

# Legault ups recruitment pitch for health professionals

By Matthew McCully

Quebec Premier Francois Legault is calling on the “sense of duty” of doctors in the province to help fill the labour shortage in CHSLDs during the COVID-19 pandemic.

He is asking general practitioners as well as surgeons and specialists, currently off work because of the postponement of elective surgeries, to do the jobs of PABs and nurses.

According to Legault, there are currently 1,382 absences from public CHSLDs. With private facilities added to that, he said there are around 2,000 positions to fill.

“We’re not missing doctors,” Legault clarified. “We’re missing PABs and nurses.”

“We’re Looking for them to come do nursing work. They won’t be mopping floors,” he insisted.

Health Minister Danielle McCann said Quebec doctors should consider the gesture a humanitarian mission.

During Legault’s briefing, reporters questioned the plea for doctors when aid was offered from Canadian military personnel with medical training, and health professionals had offered their services through the COVID-19 I

CONT’D ON PAGE 3

# SQ hooves on patrol



PHOTOCREDIT: ANNE-MARIE MORIN

## Record Staff

Sûreté du Québec (SQ) patrollers have found a unique way to maintain social distancing. They are around 16 hands high, riding horseback in local communities.

Meet Paolo and Yamaska, spotted earlier this week in the Maxi parking lot in Richmond.

At the beginning of 2019, the SQ cre-

ated an equestrian team in order to increase its outreach, particularly at the community level. This team, composed of riders as well as escorts from police and civilian personnel, was a pilot project for the past two years before being deployed throughout the province. The teams circulate to ensure public safety and foster closer ties with the community.

The team is made up of eight Ca-

nadian horses and six miniature horses, which rotate around the territory served by the SQ.

Don’t worry, the miniature horses aren’t out on the streets chasing down lawbreakers. The miniatures are brought to certain events and outreach initiatives to foster positive contact with the general public as well as vulnerable groups such as sick children, the handicapped and the elderly.

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## Weather



TODAY:  
60% CHANCE OF  
FLURRIES

HIGH 4  
LOW -3



FRIDAY:  
MIX OF SUN  
AND CLOUDS

HIGH 4  
LOW -7



SATURDAY:  
MIX OF SUN  
AND CLOUDS

HIGH 8  
LOW -1



SUNDAY:  
CLOUDY

HIGH 10  
LOW 1



MONDAY:  
60 PER CENT  
CHANCE OF  
SHOWERS  
HIGH 7  
LOW -4

# Unsociety Notes: Catnaps and letdowns



ROSS MURRAY

**O**n Monday, I watched a clip on Twitter of American gymnast Simone Biles taking off her sweatpants while doing a handstand. (To clarify: she was doing the handstand, not me. [That probably didn't need clarifying.]) It's not as inappropriate as it sounds. Instead, it was an impressive feat of balance, strength and perseverance.

My Monday feat was repotting a plant.

Monday was a holiday. I'm working full-time from home, so the word "holiday" still has some meaning to me. Given this, I should have filled my bonus day with activities, chores and sundry celebrations of free time.

But no. In addition to the repotting, we sowed potlets of vegetable seeds and set them in the window of what's become my home office. Besides that, I read, walked, watched TV, spent too much time on Twitter and napped with the cat.

It's the cat's fault. I was merely reading in a prone position when Ollie, as she's inclined to do, attempted to crawl on top of me. She would crawl inside me if she could. I allowed her to settle in the crook of my arm, where her sedative properties immediately took effect.

Permission to nap is one of the take-aways from Month 1 of unsociety. It's a time that paradoxically combines stir-craziness and laziness. We all suddenly have time on our hands and feel we should be taking advantage of it to accomplish great things. Instead (and I don't think I'm alone in this), I feel overwhelmingly lethargic. This leads to feelings of inadequacy, made worse by videos of over-achieving families performing full operettas. Inadequacy leads to funk, funk to fatigue. And the catnap cycle continues.

Deb and I have two quasi-adult children at home, so we don't have the stress of homeschooling that other parents have. Instead, we've been playing games together and watching movies. Over eight nights, we watched all the Harry Potter films, which I had never seen (nor had I read any but the first book). My summary: Hogwarts is an abysmally administered school with severe liability issues.

Mostly, though, we're eating. So much eating. Lunchtime keeps getting earlier and earlier. For some reason, we are going through an inordinate amount of mayonnaise. Ice cream has been had.

A lot of the time I find myself just wandering around the house, unable to focus on a single task for any length of time. It's hard to concentrate even on reading. Some days I'm upbeat, getting my work done, only to have my mood quickly crash. For whatever reason, Thursdays are the hardest. I've begun to call Thursday "Worstday."

If ever there was a novelty to this pandemic, it has quickly worn off. People are tired of thinking about it, hearing about it, reading about it (sorry). Everything that could be said about self-isolation/working from home was said weeks ago. Zoom jokes are so

March 2020.

Some of us are safer and less at risk than others. As I said, I'm still working, as is my wife. We're going to be okay. Not everyone is as lucky. But I think what every single person has in common is disappointment.

The play I was rehearsing: cancelled. For Christmas, I bought my wife tickets to her first opera, something she has talked about for years: cancelled.

Abby was disappointed she couldn't see her friend's new kitten. James recently won the Garth Smith Team Player award for the Bishop's University men's basketball team and, instead of receiving it at an athletic banquet, learned of it via Instagram. I mention this because it was probably disappointing for him, but mostly I just wanted to brag a little.

Whether it's missing sports and theatre or not being able to see friends and wee animals, disappointment is a sense of loss, and with loss comes grief. Maybe it's not the heartbreaking grief of losing a loved one but it's no less real. Added up, and you can be excused for feeling sad and tired, for not living your best life even with all this time on your hands.

But I'm thinking this is not entirely a terrible thing. We've become accustomed to having everything and right away. Young people in particular have never truly experienced want. If nothing else, this crisis is giving us perspective on the privilege most of us live. They say things may never be the same, that there may never be a return to "normal." But maybe the new normal will be an appreciation of everything that is truly good, like health, naps and, of course, Simone Biles taking off her pants.



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## Ben by Daniel Shelton



# Local News

These temporary layoffs come in addition to 275 already announced in an initial plan that was valid until April 13.

## Written consultation underway on Galt West project

Record Staff

The city of Sherbrooke began an unusual public consultation process on Wednesday for the Galt West development project. Owing to the ban on public gatherings, a regular face-to-face consultation is currently impossible, so the city has opened up the project and the bylaw change it requires to written feedback.

