

NORTH "Y" PLANS FALL ACTIVITIES

Basketball, Boxing, Swimming, Take Prominent Place In Season's Programme.

Plans are rapidly shaping up in North Branch Y.M.C.A. for the opening of fall activities. Many of the basketball enthusiasts have been pestering the staff with such questions as "Where is there a basketball? When can we get started?" To settle this question once and for all, Jim Walsh is calling a meeting of all interested in house basketball leagues for Wednesday night, September 12, at 8.00 p.m. All members and prospective members of North Branch Y.M.C.A. are asked to be on hand to give their opinion as how the league ought to be operated. Last year the house league was run in two successful sections, one before and one after the Montreal City and District Basketball League. Judging by the enthusiasm already shown, this year should surpass in success the achievements of last year. At this meeting will also be discussed what possible teams will represent North Branch Y.M.C.A. in outside competition such as the City League and the Inter-Y.M.C.A. League.

Chris Minta who coached the Boxing Club last year will again be leader of this section and reports that the boys will start training on September 27th. Most of last year's members will be back in this sport, and he reports several new boys will be lining up with the club.

Allan Turnbull who has played a large part in the building up of the North Branch Wrestling Club will be again at the helm. Last season this club developed Vernon Blake who won the 118 lb. provincial championship. Two or three other members of the club came into the semi-finals competition of the tournament. Many of the boys carried on their wrestling during the summer and enthusiasm prevails in this camp. While many join the wrestling club for the competition which it offers, others have as their main interest the development of strong, healthy, lithe bodies which this sport above all produces.

A great season is predicted in gymnastic work. Several of the leaders headed by Herb, Fisher, Frank Boston and Allan Hergen have continued apparatus work during the summer, setting up a temporary high bar and parallel bar in the lot beside the building, and carried on open air practices and demonstrations.

Alder Irwin has again been secured as coach of the swimming club. This will be his third year acting the instructor of this organization which has seen many youthful swimmers come forward to take high honours in inter-Y.M.C.A. swimming competitions. Advance swimming and ad-

CERCLE OUTREMONT WINS BASKETBALL CHAMPIONSHIP

Defeat Royals in Final Game Outdoor League, Clinching Title.

The final game of the regular series played August 29th on the Lafontaine Park grounds, between the Cercle Outremont team and the fast-stepping Royals resulted in a very fine exhibition of smart basketball, with the final score in favor of the Outremont Club, their win clinching the championship by the score of 24 to 12. This gives the local aggregation a clear cut right to the leadership, as of the nine games scheduled, they won seven by large margins against such strong teams as the Nationals, Royals and Verdun "Y", losing one game on the field and one by default, due to a misunderstanding on the part of some of the players.

To close the season in a befitting manner the N.A.A.A. directors asked the Outremont club to play an exhibition game with the All Stars selected from the Nationals, and the Royals, and this game, played Wednesday evening, was won by the Cercle St. Viateur Outremont team by the score of 38 to 29, a splendid record that will take some beating in future seasons. After the game, the Championship Cup donated by Mr. E. Charbonneau was presented to Alban Gauthier, manager of the Outremont team, to be held until won three times, by any of the teams in this league, and smaller cups were presented to players whose individual efforts in scoring were outstanding during the season, one being presented to Cyril Cloghesy of the Outremont team. The winning team's members were: Messrs. Gauthier, Flynn, Sage, McGowan, Parker, Cooney, Ramage, Cloghesy, Lanthier.

GARDEN PLOT PRIZES TO BE AWARDED TUES.

The prizes in the Rochon Garden Plot Contest, recently closed, will be presented to the winners at the Ward Office, 178 St. Viateur Street West, on Tuesday next, September 11th, at 8.30 P.M. by Alderman Rochon. Those whose gardens entitled them to the awards will please be present promptly at that hour. The list will bear repeating. It is as follows:

- 1—Mrs. Bankley, 5352 Park Avenue, \$10.
- 2—Fred Thearle, 5216 Jeanne Mance, \$5.00.
- 3—Mrs. L. Kauffmen, 5134 Jeanne Mance, \$5.00.
- 4—Miss J. Macdonald, 5337 Casgrain, \$5.00.
- 5—Miss E. Mackenzie, 5689 Esplanade, \$5.00.

Lawn mower presented by H. Pascal, for best flower bed, won by E. O'Shaughnessy, 5561 Jeanne Mance. Special prize, 10 pound bag Aero Plant Food, won by R. T. Samuel, 5615 Jeanne Mance.

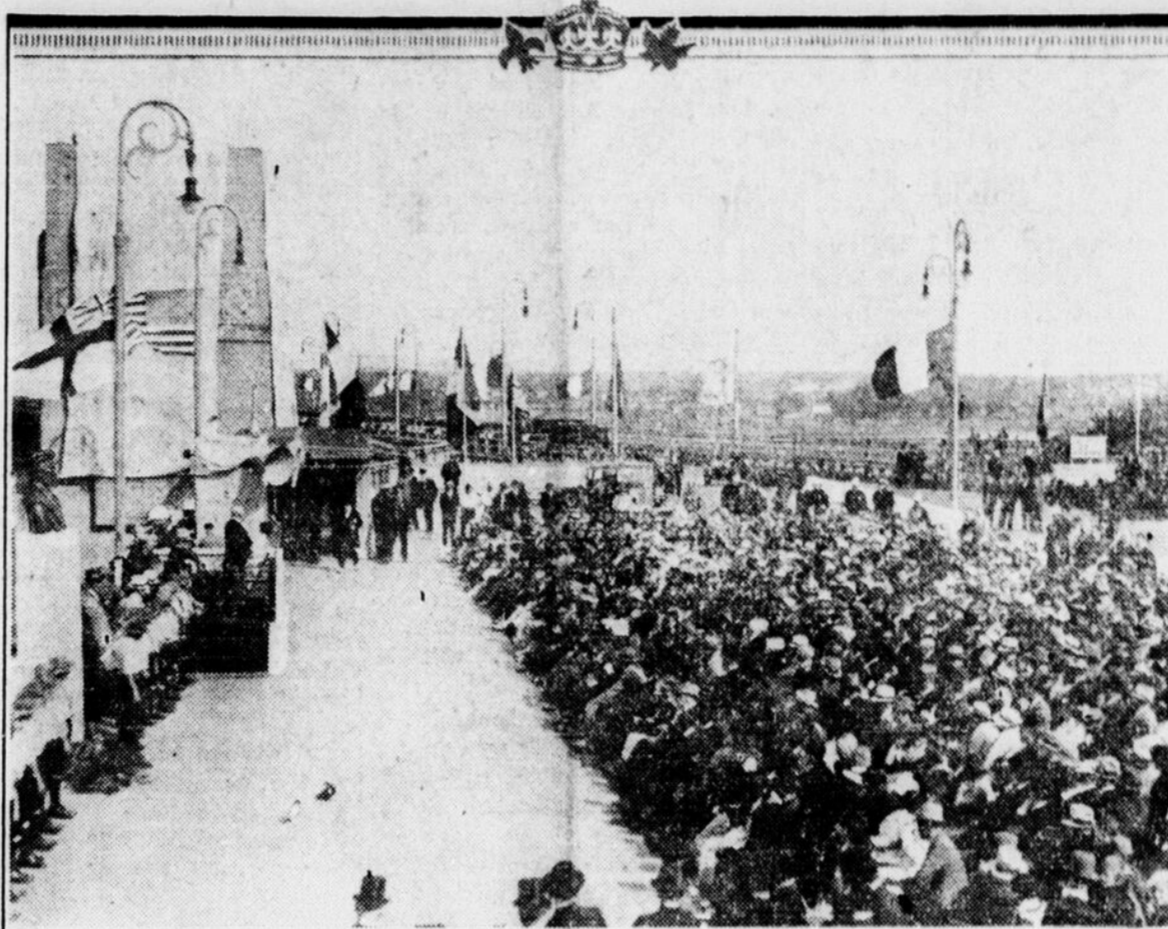
- ### Honourable Mention
- 1—Miss C. Girouard, 5813 Esplanade.
 - 2—F. W. Coote, 5699 Esplanade.
 - 3—Mrs. J. Jackson, 5830 Park.

