

Eastern Townships businesses go green

By Gordon Lambie

Pierre Arcand, Quebec's Minister of Natural Resources and Minister responsible for the Plan Nord, was in the Eastern Townships on Friday in part to help announce funding that was granted to two local companies to help fund energy efficiency projects. Sherbrooke's American Biltrite and La Frissonnante inc. in Danville were both recipients of grants through the provincial government's ÉcoPerformance program for projects to reduce their company's carbon footprint

"This is a significant team effort," Arcand said, acknowledging that the two companies invested in the process as well, "We're increasing efficiency and bringing down costs while also reducing greenhouse gas emissions."

The minister explained that the government gave the two companies close to \$1 million, \$402,303 for La Frissonnante and \$527,982.33 for American Biltrite, resulting in anticipated reductions in greenhouse gas emissions equivalent to 237 fewer cars on the road in Danville and 300 in Sherbrooke.

"Imagine three hundred cars driving around downtown Sherbrooke," said Jean Pierre Benoit, General Manager of American Biltrite Canada. "That's like saying we've eliminated the emissions of all our employees' cars."

Benoit said that the experience of applying for the ÉcoPerformance program was a very positive one with very limited red tape, but added that part of what is significant about the initiative is the way that it opens doors to projects that are important for the environment but challenging for small and medium sized businesses to commit to.

CONT'D ON PAGE 3

Sherbrooke Santa Claus Parade



PHOTOS BY MATTHEW MCCULLY

The Sherbrooke Santa Claus Parade, presented by Uniprix Chemika Mamode, took place this Sunday, November 27. Beginning at 3:30 p.m., floats gathered at the intersection of 13th Ave. and King St. East, and headed to Place des Moulins, at the corner of Wellington North and Frontenac streets.

Once Santa Claus arrived, the lighting of the big tree and a fireworks display concluded the festive event. This year, a dozen floats took part in the parade along with marching bands, dance and cheerleading groups, local community groups, as well as several mascots and colorful characters.

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Weather



TODAY:
MAINLY
CLOUDY

HIGH OF 1
LOW OF -8



TUESDAY:
RAIN

HIGH OF 5
LOW OF 5



WEDNESDAY:
SHOWERS

HIGH OF 5
LOW OF -4



THURSDAY:
SNOW

HIGH OF 1
LOW OF 0



FRIDAY:
SNOW OR
RAIN

HIGH OF 2
LOW OF -5

Bargains galore at the Second Annual Potton Christmas Market



THE SCOOP

MABLE HASTINGS

After last year's successful first edition "C'EST CHOUETTE" Christmas Market in Mansonville, organizers have been busy preparing for the second edition sale that will take place on December 10 and 11 at the Mansonville Town Hall from 10:00 am to 4:00pm.

This is the perfect time of year to support the creative spirit of artisans and to shop locally for quality handmade items. The sale will feature a variety of unique and special gifts that will please many on your holiday gift list. Items featured will include: handcrafted soaps, herbal products, pottery, jewellery, alpaca knits, artisanal weaving, bags and accessories, recycled fur, quilts, wood working, aboriginal sculptures and more... Super Hiro the Christmas elf will also be there!

It's that time of year where a festive atmosphere fills the air, Christmas music plays and we start looking for that one of a kind gift. Many of your favourite artists and artisans will return to the market as well as some exciting new vendors to discover. Local and regional artists are proud to present their creations and the Christmas Market pro-

vides an opportunity to celebrate the abundance of local talent and the creative spirit of these people. There is sure to be something for everyone on your list.

To learn more about these artisans, visit the market's Facebook page: www.facebook.com/cestchouettepotton.

Information:

noelcestchouette@gmail.com

As the familiar Christmas Carol says, "It's the most wonderful time of the year." Come and celebrate the holiday season in Potton and bring your Christmas list with you.



COURTESY

Vendors will gather to share their talents with gifts for everyone on your list.



COURTESY

Super Hiro the Christmas elf will spread cheer at the second annual Potton Christmas Market "C'est Chouette"

Cats found caught in traps

Record Staff
SHERBROOKE

The SPA Estrie is sounding the alarm after two cats were found caught in traps in Sherbrooke near l'Escarpe St. and Mont-Bellevue in Sherbrooke.

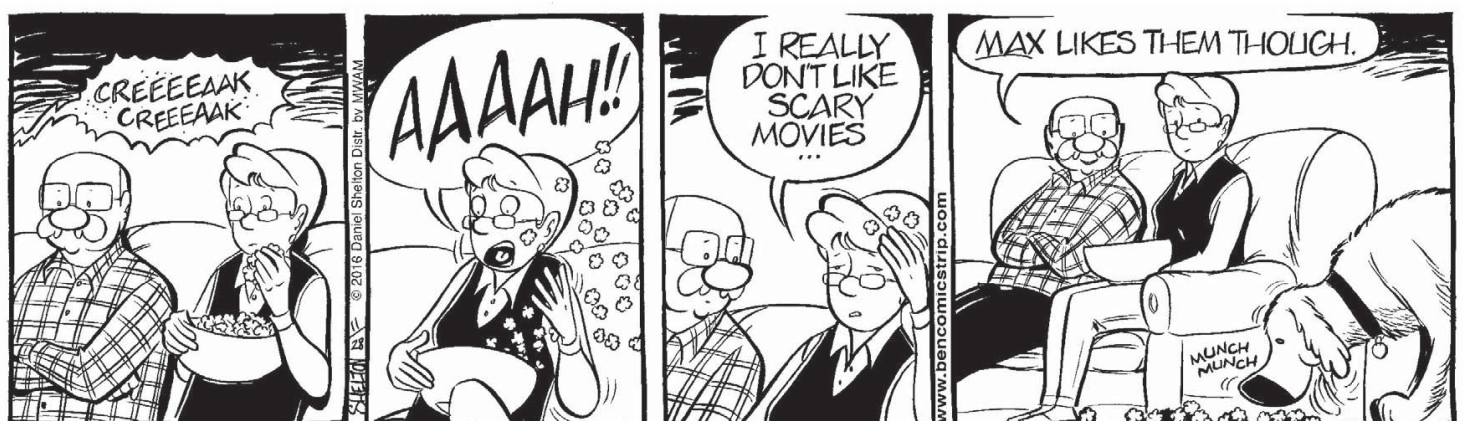
One of the two had to be euthanized, 107.7 FM reports, as its spine was severed.

The SPA is reminding citizens that it is forbidden to use any type of trap anywhere in greater Sherbrooke and of-

fenders are subject to fines ranging from \$500 to \$2,000.

Anyone with information about these or similar cases is asked to contact the Eastern Townships SPA at 819-821-4727 ext. 5.

Ben by Daniel Shelton



LOCAL NEWS

The holidays are the perfect time to give it a try, with families looking to spend more time together.

United Church of Lennoxville having a 'messy-ish' Christmas

By Rachel Newcombe

Holidays are a time for family, and the United Church of Lennoxville's minister Linda Buchanan is making sure that there really is something for everyone in their upcoming Sunday services. On Dec. 11, they will be hosting their first 'Messy-ish Advent', specifically designed for congregants of all ages.

The time of advent is marked in the church as the official start to the New Year, and the lead up to the birth of Christ. Each Sunday features something different while focusing on teaching and celebration.

In the past, the United Church has had a Sunday during advent focused on

children, with a pageant and a luncheon. "We are maintaining all of those traditions with a couple of shifts," Buchanan, who became the minister earlier this summer, explained. "The idea is that the whole service will be child friendly." She admitted that with especially young children making up a lot of the youth in her congregation, it would be an interesting challenge for her.

This will be one component of the day. Buchanan explained that they would also have activities for children and their families to do together or on their own. This event stemmed from the Messy Church program created by Lucy Moore, which Buchanan is adapting to suit her community, hence the name 'messy-ish'.

"It's a program that recognizes Sunday morning does not always attract young families," she explained. The current format just does not hold a young child's attention, and children can end up also taking up the parents' attention. With this particular style, "It's about the whole family".

The holidays are the perfect time to give it a try, with families looking to spend more time together. "It's creative family time," Buchanan said. With busy day-to-day lives, "we don't always know how to take time," she said. This way they can talk about their values and their morals in a fun and creative way.

Buchanan described the potential of the sermon and the stations, which range from cooking to crafting to medi-

tation and reflection. It really does have a little something festive for everyone.

