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Galt Drama taking Jane Austen to the Old West

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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

North Shore leaders plead for finished road to stop 'extinction'

Editorial - Page 6

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PM#0040007682

MONDAY, APRIL 1, 2019

Province-wide seat belt campaign this week

Record Staff

All police forces, in collaboration with the Société de l'assurance automobile du Québec (SAAQ), the Association of Quebec Police Directors (ADPQ) and Contrôle routier Québec (CRQ), will be carrying out several planned interventions across the province from March 29 to April 4, as part of 2019 National Seat Belt Operation.

The operation takes place under the theme "On the road, security clicks", which hopes to remind people of the importance of buckling up and getting all the occupants of a vehicle to do the same.

Research shows that the use of seatbelts is a major contributor to saving lives and helps to reduce the severity of injuries. If all occupants of a vehicle buckled up, we could avoid about 27 deaths and 70 serious injuries each year.

Some seatbelt statistics

- Wearing a seatbelt is a simple gesture that saves lives. It halves the risk of being killed or seriously injured in an accident.

- Every year, on average, about 30 per cent of killed passenger vehicle drivers and passengers were not wearing seatbelts.

CONT'D ON PAGE 3

Time for a deer crossing sign on Academy



JOHN HAFFENDEN

By Matthew McCully

Lennoxville resident John Haffenden snapped this picture of a large herd of deer walking along Academy Street in Lennoxville on Saturday morning.

According to a neighbor of Haffenden, the same herd made its way over to Speid Street around an hour later.

"I've never seen the likes of it," Haffenden said.

He often sees deer in the spring and fall, but never that many moving to-

gether, he said.

Haffenden said he counted between 13 and 15 deer.

"There were no white tails up, no fear," he said, "Food was their number one priority."

"They looked to be in good shape," commented Haffenden, an experienced hunter.

"March is a difficult month for deer," he said.

According to Haffenden, it was likely the large amount of snow this winter that brought the deer together.

"They should have been out in a farmer's field," he said, grazing.

Because the snow is still covering the ground and walking through snow burns a lot of calories, Haffenden believes the deer were confined to a smaller area than normal and accumulated in a place where a steady source of food was available.

He described the parade down Academy Street as a kind of prison break, where the deer could rest their legs on solid ground and head out on a food seeking expedition.

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Weather



TODAY:
CLOUDY

HIGH OF -1
LOW OF -13



TUESDAY:
SUNNY

HIGH OF 7
LOW OF -1



WEDNESDAY:
MIX OF SUN
AND CLOUDS

HIGH OF 9
LOW OF -5



THURSDAY:
SUNNY

HIGH OF 1
LOW OF -9



FRIDAY:
60% CHANCE
OF SHOWERS

HIGH OF 8
LOW OF 4

“4 for 4” program injects money back into local communities



THE SCOOP

MABLE HASTINGS

The “4 for 4 program” is the brainchild of independent Real Estate Broker, Mike Cyr who wanted to find a way to give something back to the communities where he works. He recently visited the Missisquoi North Volunteer Centre (CABMN) in Mansonville with a donation of close to a thousand dollars in support of the Ken Jones Respite Program for the intellectually challenged, a weekly program of the CABMN.

The 4 for 4 program is simple really. When Mike Cyr lists a house, he charges only 4% commission (the seller does not pay him until the house is sold) and once the house is sold, Cyr donates 4% of his commission to a non-profit of his choice in a town where the home was sold. This allows for the client to receive fully licensed real estate services at a lower cost to the seller and gives Cyr the ability to give back to the local communities.

“As an independent broker, my overhead is nominal,” explains Cyr. “No need for wrapping buses or hot air balloons with advertising and more importantly, no need to pay real estate agency fees,” he continues.

Mike Cyr hopes that the idea of in-

jecting money back into the local communities will inspire others.

“Everyone wins,” he states enthusiastically. “It’s a simple concept but the results of contributing to causes like the Ken Jones Centre for example, is really quite moving and I am motivated to do more.”

For those in attendance when Cyr presented the donation, there was a sense of gratitude and relief as the Ken Jones Respite program has struggled in the past year with their fundraising efforts since not being able to hold their annual Autumnfest canteen at Owl’s Head; an event held in collaboration with the Pot-

ton Heritage Association.

The contribution of Mike Cyr and his initiatives through a call to action at #Friends of Mike, this donation means a lot and will be a great help in the programming for the Ken Jones Respite program that meets weekly on Thursdays in the Youth Centre building in Mansonville.

For more information about the 4 for 4 program or #Friends of Mike, contact: Mike Cyr

819 239 1894
info@mikecyr.ca
www.mikecyr.ca



PHOTO: MABLE HASTINGS
Ken Jones Respite Program supporters, Rick Fergusson and David Stirling pose with CABMN Board Member, Murielle Parkes and Mike Cyr)

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Association for children with cancer

Ben by Daniel Shelton

PANEL 1: A man on a phone asks, "BEN, I'M RUNNING LATE-- CAN YOU FEED THE DOG AND DO SOME LAUNDRY?" Ben replies, "SURE ..."

PANEL 2: The man says, "REMEMBER, HE EATS TWO CUPS OF FOOD ...". Ben replies, "'KAY ..."

PANEL 3: The man pours food into a bowl. Ben says, "THAT LOOKS LIKE TWO CUPS ..."

PANEL 4: The man walks away. Ben is sitting on a pile of laundry, looking confused with a "?!".

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LOCAL NEWS

Fauteux, who has previously played mainly chorus roles, told The Record that one of the big ways that the play is challenging the cast and crew is through the call for quick changes.

Galt Drama taking Jane Austen to the Old West

By Gordon Lambie

The Crazy Cowgirls of Pemberley Ranch are coming to Alexander Galt Regional High School. From April 11 to the 13, the country/western retelling of Jane Austen's classic *Pride and Prejudice* will be presented six times on the stage of the Alexander Galt Regional High School Auditorium.

"It's very much country/western, which is always a hit here with our community," said Olivia Louise Grenier, Galt drama teacher and the play's director, explaining that this particular adaptation is so brand-new that she is not sure it has ever been performed before.

Reflecting on the fact that last year's lineup of plays involved a complicated musical and a very heavy drama, Grenier said that part of the appeal of Pemberley Ranch was that it offered a script that was full of fun.

"It's a melodrama, so it is full of exaggerated emotion," the teacher said. "It's very ridiculous."

For Evan Andrews, who is one of two actors playing the part of Darcy, that melodrama is best part of the show because of the way it allows the actors to

stretch and play with the ways people respond to situations.

"It's fun," agreed Sara Thibodeau, who is also double-cast in the role of Jane. "Having a cast that we get along with makes it even better."

According to Grenier, several of the main roles have been given to two students because of the heavy load of dialogue each character has to handle. Charlee Fauteux, for example is sharing the role of Lizzie, who has over three hundred lines in the hour and a half production.

Fauteux, who has previously played mainly chorus roles, told The Record that one of the big ways that the play is challenging the cast and crew is through the call for quick changes.

"It's a new experience for me," she said.

Similar to what was done with last spring's production of *Beauty and the Beast*, the students will be offering a family matinee of their show with a special price for children on the Saturday morning.

