

\$1.00 + TAXES PM#0040007682 TUESDAY, FEBRUARY 9, 2021

Another Monday under 1,000 cases in Quebec

Record Staff

The Province of Quebec reported 853 new cases of COVID-19 on Monday, bringing the total number of people infected to 270,911, with 11,504 active cases.

In the Estrie Region, there were 28 new cases reported for a cumulative total of 10,893 and 353 active cases.

Although none of the installations of the CIUSSS de l'Estrie CHUS that

CONT'D ON PAGE 3

CHUS Foundation raises over \$147,000 with travel lottery



COURTESY CHUS FOUNDATION

Éric Lapointe, financial planner at Gestion financière MD, the company that co-sponsored the initiative along with Voyages Escapade 2000 to help raise over \$147,000 for the CHUS Foundation.

Record Staff

The 'tirage voyage' organized by the CHUS Foundation between Oct. 1 and Dec. 1 raised a total of \$147,181, which will be shared among

the 10 foundations within the CIUSSS de l'Estrie-CHUS.

The CHUS Foundation will use \$109,793 to acquire pieces of equipment hand-picked by the staff of Fleurimont Hospital and the Hôtel-Dieu de Sherbrooke. The

nine associated foundations will share the remainder of the funds. By mid-June 2021, the lottery participants will have a chance to win over 50 prizes including travel credits and numerous cash prizes, with a grand prize of \$10,000.

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## Weather



TODAY:  
SNOW

HIGH OF -6  
LOW OF -13



WEDNESDAY:  
A MIX OF SUN  
AND CLOUD

HIGH OF -8  
LOW OF



THURSDAY:  
SUNNY

HIGH OF -11  
LOW OF -24



FRIDAY:  
A MIX OF SUN  
AND CLOUD

HIGH OF -17  
LOW OF -22



SATURDAY:  
A MIX OF SUN  
AND CLOUD

HIGH OF -11  
LOW OF -18

# The neverending story



## DISHPAN HANDS

### SHEILA QUINN

The year 1984 might be remembered for dystopian fiction (thank you Mr. Orwell), but in terms of popular culture, it is also one of those years that still has a functioning pulse. Nope, 1984 just never goes cold.

Absolutely brimming over with music – Prince, Madonna, Van Halen, Wham!, and U2, are just a tiny handful of folks who were really coming of age on stage – not to mention Michael Jackson still riding the Thriller wave with an album that just wouldn't quit. The year was also exploding with fashion – and huge attempts at originality, geometry, pushing boundaries of social appropriateness (lingerie, ripped jeans), there seemed to be no end to the crazes and new trends in sight.

Some periods of time just seem more ripe for creativity and cultural innovation.

There was big vulnerability in that time. A bold youth-centric force seemed to come from all angles – from the rise of The Brat Pack actors in John Hughes' teen comedies to virtually every sitcom featuring a family (ie. With kids), it was a time when being a child actor was a rather popular and lucrative business.

Such a fragile time too though, and every young person who's been labelled for something they did, child actors grappled with labels the size of billboards, that many of them still carry today.

It's sort of our fault.

We put our favourites from that time period up on a pedestal so high it was dizzying – and some fell, understandably. If only so many people didn't just point out

their plummeting, and stepped in to surround them with support equating the sacrifice of giving up your youth for other people's entertainment.

Recently, Netflix's online video service began featuring a film from 1984 that had a profound impact on many a viewer. This was family viewing at its finest, storytelling designed to take in all ages of imaginative folk, wrapped up and taken to the life of a young boy dealing with loss, searching for escape and purpose, and the fantastical world he tumbles into via a book.

Based on the 1979 novel by Michael Ende, the maiden English-language co-writing and directing voyage of Wolfgang Petersen, produced by Bernd Eichinger and Dieter Giessler, The Neverending Story still holds up after all of these years.

Of course, special effects and CGI are at a new level today – but special effects always look special to their first viewers. Give it a few years and our eyes are trained to spot even the subtlest of glitches. Movies we once thought so convincingly accurate in their creation of impossible/imagined things suddenly seem a bit campier than before. They all get there.

It's up to us to suspend disbelief and just enjoy the film, rather than dissect how something is super-imposed. The Neverending Story has an advantage too – almost as much of the fantasy effects are thanks to the genius of Jim Henson and he mega puppets featured.

The tale featured in the book that main character Bastian Balthazar Bux (played by Barret Oliver, just ten years old at the time) features an equally youthful hero, Atreyu, a young warrior prophesied to be the one to save their entire world (Fantasia) from obliteration by the ultimate bad guy: The Nothing.

So many 80s kids experienced a bit of coming of age in this film. Things do not always look like they're working out – some of the main characters experience trauma and defeat. One of the most famous harrowing scenes for the young heart involved Atreyu and his horse, Artax, fording the Swamp of Sadness. The scene is still heart-rending.

One of the most powerful devices

in this kind of youth storytelling is the involvement of things not turning out as one would suspect. Of, occasionally, even the worst possible outcomes happening. Living through dread and defeat as a childhood collective with stories such as this – and including The Princess Bride, The Dark Crystal, Goonies, made that era of family films and storytelling one that didn't sugar coat, but that still allowed almost the ultimate shared victory by tale's end.

As is the case with so many child actors of the era, Barret Oliver (Bastian), Noah Hathaway (Atreyu) and Tami Stronach (The Childlike Empress) couldn't have possibly improved their performances. They remain that ultimate display of vulnerability and railing against the loss of innocence, yet rise up and above when the story is resolved.

Perhaps it is this sacrifice and the push to perform that has also meant that today the trio do not work in the acting industry, but rather have explored completely different avenues than the world of celebrity. The challenge with portraying such a beloved character is that for them The Neverending Story has never ended in some ways that are undoubtedly quite heavy. In our hearts they remain Bastian, Atreyu and The Childlike Empress in spite of nearing their fifties.

Liberating child actors from their characters so that they have an opportunity to grow should be part of the process. It is in part up to us as those benefitting from the entertainment to not cage them in their characters, embracing who they grow to be, or at the very least releasing them to their own growth and futures.

The story stands up. Now that Netflix is featuring the film again, I'm sure our household will take in numerous viewings. Two down, more to come. We love the theme, we love the moments of rebellion, the creativity, and the raw story-telling.

We 80s kids, coming of age in that time of one of the significant eruptions of pop culture, can show never-ending gratitude for the stories actors our own age often gave up their own childhoods and futures to create.

## Ben by Daniel Shelton



## Local News

"The impact, especially in the rural areas like what we have in the Townships, could present disastrous consequences," Cutting said.

# English language advocates denounce Quebec's plan to modernize the Official Languages Act

By Michael Boriero - Local Journalism Initiative Reporter

The Quebec government reignited the province's language debate on Friday after Canadian Francophonie Minister Sonia LeBel revealed a list of recommendations to modernize Canada's Official Languages Act.

The act, as it stands, gives French and English equal status in the country. However, the Coalition Avenir Québec (CAQ) government argues that French should be recognized as the only minority language in Canada.

"We should no longer talk about equality, but rather equity in terms of language," said LeBel. "Equality is giving everyone the same thing, but the needs are not the same."

According to a press release, the CAQ believes French is the only language that needs protection across the nation, including in Quebec. But the government's proposed alterations to the federal language laws has English language groups voicing their concerns.

"What is happening now is there are some fishing trips that are being executed in order to get a sense of what might be the general reaction to this whole notion of strengthening Bill 101," said Townshippers' Association President Gerald Cutting.

In a phone interview with The Record, he said this is just another step towards Premier François Legault's electoral promise to strengthen

Quebec's Charter of the French Language. Cutting believes Legault is feeding into the rumour mill in order to gain votes.

But the Townshippers' president also said Canadians need to recognize the concerns raised by French-speaking communities because they are legitimate. They represent a very small minority of the overall North American population, he added.

"I think we would all be, as Canadians, concerned about making sure that French is safeguarded, promoted and allowed to flourish, but the great difficulty, though, I think is somehow to try and find a way of bridging the gap," said Cutting.

The problem, he continued, is that the English-speaking minority is spooked anytime the language debate re-emerges in the province. Strengthening French language rights often means weakening English language rights, he said.

The federal government needs to be cautious when it comes to strengthening the Official Languages Act, Cutting continued, because it will also give more power to Bill 101. This would extend its reach into federally funded institutions like banks and the post office.

"The impact, especially in the rural areas like what we have in the Townships, could present disastrous consequences," Cutting said.

The Legault government needs to be careful, he insisted, because enhancing

French language laws will inevitably remove access to social services, education and job opportunities for the English-speaking community.

The Townshippers' Association is already struggling to ensure at least a minimal amount of access to health and social services for English speakers. They are also fighting to keep English school boards open and trying to keep young people in the province.

"I don't want to sound like a fear monger, but I think there are financial, cultural and just plain human issues that have to be assessed," said Cutting, adding that Legault is goading the French-speaking majority into believing their culture and identity is in jeopardy.

Quebec Community Groups Network (QCGN) President Marlene Jennings called LeBel's recommendation list to the federal government a non-starter. The province is "attempting to territorialize language," she said, and continues to promote a provincial view.

"This distinctly self-serving provincial perspective undermines more than a half century of consensus around official languages and linguistic duality as a pillar of Canada," Jennings said in a statement Friday.

If Quebec was to acquire sole responsibility on matters relating to the country's official languages, it would "grievously erode the rights of English-speaking Quebecers," she continued, which is why the federal government needs to maintain its authority.



RECORD ARCHIVES

Gerald Cutting

"The future of Canada's English and French linguistic minority communities is intertwined," said Jennings.

The Quebec Anglophone Heritage Network (QAHN) sent out a press release on Monday also deploring the provincial government's statement regarding language rights. They called on the federal government to continue protecting English-speakers in Quebec.

"If Canada's Liberal government, in the context of a 'modernized' Official Languages Act, acquiesces to Quebec's demands they will fail this nation, and history will not judge them well," said QAHN President Grant Myers.

## Judge rejects lawsuit seeking online class option for all Quebec children

The Canadian Press

A Quebec Superior Court judge has ruled against a group of mothers who wanted to force the government to provide a remote learning option to all students during the pandemic.

