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Richmond 4-H Club wins big

Claudia Villemaire - Page 10

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WEEKEND EDITION

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'Kayak' suspects appear in court

Record Staff
SHERBROOKE

Eight of 24 individuals arrested during Wednesday's concerted police action against organized crime were released Thursday on a bond and under strict conditions, pending further proceedings. Suspects appeared in court Thursday morning at the Sherbrooke courthouse. Another fifteen will have their bail hearings on July 3.

The alleged mastermind of the network dismantled in the operation, Vincent Boulanger, remains behind bars. Boulanger, who was cleared of gangsterism charges stemming from the infamous Operation SharQ, is a member in good standing of the Sherbrooke chapter of the Hells Angels. He was arrested along with 23 others Wednesday in the major regional sweep.

According to police, it was information from an 'inside' informer that led police to move.

Those arrested in the operation have been formally charged with various degrees of gangsterism, conspiracy to traffic in narcotics, conspiracy to produce cannabis, drug trafficking or possession of narcotics for the purpose of trafficking in front of Judge Conrad Chapdelaine of the Court of Québec.

Over 235 police officers raided 16 sites to dismantle five cells that it says controlled drug trafficking in the Eastern Townships. These cells apparently filled the vacuum left in the wake of the arrests of almost every 'full patch' member of the Sherbrooke Hells Angels Sherbrooke in April 2009.

Back to the Future: Étienne Poirier and Julie Tessier

NICK FONDA

Étienne Poirier, who along with his partner, Julie Tessier, owns and operates Moulin la Fine Fleur.

By Nick Fonda
Special to The Record
L'AVENIR

The term fine fleur has multiple meanings according to Étienne Poirier, who along with his partner, Julie Tessier, owns and operates Moulin la Fine Fleur.

"The word fleur is also a corruption of the English word 'flour' so that fine fleur refers to the first flour that comes from the milling. It's very fine flour with no coarse particles, and the term has come to refer to anything which is of good quality." he explains.

Julie and Étienne, who met while studying agriculture in St. Hyacinthe, are both from farming backgrounds; she was raised on a dairy farm in near-by Wickham, while he grew up on the farm next door where his father was a pork producer. The two have been growing cereal crops on their own 300-acre farm since 1996. Their produce has had organic certification since 2000.

"Organic certification is a three-year process," Julie explains,"so, in effect we've been growing organically since

CONT'D ON PAGE 4

Renovation of the Town Hall
Sutton invitation

Mayor Pierre Pelland and the Town Council invite you to a second information meeting concerning the renovation of the Town Hall Saturday, June 15 at 9:30 a.m. at the Fire Station (next to the Town Hall).

There will be discussions with more details on the different options in the presence of the Town Architect, Alan Bellavance, who is well aware of the project.

The decontamination part has been exposed to the public and the Council is proposing two other options:

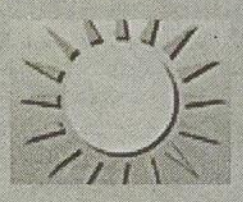
Option A: Modernizing the Town Hall

Option B: + construction of a new wing in place of the old fire station, with a council room and premises to meet the needs of the community.

For more information you can phone Richard Leclerc at (450) 538-2883.

Weather

TODAY:
MIX OF SUN AND CLOUD
HIGH OF 22
LOW OF 10



SATURDAY:
SUNNY
HIGH OF 22
LOW OF 7

SUNDAY:
CLOUDY
HIGH OF 21
LOW OF 11

MONDAY:
CLOUDY
HIGH OF 21
LOW OF 12

TUESDAY:
CLOUDY, SHOWERS
HIGH OF 21
LOW OF 12

Hamden
Marécage Des Scots path inauguration

The multipurpose path of the future Parc du Marécage des Scots regional park was inaugurated by the Haut-Saint-François MRC and its partners. The 3-km path connects to a 4.5-km multipurpose path already in use in the Franceville sector of Mont Mégantic Provincial Park, adjacent to the marsh.

Built at a cost of $180,000, this path is open to cyclists and hikers seeking a winding path in pleasant surroundings, crossing various ecosystems and offering rest areas with panoramic views of the mountain, brook and marsh. The Fondation Hydro-Québec pour l'environnement contributed $43,000 to this project, primarily to create awareness-building tools for the ecosystem bordering the marsh, its wildlife, its flora and how it all works.

"Once we have completed the next development phases, which will allow users to reach Parc Walter-MacKenzie in Scotstown, we believe that this cycling path will be one of the most beautiful in southern Quebec," stated Nicole Robert, Prefect of the Haut- Saint-François MRC. The MRC is the promoter of the project, in partnership with the municipalities of Scotstown and Hampden.

The project's goal is to protect the Marécage des Scots marsh, its surroundings, and its wildlife habitats, while monitoring the increased use of the site, and raising awareness among visitors of best practices to minimize their impact on ecosystems.

"The Fondation Hydro-Québec pour l'environnement decided to support this project because it seeks to protect fragile ecosystems and reflects the community's desire to manage its environment responsibly," noted Catherine Leconte, Executive Director of the Fondation Hydro-Québec pour l'environnement.

"This family-friendly path will position us as a region that offers an exceptional quality of life, with outdoor activities, fabulous landscapes, and an enhanced awareness of the need to understand and protect the environment," said Prefect Nicole Robert.

Steve Luxton at Studio Georgeville

Saturday, June 15, at 3 p.m., Studio Georgeville hosts author and Hatley resident, Steve Luxton, whose talk "Going for a Walk: History, Stories, and Poems on the Art of Walking" will motivate you to take up this no-cost, underrated form of exercise and relaxation.

Luxton, who loves the outdoors, finds health and inspiration in walking and will share anecdotes and secrets of the best places to walk.

Author of five books, Luxton's most recent "In the Vision of Birds" celebrates natural beauty and life in the Townships. His poems have been described as "finely observed, lyrical and funny in equal measure, revelling in their subject matter without romanticizing it." (Ian McGillis, Montreal Gazette).

Last year Luxton was awarded the Quebec Writers' Federation's prestigious Community Award for his long time work as publisher, teacher and writer in promoting English-language literature in Quebec. Studio Georgeville is located at 20 Caree Copp, Georgeville, 819-843-9992.

Admission fee $5. Homemade baked goods and beverages will be served.

Car Wash Saturday for Chibuwe

A Young Farmers Club program is now being initiated in Chibuwe, Zimbabwe. Inadequate opportunities of employment and income among the majority of the youth population have resulted in food security issues.

The objective of the program is to train young people in proven methods of agriculture which in turn will reduce poverty and generate income to support themselves and their families.

These Youth will have the opportunity to learn and apply Conservation Agriculture methods of farming as taught by Foundations for Farming. Sports, health and life skills education will also be integrated into this program.

We invite you to participate in a Car Wash fundraising event hosted by the Youth of Green Ridge Church (Lennoxville). This Car Wash will take place on Saturday June 15 behind Hope Church (entrance rue College, Lennoxville) from 10 a.m. to 1 p.m. Look for the colorful Zimbabwe flag.

This will be a good opportunity for fathers to be treated by having their vehicles washed whilst at the same time supporting a worthy cause.

COURTESY

A unique Zimbabwean gift will be given to those people kind enough to make a donation of over $10.

Thank you very much for your support. Will see you there as I am visiting for a couple of weeks.

Submitted by Francine Lilford.

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Ben by Daniel Shelton

LOCAL NEWS

"You had to be a loser to move downtown in those days."

Downtown residents share their vision of area's future

Record Staff
SHERBROOKE

It was the turn of Sherbrooke's citizens Wednesday to present their views concerning the creation of a master plan for the development of the downtown area.

Following a series of consultations with key economic, social, and cultural actors within the Centre-ville 2020 project, Commerce Sherbrooke finally went to the public for its contribution to their vision of the city's future.

In April, city council unanimously supported Commerce Sherbrooke's Centre-ville 2020 initiative, which aims to develop a long-term development plan for the city centre. In the last few weeks, a consultation process has been undertaken by the non-profit group in which Sherbrooke Commerce met with representatives of paramunicipal organizations, the business community, property owners and developers, the school system, large institutions, cultural organizations and social organizations to discuss their needs and their vision before a working committee chaired by resident Jean-Pierre Bertrand.

Following the suggestions and issues raised at the roundtables, the committee developed a new, and, it believes, improved version of its strategic vision. This was revealed Wednesday at a public meeting at the John Besré Centre for the Performing Arts.

"The downtown sector is the heart and soul of a city," said Commerce Sherbrooke president, Louisda Brochu as Committee members were eager to stress the enormous progress made over the last twenty years. Councillor Serge Paquin recalled "the state of desolation" to which the downtown area had sunk by the 1980s and 90s, when nearly 40 per cent of the buildings were vacant. "You had to be a loser to move downtown in those days," he said.

Gilles Marcoux, the Director of Commerce Sherbrooke, outlined the ideas in the current working plan, which includes heritage preservation, the development of advantages provided by the rivers, the importance of maintaining commercial, residential, and cultural characteristics, and the establishment of sustainable modes of transport. "The goal is to create an attractive and distinctive living environment," he said.

The discussion turned to more practical matters when the public began to express its concerns. One citizen complained about the noise from the numerous outdoor concerts and performances, pointing out that she had "the right to be by myself in my room with the windows open."

In general, the priority for residents is to create a pleasant living environment and not just a tourist attraction. Another comment criticized some architectural choices, pointing to the ugliness of several buildings. Others argued for greater room for innovation, including the creation of a technology incubator.

The revitalization of Wellington Street South, the issue of parking, and the possibility of establishing a pedestrian mall were topics that were brought up time and time again.

Police seek to calm nerves

Record Staff
SHERBROOKE

Sherbrooke police are trying to reassure the public concerning events that occurred on June 6 an 13. At that time, several children referred to a suspicious person loitering around schools. The man reportedly talked briefly with some of them. At the moment, nothing leads police to fear for the safety of children. It is however good to remind children of basic safety tips with regard to engaging with strangers.

The SPS also recommend being very careful of information exchanged over social media, as often the 'telephone game' can amplify or distort the facts.

In addition, Sherbrooke police are reminding the population that an organization, Parents-Secours, exists to help people in difficulty. They can be contacted at 819-821-5990.

Sherbrooke's Maison Oxygène celebrates Fathers

Gordon Lambie
Special to The Record

The Sherbrooke Maison de la Famille held a press conference on Monday to mark the first anniversary of the Maison Oxygène Estrie, a living space for fathers with children living in difficult family situations designed to counter family homelessness, and to announce the events for the first Quebec Fathers' week, culminating in the "Su-père" party celebrating fathers on Saturday, June 15 at Blanchard Park from 11 a.m. to 4 p.m.

The creation of a special week to recognize the role of fathers is the result of a long-term awareness campaign on the part of the Coalition for the Promotion of Fatherhood. The CPF is a group of 167 organizations and individuals from across Quebec focused on promoting the positive involvement of fathers in the family context and respect for gender equality.

"Our housing service for fathers and children living in a situation of distress fits in well in this context," said the President of the Maison de la Famille, Michel Damphousse, "that's why we took the opportunity to mark our first anniversary on this occasion. Since May 22, 2012, we received 25 requests and have welcomed 16 fathers and 31 children. The need is real in Estrie for this clientele that comes from Sherbrooke but also other municipalities such Asbestos, Coaticook, Sherbrooke and Valcourt."

The Maison Oxygène Estrie is part of a provincial network of seven shelters for fathers and children. It is the only Eastern Townships location and currently receives no government funding, relying instead on the generosity of the business community, foundations and the general population.

During this first celebration of Fathers' week, several festive activities have taken place and are taking place across Quebec. In Sherbrooke, these activities manifest themselves in the "Su-père Fête Sherbrookois" a Father's Day party for the whole family including activities like a sandcastle contest, face painting, Games and entertainment, and free hotdogs from Provigo Daniel Larouche between 11 a.m. and 1 p.m.

Those present will also be eligible to win a number of prizes including three pairs of movie tickets from La Maison du Cinéma, and 20 nautical prize packs supplied by Club Nautique de Sherbrooke and Rythme FM.

In case of rain, all activities will be rescheduled for Father's Day itself, Sunday, June 16.

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2012-2013 Annual General Meeting
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CSI nears funding target

SHERBROOKE

Only four months after its launch, the major fundraising campaign of the Fondation du Carrefour de solidarité internationale (CSI) has already reached 80 per cent of its target and financial commitments over the next three years has reached $475,000. and organizers are now hoping the final total will top $600,000

"It is extraordinary," says Carrefour Director Marco Labrie. "when I think that before, we raised our $20,000 to $25,000 per year." Labrie commended the major organizational efforts behind this success, and that some community partners will be honoured with a tree planted in their name.

The money raised will partly compensate for withdrawal of CIDA from international aid. "It does not make up the difference, but it avoids wasting our achievements with our partners in the South and we can continue our outreach to committed youth in schools for the poor in developing countries," Labrie said. Beyond the money raised so far, Labrie wished to emphasize the "demonstration of commitment to the community" towards the humanitarian missions supported by the CSI.

As a token of appreciation, trees selected from rare and sometimes exotic species, like the maackia de labour, supplied by Pépinière Lambert have been planted on the organization's property on Moore Street and will be adorned with a plaque dedicated to the six major donors - Boréalis, l'Alliance syndicats et tiers-monde, the Caisses Desjardins, La Tribune, the J.-A. Bombardier Foundation and Prof. Guy Laperrière, a member, and supporter from the beginning.

The latter two also have earned the right to the unveiling of a granite bench where their names will be engraved in perpetuity.

Back to their roots

Cont'd from page 1

1998."

"We farmed conventionally at first," says Étienne. "I would plant my crops and then it would be time to spray the fields and I would come home soaked in pesticide. I didn't much like it. At a certain point, I went to a conference given by a large-scale farmer who was growing organically and decided to try it myself."

"At about the same time," says Julie, "we were starting our family, and that too was a factor." The couple now have four children, aged 10 to 15 and all four, to one degree or another, help out on farm, which has grown into a multi-faceted family business.

Since the opening of the bakery and pastry shop two years ago, clients who stop at Moulin la Fine Fleur can buy home baked goods made from scratch from a variety of flours which are ground on site from grains grown on the surrounding fields.

From sheaf of wheat to warm croissant: it all happens on the same spot. If this sounds unique, today in Quebec, it probably is.

As if to accentuate the fact that Moulin la Fine Fleur is a reincarnation of an economic model from an earlier time, part of the operation is housed in a bright red building that suddenly appears out of the hillside fields looking both very new and strangely old. The severely square two-storey structure still has the unmistakable lustre of fresh paint on new wood, but the building itself looks as if it has just been plucked from the 19th century.

"Étienne designed it to look like a building from the late 1800s," Julie confirms.

If it seems rather small, the building is very functional. On the ground floor is a small shop where customers can buy a variety of flours, and other local produce like honey and maple syrup as well as a variety of breads, pastries and fresh pastas. On the second floor Étienne operates his small, electrically-powered stone mill. Above him, in the attic, is a small granary from which the grains selected for milling will be fed, by gravity, to the mill.

It's more than fitting that the couple should have put up a building reminiscent of earlier times; the fields that surround the Moulin la Fine Fleur hide an interesting history of their own. "This land was originally given to some Abenaki families following the war of 1812," says Étienne. "Just a few hundred yards from here is the site of what was once an Abenaki cemetery, although there are no stones or markers remaining."

"Once or twice a year," Julie adds, "we get a visit from an amateur archaeologist. He has a metal detector and over the years he's found all sorts of artifacts: a one penny piece dated 1837, shards of decorated pottery, metal buttons. We've got quite a collection of things that have been found on the property."

Since the couple took over the property in 1996, it has undergone small but important changes that will become more evident over the years.

"We've started planting windbreaks around our fields," says Étienne. The trees' roots will help retain the soil, and they'll annually shed leaves that will enrich the soil. We've planted some softwoods but also lots of hardwoods: ash, oak, maple, butternut. Our next project, which we've already started, is to plant rows of black walnut to subdivide the fields further."

The trees do more than slow down the westerly winds. Julie explains, "With the trees have come more insects—which help with pollination—and more birds. We saw a bobolink this summer, a species we hadn't seen before. We've seen a couple of other species that haven't been seen here in a long time."

The fields themselves annually produce a variety of cereals. "We grow oats, wheat, spelt, buckwheat, soybeans, and rye in unequal proportions," says Étienne. "I also plant alfalfa, not to harvest, but to refresh the fields. We have about five acres of rye, our smallest crop, and about 100 acres of oats, which this year will be our biggest crop."

The annual harvest varies but can range as high as a total of 150 tons of cereal. A significant portion of the crop will be sold. Étienne describes it as the easiest way to deal with a harvest. "I pick up the phone and make a call and the work is all done," he says with a laugh.

However, this year, all of the wheat, spelt, rye and about a quarter of the buckwheat crop will be kept and processed. Since 2008, the couple has been producing organic, stone-ground flours which are sold in half a dozen specialty stores and summer markets in the Townships, as well as in their bright red store just outside of l'Avenir.

Curiously, it was the death of the leader of a small religious community that led Étienne to becoming a miller. "I had been bringing my grain to a nearby religious community," he explains. "That fall, the leader of the group passed away. The remaining members decided to disband. They weren't going to be milling my grain any longer and they offered to sell me their mill. It was a natural evolution. I had been growing organic grains which I was shipping halfway across the Townships for grinding and some of that flour was coming back to a friend of ours, Guillaume Couture, who operates a small artisanal bakery, Le Temps de vivre, in nearby South Durham."

Electrically run and encased in wood, the mill is surprisingly small. "The stone wheel is only 16 inches or so in diametre," Étienne says. "I can grind about 30 kilos of grain in an hour. One kilo of grain yields about half a kilo of four."

"The chaff is kept as food for our small herd of pigs," Julie points out. "Our primary aim is to feed people, but it's important to feed animals as well. Any grain of lesser quality is put aside for our animals or sold as feed."

(For a short while the family kept a variety of farmyard animals: a cow for milk, goats, chickens. The demands of milking twice daily became more trouble than it was worth. This year the family has 10 well fed porkers which will eventually end up on the dinner table or be sold to the freezer market.)

The opening of the bakery and pastry shop in 2011 made the circle complete. "Baking with freshly-ground flour makes a difference," says Julie. "The flour works more easily and the yeast seems more active when the flour is fresh. In the summer, when we do get a certain amount of tourist traffic, I will bake as many as 400 loaves a week. In the winter the number is much lower. Even though we're off the beaten path, we are drawing more and more visitors, and we're slowly establishing a regular clientele."

The concept behind Moulin la Fine Fleur grew organically over time, but was born more of necessity than idealism. "We're doing a lot of things," Julie explains, "because it permits us to live. If our only income was from the crops, at least one of us would need an outside job to make ends meet."

For more information on Moulin la Fine Fleur go to www.moulinlafinefleur.com or call 819-394-2260.

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555 Craig St., Richmond

Asbestos trailer maker set to expand

By Stephen McDougall
Special to The Record

Since the closure of the Jeffrey asbestos mine last fall, little economic news out of this mining town has been good. But that may change soon because one homegrown industry, ABS Trailers, is set to expand in the coming year.

"ABS is short for the word Asbestos, because we want the town of Asbestos known as a place where quality products are made," said company president Francois Gouin.

The trailers use a conveyor belt at the bottom of a large, wheeled storage bin to unload loose, dry bulk materials such as rocks, asphalt or cement instead of dumping it with a tipping bin that can result in costly accidents.

Last year, the number of trailers made at its two Asbestos factories totaled 80, sold to clients as far away as Russia and Iran.

In an interview last week, Gouin said the next step is to find a larger factory to allow the company to increase production.

"We are at full capacity now and cannot expand our present buildings," he said.

"We need to find or build a factory that has at least 30,000 square feet of space. We are presently studying our options and want to decide on a better facility by next year."

With a present workforce of 29, ABS is poised to become the town's second largest industrial employer after the Laroche abattoir, which has more than 100 employees.

In 1990, ABS built its first trailer for an Ontario client, which took most of the autumn.

"I remember us being up late in the evening or into the early morning solving design and technical problems on that first trailer," he said.

Gouin feels confident his expansion dreams will come true given that there are only two other live-bottom trailer makers in North America - one in PEI and the other in Idaho.

"We are developing a reputation for quality because our trailers need little maintenance and last a long time," said Gouin.

"The ABS name is starting to represent a quality mark similar to that of IBM or BMW. Our type of trailer may still be a niche market in the transport and construction industry, but demand is still growing for us."

More importantly for the town, the company wants to keep its operation in Asbestos where it was born in 1987.

"My brother Benoit started out with a welding and paint shop that serviced trucks," said Gouin.

"Then he learned from the trucking firm Asbestos Eastern about the need for trailers and decided to build one and see if it would sell. Everything needed for the trailer was made here and that is still the case today. And we want to keep it that way."

Gouin has heard all the arguments about relocating the business to a larger industrial centre such as Drummondville or Montréal to expand operations. But he has rejected those arguments because his family lives in Asbestos and his son and a nephew work for the company. Gouin said the plan is for them to take over the business when he eventually retires.

"We have always been able to find the workers and the technology we need to make our trailers here," he said.

"And the supporting companies that we subcontract out to are also here. We see no reason to leave the area."

He admits that prospect would have occurred if the family had been forced to sell any part of the company to an outside concern in exchange for investment cash.

He remembers when fellow local entrepreneur Jean Yves Dube sold part of his BionX bicycle firm to Magna International in Toronto to get more operational capital. The result was the loss of the company's local manufacturing facility.

Magna convinced Dube it would be more profitable to make the electrically power-assisted bicycles in Aurora, Ontario and move its research and development branch to Sherbrooke where more engineers and technical specialists were available. The result was the loss of 25 local jobs.

"Our company has a similar philosophy to that of the Lemaire brothers, owners of Cascades, in Kingsey Falls," said Gouin.

"There has been a lot of pressure put on them to move their small town head office to Montréal, but they have resisted because their father came from nearby Drummondville and their extended family live in the town.

"Most of their key branch operations have been built in the town and they employ a lot of local people."

Two months ago, the Lemaire brothers chose local Danville resident Mario Plourde as their new president, partly because he shares their "philosophy" of keeping Cascades in the Kingsey Falls area.

Gouin welcomes the $50 million diversification fund granted to the area last month by the provincial government as a way of financing their expansion and avoiding having to sell part of their company to raise cash.

The diversification fund was created as compensation for canceling a $58 million loan to the Jeffrey mine last year that would have helped create up to 400 mining jobs.

Gouin admits he will have to distant himself from the application process for the fund because he headed the local committee that helped shape it in the first place.

"The fund was not set up just for my company," he said.

"But that does not mean another member of ABS cannot apply for funding. The money is meant to expand local companies like ours and create more local employment. I just have to stay out of the decision making process."

Magog water plant wins prestigious prize

Record Staff

The City of Magog's new water purification plant has been awarded a major engineering design prize by the Quebec Order of Consulting Engineers.

The plant was cited at the Grands Prix du génie-conseil québécois 2013 in Montreal on June 11 with the Leonard Prize in the 'Urban Infrastructure' category.

The jury was impressed by the state-of the-art technology used in the plant, which cost an estimated $15 million. This technology allows treating water drawn from Lake Memphremagog with a pressurized microfiltration membrane filtering, followed by ozonation, which reclaims 87 per cent of the water. Moreover, the water is treated without chemicals other than the addition of sodium hypochlorite (chlorine) required for disinfection and maintenance of the quality of tap water. The realization of this unique project was done in collaboration with consulting engineering firm 'exp.'

Marco M. Prevost, Environment and Planning Director for the town of Magog was pleased to see the city win the award, mainly because it validates the choices made by the City of Magog to ensure water quality that exceeds the requirements of government regulations. "With this advanced technology, the City of Magog is proud to have given its citizens the largest membrane filtration plant built in Quebec today."

With investments of more than $15 million, the renovation of the Magog plant is one of the biggest projects in the history of the municipality. It has also attracted the attention of neighbouring towns, who have come here for inspiration for their own project

Editorial

The Maple Spring was in fact the ultimate tantrum rooted in an unjustified sense of entitlement.

Reflecting on the Maple Spring Protests

By Kevin Richard

It's been one year since the massive student protests and I can't help but wonder how we have progressed because of it. What have we learned and how have we been shaped by these events? I'm definitely glad that order has been restored and that this is now behind us. I'm not convinced, however, that we've come out of it stronger. If anything, we've come out of it badly beaten and bruised.

Adversity is the true test of character. This applies to the whole of society as much as it does to an individual. Having the courage of our convictions, sticking to our principles, working hard, and persevering through difficult times, often makes us stronger in the end. If, on the other hand, we take the easy road and refuse to stick to our principles, if we give in and begin to compromise our values, we become weaker. Unfortunately, we chose the latter route.

Some may say that the protesters should be applauded as they were the ones who were determined and persevering. They made enormous sacrifices that paid off. Some may argue that the only reason I criticize is because of who won the day. This is not so. Though I recognize that they were indeed determined and persevering, I also recognize that there was nothing truly virtuous about the principles they defended.

Firstly, student associations couldn't even demonstrate that they represented a majority of students, much less a majority of Quebecers. Polls were constantly confirming the fact that the majority of Quebecers were in favour of tuition hikes. They also showed, however, that they were unsatisfied with the way the government was handling the crisis. These two realities were confirmed on election night. The Liberals lost power, while a majority of elected members were from parties that favoured tuition hikes.

Secondly, the spirit of the movement revealed itself to be rather ugly. Our freedom of expression and our right to peaceful assembly were seriously abused of. The initial purpose of personal expression swiftly faded away. It was quickly supplanted with a new purpose, that to intimidate and disrupt in order to get something.

Protestors intimidated journalists and politicians who were unfavourable to their cause. They disrupted traffic and business activities, and they violated their fellow student's right to education. Then, as they sensed that momentum was on their side, they began demanding more. Why not? Nothing could stop them now. "Free tuition!" they proclaimed.

In no way is any of this consistent with the principles of a free society. Freedom of expression exists so a person can stand up, be counted, and be heard. It is the freedom to peacefully persuade your fellow citizens with verbal arguments and debates, not to threaten them into getting something. The right to peaceful assembly exists so like-minded individuals can freely gather and exercise their freedom of expression in unison, not to intimidate the population and to hold them hostage.

The lesson learned was this. You don't need a good cause. You don't even need a majority. You just need to be numerous, organized, loud, and disruptive to get what you want. There is a term for this. It's called mob-rule. When a child behaves this way we call it a tantrum. When a parent gives in to tantrums, the child becomes a spoiled brat who believes he's entitled to everything based on the fact that he exists.

Another noteworthy event was the disgusting display of opportunism on the part of a certain provincial politician. She took to the streets with her red square (a communist symbol) and her pots and pans (with which she seemed oddly unfamiliar), betting on the extra votes from what suddenly appeared to be a politically motivated segment of the population...the youths. The students, Marois bet, were her ticket to her dream job. They were going to send her to the throne of Quebec matriarchy. She won her bet. And as could be expected, when their momentum was gone, she swiftly threw them under the bus with her phony summit on education, only to do what she had intended all along.

I shudder at the idea that these events are celebrated as courageous acts of democracy, and that the protestors are seen as heroes who fought for the rights of future generations. I shudder at the idea that this will go down in history as the Quebec version of David and Goliath, when the weak and oppressed stood up to the giant evil tyrant and defeated him.

The Maple Spring was in fact the ultimate tantrum rooted in an unjustified sense of entitlement, a backward definition of rights, a disconnection with economic reality, a socialist view of the state, and an utterly profound misunderstanding of freedom.

This is what won the day, and in no way are we better off because of it.

(opinionkrichard@gmail.com)

Letter

Dear Editor,

A big thank-you to The Record for Barbara Lavoie's article on the start of a new season for the Lennoxville Farmer's Market!

That a farmer's market can make the front page of the newspaper is an accurate reflection, I think, of the public's burgeoning interest in the food safety, quality, provenance and sovereignty issues that affect all of us who eat.

Although our dedicated and hardworking growers are a little frustrated with this abnormally rainy spring, that didn't dampen our spirits on Saturday. Farmers brought their early offerings and eager customers came to get their first taste of very fresh, very local food. Hopefully our expanded format will serve our returning customers better and attract some new ones as well. I am really looking forward to the upcoming season and all the terrific opportunities I'll have to interact with folks who appreciate and seek out lovingly grown food!