In addition to the efforts of the actors, Grenier lauded the work being done behind the scenes both by the crew and



GORDON LAMBIE

The cast and crew of "The Crazy Cowgirls of Pemberley Ranch" during their rehearsal last Friday

those teams of people helping to arrange costumes and other vital aspects. She mentioned, in particular, the fact that the set for the show will be an in-house production, having been made entirely by the school's shop classes during class time.

The play will also feature original music by Galt teacher JF Coley in several

scenes.

The curtain goes up for *The Crazy Cowgirls of Pemberley Ranch* at 7:30 p.m. nightly from the 11 to the 13, and at 10 a.m. on the morning of the 13. Tickets are available at the door, but those looking to reserve in advance should contact Christine Rousseau at 819-563-0770 ext. 22056.

BU earns highest award at National Model United Nations in New York City

By Emilie Hackett
Special to the Record

It is the second year in a row that the Bishop's University Model United Nations (UN) has received the Outstanding Delegation award, the top recognition for a team, at the National Model United Nations (NMUN) held from March 24 to March 28 in New York City. Led by Dr. Heather McKeen-Edwards and Head Delegates Marta Matuzonyte and Jonas Viles, the team of 14 students represented Honduras at the Model UN conference. Over 5,000 students converged to New York City to discuss current global issues in a real-world context, with 23 simulated UN committees.



PHOTO COURTESY OF THE BISHOP'S UNIVERSITY DEPARTMENT OF POLITICS AND INTERNATIONAL STUDIES

Seat belt campaign

CONT'D FROM PAGE 1

• From 2013 to 2017, an average of 54 people were killed per year and 140 people seriously injured in an accident not wearing their seatbelt (drivers and passengers).

• The percentage of occupants of a passenger vehicle who died in a 2013-2017 accident who were not wearing seat belts was 28.6 per cent. The number of front-seat passengers was 15.5 per cent, rear passengers 35.7 per cent.

• In fatal crashes involving at least one heavy vehicle from 2007 to 2011, only 38 per cent of deceased victims who were in a heavy vehicle were wearing seat belts.

• The problem of people who do not wear seat belts in fatal crashes is more pronounced among men aged 25 to 49 years.

• The number of people who do not wear seatbelts increases as the night goes on and is often associated with other dangerous behaviors such as

alcohol consumption. The higher the blood alcohol level, the lower the likelihood of wearing a seat belt.

For the second year in a row, the Société de l'assurance automobile du Québec is raising awareness of the importance of buckling up in both front and back seats from March 25 to April 21.

This campaign, which is aimed at all drivers and their passengers, but which mainly targets passengers in the rear, men aged 20 to 49, and drivers of heavy vehicles, will include radio messages, targeted social media placements and outreach tools (pamphlets and the Web).



From Fairies Family Bingo Sunday, April 7

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Human Rights Watch: missing Canadian Edith Blais was kidnapped, taken to Mali

The Canadian Press

A Canadian woman who's been missing in West Africa for several months has reportedly been kidnapped and taken to Mali.

Edith Blais of Quebec and her travel companion, Luca Taccheto of Italy, went missing in December while travelling in Burkina Faso.

They were travelling by car in south-western Burkina Faso en route to Togo, where they planned to do volunteer work with an aid group.

In a January statement, Burkina Faso's government referred to the pair's disappearance as a kidnapping.

The Canadian government did not confirm the information, but said it was not ruling out any possibilities.

However, a recent report by Human Rights Watch indicates that they were indeed abducted.

"While no armed Islamist group has taken responsibility for their abduction, they are believed to have been kidnapped and later taken to Mali," the reported, titled "Abuses by Armed

Islamist Groups in Burkina Faso's Sahel Region," states. It cites an interview with Malian security sources on Jan. 13.

The report, published March 22 on the organization's website, does not mention the fate of the two travellers.

In January, Prime Minister Justin Trudeau said he believed Edith Blais was still alive.

"As far as we know, she is," Trudeau said when asked by a reporter whether Blais was still alive. He said Blais' story has people across the country preoc-

cupied.

"Our hearts go out to the family of Edith Blais and the entire community," he said at the time. His statement came the day after another Canadian, Kirk Woodman, was found dead in northern Burkina Faso, close to the border with Mali and Niger. An executive with a Vancouver-based mining company, Woodman had been kidnapped a day earlier by gunmen as he worked on a gold mining project.

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“Coop Du Grand-Bois” in Saint-Étienne-de-Bolton creating bonds of solidarity



THE SCOOP

MABLE HASTINGS

With approximately 713 permanent residents, the community of Saint-Étienne-de-Bolton is a small village located in a most beautiful and picturesque area of the Eastern Townships. Over the past ten years, thanks to the creation of the “Coop du Grand-Bois;” a Municipal and community initiative, the Municipality has evolved; rich in people power, services and involvement. The purchasing and creation of the Coop du Grand-Bois created a place where the citizens of Saint-Étienne-de-Bolton gather to meet, socialize and grow. Through municipal initiated strategic planning and a democratic approach, citizens contributed to the process of the vision and priorities for the community that included mak-

ing the Coop project a reality.

In December of 2009, the Coop was incorporated as a solidarity cooperative and the building at 12 Principale, Saint-Étienne-de-Bolton was purchased. In a common effort of hard work, positivity and sheer joy, the place was cleaned, furnished and made functional. In the fall of 2011, the Coop du Grand-Bois opened its doors. With more than 200 members, and fifty members and directors who volunteer on a regular basis, the support of local businesses and projects, the success and effects of the Coop has transformed the community and charmed all who visit.

La Coop du Grand-Bois is a community hub for the people of Saint-Étienne-de-Bolton. Offering a family kitchen with healthy meals and a village atmosphere, a shop with fine cheeses, fresh bread, croissants, gourmet products, artisanal care products, maple products, artistic works and, the Coop also houses the post office, offers free high speed internet, a photocopy service, a mini library, and those who wish can have their medication delivered to the Coop from Eastman for pick up.

In addition to all the services offered, it is above all a meeting place where people can exchange and develop bonds of solidarity. The Coop strives to be suc-

cessful in covering its operating costs through its commercial activities (bistro, grocery store, post office), it is always in need of financial support to ensure the proper functioning of its community activities and the costs associated with the premises. To increase its funding, fundraising activities and the recruiting of new members is vital.

Whether or not you are a member of the Coopérative de solidarité Saint-Étienne-de-Bolton (Coop du Grand-Bois), you can contribute to its development by participating in its activities, consuming products from its store, coming to its store for a meal or snack or volunteering your time. Becoming a member means that you can: - To participate in decisions, have the right to speak and vote at general meetings, - To enable the cooperative to prosper and thus contribute to the revitalization of a village, create employment and make local products and services available, -To be part of a group of dynamic and committed people, -To contribute to the development of solidarity in our community and our world. Because you love Saint-Étienne-de-Bolton!

For more information, to become a member or to sign up for their newsletter, contact: 450-297-3787 or info@coop-dugrandbois.com



PHOTO: COURTESY

Singing to a sold out crowd

By Gordon Lambie

The BU singers were turning people away at the doors of Centennial Theatre on Friday night for their sold-out concert, "Gospel and other good news." Over the course of two and a half

hours, the student and community choir sang more than two dozen songs ranging from the old and familiar to recent pop hits, bringing their audience along for the ride through songs of reverence, celebration, heartache, and righteous determination.