The Christmas spirit will continue to spill over into the following Sunday when the choir will lead the service, sending the congregation into the Christmas week full of good cheer and happy songs.

With her first holiday season approaching as minister, Buchanan said she was really looking forward to these new events. "Every community celebrates this time of year differently, and I'm excited to participate fully," she said, adding that she felt the overwhelming support of the community and the abundance of holiday joy.

Businesses go green

CONT'D FROM PAGE 1

"American Biltrite Canada is a medium sized business on the export markets," the general manager said. "Given that, the majority of our investment over the past few years has been for product development, new equipment, and adaptations for health and safety. Investing in the environment and in energy efficiency is hard for us. Without the eco-performance program we never would have been able to announce this project today."

Arcand said that although it can be hard for companies to get a foot in the

door when it comes to updating for energy efficiency, there is incentive for them in the long-term cost savings brought in through the work. With regard to the work of the province in general in meeting targets for carbon emission reduction, the minister said that he feels Quebec is on good track, but still has a long way to go.

"That's why we have a policy for the electrification of transportation, why we're doing this work with energy efficiency, and why we are working with these sorts of programs," Arcand said, adding that the Liberal Government wants to create a an organization with

the specific intent of helping both companies and the average citizen with improving overall energy efficiency.

"I am convinced that climate change

is inevitable and every country has its job to do," the minister said. "We can all make a difference."

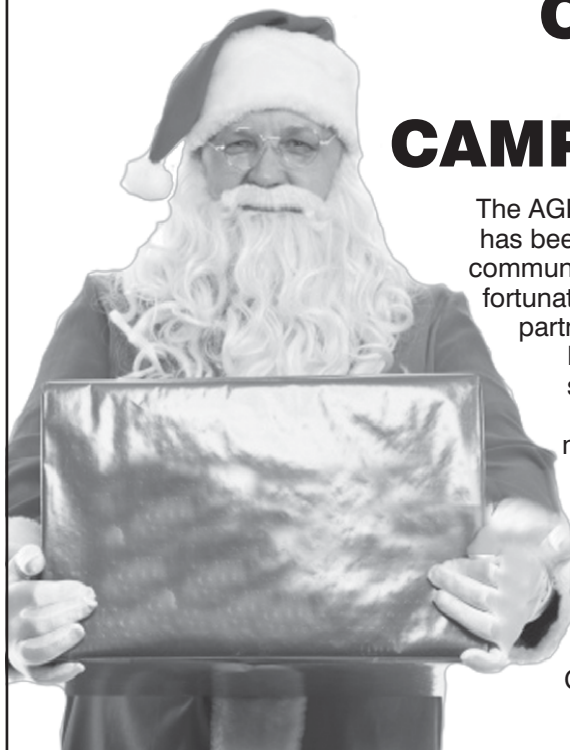


GORDON LAMBIE

Valerie Sapin, marketing and innovation director with Gaz Metro; Luc Fortin, Minister for the Estrie Region; Pierre Arcand, Minister of Natural Resources; and Jean Pierre Benoit, General Manager of American Biltrite Canada at the American Biltrite factory in Sherbrooke on Friday morning

WE NEED A HELPING HAND THIS HOLIDAY!

ALEXANDER GALT CHRISTMAS BASKET CAMPAIGN 2016



The AGRHS Christmas basket campaign has been a long-standing tradition in the community. Over the years we have been fortunate in being able to rely on several partners and community members to help us fill the baskets with some staples and all the trimmings of a holiday meal. However, to better meet the changing realities of our clientele, we are focusing on raising funds rather than food items (any such donations will be taken to the local food bank), baskets will be created from the funds received. The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

We hope we can continue to rely on your support, as it remains very important for the success of our Christmas basket campaign.

Please, make cheques payable to (tax receipts for donations of 10\$ and over will be issued):

AGRHS Christmas Basket Campaign

and mail to: **AGRHS, P.O. Box 5002, 1700 rue College, J1M 1Z9**

Thank you for your generosity!

My Take:

Matthew McCully

Dog owner terminology: Checking the rearview- It's that thing where dogs make a run for it, but keep looking back to make sure you are chasing them, because that's half the fun. I am looking after two little dogs.

They usually just wander around the house slowly as though they were half-sedated.

I brought them for a walk yesterday, attached to the same leash in a V.

On a normal day, they can't commit

to a direction or speed.

Yesterday, when I let go of their leash for a second for a pooh pick-up, the two of them took off in unison, galloping down the path at Lac des Nations like a pair of Clydesdales from a Budweiser

commercial.

It took a good 500 yards to catch them, mostly because the Chariots of Fire theme song popped into my head and I couldn't stop laughing.

A Street for Sherbrooke Actor and Filmmaker Mack Sennett

Submitted by Gérard Coté and Jean-Marie-Dubois (Université de Sherbrooke), both members of the City of Sherbrooke's Toponymy Committee

Mack-Sennett Street was opened in the fall in the borough of Rock Forest area, south of Boisé-Fabi Elementary School.

The street names in the residential development, built in 2006, were chosen by Sherbrooke city council and reference famous Quebec artists.

Other streets in the development include Albani, for singer Emma Albani (1847-1930), André-Mathieu, after the pianist and composer (1929-1968) and a street named after Sherbrooke poet Neil-Tracy (1905-1986).

Michael Sinnott (later known as Mack Sennett) was born in Richmond, January 17, 1880. He was the oldest of the five children. His mother Catherine Foy was originally from Sherbrooke, and his father John Francis Sinnott was from Tingwick.

John Francis came from an Irish family and was a carpenter and innkeeper in Richmond. The couple had married in

St. Patrick's church in Tingwick, February 24, 1879, when John Francis worked on the family farm in Danville. Around 1886, the family lived in Lac-Mégantic where John Francis was an innkeeper. In 1897-1898, the family moved to East Berlin, Conn. and then to Northampton, Mass., where Michael (then 17-years-old) worked in the American Iron Works factory.

His dream in life was to become a comedian.

In 1902, he met Ontario born actress Marie Dressler (1868-1934) who ran a theater company on Broadway. Michael left for New York and, with the help of Marie, working in modest theaters and private functions, he learned the ropes and became a burlesque actor. In 1908, he was hired by Biograph Co. Studios, one of the most important film studios at the time. Thanks to his great talent as a comedian and with the encouragement of his mentor, producer David Wark Griffith (1875-1948), he helped with many of the company's burlesque films.

Sennett settled in Los Angeles in 1910.

In 1912, along with two partners, Sennett started his own production company in California, the Keystone Film Co. In 1914, he launched his friend Marie Dressler's movie career by producing the silent movie Tillies's Punctured Romance. In 1915, the Keystone Film Co. became partners with two other film companies forming the Triangle-Keystone, but the venture failed in 1917.

Sennett then partnered with Paramount and produced under the name of Paramount-Sennett Comedies. In 1920, he started his own company, Mack Sennett inc. and produced movies over the years for various productions.

Mack Sennett worked in many trades; he acted in 354 movies between 1908 and 1932, produced 684 movies between 1911 to 1935, and was a screenwriter for 50 movies between 1908 to 1932. Sennett is credited with the discovery of Charlie Chaplin and of Bing Crosby, among others. Nicknamed the King of Comedy, Mack Sennett was awarded an Oscar in 1932 for the best short film, For Wrestling Swordfish and a special Oscar in 1937 for his contribution to Holly-

wood comedy. When he retired in 1935, he came back to live Canada, but later passed away in a Los Angeles suburb, Woodland Hills, November 5, 1960. He was then inducted to the Hollywood Walk of Fame.



PHOTO OF PUBLIC DOMAIN : [HTTP://EN.WIKIPEDIA.ORG/WIKI/MACK_SENNETT](http://en.wikipedia.org/wiki/Mack_Sennett)

Veteran visits Magog Scouts

Dr. Marc Dauphin was a guest speaker visiting the 4th Lake Magog scouts on November 21st. Dr. Dauphin served in Kandahar, Afghanistan as an ER doctor in charge triage at Role 3 Hospital where 97% of wounded would come out alive, thus marking a world record.



