

Traduction - Version originale en français

Parc national du Bic

Protected area. Enriching nature experiences.

A majestic natural site shaped by the sea. This area's coast is more jagged than the rest of the shoreline and its mountainous massifs are higher than all others in the region. Parc national du Bic was created to protect and showcase the area's natural features and exceptional flora.

 **Sépaq**
human nature

Team favourites



Paddle up the St. Lawrence

Parc national du Bic's many islands and network of coves makes it one of the world's premier destinations for kayaking. Find out where kayaking is permitted and enjoy the park in a unique way.

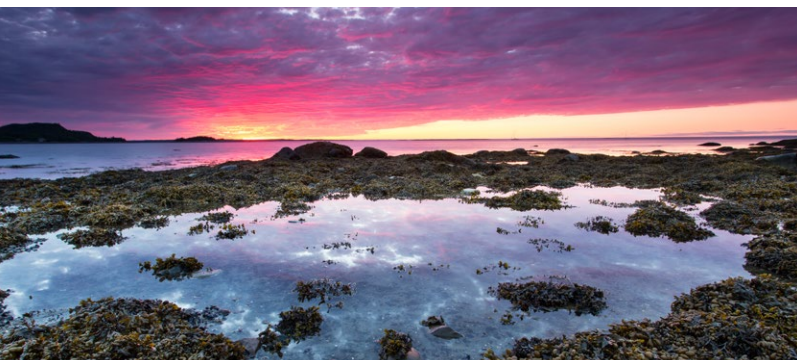
Guided activities are available: aventuresarchipel.com



A biking adventure

As soon as you enter the park, you can leave your car behind and explore the park by bike. You'll love exploring the changing landscapes as you cycle through the forest and along the coast.

Bikes are available for the whole family at the Rivière-du-Sud-Ouest rental centre.



Sunset gazing

Experience the majesty of the St. Lawrence estuary as you've never seen it before by taking in one of the most beautiful sunsets in the world. Get lost in the scents and sounds of the sea and the gentle lull of the maritime breeze. Enjoy the park at its most relaxing and peaceful time of day.



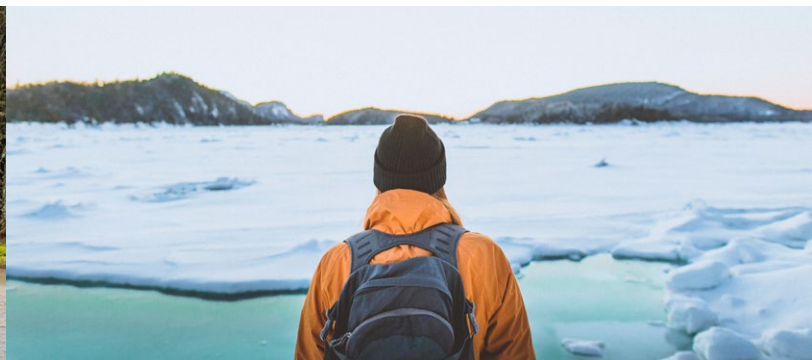
Admire the Raoul-Roy lookout

This little-known lookout is easily accessible and offers a panoramic view of the river, mountains and islands that make up the park. It's an ideal spring birdwatching destination for many species of migrating birds of prey. It's also the starting point for the Les Murailles trail which leads to the famous Pic Champlain summit.



Try Forest Bathing

Experience nature in a new way! As you hike the Les Anses trail, you'll be guided and encouraged to slow down, feel, and contemplate. New this year: Forest Bathing stations are now located along the Contrebandier and Colonie Nord trails for a truly immersive experience of connection with nature!



Discover the park in winter

Winter in the park offers a peaceful atmosphere and majestic coastal landscapes. Hike, snowshoe, or ski your way through the park. All trails will lead you to spectacular views of the St. Lawrence and its many islands.



PCF



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Photos: Marie-Eve Campbell, Mathieu Dupuis, Alma Kismic, Mathieu Lachapelle, JC Lemay, Sébastien Lepage

