

\$1.00 + TAXES

PM#0040007682

MONDAY, NOVEMBER 19, 2018

# Magog gains heritage protection for two churches

Record Staff

The City of Magog has completed the process leading to heritage protection of two churches built at the end of the 19th century, Saint-Patrice and Saint-Luke.

These two institutional properties, including the church, rectory, community hall and land, are now listed as heritage properties within the meaning of the Cultural Heritage Act.

The two churches represent the third and fourth Magog locations to obtain this form of protection. The other two are Sainte-Marguerite-Marie Church (now the Memphrémagog Library) and the Merry House.

# City Hall turns blue for Prostate Cancer

Record Staff

This Monday evening, the City of Sherbrooke is marking Quebec Prostate Cancer Awareness Day by lighting the front of City Hall in blue.

Prostate cancer is a disease that affects 4,600 Quebecers every year and kills 890. Every day, twelve Quebecers are diagnosed with the disease.

# Santa Season officially underway



GORDON LAMBIE

By Gordon Lambie

Santa Claus made a debut appearance in the Sherbrooke area on Saturday morning, arriving per tradition to great fanfare in the halls of the Carrefour de l'Estrie shopping centre. Perhaps discouraged by Friday's snow dump, the crowds of families waiting to see Santa were smaller this year than in years past, although those who

did turn out were treated to a variety of animations, activities and giveaways both before and after the arrival of the man and his entourage.

Although present at the mall on a regular basis for the rest of the holiday season, Father Christmas will make another grand appearance in Fleurimont and Downtown Sherbrooke next Sunday, November 25, for the city's annual

Santa Claus parade. The parade will travel down King Street East, leaving 13th Avenue at 3 p.m. with the aim of being downtown for the lighting of the city's Christmas tree at 5 p.m.

Ever busy in the lead-up to Christmas, the jolly old elf is also expected for his usual visit to Lennoxville's Amédée-Beaudoin Community Centre on December 8 from 1 p.m. to 4 p.m.

THE RECORD

is available online too!

Visit our website at [www.sherbrookerecord.com](http://www.sherbrookerecord.com)

To **SIGN UP** (e-edition), or You can contact our offices.

And by adding **\$5** to your 12-month print renewal, you can get online for 1 year also. Just remember to include the email address.\*\*

You can reach us at 819-569-9528 or by email at [billing@sherbrookerecord.com](mailto:billing@sherbrookerecord.com)

# The Record e-edition

There for you 24-hours-a-day 7-days-a-week. Wherever you are.

Access the full edition of the *Sherbrooke Record* as well as special editions and 30 days of archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

Record subscription rates (includes Quebec taxes)

- 1 year print: \$178.21
- 6 month print: \$97.73
- 3 month print: \$50.59
- 12 month web only: \$125.00
- 1 month web only: \$11.25

Web subscribers have access to the daily *Record* as well as archives and special editions.

Subscribing is as easy as 1,2,3:

1. Visit the *Record* website: [www.sherbrooke-record.com](http://www.sherbrooke-record.com)
2. Click e-edition.
3. Complete the form and wait for an email activating your on-line subscription.

## Weather



TODAY: FLURRIES

HIGH OF 1 LOW OF -10



TUESDAY: SNOW

HIGH OF -2 LOW OF -12



WEDNESDAY: SNOW

HIGH OF -4 LOW OF -16



THURSDAY: SUNNY

HIGH OF -10 LOW OF -15



FRIDAY: MIX OF SUN AND CLOUDS

HIGH OF -5 LOW OF -7

# When a second parent dies

By Tamera Hadlock

The definition of the word orphan is, "a child whose parents are dead." The word child is a bit bewildering to me in the sense that child indicates the age being a minor.

If someone is an adult when their parents both pass away, are they not considered orphans anymore? At what point is the definition no longer valid. Perhaps at an older age, we are just supposed to accept the loss with the knowledge that death is a part of life. Could it be a cold reality, or is it just that our innocence of when we were children has also departed. As we age, there is a different perspective on life and we may become more cynical when it comes to life in general, with the sentiment that things just happen.

After the loss of a first parent whether it be by accident, or an illness, if we are lucky we can still lean on the remaining parent. Memories of that parent can still be shared with the other, as they understand and feel that memory. With the loss of a second parent, in my point of view, a bond that was not severed but slightly fractured, is broken and no glue can bring it back to life. Just who

do you turn to at that point? Who helps you to get past the extreme pain that only a parent can help heal.

It is unfortunate at the young age of a child, we don't understand what we actually have in our lives. The expression 'If I knew then what I know now,' is all too true. And too many us of think we will always have tomorrow, but tomorrow never seems to come. But life goes on, and we heal, and we move on, as orphans. I still find the word peculiar, being a parent myself now, how can I be an orphan, but the fact is, I am.

Although I was not the perfect child, (whose is really), both of my parents loved me unconditionally. Perhaps they wished better for their child, and were sad to see their child in need, but were always there with encouraging words, or a shoulder to cry on (or perhaps a kick in the pants to smarten up). But I always knew that I could go to them to seek advice on what seemed like a mountain to climb in my life, to find out that it was simply a mole hill. Parents are good at that, and hopefully this trait has been passed on to me to help my children in their lives.

I am lucky to have had a unique connection with each of my parents. With

my father, he was always a cardinal lover (the bird). Ironically, there is a saying that when you see a cardinal, it is someone from heaven that is visiting. Because of that, the cardinal has very special meaning to me, so much so I have a cardinal tattoo on my ankle, in which I carry my dad with me each and every day.

With my mum, it is the cameo, especially the black and white ones. The cameo to me is a strong precious stone, one that withstands time and is classic, just like my mum was. She was my rock, precious and strong.

So with those two symbolic connections, my parents live on forever, with reminders of them surrounding my home and life.

Each day is hard, not being able to pick up the phone and share a thought or a moment, but with the faith that I have, I know they are in a better place. Although not present in body, they are forever in my heart.

Life is to be lived and enjoyed, and happily both of my parents did just that. Now it is time for me to do the same.

Forever the examples, and never forgotten.

# Woes of winter driving

## Truck blocks road in North Hatley

Submitted by John Cogan

With Friday mornings good amount of snowfall, and many roads awaiting attention a tractor-trailer got stuck at around 9 a.m. at the bottom of Sherbrooke Hill in North Hatley.

The truck was completely blocking Main street at the principal intersection in town. The driver was wedged between Sherbrooke Street's snowy incline in front, and a utility pole at the back of the trailer.



PHOTO BY JOHN COGAN.

# Ben by Daniel Shelton



# LOCAL NEWS

"Today we saw the abolition of an important mechanism in ensuring the rights and interests of Ontario's official language minority community," said TA President Gerald Cutting.

## Townshippers' Association wary of cuts to services in French in Ontario

Record Staff

guage university.

ans, but for minority language communities across the country as well."

Franco-Ontarians.

Townshippers' Association (TA) spoke out about the decision announced by Ontario's provincial government to abolish the Office of the French Language Services Commissioner and strike down plans to create a new French-lan-

"Today we saw the abolition of an important mechanism in ensuring the rights and interests of Ontario's official language minority community," Said TA President Gerald Cutting. "This marks a significant setback for the development and vitality not only of Franco-Ontari-

With regards to its official language minority community, Ontario's model included a French Language Services Act, an Office of Francophone Affairs, and a French Language Services Commissioner to safeguard the rights of

"We stand in solidarity with our French-speaking counterparts in Ontario and we implore the Ford government to reconsider a decision that will have severe consequences for Ontario's Official language minority community," Cutting added.

