



LOCAL NEWS POLICE CONFIRM SUICIDE

A Westmount couple chose to end their lives.

Page 3



COMMUNITY LIFE TALKING TURKEY

Page 14

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Transcontinental Vol 73, no 39 • Thursday, October 16th 2008



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Spaceman lands safely in Westmount-Ville-Marie

Martin C. Barry

People often ask Marc Garneau whether it's harder to run an election campaign or to prepare for space flight.

The former astronaut, who was on his second attempt to be elected an MP, scored an easy win in Westmount-Ville-Marie last Tuesday evening, outdistancing his nearest rival, the NDP's Anne Lagacé Dowson, although she still managed to raise

her party's standing more than seven per cent.

In an electoral race that some pundits were predicting would be a closer contest between the NDP and the Liberals, Garneau ended up with virtually the same number of votes as his Liberal predecessor Lucienne Robillard — about 46 per cent.

But while the NDP has consistently finished third and fourth locally over the past decade, Lagacé-Dowson beat Conservative Guy Dufort by

more than 2,500 votes, with overall support of nearly 23 per cent.

Despite rising public concern for the environment, support for the Greens, which was represented by that party's deputy leader, Claude William Genest, dropped by more than one per cent. Support for four fringe candidates, who were running for the Marxist-Leninist, Communist and Neorhino parties, as well as one independent,

Continued on page 4



New heights

IN SENIOR LIVING

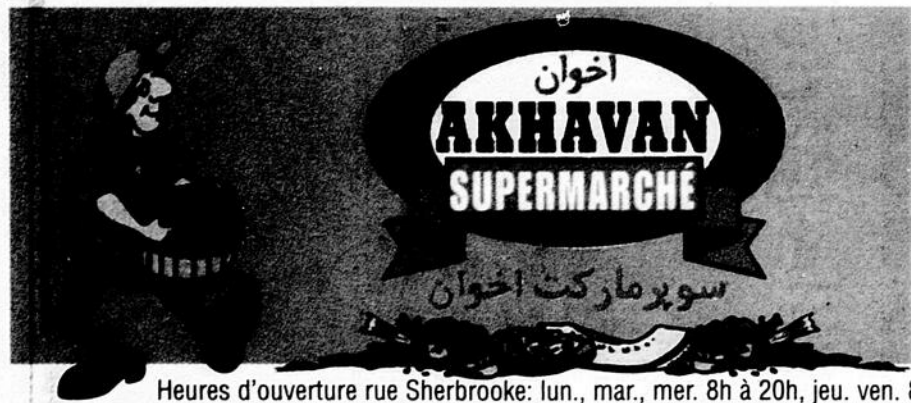
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	7⁹⁹ ea. ch. 500 g Riz basmati 500 g Ghymeh <small>Take out only / Pour emporter seulement</small>		69[¢] lb 1 ⁵² / ₁₀₀ kg ZUCCHINIS	79[¢] lb 1 ⁷⁴ / ₁₀₀ kg ROMA TOMATOES TOMATES ROMA	89[¢] ea. ch. ROMAIN LETTUCE LAITUE ROMAINE	69[¢] lb 1 ⁵² / ₁₀₀ kg RED PEPPERS PIMENTS ROUGES	1⁸⁹ ea. ch. ONION OIGNON MEDIUM LARGE 10 lb bag	3/99 GARLIC CELLO CELLO AIL 200 g
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LOCAL NEWS

Double suicide on Westmount Avenue

Raffy Boudjikianian
raffy.boudjikianian@transcontinental.ca

Montreal police confirmed a Westmount couple in their 70s discovered dead in their Westmount Avenue garage had committed suicide.

"It was clear by the end of the day," said media relations officer Raphaël Bergeron. "It was definitely a suicide."

However, Bergeron would not make any more comments, stating the police does not comment on cases of suicide or sexual aggression.

The grisly discovery was made on Thursday, October 2, by a local milkman in the early hours of the morning, according to what police told the *Westmount Examiner* back then.

The milkman noticed light coming out of the garage and saw fumes, police Const. Olivier Lapointe said. The milkman then looked into a window, saw the bodies, and called 911.

A car had been running for an indeterminate amount of time, filling the garage with noxious fumes.



Police confirm an elderly couple commit suicide in their Westmount Avenue home but will not comment further.

None of the neighbours surrounding the posh Westmount Avenue/Roslyn Street home wished to speak on record to the *Examiner*.

"I'm only staying overnight," one man

who answered next door said, adding he did not live there.

Across the street, a woman claiming to be a housekeeper opened the door and said she knew nothing of what had happened.

A neighbour said she had only lived in the area for the last year and did not know the people in question. "No, no, no," vehemently said another neighbour, when asked if he was an acquaintance of the couple.

The Role of Public Security

Stanley Baker

Richard Blondin, Westmount's Director of Public Security, recently gave a power-point presentation at a Westmount Municipal Association's public meeting in the Westmount Library.

He described the different roles between his department and the police. The Public Security Unit (P.S.U.) do not carry guns and call 911 if there is a crime in progress. They cannot enforce moving violations, even for bicycles. Some in the audience asked if this

could be changed. He suggested talking to the mayor and council. Amongst the P.S.U. duties is enforcing the parks' curfew. So far this year, 139 tickets worth \$37 each have been issued regarding the curfew and only 10 were to Westmount residents. P.S.U. parking tickets are a good source of revenue for Westmount. Dogs, nuisances, garbage and noise are in the P.S.U. protocol. He emphasized that the P.S.U. want to work with the community for a good standard of living and he is only a phone call away.

Blondin, who started his career as Eaton's

Store Detective, is a veteran commander of the Montreal Police Force. He was appointed to his present position in Westmount in June 2006.

Questions during the question period dealt with garbage, graffiti, bicycles and parking.

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Guess the Giller, be a winner

Matthew Surridge

The 15th annual Scotiabank Giller Prize will be awarded on November 11, and the Westmount Public Library is hoping to raise awareness of Canada's largest literary prize. For the second year, the library will be taking part in a Canada-wide Guess the Giller contest, in which contestants can vote for the book they think will win the \$50,000 Giller prize. Correct guesses will be entered into a draw to win prizes including a trip for two to a literary festival, autographed copies of the short-listed Giller books, and gift certificates to Chapters.

"Last year was the first year we actually participated in the Guess the Giller contest, and the number of people who participated at the Westmount Library was third-highest across Canada," said Outreach Librarian Donna Lach. "We had over 110 entries."

To enter, contestants fill out an e-ballot online. A link on the Library web site will take people to the contest web page. "For the last three years, the book that's been chosen by the people has been the book that wins," observed Lach.

