

## Cookshire-Eaton town halls give locals direct access to government

By Lawrence Belanger  
Local Journalism Initiative

The Town of Cookshire-Eaton held its second of three 2023 Neighborhood Meetings last week, on March 15. Claude Leclair, director of communications and community life for the town, described the meeting as “a good outing,” stating that people were proud of their community and hopeful of the future. Speaking the following day over the phone, he described how community members brought up their ideas and “preoccupations.”

The final meeting in the series will be held on the main floor of the Sawyerville Community Building at 4 Randboro Road on Wednesday, March 22 at 7:00 p.m.

All Cookshire-Eaton residents are invited to attend and share their thoughts about the municipality.

According to Leclair, who spoke on behalf of elected officials, questions asked during the first two meetings were about issues such as road maintenance, housing development and municipal infrastructure improvements. “I think they were expressing constructive criticism,” says Leclair. Of chief concern for many residents was the cost of living. “Other towns and cities have brought forth substantial tax increases,” explains Leclair, due to the high costs of building materials,

CONT'D ON PAGE 5

## St. Patrick's parade in Richmond draws thousands



BIRD BOUCHARD

Record Staff

The sea of green in Richmond on Sunday afternoon was once again a welcome sight as thousands lined the streets for the town's annual St. Patrick's Parade.

The two-year break (2020 and 2021) in no way dampened the spirits of locals.

The turnout from last year and again this year demonstrated that the longstanding tradition is back in full swing.

See more photos on Page 3

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## Weather



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LOW OF -7



TUESDAY:  
CLOUDY

HIGH OF 2  
LOW OF -4



WEDNESDAY:  
SUNNY

HIGH OF 7  
LOW OF 1



THURSDAY:  
RAIN

HIGH OF 7  
LOW OF 3



FRIDAY:  
RAIN

HIGH OF 6  
LOW OF -5

# Maple party with games was a spring treat for seniors



## THE SCOOP MABLE HASTINGS

Mother Nature smiled brightly on the maple party and games day organized by the Missisquoi North Volunteer Centre (CABMN) held on Thursday, March 16 at the Feather in the Wind senior centre in Mansonville from 1:30 to 4 p.m. Organized and animated by the senior services support team and a dynamic group of amazing volunteers, the event was attended by many enthusiastic seniors and a youth or two who accompanied their grandparents for the event.

While organizers had set up both inside and out with seating, decorations and music, most attendees preferred to enjoy the sweet treats and games from the warmth and comfort inside the centre. The efforts made outside served a purpose however as the brightly coloured decorations were both inviting and indicative of the fun event taking place for those who



PHOTOS ANGELLE LAPLUME

An enthusiastic group gathered on Thursday, March 16 for the CABMN Maple taffy and games day for seniors

ventured inside.

"There is something so gratifying after all of the organizing and planning," shared Senior Services team member, Marie-Claude Joly, "Seeing the smiling faces enjoying the day and partaking in the fun made it all worthwhile. I am beyond appreciative for the help provided by all of the amazing volunteers who gave of their time today in so many ways," she said.

Volunteers boiled and served the maple taffy on snow to attendees who waited patiently, wooden sticks in hand to twirl and taste the sweet and sticky treat of freshly prepared taffy. Other volunteers served beverages, greeted and registered people at the door, animated the hilarious games that included the winning of prizes and others aided with the set up and clean up before and after the event.

At events end when one volunteer was asked how the activity went, she replied...

"It was terrific! We had a wonderful time and the event was a lot of fun for everyone!"

Attendees were all smiles and happy with the time spent with friends and neighbours while enjoying an event synonymous with spring and the coming of warmer weather. These types of activities certainly help the senior population to enjoy local traditions filled with memories and familiar sounds, smells and fun.

The twisted games were the

brainchild of Joly who came up with the idea of taking well known sports or games and putting her own special twist on how it had to be mastered. Games included: Base-bowl, Cravate au Four, Ouefs Poches, Slapstick golf and Basket-bone.

"I'm happy," said Joly. "I hope that attending this event will encourage seniors to join us for upcoming activities like next Thursday's game day where people gather to enjoy board games, visiting with friends and taking a coffee together. We meet here at the Senior Centre (309 Principale in Mansonville) from 1:30 to 4 p.m." she said.

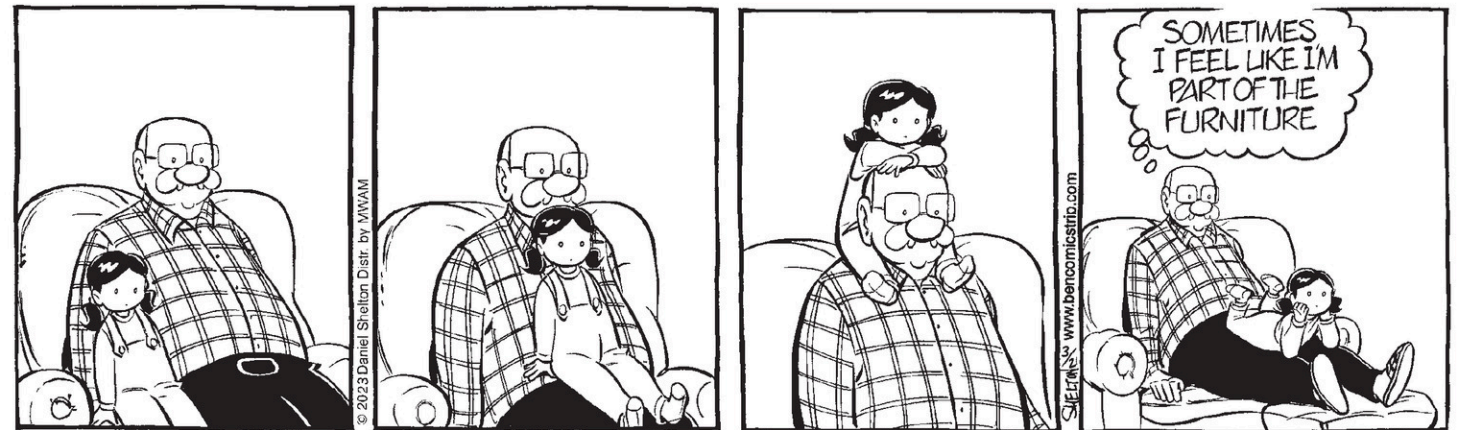
Wednesday mornings Linda Orefice animates a Viactive exercise program for seniors followed by a breathing and stretching session each week. Friday morning Marie-Claude Joly invites seniors to go for a walk together and anyone wishing to participate is encouraged to call the number below to find out the meeting location on any given week. There are a variety of activities organized and posted on the website (address below).