## Canicross and the Cat-hedral expo:

### Cats and dogs compete in Sherbrooke

By Gordon Lambie

coise de sports canins attelés. The competition, which involved human and canine participants from all across the province, took place at the André-Nadeau outdoor centre in Rock Forest and involved a range of different events including cross-country running with dog and bikejoring, a form of bicycling where the cyclist is pulled by their dog. According to the event's organizers the competition included more than 160 starts, despite Friday's snowy weather.

in downtown Sherbrooke was host to the Exposition Feline de Sherbrooke, a cat exhibition and competition hosted in the city every year by the Club Felin du Rive Sud.

and the judges examine every cat registered in the show based on those standards," Desmarais said, noting that over the course of the weekend the competition and exposition welcomed more than 550 visitors. "For us that is quite significant," she added.

Ask a dog lover and a cat lover which is the better pet, and you might kick off a debate for the ages. Given that fact, it's probably for the best that although there were competitions for both dogs and cats in Sherbrooke this weekend, they were only pitted against others of their own kind.

On the fields of feline competition, meanwhile, the Saint Michel Cathedral

"We really aim to help people know the different breeds of cat and support animal welfare organizations," said Annie Desmarais, President of the Estrie Monteregie and Centre du Quebec section of the club, adding that this year's expo had 75 cats registered to between 40 and 50 human exhibitors.

The Club Felin du Rive Sud hosts two shows per year, the fall show in Sherbrooke and another show in Drummondville in May.

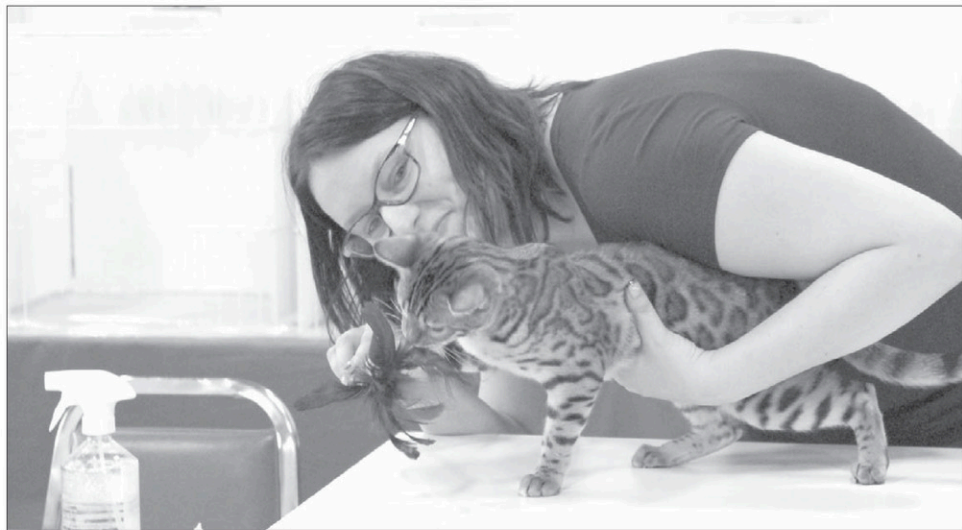
"Every breed has its own standards,

On Saturday morning Canicross Estrie held its first-ever harness racing competition in partnership with the City of Sherbrooke and the fédération Québé-



GORDON LAMBIE

Gaetan Desmarais with his award-winning Bengal "Capitaine America" at the Exposition Feline de Sherbrooke on Sunday afternoon



GORDON LAMBIE

Judge Audrey Mongrain examining a juvenile cat as one of various judging sessions that took place over the course of the weekend



DANIELPHOTO



DANIELPHOTO

# Potton's 4th edition Christmas Market-C'est Chouette!



**THE SCOOP**  
**MABLE HASTINGS**

The 4th edition of the Potton Christmas Market: C'est Chouette will take place on Saturday, December 9th from 9am to 5pm and Sunday, December 10 from 10am to 4pm on the second floor of the Town Hall in Mansonville. The market features exclusively handmade items by artists and artisans from the region and offers something for everyone on your Christmas list!

Heading the event are Renee Morris (The Hobo Train) and potter, Julie-Anne Bellefleur (Poterie Ya'ta') with the support of an amazing group of volunteers and discerning selection committee. Almost all of the artists from previous

years are eager to come back so everyone's favourites will surely be returning.

"We like to keep it fresh and interesting for our shoppers," said Morris. "We have added some new booths in the main room and also in the library area," she added.

Organizers work hard to create a festive ambiance with some exceptional handmade decorations made by a local volunteer. Nostalgic Christmas tunes fill the air and animation by Super Hiro Productions as well as a café-on-site allow those shopping to enjoy a light bite to eat, snack, hot beverage over a nice visit

with friends and neighbours.

"This year we will feature recycled art, jewelry, natural soap and body care, Japanese floral art, pottery, artisanal weaving, woodworking, baked goods, paintings and caricatures, candles, quilting, cards and photos, maple products, hobo bags, and more," shared Bellefleur.

The annual event has quickly become a tradition and many anticipate the opportunity to get that one of a kind gift for a special someone. For many, the market is a place for one stop shopping and the chance to check a few new names off the list. For the artisans, this

is the perfect showcase for their talents and to share holiday greetings with all who attend in support.

"The event is such a joy to plan and we are always inspired by the unique products available in the Potton area," said Morris. "The annual Christmas Market has really caught on and we could not be happier."

Visit the Facebook page where people can follow all the Christmas market news: <http://www.facebook.com/cestchouettepotton>.



PHOTOS COURTESY

## ASK THE EXPERTS BUSINESS DIRECTORY

**INVESTMENTS • LODGING • NOTARY • OPTOMETRISTS • TREE SERVICE**

### TREE SERVICE



**ArboExcellence**  
Stephen Goddard, prop.  
ISA Certified Arborist QU-0103A



**Professional Tree Service**

• Pruning	• Hedge trimming
• Tree removal	• Planting
• Stump grinding	• Lot clearing
• Chipping	• Forestry
• Cabling & bracing	• Consulting

Over 30 years experience  
Fully insured  
Free estimate

[www.arboexcellence.ca](http://www.arboexcellence.ca)

Cell: 819-821-0425    Tel./Fax: 819-562-1642

### INVESTMENTS

Life Insurance  
~  
Annuities  
~  
Critical Illness  
~  
LTD  
~  
RRSP\* • RDSP\*  
RESP\* • RRIF\*

(\*Only Mutual Funds are offered and regulated through Global Maxfin Investments Inc.)

**In partnership to help you invest for your future**




**TIM GODDARD**  
BRANCH MANAGER

**RICK TRACY**  
MUTUAL FUNDS DEALING REPRESENTATIVE

**GLOBAL MAXFIN INVESTMENTS INC.**  
151 Queen Street, Sherbrooke • 819-569-5666  
"Locals serving locals for more than 20 years."