In the interest of giving credit where credit is due however, I need to correct a small misconception in the article. While I did indeed grow up on MapleLedge Farm and my parents generously made room on the farm for my family's home, my husband and I do not farm there. That privilege belongs to my extremely hardworking brothers who are following the wonderful example set by my mother and late father, Albert and Roberta Sylvester. My husband, Ross, and I are very proud of the MapleLedge traditions of high quality maple syrup, Percheron draft horses and beautiful, productive Brown Swiss dairy cows... BUT... we actually farm in partnership with our friends and neighbours, Scott and Jennifer Lowd at Bergerie Shepherd's Stone Farm near Bulwer. Our flock of sheep keep us all very busy (a pair of twin lambs were born just this morning!) and we are striving to keep up with a growing list of freezer lamb customers. We also have a passionate interest in heritage breeds of both livestock and plants and hope to contribute to the efforts being made to keep some of these breeds from dying out altogether.

My foray into the Lennoxville Farmer's Market is a function of my firm belief in the importance of re-localizing our food systems; of re-energizing and re-building small scale, sustainable family farms. I think MapleLedge Farm was the best place to grow up - bar none! - and it continues to serve as our template for responsible farming and good stewardship.

I truly wish The Record had an agricultural reporter; surely something so integral to the economic, historic and cultural pulse of the Townships deserves more coverage than it usually gets. Sports may be fun, politics might (?) be interesting, business is possibly riveting - but really, what could possibly be more important than the food that sustains us in all those endeavors?

In any case, I thank you again for the front page coverage; I hope it is a harbinger of increased attention to matters agricultural!

Sincere salutations, from the suburbs of bustling Bulwer

Mary-Ellen Kirby
Bulwer

THE RECORD

P.O. Box 1200 Sherbrooke J1H 5L6 or 1195 Galt E., Sherbrooke J1G 1Y7
Fax for Newsroom only: 819-569-3945
E-mail: newsroom@sherbrookerecord.com
Website: www.sherbrookerecord.com

Sharon McCully Publisher ..... (819) 569-9511
Daniel Coulombe News Editor ..... (819) 569-6345
Stephen Blake Corresp. Editor ..... (819) 569-6345
Serge Gagnon Chief Pressman ..... (819) 569-9931

DEPARTMENTS
Accounting ..... (819) 569-9511
Advertising ..... (819) 569-9525
Circulation ..... (819) 569-9528
Newsroom ..... (819) 569-6345

Knowlton office
5B Victoria Street, Knowlton, Quebec, J0E 1V0
Tel: (450) 242-1188 Fax: (450) 243-5155

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Quebec:	1 year	55.00	2.75	5.49	$63.24
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COLUMNIST | *Life takes strange turns. Things go awry. We all make bad decisions. In that field Kathy excelled.*

Kathy Boudin and The Weathermen (Part 1)

TOM CAVANAGH

"You Don't Need A Weatherman To Tell You Which Way the Wind Blows"
(Bob Dylan,
'Subterranean Homesick Blues')

Introduction

Much has been said and written about the 1960's and the student protesters who are sometimes described as the most idealistic generation ever. Perhaps. They certainly had an influence right through to today. At times Obama is equated with the protesters, disorders, rebelliousness, heroism and idealism. The opposition (angry Republicans) prefer the 'take' of their House Majority Leader Dick Amery in 1995: "all the problems began in the sixties." The polarization today is still alive and well.

What a decade it was. Student marches and protests. Civil Rights; Assassinations: (Martin Luther King; JFK, Robert Kennedy, Medgar Evers); Drugs; Challenging traditional values; The Weathermen; Kent State; Hippies and Yippies; Black Power; Sex and violence; "Don't trust anyone over thirty"; Bob Dylan; Muhammad Ali, – and through all the years the driving force of the Vietnam war.

It was a diverse and divisive time, and easy to romanticize. My memory store is rich. Students seemed different and it was possible to believe that maybe a better world was unfolding. How naïve I was, forgetting I was over thirty, and drifting back into Wordsworth's famous lines "Bliss was it in that dawn to be alive / But to be young was very heaven." I had to shake my head at times and recognize the amount of BS in circulation. Nevertheless the young marched against war. They raised the bar, dreamed of a better world and were often incoherent. Some set off bombs. I set off to Africa. Ah, the sixties.

The Weathermen

The sixties are best understood if taken in small segments. I have selected Kathy Boudin and one extreme and radical group "The Weathermen." They interested me then and still do. They declared war on the United States, were openly and proudly violent, and set off bombs. People died and Kathy Boudin's story provides a wider and deeper context for understanding the Weathermen, the times, and ourselves.

In Robert Redford's most recent film, "The Company We Keep" he plays an ex-Weatherman now in his late sixties who went underground and created a new name, identity, and life for himself as a successful prestigious lawyer. It's all fiction but the story has nuggets of truth.

Weathermen did go underground for years, some are still in jail, while others (often leaders) are now tenured professors in an impressive number of prestigious American colleges and universities: Columbia, Harvard, North Western, Atlanta, Illinois. When the Vietnam War ended the Weathermen slowly faded away. Earlier Boudin was underground for prolonged periods, and in all spent twenty-two years in prison. It is a strange tale – and interesting.

Boudin meets the defining characteristics of Weathermen and more; committed to change; building bombs; time underground; time in jail; charged and convicted of murder. Today she teaches at Columbia University in New York city. Does she merit sympathy and respect? Some say never.

The Weatherman's aims were not entirely coherent. They certainly had a whacko quality. Their declaration of war against the United States, it seems to me, adds a note of loony tunes and merry melodies. Their goals encompass the whole nine yards. End the war in Vietnam. End American imperialism. End racism. End capitalism and injustice. Create a classless society. In other words remake America on lines exactly different from their bland, bourgeois, white, materialistic, well-off parents.

Kathy Boudin in a photo from The New Yorker Magazine, July 2001.

Kathy Boudin in the News

Boudin first appears in the national news in 1970 in an accidental nail bomb explosion in Greenwich Village. Three Weathermen died. Boudin was injured but survived. Weathermen later claim credit for about 24 bombings in all before the movement faded away in the seventies. That is a lot of bombings but they did try to forewarn those who might otherwise be killed or injured. (Terrorists today do not send out warnings.) That no one died in all those bombings is probably best explained by Weathermen incompetence and blind luck.

For years Boudin was active with the Weathermen and worked in solidarity with the poorest of the poor in Cleveland. Rats, roaches, dirt, frustration and hopelessness. She wanted to help others and Weathermen seemed to offer a direction.

Boudin and the Brink's Robbery, 1981

In 1981 Kathy Boudin was once more in the national news for her part in a failed Brinks Bank robbery that led to the death of two policemen and a Brinks security guard. In her years underground she was relatively a minor player. If, like me, you think being underground sounds exciting or interesting think again. Dull is a better word. For her it meant menial jobs, little pay, long hours, changing identity, ongoing lying, and much of the time doing nothing. Her choice, but she had been a straight A student at Bryn Mawr, highly intelligent, and planning a career in medicine.

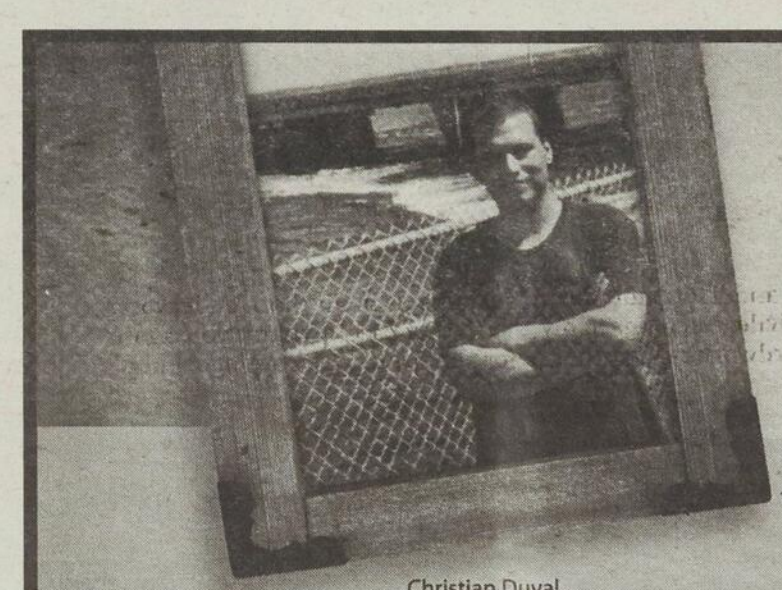
Of course things happened while underground but there was little evidence of progress. Life takes strange turns. Things go awry. We all make bad decisions. In that field Kathy excelled.

Boudin learned about the planned robbery only one day in advance when Black Panthers contacted her and asked her to drive a U-haul vehicle for their planned get-away. She had almost no information, but had a babysitter for her child in day care and was free to say yes. And did. Her partner, the father of her child, was ready to go along. It seems she assumed it would come off without difficulty. Bad assumption. It seldom works that way with bank hold ups.

A lot went wrong and many suffered terribly. Various thoughts come to mind: naïve, clueless, irresponsible, stupid. She is not stupid and laments her action. It is easy to blame her and indeed it is hard not to. Two policemen and a Brinks guard were killed. To repeat she regrets her action. Her partner did the driving and is now doing 75 years in Attica.

Boudin was unarmed and was not directly involved in the shooting. No matter. If you participate in a bank robbery you are guilty. It's their judicial system – and ours. Witnesses contradicted one another but that often happens. Unsurprisingly, she was convicted. There was a plea bargain and she received twenty years to life. She spent twenty-two years in prison and unanswered questions about her story still circulate. Perhaps someone someday will do a biography.

See The Record Monday for Part 2.



Christian Duval,
deceased June 26, 2011.
Christian is now at peace with God.

Maurice Duval et Solange Gauthier

STEVE L. ELKAS
FUNERAL HOME
CREMATORIUM

Nothing but good memories...

Suffering from schizophrenia, Christian left us on June 26, 2011, after many years of agony. Despite my limited financial means, I wanted to organize a respectable service for my son. In addition to helping us financially, the Steve L. Elkas Funeral Home took the time to support us through this difficult time.

Thanks again for everything.

Maurice Duval, father of the late Christian Duval

The return of North Hatley's Blue Angels

North Hatley

The three frescoes destroyed after surviving an accidental fire at the Interfaith Church in North Hatley on Jan. 22, will be repainted. The frescoes, symbolizing eight Blue Angels, were painted by Canadian artist, David Martel who specializes in traditional rock art.

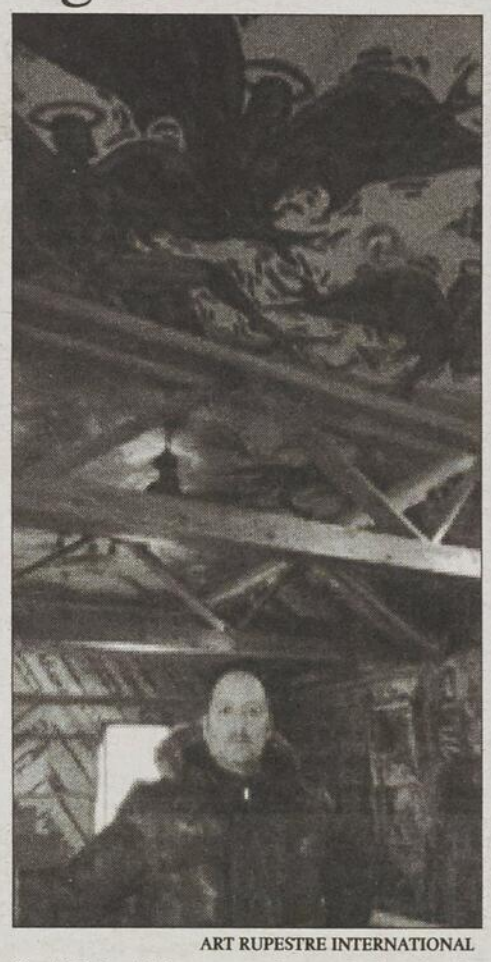
"From the beginning of their creation in October 2010, the frescoes were destined to make history. The first brush stroke was made the day of the canonization of Saint Brother André, over two years ago," says the artist.

The original frescoes were based on a background of lapis lazuli, a pigment once commonly used by Egyptian and Tibetan monks. During their creation, the artist used water from the Jordan River in his acrylic mixtures.

The works were commissioned by the Rev. Jean-François Labrie and two oblates of the Saint-Benoit du Lac Abbey.

It should be mentioned that Martel is known for his paintings on stone exhibited on sacred and natural sites around the world. His works are among the most sought after in the Quebec market.

Martel began the complete renovation of the three frescoes last week on a new order by the insurer and the church pastor.



ART RUPESTRE INTERNATIONAL

David Martel has opened a workshop in the old hardware store next to the municipal parking lot in North Hatley (a few steps at the back of the church). The artist expects to work nearly 200 hours with the help of assistants.

Do you have difficulty getting around?

If you live in Sherbrooke, register with the Adapted Help program by filling out the form:

- on the city's Web site at **sherbrooke.ca/secoursadapte**
- or by contacting Promotion Handicap Estrie at 819-565-7708 for help completing the form or additional information.

Your information will be forwarded to the 9-1-1 centre. Your registration will make it easier for emergency services to respond at your home, if necessary.

Help us help you!

Ville de Sherbrooke

Emma Redburn, Emily Enright win provincial prize

PHOTOS BY CLAUDIA VILLEMAIRE

Maria Enright-Keenan is excited about her award as National Volunteer Leader of the Year by 4-H Canada, sponsored by Co-operators insurance company and 4-H Canada.

By Claudia Villemaire
Record Correspondent
Richmond

With courage and determination in hand, Emma Redburn and Emily Enright headed up a competition sponsored by Farm Credit Canada titled 'Shout Out For Ag.' The goal was producing a 45-second video depicting modern agriculture and it's importance in today's world. With six videos from Quebec and a total of 58 videos nationally, these two enterprising leaders successfully produced their version depicting several different agriculture productions such as milk, egg, cereal and maple production in the allotted time.

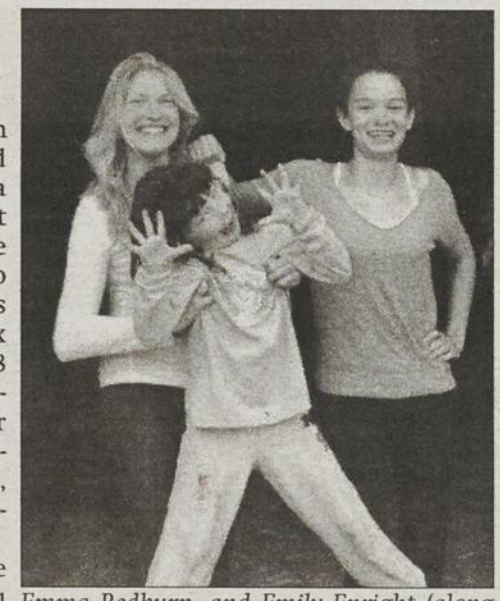
"We were super excited to know we had won the provincial prize, but you can imagine everyone's joy when the national award also came to these two members of the Richmond 4-H Club and their team.

"We learned a lot about producing a video, found a workshop that could help and teach us, used the team's ideas, and, the most difficult was including as much about agriculture production as possible in 45 seconds. it was quite a challenge," Emily Enright admits.

Winning the provincial and national award netted the club $2,000, already earmarked for several competitions and a fun-trip to the Bromont water park.

Competing and participating is serious business in the Richmond club where upwards of 70 members learn by 'doing' the club motto. With the club insignia al about heart, health, hands and head, leaders emphasize this is an organization for youngsters and teens up to 21 years of age and the invitation is always open to youth from towns and cities with no real connection to farm life and agriculture production.

Adult leader Maria Enright-Keenan, whose support and leadership is almost legendary in the club, adds, "This is not just a group of kids with young dairy or beef animals. We can be as diversified as we would like which helps attract members whose farming experience is minimal. There are categories such as gardening, cooking, public speaking, scrap booking, horse, sheep, rabbit and poultry divisions - even goats and whatever animals a youngster is nurturing," Enright-Keenan explains.



Emma Redburn, and Emily Enright (along with Kianna Keenan), leaders of the team that won the 'Shout for Ag' video competition, a 45 second clip underlining the importance of agriculture in today's world. Sponsored by Farm Credit Canada.

But club priorities are to develop leadership and community awareness and involvement. There are clinics and seminars on-going every year but also get-togethers which teach youngsters about the care and feeding of their animal and how to prepare and train an animal for competitions each summer.

This year, the Richmond Club will finance nearly two dozen competitors at the annual provincial rally slated for Sawyerville July 18 to 21. The Sunday program at Richmond Fair includes the 4-H show where local clubs from the Eastern Townships are invited to join the competition.

For now, Emma and Emily are the toast of the region, their national award much admired at Richmond 4-H Club meetings and gatherings earning a 'tip of the hat' from families and friends across the Townships.

THE RECORD
TALK
YOUR WEEKLY GUIDE TO TOWNSHIPS CULTURE
JUNE 14 - JUNE 20, 2013

Record attendance at CMA Music Festival

COUNTRY CONNECTION

JESSIE AULIS

I know that most of us do not get a chance to go to Nashville to attend the CMA Music Festival (formerly Fan Fair) but it is still fun to know what went on. This year's event went on to prove that country music is alive and well in Tennessee.

CMA Music Festival set a new attendance record in 2013 with daily attendance topping 80,000 fans, an increase over the 71,000 in attendance in 2012 and a sell-out of LP Field tickets six weeks before the event.

The new venue nearly tripled the size of the former space in the Nashville Convention Center creating room for new exhibits, additional stages, and attractions for families in the Keep the Kids Playing Pavilion.

"This event has a global reputation as the destination for any country music fan," said Steve Moore, CMA chief executive officer in a press release. "The support we receive from our industry and the dedication of our fans is unduplicated. Each year we strive to improve and enhance the event for our attendees and the artists – and this is undeniably our best CMA Music Festival ever!"

Fan Fair represents more than 450 artists participating in more than 200 hours of concerts on 11 different stages. Fans truly want to see their favourites perform.

As oppose to what many fans think, the artists and celebrities participating in CMA Music Festival do donate their time. They are not paid for the hours they spend signing autographs and performing.

In appreciation of their efforts, The CMA Foundation donates proceeds from the event to music education on the artists' behalf through CMA's Keep the Music Playing program.

Since 2006, CMA has donated more than $7.6 million to the cause.

CMA Music Festival, which started as Fan Fair in 1972, is about the fans, the artists and the music.

Country music is universal and in 2013, fans came from all 50 states and two dozen countries, including Australia, Austria, Canada, Chile, China, Cuba, Czech Republic, Denmark, Dominican Republic, France, Germany, Holland, Honduras, Ireland, Italy, Japan, Korea, Mexico, New Zealand, South Africa, Spain, Sweden, Switzerland, and the U.K.

Tickets for 2014 CMA Music Festival, which will be held Thursday through Sunday, June 5-8, are already on sale. Fans can order tickets by calling the CMA Box Office at 1-800-CMA-FEST (262-3378) or Ticketmaster at 1-800-745-3000. Maybe next year!

A new album for Currington

Mercury Records recording artist Billy Currington will release his new album, We Are Tonight, on September 17. This very highly anticipated album is Currington's first in three years.

The lead single from the collection, "Hey Girl," is currently Top 25 and climbing the country radio charts. Currington worked with three producers on We Are Tonight, including longtime producer Carson Chamberlain, Dann Huff and Shy Carter.

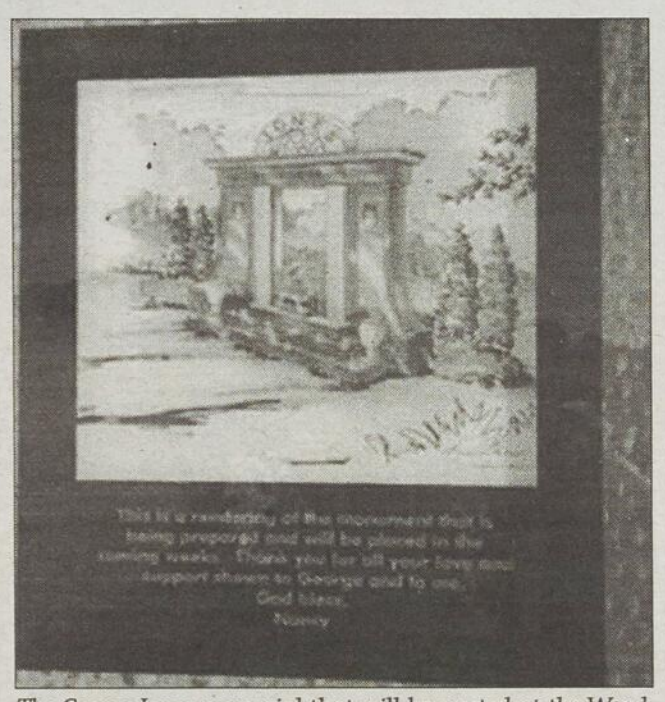
"This album is the first time that I have ever worked with three different producers," stressed Currington about the album to be released. "It wasn't planned, but just kind of happened that way. It was a great experience to be able to bring a different sound to this album and I hope the fans love it as much as I do."

Currington enlisted some of the best Nashville songwriters for We Are Tonight, as well as covering fellow surfer Jack Johnson's "Banana Pancakes." The album features intimate moments like on "23 Degrees and South," and a fun, playful side on "It's Hard To Be A Hippie" which features the great Willie Nelson.

Currington is a Grammy nominated and platinum selling artist whose No. 1 singles include "Good Directions," "Must Be Doin' Something Right," the infectious "People Are Crazy," and "Pretty Good At Drinkin' Beer" just to name a few.

Monument for country music icon

The late country icon George Jones is to be remembered with a special monument in Nashville, Tennessee. The singer passed away on April 26, 2013 at the age of 81, and his widow, Nancy Jones, has announced



The George Jones memorial that will be erected at the Woodlawn Cemetery in Nashville.

plans to honour his legacy by building a large memorial at the Woodlawn Cemetery, where the star is buried, so fans will have a place to pay their respects.

The large structure is set to include a guitar, a small sitting space and a selection of lyrics from his famous song, "He Stopped Loving Her Today." Mrs. Jones posted a picture of what it will look like on her husband's official website and revealed the monument will be erected in the coming weeks.

Finally a recording contract for Julie Roberts

Julie Roberts has signed with Sun Records, the famous Memphis-based label that is known for the music of Elvis Presley, Johnny Cash, Jerry Lee Lewis and others. The label, which has been involved in music licensing for the past four decades, will release Roberts' album Good Wine and Bad Decisions on October 29.

The release will be distributed by Red River/Sony RED. Roberts was formerly signed with Mercury Records, where she released two albums, Julie Roberts (2004) and Men & Mascara (2006). As soon as we know more we will keep you informed.

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School's out all too soon, and the kids will be... bored

Busting the blahs!

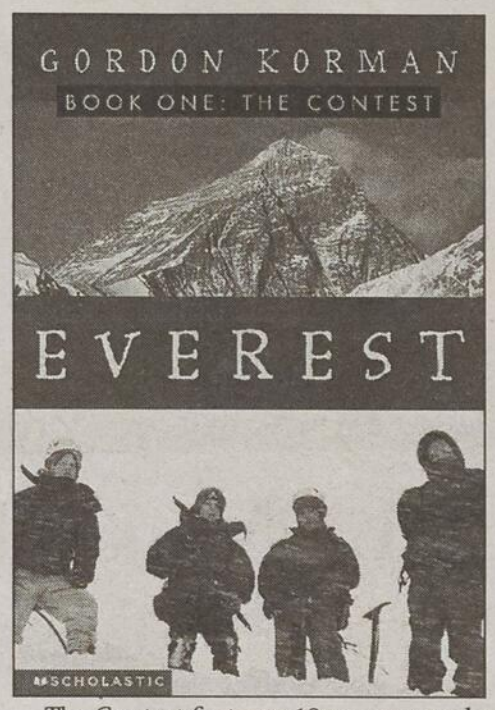
Good Reads

ELEANOR BROWN

This the season for studying and the writing of exams. But soon, so soon, there will be time to read for fun. Here are some books to look forward to if you're aged nine to 12, as you recover from exam stress and the best you can manage is to laze in an easy chair.

For those keen to climb every mountain, try Everest: Book 1, The Contest (2002). Author Gordon Korman pulls no punches: this tome begins with a funeral. Climbing the world's highest mountain is quite an achievement, but many do lose their lives. (In fact it's rare that bodies are recovered – most must be left behind, and are used as rather grim markers for other climbers.)

New Zealander Edmund Hillary and Nepali Sherpa Tenzing Norgay made the successful attempt to reach the summit 60 years ago, on May 29, 1953. And the mountain has since become a tourist trap.



The Contest features 19 young people at a training camp, vying for a spot on an Everest climb sponsored by a candy company. Some are not very pleasant, others are well-intentioned but unable to cope with the vicious schedule of 40-pound packs carried through endless pain and snow. There's lots of drama, thrills and adventure here.

Our hero is Dominic, 13 years old, and a natural climber – he leaves his second-floor bedroom by climbing down the outside wall of his home. "We have a door," his mom reminds him rather drily.

Those looking for adventure in the city can try Inside Girl, by J. Minter (2001). Fan Flood is a hotshot rich kid whose best friend is a charmingly loopy movie star. (What do her parents do? "They like to travel, and sometimes my dad buys cars or boats if he's bored.")

But Flood wants to hang with regular kids, and even, perhaps, date a regular guy, so she transfers to a new school and tries to reinvent herself as a dull normal. Her lies, however, eventually catch up with her...

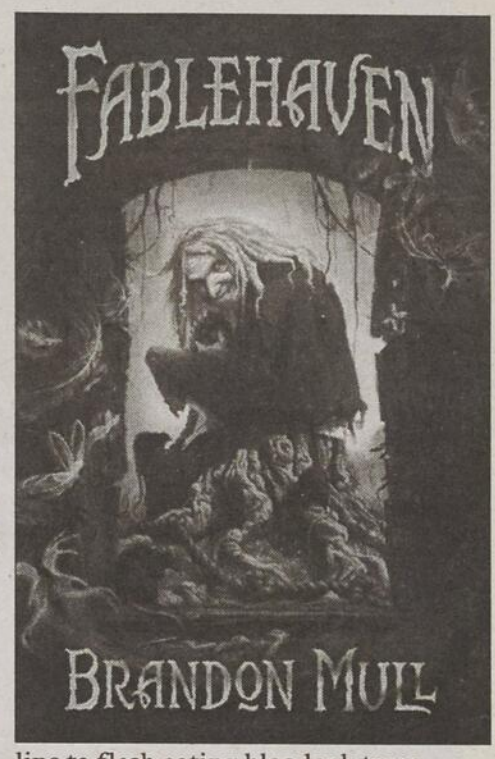
If a book that includes human beings is not escapist enough, try Kathryn Lasky's Guardians of Ga'hoole. In the first volume of the series, The Capture (2003), baby barn owl Soren is kidnapped and imprisoned. He meets Gylfie, an elf owl, and the two young friends attempt to keep their sanity as their creepy new "family" tries to turn them into automatons. They are given new names, new routines and kept from sleep. Curiosity is a threat, so they are punished for asking questions.

Soren "had once thought the sweetest taste in the world was that of a freshly-killed vole, but now he knew differently. The sweetest thing was a question on the tongue." (You can watch the hit 2010 movie Legends of the Guardians after reading this!)

Perhaps, gentle reader, you prefer a mix of the human and the fantastical. Start with Beyond The Deepwoods (by Paul Stewart and Chris Riddell, 2008), the first volume in The Edge Chronicles. That's the edge of the world, where stepping off means you'll fall... and never be heard from again.

Twig is an odd youngster. His parents are wood trolls, but he looks nothing like them – clear skin, button nose, long legs. He is bullied by the other troll kids for being ugly. Even his naming ritual didn't go as planned. (Twig's mother loves to repeat the story: "This time," she tells her son, "it will be a little different. A tale can have many endings.")

This time, the story stops with Twig being cast out by his parents, for his own good, they say. All he has to do is stay on the path through the dark woods, and find his way to a relative's. Instead, Twig goes off the path, meeting a cast of horrible horribles, from sky pirates to gob-



lins to flesh-eating bloodoak trees.

Friends are made and lost, enemies defeated (with a little help). This is the story of Twig's quest for a new home and family.