For more information on senior programming at the CABMN visit [www.cabmn.org](http://www.cabmn.org) or call 450-292-3114 extension 103 and speak to a member of the Senior Services team (Tuesdays-Lucie Beaudoin or Angelle Laplume, Wednesdays-Linda Orefice or Angelle Laplume, Thursdays and Fridays-Marie-Claude Joly).



Volunteer Claudette Laplume serves freshly boiled maple taffy to 95 year young Benoit Boucher

## Ben by Daniel Shelton





## Local News

The play worked to perfection. As the clock was winding down, Justin Matte made a 3-pointer from the corner to win the game.

# Massey Vanier Bantam Boys Basketball team season ends on a high note

By Bird Bouchard

Despite not winning any major trophies, the Massey Vanier Bantam Boys Basketball team is walking away winners.

According to head coach Timothy Croteau, the individual and group progress made by the team in the 2022-23 season was "quite incredible". Highlighting the development the team made throughout the year on the basketball court, the coach said he's more proud of the life skills gained.

"The boys developed socialization skills, realized the importance of working as a team to succeed in a common goal and built self-confidence," he said. I am very proud of the progress and know that in the future, they will go on to do amazing things."

Croteau said heading into the season, most of his team had never had a chance to play any type of organized basketball or ever had the opportunity to experience a game against another school because of COVID restrictions.

Admittedly, Croteau said the year started off shaky. Behind on skill, lacking basketball IQ and physically undersized compared to opponents, the team had a lot of work to do.

"The boys on the team did not let

that discourage them. They would come into each practice eager to learn, respectful and were very coachable," said Croteau.

Despite not having a lot of experience on the court and the odds stacked against them, the Massey Vanier team finished the season in 3rd place in the RSEQ league and 4th place in the SSIAA league.

On Thursday, March 16, the team celebrated their season by holding its final practice of the season.

Reflecting back on the season, Croteau said one of many highlights was when David took down Goliath. The Bantam Boys Basketball team used strategy, focus and teamwork to overcome Heritage High School from Montreal.

It was a true Cinderella story as Heritage was the top-ranked team and Massey Vanier was in last place at the time.

Down 13 points with just over 2 minutes remaining in the game, Massey-Vanier fought their way back to within 2 points with just seven seconds left.

Throughout the year, the team would often practice six different in-bound plays, depending on where they were on the court and the amount of time that was left in the game.



TIMOTHY CROTEAU

The Massey Vanier Bantam Boys Basketball team celebrated its final practice of the season on March 15. The team finished the season in 3rd place in the RSEQ league and 4th place in the SSIAA league.

"It was time to run our 'Blumenfled' play we had been practicing for this exact scenario," said Croteau, adding the play was actually named after his former coach and now retired Massey Vanier Teacher, Henry Blumenfled.

The play worked to perfection. As the clock was winding down, Justin Matte made a 3-pointer from the corner to win the game.

"We had a very good season with all the friendships we built while playing basketball. I will miss playing with everyone," said Matte.

According to Traigh Anderson, the win made the team grow stronger as one cohesive unit. While the Massey-

Vanier team didn't win any trophies, he said it was a good year.

"We had a good season. I will always remember this forever, no matter what," said Anderson.

Zachary Angel Morin echoed the statement, adding how much fun he had playing basketball.

"We had our fair share of ups and downs. Coach was very helpful, he believed in us and he knew we had potential," he said.

Admitting there were rough patches, Lukas Mansell said he's happy with how the team developed.

"We made it through as a team," said Mansell.

## Richmond St. Patrick's parade



PHOTOS BY BIRD BOUCHARD





# Sweet contributions bring “community” to volunteer centre

By Mable Hastings

As a non-profit charitable organization, the Missisquoi North Volunteer Centre (CABMN) serving the MRC Memphremagog west is often supported through the generosity of people in a variety of ways. It might be through the time and talents given in volunteering, it may come by way of a monetary contribution or it may be a gift in kind. Each of these ways are accompanied by a smiling face, supportive words and a generous heart.

I always find it important to take a moment to reflect from time to time on the wonderful heartfelt contributions of others and the various ways that a helping hand gets extended.

Recently the CABMN Senior Services



Bourassa's team of Belgians, Kelly and King, collecting sap

team organized a maple fun day with games at its Senior Centre. The event was a sugaring party of sorts where seniors came together to enjoy taffy on snow, beverages, games and more... As a highlight, someone suggested that a sugar shack might be approached to donate cones with maple syrup as a special treat for the seniors to enjoy. The CABMN had the pleasure of being given the name of Daniel Bourassa a local maple sugar producer. This local sugar shack is located in Potton and has a wonderful longevity and history as a family farm dating back over 100 years.

Located on Province Hill road in Potton, this family owned farm is open to the public and one can purchase a variety of delicious sweet treats every season however it is not a meal serving “sugar house”. The farm remains in the original Caron family as Daniel Bourassa is a great grandson of the original owner, George Caron who officially bought the farm in August 1920. The family began their farming using horses and to date, horses are still used from time to time and a beautiful team resides on the farm.

After being asked, Mr. Bourassa arrived at the CABMN with boxes of freshly made maple cones to donate for



GAIL SEYMOUR

Daniel Bourassa (middle) poses with Senior Services Team of the CABMN, left to right, Marie-Claude Joly, Lucie Beaudoin, Angelle Laplume and Linda Orefice

the event. Along with the sweet treats he provided a history of the farm and one could hear his pride in carrying on the traditions of his hardworking family and ancestors as he spoke. He and his lovely wife Manon enjoy the outdoors and are fulfilled in keeping the farm in operation.

For Potton seniors the sweet treats were a big hit at the maple party event.

