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WEDNESDAY, OCTOBER 21, 2020

Legault sympathizes with nurses but offers no solutions

Record Staff

In his afternoon update one Tuesday, Quebec Premier Francois Legault described the provincial healthcare system as being under extreme pressure and expressed sympathy to nursing staff.

Legault and Health Minister Christian Dube also repeated the message that Quebecers should be working to limit their contacts, though not at the cost of isolating people who live on their own.

Quebec recorded another 877 positive cases of COVID-19 on Tuesday with the note that 90 cases previously recorded as positive would be withdrawn as they should have been negative.

In the Estrie region the total increased by 22 to 2,376. Despite a lower number of new cases than in previous days, the region did see six more people hospitalized for the virus and two people enter intensive care.

North Hatley bridge work "moving at a good pace"



MATTHEW MCCULLY

Record Staff

Work on the new bridge in the Village of North Hatley is continuing to make progress, even if completion is still a few months away.

According to a recent update from the municipality, excavation work is coming to an end and the last piles will be in place by the end of October.

A footing and a wall supporting the bridge are being poured this week, and the cofferdams that have been holding water back from the worksite should be ready for removal by mid-November.

The village described the work as "moving at a good pace," and identified December 20 of this year as the objective for reopening the span to traffic, with finishing touches to take place in the spring of 2021.

With traffic through town still detoured at the Massawippi river in the meantime, additional signage has been added at the corner of Routes 143 and 108 to direct vehicles to the correct side of the shoreline for their respective needs.

Any citizens or visitors with questions and comments about the project are encouraged to address them directly to the North Hatley City Hall.

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Weather



TODAY:
SHOWERS

HIGH 16
LOW 8



THURSDAY:
SUNNY

HIGH 17
LOW 11



FRIDAY:
MIX OF SUN
AND CLOUD

HIGH 17
LOW 11



SATURDAY:
60 PER CENT
CHANCE OF
SHOWERS
HIGH 11
LOW -5



SUNDAY:
MIX OF SUN
AND CLOUD

HIGH 6
LOW -4

HAND IN HAND

A week for raising awareness on the realities of head traumas



Today marks the end of the 17th annual Semaine québécoise du traumatisme craniocérébral, the week for raising awareness on the realities of those living with head traumas and their loved ones.

According to the Regroupement des personnes traumatisées craniocérébrales du Québec, which organizes the annual event, more than 2,000 Quebecers experience a moderate to severe head trauma every year. The majority of these come from falls (66 per cent of moderate and 74 per cent of severe cases) with much of the balance coming from car accidents (15 per cent of moderate and 21 per cent of severe.)

The symptoms of head trauma are often life-changing but can be hard to spot or easy to misunderstand. Victims can face personality shifts and memory problems that make relationships and personal finances, among other things, hard to maintain. Only 20 to 35 per cent of head trauma victims ever go back to work again, and many cannot hold onto their jobs for long.

As a result, the victims of a single head trauma can go far beyond the

individual, as family, friends, and professional colleagues all feel the impacts of a life that has been changed, forever.

The most common consequences of head traumas include anxiety, memory loss, loss of balance, loss of inhibition, irritability, headaches, impulsiveness and aphasia, or trouble speaking, but every case manifests in different ways.

The Regroupement unites the work of 13 different regional organizations, including The Association des Accidentés Cérébro-Vasculaires et Traumatisés Crâniens De l'Estrie (ACTE), which is based in Sherbrooke but operates across the region. The mission of ACTE and its neighbouring regional organisations is focused on providing services to people suffering the after-effects of strokes and severe head traumas.

In the case of the local group, ACTE identifies its objectives as being to gather together and support individuals who have experienced strokes or brain traumas and their families, to provide those individuals a dynamic environment that allows for sharing and mutual support, and to promote and defend their rights and interests.

ACTE was founded in 1984 by three people: a stroke victim, a head trauma victim, and a health professional, and it began simply as a support network without any physical space. By 1989, the group had 30 members and was able to secure a space to serve as a base of operations. It grew significantly over the following two decades, in membership as well as service offerings. In 2019, the organization opened satellite offices in Coaticook, Lac-Mégantic and Magog.

The association works in partnership with other support services either provided through the healthcare network itself, or through other organizations like the Heart and Stroke Foundation.

Under normal circumstances, the activities of ACTE range from art workshops and physical activities to psychosocial support and office hours meant to help members keep their lives on track. The association's offices are currently operating on an appointment-only model, with the vast majority of its group activities moved online due to the COVID-19 pandemic. The work of the organization goes on through telephone and remote-contact options for support workers which, in some ways, bring the organization back to its roots.

Despite the challenges brought on by the pandemic period, the 213 members of the organization continue to remain connected through a range of creative new approaches.

To contact ACTE, dial 819 821-2799, email acte@acteestrie.com, or visit <http://acteestrie.com/> for more information.

Despite the restrictions of COVID-19, the provincewide week of awareness and support was still able to go ahead with modification to take place mainly through online workshops. The theme of the week has been "Lasting Shock," offering the opportunity to talk both about the initial accident as well as the ongoing effects.

More information on the Regroupement des personnes traumatisées craniocérébrales du Québec is available online (in French) at <https://www.connexiontccqc.ca/>



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Ben by Daniel Shelton



Local News

According to the annual report, a little over a quarter of complaints received by the Ombudsman related to government departments and agencies. The three most prevalent reasons for these complaints are lengthy wait times, failure to uphold citizen's rights, and financial damage.

Homeless shelters brace for winter months

By Michael Boriero - Local Journalism Initiative Reporter

With the winter months creeping in, the Eastern Townships homeless population faces a difficult situation, especially as many regions in Quebec are slowly turning into COVID-19 red zones.

François Lemieux, coordinator at Chaudronnée de l'Estrie, said if the region goes into another lockdown to curb the spread of coronavirus, the soup kitchen will once again resort to handing out hot lunches to-go.

It isn't ideal, Lemieux explained, but the alternative is leaving people out in the cold without a warm meal. Chaudronnée served takeaway lunches at the height of the pandemic during the spring, but as the temperature drops, Lemieux believes they need to consider other options.

"They stayed outside [in the spring] but with the cold it might be a good idea to open the hall so people can warm up with a cup of coffee," he said.

