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Game day with seniors brings \$5k for youth

Intergenerational concern helps to bridge the gap for Brome-Missisquoi Youth Foundation

By Ann Davidson

The lousy weather last Friday did not deter more than 100 seniors from getting out to a special fundraising activity supporting the three Houses of Hope owned by the Brome Missisquoi Youth Foundation (BMYF). Held at the TBL Community Centre, the organizing committee managed to raise almost 20 per cent of the \$25,000 annual budget necessary for the organization to meet its share of responsibility in maintaining support services for youth at risk in the Montérégie region.

It was a sea of grey- and white-haired individuals, some card sharks, some word enthusiasts, who convened in camaraderie to partake in lunch followed by Bridge, Mahjong, and Scrabble. They were out for a good time, but most importantly they all agreed that the primary reason was to show support for a cause that is dear to their hearts. They wanted to support young people in the Montérégie region who are at risk and in need of the support, guidance, emotional comfort necessary to go forward positively in life's adventures. They wanted to show those youth that there

are people who care for them, even when they feel there is little hope. The most senior participant, Cecile Archer at 101 years old, said that all her life she has supported young people and she wasn't going to stop.

The three Houses of Hope that are mostly referred to BMAYS (Brome-Missisquoi Adolescent and Youth Services) are group homes providing short-term and long-term accommodation for youth between 12 and 17 years old. Since the first was built more than 700 young people have gleaned support. Although the services are supported by the provincial government's youth protection program, they are not considered as detention centres. Rather, they are homes for those youth who are otherwise not able to live with their families. The goal of the organization is to provide a stable environment where kids can develop self-esteem and confidence necessary to become autonomous adults.

President of the board of directors of BMYF, Sonia Raikes-Smith, reported that the first building constructed in 1998

CONT'D ON PAGE 8



ANN DAVIDSON

Back, left to right: Robin Sewell in charge of event communication and public relations, Sonia Raikes-Smith, president of the BMYF board of directors, Toni Marion, coordinator of the event, and George Archer, secretary of the BMYF board of directors. Front, left to right: Louise Archer, Cecile Archer, and her daughter, Joan Archer-Cournoyer.

Author Julia Rohan launches 'The Timekeeper's Solution'

Weaverworld trilogy heading to 'CONjuration 2016' in Atlanta as special guests

By Ann Davidson

Julia Rohan of TBL launched her third book in the Weaverworld trilogy called "The Timekeeper's Solution" on Sunday, October 30 before taking the books on the road to promote them.

ANN DAVIDSON

On the eve of the biggest night for ghosts, goblins and imagination for all that Halloween allows, author, songwriter, singer and resident of Town of Brome Lake, Julia Rohan, launched her final book within her Weaverworld Trilogy, "The Timekeeper's Solution," before taking it to CONjuration 2016.

Amidst close friends in the intimate setting of Aileen Gabereau's "290" in Knowlton, prior to unveiling her latest book as well as her revised versions of the first two already published, Rohan gave tribute to the people who supported and influenced her

during her 13-year journey of personal recovery from tragedy, explaining the challenges of writing and the morphing from one document to three. She extolled the patience and understanding given to her by her husband, Ted. A summarized presentation that the couple will be taking on the road to promote her work was played before Rohan read a short excerpt from "The Timekeeper's Solution" after which Rohan and her singing partner in Déja Two, France Lepitre, dazzled everyone by performing the unreleased theme song for the books for the first time.

Since 2003, Rohan, a self-proclaimed late bloomer

CONT'D ON PAGE 8



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Brome County Community Bulletin Board

November 5

Mental Health & Well-Being Support Group 20th anniversary. Come celebrate with us at the Lac Brome Community Centre 270 Victoria St., Knowlton on Saturday, November 5 from 7 p.m. to 9 p.m. Scott, a Canadian Armed Forces veteran, and Malik, his service dog, will share their story and tell us about Audeamus, a Canadian organization that trains and provides service dogs free to individuals traumatized in the line of duty. This event is free of charge. Donations will be accepted and given to Audeamus to be used to help save lives. For Information: Linda 579-488-1450 or pleasantvalley001@gmail.com. A light snack will be served.

November 5

Christmas Tea – Holy Trinity Church hall #218 Iron Hill on Saturday, November 5 from 2 p.m. to 4 p.m. Adults \$8 and children under 10 \$4. White elephant and nick-nack tables, drawings, baked goods, and lunch served. Come and celebrate the Christmas season with us.

November 5 and 6

The Afeas of Cowansville is organizing an **handicraft show** on November 5 and 6. Saturday from 10 a.m. to 4 p.m. and Sunday from 9:30 a.m. to 4 p.m. in the basement of St-Thérèse Church, 209 St-Thérèse Street, Cowansville. Everybody is welcome. Free entrance. Information: 450-263-0017 or 450-263-3680.

November 6

Remembrance Day church service will be held at Knowlton United Church on Sunday, November 6 at 11 a.m. All are welcome to attend.

November 7

The Canadian Club of the Yamaska Valley's monthly meeting: 2 p.m. Nov. 7 at the Auberge, West Brome on Rte.139. Speaker: Desmond Morton. Topic: The Unknown Story of Canadians at Normandy. Non-members \$10. Information: 450-372-4562. Lunch reservations at the Auberge call 450-266-7552/1-888-902-7663. Please visit our web page

<http://www.canadianclub-yamaskavalley.ca>.

November 11

Remembrance Day ceremonies will take place at the cenotaph in front of Knowlton Academy at 10:55 a.m.

November 11

Benefit concert for the Brome Historical Society featuring The Honeysuckle Sisters: Almut Ellinghaus, Sarah Biggs, and Laura Barr. Join us for an evening of live music at the Auberge Lakeview Inn, 50 Victoria St. on Friday, November 11 at 7:30 p.m. Tickets \$25. Call 450-243-6782 www.bromemuseum.com.

November 11

Friday, November 11, **Health Matters** "Self-Esteem and Aging." Free, 10 a.m. - noon, Everyone welcome! Cowansville CLSC, 397 rue Rivière, avantebarb@bellnet.ca.

November 11-12

Church of the Ascension, West Brome, **annual craft sale and soup luncheon** on Friday, November 11 from 10 a.m. to 3 p.m. and Saturday, November 12 from 9 a.m. to 3 p.m. Only Saturday morning a bake sale. information: 450-263-3025.

November 12

Christmas tea and bake sale will be held Saturday, November 12, from 2 p.m. to 4 p.m. at Grace Anglican Church, 52 Principale Sud, Sutton. Come and enjoy a hot cup of tea/coffee/juice, fabulous sandwiches, yummy squares, stock up on our homemade country baking, Cynthia's plum puddings, Hollis' apples and an array of good used books.

November 13

The Knowlton Lions Club will hold on Sunday, November 13, at Knowlton Academy, a **Remembrance Day brunch** to honour our local veterans. This "all-you-can-eat-pay-what-you-can" event will take place from 9 a.m. till 1 p.m. Not only is the event an occasion to recognize the merit of our veterans but it is also a great community get-together.