Specially Arranged High Holiday Services At Y. M. H. A. Synagogue

As the years pass the Y.M.H.A. Synagogue, which incidentally, observes every Saturday and Festival of the year becomes more and more noted as serving, both as a congregation for youth, as well as satisfying the most orthodox feeling of parents and grandparents. It has become a well-known fact that the special services conducted during the High Holidays in the "Y" Synagogue are beautiful in themselves, spiritual in their content and dignified in their appeal to young and old.

This year the Committee in charge advanced life-saving as well as the regular monthly competition will feature the program of this club during the coming season.

A Fitting Tribute To Two Great Discoveries



By a curious coincidence the unveiling of the bust of Jacques Cartier, the gift of the French Government, on September first, on the Montreal bridge which now bears his name, commemorated not alone the great discoverer of Canada, but also the sixtieth anniversary of Alexander Graham Bell's discovery of the principles of the telephone in Brantford, by virtue of the fact that a special public address system was used that the vast crowd of spectators might hear what was said. This was installed by National Sound Services, using the latest developments of the combined telephone and radio laboratories of the Northern Electric Company, thus marking a double epoch of Canadian discovery.

In the picture are seen left, bust of Jacques Cartier, the Speaker's Stand with Mayor Houde seated behind the speaker, the horns of the public address system, and centre foreground, two of the pigeons which were released by boy scouts signifying the harmonious communications between the four nations.

Need For Clothing Among Unemployed Becoming Acute

The need for proper clothing among the unemployed in the district and their families is, according to information at hand, becoming serious. Autumn weather is already here, and the snow will be flying ere long. If there be a repetition of the extreme winter experienced last season the suffering to which the needy will be exposed is not difficult of visualization. Cases of almost unbelievable poverty are reported daily. One instance is cited of a woman well up in years, and all her life a devout churchgoer, who can no longer attend services because of an absolute lack of underclothing; another of the mother of a family compelled to fashion covering for herself as best she may out of burlap bags. Her children may not leave their flaps, such as it is, unless they go bare-

foot. Attendance at school is impossible. And so it goes. Well-intentioned workers are doing their utmost to correct conditions, but are hampered by non-cooperation on the part of the more fortunate. This, it is felt, is due to a lack of appreciation of the gravity of the situation. Mr. J. McKenna, ward secretary, therefore wishes it made known that he will be glad to send anywhere at any time for boots, shoes or clothing of any description, and will be responsible for the proper distribution of such donations in sections where the need is urgent. Mr. McKenna can be reached at the ward offices, 178 St. Viateur street, or a call at DOLLARD 7259 will bring an immediate response. It is unnecessary to add that any assistance in this direction will serve a kindly purpose and be greatly appreciated.

MacVICAR MEMORIAL CHURCH NOTES

The Rev. Dr. Potter preached at both services in MacVicar Memorial last Sunday after some two months and a half absence due to a serious operation for appendicitis and subsequent period of recuperation and recovery. With church life and work

have left nothing undone to add to the pleasures which the holiday season offers. The Rev. Mr. H. Rotblatt, who will officiate as cantor, has been rehearsing a group of twelve Juniors for the purpose of a choir for congregational singing. This group will serve as a nucleus which will enable everybody to join in the responses.

Provision has been made for very appropriate sermons on all three days. Mr. Mordecai Mendelsohn, prominent Zionist leader, pedagogue and lecturer, will speak in Yiddish on the first day Rosh Hashanah. Rabbi A. I. Rosenberg, prominent local scholar, will occupy the pulpit on the second day, addressing the congregants in English. Both on the Eve and Day of Yom Kippur, the Rev. Arthur S. Super, of Jews' College, London England, will be the guest preacher in English.

The seating committee will be in attendance to assist members in choosing their seats.

The Machzar which has officially been adopted by the Association, is the translation edited by Dr. Herbert M. Adler, containing many translations by Israel Zangwill, Nina Salaman, Arthur Davis, and Elsie Davis.

REGULATIONS GOV- ERNING CIRCULAR DISTRIBUTION

Since the Examiner-Courier first began, at the suggestion of those charged with this important duty, an agitation for the keeping of the thoroughfares in a more orderly condition, a decided improvement has taken place. Circulars and printed matter of a kindred nature, however, although to a lesser degree, still find their way into the streets. The opinion persists that this is due to faulty distribution by inexperienced persons, unauthorized to so distribute. Sections of the regulations governing such distribution should be of interest. Excerpts therefrom follow:

"Clause 158—Permits for agents distributing circulars to houses are fixed at \$5.00. (The word 'agent' here does not apply to the regular and salaried employe of a commercial establishment within the limits of the city, and distributing the advertisements of his own establishment exclusively.)

"Clause 255, Section 46—No permit . . . will be issued by the City Treasurer without the recommendation in writing of the officials herewith designated." Then follows a list of the officials referred to.

Attention is directed to the expression "Regular and salaried employe" in Clause 188, quoted above.

