
2020 - 2021 OFFICIAL TOURIST GUIDE
Outaouais
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# LEAMY

## an entertainment experience like no other

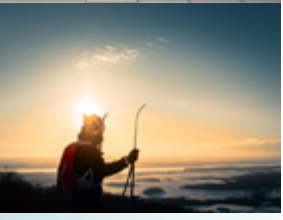
Located just a few minutes from Ottawa, the Casino du Lac-Leamy invites you to come have an unforgettable time. With its wide variety of games and shows, renowned restaurants, friendly bars, nightclub and five-star hotel, the Casino du Lac-Leamy offers you the chance to be whisked away to a world beyond your imagination.

Open 24/7. Free outdoor parking.




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Use the regional map located in the section at the end of the guide to find your way around easily.

© R. David, M. Baril-Tessier, M. Foote, M. Baril-Tessier, Ottawa Tourism

**Cover:** Canadian Museum of History / © R. David

# The Outaouais on the Web



**In addition to the tourism guide, we have a selection of web tools to help inspire, plan and share your trip.**

## Website

Wondering where to eat, where to sleep, and what to do in the Outaouais? Our website is THE regional reference. Find activities grouped under various themes. Consult the Business section to plan your next corporate event. Read the blogs for an in-depth look at the Outaouais.

outaouaistourism.com

## Facebook

This is the place to connect with us, find events and activities throughout the year, and discover new attractions!

@tourismeoutaouais

## Instagram

Come dream and get inspired for your next getaway to the Outaouais. Don't forget to share your #OutaouaisFun photos with us!

@outaouais
#OutaouaisFun

## Twitter

Outaouais Tourism goes on the road! Find out what we're up to across the region and around the world.

@TourOutaouais

## Pinterest

Pin articles and images of the Outaouais to your virtual bulletin board.

@touroutaouais

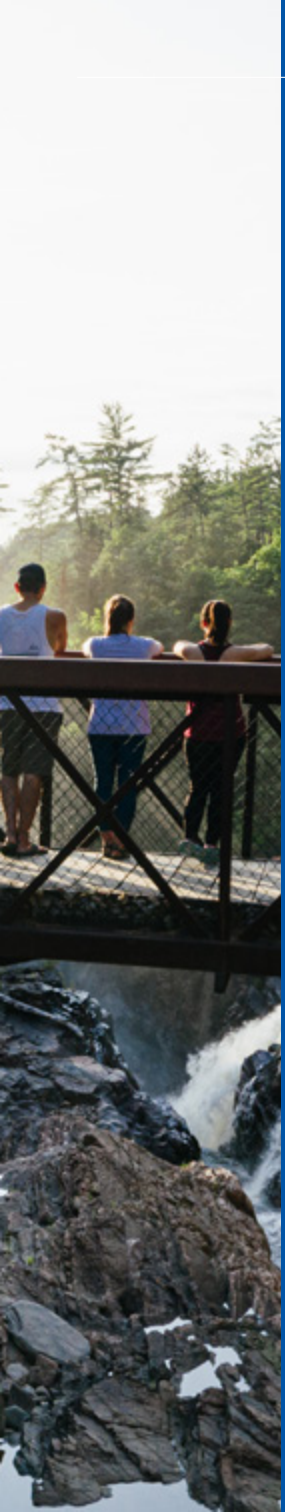
## YouTube

Discover the Outaouais through an array of videos showcasing the four corners of the region.

@TourismeOutaouais



© S. Lavallée



© FIVE2NINE

# 1

# Profile of the Region


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# Welcome to our Region



© N. Le


Downtown Gatineau

# Outaouais Overview

**The Outaouais offers the perfect mix of proximity and diversity. In the blink of an eye, one goes from the downtown core to a rural setting. There's something for everybody: nature lovers, foodies, culture and history buffs.**


Parc régional du lac 31 milles

An hour's drive from Montreal and four hours from Toronto, the Outaouais region is one of three official gateways to Quebec. Located in the southwestern corner of the province, it's bounded by the Abitibi-Témiscamingue region, the Laurentian mountains, and Ottawa, Canada's capital. It's no coincidence that the first signs of human occupation in the Outaouais date back over 6,000 years! The region's strategic location made it an important meeting place for trade, cultural exchange and enrichment. The Indigenous inhabitants knew all about that!

French explorers Samuel de Champlain and Étienne Brûlé journeyed through the region in the early 1600s; some two centuries later, the first non-Indigenous settlers arrived and established the local lumber industry. However, it wasn't until the arrival of the American Loyalist Philemon Wright in 1800 that the Outaouais region really began to flourish, mainly because of the logging industry. Historically, the region is known for the log drives on the Coulonge, Gatineau and Ottawa rivers, the "matchstick houses" of Old Hull, the Great Ottawa–Hull Fire of 1900, the "Little Chicago" era, and more!

The massive log booms floating down the region's rivers have given way to whitewater rafting, river cruises and other aquatic pursuits. Today, the Outaouais is a gigantic playground just waiting to be enjoyed. Composed of five territories: Gatineau, the urban hub, Collines-de-l'Outaouais, Petite Nation, Pontiac, and Vallée-de-la-Gatineau, the region offers an outstanding variety of events and attractions for every taste.

© Tourisme Québec/G. Leroyer

Here, you get both quantity and diversity! The Outaouais is an appealing destination for outdoor enthusiasts, foodies, romantic souls and inquisitive young adventurers alike.

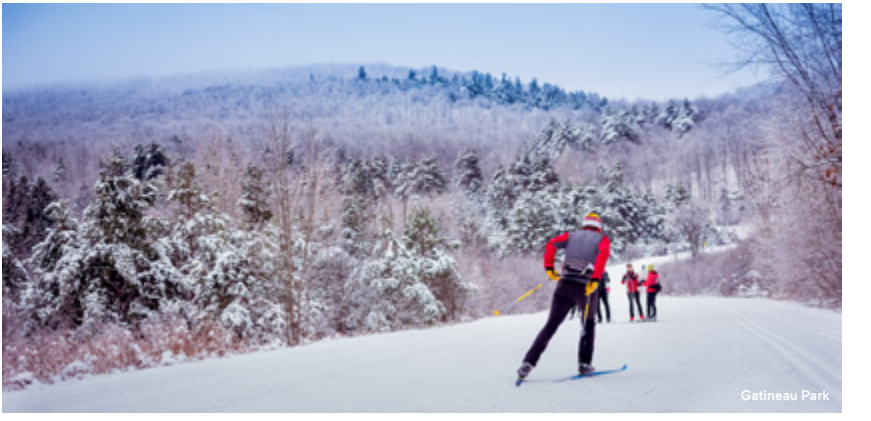
The Outaouais offers the perfect mix of proximity and diversity. In the blink of an eye, one goes from the downtown core to a rural setting. There's something for everybody: nature lovers, foodies, culture, and history buffs.

For urban explorers, Gatineau and Ottawa offer an eclectic mix of local microbreweries, restaurants and patios, as well as live shows in intimate performance venues. On both sides of the Ottawa River, on foot or by bike, you can take it all in: national museums, art galleries, city sightseeing tours, and shopping. And with a Year-round program of special events and festivals, there's always a celebration going on. For a fun weekend getaway, Gatineau has everything you're looking for!

Calling all nature lovers: have we got a paradise for you! With an area of 33,000 square kilometres encompassing 15,000 lakes and a dozen rivers, the Outaouais is a great place to enjoy your favourite outdoor activities. Most popular throughout the region are cycling and cross-country skiing, especially in Gatineau Park.

Whatever the season, you'll find entertaining activities for every member of the family, from visiting wild animals to zip lining through the treetops, from exploring the depths of an underground cavern to touring a national museum.

Whether you're looking for bike paths or snowmobile trails, fresh local products or family fun, our free maps and guides will help you make the most of your visit.



Gatineau Park



Family cycling in Gatineau



© National Capital Commission, L. Marquis


WINTERLUDE
BAL DE NEIGE
FROM JANUARY 29
TO FEBRUARY 15
Winterlude's
Snowflake
Kingdom
SNOWFLAKEKINGDOM.CA
Canada
Ville de Gatineau


33rd EDITION
FMG
Scène Casino Lac-Leamy
LOTO QUÉBEC
FMG
Desjardins
FMG2020.COM
DE LA BAIE PARK, GATINEAU
03 sep
07 sep
LOTO QUÉBEC
Desjardins
Gatineau
Québec

# Our 10 Must-see Attractions

Collines-de-l'Outaouais

Popular Favourites



## Gatineau Park

Minutes away from downtown is a vast green oasis that's a source of pride for Outaouais residents. In this magnificent setting, you can go camping, rock climbing, hiking, snowshoeing, kayaking, and fishing—and that's just for starters! Gatineau Park offers 361 km² of possibilities.

**Find Out More p.54, 57, 63, 66, 102 & 124**

## Cycling

With its impressive network of recreational trails, Canada's Capital Region is a popular cycling destination. On both sides of the Ottawa River, the Capital Pathway offers nearly 600 km of trails through urban neighbourhoods. On summer Sundays, enjoy riding on car-free roads and parkways during NOKIA Sunday Bikedays. Have a look at our cycling map with five suggested routes in the region!

**Find Out More p.53-55**

Gatineau





© R. David, L. Marquis

## Cross-country Skiing

When it comes to cross-country skiing in the Outaouais, all the superlatives apply! Gatineau Park alone boasts one of North America's most extensive cross-country skiing networks, with 200 km of trails for classic and skate skiing.

**Find Out More p.102-104**



Collines-de-l'Outaouais



## Nordik Spa-Nature

At the entrance to Gatineau Park, take time to unwind at the largest spa in North America! Enjoy a unique relaxation experience in beautiful facilities and a majestic setting. Take advantage of ten outdoor baths, nine saunas, an infinity pool with a stunning view of Gatineau–Ottawa, and several restaurants. Treat yourself to a massage, a body treatment, a Russian-style Banyä sauna, or a session in the Källa saltwater pool, one of only two in the world!

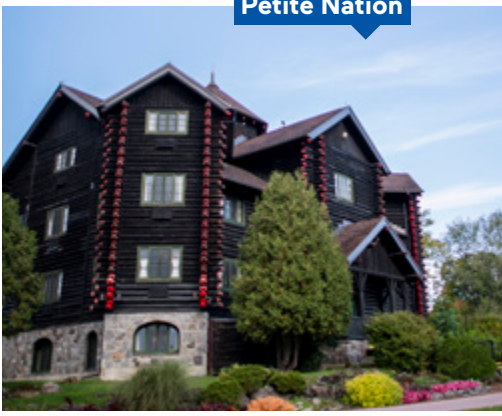
**Find Out More p.69 & ad. p.2**

## Fairmont Le Château Montebello

Built in 1930 of red cedar logs, this architectural marvel was once an exclusive private club. This elegant historic jewel has been respectfully updated, and the Château now offers 211 rooms, an exquisite menu featuring local products, a spa, a marina, a wide range of indoor and outdoor activities, and a beautiful golf course. You'll be charmed from the moment you set foot in the impressive rotunda with its massive six-sided stone fireplace!

**Find Out More p.56, 69, 120 & 140**

Petite Nation



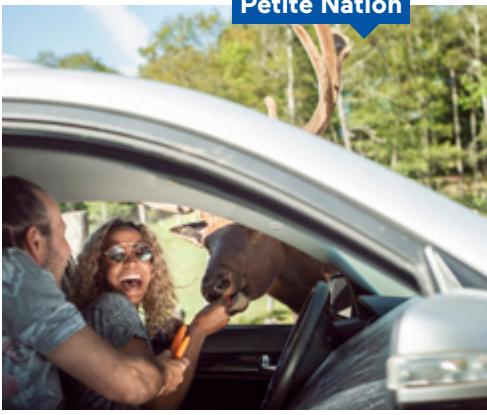
© M. Baril-Tessier, Photolux, Tourisme Québec/G. Leroyer

## Parc Omega

In your vehicle, follow a 15-km road winding through 890 hectares of hills, lakes and wide open spaces. Open Year-round, this unique wildlife park, the only one of its kind in Quebec, allows you to observe several species of wild animals roaming free in their natural habitat, including bison, elk, bears, wild boars and wolves. While you're there, go for a walk along the woodland trails and enjoy a picnic among the white-tailed deer.

**Find Out More p.63 & ad. p.94**

**Petite Nation**





## Les Chemins d'eau

Discover the Outaouais region's cultural and natural heritage along a new official tourist route, Les Chemins d'eau ("waterways"). The Ottawa River, the largest in Quebec, has served as a transport route for copper, fur and lumber, and played a key role in our nation's development. Travel back in time and discover the region's many facets. Just follow the river!

**Find Out More p.105-109 + ad. p.110-111**

## Casino du Lac-Leamy

Round-the-clock entertainment, all under one roof! Discover over 1,700 slot machines and many gaming tables, including Texas Hold'em poker. Immerse yourself in the exciting atmosphere of the Zone, a unique interactive multigame space. Have a drink at the Bar 7, savour a meal at L'Arôme restaurant, and dance the night away at the casino's nightclub, Club Aléa! For ages 18+.

**Find Out More p.77 & ad. p.1**

**Gatineau**



© R. David, Les Productions BelCanto, Société des casinos du Québec

## Eight national museums

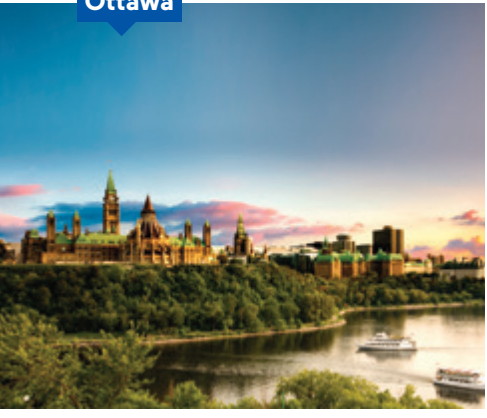
Whatever your passion, from history to visual art, from animals and nature to aviation or science, we have a museum for you—eight national museums, in fact! Be sure to plan a visit to the Canadian Museum of History, Canada's most visited national museum. Discover the Canadian History Hall, the largest and most ambitious exhibition project ever undertaken by the Museum.

**Find Out More p.90-92**

Gatineau-Ottawa



Ottawa

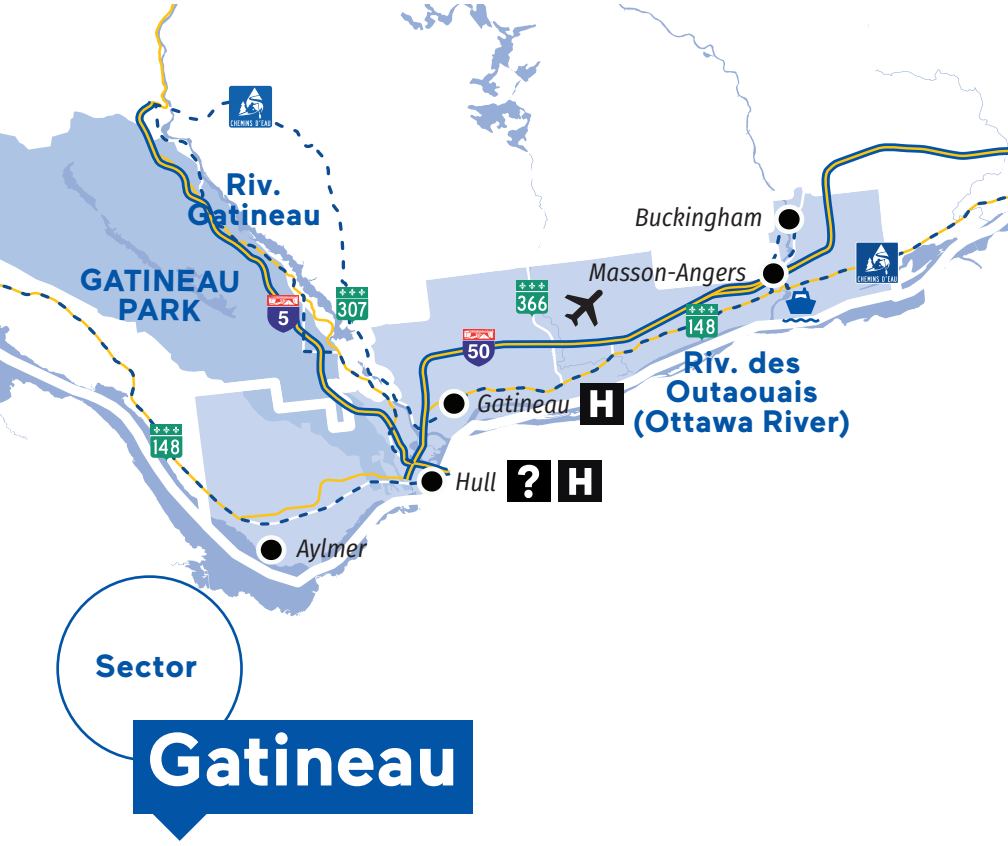


## A short hop from Ottawa

In just a few steps, or a few minutes aboard an Aqua-Taxi, you can travel from one province to another and visit Ottawa, Canada's capital. Do a little shopping in the ByWard Market, one of the oldest public markets in the country, and visit the nearby federal institutions, including iconic Parliament Hill. Discover the history and vibrant street life of Ottawa's distinctive neighbourhoods, such as Chinatown and the Glebe.

**Find Out More p.18 & ad. p.152**

© M. Foote, Ottawa Tourism




283,961 inhabitants H

**Catch the urban vibe of Quebec's fourth-largest city! Discover the downtown core on foot or by bike, thanks to our extensive network of recreational pathways. Explore the Canadian Museum of History, Canada's most visited museum. Stop in for a bite at one of our many restaurants, and sample local craft beers at our microbreweries. When evening comes, try your luck at the Casino du Lac-Leamy! Fireworks, hot air balloons, concerts, ice carvings and sand sculptures—you'll find all kinds of entertainment all year-round. In Gatineau, fun and excitement are never far away!**

| 23 Events | 76 Local Flavours | 28 Accommodations | 94 Additional activities |
|---|---|---|---|

▼ Classified in alphabetical order

## Downtown Gatineau

visioncentreville.com

**Downtown Gatineau is the place to be for entertaining activities, cultural events, and celebrations of all kinds! Laval Street, which is closed to vehicular traffic from May to November, provides a safe and enjoyable route for pedestrians and cyclists. Discover the Laval-Aubry-Kent and Brewery Creek tourism sectors, with their microbreweries, great restaurants featuring everything from bistro to epicurean fare, and lively urban buzz. Don't forget to check out the unique shops and businesses along Eddy Street!**

## Downtown Gatineau's Culture Trail

gatineau.ca/portail/default.aspx?p=quoi_faire/sentier_culturel

**Inspired by Boston's legendary Freedom Trail and marked by a painted red line, the 3-km Culture Trail invites pedestrians to discover or rediscover downtown Gatineau. This urban walking tour links points of interest, exhibition spaces, entertainment venues and some great restaurants. This summer, follow the red line!**

## Destination Old-Aylmer

apica.ca/activites

**A unique main street in the heart of a heritage district: Principale Street. Come admire its stately homes and discover its many treasures: fine chocolatiers, a bakery, gourmet restaurants, gourmet food shops, sausage makers, art and craft galleries, the widest selection of beer in Quebec, magnificent patios and cafés, a tea house, and breathtaking sunsets over the Ottawa River. APICA (the Association des professionnels, commerçants et industriels of Aylmer) hosts free events throughout the year.**

## Le Vieux-Gatineau

vieux-gatineau.com

**Built in the heyday of the lumber industry in the 1920s and '30s, Vieux-Gatineau is an industrial and residential heritage district on the shore of the Ottawa River. Take a cultural and culinary stroll and discover the many activities and events at the Notre-Dame Market, the Kitchissipi Marina, and Espace Propulsion, a multipurpose performance venue. Explore the Quartier du Moulin with its quaint New England charm, and let the lively ambiance of Notre-Dame and Main Streets win you over.**



Downtown Gatineau's Culture Trail



Old-Aylmer

© R. David, M. Baril-Tessier


GATI




# NEAU

GATINEAU
FOR
LIFE

GATINEAU.CA



Sector

# Ottawa

947 031 inhabitants H

**Combine your stay in the Outaouais region with a visit to Ottawa, Canada's capital. Go shopping in the ByWard Market, with its many charming boutiques, specialty shops and restaurants, and visit the nearby federal institutions, including Parliament Hill and the Parliament Buildings, and the official residence of the Governor General of Canada. Let's not forget the many national museums and their countless exhibitions! In the Outaouais, stepping from one Canadian province to another is quick and easy.**

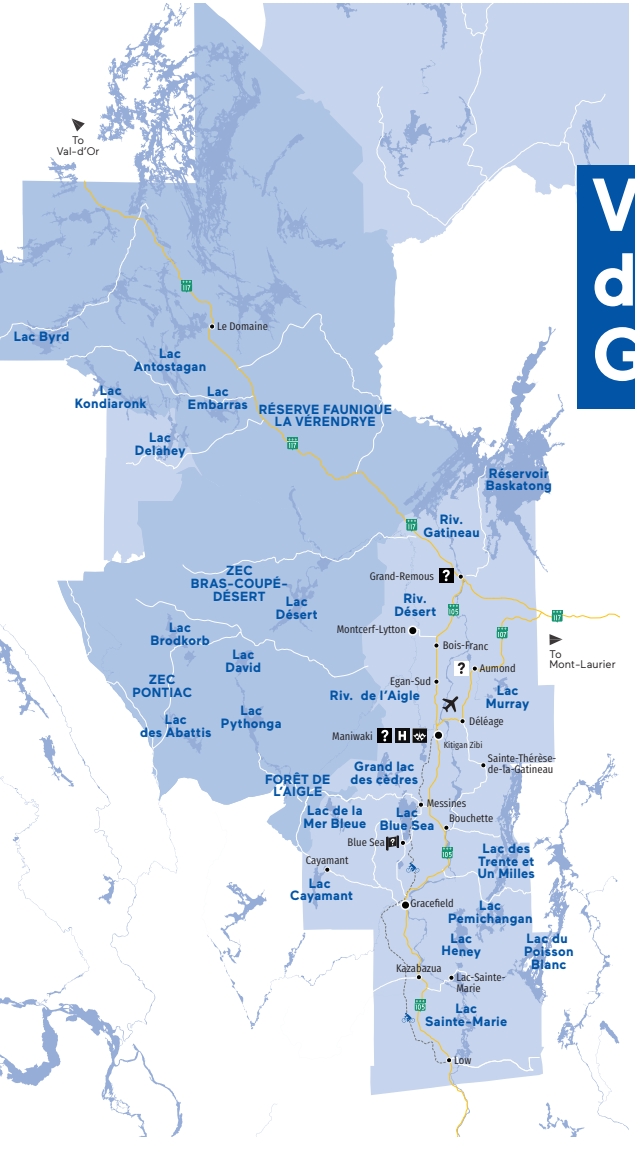


© Ottawa Tourism

1

Sector

# Vallée-de-la-Gatineau




**The Vallée-de-la-Gatineau, in the northern part of the region, is the largest territory in the Outaouais, and perfect for outdoor enthusiasts. Cycling, camping, water sports—you'll find them all here. There are also many outfitters besides, from family-oriented businesses to more rustic enterprises, some in remote areas accessible only by seaplane. At parc régional du lac 31 milles, you can even rent your own island! Snowmobilers and ATV riders can explore over 600 km of marked trails. The town of Maniwaki is home to several interpretation centres where you can learn about forest fire prevention, white-tailed deer, and Indigenous culture.**

**14** Great Outdoors

**16** Hunting and Fishing

**15** Accommodations

**59** Additional activities

▼ Classified in alphabetical order

## Baskatong Reservoir

reservoirbaskatong.qc.ca

**The Baskatong Reservoir resulted from the construction of the Mercier Dam in 1927 and serves as a source of feedwater for hydroelectric generating stations located downstream along the Gatineau River. This beautiful and majestic 320 km² inland sea encompasses 2,800 km of shoreline, several sandy beaches and some 160 islands. It offers many year-round outdoor activities and is home to an extensive network of outfitters and campgrounds.**

## Blue Sea

**641 inhabitants**

bluesea.ca

**Located in the northern part of the Outaouais region and a favourite with vacationers, this village of 641 residents is surrounded by over two dozen lakes, including majestic Blue Sea Lake, long known (and rightly so) as "the Pearl of the Gatineau." A popular vacation destination, Blue Sea is known for its art gallery located in a former church manse, and for Mount Morissette Regional Park with its impressive observation tower. The municipality's motto is "Blue Sea: Blissful and welcoming since 1899."**

## Cayamant

**825 inhabitants**

cayamant.ca

**Located 112 km north of Gatineau, Cayamant is the gateway to the Pontiac ZEC and the Forêt de l'Aigle. A real natural paradise : hunting, fishing, over 7.5 km of hiking trails, observation towers, water sports, wilderness camping, ATV riding ... In winter, from the Carnival to the Rallye Perce-Neige, we celebrate the season! On holidays or days off in Cayamant, we recharge our batteries and we create memories!**

## Gracefield

**2,437 inhabitants**

gracefield.ca

**The history of this municipality dates back to 1840 and the arrival of the first settlers. In 1883 a post office was opened and the village was named Gracefield. Today, with its rapidly growing downtown area, the territory encompasses several lakes and rivers and has become a popular recreation destination.**



Baskatong Reservoir



© R. David

Classified in alphabetical order

## Grand-Remous

**1,180 inhabitants**

grandremous.ca

**Explore Vallée-de-la-Gatineau's Route des Draveurs ("log drivers' road"), which will take you to Grand-Remous and its 102-metre covered bridge, the Savoyard Bridge. Take a few minutes to admire the view from its lookouts and read the descriptive panels that tell the story of the region. Near the church, take a break at the new roadside rest area, with its panoramic view of the Gatineau River. A little further on lies the Baskatong Reservoir, and outdoor lovers will be keen to book a stay with one of the local outfitters. And if you enjoy fishing, be sure to visit the Walleye Interpretation Centre!**

## Lac-Sainte-Marie

**607 inhabitants**

lac-sainte-marie.com

**The jewel of the Vallée-de-la-Gatineau, nestled among majestic mountains, the scenic municipality of Lac Sainte-Marie has become a favourite of vacationers and outdoor enthusiasts. In 1928, following the development of the Paugan hydroelectric dam, the village was flooded and relocated. The flood transformed the lake that gave the village its name into a larger and more beautiful one, much enjoyed by tourists, who soon began building cottages on its shores. Key local attractions include Mont Ste-Marie, a popular destination for golfers and downhill skiers!**

## Low

**1,027 inhabitants**

lowquebec.ca

**Just north of Wakefield, the municipality of Low invites you to discover the Gatineau River at the level of the Paugan Dam, as well as the Trans Canada Trail, which leads north. Low's first residents, of Irish origin, settled here in the early 19th century, and today, the residents of Low are known for their volunteerism and community spirit.**

## Maniwaki

**3,844 inhabitants**

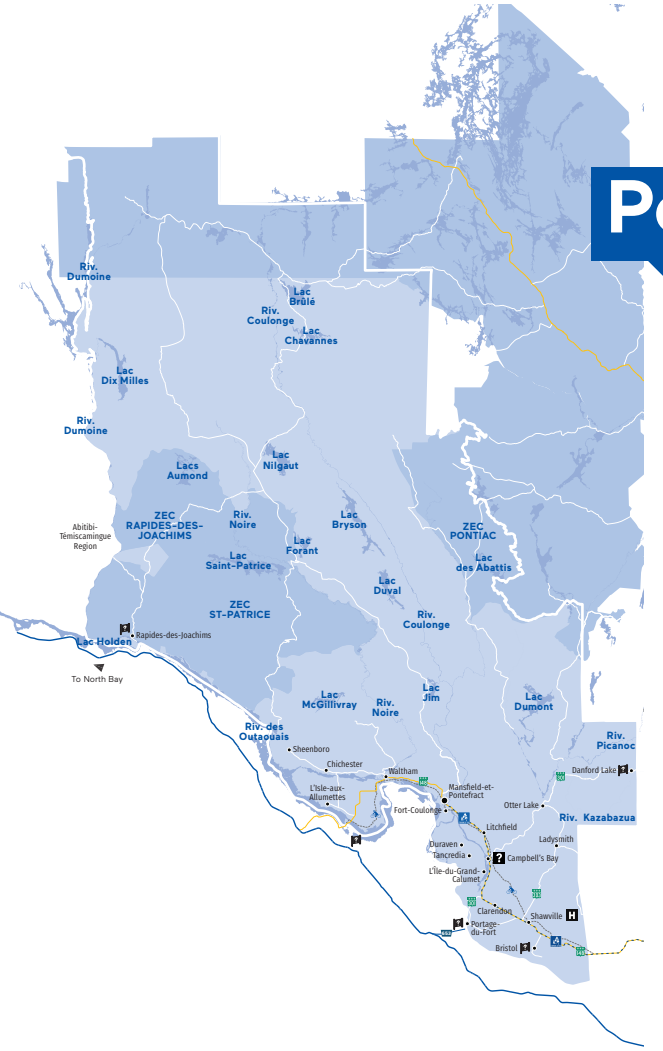
ville.maniwaki.qc.ca

**Located 90 minutes north of Gatineau–Ottawa, Maniwaki has many fascinating activities to offer. Take a stroll on the picturesque boardwalk along the Désert River, and follow the pedestrian trail to the nearby golf course. You're not far from the Forest Fire Prevention History Interpretation Centre and the Désert River, where you can enjoy an excursion in a rabaska canoe. To fully appreciate Maniwaki's hospitality and dynamism, don't miss the Festival d'été de Maniwaki, the Whitewater Festival and the Pakwaun winter festival, whose name means "thaw" in the Algonquin language.**



Véloroute des Draveurs

© R. David




# Sector Pontiac

**Fun fact: the Outaouais has its very own Far West! Fall under the spell of the unspoiled beauty and rich history of the Pontiac, one of the region's best-kept secrets. Here, the Ottawa River reveals itself in all its glory, and the rocky outcrops of the Canadian Shield dominate the landscape. Explore the area by bicycle along the PPJ Cyclopark, a 92-km trail built on an old railroad bed. Tame the Ottawa River, Canada's best rafting river. History and outdoor adventure meet at Coulonge Falls Park, with its giant zip lines and Via Ferrata, a climb/walk along the rock face of the Coulonge River canyon!**

| 9 Great Outdoors | 2 Culture and Living History | 3 Events | 11 Additional activities |
|---|---|---|---|

▼ Classified in alphabetical order

## Bryson

**705 inhabitants**

mrcpontiac.qc.ca/en/mrc/municipalities/bryson

**When it was founded in 1856, Bryson was known as "the little port of Havelock," and served as the transfer point for goods shipped between the upper Ottawa River and the lower townships. It was also the county seat until 1914, when a fire destroyed most of the village. Today, this historic riverside community is a landmark for thrill seekers thanks to Rafting Momentum, which offers an unforgettable whitewater experience. Bryson is a place well worth discovering!**



Rafting Momentum

## Fort-Coulonge

**1,425 inhabitants**

fortcoulonge.qc.ca

**It was here, in 1695, that Nicolas D'Ailleboust, Sieur de Coulonge, established the region's first fur trading post. The legacy of 19th-century lumber baron George Bryson endures in the municipality's superb architectural heritage. Stroll through the village and admire three magnificent Victorian homes, including "Spruceholme," built by George Bryson, Jr. and now being run as an inn, meticulously restored with many of its original furnishings and archival photographs. Discover the rich religious heritage of Fort Coulonge, and admire the many beautiful stained-glass windows.**

## L'Isle-aux-Allumettes

**1,339 inhabitants**

isle-aux-allumettes.com

**When the first fur traders arrived in the region, they found this island already inhabited by Algonquin people who also controlled river access. In 1686, Captain Chevalier de Troyes, leading a military expedition up the Ottawa River, remarked upon passing L'Isle-aux-Allumettes (the name means "island of matches"), "A Jesuit priest passing through here another time left behind a box of matches he always carried to start a fire. That is how L'Isle-aux-Allumettes got its name." In 1849, there were 150 Catholic families and 25 Protestant families living here. Discover this island rich in history, part of the Chemins d'eau tourist route.**



Head West to the Pontiac Cycling Route

## L'Île-du-Grand-Calumet

**665 inhabitants**

île-du-grand-calumet.ca/en

**Île-du-Grand-Calumet (Calumet Island) has always been famous for its world-class rapids. "Calumet Fever" was a term used by the log drivers of yore to describe their fear of crossing the treacherous rapids. Today, the island is an ideal playground for whitewater enthusiasts, canoeists, kayakers and wilderness campers. With its rich history closely linked to the Ottawa River, Île-du-Grand-Calumet is a landmark of the Chemins d'eau tourist route.**

© R. David, Rafting Momentum

Classified in alphabetical order

## Litchfield

**454 inhabitants**

litchfield-qc.ca

**Forestry and agriculture may have attracted the first pioneers to this area, but it's the beautiful landscapes that will keep you there! The plain of Vinton in the town of Litchfield affords stunning views of Grand Calumet Island. The PPJ Cyclopark bike trail runs through the town and along the Ottawa River, inviting visitors to discover this magnificent territory. A top spot for sunset-watchers!**

## Mansfield-et-Pontefract

**2,330 inhabitants**

mansfield-pontefract.com

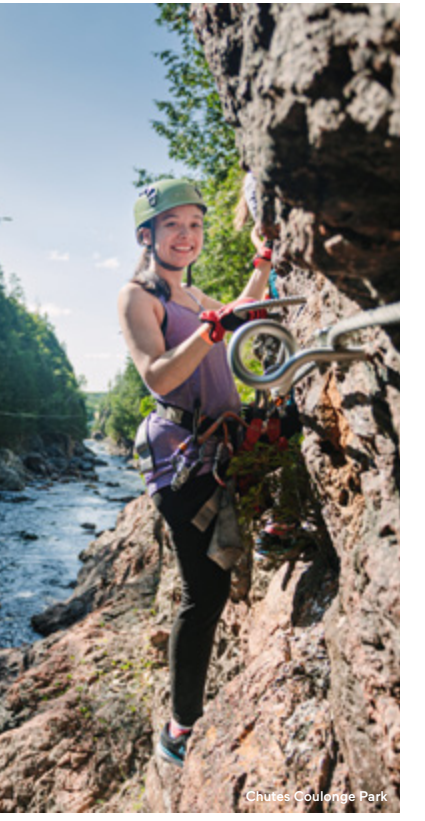
**Discover the rich heritage of Mansfield-et-Pontefract! Visit the George Bryson House, built in 1854 by a local lumber baron and valley pioneer. At 148.6 metres, the Félix Gabriel Marchand bridge, built in 1898, is Quebec's longest covered bridge still accessible to cars. It was declared a historic monument in 1988. Be sure to visit Coulonge Falls Park with its impressive cataract flowing into a canyon, stop in at the PPJ Cyclopark, and enjoy a host of outdoor activities, including golf, cross-country skiing, rafting and kayaking.**

## Otter Lake

**933 inhabitants**

otterlakequebec.ca

**The municipality, located one hour drive from Gatineau-Ottawa is surrounded by lakes and forests where locals and tourists practice fishing, hunting and camping. Outdoor lovers can enjoy hiking and ATV'ing on Otter Lake's many trails. Mountain bike adrenaline chasers can test their limits on the more treacherous mountain trails. And during the winter, it's by dog sled and snowmobile that the true natural beauty of the Canadian Shield is revealed. In the village you can find many services.**