Quebec requires primary and

elementary school students to attend classes in person and only offers a remote learning option to students with specific medical conditions or whose parents are at risk of severe complications from COVID-19.

Justice Chantal Chatelain said in her ruling Monday that the mothers have the option to homeschool their

children under rules that have existed since before the pandemic.

The judge wrote the mothers aren't subject to any constraint from the state and that they have an option that respects both their concerns and their constitutional rights.

The applicants behind the lawsuit had said they didn't want to impose

their values on others but wanted to have the choice of whether to send their children to school during the health crisis.

Some of the mothers had said they wanted to keep their children home because they feared they would catch COVID-19 and spread it to family members.

## Under 1,000 cases

CONT'D FROM PAGE 1

have ongoing outbreaks reported any new cases, several new outbreaks were reported in the Eastern Townships on Monday. The Brunswick Residence in Richmond is now reporting six cases (four residents and two staff), while the Pavillon Rock Forest had one new employee and one caregiver added to the nine residents already positive. The ExcelSoins Residence in the Town of Brome Lake also saw

an employee and a caregiver test positive, for a total of 22 residents, 17 employees and one caregiver. The J.H. Leclerc High School in Granby and the école Bee Lingue in Farnham also reported new outbreaks. Cowansville's Brome-Missisquoi-Perkins Hospital was also added to the list of facilities on "outbreak watch," with fewer than five employees testing positive.

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# Beware the taxman



**DIAN COHEN**

In one of George Harrison's biggest hits, the Beatles sang, "Let me tell you how it will be/ There's one for you, nineteen for me/ 'Cause I'm the taxman, yeah, I'm the taxman / Should five per cent appear too small / Be thankful I don't take it all."

So here we are, more than a year into the pandemic – understanding that getting back to our new normal lives depends entirely on taming the virus, and also understanding that there are many routine things that must be attended to even though the virus has not yet gone.

Among those many routine things is filing income tax returns. By the end of this month, you should have most of your T4 and T5 slips and can be well on your way to filing – no extension of the filing date this year.

This is a very good time to do some tax planning as well as filing your return. There are a few ways to reduce your tax bill, but you have to plan for them during the year. If you haven't been doing any tax planning, now's the time to start. If you can reduce your

overall income, increase the number of tax deductions throughout the year, and take advantage of certain tax credits, the result will be just as good as winning the Lotto – maybe even better, because it's a sure thing and you can win year after year.

Let's start with the simple stuff: The government offers you two ways to save money and taxes. You can put 18 per cent of your income into an RRSP and defer the taxes until you start taking the money out. For 2020, the year you're filing for in April, up to \$27,230 tax deduction is allowed. (It's higher for 2021.) And for 2020, if you've never put money into a TFSA, you can put \$69,500 in immediately and pay nothing in taxes when you take it out. If you invest it inside the TFSA, both your contribution and your profits are tax-free.

These two tax planning perks have been around for many years – the RRSP since 1957, the TFSA since 2009. Even now, one out of three Canadians has no RRSP, and more than 40 per cent of us have no TFSA. Considering that only a minority of Canadian workers receive any pensions when they retire, this seems to me a stunning oversight. Especially now and going forward: government deficits, which become government debt, are at their highest levels ever. This means that at some time in the future, stimulus spending will cease and the government will be looking for a way to get some of that money back. One way they can do this is to raise taxes and tax rates. So a little bit of tax planning now will reap big rewards in your future.



The pandemic may have given you another tax deduction. People like me who customarily work from home have long had the ability to claim the "work-space-in-the-home deduction". If you've been working from home and/or have a home office, get your pencil sharpened. Add up all your household expenses for the year – utilities, maintenance and the like. Then figure out what percentage of your home's square footage belongs to your office. That percentage of your household expenses can be claimed as your work-space deduction.

And of course, check to ensure you don't have to repay any money if you've received CERB.

Tax planning is a vocation for many people, with good reason. Being able

to split your pension with a spouse or partner can prevent your Old Age Security cheque from being clawed back. Opening a TFSA for your kids or giving them a gift inside a TFSA will save you taxes today and them taxes in the future. Even your charitable donations can save you taxes: first, make sure they are made before December 31. And if you can donate shares of a publicly traded company, you won't have to pay capital gains tax.

Don't worry about finding all the tax saving perks for this year's return. But start looking for them today. It will pay off big in the future.

*Dian Cohen is an economist and the founding organizer of the Massawippi Valley Health Centre  
Cohendian560@gmail.com*

## Nighttime odyssey (Or a trip to the bin during curfew)



**DIDI GORMAN**

It's 7:59 p.m. and I need to get to the garbage bin at once. Curfew will be upon us in exactly one minute and I'm standing outside our front door, holding a garbage bag full of putrid fish bones (don't ask).

But where IS the garbage bin? For some reason, it's not in its usual spot on the driveway. I stare into the night, trying to locate its whereabouts.

Found it! Why is it still by the curb? Which family member was on bin duty today? It's just so irresponsible of them! So neglectful and disrespectful and careless! I'll give them a consequence for that!

Ah, never mind, I just remembered it was me.

The problem is, the bin is protruding onto the road, which, as you may very well know, is a public area where no one is allowed after 8 p.m.

Houston, we may have a problem (unless I somehow manage to make a run for it, get to the bin and yank it back onto our property in less than one minute). I must stop blabbering now. No time to waste.

I whoosh down the driveway towards the curb. The ground is icy though, and I find myself skidding into the road. Oh no, I'm on public terrain now, blatantly infringing on the law! I look around. There's no soul in sight. I immediately notice that our bin is the only one still left by the curb (which goes to show that other families have their bin duties sorted).

Aagh! What was that sound? Someone's approaching! Quick, hide! I leap behind the bin and duck down, still clutching the garbage bag. I mentally calculate how much of me is on our property and how much is in the public sphere. Better be flawless than lawless. My left foot is clearly on the road; the rest of me is on our territory. My left foot is breaking the law! I need to remedy that immediately. I lean sideways in an attempt to bring

as much of me as possible onto our property, but, alas, I lose balance and roll to the road, winding up in a fetal position right in front of the bin. If a SWAT team ambushed me now, I'd have a hard time explaining this.

The sound is getting closer. Someone's clearly spotted me. I shut my eyes tight and hold my breath. Oh dear, oh dear, oh dear.

I open one eye just a little and find myself face to face with a deer. He or she looks at me for a brief second and gallops elegantly away. I'm pretty sure it was sneering, as if to say, 'Aren't you envious of my freedom, you lowly human? Look! I'm allowed outside at night!'

I have no time to ponder this inequality, however. I'm back on my feet and am about to haul the bin onto the driveway when a screeching noise startles me. Is it a siren? Have I been spotted after all?

In a brisk move I dive behind the garbage bin once again, performing an unintentional front handspring and landing with a thud in a pile of snow. For a few seconds I'm not sure where I am. I clear the snow off my eyes and realize I'm inside a snowbank. I crawl out of the snowbank, a little shaky and

unsettled. I peer carefully from behind the bin. Here comes that noise again.

Okay, phew, it's just the train. I'm soon back on my feet, wheeling the bin up the driveway. When I finally position it back in its spot, I heave a huge sigh of relief. Mission accomplished! All's well that ends well. I inhale the fresh, crisp air.

But wait a minute. How come I'm inhaling fresh, crisp air and not putrid fish bones? Wasn't I holding a garbage bag filled with fish bones a scant moment ago? Where's the bag? I don't remember ever discarding it in the bin.

I survey the surroundings. There it is, by the curb, protruding slightly into the road. Houston, we have another problem.

Actually, no, forget it Houston. I've never taken such a stressful trip to the bin before. I'm not going to the curb again during curfew. Sorry, no can do. Let the wildlife enjoy this freebie.

I just hope that this assembly of cats, feasting on fish bones by our curb, does not count as a 'large gathering'. I dread to think that some cats may even consider this 'a meal out at a restaurant'. I don't think I can handle any more infractions tonight.

# Dog owners advised to be on alert

By Gordon Lambie

Last week Laurie Hannan of Richmond sounded the alarm on Facebook after her step-daughter called to say that a strange man had come by the house three times taking photos of the front door, locks, garage door and barn, as well as others through the windows of the house. While it is hard to say exactly what the person was looking for or at, Hannan said that she suspects dog thieves based on the fact that a neighbour's dog went missing the previous weekend.



"They just let it out for five minutes," she said, noting that the experience, coupled with another situation where a car doubled back in front of her house seemingly to look at her dog got her nervous.

Hannan's Facebook post mentioning the van was widely shared and, she said, generated a fair amount of concern, including a few other stories of people who claimed to have seen a suspicious van.

While the local Sûreté du Québec division told The Record that they are not seeing an increase in reports of stolen dogs this year by comparison to other years, Tamara Neely of the Eastern Townships SPA said that there has been a marked increase in concern surrounding the issue.

"We would recommend not leaving your dog unattended outside even for a few minutes," Neely said. "Always have an eye on him, and always have him on a leash."

Neely said that enough people have reached out to the local organization to express worries about a reported increase in pet thefts across the province, that the SPA has published

a list of suggestions for pet owners. In addition to making sure to keep an eye on companion animals while out in the open and never leaving them by themselves, the SPA also recommends immediately reporting any missing animals either online at <https://spaestrie.qc.ca/en/citizen-services/lost-and-found-animals/> or by calling 819 821-4727, option #3.

"The other thing is to not hesitate to call the police if you witness any suspicious activity in your neighborhood," Neely said. "We work closely with the police and do not hesitate to call them if we think something suspicious is happening in our region."

Hannan said that when she made a police report, the officer expressed appreciation for her doing so and pointed out that having reports to refer back to helps to highlight patterns that can be important in apprehending or charging criminals later on.

Aside from the police report, Hannan said that she has also taken the step of installing security cameras at her house.

"I guess that's what it's come to,"

she said, noting that the step is never one she would have imagined having to take in the small town.



