



Happy Holidays!

See poem on page 3

Let me guide you home!

- Ann Suzan Stafford

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Pre-budgetary consultation hears regional concerns

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THE RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

Wild acquire defenseman Alexis Bernier

Sports - Page 7

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THURSDAY, DECEMBER 20, 2018

Feel sick? Stay home, says public health department

By Gordon Lambie

In the lead up to the holidays, the regional healthcare establishment, the CIUSSS de l'Estrie - CHUS, and the public health department are encouraging members of the population to take care of themselves and to think twice before heading to the emergency room.

"The holiday season is a time when we see an increase in all kinds of infections," said Lyne Cardinal, Director of General Services with the CIUSSS de l'Estrie - CHUS, explaining that for a variety of reasons hospital emergency rooms have a tendency to be much busier during this time of year. In order to help offset that busyness, the healthcare establishment has launched a new section of its website devoted to providing people with alternatives to the emergency room.

"What we want is for people to make the best decision for themselves and for others," Cardinal said, pointing out that people with the flu or a stomach flu will often gain little from time waiting at the hospital, but risk infecting themselves or others further in addition to overtaxing

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The story of The Girl and The Goal



MATTHEW MCCULLY

Author Andrew Caddell and women's hockey pioneer Marjorie Ross stopped by the Pat Burns Arena on Tuesday to sign copies of the book *The Goal*, written by Caddell and Dave Stubbs, for the Stanstead College women's hockey team. The book features short stories about Canada's favourite pastime, including one called *The Girl*, about Ross' talent on the ice before women's hockey leagues were established.

By Matthew McCully

Townshipper Marjorie Ross hung up her skates this year at the age of 69.

At the end of October her teammates worked it out so that she could finish her last game scoring a goal on a penalty shot.

"Just don't shoot wide," they joked. She left the ice skating through a tunnel of raised sticks.

"I'm still emotional about it," Ross said, leaning against the boards at Pat Burns Arena on Tuesday afternoon watching a Stanstead College hockey practice.

While her hockey days are over, the

strides Ross made as a female player in her youth played an important role in bringing women's hockey to where it is today.

Her story is recorded in the book *The Goal*, written by Andrew Caddell and Dave Stubbs. Caddell grew up in the

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Weather



TODAY:
SUNNY WITH WIND

HIGH OF 1
LOW OF -4



FRIDAY:
RAIN OR FREEZING RAIN
HIGH OF 8
LOW OF 6



SATURDAY:
SHOWERS OR FLURRIES

HIGH OF 7
LOW OF -9



SUNDAY:
SUNNY

HIGH OF -5
LOW OF -11



MONDAY:
CLOUDY, FLURRIES

HIGH OF -5
LOW OF -14

Yelp! review of Bethlehem Best Eastern Inn



ROSS MURRAY

★★★★★

Day 3, 1 AD
Judith B.
Nazareth, Holy Land

First of all, Bethlehem: get your act together. One inn? I know it's a little town of Bethlehem, but, honestly, not even a Super 8 out by the Interdesert? Instead, just one lousy inn for the entire area. And in those days, there went out a decree from Caesar Augustus that all the world should be taxed, so maybe spend some of that tax money on hospitality infrastructure?

Anyway, as decreed, my husband, Malchior, and I went to the City of David (as Bethlehem is listed in Google Charts, BTW, very confusing) because that's his lineage. They never let you forget where you're from around here. "Don't go marrying one of those Bethlehem boys," my mother said, which is why Malchior hates going to Mom's for Passover.

We knew it was going to be crazy, so Malchior booked well in advance via Messenger (Josiah the Messenger, to be specific). But then, like, three weeks later, we get an e-scroll from the inn telling us their rates have gone up and it was now double. Of course, we protested, but they wrote back, "It is easier for a

camel to pass through the eye of a needle than to find a non-incense double occupancy at census time, so take it or leave it." Rude!

Obviously our first impressions were not great and they did not improve upon arrival. The place was crawling with guests and completely understaffed, with people yelling and cursing plagues of locusts on each other. One guy was flipping out about his wife being pregnant and crazy stuff about Holy Ghosts until finally, just to shut him up, I think, they offered him some kind of "Rustic Agritourism Satellite Chalet" and escorted him and his wife discreetly out the back door.

I was worried they'd maybe given our room away but smartly Malchior slipped the concierge some myrrh and we were good to go.

OMG, the room! The swaddling clothes were dirty, the hay in the bedding clearly hadn't been changed, and sand, like, everywhere! We called down to the front desk. "Hey!" Malchior shouted over the railing. "There's sand in our room!" "That's okay!" the front desk shouted back up. "Complements of the inn!"

We considered just paying our taxes and heading home but Malchior reminded me that traffic that time of day would be camel to camel.

We decided to make the most of it, went out for dinner (see my review of Sol's Matzah Balls; in a nutshell, they only serve matzah balls...) and then went to bed.

When out on the lawn there arose such a clatter, I sprang from my bed to see what was going on. In the barn behind the inn, there's this woman screaming! I tried to wake up Malchior

to call security, but he'd had too much frankincense - as usual!

Oh great, and now there was a baby crying. Jesus! Because that's what we later learned his name was: Jesus.

As if that wasn't bad enough, the cattle started lowing. You think you'd be able to tune out lowing, but once you're conscious of lowing, you can't not notice it.

I was just starting to drift off again when, now what? Bleating! First the lowing and now the bleating. Not to mention the braying. And more shouting. I look out again and the barn is teeming with shepherds. I'm not prejudiced, but shepherds should stick to abiding, not stumbling into town to overcrowded inns and reeking of wool.

And while all this is going on, there's this super-annoying, blinding light. Like the sun! It lit up the whole barn behind the inn, where I could see this couple, they've now got their baby lying in a feed trough! I mean, I nearly called Child Services! Not to mention some little drummer boy out way past his bedtime. Pa-rum-pum-pum-pum, pa-rum-pum-pum-pum. Somebody crucify me!

In total I got about an hour's sleep. And then there was no hot water for our shower. We called down to the front desk. "Hey!" Malchior shouted over the railing. "There's no hot water for the shower!" The front desk shouted back up, "What's a shower?"

I give Bethlehem Best Eastern Inn one star - for that frickin' light that was as bright as one frickin' star!

I would like to say we won't be back, but unfortunately we're booked here again in 10 days for Malchior's annual Wise Men's Convention. Surely things will have quieted down by then!

SQ operation targets bars

Record Staff

Sûreté du Québec officers recently carried out several interventions on licensed establishments across the province under the ACCES-Alcohol program. This provincial operation took place on December 6 and 7 and December 13 and 14.

This operation mobilized nearly 150 police officers spread throughout SQ territory and police conducted about 500

inspections in licensed establishments such as bars and resto-bars, including about 60 in the Estrie / Centre-du-Québec regions. During these inspections, various offenses were found by police officers who seized a total of more than 715 liters of alcoholic beverages. Some liquor license holders will also receive reports of offenses under the Alcohol Offenses Act.

The ACCES-Alcohol program is a government initiative that has been in place

since 1996 and is designed to combat the illegal liquor trade in Quebec. The ACCES-Alcohol program is defined as the concerted actions to counter the underground economy and is coordinated by the Ministry of Public Security.

The Sûreté du Québec reminds the public that any information on contraband alcohol can be communicated at any time and confidentially to the Central Criminal Information Service at 1-800-659-4264

Ben by Daniel Shelton



The Border Report

"You're just as good as them. Show them that!"

Happy Holidays from the Phelps Helps team



By Phelps Helps

From all of us at Phelps Helps, we wish you a happy and safe holiday! Please take note that our offices will be closed from December 24th to January 2nd, inclusively. All of our weekly sessions (high school and elementary levels) will start up again on January 15th.

