

Celebrating Computers in education

See page 3

THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

High-tech at the Wales Home

Page 5

WEEKEND EDITION

95 CENTS + TAXES

PM#0040007682

FRIDAY, MARCH 23, 2012

Five-hour stand-off ends peacefully

By Evan LePage

A five-hour stand-off between officers of the Sherbrooke Police Service SWAT team and a man threatening suicide ended peacefully with the latter handing himself over to police without incident.

At around 10:30 a.m. on Thursday police were called to a residence at 336 Ball Street where a man in his fifties was reportedly barricaded in his home and talking about killing himself.

"Patrol officers received information that there may have been a gun inside," explained SPS spokesperson Martin Carrier.

Police quickly established a large perimeter around the area, extending from Alexandre Street to Camirand Street, and evacuated four residences around where the suspect was located.

"We also took steps with the school near-by to ensure not students went outside," Carrier said, referring to the Sacré-Coeur school. "The school wasn't in the danger zone, but we just wanted to be cautious."

CONT'D ON PAGE 5

Citizens dislike F-35 purchases

Jets a hot topic at Dusseault public budget consultation



EVAN LEPAGE

Dusseault stated his personal belief that buying the F-35s might give other nations the impression that Canada had other intentions besides for peace missions, but admitted the military needed better equipment. The MP said the buying process should simply have been done more cautiously and responsibly.

By Evan LePage

The day after the province of Quebec filed presented its 2012 budget, Sherbrooke's member of parliament, Pierre-Luc Dusseault, held a public consultation to gauge the

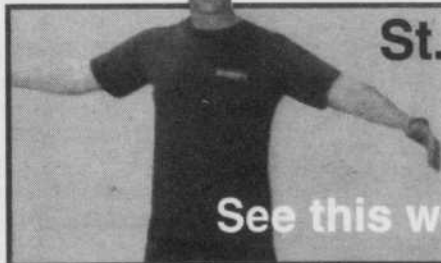
public's expectations from the upcoming federal budget.

The most popular talking point on the night: the purchase of F-35 fighter jets.

"If we made a summary of the night, I think the F-35s caused a lot of

discussion," Dusseault said following the public consultation Wednesday night, which drew only about 15 participants.

CONT'D ON PAGE 3



St. Matthew Passion

See this week's *Talk*

What's up at BU?

Page 2

MANOIR STFRANCIS

AN *evolving* RESIDENCE
FOR SENIOR CITIZENS

WWW.MANOIRSTFRANCIS.COM

Stay young at heart!

With our Viactive program 3 times a week, Yoga classes, Wii league and exercise room, it's never been easier to stay young at heart!

Discover our 3 types of evolving accommodation.

Tel. 819.562.0875 125 RUE QUEEN, SHERBROOKE



The Record e-edition

There for you
24-hours-a-day
7-days-a-week
Wherever you are

Access the full edition of The Sherbrooke Record as well as special editions and archives.

Add an online subscription to your print subscription for less than \$2 a month, or purchase the online edition only for \$55.

Record e-subscription rates

1 year print: \$120. plus tax
1 year print and web: \$140. plus tax
6 month print: \$63. plus tax
6 month print & web: \$75. plus tax
3 month print: \$32. plus tax
3 month print & web: \$40. plus tax
12 month web only: \$55. plus tax
1 month web only: \$4.99 plus tax

Web subscribers have access to the daily Record as well as archives and special editions.

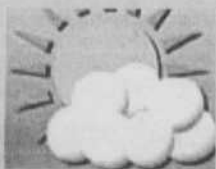
Subscribing is as easy as 1,2,3 when you go to www.amsom.ca Click Subscribe. Choose newspaper.

Complete form and wait for an email activating your online subscription.

Weather



TODAY:
SUNNY
HIGH OF 11
LOW OF 1



SATURDAY:
CLOUDY
PERIODS
HIGH OF 8
LOW OF -2



SUNDAY:
ISOLATED
SHOWERS
HIGH OF 11.
LOW OF 0



MONDAY:
SNOW/RAIN
SHOWERS
HIGH OF 7
LOW OF 2



TUESDAY:
VARIABLE
CLOUDINESS
HIGH OF 8
LOW OF 0

What it means to be a Man



WHAT'S UP AT BU

STUDENT REPRESENTATIVE COUNCIL

As the world spins further into the new millennium, the rate of technological and societal change is advancing at an exponential rate. The tradition of the nuclear family, where men are the sole breadwinners and women are the sole caregivers is becoming less and less a reality with each new generation. With this shift, Dr. Jessica Riddell, Bishop's University professor and intellectual provocateur can't help but wonder whether contemporary culture is experiencing an age of masculine uncertainty. The issue was explored on Wednesday night at The Gait in the second debate of the semester entitled 'Man Up or Man Down: Is there a crisis of masculinity in the 21st century?'

The hard fought contest saw Team Pro-crisis square off against Team No-crisis in debate, then question period format. Arguing that 21st century culture is constantly questioning what it means to be a man, and furthermore that demographic shifts (women becoming the primary earners and dominating the demographics of post-secondary education) was Dr. Christian Berco, professor of history and Taylor Johnston, President of the BU Students Representative Council. They point to 'Old Spice' advertisements where the narrator, buff with traditional manliness (assertive, tough), emphatically points to men watching, and claims that with a little bit of deodorant you could be a real man, 'like [him]'.

Opposing this hypothesis was Classics Prof. Jenn Cianca and Psychology student Bill Crooks. They countered by arguing that even though what it means to be 'a man' changes with history, at its core is male biology, which is constant. Furthermore, masculinity has historically, always been in



ROBERT VITOLS

Team No-Crisis squares off against Team Pro-Crisis in the Man Up or Man Down debate.

question, and that in itself is one of masculinities greatest traits. Crooks and Cianca point out that the 'men' in crisis are Western and largely upper-middle class; that this dilemma may be more about the dissolution of 'patriarchal entitlement' than a real rift in our definition of what it means to be a man.

The debate was made possible by the Crossing Borders Research Cluster, specifically the Gender Axis. Even though the bar was open, the discussion remained civil, with both teams agreeing

that gender was a largely socially constructed phenomenon; although that doesn't make it any less important or relevant. The night proved to be both balanced and informative, with Team No-crisis side coming up victorious, by audience vote. To be fair though, both sides argued excellently, with the real winner being the pursuit of knowledge and truth.

- Aaron Ries is the Communications Manager with the Bishop's University Student's Representative Council. You can e-mail him at src@ubishops.ca

Thief took woman home before robbing her

Police have called on the public for help in identifying a suspect who took a woman back to her apartment and robbed her.

On Jan. 28, the victim was participating in a "Bal en Blanc" party, during an event which brought students from the faculties of kinesiology and physical education from multiple universities in Quebec to Sherbrooke for a weekend of activities.

That night, the victim met the suspect during a party at the Delta Hotel.

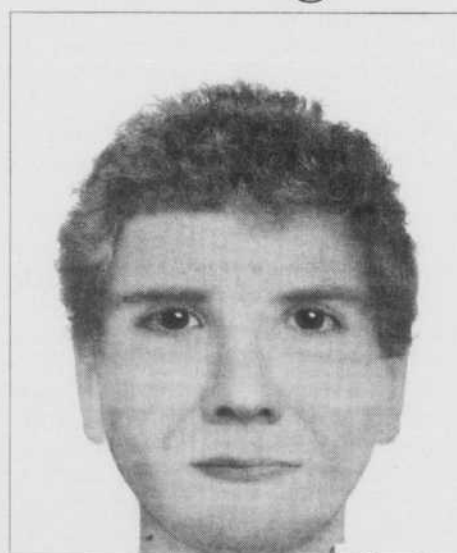
Near the end of the night, the victim reportedly does not remember much of what happened.

She remembered being driven home by the suspect, but not what he looked like, the car he drove or even the roads they took to get home.

At some point during the night the suspect stole numerous items from the victim's apartment and fled.

One of the victim's friends noticed her leaving the hotel with the suspect and was able to help police create a digital sketch of his appearance.

The suspect is described as a white male, between 23 and 25-



years-old, with brown eyes and wavy, short, light brown hair.

CONT'D ON PAGE 4

Draw results: 2012-03-21

649	23 27 32	35
	37 38 45	Bonus

Next grand prize (approx.): \$ 4,000,000

BONUS PRIZES **649**

09 11 21 24 39 43
06 09 14 18 23 33

*SHARED JACKPOT OF \$649,000

In the event of discrepancy between this list and the official winning list of Loto-Québec, the latter shall prevail.

Extra 8586590

TONIGHT, \$50 MILLION

+ **MAXMILLIONS**

14 PRIZES OF \$1 MILLION (approximately)

Ben by Daniel Shelton



LOCAL NEWS

"The role that this network plays in the Sherbrooke community is far more important than you could believe."

Computer education network celebrates 10 years

By Evan LePage

It has been ten years since the AIDE-PAC network was formed and since that time the grouping of 18 organizations has educated around 10,000 Sherbrooke residents on how to use computers, programs and the internet.

The community organization celebrated its tenth birthday with a press conference at the Carrefour de l'Estrie Thursday, during which time Sherbrooke's mayor, Bernard Sévigny, took the opportunity to salute the work AIDE-PAC has done thus far.

"The role that this network plays in the Sherbrooke community is far more important than you could believe," the mayor said.

According to the Sévigny, as technology develops it risks creating a gap between those who are familiar with the products and those who are not. "The role the AIDE-PAC network plays is to

mitigate those consequences and to bring back a section of the population that are stuck in the gap caused by the emergence of new information technologies," he said. "It joins a clientele of females, young people, the elderly, and people with difficulties, members of the public who otherwise would not have access to computers and who would not have the capacities or abilities to be able to navigate online."

The president of AIDE-PAC, Mohamed Soulam, made a presentation which highlighted the positive response the organization has received from those who have benefitted from its teaching services.

One former student spoke of how she was taught her the value of computer program Microsoft Excel, which she now uses for planning and organizing events.

According to Soulam, the classes have a satisfaction rate of 98 per cent, something Sévigny said was a "testi-

mony to its impact on the community."

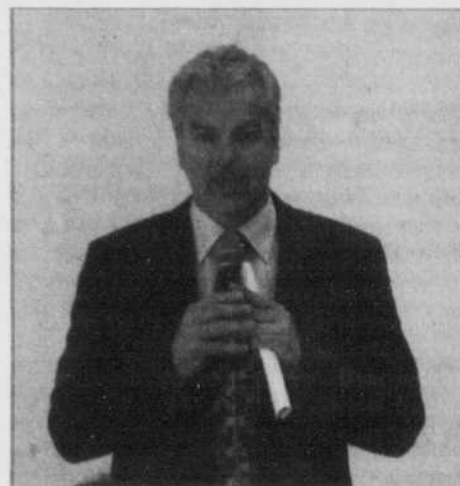
In addition to programs like Excel and Word, AIDE-PAC teaches course on internet usage and specific email and website usage, including Facebook.

Classes like these serve a valuable purpose in themselves, the mayor stated.

"Obviously we're talking about an inter-generational impact. Grand-parents from anywhere talking to their grand-kids across the planet, that's fantastic," he said. "We're talking specifically about integration, the fight against isolation. It's extremely important."

The AIDE-PAC network, funded by Industry Canada, unites 18 organizations in the Sherbrooke region, including Ser-covie and the Estrie Scouts.

Formed in 2001, the network's mandate is to provide internet access and courses in computer literacy to the people it serves, people who often lack the means to afford an internet connection and computer equipment at home.



EVAN LEPAGE

According to Mayor Bernard Sévigny, technology risks creating a gap between those who are familiar with the products and those who are not. The AIDE-PAC network has for ten years worked to close that gap.

Unhappy Citizens

CONT'D FROM PAGE 1

Dusseau started the discussion off by raising the issue of the F-35 jets and questioning whether they were something the country truly needed.

"Is the government going in the right direction with this? For the first time last week they seemed to back up a bit on this file, because we don't know what the price is and we don't know how many they will buy," he said. "This is another element it will be important to follow in the next budget."

One citizen quickly picked up on the issue, stating "considering we already have enough equipment to destroy the planet 50 times over, I do not see how Canadians can need more weapons. The

more money we put into the military, the more we create enemies. Pacifistic countries do not have enemies."

Dusseau stated his personal belief that buying the F-35s might give other nations the impression that Canada had other intentions besides for peace missions.

"The F-35s are combat planes, attack planes, and it is not with them that we will strengthen our image as a peaceful nation," he stated.

That said, when asked how the NDP would protect Canada's assets and Arctic territory without the planes, the MP said that they were not anti-military, they just felt that the Conservatives had rushed the buying process, committing money before even knowing the cost of the planes.

"We think the process has gone much too fast and I think we should wait for the real numbers. Now it's like a blind purchase," he said. "We want to slow down the process and get our money's worth. And possibly not buy 65 (jets) either."

According to Dusseau, the NDP is expecting the federal budget, which is to be filed Mar. 29, will contain significant cuts to services of five to 10 per cent, something he finds worrying.

He cited employment insurance and the department of veterans' affairs as examples of sectors that have already experi-

enced cuts and where services would really suffer with further reductions to funding.

Returning to the issue of the fighter jets, Dusseau questioned an expenditure of billions of dollars while simultaneously cutting money from public services.

"We think we should instead spend that money on the services for veterans who really need them," he said.

A variety of budget issues were raised by citizens during the two-hour consultation. One man called for increased funding for arts while another asked for increased spending in the environmental sector, both stances Dusseau said he supported.

On a more local level, the MP said his own priority for the budget would be the improvement of the Sherbrooke airport and the larger issue of increasing funding for rural regions.

"The Sherbrooke airport is something I'm following closely and it's an issue that comes up a lot. We saw tonight that it's important for the majority of people," he said. "Personally I'm working a lot on this file and I will be trying to bring it as far as possible and to prioritize it."

Despite the low turn-out, Dusseau said he was happy that people were vocal with their concerns as it allows him to better represent their interests in Ot-



EVAN LEPAGE

tawa.

"For me this was a time when I could hear what people had to say because when I am in Ottawa I'm there to represent people from Sherbrooke, that's why I was elected. So if I don't have these discussions with people I will have a harder time representing them," he said, adding that "It would have been interesting to have more people turn out but in the future perhaps if we do something more precise, possibly on a particular law project, experts and people interested in the issue will come out."

Danville Trinity United Church foundation to meet

An examination of the financial books and the choosing of new officers will lead the discussion topics at the annual meeting of the Trinity United church foundation next Monday evening (Mar. 26).

The foundation was started in 2008 to raise money for the maintenance and preservation of the 137 year-old church in the town square, situated at 43 Grove st.

"We want to preserve the building and its historic architecture for the present and the future," said foundation vice-president Michel Plourde, who is also a member of the Danville town council.

"The church is an important symbol of Danville."

Plourde added the meeting is open to the public because the foundation is not just for people of the United church denomination.

"Not all members of the foundation are members of the Trinity congregation," he said.

"So, everybody is welcome to attend the meeting and give their input."

The meeting will be held in the church basement, starting at 7 p.m. For more information, contact Plourde at 819-839-1394.

- Submitted by Stephen McDougall

DART TOURNAMENT

FOR THE BENEFIT OF THE
BREAST CANCER SOCIETY

SATURDAY, APRIL 14

OLD LENNOXVILLE GOLF COURSE

STARTS AT 1 P.M.

Mixed doubles/
bring your own partner

7 games 301 \$5./player

FOR INFORMATION
MARY DEZAN
819-823-1392

Everyone welcome!

