OFFICIAL TOURIST GUIDE **2020 - 2021**

Saguenay–Lac-Saint-Jean

English version

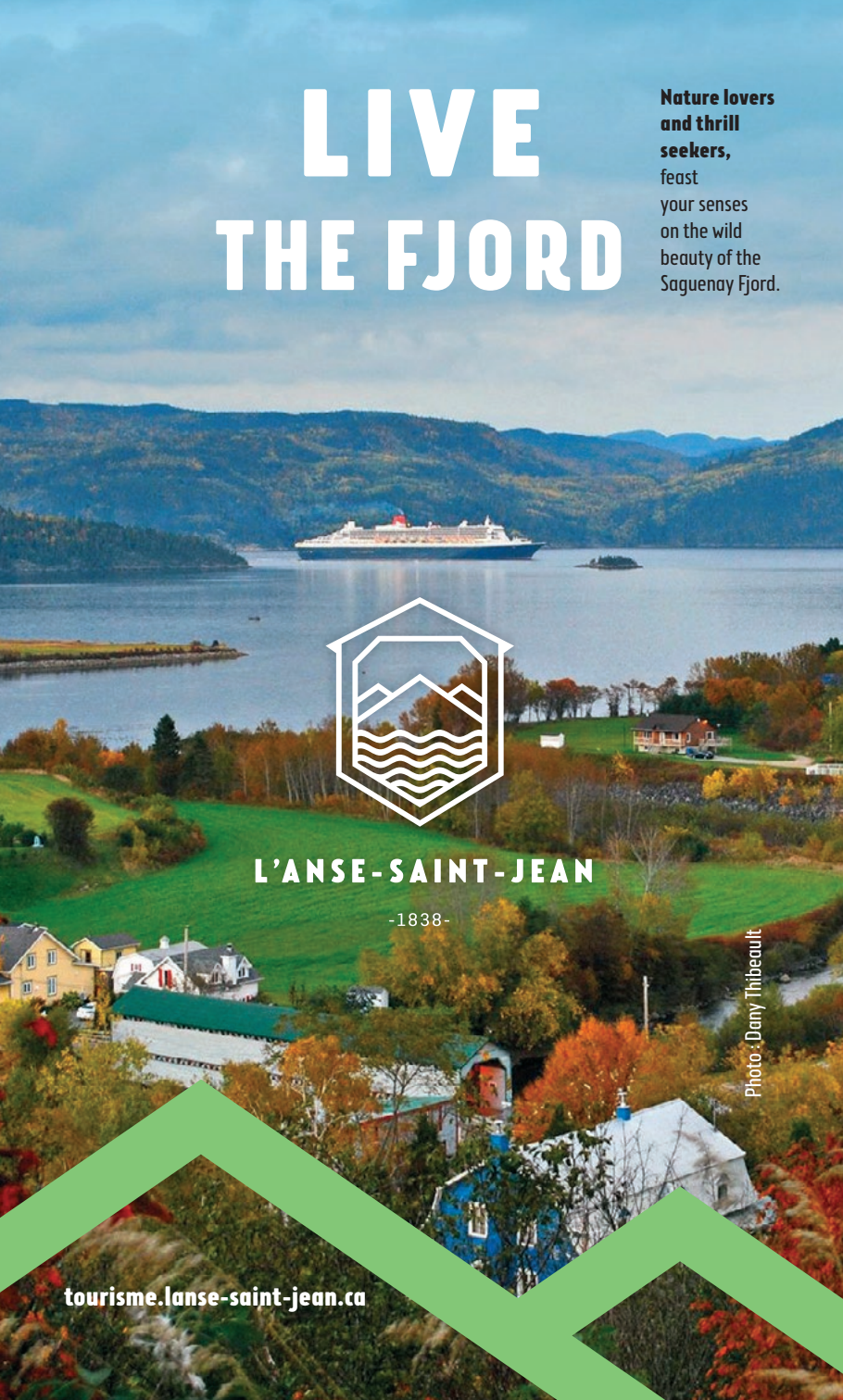
This guide was published before March 2020

Please consult **saguenaylacsaintjean.ca** and contact tourism related businesses to validate the information provided.

québec original

TOURISME Saguenay LacSaintJean

Québec


LIVE
THE FJORD
Nature lovers and thrill seekers, feast your senses on the wild beauty of the Saguenay Fjord.
L'ANSE-SAINT-JEAN
-1838-
Photo : Dany Thibeault
tourisme.lanse-saint-jean.ca

Come I'll tell you

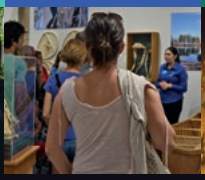
Ashtim tshika tipatshimushtatin

OUR ROOTS...
OUR HISTORY

TSHUTAPIMINU...
TSHITIPATSHIMUNU

Tourisme Mashteuiatsh

LAC-SAINT-JEAN

MY TRADITIONS	MY TERRITORY	MY HISTORY	MY LEGENDS	MY CULTURE
				

KUEI.CA | 1 888 **222-7922**

ZOO SAUVAGE
de St-Félicien

Québec

More than a museum...
A SITE, A PARK!

OPEN ALL YEAR

LA PULPERIE de Chicoutimi Regional Museum

- Permanent and temporary exhibitions
- Shows
- Guided tours

300, Dubuc Street, Saguenay | 418 698-3100 | 1 877 998-3100 | **pulperie.com**

LA PULPERIE DE CHICOUTIMI REGIONAL MUSEUM

Saguenay–Lac-Saint-Jean on the Web

Planning your trip with the region's travel guide in hand is good. Consulting platforms with a variety of information so you're more likely to have a great trip is even better!

Website

Inspiring videos, custom itineraries, inspiring content—everything is at your disposal to dream and plan your future vacation. Order your travel guide, maps, and brochures online, hop into the car, and go! Once you get there, check back in to discover even more information on each of the region's activity and service providers.

saguenaylacsaintjean.ca

Facebook

Immerse yourself in our world in real time. Post your questions and comments here and instantly connect with locals and other travellers. On top of the breathtaking videos people share, you'll find a ton of inspiration to customize your trip.

@TourismeSaguenayLacSaintJean

Instagram

Admire our inspiring photos of the region, share your best vacation snapshots, and encourage others to head out and discover Saguenay–Lac-Saint-Jean. Use the hashtag #saglac and see how contagious love for the region can be: your photos will quickly get as much mileage as you!

@SaguenayLacSaintJean
#saglac

Blog

Take a look at monsaglac.ca and discover all that region has to offer through the writing and experiences of a variety of bloggers and influencers passing through the region. See what the media have to say and let them inspire your next adventure.

mysaglac.ca

/SaguenayLac /SaguenayLacStJean /SaguenayLac

Contents

1 **4** → **Profile of the Region**

6 Saguenay–Lac-Saint-Jean Overview
8 Must-see Attractions
12 Family Vacation
17 Sectors

2 **60** → **Travel by Experience**

62 Additional Activities
68 Great Outdoors
111 Culture and Living History
133 Winter Fun
148 Road Trips
153 Local Flavours
172 Vibrant Cities and Festivities
184 Live the St. Lawrence River

3 **190** → **Accommodation and Places to Eat**

191 Accommodation
216 Places to Eat

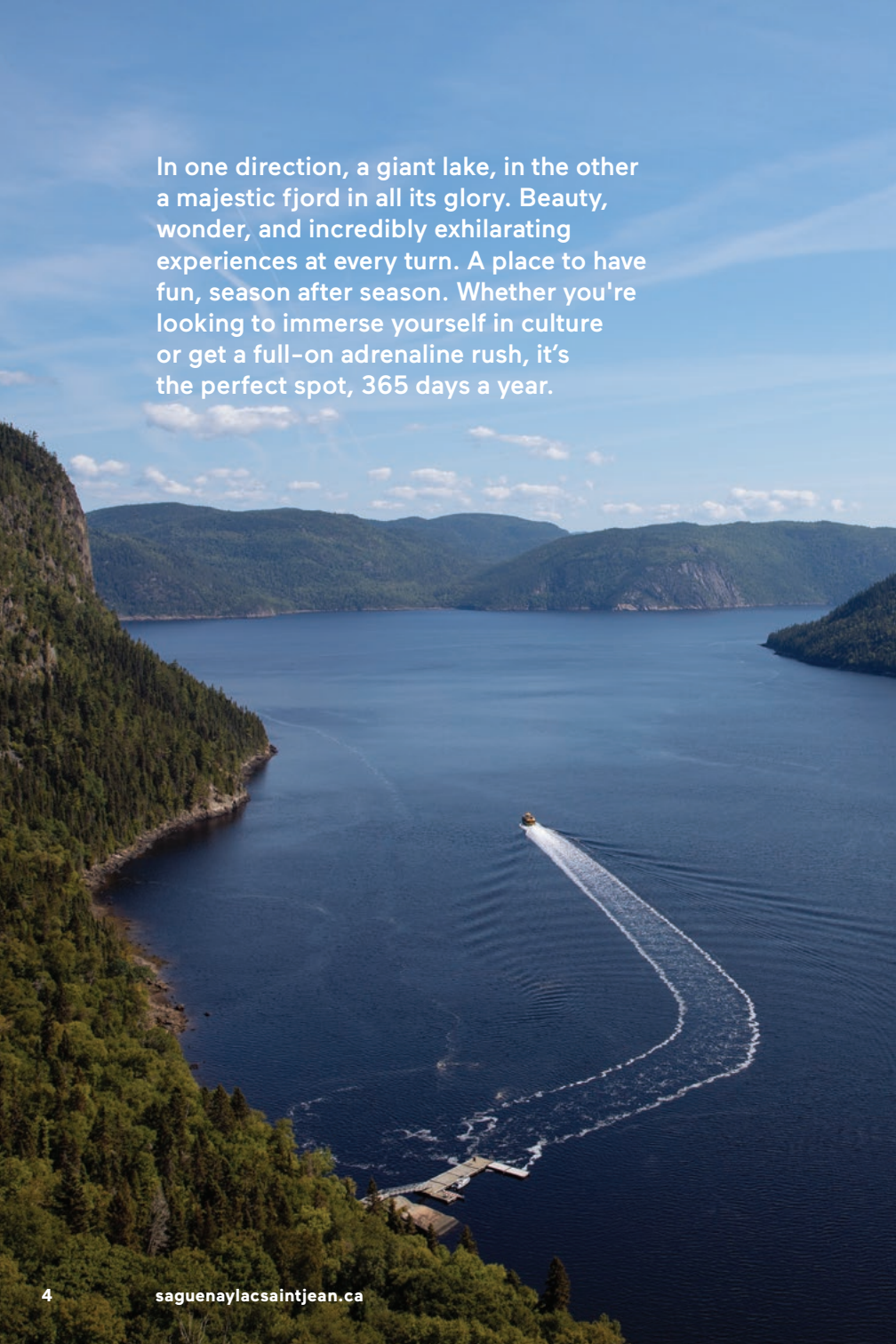
4 **227** → **General Information**

228 Useful Information
234 Maps of Québec
235 Travelling in Québec
237 Legend of Pictograms
238 Indexes
241 Detachable Regional Map

Navigate like a pro by using the detachable regional map that can be found at the end of this guide.

© Martial Tremblay, Martial Tremblay, Karyne Gagné, Charline Clavier, Canopée Médias

Cover: © Canopée Médias



In one direction, a giant lake, in the other a majestic fjord in all its glory. Beauty, wonder, and incredibly exhilarating experiences at every turn. A place to have fun, season after season. Whether you're looking to immerse yourself in culture or get a full-on adrenaline rush, it's the perfect spot, 365 days a year.

1

Profile of the Region

6 → Saguenay–Lac-Saint-Jean Overview

8 → Must-see Attractions

12 → Family Vacation

17 → Sectors

17 Lac-Saint-Jean
42 Saguenay
51 Route du Fjord

© Our Wild Abandon

Parc national du Fjord-du-Saguenay

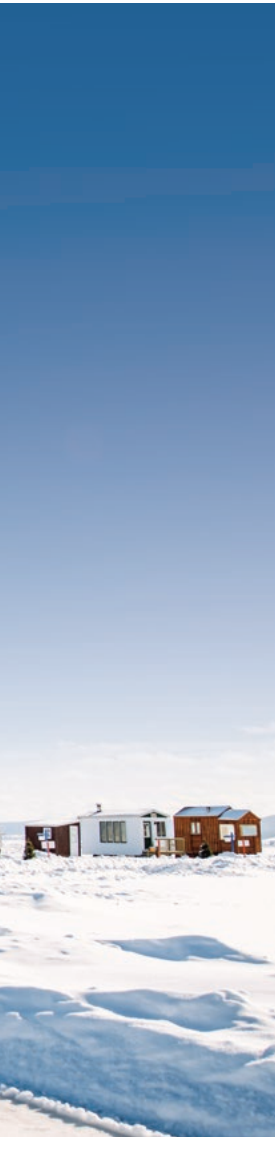
Saguenay–Lac-Saint-Jean Overview

Saguenay–Lac-Saint-Jean is full of postcard-perfect landscapes. For a 100% authentic trip with unforgettable people, you need look no further. It's impossible to rush through this gorgeous region, so you might as well take your time.

In 1535, Jacques Cartier discovered a larger-than-life territory he would mention as "kingdom" in his notes. Still today, Saguenay–Lac-Saint-Jean remains a hidden gem. In addition to the stunning views of the land and see, you'll find rich boreal forests, routes for foodies, and an astonishing number of fun year-round activities. But above all else, the region just vibrates with a very special energy. The locals will be the first to tell you that.

Village sur glace de Roberval

© Canopée Médias



Big-Hearted Locals

The Indigenous peoples of the area were the first to admire its vastness and its abundant lakes and rivers. As settlers moved to the area, they opened sawmills and built hydroelectric dams. It's no surprise that with a history like that, the people of the Saguenay and the "Blueberries" (the popular nickname given to Lac-Saint-Jean residents) have so much energy to burn. With their frank way of speaking and colourful expressions, the friendly locals charm travellers right off the bat. They wear their pride for their region on their sleeves and all their conversations are punctuated by "là là," a telltale regional vocal tic. Fun-loving locals make for the best ambassadors to help others discover a region!

A Giant Playground

Not only does this region have a lake so big it could be an ocean, it also has a 950-million-year-old fjord—talk about mind-blowing! There's so much to do here! Are you a history buff? Do you love the outdoors? Whether you're looking for some light fun or extreme adventures, there's no shortage of things to do here. Want to discover the rich local food scene or have an amazing night out at one of the our great festivals? From cities to villages, there are so many experiences out there and ways to get to know the region in all its glory!

The Saguenay Fjord

The Saguenay Fjord was sculpted by the power of retreating glaciers that left behind 105 km of navigable waterways now shared by cruise ships, light watercraft, and marine wildlife. Some visitors choose to ascend the Fjord's steep cliffs, while others take advantage of the peaceful coastal villages, which are among the most beautiful in Québec.

Lake Saint-Jean

Lake Saint-Jean is so big it seems more like an inland sea. Every year, countless visitors travel around it by bike, visit the villages along its shores, and even swim across it. Between museums, economuseums, heritage sites, local markets, and fun outdoor activities, there are as many things to do as there are kind-hearted locals.

It's fun for the whole family—no matter your age, there's something for everyone!

Between museums, economuseums, heritage remains, local markets, and fun or outdoor activities, there are as many things to do as there are kind-hearted locals.

Our Must-see 10 Attractions

To make sure you don't miss anything, scroll down this list of absolute essentials. In discovery mode, an outdoor stop here, a breathtaking view there, Saguenay–Lac-Saint-Jean serves up giant attractions you can take in from the edge of a cliff or gliding over the water.

Lac-Saint-Jean Sector

Véloroute des Bleuets

The Véloroute des Bleuets bike trail is the top cycling destination in North America. That's why cyclo-tourism fans love coming here with family or friends. The 256-kilometre circuit offers incredible views of Lake Saint-Jean. The local population gives you a warm welcome, with 75 ambassadors, 4 maisons du vélo, and the "vélomobile" Desjardins. On top of that, there is a shuttle bus for your bags and many other services are available to help cyclists plan an unforgettable experience. What more could you ask for than to ride in total peace of mind?

Village historique de Val-Jalbert

In the 1920s, life in Val-Jalbert kept pace with its pulp and paper mill. Long silent once the mill closed, the village is now more vibrant than ever. With more than 40 original buildings, Val-Jalbert is a designated national historic site and a Canadian Signature Experience. Come admire the impressive Ouiatchouan Falls from atop a glass viewing platform. There's a cable car, an immersive show, a trolley bus tour—more than enough to fill up an entire day. And if you haven't had your fill by the end of the day, you can even stay the night!

Lac-Saint-Jean Sector

© André-Olivier Lyra

Zoo sauvage de Saint-Félicien

In Saint-Félicien, the Zoo sauvage provides vast and comfortable natural habitats for animals from boreal and cold regions around the world. It's no surprise that it's one of the top 10 most beautiful zoos in the world! You'll find over 92 species there, including exotic animals and those endemic to the region. Red pandas are definitely a favourite among visitors. And your visit won't be complete without seeing the animals at feeding time, attending an animal encounter, trying a water-based activity, or climbing aboard for the popular train ride through Nature Trail Park.

Lac-Saint-Jean Sector

Lac-Saint-Jean Sector

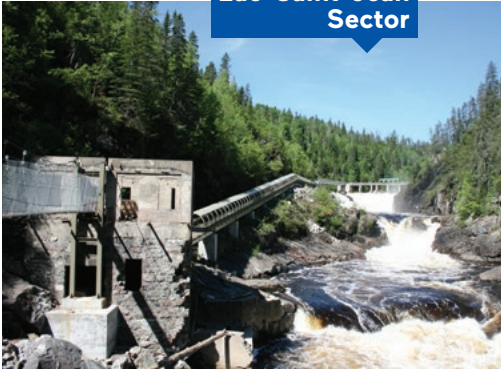
Parc de la caverne Trou de la Fée

Surrounded by an impressive and imposing rock walls? Let the show begin! Carved directly into the granite stands a 7-metre-high amphitheater—the only one of its kind in Québec—where you can watch a captivating immersive show projected onto the rocks in 360 degrees. In 21 minutes, learn about the land's development and occupation. Just wait until you see the new reception building and its stunning view of the most beautiful landscapes in Québec that contain hiking trails and a legendary cave. Wow!

Parc national de la Pointe-Taillon

Did you know the park expanded its territory? It's now possible to access new areas that let you fully experience Lake Saint-Jean. In addition to the 15 km of beaches in the Pointe-Taillon area and the bike path that connects to the Véloroute des Bleuets, you'll love the of Saint-Henri-de Taillon's Amicaux area, with their Écho cabins open year-round and its ready-to-camp spots that are available all summer. Not to mention the new RV equipped campsite at the Camp-de-Touage-les-Îles sector in Saint-Gédéon, complete with boat rentals for those in the mood for a fun excursion.

Lac-Saint-Jean Sector



© Marie Holding, Mathieu Dupuis

L'Ermitage Saint-Antoine

Feel like discovering a natural sanctuary, version 2.0? The multimedia and multisensory experience the Ermitage Saint-Antoine offers is worth the detour alone. As a bonus, picture an extraordinary site with lakes and mountains on each side where the beautiful, the good, and the true are at your fingertips! Bring the family to enjoy hiking trails, bike rentals and an observation tower. Everything you need for a journey inwards or one that helps you connect with others. And the best part is you can stay overnight!

Saguenay Sector

Parc national des Monts-Valin

Between peaks and valleys, 25 km of hiking trails—including Tête-de-Chien peak, which is getting a makeover—wind their way through the hills. Among them is the majestic Dubuc peak, which at 984 metres is the highest accessible mountain in the region! Rustic camping, fishing, canoeing, and stand-up paddle (SUP) are also on the menu in the summer. The park is just as impressive in the winter. With its spooky *Vallée des Fantômes*, it's the perfect playground for cross-country skiing, fatbiking, and snowshoeing. After an adventurous summer or winter day in the mountains, you'll be ready to hit the sack in a cabin or cottage!

Lac-Saint-Jean Sector

La Fabuleuse Histoire d'un Royaume

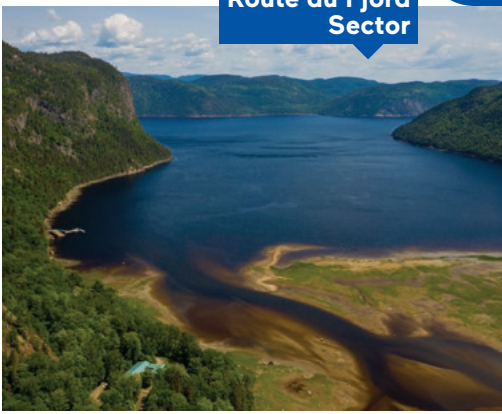
On the eve of its 35th anniversay, this fabulous show is shaking things up a bit! If you're looking for a refreshingly unique experience—courtesy of the new artistic director—let us take you through the region's 500 years of history in grand style. Every performance, more than 150 volunteer actors act out legendary battles and fire cannons to tell the story of the flood, fires, family Christmases, and more that have made the region what it is today. 30,000 spectators per year can't be wrong—this is one show you won't want to miss!

Route du Fjord Sector

© Fabrice Tremblay

1

Route du Fjord Sector



Parc national du Fjord-du-Saguenay

On each side of the Fjord, this national park offers young and old a thousand-and-one opportunities for adventure. No matter which side of the Fjord you're on, the hikes between villages deliver breathtaking panoramic views. Whether you're keen to spot belugas, admire the Fjord's landscapes in a zodiac, or discover the via ferrata above Baie-Éternité, thrills are guaranteed. For the night, settle in under a tent in the wilderness or a ready-to-camp site.

Route du Fjord Sector

Navettes maritimes du Fjord

Feel like experiencing the Fjord like you've never seen it before? The Navettes maritimes du Fjord lets you cross from one shore to the other in no time flat. You can even take your bikes on board. Its many itinerary options will allow you to admire the Notre-Dame-du-Saguenay statue, the highest peaks of the Fjord, and the most beautiful coastal villages. Climb aboard for a short trek or a more contemplative cruise—the choice is yours! Don't forget your binoculars, the landscapes are breathtaking!

top pick

Your first stop when arriving in Saguenay–Lac-Saint-Jean: the closest tourist information centre.

You will be welcomed by our friendly information experts, who can tell you about the tourist offer and the latest news in any given season. Go to page 230 to find the closest centre you can visit.

© JMdecoste

FAMILY VACATION!

Saguenay–Lac-Saint-Jean is the ideal playground for families looking for a vacation that brings them together and packs an exciting punch. On top of being fun, it looks amazing in photos! Your family selfies are going to make a lot of people jealous.

A Region for the Whole Family

Zoo sauvage de Saint-Félicien

The Animal Kingdom within your Reach

A visit to the Zoo is the perfect activity to introduce children to the animal kingdom. Bring your kids to the nursery—our baby animals are irresistible! Stop by the *Petite Ferme* to pet the animals before exploring the family area that includes a playground and water park, a wooden beach, and an ice cream stand. Feeling peckish? Pack a picnic or head to the restaurant to try the kid's menu. With affordable rates for the whole family, this zoo has it all!

zoosauvage.org
2230, boul. du Jardin, Saint-Félicien
1 800 667-5687

Stop by the *Petite Ferme* to pet the animals before exploring the family area.

© Canopée Médias

Cristal du Lac

A Goldmine of Discoveries

Enter the fascinating world of minerals, pearls, and crystals with the whole family! This activity centre is perfect for young explorers who want to discover these strange new worlds. Whether you choose to prospect for quartz crystals in the mine or have fun in the activity centre, one thing's for sure—this experience is the gold standard of family outings.

cristaldulac.com
1840, route 169, Métabetchouan-Lac-à-la-Croix
418 213-0702

Odyssée des Bâtisseurs

360-Degree Turn

This new immersive 360-degree film is guaranteed to impress. To watch it, you'll have to climb up the water tower, 25 metres into the air, where you'll be able to witness this wonderful voyage into the heart of our land. On top of that, the view of Alma and its surroundings is breathtaking from up there!

odysseedesbatisseurs.com
1671, av. du Pont Nord, Alma
1 866 668-2606

Ferme 5 étoiles

Farm Vacation

This family vacation centre near Tadoussac is open year-round! Come visit the farm animals and other critters that live in Québec—no reservation required—or treat yourself to a family stay in one of the many available accommodations so you can take full advantage of the many activities for all ages that are on offer in the area.

ferme5etoiles.com
465, route 172 Nord, Sacré-Cœur
418 236-4833

© Philippe Boily, Josianne Dufour

Imagine a hotel where the kids have as much fun as the adults.

Hôtel Universel

Family Memories

Imagine a hotel where the kids have as much fun as the adults. This fully renovated 4-star hotel in downtown Alma has successfully combined fun for big and small travellers under the same roof. With its Baie sur Mer health centre, massive indoor pool, six movie theaters, and Pacini restaurant, everyone gets to enjoy themselves. It's the best spot to fill up the family album with unforgettable memories.

hoteluniversel.com
1000, boul. des Cascades, Alma
1 800 263-5261

Municipalité de Saint-Gédéon

Hip Lakeside Resort

Saint-Gédéon is to Lake Saint-Jean what Saint-Tropez is to the Côte d'Azur: an absolute must. With its golf course, marina, hiking trails to the Petit Marais, direct access to the Véloroute des Bleuets cycling circuit, and paradise-perfect beach, Saint-Gédéon is a little oasis, in the heart of Lac-Saint-Jean that's sure to please travellers of all ages. Whether you choose to camp, stay in a youth hostel, a guest house, a tourist apartment, or the cozy and comfortable Auberge des Îles, you'll want to stay the night to enjoy it to the fullest.

st-gedeon.qc.ca
418 345-8001

Saint-Gédéon is a little oasis that's sure to please travellers of all ages.

Parc de la caverne du Trou de la Fée

What an Adventure!

This park is easy to get to and is the ideal place to try out spelunking. You can explore the canyon, wander through the trails, walk inside the water main, or cross footbridges tied to rock cliffs along the tempestuous Métabetchouane River—now that's one heck of an adventure. Plus, you can watch an immersive, 360-degree show projected onto the rock of the only theater of its kind in Québec!

cavernetroudelafee.ca
Route du Trou-de-la-Fée
7e avenue, Desbiens
418 346-1242

Miel des Ruisseaux

Buzzing Bees-ness

In Alma, Miel des Ruisseaux is creating quite a buzz. This honey and mead producer—the only one in Saguenay–Lac-Saint-Jean—is sure to please the entire family. If you want to have fun while learning about the fabulous world of bees—you've come to the right place. Little ones and adults will love this real-life adventure with bees. New this year, the virtual tour takes you deep into the hive to witness the exciting lives of these fascinating creatures.

mieldesruisseaux.com
2924, route du Lac Ouest, Alma
418 668-7734

If you want to have fun while learning about the fabulous world of bees—you've come to the right place.

© Miel des Ruisseaux/Agrotourisme Saguenay–Lac-Saint-Jean

TSHILANU ILNUATSH

An immersive exhibit where you can learn everything about the world of the Pekuakamiulnuatsh.

Musée amérindien de Mashteuiatsh

Learning About a New Culture? I'm in!

Looking for an immersive cultural activity that is sure to please the whole family? At the Musée amérindien de Mashteuiatsh, learn about millennia-old Pekuakamiulnuatsh culture through a variety of activities for all ages: interactive displays, handicraft workshops, and a treasure hunt to teach you about boreal plant life. It's a great way to learn and connect with others.

museeamerindienmashteuiatsh.com
1787, rue Amishk, Mashteuiatsh
418 275-4842

Événements Attractions Québec

Just a Click Away!

Need some inspiration for your next vacation? Dreaming of a romantic getaway or want to get off the beaten path? Quebecvacances.com is a goldmine of information where you can find out all about the latest trends, outdoor recreation packages, one-of-a-kind activities, comfy accommodations, and festivals you won't want to miss. The *Saguenay–Lac-Saint-Jean* section is bound to blow you away. The special offers for this appealing region change every week, so be sure to check in regularly!

quebecvacances.com

Ermitage Saint-Antoine

The special offers for this appealing region change every week.

© Gaëlle Leroyer, Canopée Médias

Lac-Saint-Jean

For larger-than-life vacations, Lac-Saint-Jean is the obvious pick. With 210 km of shoreline and 42 km of sandy beaches, it's impossible not to like. Whether you're driving around it or diving into it head first, it's the place to be!

© Steve Deschênes

Sector

Lac-Saint-Jean

Must-see Attractions

So Great and Round, Its Wonders Abound

Hop on a bike! Climb into a kayak! Grab your fishing rods! Nature lovers have something to really sink their teeth into. From top to bottom, from side to side, Lac-Saint-Jean is the top destination for people who think big. With its divine blueberries, deliciously squeaky cheeses, and tasty beers, foodies will find everything they need to get their fill.

From top to bottom, from side to side, it's the top destination for people who think big.

- **23** Events
- **17** Museums, economuseums, and interpretation centres
- Véloroute des Bleuets
- Indigenous community
- Huge lake
- **32** Campgrounds

▼ Classified in Order of Location

Saint-Bruno

2,936 inhabitants

ville.saint-bruno.qc.ca

Saint-Bruno was founded in 1885. Located strategically between Saguenay and Lake Saint-Jean, Saint-Bruno has established an enviable place in the industrial and agricultural sectors throughout the years. Crops of grain cereal, hay, and wheat can be seen for kilometres on end. Milk production is also quite prevalent. The larger dairy farms stand out across the landscape, and the region's cheese making has an excellent reputation. With their strong spirit of entrepreneurship, the Brunois (residents of Saint-Bruno) have encouraged the creation of numerous businesses and service companies. Today, Saint-Bruno is undergoing a sizeable expansion, becoming a new suburb popular with families who value quality of life above all, but still want to be close to the region's major city centres.

Great Outdoors p. 95
Winter Fun p. 137
Local Flavours p. 164

Hébertville

2,572 inhabitants

ville.hebertville.qc.ca

Hébertville, the first area of Lac-Saint-Jean to be colonized, has preserved its historical heritage. As he traveled the shores of Belle-Rivière, the parish priest Hébert was certainly charmed by this village on the fur trade route. Audio guides for Hébertville's heritage circuit are available at the welcome desk of Maison du curé. The tourist industry started at the Mont Lac-Vert ski station where downhill skiing, snowboarding, and tubing are offered, in addition to hiking and ATV-ing on marked trails in the fall. Winter is busy with snowmobiling, ice fishing, and snowshoeing. Summer brings cyclists who connect with the Véloroute des Bleuets on the Horst de Kénogami bicycle network. Visit the cheese factories, the church, and the Maison du curé Hébert. Find accommodation in bed and breakfasts, inns, and campgrounds on the lake that also offer kayak and bike rentals. (ad pp. 20, 23 and 113)

Great Outdoors pp. 76, 91, 97, 106
Culture and Living History p. 123
Winter Fun pp. 136, 137, 141, 143, 144
Local Flavours p. 164
Accommodation pp. 200, 211
Places to Eat p. 217

Mont Lac-Vert

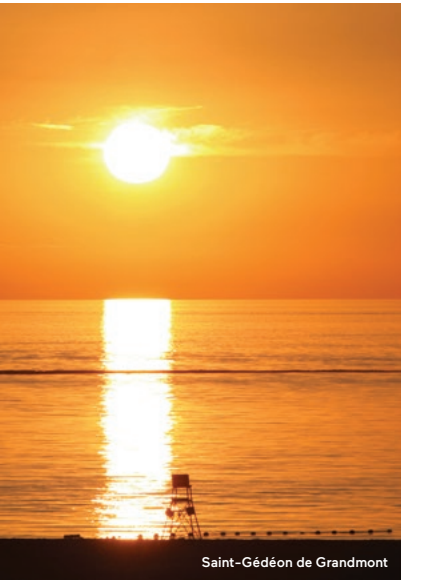
© Philippe Boily

Hébertville-Station

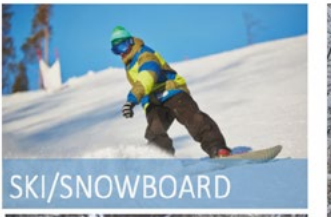
1,321 inhabitants

hebertville-station.com

Hébertville-Station emerged with the arrival of the railroad. The first settlers moved onto the plains to take advantage of the best land in the area. In the course of its history, however, three great fires reduced Hébertville-Station to ashes. Every time, the inhabitants buckled down and gathered the courage to rebuild everything anew. Located near routes 169 and 170, twelve minutes from Alma, Hébertville-Station occupies a strategic position in Lac-Saint-Jean. It's a friendly place with a lot of fresh local produce thanks to the emphasis on agriculture. When there's a job to do, the people of Hebertville-Station are proud and they stick together. This summer, don't miss the Plantation du mai Festival, from June 4 to 6, which will be celebrating its 50th anniversary. At the end of February, don't forget to stop by the Festival des Gaietés hivernales.



Saint-Gédéon de Grandmont



© Charles-David Robitaille

Saint-Gédéon de Grandmont

2,160 inhabitants

st-gedeon.qc.ca

The beaches and beautiful sunsets of Saint-Gédéon-de-Grandmont are gifts of nature that are truly a sight to behold. One of the most popular vacation resorts, this municipality will please fans of fine cheese, homemade baked goods, and local microbreweries. Boating, fishing, sailing, kayaking, kitesurfing, beach-going, golfing (18 holes), and camping are part of daily life. Saint-Gédéon has a very busy marina at the mouth of Belle-Rivière. Birdwatchers appreciate Petit Marais (120 hectares), renowed as a great place to observe hundreds of bird species, some of which are extremely rare. The town is also an enjoyable stopover on the Véloroute des Bleuets and offers numerous services for cyclists. In winter, Festival des glaces takes place as well as cross-country skiing, snowshoeing, and ice fishing. There are a number of bed and breakfasts and an inn on the lake for those looking to stay the night.
(ad pp.14 and 154)

Great Outdoors pp. 73, 82, 83, 85, 94
Winter Fun pp. 137, 147
Local Flavours pp. 157, 165, 166
Vibrant Cities and Festivities p. 176
Accommodation pp. 200, 204, 209, 211
Places to Eat p. 217

Métabetchouan–Lac-à-la-Croix

3,928 inhabitants

ville.metabetchouan.qc.ca

The Innu named this place "meeting point," and today visitors flock to the area for its many charms. The shore of Lake Saint-Jean is easily accessible via the Le Rigolet recreation and tourism centre, equipped with a parking lot beside the Véloroute des Bleuets bike path, and a 1.5 km nature trail. Camp Musical hosts concerts and features a belvedere overlooking the lake. In the Lac-à-la-Croix area, you can pay a visit to the Centre d'interprétation de l'agriculture et de la ruralité to find out about the area's agricultural heritage. Amateur geologists will find what they're looking for at the Cristal du Lac mine. In the plains, the Arboretum de la presqu'île Croft will teach you about trees that are native to the area. The area also boasts a lake scuba diving site and access to a heated public pool. In the summer, head to Maurice Kirouac park at lunch to watch some outdoor shows.

Great Outdoors pp. 85, 88, 92, 97, 104, 107
Culture and Living History pp. 118, 124, 129
Winter Fun pp. 137, 144
Local Flavours pp. 157, 162, 168
Vibrant Cities and Festivities p. 181
Accommodation pp. 200, 204, 207, 211
Places to Eat p. 217

Métabetchouan-Lac-à-la-Croix

© Charles-David Robitaille

NATURE, HISTORY SENSATIONS

SPECTACULAR ABOVE GROUND!

SITE TOURISTIQUE

PARC DE LA CAVERNE TROU DE LA FÉE

DESBIENS
LAC-SAINT-JEAN

UNIQUE IN CANADA

IMMERSIVE SHOW

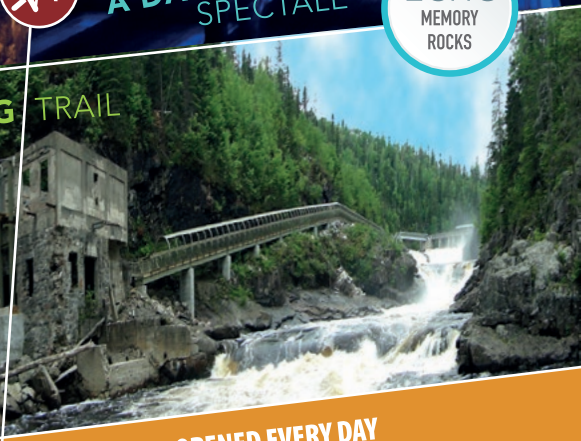
AMPHITHEATER CARVED OUT OF GRANITE OF THE CANADIAN SHIELD
7 M HIGH BY 16 M IN DIAMETER

A FASCINATING DECOR

A DAZZLING SPECTALE

ÉCHO
MEMORY ROCKS

AN AMAZING TRAIL



OPENED EVERY DAY

From June 13th till August 24st from 9 am till 7 pm and of August 24nd to October 12, from 10 am till 6 pm. Last admission 2 hours before the closure (lock).

PARC CAVERNE TROU DE LA FÉE
Chemin Trou de la Fée, 7e avenue, Desbiens

418 346-1242 / cavernetroudelafee.ca

CIDAL

MRC Domaine-du-Roy Lac-Saint-Jean

Desjardins Caisse des Cinq-Cantons

Développement économique Canada

Tourisme Québec

Desbiens

1,053 inhabitants

ville.desbiens.qc.ca

Nestled on the shores of Lake Saint-Jean, at the mouth of the Métabetchouane River, the town of Desbiens has a variety of natural, cultural, and historical attractions. Parc de la caverne Trou de la fée combines caving, dazzling shows, and hiking while the Poste de traite de Desbiens historical centre takes us back to the origins of the first settlements in the region. La Route des Poteaux pays tribute to celebrities from the region along the main street. White sandy beaches invite cyclists to relax as they ride through Desbiens on the Véloroute des Bleuets, while the most adventurous visitors can go rafting at H2O. Don't miss the Festival Desbiens Extrême and the Festival de l'Iceberg. Winter is perfect for snowmobile enthusiasts and anglers hoping to snag monkfish.

H2O Expédition — Desbiens

Great Outdoors pp. 75, 85, 94, 96, 97, 104, 105, 109

Culture and Living History p. 118

Vibrant Cities and Festivities p. 181

Circuit des amusées

Visit our museums

Save 15% on regular entrance fee.

Have fun discovering!

The **Circuit des amusées** is an exciting chance to explore 9 exceptional museums in the Lac-Saint-Jean region. Go to **circuitdesamusees.com**, choose three or more establishments and you will get a 15% discount on the cost of regular admission.

circuitdesamusees.com

© H2O Expédition/Charles-David Robitaille

Chambord

Saint-André-du-Lac-Saint-Jean

469 inhabitants

municipalites-du-quebec.org/st-andre-du-lac-st-jean

Not far from the Laurentide Park, Saint-André-du-Lac-Saint-Jean is a charming hamlet intersected by the spectacular Métabetchouane River where you can see the remains of the old pulp and paper mill that burned down in 1901. The village church, with its cubic architecture is surrounded by pretty traditional Québec houses. It's a perfect place for outdoor adventures. There's a rest area kiosk, a small cabin for rent, a camp site, and an observation tower at the foot of an amazing waterfall. Shop for local honey, fruit, and vegetables and make use of the convenience store, gas station, restaurant, and quad and snowmobile relay station. The local residents make up a tight-knit community and proud of their roots.

Chambord

1,760 inhabitants

chambord.ca

Chambord, a railway hub, is also known as a holiday haven and a service centre. Located at the crossroads of routes 155 and 169, visitors who explore this municipality more thoroughly are rewarded by the connection they find with Lake Saint-Jean. Fishing enthusiasts come to Chambord to catch landlocked salmon and walleye. Others come for its beaches. Cyclists enjoy the lake's immense size and the vast natural areas along the Véloroute des Bleuets. This specific section of the bike trail was previously next to the road and is now a much safer bike trail. The view from the roadside stop is simply spectacular! The Village historique de Val-Jalbert is located in the Chambord area, which has many accommodations, places to eat, a campground, and a health centre with spa. Every summer, the Festival du Cowboy comes back to town. There is a pump-out station near the visitor information centre.

Great Outdoors pp. 92, 95
Culture and Living History pp. 118, 125,128, 129, 131
Winter Fun pp. 137, 144
Local Flavours p. 157
Vibrant Cities and Festivities pp. 177, 178
Accommodation pp. 200, 207, 208, 211
Places to Eat p. 218

© Simon Émond

Saint-François-de-Sales

645 inhabitants

municipalites-du-quebec.org/saint-francois-de-sales

A small and peaceful community right on the edge of the Lac-Saint-Jean region, Saint-François-de-Sales is part of Domaine-du-Roy county. Founded in 1888, it's located on route 155, just south of Chambord. Its name comes from François de Sales, a 16th century French bishop and theologian. The Salésiens, (residents of the village) offer travellers a full-service campground as well as turnkey camping. The campground has been equipped with a new waterpark for summer, which is accessible daily free of charge. If you're just passing through, stop awhile at the forest garden and discover a wide variety of edible nordic plants. Delicious wild blueberries abound here and you can pick your own! It's a fun and delicious family activity!

Local Flavours p. 161
Accommodation p. 201

Lac-Bouchette

1,166 inhabitants

lac-bouchette.com

The municipality of Lac-Bouchette was named after Joseph Bouchette, a land surveyor who, in 1828, led an official expedition in the region to open new territories to colonization. He discovered a vast territory of more than 900 sq. km. It was the ideal spot for a place of worship and pilgrimage. In 1907, Father Elzéar Delamarre built a house and a small chapel dedicated to Saint Anthony of Padua. The first pilgrims arrived in 1912. In 1915, another chapel dedicated to Our Lady of Lourdes was added. Ten years later, the Capuchins took over the shrine, where they built a monastery in 1948. The Ermitage Saint-Antoine is one of Québec's five national shrines. All year round, vacationers love to stay at Auberge Éva. And in the centre of town, you will find stores, places to stay, and quality restaurants.

Great Outdoors p. 97
Culture and Living History pp. 119, 128
Local Flavours p. 162
Vibrant Cities and Festivities p. 181
Accommodation pp. 201, 204, 208, 211
Places to Eat p. 218

Ermitage Saint-Antoine – Lac-Bouchette

Roberval

Window on the lake

Offering lively urban life in the heart of bountiful natural surroundings, Roberval unfurls its charms together with those of Lac Saint-Jean.

A centrally located, prosperous municipality, Roberval finds many occasions to showcase its unique relationship with the lake that has shaped it.

It knows that anchoring its urban, community and economic development therein remains an excellent way to innovate and reinvent itself.

Historically, Roberval was the first city built on the shores of this inland sea, which even today remains closely linked to its growth. Examples abound: a downtown marina, two beaches, performance halls, a cinema, many lakeside parks, a bike path multiplying the kilometres with views over the waves and, in winter, an entire village teeming with life on the frozen waters.

The recent winter lake crossings by bikers and runners – wonderful counterparts to the famous Traversée internationale (swimming, in summer!) – bear witness to the year-round enthusiasm for the city.

ville.roberval.qc.ca
vroberval@ville.roberval.qc.ca

Roberval

9,946 inhabitants

ville.roberval.qc.ca

Tourism got started in Roberval in 1888 with the arrival of the railroad and the legendary Hôtel Beemer, a destination for rich fishermen. Since 1955, the city has occupied an important place on the world stage of open-water swimming with the Traversée internationale du lac Saint-Jean, a competition and festival held in late July. In the colder months, the Winter Festival, the Traversée du lac Saint-Jean à vélo, and the Ice Village attract crowds. The marina buildings are a great place to meet up and there is a downtown beach at Pointe-Scott. The Véloroute des Bleuets bike trail goes right through the town where you'll find all kinds of accommodation and restaurants and, just outside of town, the Mont-Plaisant campground. Don't miss the Ursuline garden, the Boulangerie Perron, bread making ÉCONOMUSÉE®, and the heritage walking circuit and its architectural treasures. **(ad p. 26)**

Great Outdoors pp. 76, 78, 85, 88, 92, 107

Culture and Living History pp. 125, 127, 131

Winter Fun p. 141

Local Flavours p. 168

Vibrant Cities and Festivities pp. 176, 179, 180

Accommodation pp. 201, 204, 207, 211

Places to Eat p. 218

Sainte-Hedwidge

874 inhabitants

ste-hedwidge.qc.ca

Nestled along the foothills of the lush Laurentian mountain range that encircles Lake Saint-Jean, Sainte-Hedwidge is a typical village that depends primarily on agriculture and forestry. In this bucolic setting, the Ouiatchouaniche River flows in cascades and whirlpools. The charming white church, tidy homes and luxurious gardens, the lively park, the cross illuminated at night—all of these elements attract visitors looking for peace and fresh air. The vast majority of its backcountry is located within the limits of the ZEC de La Lièvre conservation area and attracts a large number of hunters and anglers. Snowmobilers and quadders can get their fill of the limitless outdoor expanses for rides. Sainte-Hedwidge is a great place to try wilderness canoeing activities. Visitors will find many services, places to eat, and bed and breakfasts to stay in.

Enjoying the great outdoors is a way of life in Lac-Saint-Jean!

Traversée internationale du lac Saint-Jean – Roberval

© Philippe Boily

La Vieille Fromagerie Perron
of Saint-Prime

In the shoes of the cheese maker

LAURÉAT 2015 - PRIX DE LA SMQ
SOCIÉTÉ DES MUSÉES DU QUÉBEC

A NEW EXPERIENCE
INVITING THE VISITOR
TO MAKE HIS OWN CHEESE
AND DISCOVER THE HISTORY
OF A **FORMER CHEESE FACTORY**

UNIQUE IN CANADA

La Vieille Fromagerie Perron

148, Avenue Albert-Perron,
Saint-Prime (Québec) G8J 1L4
Tél. : 418 251-4922
Sans frais : 1 800 251-4922
MUSEECHEDDAR.ORG

THIS MUSEUM WELCOMES COUPLES AND FAMILIES TO:

- PARTICIPATE TO A CHEESE MAKING WORKSHOP;
- **VISIT A FORMER CHEESE MAKING FACTORY AND LEARN ALL ABOUT THE FABRICATION OF CHEESE FROM THE YESTERYEAR TO TODAY;**
- DISCOVER THE LIFE OF A CHEESE MAKER THROUGH SEVERAL GENERATIONS;
- **LEARN ABOUT CHEESE MAKING FACTORIES IN THE AREA.**

Mashteuiatsh

1,983 inhabitants

kuei.ca

The Saguenay–Lac-Saint-Jean territory was first inhabited by the Pekuakamiulnuatsh (Montagnais), the only Indigenous community in the region that still lives in Mashteuiatsh. Every summer, the hospitality and gathering tradition continues during the Grand rassemblement des Premières Nations of Québec, culminating in a colourful pow-wow. Immerse yourself in the culture at the Carrefour d'Accueil Ilnu or experience the Indigenous way of life by staying in the natural surroundings of the Pekuakamiulnuatsh community. Mashteuiatsh is an ideal location to witness the glorious sunsets of Lake Saint-Jean. Boutiques and galleries carry a variety of traditional and historical items, arts, and handcrafts. You'll also want to visit the Musée Amérindien de Mashteuiatsh, which tells the history of the Pekuakamiulnuatsh. At the Nikuishkushtakan (welcome centre), when arriving, say "kuei" (Hello!) and when leaving, say "niaut" (Goodbye!). **(ad C6 and p. 112)**

Great Outdoors pp. 85, 93
Culture and Living History pp. 119, 123,125, 128, 129
Vibrant Cities and Festivities pp. 176, 177
Accommodation pp. 201, 204

Saint-Prime

2,686 inhabitants

saint-prime.ca

As your travel the road around Lake Saint-Jean, make a stop at the village of Saint-Prime. Agriculture, forestry, and dairy production and processing have always played a key role in Saint-Prime. La Vieille Fromagerie Perron pays tribute to the past, when there was a dairy farm along every rural road. In those days, Saint-Prime residents became skilled in cheese-making and still produce cheddar that is renowned even in Europe. There's even a cheese festival held here every August. It's an energetic community and some high-tech industries have now established themselves in the area. Visitor services include a marina, a boat launch, a free supervised public beach, a campground, and a golf course along Lake Saint-Jean. The Véloroute des Bleuets bike trail also passes through this rural area.

Great Outdoors p. 82
Culture and Living History p. 119
Local Flavours p. 165
Vibrant Cities and Festivities p. 178
Accommodation pp. 200, 201, 204, 207, 212, 215
Places to Eat p. 218

Mashteuiatsh

© Société développement économique Ilnu (SDEI)

Saint-Félicien

10,266 inhabitants

ville.stfelicien.qc.ca

Bordered by 3 rivers, Saint-Félicien has a lot to offer in the way of impressive natural panoramas, especially if you take a walk through Chute-à-Michel Park. Connected to the Véloroute des Bleuets bike trail, it leads to the planetarium, go-kart track, stadium, and car-racing track. From the river bank, watch people raft or kayak down the rapids. Venture out on the water on a paddle board or pedal boat, take to the skies for a scenic flight, and much more! Find great downtown evening entertainment at the Féliscène or discover local history at the Sacré-Coeur Park. The Tobo-Ski site has great mountain biking and in winter, there's downhill or cross-country skiing, snowshoeing, fatbiking, and tubing. Many snowmobile trails lead to the river, where the Village Boréal awaits you. Try our seasonal local delicacies and don't miss the Zoo sauvage, a great destination for the whole family. **(ad pp. 30, 72, 134, 152 et 174)**

Saint-Félicien

Additional Activities pp. 64, 67

Great Outdoors pp. 86, 87, 88, 94, 97, 104, 106, 108

Culture and Living History pp. 119, 123, 129

Winter Fun pp. 136, 138, 141, 143, 144

Local Flavours pp. 158, 165, 166, 169

Vibrant Cities and Festivities pp. 176, 179, 180

Accommodation pp. 201, 204, 207, 209, 212, 214

Places to Eat p. 218

La Doré

1,389 inhabitants

ladore.ca

La Doré is a fishing and hunting paradise with wide open spaces where you can experience the true beauty of nature! The Moulin des Pionniers is a cultural, recreational, and tourist site that brings the history of the logging industry in the area back to life. Go for treks on trails designated for hiking, horseback riding, quadding, snowshoeing, or dog sledding. Take a stroll through the western branch of the Saint-Maurice watershed, or near the Petite chute à l'Ours lookout tower, where you can see the power of the Ashuapmushuan River on full display. La Doré also hosts the famous Festival des camionneurs in the summer and the Rallye des loups (snowcross competition) in the winter, where thousands gather to socialize. As a member of the Fédération des Villages-relais du Québec, La Doré provides travellers with all the services they need: restaurants, cottages, and hotels.

Great Outdoors pp. 73, 76, 110
Culture and Living History p. 119
Winter Fun p. 144
Accommodation pp. 201, 204, 207, 208, 212

Normandin

3,064 inhabitants

ville.normandin.qc.ca

In the heart of the vast agricultural plain in northern Lac-Saint-Jean, Normandin is the perfect place for visitors to discover stunning natural surroundings on its ecotourism tours, as well as local products and attractions that truly highlight the entrepreneurial character of the residents. The Chute à l'Ours tourist site, which is now open year-round, is the gateway to the Parc régional des Grandes-Rivières du lac Saint-Jean and provides easy access to the Ashuapmushuan River and its majestic rapids. You can also take in its rural landscapes while biking on the Véloroute des Bleuets. And you won't want to miss the historical Parc du Centenaire, ÉCONOMUSÉE® du Pelletier-Bottier et de la Taxidermie, the Bergerie du Nord, and the Fromagerie La Normandinoise. During winter, the former Grands Jardins site offers trails for hiking, snowshoeing, and cross-country skiing as well as an outdoor skating rink. **(ad p. 31)**

Great Outdoors p. 98
Culture and Living History p. 119
Winter Fun pp. 138, 144
Local Flavours pp. 161, 165
Vibrant Cities and Festivities p. 181
Accommodation pp. 201, 204, 207, 208, 212
Places to Eat p. 219

Saint-Thomas-Didyme

697 inhabitants

stthomasdidyme.qc.ca

Go fishing or hunting, enjoy the wildlife, the river, the lakes, the Lac au Foin marsh, and the forest. Pick blueberries, hop in a canoe or kayak, go swimming and have fun on the beach, or go snowmobiling or quadding. The activities Saint-Thomas-Didyme has to offer are always related to nature in some way. On the shores of the area's biggest lake, Centre de villégiature Lac-à-Jim offers campsites, cabins, and a restaurant. But best of all, it boasts a magnificent lake where you can fish landlocked salmon and walleye or go yachting. There are two belvederes with two different views: Portage des Aulnaies looks onto Ashuapmushuan River, while two kilometres away from the village, on the banks of au foin Lake, you can watch waterfowl. At the Portage des Aulnaies and Portage de la Dalle interpretation sites, you can learn about the area's Indigenous history and logging industry. (ad p. 33)

Accommodation p. 201

Saint-Edmond-les-Plaines

376 inhabitants

stedmond.ca

Saint-Edmond-les-Plaines has many surprises for those who like to get off the beaten track. With a strong attachment to the history of its pioneering farmers and lumberjacks, the village has several picturesque attractions, especially Héritage Agricole Lac-Saint-Jean, where you can admire hundreds of agricultural implements that showcase our ancestors' know-how. You can also visit the Vieil Art park where, surrounded by the flower beds, you'll find an exhibit of full-scale models of historic looms and tools. In the village, admire the old Val-Jalbert presbytery, which moved here in 1938. It's now an inn and restaurant. On June 24, don't miss the Festival de la Saint-Jean with its two days of activities and all kinds of competitions. The village of Saint-Edmond is also linked to the quad and snowmobile network.

Accommodation p. 212

Albanel

2,254 inhabitants

albanel.ca

Albanel is located at the starting point of the 45 km Au fil des rivières bike path, which stretches out all the way to Girardville through forests and blueberry fields. It also connects with the Véloroute des Bleuets cycling circuit. From the bike path or Route du Premier, you can reach Mistassini River's incredible ninth waterfall. In the centre of the village, come and admire the century-old Sainte-Lucie church and visit the Délices du Lac-Saint-Jean ÉCONOMUSÉE®. Enjoy all-season camping in rental cabins. Head over to Association des sportifs to make the best of winter on cross-country ski and snowshoe trails (1493, Route 169). This summer, join us for the 46th Festival de la Gourgane, from July 23 to 26, 2020. (ad p. 33)

Culture and Living History p. 120
Local Flavours pp. 158, 161
Accommodation pp. 201, 204

Délice du Lac-Saint-Jean - Albanel

© Canopée Médias

DISCOVER
THE WORLD OF
wild blueberry!
Jam-maker ÉCONOMUSÉE®
OPEN DAILY
FROM JUNE TO SEPTEMBER
Délices
DU LAC-SAINT-JEAN
delicesdulac.com | 418 515-0359

Camping and accommodations
Bicycle paths
Heritage architecture
Restaurants
Gourgane Festival
Albanel
BETWEEN LAND AND RIVER
www.albanel.ca 418 279-5250

CHOCOLATERIE DES PÈRES TRAPPISTES
IMMERSE YOURSELF IN THE WORLD OF THE PÈRES TRAPPISTES AND THE CHOCOLATE FACTORY.
EXPLORE OUR MAGNIFICENT GROUNDS AND TASTE OUR CHOCOLATE AT THE BOUTIQUE.
FUN FOR THE WHOLE FAMILY!
NOW ÉCONOMUSÉE®
Chocolat Chocolat Chocolat
www.chocolateriedesperes.com • 1 800 461-3699

VACATION RESORT
LAC-À-JIM
Open 4 seasons
La passerelle du 49e trail
Accommodation • Camping
Restaurant • Rental cabins
Also at St-Thomas-Didyme :
Ashuapmushuan river belvedere
Lac au Foin marsh
Historical log Chute site
Swimming marathon of Lac-à-Jim
150, chemin des Bussières, Saint-Thomas-Didyme QC G0W 1P0
418 274-6033

Girardville

1,032 inhabitants

ville.girardville.qc.ca

Girardville: where the road ends, adventure begins. Located in northern Lac-Saint-Jean, the municipality is the gateway to the heart of the boreal forest in all its expansive glory. Set out on a voyage of discovery or an expedition, for a few hours or a few days, and enjoy the wide range of activities Girardville has to offer all year: canoeing, kayaking, hiking, ATVing, wolf watching, dog sledding, fishing, kicksledding, snowmobiling, and snowshoeing. Don't forget our section of the Véloroute des Bleuets bike path, Au fil des rivières, which runs along rivers, boreal forest, and blueberry fields! Girardville has all the basic amenities you need (grocery, pharmacy, restaurants, gas station and garage, convenience store, etc.) and accommodations to suit any taste: motels, bed and breakfasts, cabins, and camping at Centre plein air Lac-des-Coudes.

Great Outdoors pp. 73, 88
Winter Fun p. 147
Accommodation pp. 204, 209

Dolbeau-Mistassini

14,209 inhabitants

ville.dolbeau-mistassini.qc.ca

In the land of rushing rivers and endless forests, you'll find the legendary welcome of the "Nord du Lac" all year round. Discover the pastoral charm of Vauvert-sur-le-lac-Saint-Jean with its miles of beaches, water sports, a four-star campground, rustic cabins, and a service centre with a restobar, patio, and live entertainment. In winter, the site turns into a snowmobile station (no. 367) where you can also go snowshoeing or cross-country skiing. The Véloroute des Bleuets bike trail goes right through the city and there's even a downtown campground, Camping des Chutes, right by the spectacular Chute des Pères waterfall. Dolbeau-Mistassini, the world blueberry capital, pays homage to this exquisite wild fruit during the Festival du Bleuet (July 29th till August 2nd). You can pick them at the blueberry farm and also taste them covered in chocolate at the Chocolaterie des Pères Trappistes.

Great Outdoors pp. 76, 91, 93, 98
Culture and Living History pp. 124, 129
Winter Fun p. 138
Local Flavours pp. 158, 161, 162, 163, 166
Vibrant Cities and Festivities pp. 177, 178, 182
Accommodation pp. 201, 204, 212, 214
Places to Eat p. 219

Notre-Dame-de-Lorette

185 inhabitants

notre-dame-de-lorette.com

Northwest of the Lac-Saint-Jean region, a small cluster of homes stands out in the hills. You can easily spot the church spire before you arrive in this peaceful village, just before the wayside cross. Notre-Dame-de-Lorette is the last stop before the boreal forest. Stop by on Labour Day of any given year and enjoy the Festival du Bûcheron. All year round, visit the heritage site that pays tribute to the logging industry at the Lac-aux-Rats lock and stop by Domaine L'Orée des bois to taste local alcoholic beverages. There are also plenty of quad and snowmobile trails (Relais Notre-Dame-de-Lorette) as well as snowshoeing and cross-country skiing opportunities. In summer, go for the adventure trails and magnificent beaches. Hunting, fishing and canoe-camping enthusiasts will love the Rivière-aux-Rats recreational area, a controlled wilderness zone recognized for its wild beauty.

Local Flavours pp. 169, 170
Accommodation p. 209

A real paradise for nature passionates

Saint-Stanislas

381 inhabitants

st-stanislas.com

Anyone dreaming of the great outdoors needs to know about Saint-Stanislas. This backcountry hamlet is located at the northernmost part of Lac-Saint-Jean, where several farms are established along the Mistassibi River. Cattle farmers and dairy producers make up a sizeable portion of the local economy, which also relies on the logging industry. Stop by Au Clocher, a multipurpose centre equipped with a rockclimbing wall (Haut Clocher) and restaurant inside a repurposed church. In this area, the river is prized by rafting, kayaking, and riverboarding enthusiasts. The municipality manages a campground on the shores of Éden Lake that offers eight full-service sites and others without services. You will also find a beach and quad trail. Every fall, around mid-September, Festival du Faisan takes place, and in the winter, the area turns into a snowmobile playground.

Additional Activities pp. 64, 65

Vibrant Cities and Festivities p. 178

Saint-Eugène-d'Argentenay

483 inhabitants

st-eugene-argentenay.org

The village of Saint-Eugène-d'Argentenay follows the meandering Rivière aux Rats. The first pioneers settled in the area (featured in the novel *Maria Chapdelaine*) in 1895 around the little white church with the metal cross that shines like a beacon in the night. Several sites were developed to give access to the main natural attractions. The rest stop at Évelyne falls has picnic areas by the river. In the heart of the village, the Rivière aux Rats park offers a shelter, a dock, a boat launch, and a number of brand new water games. In the summer, the municipality puts on plays in the church that combine comedy and history.

Multipurpose Centre — Saint-Stanislas

Sainte-Jeanne-d'Arc

1,056 inhabitants

stejeannedarc.qc.ca

Where Noire River and Petite-Péribonka River meet, sits the picturesque municipality of Sainte-Jeanne-d'Arc. The beautifully preserved heritage site of the Vieux Moulin de Sainte-Jeanne-d'Arc stands near the dam at the entrance of the municipality and is well worth the visit. Close by on Noire River, the 27-metre long covered bridge with a lattice truss structure is worth the detour. The municipality cherishes this remnant of the past. The beautiful red bridge stands out among the surrounding hills. Agriculture and husbandry are practiced on a large scale in Sainte-Jeanne-d'Arc, with impressive operations such as the Gaston Morin dairy farm. The Véloroute des Bleuets passes through the village using its rural roads, and there is a rest area for cyclists and visitors near the bridge.

Culture and Living History p. 120

Accommodation p. 201

© D. Gobeil

Péribonka

492 inhabitants

peribonka.ca

This municipality, located on the Péribonka River at the mouth of Lake Saint-Jean, will charm you. With the arrival of warmer weather, the village comes alive to cater to visitors of every stripe. Nature lovers and sports fans will be spoiled by such easy access to the water, to the nearby Véloroute des Bleuets, and to Parc national de la Pointe-Taillon. Highlights of the local culture include the Louis Hémon Museum, where visitors can immerse themselves in the world of famous novel *Maria Chapdelaine*. Auberge Île du Repos puts on a beautiful concert series that will thrill music-lovers. The area has all the services you need to guarantee a pleasant stay: a marina, a ferry, a convenience store, a campsite, and a recreational equipment rental shop. At Bistr'eau Pub Péribonka, indulge in the tastiest potatoes—a favourite local dish—and enjoy the incredible view. **(ad p. 36)**

Great Outdoors pp. 86, 87
Culture and Living History p. 120
Local Flavours p. 161
Vibrant Cities and Festivities pp. 177, 182
Accommodation pp. 200, 202, 205
Places to Eat p. 220

Véloroute des Bleuets and Maison Samuel-Bédard — Péribonka

© Carole Tremblay

Saint-Augustin

360 inhabitants

staugustinlacstjean.ca

The municipality of Saint-Augustin was founded as a result of the Lake Saint-Jean colonization boom around 1895, which attracted settlers and farmers. As more and more families moved there, the road network and institutional structures evolved. Saint-Augustin is now spread over 105 sq. km. It's a good place to live where forestry, transportation, and agriculture play a major role in development, namely thanks to the cranberry and blueberry trade. In winter, the Érablière du Lac Ceinture maple farm turns into a snowmobile lodge, while in June, the Festival de la note en folie attracts a great number of visitors. In town, you'll find a food market, a hardware store, a mechanic's shop, a gas station, a hair and beauty salon, and a massage parlour as well as a post office.

Sainte-Monique-de-Honfleur

Saint-Ludger-de-Milot

649 inhabitants

ville.st-ludger-de-milot.qc.ca

Saint-Ludger-de-Milot was founded in 1931, north of Lac-Saint-Jean, between Alex River and Petite Péribonka River. The municipality relies on the holiday season to attract a great many visitors. In August, fans of all things country never miss their chance to take part in the Milot en Rodéo festival. Thanks to its beach, the Saint-Ludger-de-Milot municipal campsite is also a big hit. Beyond its 78 camping spots, there are also a few rustic log cabins to choose from. Fishing fanatics can take advantage of direct access to the ZEC des Passes conservation area, which features 10 rivers and 600 lakes where you can go fishing. With a direct connection to the 236 km-long Passerelle du 49e ATV and snowmobile trail, Saint-Ludger-de-Milot is an all-season paradise in the heart of the boreal forest.

Great Outdoors pp. 77, 98, 110

Vibrant Cities and Festivities p. 177

Accommodation pp. 202, 214

Sainte-Monique-de-Honfleur

882 inhabitants

ville.ste-monique.qc.ca

Sainte-Monique-de-Honfleur is surrounded by natural attractions: Péribonka River, Parc national de la Pointe-Taillon, Lake Saint-Jean, and Île du Repos. The municipality has added a few major attractions to the list of suggestions for visitors, which include the panoramic walk overlooking Péribonka River, the Véloroute des Bleuets that travels through town, the marina, and the municipal wharf equipped with a boat launch ramp. The visitor information centre offers accommodations in cabins or at a campground with a pool. Pond fishing and bike rentals are also available. Sainte-Monique also has a variety of bed and breakfasts. Recent upgrades have improved the ATV trails for all seasons.

Accommodation pp. 202, 205, 208

© Charles-David Robitaille

Saint-Henri-de-Taillon

868 inhabitants

ville.st-henri-de-taillon.qc.ca

Saint-Henri-de-Taillon was previously known as "La Pipe" because the pioneers stopped at this location to smoke a pipe and relax. Located along the shores of a true inland sea, the municipality invites guests to sit back, take a beat, and relax. With two major natural attractions—splendid beaches that continue for kilometres on end and Parc national de la Pointe-Taillon—it is a true paradise for swimming, camping, and cycling. Wiggle your toes in the soft sandy beaches of Plage Belley, Plage Wilson, or the national park. Dive and splash around in the warm waters of Lake Saint-Jean. See sunsets that will stay forever etched in your memory at our marina. Bike along a 45 km long cycling network and along the Véloroute des Bleuets for 16 km. At the end of the day, fall asleep to the ebb and flow of the soothing waves... Saint-Henri-de-Taillon welcomes you with open arms!

Great Outdoors pp. 73, 89, 91, 93, 94, 98, 108
Culture and Living History p. 125
Local Flavours pp. 158, 169, 170
Accommodation pp. 202, 205, 207, 210

Labrecque

1,342 inhabitants

ville.labrecque.qc.ca

Labrecque Lake has become a refuge for many vacationers, nature enthusiasts, and fans of fishing, water sports, snowmobiling, quadding, hydroplaning, hiking, snowshoeing, and wide open spaces. Cottages were built around this large body of water and vacationers come from all over to enjoy the laid-back environment. Labrecque offers a campground, year-round quad trails, and a snowmobile track at Massif aux trois lacs, out of which 18 km of trails were restored for hiking and snowshoeing around Tommy Lake and Chabot Lake. Several shelters, picnic tables, and benches are available along the trail. In early July, Labrecque holds its country festival with gymkhana competitions, rodeos, and live music. The main services are located in town and there is a pump-out station at the municipal wharf.

