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TUESDAY, MAY 3, 2016

Pierre Karl Peladeau stepping down as PQ leader for family reasons



CANADIAN PRESS

The Canadian Press

Fighting back tears, Parti Quebecois leader Pierre Karl Peladeau announced his immediate departure from politics on Monday, less than a year after he was hailed by many as the saviour of the sovereigntist movement.

Peladeau, 54, said it was a stark choice between his family and politics.

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Rocking for Refugees



RACHEL NEWCOMBE

Mike Wark and John Maysenhoelder, two members of CMON FM, will rock out in support of Syrian refugees on May 28 at the Piggery. Joined by a number of talented local musicians, the show will be a tribute to classic rock tunes from the 70's and 80's.

By Rachel Newcombe Special to The Record

John Maysenhoelder and Mike Wark are ready to rock on behalf of refugees. The bass player and guitar-playing vocalist of the band CMON FM, along with their drummer Martin Renaud, planned a show dedicated to the iconic classic rock age of music.

Entitled Singers and Guitar Slingers, it will take place at The Piggery Theatre in St. Catherine-de-Hatley on May 28, with proceeds going to The Red Cross Refugee Fund.

The show had been planned for months, but when they heard about Prime Minister Justin Trudeau's plan to bring in 25,000 refugees, CMON FM wanted to get involved somehow. Singers and Guitar Slingers seemed like the perfect opportunity. Maysenhoelder contacted The Red Cross Refugee Fund in the hopes of making their showcase a fundraiser for the organization, and was successful.

The members of the band have always done their best to help others, and the Canadian efforts to bring in Syrian refugees from the war-torn country

were very appealing to them. "They might be any religion, but they're humans first," Wark said. The Red Cross Refugee Fund was the right fit for the rock show.

Their desire to do good deeds and help others extends not only to their humanitarian efforts but also to their fellow local musicians. The concert, designed to be a showcase of exceptional musical talent would feature eight other performers playing alongside CMON FM.

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TODAY:
CLOUDY

HIGH OF 14
LOW OF 0



WEDNESDAY:
60% CHANCE
OF SHOWERS

HIGH OF 16
LOW OF 3



THURSDAY:
CLOUDY

HIGH OF 14
LOW OF 3



FRIDAY:
MIX OF SUN
AND CLOUDS

HIGH OF 19
LOW OF 2



SATURDAY:
MIX OF SUN
AND CLOUDS

HIGH OF 18
LOW OF 7

'Babies, babies, EVERYWHERE...but sleep? NOT A WINK!'



DISHPAN HANDS

SHEILA QUINN

A few years ago, I officially landed at 'that place', that nameless zone that happens once your family is founded and born, and you realize that you are done with 'having kids'.

Now, I realize those are a lot of quotes - 'that place', 'having kids' - but they are strange, unpredictable concepts at times. Sometimes not at all what you think, sometimes nowhere near what you envision, and at times you don't even know where you are until you come out the other side and look back.

I've discussed it with friends. Some of them were so firmly aware that children were not in their plans, and others seem to have a clock that will never stop ticking, arms that will always ache for just one more.

I don't think I ever imagined having just two...two little boys. That was one of those elements I didn't plan or imagine into being. I let them happen to me, my two lads - I didn't will myself to produce people who were going to be a certain gender, way or with certain abilities or aptitudes. I realize that sounds strange - how do you let a person happen to you? Well, you help them along their way, but you don't force the mold.

I've witnessed so many children born into a line of expectations, even sometimes it almost seems that their looks were designed. Oh well, to each their own I guess, right?

Back to 'that place' - I didn't know it existed - I truly had thought for as long as I could remember about what motherhood would be like. I looked forward to seeing my children, meeting them, knowing them. I didn't anticipate or think about the place beyond that - a realm between realms, period between generations, when your children are still young, but you are not having any more of them.

I lucked out in that I inherited two grown, non-baby, lovely small people to love as their stepmother - a stepdaughter and stepson to forge a very different relationship. I am grateful that I never had to experience sleepless nights or potty training with them. They were ready for conversations and playing together, and since they are the same ages as my own children, I am doubly glad. I've witnessed the challenges of multiples.

This year has brought what feels like a little baby boom. Not a week seems to go by without a new arrival, most of them to young families, and a whole bevy of first-borns. I remember that time, yet I don't, as though it happened to another me, another incarnation - the sleepless one with the bad post-first-baby haircut. (Why doesn't anyone talk about the bad hair decisions we make after the arrival of a first child?!) It's foggy, I feel like my senses are dulled - where is that craving for the smell of a baby's little head, that little one who could just never be put down?

I'm in-between.

Now the smells they emit aren't quite as delightful. Some require discussions about things like deodorant and changing bodies.

I am still thrilled to see the arrival of each little love. I still remember that pregnancy felt long and uncomfortable at the end. I remember the struggle to learn how to nurse and how much we relied on our midwives. I remember folding tiny tops and socks, and having clotheslines that seemed to go on forever with miniature clothing.

Feels a little like a dream.

I think it's because the babies are still here, and now we have a history together. I experienced pre-baby time, baby-time and I just didn't anticipate post-baby-time.

I love to hold them, am overjoyed to meet and love them. I always want to know their names, all of their names and why they were chosen. Their names are part of their architecture - some of the first building of them. At the end of the day, though, I'm happy to pass them back and look forward to the next visit, and to return to my lair of grass stains and the never-ending grocery bill, holey socks, and to witness the strange struggles of growing up. They know they aren't babies any more, but sometimes I'm not sure they know what they are either...so we're a little bit lost together.

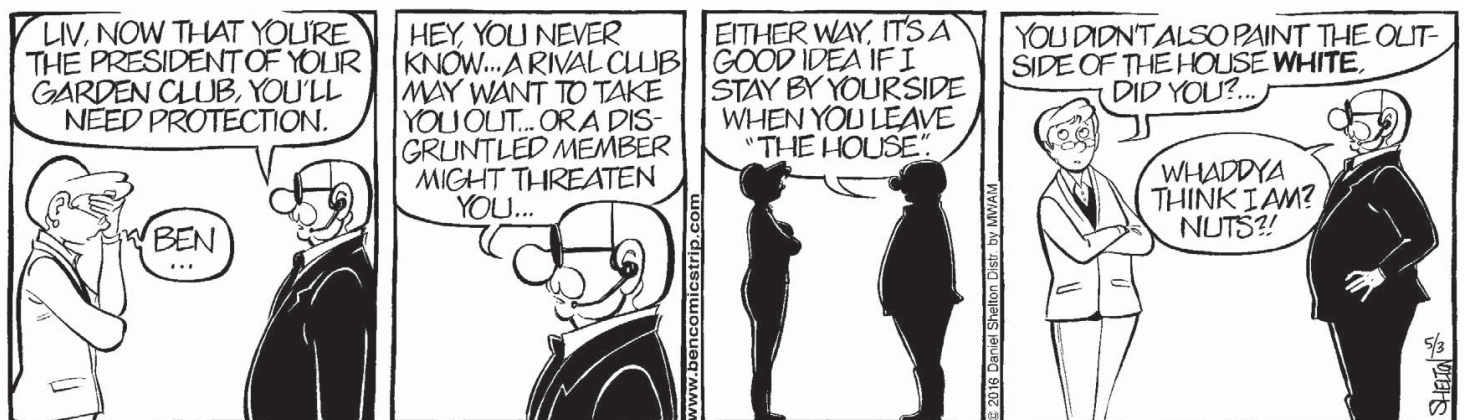
I wasn't anticipating this place - this post-baby place of tweens and teens. It's new too, sometimes almost new as when they were first here. We're all born again, with each age, and look back, sometimes in bliss and others in bewilderment, at our former selves and previous lives. Here's to each and every one. And welcome, all of you new little people, and new parents. Enjoy every moment.

Fig.16

> If this feels like a math test, visit mathliteracy.ca or call 1-800-303-1004.

Math solves problems

Ben by Daniel Shelton



LOCAL NEWS

"None of this would be possible without the support and generosity of many, year after year..."

Big garbage pickup begins this week

Record Staff
SHERBROOKE

Fleurimont.

• Week of May 16: Brompton and Rock Forest-Saint-Élie-Deauville.