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had 111 local community members participate in one or more of our programs. Many others have attended special events held at Phelps Helps like our Family Literacy event that hosted characters from the popular children's series Paw Patrol and PJ Masks, welcoming more than 80 individuals of all ages. We have had 35 volunteers this fall who have offered their time to help our participants in our 5 weekly educational programs and another 44 special event volunteers!

This school year is off to a great start and we hope to see even more students, community members and volunteers at our programs in the new year!

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FRONTIER ANIMAL SOCIETY

Featured Pet: Tunnel

2018 has been a record year for cat adoptions! As of earlier this month, 118 cats and kittens have found loving forever homes. Of these cats, quite a few were senior, two were FIV positive and some were extremely timid and in need of patient and committed adopters willing to give them a little extra time to settle in.

Today we are hoping to find yet another patient and kind adopter to welcome our sweet and gentle little girl Tunnel into their life. Timid but friendly, 2-year-old Tunnel will be so much happier when her turn finally comes to move away from the hustle and bustle of shelter living and into a quiet home of her own. With us for several months now, Tunnel has come a long way, but she still tends to shy away when you first

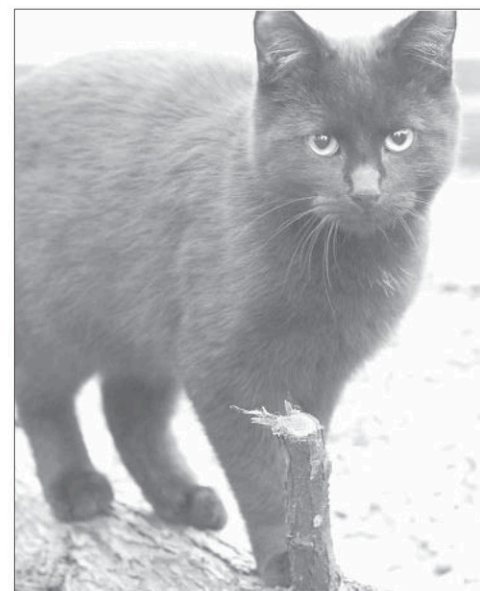
approach her. Although she is more at ease with those she knows, if you sit and softly call her to you (and one of our more outgoing cats doesn't get in the way) she will come for pets. She does not tend to hide, and she is as sweet as can be, she just isn't as outgoing or confident as many of our other cats. Because of this, she is overlooked by potential adopters.

Tunnel so wants to be your friend and if you seek her out, you'll discover that she is affectionate and loving. She is a special little cat who needs an adopter to look past her shyness and recognize that she has the potential to be a wonderful and loving companion. We know she will blossom once in a home where she feels secure and loved and can settle into a routine. Tunnel is fine with other

cats but the more dominant ones tend to intimidate her.

Tunnel doesn't ask for much so we'd love to give this adorable and unassuming little cat a home before the holidays.

To inquire, please send an email to frontieranimalsociety@gmail.com or better yet give our cat adoption coordinator Linda a call at 819.868.2684. To meet Tunnel or any of our amazingly wonderful cats, we hold a cat adoption open house every Saturday from 10 a.m. to noon at 2405 Griffin in Ogden. Even if you aren't in a position to adopt, there is no reason you can't just stop in to say hello. If you bring cat treats, we promise you'll be the most popular person in the room J



The Goal

CONT'D FROM PAGE 1

same Montreal West neighbourhood as Ross, where she was known from an early age as a hockey sensation at the local rink.

"She dominated a league that up until that time had only included boys. She was a phenomenon: fast-skating, hard-shooting, with lightning quick moves," Caddell wrote in the book, describing Ross.

In her very first game playing in the Civic Recreation Association league during warm-up, the kids on the opposing team yelled out "Hey, he's a girl. Hey

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Her older brother Ian caught up with her and convinced her to come back to the game.

"You're just as good as them. Show them that!" he said.

And so she did.

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"There were a few exaggerations in the story," Ross admitted.

Surely the reference to driving

around Montreal West on a motorcycle wearing a bikini had to be among the exaggerations.

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Ross was referring to one occasion on the notoriously crowded Bus 105 on Sherbrooke Street in Montreal. One day a man brushed up against Ross and groped her.

"I just let him have it. I hit him, and then I hit him again and then I heard the crack," Ross said. "It was his nose." Ross was only 15 at the time, but in addition to playing hockey, she was a provincial level swimmer and competitive discus thrower, so one would say, in pretty good shape.

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claim to hockey as men. "That's one of the reasons Canada and the U.S. are ahead," Ross said, explaining that women were allowed to pursue male-dominated sports faster in North America than other countries.

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Available at Black Cat Books in Lennoxville and online, *The Goal* is a collection of short stories about hockey in Canada, including *The Girl*, about Marjorie Ross and the history of women's hockey.



PAID ADVERTISEMENT

Viagra's Expiring Patent Opens the Doors to a New Low Cost Sex Pill

A patented pill costing less than \$1 a dose stands to help millions of men with failing sex lives; no prescription will be required

By Ray Wilson
Associated Health Press

TORONTO – A new sex pill is set to take the spotlight with the Viagra patent about to expire. But unlike the former, it won't require a prescription and is priced just under a \$1 a dose.

Sold under the brand name *Vesele*, The new pill is part of a new class of performance enhancers for men, which work on the body and mind, supporting harder, firmer erections.

Formulated with a special compound known as an "accelerator", *Vesele* can transport its active ingredients faster and more efficiently into the blood stream, where it really starts to work.

The patented ingredient blend initiates a process known as vasodilation, which causes arteries and vessels through the body to expand. This allows blood to flow to penis and genitals, resulting in harder erections which last longer.

But what makes *Vesele* so remarkable, and what these other sex pills can't do, is that a small portion of this blood flows to the brain, which creates feelings of intense arousal. In laymen's terms, users become incredibly excited and turned on when taken over time.

This is why the makers of *Vesele* say their pill has worked so effectively in human clinical use trials. It stimulates the two most important organs for great sex, the penis and the brain.

The Brain Erection Connection

Until now, medical researchers did not fully understand the brain-erection connection. It has now been made clear with *Vesele*. When both are supplied with a constant blood flow, men are harder and firmer for longer...and have stronger sex drives.

"Most of the research and treatment methods for men's sexual failures have focused on physiological factors and have neglected the emotional ones. For the leading sex drugs to work, like Cialis and Viagra, you need visual stimulation" explains Dr. Henry Esber Ph.D, the co-creator of *Vesele*.

According to research published by the National Institute of Health, 50% of men taking these drugs stop responding or can't tolerate their side effects...and on top of that they spend \$25 per pill and it doesn't even work half the time.

This is what makes *Vesele* so different and effective. It supplies the blood stream with nitric oxide which cause arteries to relax. The patented accelerator speeds up this process even more.

The result is an increase in hardness and maintenance and frequent sex when it is taken daily.

Great Sex At Any Age

With the conclusion of their latest human clinical use survey trial, Dr. Esber and his team are now offering *Vesele* in Canada. And regardless of the market, its sales are exploding.

Men across the country are eager to get their hands on the new pill and according to the research, they should be.

In the trial above, men taking *Vesele* saw a staggering 45.1% improvement in erection hardness from baseline over a four-month period. Their erections also lasted twice as long.

These same men also experienced an astounding 27% increase in the desire for sex (libido/sex drive) and an even greater improvement in overall satisfaction and ability to satisfy their partners.

Many men taking *Vesele* described feeling horny and aroused through the day. The anticipation before sex was amazing. They were also easily turned on. Their moods were more upbeat and positive, too.

Higher Absorption into the Blood Stream

Vesele is made up of three specialized ingredients: two vasodilators and a patented absorption enhancer often called an accelerator. And according to the most recent literature, each is considered safe.

Research shows that with age, many men lose their desire and interest in sex. They also struggle to produce an erection firm enough for penetration.