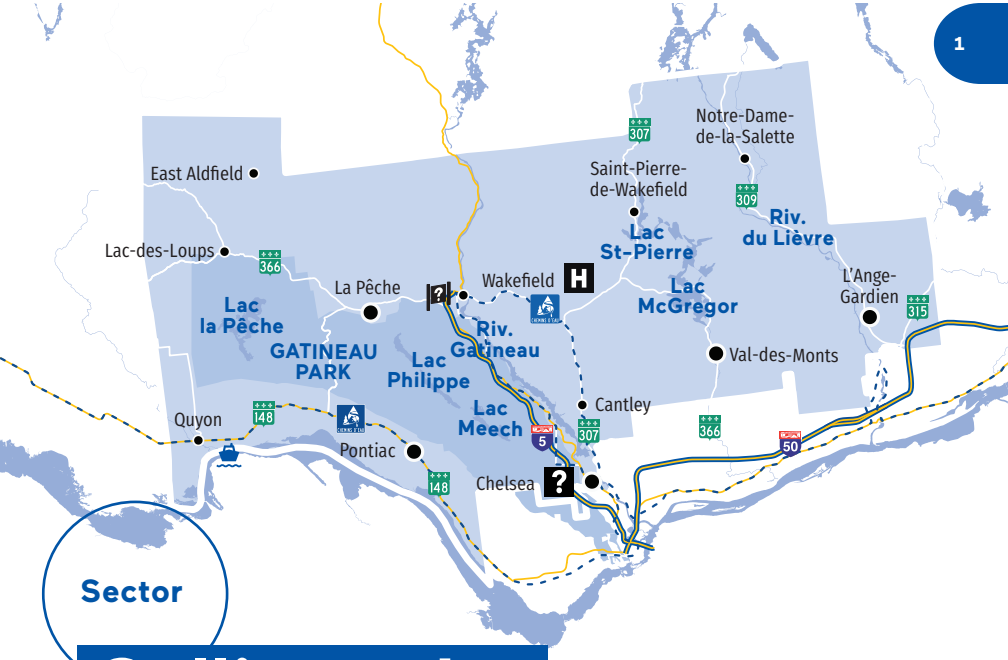


Chutes Coulonge Park



© FIVE2NINE

1




Sector

# Collines-de-l'Outaouais

**Just north of Gatineau lie the Collines-de-l'Outaouais, known for their quaint villages and beautiful landscapes. Discover Chelsea and Wakefield, with their specialty boutiques, fine restaurants, art galleries, and artist studios. Spend a night by the Maclaren Falls at the Wakefield Mill Hotel & Spa. Navigate a water labyrinth in a pedal boat at Eco-Odyssée. Zoom down the water slides at Mont Cascades Waterpark. Twelve months a year, explore Gatineau Park's 361 square kilometres of natural wilderness, and take a tea break at the Mackenzie King Estate. Adventurous types can soar above the treetops in our aerial parks and venture deep underground in the Laflèche Cave.**

| 18 Great Outdoors | 6 Winter Fun | 12 Local Flavours | 24 Additional activities |
|---|---|---|---|

▼ Classified in alphabetical order

## Cantley

**11,126 inhabitants**

cantley.ca

**Located a short distance north of Gatineau–Ottawa, the municipality of Cantley offers a range of recreational tourist activities. Local attractions include an 18-hole golf course, a water park, a downhill ski centre, a campground, several B&Bs, and the high-end, European-inspired AmeriSpa Spa Nordique. The town's numerous natural features, including forested hills, the Gatineau River (the town's north-south boundary), and abundant flora and fauna, make Cantley a prime destination for outdoor activities and a desirable community for young families seeking a balanced lifestyle.**

## Chelsea

**7,012 inhabitants**

chelsea.ca

**The gateway to Gatineau Park, the rural municipality of Chelsea prides itself on its culture and its picturesque setting. The town's art galleries, boutiques, cafés, restaurants and other gourmet stops give the town an incomparable charm that is felt Year-round. The municipality is also proud of its heritage, having designated two cemeteries as historic sites and developed the Meech Creek Valley Route.**

## Destination Wakefield–La Pêche

destinationwakefield.com

**Only 20 minutes north of Ottawa, Wakefield is a popular tourist destination for visitors from the Nation's Capital and other major cities. Wakefield offers a warm welcome with a variety of cafés, pubs, galleries, boutiques, and a lively and eclectic arts scene. For the outdoor enthusiast, Wakefield is a four-season playground with access to Gatineau Park and the Gatineau River for cross-country skiing, snowshoeing, canoeing, hiking, cycling and more. Come and experience Wakefield today!**



Mackenzie King Estate



© National Capital Commission

▼ Classified in alphabetical order

## L'Ange-Gardien

**5,719 inhabitants**

municipalitedelangegardien.com

**Bounded by the Lièvre River, the territory of l'Ange-Gardien offers a multitude of recreational tourism activities and natural attractions that will appeal to everyone: cycling, canoeing, cross-country skiing, camping, and an outdoor centre. Depending on the season, you can indulge your sweet tooth at a maple sugar shack, pick your own berries and sample regional products, or go cross-country skiing on beautiful trails.**

## La Pêche (Wakefield)

**8,075 inhabitants**

villelapeche.qc.ca

**Flanked by the magnificent hills of Gatineau Park and the Gatineau River, the municipality of La Pêche, north of Gatineau, is a true paradise for leisure seekers and vacationers. Among the several towns and municipalities that were merged to create La Pêche is the historic village of Wakefield, with its unique character and laid back way of life. La Pêche is the site of several annual festivals and cultural events, as well as an aquatic maze stretching over 6 km.**

## Notre-Dame-de-la-Salette

**762 inhabitants**

muni-ndsalette.qc.ca

**Less than an hour's drive from Gatineau, Notre-Dame-de-la-Salette nestles among the hills by the Lièvre River. It's a prime destination for outdoor activities, including golf, fishing, and ATV riding. For a family outing, nothing beats a day at the beach at Argile Lake! For a longer stay, reserve a spot at the campground or a room at the hotel, conveniently close to everything. When night falls, enjoy the unlimited free stargazing!**

## Pontiac

**5,923 inhabitants**

municipalitepontiac.com

**Located west of Gatineau, between the Eardley Escarpment and the Ottawa River, the municipality of Pontiac offers many attractions just waiting to be discovered. If you're a fan of local products, you'll enjoy meeting organic market gardeners, visiting vineyards, admiring exceptional natural features such as the Luskville Falls and dazzling starry skies (thanks to AstroPontiac), or exploring the area by bike or snowmobile. Over Thanksgiving weekend, discover the wares of local artists and agrifood industry artisans at the Foire Champêtre de Pontiac.**

## Val-des-Monts

**12,921 inhabitants**

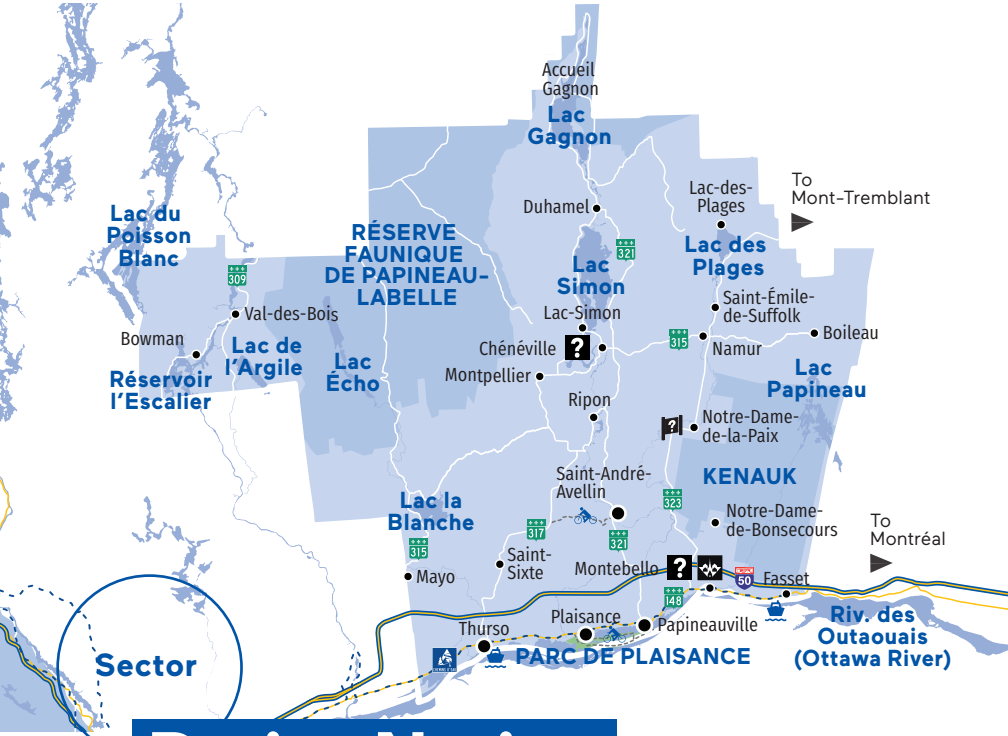
val-des-monts.net/en

**The municipality of Val-des-Monts invites visitors to enjoy nature to the full, with a wide variety of outdoor activities and amazing natural features, including Arbraska Laflèche. The town and surrounding area are home to cozy B&Bs and campgrounds, snowmobile trails, hiking and snowshoe trails, sugar shacks, beaches and boat ramps. The area's rolling hills, lush forests and abundant native flora and fauna make Val-des-Monts a popular spot for vacationers, cottagers and nature lovers.**



Gatineau River near the Wakefield Bridge

© OneDayOneTravel




# Petite Nation

**The easternmost territory in the Outaouais, Petite Nation is a prime destination for those in search of an authentic local experience. Discover the boutiques and galleries of Montebello, or clear your head with an invigorating bike ride in Plaisance National Park or a hunting or fishing trip in the Papineau-Labelle Wildlife Reserve. As for accommodation, the choice is yours, from the luxurious Fairmont Le Château Montebello to the hospitable Auberge Couleurs de France, the Lac-Simon tourist resort, or a cabin near the wolves' enclosure at Parc Omega! Explore this treasure-filled region in five ways with the Petite Nation's rustic tour routes.**

| 18 Great Outdoors | 26 Accommodations | 15 Local Flavours | 20 Additional activities |
|---|---|---|---|

▼ Classified in alphabetical order

## Chénéville

**762 inhabitants**

ville.cheneville.qc.ca

**The municipality of Chénéville is located in the heart of the Petite Nation La Lièvre, at the intersection of Routes 315 and 321. Its vast green spaces and surrounding mountains offer year-round possibilities, including hiking, wildlife observation, tube sliding, and snowshoeing. Chénéville is also home to a wealth of local artisanal talent: food products, furniture, visual art and handicrafts, boutiques and art galleries. It also has accommodation, restaurants, a health and wellness centre, and many other businesses.**

## Duhamel

**431 inhabitants**

municipalite.duhamel.qc.ca

**A prime destination for outdoor lovers, Duhamel has more than 50 km of hiking and snowshoeing trails (part of Quebec's National Hiking Trail) offering spectacular views of the surrounding countryside. This vast forested territory attracts fishers and hunters as well as ATV and snowmobile enthusiasts, and is also popular for cycling, canoeing, river tubing, cross-country skiing, skating and ice fishing. Winter brings a special treat: deerwatching right in the village!**

## Lac-Simon

**961 inhabitants**

lac-simon.net

**A popular spot for water sports and relaxation, Lac-Simon is renowned for its beautiful lake, sandy beach and tourist resort. There are lots of summer activities, including the annual municipal fireworks display and the "Tour du Lac-Simon" cycling event that are ideal for families and groups of friends. And if you're a fan of winter sports, you'll enjoy the snowmobile and cross-country ski trails.**

## Lac-des-Plages

**449 inhabitants**

lacdesplages.com

**Founded in 1950, the municipality of Lac-des-Plages is a vacation destination located on Route 323, at the gateway to the Laurentians, 40 km from Mont Tremblant. Most of the development has sprung up around the territory's many lakes, especially Lac des Plages, and the region is served by an extensive network of regional and provincial snowmobile and ATV trails. Relax on a camping trip and have fun exploring these new trails.**



Montebello train station

© R. David

Classified in alphabetical order

## Montebello

**969 inhabitants**

montebello.ca

**In May 1855, Louis-Joseph Papineau named his property "MonteBello," and in 1878, the town was officially founded. The spirit of the Papineau family can still be felt at the Manor, in the family burial chapel and in the village, where history has been well preserved. Located on the bank of the Ottawa River and with two marinas, it's a top vacation spot offering a wide array of activities, including golf, horseback riding, cross-country skiing, snowshoeing, hiking, hunting and fishing. It's also home to two very popular attractions, the Château Montebello and Parc Omega.**

## Montpellier

**1,019 inhabitants**

montpellier.ca

**Located halfway between Gatineau and Mont-Tremblant, Montpellier will charm you with its many diverse activities, such as the unique Festiv'Arts de Montpellier. Sites like Lac Croche and Lac Mulet are ideal year-round destinations for nature lovers seeking a calm, rustic setting. Enjoy fishing, skating and snowshoeing, discover the walking trails and snowmobile and ATV trails, and play a round of golf in a breathtaking setting at the Montpellier Golf Club.**



Plaisance Falls



Parc Omega

## Notre-Dame-de-la-Paix

**672 inhabitants**

notredamedelapaix.qc.ca/tourisme

**The municipality of Notre-Dame-de-la-Paix is located north of Papineauville, in a 20,000-year-old valley carved by glaciers and surrounded by hills. The village is on the shore of the Petite Rouge River, which originates north of Lac des Plages and flows into the Petite Nation River. Stay a while, and enjoy this enchanting setting!**

## Plaisance

**1,110 inhabitants**

ville.plaisance.qc.ca

**Located on the edge of a provincial park, Plaisance has a great reputation for both cultural and outdoor activities. Enjoy a picnic at the Plaisance Falls historic site. Thanks to their 63-metre drop, the falls were a determining economic factor in the decision to establish the former village of North Nation Mills, which is now only a memory. A lookout, observation areas, a hiking trail and an interpretation centre allow you to admire the site's natural beauty and learn about the history of the region.**



© M. Foote, Clo & Clem

▼ Classified in alphabetical order

## Ripon

**1,620 inhabitants**

ville.ripon.qc.ca

**Located in a beautiful setting at the foot of the Montagnes Noires, the municipality of Ripon is known for its arts community and agritourism. It's home to artists, artisans, and organic farmers specializing in quality local products that can be sampled and purchased at the Marché public de la Petite-Nation. Ripon's Outdoor Adventure Centre is open Year-round, and a hilltop lookout (altitude 426 metres) provides a spectacular view of the area. Access to all trails and facilities, including outdoor parking, is free.**

## Saint-André-Avellin

**3,701 inhabitants**

ville.st-andre-avellin.qc.ca

**The municipality has numerous attractions to discover, amid landscapes that are typical of the Quebec countryside. Stop in at the Pioneer Museum and learn about local heritage, and visit the Centre d'action culturelle with its year-round program of cultural events and exhibitions. Explore the Louis-Joseph Papineau cycling trail, and come on down to the Western Festival and the TWIST fibre festival. There's lots to see and do in Saint-André-Avellin!**

## Thurso

**2,873 inhabitants**

ville.thurso.qc.ca

**Visit the town hall to admire Place Guy-Lafleur with its magnificent 2.5-metre bronze statue of the legendary hockey player. You can get to Thurso by ecological ferry from Clarence-Rockland, and enjoy easy access to Plaisance national park and the ornithological attractions of the Thurso marsh.**

## Val-des-Bois

**881 inhabitants**

val-des-bois.ca

**With its beautiful natural setting on the shore of the Lièvre River, Val-des-Bois is a great spot for outdoor activities. The river and the many surrounding lakes and forests are ideal for hunting and fishing, while vacationers enjoy the area's four campgrounds and extensive hiking trails. Winter pursuits include cross-country skiing, snowshoeing, snowmobiling and ATV riding, and the waterfront views are spectacular in any season.**



Amélie Blanchard, Twist Fibre Festival

© M. Baril-Tessier




# Local Flavours in Petite Nation

**2** days

**75** total km

**8** destinations

**This route takes you to the Petite Nation, known for the vigour and quality of its agrotourism. Meet passionate and fascinating artisans, and spend the night in a mythical castle (with a fantastic restaurant)! For an unforgettable experience, visit the highly popular Parc Omega wildlife park.**



1 **Fromagerie Montebello**

687A Notre-Dame St.
Montebello

**Find Out More p.44**



2 **ChocoMotive**

502 Notre-Dame St.
Montebello

**Find Out More p.45**



3 **Les Brasseurs de Montebello**

485 Notre-Dame St.
Montebello

**Find Out More p.46**



4 **Fairmont Le Château Montebello**

392 Notre-Dame St.
Montebello

**Find Out More p.120**

© Tourisme Québec/G. Leroyer, Fromagerie Montebello, Chocomotive, M. Baril-Tessier, Hôtels Fairmont






5

## Parc Omega

399 Rt. 323 North
Montebello

**Find Out More p.63**



7

## Le Brasse-Camarade Dépanneur spécialisé

71 Principale St.
Saint-André-Avellin

**Find Out More p.48**



6

## Le Café du Bistrot

198 Principale St.
Saint-André-Avellin

**Find Out More p.140**



8

## Fromagerie Les Folies Bergères

955 Rt. 317
Saint-Sixte

**Find Out More p.44**

© Tourisme Québec/G. Leroyer, Café du Bistrot, M. Baril-Tessier, Fromagerie Les Folies Bergères



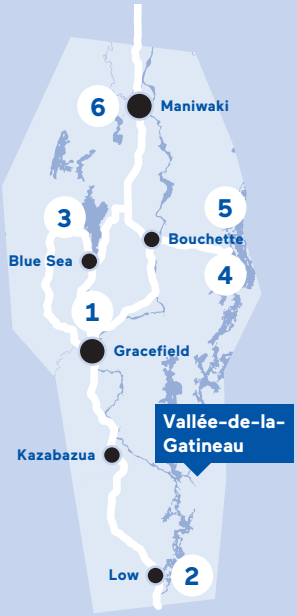

# Great Outdoors in the Vallée-de-la-Gatineau

**The Vallée-de-la-Gatineau is beautiful, and it deserves to be discovered at leisure! Bicycle through a varied landscape along a former railway line. Climb Mont Morissette, explore Thirty-One-Mile Lake, and sleep one of its islands!**

| | |
|---|---|
| **3** | **days** |
| **89** | **total km** |
| **6** | **destinations** |



© Ouisurf






## 1 Carpe Diem aventures

95 St-Joseph St.
Gracefield

**Find Out More p.68**



## 4 Parc régional du lac 31 milles

353 Lac 31 milles SR
Bouchette

**Find Out More p.65**



## 2 Véloroute des Draveurs

Vallée-de-la-Gatineau
Low to Messines

**Find Out More p.53**



## 5 L'Huile d'Olive

353 Lake 31 Milles SR
Bouchette

**Find Out More p.141**



## 3 Mont Morissette Regional Park

Lac Long Rd.
Blue Sea

**Find Out More p.65**



## 6 Auberge du Draveur

85 Principale St. North
Maniwaki

**Find Out More p.121**

© M. Baril-Tessier, Les Productions BelCanto, V. Pétrin, Ouisurf, L'Huile d'Olive, Auberge du Draveur




# Gatineau: Vibrant City and Festivities

**Explore Quebec's fourth largest city, almost entirely on foot! Almost, because on this route you'll also be taking a taxi. That floats. And goes across the Ottawa River. Discover such key attractions as Canada's most visited museum and the wine bar owned by our favourite sommelière.**

**2** days

**15** total km

**8** destinations



## 1 Canadian Museum of History

100 Laurier St.
Gatineau

**Find Out More p.90 & ad. p.160**



## 2 Downtown Gatineau's Culture Trail

Downtown
Gatineau

**Find Out More p.15**



## 3 Brasseurs du Temps

170 Montcalm St.
Gatineau

**Find Out More p.134**



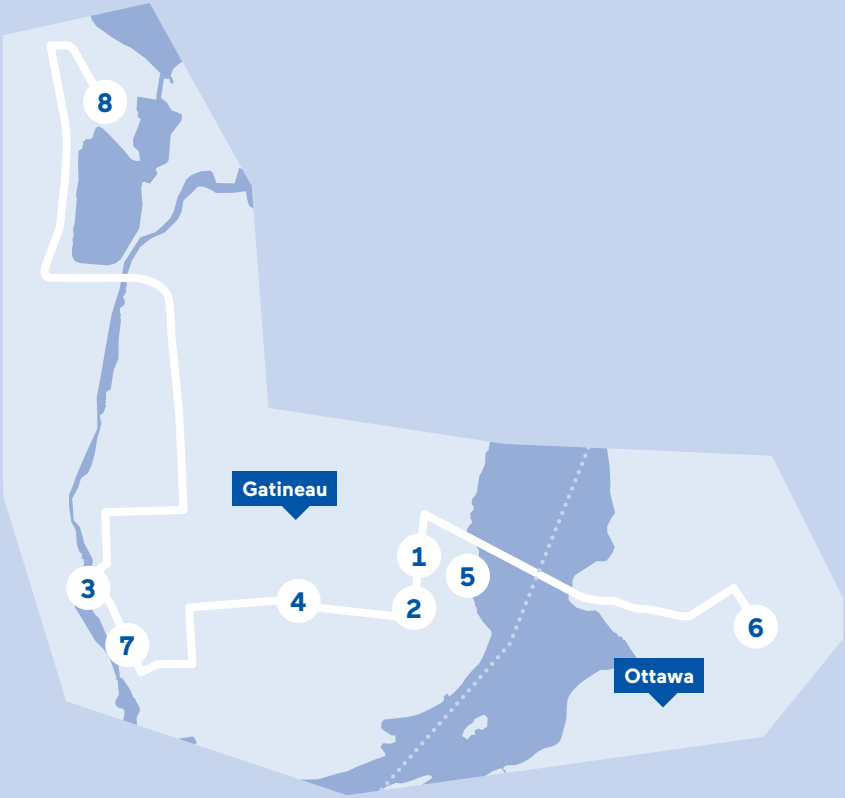
## 4 Les Suites Victoria

1 Victoria St.
Gatineau

**Find Out More p.119**



© M. Foote, R. David, S. Lavallée. M. Baril-Tessier






## 5 Au feel de l'eau Aqua-Taxi

100 Laurier St.
Gatineau

**Find Out More p.148**



## 7 Soif – Bar à vin

88 Montcalm St.
Gatineau

**Find Out More p.142 & ad. p.144**



## 6 ByWard Market

55 ByWard Market Square St.
Ottawa

**Find Out More p.48**



## 8 Casino du Lac-Leamy

1 Casino Blvd.
Gatineau

**Find Out More p.77**

© M. Foote, Canadian Tourism Commission, G. Leroyer, Société des casinos du Québec




# Winter Fun in the Collines-de-l'Outaouais

**3** days

**80** total km

**8** destinations

**Fall in love with the Collines, whose laid-back vibe is sure to win you over. Enjoy a wide variety of activities, including hiking in Gatineau Park, relaxing at the spa, skating in the forest, savouring a gourmet dinner, discovering unique shops, and staying in a historic mill.**



1

## Biscotti & cie

6 Scott Rd.
Chelsea

**Find Out More p.132**



2

## Gatineau Park

33 Scott Rd.
Chelsea

**Find Out More p.36**



3

## Nordik Spa-Nature

16 Nordik Rd.
Chelsea

**Find Out More p.63 & ad. p.2**



4

## Les Fougères Restaurant

783 Rt. 105
Chelsea

**Find Out More p.132**



© National Capital Commission (NCC), Barrons-Nous, NCC, Photolux, M. Baril-Tessier






## 5 Wakefield Mill Hotel & Spa

60 Mill Rd.
La Pêche

**Find Out More p.118**



## 7 The Wakefield Confectionery

817 Riverside Rd.
Wakefield

**Find Out More p.48**



## 6 Skating through the forest "in the heart of Lac des loups"

9 Beausoleil SR
Lac-des-Loups

**Find Out More p.99**



## 8 Khewa

737 Riverside Rd.
Wakefield

**Find Out More p.87**

© M. Baril-Tessier, Entre2Escales, M. Baril-Tessier, M. Baril-Tessier



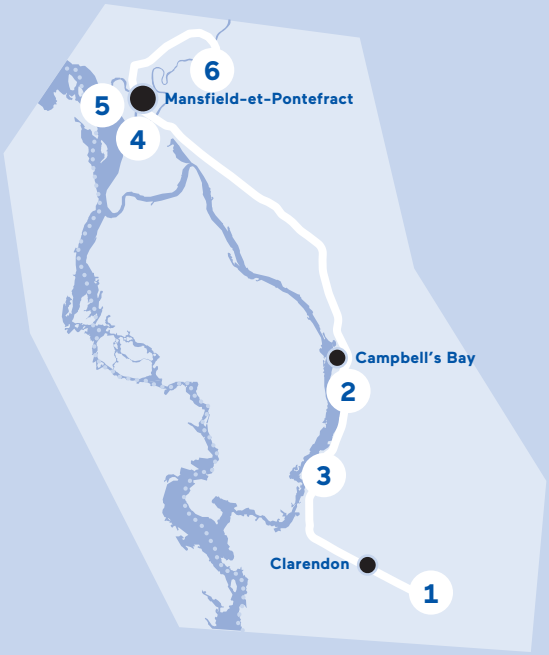

# Great Outdoors in the Pontiac

**Adventure in Nature sums up this route well. Have you ever ziplined over a canyon or shot down river rapids in a raft? Follow in the footsteps of the log drivers, and spend the night in a lumber baron's heritage home.**

| | |
|---|---|
| **2** | **days** |
| **61** | **total km** |
| **6** | **destinations** |



© FIVE2NINE






## 1 Little Red Wagon Winery

165-C Calumet Rd. West
Clarendon

**Find Out More p.49**



## 4 Auberge Spruceholme Inn

204 Principale St.
Fort-Coulonge

**Find Out More p.124**



## 2 PPJ Cyclopark

Wyman to Isle-aux-Allumettes

**Find Out More p.54**



## 5 George Bryson Cultural House

314 Rt. 148
Mansfield-et-Pontefract

**Find Out More p.87**



## 3 Rafting Momentum

1041 Rt. 148
Bryson

**Find Out More p.67**



## 6 Chutes Coulonge Park

100 Parc-des-Chutes Drive
Mansfield-et-Pontefract

**Find Out More p.64**

© M. Baril-Tessier, Tourisme Pontiac, M.C. Charron, Auberge Sprucelholme Inn, Outaouais Tourism, FIVE2NINE









Pontiac Outaouais

## Explore the tradition

tourisme-pontiac.com
1-800-665-5217
#pontiacnature



© Tourisme Québec/G. Leroyer

# 2

# Travel by Experience


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84 → Culture and Living History

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112 → Business Events

# Local Flavours



**Thanks to its unique climate and geography, the region boasts one-of-a-kind local products. Characterized both by tradition and multiculturalism, Québec culinary culture is a treat for the senses. Whether gourmet or classic, our flavours are creatively showcased by renowned chefs.**

▼ Classified by sub-themes in alphabetical order

## Artisanal Cheese Makers

**Gatineau**

### La Trappe à fromage

P

200 Bellehumeur St.
819 243-6411 – trappeafromage.com/en
Open: Year-round

La Trappe à fromage specializes in artisanal cheese making, ranging from its famous fresh-daily cheese curds to house cheddars and specialty cheeses such as L'Attrappe-Cœur, house "Brie," and La Belle Humeur raclette cheese. The shop sells a wide array of local and regional products, and over 350 of the world's finest cheeses. Also on site are microbrewery beers, a fresh bakery, and a fine foods and deli section. Take home a delicious meal prepared by Chef Patrick Lehoux. Free product tastings. Come see how cheese is made!

**Petite Nation**

### Montebello

#### Fromagerie Montebello

♿P

687A Notre-Dame St.
819 309-0541 – fromagerie-montebello.ca
Open: Year-round

Opened in 2011, the Fromagerie Montebello creates quality products that attract visitors from around the region and beyond. It sells locally made fresh cheese, cheese curd, cheese strings and fine cheeses, as well as a selection of cheeses from across Quebec. Other local specialties include fresh bread, homemade pâtés and jams, and (in summer) sandwiches (panini). If you love cheese, be sure to stop by!

### Saint-Sixte

#### Fromagerie Les Folies Bergères

$P

955 Rt. 317
819 983-4010 – lafromagerielesfoliesbergeres.ca
Open: Year-round

Les Folies Bergères is an artisanal cheese factory specializing in cheese made from sheep's milk produced by its own flock of ewes. It also sells a line of sheep and goat milk products, cheddar made fresh daily from cow's milk sourced from nearby farms in the Petite Nation, farm-raised meat (lamb and pork), and prepared foods. All products are made by hand, with an emphasis on quality and authenticity.


© Canadian Tourism Commission

# Chocolate Makers

## Gatineau

### Chocolats Favoris

455 De la Gappe Blvd.
819 968-8133 – chocolatsfavoris.com
Open: Year-round

Discover the magic of chocolate at Chocolats Favoris! Take a seat on the patio and enjoy one of the many chocolate surprises, such as the famous ice cream topping that comes in 12 amazing flavours, also available for fondue. The chocolate shop and ice cream parlour are open all year round. Rooted in age-old traditions, Chocolats Favoris offers a unique atmosphere where liquid chocolate rules!

### Rochef Chocolatier

81 Jean-Proulx St.
819 205-0533 – rochef.ca/en
Open: Year-round

Rochef Chocolatier is the supplier of choice for many Quebec businesses, including butcher shops, specialty food shops, corporate clients and more. Co-owner and chocolatier Roch Fournier is a winner of the international Québec Wallonie Bruxelles award (Quebec Entrepreneurship Competition). Rochef Chocolatier's product line features fine chocolate truffles, gift baskets, and an impressive range of dark chocolate bars for connoisseurs. Rochef chocolates are lovingly hand made in Gatineau. Check the website for the many points of sale.

## Petite Nation

### Montebello

### ChocoMotive

502 Notre-Dame St.
819 423-5737 – chocomotive.ca
Open: Year-round

ChocoMotive is an artisanal chocolate company that uses authentic know-how to make its products. Visit the chocolate shop, watch chocolate being made in the open workshop, and learn about chocolate around the world! ChocoMotive offers a traditional array of pralines and seasonal molded treats, as well as an assortment of organic and fair-trade chocolates made with local and Indigenous ingredients. ChocoMotive is a member of the international Economuseum network. Guided tours for groups of 12 or more available on request.

# Country-style Dining Tours

## Gatineau

### Outaouais Bite Into It!

819 281-7676 – croquezoutaouais.com/en
Open: Year-round

In the Outaouais, you can buy your meat, fruit and vegetables directly from the farm. Pick your own produce, meet food producers and processors at one of the local farmers' markets, discover restaurants that serve local products, or savour a "table champêtre" (country-style dining). For a calendar of agritourism events in the Outaouais, visit the website.

### Outaouais Gourmet Way

Outaouais
819 281-7676 – outaouaisgourmetway.com/en
Open: Year-round

The Outaouais Gourmet Way is an agritourism route that proposes gourmet stops—that is, a variety of destinations where local businesses share the wealth of their craft by offering samples of products you can enjoy while visiting the very place where they are made. Come meet our region's artisans and discover the many flavours of the Outaouais. Let the Gourmet Way work its magic!


ChocoMotive

© T. Lush

# Microbreweries and Distilleries

## Gatineau

### Artist in Residence

243 Bombardier St.
819 777-4800 – 1 844 735-8800 – airdistillerie.com/en

Artist in Residence is an ultramodern artisanal microdistillery located on the edge of the City of Gatineau. AiR Distillerie is the first microdistillery in the Outaouais region, with one of the largest artisanal production capacities in the country. Come discover the distillery and its new way of thinking and crafting. Guided tours and spirits tastings are available by appointment.

### Brasserie du Bas-Canada

455 La Gappe Blvd., Local 103
819 525-6162 – brasseriebascanada.com
Open: Year-round

Brasserie du Bas-Canada is located in Gatineau, Outaouais. Proudly independent, its mission is to create quality craft beers and contribute to the development of Quebec's brewing culture.

### Brasseurs du Temps

170 Montcalm St.
819 205-4999 – brasseursdutemps.com/en
Open: Year-round

Located on the very premises of a brewery originally owned by Philemon Wright, the founder of Hull Township, Les Brasseurs du Temps restores the Brewery Creek site to its original purpose. Les Brasseurs du Temps microbrewery is a beacon that makes downtown a tourist, cultural and social destination.



Les Brasseurs de Montebello

### Gainsbourg

9 Aubry St.
819 777-3700 – gainsbourg.ca/en
Open: Year-round

Gainsbourg is a bistro restaurant and microbrewery located in the historic district of Old Hull, Gatineau. This place is all about the pleasures of good food and drink in a pub style establishment; the pleasures of music and songs; the pleasures of a gastropub style menu and a selection of microbrews on tap and in bottles from throughout Quebec and high quality brewed in a microbrewery in the forefront. The smell of grain that welcomes us, barn wood, the intimate stage on which big names have already played, the staff considers you a host of choice. You are at home here.

## Petite Nation

## Montebello

### Les Brasseurs de Montebello

485 Notre-Dame St.
819 309-0807 – brasseursdemontebello.com
Open: Year-round

The Brasseurs' mission: produce and serve quality beers, promote the heritage of the Outaouais, its artists and its community. With its warm atmosphere the Pub des Brasseurs de Montebello stands out and is the ideal place for a 5-7 or meeting with friends. Regular shows Saturday all year and on the patio on weekends during the summer. Always evolving, their gastronomic offer is constantly renewed. Paninis, Pizzas, Bison Nachos frayed at " Miss Beety ", cheese platter, Fried Jalapeno, Fried Pickle, etc.



© M. Baril-Tessier

# Pick-your-own

## Gatineau

### Courges et cie

59 Myre Rd.
819 663-0089 – courgescie.com
Open: August to November

Enjoy the beautiful autumn days at Courges & cie, an agritourism farm located in Gatineau, less than 15 minutes from downtown Ottawa. Come pick your own fruit or browse the market to choose from over 150 varieties of squash and pumpkins and over 50 varieties of tomatoes. Sample the farm's wood-fired pizza, crêpes bretonnes, squash donuts, poutine, fries, and soups. Take home one of their home-cooked meals.

### Potager Eardley

398 Eardley Rd.
819 684-0273 – potagereardley.com
Open: June to October

This agritourism farm grows fruits and vegetables, including strawberries, raspberries, blueberries, sweet corn, pumpkins, and squash. Experience the pleasure of picking your own fruit. Potager Eardley also makes artisanal ice cream, gelato, sorbet, and frozen yogurt.

## Vallée-de-la-Gatineau

### Messines

#### Ferme Au soleil levant

5 Entrée Sud Rd.
819 441-4877 – facebook.com/Fermeausoleillevant
Open: June to September

La Ferme au soleil levant ("Rising Sun Farm") in Messines planted its first berry bushes in 2009. Today, it cultivates seven varieties of honeysuckle and ten varieties of blueberries. Rich in antioxidants, these tasty berries are easy to pick and to enjoy, both raw and cooked. A charming spot for a family visit!

### Les Fruits du Sommet

9 Potvin Rd.
819 465-2026 – agrigolf.ca
Open: May to October

Located in an enchanting natural setting, Les Fruits du Sommet farm offers a unique combination of agriculture and a 9-hole, par-31 executive golf course. Play a round as you sample several varieties of berries, or pick your own among 10 varieties of raspberries (including black raspberries) and 7 varieties of blueberries. The farm stand sells fresh berries and delicious local products such as vinegar, jams and jellies, mistelle and more.

# Public Markets

## Gatineau

### Masson Flea Market

110 Georges St.
819 986-3552 – encanlarose.com/en
Open: Year-round

The largest flea market in the Outaouais! Fair-like atmosphere, music, several restaurants, snack bar, pub and patio.

### Old Aylmer farmers' market

115 Principale St.
819 661-5783 – marchevieuxaylmer.ca
Open: June to September

Located in the heart of the historic village of Aylmer, the market showcases over 40 producers, farmers and artisans from the Outaouais region. Open Sundays from June 2 to September 29 (10 a.m. to 3 p.m.), it offers activities and entertainment for the whole family.



Old Aylmer farmers' market

© Old Aylmer farmers' market

**Petite Nation**

## Ripon

**Marché public de la Petite-Nation** $ P

4 Marché St.
819 983-1848 – cooperativeplacedumarche.com
Open: May to October

Looking for a fun outing? Treat yourself to a trip to the market! You can have lunch or dinner on site, meet over a dozen local producers, and stock up on gourmet products. Depending on the season, you can buy a range of quality products, including fruits and vegetables, plants, cheese, organic flour, bread, meat, cold cuts, wine, olive oil, marinades, jams, honey, maple syrup, and personal care products.

**Ottawa**

## Ottawa

**ByWard Market** $ P

55 ByWard Market Square St.
613 562-3325 – byward-market.com/en
Open: Year-round

Established in 1826 by Lt.-Col. John By, the ByWard Market is one of Canada's oldest and largest public markets. It's also home to friendly cafés, bistros, restaurants and pubs, fine food stores, boutiques, art galleries, hairdressing and esthetic salons, and lots more! Easily accessible on foot, by transit or by car, it offers a unique experience for all. Shop – taste – experience the ByWard Market!

