

# Brome County NEWS



TUESDAY, OCTOBER 12, 2010

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## Steeple removed from Saint Edouard Church

Renovations pegged at \$165,000; community support requested

By Frank Nixon

St. Edouard Church, in Knowlton, will be without its steeple for a while. It was removed on Oct. 6 due to safety concerns.

"After starting the repairs, it was discovered that the steeple was in worse shape than we thought," said Yves Lamarche, President of St. Edouard Parish. "We decided to stop the project there, to remove the steeple for security reasons and to take some time - until the spring - to figure what is the best so-

lution, both architecturally and financially.

"Recently, a technical expert examined the church and he has informed us that some urgent repairs need to be carried out - principally, to solidify the bell tower, re-do the roof and repair the exterior walls," continued Lamarche. "In the course of the next five years, expenses of around \$165,000 are envisioned."

Although it is an important part of the heritage and landscape of Knowlton, Lamarche said that the church repair work is not eligible for government grants.

"We believe that we must ensure the building is kept in a good state of repair so that it is preserved for future generations," said Lamarche. "The parishioners are already providing the majority of the necessary income and volunteer work in order to meet our objective. However, we feel that a renovation project such as this concerns all the community and that is why we are asking for your generosity and a favorable response to our request."

St. Edouard Church has served the Catholic community in the Knowlton area since it was built in 1868. The



FRANK NIXON

church was enlarged in 1898 and in 1905 a residence for the pastor was built. In 1963, a chapel was built for celebrations during the summer period.

Church officials will be sending a letter to parishioners and to all Town of

Brome Lake residents, at the end of October, asking for financial support. Receipts will be issued for income tax purposes.



FRANK NIXON

## An actor's life is taking risks

By Doug Hooper

Many people say that the only way to succeed in life is to take risks. "If you want to increase your success rate, increase your error rate," as the saying goes. Taking risks, however, is not the easiest thing to do, especially with the pressures of family and others who warn us to take care and step carefully, especially when making choices that will alter a career or a calling.

It has often been noted that the Eastern Townships seems to be a place where

many artists have decided to live. We are often reminded just how many there are by the number of galleries and studios in the area. Artists are not always painters, however. There are dancers, sculptors, musicians and actors who choose the townships too. But it is actors, perhaps, who take the biggest risks.

To be an actor requires a dedication to the art that is not for everyone. And acting as a career will almost certainly mean financial hardship at best and probably years of frustration and insecurity.

Frank Fontaine is one of those actors you see a hundred times without ever knowing you've seen him. He's worked with Denzel Washington in "The Bone Collector," where Angelina Jolie pulled him from the East River in New York. In "Journey to the Centre of the Earth," with Brendan Fraser, he was an Italian vintner, who admonishes the heroes who plough through his vineyard in their precipitous slide down the side of a volcano (admonishes in Italian, by the way). In "Free Money with Donald Sutherland, and Charlie Sheen, he plays

the sheriff who manages to avoid being chopped with a hatchet by Marlon Brando.

He played German Field Marshall Wilhelm Keitel in the television film, "Nuremberg," and the ABC TV vice-president in the George Clooney film, "Confessions of a Dangerous Mind."

Fontaine lives quietly in a peaceful Bromont home with his dog, Lois, surrounded by some of his own sculptures and paintings as well as the forests and fields that allow him the freedom and

CONT'D ON PAGE 13

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# Brome County Community Bulletin Board

**October 15**

**The Royal Canadian Legion, Branch 77**, 77 Lewis St. Waterloo, will hold a "Karaoke Night" every Friday night starting at 7 p.m. til 12 Midnight. Everyone Welcome. Come let us hear your talent and have an enjoyable evening.

Fundraiser Spaghetti Supper and Dance with Wayne Durrell and Company. Supper starts at 5pm. Donation price of \$10. Proceeds will go to the Montreal Children's Hospital Foundation (Cancer Dept). Will be held at **Sutton Royal Canadian Legion**, 2 Curley St. on Friday, October 15. If you have any questions about this fundraiser, you may call Marion at 450-295-2290.

**October 15, 16, 17**

**The Sutton Curling Club** will hold its Open House Days on October 15, 16 and 17. Come over and have fun while trying this challenging game. No special equipment required but running shoes with clean soles and warm clothes. Friday, Oct. 15, from 7 p.m. to 9 p.m., Saturday, Oct. 16 and Sunday, Oct. 17, from 10 a.m. to 4 p.m. Social activities, including bridge, will start on Thursday, Oct. 21. The Sutton Curling Club, corner Pleasant and Academy in Sutton. For information: bridge, Norma White 450-263-9318 / curling, Denis Lussier 450-438-0051.

**October 16**

Flea Market and Soup/Dessert Lunch at **Brome Hall** on Saturday, October 16 from 9 a.m. to 3 p.m. Have lunch and find some treasures. Tables for rent: Call 450-243-5742

Country Dance with music by Gary Darling at the **Royal Canadian Legion**, Br. 77, 77 Lewis St., Waterloo, Saturday, October 16, 8 p.m. to 12:30 a.m. \$6 per person. Come on out, have a dance and

## BCN RATES & DEADLINES COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. Deadline is noon on Mondays. A pre-paid fee of \$7 is required per publication, or **SPECIAL RATE of \$13 for 2 insertions**: 1 BCN & 1 in Friday Record "What's On" section. Please forward notices to 5 Victoria St., Knowlton, QC JOE 1V0, email: bcnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

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**October 17**

Knowlton Lion's Club Mobile Eye Clinic. The Knowlton Lion's Club Mobile Eye Clinic will be at the **Lake Brome Community Center** on Sunday Oct. 17 from 9:30 a.m. until noon, and from 1 p.m. to 2:30 p.m. Examinations for eye disease (not tests for eye glasses) will be done by an ophthalmologist. Diabetes testing will be done by a nurse. No charge. Bring your Medicare card. All welcome. (450) 263-5881.

**Royal Canadian Legion** Breakfast Buffet. Support Our Veterans. Sunday, Oct. 17, 8 a.m. to 12:30 p.m. 77 Lewis St. East, Waterloo, Qc. Adults: \$6. Children: \$3.50.

Every Sunday at 3 p.m. music and social dancing with **Smokin' Country**, free admission, door prizes and drawings. Come and experience our very contagious and friendly atmosphere, meal and dessert for only \$5. only. Welcome all.

**October 18**

Knowlton Coffee Break (sharpen your reflexes) on the influences that put us into impoverished situations. Do we have choices? Monday, October 18, 1:30 p.m. to 3:30 p.m. **Centre Community Lac Brome**, 270 Rue Victoria, Lac Brome, Avantebarb@bellnet.ca

**October 19**

Branch General Meeting Elections to be held at 7pm. **Sutton Legion**. 2 Curley St. Please come and participate. Info: 450-538-2210.

Open til 8 "Digital Photography": Come with questions and the group will work them out together on Tuesday, Oct. 19 from 6 p.m. to 8 p.m. at **Avante Women's Centre**, 2 Adhémar-Cusson, Bedford 450-248-0530, avantebarb@bellnet.ca

**Oct 20, Nov 3, 17**

Management and the Self-Employed Worker: Friend or Foe? **CEDEC** is offering you an innovative formula for managing your business. Coach Isabelle Ducharme will facilitate three sessions of group coaching: Getting it Done, Creating Powerful Work Relationships and Being My Own Boss. 3-part series, October 20, November 3 and 17, Sherbrooke

QC. Places limited, RSVP by October 13. For information and to register contact dawn.copping@cedec.ca, 819-566-7228, toll free 866-566-7228.

**October 23**

Harvest Soup Luncheon sponsored by the Fulford Social Club, Saturday, October 23 **Fulford Hall**, 62 Davis Rd., Fulford, noon to 2 p.m. With crafts, homemade greeting cards, a bake table and much more, there is something for everyone. For information call Carla at 450-539-2982.