Great Outdoors p. 98
Local Flavours p. 161
Vibrant Cities and Festivities p. 176

Lamarche

483 inhabitants

tourismelamarche.com

Northeast of Lac-Saint-Jean, Lamarche attracts countless tourists eager to discover Tchitogama Lake and the Péribonka River. With its 130 km of waterways, it's the perfect place for water sports. There are several sandy beaches to choose from, waterfalls, the Tchitogama campsite, and forests teeming with an abundance of game and fish. Did you know the region's biggest blueberry farm is located in Lamarche? Nature lovers won't want to miss the hiking trails around Tchitogama lake. The Chutes Blanches and Montagne de la Tour trails can be accessed from the lake. The Centre plein-air Mont-Vilian, located on the site of the former Abitibi-Price sawmill, is an all-season tourist resort for discovering the land's natural beauty. In wintertime, it's where snowmobilers meet to enjoy the plentiful snow.

Great Outdoors p. 98
Winter Fun p. 138
Accommodation pp. 202, 205

Saint-Henri-de-Taillon

© Laurent Silvani

Tchitogama Lake – Lamarche

L'Ascension-de-Notre-Seigneur

2,012 inhabitants

ville.ascension.qc.ca

The dynamic community of L'Ascension-de-Notre-Seigneur relies on the agroforestry, industrial, and commercial sectors, in addition to services and known tourist attractions. Its vast territory is mainly bordered by northern Alma and Péribonka River. The horticultural company Jardin Scullion is worth a visit with its bountiful flower gardens, games for children, and boreal forest. Water sport enthusiasts can use the boat launch to navigate up the river to the Péribonka IV dam over a distance of almost 100 kilometres. For snowmobile and quad lovers, it's a destination of choice with its restaurant and snowmobile/ATV track. The L'Ascension en Fête festival takes place in mid-August and the winter carnival in mid-February. There is a campground and a pump-out station on 4th Avenue (near the municipal garage).

Local Flavours p. 166

Saint-Nazaire

2,046 inhabitants

ville.saint-nazaire.qc.ca

Near Lac-Saint-Jean, the small municipality of Saint-Nazaire is truly of its time. Stroll throug the Boréal neighbourhood and you'll understand why. This eco-neighbourhood with a Scandinavian look contains many green spaces. Of all the things to see and do there, don't miss the Base plein air de Saint-Nazaire campsite, a snowmobile lodge in the winter, and l'Orée des Champs, a booming agricultural business with country-style dining and a sheep farm. L'Orée des Champs even does takeout if you want to take some home with you. In mid-February, don't miss the Fest'hiver, and look forward to mid-August to enjoy the L.M. Country festival.

Vibrant Cities and Festivities p. 177

Jardin Scullion – L'Ascension-de-Notre-Seigneur

© Charles-David Robitaille, Brian Scullion

Dam-en-terre
CENTRE DE VILLÉGIATURE

- **CAMPGROUND ★★★★**
  240 campsites
- **4-SEASON ACCOMODATIONS**
  Condominiums ★★★★
  Suites ★★★
  Cottage ★★

Relax and unplug !

- **BEACH**
- **HEATED WADIND POOL**
- **RESTAURANT, MARINA**
- **SUMMER THEATRE**
- **ENTERTAINMENT FOR THE WHOLE FAMILY**
- **SIGHTSEEING CRUISES ON LAKE SAINT-JEAN**

Alma Lac-Saint-Jean
damenterre.qc.ca
1 888 289-3016

Alma

30,868 inhabitants

ville.alma.qc.ca

Dubbed the "hospitality city," Alma is located at the intersection of major roads, cycling routes, rivers, and Lake Saint-Jean. The Odyssée des Bâtisseurs museum reflects the city's industrial history and the major role played by water in its development. At the nerve centre of the Véloroute des Bleuets bike trail, you'll find an information kiosk, free parking for "Le Maligneau," the ferry boat which takes cyclists across the Grande Décharge, access to the urban bike trail network, and one of five public Wi-Fi zones. The Dam-en-Terre resort has a beach, campground, summer theatre, and lake cruises. Many festivities are held year-round, including the popular Festival des bières in July, which highlights the fine quality of the three local micro-breweries. Art lovers will appreciate the local public art circuit. The city is certified "5 Fleurons du Québec." (ad p. 71)

Additional Activities pp. 64, 66

Great Outdoors pp. 78, 81, 83, 86, 93, 95, 98, 103, 107, 108

Culture and Living History pp. 120, 124, 125, 131

Winter Fun pp. 136, 138, 141, 144

Local Flavours pp. 158, 162, 163, 167, 169

Vibrant Cities and Festivities pp. 176, 177, 178, 182, 183

Accommodation pp. 202, 205, 207, 208, 212

Places to Eat p. 220

Saguenay

For sheer concentrated enjoyment, head for Saguenay. There's something great happening here from morning till night. Between a cultural outing and a trip to the surrounding boreal forests, be sure to try some delightful local fare. Inside and out, this is where the action is!

© Fabrice Tremblay

Festive Through and Through

In Saguenay, it's impossible to get bored. In its lively downtown streets and packed restaurants where chefs cook up gourmet dishes with local products, Saguenay cultivates its festive spirit at every opportunity. A foodie tour here, a festival there, the calendar is packed to the gills with events. Still have energy left? Head to the great outdoors!

Between a cultural outing and a trip to the surrounding boreal forests, be sure to try some delightful local fare.

- 3 Vibrant boroughs
- 100% natural snow
- 6 Health centre and spas
- Ice fishing
- The Monts-Valin
- Saguenay–Bagotville Airport

Classified in Order of Location

Saguenay

146,593 inhabitants

saguenay.ca

Saguenay is a festive city that offers the best of urban living right on nature's doorstep! Good food, quality accommodations, festivals, and unique attractions make it an ideal vacation destination. Discover its three boroughs. Saguenay is nothing short of extravagant, 365 days a year! **(ad pp. 114, 115, 135, 149 and 173)**

Saguenay – Jonquière Borough

© JMDecoste

Jonquière Borough

saguenay.ca

In addition to getting your fill of the pleasant cafés and patios along Staint-Dominique Street and strolling through the Carré Davis shops in Arvida, you'll want to visit the Rivière-aux-Sables park and the Centre d'histoire Sir-William-Price Heritage and Memorial Park. Cyclists can enjoy the 120 km bike path, including the Horst de Kénogami section (45 km), which connects the Véloroute des Bleuets and Véloroute du Fjord du Saguenay cycling circuits. Hikers can choose between the Sentiers du Saguenay (14 km) and Centre touristique du Lac-Kénogami (45 km) trails. Snowmobile fans will find quality tracks heading towards the Monts-Valin mountains. In the winter, the Saguenay en Neige festival displays its dazzling snow sculptures. Jonquière offers a wide range of fine dining and popular restaurants in addition to various accommodations and campsites, not to mention the splendid Lake Kénogami.

- Great Outdoors pp. 74, 75, 77, 82, 83, 86, 87, 93, 99, 106
- Culture and Living History pp. 121, 126, 131
- Winter Fun pp. 138, 145
- Local Flavours pp. 159, 165, 166, 167, 169, 170
- Vibrant Cities and Festivities pp. 175, 179, 180, 182
- Accommodation pp. 202, 205, 207, 212
- Places to Eat p. 221

Chicoutimi Borough

saguenay.ca

There's so much to see in the Chicoutimi district and its surrounding areas. In March, the international short film festival, REGARD, features cinema's short masterpieces. In the spring, the Jazz and Blues Festival plays host to international artists. During the summer, feel the beat of Festival International des Rythmes du Monde. Many popular events take place right downtown, including Festival des Bières du Monde and Festival des vins de Saguenay, both of which attract crowds of beer and wine connoisseurs. Visit the historic site of La Pulperie de Chicoutimi and its regional Museum for an enriching experience. Nearby is the historic Bassin area, home to the famous Petite Maison Blanche (little white house) that withstood the great flood in 1996. And if you're looking for a great place for a family outhing, Parc Mille Lieux de la Colline is the place to be!

- Additional Activities pp. 64, 65, 66, 67
- Great Outdoors pp. 74, 75, 78, 82, 83, 84, 95, 99, 103, 106, 107, 108, 110
- Culture and Living History pp. 121, 124, 126, 132
- Winter Fun pp. 136, 138, 141, 145
- Local Flavours pp. 159, 163, 164, 168, 170
- Vibrant Cities and Festivities pp. 175, 176, 177, 178, 179, 180, 181, 182, 183
- Accommodation pp. 202, 207, 213, 215
- Places to Eat p. 222

La Baie Borough

saguenay.ca

On the shores of the Saguenay Fjord, downtown La Baie is a prized commercial and tourist destination. The many thriving small businesses and artists and makers who live there make it a festive place to be all year round. The theatrical extravaganza, La Fabuleuse, has been running for 30 years now and tells the story of the region. Traditional music takes over in August with the Grandes Veillées festival. The port area, where international cruise ships dock, attracts thousands of tourists. The Véloroute du Fjord du Saguenay, a bike trail, runs through the port village as far as the Musée du Fjord, where you can discover the natural and historical heritage of the region. In winter, on the frozen fjord, 1,200 cabins are erected to create an ice-fishing haven. Also there's downhill and cross-country skiing, snowshoeing, snowmobiling, and kitesurfing.

Great Outdoors pp. 75, 77, 79, 83, 87, 89, 99, 104, 106, 109

Culture and Living History pp. 121, 126, 130

Winter Fun pp. 139, 141, 145

Local Flavours pp. 160, 165, 168

Vibrant Cities and Festivities pp. 178, 180, 182, 183

Accommodation pp. 200, 202, 205, 208, 210, 213

Places to Eat p. 224

Larouche

Larouche

1,536 inhabitants

villedelarouche.qc.ca

In the heart of Saguenay–Lac-Saint-Jean, halfway between Saguenay and Alma, the municipality of Larouche is brimming with lakes and rivers and enjoys easy access to the Saguenay River and Lake Kénogami. Founded in 1895, the city is nonetheless resolutely modern, as its slogan suggests: L'avenir s'imagine ici (A place to envision the future). You'll find an industrial park—accessible by highway and railroad—and many housing developments that, year after year, bring new residents to Larouche. Here, we're proud to draw inspiration from the land—88 square kilometres of natural beauty—that provides us with an exceptional quality of life surrounded by nature. Larouche also has quick access to quite a few snowmobile and ATV trails.

Accommodation p. 205

Saint-Charles-de-Bourget

760 inhabitants

stcharlesdebourget.ca

This picturesque hamlet sprung up during the construction of the Chute-à-Caron dam when it was rebuilt on higher ground in 1915. A handful of quaint homes form the Place des Ormes heritage complex, nestled between the small church built in 1915 and the surrounding fields with views of Saguenay River. Saint-Charles-de-Bourget has a wharf and (free) boat launch ramp for easy access to the river, with a rest area, overnight campground, and bathrooms all in close proximity. The church houses a lovely exhibit of paintings by the artist Linda-Pierre Bélanger. In the surrounding area, the Marais du Lac Duclos marsh (at the intersection of rang 3 and route Racine) is an ideal location for birdwatching. An interpretation trail will bring hikers to a rocky plateau with magnificent views and a natural terrace overlooking a marshland.

Great Outdoors pp. 86, 99

© Maeastrophoto

FROM JULY 9 TO AUGUST 20 2020

DIRECTED BY JIMMY DOUCET

PRESENTED BY

Ville de Saguenay · Tourisme Québec · DIFFUSION SAGUENAY

1 888 873-3333
fabuleuse.com

Saint-Ambroise

3,864 inhabitants

st-ambroise.qc.ca

In 1870, the settlers of Saint-Ambroise were attracted by the quality of the farmland. Even today, the potato fields seem to stretch out to the foothills of the Monts-Valin mountain range and the blueberry and canola fields are proof that the land is still fertile and ideal for growing crops. The many lakes have attracted vacationers, and the municipality offers a multitude of services. Quad and snowmobile trails criss-cross the area, and a bike trail allows cycling enthusiasts to ride through the town, which is equipped with recreational and cultural amenities, in addition to a dynamic commercial sector. In the backcountry, discover the hiking trail of the powerful Gagnon falls. In mid-August, the Festival de la chanson de Saint-Ambroise has entertained people of all ages for 25 years. Camping, live performances, camping services, and pump-out stations are available.

Great Outdoors p. 99
Local Flavours pp. 160, 162, 170
Vibrant Cities and Festivities p. 177
Accommodation p. 208

Bégin

818 inhabitants

begin.ca

Bégin is a village located off the road that connects the northern sector of the Chicoutimi district to Lac-Saint-Jean. Located beside Saint-Ambroise, Bégin is a friendly and hardworking municipality. It boasts a recreational centre with one-of-a-kind amenities. Club Perce-Neige is the perfect place for all kinds of family fun, no matter the season. There are around 30 kilometres of marked and well-kept trails for hiking, snowshoeing, and cross-country skiing. On your way, you might stumble upon some sculptures of animals and other critters, along with a suspension bridge and belvederes where you can take a break and have a picnic. The quad and winter snowmobile trails make Club Perce-Neige a year-round stop. Bégin also offers a lush nine-hole golf course near a campground with services including a pump-out station and propane.

Great Outdoors p. 99
Winter Fun p. 145

Festival de la chanson de Saint-Ambroise

© Johanne Cormier

Saint-David-de-Falardeau

2,849 inhabitants

villefalardeau.ca

The economy of this village is based on forestry and recreational tourist activities. A popular holiday destination, Saint-David-de-Falardeau has over 1,000 cottages, including nearly 600 located in the alpine village at Le Valinouët ski station. Fans of sledding, snowshoeing, dogsledding, and snowmobiling love the impressive snow cover on Monts-Valin, an area that offers many options for quality accommodations (inns, bed and breakfasts, and cabins), places to eat, a Nordic spa, and a variety of services (snowmobile rental, long-term parking, and food supplies). An elaborate snowshoeing circuit has been created in the Valinouët sector. At the Zoo de Falardeau, visitors can observe young animals. A few kilometres from this centre, a family-friendly hiking trail criss-crosses the area and continues along Shipshaw River to the spectacular Chute-aux-Galets site.

Additional Activities p. 67
Great Outdoors pp. 75, 89, 100, 105
Culture and Living History p. 132
Winter Fun pp. 137, 139, 143, 145
Local Flavours p. 169
Vibrant Cities and Festivities pp. 177, 180
Accommodation pp. 202, 208, 210, 213, 215
Places to Eat p. 224

Festival Saint-Honoré dans l'Vent

Le Valinouët – Saint-David-de-Falardeau

Saint-Honoré

5,981 inhabitants

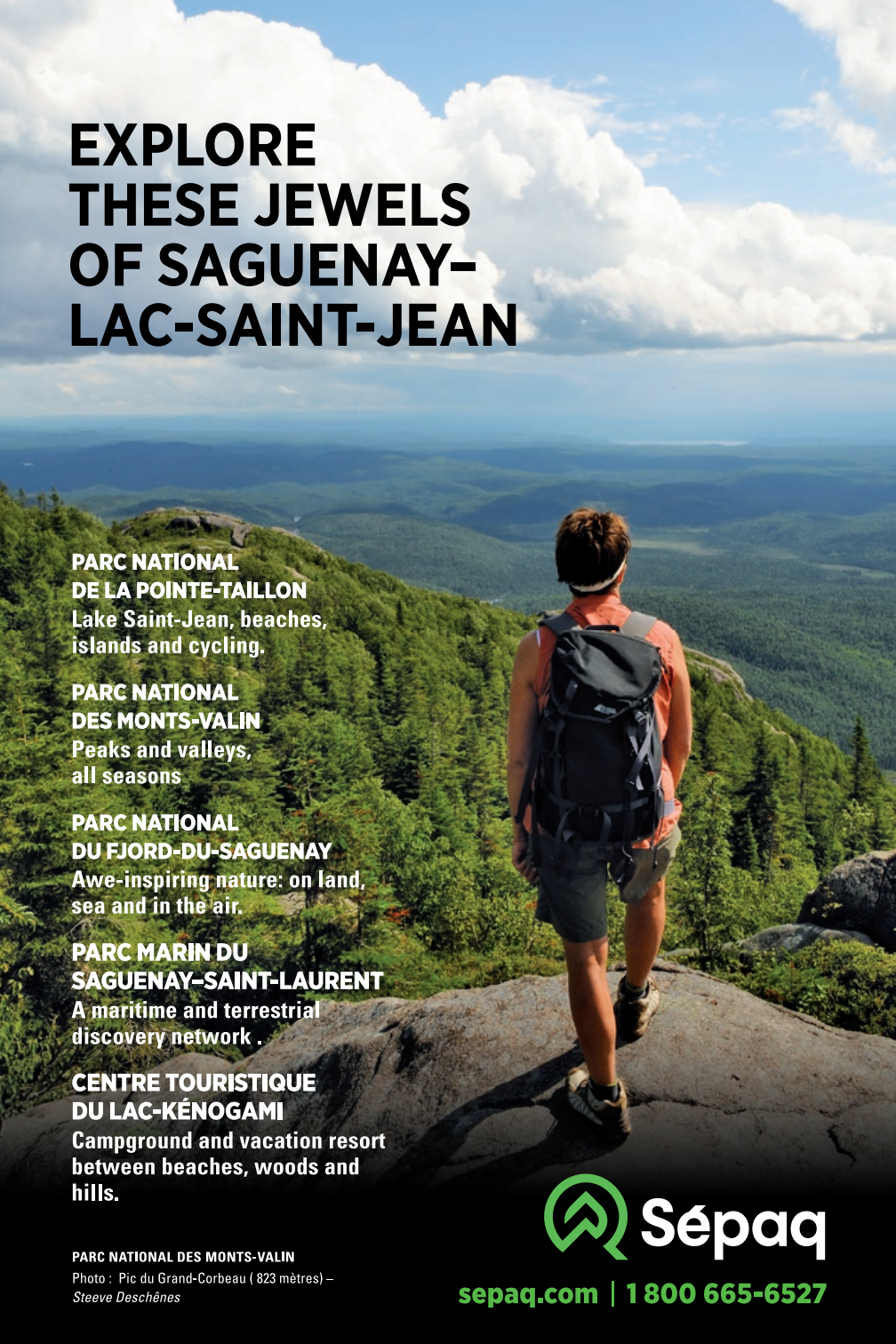
ville.sthonore.qc..ca

At the foot of the Monts-Valin peaks, 10 minutes away from Saguenay, the city of Saint-Honoré has a variety of facilities and services that support its vibrant and diverse economy. The Microbrasserie Saint-Honoré is a mandatory stop to try some locally produced craft beers. You'll also find excellent products from the Boreal region in the city's deli. The Niobec mine—the only niobium mine in North America—is in Saint-Honoré. Located halfway between Tadoussac and Saint-Félicien, Saint-Honoré is the perfect home base for tourists wishing to take advantage of its hiking trails, inns, bed & breakfasts, and campgrounds. Its airport (CYRC) can also accommodate air tourism. Saint-Honoré has direct and easy access to nearby ZEC conservation areas for fishing and vacationing—on top of being connected to the central snowmobile and ATV trail.

Great Outdoors p. 105
Vibrant Cities and Festivities p. 175
Accommodation p. 208

© Jean-François Hamelin, Laurent Silvani

EXPLORE THESE JEWELS OF SAGUENAY–LAC-SAINT-JEAN



PARC NATIONAL DE LA POINTE-TAILLON
Lake Saint-Jean, beaches, islands and cycling.

PARC NATIONAL DES MONTS-VALIN
Peaks and valleys, all seasons

PARC NATIONAL DU FJORD-DU-SAGUENAY
Awe-inspiring nature: on land, sea and in the air.

PARC MARIN DU SAGUENAY–SAINT-LAURENT
A maritime and terrestrial discovery network .

CENTRE TOURISTIQUE DU LAC-KÉNOGAMI
Campground and vacation resort between beaches, woods and hills.

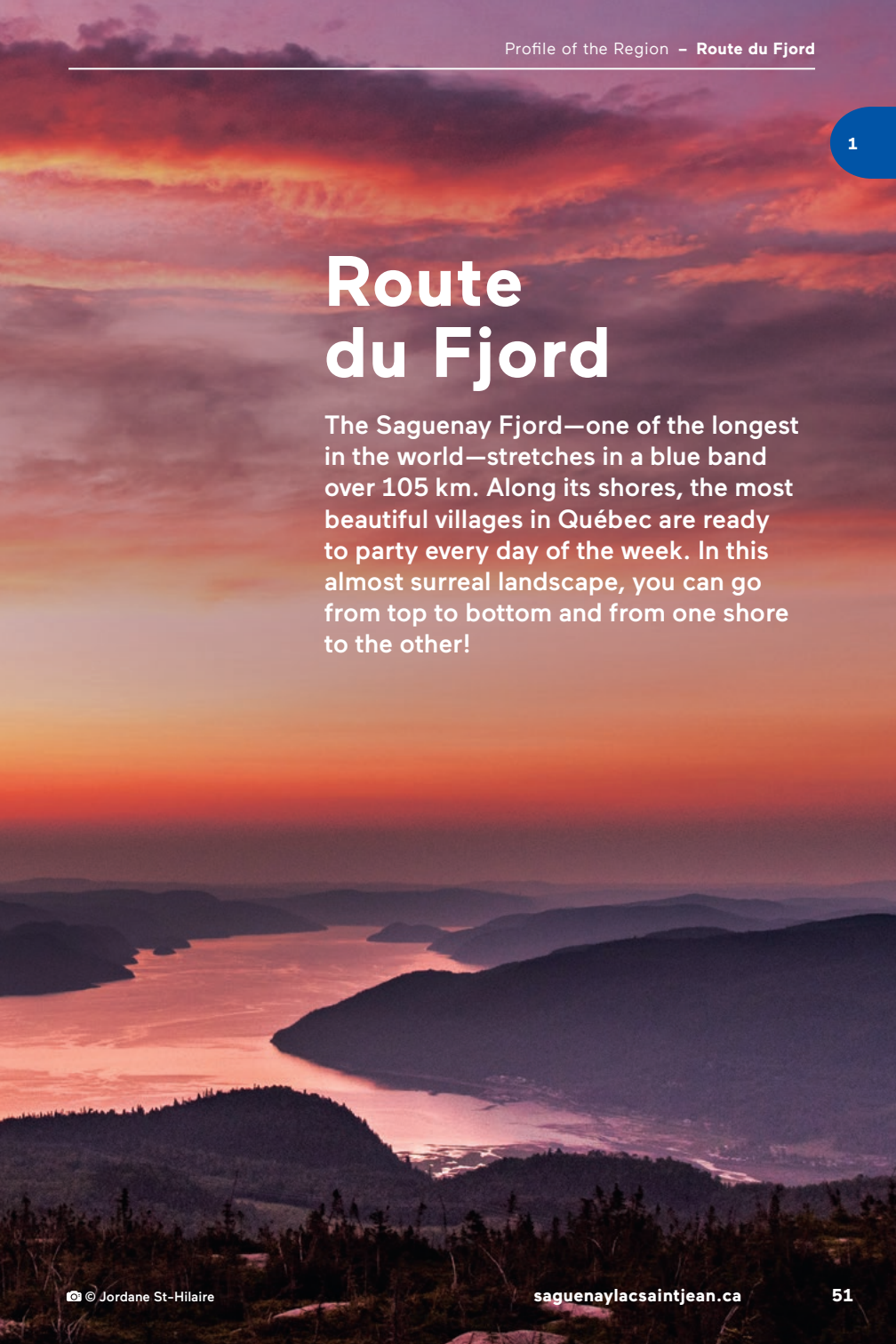
PARC NATIONAL DES MONTS-VALIN
Photo : Pic du Grand-Corbeau (823 mètres) – *Steeve Deschênes*

Sépaq

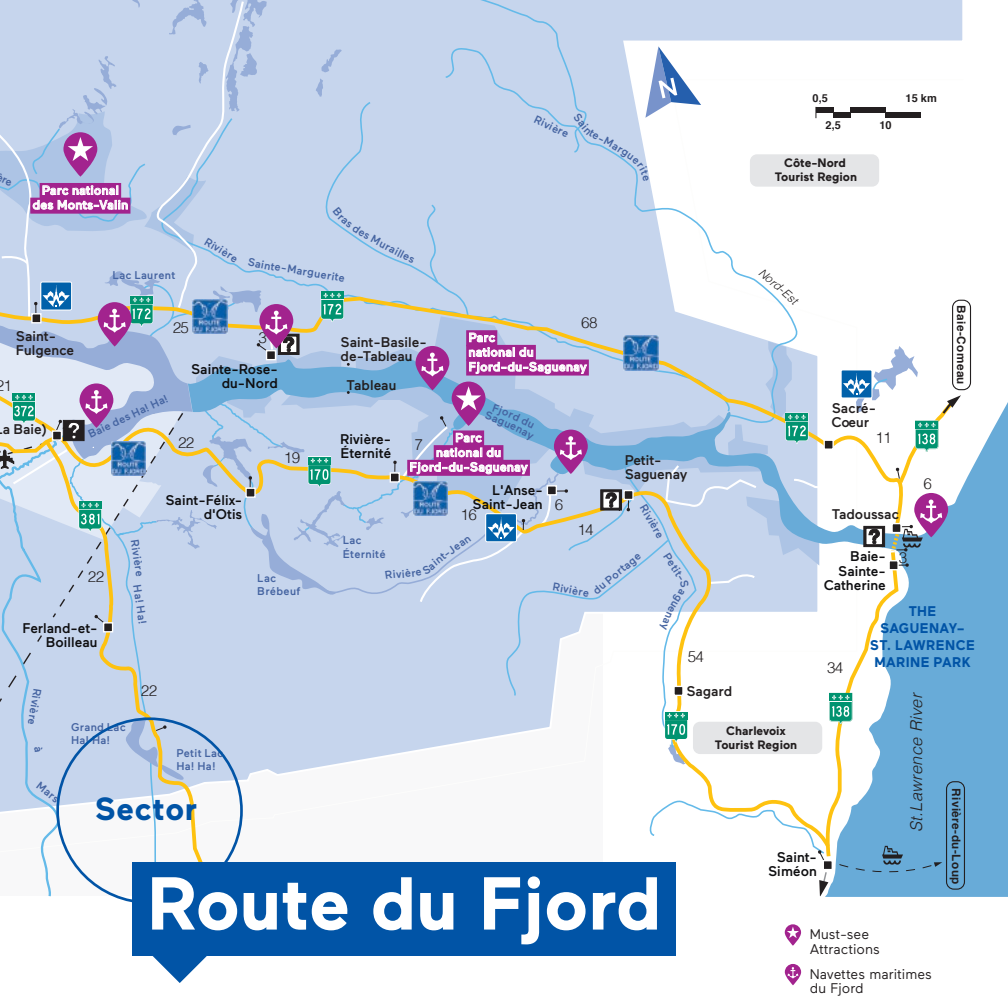
sepaq.com | 1 800 665-6527

Route du Fjord

The Saguenay Fjord—one of the longest in the world—stretches in a blue band over 105 km. Along its shores, the most beautiful villages in Québec are ready to party every day of the week. In this almost surreal landscape, you can go from top to bottom and from one shore to the other!



© Jordane St-Hilaire



Surf and Turf Combo

Did you know that our Fjord is one of the few fjords in North America with inhabited shores? Jump in with both feet and experience the wildest adventures. Whether you're on a bike or in hiking boots, flying from tree to tree or skimming atop the water alongside whales, it's paradise!

In this almost surreal landscape, you can go from top to bottom and from one shore to the other!

- Marine shuttles
- Tourist route
- 500 km of hiking trails
- Majestic Fjord
- Marine park
- Véloroute du Fjord

Classified in Order of Location

Ferland-et-Boilleau

549 inhabitants

ferlandetboilleau.com

Ferland-et-Boilleau was founded in 1978 when the municipalities of Ferland and Boilleau merged. The peaceful village stretches over dozens of kilometres along the breathtaking Route 381. Its growth has been fuelled by the forest industry since 1890, an industry that is still providing the livelihood of Ferboilliens (local inhabitants) today. Residents love the town's spectacular natural setting between Saguenay and Charlevoix, in a region of high mountains and picturesque lakes. The municipality offers two campgrounds, one without services at Grand lac Ha! Ha!, and the other one with services and cabin rentals at Petit lac Ha! Ha!. Sea kayaking, canoeing, hiking, fishing, and snowshoeing are available. The covered bridge of Lac Ha! Ha! can be seen from Route 381. The rest stop belvedere overlooking Montagne Dufour provides a magnificent view of the landscape.

Saint-Félix-d'Otis

990 inhabitants

st-felix-dotis.qc.ca

During the summer, the population of Saint-Félix-d'Otis nearly triples with all the tourists. In this immense area south of the Saguenay Fjord, there are 189 lakes for anglers and fans of water sports to enjoy. Those interested in hunting, snowshoeing, hiking, snowmobiling, and quadding will find everything they're looking for in the woodland areas. At the heart of the action, Lac Otis remains a major destination close to the town of Saguenay. The only public beach in the area is at the municipal campsite. Saint-Félix-d'Otis is a beautiful and charming village that has seduced some of the greatest Québec and foreign filmmakers. Site de la Nouvelle-France is established in l'Anse-à-la-Croix, where the Saguenay Fjord and Baie des Ha! Ha! meet, with a major historical attraction that recreates Québec City in the 17th century.

Great Outdoors pp. 87, 94, 100
Culture and Living History pp. 122, 130
Accommodation pp. 203, 206, 208, 209

Rivière-Éternité

412 inhabitants

riviere-eternite.com

At the entrance to Parc national du Fjord-du-Saguenay and to the breathtaking natural sites of Baie-Éternité and Cap-Trinité, the municipality of Rivière-Éternité has been charming cruise passengers and artists for over two centuries. Visitors are spellbound by the area's beauty, and outdoor enthusiasts come from all over for the camping, fishing, hiking, sea kayaking, climbing, and via ferrata. The statue of Notre-Dame-du-Saguenay is a national monument. The long walking circuit of Notre-Dame-Kapatakan, a 215 km "mini Compostela," starts at Rivière-Éternité. In winter, visitors can go ice fishing, hiking, skiing, snowshoeing, and snowmobiling. Visit Parc des Artistes to admire the giant nativity scene in the centre of town. A contemporary art symposium is held in October. Accommodations are available at bed and breakfasts, inns, and campgrounds. **(ad p. 55)**

Great Outdoors pp. 77, 79, 84, 92, 100, 108, 109
Culture and Living History pp. 123, 129
Winter Fun pp. 140, 146
Accommodation pp. 203, 206, 209, 210

Ferland-et-Boilleau

© Fabrice Tremblay

L'Anse-Saint-Jean

1,219 inhabitants

lanse-saint-jean.ca

L'Anse-Saint-Jean is a "Village-relais" located on the shores of the Saguenay Fjord. Come for the wide variety of outdoor activities and great places to stay. Climb up to the belvedere of Anse-de-Tabatière for a great view of the fjord, then head back down and explore it by sailboat, motor boat, kayak, or ferry. You can go hiking, bike riding, mountain biking, fishing, and horseback riding, or stop in to view the painting symposium in the fall. The village is full of architectural treasures including a covered bridge and period houses. The Mont-Édouard ski station has downhill, high altitude, and cross-country skiing as well as tubing and snowshoeing. Édouard-les-Bains also has a beautiful and relaxing Nordic spa. The whole area is a playground for snowmobiling, dog-sledding, and ice fishing. There's also a wide variety of shops, restaurants, and festivities. (ad C5)

Great Outdoors pp. 76, 79, 82, 84, 88, 89, 95, 100, 104, 106, 109

Culture and Living History p. 127

Winter Fun pp. 137, 140, 141, 143, 146, 147

Local Flavours pp. 160, 163, 164, 168

Vibrant Cities and Festivities p. 179

Live the St. Lawrence River pp. 186, 187

Accommodation pp. 200, 203, 206, 213

Places to Eat p. 224

Petit-Saguenay

Petit-Saguenay

633 inhabitants

petit-saguenay.com

With its spectacular view of sunsets over the fjord, the quay is the perfect place to appreciate the beauty of the Saguenay. At l'Anse-Saint-Étienne, you can spot belugas in an enchanting setting and hikers will find lots of trails that are accessible year-round. Adventurous visitors can go salmon fishing, sea kayaking, and sailing in the summer and hunting in the fall. In winter, guests can go snowshoeing, skiiling, or snowmobiling, leaving their mark on the immaculate white landscape. In the fall, the painting symposium celebrates the autumn colours. Craftspeople and farmers sell a variety of local products and there are plenty of inns, bed and breakfasts, and charming cottages to curl up in after a busy day.

Great Outdoors pp. 74, 77, 80, 84, 87, 89, 94, 101

Accommodation pp. 203, 206, 208, 214

Places to Eat p. 225

Auberge du Presbytère

Parc National du Fjord-du-Saguenay

Welcome visitors of all origins, lovers of the outdoors, adventure and ecotourism !

The auberge offers you accommodation formula combining comfort and simplicity.

Information & Reservation

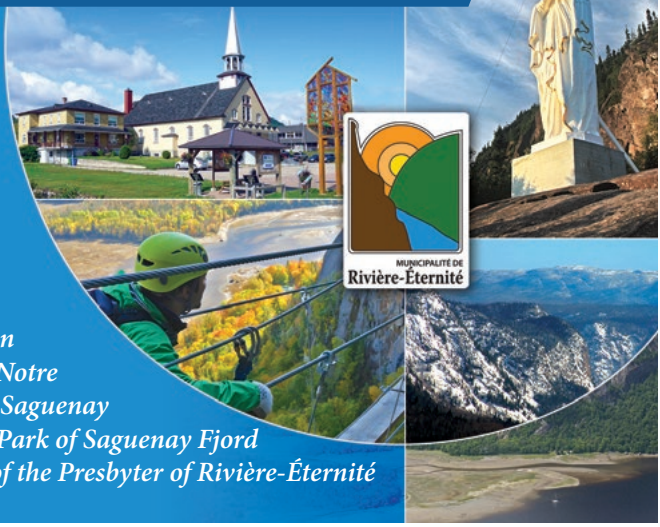
aubergedupresbytere.com

418 608 8890

412 Rue Principale Rivière-Éternité (QC) G0V 1P0

© Laurent Silvani

Rivière-Éternité



- *Kapatakan*
- *Statue of Notre Dame du Saguenay*
- *National Park of Saguenay Fjord*
- *Auberge of the Presbyter of Rivière-Éternité*

MUNICIPALITÉ DE Rivière-Éternité

A GEM TO DISCOVER

Village relais

Parc national des Monts-Valin
Fabrice Tremblay

Saint-Fulgence
de l'Anse-aux-Foins

418 674-2588

ville.st-fulgence.qc.ca

Parc Aventures CAP JASEUX

SKY-HIGH EXPERIENCE

Charles-David Robitaille

1-888 674-9114 | capjaseux.com

Half-a-House Outdoor Theater

Parc aventure Cap Jaseux – Saint-Fulgence

Saint-Fulgence

2,123 inhabitants

ville.st-fulgence.qc.ca

Saint-Fulgence has a rich natural environment and a few unusual features. A recognized "Village-relais," it offers ecotourism, agritourism, and culture. Be sure to see a play put on by La maison coupée en deux summer theatre, whose stage is the cross-section of a house! L'Anse aux Foins has a sandbar that marks the beginning of the Saguenay Fjord. Many anglers and kitesurfers are drawn to this location. Saint-Fulgence's tidal flats are a paradise for birdwatchers. Parc Aventures Cap Jaseux welcomes lovers of the great outdoors, kayakers, anglers, and campers. Families enjoy its non-traditional accommodations, via ferrata course, and Fjord High Ropes Treetop Adventures. Saint-Fulgence is the gateway to Parc national des Monts-Valin and the ZEC Martin-Valin–outdoor adventure site. **(ad p. 55)**

- Great Outdoors pp. 74, 77, 80, 84, 90, 91, 92, 95, 101, 105, 108, 110
- Culture and Living History pp. 123, 127, 132
- Winter Fun pp. 140, 146
- Local Flavours pp. 160, 162, 168, 171
- Vibrant Cities and Festivities pp. 175, 178, 179, 183
- Accommodation pp. 203, 206, 208, 210, 214
- Places to Eat p. 225

Sainte-Rose-du-Nord

440 inhabitants

ste-rosedunord.qc.ca

Known as "the pearl of the fjord," Sainte-Rose-du-Nord is a member of the Association des plus beaux villages du Québec. Located in a charming valley on the north shore of the Saguenay Fjord, Sainte-Rose-du-Nord is reached by a winding road, lined with woodlands and majestic mountains.The village of 440 inhabitants was formerly known as "La Descente-des-Femmes." A historic anecdote tells of Indigenous women who travelled to the towering cliffs overlooking the river to await the return of the men on fishing expeditions. They would slide down the banks instead of taking the winding paths to reach their loved ones. Sainte-Rose-du-Nord is the perfect hamlet for artisans and tourists. The location's panoramic splendour attracts many photographers, painters, and nature lovers in every season. Many boats dock at the wharf in summer, and ice fishing brings anglers out in winter.

- Great Outdoors pp. 80, 84, 87, 96, 102, 109
- Winter Fun pp. 140, 142, 146, 147
- Accommodation pp. 200, 203, 206, 214, 215
- Places to Eat p. 225

© Canopée Médias

traverse ferry
Rivière-du-Loup
Saint-Siméon

Unique surroundings
A 1st class crossing

Observation decks, restaurant (May 14 to October 17), lunch counter, local products, bar, children's play room, souvenir shop, elevator.

Cars, trucks, bicycles, motorcycles, VRs, buses.

Round-trip excursions for pedestrians $25

418 862-5094
traverserdl.com

Traverse
Rivière-du-Loup/St-Siméon

@traverserdl
#traverserdl

Operating from April 9 to January 2

The shortest crossing between the two shores!

Essipit offers more than
CAMPING

IT ALSO OFFERS

WHALE-WATCHING
OUTFITTERS
SEA KAYAKING

ESSIPIT

VACANCESESSIPIT.COM

Sacré-Cœur-sur-le-Fjord-du-Saguenay

Sacré-Cœur-sur-le-Fjord-du-Saguenay

1,814 inhabitants

municipalite.sacre-cœur.qc.ca

Sacré-Cœur-sur-le-Fjord-du-Saguenay is an ecotourism destination waiting to be discovered with its natural attractions and a multitude of activities. Located at the heart of the biodiversity valley, it's the home of Centre d'interprétation du béluga in the Baie Sainte-Marguerite area, the starting point of short and long hiking trails. Visitors can look for belugas at the belvedere with a naturalist guide from Parc national du Fjord-du-Saguenay. There are so many activities to try: sea kayaking, cruising on the fjord, horseback riding, quadding and snowmobiling, riding along the bike trail, black bear watching in the forest, and watching Atlantic salmon being caught in Saint-Marguerite River. Enjoy farm stays and family activities. The detour to the L'Anse-de-Roche wharf will give you a view of the fjord at its best. A wide variety of accommodations are offered at Sacré-Cœur.

Great Outdoors pp. 76, 78, 85, 90, 92, 96, 102, 109
Winter Fun p. 140, 146, 147
Local Flavours pp. 164, 171
Accommodation pp. 203, 206, 209, 210, 214
Places to Eat p. 225

Tadoussac

799 inhabitants

tadoussac.com

Tadoussac is famous for its whale watching. Aboard tour boats or zodiacs, tour guides will tell you everything about the species of marine mammals in the St. Lawrence River. Climb the dunes, one of the best spots in North America to see the migration of more than 80 bird species. Tadoussac has many hiking trails and is also the starting point of the long-distance Fjord trail, operated by the Parc national du Fjord-du-Saguenay. History buffs will want to stop by the Chauvin trading post replica and the Petite Chapelle, the oldest religious building in Canada made entirely of wood. Don't miss Festival de la Chanson, the Happening de peinture, the Festival des oiseaux migrateurs, Biblio-Plage—the first beach library in Québec—and the local farmer's market every Saturday of the summer. And let's not forget sea kayak tours, camping sites, bed & breakfasts, shops, and a variety of restaurants.

Great Outdoors pp. 76, 80, 90, 91, 102, 110
Culture and Living History pp. 123, 130
Live the St. Lawrence River pp. 186, 187, 188, 189
Accommodation pp. 203, 207, 214
Places to Eat p. 226

© Max Stussi

n°1 in Canada

WHALE WATCHING CRUISE

TADOUSSAC AND BAIE-STE-CATHERINE

From May to October 2020

PROUD MEMBER ECO-WHALE ALLIANCE

from **$74.99**

BOAT

Set sail and admire the giants of the sea in the heart of the Marine Park.

THE BEST OBSERVATION SITE IN THE WORLD!

ZODIAC

Experience an extraordinary adventure that promises amusement and thrills!

UP TO 9 DEPARTURES DAILY!

whale WARRANTY

croisieresaml.com

Price per person + taxes.
Subject to change without notice.

1 855 242.0681

©Photos : Catherine Dubé

Immensely Exciting!

The possibilities are as vast as our outdoor playground! Feel like doing something fun, eating something delicious, and having a blast? Need to disconnect? Everything we do, we do it well and we go big. Find out for yourself and check out the sections devoted to Additional Activities, Great Outdoors, Culture and Living History, Winter Fun, Road Trips, Local Flavours, Vibrant Cities and Festivities, and Live the St. Lawrence River. Getting dark out? Skip to Accommodations and Places to Eat to find what you need before you lose the light!

© Parc Aventures Cap Jaseux/Martin Laporte

2

Travel by Experience

62 → Additional Activities

68 → Great Outdoors

111 → Culture and Living History

133 → Winter Fun

148 → Road Trips

153 → Local Flavours

172 → Vibrant Cities and Festivities

184 → Live the St. Lawrence River

IN A CLASS OF THEIR OWN

Some activities are so special they don't fit into any category. But what they do have in common is that they're sure to please everyone, whether you're 7 or 77. Funny, fascinating, intriguing—each one is like nothing else.

© Le Montagnais/Karyne Gagné

Get inspired by PHIL LAPRISE

Dive into the world of Saguenay-Lac-Saint-Jean! Check out lesaventuresdephil.com, where you'll find several itineraries that will allow you to discover our region and its many activities, each one every bit as fun as the other.

Ready for a big adventure?

lesaventuresdephil.com

Zoo sauvage de Saint-Félicien

Free As a Bird!

In Saint-Félicien, you can look over 800 animals dead in the eyes. There isn't a cage or a bar in sight—these animals are happy as can be! Come check out the beautiful expanse that animals from the boreal and cold regions around the world now call home. You'll love the fascinating bone exhibit in the visitor centre, the multisensory film, and the 65 minute train ride through the park where the animals roam in semi-freedom.

zoosauvage.org
2230, boul. du Jardin Saint-Félicien
1 800 667-5687

Come check out the beautiful expanse that animals from the boreal and cold regions around the world now call home.

© Canopée Médias

Additional Activities

Saguenay–Lac-Saint-Jean packs a real punch with its great variety of available activities and experiences for travellers of all ages. As a family, with friends, as a couple, or on your own, discover the region through its many attractions, whether you're athletic, a thrill-seeker, or an animal lover.

▼ Classified by Sub-themes.

Indoor climbing centre

Lac-Saint-Jean

Escalade Haut Clocher

wifi $

950, rue Principale, Saint-Stanislas
418 276-1530 – escaladehautclocher.ca
Open: Year-round.

Welcome to the Haut Clocher climbing centre. The community of Saint-Stanislas invites you to discover our new climbing wall inside this multifunctional centre. Over 30 feet high, the wall has 7 ropes and over 20 different climbing routes. Each rope extends to 3 routes to satisfy climbers of different levels, beginner, intermediate and advanced.

Karting

Lac-Saint-Jean

Go-karts – Karting Saint-Félicien

$

2223, boulevard du Jardin, Saint-Félicien
418 630-4000 – kartingstfelicien.com
Open: Mid-May to mid-September.

Karting track (12 years and older): challenge your timing and develop your skills. Speed of 65 km/hr, timing system. Go-kart track (family): kart speeds at approximately 25 km/hr, with remote controlled system for a safe driving practice. Perfect place for learning to drive. Park Enfantastik: mini formula 1 on paved track. Boats and pedal boats.

Saguenay

Centre d'amusement SPK

wifi $

2175, boulevard Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: May to October.

Outdoor karting track. 1 km floodlit track and 17 new 11 HP go-karts (85 km/h). Electronic timing system. Group rate available. Bar service, outdoor paintball, indoor fluorescent minigolf, laser tag, virtual reality and 6000 square foot enigmatic maze (escape-game style).

Escape Games

Lac-Saint-Jean

Escaparium du Lac

$®

580, rue Sacré-Coeur Ouest, Alma
581 222-1162 – 418 668-3948 – escaparium.ca
Open: Year-round.

Our escape games are resolved only by a well-thought-out group solution. You'll be allotted a precise situation with a mission to accomplish and obstacles to overcome with your creative energy, critical thinking and teamwork.

Mission Évasion

© Zoo sauvage de Saint-Félicien, Mission Évasion

Centre d'Amusement SPK

Saguenay

Centre d'Amusement SPK $

2175, boul. Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: Year-round.

6000 square foot enigmatic maze with a strongbox room. Will you be able to open your box? There's also an escape room adapted for families, bar service, outdoor karting track, outdoor paintball, indoor fluorescent minigolf, indoor laser tag and virtual reality.

Jeux d'évasion Escaparium Saguenay $

24, rue Racine Ouest, Chicoutimi Borough
581 222-1162 – escaparium.ca
Open: Year-round, closed Monday.

A new entertainment concept in Saguenay! Come and exercise your brain! The goal is simple: you're locked in a room and you have to find a way out. By solving a series of riddles, you'll get access to tools which will allow you to find your escape route. You'll get involved completely! With your family, friends or colleagues, it's the in thing to do in town this year!

Mission Évasion $

377, rue Montcalm, Chicoutimi Borough
418 973-5501 – missionevasion.ca
Open: Year-round.

Saguenay Escape Game! In an unusual setting, get involved in a special team experience. Locked in a room, you'll have 60 minutes to try to escape. The only way is to solve a series of riddles in order to open the padlocks that will lead you out. Suspense, tension, analysis, the countdown... all this will make your experience truly unique.

Minigolf

Saguenay

Centre d'Amusement SPK $

2175, boul. Saint-Paul , Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: Year-round.

Indoor 18-hole minigolf, colorful and air conditioned. Fun guaranteed for the entire family! Reception room for children's birthday parties. Bar and terrace. Catering service available.

Paintball

Saguenay

Centre d'amusement SPK $

2175, boulevard Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: May to October.

Outdoor paintball centre. Ten different sites, urban village, labyrinth village, valley. Large capacity. Terrace, bar, paintball and airsoft specialized boutique. Karting track. Fluorescent minigolf.

Amusement parks

Lac-Saint-Jean

Escalade Haut Clocher $

950, rue Principale, Saint-Stanislas
418 276-1530 – escaladehautclocher.ca
Open: Year-round.

You don't have much, if any, experience but you'd like to climb like you did when you were a kid? Come and try our climbing wall, it's a sport for everyone, adults, teenagers or children (5 and over). Join our very first climbers and help us to develop the climbing community here in Lac-Saint-Jean. Training, classes, youth programme and group leading. Give it a try: no experience or reservations required.

© Centre d'Amusement SPK

MégaFun Centre d'amusement

705, avenue du Pont Nord, Alma
418 769-3015 – megafunalma.com
Open: Year-round.

MégaFun is a recreation centre with 16 activity zones and services for all ages, including teenagers, adults, and seniors! The playground is three floors high with foam ball pistols, mini golf, a play area for 0 to 3 years old, ceramic painting workshop, inflatable games, rock climbing wall for kids, air hockey, foosball and pool tables, croquet sets, shuffleboard, and giant chess sets. Find the candy bar buried beneath the mountain of candy! **ad p. 39**

Saguenay

Aquafun (Hôtel Le Montagnais)

1080, boulevard Talbot, Chicoutimi Borough
418 543-1521 – 1 800 463-9160 – lemontagnais.qc.ca
Open: Year-round.

Aquafun is the indoor aquatic park of the Montagnais hotel where young and old can enjoy themselves! We have over 6 500 square feet of indoor water games: water-spray games, large swimming pool, spas, steam bath, water-slides, inflatable games and a cold waterfall! On rainy or chilly winter days, families can have a fun-filled day here at Aquafun! Free of charge if you're staying in the hotel. **ad p. 194**

Centre d'amusement SPK - Cube SPK

2175, boulevard Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: May to October.

Open during the summer season, the SPK Cube is a maze teeming with riddles! Young and old, everyone will love it! Explore the labyrinth, solve the riddles and find the way to open the SPK strongboxes! Bar service, outdoor karting track, outdoor paintball, indoor fluorescent minigolf, laser tag and virtual reality.

Centre d'amusement SPK - Laser tag

2175, boulevard Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: Year-round.

Come and play laser tag at the SPK Amusement Centre. Form two teams of 3 people or more (up to 28 participants) and face off in our two 3000 square foot interior mazes. Bar service, outdoor karting track, outdoor paintball, indoor fluorescent minigolf, virtual reality and 6000 square foot enigmatic maze (escape-game style).

Centre d'amusement SPK - Réalité virtuelle

2175, boulevard Saint-Paul, Chicoutimi Borough
418 693-3334 – saguenaypaintball.com
Open: Year-round.

A unique experience in Saguenay–Lac-Saint-Jean! The 9D virtual reality modules allow you to fly, hover, slide and move in over 150 different scenarios. Flight simulator, rollercoaster simulator, horror film scenarios and more! Unique multiplayer combat arena with commando or zombie mission. Guaranteed adrenalin rush! Bar service, karting, paintball, fluorescent minigolf and laser tag.

Parc Mille Lieux de la Colline

200, rue Pinel, Chicoutimi Borough
418 698-7000 – parcmillelieux.com
Open: Year-round, closed November, December and April.

The Mille Lieux de la Colline Park is a theme park for children from 2 to 8. Seven special characters at the site will entertain your young children. Come and do arts and crafts at the Place de la Famille le Lait! La Gare and Loco the Train will take you around the park. And don't forget the maze, the water play area, the running track, the magic mountain and the Tourticoli. Stop by and see us soon! **ad p. 44**

Parc Mille Lieux de la Colline

© JM Decoste

Savana Centre d'amusement

2150, rue Fabien, Chicoutimi Borough
418 696-1111 – savanainc.ca
Open: Year-round.

Savana is a family-friendly environment in the middle of the jungle! Our facility spreads over 5,000 square feet and our large play structures are both safe and clean. Our facility includes an infant playground as well as a three-story structure with slides, trampolines, secret passages and a fort with a softball cannon. Services: birthday parties, lunch area, nursing room. Group discounts for large and single-parent families.

Zoos

Lac-Saint-Jean

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: Year-round.

Are you interested in wildlife from northern regions? Why not visit the Zoo Sauvage de Saint-Félicien to observe these species up close and personal! Take the train in the nature trail park, adventure in the land of the caribou, discover boreal plants, the nursery, water-play and family picnics. When night falls, take in the Anima Lumina, the Zoo's nocturnal circuit.

ad p. C2, 12, 63

Saguenay

Zoo de Falardeau (Refuge Faunique)

296, 2e Rang, Saint-David-de-Falardeau
418 673-4602 – zoodefalardeau.com
Open: Year-round.

A zoo and also an animal sanctuary, the Falardeau Zoo is a not-to-be-missed experience for animal-lovers. You'll be able to get closer to the animals than ever before, in the nursery as well as in the trails. A great family activity, you'll learn a lot about a hundred different species from all continents. Be sure to reserve in advance if you wish to take a guided tour!

Zoo sauvage de Saint-Félicien

© Zoo sauvage de Saint-Félicien

HIGH OCTANE

There's no better way to discover your true nature than to throw yourself head first into the Great Outdoors. Whether you're drawn to the sea or up into the mountains, whether you want to stand on firm ground and admire the view or whizz through the air, just follow your heart—you're sure to find aventure here.

© Lukasz Warzecha

Pic du Grand-Corbeau,
Parc national des Monts-Valin

SÉPAQ

Hold on Tight

There are so many trails here, you may need to come back to hike them all. Whether you're up for a short or long hike, one thing is for certain—the views will take you breathe away. You can hike through the heart of the Centre touristique du Lac-Kénogami or the Parc national du Fjord-du-Saguenay—the view from Anse-de-Tabatière in L'Anse-Saint-Jean area is well worth the sweat. In the Parc national des Monts-Valin, the Pic-de-la-Hutte stretches 900 m into the sky. Wow!

sepaq.com
418 674-1200

Whether you're up for a short or long hike, one thing is for certain—the views will take your breathe away.

Navettes maritimes du Fjord

Sea Legs

Looking for a different kind of transportation? Then hop aboard a Fjord ferry and cross easily from one shore to the other, at fixed times. On the water, you can take in the immensity of the landscape, admire the picturesque villages on the shore, and try to spot the famous Notre-Dame-du-Saguenay statue. You can go for a classic cruise or try one of the many excursions, such as whale watching. And cyclists need not worry—the ferries also carry bikes!

navettesdufjord.com
1 800 363-7248

© Steeve Deschênes, Alain Dumas

Bike circuits

Double the Wow!

In Saguenay–Lac-Saint-Jean, the biking experience is exceptional. Two circuits are available to cyclists: the Véloroute des Bleuets, with its 256 km path around Lake Saint-Jean and the Véloroute du Fjord du Saguenay, that follows the Fjord and its lovely coastal villages. The Fjord circuit is steeper and more challenging. Take advantage of the marine shuttle or luggage transport service to create a custom itinerary and relax a bit after all that pedaling.

experiencevelo.com

In Saguenay–Lac-Saint-Jean, the biking experience is exceptional.

In winter or summer,
by boat, bike, or snowshoe,
the adventure starts here
and now!

Plan your trip at saguenaylacsaintjean.ca

© Charles-David Robitaille, Canopée Médias

MUSTS

The Festival des bières d'Alma, Festirame, and Grande Nuit.

2

Alma

Where Your Véloroute des Bleuets Adventure Begins

For cyclists who love nature and entertainment in equal measure, Alma is a mandatory stop.

Alma offers bike rentals, long-term parking, accommodations, restaurants, and luggage shuttle services. Where to start? The tourist information office is your greatest ally: local experts will share their favourite spots with you. This welcoming city also provides bike path access to its downtown core and heritage neighbourhoods. At night, wait to see the gorgeous illuminated footbridge over the river in the heart of downtown. Looking for a personalized tour? Équinox Aventure offers all-inclusive one-to six-day bike tour packages.

tourismealma.com
1 877 668-3611

Winter Cycling

The Centre Dorval offers 15 km of fatbike trails along the Petite-Décharge River as well as helmet and bike rentals.

THREE GREAT OUTDOORS HOT SPOTS

1

Ville de Saint-Félicien

Stopping by our mountain bike centre and the local bike paths? Head to Parc de la Chute-à-Michel to admire the river and try some delicious local products along the way.

ville.stfelicien.qc.ca
1 877 525-9888

2

Ferme 5 étoiles

15 minutes away from Tadoussac, there's more than enough activities to keep the entire family busy all year. Introductory or half-day outings in a sea kayak are perfect for admiring the Fjord and its sunsets.

ferme5etoiles.com
465, route 172 Nord, Sacré-Cœur
418 236-4833

Safari Brousse Saguenay

Feel like going on a hydroplane ride to see the sights? Comfortable and safe, these 20-minute (or more) flights serve up nature as far as the eye can see. Just think of the colours in the fall!

safaribrousse-saguenay.com
418 543-1312

3

Fjord en Kayak

The fjord at its Best

Looking for a one-stop shop for all your Fjord related activities? For sea kayaking excursions in the Saguenay–St-Lawrence Marine Park, multi-day expeditions, crash courses in sailing, or a shuttle cruise, Fjord en Kayak has been the most acclaimed name in the business, for 25 years running!

fjordenkayak.ca
359, rue Saint-Jean Baptiste, L'Anse-Saint-Jean
1 866 725-2925

© Josiane Dufour, Charles-David Robitaille

Great Outdoors

In its parks and protected areas, nature is wild and intact. Whether on a trail running alongside a majestic fjord or the calm waters of a lake that feels like a sea, the Saguenay–Lac-Saint-Jean makes a real lifestyle out of the outdoors. Itching for adrenaline or soft adventures? Head this way, in all seasons.

▼ Classified by Sub-themes.

Canoe, rowboat and rabaska

Lac-Saint-Jean

Équinox Aventure

$

250, rang des Îles, Saint-Gédéon
418 720-6663 – 1 888 668-7381
equinoxaventure.ca
Open: June to September.

Relish an unforgettable experience in the heart of the boreal forest, including several of its rivers that lead to uncharted territory. Whether you'd like a beginner's course, a tour or a two-to-six-day expedition, Équinox Aventure aims to please. In addition, we offer a shuttle service and canoe rentals.

Réserve faunique Ashuapmushuan

$

route 167, km 33, La Doré
418 256-3806 – 1 800 665-6527 – sepaq.com
Open: May to October.

One of Québec's most beautiful rivers, the Ashuapmushuan is wild and rushing, but those who love rafting, kayaking or canoeing in a natural, grandiose landscape will certainly love it. Do you feel like a challenge? Take the Route des Fourrures for a camping-canoeing expedition for 2 to 14 days, a journey of 11 to 204 km. Intermediate level. Rent a canoe and equipment.

Aventuraid – Parc Mahikan

$ R

2395, rang Lapointe, Girardville
418 258-3529 – aventuraid.qc.ca
Open: June to October.

Canoe camping on our rivers, such as the Mistassini or the Mistassibi, will give you a complete change of scenery in the heart of the boreal forest. Whether you're looking for calm, still waters or the thrilling rush of the rapids, you'll find the river you're looking for! Take a day trip or stay for a few days on the water following nature's rhythm. Initiation and guided expeditions. Shuttle service. Canoe rental. Qualified guides.

Parc national de la Pointe-Taillon

$

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
Open: May to October.

The national park is surrounded by water and offers many possibilities for canoeists on the Péribonka River, Lac Saint-Jean and the Taillon River, a small quiet river located in the beach area near the marine rental centre. Boats, pedalos, kayaks and paddleboards are available for rent in the high season.

ad p. 50, 69

Anyone operating a motorized vessel must be properly licensed.

© Parc national du Fjord-du-Saguenay / JM Decoste

Saguenay

Parc de la Rivière-aux-Sables $

2230, rue de la Rivière-aux-Sables, Jonquière Borough
418 698-3000 – tourisme.saguenay.ca
Open: Saint-Jean-Baptiste Day to Labor Day.

A great place for fun activities such as water playground, pétanque and shuffleboard. Located on the banks of the Rivière aux Sables, the park is also great for cyclists or joggers thanks to the spectacular aluminium bridge. Discover local products at the farmers' market, rent a boat or a pedalo or go fishing for trout.

Évasion Sport $

2639, route 170, Chicoutimi Borough
418 678-2481 – 1 866 678-2481 – evasion-sport.com
Open: Year-round.

Here at Évasion Sport you can rent a robust aluminium boat ideal for fishing, equipped with a four-stroke Mercury outboard motor plus a galvanised aluminium trailer. We also rent out light rowboats or light boats with outboard motor. All our equipment may be rented by itself or as a package.

OrganisAction $

94, rue Jacques Cartier Est, Chicoutimi Borough
418 579-8763 – 1 833 261-9909
organisaction.com
Open: May to September.

Embark on a canoe ride and enjoy the wonders of nature along the main rivers in the northern part of the region. With family or friends, let our experts safely guide you through unchartered territory. Beginners take to the Mistassini Nord-Ouest and Péribonka Rivers. Intermediate levels take to Mistassibi Nord-Est. Five to eight-day guided expedition. A shuttle service is available upon request.

Parc national des Monts-Valin

Parc de la Rivière-du-Moulin $

1577, rue des Roitelets, Chicoutimi Borough
418 698-3235 – riviereduMoulin.saguenay.ca
Open: Year-round.

Take the opportunity to visit a real forest in the heart of the city: marked hiking trails, mountain biking, snowshoeing, cross-country or skate-style skiing. You can also rent a boat, kayak or pedalo, nature interpretation activities, fishing from the riverbank etc. Dogs must be kept on a leash. Reception centre with washrooms and showers available during opening hours.

Route du Fjord

Site de la Rivière Petit-Saguenay $

100, rue Eugène-Morin, Petit-Saguenay
418 272-1169 – 1 877 272-1169 – petitsaguenay.com
Open: June 24 to mid-September.

Canoeing on the calm and peaceful waters for 12 km on the Petit-Saguenay River in a lush setting. For the entire family. One departure per day at 11h30.

Parc national des Monts-Valin $

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
Open: June to October.

The Valin River offers scenic views of the mountain from a new perspective. By paddling upstream from the Centre de découverte et de services, canoeists will enjoy the meandering Valin River and the Bélanger pond. Other great experiences are also awaiting in the lakes in the Martin-Valin sector. **ad p. 50, 69, 135**

Pourvoirie Homamo $

chemin forestier L-200, (TNO, secteur des Monts-Valin), Saint-Fulgence
418 831-5674 – homamo.ca
Open: May to October.

River canoeing and kayaking, with or without guide. Three rivers, Class 1 to 5, with or without portaging, from beginner or advanced. Canoe-camping with or without fishing, cottage rentals, boats, gas or electrical motors, ATV rentals. Nature adventures and various activities. Custom packages or simply as an outdoor holiday destination.

© Charles-David Robitaille

Canyoning

Lac-Saint-Jean

H2O Expédition et aventure $

125, rue du Quai, Desbiens
418 346-7238 – 1 866 697-7238
aventure-expedition.com
Open: June to October.

One of the most beautiful canyoning sites in Québec. Meander along the river walking, rappelling, swimming, besides exploring an underground cave. A unique adventure for an unforgettable experience! Two departures daily at 10 a.m. and 2 p.m

Health Centres and Nordic Baths

Saguenay

Hammam Thalassa $®

2655, boul. du Royaume, Jonquière Borough
418 548-2727 – thalassa.ca
Open: Year-round.

The Hammam Thalassa urban spa invites you to relax in a mellow and serene ambiance. An absolute level of relaxation in the heart of Saguenay. Services offered: massage therapy, beauty, body and skin treatments, UV tanning, facials, IPL hair removal, skin rejuvenation and cellulite treatments. Boutiques: Physiodermie, Bernard Cassierre-Paris. Hôtel Delta Saguenay Partner.

Baie sur mer Saguenay $®

1080, boulevard Talbot, Chicoutimi Borough
418 549-0899 – 1 800 661-7117 – baiesurmer.ca
Open: Year-round.

The ideal destination for a family or a romantic vacation in Saguenay. Our spa and wellness centre, Baie sur Mer de Chicoutimi, can offer you a unique experience with packages adapted to your needs. Whether it's for a sumptuous solo or duo massage, our hot stone session or our high performance beauty treatments, Baie sur Mer will live up to your expectations! **ad p. 194**

PAŪS Spa Saguenay $

1303, boulevard Talbot, Chicoutimi Borough
418 615-8888 – pausspa.ca
Open: Year-round.

If you're looking for a brief getaway or maybe a longer escape, PAUS can give you the ultimate experience. In a beautifully designed setting, this urban spa has a vast range of top-of-the-line treatments and services to transport you to a heavenly state of relaxation. We have whirlpool baths, saunas, steam baths and a swimming pool as well as several relaxation areas. **ad p. 195**

Centre de détente Parfum De Fjord (Auberge des 21) $

621, rue Mars, La Baie Borough
418 697-9111 – 1 800 363-7298 – aubergedes21.com
Open: Year-round.

Our centre is a true haven! Let us take care of you in our exceptional environment where you can take advantage of our made-to-measure treatments. Our highly qualified professionals offer a wide variety of body, relaxation and beauty treatments. Take some time to relax and re-charge your batteries in the Nordic spa for a wonderful thermal experience. **ad p. 156, 197**

Centre de Santé Au gré des marées (Auberge des Battures) $®

6295, boul. de la Grande Baie Sud, La Baie Borough
418 544-8234 – hotel-saguenay.com
Open: Year-round.

At the Centre de Santé Au Gré des Marées, enjoy your treatment in a calm, relaxing atmosphere. Packages with accommodation available. Treatments by appointment only. Let us spoil you! **ad p. 156**

L'Éternel spa $

160, rue du Massif, Saint-David-de-Falardeau
418 673-3330 – 1 855 673-3330 – leternelspa.com
Open: Year-round.

L'Éternel spa is a Scandinavian spa in the mountains. Lovers of nature and tranquility will enjoy this spa located in the heart of the Monts-Valin. Thermal experience, massage therapy, in addition to facial and body treatments in a unique setting. The hot water pool and natural cold water pool are located near a natural river makes this the perfect place to relax and unwind.

Route du Fjord

Édouard-les-bains Spa nordique

1, rue de la Canourgue, L'Anse-Saint-Jean
418 272-3232 – edouardlesbains.com
Open: Year-round.

Beautiful scenery and a melodious environment helps you to leave behind daily stress. As you relax, you'll have an incredible view of the mountain and hear the wind rustling the tree's branches above, welcoming you to this enchanting site. Outdoor whirlpools, hammam (steam room), dry and traditional sauna, nordic waterfalls and basins, thermal waterfall, multi-level pool, indoor relaxation areas with fireplaces.

ad p. 197

Côte-Nord

Centre de Vacances Ferme 5 Étoiles

465, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 887 236-4551
ferme5etoiles.com
Open: Year-round.

On this unique site with accommodation, restaurant and year-round activities, discover a relaxation centre where the emphasis is on local fauna. This innovative concept allows you to relax while observing nature and animals. Wellness centre with reading nook, spa, sauna and massage (individual or couple). Find out about the special romantic package with a one-night stay, meals and treatments.

ad p. 13, 72

Espace Bien-Être - Hôtel Tadoussac

165, rue Bord de l'eau, Tadoussac
418 235-4421 – 1 800 561-0718 – hoteltadoussac.com
Open: May to October.

The Espace Bien-Être at the Hôtel Tadoussac offers personalised massage therapy. Give yourself a relaxing treat and choose from our wide variety of treatments. Discover our body-wrap, body-peeling, beauty care and children's treatments. Stop the clock and put yourself in our hands!

Hunting and Fishing

Lac-Saint-Jean

Réserve Faunique des Laurentides

Hébertville
418 528-6868 – sepaq.com
Open: May 18 to August 30.

Visitors can enjoy daytime fishing on the Réserve Faunique des Laurentides. In 2020, the Wildlife Reserve celebrates its territory's 125th anniversary.

Guide de Pêche sur le Lac St-Jean

854, rue Arthur, Roberval
418 218-1994 – pecheblanche.net
Open: May to October.