GORDON LAMBIE

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EDITORIAL

The repeated breakdowns of ferries serving the North Shore in the past few weeks has highlighted in a particularly stark way how isolated the dozen communities on the coast are,...

North Shore leaders plead for finished road to stop 'extinction'



PETER BLACK

Want to have some fun with Google Maps? Punch in Vieux Fort (Old Fort) and Kegaska in the directions window and see what comes up.

You'll see a 2,421 km route indicated, that starts from the Labrador coast, heads deep into the interior, past the Churchill Falls hydro plant, crosses the Quebec border at the iron ore mining town of Fermont, veers south down to Baie Comeau where it reverses back east on Hwy 138, along the Gulf of St. Lawrence to Kegaska, where the highway abruptly stops.

Now look at the gap along the Lower North Shore between Kegaska and Old Fort. Looks pretty short, comparatively, about 375 km, give or take a cove or river or two.

Now, take the same map and look across the Strait of Belle Isle to the Great Northern Peninsula of Newfoundland Island. You'll see Route 430, which follows the western coast of the peninsula, from village to village, for a total distance from the village of Rocky Harbour in the south to the town of St. Anthony in the north. Total distance: about 350 km.

Route 430, also called the Viking Trail, for the ancient Norse settlements along the coast, was completed in 1962.

Take another look at the map, in northern Quebec, where a 240-km road was blazed through unpopulated wilderness from Chibougamau north of the Otish Mountains to the Renard diamond mine. That road opened in 2014, funded by the Quebec government and the mining company. The mine's life span is estimated at 15 years.

Here in the 21st century, the people of

Quebec's version of the Great Northern Peninsula, the Lower North Shore, are practically at wit's end trying to understand why the government of Quebec has denied and delayed road access to the rest of the province and the world.

The repeated breakdowns of ferries serving the North Shore in the past few weeks has highlighted in a particularly stark way how isolated the dozen communities on the coast are and how vulnerable they are to the vagaries of ship mechanics and weather.

Last week, elected officials representing communities on the coast published a full-page statement in Quebec media, in advance of a mass delegation to the National Assembly, pleading for action to complete Hwy 138 between Kegaska and Old Fort.

Though the topography of the coast is daunting from an engineering perspective for the construction of a road, the North Shore leaders say they are "more and more convinced the main obstacle is a lack of political will."

The leaders want the Coalition Avenir Quebec government to commit to a "realistic, but ambitious schedule to complete Hwy 138 in five to seven years."

Construction of stretches of Hwy 138 has proceeded in fits and starts, hampered by lawsuits, changes in governments, and the lack of a firm commitment to get the job done. In 2006, the government of Jean Charest put \$100 million on the table to start construction of the road under the Plan Nord. A 2015 updated Plan Nord budgeted \$234 million for the extension over five years.

Some 13 years after Charest's initial vow to build the road, short stretches have been built at the east and western ends, from Natashquan to Kegaska (51 km) and from Blanc Sablon to Old Fort (70 km).

The leaders say "the 'kilometre-by-kilometre' approach, holding the population in suspense from one election to another, is no longer an option.

"We will no longer passively wait for a government to consider us for what we are: Quebecers who feel entitled to the same advantages and a future as promising as the one aspired to by the rest of Quebec. We will no longer be impassive to our marginalization and our slow and

insidious extinction."

Last fall, a similar assembly of leaders wrested a commitment from the federal government to pony up infrastructure funds if the Quebec government gives the green light to finish the road.

With the short summer construction season looming, North Shore leaders are hoping "the new government that was claiming in the election campaign to be the government of the regions" will finally get the job done.

Letters

Open Letter to Francois Bernadel, Minister of Transport

DEAR MINISTER:

We sent you a letter on March 7, hoping you could read it. When you tabled your government's Budget 2019-20 last Thursday, we did not find in the 400 pages the amounts to be allocated to adapted transport so we are waiting for the para-transit subsidy program with a lot of apprehension.

We have at the same time become aware of your Bill 17. It appears to us that there is a serious danger that we are losing the accessibility of taxis and all remedies for people in wheelchairs. Nowhere does the Accessibility Obligation aspect appear in your Bill 17. For example, the current section of the Taxi Transportation Services Regulations: An Act Respecting Taxi Transportation Services (Chapter S-6.01, a.88) says that when a taxi company has more than 20 vehicles, it is obliged to have an accessible taxi.

A taxi transportation service intermediary's permit holder who provides services to at least 20 contracting parties must have in his fleet of taxis, whether owned by himself or by such persons, at least one taxi accessible to people with disabilities.

And what about section 10 of the Act respecting taxi transportation services S-6.01:

Permit issuance

"The Board shall issue taxi owner's licenses to be operated in an urban agglomeration, taking into account, where applicable, the maximum number of licenses established under section 10.1. However, it must consider the request of a person who demonstrates the need to meet a particular need of any clientele it designates, including the travel required by persons with disabilities."

The Commission may set specific conditions and restrictions for the maintenance of a taxi owner's permit issued by it.

For the purposes of the first and second paragraphs, a permit may be issued after June 10 2009 only if the taxi attached to it is accessible to handicapped persons, unless the Commission is of the opinion that the number of taxis available to people with disabilities is sufficient to meet the needs of these people.

The vehicles currently available in your bill appear to us to be "tolerated" at the most when fees required to maintain an authorization already granted by the CTQ (sections 97 and 98), and it is referred to (clause 138) that the government "may" regulate automobile transportation for persons with disabilities by exemptions from the provisions of this Act and determine various standards. We are very far from the current accessibility regulations and the recognition and promotion of sections 10 and 15 of the Quebec Charter of Human Rights and Freedoms, proclaiming the right to equality of persons with disabilities. Is Uber, which you encourage by your Bill 17, currently accessible for people in wheelchairs? There is no requirement to this effect in your Bill. The consequences of your deregulation of the accessibility of vehicles are likely to reinforce the discriminatory aspect of some taxi companies. Several times at the CTQ, like other organizations of persons with disabilities, RUTASM could have the CTQ make a taxi accessible and also comply with the rules of conformity for real accessibility. Accessibility rules were also detailed in the Adapted Tax Grant Programs, all of which are mandatory for a grant.

In 2001, we were preparing to go to the Quebec Human Rights Commission to require taxi intermediaries to have a minimum number of accessible taxis. Grants to make taxis accessible have arrived and several drivers have had access. Regulations and laws have been followed.

We are very concerned about the accessibility of taxis and the fact that it is not possible in practice to go to the CTQ for drivers. We will have the CDPDJ, a step backwards. Taxi permits will lose their value, we are aware of that.

Eligibility Policy for Adapted Transport

And here comes our great apprehension about our important demand for maintaining the Eligibility Policy, at least to take the time to reform it. Should we conclude that you will also deregulate para-transit and its obligations by deregulating the Eligibility Policy, because carriers want to reduce their obligations to people with disabilities?