PHOTOS COURTESY OF ANNIE BARON

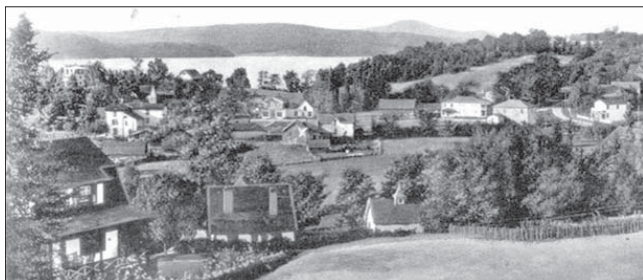
Leaders: Bagheera (Adam) , Akela (Anne), Dr. Dauphin, Baloo (Lucette) and Rama (Annie)

Veteran visit with troop- :Appearing on picture: Cubs: Xavier, Wyatt, Ethan and Aaron Scouts: Geoffrey, Darrin, Tristan and Gabriel (Emilia-sister-) Leaders: Baloo, Rama, Akela, Dr. Dauphin and Bagheera

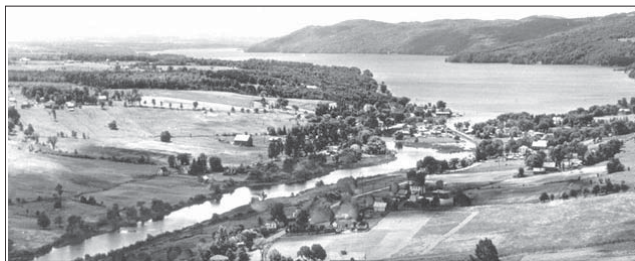
Townships Trivia: Name that Village



By Matthew Farfan
Executive Director, Quebec
Anglophone Heritage Network (QAHN)



1) This early postcard, c.1910, shows a scene overlooking what village on what lake?
a) North Hatley, Lake Massawippi
b) Lac-Mégantic, Lake Megantic
c) Georgeville, Lake Memphremagog
d) Ayer's Cliff, Lake Massawippi



2) This aerial view, c.1940, shows what village and lake?
a) Magog, Lake Memphremagog
b) Eastman, Lake Orford
c) Georgeville, Lake Memphremagog
d) North Hatley, Lake Massawippi



3) This photograph from 1910 is taken just up the street from the village "Common" or "Green." But where?
a) Knowlton
b) Hatley
c) Mansonville
d) Eastman



4) This village, seen here c.1930, was settled by French-Canadians repatriated from New England in the 1870s. Mount Megantic is visible in this photo. But what village is it?
a) La Patrie
b) Sainte-Edwidge-de-Clifton
c) Saint-Herménégilde
d) Saint-Venant-de-Paquette



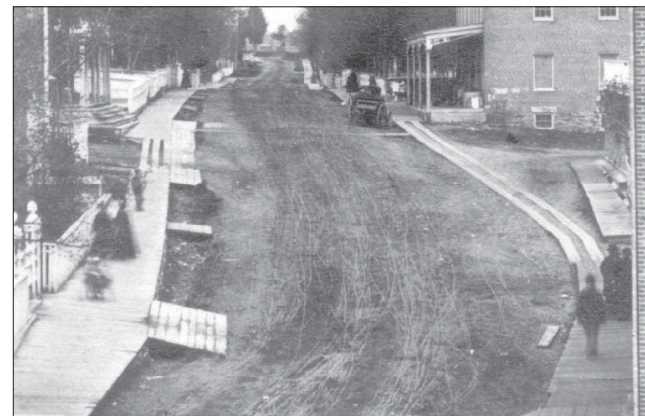
5) This village is known for its 12-sided barn, seen here on the left. Name it.
a) Milby
b) Mystic
c) Megantic
d) Melbourne



6) This building, seen here c.1905, is still standing today. Built as a hotel in 1865, it housed the Odd Fellows hall on the upper floor. Name the town.
a) Bedford
b) Dunham
c) Stanbridge East
d) Frelighsburg



7) The Eastern Townships Bank, which was swallowed up by the Bank of Commerce in 1912, built branches all over the Townships. This branch is still standing today (minus the dome). What town is it in?
a) Rock Island
b) Farnham
c) Coaticook
d) No idea, that could be anywhere!



8) This view, taken in the 1860s, shows Commercial (later Dufferin) Street from the Magog Bridge. What town is it?
a) Omerville
b) Magog
c) Sherbrooke
d) Rock Forest



9) The town in this photo was a major lumber producer and was settled largely by Scottish immigrants. Name it.
a) Stornoway
b) Scotstown
c) Sawyerville
d) Gould



10) This town, seen here c.1920, was settled by Loyalists in the 1790s. Can you name it? Hint: a major ski resort is nearby.
a) Sutton
b) Orford
c) Bromont
d) Mansonville



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ANSWERS:
1) c
2) d
3) b
4) a
5) d
6) c
7) c
8) b
9) a
10) d

EDITORIAL

Nevertheless, Castro, and his revolution changed not only the destiny of that "island prison," as Kennedy once called it, but that of Latin America as a whole.

The Last Comandante



MIKE McDEVITT

Last week, one of the last survivor's of the 20th century's revolutionary elite died peacefully at the ripe old age of 90 - another milestone in the passing of an era.

Fidel Castro was one of the last of the great 20th century revolutionary leaders whose contrasting visions of the ideal society served as the underpinnings of the era's great military and political conflicts.

Some, we consider heroes, like Churchill and Roosevelt. Others, like Hitler and Stalin, we see as monsters. A few, like Ghandi and Mandela, we oddly see as saints. But what they all have in common is the profound impact their individual personalities had on the movements they led. All were willing to bypass the rules, to fight dirty, and to sacrifice much in their relentless advocacy of their cause.

Another commonality was in their ability to inspire masses of people.

Castro, whose sudden conquest of the beautiful island of Cuba in 1959 surprised almost everybody, was no Ghandi, but neither was he another Stalin. He was the leader of a diverse collection of opponents of the astonishingly corrupt government of mob-owned Fulgencio Batista who suddenly found himself in charge of a desperately poor, ravaged country. Moreover, as Cuba had long-served as a rules-free playground for American wealth - criminal and otherwise - his revolutionary, socialistic ascension was not greeted warmly by America's cold warriors, not to mention the country's dispossessed elite.

Like many of his kind, Castro proved to be a much better revolutionary leader than he was a ruler and was inherently insecure. Unlike most, his insecurity was based on the solid evidence that his big bad neighbour and one-time closest friend was out to get him.

After the disastrous Bay of Pigs fiasco, Castro not only got the opportunity to gloat over the crushing defeat he had inflicted on America's proxy insurgents, but took it one step further and went full-out Dr. Strangelove during the Cuban nuclear missile crisis. Despite his love of baseball, he and the Americans were never friends again.

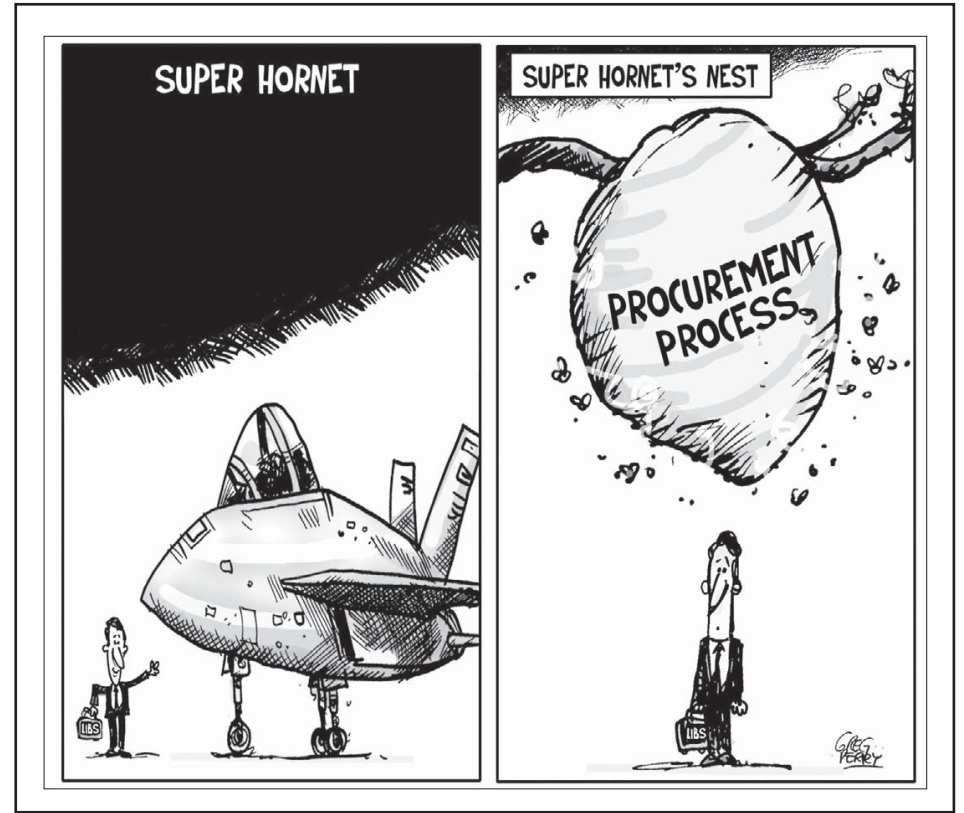
Castro's accomplishments during the nearly six decades of his rule are varied and not without bitter controversy. His human rights record has been atrocious-even bearing in mind the ferocity of the opposition he faced. The isolation his enmity with the United States has also cost the country dearly. On the other hand, he has almost eradicated illiteracy and child poverty and has created one of Latin America's best and most accessible education systems. Cuba's medical proficiency is recognized worldwide.