### LODGING



**Motel Lennoxville**

Emplacement Tranquille au Centre-ville  
Quiet Location Downtown Lennoxville

**CUISINETTE / KITCHENETTE**

Tél: 819-563-7525  
[motel@lennoxville.qc.ca](mailto:motel@lennoxville.qc.ca) / [www.lennoxville.qc.ca](http://www.lennoxville.qc.ca)  
94 Queen, Sherbrooke (Lennoxville) Québec, Canada J1M 1J4

### OPTOMETRISTS



*Our eye care services:*


- Eye Exam  
Children and Elderly Eye Care  
Low Vision Aids  
Eye Disease Screening
- Contact Lenses  
Wide Selection of Frames  
Sunglasses

**OPTO RÉSEAU**

160 Queen St., Lennoxville  
**819.563.2333**  
Dr. Maggie Faust, Dr. Alain Côté and Dr. Denis Destrempe, optometrists

### NOTARY

*Lamoureux Leonard sencl*



Notaries & Solicitors

**Mtre Timothy Leonard**

- Trust Wills • Mandates
- Corporate Law • Estate Settlement
- Protection of Assets

520 Bowen St. S., Sherbrooke  
(next to Hôtel-Dieu Hospital)    **563-0500**

**Support the local businesses, services & professionals who serve our area where you live, work and play!**

# Magog honours fire victims

Record Staff

Magog mayor Vicki-May Hamm and members of the municipal council welcomed Sofyana Brown-Dupuis, William Thériault-Venne, and Serge Laflamme at a civic reception on Friday night in recognition of the bravery and courage they displayed during the fire that caused major damage in downtown Magog last month. Each of the three was presented with a commemorative plaque as a form of thanks for having taken the time to knock on their neighbors' doors to warn them to evacuate the building quickly.

On behalf of herself and the members of the municipal council the mayor personally thanked the victims and emphasized the importance of their speed, coolness and bravery.

"Although this is a huge loss for our downtown core, the fire could have taken a far more tragic toll," Hamm said. "Thanks to your actions, you saved the lives of many citizens. We will be eternally grateful to you."



(COURTESY VILLE DE MAGOG)

"You deserve all the honors we're giving to you tonight," added Fire Chief Sylvain Arteau. "You made our work easier by quickly ensuring that all the inhabitants of the building were out of danger.

The City of Magog is privileged to count on citizens like you."

The fire of October 16 destroyed three buildings on rue Principale and rendered twenty-six people homeless. The

façades of some buildings on the south side of Principale Street were also damaged. This was the largest fire to have occurred in Magog in recent years

# Fatbike trails ready on Mont-Bellevue

Record Staff

The City of Sherbrooke has opened the snow bike (fatbike) trails on Mont Bellevue.

The Mount Bellevue snow bike trail network is approximately 9 km long and

is accessible free of charge, it is maintained by the City of Sherbrooke and Sentiers Sherbrooke.

The City reminds cyclists to use Dunant St. parking lot, especially on weekends. Access to the cross country and downhill skiing trails is prohibited

to cyclists at all times. Snow-bikers should also avoid driving on the trails during warm weather to prevent them from being damaged.

Snow bike trails will also be available

for free at Base Plein-air André-Nadeau later in the season. It is still too early to announce the opening date of cross-country ski trails in Mont-Bellevue Park.

# Magog man charged with sexual assault, child porn

Record Staff

Police raided a residence Thursday on St-Patrice St. in Magog with a search warrant and arrested a 31-year old suspect in connection with complaints of sexual abuse made by local teenagers.

The events in question allegedly occurred over a period of a year. The suspect attracted young men to his home, gained their trust, and then abused them. During the search, material relat-

ing the possession and production of child pornography was seized.

The suspect, who has no judicial record, appeared the Sherbrooke Courthouse. The Memphremagog Police will request that he be charged with sexual assault, sexual contact, incitement to sexual touching, obtaining sexual services for compensation, making sexually explicit material available to a child, and possession and production of child pornography.

## WE NEED A HELPING HAND THIS HOLIDAY!

### ALEXANDER GALT CHRISTMAS BASKET CAMPAIGN 2018



The AGRHS Christmas basket campaign has been a long-standing tradition in the community. Over the years we have been fortunate in being able to rely on several partners and community members to help us fill the baskets with some staples and all the trimmings of a holiday meal. Thanks to great success last year, this holiday season we will continue to focus on raising funds rather than food items (any such donations will be taken to the local food bank), baskets will be created from the funds received. With the help of our local partner Lennoxville's Provigo Robert Lafond, we are able to create baskets filled with daily necessities, holiday essentials and fresh produce. Your overwhelming support has allowed us to move forward to better answer the needs of the community and we thank you. The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

Deadline: December 10, 2018

*We hope we can continue to rely on your support, as it remains very important for the success of our Christmas basket campaign.*

Please, make cheques payable to (tax receipts for donations of \$10 and over will be issued):

**AGRHS Christmas Basket Campaign**

and mail to: AGRHS, P.O. Box 5002, 1700 rue College, J1M 1Z9

*Thank you for your generosity!*



**Impaired boating  
IS  
impaired driving**

madd\*

Mothers Against Drunk Driving  
madd.ca

# EDITORIAL

As of this writing, however, the Canadiens are holding down the second wild card spot in the Eastern Conference standings, and if the playoffs were held today, would face the top-seeded Tampa Bay Lightning.

## University football played on field of disparity



PETER BLACK

The word "parity" is popping up a lot in the commentary of sports ... um, commentators, in relation to the National Hockey League (NHL).

The gist of the "parity" phenomenon is that, even though the league is only about a quarter way into the 82-game schedule, a bunch of teams are making fools out of pre-season prognosticators.

Take the Montreal Canadiens, for example - as perhaps the best example. Management disposed of the core of players that in recent years brought les glorieux to the brink of glory, or at least beyond the first round of the Stanley Cup playoffs. Sage shinny observers had written off the current edition of the Habs as a long-term rebuilding project without a blueprint, doomed to dwell in the league basement for the foreseeable future.

As of this writing, however, the Canadiens are holding down the second wild card spot in the Eastern Conference standings, and if the playoffs were held today, would face the top-seeded Tampa Bay Lightning. The Canadiens are a few points ahead of the Stanley Cup champion Washington Capitals, and the perennial powerhouse Pittsburgh Penguins are last in the conference.

Indeed, with one exception, six of the seven Canadian NHL squads are currently playoff teams, or on the bubble. The Ottawa Senators, enduring what her majesty would call an annus horribilis,

are floundering in the depths - but, hey, it's still early yet.

NHL parity is such that in the Eastern Conference the bottom team is only 10 points behind the top team. In the Western Conference, it's about the same if you eliminate the Los Angeles Kings.

Most observers would argue parity in pro sports is a good thing, in that it's proof that any team is a contender for a championship and, because each point is precious, makes early-season games meaningful. In the NHL, in the era of the salary cap, the assumption is a rich owner cannot simply buy the best team by writing a cheque. (Which doesn't explain the failure of the pre-cap Toronto Maple Leafs - but we digress).

But what about student sports, where the relative strength of teams is not subject to market forces, and, legally speaking, student players cannot be offered financial incentives or compensation to play for a given team beyond free tuition and other fees. (Ontario, where the average university tuition is more than \$6,500, caps its student sports scholarships at \$4,500).

The obvious example of the lack of parity in university sports would be Université Laval's Rouge et Or football team, whose dominance of the Quebec league since the program started in 1996 has been overwhelming. The team has played in the Quebec championship Dunsmore Cup 15 consecutive times, and only lost twice, both at the hands of the Université de Montréal Carabins.

This past season was the same story, with the Rouge et Or undefeated and the Carabins only losing twice, narrowly, to the Laval team. In the semi-final Uteck Bowl, Laval crushed its Atlantic conference opponent, the St. Francis Xavier University X-men, by 63-0, and moved on to a 12th Vanier Cup appearance on Saturday, hoping to add a record tenth championship to their trophy case.

The disparity in the Quebec league finally forced Bishop's University to look for other teams to play where they had



POP-UP BOOK...

at least a fighting chance. In 2017 the Gaiters moved to the Atlantic conference where they have been in some close games, losing by one point to the X-Men in their last match of the season.

