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Trade unions, nationalists brave icy winds Thousands demonstrate against Axworthy cuts

MONTREAL (CP) — About 5,000 Quebecers braved icy winds and deep-freeze temperatures on Sunday to protest anticipated social spending cuts in the federal budget.

The demonstration was organized by Quebec's three largest trade union federations and attended by leading nationalists such as Bloc Quebecois MP Francine Lalonde.

Chanting slogans denouncing Human Resources Minister

Lloyd Axworthy, Prime Minister Jean Chretien and Finance Minister Paul Martin, the demonstrators marched to a downtown federal office complex, where they burned picket signs to keep warm in wind-assisted -35 C temperatures.

"To think, in cold like this, that there's the goods and services tax on children's boots but not on stock market profits," Lorraine Page, president of the 100,000-strong Quebec's tea-

chers' federation, told the crowd. "That's enough, it's time to say 'No.'"

Clement Godbout, president of the 500,000-member Quebec Federation of Labor, said money to clean up Ottawa's debt and deficit should come from banks and multinationals corporations, not the poor.

Gerald Larose, representing the 250,000-member Confederation of National Trade Unions, said Martin should end tax-free

family trusts for the wealthy.

Larose also asked Ottawa to end smuggling and the black market economy instead of cutting services to working people.

Student spokesman Francois Rebello echoed that, saying the family tax shelters for the rich represent \$1.5 billion and stock market profits another \$3 billion.

Madeleine Parent, a longtime labor and women's rights organizer, warned the government not to reduce protection for the

unemployed to U.S. levels.

"Let the millionaires pay the same tax rates as working women," she said as the crowd roared its approval.

Federal Revenue Minister David Anderson said last week that such demonstrations won't change the content of the budget, which is expected to be tabled later this month.

Martin's approach won't be altered "simply by protests here or protests there," Anderson said.

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WEATHER
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Blaze in Marbleton



Firefighters were dwarfed by the size of a fire which broke out Sunday morning at the Graybec lime quarry in Marbleton when two oil reservoirs went up in flames. For more on the blaze, please turn the page.
 RECORD: PERRY BEATON

Women's rights, education top issues Quebecers discuss more than just sovereignty at hearings

By Paul Mooney
 The Canadian Press

Quebecers with an axe to grind have a ready-made forum in the government's public hearings on sovereignty.

The hearings, conducted by 15 regional commissions, were set up to study and discuss Quebec's pre-referendum legislation. The government has urged Quebecers to discuss what kind of sovereign country they want.

They're doing that — in a roundabout way.

Suzanne Giroux, a teacher, arrived at the hearings in Rouyn-Noranda on Sunday to complain about cuts to the education budget.

"Will the government invest more in education?" she asked. "It's all very well to have an independent Quebec — I agree with that — but will we invest in quality education?"

the province's public finances improve.

Jean Allaire, speaking at a commission in Laval, also urged the government to negotiate a "modern union" with the rest of Canada.

Quebecers "must exercise, through a referendum, their right to sovereignty, at the same time proposing the creation of a new Quebec-Canada economic and political union," Allaire said.

Allaire, a former member of the Liberal party executive, left the Action democratique last year because of health reasons.

Philippe Marquis, a student, complained that Quebec's junior colleges have a \$15-million surplus and college administrators are receiving generous severance packages at a time when tuition fees are increasing and students are being forced to drop out.

Madeleine Levesque, who described herself as a feminist, urged the government to do more to promote the equality of women. Another woman called on the government to do more for women who stay home to raise families.

Participants were reminded several times that the hearings are supposed to be discussing a sovereign Quebec. Many simply reworded their question to ask whether the government will invest in education or increase family allowances in a sovereign Quebec.

Jacques Proulx, head of a group that promotes the interests of rural Quebecers, said if politicians answered every question about social and financial problems now, Quebecers simply wouldn't believe them.

"People should understand that with the referendum bill on

sovereignty we're simply giving ourselves a tool," said Proulx, a nationalist and former head of the union representing most Quebec farmers.

On Saturday, the founder of Quebec's Action democratique cautioned that the sovereignty referendum, promised for this year, should be postponed until

PQ blasts Chrétien over free-trade stand

MONTREAL (CP) — Quebec's deputy premier said Sunday there is no proof that an independent Quebec would have to renegotiate membership in the North American Free Trade Agreement.