This year, one truck will collect the waste. In order to facilitate handling, the City is asking citizens to separate materials into two piles (wood and heavy garbage and everything will be subsequently sent to the Valoris sorting centre. The City also points out that tires, household hazardous waste, and electronic devices (computers, TVs) are not

accepted during these pickups. These should be brought to eco-centres. For information, visit Sherbrooke.ca/encombrants.

Aside from dividing material into two piles, residents should place them at curbside no later than 8 a.m. on the morning of their usual garbage collection day. Homeowners should also respect a maximum volume of 1 m³ per pile, or the equivalent size to a trailer. Branches should be no longer than 1.2 m

(4 ft.) and tied in bundles no larger than 30 cm (12 in) in diameter.

The City is also reminding citizens that while wood residue can be valorized, bulky garbage picked up in this collection will be sent to a landfill so, rather than throwing away, it is better to promote reuse by giving reusable items to an organization that will providing them a second life.

Spring has certainly arrived as evidenced by the City of Sherbrooke begins its first collection of bulky waste and wood residue this week. The schedule for these pick-ups is as follows:

- Week of May 2: Mont-Bellevue and Jacques-Cartier boroughs and the city center.
- Week of May 9: Lennoxville and

Ottawa unaware of plans for William Street armoury closure

By Matthew McCully

Belvedere, home to the Sherbrooke Huskies and other area reservists.

Local media reports, citing an anonymous source, recently suggested that because of financial constraints and the state of disrepair, the William Street armoury, built in 1904, could be sacrificed, with funds redirected to focus on upgrading the Belvedere armoury.

Blouin said that there are currently renovation projects in the works for both buildings.

Work done in 2015 addressed some of the more problematic issues in the buildings, but some projects were frozen because they were not economically viable. To ensure the health and safety of the employees, they were relocated to

sectors of the buildings in better condition. Cleaning and painting is planned for the 2016-2017 budget year.

Work on the outside of the buildings is scheduled to start some time in May; however, no contracts have been awarded yet.

Daniel Blouin, senior communications advisor for the department of national defense in Ottawa, told The Record on Monday that the department was not aware of any plans to shut down either of the armouries in Sherbrooke located on William Street or

Misunderstood GPS instructions blamed for accident

Record Staff
SHERBROOKE

bris from the car was scattered over the road but, despite the spectacular nature of the accident, the young woman was somehow able to get out of the vehicle on her own, with the help of a witness who rushed to help, contacted emergency services, and helped the driver return to the road to wait for their arrival.

Another witness sprayed the engine with a portable fire extinguisher to prevent it from catching fire, as thick smoke was escaping from the wrecked vehicle shortly after the crash.

The driver was taken to Sainte-Croix Hospital where she was treated for numerous wounds on her back and sides. Authorities expect a full recovery.

The misinterpretation of instructions from a GPS device is being cited as the cause of a spectacular accident late last Friday at the intersection of the 2nd Range Rd and the Ch. du Bassin, in St. Bonaventure, near Drummondville.

A 28-year old driver, unfamiliar with the area, misjudged the suggestions proposed by her GPS when she reached a "T" intersection at the end of the Range Road. "Her car rolled over and clipped a tree, before ending up upside down, about ten meters from the road. De-

\$15,000 in support of Magog's Villa Pierrot

Record Staff

Orford MNA Pierre Reid presented a grant of \$15,000 to Hilda Gallienne, Chair of the Board of Villa Pierrot, in support of the organization's mission to come to the assistance to young mothers living below the poverty line with a child five years old and under.

"The accompanying work performed by Villa Pierrot staff meets an important need in our community. Ensuring the welfare of mothers and their children with limited financial resources is a task that I welcome and which makes me happy to offer support," said Reid.

Reid also expressed his gratitude to the Minister of Health and Social Services, Gaétan Barrette, who showed great sensitivity to the cause. "As soon as I spoke about Villa Pierrot and its work in support of mothers in the Memphremagog MRC, my colleague the Minister, was very receptive. He immediately understood the importance of this mission and he eagerly decided to support it."



Orford MNA Pierre Reid and Hilda Gallienne, chair of the board of Villa Pierrot

OSS

2015 | 2016 SEASON

CONCERT TICKETS TO GIVE AWAY

The Record has: 1 pair of tickets to attend the OSS' last concert of the season: MAJESTUEUX MAHLER, with renowned flutist Robert Langevin on May 14.

AND

2 pairs of tickets (show only) for the EVENING OF JAZZ benefit event of the OSS with Lorraine Desmarais on May 27 at the Théâtre Granada.



Robert Langevin

Lorraine Desmarais Trio

To win, just call The Record on Thursday, May 5 at 9:30 AM

819 569-9525

Quebec invests \$84,000 to promote and support girls' success in science and engineering

Record Staff
SHERBROOKE

An Université de Sherbrooke engineering professor has been granted more than \$84,000 by the Quebec government for a project to promote and increase participation women in science and engineering.

Dr. Ève Langelier is an associate professor of mechanical engineering at U de S and holds the National Science and Re-

search Council Chair for women in science and engineering.

In announcing the grant, Quebec Status of Women Minister Lise Thériault said, "Our Government is proud to support projects that stimulate the development of young scientists while promoting better integration of women in the sciences. Quebec women have all the potential to become real success stories in equality, and to strengthen their economic independence. That said, I in-

vite them to take this opportunity to take up more space in this dynamic industry."

Langelier's project, financed through the financial support program for partnership initiatives - Equality between women and men, set up by the Secretariat for Women, will support teachers in primary and secondary school so they can cultivate and maintain the interest of young girls towards science and technology.

"I welcome this initiative, which will provide teachers with the tools to increase confidence of girls and women in their scientific capabilities," said Higher Education Minister Hélène David, "In developing their interest in science and engineering as a field of study and work, women are certainly making a winning choice for their future and for the future of Quebec promoting diversity, training, and employment "

Everyday sexism and sexual and gender diversity in rural areas

Record Staff
SHERBROOKE

The Haut-Saint-François Community Development Corporation has received total funding of \$68,000 from the Government of Quebec for two strategic projects on gender and sexual diversity.

The first, #ellenapasditoui (Ellen didn't say yes) is aimed at fighting everyday sexism experienced by women. The second, a Conference on sexual and gender diversity in the rural context will work

on the realities of LGBT people in our communities.

The #ellenapasditoui project will get funding of \$58,000 from the Quebec government's Secretariat for Women. It will be carried in partnership with The Meridian shelter for women victims of domestic violence and the Haut-Saint-François La Passerelle Women's Centre. The campaign hopes to reduce unwanted gestures of a sexual nature, the risk of violence and harassment in public spaces, and to tell potential aggressors and witnesses that without consent, the answer is 'no.'

"When we speak of everyday sexism, we are speaking of gestures, words, and glances aimed at women that create discomfort. This can come in the form of jokes and comments that can sometimes seem trivial, but to which one can respond, "If I were a man, this would not happen to me," said Melissa, president of the Women's Center. For this reason, we have to denounce these attitudes when they are encountered.

The Symposium on sexual and gender diversity in rural areas is also being funded to the tune of \$10,000 Quebec Bureau for the fight against homophobia. It consists of holding a seminar for practitioners and stakeholders working primarily in the Haut-Saint-François. The aim of the conference is to increase awareness of the realities of LGBT people in the region and to improve possible interventions, for example to better adapt practices in the health or school communities.

Peladeau

CONT'D FROM PAGE 1

"I am forced to make a choice, an agonizing choice, between my family and my political project, our political project, which is shared by so many people," he

told a news conference in Montreal.

"I have chosen my family.

"So I'm announcing, with regret, that I am leaving immediately as leader of the Parti Québécois, leader of the official Opposition and as the member of the legislature for Saint-Jerome.

"I am making this decision for the well-being of my children. I must remain an example to them."

Peladeau recently split from Julie Snyder, his longtime partner, just months after their wedding last August.

They have two children aged about 8 and 10. Peladeau was elected last May with 57.6 per cent of the vote in the race to succeed Pauline Marois.

His first words when he was announced as the new leader was that he would settle for nothing less than an independent Quebec.

Much of the leadership campaign and the past year has focused on Peladeau's steadfast refusal to sell his shares in Quebecor Inc. (TSX:QBR.B), the conglomerate in which he remains the controlling shareholder.

The focus will now turn to his replacement at the helm of the party, with former cabinet ministers Alexandre Cloutier and Martine Ouellet likely to be among the candidates.

They finished second and third respectively in last year's race.

The next provincial election is set for September 2018.