OUTREMONT PRESBYTER- IAN CHURCH NOTES

Sunday, September ninth, will see the regular services resumed after a period of two months, during which time joint services were held with the MacVicar congregation. The Sunday School will also hold its opening session at three o'clock in the afternoon, under the direction of Mr. S. F. Robins, superintendent.

Mr. McLean, who has been conducting services at Kensington Presbyterian Church during the past three Sundays, will return to the pulpit at Outremont on Sunday.

The choir will begin the fall season under the leadership of Mr. J. McLean, Marshall, organist and choir-master. Evening services are at 7 p.m. A cordial welcome awaits you at this Church on Davaar ave., near the City Hall, Outremont.

General Health

By Dr. L. Goldman

WHY QUARANTINE?

Now that school has reopened what protection do we desire for our children when going to school? School buildings should be clean, healthful and fireproof. They must meet with certain laws and regulations, and most of the schools do so. But what protection do we have against disease in childhood we have these contagious diseases such as diphtheria, smallpox, chickenpox, measles, German measles, whooping cough and scarlet fever. Children to-day are well immunized against diphtheria and smallpox, but against the others we still have no protection. The oft-repeated saying that you must have measles is ridiculous, and it is not necessary to place well children together with the sick ones. Doctors have the most difficult time reporting contagious diseases, since parents refuse to cooperate. The excuse is the child will not be promoted or it is too troublesome to keep them all at home. Parents and doctors are both responsible, and both are liable to fines and imprisonment if cases are not reported.

If quarantine is well carried out, epidemics of these diseases would be avoided, and we would know that our children receive some protection in that direction also. People should not be selfish; think of somebody else's child. Do not send your children to school if they have, or somebody else in the house has, a contagious disease. Think of your neighbour as you would want him to think of you. Insist that your doctor report the case to the Health Department, and keep your children at home.

NAT. TAILORS' NEW DRY-CLEANING PROCESS

The National Tailors, at 1323 Van Horne Avenue, Outremont, wish to direct attention to their new "Re-Vite" process of French dry-cleaning, which, they state, achieves splendid results in the direction of restoring color, reshaping and imparting new vitality to clothing of all descriptions. The process, it is stated, is absolutely odorless, and the cost is no more than

FULLER SCHOOL ADDS TALENTED ARTISTE TO STAFF

Celebrated Danseuse Now At Widely-Known School of Dancing, Singing, Dramatic Art.

The Fuller School of Dancing, Singing and Elocution will commence its fourth season's work in this City on September 10th under particularly auspicious conditions. Already, in a surprisingly short space of time the Fuller School has made an enviable place for itself in the artistic life of Montreal and district. The end-of-term recitals given by pupils of all branches of the School will be remembered as a rare artistic treat by a large section of the community.

DANCING

Sylvia Fuller, whose work as Dance Instructress is well known here, announces that she has secured the services, as assistant, of Waneyo, solo danseuse of the Roxy and Paramount Theatres, New York, Casino de Paris and many other theatres in France, Spain, England and America. Waneyo has also travelled extensively in the Far East, and has made a special study of the native dances of Java.

SINGING

Voice-training, founded on the methods of the great Italian masters of "bel canto", song-interpretation, and coaching in English, French, Italian and German are in the hands of R. Harcourt Fuller, of the teaching staff of McGill University Conservatory of Music. Mr. Fuller was himself formerly a member of the British National and other Opera Companies. Pupils in this department have already achieved success in the following examinations: McGill University, Faculty of Music, "Performers' Final" (qualifying for the Diploma of Licentiate of Music), "Teachers' Final", and "Intermediata" (Local).

DRAMA

The highly successful performances given by the Adult and Children's Drama Classes during the 1933-'34 season have resulted in the preparation of a very much more comprehensive programme for the coming term. This course will include instruction in Stage Department, Gesture, Diction, Characterization and the Art of Make-up, as well as the study and performance of plays. Classes for Children and Adults will be under the direction of R. Harcourt Fuller.

ELOCUTION

Private and class instruction in the art of Dramatic and Humorous Recitation, for children and adults will be continued as in previous seasons. A public-speaking class for adults will be arranged.

that regularly charged. This firm has been in business in the North End for fifteen years, the last eight of which have been spent in Outremont. Its turn-out is known to be generally excellent, particularly so as to repair work.

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—Park Extension and Montreal Annex

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MONTREAL, FRIDAY, SEPTEMBER 7th, 1934.

By And For The Workers

Upton Sinclair (one contemporary called him "Upton"), novelist, playwright, gubernatorial nominee of the Democrats for the State of California, and socialist par excellence, advocates the manufacture "by the workers for the workers", of their own requirements. In which there is nothing new. Systems of barter and exchange have been in existence now for some time. And, where they have been properly organized and managed, they have been quite successful. In certain instances indeed, the unemployed, where they were sufficiently practical, and had the hearts and determination, have, for example, worked on farms, taken their wages in produce instead of in dollars, turned it into a common fund, marketed their surplus, and by repetition, built remarkably efficient organizations — pulled themselves up, literally, by their own bootstraps.

The latest development with regard to Mr. Sinclair has, however, uncovered a new vein. This is to be found in the expressions of opinion of some commentators anent his political aspirations. Many of these commentators, and in the most unexpected quarters, endorse his advocacy of the "by the workers for the workers" policy. And it would seem that its adoption, on a grand scale, would be a very satisfactory arrangement. It would give work to idle men and women who do not want, — but are forced to accept charity — or starvation. It would embellish with an earning capacity millions of presently non-productive dollars, now distributed as the "dole". And it would also restore the morale of thousands upon thousands of once good citizens, who are slowly but surely going to pieces.

But — and the "but" looms prominently — where would the raw materials come from with which to begin this "by the workers for the workers" movement? For there would have, in the beginning, to be raw materials. And the process of their transition into finished products would require large amounts of money. But it would seem that the results might be well worth while. Who's going to start it?

School Opens Again

The school are open again; the long pleasant summer holiday has come to an end; the stores of the district are piled high with text books; and the boys and girls are getting ready for the nightly grind with homework. Dad and Mama are wondering, as little Johnny goes up another grade, just how much further they can be of assistance to him in the problems he brings home in the evening, which get more difficult with each passing year. And Johnny has grown so big on the sunshine and fresh air of the holidays, that Dad views with some misgiving the increased cost of the young man's sartorial equipment — and Johnny's ideas are well formed on the matter. High school veterans, entering their last year, and wee tots starting off to school for the first time, and all the in-betweens, are away on another lap of the journey through life.