It is truly the efforts and kindness of Mr. Bourassa and others like him who help to make the activities and programs of the CABMN special and unique. For the CABMN staff and volunteers this kind of support is encouraging and puts a touch of community in everything they do. There are many ways to “give” and Mr. Bourassa is an example of how sweet giving can be!

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# Poilievre calls for testing that would allow doctors, nurses to work across Canada

The Canadian Press

Conservative Leader Pierre Poilievre is calling for a countrywide standardized testing process that would speed up licence approvals for doctors and nurses.

Poilievre says his proposed “blue seal” testing standard would allow qualified health-care professionals to work in any province or territory that volunteers to be part of the program.

He described his plan at a press conference today, saying a model that allowed professionals to take a test and get an answer within 60 days would address Canada’s ongoing shortage of health-care professionals, such as family doctors and emergency-room nurses.

Under the existing licensing system, each province and territory has its own processes to be licensed as a doctor or nurse.

Poilievre says that means professionals from one province can’t necessarily work in another region, while new immigrants also struggle to obtain the necessary approvals.

He says the “blue seal” model draws on the “red seal” standard for skilled workers in regulated trades that include carpenters, heavy equipment operators and industrial electricians.

“It’s common sense: if you can do the job, you should get the job,” he

added during a press conference at the Children’s Hospital of Eastern Ontario in Ottawa on Sunday.

“If we had all the doctors that are here today in Canada, but trained abroad, working in our health-care system, we could reduce our doctor shortage by half.”

Poilievre detailed his proposal ahead of the federal government’s latest fiscal blueprint, which is to be presented to Parliament on March 28.

## Cookshire-Eaton town halls

CONT'D FROM PAGE 1

infrastructure work, and contractor rates.

Although rates haven’t risen compared to the 14-20 per cent that Leclair says other municipalities have experienced, he says citizens were nonetheless concerned about it in Cookshire too.

“We know with COVID, there were dramatic price hikes,” says Leclair. While not expecting a return to pre-pandemic prices, “we hope for a decrease in time,” he adds.

At each of the meetings, citizens had the chance to meet with Mario Gendron, Mayor of Cookshire-Eaton, as well as Josée Pérusse and Mr. Roger Thibault, two Cookshire district councillors, according to a press release sent after the first meeting, held on the 9th.

At each meeting, town officials presented a summary of the 2022 achievements and 2023 perspectives of the Town and different neighbourhoods. Among the improvements to the town’s facilities discussed at the meetings and supported by Pérusse and Thibault is the installation of a pump track. “[The] first one done [was] in Waterloo,” explains Leclair, who says it’s quite popular.

Officials detailed how they would like to make Cookshire-Eaton a viable alternative to living in Sherbrooke. According to Leclair, the MRC Haut Saint Francois is asking its municipalities to densify their land use, favouring duplexes and multi-dwelling buildings like apartments.

“Now that we have the 410 hitting the 108 a few meters past Bishop’s, it reduces transit times to get to Sherbrooke from these three neighbourhoods,” explains Leclair. Town officials want to leverage the three urban cores by densifying them and making them more liveable.

“One of the challenges for us is to have proximity businesses established in Johnville and Sawyerville,” explains Leclair. This way, people would not have to drive to Cookshire or even Sherbrooke for basic goods and services.

“From what we gathered, there’s no opposition to these efforts,” says Leclair. Having more taxpayers helps the development of the town, he adds. Besides expanding residential options, “we’re stressing the development

for industrial purposes around the Aéroport de Sherbrooke, which is in Cookshire’s limits,” explains Leclair. “We’re not looking for industries with chimneys,” Leclair adds, careful to not communicate the wrong idea.

“We’re looking at high tech, innovative solutions, high value.”

Town officials also explained to citizens how the proximity to the airport would be beneficial for businesses to ship in and out. “We have 200 acres around the airport available for industrial development,” says Leclair.

Leclair says the reception has been good to the plans for 2023, and that the population has understood the challenges facing the municipality this year. For example, last year, 3.7 million was spent on road work improvements, such as Hodgeman Road and Main Street.

“3 million of that came from the QC government,” explains Leclair. This year, the town has been told by the provincial government not to expect the same kind of support for road work this year, as it prioritizes education and health spending. Unfortunately, “we have an extensive road network,” explains Leclair. With many dirt roads, it needs further upgrading, but fewer grants for public works means the municipal budget is impeded. “We have to find ways to carry out these projects without impacting taxpayers since in the end, the municipal, provincial, and federal taxpayer is the same person.”

The organization of the meetings is meant to bring together the three urban cores of the town culturally and economically. “We want to carry out an integration, beyond the ‘02 administrative changes,” explains Leclair.

(In 2002, the Quebec government merged several municipalities together into larger administrative units.)

Each meeting has been held in one of the three neighbourhoods for the same reason. By holding more community, civic, and cultural events in Johnville and Sawyerville, which currently happen mostly in Cookshire, officials hope to build a “sentiment de partenance” between the three neighbourhoods.

The first meeting was held at Guy-

Veilleux Hall in Cookshire, while the second meeting was held in the main hall of the Johnville Community Centre. The final meeting in the series will be held on the main floor of the Sawyerville Community Building at 4 Randboro Road on Wednesday, March 22 at 7:00 p.m. According to Leclair, it’s been the first time since 2018 that these sorts of Town Hall meetings have been held. “The pandemic impeded a lot of things,” he laments. According to him, Mayor Gendron wants to try to have these each year moving forward.

Leclair expects “more of the same”

at the final meeting. No matter the neighbourhood, “people want good services,” explains Leclair. “We’ll be presenting what we did city-wide and at the neighbourhood scale last year,” as well as upcoming plans, such as the construction of three rinks for each of the neighbourhood’s use for next winter.

“We’re hoping for as positive a reaction as we’ve had so far,” says Leclair. As with the previous two, the entire population of the Town of Cookshire-Eaton is invited to the final meeting.

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## EDITORIAL

PSPP's win was considerably more convincing at the recent PQ convention when he scored a 98 per cent endorsement from the rank and file.

# With PQ polling second to CAQ, is PSPP leading a sovereigntist comeback?



PETER BLACK

It was a simple assignment, or so it seemed. Get a picture of Pierre Trudeau and René Lévesque together at an event they both happened to be attending - a fundraiser for PEN, the group defending writers and journalists around the world from oppression. Trudeau and Lévesque, both being writers, journalists and civil rights warriors of some esteem, obviously shared the values of the organization and put aside their political differences to attend the event sponsored by a downtown Montreal bookstore.