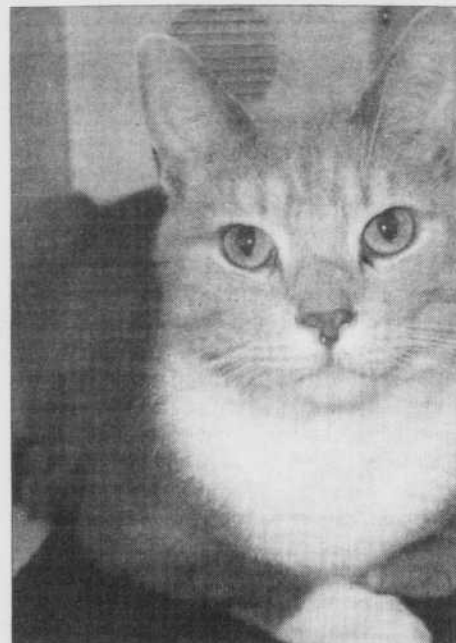
Animal shelter filling up; looking for families



Gaston



Smokey



Moumou

After taking in a large number of animals, the Eastern Townships SPA is nearing capacity, prompting the shelter to issue an urgent call for adoptive families.

The local Society for the Protection of Animals is looking for good owners who are ready to make a lifetime com-

mitment to one of the more than 65 cats and 28 dogs looking for new homes.

With 50 dogs currently at the shelter, more than the amount of available pens, the need is especially great to place the dogs.

Overcrowding is a common problem for most shelters but one that

could be avoided if owners sterilized their pets, according to Eastern Townships SPA spokesperson Cathy Bergeron.

Adoption fees cost \$115 for a cat and \$175 for a dog, and the animals come with health guarantee and have been vaccinated, de-wormed, micro-chipped, and most importantly,

spayed or neutered.

To learn more about the animals up for adoption, visit the SPA's web site at spaestrie.qc.ca, call 819 821-4727 (option 6) or visit the Sherbrooke shelter at 1139 Queen-Victoria Blvd.

\$1.5 million to regional health care info assets

The Quebec government has announced an investment of over \$1.5 million into the maintenance of information assets of the health and social services network of the Estrie region.

"With the rapid development of information technology, it is important to have equipment such as computers and modern servers to meet the modern needs of health and social services facilities," said minister responsible for the Estrie region Monique Gagnon-Tremblay in a statement. "We are investing considerable sums each year to ensure that information technology equipment is as efficient as possible, and to meet key objectives of safety, accessibility and stability of the network."

The province's funding contribution, which will total exactly \$1,567,931, was made by Gagnon-Tremblay Thursday on behalf of health and social services minister Yves Bolduc.

Provincially, \$31.1 million annually is put towards the maintenance of IT equipment. Generally, desktop computers need to be replaced every five years and laptops every four, according to a press release.

In the Estrie region, an estimated 8,300 IT workstations exist in the health and social services sector.

Robber

CONT'D FROM PAGE 2

During the crime the suspect was wearing straight cut Levi's jeans with a white t-shirt.

The suspect reportedly looked like he did not take very good care of himself and had a few-day-old beard.

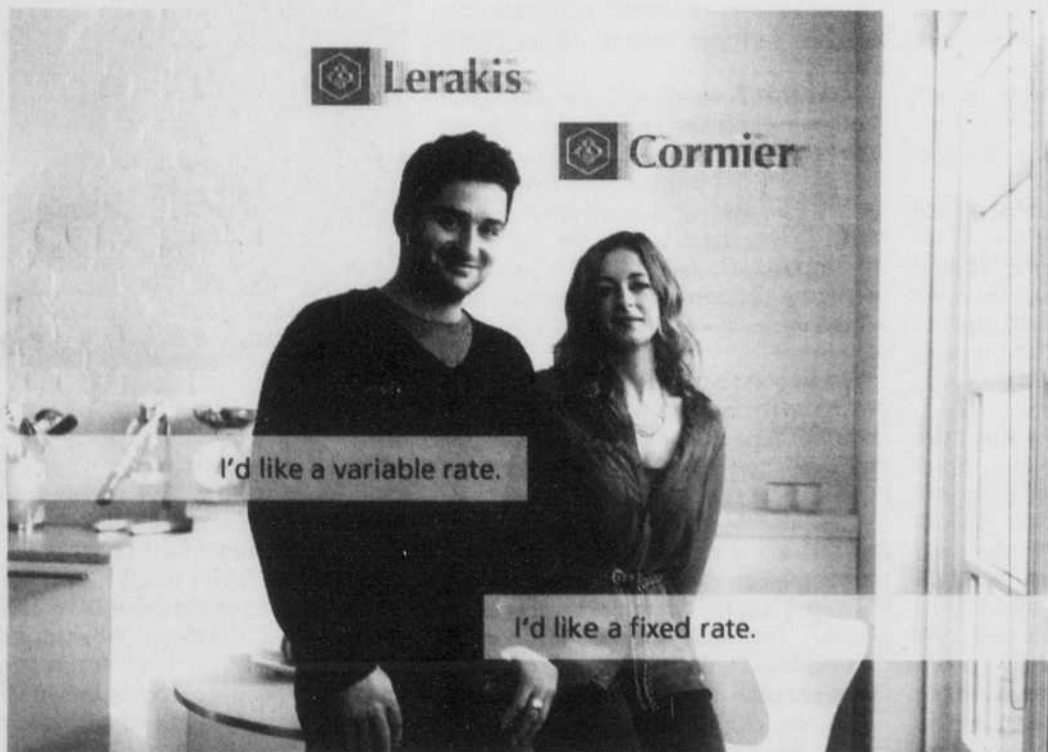
Anyone with information that could help identify the suspect is being asked to contact detective Élisabeth Deschênes of the Sherbrooke Police Service criminal investigation unit at 819-822-6080 ext. 4364.

Justice

I BELIEVE. I GIVE.

Development and Peace

1 888 234-8533 www.devvp.org



HYBRID MORTGAGES, THE FLEXIBLE SOLUTION

and protect your investment with Loan Insurance.

Talk to your advisor.

Desjardins

Cooperating in building the future

desjardins.com/home

Wales Home first in province to use tech gadgets

By Corrinna Pole

With a bracelet, an iPod and a high-tech Wi-Fi based safety system, Richmond's Wales Home is now on the cutting edge of providing resident security.

The 91-year-old seniors residence recently became the first in the province to implement a called Real-Time Location System (RTLS), designed at giving residents more independence while keeping them safe.

Each of Wales 172 inhabitants, from those who are independent to those requiring specialized long-term care (CHSLD), have been equipped with a bracelet featuring a large button they can press to call a nurse.

Within seconds, the alert signal is sent to the nurse's computer and iPods that are carried by personnel while on shift.

Designed by company AeroScout, the gadgets go beyond just being an emergency call bell, thanks to a wireless monitoring feature.

Much like GPS - global position system - the device keeps track of where residents are inside six acre building and the exterior grounds.

"For staff it's a time saver," said Wales Executive Director Brendalee Piironen. "When they get a call they can locate the person on map and they don't have to go hunting for them so its very efficient."

The system can even be personalized to meet specific security needs. For example, the AVIVA therapeutic garden is protected only for Alzheimer's patients;

other residents visiting the area won't trigger alarms if they cross the garden's boundary.

It can also help keep residents out of potentially dangerous areas.

"If they go into a restricted area like the boiler room, an alarm is sent to a nurses iPod and it will make a sound and send detailed information in an email message telling them where a person has gone," explained Piironen. "The nurses will have a message like 'Mr. Jones has entered a restricted area and is in the boiler room' right on their iPod."

Piironen realized the value of the system one cold evening a few years ago when she noticed an elderly man had fallen in the parking lot and couldn't get up. If the man hadn't caught her eye, he might not have been found until the next morning.

The user-friendly system stores its information on a searchable database, which can be used by administrators to determine if residents are getting the right kind of care to meet their needs.

"I call pull up a residents log which shows their movements on a particular day or how many times the call bell are being rung," Piironen said. "There's times its ok to be calling for help but when your ringing it 20 times on a shift, we have to look at what's going on there and if the person might need a higher level of care."

Alerts can be sent if nurses are in need of assistance and the RTLS can monitor room temperature and equipment.

The record can be used to evaluate how certain situations are responded to.



COURTESY

Wales Home Resident Olive McCourt is just one of 172 of her neighbours equipped with a new gadget designed at improving patient safety by sending near instantaneous alerts in an emergency and monitoring patients location.

For example the amount of time it takes nurses to respond to a call.

So far, the feedback from residents and nurses has been good and it's a selling point for some potential resident families, according to Piironen. Of course there's always a few tweaks to be made.

"We are trying to find better bracelets. One went into the wash, they are water resistant to go into a shower but not water proof, they don't survive in a washer full of water."

The system was installed in the build-

ing in January, it's expected all of the exterior parameters will be installed in the coming weeks.

The price tag for the project comes to around \$500,000 which may seem steep but the system will pay for itself over time and, Piironen notes, its ability to keep residents safe is priceless.

"Its really great knowing were providing the best for our residents," she said. "We're very happy with it, I would recommend it to anyone."

Stand-off



EVAN LEPAGE

SPS officers set up a large perimeter on Ball Street between Alexandre and Camirand Streets after hearing reports that the man barricaded in an apartment may have had access to a gun.

CONT'D FROM PAGE 1

The special intervention group (GI) SWAT unit was called to the scene and negotiators spent hours talking with the 53-year-old.

Finally, in the middle of the afternoon, officers seized an opportunity and took the man, who went peacefully.

The suspect was taken to the CHUS Hôtel-Dieu for care.

In total, the stand-off lasted about five hours.

Carrier said that the officers were not in a rush, taking their time to ensure things ended calmly.

Townie-Farmer gap still exists in Danville

By Stephen McDougall
DANVILLE

Michel Plourde has an uphill struggle on his hands. The Danville town councillor is trying to get urban and rural residents of his town to live and think as one.

But the results of a survey he sent out last year to area farmers showed the gap between the Danville town and farmer is still large, just like it was when the rural Shipton township and the Danville town were merged together over 12 years ago.

"There is still a strong feeling that the two municipalities should never have merged," he told the Record Wednesday night at an information meeting to release the survey results.

"It is a sentiment that we have to overcome if this town is ever going to develop socially and economically. It is too late for us to demerge."

The survey, issued last May to 104 farming households, mostly in the Shipton area of Danville, asked several dozen questions about town services

for and relations with the farming community.

Only 26 households responded to the survey. Plourde said the number of responses was high compared to other agriculture surveys carried out by other towns and government agencies.

"Many agencies are happy if they can get a 10 percent response," he said.

But the general response, according to Plourde, was that farmers still feel alienated from the town and want better services and consideration.

Some point to the following: Poor road ditch maintenance that can cause field flooding.

Too much gravel road dust. Lack of road signs for speed zones and bumps.

Only half of respondents Many argue police presence is poor; that they do not prevent marijuana grow ops in fields, nor crack down on rural road speeders nor follow up on minor crimes such as burglary. See the fire and police service as adequate.

CONT'D ON PAGE 8

RETIRE-AT-HOMESM
SERVICES

The all-in-one solution for seniors wishing to remain at home!



Private home care services and private health care are not as expensive as you might think. Contact us today to learn more.

Persons, 70 years or older are eligible for a refundable 30% tax credit on our services.

819 791-4774

www.rahsherbrooke.com

EDITORIAL

By 2050, a six degree rise is much more likely and no one knows for sure what this will mean.



François Tanguay

The Consequences of inaction

The OECD (Organization for Economic Co-operation and Development) turned 50 in 2011; it has 34 members. Those that are generally known as the rich countries are founding members, plus, recent additions like Korea, some Eastern European countries. A leftist think tank it is not!

A recent report points to what will happen if we are negligent in our collective responsibility to protect the environment. With a global population that is expected to reach 9 billion in 2050 we have to get serious quickly about a series of critical factors. Cities will be faced with an onslaught of new residents that will continue to put stress on existing living conditions and infrastructures. Over a quarter of the population in the OECD countries will be over 65, compared to 15% now.

The planet and its inhabitants will require 80% more energy, with fossil fuels expected to continue to hold a dominant position. Agricultural lands will be faced with the impacts of climate change and the challenge to produce more and more food. Greenhouse gas emissions will continue to rise, if we continue the business as usual scenario we are pursuing now. We should actually be reducing our emissions by 80% if we are to have half a chance at preventing the climate from going totally wild. Consider that the incredible weather we are having this spring is not only a blessing, it carries the potential for a disastrous crop season and compared to last year, a drought that could make a dry summer a nightmare.

The old dream of the UN experts on climate change to keep global warming at a max of 2 degrees by 2050 is melting quicker than the snow in the Townships. By 2050, a six degree rise is much more likely and no one knows for sure what this will mean. The planet has never had a six degree rise in such a short span. This kind of climate change usually takes hundreds if not thousands of years!

The answers? Global carbon pricing, a quick turn to less energy intensive activities, major investments in renewables, building and energy saving codes that would reduce energy needs by 80% within 10 years, and it is feasible! Cutting ALL forms of subsidies to the fossil energy sector. Add to this, major investments made in clean water for all. This means clean tap water and sanitation for the nearly one billion humans who have never had these basic needs.

The list is endless. What the OECD says is: if we think it will be hard and expensive to do, we can't even begin to put numbers on inaction. We have to clean up our act big time! NOW!

Security Blanket



Letters

DEAR EDITOR:

MY MIND IS MADE UP... AND YOURS?

Lennoxville is an extraordinary place to live and to enjoy outdoor activities with friends and family; it has a strong sense of community and volunteerism, in an unequalled bilingual setting, graced by world-class educational institutions. We have been working hard for many generations to preserve and strengthen this community and quality of life.

Yet this community is fragile. It is threatened by development (new houses, new autoroute, new streets) and by the possible changes to our borough governance system from Sherbrooke.

Citizens are proud of the Lennoxville community and way of life. The borough system, with a Borough Council, one City councillor and 2 Borough councillors, provide citizens with a forum for self-governance. This is all an integral part of Lennoxville. The Borough office is at the heart of the borough life, and any loss of powers, whether it be loss of control over parks or leisure activities, or any loss of staffing, is unacceptable.

Lennoxville citizens accepted the governance terms when they merged with Sherbrooke 10 years ago. Citizens were consulted and they voted. If any changes are proposed by Sherbrooke, they need to be voted on again. This is democracy. One party cannot unilaterally change conditions.

MRS ANNE VEIL
PROUD MEMBER OF THE LENNOXVILLE
CITIZEN'S ASSOCIATION

TO THE EDITOR:

This is addressed to the 800-plus citizens who to date have joined what was called the Lennoxville Citizens As-

sociation. Due to the resignation of J.R. Houle from the interim organizing committee and inasmuch as Mr. Houle holds the copyright to the name Lennoxville Citizens Association and its website, we are required to change our name.

The association will be hereafter be known as the Lennoxville Residents Association and our web site can be found at www.lennoxvilleRA.org.

We encourage all members of the Association to visit our new web site and we strongly urge those who haven't signed up to do so.

TIM BELFORD
LENNOXVILLE RESIDENTS ASSOCIATION

DEAR EDITOR,

BOROUGH OF LENNOXVILLE, STATUS Quo?

