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MONDAY, JUNE 2, 2008

## Gender equality is the planet's largest struggle, says Lewis

*Humanitarian receives honorary degree*

By Sarah Rogers  
 SHERBROOKE

"To those of you who are graduating today, you have an opportunity," humanitarian Stephen Lewis told Bishop's University graduates, "to heal the wounds of struggling nations."

"And I hope some of you will devote your life to that."

In his Saturday convocation address, the former politician and AIDS activist gave a

poignant speech addressing the plight of women in impoverished and conflict-ridden nations.

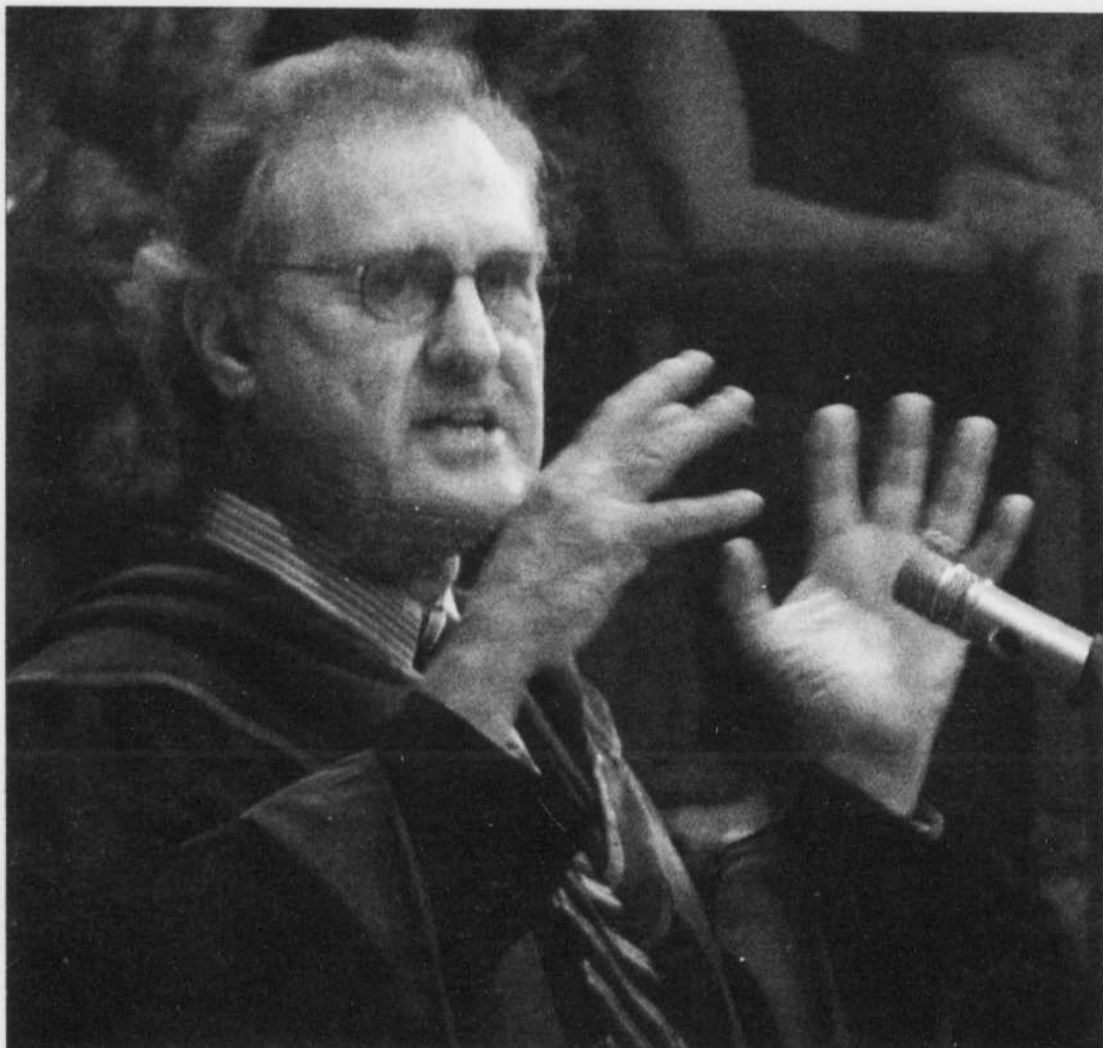
Lewis received an honorary doctor of civil law degree from Bishop's, which also handed out degrees to some 625 graduates at its 178th convocation ceremony.

A recipient of the Order of Canada alongside 26 other honorary degrees from Canadian universities, Lewis said he felt "immensely privileged to be part of this con-

vocation."

Lewis arrived in Lennoxville shortly after a stint in Africa, where he spent much of his time visiting with dignitaries in Liberia. Despite the country being the only one on the continent to call a woman its leader, Lewis said, Liberia is struggling with a crisis in sexual violence, where the country's prepubes-

PLEASE SEE BISHOP'S ON PAGE 4



PERRY BEATON

Dr. Stephen Lewis hopes some Bishop's U grads will devote their lives to helping others.

## 10 years at helm

*Charest roasted*

By Joe Strizzi  
 SHERBROOKE

The Liberal Party of Quebec celebrated Jean Charest's 10th year at its helm by surprising the premier at the Sherbrooke Golf Club Friday afternoon.

Charest, the MNA for Sherbrooke, was in town to spend a few minutes in support of the fundraising efforts of a radiothon for the Coalition Sherbrookoise pour le travail de rue, which provides support to youth, and was scheduled to have lunch with three Grit party members.

Instead, he was greeted by a full house of more than 400, including his wife, Michèle Dionne, father and in-laws. Preparations for the party were started a few weeks ago.

During the luncheon, a video presentation poked gentle fun at some of Charest's exploits, in the spirit of a roast.

The hat was passed in support of the coalition, raising approximately \$1,300.

Charest expressed surprise at the party, as an official brunch had been held in Quebec City about a month ago to celebrate his decade-long tenure.



There's no place like home  
 Tornado season hits cyclists  
 PAGE 2



Massey-Vanier Student sports awards presented  
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# Kansas during tornado season

Week 7

By Murielle Parkes  
RECORD CORRESPONDENT  
MANSONVILLE

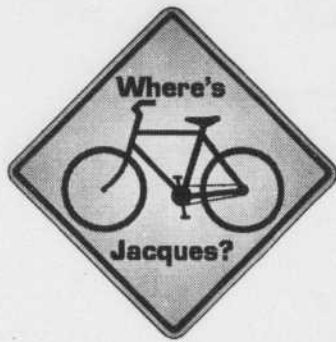
It's not as if Jacques Marcoux and Charlie Hingston (aka the two crazy-guys-on-a-bike) wanted further challenges. What with unseasonable cold, inaccessible camp sites, costly motel stays, and a major shift of objective from "Cycling the US perimeter" to "Cycling a long loop," the two cyclists didn't also need to reach Kansas during tornado season.

Especially this year, when pundits are reporting "2008 as the deadliest tornado year in the United States since 1998 ... and on track to break the U.S. record for the number of twisters in a year."

Most tornadoes form in Tornado Alley - an area typically defined as the region from Texas north to Nebraska and including Oklahoma, Kansas and Missouri. "One day there were 200 sightings in Texas," noted Marcoux. "There was no way of knowing it would be a record year for tornadoes."

Kansas is famous for its twisters. Ask Dorothy of Wizard of Oz fame, who was swept up in one and set down in the Kingdom of Oz with her dog Toto.

While the two crazy guys have not been swept away, their visit to the sunflower state has had them in high alert.



And watching the weather channel... "every morning and night," remarked Marcoux. "We modify our route nearly every day now." Often times, the alternate roads are more circuitous.

For example, the two spent 11 to 12 days getting through Kansas. "It was the lengthiest time in any state," remarked Marcoux.

The original plan was to go south through Oklahoma and Texas, explained Marcoux. "However, we turned east instead." For the next several days, depending on the weather, the two proceeded in various directions - south, east, south-east, north-east, and north.

Midwestern vastness can make for a monotonous pedal. "After two days we knew what Kansas

was all about... the concept of vastness is impressive. In Kansas, we cycled 30 miles between 7:15 and 10:30 before getting to a town. You can stand on the road and see where you will be in two hours." Services are frequently hard to find.

"We have found in the Midwest, we have often run into difficulty finding food and water," noted Mar-



time you got out of Kansas !!!! Did you try the method that Dottie [a friend] sent to you? clicking your heels together three times while repeating, 'There's no place like home' (as in Wiz of Oz)."

Came the reply, "I tried Dottie's method and I'm still here."

By the end of week seven, the two adventure cyclists had braved severe weather conditions (including tornado warnings), made major directional changes, and lost a full day's cycling due to a forced stop. Marcoux had chalked up another 550 km to his travelogue for a total of 3,837 km, plus added nearly 4,500 hits (now at 35,955 with 595 pics) on his website, jmarcoux1.googlepages.com.

The two are now in Missouri, having spent the last week travelling between Lyons, Hutchinson, Strong City, Emporia and Ottawa (in Kansas) and Harrisonville and Warrensburg (in Missouri). Missouri marks the ninth state for Hingston, and the tenth one for Marcoux.

The two are still in Tornado Alley. Hurricane season starts tomorrow [Sunday]. Not to worry. The two cyclists intend to play it safe.

LOTTO QUÉBEC

Draw results: 2008-05-31

<b>649</b>	02 09 11	26	<b>49</b>	14 16 36	48
	22 34 35	Bonus		37 38 44	Bonus

WINNERS PRIZES

6/6	2	\$1,979,983.00	6/6	0	\$2,000,000.00
5/6+B	6	\$47,142.40	5/6+B	0	\$75,000.00
5/6	228	\$1,024.80	5/6	9	\$750.00
4/6	7,806	\$56.70	4/6	491	\$75.00
3/6	135,871	\$10.00	3/6	10,121	\$10.00
2/6+B	93,317	\$5.00	2/6+B	6,929	\$5.00

Total sales: \$14,350,014  
Next grand prize (approx.): \$3,500,000

Extra 4161931

---

Draw results: 2008-05-30

<b>7/7</b>	7/7	0	\$2,746,226.00
<b>6/7+B</b>	6/7+B	3	\$62,699.20
<b>6/7</b>	6/7	105	\$1,791.40
<b>5/7</b>	5/7	5,995	\$106.60
<b>4/7</b>	4/7	129,380	\$10.00
<b>3/7+B</b>	3/7+B	119,817	\$10.00
<b>3/7</b>	3/7	1,080,410	Free play

Total Sales: \$16,058,426  
Next grand prize (approx.): \$5,000,000

Extra 3399570

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In the event of discrepancy between this list and the official winning list of Loto Québec, the latter shall prevail.

## Weather

**Today:** Cloudy with sunny periods. 40 per cent chance of showers in the morning and in the evening. Low 13. High 18.

**Tuesday:** Cloudy with 40 per cent chance of showers. Low 12. High 18.

**Wednesday:** Rain. Low 9. High 14.

**Thursday:** Sunny. Low plus 5. High 20.

## Ben by Daniel Shelton



Medieval Fun



PERRY BEATON

This druid (Robert Luc St-Cyr) and pal Sylvie Schneider will be at the Cookshire-Eaton agriculture centre on route 108 Saturday from noon on for a family event that will feature acrobats, magicians, crossbow shows and horse rides, all part of a medieval event whose proceeds will go to the poor. The honorary president is local singer Kate Morrison and the guest of honour will be Emmett Johns, better known as Pops, the founder of the Montreal group Dans la Rue, which helps those living on the street.

CONSTRUCTION BRIEFS

Sherbrooke's Gendron Street

Sherbrooke's Chemin Gendron will be closed this morning beginning at 7:30 a.m. between chemin Georges-Vallières and chemin Alexandre-Beaudette.

Roadwork will be done on the bridge, and the job is expected to last approximately three days, according to the City of Sherbrooke. A detour is available via Alexandre-Beaudette, Hamel and Georges-Vallières.

Asphalting for autoroutes 10 and 55

Transport Quebec is resurfacing autoroutes 10 and 55 this month. The asphalting work for Autoroute 10 is scheduled from Tuesday to June 24, between exits 128 and 121. The price tag is \$619,400.

