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## Vax tax shocker

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# THE RECORD

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WEDNESDAY, JANUARY 12, 2022

## Legault plans to charge the unvaccinated

By Gordon Lambie

Although the precise details have yet to be announced, Premier Francois Legault told the public on Tuesday that his government intends to charge unvaccinated adults in the province a "significant" fee to help offset the burden that they are placing on the healthcare network.

"We have not yet set the amount," the Premier said, adding that the government is also still in the process of sorting out the legality of the decision.

Legault compared the fee to the way that people who do not have prescription drug insurance through their jobs need to get it through the government, but he also described it as a natural consequence for those individuals who have chosen to not get vaccinated given that these same individuals represent a significantly higher proportion of the people hospitalized in the province.

The premier also reiterated the point made last week that staffing shortages represent the biggest challenge for the province at this point in time. He specified that about 1,000 additional healthcare workers are needed in the hospital system and another 1,500 in Quebec's long-term care homes.

CONT'D ON PAGE 5

## Big chill a reminder of the deep freeze



COURTESY

By Matthew McCully

It was just around this time in January 1998, after successive days of freezing rain, when Townshippers were plunged into darkness and left without power at the coldest point of winter.

Luckily, communities rallied,

providing shelter, heat and supplies to neighbours as Hydro workers reconnected the countless power lines knocked down by frozen trees and poles. Some went more than a month before getting back to normal.

Who could have guessed that Townshippers would again be tested, years later, by a very different kind of

storm.

If there's a common thread between the two events, it's that even in the doom and gloom, there are countless stories of helpers helping and working together to remain as connected as possible while waiting in the dark.

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## Weather



**TODAY:**  
SCATTERED  
FLURRIES

HIGH -4  
LOW -5



**THURSDAY:**  
SCATTERED  
FLURRIES

HIGH -1  
LOW -16



**FRIDAY:**  
A MIX OF SUN  
AND CLOUDS

HIGH -13  
LOW -27



**SATURDAY:**  
MAINLY SUNNY

HIGH -21  
LOW -26



**SUNDAY:**  
MAINLY SUNNY

HIGH -13  
LOW -15

### HAND IN HAND

# Alzheimer's Awareness Month

## Alzheimer Society

The Alzheimer Society is Canada's leading nationwide health charity for people living with Alzheimer's disease and other dementias. Active in communities across Canada, the Society provides information, programs and services to those living with a diagnosis and their caregivers. The Alzheimer Society Research Program is Canada's leading funder of research into better understanding the causes of dementia, improving treatment and care, and towards finding cures.

January is National Alzheimer's Awareness Month, and the Alzheimer Society of Canada is pleased to announce it is launching a nation-wide campaign reminding people that the organization is the "First Link" to support, knowledge and community.

A diagnosis of dementia is not easy. Making a quick connection to a community of support can make a big difference by eliminating uncertainty and unknowns. The Alzheimer Society is the first place to turn - and "First Link" is the connection to support, care, knowledge, expertise, and referrals.

First Link is the Alzheimer Society program offering approved services and information to those living with Alzheimer's or other dementias, and caregivers. It encompasses the areas of risk reduction, education, living well with the disease, community, research, and advocacy; an umbrella that brings together all aspects of the care and management of dementia in Canada.

With more than half a million Canadians living with dementia today, a number expected to reach almost one million in 10 years, the Alzheimer Society is continuing to enhance its support

## Community Changes Everything



amongst people living with dementia to meet their needs early in, and throughout, their journey.

The goal of First Link is to ensure a user of the services has the right support and information, from the time of an initial diagnosis and throughout the progression of the disease. By connecting with First Link, a user will have access to all the services available in their local area. There are a variety of different programs and services administered at the local level of societies across the country. Such services include counseling support and a better understanding of the different healthcare options in a specific province and Society. Staff will provide the appropriate access to the right services during the different stages of the disease

To get access to services and programs, users are encouraged to call their local society directly or ask their family doctor about being referred to the Alzheimer Society.

Throughout January and the remainder of the year, Canadians are invited to visit the URL: [alzheimer.ca/FirstLink](http://alzheimer.ca/FirstLink)

Today, more than half a million Canadians are living with dementia, including Alzheimer's disease and that number is expected to double to

almost 1 million over the next 10 years. The Fédération québécoise des Sociétés Alzheimer (FQSA) and the Société Alzheimer de l'Estrie (SAE), the local branch, shared that there were 163,000 Quebecers living with some form of significant cognitive impairment.

Alzheimer Societies across Canada provide programs and support services for people with all forms of dementia, including Alzheimer's disease, and their caregivers.

The SAE notes that for every person living with significant cognitive impairment, there is an average of one to three caregivers investing time, money and energy. In 70 per cent of cases, these caregivers are women.

Starting at the age of 65, the risk of developing alzheimer's or dementia doubles every five years.

The FQSA is the body representing 20 different local branches of the Alzheimer Society across the province of Quebec, doing its part to speak up on behalf of people living with the disease and other forms of cognitive impairment and also raising awareness in the general public.

For more information on the work of the Société Alzheimer de l'Estrie, visit <https://alzheimer.ca/estrie/fr> (in french only) or call 819-821-5127, extension 101



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## Ben by Daniel Shelton



HEE HEE... YOUR NOSE IS COLD!

WHY IS MAX'S NOSE ALWAYS SO COLD, GRANPA?

THAT'S NORMAL...

IT MEANS HE'S HEALTHY AND FEELING GOOD.

SO YOU'RE ALSO HEALTHY AND FEELING GOOD, GRANMA?

NO, I'M JUST COLD IN THIS HOUSE!

## Local News

Because Legault doesn't have any answers, he comes up with other ideas to talk about the situation.

# Anglade reacts to vax tax shocker

By Geoff Agombar  
Local Journalism Initiative

Monday evening, news broke late about the sudden resignation of public health director Dr. Horacio Arruda after 12 years, including throughout the full pandemic to date.

Opposition leader Dominique Anglade followed by announcing a new health minister, Monsef Derejji as part of a shuffle of her cabinet.

This set the scene for a 1 p.m. press conference by the premier assumed to focus on public health leadership and the pandemic health measures. Instead, the premier shocked the province and the country with a high drama, low detail announcement that Legault's government will impose a tax on the unvaccinated.

Public discourse immediately slammed on the breaks and flipped the high beams on the premier's surprise announcement. The Record's mid-afternoon call with Anglade for comment on the shuffle and Arruda's resignation, instead became a conversation about leadership and improvisation in the time of Covid.

**(Record) I had expected a factual conversation about the shadow cabinet shuffle, but can we start with this afternoon's shocker: the announcement a tax on the unvaccinated?**

**(Anglade)** First of all, let me tell you I was expecting after twelve days of absence of the premier at the press conference that he would come and tell us exactly what was going to happen on Monday with kids going back to school. This is what people are waiting for. Are we going back to school or not? What's going to happen? Nothing. No information whatsoever regarding back-to-school. We don't know when. We don't know how. We don't know how many rapid tests are available right now. We don't know how they are going to be deployed. It is really unacceptable. We are even more in the dark than we were before the press conference, so this is mindboggling.

The second thing I was expecting in this press conference was the fact that the arrival of a new leader of public health, that François Legault would change the way that he has been handling the [crisis team]. This is a [crisis team] that is mostly political. There is no clear division between public health and the political decisions that are being made. And yet again he said, "You know, I'm going to do the same thing I was doing before and I'm going to keep on doing exactly the same." So, no change and no recognition for the need to go back to the National Assembly and have real debates.