After the unfortunate events of last fall when the City of Longueuil voted to reduce the number of Borough Councillors in Greenfield Park from three to one, the Lennoxville Residents Association is anxiously awaiting the recommendations in the Report of the Commission Sherbrookoise des Activités Municipales (CSAM) concerning the possible restructuring of the six borough councils in Sherbrooke. We sincerely hope that these recommendations will preserve the vibrant democratic character of the existing Boroughs of Lennoxville and Brompton despite their small size and the announced need of the City of Sherbrooke to save money by reducing the number of borough councillors and consolidating borough services.

The release of the Report is scheduled for the week of March 26.

NORMAN GREEN
INTERIM CHAIR
LENNOXVILLE RESIDENTS ASSOCIATION

THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E., Sherbrooke J1G 1Y7
FAX FOR NEWSROOM ONLY: 819-569-3945
E-MAIL: newsroom@sherbrookerecord.com
WEBSITE: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER (819) 569-9511
DANIEL COULOMBIER NEWS EDITOR (819) 569-6345
STEPHEN BLAKE CORRESP. EDITOR (819) 569-6345
SERGE GAGNON CHIEF PRESSMAN (819) 569-9931

DEPARTMENTS

ACCOUNTING (819) 569-9511
ADVERTISING (819) 569-9525
CIRCULATION (819) 569-9528
NEWSROOM (819) 569-6345

KNOWLTON OFFICE
5B VICTORIA STREET, KNOWLTON, QUEBEC, J0E 1V0
TEL: (450) 242-1188 FAX: (450) 243-5155

SUBSCRIPTIONS

		GST	PST	TOTAL
QUEBEC:	1 YEAR	120.00	6.00	11.97
	6 MONTHS	63.00	3.15	6.28
	3 MONTHS	32.00	1.60	3.19

Rates for out of Quebec and for other services available on request.

The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

Return undeliverable Canadian addresses to The Record, 1195 Galt East, Sherbrooke, QC J1G 1Y7

Member
ABC, CARD, CNA, QCNA

C COLUMNISTS

Many continue to believe that one cure for HIV/AIDS is for an infected man to have sex with a virgin.

Where myths and magic touch the modern world



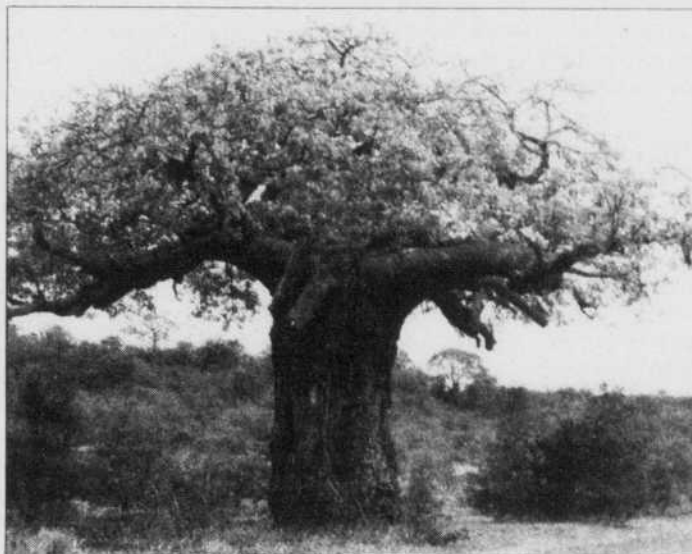
STEVEN BLACK

The Baobab is a striking tree. Its unusual proportions invite wonder and legend in Africa with its broad trunk and narrow branch canopy. As the story goes, different animals were invited to plant trees and the hyena was given the Baobab. Unfortunately for the tree, the hyena planted it upside down explaining its strange appearance. This legend has had several different versions with different actors. Some have said it was God who planted it upside down because he was annoyed with the moaning sound of its branches. Others have blamed the devil. In any event, the tree lives successfully in harsh conditions with some experts proposing that some live upwards of 3,000 years.

Legends and myths abound in Zimbabwean Africa. Many are benign. Take for example the legend of the Greater Honeyguide. It is a rather ordinary looking bird as African birds go but it has a particular ability to find nests of wild

honeybees. The myth goes that if you want honey, all you need to do is to follow the Honeyguide and he will show you. But there is a warning with the promise that says if you should take any of the honey the bird has found, you had better leave a grub for the bird in the honey's place. Failing to do so, the next time you follow the guide, he won't lead you to honey but instead to a snake. There are plenty of snakes you won't want to meet accidentally reaching into trees in Africa, so take heed!

Some legends are not only mythical but they are also magical. One myth promises that if a pregnant woman squats over a pile of smoldering elephant poop her pregnancy will go smoothly. In southern Zimbabwe this might be seen as very important as it has the highest maternal mortality rate in Zimbabwe. Unfortunately medical clinics struggle with scarce resources, mothers walking long distances to get care at



The Baobab tree: planted by the devil?

WIKIMEDIA

the time of their delivery and walking home again babe in arms the same day in temperatures that often reach 45C. Elephants being very rare outside of game preserves, their poop is hard to find. Not a bad thing, I suppose if the traditional magic doesn't discourage expectant mothers from modern medical attention.

Myths and magic can have even more dire consequences. Many continue to believe that one cure for HIV/AIDS is for an infected man to have sex with a virgin. Infection rates are very high in Chipinge

with hundreds going to local clinics for treatment every week. But in a world where modern and traditional converge, some will hedge their bets and opt for both treatments just in case. And so goes much that is Africa where a world of spirits, curses and ancestor worship mingles with cell phones, automobiles and satellite dishes. Even many Christians will continue to pray to God while consulting the local witch doctor.

Foreigners bring their own myths and magic. Especially desirable to many from China is the precious power of the rhinoceros horn. These fetch a lot of money in Asia for its supposed aphrodisiac power. Cialis and Viagra would be much cheaper and more readily available but the rhino horn is considered to be better still. The rhino has been hunted close to extinction. Trackers follow the trail of a rhino for days and, when finding one with its horn having been removed for its own protection, will kill it anyway so they won't waste time following it in the future. Most rhinos today are under 24 hour guard in game parks, but even here tourists have been known to offer significant bribes to the rhino keepers in exchange for their charges' horns.

It is easy to spot magic and myths when visiting from outside a culture, but I also spotted a Western myth and its destructive consequences in Africa. Just a few kilometers away from sun-beaten, sandy fields of stunted maize can be seen hectares and hectares of lush and thriving sugar cane watered by modern irrigation systems. Truckloads of the cane harvest travel the narrow highways where baboons wait to munch on any sweet fallen stalks that happen to spill. Sadly, the sugar cane is not grown to feed hungry Africans - whatever value it might have. Instead, it is grown for bio-fuel. The myth is that we need to wean ourselves off depleting petro-fuels and shift to the use of sustainable bio-fuels that make a lesser imprint on greenhouse gasses. This might serve to decrease our guilt for Western lifestyles and allow us to continue our lavish ways but with cars powered by fuel from places like Zimbabwe. We are far enough away to never see the hunger and meager existence of villages and small scale farmers nearby the industrial farms. A few people with links to the government and some foreign interests stand to profit but it does nothing to address human suffering of neighbours.

Myths and magic touch the modern world in Africa - but also in Canada. It is easy to spot silly and dangerous myths from outside - not so much from within. They can be so deeply embedded in our cultures and values they seldom are recognized let alone scrutinized. Having visited Zimbabwe for almost three weeks, what I want to do is to become more alert to the legends and magic of our own Western world and learn to discern where our foolishness is destructive and our hunger for prosperity only leads to injustice. Maybe we should listen to critics from outside whose perception can be much clearer than ours about such things.

What are big strong arms for anyway?



THE SCOOP

MABLE HASTINGS

"Mom, can you tuck us in?" I remember those words with an immeasurable longing and fondness. That time of evening where baths had been taken, teeth brushed and three sleepy faces waited for me at the top of the stairs; each boy clutching his favorite bedtime book. Youngest first, the other two in tow as we read together, "Fox In Socks." One down, we made our way to room number two where my middle son insisted on my reading, "Big Bad Burt." I had no choice but to come up with a different voice for each character as the boys nodded their approval. Son number three, the eldest, often opted for something longer like, "the Lorax" and usually fell asleep long before the book ended.

As with all things, little boys grow older and it isn't long before you find yourself asking, "Do you want me to

tuck you in?" Dreading the sometimes independent "no thank you," and hopeful for some positive indication that you are still needed for the nightly ritual. Good night kisses become good night hugs and then, the occasional pat on the back as your sons let you know, they are growing up.

In time, on those evenings when you are feeling in need of a hug, you may enter their space and request one and most times, they are happy to oblige. Wearing their charitable, "Mom is being weak" face, they approach awkwardly and embrace briefly with a strong pair of arms. Right then and there, it hits you!

The smell of deodorant and after-shave and arms that no longer reach out in need but rather to give comfort leaves you realizing that your sons are no longer children but have become men. I suppose, had I paid a little more attention, the "Sports Illustrated Swimsuit calendar," displayed proudly on the wall, just might have given it away.

Through the teenage years, "I love you," becomes less of a statement and more of a reply forced from their lips in response to your third reminder as they gather their necessities and call out, "night," before heading off to bed.

If it is of any comfort, I have three sons. One is nearing 22, another will be 20 this year and the youngest is going to be 15. Once they become their own boss so to speak; they evolve. They call to tell me regularly that "they" love "me." They

check in to make sure "I" am okay. Hugs are given with assurance that they are the men who love, respect and if needed would protect their Mama.

The almost 15 year old still roams the house however, finding his way to the man he is quickly becoming. I am the provider of food and spending money and that makes me important to him. He reluctantly responds to the love my husband and I profess to him each morning as he leaves for school and at night he acknowledges our importance by wishing us a "good night." I embrace every second of this as well.

In time, he too will officially be a man. He will come and go from our house like a welcome memory; one that we cling to knowing that it will leave us as quickly as it came. He will love his parents strong just as his brothers do and he will make us proud.

As I put the storybooks away for the grandchildren of someday, I send out this tidbit of wisdom to all the parents of young children out there.

Treasure every second, even those you feel you don't have time for because, all too soon, it will change. "They" will change. You will wish you had done some things differently and you will miss who they were while loving who they've become.

And, to all the adolescents out there, "hug your parents and tell them you love them," that's what those big strong arms are for.

Will I get my wish on the second post-operative day?



THE DOCTOR GAME

W. GIFFORD-JONES, M.D.

What do I do when I arrive home after seeing patients all day? I have a pre-dinner drink with my wife. This week I'll wish I could still do it. But on March 22 I'm scheduled for a hip replacement at The Toronto Western Hospital. So today, a column dealing with alcohol is appropriate. And will my surgeon recall Sir William Osler's wise remark?

A report in the Journal of the American Medical Association claims alcohol causes cancer. The prestigious Nurses Health Study followed 106,000 women

for more than 25 years. This revealed that women who routinely consume three to six drinks a week are 15 percent more likely to develop breast cancer than non-drinkers, regardless of the type of alcohol. For women having six to nine drinks a week the risk is 20 percent and jumps to 50 percent for those who partake of more than nineteen drinks a week.

But how accurate is this immense study? The first thing to remember is that there are three kinds of lies, lies, damn lies and statistics!

For instance, at first glance a 15 percent increased risk of cancer for women drinking three to six drinks a week appears to be a fair-sized danger. But at age 50 the average woman has a 2.4 percent chance (1 in 42) of developing breast cancer in the next 10 years. An increase of 15 percent increases the risk to 2.8 percent (1 in 37). Stated another way, among 1,000 women, age 50, light drinking may cause an extra 3 or 4 cases of breast cancer during the next 10 years.

While any increase in deaths from cancer cannot be taken lightly, you have to consider the other side of the coin. Later in life far more women will die of heart attacks than breast cancer. And

several studies show that both women and men who drink moderately live longer than teetotalers or those who drink excessively. I say Amen to that.

But does the consumption of alcohol also increase the risk of malignancy in men? Reports from the National Institute of Health (NIH) in the U.S. show that alcohol increases the risk of oral, stomach, colon, pancreas, liver and prostate cancer.

What women and men decide about alcohol when faced with these facts is a personal decision. And if you've never touched alcohol, don't start now.

But hell will freeze over before I stop having my pre-dinner drink. I've believed for years that alcohol in moderation is the best medicine ever devised for mankind. Consider the tens of millions who, over the centuries, have died from drinking water!

Consider also the thousands who every year die from prescription drugs. This doesn't happen to moderate drinkers. So I've always believed there is a place for the relaxing effects of an alcoholic drink in medical practice.

Years ago I shocked nurses when I wrote a post-operative order that allowed surgical patients, who normally enjoyed a pre-dinner scotch-and-soda,

to have one, but only if they wanted one, on the evening of the second post-operative day. This practice had a huge effect on their psyches and convinced patients they were not going to die.

Besides, the benefit is not just psychological. Alcohol increases the good cholesterol and relaxes blood vessels. It also keeps platelets, tiny particles in the blood associated with the clotting process, slippery so they're less likely to form a blood clot in the legs. This is a disastrous complication if the clot travels to the lungs causing death.

Enjoy your drink, always in moderation, whether thinking about cancer or other problems. There are many more serious risks than having a cocktail before dinner, including popping pills that may be useless.

I imagine Hell will freeze over before I get my drink on March 24. But maybe my surgeon will recall Sir William Osler's remark that, Alcohol is for the elderly what milk is for the young. And he knows I'm a long way past being sixteen!

See the web site www.docgiff.com For Comments info @docgiff.com

Danville

CONT'D FROM PAGE 5

The town road department is too big and inefficient. It has too many trucks and equipment and maintains

roads that are rarely used.

Many never receive information about town services and events.

Many see the town residents being favoured with more and better services.

Plourde pointed to two serious problems facing Danville farmers: that there is little or no economic cooperation between the farmer and the town, and the lack of younger farmers to replace those that want to retire.

"Most farmers are not interested in taking in compost waste from the town and few, if any local stores want to sell farm products in town," he said.

"At the same time, 60 percent of farmers say they want to retire in the next 10 years. Many of them to not have family members or colleagues who want to replace them on the farms.

"That means the farms could be sold to outside interests such as corporations."

Plourde and fellow town councillor Jean-Guy Dionne proposed setting up a town agricultural committee to study and better understand

farmers' needs. But of the 17 farmers who showed up at the information meeting, only two volunteered their names.

"If we can get two more names, then we can get this committee off the ground," he said.

Danville mayor Jacques Hemond added that more measures are needed to make Danville farmers welcomed and part of Danville.

"We have to work together if we are to develop our town economically," he said.

"A way to start this cooperation is for the farming community to be part of our town committees."

Michel Gagne, owner of the Lougami angus beef ranch, said about 80 percent of his meat products are sold outside the Danville-Asbestos area.

"I want to sell more meat here, but the population in Danville is older than normal, and they eat less meat than outsiders."

He said he has no plans to retire, but has cut back on other activities as he gets older to concentrate more on raising his cattle.

"I'm afraid I don't have much time or energy for town committees," he added.

Careers



Cashier and general services clerk (SP-02) / General duty clerk (SP-02)

Annual salary range: from \$40,313 to \$44,499

Advertisement number: 00010827

The Canada Revenue Agency (CRA) wishes to establish a repertory in order to fill, for the next two years, positions of **CASHIER AND GENERAL SERVICES CLERK** and **GENERAL DUTY CLERK** for its Sherbrooke office.

Language requirements: You must be bilingual and provide service in both official languages (English and French - Bilingual level required: BBB)

As a **cashier and general services clerk**, you must provide services to taxpayers, including the receipt and processing of cash and other remittances, processing of forms and distribution of publications.