Discover Our Trails

DISCOVERY AND VISITORS CENTRE – FERME RIOUX		DISTANCE	DURATION	DIFFICULTY
	Le Chemin-du-Nord – Discover evidence of past human occupation as you follow this trail along the coast.	4 km	1 h 15	●
	Le Parcours Le Contrebandier – Refers to the Prohibition era, when bootleggers used this trail to retrieve their valuable cargo.	5.4 km	1 h 45	●
	Le Scoggan – Walk through the forest to access the majestic Fourche à Louison landscape, where the river meets Les Murailles.	7 km	2 h 30	■
	Le Parcours de la Pinède – Explore this impressive stand of century-old jack pines and stop by two lookouts to take in the magnificent views.	5.8 km	2 h	■
	Le Parcours le Tour Cap-à-L'Original* (departure only 1–2 hours before low tide) Le Parcours le Grand-Tour* (departure only 2 hours before the lowest tide) <u>Warning</u> – These unmarked hikes include high and steep coastal cliffs (crevice to step over) and is only accessible during summer. Please follow the one-way signs, wear hiking shoes, and bring a first-aid kit.	6 km	2 h	◆
RIVIÈRE-DU-SUD-OUEST SERVICE CENTRE				
	Le Parcours L'île-aux-Amours* – Walk along the sand spit at low tide to enjoy this peaceful island.	3.3 km	1 h 15	●
	Le Parcours Les Anses – Surrounded by sea, rocks and woodland, and featuring a few steep and narrow sections, this trail will take you the seal-watching spot.	5.7 km	1 h 45	■
	La Citadelle – A forest trail featuring a viewpoint that overlooks the Baie des Cochons.	10 km	3 h	■
	Le Portage – A multi-purpose trail that winds through historic farmland.	7.4 km	1 h	●
	Le Parcours la Pointe-aux-Épinettes – A multi-purpose trail leading to the seal-watching spot at high tide, offering an iconic view of Anse à l'Original.	5 km	45 min	●
BALBUZARD P3 PARKING AREA				
	La Colonie Nord – Trail leading to Ferme Rioux, the starting point for several trails.	3 km	1 h	●
	La Grève – This trail will take you to the most advanced point of the Cap-à-l'Original peninsula alongside the Baie du Ha! Ha! and furrowing a lace of coves.	8.2 km	1 h 15	●
	La Coulée-à-Blanchette – Ride out this trail to the Îlet-au-Flacon beach facing the St. Lawrence estuary.	10 km	1 h 30	■
PIC-CHAMPLAIN PARKING AREA				
	Le Pic-Champlain – The trail offers a 229-metre climb as well as a magnificent view on the Appalachian landscapes and a portion of the estuary.	6 km	2 h	■
RAOUL-ROY BELVEDERE				
	Les Murailles – A ridge running through a canopy cover dotted with stunning panoramic views.	7.8 km	3 h	■

 Dogs are allowed
  Biking
  Hiking
  Family experience

 Easy
  Intermediate
  Difficult
 *Unimproved trail accessible only at low tide

SUPERVISED ACCESS FOR DOGS



Dogs are allowed in certain designated areas only from May 1 to October 31.

All details at sepaq.com/animals

MAIN RULES*

- Dogs must remain in the places where they are authorized at all times.
- Dogs must be kept on a leash and under surveillance at all times.
- The person in charge of the dog must pick up the animal's excrement without delay.
- Barking or howling dogs as well as dogs affecting the tranquility and safety of other visitors are not allowed.

*Individuals who fail to comply with any of the rules stated above may be required to leave the area and/or issued a statement of offence, where appropriate.

Compliance with the regulations is essential, and the offer could be reviewed if non-compliance is noted.

