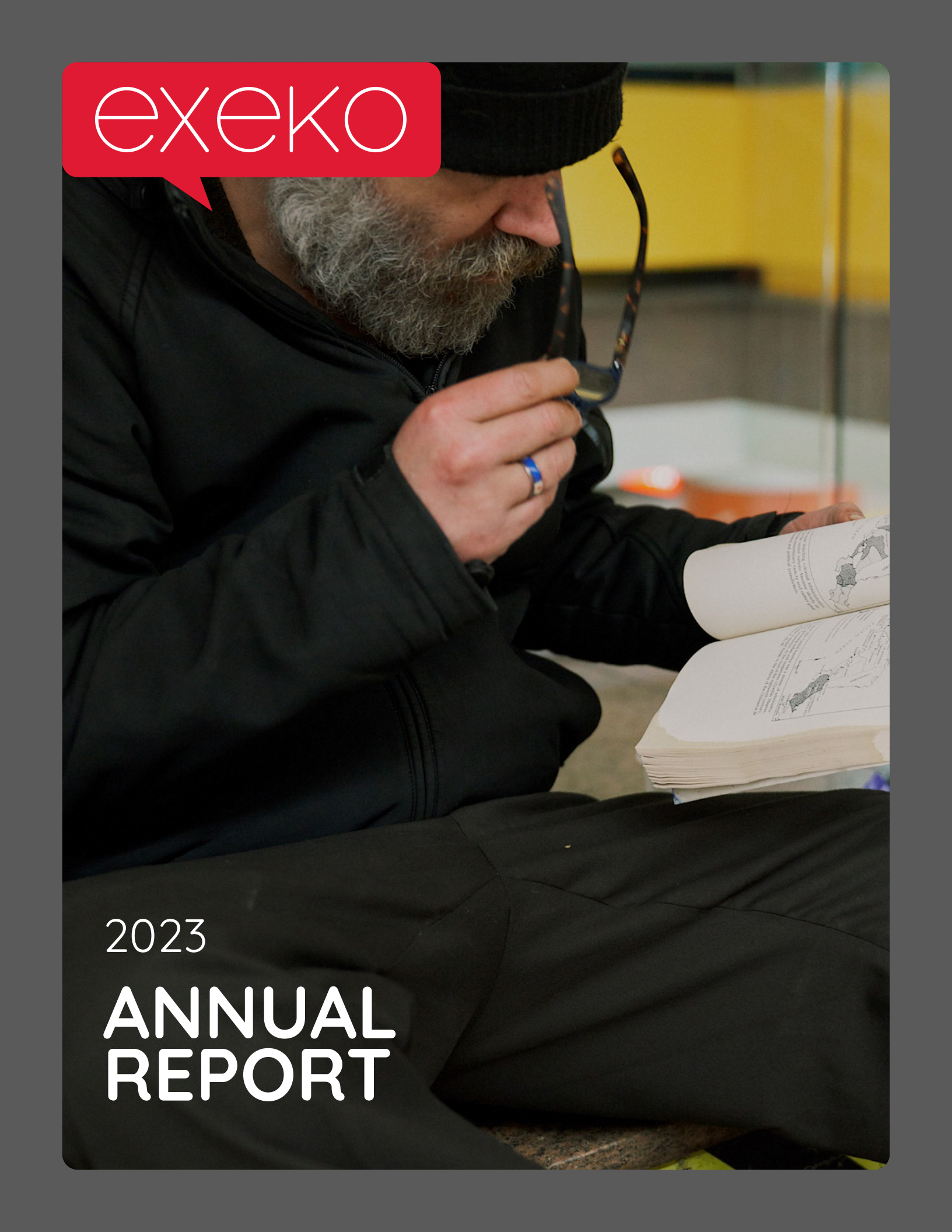




exeko

2023

ANNUAL REPORT

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ANNUAL REPORT

2023



EXEKO.MTL



EXEKO

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ABOUT US

EXEKO: AN INTRODUCTION

Since 2006, Exeko has been using art and philosophy to promote social inclusion. We recognize everyone's potential to think, act, create and participate in society, whatever their situation or background. We presume the equality of intelligences.

To contribute to an inclusive and liberating social transformation, our actions aim to amplify underrepresented voices, to support the civic, cultural, and social participation of people in situations of exclusion, and to co-create with them collective initiatives that bring about change.

We work closely with groups experiencing, or at risk of, homelessness, low-income individuals, people who have, or may be dropping out of school, Indigenous people, racialized people, immigrants, and neurodivergent people. Together, we create spaces for encounters that celebrate the plurality of our voices, our knowledge and our experiences.

We propose innovative approaches to create the best conditions for:

- Practical approaches to cultural, intellectual, social and intercultural mediation, offering the right tools to recognize, value, and equip differences (in culture, knowledge, etc.);
- Systemic approaches inspired by social innovation, to take positive action at both individual and societal levels (particularly civil society, organizations, institutions and governments).



LETTER FROM THE EXECUTIVE COORDINATORS AND THE PRESIDENT

2023 was a year of deepening and evolution for Exeko, always centered around its mission of social transformation and inclusion through the arts and critical thinking.

This year was first and foremost an opportunity to open up the organization's membership, in order to lay the foundations for a proper democratic functioning. The Annual General Meeting in June 2023 brought together a diverse range of stakeholders - volunteers, participants, allied organizations, partners - to adopt our new by-laws and elect three members to our Board of Directors. This change represents a way for Exeko to become more firmly rooted in the multiple communities with which the organization collaborates.

