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## Man arrested for residential bombing

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# THE RECORD

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## New mommies needed!

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PM#0040007682

WEDNESDAY, AUGUST 15, 2018

## Gov't gives pre-election love to Anglo groups

Record Staff

The Quebec Government is providing \$6.9 million in funding to support organizations that provide services to English-speaking communities in the fulfillment of their mission to expand the territories they serve and diversify their activities.

This announcement for the funding was made Tuesday in Montreal by the Minister for Access to Information and the Reform of Democratic Institutions and Minister responsible for Relations with English-Speaking Quebecers, Kathleen Weil, accompanied by Minister of Sustainable Development, Climate Change and the Environment and Verdun MNA Isabelle Melançon.

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## The Rendez-vous d'Howard returns



GORDON LAMBIE

Chantal L'Esperance, President of the Rendez-vous d'Howard, (in white) with some of the re-enactors who will be present at Sherbrooke's Domaine Howard park in early September to walk visitors through local history. Among the personalities who will be present are Senator Charles Benjamin Howard himself (seen here at centre) as well as notable Sherbrooke textile mill owner Andrew Paton.

By Gordon Lambie

The Rendez-vous d'Howard, Sherbrooke's annual celebration of local history is back for a 17th year this Fall, this time focusing on the pe-

riod from 1885 to 1914. Set to take place the weekend of September 7 to 9, the festival will offer a little bit of something for everyone, with activities ranging from live musical performances to a miniature train exhibition.

Sherbrooke's Deputy Mayor, Paul Gingues, highlighted the era that is in the spotlight this year as being a key time for the development of Sherbrooke

CONT'D ON PAGE 3

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## LOCAL NEWS

The City had asked for \$3 million from the Quebec government, half of the \$6 million required to adapt the CERAS centre to meet the needs of the many sports associations,...

# Sherbrooke Councillor proposes Public / Private Partnership for Exhibition Centre

Record Staff

Following the City of Sherbrooke's failure to get the necessary funding to develop the CERAS exhibition centre on Parc St, municipal councillor and Chair of the Sport and Outdoor Committee, Pierre Tremblay, is proposing to expand the vocation of the Sherbrooke Exhibition Centre.

The City had asked for \$3 million from the Quebec government, half of the \$6 million required to adapt the CERAS centre to meet the needs of the many sports associations including gymnastics, cheerleading, fencing and judo that use the centre. For example, the Sherbrooke Gymnastics Club alone has more than 1,400 participants, the third largest sports association in Sherbrooke after soccer and hockey.

"For me, it is clear that the City alone cannot fund the \$6 million needed for redevelopment in addition to assuming the annual operating costs. We have to look for other solutions, and that's what's needed," Tremblay said.

The councillor explained that the sit-

uation was very worrying for sports associations that find themselves without adequate practice spaces. "When I think about the different possibilities and find that the exhibition center is clearly underutilized, there is something to wonder about in the optimization of our infrastructure. Taxpayers have paid almost \$25 million for this building and it is unthinkable and unacceptable to continue to spend huge amounts of money on new equipment, while a building on the fairgrounds has an occupancy rate of just 50 per cent per year."

Tremblay proposes broadening the mission of the centre by making it multifunctional. "Obviously, the mission of the fair center must continue and even grow," he says. "With a minimum of creativity and daring, I am confident that our services would be able to find a way to optimize the use of this important piece of municipal infrastructure and at the same time meet the needs of the sports clubs affected by the current situation."

Tremblay concluded by reiterating his opinion that the management of the ex-

## Man arrested for residential bombing

Record Staff

The individual accused of placing a chlorine bomb in a residential mailbox has been arrested thanks to information given to police from the public. The 20-year-old man has been charged with mischief and was released on a promise to appear in court.

Sherbrooke Police spokesman Martin Carrier explained that the young man, who was arrested and ques-

tioned on Friday night, is not known to police.

This is the second time in as many years that the victims have found a similar device in their mailbox.

Police would not say if the two events are related but are looking at the facts of this year, keeping details of the earlier incident in mind.

On Friday, around 9:45 p.m. a chlorine bomb exploded on Pasteur Street near Montcalm School, causing damage to the entrance of the house.

hibition centre should be entrusted to a public / private partnership. "In my opinion, the centre's function is one of specialized business activities and should be entrusted to people who have the expertise and network of contacts in this industry," he said. "As for the sporting as-

pect, I think it could be supported by our Sports Department. Also, I intend to present a formal request at the next municipal council meeting addressed to our service departments so that this hypothesis can be rigorously examined and considered."

## Rendez-vous d'Howard

CONT'D FROM PAGE 1

and said that the chance to step back into that period is an opportunity not to be missed.

"Year after year the city supports the Rendez-vous d'Howard," Gingues said, adding that recent work in the park has rendered the site "more magical than ever."

Chantal L'Esperance, President of the event's organizing committee, explained that the festival, which started as part of the bicentennial celebrations in 2002,

was meant as a way of giving the park back to the people of the city.

"Many people thought this was private land when, in fact, it was left to the city in 1962 by Senator Howard," L'Esperance said, adding that the subsequent celebrations of Sherbrooke's past and present have helped people across the region develop a real attachment to what started out as the Howard family's hunting and fishing estate, once upon a time.

With a focus on art, nature, and highlighting Sherbrooke's founding cultures,

the annual gathering has a long list of possible activities to explore.

This year access to the site will work a little differently than in years past. Although the general public will still be able to visit the park for free, access to the concerts and activities of the festival will require the purchase of a small tartan square that will serve as an access pass. Priced at \$5 (free for children 12 and under) to keep the event accessible to a broad population, the access pass is meant to help keep the festival financed and fully operational for the years to

come.

The full programming for the weekend will be distributed in pamphlets throughout the region in the coming days, and will be available on the event's website, <http://www.rendezvousd-howard.com/>, shortly. During the weekend, English speaking volunteers will be stationed at the festival's central information desk for anyone seeking help or directions.

## Pre-election love

CONT'D FROM PAGE 1

The new program, announced in the last budget, is now in effect and aims to support organizations in their ability to fully participate in the prosperity of Québec society, in many spheres of activity. Eligible organizations are NPOs, social economy enterprises, including co-operatives, and public institutions that provide services to English-speaking communities.

The first initiative supported is the Community Health and Social Services Network, which will receive \$5.7 million over the next three years. The Network will redistribute a large portion of this amount (93 per cent) to the 25 local and regional organizations it coordinates.

The remaining \$1.2 million will go to three organizations for separate pro-

jects. The English Language Art Network (ELAN), Seniors Action Québec (SAQ) and Literacy Québec (LQ) will receive \$400,000 each over the next three years to ensure that their respective sectors of activity maintain their services, to expand their operations in the regions, to strengthen links with various levels of government and to support the development of action plans.

In addition to the amounts announced today, a call for projects has been launched in connection with the appropriations available within the budget of the program to support organizations offering services to English-speaking communities worth \$9 million over the next three years.

"The CHSSN (Community Health and Social Services Network) is pleased to work with the Secretariat to strengthen

the capacity of regional Anglophone community organizations to better represent the needs, priorities and interests of their constituents," said Executive Director Jennifer Johnson.