In contrast, the book Fablehaven is set in our world, but in a secret sanctuary where the fairy folk have taken refuge. Thirteen-year-old Kendra and younger brother Seth are sent off to spend a few weeks with Grandpa Sorenson, who lives in the middle of nowhere. The one rule he sets is to forbid them from going into the forest.

They break the rule, and discover a dangerous world of mythical creatures desperate to escape their cages and rule the earth once again.

Fablehaven is written by Brandon Mull (2006).

And the very best thing? Every one of these orange-dot books has sequels, to keep you reading through the summer...

The Lennoxville Library wants to encourage you to read through the summer. If you're aged 5 to 12, sign up for the TD Summer Reading Club. The program will run from July 3 to August 7, every Wednesday afternoon. This year's theme is Go! Explore near and far.

Pop by the library for details (or send a parent or pal, if you're still studying like crazy).

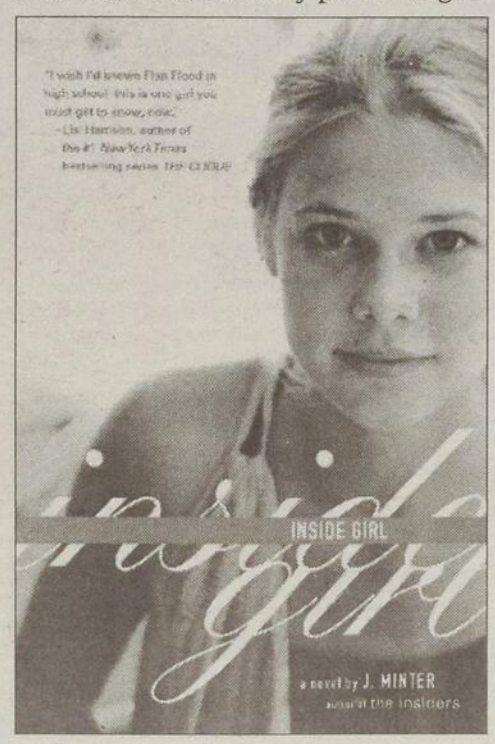
Check out our large children's sections (a GREEN dot means non-fiction for children; other dots are for children's fiction: suggested ages 0 to 2, RED; ages 3 to 6, BLUE; ages 6 to 9, YELLOW; ages 9 to 12, ORANGE.), plus the Young Adult novels and graphic novels.

Library News

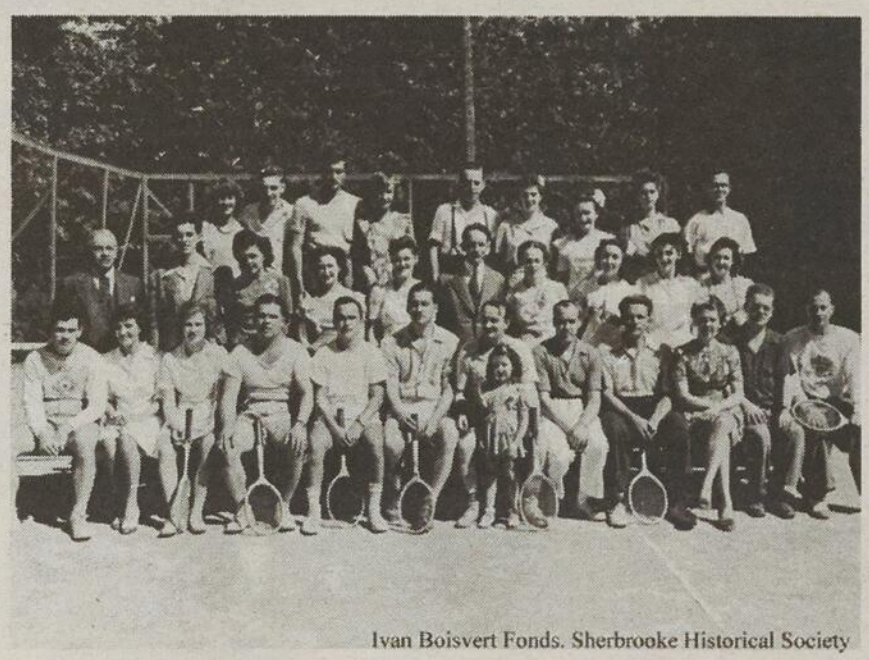
The PreSchool Reading Program is Tuesday, June 18, from 10:30 to 11:30 a.m. Our Saturday Children's Activity is June 15, from 1:30 to 3:30 p.m. Books and Brown Bags is on summer break. If you are housebound, we can bring books to you through Books On Wheels. We also have Large-Print Books and Audio Books. Plus an Easy Reads section.

Book reviews and reading suggestions are on our blog at bibliolennlibrary.wordpress.com.

The Lennoxville Library is at 101 Queen Street, corner of College. E-mail bibliolen@gmail.com or phone 819-562-4949.



GLIMPSES OF THE PAST



Ivan Boisvert Fonds. Sherbrooke Historical Society

The origins of tennis date back to the Middle Ages. The sport spread rapidly through the British Empire in the 1870s. The first tennis court in the Eastern Townships was Tennis Boisvert, built on 4th Avenue in Sherbrooke by Nova Boisvert in about 1927. The court is featured in this photograph, taken at a 1940s tournament. Many more courts were later built in Sherbrooke, including at the Mont-Plaisant Club and Mount Bellevue.

WANT TO KNOW MORE?

Visit the bilingual exhibit, *Sports —To Your Heart's Content*, presented in the American Biltrite room of the Sherbrooke Historical Society.

275 Dufferin, Sherbrooke
(Québec) J1H 4M5
Informations : 819-821-5406

LA SOCIÉTÉ D'HISTOIRE DE SHERBROOKE
www.histoiresherbrooke.com

Rock 'n' Roll never dies

MAURICE AND TANYA SINGFIELD

The late sixties and seventies were a vibrant time for music in the Townships. The Granby region produced many artists whose names still resonate today; Mario "Toyo" Chagnon (guitar and vocal – McGale & Toyo, Tension), Roger "Wézo" Belval (drummer – Offenbach, Les Héritiers) and Johnny Gravel (guitar – Offenbach, Les Héritiers) to name a few. On their album Tabarnac, Offenbach have a song called Granby.

Local bands became launching pads for these artists' careers while creating local stars and legends who didn't necessarily want to be sent into outer space, artists such as Michel Beauregard (drummer – Tension), Alain Gaucher (bass – Tension) and Yves Caron (vocal and keyboards – Les Héritiers).

Another band from the same period, even though it didn't spawn any commercial successes, was Flush. It gave us two iconic figures, guitarist André Charette and singer/songwriter/guitarist Alain Patenaude. Put all of these astronauts together and you have Le Flashback Club Band, the featured band on this month's STOP! show.

Recently the band has added a new member, singer Johanne Lefebvre. In 1998 she won the award for best singer at the Festival de la Chanson de Granby and is in the midst of recording an album. Her voice, coupled with emotion, helps bring the band's sound to a new level. Especially when they cover Led Zeppelin and Janis Joplin tunes.

Remaining true to its roots "Flashback" is, as the name suggests, a tribute band paying homage to days gone by (the '60s and '70s). Back then, music hung out in bars, creating galaxies of clubs for musicians to play in. The dream for a lot of artists at the time was to propel themselves away from the gravitational pull of juke boxes and dance floors, and onto space stations like the Montreal Forum where they could play their own music for a living.

Nonetheless, there is satisfaction to be gained from knowing that you are doing a good job and that you're in a safe orbit, in this case, being part of a great club band.

"It's because of all of the experiences we've had over the years playing in different bands and clubs," says Alain Gaucher, "that the band sounds good."

BERTRAND DUHAMEL

Left to right is Johanne Lefebvre and Alain Patenaude of the Flashback Club Band performing at the Maison de la Culture in Waterloo.

I witnessed the Maison de la Culture in Waterloo packed the night of their STOP! show taping, and an audience worked up into a fever pitch, whistling and cheering. The flame is still burning.

"We are very passionate about what we do," states Michel Beauregard. "We are a group of musicians who have played together throughout the years. The important thing is that we still enjoy what we do."

Let's not forget the legendary Mike Ware, Tension's charismatic singer/songwriter who passed away before his time. I'm sure he's looking down on us all because rock 'n' roll never dies. Rock on!

For the latest STOP! show go to youtube.com/mauricesify or check your local TV listings for MAtv, channel 9 on the Vidéotron cable network in the Shefford and Brome Missisquoi regions.

Your week on TV

WEEKDAY MORNING

	Bell	Star		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
WCAX 3	-	-		News		CBS This Morning				Rachael Ray		Dr. Phil		The Price Is Right	
WPTZ 5	-	-		Newschannel 5 Today at 6AM		Today				Live! With Kelly and Michael		Today		Today	
CBMT 6	206	301		CBC News Now		Daniel Tiger	Monster Math	Bo on the Go!	Busytown	Super Why!	Cat in the Hat	Poko	Doodlebops	Steven and Chris	
CHLT 7	107	718	F	Salut, bonjour! (N) (SC)							Denis Lévesque (SC)		Ce qui mijote	(10:59) Km/h	Mario Dumont
			M								"Marie-Antoinette" (2006) Karine Vanasse, Olivier Aubin. (SC)				
			T								★★ "Au pays des femmes" (2007) Adam Brody. (SC)				
			W								★★ "La Vie secrète des gens heureux" (2006) Gilbert Sicotte.				
			Th								★★ "L'Amour sur mesure" (2006, Comédie) Mo'Nique. (SC)				
WMTW 8	-	-		WMTW News 8 at 6am		Good Morning America				Live! With Kelly and Michael		The Jeff Probst Show		The View	
CKSH 9	108	-		RDI matin	Mystères	Schtroumpfs	Toc toc toc	Téléjournal	RDI matin	Les Docteurs		Pénélope McQuade		Ricardo	Telejournal
CKMI 11	-	-		Morning News						Morning Show	Huntley Street	The Doctors		X-Weighted	
CFCF 12	205	312		Canada AM						Live! With Kelly and Michael		The Marilyn Denis Show		The View	
WVNY 22	-	-		ABC 22 This Morning		Good Morning America				Steve Harvey		The Doctors		The View	
WUTV 30	-	-		Scrubs	Paid Program	Var. Programs	Paid Program	Paid Program	Friends	The 700 Club		Maury		The People's Court	
CFKS 31	106	726	F	Ça commence bien!						MCBG		Face à face		Face à face	Infopublicité
			M												
			T												
			W												
			Th												
WUHF	-	363		Var. Programs	Always Sunny	Varied Programs				Judge Brown	Judge Brown	Jerry Springer		Judge Mathis	
WETK	-	-		World News	Body Electric	Arthur	Martha Speak	Curious	Cat in the Hat	Super Why!	Dinosaur Train	Sesame Street		Daniel Tiger	Sid Science
WCFE	-	-		NHK Program	EuroNews	France News	RT News	Al Jazeera	ETV English	Newsline	NHK Program	The Morning Show		Hello Vietnam	Arirang News
A&E	615	520		Paid Program	Paid Program	Bounty Hunter	Bounty Hunter	Bounty Hunter	Var. Programs	Criminal Minds		Criminal Minds		CSI: Miami	
BRAVO	620	523	F	Wind at My Back CC		Da Vinci's Inquest CC		La Femme Nikita CC		Wind at My Back CC		Da Vinci's Inquest CC		La Femme Nikita CC	
			M												
			T												
			W												
			Th												
CNN	500	500		(7:00) New Day		Varied Programs				CNN Newsroom				CNN Newsroom	
DISC	520	505	F	Mayday "Fanning the Flames"		Daily Planet CC (DVS)		Cash Cab	Cash Cab	How It's Made	How It's Made	Nerve Center CC		MythBusters CC	
			M					Licence to Drill CC (DVS)		Nerve Center CC		Cash Cab	Cash Cab	Pyros CC (DVS)	
			T							Mighty Planes "Skibirds"		Mighty Ships "Emma Maersk"		Don't Drive Here "New Delhi"	
			W					Inventions That Shook		Gold Rush "The Wrong Claim"		Highway Thru Hell		Dangerous Flights	
			Th					Flying Wild Alaska "Breakup"		Junk Raiders CC (DVS)		Mighty Planes "Martin Mars"		Cash Cab	Cash Cab
HIST	522	506		Varied Programs											
RDI	126	730		(5:30) RDI matin				Téléjournal	RDI matin	Charbonneau	RDI en direct				Var. Programs
SHOW	616	521		The Outer Limits		ReGenesis		Movie				Movie			
SLICE	601	562		Intervention Canada		Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin	Princess	ET Canada	Till Debt/Part	Till Debt/Part	Property Virgin	Property Virgin
SPIKE	628	584		Var. Programs	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs					
TLC	521	560		To Niecy	To Niecy	Baby's First	Rm-Multiples	A Baby Story	A Baby Story	A Baby Story	A Baby Story	Varied Programs		Weddings	Var. Programs
TSN	400	400	F	SportsCentre CC		SportsCentre CC		SportsCentre CC		2013 U.S. Open Golf Championship Second Round. From Merion Golf Club in Ardmore, Pa. (N)					
			M							SportsCentre CC		SportsCentre CC		SportsCentre CC	
			T											SportsCentre	Soccer
			W											SportsCentre CC	
			Th												
YOUTH	551	542		Kid vs. Kat	League/Evil	Sidekick	Beyblade-Metl	Pokémon	League/Evil	Rescue Hero	Cat in the Hat	Squirrel	G. Shrinks	Rescue Hero	League/Evil

Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across-Fence	The Young and the Restless		Bold/Beautiful	The Talk		Let's Make a Deal		The Ellen DeGeneres Show		Channel 3	The: 30
WPTZ 5	-	-	Millionaire	Millionaire	Days of our Lives		Judge Judy	Judge Judy	Anderson Live		Katie		First at Five	5:30 Now!
CBMT 6	206	301	CBC News Now		Heartland		Steven and Chris		Best Recipes	In the Kitchen	Dragons' Den		CBC News	CBC News
CHLT 7	107	718	TVA régional	TVA nouvelles	Mourir de rire	(:45) Shopping TVA		Infopublicité	Des jours, vies	Les feux de l'amour		Top modèles	(4:55) TVA nouvelles	
WMTW 8	-	-	Steve Harvey		The Chew		General Hospital		The Ricki Lake Show		The Ellen DeGeneres Show		Dr. Phil	
CKSH 9	108	-	F Telejournal	Paquet voleur	Beautés désespérées		"Le Vallon" (2004, Policier) David Suchet, Jonathan Cake. (SC)				Cap sur l'été (N) (SC)			Paquet voleur
			M				Inspecteur Barnaby "La Bataille des urnes" (SC)							
			T				★★ "Folles du Cash" (2008, Comédie) Diane Keaton. (SC)							
			W				Miss Marple "Le Train de 16h50" (SC)							
			Th				★ "Je déteste la St-Valentin" (2009) Nia Vardalos. (DVS) (SC)							
CKMI 11	-	-	Design Inc.	ET Canada	Days of our Lives		The Talk		The Ricki Lake Show		Till Debt/Part	The Young and the Restless		Ricardo/Friend
CFCF 12	205	312	CTV News		etalk	Bold/Beautiful	Dr. Phil		Anderson Live		The Ellen DeGeneres Show		The Dr. Oz Show	
WVNY 22	-	-	Varied Programs		The Chew		General Hospital		The People's Court		The Ricki Lake Show		The Dr. Oz Show	
WUTV 30	-	-	The Steve Wilkos Show		Judge Alex	Judge Alex	Judge Mathis		Jerry Springer		Maury		Family Feud	Family Feud
CFKS 31	106	726	Infopublicité	C'est extra	Place Melrose		Movie				Les Simpson	Les Simpson	Duo	Guerre-clans
WUHF	-	363	The Jeff Probst Show		Paid Program	Paid Program	The Trisha Goddard Show		Maury		Judge Judy	Judge Judy	The People's Court	
WETK	-	-	Caillou	Barney	Clifford-Dog	Charlie Rose		Dinosaur Train	Cat in the Hat	Curious	Wild Kratts	WordGirl	Electric Comp.	World News
WCFE	-	-	F Asia Today (N)	Euromaxx	JN1 Headline	RT News (N)	Kazakh-News	France News	Inside Taiwan	CCTV Docu	NHK Programming (N)		RT News (N)	Journal (N) (EI)
			M											
			T											
			W											
			Th											
A&E	615	520	CSI: Miami		Criminal Minds		Criminal Minds		The First 48	Var. Programs	The First 48		The First 48	
BRAVO	620	523	Wind at My Back		Criminal Minds		Flashpoint		La Femme Nikita		The Mentalist		Criminal Minds	
CNN	500	500	Around the World		CNN Newsroom		CNN Newsroom				The Lead With Jake Tapper		The Situation Room	
DISC	520	505	F Bering Sea Gold		How It's Made	How It's Made	Mighty Ships "Africa Mercy"		Overhaulin'		Overhaulin'		Pyros "Barcelona Nights"	
			M Fast N' Loud				Auction Kings	Auction Kings			Deadliest Catch		MythBusters "Fire vs. Ice"	
			T Gold Rush: Alaska				Overhaulin'		Never Ever Do	Never Ever Do	Don't Drive Here "New Delhi"		Overhaulin'	
			W Licence to Drill (DVS)				Mayday "Blind Spot"		River Monsters "Face Ripper"		Deadliest Catch		River Monsters	
			Th Nerve Center				Dangerous Flights		North America "Revealed"		North America "Top 10"		MythBusters	
HIST	522	506	F M*A*S*H	M*A*S*H	Museum Secrets		Vikings "Raid" (DVS)		Battle Castle "Malbork Castle"		Museum Secrets		M*A*S*H	M*A*S*H
			M		Treasure	Treasure	Pawnathon Canada		Canadian Pickers		Pawn Stars	Pawn Stars		
			T		Vikings "Trial" (DVS)		Greatest Tank Battles				Counting Cars	Counting Cars		
			W		D-Day to Victory		Nazi Hunters "Erich Priebke"				Pawn Stars	Pawn Stars		
			Th		Secret Life Of	Secret Life Of	Shatner's Weird or What?		The Real Sherlock Holmes		Yukon Gold "Hard Days Night"			
RDI	126	730	Telejournal	Club-ex	Var. Programs	RDI en direct							Le Téléjournal RDI	
SHOW	616	521	F Sea Patrol "Damage Control"		★★ "Ogre" (2008, Fantasy) John Schneider. (DVS)				Rookie Blue (DVS)		Lost Girl "Delinquents"		Sea Patrol "Damage Control"	
			M		"Hellhounds" (2009) Scott Elrod, James A. Woods.									
			T		"Absolution" (2006, Drama) Samantha Mathis. (DVS)									
			W		★ "NYC: Tornado Terror" (2008) Nicole de Boer.									
			Th		★★★ "Goodnight for Justice" (2011) Luke Perry.									
SLICE	601	562	For Rent	Princess	Property Virgin	Eat St.	Till Debt/Part	Till Debt/Part	Kitchen Nightmares		World's Dumbest...		Extreme Makeover: Home	
SPIKE	628	584	Varied Programs											
TLC	521	560	What Not to Wear		A Baby Story	A Baby Story	Island Medium	Island Medium	Not to Wear	Var. Programs	Weddings	Var. Programs	The Big Day	Var. Programs
TSN	400	400	(11:00) SportsCentre		Varied Programs						Premier League Poker V		Off the Record	Interruption
YOUTH	551	542	Kid vs. Kat	Squirrel	Rated A for	Kid vs. Kat	Almost Naked	League/Evil	Squirrel	Sidekick	Varied Programs			

FRIDAY EVENING — JUNE 14, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	Undercover Boss Fatburger CEO Andy Wiederhorn.		Hawaii Five-0 A prostitute is murdered.		Blue Bloods A detective is captured by a drug lord.		Channel 3 News	(:35) Late Show With David Letterman	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Dateline NBC A missing mother; an unlikely villain. (N)				(:01) Rock Center With Brian Williams (N)		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	Just for Laughs: Gags	22 Minutes	Stars on Ice		the fifth estate One of the world's greatest athletes.		The National (N)		CBC News: Montreal	Stroumboulopoulos	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Du talent à revendre (N) (SC)		★★ "Le fusilier marin 2" (2009) Ted DiBiase. Un tireur embusqué affronte des terroristes qui prennent des otages.				TVA nouvelles (N)	(:45) Sucré salé (SC)	(:15) Le Gentleman (Partie 4 de 8) (SC)		(12:15) ★ "Ça va clancher!"
WMTW 8	-	-	WMTW News 8 at 6 (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Shark Tank Hand-held cooler; dry cleaning bag.		What Would You Do? (N)		20/20 (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live Will Smith; Shaquille O'Neal.	
CKSH 9	108	-	Le Téléjournal/Estrie	Plan de match	★★ "Encore toi!" (2010) Kristen Bell. Une jeune femme apprend que son frère va épouser sa rivale du lycée.				Zone doc "Le nouveau grand jeu" (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été Les Denis Drolet et Tristan Demers. (SC)		"Opération Pentagone"
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Bones Investigating an archaeologist's death. (PA)		Take It All Contestants vie for lavish prizes.		16x9 (N)		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	Shark Tank Hand-held cooler; dry cleaning bag.		The Following Predicting a new follower's actions.		Blue Bloods A detective is captured by a drug lord.		CTV National News (N)	CTV News (N)	(12:05) The Mentalist
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	TMZ (N)	Shark Tank Hand-held cooler; dry cleaning bag.		What Would You Do? (N)		20/20 (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live Will Smith; Shaquille O'Neal.	
WUTV 30	-	-	The Big Bang Theory	Judge Judy (N)	Judge Judy (N)	Two and a Half Men	Bones Investigating an archaeologist's death. (PA)		The Following Predicting a new follower's actions.		2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Souper parfait	L'arbitre (SC)	Rire et délire (SC)	Journal d'un vampire "Instinct de survie" (N)		Fringe Les enfants Cortexiphan refont surface. (N)		Remise à neuf (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld "The Soul Mate"	The Simpsons	Two and a Half Men	Two and a Half Men	Bones Investigating an archaeologist's death. (PA)		The Following Predicting a new follower's actions.		Fox First at Ten (N)	(:45) Sports Extra	Seinfeld "The Pilot"	30 Rock	Excused
WETK	-	-	PBS NewsHour (N)		BBC Newsnight	Vermont This Week (N)	Washington Week	McLaughlin Group (N)	American Masters Radio show "A Prairie Home Companion."			Pioneers of Television	Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (Live) (EI)		France 24 News (N) (EI)	(:40) NHK Programming (N)	Detective Montalbano "Track of Sand" Horse racing and illegal betting. (Subtitled-English)				RT News (N)	South Asia Newsline	Detective Montalbano
A&E	615	520	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	(:01) Storage Wars Texas	(:31) Storage Wars Texas	Storage Wars Texas
BRAVO	620	523	Criminal Minds "No Way Out" A prolific serial killer.		Flashpoint A violent patient takes a guard hostage.		The Mentalist An antiques dealer is found dead.		Criminal Minds "Pay It Forward" (DVS)		The Listener The search for a dangerous gang. (N)		Flashpoint A violent patient takes a guard hostage.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper Special		Stroumboulopoulos (N)		Cooper 360
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Never Ever Do	Never Ever Do	Last Car Standing Previous episode winners face off.		Mayday A Korean Air Cargo flight crashes.		Mayday "I'm the Problem"		Last Car Standing
HIST	522	506	Vikings "Raid" A seer reads Earl Haraldson's future.		Museum Secrets "Royal Palace (Madrid)" (DVS)		Snake Monster: Titanoboa! Titanoboa is known as the largest snake.				Vikings "Raid" A seer reads Earl Haraldson's future.		Battle Castle Teutonic Knights' stronghold.		Snake Monster
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages René Lévesque: héros malgré lui.		Le Téléjournal (SC)		La Commission Charbonneau (SC)		Le National	RDI économie (SC)	24 Heures en 60 minutes
SHOW	616	521	★★ "Ogre" (2008) John Schneider. Hikers encounter an ogre that requires a human sacrifice. (DVS)				"Tasmanian Devils" (2013) Danica McKellar. Monstrous Tasmanian devils terrorize a group of sky divers.				Boardwalk Empire Nucky gets some alarming news.		(:15) ★★★ "The Other Guys" (2010, Comedy) Will Ferrell, Mark Wahlberg.		
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St. "Pasta With Attitude"	Canadian Pickers An old Victorian home. (DVS)		Money Moron	Money Moron	Collection Intervention Battlestar Galactica collection.		Canadian Pickers An old Victorian home. (DVS)		Money Moron
SPIKE	628	584	(5:55) Bar Rescue Jon tries to rescue the Black Sheep.		(6:58) Bar Rescue Jon attempts to rescue a biker bar.		★★★ "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton, Donald Adeosun Faison. A black man coaches high-school football after integration.						Bar Rescue Jon helps an owner of a pool hall.		(12:07) Bar Rescue
TLC	521	560	Say Yes: Bridesmaids	Say Yes: Bridesmaids	DC Cupcakes: Get Tanked (N)		Something Borrowed	Something Borrowed	Randy to the Rescue "Denver" (N)		I Found the Gown (N)	I Found the Gown (N)	Randy to the Rescue "Denver"		I Found the Gown
TSN	400	400	2013 U.S. Open Golf Championship Second Round. (N)		SportsCentre (N)	30 for 30			CFL Football Saskatchewan Roughriders at Edmonton Eskimos. From Commonwealth Stadium in Edmonton. (N) (Live)						SportsCentre (N)
YOUTH	551	542	★★ "17 Again" (2009) Zac Efron, Leslie Mann.				(:15) "Picture This!" (2008, Comedy) Ashley Tisdale, Kevin Pollak.				Mr. Young		Boys	Boys	★★ 17 Again