CHURCH BULLETINS

ALL SAINTS ANGLICAN CHURCH – DUNHAM

Sunday services at 10 a.m. – all welcome! The Reverend Sinpoh Han. Information: 450-295-2045.

ANGLICAN PARISH OF BROME

Services are at 9 a.m. First Sunday of the month will be at Holy Trinity, Iron Hill, second Sunday of the month will be at St. John the Evangelist in Brome, third Sunday of the month will be at West Brome Church of the Ascension, fourth Sunday St. John the Evangelist in Brome. Canon, Tim Smart, rector. Information: 450-538-8108.

BEDFORD PASTORAL CHARGE OF THE UNITED CHURCH OF CANADA

Gathered round Christ, we are a community that searches out God's story in daily life. We worship together as follows: First and third Sundays of each month at 10 a.m. Wesley United Church is located at 51, rue de la Rivière, in Bedford. Stanbridge East: Second Sunday of each month at 10 a.m. Stanbridge East United Church is located at or near 16 rue Academy, in Stanbridge East. Mystic: Fourth Sunday of each month at 10 a.m. Mystic United Church is located at the intersection of Mystic Road and the Walbridge Road, in the hamlet of Mystic (Saint-Ignace-de-Stanbridge). The fifth Sunday of the month location can be found on our website at: bedfordpastoral.org. or contact Wendy Near at the church office on Thursday and Friday from 9 - 11 a.m. at 450-248-3044 or at home 450-248-2739 or at our e-mail address which is Bedford.pastoral@yahoo.ca.

CALVARY UNITED CHURCH SUTTON

A warm welcome awaits you at our Sunday worship service in Sutton at Grace Anglican Church at 9 a.m. followed by a coffee hour at 10 a.m. in the church hall. Information: 450-538-0530.

COWANSVILLE COMMUNITY BAPTIST CHURCH

Cowansville Community Baptist Church meets Sundays at 11:30 a.m., 137 rue John, Cowansville. Everyone is welcome.

CREEK/WATERLOO PASTORAL CHARGE

Remembrance Sunday, November 6 – worship and music: Sacrament of Holy Communion at both worship services. Creek United, 278 Brill Rd., West Bolton, service and Sunday school at 9 a.m.; St. Paul's United, 4929 Foster, Waterloo, service at 10:30 a.m. Reverend Dave Lambie, minister. For information or to leave a message call: 450-539-2129.

EMMANUEL CHURCH

This Thanksgiving Sunday, come together for a thoughtful and spiritual experience and give yourself a good start to the week. Sunday worship is at 203 rue Principale, Cowansville, at 10:30 a.m. Sunday school every third Sunday of the month. We serve the United Church communities of Brigham, East Farnham, Farnham, and Cowansville...but really anyone can find a home here. Give it a try and sample a Sunday. Wheelchair accessible. Worship Leader: Frances Jones. Church office: 450-263-0204 website: emmanuelcowansville.ca.

ÉGLISE CATHOLIQUE ST. ÉDOUARD CATHOLIC CHURCH

366 Knowlton Road, Knowlton. You are invited to participate in a bilingual Mass Sundays at 10:30 a.m. Christian meditation is now on Wednesday after-

noons 2:30 p.m. to 3:30 p.m. (side door). The group is now bilingual and has been formed to introduce meditation to newcomers. We welcome beginners and experienced meditators. Regular attendance not required. Information call Clare at 450-243-5590.

GRACE ANGLICAN CHURCH

52 Principale sud, Sutton, welcomes everyone for Sunday services at 10:30 a.m. All welcome. Canon Tim Smart, rector. Information: 450-538-8108 or visit our website at www.gracechurchsutton.org.

GRANBY UNITED CHURCH

Where God Unites all Children. Be a part of the family. 101 rue Principale, Granby. Please call 450-372-1417 for information and to confirm time of our services. guc-eug@bellnet.ca.

KNOWLTON-MOUNTAIN VALLEY PASTORAL CHARGE

Serving the regions of Knowlton, Bolton Centre, Mansonville and Vale Perkins. Worship service at 11 a.m. at Knowlton United Church, 234 Knowlton Road (450-243-6078). A warm welcome is extended to all. Handicapped access available. Remembrance Day church service will be held on Sunday, November 6 with the Rev. Lise Kuzminska.

ST. GEORGE'S ANGLICAN CHURCH

130 Principale, Granby, welcomes everyone for Sunday service at 11 a.m. All welcome. Bienvenue a tous. Reverend Richard Gauthier, rector. Information: 450-372-2197.

ST. JAMES ANGLICAN CHURCH - FOSTER

Please join us for a Service of Holy Communion at 9:15 a.m. on Sunday November 6, Rev. George Campbell officiating. We are the little church on the hill, 725 Lakeside in Foster. Visit over refreshments in the hall afterwards. Everyone is welcome.

ST. PAUL'S ANGLICAN CHURCH

24 St. Paul's Road, Knowlton. St. Paul's - a dynamic, diverse community pursuing and serving Jesus in the Eastern Townships. 8 a.m. and 10 a.m. Sunday services (traditional, contemporary and modern music and format). Please check out our new website: www.stpaulsknowlton.ca. Messy Church every third Wednesday of the month from 5 - 7 p.m. Everyone welcome! Telephone: 450-242-2885.

TRINITY ANGLICAN CHURCH

The Church with a "Heart" 409 South Street, Cowansville. All Sunday services are at 10:30 a.m. Come and join us as we endeavor to learn and practice God's loving will. We'd love to welcome you. Reverend George Campbell. Information: 450-955-3325 (leave message).



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Butler Elementary's turn to plant tulips for Garden Route

By Louise Smith

After the successful planting at Farnham Elementary, Holly Bailey, the coordinator of a Community Learning Centre, oversaw Butler Elementary's planting on Thursday, October 20. This CLC is just one of about 80 CLCs in Quebec funded by the Canadian Heritage Fund to promote minorities in local communities.

Despite the rain and the mucky ground, the 1,000 tulip bulb planting session went ahead in Bedford. Butler Elementary School is one of 150 gardens on Canada's Garden Route for Canada's special birthday in 2017. Holly applied to the Garden Route and was able to get her two schools involved.

The flower beds at Butler were prepared in great part by Mathieu Viens and his Grade 7 class. They turned the soil and added all the compost. Lots of parents and volunteers were on hand, and like at Farnham, all the students participated in the planting.

Bedford's town councilor Normand Deragon, took part that afternoon, as did Joy Humenuik, the vice chairman of ETSB, and Nathalie Provencher, who is the special assistant with the office of



PHOTOS COURTESY OF LOUISE SMITH

Despite the rain, the tulip planting was all done at Butler.

Denis Paradis, the federal Member of Parliament for Brome-Missisquoi in Ottawa for the Liberal Party.



Students of all ages enjoyed their garden experience.

