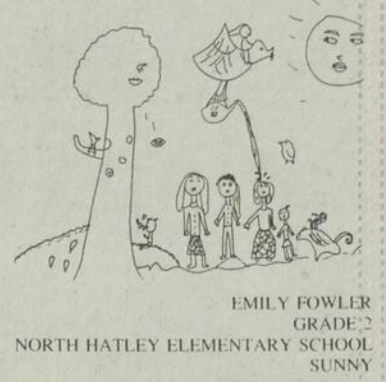


EXPIRES: 94/05/30  
 BTR. NAT. DU QUEBEC  
 DEPOT LEGAL  
 125 RUE SHERBROOKE O.,  
 MONTREAL, P.Q.  
 H2X 1X4

665  
 con

# the Record



EMILY FOWLER  
 GRADE 2  
 NORTH HATLEY ELEMENTARY SCHOOL  
 SUNNY

40 cents

**THURSDAY**  
**November 25, 1993**

Behind the News ..... 5  
 Births, deaths ..... 14  
 Classified ..... 12  
 Comics ..... 13  
 Editorial ..... 4  
 Farm & Business ..... 7  
 Living ..... 6  
 Sports ..... 15  
 Townships ..... 3

**WEATHER**  
**Page 2**

## Hydro: 'More compassion' this winter

MONTREAL (CP) — Hydro-Quebec said Wednesday it will stop cutting power between Dec. 1 and March 31 to most clients who are late or otherwise remiss in their payments.

"Certain cases require more compassion than others," Hydro-Quebec spokesman Guy Versailles said Wednesday.

Hydro officials will use "judgment and discernment" to decide on a case-by-case basis which late-paying clients are

entitled to the winter-time reprieve.

The new policy will require those clients to establish a monthly payment schedule, beginning April 1.

But the leniency will not extend to cases of fraud or theft,

Versailles said.

"The chronic bad payers, those people who just laugh in our face, we know who they are."

The provincially owned utility was rebuked last February for cutting off power to a wel-

fare recipient who then resorted to a propane camping stove believed to have caused his death.

Denis Thiffault, 33, was found unconscious in his apartment in Cap de la Madeleine, midway between Montreal and Quebec City.

Thiffault, who owed the utility more than \$1,000, was rushed to hospital, where he was pronounced dead.

Witnesses said his apartment smelled strongly of pro-

pane when they discovered him lying on the floor.

There were 2,282 residences in Quebec that had their power cut from Dec. 1, 1992, through last March, said Marc Boudreau, a spokesman for Hydro ombudsman William Schwartz.

That was up from 1,856 in the same four months a year earlier.

Schwartz's office, which em-

### Quebec signs wage freeze with two unions — Page 2

## 'More prosecutions' Tax-dodgers beware — Ottawa is after you

By Gord McIntosh

OTTAWA (CP) — Canada's new revenue minister says his department will be setting its sights on the underground economy.

David Anderson said Wednesday special audit teams will be set up to focus on business sectors that have demonstrated high levels of non-compliance with tax laws.

"These measures will target the cash economy and non-filers in many business sectors, particularly the construction, jewellery, hospitality, home renovations, car repairs and other service sectors," Anderson said in a news release.

He also said he will work closely with Finance Minister Paul Martin to come up with other means to deal with the

underground economy.

From tradespeople not reporting cash transactions to smuggled cigarettes, the underground economy is believed by experts to be worth between five per cent and possibly 20 per cent of all economic activity in Canada.

There is no official measure of underground economic activity. But it is widely believed

## Ink in their veins



Grade 5 students at St. Francis Elementary School in Richmond are really getting into their newspapers these days, and before long they'll be putting out one of their own. For more, please turn to Page 5.

## Heritage Canada to stay — minister

By Jim Bronskill

HULL (CP) — Canadian Heritage Minister Michel Dupuy says he's not anticipating major changes to his department despite a Liberal review of government operations.

The Heritage Department — a super-ministry of culture created in June by the former Conservative government — makes sense, Dupuy said Wednesday in an interview.

"As I see it, the fundamentals are right."

Under the Heritage umbrella, the Tories combined responsibility for arts and culture, broadcasting, official languages, state ceremonies, parks and historic sites, and programs in the areas of multiculturalism, citizenship and amateur sport.

Upon taking office this month, the Liberals largely kept the new structure intact, with only a couple of changes.

Citizenship was moved to a

new department that also handles immigration, and Montreal MP Sheila Finestone became secretary of state responsible for multiculturalism and the status of women.

"We used the reform introduced by the previous government as the basic starting point," said Dupuy.

However, the Liberals promised during the election campaign to review the overall government reorganization initiated by the Conservatives and make any needed changes.

That long-term task has fallen on the shoulders of Marcel Massé, minister responsible for public service renewal.

Dupuy said he's not expecting "great, profound changes" although there may be adjustments as the review progresses.

See HERITAGE Page 2

## 'Evil freaks who killed for kicks'? Britain hands young killers indefinite sentences

PRESTON, England (Reuter) — Two 11-year-old boys were found guilty Wednesday of kidnapping and murdering a two-year-old and were senten-

ced to be detained indefinitely for what the judge called "an act of unparalleled evil and barbarity."

The murdered boy's uncle,

Ray Matthews, shouted: "How do you feel now, you little bastards?"

Defence lawyers said the killers, aged 10 at the time of the

crime, are the youngest Britons to be convicted of murder since 1748, when a 10-year-old boy strangled a girl half his age.

### Parents: Schoolboy murderers were loving sons — Page 2



**Don't look now:** Motorists on the Eastern Townships Autoroute had a surprise Wednesday when this plane made an emergency landing in traffic. Reporters, police and the plane's owners can be seen above as the plane taxis toward Eastman. For the full story, please turn the page.

After 5½ hours of deliberation, the jury found Robert Thompson and Jon Venables guilty of abducting and murdering James Bulger. His battered body was dumped on a railway line, where it was sliced in half by a train.

Venables, or Child B as he was called before conviction, broke down with tears streaming down his face, as the foreman of the jury announced the verdict. Thompson, or Child A, turned pale as they were led down stairs.

After the guilty verdicts, the tearful Venables asked his lawyer: "Would you please tell them I am sorry?"

Bulger's mother and father

believe the two should not be freed until there is no danger other parents will suffer as they had, said family lawyer Sean Sexton.

The detective in charge of the case leaned over and kissed Bulger's pregnant mother, Denise, 26, who sat at the back of the oak-paneled court with her husband, Ralph, and relatives who cried "yes" at the verdict.

Detectives who questioned the two before the trial described them afterward as "evil

freaks who killed for kicks."

Judge Michael Morland called the sobbing boys back for sentencing a half-hour later in the oak-paneled court.

"The killing of James Bulger was an act of unparalleled evil and barbarity," the judge told the boys as he sentenced them to detention "during Her Majesty's pleasure," meaning indefinitely.

"That means you will be de-

See KILLERS Page 2

### Child poverty is still a big problem for Canada — Page 5

# It's breakfast, stupid!

# Eating: Canadians don't know how to start the day

By Dennis Bueckert

OTTAWA (CP) — Many Canadians — especially young women — aren't getting their day off to the right start, according to data from a national survey of health habits.

Overall, 18 per cent of the people interviewed in the 1990 survey said they'd had nothing except possibly tea or coffee for breakfast in the previous

seven days.

But among females aged 20 to 24, 27 per cent reported they went without breakfast, according to the recently-published study.

"Almost one in five adults is not starting their day correctly," Cora Lynn Craig, president of the Canadian Fitness and Lifestyle Research Institute said Wednesday.

Research indicates people concentrate and perform better if they've had a good breakfast, she said.

However, Canadians score better than Americans in faithful breakfasting. Only 56 per cent of Americans ate breakfast regularly in 1990, as compared with 74 per cent of Canadians.

Other findings from the

survey:

- Those who reported drinking heavily — defined as two or more drinks a day — fell to nine per cent in 1990 from 14 per cent in 1985.
- The prevalence of breastfeeding nearly doubled during the 1980s, and almost two thirds of children born during the decade were breast-fed.
- The proportion of cigarette

smokers declined to 30 per cent in 1990 from 35 per cent of those surveyed in 1985, but the decline was less for women than for men.

- Ninety per cent of respondents with teeth reported brushing them at least once a day, and 73 per cent reported brushing them twice a day or more. Sixteen per cent had no teeth.
- Most men and women sur-

veyed reported reading food labels on food packages, but women were more likely than men to read the labels.

- Ninety-one per cent of Canadians reported using seat belts in 1990, up from 79 per cent five years earlier. Women were more likely to buckle up.
- Eighty-five per cent of respondents owned smoke detectors, up from 77 per cent in 1985.

## Around Quebec

MONTREAL (CP) — A financial institution can't refuse to grant a loan just because the applicant is on welfare, the Quebec Human Rights Tribunal ruled Wednesday.

In awarding \$2,500 to Francine D'Aoust, an unemployed single mother in Buckingham who was refused a mortgage by the local credit union, the tribunal indicated that businesses cannot establish one set of guidelines for welfare recipients and another for other clients.

"It's the first time there's been a ruling like this against a financial institution," said lawyer Sylvie Gagnon, a spokeswoman for the tribunal.

Gagnon said it's the second time in the three-year history of the tribunal that a welfare recipient was found to have been discriminated against for financial reasons.

The other case involved a person who was refused permission to rent an apartment.

D'Aoust complained that she was the victim of discrimination in 1989 when she asked about a mortgage for a \$28,000 home.

She told the tribunal last month she could have afforded the mortgage — \$270.91 a month over 15 years — considering she was already paying about \$370 a month in rent.

D'Aoust said that when she later told the loans officer that she was on welfare, the official changed her attitude immediately.

"If you had told me right away that you were on welfare we wouldn't have wasted our time," D'Aoust quoted her as saying.

"We don't lend to welfare recipients."

D'Aoust was awarded \$2,000 in moral damages and \$500 in exemplary damages.

QUEBEC (CP) — Premier Robert Bourassa has rejected

a plea by university students to spare them from higher tuition fees.

The students fear there will be thousands of dropouts because Quebec has decided to increase fees until they are at the same level as other provinces. This would mean a 53-per-cent jump, to \$2,300 a year from \$1,500.

Bourassa shrugged off the appeal Wednesday, noting that Quebec students already enjoy the cheapest tuition fees on the continent.

"We can't live in a context that's radically different from the rest of North America," he told the National Assembly.

"Tuition fees in Quebec are clearly, very clearly, lower."

To bolster their arguments, the students even dragged out something Bourassa wrote in 1955 while he was a law student and a representative of the University of Montreal student council.

"Out of the most basic social fairness, those who aspire to a university education shouldn't be left out for financial reasons," the 21-year-old Bourassa wrote to then-premier Maurice Duplessis.

Education Minister Lucienne Robillard said later Wednesday that Quebec won't boost fees to the Canadian average in a single year.

MONTREAL (CP) — Flak jackets should be mandatory for all armored truck guards in the province, Quebec coroner Anne-Marie David suggested Wednesday.

It is one of several recommendations David made public following her recent inquest into two deaths in the last year caused by gunfire between security guards and armed bandits.

David is asking the Public Security Ministry to modify the laws governing security agen-

cies in order to offer more protection to guards responsible for transporting valuable goods.

She wants better training of guards and stricter rules involving armored car procedures.

"The bulletproof vests and improved training sound good," veteran guard Joe Lipkowitz said Wednesday.

Lipkowitz, a victim of two armed robberies in nearly 15 years of service, has been seeking other government changes since armed robbers disarmed him and his partner last year before making off with \$250,000.

QUEBEC (CP) — The provincial government will award bravery medals to two Concordia University staff members who disarmed a gunman after four professors were shot to death in August 1992.

George Abdou, an associate professor of mechanical engi-

neering, and security guard Daniel Martin were held hostage by engineering professor Valery Fabrikant but managed to disarm him.

The award is bittersweet because of the four professors who died.

"I don't consider myself a hero," Abdou, 39, said in an interview Wednesday.

He said he was reluctant to accept the honor but decided it might help his eight-year-old son, who, since the shootings, has been haunted by fears he will lose his father.

In August, following a 4 1-2-month trial, Fabrikant was found guilty of first-degree murder and given a life sentence with no parole eligibility for 25 years. He is appealing the verdict.

Abdou and Martin are among 48 people who will receive bravery medals in a ceremony today at the provincial legisla-

# Schoolboy murderers were loving sons, parents say

PRESTON, England (Reuter) — The parents of the two 11-year-old British boys convicted on Wednesday of savagely murdering a toddler said they were distraught for the family of the dead boy but stood by their "loving" sons.

The parents of Robert Thompson and Jon Venables were at a loss to explain the attack on the toddler in a seedy suburb of the port city of Liverpool.

Both suggested the other boy was the bad influence.

Thompson's mother, Anne, refused to accept her son was a murderer, although she conceded he was a "devious liar," a thief and a truant.

She told reporters he was a "caring kid," who was protective toward her and must have been led astray.

The parents of the second child said they were sorry for

what their kind but weak son had done.

"We just can't believe it," said his father, Neil, breaking down in tears.

"He's quite a loving, caring little boy, always has been, thoughtful and considerate, fun to be with," his mother Susan told reporters.

A jury in the industrial En-

glish town of Preston, north of Liverpool, found their sons guilty of battering two-year-old James Bulger to death by a railway line.

"I just think of James and his dad and about all that fun with his little boy, like I had with mine. It's terrible," Neil Venables said.

"My heart really goes out to

them," said his wife. "I just wish we could turn the clocks back. I just wish I could do something to express how I feel but you just can't."

The mother of Thompson, a single parent, spoke of her struggle and noted wryly: "They always blame the parents."

"It's a very difficult situation, when you are getting no support as a family, you're alone and you face the world alone, the same as I'm doing now. The attitude when you live around Walton (her home district in Liverpool) is that you have to be tough, or else you don't survive."

## HERITAGE:

Continued from page one.

The arts community generally welcomed creation of the Heritage Department last summer as a focal point for federal activities in the cultural arena.

But several groups criticized the Tories' decision to shift responsibility for telecommunications policy from

**HYDRO:** —

Continued from page one.

ploys about 10 people, has jurisdiction only in residential cases and reports to the justice minister.

Quebec ombudsman Daniel Jacoby said he deplores the arrangement that leaves these cases outside his jurisdiction.

"They (Hydro-Quebec officials) are public servants like all the others, they should be under my jurisdiction," he said.

the former Communications Department to the Industry portfolio. They said the transfer is a mistake in an age when scientific advances are shaping the way artists communicate.

Technological changes have set the stage for electronic home-delivery of a wide selection of entertainment, potentially opening new distribution pathways for Canadian movies, records and books.

"There's a phenomenon there that has to be taken into account," said Dupuy.

The department's many areas of responsibility may seem diverse, but they all help create a sense of national identity, said the minister.

Canada's athletes, for instance, serve as role models for young people, while parks are an important element of national heritage, he said.

## KILLERS:

Continued from page one.

tained for many, many years until the Secretary of State is satisfied you are fully rehabilitated and no longer a danger to others."

The judge dropped a third charge against each boy of the attempted abduction of another child earlier the same February day at the Liverpool shopping mall where Bulger was taken. The jury in the northern English town Preston could not reach a verdict.

A crowd outside the imposing building jeered and screamed as police vans took the boys to detention units for young offenders where they are likely to stay for the next few years.

The trial, which lasted 17 days, was moved from Liverpool, an hour's drive away, to avoid a repeat of mob violence seen when the boys were first charged.

The judge called the two boys

"cunning and wicked."

He said: "The child of two was taken from his mother on a journey of over two miles and on a railway line was battered to death without mercy. His body was placed on a railway line so it would be run over by a train to conceal the cause of death."

Morland, who lifted the ban on naming the boys, said it was unbelievable two boys so young could torment a toddler and bludgeon him to death with bricks and a metal bar.

"I suspect exposure to violent video films may in part be an explanation," he said.

The pair worked part-time for a video-rental shop.

Both boys pleaded not guilty but the court heard a taped confession from Venables saying he killed Bulger and implicating his friend.

"He's a little liar, he's de-

vious, he's a scally, he robs, he plays truant — he's not a murderer." — Mother of Robert Thompson, known in court as Child A, talking about her son.

"You look at him and you say to yourself: 'How could you be involved in anything like this?' On the other hand, you are looking at him and you are saying: 'Well, I know why, because he is so weak.' He did like to be liked and loved to have friends and he has got involved with the wrong person." — Mother of Jon Venables, known as Child B, talking about her son.

"I believe human nature spurts out freaks. These two were freaks who just found each other. You should not compare these two boys with other boys — they were evil." — Sgt. Phil Roberts, one of the policemen who interviewed the boys.

"He is used to it now. He is so traumatized that he looks on it as his sanctuary. I think he is scared of the outside world now." — Laurence Lee, lawyer for Jon Venables, on his client's life in confinement.

"The people here are pure bitter. Those two boys — whatever happens to them will be too good. They should be punished the way they punished that poor baby boy." — Neighbor Denise Cornwell, commenting just after the murder.

"We didn't want to share our sorrow. But now we have good news to tell — that we're going to have a new baby some time in December or January." — Denise Bulger, breaking her public silence in an interview with Hello! magazine, published in June.

# Quebec signs wage freeze with two unions

QUEBEC (CP) — Both sides claimed victory Wednesday when the Quebec government and two of its largest public-sector unions signed a framework agreement after lengthy and contentious negotiations.

The agreement gives the government a two-year wage freeze that saves it \$1.4 billion.

The unions — the Quebec Federation of Labor and the Quebec teachers federation — represent about 150,000 of the province's 370,000 public employees.

They agreed to try and negotiate \$171 million in productivity gains, by cutting overtime and absenteeism, for example. If those gains aren't negotiated, the government can still dock its workers three days of paid leave.

The wage freeze and forced holidays were the essential elements of Law 102 passed last June.

Fernand Daoust, head of the QFL, said the government also agreed to negotiate several

other issues including work conditions, health and safety, insurance and retirement plans.

"I would say the vast majority of employers in North America won't even agree to discuss that, because they say these are management rights," he said.

However, Daoust said the unions would not negotiate government plans to cut public sector jobs as laid out by another bill passed last June.

Under Law 198, 12 per cent of public sector jobs would be cut within five years and 20 per cent of management jobs by 1996.

Daoust said there have already been too many cuts and that all unions would fight any more job losses.

Several Quebec unions have called for a public debate over the law, because they say that reduced staff levels will mean poorer services to the population.

**the Record**

CIRCULATION DEPT. 819-569-9528 FAX: (819) 569-3945  
 KNOWLTON OFF.: 514-243-0088 FAX: 514-243-5155

Randy Kinnear, Publisher ..... 569-9511  
 Charles Bury, Editor ..... 569-6345  
 Lloyd G. Scheib, Advertising Manager ..... 569-9525  
 Richard Lessard, Production Manager ..... 569-9931  
 Mark Guillette, Press Superintendent ..... 569-9931  
 Guy Renaud, Graphics ..... 569-4856  
 Francine Thibault, Composition ..... 569-9931

Subscriptions by Mail:

	GST	PST	TOTAL
Canada: 1 year	\$78.00	5.46	\$83.46
6 months	\$39.00	2.73	\$41.73
3 months	\$19.50	1.37	\$20.87
1 month	\$16.00	1.12	\$17.12

\*Out of Quebec residents do not include PST. Rates for other services available on request.

Established February 9, 1897, incorporating the Sherbrooke Gazette (est. 1837) and the Sherbrooke Examiner (est. 1879).

Published Monday to Friday by The Record Division, Groupe Quebecor Inc. Offices and plant located at 2850 Delorme Street, Sherbrooke, Quebec, J1K 1A1.

Publications Mail Registration No. 1064.

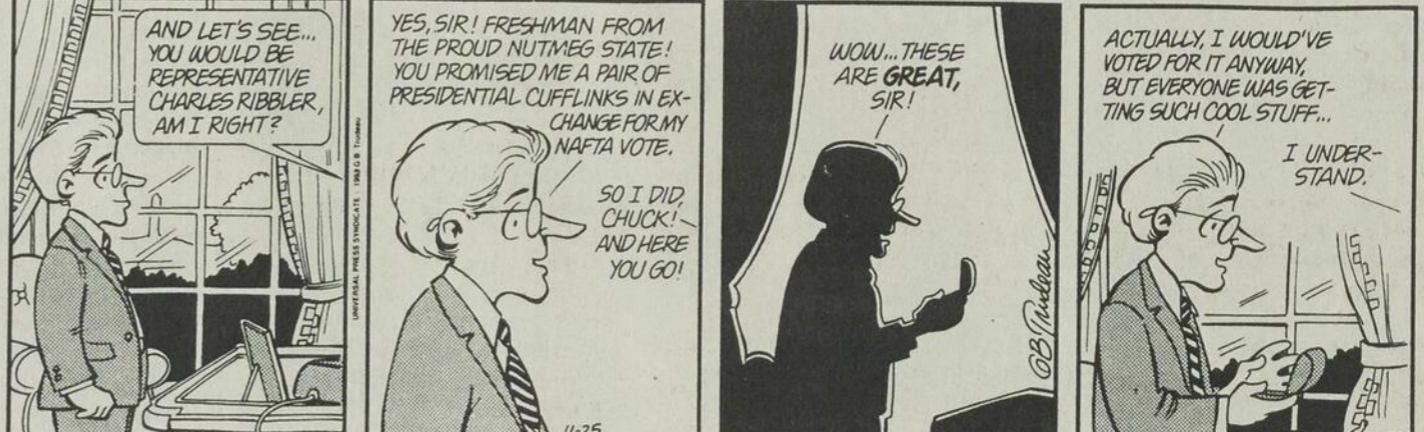
Back copies of The Record are available at the following prices: Copies ordered within a month of publication: 60¢ per copy. Copies ordered more than a month after publication: \$1.10 per copy.

Member of Canadian Press Member of the Audit Bureau of Circulation

## WEATHER

## Doonesbury

Lucky you if your car started this morning. Thursday's high under sunny skies is expected to be a balmy -6. Friday: Sunny, warmer with a high of -1.



BY GARRY TRUDEAU

# The Townships

the  
Record

Modesto Valerio

## Marine Transport captain disappears too

By Ian MacDonald

SHERBROOKE — A warrant has been issued for the arrest of a second accused man missing in the so-called Marine Transport cocaine smuggling conspiracy case.

Modesto Valerio, 36, the Dominican-born captain of the freighter Marine Transport which sank off the coast of Newfoundland in April, 1991, has not been seen since last Saturday.

Justice of the Peace Viviane Thibault issued a Canada-wide warrant Monday after Valerio

failed to return home on Sunday night by his 10 p.m. curfew, Quebec Police Force spokesman Tom McConnell said.

Also missing is Paulin Bolduc of Massawippi, the alleged ringleader of eight others accused of conspiracy to import 1500 kilograms of cocaine into Canada.

A warrant for Bolduc's arrest was issued Nov. 9 after he failed to appear in court two days in a row.

Lawyer Jean-Jacques Rousseau said Valerio was "just about as frantic as you can get" the day the trial was adjourned

Nov. 9 and re-scheduled for Nov. 29.

"He was pretty sure it would be postponed until next spring," Rousseau said, adding that the sailor hasn't seen his family in more than three years because he was at sea for some time before his arrest.

