



## THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

### Unique boutique and garden

Page 4

75 CENTS + TAXES

PM#0040007682

MONDAY, JULY 25, 2011

## Sherbrooke man charged with police assault

A stubborn and impatient 29-year-old man was arrested in Sherbrooke last week after impeding the worker of the city's police force.

On Thursday, officers were dispatched to the corner of Kingston and McManamy Street to settle a dispute between the man and his girlfriend. After assessing the situation, police chose to arrest the woman since she was showing outward signs of intoxication and had been creating a public disturbance.

As his girlfriend was placed in the police cruiser, the man protested but was ultimately ignored. Upset, the suspect walked on foot to the nearby police station and waited in front of the garage for the cruiser to arrive. When the garage door opened, the suspect slid inside the station to continue his protest.

At a certain point during the incident, the man became physical with one of the officers.

Having cause, the police promptly arrested the suspect and charged him with impeding the work of a police officer, assaulting a police officer, and breaking probation.

While he spent the night in jail, eventually given his conditional release the following day, his girlfriend was released once she had sobered up, just a few hours after her arrest.

## Motorcycle crash on College Street

Operator in stable condition



AL BARBER

The operator of this motorcycle was taken by ambulance to the CHUS Thursday afternoon after a collision with a car. The rider was determined to be in serious condition, but has since been upgraded to stable.

By Corrinna Pole  
LENNOXVILLE

An accident between a motorcycle and a car on College Street in Lennoxville Thursday afternoon has left one driver in serious condition.

According to reports, a man in his fifties was riding his motorcycle on College when the driver of an oncoming

car turned left onto Oxford Crescent and into the path of the bike, causing the rider to lose control.

The rider was admitted to the Centre hospitalier universitaire de Sherbrooke (CHUS) in critical condition. By Friday morning he was listed as stable.

The road was closed to traffic for more than four hours as police attempted to reconstruct the accident,

which was eerily similar to one that took place close by around the same time last year.

On July 14, 2010, Marcel Nadeau, 73, was riding his motorcycle up College, when a car turning onto Archie-Mitchell Street cut him off causing him to collide with the vehicle.

In that accident the Sherbrooke man lost his life.



### A hot afternoon in North Hatley

Page 7

### Tom Cavanagh's procrastination

Page 6

# Don't miss Wednesday's Record



Mike McDevitt



DISHPAN HANDS  
SHEILA QUINN

## Weather

TODAY: SCATTERED SHOWERS

HIGH OF 23  
LOW OF 13

TUESDAY: THUNDER SHOWERS

HIGH OF 22  
LOW OF 16

WEDNESDAY: CLOUDY PERIODS

HIGH OF 24  
LOW OF 13

THURSDAY: ISOLATED SHOWERS

HIGH OF 26  
LOW OF 16

FRIDAY: LIGHT RAIN

HIGH OF 27  
LOW OF 19

# Laughology evolves

By Doug Hooper

In 2009 Albert Nerenberg unleashed his documentary, "Laughology," at the Toronto Hot Docs Festival. The Globe and Mail called it "a hit," and the National Post said it was "screamingly funny."

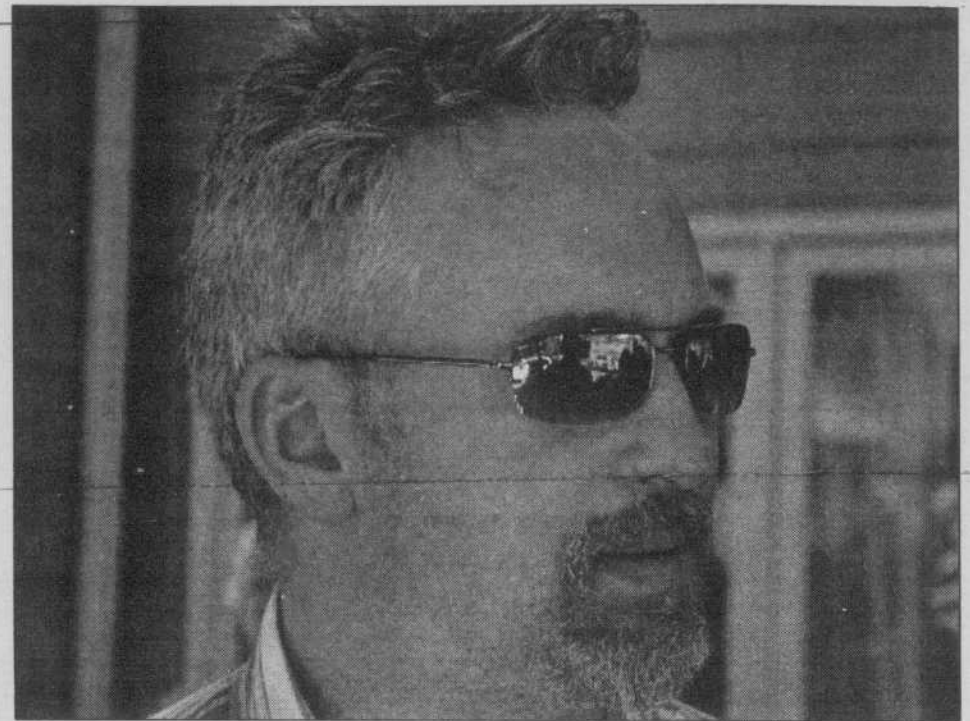
"Laughology" tells the story of the rise of the worldwide laughter movement and the new science about the health benefits of laughter at a time when the world needs a good laugh. It also features the man with "the most contagious laugh in the world."

The film chronicles unusual laughter phenomena such as Holy Laughter, Laughter Parties and the Tanzanian Laughter Epidemic. It is produced by Elevator Films, which operates out of Lac Brome, Quebec.

As humorous as the idea sounds, Nerenberg's study of laughter is a serious pursuit. His documentary chronicles many examples of the physiological benefits to be derived from laughter, not the least of which is the miraculous story of Norman Cousins, who claims to have cured a debilitating form of arthritis with laughter.

"I made the joyous discovery that ten minutes of genuine belly laughter had an anesthetic effect and would give me at least two hours of pain-free sleep," he reported. "When the pain-killing effect of the laughter wore off, we would switch on the motion picture projector again and not infrequently, it would lead to another pain-free interval."

Nerenberg, a Townships resident, journalist and laughologist, has been studying and disseminating laughter for years. And his latest project is sure to provide the healthy benefits such as those gained by listening to Doug Collins, the man with the world's most contagious laugh, also featured in "Laughology."



DOUG HOOPER

"Laughology" creator Albert Nerenberg

When Nerenberg saw two angry cage fighters crack up during the pre-fight stare, he got a crazy idea. "Instead of an ultimate fighting championship, what if you held an ultimate laughter championship?" he pondered.

So began an unprecedented odyssey into the nature of violence, laughter and Quebec. The goal was to create the world's first laughter championship and to find Quebec's best laugher. While many consider the concept impossible and/or idiotic, the Laughologist inadvertently stumbled onto what may be an entirely new sport with revolutionary and hilarious results. And the first annual competition led to winner Nicole Veillette from Ste. Eustache taking the cup at Montreal's Ultimate Laughing Championship.

The second annual Montreal Ultimate Laughing

Championship will take place at this year's Just for Laughs Film Festival, as a double header with the new documentary "Rire Extrême." Nerenberg's hilarious new film about the Montreal origins of the international competitive laughter trend.

If you want to compete in this competition, you could be declared Best Laughter in Canada 2011. To check for details go to the Juste Pour Rire website at [www.hahaha.com/fr/festival-du-film/longs-metrages#rireextreme](http://www.hahaha.com/fr/festival-du-film/longs-metrages#rireextreme).

As Nerenberg's documentary pointed out, "Plato hated it, the Bible discouraged it, scientists avoided it, psychologists once thought if it didn't kill you, it would drive you insane," but laughter is still one of the best ways for humans to connect and there's no doubt that a good laugh is a tonic for almost any ailment.

Draw results: 2011-07-23

<b>649</b>	03 05 11 24	<b>24</b>	<b>Quebec</b>	03 12 24 46	<b>46</b>
	23 33 34	Bonus		41 47 48	Bonus

Next grand prize (approx.): \$7,000,000

**Extra** 3728631

Bonus Prize **649+** 08 09 22 47 03 05 09 31

Holders of a Québec 49 selection played with Loto 6/49 on the same ticket and including the four numbers of the same bonus selection drawn share a prize pool of \$49,000.

Complete prize structure on [lotoquebec.com](http://lotoquebec.com)

---

Draw results: 2011-07-22

<b>NMAX</b>	04 13 23 28 32 40 42	BONUS: 12	<b>Extra</b>	0700899
-------------	----------------------	-----------	--------------	---------

Next grand prize (approx.): 10 000 000 \$

In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.

Because you love their lives.

MedicAlert®. The bracelet with an emergency hotline linked to your child's medical record

Call 1-866-734-9425 or visit [www.medicalert.ca](http://www.medicalert.ca)

**MedicAlert**  
Lets You Live Life.

## Ben by Daniel Shelton

Panel 1: A boy sighs, "THERE'S NOTHING TO DO..." A girl replies, "YEAH!"

Panel 2: The boy asks, "BOYS, YOU KNOW WHAT I'M GOING TO SUGGEST..."

Panel 3: The boy says, "IF YOU'RE BORED, WHY DON'T YOU PLAY A BORED GAME?" The girl replies, "THAT'S NOT WHY IT'S CALLED A BOARD GAME..."

# LOCAL NEWS

The city's sports leagues are in the process of figuring out how they will deal with the strike.

## City to contest blue-collar strike threat

By Doug McCooye

The City of Sherbrooke will contest the legality of the strike announced by its blue-collar workers last week, as the ongoing labour dispute regarding the union's expired collective agreement continues.

On Wednesday, the union submitted a request to the Quebec Labour Ministry and the province's essential services council asking to launch a general unlimited strike on July 31. The city is opposed to the list of services deemed essential that have been submitted by the blue-collar workers and plans to present its arguments to the aforementioned council this week.

The situation echoes what occurred earlier this month when the blue-collar workers submitted their previous strike threat.

Set for a strike on July 10, the two sides met in Montreal a few days before, presenting arguments to the essential services council. The city disagreed with the blue-collar workers' strike terms regarding their management of the public outdoor pools.

The city argued that the pools should be maintained throughout the duration of a work stoppage, even if they are closed, as a safety measure in case they needed to be opened quickly during an extreme heat wave. The union argued that pools do not constitute an essential service.

The council sided with the union, saying that during an extreme heat wave, there are other options available to the population to stay cool. In the end, the

entire process proved unnecessary, as the blue-collar workers pulled their strike threat to continue negotiations with the city.

This time, says the union, there will be no last minute pull-back. The strike will be launched.

Municipality-run pools (indoor and outdoor), parks, arenas, and the eco-centre (which handles the processing of the city's recycling and compost) will be shut down for the duration of the strike. While the garbage pickup will be maintained, construction projects, other than those being executed by subcontractors, will be stopped. Road repairs will only take place if the damage is deemed to be a threat to the public safety.

The city's sports leagues are in the process of figuring out how they will deal with the strike. Sherbrooke's soccer and hockey associations are looking into creating priority lists and finding alternate arrangements for fields and/or arenas located outside the municipality.