As a **general duty clerk**, you must provide administrative and support services to managers and employees of the division.

The repertory could, as well, be used to staff similar positions.

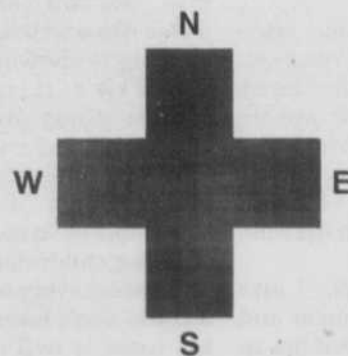
The CRA offers an excellent benefits package that includes a pension plan, a health plan, a dental plan, along with flexible working hours, generous leave options and diverse work assignments.

Interested candidates must apply "on-line" through the CRA Website at the following address: www.cra.gc.ca/careers.

DEADLINE to submit your candidacy: Friday, April 6, 2012.

Canada Revenue Agency / Agence du revenu du Canada

Canada



Canadian Red Cross
Quebec Division

Anywhere. Anytime.

1-800-592-7649

www.redcross.ca

As if dying in your 30's isn't hard enough to swallow... What if you needed a fistful of pills just to digest your food?

Now that you know more about cystic fibrosis, won't you please help?

Quebec Cystic Fibrosis Association

1-800-363-7711
www.aqfk.qc.ca

The Q.C.F.A. is a provincial association of the Canadian Cystic Fibrosis Foundation.

Harper about to go to 'third rail' on pension changes

By Mark Kennedy
Postmedia News
OTTAWA

Prime Minister Stephen Harper's Conservatives, emboldened by the power of a majority government, are poised to launch daring cutbacks to public pensions that could spark inter-generational tension among Canadians.

With Finance Minister Jim Flaherty set to reveal the details in his budget next Thursday, the outlines of what likely lies ahead are becoming plain:

- The backbone of the pension system - Old Age Security (OAS) - will be slashed for future seniors, likely by extending the age of eligibility to 67 from 65. The purpose is twofold: Keep Canadians in the workforce longer to boost the economy and provide taxes to government and; limit the costs of the OAS system by ensuring there are fewer beneficiaries. The big question Canadians will learn in the budget: When do the cutbacks start - expectations are it won't be for another decade - and how gradually are they to be implemented?

- The pension plan for members of Parliament - long criticized as "gold-plated" because of its generous benefits - will be scaled back. This will provide political cover for the governing Tories during the expected OAS public controversy so that they can claim they are also making personal sacrifices. The key question will be whether the changes amount to tinkering - MPs must now serve six years to qualify, and they can start drawing benefits at age 55 - or if the plan is blown up and turned into a private pension scheme that costs the taxpayers significantly less.

- The pension plan for public servants also may be ripe for change. A recent report by the C.D. Howe Institute concluded that if public-sector pension plans used market yields to calculate their liabilities, Ottawa's unfunded liability would be \$227 billion. The government began dropping hints this winter that it is reviewing the pension scheme to ensure it is fair to both employees and "taxpayers" - prompting speculation that Flaherty will announce that public servants will see their contribution rates, set for 40 per cent in 2013, ultimately rise to 50 per cent.

GET READY FOR THE GREAT PENSION DEBATE OF 2012.

Ipsos Reid pollster Darrell Bricker says Canadians could be on the verge of rising up in anger at the government because they have not been "conditioned" to accept the need for OAS cutbacks.

"The government hasn't found their message or their voice in this debate yet. It's the one that could really blow up."

Results of a recent Ipsos Reid poll found more than 68 per cent of Canadians oppose increasing the retirement age to 67 from 65.

Political analysts have a phrase for such issues. It's the "third rail" of politics. Just as a subway system has an electrified third rail that no one should touch, issues occasionally emerge that no politician dares even brush by.

This year, in Canada, it could be pension cutbacks.

"It's pretty close to the third rail,"

says Bricker. "You're feeling the current through your foot."

Others have tried it - Brian Mulroney in 1985 and Jean Chretien in 1996 - and stepped back once they saw the grey wave of protest about to drown them.

Mulroney had proposed to partially de-index OAS but backed off after a little old lady - Solange Denis - confronted him on Parliament Hill, wagging her finger and complaining that he had broken an election promise.

"You lied to us," she said. "You made us vote for you, then goodbye Charlie Brown."

A decade later, Paul Martin, then the Liberal finance minister, announced plans to replace the OAS with a new "Seniors Benefit" that would affect future pensioners.

Under the Liberals' proposed change, low-income seniors would have received higher benefits than under OAS, while those with a higher income would either get reduced pensions or no benefits at all. The overall costs of the system would have been slashed by about 10 per cent within 35 years. Chretien grew wary of the public backlash and the plan was left to wither and die.

But Harper has publicly staked his own reputation as an economic manager on his plan - declaring at a summit in the Swiss Alps two months ago that Canada's aging population has become a backdrop for his concern about how to keep the country strong over the long term.

"If not addressed promptly, this has the capacity to undermine Canada's economic position and, for that matter, that of all western nations well beyond the current economic crises," said Harper.

In a later interview with Postmedia News, Harper was emphatic.

"We are going to have a lower and lower percentage of our population that is working. This is going to be a significant economic problem. And obviously, one of the things that many countries have been looking at is trying to have the incentives to keep people in the labour force and contributing."

And so, the cost of Canada's pension system will be cut.

Today's seniors will be left untouched. But many others - possibly anyone under the age of about 50 - will receive a stark message: The public pension plan now in place for seniors won't be so generous by the time you hit 65.

Experts say that could leave middle-aged, and younger, taxpayers furious that their generation is being short-changed.

Ken Battle, president of the Caledon Institute of Social Policy, says the issue could become a political headache for the Tories.

"Any time you try to screw around with old age security it can be dangerous, no matter what you say."

The government says the cost of the OAS, without reforms, will soar to \$108 billion in 2030 from \$36.5 billion in 2010. But critics and experts say that, in fact, when viewed as a ratio of Canada's GDP, the increase in pension costs won't be so stark.

"The key is that the pension system is sustainable," says NDP critic Wayne Marston. "There is not a crisis."

Battle also says the cutbacks are not necessary - and he urges the government, if it is determined to proceed, to



RECORD ARCHIVES

offset the changes by measures to ensure poor seniors, aged 65 and 66, still receive benefits.

As well, he suggests a new "variable" eligibility formula that would allow people to collect their OAS benefits at different times - say as early as 60 and as late as 70. Those who collect their benefits earlier would receive a smaller payment; those who put it off until later in life would be rewarded with a higher benefit.

Battle says if the government merely extends the OAS eligibility to 67, the result will be a "regressive" shift that hurts poor seniors the most. He says seniors aged 65 and 66 will end up on provincial welfare rolls or would try to survive on low-wage jobs.

"Paying welfare to near seniors is

Factbox

Public pensions

The cost: The OAS system will climb from \$36.5 billion in 2010 to \$48 billion in 2015. By 2030, when the number of seniors is expected to climb to 9.3 million from the current 4.7 million, the bill could reach \$108 billion.

The controversy: Harper says the future system will be unaffordable, but some experts say the increased cost won't be so stark when viewed as a ratio of the GDP.

MPs pensions

The cost: The Canadian Taxpayers Federation calculates that while MPs contribute \$4.5 million annually to their pension fund, taxpayers kick in \$102 million a year.

The controversy: The Tories are set to change the plan, but will still face criticism unless they go beyond tinkering.

Public servants pensions

The cost: The C.D. Howe Institute says the employees' pension scheme has an underfunded liability of \$227 billion.

The controversy: The employees' share of contributions, which once dipped to a low of 25 per cent, is due to reach 40 per cent by 2013. Unions say the government promised not to touch pensions, but ministers say a review has been underway.

THE WEEK OF EMPLOYMENT MARCH 26 TO MARCH 31, 2012

A wide range of activities for job seekers and employers

PRIORITÉ EMPLOI *Estrie*
Employment Week & Job Fair

FREE
ADMISSION

JOB FAIR

FRIDAY MARCH 30

from 9h30am to 5h30pm

SATURDAY MARCH 31

from 9h30am to 4h00pm

Centre de foires de Sherbrooke
1600, Plateau-Saint-Joseph Boul., Sherbrooke

Information 819 820-7770
or visit www.prioriteemploi.qc.ca

Visit us on **facebook**

Check out the complete guide to the Priorité-Emploi JOB FAIR in the Wednesday March 28, 2012 edition of La Tribune.



Local Sports

"Everywhere in the league, there has been a proven increase in participation in minor hockey in the first three seasons that one of our teams has been in."

Sherbrooke Phoenix still preparing for new season, making additions to arena

By Jesse Feith

The City of Sherbrooke has indicated its interest in improving the Palais des Sports Leopold-Drolet, where the new Sherbrooke Phoenix team will take to the ice next season. The improvements specifically involve the addition of a new scoreboard to the arena, one which could prove to be much more expensive than it may sound.

The city would like to order a central scoreboard, similar to those used in professional hockey rinks around the world, with four sides made up of LED screens. Depending on the type they chose to purchase, the costs could end up being anywhere between \$100,000 and \$1 million. At this time, the committee has only made public that they will be looking to purchase a quality board, with price ranges expected to be somewhere between the two previously mentioned extremes.

"We are yet to have looked at all of the possibilities, but when we expressed what we were looking for we were very specific that it needed to be a central scoreboard with four sides," said Dennis Bourque, the Phoenix club's president.

According to what the club is looking for in terms of specifics, each side of the new scoreboard should be about 10 feet long and six feet high. They would also be looking into the possibility of adding an additional, single-faced scoreboard to the arena, one that would be 24 feet long and at least six feet high.

A large sum of money was already planned to be spent in repairs before the season began, including the additions of private loge boxes to its upper decks, an undertaking that was supposed to happen with the help of Hockey Sherbrooke.

"We spoke about the project with the people from the Phoenix organizations and they found the idea very interesting, but neither Hockey Sherbrooke nor the Sherbrooke Phoenix can afford the sum, somewhere around \$16,000, needed to add a loge to the arena," said John Des Rosiers, president of Hockey Sherbrooke, hoping that donations could possibly be made to help improve the arena.

"We would like to use the loge to encourage and recognize our members, not only our players but also the 675 volunteers and all the others who help make the hosting of so many hockey tournaments in Sherbrooke a possibility," said a spokesperson for Hockey Sherbrooke.

All of these improvements to their home arena go hand-in-hand with the new club's will to promote their home games as more than just simple hockey games, but as must-attend events. The City of Sherbrooke hasn't had their own QMJHL team since the former squad, the Sherbrooke Castors, left town almost nine years ago to relocate in Lewiston, Maine.

"Compared to how it was in 2003, it's totally different. The quality of the event is no longer the same, the presentation of the game has changed and the supervision of our players has been improved. You have to live it to understand it," said Gilles Courteau, the league's commissioner, who is certain that this time around the team will be in Sherbrooke for the long run.

Courteau believes that the league is growing and going in a different, better direction, explaining how the Drummondville and Victoria teams are prime examples of how franchises can be turned around in the league.

"Drummondville is a perfect example of a franchise

that was only seeing around 1,200 fans on average come out to every game. Then management was changed, they built new loges in the arena and turned every home game into an event and rebuilt their entire fan base. The same type of situation happened in Victoriaville, and I am convinced that the same thing will take place in Sherbrooke, due to the strong ownership and management here. The year they gave themselves to prepare will prove to be very important and will allow them to re-enter the league on a solid foundation."

Courteau also mentioned the positive effects that a QMJHL team has on the grassroots level of the sport in all of its markets.

"Everywhere in the league, there has been a proven increase in participation in minor hockey in the first three seasons that one of our teams has been in." That increase in minor hockey is one benefit that Hockey Sherbrooke and the Phoenix organization have already spoken about.

"We discussed it during both of our meetings with the people from Hockey Sherbrooke and it is certain that we will have activities with minor hockey players and teams in the area. Both sides made some

CONT'D ON PAGE 11

Scared for Sid



THE GRIND

DOUG MCCOOEYE



AP PHOTO/GENE J. PUSKAR

It's been a little over a week and we're still all holding our breath. We're just waiting for it to pass along the ticker while watching Sports Centre, or see the highlight. Or worse, be watching the game itself.

Will Sidney Crosby be okay?

We want him to be okay. The NHL, they need Crosby to be okay. They need him to not have any more setbacks or suffer from any more "concussion-like symptoms" (an expression I've never understood, since I'm pretty sure there's no difference between concussion symptoms and concussion-like symptoms). He means too much to the league. He's their meal ticket. If he doesn't make it, the NHL has to face some harsh realities. They'll need to make some radical changes.

So far, Sid seems fine, although it feels like the opposition is treating him with the same caution that NBA players gave Magic Johnson when he made his comeback post-HIV announcement. We'll see what happens when he actually gets hit.

I think the NHL should make the radical changes anyways since the league is becoming more frightening to watch than entertaining. It's been a gradual evolution that has slowly morphed into an epidemic. The concussion-rate in the NHL is alarming; to the point that many parents - even Canadian parents - may begin steering their children away from hockey.

Pittsburgh Penguins' Sidney Crosby (87) gets a high stick from Winnipeg Jets' Dustin Byfuglien (33) in the first period in Pittsburgh Tuesday, March 20.

Toews, Giroux, Crosby. These are just some of the big names who have had their season derailed by head injuries. Something needs to be done. Rules need to be changed. It's wild. I'm all for wide-open hockey. And the crackdown against the clutch-and-grab has certainly made for a more entertaining product. But maybe Mario Lemieux wasn't off-base when he said that the clutch-and-grab, while brutal to watch, was at least safer.

Change is coming, whether it be harsher penalties for those who inflict headshots, a crackdown on fighting, making it illegal to hit someone after they let go of the puck, or other such extreme measures. It's not a matter of if, but when these changes will be enforced. It may take years, but it's coming.

In the meantime, everyone will watch Sidney Crosby closely. Every time he cuts across the middle, every time he battles in the corner, we will hold our breath. With the way the game is played these days and what we know of concussions so far, the relapse feels inevitable. I'm not hoping for Sidney Crosby. I'm scared for Sidney Crosby.

Is that any way to watch our greatest player?



NOW OPEN!

CLUB DE GOLF
WATERVILLE
depuis 1903

Come see our new inventory at the Pro Shop!

OPENING SPECIALS!

9 holes \$15

18 holes for \$22

Special Offer

The ideal place for your family, friend or office tournament!

Membership card and tickets always available

600 Compton St. East, Waterville
(819) 837-2966

The half marathon: a popular distance for women



A RUNNER'S MIND

CHRISTINE BLANCHETTE

Since 2003 the half marathon participation boom has dominated the Canadian running scene. Every year more health conscious former couch potatoes are turning to running for fitness sake. But you may be surprised to learn the finisher medal most coveted by novice and seasoned runner alike is for the half marathon, rather than the sexier and more famous 42.195 km full marathon.

The numbers don't lie. Participation for half marathons at events that also offer full marathons is often twice as high. And the numbers for half marathon only events are significantly higher than most marathon attendance figures. For example, at last year's BMO Vancouver Marathon event, which included full and half marathon races, the full marathon attracted 3,299 participants. The gender breakdown was 1,830 males and 1,399 females.

The half marathon drew, however, a comparatively whopping 6,532 participants, with 4,164 women dominating attendance, compared to 2,368 men. It's the same story in Toronto. At last year's Scotia Bank Toronto Waterfront Marathon, out of 3,948 for the 'Big M,' included 2,550 males dominating the field of 1,398 females. The half marathon was a different story with

8,841 taking part, including 5,093 women dwarfing 3,748 males.