In 2023, we also reflected on our actions in the context of a tension-filled new post-pandemic normal, through the co-development of a three-year strategic plan. The concept of plural and multiple «alliance constellations» emerged as a key guiding idea for our work in solidarity with the groups and organizations we work with. The vision of an inclusive society, founded on principles of accessibility, equity and justice, remains at the heart of our work and actions, and these continue to revolve around three programming priorities.

Programs for an inclusive city represent a series of initiatives deployed in different Montreal neighborhoods, to encourage the full participation of people who are marginalized due to systems of oppression within the city. In 2023, we deployed over 350 activities, through a dozen programs and special projects, and in collaboration with some thirty partners in the field. These activities range from regular trips by our idAction mobile caravan to public spaces and partner sites, to artistic residencies, cultural outings and workshop series.

Collaborations with First Nations and Inuit communities aim to support various cultural or community initiatives led by Indigenous partners, by mobilizing our cultural and intellectual mediation tools. In 2023, we deployed 11 visits to 5 communities, 3 workshop series in Montréal, and contributed to several partnership and strategic initiatives.

The Social Innovation Labs propose participatory action-research projects aimed at tackling complex issues related to social and cultural inclusion. In 2023, we carried out 8 research projects and 13 knowledge transfer activities.

On an organizational level, we have also set up a care committee to develop a comprehensive psychosocial support strategy for teams who may be faced with different forms of violence in the various fields in which they operate. The committee's work has led to the introduction of clinical supervision sessions, training on themes such as compassion fatigue, and targeted support on issues of equity and anti-oppression.

Ways of caring for a world that is hardening and contracting will remain at the heart of our questioning and actions over the coming years. Support for the community - members, team, partners, collaborators - and strategies for alliances and solidarity are concerns at the heart of Exeko's fight against social exclusion.



Executive Coordinator

Sophie Girondin



Executive Coordinator

William-Jacomo Beauchemin

THE ARTISANS

OUR TEAM

In 2023, the Exeko team consisted of thirteen Board members, around fifteen salaried staff, a community of around twenty mediators, and almost a dozen short- or medium-term interns:

BOARD OF DIRECTORS

Danielle Poulin
François-Xavier Michaux
Gabriela Molina
Jani Bellefleur-Kaltush
Jeanne-Marie Rugira
Lourdes Rodriguez del Barrio
Maïtée Labrecque-Saganash
Mélanie Valcin
Nadia Duguay
Ricardo Lamour
Sara Lyons
Yann Allard-Tremblay
Youssef Shoufan

Executive Coordination

Sophie Girondin
William-Jacomo Beauchemin

Audit Committee

François-Xavier Michaux
Lourdes Rodriguez Del Barrio
Sara Lyons

Governance and Ethics Committee

Gabriela Molina
Danielle Poulin
Lourdes Rodriguez del Barrio
Ricardo Lamour

Feedback and Development Committee

Lourdes Rodriguez Del Barrio
Maïtée Labrecques Saganash
Mélanie Valcin
Nadia Duguay
Ricardo Lamour
Sara Lyons



Programs and Projects

Anne Brel Cloutier
 Anne Loranger-King
 David Touchette
 Emily Laliberté
 Flora Catherine Ndimba
 Isabelle Chrétien
 Jose Fuca
 Marion Obonsawin-Simond
 Tiphaine Barrailler
 Valérie Richard

Social Innovation and R&D Laboratories

Christine Chevalier-Caron
 Ducakis Desinat

Partnerships

Hanieh Ziaei
 Simon Paradis
 Sophie Girondin

Communications

Elise Vassiliadis-Poirey
 Nathan Girot
 Sophie Girondin
 Stéphanie-Rose Nyot Nyot

Administration

Alison Read
 Cécile Perier
 Nathalie Vendruscolo
 Plem Kijamba Nicolas
 Sophie Segura Cerezo
 Tammy Laroche Methot
 Tamar Tembeck

Mediation Team

Alessia De Salis
 Anne Brel Cloutier
 Anne Loranger-King
 Batone Néto
 Carolina Chmielewski

David Touchette
 Dona-Bella Kassab
 Ducakis Desinat
 Fenyx Florentiny
 Flora Catherine Ndimba
 Isabelle Anguita
 Isabelle Chrétien
 James Galwey
 Jani Greffe Bélanger
 Jose Fuca
 Katherine Lapalme
 Kena Molina
 Kody Crowell
 Lydia Risi
 Marie-Paule Grimaldi
 Marion Obonsawin-Simond
 Marine Coeurdassier
 Maya Laoufi
 Raphaëlle Ainsley-Vincent
 Simon Chalifoux
 Tiphaine Barrailler
 Valérie Richard
 William-Jacomo Beauchemin

COLLABORATORS AND PARTNERS

EDUCATION AND RESEARCH

Centre InterActions • Centre interdisciplinaire de recherche sur la citoyenneté et les minorités (CIRCEM) • Chaire UNESCO de recherche appliquée pour l'éducation en prison • Chaire de recherche du Canada sur la citoyenneté culturelle des personnes sourdes et les pratiques d'équité culturelle • Chaire de recherche du Canada en Muséologie citoyenne - Université de Montréal • Consortium national d'expertise en inclusion sociale (CNEIS) • École d'innovation sociale Élisabeth Bruyère - Université St-Paul à Ottawa (CRITS) • Erasme • HEC Montréal • Société Inclusive • Innoweave • Observatoire de la Culture et des Communications • Observatoire des Médiations Culturelles (OMEC) • Centre de recherche et d'expertise en gérontologie sociale (CREGÉS) • Institut universitaire en déficience intellectuelle et en trouble du spectre de l'autisme