## Springtime in the backcountry



### ON THE HOOK

ANDREW HOWARTH

Admittedly, I sometimes find it difficult to write about fishing and other outdoor adventures in the depth of winter. Although, on the other hand, there isn't a day in February where I don't spend time obsessing and fantasizing about the upcoming fishing season. Sometimes, a temporary escape is the best gift you can give to someone—like yourself.

In an effort to provide relevant, up-to-date, and seasonal content, I focus my writing efforts on gear maintenance, ice fishing, and preparatory tasks throughout January and February. But, just like the so-called 'offseason' activities that I discuss in winter articles, the novelty of writing about winter's passage fades quickly. And so, when I'm searching for some much-needed optimism during the 'dog days of February,' I look to the nearest 'light at the end of the tunnel,' which is ice-out fishing in the backcountry. Having something to look forward to is a necessity—in even the mildest of winters—but it's become essential this

year, as winter's torments have been harshened by their unholy marriage to another pandemic lockdown.

Shall we return to a more uplifting subject? As it happens, ice-out fishing isn't only valuable as an opportunity to shake off the proverbial 'cobwebs' that accrue on one's faculties during inactivity. Fishing regulations and infrastructure permitting, the days and weeks after the retreat of ice from our lakes and streams offer some angling opportunities that are confined to the very beginning of spring. In what other period, for example, is it possible for a shore angler to catch big lake trout on shallow-running and even topwater lures? Brook trout, pike, and all types of panfish are also among the list of species that are best targeted with simple shore-fishing methods in early spring. Long ago, I looked at early spring fishing as a way to replenish my sun-derived vitamin D levels while waiting for bass season to open. More recently, I've wished that the early spring fishing season lasted all year.

Allow me to explain why early spring fishing is often synonymous with the backcountry—or, perhaps this is more accurate, theorize about this association. The prohibitive fishing regulations that are often necessary to protect fisheries in our more densely-populated regions can be barriers to early spring fishing. In management zones comprising mostly backcountry, the opportunities to fish for ice-out trout, pike, and other species, are typically more numerous. I think it's positively convenient that the most therapeutic version of nature can also be found in the backcountry, and it's difficult to imagine a more effective remedy for cabin fever than the sight

and sound of a spring creek gurgling loudly with snowmelt under the warm spring sun. It's possible that many cottage and cabin owners go to the backcountry in early spring to inspect and mitigate unwelcome damages from the winter freeze and spring flooding—but I prefer the 'healing' explanation for affective reasons.

Not much is technical or even tactical about ice-out backcountry fishing, and maybe that's all the better. If your trip to the lake or stream requires hiking or canoeing—as it likely does—you'll find it convenient to pack just a single spinning or fly rod, and a small selection of simple lures or bait rigs. In backcountry fishing, ease of access is

traded for undisturbed fish, and finesse presentations are seldom required for backcountry angling. With just a bit of planning and foot travel, you'll find fish that ask for nothing more than a cast and retrieved spoon or streamer, and maybe a dew worm drifted on a split shot rig.

Backcountry fishing can sometimes feel like a gamble: you may have to endure many kilometers, and even hours of laborious bushwhacking, with no assurance that a pot of gold exists at the end of the rainbow you've mapped out. But, in early spring, the hangover from a bygone winter—especially when paired with pandemic irritation—makes this a labour of love.



ANDREW HOWARTH

Unlike us, trout bear physical scars from winter, although their behaviours liven considerably at the first indications of spring.

# EDITORIAL

Albert Einstein once said that insanity is doing the same thing over and over and expecting a different result, so I'd like to try something different.

## A different linguistic perspective

By Derek Heatherington

I want to understand people and to be understood by people. I am a lifelong Quebecer with English, French and Aboriginal roots in my province and I am troubled that once again the fires of linguistic debate are being fed. Sadly, the reasons appear to remain the same; fear and votes. Albert Einstein once said that insanity is doing the same thing over and over and expecting a different result, so I'd like to try something different.

I would like to first suggest three common assumptions about language that are harmful for all Quebecers and then suggest a different way of thinking about language that might lead us away from insanity.

The first assumption is that a language is vulnerable in the presence of other languages. This is simply untrue. Language is vulnerable when it doesn't add value to society. This is why Bonjour-Hi persists in spite of a small number of vocal opponents and populist political pressure.

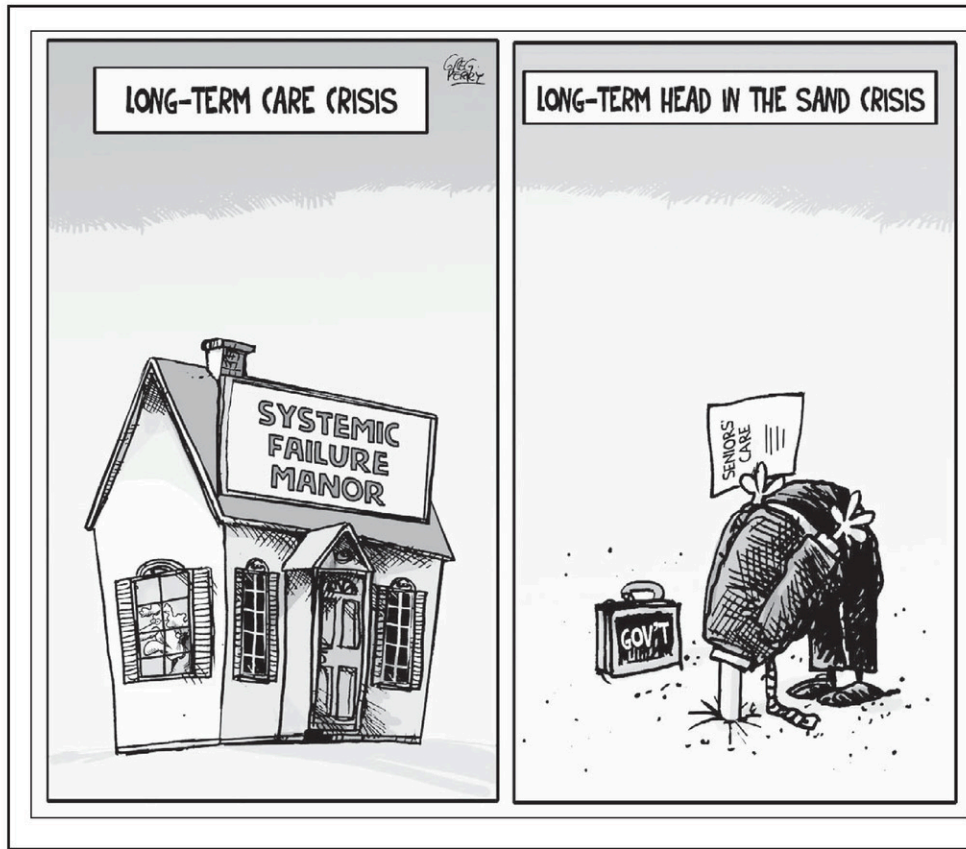
The second assumption is that language is a synonym for culture and heritage. Culture and heritage are not confined along linguistic lines any more than animals are confined by

provincial borders. Consider examples of shared culture and heritage throughout history, such as the story of the pied piper of Hamelin. This story dates from 1283 and has been translated into at least 30 languages.

Locally, this story is the subject of the book, *Le joueur de flûte*, by Quebec author Louis Hamelin.

The third assumption is that a language has an inherent value that must be protected simply because it exists. Myself, my wife, and our child are proficient in French, not because we are in Quebec, but because it is useful to speak French. We are also educated in English and Spanish because it is useful and beneficial. Not only can we travel widely with ease, we can also work in many different environments. Do you think Antony Auclair would have made it to the SuperBowl without the opportunity to perfect his English AND French at an English CEGEP?

Protecting language for its own sake is like continuing to use physical currency simply because it will disappear if we don't. The reality is that any currency, and any language, will continue to exist as long as it adds value to society. Also, no amount of legislation will save a language that doesn't add value to society. Physical



currency adds value because it makes trade with others easier, is a good way to keep track of accounts, and is an easy way to store value for the future. Language adds value because facilitates the trade and storage of information with others. It is with this in mind that we should redefine how we approach language in Quebec.

So I would like to understand and be understood. I would like to understand

why we would accept being deprived of and discouraged from learning English, or Spanish or Chinese any more than we would accept being deprived of the chance to learn the languages of math or music. Now is the time to become Quebecers who think larger than our borders and farther than today.

If you, the reader, have questions for someone like me, please contact me at [exploreqc@bell.net](mailto:exploreqc@bell.net).

## Masons support three local organizations

Ascot Masonic Lodge of Lennoxville has announced it will be making \$825.00 in donations to three local organizations. These donations were collected by Ascot Lodge and supplemented to by the Masonic Foundation of Quebec. The organizations chosen were the Wales Home Foundation (\$450), the Vitae Foundation (\$225) and the Lennoxville-Ascot Historical and Museum Society (\$150).

Rt. Wor. Bro. Bruce Durrant, Treasurer for Ascot Lodge is seen here holding the three cheques. Since the COVID-19 pandemic prevents the Lodge from making direct presentations, the cheques will be mailed to the recipients so they

can make the best use of the funds now.

In a press release, Ascot Lodge explained that the Wales Home has long offered exceptional care to the Anglophone community. The Wales Home received the Planetree Gold Certification in 2018 to recognize excellence in person-centered care. At that time, this designation was given to only 82 facilities world-wide and to only four in Canada. Also, twice in 2018, Executive Director Brenda-Lee Piironen was honoured with Planetree Scholar Award for her leadership.

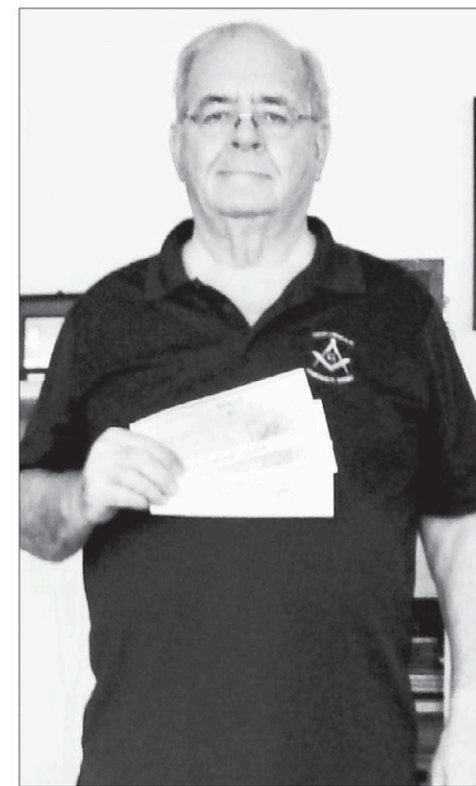
The Wales Home also provides space for the Wales Home Masonic Lodge of Instruction which allows longtime

Masonic Brethren to continue their participation in the craft.