Elsewhere, organizers of the Festival des traditions du monde, held every summer in Quintal Park in Fleurimont, are worried about the impact a blue-collar strike will have on their event. The blue-collar workers have agreed to do a large cleanup at the end of the festival, but regular maintenance and waste management during the event will be up to the organizers. Running from August 10 to 14, the festival's director, Jean-Charles



DOUG MCCOYE

Blue-collar union Councillor Michel Murray, middle, flanked by union president Renald Dubé (left) and union vice-president Mario Fontaine at a press conference earlier this month, said last week that having any negotiation meetings now would be pointless.

Doyon, has said he is hopeful a deal will get done before a strike is launched.

There have been no negotiations between the two sides since talks fell apart last Tuesday, July 19. No dates for future meetings have been set either. In an interview with The Record last week, union Councillor Michel Murray said that having a meeting at this stage would be pointless since the two sides are at a clear impasse.

Without a working collective agreement in place since the end of 2007, the two sides have come to terms on the

length of the deal, agreeing to have the contract run through the end of 2014.

However a number of points remain unresolved, including the deal's financial framework, the level and type of protection for the workers against subcontracting, alterations to the collective assurance for temporary employees, and increases to the retroactive salary compensation.

The city will hold a press conference later this week to reveal how it plans to deal with the blue-collar work stoppage.

## Preliminary hearings set for Pelletier-Charett case

By Doug McCooye

The teenager accused of kidnapping, sequestering, and murdering 82-year-old Réjeanne Pelletier-Charette last August in Rock Forest was in a Sherbrooke courtroom last week for the next step in his judicial proceedings.

Quebec Youth Court Judge Hélène Fabi presided over a preparatory hearing Friday morning at the Raynald-Frèchette courthouse in Sherbrooke. Three days this fall (October 3,4,5) were blocked off for preliminary hearings, with further days expected to be added for mid-November. A publication ban was also imposed on the case.

The pending trial stems from a series of incidents that garnered national media headlines last summer. On August 13, 2010, grandmother Réjeanne Pelletier-Charette mysteriously disappeared from her Rock Forest home. Police connected her disappearance to a 16-year-old boy who had been residing at the nearby Val-du-Lac youth detention centre, but had recently escaped.

A few days passed, and the teenager

was eventually discovered at the Si-boire microbrewery on Depot Street in Sherbrooke, just hours after Pelletier-Charette's missing car had been found in the nearby Maxi grocery store parking lot. The elderly woman's dead body was found the following day and charges were filed against the teen.

Incarcerated at the detention centre since his arrest, the teen has been uncooperative and has accumulated further assault charges for attacks against Val-du-Lac workers. In another incident, he also tried to escape from two guards while waiting for a psychiatric appointment at an external clinic.

After multiple psychiatric evaluations, the troubled teen was deemed fit to stand trial in early 2011.

Defence lawyer Stéphanie Côté – the third lawyer the teen has had since his judicial process began – has requested a jury trial.

According to reports from the courtroom, the teen's parents were in the gallery on Friday.

The name of the accused cannot be revealed because he is a minor.

## Roadwork: Sainte-Cécile-de-Whitton and Sherbrooke

The Estrie division of Quebec's Transportation Ministry (MTQ) has announced a culvert reconstruction will begin today, July 25, on route 263 in Sainte-Cécile-de-Whitton.

The work will take place between Main Street and 9th Rang and will the closure of one lane.

Traffic will be directed with flaggers and traffic lights until the work is complete on July 29.

The MTQ has also made a modification to the reconstruction of the bridge that crosses the Kee Brook on chemin Georges-Vallières in Sher-

brooke.

Work that would require the complete closure of the bridge was scheduled to begin July 18 but was postponed.

While cyclists and pedestrians will continue to have access during construction, the bridge will be closed to vehicle traffic starting today, July 25.

Motorists will be required to take a 14.5 kilometre detour via Highway 10, Route 220 or Route 222 and chemin Dion.

**Justice**  
I BELIEVE.  
I GIVE.  
Development and Peace  
1 888 234-8533  
www.dev.org

Serving the entire Eastern Townships with three publications  
**Jo-Ann Hovey**  
Advertising Consultant  
RECORD Townships Outlet Brome County NEWS  
One number  
819 569-9525  
jhovey@sherbrookerecord.com

# A paradise of flowers, trees, and pumpkins

By Claudia Villemaire  
VAL JOLI

Just imagine. Trailer-van loads of pumpkins heading south to markets in the USA, every pumpkin carefully tended and raised on hundreds of acres near this producer's home. Now try to picture, as the glowing yellow of truckloads of pumpkins fades out of sight, thousands of balsam and Fraser evergreens, carefully trimmed, packed in damp mulch, wrapped in white netting designed to flex enough to protect the shape and integrity of the branches, as these truckloads travel off to fill orders from across the province and the USA too.

But these days, there's no sign of these productions immediately apparent at the Perreaults Garden boutique where masses of hanging baskets, decorative pots and individual plants fill the area with every color imaginable. Fresh veggies from their own garden, jams from the home kitchen and a region of fresh herbs and fruit

tempt passersby to stop, browse and take home a treat.

The region's name tells the story, loosely translated, pretty valley is a region of green hills that flow ever downward toward the St. Francis river with hidden valleys tucked into a widening of these fertile slopes where once homesteaders and pioneers chose to stake their claims, clearing the valley, shaping the virgin logs for their first rustic shelter.

History records settlers of English, Irish, Scottish, French and American background clearing and tilling the land that eventually put the Eastern Townships on the map as a renowned area of agriculture production. Travellers on the highways and byways can still find producers of just about anything, from milk to beef, broiler chickens to egg producers, goat milk, sheep and lambs, turkeys to waterfowl, (tame and wild). Then there are the cereal, vegetable, flower and fruit growers whose reputation for quality produce is widely known. Then of course, the

move to organic farming has gained a foothold in the region, with small farmers' markets sprouting up across the Townships where the small market gardener can find an outlet for his produce or even make arrangements to provide special delivery to his customers.

Not the least of these is where we stop to chat today, where the Perreault family, snuggled into a tiny valley just outside Windsor, have expanded from a small Christmas-tree kiosk at the side of Rte. 243 into a paradise of flowering annuals, perennials, trees, shrubs and a variety of veggies grown on the first gentle slope that rises behind the ancient stable.

But their flyer talks very little about flowers, veggies and decorative trees. The Perreaults are pumpkin producers, with nearly one hundred acres seeded to the fruit that can sometimes grow to hundreds of pounds. Most years the Perreault pumpkins, sometimes five million pounds of the yellow-orange fruit, are harvested, inspected and trucked to far-away places in the south.

"But our most popular sizes are the small 'pie pumpkins,' darker colored, with strong stems to the Halloween size, from fifteen to thirty-five pounds," Sylvie Perreault explained during an interview this week.

We stood among the hanging pots of crimson, deep blue and yellow flowers, enjoying the shade and a breeze that was bent on mischief, knocking over larger pots of larger plants and trees.

"We also have hundreds of acres of Christmas trees, mainly



PHOTOS BY CLAUDIA VILLEMAIRE

balsam and Fraser, both known for their color and keeping qualities."

The Perreaults planted 35,000 trees last fall, enlarging their property to over 800 acres. "Of course, you have to understand we didn't plant that many every year, so in the ten years we've been doing this there's a variety of sizes to choose from, given it takes ten to twelve years to produce a decent sized, six- or seven-foot tree," Perreault explained.

Trees from the Perreault plantations are treated like family, carefully tended and trimmed, a sharp eye out for any sign of infestation or disease.

"We try to begin harvesting

as late in the fall as possible, and each tree is wrapped in damp mulch and soft plastic webbing and ever-so-carefully loaded on trucks. But all the extra time spent seems worth it as business hasn't stopped growing since we began," Sylvie Perreault says proudly.

The ancient stable and hay mow, where history seems to speak from every nook and cranny, tempts visitors to take the time to admire solid rafters hewn by hand more than a century ago.

"I also offer a special visit to children on class trips. In the old hay mow area, we set up seats on bales of hay or straw and I give a short history and explanation of the many uses of

CONT'D ON PAGE 5



**GARAGE SALE**

When you place your **Garage Sale** ad, for only \$10<sup>(+ taxes)</sup> more, receive a **Garage Sale kit**, which includes:

- 3 All-Weather Signs
- E-Z Stakes Assembly Kit including:
  - Two 24" Wooden Sign Stakes
  - Assembly Bands
  - E-Z Assembly Instruction Sheet
- Fluorescent Pre-Priced Label
- Successful Tips for a "No Hassle" Sale
- Sales Record Form
- 6 balloons

Drop by our office today and pick one up!

1195 Galt St. East, Sherbrooke  
819.569.9525

5B Victoria, Knowlton  
450.242.1188

# Car slams into Chez Guy restaurant

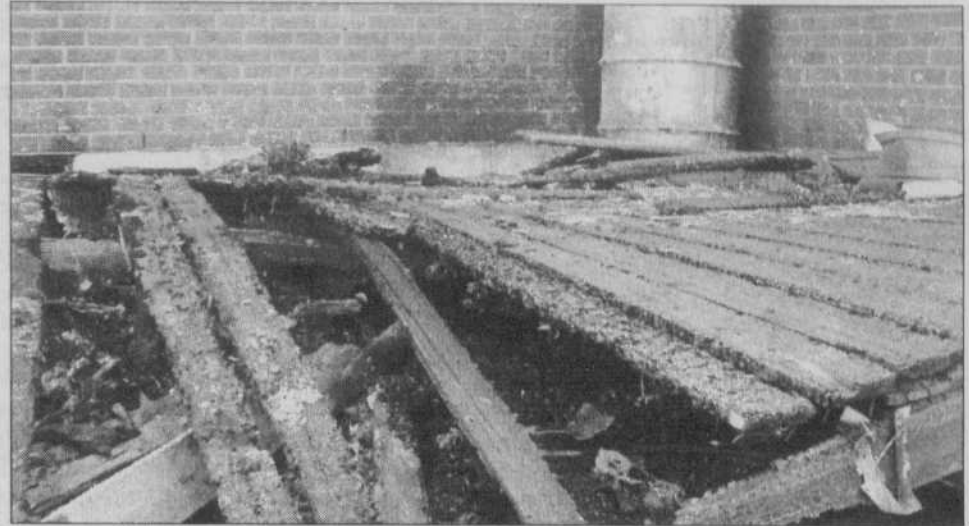
By Frank Nixon



A driver lost complete control of his vehicle and slammed headlong into the Chez Guy restaurant off Knowlton Road in Knowlton, after midnight early Saturday morning. The vehicle erupted into flames. Two other passengers who were also in the vehicle, were seriously injured but the injuries are not considered life-threatening.

According to a Radio-Canada report, the 21-year-old driver was arrested by police while he was trying to flee the scene.

The restaurant suffered extensive fire damage after the car plowed into the deck, next to the kitchen.



PHOTOS BY FRANK NIXON

The photos above and right depict the damage caused by fire at Chez Guy early Saturday morning. Two passengers were seriously injured in the crash as the car burst into flames.

## Water safety at Sherbrooke's pools and beaches

The searing heat has many Townshippers submerging themselves in any pool, river and lake they can find. But as more people crowd into the water it will be more important than ever to remember water safety.

The City of Sherbrooke hopes to encourage safe swimming this week at its dozen outdoor pools and two municipal beaches through a variety of prevention and education activities.

Coinciding with National Drowning Prevention Week, July 25 to 29, events will include a tour of "Didi le VFI," the French division of the Canadian Red Cross life preserver mascot, who will offer information on the safe use of life jackets.

