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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Sherbrooke Soldiers Monuments

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WEDNESDAY, OCTOBER 9, 2019

Pedestrian struck at Lennoxville crosswalk

By Matthew McCully

A pedestrian walking their dog was hit by a car at the crosswalk on Queen Street at Academy in Lennoxville on Monday evening.

According to the Sherbrooke Police Service, the call came in at 6:50 p.m.

According to the SPS, traffic in the lane heading towards downtown Lennoxville was stopped at the crosswalk, so the pedestrian began to cross, but the vehicle coming from the opposite direction did not see the pedestrian.

The SPS said the pedestrian suffered minor injuries and was transported to hospital by ambulance. According to the SPS media rep, there was no mention of a dog in the incident report, although it was seen tied to a sign post as its owner was being assessed in the ambulance on the scene. It is unclear whether the dog was hit by the car as well. When the ambulance left, the dog, appearing stable and able to walk on its own, was put into the back of a squad car and taken away.

Local student looking into accessibility to health services for English seniors



MATTHEW MCCULLY

By Matthew McCully

Bishop's University grad and current University of Sherbrooke Master's student Alexandra Ethier is on the

hunt for local seniors interested in participating in a research study on the accessibility to health services for English seniors living in the Townships.

Ethier explained that she got a lot of

support from the local community while studying psychology at Bishop's.

"I always said I want to give back to

CONT'D ON PAGE 3

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Weather



TODAY:
SUNNY

HIGH OF 17
LOW OF 1



THURSDAY:
CLOUDY

HIGH OF 16
LOW OF 6



FRIDAY:
CLOUDY

HIGH OF 15
LOW OF 8



SATURDAY:
SHOWERS

HIGH OF 14
LOW OF 7



SUNDAY:
60% CHANCE
OF SHOWERS

HIGH OF 13
LOW OF 3

HAND-IN-HAND

CALACS Agression Estrie



The Centre d'aide et de lutte contre les agressions à caractère sexuel (CALACS Agression Estrie) is the Eastern Townships' sexual assault centre. The group has been at work in the region for the last 40 years to stand up for and support girls and women aged 12 and older who are victims of sexual violence, their friends, and families. The community organization offers direct aid services as well as prevention and awareness campaigns to the public while it actively engages in political action to support its mission.

At the end of Septmeber, CALACS lauched a campaign focused specifically on the prevention of sexual violence in the context of intoxication, be that by alcohol, drugs, or medication. Working with the Sherbrooke Police, the organization has created posters and coasters that will be distributed in a number of local bars to help raise awareness

This campaign is focused on three main audiences: victims, potential aggressors, and witnesses of violence. It's three objectives are to:

1) Encourage victims of this kind of violence to ask for help, whether their

intoxication was intentional or unintentional.

2) Help raise awareness among the populace that consent is not possible when a person is intoxicated, and that taking advantage of someone's intoxication to make sexual advances is sexual assault

3) To incite people to protect intoxicated individuals from sexual violence by being active bystanders

Thirteen local bars are involved in the campaign at this point, The Golden Lion Pub, Boquébière, Le chat noir, King Hall, La Microdistillerie, Liverpool, Loubards, Pub Willard, Refuge des brasseurs, Resto Bar Le Figaro, Shaker, Siboire Jacques-Cartier and The Gait. Publicity related to the campaign will also be distributed elsewhere in the city, and owners of bars who are not yet participating are encouraged to contact CALACS if they are interested.

The organization is also inviting the population to a conference on workplace ethics and sexual harassment which will be presented by the Juripop legal clinic tomorrow, October 10, from 6 p.m. to 9 p.m. in the Bellevue Hall at the centre

communautaire de loisirs de Sherbrooke at 1010 Fairmount Street.

The activity will include training on how to prevent workplace misconduct and promote ethical behaviour in an environment of interactive exchange. Participants will be invited to find and analyze examples of inappropriate behaviour with the goal of improving overall response to these scenarios in real-life situations. A toolkit will be issued to all participants to serve as a reference and help in the future.

In order to ensure that there are enough resources available, those interested in participating in the conference need to call 819-563-9999 or email justice_interv@calacsestrie.com to confirm their attendance. The event is free and open to all to attend.

For more information on the work of CALACS Agression Estrie, call 1-877-563-0793. The organization's website, which features tools to quickly leave and clear traces of a visit for those who are concerned about abusers seeing their browsing history, is www.calacsestrie.com, and features information in English, French, and Spanish.



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Ben by Daniel Shelton



LOCAL NEWS

"If you are the victim of a sexual assault or some other crime against the person, the police are here to investigate and support you."

Sherbrooke crime rate down despite increases in certain areas

By Gordon Lambie

Sherbrooke's annual police report for 2018 was presented to the city council on Monday night, highlighting a 4.61 per cent reduction in the overall crime rate despite the fact that crimes against the person, which include things like harassment, assault, threats, and murder, saw an increase. This puts the city's crime rate at its lowest point in ten years.

According to Police Chief Danny McConnell, crimes against property such as breaking and entering, and theft, were down 10 per cent overall last year, which significantly contributed to the decrease of one per cent in the crime severity, despite there having been four murders in the city.

"For Sherbrooke, that is a lot," McConnell said, adding that the killings were all independent of one another and not linked to organized crime.

Although it is easy to look at an increase in reports of harassment as a negative, the police chief argued that increased reporting shows that people continue to have faith in the Police to respond to their concerns. He added that

in the era of social media it is becoming easier to provide proof of wrongdoing.

"When the proof is in hand, people feel more empowered to bring their complaint to the police," McConnell continued. "If you are the victim of a sexual assault or some other crime against the person, the police are here to investigate and support you."

While the overall crime rate suggests an improvement, the Police Chief said it would still be good for his service to have more resources, particularly with regard to its new focus on mental health services.

"Mental health plays a part in the vast majority of police interventions on the territory," he said. "It is a daily challenge."

A total of 131,103 calls were made to the police in 2018 (versus 131,238 in 2017) and 38,378 of those calls resulted in police dispatches, 14,603 police reports, and 2,010 investigations. When it comes to mental health, 1,578 files were opened regarding people with a disturbed mental state or suicidal tendencies. 2018 marked the third year in a row that the rate of crimes against the person increased.

English seniors

CONT'D FROM PAGE 1

the people who helped me," Ethier said. "This research is a way to do that."

Ethier's study is in the beginning stages and she said she is actively looking for participants.

Ethier is looking for Townshippers who identify as unilingual English, meaning they could know some French, but not enough to communicate effectively.

They should be 65 and over, living in the Eastern Townships, and they have to have attempted to use health services within the last three years.

"We want to give the most objective view of what's going on," Ethier said, explaining the 'we' includes Annie Carrier, Ethier's research supervisor.

"I'm not a health professional," she added, saying she believes being a student outside the health industry may make it easier for participants to open up.

According to Ethier, the plan is to meet with each participant once, for around an hour, to an hour and 30 minutes. There is no limit to the interviews she intends to conduct. "I have no due date. I need to meet people," she said, explaining that she will continue until she has an appropriate sample of participants from all corners of the Townships.

Ethier said the meeting would be a semi-structured interview starting with a few open-ended questions. "Based on what they say I can explore," she said, adding that participation is voluntary, and participants would not have to answer questions they find too personal to discuss.

So far, Ethier has conducted one interview.

"There are things you can see," she said, looking forward to her next interview.

"There are no good or bad answers, it's not an exam," Ethier explained. "Just by participating, you are helping," she said.

Ethier said she is willing to travel to any part of the Townships. Affiliated with the Research Centre on Aging, Ethier's project covers the entire territory that the CIUSSS de l'Estrie-CHUS covers.

"I can go far," Ethier said. "The more diverse, the more we think it would be accurate."

Ethier has been in touch with Townshippers' Association about her project, and has started contacting local seniors' residences and community groups. She is also putting the word out at local churches to try and recruit participants.