Annual Spaghetti Supper, **Knowlton Academy**, Saturday, October 23, featuring a talent show (4:30 p.m.), silent auction (5 p.m. to 7:30 p.m.), games (6:30 p.m.) and bookfair. Supper: 5 p.m. to 8p.m. Tickets: \$7. (Children four years and under: free) Info., tickets, and/or to donate items for the silent auction, please call secretary Brenda Scott at 450-243-6187.

Brome Village Annual Fall Harvest BBQ. Roast pork and beef with all the trimmings. Saturday, Oct. 23 in the **Brome Hall** on Saturday, October 23. First seating at 5 p.m., second at 6:30 p.m. Price \$12. Please call early to reserve: Bob 450-243-1999 or Eugene 450-243-5742.

**October 26**

The Auxiliary of the B.M.P. Hospital will be holding its Fall Luncheon on Tuesday, Oct. 26, 2010 at noon at the **Manoir Sweetsburg**, 795 Principale, Cowansville.

**October 30**

Karaoke Halloween party at the **Waterloo Royal Canadian Legion**, Branch #77 on Saturday Oct. 30 from 8 p.m. until 1 a.m. Door prizes and prizes for best costumes will be given. Cost is \$6 for 12 and over and \$3 for under 12.

Township's Grandmothers Harvest Tea at **Emmanuel United Church**, 203 rue Principale, Cowansville on Saturday, October 30 at 2 p.m. Township's Grandmothers Speaker: Heather Keith from Sherbrooke's Grandmothers to Grandmothers. Reservations: 450-263-6580. Donation: \$8.

**November 13**

Christmas Bazaar at the **Odd Fellows Hall**, 476 Knowlton Road, Knowlton, on

Saturday, November 13, from 9 a.m. to 3 p.m. Tables: \$15. To reserve contact Joy Royea. Day: 450-242-1644. Evening: 450-243-6861. Sponsored by Rebekah Assembly President's Projects.

## ARTS CALENDAR

**October 6 - 31**

A big sale of watercolours and drawings of the late Gerard Schwartz will be held at **255 Knowlton Road, Knowlton** from Wednesday, October 6 till Sunday October 31, from 10 a.m. to 5 p.m. Also many other collectibles. Welcome all.

## CHURCH SERVICES

### CREEK/WATERLOO PASTORAL CHARGE

Sunday worship and music. Creek United, West Bolton: Regular Sunday Morning Service: 9 a.m. Sunday School: 9 a.m. Holy Communion every first Sunday of the month. St. Paul's United, 4929 Foster, Waterloo: Regular Sunday Morning Service: 10:30 a.m. Holy Communion every first Sunday of the month. Reverend David Lambie, Minister. For information or to leave messages call: 450-539-2129.

**ST. PAUL'S ANGLICAN CHURCH**, 24 St. Paul's Road, Knowlton. A group of ordinary people seeking to follow Jesus in traditional, contemporary and modern ways. 8 a.m. - Said Book of Common Prayer Worship. 10 a.m. - User-friendly "blended" service with traditional, contemporary and modern music and format, Sunday School. For more info: 450-242-2885 The Rev. Tim and the congregation look forward to welcoming you.

### KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkins. Worship: 11 a.m. at Knowlton United, 234 Knowlton Road, Knowlton. (450-243-6078) with Rev. Ryk Allen officiating. Communion on the first Sunday of each month. (Church is handicapped accessible).

### EMMANUEL UNITED CHURCH

"Soul food for open hearts and minds." 203, rue Principale, Cowansville. Faith community in action. Worship service and Sunday School both start at 10:30 a.m. All children are welcome! October 17: Frederick Sheffer, Worship leader. World Food Sunday. Susan Reininger, Music Director. Info: 450-263-0204.

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KNOWLEDGE AND KNOW-HOW.

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## Pet of the Week — Flipper

**H**i, I'm a miniature pinscher. That means I am black with tan markings, and am a little guy, weighing about 10 pounds.

I am three or four years old, nice and happy and cheery. I have been here at the shelter since August — maybe soon someone will take me to their home!

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## Community Bulletin Board

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**ALL SAINTS ANGLICAN CHURCH - DUNHAM.** Sunday Services and Sunday School at 9:30 a.m. - all welcome! The Rev. Sinpoh Han. Information: 450-295-2045.

**ANGLICAN PARISH OF BROME:** First Sunday of the month service will be at Holy Trinity, Iron Hill, at 11 a.m., second Sunday of the month: Church of The Ascension, West Brome at 9 a.m., third Sunday of the month: St. John the Evangelist, Brome, at 11 a.m., fourth Sunday of the month: St. Aidan's, Sutton Junction at 9 a.m. All welcome.

**ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH**

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m. Join us afterward for coffee every third Sunday beginning May 23 to October 10. Christian Meditation Tuesday evenings, 7:45 to 8:45 p.m. (side door) except in July and August. This is an English speaking group, but French speaking meditators are welcome! Une messe bilingue est célébrée le dimanche à 10:30 a.m. Un café est servi après la messe le troisième dimanche du mois à partir du 23 mai au 10 octobre. Vous êtes la bienvenue. Une méditation chrétienne a lieu le mardi soir de 7:45 p.m. à 8:45 p.m., sauf les mois de juillet et août; la présentation se donne en anglais mais tous sont bien venus. L'entrée est sur le côté.

**TRINITY ANGLICAN CHURCH.** (The Church with a "Heart") 409 South St., Cowansville first and third Sunday at 9 a.m., second and fourth Sunday at 11 a.m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Rev. Allan Gault. Info: 450-538-4178.

**SUTTON - DUNHAM UNITED CHURCH PASTORAL CHARGE**

A warm welcome awaits you at our Sunday worship services at Dunham United Church at 9:15 a.m. and at Calvary United Church in Sutton at 11:15 a.m. Services led by Rev. Gayle Chouinard. Information: 450-538-0530.

**BEDFORD UNITED CHURCH PASTORAL CHARGE**

Gathered round Christ and led in worship by Rev. Catherine Smith we are a community that searches out God's story in daily life. We worship together as follows. First Sunday service in Bedford, second Sunday service in Stanbridge East, third Sunday service in Bedford, fourth Sunday service in Mystic, fifth Sunday service is in Philipsburg. All services are at 10 a.m.

**GRANBY UNITED CHURCH,**

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**GRACE ANGLICAN CHURCH**

52 Principale sud, Sutton, welcomes everyone for Sunday Services at 10:30 a.m. All welcome. Canon Tim Smart, Rector. Info: 450-538-8108.

**CORNERSTONE CHURCH OF BEDFORD.**

We warmly welcome everyone to come and worship with us every Sunday at 10 a.m. and Friday at 7 p.m. We are located at 6 Massicotte, Bedford. Information: Pastor Paul Gibson: 1-514-667-2292 or 450-296-4135



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Brome County  
**NEWS** 

Brome County News, 5-B Victoria St., Knowlton, QC J0E 1V0, 450-242-1188

# Parkinson's support in Knowlton

By Doug Hooper

Michael J. Fox used to be a household name. He was a familiar face on TV and his roles in the Back to the Future films made him famous worldwide. Then, it was announced that he was suffering from Parkinson's disease and he became a poster boy for the cause. Lately, he has dropped out of sight.

Sadly, out of sight is what many people wish Parkinson's sufferers were. It's uncomfortable to watch the tortured movements of someone who was a

friend, and it was even uncomfortable watching Fox at times when he appeared in public.

It's even true that some sufferers try to avoid telling others of their ailment and often suffer, sometimes for years, before the symptoms become too severe to hide. And impaired, distorted movements are only two of a myriad of symptoms, most of which are not visible.