The main objectives of the new program include supporting targeted organizations, institutions and partnership networks by enabling them to sustain their resources dedicated to the implementation of their mission. It also aims to support community organizations, increase the accessibility of public services for English-speaking Quebecers, contribute to the retention of young English-speaking Quebecers through enhancing employability.

In a historic gesture, the government created the Secretariat for Relations with English-speaking Quebecers in November 2017 for the first time in the his-

tory of Quebec. This was an effort to respond to a long-standing demand from the Quebec English-speaking community for a formal structure within the government with a mandate to ensure that the concerns of English-speaking Quebecers are taken into account in government policies and decisions, in consultation with the departments and agencies concerned.

Over the last few months, the government has conducted numerous consultations in the various regions of Quebec to gather the concerns and issues of the various English-speaking communities that culminated with an exchange workshop attended by many actors and leaders of the English-speaking community last February.



# THE PET CONNECTION



Jen Young

### Sanctuary status

When we bought the store and began renting our space years ago; five years ago as of the end of this month actually, our mission was to bring in animals with no chance and help them find new loving families. During that time, as any rescue or shelter knows, there come some animals that just can't be adopted out. There can be numerous reasons, but mostly what is seen is dogs who can't be trusted to leave your hands. A dog who is timid and shows fear aggression in new situations, a dog who forms a very strong bond with us and never wants to trust any other human, or a dog who has certain quirks that you just can't trust a human to take seriously enough. We have a handful of those dogs. Dogs that if they were in a shelter where space is limited and contracts are signed to have to take in any animal brought in, these dogs would be euthanized. Many would say, "If there is no space and the dog can't be trusted, it should be put down", which would also make sense financially. But, we are not a shelter. We are not here to try to hurry the process of finding them homes. Yes, while a dog that can't be adopted out is using space

that another adoptable dog could use, our mission is not about "trying to save and if we can't in a decent amount of time then replace it with a new one." It never has been. We started doing this because we recognized a need for somewhere that an animal could be rescued from being euthanized and given love and attention and cared for. Make no mistake, when they come to us, they are loved, by me, by us. We care deeply about these animals, which is obvious or we wouldn't still be fighting the uphill battle after all these years to keep trying to help as many as we can. Our mission is to "Save one life at a time", it always has been and always will be. It just so happens that over the years, some can never leave us. Don't get me wrong, I wish they all could find loving forever homes, but for some, that home is with us. It adds a certain pressure on us to make sure we continue to be able to keep going, to keep the doors open and a roof over the heads, food in the bellies of a handful of dogs who think they are home, and who now consider us as their family. So while we have space for 35 dogs to come to us and get the vet and emotional care they need to be able to go on and find a new chance, some have come to call us home; 14 to be exact. 14 that will never leave us until their time on earth is over, or God forbid we can't do this anymore, which is too unbearable of an idea for me to fathom, so we continue to do what we do every day. We save one life at a time, whether that be getting them ready and waiting for a family to want them, or by giving them a home they grow strong and balanced in surrounded by people who care about them. Our "sanctuary" side of what we do may not

be financially sound, it may make everything we do that much harder, but it gives a handful of dogs a life that was to be taken away from them. A life they can now call their own, which includes the best food, any vet care they need, only people who care and respect them, a steady routine, and most of all, love. These are a few of the faces that call us home and are not for adoption:

**Charlie** is a 6 year old cocker. He was to be euthanized because he nipped at his owner over a scarf that he decided was his. After numerous months with us, he learnt that he was not permitted to "claim" any objects and we began looking for a home that understood his past aggressions. Despite interested families being well aware of his past issues, he would try them again each and every time he left our hands, and has been returned 4 times in almost three years. He is no longer for adoption since we know that once he leaves our hands he will indeed try it again.

**Damon** has been with us for 4 years. He is not good with other male dogs, he is no good with cats (after he left on a trial once and a stray cat attacked him and left scars on his face) and he has a bad habit of eating anything he can find. In his time calling us home, he has had two operations to unblock a toy he had snagged, or a leash, or his blanket... With us, he has a few dogs that he gets along famously and spends his time with and now has become so used to his routine and home that he gets scared and growls at people when we come upstairs. With us he is loved and kept safe. A pitbull with issues is not safe in the world, but he is safe with us.

**Loki** is a young husky who has battled some heavy duty fears since he

came to us over a year ago. He has gone on a handful of trials and always returned because he attempts to be bossy and needs a lot of time to trust and be respectful to new people. He will claim what he wants as his and tries to demand certain things. After a few returned trials, Loki began not wanting to come up and visit people anymore. When he now meets a stranger he cowers and hides behind one of us and if they approach he will try to snap at them. He will protest visibly. Loki now calls us home and his best friend, Tasha (another sanctuary dog) and he are soul mates.

**Whiskey** came in a snarling, foaming at the mouth, snapping biting mess in a cage. Whiskey has come a long long way. He loves everyone here and we have even gotten to a point where he will wear his muzzle without protest to do his nails, but because Whiskey is so obviously displeased with anyone he doesn't know or trust, he cannot be trusted to leave our hands. He spends his days running around like a happy puppy and that is the life we will give him.

These are only a few of "our" family members who we love and they will continue to call us home, but there are 14 in all. 14 who even though they call us home, depend on the support and care as the other 20-some who are just waiting patiently for a new forever family. While nothing does my heart better than seeing an animal leave our hands (which is difficult to say goodbye) and go on to become a cherished family member, some, even though they would be deemed a "problem dog" in the public eye, are cherished members of our family.



Charlie



Damon



Loki



Whiskey

This page is provided by Blue Seal - The Animal Nutrition Centre and The Pet Connection.



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# New mommies needed!

By Ocean Francoeur  
Special to The Record

We often hear about blood banks and how important giving blood is; there are billboards everywhere with the now-iconic red, single-sleeved shirt campaign. Yet, there's another bank that needs donations: the mother's milk bank. Though the regions milk supply manages to meet demand, Héma-Québec, which handles the bank, is always trying to recruit new breast-feeding mamas.

Amélie Boivin, project coordinator for Héma-Québec, explained how the milk bank is essential to helping babies who are born prematurely.

"The bank is in place to help babies who are born at 32 weeks or less. When that happens, the mom typically can't give milk. Of course, it depends on the woman," she said. "But usually they're not producing milk yet, and since the baby is too young to latch, they can't stimulate milk production. And breast milk is really critical for premies."

Though baby formula is an option for women who can't or otherwise decide not to breastfeed, premies, or premature babies, are very fragile and prone to infections and illness. According to Boivin, breast milk holds the best combination of nutrients and antibodies they need to get bigger and stronger quickly, without irritating their still-developing system.

"When a baby is born that young, their digestive system isn't fully done developing. Because of this, their intestine lining is prone to irritation and inflammation. Their intestines also can't absorb nutrients properly yet."

Boivin said that due to their small size and intestinal fragility, premies are prone to developing necrotizing enterocolitis, or NEC. According to her, it is the biggest complication that doctors have to deal with.

