 9 Costume
- 10 He directed Marlon
- 11 Sketch
- 19 Plug away
- 21 Make a mad dash
- 23 Swagger
- 25 Fable writer
- 26 Bay Area valley
- 28 Lemon drink
- 29 Brief engagement
- 30 Want-ad letters
- 31 Sharp turn
- 32 That, in Acapulco
- 33 None at all
- 37 Umpire's shout
- 39 Hubby of Lucy
- 43 Roll call list
- 45 Saloon sign (2 wds.)
- 47 "So long!"
- 48 Voting places
- 49 Big Foot cousin
- 50 Bahrain VIP
- 51 Slime
- 52 TV Guide span
- 53 Chicken wire
- 56 Poker card
- 57 XXI times C



FRIDAY, MARCH 12, 2021

## How do you handle a bad trump break?

By Phillip Alder

Has anyone published a book that contains the world's best proverbs? If so, I hope this one from Ireland made the cut: "Don't break your shin on a stool that is not in your way."

Many players would trip over the stool in this deal. How should South play in seven hearts after West leads the spade king?

If this deal was played at 20 tables, you would probably get 20 different auctions and at least six final contracts: small and grand slams in no-trump, hearts and diamonds.

In this auction, South reversed with two hearts, which showed longer diamonds than hearts and at least 17 points. Four clubs was a splinter bid agreeing hearts, showing at least game-going values and a singleton or void in clubs. When South, out of ideas, jumped to six hearts, North felt that his wonderful diamonds and three first-round controls justified raising to seven hearts.

South realized that the only problem would be a 4-0 trump break, which would make communications difficult.

After a minute or so, South spotted the best line. He put up dummy's

North		03-12-21	
♠	A 8 5 4 2	♠	10 7 6 3
♥	8 6 5 3 2	♥	—
♦	A K Q	♦	8 7 5
♣	—	♣	K 10 7 4 3 2
West		East	
♠	K Q J 9	♠	10 7 6 3
♥	10 9 7 4	♥	—
♦	2	♦	8 7 5
♣	9 8 6 5	♣	K 10 7 4 3 2
South		Dealer: South	
♠	—	Vulnerable: East-West	
♥	A K Q J	South	West
♦	J 10 9 6 4 3	1♦	Pass
♣	A Q J	2♥	Pass
		6♥	Pass
		North	East
		1♠	Pass
		4♣	Pass
		7♥	All Pass
Opening lead: ♠ K			

spade ace and discarded a diamond (the critical play). He led a heart to hand, uncovering the bad split, ruffed the club jack on the board, played a second trump to hand and ruffed the club queen. Dummy's diamond ace was cashed, and dummy's last heart led to hand. Now declarer cashed his fourth heart and the club ace, discarding the diamond king and diamond queen from the board. He claimed the remainder with his four diamond winners. Cute!

# Datebook

FRIDAY, MARCH 12, 2021

Today is the 71st day of 2021 and the 82nd day of winter.

**TODAY'S HISTORY:** In 1912, the Girl Guides (later renamed the Girl Scouts of the USA) was founded in Savannah, Georgia.

In 1930, Mahatma Gandhi and more than 70 supporters began a 240-mile march protesting the British salt tax.

In 1947, President Harry S. Truman introduced the "Truman Doctrine," a policy that provided military and economic aid to Greece and Turkey to

prevent the spread of communism.

In 2002, the U.N. Security Council approved Resolution 1397, endorsing the creation of a Palestinian state.

**TODAY'S BIRTHDAYS:** Elaine de Kooning (1918-1989), artist/critic; Jack Kerouac (1922-1969), author; Edward Albee (1928-2016), playwright; Andrew Young (1932- ) activist/politician; Liza Minnelli (1946- ), actress/singer; Mitt Romney (1947- ), politician; James Taylor (1948- ), singer-songwriter; Courtney B. Vance (1960- ), actor; Darryl Strawberry (1962- ), baseball player; Aaron Eckhart

(1968- ), actor; Jaimie Alexander (1984- ), actress; Christina Grimmie (1994-2016), singer-songwriter.

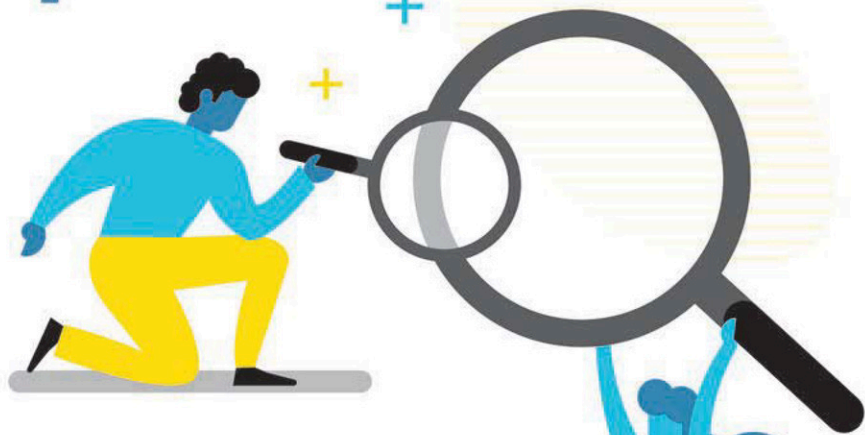
**TODAY'S FACT:** Former President Harry S. Truman was the holder of Medicare card No. 1, which President Lyndon Johnson symbolically presented to Truman on the passing of Medicare legislation in 1965.

**TODAY'S SPORTS:** In 1966, Bobby Hull scored his 51st goal, becoming the first NHL player to tally more than 50 goals in a season and leading his Chicago Blackhawks to a 4-2 victory over the New York Rangers.

**TODAY'S QUOTE:** "It's one of those things a person has to do; sometimes a person has to go a very long distance out of his way to come back a short distance correctly." - Edward Albee, "The Zoo Story"

**TODAY'S NUMBER:** \$18 billion - losses suffered by investors in the massive Ponzi scheme perpetuated by stockbroker Bernie Madoff, who pleaded guilty to 11 federal felonies on this day in 2009.

**TODAY'S MOON:** Between last quarter moon (March 5) and new moon (March 13).



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## Alexander Galt 2021 Easter Basket Campaign

Initiated in 2018, the AGRHS Easter basket campaign is now part of the local traditions. From the start, we have been fortunate enough to receive generous donations from our community.

This year again, your support will be essential in making this Easter a hopeful occasion for our less fortunate families.

The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

We hope we can continue to rely on your support, as it remains very important to the success of our Easter basket campaign.

**Please, make cheques payable to (tax receipts for donations of 10\$ and over will be issued):**  
**AGRHS Easter Basket Campaign and mail to:**  
**AGRHS, P.O. Box 5002,**  
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