Come spring, everyone is invited to see the red and white tulips in all their glory on both school sites. Let the sesqui-centennial party begin!



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Visitors and students alike planted.

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Mettant en vedette | Featuring :

The Honeysuckle Sisters

Almut Ellinghaus, Sarah Biggs, and Laura Barr

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Vendredi, le 11 novembre à 19:30h
Auberge Lakeview Inn
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Billets : 25 \$

Join us for an evening of live music to benefit the Brome County Historical Society!

Featuring: **The Honeysuckle Sisters!**

Friday, November 11 at 7:30pm
Auberge Lakeview Inn
50 Rue Victoria, Knowlton

Tickets: \$25

BILLETS / TICKETS:
450-243-6782
www.bromemuseum.com



Société historique du comté de Brome / Brome County Historical Society
130 Chemin Lakeside, Knowlton, QC



4e concours annuel des Maisons en pain d'épices

Pour participer au concours, s.v.p. appeler La Vie Sucrée au 450-242-1445 ou la Chambre de commerce au 450-242-2870

4th annual Gingerbread House Contest

To participate in the contest, please call La Vie Sucrée at 450-242-1445 or the Chamber of Commerce at 450-242-2870

Heroes' Terry Fox Assembly – Nearly \$7,000 Raised!

By Louise Smith

The students of Heroes' Memorial in Cowansville stepped up to the plate once again! On Thursday, October 27, students and staff and family joined together in the gym to acknowledge the funds raised for cancer research for the Terry Fox Foundation.

The school population is just over 200, but they were able to collectively raise nearly \$7,000! Thirty-three students raised between \$50 and \$99. Eleven raised between \$100 and \$199. Three raised \$200 or more!

The youngest to raise \$200 or more was Sarah Smith in kindergarten. (No relation to this reporter.) When asked how she was able to raise the money and her thoughts on the run, little Sarah said, "My family helped me. Me and Mommy raised the money. I just walked on the day of the run with Tina because I got a little bit tired when I ran, but I am good at running!"

Jake Blinn, in Grade 2, raised the most at \$300. He praised his family for their support. "My grandpa and grandma, my uncle, and lots of aunts, they all helped to give money. My mom gave money too. I want to help to get a cure for cancer. My grandpa who is not alive, and a lot of my ancestors had cancer. We can't stop until we finally find a cure."

Dawson Carter, in Secondary 1 (Grade 7), raised \$254.55. He was awarded the Louise Smith-Terry Fox Trophy for demonstrating the spirit of Terry Fox. Dawson has been a top fundraiser for the



PHOTOS COURTESY OF LOUISE SMITH

The school total was nearly \$7,000!

Terry Fox Run his whole school career. "Since I first stepped into the school, I have raised money every year in the Terry Fox Run. I always walk around a lot of Cowansville. I go to stores and houses. Many small amounts add up. I always fill in lots of pledge sheets. My message to Massey-Vanier is that I hope when I get there next year, there will be a Terry Fox Run. Cancer research is important. My great grandfather, and most of my aunts have had a type of cancer. Cancer is everywhere! We can't stop until there is

a cure!" Mrs. Barr led the assembly with two inspiring songs performed by the choir and band. Ms. Flynn and Ms. Wisdom announced the top fundraisers and handed out certificates. The assembly was a testament to Heroes' Memorial's continuing commitment to the goal started by Terry Fox decades ago. Wouldn't it be great someday to say that cancer is no more!



Dawson Carter was awarded the Terry Fox Trophy for his continual demonstration of the spirit of Terry Fox.

Wellness Oktoberfest luncheon



Wellness volunteers served up a great Oktoberfest lunch to just over 100 Town of Brome Lake seniors on Friday, October 21. The tables at the community centre were set and decorated with the colours of the fall season.

The meal, which received many great compliments, was prepared as always, by Jean-François of the Dépanneur Rouge. Our thanks to the Brome Lake Ensemble who provided a good selection of music well suited to the occasion. This is just one of the many ways in which Wellness contributes to the community of seniors in the Town of Brome Lake.

Our next special occasion will be a Christmas Tea on December 9. At the moment we are in the middle of our fundraising campaign. If you would like to contribute to this worthy cause, please send your donation to Wellness Lac Brome, c/o Recreation and Community Services Lac Brome, 270 rue Victoria, Lac Brome, Qc JOE 1V0.

Brome County NEWS



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ABOUT TOWNSHIPERS'

Townshippers' Foundation is celebrating its' 30th anniversary

Over the last three decades, the Townshippers' Research and Cultural Foundation has given away over one million dollars across all sectors of the Eastern Townships thanks to the generosity and involvement of our community.

Our goal is simple: Ask the public for donations, grant projects that benefit our community, and give the money away. By investing in our community, groups and projects can enhance and preserve local initiatives.

This year foundation funds have been invested in the Brome region by supporting the Knowlton Academy's "Village Reads" library expansion, Knowlton Literary Association's annual festival, and Pleins Rayons Bike Program, a workshop that teaches basic bike building skills to special needs students. Funds also helped a group with the Avante Women's Center to participated in a First Nations Pow Wow, supported the Brome County Historical Society's R.A. Fessdenen (father of the radio) exhibition, continued the Caregivers' Café support groups featuring professional speakers, and allowed the 37th Townshippers' Day festival to take place last September.

The success of the foundation is thanks to solid teamwork. We count on the support of our donors and they respond each year. We, as a board, do our part by keeping costs at a minimum so that we can continue to support our communities. And Townshippers' Association, our sister organization, supports the foundation by providing us with office space and staff support: we would find it difficult to continue without it.

Although we have close ties to Townshippers' Association, we are a separate, non-profit charitable organization, both working on a shared mission to enhance the Townships using different methods to achieve that goal.

Beyond the grant program, the foundation is helping groups who are unable to issue charitable tax receipts to do so through a partnership agreement. Groups are required to meet the foundation criteria and a small percentage of their donations help cover our administrative costs, allowing more projects to take place.

Your donations to the foundation make all the difference.

Consider giving a one-time or recurring contribution to our annual fundraising campaign, which is cur-



STEPHEN THOMPSON

The Knowlton Literary Festival, pictured here at the 37th Townshippers' Day, is one of many grassroots projects that have come to life through public donations made to the Townshippers' Foundation. Give today and invest in projects that enhance the quality of life in the Eastern Townships communities in 2017!

rently underway. We also accept bequests and gifts in memoriam: A longstanding example of honouring the memory of a loved one.

If you have donated in the past, we thank you and sincerely hope that you consider donating this year to start us on another 30 years of "People helping people: generation to generation."

For safe and secure online donations visit


TownshippersFoundation.ca or mail cheques, [payable to Townshippers' Foundation] to: Townshippers' Foundation, 100 - 257 Queen Street,

Sherbrooke, QC J1M 1K7. If you have questions, please call 819-822-3314 or e-mail TRCF@townshippers.org.