To highlight the Guess the Giller contest, the library is hosting a special version of its Readers to Readers book club. On Monday, October 20, at 10:15 a.m., five library staffers will take part in a public discussion, with each staff member championing a particular book

on the Giller shortlist. Attendees are welcome to join in the discussion, weighing the strengths and weaknesses of the nominated books. The meeting is expected to last roughly one hour. Coffee and refreshments will be available.

During the discussion, Lach will defend *Cockroach* by Ravi Hage, which presents the life of an immigrant and thief during a winter month in Montreal. Front desk clerk Colette Connors will champion *Through Black Spruce* by Joseph Boyden, a novel about the relationship between a hospitalised Cree pilot and his niece. Children's Librarian Wendy Wayling will defend *Good to a Fault*, by Marina Endicott, which tells the story of the surprising aftermath of a car accident.

Front desk clerk Gayle White will take up the cause of Anthony Da Sa's novel *Barnacle Love*, a collection of linked stories set across generations in Portugal and Canada. Librarian Mai Jay will argue for *Boys in the Trees*, by Mary Swan, a book which tells the tale of a crime in a small town and the psychological reaction among the townsfolk.

Lach noted that the discussion of the Giller helps to mark Public Library Week at the Westmount Library, kicking off a particularly active seven days. "Public Library Week happens to come on a week when all of our book clubs are meeting, so it's a great week for people to come in and see what our clubs are like," she said. "Every day that week, there's something going on."

Continued from SPACEMAN, page 1
totaled less than one per cent.

Garneau, who addressed supporters at his Greene Avenue campaign headquarters shortly after being declared the winner around 10:40 p.m., compared the rigors of electioneering to the stresses he experienced as an astronaut in space.

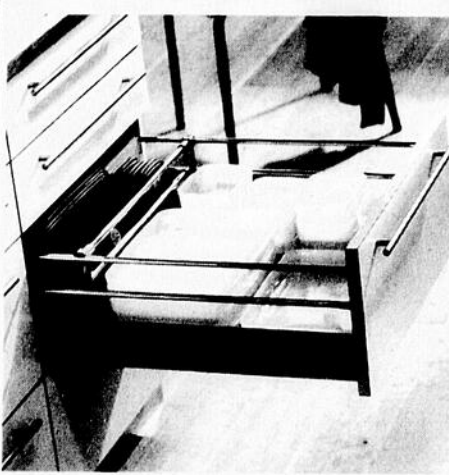
"People often ask me whether it's harder to prepare for space flight or to run a campaign and this has been a very hard-fought campaign," he said. "This has been a grueling

campaign. This has been a very, very hard campaign and I'm not ashamed to say this." This was not the first time Garneau ran for federal office.

In the 2006 election, Garneau came in second while running for the Liberals in the riding of Vaudreuil-Soulanges just west of Montreal. He referred briefly to that experience and said it gave him a taste "for working for my country. I am so happy that as of tonight I will have the opportunity to represent the magnificent riding of Westmount-Ville-Marie."

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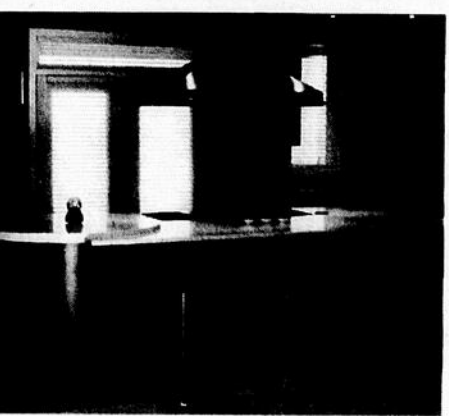
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Séance publique d'information annuelle

Mardi 21 octobre 2008, de 16 h à 18 h
Auberge de l'Oratoire Saint-Joseph
3840, chemin Queen-Mary

- La présentation du rapport d'activités 2007-2008 et des priorités et orientations pour l'année 2008-2009 sera suivie d'une conférence.
- Des prix d'excellence seront décernés.
- Une collation sera servie.



L'approche de la pédiatrie sociale, le rôle du CSSS dans ce domaine et les enjeux de développement pour les enfants en milieu défavorisé

.....

Social pediatrics, the role of the CSSS in this field, and developmental challenges for underprivileged youth (in French)

Conférencier invité/ Guest speaker
Dr Gilles Julien
pédiatre social/social pediatrician

Annual General Meeting

Tuesday October 21, 2008, from 4 p.m. to 6 p.m.
Auberge de l'Oratoire Saint-Joseph
3840 Queen-Mary Road

- The conference will follow the presentation of the annual activities report and of our priorities and orientations for the coming year.
- Recognition certificates will be awarded.
- Fruits and refreshments will be served.

DE LA MONTAGNE

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Centre Greene	1090 Greene Ave
5 Saisons	1250 Greene Ave
Tabagie Westmount	1 Westmount Square
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Shaar Hashomayim	450 Kensington
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Thursday, October 16th, 2008 www.westmountexaminer.com



Best breakfast

Raffy Boudjikianian
raffy.boudjikianian@transcontinental.ca

Our expert team of judges went to scour the top nominations out of the three submitted choices by Westmounters for best breakfast place in the city, and it was the scrappy newcomer L'Oeufrier which walked away with top honours.

"Very good breakfast, very fruity," said Westmount Examiner sales rep Harvey Eisenthal, who sampled the restaurant's French Toast while colleague and Examiner newspaper director Nancy MacDonald tried their lunch menu instead, appearing very satisfied with her chicken club sandwich.

Eisenthal praised the excellent service,

mentioning it was the third time he had visited L'Oeufrier, and he had yet to be disappointed. He was also a fan of the generous portions. "There was quite a few slices," he said.

Price-wise, Eisenthal said L'Oeufrier was comparable to any other breakfast place, but its other big advantage is in its schedule. Unlike competitors, L'Oeufrier is open for both breakfast and lunch from Monday to Friday from 6 a.m. to 2 p.m., and on Saturdays and Sundays from 7 a.m. to 3 p.m.

Meanwhile, news director Marc Lalonde chose Chez Nick's as his own personal favourite. "I don't like overly fancy stuff," he said, "and Chez Nick's is real food. Chez Nick's is good."



La collecte automnale des feuilles

Pour améliorer la propreté des rues en automne, la Ville de Westmount offre un service de collecte des feuilles par les équipes de la Ville, en bordure des rues.

Pour vous débarrasser de vos feuilles et autres résidus de jardins, utilisez des sacs COMPOSTABLES ou des sacs en PAPIER destinés à cette fin.

Déposez vos sacs en bordure du trottoir avant 7 h du lundi au vendredi.

Les feuilles tassées en vrac en bordure du trottoir NE SERONT PAS RAMASSÉES.

Autumn Leaf Collection

In order to keep streets cleaner throughout autumn, the City of Westmount offers curbside collection of leaves by city crews.