Castro's Cuba also suffered from another ideologue's disease - the inability to accept a reality that runs counter to core beliefs and in his determination to make his reality true, Castro often went too far - at great cost.

Nevertheless, Castro, and his revolution changed not only the destiny of that "island prison," as Kennedy once called it, but that of Latin America as a whole. Aided by poster-boy guerilla Ernesto 'Che' Guevara, and bolstered by the middle finger just given the US, Cuba's jungle revolution was emulated by groups throughout the region, much to the discomfort of the United States.

When Castro's long-anticipated passing was announced on Friday, Canadian Prime Minister Justin Trudeau issued a customary and appropriate diplomatic statement of condolence to the Cuban people and the Castro family. He added the persona acknowledgment that his father, Pierre Elliott Trudeau, enjoyed a close relationship with the Cuban dictator and considered him a friend - in spite of their profound political differences.

It isn't surprising that Trudeau père and Castro could hit it off; they had a lot in common. Both were scions of wealthy families, trained in the law, and immersed in modern political theory. They spoke a common language and faced a similar situation relative to the proximity of their domains to the American centre of gravity. Both men aspired to



having- and succeeded -a lasting impact on their respective societies and both could show imposing determination in getting their way. A fly on the wall could have learned a lot.

As the second decade of the 21st Century creeps towards its end, it's becoming clear that 'strongman' dictatorships and personalities are making a comeback after decades of technocratic prominence. Populist, provocative rhetoric has replaced intellectual debate and expertise and knowledge are viewed as suspicious at best, corrupting at worst.

Canadian opposition politicians, unable to maintain a cohesive critique of government policy, were quick to jump on Trudeau's statement, pointing out that he didn't feel it appropriate to list the deceased man's crimes in a message of condolence, but that only underscores the ineffectiveness of their performance. Fresh from a failed attempt to create a scandal over the Trudeau Foundation,

opposition spokespersons are ignoring the real failures of the Trudeau government relative to the promises they made and - aided and abetted by a lazy media, it must be said - are focussing on grabbing headlines rather than presenting policy. That all three major parties are leaderless, by the way, doesn't help.

Regardless of how history will ultimately judge his legacy, Fidel Castro's imprint on the second half on the twentieth century is undeniable. It extended far beyond the wealth and size of the country he ruled and continues to resound in the world today.

While it's true that the current world stage is not bereft of singularly imposing personalities, all them are lacking a vision that goes beyond a 'bring back the god old days' illusion that refuses to even look at, let alone deal with, the stark realities the future presents. We'll miss the men of vision, no matter how screwed up they often were.

Letters

DEAR EDITOR;

The members of Lennoxville United Church UCW are most grateful to The Record for publishing information about its 2016 Christmas Bazaar and Turkey Supper. We would also like to publicly acknowledge the publicity given to this event via radio Station CJMQ by David and Maureen Teasdale who most obligingly give air time to all our fundraising events, including this last one. Thank you to all the merchants and businesses in and around Lennoxville who so generously support our Silent Auction each year and to everyone in our Church and the Community in which we are located for making our Bazaar and Turkey Supper such a success.

DEANNA McNAB,
PRESIDENT, LENNOXVILLE UCW
AND
KRISTAN MCKERCHER,
CONVENOR OF THE CHRISTMAS BAZAAR

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COLUMNIST

Only 6 out of 100 sexual assaults are taken to the police according to Sexual Assaults Canada.

Women's fraternity a safe space on campus



By Hayley Winch

According to Stats Canada, 1 in 3 women will be sexually assaulted in their lifetime with women ages 18 to 24 being among the highest rate of sexual assaults. This means that college and university students are at a greater risk for assaults of this kind. What supports and resources are available to women, including survivors of sexual assault, to help empower them?

One support at Bishop's University that offers young women a safe and compassionate environment is membership within the women's fraternity on campus, Alpha Phi.

Alpha Phi is an international organization that was founded in 1872 by the first ten female collegians of Syracuse University. These women bonded together feeling as though there was no place for them to be themselves and to discuss subjects that affected them in the predominantly male realm of academia of the time.

Today, one of the most glaring subjects affecting collegiate women is sexual assault.

The collective of women in Alpha Phi work hard to

create a comfortable and welcoming place for members so that in times of crisis, like surviving a sexual assault, there is somewhere for them to go for unconditional support. Alpha Phi provides a circle of sisters available and willing to stand by survivors through their struggles and supports them in their decision making process; as it is up to the survivor to decide what they want to do and what their needs may be.

Only 6 out of 100 sexual assaults are taken to the police according to Sexual Assaults Canada.

By having a support group in Alpha Phi, sisters are able to ask for help and are empowered to tell their story. Sisters are also there to listen. If a member does not wish to report the incident, regardless of the amount of persuasion from others, sisters respect that decision and offer support by any means possible.

Bishop's University understands the reality and severity of sexual assault and has created opportunities for students to learn about the signs of sexual assault and how to intervene and help others. The Residence Life Team and other integral members of the University, including the Dean of Student Affairs, participated in Bystander Intervention Training that fo-

cused primarily on sexual assault.

This year, all 800 members of the 2016 incoming class attended mandatory sessions of the training throughout Orientation Week. By doing so, Bishop's University is taking a proactive stance against sexual assault. The mission is for this to continue each year for the subsequent incoming classes.

Becoming a member of Alpha Phi allows young women to access available resources, as well as educate and support members. The Fraternity offers opportunities to get to know other women on campus to develop a deep sense of friendship and sisterhood. Sisters want to look out for each other while also offering a chance for personal growth. This can be accomplished with the simple gesture of support, understanding, and continuous empowerment.

Alpha Phi has partnered with the Lennoxville and District's Women's Centre to promote a campaign against sexual violence on campus and throughout the community. Alpha Phi hosted a White Ribbon Campaign on campus Thursday, November 24th to promote awareness and educate students in hopes to expel myths about violence against women.

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Promoting the Townships

Record Staff
SHERBROOKE

local consumption, especially at this time of year when gift giving is at its peak

the movement's instigator, Janna Hubacek, author behind the Townships food and activities blog, launched four months ago.

To take part in the challenge, just use the hashtag #LOVElocal when sharing a picture of a personal favorite on Facebook or Instagram.

"Buying local is something that is trending all over the world, and Quebec is no exception. It's a way to reclaim what we have in our own backyard. At the same time, I want people to feel comfortable selling products they like," says

The Eastern Townships have several food and agriculture attractions including the Wine Route and several Christmas markets, in addition to several fine dining opportunities, to name but a few.

A selection made from photos posted before December 15 will be published on the blog a few days before Christmas.

A new campaign promoted by the blog Mescantonsdelest.com, is hoping to help promote activities that take root in the region during the holiday season.

The Le #défiLOVElocal challenge is an initiative to promote responsible and

Quebec kicks in \$600,000 for Cathedral repairs

Record Staff
SHERBROOKE

"This announcement is in addition to the \$1.5 million announced for the revitalization of the Cathedral Basilica," said Sherbrooke NA and Minister of Culture and Communications, Luc Fortin.

In total, restoration valued at \$8.5 million is planned for the Cathedral complex and already roofing, masonry, and window replacement to prevent major damage from water infiltration.