The non-profit organization, located at 470 rue Bowen Sud, opened its doors in September and it plans to stay open for as long as possible, despite the daily increase in positive Covid cases sweeping across the province.

However, Quebec's health and safety measures forced Chaudronnée to limit the amount of people inside at the same time. The building offers 60 spots, but they dwindled it down to 17 in order to keep a recommended two metre physical distance.

In order to accommodate everyone

seeking food, Lemieux told The Record that the soup kitchen tries to create a high turnover rate. It takes roughly 15 minutes for people to complete a meal, he explained, so no one spends too much time waiting outside.

They also extended the lunch period. Meals are distributed between 11 a.m. to 12:45 p.m. every day. While they want to make sure everyone gets an equal opportunity, Lemieux added that they usually aren't rushed enough to kick anyone out of the building.

"If there aren't a lot of people, then the person can stay a little longer; we're not standing right next to them with a stopwatch," he said.

While Lemieux and the Chaudronnée team have the ability to adapt their offerings to accommodate colder weather and Covid measures, some organizations aren't as flexible. Sébastien Laberge, director general at Partage St-François, said the situation is complicated.

There is no seasonal rush at a homeless shelter, he explained, summer and winter generates the same amount of traffic. Partage operates several facilities; a women's and men's shelter, an emergency housing unit, and an affordable clothing store.

The problem, according to Laberge, is that shelters typically lack available rooms and beds. He acknowledged that the cold weather always presents an issue to the homeless population, but what is more frustrating is that he isn't able to do anything about it.

"We don't see more people, there's always a lot of people, and there's always too many people for our facility,"

he said. "We've never been able to meet demand, but now what we're seeing is the problems have become more serious."

Right now, Laberge continued, the homeless population and people in need of emergency shelter are facing more pressing issues than weather. When the economy shut down for several months, it left a lot homeless people in the dark.

Many of these people don't have regular access to phones, laptops, computers or the internet, he added, and they are no longer afforded a chance to seek warmth and refuge in a Tim Hortons or a shopping mall due to health and safety rules.

It can be very jarring, said Laberge, and it caused a lot of added stress. He also said the situation was made worse due to the Canada Emergency Response Benefit (CERB). Some people living off

welfare cheques defrauded the system to take advantage of CERB cheques.

"The federal and provincial government said they'll follow people to recuperate the money because it's fraud, but how will these people pay that money back," he asked, adding that most of the people receive \$600 a month in financial aid compared to \$2,000 through CERB.

Laberge also noted that he has seen more people showing up to his facilities intoxicated and disoriented, which he blames on CERB. They use the money to feed their addictions, whether it's alcohol or drugs, he said.

"These people are going back to normal amounts of financial aid cheques, but they were consuming a lot and now we're in the middle of it with serious consumption problems," concluded Laberge.



MICHAEL BORIERO

Quebec Ombudsman releases annual report

Record Staff

The Quebec Ombudsperson, Marie Rinfret, released her 2019-2020 annual report earlier in the month. The report outlines her findings about the quality and integrity of Quebec's public services, with a message to government departments and agencies and the health and social services network, to 'get moving'.

Rinfret is calling on the respective authorities to, instead of delaying projects and simply conducting analyses and findings, to implement actual corrective measures. "After the analyses and findings, the time comes when all has been said and everything is in place for action to occur," said Rinfret.

"Some of these never lead to the corrective measures needed," she added. "In the meantime, people, sometimes our most vulnerable, bear the brunt of these long delays or of projects left by the wayside."

Among the list of delayed actions are a complaint processing mechanism in Quebec's education system, the transfer of responsibility for healthcare

in correctional facilities to the Minister of Health and Public Services, support for children with language disorders, and access to family doctors.

The Ombudsperson claimed that the complaint processing mechanism in the education system is complicated and lacks transparency. Following a report in 2017, the Minister of Education promised legislative solutions to the problems, but so far, no bill has passed.

Concerning the transfer of responsibility for healthcare in correctional facilities to the Minister of Health and Public Services, the Ombudsperson said that, in facilities where the responsibility has been transferred, better quality of care has been observed. In Montreal and Quebec City, which account for 40 per cent of the detention population, correctional facilities have yet to complete this transfer with no explanation.

Also included was a discussion on support for children with language disorders moving from preschool to the school system. On that issue, the Ombudsperson claimed that services are drastically reduced or stopped

altogether when students arrive for their first year of school. The Minister of Health and Social Services agreed to analyze the situation earlier this year but since then, there have been no developments.

The last of the delayed actions discussed access to a family doctor. Many Quebecers have approached the Quebec Ombudsperson as they are worried that they will remain on a waiting list for over a year.

The Government of Quebec was also called on to improve the quality of the public services provided in the province. Ombudsperson Rinfret described the main shortcomings of these services, including a lack of impartiality and fairness, overfull programs, and the justice system's unclear and restrictive definitions that deprive some people of crucial assistance.

According to the annual report, a little over a quarter of complaints received by the Ombudsman related to government departments and agencies. The three most prevalent reasons for these complaints are lengthy wait times, failure to uphold

citizen's rights, and financial damage.

There were examples of these shortcomings and rights violations included. The first described a public health official who used public funds to purchase overpriced office furniture, and the publicization of a whistleblower's identity by the Minister of Agriculture and Fisheries, which has since been corrected, but constituted a privacy violation and possible safety risk for the individual.

The report also discussed the transfer of responsibility of healthcare in correctional facilities. The Ombudsperson described the several complaints received, which the majority concerned lengthy wait times, shortcomings with the living environment, and failure to uphold detainees rights.

Each of the releases concluded by saying that, as an impartial and independent position, the Quebec Ombudsman ensures that the rights of people are upheld in their interactions with public services.

The complete annual report can be found online at <https://rapportannuel.protecteurducitoyen.qc.ca/>

KEEPING IN TOUCH

Staying Connected in 2020



By: Michelle Lepitre

2020 has been a strange year, to say the least. The month of March brought more than just snow and wind when it rolled into town – it also brought the COVID-19 pandemic to Quebec, something which changed our everyday lives quickly and drastically. Overnight, many of the in-person activities we all love were postponed, and we were asked to stay home to stay safe.