Where has he gone? "I fear the worst, but your guess is as good as mine," Rousseau said. "He either tried to swim back home or went off into the woods."

A Sherbrooke Spanish teacher who said she has become

his friend over the 2½ years he has been in Canada said she too "fears the worst."

"I have no basis to think that way, but it's just not like him," said Evelyn Packwood, who has acted as Valerio's translator since July, 1991.

Packwood said Valerio, the father of a six-year-old boy, "became depressed from time to time" as he waited out the many delays in bringing the case to trial.

In the 31 months since Valerio was first charged April 26, 1991, he has kept bail conditions

restricting him to the St-François judicial district and a 10 p.m. to 7 a.m. curfew.

Valerio has been staying with the family of Sherbrooke Dr. Alain Bérubé since November, 1992.

Bérubé refused to speak to reporters Wednesday.

The trial finally got underway Oct. 18 but no witnesses have yet been heard. It was adjourned because Bolduc disappeared and three of the accused were forced to find new legal counsel after their lawyer, Pierre Morneau, took himself off the case.

The Crown had accused Morneau of being in a potential conflict of interest. Morneau met with Crown witness Paul Larue while Larue was under arrest in a St. Albans, Vt. jail.

The others charged with conspiracy to import cocaine are Daniel Neeson of St-Denis de Brompton, Jacques Delisle of Ascot, Roch Delisle of Sherbrooke and William England of Montreal.

Facing the same charge are Nova Scotians Neil Peters and Roger Denton, as well as Alvaro Rendon of Miami, Florida.

## Inspector: 'It was nice that he had a road under him'

# E.T. Autoroute used for emergency landing strip

By Dan Hawaleshka

EASTMAN — Motorists on the Eastern Townships Autoroute were given a start Wednesday when the pilot of a small plane plagued by engine

failure glided safely into traffic near Eastman.

Novice pilot Pierre Cloutier, 24, was on solo flight out of Valcourt airport at about 2:20 p.m. when his single-engine Cessna

150 stalled at about 2000 feet altitude.

Cloutier, a Deauville resident with about 50 hours of solo-flight experience, said he couldn't restart his engine after an apparent freeze-up of the carburetor.

He said he checked several aircraft controls, including the electrical system, all with no success. "It didn't want to start," Cloutier said.

With little time to think, Cloutier said he had no other option than the highway landing.

### UNEXPECTED

Eastbound motorists along Autoroute 10 made way for him as he glided downward.

"They were very nice with me," Cloutier said. "They let me land."

No one was hurt and no vehicles crashed, though provincial police said one motorist skidded to an abrupt stop. The plane was undamaged.

The pilot said he wasn't afraid and instead immediately went through the necessary emergency manoeuvres. It all happened rather quickly, he said.

Traffic near Eastman was only briefly interrupted as the Cessna taxied onto the highway

shoulder after the emergency landing, leaving one lane open.

Quebec Police Force spokesman Tom McConnell said Cloutier was left with little choice.

### 'BEST IDEA'

"Let's say it's probably the best idea he had," McConnell said.

"It's pretty much a very simple case," said Transportation Safety Board spokeswoman Gayle Conners. "It was nice that he had a road under him."

Cloutier rented his plane from Aéro Club de Valcourt

Inc., which sent flight instructor Jean-Pierre Gutzleu to the landing scene.

Gutzleu pleaded with the QPF to allow the plane to take off from the highway.

"It's marvellous," he said of the straight stretch of highway. "It would have been great (for a takeoff)."

Police said they turned down the offer for safety reasons.

With the engine running again and four QPF squad cars as escorts, Gutzleu taxied the plane to Eastman-Mansonville

Exit 106.

From there the plane continued under its own power along the off ramp to meet Route 245, where the bizarre convoy turned right and made the short trip to Eastman's Crevier gas station.

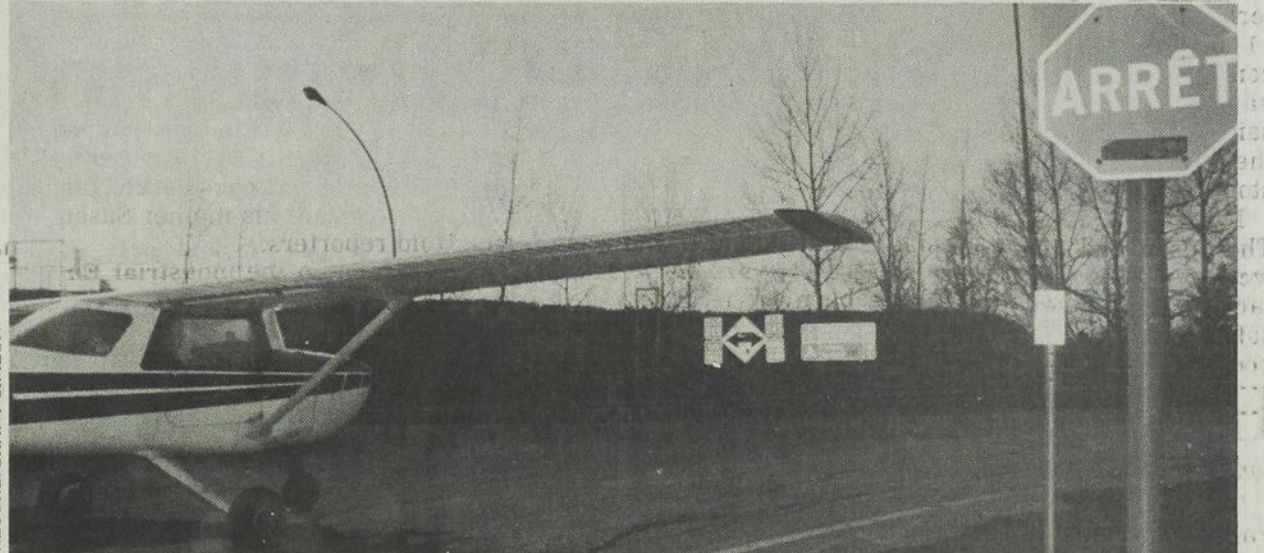
Gutzleu parked the plane in a lot next to Dépanneur de la Pointe.

Police said the plane would likely be towed away by this morning. It is expected that its wings will have to be removed to make the return trip to Valcourt.



Pilot Pierre Cloutier: Motorists 'let me land.'

RECORD/DAN HAWALESKA



The Cessna 150 made the required stop but didn't signal its turn.

## Granby, Knowlton, Bedford:

# Food-service fines for grocery stores, canteen

By Sharon McCully

KNOWLTON — Two grocery stores and a mobile canteen have been fined following visits by an inspector from the Quebec Ministry of Fisheries and Food.

A Proviso grocery store in Granby was fined \$15,000 for three offences which included selling food unfit for human consumption, fraudulent label-

ling, and failing to disclose the ingredients of a product.

Serge Robert, director of inspection for the Quebec region, said the unfit food charge stemmed from samples taken from vacuum-packed ready-to-eat meats such as salami and pepperoni.

Robert said samples taken January 29 and July 2, 1992 both revealed higher than accep-

table levels of bacteria. He said the bacteria usually results from improper handling of the food products during packaging.

"In both cases, the bacteria was at a level that would make an elderly person or a small child sick," Robert said. "It could also cause problems for people with certain medical conditions," he added.

Proviso was fined \$7000 for each infraction in a Superior Court judgement September 14.

The Granby chain was fined \$350 for failing to list the ingredients in the store-packaged meats. The inspector said this is especially important to people who have allergies to certain products.

"This is a serious offence," Robert said. "Every year people die from eating foods they are allergic to." Robert said two additional fines of \$350 each were levied for falsifying

the expiry labels on the products.

He said Proviso was found on two separate occasions to have fraudulently placed a new expiry label on top of another label which indicated the product's shelf life had expired.

Marché Jimmy's Metro in Knowlton received a \$325 fine for a similar offence.

Robert said Marché Jimmy had falsified the expiry labels on vacuum packed meats, falsely extending the shelf life an additional 10 days.

Service de traiteur Beaulah,

a mobile canteen operating in Bedford, was fined \$325 for failing to identify the company by name or owner on the exterior of the vehicle used to sell food products.

Robert didn't know whether the inspections were conducted following specific complaints, or if they were part of a routine inspection.

"Normally we do an inspection after someone gets sick or lodges a complaint — or it could be just a routine check," he said.

## Tombstones overturned

# Lennoxville cemeteries are hit by vandals with 'no purpose'

By Rita Legault

SHERBROOKE — Graveyard vandals have struck for the second time in a week, overturning 24 tombstones in a cemetery on Moulton Hill in Lennoxville.

The vandalism, which occurred at the Malvern and St. Antoine cemeteries across the road from Bishop's College School, left a few tombstones badly damaged, said Reg Reed, president of the Malvern cemetery committee.

"Three or four old ones were damaged," he said. "They're probably not repairable."

Reed said he believes the damage was another act of random vandalism, similar to an incident at St-Michel cemetery in Sherbrooke Monday night when about 100 tombstones were overturned.

"There's no pattern," he said. "It's just plain vandalism."

Father Greg Rickerby of St. Antoine's Church also believes the incident was simply vandalism and not directed at either Catholic or Protestant churches, which have adjoining cemeteries on the quiet site.

"Vandalism seems to be very common, not just in cemeteries but all around," Rickerby said. "It's the same sort of violence with seemingly no purpose that shocks people."

Only three monuments were overturned in the Catholic cemetery, "but they were large and it will take quite some energy to get them back up," Rickerby said.

He added that the cemetery was hit by thieves this summer when a shed was broken into and a small tractor used to

maintain the grounds was stolen.

The tractor was recovered two days later by police.

Lennoxville-Ascot police Capt. Jacques Gagnon said the latest vandalism must have occurred between Saturday, the last known visit to the cemetery, and Wednesday, when it was reported to police.

He said police have no clues as to who may have vandalized the cemeteries.

Reed said he's making a list of the gravestones damaged and will notify families to have them repaired, "if I can find them."

He said some of the damaged tombstones were very old and there may not be any family members left to pay for repairs or replace the badly damaged stones.

## Terrain resembles Bosnia

# West Brome training ground for Armed Forces reservists

KNOWLTON (SM) — Residents of West Brome should not be alarmed this weekend if they spot soldiers wielding weapons in their back fields.

From November 26-28, a small contingent of Canadian Armed Forces reservists will be training in the West Brome region.

The soldiers are members of the Royal Montreal Regiment and with the approval of property owners, will be training on land owned by Donald Soles, Lawrence Pathy, Donald Witham, Col. Rhett Lawson, and Colleen Young.

Lawson said because the rolling hills and valleys of West Brome resemble the terrain of Bosnia where many Canadian soldiers are now stationed, the

soldiers in training will be trained in the art of reconnaissance and standing patrols. They will be wearing combat fatigues and camouflage, and carrying weapons.

From time to time, residents may hear shots from the weapons training. Be assured, says

Lawson, the soldiers will be firing blanks.

Anyone with questions about the training operation should contact Brome lake police Chief Peter Stone at 242-1222, Councillor George Bristol at 263-6176, or Col. Rhett Lawson at 263-5640.

## Marbleton fined for sewage spill

SHERBROOKE — The municipality of Marbleton has been fined \$6000 for polluting.

Last Oct. 25 Marbleton was found guilty of permitting the discharge of untreated sewage into the environment, the Quebec Environment Ministry said in a statement Wednesday.

The household sewage was dumped Sept. 11. Marbleton was given 90 days to pay the fine.

## Shopping close to home

I bought a pair of winter boots the other day. They're really nice: well-made, good-looking and "guaranteed for as long as you own the feet you bought them for." Cute, eh? I thought so too.

I found them in that Canadian-hub of culture and politics called Ottawa — as good a place as any to go shopping, I figured. I went into a busy mall with one of those Foot Locker running-shoe smorgasbords, and almost bought the big brand-name boots made in China — you know, the place where human rights get tossed out the window (but that's another editorial).

The salesman offered his usual bit of unwelcome advice. "Have a look at these," he said, hoisting a handsome boot. "They're made in Richmond, Quebec." Yeah right, I said. Here I am in Ottawa and this guy's talking about my own backyard. Richmond? Really? Yup.

I ended up buying the boots made by Richmond's H.H. Brown. I suppose I could have picked another business in the Eastern Townships to plug, it's just that I needed boots and — well, you know the rest. It struck me how often one has leave the nest, or whatever you want to call it, so that you see what's actually right under your nose.

There are a lot of Townships businesses worth plugging. Artisans here make great stuff. There are manufacturers of all sorts of good goods. Despite what you might read in the news, the Townships really is a place where more stuff happens than just freak airplane landings, drug scandals and the frequent parade of death-and-destruction stories.

I thought this'd be a good time to bore you all with my shopping habits, or more precisely, the lesson I learned from my foray into the nation's capital. It goes something like: if at all possible, and if you can afford it, try to buy Eastern Townships products. Christmas is coming and local industries could use the boost. Things are tough all around, but shopping close to home is worth the effort. I know I've learned something, even though it took a while.

**DAN HAWALESHKA**

P.S. I love these boots.

## Canada should send message: all are equal

*Prakash K. Sandhu of Surrey, B.C., says officials at the Canadian Embassy in New Delhi showed bigotry in assuming her father would try to stay in Canada if he were permitted to visit her. From a letter to the Link, an Indo-Canadian community newspaper in Vancouver:*

Recently, my husband and I went to India to visit our families. I wanted to bring my elderly father to Canada to visit me, his other child and his five grandchildren here.

But the Canadian Embassy in New Delhi had other notions. An officer denied him a visitor's visa on the grounds that his intention to come to Canada was to live here permanently.

The officer patronizingly told us that if he wants to see his grandchildren, they can go to India to visit him. So we should purchase six airline tickets instead of one. Finally, she said that we could apply for resident status for my father, as is permitted under current legislation.

My father does not want to live in Canada. That is why we applied for a visitor's visa. I wanted him to see my home of the last three decades.

I understand that many people abuse the immigration system, Indians among them. But to systematically make the assumption based on his origin, that my father is lying to the authorities and intends to reside in Canada permanently, is bigotry.

If the Canadian government wants all citizens to cherish and respect this country, they should be sending out the message that all are equal in its eyes and that Canada is not only a house to reside in, but their home.

*From What Canada Thinks, a regular feature of The Canadian Press*

## Today in history

By The Canadian Press

The largest earthquake to hit eastern Canada in more than 50 years occurred five years ago today — in 1988. The quake, measuring 6 on the Richter scale, was centred near Chicoutimi, Que., and felt as far north as Sault Ste. Marie, Ont. No deaths or injuries were reported, but it shattered windows and shook buildings from the Maritimes to Michigan.

Also on this day in:

1914 — Baseball player Joe Di Maggio was born in Martinez, Calif.

1967 — Walter Weir was elected new leader of the Manitoba Progressive Conservative party, succeeding premier Duff Roblin.

1992 — The Czechoslovakian parliament approved division of the country into two nations.

## Use of corpses in crash tests defended

BONN (CP) — Heidelberg University said Wednesday it will prove it got relatives' consent to use corpses in car crash tests partly financed by Washington.

The university and a U.S. official defended the research as vital in the effort to make cars safer.

Car crash tests using human corpses are also being conducted at major universities in the United States, a top scientist involved in the testing said Wednesday.

The bodies of 200 adults and eight children were used in car safety research at Heidelberg since 1975.

Klaus von Trotha, research minister of Baden-Wuerttemberg state, has not ordered a stop to the tests. But he told Heidelberg to deliver a report on how many tests were conducted and to prove relatives gave permission for use of the corpses.

"Our constitution guarantees freedom in scientific research.

But the constitution also guarantees the protection of human dignity," Trotha said on German television. He said he had not known of the research before he read about it in a newspaper story Tuesday.

The university will comply with Trotha's order, but it has no intention of suspending research using adult bodies, spokesman Michael Schwarz said. He said tests with children's corpses ended in 1989.

German law permits the use of

cadavers for research as long as relatives' consent is obtained.

In Detroit, the scientific director of Wayne State University's bio-engineering centre said tests with bodies have been going on for 50 years. Albert King said he supervises about a dozen crash tests using corpses each year.

The costs of the tests are paid for by the U.S. government, Ford and General Motors.

In Washington, an official at the National Highway Traffic Safety Administration said tests on corpses give important information on impact injuries that cannot be obtained other ways.

"We need that type of data to find out how people are injured in crashes, to know what areas of the body are injured under what conditions," said George Parker.

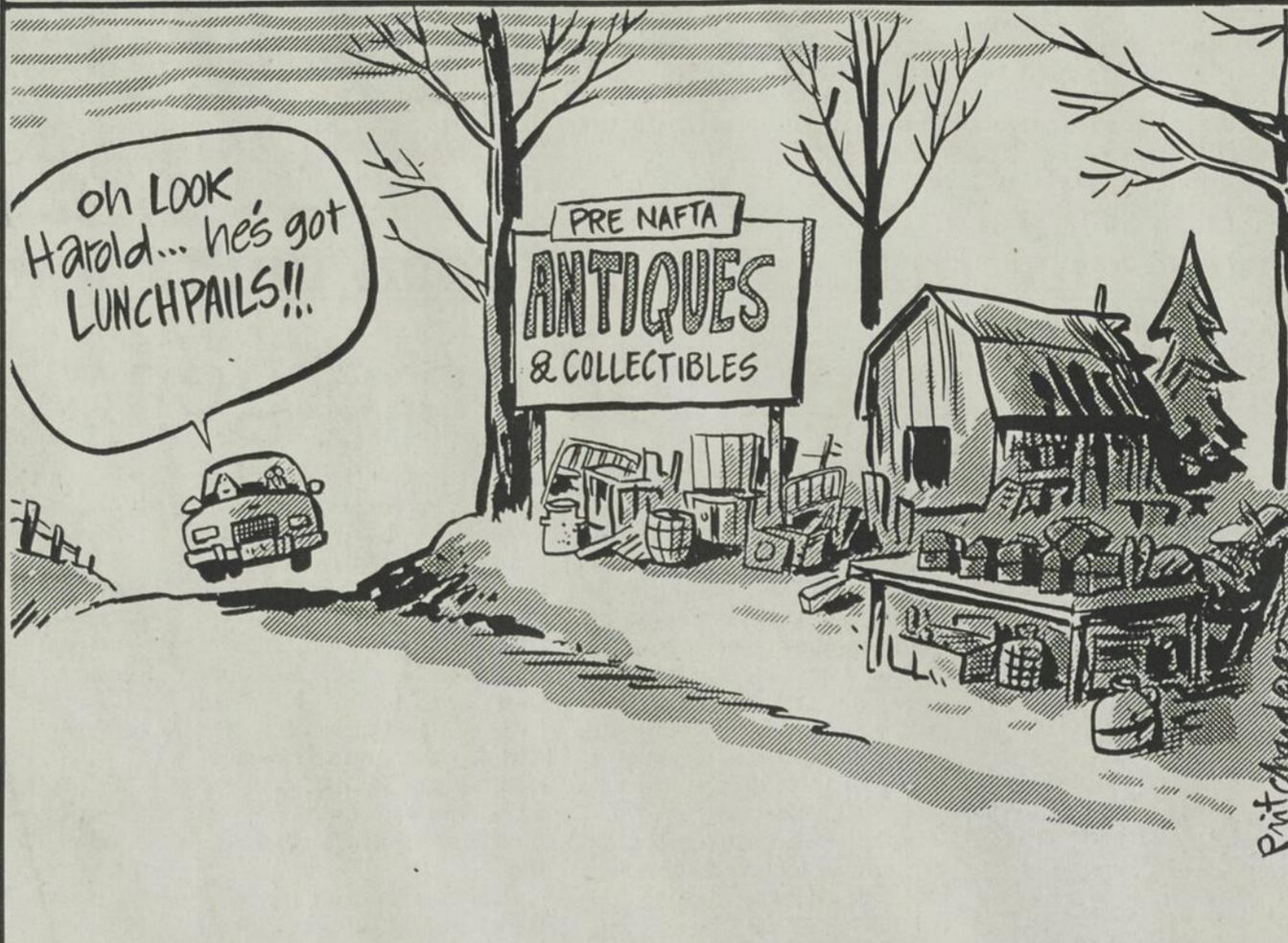
The information is then used to set measuring devices on crash dummies that help test what happens when new car models crash.

"If you didn't do this testing, you wouldn't know what limits to put on dummies for crash tests," he said.

Parker said his agency finances some of Heidelberg's research as well as similar tests at the university of Virginia, spending about \$2.5 million US a year on such work.

Schwarz said the research on crash injuries conducted by the school's forensic pathology institute has saved lives.

"This is a completely normal matter for the researchers involved, but apparently some people don't like thinking about life and death," Schwarz said. "I suspect this sensitivity has something to do with Germany's past."



## Cubans say exile mercenaries shot JFK

HAVANA (Reuter) — A documentary shown on Cuban television starting Wednesday reports Cuban security services can prove U.S. President John Kennedy was killed by two Cuban-exile mercenaries.

An article in Granma, the official organ of the Cuban Communist party, said the show will also show the CIA, U.S. industrialists, the Mafia and Cuban counter-revolutionaries were involved in killing Kennedy in 1963.

The comments came in a review of the three-part television documentary.

"Is it not disconcerting and surprising to find out that... Cuban

security can prove that (Lee Harvey) Oswald was not the lone shooter but (that) it was two Cuban mercenaries who fired against Kennedy that Nov. 22 in Dallas?" the newspaper said.

The newspaper gave no details of what proof Cuban security might have.

Granma said the three-part television documentary series focuses on details of six plots to kill Cuban President Fidel Castro in the 1960s and drew on accounts provided by Cuban Gen. Fabian Escalante Fort, linked to Castro's personal security from 1960.

"More than the story of these six attempts, the series seeks to

show the connection — which there always was — between the CIA, North American industrial circles, the Mafia and Cuban counter-revolutionaries at the point of putting together this chain of attacks, part of a huge conspiracy which would reach its climax with the assassination of Kennedy," Granma said.

It also did not say whether such proof would actually be shown in the television series, called ZR-Rifle, directed by Brazilian Marco Antonio Cury and scripted by Cuban Marcel Llaneras. ZR-Rifle was the name of a CIA program to prepare assassination attempts against Castro.

Granma said the new television series, to be shown over three evenings to Friday, will throw new light on assassination plots against Castro, revealing new facts.

It noted there has been fresh interest in plots against the Cuban leader since earlier this month when the CIA released a 133-page report from 1967 in which it gave its most complete account yet of schemes to kill him.

The CIA report had been widely cited previously. But its declassification gave a full insight into details of the schemes, such as poisoned cigars and poison-tipped ballpoint pens.

## Native move hits racist roadblock

*An Indian band's plans for two blocks of land in Fort Qu'Appelle, Sask., have touched off a dispute with increasingly nasty racial overtones.*

By Chris Wattie

FORT QU'APPELLE, Sask. (CP) — Noel Starblanket's normally cheerful face darkens whenever he talks about his band's fight to create a tiny pocket of reserve land in the heart of this quiet tourist town.

The band has come up against a "South African mentality," Starblanket says, angrily scuffing the sidewalk in front of the former post office building at the centre of the dispute.

"They don't want Indians on Main Street — we can come to town to spend our money, but we aren't allowed to stay, we aren't allowed to own land.