For more information on Townshippers' Association and our activities, catch our columns in the Brome County News, visit us on Twitter @Townshippers, Facebook and our website Townshippers.org. Connect with Townshippers' offices in Sherbrooke at 100 - 257 Queen, 819-566-5717 (toll-free: 1-866-566-5717) or Lac-Brome at 3-584 Knowlton Rd, 450-242-4421 (toll-free: 1-877-242-4421).


Sunday November 6, 2016 - 10:00 a.m. All Saints Anglican Church, Dunham - 208th Anniversary Celebration

This year 2016 marks the 208th anniversary of the founding of our parish community of All Saints, Dunham. To commemorate this auspicious occasion with us, the **Rt. Rev. Mary Irwin-Gibson**, Bishop of Montreal, and also former rector of the Parish of All Saints, will celebrate Holy Communion and preach **on Sunday, November 6**. The service begins at **10:00 a.m.** Members of the public are invited to come and celebrate with the parish. There will be a light lunch after the service. All Saints Church is located on **3829 rue Principale in Dunham**. If you would like more information, please call the Rev. Sinpoh Han **(450 295-2045)**.




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19 Nov	Sutton	Legion Sutton (rue Curley)
26-27 Nov	Sutton	Église Baptiste Olivet
3-4 Dec	Sutton	Église Baptiste Olivet
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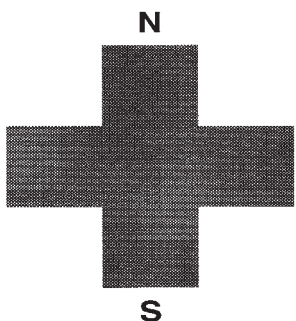
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Avante November Newsletter

Barbara Bellingham
Program Director
Avante Women's Centre

This month, Avante will be focusing on social actions that are relevant to the general public, so we invite and encourage everyone to at least be aware of the issues we are addressing.

Austerity measures put into effect by our provincial government has resulted in a reduction of public services, and community groups are feeling the effects, as people turn to them to help meet their needs that the public system can no longer provide. Already overwhelmed by underfunding, community organizations are struggling to adapt to these new challenges, but in the meantime, our ability to properly fulfill our missions is being weakened. Community sector organizations will be rallying in a united front throughout Quebec on November 7, 8 and 9, to request that the Quebec government rethink funding for over 4,000 organizations working in our communities, and reinvest in public services and social programs. This will involve service interruptions and closures of our centres over the three days. Stand up for us, and with us! Avante will be part of two local actions in Bedford on Monday and Tuesday, then Wednesday, we will be travelling to Sherbrooke to

participate in a much larger rally. If anyone would like to support our cause by joining us, please call the centre at 450-248-0530 for more details.

Our other social action is an annual event called the White Ribbon Campaign, running from November 25 to the sixth of December. We will be promoting awareness of issues concerning violence against women, and we will be encouraging the general public to support the campaign by wearing a white ribbon. The campaign was first introduced over two decades ago, by a group of men from Ontario, who felt their boys needed to be properly educated on what it meant to respect women. The emphasis was on changing men's attitudes and behaviours towards violence against women. Quebec adopted the starting date, ending with the commemoration of the Polytechnique massacre of 14 women on December 6, 1989. With the recent charges of sexual assault in the forefront these days, we are hoping our communities will stand up again, and respond positively to our distribution of free white ribbons to be worn throughout the 12 days.

Our regular programming continues with our "Open Till 8" activities every Tuesday evening from 6-8 p.m. On November 1, Gayl continues to encourage and guide anyone with sewing or quilt-



Girl's World has started a new season with an international cooking theme. Both Farnham and Butler elementary schools are participating in the program. There are 20 girls, excited and keen to learn new recipes from other countries. They also have the opportunity to learn more about the culture and history of each the countries chosen.

ing projects. November 9 we will be closed. Karen will host a potluck supper and evening of discussion on the 16th, and on November 22 it will be making Quilted Christmas decorations with Katie Holmes and Barb. A \$2 contribution is requested, and registration is necessary as there's a maximum of 10. Nancy has asked photographer Karen Smith to do a presentation of some spectacular photos from her recent trip to Dubai, on November 29.

"Health Matters," offered in partnership with Avante and Townshippers' Association will cover the topic of Self Esteem and Aging, on Friday, November 11 at the Cowansville CLSC from 10-noon. As retirement seems to be the time to do all those things you never had time for before, the reality is that many of us get caught up in a state of "entangled everydayness," and we start feeling the effects of aging. Plus, the sense of accomplishment that fed self-esteem while working and raising families isn't happening as often. Learn how, and why to get out of comfort zones to

get the most of your golden years! A free light lunch will be offered at noon.

Repeats of many of the Health Matters workshops are requested, so Avante is offering "Health Matters: Revisited" in Knowlton once a month. On Nov. 28 a DVD presentation by Myra Siminovitch covers the topic of Arthritis; rheumatoid and osteo – what is normal, what causes it, and how you can help yourself. Learn how you can maintain an active lifestyle and preserve your joints. From 1:30-3:30 p.m. at the Lac Brome Community Centre.

A reminder that we also continue with our regular counselling and drop-in services, both at our centre in Bedford and two days a month in Knowlton. We offer individual computer training, and support the MIRA Foundation by collecting empty ink cartridges for them. Our centre is located at 15 rue du Pont, Bedford. Please drop in or call at 450-248-0530 to keep in touch with our services being offered. You can also visit our webpage – www.avantewomenscentre.org, or find us on Facebook.

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Remembrance Day Brunch by the Lions

As it has been a tradition for over 55 years, the Knowlton Lions Club will hold on Sunday November 13, at the Knowlton Academy, a Remembrance Day brunch to honour our local veterans. This "all-you-can-eat-pay-what-you-can" event will take place from 9 a.m. until 1 p.m.

Not only is the event an occasion to recognize the merit of our veterans but it is also a great community get-together.



Some of the veterans and other guests at the brunch.

Poppy sales – why do they matter?

By Louise Smith

Sometimes people keep their poppies from year to year. They want to make sure that they have a poppy for Remembrance Day on November 11. It is true that it is harder to find places where poppies are sold. Some legions have had to close their doors in recent years. But as the men and women who have served in the regions where Canada has had campaigns in the past decades and who will serve in new missions to come, look for a place of support, it is important to help keep those legions whose doors are open, to stay open.

Each legion decides how to spend its poppy funds, but 100 per cent of the money raised is given away to worthy causes. In the case of the Royal Canadian Legion Branch 99 in Cowansville, this is how their funds were dispersed in 2016. (16 per cent veterans, 7 per cent cadets, 6 per cent Fort McMurray disaster, 8 per cent school bursaries, 20 per cent food bank, 20 per cent BMP Foundation, and 23 per cent to Maison Au Diapason.)