In 2009, Di Plante and Gerda Duncan, caregivers who were dealing alone with sufferers of PD as it's called in knowledgeable circles, felt the need for some sort of respite. They put an ad in the

Brome County News and the Tempo asking for anyone interested in the issue to come to a meeting. They were astounded when nineteen people showed up. They had been expecting two or three.

From that meeting grew an orga-



DOUG HOOPER

Gerda Duncan, left, and Di Plante two-thirds of the advisory committee of PPSC.

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00	Musical Selection						
7:00	Musical Selection						
8:00						Children's Corner	Children's Corner*
9:00	Community Bulletin Board/Musical Selection						Mes Albums Classiques
10:00	Musical Selection					The Elvis Hour	
11:00						Mostly Canadian Un-played	A Classical Time
12:00	Community Bulletin Board/Musical Selection						
13:00	Musical Selection					The DJ&Cook	Henry's Music and Musings
14:00						Un air de rien	
15:00						Poetry	
16:00						Bobcat Sessions	Ask the Pastor
17:00	Planet Dadio*						
17:00	Around Town Tour de Ville	Marie & Lucie The DJ&Cook*	Around Town Tour de Ville*	Marie&Lucie* The DJ&Cook*	Townshippers	Dufur Mountain Bluegrass	Veronica's Picks*
18:00	Community Bulletin Board/Musical Selection						
19:00	Music	Penalty Box	Music	Penalty Box*	Music		
19:00	The Ivan Hour*	Let's Talk Jazz*	Dufur Mountain Bluegrass*	Bobcat Sessions*	Burning Bush from the Hall of Flame	Showtime	The Elvis Hour*
20:00			Showtime	Ask the Pastor*		Let's Talk Jazz	It's on the Record
21:00	Planet Dadio*	Burning Bush from the Hall of Flame*	The Outsider*	It's on the Record*	Veronica's Picks*		
22:00	Mostly Canadian Un-played*		A Classical Time*		Mes Albums Classiques*	The Ivan Hour	DJ Blues
23:00		DJ Blues*		Poetry			Bobcat Sessions*
23:00				Un air de rien			
Overnight	Musical Selection ("Red's List" Thursday, Friday and Saturday midnight to 2:00)						

\*Denotes repeat program in the same week

nization designed to care for PD sufferers and their caregivers. There are now twenty-six members in all, and the number is growing, say Plante and Duncan.

"When we started, we just wanted to be a local group that could meet because we're finding out by experience what it's like, (a) for our partners to have the disease and (b) for us to care for them; what they have to deal with and how it's changing our lives," says Plante.

"We found that our members either

didn't have service, or felt that they were cut off from English service," says Duncan.

Plante, Duncan and JoAnne Jones, a Community Health Specialist are now the advisory committee of the Parkinson's Peer Support Group and Caregivers or PPSC. The group provides care and support for sufferers of PD and their caregivers.

"We have a group from Bedford; we

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# Fore! and more: Putting the fun back in golf



COUNTRY SQUIRE

BRIAN EDDINGTON

Having its roots in basic human greed, there's nothing new in the concept. The idea that more is better, and bigger is better still, actually received official approval and encouragement in the 'conspicuous consumption' of the 1980s. Help the economy - why commute in a Volkswagen Beetle when you can drive to work in a Hummer?

Or, why house your family in a modest dwelling when, for the same low monthly sub-prime payment, you can have a McMansion instead? The recent (some say current) Great Recession has set the phenomenon back a bit, but there's not much risk that we've learned anything of a lasting nature from the experience.

Games and sports, naturally, have been part of the flowering. Salaries are the most obvious feature; the astronomical figures, like \$25,000,000 plus for a

single season, led media man Ted Bird to declare that there was no longer any doubt that the inmates are fully in charge of the asylum.

On a lighter note, some sports paraphernalia (we still miss you, Danny Galivan) have grown in size as well. Goaltenders' pad size had to be restricted, lest they fill half the net opening or more; most new trapper gloves can as easily catch a basketball as a puck.

In tennis, the head of the racket has almost doubled in size since all-white-clad dudes like Rod Laver played the game. Imagine my extreme embarrassment when, not having played in years, I showed up courtside with my old wooden racket. At least it was cleaned of insect poo and bird droppings accumulated over a decade of hanging in the barn. Oh, that feeling of inadequacy, beholding my opponents supersized weapon.

But on further occasions, after an equipment update courtesy of a rich guy's garage sale, this wasn't a bad development, especially for older players. The new larger striking surface means less running and stretching to reach the ball, thus reducing the risk of over-extending stiffer joints, tendons, and ligaments.

On the matter of which, many boomers are giving up on the demands of tennis for the more forgiving game of golf. And it is in this latter pastime that bigger has proven to be of even greater benefit. After several years of experiencing embarrassment and suffering derision at every tee-off, I have been delivered.

This past June, I acquired a new dri-

ver, a shiny metallic-looking device with a striking surface about three times the area of my old number 1 wood. With these new Big Berthas, so to speak, your swing can be off by a couple of inches in any direction, and the club head will still make full, flat contact with the ball.

As a bonus, the new clubs make a delightfully loud, hi-pitched pinging sound as they strike, like a .22 caliber rifle with too-tight underwear. In fact, the noise is so loud and sharp, medical specialists warn that frequent players could suffer significant hearing loss over time...though that hasn't kept many doctors off the course. And this also reminds me of a former close friend who suffered ear damage playing golf, too close as it turned out, as my badly-shanked approach shot struck him upside the head.

(The over-sized clubs also bring to mind Norman Mailer's New York banker friend who, deer-hunting for the first time, wanted a gun so powerful that, even if he hit the fleeing beast in a rear hoof, the force of the blow would still drop the animal in its tracks.)

A second development over this past summer did even more to put the fun back in golf, for the guys, anyway. The feature story in the Granby newspaper's September 4 weekend edition reported on various area golf tournaments...with a few innovative features added to the post-game ceremonies.

It seems that new activities around the fabled nineteenth hole, traditionally the time for cocktails and good-natured joking and ribbing, included outdoor girly shows, lap dancers, nude dancers, and ladies of the night (or maybe late af-

ternoon) for hire. These intriguing options were apparently available even at one municipally-owned course.

If the goal was to make a by-times stodgy old game too often burdened with silly rules and rituals a wee more lively and appealing to the younger set, it worked. With good weather helping out, participation at the clubs in question was way up, including a spike in applications for new memberships.

One manager who didn't want to be identified explained that he was just taking his cue from the image and lifestyle of the world's most famous golfer, Tiger Woods. (Many object to calling him the world's greatest athlete, being as how he simply hits a ball that doesn't move, while standing still himself.)

The newspaper article included a legal opinion, which most folks could have arrived at without the fee, that most of these new 'activities' violated certain sections of the criminal code. However, all this was before an Ontario court struck down many of the provisions dealing with prostitution and immorality. Which leads, inevitably, to rampant speculation as to what the 2011 season will have to offer.

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# Frequently asked questions about mold

## Should I have my house air tested for mold?

This is the question most frequently asked by homeowners who think their home may have a mold problem. Testing is generally not recommended for homeowners. Testing of moldy materials or an air sample identifies the types of molds that may be present but does not identify the cause/source of moisture. The type of mold does not change the procedures for cleaning up areas of mold less than 3 square meters. You have to clean up the mold and correct the problem irrespective of the type of mold. The cost of testing may be better spent hiring a professional investigator or fixing the problem.

Testing of a moldy material involves sending a swab, an imprint on a Scotch tape or a piece of the material to a competent laboratory. Air sampling requires specialized equipment. An air sample typically captures mold spores in a period of minutes. Since replicate samples must be taken due to variations in the airborne molds over time (even hours) and compared with outdoor samples, air testing is both expensive and time-consuming. Interpretation of test results may not be very useful, since there are no advocated "safe levels" of indoor molds and the results will not tell the health risks from the molds.