And thirdly, to answer specifically your question regarding the measure. First of all, it's improvised. He tells us a story about a measure that he has improvised. It probably comes from a poll that he did and even the head of public health did not have an opinion

about this. Were you consulted? "Well, no, and I don't have an opinion." So, what is it based on? Would it be efficient? It raises a thousand questions that should be debated at the National Assembly.

**Where is this coming from? Why today?**

Well, probably because he wanted a diversion. He wants to announce something so that we don't talk about the fact that Dr. Arruda was maintained maybe too long in his post. He wants to change the conversation, obviously. That's why. He doesn't have an answer for going back to school on Monday. He doesn't have an answer as to how many people are going to be called to change their surgery. He doesn't have any answer on rapid testing and whether they're coming. So, let's try something else, right?

I mean, this is clearly an idea that he looked at on a poll and said I'm going to try this today.

**The premier said the tax would be "significant" but offered no specific numbers. Hardly sounds like a well-cooked proposal.**

Because it's not. And that's the issue. That's the way Legault operates regarding decisions that he makes. He improvises when he doesn't know the answer, based on intuition. And this has led us to where we are today (...) And the fact that we are not ready regarding the number of rapid tests for Quebec, it's a mistake. That fact that the schools are still not ventilated properly, it is his decision. And the fact that vaccination has been delayed, it is also his decision.

**Does this have the hallmarks of a short-term grab at a headline or is it a grab at a wedge issue for the fall election?**

It's hard to say, but I would rather think the headline right now. They're trying to get out of a bad situation that they're in without any answers to give to the population.

People are really frustrated and fed up. They don't understand why they decide to go with specific measures in Quebec that you don't see elsewhere. What is it based on? Why weren't we trying to be prepared to face this fifth wave?

Those are the questions that people have. And, because Legault doesn't have any answers, he comes up with other ideas to talk about the situation.

The two of us are having a conversation about an improvised proposal without any detail instead of having conversations about the fact that they are not prepared to return to school on Monday, and we don't have any information. They don't have a plan. They don't have a strategy.

**In your call for a special session of the National Assembly, you said MNAs are hearing questions from citizens. What citizens' questions did you want to put to the government?**

I'll take them one at a time. Returning to school. How are we going to get ourselves organized regarding outbreaks? What is going to be the protocol. How many rapid tests are we going to get? Is it going to be sufficient for primary school? We know already that they don't seem to have the right quantities for secondary school. What is the level of hospitalizations that are going to be quote-unquote acceptable in order to go back to school? Is there going to be a threshold where they say, "we can't just send the kids back to school"? What are we going to do about vaccination? Now, we're talking about third dose. What about the fifth dose? What about medication? There are new medications that are available in the market. Are we getting ready and prepared for those? These are all the questions that people have that are not being answered in those press conferences.

**Your newly named health critic tweeted three points earlier today: there should be more experts on the government's crisis team, public health recommendations to the government should be made public, and there should be separate press conference by public health leadership and the government. Comments?**

I agree with everything that was mentioned. We need to document the decisions that are being made by public health. We would like to see separate press conferences where we understand where public health is going versus where the government wants to go. More experts around the table is also a good thing because we would make decisions more based on facts and science rather than intuition and polls.

**Regarding today's shadow cabinet shuffle, why now?**

Because we are entering the new year, a year of an election. I said in December that I was going to give the portfolio of health to somebody within my cabinet and I thought it was the right time to announce Monsef Derraji.



THE CANADIAN PRESS/JACQUES BOISSINOT  
Quebec Liberal Leader Dominique Anglade responds to reporters question during a news conference

Monsef Derraji has a wide experience in health. He worked fifteen years in the pharmaceutical industry. He is a very strong manager. He just completed his PhD in public health. He also worked at the PAB, in senior homes. He has long experience, and we need to have perspective that is different, somebody that can look at things differently regarding health care. I thought it was the right time to do that right now.

**I saw a Québec Solidaire comment earlier describing the announcement as a radical measure that will hurt the vulnerable. Are you prepared to give a more direct response to the substance of the announcement?**

To me it's pretty direct when we say that we need to find out what is the efficiency of this measure. We know that it raises questions around ethics, that it raises questions around vulnerable people that are not going to be able to pay. It raises so many questions. Fundamentally you can't decide, as the leader of Quebec in the situation we are in, the worst in decades, that you come up with an idea and you are ill prepared to discuss it... It is really unacceptable. We would like to see a real debate around this.

*Editor's Note: The questions referenced in this article were paraphrased, and the interview has been edited for length. The full transcript will be made available on The Record website in the coming days.*

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# Coroner inquest resumes into Quebec long term care deaths during COVID 19 first wave

The Canadian Press

The Quebec coroner's inquest into deaths at long-term care homes during the pandemic's first wave resumed Monday after a month-long pause, and the long-awaited

testimony of Seniors Minister Marguerite Blais was delayed until Friday.

Coroner Gehane Kamel told the inquiry that Blais's testimony would be delayed by one day because of a lack of courtroom availability.

Opposition parties have said her testimony is essential for the families of those who lost loved ones in the province's long-term care network. Almost 4,000 people died in Quebec's long-term care homes, known as CHSLDs, between February and June 2020, accounting for nearly 70 per cent of the deaths reported in the province

during the pandemic's first wave.

Hearings were scheduled to resume this week in Trois-Rivieres, Que., northeast of Montreal, with testimony from two Health Department officials and Blais.

Kamel said that testimony from Martin Simard, who is responsible security inside Health Department facilities, was scheduled for Monday but was postponed because of a last-minute "setback."

She said Simard's testimony is critical to understanding what security measures were put in place inside the long-term care network between January and March 2020. Kamel did not say when his testimony would take place.

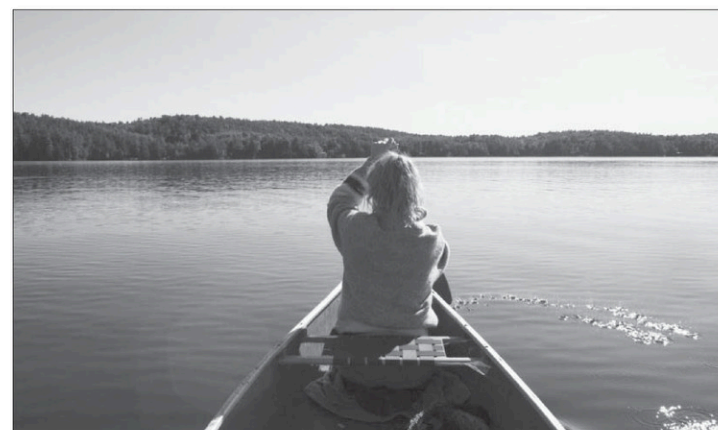
Pierre Lafleur, a former political aide in the Health Department responsible for quality control and planning, took the witness stand on Monday.

## Reflections on a year of record-keeping



ON THE HOOK

ANDREW HOWARTH



ANDREW HOWARTH

*At its best, an outdoor journal will increase your chances and degree of success in 2022—at the very least, journaling will add to your memory bank.*

like hiking and paddling. My entries include records of cloud cover, air temperature, wind speed and direction, and atmospheric pressure across an entire day. I also record water conditions, such as temperature and clarity. It's important to identify the factors and conditions which relate directly to your preferred activity, and record them habitually.

