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The Canadian Federation of University Women Sherbrooke & District awarded a Total of \$6,000 in Scholarships to nine Students



Presentation of scholarships, left to right, Lisa Marie Couillard, Suzanne Tremblay, Director, VEC; Angie Bonin, Nadine Griffin

The Canadian Federation of University Women Sherbrooke & District AGM/Awards Dinner was held recently at L'Hôtel Le Président

in Sherbrooke. The CFUW Scholarships Foundation gave nine awards totalling more than \$6,000.

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A Townshipper Perspective on Identity

On the occasion of making a new acquaintance, whom do you introduce yourself as? A mother? A father? A Canadian? A Quebecois?

How about trying,
"An English-speaking Townshipper?"

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History of the Bury Branch #48 of the Canadian Legion

by Nina Rowell

September 2006 will mark the 73rd.

anniversary of the Bury Branch #48 of the Royal Canadian Legion. This branch of the British Empire Service League, as it was first called was formed in September 1933, as the result of a meeting held in the Bury Town Hall, on the 16th of that month. There was a large attendance of returned men from

Sherbrooke, Cookshire, Bury and vicinity.

This meeting was chaired by Major W.W. Foote, who explained the objectives of the Legion. Twelve new members joined, and seven members of other branches transferred to this new branch.

The new members were William W.

Stormont, James W. Cook, Theodore Anderson, Wells A. Bishop, Alfred Charlebois, Alvin Coates, Malcolm M. MacLeod, Thomas S. Kerr, William Strapps, Leslie Kane and William White. Members transferred from other branches were; Herbert Keynes, Charles V. Smith, H. H. Robinson, Fred

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Thompson, Peter
Petit, Stanley
Semple, Herbert H.
Scowen and Clifford
Gaulin,

The following officers were elected at this meeting;- President, Comrade Herbert Keynes, 1st. Vice-President, Col. H.H. Robinson, 2nd. Vice-President - William Stormont, Secretary, Charles Smith, Treasurer, William Strapps, and Pension Advisor, - Abel Whitehead.

At the close of this meeting, a hearty lunch was served by Sergeant Cook and others, followed by musical selections and God Save the King. Another meeting was held later that month when plans were made to hold an Armistice Service. Assurance was given by Col. H.H. Robinson, O.C, of the 7th Hussars, that the Regiment would co-operate with the Legion in every possible way. The Armistice Parade and band to march from the Armoury to Cathcart's Store. The Guards of Honor were Thomas Kerr, William Stormont, and James Cook; Color Sergeant, Charles Smith, Officer in Charge - Major Stanley Semple and Officer in Charge of Parade - Col. H.H. Robinson;

Placing of Wreath - Fred Thompson, and Reading of Names - Col. George Beard.

The Branch closed that year with a bank balance of \$25.00. At one of the meetings that year it was brought to the members' attention by Comrade Abel Whitehead, that over 120 boys from the district had signed up during the war.

The following year, 1934, Art James' Orchestra was hired to play for a Legion Dance. A Roast Beef dinner was put on by the Bury Women's Institute for Armistice Day for 40 cents per plate. Christmas boxes were packed for veterans' children. \$1.50 was paid to a Mr. MacDonald and \$1.00 to Hector Gagne for supplying music for their New Year's Dance. That year they paid a per capita tax on 30 members.

In 1935, with Hubert Lawrence as President, they held a Church Parade and visited the cemeteries on June 2nd. On July 1st, they entered a float in the parade, "Lest We Forget", which won first prize of \$17.00, They supplied eyeglasses for a needy veteran. Their Armistice Dinner cost \$20.00 for 60 plates, catered again by the Bury W.I.

In 1936, veterans attended a joint Memorial Service for King George V. at St. Paul's Anglican Church. The Bury Corn Huskers were asked to play for the Armistice Dance, but members felt their fee of \$5.00 too much, so the Amusement Committee was asked to look around for a better bargain. As a result, Clifford Harrison and Lyle Herring were hired for \$1.00 each. Meetings were held on Saturday nights.

