



Lennoxville residents upset at proposed rezoning

By Corrinna Pole

The council chambers at Lennoxville Borough office were packed with citizens Monday afternoon, ready to express their opposition to proposed rezoning of a future development during a public consultation.

City of Sherbrooke urbanist Nathalie Brochu was on hand to present three projects - two involving rezoning and another preserving a pond - before the public with Borough President David Price and Councillors Bill Smith and Mark McLaughlin.

The first project, by-law 781, would see a section of land in the Moulton Hill Rd and St. Francis St. area, identified as zone P-13 and designated public and institutional use, rezoned to permit a total of six single family dwellings.

There are currently four houses in the area near Bishop's College School, bordering along Atto and St. Francis streets with the Saint-Francois river running along the east and south sides. These house were once the property of Bishop's College School but have since been sold to private owners.

While by-law 781 met with little feedback, residents didn't hesitate to voice concerns over by-laws 800 and

CONT'D ON PAGE 3

Marine Monsters usher in museum's 10th anniversary celebration



MUSEUM OF NATURE AND SCIENCE

The Sherbrooke Nature and Science Museum inaugurated Tuesday morning its new exhibition called "Fantastic Marine Monsters," and unveiled its program for the Spring 2012. Simon Filteau, aka Yvon Sauté (middle of the photo) in the company of mascot Ludo and his friends.

Walrus skulls and tusks, life-size shark models and the massive toothy snout taken from a saw fish are among the attractions at the Sherbrooke Nature and Science Museum's new presentation "Fantastic Marine Monsters," an exhibit that will also serve to kick off the celebration of the museum's ten-year anniversary.

"Ten years of adventures and over 130 years of traditions" is the theme of

the museum's anniversary in 2012, announced at a press conference Tuesday morning.

"Already, the Sherbrooke Nature and Science Museum in its location here at 225 Frontenac Street is ten-years-old," director general Marie-Claude Bibeau told a room of parents, young students and representatives from some of the museum's many collaborating organizations. "Today the museum is a cen-

tury-old institution that is well-established in the community and is, with its 40,000 visitors, also an important major tourist attraction for the city and for the region."

Bibeau explained that the museum in its current location may only be a decade old, but that the traditions, and items in its collection, date much farther back which is why they settled on

CONT'D ON PAGE 3



Our Townshipper of the Month

Page 9

Sheila Quinn and Gordon Lambie

Page 7

Dragons' Den holding open auditions in Sherbrooke

Dragons' Den will be holding open auditions in Sherbrooke on Friday, March 2 looking for the next big thing for the hit series on CBC Television.

Entrepreneurs from across the country are getting yet another chance to enter the Dragons' Den in a bid to score some high-powered financial backing for their business ventures.

Dragons' Den gives aspiring entrepreneurs the opportunity to pitch their businesses to a panel of wealthy Canadian business moguls - the Dragons. Successful pitchers will have a chance to earn real investment - from the Dragons' own pockets. They'll be looking for the biggest and best deals from coast-to-coast.

For more details, visit the website for a complete list of cities and dates, <http://www.cbc.ca/dragons-den/auditions>.

Weather



TODAY: CLOUDY PERIODS HIGH OF -2 LOW OF -14



THURSDAY: FLURRIES HIGH OF -1 LOW OF -5



FRIDAY: MAINLY CLOUDY HIGH OF 3 LOW OF -6



SATURDAY: MIXED PRECIP. HIGH OF 4 LOW OF -1



SUNDAY: SCATTERED FLURRIES HIGH OF 1 LOW OF -6



Help support the Townshippers' Research and Cultural Foundation: Donate your empty cans and bottles

Do you have bags and boxes full of empty cans and bottles lying around your home? Do you still have those empties from the holidays that you kept around, thinking that someday (when you had a few minutes and a little extra energy) you'd take them back to the store? If so, we hope that you will consider donating them to the Townshippers' Research and Cultural Foundation! Your generous support will help us continue to support local, community projects.

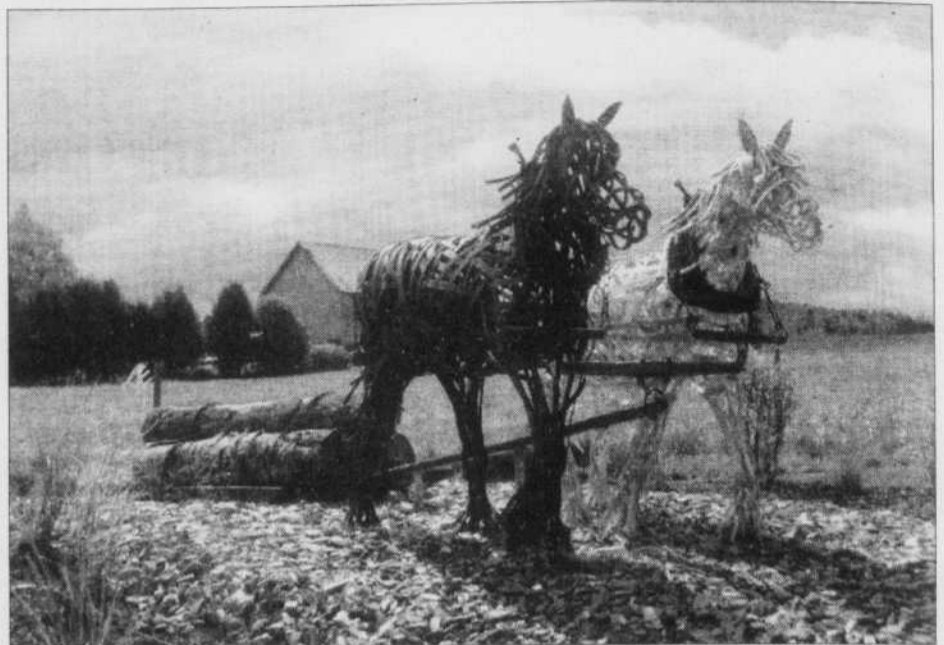
Why cans and bottles? The answer is quite simple: the foundation was offered help with its fundraising efforts by Mr. Joe Kelly, an Outstanding Townshipper who has held many successful can/bottle drives over the years. Mr. Kelly proposed that all monies made from returns during the months of January, February and March would be given to the foundation - a very generous contribution. This charity drive is wonderful because the funds gathered through it will enable us to offer more grants to those who seek to improve the quality of life for Townshippers within our community!

If you'd like to make a donation, you can drop your cans and bottles off at the Townshippers' office in Lennoxville or, if you live in the Richmond area, you probably know that Bev Taber Smith has kindly designated the space under her porch as a bottle depot for Mr. Kelly's charity drives. For more information, please contact the Foundation at 819-822-3314 or trcf@townshippers.qc.ca. We kindly thank Mr. Kelly, our donors and our volunteer board members for helping the Foundation carry on its very proud tradition of "Townshippers helping Townshippers."

Foundation update

The Townshippers' Research and Cul-

Keeping in Touch



COURTESY OF THE VAL-SAINT-FRANÇOIS

Groups or organizations that do not have registered charitable status can enter into a partnership arrangement with the foundation, whereby income tax receipts will be issued to donors for contributions to specific projects or activities of the organization. The result of one such partnership can be seen in this photo: The CLD Val-Saint-François entered into a partnership agreement with the foundation in 2010, the year of the 50th anniversary of Frederick Simpson Coburn's death, in order to make sure that something permanent would remain in the Richmond-Melbourne area after the commemorative year was over. The result was this unique, permanent piece of art, inspired by Coburn's paintings.

tural Foundation (TRCF) is presently reviewing project requests for the coming year and we are very pleased to report that, thanks to the generosity of our donors, we have the same level of grant monies available for disbursement this year as we did last year!

We are not a large foundation but, over the past 25 years, we have been able to offer support to numerous grassroots initiatives from many communities within the Eastern Townships region. Although competition for charitable dollars is high, donor commitment has been steady for TRCF and we take this to mean that the community agrees with our mission and the work we are doing.

Since Townshippers' Association will not be publishing its newspaper this March (in order to reduce expenses), we will not be able to list and thank our donors through that publication, as we have done in past years. Instead, we will adapt by acknowledging our donors on our website (www.townshippersfoundation.ca).

An example of generosity

This year, we received a substantial donation from a couple living in Ontario. This couple, who had previously

lived and worked in Sherbrooke, are now well into their retirement and decided to investigate which groups make the best use of their financial gifts. They requested year-end reports and financial records from several foundations, which they then reviewed. After consideration, they selected two groups in the Eastern Townships for designated donations and we are pleased to report that we were chosen to be the recipients of a one-time amount, based upon our wise use of monies over the years.

Our foundation strives to be very economical! We watch our spending and make every effort to direct as much money as possible to local projects. Members of our Board of Directors ask for no travel allowances, even though some travel from as far away as Richmond, Baldwin's Mills and Knowlton. We have cut our staff to twelve hours per week and are always looking at ways to respect the confidence which is placed in us. We may sound like a broken record, but we cannot overstate the importance of the continuity of giving. All amounts - large and small - add up to a big difference for the projects we support.

We are proud to be a part of this generous, caring community and, once again, we thank you!

Ben by Daniel Shelton



LOCAL NEWS

It's dangerous for people to cross and walk along the heavily trafficked St. Francis St. to access the park or the bike path.

Monday night Lenn. council meeting Atto-Beaver Park: Area safety at issue

By Corrinna Pole

After a half hour delay caused by a previous public consultation, the Lennoxville Borough council monthly meeting was off and running and the St. Francis St. area seemed to take centre stage.

Resident Marie-France Beaugard presented Borough President David Price and Councillors Bill Smith and Mark McLaughlin with more than 200 signatures and a petition calling to make the area around Atto-Beaver Park safer for pedestrians.

Although money has been invested into developing the park and the City of Sherbrooke is prioritizing safety by ensuring sidewalks are installed around schools, Beaugard pointed out it's dangerous for people to cross and walk along the heavily trafficked St. Francis St. to access the park or the bike path.

She noted that St. Francis St. lacks a sidewalk or shoulder, especially between Atto and Beattie streets, and that the road has only one clearly marked crosswalk located near the ANAF "Hut".

Accepting the signatures, Price explained that having safe access has been a priority for sometime but it requires a process by the City. He promised Beaugard the petition and signatures would be delivered to Sherbrooke.

No truck allowed

Another resident notified council that despite earlier requests "no truck" signs are not posted on St. Francis St. and as more trucks, many driving above the posted speed, are using the road, he asked if signs could be posted. Price said council would make another request for the signs to be installed.

Faulty lighting

Council was informed of malfunctioning streetlights on the arch bridge that crosses the Massawippi River from the downtown section of the Borough to the university. Frank Wilson said the lights flicker and turn on and off at will plung-

ing the area into darkness for passing motorists.

Snow slow to go

Karl Hunting brought the issue of snow removal to council noting that snow on one side of town hadn't been picked up yet and the sidewalks, especially in the Little Forks area, were not being properly cleared forcing students and pedestrians to walk on the street.

Gerry McNab has maintained sidewalk snow removal until this year when he was transferred to another borough.

Residents expressed their frustration at sidewalks being cleared well after students travel to school and commented on the frequency with which the driver's vehicle is seen parked outside of the Tim Horton store.

Snow and trash in front of a College St. property is becoming a problem for residents and the council. A complaint was made to council that the off campus student housing known as "Animal House", facing Conley St. and belonging to Jean-Marie Rebello has the trash and recycling bins left on the street at all times.

With the snowfall accumulating in the bins, causing a traffic hazard, and with garbage being placed in the recycling bins, it is not clear if sanitation workers can or will pick them up.

Money matters

Council announced it has allotted \$19,800 to cover the 23rd Friendship Day activities budget and it will contribute \$500 towards the art workshop offered by the Uplands Cultural and Heritage Centre offered for the day. The annual celebration will take place on June 9 this year.

Although they requested \$3,000, council decided to give the Lennoxville Curling Club \$2,600 in financial assistance to help with various safety projects.