Your week on TV

SATURDAY DAYTIME — JUNE 15, 2013

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Busytown Mysteries	Busytown Mysteries	CBS This Morning: Saturday (N)				Liberty's Kids	Liberty's Kids	24 Ladders in 1	Summer Hairstyles!	Pets.TV (El)	Storm Stories	★★ "Look Who's Talking Too" (1990, Comedy) John Travolta, Kirstie Alley.			
WPTZ 5	-	-	Teen Kids News (N)	Hanna Into the Wild	LazyTown	Noodle/ Doodle	The Chica Show (El)	Pajanimals (El)	Poppy Cat (El)	Justin Time (El)	2013 U.S. Open Golf Championship Third Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							
CBMT 6	206	301	Animal Mechanic	Super Why!	Doodle-bops	Cross Country	Artzooka	My Goldfish Is Evil!	It's Edible Incredible!	Cat in the Hat	Absolutely Canadian		Equestrian Spruce Meadows Nexen Cup. (N) (Live)			(:45) Soccer Confederations Cup: Brazil vs. Japan. (N)		
CHLT 7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)				Qu'est-ce qui mijote	Signé M sur	Culture vélo (N)	Qu'est-ce qu	TVA nouvelles (N)	Viens voir ici (N)	Infopublicité (SC)	Shopping TVA (SC)		Infopublicité (SC)	Infopublicité (SC)	Les gags (SC)
WMTW 8	-	-	Good Morning America (N)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	Recipe Rehab	Food for Thought	Awesome Adventure	Say No to Botox!	Anti-Aging	Dr. Perricone MD	(:15) NASCAR Racing Nationwide Series: Alliance Truck Parts 250. (N) (Live)			
CKSH 9	108	-	Toupie et Binou	Manny et ses outils	Glurp Attack (SC)	Magi-nation	Galactik Football	Gawayn	Aventures de Tintin	L'épicerie (SC)	Telejournal	Mondeparlait	Zone doc "Ne touchez pas à mon église!"		On prend toujours un train pour la vie (SC)		★★ "Tomber... pile" (2006) Jeff Bridges.	
CKMI 11	-	-	Fish'n Canada	Big Coast	Advent. North	Fishful Thinking	Real Fishing	Foodies	Powerboat Television	Driving Television	Ice Pilots NWT "Thin Ice" (DVS)		Greatest Myst.	The Simpsons	The Simpsons	The Simpsons	★★ "The Green Hornet" (2011)	
CFCF 12	205	312	Anne/ Green	The Littlest Hobo	Canada AM Weekend		Operation Smile Free surgery and education.		It Is Written	Movie Night	Operation Smile		Canada's Worst Driver		Lovett-Reid	Dr. Marla & Friends	Cash Cab	Cash Cab
WVNY 22	-	-	Good Morning America (N)		Jack Hanna	Ocean Mysteries	Born to Explore	Sea Rescue (El)	Recipe Rehab	Food for Thought	Dr. O says Yes!	Supersmile	Paid Program	Free Wen!	(:15) NASCAR Racing Nationwide Series: Alliance Truck Parts 250. (N) (Live)			
WUTV 30	-	-	Paid Program	Paid Program	Say No to Botox	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	According to Jim	Raceline	NutriBullet -	Two and a Half Men	Paid Program	Paid Program	Big Bang Theory	Big Bang Theory
CFKS 31	106	726	Aubaines & cie		Trucs & cie		RPM La Audi A4 Allroad et la Subaru BRZ.		HP Les dunes du désert du Nevada. (SC)		Glee "Rhapsodie" Quinn accouche.		★★★ "Les Sorcières d'Eastwick" (1987) Jack Nicholson, Cher. Trois jeunes femmes se laissent séduire par le diable.					"Ananas express"
WUHF	-	363	Paid Program	Paid Program	Say No to Botox	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Cold Case Murder probe jars old wounds.		30 Rock "Cougars"		Free	Paid Program	Seinfeld	Seinfeld
WETK	-	-	Thomas & Friends	Bob the Builder	Angelina: Next	MotorWeek (N)	Outdoor Journal	Ask This Old House	This Old House	This Old House	Test Kitchen	Martha Bakes	Cook's Country	Baking With Julia	Sara's Weeknight	Cooking School	Lidia's Italy	Victory Garden
WCFE	-	-	After 10	The Heat	World Affairs Today Dr. Hanan Ashrawi.		Wilson Forum		Global 3000	European Journal	Tomorrow Today	drive it!	NHK Programming (N)		Hablemos de Salud		CCTV Documentary	CCTV Documentary
A&E	615	520	Criminal Minds A man begins a killing spree.		Flip This House Veronica's first flip.		Sell This House: Extreme (N)		Flip This House "Little House of Horrors"		Flip This House Update a retro house.		Flip This House "Brent's Big Break"		Flip This House "Roach House"		Flip This House A Cape Cod-style home.	
BRAVO	620	523	The Bridge Simultaneous kidnappings.		Missing "Insomnia" Jess battles insomnia.		The Listener "Inner Circle"		Graceland Briggs and Mike tilt rival gangs.		Criminal Minds "Pay It Forward"		Shameless Idealists	★★ "Mission: Impossible" (1996, Action) Tom Cruise, Jon Voight. Treachery in Prague puts an agent on the run.				
CNN	500	500	CNN Saturday Morning (N)			Your Mney	CNN Saturday Morning		CNN Newsroom (N)				CNN Newsroom (N)		Your Mney	Next List	CNN Newsroom (N)	
DISC	520	505	Never Ever Do	Never Ever Do	Dangerous Flights "Dark Skies"		Last Car Standing "Grand Finale"		Mayday A Korean Air Cargo flight crashes.		Dangerous Flights "Prop Jockeys"		Mayday A Korean Air Cargo flight crashes.		Deadliest Catch "Goodbye Jake"		Finding Bigfoot "Mother Bigfoot"	
HIST	522	506	Paid Program	Paid Program	Paid Program	Paid Program	Pawn Stars	Pawn Stars	Yukon Gold (DVS)		Perfect Storms "Fire Twister" (DVS)		★★★ "Public Enemies" (2009, Crime Drama) Johnny Depp. G-man Melvin Purvis vows to nab notorious criminal John Dillinger.					
RDI	126	730	(5:30) RDI matin						RDI en direct (SC)	RDI économie	Telejournal	Le National	RDI en direct (SC)					
SHOW	616	521	Paid Program	Paid Program	Paid Program	Paid Program	Lost Girl Bo confronts her ultimate challenge.		★★ "The Dukes of Hazzard" (2005) Johnny Knoxville, Seann William Scott. (DVS)				★★★ "The Other Guys" (2010) Will Ferrell. Two desk-bound detectives get a chance to work on a real case.					★★ "Get Smart"
SLICE	601	562	Paid Program	Paid Program	Princess "Leanna"	Princess "Lasia"	Money Moron	Money Moron	The Millionaire Matchmaker		The Millionaire Matchmaker		★★ "Anchorman: The Legend of Ron Burgundy" (2004, Comedy) Will Ferrell.				★ "The Ugly Truth" (2009) Katherine Heigl.	
SPIKE	628	584	Sexy Bodies: Miami	Cindy Crawford	Search/Restore	Horsepower TV	Trucks!	MuscleCar (N)	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.	Tattoo Night.
TLC	521	560	Bikini Season	Say No to Botox!	Moving Up Beyond the bachelor's clutter.		Moving Up "All's Fair in Love and Decor"		Surreal Estate		My First Home (N)	My First Home (N)	Hoarding: Buried Alive		Hoarding: Buried Alive "They're Crawling"		Hoarding: Buried Alive "She's Going to Jail"	
TSN	400	400	SportsCentre		SportsCentre		Motoring 2013	Score Golf Television	U.S. Open Golf Preview (N) (Live)		2013 U.S. Open Golf Championship Third Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							
YOUTH	551	542	Squirrel	Squirrel	Sponge.	Parents	Kung Fu	Turtles	Turtles	Beyblade	Pokémon	Rangers	Turtles	Turtles	Squirrel	Squirrel	Squirrel	Squirrel

SATURDAY EVENING — JUNE 15, 2013

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	★★★ "Seems Like Old Times" (1980, Romance-Comedy) Chevy Chase, Goldie Hawn.				Channel 3 News	Evening News	Entertainment Tonight (N)		The Mentalist "Panama Red"		Blue Bloods "Greener Grass"		48 Hours "Highway of Tears"		News	CSI: Miami "Big Brother"	
WPTZ 5	-	-	(12:00) 2013 U.S. Open Golf Championship Third Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							Wheel of Fortune	Chicago Fire "Ambition" (DVS)		Law & Order: Special Victims Unit		Saturday Night Live		Newschannel 5	(:29) Saturday Night Live	
CBMT 6	206	301	Soccer		Horse Racing		CBC News at 6	Marketplace	Hockey Night in Canada: Hockey Tonight		2013 Stanley Cup Final Boston Bruins at Chicago Blackhawks. Game 2. From the United Center in Chicago. (N) (Live)						★★ "No Reservations" (2007) Catherine Zeta-Jones.		
CHLT 7	107	718	★★ "Volcan" (1997, Action) Tommy Lee Jones, Anne Heche, Gaby Hoffmann. (SC)				TVA nouvelles (N)	★★★ "Casino Royale" (2006, Action) Daniel Craig, Eva Green. Bond affronte un homme qui finance des terroristes. (SC)						(:24) ★★ "L'Arme fatale 4" (1998) Mel Gibson. Deux inspecteurs affrontent des membres des triades chinoises.					TVA nouvelles (N)	
WMTW 8	-	-	NASCAR Racing	ESPN Sports Saturday (N) (Live)			WMTW News 8	World News	Summer Hairstyles!	Jeopardy!	Zero Hour "Chain" (N)		Zero Hour "Suspension" (N)		Mistresses "Pilot" (DVS)		WMTW News 8	Cold Case "Red Glare"	
CKSH 9	108	-	(3:00) ★★ "Tomber... pile" (2006) (SC)		La semaine verte (N) (SC)		Le Télé-journal (N)	Penthouse 5-0	La Petite Séduction (SC)		Les Enfants de la télé (SC)		Médecins de combat "Imprudence" (SC)		Le Télé-journal (N)	1800 secondes	(:12) ★★★ "Pilotes de choix" (1995) Laurence Fishburne.		
CKMI 11	-	-	(3:00) ★★ "The Green Hornet" (2011, Action) Seth Rogen.			Focus Montreal	Evening News (N)	Global National	Final 24 Tupac Shakur.		Zero Hour "Chain" (N)		Zero Hour "Suspension" (N)		King A dead man's uncle is a suspect.		News Final	(:29) Saturday Night Live	
CFCF 12	205	312	Celebrity	Celebrity	etalk	App Central	CTV News (N)		W5 (DVS)		Saving Hope "Ride Hard or Go Home"		Flashpoint Ed is rushed into surgery.		The Listener Tia's colleague is targeted.		CTV News	CTV News (N)	"Gone Green"
WVNY 22	-	-	NASCAR Racing	ESPN Sports Saturday (N) (Live)			World News	ABC 22 News	TMZ (N)		Zero Hour "Chain" (N)		Zero Hour "Suspension" (N)		Mistresses "Pilot" (DVS)		Local News	Cold Case "Red Glare"	
WUTV 30	-	-	Paid Program	Paid Program	Cindy Crawford	Paid Program	WEN Hair Care	MLB Player	MLB Baseball New York Yankees at Los Angeles Angels of Anaheim. From Angel Stadium of Anaheim in Anaheim, Calif. (N)						2 on Your Side at 10	Big Bang Theory	Hell's Kitchen "6 Chefs Compete"		Goodwin Game
CFKS 31	106	726	(3:30) ★★ "Ananas express" (2008, Comédie) Seth Rogen, James Franco, Gary Cole.				Ça va brasser	★★★ "Michael Jackson's This Is It" (2009, Documentaire) Michael Jackson, Orianthi.			(:44) ★★★ "La bataille de Passchendaele" (2008, Guerre) Caroline Dhavernas, Gil Bellows, Paul Gross.						(:15) Rire et délire	L'instant gagnant	
WUHF	-	363	Child Genius	Derm Exclusive!	Two and Half Men	Two and Half Men	Say No to Botox	MLB Player	MLB Baseball New York Yankees at Los Angeles Angels of Anaheim. From Angel Stadium of Anaheim in Anaheim, Calif. (N)						Fox First at Ten (N)	Sports Extra	Hell's Kitchen "6 Chefs Compete"		Goodwin Game
WETK	-	-	Lark Rise to Candleford		Antiques Roadshow "Palm Springs, CA"		The Lawrence Welk Show		As Time Goes By	The Café	Waiting for God	Hebburn	Midsomer Murders (Part 1 of 2)		Austin City Limits Indie rockers Spoon.		Woodsongs		Nature
WCFE	-	-	Dialogue-Centr.	In Focus	RT News (N) (El)	Journal (N)	My India (El)	Newsline (N)	Al Jazeera English News (N) (Live) (El)		France 24 News (N)	Asia This Week (N)	Annika Bengtzon: Crime Reporter "Prime Time" (N Subtitled-English)				RT News (N)	Newsline	Annika Bengtzon
A&E	615	520	Criminal Minds "... A Thousand Words"		Criminal Minds "Into the Woods"		Criminal Minds "25 to Life"		Criminal Minds "Proof"		Longmire "Unquiet Mind"		Longmire "Carcasses"		Longmire		(:01) The Glades "Killer Barbecue"		(12:01) Longmire
BRAVO	620	523	★★★ "Kiss Kiss, Bang Bang" (2005) Robert Downey Jr., Val Kilmer. Premiere.				Missing "Insomnia" Jess battles insomnia.		The Listener "Inner Circle" (DVS)		Boston's Finest "The City They Call Home"		The First 48		The First 48 A teenager is shot to death.		★★★ "The Bourne Identity" (2002) Matt Damon.		
CNN	500	500	Newsr'm	Gupta	CNN Newsroom (N)		The Situation Room		CNN Newsroom (N)		Anderson Cooper		Anthony Bourd.		Anthony Bourd.		Stroumboulopoulos		Anthony
DISC	520	505	Never Ever Do	Never Ever Do	Texas Car Wars "Dukin' Donuts"		Cash Cab	How It's Made	Cash Cab (N)	Cash Cab	Last Car Standing "Grand Finale"		Deadliest Catch		River Monsters "Legend of Loch Ness"		River Monsters "Silent Assassin"		Deadliest Catch
HIST	522	506	American Pickers "Art of the Deal"		Pawn Stars	Pawn Stars	Perfect Storms "Fire Twister"		Yukon Gold (DVS)		Museum Secrets (DVS)		★★★ "The King's Speech" (2010) Colin Firth. England's monarch strives to overcome a nervous stammer.				Secret Life Of...		Pawn Stars
RDI	126	730	(1:00) RDI en direct	Journal Fr. 2	Le Télé-journal	L'épicerie (SC)	La semaine verte (SC)		RDI en direct (SC)	ARTVStudio (SC)	Découverte (SC)		Le Télé-journal	Collection Explora (SC)		Monde-parlait	Le Télé-journal	ARTVStudio (SC)	Le Télé-journal
SHOW	616	521	(3:30) ★★ "Get Smart" (2008, Comedy) Steve Carell, Anne Hathaway.				★★ "Infected" (2008, Science Fiction) Gil Bellows, Maxim Roy.				"Recoil" (2011) Steve Austin. A cop turns into a vigilante after his family is murdered.				★★ "Bad Teacher" (2011) Cameron Diaz, Justin Timberlake. Premiere.				★★ "Get Smart"
SLICE	601	562	(3:00) ★ "The Ugly Truth" (2009)		Kendra on Top	Kendra on Top	Eat St.	Eat St.	Princess "Leanna"	Princess "Lasia"	The Millionaire Matchmaker		Money Moron	Money Moron	Eat St.	Eat St.	Princess "Leanna"	Princess "Lasia"	Housewives/OC
SPIKE	628	584	(:15) Deadliest Warrior		(:15) Deadliest Warrior		(:15) Deadliest Warrior		Ways to Die	(:36) ★★★ "Remember the Titans" (2000, Drama) Denzel Washington. A black man coaches high-school football after integration.					Deadliest Warrior		Deadliest Warrior		
TLC	521	560	Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries (N)		Dateline: Real Life Mysteries (N)		Dateline: Real Life Mysteries		Dateline: Real Life
TSN	400	400	(12:00) 2013 U.S. Open Golf Championship Third Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							SportsCentre	Rugby Canada vs. Ireland. (N) (Live)				SportsCentre (N) (Live)			That's Hocky.	Open Preview
YOUTH	551	542	Sidekick	Sidekick	Sidekick	Sidekick	Zoink'd!	Splatalot	Baby	Zoink'd!	★★ "Men in Black II" (2002, Action)				Zoink'd!	Splatalot	Baby	Splatalot	Men Bik 2

Your week on TV

SUNDAY DAYTIME — JUNE 16, 2013

	Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
WCAX 3	-	-	Hometime	This Old House	CBS News Sunday Morning (N)		Face the Nation		You Can Quote Me	Paid Program	Paid Program	Paid Program	Honoring Fathers	Music & the	⋆ "Race the Sun" (1996, Drama) Halle Berry, James Belushi, Casey Affleck.			
WPTZ 5	-	-	Today Being a good friend; Father's Day.		Meet the Press (N)		Chris Matthews	On the Money	The Closer "Speed Bump"		2013 U.S. Open Golf Championship Final Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							
CBMT 6	206	301	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Coronation Street	Marketplace	Steven and Chris Menswear looks.		Maamuitaau	Mansbridge	Q With Jian Ghomeshi Singer Joni Mitchell.		Best Recipes Ever	(:45) Soccer Confederations Cup: Mexico vs. Italy. (N)		
CHLT 7	107	718	(6:00) Salut, bonjour! Week-end (N) (SC)				(9:58) ⋆⋆ "Six jours, sept nuits" (1998) Harrison Ford, Anne Heche. Début. (SC)				TVA nouvelles (N)	Infopublicité (SC)	La victoire de l'amour	Shopping TVA (SC)		Infopublicité (SC)	Infopublicité (SC)	Les gags (SC)
WMTW 8	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		Chris Matthews	This Old House	Teen Kids News (N)	Made in Hollywood	Cindy Crawford	Health Forum	Tummy Tuck	Paid Program	Dr. O says Yes!	Paid Program	Tummy Tuck	Derm Exclusive!
CKSH 9	108	-	Bookaboo (SC)	Manny et ses outils	Club des cinq	Walter & Tandoori	Le Jour du Seigneur (N) (SC)		Découverte (SC)		Telejournal	La semaine verte (SC)		Second Regard	Une heure sur terre (N) (SC)		⋆⋆ "Fantômas se déchaîne" (1965)	
CKMI 11	-	-	Fishful Thinking	Hospital for Sick Kids		Lorna Dueck	Joel Osteen	In Touch	The West Block	Focus Montreal	16x9		Ultimate Engineering "The Alhambra"		The Simpsons	The Simpsons	The Simpsons	The Simpsons
CFCF 12	205	312	App Central	Operation Smile	Fashion Television	Corner Gas	etalk	Church of the Rock	Question Period (N) (Live)		SportsCentre		Canada's Worst Driver		Cash Cab	Cash Cab	"Zeyda and the Hitman" (2004)	
WVNY 22	-	-	Good Morning America (N)		This Week W/ George Stephanopoulos		Key of David	Derm Exclusive!	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
WUTV 30	-	-	Earnest Angley		FOX News Sunday With Chris Wallace		Key of David	Paid Program	Paid Program	Say No to Botox	Health Forum	R U SMART?	⋆⋆ "The Adventures of Buckaroo Banzai" (1984) Peter Weller, John Lithgow, Ellen Barkin.				Supersmile	Paid Program
CFKS 31	106	726	Aubaines & cie		Trucs & cie		RPM Le Salon de l'auto de Genève.		HP Martin teste le TERYX de Kawasaki.		Dessus-marché	Rire et délire	Merlin "Lancelot et Guinevere" (SC)		⋆⋆⋆ "Une si longue absence" (2009, Drame) Eriq La Salle, Cicely Tyson, Michael Michele.			
WUHF	-	363	Paid Program	Key of David	FOX News Sunday With Chris Wallace		Paid Program	Hip Hop Abs	Paid Program	Paid Program	Judge Judy	Judge Judy	Friends	Friends	Paid Program	Workout	24 Ladders in 1	Laser Pain Relief
WETK	-	-	Super Why!	Dinosaur Train	Daniel Tiger	Inside Wash'ton	Wealth-Track	Religion & Ethics	McLaughlin Group	Vermont This Week	Moyers & Company		R. Steves' Europe	Great Performances at the Met "Un Ballo in Maschera" Verdi's classic drama.				
WCFE	-	-	The Week in France	CrossTalk (N)	World Affairs Today "Rethinking Money"		Global Ethics	Dialogue-Centr.	Wilson Forum Author Akbar Ahmed.		After 10 (N)	The Heat (N)	NHK Programming (N)		Taiwan Outlook (N)		CCTV Documentary	CCTV Documentary
A&E	615	520	Criminal Minds "The Uncanny Valley"		The Glades A barbecue baron is killed.		Longmire "Carcasses"		Longmire "Death Came in Like Thunder"		The Killer Speaks		The Killer Speaks		The Killer Speaks		The Killer Speaks	
BRAVO	620	523	The Bridge "Damned If You Do" (DVS)		Missing "I Thought I Knew You"		The Listener "The Magician" (DVS)		Boston's Finest "The City They Call Home"		⋆⋆⋆ "The Patriot" (2000, War) Mel Gibson, Heath Ledger, Joely Richardson. A man and his son fight side by side in the Revolutionary War.							"Bourne Identity"
CNN	500	500	CNN Saturday Morning		State of the Union		Fareed Zakaria GPS		Reliable Sources (N)		State of the Union		Fareed Zakaria GPS		CNN Newsroom (N)		Your Money (N)	
DISC	520	505	Cash Cab	Cash Cab	Licence to Drill "Long Road Home"		Mighty Planes "Trump"		Mighty Planes The C-17 Globemaster III.		Last Car Standing "Mid-size"		Last Car Standing "Boats" (DVS)		Last Car Standing "Sporty Cars"		Last Car Standing "Econo Boxes"	
HIST	522	506	Paid Program	Paid Program	Battle Hair Loss	Paid Program	Pawn Stars	Pawn Stars	American Pickers "Knuckleheads"		Counting Cars	Counting Cars	American Pickers "They Boldly Go"		American Pickers An auctioneer's collection.		American Pickers	
RDI	126	730	(5:30) RDI matin						RDI en direct (SC)	L'épicerie (SC)	Telejournal	ARTVStudio (SC)	RDI en direct (SC)	RDI en direct (SC)				
SHOW	616	521	Battle Hair Loss	Paid Program	Paid Program	Paid Program	⋆⋆ "Resident Evil: Extinction" (2007, Horror) Milla Jovovich, Oded Fehr, Ali Larter.				⋆ "Resident Evil: Afterlife" (2010, Horror) Milla Jovovich, Ali Larter, Kim Coates.				⋆⋆ "Resident Evil: Extinction" (2007, Horror) Milla Jovovich, Oded Fehr, Ali Larter.			
SLICE	601	562	Paid Program	Paid Program	Border Security	Border Security	Murder in Paradise A private eye disappears.		Casino	Casino	⋆ "The Ugly Truth" (2009, Romance-Comedy) Katherine Heigl, Gerard Butler.				NCIS: Los Angeles "Identity"		NCIS: Los Angeles "The Only Easy Day"	
SPIKE	628	584	Paid Program	Paid Program	Search/Restore	Horsepower TV	Trucks!	MuscleCar	Tattoo Night.	(:32) Bar Rescue A western bar.		(:38) Bar Rescue "Mystique or Murder?"		(:45) Bar Rescue Jon Taffer is called to save Kilkenny's.			(2:51) Bar Rescue "Swanky Troubles"	
TLC	521	560	TRIA	Summer Hairstyles!	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Family S.O.S. With Jo Frost		Breaking Amish: Brave New World		Breaking Amish: Brave New World	
TSN	400	400	SportsCentre		SportsCentre		The Reporters	Motorcycle	U.S. Open Golf Preview (N) (Live)		2013 U.S. Open Golf Championship Final Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							
YOUTH	551	542	Pet Shop	Winx Club	Splatalot	Zoink'd!	Mr. Young	Boys	Sponge.	Kung Fu	Parents	Sidekick	iCarly	iCarly	⋆ "Are We Done Yet?" (2007) Ice Cube.			

SUNDAY EVENING — JUNE 16, 2013

	Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	⋆⋆⋆ "The Muppets Take Manhattan" (1984, Comedy) James Coco, Joan Rivers.				Channel 3 News	Evening News	60 Minutes (N)		Elementary "Possibility Two"		The Good Wife "Red Team/Blue Team"		The Mentalist "Red Dawn"		Channel 3 News	CSI: Miami "Bait"	
WPTZ 5	-	-	(12:00) 2013 U.S. Open Golf Championship Final Round. From Merion Golf Club in Ardmore, Pa. (N) (Live)							Off Their Rockers	The Voice The artists face elimination.		2013 Miss USA Competition Contestants vie for the crown. (N) (Live)				Newschannel 5	J. Cash	"Honey-Shrunk"
CBMT 6	206	301	Soccer		Mr. D		(:45) Soccer Confederations Cup: Spain vs. Uruguay. From Recife, Brazil. (N) (Live)				Dragons' Den		Contemporary Fatherhood		The National (N)		Lang & O'Leary	the fifth estate	
CHLT 7	107	718	Qu'est-ce qu	⋆⋆ "Garfield : Une force de la nature" (2009) Début. (SC)			TVA nouvelles (N)	Les gags full ado	LOL :-) (SC)	Dieu merci! (SC)		⋆⋆⋆ "Double condamnation" (1999) Tommy Lee Jones, Ashley Judd. Début. (SC)				(:36) TVA nouvelles	(:06) ⋆⋆⋆ "Héros" (2002) Jet Li, Tony Leung Chiu Wai. (SC)		
WMTW 8	-	-	Sports Gone Wild		Gospel Superfest Salute to Black Music 2		WMTW News 8	World News	Jimmy Kimmel	NBA	2013 NBA Finals Miami Heat at San Antonio Spurs. Game 5. From the AT&T Center in San Antonio. (N) (Live)						WMTW News 8	CSI: Miami "Bait"	
CKSH 9	108	-	(3:00) ⋆⋆ "Fantômas se déchaîne" (1965)		Dans l'oeil du dragon (SC)		Le Télé-journal (N)	Découverte "Les Défis de la vie" (N)		Pérusse cité (N)	Les Galas du Grand Rire 2012 (SC)		On prend toujours un train pour la vie (N)		Le Télé-journal (N)	(:40) Pour l'amour du country (SC)		(:40) ⋆⋆⋆ "Fish Tank" (2009) (SC)	
CKMI 11	-	-	⋆⋆ "Ice Age: The Meltdown" (2006) Voices of Ray Romano, John Leguizamo.				Evening News (N)	Global National	Howie Do It	American Dad	The Simpsons	Bob's Burgers	Family Guy	Cleveland Show	The Good Wife "Red Team/Blue Team"		News Final (N)	The West Block	PGA Tour Canada
CFCF 12	205	312	(3:00) "Zeyda and the Hitman" (2004)		W5 (DVS)		CTV News (N)		Hot in Cleveland	Big Bang Theory	Law & Order: Special Victims Unit		Criminal Minds "Unknown Subject"		The Mentalist "Red Dawn"		CTV News	CTV News (N)	The Mentalist
WVNY 22	-	-	Paid Program	Paid Program	Paid Program	Paid Program	World News	ABC 22 News (N)	Jimmy Kimmel	NBA	2013 NBA Finals Miami Heat at San Antonio Spurs. Game 5. From the AT&T Center in San Antonio. (N) (Live)						Local News	Private Practice "Deal With It"	
WUTV 30	-	-	Battle Hair Loss	Paid Program	Health Forum	Paid Program	Cindy Crawford	Paid Program	Cleveland Show	American Dad	The Simpsons	Bob's Burgers	Family Guy	Family Guy	2 on Your Side at 10	Big Bang Theory	Ring of Honor Wrestling		Seinfeld
CFKS 31	106	726	⋆⋆ "Austin Powers contre l'homme au membre d'or" (2002, Comédie) Mike Myers.				⋆ "Drôle de père" (1999, Comédie) Adam Sandler, Joey Lauren Adams, Jon Stewart.				⋆⋆⋆ "Le Dernier boy-scout" (1991, Action) Bruce Willis, Damon Wayans, Chelsea Field.				Flashpoint "Panique au lycée" (SC)		South Park	L'instant gagnant	
WUHF	-	363	Paid Program	Judge Joe Brown	Judge Joe Brown	Paid Program	Paid Program	Paid Program	Cleveland Show	American Dad	The Simpsons	Bob's Burgers	Family Guy	Family Guy	Fox First at Ten (N)	Sports Extra	Johnny Cash	Paid Program	Paid Program
WETK	-	-	In Performance at the White House		Ballykissangel "Catch of the Day"		Inspector Morse "Deceived by Flight"		Hetty Wainthropp Investigates		David Suchet on the Orient Express		Masterpiece Mystery! The death of a psychic. (DVS)			Great Romances	Independent Lens "Two Spirits"		Film School
WCFE	-	-	NHK Programming	In Focus	RT News (EI)	Journal (N)	Newsweek-Asia	Afghan Report	Al Jazeera English News (N) (Live) (EI)		France 24 News (N)	Newsline (N)	Irene Huss "Ring of Silence" (N Subtitled-English)				RT News (N)	Afghan Report	Irene Huss
A&E	615	520	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Storage Wars	Storage Wars	(:01) Storage Wars	(:31) Storage Wars	Duck Dynasty
BRAVO	620	523	(3:30) ⋆⋆⋆ "The Bourne Identity" (2002) Matt Damon, Franka Potente.				Missing "I Thought I Knew You"		The Listener "The Magician"		⋆⋆ "Baby for Sale" (2004) Dana Delany. A couple helps bust a baby broker.				The Borgias "The Prince" (DVS)		(:15) ⋆⋆⋆ "The Patriot" (2000, War) Mel Gibson.		
CNN	500	500	CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		Anthony Bourd.		"Girl Rising" (2013)		Anderson Cooper		Anthony Bourd.		Anthony
DISC	520	505	Last Car Standing "Vans" (DVS)		Last Car Standing "Sub Compacts"		Last Car Standing "4x4s" (DVS)		Last Car Standing "Grand Finale"		Mighty Planes "SOFIA" (N)		Mighty Planes "Blue Angels" (N)		MythBusters "Indy Car Special" (N)		Mighty Planes "SOFIA"		Mighty Planes
HIST	522	506	Counting Cars	Counting Cars	Pawn Stars	Pawn Stars	Restoration	Restoration	Swamp People A season ending injury.		American Pickers "Knuckleheads"		Pawn Stars	Pawn Stars	Counting Cars	Counting Cars	Swamp People A season ending injury.		Pawn Stars
RDI	126	730	Le Grand défi Pierre Lavoie		Le Télé-journal	Mondeparlait	Grands reportages (SC)		RDI en direct (SC)	RDI en direct (SC)	Grands reportages (SC)		Le Télé-journal	Collection Explora (SC)		Second Regard	Le Télé-journal	L'épicerie (SC)	Le Télé-journal
SHOW	616	521	⋆ "Resident Evil: Afterlife" (2010, Horror) Milla Jovovich, Ali Larter.				Defiance		Copper Racial tension builds. (DVS)		Continuum A Liber8 plot; Alec's decision.		Continuum "Second Listen" (N)		Warehouse 13 "Runaway" (N)		Copper Racial tension builds. (DVS)		Continuum
SLICE	601	562	NCIS: Los Angeles "Killshot"		Casino	Casino	Murder in Paradise "Spies Lies & Alibis"		Border Security	Border Security	72 Hours "Lost Coast of New Zealand"		The Hero Shaun is offered a temptation.		Casino	Casino	The Real Housewives of Orange County		72 Hours
SPIKE	628	584	(3:56) Bar Rescue "Bottomless Pit"		(:02) Bar Rescue "Shabby Abbey"		(:08) Bar Rescue		(:14) Bar Rescue A bar's owners may lose their marriage.			(:19) Bar Rescue		(:25) Bar Rescue		(:31) Bar Rescue "Chumps"		(:37) Bar Rescue "Turtle on Its Back"	
TLC	521	560	Breaking Amish: Brave New World		Breaking Amish: Brave New World		Breaking Amish: Brave New World		Island Medium	Island Medium	19 Kids and Counting (N)		Island Medium	Island Medium	Breaking Amish: Brave New World (N)		Island Medium	Island Medium	Breaking Amish:
TSN	400	400	(12:00) 2013 U.S. Open Golf Championship Final Round. (N) (Live)				SportsCentre (N) (Live)			2013 NBA Finals Miami Heat at San Antonio Spurs. Game 5. From the AT&T Center in San Antonio. (N) (Live)							SportsCentre		U.S. Open Highlights
YOUTH	551	542	⋆⋆ "Daddy Day Care" (2003)				⋆⋆ "Imagine That" (2009, Comedy) Eddie Murphy.						Splatalot	Baby	Pick	Splatalot	Baby	Splatalot	Imagine