RAYMOND DUQUETTE, PRESIDENT, RUTASM
FRANCE CROTEAU, COORDINATOR

THE RECORD

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Local Sports

In a remarkable feat, BU cruised by the Iowa State Cyclones on Thursday in their second game of Nationals, winning 9-0 with nine different goal scorers.

Gaiters' women's hockey falls to Minot State in semifinals in Texas nationals

By Emilie Hackett
Special to the Record

The Bishop's University women's hockey team left for Frisco, Texas on March 27 for the American Collegiate Hockey Association (ACHA) Nationals, but their journey came to an end on March 30, after a heartbreaking 6-2 loss against the Minot State Beavers.

"I think that the result doesn't reflect at all that we have played," said coach Dominic Desmarais after the Saturday loss. "In the third period, we were down by four and our girls came back very hard and they competed as we wanted to compete, and until the end, so I'm very proud of them."

The Gaiters had an otherwise highly successful record, as they began the

tournament by beating the Adrian College Bulldogs 2-1 on Wednesday with two goals from Kayla LeTouzelle.

In a remarkable feat, BU cruised by the Iowa State Cyclones on Thursday in their second game of Nationals, winning 9-0 with nine different goal scorers.

Friday was just as successful, with a 5-2 victory over North Dakota State University and a hat trick by Arianne Charette, which gave the Gaiters their ticket to the semifinals.

However, the Lennoxville team's journey had to come to an end with a 6-2 loss against Minot State. Despite goals by Jessica Belanger and Katie Locke, Minot State was too strong. This marks the end of the Gaiters' 2018-19 season, while their opponents played Assiniboine College in the championship on Sunday.



Despite a fiery start to the tournament, the Gaiters weren't able to fight off Minot State, falling 6-2 in the ACHA Nationals semifinals. PHOTO CREDIT: EMERY GBODOSSOU

QMJHL Roundup: Veleno, Voltigeurs beat Olympiques to advance to second round

DRUMMONDVILLE, Que. _ Joseph Veleno had a goal and two assists and Gregor MacLeod scored twice as the Drummondville Voltigeurs beat the Gatineau Olympiques 6-1 on Friday to win their Quebec Major Junior Hockey League first-round playoff series in five games.

Remy Anglehart, Maxime Comtois, and Nicolas Guay also scored for the Voltigeurs.

Giordano Finoro had the lone goal for the Olympiques.

Anthony Morrone kicked out 11 shots for Drummondville as Remi Poirier turned aside 42 shots for Gatineau.

Olympiques winger Andre Simard was given a major and game misconduct at 10:17 of the third period for checking from behind.

PHOENIX 4 ARMADA 1

SHERBROOKE, Que. _ Dakota Lund-Cornish made 24 saves as the Phoenix

bounced back from a Game 1 loss to eliminate Blainville-Boisbriand in five games.

Michael Kemp, Oliver Okuliar, Benjamin Tardif and Bobby Dow produced the offence for Sherbrooke, which took the first-round set 4-1.

Simon Pinard scored for the Armada. Brendan Cregan kicked out 30 shots in a losing cause.

DRAKKAR 5 WILDCATS 2

MONCTON, N.B. _ Ivan Chekhovich scored twice and Pascal Corbeil tacked on three assists as Baie-Comeau beat the Wildcats in Game 5 for a 3-2 first-round series lead.

Alex D'Orio made 39 saves while Shawn Element, Yaroslav Alexeyev and Ethan Crossman also scored for the Drakkar, who host Game 6 on Monday.

Alexander Khovanov and Adam Capanelli potted goals as Charles-Antoine Lavallee turned away 29 shots for Mon-

ton. Defenceman Aleksii Anttalainen was given a match penalty for boarding at 10:35 of the third.

FOREURS 2 TIGRES 1

VAL-D'OR, Que. _ Jonathan Lemieux made 35 saves as the Foreurs won Game 5 to take a 3-2 first-round series lead on Victoriaville. Nicolas Ouellet and Felix Boivin hit the scoresheet for Val-d'Or.

Sean Larochelle scored for the Tigres, who host Game 6 on Monday. Tristan Cote-Cazenave made 27 saves in defeat.

SCREAMING EAGLES 4 ISLANDERS 3

CHARLOTTETOWN _ Mitchell Balmas capped a four-goal second with the eventual winner at 16:27 of the period as Cape Breton took Game 5 from the Islanders for a 3-2 edge in its first-round set.

Shawn Boudrias, Shaun Miller and Derek Gentile also scored while Kevin Mandolese turned aside 32 shots for the

Screaming Eagles, who host Game 6 on Sunday.

Nikita Alexandrov struck twice and Kevin Gursoy had the other Charlotte-town goal. Matthew Welsh made 21 saves in a losing cause.

HUSKIES 7 CATARACTES 3

SHAWINIGAN, Que. _ Rafael Harvey-Pinard scored three times and Peter Abbandonato chipped in with four assists as Rouyn-Noranda toppled the Cataractes for a 3-2 first-round series lead.

Joel Teasdale, Felix Bibeau, Louis-Filip Cote and Patrik Hrehorcak also scored for the Huskies, who host Game 6 on Monday. Samuel Harvey made 18 saves for the win.

Jan Droz supplied all three goals for Shawinigan. Antoine Coulombe combined with Justin Blanchette for 37 saves in defeat.

Canadian Women's Hockey League going out of business

The Associated Press

The Canadian Women's Hockey League will discontinue operations on May 1, the league announced Sunday.

A week after the Calgary Inferno won the league championship and hoisted the Clarkson Cup trophy, the CWHL said in Toronto that the 12-year-old league will discontinue operations May 1.

"Unfortunately, while the on-ice hockey is exceptional, the business model has proven to be economically unsustainable," the league said in a statement.

The CWHL was founded in 2007, and had six teams in North America and China this past season.

The league included national team players from the United States, Canada, Finland, Japan and China.

"I'm heartbroken at the news of the #CWHL folding," Calgary Inferno forward Brianne Jenner said on Twitter.

"Hard to process this after our most successful season to date. Thank you to the builders, players, coaches, GMs, fans that made it possible for 12 seasons. We will rebound from this."

Sami Jo Small, who co-founded the league in 2007, was hired as general manager of the Toronto Furries last summer.

"I have no idea what this means for the future, but this is heartbreaking," Small tweeted. "We will work hard to ensure there is still women's hockey in

Toronto."

Inferno forward Blayre Turnbull and Les Canadiennes de Montreal forward Marie-Philip Poulin posted identical reaction on Twitter:

"This morning we were informed the #CWHL is folding. As players, we will do our best to find a solution so this isn't our last season of hockey but it's hard to remain optimistic. #NoLeague."

The CWHL operates like the MLS in that the league owns the team. Former player Jayna Hefford was appointed interim commissioner last year when Brenda Anders stepped down.

The CWHL began paying its players' salaries in 2017-18 ranging from \$2,000 to \$10,000, out of a total budget of \$3.7 million.

The addition of two expansion teams in China that season _ since combined into one _ was believed to have added significant dollars into the CWHL.

But the CWHL lost a major financial backer in November when longtime supporter Graeme Rouston withdrew the sponsorship of his venture capital firm Rouston Capital.

And the new coach of the Chinese women's team hinted recently that he hopes the players soon won't have to travel internationally to develop into better players.