Operation Backpack:

Equipped to Learn

BECOME A SPONSOR

Operation Backpack is an initiative of **The Record** in conjunction with the **Lennoxville & District Women's Centre** and volunteers whose goal is to ensure every child in need starts the school year with a new backpack filled with school supplies.

The committee is seeking sponsors to purchase a backpack and supplies, estimated at \$75.

The goal is to equip 85 children for the coming school year. To become a sponsor, contact Sharon McCully at outletjournal@sympatico.ca

IT TAKES A COMMUNITY

While donations of school supplies form the foundation of our program, financial donations will allow the committee to purchase additional supplies. We are enlisting the support of the business community to become

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Cheques can be made payable to the LDWC, 257 Queen Street, Sherbrooke, QC, J1M 1K7, indicating it is for School Supplies.

Tax receipts will be issued.

Rocking for Refugees

CONT'D FROM PAGE 1

They hope the show is a success not only for themselves and The Red Cross Refugee Fund, but also for local Townships performers like Kevin Groves and Jon MacAuley, among others. The original premise of the show was to feature local artists with CMON FM and provide a new platform for them by playing classic 70's and 80's rock. Each artist will join the band for a few core songs featuring their specific musical talents, with all of them onstage for the finale.

Maysenhoelder and Wark hoped that the idea of an all rock and roll show would bring a crowd, and the inclusion of popular local musicians even more so. "Every one of the guests brings the energy up" Wark remarked. The more people come, the more money is raised and the band is eagerly looking forward to the estimated three-hour performance.

"It's what songs don't we play" joked Maysenhoelder when asked about the proposed set lists. While the band is only three years young, Maysenhoelder and Wark have been musicians almost

their whole lives. Their repertoire is vast and it is difficult to choose what to put in the showcase. Above all, they want to put on a show that fills the 250-seat theatre. "You need to play songs that 75 per cent of the people know," Maysenhoelder commented, naming iconic musical groups like The Rolling Stones, ZZ Top and Pink Floyd.

The Piggery boasts a great reputation and is the perfect venue for the concert, according to Maysenhoelder, who has worked there the past five years as a sound technician. The theatre, which celebrated its 50th anniversary last May, is described by Maysenhoelder as 'a hidden gem'. With lots of room, great sound, and not a bad seat in the house, CMON FM is confident the show will do some good for all those involved.

'Singers and Guitar Slingers' is on May 28 at The Piggery. Tickets are available at The Piggery box office. Admission is \$ 20 for the show or \$38 for the show and dinner at the onsite restaurant. For more information visit www.piggery.com or call 819-842-2431.

Pen-Y-Bryn gets a new lease on life

By Matthew McCully

Responding to a call put out months ago by the town to take over the historic Pen-Y-Bryn golf course, Bury-born businessman Randy Vintinner has made a five-year commitment to try and breathe new life into the course and make it profitable.

In January, Bury Mayor Walter Dougherty told The Record that Pen-Y-Bryn had been averaging annual shortfalls of around \$4,000 in recent years, and the town was considering closing the course.

In March, The Record learned that the municipality of Bury had made the course available for concession, meaning it would still be owned by the town, but operated and managed privately.

Randy Vintinner stepped up to the Tee.

"That's where I played the first round of golf in my life," Vintinner said.

Vintinner, who owns the Brave Transport Company out of Waterville, still has a strong connection to the town where he was born and raised.

"It's the last thing in town that's still ours; it would be a shame to have to close it down," Vintinner said, adding he intends to do everything in his power to

make Pen-Y-Bryn a viable venture.

Not intimidated by the fact that the golf course has been losing money for years, Vintinner suggested the town was not managing the course, so much as just keeping it open and hoping for the best.

"I'm going to run it more as a business and a course," he said.

Vintinner has already started improving the course, adding and redefining sand traps, and laying new sod on the approaches to some of the greens.

Pen-Y-Bryn, like many older courses, has to contend with advancements in equipment. Thanks to new club designs, the average golfer can hit much farther today than they could 20 years ago.

"I can't add to the length, but I can add to the challenge," Vintinner said.

"I've been golfing for 45 years," he explained. "Seeing different courses, you can envision how things should be."

Vintinner is also adding new Tees, so that golfers can play the nine-hole course as though it were 18 holes, by using different tees each round.

All the changes are being made in an effort to attract more avid golfers, according to Vintinner.

"Most played it because it was cheaper; I want to make people want to

play it cause it's a nice course," he said.

"It's baby steps right now," Vintinner said, adding that the course is open, but he is planning an official launch of the season in mid-May when he hopes to have a stronger membership base.

Right now, Pen-Y-Bryn has 23 members. Vintinner wants to reach 60 members this year, and continue growing.

Vintinner said that when rumours started circulating around town that the golf course might close, some members headed for other clubs.

He went on to say that he has had calls recently from former Bury residents living out of the province who want to buy memberships to help support the club.

"They don't want to see the old course close," Vintinner said. "It's quite encouraging."

"I think the mindset is really good," Vintinner said, realistic about the work the golf course will likely require.

He runs his transport company until 5 p.m. and then has been heading to Pen-Y-Bryn till around 8 p.m.

"That's what you need to do to get it going."

In addition to the course, Vintinner has taken over responsibility of the bar and kitchen as well.

Vintinner said all the kitchen staff members are experienced and a third of them have worked at the club before.

He has hired new groundskeepers for the course, but pointed out that a town employee with ten years of experience has been helping with the transition, showing the new workers how the irrigation system works, and how to treat the greens.

Vintinner's agreement in principle with the town is for a five-year commitment, with the option of extending for an additional five years.

He has no intention of walking away if the venture isn't an immediate success.

"This is a big year," Vintinner said. He is hoping to keep losses to a minimum, and is looking for some corporate sponsorship.

"My glass is always half full," he said, excited to work towards returning Pen-Y-Bryn to its former glory.

He has already been in contact with Pope Memorial Elementary School to reinstate their annual golf tournament fundraiser.

"I went to that school 50 years ago," Vintinner said, glad to be in a position now to give back to the school.

New Horizon Award

Submitted by Camille Faucher, Centre Director

The ICEA (Institut de Coopération pour L'Éducation des Adultes) in partnership with the Desjardins Foundation created the Bernard Normand Award which recognizes the unique challenges facing adult learners and is given annually to adult students selected from local Centres, who exemplify perseverance and community spirit. The representative Ms. Nadine Groulx recently remitted one of the two prestigious Awards to New Horizons Adult Education student Sophia Roy for her outstanding dedication and commitment to learning. The other Award recipient is Nadia Morin who graduated from the Centre St-Michel Adult Education Centre located on King St. in Sherbrooke. This regional award was presented at the Granada Theatre on April 6th at the Talent show organized by the Centre St-Michel. Congratulations to this year's recipients Sophia Roy, Nadia Morin and their fellow nominees.



COURTESY

Nadia Morin



COURTESY

Sophia Roy and Ms. Nadine Groulx

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Just in time for this year's fair season, THE RECORD will publish a **COMMEMORATIVE BOOK** of photos and information from **COUNTY FAIRS** for more than a century.

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If your photos or stories are selected for publication, you will be given a free copy of the book.

Anyone wishing to advertise in the commemorative magazine to show appreciation to the farm community that has kept this tradition alive since the mid-1800s, can contact **Jo-Ann Hovey at jhovey22@gmail.com or 819-571-0325**

EDITORIAL

Climate change is pushing more species of fish closer – and faster – to the cooler North and South poles...

Shocking migratory changes bring electric rays to Canada's Pacific

By David Suzuki

Gary Krause was mystified by an unusual fish he caught in his trawl net off B.C.'s Pacific north coast in October. It was a Pacific electric ray, named for a pair of organs behind its head that can knock a human adult down with a powerful shock.

Trawl fishery records show 88 of these rays in B.C. waters since 1996. Although an electric ray was first recorded off Vancouver Island's west coast in 1928, nearly a quarter of the more recent sightings came from 2015 alone.

Fishermen like Krause, who worked an astounding 4,000 days at sea over the past 35 years, are often the first to observe the beginnings of fundamental ecosystem shifts. In 2008, he also identified the first ever brown booby, a tropical seabird, in Canada's Pacific waters.

Why are creatures like electric rays, which prefer warmer southern California or Baja waters, turning up with greater frequency further north?

Unlike land temperatures, which constantly fluctuate, ocean temperatures are usually stable, with virtually no daily changes, little seasonal differentiation and only minor shifts over decades. Most marine animals prefer a narrow temperature range and move only in response to changes.