Draft bylaw 1200-91 allows for the construction of a new building of six floors next to Alfred-Élie-Dufresne on Galt Street West and the modification of the dimensions of that park (without any loss of surface area). The planned building complex will contain 116 apartments meant to be accessible and affordable to low-income households, as well as new offices for the Office municipal d'habitation de Sherbrooke (OMH) Sherbrooke's municipal housing office.

A public notice and information documents related to the project and

consultation has been made available (in French only) on the city's website at [sherbrooke.ca/avispublics](https://www.sherbrooke.ca/avispublics), and comments or criticism will be accepted by email at [greffe@sherbrooke.ca](mailto:greffe@sherbrooke.ca) until April 30. Although the format of the consultation is different, it follows the usual rules of being only open to input from residents or businesses in the affected zones and those that neighbour them. A map of the irregular area impacted is available at the aforementioned link, but it covers almost the entire length of Alexandre Street, Galt West from de Courcellette to Federal, and Short Street from Saint-Pierre to Fabre.

The results of the consultation will be collected into a report, which will be presented to the City Council prior to the adoption of the bylaw.

A planned information session on the Galt West project has been planned but postponed to a later date, but information, including a video overview, has been made available on the web-



COURTESY/YOUTUBE

site at <https://www.sherbrooke.ca/fr/projets-en-cours/2/galt-ouest>

Construction of the new building is hoped to start this coming summer,

and the consultation process on the bylaw has been deemed a priority so as to not delay a project meant to help a vulnerable population.

## Sherbrooke cuts 119 more jobs

Record Staff

In a meeting held Tuesday night, the members of Sherbrooke's City Council adopted a new workforce plan following the announcement of the extension of the nonessential business closure period until May 4, as decreed by the provincial government. As of April 14, 57 per cent of the city's 2,136 employees were deemed to be working in essential activities either at home or at their workplace, but six per cent, or 119 employees, were deemed "no longer required."

These temporary layoffs come in addition to 275 already announced in an initial plan that was valid until April 13. The new plan aims to determine the personnel requirements for the City of Sherbrooke until May 4 and takes into account the protection of the health of its workers as well as of

the population who use municipal services. Following the government's objectives and directives, the City of Sherbrooke has already established a list of priority activities which constantly follows the changes decreed by Quebec.

In addition to the layoffs and essential tasks, 139 employees are at work on tasks that are not currently essential, but which are considered important to the eventual restart of activity in the city. Another 88 represent an available workforce for the gradual resumption of activities (such as construction, eco-centers, maintenance of the cycling network, etc.). Of these, 82 are full-time employees. A further 140 are on medical leave or other time-off not related to COVID-19, and the remaining 160 are seasonal and student workers who were laid off last fall but who remain a part of the city's statistics for this year.



GORDON LAMBIE

## Legault

CONT'D FROM PAGE 1

contribute website (<https://jecontribuecovid19.gouv.qc.ca/Inscription.aspx>) but received no reply.

Legault said he was in discussions with the federal government for military medical aid, but nothing was confirmed yet.

Regarding the delay to enlist to help, Minister McCann said the province is working as quickly as possible to process the information. "There's hardly any red tape," McCann said, "we're doing in a few days what we were doing before in a couple of months."

Reporters also asked about remuneration, should highly trained doctors and specialists step in to help at CHSLDs. Legault, stressing that it is an emergency situation, confirmed they would receive pay consistent with their level of training while working alongside nurses and PABS doing the same job.

One reporter said that 30,000 surgeries had been postponed and by St. Jean that number could be up to 50,000, and asked if a very different health crisis were on the horizon when operating rooms re-open.

McCann said essential surgeries are still taking place, and what can be done is being done, but right now there is

a need to conserve medications, especially those used for sedation during surgeries, so playing catchup is not an option at the moment. "We have to be careful," she said.

When asked about summer sports leagues, Legault said it was too soon to tell what would happen.

When asked about scenarios for schools and businesses, Legault said right now the province is working with the CNESST, the province's work safety board, to develop a plan so that small businesses could begin to re-open but maintain social distancing protocols.

"It's too soon for scenarios in schools," Legault said.

Quebec now has 14,860 confirmed positive cases of COVID-19, up 612 from the day before.

Of those, 737 are in the Estrie region.

The death toll in the province has risen to 487, with 52 in the last day.

There are 984 COVID-19-related hospitalizations, up 48. The number of patients in intensive care dropped by 12 to 218.

According to the Quebec Public Health Institute's website there are 2,491 confirmed recoveries from COVID-19.

# The Zoom call

By Didi Gorman

There's an invitation to a Zoom call in one of my emails. It's titled 'Virtual family reunion with cousin Shane.'

Cousin Shane? Gosh, I haven't heard from Shane in ages! He's some kind of distant cousin on my maternal side, and the last time I saw him he must have still been in diapers – it's been that long! He must be in his mid-thirties now, probably married with kids. I'm embarrassed to admit I had always thought his name was Shawn, but then again it's been really long time and my memory might be failing me.

To be totally frank, I've had so many online get-togethers in the past few days (a Skype call with my mother, a Google Hangouts meeting with my in-laws, and my uncle's virtual 70th birthday party on Facebook Live), that

I kind of crave social distancing at long last. What's the point of a quarantine if we all meet-up on the internet all the time?

Still, I call in and join our virtual family reunion with cousin Shane.

The call is as chaotic as one would expect. Many family members have logged in and some are clearly less tech-savvy than others. Nana hasn't figured out the microphone yet, and so it goes:

"Your microphone is on mute, nana!" shouts auntie Hellen.

"Turn the camera to the left, Joey! We can't see your face," yells uncle Ralph.

"Everybody keep quiet!" attempts cousin Shane.

"Can you hear me now?" hollers nana.

"Anybody knows where Eugene and Emilia have disappeared? Were they

even invited?" asks auntie Hellen.

Some members seem to be engaging in a separate lively deliberation about some other relative. There's so much noise and such a delay in the sound, that I can't quite make out if they're referring to cousin Keith or cousin Kate, or perhaps they're just arguing about 'cakes'.

With all this turmoil, nobody notices I've just joined the chat.

But then nana notices.

"Oh, hello there!" she beams at me. "Are you Freddie's new girlfriend from Oklahoma?"

Oklahoma? Where's Oklahoma?

"No, I'm Didi from Lennoxville," I reply tentatively, "and I'm married."