Why not go for a fishing adventure on magnificent Lake Saint-Jean with your guide, Charles Dufour? A fishing guide since 2005, he'll gladly share with you his infectious passion for walleye and landlocked salmon fishing on board his luxurious well-equipped fishing boat. Captain Dufour and his boat are certified by Transports Canada to satisfy the highest safety standards.

Réserve faunique Ashuapmushuan

route 167, km 33, La Doré
418 256-3806 – 1 800 665-6527 – sepaq.com
Open: May to October.

Over 1200 lakes available with different access points for all types of fishing and equipment. Get off the beaten track and explore! Fishing for yellow walleye is one of our traditions. Choose your own lures. Brook trout, pike, lake trout (touladi), whitefish and perch all abound in our lakes and rivers. You can also fish from the shore.

Corporation de LACtivité Pêche Lac-Saint-Jean (CLAP)

Dolbeau-Mistassini
418 276-2527 – 1 888 866-2527 – claplacsaintjean.com
Open: Year-round.

Lac Saint-Jean community wildlife area – the best fishing in the kingdom of the landlocked salmon! The walleye is also abundant and there's a daily limit of 10, whatever the length, unique in Québec! Visit our website or our regional distributors to order your free information brochure.

Zec des Passes

$

69, avenue Lévesque, Saint-Ludger-de-Milot
418 668-3136 – zecdespasses.reseauzec.com
Open: May to November.

The ZEC des Passes is a 1,491 km² territory, with over 600 lakes offering a variety of fish, including speckled trout, walleye, pike and burbot. Boat rentals. Hiking trail from the Alex River. Seventeen (17) boat launch ramps are offered across the territory. Hunting for small and big game. Only 39 km from Alma and 32 km from Dolbeau-Mistassini.

Saguenay

Fjord Lac Chasse et Pêche

$®

2479, rue de la Guyenne, Jonquière Borough
418 590-2254 – 418 590-2254 – fjordlac.com
Open: May to October (Summer) and January to March (Winter).

In summer, Fjord Lac Chasse et Pêche offers fishing services with guide in a luxurious boat on various bodies of water such as Lac Saint-Jean. In winter, you can ice-fish on the spectacular Saguenay fjord. Rent a cabin in the ice-fishing village or go with a guide in uncharted sectors, always with the very latest upscale equipment.

Fjord Lac Chasse et Pêche

Contact Nature Rivière-à-Mars

$

3232, chemin Saint-Louis, La Baie Borough
418 697-5093 – riviereamars.com
Open: June to October.

You'll change your mind about salmon after visiting the Mars River. We welcome all fishermen and curious nature-lovers. Take a guided tour of the fishway with an underwater observation point and camera. We sell fishing permits, flies and lines and we'll direct you to the best areas for Atlantic salmon fishing or sea trout fishing. You can rent equipment or take a fly-fishing course. We have many packages available.

Pêche Aventures Saguenay

$

821, route de l'Anse-à-Benjamin, La Baie Borough
418 540-9570 – pecheaventuressaguenay.com
Open: May to October.

Guided excursion for fishing whitefish (redfish, turbot and cod). Sea trout and smelt fishing also available. No fishing permit required. Fishing is offered on a safe boat that meets requirements, with a kitchenette and washrooms on board. All-inclusive. Customized cruises are also available.

Route du Fjord

Parc national du Fjord-du-Saguenay

$®

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
Open: End of May to September.

Come here for a quiet day's fishing for brook trout on one of our five lakes or on the bank of the Rivière Éternité. You'll find boats available on all the lakes.

ad p. 50, 69

Village-Vacances Petit-Saguenay

$

99, chemin Saint-Étienne , Petit-Saguenay
418 272-3193 – 1 877 420-3193 – villagevacances.ca
Open: May to October.

L'Anse Saint-Étienne is a perfect place for sea trout fishing. With both feet in the water for fly fishing or light casting in the company of belugas who may just pay a visit. Up to 5 sea trout can be caught per day, with only one of 14 inches long or more allowed. It's recommended to begin fishing when the tide is at its lowest level.

Parc national des Monts-Valin

$

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
parcsquebec.com/montsvalin
Open: June to September.

Speckled trout fishing is authorized in many lakes and rivers in the park, whether in a rented or personal boat. Anglers have two options: one-day fishing or a fishing package with accommodations. Electric motor rental available.

ad p. 50, 69, 135

Pourvoirie Homamo $®

chemin forestier L-200, (TNO, secteur des Monts-Valin), Saint-Fulgence
418 831-5674 – homamo.ca
Open: May to October.

Exclusive territory of 129 km², with comfortable rustic cabins, quality equipment, 65 lakes, including 42 of them still prestine, 3 rivers for light tackle and fly fishing, accessible by cars since only 2007. Quality fishing, services and good times! Cabin rental in July and August, with or without fishing. Various nature packages and "à la carte" adventures, with or without guide (white waters, canoeing, camping, etc.).

Zec Martin-Valin $

chemin L-200, Saint-Fulgence
418 674-9170 – zecmartinvalin.com
Open: Mid-May to mid-October.

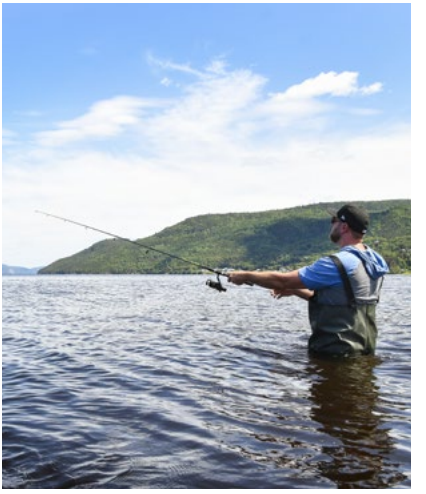
Boat rentals available on many waterways. Over 450 lakes within the ZEC for native brook trout fishing.

Côte-Nord

Parc national du Fjord-du-Saguenay $®

1121, route 172 nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-1136 – 1 800 665-6527 – sepaq.com/pq/sag/
Open: End May to September.

In the enchanting setting of Baie-Sainte-Marguerite, you can fish five lakes full of brook trout. Boats are provided. **ad p. 50, 69**



Cruises and excursions

Lac-Saint-Jean

Croisière découverte sur le Lac St-Jean $®

854, rue Arthur, Roberval
418 218-1994 – pecheblanche.net
Open: May to October.

Discover majestic Lake Saint-Jean from a completely different point of view : by boat! An adventure just for you, in a small group for a high-quality experience (maximum of five participants at a time). Your captain and naturalist guide, Charles Dufour, will show you the most beautiful landscapes around Lake Saint-Jean and with the help of multimedia technology, will tell you all about the history of each place.

Centre de villégiature Dam-en-Terre $®

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
Open: July and August.

La Tournée is a cruise boat which sails across the vast expanse of Lake Saint-Jean. Enjoy a change of scenery with entertainment and exceptional landscapes on this excursion-cruise. **ad p. 40, 41**

Saguenay

OrganisAction $

Chicoutimi Borough
418 579-8763 – organisaction.com
Open: May to October.

Discover places that are otherwise inaccessible on the majestic Saguenay Fjord on board one of our two pneumatic boats. Contact us to charter a boat with a captain (a maximum of 12 or 24 people depending on the inflatable canoe.) This summer, embark on a fjord and whale cruise to visit the sea mammals of the Saguenay Fjord and the St. Lawrence River. Available upon request.

© Martial Tremblay

Navettes maritimes du Fjord $

900, rue Mars, La Baie Borough
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

Navettes Maritimes du Fjord is wonder in its pure state! With the steep cliffs and blue waters of the Saguenay Fjord, your trips will turn into an unforgettable excursion or cruise with our boats. Use this means of transportation to see the villages and attractions along de fjord, including the Notre-Dame du Saguenay statue! **ad p. C4, 69, 149**

Voile Mercator $®

821, route L'Anse à Benjamin, La Baie Borough
1 888 674-9309 – voilemercator.com
Open: May to October.

Beginner and intermediate sailing courses leading to certification. Learn to navigate safely and acquire the skills to become a good crew member or an autonomous captain. Come on board one of our comfortable 29-41 foot live-in sailboats and navigate on the magnificent Saguenay Fjord. School approved by Voile Québec / Voile Canada and accredited for quality and security by the AEQ.

Route du Fjord

Navettes maritimes du Fjord $

91, rue Notre-Dame, Rivière-Éternité
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

The principle at Navettes maritimes du Fjord is simple: offer visitors an alternative way of travelling which allows them to get from one place to another with a regular schedule and guaranteed departure times, with the steep cliffs of the Saguenay Fjord in the background. In the Fjord-du-Saguenay National Park, try activities like kayaking, the via ferrata, Zodiac and hiking. Get a great view too of the famous Notre-Dame-du-Saguenay statue. **ad p. C4, 69, 149**

OrganisAction $

91, rue Notre-Dame, Parc national du Fjord-du-Saguenay (secteur Baie-Éternité), Rivière-Éternité
418 272-1556 – organisaction.com
Open: May to October.

Climb aboard the inflatable canoe to explore uncharted territory along the majestic Saguenay Fjord. Families and groups of friends can reserve one of our boats with a captain (a maximum of 12 or 24 people depending on the inflatable canoe). This summer, embark on a fjord and whale cruise to visit the sea mammals of the Saguenay Fjord and the St. Lawrence River.

Navettes maritimes du Fjord

Navettes maritimes du Fjord $

355, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

Take the least crowded and most stunning route to discover the Saguenay Fjord and the pretty villages on its banks. Our three ships will sail you up and down the fjord, from town to village, with regular departure times. Travel differently and see the fjord in all its majesty! **ad p. C4, 69, 149**

OrganisAction $®

355, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 579-8763 – croisieresfjordbaleines.com
Open: May to October.

In L'Anse-Saint-Jean, come on board our 24-passenger Zodiac and sail right down the Saguenay Fjord to the St Lawrence to see whales and other marine mammals. After your excursion, you'll dock at picturesque Tadoussac where you can walk round the village. At 5 p.m., you'll board a tour boat for your return to L'Anse-Saint-Jean.

© Martial Tremblay

Voile Mercator

$

355, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
1 888 674-9309 – voilemercator.com
Open: May to September.

Three and seven-hour beginner's sailing tours are available. We offer individual, family, and group packages. Participate in sailing manoeuvres. Also available: sail and overnight stay on board, which includes five hours of sailing, dinner, accommodation, and breakfast. We also offer sailing certification courses. Where: Saguenay Fjord, Parc Marin du Saguenay– Saint-Laurent. School sanctioned by the Fédération de voile du Québec and Voile Canada.

OrganisAction

$

Village Vacances Petit-Saguenay, Petit-Saguenay
418 272-3193 – croisieresfjordbaleines.com
Open: June to September.

On board our 24 passenger Zodiac, explore the Saguenay Fjord and the mouth of the St. Lawrence River to meet whales and other marine mammals. An experience in nature with a human dimension accompanied by our naturalist captain. Please note that we also organize multi-activity trips and sea kayaking expeditions.

Navettes maritimes du Fjord

$

250, chemin de la Pointe-aux-Pins, Saint-Fulgence
418 543-7630 – navettesdufjord.saguenay.ca
Open: June to October.

Use this means of transport to have fun all day at the Cap Jaseux Adventure Park. If you decide to spend the night there, visit L'Anse-Saint-Jean or the Fjord-du-Saguenay National Park. From Cap Jaseux you can make a return trip. **ad p. C4, 69, 149**

Parc Aventures Cap Jaseux

$

250, chemin de la Pointe-aux-Pins,
Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
Open: End of June to beginning of September.

The Saguenay River becomes a fjord at Saint-Fulgence. Beginning at Cap Jaseux, discover the eastern and western capes. Observe the winged wildlife in this area with its rich ecosystem and captivating history. On board the Fjord Saguenay II or the Junior sailboat, give our captains the opportunity to show you the wonders of this lovely area. Activities offered in partnership with Navettes Maritimes du Fjord and Voile Mercator. **ad p. 55**

Navettes maritimes du Fjord

$

104, rue du Quai, Sainte-Rose-du-Nord
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

Let Navettes maritimes du Fjord show you the best views of the Saguenay Fjord. With a regular schedule, our aim is to offer visitors another way of getting around. Discover Sainte-Rose-du-Nord, one of the most beautiful villages of Quebec, often referred to as « the pearl of the fjord ». **ad p. C4, 69, 149**

Côte-Nord

Croisières AML

$

177, rue des Pionniers, Tadoussac
418 235-4642 – 1 800 563-4643
croisieresaml.com
Open: May to October.

Discover the beauty of the Saguenay Fjord and its marine mammals on board the AML Zéphyr and the AML Grand Fleuve, or on an inflatable boat. Soak up the splendours of nature : you'll be impressed by the grandiose panoramas of this glacial valley! Feel like a million dollars in the VIP St Laurent lounge on board the AML Grand Fleuve! **ad p. 59**

Navettes maritimes du Fjord

$

100, rue du Bord de l'Eau, Tadoussac
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

Take a cruise on the majestic Saguenay Fjord with Les Navettes maritimes du Fjord. We have several different departure points. Our three ships will sail you up and down the fjord, from town to village, with regular departure times. Travel differently and see the fjord in all its majesty! **ad p. C4, 69, 149**

Tadoussac Autrement

$®

100, rue du Bord-de-l'Eau, Tadoussac
418 235-3333 – tadoussacautrement.com
Open: May to October.

Whale-watching cruises in a 12-passenger Zodiac boat and fishing excursions on the Saguenay fjord and St Lawrence river.

Voile Mercator

100, rue Bord de L'Eau, Tadoussac
1 888 674-9309 – voilemercator.com
Open: May to October.

Beginner and intermediate sailing courses leading to certification. Do you want to learn how to navigate safely and acquire the skills to become autonomous? Come on board one of our comfortable live-in sailboats and navigate on the magnificent Saguenay Fjord or in the St Lawrence estuary. School approved by Voile Québec / Voile Canada and accredited for quality and security by the AEQ.

Croisières Essipit

498, rue de la Mer, Les Bergeronnes
418 232-6778 – 1 888 868-6666
vacancesessipit.com
Open: June 5 to October 12.

Live an exciting whale watching adventure on board our Zodiac type boats (Five 12-passenger and one 36-passenger). Participate in a privileged and personalized sea experience with our naturalist captains who are passionate about the marine environment! From June to October at the wharf in Bergeronnes, east of Tadoussac. Duration: 2 hours. Meet the largest mammals on the planet! **ad p. 57, 185**

Croisières Neptune

Croisières Neptune

507, rue du Boisé, Les Bergeronnes
418 232-6716 – 1 877 763-7886
croisieresneptune.net
Open: June 1 to October 15.

Take a trip to discover marine mammals on board our covered Zodiacs with retractable windows. Family business specialising in whale-watching excursions for over 28 years. Safety and comfort guaranteed with our experienced captains and our bilingual naturalist guides who'll tell you lots of interesting information and entertain you during the trip. We have a kiosk at Les Bergeronnes and at Les Escoumins.

Croisière Escoumins

35, rue des Pilotes, Les Escoumins
418 233-4061 – 1 866 225-3463 – croisierebaleine.ca
Open: June to October.

Adventure the whales' paradise on board a new generation of safer and more environmentally friendly Zodiac. This sector of Escoumins is recognized as the best whale-watching site in the Saguenay–St. Lawrence Marine Park. You're guaranteed too see whales or your money back. Experienced local captains, theme cruises (photography and biology).

Les Écumeurs du Saint-Laurent

31, rue des Pilotes, Les Escoumins
418 233-2141 – 1 888 817-9999 – lesecumeurs.com
Open: June to October.

The company, Les Écumeurs du Saint-Laurent, are proud members of l'Alliance Éco-baleine that acts as a quality indicator for whale watching. We are proud to welcome you on boats with a 12 and 30 passenger maximum to ensure the best experience and interpretation during observation periods, in addition to increased speed for moving more quickly between the observation sites and for better visibility to admire the whales.

Horseback riding and wagon rides

Lac-Saint-Jean

Centre équestre Les Écuries Mistouk

4251, chemin Saint-François, Alma
418 550-7514 – lesecuriesmistouk.webs.com
Open: Year-round.

Enjoy a magical moment on a horseback riding escapade. Available year-round, our excursions offer an introduction to our beautiful forests and woodlands no matter the season. Ride along the shores of the Mistouk river along our natural trails through the boreal forest. A truly dream like experience!

Centre équestre Les Écuries Mistouk

© Croisières Neptune, Centre équestre Les Écuries Mistouk

Route du Fjord

Centre équestre des Plateaux

34, chemin des Plateaux, L'Anse-Saint-Jean
418 272-3231 – cedp.ca
Open: Year-round.

Site near the Fjord, calm and well dressed horses.
Duration: 1 hour, 3 hours, 1 day, 2 days with initiation.

Climbing

Saguenay

Parcours Aventures

Jonquière Borough
1 833 777-0071 – parcoursaventures.com
Open: Mid-April to mid-October.

Easily accessible climbing sites in Chicoutimi and Jonquière. Let us help you discover our "vertical" passion. With friends, family or as a couple, come and enjoy a new adventure with our rock-climbing discovery package (half-day) or initiation (1 day). Our activities, accessible to all, are supervised by certified instructors of the Québec mountain and climbing federation.

Parcours Aventures

Chicoutimi Borough
1 833 777-0071 – parcoursaventures.com
Open: Mid-April to mid-October.

Easily accessible climbing sites in Chicoutimi and Jonquière. Let us help you discover our "vertical" passion. With friends, family or as a couple, come and enjoy a new adventure with our rock-climbing discovery package (half-day) or initiation (1 day). Our activities, accessible to all, are supervised by certified instructors of the Québec mountain and climbing federation.

Parcours Aventures

Golfing

Lac-Saint-Jean

Club de Golf Lac-Saint-Jean

15, chemin du Golf, Saint-Gédéon
418 345-8877 – golflacstjean.qc.ca

Number of Holes : 18 – Par : 72
Length (yards) : 6700 – Services :

The Lac-Saint-Jean Golf Club offers pleasant, affordable, first-class golf activities. Located in an enchanting setting close to Lac Saint-Jean, you'll enjoy a great game with 18 courses : 4 at par 3, 10 at par 4 and 4 at par 5. Other services include a practice range, restaurant, bar, boutique, equipment for rent and a reception room.

Golf Domaine Lac-St-Jean

776, rue Principale, Saint-Prime
418 251-2831, ext. 27 – golfstprime.qc.ca

Number of Holes : 18 – Par : 72
Length (yards) : 6428 – Services :

18-hole golf course with practice range and all the usual services of a golf club.

Saguenay

Club de Golf Saguenay Arvida

2680, boul. du Saguenay, Jonquière Borough
418 548-9353 – golfsaguenayarvida.com

Number of Holes : 18 – Par : 70
Length (yards) : 6200 – Services :

Discover one of the best golf courses in Quebec at the Club Saguenay Arvida, which celebrated its 90th anniversary in 2017! Located in the centre of Saguenay, on the banks of its famous river, it has a magnificent 18-hole course designed by the famous architect Stanley Thomson. Services offered include a boutique, lessons given by qualified teachers and organized tournaments.

A wise golfer always makes a reservation before tee time.

© Parcours Aventures

Club de Golf Saguenay Arvida

Club de golf Chicoutimi

2743, boulevard Talbot, Chicoutimi Borough
418 549-6608 – golfchicoutimi.com

Number of Holes : 18 – Par : 72
Length (yards) : up to 6750 – Services :

Our golf club is the perfect place to learn this popular sport. We have an 18-hole course and a training ground for tournament preparation. Are you a beginner? Register for one of our courses! Our academy welcomes golfers of all levels and has private or group lessons. Located at the entrance to the city of Chicoutimi, we also offer good value for money.

Club de Golf Le Ricochet

1571, boulevard Saint-Jean Baptiste,
Chicoutimi Borough
418 693-8221 – clubdegolflericochet.com

Number of Holes : 2 X 9 – Par : 27 and 36
Length (yards) : 945 and 3026 – Services :

Le Ricochet is a public golf club (no members). Two courses are available to get you started : a 9-hole par 36 course over a distance of 3026 yards, quite hilly and challenging, as well as a 9-hole par 27 course over a distance of 945 yards. Golfers can also enjoy 30 well-lit positions for striking practice and an 18-hole minigolf. Green and training sandtrap.

Club de golf Port-Alfred

851, 4e rue, La Baie Borough
418 697-5109 – golfportalfred.com

Number of Holes : 18 – Par : 72
Length (yards) : 6532 – Services :

Located in the heart of the city, near the cruise wharf with stunning views of Baie des Ha! Ha!, Club de golf Port-Alfred offers an image representative of our region's quality landscapes. Public golf course with members. Rentals available for groups. Competitive prices with our good-value package deals.

Sea kayaking and white water kayaking

Lac-Saint-Jean

Équinox Aventure $

250, rang des Îles, Saint-Gédéon
418 720-6663 – 1 888 668-7381
equinoxaventure.ca
Open: June to September.

Organisation of kayak-camping on Lac Saint-Jean with rentals of sea kayaks and camping equipment. Sea Kayaking Training (FQCK). Initiation. Shuttle for canoe and kayak all over the region.

Port de Plaisance d'Alma $

10, avenue du Quai, Alma
418 662-0348 – portdeplaisance.ca
Open: June to August.

Through our partners at Équinox Aventure, we offer kayak fishing. Discover the beauty of La Petite Décharge River! **ad p. 192**

Saguenay

Parc de la Rivière-aux-Sables $

2230, rue de la Rivière-aux-Sables, Jonquière Borough
418 698-3000 – tourisme.saguenay.ca
Open: Saint-Jean-Baptiste to Labor Day.

A great place for fun activities such as water playground, pétanque and shuffleboard. Located on the banks of the Rivière aux Sables, the park is also great for cyclists or joggers thanks to the spectacular aluminium bridge. Discover local products at the farmers' market, rent a boat or a pedalo or go fishing for trout

Parc de la Rivière-aux-Sables

© Club de Golf Saguenay Arvida, JM Decoste

OrganisAction

$®

94, rue Jacques-Cartier Est, Chicoutimi Borough
418 579-8763 – organisaction.com
Open: March to October.

Sea kayak along the Saguenay Fjord and reveal its secrets supervised by our team of certified and passionate guides. Whether over the course of a few hours or days, its immensity, steep cliffs and rebellious waters are sure to make a lasting impression. Contact us for more information! In addition, we also offer customizable multi-activity packages with a and a vehicle transfer service for longer trips. Reservation required.

Route du Fjord

OrganisAction

$®

91, rue Notre-Dame, Parc national du Fjord-du-Saguenay (secteur Baie-Éternité), Rivière-Éternité
418 272-1556 – organisaction.com
Open: March to October.

Sea kayak along the Saguenay Fjord and reveal its secrets supervised by our team of certified and passionate guides. Whether over the course of a few hours or days, its immensity, steep cliffs and rebellious waters are sure to make a lasting impression. Contact us for more information! In addition, we also offer customizable multi-activity packages with a and a vehicle transfer service for longer trips. Reservation required.

Fjord en kayak

$

359, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3024 – 1 866 725-2925
fjordenkayak.ca
Open: Mid-May to the beginning of October.

We have been giving sea-kayaking tours of the Saguenay Fjord for more than 20 years. Named one of Destination Canada's Canadian Signature Experiences. Family-only tours. Two-hour trips for children ages three and up, and between three-hour and full-day options for adults. Two to four-day expeditions with gourmet meals included. Small groups, quality fibreglass kayaks, and highly qualified guides. Sailing, cruise, and bike rental options. **ad p. 72, 152**

OrganisAction

$

99, chemin Saint-Étienne, Petit-Saguenay
418 272-3193 – organisaction.com
Open: March to October.

Sea kayak along the Saguenay Fjord and reveal its secrets supervised by our team of certified and passionate guides. Whether over the course of a few hours or days, its immensity, steep cliffs and rebellious waters are sure to make a lasting impression. Contact us for more information! In addition, we also offer customizable multi-activity packages with a and a vehicle transfer service for longer trips. Reservation required.

Parc Aventures Cap Jaseux

$

250, chemin de la Pointe-aux-Pins, Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
Open: May 16 to October 12.

Looking to discover Saguenay from a different angle? We have the perfect place for an introduction to sea kayaking! Explore the Saguenay Fjord and its ecosystem from sunrise to sunset or for a half day. You'll be privy to breathtaking landscapes! Family trips available (3 years and over). Full moon, meteor shower and full-day trips also available. **ad p. 55**

Pourvoirie Homamo

$®

Lac Itomamo 102 km, L-200, Saint-Fulgence
418 831-5674 – homamo.ca
Open: July and August.

Whitewater rafting or kayaking, with or without fishing, camping or guide. Two-night minimum stay for your adventure. Accessible via route L-200 from Saint-Fulgence. Located at Lac Itomamo in the Monts Valin.

Aventure Rose-des-Vents

$

136, rue du Quai, Sainte-Rose-du-Nord
418 675-2625 – aventurerosedesvents.com
Open: May to mid-October.

Rowing through here gives visitors a remarkable view of the most beautiful, picturesque village in Quebec and shares the fantastic history of its original inhabitants. Our experienced guides aim to please and offer you a choice of two or three-hour personalized sea kayak trips. All ages are welcome. Come experience the fjord as a family, with friends, or even alone!

Côte-Nord

Centre de vacances Ferme 5 étoiles $

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Mid-May to October.

Discover the Saguenay Fjord splendors from within in a sea kayak. As you paddle along the fjord, you may come across seabirds, seals or even belugas. With a professional guide, you'll experience an unforgettable adventure, no matter if it's during our half-day excursions with phenomenal scenic vistas, or during a sunset excursion as you watch the fjord in all its splendor. **ad p. 13, 72**

Kitesurfing

Lac-Saint-Jean

Progression Kite $Ⓡ

Métabetchouan-Lac-à-la-Croix
418 590-5041 – progressionkite.com
Open: Mid-April to mid-October.

Come and whisk across the water at Saint-Gédéon or La Baie with kitesurf professionals. Progression Kite has courteous high-quality service as well as equipment adapted to your level and to conditions. Above all, safety is a major concern at Progression Kite (certified IKO and AEQ). For a unique feeling, come and learn this wonderful sport with us!

Riverboarding

Lac-Saint-Jean

H2O Expédition et aventure $

125, rue du Quai, Desbiens
418 346-7238 – 1 866 697-7238
aventure-expedition.com
Open: June to October.

A high octane water sports activity! Speed down the rapids lying on a riverboard. (Physically demanding)

Marinas, public docks and boat landings

Lac-Saint-Jean

Marina de Saint-Gédéon Ⓢ

636, rue du Pont, Saint-Gédéon
418 345-8001, ext. 2224 – st-gedeon.qc.ca
Open: May to October.

Public boat launching ramps provide access to the river in Belle Rivière and to Lac Saint-Jean. Parking available. Free services include access to the gazebo, picnic areas, washrooms and play structures for children. Club nautique Belle-Rivière is close by and offers visitors the option to rent a wharf for the day. **ad p. 14**

Club nautique de Roberval ᯤⓈⓇ

854, rue Arthur, Roberval
418 765-0115 – marinaroberval.ca
Open: End of May to the end of September.

Located near downtown, with a direct access to Lac Saint-Jean and to a multitude of services. The marina site offers a restaurant, an ice cream counter and a park for children. Classified "five anchors and five drops" by the Association maritime du Québec, the marina's capacity is 195 docking sites, of which 30 are available at all times for visitors.

Club nautique de Roberval

Carrefour d'accueil Ilnu ᯤⓈ

1516, rue Ouiatchouan, Mashteuiatsh
418 275-7200 – kuei.ca
Open: May to November.

Public boat launch available for small and medium boats: access via the parking area of the Carrefour d'accueil Ilnu. Direct access to the majestic Pekuakami (Lake Saint-Jean). A few parking places available for up to 12 hours. Services nearby: visitor information, washrooms, bike trail, tourist site and places to eat, all less than 80 meters away. Electric bicycle charging station. Lake access permit for sale on-site. **ad p. C6, 112**

© Ville de Roberval

Débarcadère du Bôme

3585, chemin du Bôme, Saint-Félicien
418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca
Open: May to October.

The Bôme wharf is located at the mouth of the majestic Lac Saint-Jean and of the beautiful Mistassini River, which are both accessible. Enjoy the magnificent scenery offered at the Bôme tower. Depth at dock: 13.7 m.

Débarcadère du quai municipal

1058, boul. du Sacré-Coeur, Saint-Félicien
418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca
Open: May to October.

Located downtown along the shores of the majestic Ashuapmushuan River, you can use the free municipal landing dock to launch your boat. Numerous docks are available for visitors who can take advantage of the services, enjoy a nice meal or a stroll through the town. Washrooms, play area and picnic tables on site. Depth at dock: 5 m.

Marina Centre de loisirs Belle-Vue

1065, rue Bellevue Sud, Saint-Félicien
418 679-7643 – 1 877 525-9888
marinasaintfelicien.com
Open: May to October.

Marked by illuminated buoys, the Ashuapmushuan river leads you to the Belle-Vue Marina. It has 66 docks, including 12 for visitors. Services available include water, electricity, fuel, waste-water drainage, restaurant-bar and wifi. Enjoy the family play areas and admire the beautiful view of the river from the terrace! Depth at dock : 3 metres.

Marina de Péribonka

375, rue Édouard-Niquet, Péribonka
418 374-1001 – peribonka.ca
Open: June to September.

The harbour offers direct access to the majestic Lac Saint-Jean. Located along the Péribonka River, it is truly the ideal place to stop. Docks are available for recreational boating with a number of services, including gas, power, picnic tables, showers, barbecue, launching ramps and parking. Bistr'eau Pub Péribonka, convenience store, gas station, municipal camping and water shuttle are also available. **ad p. 36**

Centre de villégiature Dam-en-Terre

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
Open: June to September.

Marina of 144 sites located in the Dam-en-Terre bay along the Grande-Décharge River with gas station, ice for sale and pump-out station. Sites reserved for clients-guests, giving access to many services and activities at the Centre de villégiature Dam-en-Terre (fees apply). **ad p. 40, 41**

Centre de villégiature Dam-en-Terre

Port de plaisance d'Alma

10, avenue du Quai, Alma
418 662-0348 – portdeplaisance.ca
Open: June to September.

The Alma marina offers 31 docking sites, including 25 seasonal sites and 6 daily rental sites. Boat launch, picnic area, kayak rentals and fishing. Gas station, pump-out station and public bathrooms available on-site. **ad p. 192**

Saguenay

Camping Jonquière

3553, rue Saint-Dominique, Jonquière Borough
418 542-0176 – campingjonquiere.com
Open: June to September.

An attractive marina with 63 sites for boats as well as 10 sites for personal watercraft. Direct access to majestic Lake Kénogami, an ideal body of water to practice different nautical activities. There are also docks for visitors.

Débarcadère de Saint-Charles-de-Bourget

357, rang 2, Saint-Charles-de-Bourget
418 672-2624 – stcharlesdebourget.ca
Open: June to September.

Free wharf access for motor boats on the Saguenay River. 16 places available to dock your boat for the season.

© Centre de villégiature Dam-en-Terre

Route du Fjord

Halte du lac Otis $

494, rue Principale, Saint-Félix-d'Otis
418 544-5543, ext. 2201 – st-felix-dotis.qc.ca
Open: Summer season.

Located on the shore of Lake Otis, our site gives you the opportunity to discover the splendours of our little community, Saint-Félix-d'Otis, by kayak or rowboat.

Quai de Petit-Saguenay $

35, rue du Quai, Petit-Saguenay
418 272-2323 – petit-saguenay.com
Open: May to October.

The dock in Petit-Saguenay is a privileged access point to the Saguenay. Offering a view along 32 km of the fjord, it's the ideal place for diving, picnicking, trying your hand at smelt fishing or admiring the spectacular sunsets. Boaters will be pleased with the dock's facilities that include a boat landing, pontoons and bathrooms.

Halte nautique de Sainte-Rose-du-Nord $

126, de la Descente-des-Femmes,
Sainte-Rose-du-Nord
418 675-2250 – ste-rosedunord.qc.ca
Open: May to October.

Boat launch to accommodate kayakers and allow sailors to launch their boats.

Shuttles

Lac-Saint-Jean

Les Taxi Stéphane Lavoie $

1177, rue des Pins, Saint-Félicien
418 679-3330 – lestaxistephanelavoie@gmail.com
Open: Year-round.

We offer all of our customers courteous and personalized transportation services throughout the Lac-Saint-Jean region, to or from the Saint-Félicien area. Discounts available for reservations made at least 48 hours in advance. An itinerary according to your needs. Electronic payments accepted. A delivery service for small purchases to your accommodations. Float of hybrid vehicles.

Marine shuttle (service between Péribonka and Pointe-Taillon) $

375, rue Édouard-Niquet, Péribonka
418 720-8215 – peribonka.ca
Open: June to September.

Located directly along the Véloroute des Bleuets, the municipality of Péribonka is an ideal starting point for bicycle touring. The bike path skirts along the river's banks, transporting you into the heart of the village where you can board the marine shuttle. Enjoy Lac Saint-Jean's unparalleled beauty and wilderness along the trails in Parc national de la Pointe-Taillon.
ad p. 36

Saguenay

Gestion Plein Air Pikauba ®

4239, chemin de l'Église, 9000, route de Kénogami,
Jonquière Borough
418 720-4349 – denis.lalonde@cablolarouche.com
Open: 15 May to 1 November, Winter, by snowmobile: from 1 January to 15 March.

Transport on land and water for hikers who wish to walk the Lac Kénogami hiking trail. The 40 km trail, located south of the lake, is accessible by car at both extremities. Access to the central area is by boat. Services offered include car moving, transport on land or water for people or luggage, daily transport of backpacks between shelters and campgrounds.

Navettes maritimes du Fjord $

900, rue Mars, La Baie Borough
418 543-7630 – 1 800 363-7248
navettesdufjord.saguenay.ca
Open: June to October.

The principle at Navettes maritimes du Fjord is simple: offer visitors an alternative way of travelling which allows them to get from one place to another with a regular schedule and guaranteed departure times. Cyclists are welcome to bring their bikes on board our ships. This means of transport is also a good way to avoid certain more difficult sections of the Véloroute du Fjord du Saguenay bike trail. **ad p. C4, 69, 149**

Route du Fjord

OrganisAction

162, route 170, L'Anse-Saint-Jean
418 579-8763 – organisaction.com
Open: Year-round.

Take advantage of our shuttle services on land or sea, or our vehicle transfer service, for your tourist activities in the region. With our professional team of drivers and captains, you'll always travel in safety. Contact us for further details! We also offer multi-activity packages or kayak expeditions of several days.

Charlevoix

Traverse Saint-Siméon / Rivière-du-Loup

199, rue Hayward, Rivière-du-Loup
418 862-9545 – traverserdl.com
Open: April 9, 2020 to January 2, 2021.

Escape and be privy to the wonders between Rivièredu- Loup and Saint-Siméon on board the N. M. Trans– Saint-Laurent, an enormous, comfortable ferry. Brace yourself for an incredible adventure you will adore. We organize animated activities during the summer months. Boarding is on a first-come, first-served basis. The crossing between the two rivers takes about 65 minutes. **ad p. 57**

Wildlife-watching and nature interpretation

Lac-Saint-Jean

Arboretum de la presqu'île Croft

2e rang Est, 32e Chemin, Métabetchouan-Lac-à-la-Croix
418 349-2060, ext. 2232 – ville.metabetchouan.qc.ca
Open: Year-round.

The regional native forest was recreated on this exceptionnal site by planting over 2,000 trees. The site includes a hiking, cycling and walking trails, besides cross-country skiing and snowshoeing during the winter.

Black bear and beaver observation

2048, route de Roberval, Roberval
418 218-1994 – pecheblanche.net
Open: May to December.

Live an up close and personal experience with black bears and beavers! An authentic experience in the boreal forest with an experienced guide. We accept a maximum of 8 people per evening to ensure a high quality adventure. Black bear observation is carried out in a safe environment at the top of an observatory along the shores of a small lake built by beavers. Advance booking only. We look forward to seeing you!

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: Year-round.

Are you interested the Boréalie faun and cold regions? Visit the Zoo Sauvage de Saint-Félicien for countless stunning observations! Itinerary: a train ride through the Nature Trail Park, an Adventure in the Land of the caribou, a discovery of the boreal flora and the nursery, water games, and a picnic for the whole family. In the evening, attend Anima Lumina, a nocturnal journey through the Zoo. Looking forward to seeing you there! **ad p. C2, 12, 63**

Aventuraid – Parc Mahikan

2395, rang Lapointe, Girardville
418 258-3529 – aventuraid.qc.ca
Open: Year-round.

Live an unforgettable encounter with three wolf packs (40) living in semi-freedom at the wolf observation and interpretation centre of our Parc Mahikan. In addition to, hiking or snowshoeing, observation and interpretation of wildlife and plant life of the boreal forest along our trail network a woodland setting. On reservation. Outdoor Ethics Leave no trace Canada.

Aventuraid

© Aventuraid

Parc national de la Pointe-Taillon

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
Open: Year-round, services available from May to October only.

Animals are abundant in Pointe Taillon... Including beavers who mark their presence with dams and fallen tree trunks. Moose have also established their headquarters in the park. During the migration period, Canada geese and the greater snow goose visit the park by the thousands. In recent years, sandhill cranes have also been observed in the territory during the spring. **ad p. 50, 69**

Saguenay

Bois Rond Expérience

7525, boul. de la Grande-Baie Sud,
La Baie Borough
418 540-9985 – boisrondexperience.ca
Open: Year-round.

Discover the habitat and unique way of life of the beaver, the greatest log architect in Canada! Our guides will show you the beaver's complex works while you take a hike or a boat trip. Learn about the different ecosystems in the forest environment and look out for signs of the presence of various animals. You'll see what it's like in a private forest, a natural environment where we aim to preserve biodiversity. Year-round activity.

Okwari Aventures

7400, chemin des Chutes, La Baie Borough
418 697-5132 – okwariaventures.com
Open: Year-round.

In summer, take a ride in a rabaska canoe; discover the boreal forest of Québec and observe the black bear in its natural habitat. We also offer the possibility of a remarkable trip into the heart of the First Nations' culture. In winter, go snowshoeing, dogsledding, snowmobiling or ice-fishing with our enthusiastic guides! Don't miss the most original activities in La Baie!

OrganisAction

OrganisAction

La Baie Borough
418 579-8763 – organisaction.com
Open: Year-round.

Venture safely in the forest with the expertise of our naturalist guide. Discover the world of ecosystems and microsystems in the Saguenay backcountry in 3, 6 or 36 hour packages. We also offer multi-activity packages and sea kayaking and canoe excursions. On reservation.

Zoo de Falardeau (Refuge faunique)

296, 2e Rang, Saint-David-de-Falardeau
418 673-4602 – zoodefalardeau.com
Open: Year-round.

A zoo and also an animal sanctuary, the Falardeau Zoo is a not-to-be-missed experience for animal-lovers. You'll be able to get closer to the animals than ever before, in the nursery as well as in the trails. It's a great family activityand you'll learn a lot about a hundred different species from all continents. Be sure to reserve in advance if you wish to take a guided tour!

Route du Fjord

OrganisAction

162, route 170, L'Anse-Saint-Jean
418 579-8763 – organisaction.com
Open: Year-round.

Walk, kayak or use an inflatable boat to venture safely through the wilderness. Our interpretive guides bring you to explore the various wildlife habitats all year round. In addition, we offer multi-activity packages and several days expeditions.

OrganisAction

99, chemin Saint-Étienne, Petit-Saguenay
418 549-8786 – organisaction.com
Open: May to October.

Embark on an inflatable canoe cruise and discover the sea mammals of the Saguenay Fjord. Our captains and nature interpreters—proud members of the Eco-Whale Alliance—will guide you through following the safety regulations and rules for observing sea mammals. In addition, we offer multi-activity packages and sea kayaking expeditions.

© Charles-David Robitaille

Parc national des Monts-Valin

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
Open: June to October and December to March.

Thirty-seven species of mammals are recorded in the database. There are 134 entries grouped into 37 families on the list of known bird species. To date, studies have enumerated 439 species of plants, of which two-thirds are of boreal affinities. A large number of plants from temperate environments and some alpine arctic plants have been identified. The park is proud to have 9 of blueberries on their land.

ad p. 50, 69, 135

Pourvoirie Homamo

chemin forestier L-200, (TNO, secteur des Monts-Valin), Saint-Fulgence
418 831-5674 – homamo.ca
Open: May to October.

Main activities: hunting and fishing over a territory of 129 sq km with 65 lakes and 3 majestic rivers. Black bear observation. Wild mushroom and berry picking. Hiking trail with maintained panoramic scenic lookouts. Various additional activities including kayaking and boating. Nature interpretation service.

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Year-round, mornings only.

Why not combine your visit of our domestic and wild animals with a unique wolf encounter? This approach that's unique in Québec, will give you the opportunity to understand and to live an exclusive moment with our wolves. You'll need to establish a bond of trust with our grey and artic wolves. Interpretation and discovery of their way of life. An unforgettable moment during your holidays!

ad p. 13, 72

Gîte Domaine de nos Ancêtres

1895, route 172 Sud,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551 – ours-noir.net
Open: May to October, variable schedule.

At 10 km from Tadoussac, watch the black bear in its natural environment. Our passionate guide will introduce you to this legendary animal, comfortably installed in a secured lookout. The chances of watching a bear eating are very high. A video will be presented where we save orphan baby bears, and you'll be able to see everything that we do at our refuge. Visit duration depends on sun setting times.

Croisières AML

177, rue des Pionniers, Tadoussac
418 237-4274 – 1 800 563-4643
croisieresaml.com
Open: May to October.

Discover the spectacular beauty of the Saguenay Fjord and its marine mammals on board the AML Zéphyr and the AML Grand Fleuve, or in a dinghy. Surrounded by the beauty of nature, you'll sail comfortably through the fjord admiring the extraordinary landscape! Take a deep breath of the fresh marine air and immerse yourself in the natural beauty of this unspoilt environment!

ad p. 59

Pourvoirie des Lacs à Jimmy - Essipit

Observation de l'ours noir - Pourvoirie des Lacs à Jimmy

62, route 138, Tadoussac
418 235-4814 – 1 888 868-6666
vacancesessipit.com
Open: Mid-June to mid-September.

Safely observe the black bear in its natural environment in a fenced enclosure with an experienced guide. The curious and cunning black bear is fascinating to watch! Daily departures with reservations and only 8 km from Tadoussac at the Pourvoirie des Lacs à Jimmy. We also offer whale watching cruises on board our Zodiac-style boats with departures from Bergeronnes. A safe way to enjoy exciting discoveries!

ad p. 57, 185

© Pierre Rambaud

Croisières Neptune

507, rue du Boisé, Les Bergeronnes
418 232-6716 – 1 877 763-7886
croisieresneptune.net
Open: June 1 to October 15.

Discover the sea mammals on board our inflatable canoes and certified by the Canadian Coast Guard. A family-run business specializing in whale tours for more than 25 years. Safety and comfort guaranteed with our experienced captains and bilingual nature interpreters that will teach and entertain you throughout your tour. We have an information kiosk at Les Bergeronnes and Les Escoumins.

Adventure trails

Lac-Saint-Jean

Gestion Récréotouristique du Mont Lac-Vert

173, chemin du Vallon, Hébertville
418 344-4000 – 1 888 344-1101 – montlacvert.qc.ca
Open: May to October.

Located on the top of the mountain, our 22-module obstacle course is a unique outdoor activity for families to enjoy. A challenge and surprise awaits you at every turn. Included in the trail access fee. Admission is free for children five years and under. During the Festival of Colours, from September to October, ride the gondola every Saturday and Sunday between noon and 3:30 pm. Visit our website for more information. **ad p. 20**

Route du Fjord

Parc Aventures Cap Jaseux

250, chemin de la Pointe-aux-Pins,
Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
Open: May 16 to October 12.

Feeling adventurous? Our obstacle courses are perfect for the whole family (Bambino, Children's Adventures, and Regular and Zipline Adventures). Experience a sensory overload from one platform to the next with the majestic landscapes of the Saguenay Fjord behind you. Still craving more? The UNIQUE Extreme Adventures course is revolutionary! Numerous challenges await. Adrenaline rush and intensity guaranteed!
ad p. 55

Côte-Nord

Chalets Camping Domaine des Dunes

585, chemin du Moulin-à-Baude, Tadoussac
418 235-4843 – domainedesdunes.com
Open: Mid-May to mid-October.

The treetop aerial adventure trail that includes 23 challenges perfect for the entire family. An outdoor activity with exercises on cedar wood modules and ropes on a ground covered with wood shavings, making it soft and pleasant like forest moss. Test your balance on a spider web, when rappelling or on a rope bridge and so much more. Discover on the trail our interpretation panels on the wildlife and plant life.

National and regional parks

Lac-Saint-Jean

Parc régional des Grandes-Rivières du lac Saint-Jean

400, boulevard des Pères, Dolbeau-Mistassini
418 276-8222, ext. 4511 – grandesrivieres.com
Open: Year-round.

The regional Park showcases the landscapes of lac Saint-Jean's northern rivers. Its vast network of trails is perfect for hiking, cycling, snowshoeing and cross-country skiing. Quaders and snowmobilers can choose from a number of quality tours. Some of the Park's outfitters offer canoe and camping trips as well as dogsledding and snowmobiling adventures. You can reserve your wilderness campsite online.

Parc national de la Pointe-Taillon

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
Open: Year-round, services available from May to October only.

The park forms a large peninsula that extends from the waters of Lac Saint-Jean and the Péribonka River. This 97.5 km² territory protects a portion of the natural region of the Saguenay–Lac-Saint-Jean lowlands. Pointe Taillon offers a landscape with sandy plains and flat land, without hills or mountains. Visitors will be enchanted by the maritime and seaside ambiance from the sandy shores as far as the eye can see.
ad p. 50, 69

Route du Fjord

Parc national du Fjord-du-Saguenay

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
Open: Mid-May to end of October.

The Parc national du Fjord-du-Saguenay preserves and promotes the Saguenay fjord natural heritage, a unique environment in Québec. Short and long hiking trails in a network of over 100 km, will take you to the door of phenomenal scenic viewpoints. Via ferrata, cruises, sailing, sea kayaking, rabaska boats, Zodiacs and many other ways to discover the landscapes surrounding the fjord and the Saguenay–St. Lawrence Marine Park. **ad p. 50, 69**

Parc national des Monts-Valin

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
Open: June to October and December to March.

The nothern region of the Parc national des Monts-Valin protects and showcases the region surrounding Mont Valin. During the summer, hiking, canoeing, fishing and vacationing are the main activities. During the winter, snowshoeing and alpine skiing bring hikers to meet the snow-covered mommies and ghosts.
ad p. 50, 69, 135

Côte-Nord

Parc national du Fjord-du-Saguenay

1121, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-1162 – 1 800 665-6527 – sepaq.com/pq/sag
Open: Mid-May to the end of October.

The Parc national du Fjord-du-Saguenay preserves and promotes the Saguenay Fjord, a unique environment in Québec. A network of more than 100 km of short or long-distance trails that lead to the forefront of magnificent landscapes on the mountains and the Saguenay–St. Lawrence Marine Park. Discovery activities, wildlife observation, hiking expeditions... so many activities to discover the fjord! **ad p. 50, 69**

Public beaches

Lac-Saint-Jean

Camping Villa des Sables

600, 10e Chemin, Métabetchouan-Lac-à-la-Croix
418 345-2655 – campingvilladessables.com
Open: June to August.

This campground, located 15 km from Alma and 25 km from Roberval, boasts a long beach on the shores of Lac Saint-Jean. Activities include beach volleyball, petanque, horseshoes and games for kids. Access to the Véloroute des bleuets bike path. If you're a nature lover, this is for you!

Centre récréotouristique Le Rigolet

18, rue Saint-André, Métabetchouan-Lac-à-la-Croix
418 349-3696 – ville.metabetchouan.qc.ca
Open: June to August.

Recreational centre with a beach on lac Saint-Jean, hiking trail, parking area, RV campers authorized, places to eat, bathrooms and a public park. Swimming under supervision between 11 a.m. and 5:30 p.m.

Camping Plage Blanchet

121, route 169, Chambord
418 346-5436 – campingblanchet.ca
Open: June to August.

With its 2 000 square feet of fine sand and its palm leaf beach huts, the beach at Camping Blanchet gives you a great view of Lac Saint-Jean, a real inland sea. The campground is right in the centre of the region's tourist attractions.

Plage municipale de la Pointe Scott

850, boulevard de la Traversée, Roberval
418 275-0202, ext. 2303 – ville.roberval.qc.ca
Open: Mid-June to mid-August.

The Pointe-Scott beach offers swimming under supervision from 11 a.m. to 6 p.m. A service pavilion is also available including 2 showers, 2 bathrooms and changing rooms. Access to the site is free. In addition to the beach, nearby are 2 lit-up beach volleyball courts and a picnic area with swings. The Véloroute des Bleuets bike trail is less than 200 m from the site.

Camping Plage Robertson

2202, rue Ouiatchouan, Mashteuiatsh
418 275-1375 – campingquebec.com/plagerobertson
Open: May to October.

Enchanting woodland site with a soft sandy beach on the shores of Lac Saint-Jean where you can see a magnificent sunset every evening. Ideal spot for bathing and beach games. This is where you'll find the sun all summer!

Plage Vauvert-sur-le-Lac-Saint-Jean

488, route de Vauvert, Dolbeau-Mistassini
418 374-2746 – vauvertsurlelacsaintjean.com
Open: June to September.

7 km long beach with lifeguard and free access for everyone. Washrooms and changing rooms.

Camping & Plage Belley

100, chemin Belley, Saint-Henri-de-Taillon
418 347-3612 – campingbelley.com
Open: May to September.

Just a few kilometers from Alma, there's an exceptional site on the shores of majestic Lake Saint-Jean: the Belley campground and beach. There's a 3 km fine sandy beach and with 326 sites with or without services, you're sure to find the ideal spot. Whether it's for a short stay or for your whole vacation, Belley campground and beach is the holiday destination of your dreams.

Parc national de la Pointe-Taillon

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
Open: June to August.

The park's long sandy shoreline offers an access point to Lac Saint-Jean, a real 1,100 km² inland sea. Enjoy supervised swimming and watercraft rentals in the service area. The perfect place to take advantage of the lake's quietness and warm water. Kids' game area, volleyball courts and places to eat on the site.

ad p. 50, 69

Camping Colonie Notre-Dame

700, chemin de la Baie-Moïse, Alma
418 662-9113
campingquebec.com/colonienotredame
Open: June to August.

Wide beautiful sandy beach with a view of small islands.

Centre de villégiature Dam-en-Terre

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
Open: June to September.

Beach located in the Dam-en-Terre bay along the Grande-Décharge River. Paid parking and free access to the beach.

ad p. 40, 41

Saguenay

Camping Jonquière

3553, rue Saint-Dominique, Jonquière Borough
418 542-0176 – campingjonquiere.com
Open: June to September.

An attractive marina with 63 sites for boats as well as 10 sites for personal watercraft. There's a magnificent beach which can accommodate up to 1500 people. The following facilities are available: a lifeguard, restaurant, a sanitary block and changing rooms. Unique in Québec: a wakeboard park. Come and try it!

Centre Touristique Lac-Kénogami (SÉPAQ)

9000, route de Kénogami, Jonquière Borough
418 344-1142 – 1 800 665-6527
sepaq.com/kenogami
Open: June to September.

A stunning, fine sandy beach with fun for the whole family! Its gentle slope gives access to the water. Rent a canoe, paddleboat, paddleboard, or kayaks and yoga kayaks. Paddle alone or in tandem—it's up to you! To satisfy your cravings, visit our snack bar. The beach is not monitored by a lifeguard.

ad p. 50, 69

Camping & Plage Belley

© Camping & Plage Belley

Route du Fjord

Camping municipal de Saint-Félix-d'Otis

400, sentier Saint-Hilaire, Saint-Félix-d'Otis
418 697-1617 – campingstfelixdotis.com
Open: May to September.

The only public beach on the south shore of the Saguenay Fjord, the municipal camping beach is appreciated for the site, the quality of the swimming water and the friendly atmosphere. Campers and visitors are welcome on this beach located close to the restaurant and comfort stations, making this beach a convenient place to enjoy swimming, warm sand and a great view of the Lac Otis shoreline.

Plage Saint-Étienne - Village-Vacances Petit-Saguenay

99, chemin Saint-Étienne, Petit-Saguenay
418 272-3193 – 1 877 420-3193 – villagevacances.ca
Open: May to October.

A 3,7 km-long beach, right at the heart of the majestic Saguenay Fjord. You can observe belugas, seals and seabirds. It's the perfect place to practice outdoor activities, recharge your batteries, relax and let go or discover the Fjord through boat trips.

Village-Vacances Petit-Saguenay

Paddleboarding

Lac-Saint-Jean

Équinox Aventure

250, rang des Îles, Saint-Gédéon
418 720-6663 – 1 888 668-7381
equinoxaventure.ca
Open: June to September.

Paddleboard rentals by the hour or by the half day. A paddleboard-camping option is also available. You can paddle along Lac Saint-Jean and its still waters and venture to the Îles de Saint-Gédéon in search of the perfect camping spot.

H2O Expédition et aventure

125, rue du Quai, Desbiens
418 346-7238 – 1 866 697-7238
aventure-expedition.com
Open: June to October.

Paddle board (SUP) rentals, 1.5 hr minimum No transportation available since we are located along the shores of Lac Saint-Jean and the Métabetchouane River. SUP yoga classes available by reservation, 4 person minimum.

Domaine des trois îles

580, boulevard Sacré-Cœur, Saint-Félicien
418 515-4537 – domainedestroisiles.ca
Open: Year-round.

New company specializing in renting out four-season mini-chalets (CoolBox) located on an island accessible by car, snowmobile or boat. You can also rent a paddle board to ride on the channels between the islands. You'll be protected from the wind in a beautiful natural setting!

Parc national de la Pointe-Taillon

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
Open: May to October.

Visitors can bring their own board or rent one on-site. Lac Saint-Jean offers both raging waves and calm waters, or visit the Taillon River and travel along the tranquil waterways. **ad p. 50, 69**

Route du Fjord

Le Perchoir

201, Vieux chemin, Saint-Félix-d'Otis
418 306-5004 – leperchoir.ca
Open: End of June to October.

Guided paddle board excursions and equipment rental by the hour or by the day. Explore the many lakes around the area of Saint-Félix-d'Otis by trying the standup paddle board (SUP). Great for all the family! You'll love it!

© Charles-David Robitaille

Fjord en kayak

359, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3024 – 1 866 725-2925 – fjordenkayak.ca
Open: Mid-May to mid-October.

You can now rent a paddle board to explore the beauty of l'Anse Saint-Jean. This water sport is really popular with all ages and all the family. Whether you're an experienced athlete or just a beginner, this activity is accessible for you. Discover the joys of paddle board yourself while admiring the beautiful landscape of l'Anse Saint-Jean! **ad p. 72, 152**

Parc national des Monts-Valin

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
Open: June to October.

Bring your own paddle-board or rent one here. Discover the meandering Valin river with a view of the mountains. **ad p. 50, 69, 135**

Quad, ATV and other motorized sports

Lac-Saint-Jean

Dallaire Équipement

560, rue Melançon, Saint-Bruno
418 343-3758 – dallairest-bruno.com
Open: Year-round.

Dallaire Équipement is a dealership for recreational vehicles (trailers and fifth wheels) and other leisure vehicles (motorcycles, snowmobiles and Quads) offering the Honda and Arctic Cat range. Located in Saint-Bruno, this family business carries a wide range of new and used vehicles. We also carry out repair and maintenance and sell parts and accessories for all our vehicles.

Centre du Sport Lac-Saint-Jean

1454, rue Principale, Chambord
418 342-6202 – 1 877 270-0160
centredusportlacstjean.com
Open: Year-round.

Yamaha, Kawasaki, Arctic Cat and Polaris dealer. The owner, Réjean Tremblay and his son, Mathieu, started their business in 1994 with a first dealership located in Chambord, specializing mainly in motorized sports. The family company soon became a leader in the industry.

Sports D.R.C

3055, avenue du Pont Sud, Alma
418 668-7389 – sportsdrc.com
Open: Year-round.

We're proud of our brands BRP, Ski-Doo, Can-Am, Can-Am Spyder and Sea-Doo, as well as Princecraft, Mercury and Chaparral. Our aim is to get your adrenalin going by offering you a complete range of recreational vehicles. We have lots of experience to share with you so you'll get the very best service.

Saguenay

Évasion Sport

2639, route 170, Chicoutimi Borough
418 678-2481 – 1 866 678-2481 – evasion-sport.com
Open: Year-round.

Évasion Sport has been renting out snowmobiles since 1993. We also offer great packages for one or two-place Arctic Cat and Yamaha quad/VTT rentals. Rent for one day or half a day. Trailers are available to get you where you want to go.

Évasion Sport

© Évasion Sport

Imperium Chicoutimi

1178, boul. Sainte-Geneviève, Chicoutimi Borough
418 543-3600 – 1 877 543-3600 – groupeimperium.ca
Open: Year-round.

The largest dealer of Honda ATV and BRP ATV in Saguenay! Park your vehicle on-site and take the ATV paths to access to the Monts Valin mountain range. Trail permits for the regional ATV clubs available for purchase.

Route du Fjord

Pourvoirie du Cap au Leste

$

551, chemin Cap à l'Est, Sainte-Rose-du-Nord
418 675-2000 – 1 866 675-2007 – capauleste.com
Open: May to October.

Embark on a four-wheel adventure through one of our forest trails on 300 hectares of land.

Côte-Nord

Centre de vacances Ferme 5 étoiles

$

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Mid-May to end of October.

A quad excursion is a marvellous opportunity to explore forest and mountains on great nature trails in addition to magnificent and unforgettable sightseeing. Once safety and driving instructions are given, your guide will take you on a ride that will reach an unrivaled sight of the majestic Saguenay Fjord. Bring your camera! **ad p. 13, 72**

Rafting

H2O Expédition et aventure

Lac-Saint-Jean

H2O Expédition et aventure

$

125, rue du Quai, Desbiens
418 346-7238 – 1 866 697-7238
aventure-expedition.com
Open: May to October.

Rafting on the Métabetchouane River in Desbiens, Lac-Saint-Jean. An exciting, thrilling and safe activity. Also available: rafting on the Mistassibi and Shipshaw rivers (upon request).

Centre de vacances Ferme 5 étoiles

© Marc Loiselle, H2O Expédition et aventure

Hiking

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Lac-Saint-Jean	Trail: Length (km)	Trail: Trail rating	Trail: Hiking season	Services
Mont Lac-Vert $ 173, chemin du Vallon, Hébertville 418 344-4000 – montlacvert.qc.ca – **ad p. 20**	6	■	Year-round	
Mont Lac-Vert $ 173, chemin du Vallon, Hébertville 418 344-4000 – 1 888 344-1101 montlacvert.qc.ca – **ad p. 20**	25	● ■ ◆	May to October	
Sentier pédestre du lac Kénogami Ⓢ 173, chemin du Vallon, Hébertville 418 673-0994 – cprlk.wordpress.com	39.6	◆	May 15 to November 1	
Arboretum de la presqu'île Croft Ⓢ 2e rang Est, 32e chemin, Métabetchouan-Lac-à-la-Croix 418 349-2060 – ville.metabetchouan.qc.ca	3	●	Year-round	
Centre récréotouristique le Rigolet Ⓢ 18, rue Saint-André, Métabetchouan-Lac-à-la-Croix 418 349-2060 – 1 800 349-2060 – ville.metabetchouan.qc.ca	3	●	May to November	
Parc de la Caverne Trou de la Fée $ chemin du Trou de la Fée, 7e Avenue, Desbiens 418 346-1242 – cavernetroudelafee.ca – **ad p. 15, 22, 23**	8	● ■ ◆	June 13 to October 12	
Ermitage Saint-Antoine, sentier du Flâneur Ⓢ 250, route de l'Ermitage, Lac-Bouchette 418 348-6344 – 1 800 868-6344 st-antoine.org – **ad p. 23, 192**	7	●	May to October	
Sentier Notre-Dame Kapatakan Ⓢ 250, route de l'Ermitage, Lac-Bouchette 418 348-6344 – 1 800 868-6344 sentiernotredamekapatakan.org	215	■	End of May to October	
Club Tobo-Ski $ 500, petit rang, Saint-Félicien 418 679-3855, ext. 3352 – toboski.ca	50	● ■	Year-round	
Parc de la Chute-à-Michel Ⓢ 2036, boulevard du Jardin, Saint-Félicien 418 679-9888 – 1 877 525-9888 ville.stfelicien.qc.ca – **ad p. 30, 72**	3	●	Year-round	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Lac-Saint-Jean	Trail			Services
	Length (km)	Trail rating	Hiking season	
Site touristique Chute à l'Ours $ 101, chemin Louis-Ovide-Bouchard, Normandin 418 274-3411 – chutealours.com – **ad p. 31**	2.4	■	May to October	
Parc de la Pointe-des-Pères Ⓢ 1100, boulevard Wallberg, Dolbeau-Mistassini 418 276-0160 – ville.dolbeau-mistassini.qc.ca	5	●	Year-round	
Parc régional des Grandes-Rivières du lac Saint-Jean Ⓢ 400, boulevard des Pères, Dolbeau-Mistassini 418 276-8222 – grandesrivieres.com	52	●	Year-round	
Sentier pédestre de la rivière Alex – Zec des Passes $ km 22, chemin des Passes, Saint-Ludger-de-Milot 418 668-3136 – zecdespasses.reseauzec.com/plein-air	3	● ■	May to October	
Parc national de la Pointe-Taillon $ 835, rang 3 Ouest, Saint-Henri-de-Taillon 418 347-5371 – 1 800 665-6527 sepaq.com/pointetaillon – **ad p. 50, 69**	45	●	May to October	
Le Massif aux 3 Lacs Ⓢ 1500, chemin des Vacanciers, Labrecque 418 481-2022 – ville.labrecque.qc.ca	7	●	May to October	
Sentier du Lac Tchitogama Ⓢ Access to the boat launch ramp at Tchitogama campsite, Lamarche 418 481-2861 – municipalitelamarche.ca	5	■	Year-round	
Parc Falaise Ⓢ 30, chemin du Foyer, Alma 418 668-3611 – 1 877 668-3611 tourismealma.com	2	●	Year-round	
Sentier des grands pins blancs Ⓢ 1385, chemin de la Marina, Alma 418 668-3611 – 1 877 668-3611 tourismealma.com	6	●	Year-round	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Saguenay	Trail: Length (km)	Trail: Trail rating	Trail: Hiking season	Services
Centre Touristique du Lac-Kénogami (SÉPAQ) $ 9000, route de Kénogami, Jonquière Borough 418 344-1142 – 1 800 665-6527 sepaq.com/kenogami – **ad p. 50, 69**	6	●	Mid-May to mid-October	
Les sentiers du Saguenay Ⓢ Jonquière Borough 418 698-3200 – tourisme.saguenay.ca	14.5	● ■ ◆	Year-round	
Parc de la Rivière-du-Moulin Ⓢ 1577, rue des Roitelets, Chicoutimi Borough 418 698-3235 – rivieredumoulin.saguenay.ca	25	● ■ ◆	Year-round	
Sentier aux Rats Musqués Ⓢ 710, rue Bégin (parc Rosaire-Gauthier), Chicoutimi Borough 418 698-3200, ext. 4154 – tourisme.saguenay.ca	2.9	● ■	Year-round	
Sentier pédestre du lac Kénogami Ⓢ between km 221 and 22 of route 175, Chicoutimi Borough 418 673-0994 – cprlk.wordpress.com	39.6	◆	May 15 to November 1	
Bois Rond Expérience $ 7525, boulevard de la Grande-Baie Sud, La Baie Borough 418 540-9985 – boisrondexperience.ca	6	●	Year-round	
Centre plein air Bec-Scie $ 7400, chemin des Chutes, La Baie Borough 418 697-5132 – becsie.com	15	● ■	Year-round	
Sentier pédestre le Marais Duclos Ⓢ 357, rang 2, Saint-Charles-de-Bourget 418 672-2624 – stcharlesdebourget.ca	8	■	Year-round	
Sentier de la Chute-Gagnon Ⓢ 330, rue Gagnon, Saint-Ambroise 418 672-4765 – st-ambroise.qc.ca	2.8	●	June to October	
Sentier de la montagne des Conscrits $ 126, rue Brassard, Bégin 418 672-4270 – begin.ca	2.1	■	Year-round	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail	Trail			
	Length (km)	Trail rating	Hiking season	**Services**
Saguenay				
Sentier pédestre de Bégin - Club Perce-Neige Ⓢ 100, rue Lemieux, Bégin 418 672-4270 – clubperceneige.com	5.8	● ■ ◆	Year-round	
Site de Chute-aux-Galets Ⓢ chemin du Lac-Robin, Saint-David-de-Falardeau 418 673-4647 – villefalardeau.ca	5	● ■	Year-round	
Route du Fjord				
Sentier des Trois-bouleaux $ 370, route du Vieux Chemin, Saint-Félix-d'Otis 418 544-8027 – sitenouvellefrance.com	3	●	June to September	
Sentier de la Rivière $ Rivière-Éternité 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	8.4	■	Mid-May to mid-October	
Sentier de la Statue $ Rivière-Éternité 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	7.6	■	Mid-May to October	
Sentier des Méandres-à-Falaises $ Rivière-Éternité 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	1.6	●	Mid-May to end of October	
Sentier Les Caps vers L'Anse-Saint-Jean $ Rivière-Éternité 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	27 or 32	◆	Beginning of June to end of October	
Sentier Notre-Dame Kapatakan Ⓢ Rivière-Éternité 418 348-6344 – 1 800 868-6344 sentiernotredamekapatakan.org	215	■	End of May to October	
OrganisAction $ 162, route 170, L'Anse-Saint-Jean 418 579-8763 – organisaction.com	29	● ■ ◆	Year-round	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Route du Fjord		Trail			Services
		Length (km)	Trail rating	Hiking season	
Sentier de l'Anse-de-Tabatière $ L'Anse-Saint-Jean 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**		0.5	●	Mid-May to mid-October	
Sentier des Chutes until the montagne Blanche $ Chemin Saint-Thomas Nord, L'Anse-Saint-Jean 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**		13.6	◆	Year-round	
Sentier des Poètes $ L'Anse-Saint-Jean 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**		10	■	Mid-May to mid-October	
Sentier Les Caps vers Baie-Éternité $ L'Anse-Saint-Jean 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**		27 or 32	◆	Year-round	
Station Mont-Édouard Ⓢ 67, rue Dallaire, L'Anse-Saint-Jean 418 272-2927 – montedouard.com		20	● ■	Year-round	
Sentier de la Pinède $ Petit-Saguenay 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**		8	■	Beginning of June to the end of October	
Sentier du monde enchanté de mon enfance et Sentier des vallées Ⓢ 35, rue du Quai, Petit-Saguenay 418 272-2323 – petit-saguenay.com		25	●	Year-round	
Village-Vacances Petit-Saguenay $ 99, chemin Saint-Étienne , Petit-Saguenay 418 272-3193 – 1 877 420-3193 – villagevacances.ca		1.6	● ■	May to October	
Parc Aventures Cap Jaseux $ 250, chemin de la Pointe-aux-Pins, Saint-Fulgence 418 674-9114 – 1 888 674-9114 capjaseux.com – **ad p. 55**		10	● ■	May to October	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Trail	Length (km)	Trail rating	Hiking season	Services
Route du Fjord				
Sentier La randonnée des Pics $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – sepaq.com/pq/mva – **ad p. 50, 69, 135**	22	◆	Year-round	
Sentier La Vallée des Fantômes $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – 1 800 665-6527 sepaq.com/pq/mva – **ad p. 50, 69, 135**	6.5	■	December to March	
Sentier Lac-des-Pères $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – sepaq.com/pq/mva – **ad p. 50, 69, 135**	3	●	Year-round	
Sentier Le Mirador $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – sepaq.com/pq/mva – **ad p. 50, 69, 135**	3	●	Year-round	
Sentier Le Pic-de-la-Hutte $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – 1 800 665-6527 sepaq.com/pq/mva – **ad p. 50, 69, 135**	3 or 16	● ◆	Year-round	
Sentier Le Pic-de-la-Tête-de-Chien $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – sepaq.com/pq/mva – **ad p. 50, 69, 135**	8	■	Year-round	
Pourvoirie du Cap au Leste Ⓢ 551, chemin Cap à l'Est, Sainte-Rose-du-Nord 418 675-2000 – 1 866 675-2007 – capauleste.com	8	● ■ ◆	May to October and December to March	
Côte-Nord				
Centre de Vacances Ferme 5 Étoiles $ 465, route 172 Nord, Sacré-Cœur 418 236-4833 – 1 877 236-4551 ferme5etoiles.com – **ad p. 13, 72**	6	●	May to November	
Sentier de l'Estuaire Ⓢ Tadoussac 418 236-1162 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	0.8	●	Mid-May to mid-October	

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Côte-Nord	Trail: Length (km)	Trail: Trail rating	Trail: Hiking season	Services
Sentier de la Coupe $ Tadoussac 418 236-1162 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	1.1	●	Mid-May to end of October	
Sentier de la Pointe-de-L'Islet Ⓢ Tadoussac 418 236-1162 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	0.8	●	Year-round	
Sentier Le Fjord vers Baie-Sainte-Marguerite $ Tadoussac 418 236-1162 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	41.1	● ◆	Mid-May to end of October	

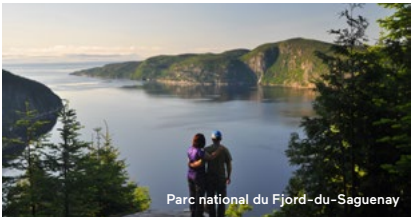
Reservations and Packages

Lac-Saint-Jean

Équinox Aventure $Ⓡ

750, rue Price Ouest, Alma
418 668-7381 – 1 888 668-7381
equinoxaventure.ca
Open: Year-round.