On Friday night, at the Super C in Cowansville, the late afternoon shift to sell poppies was manned by Comrade Deodoris Groen. He rose to the rank of Master Corporal as a United Nations Peace Keeper. He served for 26 years on tours of duty in Lebanon, Israel, Syria, Egypt, and Rwanda. The evening shift had two young men in uniform from the 725 Air Cadet Squadron based at Massey-Vanier. Anthony is in Secondary III in J.J. Bertrand School in Farnham. He joined the Air Cadets because his father had told him about them. He wants to get his pilot licence through Cadets. He

is a flight corporal who has been in Cadets for three years. His younger brother, Philippe, was alongside him. It is his first year in Cadets. He wants his pilot licence too. All three will take part in the Cowansville parade outside the legion in Cowansville on Sunday, November 6, at 1 p.m.

Make it a goal to buy at least one new poppy every year. Remember to honour the service given by Canada's men and women in the Forces on November 11,

but you can give support on other days too. Contact your local legion, or the one closest to your town if yours has had to close its doors. Become a member and/or just support their functions and projects. The price for our continued freedom has been high for many. It is the least we can do to keep our legions healthy and vibrant.

Philippe, on the left, and Anthony, on the right, are both members of the 725 Massey-Vanier Air Cadets.



Comrade Deodoris Groen served 26 years in peacekeeping missions for the United Nations.

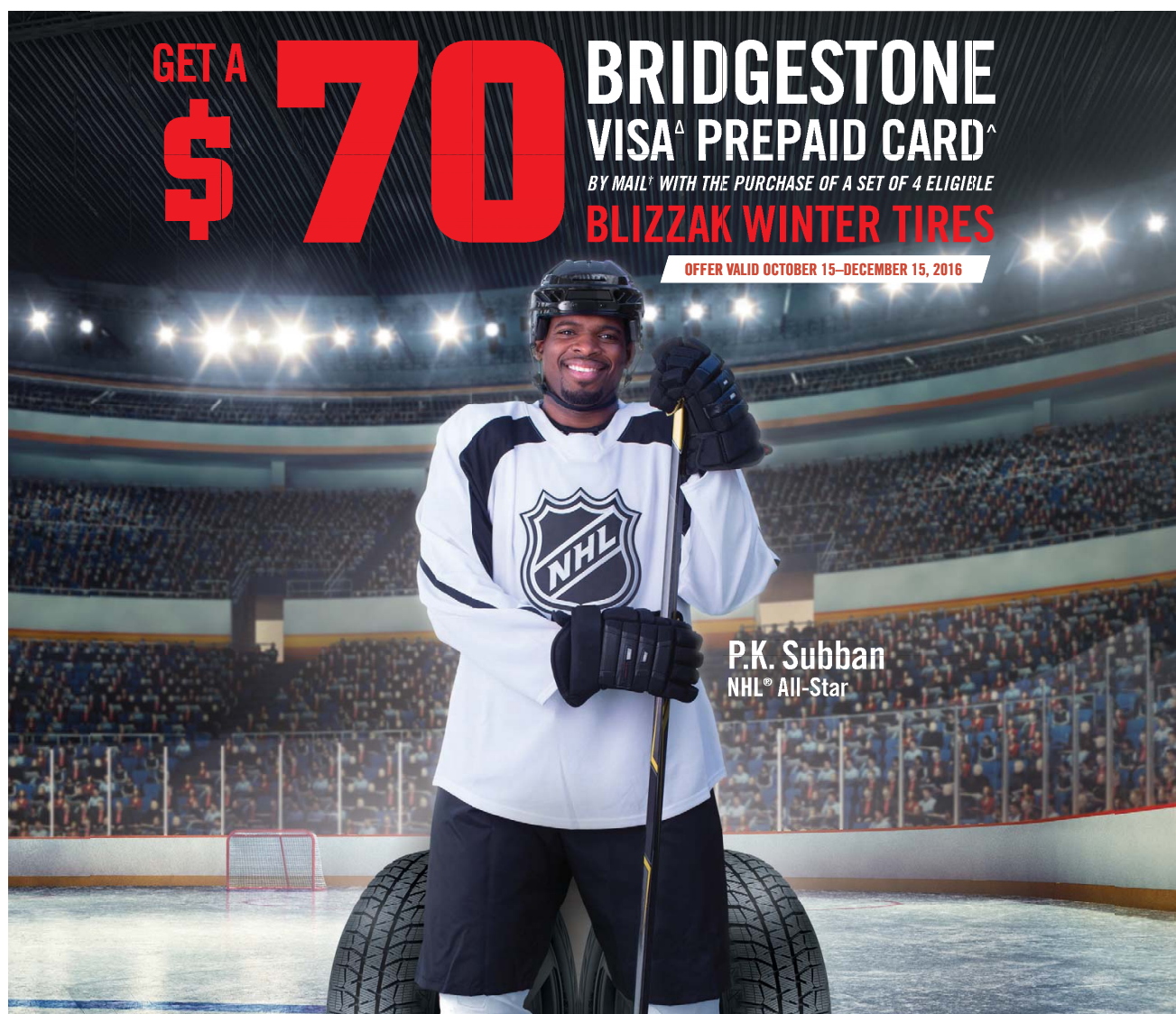
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Game day with seniors

CONT'D FROM PAGE 1

needed extensive repair this past year and that the age of both the two older buildings was becoming an ongoing concern when it comes to cost of maintenance. She was thankful to the financial assistance from Contat Trust, the Knowlton Lions Club, along with proceeds from the insurance to cover the \$61,000-plus repairs. The downfall of the situation was that three bedrooms were closed for a period of time, limiting accommodation for the number of individuals in need.

The BMYF is responsible to maintain the upkeep of the buildings and to provide some financial support for extra-curricular activities, training programs, and tutorial services. According to Raikes-Smith, it is the mission of the

foundation to ensure that life in the homes is like it would be in normal family situation. "We don't want the kids to just consider this a shelter. It is a place where they can flourish by participating in activities that interest them and by obtaining the necessary support to pursue vocations that match their interests in a home-like atmosphere. These young people have the ability to succeed just as much as their peers who are living in their own homes. They just need the comfort of supportive people."

Raikes-Smith said that chance encounters with former residents who have moved forward with their lives affirm her dedication to the program. She spoke about the young man who approached her at a car wash in Cowans-

ville to tell her that he had lived there and how much it had helped him. He was now working in a garage and living on his own. And she said that someone approached her in a similar way while at Brome Fair last summer.

Of the event, Toni Marion, secretary of the board and coordinator of the event, says that it is fairly easy. All food and refreshments and prizes are donated. It is a clear profit event. "We have one meeting with the volunteers, and then the rest of the organizing is done by e-mail. We have tremendous support from this community for this event. The Knowlton Golf Club, Virgin Hill Coffee, and the local merchants have been incredible, especially despite what a tough time retailing is challenged with these

days."