Local school principals report another increase in enrollment. Final figures are not yet available, but practically all local school heads agreed that more children would be in the schools this year than ever before. The causes for this are as follows: The continuance of the business depression which has made jobs for young men difficult to obtain; the usually large number of failures in last June's examinations which has had the effect of bringing back to school many who would otherwise have graduated; the increase of the population of this district; and an unusually large number of September leases expiring, which has resulted in hundreds of families moving to Notre Dame de Grace from other parts of the city.

The local schools were overcrowded last year, and from present indications, they are going to be more so this session. It is true that some local pupils are to be transferred to the Montreal West School, but this will not relieve permanently a situation that has been developing in this ward for some years. It would appear that the next step toward solving the problem of overcrowding would be the building of a new school on the property owned by the Board on Somerled Avenue.

New Relief Racket

While business in Canada shows an improvement of 40 per cent. from the low and the number of new jobs that have been created runs into six figures, the cost of relief has abated but little. Already the word is being quietly passed around that unemployment relief has become a permanent part of Canada's social economy; the taxpayer is being prepared for unceasing contributions to the support of the "jobless" the assumption being that even in good times there will be thousands of people, who either will not be able to obtain work or will not want to work, and will therefore have to be housed, clothed and fed at the expense of the State. In brief, relief, up to now a necessity, is gradually becoming a racket. The mere distribution of relief has created jobs for thousands; these thousands want to hold their jobs. It has provided a simple system for the redistribution of wealth. The rich pay taxes and the poor get relief; that is the theory. But the effect of Tax Socialism of this character is to cramp enterprise to the point where all classes of producers, and chiefly the farmers and the workmen, are impoverished. It will require firm and possibly arbitrary action to liquidate the relief racket. It is too early yet to abandon all State assistance to the unemployed or otherwise distressed. Despite the improvement in business there are still thousands of families without the means of subsistence. Having undertaken to look after the needs of these families the various governments must continue to do so. But week by week the relief bill should be dropping; week by week it should taper off until it disappears entirely with improvement in business. Prime Minister Bennett apparently has some such idea in mind in planning to alter the arrangement under which the Dominion contributes to the relief bill of the provinces and the Dominion. His plan of making specific cash contributions to the provinces will enable him to effect a gradual reduction in the payments, based upon the improvement that takes place in each area. The prime minister's proposal promises eventual escape from the racketeering phases of relief without leaving the destitute uncared for. Those who complain of diminishing relief payments in the face of rapid re-employment of the jobless are either ignoring the facts, playing politics or supporting a racket.

—The Financial Post.

Letters to the Editor

Editor,
"Examiner-Courier."
Dear Sir:
Knowing full well the good work your and our paper has been doing for the unemployed and business men of the North End and city at large, we would and will see that this paper of ours gets more co-operation.

We young men belong to the parent body of the Independent Labour Association; address 5402 St. Lawrence. We do not want to interfere with heads of families, we leave that to our parent body. Our aim is to form a Young Men's branch of the Independent Labour Association of St. Michael's Ward, with the full consent of our parent body, with their permission to use said Hall. Our intention is to run a dance, social or other entertainment, funds to be used to clothe our unemployed young members and to keep our young men and girls from going down town. Next Tuesday evening will be our first attempt to show the public that the young men of St. Michael's mean business, first, to help one another. Doc Reed's Orchestra will be in attendance.

Hoping your paper will use its influence to help us along. We have capable, young men and girls who are willing to work. Donations of clothing, furniture, etc., will be gratefully received.

Yours thankfully,
PAT FLANAGAN,
Sec'y.

FAIRMOUNT ST-GILES CHURCH NOTES

After two happy and helpful months of worship with the congregation of Temple Baptist, Fairmount-St. Giles will re-open fall and winter services in its own Auditorium next Sunday, September 9th. Both services will be in charge of the minister Rev. Burton H. Robinson, and Mr. A. J. Binnie will be in charge of the choir and musical services. The minister will continue his series of addresses, "Men Who Knew Him," at the eleven o'clock service, and in the evening, "The World of Jesus and Our Own." There will be the usual choir numbers, with solos by both Mrs. H. McAuslane and Mrs. Edith Miller.

The first sessions of the Sunday School will also be open a three p.m. in charge of the general superintendent, Mr. R. P. Bissell, and his assistants, Messrs. R. A. Tarlton, and D. R. Anderson, senior department; Mr. Norman Robertson, junior department; Mrs. H. Kingsley, primary department; Miss K. Blackwell, beginners' department; Mr. Chas. Hollis, Chinese department. Parents are asked to co-operate with the Sunday School in arranging for the children to return to the sessions.

The Ladies' Aid, under the presidency of Mrs. P. J. Jordan, held a well-attended meeting on Tuesday afternoon to consider plans for the fall and winter work.

The Young People's Society of Christian Endeavour will hold an opening social meeting in the Lecture Hall of the Church on Monday, Sept. 10th, at 8 p.m.

The Women's Missionary Auxiliary will hold its first meeting next Tuesday afternoon, with the president, Mrs. Athold, presiding. The speaker will be Mrs. Walter Patton, whose subject will be "The Fellowship of Those Who Serve." This organization is planning for its annual Fall "Hostess Tea" on Thursday, Sept. 20.

MONTREAL MOVIES

Notes and News on Coming Pictures of Local Interest
By ERIC MORRIS

I was very agreeably surprised the other day, when I saw two Monogram releases which I didn't expect to be very entertaining, and which turned out to be very fine pictures. They were "The Sin of Nora Moran," and "Manhattan Love Song," both of these flickers just go to show that although a picture isn't advertised tremendously, it can still be good. Mr. Morris Davies of Empire Pictures deserves congratulations.

The other day, when "House of Rothschild" was playing in N. D. de G., there was a picture "sneaked" in for the Monday and Tuesday performance of the show. It was "Meet My Sister," and although it was a sneaked "fill-in," so good was it, that it detracted somewhat from the main feature. No bombastic advertising... but the people know a good show when they see it.

Very soon the censors will be having a nervous break-down. Agitation in United States is now so great that

several of our leading actors and actresses including Mae West, are going to be asked to retire from the screen. Three pictures have just recently been banned. "The Girl from Missouri" alias "100% Pure" alias "Born to be Kissed" with Jean Harlow, is number one, "Lazy River" with Robert Young and Jean Parker has now been officially condemned. Franchot Tone's latest is also distasteful, it is called, "Straight is the Way."