After weather conditions, I record some basic information on my effort and catch for a given outing: I note the duration of my effort in hours, as well as the number of fish hooked and landed. This allows me to quantify success, and compare my results across different weather and water conditions. I'm convinced that life is far too short to spend time fishing in poor conditions, and would like to spend my limited free time as wisely as possible. Collecting data on effort and catch allows me to make educated decisions about when, and when NOT to venture out.

To 'round out' a journal entry, I make some qualitative notes that range from nonchalant musings to elaborate speculations. Though casual in nature, these entries can provide major insights. Often, the 'Notes' section of an entry will include a hypothesized explanation for some strange occurrence or noteworthy result from the day: for example—after an unusually fish-filled day—I might speculate about the possible connection between the recent or upcoming full moon and its connection to my 'good luck.' Other times, I'll make a note about the exceptional fish that my friend landed, or the otter that floated by while I fished my way along his river home. Notes don't need to be rigorous and informative to earn a place in my outdoor journal—sometimes, good memories are more than enough.

As your outdoor journal grows richer and more extensive, so will your ability to connect the dots: why am I successful on some outings, and not on others? What water temperature is best when fishing for spring lake trout? How much time did I spend outdoors this year, and was it worth it? These questions become answerable when one commits to some form of record-keeping—consider starting an outdoor journal in 2022.

### 2021 Babies!



Proud parents, grandparents, aunts and uncles, show off your pride and joy in our "Babies of 2021" edition of The Record to be published on January 28, 2022.

Mail or email a colour photograph of the baby with: baby's name, birth date, parents' name, hometown and 10 words describing the little tyke, along with \$20. (taxes included), daytime phone number and a stamped, self-addressed envelope to

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**RECORD**

# “We’ve never been busier”

## Mental health first aid courses in high demand

By Gordon Lambie  
Local Journalism Initiative

It's not unusual for public spaces and workplaces to have a first aid kit on hand, equipped with bandages, antiseptic swabs, and a range of other emergency intervention tools in case someone injures themselves. Similarly many workplaces have taken to offering occasional first aid and/or CPR training on the understanding that having someone available who can respond quickly in the case of a crisis can sometimes mean the difference between life and death.

Less known, but growing in popularity, is the mental health first aid course.

“When you do physical first aid you learn how to do CPR and all those kinds of things. When you're working with something related to the brain, there are different approaches,” said Michael Pietrus, Director of the Mental Health Commission of Canada's Mental Health First-Aid program and its Opening Minds stigma prevention program. “What we try to do is provide people with training so they know how to respond to an incident or support somebody who may be experiencing a decline in their mental wellbeing or mental health, or who may actually be in a crisis like a panic attack.”

Although the strategies and the situations involved are different from responding to broken bones or heat stroke, Pietrus said that mental and physical first-aid courses are similar to each other in that they aim to help people know how to identify and respond appropriately to crises.

“The goal in both cases is

to stabilize the situation until professional help can be provided,” he said, suggesting that someone who has taken the mental health course is better prepared to tell the difference between a person who is having a bad day and one who is at risk of harming themselves.

The Mental Health Commission offers a wide range of courses suited to different environments and circumstances, but Pietrus said that they all revolve around the same baseline approach.

“The centrepiece for mental health first aid is something we call ALGEES,” he said, explaining that the acronym stands for Approach and assess, Listen non-judgmentally, Give reassurance,

Encourage the person to get appropriate professional help, Encourage self help and other support strategies, and Self care.

The director put a strong emphasis on the importance of non-judgemental listening.

“The problem is that mental illness is so stigmatized that people often don't know what to do or are afraid to step in,” he said, “but people don't change their behaviour and attitudes for no reason; there's usually something behind it.”

In many cases, Pietrus said, just taking the time to engage and really listen can help.

“We're not asking people to diagnose, just to be vigilant,” he continued. “Much like a first aider at work, the mental health first aider can intervene with confidence because they have a far better understanding that people with mental illness are not dangerous, in fact they're far more likely to be a victim than a

perpetrator.”

In addition to not usually being dangerous, the program director said that people with mental health challenges are extremely common.

“By the time a Canadian reaches 40 years of age, they have a 50 per cent chance of experiencing a mental illness themselves,” he said, sharing that before the pandemic hit, more than one in five Canadians experienced a mental health problem each year.

“You can imagine what the situation is like now,” Pietrus said. “You're dealing with isolation, anxiety, job loss, all of the things that are happening now with the Omicron outbreak; it's very tough for people.”

Despite how common the issues are, however, Pietrus also said that the commission's data shows two out of three people won't ask for help with mental health challenges out of fear.

“People often report that the stigma is far worse than the illness itself,” he said, citing fear of being labeled ‘crazy’ or ‘unstable’, and pointing out that the community often doesn't respond to mental illness in the same way it does physical ailment.

“Nobody calls them up. Nobody sends any flowers. Nobody checks in on them, which is horrible,” the director said. “Those on stress leave don't get casseroles, they get isolated.”

Although not as well known as their physical health counterparts, mental health first aid courses are not new. Pietrus said that the program was first developed in Australia by Betty Kitchener and Anthony Jorm in 2001, and brought to Canada by

the Alberta Mental Health Board in 2007. The Mental Health Commission of Canada began to implement it on the national level in 2010, and since that time, has trained almost 572,000 Canadians.

The director did note, however, that there was a huge increase in interest and awareness around the courses over the last two years.

“We've never been busier,” he said. “In the 14 years that I've been with the commission I have never seen the interest in mental health that I see now.”

As a result of pandemic restrictions, the courses offered by the commission had to be adapted to online and hybrid formats, but Pietrus said that after an initial scramble to adapt, the end result has actually been fairly positive.

“In one respect the pandemic has had a bit of a silver lining, so to speak, in that people are recognizing that they need help or they need support, or they want to support others.”

The Mental Health Commission of Canada's courses are conducted by a large network of trainers and organizations across the country, on both a regular and occasional basis. On the local level, trainings have been hosted by Townshippers' Association in the past, and a representative of the CIUSSS de l'Estrie - CHUS told The Record that the regional healthcare establishment is looking to build the training into some of its public outreach work in the region this year.

For more information on the courses visit <https://mentalhealthcommission.ca/training/mhfa/>

# Quebec's tax on the unvaccinated could enhance inequity: Black Health Alliance

By Laura Osman  
The Canadian Press

The Black Health Alliance says Quebec's proposal to bring in a financial penalty for unvaccinated residents risks further entrenching inequities in Canada's pandemic response and eroding trust in the government.

Quebec Premier Francois Legault announced Tuesday the province is working on a health-care “contribution” that would be charged to all adults who refuse to get vaccinated against COVID-19.

Provinces do not keep socioeconomic or race-based data

about who has or hasn't received a full slate of shots, but several health equity experts say there is evidence some have fallen through the cracks.

Black Health Alliance executive director Paul Bailey says the tax could punish people who have been hesitant to receive vaccines because of historic and present-day injustices, or face systemic barriers to accessing the vaccine.

He suggests instead doubling down on proven measures of combating vaccine hesitancy by engaging with people in a culturally responsive way.

He says a tax would only set those efforts backwards.

## Covid

CONT'D FROM PAGE 1

Legault made these announcements in the company of Dr. Luc Boileau, Quebec's new interim provincial director of public health.

This was Boileau's first public appearance in his new role following the resignation of the previous director, Dr. Horacio Arruda, on Monday evening.