"There is little data about English seniors," Ethier said.

She hopes that in the long term, her study can contribute to developing tools and programs to improve the wellbeing of seniors, and also increase awareness among health professionals about the realities of the English senior population in the Townships.

"You never know what to expect when you are doing research," Ethier, "there are always surprises."

Any English-speaking seniors 65 and over interested in participating in Ethier's research study can contact her directly by phone at 819-780-2220, ext 45662 or by email at Alexandra.ethier@usherbrooke.ca

Region recognizes fire prevention week

By Gordon Lambie

In the midst of fire prevention week, Sherbrooke's city council acknowledged the accomplishments of its fire department, which was recently recognized by the Mérite québécois de la sécurité civile, Quebec's civil security awards, for its work in prevention and risk awareness. The award was given at a ceremony earlier this month with regard to the 2018 awareness campaign carried out during civil security week.

The province also recently recognized former Sherbrooke fire Chief Gaetan Drouin with a medal for meritorious actions for his work during the Lac-Mégantic rail disaster in 2013.

For the remainder of the week the city will be holding awareness activities aimed at ensuring smoke detectors are working properly and adopting good fire safety habits. Municipal fire inspectors will be present

today, October 9, from 9:30 a.m. to 4 p.m. at the Carrefour Belvédère mall, and on Thursday and Friday, October 10 and 11, from 9:30 a.m. to 8:30 p.m. at the Galeries Quatre-Saisons in Fleurimont with burned out kitchen cabinets to help raise awareness.

According to the office of Quebec's Public Safety Minister, Geneviève Guilbault, more than 16,500 fires take place across the province each year, 4,500 of which are in homes and 51 per cent of which are as a result of human error. Between 2015 and 2017 131 people lost their lives in building fires, and in 35 per cent of residential fires no functioning fire safety equipment was present.

Elsewhere in the region, Magog will have a fire prevention kiosk set up at the local Canadian Tire on Thursday afternoon, and will be hosting an open house at Station one on Sherbrooke Street from 10 a.m. to 4 p.m. on Saturday, October 12.



GORDON LAMBIE
Sherbrooke Mayor Steve Lussier, Fire Chief Stéphane Simoneau, Communications Director Sara Corriveau, and Public Safety Committee Chair Danielle Berthold with the Mérite québécois de la sécurité civile at Monday night's City Council meeting.



Lennoxville Elementary School P.P.O.

Spaghetti Supper Fundraiser

Thursday, October 10
4:30 p.m. to 7 p.m.
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MENTAL ILLNESS AWARENESS WEEK: OCTOBER 6TH - 12TH

A Journey into Mania and Back Again



By Grace Mazzocca

My path to achieving peace of mind has been a long and windy one. From depression up to mania, then down to a deeper depression and finally, back up to a state of contentment.

I have a disease called Bipolar Disorder.

According to the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders)

"Bipolar disorders are brain disorders that cause changes in a person's mood, energy and ability to function... People with bipolar disorders have extreme and intense emotional states that occur at distinct times, called mood episodes."

I'm not sure that I was born with this disease, but research suggests that there is a strong genetic element. I was a moody child and extreme in my emotions, views and demands, which could have indicated the presence of this disease. This was chalked up to 'personality' in those days!

My clinical depression started with 9/11. I broke down, cried and couldn't stop crying. I was put on antidepressants. My energy came back, my negative thinking patterns started to change and I was looking

positively at a new teaching position!

Everything seemed to be going well the first year. I loved my job even though it exhausted me. But exhaustion took a toll and my medication for depression was doubled.

That's when things started going wrong mentally. I slowly felt my personality change. I became obsessive, spending hours creating posters for upcoming productions.

Physical problems began when I couldn't stomach food. Unexplained aches and pains crept in. The doctor gave me sleeping pills and told me that everything was fine. But, by that time, I was entering hypomania.

"Both a manic and a hypomanic episode include three or more of these symptoms: abnormally upbeat, jumpy or wired; increased activity, energy or agitation; exaggerated sense of well-being and self-confidence (euphoria); decreased need for sleep."

Full-blown mania was next and things started to get weird. I saw a strange cat in my house, so I impulsively went out to buy one (even though I already had 3). I started to believe that my birds were my reincarnated grandparents, so I spoke to them in Italian. The American Government had me on its 'black list' for being a political science major in university. My brain seemed to be on fire - making all kinds of connections that seemed so logical and real.

This paranoia was confirmed when 2 police officers and 2 mental health workers showed up at my door to ask if everything was alright! My worried brother-in-law had pressed my psychologist to do this. So what do you do when you have 2 cops at your door with white gloves on? You fake sanity and you don't let them in!! They left satisfied that I was not in crisis. Then my mother came to visit and I wouldn't let her in. My exact words were 'you're here to kill me'...where did that come from? I have no idea!

After many trips to the hospital, I was finally admitted to the psychiatric unit of the Hotel-Dieu and I can remember flying high in the wheelchair as they took me up!

The hospital was a great place for my mania. I took over. I started the 'smoking club' and we were a force to be reckoned with. The staff put up a sign about gambling. I had them take it down as I thought it was implying that the smokers were gamblers! I went to court against the Hotel-Dieu because I felt my rights were being violated. My husband had no choice but to testify that I needed to stay in the hospital. They gave me a Patients' Rights pamphlet and gave me 2 more weeks

in the hospital! I tried calling the police from a pay phone on my floor. I was totally convinced that my sister was taking flying lessons and would land on the roof to take me away.

My saving grace was my husband. He was there through it all...every day...like a rock. He came to the hospital with his guitar to serenade all of us.

After four weeks in the hospital and I finally started coming to. Everything seemed fuzzy - like a dream.

After six weeks I was released but still in a heightened state, looking forward to moving to a country house we bought by the river, but soon depression hit hard. That's a story for another day.

Please check tomorrow's edition of the Record for part 2: "What Goes up Must Come Down," by Grace Mazzocca.

Grace Mazzocca was a teacher for the Eastern Townships School Board, Stanstead College and Bishop's University. She now volunteers at Mental Health Estrie (MHE) as a peer supporter and workshop leader, and at the Lennoxville and District Community Aid as a driver for the Meals on Wheels program. Additionally Grace volunteers with MHE to speak publicly about her 18 years of experience with bipolar disorder in order to generate awareness in the Eastern Townships.

Sources:

<https://www.mayoclinic.org/diseases-conditions/bipolar-disorder/symptoms-causes/syc-20355955>

<https://www.psychiatry.org/patients-families/bipolar-disorders/what-are-bipolar-disorders>

Resources:

Mental Health Estrie: Support for English-speaking families and individuals affected by a mental illness. Peer support groups. One-on-one support. Information and referral. Educational events. Lending Library. Web: www.mentalhealthestrie.com Phone: 819-565-3777 Email: mhe.info@bellnet.ca

Urgence Detresse Crisis Hotline: 819-780-2222

Suicide Prevention Hotline Across Quebec: 1-866-APPELLE

Info Santé: 811 (option 1 for a nurse, option 2 for a social worker)

CLSC: Call 811 to find your local number

CHUS Hotel-Dieu & Fleurimont Hospitals: 819-346-1110

Order of Psychologists (Hotline to find a psychologist near you): 1-800-561-1223

Bill 31 tabled at National Assembly

Record Staff

Following the tabling of Bill 31, making amendments to the pharmacy act to give more power to pharmacists, the Quebec Order of Nurses and the Quebec Federation of Medical Specialists published statements offering

their thoughts about the bill along with a few suggestions.

The bill specifies that pharmacists may, in certain cases, prescribe and administer vaccines and, in emergency situations, certain other medications. It also allows them to prescribe non-prescription medications, administer a

medication by intranasal route and adjust or renew prescriptions of all prescribers, not only those of physicians. With Bill 31, pharmacists could also stop medication therapy according to a prescription or following a consultation conducted at the request of a prescriber, substitute a prescribed medication and

prescribe and interpret laboratory analyses and other tests for the purpose of monitoring medication therapy.