The Vitae Foundation, Ascot Lodge pointed out, supports services offered to the entire population of Sherbrooke in facilities such as the CLSC, the Maison de naissance de l'Estrie and Hospitals and residential centers Argyll, D'Youville, St. Joseph and St. Vincent. It also supports the work of researchers of the Research Center on Aging and the Primary Health Care and Social Services University Institute.

The Lennoxville-Ascot Historical and Museum Society (LAHMS) is dedicated to the preservation of the historical heritage and traditions of Lennoxville and Ascot. It was instrumental in the establishment of the Uplands Cultural and Heritage Centre and now houses a collection of historical memorabilia, offers archival services and presents information sessions and tours to the public.

Submitted by Bruce Durrant  
Treasurer  
Ascot Lodge #30



The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to [newsroom@sherbrookerecord.com](mailto:newsroom@sherbrookerecord.com). Preference is given to writers from the Eastern Townships.

**THE RECORD**

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<p><b>SHARON McCULLY PUBLISHER</b> (819) 569-9511  <b>MATTHEW McCULLY MANAGING EDITOR</b> (819) 569-6345  <b>GORDON LAMBIE ASSOCIATE EDITOR</b> (819) 569-6345  <b>SERGE GAGNON CHIEF PRESSMAN</b> (819) 569-4856  <b>JESSE BRYANT ADVERTISING MANAGER</b> (450) 242-1188</p> <p><b>DEPARTMENTS</b></p> <p>ACCOUNTING (819) 569-9511                  ADVERTISING (819) 569-9525                  CIRCULATION (819) 569-9528                  NEWSROOM (819) 569-6345</p> <p style="text-align: center;"><b>KNOWLTON OFFICE</b>                  5B VICTORIA STREET, KNOWLTON, QUEBEC, JOE 1V0                  TEL: (450) 242-1188 FAX: (450) 243-5155</p>	<p style="text-align: center;"><b>PRINT SUBSCRIPTIONS</b></p> <p>For print subscription rates, please call 819-569-9528 or email us at <a href="mailto:billing@sherbrookerecord.com">billing@sherbrookerecord.com</a></p> <p style="text-align: center;"><b>ON-LINE SUBSCRIPTIONS</b></p> <table border="0" style="width: 100%;"> <tr> <td style="width: 20%;">QUEBEC:</td> <td style="width: 10%;">1 YEAR</td> <td style="width: 10%;">108.72</td> <td style="width: 10%;">5.44</td> <td style="width: 10%;">10.85</td> <td style="width: 10%;">\$125.00</td> </tr> <tr> <td></td> <td>1 MONTH</td> <td>9.78</td> <td>0.49</td> <td>0.98</td> <td>\$11.25</td> </tr> </table> <p><i>Rates for out of Quebec and for other services available on request.</i></p> <p><i>The Record is published daily Monday to Friday. Back copies of The Record are available.</i></p> <p><i>The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.</i></p> <p>PM#0040007682</p> <p>Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2</p> <p style="text-align: center;"><b>Member</b> ABC, CARD, CNA, QCNA</p>	QUEBEC:	1 YEAR	108.72	5.44	10.85	\$125.00		1 MONTH	9.78	0.49	0.98	\$11.25
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# School Page

## Lennoxville Elementary School

### Looking at ledes with Lennoxville Elementary

By Gordon Lambie

The following texts were put together by Mr. Kelso's and Mrs. Christiansen's Grade 5 and 6 students at Lennoxville Elementary School as a part of a workshop last week on how to get readers' attention

when writing to inform. As was the case with the examples of student writing shared last week, the classes drew on their real-life experiences of a snow day to explore what is involved in sharing key information in a way that will both inform and engage readers. The Record has

prepared workshops covering topics ranging from interview skills and hard news to writing editorials and features or even designing ads and layout. Teachers or schools interested in participating are welcome to reach out by emailing newsroom@sherbrookerecord.ca

Students are also encouraged to participate in The Record's weekly news quiz. At the end of the month, any students who participate and answer the questions about what was in the paper will be entered into a draw to win a 16-GB Fire tablet.



Mr. Kelso's class

**Weather bomb makes students' dreams come true**  
By: Chelsea, Chiaki, Raya and Kayleigh

On Feb. 2, 2021, the students woke up to a snowy surprise. There was a blanket of snow covering everything in sight. With no school around the Eastern Townships, students got a day off from school and have fun. Students sled and skate as the day went by!

**Blizzard hits Eastern Townships area**  
By: Layne, Jack, Hayden and Ralph

Students were surprised to find out that it was a snow day on Feb. 2, 2021. The kids were extremely cheerful to find out that they had the whole day to themselves. The snowstorm made roads ice bound that lead to mishaps on highways. Some highways in the Eastern Townships closed one lane due to accidents.

**How much snow does it take to make a student happy?**  
By: Tyson, Nathan, Raya and Curtis

On Feb. 2, 2021 the Eastern Townships had emailed every parent that it was a snow day. When they told their children, they were gleaming, and their mouths were watering. The students went skiing, sledding, and snowboarding. But some students played video games. Every student was happy that the roads froze. All together that day was the best day ever.

**Townships 25cm under**  
By: Angel-Sebastian, Noah and Evan

Students in the Eastern Townships School Board (ETSB) were fantastically blessed with a snow day because the roads were ice on Tuesday Feb. 2, 2021. The students were surprised that their wish for a snow day came true.

**Let it snow! Let it snow! Let it snow!**  
By: Jade, Élodie, Arielle and Nayéli

On Feb. 2, 2021, Eastern Townships woke up to a big snowstorm which caused the schools to have a snow day! Roads were too snowy and icy for busses and even cars to drive on. After getting the snows students were thrilled to have a snow day and be able to play in all that snow. Along with students, teachers were excited to be able to have time to sleep in and catch up on work.

**Woosh! The snow blew through the Eastern Townships**  
By: Orchid, Honour, Cléopé and Naussica

When the students in the Eastern Townships woke, their eyes glowed with happiness. They were told there was a snow day so they can stay at home. On Tuesday Feb. 2, 2021, the roads were filled with mountains of snow. So students and teachers alike got to spend time with family, play some games. For a lot of people, it was an amazing day.



Mrs. Christiansen's class

**Wake up, no school today**  
By: Landen, Nash and Kole

Kids woke up today in the Eastern Townships to a parent's voice saying, "No school today!" Relieved kids ran down the stairs, choking on their breakfast as they rushed to get outside to play in the fresh fluffy snow. Don't you agree? Snowstorms are the best!

**Winter wonderland**  
By: Kaila, Elizabeth, Brayden

The three amigos woke up to a winter wonderland outside their window on Tuesday, Feb. 2, 2021. Hmm they thought, what could we do today? So many possibilities. Should we go out in this beautiful snowstorm and enjoy all that nature has to give us?

After a day of fun, we went back into our cozy homes. We watched outside as the beautiful day of snow started disappearing and a new day of work was coming our way.

**When snow falls nature listens, and so do students**  
By: Brianna, Sukee, Yakim

Happy students in the Eastern Townships on Tuesday, Feb. 2, 2021 woke up to a lot of snow! The students went outside and played games like sledding and snowboarding and much more. It was a great day to get some fresh air! Then they came in to a warm cup of hot chocolate.

**Mother Nature's winter treat**  
By: Mia, Stephan, Kayla

Happy kids all over the Eastern Townships woke up to a beautiful blizzard and a delightful day off this past Tuesday, Feb. 2, 2021. Students were anxious to get outside and play. Sledding, skating, anything you could think of with a warm cup of hot cocoa to top of a glorious winter day. Who doesn't love a good snow day?

**A snow day, a little gift from the universe**  
By: Akaydia, Audrey, Fadoul, Aiden

Surprised students of the Eastern Townships woke up to a snow day on Tuesday, Feb. 2. There was a wild snowstorm. Students were so excited. These are some of the things they did. They played video games, went for walks with siblings, spent time with family, snuggled up on the couch with a hot chocolate and read books. Can't wait for the next blizzard!

**A day to remember**  
By: Jordan, Joe, Luka

Who doesn't like a snow day? Kids woke up to a snow day in the Eastern Townships on Feb. 2, 2021. An enormous snow storm flooded the roads with white fluffy snow. We had fun sliding and ski-dooing. This will be a day to be remembered by all.

# A toast to Townshippers for supporting The Record for 124 years

Pierre Peladeau (that's Papa Peladeau, not PK), believed there was something special about The Record that would see it succeed where others fail. He made the prediction before the advent of Google, Facebook and the pervasive contention that

newspapers are dead. "The Record is too important to fail," he said while making a comparison to his defunct Montreal Daily News.

As The Record assembles the candles on its 124<sup>th</sup> birthday cake, it can rightly claim at least a modicum of success.

The Record is now the only daily print newspaper distributed in the Eastern Townships in either English or French, and any success it might have can be attributed to loyal readers and advertisers who still subscribe to Sherbrooke Record founder Leonard Channell's belief that the English population of the Townships needs a daily newspaper - moreso now as Townshippers are forced into isolation and our institutions and public bodies carry out the public's business in a Zoom bubble. There are things the community needs to know, things they need to stop, and things they need to start. There are people to celebrate and others to mourn. There are heroes in our community that need to be acknowledged.

Bombarded with a plethora of information on social media emanating from keyboard crackpots and infomercials, people need a trusted source of information to separate the wheat from the chaff.