We, at Townshippers, had to postpone many of our activities, including our popular health information sessions that take place throughout the year in various locations across the Townships. We know that many of you join us regularly for these activities and we wanted to reassure you that we do plan to bring these sessions back as soon as it is safe for us to do so. We are sorry we will miss the chance to see you in person this year, but we hope to be able to welcome you back again next year!

In the meantime, we invite you to join us online (or by phone), if you

can, for some special video conference health information sessions in the coming months. These presentations will feature topics such as: taking care of your mental and physical health during the pandemic (and beyond), flu vaccines, intuitive eating, and more. Details for these presentations will be shared on our social media pages throughout the fall and winter, and you'll also find them in The Sherbrooke Record's Townships Crier and What's On columns in the coming weeks. We hope to see some of you on Zoom!

We also encourage you to reach out to us with any questions you have about services you might need. Whether you are looking for information about how to sign up for a flu vaccine this fall, or you want help accessing assistance services in your community (like food aid, transportation, or support and listening), please don't be shy to get in touch with us by phone (819-566-5717; toll-free: 1-866-566-5717) or by email (ta@townshippers.org), and we'll help connect you to the information or service you need.

Are you thankful to be a Townshipper?

If 2020 has taught us anything, it's probably that we should be thankful for the little things in our lives... you know, those things that we tend to overlook in the hustle and bustle of daily life: a warm home, food in the cupboard, family and friends. If being a Townshipsper is one of the things on your gratitude list this year, then we hope you'll consider participating in our Townshippers have talent activity this fall!

As a way of celebrating the Eastern Townships and our English-



MICHELLE LEPIRE

On Friday, October 9, members of the Health Link organizing committee delivered thanksgiving care packages to 35 community members who regularly participate in Health Link sessions in Bury. The best part of this activity was the chance to see each other and catch up, if only for a few moments!

speaking community, we are asking Townshippers to put their talent to work and show us (using the artistic medium of their choice: written word photography, music, art, etc.) why they are thankful to be a Townshipsper.

You have until Monday, October 26 to submit your entry to us, so don't delay! Submissions can be sent in by email to lpayne@townshippers.org or by mail to our head office: 3355 College, Sherbrooke, Qc J1M 0B8. Prizes will be awarded to a few lucky Townshippers. To learn more, visit www.townshippers.org/thankful.

This monthly column keeps you in

touch with Townshippers' Association's activities and news.

Other ways to keep in touch:

Online
www.townshippers.org
[Facebook.com/Townshippers](https://www.facebook.com/Townshippers)
[Twitter @Townshippers](https://twitter.com/Townshippers)

In person
 3355 College St., Sherbrooke
 3-584 Knowlton Rd., Lac-Brome

By phone
 819-566-5717
 450-242-4421

October is for finding history in the Eastern Townships

Townships history groups gather virtually for the 4th annual Heritage Fair

What better way is there to discover the Eastern Townships than to drop into the Quebec Anglophone Heritage Network's 2020 Virtual Heritage Fair on Facebook Live or Zoom from the comfort of your own home?

Information about historic collections and stories behind the objects will be the talking points as museums and historical societies from across the region gather in a virtual format in these pandemic times.

The event, sponsored by the Quebec Anglophone Heritage Network (QAHN), takes place on Sunday, Oct. 25, from 1 to 3 p.m. The audience can watch from QAHN's Facebook Live page as participants share their collections and stories on Zoom.

The theme is "Show and Tell" says fair co-organizer Heather Darch. "With our historical societies and museums closed or on very restricted access and hours, this will be a fun way to discover what treasures we have in our collections. By

telling the stories of some of our more unusual or remarkable items, we hope to inspire future visits to the Eastern Townships' wonderful museums and historical societies soon. The virtual fair is a creative way to discover the rich history of the communities across the region and while we won't be meeting in person this year, the fair will still be a way to learn about the achievements and contributions people and organizations have made to the Townships and to Quebec's history."

Presentations for the Fair will include the Colby-Curtis Museum Director/Curator Samuel Gaudreau-Lalande who will speak about the use of photography by politicians as a weapon of mass persuasion. Glenn Patterson, directing QAHN's "A Different Tune Project" will interview musician and square dance caller James Allan to discuss the history of square dancing and traditional music around Kinnear's Mills and show footage from regular dances Allan organizes in the region.

First Virtual Eastern Townships HERITAGE Fair
 Show and Tell in the Eastern Townships

This presentation will be streamed live on our Facebook page (www.facebook.com/QAHNCanada)

Sunday October 25, 2020
 1 pm to 3 pm

The Quebec Anglophone Heritage Network

Le Réseau du patrimoine anglophone du Québec

819-564-9595 • 1-877-964-0409
home@qahn.org • www.qahn.org

Watch for "Show and Tell" presentations from the Brome County Historical Society Museum; Bury Historical Society; Colby Curtis Museum; Cowansville Historical Society; Eastern Townships Resource Centre; Georgeville Historical Society; Lennoxville and Ascot Historical and Museum Society; Missisquoi County Museum; Richmond County Historical

Society Museum; and the Sir John Johnson United Empire Loyalists Association of Canada.

Everyone is welcome. For more information, please contact QAHN at 819-564-9595/Toll free 1-877-964-0409 and at home@qahn.org and www.qahn.org

Submitted by the Quebec Anglophone Heritage Network

Human Rights Commission offers recommendations for electoral reform bill

Record Staff

In a brief presented at the National Assembly, the Human and Youth Rights Commission welcomed electoral reform Bill 39, which has proposed a new voting system be established, and presented recommendations to allow for better representation and the ability for individuals to fully exercise the right to equality.

Currently, when casting a vote, the first-past-the-post system is used. Individuals vote for the candidate of their choice, and the candidate who receives the most votes wins. The commission, however, believes that the adoption of a mixed system is a step toward better representation of the political currents in Quebec society.

The most common type of mixed electoral system is known as mixed-member proportional representation. Here, voters are able to cast two votes; one to decide the representative for

their constituency, and one for a political party. National Assembly seats are then filled first by successful constituency candidates, and then by party candidates based on a nation or region-wide percentage that each party received. For constituency representatives, the first-past-the-post system is still used.

While the Human and Youth Rights Commission is in favour of Bill 39, they expressed concerns about the potential impact of certain aspects of the proposed system.