NEC occurs when tissue in the small or large intestine is injured or inflamed. This can lead to death of intestinal tissue and, in rare cases, a hole (perforation) in the intestinal wall. When this happens, the intestine can no longer hold waste. So, bacteria and other waste passes through the intestine and into the baby's bloodstream or abdominal cavity.

Cow's milk, from which formula is derived, like other forms of dairy, is difficult for the digestive tract to process. For that reason, babies, especially premies, who are fed formula have a higher risk of developing NEC.

"Breast milk avoids the risk, and, due to the high level of antibodies in the milk, it reduces chances of overall infection," said Boivin. "It also helps with weight gain and reduces the need for hospitalization. Premies are vulnerable, and though there is special premie formula on the market, it's not the best. You can't beat mother's milk."

Sherbrooke's mother's milk bank is quite recent, having only opened in November of 2017. The program as a whole, in Quebec, is new. The first bank was opened in 2014 in Montreal, because of its proximity to the breastmilk processing plant.

"There's a whole process that the milk must go through before it's sent to hospitals. We want a final product that has the highest possible nutritional value for the babies, and to do that we actually pool all of the donations together," explained Boivin. "It's not like blood, where donation is restricted by typing. All milk is a 'universal donor', so to speak. We also pasteurize the milk to eliminate any bacteria and test it to make sure it's safe. Then everything is re-bottled and shipped."

Of course, before any woman is allowed to donate, she must go through a selection process. Like with a blood donation, there is a blood test performed to rule out any transmittable viruses or diseases. Héma-Québec has a few criteria that women must fall into before being considered eligible donors.

"Donations are done at home, by the mothers themselves. We provide them with bottles, so there's no cost on their part," explained Boivin. "When they've pumped their milk, they just have to put the bottles in the freezer and drop them off at a donation center whenever is convenient for them. In the case of Sherbrooke, that's PlasmaVie."

"First we ask that our donors live at most an hour away from donation centers," she said. "Just because the milk has to be frozen, and we don't want the milk to be frozen, then thawed on the way to the drop-off center, then frozen again.

We want to maximize the quality of the milk."

The rest of the process is simple: women can register as donors either over the phone or online, where they fill out a questionnaire that determines whether they are eligible donors or not. If they qualify, they are given instructions on what to do or not do when being a donor. For example, women who are planning on giving breast milk cannot be smokers.

Boivin pointed out that most of the time, women pass the eligibility test without a problem, so long as they are healthy and have a surplus of milk to give. The issue, however, is that the bank needs milk from new moms, ones that are breastfeeding infants from 0 to 12 months old.

"It's within that time frame that the milk is the most nutritious and corresponds to what premature babies need," she explained. "Breast milk changes depending on the needs of the child, so once we're past that year mark, the milk isn't good for what we need it for."

This is a challenge for the bank because it means they constantly have to be recruiting new mothers to be donors.

Unlike blood or plasma, where donors typically come back regularly, with breast milk, donors are often a one-time-only deal.

"We have a beautiful response in the Sherbrooke region, but it's a huge obstacle to always be hunting for new moms who have a milk surplus. It means we always have to be campaigning, getting the word out there, being visible in the community," said Boivin, adding that not every mom has enough milk to feed both her baby and be a donor.

"We're really lucky because we manage to keep our supply at our goal, which is 4 000 litres of milk a year. But that corresponds to 700 milk donors province-wide to meet hospital demands, which can be hard to find! Here in Sherbrooke we need at least 80 a year," concluded Boivin. "Some women have a lot of milk to give, they can fill 30 bottles for one donation. Some moms can only give one. That's normal, everyone is different. The important part is to give. Every bottle counts!"

To find out more about donor qualifications or to apply to be a donor, visit [www.hema-quebec.qc.ca/lait-maternel/](http://www.hema-quebec.qc.ca/lait-maternel/) or call the 1-888-666-4362.



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# EDITORIAL

People have produced more than nine-billion tonnes of plastic in less than 70 years, more than half of it over the past 13 years, according to a study in Science Advances.

## SCIENCE MATTERS

# The future isn't in plastics

By David Suzuki

People in Canada discard about 57 million plastic drinking straws every day. In my hometown of Vancouver, we toss out 2.6 million disposable cups every week. It's a global problem. Plastic products are choking landfills and waterways and causing devastation in the oceans. In 2014, scientists even found a new kind of stone in Hawaii, made of sand, shells, coral, volcanic rock and plastic.

That's why Vancouver is set to join cities and countries worldwide in banning single-use items made from plastic and other materials. The ban, which will begin to take effect in fall, will cover plastic and paper shopping bags, polystyrene foam cups and takeout containers, disposable hot and cold drink cups, take-out food containers and disposable straws and utensils from all city-licensed restaurants and vendors.

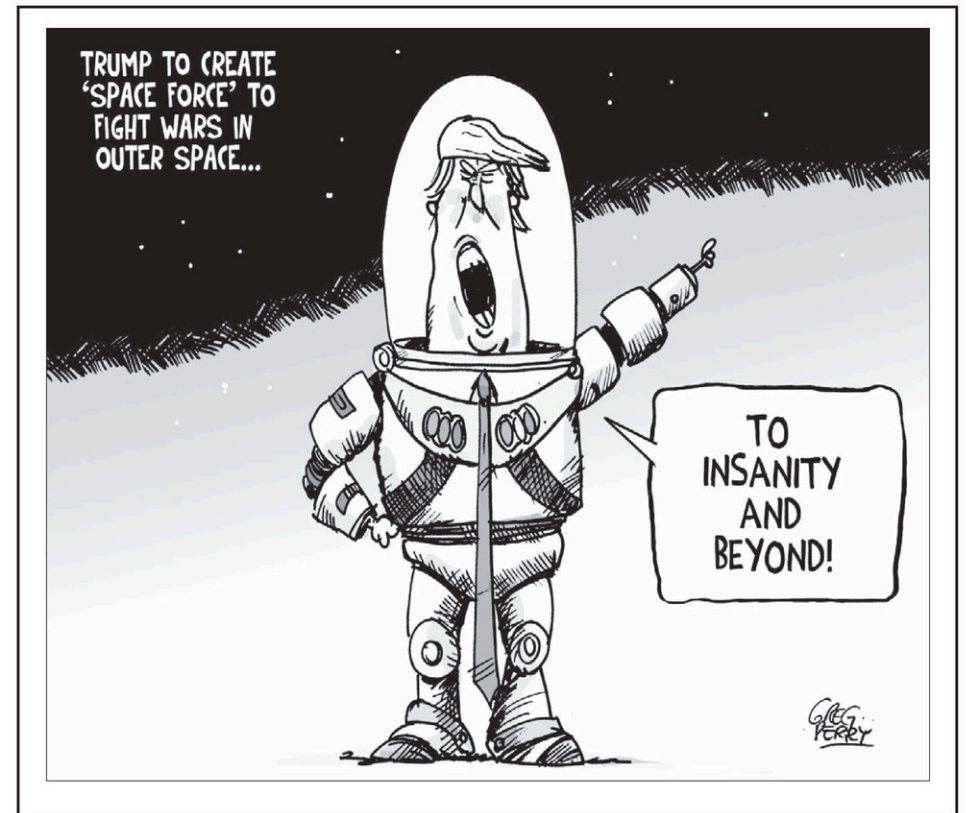
The city says it costs about \$2.5 million a year to collect single-use items from public waste bins and parks, streets and green spaces.