Your week on TV

MONDAY EVENING — JUNE 17, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	How I Met Your Mother	Mike & Molly	2 Broke Girls	(:31) Mike & Molly	Hawaii Five-0 "Kekoa" A Lua master is murdered.		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune	The Voice "Live Final Performances" The remaining artists perform. (N) (Live)				(:01) The Winner Is... Cash or the game. (N)		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	Just for Laughs: Gags	HNIC: Hockey Tonight	2013 Stanley Cup Final Chicago Blackhawks at Boston Bruins. Game 3. From TD Garden in Boston. (N) (Live)						CBC News Now From Toronto. (N)		CBC News: Montreal
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Une minute pour gagner (SC)		Fidèles au poste "C'est le choc des générations!" (SC)		Testé sur des humains "Meilleurs moments" (SC)		TVA nouvelles (N)	Sucré salé (SC)	★★★ "Maître à bord: De l'autre côté du monde" (2003) Russell Crowe. (SC)		
WMTW 8	-	-	WMTW News 8 at 6 (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Bachelorette The men compete for Desiree's affection. (N)				(:01) Mistresses Tensions rise between Savi and Dom.		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	Oser une autre vie (N)	Les Chefs (Season Premiere) (N) (SC)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Squelettes-plac.
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	Psych Shawn and Juliet's romantic getaway.		Psych Searching for a mythical dagger. (DVS)		(:01) The Winner Is... Cash or the game. (N)		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	The Voice "Live Final Performances" The remaining artists perform. (N) (Live)				(:01) Mistresses Tensions rise between Savi and Dom.		CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	TMZ (N)	The Bachelorette The men compete for Desiree's affection. (N)				(:01) Mistresses Tensions rise between Savi and Dom.		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy (N)	Two and a Half Men	Raising Hope	The Goodwin Games (N)	New Girl "Cabin"	Anger Management	2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Souper parfait	Bienvenue aux dames	Rire et délire (SC)	CSI: NY "Sanguine Love" (SC)		Le Mentaliste L'équipe est appelée pour un meurtre.		Opération séduction (SC)	Souper parfait	Face à face (N)	L'instant gagnant	
WUHF	-	363	Seinfeld "The Package"	The Simpsons	Two and a Half Men	Two and a Half Men	Raising Hope	The Goodwin Games (N)	New Girl "Cabin"	Anger Management	Fox First at Ten (N)	(:45) Sports Extra	Seinfeld "The Chaperone"	30 Rock	Excused
WETK	-	-	PBS NewsHour (N)		Nuremberg: Nazis on Trial Architect Albert Speer.		Antiques Roadshow Trophy belt buckles; costume dress.		Antiques Roadshow A circa-1910 Dirk Van Erp lamp.		Death in Paradise The body of a newlywed is found.		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (Live) (EI)		France 24 News (N) (EI)	Newsline (N) (EI)	Don Matteo A cheating husband is murdered.		Those in Power "The Regicide" (Subtitled-English) (Part 2 of 2)				Don Matteo
A&E	615	520	Criminal Minds Rossi's first wife shares shocking news.		Criminal Minds A series of beatings in Philadelphia.		Criminal Minds Bodies are found in lifeguard towers.		The Glades A male stripper turns up dead. (N)		Longmire The team investigates a cattle heist. (N)		(:01) Longmire The team investigates a cattle heist.		(12:01) Criminal Minds
BRAVO	620	523	Criminal Minds A serial killer kidnaps Reid.		Flashpoint Team One is lured into a violent plan.		The Mentalist A doctor is found dead at a golf course.		Missing "Thin Air" A woman disappears from a plane.		Flashpoint An armoured truck that has vanished.		Flashpoint Team One is lured into a violent plan.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		MythBusters Flamethrower and fire extinguisher duel.		Never Ever Do	Never Ever Do	Don't Drive Here "New Delhi" (Series Premiere) (N)		Overhaulin' A busy father's car sits on standby.		Never Ever Do
HIST	522	506	Canadian Pickers "Screeched In"		Pawnathon Canada (DVS)		Pawn Stars	Pawn Stars	American Restoration	American Restoration	Counting Cars	Counting Cars	Canadian Pickers "Screeched In"		Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "La guerre des robots" (SC)		Le Téléjournal (SC)		La Commission Charbonneau (SC)		Le National	RDI économie (SC)	24 Heures en 60 minutes
SHOW	616	521	"Hellhounds" (2009, Adventure) Scott Elrod. A Greek warrior travels to the underworld to rescue his bride.				"Jet Stream" (2012, Suspense) David Chokachi. Converging jet streams threaten to destroy the planet.				Defiance A deadly plague ravages the town. (N)		NCIS "Deception" A commander is abducted.		Hawaii Five-0 "Ko'olauloa"
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St.	Four Weddings Canada "Ehi, Larysa, Nadine & Nicole"		Kendra on Top (N)	Kendra on Top (N)	The Real Housewives of Orange County "Viva Mexico"		Four Weddings Canada "Ehi, Larysa, Nadine & Nicole"		Kendra on Top
SPIKE	628	584	Bar Rescue A bar with bikini-clad bartenders.		Bar Rescue A controversial lobster tank game.		Bar Rescue The Blue Frog 22 is a failing bar.		Bar Rescue "Tiki Curse" The Bamboo Beach Tiki Bar.		Bar Rescue Jon Taffer is called to save Kilkenny's.		Bar Rescue Jon restores the Mystique Lounge.		Bar Rescue
TLC	521	560	Toddlers & Tiaras "Universal Royalty Hollywood"		Best Funeral Ever Golden Gate Funeral Home; themes.		Cake Boss	Cake Boss	Cake Boss (N)	Cake Boss (N)	Honey Do (N)	Honey Do (N)	Cake Boss	Cake Boss	Honey Do
TSN	400	400	SportsCentre (N) (Live)		That's Hockey! Playoff Edition (N) (Live)		★★ "Caddyshack" (1980) Chevy Chase, Rodney Dangerfield. A vulgar newcomer clashes with the country club set.				SportsCentre (N) (Live)			That's Hocky.	Motoring 2013
YOUTH	551	542	Mr. Young	Big Time	Victorious	Marvin Marvin	Splatalot		Wipeout Canada "Premiere"		Laughs: Gags	Laughs: Gags	That's-Weird	Splatalot (N)	Wipeout

TUESDAY EVENING — JUNE 18, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	NCIS "Squall" A murder on a U.S. Navy ship.		NCIS: Los Angeles Deeks and Kensi follow a trail.		Brooklyn DA (N)		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune	America's Got Talent Hopefuls perform for the judges.		The Voice "Live Finale" (Season Finale) The winner is announced. (N) (Live)				Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	Just for Laughs: Gags	22 Minutes	Rick Mercer Report	Mr. D "The Dance"	Just for Laughs Mark Critch; Marc Maron; Colin Quinn.		The National (N)		CBC News: Montreal	Stromboulopoulos	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	Qui perd gagne (N) (SC)		La Cible Des hommes s'invitent chez Chance. (SC)		Esprits criminels "Dernier week-end" (SC)		TVA nouvelles (N)	Sucré salé (SC)	★ "John Tucker doit mourir" (2006) Jesse Metcalfe, Sophia Bush, Ashanti. (SC)		
WMTW 8	-	-	WMTW News 8 at 6 (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 6. From the AmericanAirlines Arena in Miami. (If necessary). (N) (Live)					WMTW News 8 at 11 (N)	(12:05) Jimmy Kimmel Live
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	Monde-parlait	Vengeance "À livre ouvert" (SC)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Squelettes-plac.
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	NCIS "Squall" A murder on a U.S. Navy ship.		NCIS: Los Angeles Deeks and Kensi follow a trail.		The Good Wife A state trooper targets Zach.		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	Criminal Minds (DVS)		The Voice "Live Finale" (Season Finale) The winner is announced. (N) (Live)				CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	TMZ (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 6. From the AmericanAirlines Arena in Miami. (If necessary). (N) (Live)					ABC 22 News (N)	(12:05) Jimmy Kimmel Live
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	So You Think You Can Dance "Meet the Top 20" The top 20 finalists are revealed. (N)				2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Souper parfait	Taxi payant (SC)	Par-dessus le marché	"Double visage" (2006, Suspense) Yancy Butler. Deux jeunes femmes désirent se débarrasser de leurs maris.				Opération séduction (SC)	Souper parfait	Face à face (N)	L'instant gagnant	
WUHF	-	363	Seinfeld "The Fatigues"	The Simpsons	Two and a Half Men	Two and a Half Men	So You Think You Can Dance "Meet the Top 20" The top 20 finalists are revealed. (N)				Fox First at Ten (N)	(:45) Sports Extra	Seinfeld "The Big Salad"	30 Rock "The Break-Up"	Excused
WETK	-	-	PBS NewsHour (N)		Roadside Stories	VPT's Outdoor Journal	John D. Rockefeller: American Experience John D. Rockefeller Jr. (DVS)				Frontline Managing retirement savings.		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (Live) (EI)		France 24 News (N) (EI)	Newsline (N) (EI)	Maigret "Maigret Rents a Room" (N Subtitled-English)				RT News (N)	South Asia Newsline	Maigret (Subtitled-English)
A&E	615	520	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars (N)	Storage Wars (N)	Shipping Wars (N)	Shipping Wars (N)	(:01) Shipping Wars	(:31) Shipping Wars	(12:01) Storage Wars
BRAVO	620	523	Criminal Minds "Distress" Construction-site murders.		Flashpoint "Blue on Blue" Spike is held at gunpoint.		The Mentalist Van Pelt looks for a wedding dress.		★★ "A Different Loyalty" (2004) Sharon Stone. A woman's husband is accused of being a communist spy.				Flashpoint "Blue on Blue" Spike is held at gunpoint.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		How It's Made (N)	How It's Made	River Monsters Deadly predator in a Bolivian river. (N)		Deadliest Catch A category 4 storm hits the fleet. (N)		River Monsters A large river beast jumps into boats.		River Monsters
HIST	522	506	Canadian Pickers The pickers make a friendly bet.		Counting Cars	Counting Cars	Cajun Pawn Stars	Cajun Pawn Stars	Pawn Stars "Wild Thing"	Pawn Stars "Zoodoo"	American Pickers "Boys' Toys" (DVS)		Canadian Pickers The pickers make a friendly bet.		Cajun Pawn Stars
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "Chinese village beats corruption"		Le Téléjournal (SC)		La Commission Charbonneau (SC)		Le National	RDI économie (SC)	24 Heures en 60 minutes
SHOW	616	521	"Absolution" (2006) Samantha Mathis. A journalist investigates claims that a comatose man can heal others.				"The Zero Sum" (2005) Ewen Bremner, Sarah Strange. A mugger falls in love with one of his victims.				XIII "Punchout" XIII is thrown into a fighting pit. (N)		NCIS The wives of two Marines are murdered.		Hawaii Five-0 "Ho'apono"
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent Green rental.	Eat St.	Princess "Daniela"	Princess "Lauren"	The Real Housewives of Atlanta "Unmoved" (N)		The Real Housewives of Atlanta (N)		Princess "Ashley S."	Princess "Jennifer K."	Housewives/ Atl.
SPIKE	628	584	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares (N)	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares	Tattoo Nightmares
TLC	521	560	Toddlers & Tiaras "Circle City Wild West Showdown"		My Teen Is Pregnant and So Am I		19 Kids and Counting Josh and Anna's third child.		Family S.O.S. With Jo Frost (N)		My Teen Is Pregnant and So Am I (N)		Family S.O.S. With Jo Frost		My Teen Is Pregnant and
TSN	400	400	SportsCentre (N) (Live)		That's Hockey	Pardon the Interruption	NBA Finals: Pregame	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 6. From the AmericanAirlines Arena in Miami. (If necessary). (N) (Live)							SportsCentre (N)
YOUTH	551	542	Mr. Young	Mr. Young	Boys	Boys	Splatalot	Zoink'd!	Wipeout Canada		Laughs: Gags	Laughs: Gags	That's-Weird	Splatalot	Wipeout

Your week on TV

WEDNESDAY EVENING — JUNE 19, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The American Baking Competition (N)		Criminal Minds The BAU tracks an escaped prisoner.		CSI: Crime Scene Investigation "Dead Air"		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune	2013 Stanley Cup Final Chicago Blackhawks at Boston Bruins. Game 4. From TD Garden in Boston. (N) (Live)						Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	Just for Laughs: Gags	HNIC: Hockey Tonight	2013 Stanley Cup Final Chicago Blackhawks at Boston Bruins. Game 4. From TD Garden in Boston. (N) (Live)						The National (N)		CBC News: Montreal
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	La poule aux oeufs d'or (N)	Signé M sur la route (N)	Faire l'humour avec "François Léveillé" (N) (SC)		Désordre extrême (SC)		TVA nouvelles (N)	Sucré salé (SC)	⋆ "Je t'aime, Beth Cooper" (2009, Comédie) Hayden Panettiere, Paul Rust. (SC)		
WMTW 8	-	-	WMTW News 8 at 6 (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	The Middle "The Name"	Family Tools (N)	Modern Family	Live With Your Parents	ABC's The Lookout (N)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N)	
CKSH 9	108	-	Le Téléjournal/Estrie	TJ-Grand Mtl	Squelettes-plac.	L'épicerie (N) (SC)	La petite séduction (N) (SC)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Squelettes-plac.
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	The American Baking Competition (N)		The Office (DVS)	Happily Divorced	Chicago Fire Severide faces a threat to his career.		News Final	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	MasterChef "Top 15 Compete; Top 14 Compete" Using foreign delicacies. (N) (DVS)				The Listener Taking national defense secrets. (N)		CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	TMZ (N)	The Middle "The Name"	Family Tools (N)	Modern Family	Live With Your Parents	ABC's The Lookout (N)		ABC 22 News (N)	(:35) Jimmy Kimmel Live (N)	
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	MasterChef "Top 15 Compete; Top 14 Compete" Using foreign delicacies. (N) (DVS)				2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Souper parfait	Et que ça saute (SC)		CSI: NY "Toilettes funèbres"		Lie to Me: Crimes et Mensonges (SC)		Opération séduction (SC)	Souper parfait	Face à face (N)	L'instant gagnant	
WUHF	-	363	Seinfeld "The Checks"	The Simpsons	Two and a Half Men	Two and a Half Men	MasterChef "Top 15 Compete; Top 14 Compete" Using foreign delicacies. (N) (DVS)				Fox First at Ten (N)	(:45) Sports Extra	Seinfeld "The Pledge Drive"	30 Rock "The Baby Show"	Excused
WETK	-	-	PBS NewsHour (N)		Globe Trekker Gerhard Church; Lake Sevan.		Nature Predatory pythons in Florida. (DVS)		NOVA Dr. Kenny Broad dives into blue holes.		Cave People of the Himalaya		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (Live) (E!)		France 24 News (N) (E!)	Newsline (N) (E!)	Don Matteo "The Beauty" A young model is murdered.		"Snap" (2010, Drama) Aisling O'Sullivan, Stephen Moran, Eileen Walsh.			South Asia Newsline	Don Matteo "The Beauty"
A&E	615	520	The First 48 Murder witnesses are unwilling to talk.		Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty The entire family vacations in Hawaii.		Duck Dynasty	Duck Dynasty	(:01) Duck Dynasty	(:31) Duck Dynasty	(12:01) Duck Dynasty
BRAVO	620	523	Criminal Minds The team tracks an arsonist.		Flashpoint "Priority of Life" An explosion traps Jules.		The Mentalist A man's body is found in the marina.		Perception "Light" Pierce's conspiracy theory.		Suits Harvey goes against Rachel's father.		Flashpoint "Priority of Life" An explosion traps Jules.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront		Anderson Cooper 360 (N)		Piers Morgan Live (N)		Anderson Cooper 360 (N)		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		North America The wonders of North America revealed.		North America Viewers vote for the top destination. (N)		MythBusters The Indianapolis Motor Speedway.		Deadliest Catch A category 4 storm hits the fleet.		North America
HIST	522	506	American Pickers "Boys' Toys" (DVS)		Pawn Stars "Wild Thing"	Pawn Stars "Zoodoo"	American Restoration	American Restoration	Swamp People (N)		Yukon Gold Ken's wife visits the camp. (DVS)		D-Day to Victory Allied soldiers attempt to take Caen.		American Restoration
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes		Grands reportages "Seins à louer" (SC)		Le Téléjournal (SC)		La Commission Charbonneau (SC)		Le National	RDI économie	24 Heures en 60 minutes
SHOW	616	521	⋆ "NYC: Tornado Terror" (2008) Nicole de Boer. A meteorologist must prevent tornadoes from destroying New York.				⋆⋆ "Lava Storm" (2008) Valérie Valois. A man and a woman try to slow the destructive flow of lava.				NCIS Investigating a Navy lieutenant's death.		NCIS "Head Case" A chop shop run by Marines.		Hawaii Five-0 "Mana'o"
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St. "Monster Menus"	Border Security	Border Security	Karma's a B-tch!	Karma's a B-tch!	Murder in Paradise Arturo Gatti is found dead.		Brainwashed A woman is held captive for seven years.		Karma's a B-tch!
SPIKE	628	584	Bellator 360 The Lightweights are highlighted.		Bellator 360 The Featherweights are highlighted.		Bellator MMA Live "King Mo" Lawal vs. Seth Petruzelli; Renato Sobral. (N) (Live)				Fight Master: Bellator MMA The elimination round.		Fight Master: Bellator MMA The elimination round.		Bellator MMA Live
TLC	521	560	Toddlers & Tiaras Gabby and Alaska battle for the title.		The Good Buy Girls (N)	The Good Buy Girls (N)	Breaking Amish: Brave New World-Secrets Revealed (N)		Toddlers & Tiaras Elizabeth, Ava and Mimi compete. (N)		The Good Buy Girls	The Good Buy Girls	Toddlers & Tiaras Elizabeth, Ava and Mimi compete.		The Good Buy Girls
TSN	400	400	SportsCentre (N) (Live)		That's Hockey! Playoff Edition (N) (Live)		MLS Soccer Houston Dynamo at Montreal Impact. From Saputo Stadium in Montreal. (N) (Live)				MLS Soccer Club Deportivo Chivas USA at Vancouver Whitecaps FC. From BC Place Stadium in Vancouver, B.C. (N)				SportsCentre (N)
YOUTH	551	542	Mr. Young	Mr. Young	Boys	Boys	Splatalot	Splatalot	Wipeout Canada		Laughs: Gags	Laughs: Gags	That's-Weird	Splatalot	Wipeout

THURSDAY EVENING — JUNE 20, 2013

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The Big Bang Theory	(:31) Two and a Half Men	(:01) Person of Interest "2 Pi R" Finch goes under cover.		(:01) Elementary Joan tackles her first solo case.		Channel 3 News	(:35) Late Show With David Letterman (N)	
WPTZ 5	-	-	Newschannel 5 at 6PM (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune	Parks and Recreation	Parks and Recreation	The Office "Livin the Dream" Jim comes back to Scranton.		(:01) Hannibal Will is suspected of murdering Abigail.		Newschannel 5 Nightcast	(:34) The Tonight Show With Jay Leno (N)	
CBMT 6	206	301	CBC News: Montreal (N)	Coronation Street (N)	Just for Laughs: Gags	22 Minutes	The Nature of Things		Doc Zone		The National (N)		CBC News: Montreal	Stroumboulopoulos	Coronation Street
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Sucré salé (N) (SC)	La fièvre de la danse (N) (SC)		⋆ "La Guerre des mariées" (2009, Comédie) Kate Hudson. Les mariages de deux amies ont lieu le même jour. (SC)				TVA nouvelles (N)	Sucré salé (N) (SC)	Le Gentleman (SC)		⋆⋆ "L'Impact" (1998)
WMTW 8	-	-	WMTW News 8 at 6 (N)	ABC World News	Wheel of Fortune	Jeopardy! (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 7. From the American Airlines Arena in Miami. (If necessary). (N) (Live)					WMTW News 8 at 11 (N)	(12:05) Jimmy Kimmel Live
CKSH 9	108	-	Le Téléjournal/Estrie	Sortir	Squelettes-plac.	Animo (N) (SC)	Prière de ne pas envoyer de fleurs Marcel Leboeuf. (N)		Pénélope McQuade (N) (SC)		Le Téléjournal (N) (SC)	Nouvelles-sport	Cap sur l'été (SC)		Squelettes-plac.
CKMI 11	-	-	(5:59) Evening News (N)	Global National (N)	ET Canada	Entertainment Tonight (N)	The Office "Livin the Dream" Jim comes back to Scranton.		Does Someone Have to Go? "THV, Part 1" (N)		(:01) Rookie Blue		News Final (N)	ET Canada	The Jeff Probst Show
CFCF 12	205	312	CTV News (N)		etalk (N)	The Big Bang Theory	The Big Bang Theory	(:31) Two and a Half Men	(:01) Motive (DVS)		CSI: Crime Scene Investigation (DVS)		CTV National News (N)	CTV News (N)	Daily Show/ Jon Stewart
WVNY 22	-	-	ABC 22 News (N)	ABC World News	ABC 22 News (N)	TMZ (N)	Jimmy Kimmel Live (N)	(:31) NBA Countdown	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 7. From the American Airlines Arena in Miami. (If necessary). (N) (Live)					ABC 22 News (N)	(12:05) Jimmy Kimmel Live
WUTV 30	-	-	The Big Bang Theory	Judge Judy	Judge Judy	Two and a Half Men	Hell's Kitchen Surprised by family members. (N)		Does Someone Have to Go? "THV, Part 1" (N)		2 on Your Side at 10 (N)	Two and a Half Men	The Simpsons	How I Met Your Mother	Friends
CFKS 31	106	726	Atomes crochus (SC)	Souper parfait	Devine combien je gagne (SC)		L'amour est dans le pré		V Ryan recherche Val qui a disparu.		Opération séduction (SC)	Souper parfait	Face à face "Le Débat"	L'instant gagnant	
WUHF	-	363	Seinfeld	The Simpsons	Two and a Half Men	Two and a Half Men	Hell's Kitchen Surprised by family members. (N)		Does Someone Have to Go? "THV, Part 1" (N)		Fox First at Ten (N)	(:45) Sports Extra	Seinfeld	30 Rock "The Rural Juror"	Excused
WETK	-	-	PBS NewsHour (N)		Da Vinci: The Lost Treasure		Chihuly Outside Dale Chihuly's outdoor installations.		Doc Martin "Don't Let Go"		Scott & Bailey		Nightly Business Report	Charlie Rose (N)	
WCFE	-	-	RTE News: Six One (N)	South Asia Newsline (N)	Al Jazeera English News (N) (Live) (E!)		France 24 News (N) (E!)	Newsline (N) (E!)	Frank Riva "The Last of the Three" (N Subtitled-English)				RT News (N)	South Asia Newsline	Frank Riva
A&E	615	520	The First 48 A victim's car may reveal his killer.		The First 48 A man is beaten to death in public.		Intervention A rap artist is addicted to PCP.		Intervention "Dana" (N)		Beyond Scared Straight "Lake County, Fla." (N)		(:01) Beyond Scared Straight		(12:01) Intervention
BRAVO	620	523	Criminal Minds Perpetrators hunt the victims.		Flashpoint A firefighter is rushed to the hospital.		The Mentalist Investigating two botched robberies.		Boston's Finest The drug control unit plans a raid. (N)		Graceland Briggs helps Lauren with her case. (N)		Flashpoint A firefighter is rushed to the hospital.		Criminal Minds
CNN	500	500	(5:00) The Situation Room		Erin Burnett OutFront (N)		Anderson Cooper 360 (N)		Piers Morgan Live (N) (Live)		Anderson Cooper 360		Erin Burnett OutFront		Piers Morgan
DISC	520	505	How It's Made	How It's Made	Daily Planet Daily science show. (N) (DVS)		Pyros "Istanbul" (N) (DVS)		Overhaulin' A teacher inspires his young students.		Overhaulin' The team restores a mechanic's VW.		Pyros "Istanbul" (DVS)		Overhaulin'
HIST	522	506	The Real Sherlock Holmes		Swamp People		Yukon Gold Ken's wife visits the camp. (DVS)		Museum Secrets The Uffizi Gallery in Florence, Italy.		Big Rig Bounty Hunters "Lost and Found"		The Real Sherlock Holmes		Ancient Aliens
RDI	126	730	Le National (SC)	RDI économie (SC)	24 Heures en 60 minutes Émission spéciale sur la commission Charbonneau. (SC)				Le Téléjournal (SC)		La Commission Charbonneau (SC)		Le National	RDI économie	24 Heures en 60 minutes
SHOW	616	521	Continuum The disappearance of deceased bodies.		"Midnight Stallion" (2013) Jodelle Ferland. Megan thinks training a wild stallion will help save the family farm.				Beauty and the Beast Cat is forced to reveal secrets.		NCIS A man in a diner pulls a gun on Gibbs.		Continuum The disappearance of deceased bodies.		NCIS "The Curse"
SLICE	601	562	Til Debt Do Us Part	Til Debt Do Us Part	For Rent	Eat St. "Nomadic Nosh"	Casino Confidential	Casino Confidential	The Hero "Trust" Athena's motives are questioned. (N)		72 Hours The teams venture through dense brush. (N)		Casino Confidential	Casino Confidential	The Hero "Trust"
SPIKE	628	584	Bellator MMA Live "King Mo" Lawal vs. Seth Petruzelli; Renato Sobral.				Fight Master: Bellator MMA The elimination round.		iMPACT Wrestling (N)				Fight Master: Bellator MMA The elimination round.		iMPACT Wrestling
TLC	521	560	Toddlers & Tiaras Camari needs to bring her best.		Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Four Weddings (N)		Four Weddings Shelley has martinis on her big day. (N)		Four Weddings		Four Weddings
TSN	400	400	SportsCentre (N) (Live)		That's Hockey	Pardon the Interruption	NBA Finals: Pregame	2013 NBA Finals San Antonio Spurs at Miami Heat. Game 7. From the American Airlines Arena in Miami. (If necessary). (N) (Live)							SportsCentre (N)
YOUTH	551	542	Mr. Young	Mr. Young	Boys	Boys	Splatalot	Zoink'd!	Wipeout Canada		Laughs: Gags	Laughs: Gags	That's-Weird	Splatalot	Wipeout

New historical novel references Sherbrooke, Lennoxville

Giuliana Pendenza
DC Books Communications

In February 2013 "Pastagate" – a scandal that broke out in Quebec when the Parti Québécois government sent a letter of warning to an upscale Montréal restaurant for using Italian words on a menu instead of their French equivalents – drew the ire and attention of the international media around the long-standing, oft-overlooked issue of ethnocentrism in the 21st century.