The section of the highway going east between exit 128 and the weigh station will be completely closed from June 3 to 7, detouring via Route 112. One lane will be closed the rest of the way, connecting the weigh station and exit 121, leaving a single lane open to traffic. Work will be done outside of peak hours.

Autoroute 55 will have re-surfacing done at different points along the stretch between Sherbrooke, specifically in the borough of Brompton, and Saint-François-Xavier-de-Brompton starting today through to June 23, in both directions. The work will be done between 6 a.m. and 8 p.m., and will require the closure of one of the two lanes. The cost for the operation is \$653,285.

Route 116 in Richmond

Repairs along Route 116, connecting Richmond and Danville are planned to begin today and last through to June 11. The work will take place between the hours of 6 a.m. and 7 p.m., and call for the closing of one lane. Motorists on route 116 will be reduced to one lane where two are normally available, and, alternating directions will be used on the stretches originally containing one-lane traffic.

Stanstead East's Route 143

Construction on Route 141 will close one of two lanes as of today during certain hours, according to Transport Quebec, and the slowdown will continue through to June 23.

The stretch of road is between Route 143 in Stanstead East and Way's Mills Road in Barnston West.

The lane will be closed from 6 a.m. to 8 p.m., with alternating traffic controlled by signal light.

Brulotte to Stoke, and Valcourt

Transport Quebec has announced roadwork on Route 216 and on Rue Brulotte in Sherbrooke all the way to Stoke this afternoon, and tomorrow along the chemin de l'Aéroport and on Route 222 in Valcourt.

No roads will be closed because of the work, but there will be slowdowns for traffic.

Lefebvre is back home

Student greeted by family

Staff  
SHERBROOKE

Recently-released Nadia Lefebvre arrived back on Canadian soil last Friday night, 48 hours after the aid worker was released by her abductors in Haiti.

Arriving on an American Airlines flight from Miami, Lefebvre landed in Montreal just before midnight.

The Université de Sherbrooke MBA student was only a week into an internship in Haiti with the group Médecins du Monde when she was kidnapped from her residence in the capital city Port-au-Prince during the night.

Her abductors, who were seeking a ransom payment of \$100,000 US, released Lefebvre at midnight last Wednesday evening after a week in captivity.

At a press conference last week, the humanitarian group Lefebvre was working with refused to say whether any ransom was paid for her release, suggesting that information could put other aid workers in Haiti at risk, in an impoverished nation where kidnappings are fairly commonplace.

Marie Christina Garon, a spokeswoman for Médecins du Monde, did say that Lefebvre was unharmed and doing well, considering the circumstances.

The agency, known as English as Doctors of the World, employs roughly 12 personnel in its Port-au-Prince offices, as well as 60 medical staff in a Cite Soleil hospital.

Lefebvre, 32, had been completing a non-medical internship there as part of her MBA program at the U de S.

During the ordeal, the Canadian department of Foreign Affairs said consular officials in Port-au-Prince were in regular contact with Lefebvre's family to provide any necessary support.

with files from CanWest News Service

Honoured for green conscience

Five Townships groups and businesses were among the winner of this year's Phénix environmental awards from the government of Quebec. The Sherbrooke Delta Hotel was honoured for waste management in a hotel or convention centre for innovative measures reducing the amount of garbage discarded, and re-using materials and recycling. The rate of recouping waste went from 74 per cent in 2005 to 78 per cent in 2007.

The Memphremagog MRC was also honoured in the waste management category for its environmental awareness campaigns to incite good ecological practices among citizens. The successful program allowed to inform and educate the population on a variety of local initiatives to reduce waste.

In the industrial category, kudos went to Cascades Tissue Group for its new line of 100 per cent recycled "Cascades Enviro" product line which is unique in the recycled paper product market.

Spa Eastman was recognized in the sustainable development category for businesses for its unique and original concept based to promote health habits as a means of improving the sustainable health of clients.

Finally, the Centre universitaire de formation en environnement of the Université de Sherbrooke was honoured for its "Rendez-vous international sur les applications du développement durable : un événement écoresponsable" an international symposium that brought together some 600 people from 22 different countries last June. The conference's was pinpointed for its strategy to reduce greenhouse gas emissions and waste and to contribute to social progress through its choices of suppliers, the purchase of fair trade products, the involvement of youth as well as reduce costs for community organizations.

The Phénix Environmental Awards are presented annually to companies, industry groups and community organizations.

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# BU graduating prize list

## PROFICIENCY PRIZES

The Governor General's Gold Medal: Yi Sun  
 The Governor General's Silver Medal: Gina Lee Snelgrove  
 The Chancellor's Prize: Diane Sherrer, Gina Lee Snelgrove  
 The Vice-Chancellor's Prize: Isabelle Desbiens  
 The President of Corporation Prize: Emilie Belleville, James Wells Ratcliffe  
 The Vice-President of Corporation Prize: Shanna Loach  
 The Hon. G. Howard Ferguson Cup: Jocelyn Patricia Sei Molyneux  
 The Chief Justice Greenshields Prize: Jocelyn Patricia Sei Molyneux  
 The Webster Prize: Philip Matthew Poitras  
 The Eileen Healy Prize for Leadership: Eleanor MacLeod Louson  
 The Strathcona Foundation Plaque: Charles M. Burke  
 Department and University Prizes  
 The Bishop's University Council of Part-time Students Sesquicentennial Prize - Certificate Program: Carole Sansoucy  
 The St. Mark's Chapel Prize: Andrew Forbes  
 The Rachel Wrathmall Prize: Grace Buchanan  
 The University Prize in Biochemistry: Joshua N. Wald  
 The Society of Chemical Industry Award in Biochemistry: Joshua N. Wald  
 The Arthur N. Langford Prize in Biology: Gina Lee Snelgrove  
 The Susanna Lee Memorial Prize: Jenna A. Plamondon  
 The J.K. Lowther Prize in Biology: Makeddah L. John  
 The P.H. Scowen Memorial Prize in Entrepreneurship: Nick James Jackson Purdy  
 The Charles Kingsmill Memorial Prize in Business Administration: Philip Matthew Poitras  
 The University Prize in Business Administration (Accounting): Robert James Alexand Zaichkowski  
 The Eastern Townships Chartered Accountants Association Prize: Raissa Nkengoua Lafo Nkemni  
 The University Prize in Business Administration (Finance): Hai Tao Wang  
 The Hugh R. McCuaig Prize in Investments: Philip Matthew Poitras  
 The University Prize in Business Administration (General): Melanie Lynn Rhoads  
 The University Prize in Business Administration (Human Resources): Anne Lena Ouellet  
 The University Prize in Business Administration (Management Science): Audrey Tudes  
 The University Prize in Business Administration (Marketing): Alexander C.

## MacMillan

The University Prize in Business Administration (International): Ladislav Maurice  
 The Albert Kuehner Memorial Prize in Chemistry: Joshua N. Wald  
 The Society of Chemical Industry Award in Chemistry: Gavin S. Heverly-Coulson  
 The Mackie Prize in Classical Studies: Ashley Marie Moores  
 The University Prize in Computer Science: Tao Wang  
 Computer Science Faculty Appreciation Prize: Abdo Youssef Mazloum  
 The Euphemia Ross Prize in Drama: Rachel Thompson  
 The Bard Award: Ian Stuart Hanlin  
 The John W.Y. Smith Prize in Economics: Simon Prefontaine  
 Economics Education Enhancement Prize: Craig Anthony Atkinson  
 Award for Excellence in Economic Research: AmÉlie Lecocq  
 The Charles McBurney Prize in Practice Teaching: David Francis Megan  
 The Alan W. Jones Memorial Prize: Diane Sherrer  
 The Quebec Provincial Association of Teachers Prize: Grace Buchanan  
 The William L. Shurtleff Prize for Practice Teaching - Elementary School: Ashley Catherine Lawrence  
 The William L. Shurtleff Prize for Academic Achievement: Isabelle Desbiens  
 The John S. Visser Memorial Prize in Education and French: Josiane Asselin  
 The Mackie Prize in English: Nikita Gourski  
 The F.E. Meredith Memorial Prize in English: Jodi-Lynn Buzzell  
 The Stanmil Prize for Excellence in Writing: Nikita Gourski  
 The Shauna Murray Memorial Prize in English: Micheline Besner  
 The Archdeacon F.G. Scott Prize in English: James C. Hatch  
 The University Prize in Fine Arts: Erin Anne Benson  
 The Edwin F. Alder Award in Art History: Kathleen Victoria Munden  
 The Book Prize in Studio Art: Cara Said  
 The University Prize in Modern Languages: Sylvie Lévesque  
 The Professor E.H. Yarrill Prize in Modern Languages: Adelle Grace Marsden  
 The Bandrauk Prize for Certificate in Modern Languages: Tina Smith  
 The Ambassador of Switzerland Prize in French: Dane Boulay  
 The Lieutenant Roddie Lemieux Prize in French: Dane Boulay  
 The University Prize in Environmental Studies and Geography: Matthew James Christ Apedaile  
 The Canadian Association of Geographers Prize: Caitlin Michelle Ball  
 The Ambassador of Switzerland Prize in German: Mathilde Beaulieu Lefebvre



PERRY BEATON

Graduating student council president Jocelyn Molyneux won a leadership award.

## BISHOP'S:

CONT'D FROM PAGE 1

cent women are more and more often the target of brutal rape.

In discussions with the country's ministry of gender, Lewis said he was left with the impression that "the single highest risk in Liberia today is to be a young teenage girl, and there's nowhere for them to be safe."

"And as bad as it is in Liberia, there is no part of this world that seems to be immune from this senseless, lunatic violence," said Lewis.

Despite all the media attention that Africa's struggles with violence against women have garnered, the rest of the world, in his opinion, has barely stirred.

"And why? Because it's women," Lewis said. "The struggle for gender equality is the single largest struggle on this planet."

Lewis encouraged young graduates, whatever their occupation, to consider

their global community.

Formerly the Special Envoy to UN Secretary-General Kofi Annan for HIV/AIDS in Africa, Lewis also led the Ontario New Democratic Party in the 1970s. He currently serves as board chair to his own Stephen Lewis Foundation, as well as co-director of AIDS-Free World, a new international AIDS advocacy organization based in the US.

Bishop's University professor of women's studies, Cheryl Gosselin, presented Lewis his honorary degree, calling him one of "Canada's foremost humanitarians. We are grateful to you for showing us there is so much potential for our children and grandchildren," Gosselin said. "You have made us all global citizens."

Also receiving honorary degrees from Bishop's were North Hatley author and teacher Mary Jean Woodard Bean, for her contributions to historical genealogy, BU philosophy professor George Englebretsen, who has published 10 books and nearly 200 research papers in the areas of formal logic.

The Republic of Austria Prize in German: Maïke Jaeger  
 The Federal Republic of Germany Prize: Maude Genest-Denis  
 The Malcolm and Evelyn Doak Prize in History: Mark Edward Feldthusen  
 The Roderick Thaler Memorial Prize in History: Alex MacDonald  
 The Ambassador of Switzerland Prize in Italian: Romina Helena Barony Sanchez  
 The University Prize in Liberal Arts: Thomas Allen Posie  
 The General Nicolls Prize in Mathematics: James Wells Ratcliffe  
 The University Prize in Mathematics: Aki Ayukawa Avis  
 The University Prize in Music: Eliza-

beth Marie Mazurek  
 The University Prize in Philosophy: Benjamin Wald  
 The Douglas Albert Taylor Lloyd Memorial Prize in Philosophy: Eleanor MacLeod Louson  
 The University Prize in Physics: Ilana Rachel MacDonald  
 The David Savage Prize in Physics and Mathematics: Jean Matthieu Bergeron  
 The Professor T.W.L. MacDermot Memorial Prize in Political Studies: Maude Genest-Denis  
 The Gerald Theodore Rayner Prize in Political Studies: John Logan Mitton  
 The University Prize in Psychology: Gina Lee Snelgrove

PLEASE SEE GRADS ON PAGE 8

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THE  
**RECORD**

# Too much #6 not accepted

*Your coffee cup's not recyclable?*

By Jen Young  
SHERBROOKE

If you are foggy on what exactly can be recycled, you're not alone. In fact, even recycling officials admit to the confusion — like Sherbrooke sorting center supervisor Denis Robert.