INDIGENOUS

Administration régionale Kativik / ESUMA • Arsaniq School (Kangiqsujaq) • Centre culturel Kinawit • Centre d'amitié autochtone de Montréal • Centre d'amitié autochtone de Val-d'Or • Collège Kiuna • Conseil jeunesse de Wemotaci • École Mikisiw d'Opitciwan • École secondaire Nikanik de Wemotaci • Eastern Door (Sharing Our Stories) • Fondation Nouveaux Sentiers • Maison de la famille Mianirsivik • Maison des jeunes Niwitcewakan-Wapi de Wemotaci • Makivik Corporation • Mianirsivik Family House (Kangiqsujaq) • Mikana • Projets Autochtones du Québec • Projets des Travailleuses de Soutien Autochtone • Qarjuut Nunavik Youth Council • RÉSEAU de la communauté autochtone à Montréal • Table de concertation Miro • Fusion Jeunesse

SOCIAL

Aire Ouverte • Accueil Bonneau • AGIR • Auberge Madeleine • Mission Old Brewery • Cap Saint-Barnabé • CARI St-Laurent • Chalet Kent • Commun • Corporation de développement communautaire de Côte-des-Neiges (CDC Côte-des-Neiges) • Carrefour Jeunesse Emploi Bourassa-Sauvé de Montréal-Nord • Coalition Defund the police • Collectif Bout du monde • Collectif La voix des jeunes compte • Nos Jeunes à Coeur • Hoodstock • Comité itinérance du Plateau Mont-Royal • Coopérative de solidarité l’Affluent • Dîners St-Louis • Femmes du monde à Côte-des-Neiges • Front d’action populaire en réaménagement urbain (FRAPRU) • Fédération des Femmes du Québec • Habitations St-Roch • Itinéraire • InWithForward • Territoires innovants en économie sociale et solidaire (TIESS) • La Maison des amis du Plateau Mont-Royal • La Maison de l’Ancre • La Porte ouverte/The Open Door • Mission Old Brewery • OXFAM Québec • PAS de la rue • Pavillon Patricia Mackenzie • Philo-Boxe • Plein Milieu • POLO-Pôle de santé communautaire Montréal Nord • posAbilities • Prise 2-Espace Jeunes • RAPSIM • Refuge des Jeunes • Singa Québec • Service à l’expérience citoyenne de la Ville de Montréal • Social innovation Canada (SIC) • Solon • Sous Comité Milton Parc • Table de concertation du Faubourg St-Laurent • Table de concertation des organismes au service des personnes réfugiées et immigrantes • Ville de Montréal • Hôtel Dieu • Résidence YMCA • Comité Pôle Frontenac • Sentiers Urbains • Spectre de Rue • Collectif Droit de Cité • Architectes Sans Frontière

CULTURAL

BAnQ • Centre Clark • Maison de la Culture Janine-Sutto • Culture pour tous • MEM – Centre des mémoires montréalaises • Ministère de la Culture et des Communications • La Piscine • Musée McCord Stewart • L’Office National du Film du Canada (ONF): Théâtre aux Écuries • Société des Arts Technologiques (SAT) • Centre Jean-Claude Malépart • Bibliothèque Interculturelle de Côte-des-Neiges • Artensio Culture Montréal • Culture Trois-Rivières • Groupe des Onze

2023 AT A GLANCE



IN 2023,

→ More than **3 000 people** were directly or indirectly reached by Exeko programming

Actions carried out in **7 administrative regions** of the province of Québec.

INCLUSIVE CITY

Over **2 500 participants reached** through 4 programs covering more than **210 outings** with the mobile van, **13 cycles** of workshops and 2 special projects.

More than thirty community partners



COLLABORATION WITH FIRST NATIONS AND INUIT

More than **275 young people reached** through **5 communities** in **11 visits** and **3 cycles** of workshops in Montréal.

LABORATORIES, R&D AND KNOWLEDGE TRANSFER

A participatory action-research project, involving 5 young co-researchers. **150 people** trained.

OUR FIELDS OF ACTIVITIES

1

PROGRAMS FOR AN INCLUSIVE CITY

Illustration of fields of activity: *The Inclusive City* branch brings together a **diversity of projects and mediation programs** promoting the **full participation of systemically marginalized people** in the city's **cultural, social, intellectual and democratic spaces**.

Our initiatives, developed in **collaboration with the people affected and our community partners**, aim to combat exclusion by **creating spaces for expression, social analysis and creating systemic transformation**.

IDACTION MOBILE



THE PROGRAM

A philosophical and cultural mobile van that travels the streets of Montreal, meeting people who are homeless or living in precarious conditions, to encourage creativity and the expression of thought through encounters and discussions...

Custom-designed and equipped, the idAction Mobile van features a mobile library and creative and artistic materials (sketchbooks, coloring books, crayons, etc.). Influenced by the needs of participants, information shared by our partners and realities on the ground (opening of new resources, waves of immigration, dismantling of encampments, etc.), these different routes enable the mediation team to reach a wide variety of people wherever they are, particularly in the streets, alleyways, parks, near organizations and metro stations (Berri-UQAM, Atwater, Bonaventure, McGill and Place des Arts).