Council accepted the annual agreement from Bishop's University that gives Sherbrooke and borough residents a 15 per cent discount on memberships to the John H. Price Sports and Recreation Centre.

Lennoxville residents

CONT'D FROM PAGE 1

801, requesting changes to the uses and zone limits in the currently undeveloped area on Watson St.

Developer Gestion L. Élias, who owns over 200 undeveloped lots near Baker, McMurray, College and Codère streets, requested to have several lots for single family dwellings rezoned for townhouses that can accommodate two households.

The plans generated a heated reaction from residents concerned about the impact of less expensive housing in the neighbourhood.

As one resident pointed out, Baker St. is unique for its single-family homes that have character and aren't "cookie cutter" but townhouses, which "are cheaper to make and sell" since two homes can be produced from one roof and foundation, may decrease the value for current property owners.

By-law 801 also exchanges a previous green space at the top of Baker St. for Watson Pond, a water feature frequented by ducks that is located behind College St. and across from the Oxford apartments.

Residents expressed a desire to maintain the park on Baker and objected to the "smelly" pond on Watson, which was formed over 25 years ago when blasting sealed up a vein and caused water to pool.

Although it is reportedly spring fed, residents have asked what will happen if blasting for new develop-

ments end up draining the pond. Price could only shrug his shoulders.

"The City of Sherbrooke has decided to preserve the pond before developments are put in, if it empties they will have a green space," he explained.

While exact plans for the area will be developed in the future, the park is to be used recreationally by local families, but residents expressed safety concerns of having playgrounds or young children playing near the water and on a rocky area.

Price assured citizens that these concerns and others made during the meeting, including those related to the developments environmental impact and consequences of any blasting work on nearby homes, would be taken into account and reviewed by Sherbrooke's urbanism department.

Monday's public consultation is just one step in the process towards approval. A document will be available at the Borough offices on March 8 for residents to express any opposition to the various projects. Brochu said the signatures of at least a dozen or five per cent of property owners living in the affected areas would be sufficient to require a further investigation.

If there is no opposition, the projects move forward.

The proposed by-laws and maps of the affected lots can be viewed at the Borough offices at 150 Queen St.

Two-car collision blocks 610 exit

Morning rush hour traffic on Highway 610 in Sherbrooke was slightly slowed early Tuesday morning after a two-car accident blocked an exit for around one hour.

At approximately 6:45 a.m., two cars were involved in an accident on the one of the ramps joining the 610

to Saint-François Street.

"Two vehicles were implicated in the accident and it blocked the exit for approximately one hour," said Sherbrooke Police Service spokesperson Martin Carrier.

The drivers of the two vehicles suffered only minor injuries.

Marine Monsters

CONT'D FROM PAGE 1

the "Ten years of adventures and over 130 years of traditions" theme.

"In fact, it is actually 133 years of tradition as we have here the collections that the seminary priests of the former seminary of Sherbrooke, the Séminaire Saint-Charles-Borromée, who started to preserve and collect (items) in 1878," Bibeau said.

The first exhibit during the anniversary year was also inaugurated on Tuesday morning. A group of young kids

were treated to a few science experiments and were given the opportunity to be the first children to enjoy the "Fantastic Marine Monsters" multimedia exhibit, presented by the Fjord Museum. In addition to bones and models of many marine animals, the exhibit offers photos, a video game, and film clips and tackles many myths and legends related to marine 'monsters,' including mermaids, the Winnipogo monster from Lake Winnipeg, and Lake Memphremagog's famous Memphre monster.

In addition to making the anniversary announcement, Bibeau was on hand to announce the variety of activities that the museum would be offering during the spring break holiday, between Mar. 2 and Mar. 10.

Among the activities to be offered are a presentation on insects on the afternoon of Mar. 6, during which kids will be able to interact with real bugs, and the chance to meet with a centaur, on

Saturday, Mar. 10. The full program of events can be found online at www.naturesciences.qc.ca.

During spring break week the museum will be open between 10 a.m. and 5 p.m. every day.

BEST BUY
Please note on page 25 of the February 24 flyer, the Philips PD9012/37 Portable 9" Dual Screen DVD Player (Web Code: 10167009) incorrectly advertised a 5 hour battery life. The portable DVD player is ACTUALLY powered by its adapter and NOT by a built-in battery. We sincerely apologize for any inconvenience this may have caused our valued customers.

Owl's Bread Bakery

The New York Times called it, 'one of the best bistro lunches this side of the Atlantic'



THE SCOOP

MABLE HASTINGS

Potton resident and Chef, Denis Mareuge knows bread; in fact, he has developed a passion for it. His first restaurant opened at 299A Main Street in Mansonville, situated 10 minutes from the Owl's Head ski and golf and has been appropriately named, "Owl's Bread;" operating under the creative and culinary talents of Denis Mareuge and his wife, Agnes Castilloux since 1994 in Potton. On a 2003 visit, a New York Times food critic named the Owl's Bread home of "one of the best bistro lunches this side of the Atlantic." The positive reviews are numerous and can be viewed by visiting the Owl's Bread website at: www.owlsbread.com

A second location was opened in

Magog at 428 Main Street West, offering the same cuisine of fresh local organic produce with no preservatives or powdered mixes. All stocks and sauces are homemade and the only fats used are butter, olive oil, duck fat and small amounts of peanut and sesame for certain vinaigrettes. Dishes are cooked when ordered using local products as much as possible: Brome Lake duck, local organic vegetables, wild mushrooms, maple syrup and local cheeses. It is important to Denis and Agnes that their food is fresh offering the customer a savory and palate pleasing experience.

When Denis Mareuge talks about food, it is quickly apparent that he views his trade as a true art form. His passion for taste and his ability to explain how foods blend and blossom into a meal befitting the finest of critics is seen by many in Potton as a true talent.

"When Denis talks about food I am inspired to go home and cook," said local Marche Richelieu Butcher, Jason Ball. "I am always eager to hear about his menu at the Restaurant/Bakery and sometimes I can pick up a good pointer or two," he added.

In the summertime and on weekends, both Owl's Bread locations also serve a continental (no eggs) breakfast

and at lunchtime, the sandwiches are the talk of the town; savory ham and creamy white cheeses on a freshly baked pastry leave one eagerly anticipating another visit to the bakery.

With his first passion being bread, in all of its forms, Denis Mareuge hopes that people will develop a taste for good bread. The bakery offers bread with no fats, no sugars, made in the true French tradition. He hopes that customers will seek out these homemade breads rather than always eating the sliced bread found in stores. Owl's Bread products may also be purchased at: Jewett's General store, Depanneur Austin and Barnes General store in Knowlton.

Owl's Bread-Mansonville (450-292-3088) hours are:

Thursday : 9.00 a.m. - 5.30 p.m.

Friday : 9.00 a.m. - 7.00 p.m.

Saturday, Sunday: 8.30 - 5.30 p.m.

Closed: Monday, Tuesday,
Wednesday.

Owl's Bread-Magog (819-847-1987)
hours are: Monday, Wednesday, Thursday: 8.00 a.m. - 5.30 p.m. Lunch is served until 2.30 p.m.

Friday: 8.00 a.m. - 7.00 p.m. Saturday,
Sunday : 8.00 a.m. - 5.00 p.m. Lunch is served until 3:30 p.m. Closed: Tuesdays



COURTESY

Agnes and Denis Mareuge, owners of the Owl's Bread Bakery in both Mansonville and Magog

If you are looking to sample some delicious and fresh mouthwatering delights including: bread, croissants, pies, cakes, pastries, jams and more visit an Owl's Bread location near you. You will not be disappointed.

On Tuesday, Feb. 21, as part of the Potton Festive Hearts celebration, Denis Mareuge offered a Healthy Heart Cooking Techniques workshop and 14 Potton residents took part. Participants were able to learn tips from Denis on heart smart cooking in the spirit of the February heart and stroke awareness month.

Five suspects arrested for mass marketing fraud

Last Friday in the west end of Montréal, the Royal Canadian Mounted Police dismantled what is thought to be a call centre manned by individuals allegedly involved in a "Grandparent" scam, a type of mass marketing fraud. Five individuals were arrested. They are suspected of having got money out of several elderly people by pretending that a member of their family was in trouble in another country. Charges could be laid pursuant to the Criminal Code.

Most of the victims apparently received a phone call from an individual claiming to be a member of their family, usually a grandson. The so-called grandson would then go on to say that he needed money to get out of trouble either following an accident or problems with the law. He would ask his "grandparents" to send him money by a money transfer company. Once the money was sent, the victims obviously never got their money back nor did they hear again from their "grandson."

The search conducted by the police officers led to the seizure of over \$11,000 in cash, a money-counting machine, a .22 calibre pistol, about 15 cellular phones as well as many prepaid phone cards.

There are different types of fraudulent mass marketing, the most common being the ones where the potential victims are asked to send money to receive a prize, an inheritance or a service. They are told that the money is required to pay the service

taxes or the shipping costs of the prize. One should not reply to such offers. A person who inherits an amount of money or wins a prize does not have to pay to claim it.

The public can get information and report mass marketing fraud by calling the Canadian Anti-Fraud Centre at 1 888 495-8501 and visiting its Internet site at www.antifraudcentre-centreantifraude.ca

Sherbrooke parties to Mardi Gras title

LENNOXVILLE

The 2012 Lennoxville Ladies Invitational 'Mardi Gras' bonspiel wrapped up at the curling club on Feb. 25. Two teams both from the Sherbrooke Curling Club battled it out in the final with Paule Guillemette's team hoisting the Mardi Gras trophy at the end of the day. On the consolation side, Lennoxville dueled with Celine Funk's Sherbrooke squad with the guests claiming the Guthrie Family trophy.

Guillemette and her team of Hélène Gosselin, Lise Pelletier and Marie-Pier Lequin defeated fellow Sherbrooke club members Brigitte Gosselin, Louise Gaudreault, Céline Bouffard and Chantal Ouellette in the championship final. On the consolation side it was Funk, Nicole Verville, Pauline Gigure and Diane Bibaud completing the Sherbrooke sweep by beating Diane Bourque, Marie-Josée Caron, Josée Bélanger and Mariette Beaulac of Lennoxville.

The four-day event saw 20 teams competing. Along with the hosts and Sherbrooke; Magog, Danville, Sutton,

Ormstown, Drummondville and Victoriaville were represented. As in years past there was a sherry party on Friday night, and a lunch served by men of the club on Saturday. It was the 44th edition of the event.

The next major event at the Lennoxville Curling Club is their biggest and richest in tradition. The annual Lennoxville Men's Invitational 'Pie' Bonspiel will take place from March 11-17. There is both a regular and senior section of the event. Defending Nichol Trophy champion Felix Asselin and his team from the Glenmore Curling Club will be back in the field. The squad represented Quebec at the M&M Meatshops Canadian Junior Curling Championship in Napanee, Ontario this year. The deadline to sign up for the event is fast approaching. Be sure to contact Evan Mooney with your entry before March 4. He can be reached at 819-212-6953 or evan@kobelttransportation.com.

Friday, March 16 the club will host a dance with everyone welcome to attend the festivities. All curlers will be treated to the traditional lunch on Saturday,

March 17 followed by all the pies they can eat. This year Kevin Mackey, the Bishop's Gaiters head football coach will be the guest speaker.

As one major event has wound up with Paule Guillemette's team from the Sherbrooke Curling Club claiming the Mardi Gras title, the Lennoxville Curling Club gears up for one more invitational bonspiel. Teams looking to play in the 2012 men's invitational bonspiel are encouraged to register by March 4.

The Lennoxville Curling Club has a history in the community of over 85 years. Established in 1923 the tradition of the sport of curling has long lived in the town and now borough of Lennoxville. The club has regular and senior leagues, a junior and wheelchair program, as well as events that cater to everyone's desires. Membership is open to anyone. Details can be found on the club's website at www.lennoxvillecurling.ca

Submitted by Marty Rourke, Membership Chair, Lennoxville Curling Club.