"That's what's going on in this town."

Indians and whites have always been slightly uneasy neighbors in Fort Qu'Appelle, a predominantly non-native community 70 kilometres east of Regina.

The town of 1,900 is all but surrounded by a dozen of Saskatchewan's largest Indian reserves, including Starblanket's Sioux band (named the Starblanket band, after a distant ancestor of the former chief).

### RACIAL OVERTONES

But the band's plans for two blocks of land it bought from Ottawa in 1989 have touched off a dispute with increasingly nasty racial overtones.

Anonymous callers have spouted obscenities, racial slurs and insults into Starblanket's answering machine since he began heading his band's efforts to turn the

small downtown plot into reserve land.

The short, barrel-chested farmer and businessman says he's determined to press ahead and turn the empty post office into an office complex for native-run businesses.

"I deal with this kind of racism every day of my life," he says, shrugging his massive shoulders. "It's everywhere in this society — I don't think racism is just rearing its ugly head in Fort Qu'Appelle.

"Still hurts though."

The Starblanket band isn't the only native group finding roadblocks thrown up in front of land claims in small towns.

The municipal council in the small rural township of Onondaga, near Brantford, Ont., recently passed a motion asking Ottawa for compensation for a recent expansion of a local Iroquois reserve.

The council also called for a halt to further additions to the Six Nations reserve until "the concerns of all Canadians are addressed."

The Association of Municipalities of Ontario says at least two more Ontario bands are considering expanding. Because reserve land isn't taxable, such expansions worry local governments that already face a dwindling tax base.

"This is going to be an issue for many municipalities in the future," says association spokeswoman Evelyn Ruppert.

And a growing number of Saskatchewan bands are looking

to expand the boundaries of overcrowded reserves under a 1992 agreement with Ottawa and the province.

The agreement allows Saskatchewan bands to expand their reserves as compensation for lands they were cheated out of when they signed treaties with Ottawa around the turn of the century.

When Indian bands around Prince Albert, Sask., bought property under a similar arrangement with Ottawa in the 1970s, the move created a furor. Under the current agreement, land acquisitions are expected to soar — and that will likely mean more conflicts between Indians and non-natives, says one provincial official.

"People will raise all sorts of concerns — taxation problems, housing values," says the Indian and Metis Affairs official, who asked not to be named.

"But what it all comes down to is not wanting Indians in their town. It's institutionalized racism."

Under the 1992 agreement, Saskatchewan bands are entitled to buy up to 680,000 hectares of land — an area larger than Prince Edward Island — to add to their reserves. That would almost double the area covered by reserves in the province.

At least two bands have expressed interest in land in downtown Saskatoon. Starblanket says they should prepare for the same problems he is facing.

"Most bands that are buying land are going to run into this kind of thing," he says. "And there's going to be more of it."

The effect of adding property to

reserve land is to remove it from local jurisdiction. In lengthy negotiations with Fort Qu'Appelle's town council, however, the Starblanket band agreed to pay property taxes and observe bylaws, so the band's goal may have more symbolic value than anything else.

The negotiations came to a halt earlier this month when more than 300 town residents signed a petition calling for a referendum on any agreement with the band.

### MAYOR OPPOSED

Mayor Fran Hahn did not return phone calls, but she told the town's weekly newspaper the petition was "counter-productive, and I don't see what purpose it'll serve."

Despite the mayor's opposition, the council approved a vote next month on whether to hold a referendum. The Indian band gave up on negotiations and has asked the federal Department of Indian and Northern Affairs to unilaterally declare the land a reserve.

"We've got companies ready to move into that building... and they're talking about fooling around with us for another year or more," Starblanket snorts disgustedly.

"Forget it — we're going ahead."

Federal officials would not comment on specifics of the dispute.

Starblanket insists the fight over the land hasn't left him bitter. "I don't want to put this community down — there are a lot of good people in this town.

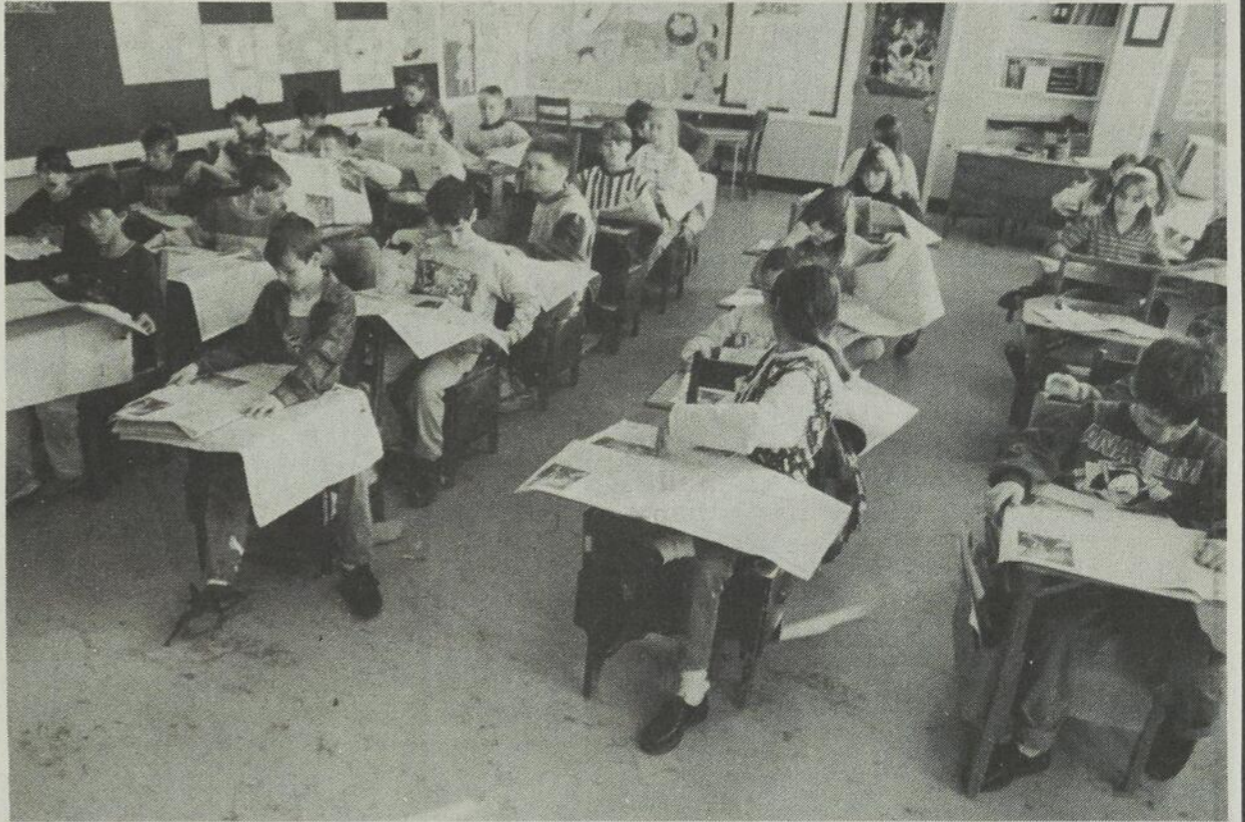
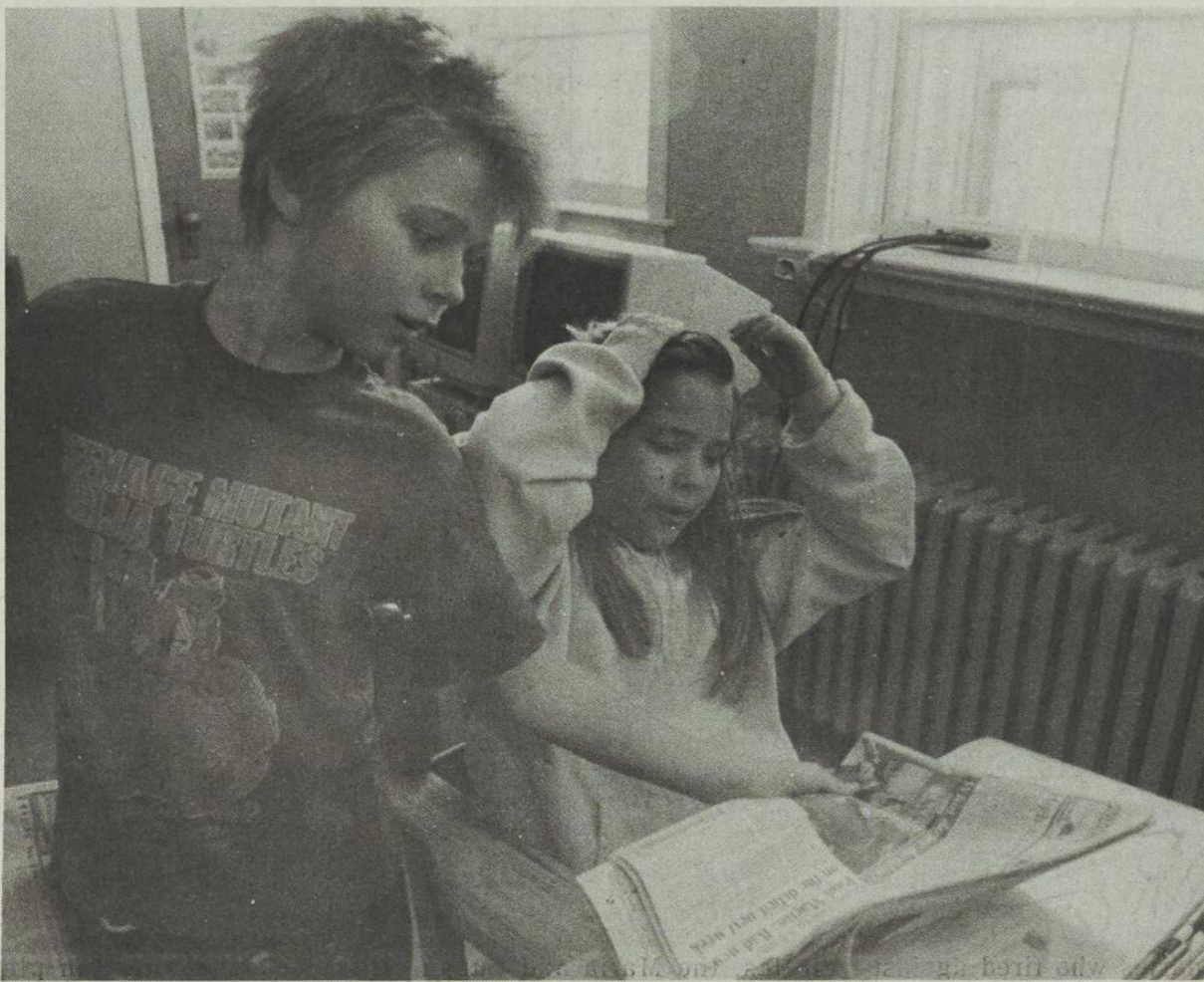
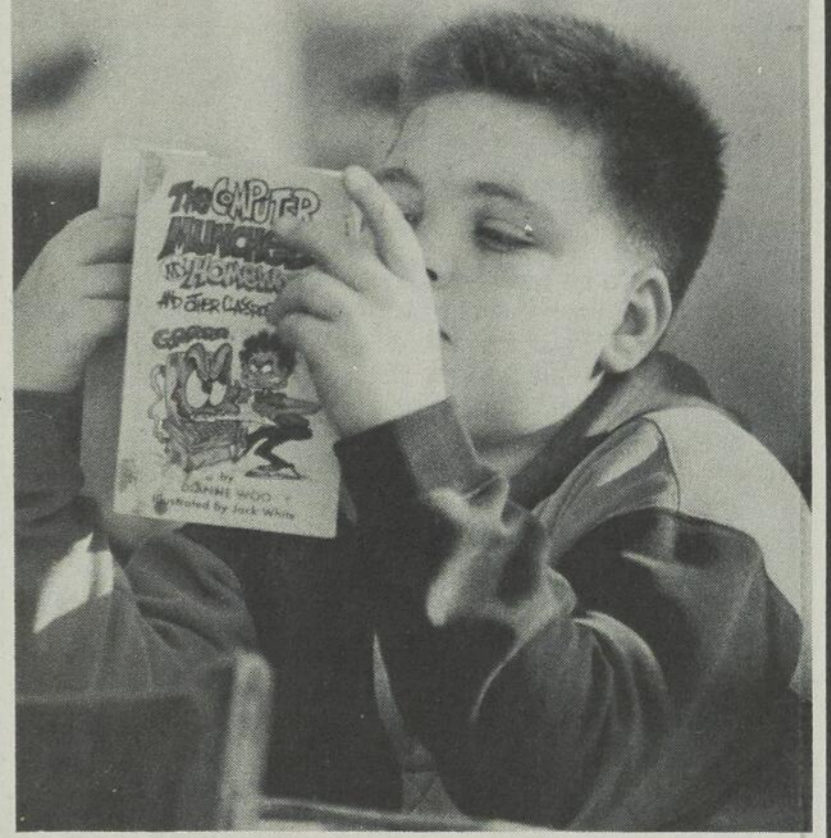
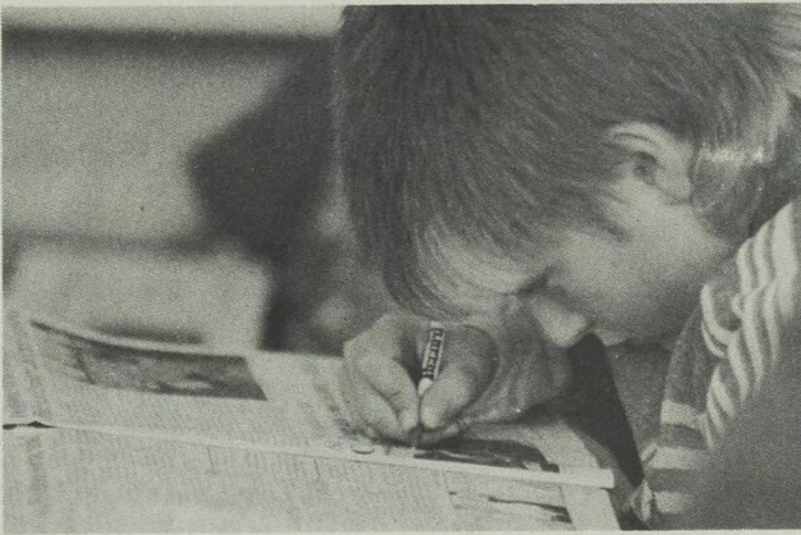
"But there are a lot of ignorant people too — people with their head in the sand."

# Lessons: Putting together the St. Francis Times



Record reporter Rita Legault was on hand at St. Francis Elementary School in Richmond Wednesday to give the children in Susan Boyer's Grade 5 class some tips on how to put together a newspaper. Among other things, the students learned the five Ws of reporting: Who, What, When, Where and Why. Over the next few weeks, the students will be learning the H—for How—that goes with the Ws, as they put their new-found knowledge to the test and produce their own paper, to be entitled the St. Francis Times.

Photos by Grant Simeon



## 'There are kids that are actually going hungry' Child poverty is still a big problem for Canada

By Helen Branswell

OTTAWA (CP)—Canada got an F on Wednesday for its efforts to end child poverty.

Another 250,000 kids fell below the poverty line from 1989 to 1991, a 30 per cent jump, said an organization that monitors the federal government's performance in this area.

That means that as of 1992, 1.2 million children — nearly one in five kids under the age of 18 — was poor, Campaign 2000 said in its annual assessment of how Canada is doing in living up to a 1989 all-party parliamentary resolution to abolish child poverty by the year 2000.

"Let's go beyond statistics here and recognize: There are kids that are actually going hungry," said Lynne Toupin, executive director of the National Anti-Poverty Organization, one of 45 groups that make up Campaign 2000.

"There are kids that are living in sub-standard housing.

And there are a lot of frustrated parents out there who cannot respond to the needs of their children."

"Not only are we losing the fight against child poverty, it appears that we're no longer even engaging in the battle," said Rosemarie Popham, Campaign 2000's national coordinator.

The report suggested child poverty in Canada is worse than in most industrial countries. And it shows Canadian spending on income-support programs like welfare is below that of the Netherlands, France, Sweden, Germany and Britain.

Campaign 2000 demanded that the new Liberal government make fighting child poverty a priority. And it called on the government to sit down with groups involved in the fight to map out a plan of attack.

With so much focus on controlling the federal deficit,

social policy advocates are clearly worried that things like the battle against child poverty will be sidelined.

When the new government considers how to improve the country's finances, it shouldn't automatically target social programs, said Patrick Johnston, executive director of the Canadian Council on Social Development.

Instead, Johnston said, the government should examine tax breaks like RRSPs and child-care deductions that let Canadians shelter money from the tax man. Those programs cost the federal treasury \$20 billion a year, and some taxpayers don't need the breaks, he said.

"The irony is a lot of those programs benefit upper-income Canadians most of all. So in fact, what we're all doing as taxpayers is we are subsidizing the RRSP of Conrad Black."

The report based its figures

on Statistics Canada's low-income cutoffs, which mark the income levels below which families are spending a disproportionate amount of their income on food, shelter and clothing.

The cutoffs vary depending on family size and community size.

Some contend the low-income cutoffs aren't a good measure of poverty, because they don't assess whether people who live below them can meet their basic needs. Instead the cutoffs assess how those people fared in comparison to those who are better off.

Popham shrugged off that criticism.

"No matter what standard you're using, in Canada if you're a poor kid, you've got twice the chance of dying before the age of 30 days," she said. "You've got twice the chance of dropping out of school, twice the chance of developing chronic health pro-

blems.

"These are not playing with figures. These have incredible impact for these kids."

Toupin dismissed the suggestion that, with a troubled economy, Canada is past the point where it can afford to fight child poverty.

"I know we have limited means. But in the past, there have been policies in place to help different sectors of society overcome poverty," she insisted.

"We did it with seniors. What we're saying today is we've got to do it with kids."

### Facts & figures:

OTTAWA (CP) — Some facts on child poverty in Canada, from Campaign 2000's annual assessment of the problem:

- In 1980 there was one food bank in Canada. In February 1993 there were 436.

- About 900,000 children had to use a food bank at least once in 1992, up from 700,000 in 1991.

- The poverty rate among children in single-parent families was 61.8 per cent in

1991. It was 11.6 per cent among children in two-parent families.

- Manitoba had the highest child poverty rate in 1991, 26.9 per cent.

- The lowest child poverty rate was 14.5 per cent, in British Columbia and Prince Edward Island.

- Nearly 13 per cent of poor 16- and 17-year olds dropped out of school in 1991, compared with 5.1 per cent among non-poor teens.

# Living

the  
**Record**

## Single mothers far from being tramps

**Dear Ann Landers:** It has taken me months to calm down after reading that letter from "Legitimate Moms." These self-righteous women who resent single mothers make me sick.

I am a 38-year-old single mother who was young and foolish, but I am not a tramp. I have struggled emotionally and financially to raise my son with good values. He has learned to respect people from all walks of life, and he treats everyone as he would like to be treated.

While working two jobs to support my son, I returned to college to earn my degree. I taught him the value of hard work, the importance of education and that all dreams are possible.

My son has morals and values way beyond those of the average teenager. At 18, he has accomplished more than I imagined possible. He worked through high school, volunteered for community events, participated in high school clubs and ran a small part-time business of his own. He has several scholarships and is listed in "Who's Who Among American High School Students."

So, Mrs. "Legitimate Mom," who set an example for my son? Does this sound like an immoral, valueless family? My "mistake" or "accident" turned out to be a gift from God, and I made the best of a difficult situation. I am proud of what I have done with my life, and if I had it to do over again, I would do it the same way, with no regrets.

**DEAR MASS:** You sound like a woman who has raised a splendid young man. I'm sure he is as proud of you as you are of him. Six cheers -- three for each of you.

**Dear Ann Landers:** My sister-in-law, "Marilyn," has one of the prettiest singing voices I have ever heard. She sang at my wedding and sounded wonderful.

When my sister began making

wedding plans, my husband and I asked Marilyn if she would sing at the ceremony. She agreed, and my sister was thrilled. Marilyn lives far away, and neither she nor my sister could afford her plane ticket, so my husband and I volunteered to pay for her transportation.

## Ann Landers

Two weeks before the wedding, Marilyn was offered \$3,000 to sing in a professional production on the same date as my sister's wedding. Understandably, she decided to accept the offer, which left my sister with no singer. She also left my husband and me with a non-refundable plane ticket in her name. Marilyn can still use this ticket as a credit toward another purchase.

Should we give the ticket to her since we offered to pay for it in the first place, or should we ask Marilyn to pay for it? The money isn't an issue since we can afford it. What do you say? -- PUZZLED IN ALABAMA

**DEAR PUZZLED:** The ticket was a gift to your sister. It was not intended to be a present to Marilyn. Since only Marilyn can use it, she should pay for it.

**Dear Ann Landers:** I just had a baby boy, after two girls. The comment I've been hearing repeatedly is, "Your husband must be so proud." No one ever said that to me after my two girls were born.

The comment that took first prize was the one my Neanderthal brother-in-law made after his daughter was born: "I'll trade you."

Can you believe it? -- PROUD OF ALL MY CHILDREN

**DEAR PROUD:** Someone should tell the man that it's the father who determines the sex of the child.

## Social notes

### Best wishes

Happy 64th to Paul Van-Tilborgh  
Today is your special day  
Best wishes for a very happy birthday

from Christine

### 40th wedding anniversary

A 40th Wedding Anniversary Tea in honor of Wayne and June Little will be held on November 27, 1993 from 2:00 - 4:00 p.m. at the Beulah United Church hall, in Ayer's Cliff. All are welcome. Best Wishes Only. Wayne and June were married on January 9, 1954.

### 45th anniversary wishes

Happy 45th anniversary to Mr. and Mrs. Richard Davis, South Bolton, Que., on November 25 from the family.

### 65th wedding anniversary

Congratulations to Mr. and Mrs. Kenneth Fraser who will be celebrating their 65th wedding anniversary on November 28. Love and best wishes from family and friends.

## To my father, the Mayor

By now, most everyone has given you their congratulations and wished you luck in becoming Mayor. So have I. But I want you, and all who read this article to know that I am so very proud of you. You are a wonderful person and a terrific father. You have a heart of gold that gives without limits, and that, Dad, is something very few people possess. Someone once told you that if Grampa and Granny were alive today, they would be proud of you. I hope you believe that, and I hope you realize, everyone who knows you is proud of you too.

Love from your daughter.

# When is a bargain a bargain?

Are you a bargain hunter? I am an inveterate one and don't intend to be cured. Hunting for bargains is fun. What constitutes a bargain? A general definition eluded me, simply because each bargain seeker thinks about bargains differently from the next one.

If the "great hunt" is a disease, it is not only incurable, but also as old as time itself.

Luella Creighton wrote the book; THE ELEGANT CANADIANS; in it she quotes a young lady of the 1860s: "I bought an Opera cloak paid 8½ dollars for it, it is very pretty. I am sewing the trimming on my velvet jacket." Obviously, that young woman thought that she got a good buy.