And although there are many theories as to why this happens (including a loss in testosterone) one thing is certain, inadequate blood flow is virtually always to blame. That's why sex drug manufacturers focus on blood flow, it makes your erection hard.

But what's more surprising, and what these manufacturers have failed to consider, is that lack of blood flow can also kill your sex drive. That's because blood supplies energy for the brain. This energy is required for creating brainwaves that cause excitability and arousal.

Studies show nitric oxide stimulates the entire cardiovascular system, including the arteries that lead to both the brain and penis. The higher concentration of the ingredients in *Vesele* combined with the accelerator ensures that this process continues to work over time.

The sexual benefits of *Vesele* are also multiplied as its ingredients build up in the system over time. This is why many men take it every single day.

Same Study Shows Positive Effects on Women

In the same outstanding study referenced throughout, *Vesele* was also shown to have a surprising effect on women too.



Expiring Patent Opens the Door to a New Sex Pill: *Vesele* is a new pill that cost just \$1 a dose does not require a prescription. It works on both body and mind to increase arousal and erection hardness.

That's because the same arteries and vessels that carry blood and oxygen to the brain and genitals are the same in men and women.

"In our study, women taking *Vesele* saw a stunning 23.7% and 20.4% improvement in arousal and sex drive over baseline.

You can imagine why some couples are taking *Vesele* together. Everything feels better. Everything works better. Everyone performs better. It's truly amazing."

A New Frontier of Non-Prescription Sex Pills

With daily use, *Vesele* is helping men (and women) with their sex lives and overcome sexual let downs without side effect or expense.

Through a patented accelerator, the *Vesele* formula is better absorbed into the bloodstream, resulting in remarkable improvements in erection firmness and hardness as shown in the user survey human study. And with better blood flow, users also experienced sexual feeling they haven't felt in years.

How to Get Vesele in Canada

This is the official release of *Vesele* in Canada. As such, the company is offering a special discounted supply to anyone who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Canada residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-884-7035 and will only be open for the next 48 hours. Only a limited discounted supply of *Vesele* is currently available in your region.

Vesele is authorized for sale by Health Canada as a natural health product for the following indications; L-Arginine supports production of nitric oxide, a molecule involved in vasodilation.

The Border Report

"You're just as good as them. Show them that!"

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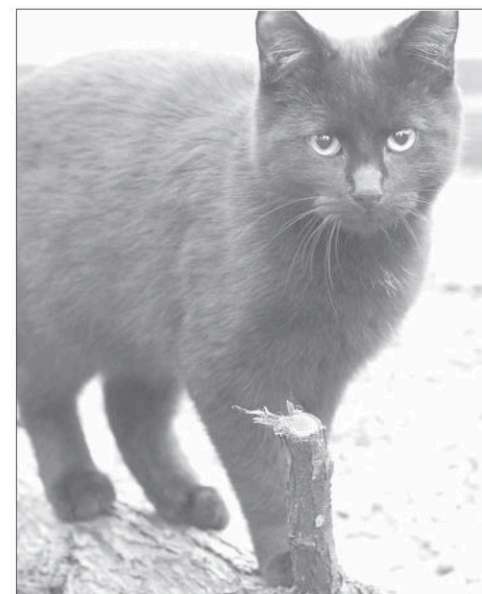
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EDITORIAL

And may this year be merry and bright
And may all our bargaining go right.

Dreaming of a Free Trade Deal



TIM BELFORD

The Scene: A darkened room on Sussex Drive in Ottawa lit only by a faint glow from the fireplace. The Prime Minister sings softly to himself.

*I'm dreaming of a free trade deal
Just like the ones we used to know,
Where aluminum glistens and workers listen*

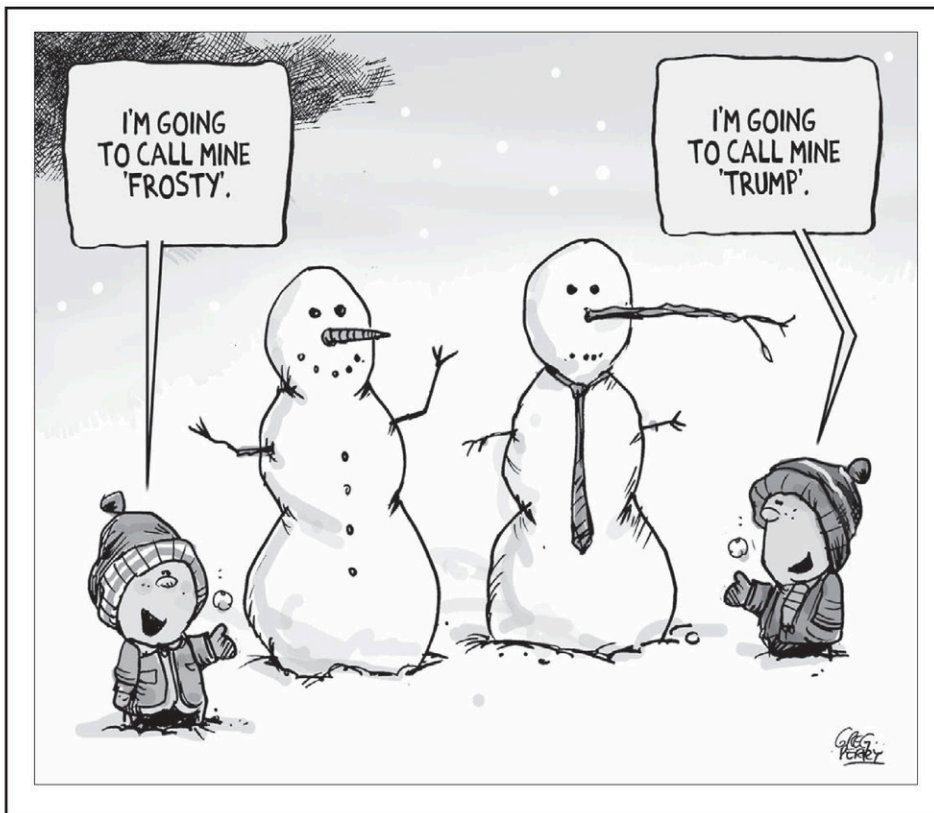
to hear freight cars to and fro.

*I'm dreaming of a free trade deal
Without the nasty threats and tweets,
Where agreements made increase our trade
And auto workers don't hit the streets.*

*I'm dreaming of a free trade deal
With the Yanks or Red Chinese,
Where our goods move freely and markets ideally
Have a place for all our pigs and cheese.*

*Oh yes, I'm dreaming of a free trade deal
With every pact that I propose,
And may this year be merry and bright
And may all our bargaining go right.*

With apologies to Irving Berlin and a very Merry Christmas to you all.



Québec's fashion police: A century of telling women what not to wear

By Donica Belisle
Associate Professor of History,
University of Regina

The Québec government has recently announced its plan to ban civil servants from wearing religious symbols.

This move comes on the heels of similar interventions, including the now-suspended Bill 62, which banned people from wearing face coverings while accessing or providing public services. As critics have pointed out, this ban aimed particularly at Muslim women who wear face veils.

These campaigns, which I discuss in my new book, *Consumer Citizens: Women, Identity, and Consumption in the Early Twentieth Century* may seem new, but authorities in Québec have a long history of telling people what to wear.

Almost a century ago, the Catholic Church waged a powerful campaign against women's dress. After the First World War, when women began wearing more revealing styles, it told female parishioners to cover up. Showing bare

skin in public, the church clergy said, was sinful.

During the early 20th century, a revolution in European women's fashion had indeed occurred. Late-Victorian styles had featured floor-length skirts, high necks and long sleeves, but during the First World War, things changed. By 1919 many women were wearing more relaxed styles. To the horror of moral commentators, women's ankles were now visible.