Richard Tardif named at QCNA

The Quebec Community Newspapers Association (QCNA) has announced the appointment of Richard Tardif as the association's new Executive Director. Since 2006, Tardif has been a community reporter and assistant editor at The Eastern Door in Kahnawake, Quebec.

An award winning journalist, beat reporter, photographer and former publisher and editor of the magazine Montreal Hype, Richard Tardif's career in journalism began in 1994 at The Concordian covering the student uprising over Quebec's plan to increase university tuition fees. In 1996 he began a thriving freelance career specializing in environmental issues, political and business affairs.

President Heather Dickson is happy

CONT'D ON PAGE 5

Business moguls in Sherbrooke to support Ronald McDonald Houses

Andrew Molson and Christiane Germain implore community to donate

By Evan LePage

Family is of utmost importance in all aspects of life, even business. This was the message business moguls Andrew Molson and Christiane Germain directed at entrepreneurs and politicians from Sherbrooke, in an effort to illustrate how important Ronald McDonald Houses are to families in Quebec and across Canada.

Ronald McDonald House Charities offer housing to the families of children suffering from serious illnesses, requiring them to spend extended periods of time in hospital for tests or treatment.

The two speakers, co-presidents of a fundraising campaign attempting to raise \$4 million from the business community for two expansion projects of Ronald McDonald Houses in Quebec, offered an audience of approximately 70 people gathered at the Le Président Hotel Tuesday a description of how valuable the services offered by the RMHC could be.

"We all have our reasons to back a certain cause. One of mine, which is likely shared by the majority of you, is that we have all had to live the drama of illness," said Germain, co-founder of Le Groupe Germain Hospitalité, a hotel-boutique business with locations in a number of Canadian cities. "The cause to which I adhere to today is that of permitting parents to be close to their children suffering from serious illnesses in the face of which they are completely powerless."

Molson, a seventh generation member of the Molson family who sits on the board of the brewing company and is vice-president of the council of National Public Relations among other holdings, spoke of how the Houses offer parents a



EVAN LEPAGE

Andrew Molson and Christiane Germain are co-presiding a fundraising campaign for Ronald McDonald House Charities for the expansion of two houses that has allowed them to accommodate more than 25 additional families in Quebec during their time of need.

"second home," with professionals and other parents on hand to comfort them in their time of need.

Viewers were also presented a touching video with testimony from families benefitting from the services. It showed a mother who gave birth to twins 26 weeks premature, lost one child after six days and whose other child would be forced to stay in hospital for months. The House allows her to be with her child during that time. Another father from Nova Scotia spoke of how his eight-month old son needed to come to Montreal for bone marrow transplants, something the RMHC allowed him to do comfortably.

"I can't imagine the concern of parents who have to live first of all with the illness of their child, but even more so when they come from a distant region and they need to spend long periods of time far from their kids or from the house," Molson stated. "This is a

dilemma that many have difficulty resolving, and it is in such cases that Ronald McDonald Houses find all their value."

Both speakers drew parallels between the importance of family and supporting families in their businesses and in contributing to organizations like the RMHC.

"As business people we know what it means to receive support at the right time. The success of our businesses has often depended on it. In the case of Ronald McDonald Houses, it is families facing the illness of their child that depend on your aid," Germain said.

Germain described the importance of family in her business, in which her and her brother sit at the head of the enterprise and the next generation of Germain children have already begun working in the business.

For his part, Molson spoke of his family's deep-rooted history in Quebec, in

business and in non-profit causes, and obviously the role each generation has played in the Molson business. He also said that his ancestors understood the importance of giving back to the community in the long-term survival of the business.

Molson and Germain share the co-presidency of the fundraising campaign for the expansion of the Ronald McDonald Houses in Quebec City and in Montreal.

The two expansions, which are completed or near-completion, also increased the accessibility of these homes by increasing the number of rooms from 19 to 32 in Quebec City and from 35 to 50 in Montreal, an absolutely essential improvement as Molson said that they had to turn down 2,600 families interested in the service last year.

The new home in Montreal is 44,000 square feet and contains a computer room, playroom, teen room and has a playground outside since, as the RMHC website states, "for some families, their stay at a House gives them final moments and memories that last a lifetime."

"To finance the expansions a fundraising campaign of \$17 million was launched," Germain explained. "The Saint-Justine Hospital Foundation already contributed \$5 million for the re-localization of the House in Montreal. In addition, what we call the McFamily, meaning the restaurants and franchises of McDonalds, made a donation of \$8 million."

The goal set for the two business figures was \$4 million, and as of now nearly \$2 million has been raised.

More information about the RMHC can be found on its website, www.rmcc.ca.

QCNA

CONT'D FROM PAGE 4

to welcome Tardif to the QCNA to lead the QCNA into the future. "Our 30 members are excited to see a new leader with such a wealth of newspaper, business and worldly experience as the new executive director of our organization."

Living in Montreal, Richard studied business, environmental science and journalism at Concordia University. In 1986, Richard co-founded the Lachine Community Youth Program and was later named as the Executive Director under the renamed non-profit youth program in the Boys and Girls Clubs of Canada.

"I'm excited to bring my experience and enthusiasm to this tremendous organization to help implement the Association's vision," said Richard, who assumed the position on Feb. 13. "Today's community paper not only helps build the community it serves, it makes it stronger, unites, creates discussion and offers readers an amplified voice."

The
Latest & Greatest

You can now view each new issue of The Record daily on your home or work computer in just a few clicks of your mouse. Base rates are \$4.99 for 1 month or \$55.00 for 12 months (plus applicable taxes)

THE
RECORD

819-569-9528 • www.sherbrookerecord.com
accounting@videotron.ca

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

EDITORIAL

That three years for juvenile idiocy in which nobody got hurt is a harsh sentence is obvious on the surface.



Mike McDevitt

It hasn't been a particularly pleasant February for the Royal Canadian Harper Government, whose tendency to ignore both voters and common sense has begun to come home to roost. With its fearless leader basking in the brilliance of the Panda Bear diplomacy that ensures that Canada's natural resources will henceforth belong to someone else, the RCHG was beginning to face political opposition at home that even Conservative arrogance couldn't ignore.

To begin with, an Ontario Superior Court Justice Anne Molloy threw out the first gauntlet by declaring a minimum sentencing requirement 'cruel and unusual' and therefore, unconstitutional. As a result, much of the Conservatives' much-maligned Omnibus Crime Bill appears threatened.

In a nutshell, the judge complained that the minimum sentencing provision for certain crimes ignores the individual aspects of each case. In her ruling, Molloy stated that the mandatory three-year jail term was 'abhorrent and intolerable' in the case of a man caught with a loaded gun posing for pictures for his facebook account when police broke into his apartment looking for someone else. The defendant had certainly committed a crime and the judge sentenced him to a five-month conditional sentence. The Crown is now wisely spending more money on an appeal. That three years for juvenile idiocy in which nobody got hurt is a harsh sentence is obvious on the surface. What is less obvious is the fact that Judge Molloy has fired off the first of what surely will be many rounds in response to a campaign Mr. Harper has begun to reduce the importance of judges in our justice system. After all, that they are specialists in their field and trained to be unbiased makes them ominously threatening to

a mind like Mr. Harper's. The Constitution is about to remind us all why Mr. Harper and his Conservatives hate it so much.

This little ripple was almost immediately followed by the irrepressibly ridiculous Vic Toews, the Minister of Public Security, who made a mockery of his own internet surveillance bill by verbally equating all those opposed to it with the 'child pornographers' we are supposed to believe are its target. With his head firmly up his nether regions, the Minister was unable to appreciate the fact that privacy and the security of private communications are valued not only by pedophiles but by almost everybody, particularly those who believe that government is already too intrusive. It is a sign of the intellectual brilliance of this government, that nobody seemed to realize that a group of people who overwhelmingly believe that the long-form census and the registration of lethal weapons is an egregious invasion of privacy might find handing the cops *carte blanche* to spy on them a little disturbing. They have informed him and the proposed law is now being reviewed.

And finally, March will begin with the Conservative Party and its leader attempting to explain why outright electoral cheating and fraud aren't as bad as they seem. 'Investigation? No need! I knew nothing about it, trust me.' Nobody likes a cheater, and the Conservative Party certainly is that, but the need to cheat even when assured of victory without it is the sign of a Nixonian derangement that should make all of us shudder. The shiny new wheels are beginning to fall off the Harper bus, even as the opposition begins to find its feet again. The majority honeymoon is over and the dirty linen is just now coming out for air. Let the games begin!

SUBSCRIPTIONS					
		GST	PST	TOTAL	
QUEBEC:	1 YEAR	120.00	6.00	11.97	\$137.97
	6 MONTHS	63.00	3.15	6.28	\$72.43
	3 MONTHS	32.00	1.60	3.19	\$36.79

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member
ABC, CARD, CNA, QCNA

THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E, Sherbrooke J1G 1Y7
 FAX FOR NEWSROOM ONLY: 819-569-3945
 EMAIL: newsroom@sherbrookerecord.com
 WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-9511
 DANIEL COULOMBE NEWS EDITOR (819) 569-6345
 STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
 SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS

ACCOUNTING (819) 569-9511
 ADVERTISING (819) 569-9525
 CIRCULATION (819) 569-9528
 NEWSROOM (819) 569-6345

KNOWLTON OFFICE
 5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
 TEL: (450) 242-1188 FAX: (450) 243-5155

Letters

DEAR EDITOR:

Re: Environmental groups seek end to produce modified with Bt toxin, The Record, Feb. 24, 2012

Canadians are fortunate to have access to one of the safest and most abundant food supplies in the world. Unfortunately, a recent article in the Sherbrooke Record contained some misinformation about genetically modified (GM) corn that must be corrected.

What readers should know is that all crops, including corn modified through state-of-the-art breeding, are subject to Canada's strict regulatory standards which ensure that Canadians have access to one of the safest food supplies in the world. Extensive safety reviews are completed by the Canadian Food Inspection Agency (CFIA) and Health Canada to ensure all products are safe for people, animals, plants and the environment.

GM crops enjoy a remarkable food safety record, having been cultivated for well over a decade and eaten by bil-

lions of people worldwide. In fact, regulatory agencies around the world as well as highly regarded international organizations like the World Health Organization, the United Nations' Food and Agriculture Organization and the Organization for Economic Cooperation and Development, have all endorsed the safety of GM crops.

Bt corn, which has been modified to have built in protection from pests, has been the seed of choice for tens of thousands of Canadian farmers because they get the benefits of greater pest control and higher yields. This same corn has been independently assessed and found to be as safe as older varieties of corn by many other government authorities internationally.

Biotech crops are federally regulated and have been proven safe to eat. If consumers want to avoid foods derived from GM crops, they can buy foods that are labeled organic.

SINCERELY,
LORNE HEPWORTH
PRESIDENT, CROPLIFE CANADA

DEAR EDITOR:

Re. to Ronald Ewing on the ERC course and anti-bullying February 27, 2012

I strongly agree with Mr. Ronald Ewing that the ERC course should be removed from the curriculum, but for different reasons. I agree that teachers are unqualified to teach the course but more importantly the ERC course infringes on a parent's right to determine the education of their child, which Mr. Ewing refers to, but also freedom of conscience and the principle of separating church and state.

Considering elementary school children do not have the capacity for critical judgement, to expose them to a multitude of religions will likely lead them to relativize religion and so prevent them from growing into their religious, or non-religious, tradition and to make their own choice on what they choose to practice (the continuum from believer to non-believer) when they are ready and capable, a process that typically begins sometime in the teenage years. So the ERC's relativising religion amounts to a secular or pseudo-scientific ideology and so in this way breaches freedom

of conscience. As for the principle of separation of church and state, we tend to view this division as protecting people from undue influence by the church, but it equally applies to the State who clearly has overstepped its mandate and limitations. One can't help but be reminded of the communist purges of religion; however in this case it is done in slow motion and with more stealth, not with brutal and explicit uses of force.