Use either COMPOSTABLE or PAPER garden waste bags to dispose of leaves and other garden waste.

Place your bags behind the sidewalk by 7:00 a.m., Monday to Friday.

Leaves piled loose behind the sidewalk WILL NOT BE PICKED UP.

Calendrier de collecte

Octobre et novembre
Du lundi au vendredi, au besoin

Si vos sacs sont préparés correctement mais ne sont pas ramassés dans les trois jours ouvrables, veuillez composer le 514 989-5311.

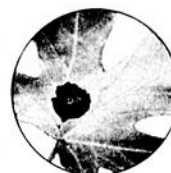
Collection Schedule

October and November
Monday to Friday, as needed

If your bags are properly prepared, but are not picked up after 3 consecutive working days, please contact us at 514 989-5311.

Tache goudronneuse

En raison du nombre élevé de maladies affectant les arbres dans notre région, les résidents sont priés de se débarrasser des feuilles contaminées UNIQUEMENT lors de la collecte des feuilles mortes et de NE PAS les ajouter au compostage domestique.



Tar Spot Fungus

Due to high levels of disease affecting trees in the region, residents should dispose of contaminated leaves in the fall leaf collection ONLY.

Contaminated leaves should NOT be added to domestic composters.



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Service des travaux publics
Public Works Department

Info : 514 989-5390
www.westmount.org

NOUVEAU

Résidents des secteurs 6, 7, 9 et 10 :
Le lundi, c'est le bac vert!

À partir du lundi 3 novembre 2008, la collecte des résidus alimentaires et de jardinage débutera pour toutes les maisons unifamiliales et les immeubles de huit logements et moins de votre secteur.

Utilisez le bac vert pour les restes de table, résidus alimentaires et autres déchets organiques.

Pour les rues suivantes, et jusqu'au printemps 2009, seules les résidences situées sur le côté indiqué ci-dessous seront desservies lors de cette collecte :

- Côte St-Antoine (entre Lansdowne et Murray) : côté sud SEULEMENT
- Clarke (entre Ste-Catherine et De Maisonneuve) : côté est SEULEMENT
- De Maisonneuve (entre Lansdowne et Clarke) : côté nord SEULEMENT
- Lansdowne (entre De Maisonneuve et Côte St-Antoine) : côté est SEULEMENT

NEW

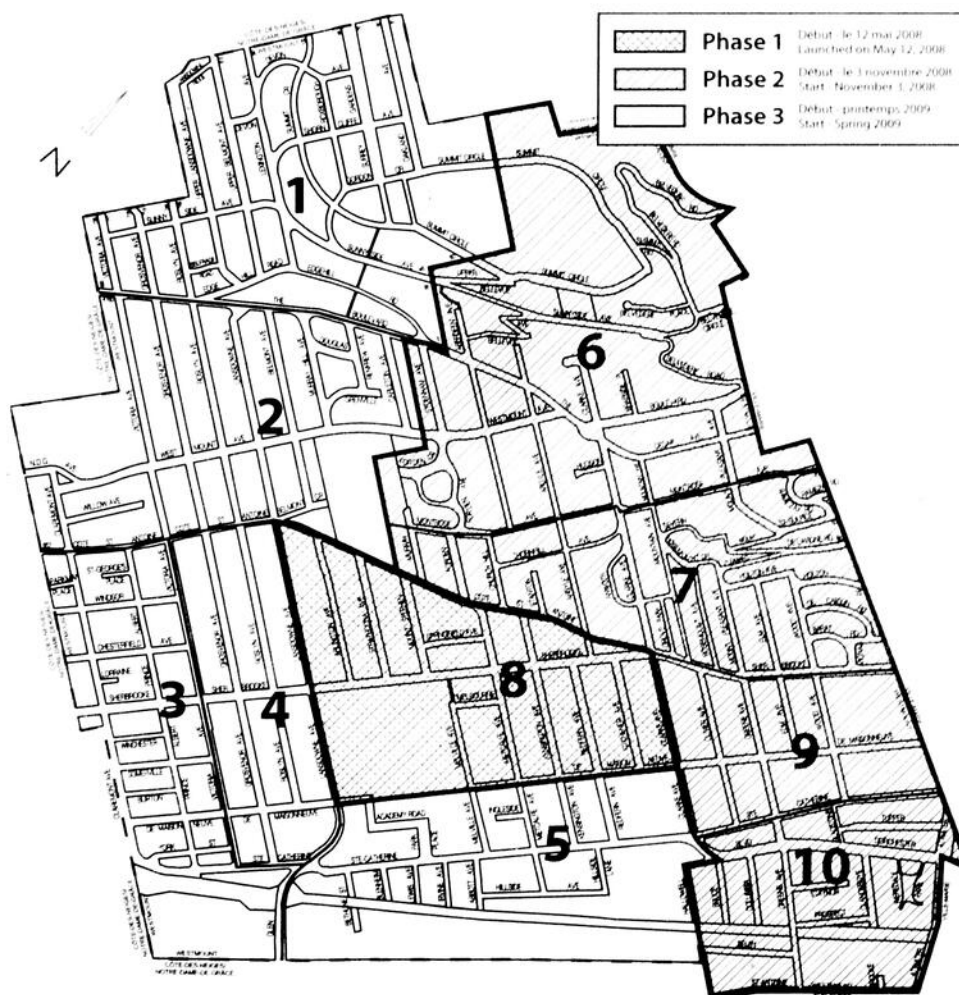
Residents of sectors 6, 7, 9 and 10:
Monday is Green Bin Day

On Monday, November 3, 2008, kitchen and garden waste collection begins for all single-family homes and buildings of eight dwellings or fewer in your sector.

Use your green bin to dispose of table scraps and other kitchen waste, as well as any other organic materials.

On the following streets, the collection will take place on one side of the street ONLY until Spring 2009:

- Côte St-Antoine (Between Lansdowne and Murray): south side ONLY
- Clarke (Between St. Catherine and De Maisonneuve): east side ONLY
- De Maisonneuve (Between Lansdowne and Clarke): north side ONLY
- Lansdowne (Between De Maisonneuve and Côte St-Antoine): east side ONLY



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OPINION

Much ado about nothing

Canadians awoke yesterday to the formation of a new Conservative minority government led by Prime Minister Stephen Harper.

Little has changed about a month after the previous minority Conservative government launched national elections. Sure, Westmount-Ville-Marie has a new MP in Liberal Marc Garneau, but he likely would have won in the by-election that was cancelled when the general elections were announced anyway. Nationally Parliament's make-up remains much the same.

The Conservatives gained a paltry 16 seats, rising to a total of 143, whereas the Liberals lost 19, for a total of 76.