KEYS TAKE AWAYS IN 2023

- **4 outings** per week, around **210 outings**, plus events
- **More than 2 000 personnes reached**
- **6 shelter were reached**, including Cap St-Barnabé, Mission Old Brewery, Hôtel Dieu
- **5 to 10 parks and encampments visited**
- **4 boroughs visited** (Le Plateau Mont-Royal, Ville Marie, Côte-des-Neiges and Mercier-Hochelaga-Maisonneuve)

Quote

“ What you’re doing is fun,
it’s like opening a door to imagination „
a program participant

FINANCIAL PARTNERS



FRONTLINE PARTNERS

Cap St-Barnabé
Open Door
Plein Millieu
Comm-Un

Dîner St-Louis
Hôtel Dieu
Mission Old Brewery
Pas de la Rue

Pavillon Patricia Mckenzie
Projets Autochtones du Québec
Résidence YMCA
Refuge des Jeunes

IDACTION

idAction



THE PROGRAM

A program of reflection, social analysis and citizen participation aimed at all citizens, particularly young people and people at risk of, or experiencing, social exclusion.

The idAction program offers workshop series, in collaboration with community and social partners, in 6 of the city's boroughs. Through intellectual, cultural and social mediation workshops based on the interests and talents of the participants, the program offers a complementary initiative to that of partner organizations. Each series of sessions is tailor-made and evolving, and leads to creative, citizen-based action on multiple scales.

KEYS TAKE AWAYS IN 2023

- 9 series in total, from 12h to 30h per series
- 167 participants reached

Highlights and Quote

- Zines with AGIR and Auberge Madeleine
- A collective mural with Dîners St Louis
- A retreat with Chalet Kent to brainstorm an incubator project
- An audiovisual diary with Nos Jeunes à Coeur

“ I've learned that sometimes in life, you have to take the hard road to get where you want to go. ”

Erlange, CJE Bourassa-Sauvé, October 2023

FINANCIAL PARTNERS

Canada 

Montréal 

Québec 



Fondation

FRONTLINE PARTNERS

AGIR
Nos Jeunes à Coeur
CJE Bourassa-Sauvé
Chalet Kent

Auberge Madeleine
Dîners St-Louis
Cari St Laurent
Philo-Boxe

BIBLIO-LIBRE



THE PROGRAM

A critical literacy program that promotes knowledge sharing and cultural exchange, using books and writing as a pretext for literary and poetic encounters.

The Biblio-Libre program offers a series of book workshops designed to engage participants in a process of reading and writing rooted in their own reality. Each series ends with the launch of a book produced by the group.

KEYS TAKEAWAY IN 2023

- 2 series of 16 3-hour workshops
- 63 participants reached

Highlights and Quote

→ At Cari St-Laurent, adaptation of autoethnography techniques to the writing series, culminating in the creation of a booklet containing the treasures of the authors' texts.

→ At Pas de la Rue, creation of a podcast based on tales and legends that have marked the childhoods and imaginations of the participants.

“ You all have talent, some don't know it yet, some are just beginning to realize it. Keep developing your talents, keep developing your gifts! Bravo. ”

Linda PAS de la rue participant

FINANCIAL PARTNERS



CHAWKERS
FOUNDATION



Montréal 

Québec 

Entente de développement culturel

FRONTLINE PARTNERS

CARI St-Laurent

PAS de la rue

MÉTISSAGES URBAINS

métissages
urbains 



THE PROGRAM

Métissages Urbains is a residency program in the public space. Aboard our idAction Mobile mediation van, the artists we welcome are invited to set up activities around community organizations, in social cohabitation spaces and in parks. Accompanied by a mediator from our team, they create collaborative works with people experiencing or at risk of homelessness.

As part of its creative actions to promote greater social inclusion, Exeko has launched a project in the Frontenac neighborhood in the fall of 2023, with the aim of opening up a dialogue on the sharing of public space in the borough. The mediation team, which also took on the role of artist, went out to meet people in the streets, parks and public places, to address perceptions of neighborhood cohabitation in a sensitive and poetic way, a topic which is often only addressed in a functional dimension.

KEYS TAKEAWAY IN 2023

→ Series of 10 workshops (outings) with an average of 16 participants per workshop

Highlights and Quote

→ An artistic residency comprising 8 creative activities at the Maison de la Culture Janine-Sutto, one of which was open to the public. The vernissage was attended by some thirty people, including those involved in the project, as well as members of the public familiar with the venue.

→ The exhibition of creations from the project was on display in the lobby of the Maison de la Culture for a period of 4 weeks.

“ Everyone has the right to be there. It’s a public space. ”
A program participant

FINANCIAL PARTNERS



FRONTLINE PARTNERS

Maison de la Culture Janine-Sutto
Centre Jean-Claude Malépart
L'instance de concertation Comité Pôle Frontenac



SPECIAL PROJECTS**ESPACES PARTAGÉS**

THE PROGRAM

Espaces Partagés is a series of activities designed to develop knowledge about the lives, challenges and experiences of people experiencing homelessness. The project addresses issues of social cohabitation, both by those affected and those who are not, in order to combat the stigma associated with homelessness and to foster opportunities for exchange and coming together. Initiated in 2022 at Accueil Bonneau and Refuge des Jeunes, the project continued in 2023 with other partners.