Again I agree with Mr. Ewing that the State likes to pat itself on the back by introducing a piece of legislation which will only increase paper work, squander local resources and is ultimately ineffective: people don't learn from edicts and dogma. But I ask him, has our culture declined to such a point that today's teachers need an anti-bullying programme to confront the problem? In your experience at the ETSB, is it possible that today's teachers have lost all common sense?

P.S.: I happen to have met and spent time with the Lavallé family and the members of CL (Coalition pour la Liberté en éducation) and I think the terms of "fundamentalism" and the qualification "indoctrination" are way off the mark.

ROD LEGGETT
STE-EDWIDGE

Icebergs of Identity: Imagining Others Complexly



GORDON LAMBIE

I tend to use fire metaphors a lot, because they work well for describing growth of energy. Often when I'm trying to talk about the importance of change, or enthusiasm, fire is my go-to comparison. I want to mix things up today by telling you that people are icebergs floating gently through a massive open ocean.

The classic story behind icebergs, the story that nobody apparently told to Captain Smith of the Titanic, is that we only ever see a tiny fraction of the whole block of ice. Most of the iceberg, the vast majority, is always hidden beneath the surface of the water.

Generally speaking, people like to imagine that they know each other. Es-

pecially in the context of a family or close friendship, we like to think that we are intimately aware of what makes the other people in the relationship tick. Having given it some thought recently, I feel quite certain that this is not as true as we'd like to believe.

It does not seem like a crazy statement to say that, unless you are Sherlock Holmes, you will only ever see the very surface level of the vast majority of people you encounter in life. This is part of what makes an activity like people-watching so interesting; if you don't know who anyone is, then you can use context to imagine anything you want about them. I have memories of my mother using this as a tool to keep my siblings and me from being bored at events like weddings or conferences - places where there are a large number of strangers and not much going on that would entertain a seven year-old. I remember, in particular, one wedding in which the story was a murder-mystery, and the "murderer" ended up seated with us at supper.

I had a psychology teacher in CEGEP who told the class that if we were ever to encounter her outside of class, she likely would not speak to us, as she acted like

a different person in the classroom than she was outside of school. I try to be true to myself wherever I am, but I still face that question of identity when I find myself in a situation where I encounter a student. Teachers and students are not strangers to each other; in the grand scheme of things we actually spend a lot of time together, but the relationship is different inside and outside of the classroom. In the classroom you tend to see one side of a person, one tiny piece in one relatively small context, floating up above the surface. That tiny piece, most likely, is not representative of all of whom that person is, but it ends up being what we identify them as. I'm being careful here to say "person", because it goes both ways, with students nick-naming teachers based on distinctive qualities, and teachers identifying students based on a particular trait. It's not fair, but it does happen.

Even with the people you feel know very well, your friends and family, you may spend your whole life getting to know a person, and still find that some hidden corner catches you off guard. Even if you devote your life to the study of only one iceberg, you're still never going to see all of it, because it will break

up and change and flow in different directions. Under your examination it will probably come apart faster as you add the strain of scrutiny to the relationship.

Skimming the surface is inevitable because there are simply too many people in the world to get to know, and too much about any single person to be able to say that you know them perfectly. That does not, however, mean that it is okay to start making snap-judgements or grand assumptions on behalf of a group drawing only from a few brief observations. It is one of the great challenges of life that we are put in this vast sea of uncertainty to float with just the tiniest part of ourselves visible. You want people to see you for who you are, not what's bobbing over the waves. Getting people to do that is going to be challenging, but you can help them out by showing the world that you are not an iceberg that assumes, but one that drifts about really trying to see the whole picture, but being open to new ideas or changes. You have to show the world that you are trying to imagine what's below the water in a complex and interesting way, not just deciding that you already know, and then give them the chance to do the same.

With Daniel in mourning

The loss of travelling company is sometimes hard to take



DISHPAN HANDS

SHEILA QUINN

The radio antenna on Fidele, my little 2003 Ford Focus, broke.

Two voices piped up in my head. The first, a more Zen-infused philosopher type said, "This isn't a big deal. Everything's going to be fine. This is what they call a "First World Problem." You will survive. Everything's going to be okay. Ultimately, you will find another antenna, and will forget this ever happened." The other voice sounded something like this: "WHY DID I GIVE UP SWEARING FOR LENT?! WHYYYYYYYY?! I'M GOING TO THROW MYSELF ON THE GROUND AND KICK MY FEET! THIS IS ARM-MAGGEDON! THIS IS THE RADIO-CALYPSE!!! NOOOOOOOOOOOOO!" I think I'm going to name my radio "Stella." Yup, for the Drama Quinn inside my head (kind of the flaming torch side of my Mini-Wheat), this was the proverbial straw.

I'm a media hound. I love pop culture so much - following it, researching it, relaying it and learning it represents a significant portion of my hobbies. I love LEARNING. The media tool however, for

me, really is significant.

I have a 13-inch television set I acquired for free from Freecycle from a fellow in Sherbrooke. He and his housemates realized the amount they enjoy TV in the kitchen, and were upgrading to a slick flatscreen. The little 13-inch was inherited by my boys and me, and served me well during times of single-parenting when I required a temporary form of pacification while I completed duties at home that required for me to not be chasing after my nine-year-old as he attempted to escape, or entertaining my six-year-old. Thirteen inches was really all I needed. Other than that, close to a decade without cable or satellite television has been a piece of cake. T.V. I can do without. I'm too much of a multi-tasker for it. If I want a screen, it's usually in a movie theatre. (Thank you Maison du Cinema for being one of the coolest little theatres.)

I adore the Internet. If curiosity killed my Internet cat, well, supersaturated knowledge-infused DIY-obsessed satisfaction brought it back. As an indestructible robot cat. Nine lives?! NEUN! This is the little cat that could. And does.

Nope, suddenly I was faced with how my radio thing really is, well, something of an addiction.

Spending a fair amount of time on the road has meant that I lean on that dial A.LOT. FM-ing it along the many, many roads of the Eastern Townships and beyond with my six fave stations at



It's just a car radio antenna, but when it's gone, its absence looms large, as DH's Sheila Quinn has discovered.

ZUZU/WIKIMEDIA

an easy one-touch distance from my fingertips means driving becomes surfing too.

This has been company in the car for me - Daniel in the morning, Ted on the weekends, Jian, Sook-Yin, Jeff, Anna-Maria, Strombo, Tom, Terry and co. riding shotgun meant I could make my way anywhere while something in my brain was pacified too.

We've laughed, cried, pulled over, taken notes, gasped, guffawed, giggled, wondered, talked back at and disagreed with what I've heard. I've taken action, applauded, yelled out loud and had my eyes opened to things I would probably never have learned about were it not for listening in. I love the feeling of listening. I love how radio is solely auditory, freeing up my other senses for my surroundings. Radio is like reading - you feel personally taken elsewhere. You feel

well-traveled.

Stella's still there... sort of. In certain places, in the fuzz, I can make out the voices through the storm of airwaves. I realize though, that I'm a little antsy. I notice the length of the drive. There's no denying it - while that little Zenster is still trying to convince me that this isn't so bad, the Drama Quinn is in full-on mourning. I can't deny this homesickness. What a glimpse of a radio-free world it is - this is certainly an experience that shows me how much I appreciate what feels like a beautiful, old-fashioned medium.

To me, radio is part of what the whole Dishpan Hands concept is all about - about getting back to basics, about remembering the simple things, and in this onslaught of technology, not forgetting our roots. Radio isn't obsolete, it's the future. It is something we can still manage and tinker with. The technology of radio hasn't gotten away from us the way so much of the rest of our lives has - we've limited the things we can actually manipulate with our hands and eyes, the things we can repair ourselves, the things with moving parts that aren't minute, self-contained computers.

There are still things around that we can participate in that are simple and good.

What's your frequency?

One thing I know for sure - I won't be giving up radio for Lent. Ever.

THE PET CONNECTION



Jen Young

I'm happy to report that since last week's column, Squirrel and Lolly, our two miniature pinscher puppies have continued to grow and thrive. Squirrel, who was brought to us weighing 200 grams and struggling to breathe, can now suck back an entire bottle of formula and weighs 460 grams. His breath-

ing has improved greatly, thanks to his antibiotics and his vets say that if he continues to gain weight we can consider him out of the woods. A small miracle since his condition was so fragile and there was little hope of his survival. Lolly, who came to us weighing 320 grams with a large incision on her right side; so large that we could see her intestines, now weighs 690 grams and her cut has almost erased itself leaving nothing but a thin hairless line the size of my pinkie finger nail. Her vets were very surprised as we had planned on putting her on antibiotics for 5 days and then stitching up the wound, but there is nothing left to stitch. The wound had been there for too long when she initially came to us to stitch. I attribute its incredible healing to Pitoune, our big Great Dane that was brought to us a few days before the pups did, who insisted on adopting the pups. Her ginormous Great Dane tongue has

licked and cleaned Lolly's wound from the beginning and I'm sure it is why her terrible cut has healed so well and so quickly. Pitoune continues to bath the twins and let them snuggle in her big warm belly, while I continue to feed them every three hours and give them their medicines. Not only do I believe that she, an unwanted dog, has contributed greatly to saving their lives, but I believe they continue to give her purpose and gave her back the confidence that the majestic Great Danes wear so stunningly. She continues to not leave my side, but that's okay. After being such a wonderful hero, my hero, it is my pleasure to have her here. Without her licking the pups and helping them to do their business, I don't believe they would have fared so well. I believe she has saved them, and they her. I've known numerous people who have tried to raise "healthy" newborn animals without suc-

cess because they were unable to stimulate the bladder and intestines properly. The pups are now 3 weeks and 5 days old, when they were brought in they were 1 week and 2 days, and so far so good. I think this whole endeavour has been a beautiful fluke.

Imagine if Pitoune hadn't been brought to us and instead was put to sleep?

Imagine if the pups hadn't been brought to us and instead were left to fight it out in their previous home? They would have perished for sure. Everything happens for a reason, even if we don't see it coming or can't understand it.

Pitoune and the twins' story has proven to me that it is very possible to save two dying and suffering newborn animals. Nature always finds a way, but sometimes it needs a little helping hand; with dedication, patience and quite a bit less sleep.



Maggie - Maggie is a 10 month old blonde lab mix. She is shy but loves other dogs and is good with cats.



Deedee - Deedee is a six year old Shitzu. She is very affectionate but does not like to be startled. She is older and needs a calm and compassionate home.



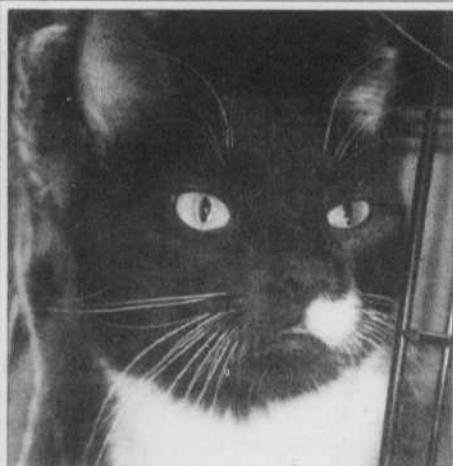
Lacy - Lacy is about 4 months old. She is a Springer Spaniel and Miniature collie mix. She and her brother and sisters were left to fend for themselves for quite some time and came to us with porcupine quills and more. They have very much enjoyed their pampering and will need a home that will continue to show them love and



Lewey - Lewey is about four months old. He is a Springer Spaniel and Miniature collie mix. He and his sisters were left to fend for themselves for quite some time and came to us with porcupine quills and more. They have very much enjoyed their pampering and will need a home that will continue to show them love and affection.



Ivy - Ivy is one year old and when he came to us was very scared. She is now very friendly and needs a home that will continue to show her love and patience.



Moustaffa - Moustaffa is one year old and is full of energy and mischief.