"I think the biggest goal now is to have a league or some competitions here in China where we can play good games," Jakob Kolliker told China Daily.

"It's important for the future."

Death



**Walter ARNOTT
(1933 – 2019)**

On Thursday, March 28, 2019, Walter, loving husband of Pierrette (Legendre) and father of three, passed away in Brossard at the age of 85.

He leaves behind his two sons, Glenn (Louise) and Russell (Sharon), and he was preceded in death by his daughter Jo-Ann (Dave) and his sister Kathy Arnott. He is also survived by his grandchildren, Pamela (Gilles), Philip (Marie-Eve), Devin, Trevor (Josephina), Kelly (Patrick) and Samantha, his great-grandchildren, Alexia, Maxime, Victoria, Tiernan, William and Maeve, his aunt Elsie Kerr and many dear friends and relatives.

The visitation will take place at

Résidence Funéraire Steve L. Elkas
4230, rue Bertrand Fabi
Sherbrooke
819-565-1155
www.steveelkas.com

on April 3, 2019 from 2:00 p.m. to 4:00 p.m. and 7:00 p.m. to 9:30 p.m. and on April 4, 2019 from 9:00 a.m. to 10:45 a.m. The funeral service will take place in the chapel at 11:00 a.m. following the viewing.

Donations in Walter's memory can be made to the charity of your choice.

STEVE L. ELKAS FUNERAL HOMES
4230 Bertrand-Fabi, Sherbrooke QC
info@steveelkas.com

PHONE: 819-565-1155
FAX: 819-820-8872
www.steveelkas.com

Death



**Linda Ann CORK
(née Lasenba)**

Peacefully, at home, after an 11-year battle with cancers;

Linda Ann Cork (née Lasenba) passed away on Wednesday, March 27, 2019. She was a loving wife to her predeceased husband William Cork and loving mother to Spencer Berwick (Julie) and Kim Berwick-Manderson (Pat). Predeceased by her son Dexter Berwick. Survived by her stepson Ivan Cork (Penny). Cherished "G" to Tyler and Connor Manderson, Patrick Berwick, Ryan, Kyle and Kevin Cork and Tyler Kinnear. Survived by her brother Robert Lasenba and predeceased by her brother Roderick. Linda will be sadly missed by her nieces and nephews.

Family and friends are invited to visit the Cass Funeral Home, 50 Craig St., Cookshire, QC on Thursday, April 4, 2019 from 6:00 p.m. to 8:00 p.m. Interment at a later date in the Bury Cemetery.

Those who wish may make a memorial donation to Linda's favourite charity and love of cats, Furry Tales Rescue.

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FAX: 819-564-4423
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Datebook

MONDAY, APRIL 1, 2019

Today is the 91st day of 2019 and the 13th day of spring.

TODAY'S HISTORY: In 1826, Samuel Morey received the patent for the first internal combustion engine.

In 1945, Operation Iceberg began as U.S. troops landed on the Japanese island of Okinawa.

In 1970, President Richard Nixon signed the Public Health Cigarette Smoking Act, which required the surgeon general's warning on tobacco products and banned cigarette ads on radio and TV.

In 2011, a mob protesting the burning of the Quran attacked the United Nations compound in Mazar-i-Sharif, Afghanistan, causing the deaths of 13 people.

TODAY'S BIRTHDAYS: Otto von Bismarck (1815-1898), German political leader; Edmond Rostand (1868-1918), playwright; Sergei Rachmaninoff (1873-1943), composer; Milan Kundera (1929-), author; Debbie Reynolds (1932-2016), actress; Ali MacGraw (1939-), actress; Samuel Alito (1950-), Supreme Court justice; Rachel Maddow (1973-), TV personality; David Oyelowo (1976-), actor; Asa Butterfield (1997-), actor.

TODAY'S FACT: Two monumental innovations in meteorology occurred on April 1: In 1875, Francis Galton published the first newspaper weather map; in 1960, TIROS-1, the first weather satellite, was launched from Cape Canaveral, Florida.

TODAY'S SPORTS: In 1985, the eighth-seeded Villanova Wildcats defeated the top-seeded and heavily favored Georgetown Hoyas 66-64 in the NCAA championship game.

TODAY'S QUOTE: "You can't measure the mutual affection of two human beings by the number of words they exchange." – Milan Kundera

TODAY'S NUMBER: \$880 billion – value of Apple Inc. in March 2019. The company was founded in Cupertino, California, by Steve Jobs, Steve Wozniak and Ronald Wayne on this day in 1976.

TODAY'S MOON: Between last quarter moon (March 27) and new moon (April 5).

retinoids to build collagen and constrict blood vessels. Whatever approach you choose, it's important to be realistic. You'll be managing the condition, not reversing it.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

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Genetics play a large role in under-eye circles



ASK THE DOCTORS
By Eve Glazier, M.D.,
and Elizabeth Ko, M.D.

well.

While typically not a health issue, dark areas around the eyes can be aging, and they can make someone look tired or ill, even when they're healthy and fully rested. Our faces are our calling cards to the world. Research shows that within the first few seconds of meeting someone, even before a word has been spoken, we're unconsciously forming first impressions based on the way the other person looks. It's not surprising that, despite being benign, dark circles are unwelcome.

When it comes to the cause, there are a few broad categories. One is something known as genetic hyperpigmentation. That is, due to genetics and heredity, the skin beneath or around the eyes is actually a darker hue. Other factors that can lead to changes in pigmentation include sun exposure, allergies and allergic reactions, certain medications and hormonal changes, to name just a few.

Another reason for the appearance of dark circles is that the underlying blood vessels are becoming visible. This can occur when the skin in the area becomes thinner, which happens as we age. Another potential cause is that the blood vessels under and around the eyes have become dilated. Not only does this make them more easily visible, but the blood in the area can pool or leak out,

adding to the illusion of darker pigmentation. Poor diet, chronic lack of sleep, excessive use of alcohol or tobacco, physical exhaustion, poor circulation, certain medical conditions and allergies can all contribute to, or exaggerate, this effect.

In some people, the physical structure of the eye area can also play a role in dark circles. Whether it's the result of aging, genetics or even weight loss, some people have a depression around the eye sockets. These can cause shadowing that reads as dark circles.

Reversing the appearance of dark circles isn't easy. Treatment options for genetic hyperpigmentation include the use of concealers, lightening creams, chemical peels and laser therapy. For dark areas not due to genetics, changes to lifestyle and behavior may be helpful. These include getting enough sleep. (Your whole body will thank you.) Avoid added salt, which contributes to swelling that can make dark areas more pronounced. If you have allergies, take steps to treat them. Avoid rubbing your eyes, which stretches and stresses delicate tissues and can cause inflammation and capillary damage.

The application of a cold compress can counteract dilation in the under-eye area. Also available are a range of creams that contain vitamin C, caffeine and

Dear Doctor: I'm a white man in my mid-40s, and I have significant dark areas under and around my eyes. I feel awkward inquiring about this, but people stare and judge, and I've become self-conscious. What is the cause? Can you offer any advice on how to lessen these dark areas?