The Commission made seven recommendations after the submission of Bill 39, four which directly relate to representatives. Specifically, they recommend that each political party present a parity list for regional seats that includes strict alternation between men and women and must include minorities from groups protected by the Charter of Rights and Freedoms.

Bill 39 also includes measures to promote parity between women

and men in the National Assembly. According to the bill, after an order instituting a general election is issued, every authorized party must send the Chief Electoral Officer a statement on the parity objectives they have set for themselves. Before polling day, the party must send the Chief Electoral Officer a report on the achievement of those objectives.

The Commission expressed disappointment that the gender parity measures contained in the bill are essentially symbolic.

“The Commission regrets the absence of measures to address the lack of democratic representation of racialized people,” Myralande Pierre, Vice-President of the Commission said in a press release. “Concrete measures are needed to remove the barriers faced by members of certain groups protected by the Charter in accessing elective offices, barriers that they also face in other spheres.”

The Commission recommends that, following the first general

election held under a new mixed voting system, political parties submit a report to the National Assembly outlining the measures in place to ensure equality among running candidates.

There are also certain technical measures in the bill that could have the effect of significantly limiting the announced representatives, the commission pointed out. Commission President, Philippe-André Tessier, said that the proposed model is likely to considerably restrict the chances of third parties to gain access to representation in the National Assembly. “This would undermine the rights of all citizens to play a meaningful role in the electoral process and to participate in government through the election of representatives,” he said.

The bill also states that a new electoral system will only come into effect if, after a referendum, a majority of votes is cast in favour of the new system.

Asbestos votes for Val-des-Sources

Record Staff

The ballots have been cast and the people of Asbestos who were willing and able to vote have chosen Val-des-Sources as the community’s new name. The formal name change itself still has more administrative hoops to jump through, but the town’s municipal council approved the results of the vote at a special meeting held on Monday evening.

“This is truly a historic moment,” said Mayor Hugues Grimard. “I thank the people for voting in large numbers. The council and I are proud to see that the process was able to rally citizens.”

A total of 2,796 people participated in the vote, representing 48.2 per cent of the eligible population. Val-des-Sources claimed 51.5 per cent of the vote after three rounds, beating

out the other options: Trois Lacs, L’Azur des Cantons, Jeffrey-sur-le-Lac, Larochelle, and Phenix.

The resolution adopted by the council now needs to be considered by the provincial toponymy commission, which will have up to 60 days to comment on the proposed change. Upon hearing back, the town will then be able to make an official request to the Ministry of Municipal Affairs. At that point, any concerned citizens will have 30 days to voice their opposition to the ministry. Assuming no further bumps in the road, the name will then be changed for good.

“Best-case scenario, we would like to be able to officially announce the name change in December, but we will follow the necessary administrative steps,” Grimard added.

PHOTO: RECORD ARCHIVES/GORDON LAMBIE



City of Magog aims to reduce ecological footprint with new guide

Record Staff

Magog city officials unveiled a new guide for residents in order to help them become more environmentally conscience and teach them how to reduce their own ecological footprint.

The guide can be found at ville.magog.qc.ca/guide-ecocitoyennete. The city wants residents to take

action and protect the environment, according to a press release. People who visit the website first need to answer a questionnaire.

The final result will determine whether someone is a novice, intermediate or a specialist when it comes to protecting the environment. The questions nudge residents into openly assessing their environmental habits.

The guide looks at several issues, such as waste management, drinking water and energy consumption, and transport. Whether someone is a novice or a specialist, the guide proposes different ways for people to take action against bad environmental habits.

The guide was born out of the city’s recently adopted environmental action plan. Mayor Vicki-May Hamm

hopes the online document and questionnaire will encourage people to take a step toward environmental protection.

“Protecting the environment is real teamwork, which is why I invite citizens to fill out the questionnaire, read the section that concerns them and take action today,” said Hamm.

EDITORIAL

The current American president is a just reflection of his nation's uglier side, the Mr. Hyde facet of its split personality.

Make America narcissistic again

By Kyl Chhatwal

We are all narcissists at one point or another in our lives. It's the final part of this last sentence that is key. Most people overcome this inherent narcissism, this grandiose and solipsistic focus on themselves, the voice saying the world revolves around me, somewhere around the time they are getting out of diapers.

Can cultures and entire nations be narcissistic? Certainly, they can be overly focused on themselves. America is like this. In some ways, it is justified in thinking highly of itself and its history. In other ways, it is not (think: slavery).

The symbolic ideal of America—the famous “shining city on the hill”—remains its strength and gift to the world, though such a gift can also be the giver's curse. A culture used to being on top is paranoid about signs of downfall. That paranoia then makes it vulnerable to hucksters promising to renew its faith in itself.

About five and a half years ago, one such huckster rode down his golden escalator and into American infamy forever.

The current American president is a just reflection of his nation's uglier side, the Mr. Hyde facet of its split personality. Donald Trump is bigoted, amoral, and notoriously self-centered. He needs to be told, at every turn, how he is the best at everything. America views itself as the great exception of history, just as Mr. Trump does, but at least America has some reason to see itself that way.

Trump's narcissism was perfectly distilled in his recent brush with the coronavirus. Many will recall that after Trump's win in 2016, there was real hope that he would magically transform into something like a normal president—that the weight of the moment would efface all his profound and manifest character flaws.

Fat chance. Likewise, when the world heard the news that he had contracted coronavirus, there was real hope that he would be sobered by the experience, that he would start to feel genuine empathy for the 200,000+ Americans who had already succumbed to the disease.

Fat chance of that too. Trump received the best medical care available in the country (possibly the world), overcame the virus, then concluded from this experience that COVID-19 is not worth worrying about.

Of course, it is not surprising that he reacted this way. For a narcissist like Trump, the personal equals the universal. His experience of reality is the only possible one. At its heart, narcissism seems to be a profound failure of the imagination. Whatever it is, it has rendered the American president incapable of learning or changing, and that makes him especially dangerous.

What's worse, Trump also demands that his followers—no, his entire nation—constantly reinforce and parrot his highly esoteric views. He doesn't just want support or votes: he wants Americans to see the world exclusively through his eyes.