Flappers enraged conservatives

What really galvanized the church were new styles in evening wear. By the end of the war, fashion icons were wearing so-called "vamp" dresses, featuring shorter sleeves, relaxed waists and mid-calf skirts. By the mid-1920s, "flapper" dresses were also available. With loose bodices, narrow hips and knee-cut lengths, these styles enraged conservative authorities.

Flappers, as the people who wore such dresses were called, enjoyed going out. In dance halls and elsewhere, they listened to jazz, drank alcohol, smoked cigarettes and learned to dance the Charleston.

In 1920, the Vatican thundered a proclamation: it was time for Catholic

women to stand up against immorality in fashion. Many women in Québec complied. Spurred both by their faith and by a fear that women who wore the new styles would become victims of sexual assault, Catholic women's groups began criticizing the new fashions.

By 1921, 10,000 women in Québec had signed pledges to not "exceed the limits of good taste in a desire to be fashionable." They had also come together in a new organization: the League Against Indecency in Dress.

The Cercles des fermières du Québec, which supported the movement, was especially vocal. It launched a letter-writing campaign to Québec retailers, demanding that stores stop selling vamp and flapper styles. They also wanted stores to stop distributing catalogues in which women showed bare arms and legs.

Only in these ways would French-Canadian women be able to return to the "elegance" that had epitomized French-Canadian "taste." The Cercles were offended not only because the new fashions seemed indecent but also because they challenged older beauty conventions.

Local priests applauded these initiatives. Yet even the priesthood could not stem fashion's tides.

In the late 1920s, a new enemy appeared: sleeveless bathing suits. Low in the neck and back, they were tight and cut to the upper thigh. In response to those who wore them in beauty pageants, the Catholic Register wrote: "a girl who walks our streets in semi-nudity ... is above the conventions of decency."

By 1935, the concern over swimwear was such that the prominent women's organization, the Fédération nationale Saint-Jean-Baptiste, issued a new style. With a modest neck and loose shorts, it was favoured by La ligue Catholique féminine, which promoted it throughout the province.

Into the Second World War and be-

yond, Catholics waged their campaigns. But their arguments were ultimately ineffective.

Keeping tabs on women's bodies

Women in Québec today wear all kinds of fashions, including not only evening gowns and bathing suits, but also trousers, shorts and crop tops and many other items.

They also now wear an array of international styles, including a variety of styles of hijab.

What can we learn from this now century-old campaign to tell people in Québec what not to wear?

For one, we can see that powerful forces in Québec have long kept tabs on women's bodies. A century ago, it was the church that sought to regulate women's appearances. Today it is the state.

What both these groups have in common is the assumption that it is acceptable for people in power to impose their dress codes upon others. They particularly think it is acceptable to impose their codes onto women.

It is time to move beyond such views.

By suggesting that there is only correct way to dress, the Québec government is constructing a very narrow definition of fashion. It is refusing to acknowledge that a great variety of styles can exist

It is also being discriminatory. Just as the church thought it was right to tell women what to wear, so does the government now think that it is its right to do the same

Certainly, Québec's Premier François Legault can do better than that. Instead of trying to enforce dress laws, Legault's Coalition Avenir Québec (CAQ) might celebrate the diversity of Québec fashions. In doing so it would uphold individual rights and freedoms. It would also enrich Québec life.

As the flappers demonstrated so long ago, the freedom to choose one's clothes is key to sartorial experimentation.

And, so is it key to liberty.

THE RECORD

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The Record is published daily Monday to Friday. Back copies of The Record are available.

The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

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Local Sports

Learn to Curl Program graduates its first class



COURTESY OF ALLAN ROWELL

On Sunday last, The Lennoxville Curling Club graduated its first class from the 2018-19 Learn to Curl Program.

Kneeling: Ester Foley, Mary Sweeney, Michael Pal
 Middle row: Renée Gaudreau, Lina Ryan, Pierrette Carbonneau (instructor), Bridge Sweeney, Mario Foley
 Back: Todd Rivett, Vickie-Lisa Angers, Diane O'Farrell, Daniel Mercier (instructor) Eduardo Benvenuto (instructor), Allison Kavanaugh (instructor), Jean François Hamel and Elisa Vermer.
 Missing: Dominique Blais

Wild acquire defenseman Alexis Bernier

Record Staff

The Desjardins - Windsor Wild conducted another trade yesterday, this time with the Cap-de-Madeleine Cloutier Air Conditioning.

The Wild acquired 26-year-old defenseman, Alexis Bernier in return for Jordan Bernier who was just traded in another transaction last week.

Last season, the new Bernier was ranked one of the best offensive defensemen in the Quebec Senior AAA Hockey League with 10 goals and 11 assists in 17 games with the Saint-Léonard-d'Aston BigFoot, who are now playing in Plessisville .

Bernier played with the Sherbrooke Phoenix in the team's first season in 2012-2013.

Coincidentally, the Plessisville Metal Pless will be the visiting at the J.-A.-Lemay Centre for the last local game of the year this Friday at 8:30 p.m.

For this match, a promotion of four tickets and four beers for \$45 is available and attendees will be able to enjoy a two for one offer on Labatt products during the first goal advantage by the Desjardins - Wild.

2019 MAZDA CX-5 SIGNATURE



Beacuse it pays

PHOTO: D. RUFIANGE



By Daniel Rufiange

Whistler, BC - Since it arrived on the market in 2012 as a 2013 model, the CX-5 has installed itself as a star player on the Mazda roster. In any given month it's often as not Mazda's best-selling model in Canada (in a cat-and-mouse contest with the automaker's other juggernaut, the Mazda3).

It's little surprise then to see the company pull out many if not all of the stops for one of its franchise players.

Back in May 2017, I was actually on hand in San Diego, California, for the official launch of the second-generation CX-5. Less than two years later, I was in Whistler, B.C. to try out a new addition to the model lineup, the Signature edition.

How important is the CX-5? A number of American journalists made the trek up to this ski mecca to check out the newest model. To put it in context, of course, keep in mind that this new model is part of Mazda's plan to introduce a high-end Signature edition for each of its models.

Think of the Signature this way: you always order a piece of chocolate cake in your favourite restaurant, except that now you can get it with extra dark chocolate sauce on top. It enhances the taste... and also the price.

The first reason for the existence of this version, then, is economic. A well-dressed CX-5 is more profitable to its maker than a stripped-down base model. But to be fair, Mazda also went far beyond adding some bits of bling here and there so they could jack up the price of the CX-5. The adjustments made to the model are substantial, and most importantly Mazda has given the SUV a more muscular mechanical setup, which many have been clamouring for since its very first appearance in 2012.

So here's what you need to know about the new 2019 Mazda Signature edition.

More generous product offering

For 2019 the CX-5 will continue to be offered in GS, GX and GT trims. New this year is the Signature variant, along with some changes that span the whole line of trims. Heated seats, for example, are now standard right from

the base model, and ventilated seats as well as retractable side mirrors come as of the GT trim.

Clearly, though, the Signature is the notable addition for Mazda's popular SUV model for 2019.

The new version comes with the full suite of safety and connectivity systems, including, at last, Apple CarPlay and Android Auto compatibility. On that subject, the company acknowledged that this has been a pressing demand on the part of consumers. It explained the delay in adopting the technology by saying that Mazda's multimedia system (based on screens that were not touch-operated) had needed to be adapted.

As for the presentation, Mazda truly went to town. The interior welcomes Nappa leather, Abachi wood trim, satin chrome accents, leather-wrapped steering wheel with distinct stitching and LED ambient lighting.

Also distinctive are the dials facing the drivers; these digital indicators get a new, more streamlined look.

The overall intent is to make a convincing case to occupants that they are sitting in a luxury vehicle. In a weird way, though, this creates a neural disconnect with what the senses are telling us about the refined interior, and the logo on the steering wheel. More on that in a bit.