A fundraising campaign is still underway to help pay for the work and needs an additional \$3 million to be raised.

The Quebec government has announced a \$600,000 grant for restoration work at Saint-Michel Cathedral Basilica and the Sherbrooke Archbishopric.

The money will be used to restore the archbishop's palace roof to its original slate and to rebuild the universal access ramp to the cathedral itself.

Trudeau defends comments after the death of former Cuban leader Fidel Castro

Canadian Press

Prime Minister Justin Trudeau says the former Cuban president Fidel Castro was a dictator, but that does not mean it was inappropriate to acknowledge his achievements at the time of his death.

Trudeau says it was a statement meant to mark the death of a former head of a country with which Canada has had a long relationship.

Speaking in Antananarivo, Madagascar, where he is attending the summit of la Francophonie, Trudeau says he understands that some people who had been affected by the Castro regime would view things differently.

He says he never shies away from raising human rights, and that included doing it during his visit to Cuba.

The Liberal prime minister is facing criticism at home and abroad for his statement expressing "deep sorrow" about the death of Castro, without mentioning his human rights violations.

Quebec Premier Philippe Couillard says that while historians will debate his influence in his home country, including his record on human rights, there is no denying the Cuban leader was a giant of the 20th century.

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Local Sports

The Gaiters have been led so far in points this season by the trio of Edith Noblecilla, Mara Marchizotti, and Ashley Milhomme.

Gaiters close out Fall in Mitchell Gymnasium

Lady Gaiters earn first win as Men's squad falls to 0-4

By Dylan Konecny

The Lady Gaiters Basketball team earned their first win in conference play this season in Mitchell Gymnasium Saturday. The Gaiters' first conference win in over three seasons came against the #8 nationally ranked McGill Martlets in decisive fashion. Through a hard effort on defence, head coach Craig Norman's team outscored the Martlets 20-8 in points off turnovers on their way to 62-40 win.

The win is the Gaiters' first conference victory in over three seasons. The Gaiters have been led so far in points this

season by the trio of Edith Noblecilla, Mara Marchizotti, and Ashley Milhomme. Noblecilla has averaged 11.8 points per game, Marchizotta 11.4 and Milhomme has 10.8 points per game.

In the Gaiters' post game presser Norman commented on how the victory against a nationally ranked team would move the program forward in the coming new year, "We had a couple of bad stretches, but I'm so happy for girls like Edith [Noblecilla] and Mara [Marchizotti] who have been through so much here. It's huge for the program, and we absolutely needed that win before Christmas time."

The Men's squad was unable to carry on the momentum from the first victory in Mitchell Gymnasium into the second game of the double-header. As Gilpin's Gaiters dropped their fourth straight contest of the season in RSEQ play.

The Gaiters were neck and neck with McGill to start the fourth quarter tied at 62. However, with 4:12 remaining in the game Jenning Leung hit a three-pointer to take a two-point lead for McGill and that lead stuck as they went on to win 81-73, outscoring the Gaiters 10-4 in the closing minutes.

The Gaiters were led by Sherbrooke native David Belanger in scoring, with 16

points (8-11) in the game. Belanger, a veteran leader with the team has progressively improved his scoring touch as the season has progressed, logging his highest point total of the season so far against McGill.

Both Gaiters teams are now off until the new year. The Gaiters return to action in conference play with a home and home series against the Laval Rouge et Or January 13th and 14th. Laval hosts the first of the games in Quebec City the Friday night and the Gaiters host in Mitchell Gymnasium the following night on the Saturday.

Laval beats Calgary for 9th Vanier Cup

Former Champlain Cougars performance's key to win

By Dylan Konecny

After the time-clock struck all zeros, the Laval Rouge et Or were crowned national champions for the 9th time at Tim Horton's Field in Hamilton on Saturday. The Rouge et Or under head coach Glen Constantin practically willed themselves to victory after falling behind early against a very formidable Calgary Dinos squad.

The Dinos' offence silenced the Laval friendly crowd when they came out in full force early on. First, Calgary quarterback Jimmy Underdahl launched an 86-yard pass to Michael Klukas for the game's first score on the very first play from scrimmage, putting the Rouge et Or behind before you even had time to blink. After less than five minutes of playing time, the Dinos were in control with a 14-0 lead.

Overall the Dinos' offence performed well accumulating a total of 554-yards over the course of the game against Laval's 446-yards and were able to sack quarterback Hugo Richard a total of seven times on defence. However, it was Laval's players that made clutch play after clutch play late in the game that in the end gave the Rouge et Or their first Vanier Cup since 2013.

Unfazed by the deficit Laval eventually put together a drive that ended with a 37-yard touchdown from Richard to Marc-Antoine Pivin. "We wanted to get back the momentum, it was something we worked on in practice and we had a good look so we went for it" said the freshman receiver Pivin.

The score from the freshman cut the lead, but at the half Laval was trailing 17-10 to the 2016 Mitchell Bowl champs.

In the second half Laval played lights out. The defence was looking to pressure backup quarterback Adam Sinagra after Underdahl left the game with a knee injury in first half. Down 20-10, after Niko Difonte hit a 37-yard field goal, the Rouge et Or got a big play in a key moment when Cedric Lussier-Roy sacked Sinagra, stripping the ball loose and recovering the fumble deep inside Dinos territory.

"Our Coach (defensive coordinator Marc Fortier) had a great blitz called and I saw [Sinagra] running for his life. I got to him for the tackle, I saw that the ball came loose and was able to recover it, it was amazing" said the Sherbrooke native on the defensive highlight.

Two plays later Richard found his hulking receiver Antony Auclair in the end zone for a two-yard touchdown, bringing the score to 20-17.

Before the end of the third quarter Vincent Alaire-Tardif rushed 3-yards into the end zone for Laval's first lead capping off a 10-play drive. Alaire-Tardif finished the game rushing for a total of 95-yards for an average of 5.6-yards per carry behind the Laval offensive line.

After Calgary took back the lead with back-to-back field goals. Laval answered back with their final scoring drive capped off by a 1-yard rush from Richard.

The drive started with a major momentum swing from a Rouge et Or punt block. Raphael Robidoux-Bouchard blocked the punt from Sinagra in a remarkable feat of athleticism; jumping several feet in the air to block the ball with his out stretched arms over helpless Dinos players.

"I didn't know he could jump that

high" said Antony Auclair on the special teams' play of the game.

Bouchard came up clutch again just minutes later in the final minute of the quarter. After Calgary gathered some chunks of the field trying for a game winning touchdown late, Bouchard knocked the ball loose from Kelton Bailey causing an incomplete pass on third down, sealing a Laval victory with the turnover.

After Laval killed the remaining 16 seconds taking a knee to run out the clock, the players stormed the field in celebration after defeating the Dinos by a score of 31-26.

Making their way to the stage for the trophy presentation, the team constantly chanted together in unison. "All the way! All the way! All the way!" The players chanted it before, during and after the Vanier Cup's presentation.

Auclair commented on how the final game reflected the Rouge et Or season. "We had a rough start our first game with the loss but as the season went on we got stronger. That's how this game went, they might've won the first half but we finished strong."

The Bruce Coulter Defensive MVP trophy was awarded to Lussier-Roy who had 5.5 tackles along with a 14-yard sack, force fumble and fumble recovery.

After the game the linebacker explained how much the Vanier Cup meant to him. "When you win the Bol d'Or, you are the Quebec Champion, when you win the Vanier Cup you're the Canadian champion. I'm happy to receive the individual award but I only really wanted the Vanier Cup and we earned it."



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Datebook

MONDAY, NOVEMBER 28, 2016

Today is the 333rd day of 2016 and the 68th day of autumn.

TODAY'S HISTORY: In 1895, the first automobile race in the United States was held in Chicago.

In 1905, Arthur Griffith formed the Sinn Fein political party, with the goal of independence for all of Ireland.

In 1925, the Grand Ole Opry debuted as the WSM Barn Dance.

In 1995, President Bill Clinton signed legislation repealing the federal 55-mph speed limit.

TODAY'S BIRTHDAYS: William Blake (1757-1827), poet/artist/philosopher; Friedrich Engels (1820-1895), social philosopher; Claude Levi-Strauss (1908-2009), social anthropologist; Berry Gordy Jr. (1929-), Motown Records founder; Randy Newman (1943-), composer; Paul Shaffer (1949-), bandleader; Ed Harris (1950-), actor; Alfonso Cuarón (1961-), filmmaker; Jon Stewart (1962-), TV personality; Karen Gillan (1987-), actress.