It's a bit like that 1999 movie “Being John Malkovich,” except in 2020 it's “Being Donald Trump.” And that means regressing to a simpler and rosier time, when everything outside your personal experience simply does not exist; when the entire universe centres around fulfilling your needs and soothing your emotions; and when you still get to walk around in diapers. How fun!

Recently, the president participated in a Town Hall on NBC news where he, again, tried to foist his child-like conception of the world on his fellow Americans. Masks, he claimed, are not effective public health tools because of a few anecdotes he happened to read on Twitter. QAnon, a truly bonkers group of conspiracy theorists, is not a threat to truth and democracy because



they say nice things about him. Death, in the form of a highly transmissible virus, does not stalk the world because he, personally, managed to overcome it just fine.

Up here in Canada, we can't do much to prevent Trump from dragging his

nation deeper into infantile fantasy. We can only hope that enough Americans—and those in the battleground states especially—remember a time when their country was still run by grown-ups. And also that they remember to vote.

Letters

DEAR EDITOR,

We would like to echo the expression of thanks from volunteers mentioned in the '70 Over 70' magazine! What a joy to read about all the contributions from these people! We were both surprised and pleased that we had been included, and as we read through the names of those featured, we began to think of countless others who could also have been part of this tribute. We think that we speak for all nominees when we say that there are '70 times 70 times 70' volunteers in the Townships who make a positive difference in the lives of others each and every day and we would like to applaud them as well. Thank you to everyone who help to make the Townships a wonderful place in which to live! And a special thank you to Sandra Picken Roberts for creating the lovely paintings on slate that the nominees received.

SINCERELY,
JACKIE AND DON LOUGHEED

The Record welcomes your letters to the editor. Please limit your letters to 300 words. We reserve the right to edit for length, clarity, legality and taste. Please ensure there is a phone number or email where you can be reached, to confirm authorship and current town/city of residence. Names will not be withheld but the address and phone number of the writer are not published, except by request. Please email your letters to newsroom@sherbrookerecord.com. Preference is given to writers from the Eastern Townships.

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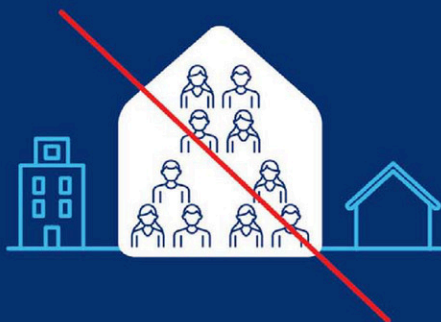
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Death

Page, Shirley Ann
1944-2020

At the CHUS Fleurimont Hospital in Sherbrooke, October 12th, 2020, at the age

of 76 years, passed away Mrs. Shirley Ann Page, beloved wife of the late Ernest Benoit of South Stukely. She leaves to mourn her children: Jackie (Sylvie), Laura (Andy), Jo-Ann (Daniel), Linda (Claude), Timothy (Pat); her grandchildren, her great-grandchildren.

The family wishes to thank the staff of the CHUS Fleurimont for the good care given.

Cremation was held in Granby at Les Jardins Funéraires Bessette Crematorium.

Given the current circumstances, the ceremony will take place in complete privacy. However, you can send your sympathies to the family via our website: www.famillebessette.com.

In lieu of flowers, donations to the Quebec Cancer Foundation or to the Heart and Stroke Foundation would be appreciated <https://fqc.qc.ca/en/donate/make-a-donation>, <https://www.heartandstroke.ca>

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Richmond County Women's Institute Semi-Annual Meeting, Sept. 26, 2020

The semi-annual meeting of the Richmond County W.I. was held on Saturday, Sept. 26, 2020 at the St. Andrew's Church in Melbourne. President, Cindy Jackson, called the meeting to order at 9:40 a.m. by all repeating the Opening Ode and Salute to the Flag. As it was a beautiful morning and due to Covid-19, the meeting was held outside with masks and social distancing being done.

The roll call was answered by 13 members - Cleveland 2; Gore 4; Group 92 3; R.Y.W.I. 2; Spooner Pond 2.

The minutes of the semi-annual meeting 2019 were read by Mona McGee and approved.

Motion: To approve minutes:

Moved by: Joyce Cinnamon

Seconded by: Shirley Beasley.

Business Arising: None

Treasurers Report: Vera Hughes gave the treasurer's report. A copy was given to each branch.

Motion: To accept treasurer's report:

Moved by: Matty Banfill

Seconded by: Muriel Duffy

Motion: Moved that all bills be paid.

Moved by: Joyce Cinnamon

Seconded by: Freda Coote

Membership Fees 2020/21: Vera informed us that QWI had made a motion that there be a one-time reduction in fees due September 30, 2020.

Correspondence was read. This consisted of a letter from Centre d'Action Benevole thanking us for our donation to Meals on Wheels program in 2019, and two thank you cards from Shirley Marceau for cards she had received.

President, Cindy Jackson gave her yearly President's Report. There will

be no QWI Bursary given in 2020. She distributed a 2020 breakdown of general funds from QWI. The creative writing will be judged.

Vera Hughes presented the 2019 Treasurer's Annual Financial Report.

Mona McGee gave the 2019 Secretary Report.

Committee Annual Chair Reports for 2019:

Agriculture Report: Patricia Keenan Adank reported. There was no fair book printed this year.

19 people attended a workshop on egg decorating in February 2020.

Education & Personal Development: Sui Min Jim was absent, so report was read by Cindy Jackson.

County Bursaries for the high school level went to Paige Frost and Riley Keenan.

Health and Community Living:

Report was given by Matty Banfill.

Publicity: Report was given by Mona McGee.

Sunshine: Jean Storry sent out 18 cards since the last County Meeting.

Motion: Motion made that all reports be adopted as read.

Moved by: Matty Banfill

Seconded by: Alice Weare

A short break was supplied by Richmond Group '92.

A drawing was held. Winners were: Shirley Beasley; Mona McGee; Joyce Cinnamon; Elizabeth Mastine and Alice Weare.

Motion: A motion was made to waive the Election of Officers for this year (2020/21).

Moved by: Muriel Duffy

Seconded by: Matty Banfill

Current slate of officers will stay the same.

New Business

Patricia Keenan showed a panel that



was made with the County name and all branches listed on it. It is very heavy and bulky. It was decided to make it smaller which will also make it easier to store. Patricia Keenan with the help of Matty Banfill will take care of it.