In his resignation letter, Arruda cited recent questions around his credibility as the cause of “erosion” in the population's willingness to follow public health guidelines.

“In this context, I consider it appropriate to offer you the chance to replace me before the end of my current term as the (Provincial Director of Public Health),” he wrote.

Legault and a number of other political figures in the province expressed appreciation for the work done by Arruda over his time as director, but opposition parties suggested that he is acting as something of a scapegoat for the

Legault government's decisions.

Prior to taking on the interim role, Boileau was the President of the province's institute for healthcare excellence (INESS).

The number of hospitalizations related to COVID-19 in the province increased to 2,742 on Tuesday, about half of which were so-called ‘secondary hospitalizations,’ where the virus is present but not the condition of main concern. Of that total, 255 people were in intensive care, an increase of seven after 45 people were admitted to ICUs while only 38 were discharged.

The Province also recorded 62 new deaths, bringing the total since the start of the pandemic up above 12,000 to 12,028.

There were 100,448 known active cases across Quebec as of Tuesday, with the limited number of tests being conducted turning up a roughly 20 percent positivity rate.

There were 160 hospitalized with COVID-19 in the Eastern Townships on Tuesday, with 23 in intensive care.

# EDITORIAL

*Privileging hospitals over schools may be the right call ... but in a democracy, it should be debated.*

## Governments need more than just public health officials for COVID-19 lockdown advice

By David Weitzner  
Assistant professor, Administrative Studies, York University, Canada

With many jurisdictions in another phase of pandemic-driven restrictions due to the Omicron COVID-19 wave, public opinion on COVID-19 containment measures tends to be divided and based on political ideology. This is a mistake.

School and business closures over the past two years demonstrate a failure of governance. As someone who studied the lessons of the 2008 global financial crisis, it is disheartening to see the same mistakes being made again.

Back then, governments abdicated their responsibility by prioritizing the opinions of financial industry professionals with technical mastery of complex algorithmic financial modelling tools. Now, they're outsourcing their responsibilities to public health professionals with mastery of complex algorithmic epidemiological modelling tools.

In interviewing local public health decision-makers, I learned that they had pushed for lockdowns during the previous SARS crisis and the bird flu, but government pushed back. In a pandemic, public health officers draw on functional training that allows them to employ sophisticated algorithmic modelling tools to assess epidemiological risk. However, they lack the tools to understand broader risks and harms.

To be clear, one important difference is that while financial industry professionals were motivated by greed, public health professionals are not. But the evidence shows their take on problem-solving is no different than any other manager. Past studies of risk management have shown that assessments are often limited to the variables managers are most comfortable with, overestimating the good their interventions do while underestimating

the harm.

Governments need to work not just with experts in epidemiology, but psychology, business, education and community-building – anyone with a window into how we can assess the costs of lockdowns. And governments need to treat all advisers with equal skepticism.

### Choosing between competing moral goods

As a business professor, I teach that capitalism relies upon government skepticism about corporate goals. We expect businesses to push for growth and limit competition. That's why a healthy capitalist economy depends on governments pushing back with strong antitrust regulations.

Unfortunately, successive governments of all political stripes have been failing in this task. Their failures exacerbated the global crisis of 2008, and are now exacerbating the current crisis.

We expect public health officials to push for lockdowns as they focus on protecting their industry – preserving hospital capacity. In no uncertain terms, this is a moral and socially desirable good, aimed at saving lives by not overwhelming hospitals with COVID-19 cases.

But it's not the only moral good, and attaining it is not without trade-offs. Our society has never explicitly debated whether the health-care industry is more important than other critical sectors, like education. Ontario Premier Doug Ford's "it took me about 30 seconds to decide" comment justifying the latest school closures is problematic precisely for that reason. Privileging hospitals over schools may be the right call ... but in a democracy, it should be debated.

We've seen evidence that some public health officials acknowledge the trade-offs in play. Remember the open letter signed by more than 1,000 public health professionals in the United



States supporting Black Lives Matter protests in 2020 in the midst of COVID-19 lockdowns?

When signalling on an issue of social importance (racial justice) that health-care practitioners don't have the tools to improve upon since they don't control policing, it was apparently more reasonable to support easing lockdown restrictions than the social risk in entrenching a lockdown stance. That's a pragmatic trade-off in the face of competing moral goods – one we can debate.

A similar logic is on display with masking guidance. We know more about the effectiveness of masking now than at the start of the crisis. Yet, public health officials have still encouraged the wearing of ineffective masks, even though there are harms. Masking children, for example, may have negative developmental implications.

But the guidance signals a position on a divisive social issue, exemplified by Dr. Joshua Barocas, an American infectious diseases physician, who stated: "...wearing a mask can just be a symbol. It can show people that you are committed to the cause."

Again, this stance is perfectly reasonable when considering the common good. But so is an opposing opinion. These are the types of debates government should be facilitating.

### Proportionality and reciprocity

With the latest restrictions, Canadian public health officials are failing to meet their own ethical standards.

The public health ethics framework calls for "proportionality: potential benefits should be balanced against risks of harm.... If a limitation of rights, liberties or freedoms is deemed essential to achieve an intended goal,

the least restrictive measures possible should be selected" and "reciprocity: those who are asked to take ... greater or disproportionate burdens in order to protect the public good should be supported by society in doing so...."

The harm associated with the closing of schools is impossible to enumerate. How are proportionality and reciprocity being enacted for our children? How are governments going to mitigate the damage to a generation of learners, the most vulnerable of whom may never catch up?

Which is to say nothing about the repeated targeting of certain industries, like hospitality, fitness and the arts, while others – including big box retail, private long-term care homes and major league sports – have been protected, largely due to government lobbying.

The distinction between rule-makers and those who benefit from those rules has been difficult to maintain as changes in our public health environment became a destructive social and economic force.

Nonetheless, governments cannot simply promote public health officers to the position of rule-makers. Integrating health, business and social policy is a complex, multifaceted, long-term exercise. The protection and empowerment of citizens is a higher-order good which makes the freedom to create prosperity possible.

Governments need to learn from mistakes in past crises: don't over-rely on lobbyists and those with the most complex algorithmic modelling tools. Bring a multitude of voices to the table and facilitate debate on what defines the common good. There is no lockdown severe enough, or stimulus generous enough, to assure that the society that emerges after the crisis will be an equitable and prosperous one.

*The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to newsroom@sherbrookerecord.com. Preference is given to writers from the Eastern Townships.*

## THE RECORD

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# Poulin, Johnston named for Olympic hockey team

By Donna Spencer  
The Canadian Press

**M**arie-Philip Poulin and Rebecca Johnston headline Canada's Olympic women's hockey team roster unveiled Tuesday.

The two women will represent Canada for the fourth time in their careers after winning Olympic gold in both 2010 and 2014, and silver in 2018.

The 23-player roster of three goaltenders, seven defenders and 13 forwards was announced virtually by Hockey Canada.

Thirteen women return from the team that lost 3-2 in a shootout to the United States in the 2018 gold-medal game in Pyeongchang, South Korea.

Canada opens its bid to reclaim gold Feb. 3, which is the day before the opening ceremonies, in a preliminary-round game against Switzerland in Beijing's National Indoor Stadium.

The gold-medal game is Feb. 16.

Twenty-nine players centralized in Calgary in July to begin Olympic preparation. Defender Meaghan Mikkelson and forwards Victoria Bach and Kristin O'Neill were the final cuts from the team.