Équinox Aventure is a travel agency that specializes in recreational adventure. We are well acquainted with Quebec and the Saguenay–Lac-Saint-Jean region. We work with the community to offer a quality product. With our logistics background and expert guides, rest assured that your experience will be a memorable one, whether travelling alone or in a group. We are the springboard to your adventures!


Parc national du Fjord-du-Saguenay

Saguenay

OrganisAction le Québec Hors-Circuits $

94, rue Jacques-Cartier Est, Chicoutimi Borough
418 579-8763 – organisaction.com
Open: Year-round.

We can organize a personalized stay for you. Our extensive network of partners ensures a wide and varied range of activities. We also have a travel agent's permit and transport permit so we can offer you a vacation lasting several days. Let us inspire you with our interesting packages! Get in touch with us now! We can make your dream come true!

© Jean Tanguay

Route du Fjord

OrganisAction le Québec Hors-Circuits

162, route 170, L'Anse-Saint-Jean
418 579-8763 – 1 833 261-9909
organisaction.com
Open: Year-round.

Because we have a large network of partners we can offer a wide range of activities. Also, thanks to our travel agent's and transport permit, we can offer you personalized tours of several days. Let us inspire you with our package deals! Contact us and we'll help your dream come true!

Photo Safari

Lac-Saint-Jean

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: Year-round.

Put your camera to good use! Picture yourself at sunrise in the Nature Trail Park of the Zoo Sauvage de Saint-Félicien with the great North American mammals shrouded in the morning mist. What a wonderful subject for the keen photographer! The train-driver makes frequent stops so that you can take exceptional pictures of the animals to be found on this special train-ride! **ad p. C2, 12, 63**

Cristal du Lac

Speleology and mineral prospecting

Lac-Saint-Jean

Cristal du Lac

795, route des Laurentides,
Métabetchouan-Lac-à-la-Croix
418 213-0702 – cristaldulac.com
Open: July and August.

Come and find your very own 250 million year-old quartz crystals. During the excursion, the guide will tell you lots of interesting information about the formation of crystals. Our eco-responsible open mine, which has been in operation for over 30 years, will allow you to do your own prospecting. It's really something! We'll lend you glasses, gloves, hats and a place to wash your stones! **ad p. 13, 117**

Parc de la Caverne du Trou de la Fée

chemin du Trou de la Fée, 7e Avenue, Desbiens
418 346-1242 – cavernetroudelafee.ca
Open: 13 June to 12 October.

Welcome to our underground world! Formed in the granite of the Canadian shield, over a billion years old, the Trou de la Fée cave is the ideal place to have your first caving experience. Easily accessible, in the heart of an exceptional natural park, the cave is carefully supervised. Accompanied by a guide, you'll learn how it was formed, who its inhabitants are and the legend surrounding its name « Trou de la Fée ». **ad p. 15, 22, 23**

Flightseeing

Saguenay

Safari Brousse Saguenay

900, rue Mars, La Baie Borough
418 543-1312 – safaribrousse-saguenay.com
Open: May to October inclusive, day flights.

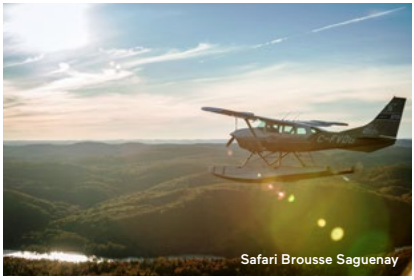
Panoramic flyovers and customized seaplane tours. Charter flights for business or pleasure. Aerial transport to outfitters and resorts. **ad p. 72**

© Martyne Simard

Safari Brousse Saguenay (Lac Sébastien) $®

450, Embranchement #9 Lac Sébastien,
Saint-David-de-Falardeau
418 543-1312 – safaribrousse-saguenay.com
Open: May to October inclusive, day flights.

Panoramic flyovers and customized seaplane tours. Charter flight for business or pleasure. Aerial transport to outfitters and resorts. **ad p. 72**


Safari Brousse Saguenay

Exact air $

850, chemin Volair, Saint-Honoré
418 673-3522, ext. 232 – 1 877 673-3522, ext. 232
exactair.ca
Open: Year-round.

Live an unforgettable experience by reserving an airplane tour with Exact Air. We offer flightseeing tours of Saguenay-Lac-Saint-Jean at very competitive prices. Don't miss your chance for an exclusive view high above the region! Choose one of our routes or tell us what you'd like to fly over; our pilots will adjust the flight to suit your needs!

Ziplines

Lac-Saint-Jean

Parc de la caverne du Trou de la Fée $

chemin du Trou de la Fée, 7e Avenue, Desbiens
418 346-1242 – cavernetroudelafee.ca
Open: June 20 to September 7.

Adrenaline enthusiasts can cross the Métabetchouane River canyon on the highest ziplines in the area. 50 m above the river, you will live unparalleled thrills and have an exceptional view of the entire site from high above. Our two ziplines measure 350 m in length and are connected by a cabled trail that will introduce you to the via ferrata trail. Average duration: 1 hr 20 min. Rates are not included in the general admission fees. **ad p. 15, 22, 23**

Route du Fjord

Parc Aventures Cap Jaseux $

250, chemin de la Pointe-aux-Pins,
Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
Open: May 16 to October 12.

Have you always wanted to fly like a bird? The Giant Zipline circuit lets you zigzag through the air over the tops of the trees. As well as offering an exceptional view of the fjord, the seven giant ziplines will give you an unparalleled sense of freedom. Take just the zipline ride or combine it with the Fjord en Arbres circuit. **ad p. 55**

Parc de la Caverne du Trou de la Fée

© Félix Rioux, Vincent Brillant

Mountain biking

Trail rating
● : easy ■ : intermediate ◆ : difficult

Discipline
BM : BMX **XC** : cross-country **DH** : downhill
FAT : fatbike **FR** : freeride
DJ : bike park, dirt jump
SP : indoor skate park

Trail

	Trail			
	Discipline	Total length (km)	Rating	Services
Lac-Saint-Jean				
Gestion Récréotouristique du Mont Lac-Vert $ 173, chemin du Vallon, Hébertville 418 344-4000 – 1 888 344-1101 montlacvert.qc.ca – **ad p. 20**		33	● ■ ◆	
Centre de vélo de Montagne de Saint-Félicien $ 500, Petit Rang, Saint-Félicien 418 307-8013 – 1 866 900-5243, ext. 3352 – velostfelicien.com	XC DH FAT DJ	75	● ■ ◆	
Saguenay				
Centre plein air Le Norvégien $ 4885, chemin Saint-Benoît, Jonquière Borough 418 546-2344 – skidefondlenorvegien.com	XC FAT DJ	25	● ■ ◆	
Centre de vélo de montagne Le Panoramique Ⓢ 140, chemin de la Réserve, Chicoutimi Borough 418 698-3167 – velochicoutimi.qc.ca		37.5	● ■ ◆	
Parc de la Rivière-du-Moulin Ⓢ 1577, rue des Roitelets, Chicoutimi Borough 418 698-3235 – rivieredumoulin.saguenay.ca		35	● ■	
Centre plein air Bec-Scie $ 7400, chemin des Chutes, La Baie Borough 418 697-5458 – becscie.com	XC FAT	8	● ■ ◆	
Route du Fjord				
Station de ski Mont-Édouard Ⓢ 67, rue Dallaire, L'Anse-Saint-Jean 418 272-2927 – montedouard.com	XC DH	10	● ■ ◆	

Road Cycling

Lac-Saint-Jean

Centre récréotouristique le Rigolet

18, rue Saint-André, Métabetchouan-Lac-à-la-Croix
418 349-3696 – ville.metabetchouan.qc.ca
Open: May to October.

A stop on the Veloroute des bleuets bike trail. Washrooms, bicycle repair service, public beach.

Vélos-MASHK

1695, boulevard Horace-J.-Beemer, Roberval
418 275-7012 – 418 515-1630 – info@mashk.com
Open: End of April to end of September.

Vélos-MASHK has bikes for rent to discover the Ilnu community of Mashteuiatsh and the surrounding area on the shores of the vast Lac Saint-Jean. The price includes bike, helmet, padlock, map and taxes. You must reserve 12 hours in advance.

Équinox Aventure

750, rue Price ouest, Alma
418 668-7381 – 1 888 668-7381
equinoxaventure.ca
Open: May to October.

Travel agent permit. 1 to 7 day cycling trip organizer on the Véloroute des Bleuets and on the Véloroute du Fjord du Saguenay. Departure from the Véloroute des Bleuets. Luggage transportation everywhere in Saguenay-Lac-Saint-Jean. Hybrid and road bikes available in our packages. Service in English at all times. New: fatbikes.

Vélo-Jeunesse

1691, avenue du Pont Nord, Alma
418 480-1663 – velo-jeunesse.ca
Open: Year-round.

Vélo-Jeunesse is a small social economy business that recycles bikes and offers bicycle rental services, accessories, sales and repairs. The mission of Vélo-Jeunesse is to offer local youth who are having trouble adapting, a place that encourages community involvement and skills development.

Saguenay

Navettes maritimes du Fjord

Chicoutimi Borough
418 543-7630 – 1 800 363-7248 – navettesdufjord.com
Open: Year-round.

Les Navettes maritimes du Fjord offers visitors an original means of transport to get from one place to another with a regular schedule. Cyclists are welcome to bring their bikes on board. It's also a good way to avoid certain more difficult sections of the Véloroute du Fjord du Saguenay bike trail, a 435 km circuit around the Saguenay. **ad p. C4, 69, 149**

Navettes maritimes du Fjord

Bike paths

Trail rating

● : easy ■ : intermediate ◆ : difficult ◆◆ : very difficult

Type of facility

A : Paved shoulder **B** : Bike lane
C : Designated shared roadway **P** : Bike path

: La Route Verte : Véloroute du Fjord du Saguenay : Véloroute des Bleuets

Trail

Trail	Length (km)	Type of facility	Rating	Services
Lac-Saint-Jean				
Réseau cyclable de Saint-Félicien Ⓢ 1209, boulevard du Sacré-Coeur, Saint-Félicien 418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca	24	A C P B	●	
Parc national de la Pointe-Taillon $ 835, rang 3 Ouest, Saint-Henri-de-Taillon 418 347-5371 – 1 800 665-6527 sepaq.com/pointetaillon – **ad p. 50, 69**	45	P	●	
Véloroute des Bleuets Ⓢ 1692, avenue du Pont Nord, Alma 418 668-4541 – 1 866 550-4541 – veloroutedesbleuets.com – **ad p. 70**	256	A C P	●	
Saguenay				
Véloroute du Fjord du Saguenay Ⓢ 295, rue Racine Est, Chicoutimi Borough 418 698-3157 – velo.saguenay.ca – **ad p. 70**	435	A C P	■◆	

Via Ferrata

Route du Fjord

Parc national du Fjord-du-Saguenay $®

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
Open: June 6 to October 12.

Experiment the via ferrata activity that scales the impressive cliffs of Baie Éternité. Three landscaped paths will lead you to breathtaking scenic vistas of the Saguenay–St. Lawrence marine park and the Saguenay Fjord's most impressive bay, where the landscape changes with the ebb and flow of the tides. You can travel at your own pace during the ascent. A professional guide will accompany you along the way. Exclusive experience in a small group. **ad p. 50, 69**

Parc Aventures Cap Jaseux $

250, chemin de la Pointe-aux-Pins,
Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
Open: May 16 to October 12.

Unforgettable moments from high above. The via ferrata at Parc Aventures Cap Jaseux is the ideal activity. Imagine yourself on a sheer cliff overlooking the majestic Saguenay Fjord... a unique, thrilling and safe adventure. The sheer magnitude of the wide open spaces at your fingertips! Arouse all your senses under a full moon. **ad p. 55**

Sailing

Lac-Saint-Jean

H2O Expédition et aventure

125, rue du Quai, Desbiens
418 346-7238 – 1 866 697-7238
aventure-expedition.com
Open: June to October.

Experience a real adventure, an excursion with family or friends and share or discover a passion for sailing and navigation with a professional instructor, that's the new concept launched by H2O! Wine and cheese tasting while admiring the sunset over Lake Saint-Jean.

Saguenay

Voile Mercator

821, route de l'Anse-à-Benjamin,
La Baie Borough
1 888 674-9309 – voilemercator.com
Open: May to October.

We offer an introductory course to sailing and cruising over 2 or more days and sailing certification courses. Become autonomous as skipper or crew. Sailboat has between 29 and 41 ft. of living space and a double cabin. Rental without captain is available. Where: Saguenay Fjord, Parc Marin du Saguenay–Saint-Laurent. School sanctioned by the Fédération de voile du Québec/Voile Canada. Quality/Safety Accreditation by Aventure Écotourisme Québec.

Route du Fjord

Voile Mercator

91, rue Notre-Dame, Rivière-Éternité
1 888 674-9309 – voilemercator.com
Open: May to October.

We offer three and seven-hour beginner's sailing tours. Individual, family, and group packages are available. Also available: sail and overnight stay on board a sailboat which includes five hours of sailing, dinner, accommodation and breakfast. Location: Saguenay Fjord, Saguenay-St.Lawrence Marine Park. School sanctioned by Voile Québec and Voile Canada. Quality/Safety Accreditation by Aventure Écotourisme Québec.

Voile Mercator

355, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
1 888 674-9309 – voilemercator.com
Open: May to October.

We offer three and seven-hour beginner's sailing tours. Individual, family, and group packages are available. Learn to manoeuvre the sailboat. Also available: sail and overnight stay on board, which includes five hours of sailing, dinner, accommodation, and breakfast. We also offer sailing certification courses. Where: Saguenay Fjord, Parc Marin du Saguenay–Saint-Laurent School sanctioned by the Fédération de voile du Québec and Voile Canada.

Voile Mercator

126, rue de la Descente des Femmes,
Sainte-Rose-du-Nord
1 888 674-9309 – voilemercator.com
Open: May to October.

We offer an introductory course to sailing and cruising over 2 or more days and sailing certification courses. Become autonomous as skipper or crew. Sailboat has between 29 and 41 ft. of living space and a double cabin. Where: Saguenay Fjord, Parc Marin du Saguenay–Saint-Laurent. School sanctioned by the Fédération de voile du Québec/Voile Canada. Quality/Safety Accreditation by Aventure Écotourisme Québec.

Côte-Nord

Voile Mercator

346, chemin de l'Anse de Roche,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
1 888 674-9309 – voilemercator.com
Open: May to October.

We offer an introductory course to sailing and cruising over two or more days. We also offer sailing certification courses. Become autonomous as skipper or crew. Sailboat has 29 ft. of living space and a double cabin. Where: Saguenay Fjord, Parc Marin du Saguenay–Saint-Laurent. School sanctioned by the Fédération de voile du Québec and Voile Canada. Quality/Safety Accreditation by Aventure Écotourisme Québec.

Voile Mercator

$®

100, rue du Bord de l'Eau, Tadoussac
1 888 674-9309 – voilemercator.com
Open: May to September.

We offer an introductory course to sailing and cruising over 2 or more days and sailing certification courses. Become autonomous as skipper or crew. Sailboat has between 29 and 41 ft. of living space and a double cabin. Where: Saguenay Fjord and Parc Marin du Saguenay–Saint-Laurent. School sanctioned by the Fédération de voile du Québec/Voile Canada. Quality/Safety Accreditation by Aventure Écotourisme Québec.

ZECs and wildlife reserves

Lac-Saint-Jean

Réserve faunique Ashuapmushuan

$

route 167, km 33, La Doré
418 256-3806 – 1 800 665-6527 – sepaq.com
Open: May to October.

Two accommodation sites in cabins near Route 167 with modern accommodations in the heart of the forest.

Zec des Passes

$

69, avenue Lévesque, Saint-Ludger-de-Milot
418 373-2368 – zecdespasses.reseauzec.com
Open: May to October.

The ZEC des Passes is a 1,491 km² territory, with over 600 lakes offering a variety of fish, including speckled trout, walleye, pike and burbot. Boat rentals. Hiking trail from the Alex River. Seventeen (17) boat launch ramps are offered across the territory. Hunting for small and big game. Only 39 km from Alma and 32 km from Dolbeau-Mistassini. Fully-serviced and rustic camping.

Saguenay

Réserve faunique des Laurentides

$

Chicoutimi Borough
418 554-1321 – 1 800 665-6527 – sepaq.com
Open: May to October.

Immense territory located in the heart of Quebec province, scattered with lakes and endless landscapes, well-known for hunting, fishing, soft adventure and ecotourism. Fishing from mid-May to the end of August. Moose-hunting in September. Small game hunting in October. In 2020, the Réserve faunique des Laurentides celebrates its territory's 125th anniversary.

Réserve faunique des Laurentides

Route du Fjord

Zec Martin-Valin

$

chemin L-200, Saint-Fulgence
418 674-9170 – zecmartinvalin.com
Open: Mid-May to mid-October.

A 1,200 square km territory, 450 lakes for speckled trout fishing, and 100 km long canoeing-camping route. Summer and fall activities: canoeing, canoeing-camping (reservation), row boats, fishing, small and big game hunting, in addition to wildlife observation. Services: primitive camping, inn, convenience store, gas. Canoeing and rowing boat rentals (reservations required) (safety equipment included).

Zec Martin-Valin

© Canopée Médias, Laurent Silvani

LIVING CULTURE

Want to know what makes us tick? Our museums, Indigenous cultural centres, historical sites, art galleries, and economuseums have a lot of stories to tell. Even our artists get involved in remembering the past or jumping ahead.

© Martial Tremblay

Tourisme autochtone

Come, Let Me Tell You All About It!

Want to know more about Ilnu culture? A visit to Mashteuiatsh is the best way to learn about the region's only Indigenous community, where ancestral Pekuakamiulnuatsh traditions are maintained with one foot in the modern world. Located by the banks of the majestic Pekuakami (Lake Saint-Jean) where the view will take your breath away, the site couldn't be better for picnics and relaxing with the family. Have you ever spent time under a *shaputuan* (communal tent)? If you close your eyes, you can almost picture what it was like in the days of the first settlements.

With its new permanent exhibition, Tshilanu Ilnuatsh, the Musée amérindien immerses you in the lifestyle of these friendly, proud, and resilient people. All summer, there are public gatherings aplenty. You won't want to miss Mamuhitunanu, the annual Grand Reunion of the First Nations in July, as well as the Festival de contes et légendes Atalukan, where wonderful stories are told.
Come meet the Pekuakamiulnuatsh!

tourismeautochtone.com
kuei.ca
Carrefour d'accueil Ilnu
418 275-7200

Located by the banks of the majestic Pekuakami (Lake Saint-Jean) where the view will take your breath away, the site couldn't be better for picnics and relaxing with the family.

© Tourisme Autochtone Québec/Sébastien Desnoyers

Are you a fan of augmented reality? Dive into the high-tech environment of the *État d'alerte* (High Alert).

Musée de la défense aérienne

The Sky's the Limit

To learn about the highs and lows that marked the history of Canadian aviation from yesterday to today, the *Maîtres du ciel* (Masters of the Sky) is an exhibit you really have to see. Are you a fan of augmented reality? Dive into the high-tech environment of the *État d'alerte* (High Alert) exhibit, which tells you about aircraft that have soared through Canadian skies over the years. Did you know the Bagotville base is the only military base in Canada to open its doors to the public during opening hours? Wrap up your day by watching a fighter plane take off.

museebagotville.ca
6513, chemin des Aviateurs, La Baie
418 677-7159

Circuit patrimoine Hébertville

The Other Dimension

Discovering 23 historical and heritage sites for free through an augmented reality tour is quite an adventure! To start the *Parcours dans l'autre dimension* tour, simply download the Cléophas app on your smartphone or tablet and get exploring. Guided by a friendly virtual character, the 1.4 km tour takes 45 minutes to complete, on foot, by bike, or by car. It's a fun way to discover the history of the remarkable people that made their mark on the Lac-St-Jean region's very first municipality.

hebertville.qc.ca
251, rue Turgeron, Hébertville
418 344-4884 (summer)
418 344-1302 ext. 225 (off-season)

Simply download the Cléophas app on your smartphone or tablet and get exploring.

Arvida: Model City

Hundreds of little wooden houses. Majestic hydroelectric plants. An aluminum bridge unlike any other in the world. Thoughtful urban planning. Discovering Arvida is like discovering a model city designed using intelligence and sensitivity.

Aluminum: The Precious Metal

The story of how Arvida came to be is intriguing and impressive. Founded in 1926, Arvida was the direct outcome of a 20th century industrial utopia: it revolved around an aluminum plant that would change the course of the Second World War.

1926 to 1927—270 houses were built in 135 days.

A Dream Come True

It all started with an aluminum plant that, thanks to the unprecedented size of its hydroelectric facilities, would become the biggest in the world. But that's not all! Arvida's planners also dreamed of creating an egalitarian society. To get there, Arvida's planning department would bring together know-how from all over the planet. With its distinctive architecture, unusual homes, and urban planning intended to give the new city a memorable identity, the city's planners managed to create a great place to live. Want to uncover all its secrets? Time for a visit.

World Class Heritage

Today, this storied aluminum metropolis is a hidden gem of Canada and an important part of Québec's heritage. It remains a centre for developing cutting-edge sustainable aluminum technologies. Here, you'll enjoy being immersed in the culture of the 20th century, wandering its city streets, discovering its industrial history and learning about the daily lives of its workers.

Visit Arvida and discover modern Québec through its heritage tours, audio guides, exhibitions, festivals, and downtown core that bustles with activity all year round.

arvida.saguenay.ca
centrehistoirearvida.ca

Follow us on social media:

citedelaluminium

arvidacitedelaluminium

Arvida is a vibrant historical city and bastion of modern industry.

Centre d'histoire Arvida

Heritage and Influence

Responsible for showcasing and educating people about the Arvida heritage site, the History Centre offers guided or self-guided tours of the city to help you discover this world-famous model city. It's all-new exhibit lets you immerse yourself in the 1950s, and sheds light on the ways the living environment was planned that makes it so unique today.

centrehistoirearvida.ca
2811, boulevard Saguenay, Arvida
418 695-7278, ext. 102

The History Centre is responsible for showcasing and educating people about the Arvida heritage site.

Musée amérindien de Mashteuiatsh

Kuei!

To immerse yourself in the rich Pekuakamiulnuatsh culture, make sure you stop by Mashteuiatsh! Through a number of handicraft workshops and exhibitions, the Musée amérindien gives visitors a window into First Nations knowledge and traditional skills. From June to September, take outdoor guided tours to discover the plants of the boreal forest and how they are used.

museeamerindienmashteuiatsh.com
1787, rue Amishk, Mashteuiatsh
418 275-4842

TSHILANU ILNUATSH

An immersive exhibit to help you to discover the world of the Pekuakamiulnuatsh.

Take outdoor guided tours to discover the plants of the boreal forest and how they are used.

© Gaëlle Leroyer

TWO CULTURE AND LIVING HISTORY HOT SPOTS

1

Cristal du Lac

Feel like digging in and expanding your knowledge of the fascinating world of minerals? To experience a total mineralogical immersion like none other, this is the place. The whole family will love it! A visit to the ÉCONOMUSÉE® du Prospecteur-cristallier and the crystal activity centre is a surefire way to create lasting memories.

cristaldulac.com
1840, route 169, Métabetchouan-Lac-à-la-Croix
418 213-0702

2

Le Moulin des Pionniers

A visit to the last remaining water-powered sawmill in operation in Québec is a 100% natural multisensory experience. You'll meet colourful characters, explore the new exhibition space, and take a tour of the Enchanted Forest.

moulindespionniers.com
4205, chemin des Pionniers, La Doré
418 256-8242

Visit saguenaylacsaintjean.ca for a whole host of top-notch cultural and historic attractions to visit!

Bilodeau Canada

Fur from Head to Toe

Interested in seeing furriers, bootmakers, and taxidermists at work? We've been making and transforming fur here for over 35 years. To find out more about the intriguing world behind this modern-day trading post, come meet our artisans on an interactive guided tour and explore our new multipurpose exhibition space. This is the best place to learn more about this unique skill with an international reputation that goes back hundreds of years. On top of that, new this year: watching black bears in the heart of their wild habitat.

bilodeaucanada.com
943, rue Saint-Cyrille, Normandin
418 274-2511

This is the best place to learn more about this unique skill with an international reputation that goes back hundreds of years.

Culture and Living History

While historical sites and buildings bear witness to its rich past, the economuseums and different discovery activities pay tribute to the creativity of Saguenay and Lac-Saint-Jean inhabitants from yesterday to today. A great number of exhibitions let you get to know a strong and unique people whose native roots are still very much present.

▼ Classified by Sub-themes.

Museums, economuseums and interpretation centres

Lac-Saint-Jean

Centre d'Interprétation de l'Agriculture et de la Ruralité (CIAR)

281, rue Saint-Louis, Métabetchouan-Lac-à-la-Croix
418 349-3633 – ciar-lacalacroix.com
Open: June to September.

The Centre d'interprétation de l'agriculture et de la ruralité (CIAR) is open from June to September and has many exhibitions, a 100,000 square foot corn maze and a small fruit orchard. Visitors have access to an arboretum less than 500 metres away, a ride in a farm cart for groups, a night maze and to other thematic activities throughout the summer season.

Cristal du Lac

1840, route 169, Métabetchouan-Lac-à-la-Croix
418 213-0702 – cristaldulac.com
Open: May 16 to September 20.

Discover the rich qualities of quartz crystals and see the fascinating transformation from its natural rough state in our deposit to fine jewelry quality offered in our boutique. Visit the interpretation centre and see our collection of over 100 specimens. Visit our shop and plunge into the fascinating world of geological discovery! Group visits for 10 or over. Private parties available.
ad p. 13, 117

Centre d'histoire et d'archéologie de la Métabetchouane (CHAM)

243, rue Hébert (route 169), Desbiens
418 346-5341 – lepostedetraite.com
Open: June to September.

Le poste de traite de Desbiens is an interpretation centre that shares the same site as the first regional trading post in 1676. It's one of the rare tourist attractions located along the shores of the majestic Lac Saint-Jean! It presents the region's history to visitors in an original, interactive and immersive fashion, in addition to learning about those who prevailed during the clash of the cultures. THIS is where it all began...
ad p. 23

Centre d'histoire et d'archéologie de la Métabetchouane

Village historique de Val-Jalbert

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
Open: May 23 to October 12.

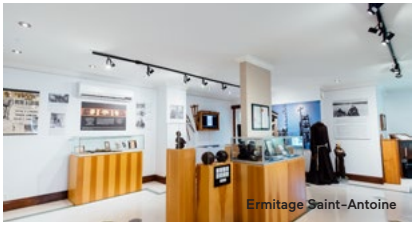
Go back in time to an authentic company town with forty of its original period buildings still intact. The convent-school, general store, post office, abandoned houses and pulp mill are bursting with secrets, still standing as they did in 1927. At the factory, scale models demonstrate how the pulp was produced and you can discover village history with an immersive show.
ad p. 23, 240

© La Pulperie de Chicoutimi / Denis Tremblay, Centre d'histoire et d'archéologie de la Métabetchouane

Ermitage Saint-Antoine

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
Open: June to September.

Founded in 1907, Ermitage Saint-Antoine is a true jewel of our cultural heritage. Visitors will discover a history rich in colourful characters, unique in the region. You'll find works by several great artists like Charles Huot, Louis Jobin and Blaise Marchand and also you'll have free access to the Elzear-DeLamarre centre to find out about the history of this sanctuary, its founder and his famous nephew, the strongman, Victor DeLamarre. **ad p. 23, 192**


Ermitage Saint-Antoine

Musée amérindien de Mashteuiatsh

1787, rue Amishk, Mashteuiatsh
418 275-4842, ext. 101 – 1 800 875-4842, ext. 101
cultureilnu.ca
Open: Year-round.

Visitors can relive 6,000 years of Pekuakamiulnuatsh history through various museum exhibits. Gain a compelling and provocative view into an age-old culture. Hear the voices of wisdom of generations that came before us. Explore the forest and visit Nuhtshimitsh. You can find objects inspired by indigenous cultures at the boutique, and don't forget to visit the church of Saint Kateri Tekakwitha! **ad p. 16, 23, 112, 116**

Nikuishkushtakan

1516, rue Ouiatchouan, Mashteuiatsh
418 275-5757 – 1 888 222-7922 – kuei.ca
Open: Year-round.

A great way to get to know the ilnu culture is to take the trail around the Nikuishkushtakan reception centre. Wall art, created by artisans from the community, represents each of their five seasons. What's more, you can download "Sur les traces d'ilnu" on your cell phone and discover the rich history of Mashteuiatsh. The visit is offered with or without guides for groups (with reservations). Electric bicycle charging station. **ad p. C6, 112**

Musée La vieille fromagerie Perron

148, avenue Albert-Perron, Saint-Prime
418 251-4922 – 1 888 251-4922 – museecheddar.org
Open: June 5 to September 25.

Try being a cheesemaker! A unique experience in Canada! Visitors are invited to make their own cheese and to discover the history of an old cheese factory, internationally recognized for its superior product. Winner of the Quebec Museum Society excellence prize in 2015. **ad p. 23, 28**

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: Year-round.

Take an incredible trip to the Zoo sauvage de Saint-Félicien! Come meet more than 92 species that live in the boreal forest and cold regions. Take a train ride through the renowned Nature Trail Park. Observe wildlife in semi-liberty and discover our historic sites representing Canadian history. Looking for more? Visit our bone collection! Great fun for the whole family! **ad p. C2, 12, 63**

Moulin des Pionniers de La Doré

4205, chemin des Pionniers, La Doré
418 256-8242 – 1 866 272-8242
moulindespionniers.com
Open: June to September.

Visit the ONE and ONLY sawmill (1889) driven by the raging waters and the mechanical workshop (1894). Still operational, they are the gems of our forestry and industrial history. In addition to the Maison de Marie restaurant, the small farm, the entertaining and magical enchanted forest, scenic vistas and hiking trails. Quality accommodation available. **ad p. 23, 117, 193**

Bilodeau Fur dealer-bootmaker and Taxidermy ÉCONOMUSÉE®

943, rue Saint-Cyrille, Normandin
418 274-2511 – bilodeaucanada.com
Open: Year-round, visits on week days only.

Discover the fascinating world of fur and taxidermy while watching artisans at work at BILODEAU Canada. Visit our larger-than-life workshop where we've been making our 100% regional creations before your very eyes for over thirty years. **ad p. 117**

© Ermitage Saint-Antoine

Délices du Lac-Saint-Jean

Délices du Lac-Saint-Jean, Jam maker : wild blueberry ÉCONOMUSÉE®

170-A, rue Principale, Albanel
418 515-0359 – delicesdulac.com
Open: Year-round.

The family business, Délices du Lac-Saint-Jean, a wild blueberry specialist, offers you many products made from this fruit which is the perfect symbol of the Saguenay–Lac-Saint-Jean region. Our jam-makers treat this fruit with kid gloves to preserve its delicate taste and health-giving properties. From production to transformation, you'll learn all about it when you visit!

ad p. 33

Le Vieux Moulin

125, rue du Vieux-Moulin, Sainte-Jeanne-d'Arc
418 276-3166 – stejeannedarc.qc.ca
Open: Mid-June to the end of August.

Le Vieux Moulin is located in the heart of Sainte-Jeanne-d'Arc where the small Péribonka and Noire rivers meet to offer an exceptional view of the falls and their strong current. Take a guided tour and discover the production tools that workers used from early colonization to the present. Finish up the tour at the P'tit musée à Léo, a passionate gatekeeper of ancient artifacts. Guided tours depending on availability.

Musée Louis-Hémon

700, route Maria-Chapdelaine, Péribonka
418 374-2177 – museelh.ca
Open: Year-round.

The Musée Louis-Hémon takes you on a visit to Maria-Chapdelaine's country. Go back to the colonial era and follow the steps of Louis Hémon by visiting the Maison Samuel-Bédard inspired from the novel Maria Chapdelaine. Our entertaining activities will be sure to please visitors of all ages! An adventure for the entire family awaits at the Musée Louis-Hémon.

ad p. 23, 36

Langage Plus

555, rue Collard, Alma
418 668-6635 – langageplus.com
Open: Year-round, closed on Monday.

The trendy Langage Plus art centre is the perfect artistic stopover during your vacation. Discover a wide variety of exhibitions presenting works of art by artists from here and abroad. Enjoy our free guided tours in French and English and become a one-day artist by participating in our workshops (reservations required). Visit Language Plus and benefit from package deals that demystify the world of modern art!

L'Odyssée des Bâtisseurs

1671, avenue du Pont Nord, Alma
418 668-2606 – 1 866 668-2606
odysseedesbatisseurs.com
Open: Year-round, outdoor activities from June to September.

Exhibitions and family activities in a magnificent heritage building. Visit our Au-delà de l'eau exhibition and walk on a giant map of our vast territory! In summer, the outdoor trail includes many different experiences such as our multisensory 360 degree film projected on the walls of an old water-tower. There's also a viewpoint, an adventure trail for kids, industrial remains and historic characters. **ad p. 13, 23, map**

L'Odyssée des Bâtisseurs

Miel des Ruisseaux, Beekeeper ÉCONOMUSÉE®

2924, route du Lac Ouest, Alma
418 668-7734, ext. 3 – mieldesruisseaux.com
Open: June 23 to September 2.

Go for an entertaining and instructive adventure at the beekeeper's Économusée®. Specializing in the production of honey and mead, Miel des Ruisseaux will take you right into the world of bees. Dress up in the beekeeper's costume with the interactive guided tour including the honey factory, tasting and observation of worker bees inside the hive. **ad p. 15**

© Canopée Médias, Philippe Boily

Saguenay

Centre d'histoire Arvida

1994, rue Price, Jonquière Borough
418 695-7278 – centrehistoirearvida.ca
Open: Year-round.

Arvida represents the culmination of many years of research. This well-planned industrial town is worth visiting for its many heritage sites. To discover the riches of the city, take one of the heritage trails and stroll around its streets. Also this summer, you'll be able to visit the new exhibition located in the Sainte-Thérèse-de-l'Enfant-Jésus church

ad p. 114, 115, 116

Centre d'histoire Sir-William-Price

1994, rue Price, Jonquière Borough
418 695-7278 – sirwilliamprice.com
Open: Year-round, closed from December 16 to January 5.

Visit the old St. James the Apostle chapel, saved by the will of local citizens. You'll find several exhibitions such as Œuvres sur papier, Une photo, un souvenir and Du culte à l'histoire. They will help you to discover the history of Kénogami through several different themes. You can take a heritage trail which will immerse you in this well-planned industrial city, much-loved by its creator, Sir William Price.

ad p. 114, 115, 116

Centre national d'exposition (CNE)

4160, rue du Vieux-Pont, Jonquière Borough
418 546-2177 – centrenationalexposition.com
Open: Year-round.

The Centre national d'exposition of Mont Jacob is located in the heart of a natural and unique environment offering an exceptional view of the Jonquière area. The CNE primarily operate in distribution, education, cultural action and research. The mission of the CNE is to promote and develop expositions, events and activities for contemporary and modern art, in addition to history and science.

La Pulperie de Chicoutimi – Musée régional

300, rue Dubuc, Chicoutimi Borough
418 698-3100 – 1 877 998-3100 – pulperie.com
Open: Year-round.

Discover the industrial cathedrals dating back to the last century, which shelter La Pulperie de Chicoutimi and its impressive collection of over 26,000 ancient artifacts and works of art. Explore travelling exhibitions from worldwide museums, including the ones designed and created by the team at La Pulperie. You can also walk around at your leisure on our hiking trails and interpretation circuit amidst an immense and completely.

ad p. 1

Le Musée de la Petite Maison Blanche

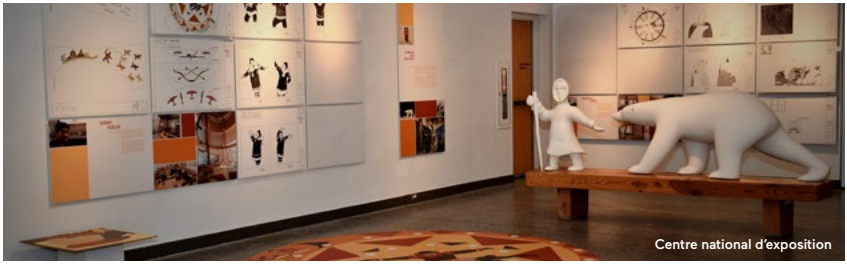
251, rue Bossé, Chicoutimi Borough
418 973-4105 – petitemaisonblanche.com
Open: June to October.

Discover the interior of the Petite Maison Blanche, a century-old structure renowned for withstanding quantities of water equivalent to the Niagara Falls, over days. Visit the exhibit that tells the story of the Saguenay flood, a deluge that resulted in more than a billion dollars in damages. Mobile audio guides and interpretation panels are available. Featuring a Where's Waldo? game for kids and the only robotic characters in Quebec.

Bois Rond Expérience

7525, boulevard de la Grande-Baie Sud,
La Baie Borough
418 540-9985 – boisrondexperience.ca
Open: Year-round.

In a private forest, discover an important part of our Canadian heritage: log construction. With our craftsman-guide, learn about the history of these buildings, see how they were built in the past with authentic original tools and take part in an interactive demonstration of a traditional log construction. Take a walk to the falls, relax in our rest areas or book a guided tour to the beaver habitat.



Centre national d'exposition

© Johanne Cormier

La Pyramide des Ha! Ha!

Rue Monseigneur Dufour, La Baie Borough
418 697-5077 – 1 866 697-5077 – museedufjord.com
Open: June to mid-August.

Build by a group of residents ideeply affected by the 1996 flood, the Pyramide des Ha! Ha! is covered with 3,000 road signs attached to aluminium structures. It offers a spectacular view of Baie des Ha! Ha! from 21 meters above ground. The Musée du Fjord is in charge of bilingual guided tours and of the interpretation site during the summer. **ad p. 45**

Air Defence Museum

6513, chemin des Aviateurs, La Baie Borough
418 677-7159 – museebagotville.ca
Open: June to September, open year-round for groups on reservation.

Military aviation history has been marked by heroes and their extraordinary exploits. The exhibition Maîtres du ciel tells of the glory and disasters of pilots throughout history. The park offers augmented reality experiences in a technologically advanced environment. A guided tour will give you the opportunity to see fighter aircraft and watch some take-offs. Learn all about Canadian aviation history. **ad p. 113**

Musée du Fjord

Musée du Fjord

3346, boulevard de la Grande-Baie Sud,
La Baie Borough
418 697-5077 – 1 866 697-5077 – museedufjord.com
Open: Year-round.

Located on shores of Baie des Ha! Ha!, the Musée du Fjord opens a gateway to the marine world of the Saguenay Fjord. It's both a place for learning and amazement, where science and history exist in harmony. Through the glass walls of the aquarium where portholes of the technological vessel, provides an intimate view of the creatures found in the Saguenay Fjord. Exhibits, excursions and entertaining presentations. **ad map**

Touverre fine stone cutting ÉCONOMUSÉE®

3291, boulevard de la Grande-Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: June to October.

Watch artisans at work and get a memorable experience in the new quarters of the gemstone cutter's Économusée®. You'll be able to polish your very own stone. An exhibition shows the history of gemstones and the profession of gemstone cutter around the world. Discover the valuable permanent collection : gems, minerals, fossils and hand-made jewellery.

Touverre glass blowing ÉCONOMUSÉE®

3205, boulevard de la Grande Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: Year-round.

Visit the boutique-gallery free of charge. Discover Guiseppe Benedetto's passion for art through his sculptures, paintings and blown glass works. Original, figurative and legendary works which reveal a contemporary and innovative style unique in Québec. Immerse yourself in the special atmosphere of a glass-blowing workshop by watching a demonstration (charges apply). Don't miss this magical experience!

Route du Fjord

Site de la Nouvelle-France

370, route du Vieux Chemin, Saint-Félix-d'Otis
418 544-8027 – sitenouvellefrance.com
Open: June to mid-August, closed Mondays and Tuesdays.

Site de la Nouvelle-France gives its visitors the chance to experience daily life in the 17th century. Use our hiking trail (or hop onto our shuttle) for transportation between reenactments, visit our small farm, explore our archaeology site or admire the view of the Saguenay Fjord. You'll love this memorable visit with our guides dressed in character!

Site de la Nouvelle-France

© Musée du Fjord, Canopée Médias

Parc national du Fjord-du-Saguenay

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
Open: Mid-May to mid-October.

Our two discovery and service centres offer exhibits where you can discover the fjord's unique characteristics, its history and the species that inhabit the fjord. Visit the Le Fjord du Saguenay centre in Rivière-Éternité and Le Béluga in Baie-Sainte-Marguerite in the municipality of Sacré-Cœur. **ad p. 50, 69**

Le Chevrier du Nord Animal fibre craft : mohair ÉCONOMUSÉE®

71, rang Saint-Joseph, Saint-Fulgence
418 590-2755 – chevrierdunord.com
Open: Year-round, mandatory reservation from October to May.

A family farming business that raises angora goats to transform the goat's hair, called mohair, using traditional production methods such as knitting, weaving, felting, fulling and dyeing. It's then converted to fabricate clothing designed by Annie Pilote. Discover the production and transformation process of these silky fibers.

Côte-Nord

Centre d'interprétation des mammifères marins (CIMM)

108, rue de la Cale Sèche, Tadoussac
418 235-4701 – baleinesendirect.net / gremm.org
Open: June to November.

The largest collection of whale skeletons in Canada! Managed by the marine mammal research and education group (GREMM), the Interpretation Centre allows you to delve right into the world of whales though a sensory experience: videos, sounds, games and an exclusive film. Find out where the whales are on the map. Your entry fee and your purchases at the shop contribute to scientific research. The visit lasts one hour.

Cultural tours

Lac-Saint-Jean

Corporation Hébert Village Historique

251, rue Turgeon, Hébertville
418 344-4884 – hebertville.qc.ca
Open: Mid-June to end of August.

Discover Hébertville with audio guides from the famous priest Hébert that will heighten your visit through the village and rural circuits Visit the priest's apartments and admire the objects of worship in our two treasure rooms. Bathe in the serenity of the first church in Lac-Saint-Jean which has been recently restored. Enjoy one moment of relaxation in the Parc Historique Curé-Hébert, an ideal place for the perfect picnic.

Musée amérindien de Mashteuiatsh

1787, rue Amishk, Mashteuiatsh
418 275-4842, ext. 101 – 1 888 875-4842, ext. 107
cultureilnu.ca
Open: June to September.

Located just behind the Musée amérindien de Mashteuiatsh, the Nuhtshimitsh trail will take you into the boreal forest where you'll discover the different ways that the Pekuakamiulnuatsh people use plants. With or without a guide, this visit is included in the museum admission price. **ad p. 16, 23, 112, 116**

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin , Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: Year-round.

For inquisitive nature lovers, a visit to the Zoo sauvage of Saint-Félicien is obviously a chance to admire some 92 species, but it's also a golden opportunity to discover the secrets of animals native to the Borealie and the world's colder regions. And forget classrooms! At the Zoo, learning is all about watching, touching and strolling around our sites which celebrate local wildlife and culture. You'll see, many surprises await you at the Zoo! **ad p. C2, 12, 63**

Chocolaterie des Pères Trappistes

555, route du Père-François-Xavier, Dolbeau-Mistassini
418 276-1122 – 1 800 461-3699
chocolateriedesperes.com
Open: Year-round, except Sunday in low season.

NEW! Now a member of the Économusee Network! Delve into the world of the Pères Trappistes and its chocolate factory. Explore an enchanting site and take part in our thematic circuit: a fun, educational, rewarding experience! You can meet Father Augustin at our store and taste our quality chocolate. Activities for all the family, including a new podcast circuit.
ad p. 33, 156

Chocolaterie des Pères Trappistes

Circuit d'art public

30, chemin du Foyer, Alma
418 668-3611 – 1 877 668-3611 – tourismealma.com
Open: Year-round.

Public art is intrinsically linked to Alma daily life. They represent the city's history. Few people know that a portion of art's history was written right here. Between 1965 and 1966, Alma hosted two international symposiums on culture and attracted a number of famous artists. This artistic path proposes a new way to experience Alma.

Circuit patrimonial d'Alma

Alma
418 668-2606 – odysseedesbatisseurs.com
Open: Year-round.

The historic route in Alma offers five courses to be discovered. Meander along on foot or bicycle though the Riverbend Borough, downtown Alma, the Isle-Maligne Borough, the Petite Décharge/ Pointe des Américains and Saint-Coeur-de-Marie. Thanks to the La Gazette des Bâtisseurs interpretation signs, these sectors in Alma share their memories. Get a free copy of the Odyssée des Bâtisseurs historic route or visit our website.
ad p. 13, 23, map

Saguenay

Le Croissant culturel

Downtown, Chicoutimi Borough
418 698-3200, ext. 4095 – 1 800 463-6565
cvs.saguenay.ca/chicoutimi
Open: Year-round.

The Croissant culturel : a fascinating circuit! Museums, heritage sites, outdoor public art, galleries, modern art centres, craftspeople's workshops and boutiques, shows, bookstores, archeology and cultural events. What's more , the Chicoutimi trading post site is open in summer. Check the times of excavations!

Souvenirs, arts and crafts, galleries

Lac-Saint-Jean

Cristal du Lac

1840, route 169, Métabetchouan-Lac-à-la-Croix
418 213-0702 – cristaldulac.com
Open: June to September .

A refined extraction: from pearl to jewellery. Chose your pearl (popular, classic or royal), watch your pearl appear before your eyes. Watch our jewellery maker create your ring or necklace right in front of you. Cristal du lac is a leader in mineralogical activities. No reservations needed.
ad p. 13, 117

Cristal du Lac

1840, route 169, Métabetchouan-Lac-à-la-Croix
418 213-0702 – cristaldulac.com
Open: May 16 to September 20.

The Cristal du Lac souvenir shop offers a wide range of natural polished quartz crystals, available in a variety of shapes and colours. Shop for crystals that are cut and sparkle like diamonds, an original and exclusive collection at Cristal du Lac. We also offer a wide selection of minerals throughout our displays. Precious stones for all ages and budgets.
ad p. 13, 117

© Chocolaterie des Pères Trappistes

Atelier Marie-Cuir

10, rue du Bureau de Poste, Chambord
418 342-6603 – mariecuir.com
Open: Year-round.

Visit our shop and discover almost 40 years of skill and knowledge. Passion through modelling, shaping and painting for unique and creative pieces. Explore a panoply of leather articles: Keychains with blueberries, flowers, jewelry, utility products, belts, reading lights, purses, embossed leather paintings, and so much more.

Relais du Souvenir

1801, rue Principale, Chambord
418 480-8464 – lerelaisdubleuet.com
Open: May to October.

Discover and taste the region with our delicious home-made blueberry products: chocolates, ketchups, jams, onion confits etc. Take home an appetizing meat and potato pie or a tart (fresh or frozen). Take a look at our charming blueberry-themed souvenirs, all hand-made by local artisans.

Boutique Teuehikan et Créations Mashk

1695, boulevard Horace-J.-Beemer, Roberval
418 275-7012 – mashk.com
Open: Year-round.

The Teuehikan Boutique was created out of a love and respect for Aboriginal culture. The art and crafts featured at this shop represent the roots of the 11 First Nations communities of Québec. Its goal is to foster respect for their culture, the Earth (mother), the Sun (grandfather), the Moon (grandmother) and the sacred seasons of life. It serves as a reminder that all Pekuakamiulnuatsh objects are precious and that we are their keepers.

Artisanat Eshkan

2204, rue Ouiatchouan, Mashteuiatsh
418 275-4657 – artisanateshkan.com
Open: Year-round.

At Artisanat Eshkan, experience art in original forms where you'll discover Ilnu originality, diversity and culture. You'll find sculptures, dream catchers, cleansing elements and souvenirs. You can also buy raw material on site, such as leather, rawhide lacing, feathers and pearls. An authentic boutique at 5 km from Roberval. Come and meet us!

Boutique d'artisanat Les Mains Agiles

504, rue Principale, Saint-Henri-de-Taillon
418 321-2360 – boutiquelesmainsagiles@gmail.com
Open: Mid-May to December 24, Thursday to Sunday and on reservation.

If you're looking for a souvenir, a gift, or a little something for yourself, come visit our shop. Marvel over the unique and one of a kind crafts made by local artists, such as stone carvings, knitwear, jewellery, textiles (handbags, ponchos, blankets, loom-woven pieces), pottery, wood carvings, regional products, accessories for mothers and babies, and even more. Come visit us and discover our local talents!

Langage Plus

555, rue Collard, Alma
418 668-6635 – langageplus.com
Open: Year-round, closed on Monday.

Much than just a simple gallery presenting today's art, the Centre d'art actuel Langage Plus also offer souvenirs and remarkable gifts. The boutiques shines a spotlight on original and contemporary creations created by artists and artisans from Saguenay–Lac-Saint-Jean and Québec. A collection of unique objects at a variety of affordable prices allowing you to stock up on great gifts for any occasion!

L'Odyssée des Bâtisseurs

1671, avenue du Pont Nord, Alma
418 668-2606 – 1 866 668-2606
odysseedesbatisseurs.com
Open: Year-round.

The Odyssée des Bâtisseurs boutique is the ideal place to find authentic products such as souvenirs from Lac-Saint-Jean, regional flags, blueberry products, handcrafted jewellery, blown glass and works by the Cercles de Fermières, including blankets and mittens. A wide variety of historical publications are available as well as a kid's corner. **ad p. 13, 23, map**

Artisanat Eshkan

© Guillaume Roy

Saguenay

Twist créations métiers d'art

1995, rue Davis, Jonquière Borough
418 512-1818 – twistcreations.ca
Open: Year-round, closed Sunday and Monday.

A company operating in the domain of arts and acts as a showcase for over 130 artisans and designers from Québec and Canada. All products in the boutique are handmade. The products quality and creativity come from the know-how of artisans and designers. Behind a creation, there is a person, an idea, a passion. Gift ideas with originality, history and personality.

La Commère Magasin Général

194, rue Price Ouest, Chicoutimi Borough
581 222-0138 – magasingeneralchicoutimi.com
Open: June to November.

Located 100 m from the famous Little White House, in the magnificent Bassin park, in Chicoutimi, the Magasin Général La Commère has a wide variety of local products. Crafts, tourist souvenirs, food products, aboriginal art and exclusive gifts are presented in a 1900-style decor. Don't miss it!

L'Orignal Fringant

1915, boulevard Talbot, Chicoutimi Borough
418 973-9990 – orignalfringant.ca
Open: Year-round, closed Sunday.

An authentic, one-of-a-kind boutique! You will find locally made products, fur accessories, famed cowboy boots by Canadian brand Boulet, and bison leather goods from Alberta. You will also find other indigenous crafts, including dream catchers and leather moccasins. Stop by and discover original local pieces!

Twist créations métiers d'art

439, rue Racine Est, Chicoutimi Borough
418 973-6818 – twistcreations.ca
Open: Year-round.

A company operating in the domain of arts and acts as a showcase for over 130 artisans and designers from Québec and Canada. All products in the boutique are handmade. The products quality and creativity come from the know-how of artisans and designers. Behind a creation, there is a person, an idea, a passion. Gift ideas with originality, history and personality.

Conception Expression Cuir

752, rue Victoria, La Baie Borough
418 306-2801 – 1 877 745-2847 – conceptioncuir.com
Open: Year-round.

At Conception Cuir, we make useful objects but we also produce works of art that reflect the taste and passion of our creative duo. Our talented team has over 30 years' experience making furniture, pictures and leather goods. For Gilles Bergeron and Danielle Tremblay, artisan-designers, each piece embodies a state of mind, a thought process and a particular manufacturing technique

Savonnerie Chèvre-Feuille

803, rue de la Fabrique, La Baie Borough
418 306-5166 – chevrefeuille.ca
Open: Year-round, closed in January.

Chèvre-Feuille is a family company specializing in making locally produced soap from whole goat's milk and pure vegetable oils. Some of our soaps are made with oils essential offering multiple beneficial properties. Others are slightly fragrant and blended with natural ingredients including honey, clay, maple syrup and fruit juice, in addition to additional high-quality additives that add to their already exceptional quality.

Savonnerie Chèvre-Feuille

© JM Decoste

Touverre fine stone cutting ÉCONOMUSÉE®

3291, boulevard de la Grande-Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: June to October.

A souvenir and gift shop selling locally-made products: jewellery, minerals, decorative articles etc. The boutique is open to local craftspeople and also to local food-producers for customers who wish to sample local products.

Touverre Économusée

Touverre glass blowing ÉCONOMUSÉE®

3205, boulevard de la Grande Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: Year-round.

Using a 5,000 year-old glass-blowing technique, Giuseppe Benedetto creates contemporary, legendary works of art. His boutique is the perfect place to buy souvenirs or unique gifts created by the artist! Discover a wide range of sculptures and paintings as well as a vast collection of meaningful, decorative or useful blown-glass artworks.

Route du Fjord

Atelier boutique – Rebelles des Bois

358 C, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-1883 – rebellesdesbois.com
Open: Year-round.

Rebelles des Bois is a workshop and boutique which showcases the work of over 70 quebecois designers and craftspeople. We also make our own jewellery and decorative objects for the home. You'll find clothes, pottery, local food products, books, cosmetics and much more!

Gîte et boutique La flèche du fjord

370-B, rue du Saguenay, Saint-Fulgence
418 674-2002 – fresquedart@gmail.com
Open: Year-round, closed Monday to Wednesday.

Visit our new boutique! Gifts and souvenirs, local artists' creations, needlework, hand-woven articles, wood sculptures, soaps, syrups and local food products. It's also an art workshop where you can see Nancy Bergeron, toymaker at the Conseil des métiers d'art du Québec, create puppets for all ages. Coffee service, terrace with magnificent panoramic view of the Saguenay fjord coastline.

Aboriginal tourism

Lac-Saint-Jean

Aventure Plume Blanche

607, rang 2 Sud, Roberval
418 637-0926 – aventureplumeblanche.com
Open: Year-round, mandatory reservation.

Aventure Plume Blanche's mission is to teach visitors about Aboriginal life. Throughout the seasons, experience the Pekuakamiulnuatsh way of life in a natural setting imbued with simplicity and beauty. The various activities offered include craft making and discussions about culture and spirituality. Visitors can stay in a tipi, a log cabin or a shaputuan.

Boutique Teuehikan et Créations Mashk

1695, boulevard Horace-J.-Beemer, Roberval
418 275-7012 – mashk.com
Open: Year-round.

The Teuehikan Boutique was created out of a love and respect for Aboriginal culture. The art and crafts featured at this shop represent the roots of the 11 First Nations communities of Québec. Its goal is to foster respect for their culture, the Earth (mother), the Sun (grandfather), the Moon (grandmother) and the sacred seasons of life. It serves as a reminder that all Pekuakamiulnuatsh objects are precious and that we are their keepers.

© Touverre Économusée

Artisanat Eshkan

2204, rue Ouiatchouan, Mashteuiatsh
418 275-4657 – artisanateshkan.com
Open: Year-round.

At Artisanat Eshkan, experience art in original forms where you'll discover Ilnu originality, diversity and culture. You'll find sculptures, dream catchers, cleansing elements and souvenirs. You can also buy raw material on site, such as leather, rawhide lacing, feathers and pearls. An authentic boutique only 5 km from Roberval. Come and meet us!

Carrefour d'accueil Ilnu

1516, rue Ouiatchouan, Mashteuiatsh
418 275-7200 – 1 888 222-7922 – kuei.ca
Open: Year-round.

Come let me tell you a story! At the Carrefour d'accueil, learn how the Ilnuatsh live in harmony with the seasons and the Pekuakami. Their culture is filled with respect and know-how that they love to share. Our reception staff will show you where you can hear anecdotes, stories and adventures skilfully told by our storytellers. **ad p. C6, 112**

Grand Rassemblement des Premières Nations

1514, rue Ouiatchouan, Mashteuiatsh
418 275-5386, ext. 1404 – 1 888 222-7922
mashteuiatsh.ca
Open: July 10 to 12, 2020.

Canoe and portage competition, triathlon, powwow, dance and song to the beat of the teuehikan (drum), fireworks, game tasting, shows, and much more!
ad p. 112

Musée amérindien de Mashteuiatsh

1787, rue Amishk, Mashteuiatsh
418 275-4842, ext. 101 – 1 888 875-4842, ext. 107
cultureilnu.ca
Open: Year-round.

Visitors can relive 6,000 years of Pekuakamiulnuatsh history through various museum exhibits. Gain a compelling and provocative view into an age-old culture. Hear the voices of wisdom of generations that came before us. Explore the forest and visit Nuhtshimitsh. You can find objects inspired by indigenous cultures at the boutique, and don't forget to visit the church of Saint Kateri Tekakwitha!
ad p. 16, 23, 112, 116

Religious landmarks

Lac-Saint-Jean

Village historique de Val-Jalbert

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
Open: May 23 to October 12.

Travel back in time and meet colorful characters as secrets are revealed about this 1927 authentic company town with its 40 original buildings. 105 years after its construction, the well-preserved convent-school has resisted the ravages of time. It's the only school building still standing in Québec which bears witness to the religious origins of education at that time, having four classes, one for each year of primary school. **ad p. 23, 240**

Ermitage Saint-Antoine

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
Open: May to October.

A natural sanctuary and spiritual oasis located just a few minutes from Lac Saint-Jean, on a woodland field along the shores of Lac Ouiatchouan, Ermitage Saint-Antoine is a destination praised by pilgrims, individuals looking for inner peace and for tourists in search of natural beauty and serenity. Hosted by the Capuchins, this national sanctuary offers quality accommodations, a restaurant, in addition to a host of services and attractions. **ad p. 23, 192**

Sentier Notre-Dame Kapatakan - From Rivière-Éternité to Lac-Bouchette

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344
sentiernotredamekapatakan.org
Open: End of May to early October.

The Sentier Notre-Dame Kapatakan called the "little compostela" of Saguenay–Lac-Saint-Jean, is a 215 km long walking trail that joins Notre-Dame-du-Saguenay in Rivière-Éternité to Lac-Bouchette's national Sanctuary, Notre-Dame-de-Lourdes de l'Ermitage Saint-Antoine. For the entire length of the trail, 14 thematic sectors are offered through towns and villages in the discovery of the region's spiritual, natural and cultural sites.

Église Kateri Tekakwitha

1761, rue Amishk, Mashteuiatsh
418 275-4842, ext. 101 – 1 888 875-4842, ext. 107
cultureilnu.ca/eglise-kateri
Open: Year-round, depends on guide's availability.

With a guide from the Musée amérindien in Mashteuiatsh, discover the story of Saint Kateri Tekakwitha, the first native American to be canonized by the Catholic church, inside the Mashteuiatsh church, which is dedicated to her. Built in 1987, this unique church is particularly interesting for its sculptures and works of art created by the Pekuakamiulnuatsh (the Ilnus of Mashteuiatsh).

ad p. 16, 23, 112, 116

Chocolaterie des Pères Trappistes de Mistassini

555, route du Père-François-Xavier, Dolbeau-Mistassini
418 276-1122 – 1 800 461-3699
chocolateriedesperes.com
Open: Year-round, closed Sunday in low season.

Plunge into the universe of the Pères Trappistes and the chocolate factory through the discovery of a splendid site during your visit. Meet Father Augustin at our shop and discover a wide variety of delicious regional products. Pray with the monks during a religious service. The perfect opportunity to reflect and pray if you have a few days to recharge your batteries by staying at the monastery's hotel.

ad p. 33, 156

Route du Fjord

Parc national du Fjord-du-Saguenay

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
Open: Mid-May to the end of October.

The Notre-Dame du Saguenay historic statue was erected in 1881 and is perched at 180 meters above on the first of Cap Trinité's three plateaus. A 7.6 km trail (round trip) leads to the base of the statue. It can also be seen from the various cruise and kayak excursions offered in the Saguenay–St. Lawrence Marine Park (departures from Baie Éternité).

ad p. 50, 69

Scientific tourism

Lac-Saint-Jean

Cristal du Lac

1840, route 169 , Métabetchouan-Lac-à-la-Croix
418 213-0702 – cristaldulac.com
Open: Mid-May to mid-September.

The crystal-hunting excursion will enrich your scientific knowledge and allow you to discover the region's geological history, formation of crystals and artisanal prospecting. At the activity centre, try Prospection-Express, to discover the secrets of the world's minerals as well as its Économusée®. To get to know more about pearls, watch an expert open a pearl oyster and demystify the world of pearls.

ad p. 13, 117

Village historique de Val-Jalbert

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
Open: May 23 to October 12.

Val-Jalbert was one of the most modern villages at the beginning of the 20th century. The workers and their families had the rare luxury of electricity in their houses. Around 110 years later, a mini hydroelectric power plant was installed here so tourists can understand how electricity is produced. Viewpoints and boardwalks offer a spectacular view of the Ouiatchouan falls and the circuit gives the visitor a complete historical overview.

ad p. 23, 240

Planétarium Saint-Félicien

2025, boulevard du Jardin, Saint-Félicien
418 900-1098 – planetariumstfelicien.com
Open: Year-round.

The Saint-Félicien astronomical centre is the only one in Québec to offer planetarium animations and telescope observations. Live presentations are held rain or shine since most are held indoors. Unravel the mystery of the Northern Lights, the Aurora Borealis that are visible on 30 nights of the year in the Saint-Félicien region, and explore a local photography exhibit. A large showroom with over 20 subjects to discover.

Zoo sauvage de Saint-Félicien

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org
Open: June to October.

Are you looking for an exclusive Quebec experience? Treat yourself to an Adventure in the Land of the caribou at the Zoo sauvage de Saint-Félicien! It is a 26-hour overnight stay that includes a trip to the land of the caribou! The itinerary includes a hike through the boreal forest, its flora and fauna, a canoe trip on the lake, a night in a prospector tent and an encounter with a herd of caribou and a moose. An experience you won't forget! **ad p. C2, 12, 63**

Saguenay

Musée du Fjord

3346, boulevard de la Grande-Baie Sud,
La Baie Borough
418 697-5077 – 1 866 697-5077 – museedufjord.com
Open: June 24 to Labor Day.

Secrets of the Shores... Discover live organisms along the shores of the Baie des Ha! Ha! with the help of our enthusiastic guides! With your boots and shovels provided by the museum, explore an area that is accessible only at low tide. Guided tours are included in the museum admission fee. Excursion times vary according to the tides or the weather conditions. Visit the Musée du Fjord website or contact the information desk for more for details **ad map**

Touverre fine stone cutting ÉCONOMUSÉE®

3291, boulevard de la Grande-Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: June to October.

Discover an exhibition about fine gemstones, the gemstone cutter's job and the vast world of geology. Visitors will get a memorable experience when they try polishing or crimping a stone for themselves or watching a cutting demonstration and the various transformation methods.

Touverre glass blowing ÉCONOMUSÉE®

3205, boulevard de la Grande Baie Sud,
La Baie Borough
418 544-1660 – touverre.com
Open: Year-round.

Learn about the forces of physics involved in the handling of glass and the formation, structure and colour chemistry of fine gemstones. In a demonstration, the glass sculptor, Giuseppe Benedetto explains the characteristics of his materials. Complete your collection of hand-made jewellery, minerals, geodes, meteorites and fine gemstones from all over the world. Participate in the special activity and make a glass ball or a paper weight.

Route du Fjord

Site de la Nouvelle-France

370, route du Vieux Chemin, Saint-Félix-d'Otis
418 544-8027 – sitenouvellefrance.com
Open: June to mid-August, closed Monday and Tuesday.