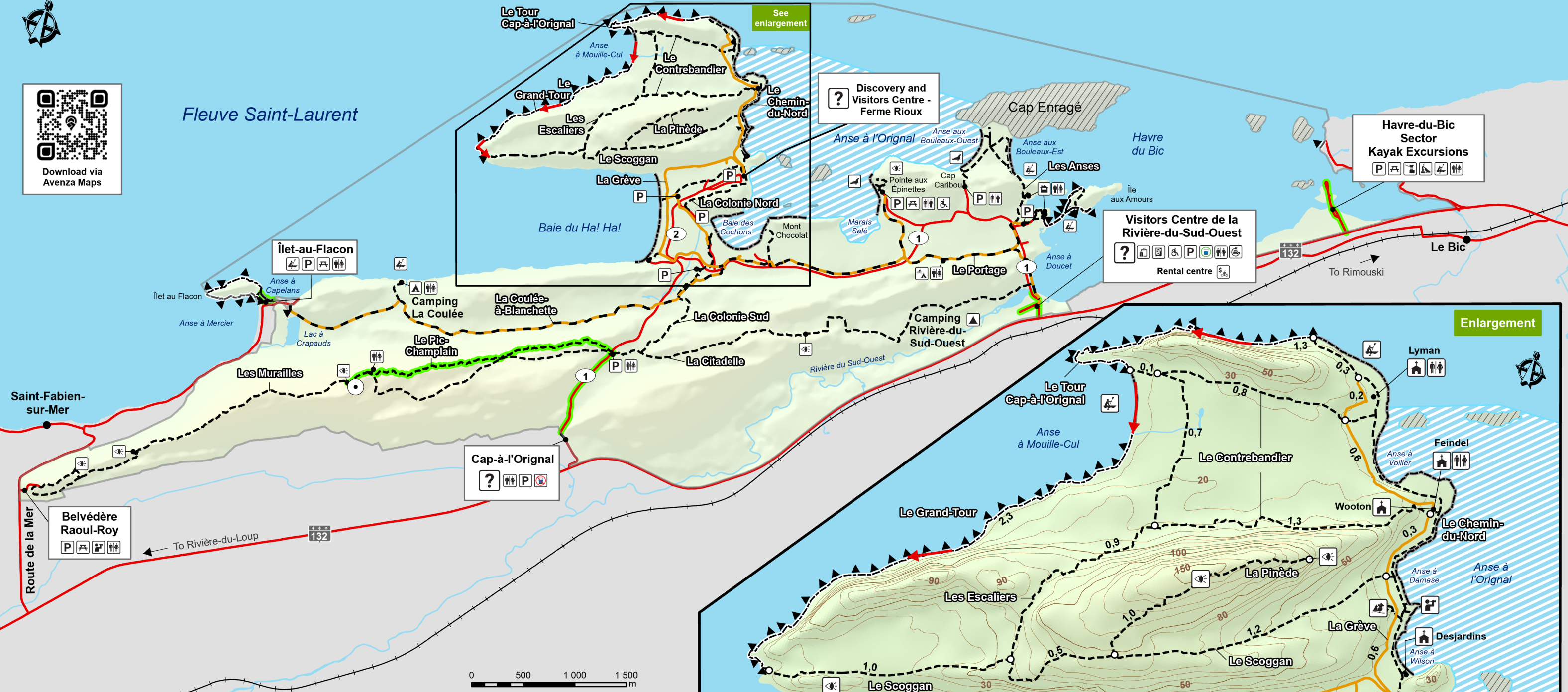
AUTHORIZED PLACES

Summer trail	Le Pic-Champlain
Camping	Rivière-du-Sud-Ouest campground: campsites 1 to 66
Picnic area	Îlet-au-Flacon picnic area
Nautical access point	Îlet-au-Flacon and Havre-du-Bic boat launches
Winter trail	No authorized access



Download via Avenza Maps

Fleuve Saint-Laurent



See enlargement

Enlargement

Saint-Fabien-sur-Mer

Belvédère Raoul-Roy

	Registration centre / Information		Vending machine / Convenience store		Parking lot		Bike path
	Picnic area		Drinking water		Pit toilet / toilet		Trail
	Accessible for persons with disabilities		Not drinking water		Biking-camping		Dogs allowed location
	Amphitheatre		Bike rental		Wifi		Road network
	Authorized kayak stop in the sector		Boat launch		Yurt (Rustic accommodation)		Railway track
	Historical building		Seal watching		Antenna		National park boundary
	Charging station		Lookout		One-way		Parking lot
	Shop		Walking area		Walking area accessible at low tide		Navigation prohibited
	Semi-serviced camping		Wharf		Archeological site		Prohibited zone
	Rustic camping		Observation site				
	Cabin						

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Les différentes couleurs qui composent un même trait représentent les activités praticables sur le sentier. Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées: Années Banque de données Sépaq 2026 Cartes topographiques à l'échelle de 1/20 000 1986-2000 Source des données utilisées: Ministère des Ressources naturelles et des Forêts © Gouvernement du Québec

Discovery and Visitors Centre - Ferme Rioux

Havre-du-Bic Sector Kayak Excursions

Visitors Centre de la Rivière-du-Sud-Ouest Rental centre

Cap-à-l'Original

Discovery and Visitors Centre - Ferme Rioux

0 200 400 600 800 m

* All distances are in Km.

Discovery time



Wildlife spotting Bring your binoculars!

Meet the seals

Join one of our Naturalist Park Rangers to see the seals up close. Learn to recognize harbour seals and grey seals as you observe the natural behaviour of the park's star species.

Seal watching

All visitors must respect the signs indicating the boundaries of the seal observation area. By staying within the observation area, you allow the seals to rest and maintain their natural survival activities (nursing, pupping, moulting). Keeping your distance also helps ensure that other visitors—present and future—can enjoy the privilege of observing these animals.

Feathers and down

From late May to early July, Common Eiders take over the park's coves and bays. During this time, the colourful males can be seen courting females with their cooing. Later, the females return to the coastline with their broods. Many other seabird species also make the estuary their home.