In his victory speech, Harper spoke of a "strong mandate" given to him by Canadians two nights ago, but he must have had slightly bigger gains on his mind when he broke his own promise of fixed-election dates by dissolving Parliament in September.

Ironically, he pledged to work together with the other parties in order to ensure the Canadian economy works well in these difficult times. The promise comes off as a little questionable, considering elections that basically got Canada nowhere cost \$308 million in taxpayers' money. Furthermore, Harper's alleged reason for "dissolving Parliament" was that it simply was not functional anymore. The *Examiner* wonders how he will look at essentially that same Parliament in the eye now.

Locally, Garneau did well. Despite a strong fight put up by NDP candidate Anne Lagacé-Dowson, the "star" candidate handily defeated her by capturing 46.53 per cent of the vote in the riding.

Garneau ran a strong campaign too, but one cannot help but feel he won so easily thanks to the strength of the Liberal brand in Westmount-Ville-Marie. And with the Grits losing even more seats in Canada, many have already started to question the relevance of Stéphane Dion's leadership.

This leaves the former astronaut in a tight spot. In 2007, after he was unable to run in Outremont in a by-election against NDP candidate Thomas Mulcair, Garneau publicly cited he had differences of opinion with Dion.

After he announced he was running in this riding in 2008, Garneau never explained exactly what happened for him to see eye to eye again with his leader. Now, as party insiders speak in whispers of ousting Dion from his throne, the gravity of the situation cannot simply be ignored by Garneau. A statement of support from an important Liberal victor could probably serve Dion. Considering Garneau's past words, utter silence on the matter could be a condemnation on its own.



Latest news on the Arena/Pool renewal project



Mayor
Karin
Marks

In Council's on-going commitment to provide residents with timely information regarding the Arena/Pool Project, we are writing this column to provide updates on the most recent news and developments regarding project planning initiatives. Look for this column in future editions of this paper. This and a whole host of other information regarding the project can also be found on the city's website at www.westmount.org.

- A petition signed by 425 residents in support of two full ice rinks and an updated swimming pool in the new facility was presented to Council at its September 22nd meeting.

- Coun. Cynthia Lulham and former D.G. Bruce St. Louis met with some 40 residents at 4700 St. Catherine to present details as to how the parking lot at the rear of the Montreal Oral School for the Deaf will be managed by the city to accommodate arena parking needs, both current and future.

- Coun. Kathleen Duncan, former D.G. Bruce St. Louis, Sports and Recreation Director Michael Deegan met with representatives of the Dolphins Swim Team to discuss their ideas for a new pool facility. While the current program for the new facility contemplates an outdoor pool only, the concerns and suggestions raised will be reviewed by the Project Steering Committee.

- Boreholes will be dug around the site (beginning within the next 10 days) to determine the existing soil conditions, an essential prerequisite during preliminary planning stages of the project.

- The project brainstorming by Lemay's architectural design team is well under way.

This is a 'work in progress,' the preliminary results of which will be presented to the Project Steering Committee in mid-October.

For information on these or related issues, please refer to our website or contact Brigitte Stock at 514 989-5371.

Clarification

A front page picture on the *Examiner* last week ("Bowled over by victory") should have been attributed to Marc P. Mintzberg, who took the photograph, and not Stanley Baker. The *Examiner* regrets the error.

Annual pumpkin contest returns

Matthew Surridge

On Saturday, October 25, the Westmount Public Library will host its annual Halloween Extravaganza. The gala party will feature games, costumes, and the awarding of prizes for the library's pumpkin-decorating contest. The event will run from 7 to 9 p.m., after regular library hours, and is open to anyone who has entered a pumpkin in the contest.

"This year the theme is all based around games," said Children's Librarian Wendy Wayling. The Westmount Room will host Dance Dance Revolution, played out on the large projection screen. The rest of the library will be the setting for another game, said Wayling, promising "a mysterious scavenger hunt for clues throughout the entire library."

"It'll be quite challenging, and not for the faint of heart," said Outreach Librarian Donna Lach.

"People can come as a family and work together to do the scavenger hunt throughout the library," said Wayling. "We're hoping to get all ages. We're hoping to get some of the older kids, tweens and teenagers ... A lot of teens from the local high schools are volunteering to help us that night. They're going to come in and help set up the decor. We're hoping people come in costume ... we'll all be dressed up."

This will be the 11th annual Halloween



The decorated pumpkins may wound up looking a little bit like last year's selection.

Extravaganza at the Library. "Wendy and I have done all 11," said Lach. "Except once Wendy had a baby. ... The first one was during our centennial year, and it was kind of small, and few entries, and every year we've tried to do something different. We bounce ideas off each other ... Wendy's great for costumes, and she tries to outdo herself every year; this year I'm convinced she'll do so

again. Wendy sets the bar really high."

To enter the pumpkin decorating contest, pick up an entry form at the library or online. There are four age ranges: four and under, five to seven, eight to 12, and 13 and over (including family entries). Pumpkins should be decorated, but not carved. A pumpkin, along with a completed entry form, may be brought to the library at any time up to

9 p.m. on Friday, October 24. Prizes will be awarded in each category during the gala; the pumpkins may be taken home, or left for display at the library until Thursday October 31.

"It's a good way to get into the spirit of the season," observed Wayling. "Donna and I are working on the layout of the scavenger hunt. It won't be easy."

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Jeffrey Mandel is a tax specialist for 30 years, previously senior tax partner with a large regional accounting firm.



Greg Pearson B.A., M.A. Certified Senior Advisor, Licenced Insurance Advisor
Greg Pearson is a financial educator who believes that the greatest threat to depleting your wealth has little to do with financial markets, inflation, or overspending. Greg says "the greatest threat to depleting your wealth is your health."

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REFRESHMENTS SERVED

Exhibit highlights dangerous train-surfing in South Africa

Hollie Watson

They're acts of bravado, tempting fate. "Train surfing is the semi-suicidal practice of climbing on top or underneath a moving train," explained Ben Pobjoy, a co-founder of the Emporium gallery.

Since the early 1990s, it has been something of an underground sport among the impoverished youth of Soweto, South Africa's largest ghetto and the former hub of that country's epic apartheid struggle.

In the Sanza-Hanza exhibition which opens tomorrow, the young surfers are immortalized in a series of poignant photographs which follow them in their quest "for the perfect ride," Pobjoy said.

"Sanza-Hanza is a name taken from the Zulu dialect which means 'King Surfer.'"

This thought-provoking collection of 12 oversized portraits is a collaborative effort between two critically acclaimed New York photographers.

Jamie James Medina is a London-born, Bangladesh-raised photographer whose work has been featured in every major publication in the United Kingdom. He was also the photographer for the Babyshambles 2007 tour.

New York native Matthew Salacuse has carved out a career shooting for Spin, Blender, and other magazines.