# Regional Products

**Collines-de-l'Outaouais**

## Chelsea

**La Cigale Ice Cream Shop** P

14 Scott Rd.
819 827-6060 – lacigaleicecream.com
Open: Year-round

This ice cream shop offers fresh, homemade ice cream created on site. It's their hands-on approach that gives La Cigale the ability to produce unique recipes such as ginger snap & chai, raspberry-champagne sorbet, coconut cashews and brownies & cream. Through the winter months they are selling their hand-rolled doughnuts, fritters, minute made doughnuts and many more. They always have gluten-free, vegan and nut-free options.

## La Pêche (Wakefield)

**The Wakefield Confectionery** P

817 Riverside Rd.
819 459-1177 – laconfiserie.ca
Open: Year-round

Since 2003, the Wakefield Confectionery has been making a variety of gourmet products: jams and jellies, chocolate, fudge, maple products, sponge toffee and more. Browse the warm and welcoming shop, stroll down memory lane in the nostalgic candy section, and find a little treat for your loved ones! The Confectionery team will also be happy to suggest gifts for special occasions (weddings, anniversaries, corporate events, etc.).

**Petite Nation**

## Saint-André-Avellin

**Le Brasse-Camarade Dépanneur spécialisé** P

71 Principale St.
819 983-1922 – lebrassecamarade.com
Open: Year-round

The charming village of St-André-Avellin now has a specialty beer store! Owners Véro and Fred have built up an impressive inventory of microbrewery beers, with new ones arriving regularly. And because one cannot live by hops alone, there's a fine food section offering a delectable array of sausages, pâtés, cheeses, marinades, chocolate, coffee and other delights, many of them produced in the Outaouais. Check it out!



Le Brasse-Camarade Dépanneur spécialisé



© M. Baril-Tessier

# Sugar Shacks

**Collines-de-l'Outaouais**

## L'Ange-Gardien

**Le Domaine de l'Ange-Gardien**

1031 Pierre-Laporte Rd.
819 281-0299 – 1 877 281-0299
domaineangegardien.com/en
Open: Year-round

A traditional sugar shack just a few minutes from the city. The two licensed reception rooms can accommodate more than 400 people, and the all-you-can-eat menu and attentive table service are ideal for large family gatherings. Sing along with the strolling singer-musician, or go for a ride on a sleigh drawn by magnificent Canadian horses. Enjoy a stick of maple taffy or buy the Domaine's maple products.

**Petite Nation**

## Papineauville

**Cabane à sucre Brazeau**

316 Côte St-Charles
819 427-5611 – cabaneasucrebrazeau.com
Open: February to April

Traditional sugar-shack meals, maple products for sale, information sessions about the maple season, and sleigh rides. Seating capacity 250 people. Live entertainment on Saturday nights and on Sundays during high season !

**Cabane à sucre Chez Ti-Mousse**

442 Côte St-Charles
819 427-5413 – cheztimousse.com
Open: February to April

Come enjoy a traditional meal! Music and dancing on Saturday nights, sleigh rides on weekends (reservations required on weekdays) and walking trails. Maple-themed guided tour, including a visit to a museum set up as an old-time kitchen.

**Vallée-de-la-Gatineau**

## Blue Sea

**Érablière Domaine du Cerf**

92 Des Pins SR
819 463-3896 – facebook.com/pages/Cabane-à-sucre-Domaine-du-Cerf/171468996294967
Open: February to April

Domaine du Cerf's licensed restaurant can accommodate about 100 people . Enjoy family activities such as outdoor slides and horse-drawn sleigh rides (by reservation). In spring, the sugar shack features products made from maple syrup (maple butter, taffy on snow, etc.). Also available, rental cottages with picturesque views.

# Vineyards

**Collines-de-l'Outaouais**

## Pontiac

**Domaine de Pontiac Village**

1259 Cimetière Rd.
819 458-3628 – domainepontiac.com
Open: May to October

Rooted in the sandy soil of the Ottawa Valley since 2007, this vineyard of 6,000 plants is located about 30 minutes from Gatineau, in the Pontiac County. The owners make red, rosé and white wines, which are available for tasting and purchase at the winery. The Domaine also hosts a small antique car museum, the only one in the Ottawa Region!

**Pontiac**

## Shawville

**Little Red Wagon Winery**

C-165 Calumet Rd. West Clarendon
819 744-0842 – littleredwagonwinery.com
Open: Year-round

Located in the Pontiac, an hour's drive from Gatineau–Ottawa, Little Red Wagon Winery offers three wines made from northern grape varieties, grown on site! You are invited to discover the winery and taste its products. You can also enjoy the works of local artists displayed in the reception room, which accommodates up to 75 guests.

# Great Outdoors



**Thanks to its parks, reserves and protected Indigenous lands, Québec's natural environment is preserved in its wild state. Shorelines, trails and thermal baths : In Québec, the outdoors is a way of life. Adventurous souls will find plenty of excitement year round.**

▼ Classified by sub-themes in alphabetical order

## Adventure Tourism

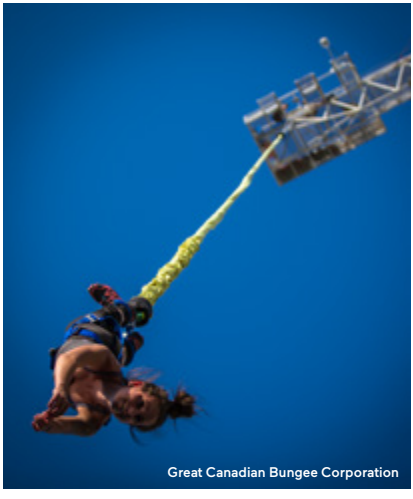
**Collines-de-l'Outaouais**

### La Pêche (Wakefield)

**Great Canadian Bungee Corporation** P

1780 Rt. 105
819 459-3714 – 1 877 828-8170 – bungee.ca
Open: May to October

Experience the thrill of a lifetime at one of the most beautiful bungee sites in the world, just 20 minutes from Gatineau. Perched 200 feet above the Morrison quarry, the jumping platform overlooks a spring-fed reservoir.



Great Canadian Bungee Corporation

**Gatineau**

**Interzip Rogers**

50 Jos-Montferrand Gatineau St.
interzip.ca
Opening planned for Summer 2020

The only interprovincial zip line in the world, linking Ottawa to Gatineau. Soar over the Ottawa River more than 36 metres in the air and enjoy a spectacular 360° view of Ottawa's Parliament Buildings, the iconic Chaudière Falls and Old Hull. ad. Inside rear cover

**Parachute Gatineau-Ottawa Skydive (GO Skydive)** P

1717 Arthur-Fecteau St.
819 669-5867 – goskydive.ca/en
Open: April to October

Located at the Gatineau–Ottawa Executive Airport, GO Skydive offers you an amazing experience! On your first tandem jump from 13,500 feet, you'll freefall at more than 200 km/h for almost a minute. After this adrenaline burst, sit back under your parachute and enjoy a bird's-eye view of the National Capital Region! Your experience will be tailored to your preferences. Whether you enjoy beautiful scenery or are always after the ultimate rush, the instructors will be happy to customize the experience for you! You want to do this... You can do this! Life begins at GO!



© Great Canadian Bungee Corporation, FIVE2NINE

**Pontiac**

## Mansfield-et-Pontefract

**Aventure Helianthe**

314 Principale St.
613 401-2997 – cooperativehelianthe.com
Open: Year-round

Aventure Hélianthe is a cooperative enterprise specializing in outdoor adventures led by experienced guides in the Davidson forest. From two- to four-day wilderness expeditions or activities for primary and secondary school groups, Aventure Hélianthe can customize its services to meet your needs. Rates include accommodation in a Cree or prospector tent and meals. The co-op is a member of Aventure écotourisme Québec and offers Skiing at School leadership camps (program sponsored by the Canadian Ski Marathon).

# Bike Rentals

**Gatineau**

**Bicyclettes de Hull**

675 blvd. Saint-Joseph
819 770-6355 – bicyclettesdehull.com
Open: Year-round

At Bicyclettes de Hull, you'll find everything you need for your cycling expedition, whether you're interested in renting a bicycle for a day trip, buying the latest equipment, or getting your bike tuned up for the season. Visit one of the oldest boutiques in Gatineau and enjoy a unique experience!

**Maison du vélo** P

350 Laurier St.
819 997-4356 – grenierpetitsportif.com
Open: May to October

Le Grenier du petit sportif rents bikes for a small fee. Come to the Maison du vélo in Jacques-Cartier Park and present photo ID (driver's licence or passport). Le Grenier du petit sportif carries a full line of bikes specially adapted for persons with disabilities, limited mobility, or visual impairments, as well as enclosed child trailers, trailer bikes and tandem bicycles. Reservations recommended for these specialized bicycles.



Maison du vélo

**Ottawa**

## Ottawa

**RentABike** P$

2 Rideau St. (Plaza Bridge, East Arch)
613 241-4140 – rentabike.ca
Open: April to October

Full-service bicycle rental with new multi-gear bicycles for all ages, all heights, all riders and all routes. Maps, helmets and locks included.

© R. David

# Canoeing and kayaking

## Gatineau

### Évasion plein air Outaouais

819 643-1911 – evasionpleinair.com
Open: May to October

It's time to escape...With a sea kayak excursion on the lakes and rivers of the Outaouais. Discover the beauty and secrets of the region's fauna, flora, history and geography. Packages of three hours and more. Family packages. Canoeing and sea kayaking school. Instructors certified by Paddle Canada and the Fédération québécoise du canot et du kayak.

### Gatineau plein air

170 Montcalm St.
819 209-2243 – gatineaupleinair.ca
Open: June to September

Gatineau plein air ("Gatineau outdoors") proposes a range of activities highlighting the many beautiful natural attractions in the urban core. Discover a whole new side of the city by participating in outdoor cultural activities in the heart of downtown!

## Vallée-de-la-Gatineau

### Montcerf-Lytton

#### Canot-camping La Vérendrye

Réserve faunique La Vérendrye
(between km. 329 & 332 on Rt. 117 North)
819 435-2331 – 1 888 435-2331
canot-camping.ca
Open: May to September

La Vérendrye Wildlife Reserve straddles the Outaouais and Abitibi-Témiscamingue regions, known for their vast stretches of wilderness and countless bodies of water. Whether you enjoy canoe-camping, sea kayaking or whitewater canoeing, you're sure to find a route that's perfect for you. Canot-camping La Vérendrye offers several services, including equipment rentals, introduction to canoe-camping, canoe workshops, maps, shuttle service and a store.

# Caving

## Collines-de-l'Outaouais

### Val-des-Monts

#### Laflèche Cave

255 Principale Rt.
819 457-4033 – 1 877 457-4033
en.arbraska.com/park/lafleche
Open: Year-round

The cave is filled with anecdotes and mysteries that will amaze you. For ten years, speleologists have come on site to explore the cave and discover hidden passages. The Laflèche Cave tour is reserved for people over the age of 5 and lasts approximately one hour. Remember that the temperature of the cave is constant and on average 4° C.



Laflèche Cave



© Outside/C. Healey

# Cycling

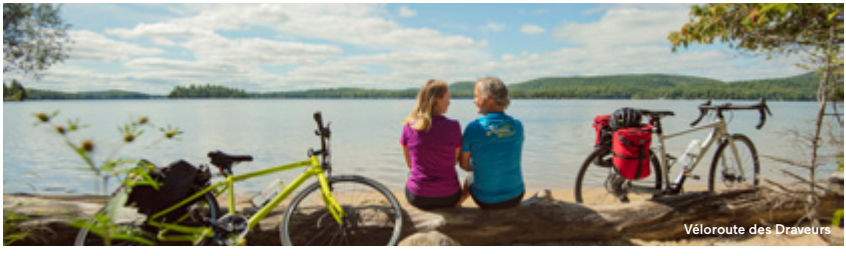
**In the Outaouais, happiness comes on two wheels, with bike paths and routes for all ability levels. Explore the National Capital Region's 600 km of recreational pathways—with so many trails to choose from, you may never take the same one twice! Outside the city, discover trails where you're more likely to meet a deer than another cyclist.**

**Trail rating**
● : Easy ■ : Intermediate
◆ : Difficult ◆◆ : Very difficult

**Type of facility**
**A** : Paved bike path **B** : Paved bike path
**C** : Designated shared roadway **P** : Bike lane

**Pratique**
**XC** : cross-country **DH** : downhill
**FAT** : fatbike **FR** : freeride

| Trails | Bicycle Touring | | | Mountain Biking | | | |
|---|---|---|---|---|---|---|---|
| | Length (km) | Type of facility | Trail rating | Discipline | Length (km)/Fatbike | Trail rating | Services on bike paths |
| **Gatineau** | | | | | | | |
| **Gatineau, ville vélo** $<br>819 595-2002 – 1 866 299-2002 – gatineau.ca | 290 | A<br>B<br>C<br>P | ●<br>■ | | | | |
| **Voyageurs pathway** $<br>613 239-5000 – 1 800 465-1867<br>ncc-ccn.gc.ca/places-to-visit/parks-paths-and-parkways | 30 | B | ● | | | | |
| **Vallée-de-la-Gatineau** | | | | | | | |
| **Véloroute des Draveurs** Ⓢ<br>tourismevalleedelagatineau.com | 72 | P | ● | | | | |


Véloroute des Draveurs

| Trails | Bicycle Touring | | | Mountain Biking | | | Services on bike paths |
|---|---|---|---|---|---|---|---|
| | Length (km) | Type of facility | Trail rating | Discipline | Length (km)/Fatbike | Trail rating | |
| **Pontiac** | | | | | | | |
| **Leslie Park Campground** $<br>460 Belmont Rd., Otter Lake<br>819 453-7382 – 1 888 553-7382 – parcleslie.com/en | 13 | | ● ■ ◆ | XC | 13 | ● ■ | P |
| **PPJ Cyclopark** Ⓢ<br>Wyman to Isle-aux-Allumettes, Campbell's Bay<br>819 648-2186 – 1 800 665-5217 – cycloparcppj.org | 92 | P | ● | | | | P |
| **Collines-de-l'Outaouais** | | | | | | | |
| **Camp Fortune** $<br>300 Dunlop Rd., Chelsea<br>819 827-5517 – campfortune.com | 20 | | ● ■ ◆ | XC DH FR | 20 | ● ■ ◆ ◆◆ | P |
| **Gatineau Park** Ⓢ<br>33 Scott Rd., Chelsea<br>819 827-2020 – 1 866 456-3016 – GatineauPark.gc.ca | 90 | A P | ● ■ ◆ | XC FAT | 90 | ● ■ ◆ | PPS |
| **NOKIA Sunday Bikedays** $<br>Gatineau Park and Ottawa<br>613 239-5000 – 1 800 465-1867<br>ncc-ccn.gc.ca/places/sunday-bikedays | 50 | A C P | ● ■ ◆ | | | | PPS |



Head West to the Pontiac Cycling Route



© R. David

| Trails | Bicycle Touring | | | Mountain Biking | | | Services on bike paths |
|---|---|---|---|---|---|---|---|
| | Length (km) | Type of facility | Trail rating | Discipline | Length (km)/Fatbike | Trail rating | |
| **Petite Nation** | | | | | | | |
| **Cycling trail from Plaisance to Thurso** $<br>Plaisance<br>819 427-5334 – sepaq.com/pq/pla | 30 | | ● | | | | P |
| **Parc des Montagnes Noires de Ripon** $<br>39 De la Montagne-Noire Rd., Ripon<br>819 983-2000 – ville.ripon.qc.ca/montagnes-noires | 18 | | ●<br>■ | XC | 16 | ●<br>■<br>◆ | PS |
| **Parc national de Plaisance** $<br>1001 Des Presqu'Îles Rd., Plaisance<br>819 427-5334 – 1 800 665-6527 – sepaq.com/pq/pla | 35 | P | ● | | | | P |
| **Parcours Louis-Joseph Papineau** Ⓢ<br>35 Principale St. (behind), Saint-André-Avellin<br>819 427-6243 – ville.st-andre-avellin.qc.ca | 14 | P | ■ | | | | P |
| **Ottawa-Gatineau** | | | | | | | |
| **Capital Pathway Network** Ⓢ<br>613 239-5000 – 1 800 465-1867<br>ncc-ccn.gc.ca/places/capital-pathway | 300 | P | ● | | | | PPS |



Gatineau Park

# Golf

**Our region boasts an array of courses for all skill levels, from novice to expert, with lush fairways and spectacular settings. Practise your swing at the foot of a mountain or beside a rushing river. In such a beautiful setting, its hard to keep your eye on the ball!**

**Collines-de-l'Outaouais**

## Chelsea

### Dunnderosa Golf Club

11 Notch Rd.
819 827-3866 – dunnderosa.ca

Number of Holes: 18 – Par: 54
Length (yards): 2410 – Services: $ ✕ 🛍

### Larrimac Golf and Tennis Club

1148 Rt. 105
819 827-1506 – larrimac.com

Number of Holes: 9 – Par: 35
Length (yards): 5754 – Services: $ ✕ 🛍

**Gatineau**

### Château Cartier Golf

1170 Aylmer Rd.
819 778-0000 – golfchateaucartier.com/en/home

Number of Holes: 18 – ParV: 71
Length (yards): 6209 – Services: 📶 $ ✕ 🛍

**Petite Nation**

## Thurso

### Club de golf Thurso

15 Ranger SR
819 985-2315 – golfthurso.ca

Number of Holes: 9 – Par: 35
Length (yards): 3015 – Services: $ ✕ 🛍

## Montebello

### Fairmont Le Château Montebello Golf Club

300 Chalet Rd.
819 423-4653 – 1 800 870-7619
fairmont.fr/montebello/golf

Number of Holes: 18 – Par: 70
Length (yards): 6308 – Services: 🚻 $ ✕ 🛍



Fairmont Le Château Montebello Golf Club



© P. Tifo

# Hiking

**Hiking is one of the easiest, least complicated outdoor activities you can do. Put on your hiking shoes, lace them up, and off you go to discover the Outaouais region! From east to west, from north to south, our region is criss-crossed by hiking, skiing and snowshoeing trails. In city and country alike, it's amazing what you can discover when you take the time to stop and look around. Marshes, fields, mountains, ancient forests, lakes and rivers are just waiting to reveal their true nature.**

**Trail rating**
● : Easy ■ : Intermediate ◆ : Difficult

| **Trail** | Trail | | | |
|---|---|---|---|---|
| **Collines-de-l'Outaouais** | Length (km) | Rating | Hiking season | **Services and activities** |
| **Arbraska Laflèche** $<br>255 Principale Rt., Val-des-Monts<br>819 457-4033 – 1 877 457-4033 – arbraska.com/en/lafleche | 10 | ●<br>■ | Year-round | |
| **Attelage de la Lièvre** $<br>Lac Judge Rd., Val-des-Bois<br>819 665-8680 – attelagedelalievre.com | 30 | ●<br>■ | Year-round | |
| **Gatineau Park** Ⓢ<br>33 Scott Rd., Chelsea<br>819 827-2020 – 1 866 456-3016 – GatineauPark.gc.ca | 165 | ●<br>■<br>◆ | Year-round | |
| **Mont Cascades Mountain Waterpark** $<br>448 Mont-des-Cascades Rd., Cantley<br>819 827-0301 – 1 888 282-2722 – montcascades.ca | 25 | ●<br>■<br>◆ | Year-round | |


Gatineau Park

© R. David

| **Trail rating**<br>● : Easy ■ : Intermediate ◆ : Difficult<br>**Trail** | Trail | | | Services and activities |
|---|---|---|---|---|
| | Length (km) | Rating | Hiking season | |
| **Gatineau** | | | | |
| **Centre de plein air du Lac-Beauchamp** Ⓢ<br>741 Maloney Blvd. East, Gatineau<br>819 595-8132 – gatineau.ca | 8 | ●<br>■ | Year-round | |
| **Petite Nation** | | | | |
| **Centre touristique du Lac-Simon** $<br>1216 Principale St., Duhamel – sepaq.com/ct/sim | 10 | ● | Year-round | |
| **Fairmont Le Château Montebello**<br>392 Notre-Dame St., Montebello<br>819 423-6341 – 1 800 870-7619 – fairmont.com/montebello | 5 | ● | May to November | |
| **Forêt-la-Blanche Ecological Reserve** $<br>300 Saddler Rd., Mayo<br>819 281-6700 – foretlablanche.org | 15 | ●<br>■ | Year-round | |
| **Kenauk Nature** $<br>1000 Kenauk Rd., Montebello<br>819 423-5573 – 1 800 567-6845 – kenauk.com | 48 | ●<br>■<br>◆ | May to November | |
| **Papineau-Labelle Wildlife Reserve** $<br>Réserve faunique de Papineau-Labelle, Val-des-Bois<br>819 454-2011 – 1 800 665-6527 – sepaq.com/rf/pal | 84 | ●<br>■<br>◆ | Year-round | |
| **Parc des Montagnes Noires de Ripon** $<br>39 De la Montagne-Noire Rd., Ripon<br>819 983-2000 – ville.ripon.qc.ca/montagnes-noires | 8 | ●<br>■ | Year-round | |
| **Parc national de Plaisance** $<br>1001 Des Presqu'Îles Rd., Plaisance<br>819 427-5334 – 1 800 665-6527<br>sepaq.com/pq/pla | 42 | ● | April to October | |
| **Parc Omega** $<br>399 Rt. 323 North, Montebello<br>819 423-5487 – parcomega.ca/en | 12 | ● | Year-round | |
| **Parcours Louis-Joseph Papineau** Ⓢ<br>35 Principale St. (behind), Saint-André-Avellin<br>819 427-6243 – ville.st-andre-avellin.qc.ca | 14 | ■ | Year-round | |

**Trail rating**
● : Easy ■ : Intermediate ◆ : Difficult

| **Trail** | Trail: Length (km) | Trail: Rating | Trail: Hiking season | **Services and activities** |
|---|---|---|---|---|
| **Petite Nation** | | | | |
| **Route des Zingues** Ⓢ<br>Gagnon Lake Rd., Duhamel<br>819 428-7100 – municipalite.duhamel.qc.ca | 20 | ■ | Year-round | P |
| **Tanwen Pack** $<br>850 Riopel Rd., Montpellier<br>819 800-6654 – tanwen.qc.ca | 50 | ●<br>■<br>◆ | Year-round | P |
| **Pontiac** | | | | |
| **Oiseau Rock Trail** $<br>1 Schyan Rd., Sheenboro<br>tourisme-pontiac.com | 5 | ●<br>■ | May to October | PP$ |
| **PPJ Cyclopark** Ⓢ<br>Wyman to Isle-aux-Allumettes<br>819 648-2186 – 1 800 665-5217 – cycloparcppj.org | 92 | ● | May to October | P |
| **Vallée-de-la-Gatineau** | | | | |
| **Air-Eau-Bois outdoor sports base** $<br>32 Base de Plein Air Rd., Denholm<br>819 457-4040 – 1 800 363-4041 – aireaubois.com | 15 | ●<br>■ | May to November | P$ |
| **Lac des Cèdres Recreational Path** Ⓢ<br>70 Principale St., Messines<br>819 465-5010<br>messines.ca/en/tourism/petit-lac-des-cedres-path | 15 | ● | Year-round | P |



Route des Zingues

**Trail rating**
● : Easy ■ : Intermediate ◆ : Difficult

**Trail**

| Trail | Trail | Trail | | |
|---|---|---|---|---|
| **Vallée-de-la-Gatineau** | Length (km) | Rating | Hiking season | **Services and activities** |
| **Mont Morissette Regional Park** Ⓢ<br>Lac Long Rd., Blue Sea<br>819 463-2261<br>facebook.com/Parc-régional-du-Mont-Morissette-267235623388118 | 13 | ●<br>■ | Year-round | P |
| **Parc régional du lac 31 milles** $<br>353 Lac 31 milles SR, Sainte-Thérèse-de-la-Gatineau<br>819 465-2600 – sage31-milles.ca | 15 | ● | May to October | P$ |
| **Sentiers du parc des Chutes de Denholm** Ⓢ<br>830 Paugan Rd., Denholm | 7 | ●<br>■ | de mai à octobre | P |
| **Sentiers du Pont de pierre de Déléage** Ⓢ<br>De la Baie Noire Rd., Déléage | 2.7 | ● | May to October | P |
| **Trails in Maniwaki** $<br>Principale St., Maniwaki<br>819 449-2822 – tourismevalleedelagatineau.com | 5 | ● | Year-round | P |
| **Trails of lac Sainte-marie** $<br>76 De la Montagne Rd., Lac-Sainte-Marie<br>819 467-3111 – expeditionlsm.com | 5 | ● | Year-round | P |
| **White-Tail Deer Interpretation Centre** Ⓢ<br>6 Du Barrage Rd., Sainte-Thérèse-de-la-Gatineau<br>819 449-6666 – sainte-therese-de-la-gatineau.ca/fr/centre_interpretation_cerf_de_virginie.php | 14 | ● | Year-round | P |
| **Ottawa-Gatineau** | | | | |
| **Capital Pathway Network** Ⓢ<br>613 239-5000 – 1 800 465-1867<br>ncc-ccn.gc.ca/places/capital-pathway | 600 | ● | Year-round | P$ |

# Horseback Riding

**Collines-de-l'Outaouais**

## Cantley

**Equita Ranch** P

838 De la Source SR
819 827-9996 – equita.ca
Open: Year-round

Do you love horseback riding? Why not enjoy a scenic ride in the Collines-de-l'Outaouais? Established in 1905, Ranch Equita occupies a 24-hectare (60-acre) property where you can ride around a sandy lake and through beautiful countryside. Lessons accredited by Cheval Québec (equestrian federation) are available for riders of all ages. Ranch Equita can also organize a fun children's party, with a farm visit and pony rides. Accommodation on site is available.

## La Pêche (Wakefield)

**Captiva Farms** P

189 De la Montagne Rd.
819 459-2769 – captivafarms.com
Open: Year-round

With more than 60 horses, Captiva Farms is proud to be the largest horseback riding farm in Eastern Canada. Discover an enchanting site just a few minutes from Ottawa. Whether celebrating a birthday, going on a memorable outing with family or friends or organizing a corporate event, enjoy a unique experience in the heart of nature. Captiva Farms offers bilingual service in a safe and enjoyable setting.

**Gatineau**

**U-Nick Stable** P

636 Pink Rd.
819 775-5378 – location-u-nick.ca/services
Open: Year-round

Located in Gatineau, Ferme U-Nick equestrian centre is a great place to learn to ride or develop your horse training skills. The centre offers riding lessons, horseback rides, calèche and sleigh rides and a beautiful shop. Younger visitors will also have a lot of fun with the ponies on the merry-go-round!

**Petite Nation**

## Papineauville

**Ranch El Pequeno** P

850 Rt. 321
819 427-5454 – ranchelpequeno.ca
Open: Year-round

Whether it's for a one-hour ride or a day-long excursion, Ranch El Pequeno will enchant you! Indoor riding ring, riding lessons, sleigh rides, farm tours and old-fashioned sugar shack. School recognized by Cheval Québec (Quebec equestrian federation).

# Mini-golf

**Collines-de-l'Outaouais**

## Chelsea

**Dunn-D's Mini Golf** $ P

11 Notch Rd.
819 827-3866 – dunnds.com
Open: May to October

Discover the most spectacular mini-golf in the Gatineau–Ottawa region. The beautiful natural setting and the challenging 18-hole course make every visit an unforgettable experience. In addition, the first nine holes are accessible to persons with reduced mobility. You'll have a great time ... every time!

**Gatineau**

**Mini Putt L'Authentique** P

205 blvd. De la Gappe
819 561-0427 – facebook.com/leminiputt
Open: May to October

Come and discover the Miniputt L'Authentique, ideal for couples, families and groups ! With its two competition courses, the mini and the maxi, a dairy bar for your convenience, organized tournaments, social outings and fundraisers during the summer season, this playing field is guaranteed fun for all!

# Motor Sports

**Petite Nation**

## Montebello

**Géo-Explora Scootrek** P

214 St-Dominique St.
819 598 0952 – geo-explora.com
Open: May to October

For outrageous fun, there's nothing like a self-guided exploration game on a three-wheel electric scooter! Follow the GPS directions on your iPad to discover little-known places in and around Montebello and learn the secrets of this beautiful part of the country. Your mission: Geolocate points of interest and solve the clues and puzzles on the iPad. The team with the most points wins a small prize. So give it your best shot! Second office in Chelsea at 248 Old Chelsea Road.

# Outdoors Activity Centres

**Gatineau**

**Centre de plein air du Lac-Beauchamp** P

741 Maloney Blvd. East
819 595-8132 – gatineau.ca
Open: Year-round

With an area of 213 hectares, Lac-Beauchamp Park offers recreational facilities accessible all year round, and 15 km of recreational trails. The main building houses an equipment rental service. It's the perfect spot for family swimming, canoeing, hiking, snowshoeing, cross-country skiing, sliding and skating.

**Centre de plein air du Lac-Leamy** PPS

100 Atawe Rd.
819 595-8132 – gatineau.ca
Open: Year-round

Located next to the Casino du Lac-Leamy, this magnificent park allows you to enjoy lots of different activities, including swimming. Canoe, kayak, cross-country ski and snowshoe rentals available. Guaranteed fun for the whole family!

**Petite Nation**

## Ripon

**Parc des Montagnes Noires de Ripon** PS

39 De la Montagne-Noire Rd.
819 983-2000 – ville.ripon.qc.ca/montagnes-noires
Open: Year-round

The Parc des Montagnes Noires de Ripon has 14 trails (total length 24 km) for hiking, mountain biking, fat biking, cross-country skiing, snowshoeing and board sports. Explore an 800-acre forest combining the woodland environment of the Petite Nation and the agricultural landscape. From the top of the 12-metre observation tower at the lookout on Mont Grand-Pic, 426 metres above sea level, you can admire the Petite Nation valley. For an overnight stay, you can rent the park's reception chalet, a shelter or a group campsite.

**Vallée-de-la-Gatineau**

## Denholm

**Air-Eau-Bois outdoor sports base** PS

32 Base de Plein Air Rd.
819 457-4040 – 1 800 363-4041 – aireaubois.com
Open: Year-round

Air-Eau-Bois is a unique outdoor centre an hour north of Gatineau–Ottawa. Its many programs and services include more than 15 km of hiking, snowshoeing and back-country ski trails; accommodation and catering service by reservation; and outdoor equipment rental (canoes, kayaks, snowshoes, cross-country skis, Hok skis and camping equipment).

# Parks and Animal Shelters

**Petite Nation**

## Montebello

### Parc Omega

399 Rt. 323 North
819 423-5487 – parcomega.ca/en
Open: Year-round

In your own vehicle, drive 15 km of winding roads through an 890-hectare park. With its unique formula in Quebec, Parc Omega introduces, over the seasons, species of animals living in their natural habitat. Discover the Canadian nature, wildlife, history and culture of the 11 First Nations of Quebec. The Park offers many activities, including walking trails, picnic areas, shows and entertainment, restaurants, the Old Farm visit and much more. Added to this are unusual accommodations as well as a brand new illuminated night trail in sounds and lights to discover nature's beauty. ad. p.94




© Kenauk Nature

# Parks and Wildlife Reserves

**Collines-de-l'Outaouais**

## Chelsea

### Gatineau Park

33 Scott Rd.
819 827-2020 – 1 866 456-3016 – GatineauPark.gc.ca
Open: Year-round

Come and visit Gatineau Park, a natural oasis covering 361 km² of hills and forest. Its rich biodiversity and proximity to downtown make it a real paradise for outdoor activities such as hiking, cycling, canoeing, and cross-country skiing. Must-sees include the Mackenzie King Estate, Champlain Lookout and Philippe Lake. Extend your visit by camping or staying in a cabin, available year round. Gatineau Park is managed and protected by the National Capital Commission. ad. p.95

**Petite Nation**

## Mayo

### Forêt-la-Blanche Ecological Reserve

300 Saddler Rd.
819 281-6700 – blogen.foretlablanche.org
Open: Year-round

Discover one of the last old-growth forests in eastern North America as you explore 15 km of trails, accessible on foot or snowshoes, that will open your eyes to the wonders of nature! The trails are open at all times, and the interpretation centre with snowshoe rental is open Saturdays and Sundays from 10 a.m. to 4 p.m. When the interpretation centre is closed, you can deposit the park fee in the collection box at the trailhead.

## Montebello

### Kenauk Nature

1000 Kenauk Rd.
819 423-5573 – 1 800 567-6845 – kenauk.com
Open: Year-round

Kenauk Nature offers the opportunity to try new and exciting activities that will reconnect you with yourself, your loved ones and nature. Summer favorites are the fly fishing school, mountain bike, stand up paddle board, climbing wall, canoe, kayak, rabaska, clay shooting and hiking. Various winter activities will enhance your stay: dog sledding, snowshoeing, cross-country skiing, ice climbing and ice fishing.

## Plaisance

### Parc national de Plaisance

1001 Des Presqu'Îles Rd.
819 427-5334 – 1 800 665-6527 – sepaq.com/pq/pla
Open: April to October

Located on a series of islands in the Ottawa River, the Parc national de Plaisance is a paradise for outdoor enthusiasts, particularly birdwatchers: over 230 species can be observed all year. Witness the stunning sight of birds and ducks migrating, and turtles laying their eggs. Discover the park by hiking or biking the 26-km trail network, canoeing or kayaking through its lush environment, or participating in an interpretive activity. Rent a farmhouse, a traditional ready-to-camp tent or one of 120 campsites and extend your back-to-nature experience! ad. p.128

### Plaisance Falls

100 Malo Rd.
819 427-9848 – chutesplaisance.ca
Open: June to October

Visit the Plaisance Falls historic site, a great spot for a picnic with family or friends! A scenic lookout, observation points and a hiking trail let you get right up close to the site's spectacular natural beauty. With their 63-metre vertical drop, the Falls were an important economic factor in the founding of the 19th-century village of North Nation Mills, now just a memory. On-site interpretive activities bring to life this important chapter in the history of the Petite Nation.

## Val-des-Bois

### Papineau-Labelle Wildlife Reserve

Réserve faunique de Papineau-Labelle
819 454-2011 – 1 800 665-6527 – sepaq.com/rf/pal
Open: Year-round

The Papineau-Labelle Wildlife Reserve offers an exceptional setting for cross-country skiing, with more than 100 km of marked beginner and intermediate trails. Spend the night in a trailside shelter (reservations required). In summer, enjoy the fine sand beaches and calm lakes where you can set out in your canoe, kayak or pedal boat. The lakeside log cabins are quite remote—some are even on their own island. Peace and quiet guaranteed!

**Pontiac**

## Mansfield-et-Pontefract

### Chutes Coulonge Park

100 Parc-des-Chutes Drive
819 683-2770 – 1 888 683-2770 – chutescoulonge.qc.ca
Open: May to October

Discover Coulonge Falls Park in the heart of the Pontiac, and enjoy history, culture and outdoor adventure! Stroll along the hiking trails, where you'll find displays of artifacts and information about the log drive. For a real thrill, try the aerial obstacle courses (for adults and children) or the giant zip lines leading to the Via Ferrata. An ideal destination for an active day out with family, friends or work colleagues.



Plaisance Falls



© M. Foote


Chutes Coulonge Park

## Pontiac

**Luskville Falls**

ncc-ccn.gc.ca/places-to-visit
Open: Year-round

Luskville Falls flows over the Eardley Escarpment, a unique natural habitat in the western sector of Gatineau Park. Spring is the best time to visit the area, as melting snow transforms the waterfall into a raging torrent. The trail climbs for nearly 300 m up the Eardley Escarpment and leads to lookouts and a fire tower. Gatineau Park is managed and protected by the National Capital Commission.

## Sheenboro

**Oiseau Rock Trail**

1 Schyan Rd.
1 800 665-5217 – tourisme-pontiac.com
Open: May to September

5K hiking trail (10K round trip) through the forest, with natural lookouts on the Ottawa River and interpretive panels on the history and culture of the Algonquin people. The trail leads to the summit of Oiseau Rock, one of the most important rock art sites in North America, 150 metres above the Great River. With a little luck, you may catch sight of a peregrine falcon, the Thunder Bird, worshiped for thousands of years by the First Nations of Quebec. $12 entry fee per vehicle to be paid at the ZEC St-Patrice office.

**Vallée-de-la-Gatineau**

## Blue Sea

**Mont Morissette Regional Park**

Lac Long Rd.
819 463-2261 – facebook.com/Parc-régional-du-Mont-Morissette-267235623388118
Open: Year-round

Located 115 km north of Gatineau–Ottawa, in the municipality of Blue Sea, Mount Morissette occupies an area of 589 hectares and has a vertical elevation of 400 metres. Outdoor enthusiasts will appreciate the 13 km of marked trails for hiking in summer and snowshoeing in winter. An 18-metre observation tower offers breathtaking views of a dozen lakes, including Blue Sea Lake. At the mountain's summit are a lookout and a shelter with wood stove.