The PFD Didi Tour can be found today, Monday, July 25, from 1 to 3 p.m. at the Lucien-Blanchard and Deauville sector beaches and the Central Park, Ma-Villa, Mi-Vallon, Claire-Fontaine and Paul-Marin public swimming pools.

The tour will continue at the same time on Tuesday at the Optimistes, Cœur-Immaculé-de-Marie, Alfred-Élie

Dufresne, Saint-Alphonse-de-Liguori, Nault Park and Centennial public pools.

Water rescue and First Aid demonstrations have been planned for Wednesday, from 1 to 3 p.m. at all of the city's 12 outdoor pools and two public beaches.

Animators will show how to rescue someone who does not know how to swim, a victim who has sustained a spinal cord injury, an open fracture or someone who has been submerged.

Thursday will be dedicated to the "Young rescuer." Participants will learn monitoring techniques and tools at the city's outdoor pools and both beaches between 1 and 3 p.m.

On Friday, the event will be wrapped up with a "Swim-A-Thon" at the Saint-Alphonse-de-Liguori pool. The city's lifeguards will take turns swimming laps and invite the public to join them.

For more information about the events, call 819-821-5890. Drowning prevention information can be found through the Lifesaving Society at [www.sauvetage.qc.ca](http://www.sauvetage.qc.ca).

## Drunk driving accident in Ste-Catherine-de-Hatley

A two-vehicle accident in Ste-Catherine-de-Hatley on Wednesday has resulted in the arrest of a 59-year-old man for drunk driving.

The inebriated man was behind the wheel of his pickup truck when he rear-ended a car on Route 108. The impact was such that the car was sent flying into the roadside ditch. The car's two occupants, both United States citizens, suffered minor injuries in the crash.

A Breathalyzer test issued to the pickup truck driver by the responding police officers revealed the man's blood-alcohol level exceeded the limit allowed under the law.

The suspect, a repeat offender, will appear before the courts to face charges related to driving while under the influence. His vehicle was also seized and his license was suspended.

## Five arrested in Magog drug raids

A pair of drug raids executed by local law enforcement on Principale Street in Magog on Wednesday morning led to the arrest of five individuals and the seizure of a significant amount of narcotics.

Three men and two women were arrested by the Memphrémagog police and charged with either possession of a narcotic with intent to distribute or posses-

sion of a narcotic. All but one of the suspects were released on their own recognizance and they will appear before the Quebec courts at a later date.

More than 100 pills, some 20 grams of marijuana, more than \$100 in cash, and an electronic scale often used in the drug trade were among the items seized by law enforcement on Wednesday.

## A paradise

CONT'D FROM PAGE 4

pumpkin developed by those first settlers and still in use today. We have a bit of pie or pumpkin bread or cookies and they get acquainted with our pony and goats. It's kind of an introduction to a quieter, milder form of farming," she says, laughing at the memory of inquisitive primary grade youngsters working up the courage to taste a bite of pumpkin preserve or reach shyly to pat the complacent pony.

Stephan Perreault was away this day,

but we have met on other occasions. "He's doing some public relations today and so far, we've been successful in persuading a few local grocery stores to carry our pumpkins this fall. Developing local markets is our goal this year, and we're quite encouraged by local response. But, with 26,000 pounds of pumpkin per acre on average, finding new markets is always a priority," Sylvie Perreault adds thoughtfully.

The Perreaults have three daughters

who, in their teens now, are keen and supportive and dynamic in their approach to Mom and Dad's fields of production. Treats of jams and pies turn up in the boutique to the delight of customers.

"We work very hard to produce quality products. There's no chemical fertilizer in our gardens or on our fields. All are dosed with chicken waste transported here, sometimes from quite a distance. We can't say we're certified

organic but we're the next best thing.

The Perreault boutique and garden center is located just outside Windsor on Rte. 243, heading north. Tourist information booths and agencies have their flyers and their website is: [plantationperreault.com](http://plantationperreault.com). Phone or fax at 819-845-1160 or 819-845-1096 and reserve a Halloween pumpkin or a special Christmas tree early.

# EDITORIAL

*If I know anything about people it is that we all have problems with procrastination.*



**TOM CAVANAGH**

## Procrastination

**A** I Cecutti, a university friend of years gone by, kept a sign on his door, which read, "procrastination is the thief of time." His concern was twofold, not studying and not working hard enough to ensure success. He wanted to become a doctor and did. There are always distractions and it's always easy to procrastinate. (It's probably easier today with the flood of attractions and distractions in our technological world, but that's another story.) Al's sign impressed me deeply back then and sounded the alarm on deep personal problems that remain with me today: I put things off.

Examples are innumerable. As a youth I often dreamed of travelling in Europe alone on a motorbike. But I procrastinated to the point where I agreed and signed up for marriage. Goodbye dream. Goodbye to tooling around Italy, Germany, youth hostels, regal England, and all those interesting people I never met. Never even seen.

With the weeks running down I stopped procrastinating, said no to marriage, and went off in pursuit of the travelling dream. It was a painful decision, as one would imagine - especially for the important person most directly affected. I have never completely shaken off the regrets. There are things we all believe we would never do. I would never do action X. (Fill in the blank.) Yet some of us some day somehow find ourselves with an action X in our history. It has to do with character and becomes a part of our reality. You live with it and it takes you back to square one: character building. Watch out for procrastination. As for the marriage I knew I could, would, and should break it off. But the hold of procrastination is always there. Maybe next week. Perhaps not. Then the marriage bans were read in church. Too late now. Well, maybe not.

In the interest of clearing up loose ends left lying around I have a few final

observations. First, I take the words from Marlon Brando's final faceoff with the corrupt union boss Johnny Friendly in "On the Waterfront." He calls out aggressively "I'm glad I done what I done. Yuh hear me. I'm glad." Breaking up is hard to do and should have been done sooner with a lot more class. But it was the right thing to do. Marriage would probably have ended in disaster.

Secondly, about fifty years after the non-marriage I called my once betrothed and apologized. (Yeah, I know. A bit late.) Her voice had a somewhat older sound to it, and one of the first things she said was "You don't sound like Tom Cavanagh." She laughed out loud when I replied: "Well, you don't sound like Maureen." So our conversation got off on the right foot. And it ended well too. We talked about mutual friends and children, relatives, and life. (You could capture the moment with Tom Waits singing 'Martha.') The best part was her response to my stumbling ostensible remorse. "Come on Tom. We were just kids." Before hanging up we agreed I should call again. I never did.

Staring at the phone I think - what a relief. Talk about laying that burden down. We were not just kids but it was a kind and gentle way for her to put things to rest.

If I know anything about people it is that we all have problems with procrastination. Shakespeare's Hamlet was surely one of those most shackled by this shared human impulse to delay, think, rethink, and think again. Well, it is hard with fun things to do like football games to watch, books to read, and walks to take. It's worse still when, like Hamlet, you're dealing with enigmatic suggestions and directives from your father's ghost. Among other things Hamlet's story effectively conveys that ongoing delays can have very bad results. To put it mildly. Ask Ophelia. Ask his mother. Or better still Polonius, Rosencrantz or Guildenstern. Or Claudius. Think of the climactic ending with all those bodies strewn around the stage including our dear dead Hamlet himself.

I believe lack of self-confidence is a determining factor with procrastination but I have no constructive suggestions. I

## Letters

### Congratulations for online Record

DEAR EDITOR:

**I** feel I must congratulate you for your online edition of The Record. It's so much less hassle, you click on, there you go, and for those living in a rural part of the Townships, it's much less complicated than door-to-door delivery. Thanks again. I am really enjoying this.

Hey folks, why not do the same, I know, you wanna read your paper while having your morning corn flakes. I do the same now, grab my coffee, sit down with my laptop, voila, what could be more simple?

**JIM ELSTON**  
Knowlton

### Cherishing illusions

DEAR EDITOR:

**G**ood news! We are not destroying the environment. Matter and energy cannot be destroyed but they can be transformed. So if your house burns down, nothing is destroyed. Most of the matter will be transformed into energy and the matter remaining will be transformed into something that we will not consider useful. So don't panic, the only thing destroyed is an illusion. We seem to cherish illusions.

**JASON KRPAN**  
Georgeville

once stated in writing that I think too much about what I'm thinking. Hamlet was no different. "To be or not to be." Those lines of thought surely impede decisive action. Furthermore, procrastination always focuses on future matters.

Who knows? And since we don't know, procrastination seems the safest route. Makes sense? Sometimes yes. Sometimes no.

Sorry I can't be more help.

## Statements on the explosion and shooting in Norway

### Prime Minister Stephen Harper

"I was shocked and intensely saddened to learn of the attacks in Oslo and Utøya. We deeply regret the loss of life and injuries resulting from the explosion which occurred today in the government quarters, where the Prime Minister's Office and other government offices are located.

"We were also horrified to learn that a gunman has opened fire at a youth camp at Utøya.

"Canada condemns these barbarous and senseless acts of violence and our thoughts and prayers are with the victims, witnesses and all those affected by these attacks.

"On behalf of all Canadians, Lauren and I wish to express Canada's sincere condolences to Prime Minister Jens Stoltenberg and to the Norwegian people. Canada stands with Norway on this tragic day."

### The Young Liberals of Canada

The Young Liberals of Canada (YLC) send their sincere condolences to all those affected by the terrorist attacks in Norway.

"The terrorist attacks in Oslo and Utøya at the Labour Party youth camp have shocked the world. The thoughts and prayers of Young Liberals all across Canada are with those affected by these tragic events," said YLC President Samuel Lavoie. "We stand firmly with all young people who seek to participate in the democratic process."

"Democracy is most healthy when young citizens are engaged and participating," added YLC National Director Keith Torrie. "Such attacks will only strengthen the resolve of young people's engagement in Norway and around the world."

## THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E., Sherbrooke J1G 1Y7  
FAX FOR NEWSROOM ONLY: 819-569-3945  
E-MAIL: newsroom@sherbrookerecord.com  
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER ..... (819) 569-6345  
DANIEL GOULOMBE NEWS EDITOR ..... (819) 569-6345  
STEPHEN BLAKH CORRESP. EDITOR ..... (819) 569-6345  
SERGE GAGNON CHIEF PRESSMAN ..... (819) 569-9931

DEPARTMENTS  
ACCOUNTING ..... (819) 569-9511  
ADVERTISING ..... (819) 569-9525  
CIRCULATION ..... (819) 569-9528  
NEWSROOM ..... (819) 569-6345

KNOWLTON OFFICE  
5B VICTORIA STREET, KNOWLTON, QUEBEC, JOE 1V0  
TEL: (450) 242-1188 FAX: (450) 243-5155

### MAIL SUBSCRIPTIONS

		GST	PST	TOTAL	
CANADA:	1 YEAR	120.00	6.00	10.71	\$136.71
	6 MONTHS	63.00	3.15	5.62	\$71.77
	3 MONTHS	32.00	1.60	2.86	\$36.46

Out of Quebec residents do not include PST. Rates for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member  
ABC, CARD, CNA, QCNA

# THE LINK

Linking Lennoxville and the surrounding communities

The small lakeside town managed to maintain its appearance of coolness, peace and tranquility...

Good Reads  
Page 8

## A hot summer Saturday afternoon in North Hatley

By Sylvia Bullard

Just what happens in North Hatley on a hot July summer afternoon? The lakeside town was abuzz with activity Saturday afternoon — as temperatures soared in the mid 30s.

The breeze from the lake kept a number of people cool as they lazed on grass in the park.