The trend is similar in Quebec, with one notable exception. At the last event (2010) to include both the full and half marathon, 769 males ran the full Quebec City marathon, with 205 females participating. The half marathon drew 1,361 males and 984 females, bucking the trend of female dominated half marathons. Nonetheless, the total of 2,355 for the half shows that Canadians generally prefer that distance.

The half marathon has gained momentum and prestige since American, Ryan Hall became the first U.S. runner to break one hour barrier in the half (59.43) in 2007 Houston, Texas.

According to a Canadian Running Magazine 2010 survey, the half marathon distance is made up of more than 60 per cent women. Now for the question: Why? As one might surmise, there is more than one answer. While the half marathon is attainable for many, the marathon requires too much training, too much time on the course and results in too much pain for others. The recovery period for a marathon is several weeks to a month while recovery from the half can occur in a week or less. This means runners of the half are more able to do more events. Depending on your level, most marathoners participate in only one or two big races a year.

Back in my hey days of running marathons I sometimes chose the half distance because of lack of training for the full. I remember thinking I'm "just" running the half tomorrow but I was wrong. With still intense training, discipline and mental preparation required, no one 'just' runs a half. For the beginner it's recommended to run at least one half marathon three months before embarking on the big one, should that be your goal.

The reward will be crossing the finish line knowing that you've made a signif-



COURTESY

In recent years, women have come to dominate participation in half marathon races.

icant accomplishment....getting that prized finisher medal.

If you have enough training under your belt why not participate in the Quebec City International Half Marathon on May 6th. It can be a destination run with

clude crepes, French bread, eggs, ham, and cheese. Hmmm. I'm going to miss that... maybe next year.

www.christineruns.com

Phoenix

CONT'D FROM PAGE 10

suggestions, we've thought of some fundraising ideas, maybe our players participating in training sessions with the minor teams, and the young players could be invited to our games. These are things that happen everywhere throughout the QMJHL and they will also happen in Sherbrooke," said Sylvie Fortier, director of operations with the Phoenix.

The Phoenix organization announced that season passes for every one of their home games will go on sale as of March 25, available that day at the Carrefour de l'Estrie, where they will have a kiosk set up in front of Sports Experts from 9 a.m. to 4 p.m.

Fans who buy their passes before May 30, 2012 will benefit from a special discount. Adult passes will go for \$399, senior passes for \$340, student passes for \$199 and those for children will only be \$129. After that date, the regular prices will be charged for anyone looking to buy tickets; they will be available at the Phoenix offices located at de Palais des Sports in Sherbrooke.

Diabetes
The New **EPIDEMIC**

Diabetes Québec
Information and donations:
(514) 259-3422 or 1-800-361-3504
www.diabete.qc.ca

REACT NOW!



2012 Membership

Membership Categories

7 days*	\$999.00
5 days*	\$650.00

Contact us for more prices or for any other information:

511 Bondville Street,
C.P 3550,
Lac Brome (QC)
450-242-1595
or 1-800-468-1595

* Taxes are not included in the prices and the fee for RCGA /Golf Quebec card.

an INSTINCT
for NATURE

claudio
D'ANGELO

REFLECTIONS
through TIME

mary s.
MARTIN

Until April 29, 2012

Yvonne L. Bombardier Cultural Centre
Valcourt • 450 532-3033
centreculturelbombardier.com

Church Services

Anglican

GEORGEVILLE

St. George's Anglican Church, Georgeville welcomes you Sunday, March 25 to the service of Holy Communion at 8:30 a.m. The Ven. Dean E. Ross officiating and Service of Morning Prayer at 10 a.m. with John Boynton L.R. presiding. Sarah Hoblyn, organist, choir director.

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every Sunday at 8:00 a.m. and every 1st, 3rd, and 5th Sunday at 10:00 a.m. Morning Prayer is held every 2nd and 4th Sundays. Sunday School and Youth Group at 10:00 a.m. every Sunday. 819-346-5564.

LENNOXVILLE

St. James' Anglican Lennoxville (ANIC) invites you to a Good Friday service of remembrance on April 6, 5 p.m., at the BCS Chapel. Lennoxville native, Bishop Charlie Masters, will be preaching. For more info: www.stjameslennoxville.com

LENNOXVILLE

St. James' Anglican Lennoxville (ANIC) traditional service invites you to come celebrate the resurrection of the King! Easter Sunday, April 8, 10 a.m., at the Quebec House of Prayer (45 Queen St.). For more info: www.stjameslennoxville.com

SHERBROOKE

The Anglican Church of the Advent, 473 Bowen St. South, Sherbrooke welcomes you to the service of Holy Communion on Sunday, March 25 at 11 a.m. The Ven. Dean E. Ross officiating.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 819-566-5962.

United

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship and Sunday School on March 25 at 10:00 a.m. Rev. James Potter, 819-565-8449; website-lennoxvilleunitedchurch.com

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, the Rev. Robin Osborne, 819-346-6373. Sunday Worship at 10:30 a.m. There are activities for children during worship and nursery care for children under 2 years of age.

WATERVILLE-NORTH HATLEY

March 25: 9:30 a.m. service at the Hatley United Church and 11:00 a.m. service at the Waterville-North Hatley United Church with Sunday School. Rev. Mead Baldwin 819-837-1112.

Mennonite

EUSTIS

You are invited to a Worship Service at Christ Church Hall, Eustis, on Sunday, March 25 at 2:30 p.m. Service held by Wolcott Mennonite Church, from Wolcott, Vermont. For information, call 802-888-5277 or 819-837-2510.

Death



Roy Gaetan
(1933-2012)

Passed away at the CHUS Fleurimont on Thursday, March 15, 2012 at the age of 78. Cherished husband of the late Eva Ruth Bennett who passed away in May, 2008. Son of the late Albert Roy and Hermeline Dufresne. He will be sadly missed by his daughter Lorraine Nadeau and son David; his grandchildren Chuck, Amanda, Jayline Cody and Brandon; his sister Rita Roy Pichette and her sons Pierre (Elsa), Jacques (Celine), and Michel (Diane) and their children along with his dear friend Madeleine Enright. He also leaves to mourn his step-daughter Marilyn Bennett and her children Randy, Steven, Peter, Michael (Natasha), two great-grandchildren Sophia and Alexandra Magon. Gaetan also leaves to mourn his family Lenna Drobner, Ivy Monty, Ernie Bennett (Rejeanne) and their children as well as many nieces, nephews, other relatives and friends.

Gaetan was a lifetime resident of the Eastern Townships and a member of the Royal Canadian Legion Branch 128, and NAFA Hands Across the Border Chapter 156. For the past 32 years he resided in and supported the community of Ayer's Cliff. A generous and helping man, he will be missed by all his friends and neighbours. Family and friends are invited to a Committal Service of his ashes on Saturday April, 28, 2012, at 2:00 p.m. in Reedsville Cemetery in North Hatley, lead by Reverend Barbara Wintle. As a tribute to his memory, donations may be made to the Canadian Cancer Society, 3330 King St. West, Bureau 130, Sherbrooke, Qc. J1L 1C9. You leave us, never to be forgotten and with a lifetime of wonderful memories. Love is patient, Love is kind, Love is Gaetan. Your Family

CASS FUNERAL HOMES
545 Dufferin St., Stanstead QC
stanstead@casshomes.ca

PHONE: 819-876-5213
FAX: 819-876-5213
www.casshomes.ca

Death



Georges A. BESSETTE
(1923-2012)

It is with great sadness that we announce the passing of Mr. Georges A. Bessette. Surrounded by his loving family at the Brome Missisquoi Perkins Hospital in Cowansville, on March 19, 2012, at the age of 88 years and 10 months residing in Waterloo. Founder of Les Résidences et Jardins Funéraires Bessette and Ambulance Waterloo. Honourable member of the Corporation des Thanatologues du Québec.

He leaves his beloved wife of 67 years Réjeanne Gauvin. His dearly loved children Lise (Michael C. Lantagne) of Newport, Vermont, Raymond (Suzanne Héту) of Shefford, Claude (Lise Labonté) of Granby, Lucie (Robert Laliberté) of Waterloo, Robert (Johanne Robitaille) of Shefford. His 12 grandchildren, who were his pride and joy, Michael K. of Burlington, Vermont, Laurie-Jeanne (Karsten Hueffer) of Fairbanks, Alaska, Jason of Colorado Springs, Colorado, Julie, Sophie (Matthieu Côté), Patrick, Emilie (Francis Brien) of Waterloo, Éric (Vicky Grenier) and Alain of Granby, Karine (Benoit Dufresne) of Shefford, Mathieu (André-Anne Béland) and Charles-Félicpe of Waterloo. His 10 cherished great-grandchildren Jade, Noémie, Charlie, Samuel, Amélia, Elliot, Louis-Félix, Mélianne, Ludovic and Myria. His brothers and a sister Wilfrid (Laurencia Julien), Julie (Jacques Rocheleau), Roger (Linda Cota). He was predeceased by his sisters, the late Pauline (the late Rosaire Rainville), the late Marie (the late Gaston Lussier). Also survived by his brother-in-law Fernand Gauvin (Huguette Lagrandeur), nieces and nephews, other relatives and friends.

The family wishes to thank the staff of the Centre de Soutien au Réseau Familial, the CLSC-Haute-Yamaska, the Brome Missisquoi Perkins Hospital, the paramedics and Dr Yves Marineau for the great care and support given to Mr. Bessette.

Resting at Les Résidences funéraires Bessette, 5034 Foster Street, Waterloo, Qc JOE 2N0; Tel: 450-539-1606 or 1-888-730-6666/Fax: 450-539-3035, www.famillebessette.com

Visitation: Monday, March 26, 2012 from 2 - 5 p.m. and 7 - 10 p.m. Tuesday, March 27, 2012, day of the funeral from 11 a.m. Funeral service at 1 p.m. at the St-Bernardin Church in Waterloo.

In his memory a donation to the Centre de Soutien au Réseau Familial (La Maison soutien aux Aidants), the Brome Missisquoi Perkins Foundation or to the Alzheimer Society Granby and Region would be appreciated. Forms will be available at the funeral home.

LES RÉSIDENCES FUNÉRAIRE BESSETTE
5034 Foster St., Waterloo QC
www.famillebessette.com

PHONE: 450-539-1606
FAX: 450-539-3035

In Memoriams

NELSON, Nils Archie - In loving memory of my dear husband who passed away March 25, 2007.

*Treasured are the years we shared,
Precious memories keep you near,
A constant wish that you could be here.*

Forever missed and lovingly remembered,

ISABEL (wife)
LORNE (son)
LYNN & KEITH
(daughter)
JULIE & JENNY (DOUG)
(granddaughters)

NELSON, Nils Archie: December 17, 1919 - March 25, 2007.

*Dear Dad,
Five years have passed since you slipped away,
A part of us you took that day,
But the love and memories you left us to treasure,
Have given our hearts and minds so much pleasure.*

We miss you Dad.
All our love,
LYNN & KEITH
JULIE
JENNY & DOUG

WEBB, Scott Allan - In loving memory of our dear son who left us 5 years ago, March 23, 2007.

*Memory is a lovely lane
Where hearts are ever true,
A lane we so often travel down,
Because it leads to you.
Lovingly remembered and forever in our hearts.*

Sadly missed by,
MOM & DAD
(MERTON & MURIEL)
and brothers
PETER & FAMILY
ROBERT & FAMILY

Card of Thanks

DYMOND - I would like to thank my surgeon and the third floor staff for taking care of me while I stayed at the B.M.P. Hospital. Thank you to everyone who stopped in and visited me, phone calls, and all the get well-cards. To Abby and Val for all their help. I am glad to be home and on the mend.

CHARLES DYMOND

**See more
notices on
next page**

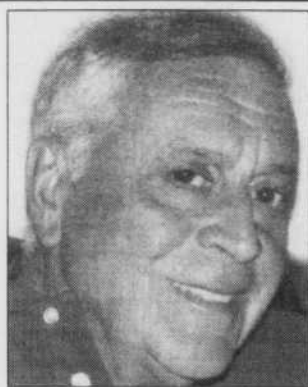
**49% of Quebecers
have serious difficulty reading**

Help us help them!

Online giving
www.fqa.qc.ca/en/
or 1-800-361-9142

**Literacy
Foundation**
Helping people
read and write

Death



**Jacques
MARTIN**
(1943 - 2012)

At the Brome Missisquoi Perkins Hospital in Cowansville, at the age of 68 years, Mr. Jacques Martin. He was the son of the late Edmond Martin and the late Jeanne d'Arc Lévesque of La Pocatière.

Survived by his wife Constance Blier, his son Guillaume (Sophie Carbonneau). His brothers and sisters the late Diane (Michel Blondin), Yves (Yvette Doucet), Louise, André (Christine Loubier), Carole, François (Suzanne Bouchard), Jean Marie (Freddy Weintraud), Pierre (Marianne D'Anjou) and Patrice. His sister-in-law Mariette Blier (Yvan Martel), his brother-in-law

Gaétan Blier. Also survived by many neices and nephews, other relatives and friends. A special thank-you to Dr. Christine Nolze for her regular and comforting visits and to Patrice Morin of the C.L.S.C.

Cremation was held in Granby at Les Jardins Funéraires Bessette Crematorium. Family will receive condolences, Friday, March 23 from 7-9 p.m. and Saturday from 9 a.m. A gathering and tribute will be follow at 11 a.m. in the chapel of

Les Résidences funéraires Bessette
5034, rue Foster
Waterloo, Qc J0E 2N0
Tel : 450 539-1606 or 1 888 730-6666
Fax : 450 539-3035
www.famillebessette.com
Member of the C.T.Q.

Ashes will be placed in the Les Jardins Funéraires Bessette Columbarium in Waterloo.

LES RÉSIDENCES FUNÉRAIRE BESSETTE
5034 Foster St., Waterloo QC

PHONE: 450-539-1606
FAX: 450-539-3035

www.famillebessette.com

Death

Thomas Henry QUINN



Passed away on March 15, 2012 in his 95th year at Connaught Home in North Hatley, QC.

Beloved husband for 70 years of Ruby Ann Jones who predeceased on June 18, 2010.

Loving father of son Gary Quinn (Anelise), former daughter-in-law (Andree), and of daughter Sandra Kinkead (Gordon), dear grandfather of Kimberly (Yvan) Darlene, Claudine (Bob), Christine (Christopher) and Thomas. Dear great-grandfather of Kevin, Vanessa,

Quinn, Aidan and Paige.

Tommy is predeceased by four brothers Joseph (Norma), Jack (Bernadette), Alfred (Rolande), Edward and one sister Elizabeth. Also left to mourn are many nieces and nephews, cousins and friends.

Resting at Cass Funeral Home, 3006 College St. Sherbrooke (Lennoxville), QC J1M 1T9 (819-564-1750/www.cassshomes.ca). Visitation on Saturday, March 24, 2012 from 10 a.m. to 12 p.m., followed by the service in the funeral home chapel. Interment of ashes will take place in the Cataraqui Cemetery in Kingston, Ontario on June 6, 2012.

In lieu of floral tributes, donations to either the Dr. W. J. Klinck Foundation, Massawippi Christian Retirement Homes, 1501 Campbell Avenue, R.R. #2 Sherbrooke, QC J1M 0C1 or Alzheimer Society Estrie, 375 rue Argyll, Edifice Norton, Local 0725, Sherbrooke, QC J1J 3H5 would be appreciated.