"We accept plastic #1 to #7," said the official, referring to the number inside the triangle on the bottom of all plastic items. "But, we do not accept too much number 6 plastic (used with small yogurt containers and the blue plastic used for certain vegetables). The quality of that plastic is not as good and there is no market right now for it. We will accept it if it comes with other plastics, but we can not accept a batch of just that plastic."

This causes a problem for Lennoxville's St. Antoine's teacher Marie France Gelin, who led her grade 6 class to cre-

ate an in school recycling project last year, which went on to be acknowledged at this year's annual Lennoxville Achievement Awards.

"The kids just found out that we can't recycle #6 plastic, so they now have to lead the other students know and they have to sort it all," she explains. "This means that the small yogurt containers are not accepted and think about all those containers that we can't put in now. In elementary school there are a lot."

Number 6 plastic is used frequently for the covers of take out cups, including those of Tim Hortons, which sells hundreds daily here in the Townships. Not only are the covers made of #6, but the cups themselves are not accepted at all. According to TLD Group Corp. (the Tim Horton's Head Office) spokeswoman Rachel Douglas from her

# Perreault takes the reins of Canadian group

*Sherbrooke mayor elected*

*FCM president*

By Joe Strizzi  
SHERBROOKE

Municipal government delegates from across Canada elected Sherbrooke mayor, Jean Perreault, president of the Federation of Canadian Municipalities (FCM) at their 71st annual conference in Quebec City, Sunday, as per

a press release made public yesterday.

According to their website, The FCM is the national voice of municipal governments, representing the interests of more than 1,600 municipalities, over 90 per cent of the country's cities, urban and rural communities, on policy and program matters that fall within federal jurisdiction, affecting more than 25 million Canadians.

Perreault's one-year mandate comes on the heels of concluding his term as president of the Union of Quebec Municipalities, which began in 2005. Dur-

ing the past year he served as the federation's vice-president.

Perreault is serving his fourth consecutive term as mayor of Sherbrooke, and claims this nomination will not take him away from his responsibilities. First elected in 1994, he began his foray into politics as a member of the city's municipal council in 1982.

Perreault was also an accomplished athlete, competing in four world downhill- and water-skiing championships before coaching the national water-skiing team to two more competitions.

Oakville, Ontario office, the cups are recyclable, and in fact break down at a much more accelerated rate as regular recycling. But, the trick is getting municipalities to do it.

"They can be recycled, but the problem is not all municipalities will do it," stated the official, a Bishop's University graduate. "Our goal is to be environment friendly, that's what we are constantly striving for, and it is a constant battle to get different municipalities to do it. Some just don't accept certain things."

She said that thus far Tim Hortons has been successful in forming a recycling agreement with numerous Canadian towns, but has been unsuccessful as of yet to get Sherbrooke on board.

"We're going to keep trying because we want to do our part." Rock Forest's Frank Jacques said, "Hell no" when asked if he would stop drinking the java now knowing the cups are finding their way to landfills. "I need to have my coffee in the morning. They really should figure something out because so many people drink it."

Douglas said letters written to town offices would help get a recycling contract signed faster.



JEN YOUNG/ STAGED PHOTO

Timmy's cups aren't recycled in Sherbrooke, but are in some other municipalities, according to a company official.

## POLICE BRIEFS

### Female stabbed by neighbour

Police arrested a 47-year-old man in Sherbrooke's east end, Saturday, for the attempted murder of his neighbour.

The man allegedly stabbed the resident of Fleurimont's Codère Street, after what police suspect was an argument between the two.

After contacting the police herself, the victim was rushed to the nearby Fleurimont campus of the CHUS, where she remains in hospital with non-life threatening injuries.

Police arrested a suspect at 10:38 p.m. An investigation is in progress.

### Driver ejected from car

Lennoxville residents called police after a dri-

ver was ejected from his car near 275 Winder Street.

Witnesses say the 24-year-old man lost control of his vehicle when he couldn't manipulate a curve on the street, jumped the curb and eventually stopping, where he was thrown from the car.

The motorist was arrested by police for allegedly driving under the influence, after it was determined he smelled of alcohol. Drug paraphernalia was also found near the vehicle.

He was taken to the Fleurimont CHUS with non-life threatening injuries.

- all items by Joe Strizzi

## BRIEF

### Sherbrooke Swim Club

To celebrate 40 years of butterflies and breaststrokes, the Sherbrooke Swim Club is planning a Steak BBQ and Party on Tuesday at the Centre récréotouristiques Montjoye, 4785 Capelton Road, in Hatley.

Club president and guest speaker Pierre Lafontaine will those present, as well as this year's Swim Quebec hall of fame inductee, Huguette Lamarche of Trois-Rivières and guest of honour, international free swim officer Jacques Bilodeau.

Tickets are \$45 and a receipt for a \$20 charitable donation will be issued.

For reservations, call 819-864-1567.

## NEW ARTISTS CORNER

WOW!

What talent we have around here!

Keep the drawings coming.

The first will be published in *The Record* during the week of June 9th.

Just a reminder once a month, a lucky winner will be chosen to be interviewed by telephone and asked to send a picture which will be in *The Record* as well.

Good luck to one and all!



Send to:

The Record  
attention: Artists Corner

1195 Galt East

Sherbrooke, Quebec

J1G 1Y7

# Community Forum

## LETTERS TO THE EDITOR

### Sherbrooke police were (partly) wrong

DEAR EDITOR

Re: "Fake cop fundraiser", May 21 *Record*. Contrary to what was reported in this article, the Canadian Police Association (CPA) is, in fact, conducting a national program called "Cops for Kids' Safety". This could easily have been verified if your reporter had simply Googled "Canadian Police Association" or telephoned the organization. By going to [www.copsforkidssafety.com](http://www.copsforkidssafety.com) you can find full details about this unique and much-needed program to help kids, their parents and their teachers guard against crimes directed at children. The CPA has retained Xentel DM Incorporated to contact Canadians by telephone to tell them about this program and to encourage them to support it.

LEN WOLSTENHOLME  
Xentel DM Incorporated  
Calgary

*Editor's note: see also "Confusion over cop contributions; Telephone scams abuse real police fundraiser", in the May 30 Record.*

### About the school

DEAR EDITOR

In reply to Conrad Sanders of Florida's letter to the editor ("Ascot Consolidated", *Record*, May 28).

The Ascot Consolidated High School, on the Eaton Road (now Route 108) at the junction of Spring Road, was officially opened in December 1918. In 1952 it closed and all the students were bussed to Lennoxville High School. In 1957, however, it was reopened for Grades 2 and 3 because of overcrowding in Lennoxville. It closed again in 1962 and was torn down in 1989.

LILLIAN RIDER  
Archivist  
Lennoxville-Ascot Historical & Museum Society (LAHMS)  
Sherbrooke

### Signing Sutton's registry

DEAR EDITOR

The Sutton urban-plan-and-bylaw

package ("The future of Sutton's urban plan", May 30 *Record*) is grossly flawed and must be rejected so that we can rebuild it logically, not just for the next 25 years and short-term gains, but for the long haul.

The decision belongs to us and that is why I call on all citizens to sign the referendum registry massively on Friday, June 6, to force a referendum that will allow the employer-citizens to wrestle away from our temporarily-elected employees the control of our ecological future.

Here is the basis of my reasoning.

Regarding the Sutton range of mountains, the last remaining large expanse of wilderness in Southern Quebec between the Saint Lawrence river and the United States, we the landowners have inherited a custodial responsibility by default. The rest of this territory has already been altered, paved, tamed, Bromontised, Sheffordised.

In our case, this custodial responsibility means that we have ecological duties similar to those of governments regarding provincial and federal parks. But, in this respect the urban plan is mute, which is unconscionable.

It is not enough that an urban plan should contain good intentions, these must be enshrined. But, the zoning bylaws contain generalities that leave a lot to interpretation, thus very possible damage through wilderness-eating development and the consequent strangling of land trusts.

Our long-term attractiveness, as well as our marketing assets, depend on the fact that we are the last area to give access to this natural jewel on a sharing basis. Are we of nature or against nature?

The issues and the long-term consequences on our children, grandchildren and their successors are too crucial for decisions about this natural jewel (this goose that lays the golden eggs of biodiversity, communing with nature, sports, hiking, weekend-ing, ecotourism, unfragmented forest) to be left in the hands of our elected employees at Town Hall.

JEAN-CLAUDE LEFEBVRE  
Sutton-junction



## Controversy rages over the meaning of Quebec City's fête

By Marianne White  
CANWEST NEWS SERVICE

As Quebec City prepares for its 400th anniversary on July 3, politicians are engaged in a bitter fight over the meaning of the celebrations.

In one corner, sovereigntists and nationalists claim the founding of the city in 1608 by Samuel de Champlain marks the birth of the Quebec nation and the cradle of French in North America.

In the opposing corner, federalists say that Champlain's arrival marked the founding of the Canadian state and they don't intend to keep silent about it.

The confrontation came to a climax during Gov. Gen. Michaëlle Jean trip to France earlier this month for festivities surrounding the 400th anniversary.

Jean — who was showered with praise by the French media who dubbed her the face of Canada's multiculturalism — spoke about "the other French-speaking Canada" when she met with French President Nicolas Sarkozy. She even added it is important to "look beyond Quebec."

This is clearly not what nationalists wanted for the French launch of the 400th anniversary celebrations. They had hoped the attention would focus on the Quebec nation and the French language, not on Canada and its governor general.

It didn't take anymore than that for sovereigntists to accuse the federal government of hijacking the celebrations by portraying Quebec City's 400th anniversary party as a pan-Canadian event.

Parti Québécois Leader Pauline

Marois said the federal government is involved in historic revisionism by saying the foundation of Quebec City marks the beginning of Canada and asked Quebec Premier Jean Charest in the national assembly to "correct this impression."

But Charest added fuel to the flames, in the sovereigntists eyes, by saying: "We are proud of the fact that Quebec founded Canada."

So what did Champlain found exactly after he stepped off the "Don de Dieu (Gift of God)" on the shore of Quebec City on July 3, 1608?

It's a complex story, stressed renowned historian Marcel Trudel, and one that calls for a lot of nuances.

"When Champlain arrived, Stadacone (a Iroquois village near what was to become Quebec City) was already part of a country called Canada. The name Canada dates back to the era of Jacques Cartier in 1535 and applied to a region on the shore of the St. Lawrence River that included Quebec City," said Trudel in an interview.

"Whether nationalists like it or not, when Quebec City was founded it was part of a region called Canada," noted Trudel, who wrote Champlain's notice in the Dictionary of Canadian Biography.

"But of course, Champlain's Canada isn't the same as the Canada we know now," added Trudel, who thinks politicians are playing with words.

His fellow historian Gaston Deschenes thinks it doesn't matter what the region was called back then or whether the descendants of Champlain eventually

PLEASE SEE QUEBEC CITY ON PAGE 7

## THE RECORD

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ABC, CARD, CNA, QCNA

# With a stroke of a pen... goodbye democracy

In New England, where I grew up, history was everywhere. You couldn't walk along the seashore without passing the original canons that our forefathers used to defend the Connecticut coastline from the invading British army and not be reminded of what would have happened to the United States without the sacrifice of those who cared about their descendants.

To me, both the Canadian and US constitutions are not just pieces of paper, but the foundation that our ancestors built upon to make these two great North American Countries what they are today.

During my adolescence, the constitution came alive. I memorized the preamble and many sections before I was in high school and dreamt of becoming a constitutional lawyer, one who defended civil rights. My favorite thing was going to the law library above the courthouse, reading case files and occasionally getting to talk with a law student or lawyer.

My patriotism and passion for the constitution of those United States made me realize the seriousness and risk to democracy that came about when the country that I loved became involved in an illegal war with Vietnam. Once the constitution of any country is no longer upheld that country ceases to be a democracy, so not condoning the war, I moved to Canada and became a Canadian.

We have a great constitution here in Canada, one that's supposed to uphold our rights while protecting us from bad people. As the law stands now, even those people have rights that are protected by this same constitution. Again that's what a democracy is, everyone being protected through what's called due process of law.

Due process means that when the government deprives a person of life, liberty, or property, it must respect all of a person's legal rights, instead of just some or most of those legal rights. It is also the way in which we choose to have these laws written and enforced, through the democratic process of voting in representatives who pass and enforce the laws we collectively want them to pass.