In May 2013, Keith Henderson – a decades-long fixture in Canadian politics and literature – released The Roof Walkers [DC Books], a historical fiction tour de force that not only promises to shed new light on one of the most important events in North America's formation, but also provides keen allegory and insight into the fundamental damage that retrograde and divisive incidents like Quebec's "Pastagate" can wreak.

Leader of the Equality Party of Canada (1993-2003) and chairman of the Special Committee for Canadian Unity, Henderson has long championed English-language rights in Quebec and throughout francophone Canada. A former columnist for *The Financial Post*, Henderson has been featured by *60 Minutes, The New York Times, The Los Angeles Times, BBC, CBC* and more for his perceptive and thoughtful take on national identity and the domestic threats posed to it.

"Ironically, Confederate Canada came into being fighting a violent, separatist, ethnocentric movement started by the Irish Republican Army – otherwise known as Fenians," says Henderson. "The parallels between Ireland's separatism and Quebec's are striking. And, if the separatists have their way, Canada may end up losing that unity that was established to another – the Parti Québécois."

Keith Henderson is the author of three novels and a prize-winning book of short stories. His debut novel, The Restoration, is one of the few literary looks Canada has at the 1980 Quebec referendum, about which *The Globe and Mail* wrote, "Henderson knows most intimately those parts of the Anglo-Quebec community who have been most abused by Canadian history." Together with McGill University emeritus professor of constitutional law, Stephen Scott, Henderson contributed a series of political essays – many of which appeared in Canada's *Financial Post* – to Staying Canadian [DC Books, 1997].

Henderson currently lives in Montreal, where he teaches English literature at Vanier College and currently acts as chairman of The Special Committee for Canadian Unity. He is also the managing editor of DC Books, an independent Canadian publisher founded by Louis Dudek, which embodies a tradition of literary innovation, dissent against convention, and artistic facilitation that is second to none.

The Roof Walkers is currently available for pre-order via Chapters Indigo, and will be in select chain and independent brick-and-mortar bookstores internationally as of May 29, 2013.

What's On

Music

Country music with SIDNEY AULIS from 2 p.m. to 6 p.m. on SUNDAY, JUNE 16 at the A.N.A.F. Unit 318 (The Hut), 300 St. Francis, Lennoxville. 18+ Info: 819-346-9122.
Sidney will also be playing on Sunday, June 23.

June 14
There will be a Village Harmony Concert at the Unitarian Universalist Church in North Hatley at 7:30 p.m. on Friday, June 14. This is a not to be missed concert. Village Harmony packs churches and excites audiences throughout Vermont and all over the world with its mix of traditional ethnic music from around the globe. The choir has been imitated by many but not equaled. There is a suggested donation of $12 at the door.

June 14
Come and enjoy an evening of country/bluegrass music with Terry Howell, Mike Patrick and friends at the Bury United Cultural Centre on Friday, June 14 at 7 p.m. To reserve tickets, call Lynn at 819-872-3653 or Violet at 819-884-5586. Fundraiser for the Bishopton United Church.

June 15
Dance at the Ives Hill Community Hall on Saturday, June 15 from 8 p.m. to midnight. Music by the Country Swingers (Ron, Dave, Art and Carroll). Admission: $7. Everyone welcome.

June 15
Father's Day Dance at Stanstead Legion, 15 Maple St., Stanstead on Saturday, June 15 from 8 p.m. until closing. Music provided by Buck Sayers. Light lunch. $7.00 each. Everyone welcome. For more information call 819-876-5844.

June 16
Do you like to sing? Join us at a community Hymn Sing at 7 p.m., Sunday, June 16 at St. James Church in Foster. You will have the chance to choose what we sing. Everyone is welcome. Refreshments afterwards in the hall. Information 450-539-1123.

June 16
MS Branch 2000 "Special Father Day" Dance on Sunday, June 16, 1:30 p.m. to 6 p.m., Municipal Hall, Millington Road, Austin. Music by Jimmy Edwards & The Country Folks. Free coffee and tea, light snacks served at 4 p.m. Everyone is encouraged to bring a few sandwiches or a dessert to keep our cost down. See you there Folks! Something for the Dads.

July 12
The Frontier Animal Society Fundraiser at the Piggery Theatre in North Hatley on Friday, July 12, 8 p.m. We are delighted to be able to present Honky Tonk Blue, The Night Hank met Patsy. You've heard how good it is, come and see for yourself. Tickets $25. Please reserve with Mary at 819-838-1421 so F.A.S. will benefit.

Events

June 14
Join us at The Piggery for our Murder Mystery Dinner Show Fundraiser "Class Reunion", written by Mead Baldwin on Friday June 14 at 6 p.m. Tickets are $30/person. Enjoy a mechoui meal while solving the crime. This was a sellout last year, so book your tickets soon. Tel: 819-842-2431, piggerymedia@gmail.com.

June 15
Father's Day Mechoui. Beef, pork, chicken. June 15 at 6 p.m. North Hatley Legion, 95 Jackson Heights, North Hatley. Reservations recommended. Info: 819-842-2933.

June 16
A presentation by Steve Cameron, "Sintrigues of our Fathers" - cholera, revolution, foolishness, national intrigue. Sunday, June 16 from 2 p.m. to 4 p.m. at the Community Hall, Lowry St. Sponsored by the Megantic County Historical Society. All welcome.

June 16
The Canadian Legion, Branch #15, 235 College St. N., Richmond will be holding their Legion Brunch on Sunday, June 16 from 9 a.m. until noon. Admission charged and half price for children under 12 years.

Exhibits

until September 1
Uplands is pleased to present the Bishop's University Fine Arts Collective, focusing on the artistic practice of a collective of current faculty members: Micheline Durocher, Regine Neumann, Darren Millington, Mona Godbout, Tim Doherty, Jim Benson, and Lisa Driver, from the department of Fine Arts at Uplands, 9 Speid St., in the borough of Lennoxville. The exhibition will run until September 1, 2013.

June 23
North Hatley Library: come and join us for the opening of our exciting art season with the group show "The Nude" on June 23. New exhibitions every other week. 165 Main Street, 819-842-2110, biblio@nhlibrary.qc.ca

May 26 - July 5
Art Exhibit of Watercolours by Diana Dyer at the Missisquoi Museum, Galerie Paige Knight, 2 rue River, Stanbridge East.

June 22 - July 7
Ye Olde Blacksmith Art Gallery, 240A Dufferin Road, Stanstead, is pleased to announce the opening of the summer season on Saturday June 22 with an exhibition of photography "Street Scenes" by two Montreal-based photographers Gabriel Safdie and Mark Lavorato (June 22-July7). The vernissage will take place Saturday, June 22 from 5-7 p.m. and all are warmly invited to attend. Opening hours for the gallery are Thurs.-Sun., 11-6 p.m. starting June 22. For more information please call 819-876-2282.

Theatre

June 26, 27 & 28
Piggery Theatre presents Top Hats and Tales (www.tophatsandtales.com), a comedy dance show starring Andrea Conway and Wayne Doba on Wednesday, June 26 at 2 p.m., Thursday, June 27 and Friday, June 28 at 8 p.m. Thursday night is a benefit night for The Pet Connection. A portion of every ticket sold will be donated to them. Reservations through the Piggery at 819-842-2431 or piggerymedia@gmail.com

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Local Sports

[Paul] Lehmann was named the league's offensive player of the week for his efforts in both games, the second Extreme player to gain league Player of the Week honours this year.

Quebec Senior Lacrosse Circuit

Extreme head to Windsor looking to extend two-game winning streak

By John Edwards
Special to The Record

The Sherbrooke Extreme head to second place Windsor on Friday riding a two-game winning streak, after a pair of narrow road victories last weekend. Sherbrooke held off a late Mauricie comeback attempt to win 12-10 last Friday, and followed that up with an exciting 11-10 overtime win over the Magog Memphrés.

On Friday, the Extreme raced out to an 8-2 lead, chasing starting goalie Eric D'Anjou, before the Eclairs mounted a late comeback attempt. However, Sherbrooke held on for the 12-10 win. Paul Lehmann led Sherbrooke with seven assists, while Demers had six points on four goals and two assists.

On Sunday, Lehmann's unassisted goal at 1:07 of overtime stood up as the winner in the Extreme's win over the host Memphrés. The goal was Lehmann's second of the game, and he finished with five points in a wild contest that featured seven ties and three lead changes. Magog was up 4-3 after the first period, while Sherbrooke had a 7-6 lead after 40 minutes. The Extreme led 9-7 late in the game, but Magog forced overtime with only 22 seconds left in regulation time.

Other leaders for the Extreme included Sylvain Perrault, who had six points (two goals, four assists) in his first game against his old teammates and Jean-Simon Demers, who had five points (two goals, three assists).

With the pair of wins, Sherbrooke moved up into third place with a 5-3 record. Windsor, Friday's hosts have a 7-2 mark and is in second place, two points behind the 8-2 Longueuil Patriotes.

Lehmann was named the league's offensive player of the week for his efforts in both games, the second Extreme player to gain league Player of the Week honours this year.

FILE

The Extreme's Sylvain Perrault had six points in his first game against his old teammates.

Windsor comes into Friday's game on a three-game winning streak of their own, one that started on May 31 with a 9-8 win at Sherbrooke. Windsor edged East Angus 8-7 and cruised past Mauricie 13-7 last weekend.

Elsewhere in the Quebec Senior Lacrosse Circuit this weekend, Mauricie (1-8) visits Magog (2-6) and Longueuil (8-2) heads to East Angus (4-6) on Friday, while Mauricie visits Longueuil and Magog visits Windsor on Sunday. Sunday will conclude three-game weekends for Magog and Longueuil, after the Patriotes downed the Memphrés 11-8 in St-Hubert on Wednesday night.

Canada Games Volunteers

Derek Trott: The sports equipment man

By Olivia Ranger-Enns
Record Correspondent

Derek Trott is *the* sports equipment man for the Games. Having volunteered as a gold volunteer (meaning you dedicate your time both before and during the Games), Turcott has worked in the realm of sports for more than 11 years.

"I coached Les Verts, a soccer team based in Sherbrooke, for 11 years, and also functioned as president of Les Verts for a while," explains Trott.

Trott works at a plant where environmental packaging, plant and erosion control takes center stage. "It's a good job," says Trott with a slight shrug of the shoulders.

It was François Salvail, manager of Sport Programming for the Sherbrooke Canada Games, who recruited Trott for the volunteer position.

"I couldn't really say no," says Trott laughing. "I do everything when it comes to sports equipment from A to Z. The biggest work for me has been the compilation of a guide book for the next Canada Games, since before us there has been no transfer of knowledge from one Canada Games event to another. As such, Prince George 2015 will get our handy guidebook about everything related to sports equipment.

"For the guide book, we have to talk about policies and protocol, the volunteer schedule, accomodation, timing, venue sites and operations, the whole list of equipment," notes Trott. "We also have to make sure that all the stuff we buy is given freely to local communities. For the Games, that was part of the legacy we wanted to leave behind after the Games."

The book is written in French and will be translated by the Canada Games Committee.

Trott believes he will mainly be based at Champlain College, where the Canada Games Committee is going to be headquartered for the two weeks of frenzy.

Trott is also responsible for keeping track of everything.

"You wouldn't believe the stuff we have to take inventory of," says Trott with a wry smile. "All the fencing needs to be checked, every scoreboard needs to be counted, then we have to find out who is responsible for every scoreboard... you get the picture."

Trott is planning on being busy at the Games. "For every venue, you have to put stuff up, and then take it all down after a game. You see how complicated things may become," remarks Trott.

Some of Trott's personal friends, whose children will be performing at the Games, are coming down from Ontario.

"It's going to be great in that I am going to watch people I know playing at the Games," says Trott.

Trott used to play a lot of sports. "I don't have much time now," he says smiling. "I played soccer a lot when I was a kid and then on at Bishop's where I studied economics. It came naturally. I loved it. An added bonus was that you don't have to run a lot when you are a goalie," Trott adds with a chuckle.

Trott assisted last weekend's qualification races for rowing. "The atmosphere was amazing. So much energy, tension, excitement... it's hard to explain," says Trott.

Trott is mostly excited to watch the track and field sport during the Games. "I love track and field because it is so complicated. It's like ten sports combined into one," posits Trott. "But it's true, there are so many other sports that I don't think I have even seen live, such as fencing or wrestling. "

Although this will mark Trott's first time participating in the Games, it is definitely not his first experience with national championships of important caliber.

"Having coached soccer for so long, for sure I've participated in Quebec championships, AA championships, I coached the soccer team Verts et Or and three years ago I took part in the U-15 championship," enumerates the businessman.

Trott also has many other considerations, concerns and fights of his own to lead. His 15-year-old daughter is stricken with a form of dyphesia, and so Trott acts as president of Dysphasia Estrie.

CLUB DE GOLF WATERVILLE
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Dr. Aly Lakhani 'prescribes' healthy eating on your path to fitness

A RUNNER'S MIND

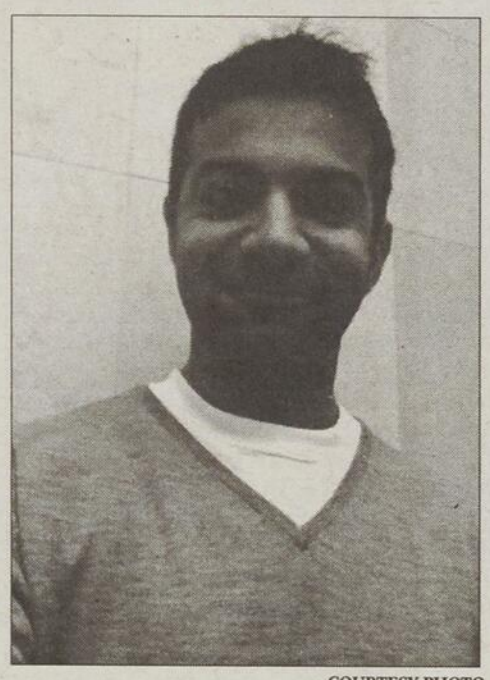
CHRISTINE BLANCHETTE

If you've recently embarked on a running program to lose weight, you may not like the results even after three months of hard work.

What is wrong with this picture, you might ask. The culprit could be that you are eating more than before you started working out. The many trips to the fridge for that slice of apple pie each night or making poor eating choices could cause you to swerve into the unhealthy lane of life's highway.

For some, the disappointment of so much work without results will be discouraging enough to quit trying. Instead, you may need to brush up on your rudimentary math skills because simply put, if you burn more calories than you consume, your fat doesn't stand a chance. The problem could be a desire to reward oneself after a good run. Unfortunately, too much of a good thing is usually not good. Instead of losing a few kilograms after many weeks of hard work, you might have lost only a few grams, or horrors, even gained a few.

Sometimes overindulging happens because we are stressed or depressed. Food is a necessity but choosing the right food is the key. How do you stop spinning your wheels and change your diet for the better?



COURTESY PHOTO

Dr. Aly Lakhani.

Dr. Aly Lakhani, who practices internal medicine, offered valuable tips on how to change your eating patterns or your approach to eating. I had the privilege to speak with Dr. Lakhani, who works at UHN Hospitals including Toronto Western Hospital.

The engaging Dr. Lakhani said, "The way to a healthy lifestyle is through exercise and a healthy diet. There are misconceptions as to what healthy or unhealthy eating is. A muffin sounds healthy but it, just like a fast-food hamburger bun, contains a lot of high-fructose corn syrup, which is an unhealthy substance that is found in all processed foods and makes us want to eat more.

"With substances like high-fructose corn syrup found in the foods we consume, it can affect our moods or perhaps bring on the onset of diseases," Dr. Lakhani explained. "Cardiovascular disease is becoming more and more common - it is a disease that is seen in times of plenty - times like ours."

The message here is to follow a well-balanced diet including protein and complex carbohydrates. Dr. Lakhani noted, "Our pre-historic ancestors ate mostly vegetables and didn't have much cardiovascular disease. Now we have access to a lot of high fat and high-calorie food that we tend to store as fat when we eat it. It is no wonder we have so much more cardiovascular disease."

The path to a healthy lifestyle is eating more vegetables and getting good nutritional advice. Dr. Lakhani mentioned the Mediterranean diet, (which consists of mostly olive oil, fruits, nuts and vegetables, moderate intake of fish, poultry and wine with meals and low intake of red meat, processed foods and desserts), published in the New England Journal of Medicine tends to be even better for the heart than a low-fat diet. Here is Dr. Lakhani's "prescription" for healthier eating just in time for summer when barbecues or family gatherings are often planned.

1. When making a sandwich, make it open-faced. After a bite, put it down as this slows you from eating faster and you feel satisfied. Dr. Lakhani, noted, "It takes twenty minutes for your brain to realize that your stomach is full. Eat slowly and your brain will feel full when your stomach is full – and you will probably eat less."

2. Slowly put down your fork and knife each time you take a bite of food. You will develop a slower eating pattern. Chew your food slowly as this will also decrease your appetite.

Dr. Lakhani points out, "Some of the time we feel hungry it is because we are thirsty. That said, the notion that we need to drink 'eight glasses of water' to maintain a healthy lifestyle is probably not true. What is true is that water is good for us and that we should drink plenty of it, especially in warm weather and when we are exercising."

Dr. Lakhani's overall recommendation is for adequate sleep, proper hygiene and exercise.

And don't forget to hone up your elementary math skills!

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Twitter: christineruns

Christine Blanchette is sponsored by New Balance

The Rookie: Kidd introduced as coach of the Brooklyn Nets

Says he has a lot to learn

The Associated Press

After playing in the NBA for 19 years, Jason Kidd is nervous about being a rookie coach.

Kidd was introduced Thursday as the new coach of the Brooklyn Nets, less than 24 hours after he was hired by the franchise he led to its greatest NBA success.

"Yes, I have a lot to learn about coaching," Kidd said, but when he was playing as a point guard, "I felt like I was an extension of the coach."

Kidd, who succeeds P.J. Carlesimo, said his message to players will be simple: "You've got to play hard, you've got to play defence and we're going to grow together."

Nets general manager Billy King said he's not concerned about Kidd's lack of experience on the bench and that any hire is a risk. Terms of the deal were not disclosed.

Carlesimo wasn't retained after leading the Nets into the playoffs, where they lost to the Chicago Bulls in the first round. He went 35-19 after replacing Avery Johnson, who was fired in December.

The move reunites the 40-year-old Kidd with the franchise he led to consecutive NBA Finals in 2002-03, when they played in New Jersey. He spent six-and-a-half seasons with the Nets, averaging 14.6 points, 9.1 assists and 7.2 rebounds, and is their career leader in numerous statistical categories. He spent last season with the New York Knicks.

Kidd also has a court date next week on Long Island stemming from a drunken driving arrest last year. He has pleaded not guilty to misdemeanour DWI and is due in Southampton Town Court on June 20, according to the Suffolk County prosecutor's office.

CORRECTION GOLF INVERNESS

Please note that in the advertisement of Tuesday, June 11 in the Travel Special, that the following was incorrect: "2 people 2 carts". It should have read "4 people 2 carts".
The Record apologizes for any inconvenience this may have caused.

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Church Services

Anglican

GEORGEVILLE

St. George's Anglican Church, Georgeville, welcomes you to the service of Holy Communion (BCP) this Sunday, June 16 at 8:30 a.m. with the Ven. Dean E. Ross officiating. Service of Morning Prayer at 10 a.m. with lay reader. Sarah Hoblyn, organist, choir director.

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Communion every 1st, 3rd, and 5th Sunday at 10.00 a.m. Morning Prayer is held every 2nd and 4th Sundays. 819-346-5564.

SHERBROOKE

The Church of the Advent, 473 Bowen St. South, Sherbrooke welcomes you to the service of Holy Communion this Sunday, June 16 at 11 a.m. The Ven. Dean E. Ross officiating.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Organist: Anthony Davidson. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m. Culte en français dimanche 17h, Pasteur Rev. G. Fantechi 514-771-8098.

United

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street: Worship on June 16 at 10 a.m. Rev. James Potter, 819-565-8449; website - lennoxvilleunited-church.com

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, the Rev. Robin Osborne, 819-346-6373. Sunday Worship at 10:30 a.m. There are activities for children during worship and nursery care for children under 2 years of age.

WATERVILLE-NORTH HATLEY

June 16: 9:30 a.m. service at the Hatley United Church, no service at the Waterville-North Hatley United Church and a 2 p.m. service at the Minton United Church. Rev. Mead Baldwin 819-837-1112.

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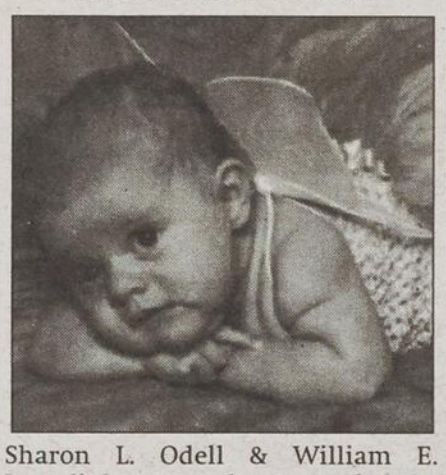
Birth

Birth Announcement



Sharon L. Odell & William E. Lenselink are proud parents of a baby girl and Mayve is a big sister!

Delaney Violet Bardina Odell-Lenselink

Born: Thursday, March 28, 2013, 1:09 a.m.

Weight 7.15 lbs., Civic Hospital, Ottawa, Ontario

Delaney is the great-granddaughter of Ronald L. Odell (who passed away May 12)and granddaughter of Gary L. Odell, both formerly of Sherbrooke, QC.

In Memoriam

BROADBELT, Pauline (Therrien) - It has been two years, June 15, 2011, since you left us and we miss you and think of you every day.

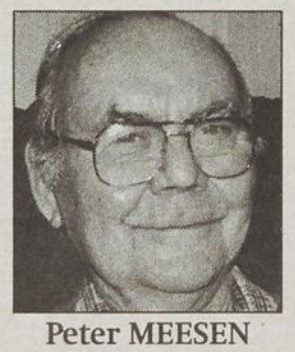
Your daughter and son-in-law
BEVERLEY & RICHARD LEPINE

WELLS, Madelene - In loving memory of a dear sister and aunt who passed away June 16, 1998.

WELLS, Horace and Ada Partington - Dear parents and grandparents. Dad who passed away July 26, 1966 and Mother who passed away August 22, 1990.

Sadly missed and always remembered by the family.
MERVA AND FAMILY

GRAVESIDE SERVICE



Peter MEESEN
(1926-2013)

Family and friends of Peter Meesen will gather at the Austin Cemetery (Millington Road) on Saturday, June 15 at 11 a.m. for a graveside service and interment of ashes. Peter passed away on January 24, 2013. A reception will follow at the Austin Town Hall.

Notice of Interment

WOODARD, Ralph - Friends are invited to a Celebration of Life and Interment for Ralph Woodard on June 15 at the Elmwood Cemetery, Sherbrooke at 11:30 a.m. Reception to follow at Plymouth-Trinity United Church, 380 Dufferin, Sherbrooke.

Card of Thanks

DELISLE, Mavis - The family of the late Mavis (Johnson) Delisle would like to thank everyone who helped them through the difficult time following Mavis' death. Your presence at the Funeral Home and service meant a great deal to all of us. Thank you for all the wonderful cards and the donations; Mom would be so pleased. A special thanks to Robert Redden and the staff of Cass Funeral Home for their professional care and to Rev. Dean Ross and Gene for the lovely service. Thank you to the staff of the Grace Christian Home for going the extra mile for Mom and us. Your kindness will never be forgotten. Please consider this a personal thank you.

SHERRY (daughter)
PETER & CLAIRE
(son and daughter-in-law)
LISA (granddaughter)
STEPHEN & SARAH
(grandson and wife)

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Deaths

John-Mark PROVIS
(1978-2013)

Accidentally on June 11, 2013, John-Mark Provis at the age of 34.

Loving father of Megan and Maxim-Gabriel Provis, and dear son of Sherley (Wellie Leblond). Mark also leaves to mourn, his sister Tammy (David Rodell), his nieces Alyssia and Alexandra, his best friend John Buzzell (Kirby Gillam), and the mother of his children, Sonia St-Laurent. He will be sadly missed by many aunts, uncles, cousins and dear friends.

Resting at the Cass Funeral Home, Richmond, where friends may visit on Monday, June 17, 2013 from 6 to 9 p.m. and on Tuesday, June 18, 2013 from 1:30 to 2:15 p.m.

A funeral service will be held at St-Anne's Anglican Church, Richmond, QC on Tuesday, June 18, 2013 at 2:30 p.m., with Rev. Wanda Dillabough officiating.

In lieu of flowers, donations to the Richmond 4-H Club, c/o Maria Enright, 304 ch. de la Riviere, Richmond, QC J0B 2H0, would be greatly appreciated by the family.

CASS FUNERAL HOMES
295 Principale St., Richmond QC
PHONE: 819-826-2502
FAX: 819-564-4423
cass@casshomes.ca
www.casshomes.ca

Deaths

Bernice CHALLES-MAGOON
1921-2013

At her home in Owl's Head, QC on Tuesday, June 11, 2013 in her 93rd year, passed away Bernice Challes, loving wife of the late Ralph Magoon.

Left to mourn are her children David (Jane), Susan and Roger, her 8 grandchildren and 8 great-grandchildren, other relatives and many dear friends.

Family and friends will be welcomed at the:

Désourdy Funeral Home
4, Vale Perkins
Mansonville, QC JOE 1XO
Phone: (450) 263-1212, Fax: (450) 263-9557
info@desourdy.ca

on Saturday, June 15, 2013 from 12 noon to 2:30 p.m. followed by the funeral service from the funeral home chapel. Rev. Ryk Allen officiating.

Donations in her memory to the Mansonville First responders would be appreciated. (Forms available at the funeral home.)

Last but not least, special thanks to Annie and Jean-Philippe of the C.L.S.C. for the tender care and compassion.

DÉSOURDY FUNERAL HOMES 4, Vale Perkins, Mansonville, QC J0E 1X0
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Fig.16

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Deaths

Bernice CHALLES-MAGOON 1921-2013

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Last but not least, special thanks to Annie and Jean- Philippe of the C.L.S.C. for the tender care and compassion.

DÉSOURDY FUNERAL HOMES 4, Vale Perkins, Mansonville, QC J0E 1X0
PHONE: 450-263-1212 FAX: 450-263-9557
info@desourdy.ca

Deaths

June Hendy

It is with great sadness that we announce June's passing at her home on June 11, 2013, in her 58th year, after a difficult and courageous battle with cancer.
June, who was pre-deceased by her parents, Thomas and Cecile Hendy, will be deeply missed by her partner, Angelo LaMendola, her son, Jonathan, her siblings, George (Diana), Louis, Sandra (Serge), Joyce (Ron), Gary (Natalie) and Robert, as well as her nephews, nieces, cousins and many loving friends.
June was an inspiring teacher and role model to generations of grateful students. She will be forever remembered for her big heart, her unconditional love of family and friends, her devotion and commitment to her students, and her incredible courage and great sense of humour through her final illness.
We wish to sincerely thank the staff of the CLSC Samuel Champlain, the Gingras-Lindsay Rehabilitation Institute, the Montreal General Hospital (Kimberly Thibodeau) and especially the oncology department of the Montreal Neurological Hospital, including Dr. Kevin Petrecca, Dr. Scott Owen, Catherine-Anne Miller and Justine Gauthier, for the professional care and support they provided June.
Visitation will be held Sunday, June 16, 2013 from 2 to 4 p.m. and 7 to 9 p.m., and Monday, June 17, 2013 from 9:30 to 10:30 a.m. at the Elkas Funeral Home, 601 rue du Conseil, Sherbrooke, QC.
The funeral will be held on Monday, June 17, 2013 at 11 a.m., at the St-Ephrem Syriac Orthodox Church, at 150 13th Ave. South, in Sherbrooke, QC.
In lieu of flowers, donations may be made to St-Ephrem Church.

