

UdeS launches innovative solar park

Page 3

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Tomifobia trail re-opens for winter trekking

Border Report - Page 5

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PM#0040007682

THURSDAY, NOVEMBER 22, 2018

Service to honour those who died alone

Record Staff

It's hard for anyone to imagine that they might die without anyone around to care, but situations like this occur in the Eastern Townships as much as in the rest of the world. Loneliness strikes all layers of society, regardless of the income or social status of the deceased.

Separated from society, by themselves or by life, the bodies of these people are not claimed at the time of their death. It is then up to public services to provide them with a modest burial.

In support of these individuals the Archdiocese of Sherbrooke has, for the second year in a row, prepared a special memorial service in collaboration with the Estrie Funeral Co-operative and the Coalition for Street Work.

The service will take place today, Nov. 22 at 6:30 pm at the St. Michel Cathedral in Sherbrooke.

The ceremony will include readings, testimonials, music and symbolic rituals. Those present will then be able to gather over a snack. The purpose of the event is to help the bereaved and to foster a sense of solidarity.

In the last four years, 1,415 bodies have not been claimed in Quebec.

Nez Rouge: driving people home for 34 years



Rita Jacques, 29 year volunteer with Nez Rouge Sherbrooke, alongside the campaign mascot and the 2018 Campaign President Stephanie Boisvert at the launch of this season's campaign on Wednesday.

By Gordon Lambie

The Sherbrooke chapter of the Operation Nez Rouge drive-home service launched its 34th annual campaign on Wednesday under the theme "the best idea of the night." This

year the service will be out on the streets providing rides home for partygoers starting on the nights of November 30 and December 1, and every night in the Sherbrooke area from December 5 to 31.

"The safety of our streets remains a

front line issue in our society, particularly in the winter and holiday season," said 2018 Campaign President Stéphanie Boisvert. "By encouraging your colleagues and friends to use the

CONT'D ON PAGE 3

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Weather



TODAY:
MIX OF SUN
AND CLOUD

HIGH OF -12
LOW OF -17



FRIDAY:
SUNNY

HIGH OF -9
LOW OF -15



SATURDAY:
SUNNY

HIGH OF -2
LOW OF -11



SUNDAY:
SUNNY

HIGH OF 3
LOW OF 0



MONDAY:
CLOUDY,
SHOWERS

HIGH OF 4
LOW OF 0



ROSS MURRAY

It's rare you can put your finger on the precise moment your life changed. In my case, it involved an actual finger.

In late July, I had an appointment with my family doctor before she skittered off to Abitibi. Near the end of the exam, she said, "Okay, let's do it," so I dropped my pants, lay on my side and took a deep breath.

And then I (uncomfortably) felt that finger hesitate, as if to say, "Wait a sec..." "You have a bit of hardness on one side of your prostate," my doctor reported. "It could be nothing, but let's do a blood test."

The blood test revealed a high PSA, and for the first time we were saying the word "cancer." Prostate cancer. Of course I would get the most comedic of all the cancers, perhaps the only comedic one. It's highly curable, so it's okay to joke about; men grow goofy moustaches to raise awareness of it; and it involves the big three of physical comedy: incontinence, impotence and rectal probing.

"Well, there goes your sex life," Deb joked when we got the news. Yeah, I thought and chuckled ruefully. Hang on: what did she mean "your"?

Weeks later, my urologist confirmed (even more uncomfortably) my doctor's findings, and in early September, I had my biopsy.

A prostate biopsy is essentially a test

1 in 7

to see how much indignity and discomfort you'll be able to manage as a cancer patient. The day began with me drinking a dose of Monurol, "an antibiotic medicine used in adult women to treat urinary tract infection." Side effects include dizziness, runny nose and vaginal infections. I'm relieved to report I suffered none of those.

We then headed to the hospital, where, as we walked past the helicopter landing pad, I tried not to let the limp windsock get to me.

Inside, I changed into a gown and sat in a hallway with three other men who clearly remembered the Great War. The orderly tried to be reassuring. "Ça va bien aller," he kept saying as we each took our turn. "Notre sacrifice..." muttered one of the gents.

As for the procedure itself, it was like a nail gun up the rear, and that's all I'll say about that.

And then I waited. Once I recovered from the horrors of the biopsy, I went about my life, feeling fine, though every now and then I would think, "Oh yeah: I might have cancer."

On September 28, I was sitting in a golf cart at Orford. It was a beautiful fall day, made more glorious because I wasn't actually playing golf. My cell phone rang. It was my doctor. There was cancer all right, a Gleason scale of 8, aggressive, likely to spread rapidly.

Okay then.

Let's cut to the good news: a bone scan and an abdominal scan revealed agonizingly later that the cancer had not spread. But in the meantime, I had to tell my family about what until then Deb and I had kept to ourselves. Telling the children has by far been the worst part of this whole ordeal. Parents spend their lives trying to protect their children from worry, and here I was being the source of it.

It's gotten better as we've learned

more about treatments and prognosis. But it's still cancer. Even though 1 in 7 Canadian men get prostate cancer, even though it has a high survival rate, even though there are many, many people worse off than me, just the word "cancer" strikes fear. (Cancer has by far the worst PR of any disease. They should try calling it "Krazy Cells!")

But it's a tyrant, this cancer. Because of it, I feel I've lost control of my narrative. I'm not "fighting cancer"; you can't fight a plane crash. Nor am I "living with cancer." That's like saying I'm "living with cats": I had no choice in the matter and it's terrible.

I have cancer. It's in me. Doctors are getting it out. I'm just along for the ride.

Cancer may be calling the shots but I won't let it define me. Does this mean I'm living life to the fullest? Hell, some days I'm not even living life to the halfest. But for every bad day, there have been more days when I've been overwhelmed by kindness or a piece of music or laughter with friends or the tartness of a tomato, which I'm supposed to eat one of a day, God help me.

This morning, I'm having my prostate removed. I'm writing this a few days prior, not yet having undergone the mortifications of pre-op enemas and extreme manscaping. In the coming weeks (months, years), I'll deal with the psychological loss of my manhood, although honestly there wasn't much manhood to lose in the first place. But today, we close the chapter that began with a finger. Hopefully everyone washed their hands.

Tomorrow, a new chapter begins. It turns out I haven't lost the narrative. It's simply an unexpected plot twist. I've been writing my family's stories in these pages for years. I won't let scary old Krazy Cells silence me. I plan to be well. And I plan to tell what happens next.

Warning: it may involve catheters.



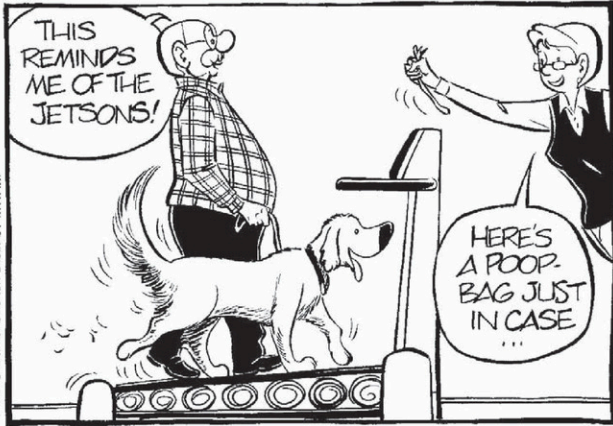
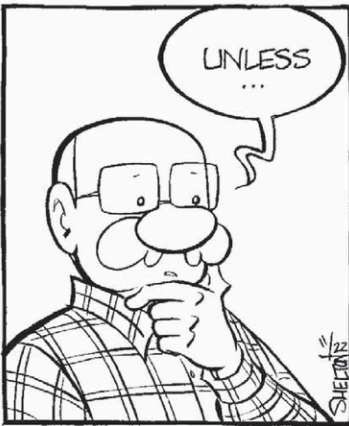
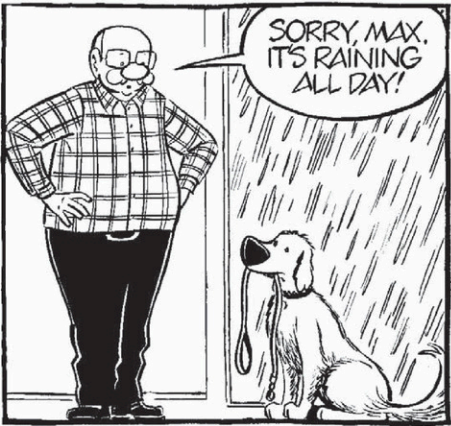
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Ben by Daniel Shelton



LOCAL NEWS

For project partners this is an unprecedented opportunity to push their expertise and technologies forward, and to position themselves in the international solar energy market.