A Reunion of the Eastern Townships Battalion was held in Bury in 1937, with Herbert Keynes as president. Admission for the Armistice Dance was 25 cents for the gents. The cost of the banquet was 35 cents each. That year the Ladies' Auxiliary was formed. The year ended with a financial balance of \$15.44 and 26 members in good standing.

In 1938, another church parade and grave decoration service was held in June. As many of the members came from Scotstown, were held alternately with Scotstown, and dues were \$1.00 per member.

At the outbreak of war in 1939, a national survey of veterans was made .

Returned men were issued passes by the City of Sherbrooke for King George VI and Queen Elizabeth's visit. Due to the outbreak of war the Armistice Banquet was dropped. but the usual parade was held. Army guards were placed at the Armoury.

The branch was reorganized in November 1943, eleven members paid dues and Herbert Keynes continued as president. On July 1st., the following year, a dance was held at Ibrey Batley's Willowdale, the proceeds were \$202.00. The care of Memorial Park was turned over to the Legion, with representatives from the Legion, the Municipal Council and Bury Citizens. Swings were installed and the Memorial Gates and the Bandstand were repaired. Victory Bonds were purchased in the 7th Victory Loan Campaign.

Following the end of World War II, a petition was drawn up to build a Legion Hall, a Legion Seal was purchased and a Cenotaph was erected at Scotstown.

Presidents during the following years included Howard

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Our English-speaking community has gone through waves of identity crisis. Often, we have felt ourselves to be under attack and rather than stand up with our identity, it was easier to go elsewhere or be as quiet as possible. We were embarrassed when an English-speaker spoke a bit too loud or was bold about being part of the English-language minority community. Yes, there are occasions that silence may be the better part of valour but many of our French-speaking neighbours are understanding, open and willing to not only support our requests for English-language services but are interested in taking participating in our community.

The English-speaking community depends on our ability to clearly state who we are, take ourselves in hand and move forward. If we are going to be successful in ensuring long-term viability, we must acknowledge who we are. For me, an essential part of my identity is founded on the reality of being an English-speaking Townshipper.

Do not confuse 'identity' with 'label'. A label defines and restricts; identity provides a foundation upon which all else can be built. A shudder runs through me whenever I am labelled Anglophone. For me,

Anglophone implies British ancestry and while much of my genetic make-up may have originated in the British Isles, my identity is far more than the sum of any English, Irish, Scottish, Welsh or other blood coursing through my veins. Yes, I speak English. But my identity as an English-speaking Townshipper is much broader than merely Anglophone. My community includes any individual who communicates in English and chooses to be a member of the community.

A shared identity does not require that we like everyone within our community, nor does it require that we only affiliate with members of our community. In fact, our identity can be further defined and enriched when we interact within the larger French-speaking community in which we reside. Being clear about ones identity should not be to the detriment of our neighbour. It is not being rude nor is it being arrogant. Our identity is a baseline for interaction with all those around us.

And there is something rather particular about identity. Unlike our skin colour, bone structure or finger prints, whether we accept or modify our identity, is entirely up to us. WE create the stories of our life. We decide which tales to tell others about

ourselves and ultimately, we choose who we are. We need to choose to be members of the English-speaking community and take pride in that choice.

Do you remember the cool kids back in high school or elementary school? It didn't matter what they were wearing or what game they were playing, they were still the cool kids. No one questioned their status and they KNEW they were cool. So here's a thought: We, the English-speaking commu-

A Townshipper's Perspective

By Nancy Beattie

nity of the Eastern Townships, are cool kids. We have an incredible heritage with ancestry extending back several centuries, rich cultural and artistic diversity, exceptional economic potential, youth who are completing school fluently bilingual and a great deal to contribute to the society in which we live.