Helen Rose in the 1950s, after designing innumerable fantastic clothes for the ladies of the motion industry, became a fashion designer. Later she would write: "I had seen the 'dailies' of 'Cat on a Hot Tin Roof', and had no doubt that the white chiffon dress was perfect especially for Elizabeth (Taylor). But I had made many similar to it, it seemed like just another short, chiffon cocktail dress. Yet somehow this dress seemed special, so I decided to adapt it for commercial use.

### MASTERPIECE

"The 'cat' dress was adapted for all sizes from six to sixteen. Women were wearing short evening gowns and I had been told there was a need for this kind of dress. The dress for the film was a masterpiece of delicate draping which could not possibly be put into a commercial product. I gave the dress to Kathryn McMillan,

a lady with golden fingers, and told her to simplify the construction so that we could wholesale it for \$125.75 (retail for \$250). This was expensive, especially in 1958."



"Within a few days... every woman who could afford \$250 apparently wanted to look like 'Maggie the Cat'..."

There is a PS to the story of the "Cat" dress. The dress not only assured me of financial success for several years, but eventually it was "knocked off" (a term in the garment business that means copied) by another manufacturer who used an inexpensive non-silk chiffon and was able to wholesale it for \$26.75.

Apparently that special dress made, "the very thin, curvaceous and seductive, the plump svelte; it made the tall graceful, and the short felt tall in it." Is that not a bargain of the bargains?

Fashion authority Mme Dariaux reflected on the subject of "Bargain" in the 1960s.

"It is seldom possible to recognize a bargain at the time you buy it, because the true cost of a garment is not necessarily the sum that is marked on the price tag. In order to figure out how much it really cost you, you would have to take this price and divide it by the number of times you wear the article in question, and then ac-

cord generous bonus points for the pleasure, self-confidence and elegance it may have given you. All of which is complicated—if not impossible—calculation, but one which your husband understands very well, for he calls the process 'amortization'."

"There are no handy rules to guide a woman in her quest for bargains but personal experience has taught me that love at first sight is usually more successful than a marriage of reason. At any rate, each time that I have bought something because it was a sensible purchase I have worn it very little."

Men at the top of the corporate ladder once used their wives to show off their good taste and enhance their own masculine sense of value. Bargains, except in rare cases, could not be considered by those women. However, even this scene was changing in the 1970s when Rosabeth Moss Kanter wrote MEN and WOMEN of the CORPORATION.

### PERFORMANCE

"The public relations department might even stage-manage the performance of the leader and his wife; when Dolle Ann Cole, wife of a General Motors president, wrote that PR departments no longer tell the wife what to wear and what to say, she made it explicit that they once did..."

Today's lifestyle influences largely what is a bargain for you.

Remember the adage, "Pretty is as pretty does"? Bargain is as bargain does, also! If blue jeans are not worn by anyone in

your milieu then no matter how good a buy one is, it is not a good buy.

Do you work in an office? I have a friend who got a great find in several of the finest quality Shetland Wool skirts at a garage sale in a good neighborhood. It is one of my pastimes to watch for nice garage sales, especially when visiting places out of town.

My mother used to say, "You get what you pay for." Yes, that is true but only partly. When you watch for sales you could get the same article for much less than you would have paid for in peak season.

When newly purchased, almost any item of clothing does not forecast its own longevity. You may one day put on a dress or a skirt and realize, "This does not owe me anything; I have worn it for years and I still like it, feel comfortable in it, and find it attractive."

On the other hand, one could run the danger of falling into the trap of impulse, and end up in a situation described by Mme Dariaux:

"But I do not expect... sobering facts to dissuade any woman from trying her luck, for bargain-hunting seems to be an innate feminine instinct. You may even get a good deal of satisfaction out of the sales, providing that you are armed with lots of courage and the willpower to resist the temptation of some darling little outfit which in the end is terribly expensive when you realize that, while it may have cost you 'nothing', it is worth practically nothing to you."

Happy hunting.

# Therapy helps people find tools to cope

By Marlene Habib  
The Canadian Press

For a growing number of Canadians, life's problems are addressed in a therapist's office.

Trouble is, many people can become confused and stressed out trying to determine if they need therapy and then looking for qualified help.

"One of the goals of the psychological profession is to break down the stigma that only crazy people look for shrinks," says Michael King, head of the psychology department at Calgary General Hospital.

More than 60 per cent of Canadians who seek the help of medical doctors for physical ailments are suffering from illnesses related to stress and other mental problems, says King.

As a result, an increasing number of patients are undergoing counselling by doctors, or are being referred to psychologists and other mental-health specialists.

### NEEDS HELP

"Seeing a psychotherapist is really just a matter of a patient needing someone to help them find the coping tools to go on," says King.

There are no set standards for becoming a therapist or counsellor in Canada or the United States. That means just about anyone can hang a therapist's sign on their door.

"People need to become more informed about how to choose a qualified therapist," says Joseph Byrne, a psychologist at the IWK Children's Hospital in Halifax.

Natalie Skaff, a 22-year-old office worker in Windsor, Ont., didn't know where to turn after her father died last spring.

She confided in a co-worker who had been helped by a psychologist.

"I was so mixed up inside over everything," says Skaff. "I kept thinking I was depressed about my father's death, about guys, about being trapped at home with my mother and fighting with her."

Skaff paid a psychologist \$64 for each of five one-hour sessions.

### FOUND HERSELF

"My psychologist helped me find myself. He just knew the words to use that made me think. Instead of recommen-

ding I leave my mother during an argument, for instance, he urged me to stay and work out the problem. That helped me free myself of that trapped feeling."

Keith Dobson, president of the Canadian Psychological Association, says depression is the leading reason people seek therapy.

"Talking to friends and family about problems isn't always the answer," says Dobson, a psychology professor at the University of Calgary who specializes in treating depression.

"Everybody has the blues. The issue is to what degree. . . . And there's only so much a friend or support group can do for you. They don't have the training, for instance, to determine a person's genetic and biological background, which may be necessary to finding the root to problems."

### CREAM OF CROP

In Canada, psychologists and psychiatrists are considered the cream of the therapy crop because they must undergo years of university and interning.

Psychiatrists are medical doctors and are covered under provincial medicare plans. Psychologists are covered under some private and company insurance plans.

Social workers, general practitioners and other therapists also offer counselling.

Byrne and others recommend calling provincial branches of the Canadian Psychological Association based in

Hull, Que., and the Canadian Psychiatric Association based in Ottawa to find a therapist who specializes in specific problems. The Canadian Registry of Health Service Providers in Psychology is another helpful guide.

King also suggests asking friends or family to recommend therapists they may be seeing.

"Don't be afraid to ask what area of expertise that therapist specializes in to see if it's what you want, or to get a second opinion from another therapist if the first one you see doesn't seem to be helping."

### DIDN'T HELP

It took Carol, a Toronto teacher, a year to realize that her therapist — a social worker who did counselling on the side — wasn't helping her deal with the stress related to having an affair with a married man.

Carol, who didn't want her last name used, paid the female social worker \$50 an hour for weekly visits to talk about why she couldn't get up the courage to break off the relationship.

"Sure I talked to my friends about this guy, why I wouldn't date anybody else even though he'd be with his wife every weekend," says Carol, now 35. "But I thought it would be good having a neutral party to talk with, and that's why I went to my therapist."

"But she would basically just listen and nod her head and ask me questions the odd time. The last straw came when she stopped a session with me to take a

call from her interior decorator."

Research indicates that most people involved in psychotherapy for at least a few sessions will benefit, says King.

### IMPROVE FASTER

"Although some clients do improve on their own, in comparison, those in therapy improve more and at a faster rate," U.S. psychologists Susan Whiston and Thomas Sexton write in a trade journal.

But because of long waiting lists for Canada's 4,000 psychiatrists and 12,000 psychologists, many people in need are forced to seek out therapists who may take quickie courses on dealing with serious problems, say psychologists and psychiatrists.

There are provincial regulatory bodies that hear patient complaints about psychologists and psychiatrists. In Nova Scotia, for instance, there's the Board of Examiners in Psychology.

King says most people should expect to get a handle on their problems after anywhere from one to five sessions.

The longer a person is in therapy, "the more likely they are to stay in therapy," he adds.

"It's important to distinguish between problem-solving therapy and therapy to help a person who says, 'I've been screwed up since I was a kid and need something to turn my life around.' This obviously can't be cleared up in two or three sessions."

**Pre-Christmas Sale**

Reduction from **30%** to **40% off**

Watches, Clocks & Diamonds  
Gold & Silver Jewellery

Jeweller **w. Enslin INC.**  
New Address:  
71 King East  
Sherbrooke  
Tel: 346-2215  
Parking corner King & Bowen

## Tips for choosing a therapist

By The Canadian Press

Tips for choosing a psychotherapist, from various medical and mental-health specialists:

**REASONS FOR SEEKING THERAPY:** Feeling vulnerable, anxious, depressed and suffering from low self-esteem largely because of stress, a generic term for a range of problems stemming from work, family, death, abuse and other areas.

**HOW DO YOU KNOW YOU NEED ONE?:** If speaking with family, friends and support groups doesn't help and feeling down starts interfering with everyday life — including work, relationships and social life — or causes health problems such as high blood pressure, eating disorders and headaches.

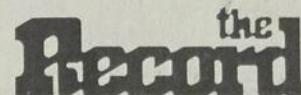
**WHERE TO GO:** There are no set standards for becoming a therapist in Canada. Provincial

branches of the Canadian Psychological Association and Canadian Psychiatric Association, as well as the Canadian Registry of Health Service Providers in Psychology, can recommend therapists dealing with specific problems. Ask friends, family and co-workers for names of therapists who have helped them. Family doctors may also know good therapists.

**QUESTIONS TO ASK THERAPIST:** What approach will he take? What experience and training does he have? What are the fees?

**FEEES:** Psychiatrists are covered under provincial medical plans. Psychologists and other therapists — charging upwards of \$50 an hour — may be covered under private and company insurance plans. Welfare and social service agencies may refer people to therapists at little or no cost depending on their incomes.

# Farm and Business



'We'll only have to lay off between 400 and 500'

## Royal Bank job cuts cause uncertainty, pain

By John Davidson

MONTREAL (CP) — The Royal Bank Group announced Wednesday it will chop a total of 4,100 jobs next year from Canada's largest bank and its new subsidiary Royal Trust.

About 3,000 of those job losses will come at the bank's main offices in Toronto and Montreal, as well as branches across the country. A handful will be in international offices.

In addition, 1,100 jobs will be cut at Royal Trust which was officially acquired by the Royal Bank in September.

However, president John Cleghorn stressed that the elimination of 4,100 jobs within the group does not mean an equivalent number of people will be laid off from the total workforce of 53,000.

"We have already eliminated 3,000 positions in the past

two years and that only translated into the actual layoff of 400 people," said Cleghorn.

### UP TO 500 CUT

"Of the 4,100 job eliminations planned for next year, we expect we'll only have to lay off between 400 and 500 people at both the bank and Royal Trust."

Cleghorn said roughly 2,500 people per year quit or retire from the bank, creating openings for many employees whose jobs have been eliminated.

In addition, another 1,000 people could be enticed to leave through early retirement packages, freeing up an equivalent number of jobs.

"While only a small percentage of our staff will be affected by this restructuring, we recognize it may still cause short-term uncertainty and pain for some of our people," said Royal Bank chairman Allan Taylor.

At the bank's Montreal headquarters in Place Ville Marie, employees had already been

given the news.

### RUMORS FLY

Bob Croft, an employee with the bank's messenger service, said rumors were flying last week but people were reassured when the announcement was finally made. "We'll see what happens," said Croft, 52.

"We were expecting it," said Nicole Gauthier, a secretary with six years experience at the bank. "But it would really surprise me if very many people were laid off here."

There were other bleak announcements in Canada Wednesday concerning jobs and the economy.

- In Toronto, Coca-Cola Ltd., Canada's largest soft drink bottling company, said 265 salaried employees and 295 hourly positions will be cut from its workforce of 4,300.

- The province of Ontario's credit rating was downgraded by two bond rating firms, reflecting concern about the financial capabilities of the NDP government.

- Alberta Premier Ralph Klein announced his government is

rolling back salaries of government employees, teachers and health-care workers by five per cent.

The Royal is not the only bank in the country to chop jobs.

### OTHER BANKS

The Canadian Imperial Bank of Commerce, the country's second-largest financial institution, has said it wants to cut 2,500 jobs by the end of this year.

Most of the job cuts at the CIBC have already taken place and about half of them have resulted in actual layoffs.

Taylor said, "We (the banks) are not immune to the economic conditions which have affected so many of our own customers."

Royal Trust plans to close 43 of its national network of 142 branches under a restructuring plan to begin in the spring of 1994.

Just over 350 positions will be lost at Royal Trust's retail branches, while 750 will be eliminated at the head office in Toronto.

"This restructuring will leave our customers with a very strong network of branches," said Royal Trust president Tony Webb.

### \$300 MILLION HIT

Cleghorn also confirmed the Royal Bank will take a hit of \$300 million in the fourth quarter as a result of the cost of acquiring Royal Trust last September.

In addition, the bank will put a charge of \$110 million on its books to account for the costs of next year's staff reductions through items such as severance pay and early retirement buyouts.

The Royal group's fourth quarter results will be announced after the next board of directors meeting on Dec. 7.

Analysts say the special restructuring charges, plus loan-loss provisions, will translate into a loss of over \$425 million for the Royal in the fourth quarter.

However, for the whole year 1993, the bank should show a profit of \$300 million, they say.

## UPA's Proulx won't run again

MONTREAL (CP) — After 12 years as president of the Quebec farmers' association, Jacques Proulx says he won't be a candidate for re-election when his current term ends Dec. 10.

Proulx made the announcement Wednesday in suburban Longueuil at a meeting of the general council of *L'Union des producteurs agricoles*, which represents 48,000 Quebec farmers.

Proulx added that he will keep offering his services to the organization to ensure there is continuity in handling important issues such as the General Agreement on Tariffs and Trade.



### FINANCIAL PLANNING

By Frank Cameron  
Chartered Financial Planner

### Tax fraud:

## Come clean and save some grief

By and large Canadians are a generous-minded people. Each year they donate hundreds of millions of dollars to charitable causes. Ottawa encourages this spirit of generosity by allowing taxpayers to claim a tax deduction for their donations, within certain limits.

What is less well-known, however, is that Revenue Canada allows you to claim donations to a registered charitable organization other than cash, if you can meet certain conditions.

For example you may donate a valuable work of art to your favorite charity and claim that as a tax deduction when you make out your next income tax return.

Unfortunately there are always scoundrels around who will take advantage of a legitimate tax shelter.

Canada's national revenue minister reports four individuals have been charged with tax evasion as a result of Revenue Canada investigations into an art scam.

### INVESTIGATION

The charges followed a two-year investigation involving art dealers and appraisers. Former revenue minister Otto Jelinek says already one individual has been convicted and Revenue Canada has revoked the registration of three charitable organizations.

You donate the painting to a less-than-scrupulous charity, which gives you a receipt for \$5000. You then claim that as a tax deduction, within the standard limitations. (You can claim the lower of 20 per cent of your net income and the total donations made in the tax year plus any charitable donations made in any of the previous five years that you did not claim before.)

What's in it for the charity is that it has a painting with a fair market value of \$1,000. You can hang it on an office wall, sell it, or — even better — raffle it off at a charity fundraising event.

### CROOKED

The crooked appraiser pockets a nice fee for his inflated assessment of the painting's value. And the tax-

payer receives an undeservingly large tax refund.

But tax-shelter auditors are determined to wipe out this form of crime. In the case the minister cited, adjustments to the income tax returns of about 1000 donors were made to correct \$6.8 million in excessive claims, resulting in about \$2 million in federal tax being avoided.

The penalty for tax evasion or fraud is a fine of 50 per cent to 200 per cent of the tax avoided and/or imprisonment of up to five years, if a person is prosecuted upon indictment.

Under Revenue Canada's voluntary disclosure program, individuals and corporations who come forward with unreported or improperly reported income before any action is initiated by the department, and pay the full amount of taxes and interest owing, will not be prosecuted or penalized for willful evasion of tax or for gross negligence.

In other words, come clean and you'll be treated more leniently.

Revenue Canada certainly has no intention of restraining charitable donations. An individual has the right to claim a genuine gift of property or tax benefit associated with a tax shelter. But the transaction must be a genuine one.

Mr. Frank Cameron is a chartered financial planner with Investors Group.

## Coca-Cola cuts are the real thing

By Susan Yellin

TORONTO (CP) — Company officials are hoping things will go a lot better with Coca-Cola after it announced Wednesday it's cutting staff and shutting plants to streamline business.

Pummelled by competition from lower-priced private label soft drinks, Coca-Cola Beverages Ltd. said 560 people will lose their jobs over the next six months as production facilities close in Edmonton, Halifax, Moncton, Regina, and the

Ontario cities of London, Sudbury and Uxbridge. The company will keep its sales and distribution facilities in those cities.

Production will also end at the company's Montreal plant, but continue at its suburban Lachine plant. Also staying open are three plants in the Toronto area as well as Vancouver, Calgary, Winnipeg and Trois Rivieres, Que.

"It's one of the toughest decisions I've ever made," William

Casey, the company's president and chief executive officer, said in an interview.

The company, with Canadian headquarters in Toronto, is best known for producing Coke, Sprite, Fanta and Fresca, as well as Canada Dry, Schweppes and A and W soft drinks.

The job cuts include 265 salaried employees and 295 hourly positions from a workforce of 4,300 and will result in a one-time, after-tax restructuring

charge of \$113 million. The charge includes provisions for employee adjustment programs and changes in administration, distribution and manufacturing operations.

Shaun Higgins, the company's chief financial officer, said Coca-Cola Beverages will reduce its break-even point by \$41 million and be back into profitability next year.

The company has lost market share to private label companies like Cott Corp.

### Promises for dairy, egg, poultry markets

## Agriculture minister talks protection

By Anne-Marie Tobin

TORONTO (CP) — Federal Agriculture Minister Ralph Goodale promised Wednesday to resist international pressure to widen foreign access to Canadian dairy, egg and poultry markets.

Farmers in those industries are protected by a so-called supply management system that allows restrictions on imports to protect domestic producers.

"Our bottom line is that we

will do what we have to to safeguard supply management," Goodale told 450 delegates to the Ontario Federation of Agriculture convention.

"Supply management is a very unique Canadian invention. . . We invented this concept and we're going to work very hard for the future of this concept."

Delegates applauded Goodale's remarks on supply management and gave him a standing ovation at the end of his

speech, in which he outlined the new Liberal government's agriculture priorities.

### PROMISES

Goodale promised to revamp farm safety net programs — worth roughly \$700 million per year — after consulting with agriculture groups across the country.

"We can't afford a patchwork of ineffective programs," he said. "But I believe we can afford a safety net program that works."

Goodale said the Depart-

ment of Agriculture intends to place greater emphasis on international marketing of products.

He also stressed the need for the food industry to diversify and begin to process its raw products for market.

Goodale is scheduled to meet with his U.S. counterpart within the next 10 days to work on resolving contentious issues such as trade barriers threatening Canadian durum wheat and peanut butter.

Goodale, who was sworn in Nov. 4, said he has been immersed in briefing books since taking office. He said his department officials have informed him there are no easy issues in agriculture.

## Bombardier deal ends dispute

LONDON (AP) — Operators of the undersea tunnel linking England and France said Wednesday that the tunnel contractors and builders of its rail cars have agreed to settle a dispute over cost overruns.

Terms of the settlement were not released.

The battle was between Transmanche-Link, a British-based group that is constructing the Eurotunnel, and Bombardier Inc., the Montreal-based company that has been building rail cars that will carry trucks, buses and vans through the tunnel.

Bombardier had been demanding the equivalent of an

extra \$689 million for design modifications — more than double the original contract price — for 254 rail cars.

Chairmen of Eurotunnel, TML and Bombardier negotiated a settlement, but the three sides said no details would be released until their boards had approved the arrangement, which is expected by Dec. 3.

Bombardier stopped working on the cars last spring,

saying it was losing money, but work has since been restarted and about four cars a week are being delivered. Bombardier says it has delivered 96 cars and all should be turned over to Eurotunnel by August or September of 1994.

Eurotunnel said the new settlement will ensure that the tunnel, which links Folkestone, England, and Calais, France, can begin operations in May.

### Logs wanted

### Species:

- Beech
- Poplar
- Hard Maple
- Soft Maple
- Yellow Birch
- White Birch
- Fir
- Spruce

To be delivered to  
Concord Bury Inc.  
Bury, Quebec

### Information

819-544-4801  
819-872-3385

**THE WIDEST SELECTION IN THE TOWNSHIPS**  
of snowmobile clothing, VTT, electric visor helmets, hoods, boots and mittens

Snowmobile clothing set from 99<sup>95</sup> to 549<sup>95</sup>

HELMETS from 69<sup>95</sup> to 699<sup>95</sup>

Interesting in-store rebates applicable on certain items

**LAM DENIS** and his team **ski-doo**  
Sales — Service Made-to-measure snowmobiles

at 2 Queen Street, Lennoxville 565-1376

**Champlain Regional College**  
**CALL FOR CANDIDACIES**

Champlain Regional College is seeking graduates to serve on the Board of Governors in accordance with the provisions of the Colleges' Act (RSQ c. C-29 and amendments). To be eligible, candidates must have received a Diploma of Collegial Studies from Champlain — Lennoxville, Champlain — St. Lambert, or Champlain — St. Lawrence.

Champlain Regional College is administered by a Board of Governors composed of nineteen members representing various sectors of the College and its communities. Graduates are appointed by the Board of Governors for three years. Board members' mandates may be renewed consecutively only once.

The Board of Governors meets at least five times per year. Meetings are held on Wednesday or Friday evenings and will normally alternate among the constituent locations of the College and Drummondville. The Executive Committee of the Board usually meets early on Wednesday evenings two weeks prior to each Board meeting. Documentation for all meetings is circulated well in advance to give members of the Board and Executive adequate preparation time.

Members of the Board are reimbursed any expenses incurred according to the College Policy concerning Meals, Lodging and Travel Expenses.

Interested graduates should forward a letter of introduction, a curriculum vitae, and the name of at least one referee, preferably a current Board or staff member, no later than December 3, 1993, to:

Alex G. Potter  
Director General  
Champlain Regional College  
P.O. Box 5000  
Sherbrooke, Quebec J1H 5N1

# Kiddies' Corner

## All About Archaeology

Archaeology is the study of people who lived here a long time ago. Circle each word related to archaeology that is hidden in the word search.

A V G T O O L S W O R K F  
 B A R C H A E O L O G Y E  
 C R O P E P A S T B A S A  
 E U U T E P R D B O R T T  
 T I N O I O N L S N B C U  
 A N D M O T P O D E A A R  
 V S O B D S K L A S G F E  
 A R T S B U R I E D E I S  
 C S H E L L S R B E D T I  
 X E C O F A C T S E I R T  
 E S U Y R E T T O P G A E

archaeology  
 buried  
 deep  
 dust  
 garbage  
 ground  
 learn

artifacts  
 features  
 ecofacts  
 art  
 tools  
 bones

old  
 past  
 people  
 shell  
 work  
 excavate

pottery  
 ruins  
 pots  
 beads  
 tombs  
 site  
 dig

## TRACKING THE PAST

One of the first things an archaeologist does is to find a site. Alfie Alligator is looking for a site, and any object Alfie finds that was made by people and can be moved without changing the object's appearance has a special archaeological name. Examples of these kinds of objects are arrowheads, pots and beads. Help Alfie figure out this special word by writing the antonym (word that has the opposite meaning) in the spaces next to each word below. Now read down the left column to discover the answer.