Before becoming law, a bill goes through a series of public readings and debate, and it must be successfully voted on three times in the House of Commons.

Since confederation, Canadians are the only people who write Canadian law, but after Bill C-51 is passed we could be subject to laws written and executed in other countries.

## BILL C-51

There is a lot of talk online about how this piece of legislation will re-classify herbs and herbal medicine into "drugs."

While this is a touchy subject and could have many ramifications; most of the natural products we buy today might be banned or become controlled substances, meaning you would need an expensive prescription for an herb that only previously cost you a couple of dollars.

What really concerns me after reviewing this bill is the wide-scope powers that go along with enforcing it. For one thing, the minister of health gains more power than any one MP should be allowed to have within a democratic society. If implemented as laid out in the bill, the laws that are now in place to protect our liberty and freedom will not be respected. Let me give you an example of this:

Say you are dealing an illegal substance and the police find out. The first thing they do is watch your activity, observe your comings and goings and when they feel there is enough evidence to justify a warrant, they present the facts before a judge who then grants them a warrant to enter your home. So, you see, even a criminal's constitutional rights are respected.

For me, the dangerous part of this is the fact that warrants will no longer be needed when people are suspected of any infraction having to do with growing, using, sharing or just talking about herbs.

I wish everyone would take the time to read this bill and understand, it's not about protecting us from bad vitamins or dangerous herbs that can be achieved without taking away the right to privacy in our own homes. Our forefather's did not die so we would give up our freedoms this easily.

Here is just a small example from the bill:

Section 15.1 is in regard to Prescribed Therapeutic Products with the usual regulations that only a practitioner can authorize a prescription and that distribution and sale must be done in the proper prescribed manner.

But here's the loophole: 15.1 (4) - Subject to the regulations, the Minister may, by order, designate a therapeutic product - either individually or by class - as a prescription therapeutic product for the purposes of this section.

This would give the health minister the power to make any natural supplement a prescription-only product, then you'd need a prescription to purchase it.

Bill C-51 will:

- Remove democratic oversight, bypassing elected officials to vote in laws and allow bureaucrats to adopt laws from other countries without our consent.

- Remove more than 70 per cent of natural health products from Canadians and many others will be available by prescription only.

- Restrict research and development of

safe natural alternatives in favor of high-risk prescription drugs.

- Punish Canadians with little or no opportunity for protection or recourse for simply speaking about a natural product or giving the same natural product without the approval of government.

This could criminalize more than 70 per cent of Canadians who now use a Natural Health Product. This new law goes so far as to warrant action against a person who gives their own child an herbal cold remedy or a person who dries herbs in their own oven for their own use.

Or it could apply to a person who grows dandelions and recommends eating them to help improve another person's health.

When C-51 becomes law government agents will be able to:

- Enter private property without a warrant

- Take your property at their discretion

- Dispose of your property at will

- Not reimburse you for your losses

- Seize your bank accounts without a warrant

- Charge owners shipping and storage charges for seized property

- Store your property indefinitely

- Levy fines of up to \$5,000,000.00 and/or seek two years in jail per charge.

Once you no longer have disposable assets and money how could you hire a lawyer to defend yourself in court?

## WHAT CAN ONE PERSON DO?

I am one person, you are one person and when we join others we become a collective voice and this is how a democracy works and what its all



ANNA MAY KINNEY

about. Yes, there is power in numbers.

So instead of sitting quietly and doing nothing take a pad and pen in hand and draft a handwritten letter to some of the members of Parliament, starting with our Prime Minister Stephen Harper, Minister of Health Tony Clement and your own local MP.

What's great about doing this is that any letter, handwritten or typed sent to any member of parliament is postage-free - yes, you don't even have to put a postage stamp on the envelope and the government picks up the tab, so what's stopping you?

Address your letter or letters to any MP or MPs that you want to know what you think of Bill C-51 as follows:

MP's name, House of Commons, Ottawa, ON, K1A 0A6.

Now with the reduction in long distance rates, it costs very little to pick up that phone and touch someone. So why not reach across the miles and make your protest a bit more personal?

Prime Minister Stephen Harper's phone numbers are 613-992-4211 and 403-253-7990. Health Minister Tony Clement's phone numbers are 613-944-7740 and 705-746-9053. Make their day and show these two fine men that we are not going to sit silent and let more of our rights be taken away.

Last but not least, write letters to the editor of every Canadian newspaper, call radio shows and call your local radio/tv stations, and ask that they do a story. It only takes three readings and three votes to pass a bill, and this bill has already passed two votes, so please act fast before the third and final vote passes this legislation, which will be the end of democracy in Canada.

## QUEBEC CITY:

CONT'D FROM PAGE 6

became Canadian or American citizens. What matters to him is what happened 400 years ago.

"Champlain laid the foundations of the continuous French presence on the continent and the cradle of French-speaking America. (The year) 1608 marks the beginning of a city, of a capital and of a people that spread all over the continent," he wrote in a recent article.

The politicization of the 400th anniversary celebrations doesn't come as a surprise for H.V. Nelles, a Canadian history professor at Ontario's McMaster University.

Nelles wrote a book about the 300th anniversary of the foundation of the city and notes that politics got in the way in 1908 as well.

Everyone, from the mayor of Quebec City to the governments of Quebec and Canada as well as the church, the Crown and the Iroquois Confederacy wanted to play their part. Controversy raged over who should be in charge and what should be celebrated.

They eventually all came together to create what became the climax of the 1908 celebration: a historical pageant in which 4,000 costumed citizens re-enacted classic

events in Canada's history.

"The point is not that politics intruded into the gaiety or interfered with the master-plan, but rather that festivals are politics. By commemorating we necessarily celebrate ourselves. But more often than not we are plural, and opinion about identity and destiny is divided." Nelles wrote in "The Art of Nation-Building: Pageantry and Spectacle at Quebec's Tercentenary."

In an essay published in March, Nelles noted that the 400th anniversary celebrations are going to be in marked contrast with the 300th anniversary. History, which was front and centre in 1908, will be kept as far offstage as possible this summer.

"In these contested times, when the fate of Confederation remains in doubt, history itself has been totally dispensed with. Only pure entertainment will suffice to bring opposing factions together in Quebec, and tourists to the city from the rest of Canada and abroad," he noted.

A point of view echoed by Quebec City's mayor who asked politicians to bury the hatchet for the duration of the celebrations.

"We are waking up old demons while we are trying to get the party started in Quebec City. We invested millions of dollars in this, can't we put our 50-year old squabbles on the back burner for a little while?" he pleaded.

# Couple therapy is best when both motivated

## Problem-solving in relationships

Although the number of divorces in Canada greatly increased after the divorce laws came into effect in 1968 — with an all-time peak in 1987 — the divorce rate has remained more or less stable over the last few years. Overall, about one third of all marriages in Canada end in divorce, and the rate is somewhat higher for remarriages.

Couples with marriages of between three and five years are most likely to divorce; after five years, the risk of divorce decreases slowly for each additional year of marriage, and by age 65, divorce is relatively rare.

Marriages in Newfoundland and Labrador have had the lowest rate of all Canadian provinces. In Quebec, however, the divorce rate is highest (47.6 per cent in 2004). Add to this statistic the fact that Quebec also has the highest percentage of co-habiting couples in Canada, according to the Vanier Family Institute, 16 per cent of all Canadian couples and 30 per cent in Quebec, who are generally more approving of divorce as a solution to their couple problems, and it is easy to see that the actual divorce rate in Quebec will be much higher than the quoted 47.6 per cent.

And even when relationships don't end in divorce, an estimated 20 per cent of all couples experience unhappiness at any given time. It is therefore of utmost importance to understand couple distress and its consequences, as well as developing and applying effective treatment methods for those who seek professional help.

What are the most recurring themes frequently associated with distressed cou-

ples?

The inability to communicate well (sharing important issues, negotiating and compromising, problem solving and decision making) is often reported as a major stumbling block. People blame their partner for being too withdrawn and not willing to talk about emotional issues.

Or they describe them as too demanding, nagging, and argumentative. Specific problem topics that couples often cannot agree on are money, sex, major values, relationships with in-laws, raising children, and chores at home.

Couples can also get distressed when they are faced with certain life transitions such as an empty nest, illness, or death of a family member. When a change in one partner's life occurs as a consequence of job advancement, new friendships or an extra-marital affair, the other partner often feels excluded or resentful.

Finally, individual problems such as alcoholism, violence, or mental illness may impact considerably on a couple's functioning, although the opposite is also quite common: couples who have problems in their marriages may subsequently not only suffer from a host of psychological problems, including depression, high stress, substance abuse and family violence, but are also more susceptible to physical health problems.

The effects of unhappiness in a couple are not limited to the partners themselves. Research findings suggest that children raised in high conflict homes are more likely to have emotional and behavioral problems than other children growing up in relatively stable families.

Although one does not need to be in a

distressed relationship to seek couple therapy (in fact, many people come to counselling to simply enhance their already satisfying relationship), some troubled couples consider therapy only by the time they are at their wits' end and have already considered the option of divorce. The good news is that there are various approaches in couple counselling that

have been quite effective in promoting healthier relationships and saving them from destruction.

Given a willingness to work on their difficulties, to have understanding for differences, and to accept what cannot be negotiated, many people can indeed improve their relationships. Some are able to make these changes on their own, but others need the assistance of a couple therapist to help them

see their negative patterns of interaction and behavior, and turn that negative flow into a more positive direction. After all, no one begins a relationship as a perfect partner.

Most often we only have one model to go on, and that may not always be the healthiest one. Successful unions depend not only on the initial "fireworks" and chemistry, when unhealthy patterns learned from a young age on are still being shuffled under the rug, but also on a number of more mundane skill factors that come in handy when reality sets in.

Understanding oneself and one's partner, good communication skills, and the ability to share, support, fight fairly, and compromise are some of those skills.

Many couple therapists focus on increasing positive forms of communication, problem solving and ways partners view and think about each other. Others look more at the past and help to identify

the origins of difficulties. Most therapists combine these two approaches.

Like in any other kind of therapy, working on one's problems is especially hard in the beginning. Because it is often the first time partners have an honest and close look at themselves and their ineffective patterns, they may feel worse first before it is getting better.

But once certain beliefs and views have been successfully challenged and changed, and ineffective ways of living and communicating with each other have been replaced by more acceptable and positive ones, people generally become more optimistic about each other, their marriage, and their future together.

Extensive research to evaluate the effectiveness of various forms of couple therapy shows that between 65 and 75 per cent of couples improve substantially at the end of treatment and are able to maintain the gains. The other one third may improve initially but then relapses, or fails to improve altogether.

One of the most important factors in determining success is the degree of commitment and motivation in both partners to make the relationship work. It is obviously hard to fix a distressed relationship on one's own, or when two partners have opposite goals.

But even when one partner is not willing to enter therapy, there are still some issues one can seek help for alone. These include, for instance, changing one's own ineffective patterns, learning more appropriate ways of relating to the partner, or finding more effective ways to enlist the other in seeing a professional together.