UdeS launches innovative solar park

Record Staff

The Université de Sherbrooke is in the process of deploying its new solar park, the largest dedicated to applied research in Canada.

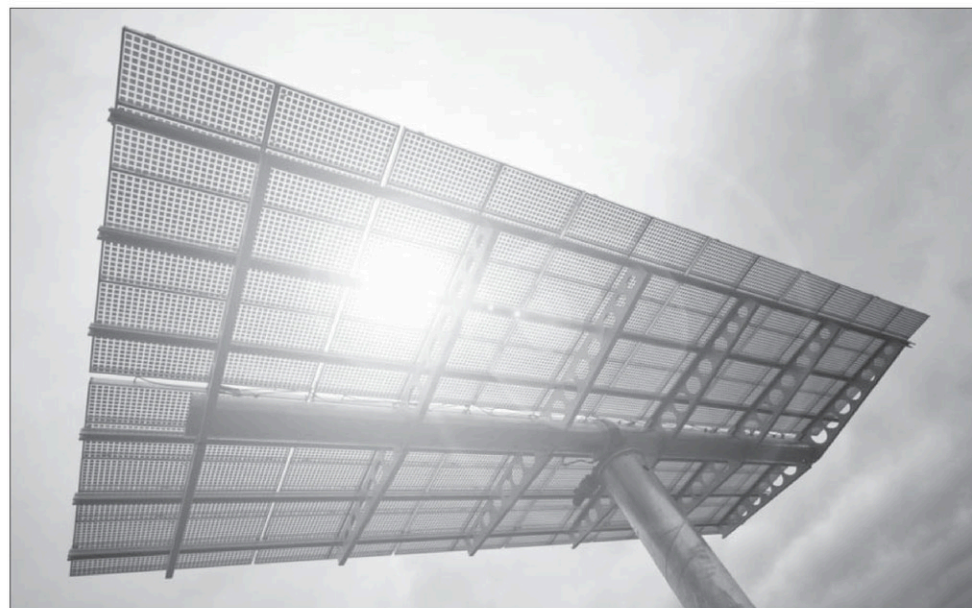
With a total power of nearly one megawatt – approximately 15 per cent of the peak consumption of the UdeS main campus – and thanks to its very high level of instrumentation, it will be a Canadian reference point for validating future generation and storage technologies associated with renewable energies, especially in cold climates.

The project is part of the University's Energy and Greenhouse Gas Management Strategy, explained UdeS Vice-President, Administration and Sustainable Development, Professor Denyse Rémi-lard. "We want to reach carbon neutrality by 2030, which inevitably means

continuing our efforts in energy efficiency, the transition to renewable energy and compensation measures," he said.

For project partners this is an unprecedented opportunity to push their expertise and technologies forward, and to position themselves in the international solar energy market.

The Director of Hydro-Sherbrooke's, Christian Laprise, pointed to the potential of the project: "This allows us to develop knowledge of new technologies in a concrete context of electricity grid management, including that of Hydro-Sherbrooke. The energy produced by this solar park will first be sent to the University network. If this energy is not consumed on campus, it will then be injected into the Hydro-Sherbrooke network."



(UDES / MICHEL CARON)

Caritas kicks off 36th Campaign of Peace

Record Staff

Caritas Estrie launched its 36th Campaign for Peace, Wednesday, in a call that always has two goals: peace awareness and an appeal to share. Sherbrooke Councillor and Fleurimont Borough President Vincent Boutin will serve as this year's Honorary President and Messenger of Peace.

Candles are offered for sale for a suggested donation of \$5. Nearly 10,000 candle wrappers will be in circulation and the organization hopes to raise \$45,000. From Nov. 21 to Dec. 24, across the Estrie, the population will be solicited by 1,000 volunteers going door-to-door or in shopping centres or other public places to offer candles.

The funds raised by Caritas Estrie will be used to support various social and community development organizations working with impoverished people in every district of Estrie. These include the Mago Food Bank, the Coaticook MRC Disability Association, the Filles d'Isabelle of Windsor, the East Angus Recovery Fund, Scouts of Estrie, the Sacré-Coeur and Fatima Schools in Lac-Mégantic and Sercovie-Carrefour des aînés in Sherbrooke, etc.



(ARCHDIOCESE OF SHERBROOKE)

Above, from left to right; coordinator Michel Boulanger, Caritas Estrie President Bernard Guay, Honorary President Vincent Boutin, D-G Yvon R. Couture, and representative of the Mayor, Paul Gingues, kick off the 36th editions of the Caritas Estrie's Campaign for Peace.

Nez Rouge

CONT'D FROM PAGE 1

drive-home service or to volunteer their time to the campaign, you contribute to the adoption of a more responsible overall attitude towards impaired driving."

According to campaign coordinator Stéphanie Horeau, the 2017 campaign in Sherbrooke was able to provide 5,329 rides during its month in operation, with the help of 2,711 dedicated volunteers. Although that number might sound high, Horeau said that last year the service actually had fewer volunteers

than usual and added that they hope to attract even more volunteers in the season to come.

79 year old Rita Jacques will be volunteering for a 30th year starting next week.

"I love it," the veteran volunteer said, explaining that her contributions have been more in the Nez Rouge office than on the roads in recent years. "I've always like to help other people."

Jacques said that Nez Rouge is like a second family to her and that she ends every night of volunteering feeling happy.

In addition to operations in Sherbrooke, satellite services in Coaticook, the Haut-Saint-Francois, the Val-Saint-Francois and Mago areas will be in operation again this year, although the dates of operation vary depending on the region.

Although best known for its accompaniment services, Nez Rouge is also a sports-education fundraiser which donates thousands of dollars to programs within local communities every year. It relies on charitable donations from riders as well as commercial partnerships with local businesses in order to keep its

mission going.

The province wide campaign is celebrating 35 years this year, having started one year before the Sherbrooke version.

Katherine Cote of the SAAQ shared during the campaign launch that driving under the influence remains one of the biggest causes of motor vehicle accidents in Quebec and said that the recent legalization of cannabis increases concerns for road safety this holiday season. "If you have taken drugs or consumed alcohol, do not drive," she said.

To reach Operation Nez Rouge, call 819-821-4646

School Page

Heroes' Memorial Elementary School

Heroes' Classroom Happenings

This fall teachers at Heroes' have been passionate about making the classroom a fun place to learn. Over the past few weeks, each teacher in their own way has contributed to making learning an adventure. At Hallowe'en Grade 4 teacher, Merida Wisdom, took her students to a dark room in the basement where she had made an electric campfire surrounded by all the school's artificial Christmas trees. To the sounds of the moaning wind in the woods and hooting owls student shared the best of

the spooky stories that they had written.

Also at Hallowe'en Secondary 1 teacher Lisa Bates contrived a zombie challenge that rivalled the class party. Students watched a video that introduced the escape room back story: They arrive at school on Halloween to learn that their teacher has been infected with a zombie virus. They find a book in the library on zombies, but the page with the antidote has been ripped out. They must solve puzzles and riddles in the book to find the ingredients to the anti-



dote to save their teacher!

They ran out of time to actually complete the antidote, but they all enjoyed the candy they received after solving each individual puzzle successfully.

Cycle 1 was treated to a Hallowe'en Batman visit from a post-grad student at the University of Sherbrooke. Victor Grivegne-Dumoulin, an Eastern Townships biologist, brought skeletons of different bats to school as a way of describing the species in our area. He also talked about bats as endangered species, their habitats, and the positive impact they have on our environment.