## The air feels dry - can I humidify?

Before you add moisture to the air, measure the relative humidity. Air that feels dry may not be really dry. It may be moldy. High relative humidity (over 45 per cent) promotes the growth of molds and dust mites. The moisture in the air may condense on colder exterior walls where molds start to grow.

If your physician has advised you to use a humidifier in your child's bedroom at night, monitor the relative humidity. Turn the humidifier on and off as

necessary. In the morning, take steps to make sure the room gets dry. Clean and empty the humidifier after each use.

## What advantages do HEPA vacuums provide?

Ordinary vacuums capture large particles only - small mold spores pass through the vacuum into the air. HEPA vacuums have special filters that capture small particles. A central vacuum cleaner which is exhausted to the outside also removes mold spores. A regular portable vacuum is useful only if its exhaust goes outside the home. Vacuuming removes settled dust that contains an accumulation of mold spores over time. Reducing the settled dust reduces molds.

Vacuuming with any vacuum cleaner (ordinary, central or HEPA) stirs dust and mold during the process. Wear a dust mask so you will not be breathing more mold.

## Is vacuuming with a HEPA or externally exhausted vacuum cleaner recommended for serious mold problems only?

Vacuum regularly with a HEPA or externally exhausted vacuum cleaner to prevent the ongoing accumulation of dust and molds. The need for HEPA or external exhaust vacuuming increases with the severity of the mold problem.

If a furnishing has been wet at some time in the past or has been exposed to dampness over a prolonged period of time, vacuuming with HEPA or externally exhausted vacuum is unlikely to remove the mold growing beneath the surface. It is better to discard the item.

## Where do you find a HEPA vacuum cleaner?

Vacuum cleaner dealers carry HEPA vacuums. Consider purchasing one as an upgrade to what you may be using. A HEPA vacuum is a good investment in the long term whether you have mold or not. A generic canister HEPA vacuum cleaner costs approximately \$300. Brand name products of the same type may cost more. You may inquire if the dealer has a HEPA vacuum cleaner to rent. Contractors who clean up or renovate houses for mold should also have this equipment.

## Does painting over a moldy surface take care of the mold?

Painting over mold only masks the problem. Paint does not kill the mold nor stop it

from growing. Surfaces that are washable should be cleaned with a detergent solution, following the procedure suggested above, then allowed to dry. If you are going to paint, remove mold first.

## Does cleaning stop the mold growth?

Mold will reappear until its source of moisture is removed. High moisture levels that are not corrected can make the molds grow back quickly. Cleaning is only a temporary but essential measure.

You can help by making a conscious effort to keep the home dry. Obviously, water must be prevented from entering the home. But you can help by controlling moisture that you produce.

## How does one clean clothes that are moldy?

Non-washable clothing can be dry cleaned. Wash clothes with a detergent solution to which a cup of bleach is added. Make sure the detergent you use does not contain ammonia. Repeat as necessary until the moldy odour is gone.

Clothes and other items that have been cleaned should be stored in sealed plastic bags to prevent recontamination.

For more information  
Health Canada web site at [http://www.hc-sc.gc.ca/index\\_e.html](http://www.hc-sc.gc.ca/index_e.html)

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(Photo by Virginia Wilson)

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# Entire communities should be environmentally sustainable, not just individual homes

By Mike Holmes  
For Postmedia News

I think everyone pretty much agrees it's a good thing to try and live greener, and put less stress on the environment. We recycle. We think about eating locally grown foods, we buy energy-efficient cars and appliances and we try to reduce our carbon footprint.

I believe we should also build more sustainably. I'm always talking about using green building materials and products in your home renovations. It's the smart thing to do.

But we should go a step further and build entire communities with an eye to sustainability. A greener house in a conventional suburb is a good thing. But an entire development of green houses, designed and built with a sustainable vision and infrastructure, is a great thing.

A green community is livable and walkable. It has green space, schools and shops within walking distance from your home. You want to live in a home where you can walk or bike safely to where you need to go. And that is also better for your health. It's also more human and livable when you're out in the street engaging with other people, instead of driving everywhere in your car.

It saves money on cars, and it saves the environment, by helping reduce automobile emissions. That saves on the cost of gas and prolongs the life of your vehicle. Vehicle emissions create poor air quality, such as on those days in the year when there are warnings to stay inside, which affects people with breathing challenges. And, they are the largest contributor to greenhouse-gas emissions - and that affects all of us. Maybe your family will need only one car instead of two, and that can save you money, too.

You can also grow old in the community without having to downsize and move. If your community is planned to be walkable, and all the shops and services are nearby, you can continue to live in your home, even though you may find one day when you are elderly and unable to maintain a car or drive. The doctor's office, the park and grocery store are all still within walking distance.

A green community is mixed-use. It's planned with a combination of retail and commercial, as well as different types of houses to suit different people: single-family residential, townhouses and multi-family. With stores and offices incorporated into the community design, there's an economic benefit. Travel time is reduced when the community is not just a bedroom for a nearby city.

It's also high-density. If a community is planned for denser development, it's not as spread out, and that preserves the rural areas and natural countryside, which is a haven for wildlife. Think of the thousands of suburbs sprawling across this country, creeping out from the cities and eat-

ing up our landscapes. Higher density means more green space.

A lot of people get upset at the idea of higher-density developments. They resist it. It might be because we're used to the idea of large suburban lots, such as the kind that spread across North America over the past 50 years or so. We've got a big country - lots of room to spread out, so why not use it?

But there are lots of good reasons to build communities with higher densities. It cuts down on urban sprawl. And in the end, it preserves our natural spaces. It saves money, too; less is spent on infrastructure.

The cost to service single detached homes in a sprawling conventional suburb is much higher than in compact, high-density communities. The sewage and water supplies, the roads, the street lighting - all the way down to the garbage pickup, snow removal and road maintenance and public transit - are more cost-efficient to build and operate in a high-density development.

My vision of a green community reduces water use, manages stormwater properly, takes advantage of alternative energy sources and microgeneration. Its residents live in smart homes where they are able to monitor and manage their energy use intelligently and efficiently. Homes, stores and offices are built with superior building envelopes and more efficient appliances that reduce energy use, and they are designed with products that ensure high-quality indoor air.

If all of our new developments are intelligently designed to be livable, walkable and high-density, we'll reduce our impact on the environment. I think we can have an improved quality of life in those communities. And I believe we'll be able to make a lasting difference that stretches beyond them.

Catch Mike in his new series, *Holmes Inspection*, airing Thursdays at 8 p.m. ET/PT on HGTV. For more information, visit [www.hgtv.ca](http://www.hgtv.ca). For more information on home renovations, visit [makeitright.ca](http://makeitright.ca).




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# The basic planning of remodelling your kitchen

A new construction or remodeling of an existing kitchen includes anything from repairing the walls to redesigning the entire room. A kitchen is the most complex and the most used room in the house. It is important that your remodeled kitchen matches your needs and lifestyle as closely as possible. Here are a few principles of design to help with the process.

1. Consider how you use your kitchen: How many people cook in the space? Do you entertain frequently? What other common activities occur in the space? Do you have special needs

from your kitchen?

2. Think about what features you would like:

For Example: Do you need an island, a breakfast nook, a pantry, a stainless steel or ceramic sink, a space for your microwave? Do you cook with gas or electricity? Do you want a combination oven and range or a cook top with a wall oven?

3. Design Style:

Here is the fun part of doing a kitchen! We all look at books and magazines for inspiration, but you have to keep in mind whether a style

will fit with your lifestyle and your home. There are so many styles of cabinets to choose from, such as: Shaker, Contemporary, and Classic, just to name a few. Also, if you want glass doors, verify what styles are available. Consider the color of your appliances, as well, and choose colors which will complement the rest of your home. Do your homework before the project and when choosing types of materials to make sure they are available.