IN 2023

- A letter from Pas de la Rue participants published in Pivot
- Audio clips recorded by Refuge des Jeunes participants
- Itinéraire participants questioned the mayor during a city council meeting
- A presence in May at the opening of Rue Sainte-Catherine, with the Village SDC

FINANCIAL PARTNERS

Montréal 

FRONTLINE PARTNERS

Accueil Bonneau
Refuge des jeunes
PAS de la Rue

L'Itinéraire
Pavillon Patricia
MacKenzie

SPECIAL PROJECTS

SENTIERS URBAINS



THE PROGRAM

Our collaboration with Sentiers Urbains began in 2023 with a series of 4 workshops in their gardens in Centre-Sud. These workshops were an opportunity to explore different creative techniques, and to allow young people to develop their connection with nature. A zine featuring all their garden harvests enabled them to keep track of what they had created.

FRONTLINE PARTNERS

Sentiers Urbains

Spectre de Rue

Refuge des Jeunes

SPECIAL PROJECTS**DROIT DE CITÉ**

THE PROGRAM

The Droit de cité project enabled more than 15 young people to familiarize themselves with their rights for the very first time. Thanks to our partnership with the CDPDJ, members of the Collectif Droit de Cité received several hours of training on the Youth Protection Act. They analyzed it through workshops mobilizing their experiential knowledge, and together they created a dense publication to share the knowledge developed with other young people currently placed in youth protection in Montreal.

FINANCIAL PARTNERS**Montréal** **Québec** 

FRONTLINE PARTNERS

Commission des droits
de la personne et des droits
de la jeunesse (CDPDJ)

Collectif Droit de cité

SPECIAL PROJECTS

PARCOURS URBAINS

THE PROGRAM

Parcours Urbains showcases a neighborhood through the eyes and voices of its systemically underrepresented residents. The project offers a space for artistic expression, where participants take ownership of their environment to reveal its diversity and richness.

During our workshops, pictures were used as a pretext for discussion and creation, which led to the production of two publications interweaving photos and personal accounts by the citizens of Parc-Extension and Côte-des-Neiges.

FINANCIAL PARTNERS



Entente de développement culturel

FRONTLINE PARTNERS

Habitations St-Roch
Femmes du monde
Bibliothèque interculturelle de Côte-des-Neiges

SPECIAL PROJECTS

CO-CREATION WITH LES MAISONS DE L'ANCRE



THE PROGRAM

The co-creation of a series of 5 video vignettes centered on dialogues between Maisons de l'Ancre participants and various characters reflecting their backgrounds. The participatory process was an opportunity to bring women's questions and voices to the forefront.

PRODUCTION PARTNER

Les Maisons de l'Ancre

2

COLLABORATIONS WITH THE FIRST NATIONS AND INUIT COMMUNITIES

We work with First Nations and Inuit through **a number of programs, adapted to the realities of our different partners**, in both urban and community settings. Our actions mainly consist of supporting community or youth initiatives, **through adapted cultural and intellectual mediation approaches**, which are implemented in several environments: schools, Native friendship centers, family centers, youth centers, outreach services and cultural centers.

We work with young people and professionals to explore initiatives that **reinforce their power to act, their sense of belonging, their self-esteem and their ability to project themselves into the future and into their community**. Our projects aim to support the **collective development of our partners and communities**, and contribute to strengthening the skills and competencies of the young people and teams of professionals with whom we work.

COMMUNITY VISITS



THE PROGRAM

Our community visits are co-constructed with local stakeholders in order to best identify and support our partners' needs, within the framework of community mobilization initiatives that foster personal development, critical thinking, social analysis, and civic participation. Working closely with local partners and actively involving young people, we co-construct content in response to specifically identified needs.

KEYS TAKEAWAY IN 2023

- 8 community visits
- 240 participants

Highlights

- Renewal of a close collaboration with Mikisiw High School in Opitciwan: support for young people in their creative projects and Nokotawin Art exhibition for the 2023 and 2024 editions in Shawinigan.
- New multi-year project: first collaboration with Wemotaci.
- Renewed collaboration with young people in the Odabi employability program at the Native Friendship Centre in Val d'Or.
- Needs identification trip to Ilnu communities on the North Shore.

FINANCIAL PARTNERS

Canada  Québec 



FONDATION
MARCELLE ET JEAN COUTU

FRONTLINE PARTNERS

Programme Odabi du Centre d'Amitié
Autochtone de Val-d'Or (CAAVD)

École secondaire Mikisiw de Opitciwan
École secondaire Nikanik de Wemotaci

URBANS PROJECTS



THE PROGRAM

Working with First Nations and Inuit, we also offer urban idAction series. Through intellectual, cultural, and social mediation workshops based on the interests and potential of the participants, the program offers a complementary approach to that of partner organizations. Each series is tailored and evolving, and leads to creative and civic action on a variety of scales. Our activities in the city are above all artistic and cultural, and that's what our participants appreciate.

KEYS TAKEAWAY IN 2023

- 3 urban series of 10 3-hour workshops
- More than 30 participants reached

Highlights and Quote

- A visit to the McCord Museum
- Creation a shelf at PAQ 1
- Exploration of new art practices: string art, linocuts

“ So, what are we doing today? We were waiting for you. ”
A program participant

FINANCIALS PARTNERS

Canada Québec



FONDATION
JEUNES
ET TÊTE



FRONTLINE PARTNERS

Projets Autochtones du Québec (PAQ)

IKAJUQATIGIITTIIT - THE NUNAVIK COMMUNITY EMPOWERMENT PROGRAM (NCEP)



THE PROGRAMME

Ikajuqatigiittiit, formerly the Nunavik Community Empowerment Program (NCEP), supports the creation and consolidation of spaces for collaboration and learning in Nunavik communities. The program aims to foster learning and motivation, supports collective leadership and encourages community involvement.