Short-term oceanographic events, such as El Niño and the Pacific "blob" – an enormous area of unusually warm water in the North Pacific – demonstrate that while oceans may be relatively stable, they aren't immune to

temperature shifts. These phenomena explain the appearance of unexpected species off B.C.'s coast over the past winter, including a Guadalupe fur seal, green sea turtle and Risso's dolphins. Higher water temperatures are also changing the relative concentrations of microscopic, occasionally toxic algae.

While these marine oddities don't necessarily indicate a full-scale ecosystem shift, they may be signs of what to expect as the planet warms. Shorter-term phenomena correspond with longer-term oceanographic changes around the world. These changes promise to fundamentally alter the cast of characters in marine ecosystems before we've had the opportunity to adequately study them.

Climate change is pushing more species of fish closer – and faster – to the cooler North and South poles than similar climate-provoked wildlife movements on land. Fish are moving an average of 277 kilometres every decade and phytoplankton are speeding along at 470 kilometres. Land-based wildlife are inching along at an average of six kilometers a decade. These shifts are bringing together species that have never had contact before, introducing new predators that could result in regional extinctions. In addition to moving, phytoplankton, which produce half the world's oxygen and support most ocean life, have been declining dramatically over the past century, an average of one per cent a year.

Sea levels are also rising quickly because of climate change. Over the past two decades, global levels have risen more than twice as fast as in the 20th century. As water warms up, it expands.



Thermal expansion in warmer ocean waters has been the greatest contributor to global sea level rise over the past century – although rapid melting of glaciers, polar ice caps, and Antarctic and Greenland ice sheets is also a factor.

Higher ocean temperatures also stress coral reefs, which then release algae, causing the corals to bleach and often die. Australia's Great Barrier Reef just experienced its worst bleaching ever, with the Great Barrier Reef Marine Park Authority reporting that half the coral in the northern parts of the reef were dead, according to a Guardian article.

Along with environmental impacts, warming oceans will create economic insecurities for industries such as fisheries. One study predicted a nearly 50 per cent decline in B.C. First Nations' catches for culturally and commercially important fish by 2050.

We can help marine life by reducing greenhouse gas emissions to keep global average temperature increases below the

1.5 C goal set out in the December Paris Agreement. Well-monitored fisheries, like those in British Columbia, will become essential data-collection points for understanding shifting marine environments. Although it's difficult to reverse temperature and other oceanographic changes that climate change has already set in motion, we may be able to lessen the impact through habitat protection, strong fisheries management and robust scientific monitoring.

The Pacific electric ray is just one of many marine canaries warning us of changing ecosystems. We'd be wise to listen to these signals.

David Suzuki is a scientist, broadcaster, author and co-founder of the David Suzuki Foundation. Written with contributions from David Suzuki Foundation senior research scientist Scott Wallace.

Learn more at www.davidsuzuki.org.

New Brunswick court ruling on cross border beer imports boosts sales in Quebec

Canadian Press

Beer lovers from New Brunswick are taking advantage of a judge's ruling that threw out charges based on the amount of alcohol a person can import from other provinces.

Employees at Quebec convenience stores near the New Brunswick border say they had a busy weekend, with many New Brunswick customers buying five or six cases of beer each.

Beer near the border in Quebec is about half the price charged in New

Brunswick.

On Friday, a judge tossed out all charges against Gerard Comeau, who was charged with illegally importing 14 cases of beer and three bottles of liquor from a Quebec border town in 2012.

A government spokeswoman said the Department of Public Safety, which enforces the province's Liquor Control Act, is reviewing the court decision.

A spokesman for NB Liquor says it would be inappropriate to comment while the decision is still within the appeal period.

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THE RECORD

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PRINT SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	135.60	6.78	13.53	\$155.91
6 MONTHS	71.19	3.56	7.10	\$81.85
3 MONTHS	36.16	1.81	3.60	\$41.57

ON-LINE SUBSCRIPTIONS

QUEBEC:		GST	PST	TOTAL
1 YEAR	71.50	3.58	7.13	\$82.21
1 MONTH	6.49	0.32	0.65	\$7.46

Rates for out of Quebec and for other services available on request.

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Local Sports

Harry said sport is a valuable outlet for soldiers trying to recover from their injuries.

Stroll hopes to be Canada's next Formula One driver, has eyes on European F3 title

By Bill Beacon
THE CANADIAN PRESS

It has been a decade since Jacques Villeneuve raced in Formula One, and Lance Stroll feels it's about time there was another Canadian driver on the track.

The 17-year-old from Montreal is not so far from realizing his dream. Stroll, a member of the Williams F1 team's young driver development program, is in second place in European F3, one of the series that lead to motor racing's top level.

"Formula One is the goal, whether it's next year or the year after," Stroll said Monday on a conference call. "I'm only 17.

"The important thing is that we do it right, that we don't rush it. When the opportunity is there, we'll take it. When Williams believes I'm ready, then we'll start to consider our options."

He will be at the Canadian Grand Prix on June 12 at Circuit Gilles Villeneuve, but only to spend time with the Williams team soaking up the F1 atmosphere. Drivers under 18 aren't allowed to get in the F1 car and take practice laps at the event.

For now, he's after the F3 title.

Stroll won the opening race of the season from pole position for the Prema Powerteam squad at the Paul Ricard track in Le Castellet, France in early April. It was the first of two top-three finishes in the first six races of the season.

He sits four points back of teammate Nick Cassidy in the driver standings heading into the next three races this weekend at Pau, France.

"Last year _ fifth place, second among rookies _ was a very good year, but this year I want to win the championship," he said. "We've had two very good race weekends.

"I've got to stay calm and get points

every weekend."

Another strong year in F3 should earn at least a jump to the GP2 series, one level below F1.

Racing is in Stroll's blood.

His father, fashion mogul Lawrence Stroll, owns the Mont-Tremblant track north of Montreal. He bought him a mini-kart when he was five years old.

After winning at every level as a child, Lance Stroll joined the Ferrari academy.

He won the Italian F4 championship in 2014 and the Toyota series in New Zealand last year before moving to Prema Powerteam to race in F3, where he won one race and finished fifth overall in the 30-race circuit in 2015.

On Nov. 11, he left the Ferrari academy for the Williams program, a move he compared to jumping from school to university for its more intensive training and work on race simulators.

It put him in a program known for bringing new drivers into F1, including

Jacques Villeneuve, who won the 1997 title for Williams in 1997. Villeneuve won 11 races in an F1 career that ended with the Sauber team in 2006.

In F3, there are 10 stops on the circuit, with three races at each venue. All 20 entries drive Dallara F312 Mercedes, but while the cars are identical, all four Prema Powerteam drivers are in the top five in the standings.

"It's not as simple as the car being good," said Stroll. "Everyone drives the same car.

"It's not only track pace, it's off-track as well. We work well as a team."

To be close to the team, Stroll is now based in Geneva.

Racing is an expensive sport but that's no problem for Stroll. His father, who helped build the Tommy Hilfiger clothing brand in the 1990s, has a net worth estimated by Forbes Magazine at \$2.4 billion.

Prince Harry launches countdown to the 2017 Invictus Games in Toronto

By Lauren La Rose and Paola Loriggio
THE CANADIAN PRESS

Prince Harry launched the official countdown to the 2017 Invictus Games on Monday, promising that the Toronto edition of the Olympic-style sporting event honouring wounded, injured and sick troops would be its biggest yet.

About 600 military participants from 16 nations are expected to compete in 12 sports in the event, which is the 31-year-old royal's brainchild.

"This city will become the focal point for hundreds of men and women who use the pull of Invictus glory to motivate their recovery from physical and mental injuries," Harry told a gathering of servicemen and dignitaries at Toronto's Fairmont Royal York Hotel.

"And Toronto will take on responsibility for a competition that has the power to inspire millions of people around the world and to remind us all of the amazing contribution that our servicemen, women and veterans make."

Harry said the desire to found the games took root in 2008 while he was serving as an officer in Afghanistan.

He was forced to leave the front lines after his presence in the war-torn region was leaked to the media, potentially endangering the soldiers serving alongside him, he said.

As he was flying home, burdened by a sense of guilt for abandoning his fellow troops, Harry said he had an experience that reminded him that battles were not always confined to the war zone.