Plastics are durable, which is both a benefit and a problem. Products made from plastics can last a long time but most are discarded after a short time — very short in the case of single-use items — and take a long time to break down. When they do break down, they don't biodegrade; rather, they break into increasingly smaller pieces, many of which end up in the oceans as microplastics that harm aquatic life and birds.

From manufacture to disposal and beyond, these items wreak havoc on the environment. Almost all plastic products are made from chemicals sourced from fossil fuels. Producing them requires a significant amount of resources and pollutes air and water with toxic chemicals. When they're thrown away, they litter landscapes and clog landfills. Often they're carried by wind and waterways to the oceans, where they can be found everywhere, including in massive swirling gyres and in most of the animals that live in or on the seas. Additives in plastics can also leach into food and beverages, harming human health.

Plastics haven't been around for long, and their use really only took off after the Second World War, mirroring the boom in fossil fuel use. People have produced more than nine-billion tonnes of plastic in less than 70 years, more than half of it over the past 13 years, according to a study in Science Advances. Only about nine per cent gets recycled, although the figure is higher in countries like China, which produces the most plastic but recycles about 25 per cent. More than half of discarded plastic is packaging.

We're showing no signs of slowing down. According to research by the U.S.-based Center for International Environmental Law, the boom in cheap shale gas production is fuelling "a massive wave of new investments in plastics infrastructure in the US and abroad, with \$164 billion planned for 264 new facilities or expansion projects in the US



alone, and spurring further investment in Europe and beyond." Companies are marketing plastic packaging and other products to countries that haven't been as reliant on them and are not always as aware of the problems. That could drive production up by a third.

Center staff attorney Steven Feit notes, "Fossil fuels and plastics are not only made from the same materials, they are made by the same companies. Exxon is both the gas in your car and the plastic in your water bottle." He noted that plastics will account for 20 per cent of total oil consumption by 2050 if consumer and production trends continue.

Plastic can and has been made from other sources, including plant-derived molecules, fibres and starches, but fossil fuels are still relatively plentiful and inexpensive, and plant-based products

also come with environmental baggage.

The best way to avoid the massive damage that comes with plastics and fossil fuels is to stop using so many. We can avoid overpackaged products, bring reusable bags and containers to stores and coffee shops and use alternatives. For example, people who need to use straws because of disabilities can carry straws made from biodegradable paper or reusable metal, bamboo or glass.

Cities like Vancouver and the 60 countries moving to ban or impose levies on single-use plastic products are taking a step in the right direction.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation Senior Editor Ian Hanington.

Learn more at [www.davidsuzuki.org](http://www.davidsuzuki.org).

# DaidsTea to be sold in grocery stores, signs deal with Loblaw Companies

## The Canadian Press

DaidsTea Inc. has signed a deal that will see its tea sachets for sale at grocery stores across Canada.

The company has inked an agreement with Loblaw Companies Ltd. that will see several of the grocer's banners carry the tea.

DaidsTea packs are expected to be available in a range of Loblaw banners including: Loblaws, Independent, Zehrs,

Valu-Mart, Atlantic Superstore, Dominion, Provigo and Fortinos.

The new deal follows a shareholder revolt led by co-founder Herschel Segal to replace the board at the company's annual meeting in June.

Segal, who took over as executive chairman and interim CEO, has pledged the specialty tea shop will become profitable within a year.

DaidsTea has 240 company-operated stores in Canada and the United States.

## THE RECORD

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# Local Sports

"Things are stressful, but it is a good kind of stress," said Nicholas Lemay, President of the organizing committee for the competition as well as the Club Nautique de Sherbrooke

## Sherbrooke getting ready for sprint nationals

By Gordon Lambie

The biggest sporting event in Sherbrooke since the 2013 Canada Summer Games is just under two weeks away. Starting August 28, more than 2,000 young athletes representing 40 different canoe and kayak clubs across the country will converge on Sherbrooke's Lac des Nations to compete in the 2018 Canadian Sprint Canoe Kayak Championships.

"Things are stressful, but it is a good kind of stress," said Nicholas Lemay, President of the organizing committee for the competition as well as the Club Nautique de Sherbrooke, explaining that there is still a great deal of work to be done before the events get started at the end of the month. Over the next two weeks Lemay said that locals can expect to see some new structures popping up around Jacques Cartier Park in preparation for the competitions including judging towers and boat launches.

Nathan Desmarais, head coach at the Club Nautique de Sherbrooke, highlighted the hosting of this competition as a sign of strength for the local club. He pointed out that the organization has been going through a rough patch, with 8 different head coaches over the course of ten years. Despite those struggles, however, he pointed out that 11 different local athletes have qualified to com-



GORDON LAMBIE

The members of Sherbrooke's delegation to the Canadian Canoe Kayak Championships, along with Head coach Nathan Desmarais (far left) and organizing committee president Nicholas Lemay (far right). The national level competition will take place on Lac des Nations in the heart of the city in just under two weeks time.

pete in the national level competition.

For Anne Catherine Lavallee Letour, one of the members of the Sherbrooke delegation, it is a big plus to be paddling on familiar waters.

"Personally, I think it is one of the best sites in Canada," Lavallee Letour said.

Highlighting the rare bonus of having a paddling venue that is located in the middle of a city rather than in a more remote location, Lemay encouraged people to come from far and wide to watch the competition.

"Come see, it's free," he said, adding that the organizing team is also still

looking for volunteers to help things run smoothly. "The more we have, the better."

Anyone with questions about volunteering can call 819-432-1659. More information about the competition is available at <http://sprintnationals.ca-noekayak.ca/>

## Canadian teenage sports stars shining in 2018

The Canadian Press

Canada's top teen athletes are making their mark in some of the biggest international sports. Here's a look at the accomplishments of five of the country's teen stars in 2018, with age, sport and hometown in brackets:

Denis Shapovalov (19, tennis, Richmond Hill, Ont.)

Reached career-high ranking of No. 23 in June.

Reached semifinals of Madrid Open Masters 1000 event in May, highlighted

by a win over Milos Raonic in first match between the two Canadians.

Felix Auger-Aliassime (19, tennis, Montreal)

Reached career-high ranking of No. 120 this week after advancing to second round at Rogers Cup, featuring a win over then-No. 18 Lucas Pouille.

Became the youngest player in history to defend an ATP Challenger title when he won in Lyon, France, in June.

R.J. Barrett (18, basketball, Mississauga, Ont.)

Made national senior team debut this summer, helping Canada win two World Cup qualifiers.

Led Florida's Montverde Academy to a 31-0 record, and was named the Gatorade U.S. national player of the year, the U.S. high school title, the Naismith Prep Player of the Year, and the MVP of the Nike Hoop Summit.

Alphonso Davies (17, soccer, Edmonton)

Played in MLS all-star game earlier this month in Atlanta after strong start

to season with Vancouver Whitecaps, including two four-point games.