4. The work triangle:

The work triangle consists of imagi-

nary lines that connect the refrigerator, the range and the sink. For maximum comfort and efficiency, the three legs of the work triangle should total between 23 and 26 ft. There are four basic kitchen layouts: the one-wall or gallery, the corridor, the L-shape and the U-shaped. There are an infinite variety of layouts available, but most are based on these four concepts.

It takes lots of planning, but in the end the reward is huge with a great functional space. - AC Plus



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## History preserved - Brome Lake Renovations



(Photo by Virginia Wilson)  
49 Victoria, Knowlton Gallery: This Victorian mansion was built in 1880 and is now a local art gallery.



(Photo by Virginia Wilson)  
Smith Printing - Molsons Bank (1890): attracted customers with its superadded façade. - 44 Victoria Road

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# Household tips - solutions & substitutions

**By Reena Nerbas**

Postmedia News

**Hi Reena,**

Can you suggest a substitute for a daily shower cleaner? - Joyce

**Dear Joyce,**

In a spray bottle, combine: 1/2 teaspoon (2 mL) dish soap, 1 cup (250 mL) water and 1/3 cup (75 mL) rubbing alcohol. That's it, that's all you need. Spray, no need to rinse. I bet you thought I was going to suggest the King of Household Superstars, vinegar. Well you can always add a few drops of vinegar, but you don't want to clean grouted areas with vinegar, as its powerful cleaning action can etch grout. Happy Cleaning!

**Dear Reena,**

How can I remove the stale smell from my terry dishwashing cloths? They are coloured, so I don't want to use a lot of bleach, although I know it will remove the sour smell. Is there something I can do that will remove the bad odour but not the colour? Thank you. - Elizabeth

**Dear Elizabeth,**

Toss them in the dishwasher (away

from heating coil) to kill bacteria and leave dish cloths smelling fresh. Or a less risky solution for keeping the colour is to soak them in King Vinegar for a few hours and wash as usual.

**Hi Reena,**

I need an answer to this ASAP. Boy, did I mess up with my grandson's tux jacket. It is 100 per cent polyester and I had shortened the sleeves and it needed to be pressed. Now it has iron shine on the sleeve. It is for my daughter's wedding, which is in six days. Can you please help? - Bob

**Dear Bob,**

The jacket scorched and, unfortunately, there is no way to fix the fabric, as the jacket is permanently damaged. However, the wedding will still be perfect!

**Feedback from Readers Who Care:**

**Hello Reena,**

I read your column every week and have made use of many of your tips. However, I was quite horrified to see that your Tip of the Week included instructions on making flypaper. As a bird lover, I think flypaper should be banned. It cer-


tainly is very effective for its intended use, but many hummingbirds and dragonflies - and even other smaller birds - are caught in them every year and die. The Wild Arc (Animal Rehabilitation Centre) in Victoria has a flypaper trap with the resulting dead bird in a showcase to show the effects of these traps. Hanging them outside in a BBQ area or above a doorway entrance to a home where birds often mistakenly enter are the worst places. I hope you will consider retracting your suggestion or cautioning your readers about it. Thank you.

- Barb


Recently, some-

one asked about cutting onions without tears. This tip was given to me by the owner of a Chinese restaurant: Move the cutting board as close to the stove as possible, turn the range hood fan on high and start cutting. No more tears!

Continued on page 10



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# Household tips - solutions & substitutions

Continued from page 9

Oh, no! One more onion tip: I always cried while chopping onions until I bought a good (very sharp) knife. "Bruising" the onion seems to release the oils, while cleanly slicing through them does not. - Diane

### Fabulous Tips of the Week:

When making cinnamon buns, I save my tuna-fish cans and use them as pans instead of muffin tins. They form perfectly shaped rolls every time. P.S. I also use tuna cans for making large muffins.

If you have an open un-lidded pitcher of juice in the fridge, cover the top with plastic wrap so it doesn't absorb other fridge odours.

Reena Nerbas is the author of *Household Solutions 1* with

*Substitutions, Household Solutions 2 with Kitchen Secrets, and Household Solutions 3 with Green Alternatives. For more information, visit [www.householdsolutions.org](http://www.householdsolutions.org).*

-Postmedia

## Make your home more accessible Make sure your bathroom meets your family's needs

Grab bars are one way of improving accessibility in the bathroom.

As we age, our needs begin to change over time. But there are many things we can do to help ourselves and our families stay independent for as long as possible. One of the best ways to keep all of your family members safe and healthy at home is to ensure that your bathroom is universally accessible. Universal

design starts with identifying potential users and anticipating the needs of all family members and visitors. This will ensure that the bathroom is accessible, functional, secure and easy to use.

To help you make sure your home is keeping pace with your changing needs, Canada Mortgage and Housing Corporation (CMHC) offers the following tips on ensuring your bathroom is safe and comfortable for everyone in your family:

First, ask yourself who will need to use the bathroom. For example, do the

users need to have easy and quick access to the bathroom? Does your family prefer to use the shower or bathtub? Does anyone in your home have a disability that might require greater manoeuvring space or grab bars beside the toilet and near the bathtub or shower. Do you worry that a family member might fall?

If anyone in your home has limited mobility, you may need to consider safety issues such as placing controls within easy reach, installing grab bars, incorporating non-slip surfaces and adequate lighting, and providing a



raised seat for the toilet.

To ensure your bathroom is as efficient as possible, place related elements together in the same location. For instance, locate the storage for make-up and medicines near the vanity or sink, and plan to have towels and bathing supplies near the shower so you don't have to walk around the bathroom while wet. Consider providing storage options at a variety of heights.

To keep maintenance and cleaning to a minimum and to prevent mold from growing, make sure that the wall and floor surfaces in the shower are designed to drain fully. Adequate ventilation can also help eliminate moist air which could lead to mold and mildew on surfaces.

Bathrooms are one of the most common sites for falls and other accidents. To keep your family safe, choose a non-slip flooring surface and avoid placing bath mats or other tripping hazards on the floor.

If you have children, or if anyone in your home has Alzheimer's disease, developmental disabilities or a reduced ability to feel temperature changes, consider installing a mixing valve to limit the water temperature to a maximum of 49°C.

Last but not least, make sure your bathroom has sufficient lighting, and try to avoid having any sharp edges on countertops or other surfaces.

- Source CMHC

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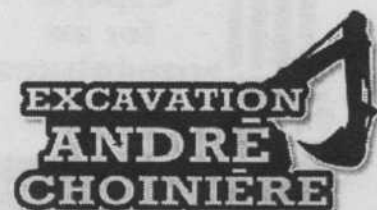


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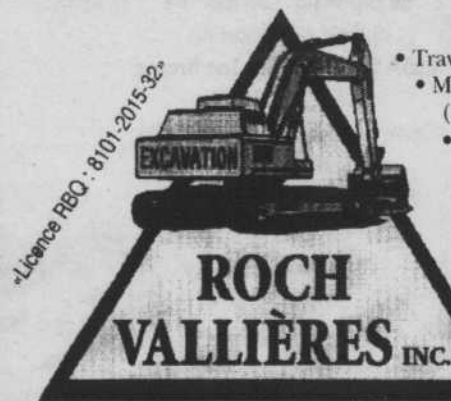


(Photo by Virginia Wilson)

Today, the charming home located at 68 Victoria St in Knowlton, which was once close to being demolished in 2001, is now almost 160 years old. Known to most locals as the "Heath Residence", this house was in a state of desperation when it was purchased and saved from demolition by Richard Wisdom, ex-mayor of Knowlton, and a group of investors. The house has been owned by many prominent citizens throughout its history and had been a residence for the elderly, until it was purchased by John Heath in 1974. The group felt it was important to save and restore this historic building, which was built in the early 1860's. After a long political and procedural battle with the Town, the home was purchased and restored from A to Z. The charming building is now owned by Charles and Suzanne Gregory who have added loving care to the property, bringing it to its full potential. Thanks to the dedication of local residents and the new owners, the 160 year old building is, today, a well structured beautiful home that was completely restored and renovated; preserving its history while keeping the charm of an old style house.