Faced with the overwhelming might of Laval and U de M, the three remaining teams, McGill, Concordia and Université de Sherbrooke, can only hope to score points off each other during the season in the hopes of making the playoffs and the slim prospect of beating either of the big two.

Scenarios abound on how to fix the disparity, not only in the Quebec league, but nation-wide, where 27 university football programs compete: More inter-conference play, a difference structure for play-offs, more television coverage to stimulate fan interest. Losing teams could always do a better job of recruiting better players.

In the NHL, parity has made a repeat champion a rarity; in university football, disparity breeds dynasties.

## Letters

DEAR EDITOR,

I would like to take this opportunity to thank everyone who helped in any way to support our auction we held recently for our church roof fund. To all who donated time, items for the sale, helped sort, moved items, donated time of trucks and trailers for pick up, and food for the canteen. Your generosity has been extraordinary and we at Beulah United Church in Ayer's Cliff are so grateful. It was a super sale and successful thanks to Larry Wheeler, our auctioneer and his team, who donated their time. We are now able to redo the church roof this year. A great big hug and thank you to all!

SINCERELY DYANNE SAANUM  
ON BEHALF OF MEMBERS AND FRIENDS AT BEULAH UNITED CHURCH

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Preference is given to writers from the Eastern Townships.

### THE RECORD

6 Mallory, Sherbrooke, Quebec J1M 2E2  
FAX: 819-821-3179

E-MAIL: newsroom@sherbrookerecord.com  
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER ..... (819) 569-9511  
MATTHEW McCULLY ASSOCIATE EDITOR (819) 569-6345  
GORDON LAMBIE ASSOCIATE EDITOR ... (819) 569-6345  
STEPHEN BLAKE CORRESP. EDITOR .... (819) 569-6345  
SERGE GAGNON CHIEF PRESSMAN ..... (819) 569-4856  
JESSE BRYANT ADVERTISING MANAGER ... (450) 242-1188

DEPARTMENTS  
ACCOUNTING ..... (819) 569-9511  
ADVERTISING ..... (819) 569-9525  
CIRCULATION ..... (819) 569-9528  
NEWSROOM ..... (819) 569-6345

KNOWLTON OFFICE  
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0  
TEL: (450) 242-1188 FAX: (450) 243-5155

#### PRINT SUBSCRIPTIONS

QUEBEC:	1 YEAR	155.00	GST 7.75	PST 15.46	TOTAL \$178.21
	6 MONTHS	85.00	4.25	8.48	\$97.73
	3 MONTHS	44.00	2.20	4.39	\$50.59

#### ON-LINE SUBSCRIPTIONS

QUEBEC:	1 YEAR	108.72	GST 5.44	PST 10.85	TOTAL \$125.00
	1 MONTH	9.78	0.49	0.98	\$11.25

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 6 Mallory Street, Sherbrooke, QC J1M 2E2

Member  
ABC, CARD, CNA, QCNA

# Local Sports

The women's basketball team was not as lucky, as they fell to the McGill Martlets 67-44 on Thursday, Nov. 15.

## Third time's a charm: Bishop's men's basketball starts off 3-0

By Emilie Hackett  
Special to the Record

The Gaiters had an eventful weekend stretched across Montreal, Lennoxville, and Boston. The men's and women's basketball teams as well as the women's hockey team each played two games.

Travelling to Montreal on Thursday, Nov. 15 was a successful ordeal for the men's basketball team as the Gaiters defeated the McGill Redmen 79-69. Led by Abdul Kamane with 22 points and 15 rebounds and captain Duncan Lambert with 17 points and 10 rebounds, Bishop's remained in control the entirety of the game.

Saturday night's game proved to be even more impressive. The Mitchell Gym stands were full on Nov. 17 as the Gaiters battled the Université de Laval Rouge et Or and won 93-86 in an overtime thriller. Bishop's was down three points with less than 10 seconds remaining when Kevin Davis stole the ball, made a layup and was fouled. He bridged the gap with 8 seconds left to the game to push for overtime. Abdul Kamane led the game with 25 points, with Davis right behind him

with 21 points and five assists. Albeit a close game, with seven lead changes and five ties, the Gaiters were fueled by the crowd's momentum and stole the win away. The Gaiters now comfortably sit at the #1 position in the RSEQ standings. Bishop's will travel to Montreal on Saturday, Nov. 21 as they face the Concordia Stingers at 4 p.m.

The women's basketball team was not as lucky, as they fell to the McGill Martlets 67-44 on Thursday, Nov. 15. Despite Maude Archambault's 17 points, the Martlets assured the victory with a strong 21-point first quarter. Marie Berrouette tallied a double-double with 11 points and 15 rebounds, but it was not enough to resist McGill.

A quick Rouge et Or start left the Gaiters unable to compete, falling 68-38 to Laval. The loss dropped the Gaiters to a 1-2 record. Metchline Gabelus accumulated nine points, five rebounds, and two assists for the Gaiters, but it did not slow Laval down, as they led the second, third, and fourth quarters by at least 15 points. Bishop's head coach Craig Norman asked to "give Laval credit, they are a very good basketball team and they kicked our butt, but we will live to fight

another day." The Gaiters will be back in action in Montreal against the Concordia Stingers on Saturday, Nov. 24 at 2 p.m.

The women's hockey team travelled to Boston, Massachusetts to face Northeastern University on Saturday, Nov. 17 and Sunday, Nov. 18. Currently leading

the ACHA Division II, Bishop's now has a 4-1 record as they beat their American rivals 5-1 on Saturday and 7-1 on Sunday. The Gaiters do not have any more games scheduled until the New Year. They will be back in action in Lynchburg, Virginia, for a tournament beginning Jan. 25, 2019.



EMERY GBODOSSOU

Abdul Kamane, pictured with the ball, led Bishop's this weekend with 47 points. This 3-0 lead is their best RSEQ start since their 2014 championship season.

## Jean-François Joncas returns to Champlain

After two seasons as Offensive Coordinator at the University of Guelph in Ontario, J.F. Joncas has returned home to resume his position as Head Coach of the Champlain Lennoxville Cougars.

Growing up in Sherbrooke, Joncas attended high school and played football at the Séminaire de Sherbrooke prior to continuing his education and his football ambitions at Champlain College Lennoxville.

Following Cégep, J.F. played center at Université Laval from 1999 to 2003 where his team won two Vanier Cups ('99

& '03). Joncas was team captain in 2003 and was honored with All-Conference awards in '01, '02, '03 and the All-Canadian award in 2003. During his time at Laval, Jean François acquired his MBA degree.

In 2004, Joncas signed as a free agent with the Hamilton Tiger Cats and was kept on injured reserve all season. In 2005 he signed with the Ottawa Renegades and was kept on the practice roster.

Initially named to the head coaching position of the Champlain Cougars football team in 2006 (Cégep Division 1

League), Coach Joncas led the Cougars to seven Bowl d'Or finals ('06, '08, '09, '12, '13, '14, '15) and won the title in 2013 and 2015. Joncas was also part of the Team Quebec coaching staff that won the Canada Cup in the U17 category in '07 and '08 and in the U18 category in 2012. Joncas was also the OL coach for the Canadian National Junior Team (U19).

During his absence, Joncas was ably replaced by Kevin Mackey, himself a former Cougar. Mackey began his coaching career as the DB coach of the Cougars and then Defensive Coordinator in 2006.

Mackey made the jump to University joining the Bishop's Gaiters coaching staff as Defensive Back's Coach for five seasons before becoming the Special Team's Coordinator in 2011. In 2012 Mackey became Head Coach of the Gaiters leading the team to a 6th national ranking, and winning the Frank Tindall award for Coach of the Year in Canadian University Sport in 2013. In 2017, his first season as the Head Coach of the Cougars, Mackey led the team to a Bol d'Or win.