Whitecaps landed MLS-record US\$22 million transfer deal with Bayern Munich for Davies, who will join the German team next season.

Taylor Ruck (18, swimming, Kelowna, B.C.)

Won a record-tying eight medals at the Commonwealth Games in Gold Coast, Australia in April.

Won a Canadian record five medals at the Pan Pacific Championships this month in Tokyo.

## Blue Jays acquire reliever Baker to complete trade with Rockies for Oh

The Canadian Press

The Toronto Blue Jays acquired right-handed relief prospect Bryan Baker from the Colorado Rockies on Tuesday in a move that completes last month's

trade of reliever Seunghwan Oh.

The Blue Jays traded Oh to Colorado on July 26 in exchange for prospects Chad Spanberger, Forrest Wall and now Baker, who was listed as a player to be named later in the initial deal.

Baker, 23, made 43 relief appearances this season for the single-A Lancaster JetHawks of the California League, posting a 4-2 record with one save and a 3.80 earned-run average.

An 11th-round pick by the Rockies in

the 2016 draft, Baker has 58 strikeouts in 45 innings pitched this year.

He has a career minor league record of 14-8 in 80 games, including 13 starts, a 3.73 ERA and 156 strikeouts in 147 1/3 innings pitched.

**Death**

**Everett ARNOTT**

Passed away peacefully at the Foyer in Sutton on August 9, 2018 at the age of 82. Son of the late Walter Stephen Arnott and the late Ellen Myrtle Stoddard. Father to daughters Pamela (Daniel Roberge), Jillian (Dale Wick) and Pheona. He also leaves three grandchildren.

As per Everett's wishes, there will be no visitation. A graveside service will be held on Saturday, August 18, 2018 at 3:00 p.m. at the Maple Leaf Cemetery, Randboro, QC.

In lieu of flowers, donations to the Canadian Cancer Society would be appreciated.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
www.casshomes.ca

**Death**



**Larry George BRAZEL (1955-2018)**

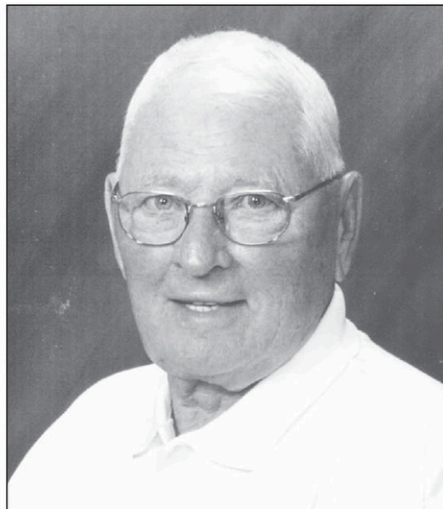
It is with great sadness that the family announces the passing of Larry George Brazel on August 7, 2018 at the CHUS Fleurimont Sherbrooke.

Larry leaves to mourn his wife Christine (Cutler), his children Ian Pratt (Gina), Colleen Brazel and Michael Brazel. He was predeceased by his parents Duncan and Doreen Brazel.

Visitation will take place at the Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), on Friday, August 17, 2018 from 5:00 p.m. to 7:00 p.m. and on Saturday, August 18th from 1:00 to 3:00 p.m. followed by the funeral service at 3:00 p.m. Interment will take place at a later date.

**CASS FUNERAL HOMES**  
3006 College St., Sherbrooke QC  
PHONE: 819-564-1750  
FAX: 819-564-4423  
www.casshomes.ca

**In Memoriam**



**WALKER, Howard Edward: August 15, 2014.**

*I've finished life's chores assigned to me,  
So put me on a boat headed out to sea.  
Please send along my fishing pole  
For I've been invited to the fishin' hole.*

*Where every day is a day to fish,  
To fill your heart with every wish.  
Don't worry, or feel sad for me,  
I'm fishin' with the Master of the sea.*

Your loving wife,  
**MICKIE**

**NORMAN & PHYLLIS (son)**

**SHANE & ANNIE (grandson)**

**EMILYE, LILIANNA (great-grandchildren)**

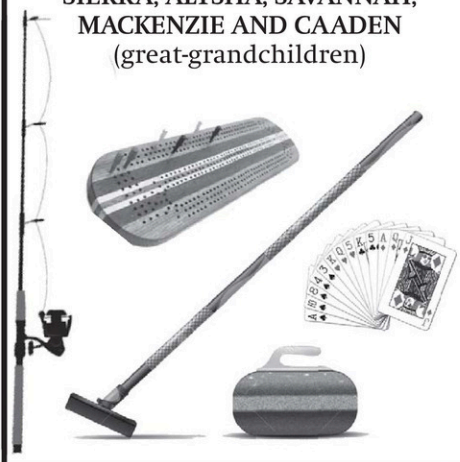
**IAIN & DEBBIE (son)**

**ANGIE & ANDRE (granddaughter)**

**MAKAYLA, BRITNEY, ALEX (great-grandchildren)**

**CHERYL & CRAIG (granddaughter)**

**SIERRA, ALYSHA, SAVANNAH, MACKENZIE AND CAADEN (great-grandchildren)**



**Datebook**

WEDNESDAY, AUGUST 15, 2018

Today is the 227th day of 2018 and the 56th day of summer.

**TODAY'S HISTORY:** In 1483, the Vatican's Sistine Chapel was consecrated.

In 1914, the Panama Canal officially opened.

In 1947, India and Pakistan won independence from Britain.

In 1971, President Richard M. Nixon canceled the direct convertibility of the U.S. dollar to gold.

In 2003, Libya accepted responsibility for the bombing of a Pan Am airliner over Lockerbie, Scotland, in 1988, and agreed to pay reparations.

**TODAY'S BIRTHDAYS:** Napoleon Bonaparte (1769-1821), French emperor; Walter Scott (1771-1832), poet/novelist; Ethel Barrymore (1879-1959), actress; Edna Ferber (1885-1968), author; Julia Child (1912-2004), cookbook author/TV personality; Stieg Larsson (1954-2004), journalist/author; Alejandro Gonzalez Inarritu (1963-), filmmaker; Debra Messing (1968-), actress; Ben Affleck (1972-), actor; Carl Edwards (1979-), race car driver; Jennifer Lawrence (1990-), actress.

**TODAY'S FACT:** The price of gold skyrocketed from \$35 per ounce in 1971 to \$800 per ounce in 1980 as a result of the economic measures undertaken by President Nixon in 1971.

**TODAY'S SPORTS:** In 1948, Babe Didrikson Zaharias won the third women's golf U.S. Open, even after missing a 5-foot putt on the 18th hole.

**TODAY'S QUOTE:** "Wounds sustained for the sake of conscience carry their own balsam with the blow." — Walter Scott, "Rob Roy"

**TODAY'S NUMBER:** 400,000 — estimated number of concert-goers who attended the Woodstock Music and Art Fair when it opened near Bethel, New York, on this day in 1969.

**TODAY'S MOON:** Between new moon (Aug. 11) and first quarter moon (Aug. 18).



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**Do Just One Thing**

By Danny Seo

If you store leftover house paint in the can it came in, take a few extra steps to make sure it stays fresh and will work when you need to use it in the future. One of the worst enemies of stored paint is air; it dries it out and can dramatically change the original color.