The Brome County Historical Society did a school-wide visit memorializing the 100th anniversary of the end of the First World War. They kept students fascinated with artefacts and stories from the era. Thank you, Jeremy Reeves and Abbey Lacroix for your captivating presentation on the war and the Hundred Days Armistice.

Cycle 2 and Secondary 1 made a trip to Knowlton the following week to view the entire collection as well as to get a look at a war trophy, the famous Fokker D.VII biplane. It has been on display at the Brome County Historical Society Museum in Knowlton, since 1921. The only one of the fleet to have survived in Canada, it is the only one of three left in the world that is still held together by its original fabric skin.

Last week, students from Grade 3, and Grade 5 were transported on a vacation of the mind, during an afternoon trip to the Gabrielle-Giroux-Bertrand Library in downtown Cowansville. Storyteller Stéphanie Bénéteau kept the students engaged with fable, riddle and song. Thank-you Aude McDermott for inviting us. Indeed, "Le Conte est Bon"; merci!

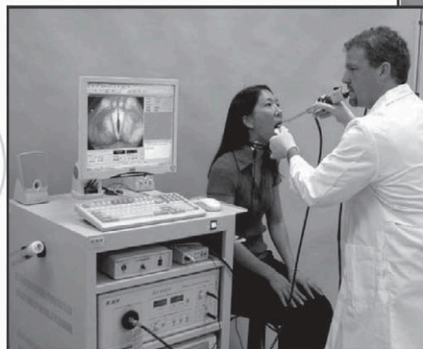
We are looking forward to a visit soon from a local person of interest, Melissa Haney. She is a local, native, female pilot. We are blessed by all the extras, staff, parents and community members do to support Heroes'.



Thanks to your donations

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The Border Report

This special activity provided a fun, safe, and comfortable environment where the kids could build new friendships while also sharing the highs and lows of transitioning to high school.

A fun weekend for Phelps Helps' Mentoring and Family Literacy Programs



By Jayme Marrotte

It was a busy weekend for Phelps Helps with special events taking place in the Mentoring and Family Literacy Programs.

On Saturday, the high school mentors and grades 5-6 mentees from all four local public schools (Jardin-des-Frontières, Sunnyside Elementary, Alexander Galt and La Ruche) joined for their first mentoring event of the year: bowling at Stanstead's Recreation Centre and

Domino's Pizza. This special activity provided a fun, safe, and comfortable environment where the kids could build new friendships while also sharing the highs and lows of transitioning to high school.

On Sunday, characters from the popular children's series Paw Patrol and PJ Masks visited Phelps Helps as part of our Family Literacy Program. This free event welcomed more than 80 individuals of all ages into our location in Stanstead. Families had a chance to meet and take photos with our guests, do crafts, listen



to storybooks read by our program coordinator, and take home free learning resources. It was wonderful to meet so many new families in the area!

Phelps was founded in 2012 and has grown organically from a single high school tutoring program to nine unique

programs, providing the Stanstead area with free educational and career support. For more information or to volunteer, please email us at info@phelpshelps.ca, visit our website www.phelpshelps.ca or call our offices at 819-704-0799.

Tomifobia trail re-opens for winter trekking

Record Staff

Now that hunting season has passed, the Tomifobia Nature Trail has re-opened for hiking, ski-

FRONTIER ANIMAL SOCIETY

ing fat-biking and snowshoeing. The trail has yet to be groomed, but visitors are welcome to safely enjoy the trail.

Featured pet: Cinder

Cinder is a happy, fun loving dog. She loves people and is well behaved in the house. She'll play fetch for as long as you are willing to throw the ball. Cinder's limitation, the reason we believe that she has been with us so long (almost 1 year!) is that she gets over excited with other dogs. When she encounters them while on her walks she gets stimulated, not necessarily in an aggressive manner, but excited just the same. However with a firm hand and an adopter that provides leadership, her behaviour is very manageable.

What Cinder has going for her is her incredibly outgoing and friendly disposition with people. Cinder may well be one of the happiest and most enthusiastic dogs we've ever had at the shelter. She greets every volunteer with a wagging tail and will proudly sit and give her paw for a treat which is always taken very gently. Cinder loves to play fetch, she loves a good belly rub and she loves hanging out with people. She is really a very sweet dog. Always eager for an outing she is thrilled when it's her turn for a morning walk and fully indulges in every moment of her one-on-one playtime in our dog park.

Since Cinder is not a "dog park" dog, if you have a backyard where Cinder can play she'll be a happy camper. When on

walks, if you are firm and provide that leadership she will respond. She is so loving and has been living at the shelter far too long. She deserves a home and a family of her own. Cinder is three years old.

To find out more about Cinder, you can send an email to frontieranimalsocty@gmail.com or better yet give our adoption coordinator Brenda a call any day of the week between 8 a.m and 8 p.m. at 819.876.7747.

For more information about our shelter, please visit our new (and bilingual!) website at safas.ca



WE NEED A HELPING HAND THIS HOLIDAY!

ALEXANDER GALT CHRISTMAS BASKET CAMPAIGN 2018



The AGRHS Christmas basket campaign has been a long-standing tradition in the community. Over the years we have been fortunate in being able to rely on several partners and community members to help us fill the baskets with some staples and all the trimmings of a holiday meal. Thanks to great success last year, this holiday season we will continue to focus on raising funds rather than food items (any such donations will be taken to the local food bank), baskets will be created from the funds received. With the help of our local partner Lennoxville's Provigo Robert Lafond, we are able to create baskets filled with daily necessities, holiday essentials and fresh produce. Your overwhelming support has allowed us to move forward to better answer the needs of the community and we thank you. The baskets will benefit families from Alexander Galt Regional High School sector (elementary and high school).

We hope we can continue to rely on your support, as it remains very important for the success of our Christmas basket campaign.

Please, make cheques payable to
(tax receipts for donations of \$10 and over will be issued):
AGRHS Christmas Basket Campaign
and mail to: **AGRHS, P.O. Box 5002, 1700 rue College, J1M 1Z9**

Thank you for your generosity!

EDITORIAL

Personally, I'm a climate agnostic. Unlike Tweeter of the Year, or maybe Twit of the Year, Donald Trump, I don't think reopening the coal mines in West Virginia and encouraging people to start shoveling it into their furnaces is a good idea.

The ups and downs of "climate change"



TIM BELFORD

What ever happened to "global warming?" When scientists first glommed onto this catchy moniker to describe what was happening to our weather system there was much wailing and the beating of breasts as we came to realize the planet was doomed if we didn't stop spewing carbon dioxide into the atmosphere. Today, the in phrase appears to be "climate change."

This sort of thing happens on a regular basis in the world of science. Take, for example, another onetime favorite that was bandied about, "ozone depletion." When was the last time you heard about the holes in the ozone layer over the north and south poles? Presumably they didn't go away but nobody except climatologists seems to care anymore.

Personally, I'm a climate agnostic. Unlike Tweeter of the Year, or maybe Twit of the Year, Donald Trump, I don't think reopening the coal mines in West Virginia and encouraging people to start shoveling it into their furnaces is a good idea. Anyone who ever visited Glasgow or London a few years back before they

sand blasted three or four centuries of soot off building walls could not help but realize coal fires were a bad thing.

The same goes for Trump's eagerness to open up the few pristine areas left in the continental United States to mining companies and the oil business. Draining wetlands, encouraging the clear-cutting of forests, using rivers once again as convenient drainage systems or sucking up groundwater in Arizona and California for golf courses all appear to me to be a bad thing. But then again, I'm not a scientist or a share holder in ExxonMobil. More importantly, I'm not a major contributor to the 'Re-elect Trump in 2020' campaign so am unlikely to benefit anyway. The thing that strikes me is that the new "climate change" alarm, as National Post columnist, Rex Murphy recently pointed out, doesn't seem to mean very much. It's hard to deny that we have seen an increase in extreme weather patterns in recent years but the very nature of "climate" is one of change. Just 300 years ago the planet was coming out of a "mini ice age" that had run from 1646 to 1715. That time it was blamed on a variety of causes including an increase in witchcraft, divine displeasure with mankind in general or possibly the Jews.