The bill also specifies that pharmacists may assess the physical and mental condition of a person to ensure the proper use of medications.

Nurses and medical specialists share their thoughts on Bill 31

Nurses ask for clearer wording in amendments to Pharmacy Act

Record Staff

The Quebec Order of Nurses (OIIQ) submitted a brief yesterday at the Nation Assembly as part of the consultations on Bill 31 amending the Pharmacy Act.

The OIIQ welcomes several proposed amendments that will undoubtedly promote better access to health services for the entire population and greater inter-professional collaboration.

The main recommendation made by the OIIQ concerns the reformulation of the wording of the addition, to the Pharmacy Act, of a new activity allowing pharmacists to assess a person's physical and mental condition in order to ensure the appropriate use of drugs. This activity is worded in the same way as the Nurses Act.

"There must be no ambiguity or confusion for the public between the assessment activity performed by the

nurse and that performed by the pharmacist. The evaluations are different and complementary. It is important that the patient be able to know which professional to refer to according to his or her needs. This is why we are asking that the wording of the two activities be separate," commented Luc Mathieu, President of the OIIQ.

The activity of assessing a person's physical and mental condition is at the heart of nursing practice. It is not lim-

ited to data collection. It is a complex process that requires the nurse to make a clinical judgment about a person's overall health situation in order to detect health problems. The practice of pharmacy consists in monitoring drug therapy in order to detect and prevent problems related to drug therapy. The pharmacist's assessment is not based on the same clinical approach.

See page 5 for more on Bill 31

Sherbrooke Soldiers' Monument

By Taylor McClure
Special to The Record

When we look back on the 20th century, we are presented with some of the greatest battles that our world has ever seen. With two world wars taking place during this period of time, millions of lives were lost and we can count the Canadian soldier amongst them.

As the First World War came to a close and Canada was slowly rebuilding, the public started to recognize the need to honour their Canadian soldiers. With a mass amount of lives lost and many Canadian soldiers buried abroad, people wanted them to be remembered in their country. As a result, various soldier monuments were erected in cities across Canada and Quebec, including Sherbrooke.

During the 1920s, Sherbrooke residents called upon their city to erect a soldiers' monument in memory of all who lost their lives in the Great War.

Various local organizations and associations made proposals to the city as to what could be done and presented arguments as to why a monument should be established in Sherbrooke. These proposals were put forward during a meeting with the mayor of Sherbrooke at the time, Mayor Denault, on May 17, 1921. A committee was formed to take these proposals into consideration and plans were slowly drawn up for the monument.

By 1923, Sherbrooke had yet to receive its monument and a new committee was

chosen. One of their main obstacles was finding financial support and agreeing on a location for the monument, which derailed plans for quite some time.

Later that same year, the city of Sherbrooke set aside a large sum to go towards the design of the monument, which the committee decided would be erected in Strathcona Square.

As the ball finally started to roll, disagreements over the location ensued but the city of Sherbrooke eventually put its foot down and decided that the monument would take its place on King Hill.

The city then launched a competition in search of an artist. George William Hill, a renowned sculptor in Canada and Quebec during the 20th century, was selected to create the monument. Born right here in Shipton, Hill was widely known for his monuments and memorials dedicated to war.

The model he proposed consisted of four figures: the Angel of Victory and three Canadian soldiers. The Angel is seen leaning over the three soldiers, who are standing in the trenches, to decorate them with a wreath. The wreath was symbolic of the suffering that led to victory.

The Sherbrooke Soldiers' Monument was supposed to be unveiled to the public on July 1, 1926 but it was delayed until November of that year as it was not yet completed.

During this period of time, the question of where the monument was to be located was once again up in the air as a citizen's coalition filed an injunction



RECORD ARCHIVES

against the city of Sherbrooke against the King Hill site. They considered this site a danger to the public.

Despite this injunction, the city stuck with their decision and the monument was officially unveiled with a huge ceremony on November 7, 1926. About 15,000 people attended the ceremony, which was organized by Colonel E.B. Worthington.

Since being inaugurated by Sherbrooke Mayor James Keith Edwards on King Hill, Sherbrooke citizens make their way over to the soldiers' monument, also known as the Sherbrooke War Memorial, the Sherbrooke Cenotaph or the Monument aux Braves-de-

Sherbrooke, every Remembrance Day in commemoration of the men and women of Sherbrooke who lost their lives during both World Wars.

In 2017, it was also designated as a heritage building by the Quebec government for its historical and artistic value.

There are two plaques on the granite base, which is from Stanstead, inscribed with the names of 249 Sherbrooke soldiers that fought in World War One and 85 names of the soldiers who fought in World War Two in honour and in memory of their service.

As you're driving along King West, keep your eyes peeled for Sherbrooke soldiers' monument, it is hard to miss!

Better tools are needed for effective communication between physician and pharmacist

Record Staff

The Quebec Federation of Medical Specialists (FMSQ) welcomes the introduction of Bill 31, which aims to expand pharmacists' activities for the benefit of patients, but cautions against the increased powers that the bill would give pharmacists. The FMSQ is reluctant for pharmacists to be able to modify prescriptions, their dosage, or evaluate patients without first discussing them with an attending physician. According to the FMSQ, more appropriate communication platforms than fax are essential to ensure effective communication between physicians and pharmacists.

The federation pointed out that the Minister of Health and Social Services, Danielle McCann, made a formal commitment to this in November 2018.

"For actions such as extending a prescription, or ordering a routine check-up, we are not concerned, because pharmacists are our daily partners. But medically, when it comes to changing a patient's dosage, prescription or condition, the pharmacist must inform the attending physician, otherwise they will become completely accountable to the patient," commented FMSQ President Dr. Diane Francoeur.

The FMSQ added that it supports any measure that will increase the vaccination rate in Quebec. "We also support pharmacists being able to administer a vaccine to children. This provision of the bill will encourage more children to be vaccinated in Quebec and will help to eradicate scourges such as measles. We

even believe that it should be extended to all children, regardless of their age," explained the FMSQ president.

CONFLICTS OF INTEREST

The FMSQ also insisted on the importance of eliminating any notion of conflict of interest resulting from the dual role of the pharmacist authorized to prescribe and sell drugs. The authorization to prescribe over-the-counter drugs and the administration of vaccines amplify the appearance of conflicts of interest, the federation pointed out.

"We see no added value in the pharmacist's prescribing of over-the-counter drugs, other than to prevent the patient from paying taxes on these products," added Dr. Francoeur.

SUMMARY OF RECOMMENDATIONS

The FMSQ made eight recommendations to improve the bill, which would better respect the respective competencies and responsibilities of physicians and pharmacists:

- Add to section 17 (7) of the Pharmacy Act a requirement for prior consultation with the physician.

- Authorize the administration of a vaccine in pharmacies for any child under six years of age.

- Develop regulations to govern the prescribing of non-prescription drugs and maintain the current framework in relation to the prescribing of other drugs.

- Provide patients with a single electronic medical record accessible at all times with appropriate communication platforms for all health professionals.

- Maintain the current wording of sec-

tion 17 (8) of the Pharmacy Act.

- Frame laboratory tests that may be prescribed by a pharmacist practicing in a community pharmacy and define the concept of other tests.

- Remove clause 2(a) from the bill to allow the pharmacist to assess a person's

physical and mental condition in order to ensure the appropriate use of drugs.

- Allow pharmacists to consult directly with the attending specialist for complex patients requiring medication adjustment.

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EDITORIAL

As with all climate-related problems, there's no shortage of solutions; we just need the political will to implement them.