It is time to quit doubting ourselves at every step of the way and, without treading on others, proudly identify ourselves as the English-speaking community of the Eastern Townships.



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Continued from page 1

Suzanne Tremblay, Director of the Vocational Education Centre of the Eastern Townships School Board, presented awards to three recent graduates, Nadine Griffin, who has become a Licensed Practical Nurse, Lise Marie Couillard, who graduated from the Welding and Fitting Program, and Angie Bonin, who graduated out from the Secretarial Studies Program. All three women returned to school to upgrade their skills after becoming parents.

Maya Prpic, Director of Champlain Regional College, presented Cora Loomis with the Award for an outstanding science student at Champlain. Cora graduated from Champlain College with an average of 90% and was involved in the photography club, helped with Expo-Sciences and acted as an ambassador for the college. She was nominated for the Leaders of Tomorrow award from the Townshippers' Association. Cora moves on to study Dietetics at McGill.

Sara Limpert graduated from Bishop's University with an Honours BA in Psychology, an additional major in sociology and a minor in criminology. Her honours dissertation received a certificate of excellence from the Canadian Psychological Association and she

University Women Award Nine Scholarships in Townships



Three scholarships winners from the University Women Sherbrooke District
Left to right: Emilie Pelchat, Amy Svolis and Jennifer Brodeur

intends to pursue a master's degree in Health Administration at Dalhousie University. Her community involvement includes being Vice-President, Academic Affairs, on the Students' Representative Council, acting as a student ambassador and peer helper, writing for *The Campus* newspaper, singing in the University Choir, playing varsity basketball, Recording Secretary and Vice-President of the Golden Key Society. Andrew Johnson, Dean of Social Sciences represented Bishop's University in awarding Sara the Eileen Healy Prize for Leadership.

Professor Patrick Healy, Eileen's son, teaches law at McGill University. He spoke about the importance of scholarships to women who want to improve their education. His mother has always believed that without scholarships, many

women would not have the successes they do.

.....
This year's recipient of the Marlis & Sigrid Wehr Mature Student Award was Emilie Pelchat, a single mother who has returned to school after several years. She graduates from Champlain Regional College in the Health Science Program, and plans to go on to the University of Sherbrooke in the fall. She aspires to attain a medical degree and hopes to become a general practitioner, possibly in a rural community.

Suzanne Phillips-Nootens, Vice-Dean of Research in the Faculty of Law represented l'Université de Sherbrooke and presented the Claire Heller-Heilig LLB-MBA Prize, an award funded jointly by the CFUW Sherbrooke & District and University of Sherbrooke. The 2006 recipient is Jennifer Brodeur. In addi-

tion to top academic marks, Jennifer contributed to university life as Class President and member of the Student Council in Law. She writes for the *Obiter* newspaper and has been involved with organizing Career Day. Jennifer also finds time to participate in team sports and tutor students in French language. She works part-time in a boutique to fund her studies and is presently completing a 'stage' as part of her degree.

The Diana MacKay-Kuilman Memorial Prize was presented by Jan Kuilman to two winners, Cora Loomis, who also received the Champlain College Science Prize, and Carmen Molinar. Carmen practiced Occupational Therapy in the Eastern Townships for many years, but curtailed and finally ceased her professional activities in order to be at home with her chil-

dren. She participated in many community-orientated activities during those years and then decided to return to work when her children grew older. She quickly realized that she had to up-date her knowledge and skills since the health-care system had changed dramatically during her absence. In the Fall of 2004, Carman enrolled full time in a masters program at the University of Sherbrooke. She believes that disability and illness may be reduced or overcome by enabling people to engage in meaningful activities. Her current research is to develop a better understanding of the quality of the lives of adults who are suffering from persistent pain as a result of an injury.

Finally, the Members' Returning Student Award was presented to Amy Svolis. Amy returned to studies full-time at the Université de Sherbrooke in the fall of 2005. She is now pursuing a PhD in cell biology and still manages to produce the news bulletin of the Canadian Federation of University Women.