In 1816 North America in particular went through what came to be called the year without summer. Crops failed, thousands died and rivers in the north east froze over in August. This frigid year is now believed to have been caused by volcanic activity in the Pacific which spewed enough ash into the air to blot



out the sun.

If you go back far enough scientists now believe the Arctic was once on a par with Miami, climate wise. Research has shown that 55 million years ago what is now the home to Inuit, polar bears and belugas was positively tropical with ancestors of the alligator and palm trees in abundance. There were also, apparently, mosquitoes the size of your head; the kind found today only in Winnipeg. It was only with the rise of the azolla fern, the fastest growing fern in the world, which sucked up all the carbon dioxide that things began to cool down.

So what are we to believe or do? It's obvious that our industrial and agricultural activities (those damn methane-producing pigs and cows) have an effect on our climate but to what extent? And although many scientists suggest that

within a few years the planet will have warmed sufficiently to cause disastrous flooding in many areas and devastating drought in others, there are also those in the same basic field that are predicting another mini ice age that could arrive in just 15 years!

As I said, I'm an agnostic when it comes to "climate change." I just don't know. Best leave it to that great American poet Robert Frost.

*Some say the world will end in fire,
Some say ice.
From what I've tasted of desire
I hold with those who favor fire.
But if I had to perish twice,
I think I know enough of hate
To say that for destruction ice
Is also great
And would suffice."*

Americans, Canadians are warned not to eat romaine lettuce

By Candice Choi
THE ASSOCIATED PRESS

Health officials in the U.S. and Canada told people Tuesday to stop eating romaine lettuce be-

cause of a new E. coli outbreak.

The U.S. Food and Drug Administration said it is working with officials in Canada on the outbreak, which has sickened 32 people in 11 states and 18 people in the Canadian provinces of Ontario

and Quebec.

The strain identified is different than the one linked to romaine earlier this year but appears similar to last year's outbreak linked to leafy greens.

FDA Commissioner Scott Gottlieb said the agency doesn't have enough information to ask suppliers for a recall, but he suggested that supermarkets and restaurants should withdraw romaine until the source of the contamination can be identified. People are also being advised to throw out any romaine they have at home.

The contaminated lettuce is likely still on the market, Gottlieb told The Associated Press in a phone interview.

He said FDA wanted to issue a warning before people gathered for Thanksgiving meals, where the potential for exposure could increase.

"We did feel some pressure to draw conclusions as quickly as we could," he said.

In Canada, officials issued similar

warnings to the two provinces where people were sickened. They said there was no evidence to suggest people in other parts of the country had been affected.

Most romaine sold this time of year is grown in California, Gottlieb said. The romaine lettuce linked to the E. coli outbreak earlier this year was from Yuma, Arizona. Tainted irrigation water appeared to be the source of that outbreak, which sickened about 200 people and killed five.

No deaths have been reported in the current outbreak, but 13 people in the U.S. and six in Canada have been hospitalized. The last reported U.S. illness was on Oct. 31, while and the most recent illness in Canada was early this month.

"One of the problems with produce is that it can be very hard to trace back," she said.

She said washing contaminated lettuce won't ensure that harmful germs are killed.

THE RECORD

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The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

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Local Sports

The Stanstead girls are just coming off their first NAPHA league weekend, where they started their season with a record of 4-0.

Hockey all weekend at Pat Burns Arena

Submitted by Ross Murray

There is plenty of Stanstead College hockey action in the Pat Burns Arena this weekend.

Friday, the Prep U16 Hockey Spartans host Lower Canada College of Montreal. Game time: 6:00 pm.

Then Saturday it's Hockey Day in Stanstead. Prep U16 replay LCC again at 3:00 pm, followed by the Varsity Girls at 5:00 pm vs Ottawa Lady Grads. The

Stanstead girls are just coming off their first NAPHA league weekend, where they started their season with a record of 4-0.

Prior to the girls' game, Line Burns, widow of former NHL coach Pat Burns, will be on hand to officially unveil the new murals located along the wall of the spectator stands. These murals depict the history of hockey in the border region.

Saturday will conclude with a meeting between Stanstead College Varsity Boys and their rivals down

the 143 from Bishop's College School. This is always an exciting match-up. Game time: 7:00 pm.

The action continues Sunday, when the girls face off a second time against Ottawa at 12:30 pm.

Finally, Monday the Varsity Boys host Kents Hill School from Maine at 2:45 pm.

The public, as always, is invited to attend these games.

Bishop's remains No. 1 in third ACHA Ranking

The Bishop's Gaiters women's hockey team is once again No.1 in the ACHA D-II rankings. Bishops University, Minot State Remain No. 1 in Third Women's D-II Ranking

Bishops University and Minot State University each held onto the top positions for their regions in the American Collegiate Hockey Association's Women's Division-II (W2) third rankings of the 2018-2019 season.

Since the second ranking was released on Nov. 7, positions in the East region have remained steady with only a few changes, including University of Connecticut earning one more point to create a tie with University of Vermont at No. 5. Bentley University and University of Buffalo remain neck and neck with each having moved up two spots, leaving Liberty as the sole 10 spot.

Two new teams emerged in the West region's Top 10 that had not been ranked yet this season with Lakehead University, the reigning W2 National Champion, and Loyola Chicago, another team familiar with the national tournament. Northern Michigan University and University of Nebraska-Lincoln were displaced from the West top 10.

Based on the average of two computer rankings, Ranking A (wins with goal differential of 7) and Ranking B (wins with maximum goal differential of 1), the third ranking includes games played through Sunday, Nov. 18, 2018. Each of the 2018-2019 ranking periods will highlight the top 10 teams from the East and West Regions.

The following teams secured top 10 spots in their region for ranking period #3:

- NR = not previously ranked
- EAST REGION
1. Bishops University (previously #1)
 2. Boston College (#2)
 3. Northeastern University (#3)
 4. University of New Hampshire (#4)
 5. University of Vermont (#5)
 5. University of Connecticut (#6)
 7. Boston University (#7)
 8. Bentley University (Tied-10)
 8. University at Buffalo (Tied-10)
 10. Liberty University (Tied-10)

Ultimately, the top six teams from each region will receive invitations to the 2019 ACHA National Championships, set to take place in Frisco, Texas in March 2019. Any W2 team earning a championship title from recognized ACHA conferences, including Central Collegiate Women's Hockey Association (CCWHA), College Hockey East (CHE), Delaware Valley Collegiate Hockey Conference (DVCHC) and Independent Women's Club Ice Hockey League (IWCHL), will receive an automatic bid to the W2 National Championships tournament.

Three W2 teams have waived their intent to participate at Nationals 2019, and will not be included in the rankings the rest of this season: Notre Dame

(West region), Union College (East region) and University of New England (East region).

In partnership with the Dallas Stars, Dallas Sports Commission and Dr Pepper StarCenters, the 2019 ACHA Women's Division II National Championships will begin Wednesday, March 27, 2019. The championship game will be held Sunday, March 31, 2019.

The fourth W2 ranking period will end on Dec. 3, 2018.



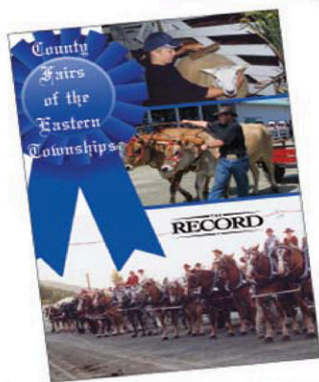
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Death



Jack McAuley
(1956 - 2018)

Jack passed away peacefully in the presence of his beloved family on November 19, 2018 in Fleurimont, at 62 years of age. Cherished husband of Heather (Nutbrown) McAuley, father of Nathalie (Christopher) and Ryan (Rachel) and proud grandfather to Keira, Rya, Elizabeth and Mitchel. He was the treasured son of Ruth and the late Lewis McAuley.

He also leaves to mourn his sisters and brother: Nancy (Bill), Anne (late Ron), Beverly (Brent), Kathy (Bruce), Grace (David) and Wayne (Geraldine) as well as his sister-in-law Isabel (Richard); his nieces and nephews, and many cousins, other family members, friends and relatives.