Having borrowed batteries in a panic for the camera flash, I waited for the epic reunion - the first, it was said, since both had withdrawn from the political arena. Trudeau, in 1984, leaving a spent Liberal party; Lévesque essentially shoved from power a year later by a mutinous PQ.

Alas, Trudeau and Lévesque could not be coaxed into a mano-a-mano photo op in the bookstore. More's the pity since the PEN event turned out to be Lévesque's final public appearance. He died of a heart attack two days later, on Nov. 1, 1987.

This was nearly two years after

the 1985 election that resurrected Robert Bourassa 2.0 as premier and threatened to send the Parti Québécois that Lévesque founded to the dustbin of history. The PQ won a mere 23 seats to the Liberals 99.

Of course 23 seats is a crowd compared to the current PQ caucus of three, two of which are in the far eastern reaches of the province. The other, leader Paul St-Pierre Plamondon's seat in Montreal, was won, they say, because the rival Québec Solidaire candidate withdrew after she was caught on camera pinching a PQ pamphlet from a mailbox.

PSPP's win was considerably more convincing at the recent PQ convention when he scored a 98 per cent endorsement from the rank and file. The PQ leader, fresh from a sovereignty information tour of Europe - where he explained at his Oxford University alma mater the PQ's King Charles oath snub - had some recent poll numbers to celebrate as well.

A Léger survey had the PQ in second place at 18 per cent, one (very meaningful) per cent ahead of QS. The Coalition Avenir Québec juggernaut, mind, still stands tall at 40 per cent, the same tally that earned Premier François Legault a second thumping majority.

Still, second is second, and the boost in the polls has given PSPP and the PQ a puff of wind in their sails and sparked the hope of a comeback along the lines of, say, the federal Liberals under Justin Trudeau in 2015 (from 33 to 184 seats).

The PQ under PSPP is unabashedly committed to holding a referendum on secession in its first mandate should it manage to get elected in



a future election. It might be worth noting at this time, three and half years from the next vote, that should the PQ pull off a minority, it could probably count on the support of QS in its sovereignty quest.

The most recent poll on sovereignty, taken by Léger last month, puts it at 38 per cent, up six per cent from a similar poll a year ago. This compares favourably with an in-depth study done last May by the admittedly pro-sovereigntist Groupe de recherche sur l'opinion publique. It found 48.7 per cent of francophones favoured outright independence and 60.5 would support a sovereignty-association deal with Canada.

Whatever the trend may be come the 2026 election, it does present a bizarre possibility. Should the PQ and QS unite to form a government and proceed with a referendum, the

CAQ would find itself in the position of having to be the champion of the Canadian federation - or not.

François Legault created the CAQ with the express intent of providing a federalist option to the Liberals. Little did he know the Liberals would all but evaporate in the space of two disastrous elections.

PQ president Jocelyn Caron, perhaps too excitedly, declared: "The PQ vote is everywhere. It will come back. We have the money. We have the best leader. We are ready to govern in 2026."

Not saying it's going to happen, but it could. Bear in mind, barely 10 years after the PQ was given up for dead in 1985, a referendum came within a whisker of splitting the country.

As that other federalist warrior Jean Chrétien would say, "attachez vos tuques."

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# Local Sports

The Upper Valley Curling Club has members from Vermont and New Hampshire in the Connecticut River Valley region.

## Border Curling Club hosts US visitors

The Border Curling Club in Beebe (Stanstead) Qc is situated a few feet from the US/Canada border and Derby Vermont. The Border club had the pleasure of hosting the Upper Valley Curling Club this past Saturday, March 18.

The Upper Valley Curling Club has members from Vermont and New Hampshire in the Connecticut River Valley region. This club curls mostly on 'arena ice'. This means that the arena ice is shared with hockey and ice skaters. Curling time on arena ice is limited and with less than perfect ice conditions that a dedicated curling ice can offer.

This is why 19 members of the Upper Valley curlers drove two hours to Beebe for excellent curling ice conditions with facilities to eat, talk curling and enjoy a few Canadian refreshments between games. The group enjoyed three games of drawing to the button and take out shots on the best curling ice in the area. We hope to welcome them back in the fall.

The Border Curling Club struggled during the pandemic as more than half of the members were American and could not cross the US/Canada border, but the club is making a comeback and activities such as this, helps our recovery.

For facility or ice reservations: [bccrental@bordercurling.com](mailto:bccrental@bordercurling.com)

Submitted by Nicole Poitras



PHOTOS BORDER CURLING CLUB



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# St. George's Evening Anglican Church Women, Lennoxville hold Life Membership ceremony

On March 5, 2023, preceding a regular St. George's Anglican Church service, members of St. George's Evening Anglican Church Women held a Life Membership Ceremony. The Rev. Dr. Edward Simonton presided at the communion service. Ferne McConnell, president of the ACW group, led the Ceremony.

The following members were presented with Life Membership pins in recognition of their devoted service while Ferne read the citations followed by the message to the new Life Members. Grace Armstrong joined in 1980 on the Calling Committee and continues in this position to this day. We are sorry that she is unable to be here today. (Two members took Grace's pin to her in the afternoon.) Janice Parsons joined in 1987. She has held the following positions: Vice-President, President, Prayer Partner, Hostess Coordinator and Card Secretary. Janice is not able to attend today. Trudy Whittier joined in 1987. She was first involved with Little Helpers. Now she continues to lead Devotions and plan the Programme following our business meetings. Trudy is being presented with Faye Rand's pin. Trudy Vance has served on the Programme Committee and organized our shoebox contributions

to the Mission to Seamen at the Port of Quebec. She has been President and collected funds for the Fellowship of the Least Coin. Sandra Gallichon has been involved with Little Helpers and Prayer Partner. She was Sunday School Superintendent here for several years. Sandra capably convened the tea room at the Christmas Bazaars. Lorna Gordon has been an active member since 2004. She joined prior to that date, but was unable to attend regularly because of other church commitments. Ruth Sheeran is Vice-President. As Rural Dean, she informs our members of current diocesan events. Ruth will be receiving her mother Winnifred Jellicoe's pin.