"Once in the air, I stuck my head through the curtain to see three British

soldiers, really young lads, younger than me at the time, laid out on stretchers in induced comas. All three wrapped in plastic, missing limbs, with tubes coming out of them everywhere," he said.

"This visceral image was something I'd never prepared myself for and only heard of. It struck me that this flight was just one of many carrying home men and women whose lives would be changed forever."

Harry said sport is a valuable outlet for soldiers trying to recover from their injuries. Smaller competitions playing out in front of meagre audiences inspired him to create a global platform for troops to showcase their athletic accomplishments, and for spectators to be inspired by their achievements, he said.

Harry was joined at the event by a number of dignitaries including Ontario Premier Kathleen Wynne and Prime Minister Justin Trudeau.

Showing a picture of his grandfather who served during the Second World War, Trudeau said Canada was committed to honouring soldiers during their time on and off the battlefield.

"These individuals, as the name Invictus suggests, are unconquerable," he said. "And this event shines a spotlight on their unwavering strength of character."

Later in the day, Prince Harry and Trudeau attended a sledge hockey exhibition game at Ryerson University's Mattamy Athletic Centre where the royal explained why the sport will be part of the games for the first time next year.

"This is Canada, everything happens on ice, doesn't it?" Harry quipped, drawing laughter and applause from the crowd.

Harry also explained that the games provide role models for those who observe them.

"You young guys, the next generation, these are the perfect people for you to look up to," he said to the university audience. "It's individuals who have put their life on the line and given service for their country, for their family for their friends."

Trudeau agreed, saying the games give members of the forces a rare chance to step into the public eye.

"So much of the heroism, the bravery, the valour, the fight that our servicemen and (service)women do is not seen," he said. "To get a chance to have men and women who have served in the forces step out and compete and show their courage and determination and strength, and to be cheered on with fam-

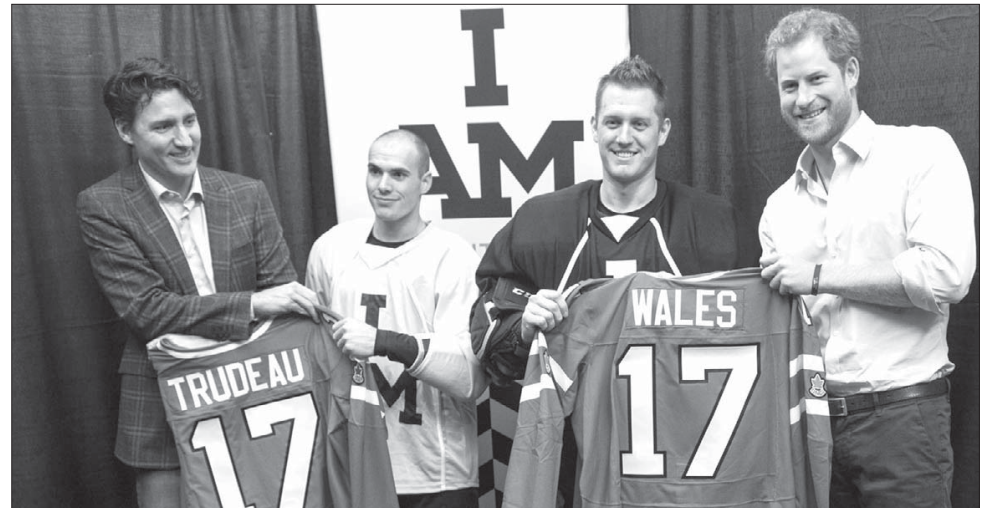
ily members and friends and all of Canada in the stands, is a wonderful way for us to say thank you."

The prince was set to have a private afternoon meeting with Ontario Lt.-Gov. Elizabeth Dowdeswell later Monday.

The Invictus Games were first held in London in 2014 and this year's event is set to take place May 8-12 in Orlando, Fla.

The Toronto games will be the first to feature a national torch relay, igniting the Invictus spirit across all 32 Canadian military bases and neighbouring communities.

The games will help commemorate Canada's 150th anniversary as well as significant military milestones such as the battle of Vimy Ridge and the battle of Dieppe.



Britain's Prince Harry, right, and Prime Minister Justin Trudeau, left, pose with their new team Canada hockey jerseys at the Mattamy Centre during the Prince's visit to Toronto to promote the 2017 Invictus Games in Toronto, Monday, May 2, 2016. Others are unidentified.

CANADIAN PRESS

Death

Teressa Patricia MacLeod (née Weir)

At the CHSLD La Sapinière, East Angus on April 26, 2016. In loving memory of Teressa Patricia MacLeod (née Weir) at the age of 94. Daughter of Edward and Luella Weir and wife of the late Ken MacLeod, she is survived by her children Mark (Lucille), Matthew, Malcolm (Cindy), Mary-Claire (Stéphane), Martin, Myles and Martha (Gilbert) as well as twelve grandchildren and six great-grandchildren. Teressa was also the cherished sister of Clair Thibodeau Weir and Leola Pehleman Weir as well as brother, the late Patrick Weir and sister, the late Ivy Weir.

Funeral will be held at St-Clement Church, Bishopton, Que. on May 14, 2016 at 11:00 a.m. in the presence of ashes. Teressa's sons and daughters will be there to greet family and friends from 10:00 a.m.

In her memory, a donation to the St-Paul's Rest Home in Bury would be gratefully appreciated and acknowledged by the family.

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Card of Thanks

BALDWIN - I wish to thank the doctors and staff at the CHUS 10th floor in cardiology for the excellent care I received while hospitalized. I also want to thank all of my friends for the cards and phone calls (esp. Barbra).

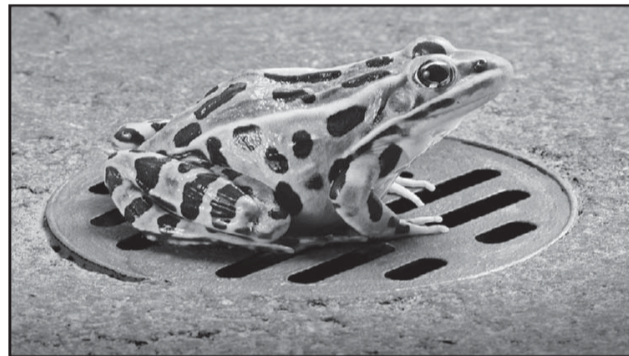
God bless you all.
JOAN BALDWIN

DO JUST ONE THING

By Danny Seo

If you're welcoming a newborn baby into your home, one thing you can do to create a healthy home environment is to skip the wall-to-wall carpeting in his nursery. Synthetic carpet fibers use chemical glues to adhere to the floor. Plus, the fibers can attract dirt, lead and other toxins in addition to mold, dust mites and allergens.

Go with an all-natural hardwood or sustainable flooring material like cork. Add natural-fiber area rugs, which can be easily removed for cleaning when needed, or look for modular carpet tiles, which peel right up and can be washed in the sink.



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Datebook

TUESDAY, MAY 3, 2016

Today is the 124th day of 2016 and the 45th day of spring.

TODAY'S HISTORY: In 1802, Washington, D.C., was incorporated as a city.

In 1921, West Virginia approved the first state sales tax.

In 1973, construction was completed on Chicago's Sears Tower (later renamed the Willis Tower), the tallest building in the world at the time.

In 2006, the jury in the trial of Zacarias Moussaoui, convicted of conspiracy in the 9/11 terrorist attacks, recommended a sentence of life in prison.

TODAY'S BIRTHDAYS: Niccolo Machiavelli (1469-1527), statesman/philosopher; Golda Meir (1898-1978), Israeli prime minister; Bing Crosby (1903-1977), singer/actor; Pete Seeger (1919-2014), singer-songwriter; Sugar Ray Robinson (1921-1989), boxer; James Brown (1933-2006), singer-songwriter; Frankie Valli (1934-), singer; Greg Gumbel (1946-), sportscaster; Christina Hendricks (1975-

), actress; Dule Hill (1975-), actor; Cheryl Burke (1984-), dancer.

TODAY'S FACT: Residents of Washington, D.C., did not receive the right to vote in presidential elections until the 23rd Amendment was passed in 1961.

TODAY'S SPORTS: In 1987, Julius Erving of the Philadelphia 76ers played his final game, finishing with 30,026 points, 10,525 rebounds and 5,176 assists in his professional basketball (ABA and NBA) career.