TODAY'S FACT: Berry Gordy Jr. fought 17 times as an amateur and professional boxer, winning 12 bouts, before founding Motown Records (as Tamla Records) in 1959 using an \$800 loan from his family.

TODAY'S SPORTS: In 1979, Billy Smith of the New York Islanders became the first goalie in NHL history to be credited with a goal. After a Colorado Rockies player mistakenly hit the puck into his own team's net, Smith was awarded the goal as the last Islander to touch the puck.

TODAY'S QUOTE: "The man who never alters his opinion is like standing water, and breeds reptiles of the mind." — William Blake

TODAY'S NUMBER: 7 — Enron's rank among the largest U.S. companies before it went bankrupt in December 2001. Enron stock, which had reached a high of \$90 per share in August 2000, plunged below \$1 on this day in 2001.

TODAY'S MOON: Between last quarter moon (Nov. 21) and new moon (Nov. 29).



DO JUST ONE THING
By Danny Seo

Sick houseplant? Make it a healthy cocktail. Try pouring a little carbonated water instead of regular tap water when watering unhealthy plants. The reason? The bubbly water has something called macronutrients, which include carbon, oxygen, hydrogen, phosphorous, potassium, sulfur and sodium. These are all nutrients that plants need, and when done through water, they absorb it quickly and can heal themselves — and also grow at a faster rate. Even if you just have a little leftover club soda, give it to your plants, and say "cheers!"

Death

Gordon HUMPHREY

It is with great sadness that we announce the passing of Gordon Frederick Humphrey on November 24th, 2016. He is survived by his loving wife of 58 years, Irene Porter, his cherished daughters Lana (Dan Taylor), Nancy (Chris McNab), and Norma (Roger Villeneuve), and adored grandsons Michel and Mathieu Villeneuve, and Jacob, Cedric, and Trevor Taylor. His sister Shirley Nutbrown (Harold Nutbrown) and their son Kevin, his sisters-in-law Rita Nugent and Cora Porter and many nieces and nephews.

There will be visitation at the Cass Funeral Home in Lennoxville on Tuesday, November 29th in the evening, from 6:30 p.m. to 9:00 p.m. The funeral will be held at Beulah United Church in Ayer's Cliff on Wednesday, November 30th at 2:00 p.m.

In lieu of flowers donations may be made to the Kidney Foundation or the Celiac Association.

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How to clean a dishwasher

FROM CONSUMER REPORTS(R)
By the editors of Consumer Reports

The dishwasher is your go-to cleaning machine, especially after a big family meal. Now and then, you need to return the favor by giving your dishwasher a thorough cleaning. This will keep the machine running smoothly and looking its best, while also preventing nasty odors from wafting into the kitchen.

Consumer Reports offers these expert tips.

Step 1: Clean the exterior. If your dishwasher front is made of plastic, use a sponge and hot, soapy water to wipe it down. For stainless steel dishwashers, glass cleaner is effective at removing built-up grime, smudges and fingerprints. Avoid spraying the cleaner directly onto the dishwasher front, since the moisture could damage its electronic controls. Instead, spray the cleaner onto a paper towel or soft cloth, then apply the cloth to the dishwasher.

Step 2: Clear the filter. This step is vital if you have a manual-clean filter, which are common on newer machines. These filters eliminate the grinder on self-cleaning dishwashers that pulverize food scraps and send them down the drain. The result is much quieter operation, but it also means more scraps getting trapped in the filter, leading to funky smells. That's especially true if you follow Consumer Reports' advice and don't pre-rinse dishes; most new dishwashers deliver solid results without the extra water-wasting step.

As for the filter cleaning, once a week or so, pull out the

bottom rack and remove the filter system, which usually consists of several interlocking parts. There's often a center cylinder that unscrews, allowing you to lift out the system and take it apart. Clean the parts individually at the sink, using the spray on your faucet or a sponge; Consumer Reports' testers also keep a small brush handy to dislodge coffee grounds and other grainy soil that can clog the mesh filter material.

This is also a good time to check the spray arm for trapped food scraps. It usually lifts off its base with a gentle tug. Rinse the arm under the faucet, inspecting for clogged holes, which can be cleared with a toothpick or wooden skewer. Some spray arms have an additional hole on their underside that's meant to shoot water into the filter, keeping it clean. Check it for clogs before reinstalling the spray arm and filter system.

Step 3: Sanitize and deodorize. Over time, discolorations can form throughout a dishwasher's interior, especially in homes with hard water. Odors will also penetrate the material. White vinegar is a remedy for both issues. Consumer Reports suggests placing a clean bowl with a couple cups of vinegar toward the center of the bottom rack. Run the dishwasher on the normal cycle without detergent. The dispersal of vinegar throughout the cycle should leave your dishwasher sanitized and deodorized.

If the discoloration persists because of severe mineral deposits from your home's hard water, you'll need to switch to a tougher store-bought dishwasher cleaner.

To learn more, visit ConsumerReports.org.



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Problematic grown stepsons

MONDAY, NOVEMBER 28, 2016

Dear Annie

Dear Annie: As I understood it, your primary job as a spouse is to respect, protect and support your spouse in all things, to always be truthful and never ask the other to do anything that you yourself would not do. However, all of the aforementioned becomes moot, it seems, when it comes to getting married later in life to a spouse with grown children.

Before we married, we decided my wife's domicile would be where we would live. I've been here as her husband since December 2004. I feel as though within these walls, we're equal (even if she does have a larger income), and I think I do my best to be my best, most of the time. I do, however, resent the fact that her sons are able to do as they wish without regard for us.

Recently, without any recourse, her eldest son began to yell at me. He told me to shut up and not even look at him. I somehow ended up being the one at fault. I feel as though he should have been shown the sidewalk.

On another occasion, I "forgot my place" and told another of my wife's sons how rude I thought it was for him to blow his nose (rather loudly, I might add) in the same room as his mother while she was on the phone with a client.

His response? "That was where the tissues were."

This same son, a self-proclaimed mama's boy, has recently decided to call me expletives and tell me I'm worthless.

Because I now refuse to be at "her home" during any family gatherings, it's assumed that I hate her children, when in fact I just don't like being disrespected any more than anyone else does. I find myself angry with my wife for not standing with me on the right side. At this point, I don't want to spend holidays in a compromising situation, even though that would mean not spending them with her. — Married My Wife, Not Their Mother and Them

Dear Married: Actually, you did marry them, too, in a way. When committing to a life with someone who has children from a previous marriage, you have to embrace the family as your own.

That said, I agree with you that your stepsons have said and done reprehensible things. Your wife shouldn't have allowed them to speak to you that way. She needs to step up and mediate.

You have to do your part, too. Set aside your pride

and let go of past resentments. If you want a happy marriage, you have no choice but to reconcile with them. No matter how foul their mouths, they will always be your wife's baby boys. She will never choose you over them — and it wouldn't be fair to ask her to.

Dear Annie: This is in response to "Disappointed Dude," who didn't like his dates "snooping."

Reading his email? Not OK. But Googling him and his friends? Absolutely! That's fair game.

I'm a retired child protective social worker, and I would encourage all the girls I worked with to do this. It's a safety issue.

Not everyone is who he says he is. Too many girls and women are not cautious enough about whom they are dating. They could end up used, abused and even worse.

Maybe "Dude" could consider discussing this issue with the woman he is seeing. Together, they could look up his online profile, and she could learn about friends and relatives from his past. If he had a daughter, I bet he would look up every man she dated! — Seen More Than I Want

Dear Annie: I am a single older woman who has been friends with another single older woman for a few years. Neither of us has family, so I have sort of come to think of her as family. A couple of years ago, this friend started riding motor scooters. She loves it and waxes enthusiastic all the time about it. I had thought about getting a scooter before I even knew her, and I finally told her I would be interested in finding a scooter for myself. I knew nothing about scooters, never even sat on one, so I was relying on my friend for advice.

Before I even had a chance to look for a scooter to buy, my friend announced she had found the perfect scooter for me — and purchased it!