I don't know what they make of this, or of Freddie's questionable preference for married women for that matter, but they're all quiet now. I look closer at the screen and I soon come to the

realization I don't recognize one single face there. My nana had passed away some fifteen years ago, I've never had an aunt named Hellen, and no one in my family is called Joey or Ralph. Moreover, I'm pretty sure my distant cousin's name is actually Shawn. Who ARE these people?

Only that now, I have sullied poor Freddie's rap, whoever he is.

In the end, we sort this out and they're very nice about it, the Dougherty clan from Minnesota. Lovely people they are. And I really like them. I might as well join their family chats from now on. And if ever things don't work out in my family here, I know there's a Freddie in Minnesota and he is free!

\*Author's note: Though not entirely imaginary, this tale is still mostly a work of fiction...\*

## Sherbrooke launches support program for small and medium businesses

Record Staff

As part of the Emergency Assistance Program for Small and Medium-Sized Enterprises (SMEs) announced by the Provincial Ministry of Economy and Innovation (MEI), the City of Sherbrooke announced on Wednesday that it will be able to provide \$1.8 million in support for local SMEs in order to maintain, consolidate

or revive businesses affected by the COVID-19 pandemic.

"This is aid that will quickly relieve dozens of our small and medium-sized businesses in these difficult times," said Sherbrooke Mayor Steve Lussier. "This sum of \$ 1.8 million is an unequivocal measure on the part of the government in order to combat the aftermath of the pandemic."

The City still needs to determine the

management model it will adopt and then sign an agreement with the MEI. In a meeting on Tuesday night, the municipal council decided to entrust Pro-Gestion Estrie with the mandate to manage the program in Sherbrooke based on the criteria to be developed by the economic development committee and by a transition committee for the new governance in economic development.

The program targets small and medium-sized enterprises from all sectors of activity, including cooperatives and social economy enterprises with trading activities. The assistance may take the form of a loan or loan guarantee for an amount up to \$ 50,000. The overall program envelope is \$ 150 million and the program will end on April 30, 2021.

### Hey Record readers,

Do you know someone over 70 who has been, and continues to be, a model for others in our community? A game-changer? A champion of a cause? Volunteer extraordinaire? Then, he or she might be eligible to be recognized in The Record's **Top 70 over 70** edition.

The Record wants to celebrate the contribution of 70 local individuals between the ages of 70 and 110 who are continuing to be a model in their personal life, career, community and/or academics.

We are asking our readers to nominate individuals, and The Record will select 70 outstanding individuals over the age of 70 who represent the "best of the best" in the Eastern Townships.

### Who's Eligible?

You can nominate anyone between the ages of 70 and 110 who has been a trailblazer in his or her profession or schooling, gives back to our community in special ways, exhibits qualities and serves as a role model for our town.

You can nominate a friend, a colleague, relative or someone you admire - you can even nominate yourself (the nominator isn't made public).

### More on eligibility:

- The nominee must be between the ages of 70 and 110 in 2020
- There is no limit to the number of entries each association, business or person can submit and there is no entry fee. The number of nominations a person receives has no impact on the selection process – all it takes is one nomination to be considered.

**Deadline for submissions: April 30, 2020**

Email your nomination, with a brief description (200 words or less), to [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com) put **Top 70 over 70** in the subject line.

THE  
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# The Border Report | *Congratulations to the three winners: Easton Surprenant (8), Lillian Roy (8), Ashlynn Goodwin (9).*

## Social distancing for Easter



By Phelps Helps

Traditionally, Phelps Helps teams up with the Colby Curtis museum to host an Easter Egg hunt activity for children in the Stanstead community. Unfortunately, like many other activities this year, the event was cancelled. As a solution, the socially distant Egg Hunt was actively encouraged. This simple version of an Easter egg hunt includes community members drawing or crafting an easter egg to put in their windows for Easter. Families can then go for a drive to find all the Easter eggs in windows around town. The idea stemmed from a post by the Salvation Army and developed into a full event!

Phelps Helps held an online Easter Egg Contest in which children could submit a photo of them and their Easter egg decoration for the chance to win some new Phelps' gear. Although the contest was new, it was a huge success! In total, photo submissions were received from 17 children aged 18 months old to 12 years.

Congratulations to the three winners: Easton Surprenant (8), Lillian Roy (8), Ashlynn Goodwin (9).

Each winner received a Phelps Helps toque or cap and some new reading material via a no-contact delivery!

This wasn't Easter fun in town! On Saturday morning, the Association Loisirs and the Stanstead Volunteer Firefighters delivered easter treats to the doorsteps of all the houses with an easter egg in their windows. They covered the Stanstead, Rock Island, and Beebe neighbourhoods.

Although it was a socially distant Easter, finding new ways to connect with the community is essential, and Phelps looks forward to holding similar initiatives in the future!

Phelps was founded in 2012 and has grown organically from a single high school tutoring program to nine unique programs, providing the Stanstead area with free educational and career support. For more information, please email us at [info@phelpshelps.ca](mailto:info@phelpshelps.ca), or visit our website, [www.phelpshelps.ca](http://www.phelpshelps.ca).



### FRONTIER ANIMAL SOCIETY

## Featured pet:

These two scaredy cats need a patient, quiet and compassionate "cat loving" adopter who is willing to give them the time they need to learn to trust. Although they did not arrive as a pair, Rico and Callie have found comfort in one another and our hope is to find them a home together. They are both approximately a year old.

Rico, the beautiful black cat, was found in a garage last winter. He was with his brother Pico who was more social and who has since been adopted. Rico isn't feral, just very scared. Callie also arrived this winter after being found as a stray doing her best to survive outdoors. She is a little less apprehensive than Rico.

We aren't going to sugar coat it, it will take time and patience to help these two overcome their fear and uncertainty around people and they will likely always be skittish, but they deserve to live out their lives in safety and peace. A quiet home where they can settle in and adapt to their new surroundings is key. If you are a true cat lover who wants to make a huge difference in the lives of these two very timid and sensitive cats, we'd love to hear from you.

To find out more about Rico and Callie, please give our cat adoption coordinator Linda a call at 819.868.2684 and she will be happy to tell you more about their specific needs.



# EDITORIAL

We call upon the Premier and the Minister of Health to do the right thing and immediately send this document to all English-speaking households.

## COVID-19 sends us back to the future



TIM BELFORD

*New flash: There are reports that because of the COVID-19 scare, several branches of the SAQ in the Sherbrooke area have turned away anyone 70 years of age or older.*

When I first heard of the above-noted incidents my first reaction was that things have gone a bit too far. Actually, my first reaction was to immediately jump into my car and head out to my local SAQ outlet to stock up just in case, like the present virus, this too proved to be highly contagious.