TODAY'S QUOTE: "When I'm on stage, I'm trying to do one thing: Bring people joy. Just like church does. People don't go to church to find trouble; they go there to lose it." — James Brown

TODAY'S NUMBER: 23 — hours of solitary confinement each day for prisoners at the Supermax prison in Florence, Colorado, where Zacarias Moussaoui is imprisoned.

TODAY'S MOON: Between last quarter moon (April 29) and new moon (May 6).

Keep your lawn green and use less water

FROM CONSUMER REPORTS(R)

By the editors of Consumer Reports

As much as half of the water we use to irrigate our lawns and gardens is wasted because of runoff from inefficient watering, evaporation and wind, according to the Environmental Protection Agency.

Consumer Reports offers these suggestions for minimizing the waste.

— **Fertilize when the time is right.** Fertilizer won't help a dry or brown lawn. The time to use it is when the grass grows more roots than blades, usually in the fall in cooler climates (such as the Northeast and Northwest), and late spring in warmer climates (the South and Southwest). More isn't better; you could damage the grass. So follow the instructions on the fertilizer bag.

— **Avoid fast-release fertilizers.** Though they will green up your lawn quickly, putting down too much could burn your grass. Use compost instead, or slow-release or organic fertilizers. Read the labels and look for ones without bone, blood or fishmeal, which can sicken pets.

— **Mow higher.** Let the grass grow to about 4 1/2

inches before mowing it to 3 to 3 1/2 inches. Tall grass helps promote deep roots that don't need as much water, making your lawn hardier and more resilient. And avoid mowing off more than one-third of a grass blade's height at a time. "Scalped" grass is more likely to go brown.

— **Use the mulch setting.** Mulched clippings deposit nutrients into the soil and reduce evaporation, so your lawn won't need as much fertilizer or water.

— **Keep blades sharp.** They cut cleaner and faster, Consumer Reports points out. Dull blades tear rather than slice grass, stressing it and making it thirstier and more prone to disease. Grass tips that are brown are a sign that you need to sharpen your blade. You'll need to do that about three times during the growing season. Keeping an extra blade on hand — or blades, in the case of a tractor or rider — means you won't lose mowing time while the other is in the shop for sharpening. An outdoor-gear dealer will sharpen a mower or tractor blade for about \$5 to \$7.

— **Clear the mower deck.** The buildup of clippings inhibits airflow. A clear deck is especially important when cutting high grass because good airflow lifts the longer grass blades for a clean cut. Keep in mind that those clippings make great mulch, so spread them on

the lawn.

— **Water wisely.** An established lawn needs no more than an inch of water per week, including rainfall. To promote deep roots, give your grass one long soak to get the inch of water instead of several short, shallow ones. Consumer Reports suggests considering adding a sprinkler system or updating the one you have.

— **Use drought-tolerant grasses.** Grass labeled drought-tolerant or -resistant will maintain some active growth with about 30 percent less water than conventional cool-season grasses. They're available at home and lawn centers.

— **Match the grass to your locale.** Frank Rossi, a turf scientist and an associate professor of horticulture at Cornell University, recommends tall fescue in the Northeast; Bermuda and zoysia in the South; tall fescue and zoysia in Mid-Atlantic states across to St. Louis; and buffalo grass in the prairie areas and out West, except for California, where Bermuda and zoysia are possibilities. They should also fare well in the Southwest. Your local cooperative extension can help you find species that are right for your climate and soil. And check the list of grass seed brands at the Turfgrass Water Conservation Alliance (tgwca.org).

To learn more, visit ConsumerReports.org.

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975. www.aa.org

LENNOXVILLE

Brunch at the A.N.A.F. Unit 318, 300 St. Francis, Lennoxville on Sunday, May 8 from 10:30 a.m. to 12:30 p.m. Come enjoy eggs, pancakes, bacon, sausages, ham, potatoes, baked beans and much more. All welcome. Info: 819-346-9122.

SHERBROOKE (LENNOXVILLE)

Saturday, May 21 at 3 p.m.: ESTRIA presents "trio Uplands" at The Uplands Cultural and Heritage Centre (9 Speid). With selections for clarinet, cello and piano by Kahn, Muczynski, Barber and Lutoslawski, performed by clarinetist Pauline Farrugia, cellist Erich Kory and pianist Daniella Bernstein. Come and hear this wonderful Eastern Townships music ensemble. Admission charged. To make a reservation, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. This wonderful series is made possible thanks to the financial support of Le Conseil des arts et des lettres du Québec. More information on the series at <http://pages.globetrotter.net/estria>

NORTH HATLEY

Sunday, May 22 at 3 p.m.: ESTRIA presents "Trio Uplands" at St. Elizabeth's Church (3115 Capelton). With selections for clarinet, cello and piano by Kahn, Muczynski, Barber and Lutoslawski, performed by clarinetist Pauline Farrugia, cellist Erich Kory and pianist Daniella Bernstein. Come and hear this wonderful Eastern Townships music ensemble. Admission charged. To make a reservation, please contact Pauline Farrugia at 819-842-1072 or at estria@cgocable.ca. This wonderful series is made possible thanks to the financial support of Le Conseil des arts et des lettres du Québec. More information on the series at <http://pages.globetrotter.net/estria>

LENNOXVILLE

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Tuesday, May 10 at 164 Queen Street, Suite #104, from 1:30 p.m. to 2:30 p.m.

WATERVILLE

The Lennoxville and District Community Aid will be holding a Blood Pressure clinic on Tuesday, May 10 at the Town

Hall from 10 a.m. to 11 a.m.

NORTH HATLEY

The Lennoxville and District Community Aid will be holding a Pressure clinic on Friday, May 6 at the Library, 165 Main St. North, from 10:00 a.m. to 11:30 a.m.

SHERBROOKE

Saturday, May 7 from 4 p.m. to 6 p.m., the Church of the Advent will hold their annual Spring Salad Bar Tea with salads, ham, fresh rolls, cakes, squares, tea and coffee. There will also be a sales table of homemade goodies, so please bring a bag. All are welcome. Admission charged.

NORTH HATLEY

The Frontier Animal Society benefit night at The Piggery Theatre, North Hatley on May 13 at 8 p.m. featuring David Francey, promoting his new album Empty Train. Limited number of tickets. To reserve call Linda Peacock at 819-868-2684. If you wish to support our Shelter, please buy your tickets from us.

LENNOXVILLE

The Canadian Federation of University Women (CFUW) Sherbrooke and District invites you to attend the 24th annual Regional Public Speaking Competition on Thursday, May 5 to be held at the Amédée Beaudoin Community Center, 10 Samuel-Gratham St. behind the Town Hall in Lennoxville. No admission, free parking. Overflow parking is available on Queen street next to the florist. Five high schools will be participating: Alexander Galt High School, Bishop's College School, Massey-Vanier High School, Richmond Regional High School and Stanstead College School. Junior competitors will speak at 4:15, seniors at 5:45 following a short refreshment break. The school represented by each winner will receive a modest prize of \$100 to benefit their library. The Organizing Committee looks forward to your support of these very interesting orators.

LENNOXVILLE

The Bishop's/Champlain Refugee Student Sponsorship Committee will be holding their annual Sale in the Bishop's University Old Arena on Saturday, May 7 from 8 a.m. to 2 p.m. Large selection of furniture, sports equipment, electronics, toys, clothes and household items. All proceeds go to support the refugee student sponsorship program. If you have items in good condition to donate please bring them to the lobby of the arena any day between 8 a.m. and 8 p.m. Please note the last day for donations is Wednesday, May 4. We are not able to accept tires, mattresses, TV's or old computer monitors.

NORTH HATLEY

THE MASSAWIPPI MUSIC FESTIVAL IS BACK IN 2016! Concerts every Saturday at 8 p.m. during the month of June in North Hatley's beautiful St. Elizabeth's Church (3115 Capelton Road). With spectacular artists such as the concertmasters of the

Toronto and Montréal Symphonies, Jonathan Crow and Andrew Wan, the internationally renowned Ensemble Caprice, the principal clarinetist of the Metropolitan Orchestra of Montréal, Simon Aldrich, and two of our very own talented regional soloists, cellist Erich Kory and pianist Tristan Longval-Gagné. Don't miss your chance to see these world class musicians. Special subscription price for all four concerts. Tickets: Pauline Farrugia 819-842-1072 / estria@cgocable.ca. More info : <http://pages.globetrotter.net/estria/MusiqueMassawippi.html>

MAGOG

Wills, Living Wills, and End-of-Life Legal Issues. Me. Tim Leonard, Notary, will speak about legal issues pertaining to the end of life, such as do-not-resuscitate orders, incapacity mandates, or other questions. Wednesday, May 4, 10 a.m. to noon, at the Memphremagog Community Learning Centre, Princess Elizabeth School, 120 Bellevue. Free of charge. Small donation for refreshments. All are welcome. Please pre-register at 819-238-1258 or 819-842-4146. Session 2 in "Happy Endings" series of 5 workshops. Info: 819-842-4146, www.uuestrie.ca, Facebook UU Estrie.