The cost of the scooter was several hundred dollars. When I first saw the scooter, I thought it was a piece of junk, but my friend said she had a friend who was going to fix it for me and all would be wonderful. I had grave doubts and tried to get her to take the scooter for herself, but she wouldn't hear of it. And I convinced myself that maybe I should give it a chance. I felt a little guilty that she had laid out the money, so I paid her for a scooter that I didn't want and hoped for the best.

Well, over \$1,000 later, the scooter was towed to the junkyard. I am angry with myself for being such a moron, and I am angry with my friend for throwing me into such an expensive mess.

I know she meant well, but she really messed me over. For someone else to assume she could indebt me for such a sum is mind-boggling. I know I have a choice — lose a friendship or forgive her and go on with a lesson learned — but how can I forgive someone who doesn't think she has done anything wrong? — Betrayed

Dear Betrayed: It is ridiculous that your friend bought you a scooter without even asking you and expected you to reimburse her. Let her know that though you appreciate her passion about the hobby and her wanting to get you involved, that wasn't OK. Then I would write this unfortunate situation off as tire tracks under the bridge and move on. In other words, forgive, but don't forget.

The next time someone crosses a boundary like that — well, don't let it happen. You don't have to pay for anything you didn't agree to buy in the first place.

Dear Annie: I enjoy reading your column daily, but your response to the senior woman who is considering moving away from her children leaves me wondering.

You suggested that before making plans to move, she talk to her three grown kids and ask why they are not speaking to one another. So far, so good. But then you suggested that she "repair those roots." Do you really think a parent can do that? I think a parent can encourage grown kids to try to make those repairs, but beyond that, there is little more the parent can do.

The writer did not mention any efforts on her part to spend time with her grown children and grandchildren. I was a bit disappointed that you did not encourage this woman to make phone calls, send cards and invite her children and grandchildren to her house more.

My two daughters, who used to be close, are presently not speaking to each other. They have both told me their sides of the story. This hurts me immensely, but I have no idea what I can do to help. (If any of your readers have any ideas, Annie, I would love to hear them.) — Relating

Send your questions for Annie Lane to dearannie@creators.com.

Botox used cosmetically is harmless and effective

ASK DOCTOR K

By Anthony L. Komaroff, M.D.

DEAR DOCTOR K: Can you explain how Botox reduces lines and wrinkles?

DEAR READER: "Botox" is short for "botulinum toxin." Botulinum toxin injections were first used for cosmetic purposes in the late 1980s. Since then, this therapy has gained quite a following. In 2012, these injections were the leading nonsurgical cosmetic procedure in the United States among men and women in nearly all age groups.

Why is this treatment for wrinkles and frown lines so popular? Botulinum toxin injections are quite effective at temporarily smoothing a wrinkled face, brow or neck. Over time, they slow the formation of deeper, more permanent facial lines. They are relatively affordable; they have very few risks; and they require no recovery time.

Wrinkles and frown lines are caused,

in part, by the tug of muscles beneath the skin. The tug causes smooth skin to form wrinkles and creases. Botox relaxes the muscles that are tugging on the skin.

Botulinum toxin is a protein produced by bacteria. If you ingest these bacteria in improperly preserved foods, or if they infect a wound, they can cause botulism. Botulism is a rare but potentially deadly disease.

But when Botox is used for a cosmetic procedure, it is in small and harmless amounts. Tiny doses of sterile, purified botulinum toxin are injected into specific muscle sites. The solution doesn't enter the bloodstream, and the procedure causes no harm. The amount used in a cosmetic treatment is far less than the amount needed to cause illness.

Botulinum toxin works by blocking the release of acetylcholine. This chemical messenger helps trigger muscle

movement. By blocking acetylcholine in a few strategic areas, the toxin inhibits selected muscles from contracting. As a result, the muscles controlling facial expressions relax and creases in the skin smooth out. Because the muscle can't contract, new creases don't form. (I've put an illustration showing how botulinum toxin works on my website, AskDoctorK.com.)

Botulinum toxin injections take just minutes and don't cause much discomfort. You may notice mild redness, minor headaches or occasionally minor bruising. The muscle-relaxing, wrinkle-reducing results usually last for about three or four months.

Many people worry that botulinum toxin injections will leave them with an unnatural expression or with frozen features. But when done well, these injections shouldn't drastically change your ability to form facial expressions. In rare cases, injections near the upper

eyelids or eyebrows may make them droop temporarily. But side effects are typically uncommon and minimal.

Following its introduction for cosmetic purposes, Botox also is being used to treat a growing number of medical conditions. All of these conditions involve muscle tension that can be relieved by Botox. Examples include overactive bladder, symptoms of an enlarged prostate, excessive sweating, tremors and other uncontrollable muscle spasms, and even migraine headaches.

You've heard the phrase, "Too much of a good thing can be bad"? Well, Botox teaches us that a very small amount of a bad thing can do good.

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St.,

Email your social news to classad@sherbrookerecord.com

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“YWF FV XBVM FEW GVBKFWH FERF
 PACWK AB IVSH KVSP, LACW LWWT
 ABFV IVSH KVSP RBL WOTPVHW AF.”
 — FVHA RGVK

Previous Solution: “Making me into a role model is placing too much importance on what I see as a work in progress.” — PJ Harvey

TODAY'S CLUE: X sjnabx X

REALITY CHECK

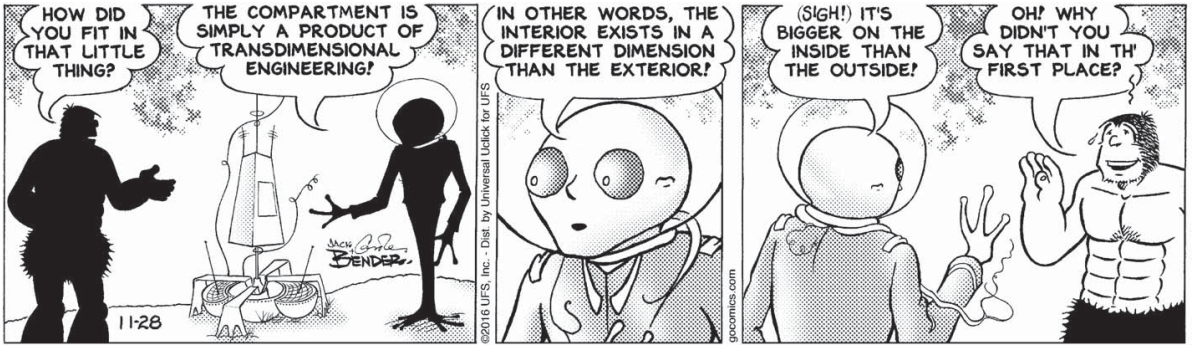


HERMAN



“I bet they’ll try to keep our \$5 deposit!”

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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	8	6				4	9	
2		9	1	5		3		8
			7		2			4
	2	1		8		9		6
	5		9	3		7		

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PREVIOUS SOLUTION

6	3	2	1	8	7	5	9	4
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5	9	1	4	2	3	8	6	7
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7	8	9	3	6	2	4	5	1
3	2	5	7	9	4	1	8	6
9	4	7	8	1	6	3	2	5
8	1	6	2	3	5	7	4	9

HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Your Birthday

MONDAY, NOVEMBER 28, 2016

Get past any frustrations by making the changes that will help you feel good about who you are, where you live and how you move forward in life. A transition can be made if you are willing to do the legwork. Make this year one to remember.

SAGITTARIUS (Nov. 23-Dec. 21) — Use your intelligence to figure out what to do next. Opportunities are within reach if you make the effort. Check out what's available and shoot for the stars.

CAPRICORN (Dec. 22-Jan. 19) — Think twice before you decide to participate in something that will require you to contribute time or money. An unresolved problem will surface if you aren't honest about past dealings.

AQUARIUS (Jan. 20-Feb. 19) — Study any situation you face from the inside out. When fully prepared, step forward and make your move. Success awaits you. Negotiations, contracts and professional gains look promising.

PISCES (Feb. 20-March 20) — Ease into whatever you decide to do. Expect to face opposition and criticism. Problems while traveling or dealing with institutions are prevalent. Moderation is your best course of action.

ARIES (March 21-April 19) — Concentrate on what you know will work, not on what others are doing. Don't make a move that might jeopardize your income or result in physical ailments or injury.

TAURUS (April 20-May 20) — Putting finishing touches on a project or improving your appearance will be gratifying.

Professional relationships will require diplomacy. Exercise moderation and control when shopping.