An important goal of CFUW is the promotion of education. The Sherbrooke & District Club is proud to present these scholarships to the 2006 winners.

Our EGO - Friend or Foe?

by: Kathleen Ratigan

We all need to have a healthy ego to survive the onslaught of our daily lives, however, in spiritual circles the ego is identified as the "Earth Guide Only." I really like this definition because it puts the ego in proper perspective. The ego is all about "me, me, and me" and it is often the source of the constant chatter in our head. The ego relentlessly compares, judges, demands, whines and thrives on conflict. A healthy ego, though, understands the rules of survival and exists to guide our earth journey in safety by giving us the ability to protect ourselves and others from predators, bullies, and any threat to our survival. Our ego can also teach us how to navigate safely in a competitive world. Let's go to Webster's dictionary:
EGO: 1: THE SELF ESPECIALLY AS CONTRASTED WITH ANOTHER SELF OR THE WORLD. 2a: egotism 2b: self-esteem. 3: the one of the three divisions of the psyche in psychoanalytic theory that serves as the organized conscious mediator between the person and reality especially by functioning both in the perception of and adaptation to reality.

I met my ego head on through the voice of my first spiritual teacher over 25 years ago. He used to laugh at me when I got on my high horse and he had the uncanny ability to push every button I had. I remember his delight whenever I lost my temper and told him it was entirely his fault that I was angry and/or upset. It infuriated me when he firmly informed me that how I reacted to him was up to me and if what he was saying got my blood boiling, then go inside myself and find out why.

Believe me, it took some time to "get" the message and we sure had fireworks and ballistic missiles during the almost five years he was my guide. But he was right and as I understood that my reactions were ego based I learned a different way of responding and opened my ears and eyes to this fact. Meditation taught me to smooth out my personality, then I could open my higher mind, the part of me that is not judgemental or demanding, but that looks out on the world as a cool and objective observer, allowing the understanding that each one of us is struggling to learn, grow, adapt and survive.

I learned to stop taking everything personally, to stop imagining slights and hurts, to understand that my ego

was not to control my every thought, but that my higher or better self was to be in command. I liken my ego to an out-of-control two year old that without discipline would run amok through my being and make life into a war zone. An ego that is out of control can be spotted in a person who constantly criticizes others, thereby appearing to be better because they can find fault in everyone else except themselves! This is a person who is struggling for self identity by cutting off heads so he or she can appear taller.

Science states that we are only using about 10% of our brain capacity. Perhaps this 10% includes our ego at work so for those with an inflated ego, there is not much space left over for anything else. Learning to become "egoless" does not mean that we give up our personality, or our sense of identity, nor do we become a wimp or doormat. A well balanced human being takes comfort from having the ego firmly allocated to its proper role and no longer allows it to dominate our thoughts, words, and deeds. Our "Earth Guide Only" (EGO) can definitely be our friend once we understand its function but our foe if it controls our mind and attitudes and rules the roost, so to speak!

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Eckhart Tolle, author of "The Power of Now" has much to say on the ego. Following are excerpts from his book "Stillness Speaks", published in 2003: "Complaining and reactivity are favorite mind patterns through which the ego strengthens itself. For many people, a large part of their mental-emotional activity consists of complaining and reacting against this or that. By doing this, you make

others or a situation "wrong" and yourself "right." Through being "right," you feel superior, and through feeling superior, you strengthen your sense of self. In reality, of course, you are only strengthening the illusion of ego."

"The realm of consciousness is much vaster than thought can grasp. When you no longer believe everything you think, you step out of thought and see clearly that the thinker is not who you are."