Come and meet our archaeologists! They'll share their passion and their discoveries, some of which date back to over 5000 years! The occupation of l'Anse-à-la- Croix will be told via the 150,000 artifacts that have been discovered during the past 21 years. The site provides families with an experiential visit. Dive deeper into history and learn more about New France's first inhabitants with our interactive set-up.

Côte-Nord

Centre d'interprétation des mammifères marins (CIMM)

108, rue de la Cale-Sèche, Tadoussac
418 235-4701 – baleinesendirect.org / gremm.org
Open: June to November.

The Centre d'interprétation des mammifères marins in Tadoussac takes you on a journey into the world of the St Lawrence whales. Learn all about these gigantic animals through films, sounds and games. Touch their skeletons, their teeth and their baleens! Pick up a narwhal's tusk! Talk to the researchers who study whales! Take a whale-singing lesson! Biggest collection of whale skeletons in Canada.

© Zoo sauvage de Saint-Félicien

Industrial tours

Lac-Saint-Jean

Village historique de Val-Jalbert

95, rue St-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
Open: May 23 to October 12.

Between 1901 and 1927, the pulp and paper factory in Val-Jalbert was going strong. In 1901, when the factory was built by Damase Jalbert, the village was known as Ouiatchouan, after the waterfall which supplied energy to the mill to make wood pulp. Today, Val-Jalbert is an open-air museum where you can see over 40 original buildings in a unique natural site.
ad p. 23, 240

Distillerie Beemer

55, boulevard de l'Anse, Roberval
418 765-3422 – distilleriebeemer.com
Open: Year-round.

We will be delighted to welcome you to our tasting room for a pleasant experience. Our distillery is specialized in the production of premium spirits created from local grown products. You are invited to visit our brand-new shop where you can find our ultra-premium gin, vodka, eaux-de-vie of blueberries, haskap and various kinds of liqueurs. You will also have the opportunity to see our production and our new copper pot stills.

Microbrasserie Riverbend

945, avenue Sicard, Alma
418 758-1519, ext. 100 – microriverbend.com
Open: Year-round, week-ends or with a reservation.

The Riverbend Microbrewery brews its beers near the Veloroute des Bleuets bike trail, close to the Dam-en-Terre resort. Located in Alma's industrial park, the brewery is particularly famous for its quality canned beer which you can enjoy anywhere or for any occasion. Welcome to our factory where we sell beer, promotional articles, guided tours of our plant and tasting. Enjoy your beer at home! **ad p. 150, 151**

Miel des Ruisseaux, Beekeeper ÉCONOMUSÉE®

2924, route du Lac Ouest, Alma
418 668-7734, ext. 3 – mieldesruisseaux.com
Open: June 23 to September 2.

Experience an entertaining and instructive visit at the beekeeper's ÉCONOMUSÉE®. Specializing in the production of honey and mead, Miel des Ruisseaux will take you right into the exceptional world of bees. Become a beekeeper with our interactive visit that includes the honey factory, tasting and observation of the worker bees inside the beehive. **ad p. 15**

Visites industrielles Rio Tinto

3000, rue des Pins Ouest, Alma
418 668-3611 – 1 877 668-3611 – riotinto.com/canada
Open: June 22 to August 21 .

A unique opportunity to discover the aluminium industry. Our 90-minute tour explains how the company manufactures primary aluminium products and their eventual transformation into goods, such as vehicular equipment components.

Distillerie Beemer

Saguenay

Centre d'histoire Arvida

1994, rue Price, Jonquière Borough
418 695-7278 – centrehistoirearvida.ca
Open: Year-round.

Stroll around Arvida accompanied by a guide and discover this jewel of our heritage. Arvida is a unique example of urban planning, architecture and living environment. Walk through its streets to discover a model city, rich in history and recognized for its contribution during the Second World War. Take our heritage trails and visit our new exhibition which will be unveiled this summer. **ad p. 114, 115, 116**

© Laurent Silvani

La Pulperie de Chicoutimi – Musée régional

300, rue Dubuc, Chicoutimi Borough
418 698-3100 – 1 877 998-3100 – pulperie.com
Open: Year-round.

Discover the great industrial buildings dating from the last century which house La Pulperie. The site includes the remains of the old Chicoutimi pulp and paper company. Take the interpretation trail and discover the magnificent buildings which bear witness to the importance of this company in the region's history and economy. **ad p. 1**

Distillerie du Fjord

48, chemin de Price, Saint-David-de-Falardeau
418 673-1012 – distilleriedufjord.com
Open: Year-round.

You are invited to visit the Distillerie du Fjord, the very first distillery in Saguenay–Lac-Saint-Jean. We are inspired by our surroundings to create unique hand-crafted spirits which reflect the riches of our boreal forest. We'd like to share this experience with you! Reserve your guided tour. Consult our web site for further details. Cheers!

Route du Fjord

Le Chevrier du Nord Animal fibre craft : mohair ÉCONOMUSÉE®

71, rang Saint-Joseph, Saint-Fulgence
418 590-2755 – chevrierdunord.com
Open: Year-round, mid-May to mid-October.

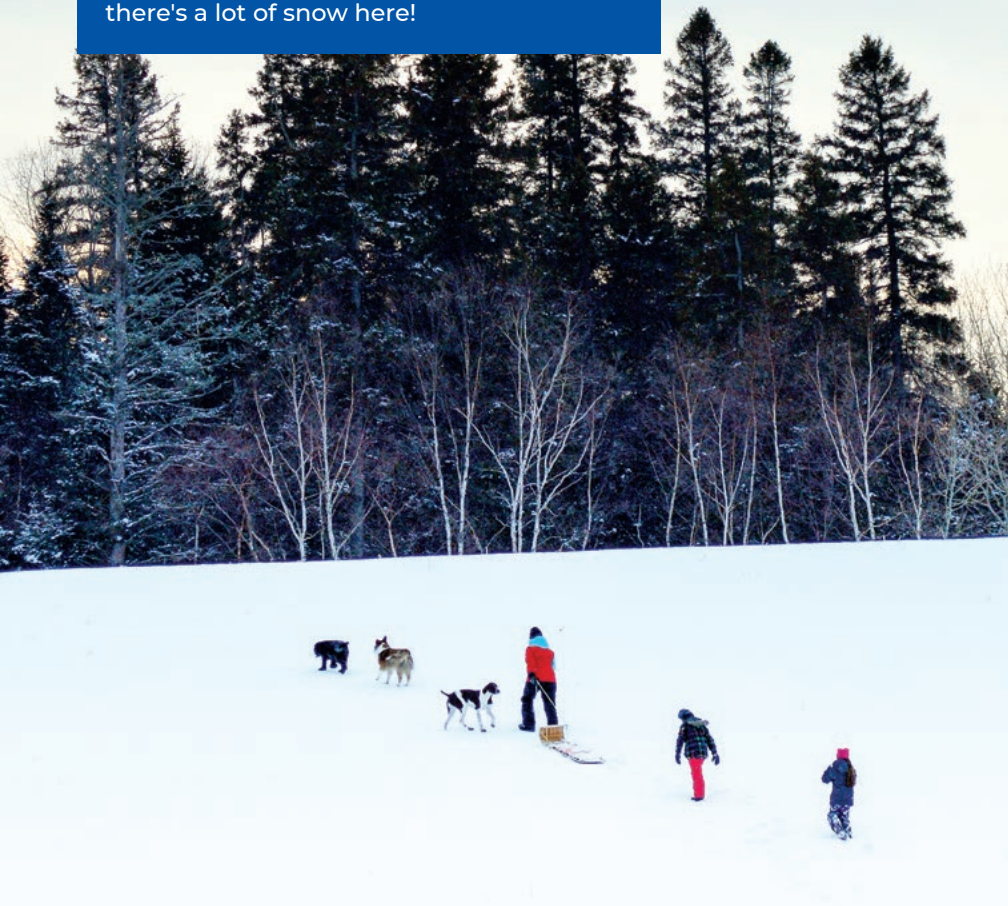
A family farming business that raises angora goats to transform the goat's hair, called mohair, using traditional production methods such as knitting, weaving, felting, fulling and dyeing. It's then converted to fabricate clothing designed by Annie Pilote. Discover the production and transformation process of these silky fibers.

Distillerie du Fjord

© Joseph Roby

SUB-ZERO FORECAST? YAY!

We don't get cold feet here. In wintertime, we put our hats on nice and snug and go play outside in all that white snow, on snowshoes, sleds, skis, snowboards, and snowmobiles! Make no mistake: there's a lot of snow here!



© Martial Tremblay

Get inspired by **ALEXANDRA DIAZ**

When I think about the region in wintertime, it looks so soft to me. I see its unreal white landscapes and winter shining in all its glory. The people you run into at the summit of the land of the giants all wear the exact same smile, and for good reason.

Look no further for winter bliss—you'll find it here!

saguenaylacsaintjean.ca

TWO WINTER FUN HOT SPOTS

1

Ville de Saint-Félicien

In winter, it's Tobo-Ski time! Go sliding, skiing, pedalling, or wander the snowmobile trails that lead you over the iceto the Village Boréal downtown. Both are absolute musts!

ville.stfelicien.qc.ca
1 877 525-9888

2

Motel Princesse

In downtown Jonquière, it's the perfect pit stop for hungry snowmobilers. The Vilaine restaurant knows exactly what you want to fill up on after a day outdoors. Ate too much? Stay the night.

motelprincesse.ca
2166, rue des Étudiants, Jonquière
1 800 387-4069

© Canopée Médias

Saguenay

THREE REASONS TO SPEND THE WINTER IN SAGUENAY

Ice Fishing on the Fjord

On the Baie des Ha! Ha!, our villages on the ice are a beautifully colourful sight. From morning till night, we can't get enough of ice fishing on the Fjord with other friendly and excited people. Tasting a fish you caught yourself is an experience you won't soon forget.

Our Snowmobile Trails

Here, the season starts early and ends as late as possible. Wait to see the conditions on the international trails: its reputation has reached far beyond our borders for a reason. Whether you're in the Monts-Valin area or on closer to the Saguenay Fjord, you'll find all the services you need, including accommodations.

The Monts-Valin Mummies

This national park doesn't lack for charm. A little ride aboard the Fantôme-Express shuttle and you'll be right in the middle of the valley of ghosts and snowy mummies. The snowshoe and cross-country ski trails here are magical, and so are the accommodations!

tourisme.saguenay.ca

An average of six meters of snow every winter!

© Promotion Saguenay/Normand Gaudreault, JMDecoste, Sépaq/Fabrice Tremblay

Winter Fun

In Saguenay–Lac-Saint-Jean, snow is always there when you need it: sliding, skiing, dog sledding, snowshoeing, ice fishing, skating, and Nordic spas, everything is possible. The territory is also criss-crossed with marked snowmobile trails, allowing you to explore the unknown. Here, winter is never a reason not to have fun.

▼ Classified by Sub-themes.

Ice Climbing

Saguenay

Parcours Aventures s®

Chicoutimi Borough
1 833 777-0071 – parcoursaventures.com
Open: Mid-December to mid-March.

A frozen waterfall right in downtown Chicoutimi. Let our « vertical » passion guide you this winter! With friends, family or as a couple, come and enjoy a new adventure with our rock-climbing discovery package (half-day) or initiation (1 day). Our activities, accessible to all, are supervised by certified instructors of the Québec mountain and climbing federation.

Winter horse riding

Lac-Saint-Jean

Centre Équestre Les Écuries Mistouk s®

4251, chemin Saint-François, Alma
418 550-7514 – lesecuriesmistouk.webs.com
Open: Year-round.

Visitors will discover spectacular winter landscapes along our trails nestled in the boreal forest. Le Chalet is a comfortably heated reception area with a wood stove to keep you warm when you return. Try our newest addition: A nighttime excursion. The enchanting views of the forest and shimmering trees covered in snow will leave visitors in awe. During the day or night, horseback riding in the winter is an experience that's not to be missed!

Sledding

Lac-Saint-Jean

Gestion Récréotouristique du Mont Lac-Vert s

173, chemin du Vallon, Hébertville
418 344-4000 – 1 888 344-1101 – montlacvert.qc.ca
Open: January to March.

Mont Lac-Vert offers the tallest snow hills for tubing in Saguenay-Lac-Saint-Jean! 400 tubes, two 200-metre and 350-metre lanes and two ski lifts await you! Evening sledding on Wednesdays, Fridays and Saturdays with a reservation. Children must be at least 40 inches tall. **ad p. 20**

Club Tobo-Ski s

500, petit rang, Saint-Félicien
418 679-3855, ext. 3352 – 1 866 900-5243 – toboski.ca
Open: Mid-December to the end of March, Saturday and Sunday, holidays and pedagogical days.

The Club Tobo-Ski offers two sliding corridors of over 200 m long. The slides are equipped with a lift and are lit-up at night when there are special activities. The ideal activity for the whole family (no height restriction).

Centre de villégiature Dam-en-Terre s$

1385, chemin de la Marina, Alma
418 668-3016, ext. 2313 – 1 888 289-3016, ext. 2313
damenterre.qc.ca
Open: January to March, variable.

Besides the icy trails of Camping Dam-en-Terre available to ice skaters, the Centre de villégiature Dam-en-Terre also offers a slide that extends to the Baie Dam-en-Terre. Free access. Tubes, skates and snowshoes rentals are available. **ad p. 40, 41**

© Station Mont-Édouard / Fabrice Tremblay

Saguenay

Le Valinouët

200, route du Valinouët, Saint-David-de-Falardeau
418 673-6455 – 1 866 260-8254 – valinouet.qc.ca
Open: December to April.

Our park has three hills designed specifically for tubing and complete access to a ski lift.

Route du Fjord

Station Mont-Édouard

67, rue Dallaire, L'Anse-Saint-Jean
418 272-2927 – montedouard.com
Open: December to April, Saturday and Sunday afternoon.

Hills are open for tubing on Saturday and Sunday afternoons. Open during the holidays and spring break. If groups wish to use the hills, they must reserve.

Snowmobiling

Lac-Saint-Jean

Dallaire Equipement Saint-Bruno

560, rue Melançon, Saint-Bruno
418 343-3758 – dallairest-bruno.com
Open: Year-round.

Dallaire Équipement is a dealership for recreational vehicles (trailers and fifth wheels) and other leisure vehicles (motorcycles, snowmobiles and Quads) offering the Honda and Arctic Cat range. Located in Saint-Bruno, this family business carries a wide range of new and used vehicles. We also carry out repair and maintenance and sell parts and accessories for all our vehicles.

Auberge Presbytère Mont Lac-Vert

335, rang du Lac-Vert, Hébertville
418 344-1548 – aubergepresbytere.com
Open: Year-round.

We're the first stop for snowmobilers in Saguenay–Lac-Saint-Jean, at the junction of trails 23 and 83. Rooms, bar, fireplace and restaurant. Snowmobile package : dinner, room and breakfast. Your hosts, Danielle and Robert, with their staff, will certainly offer you a warm welcome!

Équinox Aventure

250, rang des îles, Saint-Gédéon
418 668-7381 – 1 888 668-7381
equinoxaventure.ca
Open: January to March.

Adventure travel agency permit. Organised tours. Yamaha snowmobiles. Many activities available such as dog-sledding, ice fishing, snowshoeing and fatbike. You can also take a guided half-day snowmobiling tour starting from the Auberge des Îles.

Centre récréotouristique Le Rigolet

18, rue Saint-André, Métabetchouan-Lac-à-la-Croix
418 349-3696 – ville.metabetchouan.qc.ca
Open: Year-round.

The centre is located alongside the No 383 regional snowmobiling trail. Restaurant and bar service available.

Centre du Sport Lac-St-Jean

1454, rue principale, Chambord
418 342-6202 – 1 877 270-0160
centredusportlacstjean.com
Open: Year-round.

Yamaha, Kawasaki, Arctic Cat and Polaris dealer. The owner and his son, Réjean and Mathieu Tremblay, started their business in 1994 with a first dealership located in Chambord, specializing mainly in motorized sports. The family company soon became a leader in the industry.

Chalets et Spa Lac Saint-Jean

109, chemin du Parc-Municipal, Chambord
418 342-1111 – 1 877 342-7933 – chaletsetspa.com
Open: Mid-December to mid-March.

As the snowmobile trail is located on our land, Chalets et Spa Lac-Saint-Jean has the only direct entry onto Lac Saint-Jean, a real inland sea. What's more, you can rent a snowmobile on-site. It's the ideal place to eat, relax and enjoy our Nordic baths after a great day of snowmobiling!

Club et Corporation du Relais des Buttes

2337, rang de la Rivière aux Saumons, Saint-Félicien
418 679-1174 – clubrelaisdesbuttes.com
Open: November to the end of April, from January open 7 days a week.

Renowned for its many snowmobiling trails, the Club et Corporation du Relais des Buttes de Saint-Félicien offers a magnificent relay with a fireplace where visitors can relax, plan their next activity, or meet new friends. Standard meal options are available. The regional warmth of our local residents will enhance your experience! We look forward to your visit and to making it memorable!

Site touristique Chute à l'Ours

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
Open: December to March.

The Chute à l'Ours tourist site offers visitors a choice of seven rental cabins or four motel rooms with nature as your backdrop. Easy to get to by car or snowmobile, admission to the site is free throughout the winter. Visitors can therefore enjoy the various snowshoeing trails (snowshoe loan service), and access the upgraded infrastructure at no charge. The lively restaurant-bar is open Thursday through Sunday! **ad p. 31**

La Passerelle du 49e – circuit quad et motoneige

$

173, boulevard Saint-Michel, Dolbeau-Mistassini
418 276-0022 – gop49.com
Open: Snowmobile season.

La Passerelle du 49e is an exceptional tourist circuit for snowmobilers located north of mythical Lake Saint-Jean. On this 236 km circuit, which includes many bridges, you'll see some of the most beautiful landscapes in Québec. Packages available.

Relais motoneige Vauvert-sur-le-Lac-Saint-Jean

472 Route de Vauvert , Dolbeau-Mistassini
1 844 974-2746 – vauvertsurlelacsaintjean.com
Open: January to March, open from Thursday to Sunday.

Snowmobile relay station accessible on trail 367. Regional dishes plus snack bar. Open Thursday through Sunday. Rented chalets available for between 4 to 12 people.

Mont Vilain

2000, chemin de la Montagne, Lamarche
418 481-1666 – montvilain.com
Open: December to beginning of April.

Need to stop for a snack or to spend the night on your next snowmobile expedition? The Mont Vilain outdoor centre has everything you need for a stopover in the region with our relay station on the edge of the Monts-Valin Park trails. Check out our resto-bar where breakfast and light lunches are served during the day plus a delicious set menu in the evening.

Sports D.R.C.

3055, avenue du Pont Sud, Alma
418 668-7389 – 1 844 668-7389 – sportsdrc.com
Open: Year-round.

Dealer for BRP, Ski-Doo, Sea-Doo, Can-Am (off-road vehicles), Can-Am (road vehicles), Princecraft and Chaparral.

Saguenay

Relais de motoneige du Camping Jonquière

3553, rue Saint-Dominique, Jonquière Borough
418 542-0176 – 418 547-2210 – campingjonquiere.com
Open: December to March, closed Monday and Tuesday.

The Camping Jonquière snowmobile relay, restaurant and bar is located in the heart of a captivating site, steps away from the borough of Jonquière. This relay sits on the shores of Lac Kénogami, offering spectacular and serene winter scenery that will be sure to please nature enthusiasts. Our restaurant has a varied menu and a great atmosphere.

Érablière au Sucre d'Or

7800 rue de la Chaîne, Chicoutimi Borough
418 678-2505 – ausucredor.com
Open: January to mid-March.

Popular with lovers of all things maple, the Érablière au Sucre d'Or is more than a sugar shack. It's a wonderful site with its natural maple forest and snowmobile relay station. Open from Thursday to Sunday, from breakfast to supper, with restaurant and bar (closing time varies with number of customers), and also Monday to Wednesday, in the afternoon with a limited bar and restaurant service.

Évasion Sport

2639, route 170, Chicoutimi Borough
418 678-2481 – 1 866 678-2481 – evasion-sport.com
Open: Year-round.

Évasion Sport has been renting out snowmobiles for over 25 years. Take advantage of our equipment rental service (helmets with or without heated visor, jackets, pants, boots and mittens) and our expertise in organizing tours with professional guides. We are accessible from trail 368 and our snowmobiles are all recent models. You can rely on us for an unforgettable experience!

Imperium Chicoutimi

1178, boulevard Sainte-Geneviève, Chicoutimi Borough
418 543-3600 – 1 877 543-3600 – groupeimperium.ca
Open: Year-round.

Snowmobilers, are you ready for your next ride? Imperium Chicoutimi offers the latest snowmobiles and Ski-Doos for the ultimate snowmobiling experience. Our snowmobiles are loaded with state-of-the-art technology, such as the E-TEC and ACE, R MOTION rear suspension and adjustable PILOT skis that will make every trip an unforgettable adventure. Our store is accessible by snowmobile. Trail pass available for purchase on-site.

Centre plein air Bec-Scie

7400, chemin des Chutes, La Baie Borough
418 697-5132 – becscie.com
Open: Year-round.

Feel like a snowmobile or quad excursion in the Saguenay region? Stop by the Bec-Scie outdoor centre where you'll find a cosy atmosphere and a nice warm fire. Located near the provincial and regional trails, the Bec-Scie is an ideal place to stop and take a break on your route! Restaurant-bar open 7 days a week, gas, parking and safe enclosures. Welcome!

Destination Monts-Valin

35, rue Banff, Saint-David-de-Falardeau
418 673-7335 – destinationmontsvalin.com
Open: November to April.

Located in proximity to the federated trails in the Le Valinouët ski resort sector, Destination Monts-Valin offers off-trail and on-trail snowmobile rentals and guide service. In addition, a basic mechanic service is available. Package deals including accommodations, meals and ice fishing are also offered for those who want to live the Monts Valin winter experience to the fullest.

Imago Village

180, rue du Massif, Saint-David-de-Falardeau
418 437-7770 – 1 844 424-6246 – imagovillage.com
Open: December to March.

Direct access by automobile, ATV or snowmobile via the Trans-Québec No 93 trail, Imago Village offers incredible views overlooking the Valinouët ski resort and faces the south with sunshine throughout the year. Five yurts are available for outdoor enthusiasts and nature lovers for an incredible experience in non-traditional accommodations. A visit to the bistro-bar in a 32-foot yurt is worth the detour in itself.

Le Valinouët

200, route du Valinouët, Saint-David-de-Falardeau
418 673-6455 – 1 866 260-8254 – valinouet.qc.ca
Open: December to April.

Le Valinouët has direct access to the number 93 Trans-Québec trail as well as the Monts-Valin, a grandiose territory well worth exploring. For snowmobilers, our spacious chalet has many amenities to offer. There's a restaurant and bar (snowmobile relay) with a warm atmosphere and delicious cuisine open 7 days a week. Safe parking for snowmobiles. Accommodation and snowmobile rental also available on-site.

© Canopée Médias

Route du Fjord

Auberge du Presbytère de Rivière-Éternité

412, rue Principale, Rivière-Éternité
418 608-8890 – aubergedupresbytere.com
Open: Year-round.

From January to March, the Auberge du Presbytère becomes a snowmobile relay station on the Trans-Québec snowmobile trail, nº 383. Snowmobilers are invited to come and taste our regional specialities. Our restaurant has a delicious set menu from 11h to 14h and from 17h to 20h. Accommodation and packages available. **ad p. 54**

OrganisAction

162, route 170, L'Anse-Saint-Jean
418 579-8763 – 1 833 261-9909
organisaction.com
Open: December to March.

Try out Quebec's flagship activity: snowmobiling! Accompanied by our experienced guides, explore the boreal forest and the backcountry of the Saguenay Fjord. Over a few hours or several days, we will lead you through unchartered territory. We also offer "winter pleasure" trips that combine dog sledding, snowshoeing, and ice fishing.

L'Auberge du 31

chemin L-200, km 31, Saint-Fulgence
418 948-0960 – aubergedu31.com
Open: Year-round.

Located on trail 93 and accessible from the Zec Martin-Valin, the Auberge du km 31, happy to welcome you in the heart of the Monts-Valins, is the ideal place to take a breather. You'll love our rooms and cottages. Our on-site restaurant and extensive menu, quaint bar and friendly atmosphere await you. Our charming staff will be delighted to serve you!

Pourvoirie du Cap au Leste

551, chemin du Cap à l'Est, Sainte-Rose-du-Nord
418 675-2000 – 1 866 675-2007 – capauleste.com
Open: December to March.

Located at the foot of the Monts Valin and connected to the trails, the Pourvoirie du Cap au Leste has snowmobiles to rent for the day or half-day. Restaurant with wonderful view of the fjord. Gas station on-site.

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Mid-December to end of March.

Conquer great spaces and snowscapes! Discover Quebec's favourite outdoor activity: snowmobiling. With a passionate guide at your side, brace yourself for an unforgettable experience. We have a variety of unique snowmobile runs with views of the Saguenay Fjord, the St-Lawrence River, and the Baie de Tadoussac. Come along for an authentic off-road adventure! **ad p. 13, 72**

Hôtel-Motel Restaurant Coronet

401, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-9444 – 1 800 550-3123 – hmcoronet.com
Open: Year-round.

Experience winter in the heart of the fjord! The hotel-motel is located at the exit for the Monts-Valin, directly on the Trans-Québec No 93 trail, at the cross-roads of the Saguenay-Lac-Saint-Jean, North Shore and Charlevoix regions. It's the only location in the region to offer all of these services in one place.

Pourvoirie du Cap au Leste

© Pourvoirie du Cap au Leste

Skating

Lac-Saint-Jean

Village boréal de Saint-Félicien

marina de Saint-Félicien, Saint-Félicien
418 679-3335 – sdc@ville.stfelicien.qc.ca
Open: Mid-January to beginning of March.

Located on the ice of the Ashuapmushuan River, the village has a one-kilometre walking trail and skating ring as well as a hockey rink. Keep warm in our heated cabin and in the Desjardins chalet in between skating and walking activities. Theme days and entertainment at weekends. New this year: play area for children with igloo, swings, slides and tiny house.

Centre de villégiature Dam-en-Terre

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
Open: January to March, variable.

Our ice trails offer 1.5 km of skating along the frozen campsite roads. Live music and illuminated site in the evenings. **ad p. 40, 41**

Saguenay

Parc de la Rivière-du-Moulin

1577, rue des Roitelets, Chicoutimi Borough
418 698-3235 – rivieredumoulin.saguenay.ca
Open: Winter season.

Take the opportunity to visit a real forest in the heart of the city: marked hiking trails, mountain biking, snowshoeing, cross-country or skate-style skiing. You can also rent a boat, kayak or pedalo, nature interpretation activities, fishing from the riverbank etc. Dogs must be kept on a leash. Reception centre with washrooms and showers available during opening hours.

Route du Fjord

Station Mont-Édouard

67, rue Dallaire, L'Anse-Saint-Jean
418 272-2927 – montedouard.com
Open: December to March.

Free access to outdoor skating rink available at all times.

Ice fishing

Lac-Saint-Jean

Pêche Blanche Lac Saint-Jean

Hébertville
418 218-1994 – pecheblanche.net
Open: December 20 to March 31.

Try ice fishing in an all-inclusive package in one of our huts located on the immense icy surface of Lac Saint-Jean. A professional fishing guide will accompany you throughout the day. You can even enjoy your fish directly on-site by your guide culinary skills. Come and live the adventure!

Pêche Blanche Lac Saint-Jean

854, rue Arthur, Roberval
418 218-1994 – pecheblanche.net
Open: December 20 to March 31.

Try ice fishing in an all included package in one of our huts. Live an all-inclusive ice fishing experience on the immense icy surface of the stupendous Lac Saint-Jean. A snowmobile will take you to the hut (2 to 4 km). You'll be accompanied by a helpful guide for the entire day. Walleye, pike and perch are the species you'll be fishing. Your guide will expertly prepare your fish dish directly on the ice! Experience the adventure for yourself!

Saguenay

Contact Nature – Villages de pêche blanche

824, route de l'Anse-à-Benjamin, 4844, boul. de la Grande-Baie Sud, La Baie Borough
418 687-5458 – contact-nature.ca
Open: January to March.

Ice-fishing is an indispensable activity in Saguenay. In La Baie, the Anse-à-Benjamin and Grande-Baie sites become real villages on the ice! Here, you can get the very best ice-fishing experience in the province! With the many services available and a great programme of activities, you'll get the most out of the Québec winter. You don't have a cabin? Take advantage of our turnkey rental service.

Pêche Aventures Saguenay $

4844, boulevard de la Grande-Baie Sud,
La Baie Borough
418 540-9570 – pecheaventuressaguenay.com
Open: January to March.

Rental of luxurious wooden huts and propane heated tents. Fishing guide on site, heated washrooms, professional equipment. Fishing for whitefish (redfish, turbot, codfish) in addition to the smelt. Accommodation on site. Some packages make it possible to stay for several days (Grande-Baie sector).

Pêche Blanche du Fjord $

3422, boulevard de la Grande-Baie Sud,
La Baie Borough
418 544-4182 – pecheblanchedufjord.com
Open: January to March.

Rental of huts on the Saguenay Fjord, for 4 to 8 people. Many fish species: redfish, codfish, smelt, etc. 32 huts are available.

Route du Fjord

Aventure Rose-des-vents $

136, rue du Quai, Sainte-Rose-du-Nord
418 675-2625 – aventurerosedesvents.com
Open: End of January to mid-March.

Fishing cabins built directly on the ice of the fjord by Sculpteurs Élément-terre. These unique cabins, built of ice and snow, are ideal for those wishing to learn ice-fishing. Each one contains an adapted wood stove and all the necessary equipment. Rent one for half or a full day. Package with lodging also available.

© Charles-David Robitaille

Downhill and Back-country Skiing

Lifts

A : chairlift B : T-bar C : rope tow
D : gondola E : magic carpet

Trail rating

● : easy ■ : difficult ◆ : very difficult
◆◆ : extremely difficult

Ski Station

		Mountain				Backcountry			
		Number of trails (Night skiing)	Vertical drop (m)	Lifts	Trail rating	Off-piste slopes	Vertical drop (m)	Trail rating	Services
Lac-Saint-Jean									
Gestion Récréotouristique du Mont Lac-Vert 173, chemin du Vallon, Hébertville 418 344-4000 – 1 888 344-1101 montlacvert.qc.ca – **ad p. 20**	$	20 (5)	240	A C	●6 ■4 ◆6 ◆◆4				
Club Tobo-Ski 500, petit rang, Saint-Félicien 418 679-3855, ext. 3352 1 866 900-5243 – toboski.ca	$	8 (8)	70	A E	●3 ■2 ◆3 ◆				
Saguenay									
Le Valinouët 200, route du Valinouët, Saint-David-de-Falardeau 418 673-6455 – 1 866 260-8254 valinouet.qc.ca	$	33	350	A B C E	●7 ■11 ◆13 ◆◆2				
Route du Fjord									
Station Mont-Édouard 67, rue Dallaire, L'Anse-Saint-Jean 418 272-2927 – montedouard.com	$	32	450	A E	●5 ■10 ◆11 ◆◆6	6	400	■ ◆ ◆◆	

Le Valinouët

© Canopée Médias

Cross-country skiing, snowshoeing and fatbike

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Lac-Saint-Jean	Snowshoe			Cross-country skiing				Fatbike			Services
	Length (km)	Number	Trail rating	Length (km)	Number	Trail rating	Skate skiing	Length (km)	Number	Trail rating	
Gestion Récréotouristique du Mont Lac-Vert $ 173, chemin du Vallon, Hébertville 418 344-4000 – 1 888 344-1101 montlacvert.qc.ca – **ad p. 20**	25	6	● ■ ◆					25	6	● ■ ◆	
Sentier pédestre du lac Kénogami 173, chemin du Vallon, Hébertville 418 673-0994 – cprlk.wordpress.com	9.5	1	◆								
Arboretum de la presqu'île Croft 2e rang Est, 32e Chemin, Métabetchouan-Lac-à-la-Croix 418 349-2060, ext. 2232 ville.metabetchouan.qc.ca	2	1	■	3	4	● ■	✓				
Activités hivernales Val-Jalbert et Club Plein-Air Ouiatchouan $ 95, rue St-Georges, Chambord 418 275-6033 – valjalbert.com **ad p. 240**	45	7	■	45	6	■	✓				
Club Tobo-Ski $ 500, petit rang, Saint-Félicien 418 679-3855, ext. 3352 1 866 900-5243 – toboski.ca	25	4	● ■ ◆	21	8	● ◆	✓	20	5	● ■	
Moulin des Pionniers 4205, chemin des Pionniers, La Doré 418 256-8242 – 1 866 272-8242 moulindespionniers.com **ad p. 117, 193**	2	1	● ■	12	1	■ ◆					
Site touristique Chute à l'Ours 101, chemin Louis-Ovide-Bouchard, Normandin 418 274-3411 – chutealours.com **ad p. 31**	2.4	2	●								
Centre de villégiature Dam-en-terre 1385, chemin de la Marina, Alma 418 668-3016 – 1 888 289-3016 damenterre.qc.ca – **ad p. 40, 41**	4	1	● ■								

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

Saguenay	Snowshoe			Cross-country skiing				Fatbike			Services
	Length (km)	Number	Trail rating	Length (km)	Number	Trail rating	Skate skiing	Length (km)	Number	Trail rating	
Centre plein air Le Norvégien $ 4885, chemin Saint-Benoît, Jonquière Borough 418 546-2344 – skidefondlenorvegien.com	25	4	● ■ ◆	65	12	● ■ ◆	✓	17	4	● ■	wifi $ s
Centre de vélo de montagne le Panoramique $ 140, chemin de la Réserve, Chicoutimi Borough 418 698-3167 – velochicoutimi.qc.ca	35	25	● ■ ◆					35	25	● ■ ◆	s
Parc de la Rivière-du-Moulin $ 1577, rue des Roitelets, Chicoutimi Borough 418 698-3235 – rivieredumoulin.saguenay.ca	17	5	● ■ ◆	31	8	● ■ ◆					wifi $ s
Réserve faunique des Laurentides – Camp Mercier $ km 94 de la route 175, Chicoutimi Borough 418 848-1037 sepaq.com/rf/lau/camp-mercier/	33		● ■ ◆	70		● ■ ◆	✓				$ s
Sentier pédestre du lac Kénogami $ entre le km 221 et 222 de la route 175 Sud, Chicoutimi Borough 418 673-0994 – cprlk.wordpress.com	4	1	■								s
Bois Rond Expérience $ 7525, boul. de la Grande-Baie Sud, La Baie Borough 418 540-9985 boisrondexperience.ca	6	6	●	6	6	■					$ s
Centre plein air Bec-Scie $ 7400, chemin des Chutes, La Baie Borough 418 697-5132 – becscie.com	25	4	● ■ ◆	90	9	● ■ ◆	✓	6,4	2	●	wifi $ s
Club Perce-Neige $ 100, rue Lemieux, Bégin 418 672-4270 – clubperceneige.com	7	3	● ■ ◆	14	4	● ■ ◆	✓				$ s
Le Valinouët $ 200, route du Valinouët, Saint-David-de-Falardeau 418 673-6455 – 1 866 260-8254 valinouet.qc.ca	8	2	● ■ ◆	7,5	2	● ■ ◆		4	1	■	wifi $

Trail rating
● : easy ■ : intermediate ◆ : difficult

Trail

	Snowshoe			Cross-country skiing				Fatbike			
	Length (km)	Number	Trail rating	Length (km)	Number	Trail rating	Skate skiing	Length (km)	Number	Trail rating	Services
Route du Fjord											
Parc national du Fjord-du-Saguenay $ 91, rue Notre-Dame, Rivière-Éternité 418 272-1556 – 1 800 665-6527 sepaq.com/pq/sag/ – **ad p. 50, 69**	29.8	2	● ■ ◆								
OrganisAction $ 162 route 170, L'Anse-Saint-Jean 418 579-8763 – organisaction.com	5 to 50	3	● ■ ◆	5 to 50	3	● ■ ◆		5 to 50		● ■ ◆	
Station Mont-Édouard $ 67, rue Dallaire, L'Anse-Saint-Jean 418 272-2927 – montedouard.com	30	9	● ■ ◆	10.1	4	● ◆	✓				
Parc national des Monts-Valin $ 360, rang Saint-Louis, Saint-Fulgence 418 674-1200 – 1 800 665-6527 sepaq.com/montsvalin **ad p. 50, 69, 135**	77	7	● ■ ◆	12	5	● ■		12	5	● ■ ◆	
Pourvoirie du Cap au Leste $ 551, chemin du Cap à l'Est, Sainte-Rose-du-Nord 418 675-2000 – 1 866 675-2007 capauleste.com	10	3	■								
Côte-Nord											
Centre de vacances Ferme 5 étoiles $ 465, route 172 Nord, Sacré-Cœur 418 236-4833 – 1 877 236-4551 ferme5etoiles.com – **ad p. 13, 72**	22	3	●								

Station Mont-Édouard

© Charles-David Robitaille

Snowkite

Lac-Saint-Jean

Progression Kite

8, chemin de la plage, Saint-Gédéon
418 590-5041 – progressionkite.com
Open: Mid-December to mid-April.

Slide in complete freedom over our frozen waterwaysand in our magnificent fields with kite professionals. Progression Kite offers courteous and quality service, equipment adapted to your level and conditions. Safety is priority at Progression Kite. Safety is our priority at Progression Kite (IKO and AEQ certified). We'll teach you about this amazing sport and experience the one-of- a-kind sensation.

Dogsledding

Lac-Saint-Jean

Aventuraid – Parc Mahikan

2395, rang Lapointe, Girardville
418 258-3529 – aventuraid.qc.ca
Open: December to April.

An unforgettable and completely autonomous adventure in the middle of the boreal forest. In a dreamlike setting and with your harness as your guide, experience real life as a coureur des bois. In small groups, visitors can travel through time and in harmony with your dogs and the surrounding wilderness. In the evening, near the lake, our wooden campsite awaits you. Experience a one-day adventure and create memories that will last a lifetime.

Route du Fjord

Entre chien et loup, chiens de traineau

190, chemin Périgny, L'Anse-Saint-Jean
418 272-1540 – entrechienetloup.ca
Open: December to April.

A small company where the 43 dogs are happy and roam freely everyday. We offer half-day excursions to five day expeditions through landscapes of mountains and lakes close to the Saguenay Fjord. Live an adventure in harmony, comfort and happy times.

Pourvoirie du Cap au Leste

551, chemin Cap à l'Est, Sainte-Rose-du-Nord
418 675-2000 – 1 866 675-2007 – capauleste.com
Open: Winter season.

Join Dominic and his team for an unforgettable experience. One day with them and you will become a true musher! Explore the outfitter trails with the dogs pulling on the reins!

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Mid-December to end of March.

Drive your own dog sled. Use our forest trails, admire the panoramic view of the Saguenay Fjord and control your energetic dogs. Visit our kennel where you can pet the huskies and the malamutes. Our tours are open to everyone. Training and supervision provided by our passionate guides. **ad p. 13, 72**

© Steven Ferlatte

HAVE A NICE TRIP!

An explorer at heart? Take a road trip along Saguenay–Lac-Saint-Jean's back roads! Stop along the way to stretch your legs, have a bite to eat, and get the lay of the land in a region as big as the hearts of the people who call it home.

© Laurent Silvani

Route du Fjord

Feast your Eyes on the Fjord

The Saguenay Fjord is so unique, we named the route after it. Discover it by water, bus, or bike. In a word: wow!

The launchpad for your adventure, Saguenay will charm you with its many festivals and exuberant culture. Then, along the Fjord, you'll discover unbelievably attractive villages—in fact, three of them are listed among the most beautiful villages in Québec. Les Navettes maritimes du Fjord will shuttle you from one shore to the other, while Tours Aventure Fjord et Monde offers a guided tour of this magnificent route in a minibus. As for cyclists, they'll opt for the Saguenay's Véloroute du Fjord. Get your nature kicks at the Parc national du Fjord-du-Saguenay: the perfect place anyone who loves the outdoors, adventure, and ecotourism. The accommodations and regional fare are also going to blow your mind!

tourisme.saguenay.ca

The accommodations and regional fare are also going to blow your mind!

© Promotion Saguenay/JMDecoste

ROUTE DES BIÈRES
SAGUENAY — LAC-SAINT-JEAN

Craft Beer Country

Follow the Route des bières circuit and enter a world of hops and suds where well-balanced flavours and brewer know-how go hand in hand. In Québec's flourishing microbrewery industry, the Saguenay–Lac-Saint-Jean stands out for its quality products, the number of breweries in the region, and the wide variety of available types of beer.

routedesbieresdusaglac.com

A Brew-Tour for Collectors

Discover the unique flavours of the craft beers brewed by enthusiastic Saguenéens and Jeannois while visiting the microbreweries on the Route des bières. To plan your micro-tour, visit routedesbieresdusaglac.com!

COLLECT THE 15 STAMPS

by visiting every microbreweries on the Route des bières.

When visiting the last microbrewery of the trip, take a picture of you and your full card and send it to bieres@tableagro.com.

Write your contact information below and give this stamped page to the microbrewery responsible.

You will receive a gift certificate of
10$ PER MICROBREWERY
(non-exchangeable with promotional items)

Name

Phone number

Email

DESIGNATED DRIVER

When planing your brew-tour, make sure you have a designated driver. You might need it!

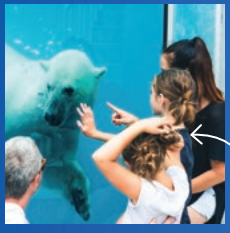
Where to Find Stamps

1. **Microbrasserie le Coureur des bois**
   1551, boul. Walberg, Dolbeau-Mistassini
2. **La Chouape**
   1134, boul. Sacré-Coeur, Saint-Félicien
3. **Beemer**
   169, avenue Roberval, Roberval
4. **Microbrasserie du Lac**
   435, rue Sacré-Coeur Ouest, Alma
   120, rue de la Plage, Saint-Gédéon
5. **Microbrasserie Riverbend**
   945, avenue Sicard, Alma
6. **Lion bleu**
   45, rue Saint-Joseph, Alma
7. **Pie Braque**
   5388, chemin du Quai, Lac-Kénogami
8. **Hopera**
   2377, rue St-Dominique, Jonquière
9. **Voie Maltée**
   2509, rue St-Dominique, Jonquière
   777, boul. Talbot, Chicoutimi
   224, rue des Laurentides, Chicoutimi
10. **Br77**
    167, rue Bossé, Chicoutimi
11. **Microbrasserie sur Mars**
    405, rue Racine E, Chicoutimi
12. **Microbrasserie Saint-Honoré**
    681, rue de l'Hôtel-de-Ville, Saint-Honoré
13. **Microbrasserie Le Saint-Fût**
    253, rue du Saguenay, Saint-Fulgence
14. **Chasse-Pinte**
    319, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
15. **Microbrasserie de Tadoussac**
    145 rue Bord de l'Eau, Tadoussac

Visit routedesbieresdusaglac.com to learn more about these microbreweries

© Voie Maltée/JMDecoste

THREE ROAD TRIPS HOT SPOTS



1 Ville de Saint-Félicien

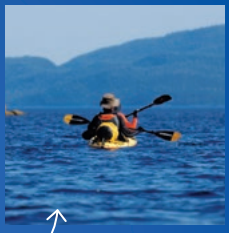
For a heavy dose of family fun, you can't top the Zoo sauvage. Then, find a table in the marina to admire the view. Do you like stargazing? Stop by the planetarium, rain or shine.

ville.stfelicien.qc.ca
1 877 525-9888

2 Fjord en Kayak

Head to Anse-Saint-Jean to see the Fjord at its best and beyond. Whether flying solo or as a family – children must be at least 3 years old – let the guides introduce you to sea kayaking as they regale you with tales and legends.

fjordenkayak.ca
1 866 725-2925



3 Microbrasserie du Lac

This bistro near the beach and the Véloroute des Bleuets bike path was the first microbrewery in Lac-Saint-Jean. Drink exclusive beers and stop by the shop to pick up a few more bottles to go.

microdulac.com
120, rue de la Plage, Saint-Gédéon
418 345-8758

435, rue Sacré-Cœur Ouest, Alma
418 758-1570

© Fjord en Kayak/JC Fortin

FROM LAND TO TABLE

Looking to try some regional fare? Where we come from, local products go from farm to table in no time. You need to see our farmers' markets and the way our chefs transform products from our own boreal regions. It doesn't get any fresher than that!

© Karyne Gagné

Domaine Le Cageot

Spotlight on Berries

Domaine Le Cageot was the very first vineyard to produce artisanal alcoholic beverages from berries. In fact, it was the first vineyard in the entire region. Today, the Domaine continues to innovate, combining agritourism and wine tourism. This year, 3 million dollars were invested in a new production centre and tasting room.

domainelecageot.com
5455, chemin Saint-André, Jonquière
418 547-2857

NEW
1870, Le Grand Feu
A spirit made with wild blueberries and maple syrup.

Municipalité de Saint-Gédéon

Sinful Pleasure for the Palate

In Lac-Saint-Jean, Saint-Gédéon is a gourmet destination prized by foodies. Its regional flavours have a certain *je-ne-sais-quoi* that make it an essential stop. On Saturdays, the public market is brimming with local agri-food products. Wait until you see the number of stalls! Bistros and restaurants have also spread the word to serve you the best the region has to offer. On a hot day, head to Le Frimas dairy bar or the Microbrasserie du Lac to quench your thirst. Looking for fresh products made that day? Visit the Médard Cheese Dairy and Bakery!

st-gedeon.qc.ca
418 345-8001

Bistros and restaurants have also spread the word to serve you the best the region has to offer.

© Marché public de Saint-Gédéon

A TASTE OF HEAVEN!

In urban centres or down country roads, regional products are on the menu. Discover how much love and care restaurant owners and producers put into creating original flavours. It's a one-way ticket to 7th heaven!

If you have a sweet tooth, you'll love paying a visit to the region's different chocolate shops, bakeries, pastry shops, dairies, and maple farms. In summertime, many farm stands and shops are worth the detour so you can fill your basket with local products.

A bit thirsty? The region's distilleries and wineries each have their own specialty while the Route des bières offers every kind of hoppy goodness you can imagine. Some cheese with that? Just wait until you see how many cheese shops there are to try! Many gourmet businesses even offer tours of their own economuseums! Our chefs are inspired by the region—it's just a small step from farm to table. Keep an eye out for the *Zone Boréale* signs to spot our best ambassadors of local flavours.

Get your Hands Dirty!

Get the full experience by picking your own blueberries, blue honeysuckles, pumpkins, gourds, and potatoes!

Microbrasserie du Lac

Happiness in a Glass

Microbrasserie du Lac has been tickling taste buds for over 13 years. The iconic bistro was the very first microbrewery in Lac-Saint-Jean, and it now has two locations. In both Alma and Saint-Gédéon, they brew incredibly tasty craft beers available in more than 50 varieties, bottled or on tap. On the bistro side, the menu is focused on local flavours and hops as a featured ingredient. In the shop, the options are plentiful and the itch to buy something to go is irresistible!

microdulac.com
120, rue de la Plage, Saint-Gédéon, 418 345-8758
435, rue Sacré-Cœur Ouest, Alma, 418 758-1570

© Tourisme Alma Lac-Saint-Jean, Microbrasserie du Lac/Charles-David Robitaille

Motel Princesse

Oh, La Vilaine!

Sitting down to eat at Motel Princesse's La Vilaine restaurant means treating yourself to the luxury of a great dining room where breakfasts, daily specials, and table d'hôte options are something the entire family can get excited about. The Chinese fondue, smoked meat, home-baked bread, and sugar pie will have everyone lining up for seconds!

motelprincesse.ca
2166, rue des Étudiants, Jonquière
1 800 387-4069

FIVE LOCAL FLAVOURS HOT SPOTS

1

Chocolaterie des Pères Trappistes

The blueberries covered in dark chocolate made by the Trappist monks are sinfully good. Do you prefer marshmallows, cranberries, or chocolate-coated fondants? No problem! A mandatory stop to satisfy your sweet tooth. They'll be gone before you know it.

chocolateriedesperes.com
555, route du Père-François-Xavier
Dolbeau-Mistassini
1 800 461-3699

2

Auberge des Battures

Chef Jonathan Grenon grew up right around the corner. And in his eyes, respect for (preferably) local products is a top priority. Not only is the boreal cooking he serves delicious, it's healthy too.

obatillage.com
6295, boul. de la Grande-Baie Sud, La Baie
418 544-8234 / 1 800 668-8234

Vergers de velours

This orchard is the only cider producer in the region and also offers delicious spirits made with Nordic berries from their 2,000 fruit trees of all kinds. Find out why their pear liqueur has such a great reputation. Life is sweet!

vergersdevelours.com
324, route 169
Saint-Henri-de-Taillon
418 347-4639

3

4

Auberge des 21

This is the perfect spot to indulge the senses and try new things, with the Fjord right before your eyes.

aubergedes21.com
621, rue Mars, La Baie
418 697-2121
1 800 363-7298

5

Microbrasserie Lion Bleu

This is an iconic spot in the heart of downtown Alma. In this resto-pub-brewery-boutique-terrace, there's a lot going on: events, exhibitions, a tartar festival, and more. If you want to go out for food and drinks, this is the place.

microlionbleu.com
45, rue Saint-Joseph, Alma
418 769-0795

© Vergers de velours/MMenard

Local Flavours

Since locals are both fun-loving and hearty eaters, the Saguenay–Lac-Saint-Jean is an epicurean paradise. With its craft beers, oh-so-tasty cheeses, famous blueberry chocolate, and boreal flavours that really set them apart, come fill up, from farm to table.

▼ Classified by Sub-themes.

Local specialties and regional products

Lac-Saint-Jean

Fromagerie et boulangerie Médard

10, rue De Quen, Saint-Gédéon
418 345-2407 – fromageriemedard.com
Open: Year-round.

Les Entreprises Médard is an agri-food business that includes an artisan cheese shop where visitors can taste and buy cheese and soft ice cream, see the dairy farm and purchase local products. It also runs a bakery with a bread and pastry counter and a bistro with a decadent breakfast and lunch menu. Come sit in the charming atmosphere and sip on a cappuccino or nibble on some cheese curds while learning about life on the farm.

Chocolat et cabane à Lulu

1832, route 169, Métabetchouan-Lac-à-la-Croix
418 720-5364 – chocolatlulu.com
Open: May to October.

For over forty years, Chocolat Lulu has been manufacturing premium chocolate products that include: in season, the famous fresh chocolate-covered blueberry, marshmallow products, fine chocolates and specific products depending on the occasion Treats and chocolates for Easter, Valentine's Day, Christmas, Halloween, etc.). Our highly successful dairy bars are reknowned for our ice cream dipped in real chocolate.

Chocolaterie Rose Élisabeth

22, rue André, Métabetchouan-Lac-à-la-Croix
418 719-4664 – roselisabeth.com
Open: Year-round.

The Chocolaterie Rose Élisabeth offers delectable chocolates inspired by the wild fruit and spices of Saguenay—Lac-St-Jean. No matter if it's the wild blueberries, rhubarb, cheese or microbrewery beer... sophistication is on the menu. During the summer, we offer specialized coffees, hot chocolate, teas, sorbets, etc. Fresh blueberries coated in dark or milk chocolate are available starting in August.

La Tablée du Lac

1716, route 169, Métabetchouan-Lac-à-la-Croix
418 349-2999 – latableedulac.com
Open: Year-round.

A family business specialising in artisanal food products. See our mouth-watering meats, charcuterie, pastries, cheeses and other local products! There's also a stand offering freshly-made sandwiches. For the BBQ : Superior quality marinated meats prepared to your taste. Choose from over 40 kinds of home-made sausages, terrines and pâté. Home-made chocolates and smoothies also available.

La Maison du Bleuet

3026, route 169, Chambord
418 275-7000 – lamaisondubleuet.com
Open: June to mid-October.

Transformation of biological blueberries and chocolate, jams, jellies, syrups, blueberry onion confit, caramel, spread and souvenirs.

© Délices du Lac-Saint-Jean / Délices du Lac-Saint-Jean

Le relais du Souvenir

1801, rue Principale, Chambord
418 480-8464 – lerelaisdubleuet.com
Open: May to October.

Tastings of our various products are available at all times. We offer a vast selection of blueberry themed souvenirs. We support local artisans and regional products. Come and meet our friendly staff who will be more than pleased to offer their advice. For over a year now, we've been offering our guests a new lodge: The Gîte du Pêcheur.

BOUCHARD Artisan Bio

2350, route Saint-Eusèbe, Saint-Félicien
418 679-5609 – bouchardartisanbio.com
Open: Year-round.

Organic devotees and animal-lovers through and through! We have artisanal organic cheeses and yogourts made only with milk from our farm. You'll also find lots of other local products. Free tasting. Watch the cheese-making process. Picnic area opposite the Véloroute des Bleuets bike trail. Guided tours of the farm on reservation. ($).

La Maison du Bleuet - Crucial Gourmet

557, route 169, Saint-Félicien
418 630-4333 – lamaisondubleuet.com
Open: Year-round.

Transformation of biological blueberries and chocolate, jams, jellies, syrups, blueberry onion confit, caramel, spread and souvenirs.

Délices du Lac-Saint-Jean, Jam maker: wild blueberry ÉCONOMUSÉE®

170-A, rue Principale, Albanel
418 515-0359 – delicesdulac.com
Open: Year-round.

Located right in the centre of the region, in Albanel, this family business has breathed new life into the wild blueberry. From the pulp transformation to the juice extraction, we've preserved the organic character of this fruit which is made into chutneys, jams, jellies, teas, syrups and butters. Don't miss our blueberry pie!
ad p. 33

Chocolaterie des Pères Trappistes de Mistassini

555, route du Père-François-Xavier, Dolbeau-Mistassini
418 276-1122 – 1 800 461-3699
chocolateriedesperes.com
Open: Year-round, closed Sunday during low season.

NEW! Now a member of the Économusee Network! Delve into the world of the Pères Trappistes and its chocolate factory. Explore an enchanting site and take part in our thematic circuit: a fun, educational, rewarding experience! You can meet Father Augustin at our store and taste our quality chocolate. Activities for the whole family including a new discovery circuit podcast.
ad p. 33, 156

Les Halles du bleuet

265, boulevard des Pères, Dolbeau-Mistassini
418 979-3394 – hallesdubleuet@gmail.com
Open: March to October.

A dairy bar for all tastes. A local products shop, with local producers and an art gallery.

Vergers de Velours

324, route 169, Saint-Henri-de-Taillon
418 347-4639 – vergersdevelours.com
Open: Mid-May to Labor Day.

We offer alcoholic beverages unique to Quebec, including a cherry mistelle, pear liqueur, an exclusive local apple cider, a saskatoon berry beverage, the first-ever edible honeysuckle beverage (honey berry), a plum mistelle and blackberry and raspberry wines. Tasting of our alcohols at all times. Unique products: birch syrup, chive flower vinegar, fruits and vegetables. Fine chocolates and tour "Apéro aux vergers" with a reservation.
ad p. 156

Chocolaterie au Cœur Fondant

209, avenue du Pont Sud, Alma
418 480-1919 – aucoeurfondant.com
Open: Year-round.

Au Cœur Fondant is an artisanal chocolate factory which uses local products in its creations. Hundreds of chocolates are available on-site as well as cupcakes, macarons, tea and coffee to drink while you're there or take out and there's also a gift shop. During the summer, the popular ice-cream shop has 12 flavours of pure Belgian chocolate dips. A real treat for your sweet tooth!

Coffrets du Royaume

1275, avenue du Pont Sud, Alma
418 668-4596 – coffretsduroyaume.com
Open: Year-round.

Ice-cream shop selling delicious 100% regional products. Create a gift basket or a surprise box full of local flavours! If you're looking for our region's culinary character, it can be found here!

Miel des Ruisseaux, Beekeeper ÉCONOMUSÉE®

2924, route du Lac Ouest, Alma
418 668-7734, ext. 3 – mieldesruisseaux.com
Open: Year-round.

The region's only mead producer, Miel des Ruisseaux produces four varieties, including blueberry mead, unique in the region. Mead can be served many ways: to accompany a meal, as an aperitif or in cocktails. It can also be served as an after-dinner liqueur. Tasting available. **ad p. 15**

Saguenay

Chocolat et cabane à Lulu

2600, rue Saint-Hubert, Jonquière Borough
418 549-1203 – chocolatlulu.com
Open: June to October.

For over forty years, Chocolat Lulu has been manufacturing premium chocolate products that include: in season, the famous fresh chocolate-covered blueberry, marshmallow products, fine chocolates and specific products depending on the occasion Treats and chocolates for Easter, Valentine's Day, Christmas, Halloween, etc.). Our highly successful dairy bars are reknowned for our ice cream dipped in real chocolate.

Domaine le Cageot – Vignoble

5455, chemin Saint-André, Jonquière Borough
418 547-2857 – domainelecageot.com
Open: Year-round.

Vineyard and small fruits. A regional treasure! The first and only one in Saguenay! Discover and taste our wines, aperitifs, digestifs, sparkling wine, wine vinaigrettes, jams, jells, chocolates made with raspberries, blueberries, black currant and grapes. We have received a number of medals and international recognition since opening in 1977! Groups are welcome and access to a picnic area. Bilingual guided tours for a fee and with a reservation. **ad p. 154**

Chocolat et cabane à Lulu

1806, boulevard Saguenay Ouest, Chicoutimi Borough
418 549-1203 – 1 800 265-1296 – chocolatlulu.com
Open: Year-round.

For over forty years, Chocolat Lulu has been manufacturing premium chocolate products that include: in season, the famous fresh chocolate-covered blueberry, marshmallow products, fine chocolates and specific products depending on the occasion Treats and chocolates for Easter, Valentine's Day, Christmas, Halloween, etc.). Our highly successful dairy bars are reknowned for our ice cream dipped in real chocolate.

Chocolat et cabane à Lulu

1450, boul. Talbot, Chicoutimi Borough
418 693-3000 – chocolatlulu.com
Open: Year-round.

For over forty years, Chocolat Lulu has been manufacturing premium chocolate products that include: in season, the famous fresh chocolate-covered blueberry, marshmallow products, fine chocolates and specific products depending on the occasion Treats and chocolates for (Easter, Valentine's Day, Christmas, Halloween, etc.). Our highly successful dairy bars are reknowned for our ice cream dipped in real chocolate.

Chocolaterie Au Cœur Fondant

Chocolaterie au Cœur Fondant

396, rue des Saguenéens, Chicoutimi Borough
418 480-1919, ext. 2 – aucoeurfondant.com
Open: Year-round.

Au Cœur Fondant is an artisanal chocolate factory which uses local products in its creations. Hundreds of chocolates are available on-site as well as cupcakes, macarons, tea and coffee to drink while you're there or take out and there's also a gift shop. During the summer, the popular ice-cream shop has 12 flavours of pure Belgian chocolate dips. A real treat for your sweet tooth!

© Chocolaterie Au Cœur Fondant

La Commère Magasin Général

194, rue Price Ouest, Chicoutimi Borough
581 222-0138 – lacommere.ca
Open: June to November.

Located 100 m from the famous Little White House, in the magnificent Bassin park, in Chicoutimi, the Magasin Général has a wide variety of local products. Crafts, tourist souvenirs, food products, aboriginal art and exclusive gifts are presented in a 1900-style decor. The Magasin Général Chicoutimi also has an ice cream bar and pastry shop. Don't miss it!

Passion Café

1130, boulevard Talbot, Chicoutimi Borough
418 545-0369 – passioncafe.biz
Open: Year-round.

Conveniently located close to Hôtel Le Montagnais de Chicoutimi, it's the perfect place to find the best gourmet products in Saguenay–Lac-Saint-Jean. Blueberry pastries, haskap berry jams, craft beer preserves, field berry vinaigrettes from Domaine Le Cageot, chocolate from Alma and Métabetchouan, Labrador tea, etc. Ceramics from Lac Saint-Jean. Renowned coffee roasted on site.

La Boucanerie d'Henri

2982, chemin du Plateau Nord, La Baie Borough
581 683-8636 – laboucaneriedhenri.com
Open: Year-round.

La Boucanerie d'Henri produces the most delicious old-fashioned hot smoked salmon. Cooked ever so slowly over a maple wood fire as per grand-père Henri's recipe, this home-made product stands out for its melt-in-your-mouth quality. Try the smoked salmon jerky, cured without nitrites. Come visit this original and unique Quebec smokehouse.

O'Gelato et Cacao

992, rue Victoria, La Baie Borough
418 306-8686 – ogelato.com
Open: Year-round.

O'Gelato & Cacao are open year-round and produce more than one ton of gelato per week during the summer season! Their customers benefit from a vast selection of 60 recipes created on-site. Discover our soft gelato, a unique concept from Québec. We also offer gourmet chocolate, macaroons, desserts in a jar, cakes and hot beverages, in addition to a gift shop offering goodies that will be sure to please the finest of palates.

Ferme Michel Rivard et fille

315, 9e rang, Saint-Ambroise
418 672-1818 – fermerivard.com
Open: June to October.

Welcome to the farm stand! You'll find wild blueberries and many products related to this little blue fruit: spreads, butters, candied fruits and pies. Also available on-site, our farm table with our famous blueberry poutine. Pick your own blueberries, potatoes, pumpkins and squash. Visit our web site and our Facebook page for more information. See you soon!

Ferme Michel Rivard et fille

Route du Fjord

La Cabane à glaces

358 D, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 608-8399 – lacabaneaglaces.com
Open: June to September.

La Cabane à Glaces is a family run business, a project by three sisters and one French hockey fan. Their dairy bar offers high-quality frozen products made in Québec, with toppings made in-house from local ingredients, in addition to snacks for the road and refreshing beverages. A must-see attraction to stock up on frozen delights facing the majestic Saguenay Fjord!

Chez Roger Boulangerie Dépanneur

126, rue Saguenay, Saint-Fulgence
418 674-2534 – chezroger.saintfulgence@gmail.com
Open: Year-round.

At Roger's, you'll find the delicious "pain fesse Roger" (homemade bread), in addition to gourmet pastries and homemade traditional dishes: Cretons, pies, tourtière (meat pie), donuts, etc. Come and discover the great classics of our region!

© Ferme Michel Rivard et fille

La Vieille Ferme

163, chemin Pointe-aux-Pins, Saint-Fulgence
418 674-1237 – agneaudufjord.com
Open: June 27 to mid-october.

Discover the taste of the Saguenay region! Get the whole experience! Wander around and picnic on a farm with a view of the Fjord. To take out or to eat on-site: baguettes, rillettes, smoked salmon, charcuterie and cheese tasting plate, quiches, main course salads, soups, cookies and expressos. For barbecue-lovers: lamb and merguez sausages. And for dessert, try our blackcurrant, rhubarb and apple delights!

Pick-your-own

Lac-Saint-Jean

Bleuetière touristique St-François-de-Sales, Coopérative de solidarité $

chemin du Moulin, Saint-François-de-Sales
418 348-6736, ext. 5250 – ginorobert@hotmail.fr
Open: August to early September.

ORGANIC BLUEBERRIES! Come and pick your very own famous Lac Saint-Jean blueberries on an easily accessible site at competitive, affordable prices. Bring your own containers or buy them on-site. Open every day, weather permitting. Everyone is welcome! Follow us on Facebook to find out our opening date.

Verger CamNord

140, rue St-Cyrille, Normandin
418 671-8746 – vergercamnord.com
Open: July and August, Consult the web site for the exact dates of pick- your-own..

To get the CamNord experience, visit our orchard! You'll have the opportunity to discover and taste the haskap berry, a unique small fruit. In season, reserve a guided tour with the owner to learn more about growing the haskap berry then pick your own with your family or friends in our orchard. At our kiosk, containers of varying sizes are available 24 hours a day on a self-serve basis

Délices du Lac-Saint-Jean, Jam maker : wild blueberry ÉCONOMUSÉE® $

170-A, rue Principale, Albanel
418 515-0359 – delicesdulac.com
Open: August 1 to September 15.

Délices du Lac Saint-Jean now offers the chance to pick wild blueberries in-season. Contact us for more information! **ad p. 33**

Bleuetière touristique

265, boulevard des Pères, Dolbeau-Mistassini
418 276-7646 – 1 866 276-7646
slmclaughlin@tourismedolbeaumistassini.ca
Open: Mid-July to end of August.

The town of Dolbeau-Mistassini has a visitor blueberry farm located right in the heart of town, near the visitor information center. It's accessible to visitors during the season. Open 7 days a week during the day, visitors can pick-their-own blueberries, in addition to buying fresh berries and related products on-site.

Musée Louis-Hémon $

700, route Maria-Chapdelaine, Péribonka
418 374-2177 – museelh.ca
Open: August.

Pick-your-own fresh blueberries in a maintained blueberry field. **ad p. 23, 36**

Complexe touristique du bleuet $

4005, rue Ambroise, Labrecque
418 481-1777 – bleuetierecoopstleon.com
Open: End of July to early September.

A friendly and safe site for handpicking or buying fresh blueberries. Interpretation trail, picnic table, homemade products and much more.

Verger CamNord

Saguenay

Ferme Michel Rivard et fille

315, 9e rang, Saint-Ambroise
418 672-4578 – fermerivard.com
Open: June to October.

Pick your own wild blueberries, potatoes, carrots, pumpkins and squash. Fresh wild blueberries and many related products available: spreads, butters, candied fruits and pies. Potato products: artisanal chips, fries and poutines. We even have blueberry poutine! We're looking forward to seeing you! Visit our web site and our Facebook page for more information.

Bakeries and cake-shops

Lac-Saint-Jean

Boulangerie La Mie de Saint-Antoine (Ermitage Saint-Antoine)

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
Open: May to September, Wednesday to Sunday.

The Mie de Saint-Antoine bakery offers many kinds of fresh bread including our very own home-baked bread with its soft tasty crumb. Whether you wish to take them home or take a short break right here, you'll certainly love our pastries. Try our mouth-watering brioches and pies, including our delicious Lac-Saint-Jean blueberry pie. You'll also find our products in the Campanile restaurant at the Ermitage Saint-Antoine. **ad p. 23, 192**

Route du Fjord

Boulangerie pâtisserie Chez Roger

126, rue du Saguenay, Saint-Fulgence
418 674-2534 – chezroger.saint-fulgence@gmail.com
Open: Year-round.

At Chez Roger, you'll find not only delicious home-made bread, but also delectable pastries and traditional dishes : cretons, pâtés, meat pies, donuts etc. Classic local products from Québec!

Chocolate Makers

Lac-Saint-Jean

Chocolats Rose Élisabeth

22, rue St-André, Métabetchouan Lac-à-la-Croix
418 719-4664 – roselisabeth.com
Open: Year-round.

The Rose Élisabeth chocolate factory has chocolates inspired by the wild fruits and spices of Saguenay–Lac-Saint-Jean. Wild blueberries, rhubarb, cheeses, craft beers: sophistication is on the menu! During the summer, we have special coffees, hot chocolate, tea and sorbets. Fresh dark or milk chocolate-covered blueberries are available in August.