The long-awaited engine

The CX-5 has always run on powertrains that were adequate but never rose to the level of outstanding. That changes now that Mazda has taken the Mazda6's 2.5L 4-cylinder turbo and installed it under the hood here. Maximum output of the new powertrain is 250 hp and 310 lb-ft of torque.

I stress the word "maximum" there. At the launch event Mazda explains that the top-end performance of this engine could vary depending on the type of gasoline fed into the tank. So this, if you want to save a few bucks and put in 87-octane gas, you can but you'll get only 227 hp out of the engine. At the other end, 93-octane gives you 250 horses. Choose an in-between rating, and you get output that's... you guessed it, in between.

For those wondering which one is recommended, Dave Coleman, head engineer at Mazda, explained that it depends on the driver's preferences. "If an individual is happy with the way their CX-5 is performing with 87-octane gas, why spend more?"

Revised suspension

A brief word is in order regarding the changes Mazda made to the suspension elements. The company used the opportunity of this model overhaul to modify the geometry in order to reduce body roll when cornering. The

function also works on the braking of the outside front wheel, helping improve fluidity.

This may appear to be a minor adjustment, but it's one of those elements that earns the CX-5 high marks among those who drive it for a length of time. Its connection to the road surface is solid and exceptional.

Added value

Once we were finally able to drive the new CX-5 Signature, we were impressed both by its updated suspension and by the increased power available from the mechanics. But really, it would have been inconceivable for the manufacturer to deliver a revised new high-end version of its popular SUV and give it the same old anemic engine.

That 2.5L 4-cylinder will also be placed in the GT version, giving that trim added value as well. Speaking of which, buyers will need to fork over at least \$37,540 for the GT with this new engine without a turbocharger, and another \$2,000 to get the turbo. As for the Signature version, it starts at \$40,950. Take note that the price of the base CX-5 with front-wheel drive is \$27,850 and \$29,850 when equipped with AWD.

Add to those numbers the \$1,895 in transportation and prep that applies to the CX-5. Yes, in Canada, we're still getting rolled when it comes to these fees.

Conclusion

Now, we get down to the crux of the matter: is all this extra extraneous worth the extra cost? My instinct is to answer that by saying that if you're already considering the GT trim as an viable option, then the Signature edition is worth it. The price exacted corresponds to the extra value you get in the form of more equipment and refinement. Then, the appropriate comparison to make is to stack it up against similar offerings from the luxury brands.

Certainly, the gap that separates a gussied-up Mazda CX-5 from an entry-level product from a brand like BMW is much smaller than it would have been a few years.

It falls on you, the consumer, to decide according to your personal preferences. The only additional factor I would submit for consideration is in terms of residual value. This will inevitably be lower for a mass-market brand vehicle, no matter how dressed-up it is.

This doesn't seem to bother consumers on bit, of course. Of the CX-5 units Mazda has sold up to now in 2018, 43% have bene GT trims.

This promises good things for the Signature edition, and it explains in a nutshell why Mazda has created it.

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Death

Carl BANFILL

Born in Cleveland Township, County of Richmond, Quebec, Carl Stanley Banfill, in his 93rd year, left his earthly life on December 17, 2018, Brantford, Ontario. Carl is now reunited with his beloved wife Adelaide (1996).

See www.beckettglaves.com for funeral details.

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In Memoriam



HARRY RUSSELLE
 December 20, 2017

Sadly missed by wife
JOAN
 and the
SEYS & RUSSELLE FAMILIES

Datebook

THURSDAY, DECEMBER 20, 2018

Today is the 354th day of 2018 and the 90th day of autumn.

TODAY'S HISTORY: In 1803, the territory covered by the Louisiana Purchase was formally transferred to the United States from France.

In 1860, South Carolina seceded from the United States.

In 1941, with his army under pressure on the Russian front, Adolf Hitler ordered "no retreat."

In 1946, the Christmas film "It's a Wonderful Life" was released in New York City.

In 1989, the United States invaded Panama to overthrow dictator Manuel Noriega in Operation Just Cause.

TODAY'S BIRTHDAYS: Harvey S. Firestone (1868-1938), business magnate; Branch Rickey (1881-1965), baseball executive; Irene Dunne (1898-1990), actress; Uri Geller (1946-), illusionist; Dick Wolf (1946-), TV producer; Alan Parsons (1948-), musician; Billy Bragg (1957-), singer-songwriter; Rich Gannon

(1965-), football player; David Wright (1982-), baseball player; Jonah Hill (1983-), actor.

TODAY'S FACT: Adolf Hitler was released from Landsberg Prison in the German state of Bavaria on this day in 1924 after 264 days of incarceration for treason.

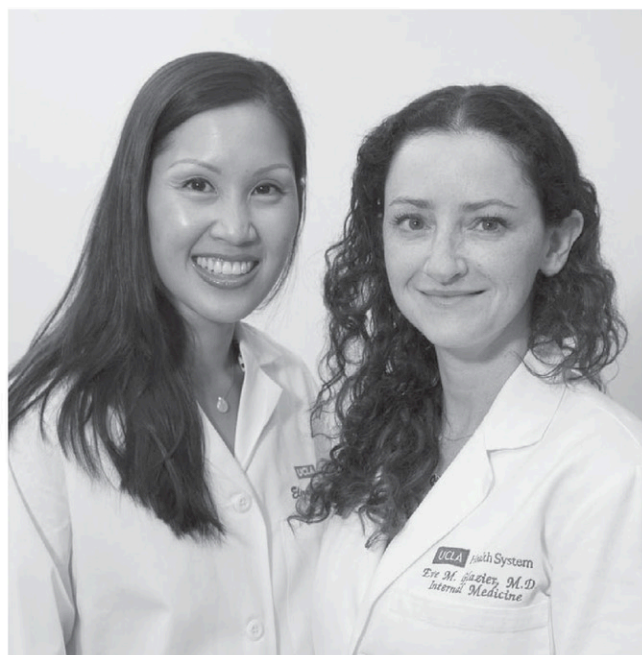
TODAY'S SPORTS: In 1946, boxer Sugar Ray Robinson won the welterweight crown by a unanimous decision over Tommy Bell.

TODAY'S QUOTE: "A man with a surplus can control circumstances, but a man without a surplus is controlled by them, and often has no opportunity to exercise judgment." — Harvey S. Firestone

TODAY'S NUMBER: 2.2 million — acres of land owned by media billionaire John Malone, making him the largest private landowner in the United States.

TODAY'S MOON: Between first quarter moon (Dec. 15) and full moon (Dec. 22).

Reader asks whether blood type should dictate diet choices



ASK THE DOCTORS

By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctor: Does eating for one's blood type really work? For my own blood type, I am supposed to avoid foods like avocados, bananas, strawberries and many other foods that I would consider healthy choices. I

certainly don't want to feel guilty for eating foods that this plan suggests avoiding. What is your take on this?

Dear Reader: You're referring to an eating plan that was popularized by a diet book published in the mid-1990s. The author's premise was that what you eat, as well as the way in which you exercise, should be based on your own particular blood type. For instance, individuals with Type A blood are advised to become vegetarians, substituting plant-based proteins for meat, which the diet refers to as "toxic." The plan also recommends they seek out gentle and calming exercise, such as yoga and tai chi. For those with Type O blood, by contrast, the dietary emphasis is on meats, with advice to limit grains and dairy. Type O individuals are urged to take up vigorous exercise like running, contact sports and martial arts. Those with Types B and AB blood also have personalized diet and exercise guidelines. Each of the eating plans, which also includes vitamins and supplements, is quite specific and even restrictive. The outcome of following the diet, according to claims made by the author, is improved health and a lower risk of disease.