Other people on motorcycles had ridden all the way from Granby, choosing North Hatley, the small, beautiful town as their destination, stopping for a bite at the well renowned Pilsen.

A couple of artists could be found on the street displaying paintings. Marcel Dessaints, an artist for 30 years, was set up, displaying a unique type of painting featuring what he called, "one dimension." Dessaints can be found on the cor-

ner in the middle of North Hatley every Saturday, weather permitting. If you miss him on Saturday you can always catch him in Coaticook at La Gorge where he was asked to set up his display on Sundays. The beautiful unique paintings sell for \$175.

Down the street from him, artist Helene Normand — originally from La Gaspésie area — could be found working on her paintings that are also available for sale. Normand's paintings reflect the influences of French artist Cézanne and Turner.

Heading out of town towards The Pigery Theatre, two geocachers, Paul Hamel and Claude Bemeur from Terrebonne, Quebec were spotted searching for a hidden container in a hedge. Geocaching has been gaining worldwide popularity as a real-world outdoor treasure



PHOTOS BY SYLVIA BULLARD

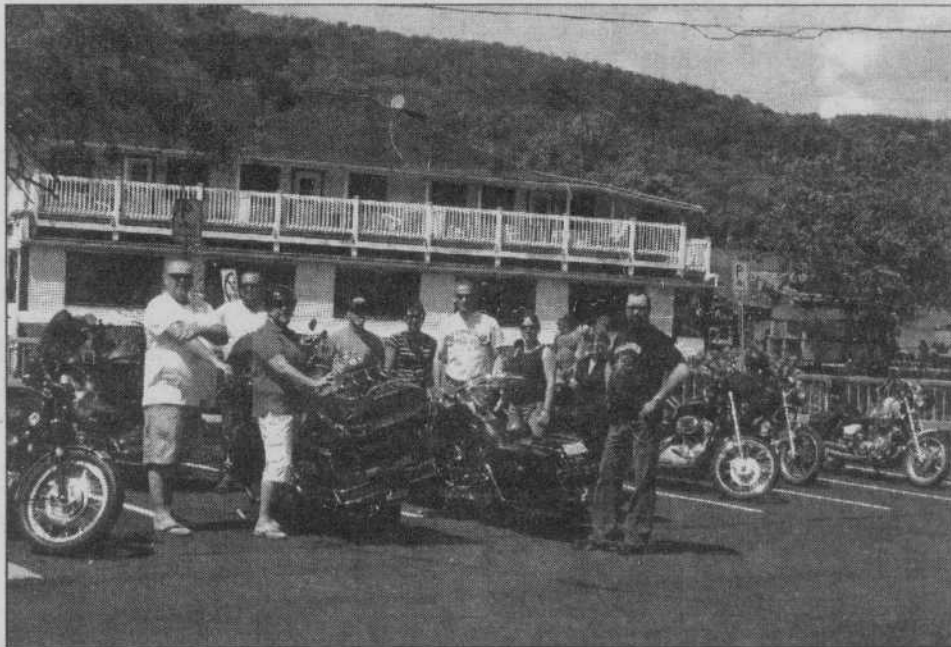
Marcel Dessaints can be found in North Hatley selling his paintings on the corner in the middle of North Hatley.

hunting game. Players try to locate hidden containers, called geocaches, using GPS-enabled devices and then share their experiences online.

The small lakeside town managed to maintain its appearance of coolness, peace and tranquility, despite the heat and so much activity going on.

Sylvia.recordlink@yahoo.ca

Photo at right: Artist Helene Normand can be found outside working on her paintings that are also available for sale.



Motorcyclists from Granby stopped awhile in the beautiful lakeside town.

## A celebration of artwork

By Sylvia Bullard

Local artists in the area are getting together Saturday from 1 p.m. to 5 p.m. for a celebration of Christians in the arts. It is open to all denominations and one does not necessarily have to be religious in order come and appreciate the fine artwork. The event is taking place at Quebec House of Prayer, which is the former Elmwood Hotel in Lennoxville at 45 Queen St.

Special guest artist Pavel Moraquez from Cuba will be featuring sculptures and paintings. Some of his work will be available for sale even though the general purpose of the event is to be a gallery rather than a market place.

There will be a wide array of works from the art world in the way of sculptures; paintings, photography, costume design, theatre, short film documentary, and poetry.

Pastor Steven Black from the Greenridge Baptist Church says, "We aren't doing a good job in the Lennoxville community around the arts for Christians, so some of us got together and decided to have this event to celebrate artwork from Christians. The common denominator is that all the artists are Christians who enjoy art work."

Included among the artists are some who attend Champlain as well as Bishop's College School.

The Pastor says, "The theme for the event is taken from Luke 19:40 where it quotes Jesus saying the stones will cry out. Each artist is preparing artwork from his or her field to add to a collage that will be created at the end of the day."

People of all ages are invited to attend the event and take a look at the fine artwork at no cost.

Sylvia.recordlink@yahoo.ca



Special guest artist Pavel Moraquez from Cuba will be featuring sculptures and paintings. COURTESY PHOTO

# Scamp, Horace, lacrosse and Maid Marian

Books for those aged 6 to 9



## GOOD READS

ELEANOR BROWN

Running and jumping outside is fun, but sometimes it's time for a quiet read. Here are a few fun books for six- to nine-year-olds (give or take a couple of years!).

Scamp the dog is unhappy with his life, and finally runs away from his boy, Orvie. A witch takes pity on the poor sad canine, who wants to be a great and noble creature, not just a dumb ole dog. But the well-meaning sorceress doesn't turn Scamp into a mighty Percheron — she grants his deepest desire by turning him into something fantastically magically one of a kind. Scamp becomes a truly special creature, a whingdingilly.

"Zum zum zaroot most anything goes," chants the witch.

"So how about a rhinoceros nose.

"Then elephant ears ker-flippety flop

"And reindeer horns zilly-zop! Out the top."

Scamp is now unique, all right. And then goes all wrong for poor Scamp. He might be a kind-hearted soul, but he looks like a monster.

Whingdingilly is written and illustrated by Bill Peet (1970).

Fans of puzzles and conundrums will enjoy matching wits with the author of a beautiful picture book, *The Eleventh Hour: A Curious Mystery*, by Graeme Base (1988). It's a book you'll want to pore over again and again — because you won't find the solution to the mystery unless you can solve all the puzzles within.

Horace The Elephant turns 11, and has a costume party. Everyone's invited ("The Mouse came as a Musketeer, his head and hat held high./ A swagger in his footsteps and a twinkle in his eye./ The Cat was Cleopatra, Queen of Egypt and the Nile/ And, masquerading as a Judge, was Sam the Crocodile").

After hours of summer fun and games, the guests crowd to the buffet

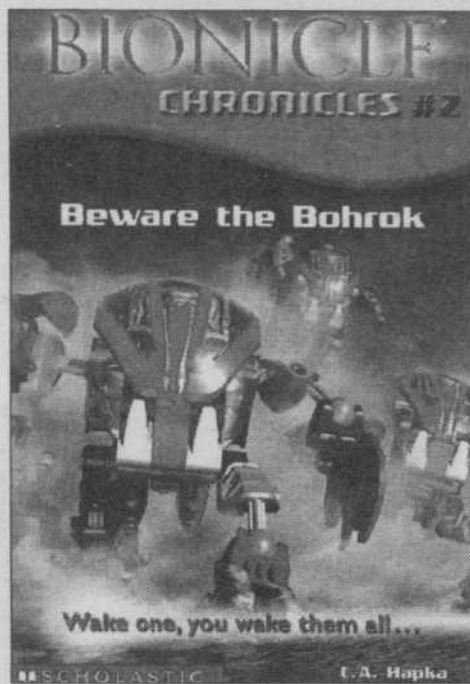
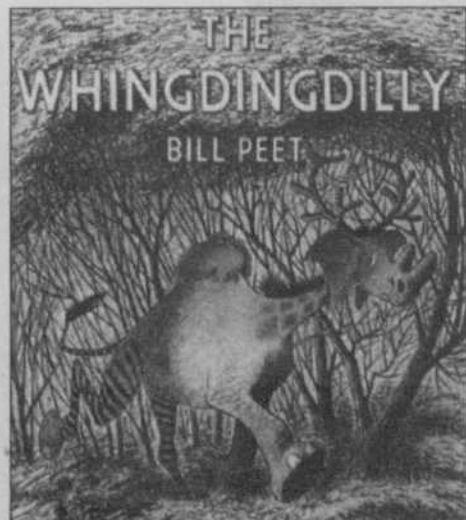


table for a Horace-made feast, only to discover the food has been stolen. There's nothing but crumbs left! Talk about terrifying, there's a party full of hungry guests — and no snacks.

Who is the rotten scoundrel who gobbled up the food? There is a clue on every page. But if you haven't discovered the answer by the end, the solution is in the back... "I hope you found *The Eleventh Hour* entertaining and intriguing," the author writes. "If you also found it annoying and frustrating, this booklet was written especially for you!"

Matt Christopher's wide-ranging sports stories feature all sorts of sports. *Lacrosse Firestorm* (2008) follows the Rockets team, but young Gary is being bullied by teammate Michael — and Gary responds with fury. If these two can't figure out what teamwork is really about, the team will lose the lacrosse tournament. But there's more than just sports in life — there's a fire, and it looks like arson. And there's still a game to win.

The *Bionicle Chronicles* is another popular series; this one based on the Lego characters (and it's marketing the figurines to kids, of course). Six amnesiac warriors — ice, water, fire, earth, air and stone — swear to defend the land of Mata Nui from the dark being, Makuta. *Beware The Bohrok*, by C.A. Hapka (2003) is the second in the series. The Bohrok (being the Pahrok and the Kohrak, the Gahlok, Tahnok, Nuhvok and Lehvok) have awakened, assisted by the Bohrok Va, and their krana. This is a completely realized world with a complex set of creatures and gadgets, for the reader who loves new words (that their parents won't understand) and who loves this kind of complexity. Each warrior has his own battle against the bad guys, and the solo group members all come together at the end, in a show of cooperation, to defeat evil.

Last but not least, *Young Marian's Adventures in Sherwood Forest*, by Stephen Mooser (1997), is the first in the *Girls To The Rescue* series of short novels. (This one is the longest and most challenging read.)

Thirteen-year-old Marian and her best friend Robert of Locksley have no love for the Sheriff of Nottingham, a cruel and greedy man who hangs anyone who won't hand over their taxes. Since the

tax rate leaves citizens starving or freezing to death in the winter for want of food and firewood, the people are in a bad way.

Marian's efforts to trick the Sheriff and return her father's life savings, however, get Dad arrested and scheduled for death. Her pal Robert, better known by his nickname, Robin, agrees to help rescue the father and further annoy the Sheriff. This is billed as the first adventure of the two rebels who would become Maid Marian and Robin Hood, stealing from the rich to give to the poor.

All these children's books are filed with a yellow dot, suggested reading for ages 6 to 9. Check the New Arrivals shelf and the regular stacks!

### Connect The Dots

In the Lennoxville Library, a GREEN dot means non-fiction for children.