Chocolaterie des Pères Trappistes

555, route du Père-François-Xavier, Dolbeau-Mistassini
418 276-1122 – 1 800 461-3699
chocolateriedesperes.com
Open: Year-round.

NEW! Now a member of the Économusee Network! Delve into the world of the Pères Trappistes and its chocolate factory. Explore an enchanting site and take part in our thematic circuit: a fun, educational, rewarding experience! You can meet Father Augustin at our store and taste our quality chocolate. Activities for the whole family including a new discovery circuit podcast. **ad p. 33, 156**

Chocolaterie Au Cœur Fondant

209, avenue du Pont Sud, Alma
418 480-1919, ext. 1 – aucoeurfondant.com
Open: Year-round.

At the Au Cœur Fondant chocolate factory we take pleasure in our sweet mission! Our employees love to make your shopping experience a memorable one. You'll find a warm welcome, an enticing description of each product, gift-wrapping service and of course the lovely smell of chocolate which permeates all areas of the boutique.

Saguenay

Bons Délices

244, rue Lafontaine, Chicoutimi Borough
418 545-1660 – bonsdelices.com
Open: Year-round.

Fine chocolate-making from various origins. We have over 1000 different forms of our home-made chocolate for Christmas, Valentine's Day and Easter. We also use blueberries in season. We are also proud to innovate in the region with our chocolate-dipped soft-style ice cream and we have gelato and Italian-style artisanal sorbets. Many regional products and organic coffees also available.

Chocolaterie Au Cœur Fondant

396, rue des Saguenéens, Chicoutimi Borough
418 480-1919, ext. 2 – aucoeurfondant.com
Open: Year-round.

At the Au Cœur Fondant chocolate factory we take pleasure in our sweet mission! Our employees love to make your shopping experience a memorable one. You'll find a warm welcome, an enticing description of each product, gift-wrapping service and of course the lovely smell of chocolate which permeates all areas of the boutique.

Route du Fjord

KAO CHOCOLAT

224, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 608-8494 – kaochocolat.com
Open: Year-round.

Kao Chocolat has fine hand-made chocolates made with organic chocolate and natural ingredients. With our unique flavours, you'll see that our chocolates are as good as they look! Also available : caramel popcorn, chocolate almond bark, dark chocolate-coated blueberries, chocolate bars and a selection of fine local products.

KAO Chocolat inc.

Ice-cream parlors

Lac-Saint-Jean

Les Halles du Bleuet

265, boul. des Pères, Dolbeau-Mistassini
418 979-3394 – hallesdubleuet@gmail.com
Open: April to September.

Ice cream shop, local products and art gallery.

Chocolaterie Au Cœur Fondant

209, avenue du Pont Sud, Alma
418 480-1919, ext. 1 – aucoeurfondant.com
Open: Year-round.

The ice-cream shop at the Au Cœur Fondant chocolate factory is a real guilty pleasure! As well as 18 flavours of pure Belgian chocolate dip, our menu has 50 kinds of frozen products. All our delights are hand-made using local products. You have been warned, it's impossible to resist our absolute sweet perfection! Come and try it!

Coffrets du Royaume

1275, avenue du Pont Sud, Alma
418 668-4596 – coffretsduroyaume.com
Open: April to September.

Our ice-cream shop has over 20 different kinds of chocolate dips from well-known regional chocolate-makers. Try a sundae with maple sauce or garnish your ice cream dessert with delicious blueberry syrup!

Saguenay

Bons Délices

244, rue Lafontaine, Chicoutimi Borough
418 545-1660 – bonsdelices.com
Open: Year-round.

Fine chocolate-making from various origins. We have over 1000 different forms of our home-made chocolate for Christmas, Valentine's Day and Easter. We also use blueberries in season. We are also proud to innovate in the region with our chocolate-dipped soft-style ice cream and we have gelato and Italian-style artisanal sorbets. Many regional products and organic coffees also available.

© Karyne Gagné

Chocolaterie Au Cœur Fondant

396, rue des Saguenéens, Chicoutimi Borough
418 480-1919, ext. 2 – aucoeurfondant.com
Open: Year-round.

The ice-cream shop at the Au Cœur Fondant chocolate factory is a real guilty pleasure! As well as 18 flavours of pure Belgian chocolate dip, our menu has 50 kinds of frozen products. All our delights are hand-made using local products. You have been warned, it's impossible to resist our absolute sweet perfection! Come and try it!

Route du Fjord

La Cabane à glaces

358 D, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 608-8399 – lacabaneaglaces.com
Open: June to September.

The Cabane à glaces is a proud family business where you can enjoy decadent frozen treats and where all the cookies, brownies and slushes as well as the garnishes and sauces are home-made. Don't miss our specialty: ice cream sundaes to be sampled on our terrace with a view of the Fjord!

Sugar Shacks

Saguenay

Érablière au Sucre d'Or

7800, chemin de la Chaîne, Chicoutimi Borough
418 678-2505 – sucredor.com
Open: March to end of April.

For people who love maple products, the Érablière au Sucre d'Or is more than just a sugar shack. It's a lovely place with its natural forest of maple trees. Come and learn how maple syrup and its derivative products are made. With a reservation, it's possible to visit us all year round. Or you can visit in the tourist season (July to October), Thursday to Saturday, and get a sugar shack-style meal.

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Mid-March to end of April.

Discover the traditions of the past. Spend an unforgettable day at the sugar shack of the Ferme 5 Étoiles with a delicious meal infused with the flavours of the maple season. Maple syrup on snow, horse drawn sleigh rides to visit the animals at the farm. Games and Québec dancing. Musicians and entertainment on weekends. Special package: sugar shack including one night, breakfast and "sugar time" programme available. **ad p. 13, 72**

Cheese Makers

Lac-Saint-Jean

Fromagerie St-Laurent

735, rang 6 Nord, Saint-Bruno
418 343-3655 – 1 800 463-9141
fromageriest-laurent.com
Open: Year-round.

Fresh daily cheddar, parmesan, Porto or fines herbs flavoured aged cheddar. Fresh cheese daily.

Fromagerie L'Autre-Versant

901, rang 3, Hébertville
418 344-1975 – lautreversant@digicom.qc.ca
Open: Year-round.

Quality raw milk farm cheese: Le Tremblay (soft cheese), Curé-Hébert (semi-firm) and Cru du Canton (firm). Whole farm milk 2L. Whole Cheddar cheese or curds.

Érablière au Sucre d'Or

© Laurent Silvani

Fromagerie et Boulangerie Médard

10, rue De Quen, Saint-Gédéon
418 345-2407 – fromageriemedard.com
Open: Year-round.

The Médard companies are an agri-food complex that includes an artisanal cheese factory (tasting and sale of cheeses, soft ice cream, dairy farm and local products), a bakery (bread and pastries counter) and a bistro (decadent lunches and dinners). Enjoy a cappuccino, soft ice cream and cheese tastings or learn more about life on the farm in an enchanting location.

Fromagerie Perron

598, rue Principale, Saint-Prime
581 584-3164 – 1 866 251-3164
fromagerieperron.com
Open: Year-round.

Founded in 1890, Fromagerie Perron is the oldest cheese company in Quebec with an ongoing international reputation for excellence. It produces exceptional quality cheeses such as aged cheddars, Swiss, and cheddar made fresh daily. Chez Perron is a new restaurant-boutique and an absolute must in Saint-Prime au Lac-Saint-Jean. Fromagerie Perron: a synonym for excellence!

BOUCHARD Artisan Bio

2350, route Saint-Eusèbe, Saint-Félicien
418 679-5609 – bouchardartisanbio.com
Open: Year-round.

Our organic artisan cheeses and yogourts are made exclusively from milk from our farm. We have been practicing organic farming for over 40 years. Fresh or aged cheddar, non-lactose cheese, wild blueberry cheese and yogourt. Free tasting. Observe the cheese-making process. Picnic area opposite the Véloroute des Bleuets bike trail. Guided tours available on reservation. ($).

Fromagerie Blackburn

Fromagerie au Pays-des-Bleuets

805, rang Simple Sud, Saint-Félicien
418 679-2058 – ferme3jinc.com
Open: Year-round, closed on Sundays from September 2 to June 27.

La Fromagerie au Pays-des-Bleuets is a family-run farm with a personal touch. Certified Zone Boréale, they offer a rally for all ages from Monday to Saturday (the rally is free of charge, but a voluntary contribution is always appreciated for support). Small farms, fruit trees, frogs, cows etc. Sampling of our cheese and products.

Fromagerie La Normandinoise

554, rue Saint-Cyrille, Normandin
418 274-3465 – lanormandinoise@hotmail.ca
Open: Year-round.

Soft cheese: Le Maria-Chapdelaine, Le François-Paradis, Le Péribonka. The cheddar: fresh, aged, flavoured. The ash cheese: Le chant du coq. Farm cheese.

Saguenay

Fromagerie Blackburn

4353, chemin Saint-Benoit, Jonquière Borough
418 547-4153 – fromagerieblackburn.com
Open: Year-round.

At the Fromagerie Blackburn, we are really proud of our cheese made on our own dairy farm. Our artisanal production methods ensure a consistently excellent product. Taste the region with our cheeses : the Cabouron, the Mont-Jacob, the Napoleon the Blackburn, the Riverin and our fresh cheddar.

Fromagerie Boivin

2152, chemin Saint-Joseph, La Baie Borough
418 544-2622 – 1 877 544-2622
fromagerieboivin.com
Open: Year-round.

Fresh and specialty cheddar.

© Patrick Simard et Alizés communication

Gardens and Horticulture

Lac-Saint-Jean

Jardin Scullion

1985, rang 7 Ouest, L'Ascension-de-Notre-Seigneur
418 347-3377 – 1 800 728-5546 – jardinscullion.com
Open: June 15 to October 1.

Often described as one of the most beautiful gardens in Quebec, Jardin Scullion contains 2,000 plant species. With a small farm and games for kids, it is located right in the middle of the spectacular landscape. Jardin Scullion offers hiking trails and a golf cart rental service gives visitors access to one of the largest coniferous gardens in the world! There is a restaurant on site.

Jardin Scullion

Public Markets

Saguenay

Parc de la Rivière-aux-Sables

2230, rue de la Rivière-aux-Sables, Jonquière Borough
418 698-3000 – saguenay.ca
Open: May 17 to September 7.

Water games area, petanque, lawn bowling and ultimate amusement. This park is located along the edge of Rivière-aux-Sables and offers a spectacular aluminium bridge for pedestrians and cyclists. Browse the public halls and discover regional products for your picnic. Cycling, boat rentals, trout fishing.

Microbreweries

Lac-Saint-Jean

Microbrasserie du Lac Saint-Jean

120, rue de la Plage, Saint-Gédéon
418 345-8758, ext. 101 – microdulac.com
Open: Year-round.

The Microbrasserie du Lac-Saint-Jean's bistro and pastoral terrace welcome you to an unforgettable experience, just a stone's throw from the Véloroute and surrounding beaches. Craft beers, such as the renowned Gros Mollet, are offered on-site. Sixteen seasonal beers are available to savour. Succulent local menu with beer and BBQ on Thursdays. Discover exclusive beers and unique products in the boutique.

ad p. 150, 151, 152, 155

Microbrasserie La Chouape

1134, boulevard Sacré-Coeur, Saint-Félicien
418 613-0622 – lachouape.com
Open: Year-round, closed Sunday to Tuesday in low season.

Savour our natural and local beer selection in a warm and friendly atmosphere. Located in the downtown core, it's the ideal gathering place for cocktails and to spend the evening in good company on one of the most beautiful terraces along the shoreline. Take the opportunity to discover unique beer brewed exclusively for our tasting locale and our award-winning beers at national and international competitions.

ad p. 150, 151

Microbrasserie le Coureur des Bois – Bistro

1551, boulevard Wallberg, Dolbeau-Mistassini
418 979-1197 – microlecoureurdesbois.com
Open: Year-round, closed Sunday to Tuesday in low season.

Coureur des Bois is a microbrewery located in on the northern point of Lac-Saint-Jean is the perfect place to spend some quality time with friends and family. Since it first opened in 2011, it quickly became a hot spot in Dolbeau-Mistassini. In summer, our magnificent terrace is the ideal place for cyclists and families to take a break. Our simple and tasty menu contains local products that pair wonderfully with craft beers.

ad p. 150, 151

© Brian Scullion

La Voie Maltée

Microbrasserie le Coureur des Bois – Usine et Boutique

427, route de La Friche, Dolbeau-Mistassini
581 596-3669 – microlecoureurdesbois.com
Open: Year-round, closed Sunday to Wednesday in low season.

The Coureur des Bois microbrewery located in on the northern point of Lac-Saint-Jean is the perfect place to spend some quality time with friends and family. Since it first opened in 2011, it quickly became a hot spot in Dolbeau-Mistassini. If you don't have the time to stop at the bistro, the brewery should be the next item on your itinerary. Visitors can purchase our delicious craft beers that pair wonderfully with local products.

ad p. 150, 151

Microbrasserie du Lac St-Jean – Alma

435, rue Sacré-Coeur Ouest, Alma
418 758-1570 – microdulac.com
Open: May to September, Wednesday to Saturday .

The Microbrasserie du Lac-Saint-Jean is the first microbrewery to operate in Lac-Saint-Jean. Its objective has always been to offer great local service. This is why we opened a new branch in Alma where you can find almost 100 different beers as well as a restaurant open all year round offering tasty dishes with an emphasis on food and beer pairing

ad p. 150, 151, 152, 155

Microbrasserie Lion Bleu

45, rue Saint-Joseph, Alma
418 769-0795 – microlionbleu.com
Open: Year-round, closed Sunday and Monday in low season.

This unique concept offers intimate spaces, a locale for artists, a stage with weekly shows and sporting events on a giant screen. Each beer is served in an appropriate glass according to the style and at the perfect drinking temperatures: 4 and 8 degrees. The bistro-style menu will be sure to please all palates. Try our beer tasting menu and savour our private imported selection of wine and scotch.

ad p. 150, 151, 156

Microbrasserie Riverbend

945, avenue Sicard, Alma
418 758-1519, ext. 100 – microriverbend.com
Open: Year-round, From January to May, opened from Monday to Friday only.

Microbrasserie Riverbend brews its beer on the outskirts of the Véloroute des Bleuets and near the Centre de villégiature Dam-en-Terre. Located in Alma's northern industrial district, the brewery is renowned for the quality of its canned beers, a feature that makes them easy to enjoy just about anywhere and for any occasion. We sell beer and a variety of promotional items. We give tours of the facility and offer tastings. For consumption at home.

ad p. 150, 151

Saguenay

La Voie Maltée

2509, rue Saint-Dominique, Jonquière Borough
418 542-4373 – 1 866 542-4373 – lavoiemaltee.com
Open: Year-round.

La Voie Maltée came to life over 15 years ago. Their specialized know-how enables them to offer a score of delicious beer brewed on-site in a friendly and festive atmosphere. Ambassadors of beer infused cuisine, they combine the subtle flavours of beer with the taste and aroma of the food in their menu. Come and live a one of a kind malt-infused experience!

ad p. 150, 151

Microbrasserie et pizzéria HopEra

2377, rue Saint-Dominique, Jonquière Borough
418 412-9900 – hopera.ca
Open: Year-round.

Discover our authentic microbrewery-restaurant where we specialise in traditional Italian pizza, menus half-way between bistro and gastronomic style, all accompanied by classic or unusual beers, brewed on-site. As an ambassador of the Saveurs de la Zone boréale, the restaurant is proud to get involved in the promotion of local products.

ad p. 150, 151

© Karyne Gagné

La Voie Maltée

777, boulevard Talbot, Chicoutimi Borough
418 549-4141 – lavoiemaltee.com
Open: Year-round.

La Voie Maltée came to life over 15 years ago. Their specialized know-how enables them to offer a score of delicious beer brewed on-site in a friendly and festive atmosphere. Ambassadors of beer infused cuisine, they combine the subtle flavours of beer with the taste and aroma of the food in their menu. Come and live a one of a kind malt-infused experience!

ad p. 150, 151

Pub La Tour à Bières

517, rue Racine Est, Chicoutimi Borough
418 545-7272 – latourabieres.com
Open: Year-round.

A flavour-infused location where clients can taste excellent beers prepared on-site. Outdoor and inside terraces offering breathtaking sceneries.

Route du Fjord

Bistro de L'Anse

319, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-4222 – chasse-pinte.com
Open: May to October .

Right in the centre of the village of L'Anse-Saint-Jean, the brewery cooperative La Chasse-Pinte creates beers which reflect the botanical richness of the boreal forest. Come and have a taste of the boréalie on the banks of the fjord.

ad p. 150, 151

Le Saint-Fût Microbrasserie coopérative

253-A, rue du Saguenay, Saint-Fulgence
581 574-4004 – lesaintfut.com
Open: May to October.

The Saint-Fût is a workers' cooperative located in the village of Saint-Fulgence, between the Monts Valin and the Saguenay Fjord. We put our heart and soul into the creation of our products which highlight the rich natural bounty of Quebec. Come and taste our beer on the terrace, open all summer.

ad p. 150, 151

Soap-makers

Saguenay

Savonnerie Chèvre-Feuille

803, de la Fabrique, La Baie Borough
418 306-5166 – chevrefeuille.ca
Open: Year-round, Closed in January.

Chèvre-Feuille is a family business specializing in artisanal soap-making using goat milk and pure vegetable oils. Some of our soaps are made with essential oils containing multiple beneficial properties. Others are lightly perfumed and have added natural ingredients such as honey, clay, maple syrup, fruit juice and other ingredients that make them exceptional.

Vineyards and locally produced beverages

Lac-Saint-Jean

Vignoble Couchepagane

1328, rang St-Anne, Métabetchouan–Lac-à-la-Croix
418 487-0178 – couchepagane.com/
Open: Mid-June to mid-October.

Vine growing (cold-climate tolerant hybrid grapes) and production of homemade wine. Selling blush wine, white wine, late grape harvest (ice wine type). Wine tasting on-site. On appointment.

Distillerie Beemer

55, boulevard de l'Anse, Roberval
418 765-3422 – distilleriebeemer.com
Open: Year-round.

We will be delighted to welcome you to our tasting room for a pleasant experience. Our distillery is specialized in the production of premium spirits created from local grown products. You are invited to visit our brand-new shop where you can find our ultra-premium gin, vodka, eaux-de-vie of blueberries, haskap and various kinds of liqueurs. You will also have the opportunity to see our production and our new copper pot stills.

La Bonté DiVigne

2090, chemin des deux rivières, Roberval
418 679-6547 – labontedivigne.com
Open: June to October, From Wednesday to Sunday.

Located in Roberval, near the regional highway, this vineyard has 3 500 vines and is particularly interesting because of the characteristics of the climate in this northern zone. Come and try our white, red, rosé and fortified wines. Take a guided tour or visit by yourself and take advantage of our rest areas. You'll find a friendly welcome, typical of the Lac Saint-Jean region!

Domaine L'Orée des bois

37, rang Saint-Joseph, Notre-Dame-de-Lorette
418 276-1075 – domaineloreedesbois.ca
Open: Year-round.

Wine and spirit-making from berries. Specialities: sparkling wines made from wild blueberries (traditional method), blueberry wine matured in barrels, liqueurs made from haskap berries and raspberries (cocktails). Visit our wine-cellar. Pick your own fruit and take our interpretation trail. Have a picnic with some of our local products. Made-to-measure packages and group tours. Unusual accommodation and boutique selling local products.

Vergers de Velours

324, route 169, Saint-Henri-de-Taillon
418 347-4639 – vergersdevelours.com
Open: Mid-May to Labor Day.

We're the only cider producers in the region and also the first to make a port-type cherry liqueur in Quebec. Pear liqueur, brandy-type Saskatoon-berry beverage, flavoured plum mistelle (redcurrant, grape). Blackberry and raspberry wine flavoured with apples. Our alcoholic beverages have won more than 27 awards, including the double gold distinction. Tasting available any time. **ad p. 156**

Miel des Ruisseaux, Beekeeper ÉCONOMUSÉE®

2924, Route du Lac Ouest, Alma
418 668-7734, ext. 3 – mieldesruisseaux.com
Open: Year-round.

Miel des Ruisseaux is the only mead producer in the area and offers four different varieties of honey wine, including blueberry. There are many ways to enjoy mead: with a meal, as an aperitif or as a cocktail. It can also be served as a digestif. Tasting available.
ad p. 15

Saguenay

Domaine Le Cageot

5455, chemin Saint-André, Jonquière Borough
418 547-2857 – domainelecageot.com
Open: Year-round.

Vineyard and small fruits. A regional treasure! The only one in Saguenay! Discover and taste our wines, aperitifs, digestifs, sparkling wine, wine vinaigrettes, jams, jellies, chocolates made with raspberries, blueberries, blackcurrants and grapes. We have received a number of medals and international recognition since 1977! Groups are welcome and you'll have access to a picnic area. Bilingual guided tours for a fee on reservation. **ad p. 154**

Distillerie du Fjord

48, chemin de Price, Saint-David-de-Falardeau
418 673-1012 – distilleriedufjord.com
Open: Year-round.

You are invited to visit the Distillerie du Fjord, the very first distillery in Saguenay–Lac-Saint-Jean. We are inspired by our surroundings to create unique hand-crafted spirits which reflect the riches of our boreal forest. We'd like to share this experience with you! Reserve your guided tour. Consult our web site for further details. Cheers!

Farm tours and activities

Lac-Saint-Jean

BOUCHARD Artisan Bio

2350, route Saint-Eusèbe, Saint-Félicien
418 679-5609 – bouchardartisanbio.com
Open: Year-round.

We have been practicing organic farming for over 40 years. Read seven explanatory signs on a self-guided outdoor tour and learn about our history and our land. Free tasting. Watch the cheese-making process. Picnic area opposite the Véloroute des Bleuets bike trail. Guided tours of the farm on reservation ($). See our web site for details.

Domaine le Cageot

Domaine L'Orée des bois

37, rang Saint-Joseph, Notre-Dame-de-Lorette
418 276-1075 – domaineloreedesbois.ca
Open: Year-round.

A site with many different activities : sleep in a yurt, picnic with local products, visit our wine cellar and see wine-making (sparkling blueberry wine made by the traditional method) and fine liqueurs. Hiking, guided or self-guided tours and fruit-picking. Original made-to-measure packages. Free tasting . Boutique with local products.

Ferme Gilbert et Fils

587, rue Principale, Saint-Henri-de-Taillon
418 487-8021 – fermegilbert.com
Open: Year-round.

A visit to our site includes the robotic computerized farm, as well as the mini-farm (goats, rabbits, chickens and llamas). Picnic area and parking for RV's. Group visits available on reservation.

Vergers de Velours

324, route 169, Saint-Henri-de-Taillon
418 347-4639 – vergersdevelours.com
Open: Mid-May to Labor Day.

We produce alcoholic beverages that have won national and international prizes. We welcome groups between 10 and 50 people with seating available. Reservations are required for our guided tour "Apéro aux vergers". The activity begins at 6 p.m. and lasts approximately two hours. Visit our various orchards, processing facilities and the reception centre where you can sample local products and a variety of Vergers de Velours' alcoholic beverages. **ad p. 156**

Saguenay

Domaine le Cageot – Vignoble

5455, chemin Saint-André, Jonquière Borough
418 547-2857 – domainelecageot.com
Open: Year-round.

Vineyard and small fruits. A regional treasure! The first and only one in Saguenay! Discover and taste our wines, aperitifs, digestifs, sparkling wine, wine vinaigrettes, jams, jells, chocolates made with raspberries, blueberries, black currant and grapes. We have received a number of medals and international recognition since opening in 1977! Groups are welcome and access to a picnic area. Bilingual guided tours for a fee and with a reservation. **ad p. 154**

Aux Jardins d'Alex et Jennie

5241, boulevard Talbot, arr. Chicoutimi
418 590-1314 – jardinsaj@hotmail.com
Open: Mid-July to Mid-September.

Les Jardins d'Alex et Jennie have installed a fruit and vegetable stand right at the gateway to our region. Stop by to get their speciality, sweetcorn, but also to enjoy a nice picnic spot and a small farm with little animals. Home-made lemonade, rustic bread, pick-your-own strawberries, flowers, ride in a small train and corn maze.....enjoy these country pursuits!

Aux Jardins d'Alex et Jennie

Ferme Michel Rivard et fille

315, 9e rang, Saint-Ambroise
418 672-1818 – fermerivard.com
Open: June to October.

With family or with friends, visitors can sample our homemade products, including our delicious blueberry poutine, explore our quaint interpretation trail and pick their own wild blueberries and potatoes. Children will love the inflatable games and other activities, including feeding the chickens. Visit our website and our Facebook page for more information!

© Canopée Médias, Aux Jardins d'Alex et Jennie

Les Alpagas Là! Là! du Domaine des Rois

518, rang Ouest, Saint-Ambroise
418 321-5252 – lesalpagaslala.com
Open: Year-round, Saturday and Sunday from October to May.

At the Les Alpagas Là! Là! farm, you'll be surrounded by lots of endearing and affectionate alpacas. The friendly owners will show you a unique experience! Watch all the stages of our process, from shearing to the finished product! Come and meet the alpacas in their environment! Feel like a kid again when you pet them, feed them and have your photo taken with them!

Route du Fjord

La Vieille Ferme

163, chemin Pointe-aux-Pins, Saint-Fulgence
418 674-1237 – agneaudufjord.com
Open: June 27 to mid-October.

Get the most authentic Saguenay terroir experience! With its picturesque decor, the Vieille Ferme will let you combine your picnic (choice of menus made with farm products) and a marked trail with with great views of the fjord. You'll be able to feed the chickens, sheep and pigs. Play area and also a shelter where you can eat if it's raining. In our boutique: exclusive fruit-based products, vegetables and meat from the farm.

Le Chevrier du Nord Animal fibre craft : mohair ÉCONOMUSÉE®

71, rang Saint-Joseph, Saint-Fulgence
418 590-2755 – chevrierdunord.com
Open: Year-round, Mandatory reservation from October to May.

A family farming business that raises angora goats to transform the goat's hair, called mohair, using traditional production methods such as knitting, weaving, felting, fulling and dyeing. It's then converted to fabricate clothing designed by Annie Pilote. Discover the production and transformation process of these silky fibers.

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
Open: Year-round.

Looking for ideas for fun activities during your family vacation? Experience a visit at the Ferme 5 Étoiles. You can observe in our wildlife refuge nature park: bison, fallow deer, moose, wolf and our lynx. Walk around the enclosures and enjoy petting our farm rabbits, dogs and other animals. A can't-miss experience!

ad p. 13, 72

Le Chevrier du Nord

© Karyne Gagné

FREE SPIRITS

Day and night, there's always something going on here. Because we're bursting with energy, there are more events than you can shake a stick at. Whether it's a foodie festival, a sports event, a spontaneous gathering in an urban park, a show, or a play—there's always something to get excited about.

Saguenay

Rapid Fire!

In Saguenay, the festive spirit is wildly contagious. It's impossible to stay home when you see the number of cultural and trendy events the festive city puts on all year. When the locals join the party, fun is guaranteed!

More details at saguenay.ca

When the locals join the party, fun is guaranteed!

MUSIC FANS

La Noce Festival
July 2 to 4, 2020

Jonquière en musique
July 1 to 18, 2020

Festival international des Rythmes du Monde
August 6 to 15, 2020

Les Grandes Veillées Festival
August 21 to 23, 2020

EPICURIOUS

Festivals des vins de Saguenay
July 9 to 11, 2020

Festival des Bières du Monde
July 16 to 19, 2020

ARTSY

Zoom Photo Festival Saguenay
October 7 to 25, 2020

REGARD: Saguenay International Short Film Festival
March 17 to 21, 2021

WINTER FUN

Saguenay en neige Festival
February 4 to 14, 2021

Festi-Frette
February 2021

© André Ouellet, Canopée Médias

ONE VIBRANT CITIES AND FESTIVITIES HOT SPOT

Ville de Saint-Félicien

We can't get enough of the country festival and the annual regatta, nor of the Féliscène events that take place in the heart of the city. At night, head to the parc du Sacré-Cœur to watch the *Eau, son et lumière* fountain show.

ville.stfelicien.qc.ca
1 877 525-9888

Music and gourmet food festivals, celebrations of art, cinema, and winter's pleasures—Saguenay–Lac-Saint-Jean always has something on that's worth writing home about!

Check saguenaylacsaintjean.ca to plan your calendar.

© Louis Jacob, Café du Clocher

Vibrant Cities and Festivities

In Saguenay–Lac-Saint-Jean, the cities and villages can be explored on foot, by bike, and why not, by boat. It's where you'll discover great restaurants, shows, and a variety of festivals that bring the region to life while taking tours of its heritage sites.

▼ Classified by Dates.

Regional Events

All year round

Zone portuaire de Chicoutimi

49, rue Lafontaine, Chicoutimi Borough
418 698-3025 – zoneportuaire.com

The Zone Portuaire of Chicoutimi plays host to several cultural, social and sporting events as well as prestigious shows. Visit our web site for programme details.

ad p. 44

April 21 to 25, 2020

Festival de Jazz et Blues de Saguenay

460, rue Racine Est, Chicoutimi
418 817-4529 – jazzetblues.com

The festival's mission is to offer memorable moments of jazz and blues to thousands of fans. Artists from all over the world and Canada are invited for five days of great performances in over ten different locations!

May 1 to 3, 2020

Festival de la Bernache

253, rue Saguenay, Saint-Fulgence
418 673-1714, ext. 2321
ville.st-fulgence.qc.ca/citoyen/festival-de-la-bernache/

This festival celebrates nature, culture, and spring with the arrival of thousands of birds at this breathtaking outdoor site.

May 13 to 17, 2020

Festival des Musiques de Création du Saguenay–Lac-Saint-Jean

Jonquière Borough
418 547-2904 – musiquesdecreation.org

Revel in the Festival des musiques de création (FMC), a unique, bold, large-scale music event with exclusive concerts.

June 12 to 14, 2020

Festival Saint-Honoré dans l'Vent

Aéroport Chicoutimi-Saint-Honoré, Saint-Honoré
418 673-3405, ext. 2141 – sthonoredanslvent.com

Kites from around the world and fun family activities! New environmental component with entertainment, exhibitions and workshops.

June 18 to 21, 2020

Symposium International de peinture et sculpture du Saguenay Lac-St-Jean

Hangar de la zone portuaire Chicoutimi,
Chicoutimi Borough
418 718-9960 – symposiumsaguenay.com

Since 2000, at the beginning of summer, this symposium has been celebrating art and culture in beautiful Saguenay. The old port area welcomes around 35 international artists who create original works on the spot for the public to admire.

© Festival Saint-Honoré dans l'Vent / Fabrice Tremblay

June 19 to 21, 2020

Les Régates de Saint-Félicien

Saint-Félicien
418 679-4178 – regatessaintfelicien.com

Hydroplane racing on the Ashuapmushuan river with five different watercraft classifications, including for the first time in Saint-Félicien, the JSS class. Country music shows downtown and entertainment for kids Saturday and Sunday. Come celebrate our 15th anniversary!

June 26 to 27, 2020

Fête de la bière

120, rue de la Plage , Saint-Gédéon
418 345-8758, ext. 101
administration@microdulac.com

This festival is not the usual commercial one. The organizing committee makes a preselection from microbreweries using members' personal choices and also by consulting the Beergeek forums to see what's popular and how it's selling. It's a friendly minifestival where everybody's talking beer!

June 26 to 28, 2020

Randonnée Hydro-Québec

75, boulevard Saint-Luc , Alma
418 668-8430 – 1 877 668-8430 – liberteavelo.ca

A bike tour of Lac Saint-Jean following the Véloroute des Bleuets and cycling paths of neighbouring towns.

July 2 to 5, 2020

Festival country de Labrecque

Labrecque
418 481-9999 – festivalcountrylabrecque.ca

Rodeos, gymkhana, entertainment, country dancing, exhibitions and animation. Fun times for the entire family! Possibility of camping on-site.

July 2 to 4, 2020

Festival La Noce

49, rue la Fontaine, Chicoutimi Borough
514 507-6964 – lanoce.net

Introducing La Noce, the new Saguenay cultural event in July, highlighting innovative projects mixing music and other creative arts.

July 3 to 11, 2020

Festivalma

525, rue Sacré-Coeur Ouest, Alma
418 662-4083 – festivalma.com

Festivalma has been a popular festival including both sport and culture for 46 years. The event takes place at the beginning of July in various locations.

July 9 to 11, 2020

Festival des vins de Saguenay

Chicoutimi Borough
418 602-0883 – festivinsaguenay.ca

Take part in the greatest wine festival in Québec. Discover over 400 wine products and articles at our many kiosks.

July 10 to 12, 2020

Grand Rassemblement des Premières Nations

1514, rue Ouiatchouan, Mashteuiatsh
418 275-2473 – mashteuiatsh.ca

Boat and portaging competitions, triathlon, pow-wow, singing and dancing to the sound of the teuehikan, fireworks, game tasting and much more! **ad p. 112**

July 16 to 19, 2020

Festival des Bières du Monde

459, rue Racine Est, Chicoutimi Borough
418 545-1115 – bieresdumonde.ca

Over 60 exhibitors, 450 different beers to taste, international shows and over 90 000 visitors. Great beer, food and music!

July 17 to 25, 2020

Traversée internationale du lac St-Jean

1130, boulevard Saint-Joseph, Roberval
418 275-2851 – traversee.qc.ca

Famous open-water swimming festival on Lac Saint-Jean! International competitions and amateur races, free or moderately-priced family activities, entertainment, fireworks and the renowned Loto-Quebec supper in the street where 10 000 people eat around a table that is 1.4 km long!

July 23 to 25, 2020

Festival des bières d'Alma

Alma
418 669-4011 – bieresalma.com

Over 35 microbreweries and microdistilleries, plus around 15 food kiosks congregate in Alma to have you discover their creations.

July 23 to 25, 2020

À l'Eau Péribonka

Péribonka
418 374-2967, ext. 104 – aleau@peribonka.ca

Light shows, music, circus arts, culinary delights and sports. Watch the start of the Traversée Internationale du lac Saint-Jean!

July 29 to August 2, 2020

Festival du bleuet de Dolbeau-Mistassini

60, rue Savard, Dolbeau-Mistassini
418 276-1241 – festivaldubleuet.com

Blueberry-themed festival for all the family: enjoy professional entertainment, visit a blueberry field, taste the world's biggest blueberry pie and watch the parade. One of the oldest festivals in Québec. This year it's our 60th anniversary so come and celebrate with us!

July 30 to August 2, 2020

Festival du Cowboy de Chambord

71, boulevard de la Montagne, Chambord
418 342-6274, ext. 385 – festivalducowboy.com

Rodeo with wild bulls and horses, gymkhana, free outdoor shows, children's activities and much more! Free access to the site.

August 5 to 9, 2020

Festival de contes et légendes Atalukan

55, rue Mahikan, Mashteuiatsh
418 765-3003 – atalukan.com

Discover the heart and soul of the First Nations through story-tellers who come from the different aboriginal communities of Québec: on the shores of Pekuakami in Mashteuiatsh.

August 6 to 9, 2020

Festival gymkhana de Falardeau

51, rue du Chalet, Saint-David-de-Falardeau
418 540-5700 – festivalfalardeau.com

A family festival that includes an equestrian gymkhana competition. Games for kids, trampoline and line dancing. Night shows.

stival de contes et légendes Atalukan

August 6 to 15, 2020

Festival International des Rythmes du Monde

459, rue Racine Est, Chicoutimi Borough
418 545-1115 – rythmesdumonde.com

The unique, free multicultural event gets its audience moving with music from all four corners of the world. The biggest party this summer!

August 9 to 15, 2020

Festival de la chanson de Saint-Ambroise

156, rue Gaudreault, Saint-Ambroise
418 672-1144 – 418 672-1144
chansonsaintambroise.com

Come enjoy talent from all over Quebec at this festival.

August 12 to 16, 2020

Festival LM Country de Saint-Nazaire

Saint-Nazaire
418 662-1005 – festivalcountrystnazaire.com

Twenty-five country singers will be performing.

August 13 to 16, 2020

Milot en rodéo

Saint-Ludger-de-Milot
418 373-2266 – corpodev-milot@hotmail.com

Gymkhana competitions, a variety of entertainment and a multitude of activities. No charge for admission.

© André Lemelin

August 14 to 16, 2020

Festival du fromage et du terroir

125, rue Saint-Hilaire, Saint-Prime
418 251-2116, ext. 2244 – saint-prime.ca

The Festival du fromage et du terroir is a a gastronomic event which brings together cheese-makers, small fruit producers, local businesses from Saguenay–Lac-Saint-Jean and other regions of Québec. A unique occasion to taste an assortment of products and to meet the passionate people who produce them!

August 21 to 23, 2020

Festival Les Grandes Veillées

422, rue Victoria, La Baie Borough
418 306-8723 – lesgrandesveillees.com

Les Grandes Veillées is a three-day traditional Québec-style musical and cultural festival. Shows, street entertainers, family days and local craftspeople keep up the traditions of yesteryear. Come dance a jig with us and celebrate the spirit of the Fjord for our 14th edition!

August 28 to 29, 2020

Festival des brasseurs de Dolbeau-Mistassini

1264, boulevard Wallberg , Dolbeau-Mistassini
418 276-1152, ext. 4423 – 418 637-8029
festivaldesbrasseurs.com

Our festival gives you the opportunity to taste beers from Québec microbreweries and also to discover other local products.

August 30, 2020

Je m'en Racine

Place du Citoyen, 175, rue Racine Est,
Chicoutimi Borough
418 693-5126 – info@acvchic.ca

From noon to 4 pm, visit the kiosks of several downtown stores offering their products and services. Take part in the numerous free activities for all the family. Games, surprises, entertainment and music.

September 3 to 6, 2020

Festival d'humour d'Alma

595, rue Collard, Alma
418 720-0769 – festivalhumouralma.com

The greatest comedy festival in the region and one of the biggest in Québec! Come and watch our quality shows. You'll see comedy greats on stage, with opening numbers by carefully selected emerging comedians: festival-goers will have the time of their lives in downtown Alma!

September 5 to 7, 2020

Festiciel

222, rue Saguenay, Saint-Fulgence
418 674-8368 – traction@conceptair.com

The exceptional flight site configuration in Saint-Fulgence allows us to present a colourful and thrilling spectacle. There are several activities such as projections, exhibitions, two-seater paragliding and paramotoring, kite demonstrations, corn roast and many other surprises!

September 12 to 13, 2020

Symposium de peinture du Village historique de Val-Jalbert

95, rue Saint-Georges , Chambord
1 888 675-3132, ext. 605 – valjalbert.com

Nearly thirty painters share their passion and creativity with visitors at the 23rd edition of the Symposium de peinture in historic Val-Jalbert.

ad p. 240

September 18 to 20, 2020

Fiesta Mistassibi

Saint-Stanislas
418 346-7238 – 1 866 697-7238
info@aventure-expedition.com

International event on the Mistassibi river in Saint-Stanislas, in Lac-Saint-Jean. White-water rafting and canoe/kayak with the Canadian rafting championship in 2020.

Festival d'humour d'Alma

© Festival d'humour d'Alma

October 9 to 11, 2020

Festival des couleurs du Fjord

Saint-Félix-d'Otis, Rivière-Éternité, L'Anse-Saint-Jean et Petit-Saguenay
418 544-7629 – fcdufjord@outlook.com

This symposium is an annual event which brings together professional and young emerging visual artists on a provincial and international level as well as craftspeople of all categories, in four exhibition rooms during the Canadian Thanksgiving weekend.

October 16 to 18, 2020

Festival Tang-aux-Foins

257, rue Saguenay, Saint-Fulgence
418 812-0554 – tangauxfoins.com

The only tango festival in Saguenay–Lac-Saint-Jean will delight all your senses! Music, dancing, gastronomy and excellent wines re-create the pure Milongas tradition from Argentina. Experience the charm of Buenos Aires and dance all night at the Tang-aux-Foins festival!

November 21, 2020

Arrivée du père Noël au centre-ville de Chicoutimi-Nord

2230, rue Roussel, Chicoutimi Borough
418 693-5126
facebook.com/centresvillesdechicoutimi

Meet Santa when he arrives in downtown Chicoutimi-Nord. Entertainment, inflatable games, surprises and hot chocolate. Free.

December 3 to 6, 2020

Marché de Noël européen de Saguenay

155, rue Racine Est, Chicoutimi Borough
418 693-5126 – info@acvchic.ca

Enjoy the magnificent light-filled decor of this European-style Christmas market with its little cabins, each housing a different exhibitor. Outdoor fire, choirs, Santa Claus, story-telling, treats of all kinds and yummy spiced wine.

Marché de Noël européen de Saguenay

Mid-January to End of March 2021

Village sur glace de Roberval

1182, boulevard Saint-Joseph, Roberval
418 637-2036 – villagesurglaceroberval.com

Free admission to the site, open seven days a week. A village of over 150 cabins with an ice ring, a walking trail, swings and three hockey rinks. Fatbikes and prospector tents available for rent. Skate and equipment loan free of charge. Organized activities every Saturday! Don't miss it!

January 16 to March 7, 2021

Village boréal de Saint-Félicien

Marina de Saint-Félicien, Saint-Félicien
418 679-3335 – sdc@ville.stfelicien.qc.ca

Located on the ice of the Ashuapmushuan River, the village has a one-kilometre walking trail and skating ring as well as a hockey rink and a play area for children with igloo, swings, slides and tiny house. Activities every weekend. Free loan of skates and snow scooters.

February 4 to 14, 2021

Saguenay en neige

2330, rue de la Rivière-aux-sables, Jonquière Borough
418 695-1769 – saguenayenneige.com

Saguenay en Neige is a prestigious winter activity that has its own special characteristics: a gigantic ephemeral art gallery and an open-air museum. Our festival, free of charge, is essentially devoted to snow sculpture and to winter activities.

Beginning of February 2021

Double défi des deux Mario – Sur la pointe des pieds

Village sur Glace de Roberval, Roberval
418 543-3048 – 1 877 543-3048
pointedespieds.com

Go right across Lac Saint-Jean in winter! Three days on snowshoes or skis and two nights winter camping, supervised by a highly-professional team. The Double défi also aims to raise funds for the Sur la pointe des pieds foundation, which helps young cancer victims.

© Marché de Noël européen de Saguenay

February 20, 2021

Les Courses CRYO

Village sur Glace de Roberval, Roberval
418 543-3048 – coursescryo.com

The only one in the world! A race for runners across Lake Saint-Jean in winter in the half-light. Two marked and maintained trails: 10 or 32 kilometers, with heated shelters every 5 km. Take up the challenge of the chilly lake by night!

Les Courses CRYO

March 2021

Défi ski Leucan

Station de ski Le Valinouët, Saint-David-de-Falardeau
418 602-3385 – defiski.com

Help young cancer patients to get better! Money raised during the activity helps to reduce families' financial worries and psychological distress, as well as improving the survivors' quality of life. Included: day ticket, equipment rental at a reduced price, snacks and family activities.

March 17 to 21, 2021

Festival REGARD – Saguenay International Short Film Festival

Saguenay
418 698-5854 – festivalregard.com

The most important short film festival in Canada, REGARD plays host to a competition recognized by the Oscars. Certified CQEER (Quebec ecoresponsible events). A Saguenay staple in winter!

June 26 to 27, 2021

Spectacle aérien international de Bagotville

BFC Bagotville, La Baie Borough
418 677-4000, ext. 4575 – saibagotville.com

The BIAS is a great family activity in the Saguenay-Lac-Saint-Jean region. Breathtaking aerial displays plus a vast exhibition on the ground.

▼ Classified by Sub-themes.

Movies

Lac-Saint-Jean

Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687
zoosauvage.org/cinema-du-zoo
Open: Year-round.

Are we going to the movies tonight? Step into the region's largest 3D movie theatre at the Zoo sauvage de Saint-Félicien! Weekly and for your enjoyment, we screen a variety of movies in our modern, state of the art theatres. Come to the movies ! **ad p. C2, 12, 63**

Saguenay

Cinéma Place du Citoyen

155, rue Racine Est, Chicoutimi Borough
418 693-5126 – info@acvchic.ca
Open: June to September.

Watch a film outdoors with your family for free. Friday evenings , occasionally.

Urban Parks

Lac-Saint-Jean

Parc de la Chute-à-Michel

2036, boulevard du Jardin, Saint-Félicien
418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca
Open: Year-round.

Located on the scenic boulevard du Jardin and close to the downtown area, the Chute-à-Michel Park is the ideal place for a family outing on the banks of the Ashuapmushuan river. Take a moment to admire the beautiful landscape, the falls, rapids and the flora and fauna of this enchanting site.

Parc de la Chute-à-Michel

© Les Courses CRYO, Ville de Saint-Félicien

Parc du Sacré-Cœur

1232, boulevard du Sacré-Coeur, Saint-Félicien
418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca
Open: June to October.

The Sacré-Cœur Park is located downtown, just in front of the sumptuous gothic-style church. There's a panoramic view of the Ashuapmushuan River. When you visit, you'll learn more about the history of this park, founded at the beginning of the 20th century. Every night, there's a free sound, light and water show.

Saguenay

Zone portuaire de Chicoutimi

49, rue Lafontaine, Chicoutimi Borough
418 698-3025 – zoneportuaire.com
Open: Year-round.

The Zone portuaire in Chicoutimi has been part of community life since its foundation in1992. It's the biggest urban park in the region and it's located downtown! You can stroll on a boardwalk on the banks of the Saguenay. Services: access to washrooms, restaurant, ice-cream shop, and water play surrounded by green spaces in summer. It's also an ideal place to hold major events. **ad p. 44**

Summer theatre venues and shows

Lac-Saint-Jean

La Route des Légendes

Lac Saint-Jean
418 979-3394 – routedeslegendes.com
Open: July to August, Thursday and Friday.

La Route des Légendes invites you to visit its three summer theatres in Lac-Saint-Jean. The town of Dolbeau-Mistassini presents its humorous play at the Halles du Bleuet. At the church of Saint-Eugène-d'Argentenay, we've been showing you our crazy stories for over ten years! And Sainte-Monique-de-Honfleur, for its third year, has its very own outdoor adventure theatre. For further information, visit routedeslegendes.com.

Camp Musical du Saguenay-Lac-Saint-Jean

1589, route 169, Métabetchouan-Lac-à-la-Croix
418 349-2085 – 1 888 349-2085
campmusical-slsj.qc.ca
Open: June to September.

Each summer, the Music Camp has a varied programme of summer concerts: variety shows, well-known classical musicians, jazz artists and world music professionals. Consult our web site for programming and tariffs. Reservation can be made online, by phone or in person. Bistro and terrace «Le Belvédère». Free access to the terrace with its magnificent view of Lake Saint-Jean.

Parc de la Caverne du Trou de la Fée

chemin du Trou de la Fée, 7e Avenue, Desbiens
418 346-1242 – cavernetroudelafee.ca
Open: June 13 to October 12.

Supported by sound and light effects, this immersive show brings to life the major events in the history of the Parc de la caverne du « Trou de la Fée ». Unique in Québec, the projection room carved out of Canadian shield granite forms a natural amphitheatre measuring 7 meters high by 16 meters diameter. The wall of rock is used as a screen for a 360 degree, 21-minute captivating production. A wonderful experience! **ad p. 15, 22, 23**

Ermitage Saint-Antoine

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
Open: May to October.

Origine is an immersive multimedia show which aims to give the public an extraordinary visual narrative experience. Instead of speech, pictures and music are the stars so that the spectator is surrounded by special new sensations. Produced in Québec, it's different, modern and unique in North America! **ad p. 23, 192**

Théâtre d'été : Les Zanimés

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
Open: July, Sundays, Mondays and Tuesdays.

The Les Zanimés theatre group has been around since 1992 in Normandin. Its passionate and enthusiastic volunteer members present comedies which are ideal for summer theatre as they are light, funny and entertaining. Ten performances are scheduled for July. Most of the proceeds are given to local community organizations. **ad p. 31**

Le Météore, Pub et Spectacles

1504, boul. Wallberg, Dolbeau-Mistassini
418 276-7469 – meteore.ca
Open: Year-round.

Whether attending a professional theatre performance or a sports gala, you will have an array of entertaining activities to choose from at Météore. We recommend the following three items: the menu, the atmosphere and the service.

Auberge Île du Repos

105, chemin de l'Île-du-Repos, Péribonka
418 347-5649 – iledurepos.com
Open: 15 May to 15 September, most shows begin at 9 pm.

Every summer, L'Île du Repos presents a programme of different cultural activities including a series of shows specially selected for their intimate character and highest quality. Big names in a small professional auditorium of 130 places. The stage also encourages co-presentations of up and coming regional artists. The inn is equally active in many art and cultural sectors. **ad p. 36**

Centre de villégiature Dam-en-Terre

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
Open: July and August, Tuesday to Saturday.

At the Dam-en-Terre resort, the summer theatre troupe has been producing hilarious plays for over 30 years. With its professional team of actors, it is no surprise critics continue to applaud their shows. Join us this upcoming season and choose either the dinner/theatre or cruise/dinner/theatre package.
ad p. 40, 41

Saguenay

La Route des légendes – La caravane en panne

Saguenay-Lac-Saint-Jean
581 986-2842 – routedeslegendes.com
Open: June to October.

Where will the caravan lose power this time? La Caravane will be presented more than twenty times this summer. Don't miss this incredibly unique play! Journey through the region's rich history and its anecdotes. Come experience the humorous and unbelievable adventure with the Arnaque sisters, Politicailleux, Mécano and Gars de la place. Family fun guaranteed!

Théâtre La Rubrique

4160, rue du Vieux-Pont, Jonquière Borough
418 542-5521 – theatrelarubrique.com
Open: Year-round.

With creation, distribution, and promotion in all forms, Théâtre La Rubrique offers an array of Quebec plays as well as national and international productions for adult and young audiences. Through our original productions, talented artists and local and foreign producers, we provide people with access to cultural diversity, artistic works and to an unparalleled creative process.

Les Concerts Midi des centres-villes de Chicoutimi

Place du Citoyen, 155, rue Racine Est,
Chicoutimi Borough
418 693-5126 – info@acvchic.ca
Open: Tuesday and Wednesday lunchtime from June 16 to 19 August 2020.

Outdoor concerts presented every Tuesday and Wednesday lunchtime starring regional musicians.

Zone portuaire de Chicoutimi

49, rue Lafontaine, Chicoutimi Borough
418 698-3025 – zoneportuaire.com
Open: Year-round.

Located in the heart of Saguenay (Chicoutimi borough), the Zone portuaire park is a great place to watch different types of shows on the Grande scène Ubisoft-Le Quotidien stage. Shows are presented throughout the season, many of them free. **ad p. 44**

La Fabuleuse Histoire d'un Royaume

1831, 6e avenue, La Baie Borough
418 698-4080 – 1 888 873-3333
diffusion.saguenay.ca
Open: July and August 2020, performance at 7:30 p.m.

Looking to the future, the *Fabuleuse Histoire d'un Royaume* continues the adventure and proudly welcomes a new artistic team on board for its 33rd tourist season. With its great story, hundreds of voluntary actors and its wonderful theatrical scenery, the Fabuleuse show has a breath of fresh air this year with the new artistic director, Jimmy Doucet. **ad p. 47**

Route du Fjord

La Route des Légendes - La maison coupée en deux $®

251, rue saguenay, Saint-Fulgence
1 855 550-7469 – routedeslegendes.com
Open: July 16 to August 28, Thursday and Friday.

La maison coupée en deux presents «Petit miracle». Be a part of our family! Come and watch a colourful eighties-style christening! Saint-Fulgence has its summer theatre on a most original stage: a real house cut in half! A funny play by the Route des Légendes.

Théâtre de la Maison coupée en deux $

251, rue Saguenay, Saint-Fulgence
418 673-1714, ext. 2321 – 1 855 550-7469
ville.st-fulgence.qc.ca/citoyen/theatre-de-la-maison-coupee-en-deux/
Open: Mid-July to the end of August, Thursday and Friday.

Since 2014, the Maison coupée en deux theatre has presented shows for all the family on a unique stage. Oh yes we did it! We cut a house in two to resemble a doll's house. 150 spectators can sit on rows of outdoor seats. Consult our web site for details of the play.

Business Tourism

Lac-Saint-Jean

Bureau des congrès Lac-Saint-Jean Ⓢ

1682, avenue du Pont Nord, Alma
418 669-5403 – 1 877 668-3611
congreslacstjean.com
Open: Year-round.

The Lac Saint-Jean Convention Bureau has three convention centres: Alma, Roberval and Saint-Félicien. This means 1000 rooms, 125 business meeting places and 50 activities covering all the territory of Lac-Saint-Jean-Est and Domaine-du-Roy. The bureau can also offer valuable help and advice for planning and organizing events. Contact our team for more information!

Saguenay

Office du tourisme et des congrès de Saguenay Ⓢ

2555, boulevard Talbot, Chicoutimi Borough
418 698-3157, ext. 6027 – saguenay.ca
Open: Year-round.

With over 850 4-star hotel rooms, 5 convention centres and well-known inns, Saguenay is the ideal business destination. The majestic fjord and lively urban life are the perfect background for your event. Both refined and exciting, Saguenay will delight you not only with its wide choice of tasty restaurants but also with a unique choice of exhilarating activities which show the world that we know how to party! Choose Saguenay!

City tours and guided tours

Saguenay

Guides Saguenay $®

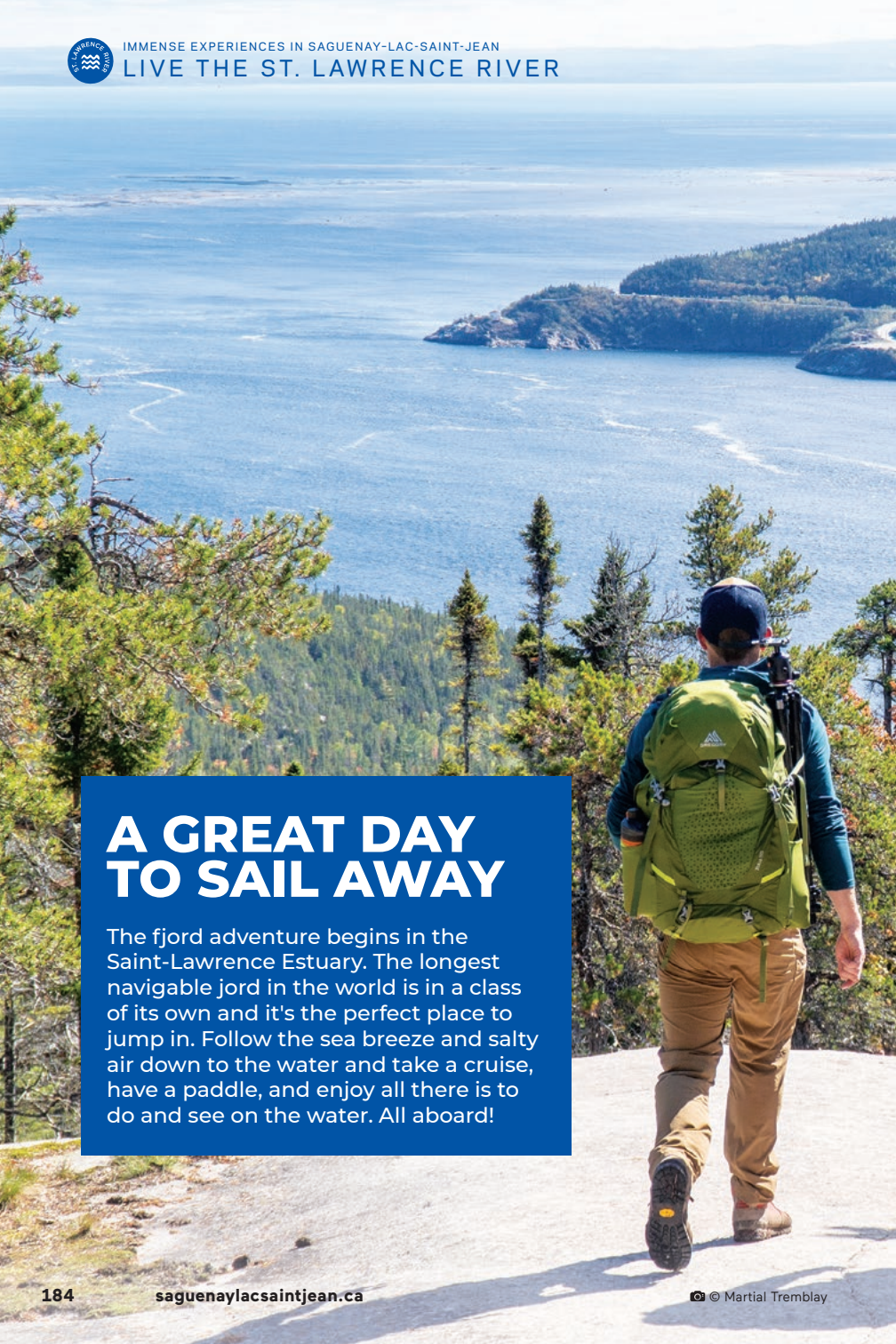
900, rue Mars, La Baie Borough
418 290-9903 – guidesaguenay.com
Open: Year-round.

Guides Saguenay provides professional, multilingual tour guide services tailored to client interests. We can customize the guided tour experience based on your group's needs. Our guides have varied professional backgrounds and travel experience, including tourism, industrial, history, familiarization, among others. We can help you plan your trip to Saguenay!

Tours aventure fjord et monde $®

900, rue mars, La Baie Borough
418 290-8687 – 1 877 990-8687
saguenayguidedtours.com
Open: July 1 to September 3.

Enjoy the most popular activity in Saguenay. A guided visit by motorcoach along the fjord's south shore on the way and a 2.5 hr cruise in a bateau-mouche from L'Anse-Saint-Jean to La Baie on the way back.



A GREAT DAY TO SAIL AWAY

The fjord adventure begins in the Saint-Lawrence Estuary. The longest navigable jord in the world is in a class of its own and it's the perfect place to jump in. Follow the sea breeze and salty air down to the water and take a cruise, have a paddle, and enjoy all there is to do and see on the water. All aboard!

© Martial Tremblay

The Saguenay Fjord has breathtaking views and countless activities to enjoy. The exceptional marine biodiversity alone is worth the visit—you never know what you might encounter!

Discover all the available activities at saguenaylacsaintjean.ca.

Camping et Croisière Essipit

Experiencing the St. Lawrence

In the waters of the Saguenay–St. Lawrence Marine Park, there's so much food that it attracts a great number of species, including the humpback whale, blue whale, minke whale, and fin whale. From June to October, come watch them from up close aboard a zodiac—12 to 36 passengers—departing from Les Bergeronnes. The naturalist and zodiac captain will share their knowledge with you. Guaranteed thrills and respect too! We're members of the Alliance Éco-Baleine after all!

vacancesessipit.com
1 888 868-6666

Guaranteed thrills and respect too!

© Max Stussi, Laurent Silvani

Live the St. Lawrence River

Around Tadoussac, the waters of Lake Saint-Jean and the Fjord pour into the Saint-Lawrence estuary. Whether on land or at sea, it's the perfect place to admire this spectacular playground's landscape. The Saguenay–St. Lawrence Marine Park is one of the best places in the world to go whale-watching, on top of discovering its marine environment and ecosystems.

▼ Classified by Sub-themes.

Sea Excursions

Route du Fjord

OrganisAction

$®

355, rue St-Jean Baptiste , L'Anse-Saint-Jean
418 579-8763 – 1 833 261-9909
organisaction.com
Open: May to October.

Leave L'Anse-Saint-Jean on board our 24-passenger Zodiac and sail down the Saguenay fjord to the St-Lawrence river to see whales and other marine mammals. After your excursion, you'll dock at picturesque Tadoussac and take a walk around the village. At 5pm, board a riverboat which will take you back to L'Anse-Saint-Jean.

Côte-Nord

Croisières AML

$

177, rue des Pionniers, Tadoussac
418 235-4642 – 1 800 563-5653
croisieresaml.com
Open: May to October.

Discover marine mammals on board our inflatable boats certified by the Canadian Coastguard. Family business specializing in whale-watching excursions for over 25 years. Safety and comfort guaranteed with our experienced captains and our bilingual naturalist guides who will inform and entertain you during the excursion. Tickets are available at Les Bergeronnes and Les Escoumins. **ad p. 59**

Voile Mercator

$®

100, rue du Bord de L'Eau, Tadoussac
1 888 674-9309, ext. 0 – voilemercator.com
Open: May to October.

For the last 35 years, Voile Mercator has been recognized for its excellent sailing courses. Our 2 to 18 day training programmes are ideal for beginners or experienced sailors and include beginner or experienced navigation courses. If you're on vacation, we have 3 to 7 hour sailing initiation courses, sail and stay the night experiences, and the possibility to rent one of our comfortable live-in 29-41 foot sailboats.

Croisières Essipit

$®

498, rue de la Mer, Les Bergeronnes
418 232-6778 – 1 888 868-6666 – vacancesessipit.com
Open: June 5th to October 12th.

Whale cruises in a 12 or 36-seater zodiac in Bergeronnes, just 24 km from Tadoussac. Comfortable, safe, and skilfully maneuvered by our naturalist captains, the adventure begins by heading out into the St. Lawrence River. Use our personalized formula to discover the whales, and meet the largest marine mammals on the planet. Come aboard with Essipit Cruises for a two-hour trip: welcome, Kuei!
ad p. 57, 185

© OrganisAction / Charles-David Robitaille

Les Écumeurs du Saint-Laurent

31, rue des Pilotes, Les Escoumins
418 233-2141 – 1 888 817-9999 – lesecumeurs.com
Open: June to October.

Board a 12 or 24-passenger Zodiac in Les Escoumins to observe whales and other marine mammals at the whale feeding ground. You can get a more personalized experience on our boats because the number of passengers is limited. Member of the Alliance Éco-Baleine, with trained crews, we guarantee you satisfaction and quality information.

Maritime Museums and Interpretation Centres

Côte-Nord

Centre d'interprétation des mammifères marins (CIMM)

108, rue de la Cale Sèche, Tadoussac
418 235-4701 – baleinesendirect.org / gremm.org
Open: June to November.

The country's largest collection of whale skeletons! Managed by the marine mammal research and education group (GREMM), the CIMM allows you to really get to know the whales. See where they are on the observation map. Explore their world in a sensory experience through videos, sounds, games and an exclusive film. If you look carefully, maybe you'll see a beluga or minke whale swimming! Keep your eyes open!

Centre d'interprétation des mammifères marins

Charlevoix

Centre d'interprétation et d'observation de Pointe-Noire

Km 571, Route 138 (1 km from the ferry),
Baie-Sainte-Catherine
418 237-4383 – 1 888 773-8888
parcscanada.gc.ca/saguenay
Open: June to October.

Enjoy the best viewpoint for observing belugas at the mouth of the Saguenay fjord. Pointe Noire is located less than one km away from the Tadoussac-Baie-Sainte-Catherine ferry. The whales' habitat is protected by the Saguenay–Saint-Laurent marine park. Lighthouse-keepers used to live here so come and meet the guide and visit the exhibition. Get the package and visit three centres on the same day. Free for 17 and under. **ad p. 50**

Whale and Marine Mammal Watching

Route du Fjord

OrganisAction Québec Hors-Circuits

162, route 170, L'Anse-Saint-Jean
418 579-8763 – organisaction.com
Open: June to September.

Sail down the Saguenay Fjord to the St Lawrence and observe the whales and other marine mammals that live in this area. On board our 24-passenger zodiac, our captain-guide will ensure that you have a great eco-friendly trip with a human dimension! We also have cruises on the Saguenay Fjord and you can rent a 12 or 24 passenger zodiac.

OrganisAction

© Lise Gagnon, OrganisAction

Côte-Nord

Croisières AML

$

177, rue des Pionniers, Tadoussac
418 235-4642 – 1 800 563-4643
croisieresaml.com
Open: May to October.

Discover 13 marine mammals and whales at the world's best observation site: the Saguenay–Saint-Laurent marine park! Choose the comfortable boats AML Grand Fleuve and the AML Zéphyr, or get thrilling sensations on board our inflatable boats! Get special treatment in our new VIP lounge, the Saint-Laurent Lounge, on board the AML Grand Fleuve! **ad p. 59**

Croisières Essipit

$®

498, rue de la Mer, Les Bergeronnes
418 232-6778 – 1 888 868-6666 – vacancesessipit.com
Open: June 5th to October 12th.

Experience an exhilarating whale-watching adventure aboard our Zodiac-type boats (5 of 12 passengers, and 1 of 36 passengers). You will participate in a privileged and personalized sea experience with our naturalist pilots who are real marine environment enthusiasts! From June to October, at the Bergeronnes wharf, east of Tadoussac. Duration: 2 hours. Reservation required. It's an appointment with the largest mammals on the planet! **ad p. 57, 185**

Croisières Neptune

$®

507, rue du Boisé, Les Bergeronnes
418 232-6716 – 1 877 763-7886 – croisieresneptune.net
Open: June 1 to October 15.

Discover marine mammals on board our inflatable boats certified by the Canadian Coastguard. Family business specializing in whale-watching excursions for over 25 years. Safety and comfort guaranteed with our experienced captains and our bilingual naturalist guides who will inform and entertain you during the excursion. Tickets are available at Les Bergeronnes and Les Escoumins.

Les Écumeurs du Saint-Laurent

$®

31, rue des Pilotes, Les Escoumins
418 233-2141 – 1 888 817-9999 – lesecumeurs.com
Open: June to October.

Board a 12 or 24-passenger Zodiac in Les Escoumins to observe whales and other marine mammals at the whale feeding ground. You can get a more personalized experience on our boats because the number of passengers is limited. Member of the Alliance Éco-Baleine, with trained crews, we guarantee you satisfaction and quality information.

Charlevoix

Centre d'interprétation et d'observation de Pointe-Noire

$

Km 571, Route 138 (1 km from the ferry),
Baie-Sainte-Catherine
418 237-4383 – 1 888 773-8888
parcscanada.gc.ca/saguenay
Open: June to October.

Enjoy the best viewpoint for observing belugas at the mouth of the Saguenay fjord. Pointe Noire is located less than one km away from the Tadoussac-Baie-Sainte-Catherine ferry. The whales' habitat is protected by the Saguenay–Saint-Laurent marine park. Lighthouse-keepers used to live here so come and meet the guide and visit the exhibition. Get the package and visit three centres on the same day. Free for 17 and under. **ad p. 50**

Centre d'interprétation et d'observation de Pointe-Noire

© Éric Lajeunesse

Coastal and Marine National Parks, Natural Sites

Côte-Nord

Parc marin du Saguenay–Saint-Laurent

182, rue de l'Église, Tadoussac
418 235-4703 – 1 888 773-8888 – parcmarin.qc.ca
Open: Year-round, except sea excursions from May to October only.