This year will be Gore W.I.'s 100th Anniversary.

A discussion was held concerning the low numbers of members in the branch groups. Changes need to come. Each branch is to discuss what options are available and bring their ideas to the County Meeting.

The W.I. program booklet made for 2020/21 will be used this year. A new one will not be made.

Interbranch Competition for 2021 will also remain as for 2020. This will be a decorated egg - any size and made from any material.

Motion: A motion was made to keep W.I. booklet and Interbranch Competition as is for 2021.

Moved by: Marjorie Dunlavy

Seconded by: Shirley Beasley

Branch Duties in the booklet will remain the same for 2021.

Motion: It was moved to keep duties as is for 2021.

Moved by: Marjorie Dunlavy

Seconded by: Patricia Keenan

The annual county meeting will be held on Saturday, April 24, 2021 at 9:30 a.m. at St. Andrew's Church. We will hope for a beautiful sunny day.

As there was no further business, Cindy Jackson adjourned the meeting at 11:25 a.m.

Submitted by: Mona McGee, Publicity Convenor, Richmond County W.I.



Datebook

WEDNESDAY, OCTOBER 21, 2020

Today is the 295th day of 2020 and the 30th day of autumn.

TODAY'S HISTORY: In 1879, Thomas Edison successfully tested an electric lightbulb.

In 1892, the original "Pledge of Allegiance" was recited by an estimated 12 million schoolchildren across the United States in honor of the 400th anniversary of Columbus' voyage to the New World.

In 1959, the Guggenheim Museum opened in New York City.

In 1967, more than 35,000 anti-war protesters stormed the Pentagon, resulting in nearly 700 arrests.

TODAY'S BIRTHDAYS: Samuel Taylor Coleridge (1772-1834), poet/essayist; Alfred Nobel (1833-1896), inventor/arms manufacturer; Dizzy Gillespie (1917-1993), jazz musician; Celia Cruz (1925-2003), singer; Whitey Ford (1928-), baseball player; Ursula K. Le Guin (1929-2018), author; Judy Sheindlin (1942-), judge/TV personality; Benjamin Netanyahu (1949-), Israeli politician; Carrie Fisher (1956-2016), actress/writer; Ken Watanabe (1959-),

actor; Kim Kardashian (1980-), model/socialite.

TODAY'S FACT: While there are no posthumous nominations for the Nobel Prizes, they can be awarded posthumously if the winner dies before the Dec. 10 ceremony.

TODAY'S SPORTS: In 1975, Red Sox catcher Carlton Fisk hit a home run that glanced off the foul pole at Fenway Park in Boston, giving the Red Sox a 12th-inning victory over the Cincinnati Reds in Game 6 of the World Series.

TODAY'S QUOTE: "I signed my likeness away. Every time I look in the mirror, I have to send (George) Lucas a couple of bucks." - Carrie Fisher

TODAY'S NUMBER: 13.5 - hours Thomas Edison's first prototype electric incandescent lightbulb lasted before burning out.

TODAY'S MOON: Between new moon (Oct. 16) and first quarter moon (Oct. 23).

NEA Crossword Puzzle

Your Birthday

WEDNESDAY, OCTOBER 21, 2020

- ACROSS**
- 1 Spree
 - 4 Soap ingredients
 - 8 Recolor
 - 11 Kimono fastener
 - 12 Four Corners state
 - 13 Congers
 - 15 Computer glitch
 - 16 Wise one
 - 17 Make socks
 - 18 Iffy attempts
 - 20 Oater backdrops
 - 21 Caustic
 - 23 Paycheck abbr.
 - 24 Corn bread
 - 27 Negative responses
 - 29 Schlep
 - 32 State openly
 - 33 — alai
 - 34 Son — — gun
 - 35 Wheels
 - 36 Awry
 - 37 Pat dry
 - 38 SAS competitor
- 39 Climb the ladder**
- 40 If not
 - 41 Follett or Kesey
 - 42 Decay
 - 44 Finish the job (2 wds.)
 - 47 Ipso —
 - 51 Defeat badly
 - 52 Didn't part with
 - 55 Home page addr.
 - 56 Deal in
 - 57 Move little by little
 - 58 Flower lover
 - 59 Sauna site
 - 60 Big — — elephant
 - 61 Want-ad abbr.
- DOWN**
- 1 Positions
 - 2 Be next to
 - 3 Prefix for "billion"
 - 4 Too exacting
 - 5 One — — time

Answer to Previous Puzzle

O	A	K			C	B	S			D	A	Y
D	I	N			A	E	R	I	E	A	D	E
E	R	E			F	L	A	C	K		L	O
			Y	E	A	R	L	Y		I	R	I
					R	O			D	N	A	
L	O	B	E	S		N	I	G	E	R	I	A
P	L	E	A		V	E	E			U	M	P
G	E	E			A	T	M			D	I	P
A	S	P	E	C	T	S			S	E	N	S
			D	A	S		Z	E	E			
V	I	N	Y	L		Y	O	U	T	H	S	
A	G	O			L	O	O	N	S		U	R
M	O	T			A	C	R	E	S		N	T
P	R	E			T	E	D			G	A	L

- 6 Hold accountable for
- 7 "— Loves You"
- 8 Fakes out
- 9 Itches
- 10 Charles Lamb
- 14 Peter and Paul
- 19 Exploded
- 20 Bride's new title
- 22 Urge or prohibit
- 23 Young cow
- 24 Get ready for a trip
- 25 Football shape
- 26 Average
- 28 Louts
- 29 Sprawl out
- 30 Sci-fi flyers
- 31 Box office
- 37 Frat letter
- 39 Agent
- 41 Genghis' grandson
- 43 Many times
- 44 AMA members
- 45 Raw metals
- 46 Part of an orange
- 48 Mince
- 49 Bring to bay
- 50 Margarine
- 52 Big parrot
- 53 McMahon and Asner
- 54 Nicklaus' org.

deals and financial gains to be made that can help you raise your game and reach your goal. Romance will improve a relationship with a loved one.

ARIES (March 21-April 19) – Don't take a risk. Acting in haste will lead to a loss. Bide your time, and do your best to get along with everyone until you have a clear-cut plan in place.