Nine months into the pandemic,

50 communities in Canada have lost that opportunity after their local newspaper ceased publication, bringing the total number of newspaper closures to 191 in the past five years. That's 191 communities that no longer have an independent, trusted source of information to report on town council, school and hospital boards, law enforcement, community groups and activities. As Charlie Bury was fond of saying, no place for people to read who's 'hatched, matched and dispatched'.

The vast majority of papers that have continued to publish, have seen the number of paid subscribers drop by nearly 75 per cent as people turn to the internet for "free news." To be clear, there's no such thing as a free lunch and there's no such thing as free news. Somewhere, fact-based news has to be generated by paid professionals who have chosen a career in journalism because they believe in it. In the space of six weeks, some 2,000 reporters across Canada who worked to bring

CONT'D ON PAGE 9

*Félicitations pour ces années de bon journalisme*

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# A toast to Townshippers

CONT'D FROM PAGE 8

news to their communities, were laid off due to declining readership and a 50 per cent drop in advertising revenue.

Researchers studying the situation of newspapers have concluded there is a disconnect between the public's perception of a media outlet's financial situation and reality. Many do not see their local newspaper as a business with operating expenses and salaries to pay; in fact, they will often chastise it for 'trying to sell newspapers'.

The incessant phone-ringing in the circulation department during a winter storm when the paper is delivered late, is confirmation people expect the newspaper to just always be there.

But like anyone who has ever survived and left others behind, this newspaper's 124th milestone birthday will be somewhat subdued, tempered by the realization that, there but for the grace of Townshippers, goes The Record.

Without the support of the Township's community, a passionate and dedicated staff and loyal advertisers, The Record would be just another statistic.

Next February, with the pandemic hopefully behind us (and with some new subscribers), get out your party clothes and prepare to get gussied up for a mega-bash to celebrate 125 years of continuous publishing of an English-language daily newspaper in the Eastern Townships.

**Sharon McCully**  
Publisher



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# Record 124th Anniversary

*Congratulations on  
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*Thank you to The Record for keeping our communities informed for a 124 years.*



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**Congratulations to The Record on their 124<sup>th</sup> Anniversary.  
May The Record continue to keep us informed  
of local news and events for another 124 years!**

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# Datebook

TUESDAY, FEBRUARY 9, 2021

Today is the 40th day of 2021 and the 51st day of winter.

**TODAY'S HISTORY:** In 1825, the U.S. House of Representatives elected John Quincy Adams as president, a decision that became necessary after no candidate took a majority of the electoral votes in the election of 1824.

In 1861, Jefferson Davis was elected president of the Confederate States of America.

In 1950, during a speech in West Virginia, Sen. Joseph McCarthy of Wisconsin claimed to have a list of more than 200 "known communists" serving in the State Department.

In 1964, the Beatles made their first appearance on "The Ed Sullivan Show."

**TODAY'S BIRTHDAYS:** William Henry Harrison (1773-1841), ninth U.S. president; Ronald Colman (1891-1958), actor; Carmen Miranda (1909-1955), dancer/singer/actress; Brendan Behan (1923-1964), playwright; Roger Mudd (1928-), TV journalist; Carole King (1942-), singer-songwriter; Joe Pesci (1943-), actor; Alice Walker (1944-), author; Mia Farrow (1945-), actress; Charlie Day (1976-), actor; Tom Hiddleston (1981-), actor; Michael B. Jordan (1987-), actor.

**TODAY'S FACT:** The game of volleyball (then called Mintonette) was created in Holyoke, Massachusetts, on this day in 1895.

**TODAY'S SPORTS:** In 1971, pitcher Leroy "Satchel" Paige became the first Negro League veteran to be nominated for the Baseball Hall of Fame.

**TODAY'S QUOTE:** "When I came back to Dublin, I was court-martialed in my absence and sentenced to death in my absence, so I said they could shoot me in my absence." - Brendan Behan, "Hostage"

**TODAY'S NUMBER:** 73 million - viewers estimated to have tuned in to see the Beatles' first appearance on "The Ed Sullivan Show."

**TODAY'S MOON:** Between last quarter moon (Feb. 4) and new moon (Feb. 11).

## Death



**BENNETT,  
Curtis**

Passed away peacefully after a lengthy battle with cancer at home on Wednesday, February 3rd, 2021, at the age of 76. Dearly beloved husband of Sandra (nee Coates) for 55 years. Loving father of Terry (Tricia) and Corey (Cherie). Cherished "Bumpy" to Mitchell (Rachel), Joel (Jacqueline), Brendan (Charlotte), Michel, Jayden and Skye. Dear brother of Bruce (Margaret), Murray and Ross (Pat). He will be remembered by nieces, nephews and brother-in-law Bill Coates. Special thank you to the doctors and nurses at the Lakeridge Health Cancer Centre and Partners in Community Care for their support. A Celebration of Life will take place at a later date. Arrangements entrusted to the OSHAWA FUNERAL HOME, 847 King Street West (905-721-1234). Memorial donations may be made to a charity of your choice. Online condolences may be made to [www.oshawafuneralhome.com](http://www.oshawafuneralhome.com)



## Death



**Ann  
Grafftey  
Johansson  
1925-2021**

Ann passed away peacefully in her home in Knowlton, QC, on Tuesday, February 2nd, 2021, at the age of 95. She was the wife of the late Dr. Arne Johansson and she will be sadly missed by her children, Brian (Pamela Tanner), Jane (Derek Hine), Anna (Henrik Sevä), Lisa (Patrick Leimgruber) and Arne (Christine Cozens), her grandchildren, Andrea (Ryan Kashanipour), Matthew, Magic, Jasper, Felix, Lola, and her great-grandchildren, Myles, Iris, Dalia, as well as many of her wonderful friends. Ann was a lively, positive person who loved life, her family, and the equestrian world. We greatly appreciate that her wishes to be at home for her remaining days were granted thanks to Beverly Scholes, Dr. Dominique Déry and to the wonderful team from the CLSC, especially Mathieu. A celebration of her life will be held at a later date.

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## Death



**Barbara  
Lassenba**

Peacefully at the Kemptville District Memorial, on Saturday, February 6, 2021. Barbara Lassenba of Spencerville, at the age of 90. Dearly beloved wife of the late Howard Lassenba. Loving mother of Reginald (Diana), Steven (Wendy), Marlene Moore (Jim), Ross and Scott. Dear sister of Linda Mclachlan (Bob). Predeceased by her son Myles (Sandy) and by her sister Joyce Dick. Cherished grandmother to Wade, Brad, Keri, James, Daniel and Ryan. Also survived by many nieces and nephews.

Due to Covid 19 a celebration of Barb's life will take place at a later date. Donations to the Diabetes Association or the Spencerville United Church 16 Centre St., Spencerville, On K0E 1X0 would be gratefully acknowledged by the family. Arrangement entrusted to the Marsden McLaughlin Funeral Home in Cardinal. If you are making your donation online or by cheque directly to the charity, please include the following note with your gift "please notify the family". Online condolences may be made at [marsdenmclaughlin.com](http://marsdenmclaughlin.com).



# Increasing plant-rich foods brings healthy benefits



**ASK THE DOCTORS**  
By Eve Glazier, M.D., and Elizabeth Ko, M.D.

**Dear Doctor:** In our family, some of us have gained weight in quarantine. I've been thinking this might be a good time to try a more plant-based diet. It's supposed to be better for you physically, and I want to know if that's true. We are meat-eaters and aren't interested in going vegan.

**Dear Reader:** You're far from alone when it comes to putting on a few pounds during the past year of the pandemic. Often referred to as the "quarantine 15" - or even the "COVID-19 19" - weight gain is just one of the side effects a number of us are experiencing as we stay hunkered down close to home, cooking and snacking our way through these strange and challenging days. Not

only have shelter-in-place orders closed gyms, pools, ball fields and rec centers, but they have separated millions of people from daily physical activities they didn't even realize were helping to keep them fit. Those flights of stairs you take at work or school, the walks through corridors or parking lots or out to lunch - they all add up. And now, idled at home, so have the extra pounds.

There's a lot of research about the health benefits of a plant-forward diet, which is rich in vitamins, minerals, micronutrients and fiber. Fiber is particularly important, as it helps reduce inflammation, increases the absorption of nutrients and nourishes the billions of microbes in our gut. Fiber also helps reduce cancer risk, particularly colorectal cancers. Plant-based diets have been linked to improved heart health, including a reduced risk of cardiovascular disease. In case that's not persuasive enough, the results of a new study, published at the start of the year in the journal *Nature Medicine*, point to a link between the presence of certain bacteria in the gut microbiome and the ability to maintain healthful blood sugar levels after a meal. Other species of bacteria were associated with lower post-meal blood lipid levels and fewer inflammation markers. Each of these species of so-called "good" microbes were found in greater numbers in people with

diets high in a wide range of fresh fruit, vegetables and leafy greens.

We think that a more plant-based diet is a great idea for your family's health. As with all kinds of change, you have the best chance of success if you move incrementally. You don't have to give up meat, but if you start thinking of it as a condiment, then you'll automatically cut back on how much you're eating. Foods like stir fry, kebabs, soups, stews and tacos are as much an opportunity to use a wide variety of greens and vegetables as are salads. It may sound obvious, but find out what your family's favorite fruits and vegetables are, and start building your plant-based meals around those. Keep a fruit bowl on the counter so it's easy to grab a healthy snack. If time is an issue, frozen vegetables and bagged salads can be a real life-saver. And, as you make the transition and get adventurous, consider trying one or two meatless days per week.

*Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.*

(Send your questions to [askthedoctors@mednet.ucla.edu](mailto:askthedoctors@mednet.ucla.edu), or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.)

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So cheers to you Garnet, Mr. Morrison and Dad,  
We're sending warm birthday wishes your way.  
Although 80 might just be a number ...  
We know it's going to be a memorable day!

Happy 80th Birthday!  
Love,  
Sandra  
Heather and Nick, Alex,  
Kailee and Carter  
Judy and Jay



## In it for the long haul

Dear Annie

TUESDAY, FEBRUARY 9, 2021

**Dear Anne:** I'm a 49-year-old who has been dating and living with my girlfriend for almost one year now. I'm madly in love with her, and she says the same. We have talked about marriage, and I would love to, but she keeps saying no.