The Saguenay–Saint-Laurent marine park protects an exceptional region which is home to over 1800 marine species. Discover the park on a boat, kayak or sailing trip or on a scuba-diving excursion. Visit the Découverte network and admire the beautiful landscapes from viewpoints on the banks of the Saguenay fjord. You may also see whales, seabirds and seals. Details in the visitor's guide on the Web. **ad p. 50**

Crossing the St. Lawrence by Ferry

Charlevoix

Traverse Saint-Siméon / Rivière-du-Loup

199, rue Hayward, Rivière-du-Loup
418 862-9545 – traverserdl.com
Open: 9 April 2020 to 2 January 2021.

Treat yourself to an escapade of observation and discovery between Rivière-du-Loup and Saint-Siméon on board the N. M. Trans–Saint-Laurent, a vast, comfortable ferry-boat where you'll have an extraordinary adventure. Entertainment activities during the summer period. Boarding according to "First come first served". The voyage between the two shores lasts 65 minutes. **ad p. 57**

Parc national du Fjord-du-Saguenay and Saguenay–St. Lawrence Marine Park

© Marc Loiselle

3 Accommodation and Places to Eat

191 → Accommodation

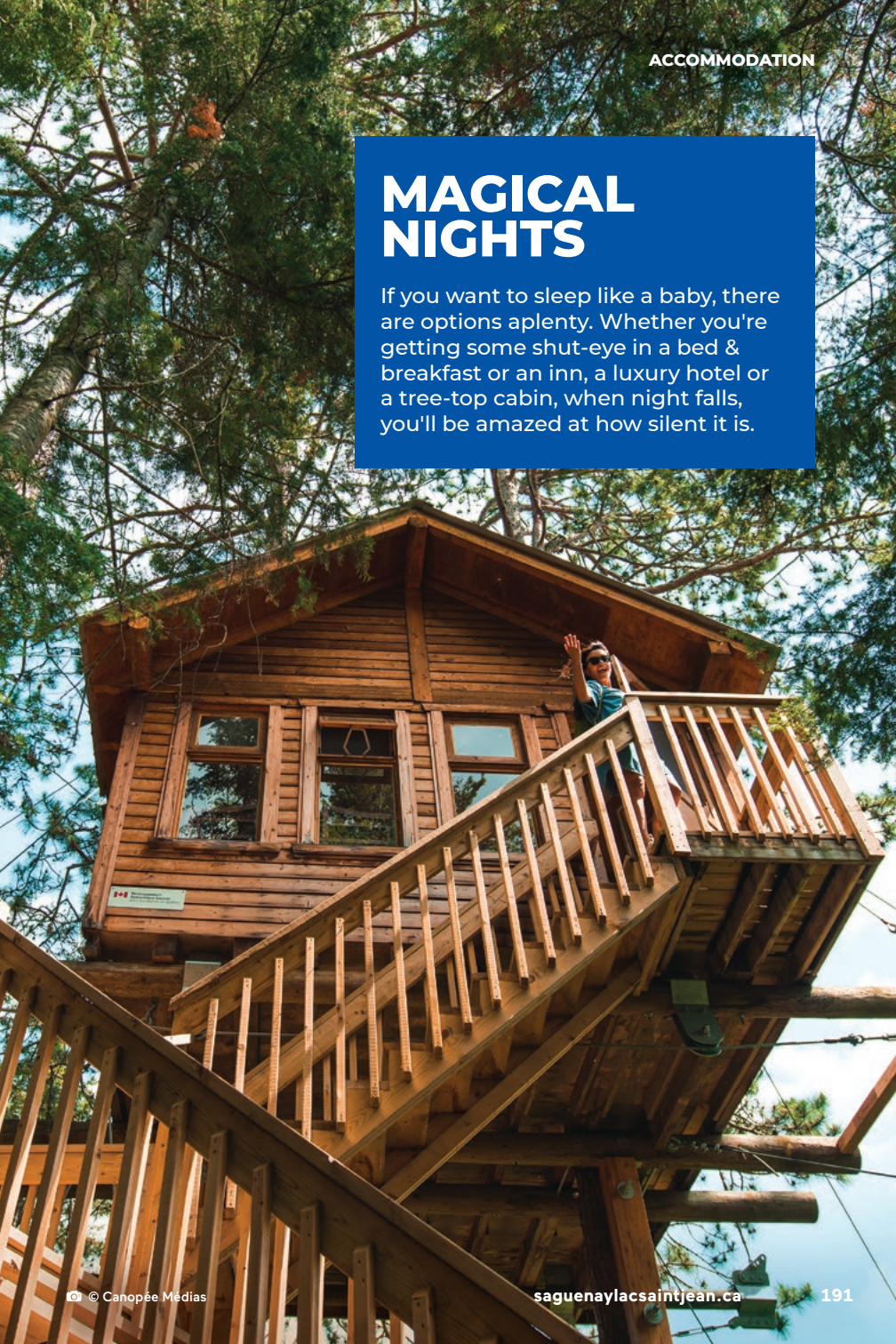
200 Youth Hostels
200 Campgrounds and Ready-to-camp
203 Resorts
204 Cottages, Condos, Tourist Homes
207 Bed and Breakfasts
208 Other Types of Accommodation
209 Non-traditional Accommodation
211 Hotels/Motels
214 Outfitters
215 Reservation Services

216 → Places to Eat

217 Lac-Saint-Jean
221 Saguenay
224 Route du Fjord

MAGICAL NIGHTS

If you want to sleep like a baby, there are options aplenty. Whether you're getting some shut-eye in a bed & breakfast or an inn, a luxury hotel or a tree-top cabin, when night falls, you'll be amazed at how silent it is.



© Canopée Médias

Motel Princesse

Travelling as a Group

This charming motel in the borough of Jonquière is perfect for big families. With its three types of ultra-comfortable rooms—some of which feature two double beds—everyone's a winner. We also love the motel's restaurant, La Vilaine, where the breakfasts, daily specials, and table d'hôtes are nothing to scoff at! Drive right up to the door!

motelprincesse.ca
2166, rue des Étudiants, Jonquière
1 800 387-4069

FOUR ACCOMMODATION HOT SPOTS

1

Hôtel de la Boréalie

Cosy and modern, this hotel located right in the thick of things is perfect for taking advantage of the region's major tourist attractions. On the riverside, the rooms offer breathtaking views of the Ashuapmuhuan River.

hoteldelaborealie.com
862, boul. Sacré-Cœur, Saint-Félicien
1 855 613-3332

2

Ermitage Saint-Antoine

For a 100% natural experience, this is the place. Lake? Check. Mountain? Check. Beach? Check. Simply pick a hotel, cottage, or full-service campsite. The restaurant is great and even serves half-portions for kids.

st-antoine.org
250, route de l'Ermitage, Lac-Bouchette
1 800 868-6344

Hôtel Manoir Roberval

Are you heading to the Traversée internationale du lac Saint-Jean? Exploring the region's most beautiful snowmobile trails? Take advantage of this comfortable hotel's perfect location to both rest up and suit up, all year-round!

manoirroberval.com
19, boul. de l'Anse, Roberval
418 275-7422 / 1 800 567-0777

3

4

Maison du Matelot

Guaranteed privacy two steps away from downtown Alma. Enjoy the view from the banks of the Petite Décharge River, luxuriate in a room with a private bathroom, and grab a generous breakfast to start off the day on the right foot.

portdeplaisance.ca
10, av. du Quai, Alma
418 662-0348

© Charles-David Robitaille

Optimum comfort with a wood-burning fire to boot.

Moulin des Pionniers

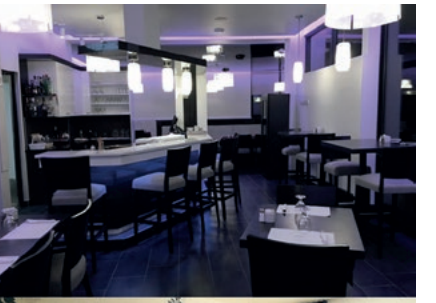
Sleeping Surrounded by Enchantment

At La Doré, experience the full magic of the historical site by staying there overnight. Whether you opt for the cottage option—for 4 people—or the big camp—for 25—optimum comfort is guaranteed—there's even a wood-burning fire. Planning a celebration? The big camp can accommodate up to 50 people for dinner. Wi-Fi and access to the historical site including the mill, mechanical workshop, small farm, and enchanted forest are free.

moulindespionniers.com
4205, chemin des Pionniers, La Doré
418 256-8242

★ ★ ★

Motel Chute des Pères

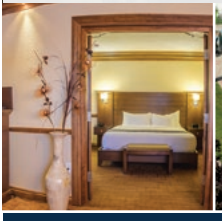


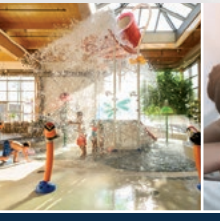
46, boul. Panoramique Dolbeau-Mistassini (Qc) G8L 5G9 | 418 276-1492 | chutedesperes.com

Le Montagnais ★ ★ ★ ★

LA RÉFÉRENCE AU SAGUENAY–LAC-SAINT-JEAN

– 302 rooms
– Indoor aquatic park
– Outdoor pool and playground
– Resto-bar Le Légendaire
– Spa center Baie sur mer
– 16 meeting rooms
– Physical activity room





lemontagnais.qc.ca 1080, Boul. Talbot, Chicoutimi (Québec) G7H 4B6 1-800-463-9160

BEYOND COMPARE
EXPERIENCE
SAGUENAY

OTL
GOUVERNEUR

MODERN DELUXE 5 STAR HOTEL
THAT MELDS SOUL AND COMFORT.

OTL.CA • 1-888-910-1111

PAŪS
SPA EXPÉRIENCE

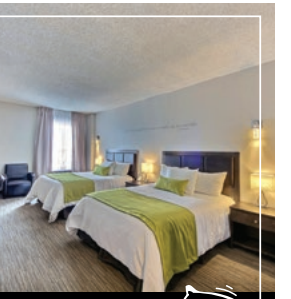
PAUSSPA.CA • 418-615-8888

BOEFISH
STEAK | POISSON | BAR

BOEFISH.CA • 418-615-1444

1303, BLVD TALBOT, SAGUENAY - CHICOUTIMI

★★★★
HÔTEL DU JARDIN
SAINT-FÉLICIEN
1 800 463-4927
hoteldujardin.com



Comfort IN THE HEARTLAND OF THE LAC-SAINT-JEAN

★★★
HÔTEL CHÂTEAU ROBERVAL
ROBERVAL
1 800 661-7611
chateauroberval.com

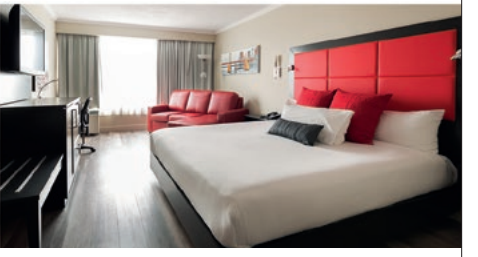
Hôtel Universel
Centre des congrès • Alma

PLEASURE PURE AND SIMPLE

HÔTEL ★★★★
1000, boulevard des Cascades
Alma (Québec)

For informations :
1 800 263-5261
www.hoteluniversel.com

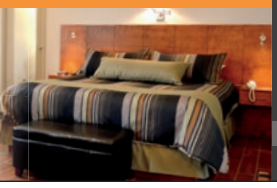
PACINI l'Apéro BAIE des MER



72 NEWLY RENOVATED ROOMS

Hôtel du Fjord
CHICOUTIMI

Located in the heart of the commercial and cultural activities of the city, the Hôtel du Fjord is the perfect place to stay in Saguenay. In addition to its ease of access via the main roads, you have a bus station within 200 meters from the hotel and airport only 15 kilometers.



Services

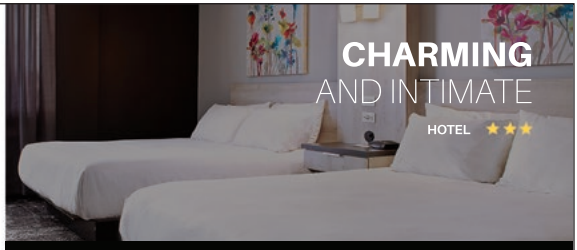
At the Hôtel du Fjord you benefit from :

- Free high-speed wireless internet access
- Free continental breakfast
- Free parking with camera surveillance
- Free local calls your room
- And more!

241, Morin Street, Chicoutimi, Québec
418 543-1538 • 1 888 543-1538
www.hoteldufjord.com

EDOUARD
LES-BAINS
SPA NORDIQUE
1 Rue de la Canourgue, L'Anse-Saint-Jean
edouardlesbains.com • 418-272-3232

Travelodge
WYNDHAM
ALMA



450 Sacré-Coeur ouest, Alma · travelodgealma.com · 1 877 917-3222

Auberge des 21 plaisirs !

LA BAIE AT A GLANCE

31 luxury rooms | Fine cuisine
Four seasons packages
Free bicycle loans

Bienvenue cyclistes!

Massage | Beauty Treatments | Body Care
Nordik Spa

Parfum de fjord (SPA)

1 800 363-7298
www.aubergedes21.com

ORIGINE artisans hôteliers

One number for 3 memorable experiences: **418 549-7111**
Toll-free: **1 800 463-7930**

AUBERGE DES ÎLES RESORT

On the shores of Lac Saint-Jean

- rooms and condos (2 and 3 bedrooms)
- bike and kayak rental
- indoor pool, spa and children's water play area

250 Rang des Îles, Saint-Gédéon
aubergedesiles.com

HÔTEL CHICOUTIMI URBAIN

Front row of the action

- four restaurants
- game room for all ages
- unique 4-star hotel in the downtown area

460 rue Racine Est, Chicoutimi
hotelchicoutimi.qc.ca

MAÎSON DE VEBRON LODGE • SPA

In the heart of the Fjord-du-Saguenay

- nordic spa
- paradise for hiking and biking
- hotel of 18 rooms or 2 cottages of 8 suites

56 rue de Vébron, L'Anse-Saint-Jean
maisondevebron.com

For a cottage in Saguenay-Lac-Saint-Jean :

MON ADRESSE À LOUER

Whether you're with family, friends, or a loved one, out in the wild or tucked up in a comfy bed and breakfast or hotel, staying the night in Saguenay–Lac-Saint-Jean is always a great experience!

Select your accomodation at saguenaylacsaintjean.ca.

Auberge le Parasol

The View From Here

Checking in means treating yourself to front-row seats to enjoy Chicoutimi from morning until night. Perched atop a belvedere, away from the downtown hubbub, the inn lets you soak in the peaceful atmosphere and enjoy an affordable dining experience in the sun room, where you can savour the food and the stunning view. Get there early to see the sunset, its quite a show!

aubergeleparasol.com
1287, boul. de Saguenay Est, Chicoutimi
1 866 543-7771

© Jeff Frenette Photography

Accommodations

Saguenay–Lac-Saint-Jean offers a wide range of accommodation packages. Thanks to a rigorous classification programme, Tourisme Québec certifies the level of comfort, service, and security of these establishments, participating in its own way to the success of your stay. Here, a warm welcome is always in store!

Price range

$:	under $75
$$:	$75–100
$$$:	$101–150
$$$$:	$151–200
$$$$$:	over $200

▼ Classified by Type of Accommodations.

Youth Hostels

Lac-Saint-Jean

Auberge de jeunesse du Lac-Saint-Jean ★★★

364, rue De Quen, Saint-Gédéon
418 720-7802 – aubergejeunessedulac.com
15 units – **$ $** –

Auberge Jeunesse ★★

1125, 6e rang, Saint-Prime
418 218-0640 – serge.gagno@hotmail.com
25 units – **$** –

Auberge et Camping Île du Repos ★★★

105, chemin de l'Île-du-Repos, Péribonka
418 347-5649 – iledurepos.com
31 units – **$ $** – **ad p. 36**

Saguenay

Auberge de Jeunesse Les Mains Tissées ★★★★

7643, chemin des Chutes, La Baie Borough
418 544-4456 – lesmainstissees.ca
5 units – **$** –

Route du Fjord

Auberge le Camp de Base ★★★

5, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3359 – aubergecampdebase.com
15 units – **$** –

Auberge Aventure Rose-des-Vents ★★★

136, rue du Quai, Sainte-Rose-du-Nord
418 675-2625 – aventurerosedesvents.com
13 units – **$** –

Campgrounds and Ready-to-camp

Lac-Saint-Jean

Camping Belle-Rivière Réserve faunique des Laurentides 0★

kilomètre 57, route d'Hébertville, Hébertville
418 558-3102 – 1 800 665-6527 – sepaq.com/rf/lau
45 sites/4 ready-to-camp – Non-drinkable water
45 % – $32-39 –

Camping Lac-Vert d'Hébertville ★★★★

338-A, rang du Lac-Vert, Hébertville
418 344-1205 – campinglacvert.ca
54 sites/2 ready-to-camp
30 % – $33-50 –

Camping Villa des Sables ★★★

600, 10e Chemin, Métabetchouan-Lac-à-la-Croix
418 345-2655 – campingvilladessables.com
223 sites
40 % – $55-60 –

Camping Plage Blanchet ★★★

121, route 169, Chambord
418 346-5436 – campingblanchet.ca
162 sites/2 ready-to-camp
50 % – $35-58 –

Village Historique Val-Jalbert ★★★★

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
189 sites/15 ready-to-camp
60 % – $30-50 –

ad p. 23, 240

© Site de la Rivière Petit-Saguenay / Laurent Silvani

Camping municipal de Saint-François-de-Sales ★★★

290, rue du Parc, Saint-François-de-Sales
418 348-6736
campingquebec.com/saintfrancoisdesales
114 sites/4 ready-to-camp
◒ 25 % – $27-41 –

Ermitage Saint-Antoine ★★★★

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
46 sites
◒ 10 % – $20-40 – **ad p. 23, 192**

Aventure plume blanche

607, rang 2 Sud, Roberval
418 275-6857 – aventureplumeblanche.com
7 ready-to-camp
◒ 0 % – $75-150 –

Camping Mont-Plaisant ★★★★

993, route de l'Aéroport, Roberval
418 275-0910 – campingmontplaisant.com
225 sites/2 ready-to-camp
◒ 70 % – $30-43 –

Camping Mont-Plaisant

Camping Plage Robertson ★★★

2202, rue Ouiatchouan, Mashteuiatsh
418 275-1375 – campingquebec.com/plagerobertson
149 sites/1 ready-to-camp
◒ 70 % – $22-42 –

Camping St-Prime ★★

95, chemin du Quai, Saint-Prime
418 251-1662 – campingstfelicien.com/st-prime
41 sites
◒ 30 % – $26-48 –

Camping Bellevue Sud 0★

875, rue Bellevue Sud, Saint-Félicien
418 679-1635 – campingbellevue.ca
35 sites – Non-drinkable water
◒ 40 % – $35-60 –

Camping St-Félicien ★★★★

2206, boulevard du Jardin, Saint-Félicien
418 679-1719 – 1 866 679-1719
campingstfelicien.com
376 sites/6 ready-to-camp
◒ 70 % – $26-48 –

Camping Lac Chigoubiche 0★

kilomètre 113, route 167, La Doré
418 256-3806 – 1 800 665-6527 – sepaq.com/rf/ash
37 sites
◒ 10 % – $28-33 –

Site touristique Chute à l'Ours ★★★★

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
241 sites
◒ 60 % – $30-43 – **ad p. 31**

Complexe touristique du Lac-à-Jim ★★★

150, chemin des Bussières, Saint-Thomas-Didyme
418 274-6033 – lacajim.ca
60 sites/8 ready-to-camp
◒ 0 % – $34-44 – **ad p. 33**

Camping municipal d'Albanel ★★★

307, rue de l'Église, Albanel
418 279-5250, ext. 3150 – camping@albanel.ca
96 sites
◒ 50 % – $25-47 –

Camping des Chutes ★★★

44, boulevard Panoramique, Dolbeau-Mistassini
418 276-5675 – info@campingdeschutes.com
60 sites
◒ 50 % – $30-40 –

Camping Saint-Louis ★★★

543, rang Saint-Louis, Dolbeau-Mistassini
418 276-4670 – 1 877 276-4670
angelfire.com/pq2/stlouis
115 sites
◒ 30 % – $20-45 –

Camping Vauvert-sur-le-lac-Saint-Jean ★★★★

488, route de Vauvert, Dolbeau-Mistassini
418 374-2746 – 1 844 974-2746
vauvertsurlelacsaintjean.com
108 sites
◒ 50 % – $35-45 –

Parc régional des Grandes-Rivières du lac Saint-Jean 0★

400, boulevard des Pères, Dolbeau-Mistassini
418 276-8222 – grandesrivieres.com
20 sites – Non-drinkable water
◒ 50 % – $25-25 –

Domaine du Ranch ★★

591, route 169, Sainte-Jeanne-d'Arc
418 276-3064 – domaineduranch@hotmail.com
14 sites
◒ 0 % – $20-50 –

© Camping Mont-Plaisant

Auberge et Camping Île du Repos ★★

105, chemin de l'Île-du-Repos, Péribonka
418 347-5649 – iledurepos.com
73 sites
◒ 90 % – $31-34 – **ad p. 36**

Camping Municipal de Péribonka ★★★★

330, 2e avenue, Péribonka
418 374-2626 – peribonka.ca
101 sites/9 ready-to-camp
◒ 50 % – $25-47 – **ad p. 36**

Camping municipal de Saint-Ludger-de-Milot ★★★

10, chemin de la Plage, Saint-Ludger-de-Milot
418 373-2121 – ville.st-ludger-de-milot.qc.ca
74 sites/4 ready-to-camp
◒ 70 % – $21-32 –

Camping Pointe-Taillon ★★★★

900, rang 6 Ouest, Sainte-Monique
418 347-3124 – 1 877 347-3124
campingpointetaillon.com
80 sites
◒ 30 % – $27-40 –

Camping & Plage Belley ★★★★

100, chemin Belley, Saint-Henri-de-Taillon
418 347-3612 – campingbelley.com
326 sites/9 ready-to-camp
◒ 50 % – $47-60 –

Parc national de la Pointe-Taillon ★★★

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
75 sites/20 ready-to-camp
◒ 50 % – $24-29 – **ad p. 50, 69**

Camping et Marina Tchitogama ★★

200, chemin du Quai, Lamarche
418 481-2862 – ville.lamarche.qc.ca
44 sites/5 ready-to-camp
◒ 60 % – $31-43 –

Mont Vilain ★★★

2000, chemin de la Montagne, Lamarche
418 481-1666 – montvilain.com
46 sites/2 ready-to-camp
◒ 0 % – $25-35 –

Camping Colonie Notre-Dame ★★

700, chemin de la Baie-Moïse, Alma
418 662-9113
campingquebec.com/colonienotredame
221 sites/2 ready-to-camp
◒ 60 % – $28-50 –

Centre de villégiature Dam-en-Terre ★★★★

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
279 sites
◒ 60 % – $35-50 – **ad p. 40, 41**

Saguenay

Camping Jonquière ★★★★

3553, rue Saint-Dominique, Jonquière Borough
418 542-0176 – campingjonquiere.com
242 sites/1 ready-to-camp
◒ 75 % – $34-45 –

Centre touristique du Lac-Kénogami (SÉPAQ) ★★★★

9000, route de Kénogami, Jonquière Borough
418 344-1142 – 1 800 665-6527 sepaq.com/kenogami
138 sites/10 ready-to-camp
◒ 50 % – $33-55 –
ad p. 50, 69

Camping Domaine Vacances la Rocaille ★★★

7894, chemin Portage-des-Roches Nord, Chicoutimi Borough
418 678-2657 – campinglarocaille.com
145 sites
◒ 50 % – $25-45 –

Camping au Jardin de mon Père ★★★★★

3736, chemin Saint-Louis, La Baie Borough
418 544-6486 – 1 877 544-6486
jardindemonpere.com
170 sites/5 ready-to-camp
◒ 15 % – $31-62 –

Imago Village ★★

180, rue du Massif, Saint-David-de-Falardeau
581 235-8511 – 1 844 424-6246 – imagovillage.com
10 ready-to-camp
◒ 0 % – $150-150 –

Route du Fjord

Camping Municipal de Saint-Félix-d'Otis ★★★★

400, sentier Saint-Hilaire, Saint-Félix-d'Otis
418 697-1617 – campingstfelixdotis.com
208 sites
◒ 50 % – $32-51 –

Parc national du Fjord-du-Saguenay – Secteur Baie-Éternité ★★★

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
83 sites/7 ready-to-camp
◒ 55 % – $30-43 – **ad p. 50, 69**

Camping de l'Anse ★★★★

325, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-2554 – campingdelanse.ca
80 sites
◒ 35 % – $32-45 –

Camping le 4 Chemins ★★★★

143, route 170, L'Anse-Saint-Jean
418 272-2525 – 1 866 305-2525
camping4chemins.qc.ca
55 sites
◒ 25 % – $28-44 –

Site de la Rivière Petit-Saguenay ★★

100, rue Eugène-Morin, Petit-Saguenay
418 272-1169 – 1 877 272-1169 – petitsaguenay.com
27 sites/1 ready-to-camp
◒ 75 % – $24-36 –

Village-Vacances Petit-Saguenay ★★★★

99, chemin Saint-Étienne , Petit-Saguenay
418 272-3193 – 1 877 420-3193 – villagevacances.ca
61 sites
◒ 40 % – $27-48 –

Parc Aventures Cap Jaseux ★★★

250, chemin de la Pointe-aux-Pins,
Saint-Fulgence
418 674-9114 – 1 888 674-9114
capjaseux.com
50 sites/15 ready-to-camp
◒ 70 % – $26-37 – **ad p. 55**

Parc national des Monts-Valin ★★

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
5 sites
◒ 0 % – $22-27 – **ad p. 50, 69, 135**

Camping la Descente des Femmes 0★

154, rue de la Montagne, Sainte-Rose-du-Nord
418 675-2581 – campingsaguenay.com
46 sites
◒ 60 % – $24-32 –

Côte-Nord

Parc national du Fjord-du-Saguenay – Le Bleuvet 0★

1121, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-1162 – 1 800 665-6527 – sepaq.com/pq/sag
51 sites/9 ready-to-camp
◒ 60 % – $30-43 – **ad p. 50, 69**

Chalets - Camping Domaine des Dunes ★★★

585, chemin du Moulin-à-Baude, Tadoussac
418 235-4843 – domainedesdunes.com
42 sites/6 ready-to-camp
◒ 50 % – $31-41 –

Croisières Essipit et Camping Tadoussac ★★★

428, rue du Bateau-Passeur, Tadoussac
418 235-4501 – 1 855 708-4501 – vacancesessipit.com
185 sites/8 ready-to-camp
◒ 70 % – $33-58 – **ad p. 57, 185**

Resorts

Route du Fjord

Village-Vacances Petit-Saguenay ★★★★

99, chemin Saint-Étienne , Petit-Saguenay
418 272-3193 – 1 877 420-3193 – villagevacances.ca
37 units –

Côte-Nord

Centre de vacances Ferme 5 étoiles ★★★

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551 – ferme5etoiles.com
58 units – **ad p. 13, 72**

Village-Vacances Petit-Saguenay

© Charles-David Robitaille

Cottages, Condos, Tourist Homes

Lac-Saint-Jean

Chalet de la Pointe ★★★

26, chemin du Bocage, Saint-Gédéon
418 345-2096 – chaletdelapointe26@gmail.com
1 units – $ $ $ $ $ –
Capacity of the largest unit: 6

Les Appartements 4 saisons des Îles ★★

399, rang des Îles, Saint-Gédéon
418 345-2150 – dorelsimard@outlook.com
4 units – $ $ –
Capacity of the largest unit: 6

Appartements du Vieil Édifice ★★★

372-A, 372, 374, 376, rue Saint-Jean,
Métabetchouan-Lac-à-la-Croix
418 719-3220 – jm49@live.ca
4 units – $ $ –
Capacity of the largest unit: 5

Ermitage Saint-Antoine ★

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
3 units – $ $ –
Capacity of the largest unit: 2 **ad p. 23, 192**

Chalets Vacances famille Mont-Plaisant ★★

993, route de l'Aéroport, Roberval
418 275-0910 – campingmontplaisant.com
8 units – $ $ $ –
Capacity of the largest unit: 4

Domaine Philippe Secteur Central ★★

200, rue du Boisé, Mashteuiatsh
418 275-0541 – domainephilippe.com
6 units – $ $ –
Capacity of the largest unit: 6

Camping St-Prime ★

95, chemin du Quai, Saint-Prime
418 679-1719 – 1 866 679-1719
campingstfelicien.com/st-prime
7 units – $ $ $ –
Capacity of the largest unit: 8

Camping St-Félicien ★

2206, boulevard du Jardin, Saint-Félicien
418 679-1719 – 1 866 679-1719
campingstfelicien.com
20 units – $ $ $ –
Capacity of the largest unit: 6

Domaine des trois îles

580, boulevard du Sacré-Coeur, Saint-Félicien
418 515-4537 – domainedestroisiles.ca
1 units – $ $ $ $ $ –
Capacity of the largest unit: 14

Chigoubiche - chalets ★

route 167, km 33, La Doré
418 256-3806 – 1 800 665-6527 – sepaq.com
14 units – $ $ –
Capacity of the largest unit: 6

Maison du conteur ★★★

4205, chemin des Pionniers, La Doré
418 256-8242 – 1 866 272-8242
moulindespionniers.com
1 units – $ $ $ $ –
Capacity of the largest unit: **ad p. 23, 117, 193**

Site touristique Chute à l'Ours ★★

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
21 units – $ $ –
Capacity of the largest unit: 10 **ad p. 31**

Chalets camping municipal d'Albanel ★★

307, rue de l'Église, Albanel
418 279-5250, ext. 3150 – camping@albanel.ca
12 units – $ $ $ –
Capacity of the largest unit: 6

Chalet et loft-Ferme forestière Ouasiemsca ★★★

2020, rang du Rapide, Girardville
418 258-1120 – hebergement-girardville.business.site
2 units – $ $ $ –
Capacity of the largest unit: 6

Chalets Vauvert-sur-le-lac-Saint-Jean ★★★

488, route Vauvert, Dolbeau-Mistassini
418 374-2746 – 1 844 974-2746
vauvertsurlelacsaintjean.com
13 units – $ $ $ $ –
Capacity of the largest unit: 6

Auberge et Camping Île du Repos ★★

105, chemin de l'Île-du-Repos, Péribonka
418 347-5649 – iledurepos.com
1 units – $ $ $ $ –
Capacity of the largest unit: 6 **ad p. 36**

Chalets Nature Péribonka ★★★

729, route Maria-Chapdelaine, Péribonka
418 218-1376 – chaletsnature.info
2 units – $ $ $ $ –
Capacity of the largest unit: 9

Camping Pointe-Taillon ★★

900, rang 6 Ouest, Sainte-Monique
418 347-3124 – 1 877 347-3124
campingpointetaillon.com
8 units – $ $ $ –
Capacity of the largest unit: 4

Parc national de la Pointe-Taillon ★

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon
5 units – $ $ $ –
Capacity of the largest unit: 4 **ad p. 50, 69**

Mont Vilain ★

2000, chemin de la Montagne, Lamarche
418 481-1666 – montvilain.com
5 units – $ $ $ –
Capacity of the largest unit: 6

Centre de villégiature Dam-en-Terre (Chalets) ★★

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
5 units – $ $ $ $ –
Capacity of the largest unit: 4 **ad p. 40, 41**

Centre de villégiature Dam-en-Terre (Condos) ★★★★

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
14 units – $ $ $ $ $ –
Capacity of the largest unit: 6 **ad p. 40, 41**

Centre de villégiature Dam-en-Terre (Suites) ★★★

1385, chemin de la Marina, Alma
418 668-3016 – 1 888 289-3016 – damenterre.qc.ca
12 units – $ $ $ –
Capacity of the largest unit: 4 **ad p. 40, 41**

L'Escale du Routard

570, rue Harvey Ouest, Alma
418 487-7342 – lescaleduroutard.com
3 units – $ –
Capacity of the largest unit: 6

La résidence du Quai ★★★

7, avenue du Quai, Alma
418 662-0348 – portdeplaisance.ca
1 units – $ $ $ –
Capacity of the largest unit: 4 **ad p. 71, 192**

Saguenay

Chalet Scandinave Lac Kénogami

472, chemin Champigny, Larouche
418 551-2244 – info@boismassifquebec.com
1 units – $ $ $ $ $ –
Capacity of the largest unit: 7

Chalets et Gîte Au Bord du Lac ★★★

515, chemin Champigny, Larouche
418 542-7849 – chaletgitesaguenay.com
5 units – $ $ $ $ –
Capacity of the largest unit: 10

Centre Touristique du Lac-Kénogami (SÉPAQ) ★

9000, route de Kénogami, Jonquière Borough
418 344-1142 – 1 800 665-6527
sepaq.com/kenogami
6 units – $ $ $ –
Capacity of the largest unit: 6 **ad p. 50, 69**

Chalets du Camping de Jonquière ★

3553, rue Saint-Dominique, Jonquière Borough
418 542-0176 – campingjonquiere.com
5 units – $ $ $ –
Capacity of the largest unit: 4

Aux Sels Cristallins ★★

2221, sentier Poste-des-Villeneuve, La Baie Borough
1 819 962-2221 – auxselscristallins.com
2 units – $ $ $ $ –
Capacity of the largest unit: 8

Chalet de l'Auberge ★★

9122, chemin de la Batture, La Baie Borough
418 697-0222 – 1 866 697-0222
aubergesaguenay.com
1 units – $ $ $ $ –
Capacity of the largest unit: 6

Chalet Les Mains Tissées ★★★

7643, chemin des Chutes, La Baie Borough
418 544-4456 – lesmainstissees.ca
1 units – $ $ $ $ –
Capacity of the largest unit: 12

La Maison des Épinettes ★★★

2553, chemin Saint-Joseph, La Baie Borough
418 544-8040 – lamaisondesepinettes.com
1 units – $ $ $ –
Capacity of the largest unit: 6

Route du Fjord

Camping Municipal de Saint-Félix-d'Otis ★★

400, sentier Saint-Hilaire, Saint-Félix-d'Otis
418 697-1617 – campingstfelixdotis.com
5 units – $ $ $ –
Capacity of the largest unit: 6

Chalets Saint-Félix-d'Otis - Chalet Anse aux Cailles ★★

170, chemin de l'Anse-aux-Cailles, Saint-Félix-d'Otis
418 820-6610 – chaletssaintfelixdotis.com
1 units – $ $ $ $ –
Capacity of the largest unit: 4

Chalets Saint-Félix-d'Otis - Chalet du Lac Goth ★★★

120, sentier Lévesque, Saint-Félix-d'Otis
418 820-6610 – chaletssaintfelixdotis.com
1 units – $ $ $ $ –
Capacity of the largest unit: 6

Chalets de villégiature du Parc national du Fjord-du-Saguenay ★

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag
5 units – $ $ $ –
Capacity of the largest unit: 4 **ad p. 50, 69**

Parc national du Fjord-du-Saguenay

Camping le 4 Chemins ★★★

143, route 170, L'Anse-Saint-Jean
418 272-2525 – 1 866 305-2525
camping4chemins.qc.ca
5 units – $ $ $ $ –
Capacity of the largest unit: 6

La Maison du Fjord ★★★

131, rue de la Providence, L'Anse-Saint-Jean
514 586-9437 – francine.gilmore@videotron.ca
1 units – $ $ $ $ $ –
Capacity of the largest unit: 8

Résidence touristique L'Abris ★★

4, rue Dallaire, L'Anse-Saint-Jean
418 579-8763 – fr.airbnb.ca/rooms/22485963
1 units – $ $ $ $ $ –
Capacity of the largest unit: 10

Site de la Rivière Petit-Saguenay ★

100, rue Eugène-Morin, Petit-Saguenay
418 272-1169 – 1 877 272-1169 – petitsaguenay.com
7 units – $ $ –
Capacity of the largest unit: 8

Gîte et Résidence de L'Artisan ★★

119, chemin de la Pointe-aux-Pins, Saint-Fulgence
418 674-1344 – gitedelartisan.ca
2 units – $ $ $ –
Capacity of the largest unit: 6

Les Chalets St-Fulgence ★★★

306, rang Sainte-Marie, Saint-Fulgence
418 590-9101 – 418 674-1402
chalets-st-fulgence.com
2 units – $ $ $ $ –
Capacity of the largest unit: 8

Parc national des Monts-Valin ★

360, rang Saint-Louis, Saint-Fulgence
418 674-1200 – 1 800 665-6527
sepaq.com/montsvalin
14 units – $ $ $ –
Capacity of the largest unit: 4 **ad p. 50, 69, 135**

Domaine de la Vallée ★★★

1305, route Tadoussac, Sainte-Rose-du-Nord
418 540-3339 – chaletsalouersterosedunord.com
3 units – $ $ $ –
Capacity of the largest unit: 8

Côte-Nord

Bardsville ★

route 172, km 47,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4604 – 1 877 236-4604
rivieresainte-marguerite.com
6 units – $ $ –
Capacity of the largest unit: 5

© Nancy Donnelly

Centre de vacances Ferme 5 étoiles ★★

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551
ferme5etoiles.com
7 units – $ $ $ $ –
Capacity of the largest unit: 10 **ad p. 13, 72**

Chalets Domaine des Dunes ★★★

585, chemin du Moulin-à-Baude, Tadoussac
418 235-4843 – domainedesdunes.com
10 units – $ $ $ –
Capacity of the largest unit: 6

Bed and Breakfasts

Lac-Saint-Jean

Le Gîte du Pêcheur ★★

12, avenue Morel, Métabetchouan-Lac-à-la-Croix
418 480-8464 – lerelaisdubleuet.com
3 units – $ $ –

Au lac de l'HéCô ★★★

1863, rue Principale, Chambord
418 342-6938 – 1 877 259-9561
giteaulacdeheco.tripod.com
3 units – $ $ –

Couette et confitures B&B ★★★

47, avenue Sainte-Angèle, Roberval
418 765-1666 – couetteetconfitures.ca
4 units – $ $ –

Gîte la Brise du Lac ★★★

493, rue Brassard, Roberval
418 275-0656 – gitelabrisedulac.com
5 units – $ $ $ –

Le Gîte du Lac Saint-Prime ★★

49, rue des Amandiers, Saint-Prime
418 251-4854 – gitedulacst-prime.com
4 units – $ $ –

Chez Mado ★★

1305, rue Crémazie, Saint-Félicien
418 679-4402 – gitechezmado.com
3 units – $ –

Gîte à fleur d'eau ★★★★

1016, boulevard du Sacré-Coeur, Saint-Félicien
418 679-0784 – giteafleurdeau.com
5 units – $ $ $ –

La Maison Banville ★★★

1086, boulevard du Sacré-Coeur, Saint-Félicien
418 613-0888 – lamaisonbanville.com
5 units – $ $ $ –

Aux Saveurs du Lac ★★★

2170, chemin du Lac-Ouitouche-Nord, La Doré
418 256-8262 – auxsaveursdulac.com
2 units – $ $ –

Les Gîtes Makadan ★★★★

1728, rue Saint-Cyrille, Normandin
418 274-2867 – 1 877 625-2326 – gitemakadan.com
5 units – $ $ –

Au bonheur du voyageur ★★★

356, route 169, Saint-Henri-de-Taillon
418 669-1359 – aubonheurduvoyageur.ca
3 units – $ $ –

Auberge La Locanda du Passant ★★

400, rue Principale, Saint-Henri-de-Taillon
581 230-1781 – shbergeron.sb@gmail.com
5 units – $ $ –

Almatoit Gîte ★★★

755, rue Price Ouest, Alma
418 668-4125 – 1 888 668-4125 – almatoit.com
5 units – $ $ $ –

Saguenay

Au gîte de la Riviere-aux-Sables ★★★★

4076, rue des Saules, Jonquière Borough
418 547-5101 – gitedelariviereauxsables.com
4 units – $ $ –

Au P'tit Manoir ★★★★

2263, rue Saint-Dominique, Jonquière Borough
418 542-6002 – 1 888 547-2002 – auptitmanoir.net
4 units – $ $ $ –

Gîte au Mitan ★★★

2840, boulevard du Saguenay, Jonquière Borough
418 548-7388 – giteetaubergedupassant.com/mitan
2 units – $ $ $ –

Gîte Du Haut des Arbres

744, rue du Ruisseau-Lachance, Chicoutimi Borough
418 550-3633 – giteduhautdesarbres.com
4 units – $ $ –

Gîte le Chardonneret ★★★

1253, boulevard Renaud, Chicoutimi Borough
418 543-9336 – lechardonneret@videotron.ca
2 units – $ $ –

La Maison sur la Butte ★★★

684, boulevard du Saguenay Ouest, Chicoutimi Borough
418 549-7128 – gitelamaisonsurlabutte.com
3 units – $ $ –

Au Fil des Saisons ★★★★

832, rue Cimon, La Baie Borough
418 697-1000 – 1 888 697-1004 – aufildessaisons.com
5 units – $ $ $ –

La Grange aux Hiboux ★★★

521, rue Mars, La Baie Borough
418 544-7716 – 1 866 544-7716
lagrangeauxhiboux.com
4 units – $ $ –

École au Gîte ★★

284, chemin Pilote, Saint-Ambroise
514 524-4031 – ecoleaugite.com
4 units – $ $ –

Gîte du Lac Docteur ★★★

431, rue Honoré, Saint-Honoré
418 673-4428 – 1 866 673-4001
gitedulacdocteur.com
3 units – $ $ –

Route du Fjord

Gîte du Chien Noir ★★★

337, chemin du Lac-à-la-Croix, Saint-Félix-d'Otis
418 544-5596 – gitechiennoir.com
2 units – $ $ $ –

Gîte Escale au Presbytère ★★★

46, rue Tremblay, Petit-Saguenay
418 608-8827 – escaleaupresbytere.com
3 units – $ $ –

Gîte Marie-Claire ★★★

54, rue du Pré, Petit-Saguenay
418 272-2592 – gitescanada.com/12891.html
3 units – $ $ –

Gîte et boutique la flèche du fjord ★★★

370, rue du Saguenay, Saint-Fulgence
418 674-2002 – fresquedart@gmail.com
2 units – $ $ –

Gîte et Résidence de L'Artisan ★★★★

119, chemin de la Pointe-aux-Pins, Saint-Fulgence
418 674-1344 – gitedelartisan.ca
3 units – $ $ –

Other Types of Accommodation

Lac-Saint-Jean

Chalets et Spa Lac Saint-Jean ★★★

109, chemin du Parc-Municipal, Chambord
418 342-1111 – 1 877 342-7933 – chaletsetspa.com
25 units – $ $ $ $ –

Ermitage Saint-Antoine ★

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
12 units – $ – **ad p. 23, 192**

Grand Camp ★

4205, chemin des Pionniers, La Doré
418 256-8242 – 1 866 272-8242
moulindespionniers.com
6 units – $ – **ad p. 23, 117, 193**

Chambres MB Normandin ★

1318, avenue du Rocher, Normandin
418 274-4828 – martinbrg66@hotmail.com
9 units – $ $ –

Gîte Le Petit Hôtel ★★

137, rue Saint-Jean, Sainte-Monique
418 347-1433 – 1 866 347-1433 – gitelepetithotel.com
7 units – $ –

La Maison du matelot ★★★

10, avenue du Quai, Alma
418 662-0348 – portdeplaisance.ca
5 units – $ $ $ – **ad p. 71, 192**

Saguenay

Relais Onatchiway ★

chemin du Lac-Onatchiway, Saint-David-de-Falardeau
418 690-4121 – relaisonatchiway.ca
9 units – $ $ –

Route du Fjord

Auberge Le Perchoir ★★★

201, rue du Vieux chemin, Saint-Félix-d'Otis
418 306-5004 – leperchoir.ca
4 units – $ $ $ –

Auberge du Presbytère de Rivière-Éternité ★★

412, rue Principale, Rivière-Éternité
418 608-8890 – aubergedupresbytere.com
10 units – $ $ $ – **ad p. 54**

Côte-Nord

Le Domaine de nos Ancêtres ★★

1895, route 172 Sud,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551 – ferme5etoiles.com
6 units – $ $ –

Non-traditional Accommodation

Lac-Saint-Jean

Désert de glace, Coopérative de solidarité

250, rang des Îles, Saint-Gédéon
1 888 668-7381 – equinoxaventure.ca

The Igloft is an original way to experience winter. It's a modern igloo, well-adapted to the rigours of the seasons. Warm and cosy, protected from the inclement weather, you can really get to know Lac Saint-Jean, winter or summer. The Igloft has a glass dome and is fully-equipped with everything you need for a great stay. Find out about our relaxing package deal which includes, dinner, one night and breakfast.

L'Iloft

250, rang des Îles, Saint-Gédéon
418 668-7381 – 1 888 668-7381 – equinoxaventure.ca

Kayak around the islands of Lac Saint-Jean, eat, then sleep under the stars in the Iloft. An innovative floating cabin concept with a transparent dome and a deck. A romantic experience in a hidden bay. The package includes: one night, kayak, supper and breakfast.

Auberge Le Perchoir

Adventure in the land of the caribou - Zoo sauvage de Saint-Félicien

2230, boulevard du Jardin, Saint-Félicien
418 679-0543 – 1 800 667-5687 – zoosauvage.org

Get an out-of-the-ordinary experience when you stay 26 hours at the Zoo! A guide will accompany you and give you lots of interesting information. An excursion to see caribou and moose, boating, evening round a campfire, prospector tent, wolf observation and more. Meals included.

ad p. C2, 12, 63

Domaine des Trois Îles

580, boulevard du Sacré Coeur, Saint-Félicien
418 515-4537 – domainedestroisiles.ca

Sleeping on an island in a Coolbox mini-chalet is a unique experience that will blow your mind! Tranquility, change of scenery, sunset, outdoor fire and hiking trail are the keys to our success. Access to the island is by car or boat. The ideal vacation to recharge your batteries!

Aventuraid – Parc Mahikan

2395, rang Lapointe, Girardville
418 258-3529 – aventuraid.qc.ca

Fall asleep to the sound of howling wolves and watch them from your window...or maybe they're watching you? Sleep in one of our ecolodges: the Mongolian yurt, the cabin on stilts, the log cabin or the prospector tent and recharge your batteries in the heart of nature!

Domaine L'Orée des bois

37, rang Saint-Joseph, Notre-Dame-de-Lorette
418 276-1075 – domaineloreedesbois.ca

Get away from it all and gaze at the stars in one of our unusual accommodation units, a nordic experience, north of the 49th parallel . Our domain offers different accommodation packages in our colourful thematic yurts. Many activities available nearby.

© Kalie Photographie

Parc national de la Pointe-Taillon

835, rang 3 Ouest, Saint-Henri-de-Taillon
418 347-5371 – 1 800 665-6527
sepaq.com/pointetaillon

Traditional or "Étoile" ready-to-camp sites in a natural setting in the heart of our protected territory. Bring food and bedding. Heating and kitchen provided. Accessible by bike or on foot. Near the beach. Free towing service for transport. Bike rental.

ad p. 50, 69

Saguenay

Bois Rond Expérience

7525, boulevard de la Grande-Baie Sud,
La Baie Borough
418 540-9985 – boisrondexperience.ca

Reconnect with nature in one of our log cabins. Cook outdoors while enjoying the beauty and tranquility of the area. Explore our forest through various activities: canoeing, hiking, Finnish sauna, skiing and snowshoeing. Access to the cabins on foot only. Bedding and luggage transport included. We look forward to seeing you!

Imago Village

180, rue du Massif, Saint-David-de-Falardeau
418 437-7770 – 1 844 424-6246 – imagovillage.com

Nested in the Monts Valin, Imago Village offers non-traditional accommodations in the heart of the forest and in a natural environment. Discover breathtaking views overlooking Le Valinouët ski centre. Campsites and yurts are available for outdoor enthusiasts for an incredible experience.

Imago Village

Route du Fjord

Parc national du Fjord-du-Saguenay

91, rue Notre-Dame, Rivière-Éternité
418 272-1556 – 1 800 665-6527 – sepaq.com/pq/sag

The Rivière-Éternité sector has 7 turnkey camp sites in a natural setting. Bring food, bedding and towels (rental serice available). Heat, lighting and full kitchen included. Picnic table and chairs. Water points, washrooms and showers nearby.

ad p. 50, 69

Parc Aventures Cap Jaseux

250, chemin de la Pointe-aux-Pins, Saint-Fulgence
418 674-9114 – 1 888 674-9114 – capjaseux.com

Stay in a house perched 8m above ground. Sleep in a transparent dome facing the fjord or from the privacy of a futuristic sphere suspended above the river. Kitchen accessories included. Toilets and services nearby. Bedding available on request.

ad p. 55

Côte-Nord

Centre de vacances Ferme 5 étoiles

465, route 172 Ouest,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-4833 – 1 877 236-4551 – ferme5etoiles.com

Looking for an unconventional lodging experience? Our yurts overlooking the fjord as well as our ready-to-camp options and our Canada cabin (trapper lodge made of wood) were built for you! These lodgings located in the middle of nature have been equipped to ensure comfort and encourage outdoor fun.

ad p. 13, 72

Parc national du Fjord-du-Saguenay

1121, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-1162 – 1 800 665-6527 – sepaq.com/pq/sag

The Baie-Sainte-Marguerite sector has 14 turnkey camp sites: 9 at the Le Bleuvet campground and 5 at the Pointe-du-Moulin, accessible on foot or by bike. Bring food, bedding and towels (rental serice available). Heat, lighting and full kitchen included. Picnic table and chairs.

ad p. 50, 69

© Alexandre Larouche

Hotels/Motels

Lac-Saint-Jean

Auberge Presbytère Mont Lac-Vert ★★★

335, rang du Lac-Vert, Hébertville
418 344-1548 – aubergepresbytere.com
7 units – $ $ $ –

Auberge des Îles

250, rang des Îles, Saint-Gédéon
418 345-2589 – 1 800 680-2589 – aubergedesiles.com
32 units – $ $ $ –
ad p. 198

Motel Le Rond-Point ★★

1773, route 169, Métabetchouan-Lac-à-la-Croix
418 349-3413 – motelrondpoint.com
15 units – $ $ $ –

Motel l'Escale ★★

15, route 155, Chambord
418 342-8267 – lescaledechambord@cgocable.ca
15 units – $ $ –

Motel Lac-St-Jean ★★

577, route 169, Chambord
418 342-6334 – 1 877 342-6334
27 units – $ $ –

Village Historique Val-Jalbert ★★★

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
24 units – $ $ $ $ –
ad p. 23, 240

Ermitage Saint-Antoine ★★+

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
55 units – $ $ –
ad p. 23, 192

Motel Panorama ★★

146, route Victor-Delamarre, Lac-Bouchette
418 348-9992 – 1 866 271-2550 – motelpanorama.ca
11 units – $ $ $ –

Hôtel Château Roberval ★★★

1225, boulevard Marcotte, Roberval
418 275-7511 – 1 800 661-7611 – chateauroberval.com
124 units – $ $ $ $ –
ad p. 196

Hôtel Manoir Roberval ★★★

19, boulevard de l'Anse, Roberval
418 275-7422 – 1 800 567-0777 – manoirroberval.com
67 units – $ $ $ –
ad p. 192

Motel Castille ★★

560, boulevard Saint-Joseph, Roberval
418 275-0771 – 1 877 275-0708 – motelcastille.com
20 units – $ $ –

Motel l'Avantage ★★

112, boulevard de l'Anse, Roberval
418 275-4880 – motel-avantage.com
20 units – $ $ –

Auberge des Îles

© Charles-David Robitaille

Motel Roberval ★★★

256, boulevard Marcotte, Roberval
418 275-3957 – 1 877 990-9903 – motel-roberval.com
54 units – $ $ –

Motel Julie ★★

123, rue Rainville, Saint-Prime
418 251-9040 – 1 877 251-9040 – ploal@hotmail.com
7 units – $ $ –

Hôtel de la Boréalie ★★★★

862, boulevard Sacré-Coeur, Saint-Félicien
418 613-3332 – 1 855 613-3332
hoteldelaborealie.com
55 units – $ $ $ – **ad p. 192**

Hôtel du Jardin ★★★★

1400, boulevard du Jardin, Saint-Félicien
418 679-8422 – 1 800 463-4927 – hoteldujardin.com
85 units – $ $ $ – **ad p. 196**

Motel Moreau ★★

684, boulevard Sacré-Coeur, Saint-Félicien
418 679-2552 – motelmoreau.com
19 units – $ $ –

Motel Barico ★

4490, rue des Peupliers, La Doré
418 256-3939
18 units – $ –

Motel Bal-Moral ★

888, rue Saint-Cyrille, Normandin
418 274-2297 – motelrestogoofy@hotmail.ca
10 units – $ –

Site touristique Chute à l'Ours ★★

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
4 units – $ $ $ – **ad p. 31**

Auberge des Plaines ★★

554, chemin Principal, Saint-Edmond-les-Plaines
418 671-9958 – fbernard@hydromec.ca
6 units – $ $ –

Auberge la Diligence et Motels ★★★

414, avenue de la Friche, Dolbeau-Mistassini
418 276-6544 – hotelier.qc.ca
52 units – $ $ $ – **ad p. 199**

Motel Chute des Pères ★★★

46, boulevard Panoramique, Dolbeau-Mistassini
418 276-1492 – hotelier.qc.ca
70 units – $ $ $ – **ad p. 194**

Hôtel Comfort INN Alma ★★★

870, avenue du Pont Sud, Alma
418 668-9221 – 1 877 574-6835 – almacomfortinn.com
59 units – $ $ $ –

Hôtel Motel Les Cascades ★★★

140, avenue du Pont Nord, Alma
418 662-6547 – 1 800 265-6547 – hotellescascades.ca
56 units – $ $ –

Hôtel Universel Alma ★★★★

1000, boulevard des Cascades, Alma
418 668-5261 – 1 800 263-5261 – hoteluniversel.com
72 units – $ $ $ – **ad p. 14, 196**

Motel de l'Avenue du Pont ★★

820, avenue du Pont Sud, Alma
418 668-2354 – motelrestogoofy@hotmail.ca
29 units – $ $ –

Motel Rustik ★★

1350, avenue du Pont Sud, Alma
418 668-2373 – 1 844 668-2373 – motelrustik.com
22 units – $ $ –

Travelodge Alma ★★★

450, rue Sacré-Coeur, Alma
418 668-3222 – 1 877 917-3222 – travelodgealma.com
30 units – $ $ $ – **ad p. 197**

Saguenay

Auberge Villa Pachon ★★★

1904, rue Perron, Jonquière Borough
418 542-3568 – 1 888 922-3568 – aubergepachon.com
5 units – $ $ $ –

Delta Saguenay par Marriott et Centre des congrès ★★★★

2675, boulevard du Royaume, Jonquière Borough
418 548-3124 – 1 800 363-3124 – marriott.fr/YBGJS
157 units – $ $ $ $ – **ad p. 193**

Motel Princesse ★★

2166, rue des Étudiants, Jonquière Borough
418 542-8106 – 1 800 387-4069 – motelprincesse.ca
40 units – $ $ – **ad p. 134, 156, 192**

Auberge Centre-Ville ★★

104, rue Jacques-Cartier Est, Chicoutimi Borough
418 543-0253 – 1 888 883-0253
aubergecentreville.com
22 units – $

Auberge le Parasol ★★★

1287, boulevard Saguenay Est, Chicoutimi Borough
418 543-7771 – 1 866 543-7771 – aubergeleparasol.com
81 units – $ $ $ – **ad p. 199**

Hôtel Chicoutimi ★★★★

460, rue Racine Est, Chicoutimi Borough
418 549-7111 – 1 800 463-7930 – hotelchicoutimi.qc.ca
86 units – $ $ $ – **ad p. 198**

Hôtel Comfort Inn Chicoutimi

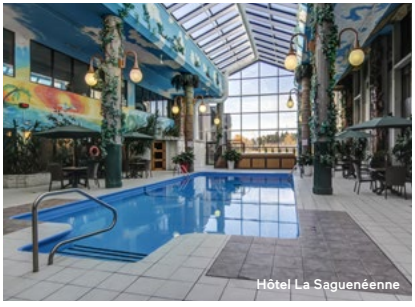
1595, boulevard Talbot, Chicoutimi Borough
418 693-8686 – 1 877 574-6835
chicoutimicomfortinn.com
78 units – $ $ $

Hôtel du Fjord ★★★

241, rue Morin, Chicoutimi Borough
418 543-1538 – 1 888 543-1538 – hoteldufjord.com
34 units – $ $ $ – **ad p. 197**

Hôtel La Saguenéenne ★★★★

250, rue des Saguenéens, Chicoutimi Borough
418 545-8326 – 1 800 461-8390 – lasagueneenne.com
118 units – $ $ $ – **ad map**


Hôtel La Saguenéenne

Hôtel Mont-Valin ★★

3665, boulevard Talbot, Chicoutimi Borough
418 545-4912 – 1 800 558-8254 – hotelmontvalin.com
20 units – $ $ $

Le Montagnais - Hôtel multiservice ★★★★

1080, boulevard Talbot, Chicoutimi Borough
418 543-1521 – 1 800 463-9160 – lemontagnais.qc.ca
291 units – $ $ $ – **ad p. 194**

Motel Panoramique ★★★

1303, boulevard Saguenay Ouest, Chicoutimi Borough
418 549-7102 – 1 800 463-9164
motelpanoramique.com
54 units – $ $ $ – **ad map**

OTL Gouverneur Saguenay ★★★★★

1303, boulevard Talbot, Chicoutimi Borough
418 615-8800 – 1 888 910-1111 – otlhotelsaguenay.ca
165 units – $ $ $ $ – **ad p. 195**

OTL Gouverneur Saguenay

Auberge de la Rivière Saguenay ★★★

9122, chemin de la Batture, La Baie Borough
418 697-0222 – 1 866 697-0222
aubergesaguenay.com
8 units – $ $ $

Auberge des 21 ★★★★

621, rue Mars, La Baie Borough
418 697-2121 – 1 800 363-7298 – aubergedes21.com
31 units – $ $ $ – **ad p. 156, 197**

Auberge des Battures ★★★★

6295, boulevard de la Grande-Baie Sud,
La Baie Borough
418 544-8234 – 1 800 668-8234
hotel-saguenay.com
32 units – $ $ $ – **ad p. 156**

L'Auberge Carcajou ★★

305, chemin Lévesque, Saint-David-de-Falardeau
418 673-1991 – aubergecarcajou.com
9 units – $ $ $

Route du Fjord

Auberge des Cévennes ★★

294, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3180 – 1 877 272-3180
auberge-des-cevennes.qc.ca
15 units – $ $

© Mario Plourde, Marc-André Couture

Auberge la Fjordelaise ★★★

370, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-2560 – 1 866 372-2560 – fjordelaise.com
9 units – $ $ –

Chalets sur le Fjord ★★★

354, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3430 – 1 800 561-8060
chalets-sur-le-fjord.com
34 units – $ $ $ $ –

Maison de Vébron ★★

56, chemin de Vébron, L'Anse-Saint-Jean
418 272-3232 – maisondevebron.com
18 units – $ $ $ –

ad p. 198

Auberge du Jardin ★★★

71, rue Dumas, Petit-Saguenay
418 272-3444 – 1 888 272-3444
aubergedujardin.com
12 units – $ $ $ –

L'Auberge du 31 ★

km 31, route L-200, Saint-Fulgence
418 948-0960 – aubergedu31.com
12 units – $ $ $ –

Le Cap au Leste ★★+

551, chemin Cap-à-l'Est, Sainte-Rose-du-Nord
418 675-2000 – 1 866 675-2007 – capauleste.com
53 units – $ $ $ –

Côte-Nord

Hôtel-Motel Restaurant Coronet ★★

401, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-9444 – 1 800 550-3123 – hmcoronet.com
17 units – $ $ –

Hôtel Tadoussac ★★★

165, rue Bord-de-l'Eau, Tadoussac
418 235-4421 – 1 800 561-0718 – hoteltadoussac.com
149 units – $ $ $ $ –

Motel Chantmartin ★★

414, rue du Bateau-Passeur, Tadoussac
418 235-4733 – 1 800 731-4733 – chantmartin.com
24 units – $ $ –

Outfitters

Lac-Saint-Jean

Club Colonial 3★ to 4★

Saint-Félicien
GPS : 48,7415 ; -73,5794
418 679-8229 – 1 888 679-8229 – club-colonial.com
6 units –

Pourvoirie Chibougamau 4★

Chibougamau
GPS : 50,1238 ; -73,6477
418 630-6898 – pourvoiriechibougamau.com
6 units –

Pourvoirie du Lac Husky 3★

Dolbeau-Mistassini
GPS : 50,4344 ; -71,9519
418 276-7551 – lac-husky.com
12 units –

Pourvoirie du Lac Paul 3★ to 4★

Saint-Ludger-de-Milot
GPS : 49,8768 ; -70,7771
418 907-2158 – 1 855 549-7316 – pourvoiriedulacpaul.com
7 units –

Route du Fjord

Pourvoirie Clauparo - Monts-Valin 3★ to 4★

Saint-Fulgence
GPS : 49,0139 ; -70,3665
418 665-6610 – 1 855 665-6610 – clauparo.com
10 units –

Pourvoirie du Lac Laflamme 3★ to 4★

Saint-Fulgence
GPS : 48,9359 ; -70,3622
418 831-3890 – laclaflamme.com
11 units –

Pourvoirie Homamo 3★

Saint-Fulgence
GPS : 49,2099 ; -70.4605
418 831-5674 – homamo.ca
6 units –

Pourvoirie Itouk 3★

Saint-Fulgence
GPS : 49,0358 ; -70,4972
418 690-4072 – pourvoirieitouk.com
4 units –

Pourvoirie Monts-Valin Du Archer

Pourvoirie Monts-Valin Du Archer 3★ to 4★

Saint-Fulgence
GPS : 48,9636 ; -70,3184
581 999-5125 – pourvoiriemontsvalinduarcher.com
8 units –

Pourvoirie Poulin de Courval 3★ to 4★

Saint-Fulgence
GPS : 48,8897 ; -70,4514
418 944-9764 – poulindecourval.qc.ca
11 units –

Pourvoirie Québec Nature 3★ to 4★

Saint-Fulgence
GPS : 49,1374 ; -70,3349
418 665-6610 – 1 855 665-6610
pourvoiriequebecnature.com
9 units –

Pourvoirie Wapishish 2★ to 3★

Saint-Fulgence
GPS : 48,8964 ; -70,5850
418 820-2309 – wapishish.com
4 units –

Seigneurie de la Rivière Olaf 3★ to 4★

Sainte-Rose-du-Nord
GPS : 48,6254 ; -70,2761
418 514-8776 – 1 888 394-2537 – pourvoirieolaf.com
7 units –

Reservation Services

Lac-Saint-Jean

Coolbox

447, rue Principale, Saint-Prime
418 815-4413 – coolbox.ca

Would you like to sleep in a minichalet made from a container? Why not? That's what the Coolbox company suggests with its original, cute, compact, safe, comfortable ready-to-camp equipment. Each rustic chalet is equipped with compost toilet, solar panels and propane gas heating. That's a real change of scenery! Visit the web site for more details or to reserve your stay online.

Coolbox

Saguenay

Mon adresse à louer – Hébergements d'expérience

460, rue Racine Est, Chicoutimi Borough
418 549-7113 – monadressealouer.com

Mon adresse à louer is an online service that offers unique vacation rentals, including cabins, villas and urban condominiums. Thanks to our partnership with a renowned establishment, we guarantee customers a safe rental and one that complies with hotel industry standards. To serve you better, we have a travel agency management permit no. 703495.

Tavata Chalets

53, chemin de Price, Saint-David-de-Falardeau
581 681-0575 – tavatachalets.com

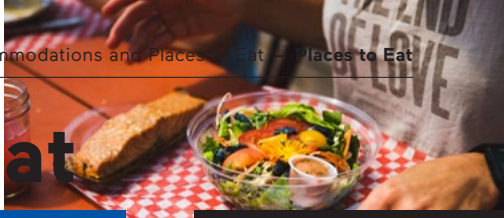
We'd like to help you enjoy your adventure in our beautiful region by offering you a stay in our superb accommodation. You'd like a cottage on the beach? Got it. A ski chalet in the mountains? No problem. A well-equipped downtown apartment? We have one. It's so easy, go online and book one of our 30 unique units. See you soon!

© Pourvoirie Monts-Valin Du Archer, Coolbox

TIME TO EAT!

Worked up an appetite? Between gourmet spreads at quaint little bistros, food trucks, and popular local joints, our chefs and cooks have anything you could want to satisfy your cravings, at any time of the day or night.

© Jeff Frenette Photography



Places to Eat

Saguenay–Lac-Saint-Jean is a culinary destination you need to discover. Its rich boreal lands attract a great many foodies searching for new experiences. Accessible and diverse, its cuisine reinvents itself by showcasing unique local flavours that inspire creative and passionate chefs.

Price range
$: under $15
$ $: $15–30
$ $ $: $31–50
$ $ $ $: over $50

Meals
1 : breakfast
2 : lunch
3 : supper

▼ Classified by Sector.

Lac-Saint-Jean

Auberge Presbytère Mont Lac-Vert

335, rang du Lac-Vert, Hébertville
418 344-1548 – aubergepresbytere.com
$ $ $ – 1,3 –

Specialties: Exquisite cuisine inspired from regional products. Each ingredient is carefully selected. Intimate and comfortable dining room. During winter, breakfast, lunch and supper will please the most refined palates. Table d'hôte menu. The house speciality is the all you can eat Chinese fondue.

Le Rang 9 de l'Auberge des îles

250, rang des Îles, Saint-Gédéon
418 345-2589 – 1 800 463-7930 – aubergedesiles.com
$ $ – 1,2,3 – **ad p. 198**

Specialties: Lake Saint-Jean is the agricultural region "par excellence"! Our restaurant, Rang 9 in Saint-Gédéon, showcases local products. The chef uses fine cheeses, home-made bread, craft beers, market vegetables and boreal spices. Our restaurant's terrace has a magnificent view of Lac Saint-Jean.

Microbrasserie du Lac Saint-Jean – Saint-Gédéon

120, rue de la Plage, Saint-Gédéon
418 345-8758, ext. 101 – microdulac.com
$ $ – 2,3 – **ad p. 150, 151, 152, 155**

Specialties: For over 10 years this microbrewery has been highlighting our region and its products. It's the ideal place to meet friends, family or colleagues. Our cuisine is adapted to our beers. A wide choice of appetizers and main dishes. Light lunch menu. Set menus in the evening.