Visitation will be at Ledoux Funeral Home on Saturday, November 24, 2018 from 10 a.m. to 12 p.m. and from 1:30 p.m. to 3:30 p.m. A funeral service will be held at St. Paul's United Church, 211, des Pins, Magog, on Sunday, November 25 at 3:00 p.m.

The family wishes to thank the CHSLD of Coaticook, Dr. Michel Pavic and his healthcare team at the CHUS, the transplant team at the Hôpital Maisonneuve-Rosemont and la Maison des greffés Lyne Cyr for the support and the wonderful care.

In lieu of flowers, donations in his memory may be made to la Maison des greffés Lyne Cyr www.maisondesgreffes.com or la Société de leucémie et lymphome du Canada www.sllcanada.org

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Datebook

THURSDAY, NOVEMBER 22, 2018

Today is the 326th day of 2018 and the 62nd day of autumn.

TODAY'S HISTORY: In 1497, explorer Vasco da Gama rounded the Cape of Good Hope in Africa.

In 1963, President John F. Kennedy was assassinated, and Vice President Lyndon B. Johnson was sworn in as his replacement.

In 1990, British Prime Minister Margaret Thatcher resigned.

In 2005, Angela Merkel took office as the first female chancellor of Germany.

TODAY'S BIRTHDAYS: George Eliot (1819-1880), author; Charles de Gaulle (1890-1970), French president and general; Hoagy Carmichael (1899-1981), composer; Benjamin Britten (1913-1976), composer; Rodney Dangerfield (1921-2004), actor/comedian; Robert Vaughn (1932-2016), actor; Billie Jean King (1943-), tennis player; Steven Van Zandt (1950-), actor/musician; Jamie Lee Curtis (1958-), actress; Boris Becker (1967-), tennis player; Mark Ruffalo (1967-), actor; Scarlett Johansson (1984-), actress.

TODAY'S FACT: "Toy Story," the first full-length film to be entirely computer-generated, was released on this day in 1995. The film earned \$29.1 million in its opening weekend.

TODAY'S SPORTS: In 1986, Mike Tyson knocked out Trevor Berbick, becoming, at 20 years and 5 months of age, the youngest-ever heavyweight boxing champion.

TODAY'S QUOTE: "It never rains roses; when we want more roses, we must plant more trees." — George Eliot

TODAY'S NUMBER: 12 — Grand Slam women's singles titles won by Billie Jean King.

TODAY'S MOON: Full moon (Nov. 22).

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A New Season

Members of the Sherbrooke Snow Shoe Club met for the first time on Wednesday, November 14th. It was their first official gathering since the end of February last spring. It was also the inauguration of the club's 142nd season, the organization having been formed in 1877, well over a century ago.

For the first time in many years, the conditions seemed appropriate for the start of the season. The ground was essentially frozen, and snow covered the landscape. The previous day's snowstorm had blanketed the Townships, sufficient enough to warrant the plowing of the club's parking lot. It was perhaps, an ominous onset to the winter months ahead.

Despite the noticeable snow cover, it was not enough for members to actually snowshoe. Most had not even dusted off their snowshoes from the previous season. Alas, the more energetic individuals had to snow-walk about the neighborhood for a little exercise before the meeting.

As the snow walkers and other members gathered inside the clubhouse in advance of the meeting, there was an obvious sense of cheerfulness to the assembly, as members greeted one another after the protracted span of time since the last meeting many months ago. Many members were sporting mugs of hot coffee and tasty appetizers prepared by Chef Carole as they mingled about in front of the club's familiar and enticing fireplace.

Membership chairman Don Watson was kept busy collecting the annual dues as members seemed unusually eager to meet their financial commitments to the club. As it turned out, most members in attendance fulfilled their obligation on this, the first meeting.

Although the excitement of meeting anew was the predominant mood of the evening, there was a definite undercurrent of seriousness throughout the clubhouse. As in past seasons, the theme of the first meeting was a tribute to veterans both past and more recent. To this end there were a few veterans from the Second World War and the Korean War present, as well as many members who served in Canada's militia units over the years – in essence, a strong military representation.

At the appointed hour approached, those in attendance migrated into the rear dining hall where they took up their seats at the tables set up around the room. Newly installed President Steve Moore welcomed the members, the veterans, and old friends of the club. The national anthem was sung after which 1st Vice-President Harry Brown asked the blessing.

The White Knights in their traditional role then began serving the evening meal. They started off with bowls of hot squash chowder, following up with entrees consisting of sweet and sour pork chops and mashed potatoes. Servings of banana cream pie and ice cream topped off the meal.

The meal completed, drawings were undertaken for the two door prizes. On this occasion, the lucky winners were Past President Don Watson and kitchen staff member Roger Lacroix.

Past President Dave Moore offered up some after dinner anecdotes to humour the crowd. These included a tale of flashing Christmas lights, a confrontation between a mainlander and a Newfie involving a crowbar, and a round of golf between a mature couple that ended with one of the participants enduring a concussion. Hopefully, the tales for subsequent meetings will be equally humorous!

Honorary Chorister Phil Kerwin then led the sing-along, assisted by members Gary MacDonald and Gerald Parent, with musical accompaniment by Janis Graham on the piano. In light of the evening's theme, Onward Christian Soldiers was included in the repertoire of songs sung by the membership.

The president then asked all veterans and those individuals who served in the militia to stand and identify the regiments in which they served. Surprisingly, more servicemen rose than those who remained seated, a tribute to the membership's sense of duty. The president subsequently thanked everyone for their service to their country.

After a short break, President Steve presented a slide show on this fall's 100th anniversary of the end of the First World War and the five SSSC members who died in the conflict in the fight for freedom. In all, 45 club members fought in the Great War, a significant proportion of the club's membership roster. Profiles of the five who did not return were presented based on the available photos and documents that remain in government archives and among family members with respect to their private lives and their military service.

The meeting concluded, the members dispersed and prepared for the drive home.

Submitted by Steve Moore
SSSC President/Secretary

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

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For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.
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LENNOXVILLE
You are cordially invited to join us for the 17th annual Music Achievement Awards Jam and Celebration at the A.N.A.F. Unit 318, "The Hut," 300 St. Francis Street, Lennoxville on Saturday, November 24 from 3 p.m. to 9 p.m.

NORTH HATLEY/LENNOXVILLE
The Saint Francis Regional Ministry of the Anglican Church is organizing Christian Meditation sessions. The approach used is centering prayer. This is a contemplative Christian practice which involves sitting in silence, letting go of thoughts and emotions in order to rest in the presence of God. All are welcome to join us on Tuesdays from 6 p.m. to 7 p.m. at St Barnabas' Anglican Church, 640 Sherbrooke Road in North Hatley and on Thursdays from 6 p.m. to 7 p.m. at St George's Anglican Church, 84 Queen Street in Lennoxville. The sessions have already begun. For more information, please contact Sam Borsman at 819 620 6058

LENNOXVILLE
The Saint Francis Regional Ministry of the Anglican Church is organizing a group discussion on Seeking God in a Secular age. Charles Taylor, a Roman Catholic Québécois, is considered one of the world's most important philosopher and his book, A Secular Age, will be at the center of the discussions. The group meets every Wednesday from 7 p.m. to 8:30 p.m. at 84 Queen Street, Lennoxville. The discussions have already begun. For more information, please contact The Rev'd Canon Giuseppe Gagliano, ggagliano@quebec.anglican.ca, 819-570-3433.

LENNOXVILLE
The 1st Lennoxville Scouts are inviting past and present members of 1st

Lennoxville and all friends of Scouting to celebrate our 100th Anniversary on December 1 from 9 a.m. to noon at the Hut (Army, Navy, Air force Unit #318), 300 St. Francis St., Sherbrooke, QC J1M 0B3). There will be a meet-and-greet, reminiscing, and light refreshments, as we mark this milestone for our group. Past and present members of the 1st Lennoxville Scout Group and friends of Scouting from around the Townships will be there. As a token of appreciation for their dedication to Scouting over the years, we wish to prepare a list with the names of all past and present 1st Lennoxville leaders. We hope you can attend and add your name to our list! Also, if you know of any past leader who cannot attend, you can add their name too. Please feel free to invite any past leader and member of the 1st Lennoxville Group. RSVP: Chris Drew 819-562-4969 (please leave a message including your name) or csdrew@hotmail.ca.