## Montcerf-Lytton

**Réserve faunique La Vérendrye**

Rt. 117
819 438-2017 – 1 800 665-6527 – sepaq.com/rf/lvy
Open: May to October

Its vast area and many lakes and rivers make La Vérendrye Wildlife Reserve a favourite destination for fishers and canoe-camping enthusiasts. The 916 campsites allow visitors to try their hand at fishing while taking advantage of inexpensive accommodations. The reserve also has 39 well-equipped cabins overlooking a lake and the Dozois Reservoir. There's something for everyone!

## Sainte-Thérèse-de-la-Gatineau

**Parc régional du lac 31 milles**

353 Lac 31 milles SR
819 465-2600 – sage31-milles.ca
Open: May to October

Whether you prefer rustic canoe-camping or glamping in a ready-to-camp unit, come and discover a huge lake with clear waters, dotted with islands and surrounded by natural beauty, in the heart of the great outdoors of the Vallée-de-la-Gatineau!

© C. Lottes

# Public Beaches

## Collines-de-l'Outaouais

### Chelsea

**Gatineau Park (beaches)**

819 827-2020 – 1 800 465-1867 – gatineaupark.gc.ca
Open: June to September

Beat the summer heat at a beach managed by the National Capital Commission. Beaches are equipped with picnic tables, change rooms, toilets and parking, and some have barbecues and a playground. Extend your visit by exploring a hiking trail nearby. Meech Lake: Blanchet Beach, O'Brien Beach. Philippe Lake: Breton Beach, Parent Beach,* Smith Beach* (for campers only). La Pêche Lake: La Pêche Beach. Leamy Lake: Leamy Lake Beach. *Boat launch and boat rentals available.

### Val-des-Monts

**Lac St-Pierre Municipal Beach**

1214 Principale Rd.
819-457-9400 – val-des-monts.net
Open: July to September

This small sandy beach offers one of the best views of Lac Saint-Pierre, Dézel Island and the surrounding hills. The grassy site is equipped with picnic tables and toilets.

## Gatineau

**Des Cèdres park Beach**

1 Principale St.
311 – 1 866 299-2002 – gatineau.ca
Open: June to September

This park offers outdoor activities such as cycling on a bike path, marina, volleyball, baseball and swimming for all ages. It also has a snack bar, change room, showers, picnic table, bike repair station and a children's playground. Fun for everyone!

**Moussette Park**

361 De Lucerne Blvd.
311 – 1 866 299-2002 – gatineau.ca
Open: Year-round

Numerous outdoor activities are available: cycling and in-line skating on the recreational path, tennis, basketball, baseball, volleyball, picnic tables, and swimming for all ages. The park also has change rooms, showers and bike repair station, and a children's playground.

## Petite Nation

### Duhamel

**Centre touristique du Lac-Simon**

1216 Principale St.
1 800 665-6527 – sepaq.com/ct/sim
Open: May to October

Escape into the heart of the Outaouais! Set between water and forest, Centre touristique du Lac-Simon is a four-season vacation resort. In the summer you'll find a 2-km beach, clear waters and fine warm sand... a real taste of the south! Enjoy your favourite water sports on the huge lake. Just next to it, the 4-km² forest is perfect for walking, cycling and playing—everything you need for active days followed by restful nights in your tent or cabin. The Centre has more than 370 campsites, as well as accommodation in ready-to-camp tents, cottages, and Compact cabins. ad. p.128

### Lac-Simon

**Lac-Simon Municipal Beach**

760 Tour du Lac Road
8194283906 – lac-simon.net/en
Open: June to September

Designated bathing area monitored by lifeguards qualified under the standards of Société de sauvetage du Québec.

# Rafting

**Pontiac**

## Bryson

**Rafting Momentum**

1041 Rt. 148
819 360-8247 – 1 800 690-7238
raftingmomentum.com/en
Open: May to October

Rafting Momentum offers you the ultimate white water rafting experience on the most beautiful river in Quebec! Their mission: to provide you with an unforgettable experience, and more time on the water than any other company. Ride the waves on this river with world-class rapids, where every wave is hit at its highest point for maximum fun and excitement. Their professional guides ensure that every trip matches your abilities and expectations. Adventure, classic and family rafting available. Several 2-day packages offered. Only one hour from Gatineau–Ottawa.

## L'Île-du-Grand-Calumet

**Horizon X Rafting**

12 Cadieux Rd.
819 800-9961 – 1 866 695-2925 – horizonx.ca
Open: May to October

Fun for the whole family! Located just under an hour from Gatineau–Ottawa, Horizon X invites you to experience rafting and kayaking on the Ottawa River, with a great rate of flow and warm water throughout the summer season. Personalized service and organized activities for all ages. Exclusive to Horizon X: Class 2 full-moon rafting excursions! Include Horizon X in your summer vacation plans!

**Vallée-de-la-Gatineau**

## Sainte-Thérèse-de-la-Gatineau

**Bonnet Rouge Rafting**

211 Rivière Gatineau South Rd.
819 449-3360 – 1 855 449-3360 – bonnetrougerafting.com
Open: April to October

The Bonnet Rouge outdoor centre is an absolute must for whitewater enthusiasts (rafting, canoe, kayak) looking for thrills and discoveries. In addition to giving you direct access to the river, Bonnet Rouge offers a wide array of services for a truly enjoyable vacation: rustic camping, beach, recreational activities and complementary services. An incredibly beautiful natural site on the Gatineau River.



Rafting Momentum

# Recreational Equipment Rentals

## Gatineau

### Centre nautique de la Lièvre

255 Buckingham Ave.
819 712-0312 – centrenautiquelievre.com
Open: June to September

Relax and enjoy calm-water sailing on the Lièvre River at Buckingham, Gatineau's easternmost sector. Kayaking, canoeing, paddle boating and paddle boarding are all available at a low cost. Get together with family or friends and go for a paddle in a rabaska canoe! Be sure to check out the summer programming. SUP Yoga and SUP Fitness classes, "Descente de la Lièvre" downriver trip, Fête du Nautisme water festival, paddling excursions by moonlight—there's something for everyone!

## Collines-de-l'Outaouais

## Chelsea

### Services récréatifs Demsis

Gatineau Park
819 772-0020
Open: Year-round

Services récréatifs Demsis, contractor for the National Capital Commission's Gatineau Park, welcomes you to an exceptional environment: 200 km of groomed and patrolled cross-country skiing, snowshoeing, hiking and biking trails, 6 supervised beaches, day shelters, accommodations (cabins, campsites including canoe-in sites and group sites), snowshoe rental, water and luggage transportation in winter, and summer rental services (canoes, rowboats, kayaks and pedal boats).

### Paddlefit

613 715-2243 – paddlefit.com/chelsea
Open: May to October

Paddlefit offers a wide variety of stand up paddle-board (SUP) programs for people of all ages and abilities: introductory programs, yoga classes, river surfing and advanced clinics. The sport is easy to learn, and it's a great way to stay fit on the water. Join us for a class while you're in the area! Reserve on line today. Several locations are available: Bate Island, Meech Lake, Aylmer Marina, Jacques-Cartier Park and Leamy Lake.

### Relais plein air du Parc de la Gatineau

397 De la Cité-des-jeunes Blvd.
819 595-9001 – relaispleinair.ca/en
Open: September to April

Attention, fans of cross-country skiing, snowshoeing and fat biking! Did you know that the Relais plein air is open daily until mid-April? Conveniently located at the P2 parking lot in Gatineau Park, it's the perfect place to start your excursion, grab a bite to eat or take a break. You can also rent snowshoes and pick up a trail map.

### Sport Échange Outaouais

1065 De la Carrière Blvd.
819 770-6445 – sportechange.com
Open: Year-round

Sale, purchase, rental, consignment, repair and maintenance of new and used sports equipment. The largest sports store in the Outaouais region. Equipment rental: downhill and cross-country skis, snowshoes, snowboards, ice skates, in-line skates, golf equipment, bicycles, etc.

### Ürban Rentals – pontoon rentals

883-M Jacques-Cartier St. (secteur quai des artistes)
819 271-9697 – locationurbaine.com
Open: May to October

Are you looking for a few hours of relaxation or a little jaunt on the water with the family? Look no further! Book an excursion on the Ottawa River aboard one of our pontoon boats, the Lounge and the Bistro. You must have a permit to operate the boat, or we can recommend a captain.

## Vallée-de-la-Gatineau

## Gracefield

### Carpe Diem aventures

95 St-Joseph St.
819 334-2653 – carpediemaventures.com
Open: May to October

Discover the beauty of the Vallée-de-la-Gatineau with Carpe Diem, a business that specializes in customized outdoor packages on land, on water and on demand! Services include quality recreational equipment rental (bikes, kayaks, canoes, paddleboards) and a shuttle service. The on-site Bistro Carpe Diem serves tasty and wholesome fare prepared with local ingredients. Try unusual accommodations, including ready-to-camp options and suspended tents, on the shore of Lake Edja in Blue Sea.

# Spas and Nordic Baths

## Collines-de-l'Outaouais

### Cantley

**Amerispa Spa Nordique Cantley**

5 Ste-Elisabeth Rd.
819 335-1555 – 1 866 263-7477 – amerispa.ca/en/spas/details/nordic-spas/nordic-spa-cantley
Open: Year-round

Enjoy a unique thermal spa experience, less than 20 minutes from Ottawa and Gatineau. Tropical rain, a eucalyptus steam bath and fresh mint-scented cold fog will give your body a blissful sense of well-being. Discover the Bistro and its health menu as you enjoy beautiful views of the Outaouais hills. The thermal spa experience is included in all spa packages. Ask for details about thermal experience memberships and their many benefits.

### Chelsea

**Nordik Spa-Nature**

16 Nordik Rd.
819 827-1111 – 1 866 575-3700 – lenordik.com/en
Open: Year-round

Located at the entrance of Gatineau Park, only 10 minutes from downtown Gatineau—Ottawa, Nordik Spa-Nature is a relaxation haven. Discover the benefits of thermotherapy and enhance your experience with a massage, a body treatment, the Källa treatment—one of only two salt-water floating pools in America—or Banyä, a treatment inspired by Russian traditions. Nordik Spa-Nature is the largest spa in North America, with 10 outdoor baths, 9 saunas, indoor and outdoor relaxation areas, a restaurant, a lounge and a Biërgarden with patios. ad. p.2

### La Pêche (Wakefield)

**Spa Eau Vive (Wakefield Mill)**

60 Mill Rd.
819 459-1838 – 1 888 567-1838
wakefieldmill.com/spa-wellness
Open: Year-round

Just 25 minutes from Ottawa, this day spa is the perfect place to relax and unwind. Choose from a wide selection of massages, body treatments, facials, manicures and pedicures, as well as a variety of treatments specifically for men. Your treatment will be enhanced by the stunning floor-to-ceiling views of the La Pêche River and MacLaren Falls, which provide rejuvenating tranquility as you listen to the rushing water and absorb the sights and sounds of nature.

## Petite Nation

### Montebello

**Fairmont Le Château Montebello Spa**

392 Notre-Dame St.
819 423-3099 – fairmont.com/montebello/spa
Open: Year-round

Escape the routine of your fast-paced life at the Fairmont Le Château Montebello Spa. Whatever your reason for visiting the luxurious spa, they have an experience you're sure to enjoy. Create your ideal spa experience from among the many treatments, some focused on pure pampering and stress relief, others designed to fit your lifestyle. Sit back, relax and let yourself be taken care of!


Nordik Spa-Nature

© Nordik Spa-Nature

# Water Slides

**Collines-de-l'Outaouais**

## Cantley

### Mont Cascades Mountain Waterpark

448 Mont-des-Cascades Rd.
819 827-0301 – 1 888 282-2722 – montcascades.ca
Open: June to September

Mont Cascades Mountain Waterpark is the National Capital Region's premier family recreation centre. Just 20 minutes from downtown Ottawa and Gatineau, Mont Cascades is your destination for family fun! This mountain waterpark is designed to entertain visitors of all ages, with four adult water slides, six children's slides, six slides for everyone, and a large activity area with waterfalls, swimming pools, a picnic area and a full-service restaurant. Great location for office parties, family celebrations or outings with friends. Season passes starting from $47.99 per person.

**Territoire extérieur de l'Outaouais**

### Calypso Theme Waterpark

2015 Calypso St.
613 443-9995 – 1 877 443-9995 – calypsopark.com
Open: June to September

Make a splash at Canada's biggest and best theme waterpark, with more than 35 waterslides, more than 100 water games, and the largest wave pool in the country! There's fun for the whole family at our different thematic attractions: a pirate ship, a science lab, an aquatic zoo, the Jungle Run, a tropical river, and many more! Restaurants, on-site activities and two world-class volleyball courts are also available.



Mont Cascades Mountain Waterpark

# Water Sports

**Gatineau**

### Hull Marina

160 Laurier St.
819 595-7390 – marinadehull.ca
Open: May to October

Located at the confluence of the Ottawa and Rideau rivers in Gatineau–Ottawa, just steps from downtown, the Hull Marina offers both the tranquility sought by boaters and the amenities of a major urban centre. As an active and engaged member of the regional tourism community, the marina is a cornerstone of your experience in the National Capital Region. ad. p.95



© Mont Cascades Mountain Waterpark

# Wildlife Watching and Nature Interpretation

**Collines-de-l'Outaouais**

## La Pêche (Wakefield)

### Eco-Odyssée

52 Les Sources Rd.
819 459-2551 – eco-odyssee.ca/en
Open: June to September

At Eco-Odyssée in Wakefield, just 30 minutes from Gatineau–Ottawa, enjoy a one-of-a-kind experience in the heart of the Outaouais. Venture into beaver habitat as you explore a water maze with more than 60 intersections spread out over 6 km. Choose your adventure and discover the beauty of the marshland environment from the comfort of your pedal boat.

# Zip Treck

**Collines-de-l'Outaouais**

## Chelsea

### Camp Fortune ski, aerial park and ziplines

300 Dunlop Rd.
819 827-5517 – campfortune.com
Open: May to November

Go on a treetop adventure at Camp Fortune aerial park and zip lines in the Gatineau Hills. Here, you can walk above the trees rather than among them! Challenge yourself on the park's suspended walkways, rope bridges and net gangways, and for the ultimate thrill, zoom back to ground level on the giant zip line! ad. p.94

## Val-des-Monts

### Arbraska Laflèche

255 Principale Rt.
819 457-4033 – 1 877 457-4033 – arbraska.com/en/lafleche
Open: Year-round

Experience thrilling moments among the treetops, and have fun on our zip lines, suspended bridges, swings, nets and lots more! Arbraska Laflèche is more than just an aerial park: it offers many other adventures, such as GPS rallies, a Via Ferrata, and team-building activities. Venture deep underground in the biggest visited cave in the Canadian Shield. Equipped with an explorer helmet, you'll discover 1,001 subterranean mysteries during this unforgettable tour. ad. p.94

**Pontiac**

## Mansfield-et-Pontefract

### Chutes Coulonge Adventure Park

100 Parc-des-Chutes Drive
819 683-2770 – 1 888 683-2770 – chutescoulonge.qc.ca
Open: April to November

Come discover two new adult aerial obstacle courses and a series of eight zip lines! The park's giant canyon zip lines are guaranteed to take your breath away. Don't miss the Via Ferrata (Latin for "iron road"), a 500-metre climbing experience along the rock face above the Coulonge River. Suitable for all skill levels, from beginner to expert.



Eco-Odyssée

© M. Baril-Tessier

# Vibrant Cities and Festivities



**In cities and villages across Québec, public spaces are redefined by murals, outdoor exhibitions and urban art. The architecture and built heritage reveal their character. Explore neighbourhoods on foot or by bike or boat. Discover excellent restaurants and explore gourmet markets.**

▼ Classified by date

## Events

### April 9 to 11 and October 8 to 10, 2020

**The Big Fashion Sale by Québec Designers** P

**Gatineau**

3 Casino Blvd. (Hilton Lac-Leamy)
514 866-2006 – braderiedemodequebecoise.com

### May 8, 2020 to January 2021

**Forever Changed – Stories from the Second World War**

**Ottawa**

1 Vimy Pl. (Canadian War Museum)
819 776-8600 – 1 800 555-5621 – warmuseum.ca

### May 8 to October 12, 2020

**Queens of Egypt**

**Gatineau**

100 Laurier St. (Canadian Museum of History)
819 776-7000 – 1 800 555-5621 – historymuseum.ca

### May 8 to 18, 2020

**Canadian Tulip Festival**

**Ottawa**

613 567-5757 – 1 800 668-8547 – tulipfestival.ca

### May 17 to September 6, 2020

**NOKIA Sunday Bikedays** S P

**Collines-de-l'Outaouais**

Gatineau Park and Ottawa
613 239-5000 – 1 800 465-1867
ncc-ccn.gc.ca/places/sunday-bikedays

### May 23 and 24, 2020

**Tamarack Ottawa Race Weekend**

**Gatineau-Ottawa**

613 234-2221 – 1 866 786-0882
runottawa.ca

**Ad. p.95**

### June 4 to 6, 2020

**Gatineau Beerfest**

**Gatineau**

Site des festivals ZIBI
819 328-7139 – festibiere.ca/en/summer

### June 6 and 7, 2020

**Kitigan Zibi Traditional Pow Wow** S P

**Vallée-de-la-Gatineau**

41 Kikinamage Mikan St.
819 449-5170 – 1 888 449-5179 – kzpowwow.ca

### June 17 to 21, 2020

**Val-des-Monts Country Festival** P

**Collines-de-l'Outaouais**

42 Deziel Rd.
819 457-1468 – festivalcountryvaldesmonts.com/en



© L. Marquis

## June 21 to 28, 2020

**Festival L'Outaouais en Fête**

**Gatineau**

Parc des Cèdres
819 684-8460 – festivaloutaouaisenfete.com

## June 24 to September 6, 2020

**Messe gatinoise**

**Gatineau**

819 771-7454 – facebook.com/La-Messe-qu%C3%A9b%C3%A9coise-192078740816119

## July 1st, 2020

**Canada Day in the Capital**

**Ottawa**

Parliament Hill
canada.ca/canadaday

## July 1st to 5, 2020

**Festival Country de Bowman**

**Petite Nation**

26 Lièvre Nord Rd.
819 661 0563 – festivalcountrybowman.com

## July 3 to 5, 2020

**Wonders of Sand**

**Gatineau**

741 Maloney Blvd. East
819 893-4090 – merveillesdesable.com/en

## July 6 to September 7, 2020

**Northern Lights**

**Ottawa**

111 Wellington St. (Parliament Hill)
canada.ca/northern-lights

## July 9 to 11, 2020

**Festival d'Humour de Gatineau**

**Gatineau**

Place de la Cité

819 205-1782 – humourgatineau.com

## July 11 to August 23, 2020

**RECYCL'ART in Outaouais – Travelling exhibition**

**Gatineau**

819 423-6257 – recyclartgatineau.ca

## July 15 to 18, 2020

**Festival Kafé Karamel**

**Gatineau**

44, rue Laval
819-923-5151 – festivalkafekaramel.com

## July 16 to 26, 2020

**St-André-Avellin Western Festival and Professional Rodeo**

**Petite Nation**

530 Charles-Auguste-Montreuil St.
819 983-1166 – 1 866 983-1166
rodeostandreavellin.org

## July 24 to 26, 2020

**Vélo MSM Mountain Fest**

**Vallée-de-la-Gatineau**

76 De la Montagne Rd.
velomsm.com/en/mountain-fest

## July 25, 2020

**Lac-Simon Fireworks**

**Petite Nation**

760 Tour-du-Lac Rd. (Municipal beach)
819 428-3906 – lac-simon.net/index-en.php

## July 30 to August 9, 2020

**Festival country du Grand Gatineau**

**Gatineau**

125 Carillon St.
countrygatineau.com

## August 2020 (dates to be confirmed)

**Outaouais Gourmet Festival**

**Collines-de-l'Outaouais**

3 Chelbrook Rd. (Ferme Hendrick)
819 281-7676 – fetegourmande.ca/en


Gatineau Hot Air Balloon Festival

## August 7 to 9, 2020

### Auto Show Gatineau

**Gatineau**

15 Raoul-Roy St.
613 863-0143 – autoshowgatineau.com/index.php/en

## August 8 to 22, 2020

### Casino du Lac-Leamy Sound of Light

**Gatineau**

100 Laurier St. (Canadian Museum of History)
819 771-3389 – feux.qc.ca/home

## August 14 to 16, 2020

### Le Festival du Vieux-Aylmer

**Gatineau**

Principale St.
819 685-1823 – apica.ca

### Twist Fibre Festival

**Petite Nation**

530 Charles-Auguste-Montreuil St.
819 981-0023 – festivaltwist.org/en

## August 28 to 30, 2020

### Upper Gatineau Whitewater Festival

**Vallée-de-la-Gatineau**

211 Henri-Bourassa St. (Cité étudiante de la Haute-Gatineau)
gatineau.org/home

### Rendez-vous des Arts de Papineauville

**Petite Nation**

188 Jeanne-d'Arc St.
450-446-0505 – rendezvousdesarts.com

## September 2020 to April 2021

### Québec Folklore Dance

**Gatineau**

400 Raymond St. (Saint-René Goupil Church)
(873) 673-9514 – folkloreoutaouais.org/veillees

## September 3 to 7, 2020

### Gatineau Hot Air Balloon Festival

**Gatineau**

La Baie Park
819 243-2330 – 1 800 668-8383
balloongatineau.com

**Ad. p.9**

## September 10 to 12, 2020

### Rallye Défi

**Petite Nation**

4 Bosquet St.
819 428-3282 – rallyedefi.com

## September 11 to 13, 2020

### Riverside – Festival de musique électro

**Gatineau**

100 Laurier St. (Canadian Museum of History)
festivalriverside.com/home

## September 18 to 20, 2020

### Aero Gatineau-Ottawa

**Gatineau**

1717 Arthur-Fecteau St. (Gatineau Airport)
819 669-9603 – aerogatineauottawa.com



© Gatineau Hot Air Balloon Festival

## October 2020

**Fall Rhapsody**

**Collines-de-l'Outaouais**

Gatineau Park
819 827-2020 – 1 866 456-3016
ncc-ccn.gc.ca/places/ncc-fall-rhapsody

## October 23 to 25, 2020

**Bristol Dryland - Canadian Championships Dog Race**

**Pontiac**

36 Ragged Chute Rd.
819 647-3185 – bristoldryland.ca/index.html

## Octobre 30 to November 1st, 2020

**Symposium Gatineau en Couleurs**

**Gatineau**

1170 Aylmer Rd.
819 568-3406 – symposiumgatineauencouleurs.ca

## November 27 to December 6, 2020

**Christmas in Old Aylmer**

**Gatineau**

115 Principale St.
paradehohoho.com/en

## December 1st, 2020 to January 3, 2021

**Christmas Lights Across Canada**

**Ottawa**

111 Wellington St. (Parliament Hill)
canada.ca/christmas-lights

## December 5, 2020

**Traditional Christmas Market**

**Pontiac**

314 Rt. 148 (George Bryson Cultural House)
819 683-2944 – facebook.com/events/384116092507430

## December 5 to 26, 2020

**Festival of Lights**

**Pontiac**

100 Parc-des-Chutes Drive
819 683-2770 – 1 888 683-2770 – chutescoulonge.qc.ca

## February 2021 (dates to be confirmed)

**Eastern Canadian Cross-Country Skiing Championships**

**Gatineau**

900 Gatineau Ave. (Nakkertok Nordic)

## February 5 to 21, 2021

**Snowflake Kingdom - Winterlude**

**Gatineau**

Jacques-Cartier Park
311 – 1 866 299-2002 – domainedesflocons.ca **Ad. p.9**

**Winterlude**

**Gatineau-Ottawa**

canada.ca/winterlude

## February 6 and 7, 2021

**Canadian Ski Marathon**

**Petite Nation**

650 Notre-Dame St.
819 483-0456 – 1 877 770-6556 – skimarathon.ca

## February 19 to 21, 2021

**Gatineau Loppet**

**Gatineau**

397 Boulevard de la Cité-des-Jeunes
819 778-5014 – gatineauloppet.com

## February 25 to 28, 2021

**Salon du livre de l'Outaouais**

**Gatineau**

50 Maisonneuve Blvd.
(Palais des congrès de Gatineau)
819 775-4873 – slo.qc.ca

## March 2021 (dates to be confirmed)

**Le Vieux-Aylmer se sucre le bec**

**Gatineau**

Principale St.
819 685-1823 – apica.ca

▼ Classified by sector in alphabetical order

# Amusement Parks

## Gatineau

### Altitude Gym

35 St-Raymond Blvd.
819 205-0959 – altitudegym.ca
Open: Year-round

Altitude Gym is a unique indoor rock climbing facility featuring over 1,600 square metres of Rocktopia and Walltopia climbing walls, with climbs up to 15 metres high. It offers over 50 lead roping routes and over 50 top-roping routes. The gym also specializes in bouldering, with over 500 square metres of boulder area. Ask about the climbing courses and Clip 'N Climb, the action-packed indoor climbing theme park. It's a great destination for school trips, birthday parties, family outings, and work socials and corporate challenges. Altitude Gym takes indoor rock climbing to a whole new level! ad. p.115

### Amigo Recreational Complex

1870 Maloney Blvd. East
819 643-5376 – complexeamigo.com
Open: April to October

Are you looking for a "one-stop shop" offering a range of family-friendly activities? Discover the Amigo Recreational Complex, a unique and exciting destination where the whole gang can have fun in an energizing outdoor setting! There's something for everyone: an amusement park, Kiddy Kars track, Wacky Putt, climbing walls, Jump High trampolines, beach volleyball courts, Mini-Karts, Go-Karts, Super-Karts and Mega-Karts!

### Fun Junction

779 Maloney Blvd. East
819 893-5683 – funjunction.ca
Open: Year-round

Young and old are welcome at Fun Junction amusement centre! It has play structures for the kids, arcade games, neon mini-golf, and a laser tag arena for the more adventurous! Organize a birthday party or group dinner and enjoy FJ Pizzeria's homemade pizza or Maison Fumée BBQ's delicious fare. There's something for everyone!

### Gatineau sports centre

850 La Gappe Blvd.
819 503-8500 – gatineau.ca
Open: Year-round

Gatineau's municipal sports centre is known for its state-of-the-art sports and recreational facilities and equipment, available to the general public and to Gatineau athletes training for excellence. The centre hosts a year-round program of regional and international competitions in a wide range of sports, including volleyball, badminton, basketball, gymnastics, water polo, synchronized swimming, swimming, and diving.

### Top Karting

200 d'Edmonton St.
819 779-0000 – topkarting.com
Open: Year-round

Alone or with friends come and race against the clock to improve your driving skills in a fun and competitive atmosphere. Whether you attempt the 10 minutes against the clock race, the 35 minutes Grand Prix or even the 45 minutes Super Grand Prix, fun and adrenaline are guaranteed! Did you also know that Top Karting has free pool tables and a full bar for their customers? Come and take on the challenge and have fun!

## Ottawa

### Funhaven

1050 Baxter Rd.
613 828-4386 – funhaven.com
Open: Year-round

Funhaven is one of the top family entertainment centres in the National Capital Region. With a multi-level laser tag arena, crazy fun bumper cars, a huge jungle gym with built-in ballocity cannons, over 100 arcade and redemption games, a unique simulator ride experience, and a licensed restaurant, Funhaven has everything you need for a truly memorable family outing.


Casino du Lac-Leamy

# Casino

**Gatineau**

### Casino du Lac-Leamy

1 Casino Blvd.
819 772-2100 – 1 800 665-2274
casinos.lotoquebec.com/en/lacleamy
Open: Year-round

An oasis of entertainment just five minutes from Parliament Hill, the Casino du Lac-Leamy features a wide selection of slot machines and gaming tables, including Texas Hold'em poker, as well as a multigame space with live hosts. Enjoy the Casino's exciting atmosphere, and unwind at the five-star Hilton Lac-Leamy hotel. Discover a variety of bars and restaurants and a nightclub, and spend an entertaining evening at the Théâtre du Casino. 18+. ad. p.1

# Cruises

**Gatineau**

### Au feel de l'eau cruises

1 Casino Blvd
819 329-2413 – aufeeldeleau.ca/en
Open: May to October

A one-of-a-kind Outaouais experience! Fun, relaxing and informative. Cruise the Gatineau and Ottawa rivers aboard a 100% electric-powered boat and discover some of the National Capital's most beautiful landmarks. The Aqua-Limo welcomes you and your family, friends and colleagues (up to 10 passengers). For happy hour, birthdays, bachelorettes, graduations, a sunset cruise or a fireworks cruise, it's a memorable way to celebrate life's "Wow" moments. Liquor licence. Departure from the dock at the Casino du Lac-Leamy.

### Capital Cruises

Hull Marina (Jacques-Cartier Park)
613 241-8811
capitalcruisesottawa.com
Open: May to September

Capital Cruises invites you to capture spectacular views of the nation's capital while you enjoy the entertaining commentary of an experienced tour guide. Spend an hour and fifteen minutes learning about Ottawa's storied past in your choice of seven languages. Add a fresh river breeze to your corporate function, convention, employee get-together, family event, or wedding. Discover a world-class city, in a world-class region, with a world-class company. Several daily departures from May to September. Group cruises available on request until mid-October. ad. p.95

### Paul's Boat Line

Hull Marina
613 225-6781 – 819 246-3855 – paulsboatcruises.com
Open: May to October

The best way to see the National Capital Region since 1936! Aboard the Paula D, you'll learn about the region's history thanks to our bilingual guides and audioguide app. Enjoy spectacular views of Parliament Hill, the Ottawa Locks, Rideau Falls, and many more landmarks. Tickets available at the Ottawa Locks and the Hull Marina. Open daily from mid-May to mid-October.

### Signature Event Boats

895 Jacques-Cartier St.
819 246-3855 – ottawaboatcruise.com
Open: May to October

The only private charter and event specialist in the Outaouais! Whether you have a special occasion to celebrate or simply want to have a good time with friends and family, our event coordinator will be happy to help you plan a customized event aboard one of our four vessels. Music, food and fun await you! Mid-May to mid-October, 7 days a week.

© Tourisme Québec/P. Lambert/C. Parent

**Ottawa**

### Rideau Canal Cruises

1 Elgin St.
613 724-8408 – 819 246-3855
rideaucanalcruises.ca/en
Open: May to October

A unique way to discover the nation's capital! Cruise the Rideau Canal aboard our brand new, 100% electric boat and get a different view of downtown Ottawa and its landmarks, including the National Arts Centre, Lansdowne Park, and Dow's Lake. Live bilingual commentary and audioguide app. Tickets available at 2 Rideau Street (Confederation Square). Open daily from mid-May to mid-October.

# Guided Tours

**Collines-de-l'Outaouais**

## Chelsea

### The Friends of Gatineau Park

33 Scott St. #227
819 827-3113 – friendsofgatineaupark.com
Open: Year-round

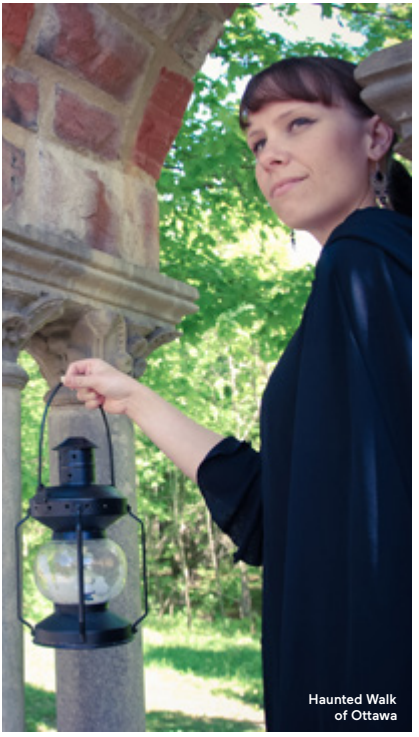
This non-profit organization offers a wide range of activities in Gatineau Park to allow visitors to discover its natural and cultural heritage in all seasons. Participate in festive events, guided forest walks, snowshoe excursions under the stars, special presentations and other activities. You can even reserve a professional nature interpreter for a private group. Check their calendar for complete programming.

**Gatineau**

### Rabaska Canada

819 921-9025 – rabaskacanada.com/en
Open: May to October

Rabaska Canada invites you to go back in time with a trip in a voyageur canoe (26 and 36 feet). Immerse yourself in the nomadic experience of the Algonquin peoples in the early days of the colony. Travel through Canada's history and discover the Outaouais region's rich culture. Learn more about the contribution of the coureurs des bois, yesterday and today. Explore the Ottawa River and follow in the paddle strokes of the first coureurs des bois as you enjoy a guided voyageur canoe excursion on this historic waterway.



Haunted Walk of Ottawa

### Théâtre Dérives Urbaines

819 595-3436 – derivesurbaines.org/parcours
Open: Year-round

If you're interested in learning about the history of the National Capital Region or exploring downtown Gatineau's historic neighbourhoods, these theatrical walking tours are for you! During the tour, professional actors portraying four historical characters provide a fun and memorable experience for the whole family. A guide will accompany you during the walking tour, which lasts about 90 minutes. Family-friendly. Accessible for people with reduced mobility.



© Haunted Walk of Ottawa

## Ottawa

### Gray Line Ottawa-Gatineau

kiosk at the corner of Sparks and Elgin St.
613 562-9090 – 1 855 562-9090 – grayline-ottawa.com
Open: May to October

Hop aboard one of the authentic London-style double deckers for a full-day guided city tour. The tour begins at the Gray Line kiosk at the corner of Sparks and Elgin Streets and runs in a continuous loop that allows you to hop on and off at your favourite sites. Landmarks along the route include the Canadian War Museum, Parliament Hill, Canadian Museum of History, Notre-Dame Basilica, Rideau Hall, RCMP Museum and Stables, Canada Aviation and Space Museum, National Gallery, ByWard Market, Rideau Canal, Dow's Lake and Canadian Museum of Nature.

### Haunted Walk of Ottawa

46 ½ Sparks St.
613 232-0344 – hauntedwalk.com
Open: Year-round

The Haunted Walk of Ottawa offers year-round guided walking tours that highlight the city's ghost stories and darker history. Evening tours take place by lantern light—the perfect atmosphere for a good ghost story. The Haunted Walk's tour guides are carefully chosen among the region's best storytellers, actors and amateur historians. Tours depart from the ticket office at 46 ½ Sparks Street, at the corner of Elgin Street.

### Héli-Tremblant

11 Aviation Parkway (Rockcliffe Airport)
819 425-5662 – 1 866 425-5662
heli-tremblant.com
Open: April to October

Héli-Tremblant offers a range of personalized helicopter services, including charters, aerial photography and evxcursions, and summer helicopter tours over Ottawa and Gatineau. Departures from the Canada Aviation and Space Museum in Ottawa.

### Lady Dive Tours

kiosk at the corner of Sparks and Elgin St.
613 223-6211 – ladydive.com
Open: May to September

Lady Dive Tours specializes in bilingual guided tours of Ottawa on both land and water! Hop aboard the Amphibus or one of the double-decker buses and discover over 75 attractions in the National Capital, including museums, parks, embassies, Parliament Hill, the Prime Minister's residence, Rideau Hall, the ByWard Market, and lots more. A unique historical and educational adventure awaits you! ad. p.115


Lady Dive Tours

© M. Foote

# Performance Venues

## Gatineau

### Cabaret La Basoche

120 Principale St.
819 243-8000 – 1 866 299-2002 – gatineau.ca
Open: Year-round

Located in the heart of Old Aylmer, in the Centre culturel du Vieux-Aylmer, Cabaret La Basoche (one of the most beautiful theatres in the region) presents intimate and original live performances that invite you to expand your cultural horizons! The eclectic program includes world music, comedy, blues, storytelling, folk, song, and theatre for young audiences, created and performed by artists whose amazing talent will move and entertain you.

### Espace René-Provost

39 Leduc St.
819 243-8000 – 1 866 299-2002 – gatineau.ca
Open: Year-round

The Espace René-Provost is located in the Jacques-Auger Cultural Centre, in the Hull sector. This intimate 50-seat hall offers a program of innovative and experimental entertainment. The shows are created and presented by professionals, community groups and schools with the support of the Théâtre de l'Île.

### Propulsion scène

Marché public Notre-Dame
819 669-2224 – propulsionscene.com
Open: Year-round

On your way to the Notre-Dame Market, you may notice a sheltered space near Saint-André Street: you're looking at Espace Propulsion! Propulsion is a multifunctional, universally accessible performance venue with a year-round event program, including movie nights, live shows, festivals, and more!