## Canada's 1st medal of speedskating World Cup season is bronze in team sprint

The Canadian Press

The Canadian long track team earned its first medal of the season, a bronze in the men's team sprint event, on Sunday at an ISU speedskating World Cup event.

Laurent Dubreuil of Levis, Que., Antoine Gelinas-Beaulieu of Sherbrooke, Que., and Montreal's Christopher Fiola posted a time of one minute 20.980 seconds and scored 96 points in the race, which put them in the bronze medal position, behind silver medallist Norway and gold medallist the Netherlands.

"The race was really good," said Fiola.

"The other teams were really fast, but we still managed to get the bronze medal. It's really encouraging for the World Cups to come and we know we can do even better."

Canada came fifth in the ladies' team sprint, behind a podium that included Russia, Japan and the Netherlands. Calgary's Kaylin Irvine, Winnipeg's Heather McLean and Ottawa's Ivania Blondin posted a time of 1:29.540 and netted 80 points.

After a fifth place finish in the ladies' mass start race on Saturday, Blondin earned another impressive result on Sunday, this time a fourth-place finish

in the ladies 3,000 metres.

The two-time Olympian, who won a pair of World Cup medals in the distance last season, completed the race in 4:07.139 and occupied the bronze medal position going into the final pairing. She was bumped off the podium by eventual silver medallist Natalia Voronina of Russia, who posted a time of 4:05.023.

Ottawa's Isabelle Weidemann skated a time of 4:07.139 and finished ninth. It marked her second top 10 result of this World Cup, the first an eighth-place finish in yesterday's mass start.

Dubreuil earned his third top 10 result of the weekend \_ a seventh-place fin-

ish in the men's 1,000 metres \_ with a time of 1:09.606. He had previously finished fifth in the 500 metres (1) and ninth in the 500 metres (2). Gelinas-Beaulieu was also amongst the top 10 skaters in the men's 1,000 metres, finishing in 10th position with a time of 1:09.833.

In the men's 5,000 metres, reigning Olympic silver medallist and world record holder Ted-Jan Bloemen of Calgary posted a time of 6:28.647, ranking him 13th overall.

Death

**Charles Leonard COBURN (1934-2018)**



Passed away peacefully at the CHUS Fleurimont, on November 14, 2018. Son of the late Charles Coburn and the late Ann Boeck. He leaves to mourn his wife Glenalma (Sue) Webb of 62 years, his children Keith (Karen) and Glenna (William) and also his grandchildren Curtis (Becky) and Corey. He also leaves to mourn his brother Douglas (Judy), sister Carol (the late Carlton Majury) and was predeceased by his sister Ruth (Rollie). Charles also leaves to mourn his nieces, nephews and friends.

The month of November was a special time of year for Charles as he was an avid hunter.

The family would like to thank the staff at the CHUS Fleurimont and The Wales Home for the loving and kind care.

Burial will take place at a later date.

**CASS FUNERAL HOMES**  
295 Principale S., Richmond QC  
PHONE: 819-826-2502  
FAX: 819-564-4423  
www.casshomes.ca

# Parents worried that social media is making their teens anxious



**ASK THE DOCTORS**  
By Eve Glazier, M.D., and Elizabeth Ko, M.D.

**Dear Doctor:** My wife and I worry about how social media rules the lives of all four of our teens, especially our two daughters. I get that there must be some upsides, but mostly we see it making the kids stressed and anxious. Are we overreacting? Should we take their phones away?

**Dear Reader:** When you consider that the era of social media is already 15 years old (remember Myspace, which launched in 2003?), it means that today's teens have never lived in a world without it. According to a recent survey from the Pew Research Center, 95 percent of teens either own a smartphone or have regular access to one. Ninety percent of teens say they go online multiple times

per day, while almost half report being online "almost constantly."

While there can be real benefits to this kind of connectedness, it has become clear that the potential for negative behaviors and experiences is all too real. On the plus side, there is the chance to expand social circles and strengthen existing friendships.

But social media sites are also ripe for bullying, spreading rumors, ostracism and peer pressure. Another challenge is the stress associated with curating a social media presence, as well as the unrealistic expectations that get generated regarding physical appearance. And then there's the fact that this all takes place on public platforms and in real time, where the number of "likes" and the tenor of comments can wreak havoc on a teen's sense of self-worth. It's not surprising that you, like so many parents, are seeing your kids struggle.

When it comes to anxiety, no, you're not overreacting. Anxiety now tops depression as the main mental health issue among teens and young adults. That's not to say social media is the sole reason for this, but recent studies cite it as a contributing factor. Our teens grew up at the same time as the social media landscape. In a way, these kids have been the unofficial test subjects of this new means of social connection. And while it's tempting to ditch the smartphones and cancel the family's mobile plan, the truth is that social media is here to stay.

Instead, you're going to have to wade

into the fray yourselves.

First, identify and learn the apps your kids are using. Snapchat and YouTube are the most popular at the moment. A year from now, it will likely be something different. The more you understand about the workings and nuances of your child's online platforms, the more likely she or he will be able to talk to you about them and to accept help if it's ever needed.

The goal here isn't to spy on or even "friend" your kids on social media, but to become fluent in the world that has so much of their attention. We also think it's a good idea to implement a family program – that means kids AND adults – of screen hygiene. Put devices away during homework, during meals and at bedtime. Yes, you're worried about the kids, but we know from experience that the grown-ups in the room can benefit from this kind of media fast as well.

*Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.*

**49% of Quebecers have serious difficulty reading**  
**Help us help them!**

Online giving: [www.fqa.qc.ca/en/](http://www.fqa.qc.ca/en/) or 1-800-361-9142

**Literacy Foundation**  
Words of hope

## Datebook

MONDAY, NOVEMBER 19, 2018

Today is the 323rd day of 2018 and the 59th day of autumn.

**TODAY'S HISTORY:** In 1863, President Abraham Lincoln delivered the Gettysburg Address at the military cemetery dedication ceremony in Pennsylvania.

In 1977, Egyptian President Anwar Sadat became the first Arab leader to officially visit Israel, where he met with Prime Minister Menachem Begin.

In 1985, President Ronald Reagan and Soviet Union leader Mikhail Gorbachev held their first summit meeting.

**TODAY'S BIRTHDAYS:** James A. Garfield (1831-1881), 20th U.S. president; Indira Gandhi (1917-1984), Indian prime minister; Roy Campanella (1921-1993), baseball player; Larry King (1933- ), TV personality; Ted Turner (1938- ), media magnate; Calvin Klein (1942- ), fashion designer; Ann Curry (1956- ), TV journalist; Allison Janney (1959- ), actress; Meg Ryan (1961- ), actress; Jodie Foster (1962- ), actress; Adam Driver (1983- ), actor.

**TODAY'S FACT:** The number of sets of quintuplets, sextuplets and septuplets born in the United States increased from 13 in 1990 to 80 in 2009 with increased use of fertility drugs.

**TODAY'S SPORTS:** In 2001, Barry Bonds of the San Francisco Giants became the first major-league baseball player to win four Most Valuable Player awards. He won again each of the following three years, finishing his career with a record seven MVP awards.

**TODAY'S QUOTE:** "The world's history is a divine poem, of which the history of every nation is a canto, and every man a word." – James A. Garfield

**TODAY'S NUMBER:** 13,609 – words in the speech of Edward Everett, the keynote speaker of the Gettysburg dedication ceremony. Lincoln's famous Gettysburg Address was fewer than 300 words.