STEVE L. ELKAS FUNERAL HOME 601 Conseil St., Sherbrooke QC
PHONE: 819-565-1155 FAX: 819-820-8872
info@steveelkas.com www.steveelkas.com

Deaths

Kenneth Stuart INGALLS

Ken passed away Friday, May, 2013, in his 60th year. Ken was predeceased by his children Adam (1990), Annabelle (1991), Arielle (1991) and Eric (1992-2003). He was the beloved husband of Carmen Howard Ingalls for almost 24 years.

Son of the late Hibbard (Georges) Ingalls and Mildred Bryant. He leaves to mourn his sons Victor Howard Ingalls and Roger Howard Ingalls, his sister Glenna (late Jim), his brothers Douglas (Helen) and Winston (Ann), his sisters in law Monique, Diane, Suzanne, his brother in law Winston (Leslie),many aunts, uncles, cousins, nieces and nephews, friends.

As per Ken's wishes, there is no visitation or church service, a simple grave-side service at 11 a.m. at McConnell Cemetery, on June 15, 2013, followed by a coffee hour at Beulah United Church vestry. The family will be there with two books; one for signatures, the other for souvenirs; feel free to bring stories and pictures about Ken.

In lieu of flowers, donations to an education fund for the boys. Cheques need to be made out to «Global Maxfin Investments» and a note in memo «In trust for Victor and Roger Howard Ingalls RESP account.» Cheques can be given directly to Carmen or mailed to: c/o Tim Goddard, 151 Queen Street, Sherbrooke, QC J1M 1J8 and the following organizations of your choice would be greatly appreciated:
• Beulah United Church, 967 rue Main, Ayer's Cliff, QC J0B 1C0
• La Maison des Greffés Lina Cyr, 1989 rue Sherbrooke Est, Montréal, QC H2K 1B8, www.maisondesgreffes.com
• Quebec Lung Association : 6070 rue Sherbrooke est, Bur 104, Montréal, QC H1N 1C1; www.pq.lung.ca
• Leucan Estrie, 317 rue Marquette, Bur 103, Sherbrooke, QC J1H 1M2, www.leucan.qc.ca
• Children's Wish Foundation, 4200 boul. St-Laurent, Bur 418, Montréal, QC H2W 2R2, www.childrenswish.ca/fr.

CASS FUNERAL HOMES 3006 College St., Sherbrooke QC
PHONE: 819-564-1750 FAX: 819-564-4423
cass@casshomes.ca www.casshomes.ca

Deaths

Alice (nee Simpson) THOMAS

Passed away peacefully at the CSSS Memphremagog on Wednesday, June 12, 2013, at the age of 90.

Cherished wife of the late Ozzie Thomas and precious mother of Michael and Myrna-Manon (Noel). Dear grandmother of: Danny, Sophie, Claudine (Antoine), Kevin (Valerie), and Roxanne. Alice will also be sadly missed by her great-grandson Charles-Antoine and her sister-in-law Marlene, along with nieces, nephews, cousins and friends.

There will be visitation in the presence of her ashes at the Cass Funeral Home, Stanstead, QC on Monday, June 17, 2013 from 11 a.m. to 1 p.m. followed by a service in the Manoir Stanstead, with Rev. Lise Kuzminska officiating. Interment will take place in the Dixville Cemetery.

As a tribute to her memory, donations made to the Manoir Stanstead, 496 Dufferin Street, Stanstead, QC J0B 3E0 or the CHSLD, 50 rue Saint-Patrice est, Magog, QC J1X 3X3 would be greatly appreciated by the family.

CASS FUNERAL HOMES 545 Dufferin Street, Stanstead QC
PHONE: 819-876-5213 FAX: 819-876-5213
stanstead@casshomes.ca www.casshomes.ca

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Fig.11

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Then stop "suggesting" and insist that your husband go with you for counseling

FRIDAY, JUNE 14, 2013

Annie's Mailbox

Dear Annie: My husband and I have been together for five years. For the most part, we have a great relationship. The problem is, my husband is seven years older and had a few bad relationships before we got together. Because of this, he is always telling me I am a cheater and cannot be trusted.

Annie, I haven't done a single thing in my past or present to make him feel this way. It is a constant fight between us. I have suggested that maybe we should get counseling so we can work on this, but he hasn't been willing. Is there anything else I can do to make this annoying part of our relationship go away? — Irritated Wife

Dear Irritated: A person who constantly accuses the spouse of cheating when there is no cause is either cheating himself or too insecure to function in a healthy marriage. It is no way to live. First ask him to see his doctor and find out whether there is a medical reason for his behavior. Then stop "suggesting" and insist that your husband go with you for counseling. If he refuses, go on your own to decide whether this is something you can tolerate or alleviate.

Dear Annie: Why do stores think that having sales associates accost you in every aisle will make you enjoy shopping? A simple "Hello, how may I help you?" is all we need. Following us around and asking all sorts of questions is annoying. Knowing this will happen every time I enter the store makes me want to shop elsewhere.

People like to be acknowledged. They do not like to be hounded. If I want to wander around and look, I don't enjoy being bombarded by five salespeople asking me the same stuff over and over. A customer who wants help will ask for it. Otherwise, please leave us alone. Businesses should train their employees to treat people as valued customers, not idiots. — Toledo

Dear Toledo: You make a valid argument, but we have to say, for every person who doesn't want to be accosted, there are 10 who wish they could find a salesperson altogether. If the store employees work on commission, it would explain why they try so hard to make a sale to every customer. It usually suffices to say, "No, thank you. I'm just looking." If not, feel free to register your complaint with the store manager and see whether it helps.

Dear Annie: Not long ago, you printed a letter from "Too Clean, Too Fearful," a woman with anxiety about highway travel. She did not want counseling. You suggested relaxation techniques but didn't specifically mention Tai Chi or Qigong classes, which are available at many community centers, fitness clubs, YMCAs and senior centers.

I teach both Tai Chi and Qigong and have been practicing for more than 24 years. It was part of my personal "quit smoking" program in 1988. Tai Chi is "relaxation in motion." It is a moving meditation that teaches one how to relax in action. It is the only exercise I know that does this. Qigong is a cousin of Tai Chi.

These exercises can be done in private or in a park, alone or with a friend. You can share the activity with your spouse to learn how to relax together. They can be learned while seated for those who have difficulty standing. They can be enjoyed for a lifetime and help develop the mind, along with better balance and coordination. Tai Chi and Qigong are dynamic, fun and relaxing, and yes, they relieve anxiety. — Caroline

Dear Caroline: Thanks for the additional suggestions. We hope our interested readers will check out these activities.

Dear Readers: Today is Flag Day and the 34th Annual Pause for the Pledge of Allegiance at 7 p.m. (Eastern time). For more information, log on to americanflagfoundation.org.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

Crew's News from the Order of the Eastern Star

Greetings from the Worthy Grand Matron Diane Evans and Worthy Grand Patron Glenn Munkers included all their latest news. Besides making their official visits to the various chapters, which they are enjoying, they were invited to speak to the Brothers of La Loge Le Delta de L' Amite # 143 in Greenfield Park and received a great reception. They enjoyed the Murder Mystery Night and are looking forward to attending Grand Chapter Sessions in Connecticut, where they will be presenting the Canadian Flag. W.G.M. Diane finished with "Climb high; Climb far; Your goal the Sky; Your aim the Star."

Chapter News and Reviews - Victory Chapter #34: the members miss Brother Doug Black P.G.P. attending meetings as he is in a new position at work working nights. On April 5th, the chapter held Representatives' Night. Brother Terry Radford P.G.P., Representative to Australia has received a lot of information re the country because of his and Sister Brenda's forthcoming trip there. A Military Whist was held on April 17 and a No Bake Sale will be held in June.

Lachute Chapter # 56: The Chapter held its first meeting in 2013 on March 21 where they draped the Altar in memory of Sister Bernice Atkin and Brother Edward Hammond, a sad moment for the members. They also honoured the Grand Representatives and were pleased to hear the news from their counterparts. When they welcomed the Worthy Grands on April 18, a buffet supper was held before the meeting. Lake St. Louis On the night of the Worthy Grands' Official visit, Sister Bobby Hall P.G.M. had the pleasure of pinning a 25 year pin on her daughter Tara.

Maple Leaf Chapter # 2: The Valentine Basket was won by Brother Eric Sanborn P.G.P. The ceremony for the Worthy Grands was about bluebirds and seagulls, and their eggs. Following the fun the Worthy Grands were presented with cheques for their Special Project Shriners' Hospitals for Children - Canada . Sister Fabienne Winters P.G.M, the chapter's "Guardian Angel" was also presented with a gift for all her assistance. Sister Sandra Ewart, Grand Ruth was also presented with a gift because of her high office and honoured at the Buffet following the meeting. Sister Erika Sanborn's Afghan was won by Sister Madeline and Brother Robert Weidner from Victory Chapter #34. A very successful Chicken and Biscuit Dinner was held on April 13, with a Bake Sale to support Butler Elementary Breakfast Programme.

Owl's Head Chapter # 35: Sister Elaine Young W.M. and Brother Garnet W.P. welcomed the members and guests with poetry and wisdom. Sister Mary Bailey P.M. was installed as Organist: She is a Charter member and her first office was as organist. Grand Representative Commissions were given to Sister Catherine Russell to Maine, Sister Louise Lowery to Rhode Island and Sister Eileen Eldridge to Mississippi. Congratulations. Congratulations also go to Sisters Janet Patch (New Jersey), Serena Wintle (Oregon), Marjorie Newell (Nevada), Mary Bailey (Colorado), Brothers Francis Young (Alabama) and Robert Farnam (Alberta) The Altar was draped in memory of Brother Merton Bailey and sympathy extended to Sisters Janet Patch. Amanda, Victoria and their families due to the death of Aunt Helen Barnes. "Thank You" cards were received from Brother Gordon Young P.G.P on the death of his sister Bonnie; Sister Mary Bailey P.M. on the death of her husband Brother Merton and Sister Eileen Eldredge on the death of her nephew. Sister Eileen also thanked the members for remembering her birthday. "Get Well Wishes" go to Brother Steve Martin, still recovering from his accident and Sister Ruth Dickenson-Hill P.G.M. back in hospital due to falling and hurting her arm. She might not be able to return to her home. Sister Irene Walsh #55 is suffering from a broken shoulder, which needs constructive surgery.

Birthday Greetings to Sister Ruth Hastings (3rd), Elaine Young (8th), Mary Bailey (22nd), Myrtle Crutchfield (25th) and Brothers Douglas Newman (23rd) and Francis Young (27th), all from Chapter # 35, Sisters Louise Hall (5th) Chapter # 17, Beverley Sanborn P.G.M. (28th) from Chapters # 17/#2. Brother Bryan Mitchell #17 (not telling). Anniversary Congratulations to Sisters Adelaide Lanktree (1949), Linda Flanagan (1962) #17 and Florence Jenne (1973) # 17 & #2, Sisters Mary Bailey (1947), Mae Rinkevicius (1952), Gertie Raymond (1955), Barbara Vogel (1955), Brenda Williams (1968), Beverly Powell (1973), Vickie Willard (1973), Sharron Kirby (1976), Irene Welsh (1978),Victoria Davis (2008), Micheline Walker (2012), Udo Schreff (1988) and Brothers John McDonald (1955),Wesley Larocque (1974), Dagmar Schreff(1988), all from Chapter # 35. Anchors Aweigh by Danny Sanborn talks about many interesting anchors around the world. The world's heaviest and largest anchor was made for Seawise Giant, a crude oil tanker. The anchor weighs 36 tonnes and is taller than a 3 story building. The ship was decommissioned in 2010 and the anchor is now a centerpiece in an outdoor fountain at the Hong Kong Museum. Titanic's Anchor: The ship had three anchors, one port side, one starboard side and one rear of the ship. When the ship was discovered in 1985, the two front anchors were still visible but not the rear. Ancient Anchors: In May 2012, Marine Archaeologists discovered an ancient carved anchor at the bottom of the Gulf of Kutch. They believe that it could be the oldest -over 2000 years old. In 2003, another anchor was found made of wood with a metal cap attached at one end.

On May 25 beginning at 6:30 p.m. an International Dinner will be held at Harmony Hall in Pierrefonds, organized by Westmount Chapter # 9.

It is fitting to close with:

Recipe for Happiness

2 Heaping cups of Patience 1 Heart full of Love

2 Hands full of Generosity

1 Head full of Understanding and a Dash of Laughter

Sprinkle generously with Kindness add plenty of Faith and mix well. Spread over a period of a Lifetime and Serve to everyone you meet.

Until next time, Star Love,
Evelyn Beban Lewis (Publicity)

Happy 50th Anniversary

Janet & Eldon MacDonald
June 15

We love you very much.
Mike & Karen, Gina & Dwight,
Owen, Liam, Isaac & Amanda

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"V FZIPLZFWPB GTJN, AZOJ TF ROOR V JVFTIJ'R WBVL, ROOR JIF FZO WBVL IJBX, YPF FZO JVFTIJ TFROBW."

— ZOJHX AVHN YOODZOH

Previous Solution: "Careers, like rockets, don't always take off on time. The trick is to always keep the engine running." — Gary Sinise

TODAY'S CLUE: W = g

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

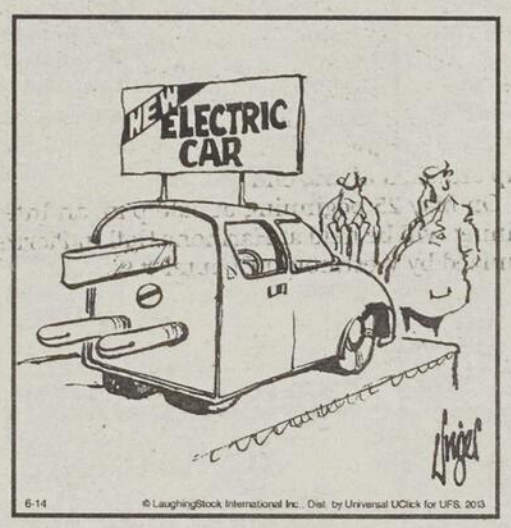
"N BLPNBLB NZ WC INXL HDEH N GJSIB BJ ZJHDNZO HDEH BNB ZJH KLXILPH AJYNHNFLIC JZ WC XEHDLK'Y INXL." — YNBZLC AJNHNLK

Previous Solution: "A thoughtful mind, when it sees a Nation's flag, sees not the flag only, but the Nation itself." — Henry Ward Beecher

TODAY'S CLUE: W = g

Previous Solution: "A thoughtful mind, when it sees a Nation's flag, sees not the flag only, but the Nation itself." — Henry Ward Beecher

HERMAN



"You just plug it in once a month."

ALLEY OOP

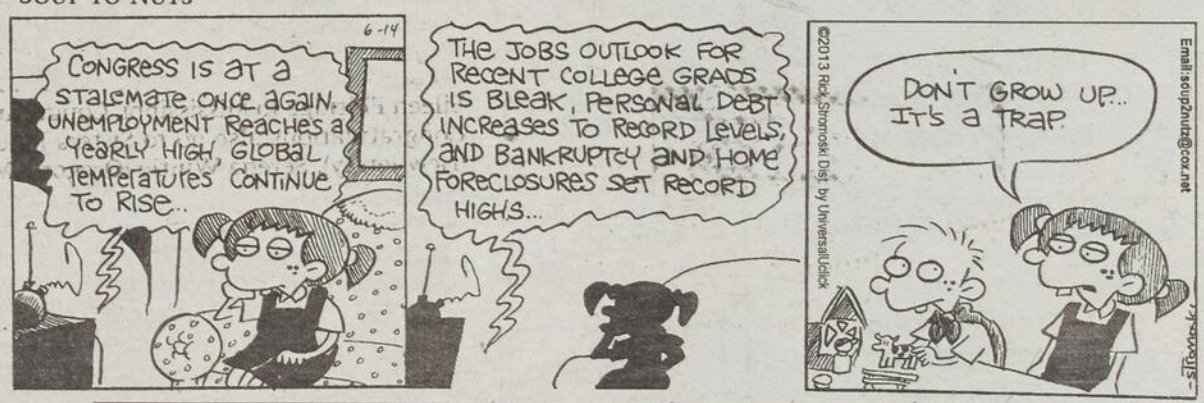
ARLO & JANIS

THE BORN LOSER

FRANK AND ERNEST

GRIZWELLS

SOUP TO NUTS



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035 For Rent

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050 Rest Homes

WARBURTON RESIDENCE has **a private room** in a family home near Lennoxville, personalized care, home cooking, doctor on call. References available. **Now certified.** For a visit call 819-563-1388.

100 Job Opportunities

STARTING SOON! Brome Lake, on weekends, graveyard shift. Part time, $10.75/hr. 450-375-8788. Send your CV to: granby@adecco.qc.ca

100 Job Opportunities

SUMMER JOB OPPORTUNITY
Museum Assistant
8 week contract
to start as soon as possible
Rate of pay: $10.15/hour, 35 hrs/week

The Eaton Corner Museum seeks a summer employee who is a full-time student (age 30 or under) and who intends to return to full-time studies in the Fall. Students with disabilities are welcome to apply for this position funded by Canada Summer Jobs.

Responsibilities are varied and will include: tasks related to the preservation and exhibition of objects in the Museum collections, assisting with genealogical and other research in the Museum's archives, greeting the public and guiding them through museum displays, assisting Board members and the Project Manager with various activities including preparations for installation of a new exhibit, and with the Museum's summer events and activities.

The following skills and attributes are needed:
- an interest in local history and museology
- computer literacy
- ability to work independently
- organizational skills and the ability to pay attention to detail
- -ability to do some physical work (carrying boxes, gardening)
- bilingualism

Please apply by sending a cover letter and resume by post or email to:
Mr. Charles Bury, President
Eaton Corner Museum
374 Rte 253 (Eaton-Corner)
Cookshire-Eaton, QC J0B 1M0
mus.eatoncorner@gmail.com

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- Must have experience & good references

R.H. Rediker Transport
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Stanstead, Quebec

Please call **819-876-2755** for more information.

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HELP WANTED! $28/hour. Undercover shoppers needed to judge retail and dining establishments. Genuine opportunity. PT/FT. No experience required. If you can shop - you are qualified! www.MyShopperJobs.com

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DRIVERS WANTED: AZ, DZ, 3 or 1 with airbrakes: terrific career opportunity with outstanding growth potential to learn how to locate rail defects using non-destructive testing. Plus extensive paid travel, meal allowance, 4 weeks vacation and benefits package. Skills needed: ability to travel 6 months at a time. Apply online at www.sperryrail.com. Under careers, click here to apply, keyword: Driver. Do not fill in city or state. E.O.E.

LIVE-IN PERSON NEEDED to help take care of elderly man in his Waterville home. Needs help with every day chores. Please call 819-876-7819 or 819-876-2561.

PART-TIME CLEANER wanted for outdoor and indoor work at the Lion Pub, Lennoxville. Hours vary weekly, physical strength an asset. Call 819-562-4589 and leave a message for Steve.

THE RECORD is looking for a **helper in the press department,** no experience necessary, will train. 18-20 hours per week, evenings Sunday to Thursday. Must be physically fit. Salary $10.15. Email billing@sherbrooke record.com

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190 Cars For Sale

Chartier AUTOMOBILES
LENNOXVILLE, QC

CARS

12 **FOCUS SEL,** auto., fully loaded, air, mags, hatchback, 19,500 km, **$18,450**
12 **HYUNDAI ELANTRA,** auto., fully loaded, mags, 37,000 km, **$16,950**
12 **BUICK LACROSSE CXC,** 3.6 L., leather, mags, back-up camera, Intellink radio system, 24,000 km, **$27,950**
12 **CHEVROLET CRUZE LT,** SOLD L. turbo, auto., fully loaded, air, great MPG, 22,000 km, **$16,995**
11 **KIA SOUL,** 2U, auto, fully loaded, air, mags, 51,000 km, **$14,950**
11 **TAURUS SEL,** fully loaded, air, 15,500 km, ~~$20,950~~ **$19,950**
11 **FUSION SEL AWD,** V-6, leather, 13,500 km, **$19,950**
10 **TOYOTA PRIUS HYBRID,** auto., fully loaded, air, 62,800 km, **$19,950**
10 **FORD FUSION,** 4 cyl., auto., fully loaded, 42,000 km, **$13,850**
10 **KIA RIO,** 4 door, 5 speed, 67,000 km, **$8,950**
09 **HYUNDAI ACCENT,** auto., air, 44,000 km, **$8,950**
08 **AVEO,** auto., 4 door, 59,000 km, ~~$7,495~~ **$6,995**
08 **SMART,** auto., air, 63,000 km, ~~$8,450~~ **$7,995**
08 **SUZUKI SX4,** AWD, 5 speed, 76,300 km, ~~$9,450~~ **$8,995**
07 **CHEVROLET IMPALA,** fully loaded, air, 88,100 km, **$8,995**

CONVERTIBLES

12 **CHRYSLER 200,** auto., convertible, only 14,000 km, ~~$24,650~~ **$23,950**
12 **FORD MUSTANG GT,** convertible, V-8, auto., leather, 18,000 km, **$32,950**
98 **MAZDA MIATA,** 5 speed, convertible, great condition, 291,850 km, ~~$6,500~~ **$5,995**

TRUCKS

11 **LINCOLN MKX,** AWD, 3.7 L., leather, Panoramic roof, navigation, 20" mags, back-up camera, 20,000 km, ~~$37,650~~ **$35,995**
10 **DODGE JOURNEY SXT,** 3.5 L., 7 pass., 2 airs, mags, 53,000 km, **$16,950**
10 **TOYOTA RAV4 SPORT,** 2.5 L., AWD, fully loaded, air, sun roof, mags, 55,000 km, x-clean. **$20,850**
09 **FORD ESCAPE XLT,** AWD, V-6, fully loaded, 77,000 km, black. **$15,750**
07 **GMC SLE 2500 HD,** 4X4, diesel, 6.5 F. box, chrome package, 81,000 km, **$29,950**
05 **ACURA MDX,** AWD, leather, 7 pass., 131,000 km, **$14,500**

COMING SOON

06 DODGE RAM, HEMI, 4x4, 83,000 km
06 FORD FX4, 5.4L, 4x4, crewcab, 175,000 km
10 TOYOTA RAV 4 SPORT EDITION, AWD, 54,000 km
09 ESCAPE XLT, V-6, AWD, 77,000 km

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190 Cars For Sale

2005 BUICK ALLURE CXL, 121,000 km., loaded, clean, no rust. Winter and summer tires on rims. Estate settlement. $5,000. or best offer. Call 819-566-0738.

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TOYOTA CAMRY XLE, 2003, 4 cylinder, automatic, mags, air conditioning, sunroof. Mint condition. All maintenance bills. Original owner. **Must see!** $7,500. 819-569-0500.

215 Boats

12 FT. ALUMINUM BOAT and 14 ft. square back canoe. Call 819-569-5031.

275 Antiques

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

290 Articles For Sale

16' CANOE, KEVLAR PROSPECTOR, new, 48 lbs. $1499., direct from manufacturer 50% off. Cookshire Sherbrooke. Contact realoutbackcanoes@hotmail.com, 1-905-973-1685.

1987 CHEVY N30 RV with Shasta camper, 54,500 miles. Registered in Vermont. Runs great. Call 819-875-3618, ask for George or Arnie. 40 acres, mostly woods.

LARGE REFRIGERATOR and lots of nice glassware, some antiques. Call Renee at 819-835-0584.

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STEEL BUILDINGS / Metal Buildings. Up to 60% off! 30x40, 40x60, 50x80, 60x100, 80x100, sell for balance owed. Call 1-800-457-2206. www.crownsteelbuildings.ca

294 Events

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315 Horses

BEAUTIFUL MORGAN MARE, 15.1 hands, very healthy 14 year old, dark Bay, (U.S. registry). Call (450) 539-3868 after 4 p.m.

320 Livestock

10 BEEF COWS, Charolais, Angus and Shorthorn. Due in September, bred with Angus bull. For information call (450) 531-2142.

330 Pets

ATTENTION! HELP CONTROL the dog and cat population! Competitve price for sterilization. Dre. Debra Tacium, M.V. and Dre. Lois Saucke, M.V., Clinique de Sterilisation des Petits Animaux de l'Estrie, 819-821-1161.

Call before 12:30 p.m. to make sure your ad appears the next day.

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330 Pets

DOG BOARDING at Blue Seal. Weekends, holidays and day care. **Cageless.** Personalized care for your pet. **Blue Seal,** the Animal Nutrition Centre, 1730 Wellington South, Lennoxville, **819-348-1888.**

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Where are the best looking in town? At the Eastern Townships SPA! Come and visit our adoption rooms! Many cats and dogs aged between 2 months and older are waiting to find new homes. They have all been spayed/neutered, vaccinated, dewormed and microchiped. If you have wisely chosen to adopt a pet, come and meet them Monday through Saturday between 9 a.m. and 4 p.m. Adoption fees are very reasonable. **1139 Queen Blvd. North, Sherbrooke.** For additional information: **(819) 821-4727.**

340 Garage Sales

BARNSTON
Garage Sale on June 15 & 16, 8 a.m., at 2644 Cabana Road, Barnston-Coaticook. Pick-up truck box cap, salt & pepper shakers, books, golf clubs, patch work blankets, Christmas decorations, fishing flies, tools, etc.

CANTON DE HATLEY
945 ch. Capelton, Canton de Hatley, Saturday, June 15 and Sunday, June 16, 8 a.m. to 4 p.m. Motorcycle jackets, household items, tools, kids bikes.

COMPTON
Yard Sale on Saturday and Sunday, June 15 and 16, at 140 Moe's River Road, Compton, parking at the old Moe's River Mill. Rain or shine. 3 families. Antiques, 1950 International truck, etc.

EATON CORNER
Single bed with foot and head boards, mattress and box spring; small electric keyboard, towel sets, curtains, flower pots, Christmas decorations, books, much more. Saturday from 8 a.m. to 5 p.m., 346 Route 253, Eaton Corner.

HUNTINGVILLE
Garage Sale on Friday, June 14 and Saturday, June 15 at 4750 Route 147, Huntingville. Collector plates, small antiques, baseball & hockey cards, picture frames, some furniture, milk bottles, CD's, Beanie Babies, tools, planer.

KNOWLTON
15 Hemlock, Saturday, June 15. Giant Fundraising Sale. Something for everyone. All proceeds going to Crazy Bird Ladies to help Parrots in need.

LENNOXVILLE
Friday and Saturday, June 14 & 15, 28 Lorne Street. Welder, table saw, lawn mower, winter tires for Jeep, wash stand, luggage, clothes, books, tools and much more.

LENNOXVILLE
Garage Sale on June 14 & 15 from 8 a.m. to 3 p.m. at 24 Winder Street, Lennoxville.

LENNOXVILLE
Huge 2-day garage sale, 36 Charles-Lennox in Lennoxville, Friday, June 14 from 8 a.m. to 7 p.m. and Saturday, June 15 from 8 a.m. to noon. Dishes / glassware from Estate Sale. Antiqes and vintage items, household articles ++, toys, etc.

LENNOXVILLE
Yard Sale, 103 Oxford Cres., Saturday, June 15, 8 a.m. Art work, pins, collectibles, cassettes, records, sunglasses, clothing, sports. Vintage.

MAGOG
Large Garage Sale. Household items, snowblower (2 years old), fold up ladder (used once, cost $200, priced to sell), antique lamp collection (about 60 to choose from), 12 string Stratton guitar and much more. 322 Dollard St., Magog, Friday, Saturday, Sunday and Monday.

MELBOURNE
House sold - everything must go! 373 Garrett Road, Melbourne, June 15 & 16, 10:30 a.m. to 4:30 p.m.

SHERBROOKE
765 Bacon St. (via Thibault), Sherbrooke, Friday and Saturday 8 a.m. to 5 p.m. Household items, tools and so much more! Come see!

SHERBROOKE
Garage Sale, 985 Virginie Laflamme (off of Lemire), June 15, 8 a.m. to 3 p.m. Kitchen table and 6 chairs, portable a/c, electric guitar and many household items.

STANSTEAD
Friday and Saturday, June 14 & 15, at 24 Centre St., Stanstead. Many household items, dishes, tools, craft items. Something for everyone.