It does show you, though, how things for the seventy plus crowd have changed. As a matter of fact it struck me that things have come full circle.

Many, if not most Quebecers of a certain age, well remember when the shoe

was on the other foot. Back in the day when the legal drinking age was twenty, there was a thriving black market in fake IDs which boosted the “legal” age of teenagers by a couple or three years so that they could sneak off to the local watering hole for a quick beer or two. The cards were often amateurish with nothing more than a sloppy attempt at altering the birth date in question. Some, those lacking a photo, were merely borrowed from an older friend with shared physical characteristics.

The actual enforcement of the drinking-age law varied from bar to bar, and with the SAQ, outlet to outlet. In some instances the attempt was met with a firm no, in others a laugh or a sneer. Occasionally, an understanding or sympathetic bouncer or sales clerk, would turn the other way and accept the card at face value. The biggest risk in all of this was that somehow the news of one’s youthful experimentation would reach the home front where the miscreant’s age was an established fact. But back to the present.

The over seventy crowd, already isolated and barred from most outside contact, is now facing the potential loss of what for many is an essential medication. What will happen? One possible scenario could unfold like this. A disgruntled 71-year-old is turned away at the door of the SAQ. As he walks back



to the car he hears a faint psst! sound. Just to the left, in the shadow of a van, stands a young man in his early twenties. He beckons the senior over.

“I see you got carded at the SAQ. Maybe I can help,” he says. With a quick flick of his hand he opens the front of his coat and displays an array of ID cards. “I can make you 66, 67 years old easy. Just a quick photo, a little glue and voila! All it will cost you is fifty bucks.”

Or, in another strangely reversed

echo from the past, perhaps twenty or thirty-something customers out for a bottle of wine will be pestered by the elderly, loitering around the front door of the SAQ.

“Hey kid. I’ll give you five bucks if you pick me up a bottle of rum while you’re inside. Here’s the money. Come on. Be a pal.” The young person tries to ignore him. “Okay, make it ten bucks.”

Far fetched? We’ll just have to wait and see if bootlegging becomes part of the pandemic.

## Government Self-care Guide

By Geoffrey Chambers

The Government of Quebec determined it was a public health imperative that a detailed 24-page guide providing Quebecers with critical information on best practices in dealing with the coronavirus (COVID-19) public health emergency be delivered to every household. This was done, at substantial cost, because every Quebecer needs to have this information. Unfortunately, the Guide autosoins was circulated only in French. On page 2 the document notes, in French, that an English version is available online.

Last Tuesday, during the government’s daily briefing to Quebecers and

the media, Health Minister Danielle McCann said an English version of the Self-care Guide “should be distributed just like the French version”. We take that to mean it should be delivered to people’s homes. Later last week, a spokesperson for the Ministry said that language policy prevented the mailing of an English version.

This is not accurate. It may be Government practice or policy to never use English, but it is not the law. In a letter to Premier François Legault and Health Minister McCann last week, the QCGN reminded the government that Articles 22 of the Charter of the French language and 2.2.1.6 of the Health and Social Service Ministry’s Politique lin-

guistique provide tools for the government to take appropriate measures in communicating with citizens in English.

It is important to note that we are speaking of the health and safety of all Quebecers. If, as the Government has determined, this information must be understood by every Quebecer, not conveying it to 13 per cent of the population puts us all at risk.

We call upon the Premier and the Minister of Health to do the right thing and immediately send this document to all English-speaking households. If they do not have the means to identify those households, then it must be sent to all. This is not politics, this is survival. Let’s get this critical information out now. Once this crisis is over, we can debate how this could have been done more efficiently.

On Monday, MNA Christopher Skeete tweeted that English-speaking Quebecers who would like to receive the English version of the Self-Care Guide can consult it online or order a free paper version. He also announced the government is working on setting up pickup locations.

The most vulnerable English-speaking Quebecers do not have access to the internet and are unable to consult the guide online or request a copy. Elderly people are advised to stay home for their own good and the good of so-

ciety in general. It is not logical that English-speaking citizens take increased risk to obtain a pamphlet intended to reduce risk.

During government consultations with organizations serving English-speaking Quebecers last fall, participants heard that the government is there to serve all Quebecers. The government’s handling of this issue provides an excellent opportunity to demonstrate that.

In the midst of a public health crisis all necessary measures must be taken to inform and engage all citizens. English-speaking Quebecers are doing what they can. Some are printing the guide and delivering it to elderly parents and neighbours. QCGN has created an online hub to ensure access to reliable information in English. You can find it at [qcgnc.ca/coronavirus-covid-19-response/](http://qcgnc.ca/coronavirus-covid-19-response/)

Over the past few weeks, Premier Legault received high marks for ensuring access to most government information in English on coronavirus. We count on him and Minister McCann to remedy this situation as soon as possible to protect English-speaking individuals, their families, neighbours and communities, and indeed all Quebecers.

Geoffrey Chambers is President of the Quebec Community Groups Network.

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 O O C N R W G O R G N A D P O R O T O Y  
 L R C O E O E U P R R A R I I E G I V C  
 P E S R H D R Q E G L B A C T S Y O E B  
 L V T H I A Y S O F I S M H C O E N L R  
 I O S C T H E I E R T T A C I L N N X E  
 Y I U A N S B S C O E R C E D U H E Q S  
 O C M N A E O M E D R A I E A T T N P N  
 X E M A W R O M I F A C G P R I B M R E  
 Y X A L P O E A C E R T I S T O R A O P  
 M U R D D F L L M L Y I D U N N B U L S  
 O Q Y W Q O I E O E V O W E O G H T O U  
 R I U U G M H A Q R Y N R M C Y O E G S  
 O I D U A T B N O I T I S O P X E X U X  
 N U E X Q G N O I T A R R A N H E T E O

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

- |               |               |            |
|---------------|---------------|------------|
| <b>WORDS:</b> | DRAMA         | PROSE      |
| ABSTRACTION   | EPIC          | QUOTATION  |
| ACCENT        | EXPOSITION    | RESOLUTION |
| ANACHRONISM   | FORESHADOWING | ROMANCE    |
| ANTHOLOGY     | GENRE         | SETTING    |
| ANTIHERO      | IMAGERY       | SPEECH     |
| AUTHOR        | LITERARY      | STORY      |
| BIOGRAPHY     | MOOD          | SUMMARY    |
| CLIMAX        | NARRATION     | SUSPENSE   |
| CONTRADICTION | NOVEL         | TEXT       |
| DEDICATION    | OXYMORON      | THEME      |
| DIALOGUE      | PLOT          | VOICE      |
|               | PROLOGUE      |            |



Thank you

To all  
health  
care  
workers

- Thank you for continuing to work.
- Thank you for going to the front lines to treat us.
- Thank you for fighting the invisible enemy.
- Thank you for answering the call.
- Thank you for taking care of our health.
- Thank you for supporting us.
- Thank you for reassuring us.
- Thank you for being so devoted.
- Thank you for being there for us.