Simba - Simba is five years old and likes to lounge around and be patted.



Sam - Sam is a two year old hound and lab mix. He will make a great pet for a playful family.

This page is provided by Blue Seal - The Animal Nutrition Centre and The Pet Connection.

DAY CARE FOR MARCH BREAK. RESERVE NOW. SPACE IS LIMITED.



Discontinued Liquidation: Eukanuba Naturally Wild. \$35 for 40 pounds. While supplies last.

Cat Grooming \$25. Call for an appointment.

Last training session of the season: March 15. Call to register today.

Keep you pet safe in the car starting at \$8.99

Feline Greenies Healthy & tastes good. \$3.99



1730 Wellington Street South Sherbrooke

819-348-1888 blueseal@agrifanalse.com





TOWNSHIPPER OF THE MONTH

ANDRÉ-JEAN BÉDARD - OUTSTANDING VOLUNTEER

Bédard infuses hometown with youthful energy and enthusiasm

By Corrinna Pole

By taking lessons from the past and acting for his community today, 21-year-old André-Jean Bédard is working to carve out a brighter and more enjoyable future for himself and others in Stanstead.

Bédard, or A.J. as he's known to those around him, started getting involved in his community at an early age by tagging along with his grandparents to any event or organization they were involved with.

As he grew, so did his involvement, especially when it came to the Stanstead Recreation Association. At the ripe old age of 18, Bédard became president of the non-profit association a seat he's retained for three terms.

The self-described "country guy" admits he likes a challenge and his hometown keeps him motivated organizing and planning events aimed at bringing residents of all ages and both languages together.

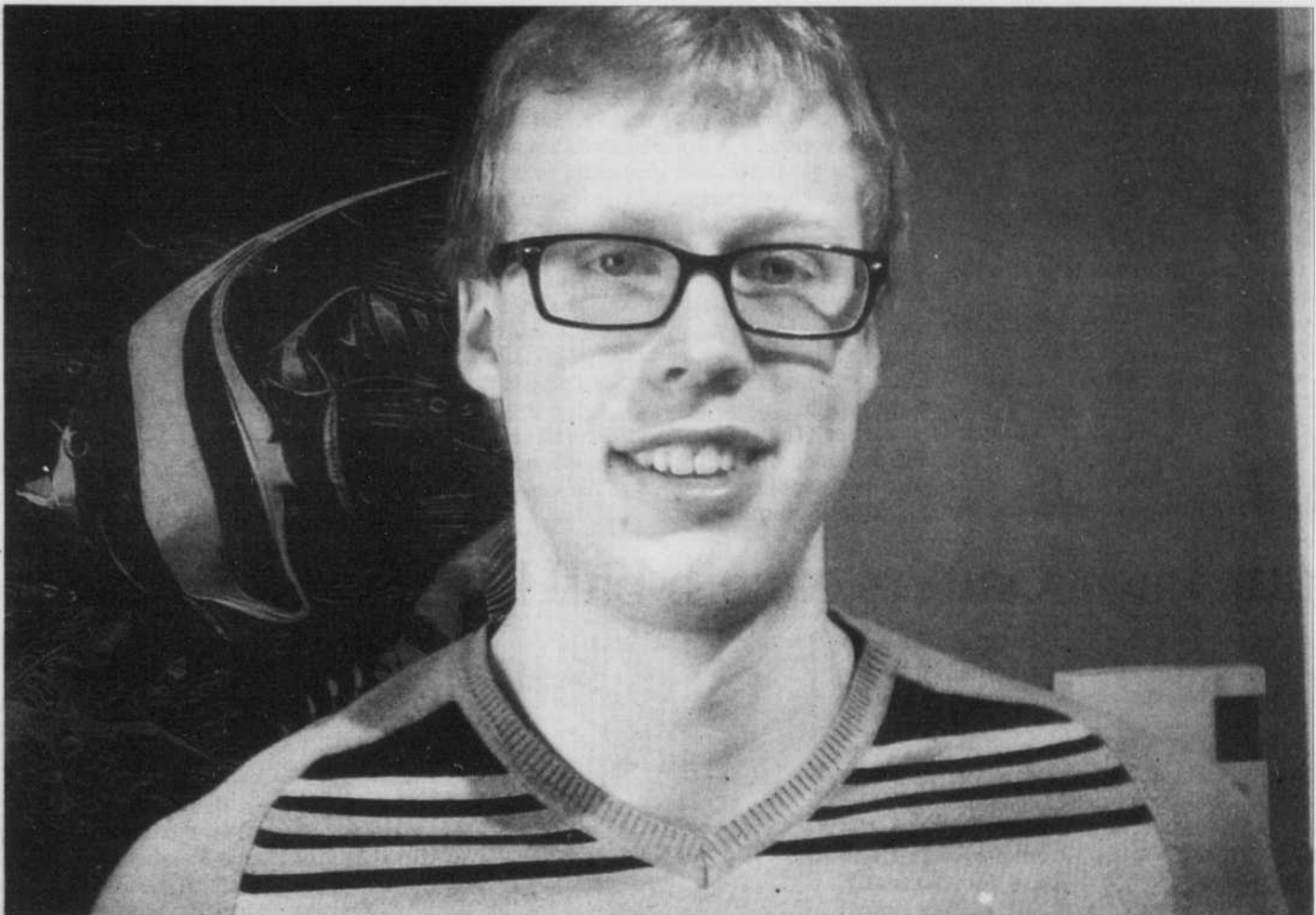
"I don't know what it is that attracts me to the association, I just feel like doing it," Bédard said. "I've always liked to organize things, even when I was in school I was always helping to plan dances and activities. I like challenges and figuring stuff out."

Although it has been a struggle at times to find new volunteers to help out, Bédard and his team have hosted several successful annual activities like the terrifyingly fantastic haunted house, the chilly but cheery winter carnival and fun-filled Family Day.

It's a lot of work, but the payout in human terms is well worth it.

"The best part of it is seeing people smile and having a good time," said Bédard.

Border Fest, one of Stanstead's largest summertime celebrations, has brought in new and returning visitors giving Bédard a chance to showcase his beloved hometown to others. This year he promises to make the small border town's festivities "bigger and better"



DANIEL COULOMBE

than ever.

It is that same hometown pride that prompted him to volunteer when Townshippers' Day was hosted in Stanstead in September 2011.

Known for his sense of humour, focus and determination, Bédard's dedication and involvement in his community are qualities to be admired according to family friend Marise Trépanier. The town's Recreation and Culture coordinator believes the outgoing Bédard is wise beyond his years and a great role model.

"A.J. is a good example to other youth. He wants to live here, work here

and he really wants to make the town better, that's why he gets involved," Trépanier explained. "He brings and keeps us aware of the youth point of view."

Growing up in Stanstead, Bédard studied graphic art at Sherbrooke's Centre de formation professionnelle 24-juin then business management at CDE Collège. For the last year he's been wearing many hats at "Picture this on Granit".

Bédard's employer Bonnie Goodsell has known the young achiever for the last two decades and has seen his contagious positive attitude in action.

"He does a great job; he's focused, organized and a true fit in our organiza-

tion. He puts a lot of energy into everything he does," Goodsell said.

Despite working full time and his involvement with the association, Bédard still finds time to follow his family's example by lending a hand when needed. He can often be found volunteering at the Granite Central with his grandfather and museum coordinator Bob Sheldon.

An involved and inspirational young community member, Bédard embodies the old adage "you reap what you sow" and in this case, the harvest is a vibrant community connection.



WE BELIEVE THAT BEING INVOLVED IN OUR COMMUNITY CREATES WEALTH FOR PRESENT AND FUTURE GENERATIONS.

CONGRATULATIONS!

819-876-7551
desjardins.com

Desjardins
Caisse de Stanstead

Cooperating in building the future

Local Sports

"I understand where the athletes are coming from and some of the things that they go through on a daily basis. I can relate to them."

Former Gaiter giving back to student athletes

Lemieux remains competitive as John Abbott athletic administrator

By Mike Hickey
Special to the Record

During his days playing university basketball, Patrice Lemieux was known for his competitiveness and intensity - a player who could beat an opposing team in a variety of ways. The Sherbrooke native could score from the outside or in the post and by the time he concluded his storied five-year career at Bishop's, Lemieux had developed into a solid defensive player and dependable rebounder.

It has been over a decade since Lemieux donned a Gaiter uniform but he brings the same passion, competitiveness and desire to succeed to his role as an athletic administrator. Lemieux is in charge of the intercollegiate athletic program at John Abbott College and he has drawn heavily on his days as a student-athlete at Bishop's.

"I understand where the athletes are coming from and some of the things that they go through on a daily basis," Lemieux said in a recent interview. "I can relate to them. My job is to support them and my competitive side is for me to do the best possible job. I want our teams to be the most successful program

they can be."

Success is something that Lemieux is well aware of. He first gained notoriety in the Sherbrooke area as a high scoring basketball player at Séminaire Salésien and Cégep de Sherbrooke. He arrived at Bishop's University in the fall of 1995 just as Eddie Pomykala was putting together a mosaic of players that would win three consecutive provincial championships and the school's only men's national basketball title. Lemieux was the final piece of puzzle, a natural scorer who developed other parts of his game during his tenure as a Gaiter.

"Patrice was always a great kid but he had to reorient his priorities and focus when he got here," Pomykala said in an interview. "It was under difficult conditions because I was hard on him. To his credit he developed into a competitive player. He was a league all-star, made the tournament all-start team the year we won the nationals and was an All-Canadian in his final year. That is quite an accomplishment for someone who played Cégep AA basketball.

Patrice's time in Lennoxville certainly has provided him with both experience and motivation as he grows in his job as an athletic administrator.



COURTESY PATRICE LEMIEUX

From athlete to administrator, Patrice Lemieux has maintained his intensity and competitiveness and brings an athlete-oriented approach to John Abbott's athletics program. Lemieux is pictured here with his wife, Jennifer de Leeuw, herself a former star athlete at McGill.

"As a competitive person I want to do the best job I can and I want to help our teams be successful," Lemieux explained. "I also want to give to the stu-

dent-athletes the same assistance I received from coaches and the athletic department at Bishop's."

Four Lady Gaiters earn b-ball honours

Four members of the Bishop's Gaiters women's basketball team have been honoured in the Quebec university basketball league's annual awards.

Jessy Roy (Val d'Or, Que.) was named the conference Defensive Player of the Year, as well as a First Team All-Star, while Gabrielle Chamberland (Sherbrooke, Que.) was named to the Second Team. The Gaiters placed two players, Véronique Fortin-Tremblay (Chicoutimi, Que.) and Eloisa Katz (Ra'anana, Israel) on the All-Rookie Team. Roy, 24, was named an all-star for the fourth time in her five-year career, and earned first team honours for the second time. The fifth-year point guard led the circuit in three statistical categories, with 3.7 assists per game, an assist-to-turnover ratio of 1.2 and a 0.810 free-throw percentage. The former Sherbrooke Volontaire was eighth on the league scoring list at 11.1 points per game. Roy is a first-time winner of the Defensive Player of the Year award. She averaged 2.0 steals and 4.3 defensive rebounds per game, while being responsible for defending the opposition's top player.

Roy is the third Gaiter ever to be named Defensive Player of the Year, following Anouk Boulanger and France Lanoie, and the first since 2006. "Jessy has had an outstanding year," said Alex Perno, the Gaiters' head coach. "She is without a doubt our leader on offence and defence. On defence, this year, she has been unbelievable. She is a lock-down defender. She is our field general on the floor."

Chamberland, 21, led the Gaiters, and was fourth in the province, with 11.9 points per game. The ex-Volontaire was second in Quebec with a 0.358 three-point shooting percentage, and third in the league with 1.6 three-pointers per game. She scored in double figures ten times in 16 games this year. Fortin-Tremblay, 21, started 15 of 16 league games for the Gaiters this year. The six-foot centre tied for second in the league with 14 blocked shots in 16 games. She finished third on the Gaiters with



COURTESY

Bishop's point guard Jessy Roy, selected as an all-star for the fourth time, was among four Lady Gaiters to receive honours.