Dear Reader: Ask any dermatologist, and they'll tell you that dark circles under and around the eyes are a common concern among their patients, men and women alike. We field a lot of questions about them in our practices as

Learning a language

Dear Annie

MONDAY, APRIL 1, 2019

Dear Annie: I love learning languages. I grew up with immigrant parents who spoke their native language to me, and I studied another language in high school. I'm also a native English speaker. I wouldn't say I'm trilingual, but I can get by in those two languages I've learned aside from English.

The thing is that learning those languages was easier than it is to learn languages now that I'm out of school. I learned my parents' language as a child, when the human brain's plasticity is at its maximum and learning new languages is easiest. And the other language I learned while in school; I essentially didn't have a choice but to show up to class and learn the language.

Now learning a new language requires self-discipline. No outside force is going to help me learn another language. I'm not sure I have the discipline, but I really would like to learn another language or two. Any tips? — Lazy Linguist

Dear Lazy Linguist: School is always in session on the internet. And in many cases, tuition is free. Check out the website Duolingo, and visit your local library to see whether it has a Rosetta Stone subscription. Software solutions aside, one of the best ways to practice and learn a new language is simply to speak with people in it. Once you've gotten on track learning the basics of a new language, check out Meetup to find a group in your area that speaks in that language.

It's wise of you to take such an interest in learning new languages, as it can be a big boost to your brain. Researchers at Penn State University found that bilingual people are better at multitasking, and researchers at the University of Chicago found that bilingual people tend to make better, more rational decisions when speaking in their nonnative tongue, presumably because they're forced to think in a more deliberate way. Though you're already nearly trilingual, it stands to reason that you could reap more of these benefits with each new language you learn. And though it might be more challenging to pick up a new language as an adult than as a child, it's by no means impossible. See the article titled "A critical period for second language acquisition," published last year in the journal *Cognition*, if you'd like to read more about that.

Dear Annie: In regard to the letter from "Polite Guy," I have to side with the former hippies and their daughter on this one.

The other day, I was delivering some books to the local high school. At one point, I was standing in front of a door with a 2-foot stack of books in my arms, trying to figure out how I was going to open the door. More than a dozen kids walked around me. Finally, one kid opened the door for me.

I didn't think that was a matter of good manners. I thought it was a matter of common decency — with a little bit of awareness of what's going on outside your own skin thrown in. There shouldn't have to be a "rule" to get a kid to help an old lady who can't open the door because she's carrying a stack of books.

I value kindness, sincerity and consideration, not

good manners. — Judy G.

Dear Judy: I don't espouse etiquette as a set of iron-clad rules that we all must follow for fear of punishment; to me, "having good manners" often just comes down to being a good person. But perhaps we're splitting hairs here. Whatever one wants to call the everyday decency we show one another, here's hoping for more of it.

Dear Annie: I have a 75-year-old uncle who recently retired. "Hal" always had the best of everything — beach house, private schools, new cars, etc. After retirement, he sold real estate and proceeded to get into tax trouble. He declared bankruptcy after his attorney advised him to do so in order to stop the penalties and interest. He has refinanced his home but still owes the IRS nearly \$20,000. He supports several family members on his pension and his deceased wife's pension.

He asked me whether I could ask my father-in-law, who owns several commercial properties, for a loan of \$20,000. My father-in-law doesn't know Hal. (They briefly met at our wedding a few years back.) Of course, my father-in-law said "no" to that request.

When my husband suggested to Hal that it was time to bring his responsible adult children into the conversation to go over his finances, he didn't want to involve them. And Hal has sworn my husband and me to secrecy, making us promise not to tell my dad (his brother).

On one hand, I feel bad that he is having to go through this, particularly at his age. On the other hand, I feel that he has made this mess and should have to deal with the consequences, as he still supports two deadbeat children and a grandchild.

How can I handle this situation without damaging our relationship? Should I try to assist with his finances, and if so, how? — Stumped in Shreveport

Dear Stumped: Both of your "hands" hold valid points. It is unfortunate that your uncle is in this situation; it's also his doing and his responsibility to undo. You are not obligated to bankroll his ongoing bad judgment. If your not bailing him out were to end up damaging your relationship, it wouldn't be you who did the wounding.

If you'd really like to provide some financial assistance and it's within your means, go ahead — but proceed with realism. Don't expect to have control over how he uses the help. Though you could try to counsel him on what to do with the money and encourage him not to dole it out to freeloading relatives, there's a good chance he would. As Lord Byron said, "the best prophet of the future is the past."

Dear Annie: You showed sympathy to "Lost Without a Clue but Still Praying," the woman who has health issues and is on a tight budget but whose wealthy sister-in-law doesn't help financially. It may be understandable that she is upset, but her sister-in-law is not responsible for her. We are all accountable for only ourselves.

Expecting others to bail us out is ridiculous and entitlement at its finest. — Self-Respect Is Worth More in MA

Dear Self-Respect: Financial help is a wonderful thing to give, but it's a terrible thing to expect. Your letter dovetails perfectly with the above letter from "Stumped in Shreveport," so I'm happy to be able to print them in one column.

Dear Annie: In a recent column, you said that humans evolved to "get all the vitamin D we need from the sun." Vitamin D does not come from the sun. The body manufactures a cholesterol derivative that is converted to vitamin D when exposed to ultraviolet light. It's a common misconception, of course, but no less important in the interest of accuracy. — Dr. John F. Hertner, emeritus professor of biology, University of Nebraska Kearney

Dear Dr. Hertner: I'm printing your letter to note the nuance. Thank you for the lesson. I'm always grateful to hear from professors.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

6				9	1		7	
					5	4		
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4/1

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PREVIOUS SOLUTION

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7	9	2	1	4	5	6	8	3
9	1	7	5	8	6	3	2	4
4	2	6	9	1	3	5	7	8
8	3	5	7	2	4	1	6	9

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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CELEBRITY CIPHER

by Luis Campos

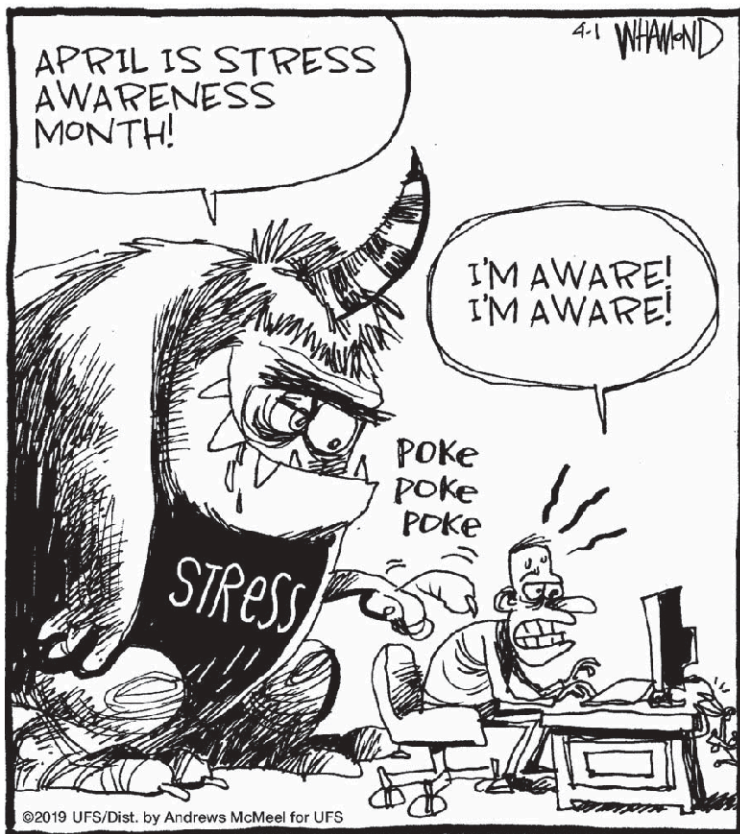
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"HG AHKWAYKMANY HKJVI HV TDH KY
KYB HKJVI HV K ONNE; AM WAPVI HV
KEE MTV XNFEB, KYB VLAEVI HV OFNH
AM." — DFIDEK J. EV WDAY