LENNOXVILLE
There will be a "Special Edition" of The JOLLY. The John Luce Memorial Dart tournament, Sunday, November 25 at 1 p.m. at the ANAF Unit 318, 300 St. Francis, Lennoxville. The game will be 501 Darts, no double in - double out. Bring your own partner, mixed or doubles. This is a benefit fundraiser to help out a local lady who urgently needs medical equipment to help with her day to day living. Let's pull together, raise some \$\$\$, have fun playing darts and make this happen before Christmas.

LENNOXVILLE
Lennoxville Art Group Winter/Christmas Art Show and Sale, November 24 to December 22. Vernissage on Saturday, November 24, 11 a.m. to 1 p.m., with a one day only sale of miniature paintings and greeting cards. Lennoxville Library, 101 Queen St., Lennoxville.

RICHMOND
The annual Christmas Tea and Bazaar will be held on Saturday, November 24 from 2 p.m. to 3 p.m. at St. Anne's Church Hall, 171 Principal St. South. Shop from a huge assortment of articles at the Bazaar and Food tables starting at 1:30 p.m. The Silent Auction will close promptly at 3 p.m. There are door prizes,

too. Shop till you drop then relax with delicious food and a beverage. We'd love to see you there.

LENNOXVILLE
St. George's Church Hall, 84 Queen St., annual Christmas Bazaar and Tea, Saturday, November 24 from 1:30 p.m. to 4 p.m. The Silent Auction, Delightful Muddle, home cooking, candy, jewellery, hand-knit or crochet items along with other hand-crafted items make interesting sales tables. Admission charged for the tea only. All are welcome!

AYER'S CLIFF
The U.C.W. of Beulah United Church, Main St., Ayer's Cliff will host a pre-Christmas Bake Sale and Coffee Party on Saturday November 24 from 8:30 a.m. to noon Tables of donated items (new and used), knitwear, glassware, books, jewellery, toys, etc., homemade doughnuts, breads, pies, squares, baked beans, jellies, pickles etc. will be offered. Coffee, tea, doughnuts, scones and jam will be served throughout the morning for your enjoyment. All welcome.

LENNOXVILLE
HCC Senior Luncheon will be held at noon on Thursday, November 29 at Hope Community Church, 102 Queen St., Lennoxville. Entrance from parking lot, wheelchair accessible, elevator available. Everyone welcome. The next luncheon will be held on January 31, 2019.

LENNOXVILLE
Men's general meeting of the A.N.A.F. Unit 318, 300 St. Francis Street, Lennoxville will be held on Wednesday, November 28 at 7 p.m.

AYER'S CLIFF
Christmas Bazaar at St. George's Anglican Church, 1002 Main St., Ayer's Cliff on Saturday, December 1, 9 a.m. to 1 p.m. Come and enjoy coffee/tea, Christmas cookies while you shop for baked goodies, gift baskets, attic treasures, books, decorations, handmade crafts and more. Sponsored by Anglican Church Women.

HUNTINGVILLE
Three Link Fraternity, Unity Lodge #8, IOOF, would like to invite you to our Grandma's Style Roast Beef Supper, Sunday November 25 from 4:30 p.m. to 6 p.m. at 4150 Route 147, Waterville (Huntingville). Delicious roast beef, mashed

potatoes with gravy, corn, carrots with strawberry shortcake for desert! We have a family price. Remember, that this is all you can eat! Also we offer "takeout." Give us a call at 819-679-8493, tell us what time you will be by to pick up your order. As easy as that. This is a great opportunity to support our community projects. Stop in and see what we have been up to. If you would like more information on any of our projects, please come to our supper or contact Unity Lodge #8, IOOF, at unity8ioof@yahoo.ca or 819-820-5672. Come on out, have a great meal, and help us help you and your community! See all of you on November 25.

LENNOXVILLE
St. Francis Valley Naturalist Club meeting, Wednesday, November 28 at 7 p.m. at the Amedee Beaudoin Community Centre, 10 Samuel-Gratham St., Lennoxville Borough. Program: Dr. Bernard Jolicoeur, Naturalist and Dentist, will be the speaker. His talk is entitled, "Exploring Northern Quebec, A Naturalist Perspective." His travels include Ungava Bay, Fermont and the Lower North Shore. Everyone is welcome. Advance notice: The annual Audubon Christmas Bird Count will be on Saturday, December 15.

BULWER
Bulwer Community Center annual general meeting is called for Tuesday, November 27 at 7:30 p.m. at the Bulwer Community Center on Jordan Hill Road. All members and interested folks are invited to attend.

RICHMOND
There will be a Crib tournament on Saturday, November 24 at 1 p.m. at the Canadian Legion, Branch #15, Richmond, 235 College St. North. Come and join in the fun. Entry fee charged at the door.

TRENHOLM
Trenholm United Church. Worship and song await you at our remembrance service on Sunday, November 25 at 11:00 a.m., followed by soup and sandwich lunch. Everyone is welcome! ALSO, please mark our Christmas Service on your calendar. It will take place on December 16 at 2:00 p.m.

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CELEBRITY CIPHER

by Luis Campos

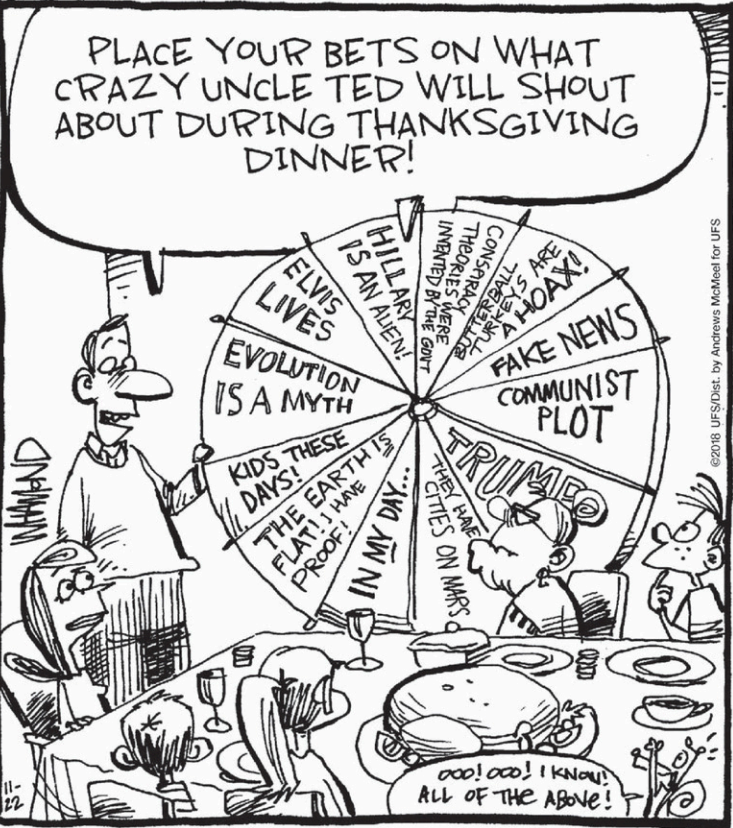
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“XJ W JASSCT XHD'R RIWDUJNS JCP
TIWR IA'H VCR, IA XHD'R SXUASL RC
KA RIWDUJNS JCP TIWR IA'H VCXDV
RC VAR.” — JPW DU W. OSWPU

Previous Solution: “I absolutely don't care about my looks... I wouldn't change a thing. I would end up missing my defects.” — Colin Firth