Defender Jamie Bourbonnais and forwards Jessie Eldridge and Julia Gosling were released Dec. 3.

Mikkelson, a three-time Olympian and the oldest player on the centralized roster at 37, didn't play games until mid-December.

A severe knee injury sustained during a

Professional Women's Hockey Players' Association game in May required surgery in June, and a long rehabilitation.

Defenders Erin Ambrose and Micah Zandee-Hart, who were released from the 2018 team, were named to the 2022 roster.

Kristin Campbell, Ann-Renee Desbiens and Emerance Maschmeyer are Canada's goaltenders.

Ambrose, Zandee-Hart, Ashton Bell, Renata Fast, Jocelyne Larocque, Ella Shelton and Claire Thompson round out the defenders.

Emily Clark, Melodie Daoust, Sarah Filmer, Brianna Jenner, Emma Maltais, Sarah Nurse, Jamie Lee Rattray, Jillian Saulnier, Natalie Spooner, Laura Stacey and Blayne Turnbull join Poulin and Johnston at forward.

Canada edged the United States 3-2 in overtime Aug. 31 for its first women's world championship since 2012. That world championship was rescheduled and relocated to Calgary after Nova Scotia cancelled the April tournament.

Canada's women have played a combined 27 games since July in the world championship, and against the United States and Finland women, male Junior A and under-17 teams and the Professional Women's Hockey Players' Association (PWHPA).

A nine-game Rivalry Series against the U.S. was curtailed to six games, however, due to COVID-19 cases on the Canadian team, which also delayed the Dec. 22 announcement of the Olympic roster.



**Time to make an appointment for your COVID-19 booster dose.**

**Follow the vaccination sequence and book your appointment when it's your turn.**

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16+



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1 833-621-0766 or [adulted@etsb.qc.ca](mailto:adulted@etsb.qc.ca)



**Death**



**Diane WEST**

1954 - 2022

At Ste-Croix Hospital in Drummondville, on January 7, 2022, Diane West of Drummondville passed away at the age of 67, daughter of the late Rodney West and the late Thérèse Duquette.

Diane is survived by her brothers Bruce West (Maryse Beaudoin) and David West; her nephew Jonathan Blais, other cousins, relatives and friends.

Given the current circumstances and in accordance with the instructions of the Director of Public Health, the funeral will be postponed to a later date, please consult our website for more information.

J.N. Donais, Coopérative funéraire  
Tel 819-472-3730  
Funeral info line 819-477-5924  
www.jndonais.ca

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Funeral info line 819-477-5924  
www.jndonais.ca

**Death**



**Grace Betty Mitchell CAMBER**

November 5, 1934 - January 6, 2022

It is with great sadness that we announce the passing of Grace Betty Mitchell. Grace passed away peacefully at the Hotel Dieu on January 6, 2022 in her 88th year. Grace will be greatly missed by her husband of 8 years, Hugh Camber, her sister Georgina (Kevin) and her brother Alfred (Lisa).

Grace was predeceased by her sisters Isabelle (Clarence) and Ruth. As well as her late husband Neil Gautrey, father of Susan (George), Sharon (Jean), Frederick, Lorne (Jacinthe), Barry and Jeffrey (Lori). Grace was also spoiled by her 6 grandchildren Jennie, Cindy, Melanie, Amanda, Tracy and Danny, along with 10 great-grandchildren.

Grace was also stepmom to Charles (Lyne), Allan (Anick), Bill (Karen) and Cecil (Suzie), along with 8 grandchildren Maika, Casey, Aaron, Mia, Mayson, Evan, Jack and Dylan.

Many nieces, nephews and close friends will sadly miss her.

Grace was a very friendly and caring person who loved her family and cherished time spent with those she held dear. There was no task she would not tackle, she was a great cook, loved the ocean and the outdoors, especially fishing and she had a huge heart for animals.

The family wishes to extend thanks to the staff at Grace Village for being so caring and to the Hotel Dieu Hospital for the great care from the medical staff during these very difficult times.

Due to the current public health restrictions, a private graveside service will be held at a later date.

STEVE L. ELKAS FUNERAL HOME  
4230 Bertrand-Fabi, Sherbrooke QC  
info@steveelkas.com

PHONE: 819-565-1155  
FAX: 819-820-8872  
www.steveelkas.com



**In Memoriam**

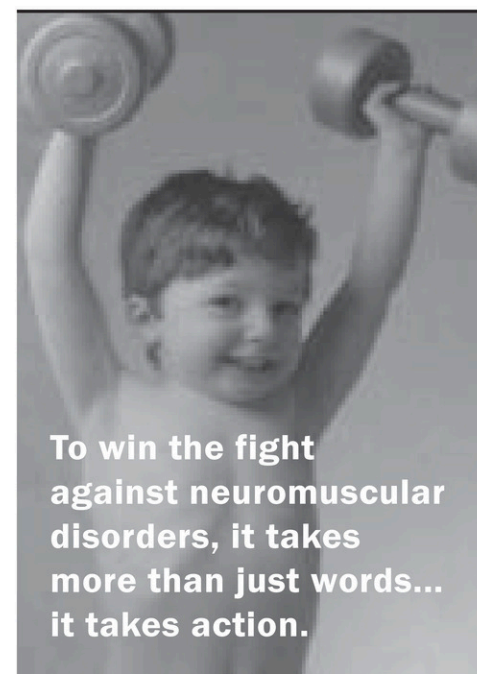
**Marion G. (née Kerr) BLACKADDER**  
December 12, 1929 - January 12, 2012

**Robert A. BLACKADDER**  
July 8, 1934 - January 19, 2020

*We thought of you with love today  
But that is nothing new  
We thought about you yesterday  
And the days before that too  
We think of you in silence  
We often speak your name  
All we have are memories  
And your picture in a frame  
Your memory is our keepsake  
With which we'll never part  
God has you in his keeping now  
We have you in our hearts*

Always remembered and loved,

**FLOYD KERR  
BRUCE & BRIAN PORTER,  
BRUCE & AMY BLACKADDER  
SPOUSES, GRANDCHILDREN  
AND GREAT-GRANDCHILDREN**



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**Date Book**

WEDNESDAY, JANUARY 12, 2022

Today is the 12th day of 2022 and the 23rd day of winter.

**TODAY'S HISTORY:** In 1915, the U.S. House of Representatives rejected a constitutional amendment to give women the right to vote.

In 1932, Hattie Wyatt Caraway of Arkansas became the first woman elected to the Senate.

In 1991, a divided Congress authorized President George H.W. Bush to use force in expelling Iraq from Kuwait.

In 2010, a 7.0 magnitude earthquake in Haiti destroyed a majority of the buildings in Port-au-Prince and left more than 100,000 dead.

**TODAY'S BIRTHDAYS:** Jack London (1876-1916), author; Tex Ritter (1905-1974), singer/actor; Joe Frazier (1944-2011), boxer; Tom Dempsey (1947-2020), football player; Kirstie Alley (1951- ), actress; Rush Limbaugh (1951-2021), radio personality; Howard Stern (1954- ), radio personality; Christiane Amanpour (1958- ), TV journalist; Jeff Bezos (1964- ), Amazon.com founder; Rob Zombie (1965- ), singer-songwriter/director; Zack de la Rocha (1970- ), singer-songwriter; Naya Rivera (1987-2020), actress; Zayn Malik (1993- ), singer-songwriter.