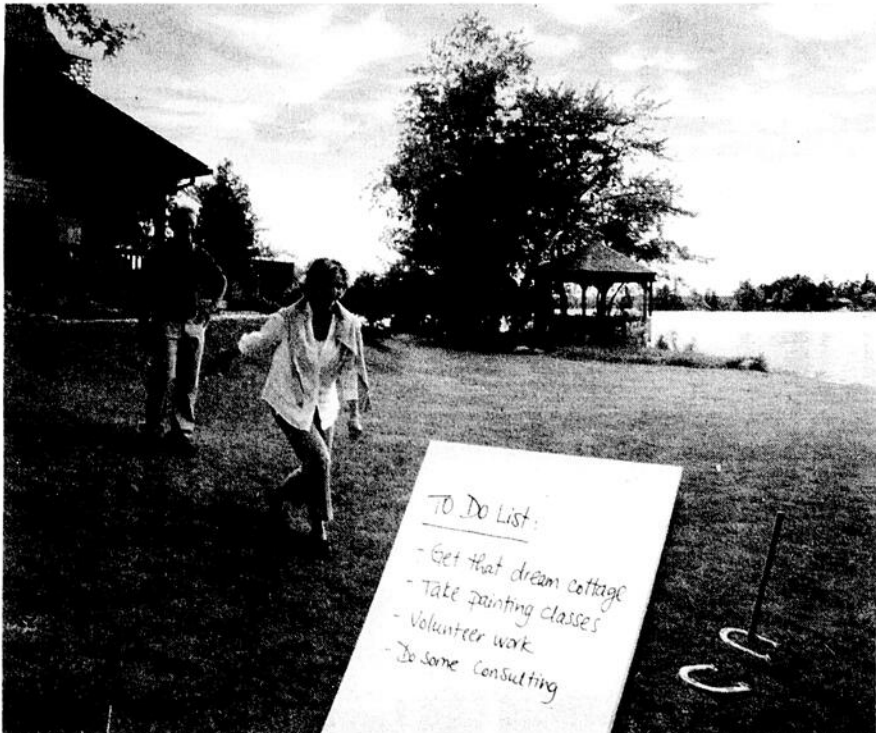
"He also holds the record for having shot the most front covers of the Canadian hip hop magazine Pound," Pobjoy said.

The photos in the upcoming exhibit capture different aspects of the train-surfing phenomenon and its morbid appeal.

There are tricks and manoeuvres, for example, which are named after those who pioneered



A train-surfing youth in South Africa.



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them. In the 'Baptista,' the surfer rides on top of the train, and attempts to grab onto the high tension wires that power it. If done properly, a shower of sparks flies out the end of the cable; otherwise, the result is sudden death.

The Emporium gallery was founded last year with the "intent of bringing quality arts programming to Montreal, while giving established and emerging artists from Canada and abroad the opportunity to show

their work in a professional, artist-centric environment. The aim is to bolster their careers while enriching the city's thriving arts scene," Pobjoy said.

The hours of the show are Oct. 16 from 7 to 11 p.m., and the 17th to the 19th from noon to 6. There will be private viewing by appointment Oct. 20 and 21.

The gallery is located at 3035 St. Antoine St., Studio 74. For more information call 514-510-1547.

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COMMUNITY LIFE



Around Westmount Marilynn Vanderstaay

Bill Brownstein launches Montreal 24: Twenty-four Hours in the Life of a City

Noted Westmounter, writer and columnist Bill Brownstein launched his new book Montreal 24: Twenty-four Hours in the Life of a City this week. The inside-track on where Montrealers work and play, this latest Montreal exclusive is written in the same genre as Schwartz's Hebrew Delicatessen, the story that explored the legendary Montreal deli, its eccentric owners and colourful customers. To research Montréal 24: Twenty-four Hours in the Life of a City, Brownstein visited 24 legendary Montreal locations from bagel shops and farmers' markets to night clubs and greasy spoons, each at a different hour of the 24 hour day. He writes about the owners, workers, and patrons, the people and the places that make Montreal the unique city it is that former residents pine for and tourists are enamoured with. The book is more memorable with photos by award winning Montreal photographer Daniel Haber. The book will be available by the weekend at downtown bookstores including Nicholas Hoare in Westmount. By the way, Schwartz's is coming out in French in a few weeks. Plus, it is being adapted as Schwartz's: The Musical by Bowser and Blue and will be presented on the Centaur stage next year.

Fall for Flowers exhibition at MAA

Westmount artist Susan Pepler has been busy creating a new body of work this summer. On Wednesday evening she launched her new series of original paintings Fall for Flowers at the MAA. The new series features a dozen luscious big florals. In addition Pepler has included pieces from her developing series Poolsapes that features celestial images of luxurious pools she has visited in South Beach Miami and in Cuba. The exhibition continues at the MAA, 2070 Peel Street until October 20. Pepler is best known for her American vintage car series, a collection of vibrant classic cars she painted in Cuba. Studio Georgeville in the Eastern Township is presently hosting an exhibition of that series until October 13. For more information about either phone 514-933-0776. To view Pepler's collections go to www.susanpepler.com

The Beast of Beauty; a caveat for us all

The Westmount YMCA will present The Beast of Beauty, a 30-minute, interactive PowerPoint presentation led by two trained Breast Cancer Action Montreal volunteers on Thursday evening, October 23 starting at 7 p.m. While presented by the BCAM the presentation is a caveat for us all that the all too real issue of the toxins in cosmetics and personal care products from toothpaste to hair gel to lipstick pose a risk to our health. Discussion will include what is and isn't being done to protect us and what each of us can do about it. For more information phone Tracey Kamel at 514-931-6770 extension 248

Continued on page 10



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- » wheezing?
- » stuffy nose?
- » itchy eyes?
- » rashes?
- » diarrhea?
- » nausea?