Antonyms

1. before - \_ \_ \_ \_
2. walk - \_ \_ \_ \_
3. fat - \_ \_ \_ \_
4. out - \_ \_ \_ \_
5. near - \_ \_ \_ \_
6. below - \_ \_ \_ \_
7. laugh - \_ \_ \_ \_
8. bottom - \_ \_ \_ \_
9. happy - \_ \_ \_ \_



Answers: 1 after, 2 run, 3 thin, 4 in, 5 far, 6 above, 7 cry, 8 top, 9 sad, artifacts

**BOOKS ABOUT ARCHAEOLOGY**  
**Archaeology** by Barbara Cook and Struan Reid. Ages 10-13. Explains how careful detective work and the latest scientific techniques are used to piece together the clues to how people lived in the past.  
**Hieroglyphs** by Norma Jean Katran. Ages 11 and up. Presents instructions for drawing

hieroglyphs found in tombs, statues, funeral objects and amulets.  
**Flight of Angels** by Geoffrey Trease. Ages 9-12. Sheila and her friends solve a 400-year-old mystery while exploring caves.  
 Learning about people who lived in earlier times helps us learn about ourselves and where some of our customs might have come

from.



1. Dinosaurs died out about 63 million years ago. This was before the first human beings appeared on the earth, only about 2 million years ago.
2. The first discovery of prehistoric art was made by a 12-year-old girl in 1879. In a cave in Spain,

she found pictures of large, bull-like animals painted on the cave's ceiling.  
 3. In 1925 flint points were found in New Mexico, showing that people lived in North America thousands of years ago.

**COUNTDOWN TO**  
30  
**CHRISTMAS**

**NANKING** 20% off on carry-out orders

THE KING OF CHINESE FOOD

Famous Chinese Buffet with all you can eat salad bar, French pastries and ice cream

Monday, Tuesday	5.45	7.95
Wednesday	5.45	8.95
Thursday, Friday	5.45	10.95
Saturday, Sunday	5.45	10.95

Reserve now for your Christmas party  
 2637 King Street West (819) 565-9333

**SOS** SERVICE ORTHOPEDIQUE SHERBROOKE FERNAND GROLEAU INC. Tel: 566-5551

- Digital Sphygmomanometer
- Orthopedic Back Support
- Orthopedic Pillow
- Gentle Lift Recliner

For comfort and home security — The best gift ever at Christmas for you or a loved one

600 King St. E. ☎ 566-5551 • Lay-Away Plan • Home Delivery

**Coiffure Lennox**

85 Oxford #102 Lennoxville, Que. (819) 565-0916

Open from Monday to Saturday

Don't break your back shoveling snow this winter... Buy a snow blower

**HONDA Mechanical Products**

**LAMDENIS** SALES AND SERVICE  
 2 Queen St. Lennoxville 565-1376

Next to Mike's Restaurant ☎ 829-ROSE (7673)

**REMOTE STARTER** \$229.95\* Installation included

JVS Audio inc.  
 3040 King St. W., Sherbrooke 562-4222

**LE CACHE POT**

It's time to think about Christmas The Unique Gift Place Come and see for yourself!

les Tourelles  
 3025 King Street West Sherbrooke • 564-2965

**RESTAURANT DA LEONARDO**

Many choices of Home-made Pastas • Italian Cuisine For real Italian food, personalized service and a relaxing atmosphere, come to DA LEONARDO

Lunch Specials from \$5.25 to \$6.95 (soup or ceasar salad and coffee inc.)  
 Lounges to accommodate 10 to 30 people

Please phone for information on our New Year's Eve Dinner  
 332 Marquette Street Sherbrooke • (819) 563-1277

Special 8.99  
 Coupon .50  
 \$8.49

BUY THESE GET FREE! KODAK GOLD FILM

**LE YILDIZ**

Pancake bar — Fondue — Pizza — Grill — Seafood

Mini-Brunch Sundays from 9 A.M. to 2 P.M.  
 Host's table Saturday & Sunday nights Reserve our private dining room  
 569-7029  
 2245 King St. W., Sherbrooke

**PARC FRUIT & VEGETABLES** BEER & WINE

OUR SPECIALITY FRUIT & CHEESE BASKETS

WHY NOT GIVE US A CALL

Open from 7 A.M. to 10 P.M.  
 9 PARC ST. Sherbrooke  
 Tel: 569-1477

All your camera photofinishing needs

**FOTOMATIK**

1 HOUR SERVICE

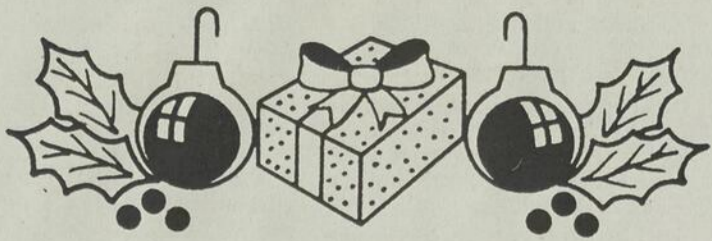
406, rue Principale Ouest Magog (Québec) (819) 868-0801

save 50¢ on the purchase of one roll of any KODAK GOLD Film (24 or 36 exp.)

**Daguerre** PHOTO

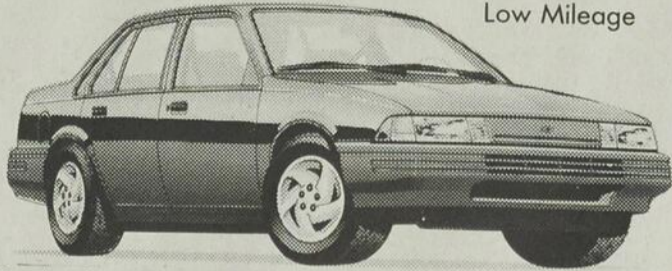
143, rue Frontenac, Sherbrooke (Québec), J1H 1J7  
 Téléphone: 565-0000 Télécopieur: 565-4817

# CHRISTMAS SALE



## 1993 CAVALIER

Low Mileage



Stock #92399  
Power Steering  
ABS Brakes  
Air Condition  
AM-FM Cassette  
Reg. price: ~~\$13,903~~

**SPECIAL: \$9,500**

## 1993 OLDSMOBILE CUTLASS

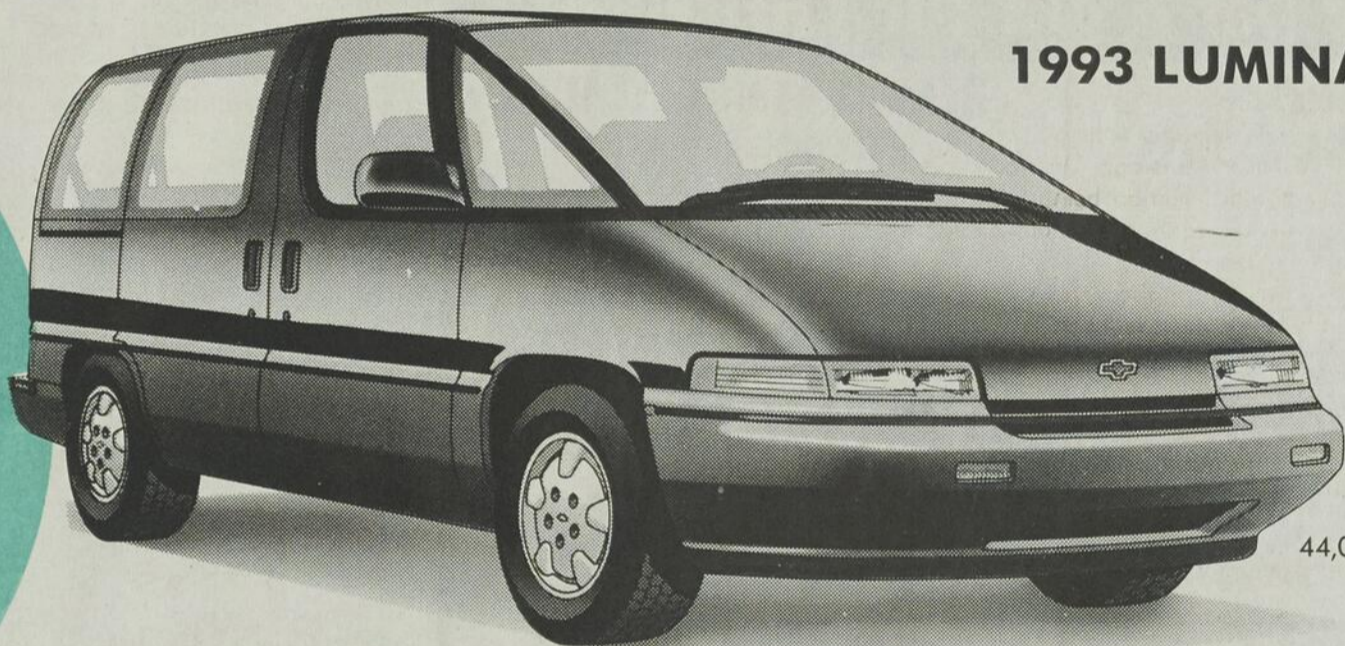


Stock #93313  
Color: Wine  
P.S.P.B.  
Power Windows  
Power Lock  
Cruise Control

Reg. Price: ~~\$24,578~~  
**SPECIAL PRICE: \$17,003**



## 1993 LUMINA APV



Stock #93333  
Color: White  
Power Steering  
Power Brakes  
Power Windows  
Air Condition  
Power Locks  
AM-FM Cassette  
7 Passenger

44,000 KM

Reg. Price: ~~\$23,392~~  
**SPECIAL PRICE: \$15,995**

## 1993 DELTA LSS

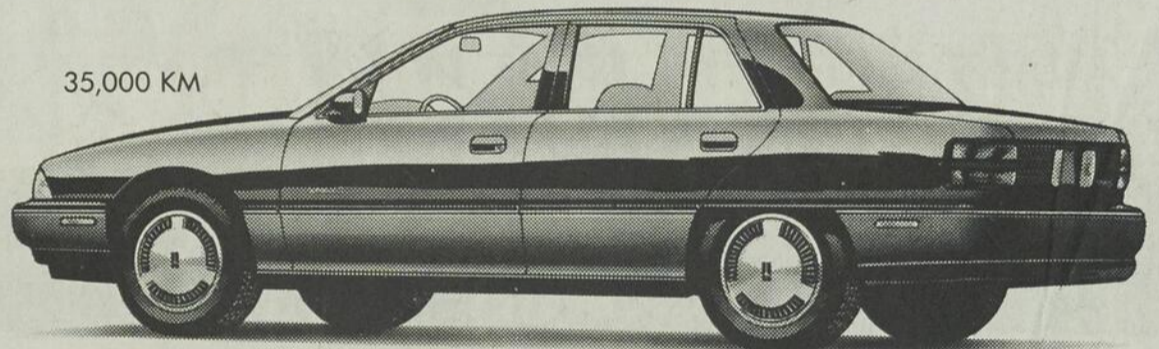


Stock #93332  
GM Executive  
Leather Seats  
AM-FM Cassette  
Compact Disc  
Color: Mauve  
Only 12,000 KM  
Reg. Price: ~~\$32,165~~

**SPECIAL PRICE: \$26,500**

## 1993 ACHIEVA

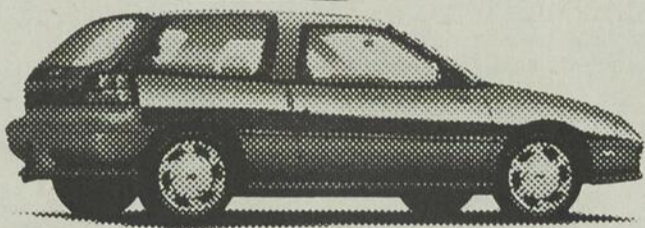
35,000 KM



Stock #93337  
AM-FM Cassette  
Air Condition  
Tilt Steering  
Cruise Control

Reg. Price: ~~\$19,963~~  
**SPECIAL PRICE: \$13,900**

## 1992 STORM HATCHBACK



Stock #92373  
19,000 KM  
Automatic  
AM-FM Radio  
Rear Defroster  
Reg. Price: ~~\$14,695~~

**SPECIAL PRICE: \$8,800**



## 1993 LUMINA EURO COUPE



Stock #93274  
Power Windows  
Power Door Locks  
Tilt Steering  
Cruise Control  
Air Condition  
AM-FM Cassette  
Color: Red  
28,000 KM

Reg. Price: ~~\$21,867~~  
**SPECIAL PRICE: \$16,495**

**WE'LL STEER YOU RIGHT!**

# DYSON & ARMSTRONG



Used cars  
614 Craig St.  
Richmond  
826-3501

800-263-9766

New cars & trucks  
265 Principale St.  
Richmond  
826-3721

# Twin's ailments were not hereditary

By Peter H. Gott, M.D.

DEAR DR. GOTT: My 61-year-old identical twin recently died of scleroderma, Raynaud's phenomenon, respiratory failure and cardiac arrest. As a twin, I'm very concerned these conditions might be hereditary.

although I recently took an ANA test with negative results. What are my chances of contracting her conditions?

DEAR READER: Your chances are no greater than they would be if you weren't a twin. The conditions you mention are not considered to be

hereditary ailments. Also, your blood test (ANA) for lupus, a related disease, is normal. Therefore, you needn't worry. The cause of scleroderma and similar diseases leading to Raynaud's phenomenon (blanching of the fingers) is unknown.

To give you more information, I am

sending you a free copy of my Health Report "Lupus: The Great Imitator." Other readers who would like a copy should send \$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: I've been experiencing a whooshing, pulsating sound in my right ear when I lie down at night. This has been going on for a month now and is very irritating.

DEAR READER: Pulsating sensations in the ear are often caused by arteriosclerotic blockages in the arteries in the neck and back of the skull. Although no treatment may be necessary, you should be examined by an otolaryngologist. Such a specialist may urge you to have a carotid Doppler ultrasound.

If the test shows narrowing in one of the carotid arteries, which supply blood to the brain, you may have to consider having the blockage removed to avoid the possibility of stroke. If, however, your carotid arteries are free of obstruction, no therapy is indicated (because surgery inside the skull near the nerves of hearing is too risky) and you may have to learn to live with the symptom.

DEAR DR. GOTT: Can a viral infection cause sleeplessness and a change of body odor? If so, what viruses could cause this unusual situation?

DEAR READER: Any viral infection can cause insomnia and a change in body odor because of fever, which leads to achiness, sweating and malaise. Fortunately, most viral infections last only a few days, so the symptoms are usually short-lived. Although viral infections are not affected by antibiotics, the consequences (such as fever and so forth) are easily treated with rest, fluids and aspirin (or Tylenol).

DEAR DR. GOTT: Where can I order medicine without having to pay extremely high prices? I'm taking Cardura for hypertension and for a prostate condition. My cost is \$80 per 100 capsules and is really cost-prohibitive.

DEAR READER: Many chain drug stores offer discount prices. So does the pharmacy operated by the American Association of Retired Persons, which you may be able to join (depending on your age) for a very reasonable fee.

Also, you may not be aware of a nationwide program offered by sever-

al pharmaceutical companies that offers free prescription drugs to needy people. Called the "Indigent Patient Program," this system enables patients (who qualify financially) to register with a specific manufacturer and receive free drugs. The process is initiated by a physician request and patients must fulfill certain eligibility criteria, which involves completing a questionnaire.

In your case, Cardura is manufactured by the Roehrig Division of Pfizer, Inc. To contact a service representative (for Roehrig/Pfizer products only) call (212) 573-3954.

DEAR DR. GOTT: My 40-year-old son walks and talks in his sleep. I feel this affliction is ruining his life and wonder what type of specialist you might refer him to.

DEAR READER: The cause of somnambulism (sleepwalking) is unknown. The condition is not permanent and usually disappears after adolescence. During episodes, sleepwalkers should be protected against injury, such as falling down stairs. Although there is no specific therapy, your son should be under the care of a neurologist.

To give you more information, I am sending you a free copy of my Health Report "Sleep-Wake Disorders." Other readers who would like a copy should send \$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: My wife suffers from nightmares. She's in her 70s, in unusually good health, has no money problems, or any other problems we are aware of, as we still get along after 50 years of marriage. Your comments?

DEAR READER: Nightmares are merely unpleasant or frightening thoughts that we have while asleep. Although they are troublesome, they don't generally affect health or reflect underlying emotional problems. Still, your wife might be helped by counseling.

Some nightmares may be caused by unresolved psychological conflicts and fears. During the counseling process, your wife may be able to identify such factors and deal with them more successfully.

In many cases, recurring nightmares may be the mind's way of calling for assistance in coping with unpleasant issues that are buried deep in the unconscious. In your wife's case, I believe that counseling is the place to start. Psychologists, psychiatrists or social workers are appropriate resources.

DEAR DR. GOTT: I'm interested in information on Alzheimer's disease. I'm not completely sure just what symptoms to look for, yet I strongly suspect this condition in a family member.

DEAR READER: Alzheimer's disease, a common and devastating neurological disorder, causes progressive dementia: depression, anxiety, disintegration of personality, loss of judgment and the ability to reason, impaired intellect and insight, speech disturbances, and spatial disorientation, often progressing to complete dependence. The cause is unknown and there is no cure, although some patients appear to improve when given a new drug (Cognex) that was just approved for this purpose.

Alzheimer's disease is diagnosed by how the patient looks and behaves, in conjunction with an MRI scan that shows shriveling of the brain. In its early stages, Alzheimer's disease may be indistinguishable from dementia caused by other factors, such as mini-strokes. Therefore, in my opinion, such patients should be examined by neurologists, although general doctors are trained to provide primary care. Unfortunately, regardless of treatment, Alzheimer's disease is incurable and progressive.

DEAR DR. GOTT: A few months ago I had emergency surgery for an abdominal aortic aneurysm. Since then, I've noticed a slight tingling in my hands. My doctor doesn't know what causes this problem. Do you?

DEAR READER: Not really. But I'll take a stab at it.

Most aortic aneurysms (swelling of the artery) occur below the area of circulation to the arms and hands.

Thus, your symptoms are probably not related to the surgery.

However, aneurysms often coexist with arteriosclerotic narrowing in arteries: Such partial blockage could deprive your upper extremities of adequate blood supply, leading to tingling.

Ask your doctor about special tests — such as a Doppler ultrasound study or an angiogram (special X-ray of your circulation) — that could diagnose circulatory impairment. Let me know the outcome.

DEAR DR. GOTT: I've used saccharin tablets for years in my coffee and tea. It's been hard to find recently, because of some concerns about its safety. Would you advise that I switch to something like Sweet'N Low?

DEAR READER: Saccharin is safe for human consumption, despite the fact that rats developed bladder cancer when fed astronomical quantities. This has led some scientists to wisecrack that rats shouldn't drink a lot of diet soda. Most authorities agree that saccharin is safe for humans, when consumed in ordinary and reasonable quantities.

I don't know why you've had trouble finding saccharin tablets, but take heart because Sweet'N Low contains saccharin. You're merely substituting a granulated form of the compound for the pill form.

DEAR DR. GOTT: I've heard that can tabs can be saved and turned in for dialysis treatments, but I don't know the details. Since a friend is undergoing dialysis, I'd like to do my share but don't know where to begin. Do you?

DEAR READER: I do not believe that this is a universal policy. Ask your local hospital if such a program is in place in your community.

DEAR DR. GOTT: I'm a 46-year-old female, about 90 pounds overweight, with mild diabetes, for which I take Micronase. I've already lost 40 pounds with no improvement in my symptoms. I am following a healthy diet and exercise six days a week. My problem is that I sweat profusely on the left side of my body, primarily from the top of my head to my waist. Any slight exertion, even standing up, can bring this on. I've had blood work performed, an MRI done, have seen five internists and a neurologist. What might be causing my symptoms?

DEAR READER: Your puzzling tendency to perspire more on one side of your body than the other may reflect what is called an autonomic imbalance: certain nerves are stimulated, while others are not.

Although diabetics often suffer from nerve malfunction (due to metabolic abnormalities stemming from acidosis), your symptom is very unusual. Perhaps this is why several doctors have failed to diagnose your affliction.

At this point, it seems to me, your doctors need to define your condition more precisely. For instance, are just the autonomic nerves of sweating involved or do you also have difficulty with the nerves that control circulation? Does part of your body flush or turn red during your sweating episodes? Are there also problems with the perception of touch? Do you experience weakness, too?

These and other questions must be answered. In my opinion, the neurologist is your best resource. Return to him (or her) for further clarification and advice.

To give you more information, I am sending you a free copy of my Health Report "Diabetes Mellitus." Other readers who would like a copy should send \$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

©1993 NEWSPAPER ENTERPRISE ASSN.

## DR. GOTT



PETER GOTT, M.D.

## Sawyerille

Alice Wilson  
889-2932

Don and Mary Rolfe of Corbeil, Ont., spent a few days with Mary's mother, Mrs. Edith Bellam.

Mr. and Mrs. Ken Matthews of Cambridge, Ont. were weekend guests of Irwin and Ruth McBurney.

Kenneth and Marjorie McBurney of Sherbrooke accompanied by Irwin and Ruth McBurney were luncheon guests of Margaret and Ellis Waldron in Montreal and all enjoyed a pleasant day. Irwin and Ruth were also Sunday dinner guests of Ian and Edie McBurney in High Forest, and Craig and Sharon McBurney at Ian's to celebrate the birthdays of Karen and Stephen McBurney.

Sheila Bellam enjoyed a 2½ week holiday in Scotland and England. Her daughter Trudy who had been touring Ireland

for 2 weeks, met her at Glasgow Airport and together they visited several places of interest in Glasgow, Edinburgh, St. Andrews, Aberdeen and Inverness. They spent time with relatives in Glasgow as well as Leicester and London in England. Sheila was accompanied by her aunt Jean Quinn of Richmond who spent time with her cousins as well as some sightseeing with Sheila and Trudy.

The Happy Gang Senior Group met on November 9 in the United Church Hall, 500, tuck and canasta were played. Gifts for high scores were won by Lillian Laroche and Geraldine Lowry. All enjoyed a nice lunch. Getting gifts for marked serviettes were Hilda Dougherty and Lavina French.

Next meeting on November 23 and the Christmas dinner will be on December 7.