### Salle Jean-Despréz

25 Laurier St.
819 243-8000 – 1 866 299-2002 – gatineau.ca
Open: Year-round

An enchanting world of emotion, colour and sound awaits you at the Salle Jean-Despréz! This intimate performance hall presents a year-round program of shows for all tastes and all ages: song, blues, folk, world music, children's theatre, comedy, and more.

### Salle Odyssée

855 De la Gappe Blvd.
819 243-2525
maisondelaculture.ca/salle-odyssee
Open: Year-round

From plays, variety shows and headlining stand-up comics to folk, jazz and classical concerts, the Salle Odyssée of the Maison de la culture de Gatineau is a key venue for leading artists from Quebec and beyond. Recognized across the province for its quality facilities, welcoming ambiance and first-class programming, the Salle Odyssée presents a diverse year-round program that appeals to all ages and tastes. Come see for yourself!

## Ottawa

### French Theatre at the National Arts Centre

53 Elgin St.
613 947-7000 – 1 866 850-2787 – nac-cna.ca/en/theatrefrancais
Open: Year-round

The National Arts Centre French Theatre invites Francophone and Francophile spectators of all ages to discover the bold creations of emerging and established theatre artists from Quebec, Canada, and around the world. French Theatre audiences can count not only on seeing quality theatre, but on participating in events and activities that go beyond the performance. Come and experience a deeply and genuinely human adventure.

# Shopping

**Gatineau**

### Habitude Design

22 Eddy St.
613 227-9049 – habitudedesign.ca/en
Open: Year-round

By offering a range of 100% Canadian products in a custom-designed space, Maison Habitude aims to encourage people to buy less, but buy better! What could be nicer than surrounding yourself with unique products that have a story and bring you pleasure every day? Carefully selecting each object we live with—it's lifestyle worth considering!

**Vallée-de-la-Gatineau**

## Maniwaki

### Équipements Maniwaki

62 Rt. 105
819 449-1744 – equipementsmaniwaki.com/en
Open: Year-round

Established in 1964, Équipements Maniwaki is a trusted family business that specializes in sales and repairs of recreational vehicles such as boats, snowmobiles and ATVs. It also supplies rental outboard motors to many Quebec and Ontario outfitters. It carries primarily Princecraft, Campion, Mercury, Ski-Doo, and Can-Am brands.

# Shopping Centres

**Gatineau**

### Les Promenades Gatineau

1100 Maloney Blvd. West
819 568-1158 – lespromenades.com/en
Open: Year-round

Home to over 155 stores, Les Promenades Gatineau (LPG) has become THE fashion destination in the Outaouais. After a $110-million upgrade by its co-owners Oxford and Montez, the centre has undergone major transformations, including 13 new skylights, renovated common areas, a central customer service counter, and a 750-seat food court.

### Place du Centre

200 Du Portage Drive
819 770-3740 – placeducentre.com/en
Open: Year-round

Place du Centre offers a food court with more than 17 different restaurants and a seating capacity of 500, boutiques, a pharmacy, a photo processing store, medical and dental clinics, and a dry cleaner that also does alterations and shoe repair. A network of pedestrian pathways links Place du Centre to the Passport Canada office, Palais des congrès de Gatineau, Maison du citoyen, Jos-Montferrand complex, Four Points by Sheraton Hotel, and four federal office towers, as well as a huge underground parking garage. Open at 6 a.m. on weekdays.



Habitude Design

© Habitude Design

# Spas and Wellness

**Gatineau**

### KŌENA Spa

1176 Aylmer Rd.
koenaspa.com/en
Open: Year-round

KŌENA means «balance» in the Hawaiian language. The tropical paradise of the Hawaiian Islands embodies the culture of well-being and slow living, as does the brand new KŌENA Spa. A complete Nordic thermal experience that will immerse you in a world of pure relaxation. Opening April 15, 2020! ad. p.93

### Studio 157

348 Main St.
819 663-8387 – studio157.com
Open: Year-round

Studio 157: the day spa in the Outaouais for over 35 years. Esthetics, massage therapy, body treatments, hairstyling, laser hair removal, epilation, makeup, spa packages, chair massage (on location at your corporate office or event). Gift certificates available. Second location: Double Tree by Hilton Hotel Gatineau–Ottawa, 1170 Aylmer Road, Gatineau (Aylmer sector).

# Theatres

**Collines-de-l'Outaouais**

## La Pêche (Wakefield)

### Théâtre Wakefield

38 Valley Drive
819 459-2025 – theatrewakefield.ca/en
Open: Year-round

Theatre Wakefield presents original and repertory theatre and film in the charming and hospitable village of Wakefield. It also hosts professional shows by visiting performers from across the continent at Wakefield Centre, a comfortable 200-seat venue with full theatrical sound and lighting. Parking is free, and there are several fine restaurants within walking distance.


Théâtre de l'Île

**Gatineau**

### Théâtre de l'Île

1 Wellington St.
819 243-8000 – 1 866 299-2002 – gatineau.ca
Open: Year-round

Built in 1886, this former water tower on a beautiful site is now home to the Théâtre de l'Île. The first municipal theatre in Quebec, it offers an appealing blend of community and professional theatre ranging from the classics to contemporary plays.

### Théâtre du Casino

1 Casino Blvd.
819 772-6222 – 1 877 977-7970 – theatrecasino.ca
Open: Year-round

Looking for an extraordinary evening in an outstanding venue? The Théâtre du Casino du Lac-Leamy has it all: comedy, music, theatre, intimate shows and large-scale blockbusters. The versatile space has many configurations, from 650 to 1,068 seats, and the audience is never more than 25 metres from the stage. Must be 18 years or over. Tickets available at ticketmaster.ca and by phone at 1-877-977-7970. Free outdoor parking.


© C. Baron-Courcy

# Urban Parks

## Gatineau

### Des Cèdres Park

1 Principale St.
311 – 1 866 299-2002 – gatineau.ca
Open: Year-round

Numerous outdoor activities are available: cycling and in-line skating on the recreational path, marina, baseball, volleyball, and swimming at a beautiful supervised beach. Facilities include a snack bar, change rooms, showers, picnic tables, bike repair station and children's play structures. It's the perfect place to enjoy superb sunsets!

### Jacques Cartier Park

Laurier St.
ncc-ccn.gc.ca/places-to-visit
Open: Year-round

As one of the Capital's main event parks, Jacques-Cartier Park hosts national festivities such as Canada Day and Winterlude. It's also home to the Maison du vélo and the Hull Marina. It borders the Ottawa River and offers spectacular views of the Ottawa skyline. Located across from the Maison du tourisme (tourist information office) and the Canadian Museum of History, it's the ideal departure point for a downtown excursion. Jacques-Cartier Park is managed and protected by the National Capital Commission.



Ferme Dalton

### Leamy Lake Park

Fournier Blvd.
ncc-ccn.gc.ca/places-to-visit/parks-paths-and-parkways/leamy-lake-park
Open: May to October

Bounded by Leamy Lake and the Gatineau and Ottawa rivers, Leamy Lake Park is the largest urban park in the National Capital Region. It has a supervised beach, two volleyball courts, a playground, a picnic area and concessions. Pathways lead to archaeological sites dating back 5,000 years. The northern section of the park is an exceptional site for birdwatching. Leamy Lake Park is managed and protected by the National Capital Commission.

### Parc de la Ferme Dalton

199 Dalton SR
819 643-5230 – facebook.com/parcdalton
Open: Year-round

Built by a group of motivated volunteers, the Parc écologique Dalton (Dalton Eco-Park) and the Parc floral des Nations (Floral Park of the Nations) will delight you. The site includes a 6-km multipurpose trail with three covered bridges over the Blanche River, a schoolhouse, a sugar shack, a farmhouse, orchards, a gardener's workshop, a floral park, large vegetable gardens, and a replica of the old Templeton train station. An ideal spot for a stroll and a picnic.

### Parc des Rapides Deschênes

30 Martel St.
311 – 1 866 299-2002 – gatineau.ca
Open: Year-round

The green space along the river is a historic site with a panoramic view of the Deschênes Rapids. In this beautiful waterfront landscape, you can still see the remains of the region's first hydroelectric generating plant.



© Ville de Gatineau



# Culture and Living History

**Art galleries, studios and installations demonstrate Quebecers' creativity, while historic buildings and sites speak to the province's rich past. International exhibitions help shed light on Québec culture, as do the region's Indigenous traditions, the heritage of an inspiring living culture.**

▼ Classified by sub-themes in alphabetical order

## Art Galleries

### Collines-de-l'Outaouais

#### Chelsea

**Galerie Old Chelsea**

783 Rt. 105
819 827-4945 – galerieoldchelsea.ca
Open: Year-round

Nestled in the woods at the edge of Gatineau Park, just 15 minutes from downtown Gatineau and Ottawa, in a beautiful open space above Les Fougères restaurant, Galerie Old Chelsea invites you to appreciate great art. Ten artists from the National Capital Region have joined forces to offer a diversified selection of work, with a special exhibition area reserved for three-week shows by featured local artists working in a wide range of styles and media.

**La Fab – Chelsea Arts, Culture and Heritage Centre**

212 Old Chelsea Rd.
819 827-3326 – culturechelsea.ca/en
Open: Year-round

La Fab Arts Centre in Chelsea is one of the Outaouais' hidden treasures. Located in the former Saint-Stephen's Church rectory, it houses an art gallery, a boutique and nine artist studios that are open to visitors. In addition to showcasing works by local artists, this magnificent heritage building offers various spaces to rent for meetings and cultural activities.

### Gatineau

**Boutique la petite G'ART**

199 Montcalm St.
819 778-1818 – cavma.ca
Open: Year-round

Located at the entrance to the artists' district, this small boutique in a former train station specializes in work by local artists. La petite G'ART stands out for its unique character and the many treasures to be discovered within, all created by the artists and artisans of the Coopérative des arts visuels et métiers d'art de l'Outaouais (CAVMA). A great place to find that special and original gift!

**Centre d'exposition Art-image**

855 De la Gappe Blvd.
819 243-2325 – art-image.ca
Open: Year-round

The Centre d'exposition Art-image, whose mission is to promote contemporary visual arts, aims to strengthen connections between the arts and the public.

**Espace Pierre-Debain**

120 Principale St.
819 685-5033 – 1 866 299-2002 – gatineau.ca
Open: Year-round

This gallery located in the Centre culturel du Vieux-Aylmer features arts and crafts exhibitions with an emphasis on multidimensional work, as well as occasional visual arts exhibitions. Six exhibitions per year.



© M. Foote

**Galerie Montcalm**

25 Laurier St., 1st floor
819 595-7488 – 1 866 299-2002 – gatineau.ca
Open: Year-round

Established in 1980, Galerie Montcalm presents six exhibitions per year showcasing the work of local, Canadian and international artists working in various visual arts disciplines. Recognized as a museum institution, Galerie Montcalm also presents educational displays of objects and artifacts related to art.

**Vallée-de-la-Gatineau**

## Blue Sea

**Le Presbytère de Blue Sea**

4 Principale St.
819 463-0259 – facebook.com/presbyterebluesea
Open: May to October

Following its purchase by the Municipality of Blue Sea, the Presbytère (rectory) was transformed into a cultural centre for the community, housing an art gallery with free access to computers and Wi-Fi, and a tourist information centre. The gallery is dedicated to promoting the arts and supporting interaction and exchange of ideas between artists and the public. The space fosters the emergence of artists and acts as a catalyst on the regional cultural scene.



Galerie Montcalm

# Artist and Artisan Tours

**Collines-de-l'Outaouais**

## Cantley

**Art de l'Ordinaire**

819 827-3641 – artdelordinaire.com

A collective of two dozen artists and artisans living in and around the village of Cantley. They organize several events during the year, including an autumn studio tour where you can visit the artists in their studios and discover all kinds of creative treasures, and a Christmas market where you'll find unique and original gifts. As well, they present lectures and workshops for artists/artisans and the general public.

## Chelsea

**Artists in Their Environment**

819 598-3161 – tourcw.com
Open: Year-round

Throughout the year, over 20 artists and artisans in Chelsea, Wakefield and La Pêche open their studio doors by appointment. In September, they offer a studio tour, a very popular event among local and visiting collectors looking for original paintings, photographs, sculptures, jewellery, glassworks, etc. Come and meet the artists in their environment!

**Petite Nation**

## Ripon

**Solart Studio Gallery**

211 Lac-Grosleau Rd., Rt. 317
819 428-1765 – solartceramic.com
Open: Year-round

Founded in 1999 by artist Michelle Lemire, Solart Studio Gallery is an artistic creation, exhibition and learning centre specializing in sculpture, ceramics, jewellery and foundry. Contemporary jewellery and art objects made of porcelain, bronze, stone, silver and gold are available at the gallery. Solart accepts commissions for private, corporate and public artworks and offers specialized services for emerging and established artists.

© Ville de Gatineau

# Historical Sites (Heritage)

## Collines-de-l'Outaouais

### Chelsea

**Mackenzie King Estate**

MacKenzie King Rd.
819 827-2020 – 1 866 456-3016 – GatineauPark.gc.ca
Open: May to October

A precious Canadian legacy in Gatineau Park. This 231-hectare country estate once belonged to Canada's 10th prime minister, William Lyon Mackenzie King. After spending almost 50 years (1903–1950) beautifying and expanding his property, King bequeathed his beloved estate to all Canadians. Go back in time with a visit to the faithfully restored cottages (which are now museums), historic ruins, lush gardens, and the popular Mackenzie King Tearoom. Gatineau Park is managed and protected by the National Capital Commission. ad. p.95

### Gatineau

**Maison des auteurs (Charron House)**

164 Laurier St. (Jacques-Cartier Park)
819 770-3339 – aaao.ca
Open: May to October

Located in Charron House near the marina in Jacques-Cartier Park, La Maison des auteurs is an enchanting place to relax, have a light snack, and enjoy free cultural activities such as concerts, open mics, workshops and conferences. Discover the Outaouais' rich literary scene while visiting the oldest heritage house in Gatineau.

## Petite Nation

### Montebello

**Manoir Papineau National Historic Site**

503 Notre-Dame St.
418 572-6151 – 1 888 773-8888
pc.gc.ca/lhn-nhs/qc/manoirpapineau
Open: June to September

In order to carry out major restoration work on its historic buildings, the Manoir Papineau National Historic Site will be closed to the public for the 2020 tourist season. However, a Visitor Centre, located near the parking lot, will remain open to the public during peak season. Visitors can obtain tourist information from the centre and learn more about Parks Canada's leadership in cultural resource conservation. Open daily, from 10 am to 5 pm, from June 20 to September 7 (closed on July 1st).

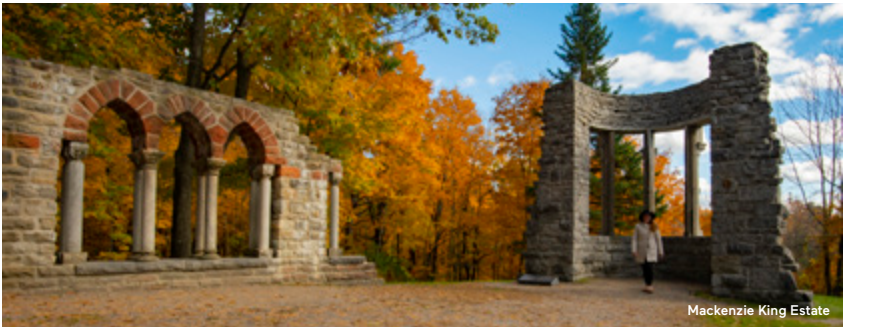
## Pontiac

### Mansfield-et-Pontefract

**Félix-Gabriel-Marchand Bridge**

300 Principale St.
819 683-2944 – 1 800 665-5217 – tourisme-pontiac.com/listing/felix-gabriel-marchand-bridge
Open: Year-round

The Marchand covered bridge, the longest covered bridge in Quebec, was built in 1898 by Augustus Brown of Beachburg. The 153-metre structure replaced two older bridges spanning the Coulonge River and linking the lumber camp on one shore to the village of Fort Coulonge on the other. Built entirely of pine and held up by six wooden pillars, the one-way bridge was covered so that it wouldn't rot. Currently undergoing restoration, the bridge adds charm to the picturesque Coulonge River.



Mackenzie King Estate



© R. David


George Bryson Cultural House

**George Bryson Cultural House** P

314 Rt. 148
819 683-2944 – maisonbryson.com/index_en.html
Open: June to August

The elegant George Bryson Cultural House, designated a historic site by the Province of Quebec, is located just down the road from Quebec's longest covered bridge. Browse the museum to discover the fascinating history of the Pontiac region and the Bryson family. Interested in family history? Explore the genealogical archives, where the volunteers will be happy to help you discover your family tree.

**Vallée-de-la-Gatineau**

## Grand-Remous

**Savoyard Bridge** $ P

1508 Trans-Canada Rt.
819 438-2877
pontscouverts.com/blogue/pont-savoyard
Open: Year-round

The Savoyard covered bridge, built in 1931, stretches over 102 metres. It features lookouts and descriptive panels that reveal the secrets of log driving, and offers a breathtaking view of the Grand-Remous rapids.

## Maniwaki

**Thematic Park – Pythonga Tugboat** $ P

Des Oblats St.
819 441-1537
ci-chateaulogue.qc.ca/en/pythonga.shtml
Open: June to September

Visit the Pythonga theme park on the shore of the Désert River, which runs through town. Climb inside the Pythonga, an authentic tugboat once used to tow logs across the Baskatong Reservoir.

**Ottawa**

**Laurier House National Historic Site**

335 Laurier St. East
613 992-8142 – parkscanada.gc.ca/laurierhouse
Open: May to September

Explore our country's political history by visiting the former home of two of Canada's greatest prime ministers, Sir Wilfrid Laurier and William Lyon Mackenzie King. Discover the new exhibition on the Second World War, enjoy Saturday-afternoon tea on the veranda, attend a re-enactment of a state dinner, take in an interactive play, or go on a guided tour.

**Rideau Hall** $

1 Sussex Drive
613 991-4422 – 1 866 842-4422 – gg.ca/rideauhall
Open: Year-round

Rideau Hall is the official home and workplace of the Governor General of Canada. This historic residence is just minutes away from downtown Ottawa. In summer, visitors can enjoy a variety of activities: guided tours of the residence, the landscaped grounds and the collection of Canadian art, relief of the Ceremonial Guard sentries and family activities. In winter, the outdoor skating rink is open to the public on weekends and you can also visit the residence upon reservation. ad. p.97

# Indigenous Culture

**Collines-de-l'Outaouais**

## La Pêche (Wakefield)

**Khewa** P

737 Riverside Rd.
819 459-2112 – khewa.com
Open: Year-round

Khewa is the northern wind that gently guides you back to your traditions. Khewa's mission is to contribute to the economy of First Nations people by promoting Indigenous, Métis and Inuit artists. The boutique and art gallery offers a wide range of creative products, from handcrafted pieces to unique works of art. Khewa also offers services for corporate clients: cultural workshops on site, at business events or in schools. Groups are welcome for storytelling sessions (reservations required).

© George Bryson Cultural House

**Gatineau**

### Indigenous exhibitions at the Canadian Museum of History

100 Laurier St.
819 776-7000 – 1 800 555-5621 – historymuseum.ca
Open: Year-round

Explore the history, culture and heritage of Canada's Indigenous Peoples at the Canadian Museum of History, Canada's premier museum of human history! The Museum has three exhibitions exploring Canada's Indigenous legacy. The stunning Grand Hall focuses on Indigenous Peoples of the Pacific Coast. The First Peoples Hall celebrates the history, diversity, creativity and resourcefulness of First Nations, Inuit and Métis People. And in the new Canadian History Hall, Indigenous stories are integral to a national narrative spanning 15,000 years.

### Indigenous Experiences

100 Laurier St
613 838-5558 – indigenous-experiences.ca
Open: July to September

Come discover Indigenous culture and history at this authentic experience featuring informed First Nations ambassadors, traditional songs, stories and dances. This open forum provides an ideal gathering place for visitors and locals alike, as well as for Indigenous people from across Canada, where all can share their respective cultures. Programming takes place outdoors directly below the Canadian Museum of History. Tickets are available at the Museum for multiple performances each day.


Indigenous Experiences

**Vallée-de-la-Gatineau**

## Maniwaki

### Kitigan Zibi Anishinabeg Cultural Centre

54 Makwa Mikan
819 441-1655 – 819 849-1798
kzadmin.com/Cultural.aspx
Open: Year-round

The Kitigan Zibi Cultural Centre has a number of exhibits, cultural artifacts, paintings, and photographs about Algonquin culture and history. The round building also houses the exhibition Kichi Sibi organized by the Canadian Museum of History and tracing the history of the Algonquin people. Tradition is alive and well at Kitigan Zibi. The Centre offers a variety of group workshops, including an introduction to Indigenous culture; embroidery; making earrings, moose callers and dream catchers; and drumming and dancing.

# Interpretation Centres

**Collines-de-l'Outaouais**

## La Pêche (Wakefield)

### Fairbairn House Heritage Centre

45 Wakefield Heights Rd.
819 778-3382 – fairbairn.ca
Open: May to October

Fairbairn House Heritage Centre showcases the history of the Gatineau River Valley. Built in 1861, the William Fairbairn family homestead now features a tourist office, exhibitions on local heritage, guided tours, a heritage log cabin, heritage barn, outdoor stage and access to walking trails. The Heritage Centre is located a stone's throw from Wakefield's famous red covered bridge.

**Gatineau**

### Rapides-Farmer Generating Station

2740 St-Louis St.
1 800 365-5229
hydroquebec.com/visit/outaouais/farmers.html
Open: May to August

In summer, discover the heritage of the Rapides-Farmer power station, located a few kilometres from downtown Gatineau and in operation since 1927. You'll be fascinated by the history, the hydroelectric facilities and the enchanting setting of this river-run power station. Free admission. Flat, closed shoes are mandatory. Space is limited; reservations are required. ad. Inside rear cover


© S. Lavallée

### Vintage Wings of Canada

1699 Arthur-Fecteau St.
819 669-9603 – vintagewings.ca
Open: Year-round

A hidden gem in the National Capital Region, Vintage Wings of Canada invites you to explore the Michael U. Potter collection, one of the world's finest collections of Second World War aircraft and aviation artifacts. Only 20 minutes from downtown Ottawa, the organization's hangar at the Gatineau–Ottawa Executive Airport offers you the rare opportunity to get up close to these historic aircraft, while your personal tour guide explains how the planes and their heroic pilots shaped our rich Canadian aviation heritage. Contact Vintage Wings and book your tour today!

## Vallée-de-la-Gatineau

## Grand-Remous

### Walleye Interpretation Centre

506 Baskatong Rd.
819 438-1177 – afcbaskatong.com
Open: May to September

The Walleye Interpretation Centre, run by the association Pêche Sportive du Réservoir Baskatong, is a fun and enriching activity for the general public and school groups. See the walleye as you've never seen it before, from egg to hook.

## Maniwaki

### Parc du Draveur

Des Oblats St.
819 449-6627 – 1 866 449-6728 – ville.maniwaki.qc.ca
Open: Year-round

As a special tribute to log drivers and to ensure that they will live on in our memory, the City of Maniwaki created the Parc du Draveur and the Centre d'interprétation de la drave in its downtown area. Visitors are invited to admire the imposing steel statue of a log driver, and read the interpretation panels that testify to the gratitude of residents towards those who contributed to the region's development.

## Sainte-Thérèse-de-la-Gatineau

### White-Tail Deer Interpretation Centre

6 Du Barrage Rd.
819 449-6666 – sainte-therese-de-la-gatineau.ca/en/interpretation_center_white_tailed_deer.php
Open: June to September

The White-Tail Deer Interpretation Centre offers visitors extensive information on this majestic animal. Interpretation panels are displayed in an impressive log pavilion. Nature enthusiasts can explore the hiking trails. The Refuge du bûcheron, near Thirty-One-Mile Lake, gives visitors a place to warm up and even sleep overnight (reservations required). During the summer, the Centre fosters fawns that will be released to the wild in the fall.

## Ottawa

### Parliament of Canada - Guided Tours

613 996-0896 – 1 866 599-4999 – visitez.parl.ca
Open: Year-round

Following the closure of the Centre Block, free guided tours of Parliament are now offered in two separate locations. Visit the Senate in the former Ottawa train station, and the House of Commons in the West Block on Parliament Hill. It's best to book advance tickets on line, as a limited number of tickets are made available every day, on a first come, first served basis. ad. p.97

### Supreme Court of Canada

301 Wellington St.
613 995-5361 – 1 866 360-1522 – scc-csc.ca
Open: Year-round

Visitors to the Supreme Court of Canada can learn more about Canada's highest court by taking a guided tour. The Court's tour guides, who are all law students, will show you the public areas of the Court building, and explain how the Canadian judicial system works and how the Court deals with legal issues of public importance. When the Court is in session, you can sit in on an appeal hearing.

# Museums

## Gatineau

### Beer Museum at Les Brasseurs du Temps

170 Montcalm St.
819 205-4999 – brasseursdutemps.com/en
Open: Year-round

Learn about the history of beer and its importance for the region at the brewery and beer museum at Les Brasseurs du Temps. Hull's brewing tradition is closely linked to the region's social and economic history. Though Brewery Creek, which runs through the heart of the Old Hull sector, is a prominent landmark, few people know how it got its name.

### Canadian Children's Museum

100 Laurier St.
819 776-7000 – 1 800 555-5621
historymuseum.ca/childrens-museum
Open: Year-round

Hands-on adventure! Young visitors are invited to discover one amazing destination after another. From a camelback trek to a desert pyramid to a stroll through the bustling Market Bazaar, they can experience endless ways to learn about different peoples and cultures. A world of discovery where parents have as much fun as their kids.

### Canadian Museum of History

100 Laurier St.
819 776-7000 – 1 800 555-5621 – historymuseum.ca
Open: Year-round

Breathtaking setting. Majestic architecture. Fascinating exhibitions. Welcome to Canada's national museum of history, exploring this country's rich cultural heritage, including the outstanding achievements of First Peoples. Visit the Canadian History Hall, the new signature exhibition. Through authentic artifacts and fascinating stories, visitors come face to face with the events, movements and personalities that have shaped this country. Tour our many special exhibitions, be a kid again at the Children's Museum and live the ultimate cinema experience at the CINE+. ad. p.160

### Symmes Inn Museum

1 Front St.
819 682-0291 – symmes.ca
Open: Year-round

Built in 1831 by Charles Symmes, the founder of Aylmer, this heritage building in the heart of Old Aylmer's heritage district is a classified historic monument and a designated National Historic Site of Canada. It houses the Symmes Inn Museum and its permanent exhibition, Symmes Inn: Windows onto the Ottawa River, which recounts (through historical figures) the various functions of this important location over the centuries: the river as a landing place, a busy waterway, a hive of industrial activity, a passage for steamboats, and a leisure attraction.

## Petite Nation

## Saint-André-Avellin

### Musée des pionniers

20 Bourgeois St.
819 983-1491 – museedespionniers.qc.ca
Open: Year-round

Surrounded by maple trees shading the statue of the guardian angel dominating the Petite Nation, the museum houses hundreds of artifacts that capture the traditions of 19th-century pioneers. Linking the wooded trail and the mill lookout, a superb footbridge crosses the river and leads to the Saint-André-Avellin heritage route. Ingenious agricultural tools and equipment are displayed in a utility shed, while an old-fashioned gazebo welcomes speakers and choirs during holidays and other festivities.



Canadian Museum of History



© M. Baril-Tessier

## Ottawa

### Bank of Canada Museum

30 Bank St.
613 782-8914 – bankofcanadamuseum.ca
Open: Year-round

Enter the heart of the economic system and explore interactive exhibits that cover everything from how people's expectations affect the health of an economy to how inflation targeting works (hint: you get to fly a rocket ship!). From shells once used as money to bank notes made from tree bark, learn the history and lore of money. Stimulating, fascinating, and most of all, fun. Discover the Bank's role in the economy and your own very important place in it. ad. p.96

### Bytown Museum

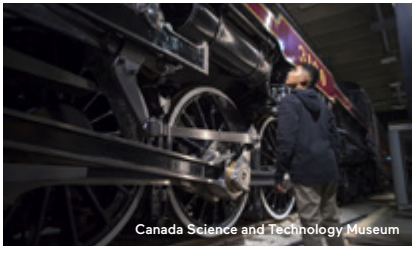
1 Canal Lane
613 234-4570 – bytownmuseum.ca
Open: Year-round

The Bytown Museum explores the stories of an evolving city and its residents, from its early days as Bytown to present-day Ottawa. The Museum is located at the Rideau Canal's Ottawa locks, a UNESCO World Heritage Site, between Parliament Hill and the Fairmont Château Laurier hotel. Discover Ottawa's history through exhibitions, public programs, special events, activities for all ages, and audio-guides available in six languages!

### Canada Agriculture and Food Museum

901 Prince of Wales Drive
613 991-3044 – 1 866 442-4416 – IngeniumCanada.org
Open: Year-round

The Farm in the Heart of the City! The museum offers programs and exhibitions on Canada's agricultural heritage, food literacy, and the benefits of agricultural science and technology and their role in Canadians' everyday lives. Visit the animal barns and explore the captivating exhibitions. Programming includes special weekend theme events, school programs, summer day camps, interpretive tours, and demonstrations.



Canada Science and Technology Museum

© Ingenium - Canada Science and Technology Museum

### Canada Aviation and Space Museum

11 Aviation Parkway
613 991-3044 – 1 866 442-4416 – IngeniumCanada.org
Open: Year-round

Take a journey through Canada's aviation and space history, from the early days of flight to the future of space exploration. At the Canada Aviation and Space Museum, discover the most extensive aviation collection in Canada, with aircraft from both civil and military service. Navigate through the Canada in Space exhibition and learn how Canada's astronaut program got off the ground as a direct result of the Canadarm's iconic success. Step into Life in Orbit: The International Space Station for a taste of life as an astronaut.

### Canada Science and Technology Museum

1867 St-Laurent Blvd.
613 991-3044 – 1 866 442-4416 – IngeniumCanada.org
Open: Year-round

The newly-designed Canada Science and Technology Museum, reopened in late 2017, invites visitors to immerse themselves in Canadian science, technology, and innovation through 11 interactive exhibitions. Inquisitive play and experimentation are celebrated in the ZOOOM Children's Innovation Zone and the Exploratek tinkering space. Revisit old favourites like the Crazy Kitchen and the locomotives, and watch captivating science activities unfold daily on our Demo Stage.

### Canada's Capital Museum Passport

1 844 878-8333 – museumspassport.ca
Open: Year-round

The Museums Passport ($35) is valid for general admission to 3 national museums in the region over 3 consecutive days. Choose among 7 participating museums: Canada Agriculture Museum, Canada Aviation Museum, Canadian Museum of History, Canadian Museum of Nature, Canadian War Museum, Canada Science and Technology Museum, and National Gallery of Canada. Each child (17 and under) accompanying the passport holder gets a 30% discount off child/student admission at each museum.


Canadian Museum of Nature

### Canadian Museum of Nature

240 McLeod St.
613 566-4700 – 1 800 263-4433 – nature.ca
Open: Year-round

Canada is all about nature. The beautiful vistas and wildlife you expect to see are all on display at the Canadian Museum of Nature. Just minutes from Parliament Hill, the Museum's permanent collection includes dioramas of iconic Canadian mammals in their natural habitats, Canada's original collection of dinosaur fossils, an enormous blue whale skeleton, and much more. 3D movies, special exhibitions and guided tours are also available. ad. p.93

### Canadian War Museum

1 Vimy Pl.
819 776-7000 – 1 800 555-5621 – warmuseum.ca
Open: Year-round

Canada's rich military history is showcased through artifacts, personal stories, artwork, photos and interactive presentations. Tour the extensive permanent exhibitions and expand your knowledge of the conflicts that shaped Canada, Canadians and the world. Rest and reflect in Memorial Hall. Discover the Museum's fascinating architectural theme, and chat with a veteran to make history come alive. ad. p.160

### National Gallery of Canada

380 Sussex Drive
613 990-1985 – 1 800 319-2787 – gallery.ca
Open: Year-round

See Canada's visual arts treasures within the lively Ottawa ByWard Market. Discover the remarkable stories that have shaped this country in the completely reinvented Canadian and Indigenous Galleries. Love photography? Don't miss the Gallery's new Canadian Photography Institute. If the great masters are more your style, the Gallery is your destination for the country's finest collection of European art. Come celebrate creativity at one of Canada's most impressive landmarks. ad. p.96

### Royal Canadian Mint

320 Sussex Drive
613 993-8990 – 1 800 276-7714 – mint.ca
Open: Year-round

Founded in 1908, the Royal Canadian Mint produces coins for Canada and other countries. It also offers high-quality related products and services. Take a guided tour and discover how art, technology and heritage work together. ad. p.95

# Shops

## Collines-de-l'Outaouais

## Chelsea

### Doozy Candle

181 Old Chelsea Rd.
819 827-1636 – doozycandle.com
Open: Year-round

Looking for a unique gift or a little treat for yourself? Doozy Candle in Chelsea will amaze you! Browse a wide selection of candles handcrafted by local artists using top-quality wax.

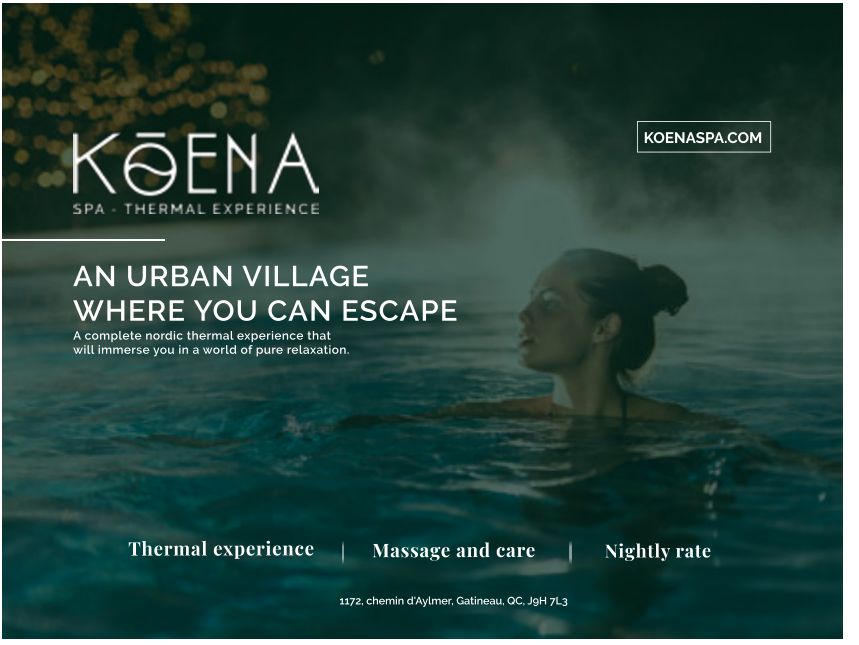
## Gatineau

### CHA YI Tea House

165 Eddy St.
819 205-1830 – shop.chayi.ca
Open: Year-round

CHA YI Tea House specializes in fine loose and artisan (blooming) teas from China, Taiwan, Japan and India. The boutique carries 150 loose leaf teas, a dozen house-blended tisanes made from local organic plants, and a wide selection of tea accessories. Take a break in our tea room and enjoy your favourite blend (prepared in a pot or in traditional style) and a selection of scones, homemade cookies and other tasty treats! Saturday-morning tea tastings and demonstrations available (reservations required).


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Louise Bourgeois, *Maman* (detail), 1999, cast 2003. NGC, Ottawa. © The Easton Foundation. Photo © NGC

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# Winter Fun



**When winter arrives, all of Québec goes outside to play: sliding, trekking, downhill and cross-country skiing, snowshoeing — anything is possible! Marked snowmobile trails cut across the vast region. Winter can't even put a damper on the parties and vibrant urban life!**

▼ Classified by sub-themes in alphabetical order

## Dog Sled Rides

**Collines-de-l'Outaouais**

### Val-des-Bois

**Attelage de la Lièvre** P

Blanchard Rd.
819 665-8680 – attelagedelalievre.com
Open: December to April

Enjoy a memorable dog sledding experience in the Outaouais, just 30 minutes from Gatineau–Ottawa! In a breathtaking mountain landscape, you can drive your own sled or sit back as the dog team whisks you along the trail. Visit the kennel to learn more about the life of a sled dog! Packages with accommodation available.