News on New Productions: Walter Donaldson and Gus Kahn, two popular song-composers, recently completed songs and lyrics for Cantors fifth, "Kid Millions" . . . Nina Koehetz, international opera star has been added to the cast of Anna Sten's latest Un-ited Artists Production, "We Live Again" with Frederic March . . . John Balderston, author of "Berkeley Square," and adaptor of "Frankenstein" and "Dracula," has completed the script for "The Mystery of Edwin Drood" now on the set at Universal . . . "Tailsipin Tommy" breaks into the movies! Yes, sir, after a month or two searching for a star for this picture, Universal picked him right up at their front doorstep. His name is Morris Murphy, and is an aviator . . . "Good-bye Mr. Chips" is being acquired by M-G-M for production soon . . . Maurice Chevalier who is just completing work on "The Merry Widow" for Metro, has signed a long-term contract with that company. With him in the "Merry Widow" appears Jeanette MacDonald.

Local Theatres: "Manhattan Melodrama" which played locally last week was, incidentally, the picture Dillinger saw when he was shot. The new show season, which opened with a bang down town this week, will soon take effect in Notre Dame de Graces.

Evelyn Laye, the beautiful British stage and screen actress, whom we saw in the unsuccessful "Waltz Time," arrived at the West Coast studios of M-G-M to commence work in "Tiptoes," in which she co-stars with Ramon Navarro.

The cast for "David Copperfield" has been announced. Frank Lawton is "David," Edna May Oliver as "Aunt Betsy Trotwood," Lionel Barrymore as "Dan Peggotty," Roland Young as Uriah Heep, Lewis Stone as "Mr. Wickfield" Maureen O'Sullivan as "Dora," Basil Rathbone as "Mr. Murdstone" and Herbert Mundin as "Barkis." The adaptation was prepared by Hugh Walpole.

Continuing to list my pictures in three divisions every three weeks, the following letters represent the different classes. A:—perfect entertainment, B:—moderately good, and C:—poor.

A: Little Miss Marker, House of Rothschild, Palooka, Black Cat, Manhattan Melodrama, I'll Tell the World, Moulin Rouge.

B: Stingaree, Riptide, Double Door, Thirty Day Princess, Witching Hour, Stand Up and Cheer, Crime Doctor, Finishing School, You're Telling Me.

C:—Sisters Under the Skin, Three on a Honeymoon, Change of Heart, Sing and Like It, Fury of the Jungle, Insult, The Lost Chord, Jack Ahoy, It's a Boy, I Believed in You, Aunt Sally, Heat Lightning, Wine, Women and Song, Night of Terror, Bottoms Up, Murder in Trinidad.

Jean Chabrun, a screen newcomer who has played several bits in recent films, has been signed to a long-term contract by Metro-Goldwyn-Mayer. Her first role under this contract has not yet been selected.

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High Holiday Services At Rialto Hall

Announcement is made that High Holiday Services at the Rialto Hall will this year be conducted by the famous Cantor Remenk, formerly of the Austrian and Chevra-Kadisha Synagogue, assisted by a number of singers from the celebrated Zimroh Choir. Tickets are on sale all day today, tomorrow evening and all day Sunday. They are reasonably priced at from \$1.50 up and the accommodation is excellent.

CORRECT POSTURE FOR POISE



THE WAY TO Beauty

by Helena Rubinstein
Noted Beauty Authority

The poise that you admire so much in sophisticated women is, you will discover, greatly a matter of standing and walking correctly. I have seen homely women, with a graceful carriage, attract the attention away from women who were far more beautiful and yet who slouched.

A graceful carriage comes from good health, and an abundance of energy and exercise in the open air. Outdoor exercise in the form of tennis, swimming or just walking will help develop a smart, rhythmic walk.

But grace and ease of carriage are attained in many ways. In this let us take a lesson from the natives of the South Seas who carry heavy water jars on their heads. It is truly delightful to follow their relaxed, rhythmic walk. Practise this with a book on your head and you will soon realize how controlled your muscles must be to accomplish this perfect balancing.

Strong limbs will give grace and

vitality to your walk. You should therefore strengthen these muscles with leg swinging exercises and high kicking. The muscles of the thighs can be exercised by standing on tip-toe, then slowly coming to a squatting position.

Awkward, heavy hips can be eliminated by rolling on the floor. Even if your family laughs at your antics, you will be rewarded by a slim, girlish figure.

Sleeping without a pillow is rather a Spartan habit, but it is a certain way to avoid the Dowager's hump on the back of the neck. If you will try it, I can guarantee that within a few weeks you would not go back to the pillow.

Correct posture is only attained by a vigilance that commences when you get up and ends when you fall asleep. You must always be careful to sit correctly and walk with head up and shoulders down. One day of careless slouching can undo a month of the correct posture. So don't forget, even for an hour!

If your back is tired, stand up and drop forward the upper part of the torso, forward and down, until you are hanging limp from the waist. This will rest and relax you.

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The Association held its fourth successful social evening, Saturday last, which was very well attended, all present apparently having an enjoyable evening. The membership is gradually increasing and doubtless great things will be accomplished in the future.

A Young Men's section is being mooted as part of the activities, and entertainments are being arranged to benefit the unmarried members, who, under the present constitution, are excluded from such benefits as may accrue.

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NAVY SUIT for boy of 16, well-made, also fall overcoat, track shoes, football boots, hockey equipment, owner gone abroad. DE. 9942. P-207	EDUCATIONAL FLETCHER MUSIC METHOD Miss N. G. Allen will open her classes and private tuition, Sept. 10th, at studio, 6057 Durocher Ave., Outremont. G-9	TRADE and BUSINESS CARDS THIS PAPER is distributed by the National Sales and Distribution Co., successor to Dominion Messenger and Signal Service, 477 St. Jean Baptiste, HA. 9101. G-10
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FASHIONS

WOMEN'S PAGE

HOME CRAFT

Lighter Fillings For Pies Tempt Most Casual Appetite

Following are further suggestions for tarts and pies that will meet with your family's approval during the early fall season. These light, rather tart fillings are more popular at the present time than the sweeter, more solid type of filling enjoyed during the cold weather.

Golden Tarts

- 1 1-3 cups (1 can) condensed milk
- 3 oranges
- 1/2 lemon
- 3 tablespoons granulated sugar
- 3 eggs
- 12 baked tart shells or 1 large pie shell

Blend the sweetened condensed milk with the diced pulp and juice of the oranges and the juice of the lemon. Add the well-beaten egg yolks and pour into the tart shells. Cover the top with meringue made by beating the egg whites until stiff and adding the sugar. Bake for 15 minutes or until the meringue is brown, in a moderately slow oven (350 deg.

F.). Makes 12 tarts, or if the pie shell is used — 1 large pie.