To prevent air from getting into a can of paint, cover the top with plastic cling wrap and place the lid on top. Then hammer securely in place and flip it upside down (so the lid part is now facing the ground). This will significantly reduce air exposure, prolonging the life of your can of paint.



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Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)  
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**WEDDING WRITE-UPS:**  
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For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: [production@sherbrookerecord.com](mailto:production@sherbrookerecord.com) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

# NEA Crossword Puzzle

## ACROSS

- 41 The works
- 42 Empty
- 46 Optimistic
- 48 Diadem
- 49 Prepares to sail
- 52 Easy gallop
- 53 Skillful
- 54 Emphasis
- 55 On edge
- 56 Not here

- 1 Turn topsy-turvy
- 6 Won every game
- 11 Shrewd
- 12 40 winks
- 13 Says something
- 14 Fly by
- 15 Vogue
- 16 Beat the rap
- 17 Tarzan's title
- 18 Path to satori
- 19 Sea eagle
- 23 Montand of the movies
- 25 Street disorder
- 26 Big bankroll
- 29 Place for a grill
- 32 Nipped
- 33 Yale alumnus
- 34 Travels on snow
- 35 Tijuana "Mrs."
- 36 Gyro filler
- 38 Don Juan
- 40 "Instead of" word

## DOWN

- 1 Infra
- 2 Opposite
- 3 Dwindle, with "out"
- 4 Smoothly
- 4 Brain, maybe
- 5 AMA members
- 6 Window part
- 7 Flimsier
- 8 Psychic power
- 9 Qt. fractions
- 10 — kwon do
- 11 Winsome
- 12 Mr. Connery of film
- 16 Like some winds

## Answer to Previous Puzzle

S	E	C		C	A	M		W	I	P	E
M	A	R		H	E	R	A	A	R	L	O
O	V	A		A	R	I	D	R	O	A	N
G	E	M	I	N	I		J	O	I	N	T
			S	E	E		O	R	E		
M	O	B	I	L		L	I	B	R	A	S
A	M	E	S		I	O	N	S		B	O
D	N	A		E	L	L	S		C	U	R
		I	M	P	A	L	A		R	A	T
			E	R	E		D	E	F		
O	B	L	O	N	G		O	P	E	N	L
K	E	E	P		A	Y	L	A		A	Y
R	E	E	L		L	O	T	S		I	R
A	P	S	E		M	S	T		L	E	S

- 18 Fanatic's feeling
- 20 Curved bones
- 21 Roulette choice
- 22 "Butch Cassidy" role
- 24 FDR had three
- 26 Healthy
- 27 Jai —
- 28 Stop on a —
- 30 Goddess' statue
- 31 Columbus campus
- 37 Beasts of burden
- 39 Show plainly
- 41 D.A. backup
- 43 Cowboy flick
- 44 Papas or Dunne
- 45 Flit about
- 47 Garfield's victim
- 48 Dashboard gadget
- 49 Flutter, as eyelashes
- 50 Keats opus
- 51 Prince Val's son
- 52 Ailurophobe's fear

	1	2	3	4	5		6	7	8	9	10		
11							12						
13							14						
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40							41			42	43	44	45
							46	47				48	
49	50	51								52			
53										54			
55										56			

# Your Birthday

WEDNESDAY, AUGUST 15, 2018

Send a message this year that you are not putting up with any nonsense and are focusing on you and your accomplishments. Dig in and do what you must to turn your life into the one you want. Surround yourself with people who respect and care about you.

**LEO** (July 23-Aug. 22) — Nurture relationships and concentrate on self-improvement, personal growth and how to best reach your life goals. Make progressive changes that will help to stabilize your life.

**VIRGO** (Aug. 23-Sept. 22) — A lifestyle change that will add to your comfort and bring you greater security or cash flow should be considered. An older relative or friend will offer stellar advice.

**LIBRA** (Sept. 23-Oct. 23) — Emotional situations will surface if you pay too much attention to one person and not enough to another. Try to appease everyone by offering equal opportunities to get involved in your plans.

**SCORPIO** (Oct. 24-Nov. 22) — Don't trust in hearsay. If you want facts, go to the source and ask direct questions. A last-minute change will lead to a unique chance to try something different.

**SAGITTARIUS** (Nov. 23-Dec. 21) — You'll make an impression at work that will help you build better relationships with your peers. A joint venture will interest you, but should be considered carefully.

**CAPRICORN** (Dec. 22-Jan. 19) — Don't neglect your health. An emotional inci-

dent will lead to positive change. Trust in your instincts and follow through with your plans. Protect your possessions and reputation.

**AQUARIUS** (Jan. 20-Feb. 19) — Use your charm to wheel and deal until you get what you want. Refuse to let anyone speak on your behalf. It's your responsibility to set your goal and achieve it.

**PISCES** (Feb. 20-March 20) — Look at your long-term goals and start heading in the direction that will take you where you want to go. A change at work will turn out to be to your benefit.

**ARIES** (March 21-April 19) — Size up whatever situation you face and figure out the best way to bring about positive change. A partnership will improve if you intelligently discuss problems or obstacles.

**TAURUS** (April 20-May 20) — You'll discover information that will change your way of thinking. Consider your options and choose to head in a direction that will encourage cooperation. Be a team player.

**GEMINI** (May 21-June 20) — Personal and physical changes will turn out well. A social event will lead to discussions that will encourage a better understanding of your feelings and intentions.

**CANCER** (June 21-July 22) — Get out and about. Embarking on a shopping spree or taking part in an event that will bring about positive change is favored. Control your emotions to avoid getting into a shouting match.

WEDNESDAY, AUGUST 15, 2018

## Look after four and try for five

By Phillip Alder

Lord Byron wrote, "I know that two and two make four — and should be glad to prove it too if I could — though I must say if by any sort of process I could convert 2 and 2 into five, it would give me much greater pleasure."

In this deal, South, playing in four spades, would like to try for five, but not if it puts his contract at risk. What should he do after West begins with the three top hearts, and East follows throughout?

South's double followed by two spades promised 18-20 points with five or six spades. Suddenly North's hand was worth game, so he cue-bid three hearts, hoping to hear his partner bid three no-trump. But when South showed delayed diamond support, North did the same in spades, and South passed after mentally shrugging his shoulders. (If that was hard, try getting to four spades if South is the dealer.)

If the spades were 3-3 or the jack were falling doubleton, declarer could have drawn trumps and claimed an overtrick. But since West had jack-fourth, if South had cashed his three tops, he would have been in trouble. He would have shifted to diamonds, but West could have ruffed the third diamond to leave declarer with only nine winners: five spades, two diamonds and two clubs.