6.6 points per game, and averaged 3.3 rebounds per contest. Her season was highlighted by a 17-point, six-rebound performance on January 20 at UQAM. Katz, 20, started all 16 league games for Bishop's. She finished with 6.3 points and 3.9 rebounds per game. She was tied for tenth in the province with six blocked shots. She posted her first career double-double on January 7 at UQAM, as she scored 13 points and grabbed 12 rebounds.

The Gaiters finished the regular season with a 12-17 overall record (12-16 CIS, 7-9 Quebec), and are the third seed in the conference playoffs. They visit second-seeded Concordia tomorrow in a league-semifinal. Tipoff is set for 7 p.m. at the Concordia Gym, and the game will be carried live on SSN Canada at www.ssnCanada.ca

- John Edwards

Ski for a Cure a hit at Mt. Sutton

The 13th Annual Rob Lutterman - Ski for a Cure event was held on Saturday at Mont Sutton and helped raise over \$75,000 for pancreatic cancer research at the Cancer Research Society (CRS).

Pancreatic cancer has the fifth highest mortality rate of all types of cancer. This is mainly due to the difficulty of early detection, when metastasis (the property of cancer cells allowing them to invade other sites) has not started. Metastasis is particularly aggressive in pancreatic cancer. Moreover, as the cancer progresses, patients often develop cachexia, a syndrome causing different symptoms such as weight loss which may exceed 10 per cent. The survival rate among pancreatic cancer patients is only six per cent.

Thanks to the funds raised this year, the CRS will be one step closer to awarding a third CRS/Rob Lutterman Pancreatic Cancer Research Grant. The previous Rob Lutterman Memorial Fund Grant (\$300,000) was awarded in 2010 to Dr. Michel L. Tremblay and his team from McGill University, Dr. Bruno Gagnon, Dr. Neil McDonald and Dr. George Zogopoulos.

Dr. Tremblay's team is currently establishing the Quebec Pancreas Cancer Study (QPCS) to study this disease in Quebec. Through the QPCS, the team is developing management plans for hereditary pancreatic cancer families, searching for the genetic changes that cause the disease and studying the physiological and cellular changes that occur. Patients with pancreatic cancer and their families are eligible to participate in this study (www.cancerpancreas.ca).

The organizers of the event wish to thank all participants, volunteers, donors and sponsors for their generous contributions. Thanks to their collective dedication, research into pancreatic cancer is bound to make great strides. We will not only be capable of deepening our knowledge of this cancer, but look forward to one day finding a treatment to cure this terrible disease.

The Rob Lutterman Memorial Fund at the Cancer Research Society was created by the Lutterman Family and close friends, to promote the funding of pancreatic cancer research, in memory of Mr. Rob Lutterman, who died from this type of cancer in 1999 at age 63.

HARVARD MEDICAL SCHOOL ADVISER

Vibration therapy to strengthen bones?

By the Faculty of Harvard Medical School

Q: I've heard about something called vibration therapy, which is supposed to strengthen bones. As a woman in her 60s with borderline osteoporosis, I worry about weak bones and fractures. Can the vibration therapy improve my bone density and protect me from fractures?

A: There's a reason you're starting to hear about low-intensity vibration therapy for strengthening bones and reducing the risk of fractures. That's because two low-intensity oscillating devices designed for home use are coming onto the market soon.

These low-intensity vibration devices gently stimulate muscle and bone when you stand on them. They are not to be confused with high-intensity, whole-body vibration machines or plates. These are used mainly for exercise training but are sometimes promoted for bone building. Low-intensity devices provide a tiny fraction of the vibration exposure you would get from the high-intensity machines used by some athletes.

Our bones are in constant flux, as old bone is resorbed (broken down) and new bone is created. If breakdown outpaces creation, you may develop low bone density and eventually osteoporosis (see illustration).

Many medications can be used to prevent or treat osteoporosis, but only one — teriparatide (Forteo) — stimulates bone growth. Instead of taking this drug to boost new bone formation, most women are advised to stimulate their bones by exercising, particularly with weight-bearing and resistance exercises.

Running, jumping and weight lifting puts stress on the bones. As a result of this stress, bone cells called osteocytes send signals that activate two other types of bone cells. Osteoclasts remove damaged areas. And osteoblasts form new bone that eventually makes the bones denser and stronger.

But for some people, exercise and medication are not enough. As we age, health problems such as joint pain and heart failure may limit our ability to get bone-enhancing exercise. And many people can't tolerate or prefer not to take osteoporosis medications. The findings on vibration therapy may be particularly important in these cases.

In low-intensity vibration therapy, you stand on a platform that resembles a bathroom scale while it oscillates up and down a barely noticeable amount. Both the size and speed of the vibration, about 30 cycles per second, are set to match the natural stimulation that occurs as your muscles imperceptibly relax and contract to maintain your posture.

How vibration therapy promotes

Card of Thanks

LYNCH - A sincere thank you to you all. I wish to thank everyone and anyone who helped with the celebration of my 50th birthday party, especially my wonderful family. I am so deeply touched by all that was done for me. Another precious, treasured memory. I love you all.

Love,
PENNIE LYNCH
XOXO

bone density isn't well understood, but researchers have proposed several possible explanations. Vibration increases the flow of blood to muscles and bones. This boosts the supply of nutrients to these tissues.

Vibration may also protect against an age-related change in bone marrow. Marrow contains certain stem cells that may be converted into bone-building cells (osteoblasts), fat cells or other cell types, depending on the signals they receive. Laboratory experiments at the University of North Carolina have shown that these stem cells are more likely to become osteoblasts (and less likely to turn into fat cells) when exposed to low-intensity vibration.

Exposure to low-intensity vibration has been used as a way to prevent bone loss in people who cannot perform any weight-bearing exercise whatsoever. Some examples are patients with spinal cord injuries and children with neurological conditions that impair muscle use. And researchers are looking into it as a way to prevent bone loss in astronauts in zero gravity.

But does low-intensity vibration work for age-related osteoporosis? It's the key to your question, but scientists don't yet know the answer. Research results have been varied and, unfortunately, the evidence is still not substantive enough to draw a firm conclusion about whether low-intensity vibration is good for bone or not.

Most vibration plates currently on the market are promoted as exercise equipment rather than medical devices. That means they are not subject to FDA review. Many devices produce vibration levels well above the recommended limits. They can also cause dizziness, headache and loss of balance.

Most research using these devices for bone health has excluded people who have serious health problems, can't stand securely, take bisphosphonates or other bone drugs, or have previous fractures.

So the safety of these devices has not been confirmed for people like you who have the most to gain (and lose) — in particular, older people with osteoporosis who are at risk of falling.

Until researchers learn more about vibration plates, you should focus on the tried and true: Do the exercises that are right for you and get the vitamin D (typically 800-1000 IU a day) and calcium (1200 mg a day for women over 51) you need for strong bones. Ask your doctor if a prescription medication for osteoporosis may be helpful. And keep abreast of new research developments that may (or may not) shake up traditional advice about bone health.

Death



**Jeanne
POULIN EWING
(1912-2012)**

Passed away peacefully, surrounded by her family, at the Pavillon Youville in Sherbrooke, on February 26, at the age of 99, Mrs. Jeanne Poulin, widow of the late Maurice Ewing. She was the daughter of the late Léandre Poulin and the late Eulalie Martineau.

Family will welcome visitors on Saturday, March 3, at 1:00 p.m. until the funeral service at 2:00 p.m. at l'église Notre-Dame-du-Perpétuel-Secours, 905, rue Ontario, Sherbrooke.

The ashes will be buried at the cemetery of Windsor with her husband. Mrs. Poulin was predeceased by her daughter Greta (Normand Allard), she leaves her other children Carole (Hilton Driver), Denis (Denise Marcotte) and Ronald (Theresa Wilson), her grandchildren Judy, Marc, Marlene, Diane, Terry, Jan, Lisa, Paul, Elen, Edward, Tessa and Laura Rose and her 14 great-grandchildren. She leaves also her brother Maurice (Helène), the last one of her family.

The family wants to express their gratitude toward the staff of Pavillon Youville, second floor. Donations to the Fondation Leucan, 31 rue Brooks, Sherbrooke, Qc, J1H 4X7, will be appreciate by family.

COOPERATIVE FUNERAIRES DE L'ESTIRE
485 24-Juin St., Sherbrooke, QC

PHONE: 819-565-7646
FAX: 819-565-7844

Death



**Cora Doreen
FILLAMORE GLAVIN**

At the Hotel-Dieu Hospital on Monday, February 27, 2012, Cora Doreen Fillamore Glavin in her 89th year. Beloved wife of the late Merrill Glavin. Dear mother of William (Lorraine), Mike (Donna), Ken (Lynn), Jean, Don (Sue), Elaine (Reynald Morin), Larry and Zelda (Yvon Beaudette). Cherished grandmother of many grandchildren, great-grandchildren and 1 great-great-granddaughter. Doreen was predeceased by her brother George, her mother Cora Bannister and her father Henry Fillamore. Also left to mourn is her sister-in-law Lorna Glavin, along with many nieces, nephews and dear friends.

At the family's request, there will be a private visitation. A funeral service will be held on Friday, March 2 at 11:00 a.m. at the Lennoxville United Church, with the Rev. Meade Baldwin officiating. Interment in Greenwood Cemetery at a later date.

The family would like to thank the staff of the CHUS Hotel-Dieu, 6th floor surgical staff, as well the staff of the Résidence Bel-Âge, Coaticook for the wonderful care.

Donations to the Canadian Cancer Society, 3330, rue King Ouest, bureau 130, Sherbrooke, QC J1L 1C9 or to the Diabetic association, C.P. 281, Sherbrooke, QC J1H 5J1 would be greatly appreciated by the family. Arrangements entrusted to the Cass Funeral Home (819) 564-1750 / www.casshomes.ca

CASS FUNERAL HOMES
3006 College St., Sherbrooke QC
cass@casshomes.ca

PHONE: 819-564-1750
FAX: 819-564-4423
www.casshomes.ca

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 37¢ per word. Minimum charge \$9.00 (\$10.25 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$15.00 (includes taxes)

With photo: \$25.00 (\$28.48 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$25.00 (\$28.48 taxes included) WITH PHOTO: \$35.00 (\$39.87 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

She said my presents were "cheap."

Dear Annie: I have been friends with "Laura" since my husband and I moved here 22 years ago. She is financially better off than I am (and flaunts it), but it never bothered me until she decided we should exchange Christmas gifts a few years back.

Laura can be very judgmental, and finding the right present for her was difficult. Costume jewelry would be rejected, and the real stuff was out of reach. Meanwhile, whenever Laura was selling Tupperware or purses, I always bought something in order to be supportive.

Last year, she started a baking business, so I bought her a cupcake holder for Christmas. However, she had a Christmas party a few days before the actual holiday, so instead of giving her the holder, I gave her a hostess gift of a cookbook, intending to give her the cupcake holder at our personal gift exchange.

The day after her party, she called and told me off. She said my presents were "cheap." I tried to explain about

the hostess gift, but she would hear none of it. I was angry, and so was she. On her birthday two weeks later, I texted, "Happy birthday," but she didn't respond. In fact, Laura has not spoken a word to me for more than a year.

Last summer, I tried to mend things. I sent a letter saying I was sorry I'd hurt her feelings, but a Christmas gift seemed like a silly reason to end a 20-year friendship. I heard nothing back. I'm still upset about it. My husband says I am better off without her if she measures a friendship by the quality of the gifts.

The problem is, when Laura was selling real estate, she helped my son purchase his first home. He is getting married in July. Should I send her an invitation? — California

Dear California: You are not obligated to invite Laura to the wedding. But if you do and she chooses to attend, it creates the opportunity to renew the

Annie's Mailbox

friendship (if that's what you want). Unless you cannot afford to have her as a guest, there is no downside to sending an invitation.