CASS FUNERAL HOMES

3006 College St. Sherbrooke (Lennoxville), QC J1M 1T9
Tel.: 819 564-1750 / www.cassshomes.ca

Death



**Loretta
(NÉE O'CONNOR) BOISVERT**
(1922 - 2012)

Passed away peacefully in Sherbrooke, Qc on Wednesday, March 14, 2012, at the age of 89, Loretta O'Connor Boisvert, born on December 6, 1922 in St-Elie d'Orford, Qc, was predeceased by her first husband, the late Ivan Boisvert Sr. (1914-1978). Mr. Boisvert was a reputed photographer for the Sherbrooke Tribune for 25 years and a gifted athlete as a tennis and hockey player in the 30's and 40's; her second husband was the

late Stanley Lougheed (1920-1984) who was a photographer for the Sherbrooke Record and her third husband was the late Marcel Clément Dion (1918-2001) who was a Sherbrooke businessman and a decorated Canadian veteran who fought at Normandie in the 2nd World War.

Mrs. O'Connor Boisvert was the mother of Ivan Boisvert Jr. retired of Magog and Mesa, Arizona, USA and his wife Louise Gaudet, her grandchildren Dominique-Ann Boisvert and her husband Ted Harris of St-Lazare, Qc; Danielle Boisvert and her husband Nicolas Pépin of Sherbrooke, Qc. Her great-grandchildren Oliva Pépin and Guillaume Pépin.

She was also the mother of the late Andre Boisvert (1945-1987) well known athlete and head coach of the Sherbrooke Beavers of the QJHL (1980-1982). The late Andre was the husband of ME Francine Gladu, lawyer from Sherbrooke, Qc. Also left to mourn is her youngest son Daniel Boisvert of Sherbrooke and his wife Binosha De Silva of Sri Lanka.

Family and friends will meet you at the Steve L. Elkas Funeral Home, (601, Conseil St, Sherbrooke) on Saturday, March 24, 2012 from 12:00 p.m. to 2:30 p.m. Service will be held at the Steve L. Elkas Funeral Home at 2:30 p.m. The ashes will be placed in the the St-Michael's Cemetery Columbarium, Sherbrooke, Qc, at a later date.

Also left to mourn are her nièces and nephews Patrick Timmons and his wife Hermance Rioux of Rimouski, Qc, Sister Frances Timmons of Halifax, NS, Brendan Timmons and his wife Philomena Liscio of Irving, Texas, USA, Michael Timmons and his wife Ginette Tanguay of Beconsfield, Qc, Maureen Timmons and her husband Robert Kerr of Toronto, ON, Teresa Timmons and her husband (Gérald MacDonald of Kimberly, BC, Dennis Timmons and his wife Gloria Cain of Beconsfield, Qc, William Timmons and his wife Eva Grant of Antigonish NS, Helen Timmons and her husband Douglas Flaig of Calgary AB, Charleen Housden Knecht of Bangor Pennsylvania, USA, Monique Boisvert and her husband Andre Pomerleau of Quebec, Qc, Jean-Claude Boisvert and his wife Alice Binet of Grand-Lac St-François, Qc, Andrée Boisvert and her husband Léon Mathieu of Thetford Mines, Qc, Raymonde Boisvert of St-Romuald, Qc, Lise Boisvert and her husband Lucien Rivest of Laval, Qc, Richard Boisvert of St-Nicolas, Qc, Nicole Blais and her husband Claude Lacroix of Lac Brome, Qc, Micheline Blais of Sherbrooke, Qc, Louise Blais of Magog, Qc as well as other friends and relatives.

The family would like to thank Dr. Turmel and all the personnel of the 5th floor of the CSSS-UGS St-Joseph Pavillion for the wonderful care given to Mrs. O'Conner Boisvert. A special thank you to Dr. Philippe Lamontagne of the Plateau Marquette Clinic, who took care of their mother for many years with kindness and compassion.

As a memorial tribute, donations to the Société Alzheimer de l'Estrie, 375 Argyll Street, Norton Building, suite 0725, Sherbrooke, Qc, J1J 3H5 would be greatly appreciated.

STEVE L. ELKAS FUNERAL HOME
601 Conseil St., Sherbrooke QC
info@steveelkas.com

PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

I'm gonna be
a Fireman
someday.



Muscular Dystrophy
Association of Canada



1 800 567-ACDM
Until there's a cure, there's us.

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 37¢ per word. Minimum charge \$9.25 (\$10.63 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$15.00 (includes taxes)

With photo: \$25.00 (\$28.74 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS, OBITUARIES:

\$25.00 (\$28.74 taxes included) **WITH PHOTO:** \$35.00 (\$40.24 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

Annie, am I wrong to think he should be thinking first of his own child?

Dear Annie: I have been best friends with "Lisa" for more than 25 years. We are both single mothers. Her 16-year-old son, "Dean," is friends with my 17-year-old son, "Jon."

I have begun to notice that Lisa is overly attached to Dean. When we go somewhere after work, she says she can't stay because Dean wants her home. He'll call or text that it's time for her to leave, and she happily complies. She asks Dean for permission before going anywhere on weekends.

Jon has been accepted to a few out-of-state universities, and I am excited about him living on his own. Lisa, however, says she is going wherever Dean goes, and right now, he wants to join the army. She found a master's program for the military that she can finish by the time he graduates, and she can then live wherever he's stationed — for his entire military career. When I jokingly said his future wife would love that, she replied, "Who says he's getting married?"

I know it's not my business, but I remember when one of Lisa's boyfriends broke up with her. I witnessed breakdowns, depression and stalking. I would not like to see her go through that again. Is it my place to say anything? If so, what? — Worried Friend

Dear Worried: Lisa is an extreme helicopter parent, and it's terribly unhealthy for the child. And Dean knows he controls the relationship. We know it's not Lisa's intention to stunt Dean's development out of selfishness and possessiveness. It's OK to talk to her about a child's need to become independent and how parents should not deprive the child of this progress toward maturity. But the two of them are rather enmeshed right

now, and there's not much you can do. We hope Lisa finds the perspective to realize the emotional damage she could do to their relationship.

Dear Annie: I cannot believe the gall of some of the retired people in my area. Some white-haired old guy actually tried to muscle his way in front of me in the grocery checkout line today. My items were already on the belt, and the people in front of me were paying when I looked up and this old white-haired guy behind me says, "I'm just going to go in front of you" — not "May I?" or "Would you mind?"

Just because you are retired or old does not give you the right to do whatever you want. I was on my lunch break. My time is just as important as yours, and you probably have more of it than I do. You should be offering to let the working people of the world go in front of you. After all, we support your butt by paying Social Security taxes — something that probably won't exist when I retire. — Hermitage, Penn.

Dear Hermitage: Feel better now? Retired people have already worked hard and paid their share of taxes, so let's not get into that argument. And we hear the same complaints about stay-at-home moms and people with flexible work schedules, but those folks might also have restrictions on their time.

Here's our best suggestion: No one should be rude to others or expect to jump the line. Those who can manage, please try to go at less busy times to banks, post offices and other places that are only open during business hours. The rest of you, please be tolerant.

Annie's Mailbox

Dear Annie: "Steve in Ohio" says his wife wants to name their son

after his "Aunt Jordan." I am a 96-year-old male who was saddled with a gender-neutral name. I detested it and found it embarrassing to introduce myself to new people.

When I went away to school, I adopted a masculine middle name, and as an adult, I finally made the middle name legal. Please don't give kids screwball names. They are the ones who pay for it in the future. — Empathy for Jordan

Dear Annie: Six years ago, I divorced my alcoholic, workaholic husband and became a single parent. My ex has regular visitation, but I am the one who handles all the sick days, school conferences, injuries, etc. He never bothers. Shortly after the divorce, I had to take a job at a much lower salary. There were times when I wondered how we would eat and stay warm.

When my ex married his third wife, he decided my son didn't need a bedroom at his place. His wife's kids have three of the four bedrooms in their home, and my son sleeps on the couch when he visits.

Our son is an amazing boy. He recently was accepted into a prestigious magnet school for gifted kids. The problem is, although his tuition is paid for, there is a bill for room and board. When I brought this up with my ex, I was treated to a lecture about how the father of one of his wife's children doesn't pay child support, so he has been supporting him since she quit her job to be a stay-at-home mom. This is his excuse for not helping with our son's schooling.

Annie, am I wrong to think he should be thinking first of his own child? Mind you, he still takes beachfront vacations with his wife and her kids. Why am I the one who makes all the sacrifices? He pays regular child support, and I am grateful, but it doesn't cover everything. Our son is extremely gifted, and I fear his gift won't be nurtured in the local public high school, which has a terrible reputation. Even my ex agrees.

I finally got a raise, and I worry that my ex will try to have his support pay-

ments reduced. I have applied for financial aid for the school bill. Am I wrong to ask my ex for help, or am I just being a bitter ex-wife? — Worn-Out Mom

Dear Worn Out: Your son is lucky to have such a loving mother as his advocate. There is a difference between the basics of what parents are obligated to do and the extra benefits that come from doing more. It would be wonderful if your husband would help with the school bill, but unfortunately, he doesn't have to. Your best approach would be to ask him sweetly, focusing on how this school could create a better future for his son. But we hope the financial aid package comes through.

Dear Annie: If a person is recovering from a back injury and has constant pain and trouble walking, standing and sitting, is it OK to skip the funeral of a relative? If so, how much explaining do I have to do when family members inquire judgmentally? — N.Y., N.Y.

Dear N.Y.: If it's a fifth cousin twice removed whom you haven't seen in 20 years, you don't have to attend, and you don't need to say why. If it's your grandmother, you need to apologize, explain the circumstances and tell the family you would have crawled on your knees to attend if it had been physically possible. We recommend you send a card of condolence with a handwritten note saying how important this relative was in your life, and perhaps a donation to the deceased's favorite charity.

Dear Annie: I read the letter from "Somewhere in Oregon," who was upset that her husband wanted to put up his late wife's old Christmas decorations. You gave her good advice, but I think you let her off too easily. Her behavior was selfish, and her insecurities are showing.

Our histories make us who we are. The holidays can be a tough time, and it's not a stretch to think he may have been missing his first wife. If "Somewhere" can't deal with that, maybe she could divorce and marry a 12-year-old. He should come with a pretty clean slate. — Shaking My Head

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

50th Birthday



Ha ha ha! Look who is finally catching up to her better half! On March 25, Wanda Johnston will be turning the big 50! Denis, Sophie and Stéphanie would like to wish her a Happy Birthday.

We invite her friends and family to help us celebrate with a laugh by sending the most outrageously funny birthday card they can find to 280 Belvedere St., Sutton, QC, J0E 2K0, Canada.

MS lives here.

It's here in our community.
Please make a difference
by volunteering.

**MS Multiple Sclerosis
Society of Canada**

1-800-268-7582 www.mssociety.ca

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"YTJVEDB LJAXY UZVA ZDH

HKEDHLHRB AJNNTDEXWH. TVYH

EPHB'DH OXEP BTJ, EPHB'DH OXEP

BTJ UTD RXUH." — UZXEP PXRR

Previous Solution: "The happiest people seem to be those who have no particular cause for being happy except that they are so." — W.R. Inge

TODAY'S CLUE: X senbe X

© 2012 by NEA, Inc., dist. by Universal Uclick 3-23

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"MLG FHGJM JOGHAKJR RNEGP LJC

RNM NRPZ JPHGJXZ SGGR VHMMGR,

AM LJC JPHGJXZ SGGR HGTGKMGX."

— V. CNOGHCGM OJWFLJO

© 2012 by NEA, Inc., dist. by Universal Uclick 3-24

TODAY'S CLUE: A senbe 3

Previous Solution: "Country music fans are extremely supportive. Once they're with you, they're with you for life." — Faith Hill

KIT N' CARLYLE



HERMAN



ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



SOUP TO NUTS



Diabetes The New EPIDEMIC



Diabetes Québec

Information and donations:
(514) 259.3422 or 1.800.361.3504
www.diabete.qc.ca

"He's in the used car business."

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.
E-MAIL: classad@sherbrookerecord.com
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
OR MAIL YOUR PREPAID CLASSIFIED ADS TO
THE RECORD, P.O. BOX 1200, SHERBROOKE, QUEBEC J1H 5L6

001 Property for Sale



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

035 For Rent

CLASSIFIEDS
ONLINE!
www.sherbrookerecord.com

MAGOG - LARGE 4 1/2 room Condo, 1 1/2 bathrooms. \$850. per month, includes cable. 3 patios, wood fireplace. Close to beach, nature and bike path. Available June 9. Member A.P.Q. 819-570-8948.

050 Rest Homes

GRACE CHRISTIAN HOME in Lennoxville has a private room available immediately. Full licensed nursing care 24/7, social activities (music concerts, exercise classes, bingo, movies, Bible study, bowling, tours and local area visits, etc.), all in a loving, home-like environment. Secure Alzheimer's unit available. Financial assistance may be available.

035 For Rent

LENNOXVILLE
OXFORD RESIDENCE

Pool
Private park
Secure
Near all services
Ideal location
for seniors

103 Oxford St.
819-578-8588

Classifieds
(819) 569-9525
(450) 242-1188

050 Rest Homes

ble. For more information, to receive an application form or to schedule a tour, please call Rebecca at 819-569-0546 ext. 28 or visit www.mcrh.ca.

100 Job Opportunities

DRIVERS WANTED: AZ, DZ, 3 or 1: terrific career opportunity with outstanding growth potential to learn how to locate rail defects using non-destructive testing. No experience necessary! Plus extensive paid travel, meal allowance, 4 weeks vacation and benefits package. Skills needed: ability to travel 3 months at a time, valid license, high school diploma or GED. Apply online at www.sperryrail.com. Under careers, click here to apply, keyword: Driver. Do not fill in city or state. E.O.E.

135 Child Care

ONE SPACE AVAILABLE in daycare (\$7./day). Nurturing and caring environment. Please call 450-521-5788.

140 Professional Services

ROOFING
Roof leaks or need a new one? Call Chad for a free evaluation, 819-349-8849.

140 Professional Services

UPHOLSTERY
25+ years experience. Antique and modern. 4 wheeler seats. Frame, spring and fabric repair. Free estimate. Email: stephenstickles@sympatico.ca or call 819-889-2519.