**TODAY'S FACT:** Amazon.com opened for business online in 1995, but it didn't make a profit until 2002.

**TODAY'S SPORTS:** In 1969, the New

York Jets fulfilled quarterback Joe Namath's guarantee of a win with a 16-7 victory over the heavily favored Baltimore Colts in Super Bowl III.

**TODAY'S QUOTE:** "The more imperfect your life has been, the prouder you should be, because it means you've come that much further, and also probably had a lot more fun along the way." - Naya Rivera, "Sorry Not Sorry"

**TODAY'S NUMBER:** 24 - women in the U.S. Senate at the start of the 117th Congress in 2021.

**TODAY'S MOON:** Between first quarter moon (Jan. 9) and full moon (Jan. 17).

**RATES and DEADLINES: ANNOUNCEMENTS & NOTICES**

**BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:**

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

**BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:**

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

**WEDDING WRITE-UPS:**

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

**DEADLINES FOR DEATH NOTICES:**

For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# Going mobile

Dear Annie

WEDNESDAY, JANUARY 12, 2022

**Dear Annie:** When I was 10, I began asking for a phone. Every kid in my class had one, and I was being left out and bullied because I was the only kid without one. Now, three years later, I finally have a phone!

But my mom has restricted my access to it; I can use my phone only when she says so. I'm not allowed to text my friends – even though it's the only way to keep in touch now that we aren't in any of the same classes. The same applies to social media. No Instagram or Snapchat. My mom doesn't love technology, and she doesn't understand that this is the only way to keep in touch. Is she right that I'm being unreasonable? Please help! – Odd Girl Out

**Dear Odd Girl Out:** I have no doubt that she has your best interests at heart and is trying to protect you from some of the very real dangers that social media and even text messaging can have. Nonetheless, technology is something that not only is here to stay but is going to become even more present in our lives. Have a conversation with your mother about this, and try to understand her reasons for keeping you off social media.

Perhaps once you have that conversation, you will better understand why she is hesitant and you two can come up with a compromise, such as putting privacy settings in place, restricting certain features and ensuring that the social media sites know your age.

**Dear Annie:** I've been reading letters from people complaining and/or asking about what to do about not receiving thank-you acknowledgments. Here is the other side of that dilemma. What does one do when receiving gifts that for whatever reason are unfortunate picks for the receiver? I feel as if I'm lying when I say "thank you." I've tried not sending a thank-you, but that felt icky and did not work. – You Shouldn't Have

**Dear You Shouldn't Have:** Tell the gift-givers that you've appreciated all their gifts over the years but decided to ask for donations in your name to your favorite charity instead of physical presents. That's something you can all feel good about.

**Dear Annie:** I have a resource for "Heartbroken Sibling," whose sister was in a car accident and is now living with a traumatic brain injury. I would encourage "Heartbroken Sibling" to look into LoveYourBrain, an organization created by former professional snowboarder Kevin Pearce. After Pearce sustained a nearly fatal

brain injury, he and his brother Adam started LoveYourBrain to create a community of survivors of traumatic brain injuries and their caregivers. The organization empowers survivors to take their healing into their own hands and has many helpful resources and workshops that could bring peace, new meaning and even healing to "Heartbroken Sibling" and his/her sister's lives. – Reframe Your Mindset

**Dear Reframe Your Mindset:** Thank you for letting me know about LoveYourBrain. It seems to be a wonderful resource. Readers can find out more at <http://www.loveyourbrain.com>.

**Dear Annie:** Politics took over as the main topic at our holiday dinner. I don't mind open debate among parties with differing views, as long as those debating have logical and fact-supported positions. Our dinner usually goes smoothly, as everyone gets along and, despite differing opinions, we all can adequately defend our positions. Dinner will come and go, and all are happy.

This year, my dad's brother joined us for dinner. He recently got divorced and was angry that he was with us and not his family. He was taking outlandish positions and making up arguments to support himself. He attacked everyone. The whole table was ignoring him, but I couldn't help it and continued to engage. It made for an unpleasant experience for me and for all involved. What's the best way to bury my desire to engage with someone like this? – Hoping for a Better Family Dinner

**Dear Hoping:** As Mark Twain said, "never argue with a fool; onlookers may not be able to tell the difference." Try to bring that quotation to mind the next time your uncle tries dragging you down into the mud for a fight. Another strategy is counting to 10 and, if you're still angry, counting to 20. If you're still angry after that, try excusing yourself to the bathroom for a few minutes to regain your composure. As far as including him in future plans goes, though it's important to support family during tough emotional times, that doesn't mean enduring verbal abuse. Set boundaries, and don't feel obligated to extend him an invitation to your next gathering if he can't agree to behave in a respectful manner.

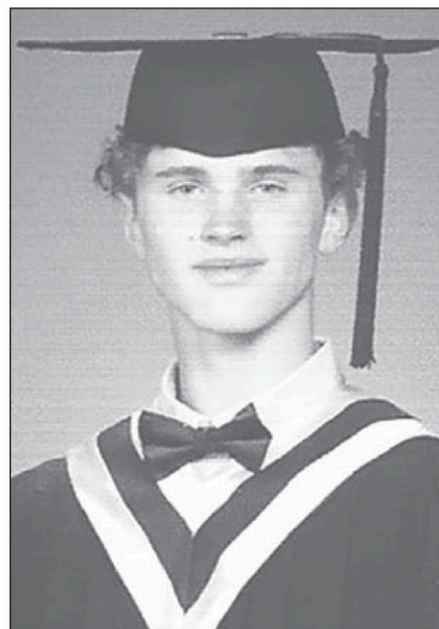
*"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology – featuring favorite columns on marriage, infidelity, communication and reconciliation – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.*

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

# Compton County Women's Institute awards four bursaries of \$300 each

The Women of the Institute are happy to congratulate the following bursary winners and wish them every success in their studies and the careers that lie ahead.

Donavan Walker of Scotstown received a Woman's Institute Bursary. Donavan is studying Social Science with a psychology profile at Champlain College and would like to have a career in teaching.



Logan Robidas of Waterville won the Hon. C.D. French Memorial Bursary. Logan is studying Pure and Applied Science at Champlain College and would like a career as a forestry engineer.



Liberty Lloyd from Compton also received a Woman's Institute Bursary. Liberty is studying Farm Management Technology at MacDonald College with the goal of owning her own dairy farm.

Three Compton County Women's Institute Bursaries were awarded as follows:



Logan Rodger of Compton won a Woman's Institute Bursary. Logan is in the Commerce program at Champlain College. He would like a career as an estimator.