**TODAY'S MOON:** Between first quarter moon (Nov. 15) and full moon (Nov. 22).

20 years. 10,000 wishes. 100% Canadian.

**"Only 2 more needles 'til my wish!"**

**Children's Wish Foundation**

20 years 10,000 wishes

1-800-267-WISH  
[www.childrenswish.ca](http://www.childrenswish.ca)  
The Children's Wish Foundation of Canada

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**  
Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
Discounts: 2 insertions or more: 15% off  
With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.  
**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**  
Text only: \$16.00 (includes taxes)  
With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.  
**WEDDING WRITE-UPS:**  
\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: [clasad@sherbrookerecord.com](mailto:clasad@sherbrookerecord.com) - They will not be taken by phone.  
**DEADLINES FOR DEATH NOTICES:**  
For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.  
For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: [production@sherbrookerecord.com](mailto:production@sherbrookerecord.com) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# Too late for an obit?

Dear Annie

MONDAY, NOVEMBER 19, 2018

**Dear Annie:** I have a work colleague whose married son died about six months ago of cancer. His son was in his 40s.

My friend is upset that his son's wife never put an obituary in the newspaper. Seeing as it is still bothering him, I said he should put one in the paper himself. But he thinks it is too late now.

It seems as if more and more people are just posting funeral information on social media and not putting it in newspapers. I understand why he wants it in the newspaper, as it would create more of a permanent record of his son's passing. Although, I realize that posting on social media is easier and gets to the appropriate audience. Your thoughts? Should he put it in the newspaper even six months later, or is it too late? — Are Obituaries Over?

**Dear Are Obituaries Over?:** It's never too late to honor our loved ones. Despite the ubiquity of social media, printing an obituary in the newspaper remains the best way to commit to record someone's life when the person has passed on to the next. Additionally, according to a 2017 Nielsen Scarborough study, 69 percent of adults in the U.S. read the newspaper, so it's an ideal medium for reaching the community. There most likely are some people who knew his son at one point but fell out of contact and would not otherwise know of his death. Encourage your friend to contact the local paper about submitting an obituary commemorating the life of his beloved son.

**Dear Annie:** I have been a faithful reader of this column for some time and have never seen the subject of paranoid personality disorder here. I was diagnosed with depression many years ago, but it was only recently that PPD was diagnosed. When I Googled paranoid personality disorder, I was shocked to see that I match the disorder symptom for symptom. That explains why I have been paranoid and angry for so long.

I am now estranged from most of my family and friends. After constantly having to put up with my suspicious nature and anger, they have disowned me, including my husband, who divorced me. My kids don't want anything to do with me, and I am not allowed to see my grandchildren.

I feel helpless to fight for them to be back in my life, because I have hurt them greatly. If I tried to explain that it was this mental illness that made me act that way, they might be even more apprehensive of me. I suspected everyone in my life to be my enemy, and in the end, that's what everyone became.

Could you please let your readers know what the symptoms of paranoid personality disorder are and that there are support groups available online? — My Own Worst Enemy

**Dear Own Worst Enemy:** I am so sorry that this disorder has cost you so much. I am glad to hear you've found some support, and I hope things improve for you in time. Thank you for opening up and sharing your experience here so that others might learn from it.

**Dear Annie:** I am the youngest of five siblings between the ages of 63 and 72. Our parents are deceased. There was much stress over the loss of our mother four years ago. We each received a big inheritance. However, there was much tension over the money.

They all come here to vacation, and this is where my mother lived. It is stressful for me because they do not consider anyone else's desires when it comes to how we spend time with one another. This year, my husband had a dental abscess, and we wanted change dinner plans to accommodate his eating, yet they refused. We met them at their restaurant and accommodated them.

They then say we are the ones who do not meet their needs. This happens every year, and it makes me think that perhaps I should not be here when they come. It makes me very upset. It takes me a while after they leave to regroup. This year, I received two not-very-nice emails from my sisters telling me "it is all about"

me. These visits never end well. There does not appear to be any concern or love from them. Am I wrong to feel this way? Is it me? — One of Five

**Dear One of Five:** You are the captain of your own feelings' ship, so I will never tell you not to feel a certain way. But it does appear that every year, you are getting upset about your siblings' visit. All relationships require compromise and really listening to the other person's needs. In this case, you didn't feel that your husband's needs were met because of his dental emergency, and your siblings, especially your sisters, didn't feel that their needs were being listened to or met.

It would be nice to take a vote in the future to plan your dining and other activities. That way, there are no surprises. No family is perfect, but we only get one. Try to find the positive and loving experiences in your visits with them.

**Dear Annie:** This is the first time I have written to you. I just wanted to say something to mothers who gave up their children for adoption, though I know there are many different reasons for doing so. I want to thank them for giving me two beautiful children, a son and daughter. I gave up a really high-paying job that I loved in order to bring up my children. My child-rearing days were the happiest ones of my life, bar none. My late husband loved them both dearly, and they loved him.

They have continued to enrich my life, and I am very proud of them and love them dearly. My daughter is my rock and support, and my son is also there for me. I am the proud grandmother of my son's two children. I have had a full and interesting life but still count the days when they were babies as the most special days of my life. — A Mother

**Dear Mother:** Thank you so much for writing. Your letter touched my heart, and I'm so happy to pass along your message to all the birth parents of adopted children. Congratulations on bringing up your children to become such strong and loving people — and on becoming a grandmother, too.

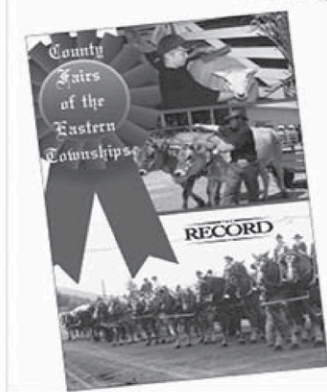
"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

**MS lives here.**

Multiple sclerosis never hits just one person. It affects the entire family.

**MS** Multiple Sclerosis Society of Canada  
1-800-268-7582 [www.mssociety.ca](http://www.mssociety.ca)



## THE HOLIDAY GIFT SUBSCRIPTION

TAKE A NEW 12-MONTH PRINT (AT \$178.21)  
OR ONLINE SUBSCRIPTION (AT \$125.00)  
FOR YOURSELF OR AS A GIFT AND WE'LL INCLUDE A GIFT CARD  
AND A COMPLIMENTARY FAIR BOOK  
FILLED WITH PHOTOS TAKEN AT FAIRS THROUGHOUT THE  
EASTERN TOWNSHIPS OVER THE PAST 100 YEARS.