Initiated as a pilot project with ESUMA, Kativik Regional Administration, and the Inuit community of Kangiqsualujjuaq, NCEP has developed since 2016 as a program that accompanies young professionals and community organizations. Community service workers share and coordinate their knowledge, experience and efforts to create educational projects and activities with, and for, young professionals and their organizations

Highlights

- 3 visits, including participation in an Annual General Assembly in Qarjuit
- A new identity for the program

FINANCIAL PARTNERS



FRONTLINE PARTNERS

Kangisujuaq : maison de la famille Mianirsivik
Qarjuit Youth Council

SPECIAL PROJECTS



FIRST NATIONS YOUTH SUMMITS

ORGANIZED BY THE FIRST NATIONS AND LABRADOR YOUTH NETWORK

Facilitated the meeting that began on the morning of March 25 and ended at noon on March 26 at the Manoir du Lac Delage, in partnership with Puamun Meshkenu and in collaboration with the First Nations of Québec and Labrador Sustainable Development Institute and Wapikoni Mobile. The event brought together young people aged 18 to 35 from 10 First Nations, and attracted some 60 participants.

THE NEW PATHWAYS FOUNDATION

In the summer of 2023, we continued our collaboration with New Pathways for two leadership camps, for the facilitation of linocut workshops. The first camp took place in Listuguj in July. The second took place in Gesgapegiag in August. We also collaborated through the steering committee of the participatory budget project led by the New Pathways Foundation laboratory.

FRONTLINE PARTNERS

Fondation Nouveaux sentiers
Sommets Jeunesses Premières Nations
Réseau Jeunesse des Premières Nations Québec-Labrador (RJPNQL)

3

LABS, R&D AND KNOWLEDGE TRANSFER

We carry out **various projects and concerted actions in knowledge mobilization, research and development, and knowledge transfer**. These activities are carried out through our **social innovation laboratories**, seeking to understand and act on some of the root causes of exclusion. We use **participative, creative approaches**, aiming to **co-construct knowledge in a way that is sensitive to the nature of the experiential, theoretical, and practical knowledge** involved.

SHARED VOICES LIVING LAB



THE PROGRAM

The Sharing Voices Living Lab is the fruit of a collaboration with the Centre de Recherche et de Partage des Savoirs Interactions, and aims to support and accelerate innovative youth civic participation practices rooted in various Montréal neighborhoods.

For this project, the Lab is hosting the project in collaboration with a research team specializing in issues of intersectionality and intercultural dynamics. The project is based on the involvement of an extended network of community partners and public institutions, through the deployment of 5 pilot projects in youth civic participation, studied by a committee of young co-researchers on socio-professional internships.

A series of workshops was organized jointly with the project's partners and collaborating organizations, to reach out to a diversity of young people in different neighborhoods of the metropolis, on themes such as the civic participation of young women and girls, and of young people in a context of gender diversity, mental health and engagement, the place of young people in the socio-ecological transition, and more.

KEY TAKEAWAYS IN 2023

- Five reports written by the co-researchers
- Two workshops with Hoodstock and Aire Ouverte

Quotes

“ Sometimes it's the little gestures (...) that make a big difference. ”
Nelly

“ There are realities different from mine. ”
Alaa

FINANCIAL PARTNERS



FRONTLINE PARTNERS

Solon
Hoodstock

Aire ouverte
Chalet Kent

Service à l'expérience citoyenne - Ville de Montréal

INCLUSIVE CULTURE LAB



THE PROGRAM

Exeko's collaboration with the Observatoire des Médiations Culturelles (OMEC) continued, with Professor Christian Poirier co-directing the Observatory for part of the year. Exeko has been involved in a number of strategic research initiatives on cultural issues, either through OMEC or on its own.

KEY TAKEAWAYS IN 2023

- A webinar attended by key stakeholders in cultural mediation from many regions of the province of Québec.
- Six regional portraits written by the co-researchers
- A workshop held at the Institut National de la Recherche Scientifique, on the theme of «Utopias and dystopias in cultural mediation».
- A «tea hour» at Artensio's Maison de la Médiation Culturelle, around our idAction mobile project.
- Co-direction of a collective work on mediation practices and cohabitation.
- Collaborations with the Canada Research Chair on Deaf Cultural Citizenship and Cultural Equity Practices