Trade rules that applied while Quebec was part of Canada would probably continue to apply during a transition period until Quebec signed NAFTA as an independent country, Bernard Landry said.

Landry was taking aim at comments made on Friday by Prime Minister Jean Chrétien, who questioned whether an independent Quebec could remain a partner in trade deals such as NAFTA and the General Agreement on Tariffs and Trade (GATT).

Chrétien said a sovereign Quebec would have to leave NAFTA and compete for membership with other countries

such as Chile.

Landry said Chrétien has an easier time accepting the notion of Valparaiso, Chile, in NAFTA than the prime minister's home town of Shawinigan and the rest of Quebec.

"He should tell us why NAFTA would prefer Chile over Quebec," Landry said. "With talk like that, Mr. Chrétien is working against Canada of which one part, Quebec, is the United States' eighth largest trading partner."

Landry also took exception to Chrétien's statement that Quebec's cultural industries would lose protection in international deals.

The first rule in international organizations such as GATT is non-discrimination, Landry said.

"Mr. Chrétien should read the NAFTA preamble."

Tires and fuel traded for kidnap victims Canadian pilots rescue hostages from Sudanese rebels

LOKICHOKIO, Kenya (CP) — All pilot Elwin Winsor had between him and 130 heavily armed Sudanese rebels holding aid workers hostage was the thin skin of his Twin Otter and a bit of gradually narrowing airspace.

After three days of chasing the rebels over sun-baked southern Sudan, Winsor and co-pilot Wendell Bell were left with the deadly strategy of circling within 15 metres of the guerrillas and dropping messages out the window, Winsor said Sunday.

Winsor, of Stony Plain, Alta., was piloting one of a number of

aircraft that had been tracking the rebels since they took 11 foreign aid workers from their remote camp on Wednesday. The hostages included two French, two Kenyans, an Australian, two Ethiopians and a Swiss. They worked for Doctors of the World, UNICEF and Swiss Disaster Relief.

Winsor's Twin Otter was the only plane that could land in the remote area.

They first found the soldiers Thursday and used a radio to negotiate a ransom of food and water to get four women released.

The guerrillas loyal to Gordon Koang Babyping, a renegade commander of rebel Sudan Peoples' Liberation Army, let two men go early Friday but "got scared and left" with the other five aid workers, Winsor said.

After tracking the rebels through Friday and Saturday they finally found them stranded with flat tires late Saturday.

But the rebels wouldn't talk on the radio and they thought the rescue planes "were guiding militia to where they were," said Winsor, who flies for Air Serv, a humanitarian agency that's

been using small planes to get aid into war-racked Sudan and Ethiopia since the mid-80s.

The planes circled the rebels armed with AK-47s, rocket-propelled grenades and heavy machine-guns for about 20 minutes and dropped a message out the window.

They ignored it and Winsor "went real low" to within about 15 metres and dropped another note.

Winsor and Bell, his co-pilot from Victoria, didn't know if they were going to be blown out of the sky.

Winsor later found out the rebels "told some of the hostages . . . if we flew around much longer they were going to shoot at us."

The rebels finally responded and said they would release the five for some tires and fuel.

People "can drive almost anywhere out here except for getting flat tires from thornbushes," says the 47-year-old Winsor, who has been in and out of Africa since 1986.

The hostages were given no food or water for first 24 hours but were not otherwise harmed

and are in good condition considering they spent three days in the bush where temperatures can hit 42 degrees, Winsor said. They were flown to Kenya on Sunday.

It "wasn't a one-man show" said Winsor who has been flying supplies for Air Serv out of Lokichokio, the base for UNICEF's Operation Lifeline Sudan, for two years.

But the "grandfather by one month" is looking forward to the end of his contract in May so he can return to Alberta and look for work.

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'There's no time to waste' — Claude Ostiguy

Ayer's Cliff man plans federalist forum for town

By Roy MacLaren

AYER'S CLIFF — The travelling commissions on sovereignty may not be coming to Ayer's Cliff, but people won't have to leave town to express their opinions on the subject.

Ayer's Cliff resident Claude Ostiguy is organizing a public forum on Quebec's future for those communities the government-sponsored hearings are bypassing.

"These commissions are not a very democratic way of finding out how the population feels,"

said the former Montreal businessman, who retired to Ayer's Cliff 20 years ago.