She went through a 25-year marriage that she thought would last forever. She had been single for a few years, until the time we started dating. When we talk about it, she says her fear is that, one day, I will leave her, too. I can't get her to understand that I'm not like that, and she would have to try hard to push me away.

What can I do or say to ease her mind? – Confused and In Love

**Dear Confused and In Love:** It sounds like she is traumatized from the abandonment she suffered during her first marriage. She is frozen with fear, anticipating that what happened to her the first time will happen again.

As a couple, communication is key. Rather than trying to "get her to understand" that you're not like that, listen to her concerns. Then, instead of pressuring her to do something she does not feel comfortable with, try creating some future plans. Continue to express what your needs are, and allow her to express her needs, without trying to change her. And encourage her to seek professional help for her trauma. It sounds like she is hurting.

**Dear Annie:** This is for "Unheard Girlfriend," the woman whose future husband doesn't help with the housework even though they both work, while she also does the majority of the child care tasks.

Years ago, I had a very good male friend with whom I spent a lot of time. We watched ball games while his wife spent the evening doing household chores. It frustrated me that he didn't help, so I presented it to him as follows: I just don't get why, if you really love someone, you'd want them to work full time like you, and then spend the evening working while you sit here enjoying yourself.

If you both share the work, then you'll have more time to enjoy each other and she won't be so exhausted. It worked! After that, he took pride in showing me the list of chores she'd given him to accomplish while she was gone at work. (Like many men, he'd grown up in a house where housework was not expected of him, so he needed guidance). Everyone dirties things, so

everyone should learn to clean up after themselves. – Friend Who Needed a Nudge

**Dear Nudge:** You sound like a very good friend. Sometimes, we need friends or family – or advice columnists – in our lives who see our blind spots and point them out in a productive manner. It might sting in the moment for a little but will be much better in the long run to know the truth. Bravo to you.

**Dear Annie:** I've been seeing this guy, on and off, since spring of last year. He pursued me, and I went along with it. We'll have a few intense days or weeks, but then months can go by without seeing each other. But whenever I've asked him for help with things, he's always helped me out. We've been intimate many times, to the point that I would think it's progressing toward a more serious relationship. But he takes off on business trips and vacations without even telling me in advance. How long can I go on like this, when he seems to have no time for me? – Down at Home

**Dear Down:** You're looking for a relationship, and he's just looking for an arrangement. There are men out there who share your interest in a serious partnership, but you won't meet them sitting up on the shelf where this guy keeps you. I suggest you end this affair and open your heart up for the real deal.

**Dear Annie:** I met a guy over the internet. He keeps telling me that he loves me. We were supposed to finally meet in person later this month. He called me crying, saying he wasn't going to be able to make it after all, because he was getting deployed to Cairo and would be gone for a month.

Do you think I should wait for him? I love him, and he's planning to come here. We talk every day on the phone. – Waiting Across the Sea

**Dear Waiting:** It is highly suspect that he had to call off your meeting at the last minute. And I think it might be fate that I happened to receive the following letter right around the time I got yours.

**Dear Annie:** We need to talk more about romance scams that are happening online. I have known two women who got caught up in such scams. The first one was able to realize it and let go. The second one withdrew all her investments, which were providing income, and sent them to this guy because he told her he is an "investor."

Please ask your readers to share their experiences. Maybe someone will see themselves in this and break away from these romance scams. No one can help you unless you admit there is a problem. – So Sad

**Dear Sad:** It is sad, and infuriating, to hear of people scamming other people in this way. This has become such a problem that the FBI has a webpage dedicated to romance scams. These are their tips for avoiding being scammed:

"Be careful what you post and make public online. Scammers can use details shared on social media and dating sites to better understand and target you.

"Research the person's photo and profile using online searches to see if the image, name, or details have been used elsewhere.

"Go slowly and ask lots of questions.

"Beware if the individual seems too perfect or quickly asks you to leave a dating service or social media site to communicate directly.

"Beware if the individual attempts to isolate you from friends and family or requests inappropriate photos or financial information that could later be used to extort you.

"Beware if the individual promises to meet in person but then always comes up with an excuse why he or she can't. If you haven't met the person after a few months, for whatever reason, you have good reason to be suspicious.

"Never send money to anyone you have only communicated with online or by phone."

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

Each year, many Canadian women  
over 40 see their lives shattered  
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Take matters  
into your own hands



### CELEBRITY CIPHER

by Luis Campos

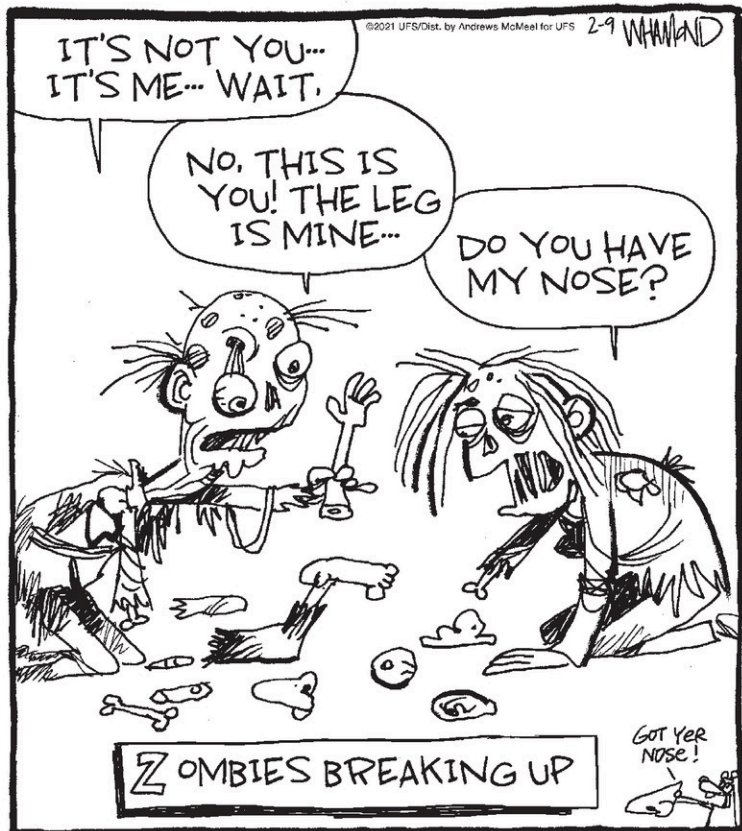
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"ZC ITOHZO ECROZAKJV  
 OGIODZKCKJHY, LCFT RKJXEOZ  
 RFEZ PO TOYOJZYOE EYL UCIFE OX  
 CJ ZAO ERHYOEZ XOZH KY."  
 — VKCTVKC HTRHJK

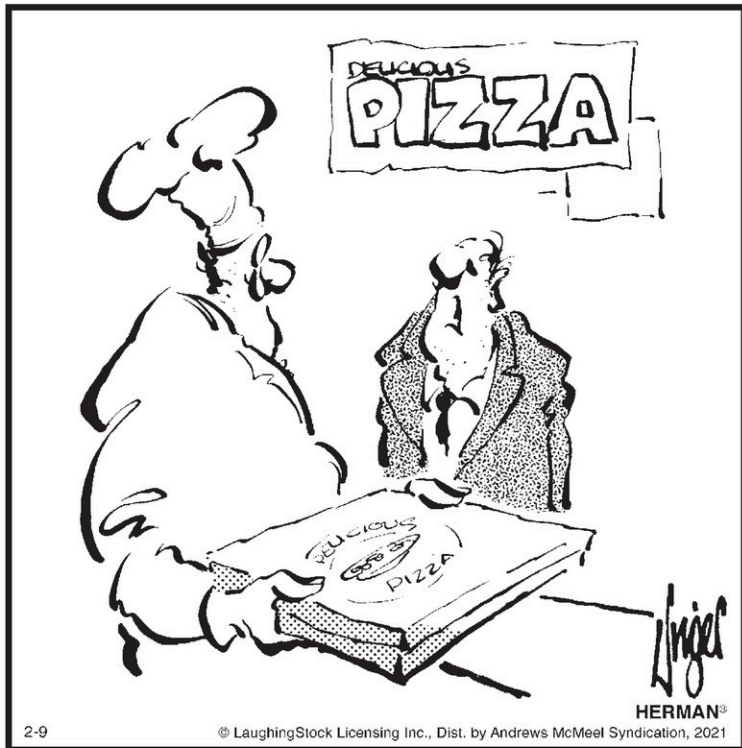
Previous Solution: "I think of my work as ephemeral architecture, dedicated to the beauty of the female body." — Christian Dior

TODAY'S CLUE: X sjenbe 9

### REALITY CHECK



### HERMAN

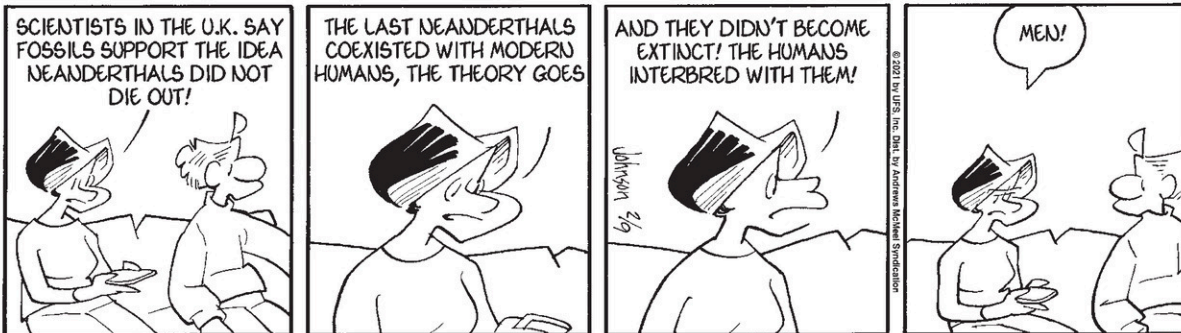


"I called your receptionist this morning for a 3 o'clock appointment to have my eyes tested."