The argument for this dietary approach hinges in part on the differences in blood group antigens, which are markers that are present on the membranes of red blood cells. These antigens will set off an immune response when they encounter foreign antigens. For example, someone with Type A blood cannot receive a transfusion of Type B blood because the antigens in

the Type B blood will set off alarms and cause the immune system to go on the attack. Someone with Type AB blood can receive either Type A or B blood but, due to the blood antigens, can safely donate only to someone else with Type AB.

It's true that blood can reveal a lot about a person's overall health. Physicians rely on blood tests to learn a patient's glucose and cholesterol levels, hormone levels, how well the liver, kidneys and vascular system are functioning, whether the body is fighting some type of infection, and whether the signs of certain cancers are present. In addition, it is now generally — accepted that specific blood types are associated with a higher risk of certain diseases and conditions, including pancreatic cancer, deep vein blood clots and heart attack associated with coronary artery disease. But whether blood antigens dictate food choices and exercise methods in the ways that this diet lays out remains up for debate. At this time, rigorous studies in peer-reviewed journals are lacking.

Diet is a highly personal choice, and as we all know from the ever-shifting content (and lately, the shape) of the so-called food pyramid, it's not an exact science. In our opinion, as long as you're eating a healthful and balanced diet, you have nothing to feel guilty about.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:
 Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)
 Discounts: 2 insertions or more: 15% off
 With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.
BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:
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WEDDING WRITE-UPS:
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 For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can

help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

NORTH HATLEY/LENNOXVILLE

The Saint Francis Regional Ministry of the Anglican Church is organizing Christian Meditation sessions. The approach used is centering prayer. This is a contemplative Christian practice which involves sitting in silence, letting go of thoughts and emotions in order to rest in the presence of God. All are welcome to join us on Tuesdays from 6 p.m. to 7 p.m. at St Barnabas' Anglican Church, 640 Sherbrooke Road in North Hatley and on Thursdays from 6 p.m. to 7 p.m. at St George's Anglican Church, 84 Queen Street in Lennoxville. The sessions have already begun. For more information, please contact Sam Borsman at 819 620 6058

LENNOXVILLE

The Saint Francis Regional Ministry of the Anglican

Church is organizing a group discussion on Seeking God in a Secular age. Charles Taylor, a Roman Catholic Québécois, is considered one of the world's most important philosopher and his book, A Secular Age, will be at the center of the discussions. The group meets every Wednesday from 7 p.m. to 8:30 p.m. at 84 Queen Street, Lennoxville. The discussions have already begun. For more information, please contact The Rev'd Canon Giuseppe Gagliano, ggagliano@quebec.anglican.ca, 819-570-3433.

MELBOURNE

St. Andrew's Presbyterian Church, Melbourne, Christmas Eve service will be held at 7 p.m. on Monday, December 24. There will no morning service on December 23 or 30. Services will be held during the winter months on the 2 & 4 Sunday of the month at 10:30 a.m. starting January the 13.

SOUTH DURHAM

Annual Carol Service at South Durham United Church on Sunday, December 23 at 7 p.m. Worship led by Tracey Badger. Everyone Welcome.

LENNOXVILLE

December 24: Christmas Eve Service at Hope Community Church, corner of Queen and College, Lennoxville at 6:00 p.m. Everyone welcome. December 25: Christmas For You. Join us for singing, fellowship and Christ-

mas Dinner at Hope Community Church, corner of Queen and College, Lennoxville, 11:00 a.m. - 1:00 p.m. (Doors open at 10:30 a.m.) No charge - "our gift to you." For transportation and/or information call: Paul McLean at 819-820-5932 or Don and Jackie Loughheed at 819-563-7750, email: info@hcclennoxville.ca or facebook.com/hcc.lennoxville

SAYWERVILLE

New Year's Eve Celebration, presented by Loisir Sawyerville, at the Sawyerville Catholic Church, in the basement, from 9 p.m. to 1 a.m. Entertainment by The Countrymen. Bring your own drinks. Pot-luck lunch. Admission charged. To reserve, call Martine at 819-553-8500.

MILBY

St. Barnabas Church, Milby invite you to join us for our Christmas Eve service, December 24, at 7 p.m. with carols and readings. Everyone welcome.

DUNHAM

Noël Artisanal continues until December 23 at Marché des Artisanats Dunham. Local, unique gifts, gadgets, décor and stuff you need. 3786 rue Principale, Dunham. Thursday 1-5 p.m., Friday 1-7 p.m., Saturday 10 a.m.-6 p.m., Sunday 10 a.m.-5 p.m. michilynnd@gmail.com. 450-295-2252. FB @marchedesartisanatsdunham.

Hey, man, slow down

Dear Annie

THURSDAY, DECEMBER 20, 2018

Dear Annie: I hope you will publish this, as the holiday season is upon us and people will be rushing to the mall and the grocery to shop for Christmas gifts and supplies for festivities.

Please take some extra time and slow down — and not just on the road. The store parking lot is not the place for Indy 500 time trials. There is no reason for people to be zipping through parking lots at 20, sometimes even 30, miles per hour. Also, please remember that some people do not drive pickup trucks or SUVs. When you see me slowly backing my Toyota Corolla out from between vehicles, remember that until half of my car is past those vehicles, I can't see you. So please stop and let me pull out (and perhaps get yourself a good space). Just keep in mind that if you still feel the need to speed and hit my car, you will be spending an extra hour or so in the parking lot dealing with police and an accident report. You've got better things to do, and so do I. — Take It Easy

Dear Take It Easy: Your car is not the only thing that these speed demons could hit. Pedestrians are especially at risk this time of year. The National Safety Council reports that "tens of thousands of crashes occur in parking lots and garage structures annually, resulting in hundreds of deaths and thousands of injuries," and "around the holidays, parking lots become even more dangerous."

A scraped-up car is inconvenient, but a lost life is irreversible. So let's all please slow down this holiday season. Nothing is so urgent that it's worth sacrificing others' safety for.

Dear Annie: I was a nurse for 43 years in many capacities. I saw love, happiness, despair and sorrow. I found that I loved all my patients, whether young or old, happy or angry, hopeful or just giving up.

I read the letter from "Grieving Mom," who was upset that the recipient of her son's heart wrote to thank her for making it possible for her (the recipient) to see her son get married. "Grieving

Mom" felt that the recipient forgot the fact that her son died so she could live.

Often when we had patients who could not be saved, we asked the family members whether they wanted to donate their loved ones' organs, and we passed no judgment when they refused. Members of one family I spoke to willingly offered to donate their son's organs. "If we refuse, our son will be buried and his useful organs will be buried, as well," they said. "If we donate them, our son will still die, but he will live on in others, whether it's his heart, kidney, eyes or any other useful organs." These family members wished they could meet the recipients of their son's organs, because in them, a part of their son would live on.

The woman who wrote a note to "Grieving Mom" sincerely wanted to thank that mother for saving her life. She may have thought it would give her joy. Her son's heart was still beating; part of him was alive, and that part gave someone else a chance to live. What a beautiful gift he gave in death. People who donate their organs do so because it is an act of love. — Patricia in The Villages, Fla.

Dear Patricia: Thank you for your beautiful letter and for your years of helping others as a nurse.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creator-publishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

49% of Quebecers have serious difficulty reading

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Literacy Foundation Words of hope

THE RECORD

HOLIDAY OFFICE HOURS

Monday, December 24: 8:30 a.m. to noon
 Tuesday, December 25 - closed (no paper)
 Wednesday, December 26 - closed (no paper)
 Thursday, December 27: 8:30 a.m. to 4:30 p.m.
 Friday, December 28: 8:30 a.m. to 4:30 p.m.
 Monday, December 31: 8:30 a.m. to noon
 Tuesday, January 1: closed (no paper)
 Wednesday, January 2: closed (no paper)
 Thursday, January 3: 8:30 a.m. to 4:30 p.m.