**Thank you for being  
our guardian angels.**



## CANADA



## HISTORY

1884

“LA PRESSE,”  
A FRENCH-LANGUAGE  
NEWSPAPER, IS  
FOUNDED. TODAY  
THE NEWSPAPER  
IS ENTIRELY DIGITAL.



CENTRE DE SANTÉ DE LA VALLÉE MASSAWIPPI  
MASSAWIPPI VALLEY HEALTH CENTRE

### Appointment notice



**Dr. Henry Khouri**

The Board of Directors of Cooperative Centre de santé de la vallée Massawippi is pleased to announce the appointment of Dr. Henry Khouri as its new President, effective April 1 2020. Dr. Khouri is fluently bilingual and combines management and teaching expertise with science/medical and business acumen; he has over 30 years management experience in health-care and academia, as well as government and the pharmaceutical / biotechnology industry. He succeeds Richard Violette who will remain on the Board.

# Today in History

## Today in History for April 16:

### On this date:

In 556, Roman-born Pope Pelagius I became the 60th successor of St. Peter. He built the Church of the Twelve Apostles.

In 1189, St. Drogo, also called Druon, a Flemish saint who became a hermit in Sebourg, France, died. Today, he's known as the patron saint of shepherds.

In 1825, Thomas Cochrane was appointed the first resident Governor of Newfoundland. He served until 1827.

In 1862, U.S. President Abraham Lincoln signed a bill ending slavery in the District of Columbia.

In 1867, American aviation pioneer Wilbur Wright was born.

In 1874, Provencher MP Louis Riel was expelled from the Commons as a fugitive. The Metis leader was wanted in Ontario for the 1870 execution of Orangeman Thomas Scott during the "Red River Uprising."

In 1879, St. Bernadette Soubirous died at age 35 in Nevers, France. She was the humble visionary at Lourdes to whom Mary, the mother of Jesus, confirmed "I am the Immaculate Conception."

In 1887, a rebuilt and enlarged Welland Canal opened for navigation between Lake Erie and Lake Ontario.

In 1889, actor-director Charlie Chaplin, the man behind film classics such as "The Tramp" and "Modern Times," was born in London. He died in 1977.

In 1895, the city of Chatham, Ont., was incorporated.

In 1907, Joseph-Armand Bombardier was born in Valcourt, Que. He invented the snowmobile in 1937, launching the Canadian manufacturing giant that bears his name.

In 1907, the McGill University medical building in Montreal was destroyed by fire.

In 1912, Harriet Quimby became the first woman to fly across the English Channel. She used a Bleriot monoplane to travel from Dover, England to Hardelot, France.

In 1917, Vladimir Lenin returned to Russia after years of exile following the overthrow of Czar Nicholas II.

In 1947, the French ship "Grandcamp," carrying ammonium nitrate fertilizer, blew up at the harbour

in Texas City, Texas. Another ship, the "High Flyer," exploded the following day. The blasts and resulting fires killed nearly 600 people.

In 1949, Hall of Fame thoroughbred jockey Sandy Hawley was born in Oshawa, Ont. He rode in 31,456 races, winning 6,450 of them and more than \$88 million in purse earnings.

In 1962, Walter Cronkite made his debut as anchor of "The CBS Evening News," succeeding Douglas Edwards. Cronkite lasted 19 years at the anchor desk before Dan Rather succeeded him in 1981.

In 1976, a plan aimed at ending civil war in Lebanon was announced in Damascus following a meeting between Syrian President Hafez Assad and PLO chairman Yasser Arafat.

In 1992, David Milgaard was released from a Manitoba prison after serving nearly 23 years for the 1969 murder of Saskatoon nursing aide Gail Miller. The Saskatchewan government declined to retry Milgaard after the Supreme Court of Canada ordered a new trial. DNA evidence cleared Milgaard in 1997, and he later received \$7 million in compensation from the federal and Saskatchewan governments.

In 1995, a deal was reached to end a turbot fishing dispute between Canada and the European Union. The agreement gave Spain a higher turbot quota in the North Atlantic in return for tougher quota enforcement measures.

In 1999, Wayne Gretzky announced that he was retiring from pro hockey after 20 phenomenal NHL seasons. The announcement, at a packed news conference at Madison Square Garden in New York, came less than a day after an emotional farewell game on Canadian soil at the Corel Centre in Kanata, Ont.

In 2002, Dutch Prime Minister Wim Kok and his cabinet resigned en masse over a report condemning the government's actions during the 1995 Bosnian War.

In 2003, Jack Donohue, the former Canadian national basketball coach who led teams to Olympic and world championships, died at age 71.

In 2007, Seung-Hui Cho, a mentally-disturbed student, killed two people in a dormitory at Virginia Tech University and then two hours later, opened fire in a classroom building on campus before taking his own life. In all, 32 people were killed in the worst school shooting rampage in U.S. history. Montreal-born Jocelyne Couture-Nowak, a teacher, was among

the victims.

In 2011, Allan Blakeney, a former Saskatchewan premier who was instrumental in the creation of Canada's publicly funded health care system and the patriation of the Constitution, died following short battle with cancer. He was 85.

In 2014, more than 300 passengers, mostly teenagers on a school trip, were killed in the sinking of a ferry off South Korea, causing nationwide grief and fury. Officials blamed crew members' negligence, untimely rescue efforts and corruption by the ship's owners for the tragedy. (In November, the captain was sentenced to 36 years in prison for negligence and abandoning passengers, but acquitted of homicide. The ship's chief engineer was sentenced to 30 years in prison and 13 other crew members to up to 20 years in prison.)

In 2016, a powerful 7.8-magnitude earthquake struck Ecuador, killing more than 650 people, including four Canadians, and injuring thousands.

In 2018, Canadian figure skater Patrick Chan announced his retirement after more than a decade on the world stage. He won Olympic gold as part of the team event at Pyeongchang, a pair of silver medals at the Sochi Games, three world titles and was the national champion a record 10 times.