TODAY'S CLUE: A sjenba 7

REALITY CHECK



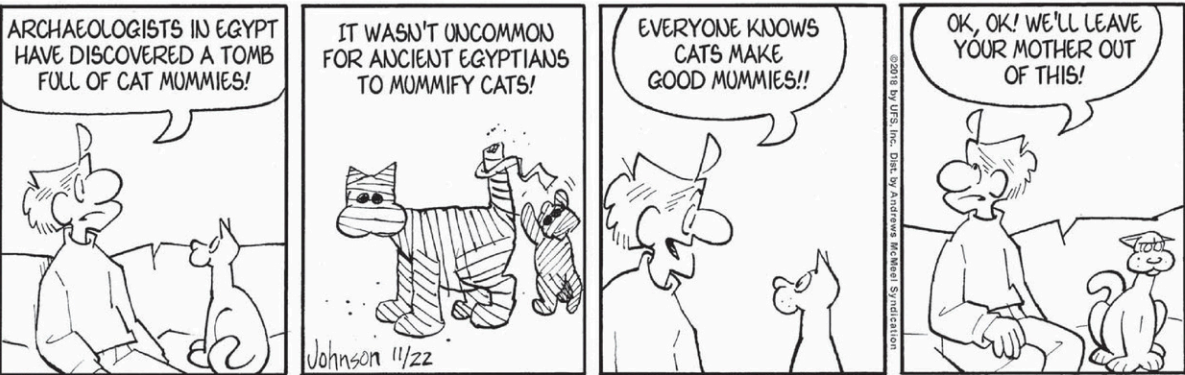
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2019 NISSAN LEAF



Turning over the same LEAF, as we await the E-Plus PHOTO: NISSAN



By Karine Lajoie

We were initially a bit disappointed in the second-generation LEAF that debuted last year, mainly because of the meager increase in range delivered by the manufacturer in relation to the first generation. We were hoping for more than the 241 km range the model ended up getting. But in the glass-half-full department, that still puts the 2019 LEAF ahead of models like the Hyundai IONIQ (200 km) and the Volkswagen e-Golf (201 km).

And then of course there's the extended-range E-Plus version of the LEAF, long-promised but still undelivered as of now. It's supposed to arrive by the end of 2018 or early in 2019, but there's no sign of it... yet.

Other than that biggie, the news is small regarding the 2019 LEAF. Nissan has added a rear-door alert system for 2019, but that's about it!

The looks
As we said, nothing's very different in the 2019 LEAF in comparison with last year, which got a substantial revamp to mark the debut of its second generation. Overall, Nissan has opted with the LEAF 2.0 for a more sober look, with less-eccentric features that should help its look age well, at least until the next generation which is likely a few years away.

The interior
Still no sunroof this year, alas. Other than that, the past two weeks we've driven both the SV and SL models, which are the two highest trims for the new LEAF, and found the cloth-upholstered seating of the SV version to be more comfortable. Overall, the LEAF is spacious inside for such a small car, and legroom in both front and back rows is more than adequate.

The commands on the dash-

board are well-defined, and everything is as accessible as you would hope. The only exception is the navigation system, which I still prefer not to use, mainly because of its lack of precision in the info it provides. In terms of the finishing, you still find quite a bit of plastic surfaces, but the presentation overall hides that fact quite well.

The ergonomics of the LEAF's interior design are to be saluted, and I'm thinking here specifically of the trunk. While it's not as big as the BOLT EV's, the opening is designed in a more thoughtful way, making it much easier to load heavier and larger objects into the LEAF.

The e-Pedal is as practical and easy to use as ever. Starting with the SV trim, you get Nissan's ProPilot, which for my money is one of the best drive-assist systems I've tried up until now. The sensors are well-calibrated, as are the vehicle's movements. I found it a pleasure and an advantage to use these functions when driving in traffic; on the other hand I preferred to deactivate them when driving on the highway with little traffic - with the exception of the trusty e-Pedal, which allowed me to forego using the brake pedal almost completely.

For 2019, a new premium Bose audio system is available with the SL version, but you might be hard-pressed to notice the difference with the SV's regular audio system operated through the 7-inch screen.

A practical city car
Economical and highly practical, the 2019 LEAF has become a well-established car on the Canadian market. For many it represents a wonderful way to commute to work without ever stopping at the pump! And if you're still, reasonably, suffering from range anxiety due to the LEAF's current 241-km range, take solace in the fact that a Statistics Canada study found that the average daily commute of Canadian motorists is only 41 km, return. Unless you do substantially more than that every day, you're liable to fall quickly in love with your new LEAF!

When it comes to doing the occasional longer treks, keep in mind that, month by month, the network of public charging stations

is becoming more widespread; plus, they're now able to recharge your car's battery more quickly than before, and that is expected to keep improving.

The powertrain and charging system

The 2019 LEAF runs on a 110-kWh synchronous AC motor fed by a 40-kWh lithium-ion battery. The transmission that accompanies it is single-gear, of course. (A big plus of electric-powered vehicles is that they give to access to all of the available torque as soon as you hit the gas pedal).

On the road

The LEAF is as agreeable to drive as you would hope from a city car. Just starting that near-silent, vibration-free electric motor is an instant de-stresser! The aforementioned e-Pedal does require some initial adjustments, forcing the driver to adopt a slower, more relaxed tempo and manoeuvre more gently. Voilà, more stress relief! I honestly found that driving the LEAF left me more relaxed than did driving a gas-powered vehicle.

Conclusion

Nissan claims to offer the best of both worlds with its 2019 LEAF. Sitting between the electric Hyundai IONIQ (200-km range, \$31,999 starting price) and the Chevrolet Bolt (383-km range, \$43,095 starting price), the LEAF, according to its manufacturer, occupies the sweet spot in its segment.

For me, there's no doubt this car is aimed squarely at city dwellers, which I am not. But I wouldn't hesitate to use it as a second car for running errands in the vicinity of home. This year, the team at Auto123.com recommends the SV version for the equipment and comfort it offers in relation to its price.

The LEAF's range, as we await the E-Plus version, is acceptable, and it comes with a competitive price tag. It's also pleasant to drive, and is equipped with a solid drive-assist system. It would be nice to have that sunroof, and to have a telescopic steering column to allow for some adjusting. The base model of the LEAF is also a little bereft of features for my taste.

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

1		7	3	8	4			
	5			1		4	3	7
		2		9		3		8
7			5		8			6
5		8		6		1		
9	8	5		4			1	
			9	5	1	7		4

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PREVIOUS SOLUTION

8	1	2	5	3	6	7	4	9
7	6	3	2	9	4	5	8	1
4	9	5	7	8	1	2	3	6
1	3	7	4	5	2	9	6	8
2	5	8	1	6	9	3	7	4
6	4	9	8	7	3	1	5	2
3	2	4	6	1	5	8	9	7
5	8	1	9	4	7	6	2	3
9	7	6	3	2	8	4	1	5

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Aluminized steel & stainless steel mufflers



SILENCIEUX SHER-LENN Inc.
950 Wellington St. S.
Sherbrooke

Fernand Cabana, owner
569-9494

Sylvain Auger, Manager



NEA Crossword Puzzle

- ACROSS
- 1 A Coen brother

5 College stat

8 Large mop

12 "Free Willy" whale

13 Place for experiments

14 Musical ensemble

15 Words from Scrooge

16 Spooky, maybe

17 Perform again

18 Unlucky gambler

20 Put one's two cents in

22 Creeping vine

23 1960s style

24 Flood barrier

27 Adorn

30 Books pro

31 Med. personnel

32 Mail code
- 34 Insult, slangily

35 Collection of tales

37 Sum total

38 Quit

40 Like a stale joke

42 Drop bait on water

43 Gleeful cry

44 Fire starter

46 Fakes out, on the rink

49 — vera lotion

50 ET vehicle

52 Stripe

54 Andes nation

55 Midwest st.

56 Romantic deity

57 Kids

58 Woolly one

59 Evergreens
- DOWN
- 1 Daily work

2 — hygiene

3 Canyon effect

4 Dog star?

5 Fame

6 Water lily leaf

7 Trunk part

Answer to Previous Puzzle

E	A	R	T	H				A	S	T	E	R	
A	M	O	R	A	L			A	T	T	I	R	E
U	P	D	A	T	E			L	O	A	N	E	D
		M	E	A				A	L	T			
M	A	D		F	R	A	I	L		C	U	B	
A	L	E		U	N	D				U	L	N	A
I	M	P	U	L	S	E				M	O	W	N
T	O	O	K				P	Y	R	A	M	I	D
A	N	T	E				T	E	E		P	S	I
I	D	S		T	E	S	L	A		S	E	T	
			L	I	L			P	C	S			
S	Q	U	E	A	L			E	T	H	A	N	E
A	U	R	O	R	A			D	O	U	S	E	S
M	E	N	S	A				R	I	A	T	A	