"They chose to hold the local hearing in Hatley, a dormitory village of 200 people, and aren't taking the rest of the surrounding villages like Stanstead, Rock Island, Beebe and North Hatley into consideration," Ostiguy said.

The confirmed Canadian nationalist accused federalist forces of "sitting around and waiting rather than facing the issues."

In order to tilt the balance back in favor of Canada, Ostiguy has organized a public meeting to be held at Ayer's Cliff Elementary School the evening of February 16.

"I joined up in the Second World War and swore allegiance to defend my country and now I'm prepared to defend it in my own backyard," Ostiguy said.

"There's no time to waste. It would be a shame if people say 'I should have done something. I should have said something' after it's too late."

Despite his unabashedly pro-Canadian sympathies, Ostiguy is promising that everyone will have an equal opportunity to voice their opinions, regardless of their political convictions.

"I am a simple citizen without any political ties or group interests," he said. "It's an open citizens' meeting and I am not closing the doors to anyone."

Nonetheless, he said the aim of the forum is to convince Quebecers of the benefits of federalism.

"Canada is one of the finest

countries in the world. We are envied the world over. It's a pity that this hasn't been amplified

enough, that we haven't been educated enough to appreciate the country."



Claude Ostiguy is organizing a parallel meeting on Quebec's future for towns the government commissions left out. RECORD: ROY MacLAREN

Final steps next month - Mary Brus

Dixville, St-Mathieu are to merge

SHERBROOKE (DW) — The village of Dixville and the rural municipality of St-Mathieu de Dixville may soon be reunited after a 67-year-old separation.

Town councils of both municipalities passed motions this month to adopt merger bylaws in accordance with an agreement the two municipalities worked out last fall. The agreement was based on a Quebec government study prepared for the municipalities last year.

Surveyors have been since been contracted to redraw boundaries, which should be ready within a couple of weeks, according to St-Mathieu councillor Jim Bellows.

"We hope plans for the new municipality are ready for the

March (council) meetings so we can adopt the bylaw," said Mary Brus, St-Mathieu town secretary.

The united municipality is to be called the municipality of Dixville.

Unlike proposed mergers in several other Eastern Townships communities, the fusion of Dixville and St-Mathieu has proceeded relatively quietly over the last year or so, and without significant opposition.

Councillors for St. Mathieu, which has a population of 350, voted unanimously to support the plan. A single councillor in Dixville village opposed the plan, but a referendum on the question later indicated this

position was not shared by a majority of voters.

The referendum, held in Dixville Jan. 29, resulted in 125 votes in favor versus 73 against unification. Eighty per cent of those eligible to vote participated. Dixville village has a population of 450.

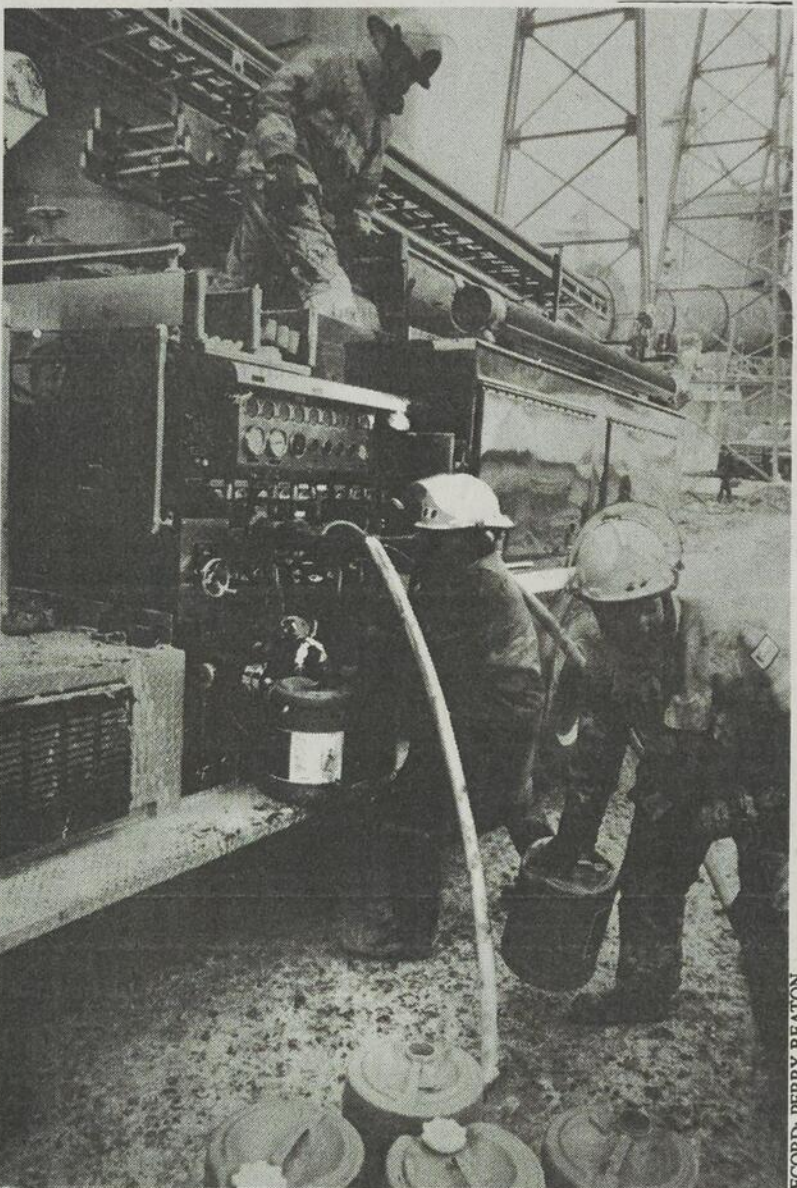
The study of the merger estimates savings of \$20,000 per year in administrative costs, and an average 15 per cent savings in taxes for all residents of the new municipality. The Quebec government has offered a total of \$39,800 in grants over the next five years as a further inducement.