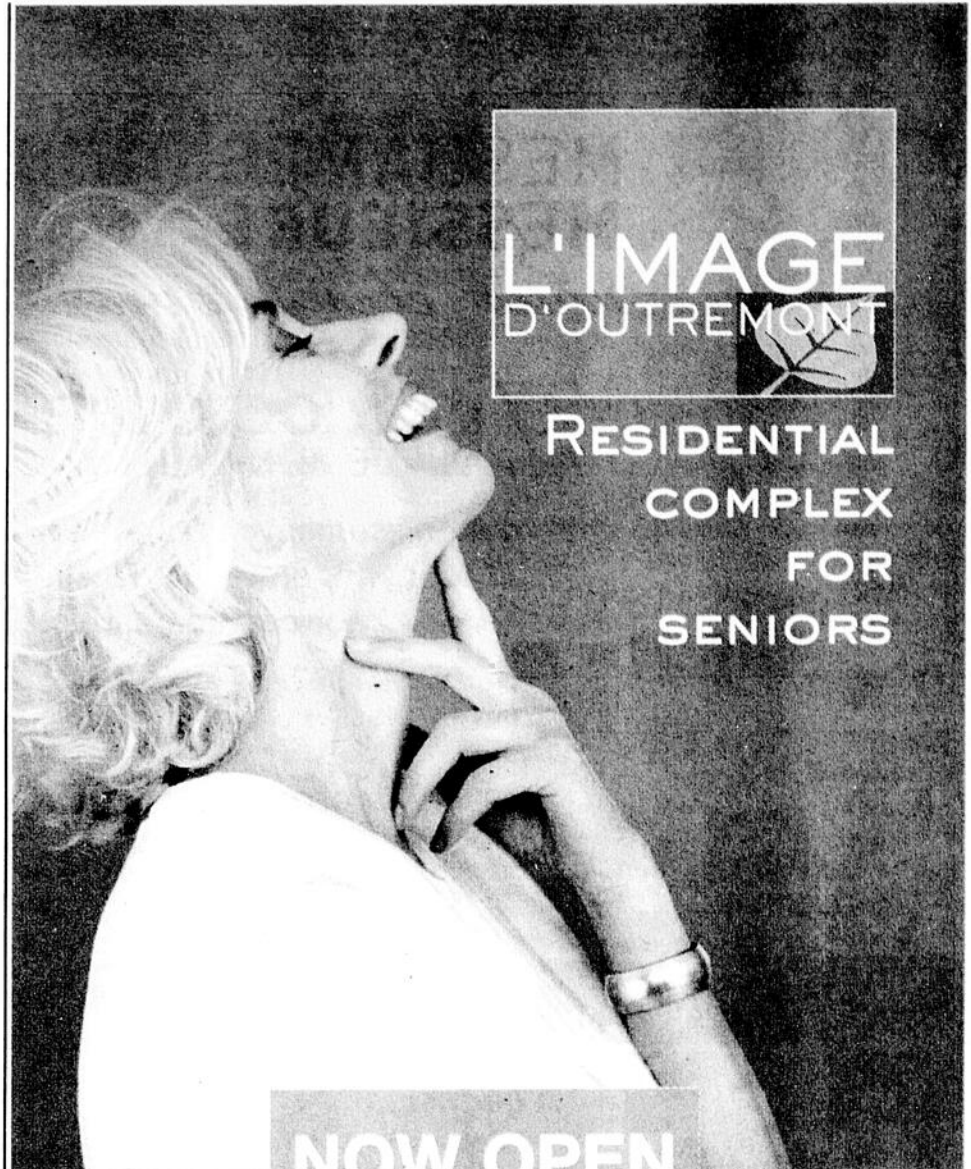
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Continued from AROUND WESTMOUNT,
page 9

BPW offers Starting a Small Business from
Dream to Reality workshop

Recognizing that many women would like to start their own small business, the Business and Professional Women's Association Montreal is offering a professional development workshop Starting a Small Business from Dream to Reality on Tuesday, October 21 from 6 to 7:30 p.m. Scotia Bank small business and professional account manager Louise Brassard will present Starting Your Small Business from Dream to Reality. The workshop will provide participants with the information they need to get a business off to a running start. The workshop will be held at The Scotia Bank Tower, 1002 Sherbrooke St. W., access from Mansfield, 2nd floor boardroom Admission is \$5 for members, \$10 for non-members. To reserve your place, contact Leslie West at 514-990-7373 or lc.west@sympatico.ca.

Internationally Acclaimed Author
Joan Barfoot at Atwater Library

Critically acclaimed author Joan Barfoot will read from her new novel Exit Lines, at the lunchtime series at the Atwater Library

starting at 12:30 p.m. on October 20. Exit Lines is a story built around the lives and antics of the residents at a retirement home. The event promises to be great fun. For more information phone 514-935-7344. The Atwater Library is located at 1200 Atwater Avenue.

Holocaust book launch

Marianapolis College English and Humanities Professor Monique Polak will launch her historical fiction novel, What World is Left, at the college's auditorium, on 4873 Westmount Avenue, on October 23, from 6:30 to 8:30 p.m.

Polak wrote the book based on the memories of her own mother, Holocaust survivor Celien Spier, who had attended the same school as Anne Frank in her youth in Amsterdam. Like Frank, Spier was also sent to a concentration camp. She was able to survive thanks to the reputation of his father, a prominent Dutch cartoonist who was forced into using his craft so the Nazis could create the illusion Thierenstadt was a cultural oasis rather than hell on earth.

What World is Left is aimed at young adults, a group Polak has written for in the past as a prolific writer. At the event, Polak will read from her book and Spier will address the audience.

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Bold and Beautiful Exhibit

Marilynn Vanderstaay

Innovative Westmount artist Claire Laporte will launch a solo exhibition of her new body of works later today. Her first show since her exhibition at the Smith House in 2002, the opportunity to experience these latest images was well worth the wait.

At a preview viewing in her studio in her home on Upper Lansdowne last week, Laporte skilfully explained not only how she created the 25 large, bold and colourful pastel drawings on paper, but also how they came to be.

The artist begins with a large sheet of fine art paper, perhaps 2 and a half feet by 4 feet, and applies colour using pastel crayons. "I prefer the ones that are powdery," she says showing her box of well-worn sticks.

That is the easy part. She then reaches into both her soul for the image she has already seen in her mind, and her extensive art training, to create a free hand image. Laporte uses a unique reverse image style she has developed over the last five years to create the colourful images.

"After drawing the image I am creating, I apply either gold paint or gold leaf directly on the colour and then work the image into the colour. When using gold leaf I apply glue to the colour where I want to work and after it has dried an hour later, I apply the gold leaf around the unseen image, for instance a tree limb that is not on the paper, but is seen only in my mind." She works that technique throughout the drawing to create a work that is visual, bright and alive.

"When using gold paint I smear the paint by hand directly on a portion of the field of colour I am going to work on". In this medium she works against the clock. "I have only 10 minutes to work before the paint dries," she explains. Using an artist's knife she carefully scrapes the unseen image out of the



Local artist Claire Laporte's exhibit of pastel portraits can be seen from today to Saturday.



paint so the colour is revealed, forming the image.

After long hours of applying the medium to the colour in sections and developing the images, the landscape is complete. But sometimes, she confesses, she can work for months to get the image right. "The imagery keeps coming back until I do it, until it is completed and I have cleansed myself of the image." And while there have been frustrating times getting the image from her heart to the paper, Laporte does not discard an

unsatisfactory drawing but returns later to work on it until it has become what it was meant to be.