We would like to take this time to wish you all a very Merry Christmas and a happy New Year!

LEARN AT PLAY EVERY DAY

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Imagine your family is anywhere in the world! Pick a spot on the map and learn about that country together online.

LEARN AT PLAY, EVERY DAY.

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ABC Life Literacy Canada

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"Y' F B C WIP D WAWZRIYBS FTZYUYBS.
Y XWR NP. Y H YEW RM ROYSE ROBR FP
FBYS YSZRITFWSR YZ CMUBNTHBIP."
- RMF KBYRZ

Previous Solution: "I offer my performance as prayer for someone I've worked with as an actor or someone who has died." — Liam Neeson

TODAY'S CLUE: *d sgnba d*

REALITY CHECK

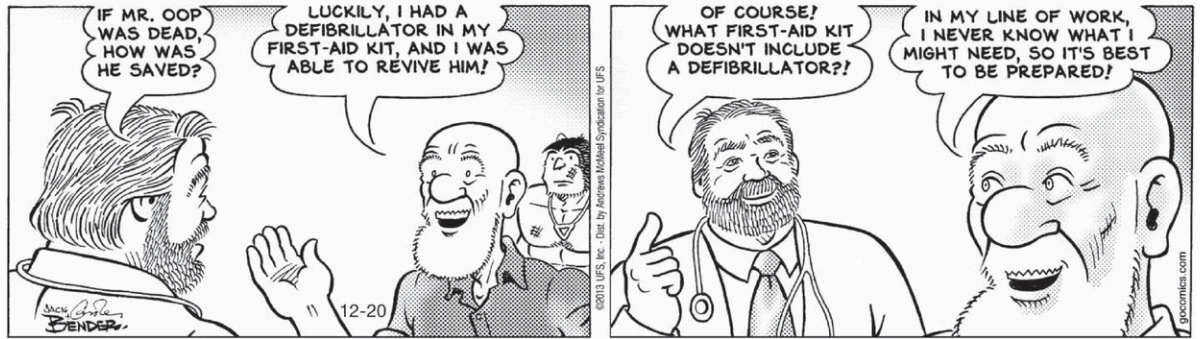


HERMAN

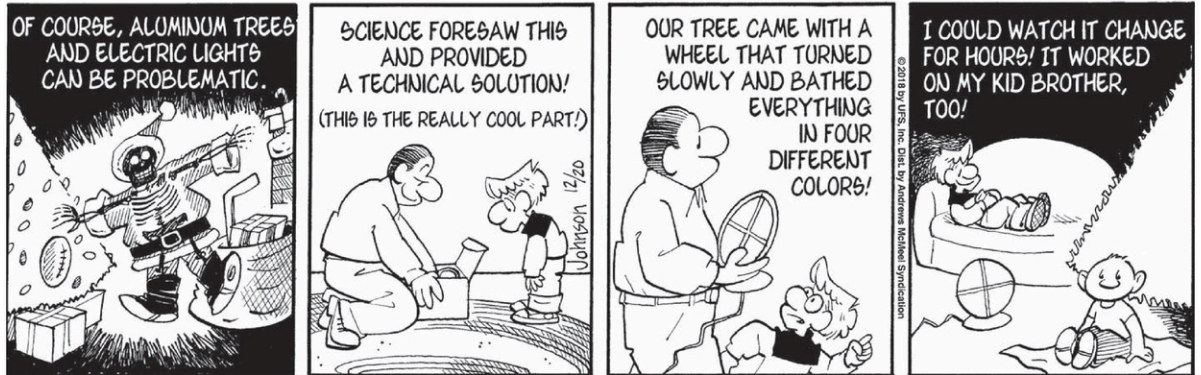


"Have you got a medium-sized hummingbird?"

ALLEY OOP



ARLO & JANIS



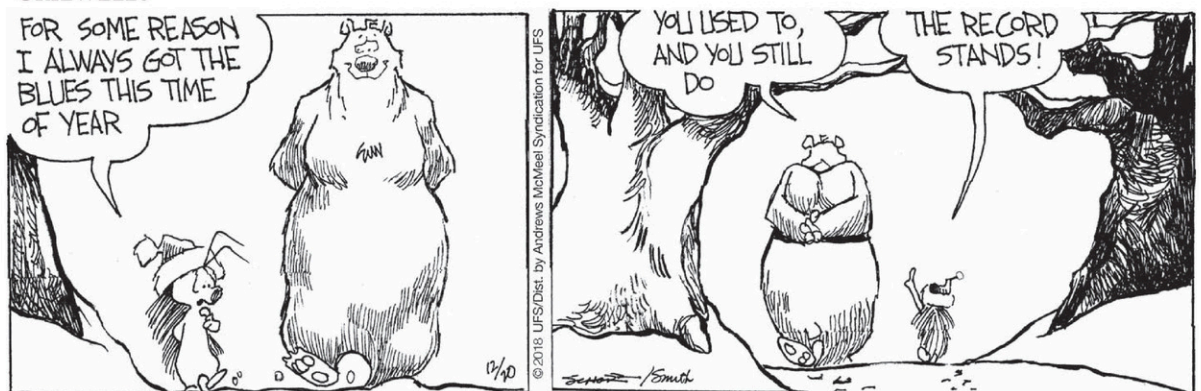
THE BORN LOSER



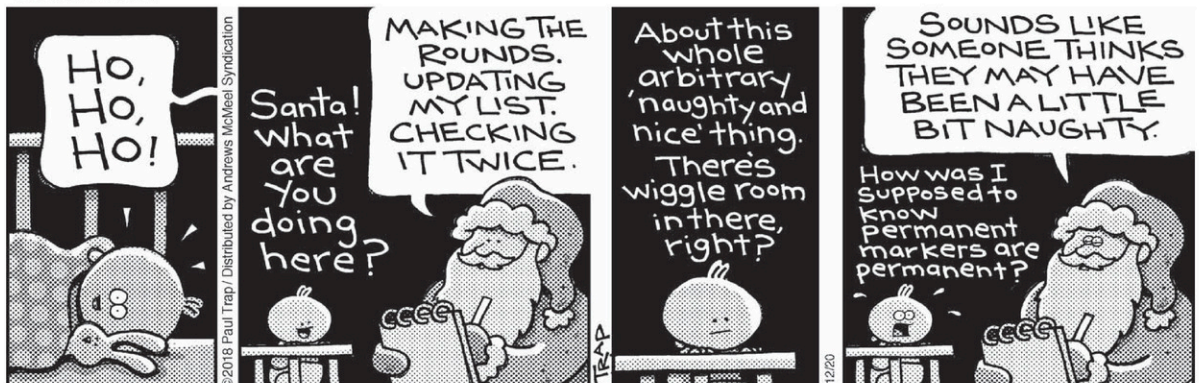
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 E-MAIL: classad@sherbrookerecord.com
 OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND NOON

CLASSIFIED

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO
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100 Job Opportunities 100 Job Opportunities 100 Job Opportunities

190 Cars For Sale

THE RECORD

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- Flanders
- Hodgman
- Island Brook
- Jordan Hill
- Lawrence
- Learned Plain
- Rogers
- Route 210
- Route 212
- Taylor

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For reservations or further information, please call



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SUDOKU

DIFFICULTY RATING: ★★☆☆☆

				2			4	
	1	4		6			3	5
				4	8	6		2
	2			3		4		
		9	2	5	4	7		
		6		8			5	
7		2	4	9				
6	9			2		3	4	
1			6					

12/20

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PREVIOUS SOLUTION

3	9	8	2	5	4	7	1	6
7	4	2	8	1	6	5	3	9
5	1	6	9	7	3	2	8	4
9	6	3	1	2	5	8	4	7
2	8	1	4	9	7	6	5	3
4	5	7	6	3	8	1	9	2
1	3	9	7	8	2	4	6	5
8	2	4	5	6	9	3	7	1
6	7	5	3	4	1	9	2	8

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Christmas is about loving, giving and sharing.