**Petite Nation**

### Montpellier

**Tanwen Pack** P

135 Chenail du Moine Rd.
819 800-6654 – tanwen.qc.ca
Open: December to April

The Tanwen Pack has been offering sport dog sled rides since 2005. One hour, two hours or more are offered to discover this ancestral sport through the lush forests of the Petite Nation. Indeed, it's in Lac-Simon that the musher, Eric Pichette, will teach you how to drive your own team of 4 dogs while following a guide (seating is available on request). Get ready to have fun, to go beyond your limits.

**Pontiac**

### Bristol

**Timberland Tours** P

36 Ragged Chute Rd.
819 647-3185 – timberlandtours.ca/index_en.html
Open: Year-round

Enjoy an unforgettable adventure any time of year, in the heart of the Pontiac, only 45 minutes from Gatineau–Ottawa! Discover an exceptional breed of dogs—a mix of greyhound, husky and pointer; over 40 very endearing pups! In summer, climb aboard a wagon on wheels pulled by a dog team over scenic sand-covered trails. In winter, go on a dog sled tour over 15 km of snowy trails. Warm hospitality, a bonfire and a log cabin complete your experience.



Tanwen Pack



© Ville de Gatineau, Tikka Photographie

## Otter Lake

**Escapade Eskimo** P

1378 Rt. 301
613 454-5443 – escapade-eskimo.com
Open: December to March

Travel along magnificent lakeside and woodland trails in the scenic Pontiac. Escapade Eskimo offers visitors a memorable dog sledding experience. Why not round off the activity with a relaxing soak in the indoor hot tub? Several packages available.

**Vallée-de-la-Gatineau**

## Low

**Ferme l'Aventure–dogsledding** P

6 McCrank Rd.
819 422-1770 – fermelaventure.com/welcome
Open: December to March

Located in Low, about 45 minutes from downtown Gatineau–Ottawa, Ferme l'Aventure invites you to experience an exciting and memorable outdoor adventure: a dog sled ride through the magnificent landscape of the Gatineau Valley!

# Ice Fishing

**Gatineau**

**Pêche Blanche Gatineau (Pourvoirie Masson-Angers)**

540 Montréal Rd. West
819 281-9733 – pecheblanchegatineau.com
Open: January to March

Come enjoy a day of ice fishing with your friends and family in an "ice village" of more than 200 shacks. Established more than 30 years ago, our family business rents various sizes of wood-heated ice shacks with room for up to 20 people. Bait sales, line rental and hole drilling service. Find out about our fishing tournaments and come enjoy winter with us!



Skating through the forest "in the heart of Lac des loups"

# Ice Skating (Outdoors)

**Collines-de-l'Outaouais**

## La Pêche (Wakefield)

**Skating through the forest "in the heart of Lac des loups"** P

9 Beausoleil SR
819 456-3283 – patinageenforet.com
Open: December to March

Skaters of all ages are invited to discover 3 km of ice trails through a forest, within 45 minutes of Gatineau–Ottawa. There's a heated building on site where you can lace up your skates, and rest areas along the trail where you can sit back and enjoy the scenery, birds and squirrels. A charming spot to discover with family and friends! Free for children 5 and under.

**Gatineau**

**Brewery Creek Skating Rink** PPS

69 Montcalm St.
gatineau.ca
Open: January to March

This winter, discover or rediscover Brewery Creek ...on skates! Located in the heart of downtown Gatineau, the Brewery Creek Skating Rink opens in January, weather permitting, and hosts a variety of cultural and sports activities.

© Entre2Escales

**Ottawa**

### Rideau Canal Skateway

613 239-5000 – 1 800 465-1867
ncc-ccn.gc.ca/skateway
Open: December to March

Come skate on the world's largest naturally frozen skating rink, winding through the nation's capital. The interactive map provides information on ice conditions, parking, various entrances and heated change rooms. Don't forget to take a selfie at some point along the Skateway's 7.8 kilometres! The Rideau Canal Skateway is managed and maintained by the National Capital Commission.

### Rideau Hall Skating Rink

1 Sussex Drive
613 991-4422 – 1 866 842-4422 – gg.ca/rideauhall
Open: December to March

This outdoor skating rink was built in 1872, during the mandate of Lord Dufferin, Canada's third governor general. He and his wife, Lady Dufferin, organized many skating parties during their term at Rideau Hall. Today, you can step back in time and go for a skate on this historic rink, which is now refrigerated. Lace up your skates and leave your boots and bags in the Winter Pavilion. Don't miss the small exhibit about the history of winter sports at Rideau Hall.

# Sledding

**Collines-de-l'Outaouais**

## L'Ange-Gardien

### Domaine de l'Ange-Gardien

1031 Pierre-Laporte Rd.
819 281-0299 – 1 877 281-0299
domaineangegardien.com/en
Open: December to March

You've discovered the best-kept secret in the Outaouais: the tubing hill at Domaine de l'Ange-Gardien, only 15 minutes from Gatineau! The family hill is lighted and boasts a chairlift and eight different runs. Hours of fun await you at very reasonable prices. The centre also offers horse-drawn sleigh rides, interpretive walking trails, and cafeteria and bar service. Groups are welcome!

# Snowmobiling

### Fédération des clubs de motoneigistes du Québec

101-1027 des Entreprises Blvd.
514 252-3076 – 1 844 253-4343 – fcmq.qc.ca/en
Open: Year-round

The Fédération des clubs de motoneigistes du Québec (FCMQ) actively promotes the sport of snowmobiling and its development. Its affiliated clubs oversee the sale of access passes to Quebec's trail network (33,000 km), and work hard to ensure its development, grooming, maintenance, safety and signage. An important international tourism draw, snowmobiling generates annual economic spin offs estimated at $1.3 billion! The FCMQ is committed to sustainable snowmobiling practices.



Snowmobiling in the Pontiac © R. David

# Downhill Skiing

**Whether it's artificial, natural, powder or groomed, you like snow on a slope. We understand! In the Outaouais region, alpine skiing or snowboarding enthusiasts can enjoy a whole range of panoramas! Whether you are a beginner or a thrill seeker, you will find the right dose of adrenaline for you.**



**Lifts**
A : chairlift B : T-bar C : rope tow
D : gondola E : magic carpet

**Trail rating**
● : Easy ■ : Difficult ◆ : Very Difficult
◆◆ : Extremely Difficult

| **Ski resort** | **Mountain** | | | | |
|---|---|---|---|---|---|
| **Collines-de-l'Outaouais** | Number of trails | Vertical drop (m) | Lifts | Trail rating | **Services and activities** |
| **Camp Fortune**<br>300 Dunlop Rd., Chelsea<br>819 827-1717 – campfortune.com | 25 (12) | 196 | A<br>B<br>C<br>E | ● 5<br>■ 12<br>◆ 4<br>◆◆ 3 | |
| **Ski Vorlage**<br>65 Burnside Rd., La Pêche (Wakefield)<br>819 459-2301 – 1 877 867-5243 – skivorlage.com | 17 (13) | 150 | A<br>B<br>C | ● 3<br>■ 10<br>◆ 3<br>◆◆ 1 | |
| **Station Mont Cascades**<br>448 Mont Cascades Rd., Cantley<br>819 827-0301 – 1 888 282-2722 – montcascades.ca | 20 (15) | 160 | A<br>E | ● 4<br>■ 11<br>◆ 4<br>◆◆ 1 | |


Station Mont Cascades


Camp Fortune

© J. Flansberry, J. Rathwell

# Cross-country Skiing and Snowshoeing

**In the Outaouais, cross-country skiing and snowshoeing are a way of life. It's hardly surprising, with so many trails so easy to get to! Gatineau Park, the region's pride and joy, boasts one of North America's largest cross-country trail networks, with 250 km of trails. Our national sport: drinking gourmet hot chocolate. Warming up in one of the park's cozy shelters after an invigorating ski — now that's happiness!**

| Trail rating<br>● : Easy ■ : Intermediate ◆ : Difficult<br>Trails | Snow-shoeing | | Cross-country Skiing | | | | |
|---|---|---|---|---|---|---|---|
| | Length (km) | Number | Length (km) | Number | Trail rating | Skate skiing | Services and activities |
| **Collines-de-l'Outaouais** | | | | | | | |
| **Arbraska Laflèche** $<br>255 Principale Rt., Val-des-Monts<br>819 457-4033 – 1 877 457-4033<br>arbraska.com/en/lafleche | 10 | 6 | | | ●<br>■<br>◆ | | P $ |
| **Attelage de la Lièvre** $<br>Lac Judge, Mulgrave-et-Derry<br>819 665-8680 – attelagedelalievre.com | 30 | | | | ●<br>■ | | P |
| **Fairbairn House Heritage Centre** Ⓢ<br>45 Wakefield Heights Rd., La Pêche (Wakefield)<br>819 778-3382 – fairbairn.ca | 2 | | | | ● | | P |
| **Gatineau Park** Ⓢ<br>33 Scott Rd., Chelsea<br>819 827-2020 – 1 866 456-3016 – GatineauPark.gc.ca | 60 | 14 | 200 | 50 | ●<br>■<br>◆ | ✓ | P P $ |
| **Station Mont Cascades** $<br>448 Mont Cascades Rd., Cantley<br>819 827-0301 – 1 888 282-2722 – montcascades.ca | 25 | 8 | | | ●<br>■<br>◆ | | P $ |
| **Gatineau** | | | | | | | |
| **Centre de plein air du Lac-Beauchamp** Ⓢ<br>741 Maloney Blvd. East<br>819 595-8132 – gatineau.ca | 10 | 6 | 8 | 6 | ● | | P $ |
| **Nakkertok Nordique** $<br>900 Gatineau Ave.<br>819 329-2582 – nakkertok.ca | 100 | 8 | 800 | 30 | ●<br>■<br>◆ | ✓ | P |

**Trail rating**
● : Easy ■ : Intermediate ◆ : Difficult

**Trails**

| **Petite Nation** | | Snow-shoeing | | Cross-country Skiing | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Length (km) | Number | Length (km) | Number | Trail rating | Skate skiing | **Services and activities** |
| **Centre touristique du Lac-Simon**<br>1216 Principale St., Duhamel<br>1 800 665-6527 – sepaq.com/ct/sim | $ | 10 | 6 | 10 | 6 | ● | | P |
| **Fairmont Le Château Montebello**<br>392 Notre-Dame St., Montebello<br>819 423-6341 – 1 800 441-1414<br>fairmont.com/montebello | $ | 14 | 4 | 32 | 6 | ●<br>■<br>◆ | | PS |
| **Forêt-la-Blanche Ecological Reserve**<br>300 Saddler Rd., Mayo<br>819 281-6700 – blogen.foretlablanche.org | $ | 15 | 6 | | | ●<br>■ | | P |
| **Papineau-Labelle Wildlife Reserve**<br>Val-des-Bois<br>819 454-2011 – 1 800 665-6527 – sepaq.com/rf/pal | $ | 54 | 12 | 88 | 19 | ●<br>■ | ✓ | PPS |
| **Parc des Montagnes Noires de Ripon**<br>39 De la Montagne-Noire Rd., Ripon<br>819 983-2000 – ville.ripon.qc.ca/montagnes-noires | $ | 11 | 5 | 13 | 7 | ●<br>■<br>◆ | | P |
| **Tanwen Pack**<br>850 Riopel Rd., Montpellier<br>819 800-6654 – tanwen.qc.ca | $ | 50 | 8 | 50 | 12 | ●<br>■<br>◆ | | P |


Gatineau Park


Kenauk Nature

© Outside/C. Healey, S. Larose

**Trail rating**
● : Easy ■ : Intermediate ◆ : Difficult

**Trails**

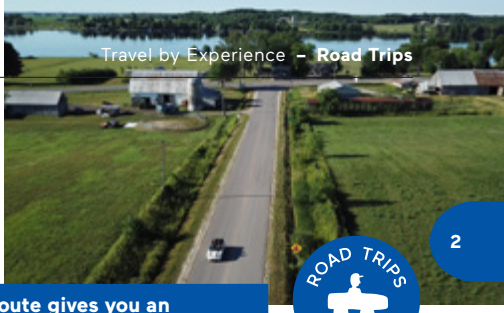
| Vallée-de-la-Gatineau | Snow-shoeing | | Cross-country Skiing | | | | |
|---|---|---|---|---|---|---|---|
| | Length (km) | Number | Length (km) | Number | Trail rating | Skate skiing | Services and activities |
| **Air-Eau-Bois outdoor sports base** $<br>32 Base de Plein Air Rd., Denholm<br>819 457-4040 – 1 800 363-4041 – aireaubois.com | 13 | 6 | 2 | 1 | ●<br>■ | | PS |
| **Bras-Coupé-Désert ZEC** $<br>176 De l'Aigle Rd., Montcerf-Lytton<br>819 449-3838 – zecbrascoupedesert.reseauzec.com/en | 15 | | 15 | | ■ | | P |
| **Carpe Diem aventures** $<br>95 St-Joseph St., Gracefield<br>819 334-2653 – carpediemaventures.com | 3 | | | | ■ | | P |
| **Cross country skiing in Blue Sea** $<br>Blue Sea<br>819 463-2261 – bluesea.ca/images/documents/carte_ski_de_fond_2016.pdf | | | 13 | 6 | ●<br>■ | ✓ | P |
| **Lac des Cèdres Recreational Path** Ⓢ<br>70 Principale St., Messines<br>819 465-5010<br>messines.ca/fr/tourisme/sentier-du-petit-lac-des-cedres | 17.2 | 5 | | | ● | | P |
| **Trails in Maniwaki** $<br>Principale St., Maniwaki<br>819 449-2822 – tourismevalleedelagatineau.com | 4 | 2 | 4 | 3 | ● | | P |
| **Trails of lac Sainte-marie** $<br>76 De la Montagne Rd., Maniwaki<br>819 467-3111 - expeditionlsm.com | 5 | 5 | 5 | 3 | ● | ✓ | P |



Gatineau Park



© Patrick Haag



2

# Road Trips

**The Chemins d'eau ("waterways") tourist route gives you an inside look at the DNA of the Outaouais. Follow in the footsteps of the explorers who travelled the Ottawa River and its tributaries, and discover the region's historical and cultural side through more than 90 attractions.**

▼ Classified by sector in alphabetical order

## Les Chemins d'eau

**Collines-de-l'Outaouais**

### La Pêche (Wakefield)

**Eco-Odyssée** P

52 Les Sources Rd., La Pêche (Wakefield)
819 459-2551 – eco-odyssee.ca/en
Open: December to June

**Find Out More p.71**

**Fairbairn House Heritage Centre**

45 Wakefield Heights Rd., La Pêche (Wakefield)
819 778-3382 – fairbairn.ca
Open: December to June

**Find Out More p.88**

### Val-des-Monts

**Arbraska Laflèche**

255 Principale Rt., Val-des-Monts
819 457-4033 – 1 877 457-4033
arbraska.com/en/lafleche
Open: Year-round

**Find Out More p.71**



Arbraska Laflèche

© Les productions BelCanto, Arbraska Laflèche


Symmes Inn Museum

## Gatineau

### Beer Museum at Les Brasseurs du Temps

170 Montcalm St., Gatineau
819 205-4999 – brasseursdutemps.com/en
Open: Year-round

**Find Out More p.90**

### Canadian Museum of History

100 Laurier St., Gatineau
819 776-7000 – 1 800 555-5621 – historymuseum.ca
Open: Year-round

**Find Out More p.90**

### Jacques Cartier Park

Laurier St., Gatineau
ncc-ccn.gc.ca/places-to-visit
Open: Year-round

**Find Out More p.83**

### Jacques-Cartier Street

gatineau.ca

### Leamy Lake Park

Fournier Blvd., Gatineau
ncc-ccn.gc.ca/places-to-visit/parks-paths-and-parkways/leamy-lake-park
Open: December to May

**Find Out More p.83**

### Rapides-Farmer Generating Station

2740 St-Louis St., Gatineau
1 800 365-5229
hydroquebec.com/visit/outaouais/farmers.html
Open: December to June

**Find Out More p.88 & ad. Inside Rear Cover**



© C.Baron-Courcy

**Symmes Inn Museum**

1 Front St., Gatineau
819 682-0291 – symmes.ca
Open: Year-round

**Find Out More p.90**

**The Buckingham Historical Society**

379 Buckingham Ave., Gatineau
819 281-7111 – histoiredebuckingham.com

**Petite Nation**

## Montebello

**Manoir Papineau National Historic Site**

503 Notre-Dame St., Montebello
418 572-6151 – 1 888 773-8888
pc.gc.ca/lhn-nhs/qc/manoirpapineau/index
Open: December to June

**Find Out More p.86**

**Parc Omega**

399 Rt. 323 North, Montebello
819 423-5487 – parcomega.ca/en
Open: Year-round

**Find Out More p.63 & Ad. p94**

## Plaisance

**Parc national de Plaisance**

1001 Des Presqu'Îles Rd., Plaisance
819 427-5334 – 1 800 665-6527 – sepaq.com/pq/pla
Open: December to April

**Find Out More p.64 & ad. p.128**

**Plaisance Falls**

100 Malo Rd., Plaisance
819 427-9848 – chutesplaisance.ca
Open: December to September

**Find Out More p.64**

**Pontiac**

## Mansfield-et-Pontefract

**Chutes Coulonge Park**

100 Parc-des-Chutes Drive, Mansfield-et-Pontefract
819 683-2770 – 1 888 683-2770 – chutescoulonge.qc.ca
Open: December to May

**Find Out More p.64**

**George Bryson Cultural House**

314 Rt. 148, Mansfield-et-Pontefract
819 683-2944 – maisonbryson.com
Open: December to June

**Find Out More p.87**

## Pontiac

**Luskville Falls**

ncc-ccn.gc.ca/places-to-visit
Open: Year-round

**Find Out More p.65**


Parc Omega

© M.-A. Blais

CHEMINS D'EAU

# OUTAOUAIS TOURIST ROUTE

cheminsdeau.ca



Follow the canoeist on the blue signs! He'll lead you through the history of the Great River and the founding peoples who used it. Before you start your road trip, consult the map and the website, and explore the heart of the Outaouais through its waterways, along the Chemins d'eau tourist route.



GEORGE BRYSON CULTURAL HOUSE P. 87



SYMMES INN MUSEUM P. 90



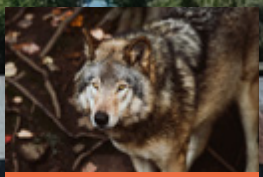
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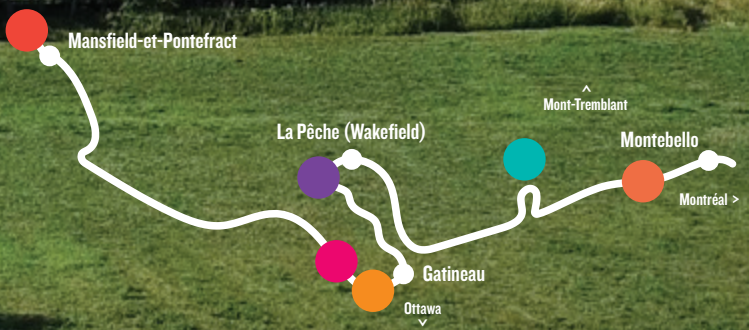
LES TROIS ÉRABLES P. 121



CENTRE NAUTIQUE DE LA LIÈVRE P. 68



PARC OMEGA P. 63




# OUTAOUAIS

cheminsdeau.ca

# Hunting and Fishing



**Home to over 15 game species, Québec offers unique opportunities for hunters to immerse themselves in the heart of nature. And with its million lakes and rivers and some 30 species of fish, this is also a place for fishers to share their passion with seasoned guides.**

▼ Classified by sector in alphabetical order

## Vallée-de-la-Gatineau

### Outaouais Outfitters Association

Outaouais
1 800 265-7822 – pourvoiries.com/en/outaouais
Open: Year-round

Discover the Outaouais region's superb outfitters, and start planning your next hunting, fishing or family trip!

## Montcerf-Lytton

### Association des pourvoiries du Baskatong

Baskatong Lake
819 438-5266 – 1 888 560-9988
reservoirbaskatong.qc.ca
Open: Year-round

The Baskatong Reservoir, a top destination! 22 outfitters are at your service for family vacations and all kinds of outdoor activities, from water and beach sports to fishing, hunting, ATV riding and snowmobiling. The reservoir has a surface of 320 square kilometres, with 2,800 km of shoreline. Accommodation options include inns, cottages, and campsites. The Baskatong Reservoir is located north of the Vallée-de-la-Gatineau in the scenic Outaouais region, about three hours from Montreal and two hours from Gatineau.

### Bras-Coupé-Désert ZEC

176 De l'Aigle Rd.
819 449-3838 – zecbrascoupedesert.reseauzec.com
Open: May to November

With its 400 lakes (including 125 frequently visited ones), two rivers, beautiful beaches and breathtaking landscapes, Bras-Coupé-Désert ZEC ("zone d'exploitation contrôlée," or managed development zone) in the Vallée-de-la-Gatineau is one of the Outaouais' top playgrounds for your favourite outdoor activities. Contact the ZEC for details and prepare to be amazed!

**See also Outfitters in the Accommodations section p.126**



Bras-Coupé-Désert ZEC



© M. Baril-Tessier, J. Galipeau

# - THAT TIME -
## WE GOT HOOKED ON FUN!



-CERTIFIED-
#OUTAOUAIS
FUN

**OUTAOUAIS**
outdooroutaouais.com

# Business Events



**Looking for a place to host your next event? The Outaouais is the perfect location when it comes to proximity and diversity. Gateway to the Province of Quebec, a few kilometres from the Ottawa airport, Gatineau is a prized location for organizers.**

▼ Classified by sub-themes in alphabetical order

## Caterers

### Gatineau

**Distinction by Sodexo** PS

100 Laurier St. (Canadian Museum of History)
819 776-7012 – 1 800 555-5621 – historymuseum.ca/plan-your-visit/amenities/catering-and-banquets
Open: Year-round

The Canadian Museum of History and the Canadian War Museum are ideal settings for private celebrations, business get-togethers, and prestigious formal events. Chef Ian Bilodeau and his culinary team spare no effort to offer you a memorable visual and gastronomical experience. Their event planning experts will advise you at every stage of your project and will ensure that your private or corporate event is a success.

**Le St-Estèphe Fine Caterer**

40 Adrien-Robert St., unit 4
819 777-5552 – st-estephe.ca
Open: Year-round

Le St-Estèphe catering service invites you to enjoy fine French cuisine. Chef and owner Stéphane Paquet personally oversees every detail of the menu. His mission: to ensure that every meal provides a combination of flavours that will delight the most discriminating palate.

**Les Flavoureux – Gourmet Catering Service** P

1 Cholette St.
819 351-2868 – flavoureux.com/en
Open: Year-round

Les Flavoureux – Gourmet Catering Service stands out in the Outaouais for its finesse and flavours. Fresh, local products prepared with care and precision are the key to this enterprise's success. It offers prepared dishes delivered to your workplace, creative and delightful lunch boxes for business meetings, elaborate buffets for special events, and a large range of gourmet appetizers for cocktail receptions and parties.

## Meeting Venues

### Collines-de-l'Outaouais

### Cantley

**La Grange de la Gatineau** P

80 Summer Rd.
819 827-3164 – grange.ca/home
Open: Year-round

Magnificent log building, originally built as a pioneer barn in 1819. Today it is a welcoming event centre, overlooking the Gatineau River and surrounded by gardens and forest in a secluded setting just 20 minutes from Gatineau–Ottawa. It offers excellent service and fine cuisine in a historic decor, for weddings, meetings, retreats, celebrations and concerts. Accommodation available in their B&B next door.



Société des casinos du Québec

### Manoir de la Forêt

32 River Rd.
819 827-0086 – manoirdelaforet.com
Open: Year-round

Manoir de la Forêt will charm you with its rustic, welcoming ambiance for a wedding, reception or corporate event. Located 20 minutes from Gatineau–Ottawa in the heart of a 29-acre forest in Cantley, the establishment can accommodate up to 120 people and has 13 guest rooms for up to 26 people. The Manoir team will be happy to help you plan your event with meticulous attention to every detail.

## La Pêche (Wakefield)

### Centre Wakefield La Pêche

38 Valley Rd.
819 459-2025 – centrewakefieldlapeche.ca
Open: Year-round

Ideal for conferences, performances, banquets, weddings and retreats, the Centre Wakefield La Pêche is just 30 minutes from Ottawa. Located in the heart of the village of Wakefield, the Centre is walking distance from the scenic Gatineau River, park trails, restaurants, and accommodations. The acoustically designed Great Hall can seat 225 guests, with state-of-the-art audio-visual equipment, a 20-foot projection screen and theatre lighting. Also available are rooms for smaller events, a licensed bar and a spacious catering kitchen that will delight any caterer of your choosing.

### Le Belvédère

40 Des Sentiers Rd.
819 459-3027 – 1 855 459-3027 – le-belvedere.ca
Open: Year-round

Le Belvédère is a world-class meeting and event centre for groups of up to 175 people. Its clifftop location 30 minutes north of Gatineau–Ottawa offers a stunning panoramic view of the Gatineau hills, and the state-of-the-art audiovisual system and fine catering services provide an experience unparalleled in the National Capital Region. Inspire your team by booking your next event at Le Belvédère.

## Gatineau

### Hilton Lac-Leamy – Conventions and Banquets

3 Casino Blvd.
819 790-6444 – 1 866 488-7888 – lacleamy.hilton.com
Open: Year-round

The 51,000-sq.-ft. (4,738-sq.-m.) Hilton Lac-Leamy Conference Centre and adjoining theatre comprise 16 modular rooms that can accommodate all types of meetings, from a board meeting of 20 people to a banquet for 100 guests or a conference of 1,600 participants. An expert team will help you plan your event down to the smallest detail, from room selection to menus and technology requirements. Eco-friendly event packages available. Free outdoor parking and Wi-Fi.



Grand Hall – Canadian Museum of History

© S. Lavallée

### Maison du citoyen

25 Laurier St.
819 595-2002 – 1 866 299-2002 – gatineau.ca
Open: Year-round

The Maison du citoyen, where Gatineau City Hall and Galerie Montcalm are located, also has numerous meeting rooms and convention halls that can accommodate up to 350 people. We would be pleased to help you plan your event. Contact us today!

### Palais des congrès de Gatineau

50 Maisonneuve Blvd. 3rd floor
819 595-8000 – 1 888 595-8001 – congresgatineau.com
Open: Year-round

Conveniently located in the downtown core, the totally renovated Palais des congrès de Gatineau is the only multifunctional complex in the Outaouais region. Its distinguishing features include 12 pillar-free conference rooms in a convention space totalling more than 5,100 square metres. A fast-growing presence on the event and convention circuit, the Palais des congrès offers a full range of facilities and services, including state-of-the-art audiovisual equipment, catering, and more. Book today to ensure the success of your event!

## Free Professional Consulting

Located 2 hours from Montreal, Gatineau is a vibrant, diversified, thriving business destination. This major city, the fourth largest in Quebec, is part of Canada's Capital Region, the country's fourth largest metropolitan area. Combining convenience and diversity, the Outaouais region offers an ideal mix of urban amenities and natural attractions. There's truly something for everyone, from nature lovers to foodies, golfers to culture and history buffs. With more than 150 meeting rooms, more than 3,000 hotel rooms, a downtown conference centre, an impressive high-end sports centre, a rich cultural offer and a wide range of outdoor activities, the Outaouais is an ideal setting for business events.

**Annie Léveillée**
Conventions & Business Events
T. 819 778-2530, ext. 236
C. 819 576-3157
aleveillee@tourisme-outaouais.ca



Annie Léveillée, Outaouais Tourism



© Tourisme Outaouais

Gray Line

HOP ON AND OFF
ALL DAY...

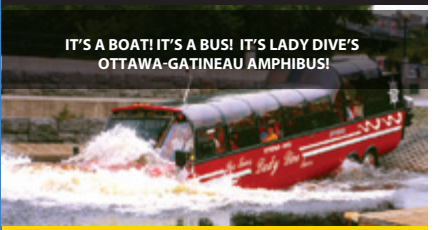
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© M. Baril-Tessier

# Accommodations and Places to Eat


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132 Restaurants
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# Accommodations

**With a vast range of accommodations, Québec has something for every taste and budget. Tourisme Québec's stringent classification program, which rates these establishments on the basis of comfort, services and safety, will help ensure your vacation is unforgettable!**

**Price range**

| | |
|---|---|
| **$ :** | under $75 |
| **$$ :** | $75–100 |
| **$$$ :** | $101–150 |
| **$$$$ :** | $151–200 |
| **$$$$$ :** | over $200 |

▼ Classified by type of accommodations

## Hotels/motels

### Collines-de-l'Outaouais

**La Vallée** ★★

1418 Rt. 105, Chelsea
819 827-0524 – lavalleemotel.com
7 Units – **$ $** –

**Wakefield Mill Hotel & Spa** ★★★★

60 Mill Rd., La Pêche (Wakefield)
819 459-1838 – 1 888 567-1838 – wakefieldmill.com
42 Units – **$ $ $ $ $**

### Gatineau

**Adam Motel** ★★★

100 Gréber Blvd., Gatineau
819 561-3600 – 1 800 757-2326
moteladam.com/hotel/rooms/home
106 Units – **$ $ $** –

**Auberge de la Gare** ★★★

205 St-Joseph Blvd., Gatineau
819 778-8085 – 1 866 778-8085
aubergedelagare.ca/en/hotel
42 Units – **$ $ $**
**ad. p.129**

**Auberge un Pied à Terre** ★★

245 Papineau St., Gatineau
819 772-4364 – unpiedaterre.com/en
4 Units – **$ $ $** –

**Best Western PLUS Gatineau-Ottawa Hotel and Conference Centre** ★★★★

131 Laurier St., Gatineau
819 770-8550 – 1 800 265-8550
bestwesterngatineau.ca
133 Units – **$ $ $ $ $** –

**Comfort Inn** ★★★

630 La Gappe Blvd., Gatineau
819 243-6010 – 1 800 465-6116
gatineaucomfortinn.com/en-us
77 Units – **$ $ $ $**
**ad. p.131**

**Crowne Plaza Ottawa-Gatineau** ★★★★

2 Montcalm St., Gatineau
819 778-3880 – 1 800 567-1962
crowneplaza.com/gatineauottawa
225 Units – **$ $ $ $ $** –



Best Western PLUS Gatineau-Ottawa Hotel and Conference Centre



© M. Baril-Tessier

### Four Points par Sheraton & Centre de conférences Gatineau-Ottawa ★★★+

35 Laurier St., Gatineau
819 778-6111 – 1 800 567-9607
marriott.com/hotels/travel/yowfp-four-points-hotel-and-conference-centre-gatineau-ottawa
201 Units – $ $ $ $ –

### Hilton Lac-Leamy ★★★★★

3 Casino Blvd., Gatineau
819 790-6444 – 1 866 488-7888
hiltonhotels.com/canada/hilton-lac-leamy
349 Units – $ $ $ $ $

### Hôtel DoubleTree by Hilton Gatineau-Ottawa ★★★★

1170 Aylmer Rd., Gatineau
819 778-0000 – 1 800 807-1088
doubletreegatineau.com/en
125 Units – $ $ $ $ –
**ad. p.130**

### Hôtel Holiday Inn Express & Suites Gatineau-Ottawa ★★★

11 Impasse de la Gare-Talon, Gatineau
819 503-8800 – 1 888 465-4329
ihg.com/holidayinnexpress/hotels/us/en/gatineau/yowgq/hoteldetail
119 Units – $ $ $ $ $ –

### Hôtel V ★★★★

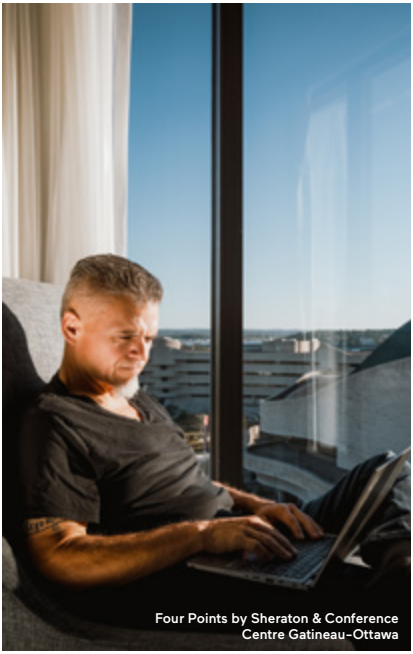
585 De la Gappe Blvd., Gatineau
819 243-8586 – 1 800 363-6489 – hotelv.ca/en
88 Units – $ $ $
**ad. p.131**

### Les Suites Victoria ★★★

1 Victoria St., Gatineau
819 777-8899 – 1 800 567-1079 – suitesvictoria.com
47 Units – $ $ $ $ $
**ad. p.128**

### Motel Casino ★★

275 St-Joseph Blvd., Gatineau
819 776-8888 – 1 888 652-7466 – motelcasino.ca
25 Units – $ –


Four Points by Sheraton & Conference Centre Gatineau-Ottawa

### Motel Châteauguay ★

469 Alexandre-Taché Blvd., Gatineau
819 595-1000 – 1 877 595-5100 – motelchateauguay.com
26 Units – $ $ –

### Motel du Chevalier ★★

169 Gréber Blvd., Gatineau
819 568-9000 – 1 866 568-9002 – motelduchevalier.com
40 Units – $ $ –

### Motel du Parc ★★

359 Alexandre-Taché Blvd., Gatineau
819 770-3838 – 1 866 770-5420 – motelduparc.com/en
19 Units – $ $ –

### Motel Gatineau ★

793 Maloney Blvd. East, Gatineau
819 663-4208 – 1 866 663-4208 – motelgatineau.ca
14 Units – $ $ –


Fairmont Le Château Montebello

### Motel Les Pignons Verts ★★

120 Lépine Ave., Gatineau
819 281-2101 – 1 877 744-6667 – motelpignonsverts.ca
39 Units – **$ $** –

### Motel Montcalm ★★

175 Gréber Blvd., Gatineau
819 568-0144 – 1 888 568-0144 – motelmontcalm.ca
63 Units – **$ $** –

### Motel Napoléon

1345 Laurentides Av., Gatineau
819 986-1222 – facebook.com/motelnapoleon
17 Units – **$ $ $** –

### Motel Ritz ★★

137 Gréber Blvd., Gatineau
819 568-0440 – 1 877 568-0440 – motelritz.com
18 Units – **$ $** –

### Quality Inn & Suites Gatineau-Ottawa ★★★★

111 Bellehumeur St., Gatineau
819 568-5252 – 1 877 568-5252
hotelqualityinnetsuitesgatineau.ca
116 Units – **$ $ $ $ $**

### Ramada Plaza Manoir du Casino ★★★★

75 d'Edmonton St., Gatineau
819 777-7538 – 1 800 296-9046
ramadaplaza-gatineau.com/en
174 Units – **$ $ $**
**ad. p.130**