Quotes

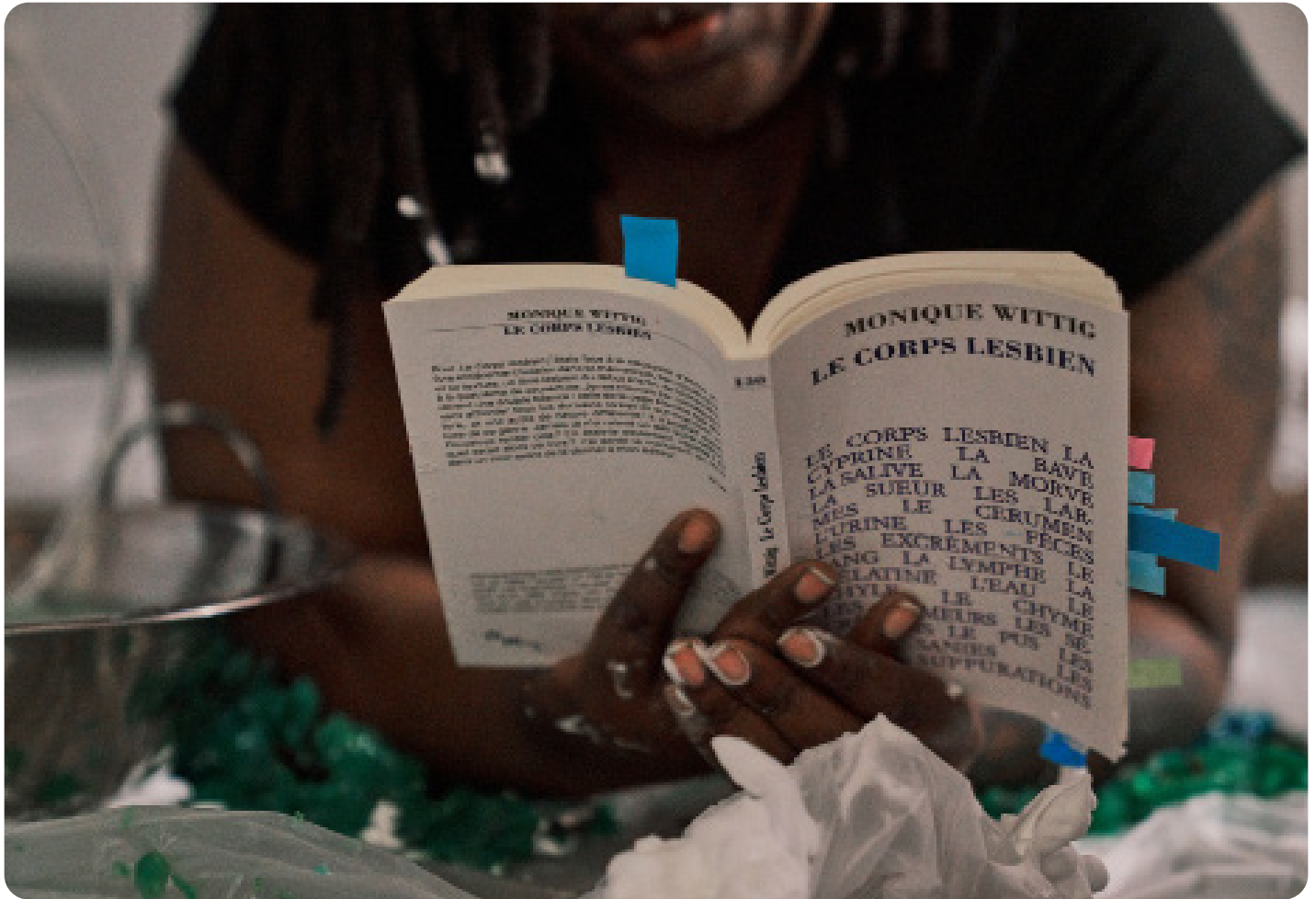
“ The school administration was distraught to learn that the students in the nature class were refusing to return to the city, having chosen to discontinue their medicated treatments and replace them with boreal immersion. ”

Group writing Exercise

“ Exeko allowed me to meet the person in front of me rather than remain on a professional level ”

A participating researcher

SHARED KNOWLEDGE LAB



THE PROGRAM

Through collaboration with partners in British Columbia, we have deployed several artistic residencies centered around transformative storytelling approaches for social justice. The «autoethnographic» approach, aimed at reflexively retracing life's journeys, was explored in a variety of ways, in groups and individually, as a tool for mediation, but also as artistic research.

KEY TAKEAWAYS IN 2023

- 5 individual autoethnographic residencies focusing on storytelling
- 2 group residencies, in the form of a series of workshops
- A co-development visit with Cissie Fu, professor at the University of the Arts, Singapore, and Nima Schmitz of InWithForward, to cross-examine our approaches and strategies.
- A half-day of artistic performances based on some of our residencies

FINANCIAL PARTNERS



PRODUCTION PARTNERS

PosAbilities

InWithForward

TRAINING, CONSULTING, AND KNOWLEDGE TRANSFER



THE PROGRAM

Consulting services and customized training courses in collaboration with organizations or partners upon request: sharing learning from our projects and experiences, while allowing practices to evolve according to different training contexts.

Key Takeaways

- 4 meetings were held with Oxfam-Québec's Beninese partners
- Facilitated a co-development session with partners of the Pôle en Santé Communautaire de Montréal-Nord (POLO).
- Facilitated a workshop and forum at Culture Montréal's symposium on cultural citizenship
- Training and support for facilitation in youth participation for the Observatoire des Communautés Noires, in collaboration with the Bout du Monde collective
- Training for the Agence Universitaire de la Francophonie on intellectual mediation
- Workshop facilitation at the Architectes Sans Frontières forum on homelessness and architecture
- Cultural mediation training at Culture Trois-Rivières
- Contribution to the Politiques Culturelle course at the HEC business school
- Facilitated a symposium by the research team on governance and solidarity networks at the École Nationale d'Administration Publique.
- Conference on intellectual mediation at the Congrès de la Société de Philosophie du Québec
- Co-organization of a one-day forum on participatory research with Société Inclusive at Université Laval.
- Supported the Groupe des Onze education committee in the development of their mandate sheet.
- Intercultural mediation training at the YMCA
- Facilitation of a day of strategic reflection with the Projets Autochtones du Québec team in Kahnawake
- Podcast with the Centre for Interdisciplinary Research on Citizenship and Minorities at the University of Ottawa

SPECIAL PROJECTS



THE PROGRAM

Research and concerted action projects: contributing to the realization of our mission of social transformation as a learning organization, while putting our team's expertise at the service of collective and structuring projects that go beyond our organization.