Bistro La Boca

505, 5e Chemin, Métabetchouan-Lac-à-la-Croix
581 235-8511 – facebook.com/bistroLaBoca
$ $ – 2,3 –

Specialties: Get a taste of the region with chef Claude Laprise. His gastronomic boreal cuisine uses fresh, quality products including locally-produced bread, cheese, fruit and vegetables: meat, fish and game prepared with passion as well as mixology and food-wine pairing.

Motel Le Rond Point

1773, route 169, Métabetchouan-Lac-à-la-Croix
418 349-3413 – motelrondpoint.com
$ $ – 1,2,3 –

Specialties: The restaurant connected to the Motel Le Rond-Point offers a family friendly menu with local and traditional Québec cuisine, in addition to a variety of pizzas. Variety of daily menus. Sunday brunch. Diner-style decor. Sunny dining room. Convenience store and gas station.

Resto-bar le Rigolet

18, rue Saint-André, Métabetchouan-Lac-à-la-Croix
418 349-3696 – resto-bar-le-rigolet.business.site
$ $ – 1,2,3 –

Specialties: Family-style restaurant with dishes from around the world. Children's menu. Book a table to see a spectacular sunset over Lake Saint-Jean! Wines, locally-brewed beers and juice bar for cyclists. Musical entertainment on weekends. Turnkey reception and catering service available.

© La Vieille Ferme / Canopée Médias

Le Relais du Souvenir

1801, rue Principale, Chambord
418 480-8464 – lerelaisdubleuet.com
$ – 1,2,3 –

Specialties: Discover the best the blueberry has to offer in our traditional dishes, vinaigrettes, our blueberry ketchup and our blueberry sausages. We have a large selection of healthy menus. Try our pies and espressos! Views from the terrace overlooking Lac Saint-Jean. Regional dishes to take out.

Restaurant du Vieux Moulin et Bistro

95, rue Saint-Georges, Chambord
418 275-3132 – 1 888 675-3132 – valjalbert.com
$ $ $ – 1,2,3 – **ad p. 23, 240**

Specialties: The unique Restaurant du Vieux Moulin is located in the old mill at Val-Jalbert historic village. Five set menus are available featuring local products. Take the shuttle service to get there and see the Falls illuminated at night.

Ermitage Saint-Antoine

250, route de l'Ermitage, Lac-Bouchette
418 348-6344 – 1 800 868-6344 – st-antoine.org
$ $ – 1,2,3 – **ad p. 23, 192**

Specialties: Le Campanile restaurant offers an authentic culinary experience in a family-friendly environment. Our American breakfasts, traditional French menus and our superior tables d'hôte will please your palate. Our dining room, which seats 220 guests, can accommodate groups, family reunions and travellers.

Brochetterie Chez Greco

979, boulevard Marcotte, Roberval
418 275-5707 – chezgreco.ca
$ $ – 2,3 –

Specialties: Since 1987, Chez Greco has been offering authentic Greek cuisine. The most popular dishes on the menu: Kebabs, tzatziki, souvlakis, salads, grilled steak, fish, seafood and pasta. Courteous service. Kids menu.

L'Abordage de l'Hôtel Château Roberval

1225, boulevard Marcotte, Roberval
418 275-7511 – 1 800 661-7611 – chateauroberval.com
$ $ – 1,2,3 – **ad p. 196**

Specialties: The hotel's restaurant welcomes visitors with an all new decor with a new menu for the entire family: Seafood, steaks and children's menu. Delicious dishes that everyone will enjoy!

Chez Perron / Fromagerie Perron

598, rue Principale, Saint-Prime
581 584-3164 – fromagerieperron.com
$ $ – 2,3 –

Specialties: The Fromagerie Perron restaurant stands out with its unique set menus and the poutine bar which emphasises regional products. It's the ideal place for a gastronomic dinner or to spend a pleasant time with your family. Cocktails and draft beer in the evening.

Auberge la Seigneurie du Lac

3127, rue Saint-Méthode, Saint-Félicien
418 630-4381 – facebook.com/aubergelaseigneuriedulac
$ $ $ – 3 –

Specialties: Escape for a relaxing experience in our century-old presbytery, charmingly restored to keep its old-time character. Our specialities : seafood and grills. Table d'hôte and à la carte menus. Bring your own wine and beer. Air-conditioning ensures a comfortable temperature during the summer.

Bistro-Bar L'Eden de l'Hôtel du Jardin

1400, boulevard du Jardin, Saint-Félicien
418 679-8422 – 1 800 463-4927 – hoteldujardin.com
$ $ – 3 – **ad p. 196**

Specialties: A festive and friendly atmosphere in a open concept pub with big screen TV and fireplace. Bistro-style menu. Québec and Italian cuisine, grilled foods and local products.

La Maison Banville

1086, boulevard du Sacré-Cœur, Saint-Félicien
418 613-0888 – lamaisonbanville.com
$ $ – 2,3 –

Specialties: Dr Banville's spirit is still alive in this ancestral house. Discover our creative cuisine inspired by local products: light meals, set menus and tasty desserts. Reservations required Friday and Saturday. During the summer: a traditional menu with regional flavour.

L'Oasis de l'Hôtel du Jardin

1400, boulevard du Jardin, Saint-Félicien
418 679-8422 – 1 800 463-4927 – hoteldujardin.com
$ $ – 1,3 – **ad p. 196**

Specialties: Our dining room offers flavourful delicacies combined with local products. Kids menu available.

Marco's Pub et Tifosi d'Italiano

1128, boulevard Saint-Félicien, Saint-Félicien
418 679-9933 – marcospub.com
$ $ – 2,3 –

Specialties: Two different vibes under the same roof! At Marco's Pub, we have grills, burgers and pizzas, as well as imported, draft and microbrewery beers. Sports events presented on HD TV. In the Tifosi restaurant, you'll find typical Italian decor and a unique pasta bar.

Restaurant Ô Mets Chinois

1005, boulevard du Sacré-Coeur, Saint-Félicien
418 679-3339 – restaurantometschinois.com
$ $ – 1,2,3 –

Specialties: This popular restaurant has been offering Canadian Chinese cuisine with their buffet and à la carte menu. Also serving a selection of grilled foods, chicken, pasta, pizza and salad, in addition to regional specialties in season. Breakfast served daily, brunch on Sunday mornings and catering.

Restaurant Ô Pied Marin

1065, rue Bellevue Sud, Saint-Félicien
418 307-5052 – opiedmarin.com
$ $ – 3 –

Specialties: The restaurant offers a magnificent view of the river from our two outdoor patios. Enjoy our local beer while relaxing and admiring the breath-taking sunset. We offer a jazzy and friendly atmosphere. Regional menus and other tasty dishes are offered! Enjoy a moment of relaxation and discovery.

Restaurant Dédélicieux

1455, avenue du Rocher, Normandin
418 274-4561 – dedelicieux.com
$ – 1,2 –

Specialties: A menu that highlights traditional regional cuisine (broad bean soup, tourtière, blueberry pie) in season, in addition to a choice of thin crust pizzas, paninis, ciabatta sandwiches, salads and sautéed pasta dishes. Gourmet breakfast. Culinary creations inspired from the songs by Dédé Fortin.

Site touristique Chute à l'Ours

101, chemin Louis-Ovide-Bouchard, Normandin
418 274-3411 – chutealours.com
$ – 1,2,3 – **ad p. 31**

Specialties: To accommodate both campers and resort vacationers, the on-site restaurant/convenience store offers a daily lunch menu option and set dinner menu in the evening. Contemporary local and traditional Quebec cooking, and our house special, fillet of walleye. Open June-September and December-March.

Le Méandre du Motel Chute des Pères

46, boulevard Panoramique, Dolbeau-Mistassini
418 276-1492 – hotelier.qc.ca
$ $ – 1,2,3 – **ad p. 194**

Specialties: Enjoy a spectacular view of the Mistassibi River rapids while dining from a menu of traditional Québec cuisine infused with regional accents and local products. On the menu: regional dishes, grills and seafood. Brunch on Sunday. Table d'hôte and kids menu.

Le Météore, Pub et Spectacles

1504, boulevard Wallberg, Dolbeau-Mistassini
418 276-7469 – meteore.ca
$ $ – 2,3 –

Specialties: The Météore, pub et spectacles offers a unique place where culture and sports go hand in hand. Whether attending a professional stage performance or a sports gala, visitors have a wide selection of activities to choose from. We highlight three priorities: The menu, the atmosphere and the service.

Microbrasserie le Coureur des bois

1551, boulevard Wallberg, Dolbeau-Mistassini
418 979-1197 – microlecoureurdesbois.com
$ $ – 2,3 – **ad p. 150, 151**

Specialties: A great place to have a good time with friends or family. You just have to visit us here in Dolbeau-Mistassini: we've been open since 2011! Eat outside in summer and enjoy a lovely menu using plenty of local products. Great choice of regional beers and we're certified Terroir et Saveurs du Quebec.

Restaurant Ô Pied Marin

© Yves Bergeron

Resto 3F

1500, rue des Érables, Dolbeau-Mistassini
418 276-8445 – resto3f.com
$ $ – **2,3** –

Specialties: Fine homemade cuisine. French and international inspired menu. Fresh market cuisine, seafood, game and steak house. Regional local products. Daily menu available. Located in the commercial centre Les Galeries des Érables. Bring your own wine. Closed on Sunday.

Auberge et camping Île du Repos

105, chemin de l'Île-du-Repos, Péribonka
418 347-5649 – iledurepos.com
$ $ – **1,2,3** – **ad p. 36**

Specialties: Country-style bistro with a high quality menu inspired by regional and French cuisine. Outdoor terrace with breathtaking views overlooking the river. The perfect place for meals with friends. Relaxed atmosphere. A magical location for families. Exhibits and live presentations.

Bistr'eau Pub Péribonka

360, rue Édouard-Niquet, Péribonka
418 374-2424 – peribonka.ca
$ $ – **1,2,3** – **ad p. 36**

Specialties: Recharge your batteries while admiring the stunning views, trying our regional dishes and sampling our refreshing beer on the terrace. Take the aquatic shuttle service between Péribonka and Pointe-Taillon as well as the municipal campground and the Véloroute des Bleuets bike trail.

Bar-Restaurant Mario Tremblay

534, rue Collard Ouest, Alma
418 668-7231 – lerbmt.com
$ $ – **2,3** –

Specialties: Warm and friendly service, good food and a sports-infused atmosphere have defined this establishment in the heart of downtown Alma since 1980. Menu with a variety of local products. House specialties: Grilled Angus beef, fondue, fresh fish, seafood and pizza. Selection of wine and beer.

Café du Clocher

19, rue Saint-Joseph Sud, Alma
418 662-4801 – cafeduclocheralma.com
$ $ $ – **2,3** –

Specialties: A bistro in a relaxed yet festive atmosphere, with a performance venue and bar. Generous portions. Fresh pasta from their neighbor, La Pâterie. Gourmet pizza, burgers and homemade fries, vegetarian dishes and an affordable table d'hôte menu. Homemade pastries and cakes made on-site.

Le Décanteur

475, rue Harvey, Alma
418 769-2117 – ledecanteur.bv@gmail.com
$ $ – **3** –

Specialties: This menu from chefs passionate about good food, fine wine and liquor, emphasizes local products and fine cuisine. Shared dishes. Generous portions. Privately imported wines. Large selection of scotch and whisky. Microbrewery beers and qualified staff. Friendly atmosphere and terrace.

L'Exode Café

960, avenue du Pont Sud, Alma
418 769-0996 – lexodecafe.com
$ $ – **1,2** –

Specialties: Urban coffeehouse with contemporary decor. Paninis, salads, soups, vegetarian meals, Danish pastries. Health-wise breakfasts. Ambassadeur de saveurs of the Zone Boréale. International coffee locally roasted. After work parties on Thursdays. Wine and local microbrewery beer. Conference room.

Micro du Lac Alma

435, rue Sacré-Coeur Ouest, Alma
418 758-1570 – microdulac.com
$ $ – **3** – **ad p. 150, 151, 152, 155**

Specialties: Over 100 beers, 20 Micro du Lac drafts, bistro-style food, menu highlighting local ingredients, terrace with river view, 140 places. Casual urban atmosphere.

Microbrasserie Lion Bleu

Microbrasserie Lion Bleu

45, rue Saint-Joseph, Alma
418 769-0795 – microlionbleu.com
$ $ – **3** – **ad p. 150, 151, 156**

Specialties: In a unique setting, try our craft beers brewed in house as well as imported scotch and wine. Shows on a stage set up right in the dining room, a giant screen to broadcast sporting events, a refined bistro menu and an outdoor terrace right in the heart of downtown Alma. Shop to discover.

© Microbrasserie Lion Bleu

Restaurant Pacini (Hôtel Universel)

1000, boulevard des Cascades, Alma
418 668-0872 – 1 800 263-5261 – hoteluniversel.com
$ $ – 1,2,3 – **ad p. 14, 196**

Specialties: Pacini features unique dishes with no artificial trans fats. Pastas for all tastes, our special pizzas, tender and tasty Italian style grills and extraordinary desserts. Affordable children's menu. All-you-can-eat bread bar. Direct access to the 561 snowmobile trail from the restaurant.

Resto Roberto

11, rue Scott Est, Alma
418 662-2191 – restoroberto.com
$ $ – 1,2,3 –

Specialties: Large and affordable choice of dishes: Québec and Italian cuisine, pizza, grill and classic regional doshes. Breakfast at all times, lunch menu, tables d'hôte menu. Prompt service and warm atmosphere. Delivery and take-out service. Regional chain of restaurants in Alma, Jonquière and Chicoutimi.

Saguenay

Auberge Villa Pachon

1904, rue Perron, Jonquière Borough
418 542-3568 – 1 888 922-3568 – aubergepachon.com
$ $ $ $ – 3 –

Specialties: From Carcassonne, the king master of the cassoulet, chef Pachon, infuses his personal style to this traditional meal in the region. He offers a menu that combine French and Québec cuisine. Attention to detail, food freshness, blends of herbs and spices are all part of his signature style.

HopEra Microbrasserie et pizzéria

2377, rue Saint-Dominique, Jonquière Borough
418 412-9900 – hopera.ca
$ $ – 2,3 – **ad p. 150, 151**

Specialties: Discover our authentic microbrewery that specializes in marrying Italian traditional pizzas and delicious homemade beers. Our wish is to share our world, halfway between modernism and tradition.

La Voie Maltée

2509, rue Saint-Dominique, Jonquière Borough
418 542-4373 – lavoiemaltee.com
$ $ – 2,3 – **ad p. 150, 151**

Specialties: For over 15 years now, in a festive atmosphere, this popular microbrewery/restaurant has been serving locally-brewed beer. A leading proponent of cooking with beer, we'll show you a refined menu with many original dishes. Come and get the Maltée experience!

Passion Café

1929, rue Davis, Jonquière Borough
418 412-4404 – passioncafe.biz
$ – 1,2,3 –

Specialties: In downtown Arvida, one of Canada's historic sites, our café-restaurant has delicious full breakfasts, set menus and a wide variety of paninis, sandwiches and salads. We use local products. Quick, friendly service. Local beers and wine. Best latté in the region!

Passion Café

Restaurant La Vilaine

2166, rue des Étudiants, Jonquière Borough
418 542-8106 – 1 800 387-4069 – motelprincesse.ca
$ $ – 1,2,3 – **ad p. 134, 156, 192**

Specialties: The restaurant La Vilaine in Motel Princesse offers a popular and family friendly cuisine that's uncomplicated and affordable. House specialties: breakfasts served with homemade bread, lunch menu, table d'hôte menu, Montréal-style smoked meat sandwiches and homemade fish and chips. Private rooms.

Resto Roberto

2315, rue Saint-Hubert, Jonquière Borough
418 695-1555 – restoroberto.com
$ $ – 1,2,3 –

Specialties: Large and affordable choice of dishes: Québec and Italian cuisine, pizza, grill and classic regional dishes. Breakfast at all times, lunch menu, tables d'hôte menu. Prompt service and warm atmosphere. Delivery and take-out service. Regional chain of restaurants in Alma, Jonquière and Chicoutimi.

© Ève Kateri

Auberge-Resto le Parasol

1287, boulevard Saguenay Est, Chicoutimi Borough
418 543-7771 – 1 866 543-7771 – aubergeleparasol.com
$ $ – 1,2,3 – **ad p. 199**

Specialties: Take in a breathtaking view of Chicoutimi and the Saguenay River from the atrium window and dining room. A regional cuisine with an international touch. Vegetarian meal choices. Salads, sandwiches, pasta, meat, chicken and fish à la carte. Bar. Daily menu available online and Facebook.

Bistro Café Summum

250, rue Racine Est, Chicoutimi Borough
418 544-0000, ext. 2 – bistrocafesummum.com
$ $ – 1,2,3 –

Specialties: Bistro for fine dining and a proud ambassador of the Zone boréale, the Summum on the rue Racine invites you to sample regional flavours. Craft beers, privately-imported wines, trendy cocktails and fusion-style cuisine await you in a casual urban atmosphere.

Bistro D

375, rue Racine Est, Chicoutimi Borough
418 973-4666 – bistrod.ca
$ $ $ – 2,3 –

Specialties: Friendly and welcoming, the Bistro D seats 40. The blackboard menu varies according to the inspiration of the moment. Our tasty dishes are not haphazard: they are carefully thought-out and cooked right in front of you in the open kitchen. Discover our Corsican-style charcuterie!

BŒFISH

1303, boulevard Talbot, Chicoutimi Borough
418 615-1444 – boefish.ca
$ $ $ $ – 3 – **ad p. 195**

Specialties: Get an incomparable experience at the Boefish, an upscale restaurant specializing in steaks and fresh Mediterranean fish. Enticing dishes are prepared right under your very eyes in an eclectic atmosphere that brings diners together around a central bar with festive entertainment provided by a DJ.

Café Mont-Royal

6, rue Jacques-Cartier Est, Chicoutimi Borough
418 543-6427 – cafemontroyal@gmail.com
$ – 1,2,3

Specialties: A snack bar with booths and counter seats offering traditional Québec cuisine. House specialties: Breakfast starting at 4 a.m. until 7 p.m., baked beans and homemade crepes. Daily lunch and supper menus. Newspapers available. Located downtown Chicoutimi.

Hôtel Mont-Valin

3665, boulevard Talbot, Chicoutimi Borough
418 545-4912 – 1 800 558-8254 – hotelmontvalin.com
$ – 1,2,3 –

Specialties: Built in 1953, this roadside hotel is the first place to spend the night or get a meal when you leave the réserve faunique des Laurentides. Popular Québec-style and Italian cuisine. Breakfast, lunch and dinner. Bar, singer, DJ, karaoke, dancing and entertainment. Large parking area.

La Cuisine

387, rue Racine Est, Chicoutimi Borough
418 698-2822 – restaurantlacuisine.ca
$ $ $ – 2,3 –

Specialties: La Cuisine restaurant offers authentic and innovative cuisine. Everything is prepared from scratch on-site, inspired by the seasons and places fresh local products in the spotlight. We are known as «Ambassadeur de Saveurs» from La Zone Boréale. Two conference rooms for private group gatherings.

La Sandwicherie du Bistro D

381, rue Racine Est, Chicoutimi Borough
418 973-4668 – bistrod.ca
$ $ – 2 –

Specialties: What's the idea behind the Sandwicherie du Bistro D? To serve you beautiful tasty sandwiches prepared with our artisanal charcuterie. Taste our products right here, take them home or have them delivered. Accompany your sandwich with a delicious salad or one of our exquisite side-dishes.

Boefish

© Éric Lajeunesse

La Voie Maltée

777, boulevard Talbot, Chicoutimi Borough
418 549-4141 – lavoiemaltee.com
$ $ – 2,3 – **ad p. 150, 151**

Specialties: La Voie Maltée opened more than 15 years ago. Its ingenuity allows it to offers guests a selection of twenty beers, brewed in house, in a festive atmosphere. An ambassador of cooking with beer, savour the undertones of its brews paired with its menu. Experience Maltée, the only one of its kind!

Le Légendaire Restaurant-Bar (Hôtel Le Montagnais)

1080, boulevard Talbot, Chicoutimi Borough
418 543-6120 – 1 800 463-9160 – lemontagnais.qc.ca
$ $ – 1,2,3 – **ad p. 194**

Specialties: A renowned steak house, Le Légendaire serves exclusive cuts of Angus and Prime. Specialities: chateaubriand, prime rib and boneless rib steak. It's a family friendly restaurant with a menu that has something for everyone. Steaks, burgers, seafood and pastas are the specialities at Le Légendaire.

L'USINE Labrasserie

220, rue des Laurentides, Chicoutimi Borough
418 696-6887 – lavoiemaltee.com/lusine-labrasserie
$ $ – 2,3 –

Specialties: We're passionate about our cuisine here at the Voie Maltée. Industrial-style decor, central bar and an open-plan kitchen. Local organic products, Berkshire pork, beef from Québec and Canada, veal, fresh fish, oysters and other exclusive dishes. Voie Maltée beers, good wines and original cocktails.

L'USINE Labrasserie

Passion Café

1130, boulevard Talbot, Chicoutimi Borough
418 545-0369 – passioncafe.biz
$ – 1,2,3 –

Specialties: Our café-restaurant is relaxing and cheerful: we're located in the Talbot shopping area and we have delicious full breakfasts, set menus prepared on-site and a wide variety of paninis, sandwiches and salads, all starring local products. Local beers and wine. Best latté in the region!

Restaurant Chez Georges

433, rue Racine Est, Chicoutimi Borough
418 543-2875 – restaurantchezgeorges.ca
$ $ $ – 2,3 –

Specialties: An institution since 1960, the restaurant Chez Georges boasts a new trendy decor but still has the same tasty dishes that it's always been famous for. Discover a distinctive style of cuisine with Mediterranean, Italian and Lebanese influence.

Restaurant Le Tremblay (Hôtel La Saguenéenne)

250, boulevard des Saguenéens, Chicoutimi Borough
418 543-2442 – lasagueneenne.com/dining.htm
$ $ – 1,2,3 – **ad map**

Specialties: Quebec/Italian fusion: grilled meats, beef au jus, seafood and poultry dishes, and homemade pizza. The menu is diverse and is constantly changing. Casual ambiance. Snack foods include nachos and fajitas. The restaurant has an atrium window and a bar.

Restaurant-Bar Le Stade

989, boulevard Talbot, Chicoutimi Borough
418 549-6119 – restaurantbarlestade.com
$ $ – 2,3 –

Specialties: The ideal location for meeting with friends or watching live sporting events. Our big screen TVs and modern decor will ensure that you're evening is nothing less than perfect. Our menu offers AAA Angus beef, BBQ chicken nd ribs, besides our surf n' turf meals. Twelve varieties of beer on tap.

Resto Roberto

1378, boulevard Saint-Paul, Chicoutimi Borough
418 543-2139 – restoroberto.com
$ $ – 1,2,3 –

Specialties: Large and affordable choice of dishes: Québec and Italian cuisine, pizza, grill and classic regional dishes. Breakfast at all times, lunch menu, tables d'hôte menu. Prompt service and warm atmosphere. Delivery and take-out service. Regional chain of restaurants in Alma, Jonquière and Chicoutimi.

© L'USINE Labrasserie

Auberge des Battures

Auberge des 21

621, rue Mars, La Baie Borough
418 697-2121 – 1 800 363-7298 – aubergedes21.com
$ $ $ – **1,2,3** – **ad p. 156, 197**

Specialties: Auberge des 21 is an establishment of choice for Québec gourmet relay stations. Regional products and modern cuisine inspired from local and Aboriginal traditions. Renowned wines available. Executive chef and owner, Marcel Bouchard, demonstrates the evolving culinary art with flair and finesse.

Auberge des Battures – Restaurant O'Batillage

6295, boul. de la Grande-Baie Sud,
La Baie Borough
418 544-8234 – 1 800 668-8234 – hotel-saguenay.com
$ $ $ – **1,3** – **ad p. 156**

Specialties: Gourmet French and regional cuisine from local products. Hearty breakfast for all tastes. Dining room with a fireplace and a spectacular view of Baie des Ha! Ha! Tables d'hôte and supper menu. Relaxing atmosphere. Terroir et Saveurs du Québec certified and Ambassadeur de saveurs of the Zone Boréale.

La Grange aux Hiboux – Restaurant-gîte

521, rue Mars, La Baie Borough
418 544-7716 – 1 866 544-7716 – lagrangeauxhiboux.com
$ $ – **1,2,3**

Specialties: In the heart of La Baie, this bistro-style restaurant has successfully managed to create a peaceful setting with a view of the bay. Refined and creative cuisine, inspired by arrivals at the market and local products. Modern and friendly decor. Wine and microbrewery beer.

Auberge Carcajou

305, chemin Lévesque, Saint-David-de-Falardeau
418 673-1991 – aubergecarcajou.com
$ $ $ – **1,3**

Specialties: Fine dining discoveries with themes inspired from the seasons, market arrivals or local wild ingredients. Regional and local flavours. New homemade products. Operated by a passionate family, in the heart of the boreal forest, at the foot of Monts-Valin. Bar and microbrewery beer. Mechoui.

Route du Fjord

Auberge La Fjordelaise

370, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-2560 – 1 866 372-2560 – fjordelaise.com
$ $ $ – **1,3**

Specialties: Picturesque heritage house facing the fjord. Intimate dining room. Terrace overlooking the cove. Market and Québec cuisine, wild game, seafood and eclectic suggestions. Local and regional products. Comforting breakfast and table d'hôte menu in evenings. Wine list with private importations.

Bistro de L'Anse

319, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-4222 – bistrodelanse.com
$ $ – **2,3** – **ad p. 150, 151**

Specialties: A friendly and cheerful bistro. Seasonal cuisine emphasising local products: game, burgers, fish and chips, etc. We make our own beer, the Chasse-Pinte, brewed with local ingredients. Cultural events held on Saturdays. Terrace with a view of the fjord. Ambassador for the saveurs de la Zone Boréale.

Café du Quai

358-A, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 608-8425 – cafeduquai.ca
$ $ – **1,2,3**

Specialties: Menu inspired from the culinary Breton tradition, integrating several Québec and local products. Variety of desert crepes or flambé, crepe meals with a choice of fillings, specialty coffees. Vegetarian dishes. Gluten-free menu, sandwiches and salads. Low season: Weekends only.

Chez Montagner

354, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 608-8870 – facebook.com/chezmontagner
$ $ – **1,2,3**

Specialties: Our restaurant has two patios and a wonderful view of the Fjord. Discover our French-inspired gastronomic, seasonal cuisine with a strong emphasis on local products. We also have privately-imported wines, gins made in Québec and local craft beers.

© Canopée Médias

Le Camp de Base

5, rue Saint-Jean-Baptiste, L'Anse-Saint-Jean
418 272-3359 – aubergecampdebase.com
$ $ – 3 –

Specialties: Come and try our gourmet cuisine, a real taste experience! On the menu at the Auberge Le Camp de Base, dishes made with locally-smoked meat and fish or try our vegetarian plates proudly created from local products. Bon appétit!

Auberge du Jardin

71, rue Dumas, Petit-Saguenay
418 272-3444 – 1 888 272-3444 – aubergedujardin.com
$ $ – 1,3 –

Specialties: The Auberge du Jardin restaurant offers simple, yet refined cuisine with an emphasis on local Québec products in a relaxing atmosphere. Reservations recommended.

Café Bistro Boutique Léz'Arts

59, rue Dumas, Petit-Saguenay
418 272-3000 – facebook.com/cafebistrolezarts
$ $ – 2,3 –

Specialties: Versatile bistro and coffee shop with menu options such as gourmet pizza, delicious grilled sandwiches, salads. We also offer a variety of tasty delights and pair nicely with a local craft beer. Gourmet foods, including jams, jelly... Art exhibits and local handcrafts. Open June through October.

Village-Vacances Petit-Saguenay

99, chemin Saint-Étienne , Petit-Saguenay
418 272-3193 – 1 877 420-3193 – villagevacances.ca
$ $ – 1,2,3 –

Specialties: Restaurant Le Vacancier offers three varied meals per day that are included in Village-Vacances Petit-Saguenay's «all-inclusive» package. Travelling visitors are welcome without reservations. The Pub Le Refuge offers wine, cocktails and beer.

La Vieille Ferme - Table fermière

163, chemin Pointe-aux-Pins, Saint-Fulgence
418 674-1237 – agneaudufjord.com
$ $ – 1,2 –

Specialties: Discover the taste of the Saguenay region! Get the whole experience! Wander around and picnic on a farm with a view of the Fjord. To take out or to eat on-site: baguettes, rillettes, smoked salmon, charcuterie, cheese, quiches, main course salads, soups, cookies and home-made lemonade.

L'Auberge du 31

km 31, route L-200, Saint-Fulgence
418 948-0960 – aubergedu31.com
$ $ $ – 1,2,3 –

Specialties: A great rendezvous for snowmobilers, hunters, anglers and outdoors enthusiasts in the Monts-Valin. The Auberge du 31 dining room offers a quick service during the day, generous breakfasts and gourmet dinner menu in the evening. House specialty: Chinese fondue. Good wine and beer selection.

Pourvoirie du Cap au Leste

551, chemin du Cap à l'Est, Sainte-Rose-du-Nord
418 675-2000 – capauleste.com
$ $ $ – 1,2,3 –

Specialties: A typical Canadian culinary experience with a magnificent view of the Saguenay Fjord. Tasty dishes made with fresh, local, organic ingredients. Knowledgeably-created wine list. Warm and friendly rustic-style bar serving Canadian-made spirits and locally-brewed beers.

Restaurant Les 3 G

100, rue du Quai, Sainte-Rose-du-Nord
418 675-2380 – restaurantles3g@outlook.com
$ – 1,2,3 –

Specialties: This quick service snack-bar is located near the wharf and parking lot. Known for its homemade fries and poutine. Popular cuisine menu. Flavour infused soft ice cream. Soft ice cream infused with 100% pure maple butter. Exterior Picnic tables. Open: May to mid-october.

Côte-Nord

Hôtel-Motel Restaurant Coronet

401, route 172 Nord,
Sacré-Cœur-sur-le-Fjord-du-Saguenay
418 236-9444 – 1 800 550-3123 – hmcoronet.com
$ $ – 1,2,3 –

Specialties: This hotel company offers several services including a restaurant. The Quebecois menu offers popular traditional meals and regional cuisine. Pizzeria and rotisserie with a daily menu or table d'hôtes. Rest area with bar service and terrace.

Le Coverdale - Hôtel Tadoussac

165, rue Bord-de-l'Eau, Tadoussac
418 235-4421 – 1 800 561-0718 – hoteltadoussac.com
$ $ $ – **1,2,3** –

Specialties: At the Coverdale, our cuisine is inspired by regional products. The à la carte menu include a wide variety of seafood, fish and meat. Wood-panelled walls and many items from the Coverdale Collection emphasise the historic character of our dining-room.

Le Restaurant Chantmartin

412, rue du Bateau Passeur, Tadoussac
418 235-4733 – 1 800 731-4733 – chantmartin.com
$ $ – **1,2,3** –

Specialties: A family restaurant for over 35 years. A wide choice of dishes to suit everybody : pizzas, chicken, pasta, poutines and delicious seafood. Set lunch menu and set dinner menu in the evening. Copious breakfasts served all day from 6 h 30. Take-out meals available. Come on, spoil yourself!

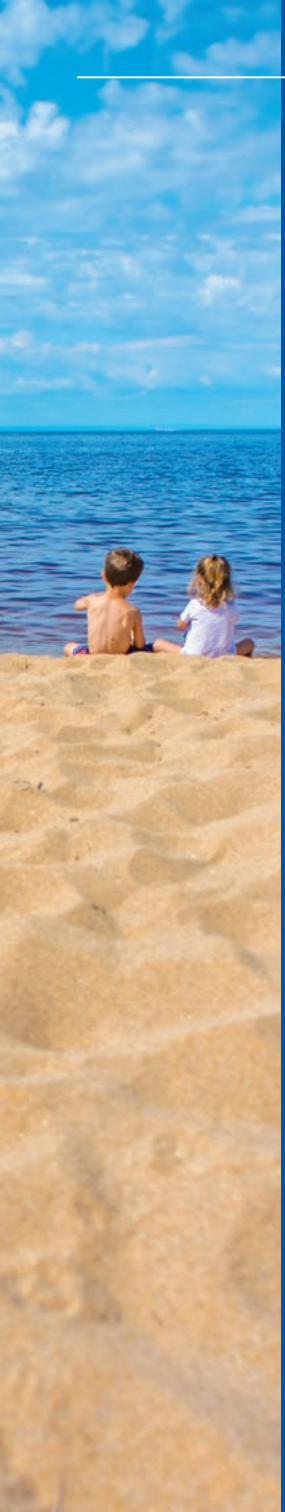
Le William - Hôtel Tadoussac

165, rue Bord-de-l'Eau, Tadoussac
418 235-4421 – 1 800 561-0718 – hoteltadoussac.com
$ $ $ $ – **3** –

Specialties: In a quiet and cosy atmosphere, the William has a spectacular view of the St Lawrence and one of the world's most beautiful bays. The perfect setting for an unforgettable gastronomic experience! Fine cuisine made with local and regional products. Four diamonds (AAA and CAA).

Hôtel Tadoussac

© Hôtel Tadoussac



© Steve Deschênes

4

General Information

228 → Useful Information

234 → Maps of Québec

235 → Travelling in Québec

237 → Legend of Symbols

238 → Indexes

241 → Detachable Regional Map

Useful Information

Québec-wide Tourist Information

Phone: 1-877-BONJOUR (266-5687)
Email: info@quebecoriginal.com
Online: quebecoriginal.com
Social media: #quebecoriginal

/tourismequebec
/tourismequebec
/tourismequebec
/tourismequebec
@quebecoriginal

Brick and mortar:

Centre Infotouriste in Montréal, Québec, Rigaud, Rivière-Beaudette or Dégelis (permanent visitor information centres that provide a range of tourist services and products)

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small. The Ministry's website, quebecoriginal.com, presents valuable information for tourists and residents alike on attractions throughout Quebec.

Plan your next trip to Québec at quebecoriginal.com.

Tourisme Québec

Tourist Information on Saguenay–Lac-Saint-Jean

Tourisme Saguenay–Lac-Saint-Jean

412, boulevard du Saguenay Est, suite 100
Chicoutimi Borough (Québec) G7H 7Y8

1 877 BLEUETS (253-8387) (Canada and USA)
Administration: 418 543-3536

saguenaylacsaintjean.ca
info@tourismesaglac.net

TOURISME Saguenay LacSaintJean

In *Saguenay–Lac-Saint-Jean*, hospitality is certified by Tourisme Acoeur.

A well-designed website for travellers. Discover and re-discover the region by visiting *thesaglac.ca* !

Official tourist guides are available in Saguenay–Lac-Saint-Jean tourist businesses.

Qualified information specialists ready to welcome visitors year-round and share information about the attractions of the region. **Consult the list of visitor information centres on page 230.**

Tourist-guide map available from several transportation providers, accommodation facilities and service enterprises.

Saguenay LacSaintJean

Tourist Centres

Permanent Centres

Lac-Saint-Jean

Tourisme Alma Lac-Saint-Jean
1682, avenue du Pont Nord, Alma
418 668-3611 – 1 877 668-3611 – tourismealma.com

Carrefour d'Accueil Ilnu
1516, rue Ouiatchouan, Mashteuiatsh
418 275-7200 – 1 888 222-7922 – kuei.ca

Bureau d'information touristique Saint-Félicien
1209, boulevard du Sacré-Cœur, Saint-Félicien
418 679-9888 – 1 877 525-9888 – ville.stfelicien.qc.ca

Saguenay

Office du tourisme Jonquière
3919, boulevard Harvey, Jonquière Borough
418 698-3167, poste 6021 – 1 800 463-6565
saguenay.ca

Office du tourisme (centre-ville)
295, rue Racine Est, Chicoutimi Borough
418 698-3167, ext. 6040 – 1 800 463-6565
saguenay.ca

Office du tourisme et des congrès
2555, boulevard Talbot, Chicoutimi Borough
418 698-3167 – 1 800 463-6565 – saguenay.ca

Office du tourisme et Pavillon d'accueil des croisières internationales
900, rue Mars, La Baie Borough
418 698-3167 – 1 800 463-6565 – saguenay.ca

Seasonal Centres

Generally open daily from mid-June to Labour Day.

Lac-Saint-Jean

Hébertville
150, route d'Hébertville, Hébertville
418 344-1829 – 1 877 668-3611 – tourismealma.com

Chambord
1811, rue Principale, Chambord
418 342-6274, ext. 320 – chambord.ca

Lac-Bouchette
377, rue Commerciale, Lac-Bouchette
418 348-6725 – lacsaintjean.com

Tourisme Maria-Chapdelaine
265, boulevard des Pères, Dolbeau-Mistassini
418 276-7646 – 1 866 276-7646
lacsaintjean.com

Route du Fjord

Petit-Saguenay
61, rue Dumas, Petit-Saguenay
418 272-3219 – petit-saguenay.com/touristes

Sainte-Rose-du-Nord
213, rue du Quai, Sainte-Rose-du-Nord
418 675-2250, poste 2608 – ste-rosedunord.qc.ca

Région de la Côte-Nord

Maison du Tourisme de Tadoussac
197, rue des Pionniers, Tadoussac
418 235-4744 – 1 866 235-4744 – tadoussac.com

Transportation

Air Travel

Saguenay Airport–Bagotville

7000, chemin de l'Aéroport,
La Baie Borough
aeroport.saguenay.ca

Security 418 677-2651

Information (arrival/departure)
TSAS Aviation 418 677-2227

Booking

Air Canada
1 888 247-2262 – aircanada.com

Pascan Aviation
1 888 313-8777 – pascan.com

Sunwing
1 877 978-6946 – sunwing.ca

Chicoutimi–Saint-Honoré Airport
203, 2e rue, Saint-Honoré
418 673-4245, ext. 225

Alma Airport
350, chemin de l'Aéroport, Alma
418 669-5104
aeroportalma.com

Roberval Airport
1220, route de l'Aéroport,
Roberval
418 275-2344
ville.roberval.qc.ca

Régie de l'aéroport Dolbeau-Mistassini | Normandin | St-Félicien
4497, route 373, Saint-Félicien
418 679-3543
aeroport-bleuet.com

Buses

Groupe Intercar • intercar.qc.ca
Informations for Montréal / Québec / Sainte-Foy / Saguenay–Lac-Saint-Jean:

Bus Stations

Chicoutimi	418 543-1403
Jonquière	418 547-2167
Longueuil	450 670-3422
Montréal	514 842-2281
Québec	418 525-3000
Sainte-Foy	418 650-0087

Saguenay–Lac-Saint-Jean bus stops

Alma	418 662-5441
Chambord	418 342-8230
Chibougamau	418 748-1728
Dolbeau	418 979-7999
Hébertville	418 344-4022
Métabetchouan	418 349-3447
Normandin	418 274-3469
Roberval	418 275-1497
Sacré-Cœur	418 236-4353
Saint-Bruno	418 343-3612
Saint-Félicien	418 679-1304
Saint-Prime	418 251-5182
Tadoussac	418 235-4733

Société de transport du Saguenay
sts.saguenay.ca

Public transport
Chicoutimi / Jonquière / La Baie
418 545-2487

Trains

VIA Rail Canada
Link Montréal, Lac-Bouchette, Chambord,
Hébertville-Station, Jonquière
Information and reservation
1 888 842-7245 – viarail.ca

Ferries

Société des traversiers du Québec
1 877 787-7483
traversiers.com

Traverse Saint-Siméon–Rivière-du-Loup
418 638-2856 – 418 862-5094
traverserdl.com
(Lenght of time: 65 minutes / paid access)

Traverse Tadoussac–Baie-Sainte-Catherine
1 877 787-7483, ext. 3
traversiers.com
(Lenght of time: 10 minutes/ Free access)

Health

Hospitals

Roberval Hospital
450, rue Brassard, Roberval
418 275-0110

Dolbeau-Mistassini Hospital
2000, boul. Sacré-Coeur,
Dolbeau-Mistassini
418 276-1234

Alma Hospital
300, boul. Champlain, Alma
418 669-2000

Jonquière Hospital
2230, rue de l'Hôpital,
Jonquière Borough
418 695-7700

Chicoutimi Hospital
305, rue Saint-Vallier,
Chicoutimi Borough
418 541-1000

La Baie Hospital
1000, rue Dr Desgagné,
La Baie Borough
418 544-3381

Accessibility

Québec for All: Accessibility for People withDisabilities

514-252-3104
www.quebecforall.com

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. It's platform Québec for All offers a wide range of cultural and tourist information for visitors with reduced mobility.

The accessible rating means that the establishment meets all the accessibility criteria and offers a satisfactory visitor experience for the majority of people with reduced mobility.

The partially accessible rating means that the establishment meets the main accessibility criteria but has some missing elements that could affect the experience of some people with reduced mobility.

Tourist and Leisure Companion Sticker

vatl.org

Companions of disabled individuals with this sticker are admitted free of charge to participating tourism, cultural and recreational attractions.

4

Network of tourist information centres

Everything you need to plan your stay!

You will find

- → Personalized service by qualified staff
- → Official tourist guides to Québec regions
- → Suggested itineraries
- → Full details on attractions, events and accommodations

? Consult the list of information centres on page 230, or look for our roadside sign.

TOURISME Saguenay LacSaintJean

General Manager: Julie Dubord
Director, Destination Development: Marie-Eve Claveau
Director, Destination Marketing and Promotion: Julie Chiasson
Visitor Services Strategy Coordinator: Sarah Simard
Sales and Marketing Coordinator: Alexandrine Guimond et Amélie Simard
Collaborators: Éloise Lavoie, Ian Langlois, Marie-Ève Bouchard, Manon Cadoux, Simone Lalancette-Larouche
Editors: Diane Laberge
Linguistics and translation (French and English, except ads): Marie-Claude Blackburn, Toby Cayouette, Caroline Décoste, Rachel Hewitt, Julia Lovatt
Graphic design and page layout: Maison 1608 par Solisco, Lichen
Printing: Solisco

Cover conceptor: Marianne Parent
Partnership: Alliance de l'industrie touristique du Québec.

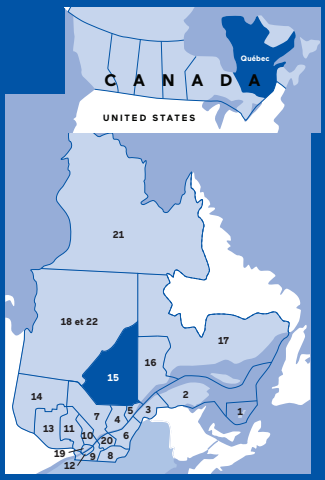
This tourist guide was published by Tourisme Saguenay–Lac-Saint-Jean in collaboration with its partners. The information in this guide was up to date as of fall 2019 and is subject to change without notice. Tourisme Saguenay–Lac-Saint-Jean is not responsible for any unintentional omissions or errors. The next edition will be published in Spring 2021.

© Tourisme Saguenay–Lac-Saint-Jean

Legal Deposit:

- Bibliothèque et Archives nationales du Québec, 2020 ISBN: 978-2-922431-24-7
- Bibliothèque et Archives Canada, 2020 ISSN: 1495-8570.

Québec Tourist Regions



01	Îles-de-la-Madeleine	tourismeilesdelamadeleine.com
02	Gaspésie	tourisme-gaspesie.com
03	Bas-Saint-Laurent	bassaintlaurent.ca
04	Québec	quebec-cite.com
05	Charlevoix	tourisme-charlevoix.com
06	Chaudière-Appalaches	chaudiereappalaches.com
07	Mauricie	tourismemauricie.com
08	Cantons-de-l'Est	cantonsdelest.com
09	Montérégie	tourisme-monteregie.qc.ca
10	Lanaudière	lanaudiere.ca
11	Laurentides	laurentides.com
12	Montréal	mtl.org
13	Outaouais	tourismeoutaouais.com
14	Abitibi-Témiscamingue	tourisme-abitibi-temiscamingue.org
15	**Saguenay–Lac-Saint-Jean**	**saguenaylacsaintjean.ca**
16	Côte-Nord | Manicouagan	tourismecote-nord.com
17	Côte-Nord | Duplessis	tourismecote-nord.com
18	Baie-James	decrochezcommejamais.com
19	Laval	tourismelaval.com
20	Centre-du-Québec	tourismecentreduquebec.com
21	Nunavik	nunavik-tourism.com
22	Eeyou Istchee	decrochezcommejamais.com

Getting There

Travelling in Québec

Bars, Casinos and Purchasing Alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the Société des alcools du Québec (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores, which also stock a limited selection of wines.

Currency Exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l). It is illegal to transport or use radar detectors in Québec.

Cell phones

Use of a cell phone is prohibited while driving.

Drugs and Driving

This Act introduces a zero-tolerance principle when it comes to drugs and driving by prohibiting anyone from driving a vehicle if there is a detectable presence of cannabis or any other drug in that person's saliva. Offenders are subject to an immediate 90-day suspension of their driver's licence.

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to produce ID if asked). The legislation also includes other measures, such as the prohibition from consuming drugs (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

Winter tires

From December 1 to March 15, all taxis and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.

Road conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1 888 355-0511, or visit quebec511.info.

Tourist routes

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures. quebecoriginal. com/tourist-routes.

Tourist Signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs.

For more information, visit panneaubleu.com and tourisme.gouv.qc.ca/signalisation (in French only).

Village-relais accredited services

If you feel like taking a break or require assistance while on the road, look for the Village-relais signs. These point to villages that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. villages-relais.qc.ca.

Voltage

In Québec, the standard voltage is 110 volts/60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

Making a Comment or Conveying Dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

Alliance de l'industrie touristique du Québec
1 877 686 8358, option 7
comment@alliancetouristique.com

Canadian Currency

The legal currency in Québec is the Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

Tipping

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québecers normally add up both taxes.

Tipping bellhops or porters is at your discretion (generally, $1 per bag).

Taxes

Québec has two taxes : the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3.5% of the room price per night also applies in our region.

Specialized Institutions

Cépep de Saint-Félicien
Tourism, Ecotourism and Adventure Tourism Training Programs
418 679-5412 • cegepstfe.ca

Université du Québec à Chicoutimi (UQAC)
Outdoor intervention Degrees
418 545-5011 • uqac.ca

Emergencies

Emergency
911, 310-4141 or *4141 (from a cell phone)

Info-Santé (medical advice)
811

Québec Poison Control Centre
1 800 463-5060

Legend of Symbols

- Aboriginal content
- AEQ-certified (Aventure écotourisme Québec)
- Air conditioning
- Authentic First Nations experience
- Authentic Inuit experience
- Beach
- Bienvenue cyclistes! certified
- Bike rental
- Boat rental
- BYOB
- Camping
- Cash only
- Comfort station
- Cottage rental
- Cross-country skiing
- Cross-country ski rental
- Cycling
- Dogsled ride
- Downhill skiing
- Electric vehicule charging station
- Electricity (30 amps)
- Electricity (50 amps)
- Equipment rental
- Ferry
- Fishing
- Fitness room
- Free admission
- Free Wifi
- Fully accessible
- Gas station
- Heated shelter
- Hiking
- Hospital
- Hunting
- Indoor pool
- Inline skating
- International airport
- Internet access
- Kitchenette
- Licensed restaurant
- Microwave
- Mini fridge
- Outdoor pool
- Paid admission
- Partially accessible
- Patio
- Permanent visitor information centre
- Pet-friendly
- Picnic area
- Places to eat
- % of shady sites
- Private bathroom
- Pull-through
- Pump-out station
- Quadding
- Rating - pending
- Ready-to-camp rental
- Regional airport
- Seasonal
- Seasonal visitor information centre
- Shared bathroom
- Shared kitchen
- Snowmobile rental
- Snowmobiling
- Snowshoeing
- Tents only
- Village-relais accredited services
- Water access
- Waxing room
- Wellness centre
- Zone Boréale (Flavor ambassador)

A

Aboriginal tourism 127
Accessibility 232
Accomodation 191
Airport 231
Arts and crafts 124
ATV 95

B

Bakeries 162
Beaches 92
Bike paths 108
Boat landings 85
Boutiques 124
Bed and breakfasts 207
Bus 231
Business Tourism 183

C

Cake-shops 162
Camping 200
Canoe 73
Canyoning 75
Cheese makers 164
Chocolate makers 162
Cities and Municipalites
_Albanel 32
_Alma 41
_Bégin 48
_Chambord 24
_Desbiens 23
_Dolbeau-Mistassini 34
_Ferland-et-Boilleau 53
_Girardville 34
_Hébertville 19
_Hébertville-Station 20
_L'Anse-Saint-Jean 54
_L'Ascension-de-Notre-Seigneur 39
_La Doré 31
_Labrecque 38
_Lac-Bouchette 25
_Lamarche 38
_Larouche 46
_Mashteuiatsh 29
_Métabetchouan-Lac-à-la-Croix 21
_Normandin 31
_Notre-Dame-de-Lorette 34
_Péribonka 36
_Petit-Saguenay 54
_Rivière-Éternité 53
_Roberval 27
_Sacré-Cœur-sur-le-Fjord-du-Saguenay 58
_Saguenay – Chicoutimi Borough 45
_Saguenay – Jonquière Borough 45
_Saguenay – La Baie Borough 46
_Saint-Ambroise 48
_Saint-André-du-Lac-Saint-Jean 24
_Saint-Augustin 37
_Saint-Bruno 19
_Saint-Charles-de-Bourget 46
_Saint-David-de-Falardeau 49
_Saint-Edmond-les-Plaines 32
_Sainte-Hedwidge 27
_Sainte-Jeanne-d'Arc 35
_Sainte-Monique-de-Honfleur 37
_Sainte-Rose-du-Nord 56
_Saint-Eugène-d'Argentenay 35
_Saint-Félicien 30
_Saint-Félix-d'Otis 53
_Saint-François-de-Sales 25
_Saint-Fulgence 56
_Saint-Gédéon de-Grandmont 21
_Saint-Henri-de-Taillon 38
_Saint-Honoré 49
_Saint-Ludger-de-Milot 37
_Saint-Nazaire 39
_Saint-Prime 29
_Saint-Stanislas 35
_Saint-Thomas-Didyme 32
_Tadoussac 58
City tours 183
Climbing 82
Coastal and Marine Parks 189
Condos 204
Cottages 204
Cross-country skiing 144
Crossing the St. Lawrence 189
Cruises 78
Cultural tours 123
Cycling 107

D

Distillery 168
Dogsled rides 147
Downhill and backcountry skiing 143

E

Economuseums 118
Emergencies 236
Escape games 64
Events 175

F

Family 12
Farm tours 169
Fatbike 144
Festival 175
Ferry 231
Fishing 76
Flightseeing 104

G

Galleries 124
Gardens and horticulture 166
Getting There 234
Golfing 82
Guided tours 183

H

Handicrafts 124
Heatlh Centres 75
Hiking 97
Horseback riding and wagon rides 81
Hospitals 232
Hotels 211
Hunting 76

Indexes

I

Ice Climbing 136
Ice cream parlors 163
Ice fishing 141
Indoor climbing centre 64
Industrial visites 131
Interpretation centres 118

K

Karting 64
Kayaking 83
Kitesurf 85

L

Legend of symbols 237
Local flavours 153
Local specialities 157
Locally-produced beverages 168

M

Maps 241
_Lac-Saint-Jean 18
_Saguenay 43
_Route du Fjord 52
Maritime interpretation centres 187
Marinas 85
Marine and Coastal Parks 189
Maritime Museums 187
Movies 180
Microbreweries 166
Mineral prospecting 104
Minigolf 65
Mountain bike 106
Municipalities (see cities)
Museums 118
Must-see Attractions 8

N

National et regional parks 91
Nature interpretation 88
Non-traditional accomodation 209
Nordic baths 75

O

Other types of accomodation 208
Outfitters 214

P

Paddleboard 94
Paintball 65
Parks
_Amusement 65
_Regional and National 91
_Urban 180
Pastry 162
Photo Safari 104
Pick-your-own 161
Places to eat 217
Profile of the region 6
Public docks 85
Public market 166

Q

Quad and other
motorized sports 95

R

Rabaska 73
Rafting 96
Ready-to-camp 200
Religious landmarks 128
Regional events 175
Regional products 157
Regional maps 241
_Lac-Saint-Jean 18
_Saguenay 43
_Route du Fjord 52
Reservations and packages 103
Reservation Services 215
Resorts 203
Restaurants 216
Riverboarding 85
Rowboat 73

S

Sailing 109
Scientific tourism 129
Sea Excursions 186
Shows 181
Skating 141
Skiing 143
Sledding 136
Soap makers 168
Souvenirs 124
Speleology 104
Shuttles 87
Snowkite 147
Snowmobiling 137
Snowshoes 144
Social media 2
Sugar shacks 164
Summer theatre 181

T

Tourist Centres 230
Tourist homes 204
Trails 97
Train 231
Travelling in Quebec 235

U

Urban Parks 180
Useful Information 228

V

Via ferrata 108
Vineyard 168

W

Whale and Marine Mammal
Watching 187
Wildlife watching 88
Wildlife reserves 110
Winter 133
Winter horse riding 136

Y

Youth hostels 200

Z

Zecs 110
Ziplines 105
Zoos 67

Indexes

HISTORICAL VILLAGE OF

Val-Jalbert

AUTHENTIC "COMPANY TOWN"
OF THE 1920s

- **Over 40 heritage buildings**
- **Impressive waterfalls**
- **Animation and immersive show**
- **Cable car**
- **Georally for young and old**
- **Accommodation in the heart of the village**
- **Campground and cottages**

And much more!

CANADIAN SIGNATURE
EXPERIENCE
CANADIENNE DISTINCTIVE

95, St-Georges street, Chambord (QC)
1 888 675-3132
valjalbert.com

Around the Lake

AN ALL BLUE OR
ALL WHITE IMMERSION!

Winter activities

256 km of Veloroute

Inu Traditions

42 km of beach

Amazing Family Experiences

Get the tourist map *Le Tour du Lac*
available at all tourist information offices
in the region.

LacSaintJean.com

Navettes maritimes du FJORD

UNE DIVISION DE PROMOTION SAGUENAY

The fjord like you've **NEVER** seen it before...

Untouched.

Unmatched.

Unforgettable.

1 800 363-7248

fjordshuttles.saguenay.ca

Promotion Saguenay

REGIONAL MAP

SAGUENAY–LAC-SAINT-JEAN

DETACHABLE

La Saguenéenne

HÔTEL ET CENTRE DE CONGRÈS

1 800 461-8390 · **lasagueneenne.com**

1 800 463-9164 · **motelpanoramique.com**

NEW 360°
IMMERSIVE MOVIE
presented in the water tower
COMING JUNE 2020
L'ODYSSÉE
DES BÂTISSEURS
1671, avenue du Pont Nord, Alma
1 866 668-2606
OdysseeDesBatisseurs.com
Created by
cadabra
Graphic design Pigeon.ca
Canada
Québec
RioTinto
VILLE DE L'ALMA
CIDAL

MUSÉE DU FJORD

CYCLOPS:
Ocean explorer

June 9, 2020,
to January 4, 2021

Exhibition designed and produced by Océanopolis (Brest)

Over **850** fish
and invertebrate specimens

MUSEEDUFJORD.COM

3346, boul. de la Grande-Baie Sud, La Baie
418 697-5077 **info@museedufjord.com**

Activities

REFER TO THE PAGES IN THE OFFICIAL TOURIST GUIDE!

Culture and Living History

From the First Nations to the early pioneers, our culture is everywhere! pages 111 and 172

Local Flavours

Discover the local bountiful and delicious fare. page 153

Great Outdoors

Playing with the elements – both on land or on the water - is in our DNA. pages 68, 133 and 184

Additional Activities

One adventure after the other,
for kids and adults alike. page 62

Accommodation page 191

Places to Eat page 216

These sections are only available in the Official Tourist Guide.

4 seasons

3 seasons (except winter)

only in winter

Lac-Saint-Jean

1 Réserve faunique des Laurentides p.110 ..... E5

2 Fromagerie l'Autre Versant p.164 ..... D4

3 Arboretum de la presqu'île Croft p.97 ..... D4

4 Corporation Hébert Village Historique p.123 ..... D4

5 Fromagerie Saint-Laurent p.164 ..... D4

6 Fromagerie et Boulangerie Médard p.165 ..... C4

7 Microbrasserie du Lac Saint-Jean p.166 ..... C4

8 Camp Musical du Saguenay–Lac-Saint-Jean p.181 ..... C4

9 La Tablée du Lac p.157 ..... C4

10 Cristal du Lac p.129 ..... C4

11 Centre récréotouristique le Rigolet p.93 ..... C4

12 Chocolaterie Rose-Élisabeth p162 ..... C4

13 Centre d'histoire et d'archéologie de la Métabetchouane (CHAM) p.118 ..... C4

14 H2O Expédition et aventure p.96 ..... C4

15 Camping Plage Blanchet p.93 ..... C4

16 Parc de la caverne Trou de la fée p.104 ..... C4

17 Atelier Marie-Cuir p.125 ..... C4

18 Village historique de Val-Jalbert p.118 ..... B4

19 Bleuetière Touristique Saint-François-de-Sales, coopérative de solidarité p.161 ..... B4

20 Ermitage Saint-Antoine p.128 ..... B5

21 Sentier Notre-Dame Kapatakan p.97 ..... C5

22 Aventure Lac Saint-Jean p.88 ..... B4

23 Plage municipale de la Pointe Scott p.93 ..... B4

24 Boutique Teuehikan - Créations et vélos Mashk p.125 ..... B4

25 Distillerie Beemer p.168 ..... B4

26 Camping Plage Robertson p.93 ..... B4

27 Carrefour d'accueil Ilnu p.128 ..... B4

28 Grand Rassemblement des Premières Nations p.176 ..... B4

29 Musée amérindien de Mashteuiatsh p.128 ..... B3

30 Fromagerie Perron p.165 ..... B4

31 Musée La vieille fromagerie Perron p.119 ..... B4

32 Domaine des trois îles p.94 ..... B3

33 Club de vélo de montagne de Saint-Félicien p.106 ..... B4

34 Club Tobo-Ski p.143 ..... B4

35 Fromagerie au Pays-des-Bleuets p.165 ..... B3

36 Parc du Sacré-Cœur p.180 ..... A6

37 Réseau cyclable de Saint-Félicien p.108 ..... A6

38 Microbrasserie La Chouape p.166 ..... B6

39 Planétarium Saint-Félicien p.129 ..... B3

40 Go-Karts / Karting Saint-Félicien p.64 ..... A3

41 Bouchard Artisan Bio p.165 ..... B3

42 Zoo sauvage de Saint-Félicien p.67 ..... A3

43 Moulin des Pionniers de la Doré p.119 ..... A3

44 Réserve faunique Ashuapmushuan (SÉPAQ) p.110 ..... A3

45 Site touristique Chute à l'Ours p.138 ..... A3

46 Bilodeau Économusée du Pelletier-Bottier et de la taxidermie p.119 ..... A3

47 Délices du Lac-Saint-Jean p.158 ..... B3

48 Aventuraid / Parc Mahikan p.89 ..... A2

49 Domaine L'Orée des Bois p.169 ..... B2

50 Escalade Haut Clocher p.64 ..... B2

51 Chocolaterie des Pères Trappistes de Mistassini p.129 ..... B2

52 Bleuetière touristique p.161 ..... E1

53 Les Halles du bleuet p.158 ..... E1

54 Le Météore, Pub et Spectacles p.181 ..... E2

55 Microbrasserie le Coureur des bois p.167 ..... E2

56 Plage Vauvert-sur-le-Lac-Saint-Jean p.93 ..... B3

57 Centre touristique et relais motoneige Vauvert-sur-le-Lac-Saint-Jean p.138 ..... B3

58 Le Vieux Moulin p.120 ..... B2

59 Zec des Passes p.110 ..... C2

60 Navette maritime (entre Péribonka et la Pointe-Taillon) p.87 ..... C3

61 Musée Louis-Hémon p.120 ..... C3

62 Auberge et Camping Île du Repos p.182 ..... C3

63 Camping & Plage Belley p.93 ..... C3

64 Boutique d'artisanat Les Mains Agiles p.125 ..... C3

65 Parc national de la Pointe-Taillon p.93 ..... C3

66 Vergers de Velours p.169 ..... C3

67 Jardin Scullion p.166 ..... D3

68 Camping Colonie Notre-Dame p.93 ..... C3

69 Centre de villégiature Dam-en-Terre p.78 ..... D3

70 Miel des Ruisseaux Économusée de l'apiculteur p.120 ..... D7

71 Équinox Aventure p.103 ..... D6

72 L'Odyssée des Bâtisseurs p.120 ..... D5

73 MégaFun - Centre d'amusement p.66 ..... D6

74 Microbrasserie du Lac Saint-Jean - Alma p.167 ..... D7

75 Microbrasserie Lion Bleu p.167 ..... D7

76 Escaparium du Lac p.64 ..... D7

77 Microbrasserie Riverbend p.167 ..... D6

78 Port de plaisance d'Alma p.86 ..... D7

79 Vélo-Jeunesse (Tandem) p.107 ..... D6

80 Visites industrielles Rio Tinto Usine Alma p.131 ..... C6

81 Centre Équestre Les Écuries Mistouk p.81 ..... D3

Saguenay

82 Club Perce-Neige p.145 ..... E3

83 Zoo de Falardeau p.67 ..... E3

84 Destination Monts-Valin p.139 ..... F3

85 Le Valinouët p.143 ..... F3

86 Parc Mille Lieux de la Colline p.66 ..... E4

87 Exact Air p.105 ..... E3

88 Ferme Michel Rivard et Fille p.160 ..... E3

89 Les Alpagas Là! Là! du Domaine des Rois p.171 ..... E4

90 Domaine Le Cageot p.169 ..... D4

91 Centre touristique Lac-Kénogami (SÉPAQ) p.99 ..... D4

92 Plage camping Jonquière p.94 ..... E4

93 Centre plein air Le Norvégien p.145 ..... E4

94 Fromagerie Blackburn p.165 ..... E4

95 Centre national d'exposition (CNE) p.121 ..... E4

96 Centre d'histoire Sir-William-Price p.121 ..... E4

97 HopEra Microbrasserie et pizzéria p.167 ..... E4

98 Parc de la Rivière-aux-Sables p.83 ..... E4

99 Spa Hammam Thalassa p.75 ..... E4

100 Chocolat et Cabane à Lulu p.159 ..... E4

101 Centre d'Amusement SPK p.65 ..... E4

102 Centre de vélo de montagne le Panoramique p.106 ..... E6

103 La Pulperie de Chicoutimi / Musée régional p.121 ..... F6

104 Le Musée de la Petite Maison Blanche p.121 ..... F6

Cover picture: Lauren Breedlove

105 La Commère Magasin Général p.126 .....F6

106 Jeux d'évasion Escaparium Saguenay p.65 .....F6

107 Bons délices p.163 .....F6

108 Véloroute du Fjord du Saguenay p.108 .....F6

109 OrganisAction p.103.....F6

110 Théâtre Banque Nationale p.180 .....F6

111 La Voie Maltée Chicoutimi p.168 .....G6

112 PAÜS Spa Saguenay p.75.....F7

113 Aquafun (Hôtel Le Montagnais) p.66 .....F7

114 Passion Café p.160 .....F6

115 Chocolaterie Au Coeur Fondant p.163 .....F7

116 Érablière Au Sucre d'Or p.164.....E4

117 La Boucanerie d'Henri p.160 .....F4

118 Musée de la Défense aérienne p.122 .....F4

119 Centre plein air Bec-Scie Okwari aventures p.99 .....F4

120 O'Gelato et Cacao p.160 .....G2

121 Conception Expression Cuir p.126.....G2

122 Tours Aventure Fjord et Monde p.183.....G2

123 Navettes maritimes du Fjord p.79 .....G2

124 Centre de détente parfum du fjord - Auberge des 21 p.75.....G2

125 La Fabuleuse Histoire d'un Royaume p.182 .....G3

126 Musée du Fjord p.122..... H3

127 Pêche Blanche du Fjord p.141..... H3

128 Touverre Économusée Soufflage de verre / Taille de la pierre fine du Québec p.122.....G3

129 Centre de Santé Au Gré des Marée Auberge des Battures p.75 .....F4

130 Bois Rond Expérience p.121.....F4

Route du Fjord

131 Parc Aventures Cap Jaseux p.91 .....F4

132 La Vieille Ferme p.171 .....F4

133 Le Saint-Fût Microbrasserie coopérative p.168.....F3

134 Le Chevrier du Nord - Économusée de la lainerie p.123.....F3

135 Parc national des Monts-Valin p.102 .....F3

136 Zec Martin-Valin p.110 .....F3

137 Pourvoirie Homamo p.78 .....F3

138 Pourvoirie du Cap au Leste p.147 .....F4

139 Auberge Aventure Rose-des-Vents p.85 ..... G4

140 Site de la Nouvelle-France p.122..... G4

141 Camping municipal de Saint-Félix-d'Otis p.94 .....F4

142 Parc national du Fjord-du-Saguenay p.100 ..... G4

143 Station Mont-Édouard p.143.....G5

144 Bistro de l'Anse p.168 ..... H6

145 Boutique Rebelles des Bois p.127.....I6

146 Fjord en kayak p.84 .....I6

147 La Cabane à Glaces p.164 .....I6

148 École de Voile Mercator p.109 .....I6

149 Village-Vacances Petit-Saguenay p.94..... H4

150 Ferme 5 étoiles - Centre de vacances p.171.....I4

151 Gîte Domaine de nos Ancêtres (Ferme 5 étoiles) p.90 .....I4

152 Chalets - Camping Domaine des Dunes p.91 .....I4

153 Croisières AML p.80.....I4

154 Centre d'Interprétation des Mammifères Marin (CIMM) p.187.....I4

155 Centre d'interprétation et d'observation de Pointe-Noire (Parcs Canada) p.187 .....I5

156 Croisières Essipit / Camping Tadoussac p.81.....I4

157 Croisières Neptune p.81 .....I4

Saguenay–Lac-Saint-Jean Regional Map

saguenaylacsaintjean.ca
1 877 253-8387

Saguenay LacSaintJean

Legend

- Highway
- Main road
- Secondary road
- La Route du Fjord
- Railroad (station)
- Permanent visitor information centre
- Seasonal visitor information centre
- Ferry
- International airport
- Regional airport
- Village-relais
- Saguenay-St. Lawrence Marine Park
- City of Saguenay
- National parks and wildlife reserves
- Must-see Attractions

0 10 km

Côte-Nord Tourist Region

Charlevoix Tourist Region

Saint-Félicien
Dolbeau-Mistassini
Alma
Chicoutimi Borough
La Baie Borough
L'Anse-Saint-Jean

Activities

- Culture and Living History
- Local Flavours
- Great Outdoors
- Additional Activities

4 seasons · 3 seasons (except winter) · only in winter