### The British Hotel ★★★

71 Principale St., Gatineau
819 682-3000 – thebritish.ca/en/hotel-en
10 Units – **$ $ $ $** –

## Petite Nation

### Auberge Couleurs de France ★★★

212 Des Jonquilles Rd., Duhamel
819 743-5878 – 819 346-3122
aubergecouleursdefrance.com
20 Units – **$ $ $**

### Auberge Montebello ★★★

676 Notre-Dame St., Montebello
819 423-0001 – 1 877 423-0001 – aubergemontebello.com
44 Units – **$ $ $** –

### Fairmont Le Château Montebello ★★★+

392 Notre-Dame St., Montebello
819 423-6341 – 1 800 441-1414
fairmont.com/montebello
211 Units – **$ $ $ $ $** –

### Motel Bel-Eau ★★★

600 Notre-Dame St., Montebello
819 423-6504 – 1 888 666-0586 – motelbeleau.com
16 Units – **$ $** –


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**Vallée-de-la-Gatineau**

**Auberge du Draveur** ★★★★

85 Principale St. North, Maniwaki
819 449-7022 – 1 877 449-7022 – aubergedraveur.qc.ca
61 Units – $ $ $

# Bed and breakfasts

**Collines-de-l'Outaouais**

**Auberge de Mon Petit Chum B&B** ★★★

29 Burnside Rd., La Pêche (Wakefield)
819 459-1814 – monpetitchum.com
3 Units – $ $ $ –

**Auberge Old Chelsea B&B** ★★★

213 Old Chelsea Rd., Chelsea
819 827-1316 – 819 664-9786 – oldchelseabb.com
5 Units – $ $ $ –

**Auberge Tom B&B** ★★★★

1090 Rt. 105, Chelsea
819 918-0024 – aubergetom.com/en
4 Units – $ $ $ –

**Chalet Buckhouse** ★★★

62 Summer Rd., Cantley
819 607-3939 – chaletbuckhouse.com/home
5 Units – $ $ $ –

**Hidden Treasure B&B** ★★★

1311 Rt. 105, Chelsea
819 921-7913 – 819 827-3661 – letresorcache.ca
3 Units – $ $ $ –

**Les Trois Érables** ★★★★

801 Riverside Rd., La Pêche (Wakefield)
819 459-1118 – 1 877 337-2253 – lestroiserables.com
5 Units – $ $ $ –

**Gatineau**

**Gîte urbain Le Philémon** ★★★★

47 Dumas St., Gatineau
819 776-0769
2 Units – $ $ $ –

**La Belle Corbeille** ★★★

23 St-Raymond Blvd., Gatineau
819 777-4584
3 Units – $ $ $ –

**Le Gîte Clémentine** ★★★

88 St-Onge St., Gatineau
819 777-8715
2 Units – $ $ –

**Petite Nation**

**Aux douceurs du passant** ★★★★

527 Notre-Dame St., Montebello
819 393-0527 – auxdouceursdupassant.com
4 Units – $ $ $ –

**Gîte Gil-Ann** ★★★

165 Principale St., Saint-André-Avellin
819 983-1328 – 819 981-0419
gitedupassantgilann.com
5 Units – $ $ –

**Vallée-de-la-Gatineau**

**Gîte Chez Nathalie-Ann** ★★★★

13 Dubeau St., Lac-Sainte-Marie
819 467-4502 – cheznathalieann.com
3 Units – $ $ –


Chalet Buckhouse

# Cottages, condos, housekeeping units

## Collines-de-l'Outaouais

### HOM Mini chalets

32 Saphir Rd., Val-des-Monts
819 592-5673 – homminichalets.com/en
Largest unit capacity: 4
2 Units – $ $ $ $ $ –

### La Maison Bleue ★★

10 Scott Rd., Chelsea
819 827-5300 – vacationchelsea.com/en
Largest unit capacity: 6
1 Unit – $ $ $ $ $ –

## Petite Nation

### Centre touristique du Lac-Simon ★

1216 Principale St., Duhamel – sepaq.com/ct/sim
Largest unit capacity: 6
33 Units – $ $ $ –

### Chalet Movendo ★★★★

201 Malouf St., Lac-Simon
450 922-3482 – 1 855 825-5050 – movendo.ca/en
Largest unit capacity: 12
1 Unit –

### Chalets Domaine aux Crocollines ★★★

642 Marcelais Rd., Lac-Simon
819 428-9262 – chalets-crocollines.com/en
Largest unit capacity: 8
4 Units – $ $ $ $ $ –


Centre touristique du Lac-Simon

### Château Les Beaulne ★★

218 Lafontaine SR, Montpellier
819 428-2244 – 1 888 428-2244 – chateaulesbeaulne.com
Largest unit capacity: 10
9 Units – $ $ $ $ $ –

### Réserve faunique de Papineau-Labelle ★

Val-des-Bois
819 454-2011 – 1 800 665-6527 – sepaq.com/rf/pal
Largest unit capacity: 22
42 Units –

## Vallée-de-la-Gatineau

### Chalets Giroux - SEPAQ ★

Réserve faunique La Vérendrye, Montcerf-Lytton
819 438-2017 – 1 800 665-6527 – sepaq.com/home
Largest unit capacity: 4
5 Units –

### Chalets Joncas - SEPAQ ★★

Réserve faunique La Vérendrye, Montcerf-Lytton
819 435-2112 – 1 800 665-6527 – sepaq.com/rf/lvy
Largest unit capacity: 8
12 Units –

### Le Domaine - SÉPAQ ★★

Réserve faunique La Vérendrye, Montcerf-Lytton
819 438-2017 – 1 800 665-6527 – sepaq.com/rf/lvy
Largest unit capacity: 6
8 Units –

### Le Peaches & Cream ★★★★

24 Justin Rd., Low
819 712-1674 – lepeachesandcream.com/en
Largest unit capacity: 20
1 Unit – $ $ $ $ $ –

### Zec Bras-Coupé Désert ★★

176 De l'Aigle Rd., Montcerf-Lytton
819 449-3838 – zecbrascoupedesert.reseauzec.com/en
1 Unit – $ $ $ $ $ –


© M. Dupuis

# Resorts

## Petite Nation

### SAJO ★★★

67 St-André SR, Saint-Sixte
819 985-2711 – 819 506-2711 – sajo.qc.ca
4 Units –

## Vallée-de-la-Gatineau

### Base de plein air Air-Eau-Bois ★★★

32 Base de Plein Air Rd., Denholm
819 457-4040 – 1 800 363-4041 – aireaubois.com
273 Units –

### Gracefield Christian Camp and Retreat Centre ★★★

37 Des Loisirs Rd., Gracefield
819 463-2465 – 1 888 493-2267 – gracefieldcamp.ca
80 Units –

# Other classified establishments

## Collines-de-l'Outaouais

### Auberge Belle de Nuit Wakefield Inn ★★★★

21 Burnside Rd., La Pêche (Wakefield)
819 720-0222 – 1 844 720-0222 – wakefieldinn.ca
6 Units – $ $ $ $ –

### Le Bellevue ★★★

3 Bois-Francs Rd., La Pêche (Wakefield)
438 499-9040 – lebellevue.ca
3 Units – $ $ $ $ –

## Gatineau

### Les Résidences Taché et les Maisons de ville de l'UQO ★★★★

315 Alexandre-Taché Blvd., Gatineau
819 595-2393 – 1 800 567-1283 – uqo.ca/tourisme
35 Units – $ $ $
**ad. p.129**

## Petite Nation

### Auberge Petite-Nation ★★★

35 Principale St., Saint-André-Avellin
819 516-3336 – 819 923-1122 – aubergepetitenation.org
30 Units –

### Centre de Vie ★★

14 Du petit 5e rang Rd., Ripon
819 428-2215 – centredevie.ca/index.php
9 Units – $ $ $ $ –

### L'Ancestrale ★★

19 St-André St., Saint-André-Avellin
819 921-4963 – ancestrale.com
6 Units – $ $ $ –

### Manoir Chamberland ★★★★

545 Notre-Dame St., Montebello
819 661-8045 – 819 423-2222
manoirchamberland.com/home
8 Units – $ $ $ $ $ –

### The Birla Center for Hast Jyotish ★★

576 Rt. 315, Chénéville
819 428-4298 – 1 866 428-3799 – birla.ca
6 Units – $ –

## Pontiac

### Auberge Spruceholme Inn ★★

204 Principale St., Fort-Coulonge
819 683-5635 – spruceholmeinn.com
40 Units – $ $ $ –

## Vallée-de-la-Gatineau

### Auberge Minitik ★★★★

351 Lac-des-Trente-et-Un-Milles SR, Bouchette
819 465-2625 – villagemajopial.ca/aubergeminitik
6 Units – $ $ $ $ –

### Domaine Decelles ★★★

21 Henry Rd., Lac-Sainte-Marie
613 864-3962 – resortlacstemarie.com/en
6 Units – $ $ –

# Campgrounds

## Collines-de-l'Outaouais

### Borefüge

509 Ch. de la Mine, L'Ange-Gardien
819 665-8680 – facebook.com/Borefuge
Open: Year-round

1 Site/1 Ready-to-camp – No drinking water
$100-170 –

### Camping Ange-Gardien ★★★★

671 Lamarche Rd., L'Ange-Gardien
819 281-5055 – 1 877 281-5055
campingangegardien.com/en
Open: April to October

98 Sites/0 Ready-to-camp
75 % – $38-46 –

### Camping Cantley ★★★★

100 Sainte-Élisabeth Rd., Cantley
819 827-1056 – campingcantley.com
Open: September to August

294 Sites/0 Ready-to-camp
80 % – $35-48 –

### Camping Domaine de l'Ange-Gardien ★★★★

1031 Pierre-Laporte Rd., L'Ange-Gardien
819 281-0299 – 1 877 281-0299
domaineangegardien.com/en
Open: April to October

117 Sites/0 Ready-to-camp
$32-47 –

### Camping Royal Papineau – Parkbridge ★★★★

237 Du Golf Rd., Notre-Dame-de-la-Salette
819 766-2826
parkbridge.com/en-ca/rv-cottages/royal-papineau
Open: May to October

346 Sites/8 Ready-to-camp
50 % – $34-58

### Gatineau Park Camping ★★★

300 Lake-Philippe Rd., La Pêche (Wakefield)
819 827-2020 – 1 866 456-3016 – gatineaupark.gc.ca
Open: May to October

312 Sites/12 Ready-to-camp
80 % – $36-36 –

## Petite Nation

### Camping Au Petit Lac Simon ★★★

1203 321 Rt. North, Saint-André-Avellin
819 983-6584 – campingaupetitlacsimon.ca
Open: May to September

291 Sites/0 Ready-to-camp
50 % – $20-55 –

### Camping Centre touristique du Lac Simon ★★★★

1216 Principale St., Duhamel
sepaq.com/ct/sim
Open: May to October

380 Sites/54 Ready-to-camp
$33-60 –

### Camping Lac des Plages ★★★★

10 Chenail du Moine Rd., Lac-des-Plages
819 426-2576 – 1 877 426-2576
campinglacdesplages.com
Open: May to October

142 Sites/2 Ready-to-camp
50 % – $40-57 –

### Camping Lac Écho ★

Lac Écho, Val-des-Bois
819 454-2011 – 1 800 665-6527 – sepaq.com/rf/pal
Open: May to September

55 Sites/9 Ready-to-camp
85 % – $33-42 –

### Camping Parc national de Plaisance ★★★

1001 Des Presqu'Îles Rd., Plaisance
819 427-5334 – 1 800 665-6527 – sepaq.com/pq/pla
Open: April to October

176 Sites/36 Ready-to-camp
75 % – $31-48 –

### Camping Saint-André-Avellin ★★★★

20 Duquette St., Saint-André-Avellin
819 983-3777 – 1 888 886-3777 – campingstandre.ca/en
Open: May to October

196 Sites/8 Ready-to-camp
60 % – $40-54 –

### Hébergement insolite Parc Oméga ★★★

399 Rt. 323 North, Notre-Dame-de-Bonsecours
819 423-5487 – parcomega.ca/en/accommodations
Open: Year-round

36 Sites/36 Ready-to-camp
◒ 0% – –

### Marina/Camping Municipalité de Montebello ★

101 Laurier St., Montebello
819 921-6225 – 819 423-5123 – montebello.ca
Open: May to October

29 Sites/0 Ready-to-camp
◒ 0% – $40-50 –

## Pontiac

### Leslie Park Campground ★★★★

460 Belmont Rd., Otter Lake
819 453-7382 – 1 888 553-7382 – parcleslie.com/en
Open: May to October

205 Sites/1 Ready-to-camp
◒ 50% – $45-59 –

## Vallée-de-la-Gatineau

### Camping Lac de la Vieille ★

Réserve faunique la Vérendrye, Montcerf-Lytton
819 435-2141 – 1 800 665-6527 – sepaq.com/rf/lvy
Open: May to September

70 Sites/2 Ready-to-camp
◒ 80% – $31-56 –

### Camping Lac Rapide

Réserve faunique la Vérendrye, Montcerf-Lytton
819 860-1557 – 1 800 665-6527 – sepaq.com/rf/lvy
Open: May to September

90 Sites/4 Ready-to-camp
◒ 80% – $35-43 –

### Camping Lac Savary

Réserve faunique la Vérendrye, Montcerf-Lytton
819 438-2017 – 1 800 665-6527 – sepaq.com/rf/lvy
Open: May to September

59 Sites/2 Ready-to-camp
◒ 85% – $31-42 –

### Camping Pionnier ★★★

180 Rt. 105, Gracefield
819 463-4163 – 819 800-0615 – campingpionnier.com
Open: May to October

150 Sites/0 Ready-to-camp
◒ 0% – $30-40 –

## Territory Outside of the Outaouais

### Camping Lac-du-Cerf

275 Camping Rd., Rt. 311, Lac-du-Cerf
819 597-2888 – 819 623-5898 – campingunion.com
Open: May to October

100 Sites/4 Ready-to-camp
$21-44 –


Camping Lac Écho

# Outfitters

## Petite Nation

### De la Lièvre Outfitters 3★

181 Quebec 307, Bowman
819 454-2473 – pourvoiriedelalievre-en.com
10 units –
Coordinates: 45.8870, -75.6261

### Kenauk Nature 4★ to 5★

1000 Kenauk Rd., Notre-Dame-de-Bonsecours
819 423-5573 – 1 800 567-6845 – kenauk.com
17 units –
Coordinates: 45.7122, -74.8877

### Pourvoirie club des douze 3★ to 4★

1 Club des Douze Rd., Lac-des-Plages
819 325-2230 – pourvoirieclubdesdouze.com/home
19 Units –
Coordinates: 46.0725, -75.0225

## Pontiac

### Bryson Lake Lodge 1★ to 4★

Bryson Lake, Lac-Nilgaut
819 683-1790 – 1 855 683-1790 – lacbryson.com
15 Units –
Coordinates: 46.3979, -76.9816

## Vallée-de-la-Gatineau

### Camps touristiques la Pointe à David 3★ to 5★

1777 Baskatong Rd., Grand-Remous
819 438-2844 – 1 888 438-2844 – pointedavid.ca
46 Units –
Coordinates: 46.8003, -75.8622

### Chez Rainville Outfitter 3★ to 4★

Réservoir Baskatong, Grand-Remous
819 438-5258 – 1 888 438-5252 – chezrainville.com
16 Units –
Coordinates: 46.7836, -75.8622

### Le Domaine des Huards 3★ to 4★

Réservoir Baskatong, Grand-Remous
819 438-1712 – 1 866 438-1712 – domainedeshuards.ca
14 Units –
Coordinates: 46.7537, -75.9299



Baskatong Reservoir © R. David


Kenauk Nature

**Le Domaine Shannon** **1★ to 3★**

Séguin Lake, Lac-Lenôtre
819 449-3285 – 1 888 449-3285
domaineshannon.com/home.html
34 Units –
Coordinates: 47.2846, -76.0728

**Mijocama Outfitter** **2★ to 4★**

Giles Lake, Gracefield
819 449-8943 – mijocama.ca/mijocamaoutfitter.html
10 Units –
Coordinates: 46.1238, -75.7733

**Moselle-Natakim Outfitter** **1★ to 3★**

Lecointre Lake North, Lac-Moselle
819 586-2000 – mosellenatakim.com
18 Units –
Coordinates: 47.3693, -75.6290

**O'Sullivan Lake Lodge** **1★ to 3★**

O'Sullivan Lake, Lac-Lenôtre
819 441-3474 – 1 866 534-3474 – osullivanlakelodge.ca
14 Units –
Coordinates: 47.5680, -76.0051

**Pavillon Richer Lodge** **1★ to 3★**

Echouani Lake, Lac-Moselle
819 449-1613 – 819 662-3005 – pavillonricher.com/en
41 Units –
Coordinates: 47.7085, -75.7532

**Poirier Fish and Game Territory** **0★ to 3★**

Delahey Lake, Lac-Pythonga
819 449-3032 – 819 449-8477
pourvoiriepoirier.com/anglais.htm
33 Units –
Coordinates: 46.8199, -76.6452

**Pourvoirie du Pavillon Cabonga** **3★**

Réservoir Cabonga, Lac-Pythonga
514 216-9387 – 1 800 880-2481 – pavcabonga.qc.ca
21 Units –
Coordinates: 47.2506, -76.7091

**Pourvoirie Pavillon La Vérendrye** **1★ to 3★**

Coulonge River, Lac-Nilgaut
819 435-2133 – pourvoirielaverendrye.com/home
30 Units –
Coordinates: 46.5516, -75.5858

**Stramond Lake Lodge** **3★ to 4★**

Des Augustines Lake, Lac-Lenôtre
514 592-0079 – stramondlake.com/en
12 Units –
Coordinates: 47.5932, -75.9347

**Wapus Lodge** **1★ to 4★**

Mc Arthur Lake, Lac-Lenôtre
819 429-0787 – 1 888 949-2787 – wapuslodge.com
35 Units –
Coordinates: 47.2618, -75.4956

© Kenauk Nature



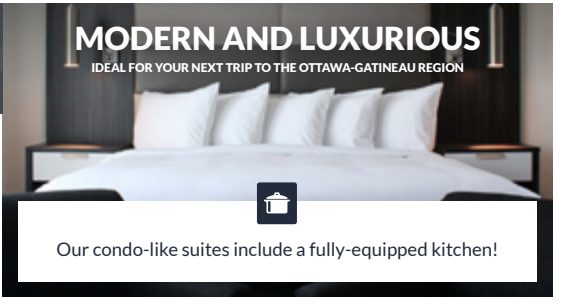




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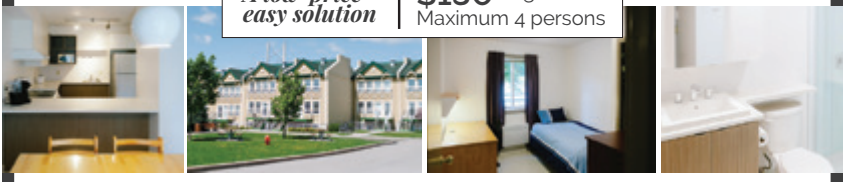
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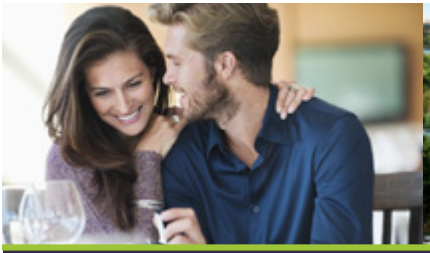


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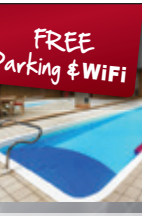
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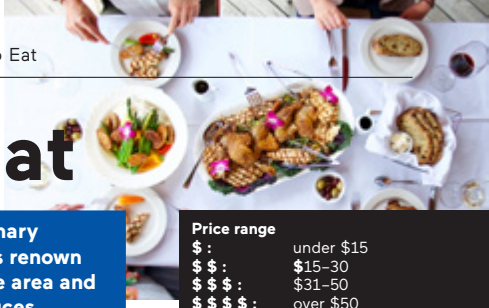
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# Places to Eat

**Québec is undoubtedly one of the top culinary destinations in the world. The success of its renown cuisine is due to the cultural diversity in the area and the many unique regional products it produces.**

**Price range**
**$ :** under $15
**$ $ :** $15–30
**$ $ $ :** $31–50
**$ $ $ $ :** over $50

**Meals**
1 : breakfast
2 : lunch
**3 :** supper

▼ Classified by sector in alphabetical order

## Restaurants

### Collines-de-l'Outaouais

#### Biscotti & cie

6 Scott Rd., Chelsea
819 827-2550 – biscottichelsea.ca/en
**$ $** – **1,2,3** –

Biscotti & cie offers take-out or table service in the garden, where parents, children and friends can enjoy little treats, coffee and delicious sandwiches. Choose from a diversified and modern selection of home-style food.

#### L'Orée du Bois

15 Kingsmere Rd., Chelsea
819 827-0332 – oreeduboisrestaurant.com
**$ $** – **2,3** –

Only 15 minutes from the city, on the edge of Gatineau Park, discover flavourful French and local cuisine in a rustic, romantic setting.

#### Les Fougères Restaurant

783 Rt. 105, Chelsea
819 827-8942 – fougeres.com
**$ $** – **2,3** –

Fine dining featuring seasonal and regional products, acclaimed by the press and epicureans alike. The restaurant proposes an extensive wine list. Take-out and kitchen giftware are available at the boutique.

#### Mamma Teresa Chelsea

254 Old Chelsea Rd., Chelsea
819 827-3020 – mammateresa.com
**$ $** – **2,3** –

From the hills of Parma, in northern Italy, to the dining tables of Mamma Teresa's in Chelsea, the Boselli family brought the best of traditional Italian cuisine. A classic Italian dining experience. Buon appetito!

#### Meech & Munch

205 Old Chelsea Rd., Chelsea
819 827-1761 – meechandmunch.com
**$** – **2,3** –

Located in the heart of Old Chelsea, Meech & Munch combines history and gastronomy in a charming, rustic bistro that will delight nature lovers. Come enjoy a microbrewery beer by the fire on the patio, choose from a wide array of mouth-watering dishes, from tartares to poutine and filet mignon, or sample a selection of local cheeses. M&M has something for every taste!

#### Muse Restaurant (Wakefield Mill)

60 Mill Rd., La Pêche (Wakefield)
819 459-1838 – 1 888 567-1838
wakefieldmill.com/dining/muse-restaurant
**$ $ $ $** – **1,2,3** –

Fine French and Quebec cuisine infused with international nuances. A large selection of wine by the glass encourages guests to discover new vintages. The desserts include traditional treats as well as mouth-watering innovative confections.



© S. Lau

### Tonique Restaurant

18 Scott Rd., Chelsea
819 484-1061 – toniquerestaurant.com
**$ – 1,2 –**

Welcome to Tonique! The mission is to offer products made with fresh, quality ingredients. All dishes are homemade and prepared with love! Open year round, come in for breakfast of lunch on weekdays, or brunch on the weekend! In summer, you can visit Tonique's small garden filled with aromatic plants. The restaurant seats about 20 people indoors and nearly 50 on the outdoor patio. During your next visit, don't forget to go for a short hike in Gatineau Park, located a few steps from the restaurant.

## Gatineau

### Alegria Bistro latin fusion

77 Du Portage Promenade
819 771-2244 – bistroalegria.ca
**$ – 2,3 –**

Take a culinary journey to Latin America and the Caribbean! Let Chef Alex entice you with Latin fusion cuisine with a focus on freshness and quality ingredients. On Saturdays, enjoy a vibrant musical gourmet evening where Brazilian and Cuban rhythms will make you want to dance in your seat! Book Bistro Alegria's catering services for your special events, groups and family reunions: discover the delicious homemade appetizers or choose from the customized group menu.


L'Orée du Bois

### Arôme Seafood and Grill

3 Casino Blvd.
819 790-6410 – 1 866 488-7888 – casinolacleamy.ca
**$ $ $ – 1,2,3 –**

Come and enjoy the Arôme Seafood and Grill experience at the Hilton Lac-Leamy! Discover our menu featuring succulent surf & turf specialties and an impressive selection of wines by the glass. Chef's suggestion: a tender and savoury dry-aged cut of beef. A hearty brunch awaits families and friends on Sundays from 11:30 a.m. to 2:30 p.m.. In summer, enjoy the view from your table on Arôme's lakeside patio.

### Au Vieux Duluth

25 De la Savane Rd.
819 561-0700 – auvieuxduluth.com/en
**$ $ – 2,3 –**

Enjoy Au Vieux Duluth's creative menu, generous portions, excellent value, attentive service, warm and welcoming atmosphere, and bring your own wine/beer option. What a feast!

### Banco Bistro (Casino du Lac-Leamy)

1 Casino Blvd.
819 772-2100 – 1 800 665-2274 – casinolacleamy.ca
**$ $ – 1,2,3 –**

Located on the third floor of the Casino du Lac-Leamy, this casual restaurant offers a wide variety of bistro dishes, sandwiches, burgers, poutines, pizzas, and tempting desserts. Try the evening buffet from Friday to Sunday, and the tasty Sunday brunch. Breakfast is served Monday to Saturday from 11 a.m. to 2:30 p.m. Must be 18 or over.

### BBQ Shop

315 St-Joseph Blvd.
819 205-9353 – lebbqshop.ca
**$ $ – 2,3 –**

Specializing in international BBQ-style cuisine, with typical dishes from the USA, Argentina, Jamaica, and Quebec. From take-out fare to quick snacks on the go and catering services, the BBQ Shop has everything a BBQ lover could wish for.

© M. Baril-Tessier

### Ben & Florentine

25 De la Savane Rd.
819 246-2242 – benandflorentine.com
**$ – 1,2 –**

From hearty breakfasts to healthy lunches, all our food is lovingly prepared with fresh, top-quality ingredients. Whether you crave a savoury morning meal or a satisfying something at noon, we offer an outstanding culinary experience.

### Bistro Boreal

100 Laurier St.
819 776-7009 – 1 800 555-5621 – historymuseum.ca/plan-your-visit/amenities/restaurants/bistro-boreal
**$ $ – 2,3 –**

Bistro Boréal offers tasty and affordable fare, an amazing decor and ambiance inspired by the northern lights, and courteous, attentive service. The menu features a selection of classic Canadian ingredients and products.

### Bistro CoqLicorne

59 Laval St.
819 205-4344 – facebook.com/BistroCoqLicorne
**$ $ – 2,3 –**

The simple but appealing menu features tapas, grilled dishes, sandwiches, soups and salads, all prepared with fresh quality products, manyof them local. The bistro serves a selection of local microbrewery beers as well as wine and spirits.

### Bistro75

75 d'Edmonton St.
819 777-3727 – ramadaplaza-gatineau.com/en
**$ $ – 1,3 –**

The restaurant at the Ramada Plaza Manoir du Casino has had a makeover and changed its name: welcome to Bistro75! You're invited to come and enjoy bistro-style dishes paired with a selection from the extensive list of wines by the glass and Quebec and Canadian beers. The menu is sure to tickle your taste buds! Bistro75 is a place for friendly gatherings, where good food and good company go hand in hand.

### Brasseurs du Temps

170 Montcalm St.
819 205-4999 – brasseursdutemps.com/en
**$ $ – 2,3 –**

Les Brasseurs du Temps, the first microbrewery in the Outaouais region, is a tourist, cultural and social destination that sets the heartbeat of the city. The gourmet menu is packed with tasty options. Complement your meal with one of the 17 beers available at all times. The BDT, the pub you've always dreamed of!

### Buffet des Continents

4 Gare Talon St.
819 561-1099 – 1 877 561-1099 – gatineau.lebuffetdes-continents.com/en
**$ – 2,3 –**

The international cuisine of Buffet des Continents takes you on a culinary trip around the world! Choose from over 150 different hot and cold dishes inspired by the traditions of France, Italy, Asia, Quebec, and India! ad. p.143

### Cafeteria and BeaverTails Kiosk at the Canadian Museum of History

100 Laurier St. (Canadian Museum of History)
819 776-7070 – historymuseum.ca/plan-your-visit/amenities/restaurants/voyageurs-cafeteria
**$ – 2,3 –**

The cafeteria at the Canadian Museum of History has one of the best views of Ottawa and Parliament Hill. It offers a wide range of daily specials, sandwiches and salads to eat in or take out. For the ultimate Canadian taste experience, be sure to try a BeaverTail pastry! Beautiful shaded patio in summer.

### Café Cognac

230 Montcalm St.
819 770-2662 – cafecognac.ca
**$ $ – 1,2,3 –**

Bistro-style cuisine with full daily breakfast menu, and lunch and dinner table d'hôte. Thursday-night special: all-you-can-eat mussels and fries!

### Café des sentiers

397 Blvd. de la Cité-des-Jeunes
819 595-9001 – facebook.com/cafedessentiers
**$ – 1,2 –**

Located in the Relais Plein Air in Gatineau Park (P2), the Café des sentiers is a cozy spot offering fresh local gourmet products. Taste the locally roasted fair trade coffee, pastries and healthy meals prepared on site. With its large bright hall and direct access to the trails, it's the ideal place to meet up with family or friends for outdoor adventures. Younger visitors will love the kids' corner! The Café des sentiers also offers a catering service for private events held at the Relais Plein Air.

### Ferme Rouge

1170 Aylmer Rd.
819 600-3600 – lafermerouge.ca
**$ $ – 2,3 –**

La Ferme Rouge presents Las Vegas-style variety shows and tributes to such legends as Les Folies Bergères, Michael Jackson, Elvis Presley, and more. Go on a musical journey with some of the region's hottest artists, and discover local talent. Enjoy the all-you-can-eat surf and turf buffet! Huge selection including soup, salad, cheese, seafood, chicken, beef, smoked salmon and dessert bar. From a top-quality AAA steak to a seafood platter, your meal will be full of flavour and sure to please you!

### Houston avenue bar & grill

7 Montclair St.
819 771-0799 – houstonresto.com/en
**$ $ – 2,3 –**

Located steps from Gatineau's downtown core and just 10 minutes from Ottawa, this franchise specializes in simple, elegant and affordable cuisine, from steak and ribs to seafood, chicken, pasta, burgers and sandwiches—all with a Houston flavour!

### L'Ardoise

35 Laurier St.
819 778-6111 – 1 800 567-9607 – marriott.com/yowfp
**$ – 1,2,3 –**

Located in the Four Points by Sheraton Gatineau–Ottawa, right across from the Canadian Museum of History, the restaurant offers a fresh, contemporary menu and all your favourite beverages in a casual and welcoming atmosphere.


La Squadra

### La Squadra

114 Montcalm St.
819 525-4505 – lasquadra.ca
**$ $ $ – 2,3 –**

La Squadra offers an authentic traditional Italian menu with a dash of contemporary creativity. The Italian-born chef serves up a wide selection of typical Italian fare, from pasta dishes to meat, fish and seafood.

### La Station

611 St-Joseph Blvd.
819 777-3333 – lastation.ca/en
**$ – 1,2,3 –**

From Montreal-style smoked meat (our house specialty) to pizza baked in a wood-fired oven and daily lunch specials, we offer a full menu to satisfy every taste! In summer, enjoy a relaxing meal on one of our two outdoor patios.

© Photolux/C. Lalonde


Le Baccara (Casino du Lac-Leamy)

### Le Baccara (Casino du Lac-Leamy)

1 Casino Blvd.
819 772-6210 – 1 800 665-2274 – casinos.lotoquebec.com/en/lacleamy/explore/restaurants/le-baccara
**$ $ $ $** – **3** –

For a memorable evening with your fellow foodies, put Le Baccara at the top of your list. Watch the team in the open kitchen perform their magic as they prepare succulent and inventive dishes using fresh local products. From the first bite, you'll understand why Le Baccara has earned the CAA-AAA's Five Diamond rating year after year. Dress code: semi-formal. Must be 18 or over.

### Le Café (Casino du Lac-Leamy)

1 Casino Blvd.
819 772-2100 – 1 800 665-2274 – casinolacleamy.ca
**$** – **1,2,3** –

Feeling peckish? Stop by Le Café anytime for a quick meal. Choose among Le Café's sandwiches, salads, snacks and desserts. Promotional items and candies are also available. Open day and night. Must be 18 or over.

### Le Cellier

49 St-Jacques St.
819 205-4200 – restaurantlecellier.com/en
**$ $** – **2,3** –

Charming restaurant in a heritage house in downtown Gatineau (Vieux-Hull). Sample wines from around the world, or simply relax on one of the patios. Enjoy a fresh market menu and discover Le Cellier's delicious tartares and ceviches.

### Le Forum

815 Jacques-Cartier St.
819 246-6446 – leforum.ca/en
**$ $** – **2,3** –

A unique concept on three levels! Le Forum is a great place to spend an evening with friends watching your favourite sports events on the big screen, enjoying a family dinner, dancing to live music, or having fun showing off your karaoke skills.

### Le Pied de Cochon

248 Montcalm Blvd.
819 777-5808 – lepieddecochon.ca/en
**$ $** – **2,3** –

This authentic bistro-style restaurant has been offering classic French fare with a modern twist for over 40 years.

### Le Pirate Rest'O'Bord

1067 Jacques-Cartier St.
819 243-5200 – restobordlepirate.com/en
**$ $** – **2,3** –

Located on the shore of the Ottawa River, the Rest'O'Bord Le Pirate is a perfect place to weigh anchor as a couple, with family or friends.
In summer, enjoy the inviting patio; the indoor room can seat 90 guests. You can pay your docking fee directly at the restaurant. Open from April to December; hours vary according to high season or low season (October to December). À la carte menu and table d'hôte for groups.

### Le Quai Saint-Raymond

60 St-Raymond Blvd.
819 777-0924 – restoquai.com/en
**$ $** – **2,3** –

This restaurant and bar is a great place to come ashore for awhile, a home port where you can sit back and relax, have a drink, and enjoy a meal among friends. Try the famous mussels & fries and make your selection from the list of privately imported wines. For ages 18 and up.


© Société des casinos du Québec

### Le Rituel

967 Dalton SR
819 669-9797 – restaurantlerituel.com/en
**$ $ – 1,2,3 –**

An outstanding dining experience prepared by chef and owner Jean-Philippe Ménard. Located in a beautiful setting at Le Sorcier Golf Club, Le Rituel specializes in creative, authentic, affordable cuisine. Open all year long, it offers many options and services, including catering, Home Chef, a special fall menu, a famous city sugar shack, dinner/show packages, and many more. Follow Le Rituel on Facebook and Instagram to keep informed about upcoming events.

### Le Saint-Éloi Café Bistro

100 Atawe St.
819 595-3222 – lesainteloi.com/en
**$ $ – 1,2,3 –**

Healthy bistro-style cuisine in a welcoming setting with an unbeatable view of Leamy Lake. Le Saint-Éloi is the perfect spot for a relaxing breakfast, an intimate lunch or a lively dinner!

### Le Troquet

41 Laval St.
819 205-9060 – letroquet.ca
**$ $ – 1,2,3 –**

A combination café, bistro and bar, Le Troquet offers a diversified menu of healthy, tasty and affordable fare: pasta, salads, cheese and pâté, soups and sandwiches and other homemade delights. Wide selection of beer on tap.



Le Troquet

### Les Vilains Garçons

131 Du Portage Drive
819 205-5855 – lesvilainsgarcons.ca
**$ $ – 2,3 –**

The restaurant's specialty: pintxos, the Basque (French/Spanish) equivalent of tapas, created by owner and chef Romain Riva. From fish, foie gras and tartares to delectable homemade desserts, there's a lot to like about this restaurant and its chef!

### Les2eux Bistro

2 Montcalm St.
819 771-4777 – ihg.com/crowneplaza/hotels/us/en/gatineau/yowcp/hoteldetail/dining
**$ $ – 1,2,3 –**

Family-friendly restaurant offering wonderful taste sensations and featuring cuisine from around the world for every taste and budget. With seating for up to 100 people in the dining room inside, this establishment can accommodate almost any group, whether for breakfast, lunch or dinner.

### Maison Samorn

53 Kent St.
819 595-0232
facebook.com/Maison-Samorn-433974266640265
**$ $ – 2,3 –**

An authentic culinary experience awaits you at Maison Samorn! Ms. Samorn, the head chef, invites you to discover the delights of fine Thai cuisine with its exotic flavours in a warm and welcoming setting.

### Marius

41 Victoria St.
819 772-1234 – mariusprovence.com
**$ – 1,2 –**

Enjoy authentic, top-quality dishes prepared with loving care: salads bursting with sunshine, delectable breads, tasty sandwiches, and specialties like ratatouille and pesto soup. Take a little bit of Provence home with you!

© M. Baril-Tessier


Piz`za-za

### Milan Gatineau

740 Maloney Blvd.
819 561-4000 – milangatineau.com
**$ $** – **1,2,3** –

Just a stone's throw from the Maison de la culture and the Gatineau Sports Centre, Milan is a recent addition to Gatineau's restaurant scene. The name is not a reference to the Italian city, nor to a style of cuisine: rather, it was inspired by the name of an infant barely six months old! "He's our first-born," proudly explains Steven Abou Assi, the restaurant's co-owner.

### Moca Loca Café

15 De Valcourt St.
819 561-5028 – mocalocacafe.com
**$** – **1,2,3** –

Lovely selection of salads, paninis and cakes, as well as specialty tea and coffee blends. You'll recognize the eight Moca Loca locations by their enticing aromas and welcoming ambiance! The ideal place to unwind, celebrate with friends, or hold a casual business meeting.

### Olivia bistro-boutique

58 Eddy St.
819 525-6800 – oliviabistro.com
**$** – **2,3** –

The bistro-boutique offers a complete, quick, and healthy menu! Salads, soft tacos, home-made kombucha, delicious smoothies, and locally-sourced products are staples at Olivia bistro-boutique. All of this served in an original and vibrant space. Two locations to serve you better.

### Pärlé - Bistro ludique

325 Gréber Blvd.
819 525-6502 – parlebistro.com
**2,3** –

Pärlé invites you to come play board games in a friendly and casual environment. Explore the huge on-site toy library, and get tips from expert hosts! Discover bistro-style cuisine created and prepared by chef Hugo Desrochers-Hébert. The ideal place for a get-together with friends, a family brunch, or any other occasion that deserves to be celebrated in a spirit of fun!