CNEIS

As part of the closure of the Consortium National d'Expertise en Inclusion Sociale (CNEIS), a call for the transfer of their resources was launched. At the end of the selection process, Exeko was chosen. CNEIS resources will soon be available on the site.

MUSÉE DES SAVOIRS INÉDITS

As part of our participation in the Partnership «New Uses of Collections in Art Museums» initiated by the CIECO, Exeko is developing in-house research on a collection of works, as well as a reflection on how to enhance them. By developing methods of citizen museology, the aim is to attend to and carry the voices of our participants through the works.

4

SOLIDARITY ACTIONS

We collaborate or implement various actions to **support systemic transformations** in line with our mission. These actions complement our regular programming, in line with the organization's social transformation strategy.

MUTUAL AID

We act as a fiscal and solidarity sponsor for various initiatives rooted in our areas of action and in line with our mission, with terms and conditions adapted to the needs of partners and projects. We recognize the exceptional work done by the organizations we work with.

- Indigenous Support Worker Project

Financial partners: Ville de Montréal, RÉSEAU, Fondation Lucie et André Chagnon

- Mikana

Financial partners: Foundation of Greater Montréal

- Bout du Monde

Financial partners: Trottier Family Foundation, Foundation of Greater Montréal, Brian Bronfman Family Foundation

- Hoodstock

Financial partners: Foundation of Greater Montréal, Canadian Women's Foundation

- Singa Québec

Financial partners: Foundation of Greater Montréal

- Collectif La voix des jeunes compte

Financial partners: Foundation of Greater Montréal, Canadian Women's Foundation

- Eastern Door (Sharing Our Stories)

Financial partners: Foundation of Greater Montréal

MOBILIZE

we continue to mobilize around broader movements of action and advocacy for political, economic and social transformations that address the root causes of exclusion:

- Participation in public mobilization campaigns
- Signing open letters and petitions
- Participation in public policy consultations

ADVOCACY

We are also present and represented in a number of strategic places in terms of consultation and influence on major public and private decision-making. The aim is to ensure that responses to issues encountered on the ground, or concerning new projects, are not taken without the presence of those primarily concerned, and without critical analysis of their impact on excluded people :

- Intercultural Cooperation Committee,
- Côte-des-Neiges development cooperative
- Plateau-Mont-Royal Milton-Parc security sub-committee
- Réseau d'Aide aux Personnes Seules et Itinérantes de Montréal
- Coalition Defund the Police
- Plateau Mont-Royal cultural roundtable
- FRAPRU

TRAINING:

Au cours de l'année 2023, les membres de l'équipe d'Exeko ont participé à plusieurs formations continues visant à les outiller dans leur travail et à développer de nouvelles approches et pratiques :

- Training on how to live with discomfort with Maude Chaulvin
- Training on Inuit realities with Olivia Ikey
- Blanket exercise with Marie-Émilie Lacroix
- Anti-harassment training with UDEM
- Complex trauma training with CREMIS
- Training on compassion fatigue with Centre St-Pierre and Doctors of the World
- Training on alternative ways of welcoming suffering and difference
- Training on monitoring and prevention for suicide
- Training on autonomous community action with RIOCM
- Training on volunteering with the VBM
- Training with the communications team

HAND IN
HAND

PARTNERS

VISIONARIES 100 000 ET +

Government of Canada (Canadian Heritage)
Government of Quebec
City of Montreal
Marcelle et Jean Coutu Foundation
Microcom

PARTNERS 50 000-99 999\$

RBC Foundation
Foundation of Great Montreal

COMMITTED 10 000-19 999\$

Telus Rimouski
Telus Montréal
Le Plateau-Mont-Royal Borough

CURIOUS & VOLUNTEERS 1-4999\$

RBA Foundation
Ruba Ghazal - député de Mercier

ALLIES 20 000-49 999\$

J. Armand Bombardier Foundation
Dufresne et Gauthier Foundation
TD Foundation
Trottier Foundation
Côte-des-Neiges Borough

ENTHUSIASTS 5000-9999\$

Jeunes en Tête Foundation
Chawkers Foundation
Fonds étudiant (Fonds de solidarité FTQ)
Caisse d'économie solidaire Desjardins (CESOLD)
CDC Centre-Sud
Ville-Marie Borough

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Guy Demers
Colleen Lashuk
Magda Sayad
Daniel Stoll
Éric Pilon
Éric Lemire
Stéphane LeCornec

FINANCIAL STATEMENTS

FINANCIAL STATEMENTS

REVENUES

GOVERNMENT SUBSIDIES	886 732\$
DONATIONS FROM FOUNDATIONS AND COMPANIES	471 800\$
REVENUES FROM PARTNERSHIPS AND SERVICES	180 873\$
CONTRIBUTIONS FROM GOODS AND SERVICES	5 650\$
DONATIONS	481 058\$
OTHER REVENUES	131 386\$
PTSA	137 560\$
TOTAL	2 295 059\$

EXPENSES

HUMAN RESOURCES - PROGRAM DEVELOPMENT AND OPERATIONS PROGRAMS	1 579 597\$
GENERAL EXPENSES	167 493\$
HUMAN RESOURCES - ADMINISTRATION AND TEAM SUPPORT	158 427\$
ADMINISTRATION FEES	111 884\$
PTSA	116 357\$
TOTAL	2 133 758\$

**FISCAL AND SOLIDARITY SPONSORSHIP AGREEMENTS
(EXCLUDING PTSA)**

INCOME RECEIVED AS TRUSTEE	286 418\$
EXPENSES AS TRUSTEE	286 418\$



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