Robert Frenette, 19 from Woodstock, New Brunswick, along with Katie Neu, 17 of Kitchener, Ontario, are two youths who share one thing in common. They have been bullied. They also work for change. The adversity they faced in school has propelled them to create **BullyingCanada.ca** - an anti-bullying website for youth and by youth. The website offers tips for a **bystander, victim and bully**. The site also features a database of links to other anti-bullying websites. Subscribe to the free e-newsletter "Youth Voices" that highlights anti-bullying work around the country by emailing to: [Subscribe@BullyingCanada.ca](mailto:Subscribe@BullyingCanada.ca) More information contact them by email at: [Info@BullyingCanada.ca](mailto:Info@BullyingCanada.ca) or visit their website [www.BullyingCanada.ca](http://www.BullyingCanada.ca)



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## Support

CONT'D FROM PAGE 4

have a group from Mansonville; we're getting some now from Sutton. We're not closing any doors," said Duncan. "It's basically caring and sharing information in English. That's the key," she said.

The PPSC has grown in a short time because of enthusiasm of its members and the broad range of talent and knowledge represented by them.

"At the present time we have thirteen people with PD and eleven caregivers," says Duncan.

The group meets once a month on the fourth Monday at the Community Centre in Knowlton, and meetings have taken a format that proves beneficial to all: caregivers meet in one space, while PD people meet in another. A moderator keeps track of both groups and the format provides the kind of privacy that allows each to voice what needs to be said without fear of offence.

The group uses the services of visio-conferencing; there's a new physical education program especially designed for PD sufferers who meet once a week, and there have

been several social events as well, including a sugaring-off party, an end of summer luncheon and there are plans for a Christmas party. Individuals with significant and pertinent information within the group also provide presentations and information.

This group is certainly an example of what community is all about. A group of people gets together to help each other through difficult times and their concern for one another causes the community to grow far beyond what any one individual might have imagined.

"Caregivers are very willing to talk. They feel a weight is lifted off their shoulders," says Plante.

The Community Centre has been amazing," says Duncan. "They give us access, chairs, whatever we need," she says.

The United Church has also been very supportive according to Plante and Duncan, and they are looking forward to the future and to the growth that results when a community gets together to help each other.

## The church that doesn't want to die

### Holy Trinity, South Bolton, commemorates its 150th anniversary

A few months ago Holy Trinity Church in South Bolton was to be sold and moved. It appeared as though the weekend of September 24 to 26 commemorating the church's 150th anniversary was to be its swan song. With festivities spread over the same three days as the "Journées de la Culture," two opposing sentiments prevailed: resignation in the face of the church's possible closure and mobilization for its survival.

The program, which mobilized dozens of citizens, was organized by the East Bolton Association for the Preservation of Heritage Buildings (EBAPHB) in collaboration with the local congregation. It benefited from financial support from Canadian Heritage, the Municipality of East Bolton, MLA Pierre Paradis and other partners such as O'Donoghue and Associates.

The mayor of East Bolton, M. Royal Dupuis, was present at the inaugural event as were three other mayors from neighboring municipalities: Jacques Marcoux (Potton), Dom André Laberge (St-Benoit du Lac), and Lisette Maillé (Austin). All had been especially invited because of the historical ties their municipalities share with the establishment of the Anglican Church in the region.

Jacques Marcoux first praised the regional aspect of the celebration and expressed his intention to work towards an enhanced sense of regional belonging throughout the northern Missisquoi Valley. Then Dom André Laberge expressed his pleasure at the ecumenical aspect of the event. "The times are changing," he said, finding it urgent that the "different Christian churches meet each other on such occasions to reaffirm their faith together." For her part, Sheila Needham, Rector's Warden at Holy Trinity, recalled the tempestuous reception of the Anglican community in 1860 when members of other Protestant



COURTESY

Four area mayors, left to right, Royal Dupuis (Bolton-Est), Jacques Marcoux (Potton), Lisette Maillé (Austin) et Dom André Laberge (Saint-Benoit-du-Lac)

denominations threatened to destroy the newly constructed building! She also cited the contributions of many generations and finished with a hope for the future of Holy Trinity. Archdeacon Stuart Martin, representing the Anglican Bishop of Montréal, paid tribute to all those who had permitted Holy Trinity to survive. In closing, Royal Dupuis underlined the challenge ahead to ensure the survival of the building.

During three days the little church vibrated to the sounds of music, musicians coming from the immediate region and elsewhere in the Eastern Townships or beyond: world music with Chorumundo, a women's choir from the Eastern Townships and Vermont; country gospel with Russell Coates and his friends Les Duke et Alec van Zuiden; some classical church music sung by the soprano Brigitte Caron accompanied by Anne Stairs; and Celtic music with the Dave Gossage Trio.

"La Troupe Enchanteresse" from Mansonville brought together a dozen children who presented sketches with the puppets they had made at school for the occasion. Lizanne Ryan, co-chair of the festivities, emphasized that the children's theatre assured the presence of the whole range of ages during the weekend.

The program also included a religious aspect, a commemorative Anglican service, which was financed exclusively by Holy Trinity Church. It was celebrated jointly by Archdeacon Stuart Martin and the Reverend Mark Gudwin with the participation of other clergy. The sermon harked back to what's at stake for the future of Holy Trinity, preaching resignation by recalling that it is not the building that makes up the Church but the people. On the other hand, the Rector's Warden expressed her hope in a viable future for the building.

Before the closing concert George Baylor, co-chair of EBAPHB, reiterated the association's desire to create, with the support of the local congregation, a broader vocation for Holy Trinity. For example, by enlarging its spiritual dimension to a larger ecumenical one and welcoming events compatible with its religious character. In fact, he added, the program of activities over the weekend reflected quite well what is hoped for.

CONT'D ON PAGE 13

### SUPER SALE

Oct 13 - Oct 16

Le Cotillon

14th Anniversary Sale

4 Pine St. Sutton, QC JOE 2K0

**20% off Knitting and Crochet Yarns**

(Regia / Lopi / Décor / Kroy /  
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**Embroidery floss - 59 cents each**

**40% off needle point canvasses**

**20% off all scrapbooking supplies**

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**15% off all canvasses and paint brushes**

**2 oz. of American Paint C \$1.14**

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**15% off Melissa + Doug Toys**

Other Specials in Store

"New Games and Toys Arriving!"

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Open Monday-Friday 9 -5:30

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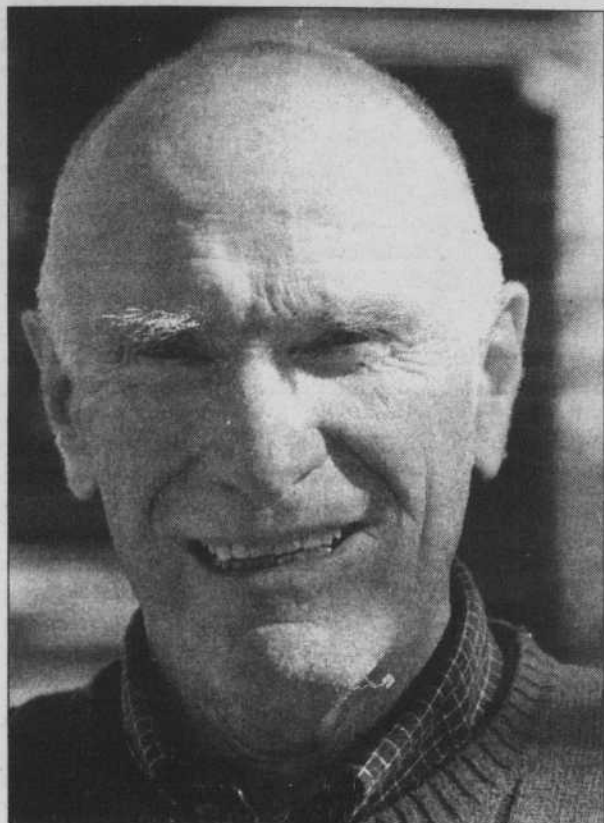
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Cut flowers,  
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singles),  
small gifts



## Actor

CONT'D FROM PAGE 1



DOUG HOOPER

Character actor and local resident, Frank Fontaine.

peace he loves. He studies at Bishop's in Knowlton (Italian at present), and he is certainly a man familiar with risk-taking.