(QUEBEC TAXES INCLUDED IN PRICES)

**INFORMATION:**  
819-569-9528 or  
[billing@sherbrookerecord.com](mailto:billing@sherbrookerecord.com)

Mail, email or fax this coupon to us at 6 Mallory, Sherbrooke, QC J1M 2E2 by Dec. 31, 2018.  
Tel. 819-569-9528. Fax 819-821-3179. Email: [billing@sherbrookerecord.com](mailto:billing@sherbrookerecord.com)

**PRINT SUBSCRIPTION TO:**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
TELEPHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
START DATE \_\_\_\_\_

**FROM:**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
TELEPHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_

**ONLINE SUBSCRIPTION TO: (IF OTHER THAN ABOVE)**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_

GIFT CARD: Y \_\_\_\_\_ N \_\_\_\_\_  
SEND FAIR BOOK TO: \_\_\_\_\_

EMAIL \_\_\_\_\_  
TELEPHONE \_\_\_\_\_  
START DATE \_\_\_\_\_

PAYMENT BY: CASH \_\_\_\_\_ CHEQUE \_\_\_\_\_ VISA \_\_\_\_\_ MASTERCARD \_\_\_\_\_ AMOUNT: \$ \_\_\_\_\_  
CREDIT CARD NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ EXPIRY DATE: \_\_\_\_\_

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" N VOLXR ANSE WNSESTT MSE  
FGSTNEHOMVNGS AGO GVJHOT VG  
KH VJH ZGTV MVMOMFVNPV VJNSI NS  
MSRGRSH." — FGXNS AMOOHXX

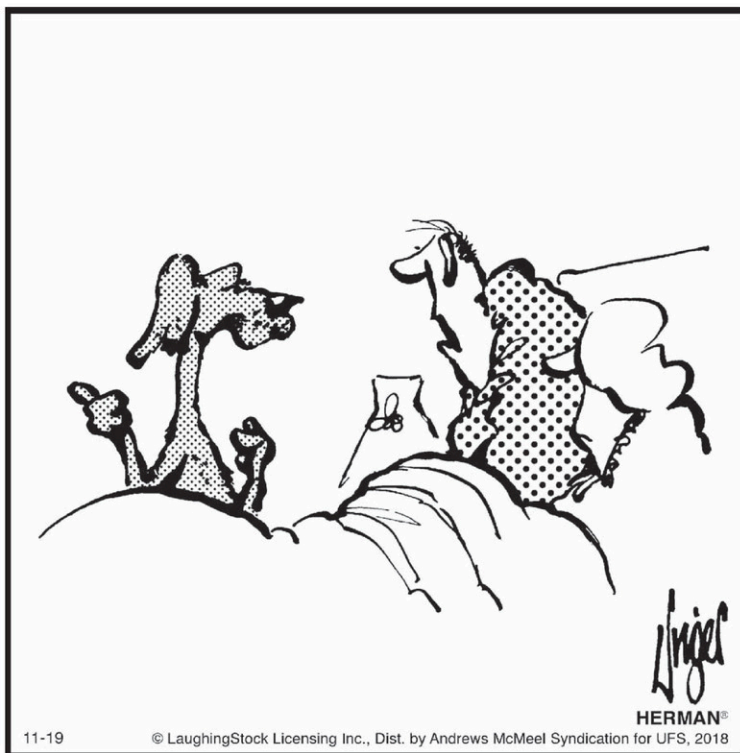
Previous Solution: "I am committed to being a source of inspiration for positive change in the world through music." — Alondra de la Parra

TODAY'S CLUE: n s i e n b e 7

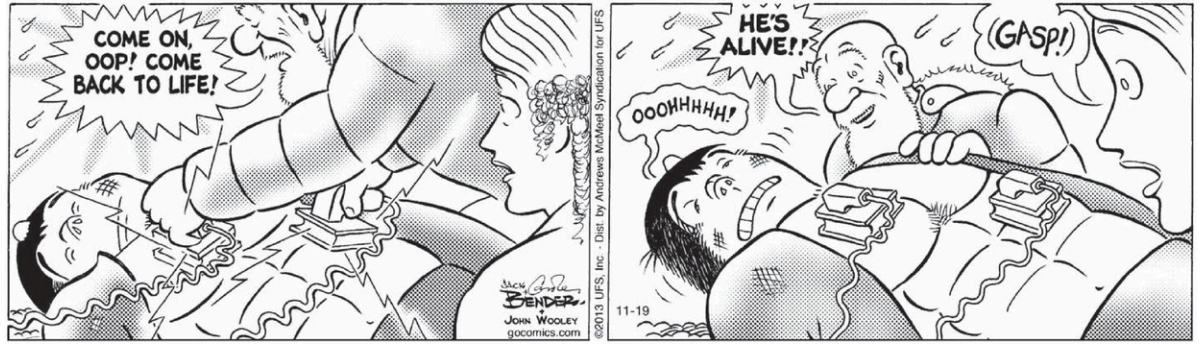
### REALITY CHECK



HERMAN



### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



### FRANK AND ERNEST



### GRIZWELLS



### THATABABY



**Go grocery shopping with dietitians.**  
When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide.  
[www.healthcheck.org](http://www.healthcheck.org)

Check for Health Check™

**Diabetes The New EPIDEMIC**

REACT NOW!

Diabetes Québec

Information and donations:  
(514) 259.3422 or 1.800.361.3504  
[www.diabete.qc.ca](http://www.diabete.qc.ca)

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
 E-MAIL: classad@sherbrookerecord.com  
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

# CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION  
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO  
 THE RECORD, 6 MALLORY, SHERBROOKE, QUEBEC J1M 2E2

100 Job Opportunities | 100 Job Opportunities

**THE RECORD**

**SALES REPRESENTATIVES**

The Record is looking for dynamic, motivated sales representatives to join its sales team.

**We offer**

- Competitive salary
- Established clients
- Flexible hours

**Job Requirements**

- Maintain current customer accounts and relationships
- Grow an established customer base
- Work as part of a sales team on special projects
- Be creative and innovative to ensure client satisfaction

Interested candidates should send a letter outlining their interest and experience to

**Jesse Bryant, Sales Manager**  
 jbryant@sherbrookerecord.com

*Don't miss your opportunity to join an amazing team!*

**Secret Santa Campaign**  
 help to make a child's holiday unforgettable!



**Lennoxville & District Women's Centre**  
 203-175 Queen St. Sherbrooke, QC J1M 1K1

**THE RECORD**  
 THE VOICE OF THE EASTERN TOWNS SINCE 1847

To sponsor a family, or a child or to participate in any way contact the Lennoxville & District Women's Centre  
 (819)564-6626 info@ldwc.ca  
 OR SEND YOUR DONATION TO THE LDWC  
 203-175 Queen St. Sherbrooke QC J1M 1K1

**Want to find the perfect buy? Look in the classifieds!**



**Want your ad to stand out? For .50 a word - bold it.**

145 Miscellaneous Services | 275 Antiques

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

**WE BUY** from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

150 Computers | 294 Events



**Make your classified stand out,** add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

Do you have furniture, appliances, machinery, etc. for sale? Then place an ad in The Record classified section!



(819) 569-9525  
 (450) 242-1188

190 Cars For Sale


**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**NEXT TRAIN**  
 18:34

Fig.16

> If this feels like a math test, visit mathliteracy.ca or call 1-800-303-1004.

*Math solves problems*



**SUDOKU**

DIFFICULTY RATING: ★★★★★

			1	7	5	8		
7	3		5					9
5	2		7	6	1			
5	3	9		4	1			8
			6	3	9			
	4		5	8		9	3	1
		7	8	6		3	1	
6				9		4	7	
3	1	5		2				

11/19 © 2018 Dist. by Andrews McMeel Syndication for UFS

**PREVIOUS SOLUTION**

5	2	4	7	8	3	6	9	1
8	9	7	5	6	1	4	2	3
6	3	1	2	4	9	5	8	7
2	4	8	1	9	5	3	7	6
7	1	3	4	2	6	8	5	9
9	6	5	8	3	7	2	1	4
1	5	2	6	7	4	9	3	8
3	8	6	9	1	2	7	4	5
4	7	9	3	5	8	1	6	2


**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

**Black & white value**

**What is black and white,** read all over and serves as a great teaching tool? The newspaper, of course.

Teachers can use the newspaper in a number of ways in the classroom to enhance students' education. They can cut several pieces of art from the paper and have young students just learning to write name them, or clip a feature story from the paper and have older students respond to it in an essay.

Whatever the activity, newspapers benefit students. When used in the classroom, they improve students' reading, writing and critical thinking skills, inspire them to participate in discussions and debates, and expand their knowledge of past, current and future events.