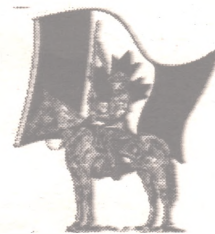


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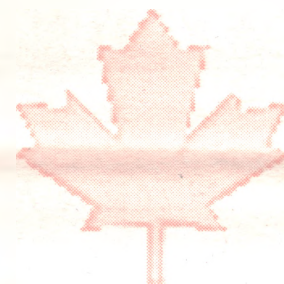
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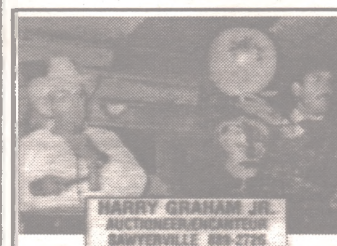
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A good law should have the willing support of those it serves. Yes, I said "serves" because that is what truly good law does - it serves the People rather than enslaves them. In Canada the cultural minority of lawful gun owners have been subjected to ever-increasing regulatory pressure for many decades at the hands of succession of governments from both ends of the political spectrum. We believe that the way a government treats its gun owners is a bellwether of how it will eventually treat all citizens. One has but to do a bit of geographic and historical study to see that this is true.

Please note that in what follows I have intentionally omitted mention of political parties. This is because the machinations of big government are by and large independent of the party in power. It is way past time that the arrogant, out-of-touch, bureaucratic monster of the federal government actually listened for a change to the people it hurts when it passes useless and unconstitutional legislation in its misguided attempts at social engineering.

A long time ago the federal government decided that the private ownership and use of firearms by anyone other than a government agent was a "questionable practice" that must be curtailed. Allan Rock, "came to Ottawa in the firm belief that only the police and the military should have firearms". He engineered the current Firearms Act and cynically and shamelessly used the horrible Montreal Massacre to get public support. We in the Responsible Firearms Community, armed with mountains of high quality research and historical data were labeled as "gun nuts", brushed aside, and ignored when we raised our very legitimate objections to a law that was being sold under false pretenses and would only eliminate our culture of safe and responsible firearms education and use, while not affecting the criminal element in any way. The thousands of hours on the range and in the class room that we devote to our lifestyle every year is viewed by the State not as evidence of dedication to the pursuit of excellence, but rather as a sign of flawed character.

We have seen our members attacked in their homes, their property ransacked, confiscated, and destroyed, their spouses, children, and employees terrorized at gunpoint by agents of the state. They have been dragged through the courts repeatedly by a foe that has the limitless pockets of the tax payer to draw upon to fund its assaults on our rights and freedoms. Innocent verdicts are appealed by the State, not because of any miscarriage of Justice, but because the State can't abide an honest citizen showing it up in court. Even when cleared of all charges, every obstacle is thrown in the way of the citizen's attempts to have his/her property returned intact. We see our government hiding its true intentions and activities from the people, not as a matter of national security or dire emergency, but as a matter of course. When it is finally forced to grudgingly release some information about the mistreatment of some hapless soul or wastage of precious resources, the State uses various loopholes to censor and withhold anything that might actually help us in our attempt to find Justice. We see the ongoing corrupt abuses of position and power by those we should expect to be above such

weakness as they purport to be leaders of our country. All the while this is going on, the gang bangers and other criminals continue their slaughter unaffected by the law, because the government has a policy of minimizing at all costs the jail time to be served by violent felons. Plea-bargaining, early mandatory release, dishonest sentencing, concurrent sentencing, and three-for-one time credits are but a few of the techniques our government uses to guarantee a fresh supply of criminals and victims to keep the wheels of the crime industry - - otherwise known by the misnomer of "Justice System" - turning. Rather than institute policies aimed at strengthening our society by strengthening its individual members (for example mandatory military or other public service after high school, and citizenship *earned* by such public service and not just freely gained by birth in Canada), we instead see everything possible done to render potential crime victims as helpless as possible. Rather than telling airplane passengers how to immobilize and detain violent threats to the aircraft, our government wastes its time and ours taking knitting needles away from grannies, then instructs fighter pilots to shoot us down if we are commandeered in the air. We have seen the death of the beautiful and heroic young woman in Vancouver which, investigation will undoubtedly reveal, is the direct result of her killer being out on the street despite a long litany of prior violent offenses. (23-year-old Rachel Davis was shot in the head by one of the gang-bangers when kind-hearted young woman tried breaking up a street fight outside a Gastown nightclub after 4 a.m. She saw a man on the ground being kicked by a group of men and she tried to intervene to stop them from seriously hurting the helpless victim.) We have had an ongoing slaughter of teenagers and young adults in Toronto and a mass killing of 4 cops in Mayerthorpe and the latest fatal shooting of 25 year old Const. Valerie Gignac in Laval, all by thugs out on the street after decades-long histories of violence and gun prohibitions.