*I'm gonna be a Fireman someday.*

**Muscular Dystrophy Association of Canada**

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### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"E' UK ZWDZNX GK KP ZV VSK  
EPVKYXKHVECP CT HCBIIJVKYX  
ZPM DSZVKUKY VSKN HZP  
YKUCWJVECPERK." — OKTT GKRCX

Previous Solution: "As women we go through so much pain. We have to live this perfect life when we are messed up inside." — Mary J. Blige

TODAY'S CLUE: W sjenbø g

### REALITY CHECK

**IGFOOT'S INSTAGRAM FEED:**

**Instagram**

**A. Leon**  
VACAY!  
Are you near? Come visit me at the Loch!

**Lock Nessie**  
MonSTR  
Myth you, Biggie!

**Uni Horn**  
Abominable Sno, man  
Must be nice! I'm freezin' my nuts off here!

**Ralph**  
Go nuts!

Guess where I am? This doesn't suck! LOL

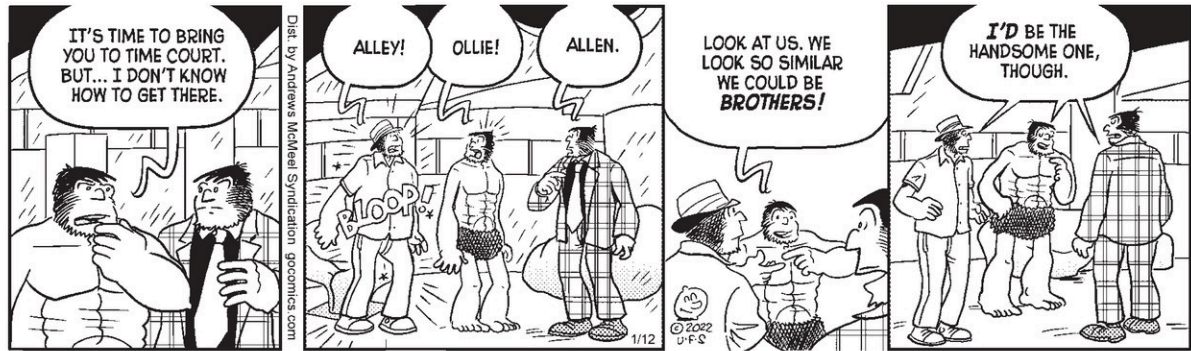
1/2 **WHAMAND**

### HERMAN



"D'you believe this?! It said, 'Umbrellas 50% Off.'"

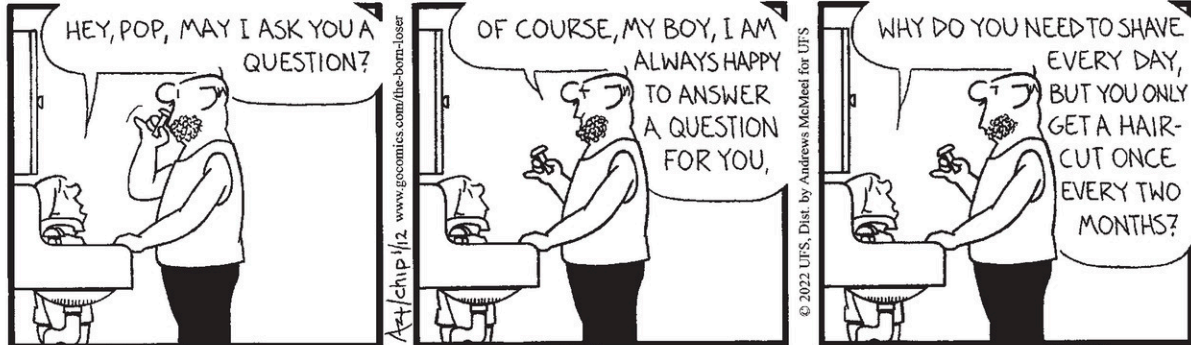
### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



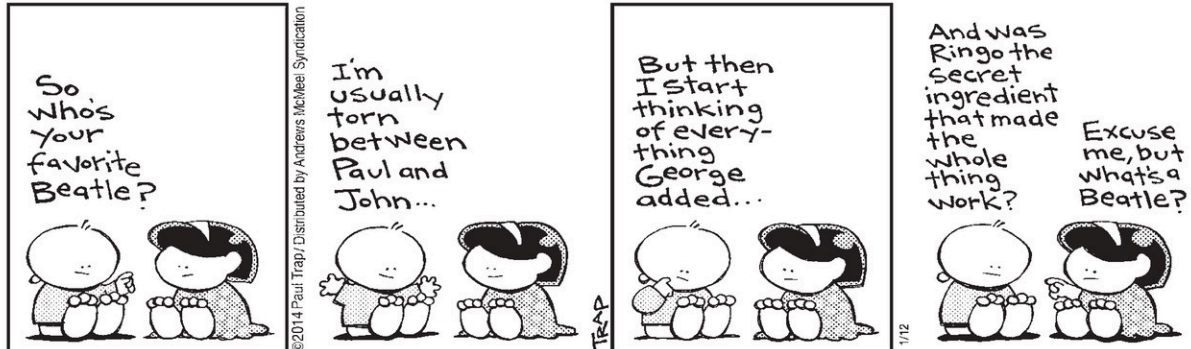
### FRANK AND ERNEST



### GRIZZWELLS



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 E-mail: classad@sherbrookerecord.com  
 or Knowlton: (450) 242-1188 between 9:00 a.m. and noon

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The Record is looking for a carrier in Lennoxville to start at the end of February 2022 for the following streets:

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- Baker
- Meade
- Speid

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If interested, please contact our offices by phone at **819-569-9528** or email at **billing@sherbrookerecord.com**

# New year - time to check off your to-do list

(NC) As we enter 2022, many of us begin to make checklists of what we hope to accomplish in the new year. These moments of self-reflection and self-improvement can come in different ways, and for some managing finances and protecting what matters is at the top of the list.

The new year is the perfect time to take inventory of important assets and whether they're protected with insurance plans. Here are a few insurance considerations to protect the people and things that are most important to us.

Car accidents are unexpected events that can happen. With cars being some of Canadians' most expensive assets,

it's important to ensure you have the best coverage for any turns and detours life may throw your way.

Take stock of the possessions in your home. Especially after the holidays when expensive gifts may have been received, it's wise to ensure your prized possessions are covered under your home insurance policy.

There are also other types of coverages, like optional TD Mortgage Critical Illness and Life Insurance, which can help protect your home by paying off or reducing the outstanding balance on your TD mortgage in case of a covered critical illness or death. Find more information at td.com regarding mortgage protection insurance.

# SUDOKU

DIFFICULTY RATING: ★★☆☆☆

4		1		6	5	2		
8				1				3
	5	2	4	9				
	2		5	3				1
	3			2			6	
9				8	6		3	
				7	1	3	9	
5				4				8
		3	2	5		6		4

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## PREVIOUS SOLUTION

9	6	4	1	3	2	5	8	7
2	3	7	9	5	8	4	1	6
8	1	5	6	7	4	2	3	9
1	8	6	4	9	3	7	5	2
5	4	9	2	8	7	3	6	1
3	7	2	5	6	1	9	4	8
6	9	1	7	4	5	8	2	3
7	5	3	8	2	6	1	9	4
4	2	8	3	1	9	6	7	5

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.



**CLASSIFIEDS WORK!**  
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 THE RECORD Classifieds

**New Office Hours**

**THE RECORD**

Please note that  
**The Record office will be closed at noon on Fridays.**

**Office hours:**  
 Monday to Thursdays from 8:30 a.m. to 4:30 p.m.  
 Fridays from 8:30 a.m. to noon.

**Subscriptions:** 819-569-9528, billing@sherbrookerecord.com  
**Advertising:** 819-569-9525, classad@sherbrookerecord.com  
**Newsroom:** 819-569-6345, newsroom@sherbrookerecord.com

# NEA Crossword Puzzle

# Your Birthday

WEDNESDAY, JANUARY 12, 2022

**GEMINI (May 21-June 20)** – Put your energy where it counts. Learn all you can, and you'll be prepared to take on anyone and anything. Trust in your intelligence and instincts, and you will best a competitor.