LIES OUWERKERK, MEd, MFT, IS A LICENSED INDIVIDUAL, COUPLE, AND FAMILY THERAPIST WITH A PRIVATE PRACTICE IN NORTH HATLEY



LIES OUWERKERK

## GRADS:

CONT'D FROM PAGE 4

The Shannon Gadbois Prize for Excellence in Psychological Research: Gina Lee Snelgrove

The W.H. King Memorial Prize in Religion: Michael Bilodeau

The University Prize in Sociology: Anthony D. Roach

The Ambassador of Spain Prize in Spanish: Valerie Brodeur

The Hispanic Studies Prize: Sarah Coté-Dionne

The Faculty Prize in Women's Studies: Erin L. McGregor

Prize List Undergraduate Years

The Col. Arthur Mills Prize for Best All-Around First Year Student: Mary Jorgensen

The Charles A. Shearson Memorial Prize: Alexander Cant

The U-1 Alumnae Prize: Mary Jorgensen

The Alumnae Prize: Emilie Pelchat

The U-1 Alumni Prize: Elliott Verreault

The Alumni Prize: Andrew Gibson

The Ross Hunting Prize:

Melanie Ouellet Godcharles

The Bishop's University Council of Part-time Students Sesquicentennial Prize - Degree Program: Jocelyne Sauvé

The Elizabeth Ann Pennington Towers Prize: Elliott Verreault

The Undergraduate Prize in Biochemistry: Chantal Mitterer

The Arnold N. Schoch Prize in Biology: Paul Calvert

The Leo Sepp Prize in Biology: Eileen TenCate

The Biology Prize (U-0): Jason Duguay

The Undergraduate Prize in Business Administration (B.B.A.): Elliott Verreault

The Undergraduate Prize in Business Administration (B.A. Major): Alexander Cant

The John B. Fellowes Memorial Prize in Business Administration: Victoria Schaefer

Ernst & Young Award in Accounting: Marco Letto

Brian H. Fripp Award: Craig Pettman

The Canadian Society for Chemistry Silver Medal: Bryan Jaksic

The Chemical Rubber Company Achievement Award: Kath-

leen Chan

The Chemistry Faculty Prize: Katharine Anderson

The Prince of Wales Prize in Classical Studies: Alyson Briggs, Merran Eby

The Albert Kwong Memorial Prize in Computer Science: Neda Aminshariati

The Undergraduate Prize in Drama: Ronan O'Beirne

The Lennoxville & District Women's Centre Prize in Drama: Alexis Clare McDougall

The Michael C. Boisvert Memorial Prize in Drama: Mitchell Rose-Kays

The Jane Quintin Mitchell Award in Drama: Peter Jarvis

Award for Creative Endeavor in Drama: Stephanie Izsak, Rebecca Young

The Undergraduate Prize in Economics: Ying Miao

The J.R. Stokes Prize in Economics: Michael Lavigne

Faculty Prize in Economics: Marco Di Fruscio, Michael Lavigne, Elliott Verreault

The Honorary President's Prize in English (U-1): Elyse Gagne

The Honorary President's Prize in English: Emilie Ouellette

Award for Creative Endeavor in Film Studies: Emilie Ouellette

The Undergraduate Prize in Fine Arts: Sigal Hirshfeld

The Undergraduate Prize in Modern Languages: Veronique Theriault

The Undergraduate Prize in French: Emilie Laquerre

The Undergraduate Prize in Environmental Studies and Geography: Vanessa Stretch

The Bill and Catherine Young Prize in History: Brianna Daly

The Undergraduate Prize in Liberal Arts: Jessie Lyon

The Irving Prize in Mathematics: Sara Wuite

The Undergraduate Prize in Mathematics: Erika Laffey

The Howard Brown Prize in Music: Stephanie Marie Higgins, Rebecca Hincke, Zachary Kleiza, Jennifer Schulz

The Undergraduate Prize in Music: Aryane Beaudoin

The Friends of Music Award: Julian Chobot

The Undergraduate Prize in Philosophy: Alanna Fernandes

The Undergraduate Prize in Physics: Emilie Pelchat

The Faculty Prize in Physics: Jacob Hooey

The T.S. Nagpal Prize in Physics: Paul Calvert

The Undergraduate Prize in Political Studies: Myriam Plourde

The Undergraduate Prize in Psychology: Mary Jorgensen

The Long Prize in Religion: David Joubert-Leclerc

The Undergraduate Prize in Sociology: Melissa Ferguson

The Universidad Nacional Autonoma Mexico Escuela de Extension Prize in Spanish: Christine Proulx

The Undergraduate Prize in Women's Studies: Kristina Vidug

**Scholarship List**

The George H. Tomlinson Memorial Scholarship in Science: Jennifer Campbell

The Prof. E.A. Prince Memorial Scholarship in Political Studies: Laurah John

The Sir Herbert Marler Memorial Scholarship in Political Studies: Alexandra Billings

The M. Georgina Mills Scholarship in Music: Lily Polowin

The Anthony W. Preston Memorial Scholarship: David Joubert-Leclerc

The Kruger Inc. Scholarship in Geography: Tony Gkotsis.

# Our School's Page

## ASBESTOS-DANVILLE-SHIPTON ELEMENTARY

### OUR YEAR- 2007-2008

It is hard to believe that another school year has come to an end and that this our last school page.

The year began with our annual trip to richmond fair. What a great morning!

We had a couple of exciting sporting events to follow. We had a wet cold day at Richmond Regional for a soccer tournament with St. Francis and Drummondville. It was a lot of fun! We also had a cross country run in Lennoxville. It was quite a challenge but worth all of the effort.

Before we new it, it was Halloween. We had a costume parade, collected for Unicef, and had special activities in our class.

November brought our annual craft and book fair. We also had a brunch the same weekend. All a success.

Christmas arrived and we had a Christmas dinner served by the grade six students, a food and toy drive, and a great Christmas concert in the evening. The Christmas concert was really good because we had our new sound system bought with our fundraised money.

In the New year, we had basket ball games and a tournament. Many carnival activities. Ski trip to Mount Gleason, a day of curling and a trip to the Perons sugar camp.

We had a super visit from Yolanda and Smila from Switzerland. We learnt a little bit of German and enjoyed Yolanda's great guitar playing.

The Kindergarten and Grade 1 & 2 classes planted sunflowers in memory of Miss Valerie Castonguay.

We will transplant these outside when the weather is just right.

On May 16th we were invited to participate in a fun day put on by Quebec En Forme in Asbestos, at Escal High School. It was great!!

Two A. D. S. students will participate in the Field days games on May 29th.

We have some field trips planned. Grade 5 & 6 will be going to Camp Livingstone for an over night trip. Grade 1 & 2 will be going to Mrs. Viens,

their teachers home. Kindergarten and Pre-k will be going to Burbank Pond.

Grade 3 & 4 will be having a sleep over at the school.

Our 2nd Annual Community Track Meet will on held Saturday June 14th. We are all practicing to get ready for it. All are welcome to come out to watch and cheer.

Monday, June 16th is our recognition evening and Wednesday, June 18th is our graduation. We wish Amy Hayes, Cynthia Gifford, Elyse Pelletier, Tray McEniry Pouliot, Ali Kydd, Jacob Arquin, Sam Couchard, William Morin, Keano Hampton Belouin, and Remi Lavoie all the best next year.

Our last day will be held at the Danville pool.

Our staff had an exciting year this year, Mrs. Nancy Gillan got married in October, Martin Belanger got married in January, and our secretary Patricia Martin got married in May. Miss Danny is having a baby boy, and Mme. Stephanie is having her third baby. Congratulations to all.

It is not possible to talk about our year without mentioning our dear friend Terry. We will always miss your smile and your friendship. You will always be a part of A.D.S. Our hearts go out to your family.

Thank you to all of our teachers, staff, bus drivers, and volunteers for making A. D.S. a special place.

To everyone have a nice summer.

by Cloe Allard, Lysue Allard Bryan- na Bilodeau, Brittany Pellerin, and Ali Kydd

kinds of birds. They enjoyed coloring and cutting birds to decorate a tree.

June projects anticipated are Teddy Bear Picnic and a nature hike at Burbank Pond.

Every Pre k student loved to have their grade 6 friends Ali Kydd, Amy Hayes, and Tracy Pouliot come to help and work with Pre K each day. They were great teachers!

Written by Grade 3/4

Book projects: In Grade 3 /4 we did a book project. We needed to choose our favourite book and write about it. We weren't allowed to write on paper, we needed to be creative. We wrote about the authors and the characters, we drew pictures about the main characters. Everyone did a fantastic job. We enjoyed this project.

Our Classroom plays: On May 15th the 3/4 class presented wonderful plays with colorful scenery and regional props. The third grades had a play called "Queen Midas" which was a story of a queen whose power was to change everything she touched into chocolate. The fourth graders had a play called "The Three Brother and the Singing Toad" in which a mysterious animal is stealing a farmers corn.

Everyone had lots of fun making and seeing their work. They all did such a great job and we hoped that we can do more plays with Miss. Whalen.

Miss Yolanda's Visit: Miss. Yolanda came to our school on April 28, 2008. She lives in Switzerland, in a small town named Wolfholden. She came to Danville to learn English. She really liked singing songs so she taught us some of them. She learnt how to play kick ball and we learnt Swiss and German. She has a girl named Smila which is in grade 2. She brought bread bread and chocolate for us to taste and wit was delicious. Before she went we gave her chocolate and a big flower card with Happy Birthday and Thank You letters. We enjoyed her visit and we miss her.

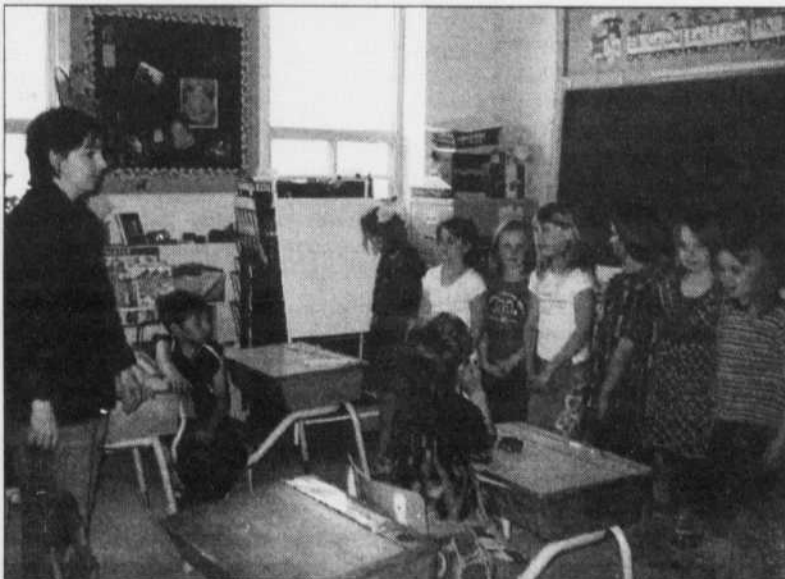
Ballon Chasser with Quebec en Forme: On May 16th A. D. S. had two teams of players that went to Asbestos

to play Bal- lon Chasser. Each team had seven players and there were many teams. We had a lot of fun, and A. D. S. got a Trophy for participation.



PRE K

Pre K has had a very busy year learning their ABCs and 1, 2, 3s. They recently visited Peron's sugar camp and with spring fever they have been learning all about several



# THE RECORD Sports

page 10 MONDAY, JUNE 2, 2008

NEWSROOM@SHERBROOKERECORD.COM



The gala winners at Massey-Vanier High School.

COURTESY

## Massey-Vanier honours outstanding athletes

### Student awards

By Mike Hickey  
SPECIAL TO THE RECORD

**M**assey-Vanier High School celebrated another outstanding year of athletic achievement when they hosted their annual Athletic Awards Night Friday in Cowansville.

The male and female athletes of the year award were presented to Casey Enright and Ashley Hadlock respectively.

Enright was selected as the hockey team's top defensive player while Hancock was an MVP in soccer and badminton.

Kim Jacobs received two prestigious awards, the Robert Kay Commitment Award for commitment to athletics through entire high school career as well as the Paul Jordan Memorial Award for the female who made strong contributions to the athletics program. Jacobs was an MVP in soccer and badminton as well as the Best Back on the senior girls' rugby team. Brothers Andy and Peter Pertschy were the male recipients for the Paul Jordan Memorial Award.

The Jake Vaughan Award for outstanding achievement in athletics and academics were presented to Benoit Boyer, Carolin Brand and Ingrid Ringen.

The Norm Burnham Memorial Trophy was given to Alex Steingruber and Jess Champigny. Steingruber was the team MVP for the senior boys' hockey team while Champigny was a MVP of the swim team.

The Barry Gage Memorial Trophy for perseverance by a member of the hockey team was awarded to Casey Crellar.

The Steve Malue Memorial Plaque for Intramural Athletes of the Year in Cycle 1 were presented to Andrea Macek and Robert McGovern while the Cycle 2 winners were Ophelia Gasser, Summer Blumenfeld and Dylan Kimell.

The bantam girls' soccer Most Valuable Players awards were given to April Picken (offence), Karina Champigny (midfield) and Alyssa Perkins (defence).

The bantam boys' soccer MVPs included Matt St-Pierre (defence), Gerald Lafond (midfield) and Tyler Murphy (offence).