Our government is attacking my culture and colleagues and has sold the idea to the non

support the gun registry?

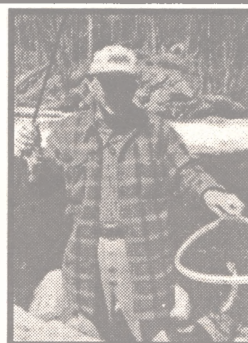
shooting public that we are the problem when it is the policies of the government itself that continue the tragic loss of life. All the while it continues to spend millions of dollars funding bigmouth lobby groups to tell it what a good job it is doing (Coalition for Gun Control, CPPA, Canada Safety Council, etc).

Do I sound angry? Damn right I am! For some reason my government has decided it can't have me around, this despite the fact that I have offered my life as a soldier in service to my country and I have never harmed anyone, but it can tolerate career killers out walking the streets and murdering our daughters. It has wasted over a billion dollars on long gun registry that is every bit as useless as the handgun registry that preceded it as a tool for curbing violence while it cries that there is not enough money to adequately fund our police and courts.

Recently here in Nova Scotia a man who shot a cop with a center fire rifle had the charge of "attempted murder using a firearm" magically turned into "discharging a firearm with an intent to endanger life". The result of this legal gobbledygook is that he gets a sentence of eight months (out in six - in direct contravention of the law which stipulates a minimum consecutive sentence of one year for a first time offense involving a firearm - three years for a second offense) while I can go to jail for ten years for the paper crime of not having a stupid registration card for every gun that I legally and harmlessly own. To finish up, let me again repeat what we gun owners have been begging our government for a long time: We do not want gun anarchy. We want a coherent system of gun laws that are constitutional, effective, appropriately targeted, enforced, and cost-effective. These laws must severely deter and punish the violent criminal and negligent abuses of firearms while promoting the widespread dissemination of firearms safety and knowledge. Above all they must be firmly based on unbiased evidence and undergo regular non-partisan review. Of course what is true of good gun laws is true for all laws. We remain willing to work tirelessly with any government or agency to achieve these goals. While the new federal government promises many positive changes, and while I would really like to believe what they say is true, we gun owners have heard it all before, to our disappointment but not to our surprise. Time will most definitely tell.

Dr. M.J. Ackermann, MD (Mike)

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Continued from page 2

History Canadian of Bury Canadian Legion

Ward, William Cook, John Luce, William MacDonald, Stanley Semple, and others. In 1950 a new War Memorial was erected in front of the Old Bury Town Hall, with the names of those who had paid the Supreme Sacrifice in both World Wars to be engraved on the front and those who have died since on the back.

In 1952, a building lot on St. Paul Street was purchased also the barn from the Anglican Rectory which was moved on to the lot, thus the beginning of the Bury Legion Hall. With the help of many through the years, through donations and activities many improvements were made to the hall, including the addition of a dance hall. Others who have served as president Robert Harper, Wiliam Harper, Martin Allison Clayton Allison, Fred Martin, Clayton Grey, Kenneth Tarrant, Ann Clark, Orvil Anderson and Herbert Rowell who is the current president. Many activities took place at the hall beside the regular meetings, i.e. dances, suppers, card parties, anniversary parties to mention a few.