Opponents of the merger will have one month to register their concerns with the Quebec gover-

nement after bylaws calling for the fusion are adopted, probably in March. Residents who oppose the fusion must write individual letters to Minister of Municipal Affairs Guy Chevrette, who may or may not decide whether to review the application for merger.

Graybec oil tankers blaze

Cause of Marbleton fire unknown



Firefighters had to mix up a fire retardant foam to control the blaze. RECORD: PERRY BEATON

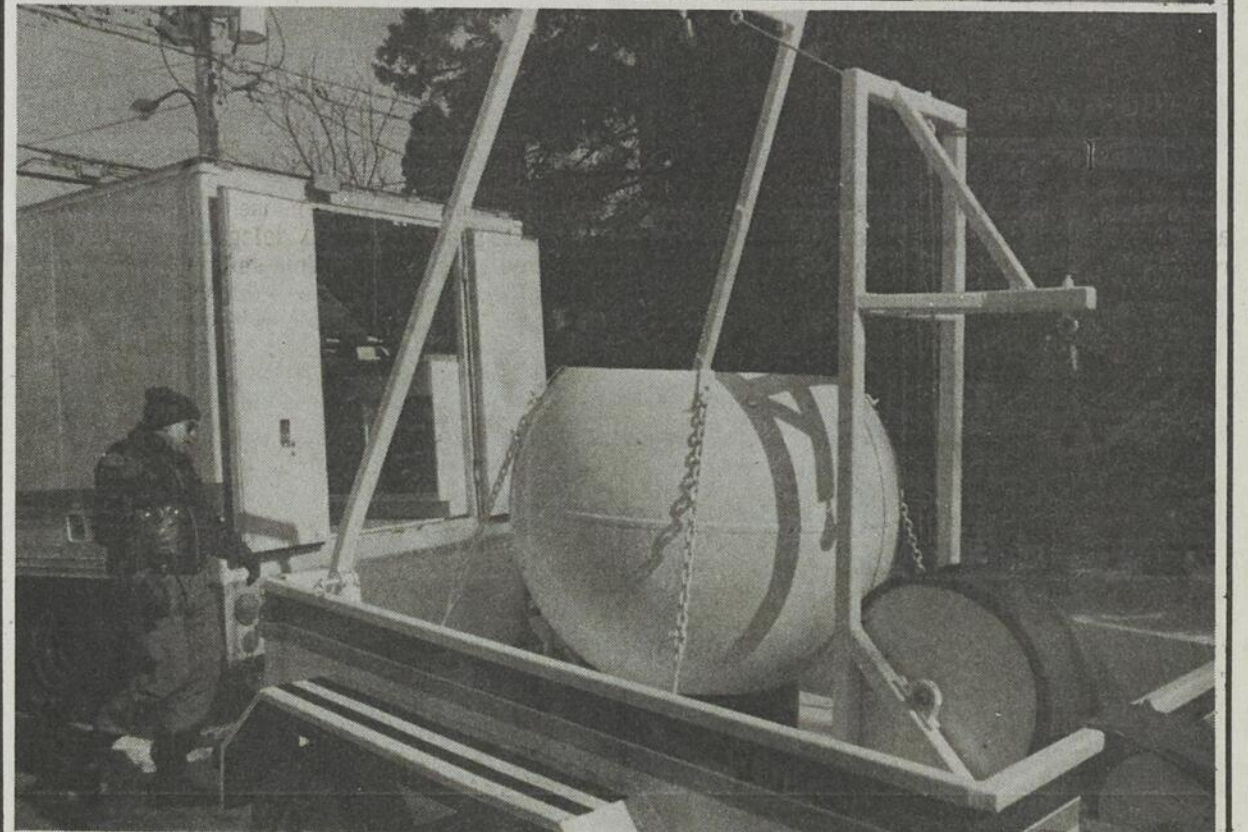
SHERBROOKE (MC) — A fire in Marbleton may have caused as much as \$1 million in damages Sunday morning when two oil reservoirs went up in flames.