Dear Annie: Whenever my husband makes a mistake, does something incorrectly or doesn't know the answer, he uses a very whiny voice and says, "I guess I'm just stupid."

Our children and I have reminded him on numerous occasions that he is not stupid. We have asked why he thinks a simple mistake is so terrible. We have tried ignoring the comment, asking him whether he is looking to garner sympathy or attention, and requesting point-blank that he stop saying that. Nothing seems to work.

Lately, he is using this comment more and more often. Is this type of self-deprecating behavior normal? — Mary from Missouri

Dear Mary: This sounds like a pattern from childhood combined with a need

to be constantly reassured. If everything else about your husband seems normal, we'd ignore this, perhaps patting him on the shoulder and saying, "It's OK, dear." But if you notice other unusual behaviors, or if this particular annoyance gets out of hand, please suggest he see his doctor. Sometimes, when behavior becomes repetitive and obsessive, it requires medical attention.

Dear Annie: I read the letter from "Life Isn't Easy," whose wife ran off with another man but refuses to sign divorce papers. He says he can't afford a lawyer. He should check his state law.

I am a judge in Michigan, and in this state, he only needs to file a complaint, and if his wife fails to respond or appear, he can obtain a divorce. If she does show up or file papers, he can still proceed on his own but may need some limited legal advice. — Michigan Judge

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

Women's Missionary Fellowship of Grace Chapel

The Women's Missionary Fellowship of Grace Chapel, Sherbrooke held their first meeting of the new year at Clair Fisk's home in Huntingville at 2 p.m. on Monday, February 20 with sixteen ladies present.

Edna Walker chaired the meeting and after welcoming all suggested we sing, All The Way My Saviour Leads Me accompanying us on the piano.

Mildred Beckwith brought the Missionary Report as follows:

NIGERIA: Spencer Dibble continues with his Scripture teaching ministry and translation work while Tom and Lois Wheeler carry on with well digging to give fresh water to various people and supervising the medical work which is an important aspect of the ministry.

ZAMBIA: Tom and Lana Robertson continue teaching new agricultural methods as well as teaching Scripture in the High School. Their daughter, Kayla, recently arrived in Canada for the purpose of continuing her education.

ANGOLA: Peter Daley has just returned to the U.S. after spending several weeks in Angola to encourage and strengthen believers in various areas through Bible Studies. Brian Howden of England is presently in Angola for the purpose of Bible teaching elders and leaders in the Saurimo area in the Northeastern Province.

Luena, Moxico to the south: the Argentinean missionary team continue to do a tremendous medical work as well as spiritual, there and in the surrounding area.

Prospective Missionaries for Angola: There is a Canadian couple in Fredericton who will soon be leaving for Portugal to study Portuguese in view of serving the Lord in Angola.

SENEGAL: An E-mail from Rick & Muriel Oickle speak of demonstrations prior to elections and considerable un-

rest in certain areas. Rick Oickle engages in teaching language to new missionaries which is very important while Muriel keeps busy with other aspects of the ministry.

Beryl Beckwith brought the Treasurer's report explaining how funds had been used. She also read a letter from Rosemary Walker who is actively promoting missions. She also read a thank you note from Marjorie Beckwith explaining how funds had been used.

Mildred also mentioned the ongoing translation of booklets by Marjorie Beckwith and Doris Pitman asking prayer for this ministry. Four ladies then led the group in prayer remembering each of these fields as well as the various local needs.

After the singing of Amazing Grace, Edna Walker introduced our speaker, Jennifer Dallaire who with her husband is serving the Lord here in the Sherbrooke area. Jennifer began her message by telling us she was born in Nova Scotia but from the age of ten had lived in P.E.I. until her marriage to a young French Canadian from the Chicoutimi area. As they waited upon the Lord to guide them as to where they should live and serve in Sherbrooke they looked for a house and found one that was most suitable for their family in the Mont Bellevue area where there are many immigrants and languages and religions. There are many children in the area so they sought how they might do something with the children. They rented a gymnasium and invited the children to come. They had no idea if any would show up but were most pleased when the first night 50 children arrived. They do various things such as games like Dodge Ball, then they have a spiritual time with singing with a Bible lesson and memory verse. They do skits teaching them where they have come from starting in Genesis with Creation and on through the Bible. They also taught

them to sing O Canada. At this time in their ministry, they have up to 72 children attending on a Friday evening. Since they were required to pay for the whole month and not just one Friday evening a month they often gather the boys together for a game of hockey. It is not necessarily a spiritual time but the parents come out to watch the game. There are many opportunities to show friendliness. This is their 4th year and sometimes they arrange a barbecue and use a chalk artist. They give out prizes, food and games. At first they were focusing on the growth of the church rather than seeing what the Lord was doing, 2 Corinthians 9:6. They learned that it isn't numbers that is important but what God is doing in their hearts. God wants to transform us first and then we can serve. We need to look past the cultural differences. Our hearts need to be transformed in order to reflect God to others. God's Word will not return unto Him void. In Hebrews 11 we read of various ones in the Old Testament and the promises God made to them but Hebrews 11:13 says: These all died in faith, not having received the promises, but having seen them afar off were persuaded of them and embraced them confessing they were strangers and pilgrims. In V. 16 it says: They desire a better country, that is, an heavenly. God is faithful so we can expect to receive but we must wait patiently, James 5:7,8. Let us not give up hope. Let us keep our eyes on the Lord in whom is our hope. May all who come behind us find us faithful. Jennifer closed her message in prayer.

Prior to Clair serving lunch Charlotte Warnholtz gave thanks for the refreshments then several ladies assisted in serving. Thus ended a very pleasant and informative afternoon.

*Submitted by
Doris I. Pitman*

Rebekahs and Odd Fellows hold Christmas party

On December 9, a joint Christmas Party was held by the Ayer's Cliff Rebekahs and Odd Fellows at the Legion Hall in Ayer's Cliff.

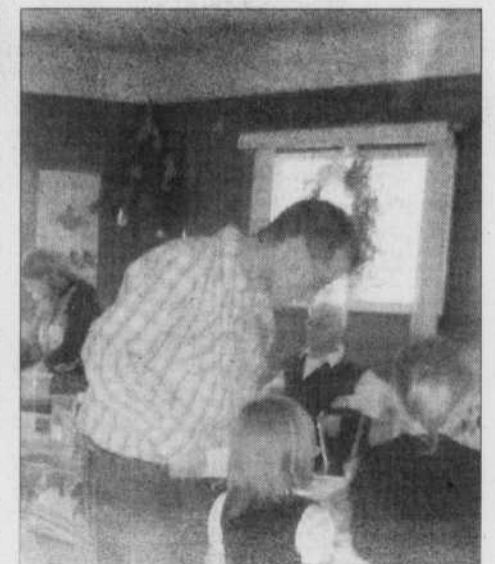
This annual affair was enjoyed by old and young alike. We were fed by Richard and entertained by Leo Wilson as well as watching the children at the "fish Pond".

Dignitaries were presented and greetings extended to all.

Tags were given to all who came for supper and they chose items they might like to win before Santa's helper Lloyd showed up to give children their gifts and the adults exchanged gifts by chance.

The meal as usual was excellent and service great! Thanks to all responsible.

*Submitted by
Ernestine Whipple*



CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

TODAY'S CLUE: W equals P

"ZB KULP HZHCTP ZH ZS R CTRPZSM
GLPPK CU MU ULC RSY DRSSUC DRCDG
KULP TKT, HGT'H NTRPZSM KULP
OTHG HNTRECTP." — WRF OPUNS

Previous Solution: "Science may never come up with a better office communication system than the coffee break." — Earl Wilson

© 2012 by NEA, Inc., dist. by Universal Uclick 2-29

KIT N' CARLYLE



HERMAN



"Douglas, when I told you to count the pickled onions ..."

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



Go grocery shopping with dietitians. When you choose products with the Health Check symbol, it's like shopping with the Heart and Stroke Foundation's dietitians, who evaluate every participating product based on Canada's Food Guide. www.healthcheck.org

Check for Health Check

Diabetes The New EPIDEMIC



Diabetes Québec
Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

REACT NOW!

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
 E-MAIL: classad@sherbrookerecord.com
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO
 THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

CLASSIFIED

100 Job Opportunities

BRAVE TRANSPORT is looking for **Canada/US drivers**, long distance, flat-bed, with at least 2 years experience. Call 819-791-2028 or email randy@bravetransportinc.com

PSW (\$20./HOUR, TEMP). PSW, DSW or Human Services Field degree/diploma. CPR, First Aid, NVCI and WHMIS, Violence in the Workplace, Fire Extinguisher certificates. Experienced with G-Tube feeding. Able to demo safe lifting techniques. Able to complete household chores (prep food, cleaning laundry and outside maintenance). Accommodations and meal allowance provided. Apply at www.patriotsource1.com

Classifieds
 (819) 569-9525
 (450) 242-1188

145 Miscellaneous Services

#1 HIGH SPEED internet \$28.95/month. Absolutely no ports are blocked. Unlimited downloading. Up to 5Mbps download and 800Kbps upload. Order today at www.acanac.ca or call toll-free at 1-866-281-3538.

LENNOXVILLE PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

190 Cars For Sale

CLASSIFIEDS ONLINE!
 www.sherbrookerecord.com

KIA SEDONA VAN 2001. Deluxe leather interior, winter tires, V6, auto remote start and entry. A/C, 2 heaters. \$1695. Call Phil at 819-563-8606.

290 Articles For Sale

CRAFTSMAN RADIAL ARM SAW, 10" blade. Recently tuned and in excellent condition. 819-843-2222.



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

Looking for a job or qualified personnel? Consult our Classified ads!

291 Hay

LOOKING TO BUY top quality horse hay, 40-60 lb. bales, 1st and 2nd cut, at market value. Must be green, tight cords, no dust or rain, square. 800 bales needed for full load. Call 819-238-4701.

330 Pets

BASIC DOG TRAINING with Jean-Guy Lalonde and Associates starts on **Thursday, March 1, 6:30 p.m.,** at **Blue Seal,** the Animal Nutrition Centre, 1730 Wellington St. South, Sherbrooke. 819-348-1888. Register today!

430 Personal

TRUE ADVICE! True clarity! True Psychics! 1-877-342-3032 or 1-900-528-6256 or mobile #3563 (18+) \$3.19/min. www.truepsychics.ca.

330 Pets



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

440 Miscellaneous

#1 IN PARDONS. Remove your criminal record. Get started today for only \$49.95 per month. Limited time offer. Fastest, guaranteed pardon in Canada. Free consultation. 1-866-416-6772. www.ExpressPardons.com

Ladies Auxiliary Br. 15 Meeting

On the evening of Feb. 21, the Ladies Auxiliary held their regular meeting at the Legion Hall with 18 members present. The meeting was called to order at 7 p.m. with the presenting of the colours by Cmde. Helen Knowles, Mildred Holliday and Donna Ham under the direction of Sgt. at Arms, Wendy Ridley, with Cmde. Anne Clark at the piano, followed by the opening ceremonies.

Pres. Cmde. Bev Jones welcomed everyone and the minutes of the last meeting were read by Cmde. Lucie and accepted. Financial report was given by the Treasurer Cmde Dawn Johnston and accepted. There had been no executive meetings and there was no unfinished business. Correspondence consisted of "Thank-you's" received from donations made and a Thank-you for a plant that had been sent to Cmde. Joanne Bushey. We regret to report that she has since passed away and convey our sympathies to the Family. We also received a request to name a "Volunteer" of the year, to be honored on April 19 and a request from Meals on Wheels. Committee reports: health and welfare - Cmde. Anne Nixon was absent but she had sent out cards of sympathy, and a get well card. Kitchen - Cmde. Phyllis, no report; Membership - Cmde. Marge, mentioned some members have dues to pay; Publicity - Cmde Mildred - no report. Ways and Means - Cmde. Bev reported on different activities and the card party coming up on Thursday, Feb. 23, the Soup Supper on Feb. 25 and that she is in need of funds. No bills were presented.