In 2018, Harry Anderson, the actor best known for playing an off-the-wall judge working the night shift of a Manhattan court room in the TV comedy series "Night Court," was found dead in his North Carolina home. He was 65.

In 2019, Premier Rachel Notley and her NDP government was knocked from the saddle by Jason Kenney whose United Conservatives won a majority in the Alberta election. The UCP, formed two years earlier by a merger of the Progressive Conservatives and the Wildrose parties, claimed the lion's share of rural seats and captured many seats in Calgary. Notley's NDP held on to its traditional base in Edmonton, which it swept in 2015, but was pushed out in many of the surrounding municipalities, rural ridings and Calgary constituencies it captured four years earlier. Kenney is a former federal Conservative cabinet minister under Stephen Harper. He successfully leveraged voter angst over Alberta's sluggish economy with a jobs, jobs, jobs message and a promise to wage war on all who oppose its oil and gas industry.

(The Canadian Press)

## Common terminology associated with illness outbreaks

The novel coronavirus COVID-19 was the dominant story of the first months of 2020. As new information emerged and the virus spread from its epicenter in Wuhan, Hubei Province, China, to other areas of Asia, Europe and the United States, various world health experts briefed the public on the proper protocol they believed would help stall the spread of this contagious virus.

The conveyance of this information introduced the public to terminology that previously may only have been known to those within the medical community. So that people may act in a productive and informed manner, here are common words and phrases associated with global health concerns.

**Community spread:** The spread of a disease among a certain area in which there is no direct knowledge of how or when someone caught the disease.

**Epidemiology:** This is a branch of medicine that deals with the incidence, distribution and possible control of disease, as well as patterns and determinants of illnesses. An epidemic is a situation when a disease spreads rapidly among many people and in higher concentrations than normal.

**Pandemic:** This relates to the geographical spread

of a disease that affects a whole country or the entire world, according to the Centers for Disease Control and Prevention. Pandemic does not refer to the severity or mortality of an illness, just how far it has traveled.

**PPE:** This stands for "personal protective equipment." The Occupational Safety and Health Administration says this is gear worn to minimize exposure to hazards that cause serious workplace injuries and illnesses. PPE may include gloves, safety glasses, masks, and gowns in healthcare settings.

**Presumptive case:** A presumptive case or presumptive positive case is one in which symptoms seemingly match the illness but a diagnosis has not yet been confirmed. A presumptive case is not a **definitive case**.

**Quarantine:** This is a restriction on the movement of people and goods, which is intended to prevent the spread of pests or diseases. Quarantines may be mandated or voluntary.

**Social distancing:** Social distancing refers to limiting contact or other interactions with people in an effort to help reduce the likelihood of disease contraction and spread. This largely involves



modifying operations so that large crowds do not congregate at places like universities and colleges, sporting events, meetings, and conferences.

**Symptomatic:** One who is symptomatic shows symptoms of a particular illness or disease.

Understanding the terminology associated with widespread illnesses may compel people to take appropriate action.

(Metro Creative)

# NEA Crossword Puzzle

# Your Birthday

THURSDAY, APRIL 16, 2020

- ACROSS**
- 1 Practice boxing
  - 5 With, to Maurice
  - 9 Had for dinner
  - 12 Show up
  - 13 Husband or wife
  - 14 Glasgow kid
  - 15 Baldwin or Guinness
  - 16 Bananalike fruit
  - 18 Eyeglass
  - 20 Inventor Nikola
  - 21 Notre Dame sight
  - 22 Get the point
  - 23 Simple dessert (hyph.)
  - 26 "Muppet Show" host
  - 29 Sun Devils sch.
  - 30 Watch — step!
  - 32 Large chunk
  - 34 Egyptian goddess
- DOWN**
- 1 Defraud
  - 2 Game played on horseback
  - 3 Last word
  - 4 Kickback
  - 5 Sufficient
  - 6 Caesar's farewell
  - 7 JFK posting

## Answer to Previous Puzzle

B	A	S	H	S	K	I	J	A	G	S		
L	U	L	U	A	I	M	U	R	A	L		
A	D	A	M	U	M	P	S	L	O	E		
B	I	G	B	E	N	U	N	T	O	L	D	
			U	T	A	D	I	S				
V	E	R	G	E	D	E	B	O	N	E		
O	B	I	G	U	N	S	A	L	A			
L	A	C	J	E	S	T	M	A	N			
		Y	O	G	U	R	T	T	E	E	N	Y
				O	N	S	R	A	J			
T	R	O	U	G	H	H	E	E	D	E	D	
H	A	N	G	W	A	Y	C	A	M	O		
A	G	U	E	I	S	M	T	R	I	G		
N	E	S	S	N	A	E	S	E	R	E		

- 8 Basketball position
- 9 "Woe is me!"
- 10 Mouse appendage
- 11 Ms. Ferber
- 17 Crawls (with)
- 19 Be overly sweet
- 22 Medieval laborer
- 23 — alai
- 24 Latin I verb
- 25 Nobelist — Alvarez
- 26 Author — Vonnegut
- 27 Types
- 28 Southwest art colony
- 31 Rowboat's need
- 33 Personal history
- 35 UFO genre (hyph.)
- 37 Lithe
- 40 Bids
- 42 Principles
- 44 More helpful
- 45 Foot covering
- 46 Actress — Sedgwick
- 47 Borodin's "Prince —"
- 48 Simpson kid
- 49 Ensnare
- 50 Vogue rival
- 51 Recolored
- 53 Almond

but don't try to change the way others do things. A broad-minded attitude will help you keep the peace.

**LIBRA** (Sept. 23-Oct. 23) – Choose budget-friendly options to make a move or lifestyle change. Draw on your resources and skills to help save money. Discuss your intentions with a loved one.

**SCORPIO** (Oct. 24-Nov. 22) – To avoid being misinterpreted, you'll have to spell out what's on your mind. Take nothing for granted and avoid contentious situations that could lead to an argument.

**SAGITTARIUS** (Nov. 23-Dec. 21) – Don't let what someone tells you depress you. Go directly to the source and find out precisely what transpired. Honesty and integrity are your best route to peace and good relationships.

**CAPRICORN** (Dec. 22-Jan. 19) – Don't get involved in conversations with people who don't listen. Constructive projects will offer the highest satisfaction. Don't make a change at home without getting the necessary approval first.