The TBL luncheon and card party is one of four fundraising events that help the foundation to meet its annual needs. Plans are in the works for the main event to be held around Valentine's Day and Jane Morey reports that the annual Christmas wreath making project will take place in Sally Webster's barn this year. She has ordered 200 wreaths that volunteers will decorate. A popular project, Morey says that already most of the wreaths are committed to returning customers. Raikes-Smith says that the BMYF newsletter is another important cash cow that brings in between \$5,000 to \$7,000 annually.

Author Julia Rohan

CONT'D FROM PAGE 1

who graduated from Concordia University with a B.A Honours in English literature in her 40s, says that she is forever grateful to her husband, Ted Yudelson, for supporting her in the aftermath of a series of major family tragedies and allowing her the time to explore and immerse herself into her creative adventure. From within, the talented writer and musician who has always cherished her four-footed friends and wildlife has been able to take her original massive document targeted for a young audience and reshape it into a trilogy of fantasy and imagination that is certain to enthrall all ages.

Where magic is everywhere, Rohan has made sure to include villains, mentors, a young hero, and magical creatures and, though clearly influenced by

J.K. Rowling's Harry Potter, the budding author, in her final of three, takes the story in a different direction to a parallel universe where inhabitants have special powers. Instead of relying on technology, Weavers must rely on their own brainpower. The talented author believes that, "Reading is what makes us human. Imagining is what makes us Weavers!"

That Rohan decided to make some modifications to her first two books, "Weaverworld: Grimsnipe's Revenge" and "Quest for the Eagle Eye Amulet," she took the opportunity to redesign the covers of her first two and also to dedicate each of the three books to the people who are dearest to her; her husband, Ted, her son, Ryan Kovacsik, and Robert Fear, her father along with former co-worker Claude Mitchell, who led her to the world of fantasy by introducing her to the Harry Potter series that inspired her to write her own.

Her husband, who welcomed guests and also introduced Rohan, applauded her depth of imagination to create weird characters in places with new ideas using playful terms of phrase with a top quality of penmanship. He jokingly mused that it was amazing that all this creativity, character by character, piece by piece, had come from a mind that had not been artificially stimulated.

Rohan and her husband will be heading to Atlanta, Georgia where she is slated as special guests and will be given one hour to promote her work at the



ANN DAVIDSON

Author, composer, songwriter and songstress Julia Rohan and her Déja Two partner perform for the first time, Rohan's unreleased theme song for her Weaverworld trilogy, a series of fantasy books that will soon be promoted at CONjuration 2016 in Atlanta, Georgia.

Conjuration Con, a conference that attracts nothing but fans of fantasy books such as Tolkien and Rowling. According to Rohan, the response to her accompanying music was so positive that everybody in attendance of the TBL launch urged her to have it ready for the Atlanta trip. She and Lepine will meet Donald

Patriquin on Tuesday to record it so that she can use it during the all-weekend event.

She and Lepine will perform the opening set at Acoustic Village at the Star Café on November 12 at 7 p.m. for those who want to catch the sounds of magic.

Weaverworld books, including the e-book, are available online at all major retailers (Amazon, Barnes & Noble, Chapters/Indigo, etc.). As well, they can be purchased at Brome Lake Books in Knowlton, Black Cat in Lennoxville, and either of the Townshippers' offices.

To arrange for author appearance please e-mail: info@weaverworldbooks.com.

For more information refer to www.weaverworldbooks.com or join the Facebook page at www.facebook.com/juliakrohan.

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Order of the Eastern Star to raise money for brain cancer research

By Louise Smith

Every year the Worthy Grand Matron and Worthy Grand Patron of the Order of the Eastern Star choose a special project for which they raise funds. (The Order of the Eastern Star is affiliated with the Masonic Order.) This year brain cancer research was chosen. Sandra Ewart began her term as Worthy Grand Matron earlier in October. She is a member of Maple Leaf Chapter #2, which meets in Stanbridge East. Barry Yaxley of Victory Chapter #34 is the Worthy Grand Patron. There are three chapters in the Townships region, Maple Leaf #2, Cowansville #17, which meets in Knowlton, and Owl's Head Chapter #35, which meets in Mansonville.

A banquet to launch their year and their project was held in the Memorial Hall in Stanbridge East on Saturday, October 22. Sandra Ewart herself has been at the Montreal Neurological Institute when she had brain cancer several years ago. It is a natural fit as a choice of a special project. This project is not just Montreal based. There is a link with the CHUS in Sherbrooke. Money will be raised throughout the year and will be given next October.

Dr. Kevin Petrecca of the Montreal Neurological Institute, the McGill University Health Centre, and an associate professor at McGill University, addressed the luncheon participants. His research focuses on understanding the fundamental molecular mechanisms that drive brain tumours. He spoke of how the way brain cancer works is being understood more and more clearly. It is quite complex and only recently have special brain stem cells that resist surgery and chemotherapies and radiation been discovered. How we treat brain cancer has to evolve as more is under-



Sandra Ewart is the Worthy Grand Matron of the Order of the Eastern Star for 2016-2017.

stood. Dr. Petrecca's research program aims to identify and understand glial cell movement. His work to develop novel therapeutic methods to prevent brain cancer invasion has earned his team a \$170,500 Innova Grant from the Canadian Cancer Society, however funding is always needed. Money will be raised by the Order of the Eastern Star throughout the year and given to the MNI next October.

A quote from Martin Luther King summarizes the aim for the project. "Take the first step in faith, you don't have to see the whole staircase — just take the first step."



Dr. Kevin Petrecca of the Montreal Neurological Institute spoke about his research into brain tumor suppression and treatment.

Pet Of The Week — Jake



Hello! I am a 7-year-old male, and I look like a German shepherd don't I? Well, I am and if you like my type of dog, now's the time to come to the shelter because right now there are lots of our type. There are actually about seven or eight of us to choose from: young — old, male — female, medium-size — large-size, long fur — short fur...and of course, all our personalities are different too!

We hope you will come for a visit and

see for yourself. Some of our photos are on the website, but not all of them. It's best to come and meet us — we look forward to that! We are currently living at the SPCA Montérégie, 178, ch. du Vide, Ste-Angèle-de-Monnoir (exit 37 on autoroute 10). Adoption hours are 2-4 p.m. on Thursdays and Saturdays.

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CETA a light against a protectionist world, says trade minister

By Terry Pedwell
THE CANADIAN PRESS

With the U.S. presidential election looming, Canada's new trade deal with Europe should be seen as a showcase for how strong trading relationships are better than "building walls," International Trade Minister Chrystia Freeland said Monday.

The Comprehensive Economic and Trade Agreement, or CETA, could set the tone for any future talks with a new administration in Washington, Freeland said as she hailed Sunday's signing of the deal.

"I am very concerned by the protectionist rhetoric we are hearing in the United States," Freeland told an Ottawa news conference prior to tabling legislation to implement the agreement for review by Parliament.

"The protectionist backlash we're seeing in a lot of the world, including in Europe, is dangerous. In being able to get CETA signed ... Canada has done something very powerful and very strong in the world to push back against that."