Family activities

Curious by nature

For the naturally curious, young, or old, come and meet our naturalist and have a blast while you explore nature's treasures.

Coastal Treasures

You are invited to discover the coastal area and the intriguing organisms that inhabit it.

Junior Park Ranger...

Are you 7 years or older? Do you want to contribute to the mission of the national park while exploring and having fun? Join our team of Junior Park Rangers! A self-guided family activity.

Evening by the fire

Join one of our Naturalist Park Rangers and put your knowledge of Parc national du Bic to the test with our quiz! Be sure to bring marshmallows to toast during the activity.

DISCOVERY ACTIVITIES

Consult the program to
enrich your visit. (in French only)

You will find
entertaining
activities to
explore the
park from
every angle.



Consult our bulletin boards
and our Facebook page for
our program schedule.





Guided sea kayaking excursion

Paddle in the majestic harbour, Havre du Bic, and you might be surprised by a visit from a curious young seal! Aventures Archipel offers guided one-day or half-day outings that include all the equipment needed to ensure your comfort and safety.

Reservations: aventuresarchipel.com

Bicycle rentals

At the Baudry rental centre in the Rivière-du-Sud-Ouest sector, you'll find a wide choice of bicycles for everyone in your family.



Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security

Bulletin de conservation

Dans notre nature



Discover our latest achievements and initiatives in conservation and education in our *Bulletin* (available in French only).

Conserve for tomorrow



How can you help?

At Parc national du Bic, we welcome more than 300,000 visitors each year, concentrated in a small area.

To reduce the impact on the natural environment, each visitor must be aware of its environmental impact.

Seemingly innocuous behaviours such as intentional or unintentional feeding of wild animals can significantly alter their behaviours—and even hinder their survival. For example, foxes have lost all fear of man and their behaviour has become very problematic. If you want to ensure their survival (and that of any wildlife species), do not let them near you and don't leave any food within their reach.

Let's take care of wild animals. Let's not feed them.

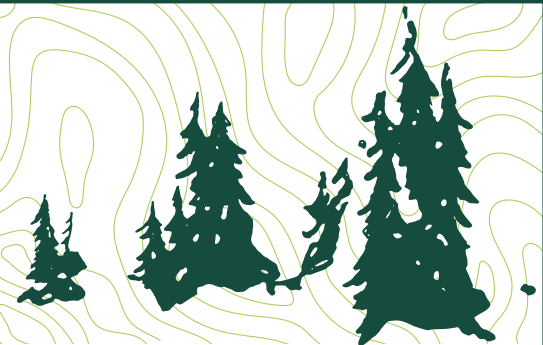
- Wild animals find food suited to their needs in the natural environment.
- The food people provide may not be appropriate for the animals' digestive system, causing discomfort, health problems or even death.
- Feeding animals makes them dependent on humans and more vulnerable to predators.
- Animals attracted by food can lose their wariness of humans, leading to potential trouble and even danger.
- Each time we disrupt their natural activities, we change the behaviour of wild animals, sometimes putting their lives at risk.

Let's minimize our footprint. Let's stay on the trails.

Coastal erosion is a major conservation issue for the park. The beaches along the Chemin-du-Nord trail are especially affected by this phenomenon. Storm waves and the presence of hikers cause unintentional trampling of seashore plants, which contribute to the deterioration of coastal habitats.

Maritime plants, including sand rye, have been planted to address this issue and to restore the degraded beaches. The number of trails to the beach has therefore been reduced to prevent the trampling of maritime plants. During your visit, help restore this natural environment by respecting the signs leading to the beach. Please avoid stepping on delicate coastal plants.

5 ground rules to follow in nature



Our national parks

get millions of visits each year. Harmful behaviors can cause permanent damage to the environment and hinder other visitors' experience. Let's do our part to protect nature so we can all enjoy it for years to come.



Stay on trails and in designated visitor areas

Don't step off the trails or walk in the undergrowth to avoid trampling plants and compacting the soil.



Do not gather dead wood

Help preserve the undergrowth by leaving dead wood in place. It serves as shelter for wildlife and enriches the soil after decomposing.



Do not feed wildlife

Allow animals to feed themselves so they can follow their natural instincts. Keep all foods out of their reach.



Keep your distance when observing animals

Repeated disturbances can alter their behavior and affect their ability to find food, mate, and communicate with each other.



Be mindful of the peace and quiet and adhere to curfews

Noise frightens wildlife, and people visit national parks to enjoy nature. Please follow curfews and refrain from making noise at all times.