Laporte will launch the exhibition and sale that features 23 landscapes and two florals at a vernissage on Thursday October 23 from 6 to 10 p.m., Friday October 24 from 6 to 10 p.m. and Saturday October 25 from 11 a.m. to 4 p.m. at the Smith House, 1260 Remembrance Road on Mount Royal. For more information and directions phone 514-489-9435.

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Live Smart Live Green

Marilynn Vanderstaay

Westmount residents are invited to come and enjoy a fun day, learning how to live smart by living green. On Saturday, October 25 from 10 a.m. to 4 p.m. the Westmount Healthy City Project will present a one-day event featuring community information and an idea exchange on sustainable living and ways to make your life greener. At exhibition tables participants will discover

services, including policing, nutrition, sustainability, lighting, and composting kitchen waste.

One of the highlights of the day will be a Westmount-inaugural bicycle recycling initiative by Cyclo Nord Sud. From 10 a.m. to 1 p.m. the public is encouraged to bring old bicycles to the event to be refurbished and sent to a developing country. The idea is to take in a used bike and pay \$12 as part of the shipping fee. After touring the exhibits and enjoying a light lunch, one may return to the

Cyclo Nord Sud exhibit and pick up a tax receipt for the \$12 and for the evaluation of the worth of the bike. Charity founder Claire Morissette set the exchange up so that it would be a win/win. Half the bicycles collected are committed to women and half are committed to people who live in the countryside. So, for example, women hauling water and sticks in the countryside in Togo, Haiti, Latin America and Africa will have some relief from the weight of their chores because of the donated bicycles.

Coordinated by Barbara Moore, chair of the Community Life committee, and Richard Aylett, chair of the Environment committee, the event has been organized to present everything you wanted to know about going green and more.

Claremont Avenue resident Aylett will present how he reduced his home energy consumption by 42 per cent by just making small changes and no major renovations.

Astrophysicist Tony Moffat will present Dark Sky, a look at ways to limit outdoor lighting to reduce light pollution in the night sky. Moffat will set up telescopes and participants will be able to peer into the sky and at the sun.

Westmount resident Sue Kazenel will give a presentation on home recycling. Marina Peter from Westmount Public Works will present home composting.

The Raging Grannies will make a presentation at 2 p.m. that will focus on water

use issues including the best use of our water, and the advantages and disadvantages of water versus bottled water.

Volunteers from the Atwater Library and Computer Centre will do a presentation called L'île sans fils on the environmental benefits of a wireless Internet community.

Presentations on healthy lifestyles will be given by the CLSC Metro. Joshua Wolfe, sustainability co-ordinator for city, will be on hand to discuss results of his first two discussions on environmental sustainability in Westmount and details of the city's sustainable development plan.

The Montreal police department will be out in force with tips on how to protect yourself, your identity and your home. The fire department will have tips on how to prevent fires. Westmount Security will be there with booklets and displays about Westmount's emergency plan and tips on how to create an emergency plan for your household.

Community organizations including the Westmount YMCA, Greene Centre, the Contactivity centre and TAG will also host information tables.

Children will be given a fun opportunity to learn first-hand about recycling and find items by participating in a scavenger hunt organized by Westmount facilitator Rosalind Davis.

The City of Westmount's caterer Simply
Continued on page 13



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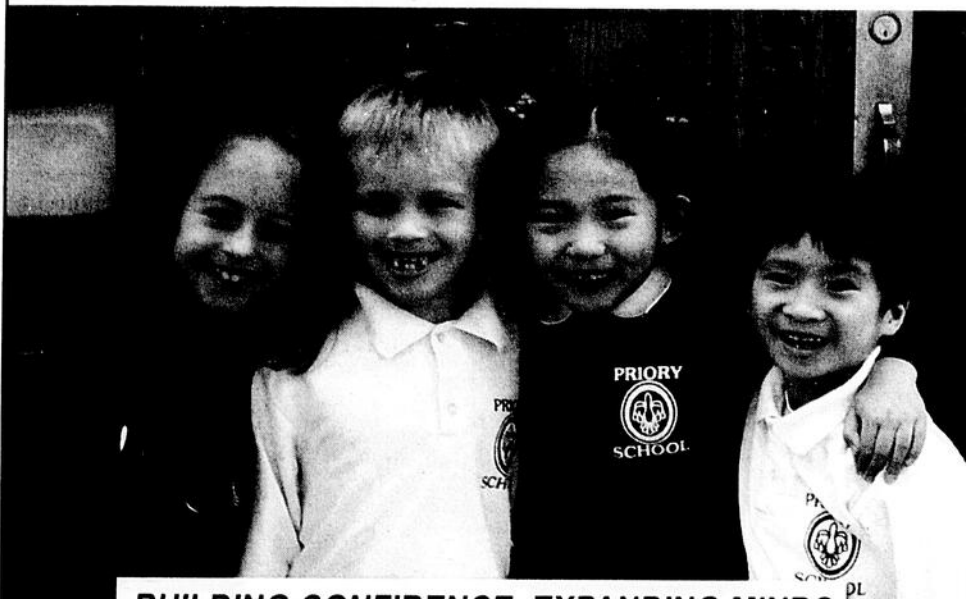


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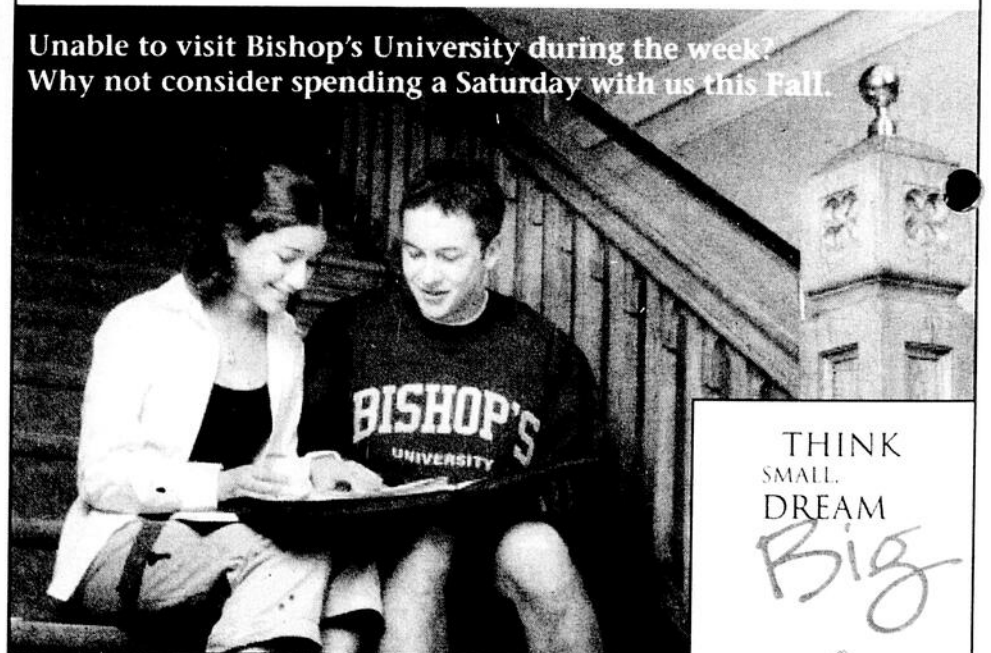
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Continued from

Live Smart, page 12

Wonderful will provide an ecologically and economically sound light lunch at Café Green on the stage for just \$5.