Republican presidential nominee

Donald Trump has warned that he would renegotiate or even tear up the North American Free Trade Agreement — NAFTA — and impose hefty tariffs on goods imported from outside the United States.

Democratic candidate Hillary Clinton hasn't gone that far, but has also been critical of NAFTA.

Since coming into force in the mid-1990s, NAFTA has created a common trading market between the United States, Mexico and Canada.

But on Monday, just days before next week's U.S. election, Trump repeated what he's been saying for months: the trade agreement has been a "disaster" for employment in America's industrial heartland and should be torn up.

Freeland said that kind of rhetoric has her worried for Canada's exporters.

"Now is not the time to be building walls," she said.

Prime Minister Justin Trudeau has defended CETA as a deal that will provide immediate benefits to Canadians and Europeans, even though the agreement could be scrapped at any time before final ratification.



Barry Yaxley is the Worthy Grand Patron for 2016-2017.

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340 Garage Sales

WATERLOO Large indoor Antique Sale, November 5 & 6, 9 a.m. to 4 p.m., 39 Dufferin (off Route 112). Furniture, trunks, bells, kitchenware, oil paintings, etc.

On October 5, the members of the Fordyce Branch W.I. met in Emmanuel United Church hall at 10:30 a.m. for our October "World Food Day" meeting, which includes a "pot lunch" luncheon at noon.

President Norma Sherrer welcomed everyone and then read this poem, "Yes I'm a Senior Citizen." I'm the life of the party - even if it lasts until 8 p.m. I'm very good at opening childproof caps - with a hammer. I'm usually interested in going home before I get to where I'm going. I'm awake many hours before my body allows me to get up. I'm smiling all the time because I can't hear a thing you're saying. I'm very good at telling stories, over and over and over and over. I'm aware that other people's grandchildren are not nearly as cute as mine. I'm so cared for - long term care, eye care, private care, dental care. I just don't like traffic, waiting, crowds, lawyers, loud music, unruly kids, Jenny Craig and Toyota commercials, barking dogs, politicians and a few other things. I can't seem to remember right now. I'm sure everything I can't find is in a safe secure place somewhere. I'm, wrinkled, saggy and lumpy and that's just my left leg. I'm having trouble remembering simple words like - I'm beginning to realize that aging is not for wimps. I'm sure they are making adults much younger these days and when did they let kids become policeman. I'm wondering if you're only as old as you feel how could I be alive at 150? And how can my kids be older than I feel sometimes? I'm a walking storeroom of facts - I've just lost the key to the storeroom door. Yes I'm a SENIOR CITIZEN and I think I am having the time of my life!

Following The Mary Stewart Collect, Salute to the Flag and "0 Canada," Happy Birthday was sung to Rose Highfield (1st), Dawn Larin (12th), Isabel Sutherland (21st), Pat Laflamme (21st), and Norma Sherrer (28th), all celebrating in October.

MOTTO - "Sometimes when you give a little, you get a lot." And the ROLL CALL "Non perishable food for the Food Bank and a card for a Veteran."

Secretary Elizabeth Milroy read the minutes of the September meeting, which were approved as read. Business arising from said Minutes was the distribution of the Vesey bulbs and also the Tulip bulbs.

Correspondence: An invitation was received from Brome County W.I. to their County meeting on October 27.

Treasurer June Lamey told this joke before she gave her financial report. "A women came home one afternoon and immediately went upstairs to her bedroom. She was surprised to find the door shut. Thinking that her husband might be cheating on her, she quietly opened the door and saw two figures in the bed. Taking hold of the baseball bat that they kept in the room, she gave them each a good whack. She then went downstairs to the kitchen and was surprised to find her husband sitting at the table with a cup of coffee. She said, "So this is where you are?" "Yes," he replied" and by the way you parents arrived this afternoon unexpected. They seemed very tired so I took them to our room to rest, pulled the blinds and shut the door." June's report was favourable with no bills.

As Louise Smith was not present, we did not

get a report of the County meeting, which will be presented next month.

New Business: The members of the executive will meet on October 19, 1 p.m., at June Lamey's home to make the program for 2017.

Fordyce Branch will celebrate its 70th Anniversary on the same day as we have our Christmas Dinner, December 7.

The date of celebrating the Remembrance Day Service at the Cenotaph in Dunham has not been confirmed. Members will be notified.

Paulette Mahannah will deliver apples to the Group Homes.

The program for the November meeting will be to bring articles for an Auction. Farnham Elementary School is holding a fundraiser by collecting cans, bottles, etc. There being no further business, the meeting closed.

A giggle from the Saskatchewan W.I. Can anyone tell the difference between "complete" and "finished?" No dictionary has ever been able to define the difference between these two words. However at a linguistic conference held in London, England, Sam Sherman, an Indian American, was the clever winner. His explanation was "When you marry the right woman, you are complete. If you marry the wrong woman, you are "finished," and when the right woman catches you with the wrong woman, you are "completely finished." He received a five minute standing ovation.

Until next time, hope that you are enjoying the beautiful Fall scenery.

Submitted by Evelyn Beban Lewis

Fulford news

On a glorious autumn day, many enjoyed Fulford Community Club's Harvest Soup Luncheon al fresco. Members, assisted by volunteers (many from other communities), put much effort on this event. Kind donors provided items and articles to the Bake Table and Handicraft Table and purveyors furnished

supplies, all much appreciated. Former resident, Wanda Scott, and her husband, Sam Hummel, spent Thanksgiving in Fulford with the Wright family. Best Wishes to Brenda Coupland and Paul Arsenault who were recently married in P.E.I., where they reside.

Our thoughts to Audrey Williamson, former part-time resident, now recuperating from treatment. Thomas Abbott is one of two students given the honour of head prefect at Stanstead College. Margaret Fordham


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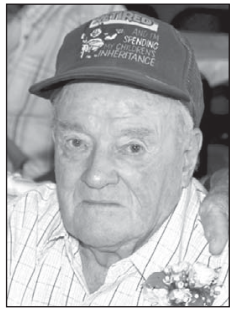


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Death Notices



Lawrence Selby Jones (1928-2016)

Lawrence Selby Jones passed away peacefully on Thursday, October 20th, 2016 at the age of 88. He leaves behind his wife and lifelong partner of 65 years, Esther Cote, his 3 children, Brian (Joy), Betty (Graydon), Linda (Greg), his 8 grandchildren Melissa (Charlie), Shannon (Matt), Chelsea (Alex), Jennifer (Jason), Stephanie (Mark), Adrien (Angie), Michael (Olivia), Andrew, his 11 great-grandchildren

Owen, Logan, Cassidy, Emmett, Lincoln, Miranda, Ariana, Meredith, Nathan, Jacob, Tyler.