# CLARKE ET FILS LTEE

110 CNR TERRACE LENNOXVILLE

MORE THAN JUST-A-FEED STORE TEL. (819) 562-9444

**BANNER CAT FOOD**

8 KG. **\$8<sup>95</sup>**

**BANNER DOG FOOD**

20 KG. **\$10<sup>95</sup>**

**COMPLETE SELECTION OF PET FOODS, SUPPLIES & TOYS**

**CUSHIONS, BASKETS, RAWHIDE BONES, TRANSPORTERS**

**LEADS, FLUORESCENT COLLARS & MUCH MUCH MORE**

**Buy your pet a gift for Christmas**

LARGE SELECTION OF  
**TOYS FOR DOGS & CATS**

STARTING AT  
**\$2<sup>99</sup>**

**HERBAL FLEA COLLARS**

FOR DOGS & CATS  
NATURAL PRODUCTS

**\$3<sup>99</sup>**

**JACKETS**

SPECIAL **\$35<sup>99</sup>**

**WORK PANTS**

BIG BILL **\$19<sup>95</sup>**

**VULCAN BOOTS**

WITH FELT LINERS

**\$32<sup>99</sup>**

**LINED JACKETS**

**\$20<sup>95</sup>**

**MANY MORE GIFT IDEAS IN THE STORE**

**COME IN FOR A VISIT**

# CLARKE ET FILS LTEE

LENNOXVILLE

Pre-Christmas Sale

**MAGOG**

PRINCIPALE EST

C.S. Brooks X MOORE Michigan Bridge

**WAREHOUSE OUTLET**

DISCOUNTS UP TO

# 60%

- Materials by the metre
- Sheets and Pillow Cases
- Comforters
- Bed in a Bag
- Pillow Shams
- Bed Skirts
- Pillows
- All taxes extra

OUTLET HOURS	FRIDAY 9 a.m. to 8 p.m.	SATURDAY 9 a.m. to 4 p.m.	SUNDAY 10 a.m. to 4 p.m.
NOVEMBER	26	27	28
DECEMBER	3	4	5
	10	11	12
	17	18	19

# Turkey dishes for leftover gobblers

By Marialisa Calta

Every time we are invited to someone else's home for Thanksgiving dinner, my husband politely declines. Thanksgiving is his favorite holiday, he says, and it just wouldn't be the same celebrated in someone else's dining room, on someone else's best dishes.

"I like our house to smell like Thanksgiving," he says. But I have suspected for several years now that what he really likes is not so much Thanksgiving dinner, but the leftovers. Oh, sure, friends or relatives may give you some sliced turkey to take home with you. But no matter how close you are to another family, you can't expect them to give you the entire carcass. And what's Thanksgiving without a leftover bird?

Now, having produced Thanksgiving dinner, about the last thing I want to do on the day after is cook. Even the thought of making soup exhausts me. Since I can't stand the idea of throwing away the carcass, I freeze it: When Thanksgiving dinner is finished, take the meat off the bones, and chop the carcass with a cleaver. Wrap well and freeze. Also freeze some of the meat for the soup.

There's no need to get fancy with leftover turkey: The basics — turkey salad, turkey sandwiches and turkey casseroles — will do just fine. The following recipes are quick, easy and tasty, and will be a happy coda to your Thanksgiving feast.

**WALDORF SALAD WITH TURKEY AND APRICOT**

1/2 cup apricot preserves  
1/2 cup plain, nonfat yogurt  
1 tablespoon chopped dried tarragon, chives, parsley or curry powder  
1 teaspoon Dijon-style mustard  
2 tablespoons lemon juice  
1/2 teaspoon lemon zest

1/2 teaspoon salt  
1/2 teaspoon freshly ground black pepper  
1 pound (about 3 packed cups) cubed, boneless, skinless cooked turkey  
1 red apple, cored but not pared, cut into 1/2-inch pieces  
1 green apple, cored but not pared, cut into 1/2-inch pieces  
2 celery stalks, cut into 1/4-inch pieces  
1/4 cup raisins  
6 lettuce leaves  
1 tablespoon fresh chopped parsley or chives

In a large mixing bowl, combine the preserves, yogurt, chopped herbs (or curry), mustard, lemon juice, zest, salt and pepper. Stir until well blended. Add the cubed turkey, apples, celery and raisins.

Place a lettuce leaf on each of 6 serving plates. Spoon a mound of salad on each plate. Garnish with fresh chopped parsley or chives.

Yield: 6 servings.  
— Recipe reprinted courtesy of The J.M. Smucker Co., Orrville, Ohio.

**TURKEY, BACON AND TOMATO CLUB SANDWICHES WITH BLUE CHEESE MAYONNAISE**

1 cup mayonnaise  
1/2 cup crumbled blue cheese, preferably Roquefort  
12 thin slices sourdough, French or Italian bread, grilled or toasted, if desired  
1 pound sliced cooked turkey meat  
1 large, ripe avocado, thinly sliced  
16 slices bacon, crisply cooked and drained  
2 medium-sized ripe tomatoes, sliced  
4 large romaine lettuce leaves, rinsed, dried and torn in half crosswise

In a small bowl, mix the mayonnaise and blue cheese until well blended. Spread 1/3 of the mixture over 4 bread slices. Divide the turkey evenly among the slices. Place the avocado slices over the turkey. Spread another 4 slices bread with mayonnaise mixture and place, dry side down, on avocado. Top with bacon, tomato and lettuce, dividing evenly. Spread remaining 4 slices bread with mayonnaise mixture and place, mayo side down, on the lettuce. Skewer each sandwich with a toothpick and cut with a serrated knife. Serve immediately.

Yield: 4 servings.  
— Recipe from "The Turkey Cookbook," by Rick Rodgers, (HarperPerennial, 1990).

**TOASTED TURKEY, CHEDDAR AND APPLE SANDWICHES**

4 tablespoons unsalted butter, melted  
8 slices whole wheat bread  
3 tablespoons prepared mustard, preferably honey mustard  
1 pound sliced, cooked turkey meat  
1 large Granny Smith apple, quartered, cored and

2 thinly sliced cups (about 1/2 pound) grated sharp cheddar cheese

Preheat the oven to 400 degrees. Butter one side of 4 slices of bread and place, buttered side down, on a baking sheet. Spread the mustard over the sliced bread. Divide the turkey breast evenly over the mustard and arrange the apple slices on top. Sprinkle the cheese evenly over the apples. Butter the remaining 4 slices of bread and place them, buttered side up, on the cheese, pressing lightly to compact the sandwiches.

Bake for 10 minutes, turning once with a metal spatula, until the sandwiches are golden brown and cheese is melted. With a sharp knife, cut each sandwich in half and serve at once.

Yield: 4 servings.  
— Recipe from "The Turkey Cookbook," by Rick Rodgers, (HarperPerennial, 1990).

**VERMONT-MEX TURKEY CASSEROLE**

3 cups canned tomatoes

1-1/2 cups frozen or canned corn cup seeded and diced green or red bell pepper  
1 cup fresh cilantro (coriander) or minced fresh parsley  
1/4 salt and freshly ground black pepper  
8 cups plain tortilla chips  
3 cups (about 1 pound) cubed cooked turkey  
2 cups grated Cheddar or Monterey Jack cheese  
1 small chile pepper, seeded and finely diced (optional)  
1 sour cream  
1 Tabasco or other liquid hot pepper sauce

Preheat oven to 350 degrees. Drain the tomatoes. Chop them in a bowl and set aside, along with whatever juices run out during chopping.

If using frozen corn, steam for 1 to 2 minutes, or until cooked but still firm. If using canned corn, drain it and use as is.

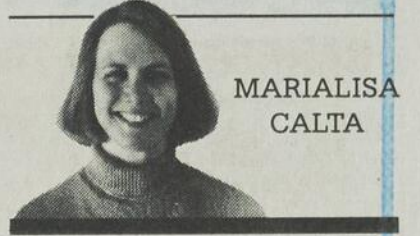
In a small bowl, mix the corn, pepper and cilantro (or parsley). Season with a touch of salt and pepper and set aside. Line the bottom of a large (3- to 4-quart), oven-proof baking dish with half

the tortilla chips, overlapping to completely cover bottom. Top the chips in this order: all the turkey, half the tomatoes, half the cheese and half the chile pepper (if using). Top with remaining chips, the corn/pepper mixture, and the remaining tomatoes, cheese and chile.

Cover the baking dish and bake for 25 minutes. Remove the top and place the dish under the broiler 3 to 5 minutes, or until cheese is bubbling and lightly browned. Cut like lasagna, and serve with sour cream and hot sauce on the side.

Yield: 4 servings.  
— Recipe from "Leftovers," by Kathy Gunst (HarperPerennial, 1991).  
©1993, NEWSPAPER ENTERPRISE ASSN.

## FOOD



MARIALISA CALTA

## Masquerade party enjoyed at Ives Hill Community Hall

A Hallowe'en party was held at the Ives Hill Community Hall on Friday, October 22 with 60 people in costume. The music was played by "Hoe-downers" Stewart Deacon, Albert Nutbrown and John Foster.

Prize winners — One year and under: 1st, Jessie Nichols; 2nd, Katrina Grey and 3rd, Laura Kirby. Others were Kayla Suitor, Cortney Broadhurst, Cody Rand and Nicholas Wallis.

Two years: 1st, Shannon Powell and 2nd, Ryan Kirby.

Three years: 1st, Benjamin Nichols; 2nd, Gina Blake and 3rd, Courtney Nichols.

Four years: 1st, Melissa Pelletier; 2nd, Shawn Langlois and 3rd, Sasha Powell.

Five years: 1st, Shane Sparkes; 2nd, Kevin Blake; 3rd, Amanda Nichols. Others were Christopher Phaneuf, Steven Sylvester and Curtis McBurney.

Six years: 1st, Julia Grey; 2nd, David Barter; 3rd, T.J. Arbery and Jason Sylvester was also in the class.

Seven years: 1st, Karen McBurney; 2nd, Melissa Suitor; 3rd, Jessie Sue Barter.

Others were Karolyn Kirby, Felicia Kirby, Michelle Phaneuf and Joey Kirby.

Eight years: 1st, Philippe Barter; 2nd, Caitie Kirby; 3rd, Stacey Sylvester. Others were Angela Sylvester and Matthew Arbery.

Nine years (Girls): 1st, Alexandra Pope; 2nd, Susan Magwood; 3rd, Jennifer Kirby. Others were Karyn Kirby, Ashley McComb, Adrienne Powell, Krystal Suitor, Lori Sparks, Becky Sylvester, Meagan Thomas, Sara McBurney and Stephanie Broadhurst.

Nine years (Boys): 1st, Patrick Wallis; 2nd, Joshua Barter and 3rd, Tom Price.

10-17 years old: 1st, Vanessa Barter; 2nd, Krista Sparkes, 3rd, Amy McComb. Others were Marianne Beaudry and Amanda Kirby.

16-17 years old (Couple): 1st, Philip and Justin Suitor.

Adult 18 years and over: 1st, Karen Nichols; 2nd, Lana Humphrey and 3rd, Pauline Blake.

The Ives Hill Community Club would like to thank the judges Laurie Powell, Sue Booth and Mrs. Davies for a job well done.

# '93 DEMONSTRATORS CLEARANCE SALE

Are You Wishing For a New Car?

Let's face it. Your current car has seen better days. It coughs. It whines. It sputters. Your whole family is begging you to retire it.

**Now's your chance.**

At Deluxe we're serving up great deals...  
Stuffed with options!

**We have '93 demonstrators with options that will suit your budget!**

**Our prices always include preparation**

**Visit our showroom and have your wish come true!**

Roadside ASSISTANCE    YOUR GM DEALER IN SHERBROOKE

**DELUXE**    569-9351  
PONTIAC ASUNA BUICK LTÉE    1567, rue King Ouest Sherbrooke

COURTEOUS AND BILINGUAL SALES STAFF

**WALK IN — DRIVE OUT!**

Great deals on the following demonstrators:  
**PONTIAC SUNBIRD / PONTIAC GRAND AM BUICK REGAL**

BEAT THE RUSH!  
Number of demonstrators limited.

**Come and make us an offer!**

**THE PLACE WHERE YOU RECEIVE GREATER VALUE FOR LESS!**

**If you had a child whose kidneys had failed**

**you'd understand why The Kidney Foundation urges you to sign an organ donor card.**

THE KIDNEY FOUNDATION OF CANADA  
We can't live without you.



Thursday, Nov. 25, 1993

**NORTH** 11-25-93  
 ♦ K 10 3  
 ♥ 6 5  
 ♦ Q 10 9 4 3  
 ♦ K Q 4

**WEST**  
 ♦ Q 7 6 5 4 2  
 ♥ 8 4 2  
 ♦ A K  
 ♦ 10 8

**EAST**  
 ♦ J 9  
 ♥ K J 9 7  
 ♦ 7 5  
 ♦ 9 6 5 3 2

**SOUTH**  
 ♦ A 8  
 ♥ A Q 10 3  
 ♦ J 8 6 2  
 ♦ A J 7

Vulnerable: Both  
 Dealer: South

South West North East  
 1 NT Pass 3 NT All pass

Opening lead: ♦ 5

**Keep your cards well back**

By Phillip Alder

Even someone who enjoys life and tries to feel permanently happy and debonair cannot be on cloud nine all the time. There will be gray, rain-filled days. But the arrival of the latest issue of *Bridge Plus* magazine (Editor: Gilles Queran, 6 Rue Pignoniere, 49124 St. Barthelemy, France) made my day — especially when I spotted this deal. It is beautiful.

If you wish to try to find the winning play, look only at the North and West hands. Defending against three no-trump, you lead the spade five: three, nine, ace. Declarer plays a diamond. Plan your defense.

First, what is the spade situation? Right — unless South is playing a subtle game — your partner, East, must have started with the J-9 and declarer with the A-8.

However, things are looking grim. There seems to be no chance of establishing your spade suit before your second diamond entry has been dislodged by declarer. If you lead a low spade now, declarer is bound to finesse dummy's 10. Your partner will win with the jack, but he won't have another spade with which to remove dummy's king. And from the point-count, you know there is no future in another suit.

Have you seen the answer? At trick three, you must lead the spade queen. Yes, the queen!

Look at the situation from declarer's point of view. He will think you started with queen-jack-fifth of spades. Hoping you began with only one diamond honor, declarer will duck in the dummy. Don't forget to cast an eye in South's direction to see the expression on his face when your partner plays the jack.

© 1993, NEWSPAPER ENTERPRISE ASSN.

Thursday, Nov. 25, 1993

**Your Birthday**  
 Thursday, Nov. 25, 1993

If you have taken time to prepare yourself properly in your present field of endeavor the year ahead could turn out to be a banner one for you. Good luck.

**SAGITTARIUS (Nov. 23-Dec. 21)** Today if you apply yourself, you should be an excellent communicator. What you say verbally or put in writing will be significant and impress others. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you to understand what to do to make the relationship work. Mail \$2 and a long, self-addressed, stamped envelope to Matchmaker, P.O. Box 4465, New York, N.Y. 10163.

**CAPRICORN (Dec. 22-Jan. 19)** You have the ability to do something today that many others can't, and that is to make marginal commercial or financial situations yield a profitable. Use it.

**AQUARIUS (Jan. 20-Feb. 19)** Sometimes when dealing with friends it's wise to let our heart rule our head. Today, however, things will be better for everyone concerned if logic takes precedence over emotions.

**PISCES (Feb. 20-March 20)** There is a possibility you might come across something today while rummaging through your attic or closet that may be of more value to you now than when you first got it.

**ARIES (March 21-April 19)** Make it a point today to try to spend some time with an old friend you've been neglecting lately. This relationship is too important to treat indifferently.

**TAURUS (April 20-May 20)** Today if you help others to fulfill their ambitions and achieve their objectives it will considerably enhance your reputation. Later if you need a boost, these will be the persons to turn to.

**GEMINI (May 21-June 20)** An old friend and contact you've established a number

of years ago is about to take on new significance. It looks like the two of you might become involved in an interesting endeavor.

**CANCER (June 21-July 22)** Success is indicated today, but it is likely to come from a joint venture. Neither you nor your counterpart can do this without the help of the other.

**LEO (July 23-Aug. 22)** An unlucky friend might come to you for advice and counsel today. If you really want to help this person, tell it like it is and not what you think he/she wants to hear.

**VIRGO (Aug. 23-Sept. 22)** Associates might not perform up to their usual high standards today, but this isn't apt to affect you. When you do a job you'll take pride in doing it right, even if it is a mundane assignment.

**LIBRA (Sept. 23-Oct. 23)** Don't take yourself or life too seriously today. In fact, if you can, treat it like a game and I think you'll find you'll produce more winning scores than losing ones.

**SCORPIO (Oct. 24-Nov. 22)** You have what it takes to be successful today. You can draw upon your tenacity, courage and will to win. These elements represent the triple threat you have going for you.

**ASTRO-TONE™**  
 Your expanded daily horoscope  
 1-900-740-1010  
 Access Code 100

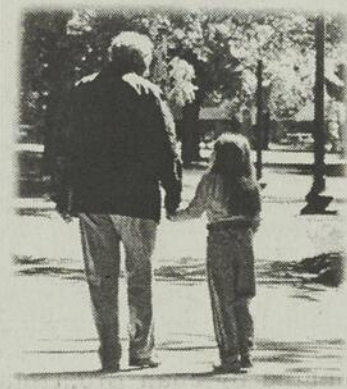
95 cents per minute.  
 Touch-tone phones only.

**ASTRO-GRAPH**



BERNICE BEDE OSOL

**He's got a pacemaker. She's got a grandfather.**



Your donations help give someone a second chance.



Tel.: (819) 562-7942  
 Fax: (819) 564-0690

**Crossword**

- ACROSS**
- Indecent
  - Narrow strip
  - Ravioli
  - Tennis great
  - Half: pref.
  - "— of One's Own" (Woolf)
  - Read superficially
  - "The Terrible"
  - Verso's opposite
  - Offensive of 1968
  - "The Grey Eagle"
  - Send payment
  - O'Casey and Penn
  - Talk noisily
  - "For Whom the —"
  - Attic
  - Alamos
  - Gerard — Hopkins
  - From — Z
  - Tease
  - Set
  - CIA predecessor
  - Saddle horse
  - Baronet's title
  - Negative in Novgorod
  - Laid up
  - Ill-bred fellow
  - "...the bombs bursting —"
  - Ejects
  - "The Meal Ticket"
  - DDE's opponent
  - Florida city
  - Twining plant
  - Covetousness
  - Hinged helmet
  - Alan or Cheryl
  - Adolescent
  - Takes charge
  - "Country" Slaughter
  - Eng. composer
- DOWN**
- Final
  - Gravelly ridge
  - "The Chairman of the Board"
  - Rep.'s foe
  - Garment
  - Tribe of Israel
  - Gathers
  - Tawdry
  - Of mother or father
  - "I have — for living" (Evans)
  - Hit hard
  - Carry
  - Cupid
  - Useful hint
  - Arnie of golf
  - Wrestler's pad.
  - Marsh
  - "Little Poison"
  - majesty
  - Method: abbr.
  - Elia
  - Indian
  - Auto style
  - Some headgear
  - Rummy variety
  - Cross-examined
  - Belgrade native
  - Burns' negative
  - Gardening tool
  - NCO
  - Winter vehicles
  - Hills of Rome
  - Anthracite
  - Field measure
  - Hindu hero
  - Within: pref.
  - Auld Lang —
  - Greek letter

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
	23		24				25					
		26				27				28	29	30
31	32			33				34				
35				36				37				38
39		40				41				42		
43						44				45		
				46				47				48
49	50	51					52			53		54
55						56				57		
58						59				60		
61						62				63		

©1993 Tribune Media Services, Inc. All Rights Reserved

11/25/93

**Yesterday's Puzzle Solved:**

LUGER	CAP	SCOT
INANE	BOLO	URGE
MISSOURIAN	SERE	
ATTU	NIL	TEPEES
READE	SOME	
FLO	SOFT	TOUCHES
RANCH	RON	TAXI
AMOR	DROPS	ENID
NAME	EEL	ADDLE
CREST	FALLEN	LES
CALL	OLIVE	
SERENE	EOS	OBOE
OVEN	COMMENTARY	
FIND	TRIS	BERLE
ALTO	SET	ASSES

11/25/93

**ALLEY OOP®** by Dave Graue and Jack Bender

THIS FOOTBALL LOOKS LIKE A THANKSGIVING TURKEY WITHOUT THE DRUMSTICKS...  
 CATCH THE TURKEY, SIR! WHITE MEAT OR DARK MEAT? SAVE ME THE WISHBONE!  
 THE TURKEY FELL OFF THE TABLE, SIR...  
 I HATE PLAYING WITH YOU, MARCIE!

**EKK & MEEK®** by Howie Schneider

LOOKY THERE... OOP, ISN'T THAT...? YESSIR, IT'S OLD THINK HISSELF!  
 ARE THEY LEAVING? YEP!  
 LOOKS LIKE WE'VE GOT OUR CAPITAL BACK. AND WITHOUT A FIGHT! YIPPEE!

**ARLO & JANIS®** by Jimmy Johnson

HAVE YOU NOTICED? THEY HAVEN'T EXPOSED A MAJOR GOVERNMENT COVER-UP IN AGES. YEAH...  
 THEY'RE GETTING BETTER AT IT

**GRIZZWELLS®** by Bill Schorr

WE REALLY HAVE A LOT TO BE THANKFUL FOR. IT'S EASY TO FORGET SOMETIMES. WE HAVE IT SO GOOD COMPARED TO MANY OTHERS IN THE WORLD. NOT THAT OUR PROBLEMS ARE ANYTHING TO SNEEZE AT!

**WINTHROP®** by Dick Cavalli

LOOK, DEAR... MY OLD SKIN STILL FITS...

**FRANK & ERNEST®** by Bob Thaves

WHAT WAS THE SCHOOL LUNCH DESSERT TODAY? CARIOCA PLIDDING. YOU MEAN TAPIOCA. CARIOCA WAS A DANCE FRED ASTAIRE DID IN AN OLD MOVIE. NOT IF HE ATE THAT PLIDDING.

**THE BORN LOSER®** by Art and Chip Sansom

WILBERFORCE, LET'S HEAR WHAT YOU'RE THANKFUL FOR TODAY. I DUNNO. THERE MUST BE SOMETHING YOU'RE THANKFUL FOR...COME ON, I WANT TO CARVE THIS TURKEY! OKAY, I'M THANKFUL THAT I'M NOT A TURKEY TODAY!

**KIT 'N' CARLYLE®** by Larry Wright

I GUESS I'M NOT REAL CLEAR ON WHAT IT IS I'M THANKFUL FOR...

**BEATTIE BLVD.™** by Bruce Beattie

"I'll take another five-miles-on-the-exercise-bike's worth of sweet potatoes."

# Townships' Crier

## STANSTEAD

Christmas Tea and Sale at Centenary United Church Hall, Stanstead on Saturday, November 27 from 2 p.m. to 4 p.m. Sponsored by the Allegro Unit, Centenary UCW.

## DIXVILLE

500 card party on Monday, November 29 at 7:30 p.m. in the Dixville Home gym. Prizes, Refreshments. Admission charged. Everyone welcome. Sponsored by the Ladies Guild of St. Cuthbert's Church, Dixville.

## LENNOXVILLE

Men's Breakfast on Saturday, November 27 in the dining room at Bethel Bible Institute, 1175 chemin Woodward, Lennoxville at 8 a.m. Speaker: Russ Hopkins, Pastor Greenridge Baptist Church, Lennoxville. All men most welcome. For information, please contact Ron Drew 849-3589, Gordon Warnholtz 569-8815, Gordon Bowker 889-2683.

## WATERLOO

Christmas Bazaar at St. Paul's United Church, Waterloo on Saturday, November 27 from 10 a.m. to 2 p.m. Decorations, wreaths, baked goods, candy, delightful crafts and much more is offered for your Christmas shopping. Luncheon will be served for which there is a charge. An added attraction will be a silent auction.