Fondation du CHUS

On behalf of the patients, hospital staff and the CHUS Foundation, we would like to express our sincere gratitude for your generosity and also would like to extend to you and your family, much health and happiness this Christmas season.

Warm wishes.

Online donation: jedonneenligne.org/fondationchus

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 Because...
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NEA Crossword Puzzle

- ACROSS**
- 1 Up to now (2 wds.)
 - 6 Playhouse fare
 - 11 Did as told
 - 13 Squinted at
 - 14 Movies
 - 15 Is of use
 - 16 Cask
 - 17 Moor
 - 19 Levee
 - 20 Author Dinesen
 - 23 Skiing mecca
 - 25 Digital watch readout
 - 27 Woosnam of golf
 - 29 Orange veggies
 - 30 Pen brand
 - 31 Reuben bread
 - 32 Boxing's greatest
 - 33 Scale meas.
 - 34 Venison
 - 35 NBA coach — Unseld
 - 36 Hagen of "The Other"

- 37 Peanut shell
 - 38 Comparison word
 - 40 Squad
 - 42 Voluntarily
 - 44 Malt beverage
 - 47 Polite address
 - 50 Winter apparel
 - 52 La Scala productions
 - 53 Pungent
 - 54 War horse
 - 55 Columbus' port
- DOWN**
- 1 Hit hard
 - 2 Play award
 - 3 — shui
 - 4 Yes vote
 - 5 Send again
 - 6 Totally lacking
 - 7 Brings up
 - 8 Christina's pop
 - 9 Cartoon voice — Blanc
 - 10 Pitches
 - 12 Damp and chilly

Answer to Previous Puzzle

	O	P	R	A	H		C	A	S	A	S		
D	I	L	A	T	E		P	R	E	S	T	O	
A	L	A	R	M	S		E	A	R	N	E	D	
F	E	T	E	S		S	E	M	I				
T	R	E	S		S	A	L		A	R	M	S	
				T	A	M	P			L	O	O	K
D	R	S			P	U	P	P	Y		S	R	I
E	E	L			O	T	H	E	R		Y	E	N
E	B	A	Y			I	N	S	T				
M	A	G	I		E	R	S		H	A	S	P	
				E	L	L	E		J	I	L	T	S
C	E	L	L	O	S		F	A	R	C	E	S	
P	L	E	D	G	E		E	X	T	O	R	T	
A	M	I	S	S			M	A	Y	A	N		

- 13 Cry of disgust
- 18 Like some orders
- 19 Negative prefix
- 21 Buenos —, Argentina
- 22 Seal skin canoe
- 23 Parking attendant
- 24 Horse-and-buggy users
- 26 Hypo units
- 28 Clear, as profit
- 29 Swerve off course
- 30 Diner sandwich
- 34 Shaggy flower
- 36 Like junk mail, usually
- 37 Field work
- 39 Ignited
- 41 "Blondie" kid
- 43 Nineteenth letter
- 44 Nefertiti's god
- 45 Comedian Jay —
- 46 New Age singer
- 47 Spanish article
- 48 Promising
- 49 Aberdeen's river
- 51 Bind up

1	2	3	4	5		6	7	8	9	10	
11					12		13				
14							15				
16				17		18					
			19				20		21	22	
		23	24			25	26		27		28
29					30				31		
32					33			34			
35				36			37				
	38		39			40	41				
			42		43				44	45	46
47	48	49					50		51		
52							53				
54							55				

Your Birthday

THURSDAY, DECEMBER 20, 2018

Personal change will do you good. Consider your choices and what actually works best for you. If you trust someone else to do things for you, you will fall short. Take the lead, stand tall and surround yourself with people who bring out the best, not the worst, in you.

SAGITTARIUS (Nov. 23-Dec. 21) — You'll have a change of heart when it comes to personal matters. Look at the past, learn from your mistakes and do what's required to turn a negative into a positive.

CAPRICORN (Dec. 22-Jan. 19) — Get everyone at home involved in the preparations and changes you want to make. Purging and donating things you no longer need is favored.

AQUARIUS (Jan. 20-Feb. 19) — Say what's on your mind and clear the air. You cannot move forward unless you take care of unfinished business. Changes at home will give you something to look forward to.

PISCES (Feb. 20-March 20) — Choose your battles wisely. Walk away from impossible situations. You will feel better and accomplish more if you concentrate on your personal finances, contracts or on handling someone else's affairs.

ARIES (March 21-April 19) — Push for what you want. Don't stop until you are satisfied with your effort and the results you get. A gift, bonus or unexpected reward is heading your way.

TAURUS (April 20-May 20) — Sign up for something you want to learn. Talk to an expert about the possibility of picking his or her brain or apprenticing. Opportunity is within reach.

GEMINI (May 21-June 20) — Emotions will fester if someone is not being upfront with you. Check the facts before you agree to something that could end up being more trouble than it's worth.

CANCER (June 21-July 22) — If you share your unique ideas, you'll be surprised at the interest someone shows. A makeover will give you the pick-me-up you need to help build your confidence and attract attention.

LEO (July 23-Aug. 22) — Have fun with children or volunteer to help out in your community. What you contribute will raise your profile and make you and your loved ones proud.

VIRGO (Aug. 23-Sept. 22) — Don't give in to someone pestering you for something you can't afford or don't want to do. Make moderate choices and stick to them, regardless of what others do.

LIBRA (Sept. 23-Oct. 23) — A change will do you good and help you adjust to an offer that you find tempting. Don't let anyone make you feel bad or guilty for the choices you make.

SCORPIO (Oct. 24-Nov. 22) — Love is on the rise, and plans to romance someone special should be put into play. Sharing a quality moment will help cement an important relationship.

THURSDAY, DECEMBER 20, 2018

From where will the winner come?

By Phillip Alder

Harry Ruby, a composer and screenwriter who was inducted into the Songwriters Hall of Fame in 1970, said, "Living in California adds 10 years to a man's life. And those extra 10 years I'd like to spend in New York."

At the bridge table, if you are looking for an extra 10 tricks, you are in big trouble. But one or two extra winners might not be impossible.

In today's deal, North pushes his partner into seven spades. When the dummy comes down, South can see only 12 top tricks: seven spades, one heart, three diamonds and one club. From where will the extra winner come?

South's jump-rebid of four spades promised a solid suit with a trick on the side. When Blackwood revealed that South had the club ace, North ambitiously plunged into the grand slam. (If you employ Roman Key Card Blackwood, South should still show his trump king and trump queen, if only to reassure partner that he has not forgotten about the solid-suit requirement.)

Declarer has a heart loser in each hand. The most common ways of gaining an extra trick (and simultaneously eliminating a loser) are to discard a loser on a winner in the other hand or to take

				North	12-20-18	
				♠	7 2	
				♥	A 5	
				♦	A K	
				♣	9 8 6 5 4 3 2	
West				East		
♠	6 3				♠	5 4
♥	K Q 10 3 2				♥	J 9 8 6
♦	9 8 4 3 2				♦	J 10 7
♣	7				♣	K Q J 10
				South		
				♠	A K Q J 10 9 8	
				♥	7 4	
				♦	Q 6 5	
				♣	A	
Dealer: South						
Vulnerable: East-West						
South	West	North	East			
1♠	Pass	2♣	Pass			
4♠	Pass	4NT	Pass			
5♥	Pass	7♠	All Pass			
Opening lead: ♥ K						

a ruff in the shorter trump hand. Sometimes, declarer first discards, then ruffs — as in this deal.

South wins with dummy's heart ace, plays a trump to his ace, cashes dummy's two diamond winners, crosses back to hand with a club and pitches the heart five on the diamond queen. Then he trumps his last heart and tables his six top trumps.