A graveside service will be held at the George Cemetery, chemin du lac, Vale Perkins on Sunday, November 6 at 2:00 p.m. followed by a luncheon at La Grange Manson Barn in Austin to celebrate the life of Lawrence. Anyone wishing to attend only the luncheon and not the graveside service to offer their condolences may do so. In lieu of flowers – donations to the Mansonville First Responders would be greatly appreciated. Envelopes will be available at the luncheon or can be sent to: Mansonville First Responders, 2 rue Vale Perkins, C.P. 330, Mansonville, QC J0E 1X0.

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Georges-Émile BOISVERT 1923-2016

At his home in South Stukely, surrounded by his loved ones, on October 25, 2016, at the age of 93, George-Émile Boisvert, husband of 70 years of Rita Bouchard. He was the son of the late Léon (Leo) and Aurore Compagna.

Besides his wife, he leaves behind his eight children Robert (Nicole Plante), Reine (Félix Allard), Jean (Louise Bérubé), Lise (Normand Dufresne), Denis, Lucie (late Gene McGovern), Lyne (Bruno Lacasse), Stéphane (Françoise Normandin); grandchildren Marie-Claude, Ghislain, Alain, Sophie, Olivier, Anne-Marie, Dorothée, Florence, Émilien, Mathilde, Mérédith, Pierre-André, Marc-Aurèle, Samuel and Charles; as well as 10 great-grandchildren.

All from South Stukely, he was the only member of the family born in Stoneham. He was predeceased by Georgette, Germain, Gilles (Thérèse Bouchard), Jean-Guy (Pierrette Lagrandeur). He is survived by his sister Gilberte Boisvert (late Marius Dupont), sister-in-law Thérèse Bouchard (Jean-Paul Ménard), brother-in-law Yves Bouchard (late Liette Fafard) and his wife, also numerous cousins, nephews, nieces and other relatives and friends.

Sincere thanks to the personnel at the Brome-Missisquoi-Perkins Hospital for the excellent care given to Mr. Boisvert and the home staff of the Palliative Care at CSSS Memphrémagog for their excellent care. A special thanks to the pharmacists at Proxim in Waterloo. Thanks are sent out to all his relatives for the great care given throughout this process.

He was resting at LES RÉSIDENCES FUNÉRAIRES BESSETTE DE WATERLOO. The funeral service was held on Saturday, October 29 at 11 a.m. at Eglise St-Etienne de Bolton. Interment at Saint-Etienne-de Bolton cemetery.

In lieu of flowers, donations to the Cowansville or Magog Hospital Foundations or the Association de Conservation de la Nature de Stukely-Sud would be appreciated by the family.

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Oh, for Pete's sake

ASK MR. KNOW-IT-ALL by Gary Clothier

Q: Where did the expression "For Pete's sake" originate? — A.W., Sallisaw, Oklahoma

A: "For Pete's sake" is a minced oath — meaning the word "Pete" is inserted in place of another word. In this case, it's replacing the word "God." I've seen several "exact" dates for when the phrase originated, so let's say the phrase has been around since the early 1900s.

LET'S LEARN ENGLISH

In the U.K., they say "breakdown van"; in America, a "tow truck" helps us. People in the U.K. wear a "bumbag," while in America we say "fanny pack."



Royal Dano

Q: Could you please tell me how many movies actor Royal Dano appeared in? — W.P., Cumberland, Maryland

A: Royal Dano appeared in nearly 200 movies and TV shows. I suspect that an overwhelming majority of viewers would recognize him, but have no idea what his name is. I must admit — I was one of those.

Dano was born in 1922 in New York City; 71 years later, in 1994, he died in Los Angeles of a heart attack. During his life, he became a familiar face on both the big and small screen. He was tall and lean, with a rangy build and a distinctive deep voice. Although he appeared mostly in Westerns, he played other roles as well.

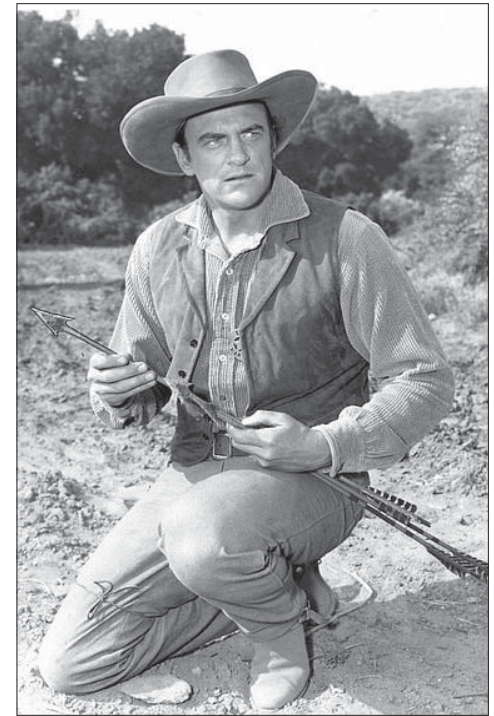
Royal Dano is profiled in the book "Names You Never Remember, With Faces You Never Forget" by Justin Humphreys.

Q: How many episodes of "Gunsmoke" aired? How many times was Matt Dillon shot? How many bad men did he shoot and kill? — J.P., Secane, Pennsylvania

A: The show aired from 1955 to 1975, with a total of 635 episodes. Marshal Matt Dillon (played by James Arness) shot 138 men and 7 women; he himself was shot 56 times.

Q: I would like to find out where and how the expression "Hey" came about. — S.O., Manhattan Beach, California

A: "Hey" is used to attract someone's attention or to express surprise, joy or



James Arness

anger; it's also used to indicate that something is not important, or that you are not upset about something. "Hey" comes from Middle English "hei," from the 12th or 13th century.

Q: The elephant symbol of the Republican Party has stars that are upside down. Why? — J.L.C., Hereford, Arizona

A: The elephant is the traditional political symbol of the Republican Party; it was created by Thomas Nast and published in Harper's Weekly on Nov. 7, 1874. The emblem has gone through many changes over the years. Today, the symbol is a stylized image of an elephant in red, white and blue. The lower half is red, with a narrow white stripe and then the upper part is blue with three stars that are inverted. Some say this change occurred in 2000, but no one knows who did it, why it was done or if the stars will be changed so the points are up.

Q: I think that when M&M candies were first introduced they were only one color; when did multi-color candies make their debut? — M.J.M., York, Pennsylvania

A: Frank C. Mars came up with the idea of a hard-shelled candy in the 1930s; on March 3, 1941, he received a patent for his process. During World War II, the candies were exclusively sold to the military. The "M" was added in the 1950s. The first M&M candies came in brown, yellow, green, red and violet.

SUPER TRIVIA: What do the initials M&M represent? You probably figured out that one M is for Frank C. Mars, the inventor of the candy. The other is for Bruce Murrie, the son of the president of Hershey's Chocolate. Murrie owned a 20 percent share in the company, and the original candies were made with Hershey chocolate.



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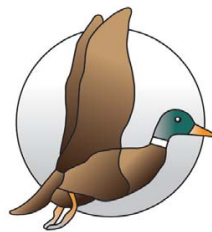
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