SCIENCE MATTERS

The alarming links between climate, ocean and cryosphere

By David Suzuki

We've been dumping oil, plastic, toxic chemicals, radioactive sludge, sewage and fishing gear into the ocean for decades.

We depend on oceans for so much, including half the oxygen that keeps us alive! They're a source of protein for many people worldwide, and they absorb much of the rising heat from our indiscriminate fossil fuel burning. So, why do we treat them so badly?

An alarming new Intergovernmental Panel on Climate Change report makes clear the link between climate, ocean and the cryosphere (places where water is in solid form, as ice or snow, including the Arctic and Antarctic, glaciers, permafrost, ice shelves, icebergs and sea ice).

The "Special Report on the Ocean and Cryosphere in a Changing Climate" concludes that unnaturally rapid, human-caused global warming is altering oceans and the cryosphere faster and at a much larger scale than predicted earlier. When ice and snow cover shrink under higher global temperatures, we can expect increasing landslides, avalanches, floods, wildfires and risks to water availability and quality. We'll also feel impacts on "recreational activities, tourism, and cultural assets."

The ocean is talking the brunt of the excess heating, about 90 per cent. Without serious action to address the crisis, severe impacts will continue to increase.

The IPCC notes greenhouse gas emissions and other human activity have already warmed the planet 1 C above pre-industrial levels. "There is overwhelming evidence that this is resulting in profound consequences for ecosystems and people. The ocean is warmer, more acidic and less productive. Melting glaciers and ice sheets are causing sea level rise, and coastal extreme events are becoming more severe."

The report — by more than 100 authors from 36 countries who referenced about 7,000 scientific publications —

found that, because greenhouse gases remain in the atmosphere for many years, already occurring trends will likely accelerate, including diminishing marine life, increasing storms, melting permafrost and shrinking ice caps. If we fail to reduce emissions and take other measures to slow global heating, the consequences will be far worse.

The IPCC has projected sea level rise by 2100 to be 10 centimetres more than it predicted in 2014 — between 61 and 110 centimetres — mainly because Antarctic ice is melting faster than expected. The IPCC tends to be conservative in its estimates. Others predict sea levels could rise by as much as 238 centimetres if we don't get emissions under control.

The researchers say that, even if warming is kept below 2 C, we can expect trillions of dollars in coastal damage every year and millions of migrants fleeing from coasts, now home to about two billion people.

In every scenario the IPCC examined, it found extreme sea level events that previously occurred every 100 years will likely happen every year by 2050 at many locations. These include more intense, frequent tropical storms with stronger winds and more rainfall, increasing harm to kelp forests and other important ecosystems, coral reef destruction, declining food fisheries and increased flooding from rising sea levels. Loss of ice and snow cover also causes feedback loops that speed up warming, as snow and ice reflect heat while dark surfaces absorb it.

A OneOcean initiative news release points out that three of the most serious impacts of climate breakdown on the ocean — acidification, heating and deoxygenation — have been present in every mass extinction in Earth's history. This severity means controlling other stressors is critical. "Overfishing, pollution, destruction of habitats, ecosystems and biodiversity are all stressors that can be stopped in order to support the resilience of the ocean to withstand the climate crisis," the release says.

As with all climate-related problems, there's no shortage of solutions; we just need the political will to implement them.

OneOcean recommends protecting under international law the two-thirds of ocean that makes up the high seas (those areas outside national jurisdictions), curtailing overfishing and pollution, strengthening biodiversity targets and tackling climate disruption in every way possible.

Our profligate burning of fossil fuels

and destruction of water and land areas that absorb excess carbon have already set unavoidable consequences in motion, but it's not too late to avoid the most dire costs of climate disruption. We all need to heed the science and get on with solutions.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Senior Editor and Writer Ian Hanington.

Learn more at david Suzuki.org.

Letters

Abortion, a sign of evolution. Really?

Nowadays, and for many years, abortion has been presented as a sign of an evolved society. But behind the word, there is a gesture. It is important to take an objective look at this gesture.

My wife is pregnant. Twenty-four weeks have passed since conception. In the documentation available on the subject, we can read that a little heart beats from the fifth week of conception. A heart that beats is a new life, no doubt. We also learn that from conception, develops what will become the fetus.

Abortion is the act of putting an end to this new life. To voluntarily put an end to a human life, is it really the sign of a changing society? It seems to me that this is the sign of a society that cares a lot about the present, but that makes little room for the future. In my opinion, this is not a sign of evolution.

At the moment, several journalists are questioning politicians about abortion. Not to assess its relevance or to question it, but rather to denounce those who would be against or who would question it. For them, it is something acquired and hated who dares to question its legitimacy.

Remember that in Canada, nothing currently prevents anyone from taking action to terminate a pregnancy at any stage. And this has been going on for over twenty years.

In my opinion, it is time in Canada for politicians to take up or defend the unborn. To my knowledge, only one Canadian political party does it. It is Christian Heritage Canada, but that party is not represented in Quebec except for one or a few constituencies.

I believe that the right of unborn children should be recognized by law. I see it as a sign of a changing society, that it takes into account the advancements of science on the subject rather than ignoring them. Moreover, a society that defends its unborn children is one that cares for those who have no protection other than that of their parents, and in some cases their mother when the father is unknown. In Quebec, experience has taught us more recently that the only protection for parents is not enough. And I am referring to the child of Granby recently deceased.

Of course, there will probably be exceptions, but at least the principle of protecting the unborn child should be established or restored. One may argue that the Daigle decision in the Supreme Court established that a fetus was not a human person. A Court, no matter how high, only judges according to existing laws. If there is no law that protects the life of the unborn child, it is not surprising that the Supreme Court had to make such a judgment.

For all these reasons, I say: Let's go ahead. Dare to recognize the progress of science. Protect the unborn child and ask that our candidates decide on this subject. Their response will help electors who want to protect unborn children.

LOUIS SAVOIE
DRUMMONDVILLE

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Preference is given to writers from the Eastern Townships.

THE RECORD

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Local Sports

There is no reason to suspect that the environmental changes which signal fall's arrival to humans are not also felt—directly or indirectly—by fish and game.

The hypnotic and romantic fall turnover



ON THE HOOK

ANDREW HOWARTH

Perhaps no yearly event distinguishes genuine outdoorsmen from weekend warriors as effectively and reliably as the seasonal transition referred to as 'fall turnover'. After much observation, I've noted what seems to be a very real disparity between anglers, hunters, and non-participants, in their reactions to that all-too-familiar feeling of fall in the air. I've also come to appreciate and value the part of my own temperament that allows my mood to improve, rather than deteriorate, upon witnessing the arrival of fall rains and gloomy days.

When Ernest Hemingway wrote the following words in tribute to a deceased acquaintance and fellow outdoorsman, during his first trip to Idaho in 1939, it seems that he too had visions of grey skies, swollen rivers, and falling leaves, dancing like sugarplums in his head. In addition to "the warm sun of summer and the high mountain meadows, the trails through the timber and the sudden clear blue of the lakes," not to forget "the hills in the winter when the snow comes," Hemingway noted that "Best of all he loved the fall... the fall with the tawny and grey, the leaves yellow on the cottonwoods, leaves floating on the trout streams and above the hills the high blue windless skies." Upon analysis, it seems that the author's words were equally a reflection of his own essence, and perhaps some archetype that characterizes the angler and hunter community. The aforementioned suspicion was partially confirmed 27 years after Hemingway's initial eulogy, when the same words were engraved on his own monument, as it was erected in Sun Valley, Idaho, where it remains to this day. It's no secret that the personalities of great authors shine through in their great works, but it may also be worth mentioning that anglers and hunters can, at times, be just a tad self-involved.