New business - our volunteer for the year was chosen, donations were made to Meals on Wheels, Richmond Regional High School's Country Garden, items for the Green Sale, purchasing of candy for the St. Pat's Parade. We will be having a float as usual in the parade. A donation was given in memory of Joanne Bushey. Upcoming events - Green Sale, March 3, at the Legion Hall; St. Pat's Parade - March 18; Military Whist - March 22; Flea Market and Food Sale - April 7, and we will be having a draw on the same day, for a beautiful oak framed mirror, made and donated to us by Terry Whittingstall; thank you Terry, your thoughtfulness is greatly appreciated.

All business having been taken care of, meeting adjourned, closed in the usual manner and colours retired, followed by refreshments and a short social hour. Half and Half was won by Cmde. Shirley Noble.

In Comradeship,
 Cmde. Mildred Holliday P.P. Publicity

SUDOKU

Difficulty: 4 (of 5)

2	7		6	5				
								8
		8			7		1	
				2	5			4
5					9			
	1	7	4			6		5
				1		3		
	4			3			9	
		9					4	6

2-29-12

©2012 JFS/KF DIST. BY UNIVERSAL UCLICK FOR UFS

PREVIOUS SOLUTION

5	1	6	3	9	2	4	8	7
4	3	2	1	7	8	9	5	6
7	9	8	4	6	5	2	1	3
8	7	5	9	2	1	6	3	4
3	6	9	5	4	7	8	2	1
2	4	1	8	3	6	7	9	5
9	5	3	6	8	4	1	7	2
1	2	4	7	5	9	3	6	8
6	8	7	2	1	3	5	4	9

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

AUCTION

FOR MOTEL IMPERIAL
 7 Fairfax Road, Stanstead, QC
 in front of IGA Store
SATURDAY, MARCH 3, 2012
 at 10:30 a.m. sharp

TO BE SOLD: Touch Dijitec Mitro D order machine, new; Dijitec cash register; roughly 150 chairs of different kinds; roughly 30 square tables; stainless 2 door fridge with new compressor; Blodgett stainless pizza oven, 10 ft. hut; double stainless sink, stainless table; CMA stainless dishwasher; True stainless refrigerator; stainless propane stove; stainless stove; Pitco french fryer; 14 colour TVs; 3 Westinghouse deep freezers, small, medium and large; electric french fryer and steamer; central air vacuum system; dishes and silverware for roughly 100 people; 4 fire extinguishers; air conditioner, 1000 BTU; large quantity of blankets, linens, pillows, etc.; telephone system with 17 telephones; meat slicer; charcoal; 2 ceiling fans; 14 motel rooms all complete with king and double size beds, some with new mattresses, 13 air conditioners, new bathroom sinks and tubs; 27 ft. above ground swimming pool, like new, with deck; 2000 Dodge Caravan, colour blue. All to be sold without reserve because property is sold!

TERMS: cash only, or cheques accepted from known buyers.

AUCTIONEER will not be responsible for damages or accidents day of auction.

ROSS BENNETT

Bilingual Auctioneer

819-563-2020 or 819-572-5609

Email:

rossbennettauctions@hotmail.com

CPF Canadian Parents for French

I'M LEARNING FRENCH

Because...

I'm not afraid of differences.



Join CPF - for answers and support as they discover French.

www.cpf.ca



Your Birthday

WEDNESDAY, FEBRUARY 29, 2012

Improve upon what you've accomplished in the past by elevating your objectives and expectations in the year ahead. You'll be in an excellent achievement cycle during this period, but it'll still be up to you to make the most of it.

PISCES (Feb. 20-March 20) — When left to your own devices, you're likely to exercise a lot of initiative and will accordingly get things done. Conversely, if you feel you're being pushed into doing something, you'll balk.

ARIES (March 21-April 19) — When dealing with a person with whom you've had some kind of problem in the past, you're likely to focus only on what bugged you about him or her and not on the present situation.

TAURUS (April 20-May 20) — When other people's assets are put in your hands, consider it a sacred trust. Bend over backward to live up to the expectations of those who have placed their faith in you.

GEMINI (May 21-June 20) — Be protective of your self-interest, but don't go to extremes about guarding your position. Be willing to adjust to the will of others when you believe it to be necessary.

CANCER (June 21-July 22) — You'll only have yourself to blame if you do things that you know will go against your best interest. Make sure you fully consider the consequences of your actions.

LEO (July 23-Aug. 22) — You are gener-

ally a good shopper when you put your mind to it, but if some irresistible luxury items are dangled in front of you, all your good intentions could quickly fly out the window.

VIRGO (Aug. 23-Sept. 22) — Do not leave the making of a personally important decision totally up to another. Abdicating your rights could lead to complications that only you might suffer.

LIBRA (Sept. 23-Oct. 23) — Co-workers will resent it if they feel that you are acting in a superior way toward them. If you're not careful, you could quickly slip into this mode when placed in a leadership position.

SCORPIO (Oct. 24-Nov. 22) — It's essential to make sure your counterpart is a capable one when dealing together in a financial venture. You'll need to work in harmony to positively affect the bottom line.

SAGITTARIUS (Nov. 23-Dec. 21) — You won't be at your best when forced to make a decision under pressure. Take control so that you'll have time to weigh and balance things at your own pace.

CAPRICORN (Dec. 22-Jan. 19) — Remember, you are the master of your own fate when making and keeping pledges to others. No one will be forgiving if you break your promise and fail to do as you say.

AQUARIUS (Jan. 20-Feb. 19) — Relying on your hunches regarding a speculative risk is a bad idea. If you think an irrational urge is instead an intuitive perception, you could get yourself in real trouble fast.

WEDNESDAY, FEBRUARY 29, 2012

Will you propose to him today?

By Phillip Alder

Sir Winston Churchill said, "I consider that it will be found much better by all parties to leave the past to history, especially as I propose to write that history myself."

This is the day when women may propose to men. After that, everything else is history!

This deal is tough to get right. One defense looks so obvious and "sure" to work that most players would not even stop to consider that an alternative plan might be needed.

East is defending against four spades, having overcalled in hearts. West leads the heart nine, which must be a singleton or from a doubleton. (With 9-x-x, he would lead his lowest heart, since he did not support his partner's suit.) How should East plan the defense?

South's jump to four spades was a slight overbid, but he and his partner had not discussed using a double over three hearts as an artificial game-try. (Note that three hearts goes down one if North and South promote South's heart jack with a third club lead by North.)

After cashing two heart tricks, and knowing that South has a heart left, East will be tempted to lead a third heart, ex-

North 02-29-12			
♠ 8 6 5			
♥ 7 4			
♦ J 9 4			
♣ A J 10 8 7			
West		East	
♠ 4 3		♠ 7 2	
♥ 9 2		♥ A K Q 10 8 5	
♦ K 8 6 3 2		♦ A 10 7	
♣ 6 5 3 2		♣ 9 4	
South			
♠ A K Q J 10 9			
♥ J 6 3			
♦ Q 5			
♣ K Q			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1 ♠	Pass	2 ♠	3 ♥
4 ♠	Pass	Pass	Pass
Opening lead: ♥ 9			

pecting West to be able to ruff higher than dummy's spade eight. Here, though, that lets declarer collect an overtrick.

East should take a safety-play, first cashing the diamond ace. Here, West encourages enthusiastically with his eight, and a second diamond lead defeats the contract. But if West does have a spade higher than dummy's eight, he would discourage in diamonds.

If there are two chances to defeat a contract, try both — if possible.

CROSSWORD

- | | | | |
|--|--|---|---|
| <p>Across</p> <p>1 Defense lawyers' adversaries, for short</p> <p>5 Otherwise</p> <p>10 Smidgen</p> <p>14 Certain</p> <p>15 Motored</p> <p>16 Agitate</p> <p>17 Member of Hook's band</p> <p>18 Ear-related</p> <p>19 Time-half link</p> <p>20 Shooter of soft confections</p> <p>23 Gp. that issues canine pedigrees</p> <p>24 Blue wearer, usually</p> <p>25 In reserve</p> <p>26 Satchel __, aptly named dog in the comic "Get Fuzzy"</p> <p>28 Make fun of</p> <p>31 Beatty of "Deliverance"</p> <p>32 Formal coif, perhaps</p> <p>33 More sleazy</p> | <p>36 Minor motoring mishaps</p> <p>40 Exercise popularized by Jim Fixx</p> <p>41 Tennis do-overs</p> <p>43 JFK alternative in NYC</p> <p>46 Certain stove filler</p> <p>47 In a convincing way</p> <p>48 Palmer with an army</p> <p>50 Show about Capote</p> <p>52 Avenues of access</p> <p>53 Strains credulity</p> <p>58 Rock's partner</p> <p>59 "... never see __ lovely as ...": Kilmer</p> <p>60 Build a tree house</p> <p>62 Chevy subcompact</p> <p>63 __ firma</p> <p>64 Mötley __</p> <p>65 Greenhorn</p> <p>66 Overwhelm, or a relative of the first syllable of 20-, 36-, or 53-Across</p> <p>67 Overdone publicity</p> | <p>29 "I'm all for that!"</p> <p>30 Pizzazz</p> <p>33 Bell-shaped lily</p> <p>34 Therefore</p> <p>35 Depend (on)</p> <p>37 Fastening pin</p> <p>38 Oil plant</p> <p>39 Gets to one's feet</p> <p>42 Jun. grads</p> <p>43 Maze runner</p> <p>44 Old-style "Cool!"</p> <p>45 Rod-and-reel wielder</p> <p>47 Mooch, as a smoke</p> | <p>49 Domed home</p> <p>50 Heat unit</p> <p>51 Plot anew</p> <p>54 Welcome sign for a hungry traveler</p> <p>55 Eject, as lava</p> <p>56 When tripled, a 1970 war film</p> <p>57 Waistline unit</p> <p>61 Golf bag item</p> |
|--|--|---|---|

B	I	N	S		C	A	T	O		U	P	P	E	D			
A	D	A	M		O	N	E	A		N	I	E	C	E			
R	E	C	E	I	V	E	R	S		E	N	R	O	N			
B	A	L	L	R	E	T	R	I	E	V	E	R					
				T	A	R		E	S	M	E		Y	M	A		
O	W	S		I	M	P				I	N	T	W	O	S		
P	A	C	E	S	E	T	T	E	R		O	H	O	S			
T	H	O	S	E		U	S	S		B	R	I	N	E			
S	I	T	S		H	I	P	P	O	I	N	T	E	R			
I	N	C	O	M	E				Y	R	S		E	D	T		
N	E	H		I	R	M	A		E	O	N						
					T	H	R	E	E	D	O	G	N	I	G	H	T
S	T	A	I	R		L	E	D	A	S	T	R	A	Y			
R	E	P	R	O		B	A	I	N		E	A	R	P			
S	N	E	E	R		A	R	N	O		S	M	E	E			

- Down**
- 1 Obstinate beast
- 2 Dolt
- 3 Alaska's 907, e.g.
- 4 Clairvoyant
- 5 Where Moscow is
- 6 Dowdy dresser
- 7 Author Ephron
- 8 Racetrack
- 9 Tattle
- 10 Sketched
- 11 Welcome, as a new year
- 12 Moniker for Mussolini
- 13 Hit with a pitch, in a way
- 21 Academic inst.
- 22 Seeped
- 23 Kwik-E-Mart proprietor on "The Simpsons"
- 27 "And" or "or," e.g.: Abbr.
- 28 Overly enthusiastic

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
	20				21						22			
23					24						25			
26				27				28	29	30			31	
32						33	34				35			
				36			37					38	39	
					40							41		42
43	44	45			46						47			
48					49					50	51			52
53						54	55	56				57		
58						59						60		61
62						63						64		
65						66						67		