Classifieds
(819) 569-9525
(450) 242-1188

190 Cars For Sale

190 Cars For Sale

Chartier AUTOMOBILES

LENNOXVILLE, QC

CARS

- 11 FORD TAURUS SEL, v-6, fully loaded, air, mags, 18,200 km \$22,950
- 11 FORD FUSION SEL, v-6, fully loaded, air, mags, leather, 17,200 km \$20,950
- 10 TOYOTA MATRIX, auto, fully loaded, air, mags, 53,000 km \$15,995
- 09 BUICK LUCERNE CX, 3.9 L., air, mags, 77,000 km, \$15,550
- 09 LINCOLN MKS, AWD, 3.7 L., leather, mags, Navigation, Must see. 68,000 km \$26,950
- 09 FORD MUSTANG GT, convertible, 4.6 L., auto, leather, mags, 38,000 km \$26,995
- 08 HYUNDAI ACCENT GL, 5 speeds, 2 door, hatchback, 65 000 km \$7,750
- 08 HYUNDAI SONATA, 2.4 L., fully loaded, air, 75,000 km \$11,995
- 08 CHEVROLET AVEO, auto, 4 door, 59,000 km \$8,375
- 08 TOYOTA CAMRY LE, 2.4L, full loaded, wood imitation, air, mags, 48,000 km \$14,950
- 08 TOYOTA COROLLA LE, auto, full loaded, air, 75,000 km \$10,950
- 07 NISSAN VERSA, 6 speed, air, hatchback, 55,000 km \$9,550
- 07 DODGE CALIBER SXT, auto, fully loaded, air, mags, 58,000 km \$9,995
- 06 HYUNDAI SONATA, v-6, fully loaded, air, mags, only 36,000 km \$10,995

TRUCKS

- 11 SUBARU OUTBACK PZEV, 2.5L, AWD, fully loaded, air, mags, 20,800 km \$28,450
- 11 TOYOTA SIERRA LE, 3.5 L., 8 pass., 2 airs, mags, x-clean, 33,300 km \$26,550
- 10 DODGE JOURNEY SXT, 3.5 L., fully loaded, 7 pass., air, mags, 36,000 km \$20,950
- 10 DODGE RAM SLT, 5.7 L. HEMI, 4x4, loaded, air, mags 20 in., 44,800 km \$24,995
- 10 FORD FLEX LIMITED, AWD, leather, 7 pass., mags, 21,900 km \$29,950
- 08 FORD ESCAPE LIMITED, leather, moonroof, mags, 62,500 km \$18,950
- 08 MAZDA CX7 GT, v-6, AWD, leather, moonroof, mags, 48,300 km \$18,950
- 07 GMC SIERRA SLE 2500 HD, Duramax, diesel, 4x4, K-CAB, fully loaded, air, mags, chrome package, like new, only 76,000 km \$33,950
- 07 FORD EXPEDITION LIMITED, AWD, Navigation, tv-dvd, leather, mags, 120,000 km \$29,950
- 06 INFINITY FX35, V6, leather, moonroof, 96,000 km \$22,950
- 05 ACURA MDX, v-6, AWD, leather, moonroof, 7 pass., mags, 129,000 km \$17,95
- 04 GMC SIERRA 2500 HD SLE, 6.0 L., 4x4, k-cab, short box, 112,000 km \$13,500
- 04 CHEVROLET SILVERADO LS 1500, 5.3 L., 4x4, K-CAB, fully loaded, air, mags, only \$75,000 km, \$13,850
- * COMING SOON *
- 10 CHEVROLET MALIBU LT, 2.4 L., Fully loaded, air, 65,000 km
- 08 FORD FUSION SEL, 4 cyl., 47,000 km
- 06 CHRYSLER SEBRING, V-6, 86,000 km

All our vehicles are inspected
and guaranteed.
Financing with the Caisse Populaire
also available on site.

819-562-6133

See all the inventory, pictures & info
www.chartierautomobiles.com

145 Miscellaneous Services

LENNOXVILLE
PLUMBING. Domestic repairs and water refiners. Call Norman Walker at 819-563-1491.

150 Computers

Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

190 Cars For Sale

CLASSIFIEDS
ONLINE!
www.sherbrookerecord.com



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

WELCOME. 11TH
ANNUAL ANTI-
QUES SHOW in
Sherbrooke, March
23, 24 and 25, in the
central mall of Carrefour de l'Estrie. 18
exhibitors. Free admission.

EMAIL YOUR
CLASSIFIED

TO US!

Fast and
convenient!

classad@sherbrookerecord.com

290 Articles For Sale



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

290 Articles For Sale

RALEIGH CANADA
WAREHOUSE
SALE. March 17 - 6
weeks only. Saturday, 9 a.m. to 5 p.m., Wed/Thurs 4 p.m. to 7 p.m., Friday 5 p.m. to 9 p.m. Bicycles at factory discounts. Raleigh Canada Ltee, 5480 boul. Industriel, Waterloo. 450-539-2455.

Classifieds
(819) 569-9525
(450) 242-1188

Want your ad
to stand out?

For .50 a word - bold it.

PUBLIC NOTICE
CITY OF SHERBROOKE

CONFORMITY OF BY-LAW NO. 781
WITH THE LAND USE PLANNING AND
DEVELOPMENT
PLAN OF THE MUNICIPALITÉ RÉGIONALE
DE COMTÉ DE SHERBROOKE

To all qualified voters within the territory of the
City of Sherbrooke

PUBLIC NOTICE is hereby given by the undersigned,
the assistant clerk of the City of Sherbrooke:

THAT during the regular meeting held March 19, 2012, City of Sherbrooke Municipal Council adopted by-law No. 781, amending by-law No. 648-97, the zoning by-law of the former Town of Lennoxville, to authorize "detached, single-family dwellings" in public and institutional zone P-13, in addition to previously authorized uses, and to restrict this use to a maximum of six such dwellings in the whole zone;

THAT by-law No. 781 is available for consultation at the clerk's office located at 191 Du Palais, Sherbrooke during regular office hours, from 8:30 a.m. to noon and 1:30 to 4:30 p.m.

APPLICATION FOR AN ASSESSMENT OF CON-
FORMITY WITH THE LAND USE PLANNING AND
DEVELOPMENT PLAN OF THE MUNICIPALITÉ
RÉGIONALE DE COMTÉ DE SHERBROOKE

In accordance with Section 48 of Government of Quebec decree no. 850 2001 and Section 137.11 of the Act respecting land use planning and development, any qualified voter may apply, in writing, to the Commission municipale du Québec for an assessment of the conformity of the by-law with the land use planning and development plan of the Municipalité régionale de comté de Sherbrooke.

The application must be submitted to the Commission municipale du Québec at the following address within 30 days following the publication of the current notice:

Commission municipale du Québec
10 Pierre-Olivier-Chauveau
Mezzanine, Aile Chauveau
Québec, QC G1R 4J3

If the Commission municipale du Québec receives applications from at least five qualified voters in accordance with Section 137.11 of the Act respecting land use planning and development with respect to the by-law, the Commission shall, within 60 days after the expiry of the period prescribed in that section, give its assessment of the conformity of the by-law with the land use planning and development plan of the Municipalité régionale de comté de Sherbrooke.

GIVEN IN SHERBROOKE, this 23rd day of March 2012.

Ville de
Sherbrooke

Me Line Chabot
Assistant Clerk

www.ville.sherbrooke.qc.ca

SUDOKU

Difficulty: 5 (of 5)

	5				3	1		4
		1	2					
	8			9				
				8		4		
				5	9	7	8	
1								9
2	7							
	3							
6				7			2	

3-23-12

©2012 JFS/KF Dist. BY UNIVERSAL UCLICK FOR UFS

PREVIOUS SOLUTION

7	8	3	2	1	5	4	6	9
2	6	4	7	9	8	1	5	3
9	5	1	3	4	6	7	2	8
8	2	9	1	3	4	5	7	6
4	3	6	5	2	7	8	9	1
5	1	7	8	6	9	2	3	4
6	7	2	4	8	3	9	1	5
3	4	5	9	7	1	6	8	2
1	9	8	6	5	2	3	4	7

HOW TO PLAY:
Each row, column
and set of 3-by-3 boxes
must contain the numbers 1 through 9
without repetition.

CLASSIFIED

Fordyce Branch Women's Institute

291 Hay

LOOKING TO BUY top quality horse hay, 40-60 lb. bales, 1st and 2nd cut, at market value. Must be green, tight cords, no dust or rain, square. 800 bales needed for full load. Call 819-876-5872.

294 Events

CLASSIFIEDS ONLINE!

www.sherbrookerecord.com

320 Livestock

PUREBRED POLLED CHAROLAIS bulls, 2 yrs. old, 15 months old, easy calving, good disposition, PATBQ & Charm program, great EPD's. Peevee Charolais, 514-917-8244, 450-243-0249.

330 Pets

DOG BOARDING at Blue Seal. Week-ends, holidays and day care. **Cageless.** Personalized care for your pet. **Blue Seal**, the Animal Nutrition Centre, 1730 Wellington South, Lennoxville, 819-348-1888.



Make your classified stand out, add a photo for \$10. per day. Deadline: 2 days before publication. Drop by our office in Sherbrooke or Knowlton. 819-569-9525. classad@sherbrookerecord.com

Where are the best looking in town? At the Eastern Townships SPA! Come and visit our adoption rooms! Many cats and dogs aged between 2 months and older are waiting to find new homes. They have all been spayed/neutered, vaccinated, dewormed and micro-chipped. If you have

330 Pets

wisely chosen to adopt a pet, come and meet them Monday through Saturday between 9 a.m. and 4 p.m. Adoption fees are very reasonable. 1139 Queen Blvd. North, Sherbrooke. For additional information: (819) 821-4727.

340 Garage Sales

BROMONT
Estate Sale, 18 Champlain, Bromont, Saturday, March 24, 9 a.m. to 4 p.m. Furniture sets, TV, washer, dryer, computer desk, household articles, antiques, dishes, etc.

LENNOXVILLE

Estate Sale. Everything must go! 85 Queen St., Apt. #2, on March 24 and 25, 9 a.m. to 4 p.m.

345 Flea Markets

LENNOXVILLE
Flea Market at Edifice Queen (the old Inspirations building), 269 Queen St., every Saturday from 9 a.m. to 3 p.m. Paintings, crafts, baked goods, new clothing (for children and adults), candles, plus much more. Coffee and doughnuts available. Info: James Naylor 819-835-1212.

430 Personal

TRUE ADVICE! True clarity! True Psychics! 1-877-342-3032 or 1-900-528-6256 or mobile #3563 (18+) \$3.19/min. www.truepsychics.ca.

440 Miscellaneous

A CRIMINAL RECORD preventing you from traveling? ExpressPardons.com - Canada's fastest pardon and waiver service can help. Solutions from \$49/mo. Apply online/toll free at: 1-866-416-6772 now!

440 Miscellaneous

CRIMINAL RECORD? MONEY-BACK guarantee. 100,000+ Record Removals since 1989. Confidential, fast, affordable. A+ BBB rating. Assures employment and travel freedom. Call for free info booklet. 1-8-NOW-PARDON (1-866-972-7366) www.RemoveYourRecord.com

HAVE YOU BEEN denied Canada Pension Plan Disability benefits? The Disability Claims Advocacy Clinic can help. Contact Allison Schmidt at 1-877-793-3222. www.dcac.ca

PARENTS NEEDED FOR focus group on French learning. \$50 honorarium + travel paid. March 27, 7 p.m. to 8:30 p.m., Magog. sean.butler@live.com www.cpf.ca

EMAIL YOUR CLASSIFIED TO US!

Fast and convenient!
classad@sherbrookerecord.com

RATES

25¢ per word
Minimum charge \$6.50 per day Mon. to Thurs., \$7.50 on Fridays, for 20 words or less.

Discounts for prepaid consecutive insertions without copy change
3 to 20 insertions - less 10%
21 insertions - less 20%
#84 Found - 3 consecutive days - no charge
Use of "Record Box" for replies is \$5.00 per week.

We accept Visa & MasterCard
DEADLINE: 12:30 p.m. working day previous to publication.
Classified ads must be prepaid.

Thank You

For Checking

Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

March 7 saw the ladies of Fordyce Branch W.I. gather at Emmanuel United Church Hall for our monthly meeting beginning at 1 p.m. President Norma Sherrer welcomed everyone and read a poem "Life is Beautiful - Life isn't fair, but it's still good. When in doubt, just take the next small step. Life is too short to waste time hating anyone. Your job won't take care of you when you are sick. Your friends, parents and children will. Stay in touch. You don't have to win every argument. Agree to disagree. If a relationship has to be a secret, you shouldn't be in it. Get rid of anything that isn't useful, beautiful or joyful. When it comes to going after what you love in life, don't take no for an answer. Burn the candles, use the nice sheets, use your good dishes, wear your fancy lingerie. Don't save it for a special occasion. Today is special. No one is in charge of your happiness, but you. Don't take yourself so seriously, no one else does. However, good or bad a situation is, it will change. Life isn't tied with a bow, but it is still a gift. Written by a 90 year old.

Following the Mary Stewart Collect, Salute to the Flag and O Canada, Happy Birthday was sung to our only March birthday girl, Alta Forster.

The Motto for the month was "Be positive as you journey along through life. Whatever may be your goal, keep your eye on the doughnut and not on the hole." The Roll Call was "Share an idea as to how to keep positive and bring cookies for the Group Homes." Following the meeting, cookies were taken to two group homes in Cowansville. It is fun to see how happy it makes the children living in these homes, when they open the doors.

Elizabeth Milroy, Secretary, read the minutes of the February meeting, which were approved as read. Correspondence read was letters of thanks from Verna Patterson and Pearle Yates.

President Norma was able to state the date of the Provincial Convention at John Abbott, June 2. June Lamey has offered to look into the possibility of getting a bus for the day so that some members may attend. John Abbott kitchen will cater the noon meal. This is an important occasion for our branch as Norma Sherrer will be installed as Provincial President.

June Lamey, Treasurer, gave her Financial Report, with no outstanding bills. She also read a letter, which she had written to the president of the CIBC, stating our problems with the Cowansville Branch. She then read his reply and another from the person in charge locally. Our branch is still looking into other banks for better results. Elizabeth Milroy presented a very interesting report of the County annual meeting.

Paulette Mahannah, Agriculture Chairperson, presented her program, which contained many important facts regarding farming.

Under new business, President Norma reported on the Cairn in Dunham. It is in dire need of repairs due to the fact that it is close to the road, resulting in being damaged by salt. There will be a committee to look into said repairs or replacing it.

Joyce Martin, County President, had made the animal shelter in Cowansville her project for her term in office. It is in great need, especially for old sheets, towels, etc. to place in the

bottom of the cages and food. The members were encouraged to take this shelter under their wings.

President Norma was pleased to tell the members that 110 essays had been received from Heroes Elementary School. They will be judged here and the top four will be sent to the Provincial office for further judging. Congratulations to students at Heroes.

When the F.W.I.C. holds its June Convention in Sidney, BC, two of our members will be there - President Norma and Elizabeth Milroy. President Norma asked the members to bring in slippers, creams, etc. which will be given to women's shelters in BC.

The word "Surprise" was written on the agenda so everyone was anxious to find out what it would be. Well, we found out when President Norma called up Alta Forster and presented her with her 25 year pin. Alta was certainly taken by surprise as the members clapped to show her how pleased they were at this "Surprise."

There being no further business, Coins for Friendship and Social monies were collected, Grace was said, and the members then settled at tables to enjoy their snacks with either tea or coffee. Hostesses were Elaine Grubb and Alta Forster. President Norma and June Lamey had made a large selection of cards, which were displayed allowing the members to enjoy some shopping.

For each petal on the shamrock,

This brings a wish for you.

Good health, good luck and happiness
Today and every day!

Evelyn Beban Lewis,
Publicity

SUDOKU

Difficulty: 4 (of 5)

	3					5		
5	9	1					3	
			8					6
		2			9	8		5
	1	8						
6					7	1		
	4		7				6	
9			3		2			
			6		4			1

3-24-12

©2012 JFS/KF Dist. by UNIVERSAL UCLICK FOR UFS

PREVIOUS SOLUTION

9	5	2	8	6	3	1	7	4
7	6	1	2	4	5	9	3	8
4	8	3	7	9	1	2	5	6
5	9	7	1	8	2	4	6	3
3	2	6	4	5	9	7	8	1
1	4	8	6	3	7	5	9	2
2	7	5	3	1	6	8	4	9
8	3	9	5	2	4	6	1	7
6	1	4	9	7	8	3	2	5

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

FRIDAY, MARCH 23, 2012

North 03-23-12			
♠ Q 3			
♥ Q 10 4			
♦ K Q 7 6 2			
♣ J 8 7			
West		East	
♠ 7 6 2		♠ J 10 9 8 5 4	
♥ A 9 8 6 3		♥ 5 2	
♦ A 10 3		♦ J 9	
♣ K 4		♣ Q 5 2	
South			
♠ A K			
♥ K J 7			
♦ 8 5 4			
♣ A 10 9 6 3			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1 NT	Pass	3 NT	All pass
Opening lead: ♥ 6			

There are ways to get to nine

By Phillip Alder

George Bernard Shaw, playwright and Nobel Prize winner, said, "Except during the nine months before he draws his first breath, no man manages his affairs as well as a tree does."