## STANBRIDGE EAST

There will be a Ham Dinner on Saturday, November 27 from 5 p.m. to 7 p.m. in the Anglican Church Hall, Stanbridge East.

## MAGOG

There will be a Flea Market and Craft Sale on Saturday, November 27 from 9 a.m. to 3 p.m. in the Army, Navy and Air Force Hall, 925 Main St. West, Magog. Something for everyone. Winter coats, dresses, toys, quilts, ribbon, tools, honey, jewellery and much more.

## AYER'S CLIFF

Advance notice. The Stewards of Beulah United Church in Ayer's Cliff will present a Brunch on Sunday, December 5 from 11 a.m. to 1 p.m. Menu consists of ham, bacon, eggs, sausages, pure maple syrup and pancakes, juice, jam, coffee, tea and great fellowship. Plan to join us, why not bring a friend or two.

## SHERBROOKE

A reminder to all ordinary and associate voting members of the Royal Canadian Legion Col. J.S. Bourque Branch 10, 470 Bowen St., Sherbrooke, that a general and election meeting will be held on Monday, November 29. This will be a supper meeting. Supper at 6:30 p.m. followed by meeting at 8 p.m.

## SHERBROOKE

The Ladies Auxiliary of the Royal Canadian Legion Col. J.S. Bourque, Branch 10, 470 Bowen St. South, Sherbrooke, will be serving a Hot Turkey Supper with all the trimmings on Saturday, November 27 from 5 p.m. to 7 p.m. There will be food and fancyworks tables. Admission charged. Everyone welcome.

## PHILIPSBURG

Philipsburg Branch 82 of the Royal Canadian Legion will be serving a Chicken Pot Pie Supper, complete with dessert, Saturday, November 27 from 4 p.m. to 8 p.m. Children 13 and under, half price; 5 and under, free. This will be a repetition of the one which was so popular last year.

## SHERBROOKE

The Word of Grace Radio Broadcast has resumed its former broadcast hours. You can now hear the Word of Grace from 8:30 a.m. to 9 a.m. every Sunday on CJAD, Dial 90. This Sunday, listen to Rev. Marney Patterson's message that he gave at St. George's Church, Lennoxville. "We commend you to God and to the word of His Grace".

## COWANSVILLE

Breakfast at the Royal Canadian Legion, 120 Davignon Blvd., Cowansville on Sunday, November 28 from 10 a.m. to 1 p.m. Everyone welcome.

## RICHMOND

A.C.W. Christmas Tea and Bazaar at St. Anne's Anglican Church on Saturday, November 27. Tea from 2 p.m. to 4 p.m. Sale commences at 1:30 p.m. Baked goods, Christmas crafts and miscellaneous handi-crafts. Come and enjoy an afternoon with us.

## LENNOXVILLE

Advance notice. Brunch at the A.N.A.F., Unit 318 "Hut", St. Francis Street, Lennoxville on Sunday, December 5 from 10:30 a.m. to 12:30 p.m. Everyone welcome.

## RICHMOND

500 card party in the Upper Melbourne Hall, 1257 Route 243, on Thursday, December 2 at 8 p.m. Sponsored by the St. Patrick's Society of Richmond. Lunch and prizes. Everyone welcome.

## WARDEN

500 card party on Wednesday, December 1 in the I.O.O.F. Hall, Warden at 8 p.m. All welcome.

## COWANSVILLE

Trinity Anglican Church Friendly Society are holding a Christmas Tea and Sale on Saturday, December 4 in the Church Hall, 409 South St., Cowansville from 2 p.m. to 4 p.m. Home baking, crafts, nearly-new surprise packages, fish pond and tea tables. All welcome. Information: Mary Lechasseur 263-3329.

## LENNOXVILLE

The Sherbrooke and District University Women's Club will hold its Christmas Gathering on Wednesday, December 1 at 6:30 p.m. at Uplands Museum, Lennoxville. There will be a short meeting and dessert served before a talk at 8 p.m. by Dr. Robin Burns, Department of History, Bishop's University. Dr. Burns' talk "150 Years and Counting" will highlight events that made the University what it is today. Members, guest and those interested in becoming members are invited. Nancy Foerstel will cater the refreshments. Admission charged. For more information call Mary Ann Morin at 829-1821.

## BURY

Advent Carol Service, Bishop's University Choir, in St. Paul's Church, Bury on Wednesday, December 1 at 7 p.m. Everyone welcome.

## LENNOXVILLE

Advance notice. Sunday, December 5 is the Children's Christmas Party at the Army, Navy and Air Force, 300 St. Francis Street, Lennoxville. Members bring a child and a gift. Games, singing, elves and a visit from Santa Claus with goodies. Lunch served. Age: newborn to 12 years. Time: 2:30 p.m. to 5 p.m. Deadline: December 1. For more information call 562-8683, 569-0644 or 564-3181 or leave names and ages at A.N.A.F. Hut.

## CHERRY RIVER (ORFORD)

Advance notice. All mothers and/or daughters are invited to attend a pre-Christmas Extravaganza Weekend at Parkside Ranch on Saturday, December 4 beginning at 10 a.m. and ending on Sunday, December 5 after brunch. Mothers and/or daughters will enjoy the light lunch and Christmas dinner on Saturday as well as the take home Seasonal Crafts and our guest speaker Anne Stewart of Oakville, Ontario. Christmas carols and our guest soloist, Carol Jones, will highlight the evening around the Christmas tree and fireplace. Pre-register for Saturday only or Sunday too by calling Parkside Ranch 868-0431.

## CHERRY RIVER (ORFORD)

The Cherry River Gospel Chapel Annual Ladies Christmas Meeting will be held on Tuesday, December 7 at Parkside Ranch. This free event will begin at 5:30 p.m. All the ladies will enjoy a traditional Christmas Dinner with all the trimmings. There will be a Carol Sing as well as special music and entertainment. This years guest speaker will be Lynn Clever (nee Down) originally from Ayer's Cliff, recently returned from Illinois. A \$5.00 gift exchange will be part of the evening program. For more information call Eva Bailey 843-9962.

## WATERLOO

Christmas Sale and Tea in St. Luke's Church Hall, Court Street, on Wednesday, December 1 from 2 p.m. to 6 p.m. The usual sale tables to choose your gifts or useful articles from. Hope to meet you there.

## RICHMOND

Le Rivage du Val St. Francois will be holding a Coffee-Conversation evening on Wednesday, December 1. The theme will be "Emotional Problems and the Holiday Season Source of Joy or Worry?" If someone you care about is suffering from emotional problems and the Holiday season for you is approaching with worry, come and be informed and supported on the subject. Coffee and refreshments will be served at Le Rivage, 1010 Principale North, third floor, at 7 p.m. In case of a storm, it will be held on Monday, December 6.

## SAWYERVILLE

Card party in the Community Centre on Saturday, November 27 at 1:30 p.m. Sponsored by the Oddfellows and Rebekah Lodges. Prizes and lunch. All welcome.

## AYER'S CLIFF

The Ayer's Cliff Q.F.A. will be having their annual Christmas party on Saturday, November 27 at 7 p.m. in the Legion Hall. This will be a Turkey Supper. There will be door prizes, Santa and Bingo. Let's have a good turnout of Q.F.A. members and their families.

## LENNOXVILLE

A Snowy Christmas Bazaar and Tea will be held at St. George's Anglican Church, 84 Queen St., Lennoxville on Saturday, November 27 from 1 p.m. to 4 p.m. Santa will visit at 2:30 p.m.

## SUTTON

500 card party in Sutton Legion Hall on Monday, November 29 at 7:30 p.m. Everyone welcome.

## SHERBROOKE

The Sherbrooke Hospital Cook Book Committee is proud to announce the sale of its cook book called "Favourite Recipes" commencing on December 1. All proceeds will go to the hospital. The book will be on display at the Hospitality Shop of the Sherbrooke Hospital. There are over 350 recipes in the book and it has been compiled from the staff and associates' favourite recipes, put together by a dedicated team who have worked diligently since last March.

## LENNOXVILLE

Soup and Sandwich Luncheon at the Lennoxville Curling Club on Wednesday, December 1 from 11:30 a.m. to 1 p.m. Cards of your choice can be played afterwards. Please reserve a table by calling Sylvia King 562-5669 or Marion Greenlay 823-4315.

## BOLTON CENTRE

The East Bolton Neighbourhood Watch will hold a meeting on Monday, November 29 in the Town Hall, Bolton Centre at 7 p.m. Guest speaker: Alain Moreau, S.Q., liaison officer.

This column accepts items free of charge announcing events organized by churches, service clubs and recognized charitable institutions. Requests should be mailed, well in advance, to THE RECORD, P.O. Box 1200, Sherbrooke, Que. J1H 5L6, be signed and include telephone number of person forwarding the notice. Telephone requests cannot be accepted. Admission charges and trade names will be deleted. No dances.

## Sawyerville

Alice Wilson  
889-2932

Mrs. Gertrude Montgomery, formerly from this town, and has been a resident at Rolling Hills, is now at St. Francis Manor. Her address is Room 204, St. Francis Manor, 125 Queen St., Lennoxville, Que., J1m 1J7.

Mr. and Mrs. Graydon Mitson, Cowansville and Mrs. Jennie Hayes, Richford, Vt., were dinner guests of Mrs. Evelyn Macey on November 15. On Sunday, Mrs. Macey accompanied Mr. and Mrs. Ian McBurney and family to Island Brook for dinner at the Restaurant and afterwards visited their daughter and sister, Mrs. Michael Harbinson and Mr. Harbinson in Birchton.

Mr. and Mrs. Bryan Morrison, Ottawa, were guests of his parents, Mr. and Mrs. Lloyd Morrison and sister Shirley. George Morrison, Richmond, spent a day at the same home.

Afternoon callers of Mr. and Mrs. Douglas Mackay were Mr. and Mrs. Raymond Berwick, Picton, Ont. and Mrs. Lillian Cook, Bury.

Mrs. Zelma MacRae and Ron Jamieson attended meetings held in Shawville and Quyon. Mrs. MacRae attended a gathering in Beach Grove Church where she represented and brought greetings from the Provincial Grand Lodge of Quebec L.O.B.A. in the absence of the Grand Mistress, Sister Wall. Mr. Jamieson attended a meeting of the L.O.L. in Quyon. They were guests of Mr. and Mrs. Bill Hanna in Shawville and with them enjoyed a Fiddlers Jamboree at Pine Hill near Shawville.

Condolences are offered to Edith Stevens, whose brother has passed away in Hawkesbury, Ont.

## Births

**HARTWELL** — It's a boy! It's Ryan Bruce Hartwell, born on October 6, 1993 at 3:45 p.m. First child of Tony and Darlene and grandson of Donna Seale and Bruce and Hazel Kerr.

**THOMAS** — Denis and Wanda (nee Johnston) are proud to announce the birth of their second daughter, Sophie, born on November 12, 1993 at 8:11 p.m., weighing 7 lbs. 7 oz., at Sweet-sburg Hospital. Granddaughter to Dorson Johnston of Brome and Beverly Johnston of Verdun. Great-granddaughter to Mrs. George Johnston of Cowansville. A special thanks to Dr. Michel Camirand and the staff at the B.M.P. Hospital.

## Card of Thanks

**BROWN** — Once again, my sincere thanks to doctors, nurses and staff on 4th floor Sherbrooke Hospital and then to the C.H.U.S. at the time of my surgery. To my family, relatives, clergy and friends for their unflinching support. For phone calls, visits, get-well cards and transportation. For all of this, I am deeply grateful.

## MILTON

**MOSHER** — We wish to thank friends, family and the Municipality of Bury for flowers, cards, food and donations made in memory of our sister and aunt, the late Kay Phaneuf Mosher. Our most sincere thanks and appreciation to all.

**MARILYN & GEORGE MATHESON**  
(sister & brother-in-law)  
**HEATHER & TIM**  
(niece & nephew)

**PREMONT** — I would like to take this opportunity to thank all those who assisted me in any way at the death of my husband, George Premont. Thank you for your cards, money and flowers, for food and visiting the funeral home, also for donations to the B.M.P. Hospital. Many thanks to Knowlton Lodge No. 28, the pall-bearers, to those ladies who served refreshments after the funeral, it was greatly appreciated. Special thanks to Rev. Keith Joyce, Ken MacGillivray of the Desourdy-Wilson Funeral Home. Your thoughtfulness will always be remembered.

**PEGGY PREMONT**  
(wife)

## Death

**QUIGLEY, Donald** — At the Brome-Missisquoi-Perkins Hospital on Tuesday, November 23, 1993. Donald Quigley, in his 64th year. Beloved husband of Evelyn Hodge. Dear father of Steven (Janet) of Toronto, Ont.; Brian of Aurora, Ont.; David (Yolanda) of Stanbridge East, Que. and Gary (Claudette) of Dunham, Que. Cherished grandfather of 10 grandchildren. Visitation on Wednesday, November 24 from 7 to 9 and Thursday, November 25, from 2 to 4 and 7 to 9 p.m. at the Cowansville Funeral Home, 109 Davignon Blvd., Cowansville, Que. — Ken Morris, Funeral Director, Robert Farnam, Funeral Counselor. Funeral service from the Chapel on Friday, November 26, 1993 at 2 p.m., the Rev. Father Francis Cain and the Rev. Stu Clarke officiating. Burial in the Cowansville Protestant Cemetery. In his memory, donations to the Canadian Cancer Society, Cowansville Branch, P.O. Box 131, Cowansville, Que., J2K 3H1, would be gratefully appreciated and acknowledged.

## In Memoriam

**BEATTIE** — In loving memory of our dear brother, father and grandfather, Kenneth Graham Beattie, who was suddenly taken from us on November 25, 1985 in a tragic traffic accident. Remembered each day in some kind way.

**ELWIN (brother)**  
**BERNICE, DORIS,**  
**JEAN & SHIRLEY**  
(sisters)  
Richmond, Quebec



## PLEASE NOTE

**ALL** — Births, Card of Thanks, In Memoriams, Brieflets, and items for the Townships Crier should be sent in typewritten or printed in block letters.

All of the following must be sent to The Record typewritten or neatly printed. They will not be accepted by phone. Please include a telephone number where you can be reached during the day.

**BRIEFLETS** (No dances accepted)  
**BIRTHS**  
**CARDS OF THANKS**  
**IN MEMORIAM**

19¢ per word  
Minimum charge: \$4.50

**WEDDING DESCRIPTIONS, SOCIAL NOTES:**

No charge for publication providing news submitted within one month, \$12.50 production charge for wedding or engagement pictures. Wedding write-ups received one month or more after event, \$17.50 charge with or without picture. Subject to condensation.

**ALL OTHER PHOTOS**.....\$12.50

**OBITUARIES:**  
No charge if received within one month of death. Subject to condensation. \$17.50 if received more than one month after death. Subject to condensation. All above notices must carry signature of person sending notices.

**DEATH NOTICES:**  
Cost: 19¢ per word.

**DEADLINE:**  
For death notices to appear in Monday editions:

Death notices may be called in to the Record between 5 p.m. and 9 p.m. Sunday.

For death notices to appear in Tuesday, Wednesday, Thursday or Friday editions:

Death notices may be called in to The Record between 9 a.m. and 9 p.m. the day previous to the day the notice is to appear.

To place a death notice in the paper, call (819) 569-4856 or fax to (819) 569-1187 (please call 569-4856 to confirm transmission of notice). If any other Record number is called, The Record cannot guarantee publication the next day.

TO PLACE YOUR PREPAID BIRTHS, CARDS OF THANKS, IN MEMORIAM, BRIEFLETS AND CEMETERY NOTICES:

PLEASE PRINT CLEARLY

19¢ per word. Minimum charge \$4.50.

BY MAIL: Use this coupon  
IN PERSON: Come to our offices

2850 Delorme Street, Sherbrooke, Monday to Friday 8:30 a.m. to 4:30 p.m.  
or 88 Lakeside Street, Knowlton, 8:30 a.m. to 1:30 p.m.  
Information: (819) 569-9525 or (514) 243-0088.

**DEADLINE:** Noon working day previous to publication.

**ALL ORDERS MUST INCLUDE STREET ADDRESS AND TELEPHONE NUMBER**

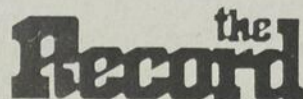
MAIL THIS COUPON TO: **The Record**  
**P.O. Box 1200, Sherbrooke, Quebec J1H 5L6**

COST OF ADVERTISEMENT: (min. \$4.50) \$0.19 x \_\_\_\_\_ words x \_\_\_\_\_ days = \$ \_\_\_\_\_  
(multiply) x .07 GST \_\_\_\_\_  
SUBTOTAL \_\_\_\_\_  
(multiply) x .04 PST \_\_\_\_\_  
TOTAL \_\_\_\_\_

ADVERTISER'S NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_  
TELEPHONE ( ) \_\_\_\_\_  
PLEASE CHECK FORM OF PAYMENT:  
 CHEQUE  MONEY ORDER  CREDIT CARD   
CREDIT CARD PAYMENT:  
 MASTERCARD  VISA   
CARD NO. \_\_\_\_\_  
EXPIRATION DATE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

**THE RECORD**  
**RESERVES THE RIGHT TO REJECT OR**  
**EDIT ANY ADVERTISEMENT.**

# Sports



## Sherbrooke U. athletes get their share too

# Gaiters Breck, Murphy honored at Montreal gala

By Mark Brender

MONTREAL — Bishop's University quarterback Jim Murphy and coach Ian Breck put Gaiter football in the provincial spotlight Wednesday night, taking two out of three male team awards at the 1993

Foundation for Quebec University Athletics awards gala. About 500 people, including Canadian sports luminaries Maurice Richard, Sylvie Frechette and Gaetan Boucher, were on hand at the Queen Elizabeth Hotel in Montreal to see

Murphy selected male athlete of the year in a team sport. Breck was chosen team sport coach of the year. Both men were overwhelmed with the recognition but for slightly different reasons.

Breck, who ranked the award second to being named top football coach in the CIAU last year, had to take a couple deep breaths after getting back to his table from the podium.

"It's remarkable, absolutely remarkable. It's something that in my wildest dreams I didn't think would happen tonight," he said.

**SHOCKED**  
Breck was shocked because he knew before-hand that his competitor had done something he has failed to do in six years at Bishop's: win a Canadian championship.

Sherbrooke University cross-country coach Richard Crevier, who guided the Vert et Or to a national title last year, was also in the running for the award.

"To me, that's the measure of a coach's ability, how far do you take your team," Breck said. "That's something we haven't been able to do yet, but we're still working on it."

Crevier earned a slight measure of revenge when his cross-country team beat out Breck's for the male team of the year.

Breck said nobody at Bishop's will be entirely happy until the Gaiters one day bring home the Vanier Cup. The personal awards don't make up for having failed to do so thus far, Breck said.

They don't have to. Lofty expectations only make it seem

that way after so much winning during the regular season.

**MONSTER**  
"I guess I feel a little like Dr. Frankenstein, having created the monster," he said.

For Murphy, who in 1992 led the country in passing with 1,839 yards and was a second-team all Canadian, the most emotional moment of the evening came before his name was announced.

"I got my picture taken with (Maurice) the Rocket (Richard). When I was standing beside him I was shaking like this," he said, his hand shaking. "Some guys are heroes and some are legends. This guy's a living legend."

Murphy received a \$2,500 bursary for winning the award. He beat out Concordia University basketball player Emerson Thomas and volleyball player Simon Berleur from the University of Montreal.

Murphy said he was especially appreciative of the foundation's work at raising money to help student-athletes. He said similar programs across the country would allow more Canadians to stay at home for school instead of going to the United States, where scholarships are readily available for top athletes.

**GREAT FOUNDATION**  
"Sometimes we just don't have the finances to stay in Canada. A foundation like this, it's great. I have a lot of respect for what they do here. It's a great approach to keep kids in Canada."

Murphy said he never considered leaving. "I'm a true Canadian, a Don Cherry at heart."

Forty-four bursaries totaling \$90,500 were handed out during the 8th Governors Gala, to be televised Dec. 1 on the RDS sports channel.

Major corporate sponsors of the event included Hydro Quebec, Ultramar, Bernard Trotter Sports, Les Industries C-Mac, Molson and Videotron.

Gaiters linebacker Francis Bellefroid was awarded an entry bursary of \$1,750. Bishop's basketball player Colin Feasby was awarded a finalist bursary of \$1,750 for his nomination as top male student athlete.

**MORE AWARDS**  
Sherbrooke University sprinter Sonia Paquette received \$1,750 for her nomination as outstanding female athlete achieving impressive results at the provincial, national or in-

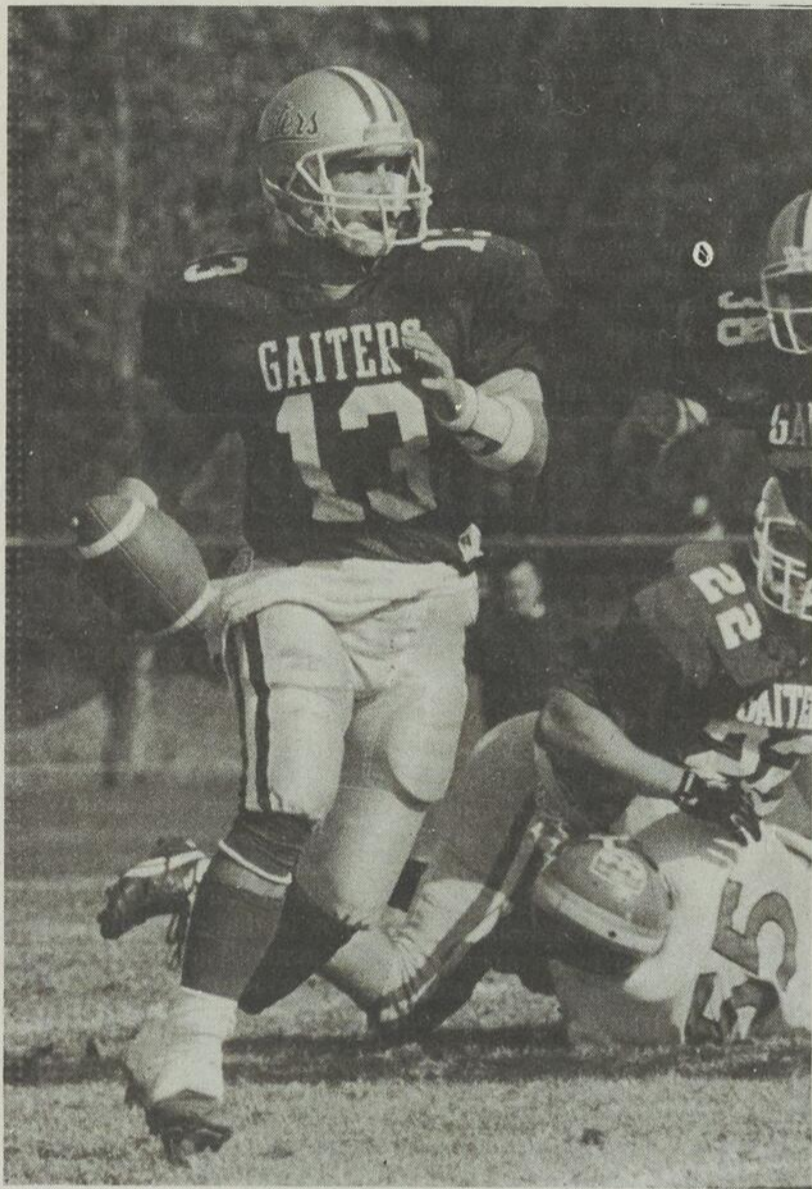
ternational level. Sherbrooke's Isabelle Me-nard and Eric Puig also received recruitment bursaries.