8 Long step

9 Brown bird

10 — -de-camp

11 Jeer

19 First lady?

21 Seed containers

24 Arith. term

25 Sweeping, as a story

26 Bouquet holder

27 Metal fastener

28 Ivan or Nicholas

29 Potter's oven

33 Go back and forth

35 Mighty — — oak

36 Far-out planet

39 "Ciao" and "Aloha"

40 Ernesto Guevara

41 Deadeye Annie

43 Hacienda brick

44 Type of market

45 Tennyson's title

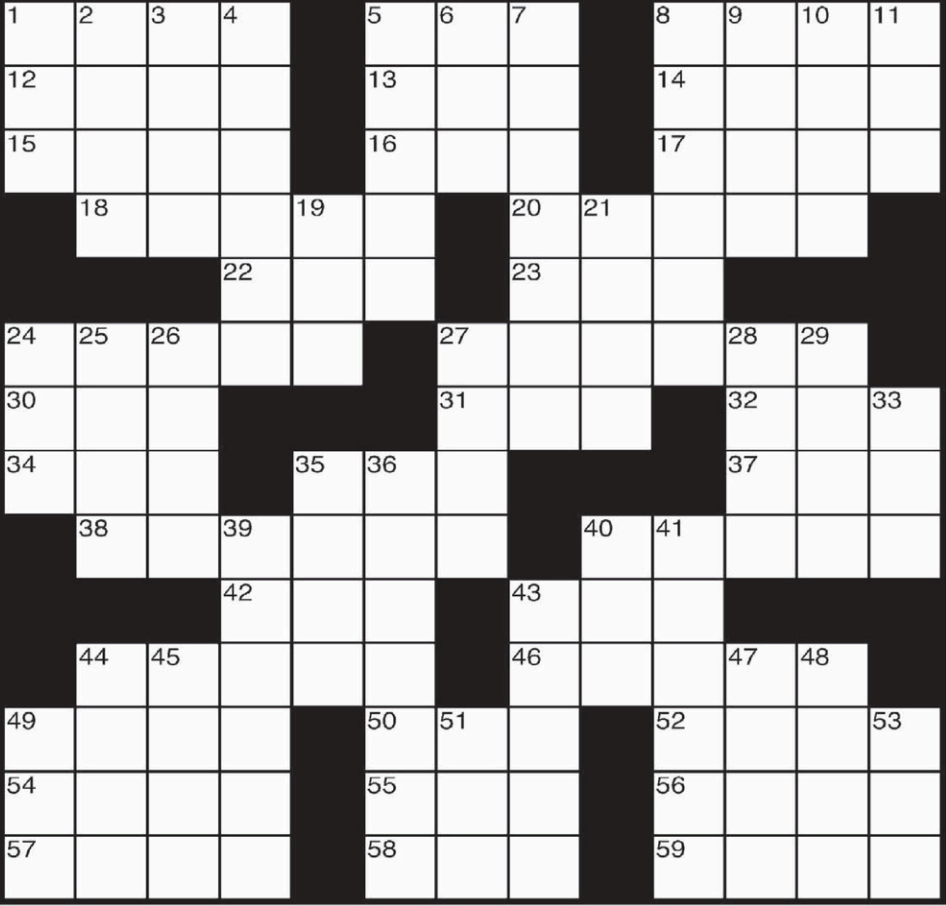
47 Patrick's domain

48 Winter precip

49 NYC dwelling

51 Just a handful

53 Curve shape



Your Birthday

THURSDAY, NOVEMBER 22, 2018

Put greater emphasis on home and family. Adjust the way you live to suit your current situation. Don't let someone interfere or try to push you in a direction you don't want to go. Find common ground, strive for equality and keep moving forward.

SCORPIO (Oct. 24-Nov. 22) — A change will do you good, but make sure that whatever you do helps you maintain a healthy emotional, physical and financial outlook. Put your trust in yourself, not in someone else.

SAGITTARIUS (Nov. 23-Dec. 21) — A change to the way you do a job or take care of your responsibilities will affect an important relationship. Don't share personal information.

CAPRICORN (Dec. 22-Jan. 19) — Don't let anyone take advantage of you. Turn your home into your safe haven. Add components that will make you feel relaxed and ease your stress. Do the work yourself and save money.

AQUARIUS (Jan. 20-Feb. 19) — Get your books up to date and renew any licenses or documents that could pose a problem for you if left to lapse. Problems with contracts should be revisited. Update your image.

PISCES (Feb. 20-March 20) — Communication and travel delays will be problematic if you aren't precise when answering questions or filling out forms. Take the time to do things right the first time.

ARIES (March 21-April 19) — Consider

your current position and what it offers you in the long term. An adjustment to a contract will give you freedom to take on new projects. A partnership change looks promising.

TAURUS (April 20-May 20) — Reconnecting with an old friend will bring back memories that will prompt you to make new plans. A situation that left you feeling confused will be cleared up.

GEMINI (May 21-June 20) — Put everything you've got into tidying up loose ends. You'll enjoy the upcoming festivities more if you know you have a clean slate going forward.

CANCER (June 21-July 22) — Keep an open mind, but if someone appears unpredictable, you are best off standing back and observing. Do your own thing to get further ahead. Health and fitness are encouraged.

LEO (July 23-Aug. 22) — Socializing with peers will give you a chance to gain allies and the support you need to bring about changes that will benefit everyone. Romance is in the stars.

VIRGO (Aug. 23-Sept. 22) — Don't let anyone bamboozle you into an unnecessary expense or domestic change you don't want to make. Use common sense to persuade others to see things your way.

LIBRA (Sept. 23-Oct. 23) — Self-improvement should be your priority. Whether you alter how you manage your money, update your appearance or adjust an unequal partnership, the results will be beneficial.

THURSDAY, NOVEMBER 22, 2018

The blue team by the captain

By Phillip Alder

The Blue Team from Italy carried almost all before it from 1957 to 1975. During most of its victories, Carl Alberto Perroux was the nonplaying captain. At each championship, Perroux kept a diary. Now those insights and several deals are in a fascinating book that runs to nearly 400 pages, "The Blue Team in the History of Bridge" (Master Point Press).

Here is one piece of advice in the book: "Keep your own convention card: modify it as little as possible, do not adopt a new one every week: systems are like shoes: you always feel more comfortable in your old ones. New ones are always more beautiful, but always hurt a little."

Here is a fascinating slam from the 1959 world championship in New York City. How did Giorgio Belladonna make six hearts after West led the diamond seven?

I do not pretend to understand the auction! The Italians liked off-shape doubles, but what five diamonds and five no-trump meant, I do not know. However, Belladonna and Walter Avarelli reached the only slam that could succeed after a diamond lead.

At the other table, Harry Fishbein and Lee Hazen had made four spades

North 11-22-18

♠ A

♥ Q J 7 5

♦ 6 5

♣ A K Q 9 8 4

West

♠ 10 9 5 3

♥ 9 4 2

♦ K 8 7

♣ 7 6 5

East

♠ 8 4

♥ A 10 3

♦ Q J 10 4 3 2

♣ J 10

South

♠ K Q J 7 6 2

♥ K 8 6

♦ A 9

♣ 3 2

Dealer: East

Vulnerable: Neither

South	West	North	East
			2♦
Dbl.	Pass	3♦	Pass
3♠	Pass	4♣	Pass
4♥	Pass	5♦	Pass
5NT	Pass	6♥	All Pass

Opening lead: ♦ 7

with an overtrick.

Belladonna won with his diamond ace, played a spade to the ace and led out top clubs. East ruffed the third with the heart 10, and South overruffed. Declarer discarded dummy's last diamond on the spade king, then ran the heart six. East won and returned a diamond, but Belladonna ruffed on the board, drew trumps and claimed.