STANSTEAD
Stanstead Garage Sale weekend, especially at 1 Hyatt St., on Saturday, June 15. Blue Bird tea set, record player, Vilas stands and much more. 819-876-7179.

WATERLOO
4034 Foster. Annual garage sale, Saturday, June 15 from 9 a.m. to 3 p.m. Lots of English books, hard covers $1.50, pocket .50; and much more.

WATERLOO
5 Mario St., Saturday and Sunday, June 15 & 16, 9 a.m. to 3 p.m. Antique bed, office chair, books, button collection, jewellery and more.

345 Flea Markets

BROMPTONVILLE
Brompton Flea Market now open Saturdays and Sundays. Tables for rent: (819) 846-3063.

390 Garden Centre

WINTER IS FINALLY over. Come get your perennials and annuals at 16 MacAulay Road, Bishopton. Open weekday mornings, weekend afternoons. 819-884-5417.

430 Personal

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440 Miscellaneous

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REMINDER

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210 Dawson Rd Sawyerville QC
Sunday June 16, 2013 at 10:00 A.M
Machine Shop tools, new tools, antiques, household and shed stock.
ENCHÈRES GRAHAM AUCTIONS
St Isidore de Clifton Qc
819 889 2876 / 819 919 2104
grahamauctions@hotmail.com
Graham Auctions Facebook

REMINDER

AUCTION FOR
JEAN MARC SIMARD
735 Spring Road Cookshire Eaton
Saturday June 15, 2013 at 10:00 A.M
Antiques, Household and Shed stock
ENCHÈRES GRAHAM AUCTIONS
St Isidore de Clifton Qc
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Please look over your ad the first day it appears making sure it reads as you requested, as The Record cannot be responsible for more than one insertion.

SUDOKU

Difficulty: 4 (of 5)

		2	5		1			3
					3	6		4
	1						8	
		8			5			
3				8		7		9
5		6	7			4	3	
		9		4				
2	6			7		1		

6-15-13

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PREVIOUS SOLUTION

7	6	1	3	2	9	4	8	5
3	8	5	1	7	4	2	9	6
2	9	4	5	6	8	7	1	3
6	4	8	9	5	1	3	7	2
5	3	9	7	4	2	8	6	1
1	7	2	6	8	3	9	5	4
8	1	7	2	3	5	6	4	9
4	5	3	8	9	6	1	2	7
9	2	6	4	1	7	5	3	8

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

	North ♠ A Q 9 2 ♥ K Q 10 6 ♦ 8 3 ♣ A Q J	06-14-13
West ♠ J 10 6 5 ♥ J 7 2 ♦ Q J 10 9 ♣ 6 3		East ♠ -- ♥ A 9 5 4 3 ♦ 7 5 4 2 ♣ 8 7 5 4
	South ♠ K 8 7 4 3 ♥ 8 ♦ A K 6 ♣ K 10 9 2	

Dealer: North
Vulnerable: Neither

South	West	North	East
		1 ♣	Pass
1 ♠	Pass	4 ♠	Pass
4 NT	Pass	5 ♥	Dbl.
6 ♠	Pass	Pass	Pass

Opening lead: ♥ 2

FRIDAY, JUNE 14, 2013

You should prepare for the worst splits

by Phillip Alder

Robertson Davies, a popular Canadian author, said, "The eye sees only what the mind is prepared to comprehend."

I suppose that applies to bridge players, except that they must also try to "see" the opposing hands, imagining where the key missing cards lie. And if you can, always assume the worst possible breaks. Agreed, they will not happen often, but when they do, if you can overcome them, you and your partner will be very happy.

In this deal, how should South play in six spades? West leads a heart. East wins with his ace and shifts to a diamond.

North's four-spade rebid showed a maximum opening bid with no singleton or void (otherwise, he would have made a splinter bid). South used Blackwood, East doubling North's five-heart reply to ask for a heart lead. South, not worried about hearts, jumped to six spades.

The only potential problem is in the trump suit. Declarer's inner eye should see that if the four missing cards are divided 2-2 or 3-1, there will be no worries. So South should assume a 4-0 split. How can he overcome that?

If East has all four trumps, declarer is doomed; he must lose a trump trick. But if West has all four, South is safe as long as he starts with his king, keeping dummy's ace and queen hovering over West's 10 and jack. When the 4-0 division is disclosed, declarer twice leads spades through West to nullify his trump holding.

The eyes have it!

Your Birthday

FRIDAY, JUNE 14, 2013

In the coming months, it might not be such a bad idea to clear out any deadwood within your circle of friends, especially if there is a troublemaker among the group. It can result in happier relationships.

GEMINI (May 21-June 20) — In matters of small consequence, you're not likely to pay much attention to the details, but if something is important, the opposite will be true.

CANCER (June 21-July 22) — Don't be surprised if you don't grasp the essence of an idea as quickly as you usually do. It's one of those days when your head is likely to be off in the clouds.

LEO (July 23-Aug. 22) — It behooves you to be more careful concerning your possessions. Pay attention not only to how you handle them, but where you leave them, even for just a minute.

VIRGO (Aug. 23-Sept. 22) — Your friends and family will take you at your word, so think twice before speaking. What you consider to be merely a comment might be taken as a promise.

LIBRA (Sept. 23-Oct. 23) — Since what you do and what you say are likely to be two different things, you could confuse people. Try to be consistent with both your words and your deeds.

SCORPIO (Oct. 24-Nov. 22) — Don't take well-meaning friends' financial tips as gospel. Before making a major purchase or investment, be sure you know what you're getting into.

SAGITTARIUS (Nov. 23-Dec. 21) — Instead of giving input on a topic that you know little about, just be a good listener. There is a strong chance that if you flap your gums, you will be challenged.

CAPRICORN (Dec. 22-Jan. 19) — Be wary of anybody, even a trusted friend, trying to pry some confidential information out of you. This person's motives might be devious.

AQUARIUS (Jan. 20-Feb. 19) — It isn't a great idea to participate in an expensive pastime with a friend who is always reluctant to pay his or her fair share. Why would you expect something to change?

PISCES (Feb. 20-March 20) — If you are having trouble making an important decision, seek advice from more than one person. Each counselor might have some good ideas, but not the complete answer.

ARIES (March 21-April 19) — Fortunately, you're prepared to work hard, because advancing your career might not be as easy as it usually is. A strong, concerted effort will be required.

TAURUS (April 20-May 20) — Someone you know has been trying to manipulate others into doing his or her work. Don't fall prey to such machinations, and try to put a stop to them.

SATURDAY, JUNE 15, 2013

Certain situations beyond your control could establish several major new objectives for you. These new influences will treat you kindly both personally and work-wise.

GEMINI (May 21-June 20) — Try to focus your efforts and energy on ways to increase your earnings. Your financial trends look to be especially favorable.

CANCER (June 21-July 22) — You will be even more adept than usual at expressing yourself both verbally and with the written word. Try to capitalize on this fortunate cycle.

LEO (July 23-Aug. 22) — Be doubly alert for multiple opportunities to make or save money. A beneficial cycle is developing, and will produce some windfalls that could be substantial.

VIRGO (Aug. 23-Sept. 22) — Maintain as much direct control over your own affairs as possible. You will do things far more effectively than will your subordinates.

LIBRA (Sept. 23-Oct. 23) — The old saying: "We get to heaven leaning on the arms of people we help," will apply today. Any kindness you show to others will be repaid in far greater measure.

SCORPIO (Oct. 24-Nov. 22) — As long as you maintain a positive attitude, success is likely in all of your important endeavors. Envision the results you desire, and take practical measures to bring them about.

SAGITTARIUS (Nov. 23-Dec. 21) — Even if your companions deem your plans overblown, don't be afraid to think on a large scale. They're viewing the scenario from the wrong perspective.

CAPRICORN (Dec. 22-Jan. 19) — If you're required to make a decision that involves an associate, take into account your personal opinion of this individual. Certain human factors can be very important.

AQUARIUS (Jan. 20-Feb. 19) — Beneficial changes could be in the works for your job or day-to-day activities. However, you'll have to be observant in order to anticipate their direction.

PISCES (Feb. 20-March 20) — Something very advantageous could develop through a social contact. This person could turn out to be an enormously valuable ally.

ARIES (March 21-April 19) — You might begin to appreciate something that you initially thought to be nothing but trouble. From this day forward, you'll see it in a totally different light.

TAURUS (April 20-May 20) — You could be extremely lucky in an area of great importance, one in which you've rarely experienced good fortune in the past. Take advantage of this break.

SUNDAY, JUNE 16, 2013

Substantial accomplishments can be achieved in the year ahead, provided you are able to stay well-organized and keep your priorities straight. Don't put the cart before the horse.

GEMINI (May 21-June 20) — If everyone is going in one direction while you're headed in another, you had better stop and ask yourself who is out of step.

CANCER (June 21-July 22) — There is definitely a line between healthy optimism and wishful thinking. If you can't tell the difference, you could turn success into failure.

LEO (July 23-Aug. 22) — Don't let it be said of you that you're only nice to those who can do something for you. People will see right through you.

VIRGO (Aug. 23-Sept. 22) — Your staying power might have its limitations. If the going gets tough, instead of pushing yourself, you might throw in the towel.

LIBRA (Sept. 23-Oct. 23) — When working with others, don't pretend to be knowledgeable about something you know little about. The only one who'll be taken in by this pretense will be you.

SCORPIO (Oct. 24-Nov. 22) — Give a wide berth to any involvement that could put you in the position of having to pay for someone else's mistakes. If you can't call the shots, call a cab.

SAGITTARIUS (Nov. 23-Dec. 21) — Be on guard when having to negotiate with an individual about whom you know little. Not everyone has high standards.

CAPRICORN (Dec. 22-Jan. 19) — Although you're not likely to have a problem grasping the big picture, you could lack an eye for detail. To be on the safe side, tread carefully and don't trip over the little things.

AQUARIUS (Jan. 20-Feb. 19) — If you find yourself involved in some type of competitive activity, be it physical or mental, don't make any wagers.

PISCES (Feb. 20-March 20) — Don't jump to conclusions or base your judgment on sketchy information. Take plenty of time to make certain you have all the facts.

ARIES (March 21-April 19) — An endeavor might prove to be more difficult than you thought it would be, but that's no reason to scuttle it. You'll just have to give it more time.

TAURUS (April 20-May 20) — It might be one of those rare times when you'll lack discipline in the management of your resources. Unless you stop yourself from being overly extravagant, you'll regret it.

CROSSWORDS

Across
1 Go like heck
5 Code name
10 Lose on purpose
14 Upper hand
15 Hodgepodges
16 Lincoln who was the first screen Tarzan
17 D.C. dealers
18 Like a door with three people squeezing through it together?
20 Maker of Dex-Cool antifreeze/coolant
22 End of a conductor's shout
23 "Cotton Comes to Harlem" director Davis
24 Alice's restaurant
26 Biol. branch
29 Temperaments
33 Where to find wool?
37 Great way to have it
38 Milne joey
39 Helpers of the ill-suited?
42 Long-nosed fish
43 Expressionist Nolde
45 Out-of-control carpenter's tool?
47 Rauch who plays Bernadette on "The Big Bang Theory"
50 Depression
51 Name that means "cool breeze" in Hawaiian
53 Like the columns in the Jefferson Memorial
57 Lava rock
60 Nickname for Mendelssohn's Third Symphony
63 Title for Shakespeare?
65 Troubling spots
66 Chanteur Jacques
67 Dropped the ball
68 Fraternity letters
69 WWI German vice admiral
70 Hornet homes
71 P.D. ranks

I	M	A	C	■	S	E	N	O	R	■	G	N	A	W
N	A	P	A	■	N	A	U	R	U	■	R	E	M	O
C	O	U	R	T	O	R	D	E	R	■	A	V	E	R
■	■	■	T	A	B	L	E	M	A	N	N	E	R	S
A	Z	T	E	C	S	■	■	■	L	A	U	R	I	E
P	A	O	L	O	■	T	H	E	■	G	L	E	N	N
E	C	U	■	M	I	Y	A	G	I	■	A	N	D	S
■	■	T	R	A	C	K	R	E	C	O	R	D	■	■
B	A	D	U	■	H	E	M	S	I	N	■	I	V	Y
A	R	E	N	A	■	S	S	T	■	E	R	N	I	E
R	E	S	A	N	D	■	■	■	A	G	E	G	A	P
C	O	U	R	S	E	C	R	E	D	I	T	■	■	■
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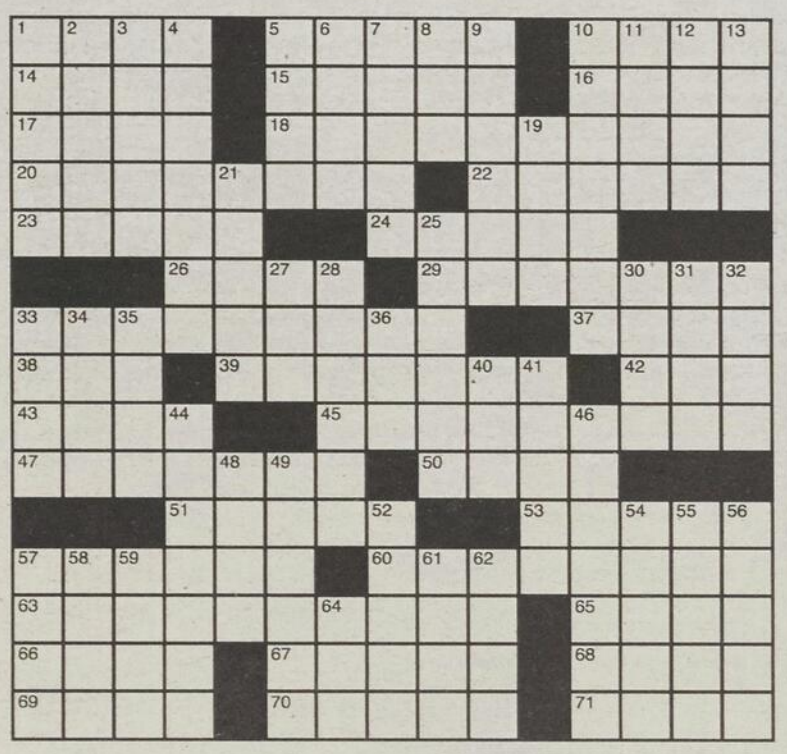
R	A	T	S	■	E	A	T	I	T	■	R	O	I	L
S	E	E	K	■	R	O	D	E	O	■	N	U	F	F

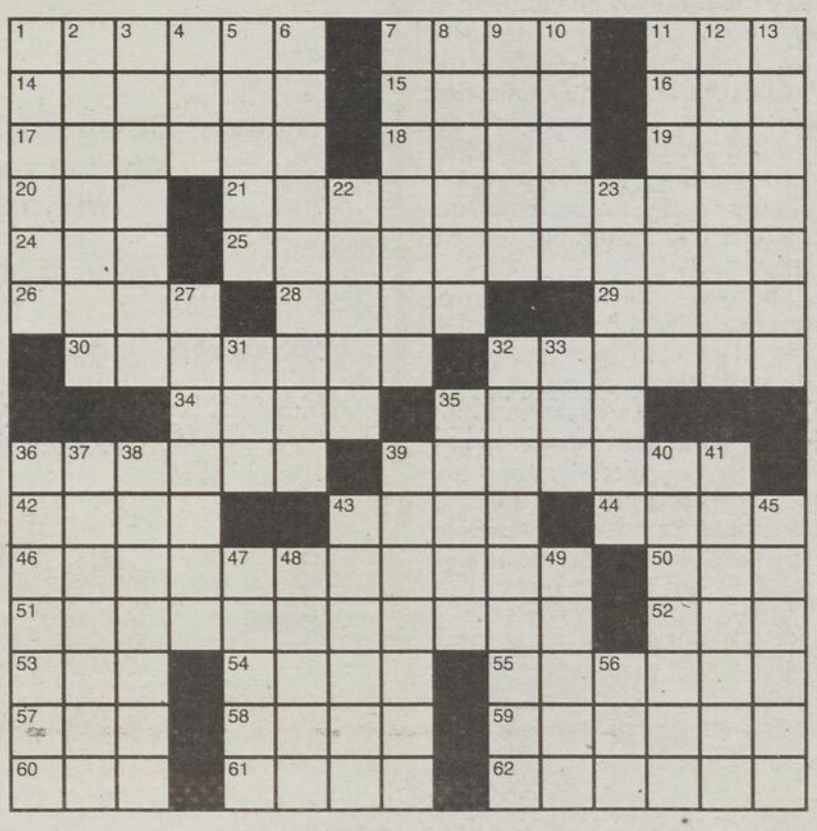
Down
1 Marx Brothers straight man
2 Stinks
3 Looks lustfully at
4 Delivery man?
5 "Got My ___ Working": 1957 Muddy Waters song
6 Buck heroine
7 Covered with frost
8 __ sister
9 Andorra neighbor, locally
10 Propriety
11 "Now, Voyager" actress Chase
12 Hosp. area
13 Broadway barber
19 Support in a swindle
21 Belief
25 Shown so you can't miss it
27 In the manner of
28 LPGA golfer Yani Tseng's homeland
30 Prego rival
31 Netherlands export
32 Certain Slav
33 Utah Valley University city
34 Iditarod terminus
35 Exhausting effort
36 11th-century date
40 Nutritionist's no.
41 Take a hike
44 Charming
46 Suit in a circus
48 Peddle
49 Bed sheet material
52 Manipulators
54 Specialized market segment
55 Isn't expanded?
56 Mating game
57 Strained-carrot holders
58 Group with many boomers
59 Fictional pirate
61 Tech news website
62 Track figures
64 MBA hopeful's test



Across
1 Philip II's force
7 Gaelic name for Scotland
11 "Top Gun" fighter
14 On-call accessory
15 Saturnine
16 Plug extension?
17 Egyptian symbol used as a logo by the band Journey
18 "__ and the Paycock": O'Casey play
19 Garfield's veterinarian
20 West end?
21 Barbecue sauce additive
24 Rejections
25 "Hard Times" chronicler
26 Wizard revealer
28 University of Latvia locale
29 Whiz
30 Rockefeller's successor
32 Civil
34 Powerful seniors' lobby
35 Mandlikova of tennis
36 What a shrug may indicate
39 CIA director before Petraeus
42 Lagoon of Venice resort
43 Random House co-founder
44 Sam's twin in "Lord of the Flies"
46 They're often discounted
50 Miss the mark
51 Skipped nothing
52 Sushi staple
53 Two after epsilon
54 Sistine Chapel ceiling depiction
55 Vestiges
57 Agnus __
58 Graduation party rental
59 Deerstalker feature
60 WWII spy gp.
61 Needlework in a parlor
62 Brisk

S	T	E	D	■	S	T	S	E	N	■	E	E	P	S
S	O	H	R	■	D	E	R	E	E	■	L	E	R	B
E	N	C	A	■	D	N	E	G	E	L	B	M	A	I
H	S	I	T	T	O	C	S	■	T	L	A	S	A	B
C	I	N	O	I	■	■	U	N	A	E	K	■	■	■
■	■	■	E	L	A	D	■	A	S	S	I	L	E	M
B	M	U	L	P	D	L	I	W	■	■	L	I	M	E
R	A	G	■	S	R	O	L	I	A	T	■	O	O	R
E	D	A	M	■	■	B	M	A	L	E	H	T	N	O
S	E	R	U	T	A	N	■	T	A	N	A	■	■	■
■	■	■	R	E	N	I	D	■	■	E	I	S	S	O
D	R	A	O	B	A	■	E	N	O	T	S	E	R	P
D	E	K	C	A	P	B	M	A	J	■	S	L	O	P
O	M	L	E	■	S	O	I	L	O	■	E	G	D	E
T	E	I	D	■	E	S	R	O	M	■	M	O	O	Z

Down
1 Cutting, maybe
2 Family game night site
3 Will, barring obstacles
4 National Poetry Mo.
5 Gives everyone a hand
6 Capricious
7 Deem
8 Mrs. John Quincy Adams
9 Cake pan trademark
10 Materialized
11 Hawaiian island once used as a quarantine site
12 "Thumbs up!"
13 Epitome of grace
22 "The Old Curiosity Shop" villain
23 Prehistoric toon boss
27 Partying it up
31 Morse code unit
32 Folk instruments named for a Greek god
33 A
35 Scheherazade's milieu
36 Ristorante sauce
37 Eponymous workout creator Joseph
38 Keats, in a Shelley title
39 Hairsplitting types
40 Cloying sentimentality
41 Space cadet
43 Well-expressed
45 Like fried wontons
47 Fictional blockade runner Butler
48 Argonauts' helper
49 Narrow band
56 Is for more than one?



Fordyce Branch Women's Institute

Although it was hard to believe that May had arrived, the members of Fordyce Branch W.I. gathered together on May 1, 2013 for their regular monthly meeting in Emmanuel United Church hall beginning at 1 p.m.

President Norma Sherrer welcomed everyone and recited the poem "Flowering May". The Apple blossoms pink and white, Perfume the month of May. Across the meadows emerald green, That dance in bright array. The lilac trees in loveliness, Bloom purple everywhere, And send their pungence far and wide, With fragrance through the air. The dandelions yellow gold, Adorn the fields around, And turn their faces toward the sun, Where rays of warmth are found. The violets so sweet and blue, Peek out from 'neath the trees, And smile with dainty tenderness, Among protective leaves. The tulips and the garden flowers, Are blooming oh so fast, And everything is bursting out, Now spring has come at last. (Gertrude Rudberg)

The Mary Stewart Collect and Salute to the Flag were said, followed by the singing of "O Canada" and "Happy Birthday" to Marilyn Mahannah (8th), our only May birthday girl. Motto for the month: "Worry is like sitting in a rocking chair, it gives you something to do but you don't go anywhere." Roll call was "Why should we read labels?" Naturally to find what ingredients are in the product and where it is from, were most of the answers. President Norma then gave us a good rule to go by as to where the product comes from. On the Bar Code if the numbers begin with 690,691,:692 the product comes from China; 000-009 Canada and the U.S.A.: 40-44 Germany; 49 Japan and 50 Britain.

The Minutes of the April meeting were read by Secretary Elizabeth Milroy and accepted as read. Business arising from said minutes: a discussion of Growing a Healthier You, Vesey's Seeds, which haven't arrived as yet and the bus to Convention (May 25th), which will be leaving from Canadian Tire at 7:30a.m. The ACWW Walk the World was done by some members at the mall in Cowansville. A donation will be sent from our branch. Correspondence included a letter from Campbell's Soup thanking us for our support re labels from their soups and telling what has been accomplished by the company due to them. A letter was also received from Reda Lewis' daughter, thanking us for helping at the reception held for her mother, following the burial at the graveside and with a donation, which was placed in the Memorial Fund, something Reda supported.

June Lamey presented her Financial Report, which was favourable, and no bills were presented.

New Business: The next section of Growing a Healthier You was discussed; All handicraft going to Convention must be given to President Norma by May 22nd. Convention will also hold a Silent Auction and wants our support by donating new items, especially anything baked or handmade. The June 5 meeting will begin at 11:30 a.m. with a lunch of sandwiches and desserts. There is to be a Surprise Guest Speaker at it. We can hardly wait! Prizes for the schools were discussed: prizes for Improvement in French in Grade 3 at Heroes'. As the members did not know if English is being continued in Grade 3 at St Leon's, it was decided that, if not, the prizes for Improvement in English would go to students in Grade 6.

As the Plaque, which has been on the large rock at our Picnic Ground has been stolen, it was decided that something had to be done. It was suggested that the Town of Cowansville be approached as to whether one of their Heritage Signs could be placed there. President Norma and June Lamey will look into this.

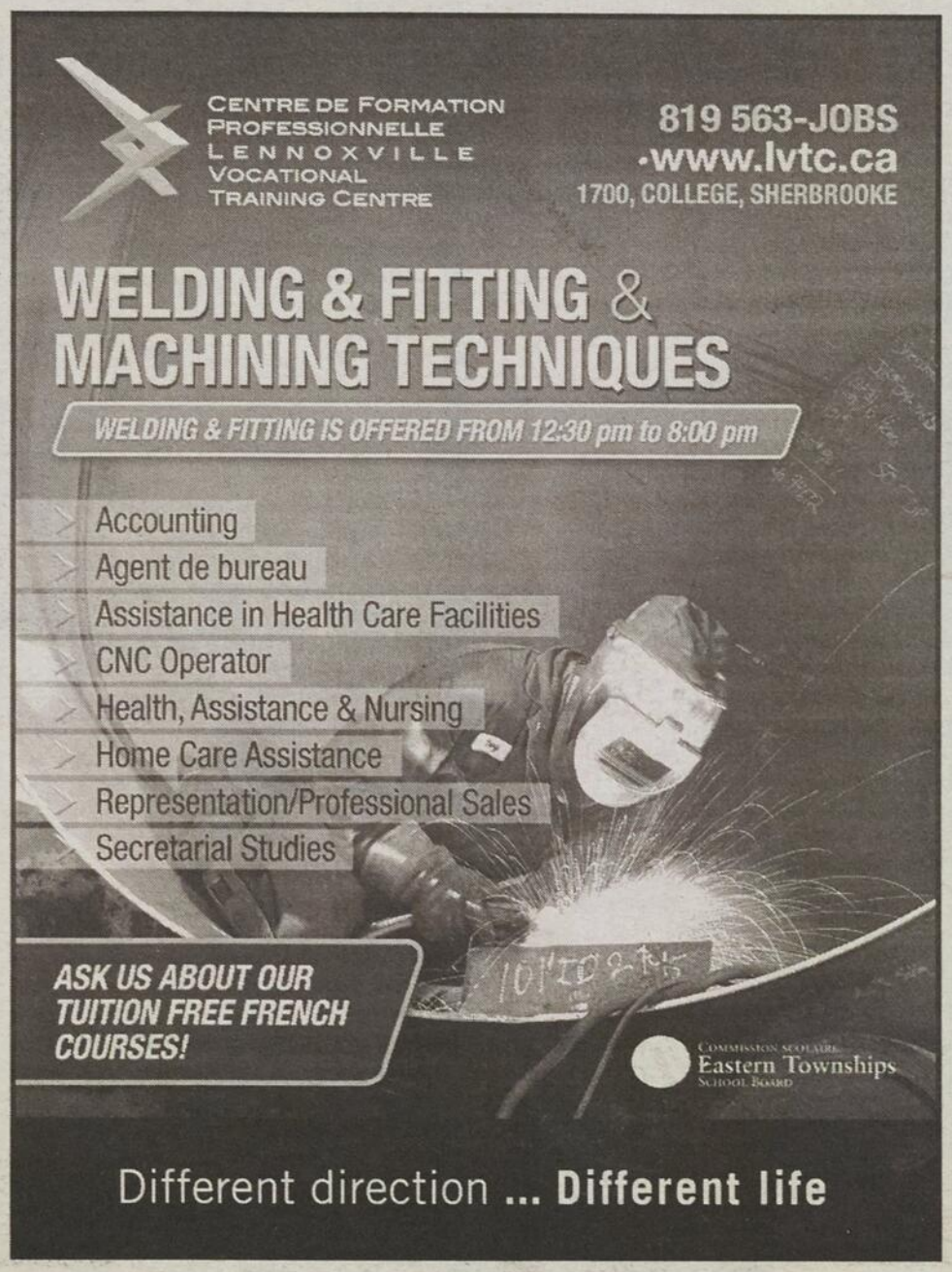
As Health and Community Chairperson Gert Barrand was in the hospital, it was decided that our Silent Auction would take the place of our program. We are happy to report that since then, she has returned to the Residence Principale.

Due to the amount of mail received asking for money, a discussion took place as to how much is given to those for whom the money is raised. It was surprising to learn that due to the large salaries and "Goodies" the CEOs receive or the poor management of advertisement, often only $0.22 or $0.39 goes to charitable causes. The best ones named were the Terry Fox Organization, which of every dollar raised gives $0.83; Shriners give $1.00 and Salvation Army gives about $0.93. Food for thought.

After Coins for Friendship and Tea Money were collected, the meeting was closed, then Grace said and tea and snacks were enjoyed. A nice surprise was that hostesses for the meeting, Mary Jones and June Royea, provided a lovely birthday cake for Marilyn Mahannah, who again heard "Happy Birthday" sung.

Soon we realized that it was time to say our "Goodbyes" and head home.

Submitted by
Evelyn Beban Lewis



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