Other dots are for fiction: suggested ages 0 to 2, RED;

ages 3 to 6, BLUE;

ages 6 to 9, YELLOW;

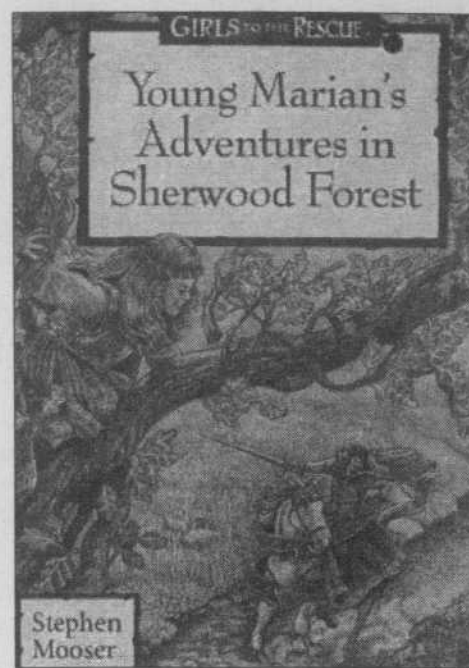
ages 9 to 12, ORANGE.

These are suggested reading levels only, and there can be big differences in vocabulary and complexity in books even within a single category. Some will find a book too easy, others will consider it too frustrating. Reading should be fun, not a chore, so help them pick the right books and work their way up to the tougher stuff!

Check out the Lennoxville Library's newest display of recommended reading: 50(ish) books every 11-year-old should have read. Roald Dahl's *Charlie And The Chocolate Factory*, Laura Ingalls Wilder's *Little House On The Prairie*, Lucy Maud Montgomery's *Anne Of Green Gables* and Madeleine Engle's *A Wrinkle In Time*. Some Neil Gaimon's *Coraline*, Lemony Snicket's *A Series Of Unfortunate Events*, Mark Twain's *The Adventures Of Tom Sawyer*. The *Pendragon Adventure Series* (D.J. McHale), *The Spiderwick Chronicles* (Tony DiTerlizzi and Holly Black), Katherine Peterson's *Bridge to Terabithia*, Markus Zusak's *The Book Thief*.

### Choose Your Favourite

The Adopt-A-Book campaign continues! Buy one of the books for the library in order to read it first — and then your gift allows everyone to read it. The books are on display right at the entrance.



### Do You Read?

Good Reads needs you! Share your love of reading by writing Good Reads. You can encourage others to read, pass on great book suggestions, and help build the library, one new reader at a time.

Pop by the Lennoxville Library to ask for info, with a short piece (500 words or less) that you have written about a book (or two).

Or perhaps you are an English teacher? Consider asking your students to write a review of a library book that could then be submitted for publication. We want kids to tell each other what they love to read. Contact the library...

### Book Ends For Children

The theme for the TD Children's Reading Program this year is Splash! We'll be celebrating water — animals, pirates, ships and lots of fun. The TD Reading program has started (Wednesdays from 1:30 p.m. to 3:30 p.m., to Aug. 10; ask us if there's still room for your child).

### Book Ends For Adults

Books and Brown Bags (that's lunch and a book) will return in September.

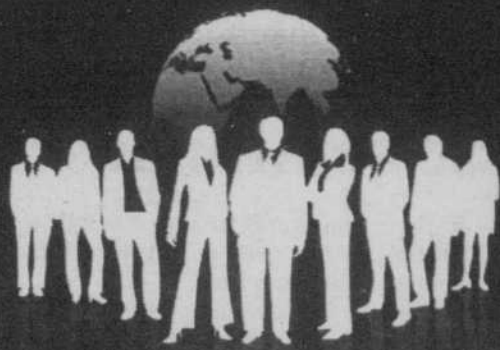
### Party Planning

We need your help for our 2012 centenary celebrations. Do you have library memories to share? We're looking for your recollections, old and new, whether in writing or in pictures. An eight-year-old talking about Story Time. A parent finding good reads for everyone in the family. A mystery fan rhapsodizing about ze little grey cells. An 88-year-old recalling the first library book that really impacted him or her.

The Lennoxville Library is for and about you. Take a few moments to share. Mail your memories to 101 Queen Street, Sherbrooke J1M 1J7, e-mail them to 100.bibliolen@gmail.com or drop them off at the library's circulation desk.

If you have a bit of time, why not volunteer?

For information on all Lennoxville Library events, call us at 819-562-4949 or visit us at our website — www.bibliolennoxvillelibrary.ca or email bibliolen@gmail.com. Check out all our past Good Reads columns at BibliolennLibrary.WordPress.com.



# Lennoxville Directory



Let my many years of experience in the real estate market guide you step by step, whether buying or selling.

**Helen Labrecque** 819-823-7474  
 Real Estate Broker  
 Cell: 819-572-1070  
 hlabrecque@sutton.com



Tim Goddard

**"Coaching Solid Pension Strategies for our Clients"**

We focus on the decisions you require in accumulating wealth to transition smoothly through life's stages with the peace of mind you deserve.



151 Queen Street SHERBROOKE  
 819-569-5666



The Townships' widest selection of greeting cards and special occasion gifts in English...  
 10% student discount every Wednesday with ID...  
 10% senior's discount every day...

**Lennoxville Tri-Us**  
 3003 College Street  
 Sherbrooke, QC  
 J1M 1T8

Tel/Fax: 819-822-2632  
 trius@videotron.ca

**F. DAVIDSON PAINTING & ROOF REPAIR**

**Restore Your Roof with "Techno-Seal"**

Good for asphalt shingles and tin roofs  
 Also, barn painting, roof painting, house painting and more...

**QUALITY WORK ...30 years experience**

**819-868-1413**

For a subscription to your favorite paper:

THE **RECORD**  
**819-569-9528**

Clinique *Opto* RÉSEAU  
**Optométrique**



Dr. Meggie Faust - Dr. Alain Côté, Optometrists  
 160 Queen Street, Sherbrooke 819-563-2333

YOUR IDEAS ON PAPER...

Printing  
 Direct to plate  
 Design  
 Finishing



3 Conley, Sherbrooke QC J1M 1L8  
 Tel.: 819-562-0266  
 Fax: 819-562-1233 • blitho@ebacom.com

If you don't want to miss any events this season, subscribe to:

THE **RECORD**

Quick & Courteous Service

**MOORETEL**

(THE alternative to BELL!)

- Telephones
- Installation / Repair
- Jacks - Telephone
- Verification of wiring
- Computer

**Commercial & Residential** David Moore

**(819) 564-2303**



*Lamoureux Leonard* senior



Notaries & Solicitors

**Mtre Timothy Leonard**

- Trust Wills • Mandates
- Corporate Law • Estate Settlement
- Protection of Assets

520 Bowen St. S., Sherbrooke  
 (next to Hôtel-Dieu Hospital)

**563-0500**

Shop locally. Support your local businesses.

# Local Sports

*"For our part we are a young team and can only get better... We are very conscious that we are facing a well-oiled machine."*

## Sherbrooke versus Magog in senior lacrosse semifinal series

By Ben Kramer

Defending champion Sherbrooke Extreme started their senior lacrosse semifinal series against Magog Memphre at home Friday night coming from behind to take a hard-fought first game 5-4. With time winding down in the game and Magog serving two penalties, Alexandre Duquette scored the winner for Sherbrooke to ensure the first win in a two-game total points series.

The Magog Memphre, fresh from their preliminary round win over Longueuil Patriots, were not a very disciplined team taking numerous penalties. Sherbrooke opened the scoring on another two-man advantage early in the first frame. Sherbrooke, champions for the last two years, weren't able to take advantage of the undisciplined play of

the Memphre on a night when their offence could have had a field day, yet only produced enough for the win.

Extreme player-coach Damien Roy expressed his dissatisfaction with his team's offensive output. A depleted bench might have played a part in Sherbrooke's lack of scoring, as they only had fourteen men in uniform, missing four for a full lineup. Philip St. James is injured, Jean Francois St. Laurent is suspended, and Carl Rodrigue and Miguel Raymond were unavailable.

Interviewed after the game, Roy was quoted in local papers as saying, "Defensively we reached the objective we set and we did some good work, but we have to work harder on offence."

The winner of this series will face the winner of the other semifinal series, which pits Shawinigan against Windsor. Windsor won its opener at home on

Thursday 24-3. The second game in that series will be played Sunday night at the Claude Mongrain Arena in Trois Rivieres.

During the regular season Sherbrooke (12-1-1) soundly beat Magog (7-6-1) in their first two encounters, 10-1 and 9-2. However in their final meeting on July 14 in Sherbrooke, the Memphre showed that they wouldn't roll over and battled the Extreme to a draw 8-8.

Magog has played well late in the season but narrowly escaped the first round against the Patriots, losing the first game in Longueuil 10-8 before returning home to win the two-game total points series by two points, beating the Patriots 12-8.

"For our part we are a young team and can only get better," Jean Marie Bergeron, coach of the young Magog squad, was quoted as saying. "We've been heading in that direction for the past few

weeks and we've got to follow up. We are very conscious that we are facing a well-oiled machine."

The coach knows that his team needs goals from more players. Magog's Sylvain Perrault accounted for three of the Memphre four goals on Friday night.

Magog needs to win by two goals to take this series.

Coach Roy, in responding to a reporter's question said, "Every game is different and if we repeat the errors of July 14 we open the door for the Memphre."

The Memphre won't be able to play their home game in Magog, as the arena is unavailable for the duration of the playoffs. Magog faced Sherbrooke at the Robert Fournier Arena in East Angus Sunday night. The results were not available at press time.

## Jets' merchandise flies off the shelf

By Tim Campbell  
Winnipeg Free Press

The buzz over the new Winnipeg Jets logo continued Saturday and the team put a little fuel on the fire by rolling out forward Eric Fehr to sign autographs at its downtown merchandise store.

The Jets unveiled their new designs late Friday. The primary mark is a silhouette on top of a red maple leaf enclosed with a navy blue and thin-silver circle which is notched on the inside at true north. It's a tribute to the Royal Canadian Air Force.

A limited amount and selection of team-crested gear was available starting late Friday and several other local sports retail items joined the sales frenzy on Saturday.

Jets director of communications Scott Brown said Saturday that the Jets Gear store at the MTS Centre sold all 1,900 hats it had brought in. By mid-day Saturday, the team had processed more than 1,200 on-site transactions and expected to be sold out of all the rest of the nearly \$200,000 of stock before the end of the day.

The team said earlier that the store would also be open Sunday, but changed that plan and said the store would remain closed because it anticipated having no stock to sell.

"We hope to have more in by Monday and to continue on with sales into next week," Brown said.

Other city retailers had some stock but similarly, not a great variety beyond T-shirts and hats and some had stock later Saturday.

Most outlets were expecting more stock and more items in the coming week, though the team's new jerseys won't be revealed until September.

Fehr, 25, has been recovering from off-season shoulder surgery. He was acquired from the Washington Capitals in

a trade earlier this month and said he was thrilled to be part of the weekend craze over the new Jets logos.

"I think this is great," the Winkler, Man., native said Saturday at the MTS Centre. "I think Canadians are proud of the military and it's great to represent them on our logo."

Inside the merchandise store, where fans were picking over T-shirt sizes and colours, Fehr said the buzz has not surprised him.

"This is great," he smiled. "It's definitely what we expected. The fans here are very passionate and we've seen that throughout the years."

Brown said that the Jets and True North have once again been impressed by fans' passion for the new logos. Lineups at the downtown store were long on Friday, and customers were lined up again before its Saturday morning opening.

"The reaction of the fans to the opening of the store and the logo is a little like everything else that's happened," Brown said. "We're a little surprised but we kind of knew it would be big, just like the name, like everything else. To see the lineups going down the street yesterday, well, we had to cut the lineup off yesterday because we knew a lot of people who were in line weren't going to get in before the store close."