The sudden drop in temperature—which generally follows the passing of a low pressure system, and if timed correctly, marks the beginning of what we call fall turnover—provides a convenient indication of the season's changing, and also great incentive for anglers and other outdoorsmen to break out of their prolonged summer slump. Fall's commencement constitutes the first significant change in angling context since the previous spring-summer transition, and

in many instances, is a catalyst for increases in fish and angler activity. Following this significant change in conditions, gamefish with a wide range of temperature preferences will—generally speaking—'get to feeding,' while anadromous and migratory fish 'get to moving.' The end result is many desirable gamefish becoming more accessible, and perhaps more importantly, more aggressive. Studying how a desired species reacts to precise changes in water temperature can be worth the effort, but instincts and qualitative observation are often sufficient to point an angler in the right direction. For years now, the falling of the first apple from a tree in one of my fishing buddies' backyards has coincided closely with our catching of the first fall steelhead that year. While a causal relationship between fruit and fish seems doubtful, I feel much more optimistic that these two events share some type of common cause.

There is no reason to suspect that the environmental changes which signal fall's arrival to humans are not also felt—directly or indirectly—by fish and game. In my experience, the seasonally occurring 'itch' that grows slowly into a 'burn' as the season progresses, and is felt by virtually all avid outdoorsmen, compelling them to make their first trips to the river or tree stand, is a reliable sign that game activity is also stirring. Instincts and confidence are indispensable parts of successful angling and hunting, and participants from all camps should remain mindful of such impulses. Shortly after the initial transition from summer to fall, game fish activity will increase, and subsequently, so will the demand for sizeable food items. During the fall season, it is often wise to sacrifice finesse presentations and surgical precision for a more up-tempo brand of fishing that allows for the covering of more water, and presentation of a sizeable offering to the greatest number of potential candidates. For river smallmouth bass, this might mean spinnerbaits or murdich minnows fished quickly overtop of and all potential holding water, and for big water esox anglers, absurdly large soft plastic baits worked tirelessly over vast expanses of shoreline. When considering how best to appeal to a fall gamefish with some notion of the approaching winter season, the logical conclusion often involves the presentation of a fast and easy, calorie-rich meal.

I find it amusing to consider how one or several unobvious natural phenomena might simultaneously stimulate behavioural change in anglers, hunters, and their animal subjects. The things that cause bucks to begin scraping, steelhead to begin migrating upriver, hunters to begin sighting their rifles, and spey anglers to shake off the casting cobwebs, seem undoubtedly overlapping and interrelated. Although I can't say with any certainty what exactly instills a childlike exuberance and anxious anticipation of angling opportunities in me each year at the beginning of fall, I can't



Fall turnover is as good as a ringing dinner bell for our more predatorily-inclined gamefish species, not the least of which is the lake trout.

help but feel that some primal, remnant gene is what's pulling me from warmer accommodations and more conventional fall activities toward remote fields and streams with a seemingly hypnotic force. I can only speculate about its

source, but I get the sense that this feeling has its origins in a time when humans lacked the luxuries that would enable us to spend the first day of fall with a warm drink in hand, or reading, or perhaps visiting a pumpkin patch.



MASSEY-VANIER

Celebrating 50 Years

The Founding Friends of Massey-Vanier will publish a 50th Anniversary Memorial Book Nov. 29.

The Golden Jubilee of Massey-Vanier 40-page full-colour book will be a compilation of photos and recollections from teachers, students and administrators over the past 50 years.

A limited number of books will be printed.

To reserve your copy, please send an email to billing@sherbrookerecord.com stating your name and phone number. Put **MV-50 years** in the subject line.

Payment due at time of delivery.

Books are \$10

(plus shipping if not picked up).

A portion of the profit from book sales will be given to The Friends of Massey-Vanier and the Scholarship Awards Committees

Death



**Carol Barbara HOBBS
(née Jameson)
1923-2019**

Passed away peacefully at the Grace Village in Sherbrooke, on Friday, October 4, 2019, in her 97th year. Loving wife to the late Earle Hobbs, and loving mother to Marilyn and Karen (Steven Thorneloe). Dear grandmother of Aaron (Asmara Sosa) and Evan Turner, and Eric and Amy Thorneloe. Great-grandmother to Maddox Turner Sosa. She also leaves to mourn her niece by marriage Diane Clark (George), other family and friends.

Predeceased by her parents Samuel E. Jameson and Gladys K. Bell, her brother Murray (Enid), her father and mother in-law, Bill and Louise (Evans) Hobbs. Visitation will take place at the Cass Funeral Home (3006 College St., Sherbrooke, QC) on Saturday, October 26, 2019 from 1 to 2 p.m., followed by a funeral service at 2 p.m. Interment at the Malvern Cemetery.

The family would like to thank the staff at the Grace Village for their compassion and professional care provided to Carol.

In lieu of flowers, donations to the Grace Village or charity of your choice would be greatly appreciated by the family.

CASS FUNERAL HOMES PHONE: 819-564-1750
3006 College St., Sherbrooke QC FAX: 819-564-4423
www.casshomes.ca

Death

Death

Death



Reverend Canon Keith Perry-Gore

The Reverend Canon Keith Perry-Gore passed away peacefully on October 4th, 2019, from a battle with dementia and physical decline.

Born in England, on October 31st, 1934, he leaves his wife Jane (nee Richardson) of 60 years. He was brother to Susan and Elizabeth (deceased), father of Alex (Cathy), Bridget (Vincent), and Clive (Nicole), grandfather to Kelli, Luke, Kaitlin, Renee, Sophie, Rachel, Jessica, Kevin, and Trevor and great-grandfather to five.

He spent his youth in Tortola, BVI returning to England where he attended St. Edwards School and Theological College in Westcott House, Cambridge, UK. He was ordained as an Anglican minister in 1962. With two children in tow, the family moved to Barbados where he led the congregation of Holy Innocents Church until 1970. In search of adventure and opportunity for his young family, he immigrated to Canada moving to New Carlisle, and finally to North Hatley, QC. He was Rector of St. Barnabas North Hatley, Christ Church, Eustis and St. John's, Waterville until his retirement in 1999.

Keith was never one to let his opinion go unheard and loved an audience. He was a showman at heart and loved to sing, laugh and entertain. He was an optimist who owned many musical instruments and only mastered ukulele. His real instrument was his voice. Whether he was singing "Where Do The Flies Go" to his grandchildren or performing on stage in a Gilbert and Sullivan musical, it was when he was at his best. One never knew when he was going to burst out into song.

He was an athlete, playing competitive rugby in his youth and for many years played squash at Bishop's University in the winter and in tennis in North Hatley in the summer. In both sports he revelled and giggled when able to outsmart his opponents with his "trick shots".

He loved to laugh, loved his family and loved to take his afternoon "siestas". The family would like to thank all the staff from the Wales Home for their outstanding care during the last year of Keith's life.

His final words a month before his passing were "My darling Jane". The funeral will be held on Thursday, October 10th at 3 p.m. at St. Barnabas Church in North Hatley. Please join us for refreshments afterwards in the church basement. In lieu of flowers, please make a donation to the Wales Home where he spent the last year of his life.

Address: 506, Rte 243 Cleveland Quebec JOB 2H0.
<https://www.canadahelps.org/en/charities/id/32877/>

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Death

In Memoriam



**Hugh Calvin
FLEMING
1958 - 2019**

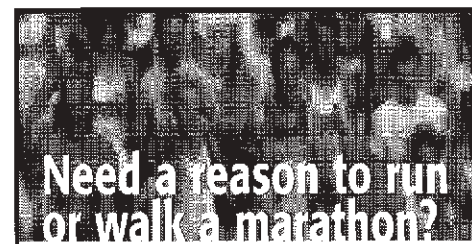
Suddenly at his home in Innisfree, Alberta on September 20, 2019.