Previous Solution: "There was a dreamer in him (Freddy Mercury). He wanted to make music till the day he died." — Rami Malek

TODAY'S CLUE: A sjenba d

REALITY CHECK

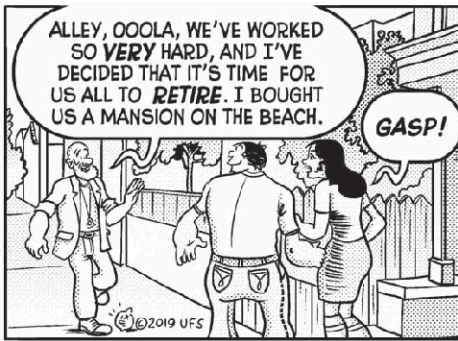


HERMAN



"Dad, which part of the chicken is the noodle?"

ALLEY OOP



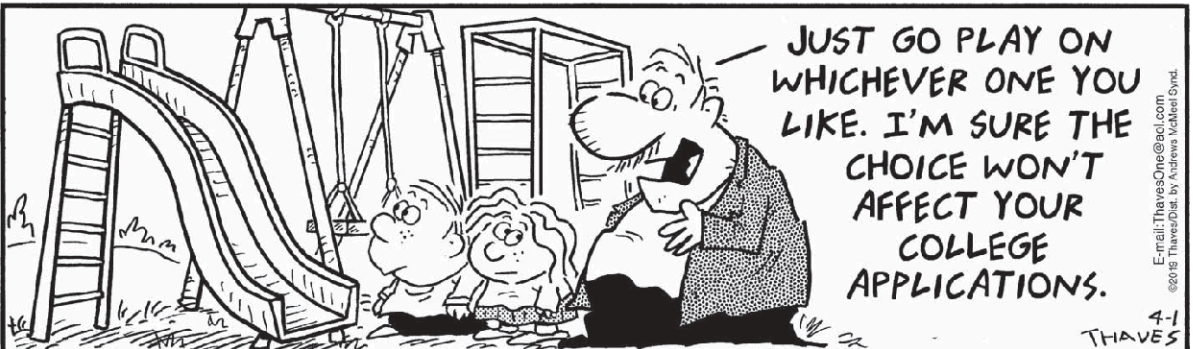
ARLO & JANIS



THE BORN LOSER



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The Village Newsletter

As March moseys along...



Shrove Tuesday Pancake Bar



St. Patrick's Leprechaun Races

What a whirlwind of a month! Amidst all the melting, freezing and winds, Grace Village was abuzz with promises of Spring. Residents and staff alike began discussing their excitement for being outdoors in the gardens this coming summer. We celebrated alongside the Irish with an Irish Sing-Song, Green Irish Coffee, Life-size Leprechaun Races, and homemade door decorations for St. Patrick's Day. Our first Diner Day was a success as we enjoyed a 1950's diner experience with upbeat music, décor, and a traditional diner meal of hotdogs, french fries, root beer, and ice cream sundaes. In our BCS Bridges program, we continued working on our group art and reminiscence project based on the topic "Home" and we heard many stories and input on what Home means to different generations. The Spring sun welcomed us to our Spring High Tea where we laughed together while enjoying raspberry scones and a sip of warm tea. Everyone's "favourite" season, tax season, was in full swing and we were fortunate to learn more about tax and financial planning at our Resources for Seniors Seminar. Our biggest events of the

month filled the Grand Hall with upbeat dancing, laughing, and large groups of people enjoying delicious treats! First, we enjoyed a Birthday Bash with musical guests Ann & Herb and celebrated the six residents with March birthdays. The following week we welcomed a large group of friends and family for our second annual Maple Sugar Celebration where we danced the day away to traditional country tunes and indulged in sugar on snow from Parkside Ranch, the benefits of which went to their camper scholarship program! We love events that combine fun with positive community impact! Finally, we said farewell to a valued member of our Recreation & Leisure team Danica (who is off on the adventure of maternity leave with her soon-to-be baby boy, whom we all cannot wait to meet), and we welcome Danielle as a new part of our team! Together we cannot wait for all that April will bring!

Spring High Tea

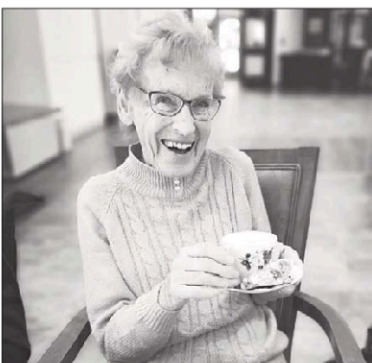


We welcome April with open arms!

We are holding tight to the adage "April showers bring May flowers" this month! We are turning our activities to reflect the changing weather with activities like propagating flowers, indoor lawn games, and National picnic day. Easter festivities will be a big part of the month as we welcome children and grandchildren for an Easter Egg Hunt in the garden, celebrate with several different church service options and take part in a few crafty endeavours! A group from Word of Life New York will be here to lead a hymn sing later in the month, and as always, we welcome our lovely musicians for music activities like Joanie & Friends, Beth & Friends and more! Our Resources for Seniors Seminar this month will focus on "Caring for the Caregiver" and how we can all offer support and resources to caregivers both in a home and community setting. Residents will be eagerly awaiting the birth of Danica's baby to see if they have won the contest about which day the baby will be born (bonus points for guessing the correct weight and height!) All in all, April promises to be a delightful month filled with both familiar and new activities to try, and I am sure there will be smiles, laughter, good food, and a good time had by all.

Special events and activities

- April Fool's Day - April 1st
 - Grace Giving Back - April 2nd
 - Fishing for Jokes - April 2nd
 - Daffodil Delivery Day - April 3rd
 - Visit w/Becky the Dog - April 3rd
 - Grow some Morning Glory's - April 9th
 - Tie-Dye Activity - April 10th
 - Grilled Cheese Day - April 12th
 - Family Easter Egg Hunt - April 13th
 - Easter Craft - April 16th
 - Minute to Win it - April 16th
 - Resourced for Seniors Seminar: Caring for the Caregiver- April 30th
 - Birthday Bash - April 17th
 - Maundy Thursday Service - April 18th
 - Good Friday - April 19th
 - Good Friday Service - April 19th
 - Easter - April 21st
 - National Picnic Day - April 23rd
 - Trivial Pursuit - April 23rd
 - Indoor Lawn Games - April 23rd
 - Hymn Sing - April 24th
 - Senior's Luncheon - April 25th
 - Mad Libs - April 30th
- Check out the calendar and daily activity boards for all the additional weekly and bi-weekly activities!