Brown said that the team has received much positive feedback about Friday's announcement.

"Overall things have been very positive," he said. "You have your typical lukewarm response to it at first but I think people, when they spend some time looking at it and letting it grow on them, the response has been very positive."

"And then listening to Mr. Chipman (Jets governor Mark) talking (Friday) night about the background to the logo, we've had a very positive response to that story."

## TOUR DE FRANCE

### Canadian earns top-20 finish

By Cleve Dheensaw  
Postmedia News

To put in perspective Victoria cyclist Ryder Hesjedal's likely 18th place finish in the 2011 Tour de France, consider that there isn't a Canadian currently ranked in the top-20 of the two most-followed professional individual world sports: Golf and tennis.

Since the race started on July 2 at Passage du Gois on France's northwest coast, he has climbed dramatically from a numbing low of 96th place in Stage 1. When it ends Sunday along Paris's Champs-Elysees, with Stage 21, Hesjedal and his fellow racers will have pedalled 3,430.5 gruelling kilometres.

He was determined to win the individual championship. But in the first week he suffered two crashes and his dreams of individual glory were destroyed.

"I gave up on the GC (individual championship) after Stage 7, but to mentally get over that and still be in the top-20 at the end is satisfying," said Hesjedal.

"The mind controls the body, every moment deciding if it's too long, too hard or too much."

Hesjedal was up to the challenge, and will emerge as a champion. His Garmin-Cervelo squad has an insurmountable 11 minute and four second lead over superstar-led Leopard-Trek heading into Sunday's finish and will claim the team title despite landing only American Tom Danielson in the top-10, at ninth position.

Hesjedal was a breakthrough seventh overall individually last year for the best finish by a Canadian since Steve Bauer's fourth-place finish in 1988. This year, Hesjedal has earned solid reviews for refocusing after his shot at the individual title was dashed. He dug in and worked hard in support of teammates such as Danielson and sprinters Thor Hushovd and Tyler Farrar.

"I still got my standing (top-20) in the process," noted Hesjedal.

The team win has been described by some in the media as a victory for the good guys because of Garmin-Cervelo's public support for drug-free racing.

"That's the foundation of this team, that people can believe in our team and in the sport," said Hesjedal.

It is also a triumph for Canadian bike company Cervelo. Commercial aspects of the victory will help the Toronto-based outfit, as it follows up Carlos Sastre's 2008 individual Tour de France title on a Cervelo bike with the 2011 team title for Garmin-Cervelo.

"When cyclists are leaning one way or the other" on what bicycle to buy, Tour de France fame will play a role, said Hesjedal. "This is definitely a commercial sport at this level. That's why the Tour was born."

Cadel Evans of Australia will break a five-year streak of Spanish winners with his first individual Tour title, and first for a Commonwealth rider, after bolting into the overall lead following Saturday's penultimate individual time trial, creating a one minute and 34 second cushion over second-place Andy Schleck of Luxembourg.

Evans placed seven seconds behind time trial winner Tony Martin of Germany in the 20th stage while Hesjedal was 62nd and 4:56 in arrears.

Hesjedal is 27:14 overall behind yellow-jersey wearing leader Evans.

Sunday's final stage into Paris is largely ceremonial, with standings unlikely to change. But these are still racers and fiercely competitive to the final pedal stroke.

"It's still a race and I'll be gunning for the stage victory, like everybody else, on the Champs-Elysees," said Hesjedal, who has recorded three top-10 stage placing over the last five days.

"But that said, the stress is definitely lifted."

DR. GOTT

In Memoriam

Death



Hashimoto's disease puzzles reader

by Peter H. Gott, M.D.

DEAR DR. GOTT: I have just been diagnosed with Hashimoto's disease. I've been treated for hypothyroidism for three years and also have a calcification in my thyroid gland. What is Hashimoto's, and how is it treated? Please advise.

DEAR READER: Hashimoto's disease is an autoimmune disorder in which the immune system incorrectly attacks the thyroid gland at the base of the neck. It is the most common cause of hypothyroidism (too little thyroid hormone) known in the United States and affects middle-aged women more than men and children. Age, heredity and sex may play a role in determining why some people acquire the disorder and others do not.

Symptoms of the disorder vary from person to person, but can include dry skin, fatigue, muscle and joint pain, constipation, changes in menstrual cycle, weight gain, an increased sensitivity to cold, and depression. A diagnosis can be made through blood work and/or antibody testing.

Treatment is often successfully accomplished with synthetic thyroid hormone-replacement therapy. Your physician will likely order repeat blood testing to determine if the level of medication you are taking is appropriate, since excessive drug amounts can cause accelerated bone loss, leading to osteoporosis. When left untreated, an underactive thyroid gland caused by Hashimoto's can lead to an increased risk for heart disease, goiter and exacerbation of depression.

Several over-the-counter remedies - including aluminum hydroxide in antacids, calcium and multivitamins with iron - may affect your ability to absorb some prescribed thyroid medications, so be sure to advise your primary care physician of any supplements you might be taking.

The calcification in your thyroid is a formation of a solid or semi-solid lump

PAGE, Alfred - On July 24, 2005, Alfred began his new journey. We will hold the vision of you with us close to our hearts.

Your love is like the wind, we can't see it, but we can feel it and its strength. Our memories will always bring smiles to our faces and love to our hearts.

We will love you always and forever.

CECILIA (wife)
CAROL & STEPHEN (daughter)
LAURA, DARREN, SCOTT, TODD AND FAMILIES

Card of Thanks

DUNN, Evelyn (nee Grainger) - The family of the late Evelyn Dunn wishes to express our heartfelt thanks and appreciation for all the kindness given to us during Mom's illness and passing. A special thank you to the Wales Home for the wonderful care given to our Mom by Dr. Martin, the nurses, caregivers and staff. Also, a thank you to the pallbearers, family, friends, neighbours and those who visited, sent flowers, food, memorial donations and cards of sympathy. We also wish to thank Rev. John Barry Forsyth, Francine Beaubien and those who sang in the choir and the Presbyterian women who catered the lunch. The family is grateful to Kelly for the sentimental eulogy and to Peggy for the in depth video of Mom's life. Mom will truly be missed by all who knew her, especially her family.

within the thyroid gland. The condition is benign in most cases but should be followed closely, since it can occur in malignant forms of thyroid disease.

Readers who would like related information can order my Health Report "Thyroid Disorders" by sending a self-addressed, stamped, No. 10 envelope and a \$2 U.S. check or money order payable to Dr. Peter Gott at P.O. Box 433, Lakeville, CT 06039-0433. Be sure to mention the title when writing, or print out an order form from my website's direct link: www.AskDrGottMD.com/order\_form.pdf

DEAR DR. GOTT: I was just scanning my local newspaper when I saw your reply to the septuagenarian with vaginal prolapse. She should be advised to consider a LeFort colpocleisis, i.e. obliteration of the vaginal tube. As a surgeon, I have done these often in women with medical problems that may make general anesthesia risky. It can be done under local anesthesia with some sedation and has a very easy recovery. It's an underutilized "old school" solution today.

DEAR DOCTOR: LeFort colpocleisis is commonly used for women who do not wish to be sexually active in the future and for those who want the least inva-



Rebecca Sarah CREASE

August 21, 1911 - July 20, 2011

On Wednesday July 20, 2011, one month shy of her 100th birthday, our beloved aunty BA, Rebecca Sarah Crease was called home. Just when she thought that God had forgotten her, HE finally granted her wish. She leaves us to join her late siblings, William Crease, John Crease (Monique), Elsie Crease Fortin and Nephew William Fortin. Adoring aunt of Susan Crease Sarrasin, John

Crease (Pauline), Elizabeth Crease Hatcher, Tim Crease (Claudette), Patty Crease Kerper and Nancy Fortin.

To our family it is the end of an era but what she has left us will live on. Her love of her family was first and foremost, her kindness and caring towards friends and others are a legacy that will never be forgotten.

We would like to sincerely thank her second family, Sandy and John Klink and the entire staff at the Grace Christian Home for their unending care, compassion and love that they gave to her for the past 7 years. She loved and was loved. What a gift to us All, A light from our family is gone. The song has ended but the melody lingers on.

A life Celebration service will be held on Tuesday July 26, 2011 at the Huntingville Community Church at 11am. Visitation 10 a.m. to 11 a.m.

COOPERATIVE FUNERAIRE DE L'ESTRIE
485, rue du 24 Juin, Sherbrooke, QC, J1E 1H1
E-mail: cperras@coopfuneraire.com

Tel.: 819-565-7646
Toll Free: 1-877-565-7646

sive surgical procedure known to combat the symptoms of uterine prolapse. It is also recommended for elderly women when general anesthesia is contraindicated. As you point out, it can be performed quickly under regional anesthesia, with minimal post-operative complications.

Thank you for bringing this to my attention. It was something I failed to mention in my original answer. Keep up the good scrutiny; it keeps me on my toes.

MS lives here.

MS is the most common neurological disease affecting young adults in Canada.

MS Multiple Sclerosis Society of Canada
1-800-268-7582 www.mssociety.ca

See your gift grow
Development and Peace
1 888 234-8533
www.devp.org

COLT MEMORIAL INC.
BRESSETTE
45 years specializing in:
Monuments, Markers
Corner markers, Etchings
Granite benches
Cemetery Lettering
Cleaning Monuments at Cemetery
Granite & Wood cremation urns
Granite Commercial Signs
High quality workmanship with very good prices
100 Railroad, Stanstead, QC JOB 3E2
Tel: 819-876-1555, fax 819-876-1556
email: charlie@coltmemorial.com

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 37¢ per word. Minimum charge \$9.00 (\$10.25 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$15.00 (includes taxes)

With photo: \$25.00 (\$28.48 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$25.00 (\$28.48 taxes included) WITH PHOTO: \$35.00 (\$39.87 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

# He said their obvious attraction was well known at the office.

**Dear Annie:** "Don" and I have been married for 43 years. I thought we had a good marriage, but my trust has been shaken recently.

Don retired four years ago. He told me a former co-worker, "Lulu," had e-mailed to ask to meet for lunch and catch up on the latest office gossip. It sounded pretty innocent to me, so I had no objection. Then my world turned upside down.

Last week, I ran into another of Don's ex-co-workers, who informed me that Don and Lulu had been having lunch together a few times a week for the past four years. He said their obvious attraction was well known at the office.

Annie, Don never once mentioned these lunches to me. When I asked him point blank, he became quite upset and said there was nothing going on. I said I wanted the lunches and e-mails to end. He replied that he won't initiate contact, but if Lulu e-mails him, he will respond. I find this unacceptable.

Yesterday, Don said Lulu invited him to the office picnic. He plans to go, but said I shouldn't attend because I'd be bored to tears. I told him if he attended this picnic without me, I would have to consider my next step. He thinks I'm bluffing. My best friend says I didn't come down hard enough. She thinks I should move out and then tell our children, who have always admired their father.

What is your take on all this, Annie? — Nervous Wife

**Dear Nervous:** Don doesn't want you at the picnic because he wants to be with Lulu (assuming there actually is a picnic). You should insist on going with him. Whether this is an affair or just a flirtation, Don is showing appalling disregard for you. Out of respect for your marriage, he needs to stop all contact with Lulu immediately. Try not to bring the children into this mess. Your next step should be counseling. Tell Don the marriage is in serious trouble, and ask him to come with you. If he refuses, go

without him and figure out what is best for you.