**AQUARIUS** (Jan. 20-Feb. 19) – Dig in and don't stop until you reach your goal. A personal change you make will turn out well and encourage better relationships with the people who share your space. Romance is featured.

**PISCES** (Feb. 20-March 20) – A chance to do something worthwhile for someone will bring unexpected returns. Don't be afraid to do things differently or to choose the road less traveled.

Helping others will make you feel good and encourage you to make a personal or professional change. Updating your image to fit the lifestyle you are drawn to will give you the boost you need to reach your goal. Partnerships are favored.

**ARIES** (March 21-April 19) – Keep moving until you have finished what you started. Adopting a responsible attitude and offering a helping hand will lead to a more significant opportunity. Romance is in the stars.

**TAURUS** (April 20-May 20) – Have patience, take your time, consider alternatives and do your own thing. Keep your thoughts and feelings to yourself.

**GEMINI** (May 21-June 20) – Don't get involved in other people's problems. You will encounter problems if you end up going to functions by yourself. Opportunities for romance will be plentiful.

**CANCER** (June 21-July 22) – Pursue your dreams. You can't stop doing the things you love just because someone wants you to stick to his or her schedule. Do what you enjoy most and explore new possibilities.

**LEO** (July 23-Aug. 22) – Concentrate on what you are trying to achieve. Refuse to let someone lure you into something that will make your life complicated. Learn from the experience and do what makes you happy.

**VIRGO** (Aug. 23-Sept. 22) – Make positive changes to the way you live,

THURSDAY, APRIL 16, 2020

## Circumstances alter the right approach

By Phillip Alder

I am asked by students if they should study suit combinations. Well, it cannot hurt, but don't even think of trying to learn them all. Every situation should be taken not in isolation but in terms of all 52 cards.

Consider today's deal. Looking only at the North-South heart suit, how would you play it for no losers?

Right! You have heard of the saying, "eight ever, nine never." With only eight trumps missing the queen, you take a finesse; whereas with nine trumps, you cash the ace and king, hoping the queen will drop. Those are the percentage plays, but is it right to cash the top honors here?

Following North's Jacoby game-forcing raise, South's four-heart rebid showed a minimum opening with no side-suit singleton or void.

West leads a spade, the defenders playing three rounds of the suit. Declarer has lost two tricks and is faced with potential losers in both red suits. A winning guess in hearts or a successful finesse in diamonds or clubs will bring home the contract. But there is a line of play that will save either a guess or a

North		04-16-20	
♠	Q J 10		
♥	K 10 9 3		
♦	K J 3		
♣	A J 5		
West		East	
♠	K 8 6 3	♠	A 9 5
♥	Q 5 2	♥	6
♦	10 8 2	♦	Q 9 7 5
♣	7 6 3	♣	Q 10 9 4 2
South			
♠	7 4 2		
♥	A J 8 7 4		
♦	A 6 4		
♣	K 8		
Dealer: South			
Vulnerable: North-South			
South	West	North	East
1♥	Pass	2NT	Pass
4♥	Pass	Pass	Pass
Opening lead: ♠ 3			

finesse. Declarer plays a heart to his ace and a heart to dummy's nine.

Here the finesse wins, so the contract is safe. But suppose the finesse loses – what would East return? If a spade, declarer ruffs in one hand and sluffs his diamond loser from the other. If a minor, South collects three tricks in that suit, again avoiding another loser.

Note that if South cashes the heart ace and king, he will go down with the given distribution.

### CELEBRITY CIPHER

by Luis Campos

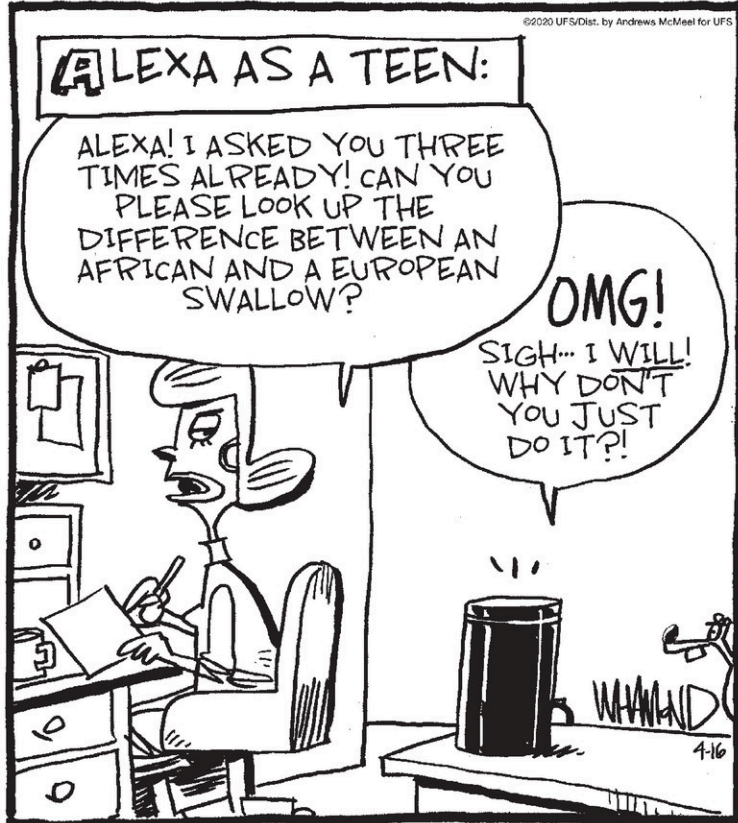
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ BTF'LU JTO OT JT VNOUI BTFI  
RIUVPC. YN BTF RTW'O PVXU VW  
UNNTIO, WTOZYWJ'C ULUI JTYWJ OT  
EZVWJU.” — XULYW KVPUC

Previous Solution: “If the Lord had meant us to pay income taxes, he'd have made us smart enough to prepare the return.” — Kirk Kirkpatrick

TODAY'S CLUE: *c equals E*

### REALITY CHECK

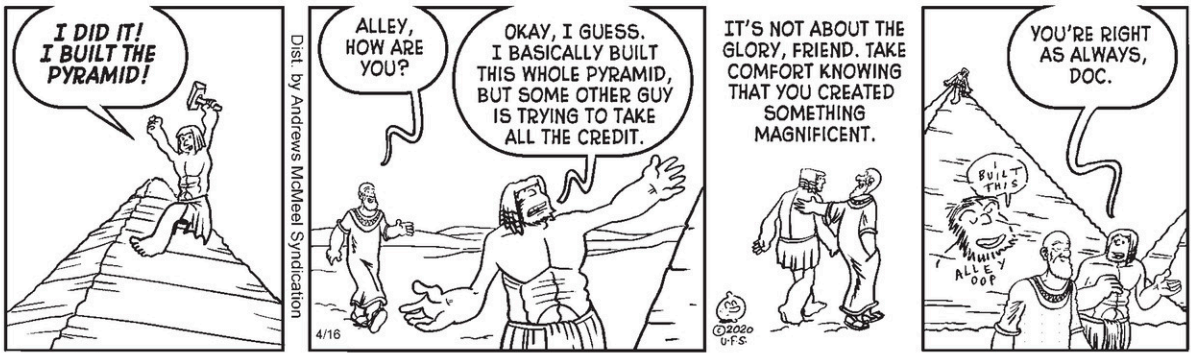


HERMAN



“I'm sure he couldn't have done it intentionally!”