Beloved husband of Wendy; dear father of Steven (Erin), Katelynn (Peter), Michael (Brittany), Leanne (Derek), Justin (Kaden); beloved grandfather of Breanne, Harper, Mason, Jordan, Calvin, and Baby Ebach. He is also survived by his mother Mildred; brothers Hartley (Amy) and Charles (Debra); and many dear relatives and friends. Hugh is predeceased by his father Calvin in 1994. Interment took place on September 27 at Innisfree Cemetery.

EVANS, John William James: 1933 - 2010. In loving memory.

*Loved ones live on
In words they said,
In lives they touched,
And in the happiness
We feel every time
We remember them.*

**We miss you,
LOIS and FAMILY**



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Datebook

WEDNESDAY, OCTOBER 9, 2019

Today is the 282nd day of 2019 and the 17th day of autumn.

TODAY'S HISTORY: In 1635, Rhode Island founder Roger Williams was banished from Massachusetts Bay Colony as a religious dissident.

In 1888, the Washington Monument opened to the general public.

In 1967, guerrilla leader Ernesto "Che" Guevara was executed for attempting to lead revolutionaries in Bolivia.

In 1986, the musical "The Phantom of the Opera" opened in London's West End.

In 2006, North Korea claimed it had performed its first nuclear test.

TODAY'S BIRTHDAYS: Alastair Sim (1900-1976), actor; John Lennon (1940-1980), singer-songwriter; Jackson Browne (1948-), singer-songwriter; Sharon Osbourne (1952-), media personality; Tony Shalhoub (1953-), actor; Scott Bakula (1954-), actor; Mike Singletary

(1958-), football player; Guillermo del Toro (1964-), director; Steve McQueen (1969-), filmmaker; Annika Sorenstam (1970-), golfer; Brandon Routh (1979-), actor; Bella Hadid (1996-), model.

TODAY'S FACT: Andrew Lloyd Webber's "The Phantom of the Opera" is the longest-running show in the history of Broadway, with 13,174 performances as of late September 2019.

TODAY'S SPORTS: In 1915, Woodrow Wilson became the first sitting president to attend a World Series game.

TODAY'S QUOTE: "If someone thinks that peace and love are just a cliché that must have been left behind in the '60s, that's a problem. Peace and love are eternal." — John Lennon

TODAY'S NUMBER: 36,491 — marble bricks used to build the Washington Monument.

TODAY'S MOON: Between first quarter moon (Oct. 5) and full moon (Oct. 13).

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clasad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

**PHOTO OF
YOUNG
CANADIAN
SOLDIER**

Join
THE
RECORD

**in saying thank you to
our veterans**

They were sons, daughters, brothers, sisters, husbands, wives, fathers, mothers, friends and neighbours.

They were a new generation of teachers, doctors, lawyers, farmers and businessmen who set aside their hopes and dreams to fight for our freedom.

The Record would like you to join us in paying tribute to the many Townshippers who served their country in time of war.

Send a photo of a veteran(s) in your family at the age they were at the time they served and a brief description, to allow Townshippers to say a collective thank you.

The Record will publish a special section November 7 on Townshippers' contribution to the war effort.

**Send photos before October 31 to
classad@sherbrookerecord.com**

Name:
Hometown:
Age when enlisted:
Regiment:
Served:
A few words about him:



If your business or organization would like to recognize veterans in the special section, please contact one of our sales representatives at 819-569-9525



Knutson - Cloves Wedding



Frans Knutson and Aracele Cloves, of Montreal and Rio de Janeiro respectively, were united in marriage at Waterville on September 14, 2019. They currently reside in NDG (Montreal).



35-year-old surprise

Dear Annie

WEDNESDAY, OCTOBER 9, 2019

Dear Annie: We received a shocking message on our answering machine a few days ago. A woman called and identified herself as a possible daughter from an affair 35 years ago. Later, a woman left a message saying she was the mother. I have not been in contact with this woman for 31 years!

Later, I told my wife of 30 years, to whom I have been faithful. When I made those vows, I meant every word of them.

But I felt that I should call the daughter back, as I respect the courage it took for her to call a total stranger and request that I take a DNA test with her.

My wife blew up! She said I have betrayed and disrespected her, and grievously wounded her for wanting to contact the "daughter." She said we would be getting a divorce and that she is out of here!

I have been thinking about all this and am wondering if someone is trying to break up our marriage. If I had a child with the "mother," why did she not tell me 35 years ago? Or some time before we parted ways?

We are both blindsided by this, and I am lost by the prospect of losing my wife and partner of 30 years. — Lost and Confused

Dear Lost and Confused: If you have truly been faithful to your wife for 30 years, and this is a daughter from your past, then, while it might be a large and dif-

ficult pill to swallow, your wife should support you. Continue an open dialogue with her about your feelings regarding this matter. You had a life before you met your wife, and this might be part of that previous life. Remind your wife that this does nothing to change the last 30 years you've had together. In good times and in bad, you have stuck with each other.

On the other hand, if someone is trying to break up your marriage, shame on them. The most important thing here is that you and your wife are a united front.

You also can't blame this woman for wanting to know who is her father. Perhaps now would be a good time to seek couples counseling.

Dear Annie: I read your answer to "Furious Over a Ring." I thought my story about a ring might be helpful to the writer.

For our 25th anniversary, my husband gave me a beautiful amethyst ring surrounded by small diamonds. I loved that ring!

A year later, we were separated, and I found out he was having an affair when he gave me that ring. I thought I would never want to see it again.

But I remembered how much I used to love it, so I hated to get rid of it. I put it away for a while. After three years, I found it, thought about all the good years we had and put the ring on. And I have enjoyed it ever since.

It may take her a while, but I bet at some point she

will love that ring again. — Loving My Ring

Dear Loving My Ring: Thank you for sharing your letter. It is amazing what time and distance from negative feelings can do to objects. Congratulations on seeing the positive in all the good years you had.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

**Send your questions for Annie Lane to
dearannie@creators.com.**

Advertise in our Career Section

Many Record readers expect to change employment within the next year. Shouldn't your ad be in The Record's Career Section?

For reservations or further information, please call

THE
RECORD

569-9525

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" J R F Y M G F E X W A A X T X V N S G J Y U F M J
D V J S X ; L N M W V V W D M C J M F B B X F V , L N
R W I V F U X J M V X Z W V Y . " — F Y Y X A V F Y E

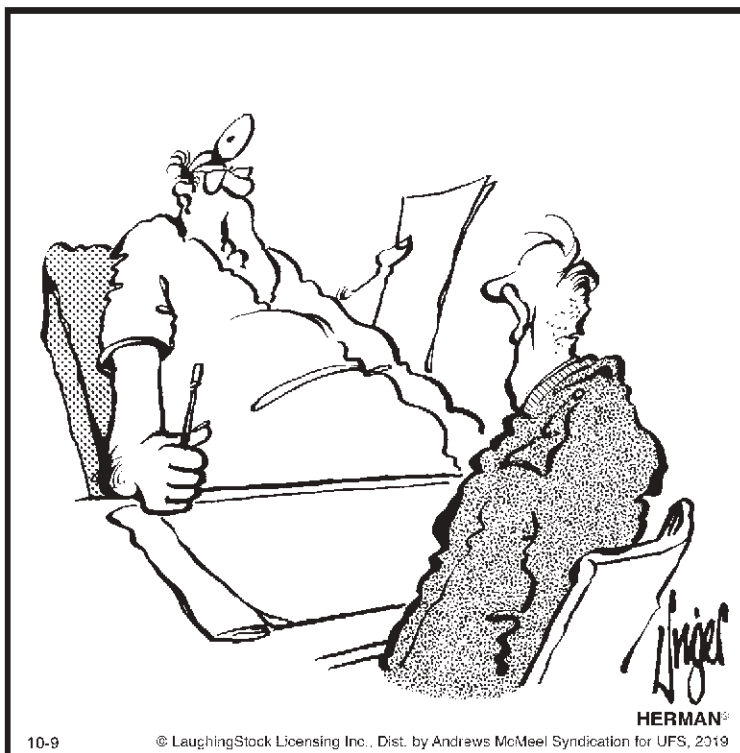
Previous Solution: "The difference between winners and losers is that winners do things losers don't want to do." — Dr. Phil McGraw