		North	08-15-18
		♠	10 3
		♥	9 5 2
		♦	A K J 4
		♣	7 6 4 3
West		East	
♠	J 8 7 5	♠	6 2
♥	A K Q 10 4	♥	J 8 6
♦	6 3	♦	10 9 7 2
♣	Q 9	♣	J 10 8 5
		South	
		♠	A K Q 9 4
		♥	7 3
		♦	Q 8 5
		♣	A K 2
Dealer: West			
Vulnerable: Neither			
South	West	North	East
	1♥	Pass	Pass
Dbl.	Pass	2♦	Pass
2♠	Pass	3♥	Pass
4♦	Pass	4♠	All Pass
Opening lead: ♥ A			

Instead, South led a diamond to dummy's king, then played the spade three to his nine. It lost, but West had no defense. If he had led another heart, declarer would have ruffed with dummy's 10, played a club to his hand, drawn trumps and claimed. When West tried his second diamond, South won with his queen, removed trumps and had 10 tricks.

### CELEBRITY CIPHER

by Luis Campos

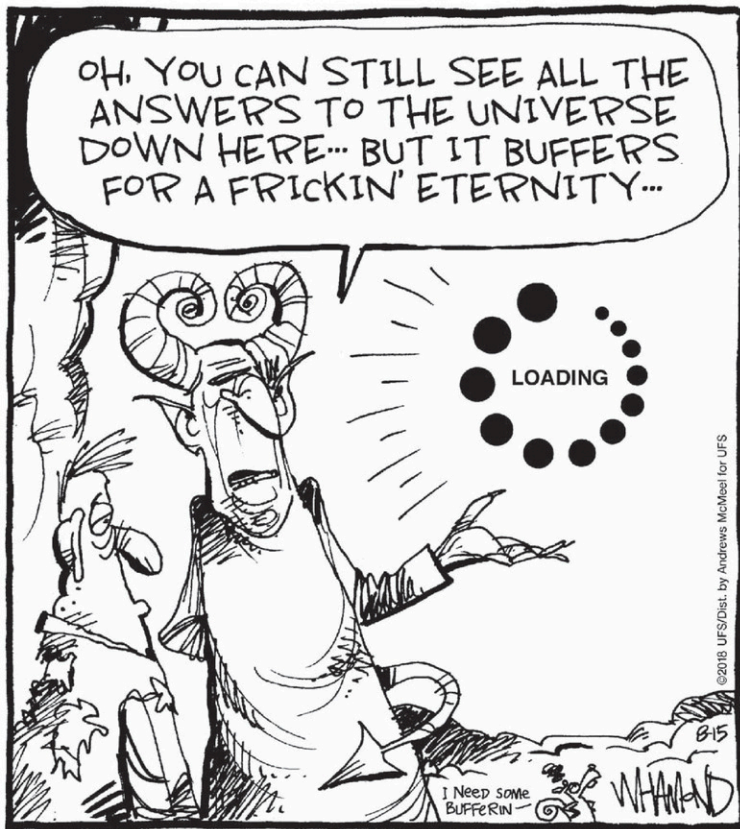
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" K B W D R T G J O C J W O C V H T O H W I C .  
K G Z K G I C Z W O V , W R V K V K V R T G  
Z W L C G Z C P W J W P K G X G T P T J C ."  
— W A J W P K R T

Previous Solution: "I've never liked the word 'celebrity.' I like to photograph people who are good at what they do." — Annie Leibovitz

TODAY'S CLUE: M s i e n b e g

### REALITY CHECK

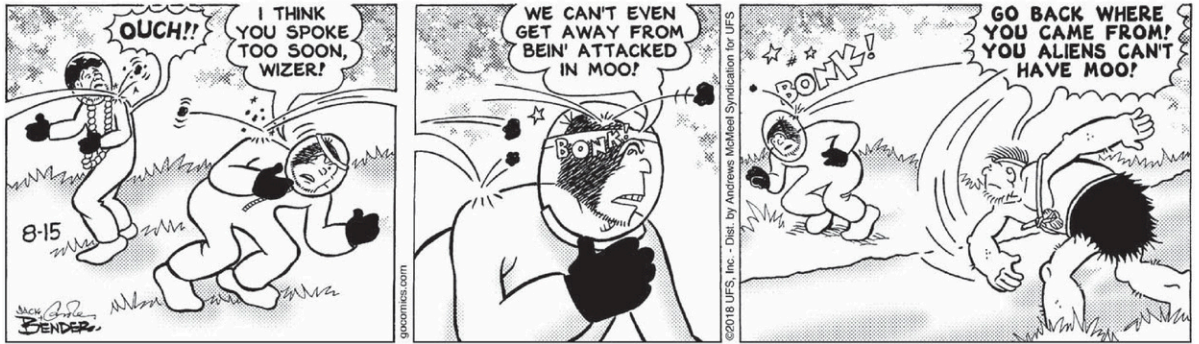


HERMAN

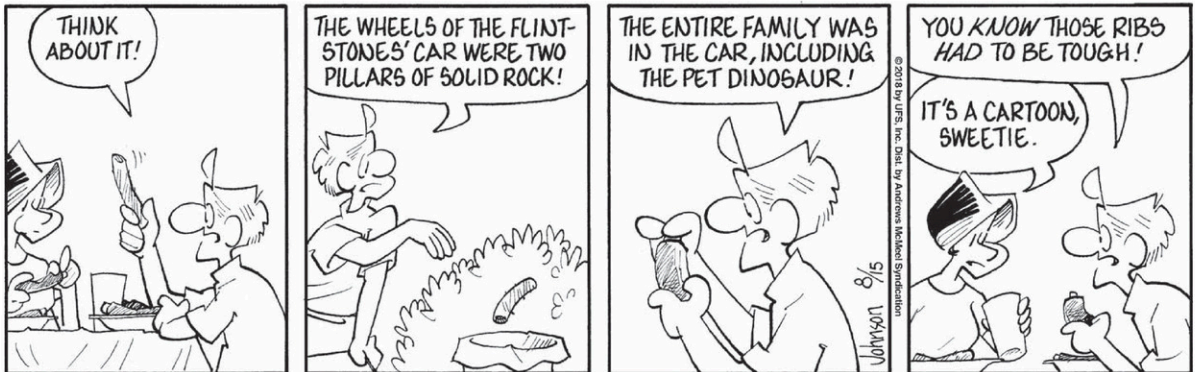


"Is it my fault if the foreman at my last place started a fight?"

### ALLEY OOP



### ARLO & JANIS



### THE BORN LOSER



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145 Miscellaneous Services

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On June 5, the Ayer's Cliff Unity Fifty Plus met in the Beulah United Church Hall. President Linda Grenon started the day off by welcoming everyone. We had four guests Jim Mackey, Jim Wharry, Ludwig Voggenreiter and guest speaker Guylaine Plourde.

Linda thanked May and her crew for setting up. Thank you to the Exercise Class for setting up the tables and chairs. It's a big help and much appreciated.

Those who brought salads or other food to go with our St. Hubert chicken put their names in a basket and the eight names drawn would get their dinner free. The lucky winners were Ernestine Whipple, Barb Wintle, Muriel Martin, Marilyn Lawand, Nancy Taylor, Phyllis Dustin, Lise Beauvais and Leta Dustin.