NORTH HATLEY

Last Words: How to plan your own memorial or celebration of life. Leave an intangible legacy of values. Rev. Carole Martignacco, an expert in personalized ceremonies. Friday, May 6, 10 a.m. to noon, at UUEstrie, 201 Main (downstairs), North Hatley. Free of charge. Small donation for refreshments. All are welcome. Please pre-register at 819-842-4146. Session 2 in "Happy Endings" series of 5 workshops. Info: 819-842-4146, www.uuestrie.ca, Facebook UU Estrie.

STANSTEAD

Mothers Day Coffee Party, Saturday May 7, 9:00 a.m. - 11:30 a.m. Christ Church Hall, 548 Dufferin, Stanstead. Sales tables, attic treasures, and jewelry. Free Drawing for Mothers Day Cake. Join us for coffee and goodies. Everyone welcome.

WATERVILLE

The Waterville-North Hatley United Church will hold their annual Spring Luncheon on Thursday May 5, from 11:30 a.m. to 1:00 p.m. The meal consists of assorted salads, baked beans, ham, bread, assorted pies, coffee & tea. Admission charged. Bake table on site.

LENNOXVILLE

Military Whist will be played at "The Hut", A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville, on Wednesday, May 4, at 1:30 p.m. To reserve a place for yourself or a table for 4, please contact Cheryl Bradley at 819-569-2067.

NORTH HATLEY

Mother's Day Brunch at the North Hatley Legion, 95 Jackson Heights, on Sunday,

May 8 from 10:30 a.m. to 12:30 p.m. Family tables available. Reservations please: 819-842-2933 after 2 p.m. Upcoming events: Annual golf tournament, June 4, sign-up soon; Father's Day Barbecue, chicken and ribs, June 18.

LENNOXVILLE

Mother's Day Tea on Sunday, May 8 at Uplands located at 9 Speid Street, Borough of Lennoxville between 1 p.m. and 4:30 p.m. Spoil mom on her special day! Enjoy a special English tea menu including scones, cucumber sandwiches and homemade jam! For reservations, please call (819) 564-0409.

LENNOXVILLE

The Lennoxville & District Women's Centre invites you to its OWLS (Outstanding Wise Ladies Sharing) group on Wednesday, May 4, 2016 at 1:30 p.m. at the Amedee Beaudoin Community Centre to hear guest speaker, Attorney Sarah Dougherty from Éducaloi (an independent non-profit organization which informs Quebecers about their legal rights and responsibilities in everyday language). Topics covered will include powers of attorney, protection mandates, wills etc. This event is open to all women in the community (free). For more information, please contact us at (819)564-6626 or info@ldwc.ca.

LENNOXVILLE

Lennoxville United Church, 6 Church St., Rummage Sale on Thursday and Friday, May 5 & 6, 10 a.m. to noon, and Saturday, May 7, 9 a.m. to noon, bag sale.

STANSTEAD

Mother's day dance at the Stanstead Legion, Saturday May 7 from 8 p.m. to 12 a.m. Music by Night Train, light lunch served. Admission charged. All members and none members welcome.

RICHMOND

Jumble Sale, Cleveland Women's Institute, May 7, 2016 from 8:30 a.m. to 12:00 p.m. at the United Church in Richmond. 247 Principal St. S. Everyone welcome.

ULVERTON

May Salad Luncheon on Saturday, May 7 at the Ulverton Community Centre from 11 a.m. to 1 p.m. Ulverton U.C.W. and Kirkdale A.C.W. Ladies welcome you and bring a friend!

• • •

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

How can I convince her to get away from this man?

TUESDAY, MAY 3, 2016

Annie's Mailbox

Dear Annie: In three years, I will be away at college. I am concerned because Mom has a boyfriend with a major anger problem, and he throws tantrums and gets abusive.

Mom has been in this relationship for a few years, and I'm afraid when I leave he will do some serious damage and I won't be there to protect her. She has been going to therapy, but it doesn't seem to be helping. I love my mother and want the best for her. How can I convince her to get away from this man? — Concerned Daughter

Dear Concerned: It is very difficult for some women to get out of an abusive relationship, and the longer they are involved, the more they believe they deserve

to be treated poorly. It's good that Mom is getting therapy. She obviously needs it, and we hope it will help her find a way out. We know you are worried about her, but you are not responsible for her choices. If you witness this man being physically abusive or if he should come after you, call the police immediately. You also can contact the National Domestic Violence Hotline (thehotline.org) at 1-800-799-SAFE (1-800-799-7233) and ask if there is anything more you can do.

Dear Annie: Something unacceptable is happening with two casual friends. The man's wife is in a nursing home with dementia. The woman's husband is in a nursing home after a debilitating stroke. They are "dating."

The man has no children and is fairly low-key with his activities. The woman, however, is like a lovesick puppy. Her children are teenagers, and they seem uncomfortable with the situation. I know she is lonely, and I feel sorry for her, but frankly, I am embarrassed to be her friend. Another friend tried to talk to her about this, but she is too "in love" to listen to reason. I know I should MMOB, and I am, but what is your opinion? — Momma Do-Rite

Dear Momma: As long as husbands and wives are taking care of their nursing-home spouses and visiting often, we have no objection to their spending an evening out with a friend. We concur, however, that it is inappropriate for this couple to flaunt a love affair, especially since there are children involved. However, you are a "casual friend," so you need to keep out of it.

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"ELEJWG BR H NJCTLWOYZ PFB CD
BO GJY TJC'P FHSL PJ TLHZ NBP F
PFL AHRP." — TBWLIPJW WBIFHWT
ZBCUZHPLW

Previous Solution: "Sometimes it is the simplest, seemingly most inane, most practical stuff that matters the most to someone." — Patty Duke

TODAY'S CLUE: *A equals P*

REALITY CHECK

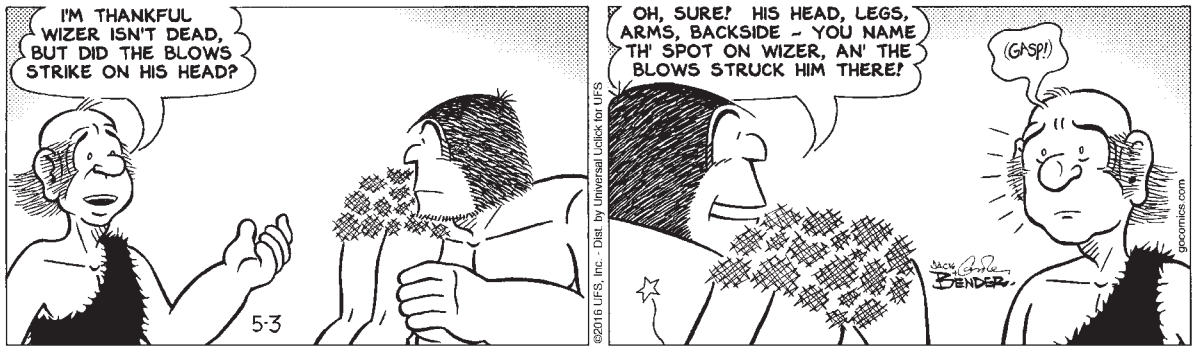


HERMAN

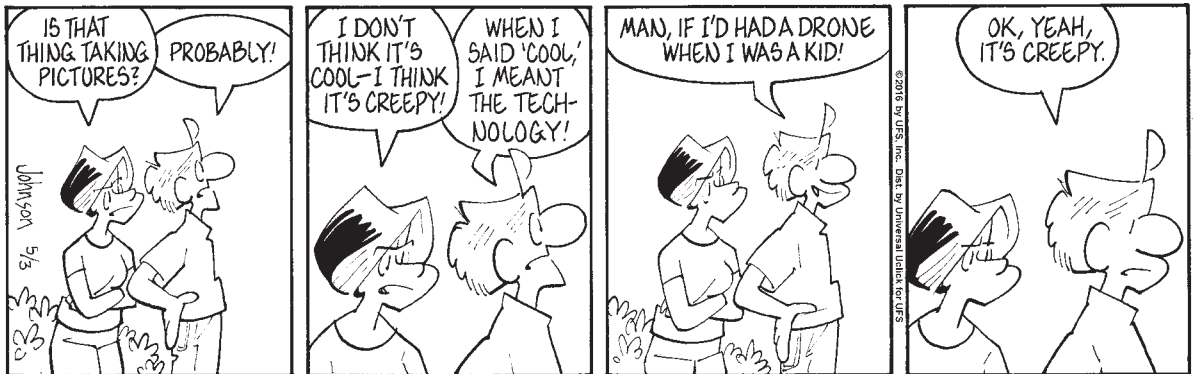


"It'll go away if you don't keep looking at it."