"It is our intention at this time to admit these candidates to Life Membership in the Anglican Church Women, with the privileges belonging thereto, and to present them with Life Membership pins. These pins, the gift of your fellow members, are in recognition of your devoted service to Christ and the Church. Wear them in peace and joy as a sign of mutual love and support always to be maintained among us. We admit you to Life Membership, and we greet you with good wishes and happiness in the name of the Lord."



PHOTO BY KENNETH TOMLIN

Left to right: Rev. Samuel Borsman, Margie Woollerton, Janice Fraser, Ruth Sheeran, Lorna Gordon, Sandra Gallichon, Trudy Vance, Trudy Whittier, Ferne McConnell, Rev. Dr. Edward Simonton

The short ceremony was concluded with the recitation of the ACW prayer. We were pleased that members of the

St. George's Ayer's Cliff ACW were able to attend. Light refreshments were provided after the service.

## Date Book

MONDAY, MARCH 20, 2023

Today is the 79th day of 2023 and the first day of spring.

**TODAY'S HISTORY:** In 1852, Harriet Beecher Stowe's antislavery novel, "Uncle Tom's Cabin," was published.

In 1952, the U.S. Senate ratified a peace treaty returning sovereignty to Japan.

In 1987, the FDA approved AZT, a drug shown to delay the development of AIDS.

In 1995, members of the Japanese cult Aum Shinrikyo released sarin gas into the Tokyo Metro subway system, killing 12 and injuring more than 5,000.

In 2003, the United States and a coalition of allied states began military operations in Iraq.

**TODAY'S BIRTHDAYS:** Henrik Ibsen (1828-1906), poet/playwright; B.F. Skinner (1904-1990), psychologist; Ozzie Nelson (1906-1975), actor/bandleader; Carl Reiner (1922-2020), comedy writer/director/actor; Fred Rogers (1928-2003), TV personality; Hal Linden (1931- ), actor; Pat Riley (1945- ), basketball coach/executive; Bobby Orr (1948- ), hockey player; William Hurt (1950-2022), actor; Spike Lee (1957- ), filmmaker; Holly Hunter (1958- ), actress; Kathy Ireland (1963- ), model/

actress; David Thewlis (1963- ), actor; Michael Rapaport (1970- ), actor; Chester Bennington (1976-2017), singer-songwriter.

**TODAY'S FACT:** The constitution of Japan, adopted in 1947, forbids the country from participating in wars.

**TODAY'S SPORTS:** In 1934, Mildred "Babe" Didrikson pitched one inning of exhibition baseball for the Philadelphia Athletics in a game against the Brooklyn Dodgers. She allowed one walk and no hits.

**TODAY'S QUOTE:** "I think Black people have to be in control of their own image because film is a powerful medium. We can't just sit back and let other people define our existence." - Spike Lee

**TODAY'S NUMBER:** 542 - length (in feet) of the USS Langley, commissioned on this day in 1922 as the first U.S. Navy aircraft carrier. The USS Gerald R. Ford, a supercarrier commissioned into the Navy's fleet in 2017, is 1,106 feet long.

**TODAY'S MOON:** Between last quarter moon (March 14) and new moon (March 21).

## Do just one thing



by Danny Seo

Those little stickers you find on the outside of bananas, apples, avocados and other produce are both a nuisance and a marvel. They help keep the massive supply chain of perishable foods in check, but they can be a pain. Unfortunately, the stickers are not compostable or biodegradable. They are considered the worst offender in contaminating compost scraps, so keep them out of your pile. And never put them down the drain of the sink; they can clog pipes. They must be removed from the produce and thrown in the trash.

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

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**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

**DEADLINES FOR DEATH NOTICES:**

For Monday's paper, email production@sherbrookerecord.com or call 819-569-4856 between 1 p.m. and 5 p.m. Sunday. For Tuesday, Wednesday, Thursday or Friday's edition, email production@sherbrookerecord.com, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.



# Doctor's disappearance hurts my feelings

Dear Annie

MONDAY, MARCH 20, 2023

Dear Annie: The doctor I have gone to for years recently took a five-month medical leave of absence. His office would not tell me anything, which I understand. I had been extremely distraught not knowing if he was all right. There was even gossip that he had passed away.

Turned out he had pneumonia. He once told me that if I ever moved out of state, we could still communicate and be long-distance friends. It is for that reason that I thought I would get some message from him saying he would return and would be OK. But I received nothing from him. My feelings are hurt. I see him next week. What do you think?  
- Hurt Patient

Dear Hurt: I think that you should celebrate the fact that your doctor is doing better and feeling well enough to go back to work. If you feel that he is your friend and your doctor, then be a friend to him and allow him to take the space and time he needed to heal from pneumonia. His not responding to you about his absence didn't have anything to do with you and everything to do with him and his trying to get better. Please cut him some slack and be grateful that he made a full recovery.

Dear Annie: I am estranged from my son, his ex-wife and my grandchildren. I still have occasional contact with the other grandparents.

I have been wanting to know what, if anything, can be done about a wrongful death or elder abuse charge against my son. His actions kept my husband and me apart deliberately, believing he'd inherit his money. My husband left no will. There was real estate and cash in his account. His brother claimed next of kin status and took all cash and property.

I understand the statute of limitations has passed in order to file wrongful death charges against my son.

It's the reason for the estrangement.

I have been awarded my husband's Social Security benefits. His brothers have used legal action to prevent any contact between them and me. But I want to tell them of my son's actions and how those actions led to their brother's untimely death.

I have tried to discuss this subject with an attorney. Once he learned that I was divorced, he stopped the interview and said that I had no case. This attorney knew nothing about the actions my son took while my husband was alive.

Is there anything I can do? I would like to remain in contact with the other grandparents in order to keep up with the grandchildren. - Estranged

Dear Estranged: What you can do is seek the opinion of another lawyer. But how about shifting your focus away from the money and toward repairing the relationship between you and your grandchildren? Your letter is confusing because you said you are receiving your husband's Social Security benefits but later you said you were divorced.