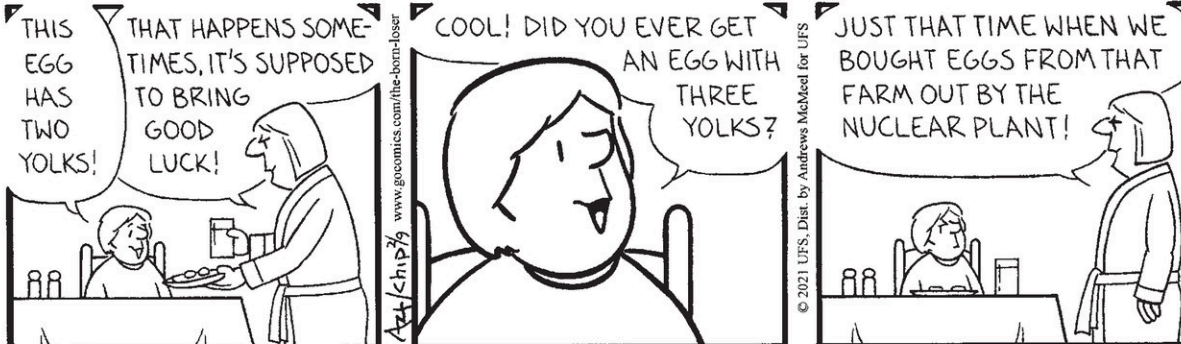
### ALLEY OOP



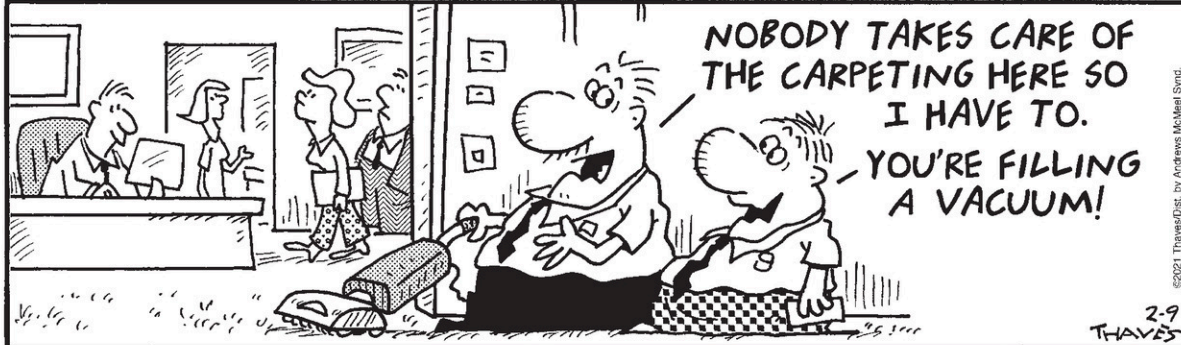
### ARLO & JANIS



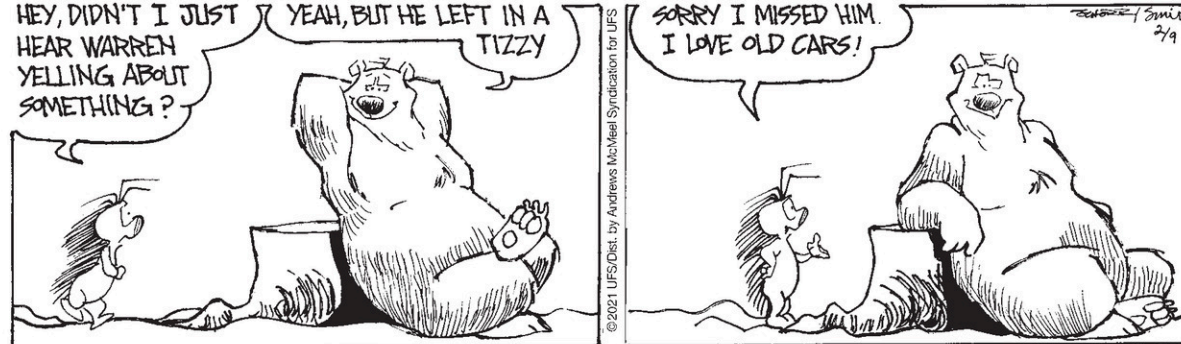
### THE BORN LOSER



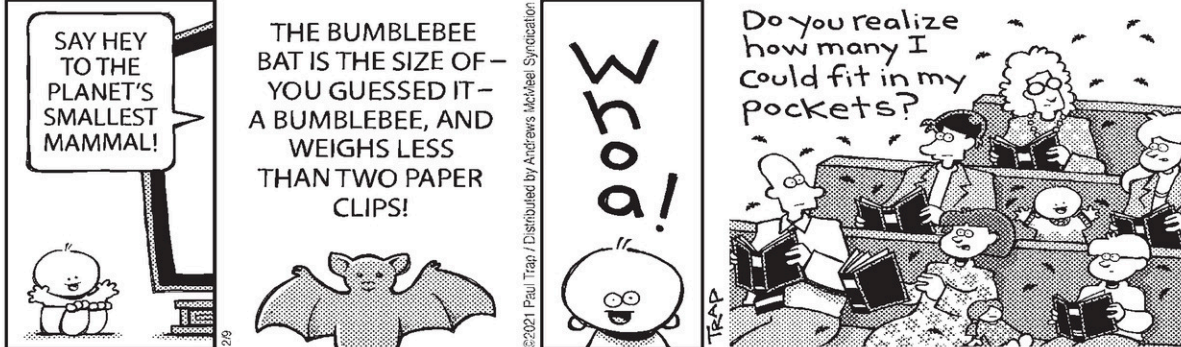
### FRANK AND ERNEST



### GRIZZWELLS



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 The Record, 6 Mallory, Sherbrooke, Quebec J1M 2E2

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275 Antiques



## Laborer in public works

Posted: Feb 4 2021

### Job Description

Under the immediate responsibility of the public works foreman, the public works laborer performs various tasks relating to road operations, maintenance of municipal infrastructure and parks. More specifically, this person participates in carrying out maintenance and repair work on the road network, public spaces, buildings, vehicles and equipment.

### Main responsibilities (summary)

- Participate in site operations (Surveillance, traffic /signage, cleaning and other)
- Maintain and repair the pavement of municipal roads
- Guide heavy machinery operators and truck drivers during the work
- Operate and drive trucks and heavy machinery
- Place, compact, break and cut materials
- Participate in various manual work
- Perform general maintenance work on municipal buildings
- Load and unload building materials
- Maintain various road signs
- Carry out tree pruning and felling
- Perform periodic maintenance of sumps and manholes
- Maintain lawns and landscaping
- Perform any other related task at the request of his superior

### Education and experience

- High school or vocational diploma in a field related to the job
- Technical in civil engineering (an asset)
- Relevant experience of three (3) years (an asset);
- Excellent physical condition and good skills in manual work
- Site health and safety certificate (ASP Construction)
- Hold a valid class 5 driver's license

### Desired qualities

- Sense of organization and responsibilities
- Autonomy, adaptation, resourcefulness and dynamism
- Ability to work in a team
- Respect for citizens
- Constant concern for health and safety at work
- Bilingual

### Advantageous working conditions

The municipality of Sainte-Catherine-de-Hatley offers competitive working conditions and competitive social benefits (competitive salary in the region; RRSP; cell phone plan available).

Full-time seasonal position (34.5 hours per week)

### Submit your application

Are you interested in our region and do you have the required qualifications for this position? Those interested in this position must submit their application by sending their curriculum vitae, along with a cover letter, no later than Friday, February 26 at 10 a.m., to the attention of Ms. Josyane Mathieu: [secretariat@saintecatherinedehatley.ca](mailto:secretariat@saintecatherinedehatley.ca)

The municipality thanks you for your interest in this position and will send you an acknowledgment of receipt. However, only those selected for an interview will be contacted and met.

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 at what's in the **Classifieds.**

THE RECORD

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# SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

5			1	9	2	6		
	2				4	9	3	
9	4	1			3	2		
7		3				5		2
2			3	5	9			4
4		9				8		3
		2	4			1	5	7
	7	4	9				2	
		5	7	2	1			9

2/9

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## PREVIOUS SOLUTION

6	9	1	8	3	5	7	2	4
4	3	7	2	1	6	8	5	9
5	8	2	9	4	7	6	1	3
2	4	8	1	5	3	9	7	6
9	5	6	7	2	4	3	8	1
7	1	3	6	9	8	2	4	5
1	2	5	3	7	9	4	6	8
3	6	4	5	8	2	1	9	7
8	7	9	4	6	1	5	3	2

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

## GET COOKING WORD SEARCH

S F P B G L H E D A N H M A O C W N H X  
 J C H P A C J T T U K H B A X Y J S M H  
 R D O L A L A E G B S E D D U G R E H F  
 I T P R E S E N T A T I O N A A T K O T  
 S Y H T X A G X U B A J W P R I I O T Y  
 G X G R H R G H D G W S D P I B D O W E  
 N W M R G P C X K Y A O W Y J A L G O H  
 I D M L G Y S P P C A R L I U K L O N B  
 N I Y R A N I L U C A D N S D F U B T R  
 O N T R E S S E D J S N I I D X N H R E  
 S N L C R P E U Y N M W S L S B C J M A  
 A E D N W A E K X M J D B J O H H M T K  
 E R I S I N G R E D I E N T S H S S C F  
 S P L A N N I N G O C O N K U C U X B A  
 F B F E X U X B S E M S X E O J G H N S  
 R E N E H C T I K F L U L O D T N A R T  
 P R E C I P E K Y L L M K A A I D X D  
 N M E D E P P O H C K I B S E P X D Y H  
 A I X D D P X G W M N S T Y C M I C B B  
 E R U S A E M I T G K E A G D I M M L G

### WORDS

- ADJUST
- BREAKFAST
- CHOPPED
- COOKING
- CULINARY
- DESSERT
- DINNER
- FOOD
- GARNISH
- HOLIDAY
- INGREDIENTS
- KITCHEN
- LUNCH
- MEALS
- MEASURE
- MIXING
- PLANNING
- POT
- PRESENTATION
- RECIPE
- SEASONINGS
- SLOW
- SNACK
- TASTE

Find the words hidden vertically, horizontally, diagonally, and backwards.