At eighteen years of age, Fontaine knew that he wanted to act, and he knew the best place to learn the craft then, was the Royal Academy of Dramatic Art in London, England. He quit Georgetown University in Washington, boarded a steamer in the fall of 1955 and sailed for London.

"I arrived with \$35 in my pocket with no job and no guarantee the (academy) would accept me," he said.

"In my mind it was clear that I was going to get a scholarship to study at RADA. I knew nobody; I hadn't con-

tacted anyone. But for me, it was a done deal. They just had to be informed," he recalls.

On a walk his first night in the city, Fontaine went into an employment office and became an assistant furniture buyer for the prestigious Waring and Gillow Company, even though he knew nothing about furniture.

He worked there until his audition at RADA was enough to give him the place and the scholarship he knew were his.

Fontaine remembers a day at RADA when Jean Louis Barrault, the great French actor gave a lecture at the academy in which he said, "If you are not meant to be on the stage, you could have all the talent imaginable, all the money imaginable, all the desire imaginable, but if the stage doesn't want you, you don't stand a chance. If the stage wants you, regardless of what you are or who you are, you will not have any choice."

Fontaine recalled a time when he had moved away from the stage to work as a TV producer in order to raise his family. "I had a family; I had to look after them," he says.

When the chance came for him to take a part in Arnold Wesker's "The Kitchen" in Quebec City, he jumped at it, leaving himself vulnerable to all the insecurities with which the actor's life is fraught.

"Once I got back in there, I knew television would soon take a back seat," says Fontaine.

He is comfortable now in his life. He takes long walks with his dog and he

has learned to deal with the financial highs and lows of his profession with careful planning, but it is certain that the risks he has taken have paid off for him.

"Things get tough at times, they always do," Fontaine says. "At some points everybody wants you, and then nobody wants you, and you think you'll never work again. You have to plan carefully for that. Things are cyclical in this business."

Fontaine is also a writer. His television and stage plays *The Great Bergen*, *The Monster*, *The Great Symphonic Adventure*, *The Inquest* and *Others*, have been produced by the CBC.

"I believe we're here to learn and perhaps I had to learn how to deal with rejection," Fontaine said. "So I went into a field where acceptance was the reward and rejection the rule."

"But I haven't regretted it once. I chose to go where I wanted to go against the wishes of everyone around me."

Isn't that what taking risks is all about?

## Church

CONT'D FROM PAGE 12

The former mayor of East Bolton, Joan Westland-Eby, who played a role in creating the association, noted that the church congregations diminish in size and that the fabric of communities has changed. She recalled: "It is because our collectivity recognized that the churches do not represent only a patrimony and a place of worship but the very essence of what makes up a whole community. That's why the association was formed and it is looking for ways to ensure that this heritage building does not disappear."

It is said that faith can move mountains. Time will tell if the coalition of people who organized and celebrated the anniversary of this heritage building in South Bolton will succeed in forging a lasting alliance between the few remaining members of the congregation and more recently arrived citizens who now live in the area. Holy Trinity does not want to die. This will to survive was strengthened by the support of the couple hundred people who came to honor its 150th anniversary.

-From Serge Wagner, George Baylor and Lizanne Ryan (for the East Bolton Association for the Preservation of Heritage Buildings (EBAPHB)).

### Calling all artists, artisans, craftspeople and talented Townshippers who offer goods and services

The Record is planning a Christmas catalogue of gift ideas that will allow Townshippers to shop locally this Christmas for a range of unique gifts that support our local artists and small businesses.

Whether it's knitted socks for skiing, a gift certificate for piano lessons or dog-sitting, or a painting of a local landscape, The Record is encouraging people to shop close to home this Christmas season.

Those with Christmas gift offerings are invited to submit a small photo and 15-20 word description of their products or services along with \$20 to

The Record  
Attn: Anik Dubreuil  
1195 Galt St. East,  
Sherbrooke, QC, J1Y 1Y7  
or to

Brome County News  
Attn: Kelly Hume  
58B Victoria St.,  
Knowlton, QC, J0E 1V0



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You can also submit your photo as a jpg along with a 20-word description to [adubreuil@sherbrookerecord.com](mailto:adubreuil@sherbrookerecord.com) or [kellyannhume@hotmail.com](mailto:kellyannhume@hotmail.com)

DEADLINE: October 31, 2010

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VILLE DE LAC-BROME  
 TOWN OF BROME LAKE

PUBLIC NOTICE

TO ALL RATEPAYERS OF THE ABOVE MENTIONED MUNICIPALITY, PUBLIC NOTICE IS GIVEN OF THE FOLLOWING:

- At a regular meeting held on October 4<sup>th</sup>, 2010, the Municipal Council adopted the following by-law:
  - BY-LAW 557 REGARDING INTRUSION ALARM SYSTEMS
  - BY-LAW 558 REGARDING PEDDLING
  - BY-LAW 559 REGARDING PEACE, ORDER AND NUISANCE
- These by-laws come into force in accordance to law.

Given at Brome Lake  
 This 12<sup>th</sup> day of October 2010.

Mtre Alain R. Roy, LL.M., OMA  
 Town Clerk



VILLE DE LAC-BROME  
 TOWN OF BROME LAKE

NOTICE TO ALL CITIZENS  
 PICK-UP OF LEAVES

To all citizens in urban sectors (Knowlton, Bondville, Foster, Fulford, Iron Hill & West-Brome) of Town of Brome-Lake, please take note of the following:

Please note that the Town will proceed with the collection of leaves & brush on the following dates:

- Week of Oct. 18 to Oct. 22, 2010;
- Week of Nov. 15 to Nov. 19, 2010.

Also, **ONLY** biodegradable bags will be accepted. Any other bags **WILL NOT** be accepted.

Given at Brome Lake  
 This 12<sup>th</sup> day of October, 2010.

Mtre Alain R. Roy, LL.M., OMA  
 Town Clerk

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VILLE DE LAC-BROME  
 TOWN OF BROME LAKE

PUBLIC NOTICE

TO ALL RATEPAYERS OF THE ABOVE MENTIONED MUNICIPALITY, PUBLIC NOTICE IS GIVEN OF THE FOLLOWING:

- At a regular meeting held on September 7<sup>th</sup>, 2010, the Municipal Council adopted the following by-law:
  - BY-LAW NO. 549 AMENDING THE ZONING BY-LAW NO. 353 CONCERNING THE LIMITS OF ZONES EREC-4 AND UC-2
- Said by-law has received all authorizations required by law.
- Said by-law comes into force in accordance with law.
- Interested persons may consult said document at the Town Hall, 122 Lakeside, during regular working hours.

Given at Brome Lake  
 This 12<sup>th</sup> of October, 2010.

Mtre Alain R. Roy, LL.M., OMA  
 Town clerk



VILLE DE LAC-BROME  
 TOWN OF BROME LAKE

PUBLIC NOTICE

TO ALL RATEPAYERS OF THE ABOVE MENTIONED MUNICIPALITY, PUBLIC NOTICE IS GIVEN OF THE FOLLOWING:

- At a regular meeting held on October 4<sup>th</sup>, 2010, the Municipal Council adopted the following by-law:
  - BY-LAW 554 REGARDING THE REMOVAL, TRANSPORTATION AND ELIMINATION OF GARBAGE
- This by-law come into force in accordance to law, except for article 8 which will come into force on April 1<sup>st</sup>, 2011.