Your son and grandchildren are the only family you have left, and instead of trying to repair any relationships, you are trying to fight and blame them. Ask yourself where you want to put your time, money and energy. Getting closer to your grandchildren might bring you more joy and happiness in the long run than getting closer to another lawyer and trying to prove something in court.

"How Can I Forgive My Cheating Partner?" is out now! Annie Lane's second anthology - featuring favorite columns on marriage, infidelity, communication and reconciliation - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

Ada Hicks is 100 years old today!



Happy Birthday  
from  
friends  
and family

## ALEXANDER GALT EASTER BASKET CAMPAIGN 2023

In 2018, an important initiative was started for the anglophone community of the Eastern Townships. The AGRHS Easter basket campaign is now proudly a part of the local traditions. Since the beginning, we have been fortunate enough to receive generous donations from our community and its members.

This year, your support will be essential in making Easter a positive and hopeful experience for our less fortunate families.

The families of the Alexander Galt Regional High School sector (elementary and High School) will be able to benefit from these baskets.

We hope that we can continue to rely on your support as it remains an important staple to the success of our Easter basket campaign

Please, make cheques payable to:

**AGRHS Easter Basket Campaign  
and mail to: AGRHS**

**P.O. Box 5002, 1700 rue College, Sherbrooke, J1M 1Z9**

(tax receipts for donations of \$10 and over will be issued)

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### CELEBRITY CIPHER

by Luis Campos

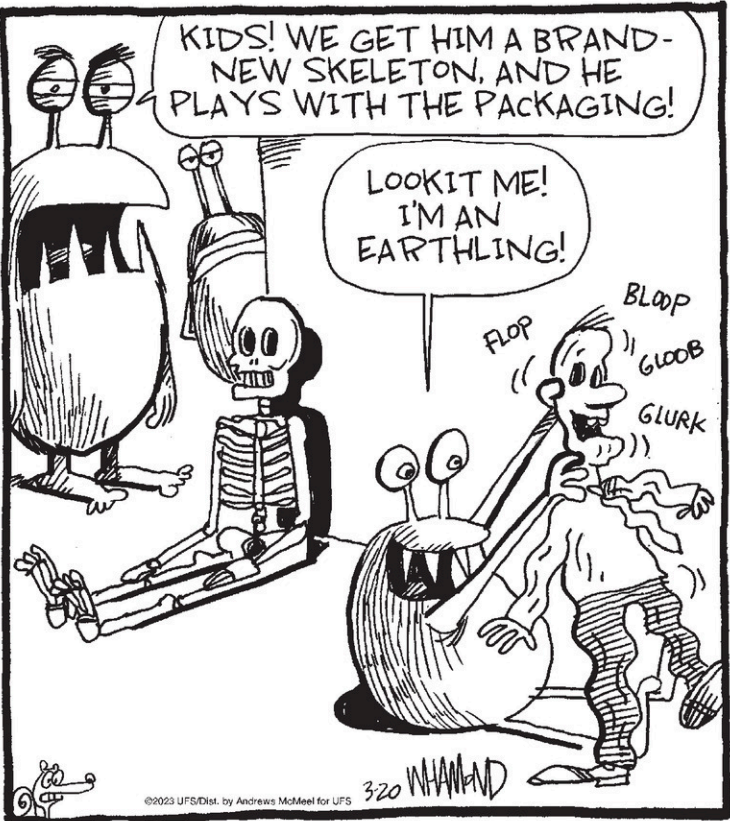
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“GYJI DMXOIB TVCJ, JLIJ WYJ UVADJ  
DMXOIB, WYJXJ GJXJ IP MXPHAJCD  
JKTJMW GYJXJ WP HJ YVMMOJDW.”  
— JXIJDW YJCOIBGVR

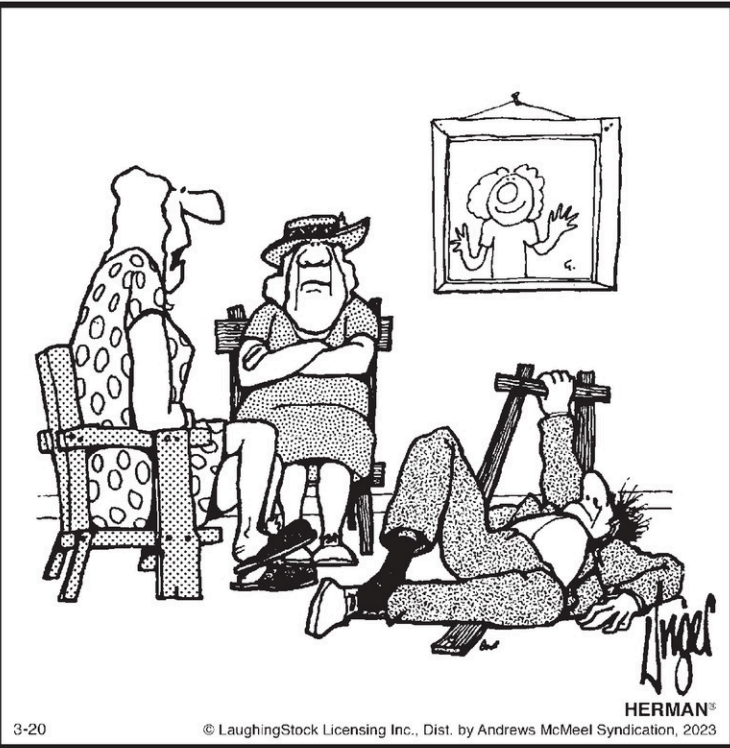
Previous Solution: “Memory has a spottiness, as if the film was sprinkled with developer instead of immersed in it.” — John Updike

TODAY’S CLUE: X sjnebe x

REALITY CHECK

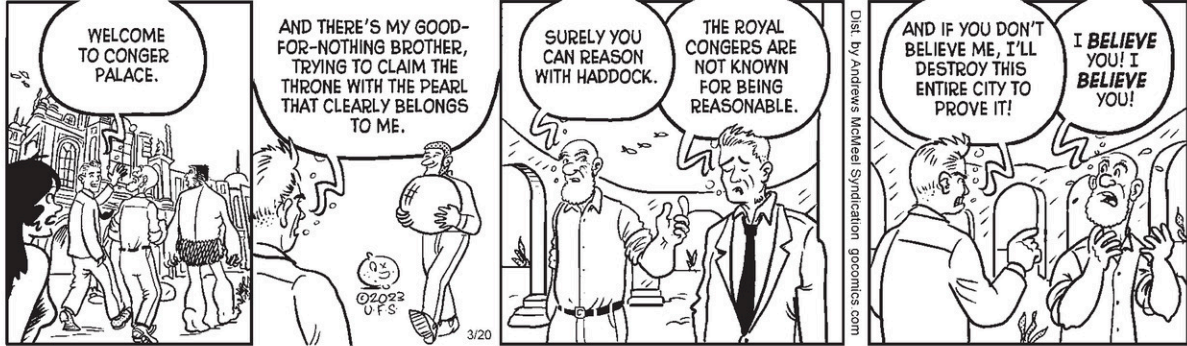


HERMAN



“George makes all our own furniture.”