**THE RECORD**

# NEA Crossword Puzzle

# Your Birthday

MONDAY, NOVEMBER 19, 2018

Answer to Previous Puzzle

Z	I	L	L	S				C	R	A	N	E	
E	L	A	I	N	E			B	O	I	L	E	R
N	E	C	T	A	R			L	E	A	D	E	N
		H	I	G	H	E	R		A	D	E		
R	E	P	E	L		Y	U	C	K				
I	V	Y		S	A	P		E	A	G	E	R	
G	A	L		I	N	C		Y	U	M	A		
O	D	O	R		D	O	E		L	I	D		
R	E	N	D	S		T	E	D		F	L	A	
		S	U	F	I		U	N	S	E	R		
A	S	P		D	O	C	I	L	E				
P	A	R	A	D	E		S	L	A	N	T	S	
E	R	O	D	E	S		M	E	T	E	O	R	
S	I	M	O	N			D	O	V	E	S		

- ACROSS**
- 1 Floor
  - 4 Slimy
  - 8 Hear a case
  - 11 Departed quickly
  - 12 Clay target sport
  - 14 Application
  - 15 Weep
  - 16 Spiteful
  - 17 Water-power org.
  - 18 Tropical melon
  - 20 Political upsets
  - 22 Almost-grads
  - 23 This, in Latin
  - 24 Garlic juicer
  - 27 Unruly mob
  - 31 State, in Paris
  - 32 Fictional rafter
  - 33 Agent, for short
  - 34 Matter, in law
  - 35 Fall mo.
  - 36 One, in Berlin
  - 37 Fine homes
- DOWN**
- 39 Invited
  - 40 Stroke
  - 41 Some MDs
  - 42 Columbus' port
  - 45 Venomous snakes
  - 48 Gobbled up
  - 49 Scoundrel
  - 51 Package shipper
  - 53 Hagen of "The Other"
  - 54 Warning signal
  - 55 Prickle
  - 56 Lick up
  - 57 Pole explorer
  - 58 Time period
  - 1 Equator segment
  - 2 Distort
  - 3 New Age singer
  - 4 Coveted awards
  - 5 Approves
  - 6 Sweater letter
  - 7 Up till now
  - 8 "Swan Lake" costume

- 9 Host's plea
- 10 Roll call votes
- 13 Wealthy industrialist
- 19 Discreet summons
- 21 Harvest moon mo.
- 23 Slight indication
- 24 Pierre's parent
- 25 AAA suggestions
- 26 Sunrise direction
- 27 Slashes
- 28 Viking name
- 29 Actress — Russo
- 30 Went quickly
- 32 Units of measure
- 35 Beefeaters' fare
- 36 Latin I verb
- 38 PFC mail drop
- 39 Tack on
- 41 Contributor
- 42 Old Roman province
- 43 James or Kett
- 44 Tide type
- 45 Deviate
- 46 Hayseed
- 47 Goad
- 50 Pen point
- 52 Mexican Mrs.

1	2	3		4	5	6	7		8	9	10
11				12				13		14	
15				16						17	
	18		19					20	21		
			22				23				
24	25	26				27			28	29	30
31					32				33		
34				35					36		
37			38					39			
			40				41				
42	43	44				45			46	47	
48				49	50				51		52
53				54					55		
56					57				58		

Don't fear change. Trying new things and experimenting with lifestyle changes will afford you a different perspective on how you want to move forward emotionally, domestically and financially. Listen and assess what others suggest, but, in the end, make choices based on facts, not fiction.

**SCORPIO** (Oct. 24-Nov. 22) — A creative project should be considered carefully. Weigh the cost involved and whether it's feasible. Someone will mislead you in order to get his or her way.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Expect to face opposition if you try to make an unpopular change. You are best off taking care of every detail before you present your intentions to others.

**CAPRICORN** (Dec. 22-Jan. 19) — Ease into your day. Don't let an emotional incident throw you off course. Avoid acting in haste or taking on responsibilities that don't belong to you. Stick to your agenda.

**AQUARIUS** (Jan. 20-Feb. 19) — A vocational move or financial gain looks promising. Personal improvements can be made, as long as you stick to your budget. Don't let anyone talk you into something you don't need.

**PISCES** (Feb. 20-March 20) — If you let someone take advantage of you or talk you into something, you will regret it. Stick close to the people you know you can trust and adhere to your set schedule.

**ARIES** (March 21-April 19) — You'll be torn between what you want to do and

what you should do. Take care of business before you head out with friends. Your reputation will depend on your actions.

**TAURUS** (April 20-May 20) — Reconnect with people you have worked with in the past to gain some information that could help you advance. Prospects will vary depending on how you respond. Use your imagination.

**GEMINI** (May 21-June 20) — Don't reveal information that someone asked you to keep secret. It's important to show that you can be trusted if you want the same respect in return. Meddling will backfire.

**CANCER** (June 21-July 22) — Keep busy. Fitness and a healthy lifestyle will be important when it comes to maintaining endurance and stamina. Don't let an emotional situation affect your work or relationships with others.

**LEO** (July 23-Aug. 22) — A change will do you good, but before you leap into something new, do your due diligence and find out what it costs and what's expected of you.

**VIRGO** (Aug. 23-Sept. 22) — Problems with partnerships will mount if you are too trusting or let someone take care of matters that you should handle yourself. Practicality and hard work will be essential.

**LIBRA** (Sept. 23-Oct. 23) — Discuss problems openly. If you let situations fester, you will end up making matters worse. Use your charm and kind gestures to avert a dispute. Patience will be required.

MONDAY, NOVEMBER 19, 2018

## For better players in your group

By Phillip Alder

This year, several books have been published that are aimed at strong players. First, let's look at "Tricks of the Trade" by Larry Cohen (Bridge World Books).

It is subtitled strategic thinking for advanced bridge. It contains 14 articles that appeared in The Bridge World magazine dating back to 1998, when Cohen was at his peak, winning 25 national championships. He and David Berkowitz also came very close to capturing the 1998 World Open Pairs title.

The articles read like fireside chats as Cohen explains how to improve your game. One recommendation is to stay out of the newspapers; except, I assume, when being mentioned as a winner.

Look at the North-South hands in this deal taken from a top-rank pairs tournament. How would you try for an overtrick in five hearts? West leads the diamond queen; you win with the ace and cash the heart ace, both opponents following.

North's four-diamond rebid was a splinter, showing heart support and a singleton (or void) in diamonds. Five hearts was a quantitative slam-try, which North sensibly declined with only two queens.

North				11-19-18
♠ Q 10 6 4				
♥ 10 9 5 3 2				
♦ 7				
♣ Q 6 3				
West		East		
♠ K 9 5		♠ J 8 7 2		
♥ 7		♥ 8		
♦ Q J 9 5 4		♦ K 10 6 3 2		
♣ 9 7 5 4		♣ A 10 8		
South				
♠ A 3				
♥ A K Q J 6 4				
♦ A 8				
♣ K J 2				
Dealer: South				
Vulnerable: Both				
South	West	North	East	
2♣	Pass	2♦	Pass	
2♥	Pass	4♦	Pass	
5♥	Pass	Pass	Pass	
Opening lead: ♦ Q				

You could try for an endplay if an opponent has the club ace singleton or doubleton, but that is so unlikely with seven clubs missing. Against an expert at trick three, it is much better to lead your spade three. West is almost certain to play a smooth second hand low, hoping you have ace-third of spades and a guess to make. Here, though, you will put up dummy's queen and gain an overtrick that will be worth a bushel of matchpoints.