MVP awards for the junior girls' soccer team were given to Fiona Moore (defence) and Olivia Robinson (offence) while Kayla Chamberlin was named the team's Most Improved Player. The junior boys' soccer team MVP awards were presented to Greg Lee (offence), Zack Milroy (midfield) and Nolan Rhicard (defence).

The senior girls' soccer team selected Ringen (offence) and Hillary McLellan (defence) as positional MVPs while team MVPs were given to Kim Jacobs and Ashley Hadlock.

James Grimond (offence) and Mark Ingalls (defence) were named MVPs for the senior boys soccer team while Aaron Tringle was named the team's Most Dedicated Player.

The bantam girls' basketball MVPs were awarded to Marjorie Tetreault-Ostigu (offence) and Ashley Gauvin (de-



fence) while Karina Champigny-Rolfe was given the Perseverance Award. Tyler Murphy was selected as the MVP for the bantam boys basketball team while Malcolm Gardner and Lukas Blumenfeld were co-winners of the Most Improved Player award.

The team MVP award for junior girls' basketball was given to Stephanie Boyer while Olivia Robinson and Fiona Moore received MVP awards for offence and defence respectively. Robert McGovern was the team MVP for the junior boys' basketball team while Jared Murray was selected as the offensive MVP and Dylan Shedrick the MVP on defence.

Kaysi Lachapelle, Summer Blumenfeld were named MVPs of the senior girls' basketball team while Meighan Royer captured the Most Improved Award. Benoit Boyer was selected as the senior boys' basketball MVP while Greg Ladoux was named the team's Most Improved player and Jeff Hamilton-Bedard took home the Leadership Award.

Justin Adams and Jessica Champigny captured MVP awards for the swim team while Carolin Brand was named the Most Improved Swimmer.

Alex Steingruber captured the team MVP for the hockey team while Jeremy Longtin won the offensive MVP and Casey Enright the defensive MVP. Matt Martin was named hockey's Most Improved Player.

Mike Mailhot was selected as the best wrestler while Amanda Jette took home the Guts Award. Shayne Crawford was named the Most Improved Wrestler and Rookie of the Year trophy was given to Lee Hudson.

Jared Murray, Ophelia Gasser, Ashley Hadlock and Kim Jacobs shared the MVP honours for the badminton team.

Tiffany Coates and Allison Corey were the MVPs of the softball team that made a successful return to the Eastern Townships Interscholastic Athletic Conference this season after a 17-year hiatus.

Gigi Allen was selected as the junior girls' rugby's Best Back while Olivia Robinson was named the Best Forward. The junior boys' rugby's Best Back was Nolan Rhicard, while the Best Forward Award went to Lee Hudson.

The Best Back Award for senior girls' rugby went to Kim Jacobs while Emilie Pominville was named Best Forward and the Dedication Award was presented to Jasmine Allen.

The senior boys' rugby Best Back award was given to Mark Ingalls while Charlie Rumsby Took was selected as the Best Forward.

Marie-Louise Cote and Ophelia Gasser were co-female MVPs for the tennis team while Scott Hancock got the nod as the male MVP.

Ashley Hadlock and Brooke Jones shared the MVP honours for track and field on the female side while Scott Hancock was selected the male MVP. Kristy Bockus was selected as the team's Most Improved Player.

## Trinity Church Whist

The Whist group met again on Thursday evening, May 22. There were 9 tables.

Bev Page won the 4 x 5's.

First prize went to Ronald Pagé, Bev Pagé, Dick Barrott, Helen Pagé.

Second prize was won by Yvette McElravy, Gerald Coupland, Marge Hewitt, and Arthur Hall.

Booby was won June Royea, Shirley Vaughn, Shirley Robinson and Donna Luce.

Door prizes: George Wilson, Angela Fournier, June Royea, Annie Jones, Bev Pagé, Jean Royea, Heather Forster, Doreen Gibbs 2x, Charlotte Mitchell, Ethan Perkins, Ronald Pagé, Yvette McElravy and Shirley Vaughn.

The consolation prizes went to Jean Scott and June Royea.

The basket of groceries was won by Ronald Pagé. A lucky night for Ron!

June Royea circulated a card for Bev de la Mare, who is recuperating at home. Get well soon Bev!

After a delicious lunch of sandwiches and squares, good nights were said and everyone headed home.

Thank you to all who provided for the Whist, food, prizes and time.

Thank you especially to those who came to play. Next Whist is June 12. See you then.

Mary LeChasseur

## Eustis Card Party

On Friday afternoon, May 23, 2008, eleven tables of card players gathered at Eustis Parish Hall for an afternoon of entertainment playing the game of "500".

Ladies first prize was won by Helena McComb with a score of 6540. Ruby Booth won second prize with a score of 6220. The consolation prize was won by Helene Swift.

Archie St. Onge was first for the men with a score of 6260. Second place was won by Everett Vachon with a score of 5390. The consolation was won by Isabel Nelson (playing as a man).

The two marked plate prizes were won by Isabel Nelson and Muriel Mosher. The bid for 9 No-Trump (without the joker) and the bid for 9 Diamonds were both won by Mona Garrett.

The door prizes this week were claimed by 28 people. The special prizes were won by Barbara Wing, Jean Martin, Jack Kimpton, Royce Wallace and Alice Stone.

Thanks to everyone for helping to support the Eustis Guild. The next card party will be held on June 6. Please plan to come and bring a friend.

Meryl Nutbrown

### Death

**McGEE, Alberta (nee Chilvers)** - Passed away at the CHUS Hotel-Dieu, Sherbrooke, QC, on Wednesday, May 28, 2008 at the age of 90 years. Alberta Chilvers McGee, daughter of the late Edward Chilvers and of the late Lizzie Jackson. Devoted and loving mother of the late Robert. Predeceased by her sister Edith (Jones), brothers Clifford and Earl, and her sister Hazel (Heatherington). Alberta also leaves to mourn, her nephew Guy Chilvers of Drummondville, niece Joan Chilvers (Rick Sharp) of Ottawa, and Ted Chilvers (Phyllis) of Ottawa. Resting at the Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), QC, 819-564-1750 / www.casshomes.ca where friends may visit on Monday, June 2, 2008 from 7 to 9 p.m. and on Tuesday June 3 from 1 to 2 p.m. A funeral service will be held in the funeral home on Tuesday, June 3 at 2 p.m., with the Rev. Canon Ronald West officiating. Interment will take place in St-Peter's Cemetery, Sherbrooke, QC. In lieu of flowers, donations to the Heart and Stroke Foundation will be greatly appreciated by the family.

### In Memoriams

**BEATTIE, Andrew (Joe)** - In loving memory of my husband who passed away June 2, 1997.

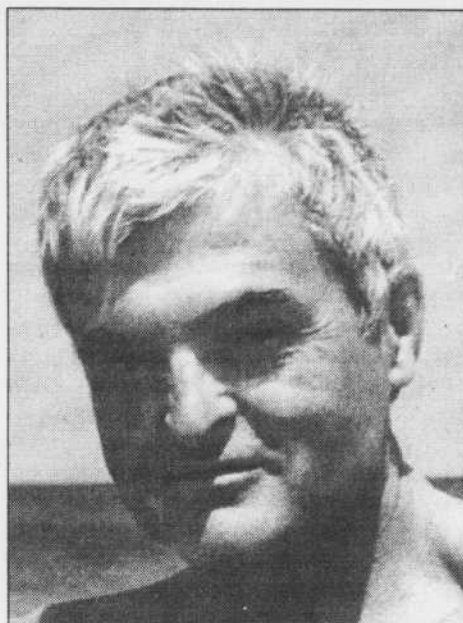
*Time slips by and life goes on,  
But from my heart you are never gone.  
Loved and remembered by  
RUTH*

**WIGHTMAN-PICKEN, Marion** - In loving memory of a dear mother who left us on June 1, 1982.

*Your presence we miss,  
Your memory we treasure,  
Loving you always,  
Forgetting you never.  
Always loved and greatly missed.  
Your children  
PAUL & PENNY  
xx*

## Richmond 4H Card Party

On the 12th of April, the Richmond 4H club organized a card party at the Legion in Richmond. The hall was generously donated by the Legion to host the annual card party. Every year the proceeds from the evening are given out as a donation. This year the funds were donated to the Rioux family who lost their garage and part of their home to a fire. The event raised about \$300. There were many people present including younger children who played other card games



**ROBERTS, James Dunlop (1928-2008)** - We wish to announce the passing of our father, James Dunlop Roberts at his home in Sherbrooke the 23rd, of May 2008. Beloved husband to his late wife, Thérèse "Terry" Dodier. He leaves his children: Brenda Harriet (Philip Dombowsky), James Edward (Louise Morin), Nancy Alice (the late Andrew Graham), Michael William (Stephanie Hinds), Jennifer Ann (Aurele Parisien). His grandchildren: Christina, Percival, Albert, Naomi, Alice, Ellis, Julia, Samson, Charis, River Lyn and Vincent. He also leaves his loving sister Alice Court (born Roberts) as well as his dear friend Janet, with whom he found tremendous joy and companionship. His many other family members and friends will most assuredly remember his loyalty and selflessness. The family will receive friends, family and well wishers on Wednesday June 4th, 2008 from 2:00 p.m. to 4:00 p.m. at: Résidence funéraire Steve L. Elkas Inc., 601, rue Conseil, Sherbrooke (Québec) Tél. : 819-565-1155 Fax: 819 820-8872 To send your condolences, www.steveelkas.com Affiliée à la C.T.Q. In lieu of flowers, the family suggests donations to the maison Aube-Lumière in Memory of Terry or to Centraide Estrie; cards will be available at the funeral home.

### Death

### Death



**RUNIONS, Harold** - Suddenly at the Connaught Rest Home, North Hatley, QC on Friday, May 30, 2008 at the age of 77. Harold Kenneth Runions, beloved husband of the late Edna Arbery and dear father of Sandi, Stephen (Sheila), Ken (Kathy), and Sharron (Randy Macaskill). Harold was the grandfather of Robbin, Jonathon, Emily, Douglas, and Derek. He is survived by his two sisters Eileen LaForge and Joyce Alderson and was predeceased by his brother William and by his sisters Stella Martin, Mildred McNab and Marjorie McCurdy. Harold also leaves to mourn numerous nieces, nephews and friends. Family and friends are invited to a graveside service at the Elmwood Cemetery on Wednesday, June 4, 2008 at 2 p.m. Arrangements entrusted to the Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), QC 819-564-1750 www.casshomes.ca In lieu of flowers, donations to the Connaught Home, 77 Main St., North Hatley, QC J0B 2C0 would be greatly acknowledged by the family.

### Card of Thanks

**DAIGNEAULT** - I would like to thank everyone who attended my Bridal Shower at the Austin Town Hall on May 18, 2008 and to those who mailed cards to me. Special thanks to my attendants - Sara, Donna and Billie-Jo who planned this shower and to anyone who helped them in anyway. Sincere thanks to Donna and her mother, Mrs. Cervinka, for making the delicious lunch. Thank you to everyone.

JENNIFER DAIGNEAULT

## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

### BIRTH & DEATH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 34¢ per word. Minimum charge \$8.50 (\$9.69 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

### BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$7.00 (includes taxes)

With photo: \$20.00 (\$22.79 taxes included) DEADLINE: 3 days before publication.

### WEDDING WRITE-UPS, OBITUARIES:

\$19.50 (\$22.22 taxes included) WITH PHOTO: \$29.50 (\$33.62 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: classad@sherbrookerecord.com - They will not be taken by phone.

### DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called.

## Lennoxville Branch Women's Institute

The regular monthly meeting of the Lennoxville Women's Institute was held at Uplands on May 15.

President Pat Hurley welcomed us and called the meeting to order at 1:30 p.m. The Collect and Salute to the Flag were repeated.

The Motto was, "May we never miss a sunset or a rainbow because we are looking down. Roll Call: Name a favorite memory from childhood was answered by the 7 members present.

Pat H. reported that she had done some shopping for the Centerpiece for

Convention, also that she will write a letter to Mildred Roarke about the Ayer's Cliff Fair.

Pat H. and Thelma P. said they enjoyed the Volunteer evening for the Borough of Lennoxville. Good music with lots of food and door prizes.

The treasurer gave a good report.

Marjorie W. moved that each member pay \$10. toward a foodless food sale for Friendship Day. The money is to go to County. Seconded by Thelma P. Carried.