### Piz`za-za

36 Laval St.
819 771-0565 – pizzaza.ca/en
**$ $** – **2,3** –

Piz'za-za restaurant and wine bar is part of Old Hull's culinary heritage and serves the best gourmet pizzas made with quality local and house-made products. Fine wines from around the world are selected just for you. From a quick lunch to a leisurely dinner, the restaurant's aim is to serve a meal that delights the senses, nourishes the body and warms the heart. It's a great place to eat, any time of day!

### Place du Centre food court

200 Du Portage Drive
819 770-3740 – placeducentre.com/en
**$** – **1,2** –

Place du Centre features more than 17 different restaurants, a 500-seat food court that opens at 6 a.m., free Wi-Fi, and two dozen clothing stores and boutiques.

### Prasat Thai

460 Gréber Blvd.
819 568-6405 – prasatthai.wordpress.com
**$ $** – **2,3** –

A favourite with locals and visitors for 15 years, Prasat Thai specializes in Cambodian, Thai and Vietnamese cuisine. Try the lunch specials and dinner combos, including the restaurant's signature dishes, the "love nest" and the "Thai nest." Bring your own wine!


© L. Marquis

### Restaurant la Table des 3 Vallées

584 Maclaren East St.
819 986-8514 – 1 800 958-9966
cfprelaislievreseigneurie.com/reservations
**$ $ – 1,2,3 –**

La Table des 3 Vallées is operated by the École hôtelière de l'Outaouais as a training ground for students in the Culinary program. Enjoy a warm welcome, outstanding service worthy of the most elegant establishment, and top-quality classic, traditional and contemporary dishes carefully prepared by students under the supervision of a qualified chef. You can check available dates and make a reservation via the restaurant's website. Many of the program's graduates have gone on to work in some of Quebec's best restaurants.

### Restaurant Palais du Vietnam

335 Alexandre-Taché Blvd.
819 775-9991 – restozone.ca/hull/palaisduvietnam
**$ $ – 2,3 –**

Vietnamese cuisine served in a welcoming atmosphere. Large private room for groups.

### Rôtisserie St-Hubert (Aylmer)

181 Principale St.
819 685-9119 – st-hubert.com
**$ $ – 2,3 –**

For BBQ chicken, ribs and grilled dishes, St-Hubert is the place to go! Restaurant-bar with a unique, casual ambiance. ad. p.143

### Rôtisserie St-Hubert (Buckingham)

97 Georges St.
819 617-4419 – st-hubert.com
**$ $ – 2,3 –**

For BBQ chicken, ribs and grilled dishes, St-Hubert is the place to go! Restaurant-bar with a unique, casual ambiance. ad. p.143

### Rôtisserie St-Hubert (Gatineau)

357 Maloney Blvd. West
819 643-4419 – st-hubert.com
**$ $ – 2,3 –**

BBQ chicken, ribs and grilled dishes. Children's playroom and restaurant-bar with a unique, casual ambiance. ad. p.143

### Rôtisserie St-Hubert (Hull)

225 Maisonneuve Blvd.
819 776-6012 – st-hubert.com
**$ $ – 2,3 –**

BBQ chicken, ribs and grilled dishes. Children's playroom and restaurant-bar with a unique, casual ambiance. ad. p.143

### Rustiek

51 St-Jacques St.
819 525-3343 – rustiek.ca
**$ $ – 2,3 –**

Rustiek specializes in northern European cuisine with an original twist, prepared with fresh and locally sourced ingredients. Beer lovers will appreciate the wide selection of Quebec craft beers, as well as creative cocktails and private import wines.

### Scores Rotisserie Gatineau

1000, Maloney Blvd. West
819 243-8080 – scores.ca/en/scores-rotisserie-hull
**$ –**

Renowned for its famous rotisserie chicken and delicious spareribs, Scores Rotisserie is the perfect place to savour a delicious meal and spend time with family, colleagues and friends!

### The British Cafe

79 Principale St.
819 557-4757 – thebritish.ca/en/cafe-2
**$ – 1,2,3 –**

Café British serves up homemade sandwiches, soups, salads and desserts, along with the best coffee in town. Open all day; early risers are welcome for breakfast, while night owls can enjoy alcoholic beverages and discover local talent at the Café's popular open mic nights.

### The British Public House (Hôtel British)

71 Principale St.
819 682-3000
thebritish.ca/the-british-pub-restaurant
**$ $ – 2,3 –**

With gourmet burgers and woodfired artisanal pizzas, the Public House gives family favourites a refined, modern edge, while capturing all the warmth and beauty of the British's 180-year history.

## Petite Nation

### Aux Chantignoles

392 Notre-Dame St., Montebello
819 423-6341 – 1 800 870-7619
fairmont.com/montebello/dining
**$ $ $ $** – **1,2,3** – 🚻🚭🍸T🚣PS

Delectable flavours and an inspiring menu based on fresh seasonal products are the hallmarks of a dining experience at Aux Chantignoles. The talented chefs are constantly creating new recipes inspired by local products and blending traditional and contemporary influences. Let the attentive staff guide you through a truly unforgettable culinary experience in the peaceful setting of this log cabin-style restaurant.

### La Toquade

618 Rt. 321 North, Saint-André-Avellin
819 516-0555 – facebook.com/La-Toquade-Bistro-Bar-de-St-André-Avellin-100717829093
**$ $** – **1,2,3** – 🛜🍸T

Bistro-style cuisine in a casual atmosphere. Duck confit, beef flank steak, pork back ribs, a wide selection of fresh-cooked pasta dishes, smoked salmon from La Toquade's own smokehouse, and an array of deluxe burgers are just a few of the homemade specialties on the menu.

### Le Bistro Montebello

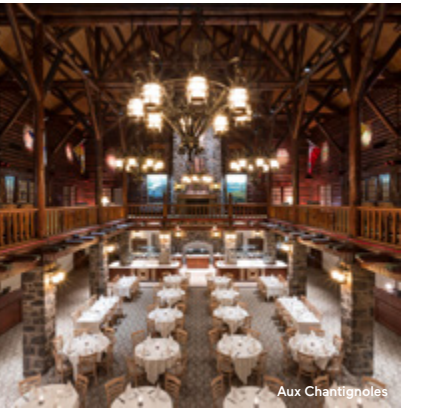
570 Notre-Dame St., Montebello
819 423-6900 – lebistromontebello.ca
**$ $** – **2,3** – 🍸T🚮

The Bistro offers a family-style menu of pub-style cuisine made with local ingredients. Well known for its wood-fired pizza, it now offers daily lunch specials from Monday to Friday, and dinner specials Thursday to Sunday evening.

### Le Café du Bistrot

198 Principale St., Saint-André-Avellin
819 983-3966 – cafedubistrot.com
**$ $** – **2,3** – 🍸T🚮🚣

Fresh, modern, creative and refined cuisine, well worth a trip to St-André-Avellin! Wood-fired pizza.


Aux Chantignoles

### Le Napoléon pâtes et grillades

489 Notre-Dame St., Montebello
819 423-5555 – le-napoleon.com
**$ $** – **3** – 🍸T

Italian restaurant on Principale Street in Montebello. Reception room upstairs. Open at lunchtime by reservation for groups of 25 or more. Appealing menu, competitive prices.

### Resto pub Le Zouk

530 Notre-Dame St., Montebello
819 423-2080 – restozouk.com
**$** – **2,3** – 🚻🚭🍸T

Located in a log building in the heart of Montebello, the Resto pub Le Zouk is a lively spot, with a bar, a dining room and a large outdoor patio. This fun restaurant has a cachet all its own, and the menu is sure to please everyone in the family. Choices include onion soup, fresh salads, pizza, burgers, assorted sandwiches, ribs, and fajitas.

### Snack et délices Montebello

497 Notre-Dame St., Montebello
819 309-0595 – snackdelices.com
**$** – **2,3** – 🛜T🚮

A gourmet snack bar with a focus on local and regional products. Homemade fries, creative classic burgers and veggie burgers, upscale poutines, and hot dogs (classic or made with artisanal sausage) served with homemade condiments. The dairy bar serves a raviety of frozen desserts. Under new management since summer 2018.


© Hôtels Fairmont

**Vallée-de-la-Gatineau**

### L'Huile d'Olive

353 Lake 31 Milles SR, Bouchette
819 465-2625 – villagemajopial.ca/restaurant
**$ $ $** – **1,2,3** –

Village Majopial is located on the shores of Thirty-One-Mile Lake in the municipality of Bouchette, about 90 minutes from Gatineau–Ottawa. At the heart of this Village is L'Huile d'Olive restaurant, a hidden treasure offering seasonal menus prepared with fresh local ingredients. The richness and variety of the cuisine will seduce and amaze you! As for the wine list, there isn't one you have to go down to the wine cellar to choose your bottle from the vast selection.

# Pubs and bars

**Collines-de-l'Outaouais**

### Chelsea Pub

238 Old Chelsea Rd., Chelsea
819 827-5300 – chelseapub.ca/en
**$ $** – **2,3** –

Part of the Old Chelsea Square, Chelsea Pub is a restaurant located near the Gatineau Park and ski stations. We offer a gastropub type of cuisine with a great selection of homemade craft beers. Chelsea Pub, Biscotti & Cie, la Maison Bleue and the Lofts du Village are part of the same family and offer the best you can find in the Outaouais.

**Gatineau**

### Aux 4 Jeudis

44 Laval St.
819 771-9557 – 4jeudis.ca
**$** – **2,3** –

In addition to being a popular happy-hour meeting place for people working in the city centre and a trendy evening destination, Aux 4 Jeudis has played a significant role on the local cultural scene for more than 40 years. It doubles not only as an exhibition space for local artists, but as a summer movie terrace on Monday nights. As well, it presents outdoor shows during happy hour on Wednesdays and Fridays. From mid-May to the end of August, Aux 4 Jeudis offers you a fresh food menu that you can enjoy on the most beautiful patio in downtown Gatineau.

### Bar 7 (Casino du Lac-Leamy)

1 Casino Blvd.
819 772-2100 – 1 800 665-2274 – casinos.lotoquebec.com/en/lacleamy/explore/bars/bar-7

Bar 7 is located in the heart of the gaming area at the base of the impressive central hub. It features a promotional zone with an interactive multimedia table, a video wall, a dance floor and a stage for live bands and DJs, offering an unrivalled entertainment experience. 18+.

### Bistro L'Autre Oeil

152 Principale St.
819 682-1221 – lautreoeil.com
**$** – **3** –

Opened in 1998 in the heart of Old Aylmer, this family-owned business is a veritable temple to the pleasures of beer! Bistro L'Autre Œil stocks over 350 different brewed beverages, making it the beer reference in Quebec. Discover this unique and welcoming establishment and let the qualified staff take you on a trip around the world, one sip at a time! In the summer, enjoy the outdoor patio. Bistro food menu also available.

### Bistro la Gargouille

556 Saint-Joseph Blvd.
819 525-7799 – bistrolagargouille.com
**$ $** – **2,3** –

Discover the Bistro la Gargouille with its wine/beer/cocktail bar and a variety of meals to share.

### Brasserie du Bas-Canada

455 La Gappe Blvd., Local 103
819 525-6162 – brasseriebascanada.com
**$** – **2,3** –

Brasserie du Bas-Canada is located in Gatineau. Proudly independent, its mission is to create quality craft beers and contribute to the development of Quebec's brewing culture.

### Club Aléa - Dreambox

1 Casino Blvd.
819 772-6299 – clubalea.ca/en

Take your evening to the next level! Step into Club Aléa and enter a different world, where your senses are enveloped to the rhythm of the DJ's music, the high-tech lighting, and the fantastic visuals of the LED wall. The atmosphere is electric, the crowd swaying to the beat, and the atmosphere is sophisticated and sensual. Fridays and Saturdays only. 18+.

### Gainsbourg bistro-brewery

9 Aubry St.
819 777-3700 – gainsbourg.ca/en
**$ $ – 2,3 –**

Gainsbourg is a bistro restaurant and microbrewery located in the historic district of Old Hull, Gatineau. This place is all about the pleasures of good food and drink in a pub style establishment; the pleasures of music and songs; the pleasures of a gastropub style menu and a selection of microbrews on tap and in bottles from throughout Quebec and high quality brewed in a microbrewery in the forefront. The smell of grain that welcomes us, barn wood, the intimate stage on which big names have already played, the staff considers you a host of choice. You are at home here.

### Mardi Gras Gatineau

117 Du Portage Drive
819 771-6677 – mardigrasgatineau.com/language/en

Montreal-style night club with three different sections, each with its own distinctive vibe, plus a VIP section for private gatherings. Music and comedy in a warm and elegant ambiance. Popular favourites: Student Nights and "Les Mardis de l'Humour" Tuesday-night comedy nights.

### Minotaure

3 Kent St.
819 600-6466 – minotaure.ca

Cocktail bar, patio, performance space, selection of Quebec craft beers, and arcade games.


Soif - Bar à vin

### Ou Quoi – Salon Urbain

48 Laval St.
819 777-6555 – barouquoi.ca

Coming to the Ou Quoi – Salon Urbain is like dropping by a friend's place to chat, hang out together and meet new people. At the Ou Quoi, they're changing the world one beer at a time.

### Pêle Mêle

47 Laval St.
819 771-7353 – pele-mele.ca
**$ – 2,3 –**

The Pêle-Mêle restaurant and sports bar is the perfect spot for a night out with friends. Enjoy a good meal and watch major sporting events in a unique setting. The absolute go-to for sports fans!

### Soif - Bar à vin

88 Montcalm St.
819 600-7643 – soifbaravin.ca
**$ – 2,3 –**

World-renowned sommelier Véronique Rivest invites you to her wine bar in Old Hull. SOIF is a true wine bar, offering authentic wines and small plates in a laid-back atmosphere. A new wine list to discover and explore every week. ad. p.144


© M. Baril-Tessier



Les Vilains Garçons



WELCOME TO ST-HUBERT!

225 Maisonneuve Blvd., **Hull** sector, 819 776-6012
357 Maloney Ouest Blvd., **Gatineau** sector, 819 643-4419
181 Principale, **Aylmer** sector, 819 685-9119
97 Georges, **Masson** sector, 819-617-4419

St-Hubert
St-Hub

BUFFET DES CONTINENTS

*New spectacular settings!*

*More than 150 international dishes.*
*Our chefs cook right before your eyes.*



819 561-1099 | 4, GARE-TALON GATINEAU QC J8T 0B1



lebuffetdescontinents.com



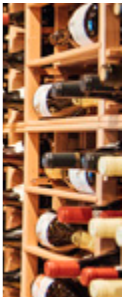
Soif

BAR À VIN DE VÉRONIQUE RIVEST

REAL WINE. REAL FOOD. REAL PEOPLE.

88 rue Montcalm, Gatineau (Vieux-Hull) | 819.600.7643

soifbaravin.ca








Everything you need to plan your stay!

## Network of tourist information centres

- → Personalized service by qualified staff
- → Official tourist guides to Quebec regions
- → Suggested itineraries
- → Full details on attractions, events and accommodation

Consult the list of our information centres on pages 146 and 147, or look for our roadside sign.



© M. Foote

# 4

# General Information


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# Useful Information

## Québec-wide Tourist Information

**Phone:** 1 877 BONJOUR (266-5687)
**Email:** info@quebecoriginal.com
**Online:** QuebecOriginal.com
**Social media:** #QuebecOriginal

/tourismequebec
/tourismequebec
/tourismequebec
/TourismeQuebec
@quebecoriginal

**Brick and mortar:**

Centre Infotouriste in Montréal, Québec, Rigaud, Rivière-Beaudette or Dégelis (permanent visitor information centres that provide a range of tourist services and products)

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small. The Ministry's website, QuebecOriginal.com, presents valuable information for tourists and residents alike on attractions throughout Quebec.

Tourisme Québec

## Tourist Information on the Outaouais

### Outaouais Tourism

103, Laurier Street
Gatineau (QC) J8X 3V8

819 778-2222
1 800 265-7822 (Canada and United States)

outaouaistourism.com
info@tourisme-outaouais.ca

OUTAOUAIS
outaouaistourism.com

# Tourist Information Centres

## Permanent Centres

**Maison du tourisme**
103 Laurier St., Gatineau
819 778-2222 – 1 888 265-7822 – tourismeoutaouais.com

**Campbell's Bay Tourist Information Bureau**
602 Route 301, Campbell's Bay
819 648-2186 – 1 800 665-5217 – pontiac-tourism.com

**Capital Information Kiosk**
90 Wellington St. (across from the Parliament), Ottawa
canada.ca/en/canadian-heritage/services/visitor-information/while-here.html

**Gatineau Park Visitor Centre**
33 Scott Rd., Chelsea
819 827-2020 – 1 866 456-3016 – gatineaupark.gc.ca

**Grand-Remous Tourist Welcome Bureau**
1508 1508 Trans-Canada Hwy., Grand-Remous
819 438-2088 – 1 877 338-2088 –
tourismevalleedelagatineau.com/index.php/en

**Montebello Train Station**
502-A Notre-Dame St., Montebello
819 423-5602 – tourismeoutaouais.com/en/services_en/montebello-train-station

**Maniwaki Tourist Welcome Bureau**
186 King St., Maniwaki
819 463-3241 – 1 877 463-3241 –
tourismevalleedelagatineau.com/index.php/en

**Official visitor information centres are identified by the ? pictogram on road signs and in tourist brochures.**

## Seasonal Centres

**Aumond Tourist Welcome Bureau**
1, de la Traverse, Aumond
819 449-7070 – 1 844 449-7079 –
tourismevalleedelagatineau.com/index.php/en

## Tourist Information Stand (unstaffed)

**Relais d'accueil touristique de Blue Sea**
4 Principale St., Blue Sea
bluesea.ca/index.php

**Relais d'information touristique de Alley-et-Cawood**
30 Route 301, Alleyn-et-Cawood
819 648-2186 – 1 800 665-5217 – tourisme-pontiac.com

**Relais d'information touristique de Bristol**
14 Route 148, Bristol
819 648-2186 – 1 800 665-5217 – tourisme-pontiac.com

**Relais d'information touristique de l'Isle-aux-Allumettes**
6895 Route 148, L'Isle-aux-Allumettes
tourisme-pontiac.com

**Relais d'information touristique de la Pêche**
45 Wakefield Heights Rd., La Pêche (Wakefield)
wakefieldquebec.com/acceuil.html

**Relais d'information touristique de Notre-Dame-de-la Salette**
1515 Route 309, Notre-Dame-de-la-Salette
819 766-2533 – muni-ndsalette.qc.ca/visiteurs/mot-du-maire

**Relais d'information touristique de Rapides-des-Joachims**
216 Principale St., Rapides-des-Joachims
819 648-2186 – 1 800 665-5217 – tourisme-pontiac.com

**Relais d'information touristique de Portage-du-Fort**
19 Church St., Portage-du-Fort
819 648-2186 – 1 800 665-5217 – tourisme-pontiac.com

**Relais touristique de Notre-Dame-de-la Paix**
267 Notre-Dame St., Notre-Dame-de-la-Paix

# Transportation

## Air Travel

**Aéroport exécutif Gatineau-Ottawa**
1717 Arthur-Fecteau St., Gatineau
819 663-0737 – 1 877 663-0737
aeroportdegatineau.com

**Aéroport international d'Ottawa**
1000 Airport Parkway, Ottawa
613 248-2000 – yow.ca/fr

## Train

**VIA Rail Canada**
200 Tremblay Rd., Ottawa
514 989-2626 – 1 888 842-7245
viarail.ca/en

## Buses

**417 Bus Line Ltd**
50 Industrial St., Ottawa
613 764-2192 – 1 888 811-2617 –
417busline.com

**Le Groupe Bell-Horizon**
Gatineau
819 378-9290 – 1 800 567-7625 –
bell-horizon.com/en

**Société de transport de l'Outaouais**
111 Jean-Proulx St., Gatineau
819 770-3242 – 1 800 855-0511
sto.ca/index.php?id=8&L=en

## Taxis

**Au feel de l'eau Aqua-Taxi**
100 Laurier St., Gatineau
819 329-2413 – aufeeldeleau.ca/en

Water shuttle service between the Ottawa Locks jetty (behind the Château Laurier), the dock at the Canadian Museum of History, and the dock at Richmond Landing near the Canadian War Museum. Universal accessibility and space for bicycles.

**Bob Taxi Gatineau**
867 Saint-Louis St., Gatineau
819 561-1512 – 819 561-1041

**Central Taxi**
195 Commerciale St., Maniwaki
819 449-1166

**Pro Taxi**
Gatineau
819 700-3300

**Taxi Gracefield**
823 Point Comfort Rd., Gracefield
819 463-2062

**Taxi Haute-Gatineau**
149 Principale Sud St., Maniwaki
819 449-1010

**Taxi Loyal**
331 Main St., Gatineau
819 663-5252 – 1 866 663-8422

**Taxis Crown et Regal**
165 Jean-Proulx St., Gatineau
819 777-5231 – 1 819 777-5231

## Ferries

**Traversier Ecolos Thurso (Qc) – Rockland (On)**
Onesime Guibord St., Thurso
613-794-9891 – ecolos.ca

**Quyon Ferry Quyon (Qc) – Fitzroy Harbour (On)**
1 Ferry St., Pontiac
819 458-2286 – quyonferry.com

**Traversiers Bourbonnais Gatineau (Qc) – Ottawa (On)**
105 Fer à Cheval St., Gatineau
819 986-8180
traversiersbourbonnais.com/en

**Traversiers Montebello (Qc) – Lefaivre (On)**
Traversier St., Montebello
613 551-0679
facebook.com/pages/Traversier-Lefaivre-Montebello/155375171254073

## Hospitals

**Hôpital de Gatineau**
909 De La Vérendrye Blvd. West
Gatineau
819 966-6100 – 1 800 267-2325

**Hôpital de Hull**
116 Lionel-Émond Blvd.
Gatineau
819 966-6200 – 1 866 595-2002

**Hôpital de Maniwaki**
309 Desjardins Blvd.
Maniwaki
819 449-2300

**Hôpital et CHSLD de Papineau**
154 Maclaren East St.
Gatineau
819 986-3341

**Hôpital et CHSLD du Pontiac**
200 Argue St.
Shawville
819 647-2211

**Hôpital et CHSLD Mémorial de Wakefield**
101 Burnside Rd.
La Pêche (Wakefield)
819 456-3877

## Accessibility

### Québec for All : Accessibility for People with Disabilities

514 252-3104
www.QuebecForAll.com

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. It's platform *Québec for All* offers a wide range of cultural and tourist information for visitors with reduced mobility.

The accessible rating means that the establishment meets all the accessibility criteria and offers a satisfactory visitor experience for the majority of people with reduced mobility.

The partially accessible rating means that the establishment meets the main accessibility criteria but has some missing elements that could affect the experience of some people with reduced mobility.

### Tourist and Leisure Companion Sticker

vatl.org

Companions of disabled individuals with this sticker are admitted free of charge to participating tourism, cultural and recreational attractions.



# Travelling in Québec

## Bars, Casinos and Purchasing Alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the Société des alcools du Québec (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores, which also stock a limited selection of wines.

## Canadian Currency

The legal currency in Québec is the

Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

## Cell phones

Use of a cell phone is prohibited while driving.

## Currency Exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

## Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l).

**It is illegal to transport or use radar detectors in Québec.**

## Drugs and Driving

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to produce ID if asked). The legislation also includes other measures, such as the prohibition from consuming drugs (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

## Making a Comment or Conveying Dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

**Alliance de l'industrie touristique du Québec**
1 877 686-8358, option 7
comment@alliancetouristique.com

## Road conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1 888 355-0511, or visit quebec511.info.

## Taxes

Québec has two taxes : the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3.5% of the room price per night also applies in our region.

## Emergencies

**Emergency**
911, 310-4141 or *4141 (from a cell phone)

**Info-Santé (medical advice)**
811

**Québec Poison Control Centre**
1 800 463-5060

## Tipping

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québecers normally add up both taxes. Tipping bellhops or porters is at your discretion (generally, $1 per bag).

## Tourist routes

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures. quebecoriginal.com/tourist-routes.

## Tourist signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs. For more information, visit panneaubleu.com and tourisme.gouv.qc.ca/signalisation (in French only).

## Village-relais accredited services

If you feel like taking a break or require assistance while on the road, look for the Village-relais signs. These point to villages that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. villages-relais.qc.ca.

## Voltage

In Québec, the standard voltage is 110 volts/ 60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

## Winter tires

From December 1st to March 15, all taxis and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.



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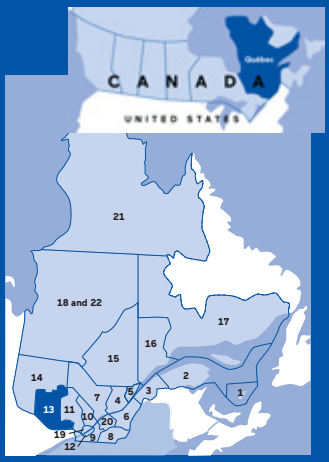
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161 → Regional Map

# Maps and Pictograms

- Free WiFi
- International airport
- Regional airport
- Bienvenue cyclistes! certified
- AC Air conditioning
- Picnic area
- Pet-friendly
- BYOB
- Cash only
- Beach: supervised swimming
- Comfort station
- Electric vehicle charging station
- Camping
- Wellness centre
- Hunting
- Shared kitchen
- Kitchenette
- Electricity
- Pull-through
- Free admission
- $ Paid admission
- Horseback riding
- Seasonal operation
- Rating - Pending
- Microwave
- Golf
- H Hospital
- Permanent visitor information centre
- Seasonal visitor information centre
- Equipment rental
- Mini frudge
- Snowmobiling
- Fishing
- Ice fishing
- Outdoor pool
- Indoor pool
- Pool open year-round
- Beach
- Water access
- Quadding
- Dog sled ride
- Hiking
- Snowshoeing
- Heater shelter
- Tourist information stand
- Licenced restaurant
- Places to Eat
- Route verte bicycle trail
- Shared bathroom
- B Private bathroom
- Fitness room
- S Waxing room
- Downhill skiing
- Cross-country skiing
- Pump-out station
- % of shady sites
- Tents only
- T Patio
- Toilet and sinks
- Cycling
- Mountain biking
- Village-relais

# Map of Québec Tourism Regions




| | | |
|---|---|---|
| 01 | Îles-de-la-Madeleine | tourismeilesdelamadeleine.com |
| 02 | Gaspésie | gaspesieiloveyou.com |
| 03 | Bas-Saint-Laurent | bassaintlaurent.ca |
| 04 | Québec | quebec-cite.com |
| 05 | Charlevoix | charlevoixtourism.com |
| 06 | Chaudière-Appalaches | chaudiereappalaches.com |
| 07 | Mauricie | mauricietourism.com |
| 08 | Cantons-de-l'Est | easterntownships.org |
| 09 | Montérégie | tourisme-monteregie.qc.ca |
| 10 | Lanaudière | lanaudiere.ca |
| 11 | Laurentides | laurentians.com |
| 12 | Montréal | mtl.org |
| **13** | **Outaouais** | **outaouaistourism.com** |
| 14 | Abitibi-Témiscamingue | abitibi-temiscamingue-tourism.org |
| 15 | Saguenay–Lac-Saint-Jean | tourisme.saguenay.ca |
| 16 | Côte-Nord \| Manicouagan | tourismecote-nord.com |
| 17 | Côte-Nord \| Duplessis | tourismecote-nord.com |
| 18 | Baie-James | escapelikeneverbefore.com |
| 19 | Laval | tourismelaval.com |
| 20 | Centre-du-Québec | tourismecentreduquebec.com |
| 21 | Nunavik | nunavik-tourism.com |
| 22 | Eeyou Istchee | escapelikeneverbefore.com |



# Access Map to the Region



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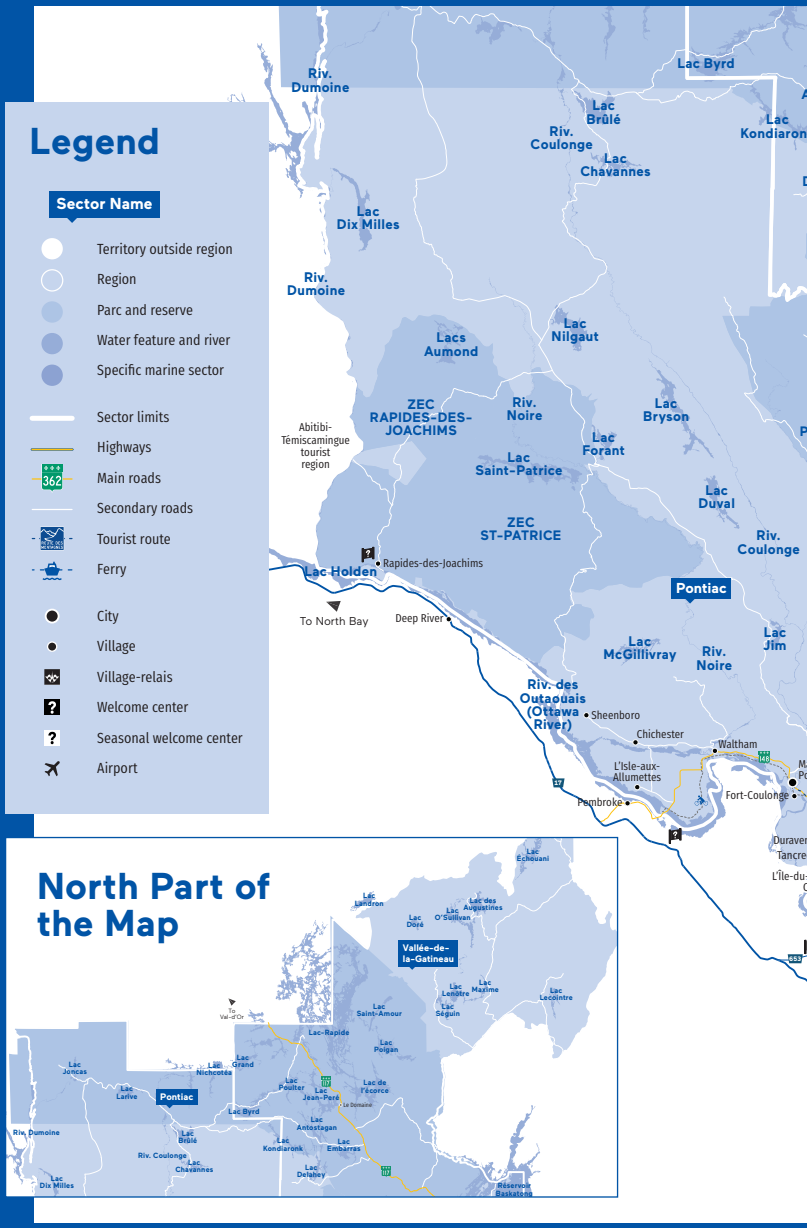
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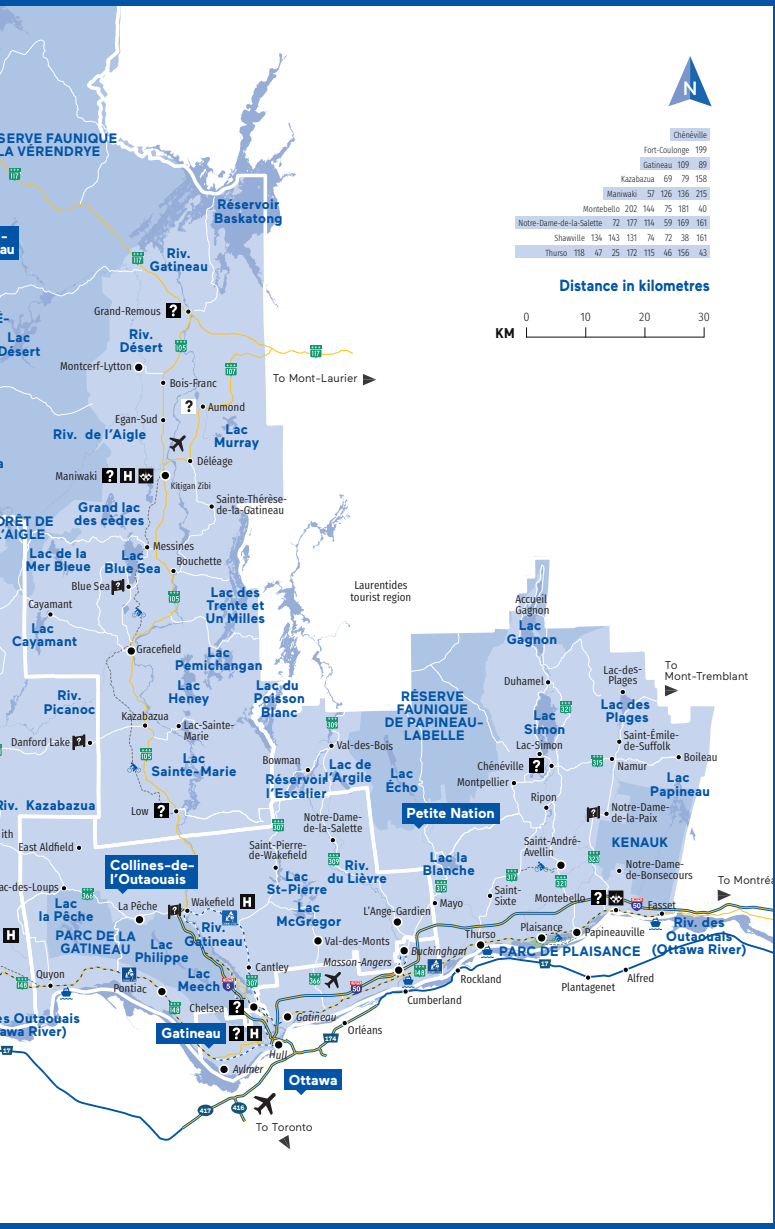
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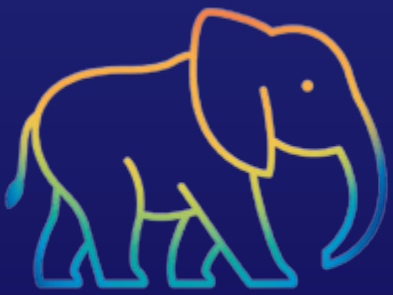
INTERZIP.CA

# Outaouais Regional Map




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Kazabazua 69 79 158
Maniwaki 57 126 136 215
Montebello 202 144 75 181 40
Notre-Dame-de-la-Salette 72 177 114 59 169 161
Shawville 134 143 131 74 72 38 161
Thurso 118 47 25 172 115 46 156 43
Distance in kilometres
0 10 20 30
KM
SERVE FAUNIQUE LA VÉRENDRYE
Réservoir Baskatong
Riv. Gatineau
Grand-Remous
Lac Désert
Riv. Désert
Montcerf-Lytton
Bois-Franc
To Mont-Laurier
Aumond
Egan-Sud
Riv. de l'Aigle
Lac Murray
Déléage
Maniwaki
Kitigan Zibi
Sainte-Thérèse-de-la-Gatineau
Grand lac des cèdres
Messines
Lac de la Mer Bleue
Lac Blue Sea
Bouchette
Blue Sea
Laurentides tourist region
Cayamant
Lac des Trente et Un Milles
Lac Cayamant
Gracefield
Lac Pemichangan
Lac Heney
Lac du Poisson Blanc
Riv. Picanoc
Kazabazua
Lac-Sainte-Marie
Danford Lake
Bowman
Val-des-Bois
Lac de l'Argile
Réservoir l'Escalier
Lac Écho
Low
Riv. Kazabazua
East Aldfield
Notre-Dame-de-la-Salette
Saint-Pierre-de-Wakefield
Collines-de-l'Outaouais
Riv. du Lièvre
Lac St-Pierre
Lac McGregor
Wakefield
La Pêche
Lac la Pêche
PARC DE LA GATINEAU
Riv. Gatineau
Lac Philippe
Lac Meech
Quyon
Pontiac
Cantley
Chelsea
Gatineau
Val-des-Monts
L'Ange-Gardien
Masson-Angers
Buckingham
Cumberland
Rockland
Orléans
Hull
Aylmer
Ottawa
To Toronto
RÉSERVE FAUNIQUE DE PAPINEAU-LABELLE
Accueil Gagnon
Lac Gagnon
Duhamel
Lac-des-Plages
To Mont-Tremblant
Lac des Plages
Lac Simon
Lac-Simon
Saint-Émile-de-Suffolk
Namur
Boileau
Chénéville
Montpellier
Lac Papineau
Ripon
Notre-Dame-de-la-Paix
Petite Nation
Saint-André-Avellin
KENAUK
Notre-Dame-de-Bonsecours
Lac la Blanche
Saint-Sixte
Montebello
Fassett
To Montréal
Mayo
Thurso
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