According to Quebec Police Force (QPF) spokesman Cst. Pierre Robichaud, the fire broke out at the Graybec lime quarry around 5:40 a.m. The two reservoirs contained 100,000 litres of Bunker C grade oil, used to operate boilers in the refinement of the lime.

Firefighters from Marbleton and East Angus were called to the scene to fight the blaze. When water proved ineffective against the flames, a special fire-retardant foam was employed. By 11:30 a.m. firefighters had managed to bring the fire under control, but not until all of the oil had burned.

Robichaud said the fire caused between \$600,000 and \$1 million in damages. Both oil reservoirs were completely destroyed and several nearby buildings suffered fire and smoke damage. Robichaud and Quebec environmental officials said the smoke was not toxic and that the fire posed no threat to area residents.

The cause of the fire has not yet been determined. QPF investigators from Sherbrooke will be on the scene Monday morning to try and figure out what happened.



Bomb squad off vase: The belated delivery of a lost Christmas present to an apartment building inhabited by «individuals known to police» led to a visit from the Quebec Police Force bomb squad Saturday. The parcel was discovered around 8:30 outside 1186 Conceil in Sherbrooke, a building which houses a dépanneur, a hairdressing salon and several apartments. Because of a rash of gang violence in Montreal, police preferred not to take a chance with the suspicious package, said Sherbrooke police spokesman Cst. Serge Fournier. Called in from Montreal around 10, the bomb squad arrived around 12:45 to X-ray the package. In it they discovered a vase addressed from Denise to her mom. Some 20 policemen took part in the operation during which a half dozen apartment buildings and homes were evacuated, Fournier said. The operation cost considerably more than the \$175. price tag which was left on the vase. RECORD: PERRY BEATON

Gun-control bill expected Tuesday

OTTAWA (CP) — The government will take aim at violent crime this week with controversial measures that would require registration of all firearms and ban many types of handguns.

Justice Minister Allan Rock plans to table legislation to beef up penalties for criminals who use guns and outlaw possession of smuggled weapons.

The measures, first outlined last November, would also end the sale of several types of mili-

tary and paramilitary firearms — including the Ruger rifle Marc Lepine used to kill 14 women in Montreal in 1989.

Gun-control advocates will press the government for speedy passage of the reforms, expected to be tabled in the Commons on Tuesday.

"It's what we've been asking for for five years," said Heidi Rathjen, executive director of the Coalition for Gun Control.

But despite a vigorous selling effort by Rock, the measures face mounting opposition from many

rural gun owners, Reform MPs and even some Liberal caucus members.

They say the proposals are too harsh on law-abiding citizens.

Government officials said there would be no major changes to the package, despite speculation Rock would back away from a proposed Criminal Code amendment requiring registration of millions of rifles.

"Penalties would still be in the Criminal Code," said a Justice official who asked not to be

named. Under the provision, possession of an unregistered firearm could result in a fine of \$2,000 and, in the most serious cases, up to five years in prison.

But in an apparent concession, one source said the government would remove administration of the gun-registration system from the Criminal Code.