The different Committees each gave

their reports.

Members are to think up ideas for the Provincial 100th Anniversary in 2010.

Nancy B. gave a good report of our County meeting.

Plans were made for our next meeting to take place at the Pitman Cottage on June 19 at 10 a.m. Members to bring lunch.

Thelma adjourned the meeting. A social hour followed with Donna D. and Marg W. as hostesses.

Donna Davis,  
secretary

## Card party held

HUNTINGVILLE

Another card party took place at the Howe home on May 13, 2008, with proceeds for St. James Church, and the Sunshine fund.

Everyone enjoyed a delicious luncheon of baked beans, stew, and a variety of salads, and then the card games began. First prize, Pat Howe, score 5280; second, Isabel Nelson, score 4740; consolation, Harris Olsson.

The guessing game (no of candies in a tiny teapot) was won by Dawn Wright.

A Mother's Day prize was won by Donald Wright.

Special prizes: Harris Olsson, lotions; Kathy Nichols, lotions; Isabel Nelson, hand soap.

Several people won door prizes.

Many thanks, once again to Nilda and Pat.

Sue Nichols

## Kudos to Carolyn Mary Lowry



Carolyn Mary Lowry  
Highland Dancer

Carolyn has been studying Highland dance for five years and has been involved in competition for the past three years. Now in her fourth year of competition, Carolyn has been chosen to represent Quebec at the Premier Dance Level in the 34th Annual Canadian Inter-Provincial Championship to be held in Victoria, British Columbia from July 2nd to the 6th. She and eight other Quebec representatives will try their best to make Quebec proud.

In 2005, Carolyn started competing at the beginner level in Montreal, Ottawa and finally at the Highland Games competition in Fergus, Ontario. She competed well and won four medals and the runner-up trophy for the best dancer in her category.

In 2006, Carolyn continued her apprenticeship and training in Scottish dancing at the novice level. During the Pictou Highland Dance Open Competition in Nova Scotia, Carolyn won four gold medals and the Dancer of the Day award.

In the Fall of 2006 and the Summer of 2007, Carolyn competed at the Intermediate level. She won medals and recognition in the competitions of Montreal and Ottawa. Once again Carolyn won the Runner-up trophy for the best dancer in her category at the Fergus Highland Games in Ontario where over

1200 dancers participated in the biggest Highland Dance Competition in the country.

For two summers Carolyn studied with the Highland Dancing Summer Camp at the College of Piping in Summerside, P.E.I. For this effort she was awarded a Certificate of Excellence for her dancing.

Carolyn has also performed at festivals and for the benefit of many organizations to further promote the knowledge and tradition of Scottish Dancing and Heritage.

Carolyn and her family would like to thank Becky Stalker of New Glasgow, Nova Scotia who was her instructor at the Novice, Intermediate and Premier level and her mentor, friend and past instructor Naomi Scott of Guelph, Ontario. Many thanks for all the instructional hours and encouragement; your efforts are much appreciated.

On May 10th, 2008 after winning 91 medals and trophies, Carolyn Mary at 16 years of age competed in Montreal and received The Quebec Representative 2008 Award in the Premier Dance Level. Her proud parents, of Sawyerville, Quebec - Kent Lowry and Lynda Villeneuve Lowry and brother Alec wish her well.

Kudos to Carolyn Mary and good luck in Victoria!

## From the Pens of E.T. Writers

### The Mammogram

The following may give women a chuckle to start the day!

I stood there so innocently  
This vice clamped down on me  
Squeezing the old sagging "Boobs"  
Like a wedge stuck in a tree  
The technician said "Just Stand There"  
I wondered where the hell she thought I was going!!

By this time my feet were off the floor  
I looked up and asked, "Have you ever done this before?"

Finally, the ordeal was over  
The old sagging "boobs" looked relieved  
One said to the other so timidly  
That was one fell of a squeeze

Written by  
Verna Mahannah Patterson  
Submitted with consent  
by Thelma Rhicard

## The man punched the girl in the face

**Dear Annie:** While going for snacks at a professional baseball game, I walked past a college-age couple arguing loudly on the stairs. The man punched the girl in the face. Not sure what to do, I yelled, "Stop! Stop!" The man pulled the woman outside by her arm. The only other people around were three young guys who looked in our direction and kept walking. I wasn't sure if I should notify a police officer because I didn't want the boyfriend to blame the victim for drawing attention to the situation and beat her up again later.

When I got back to my seat, I told my boyfriend what had happened and he said there was nothing more I could have done. My sister later insisted I should have written down their license plate number and reported it, to send the message that society does not tolerate violence against women. If this ever happens again, what should I do? — Megan in Milwaukee

**Dear Megan:** It can be risky to interfere in a fight. Your exhortation to stop

was worthwhile, even if it seemed useless. It is always good for an abuser to

know that others are aware of his behavior. We also discussed your question with coordinators at the National Domestic Violence Hotline who emphasized that contacting the police or the security staff would have been a good option. (Any young person who may be in an abusive relationship can call 1-866-331-9474 or go online to [loveisrespect.org](http://loveisrespect.org) for help.)

**Dear Annie:** I have a tremendous fear of talking on the phone, especially to people I don't know. I can't make reservations or access my accounts if it requires a phone call. As a favor, my boyfriend sometimes will claim he's my husband or my friends will pretend to be me in order to get information. The few calls that I am forced to make myself are excruciating.

This makes no sense to me since I am normally a confident individual. I am college educated, have a great job and

## Annie's Mailbox

interact with many people on a daily basis. I am not afraid to talk to anyone in person, and I can send e-mails all day long.

I don't know why I have a fear of the telephone, but I would really like to get over it. The worst part is, my children have seen me with this problem and are now showing the same fears. I try to encourage them to make phone calls, not only so they will overcome this fear, but also so I won't have to make the calls for them. What do I do? — Phone Phobic in Michigan

**Dear Michigan:** You have a social phobia, which is a type of anxiety disorder. People with social phobias are overly worried about embarrassing themselves or being judged by others. When a social phobia interferes with normal activities, it's time to get help, which may mean medication and therapy, but it's worth it — not only for yourself, but for your children. Make an appointment to see your doctor and ask for assistance.

You also can call the National Institute of Mental Health at 1-866-615-6464.

**Dear Annie:** This is in response to "Snubbed," whose in-laws didn't include the spouses in the family photo at her father-in-law's birthday.

I can do her one better. My in-laws didn't want to include me in my own wedding photo. My husband's parents have all of their other children's wedding photos on their wall, but not one of them includes the in-law grooms or brides. They are only shots of their own children, plus the parents.

I put a stop to that. I made sure I was in my wedding photo, along with my husband, his siblings and parents. — Midwest Wife

**Dear Midwest:** You're right — not including the spouse in the family wedding photo takes the cake. With all the layers.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: U equals W

"CVTLCVKK WT XLVTTGXWRB. WZ HVLT HL PLLK VT WP ZNL UDXKS WT RDZ BDWRB ZD CKDU GA." - ADLZ TNVXDR DKST

PREVIOUS SOLUTION - "I was so surprised at being born that I didn't speak for a year and a half." - Gracie Allen

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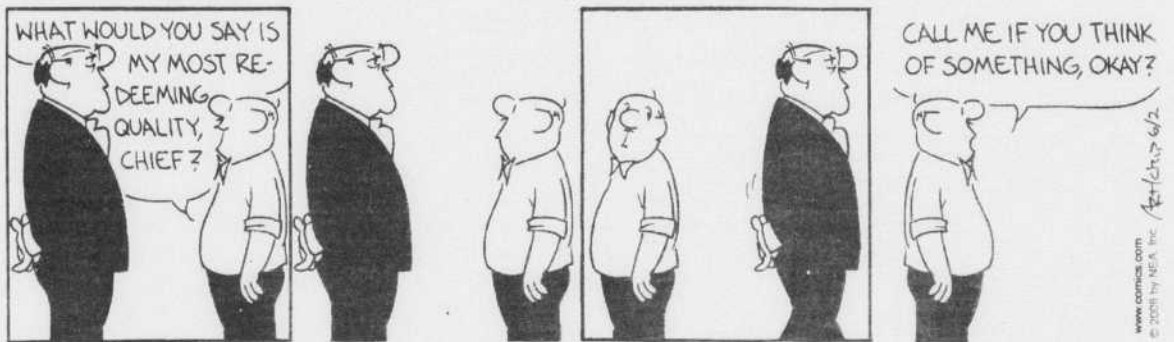
ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FOR BETTER OR FOR WORSE



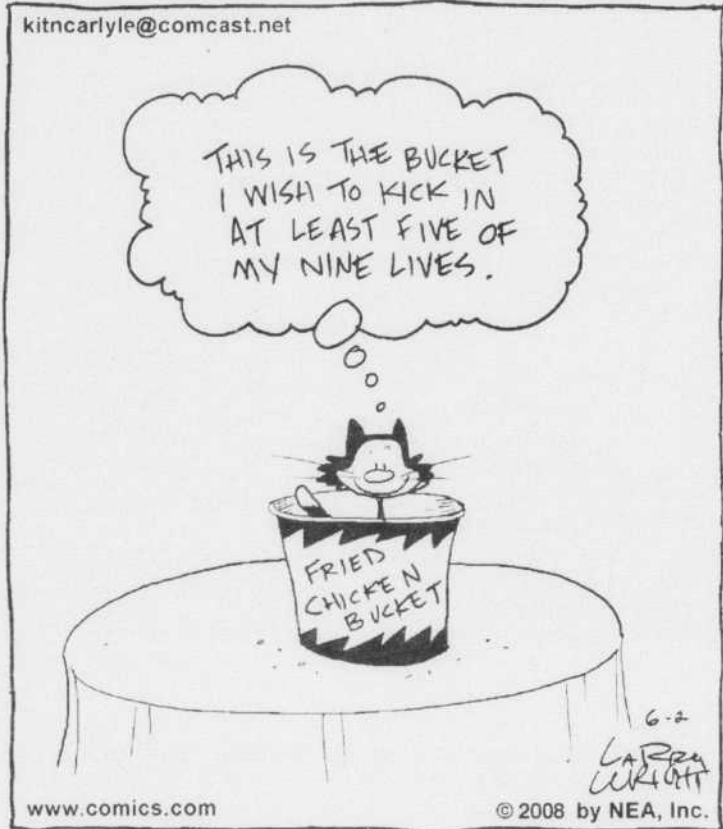
GRIZWELLS



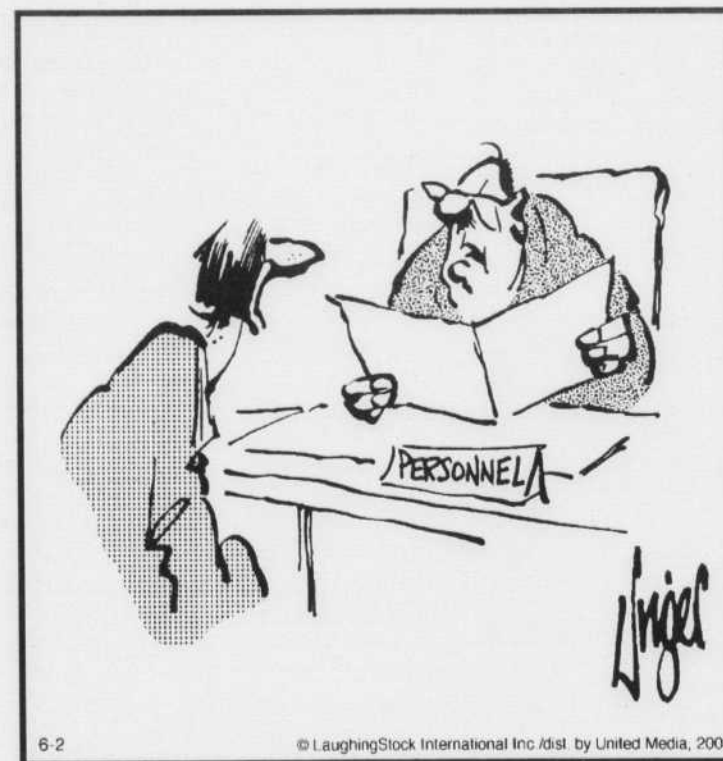
SOUP TO NUTS



KIT N' CARLYLE



HERMAN



"Your resume says you spent 'fore years at collej."