GEMINI (May 21-June 20) — Pick up the pace and go after what you want. Whether it's a better job, an enhanced relationship with someone special or needed changes at home, the key is to keep moving forward.

CANCER (June 21-July 22) — You'll have to use unusual tactics to find out information that someone is keeping from you. Knowledge is power, and it will help you bypass trouble when unexpected situations arise. Romance is highlighted.

LEO (July 23-Aug. 22) — Progressive action will pay off and set you on a path to bigger and better opportunities. Networking and searching for information relevant to your career or interests will prove beneficial.

VIRGO (Aug. 23-Sept. 22) — Tread carefully when dealing with matters pertaining to your home, domestic life and personal relationships. You are best off taking a back seat and concentrating on improving your health and overall fitness.

LIBRA (Sept. 23-Oct. 23) — Go where the action is. Get involved in activities that challenge you mentally and stimulate your desire to learn something new. Taking day trips or improving your resume or qualifications will pay off.

SCORPIO (Oct. 24-Nov. 22) — Work on projects you can do alone. The less interference you have, the better your chances of finishing what you start. Don't let someone's bad mood deter you from enjoying life.

MONDAY, NOVEMBER 28, 2016

It will give three if you return one

By Phillip Alder

Jack Welch, former chairman and CEO of General Electric and a bridge player, said, "Number one, cash is king ... number two, communicate ... number three, buy or bury the competition."

At the bridge table, number one, make or break the contract ... number two, communicate with your partner ... number three, bury the opposition.

Today's deal has elements of that, but also three and one are relevant — why? South is in three notrump. West leads his fourth-highest heart, and East puts up the king. What should declarer do?

South's three-notrump rebid shows some 18-20 high-card points, at least six diamonds, in principle stoppers in the two unbid suits and often a singleton in responder's suit. (It is a hand too strong for one diamond - one spade - three diamonds.)

South apparently starts with eight top tricks: four spades, two hearts (given trick one) and two diamonds. He can also establish three or four more diamond winners. But to collect all of those spade tricks, how does declarer get into the dummy?

The temptation is to cash the top diamonds and assume that the queen will drop, which it is supposed to do 58 percent of the time. Note, though, that if declarer can win six diamond tricks,

North		11-28-16	
♠	K Q J 7		
♥	4		
♦	J 5 2		
♣	J 9 6 3 2		
West		East	
♠	9 6 5 2	♠ 10 8 4 3	
♥	J 9 8 5 3	♥ K 10 7 6	
♦	3	♦ Q 8 7	
♣	A 7 4	♣ K 5	
South			
♠	A		
♥	A Q 2		
♦	A K 10 9 6 4		
♣	Q 10 8		
Dealer: South			
Vulnerable: Neither			
South	West	North	East
1♦	Pass	1♠	Pass
3NT	Pass	Pass	Pass
Opening lead: ♥ 5			

he has nine tricks via one spade, two hearts and six diamonds. But just in case the diamond queen will not drop, South should be willing to sacrifice one trick to get the three spade winners in return.

After winning trick one and cashing the spade ace, declarer should lead his diamond 10 or nine. If East ducks, South has six diamond tricks. If East wins, the diamond jack is a dummy entry.

CROSSWORD

Across

- 1 "Get lost!"
- 6 Google __: geographical app
- 10 Ruth with bats
- 14 Egypt's capital
- 15 They may clash on a movie set
- 16 Environmental sci.
- 17 *Power source that plugs into a computer port
- 19 Physics particle
- 20 Andes, e.g.: Abbr.
- 21 Against
- 22 Make amends (for)
- 23 **"Airplane!" flight number, to the control tower
- 26 Boats with double-bladed paddles
- 29 Forget to include
- 30 Mosque leader
- 31 Address for Bovary
- 33 Having one flat, musically

- 36 *Carl Icahn or Michael Milken
- 40 Billy the __
- 41 Father or son New York governor
- 42 Head, to Henri
- 43 Suffix with joke or pun
- 44 Gratify
- 46 *Castle gate-busting weapon
- 51 Going on, to Sherlock
- 52 Lily pad squatter
- 53 Sock hop site
- 56 "The Mod Squad" cop
- 57 Home of the player at the ends of the answers to starred clues
- 60 Actor Estrada
- 61 Be complicit in, as a caper
- 62 Giraffe kin
- 63 Exec's asst.
- 64 TiVo predecessors
- 65 Jotted down

- 26 Punt or field goal
- 27 Mine, to Marcel
- 28 One of 100 between end zones
- 31 Native New Zealander
- 32 Source of quick cash, briefly
- 33 Brainstorm
- 34 Butterfly catchers
- 35 For nothing
- 37 Eight-musician group
- 38 Regretful sort
- 39 Bulleted list entry
- 43 Heavysset
- 44 Plum's title in Clue, briefly

- 45 Blue or black water of filmdom
- 46 Hay bundles
- 47 Burning
- 48 Mixer with gin
- 49 Player referenced in 57-Across' clue, briefly
- 50 Southern side dish
- 53 Tiny biting insect
- 54 "Eek!"
- 55 Hotel room cleaner
- 57 Cleveland cager, for short
- 58 "Easy as" letters
- 59 Old studio letters

B	E	M	E		G	S	T	A	R		O	H	M	S	
O	X	E	N		H	O	W	T	O		F	O	C	I	
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O	H	O	H		R	E	A	C	T		C	A	N	T	
P	E	S	O		E	T	H	E	R		A	G	E	R	
A	X	E	L		G	A	U	D	Y		N	O	N	O	

Down

- 1 Film on stagnant water
- 2 Film credits list
- 3 Barbecue fare
- 4 Smile shape
- 5 Iroquoian people, or a hair style named for them
- 6 Fred or Ethel of old TV
- 7 Texas A&M athlete
- 8 19th-century master of the macabre
- 9 Old Rus. state
- 10 "Get lost!"
- 11 Follow, as a tip
- 12 Trailblazing Daniel
- 13 Roundheaded Fudd
- 18 Yucatán years
- 22 Jungian inner self
- 23 Pack (down)
- 24 Calf-roping event
- 25 Poet Khayyám

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60						61					62			
63						64					65			

Growling for answers

ASK MR. KNOW-IT-ALL
By Gary Clothier

when it was released. Here are the opening lines:

“It was a dark and stormy night; the rain fell in torrents – except at occasional intervals, when it was checked by a violent gust of wind which swept up the streets (for it is in London that our scene lies), rattling along the housetops, and fiercely agitating the scanty flame of the lamps that struggled against the darkness.”

Q: I was reading a Western novel in which the main character got caught in a wash during a torrential rainfall. He was unable to get to safety; a log came along, which he climbed on and rode to safety as if riding a bucking horse. The author used a word to describe the way he was sitting, but I can't remember it. Do you know? – J.S.J., Panama City, Florida

A: Look up the word “bestride.” The dictionary gives this definition: “to sit or stand on with the legs astride.”

Q: I was reading about gondolas. It said a gondola is propelled by an oar rather than punting. What is “punting”? – L.L., Pottsville, Pennsylvania

A: A punt is a flat-bottomed boat with a square bow and stern; they are used in shallow waters. To propel a punt, a pole is used to push against the riverbed. Now, who is doing this work? The punter, of course. Gondoliers use oars instead of poles.

DID YOU KNOW? Shirley Booth made



Shirley Booth



Humphrey Bogart

her Broadway debut in the play “Hell’s Bells” opposite Humphrey Bogart on Jan. 26, 1925.

Q: What does “blimey” mean, and what is its origin? – P.H., Midland, Texas

A: “Blimey” is a British cry of surprise, alarm or annoyance. It’s shortened from “gorblimey,” which is the Cockney form of “God blind me.” In medieval times, people would use contractions rather than break the third commandment of using the Lord’s name in vain.

Q: Why are the nautical mile and

land mile different? Which is longer? – T.L., Lawrence, Kansas

A: The nautical mile is a unit of distance that is approximately one minute of arc measured along any meridian (a line of longitude, stretching from pole to pole). By international agreement, it has been set at exactly 1,852 meters (about 6,076 feet).

The familiar land mile, also known as a statute mile, is 5,280 feet, and is based on paces. In 1593, an English Act of Parliament defined a mile as eight furlongs, which after lots of measuring, comes out to 5,280 feet, or about 1,609 meters.

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