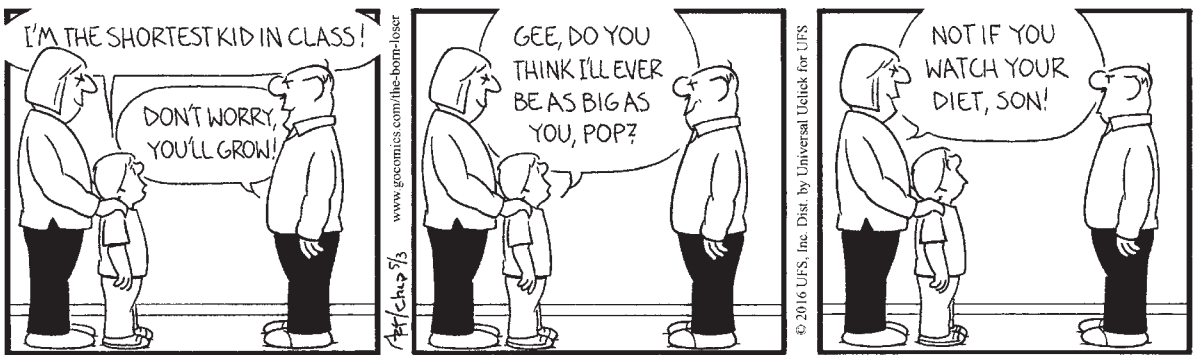
ALLEY OOP



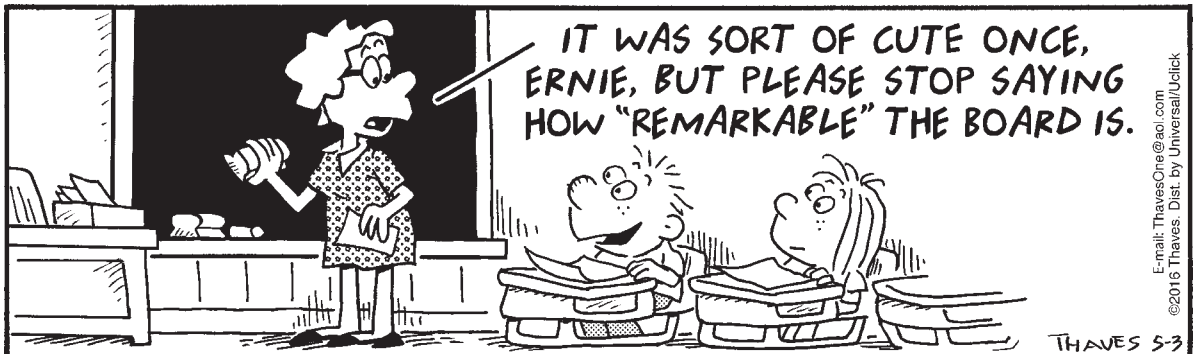
ARLO & JANIS



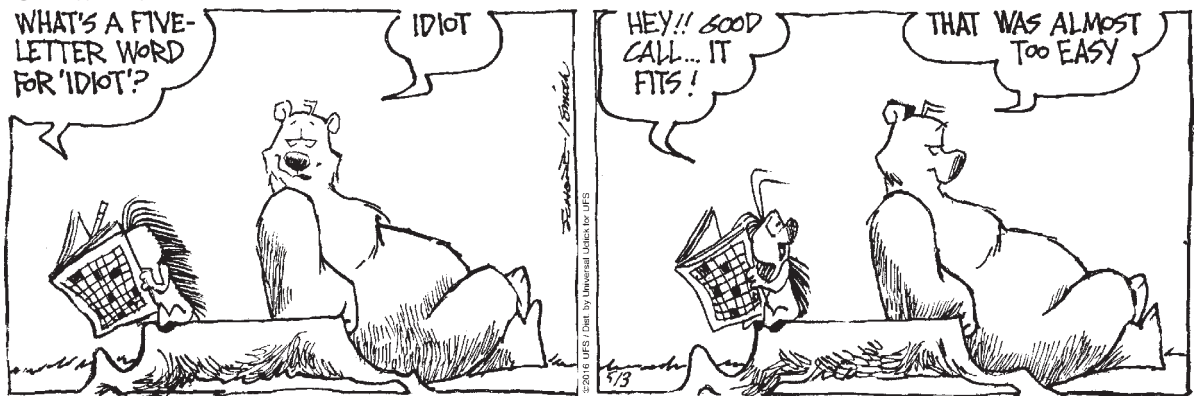
THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



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DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION
 OR MAIL YOUR PREPAID CLASSIFIED ADS TO
 THE RECORD, 1195 GALT ST. E., SHERBROOKE, QUEBEC J1G 1Y7

CLASSIFIED

Presentation of GL cheque to Carole Mooney of Massawippi Valley Health Center

We were well received by Carole Mooney of the Massawippi Valley Health Center in Ayer's Cliff. She was delighted to meet with us and one of the girls took the picture. She expressed her gratitude on behalf of this Center and stated they sure can use the money as they are planning more and more assistance to all who go there, for a doctor or just to see a nurse for advice and/or treatment.

Barbara and Lloyd already sing their praises as they have had some treatments - toenails trimmed, polished and special removal of corn, and overgrown toe nails.

We, as members of Alexandra #59 also thank Grand Lodge for this donation. Respectfully and sincerely, on behalf of all of us, Secretary Ernestine. Thank you for allowing me to present this cheque.



Dorothy Babbin, Ernestine Whipple, Carole Mooney, GM Arnold in back DDGM 5, Barbara Smith and Lloyd Smith



This was a very special occasion when Alexandra # 59 Odd Fellows of Ayer's Cliff had the honour and pleasure of presenting a donation from the Grand Lodge of Quebec I.O.O.F. to this much appreciated Center. There were many people inside waiting to be seen while we were there. Many thanks to Carole Mooney for setting this up and giving us full attention.

Secretary Ernestine Whipple

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SECRETARY - CUSTOMER SERVICE. Knowledge of Microsoft Office; knowledge of Accounting; bilingual (speaking and writing); autonomous, versatile, work as a team; 5 days per week. The company is located in Waterloo, Quebec. Please send your resume by the 6th of May, 2016 to hsharman@hotmail.com

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170 Auctions

NATIONAL ONLINE BOAT & RV Auction, May 11, 2016. Boats, RVs, ATVs, snowmobiles, side / sides and more. Pre-bidding begins May 9, 2016. For more information visit AeroAuctions.ca. Consignments welcome. Don't miss our Heavy Equipment and Transportation Auction on May 10, 2016 as well. Call toll free 1-866-375-6109 or 705-730-2411.

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294 Events

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425 Bus. Opportunities

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If interested in any of these routes, please contact our offices at **819-569-9528** between 9 and 4:30 or by email at **billing@sherbrookerecord.com**

SUDOKU

Difficulty: 3 (of 5)

	5					7	
	6			1			
7				9	8		4
				6		8	1
		1	3	7	9		
5	4	1					
3				5			2
		2	6			3	8
9	4	6					7

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PREVIOUS SOLUTION

6	2	4	9	1	3	7	5	8
8	1	7	2	6	5	3	4	9
9	5	3	8	4	7	6	2	1
7	8	9	3	2	4	5	1	6
1	6	2	5	7	9	8	3	4
3	4	5	1	8	6	9	7	2
2	7	6	4	3	8	1	9	5
5	3	1	6	9	2	4	8	7
4	9	8	7	5	1	2	6	3

HOW TO PLAY:
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