Advertisement for Health Check. It encourages grocery shopping with dietitians and provides information on how to use the Health Check symbol. The website www.healthcheck.org is mentioned.

Advertisement for Diabetes. It features the text 'Diabetes The New EPIDEMIC' and 'REACT NOW!'. It also includes the logo for Diabetes Québec and contact information: (514) 259.3422 or 1.800.361.3504, www.diabete.qc.ca.

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LENNOXVILLE - MAY, JUNE, JULY. 4 1/2, 5 1/2. College Street. Heating, Hydro and hot water included. Call 819-823-0506 after 3 p.m.

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If interested, please call

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EXPERIENCED DIAMOND DRILLER required, up to \$40. per hour and \$3.50 a foot bonus. New equipment. Apply online: [www.scsdrilling.com](http://www.scsdrilling.com), call 604-374-5607, fax resume 250-314-4865. Experienced applicants only please.

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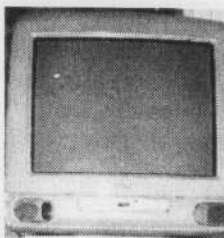
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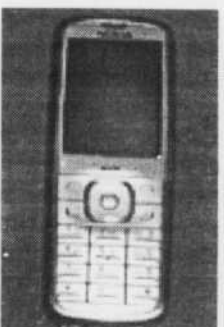
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**NOTICE OF INVENTORY CLOSURE**  
**THE ESTATE OF THE LATE Elsie KEZAR MORRILL**  
Conforming to the provisions of article 795 of the Quebec Civil Code, notice is given by these present of the following event:  
**Elsie KEZAR MORRILL**, residing in her lifetime at 760 route 243 South in Township of Melbourne (postal address: Kingsbury) Quebec, JOB 1X0, died on April 26, 2008 in Township of Melbourne (Kingsbury), Quebec.  
An inventory of her possessions was done before the undersigned notary on May 27th, 2008 and can be consulted at his office at 92, Principale Street North in Richmond.  
Mtre Denis Tanguay, Notary Sollicitor for the Liquidator

# Your Birthday

Monday, June 2, 2008

Because you'll begin to develop greater proficiency in your line of work or field of interest in the year ahead, situations will begin to develop around you that will offer greater rewards, advancement and recognition. Keep on plugging.

**GEMINI** (May 21-June 20) — If you spend all your time on imaginary negative thinking, you will be in for a miserable day. You are what you think, so if you want everything to go wrong, keep up those ugly, depressing thoughts.

**CANCER** (June 21-July 22) — Let bygones be bygones when it comes to dealing with an individual with whom you had a past unpleasant experience. If you set a friendly tone, he or she will respond in kind.

**LEO** (July 23-Aug. 22) — If you fail to be generous with associates who have treated you kindly in the past, your self-serving actions will put an end to any kind of amicable relationship in the future. You won't get a second chance.

**VIRGO** (Aug. 23-Sept. 22) — Review your planned modus operandi before you begin a project, or you are likely to end up doing things the hard way. Sadly, that'll only compound problems you hope to resolve.

**LIBRA** (Sept. 23-Oct. 23) — Should negative developments begin to occur, and you start to panic or make a bigger thing out of them, they'll be too much for you to handle. If you maintain a good attitude, you'll take things in stride.

**SCORPIO** (Oct. 24-Nov. 22) — Be careful

with whom you choose to hang out, because you will be judged by the company you keep. When someone in your clique does something wrong, it makes everyone look bad.

**SAGITTARIUS** (Nov. 23-Dec. 21) — A decision you made may turn out to be a bad mistake when it proves to cause more problems than it solves. Should this happen, don't be afraid to unravel your blunder and start anew.

**CAPRICORN** (Dec. 22-Jan. 19) — Don't allow anything to draw you off the established course, or you'll have to retract all that you did and start over again. You may never make up for lost time.

**AQUARIUS** (Jan. 20-Feb. 19) — Remember that even you have limitations, so don't try to do something for another that you've never done before. Both of you could collapse under the weight of ignorance.

**PISCES** (Feb. 20-March 20) — When it comes to unimportant issues, it is wiser to make concessions and appease another who is taking a rigid position. If you don't, a major brouhaha could develop that'll cause real trouble.

**ARIES** (March 21-April 19) — Follow the old saying, "If you don't have anything nice to say about someone, don't say anything." This will be especially true at work, where co-workers will dub you a grouch and griper.

**TAURUS** (April 20-May 20) — Impulsive purchasing may provide momentary fun, but it can turn out to be far more costly than you anticipate. If you don't want buyer's remorse, take better control of yourself and your wallet.

Monday, June 2, 2008

## Which count more: points or tricks?

By Phillip Alder

Tom Stoppard, in his play "Jumpers," wrote, "It's not the voting that's democracy, it's the counting."

At the bridge table many players forget it's not high-card points that decide the result, it's the tricks that count.

Look at the North hand. The opponents pass throughout. Your partner opens one heart, you respond one spade, and he rebids two hearts. What would you do now, if anything?

That South hand, with two aces and a good six-card suit, is worth a one-heart opening. It is (almost always) wrong to pre-empt with two aces.

You have 10 points, with which you would usually make a game-try. Perhaps you were tempted to move with two no-trump. But where are you going for tricks? Partner will not have more than 14 points. And with a really good heart suit, he might have stretched a tad to rebid three hearts. With only a singleton heart, you should pass out two hearts. Don't look for thin games with a misfit.

Against two hearts, West leads the di-

North 06-02-08			
♠ A J 5 2			
♥ 4			
♦ K Q 7 4			
♣ 8 6 3 2			
West			East
♠ K 8 6 3			♠ Q 10 9
♥ J 6			♥ K 8 7 5
♦ J 10 9 8			♦ A 2
♣ K 5 4			♣ Q 10 9 7
South			
♠ 7 4			
♥ A Q 10 9 3 2			
♦ 6 5 3			
♣ A J			
Dealer: South			
Vulnerable: Both			
South	West	North	East
1 ♥	Pass	1 ♠	Pass
2 ♥	Pass	??	Pass
Opening lead: ♦ J			

among jack: queen, ace, three. East returns the diamond two to dummy's king. What should South do now?

Declarer has four side-suit losers: one spade, two diamonds and one club. So he can afford only one trump loser. Low to the 10 and low to the queen both work when East has jack- or king-doubleton, but the right play is low to the queen. This succeeds whenever East has king-third or king-fourth. To start with low to the 10 wins only when East has jack-third, which is less likely.

# CROSSWORD

ACROSS

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- 14 Stick for hopping
- 15 Fifer's drum
- 16 Primary
- 17 Blow up
- 19 Young troublemaker
- 20 Bureaucracy
- 21 48D just clear of the bottom
- 23 Ore analysis
- 24 Nervous thrill
- 27 Washington, the prez
- 29 Blow up
- 32 Zorro's marks
- 35 Took off
- 37 Dress
- 39 Smarts stats

- 40 Blow up
- 42 Greek letter
- 43 Post-larval
- 45 Mosque leader
- 46 Unskilled laborer
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- 51 Superlatively superior
- 53 "Einstein on the Beach" composer
- 57 Domestic sci.
- 60 CDC location
- 62 Corporate VIP
- 63 Blow up
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- 67 Like Humpty Dumpty
- 68 Out of work
- 69 Cross to bear
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- 28 Be master of
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- 31 Narcissus' lover
- 32 Nada
- 33 Distant beginning?
- 34 Armchair athlete's channel
- 36 In crowd
- 38 Clan members
- 40 "Dallas" role
- 41 U.K. hours
- 44 Bears upon
- 46 North Star

- 48 Boat holder
- 50 Undress with one's eyes
- 52 Shabby
- 54 Battery terminal
- 55 Simple wrap
- 56 Less of a risk
- 57 Leander's love
- 58 Beasts in yokes
- 59 Listed entrees
- 61 You, to a Quaker
- 64 \_\_\_ gotcha now!
- 65 Smidgen

Saturday's Puzzle Solved

S	U	T	R	A	S		B	R	A	S	S	H	A	T			
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S	E	M	E	S	T	R	A	L		F	E	E	L	S			
H	A	P		H	E	A	E	D		T	R	E	E				
O	T	I	S		S	K	A	T	E	S		S	E	R			
R	E	N	E	W		E	X	E	M	P	T						
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P	R	E	S	C	O	T	T			T	O	E	I	N	G		
E	S	T	H	E	T	E	S			E	N	R	A	G	E		

DOWN

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- 5 One of a flight
- 6 Proofreader's symbol
- 7 Attorneys' org.
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- 9 Signal enhancer
- 10 Type of penguin
- 11 Haleakala's locale
- 12 \_\_\_ the Merciless
- 13 Egyptian life symbol
- 18 Motown's Marvin
- 22 Author of "A Man in Full"
- 25 Changes titles
- 26 Bonus

1	2	3	4		5	6	7	8	9		10	11	12	13	
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69							70						71		

By John Underwood  
New York, NY

6/2/08

## Stanbridge East Women's Institute meets at Avante Women's Centre in Bedford

Barbara Bellingham, Program Director of Avante Women's Centre, Bedford, was the guest speaker at the April meeting of the Stanbridge East Women's Institute.

Ms. Bellingham has been writing for many years and has conducted workshops on publicity and promotion when she began working at Avante.

Some tips she gave to the members attending were: (1) Write an article beforehand to inform people of the upcoming event; (2) Target the population for whom the event is planned; (3) Hold an event which will make the participants feel comfortable - people don't like to go into strange situations; (4) Have a journalist come and do a preamble before the event; then have him or her come to the event and take pictures.

An article beforehand will produce familiarity with the subject and will include location, the presenter of the event, what sort of event it is and a description of the event.

If a correspondent is not available, you can promote your event by the use of posters and advertising and there is

always word of mouth. A personal invitation is the best. Posters should be simple, colourful and catch the eye with good graphics. Timing is especially important in publicity about your event.

Jean Cogswell thanked Ms. Bellingham and presented her with a small gift.

The meeting itself was held at the Avante Women's Centre in Bedford. Seven members were present. Betty Perry, the new Secretary, read the minutes of the previous meeting and they were approved.

A letter was received from Barbara Sheardown, Executive Secretary of the Federated Women's Institutes of Canada, thanking the group for a donation to the Adelaide Hoodless Homestead. Thank you cards were also received from Thelma Rhicard and Dianne Rhicard.

An invitation was received to the Brome County Spring Convention, which was to be held April 24 at the Town Hall in Bolton Centre.

The Treasurer, Mary Boomhower, read the Treasurer's report.

The group has received a very interesting and detailed report of the Adelaide Hoodless

Homestead by the Curator.

A large part of the meeting was given over to the upcoming Quebec Women's Institute Board Meeting and Annual Convention to be held at Macdonald College May 23 and 24. The theme this year is "Going Green" and the guest speaker will be Dean Mandramootoo of Macdonald College. The "green" fundraiser will be plants, bulbs and seeds for sale and the handicraft items should be sent in by mail and arrive by May 16 - or else brought in with an Executive member on May 22. Several Branches are expected to bring displays.

After a break for an excellent luncheon at Les Villas des Rivières Senior Citizens residence, members reconvened at Avante and the meeting resumed.

Jean Cogswell read her County Delegate's report of the Missisquoi County Annual Meeting.

After the talk by Barbara Bellingham, Dianne Rhicard read a short article for

Erma Ten Eyck, Agriculture Chair, who was not present. The reading was about "lucky foods" and spoke of how different cultures consider some foods as "lucky," symbolic by their shape, colour or size. Examples: spinach and cabbage resemble dollar bills; long noodles represent long life; whole fish symbolize completeness; bowls of rice or beans are images of plenty and lentils look like coins.

There was also a reading, "Sugaring," celebrating Quebec's 400th Anniversary year. It has been 400 years since Samuel de Champlain discovered Quebec City and founded New France., which, at one time, included Ohio and the Mississippi Valley down to New Mexico.

One of the best ways to sample Quebec culture is to enjoy a sugar meal in a sugar shack - a tradition started by a Mr. Fugère.

Pearle Ingalls Yates won two travel bags.

Mrs. Jean Cogswell  
Publicity and Awareness Chair,  
Stanbridge East Women's Institute

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