# NEA Crossword Puzzle

# Your Birthday

TUESDAY, FEBRUARY 9, 2021

unfinished business to rest. Handle money matters, contracts or joint endeavors with enthusiasm. Your efforts will result in rewards.

**LEO** (July 23-Aug. 22) - Don't let the actions of others upset you. Take the initiative, look out for your interests and get things done on time. Opportunity is apparent, but it's up to you to take advantage of it.

**VIRGO** (Aug. 23-Sept. 22) - Live and learn. Take your time, listen carefully and make changes that improve your social standing, attitude and relationships. Don't take a risk with your health. Do what's best for you.

**LIBRA** (Sept. 23-Oct. 23) - Control your emotions and concentrate on your responsibilities. How you conduct business, handle investments and deal with health issues will be crucial. Be mindful of others when making changes.

**SCORPIO** (Oct. 24-Nov. 22) - Proceed with caution. A problem with a partner, friend or relative will surface if you are outspoken or indulgent. Relax, be introspective and let situations unfold naturally.

**SAGITTARIUS** (Nov. 23-Dec. 21) - Take hold of whatever situation you face. Be positive, offer insight and make conclusions based on facts, not on hearsay. The way you present your ideas will determine how they're greeted.

**CAPRICORN** (Dec. 22-Jan. 19) - Formulate your plan, then put it in motion. Don't let what others do or say deter you from reaching your destination. A unique approach will lead to an exciting offer.

## Answer to Previous Puzzle

N	U	K	E		B	B	C		A	B	E	T		
T	H	A	N		O	A	S		D	I	K	E		
H	O	L	D		O	U	T		M	O	D	E	D	
	H	E	E	D	E	D			A	P	E	D		
			D	U	D				O	P	T			
I	S	S	U	E		P	U	L	S	E	S			
N	E	A	P		H	E	R	E		L	U	G		
C	A	R			A	I	L	S		W	A	L	E	
	M	I	L	L	E	T			D	A	N	K	E	
			A	I	D				W	E	T			
V	E	R	B						G	R	E	E	C	E
M	E	L	V	I	L	L	E			R	A	R	E	
P	I	S	A		B	U	S			E	V	I	L	
G	L	E	E		S	E	T			D	E	C	K	

- ACROSS**
- 1 "Mind the —"
  - 4 Pet toy
  - 8 Trend
  - 11 Cry of discovery
  - 12 Drama award
  - 13 Busy European airport
  - 14 Firm
  - 16 Bagel center
  - 17 Picnic hamper
  - 18 Garden pond fish
  - 20 Beloved
  - 21 Young horse
  - 24 Dairy case buy
  - 28 Weep
  - 30 Grape producer
  - 33 El Dorado loot
  - 34 Female horse
  - 35 Tended the garden
  - 36 Vanity
  - 37 Sign on a door
  - 38 Bear hair
  - 39 Beneficial
- DOWN**
- 1 Clothing
  - 2 Down the road
  - 3 Outmoded
  - 4 Short jacket
  - 5 Lean against
  - 6 Burning
  - 7 Onion cousin
  - 8 Move to and —
  - 9 Every

- 10 Use henna
- 13 Great Lakes state
- 15 Approved
- 19 Recurrently
- 22 PDQ
- 23 Folk teachings
- 25 Doesn't stay
- 26 Natural impulse
- 27 Mouth part
- 29 Gentle bear
- 30 Channels 2-13
- 31 Debt memos
- 32 Fiddling despot
- 34 Wisdom teeth
- 39 Small music maker
- 40 Game official
- 42 Popeye's greeting
- 44 Easy victim
- 45 Battle tactic
- 47 Warrior princess
- 48 Narrow cut
- 49 Fishing gear
- 50 NFL scores
- 51 Gym iteration
- 52 — — pickle
- 54 Montreal turndown

1	2	3		4	5	6	7		8	9	10
11				12					13		
14			15						16		
17							18	19			
	20						21		22	23	
			24		25	26	27		28		29
30	31	32			33				34		
35					36				37		
38				39				40			
	41		42				43		44	45	
			46		47		48				49
50	51	52			53	54					
55					56				57		
58					59				60		

Look for the positive in every situation this year, and you will find it easier to make headway. How you approach people and situations will determine how much help and support you receive. Refuse to let outside influences slow you down. Strive for perfection and stability.

**AQUARIUS** (Jan. 20-Feb. 19) - Someone will outsmart you if you don't prepare appropriately. Leave nothing to chance, and you will outmaneuver anyone who tries to upstage you. Romance is favored.

**PISCES** (Feb. 20-March 20) - Look for an opportunity, and don't hesitate to take advantage of an offer. How you conduct yourself will make an impression on someone who can help you advance. Make suggestions and offer solutions, but don't share personal information.

**ARIES** (March 21-April 19) - Keep things moving forward. A positive attitude will help ward off interference. Stay focused on what you are trying to achieve. It's a good day for romance.

**TAURUS** (April 20-May 20) - Put your differences with colleagues aside; focus your energy on getting things done on time. It's up to you to make decisions that support your happiness. Make an effort to promote relaxation.

**GEMINI** (May 21-June 20) - Take on something that interests you. A new position, project or partnership will challenge you intellectually and push you to learn more and take better care of yourself and your financial future.

**CANCER** (June 21-July 22) - Offer suggestions, do your part and put

TUESDAY, FEBRUARY 9, 2021

## The East wind might blow hot or cold

By Phillip Alder

Aaron Douglas, a Canadian actor, said, "Nothing's better than the wind to your back, the sun in front of you and your friends beside you."

There's nothing better than air conditioning all around, good lighting and a close friend who is an excellent bridge player sitting opposite you. Then, with good results rolling in, you will get lucky when necessary and feel like you have the wind at your back.

Look at the East hand. With only your side vulnerable, the dealer on your left (South) opens one spade, your partner passes, and the next player responds two clubs, natural and game-forcing. What would you do?

A few moments later, South is in four spades. Your partner leads the diamond king. How should the play proceed?

I am guessing that most players holding those East cards could not resist overcalling two hearts. But what purpose can it serve? The opponents have already announced the combined power for game, so West cannot have much, and East-West are unlikely to have a cheap sacrifice. Even at favorable vulnerability, you should pass. Also, do

North		02-09-21	
♠	Q 9 4		
♥	Q 7 3		
♦	J 6		
♣	A K J 8 5		
West		East	
♠	8 5	♠	A 3
♥	9 4	♥	J 10 8 6 5 2
♦	K Q 8 7 3	♦	A 10 5 2
♣	7 6 4 2	♣	9
South			
♠	K J 10 7 6 2		
♥	A K		
♦	9 4		
♣	Q 10 3		
Dealer: South			
Vulnerable: Both			
South	West	North	East
1♠	Pass	2♣	Pass
2♠	Pass	4♠	All Pass
Opening lead: ♦ K			

you really want partner to lead a heart?

Here, if you do bid, partner will start with the heart nine, and you can no longer defeat the contract. But if you pass, partner will lead the diamond king. Then you can take control: Overtake with the diamond ace and shift to your singleton club. Win the next trick with your spade ace and return the diamond two, putting partner back on lead to deliver the lethal club ruff.

# We all have questions about the vaccine

Why do you need to be vaccinated if the human body can overcome COVID-19 naturally?

People vaccinated against COVID-19 are protected from this disease. They are therefore less likely to have symptoms or suffer from serious illness. The entire population is susceptible to COVID-19 and the only way to protect yourself from this disease, which is transmitted by the respiratory tract, is vaccination.

This solution has also been adopted by all the Canadian provinces and every country around the world.

Find the answers to all of your questions about the vaccine at

[Québec.ca/COVIDvaccine](https://quebec.ca/COVIDvaccine)

The vaccine. A safe way to protect ourselves.

## Very berry pie

Very Berry Pie  
Start to finish: about an hour  
Yield: 6 servings

2 (9-inch) piecrusts  
2 pounds mixed berries, such as blueberries, blackberries and raspberries  
3 tablespoons fresh lemon juice  
1/4 cup sugar  
1/4 cup cornstarch  
1 egg white  
2 tablespoons water  
Ice cream or real whipped cream, optional for serving

Preheat oven to 425 degrees. In a 9-inch pie plate, place one crust evenly over the plate and press into plate. Leave the edges of the crust hanging over the edge of the pie plate.

Heat a medium saucepan on medium; combine the berries, lemon juice, sugar and cornstarch, stirring occasionally. Bring to a boil. Sugar will completely dissolve and mixture will thicken.

Pour berry mixture into piecrust and

top with remaining crust (as a whole or in cutouts). Crimp edges of crust to secure it on edge of plate.

Mix together the egg white and water and gently brush over top of cutouts or top crust for better browning. (If using whole crust, be sure to add slits to allow steam to escape.) Place pie on a cookie sheet lined with parchment paper in case filling spills over during baking. Bake for 40 to 45 minutes or until crust is golden brown and filling is bubbly. Cool slightly; slice and serve as desired.

Approximate values per serving: 391 calories, 16 g fat (6 g saturated), 11 mg cholesterol, 2 g protein, 61 g carbohydrates, 6 g dietary fiber, 324 mg sodium.

Alicia Ross is the co-author of "Desperation Dinners!" (Workman, 1997), "Desperation Entertaining!" (Workman, 2002) and "Cheap. Fast. Good!" (Workman, 2006). Contact her at Kitchen Scoop, c/o Universal Uclick, 1130 Walnut St., Kansas City, MO 64106, or send email to [tellus@kitchenscoop.com](mailto:tellus@kitchenscoop.com). Or visit the Kitchen Scoop website at [www.kitchenscoop.com](http://www.kitchenscoop.com).



PHOTO BY ALICIA ROSS FOR KITCHEN SCOOP.



Imagine your family is anywhere in the world! Pick a spot on the map and learn about that country together online.

**LEARN AT PLAY, EVERY DAY.**

How do you learn as a family?

Tell us: #FamilyLiteracyDay 