Fifty-eight hungry people enjoyed the numerous selections of salads, served buffet style with May Cunnington, Mel Dustin and Raymond Belanger serving the chicken and sauce. The delicious meal was followed by a birthday celebration for all our summer birthdays in June, July and August. Ernestine Whipple played the Happy Birthday song and we all sang to



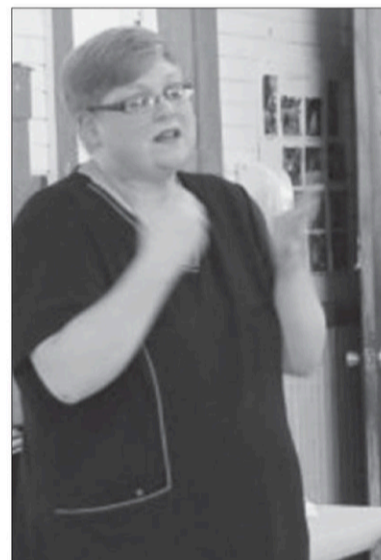
Ernie Wintle, Linda Belanger, Jim Sutton, Irene Brown 102, Marilyn Lawand, Beth Hartwell, Barb Burrows, Phil Kerwin, Mel Dustin and guest Jim Wharry. The beautiful birthday cake made and decorated by Jean Cass was cut and served to all with ice cream.

Announcements were made for any upcoming events.

Father's Day draws were won by Weldon Dustin, Ernie Wintle, Norman Wintle, Lloyd Smith and Phil Kerwin.

The Special draw was won by Tina Linde, who won twice, and the other went to John Hodge.

Door Prizes were won by



Nancy Taylor, Eileen Dezan, Mel Dustin, Guylaine Plourde, Ludwig Voggenreiter, Leta Dustin, Ben Cunnington, Marilyn Lawand, Jim Mackay, Jim Sutton, Lise Beauvais, Karen Ross, Linda Belanger, Phil Kerwin and Weldon Dustin.

President Linda introduced our guest speaker Guylaine Plourde who spoke about taking care of your feet, ankles and legs. If you have feet, leg or back problems, make sure you are treated by a specialist in that field for each problem. Guylaine gave out gifts. The lucky recipients were Janice Voggenreiter, Norman Wintle, Phil Kerwin, Beth Hartwell, Marguerite Dunlop and Penny Fowler. Linda thanked Guylaine for speaking on a very interesting topic and one so important to our health.

Everyone left happy and we wish you all a great summer. We'll see you in September.

Submitted by  
 Phyllis Dustin, Secretary



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DIFFICULTY RATING: ★★☆☆☆

	3		1	6	4			
	9							
			9	5		3	8	1
		7		8	1		3	6
	4	5	3		9	7	1	
3	8		6	7		2		
8	5	9		1	3			
							7	
			2	4	6		9	

8/15

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#### PREVIOUS SOLUTION

2	3	4	9	8	7	6	1	5
6	1	7	5	3	2	8	4	9
9	5	8	4	1	6	7	2	3
7	4	6	1	2	9	3	5	8
3	2	9	8	4	5	1	6	7
1	8	5	6	7	3	2	9	4
4	9	3	2	6	8	5	7	1
5	7	2	3	9	1	4	8	6
8	6	1	7	5	4	9	3	2

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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- Competitive salary
- Established clients
- Flexible hours

**Job Requirements**

- Maintain current customer accounts and relationships
- Grow an established customer base
- Work as part of a sales team on special projects
- Be creative and innovative to ensure client satisfaction

Interested candidates should send a letter outlining their interest and experience to

**Jesse Bryant, Sales Manager**  
[jbryant@sherbrookerecord.com](mailto:jbryant@sherbrookerecord.com)

Don't miss your opportunity to join an amazing team!

“YOU PAY WHAT WE PAY.  
EASY AS THAT.”

LUCIEN R.  
FORD CREDIT



# EMPLOYEE PRICING\* — IS HERE —

RIGHT NOW, GET THE FORD YOU WANT AND YOU ONLY PAY WHAT A FORD EMPLOYEE PAYS\*. IT'S THE EVENT YOU'VE BEEN WAITING FOR.

2018 ESCAPE TITANIUM

\$5,075<sup>^</sup>

IN TOTAL PRICE ADJUSTMENTS  
(with optional features selected)

ENDS AUGUST 31<sup>ST</sup>

PLUS, ELIGIBLE COSTCO MEMBERS  
RECEIVE AN ADDITIONAL

\$1,000<sup>†</sup>

ON MOST NEW 2018 FORD MODELS



2018 ESCAPE

VISIT [FORD.CA/FEP](http://ford.ca/fep) TO BUILD IT AND TO FIND YOUR NEAREST FORD STORE.

IT'S EASY TO GET INTO A FORD

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP).



Available in most new Ford vehicles with 6-month pre-paid subscription.

\* Ford Employee Pricing ("Employee Pricing") is available from July 4 to October 1, 2018 (the "Program Period"), on the purchase or lease of most new 2018/2019 Ford vehicles (excluding all cutaway/chassis cab models, F-150 Raptor, F-650/F-750, Shelby® GT350/GT350R Mustang, Ford GT, Focus RS, and Expedition). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor-/CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/X/Z/D/F-Plan programs.

<sup>^</sup>Between July 4 and August 31, 2018, receive \$5,075 in Total Ford Employee Price Adjustments with the purchase or lease of a new 2018 Escape Titanium with Ruby Red Paint, Safe & Smart package, and Panoramic Vista Roof. Total Ford Employee Pricing Adjustments are a combination of Employee Price Adjustment of \$3,575 and delivery allowance of \$1,500. See dealer for details. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. Delivery allowances are not combinable with any fleet consumer incentives.

<sup>†</sup>Offer only valid from July 4 to August 31, 2018 (the "Offer Period"), to resident Canadians with an eligible Costco membership on or before July 3, 2018. Receive \$1,000 towards the purchase or lease of a new 2018 Ford model (excluding Focus, Fiesta, C-MAX, F-150 SuperCab and SuperCrew XL/XLT with diesel engine, F-150 Raptor, Shelby® GT350/GT350R Mustang, Ford GT, cutaway/chassis cab and F-650/F-750) (each an "Eligible Vehicle"). Limit one (1) offer per each Eligible Vehicle purchase or lease per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Customer may use the \$1,000 offer as a down payment or choose to receive a rebate cheque from Ford Motor Company of Canada, Limited but not both. Applicable taxes calculated before the offer amount is deducted.

<sup>±</sup>Offer only valid from January 3, 2018 to January 2, 2019 (the "Program Period") to Canadian resident customers who obtained (or will obtain) a diploma in (or within) the next 4 months. Eligible Grads will receive \$500 (the "Incentive") towards the purchase, lease, or factory order (during the Program Period) of a new 2018 Ford Escape. Limit one (1) Incentive per Eligible Grad. Some conditions applies. Taxes payable before Incentive is deducted. Not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP) or any other Targeted Offer Program including the First Time Buyers program. See dealer or [ford.ca](http://ford.ca) for details on this offer.

<sup>•</sup>Offer only valid until January 2, 2019 (the "Program Period") to Ford Credit Canada Company (Ford Credit) purchase finance and lease customers of a new 2018 Escape. Some conditions applies. Limit one (1) Incentive per First-Time Buyer. See dealer or [Ford.ca](http://Ford.ca) for details.

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