When you have completed the tour of the exhibits, enjoyed the light lunch, and picked up your receipts for your bicycle, you are invited to write your comments, suggestions and ideas for projects on the Ideas Wall. Organized by Lucy Stojak, the wall will be located near the entrance to the exhibition hall. The idea is to get a green dialogue going between the city and the residents.

Before you leave, however, take the stairs down to the Gallery at Victoria Hall and enjoy L'or du bleu in the Victoria Hall Gallery. The unique exhibition features works made with a variety of recycled media created by local Westmount artists. A vernissage where you can meet the artists and preview the work will be held on Wednesday October 22 starting at 6 p.m. L'or Blue will continue until October 25.

For more information about Live Smart Live Green contact Richard Aylett, Environment, 514 486-7686 or Barbara Moore, Community Life, at 514 937-0721.

For more information on Cyclo Nord-Sud go to www.cyclonord-sud.org

Thanksgiving: Don't drop the turkey

More than one turkey got stuffed this year



Marc LALONDE
marc.lalonde@transcontinental.ca

PARENTING

So our first turkey dinner as a family at our home has come and gone, and it's times like these that I'm thankful more than ever for my family and all the blessings they bring me.

But first, let's talk turkey. More specifically, let's talk about making, stuffing and serving turkey to a house full of loud, hungry kids – and the parents they bring with them.

Monday was a nice treat after my wife and I decided a turkey dinner – the first one either of us have had to prepare firsthand – was the way to go. Of course, a turkey, even a small, 16-pounder, needs hours of preparation, and before you can pop it in the oven to brown oh-so-nicely like they do on TV, you've got to stuff it. And man, is that involved. My wife had shredded a bunch of bread, and silly me, I thought we would pop it in the turkey, sew the sucker shut and pop it in.

Not so fast, my friends.

First, we chopped some onions, followed by some celery and melted some butter in a pan to sautee it all. Then we boiled some sausage, sliced it up, popped it in and sautéed



the whole mess with a generous portion of chicken broth. Then, we mixed it all into the bowl that held the bread and covered the bread in delicious spices and stuffy goodness.

Then, and only then, did we pop it in the oven, and then and only then did I get to turn the Alouettes' game on the television.

Let me tell you that with a turkey in the oven, I had a built-in excuse to stay in the house and I took full advantage. Besides,

don't football on television and Thanksgiving go hand in hand?

Well, they do now.

After we decided enough was enough and the turkey had come out of the oven, we sat down. My wife's sister's family had come over and brought their kids with them. Their son is around my daughter's age, and the two are best of friends, except when they're fighting like cats and dogs – just like brother and

sister. So we all sit down, serve the kids first and begin to serve ourselves.

"I'm finished," my nephew says, as I look over, about to fork my first bite of turkey and gravy into my mouth. Sure enough, his plate is clear and off he goes back to the playroom. My daughter finishes a few minutes later and off she goes. All is quiet until the two start fighting over a game they're playing that somehow entails the adults (who are already eating food) order food items that exist in plastic toy form in my daughter's toy kitchen.

Then, the real fun begins. The two start fighting over who's bringing what to who and so on and so forth. My nephew knows exactly how to push my daughter's buttons and does so with compunction. My daughter, who has not yet begun to understand the phrase 'a fish chooses to bite,' immediately lets loose with a wail that implies her liver was being removed with a rusty spoon.

So what am I thankful for? All of it. The excitement and chaos that ensues when kids get together for holiday meals and the togetherness that comes from dealing with impatient and easily upset pre-schoolers.

Soon after that little blow-up, the kids all went to the park to play while the parents sat and talked. I was really thankful for that.

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The Dove Project takes off

Westmount doctor leading charge against ovarian cancer

Salvatore Ciolfi

Every year, nearly 350 Montreal women get diagnosed with Ovarian cancer, the so-called silent killer. Unfortunately, close to two thirds of these women will be in advanced, often-untreatable stages.

For Dr. Lucy Gilbert, a Westmount resident and the chief of the Royal Victoria's gynecological oncology department, these numbers are completely unacceptable. In order to help reverse them, she has started a two-year research endeavor called the Dove Project, which will improve knowledge of potential symptoms, and create a "probability tool" to help catch the disease earlier.

"For the past six or seven years I've been thinking that something needs to be done to shift the proportion of people presenting so late," she said, explaining the genesis of the project.

"In medicine you always start by looking at the literature to see what's been done before, and we found that there were about 32 studies that showed Ovarian cancer had symptoms in early stages. It's just that people ignore them," she said.

"We want to educate women and catch things sooner. That's the fundamental hypothesis on which the Dove project is created."

Neda Pandza, a medical secretary who has worked with Dr. Gilbert for close to two years, has seen for herself the challenges the illness poses, and she's glad the project is off the ground.

"It's almost impossible to catch in the early stages, just because the symptoms are so vague, she said". What makes the symptoms so difficult to detect is the fact that they may not manifest themselves until they've affected

other parts of the body.




"The ovaries are hidden deep in the pelvis behind the uterus, so until the cancer spreads and affects some of the internal organs, it's very difficult to diagnose, and by then it's too late," Dr. Gilbert said.

Dr. Feng, a visiting doctor from China, has been battling this worldwide issue for years, and she's glad someone like Dr. Gilbert has finally stepped up to face it.


"She's very patient, and a good teacher, so she's very good at comforting patients, telling them what they should notice about their body, and what they should do."

So far the project involves a team of 12 doctors, surgeons and statisticians picked by Dr. Gilbert, and it will likely last two years. • For more information about the DOVE project visit www.muhc.ca/studies/dove/ or call 1-866-716-3267.


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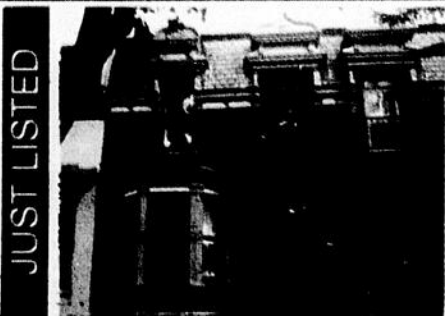


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