Lemon Tarts

- 1 cup sugar
- 3/8 teaspoon salt
- 1 cup boiling water
- 4 level teaspoons cornstarch
- 4 tablespoons cold water
- 2 egg yolks
- 3 tablespoons lemon juice
- 4 tablespoons butter (1/4 cup)
- 1/2 teaspoon grated lemon rind
- Tart shells

Moisten the cornstarch with the cold water. Place the sugar, salt and boiling water together in the upper part of a double boiler, over boiling water; add the cornstarch and cook for 20 minutes, stirring vigorously until the mixture is transparent; then occasionally during the remainder of the cooking. Remove from the fire and pour over the beaten egg yolks. Add the butter, lemon juice and rind and mix well. Fill the tart shells and top with meringue.

To make the meringue, beat the

Celebrated Danseuse



Betty Speirs announces the opening of her Academy of Dancing for the new season.

egg whites until they almost hold their shape, add 6 tablespoonfuls of sugar and beat until the egg whites do hold their shape. Place in the tarts and brown in a slow oven (300 deg. F.) for about 15 minutes.

Deep Blueberry Pie

- 4 cups blueberries
- 1 cup sugar
- 4 tablespoons flour or quick tapioca

2 teaspoons lemon juice
Plain pastry
Mix the flour and sugar and add to the berries with the lemon juice. Place in a greased baking dish (about 7 inches in diameter and 3 inches deep). Cover with a nice short pastry. Trim the edges and press with the tines of a fork. Cut several gashes in the pastry to allow for the escape of steam. Bake at 450 deg. F. for the first 15 minutes, then at 350 deg. F. for the remainder of the baking. (About 25 to 30 minutes).

Cream Cheese Pastries

- 1/2 cup shortening
 - 3 ounces cream cheese
 - 1 cup pastry flour
 - 2 tablespoons cream
 - Jam, jelly or marmalade
 - 1 egg
- Cream butter and cheese together. Sift flour and work butter mixture into it, add cream and mix well. Turn on to a floured board, roll to

one-quarter inch thickness and cut with a large round cutter. Wet the edges with cold water, put a teaspoonful of jelly or jam in the centre, then fold over and press together. Place on greased pan, brush with slightly beaten egg, sprinkle with powdered sugar and bake fifteen minutes in a hot oven — 425 degrees F.

Potato Lemon Pie

Add one tablespoonful of butter, a quarter teaspoonful of cinnamon and a teaspoonful of salt to a cupful of hot mashed potatoes. Beat two eggs and add to a half a cupful of milk and half a cupful of sugar. Stir till dissolved and add the potato mixture with the juice and grated rind of half a lemon. Line a dish with pastry, pour in the mixture and bake in a moderate oven. Just before the baking is finished, sprinkle chopped almonds or pecans over the pie and brown delicately.

Tea Tartlets

- 1 cup heavy cream
 - 2 egg yolks
 - 4 tablespoons sugar
 - 1 egg
 - Grated rind of 1/2 lemon
 - 1 tablespoon shredded almonds
- Line muffin tins or tartlet tins with puff or flaky paste. Beat eggs until thick and lemon-colored, add sugar and continue beating until it is thoroughly blended. Add other ingredients and mix well. Pour into tartlet shells and bake for 5 minutes at 450 deg. F., then reduce the heat to 300 deg. F. and continue baking until filling is firm. When cool, powder with icing sugar. Makes 19 tartlets.

A child, like a savage, has a dim feeling that naming an object gives him some sort of power over it. — Prof. Douglas Guthrie of Edinburgh University.

NEW FRUIT SALADS

Sometimes, when it is not convenient to serve a vegetable salad with luncheon or the evening dinner, a dessert salad made of fresh fruits may be used to supply the "uncooked, fruit or vegetable" which nutritionists tell us should be included in every day's diet.

Orange Cup Salad

- 3 large oranges
- 1 grapefruit
- 1 cup cubed and sweetened pineapple
- 1/4 cup fruit sugar
- Maraschino cherries
- Mayonnaise diluted with whipped cream and lemon juice

Peel the grapefruit, remove all membrane and cut in rather small pieces. Cut the oranges in half and scoop out the pulp carefully; cut in as neat pieces as possible. Mix this with the grapefruit and pineapple, sprinkle with sugar or a little drizzled honey and add a little of the fruit juice or syrup from maraschino cherries. Chill. Put the fruit in the orange cups, add the salad dressing and decorate with two or three cherries.

Soda Fountain

Recipes

We have on hand a request for milk beverages to be mixed by electricity — using the beater attachment of a homemixer.

Chocolate mixtures are favorites with young and old. Following are a number of mixtures that we have served to our own staff:

Cocoa Syrup

First of all, you will require a good cocoa syrup and chocolate syrup to keep on hand. Following are our own favorite recipes:

For the cocoa syrup mix together 1 cup good quality breakfast cocoa (about 1/4 pound) and 1 cup of sugar. Add 1 cup of cold water and stir until smooth, then add 1/2 cup of boiling water and simmer over a moderate oven for 4 or 5 minutes, stirring constantly. Remove from the fire, add 2 teaspoons of vanilla extract, cool slightly, then pour into a clean jar with a tight cover. Store in a cold place.

Chocolate Syrup

4 squares melted unsweetened chocolate
3/8 teaspoon salt
1 cup sugar
1 1/2 cups boiling water
Melt the chocolate in saucepan placed in a larger saucepan of boiling water, and sugar and salt and stir until well mixed. Add boiling water gradually, while stirring constantly. Boil 5 minutes or until a syrup is formed. Cool, turn into a jar and keep in refrigerator or cold place.

Chocolate Milk Shake

Combine 1 tablespoon of cocoa or chocolate syrup, 1 glass of milk and cracked ice in order given and beat with electric beater, or shake well.

Cocoa Float

For each tall glass of milk allow 1 dessertspoonful of cocoa or chocolate syrup. Beat syrup and milk, pour into glasses and top with vanilla ice cream.

Chocolate Shake

For individual portion, use 1 egg, 1 dessertspoonful of cocoa or chocolate syrup, 3/4 glass of milk. Beat the egg yolk, add syrup and milk, beat until foamy. Put ice in tall glasses; add the cocoa mixture. Beat egg-white until stiff, add 1 level teaspoonful of fruit sugar, and pile lightly on the mixture, sprinkle a little nutmeg over the top.

Vitamin Pick-Me-Up

For individual portion, use 1 egg, 1 cake compressed yeast, 1 dessertspoonful of chocolate or cocoa syrup, 1 glassful of milk. Soften the yeast in a little of the milk. Slightly beat the egg, add the syrup, the milk and the softened yeast. Beat until foamy, pour over shaved ice in a tall glass.

The friend who is not in need these days is a friend indeed.