Given at Brome Lake  
 This 12<sup>th</sup> day of October 2010.

Mtre Alain R. Roy, LL.M., OMA  
 Town clerk

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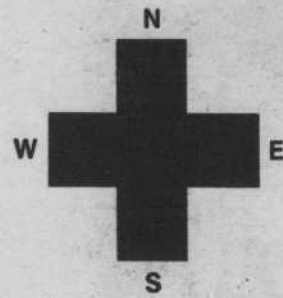
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Waterloo - Judy Dalton

Harlan and Doris Martin of Nova Scotia are spending a few weeks at their cottage at Orford Lake. Their daughter, Jane, and granddaughter, Alana, also of Nova Scotia are spending time with them.

Reg Blampin recently spent a few days at Hotel Dieu Hospital in Sherbrooke for surgery. He is now back home and feeling better each day.

Sincere sympathy is extended to the family of Millie Jones Lefebvre who passed away recently at the B.M.P. Hospital and also to the family of Esther Honey who passed away at the Courville Residence.

Bob Campbell of Ontario was with us overnight on his way to New Brunswick to attend a family get-together for the Peacocks. Supper guest while Bob was with us was another cousin of ours, Mark Chamberlain who is with the Armed Forces and is stationed at Val Cartier. He was staying with John and Darlene Davies of Knowlton while on leave.

Visitors of Carol Johnston recently, were their daughter and son-in-law, John and Lisa Sears of Antigonish, N.S., also visited Sue Eldridge in South

Stukely.

A graveside service was held recently for the late Sue Venters, a former Waterloo citizen.

Steve, Willa Burdzy and son David, of Montreal, called on us Sunday. They had also visited Ruth Long in Cowansville and dropped in on Amy Bec, Shawn Elston and son Caleb. Corey Dalton was here for the night recently and left for Montreal the next morning on business. Our sincere sympathy goes out to the Stretch family due to the passing of Peggy Stretch. She will be sadly missed by all her family and friends. Mrs. Alice Anderson is now a patient at Villa Bonheur in Granby. We hope she will soon be feeling better.

Anna and Clem Willis, Flo Beattie, Irvin, Christine Beattie and family went to what was supposed to be a White family re-union. Unknown to these people there was a wedding ready to begin. Orin Beattie and Melissa Whitehead were united in marriage. The service was conducted by Rev. Dave Lambie.

Supper was served in the tent and after all were finished eating there were horse and wagon rides and a nice bonfire. A great time was had by all.

I.O.O.F. Oddfellows Hall, Knowlton

Once again Military Whist lovers filled the hall for their game. Fernand Belgarde, Gisele Roy, Alexandre Poissant and Norman Alain at Table 9 brought home 44 flags to take home 1st prize. Table 5 with Jean Riti, Jean Roy, Lionel Foster and Larry Royea placed 2nd with 41 flags. That good old Booby Prize was accepted by Table 11 with Doreen Gibbs, Bruce McPherson, Betty-Ann Page and S. O'Brien and 14 flags. Simone Cusson and Colette took 13 tricks and Stanley O'Brien was dealt four 5's.

Door prizes went to Gerald Couplan, Doreen Kirby, Shirley Beaulac, Barb

Bowbrick, Arnold Fletcher, Shirley Lord, Art Hall, Jose Streule, Barry Heatherington, Audrey Mailloux, Katie Lace, Peter, Colette, Lionel Foster, George Wilson, Nancy Page, Jean Royer and Alexandre Poissant.

Raffle tickets held by Katie Lace, Gerald Couplan, Martha Dudley, Rob Newell, George Bailey and Louise Lowry.

Another entertaining evening for all.

Do it all again next Tuesday.

Edna Badger

I.O.O.F. Oddfellows Hall, Knowlton

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Edna Badger

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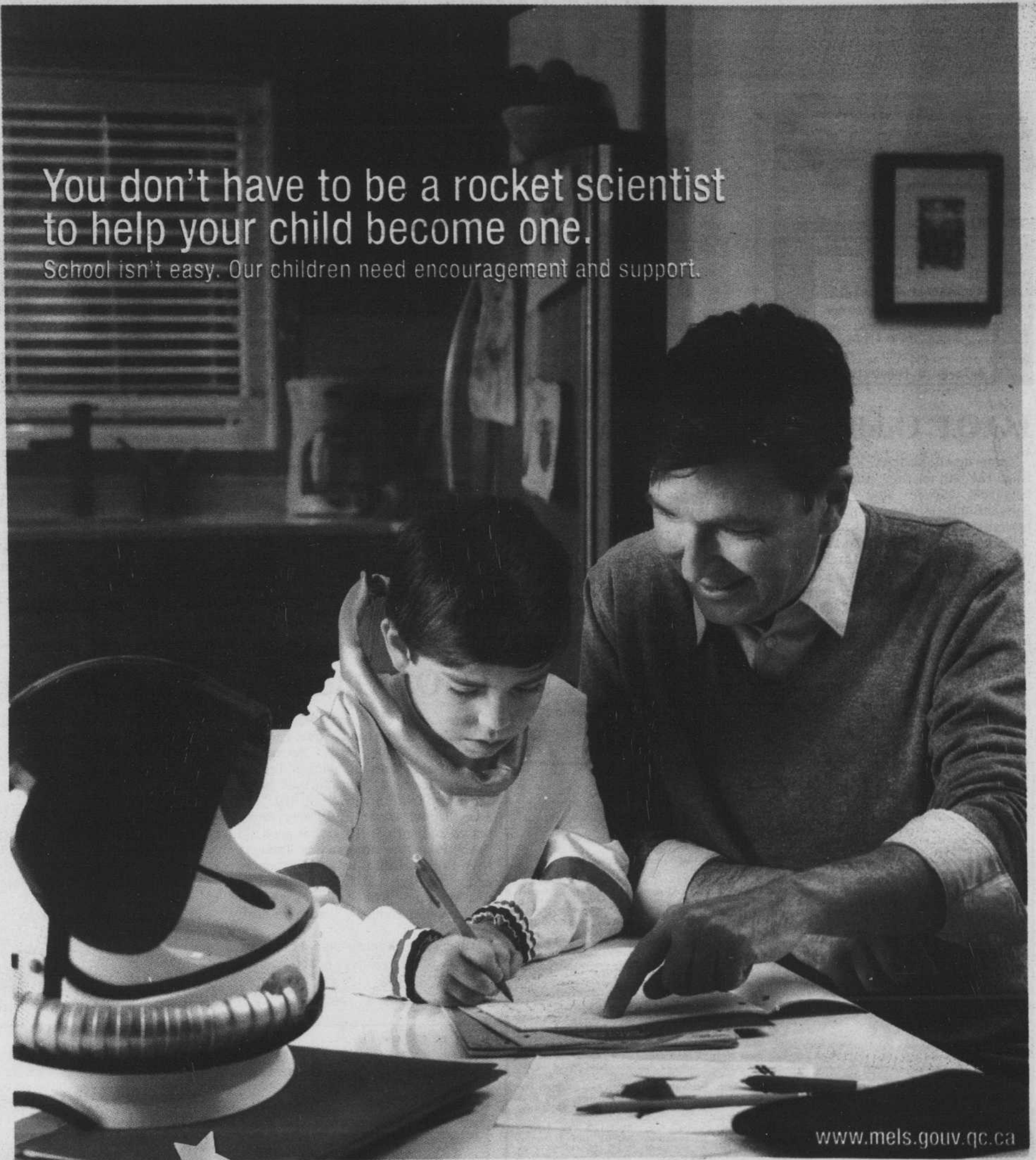
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