ALLEY OOP



ARLO & JANIS



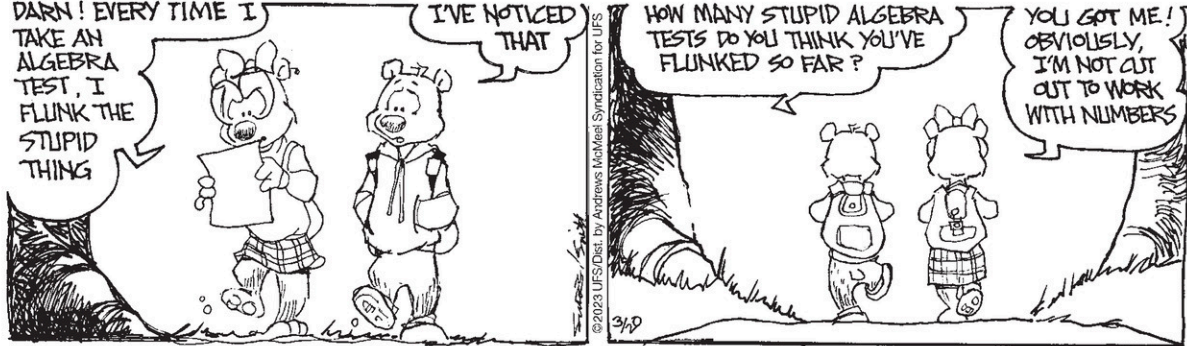
THE BORN LOSER



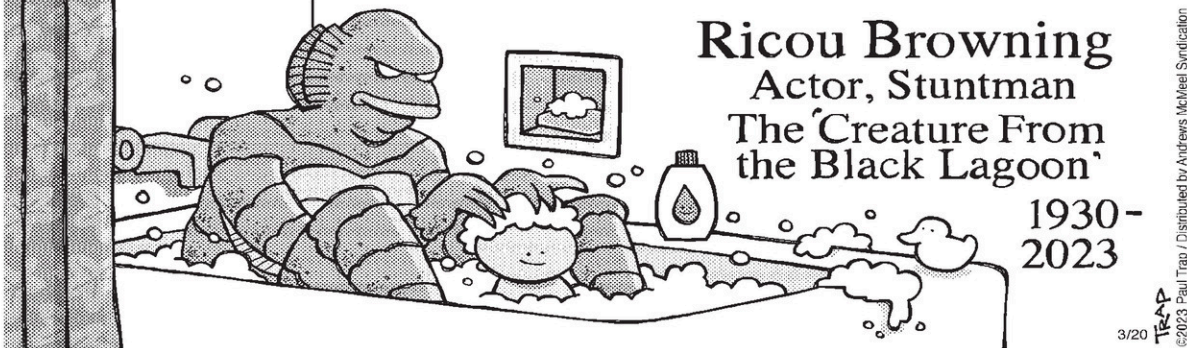
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145 Miscellaneous Services

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SUDOKU

DIFFICULTY RATING: ☆☆☆☆☆

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   |   |   | 4 |   |
| 3 | 1 |   | 5 | 8 |   | 7 |   | 6 |
|   |   | 4 | 9 | 1 |   | 8 |   | 5 |
| 4 |   | 5 |   | 3 |   |   | 7 | 1 |
|   | 3 | 8 |   | 7 |   | 6 | 5 |   |
| 7 | 2 |   |   | 9 |   | 4 |   | 8 |
| 1 |   | 7 |   | 2 | 6 | 5 |   |   |
| 2 |   | 6 |   | 5 | 7 |   | 1 | 4 |
|   | 8 |   |   |   |   |   |   |   |

3/20

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PREVIOUS SOLUTION

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 8 | 6 | 4 | 1 | 2 | 7 | 9 | 3 |
| 7 | 3 | 1 | 8 | 5 | 9 | 2 | 6 | 4 |
| 4 | 9 | 2 | 6 | 3 | 7 | 8 | 5 | 1 |
| 3 | 5 | 7 | 2 | 8 | 4 | 9 | 1 | 6 |
| 6 | 2 | 8 | 1 | 9 | 3 | 4 | 7 | 5 |
| 1 | 4 | 9 | 5 | 7 | 6 | 3 | 8 | 2 |
| 9 | 6 | 4 | 7 | 2 | 1 | 5 | 3 | 8 |
| 2 | 7 | 5 | 3 | 6 | 8 | 1 | 4 | 9 |
| 8 | 1 | 3 | 9 | 4 | 5 | 6 | 2 | 7 |

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Brome County  
NEWS



# NEA Crossword Puzzle

ACROSS

1 Unseld of the NBA

4 Tex- —

7 Mr. Brynner

10 Clancy hero Jack —

12 Cruel

14 Ghost — — chance

15 Guthrie of folk music

16 Strauss of denim

17 Garden pond fish

18 Squinted at

20 Knight's journey

22 Mo. fractions

23 Hearty laugh

24 Aquarium buildup

27 High spirits

30 Undersized

31 Computer whiz

32 Fish without scales

34 — — dare

35 Surround

36 "Cheerio!" (hyph.)

37 Bring into accord

39 Sheet music line

40 Chef's phrase (2 wds.)

41 Merchandise ID

42 Eye color

45 Comic page pooch

49 Give — — whirl

50 Draw on glass

53 Tony relative

54 Ely of "Tarzan"

55 Gift-wrapping need

56 " — — chance!"