TAURUS (April 20-May 20) – What are you waiting for? Take action while you can. A partnership looks promising and will improve your chance of a better future. Jump at a chance to show your abilities.

GEMINI (May 21-June 20) – Someone will take advantage of your enthusiasm if you are too eager to please. If you want to burn energy, do something that will result in a healthier physique. Don't try to buy someone's attention or love.

CANCER (June 21-July 22) – Use your imagination, and turn your dream into a reality. Don't neglect a meaningful relationship. A kind gesture will eliminate a complaint. Romance is favored.

LEO (July 23-Aug. 22) – Uncertainty will prevail. Don't jump from one thing to another. Finish what you start and live up to your promises. Use your energy wisely to set an example that others will emulate.

VIRGO (Aug. 23-Sept. 22) – Set your sights on what you want. It's time for a change. Live life your way. Spending more time with a loved one is encouraged.

Handle with care. Ease into whatever changes you want to pursue this year. There is a shift taking place, and you want to be on the right side of the fault line as situations occur and developments unfold. Hedge your bets.

LIBRA (Sept. 23-Oct. 23) – Refuse to let demanding people interfere with your productivity. Resentment will surface if you allow someone to take advantage of you. Physical activity will relieve stress.

SCORPIO (Oct. 24-Nov. 22) – A change of heart will push you in an exciting direction. An unusual turn of events will take place if you reconnect with someone from your past.

SAGITTARIUS (Nov. 23-Dec. 21) – A change to how you deal with money matters will influence your future. Someone will try to talk you into something that isn't in your best interest. Take care of pending problems yourself.

CAPRICORN (Dec. 22-Jan. 19) – Work with people who share your goals. An unusual lifestyle will pique your interest. Romance is in the stars. Shared expenses will help you achieve a higher standard of living.

AQUARIUS (Jan. 20-Feb. 19) – Put your energy into personal gain. Look over documents and update make updates where necessary. Keep up with the times and trends. Look for ways to save money.

PISCES (Feb. 20-March 20) – There are

WEDNESDAY, OCTOBER 21, 2020

The choice was restricted unusually

By Phillip Alder

Rita Dove, a poet and essayist, wrote, "Without imagination we can go nowhere. And imagination is not restricted to the arts. Every scientist I have met who has been a success has had to imagine."

Every successful bridge player has to picture in his mind's eye where the missing key cards are situated – science. But sometimes a player has to play contrary to the textbook – art.

Which is it in today's deal? South is in four hearts. West leads the club queen. East wins with his ace and promptly shifts to the diamond six. How should declarer continue?

The declarer was Steve Conrad of Manhasset, Long Island. He was sure that East's diamond was a singleton. So, perforce, he won trick two with his ace. But now he seemed to have four unavoidable losers: one in each suit. His only chance was to draw trumps without losing a trick.

South led a low heart to dummy's king, collecting West's jack. What next?

Yesterday, declarer successfully followed the Principle of Restricted Choice. If West had had the queen-jack-doubleton, he might have played the queen instead of the jack. But if he had

North		10-21-20	
♠	Q J 9		
♥	K 10 8 3		
♦	J 10 9 7 2		
♣	8		
West		East	
♠	A 6 5 3 2	♠	8 7 4
♥	Q J	♥	7 6 2
♦	K 8 4	♦	6
♣	Q J 7	♣	A 10 9 6 3 2
South			
♠	K 10		
♥	A 9 5 4		
♦	A Q 5 3		
♣	K 5 4		
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1NT	Pass	2♣	Pass
2♥	Pass	3♥	Pass
4♥	Pass	Pass	Pass
Opening lead: ♣ Q			

only the jack, he had no choice. Assume he had a singleton.

Here, though, Conrad realized that if East had started with four trumps, the contract was unmakeable. Yes, he could draw trumps, but when he drove out the spade ace or diamond king, the defenders would dislodge the club king, then cash clubs when in with their other winner.

Conrad played a heart back to his ace and claimed when the queen dropped. Artistic!

1	2	3		4	5	6	7		8	9	10	
11				12					13			14
15				16					17			
18			19						20			
			21		22		23					
24	25	26			27	28				29	30	31
32					33					34		
35					36					37		
38				39						40		
			41				42	43				
44	45	46						47		48	49	50
51					52	53	54			55		
56					57					58		
	59				60					61		

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"RGTBW BT KEKU LA IBAD, BO'T
DFDMUOXBZH. B NIKU JMGRT KZJ
OXKO'T EXKO B VDIBDFD B EKT VLMZ
OL JL." — DIFBZ CLZDT

Previous Solution: "All I set out to do was to earn a living playing drums ... and as luck would have it, I've surpassed that." — Phil Collins

TODAY'S CLUE: *d sgnbna N*

REALITY CHECK

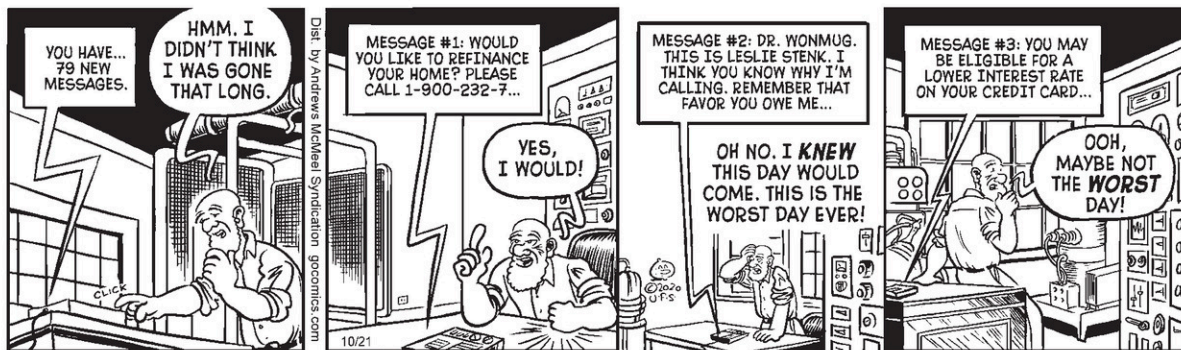


HERMAN



"The changing room is occupied.
Crouch down behind the tie rack."