How should South manage his affairs in this three-no-trump contract after West leads his fourth-highest heart?

Declarer starts with only four top tricks: two spades, one heart (given the lead) and one club. He must work on both minors.

It looks tempting to win the first trick on the board and take a club finesse. Here, though, West wins the trick and establishes his heart suit. And when he gets in with the diamond ace, he cashes out for down one.

Even if South gets four club tricks, he needs a diamond winner, too. He should take trick one in his hand and lead a low diamond. If West wins with his ace and plays another heart, declarer has nine tricks: two spades, two hearts, four diamonds and one club.

If West ducks his diamond ace, South must resist the temptation to return to his hand with a spade. If he does that, East should signal with his jack. Then West wins the second diamond and returns a spade, establishing East's suit. Declarer has only eight tricks.

After getting one diamond in the bank, South should take a club finesse. If West perseveres with hearts, declarer gets into the dummy again and repeats the club finesse. Or, if West shifts to a spade, South plays a second diamond to establish that suit.

By the way, while researching the quotation, I was surprised to learn that Shaw was also a co-founder of the London School of Economics.

FRIDAY, MARCH 23, 2012

Partly due to the influences of two entrepreneurs who are likely to be entering your life in the year ahead, you'll be far more enterprising and resourceful than you've been in the past. You'll thrive on doing things their way.

ARIES (March 21-April 19) — Strong determination and fierce boldness make you a force to be reckoned with. Apply this strength to a specific objective and there will be no doubt about achieving success.

TAURUS (April 20-May 20) — In your own unpretentious but bold way, you'll get far more done than those who strut and boast about their big intentions. Tenacity is your secret strength.

GEMINI (May 21-June 20) — One of your best means for achieving success is your ability to see positive elements in all situations, regardless of the negatives involved. You're likely to put this quality to good use.

CANCER (June 21-July 22) — In order to accomplish your aims, you'll need to be far more assertive than usual. Fortunately, you'll instinctively know how much pressure to apply without looking pushy.

LEO (July 23-Aug. 22) — You're likely to have exceptionally strong opinions, and you won't be bashful about expressing them either. Woe betide those who try to stand up and oppose your views.

VIRGO (Aug. 23-Sept. 22) — Although you're in an excellent cycle as regards earning capacity, it won't be so when it comes to handling your funds. Take care not to spend everything all at once.

LIBRA (Sept. 23-Oct. 23) — Your strong inner resolve could make you more overpowering than you intend when dealing with others. Guard against inclinations to dominate everything and everybody.

SCORPIO (Oct. 24-Nov. 22) — Unless you use your time industriously and productively, your feelings of self-worth will be greatly diminished. Make sure that whatever you engage in has purpose and value.

SAGITTARIUS (Nov. 23-Dec. 21) — If your social life has been exceptionally boring lately, it may be time to look for new playgrounds as well as new playmates. A change would do you good, as the song says.

CAPRICORN (Dec. 22-Jan. 19) — When you're unhappy, you tend to take it out on your loved ones, who accept your rude behavior with little consequence to you. However, think about what you're doing to them.

AQUARIUS (Jan. 20-Feb. 19) — If you find your usual activities to be a bit boring, seek some close pals who are stimulating thinkers. Using your mind can be more exciting than engaging in physical activities.

PISCES (Feb. 20-March 20) — Temporarily shelve mundane activities and make this a profitable day by seeking out objectives that are of a financial or material nature. You could do quite well for yourself.

Your Birthday

SATURDAY, MARCH 24, 2012

Some very unusual conditions are likely to develop for you in the year ahead; they could suddenly get you started off in a new, promising direction. You may need a little push from a friend to recognize the opportune moment to start branching out.

ARIES (March 21-April 19) — A matter that you've had no control over could suddenly be placed in your hands, to take care of as you wish. You'll quickly make the necessary changes.

TAURUS (April 20-May 20) — You're particularly good at experimenting with novel situations, so don't hesitate to take on something that you've never tried before. You should do better than you think.

GEMINI (May 21-June 20) — Don't hesitate to compete against another if it involves something you're knowledgeable about or skilled in. Have faith in yourself.

CANCER (June 21-July 22) — This is an excellent day to make an outline for a big presentation to someone who has the resources to help you. Just don't try to go through subordinates.

LEO (July 23-Aug. 22) — Give free rein to your curiosity and ask questions about information that has been privy only to a few people. You might be surprised about what will be told to you.

VIRGO (Aug. 23-Sept. 22) — Do what you can to make an ally of an associate who hasn't always been as friendly as you've wished. You might be surprised at how receptive he or she is when approached.

LIBRA (Sept. 23-Oct. 23) — Don't allow yourself to get too entrenched in a habit just because it's comfortable. There is so much more progress to be made if you're adventurous enough to break out of your rut.

SCORPIO (Oct. 24-Nov. 22) — There's a big chance that something very pleasurable is in store for you. It's likely to come about through someone with whom you share a social interest.

SAGITTARIUS (Nov. 23-Dec. 21) — With a little freshly applied ingenuity, you could find a new way to get something you'd very much like to have, which up until now you've been unable to swing.

CAPRICORN (Dec. 22-Jan. 19) — You have a sharp faculty for picking up valuable information that would go right over the heads of other listeners. You will wisely know how to use these nuggets, as well.

AQUARIUS (Jan. 20-Feb. 19) — A financial opportunity might develop, but you will have to be sharp enough to recognize it in order to take advantage. It might come about in a rather curious fashion.

PISCES (Feb. 20-March 20) — It's important not to let any grass grow under your feet when it comes to advancing your personal interests. If you are effectively assertive, good things can happen.

SUNDAY, MARCH 25, 2012

The year ahead should be an extremely active one for you both socially and in terms of business. You are likely to make lots of new friends who will introduce some exciting experiences into your life.

ARIES (March 21-April 19) — If you think you are entitled to specific consideration from certain people, speak up. Others' minds aren't always operating on the same wavelength, and people may need reminding.

TAURUS (April 20-May 20) — Use the same methods that previously brought you success in tackling something very similar to what you're now facing. What worked before should work again, with perhaps a few minor changes.

GEMINI (May 21-June 20) — Without realizing it, you have won the confidence of someone who has been studying you closely. This person is looking for a person to confide in and believes you're the one.

CANCER (June 21-July 22) — Several wonderful, worthwhile ideas are likely to spring from some casual discussions you'll be having with others. Funny how the best schemes pop up when you're not looking.

LEO (July 23-Aug. 22) — Don't hesitate to act in harmony with your thoughts and/or inspirations. Certain ideas that enter your head concerning ways to further your ambitions could be very worthwhile.

VIRGO (Aug. 23-Sept. 22) — Gains you acquire are likely to come about in a circuitous fashion. You'll be able to understand what's happening, but others will miss the point, allowing you to take advantage of them.

LIBRA (Sept. 23-Oct. 23) — The credit will belong to you when several people who have strong emotional ties pull together for a common cause. It will be due to you knowing how to get everyone working collectively.

SCORPIO (Oct. 24-Nov. 22) — This is an especially good day to have a frank discussion regarding an important issue that needs resolving. Solutions can be found that will benefit all parties involved.

SAGITTARIUS (Nov. 23-Dec. 21) — If you put your mind to it, ways can be developed that'll enhance your earning capacity. The improvements you come up with might not make you rich, but they could sweeten the pot.

CAPRICORN (Dec. 22-Jan. 19) — As time passes and you open up, you're likely to become more and more sociable. If you haven't made plans for the day, it might prove worthwhile to join some friends who have.

AQUARIUS (Jan. 20-Feb. 19) — You're apt to be surprised by some candid comments made by someone whose confidence you didn't know you enjoyed. What occurs indicates closer bonds can be formed.

PISCES (Feb. 20-March 20) — Social activities that emphasize the mental rather than the physical are likely to be the most appealing for you. Seek out chatty friends rather than your jogging buddies to pass the time.

MS lives here.

Multiple sclerosis never hits just one person. It affects the entire family.

MS Multiple Sclerosis Society of Canada
1-800-268-7582 www.mssociety.ca

CROSSWORDS

Across

- 1 Fast food sides
6 Turkey
10 Put away without restraint, with "on"
14 Unspoken
15 '30s boxing champ
16 Tea traditionally made with cardamom
17 Slate, for one
18 Keep a movie dog from wandering?
20 Forced (in)
22 Voted out
23 Emit
25 Angus, e.g.
26 Female padre?
31 Tropical reef denizen
32 Some claims
33 Brother's title
36 Dhoofar Rebellion country
37 Ski run

- 38 Pen used at sea
39 San Francisco's ___ Hill
40 Roller coaster cries
41 Let up
42 Ancient mounted police?
44 Where to see a chin rest
47 Cavils
48 Poem that ends "I am the captain of my soul"
51 Freewheels
55 Dance that reflects the pun-creating elements found in 18-, 26- and 42-Across
57 Mauritius money
58 Friends and acquaintances
59 Croat, e.g.
60 More distant
61 Barrie henchman
62 Big ___: nickname for LPGA great JoAnne Carner
63 Coverage giant

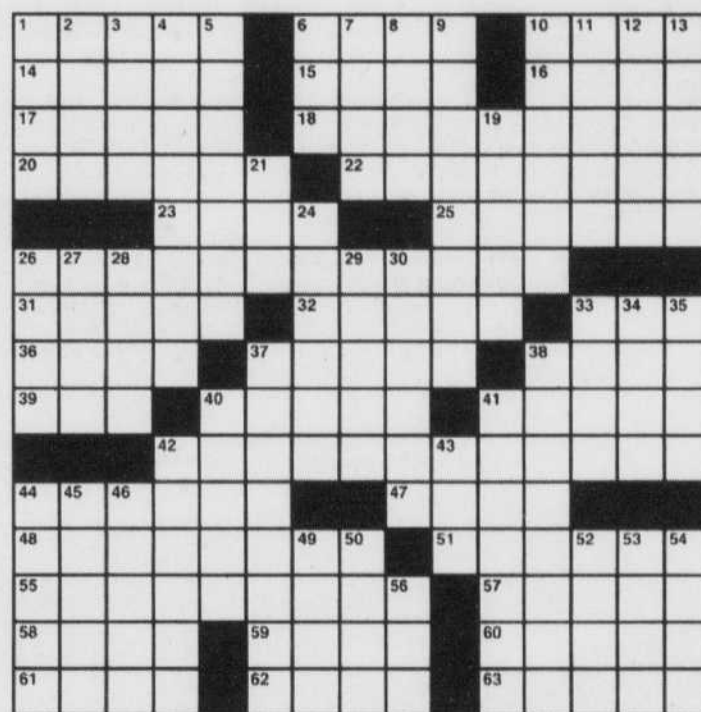
- 27 ___ erectus
28 Dhow sailor
29 Second-generation Japanese American
30 Futuristic sitcom family name
33 Blücher's title in "Young Frankenstein"
34 Singer Coolidge
35 Like balsamic vinegar
37 Flight of fancy
38 Cookout condiment
40 Question of identity
41 Columbia River city
42 Old saw

- 43 First X, say
44 NyQuil maker
45 "I didn't know he had it ___"
46 Like aspen leaves
49 Troy Aikman's alma mater
50 Fake
52 Cookout accessory
53 Typical "Hunger Games" trilogy reader
54 Blood components
56 Burt's "The Killers" co-star



Down

- 1 Boil slowly
2 Kick back
3 Ill-natured
4 Rhea stat
5 How gas prices sometimes rise
6 Ainer of the sitcom "Allo 'Allo!"
7 Honolulu's home
8 Stingy
9 Eastern Australian seaport
10 Musical range
11 Indian loincloth
12 Not left over
13 Part of LED
19 '90s-'00s Dodge
21 Traffic-controlling gp.
24 Slicker
26 Shout of encouragement



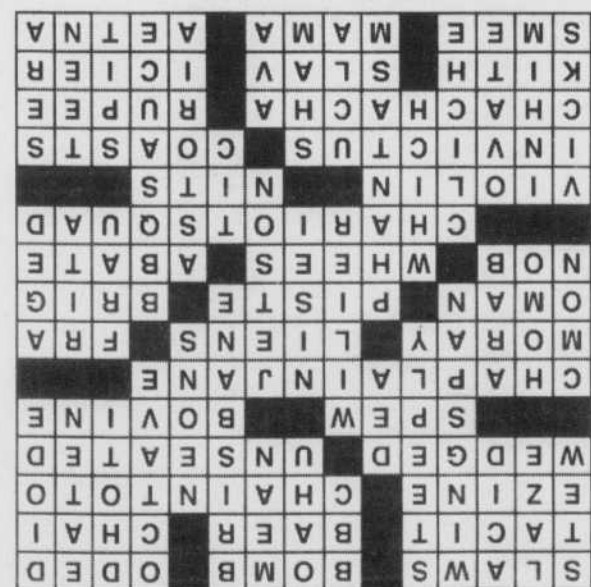
Across

- 1 Diamond protector
10 Agra wrap
15 A job ticket often accompanies one
16 Southeastern town dubbed "Brick City" in the 1880s
17 Deceptive football play
18 Inveigles
19 Like arbitrators
20 Not straight up
22 Packing gp.?
23 Hairy TV cousin
24 Bonds, in a way
25 Lawyer's thing
26 Old gun across the pond
27 Nice way to refer to you?
28 Some plants
31 Sit (down) undaintily
32 Blue genre

- 33 Something to believe in
34 ___ ball: bad miss in hoops
35 Had, biblically
36 Disappearing sea
37 Places for icons, briefly
38 Olympic speed skater ___ Anton Ohno
39 Some MDs
40 Business word after "&," maybe
41 It can lead to fisticuffs
42 Sister of Orestes
44 Formicidae family member
45 S.A.'s second-largest country
48 Sea nymphs
49 Shooting marble
51 Like a Frisbee's symmetry
52 Christian ___
54 Reagan attorney general
55 "Rise 'n' shine!"

- 14 Gradually enters
21 White House colloquialism
25 Stagger
26 Thin apertures
28 Acting handle
29 Baffles
30 Sequentially
31 Mount high above Delphi
32 Classical guitarist Romero
35 Mixes well with others?
37 Quantity destined to be burned
40 Metro gates

- 41 Mean
43 Cut out
44 Indian, say
45 O'Connor's successor
46 Out of the sack
47 "Understand?"
50 Non-stateside state
53 Balancing pro



- 56 Blessed duo?
57 Common sedimentary rock

Down

- 1 "Miracle on 34th Street" Oscar winner
2 One unlikely to collaborate
3 Per ___ ad Astra: RAF motto
4 Card game for three
5 Most pathetic
6 Certain Balkans
7 ___ education
8 RFK, for three-plus yrs.
9 Hosp. staffers
10 Mirthless
11 Words after seek or find
12 Champing at the bit
13 Kind of college