Dessert Fruit Salad

- 2 oranges
 - 1 apple
 - 1/4 grapefruit
 - Juice of 2 lemons
 - 1 cup water
 - 1/4 pound white grapes
 - 4 bananas
 - 1 pear
 - 2 cups sugar
 - Custard to serve
- Boil the sugar and water together for 5 to 8 minutes, with the thinly pared rind of 1/2 lemon. Skim if necessary. Remove the lemon rind, and add the strained lemon juice. Skin and slice oranges. Peel, core and chop apple into dice.

Remove pulp from grapefruit and slice bananas. Peel, core and cut pear into dice; and stone grapes, if like. Pour the syrup, while hot, over the prepared fruit and allow it to cool. Serve with cream or custard. Enough for 6 to 8 persons.

Jellied Fruit Salad

- 2 tablespoons gelatin
- 6 tablespoons cold water
- 1 1/2 cups boiling water
- 1 cup orange juice
- 6 tablespoons lemon juice
- 1/4 cup sugar
- 1/2 teaspoon salt

Soak gelatin in cold water 5 minutes. Add boiling water, orange and lemon juice, sugar and salt. Cool. When beginning to stiffen add 1 cup orange pieces, drained, 1 cup quartered marshmallows, and 1 cup diced bananas. Pour into individual moulds and chill till firm. Serve with cream mayonnaise.

Mocha Chocolate Syrup

This, too, is a delicious syrup for making chocolate flavored soda-fountain beverages:

- 1/4 cup dry coffee
 - 1 1/2 inches stick cinnamon
 - 1 1-3 cups cold water
 - 2 ounces (squares) unsweetened chocolate
 - 2 thirds cup sugar
 - 1/2 teaspoon salt
- Put the coffee, cinnamon and water in saucepan. Bring to boiling point, boil 3 minutes and strain. Melt chocolate over hot water, add sugar and salt and when well mixed strain coffee over. Stir until smooth and boil 5 minutes. Cool and turn into a jar. This makes 1/2 pint of syrup.
- This syrup is excellent to use in making chocolate ice-cream sodas at home, with the charged water that is now available for home use with a 1-quart syphon and little cartridges of compressed gas.

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Ancient Stone Work Tells Of Early Man On Prairies

Regina, Sask.—The tantalizing mystery of the early peoples of Saskatchewan's plains was brought to the fore by the exhibit of Stone Age relics in the Confederation building at Regina exhibition.

Arrowheads, stone axes and knives, spearheads, drills scrapers, stone plates and other tools and furnishings of unestimated antiquity crowded the cases of the exhibit.

The display was designed to draw the attention of exhibition visitors to the work which is being carried on by the Saskatchewan Archaeological society. The president, W. J. Orchard, Tregarva, Sask., was in charge and explained the significance of the various items.

There was a peace pipe, so made that it would remain upright on the ground when the braves were engaged in other details of their pacific ceremonies. There was a stone axe 10½ inches in length and a stone "sledge hammer" which weighed over 10 pounds.

The exhibit contained numerous stone hammers of a small and comfortable size such as the caveman must have used in ancient days to subdue his prospective bride.

A boulder contained the life-size "imprint" of a human foot. That it is not an imprint made in mud and later hardened into rock is indicated

by the fact that the stone is not shale but granite. The creator of the image evidently impressed the design of the stone on the rock and then hollowed the marks of toe, instep and heel with some primitive tool.

Found in Scotland

A friend told Mr. Orchard that rocks, similarly carved, had been found in Scotland. There they were used in the coronation ceremonies of Celtic kings, the prospective monarch placing his foot in the hollowed rock. The question arises as to whether the present stone was used for ceremonial or religious purposes by some pre-historic people of the prairies.

Even more intriguing was the carving of two heads, facing opposite directions from one stone. The piece of sculpture seems to represent the work of some unknown race, for the features are not of an Indian or Mongolian cast. The lowness of the foreheads may be accounted for by the limits of the stone used by the sculptor, but the small, stern mouths, with the lower teeth showing, and the narrow-bridged noses must seek a different explanation.

The first thought is that here is the Roman god Janus, he of the two faces, whose name is now incorporated in the name of the first month

BEAR IS ROADHOG DEFIES MOTOR CAR IN UNEVEN DUEL

Ancient Peruvian Artist Was So Clever He Made Out of Clay a Fake Ear of Corn Which for 20 Years Has Deceived Smithsonian Institution Scientists.

The paths in the Adirondack forests require a new road sign, "Watch Out for Bears." A picnic party near Saranac Lake recently had a thrilling head-on collision with a bear in which the motor-car was the winner. A big black bruin tried to dispute the right-of-way by rushing down from a bank directly into the path of the car. The animal was hurled into the ditch but the machine, after wobbling on two wheels, righted itself. The driver estimated he put a bigger dent in the bear than the bear put in his fender, but there was no chance

of the year. January, looking backward to the old year and forward to the new.

Immediately follows the fantastic speculation that in some remote time the Romans must have visited the New World. Archaeologists are not satisfied with as simple and as unlikely an explanation.

Sent to Museum

Photographs of the stone, which was found in a little valley near Tregarva, were sent by Mr. Orchard to the British museum, London, England. The reply was that the museum had nothing like it. The letter suggested, however, that the small, oval eyes may have once been inlaid with mother-of-pearl.

A fragment of an oval stone plate has a ridge about the circumference. In the centre are two points of what appears to have been a four-pointed star. Here again religious symbolism is suggested.

Another intriguing fact brought to light by archaeological research in Saskatchewan is that certain rough-hewn flints, native to the prairies, have remarkable counterparts in flints found in France, dating from

of verifying that detail, for the bear vanished into the bush in high and on all fours.

Since 1914 the Smithsonian Institution at Washington has prided itself on possessing the most ancient ear of corn in the world. Presumably thousands of years old, it was found at Cuzco, Peru, the capital of ancient Inca land. The other day Dr. Roland W. Brown decided to analyze this corn to compare it with present varieties and found to his amazement that the Smithsonian scientists had fallen for a piece of deceit that is like the gold-brick trick. The ear of corn was a piece of clay baked to a perfect imitation. But Dr. Brown did not denounce the ancient Peruvian who had hoaxed the Smithsonian Institution. He praised him, saying: "The object is so clever a copy of an original ear of Peruvian maize that the maker must have been an artist of superior skill."

Charles Fisher of Denver received a eulogy as well as a sentence from the judge at his recent trial for manslaughter. Fisher, who is 68 years of age and slightly crippled, was approached by a panhandler who demanded 50 cents with which to purchase a bottle of moonshine. When he refused, the panhandler struck him. Fisher struck back with his cane and the beggar died later of concussion of the brain. "I think you did a good job," said Judge Charles Sackman. "Any man is justified in using force when a bum lays hands on him and abuses him. I am going to sentence you to 30 days, but I don't think you deserve it."