TODAY'S CLUE: n s p n b e j

REALITY CHECK

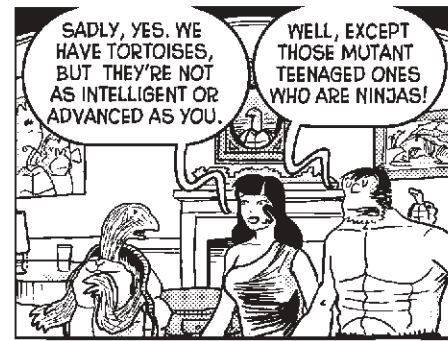
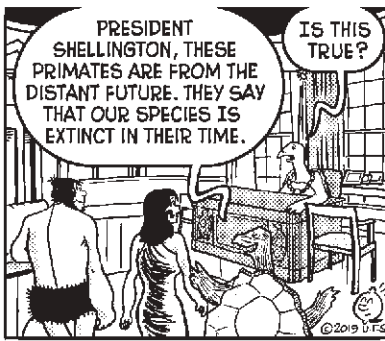


HERMAN

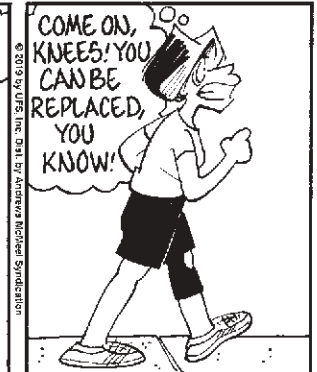
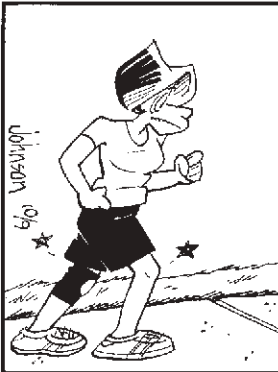


"It's a pity you're unemployed. You need a couple of weeks off work."

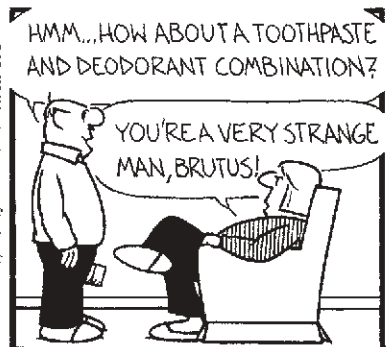
ALLEY OOP



ARLO & JANIS



THE BORN LOSER



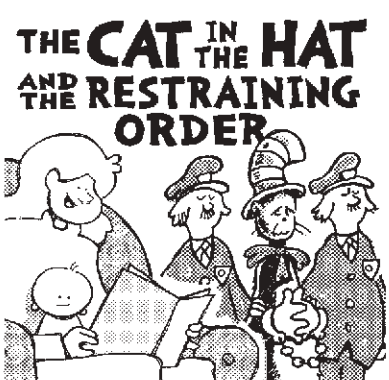
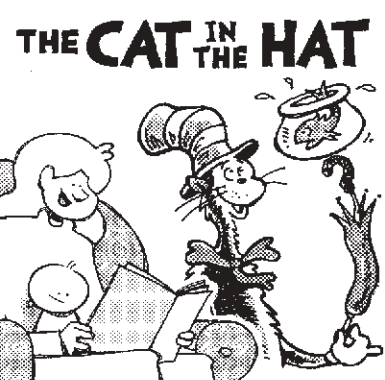
FRANK AND ERNEST



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 E-MAIL: classad@sherbrooke.com
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
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CLASSIFIED

2019 Richmond Youth Fair card party

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SNOWBLOWER, Brute, 11.5-27", Briggs and Stratton motor, used twice. Asking \$700. Call 450-243-6559 or 289-257-9600.

The Richmond Youth Fair Committee sponsored a fundraising card party in May 2019. It was so successful that the committee decided to host another on Thursday, October 3. Sixty-four supporters came out to play Military Whist at the Richmond/Melbourne United Church. The hall was filled with sixteen tables of cheerful, talkative people. Friends bought their tickets at the door from Alle Vander Wal and Patsy Biggs. Youth Fair Committee President Sarah Fowler welcomed people and reminded them to be patient with new players. After the ten rounds of cards were played, the flags were counted and the winners chose donated items from the prize tables.

The first place team of winners won 30 flags. They were Patsy Biggs, Raymond Fortier, Ghyslaine Redburn, and Colette Pageau. The members of the second place team with 27 flags were Wendy Ridley, Gerry Willet, Raymond Mastine and Denis Beaudet. Two teams chose items from the prize

table because they held the lowest place with 15 flags. They were Debbie Beaudet, Freda Coote, Mark Banfill and Mr. Dummy. Mr. Dummy most likely caused their downfall.

There were enough prizes left on the table that fifty-one people were able to choose a prize as well: Jim Stevens, Brooke Fowler Lachapelle, Wendy Ridley, Wanda Viens, Mary Goodfellow, Shirley Beasley, Lucie Beaudin, Clifford Lancaster, Raymond Mastine, Marie-Berthe Skerry, Patsy Biggs, Linda Badger, Peter Boisvert, Paul Boerson, Matty Banfill, Shirley Letourneau, Sarah Fowler, Melodie Pariseau, Noel Gregoire, Mark Banfill, Francis Saffin, Loretta Irwin, Alle Vander Wal, Elizabeth Mastine, Lou Joyal, Shannan Brock, Bev Jones, Debbie Beaudet, Ghyslaine Redburn, Jacqueline Peloquin, Gerald Skerry, Robin Converse, Gordon Irwin, Lise Boisvert, Pierre Labree, Holly Blouin. Denis Beaudet, Audrey Gunter, Leslie Brock, Robert Dunn, Marie Paule Pariseau, Jacques Dubois, Gerry Willet, Norma

Murray, Valerie Fowler, Vera Hughes, Claude Letourneau, Phyllis Bouchard, Shirley Smith, Carol Boisvert and Shirley Enright.

The next prize to be chosen was the basket of groceries. It was overflowing and went home with Wendy Ridley. Gerry Willet carried the heavy basket out the door. Two gift cards from MAXI were presented to Freda Coote and Shirley Beasley.

A delicious lunch of homemade food was set out by kitchen workers Audrey Gunter, Frances Banfill, Betty Vander Wal and Kiki Rocheleau. Many of the people who had donated prizes also provided sandwiches and sweets.

A special thank you to our Richmond/Melbourne United Church friends who support us by lending their cozy hall and handy kitchen for this fundraising event.

The members of the Youth Fair Committee appreciate all the community support and say THANK YOU!

Mary Goodfellow
 Youth Fair Secretary

Due to a technical error, the wrong sudoku was published in yesterday's paper. Below are the sudokus for October 8 and 9.

HANDY POINTERS



on writing a successful classified ad

It's easier than you think

Prepare an outline of your ad and then write it.

Be specific – buyers want useful information such as price.

Group related facts in the same sentence.

Avoid slang and abbreviations. Abbreviations are not needed because **The Record** charges by word rather than space.

Above all, don't forget your telephone number or address and when respondents may contact you.