Other award winners were:  
• skier Erica Panet and runner Michael Thomas, both from McGill University, as top student athletes;

• swimmers Guylain Cloutier, from the University of Montreal, and Francois Gravel, from the University of Laval, as top athletes in individual sport;

• McGill basketball player Vicky Tessier as outstanding female athlete in a team sport;

• University of Montreal speed-skater Angela Cutrone and McGill fencer Danek Nowosielski as outstanding female and male athletes outside university competition.



Jim Murphy... Male athlete of the year in a team sport.



Ian Breck... Team sport coach of the year.

## Flyers have it their way right away

# Racicot used for target practice in 9-2 disaster

PHILADELPHIA (AP) — Kevin Dineen scored three goals and the Philadelphia Flyers erupted for six goals in the second period to defeat the Montreal Canadiens 9-2 Wednesday night.

The Flyers won for only the second time in their last seven decisions (2-4-1) and for the first time in five games at home against Montreal (1-2-2). Montreal is winless in its last four games (0-3-1).

Garry Galley, Mark Recchi, Brent Fedyk, Mikael Renberg, Pelle Eklund and Viacheslav Butsayev also scored for the Flyers.

Kirk Muller and Mike Keane replied for the Canadiens.

Muller opened the scoring at 4:41 of the first period on a power play when he redirected a pass from Vincent Damphousse in front of goaltender Tommy Soderstrom, who went on to gain his first win of the season (1-3-1).

The Flyers managed four shots in the opening period, but scored twice. Dineen registered his first goal in nine games and tied the score 1-1 at 16:03. He delivered a wrist shot from the right circle that eluded goalie Andre Racicot, making his third appearance of the season.

With 52 seconds remaining in the period, Galley gave the Flyers a 2-1 lead with a wrist shot from the left circle on a

power play. Galley also contributed three assists.

The Flyers scored three goals in a 3:30 span early in the second period.

Recchi began the onslaught by deking Racicot at the goal-mouth and backhanding in his 13th goal at 1:14. Dineen made it 4-1 off a rebound at 2:31. Fedyk completed the burst with his sixth at 4:24 on a wrist shot from the right circle.

Montreal closed within 5-2 on Keane's sixth goal, on a power-play at 15:31.

Later in the period, Philadelphia added a pair of goals in a 33-second span. Renberg posted his 12th at 16:31 on a 2-on-1

with Butsayev. Eklund notched his first moments later.

Butsayev collected his eighth with 30 seconds remaining in the second.

Montreal coach Jacques Demers opted to start Patrick Roy in the third period but that didn't halt the Flyers. Dineen got his third of the game 4:45 into the third when he tipped in a point shot by Dimitri Yushkevich on a power play.

Rod Brind'Amour's assist on the Flyers' first goal stretched his point-scoring streak to 13 games, the longest in the NHL this season. Brind'Amour has points in all but one Philadelphia game this season.

Recchi's goal and four assists tied him with Wayne Gretzky for the NHL scoring lead (41 points).

It was Dineen's 10th three-goal game of his career.

"We needed that win," Dineen said. "We scored a lot of goals. That hasn't been a problem all season."

Philadelphia leads the NHL in goals with 108.

"Our goal tonight was to play tight defensively and we accomplished that," Dineen said.

Demers thought his team obviously could have done better.

"We've been playing with fire for a while and it caught up with us tonight," he said. "I'm

angry, but there are some players who are angry, too. But there are not enough who are angry."

The Flyers' slow start didn't faze coach Terry Simpson.

"We really didn't start very good," Simpson said. "It was just one of those nights that everything went in."

Devils 5 Sabres 3

Rangers 7 Senators 1

Lightning 4 Whalers 1

## Fake shooting gets coach in real mess

LIBERTYVILLE, Ill. (AP) — A high school football coach who staged a phony shooting to motivate his players resigned Wednesday.

"Obviously, the shock of the idea we were going to die overshadowed any point he was trying to make," said Libertyville high school senior Mike Duffy, a lineman who witnessed the stunt.

"Most of us were scared out of our minds," said Duffy. "I ran for my life."

The incident occurred in the high school cafeteria Saturday, hours before the Libertyville Wildcats were to play Loyola Academy in a state semifinal playoff game.

During a pep talk to players, coach Dale Christensen interceded in a fake fight he had orchestrated between two youths. Shots rang out and Christensen fell to the ground as fake blood spread across his shirt.

Although Christensen bounced up several seconds later and announced the shooting was a hoax, panicked students had already scrambled for cover or fled the cafeteria.

At least two calls were placed to police emergency num-

bers and three police cars sped to the scene.

Even the coach's son, linebacker Reed Christensen, apparently was fooled.

Witnesses said as his father lay on the floor, Christensen shouted, "My dad's been shot!"

But police found the gun was a starter pistol that fired blanks, the blood on the coach's shirt was fake and that the whole stunt "was a skit the coach was putting on for his team to motivate them," police chief Dan McCormick said Wednesday.

It was not immediately clear how the shooting was to motivate the players.

School superintendent Donald Gossett said he is investigating to determine whether Christensen would face disciplinary action.

McCormick said police and prosecutors were weighing disorderly conduct charges in the incident.

Christensen, a coach for 24 years, did not return telephone calls and the school said he was not available for comment.

His team lost the game, 27-14.

## Quebec Olympic bid dealt major blow

QUEBEC (CP) — Quebec City's bid to stage the 2002 Winter Olympics has been dealt a major setback with a judgment by the Federation Internationale de Ski that the hill slated for the men's downhill event is not steep enough.

The decision by the FIS, the organization which oversees world-class skiing, is seen as a boost for Salt Lake City, Utah, the leading candidate in the contest to host the Games.

The International Olympic Committee will make a final decision in June 1995.

Quebec 2002, the corporation seeking to land the Games for the provincial capital, submitted five different scenarios to develop the Petite-Riviere-Saint-Francois mountain, 60 kilometres northeast of Quebec City, to meet FIS standards for the men's downhill.

But Bernard Russi, in a report for the FIS, said "the entire mountain has a relatively weak slope."

**TOO FLAT**

Russi added: "Even if major work was conducted to change the profile of the mountain, it would still include a flat sector of 500 metres, which depreciates the sports value of a downhill and makes the results a sham."

The FIS, whose support is viewed as essential in lobbying efforts to win a bid, accepted

the proposed course for the men's and women's super giant slalom and the women's downhill at Petite-Riviere-Saint-Francois.

Walter Sieber, a vice-president with Quebec 2002, said the organization is determined to find a solution to the downhill problem raised by the FIS.

Sieber said Quebec 2002 has hired a consortium, which includes the SNC-Lavalin engineering firm, to explore possibilities the Olympic group may have overlooked.

"The consortium will see whether it is possible to change the profile of the mountain," explained Sieber. "At the same time, it will explore the possibility of a new site that meets the requirements of the FIS."

**DRAWBACKS**

Sieber said the two main drawbacks for Petite-Riviere-Saint-Francois are that its average slope is 25 per cent — about five per cent less than world-class norms — and half of the downhill run has a degree of difficulty between 0 and 20 per cent.

The consortium, which is to complete its study by mid-February, faces a daunting task.

Making changes to the mountain to conform to FIS stan-

dards would be costly with no guarantee that it would result in Quebec winning its Olympic bid. Financing, in the current economic context, would be difficult.

Rene Paquet, the president of Quebec 2002, has stated that "Quebec's bid will be frugal, no extravaganza."

Moving the downhill event to an alternate site also does not seem viable. There is no ski hill in the province which would meet the FIS standards for slope steepness and IOC officials aren't likely to be impressed by a long-distance transferring of such a major Olympic event.

## HOME OPENER

Sunday, November 28

BISHOP'S  
GAITERS



VS

CONCORDIA STINGERS

Women 1:00 p.m.

Men 3:00 p.m.

Tickets: Adults \$3.00

Students \$2.00

HALFTIME:

Tuition Shot

# How to be a fruit fly exterminator

By Anne B. Adams and Nancy Nash-Cummings

**DEAR ANNE AND NAN:** This year, for some reason, more than ever we have fruit flies everywhere, but especially in our kitchen. I've tried removing all the things that might be attracting them, but to no avail. What can I do to get rid of them? Please rush an answer as these annoying little pests have invaded our home. — **B.J. GUYETTE, Rutland, Vt.**

**DEAR B.J.:** Each female fruit fly lays about 500 eggs and she lays them all over the place: in ripening or gone-by fruit, on surfaces, in mops, etc. The key to getting rid of them is finding their food source and breeding places.

Finding these places can be difficult, so we tried another tack and turned to one of our best resources, "Common-Sense Pest Control" by Olkowski, Daar and Olkowski (Taunton Press, 1992). We read about the effectiveness of citrus oils for pest control.

"In a test using scarified (grated) limes, all the fruit flies were immobilized in 15 minutes, and all were dead in two hours," the book says.

This summer we heard about a product called Air Therapy, which contains essential oils from real citrus and herbs, nothing else. It eliminates odors, smoke, pollen and acts as an organic, non-aerosol insecticide. We use it and think it's a great product. We buy it at our nearby co-op, but if you can't find it locally, you can order it from Fresh Air Products HCR 68, Box 124, Woodstock, VT 05091 or call 1-800-292-6339.

**DEAR ANNE AND NAN:** Years ago I heard Pat Boone sing the words to "Taps." I don't remember what year it was, but I cannot find a copy of the words or perhaps a record he may have made. — **Margaret Lemaster, Dunnellon, Fla.**

**DEAR MARGARET:** Nan dusted off her memory of singing "Taps" each evening at Camp Lake Hubert and checked with a local music teacher to make sure her memory was accurate. The lyrics to "Taps" are:

Day is done  
Gone the sun  
From the lakes, from the hills, from the sky  
All is well, safely rest  
God is nigh.

**DEAR ANNE AND NAN:** Do you know where I can purchase white painter's overalls by mail order? — **Janet Cropper, Reddick, Fla.**

**DEAR JANET:** We found just what you're looking for at WearGuard, a company that specializes in work clothes but also has a good selection

of boots, jackets, long underwear, etc. The painter's overalls are 100 percent cotton, have seven reinforced pockets and cost \$34.99. Give them a call at 1-800-388-3300 to order and/or receive a catalog.

**DEAR ANNE AND NAN:** I hope you can help me. I broke the lid of my pressure cooker. I wrote to the address about four weeks ago. The address on my book is National Presto Industries, Eau Claire, WI. I hope you know where I can write to get a handle. — **SUE BOWSER, Eckhart Mines, Md.**

**DEAR SUE:** You wrote to the right place but didn't have quite enough of the address. Presto has a parts sheet available or you may call the company and they will take a telephone order. Handles are also available at True Value and Ace Hardware stores.

The full address for the company is: National Presto Industries, 3925 North Hastings Way, Eau Claire, WI 54703 and the phone number for parts and repairs is 715-839-2209.

**STUMPED:** Does someone have Mamie Eisenhower's pumpkin pie recipe? J.H. of Ocala, Fla., is looking for it. Another reader from Ocala is looking for oxford shoes with about 1-1/2 inch heels, a minimum of four shoestring eyelets and a leather sole. "Soft cushiony soles don't work for me." She needs a 7 or 7-1/2 with a D width. Does anyone have a source for these?

Also, does anyone have a recipe for cookies made from chocolate cake mix? Susan Casteel of Perry, Okla., is looking for this.

**DEAR ANNE AND NAN:** For years I've been feeding birds during the cold winter months with sunflower and thistle seeds in the feeder and suet in the "suet cage." But lately I've found just plain suet harder and harder to find, and when I do it's expensive. Is there an alternative? — **SARA G., Iron Mountain, Mich.**

**DEAR SARA:** This summer, on our local call-in radio program, we were given a wonderful "suet alternative" recipe that not only gives birds an added nutritional boost but also recycles what we think of as kitchen waste.

In an oven set at its lowest heat (if you have a pilot light, don't bother to turn the oven on at all) dry eggshells and leftover bread crusts or stale bread overnight. Place in a food processor and chop to a semi-fine stage. Put in a bowl and mix with any leftover grease you may have.

Take an empty clean 6-ounce can (tuna fish, cat food, etc.) and pierce a hole in its side. Knot a piece of string

and run it through the hole. Spoon mixture into the can and either hang outside or freeze for future use.

Anne, who feeds her birds all year round, has already tried this, and the bird response has been so terrific that she has had to ask her friends to save eggshells and grease for her.

**DEAR ANNE AND NAN:** Could you tell me where I could find some information on how to start a flower business: a marketing plan and financial aid for set-up? — **MARGE BUTALA, Gilbert, Minn.**

**DEAR MARGE:** To find an answer to your question, we called the Minnesota Department of Agriculture's Marketing Division and got a flood of information. Not only in Minnesota but in every other state, local and state government agencies are there to help and assist you in any way they can. The more rural or less densely populated the state, the more personal help you'll probably receive. But, regardless of the location, if you know what you want and insist on an answer, you'll eventually get it.

For starting up your flower business, the very helpful gentleman we spoke with at the Marketing Division suggested that you write to Dr. Bert Swanson, Department of Horticulture, University of Minnesota, St. Paul, MN 55108. Dr. Swanson runs a nursery extension program that assists producers with growing and business management.

**DEAR ANNE AND NAN:** My problem is that I have a friend who is very allergic to mustard. I want to know if Hellmann's Light Mayonnaise and tomato sauce (any brand) have mustard in them in any form. Ingredients on jars and cans say spices or natural flavoring. — **DeVEE FISH, Meadville, Pa.**

**DEAR DEVEE:** Hellmann's Light Mayonnaise states on its label that it contains mustard powder, so we would assume your friend should avoid it.

There are so many brands of tomato sauce that we wouldn't know where to start. However, more and more products are printing a consumer assistance "800" number on their container labels; if not, most print an address to which you can write for nutritional information. Pick the brand of tomato sauce your friend likes best, and go from there!

**DEAR ANNE AND NAN:** I have my mother's aluminum pots and would like to know how to get all the black gunk off their outsides. — **AL MARTINERO, West Covina, Calif.**

**DEAR AL:** Make a mixture of 1/4 cup automatic dishwasher detergent to 1 gallon very hot water (don't

breathe the fumes); soak the pots overnight. In the morning, scrub them with any commercially available steel wool pads. You may have to do this more than once. Please wear rubber gloves as most automatic dishwasher detergents contain caustics, such as lye.

**STUMPED:** K. Rex of Steubenville, Ohio, writes: "When I was young, my grandmother used to make this most delicious dessert. She called it 'Seafoam Squares.' I remember it was made with nuts and butter plus other ingredients I don't recall. It was baked in an oblong pan and cut into squares. No one I have asked has ever heard of this before. Help!"

**CORRECTION:** A reader has pointed out an error in our recently published beer batter recipe. The final sentence should read: "Just before using the batter, you can add two stiffly beaten egg whites."

**DEAR ANNE AND NAN:** Please help! My mother's waffle iron sticks. I got the waffle iron ready, table set, and put batter in the iron right after the right temperature was achieved. And presto! Nothing but a waffle hanging on both sides. I tried washing the iron good, and I used a small amount of oil, but no luck. What must I do to get the iron in shape? The name of the waffle iron is Sunbeam. Maybe I had the wrong temperature setting? — **WILLIAM NICHOLSON, Galesburg, Ill.**

**DEAR WILLIAM:** The reason your waffle stuck in the iron is because you either let the iron get too hot and/or there wasn't enough oil in the batter.

After you've cleaned your waffle iron, heat it up. Oil the grid using a pastry brush or a paper towel. Give a quick and careful swipe with a paper towel to remove excess oil. Add an extra tablespoon of shortening to your batter and your sticking problems will be solved.

The first waffle may look slightly anemic, light colored and a bit limp. The next one will be perfect.

**DEAR ANNE AND NAN:** A couple of years ago I used to get a mail-order catalog from Spencer's in Virginia. I moved from Chicago to Kansas and didn't save their catalog. Could you please get their address, so I can send for their catalog?

My second problem is, I have a Hoover Portable hair dryer. The hose that connects from the dryer to the bonnet is broken in two places, and I have tape holding it together. An appliance store in Chicago told me they were out of business. Do you think you could find someone who might have this part for me? The dryer is model # 8221. — **G. CHIAPETTO, Topeka, Kan.**

**DEAR G.:** To receive a free Spencer Gifts catalog call their toll-free number, 1-800-445-9618.

The Hoover Corp. of North Canton, Ohio, is still in business, but they haven't made hair dryers since 1964. Unfortunately, they no longer carry any hair dryer parts.

Does anyone know of a source for the hair dryer hose G. Chiapetto is seeking?

**DEAR ANNE AND NAN:** I would appreciate any information on

Cambridge Rock Crystal. My daughter has inherited her grandmother's "Granada" pattern by Cambridge. Any help you could give will be appreciated. — **BARBARA LANIER, Baton Rouge, La.**

**DEAR BARBARA:** There's an organization called the National Cambridge Collectors Inc. in Cambridge, Ohio, and they publish a newsletter titled Cambridge Crystal Ball. Write to J.D. Hanes, Sec., at P.O. Box 416, Cambridge, OH 43725-0416 or call 614-432-4245 or 614-632-6794. Be sure to send a stamped, self-addressed envelope when requesting information.

Write to 'Ask Anne & Nan' at P.O. Box 240, Hartland, VT 05048. Questions of general interest will appear in the column. Due to the volume of mail, personal replies cannot be provided.

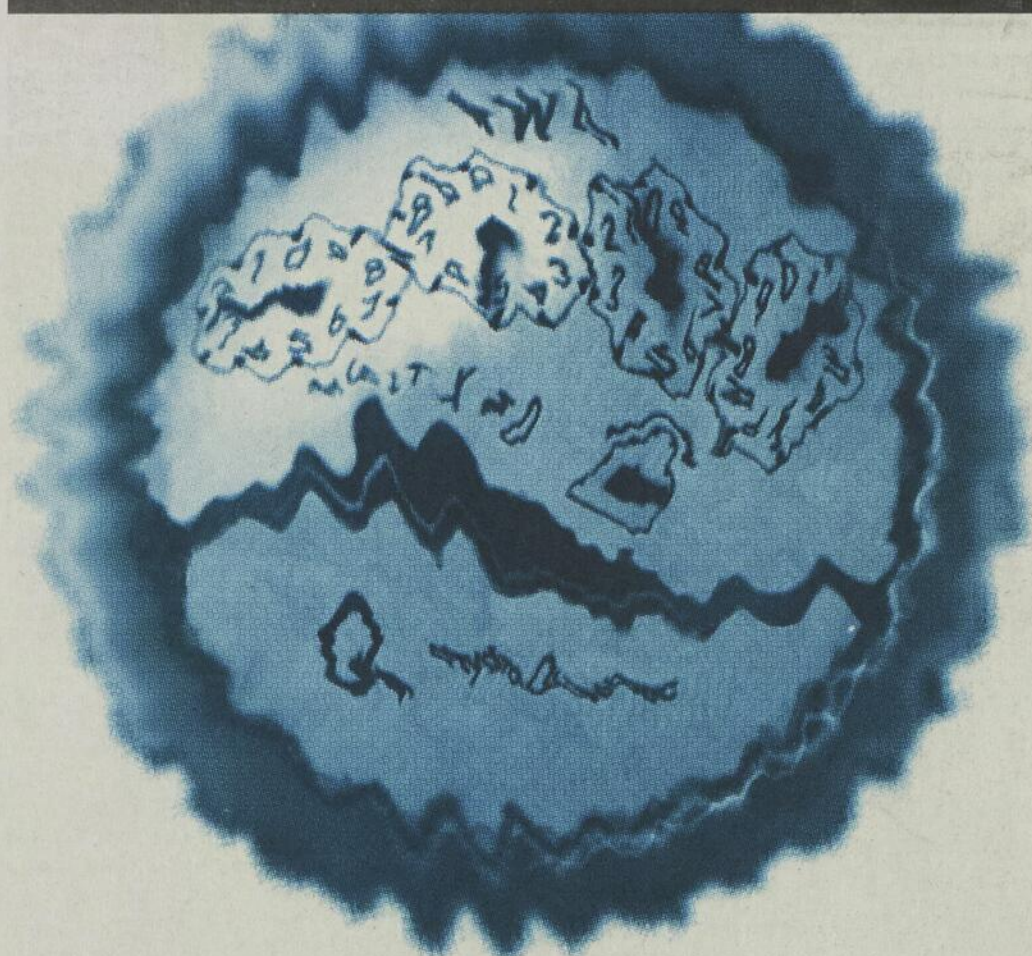
Anne B. Adams and Nancy Nash-Cummings are co-authors of 'Ask Anne & Nan' (Whetstone) and 'Dear Anne and Nan: Two Prize Problem-Solvers Share Their Secrets' (Bantam).

©1993 NEWSPAPER ENTERPRISE ASSN.

## ASK ANNE & NAN



DOES YOUR  
ELECTRICITY BILL  
GIVE YOU THE  
chills?



If it does, we suggest you pick up the new *Hydro-Guide* right away. This free booklet explains not only how to calculate your electricity consumption, but also answers virtually any other questions you might have about electricity in your home.

These include who is responsible for electricity in an unoccupied dwelling, important safety tips and even what to do in the event of a power outage.

The *Hydro-Guide* is an invaluable tool that can help make all of Hydro-Québec's services much less of a mystery. For your free copy, just fill in the coupon below or call 363-7443 in Montréal, or 1 800 363-7443 elsewhere in Québec.

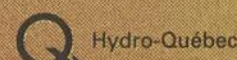


I would like to receive my free *Hydro-Guide*.

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_ HYC-93-113-L-9

I would like my copy in English  in French

Send to:  
HYDRO-GUIDE  
P.O. Box 1350  
Saint-Laurent Station  
Saint-Laurent, Québec  
H4L 5K2



Our Commitment Is To You

## HO...HO...HOME DELIVERY

The Record is offering a special savings of 10% on 12 and 6 month subscriptions.

Mail Rates	12 months	81.12	<del>90.14</del>
	6 months	40.56	<del>45.07</del>
Carrier Rates	12 months	97.35	<del>108.16</del>
	6 months	48.68	<del>54.09</del>

### HOLIDAY GIFT SUBSCRIPTION OFFER

Your name \_\_\_\_\_

Subscription  New  Renewal  Unknown  Gift

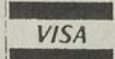
Please send gift card Yes  No

Subscriber's name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone \_\_\_\_\_

Offer valid until  
December 24, 1993



PAYMENT MUST ACCOMPANY ALL ORDERS.

accepted

Please complete the coupon and send payment to:

**the Record**

2850 Delorme  
Sherbrooke  
J1K 1A1

Knowlton office:  
88 Lakeside  
Knowlton  
JOE 1VO 243-0088