In the fall of 1981, a Bingo permit was applied for, and weekly Bingo parties were held which continued for approximately 10 years, the proceeds from these were used to turn the dance hall part and the upstairs into three comfortable apartments. The original hall and the basement being reserved by the Legion for their meetings etc.

In September 1983, the Bury Legion celebrated their Golden Anniversary, which included a Church Service, Parade, Memorial Service at the Cenotaph, a Banquet and a dance. Invited guests included the Minister of veterans Affairs, Mr. Roland de Corneille from Ottawa, local members of parliament and our Silver Cross Mother, Mrs. Isabel Harrison, who lost two of her sons, Cameron and Argyle in the fall of Hong Kong.

Now in 2006, the Bury Legion, with a membership of approximately 50, continue with their rental income, supporting others as they go along, with only a few veterans left. They still organize Remembrance Day Parades, and the annual July 1st Parade. Last year, 2005, they observed the Year of the Veteran with a Social Evening and Banquet.

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Ornithologists have determined that hormonal changes in birds are triggered by increased length of daylight as spring progresses into summer. These powerful hormonal changes drive the birds through the frenetic reproductive cycle of courtship, nest-building, mating and rearing of young.

incubate their eggs for 2 weeks or less and the young are flight-worthy and out of the nest in about two to three weeks after hatching. Strangely, ruby-throated hummingbird chicks take about 4 weeks from egg laying before they are ready to leave the nest. Some species, in favorable conditions, will have 2 or

Ducks, nesting in the open or in tree cavities, incubate their eggs for about a month and then the female (with no help from the deadbeat male) spends a harried 6 to 8 weeks before the young are self-sufficient. Most of our common gulls are similar but fledging times tend to be a bit shorter.

extended study and observation period as the young grow and the adults come and go to feed them.

BUT DON'T GET TOO CLOSE!



The smaller birds (swallows, bluebirds, robins, red-winged blackbirds, chickadees and most warblers)

even 3 sets of eggs., and may build more than one nest. As many as 1000 separate flights may be required to construct a small nest!

Owls and hawks generally have an incubation period of about a month before the eggs hatch, followed by 5 to 6 weeks of hard work feeding the growing young before they are capable of flight from the nest. And then, even after all that, the adults must train the young birds to hunt to survive. Osprey (7-8 weeks) and eagles (10-14 weeks) must find the summer drags on interminably!

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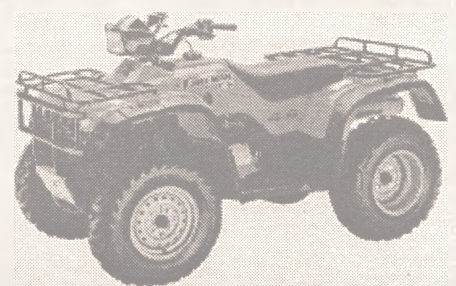
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English Community News

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The True Meaning of Friendship



The rain didn't dampen the spirits of these three youngsters on Friendship Day Mayra Barsalou, Mathias Barsalou and Timothy Ryan were sitting high and dry while munching on apples given out at the CSSS-IUGS (formerly CLSC) BOOTH.

St. George's Anglican Church

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Saturday - artisans and food concessions on site

Sunday - brunch available from 10:30am-1:00pm.

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Performers Saturday: The Echo Hunters, Bill Garrett & Sue Lothrop, The Fat Tuesday Brass Band, Terry Joe Banjo with Joe Grass, Yonder Hill, Mike O'Brien, Fran Aiken, Hughie McDonell, Swift Years,

Dave Nichols & Spare Change, Osmosaic, The Back Porch Band and The Boll Weevil Acoustic Band.

Sunday's Gospel Performers: The Echo Hunters,

The Chateaugay Valley Boys, The Boll Weevil Acoustic Band and Way Back Kountry.

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