**Dear Annie:** A few weeks ago, my older sister invited my children and me on a day trip. She also invited a bunch of other people and family members.

On the day of the outing, she stopped by my house and asked me not to come. She told me she had invited my ex-boyfriend, a guy I had dated for seven years. We split up two years ago because he didn't have the ability to remain faithful.

My sister insists they are not dating, and that may be true, but it has really hurt me that she chose him over me. Knowing she had already invited my family, why would she ask him on the trip? She claims she did nothing wrong.

My sister has always been my best friend. I am so upset about this. How does our relationship recover? — Miss My Sis in Pennsylvania

**Dear Miss:** Your sister was both rude and inconsiderate. Regardless of what she says about not dating your ex-boyfriend, she is definitely interested in him. That may not be a wise move on her part, but she'll have to learn the hard way. Tell her you are hurt, ask her not to do this again, and then try to forgive her.

**Dear Annie:** This is in response to "Fed-Up Mom," whose 18-year-old son refuses to brush his teeth. We had a similar experience. The lack of hygiene turned out to be the first warning sign that our son had mental illness. It took several years for more symptoms to appear, and by then, he was over 21 and we could no longer force him to get treatment.

I suggest these parents check with their local NAMI chapter about what to watch for. — Another Mom

**Dear Annie:** My daughter, "Julia," is 16 and has not one true friend. Her friends are all nice, polite girls and boys, but they ditch her on a regular basis. They cancel scheduled outings at the

## Annie's Mailbox

last minute or never show up.

Julia is reliable, loyal and compassionate. She knows how to be a supportive friend. I realize parents can be blind to their child's weaknesses, so I asked Julia's teachers if she is imperious or condescending or exhibits any antisocial behavior. They were equally baffled, saying she is an acknowledged peer leader and an excellent student, captain of the dance team and co-editor of the school paper.

Yesterday, the girl Julia considers her closest friend once again failed to show up for a pre-arranged activity, never bothered to say she couldn't make it and didn't respond to Julia's calls or texts for three hours. This is someone who has spent the night at our house, has been on our family vacations and who Julia has supported through many emotional ups and downs.

This has gone on since elementary school, and Julia and I find such behavior puzzling and hurtful. I cannot tell if this is pervasive behavior with me-centric millennials, or if Julia somehow attracts the wrong friends the way some really great women consistently attract the wrong guy.

Julia has learned that when she confronts friends about their behavior, they punish her socially. How should I advise and support her? — Fuming Yet Again

**Dear Fuming:** We agree that many kids these days are thoughtless about keeping appointments, but we find it more likely that Julia is hanging with a shallow, self-absorbed group. Teachers wouldn't necessarily notice if her friends find her emotionally needy or somehow lacking in social status. But true friends do not treat you poorly and then ostracize you when asked why. Support Julia by encouraging her to befriend kids in a different crowd. She seems too mature for the friends she has.

**Dear Annie:** We use a toilet brush to

clean our dishes. It makes a nice, efficient scrubber. It is sold in our grocery store next to the brooms and sponges. There is a smaller brush sold in a different section that is specifically for cleaning dishes.

Tell me, what makes a brush a "toilet" brush? The packaging and the words on the label? — Happy in the Kitchen, Bathroom (and Bedroom)

**Dear Happy:** A brush is just a brush. How you use it determines its function. Most toilet brushes are so labeled primarily because they have longer handles (for obvious reasons). As long as you use separate brushes for the kitchen and the bathroom, it's OK with us.

**Dear Annie:** My heart goes out to "Numb in Nevada," whose son's girlfriend became angry when Mom showed up at the hospital when she gave birth, and now Mom has been cut off from her grandchild. We related to the hospital incident, rebuffs to seeing the baby, the long list of wrongdoings, the silent treatment and the declarations that they would dictate whether we would be allowed into their lives.

It has been five years for us. The grief stages we went through in losing our son and his family were devastating. My advice: Forgive them, love them in your heart, but protect yourself from the cruelty they dispense. "Numb" and I should start a support group. There must be other parents reeling from this type of dysfunctional and damaging behavior. — Coping in California

**Dear Coping:** There are too many parents whose children have cut them off. Fortunately, there is support through AARP (aarp.org) at 1-888-OUR-AARP (1-888-687-2277), which has an online community for grandparents in your situation.

*Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column*

# Black & white value

What is black and white, read all over and serves as a great teaching tool? The newspaper, of course.

Teachers can use the newspaper in a number of ways in the classroom to enhance students' education. They can cut several pieces of art from the paper and have young students just learning to write name them, or clip a feature story from the paper and have older students respond to it in an essay.

Whatever the activity, newspapers benefit students. When used in the classroom, they improve students' reading, writing and critical thinking skills, inspire them to participate in discussions and debates, and expand their knowledge of past, current and future events.

THE RECORD



**CELEBRITY CIPHER**

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

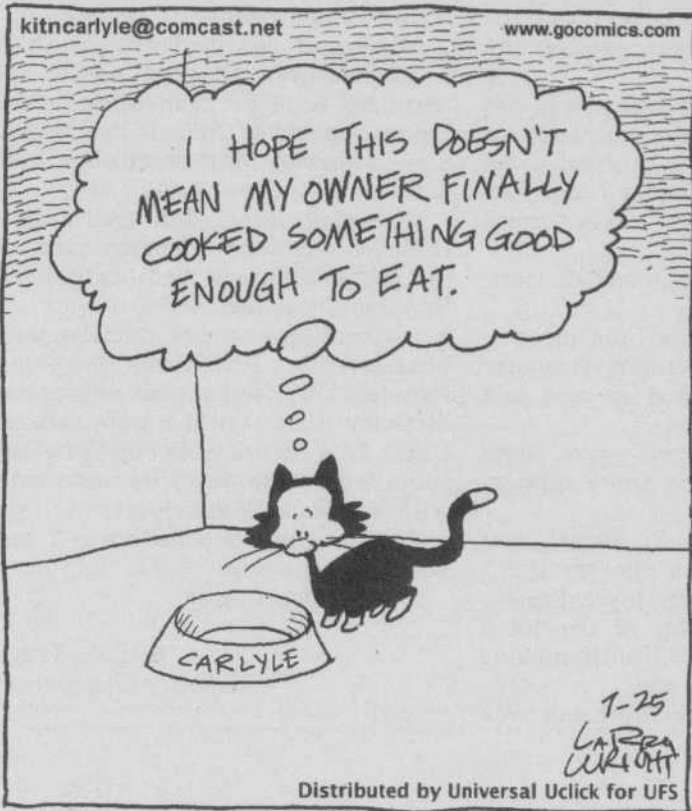
TODAY'S CLUE: F equals D

"XY XZ ZB XURBLYMGY NBL RTBRHT  
MY M VBPGE MET YB AT XGIXYTF YB  
TUALMST SHMZZXSMH UPZXS MGF  
BRTL.M." - HPSXMG B RMIMLBYYX

PREVIOUS SOLUTION: "When I sing, trouble can sit right on my shoulder and I don't even notice." - Sarah Vaughan

(c) 2011 by NEA, Inc. 7-25

**KIT N' CARLYLE**



**HERMAN**



"My computer just told me to mind my own business!"

**ALLEY OOP**



**ARLO & JANIS**



**THE BORN LOSER**



**FRANK AND ERNEST**



**GRIZWELLS**



**SOUP TO NUTS**



**Go grocery shopping with dietitians.**  
When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide.  
www.healthcheck.org

Check for Health Check™

**Diabetes The New EPIDEMIC**

Diabetes Québec

Information and donations:  
(514) 259.3422 or 1.800.361.3504  
www.diabets.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
 E-MAIL: classad@sherbrookerecord.com  
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION  
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO  
 THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

# CLASSIFIED

**001 Property for Sale**

**TIMESHARE CANCEL.** Cancel your Timeshare contact now! 100% money back guarantee. Stop mortgage and maintenance payments today. 1-888-816-7128 ext. 6868 or 702-527-6868.

**035 For Rent**

**UPPER DUPLEX FOR RENT.** 4 bedrooms, large kitchen, jacuzzi, very large deck, washer/dryer hookup, right on the bike path, 10 minute walk to town. North Hatley 819-842-4331.

**140 Professional Services**

**CONSTRUCTION** Construction M. Salter, Licensed General Contractor. New homes, repairs, remodeling, roofs and renovations. RBQ license # 8315-2520-27. Call (819) 564-6823.

**275 Antiques**

**WE BUY** from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

**035 For Rent**

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**100 Job Opportunities**

**STORE HIRING MANAGERS** and Assistant Managers, full time and part time. Call 819-721-0133.

**ROOFING**

New Roofs, Reroof and Repairs. Also gutter repairs, cleaning & rerouting down pipes. Call Ian Perkins at 819-578-1910.

**294 Events**

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**DANVILLE - 4 1/2** room basement apartment, heating and hot water included. Call 819-839-3252.

**145 Miscellaneous Services**

**LENNOXVILLE PLUMBING.** Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

**RATES**

**25¢ per word**  
**Minimum charge \$6.50 per day Mon. to Thurs., \$7.50 on Fridays, for 20 words or less.**  
 Discounts for prepaid consecutive insertions without copy charge  
 3 to 20 insertions - less 10%  
 21 insertions - less 20%  
 #84 Found - 3 consecutive days - no charge  
**Use of "Record Box" for replies is \$5.00 per week.**  
 We accept Visa & MasterCard  
**DEADLINE:** 12:30 p.m. working day previous to publication.  
 Classified ads must be prepaid.

**150 Computers**



**Make your classified stand out,** add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

**190 Cars For Sale**

**CLASSIFIEDS ONLINE!**  
 www.sherbrookerecord.com

**Thank You For Checking**  
 Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

## The Dunham Women's Institute

On Tuesday, July 12, 2011 the members of the Dunham Women's Institute met at the cottage of the President, Joyce Martin, at Selby Lake. We met at 11 a.m. and prior to the general meeting we enjoyed the scenery and had a chit-chat. As this was a pot-luck barbecue, we had hamburgers, hot dogs, salads, homemade pickles, squares, cookies, etc., etc.

At 1:15 p.m. President Joyce Martin called the meeting to order and thanked everyone for all the goodies they brought.

The Mary Stewart Collect and the Salute to the Flag were repeated in unison.

Motto: A truly happy person is one who can enjoy the scenery on a detour.

Roll Call: Tell of an unusual travel experience, be it near or far. Nine members answered with many travel mishaps mentioned.

The Agenda was approved after one error was corrected.

The minutes of the June meeting were read by Secretary-Treasurer Noreen Craig, approved as read and signed by the President.

Noreen Craig then gave here Treasurer's Report showing a substantial balance.

Correspondence: a letter was received from Norma Sherrer, Q.W.I. Pres. Elect., thanking Joyce Proctor Martin for her display at the 100th Anniversary of the Q.W.I. of the making of butter the farmers way.

The new date for Dunham's W.I.

100th Anniversary party is September 10 at the Clos Ste. Croix Winery in Dunham. The Dunham Branch was founded on January 27, 1911.

We welcomed back Ruby Sherrer after her illness. She brought in some knitted items for the B.M.P. Hospital. good to have you with us again.

August Outing: It was decided to visit and tour the 12-sided barn in Mystic, QC on August 16, 2011. Final details later.

As the Q.W.I. Cairn needs repairs, President Joyce Martin will check on hiring a stone mason.