SUDOKU

DIFFICULTY RATING: ★★★★★

1			2	4		3	8	
8			7	3	5		1	
				9		4	5	7
				5	2			
	4	3	9	6	1	8	2	
			3	8				
5	2	1		7				
	3		5	2	4			8
8	9		1	3				2

10/8

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PREVIOUS SOLUTION

3	7	5	2	9	8	6	4	1
4	1	8	3	5	6	9	7	2
9	6	2	7	1	4	8	5	3
5	4	1	8	2	9	7	3	6
7	9	6	5	4	3	2	1	8
8	2	3	1	6	7	4	9	5
2	8	7	4	3	5	1	6	9
6	3	4	9	8	1	5	2	7
1	5	9	6	7	2	3	8	4

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

4	8	9	6	1	3	5	7	2
6	3	7	5	2	4	1	9	8
5	2	1	8	7	9	6	3	4
2	5	6	3	8	7	9	4	1
7	4	3	9	6	1	8	2	5
9	1	8	4	5	2	7	6	3
3	6	2	1	9	8	4	5	7
8	9	4	7	3	5	2	1	6
1	7	5	2	4	6	3	8	9

PREVIOUS SOLUTION

			4	5				
			3	9				8
			6	7		4	9	1
2	3							
5			6		2	8	9	
	4		2			7		
8	9	2	5					4
4			3	7		2	6	
6			1	5	4			
			5	8				

DIFFICULTY RATING: ★★★★★

SUDOKU

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Selling or buying?

Spread the WORD!

Whatever you want to sell, whatever you want to buy, you can't go wrong with The Record classifieds. Reach out to hundreds of readers and watch the word get around.



819-569-9525
 450-242-1188

NEA Crossword Puzzle

Your Birthday

WEDNESDAY, OCTOBER 9, 2019

Someone you encounter will give you something to think about. Love and romance are in the stars, and a commitment can be made.

ARIES (March 21-April 19) — Be careful whom you spar with today. You'll tend to bite off more than you can chew, leaving you in a poor position. Take care of your responsibilities and lie low.

TAURUS (April 20-May 20) — The barter system will benefit you. Learning to give and take will provide you with a better understanding of what you can gain as well as what you can offer. Romance is encouraged.

GEMINI (May 21-June 20) — Expect emotional manipulation if you get into a debate. Focus on getting things done, not on talking about what you want to do.

CANCER (June 21-July 22) — Participate in events that will help you further your goals. A partnership proposal will be worth checking out. An interesting take on how you can use your skills more effectively will be offered.

LEO (July 23-Aug. 22) — Keep moving forward. Learn all you can and establish what you want. Don't let the changes others make distract you from focusing on your objective.

VIRGO (Aug. 23-Sept. 22) — Speak up, get things done and make a difference. Use your experience to make sensible conclusions and choices that will further your interests. Romance is encouraged.

Consider what it will take to follow your heart and dreams. Refuse to let anyone or anything stand between you and what you want. Keeping the peace is only worthwhile if you get something out of it.

LIBRA (Sept. 23-Oct. 23) — Consider what it will take to stabilize situations that could disrupt your life. Someone will put demands on you that could wreak havoc on your personal life. Proceed with caution.

SCORPIO (Oct. 24-Nov. 22) — The personal touch will be necessary when dealing with sensitive situations. Words matter, and the way you articulate what you want to see happen will make a difference.

SAGITTARIUS (Nov. 23-Dec. 21) — Listen to what others say. If you don't agree, go about your business. If you force your opinion on others, you will waste time and damage your reputation.

CAPRICORN (Dec. 22-Jan. 19) — Make changes at home or work that will align you with the people you need behind you. A positive change is heading your way.

AQUARIUS (Jan. 20-Feb. 19) — Spend more time making sure everything is up to date. Look over personal documents, bill payments and contracts. Adjustments you make will save you a bundle. Don't settle for less.

PISCES (Feb. 20-March 20) — The help you offer others will benefit you as well.

Answer to Previous Puzzle

A	B	E	T	T	L	C	T	U	B
S	A	R	I	H	I	E	A	S	E
P	A	S	T	E	U	P	S	C	U
			L	O	G	S	C	O	R
C	O	V	E	N	O	A	R	Y	E
A	N	A	S	E	C	T	O	R	
G	U	S	H	L	E	I	T	S	P
E	S	T	A	L	A	O	E	L	I
			S	K	I	N	N	Y	A
A	D	S	O	N	S	E	X	P	E
J	E	T	L	A	G	T	A	E	
A	L	A	I	T	H	O	R	N	I
R	I	M	S	O	U	I	O	S	L
S	P	A	N	H	L	N	U	K	E

- ACROSS**
- 1 Li'l Abner's creator
 - 5 Long-plumed heron
 - 10 Group of signs
 - 12 Not ready to be eaten
 - 13 Geronimo's tribe
 - 14 Like some crystal
 - 15 Mineral finds
 - 16 Point
 - 18 Service charge
 - 19 Be filled with longing
 - 21 Lasso loop
 - 25 Fell short
 - 29 Matterhorn echo
 - 30 Sponge features
 - 32 Peep
 - 33 Committee
 - 34 Nasty laughs
 - 37 Grinding material
- DOWN**
- 38 Gave medication
 - 40 Youngster
 - 43 — —
 - 44 Switch
 - 48 Antenna
 - 50 Rue the day
 - 52 Aspects
 - 53 Expression
 - 54 Swap
 - 55 Used email

- 12 Beyond the limit
- 17 Slow-witted sort
- 19 Squealed
- 20 Bit
- 21 The Big Apple
- 22 They accompany
- 23 Thor's father
- 24 Parched
- 26 Potting soil
- 27 Seacoast eagle
- 28 Wapiti
- 31 Cunning
- 35 Makes turbid
- 36 9-digit no.
- 39 Marshal Wyatt —
- 40 Rip
- 41 Porpoise relative
- 42 Dead-locked
- 44 Man-eating giant
- 45 Funny —
- 46 Gala
- 47 Sault — Marie
- 48 Near the stern
- 49 Nibbled on
- 51 Codgers' queries

	1	2	3	4		5	6	7	8	9	
10					11		12				
13						14					
15					16	17		18			
				19				20			
21	22	23	24			25			26	27	28
29								30			31
32								33			
	34				35	36		37			
				38			39				
	40	41	42		43			44	45	46	47
48				49			50	51			
52							53				
54								55			

WEDNESDAY, OCTOBER 9, 2019

If partner overbids, you must overplay

By Phillip Alder

Emily Dickinson wrote, "Luck is not chance, it's toil; fortune's expensive smile is earned."

That is usually true. At the bridge table, unless you and your partner are excessively cautious in the auction, you will often need some luck to make your contract. This is especially true if you have pushed into a thin game.

In today's deal, South is in four hearts. When the dummy comes down, declarer cannot count 10 top tricks. How should he try to get lucky after taking the first trick with his spade ace?

The one-club opening wouldn't bring a smile to anyone's face (because the suit is so poor), but when you have ace-king, ace, you should strain to open. North makes a negative double to show his heart length, South "raises" his partner's suit, and North hopes for the best.

Declarer realized that he could not handle bad breaks. He needed either a doubleton heart queen or no diamond loser.

Since time was of the essence, South immediately led a low diamond to dummy's jack. When the finesse worked, declarer played a heart to his ace and continued with his remaining

North		10-09-19	
♠ 7			
♥ J 8 5 4			
♦ A Q J 3			
♣ Q 7 6 2			
West	East		
♠ K Q J 10 6 5	♥ 9 4 2		
♥ 6 3	♦ Q 10 9		
♦ K 7	♣ 9 8 6 2		
♣ A 9 8	♠ K 10 5		
South			
♠ A 8 3			
♥ A K 7 2			
♦ 10 5 4			
♣ J 4 3			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1♣	1♠	DbL	Pass
2♥	2♠	4♥	All Pass
Opening lead: ♠ K			

low diamond. When the king appeared, South won with dummy's ace, played a trump to his king, ruffed a spade on the board, played a diamond to the 10, ruffed his last spade, discarded a club on the diamond queen and claimed. Declarer took one spade, three hearts, four diamonds and two spade ruffs.

Finally, note that South had to resist the temptation to run his diamond 10; otherwise, West would have covered with the king and held declarer to three diamond tricks.