For information, or to learn how to volunteer at Grace Village, contact the Recreation & Leisure Department 819-569-0546 ext. 5007 & 5008, drobertson@masscom.ca, kpyle@massom.ca



THE RECORD

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NEA Crossword Puzzle

ACROSS

- 1 Arab leader
- 5 Pallet
- 8 Food steamers
- 12 Nerve network
- 13 NW state
- 14 Territory
- 15 Ego
- 16 Ache soother
- 18 Inelegent solution
- 20 Locate
- 21 Compass pt.
- 22 Tempe inst.
- 23 Eucalyptus eater
- 26 Ants' morsels
- 29 Motives
- 30 Harness
- 31 TV band
- 33 Speed off
- 34 Slow pitches
- 35 Tiny jumper
- 36 Prized statuettes
- 38 Stall
- 39 Use sparingly

40 Web

- address
- 41 Fair offering
- 43 Turn into bone
- 46 Store up (2 wds.)
- 48 Third-quarter tide
- 50 Diviner
- 51 Also not
- 52 French I verb
- 53 Belief systems
- 54 Almost-grads
- 55 Thrilled

DOWN

- 1 Uh's kin
- 2 Gentle
- 3 "— cost you"
- 4 Makes a pit stop
- 5 Hull's bottom
- 6 Falco or Sedgwick
- 7 Aykroyd or Marino
- 8 Moolah
- 9 Two-color cookie

Answer to Previous Puzzle

W	O	K		R	A	H	S		A	D	A	M		
E	K	E		E	P	E	E		D	O	D	O		
L	A	P		I	O	W	A		M	U	D	S		
L	Y	I	N	G					N	O	I	S	E	S
				A	N	A			B	R	E	D		
Z	I	T	I		R	E	N	E	E					
E	V	I	L		S	L	A	Y		Y	I	P		
N	Y	C		J	O	I	N		M	O	A	T		
				C	O	N	A	N		I	N	N	S	
				N	I	L	E		Y	I	N			
B	A	R	E	L	Y				V	I	A	L	S	
A	V	E	R		E	C	H	O		D	I	P		
B	A	N	K		L	A	I	R		Z	E	E		
A	L	E	S		P	R	E	Y		E	N	D		

- 10 Super-man's alias
- 11 Grabbed a chair
- 17 Newsstand buy
- 19 Double helix
- 22 Scroll cabinets
- 23 Utility bill abbr.
- 24 Columbus' state
- 25 Votes in favor
- 26 Ears of corn
- 27 Wall Street optimist
- 28 One-time Queens ballpark
- 30 Yesteryear
- 32 Ms. Wray
- 34 Bodies of water
- 35 Lions and tigers
- 37 Fragrant trees
- 38 AMA members
- 40 Exploiters
- 41 Wishes undone
- 42 Particular
- 43 Smell
- 44 Big party
- 45 Wild tale
- 46 Tire pressure meas.
- 47 Connections
- 49 Hamster, maybe

Your Birthday

MONDAY, APRIL 1, 2019

Change can be good if you go about it the right way. Take baby steps and pay close attention to detail. Making plans and gathering information will help minimize mistakes and setbacks. Know what you are up against before you start something new. Caution is your best protection.

ARIES (March 21-April 19) — Protect your personal information. Don't play with fire when dealing with financial matters. Bide your time and make decisions and changes based on facts.

TAURUS (April 20-May 20) — Take your time. The harder you press to get things done, the longer it will take. If you let things unfold naturally, everything will fall into place.

GEMINI (May 21-June 20) — Knowing what you want will be half the battle. If you hesitate or give someone the upper hand, you should expect to be left behind. Focusing on your goal should be priority No. 1.

CANCER (June 21-July 22) — Don't wait for someone else to do things for you. Be the master of your destiny and take pride in what you do. Partnerships will work only if you can maintain equality.

LEO (July 23-Aug. 22) — Emotional spending will get you into trouble. You cannot buy love and you shouldn't feel that you must impress others. Just be yourself and do your own thing.

VIRGO (Aug. 23-Sept. 22) — A change will do you good. Distance yourself from your troubles to help put situations in perspective. Don't let anger turn into a costly mistake.

LIBRA (Sept. 23-Oct. 23) — Put more thought into your relationships and how you can improve emotionally taxing situations. Surround yourself with supportive, positive people and you'll do better in all walks of life.

SCORPIO (Oct. 24-Nov. 22) — Express your thoughts and ideas with someone who shares your goals. A positive change to the way you live and with whom you associate will lead to personal success.

SAGITTARIUS (Nov. 23-Dec. 21) — It's up to you to bring about positive change. If you let someone dictate what you can and cannot do, you will end up having regrets. Be a leader, not a follower.

CAPRICORN (Dec. 22-Jan. 19) — Look at all your options and choose what's doable. If you take on too much, you won't be satisfied with the results. Set a goal and stick to it.

AQUARIUS (Jan. 20-Feb. 19) — Rely on methods that have worked for you in the past. Make adjustments at home that will help you reach your goals. Arguing will be a waste of time.

PISCES (Feb. 20-March 20) — Take a break and rethink your next move. Call on people who owe you a favor or can help you reach your goal. A joint effort will lead to greater opportunities.

MONDAY, APRIL 1, 2019

The exceptions prove frustrating — no joke

By Phillip Alder

Scott Adams, the creator of the Dilbert cartoon, said, "The amount of energy spent laughing at a joke should be directly proportional to the hierarchical status of the joke teller."

Sounds a tad sycophantic. Today, when some like to play practical jokes, let's have a deal that goes against the usual counsel. What should West lead against four hearts?

The South hand has only five losers: one spade, one heart, one diamond and two clubs. That is the number for an immediate jump to game after partner gives a single raise. South hopes North does not have wasted values opposite his singleton.

The normal advice when you have four trumps is not to gain ruffs, but instead to make declarer ruff something to bring his trump length down to yours. (Maybe that is why this deal does not fit the mold — declarer has six trumps, not five.)

If West leads a club, South wins with his ace, ruffs a club on the board, plays a diamond to his hand, ruffs his last club and leads dummy's third trump. West may win and play his remaining

North		04-01-19	
♠	Q 7 6 4	♥	8 5 3
♦	A 9 7 4 3	♣	Q
West		East	
♠	A 5 3 2	♥	K J 9 8
♥	A 10 9 4	♦	J 10 8 5
♦	6	♣	K 10 9 6 4
♣	J 7 3 2	South	
		♠	10
		♥	K Q J 7 6 2
		♦	K Q 2
		♣	A 8 5
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1♥	Pass	2♥	Pass
4♥	Pass	Pass	Pass
Opening lead: ??			

club, but declarer ruffs, clears the trumps and claims. He loses only one spade and two hearts.

Now let West lead his singleton. Suppose South wins in his hand, cashes the club ace, ruffs a club and leads a spade from the board. East wins the trick and gives his partner a diamond ruff. Then West cashes the heart ace and continues with his last trump. Declarer must lose one spade, one heart, one club and the diamond ruff.