Missisquoi County President, Judy Page-Jones, was asked to speak. She reminded us of the semi-annual meeting on September 20 with the Fordyce Branch hosting. More details at a later date.

Our Sunshine Convenor, Edie Holliday, will send sympathy cards to the Austin Branch in memory of Sylvia Hopps and Jean Lee.

As there were several members with birthdays in June and July our President surprised us with a decorated Birthday cake with many candles which Edie Holliday, Noreen Craig and yours truly blew out. This was served with ice cream. Thanks Joyce.

The meeting was adjourned and goodbyes were said.

Until we meet again,

Jean Reid-Page,  
 Publicity Chairperson.

**A convenient and easy way to send your classified ad to The Record!**



**E-MAIL:**  
 classad@sherbrookerecord.com

You can send it anytime, 7 in the morning or 10 at night, at your convenience! Publishing deadline: **12:30 p.m.** the day before (example 12:30 p.m. Thursday for Friday publication). We accept Visa or Mastercard. To confirm reception of your ad or prices, call: **(819) 569-9525 or 1-800-463-9525**

**TO PLACE YOUR PREPAID CLASSIFIED AD IN THE RECORD:**

**E-MAIL:** classad@sherbrookerecord.com  
**TELEPHONE:** 819-569-9525  
 450-242-1188

**BY MAIL:** Use this coupon  
**IN PERSON:** Come to our offices  
 1195 Galt E., Sherbrooke, Quebec,  
 or 5B Victoria Street, Knowlton  
**OFFICE HOURS:**

**Sherbrooke:** Monday to Friday 8:30 a.m. to 4:30 p.m.  
**Knowlton:** Monday to Friday 8:30 a.m. to 4:30 p.m.  
**DEADLINE:** Sherbrooke: 12:30 p.m. working day previous to publication  
 Knowlton: 1 p.m. Monday

**ALL ORDERS MUST INCLUDE STREET ADDRESS AND TELEPHONE NUMBER**  
**THE RECORD RESERVES THE RIGHT TO REJECT OR EDIT ANY ADVERTISEMENT.**

**PLEASE PRINT**

**CATEGORY NAME** \_\_\_\_\_ **CATEGORY NUMBER** \_\_\_\_\_

**MAIL THIS COUPON TO: The Record**  
**P.O. Box 1200**  
**Sherbrooke, QC J1H 5L6**

**COST OF ADVERTISEMENT:** (Min. \$6.50) \$ 0.25¢ x \_\_\_\_\_ words x \_\_\_\_\_ days - \$ \_\_\_\_\_  
 (Fri. Min. \$7.50) (multiply) x .05 GST \_\_\_\_\_  
 SUBTOTAL \_\_\_\_\_  
 (multiply) x .075 PST \_\_\_\_\_  
 TOTAL \_\_\_\_\_

**ADVERTISER'S**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**PROVINCE** \_\_\_\_\_ **POSTAL CODE** \_\_\_\_\_

**TEL ( )** \_\_\_\_\_

**PLEASE CHECK FORM OF PAYMENT:**

**CHEQUE**  **MONEY ORDER**  **CREDIT CARD**

**CREDIT CARD PAYMENT:**

**MASTERCARD**  **VISA**

**CARD NO.** \_\_\_\_\_

**EXPIRATION DATE** \_\_\_\_\_

**Special**  
 Take a classified ad for 6 consecutive days and we'll give you 2 consecutive days more FREE.  
**NO REFUNDS**

# Your Birthday

Monday, July 25, 2011

There is a chance you could make an important change in your work or career in the next year. It might have something to do with your current endeavors or it could be completely different. In either case, it'll be more lucrative.

**LEO** (July 23-Aug. 22) — Be alert for an out-of-the-ordinary development that could have a fortunate effect on your financial affairs. Something you thought nominal is likely to become significant.

**VIRGO** (Aug. 23-Sept. 22) — Aided and abetted by a significant amount of good judgment and a lot of luck, if you play your cards right, this could turn out to be a red-letter day for you career-wise. Be on your toes.

**LIBRA** (Sept. 23-Oct. 23) — Don't be so locked in on something you're trying to accomplish that you leave no room for change. A bit of alteration could be your best option for making progress.

**SCORPIO** (Oct. 24-Nov. 22) — When it comes to your one-on-one dealings, it's to your advantage to be as open-minded and generous as you can when negotiating with another, if you hope to make any headway.

**SAGITTARIUS** (Nov. 23-Dec. 21) — The bigger an issue gets, the better you are likely to handle things. This is apt to be especially true when it comes to negotiations that affect your status and/or career.

**CAPRICORN** (Dec. 22-Jan. 19) — This could be one of your better days to take a calculated risk that you've been considering. Conditions seem to favor you regarding the very situation you're trying to go after.

**AQUARIUS** (Jan. 20-Feb. 19) — Although you are likely to experience a number of disruptions in your normal routine, they are likely to be the kind of distractions you'll welcome.

**PISCES** (Feb. 20-March 20) — Certain exciting developments are stirring concerning some kind of arrangement you have with another. They'll be exactly the type of shifts you've been hoping would occur.

**ARIES** (March 21-April 19) — Larger than usual gains can be made from work or services you perform for another. Make the most of it, because you might not get the same opportunity tomorrow.

**TAURUS** (April 20-May 20) — Propitious conditions will enable you to expand upon something good you already have going. However, it will be up to you to recognize what it is and act on the opportunity.

**GEMINI** (May 21-June 20) — It looks like you've been needlessly worrying about the outcome of an event. All those anxieties you've been harboring should be put to rest as soon as you recognize this.

**CANCER** (June 21-July 22) — Keep your lines of communication open to good friends, because you could be lucky with one or more of them. Even if you have to move around a lot, find a way to stay in touch.

Monday, July 25, 2011

# The captain steers to the contract

By Phillip Adler

Author Alfred A. Montapert wrote, "Why are we Masters of our Fate, the captains of our souls? Because we have the power to control our thoughts, our attitudes."

During the bidding of a bridge deal, sometimes one partner is the captain, the person who chooses the final contract. At other times, the discussion continues, with neither player sure of strain or level, or, sometimes, both. Let's look at these aspects this week.

First, though, how should South plan the play in four hearts after West leads the spade king?

North had a textbook game-invitational limit raise of three hearts, showing four-plus hearts, 10-12 support points (counting high-card and shortage points) and eight losers. Now South is the captain, deciding whether to pass, or to raise to four hearts, or to do anything else to suggest a slam.

In four hearts, South has four losers: two spades, one heart and one club. If he takes the first or second spade trick and immediately leads a trump, he will lose those tricks. To eliminate one loser, declarer must take his three diamond winners, discarding one of dummy's spades. Then it is time to play a trump. Later,

North 07-25-11			
♠ 8 5 4			
♥ J 7 6 4			
♦ A 7			
♣ K Q J 10			
West			East
♠ K Q J			♠ 10 9 7 2
♥ A			♥ 8 3 2
♦ 10 9 8 6 3			♦ J 5 2
♣ 9 6 4 3			♣ A 8 5
South			
♠ A 6 3			
♥ K Q 10 9 5			
♦ K Q 4			
♣ 7 2			
Dealer: South			
Vulnerable: Neither			
South	West	North	East
1♥	Pass	3♥	Pass
4♥	Pass	Pass	Pass
Opening lead: ♠ K			

South will ruff his third spade on the board.

Finally, note that South, counting one extra point for his nice five-card suit, might have opened one no-trump. (If, for example, North had responded one spade, South would have had an awkward rebid.) Then North might have jumped to three no-trump, which would be all right on a nonspade lead. (If West leads the spade king, declarer must guess to attack clubs before hearts.) Or North might have used Stayman, leading to four hearts.

# CROSSWORD

**Across**

- 1 Burn badly
- 6 The lightning bolt on Harry Potter's forehead, e.g.
- 10 Squirrel away
- 14 "\_\_\_ World": ticklish Muppet's "Sesame Street" segment
- 15 Woody Guthrie's son
- 16 Candy that comes in twos
- 17 Winter Olympics event with gates
- 20 Invoice fig.
- 21 Place for inks or oinks
- 22 Subtle vibes
- 23 One stalking lions or tigers
- 28 It's continent
- 29 Raw rocks
- 30 "Octopus's Garden" singer Ringo
- 33 Talk show guest's blatant promotion
- 35 Swelled head
- 38 T-bone with a warm, red center
- 42 Colorful card game

- 43 Lends a hand to
- 44 Lecture rooms
- 45 Abel's assassin
- 47 Jazzy horn
- 48 Lass awed by the big city, maybe
- 54 Bright
- 55 Sis's sib
- 56 IM offerer
- 58 He "runs through the town ... in his nightgown"
- 63 Thomas \_\_\_ Edison
- 64 Tater \_\_\_: Ore-Ida product
- 65 Big tractor name
- 66 Movie house suffix
- 67 Allergy trigger, often
- 68 Passover dinner

**Down**

- 1 Nintendo competitor
- 2 Start up the mountain
- 3 Italian violin maker
- 4 Chaney of horror
- 5 "Spring ahead" hrs.
- 6 Witch trials town
- 7 Whooping bird
- 8 Entirely
- 9 Kanga's kid
- 10 Vain walks
- 11 In the loop
- 12 Anglican parish priest
- 13 Flames that have cooled?
- 18 Box for practice
- 19 Horse's hair
- 24 Spice Girl Halliwell
- 25 Ashram authority
- 26 Store posting
- 27 Craving
- 30 Sch. in Big D
- 31 Commandment count
- 32 Hubbub
- 33 Painting reproduction
- 34 Schoolboy

- 35 Slippery fish
- 36 "For Me and My \_\_\_"
- 37 Gives the nod
- 39 Postal sackful
- 40 Layered haircut
- 41 Crosstown bus alternative
- 45 Auto finish protection
- 46 Height: Pref.
- 47 Chilly powder?
- 48 What the nose knows
- 49 "Circle of Friends" writer Binchy
- 50 Newspaper bye lines?
- 51 Seize (from)

- 52 Gathered, as fallen leaves
- 53 Orléans's river
- 54 Exchange
- 57 Ogle
- 59 India Inc.?
- 60 Gehrig who played with Ruth
- 61 Credit card users may be asked for them, briefly
- 62 Society page word

G	R	E	Y		M	A	G	I	C	W	A	N	D	S	
R	A	L	E		I	R	A	N	I	A	N	O	I	L	
E	V	E	N		C	R	U	N	C	H	T	I	M	E	
T	E	C			T	R	O	D		I	S	R	E	D	
A	R	T	S	H	O	W		P	I	N	Y				
G	E	R	M	A	N		S	A	N	E		R	C	A	
A	V	I	O	N		B	O	O	K	S	H	E	L	F	
R	I	C	O		G	I	L	L	S		H	O	O	T	
B	E	A	T	L	E	S	V	I		N	O	R	S	E	
O	W	L		A	L	O	E		G	O	U	G	E	R	
				A	S	S	N		T	E	T	R	A	D	S
A	L	E	U	T		D	A	T	E		N	I	H		
P	E	T	R	O	G	L	Y	P	H		G	I	N	A	
S	A	N	A	N	T	O	N	I	O		A	Z	O	V	
O	P	A	L	E	S	C	E	N	T		G	E	N	E	

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20						21					22			
	23		24	25				26	27					
								29						
30	31	32					33	34				35	36	37
38							39				40	41		
42							43				44			
						45	46				47			
	48	49						50	51			52	53	
54								55				56		57
58							59	60			61	62		
63							64				65			
66							67				68			