57 Pilot's dir.

58 Cakelike cookie

59 Pitcher handle

DOWN

1 Tinfoil

2 Bronte governess

3 Garage event

4 Pinochle combos

5 Time to celebrate

6 Centuri-on's 14

7 Harness

Answer to Previous Puzzle

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| I | R | E |   | P | S | I |   | T | E | A | M |
| M | O | D |   | C | R | O | C | A | I | M | S |
| P | O | I |   | O | I | N | K | B | R | I | G |
|   | M | E | W | L | S |   |   | T | O | E | D |
|   |   | Y | O | M |   | M | A | O |   |   |   |
| W | A | G | O | N |   | S | I | E | S | T | A |
| O | R | O |   | Y | O | W | L |   | U | M | A |
| K | A | Y |   |   | L | I | S | A | B | A | M |
|   | B | A | L | S | A | M |   | B | U | S | H |
|   |   | O | A | F |   | A | R | F |   |   |   |
|   | Y | E | W | S |   |   | B | U | O | Y | S |
| B | O | D | E |   | D | R | O | P |   | O | I |
| A | G | A | R |   | A | B | U | T |   | D | N |
| D | I | M | S |   | M | I | T |   | A | G | O |

8 ETs' craft

9 Milk, in Paris

11 Viking base

13 Water or oil

19 Barely manage

21 Small music maker

23 Textile measure

24 PFC mail drop

25 Kind of moth

26 Tiny fly

27 "Runaway Bride" co-star

28 Shred

29 Sasquatch cousin

31 Ms. Foch

33 Varnish ingredient

35 Throat

36 Mogul

38 Menlo Park initials

39 Hosp. staffer

41 Wedding party member

42 Put on the payroll

43 Like — — of bricks

44 Grey of Westerns

46 Wind instrument

47 Gyro bread

48 Date part

51 File label

52 Balance sheet guru

MONDAY, MARCH 20, 2023

Your Birthday

Follow your heart this year and immerse yourself in something that makes you feel good about yourself and your accomplishments. Let go of whatever is holding you back and concentrate on what you can achieve. Changing how you handle situations and make adjustments will be crucial. Romance is encouraged.

PISCES (Feb. 20-March 20) – Aim to be more efficient. If you face problems running your home, it will be essential to be fair, frugal and friendly. Strive to get along with your colleagues and peers.

ARIES (March 21-April 19) – Plan your actions, leave no room for error and use your energy wisely. Don't let anger set in when action is required. Live up to your promises and walk away from those who don't.

TAURUS (April 20-May 20) – Pamper yourself, and you'll lift your spirits and receive compliments from someone special. A little discipline will encourage good health and happiness. Romance will enhance your life.

GEMINI (May 21-June 20) – Take everyone into consideration and think about how they can be most helpful to you. Giving others the freedom to do what they do best will pay off. Focus on creating your own opportunities.

CANCER (June 21-July 22) – Let your mind wander and your imagination lead you to victory. Keep your plans and your life simple and easy to control. Spend less. Refrain from complaining or arguing.

LEO (July 23-Aug. 22) – If you feel strongly about something, stand up and be counted. Your input will make a difference. Refuse to let someone use emotional tactics to get you to make allowances. Follow your heart.

VIRGO (Aug. 23-Sept. 22) – Get started, don't look back and use your power to make a difference. Gather information, try your hand at something new and find the inspiration to up your game and play to win.

LIBRA (Sept. 23-Oct. 23) – It's up to you to pursue your goals. Stop waiting for things to happen. Do your part. Step up and reach out to experts and those who can contribute to your plans.

SCORPIO (Oct. 24-Nov. 22) – Test the waters, ask questions and make a trial run; preparation will make all the difference. It's time for a lifestyle change that promises better health and personal happiness.

SAGITTARIUS (Nov. 23-Dec. 21) – Be careful what you wish for. What may sound like a sure thing will lack substance. Pay more attention to home and family, and find a way to better use your space.

CAPRICORN (Dec. 22-Jan. 19) – Focus on comfort and convenience, and maintain a balance between work and play. Trying to keep up with others will prove stressful and fruitless. Go at a speed you find comfortable.

AQUARIUS (Jan. 20-Feb. 19) – Avoid making unnecessary purchases. Instead, invest in yourself and your skills. Change is only good if it eases stress and makes you happy. Be careful; sidestep injury or illness.

MONDAY, MARCH 20, 2023

When you cannot win the trick

By Phillip Alder

I can finally announce the winner of my Christmas Competition. A perfect entry, even agreeing with me on all of the subsidiary questions, came from John Harvey of Mount Hope, Ontario.

Just behind was Ben Hawn of Lancaster, Pennsylvania. Congratulations! Both are past winners.

In today's deal, how should the play go in four spades by South?

Note in the auction South's advance of two spades over his partner's takeout double. That showed 9-11 points. Inexperienced players bid one spade regardless of point-count. The advancer, the doubler's partner, must show not only suit preference but also hand strength in three brackets: 0-8, 9-11 and 12-plus.

If the defenders are on the ball, they can defeat this contract – how?

West leads the diamond ace, and East must signal with his queen: top of touching honors when he cannot win the trick because someone, an opponent or partner, has already played a higher card than his best in that suit.

When East plays the diamond queen, it shows either a singleton (which is highly unlikely here) or the queen and the jack. So, at trick two, West shifts to his singleton heart. Then, he takes the first (or second) round of trumps and

North 03-20-23

♠ K 8 6 3

♥ A Q J 10

♦ 7 2

♣ A Q 4

West

♠ A 7 2

♥ 2

♦ A K 9 8 6

♣ J 10 9 8

East

♠ 5 4

♥ 9 8 6 5 3

♦ Q J 4 3

♣ 6 2

South

♠ Q J 10 9

♥ K 7 4

♦ 10 5

♣ K 7 5 3

Dealer: West

Vulnerable: Both

South West North East

1♦ Dbl. Pass

2♠ Pass 4♠ All Pass

Opening lead: ♦ A

underleads his diamond king. East wins with the jack and gives West a heart ruff for the setting trick. Cool!

Always signal with an honor card if at all possible because partner will see it. He is less likely to notice your spot cards – but if he does, keep him as your partner!