### ALLEY OOP



ARLO & JANIS



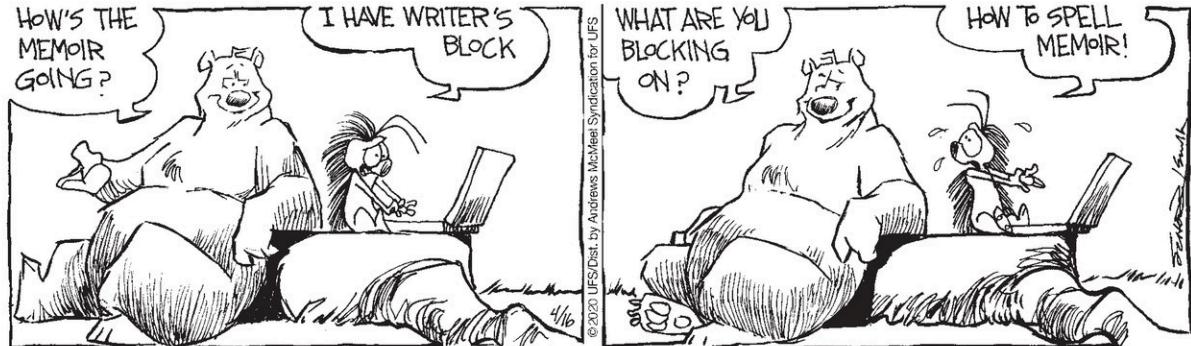
THE BORN LOSER



FRANK AND ERNEST



GRIZZWELLS



THATABABY



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## Happy 60<sup>th</sup> Anniversary Barbara and Norman Wintle

April 16, 1960

*On this Day  
 A couple was made  
 They each took vows  
 Their love would not fade.*

*But when a life is shared  
 For sixty years,  
 It comes with much happiness,  
 Challenges and tears.*

*A family of girls  
 They raised throughout  
 And their love was abundant  
 Beyond a doubt.*

*Now it's our turn  
 To send thanks your way  
 For making us the women  
 That we are today.*

**HAPPY 60<sup>th</sup> ANNIVERSARY  
 Mom & Dad**

With Lots of Love from  
 Your Daughters

# SUDOKU

DIFFICULTY RATING: ★★☆☆☆

	6			1				
				5		8		3
8							7	6
	1		4	6			3	2
4	9			8			1	5
5	3			2	9		8	
1	5							8
3		4		7				
				9			5	

4/16

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### PREVIOUS SOLUTION

4	1	7	8	6	9	3	5	2
8	2	5	3	4	1	7	9	6
3	6	9	7	2	5	4	8	1
7	5	4	2	1	8	6	3	9
9	3	1	6	7	4	8	2	5
6	8	2	5	9	3	1	7	4
2	7	3	4	5	6	9	1	8
1	4	8	9	3	2	5	6	7
5	9	6	1	8	7	2	4	3

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Follow The Sherbrooke Record on Facebook and Twitter!



# Dear Annie

THURSDAY, APRIL 16, 2020

**Dear Annie:** Good for Also Slender 50 Years Later. How nice that she has retired in Florida and has access to a pool. She is among those whose financial well-being allows them to swim a mile daily and maintain their appearance in ways that many others cannot.

This reminds me of the celebrities who give birth to twins and 90 days later are back in their size 2 jeans, tummy tucks intact, with personal trainers and chefs.

The working class cannot afford such perks, but the narcissistic Also Slender wants to ensure that we celebrate her success. Applause, everyone. – Never Was Slender, Still Working

**Dear Never Was Slender, Still Working:** Your letter is made up of excuses and deflection. This might seem like tough love, but there are plenty of working-class people who are in great shape, and there are plenty of financially successful people who are in terrible shape.

It is not fair to take away Also Slender's victory and chalk it up to wealth. People can choose every day whether or not to move their body and exercise. And every day, people can choose what foods they will eat to nourish their body.

Please stop seeing yourself as a victim of circumstances and instead see yourself as the beautiful person you are. The more you do that, the better you

will feel about yourself and the less you will need to put down those who have found success.

**Dear Annie:** My experience 25 years ago with my wife, the mother of our two young sons, was similar to Betrayed by Soulmate's. She changed from being the best mother two little boys could ever wish for to the worst mother they could be cursed with.

No need to go into details here. About 10 years after her change, and the end of our family unit, I read an article by the National Alliance on Mental Illness explaining the behaviors of people with bipolar disorder. I had never heard of this illness. My wife had 12 of the 15 behaviors. Fast-forward another 12 years and she took her life.

Bipolar disorder has the highest rate of successful suicide of the many mental illnesses.

It took me years to realize that I needed to educate myself about mental illness. Most of us don't know or realize how many people in our lives are impacted by a mental illness.

Thank you for your educational column, and for helping us realize we all have shared experiences. – Anonymous

**Dear Anonymous:** Your story is sad but enlightening. Raising awareness of mental illness is very important. I am so sorry that you lost your wife and that she was taken by this disease. I hope your letter alerts those

who find themselves in a similar situation and are suffering.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

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# If only I had learned about my diabetes before damage was done.

Matthew - \$60 donation

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## Thank you



**Would you like to say thank you to someone who has been helping you out or the community during the Covid-19 crises - a neighbour, caretaker, cashier, delivery person, etc.**

**The Record and Brome County News is publishing a special section on April 28 to thank the people who are keeping our communities safe.**

**Send in your message and photo (optional) before April 21, 2020 to be included in the special section - Keeping our Community Safe.**

**Information/Email: [classad@sherbrookerecord.com](mailto:classad@sherbrookerecord.com)**

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