**CANCER (June 21-July 22)** – A positive shift is heading your way. Be open to suggestions and offer friendly advice. What you want will fall into place. A partnership looks promising. Use your imagination.

**LEO (July 23-Aug. 22)** – Revisit your long-term goals. Make adjustments that will encourage support from those you need on your team. A change of attitude is encouraged.

**VIRGO (Aug. 23-Sept. 22)** – Tidy up loose ends. Time is of the essence, and living up to your promises will be necessary to avoid criticism. Put your heart on the line, and be open with your affections.

**LIBRA (Sept. 23-Oct. 23)** – You're heading in the right direction. The information you gather will help you recognize the changes required to reach your goal. Embrace an adventure, but don't push others to get involved.

**SCORPIO (Oct. 24-Nov. 22)** – Explore what life has to offer and how others fit into your plans. Expand your workspace if it will help you get ahead. Attend a meeting or event that offers valuable information.

**SAGITARIUS (Nov. 23-Dec. 21)** – If you mix business with pleasure, you'll discover something interesting that will encourage you to use your skills differently. Don't feel compelled to act in haste due to outside pressure.

Evaluate your living arrangements and do whatever it takes to add to your comfort. A healthy state of mind will ensure that you do your best in every aspect of life. Gravitate toward the people, activities and events that will encourage you to follow a satisfying path and support the lifestyle you want to live.

**CAPRICORN (Dec. 22-Jan. 19)** – Take the time to assess your priorities, and make sure you do something that puts a smile on your face. Surround yourself with people who are uplifting and eager to join the fun.

**AQUARIUS (Jan. 20-Feb. 19)** – Take a creative approach to the way you handle a friend, relative or colleague. Offer to do your fair share; you'll be surprised how quickly things progress.

**PISCES (Feb. 20-March 20)** – You'll receive sound advice or an opportunity from someone who knows your capabilities. A change in direction will boost your confidence. Set up meetings or interviews, or send out resumes.

**ARIES (March 21-April 19)** – Keep your wits about you and your finger on the pulse. Update information and carry on with confidence. Refuse to let what others do distract you. Channel your energy into preparation.

**TAURUS (April 20-May 20)** – Don't overthink what you must do. Trust in your ability to do what's right, and you'll avoid mistakes and deter someone from trying to take control. Stand tall and give your all.

## Answer to Previous Puzzle

A	M	P	S		D	O	D	O		E	K	E	
N	E	A	T		E	W	E	R		T	E	N	
N	O	I	R		I	N	F	A	N	T	R	Y	
A	W	N	I	N	G	S		T	I	A	R	A	
			C	O	N		B	E	N				
K	Y	O	T	O		A	R	D	E	N	T		
E	A	T		N	I	K	E		S	U	E	D	
A	R	T	S		R	I	D	E		K	A	Y	
			D	O	M	A	I	N		G	E	E	S
					E	D	S		R	A	P		
A	L	G	A	E		K	O	D	I	A	K	S	
F	A	I	R		P	L	A		L	I	N	E	
R	I	B			T	E	R	A		O	D	O	R
O	D	E			S	E	L	L		G	A	T	E

- ACROSS**
- 1 — choy
  - 4 Triumphant cry
  - 7 A Ponderosa son
  - 11 That, to Jaime
  - 12 Popcorn add-on
  - 14 Exhaust
  - 15 Underhanded
  - 16 Fodder storage
  - 17 Caesar's garment
  - 18 More quickly
  - 20 Belgian sleuth Hercule
  - 22 Hesitant sounds
  - 23 Damage the finish
  - 24 Attic item
  - 27 Packing a wallop
  - 30 Sweet wine
  - 31 Claptrap
  - 32 Ooola's guy
  - 34 Floor covering
  - 35 Maine, from Oregon
- DOWN**
- 1 Porgy's love
  - 2 King Harald's capital
  - 3 Floor for good
  - 4 Say confidently
  - 5 Salon sweepings
  - 36 Siskel or Kelly
  - 37 Traffic circle
  - 39 Violinist's aid
  - 40 Ozarks st.
  - 41 Not decaf.
  - 42 Garlicky dish
  - 45 Like some battles
  - 49 Opera box
  - 50 Billionth, in combos
  - 52 — Paulo
  - 53 Difficult duty
  - 54 Wins at rummy
  - 55 Curve
  - 56 Insect pest
  - 57 Caustic substance
  - 58 Talk, talk, talk

- 6 Each and every
- 7 Threads
- 8 Name in fashion
- 9 Ship of myth
- 10 Steaks
- 13 Highest
- 19 Bluebird's residence
- 21 Court ritual
- 24 Paramedic's skill
- 25 College credit
- 26 Syllogism word
- 27 Small bunch of flowers
- 28 Thumbs-down votes
- 29 Writer Morrison
- 31 Yapping
- 33 Not a pencil
- 35 Marshal Wyatt —
- 36 Vincent van —
- 38 Least exciting
- 39 Rest
- 41 Watery
- 42 Plow through
- 43 NE state
- 44 Water, to Pedro
- 46 "Do as — —!"
- 47 Angelina Jolie role
- 48 Deadbolt
- 51 Catch a bug

1	2	3		4	5	6		7	8	9	10	
11				12			13		14			
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18				19				20	21			
				22				23				
24	25	26				27			28	29		
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34						35			36			
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42	43	44						45		46	47	48
49						50	51			52		
53						54				55		
56						57				58		

WEDNESDAY, JANUARY 12, 2022

## Usually, look for more in your hand

By Phillip Alder

Dr. Leo J. Burke quipped, "People who say they sleep like a baby usually don't have one."

Bridge deals usually follow the textbooks, but occasionally one comes along that requires some unusual planning.

In today's deal, how should South have played in six spades after West led the heart queen?

The first two bids of the auction were artificial, South showing some type of strong hand, and North suggesting 0-7 points. After two natural bids, South's four clubs was a control-bid expressing interest in a slam and promising a first-round control (ace or void) in that suit. North control-bid in return. South jumped to six spades, knowing the diamond ace was missing.

South saw two losers: one heart and one diamond. He had only 11 winners: five spades, two hearts, two diamonds and two clubs. To get an extra trick, you often try to ruff a loser in the shorter trump hand. So, you look for a side suit with more cards in your hand than on the board. Here, though, at the start, there wasn't one. However, one could be imploded.

North		01-12-22	
♠	J 7 2	♠	8 4
♥	A 8 5 3	♥	7 4
♦	4	♦	10 9 6 5 3
♣	9 7 6 3 2	♣	Q J 10 4
West		East	
♠	6 5 3	♠	8 4
♥	Q J 10 9	♥	7 4
♦	A 8 7 2	♦	10 9 6 5 3
♣	8 5	♣	Q J 10 4
South			
♠	A K Q 10 9		
♥	K 6 2		
♦	K Q J		
♣	A K		
Dealer: South		Vulnerable: East-West	
South	West	North	East
2♣	Pass	2♦	Pass
2♠	Pass	3♠	Pass
4♣	Pass	4♥	Pass
6♠	Pass	Pass	Pass
Opening lead: ♥ Q			

Declarer won the first trick on the board with the heart ace and immediately led its diamond. West did the obvious, winning with his ace and returning a heart. South took the trick with his king and cashed his two established diamond winners, discarding hearts from the dummy. Now declarer had one heart, and dummy had none. It was time to ruff the heart six with dummy's spade jack, so that East couldn't overruff. Finally, declarer drew all of the trumps and claimed.\*