To that end, Rock plans to create a separate act governing operation of the gun-registration regime.

the Record

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WEATHER

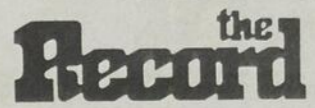
Cold continues through the week. Monday will be cloudy with some sunny breaks and a chance of snow, with a high near -15. Tuesday will have a mix of sun and clouds with a high near -20.

Doonesbury



BY GARRY TRUDEAU

The Townships



Commissioner disputes Royal Legion brief

Coaticook hearings marred by scheduling foul up

By Rita Legault

COATICOOK — Yet another federalist veteran got a rocky reception during hearings of the Eastern Townships commission on Quebec's future.

Before Ronald Charland, president of the Coaticook Royal Canadian Legion branch could speak Saturday, commissioner Pierre Patenaude objected to his appearance, a last minute addition to the day's agenda.

When cut off by commission president Lynn Charpentier, the University of Sherbrooke Constitutional law professor and well-known local sovereigntist stormed out of the room, refusing to listen to the brief in favor of Canadian unity.

Charpentier later explained that Charland had left a message for Coaticook mayor and commission co-president André Langevin asking to appear before

the commission. Because of long days on the roving commission, Langevin had not returned the call until the day before the Coaticook hearing.

NO PRECEDENT

Patenaude told reporters he didn't refuse to listen to Charland because of the content of his brief, but rather because as a jurist he did not want to create a dangerous precedent.

"We are refusing to listen to others," Patenaude said. "We

can't make an exception for one individual, no matter what the circumstances."

When finally given a chance to speak, Charland said that veterans objected to the hearings on Quebec's future and that millions of soldiers from two world wars and other conflicts were proud to wear the name Canada emblazoned on their shoulders.

The decorated veteran said many vets and seniors in the region depend on federal govern-

ment pensions and have received no guarantees that an independent Quebec would pay for these services. And he said they are worried about the economic and social upheaval which could be caused by separation.

Charland, who also expressed worry about the protection of anglophone institutions and minorities, was the lone voice for federalism in a day which included presentations from four sovereigntist groups and individuals.

Agronomist Narcisse Déry worried about the sharing of debt between Quebec and Canada. He said that if Quebec had to shoulder its share of the federal debt it would become a third world country and he suggested a sovereign Quebec refuse to pay.

SCARE TACTICS

Freelance reporter Lauréat Bélanger presented a brief which said Quebec must act now or French Canadians would be assimilated and disappear before year 2100.

Commissioner André Bachand, mayor of Asbestos, disagreed with Bélanger's affirmation, saying he objected to campaigns of fear.

Others who presented briefs did not take a position of the political future of the province, but from their position on the fence issued warnings and suggestions.

A brief from the Coaticook MRC, one from the Table de Concertation, on from Barnston and another from the Coaticook Catholic School Board, all spoke

in favor of decentralization of powers.

"The power should be as close as possible to the people," said Barnston mayor Serge Riendeau, repeating a common theme heard in the past week of hearings throughout Quebec.

Another brief from an umbrella group of organizations which defends the rights of elderly and disabled residents, also expressed fear about the future of federal pensions and the decline in health care and social services.

The Table de Concertation des personnes âgées et/ou handicapées de la MRC de Coaticook said that any project on the future of the province must ensure a place for elderly and disabled Quebecers.

Anglos to get fair hearing — president

Commission booked solid for next 12 days

SHERBROOKE (RL) — With a full schedule the roving commission on the future of Quebec will no longer be able to schedule



Lynn Charpentier... Anglophones welcome.

appearances before commissioners.

But Townshippers can still present briefs and be heard at a number of public forums organized by the commission.

While the commission is no longer able to schedule new oral presentations, the commission will still take into account written briefs submitted before Feb. 24, according to a commission press release.

This week, the commission begins hearings in predominantly anglophone municipalities with visits to Bury, Hatley and Lennoxville.

After a rocky start in Windsor, commission president Lynn Charpentier said Sunday anglophones will get a fair chance to be heard.

The one and only anglophone to testify so far was cut off due to problems with translation.

Charpentier, who has insisted over and over again that everyone should have an opportunity to speak out, has guaranteed that anglophones will get a chance to testify without being interrupted by a translator, or will be given additional time if their presentation is cut short by a translator.

EQUAL CHANCES

"We want to make sure everyone has the chance to speak without interrupting the flow," Charpentier said, adding that the majority of commissioners understand English.

"It's important that anglophones feel welcome."