In the village of Mill Neck, Long Island, even the poor these days are dining like London aldermen on turtle soup. Beaver Dam Lek, near the

a period estimated at 30,000 years ago.

Much of the exhibit was drawn from specimens owned by Mr. Orchard. Other generous contributors are: Lois and Lyle Reichert, Valjean, Sask.; K. M. Jones, George C. Gillespie and F. P. Adams, Mortlach, Sask.; Rev. G. W. Rhoades, T. H. Mack and his nephew, Melville Mack, Lumsden, Sask.

Work of the Messrs. Mack is said to have been responsible for discovering the remains of the ancient quartzite industry near Lumsden. From their collection has come some of the more ancient specimens.

WINGED WHEELERS CHAMPS. MOUNT ROYAL LEAGUE

The Winged Wheelers have won the championship of the Mount Royal Junior Softball League by defeating Regents three games to one in the playoffs. The scores.

First game—Wheelers 3; Regents 2.

Second game—Regents 2; Wheelers 1.

Third game—Wheelers 16; Regents 6.

Fourth game—Wheelers 14; Regents 5.

The team — Schneider, p.; R. Schneider, 1b.; J. Hennessy, 2b.; L. Kaiserman, ss.; M. Hennessy (Capt.) 3b.; Leandrin, lf.; McLean, cf.; Walsh, rf.; cf. Gutta; Williams, c.

James Lortie is president of the league.

Ball Games At Rockland Park Sunday

Two ball games are announced for Rockland Park on Sunday afternoon next. The first, between the All-Stars and Lemay Sweets, starts at 1.30, and the second, All-Stars versus the "Clowns," at 3.30 p.m. If the photograph of the latter team submitted to this office is any indication, the second game should be a highly hilarious one.

village, is a game sanctuary, but many of its valuable swans have disappeared. Called in to trail the poachers, Game Warden Robert Ford laid the blame on snapping turtles and found that Beaver Dam Lake was full of these snappers. In three days he caught 70 of them, some weighing 50 pounds, and distributed them to the poor of Oyster Bay township for turtle soup.

The Heat Wave has done something that nothing else can do. It has kept bees from working. W. A. Shadley, a farmer of Hardin county, Ohio, reports that his bees, usually indefatigable workers, are now loafing because the heat has melted their hives. Thousands of them perished in the melting honey. The others, perhaps because of the loss of their queen, were completely disorganized. Fleeing from the ruined hive, they have all become drones, and, like the idle mob, are in a state of mind that leads them to mischief. Forgetting all about the nectar in flowers, they are hanging around the hive in angry swarms and viciously attack everyone who comes near them.

Fritzi, a feminine spaniel, living in Denver, Colorado, has won fame as a faithful guardian of a robin's nest which was in a tree near the door of the cabin belonging to Fritzi's owner. When the robins were born, Fritzi was lifted up to look at them, and displayed so much maternal interest in them, that until they were fledged and ready to fly away she spent all her time, night and day, at the foot of the tree watching out for predatory cats. One cat, when he backed was turned, got half-way up the tree, but Fritzi's frantic leaping and barking soon induced the cat to come to earth and turn tail.

Sometimes in an athletic game a man plays over his head, as the saying is, performing feats he never dreamed himself capable of. But no man ever exceeded his seeming capacity more than did the mangrove snake in the Staten Island Zoo which swallowed a Malay vine snake nearly two feet longer than itself. It is four feet six inches long and was put into a cage containing two vine snakes six feet three inches long. In the morning one vine snake was dead and the other had disappeared. An X-ray showed that it was coiled in the stomach of the mangrove snake, which had performed the impossible feat of swallowing something much bigger than itself.

During its Montreal engagement nine operas will be given, "Carmen", "Samson and Dalila", "Faust" and "Romeo and Juliette", which will be sung in French. "Lohengrin" will be given in German, "La Boheme", "Aida" and "La Tosca", will be sung in Italian and "Hansel and Gretel" in English.

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Comics First Attraction For Child Paper Readers

Boston.—"What constitutes the best attraction for children readers of newspapers?"

This question was answered by Miss Marian Lee Winkler, Rosinlale graduate student of Boston university, after an extensive study.

The answer! An average child turns to the comics first, then radio, later peruses the news, and last of all to sports. Finally as sort of a resume your average child briefly runs through the whole volume.

As a result of the research work Robert Ripley's "Believe It or Not" strip wins first honours while "Dick Tracy" the detective hero gets a medal in the comic supplements. And the child likes pictures with his reading matter, preferring that paper which is neither ultra conservative nor luridly sensational.

Among those comic features which found especial favor with the children, Miss Winkler listed "Jane Arden," "Secret Agent X-9," "Little Orphan Annie," "Flash Gordon," "Tailspin Tommy" and "Pop Eye" along with "Winnie Winkle," "Moon Mullins," "Dan Dunn" and "Harold Teen."

Detective pictures with heroes oper-

ating against wrongdoers hold the youngsters' attention.

But when they become more mature such writers as Walter Winchell, O. O. McIntyre, Will Rogers and Neal O'Hara hit the boys' fancy, while girls like to peruse the offerings of Beatrice Fairfax and Dorothy Dix.

The test was conducted in an urban community of residential character, selected as a typical city. Nearly 3,000 children of all ages from the lowest grades to the graduating classes of high schools, 1,433 boys and 1,430 girls were included in the test.

Comics registered 95.95 per cent., radio 74.93, news 63.94 and sports 65.80. After these came in order, cartoons, pictures, theatres, rotogravure, fiction, special features, gossip, editorials, fashions, ads, letters, books, beauty, society and household.

The writer who writes for love of money is going to be sadly disappointed.—Fannie Hurst.

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FREEZONE	29c	CLAPP'S Baby Soups 2 for 25c	
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DR. CHASE'S Nerve Food	39c	JAD SALTS	49c
KLEENEX Reg. 25c.	16c	RUBBING ALCOHOL (Mowatt & Moore) 16 oz.	45c
SEIDLITZ National Full Box	10c		
DODD'S Kidney Pills	35c		
FORHANS Large Size	34c		
PABLUM	45c		
COTTON Absorbent Sterilized 1 lb. Roll	29c		
Epsom Salts Guaranteed Pure 1 lb.	10c		
BISODOL Reg. 75c.	55c		
BORACIC ACID Guaranteed Pure 1 lb.	15c		
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