ALLEY OOP



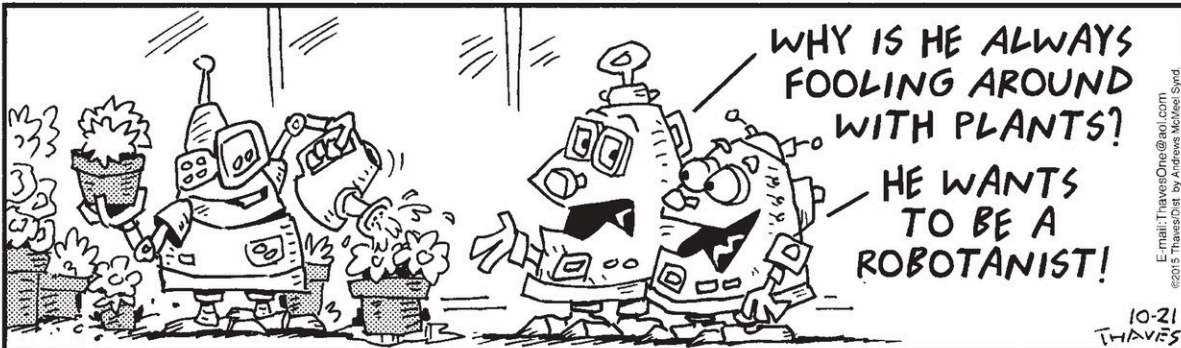
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PUBLIC NOTICE SUMMARY

The Ville de Sherbrooke would like to inform you that the following public notice has been uploaded onto its portal, at the following address: sherbrooke.ca/avispublics, on this day:

ZONING AND SUBDIVISION BY-LAW

Request an assessment of the conformity

By-law No. 1200-117 – Amending the Zoning and Subdivision By-law No. 1200 of the Ville de Sherbrooke, zones I1769 et IZ1771, Mallory street – Borough of Lennoxville.

Subject: The purpose of this By-Law is to authorize a company specializing in manufacturing liquefied petroleum gas tanks to expand its outside storage areas, gather and relocate its merchandise, and build a new factory in a zone located in the Lennoxville Industrial Park in the Winder and Mallory streets sector.

The period to file a written application to the Commission municipale du Québec to request an assessment of the conformity of the By-Law with the Ville de Sherbrooke's Revised Land Use and Development Plan is between October 21st, 2020 and November 20th, 2020, inclusively.

This public notice and the related documents may be consulted on the Ville's website at: sherbrooke.ca/avispublics. Additionally, you can get information on this public notice by calling at 819-823-8000, ext. 5700, during regular business hours.

GIVEN IN SHERBROOKE, on the 21st day of October, 2020.

Éric Martel
 Assistant Clerk

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THE RECORD

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- Convent
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Above all, don't forget your telephone number or address and when respondents may contact you.

PUBLIC NOTICE

GENERAL SCHOOL ELECTIONS: AUTHORIZED CANDIDATES

In accordance with section 206.16 of the *Act respecting school elections*, the Chief Electoral Officer informs the public that the following candidates have been authorized to solicit and collect contributions, to incur election expenses and to take out loans for the next general school elections, in accordance with the provisions of the *Act*. After polling day, authorized candidates may only solicit and collect contributions for the purpose of paying the debts arising from their election expenses.

Eastern Townships School Board

LAST NAME, first name	DATE OF AUTHORIZATION
Barnett, Gordon	2020-09-23
BEAUBIEN, Claire	2020-09-22

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	5			7	9			
	7		4	8				5
8			3	2			9	
1			5		3			7
6								9
3			9		8			6
		6		5	1			2
	1			9	2			8
			7	3				9

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PREVIOUS SOLUTION

4	8	3	1	5	2	6	9	7
5	1	9	3	6	7	8	2	4
7	6	2	4	8	9	3	1	5
3	9	5	7	1	4	2	8	6
6	2	7	8	3	5	9	4	1
1	4	8	2	9	6	5	7	3
8	5	1	9	4	3	7	6	2
9	7	6	5	2	1	4	3	8
2	3	4	6	7	8	1	5	9

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory-order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). [†]From October 1st to November 2, 2020, get this \$500 Carte À Tout™ when you purchase or lease a new 2020 Ford vehicle from one of the following selected models: Fusion PHEV, EcoSport, Escape. Certain conditions apply. The Carte À Tout™ is a \$500 prepaid credit card. It can be used as such on all occasions. This offer is only available to Quebec residents at Ford retailers in Quebec. *Program in effect from October 1, 2020 to November 30, 2020 (the "Program Period"). To qualify, customer must, during the Program Period, trade in their vehicle through a Ford dealership by turning in a 2016 model year or older vehicle, which has been properly registered/plated or insured for the last 3 months (the "Criteria"). Eligible customers will receive \$1,000 towards a new 2020 Escape (excluding \$), Fusion or EcoSport (an "Eligible Vehicle"). Taxes payable after incentive amount is deducted. To qualify: (i) customer must, at the time of the Eligible Vehicle sale, demonstrate to the dealer / provide the dealer with sufficient proof of Criteria and a signed original ownership transferring his/her vehicle to the authorized dealer; and (ii) the Eligible Vehicle must be purchased, leased, or factory ordered during the Program Period. Limit one (1) incentive per Eligible Vehicle sale. Vehicle(s) may be shown with optional equipment. Offers only valid at participating dealers. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP) or other private/targeted offers. Dealer may sell or lease for less. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. [^]From October 1st to November 19, 2020 and from November 28 to 30th, 2020, receive 0% APR purchase financing on new 2020 Escape, EcoSport or Fusion for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit Canada Company. Not all buyers will qualify for the lowest interest rate. Example: a vehicle for \$42,149 (including freight and air tax charges) purchase financed at 0% APR for 72 months, monthly payment is \$585.60, interest cost of borrowing is \$4.60 (which corresponds to the administration fee related to the RDPRM registration) and total to be repaid is \$42,205.60 which includes all fees related to the RDPRM registration). Taxes payable on full amount of purchase financing price after Manufacturer Rebates have been deducted. No down payment required subject to the approval of credit by Ford Credit. All purchase finance offers include freight, air tax and RDPRM charges but exclude administration and registration fees of up to \$52 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ©2020 Ford Motor Company of Canada, Limited. All rights reserved.