During the hearings being held throughout the province, Quebecers are being asked to give their opinions on the Parti Québécois' draft bill on sovereignty, which declares Quebec to be an independent state and suggests how independence will

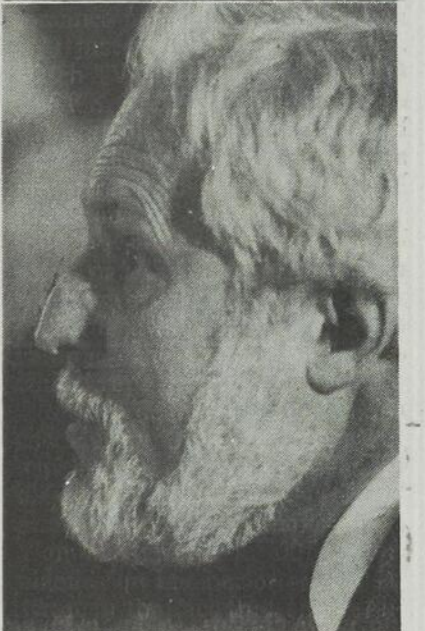
work.

Today the roving commission makes a stop at the community hall in Bury. On Tuesday the commission will appear at the St. James Anglican Church hall in Hatley and on Wednesday it will take its tour to Centennial Theatre at Bishops' University.

At all three locations, commissioners will hear briefs between 2 p.m. and 6 p.m. and public forums will take place between 7:30 p.m. and 10 p.m.

The commission has also rescheduled the public forum which was cut short last week in Windsor when a member of the audience had a heart attack. It will be held Wednesday Feb. 22 at 7:30 p.m. in the Centre Régionale Le Bel Age.

For more information call the commission office in Sherbrooke at 820-3700 or toll free at 1-800-820-3700.



Pierre Patenaude... A dangerous precedent.

Group not fazed by loss of quotas

Give more power to rural regions, dairy farmers say

COATICOOK — Dairy quotas and the future of farming in the region were the subject of a briefs by a group of about 100 farmers as the Eastern Townships commission on Quebec's future made a stop in the province's dairy basin.

According to spokesman Jean-Charles Blais, there's one government too many and the time has come to eliminate.

"As the head of a company, when things aren't going well

you sit down and restructure," he said, adding that despite growing economic problems, the Canadian government has been unable to restructure itself.

"We can't afford two governments anymore," he said, adding that efficient government has to be as close as possible to the people.

He suggested handing more powers to the regions, in effect creating a new level of lower government after Ottawa's role is eliminated.

In response to a question from regional delegate Claude Boucher, Blais said the region does not have to fear the loss of federal dairy quotas if the province separates.

The dairy farmer said that while Quebec sells more milk to the rest of Canada, it buys more produce from other provinces than it sells.

"Quebec is just a client of the other Canadian provinces," he said.

LOSE MARKET

But according to Quebec Farmers Association president Douglas MacKinnon, who was on hand for part of the hearings, Quebec dairy farmers could lose a lucrative market to U.S. producers.

In an interview after the hearings, MacKinnon said that at first it would be business as usual, but after the break-up of the country, the economy would gradually change.

He said that once allegiance to

the country was lost, other provinces would buy their milk and butter where it was cheapest — across the border.

"Right now they buy it from Quebec because they are obliged to by law," he pointed out. "But afterwards, Quebec (farmers) would be forced to drop their price to the world price level which is much lower than what they're getting now."

MacKinnon said the Quebec Farmers Association has consi-

dered presenting a brief to the commission but decided against it for much the same reason as other anglophone groups are boycotting the pre-referendum hearings.

"The commissions were so loaded for the Yes, developed and produced by the Parizeau government, it was basically a propaganda program to put forward the sovereigntist philosophy," he said. "So we decided not to participate."

Rita Legault

Still filing from Sawyerville

Record correspondent celebrates 90th birthday



Record correspondent Alice Wilson was joined by friends and family to mark her 90th birthday.

RECORD: PERRY BEATON

By Rita Legault

SAWYERVILLE — Alice Wilson, who celebrated her 90th birthday Sunday, credits her job as a correspondent with the *Record* for her long and happy life.

"I'll do it as long as I can," she vowed during a party in her honor. "That's what keeps me going."

Mrs. Wilson, who began writing for the newspaper from High Forest in 1948, has seen a lot of changes in her hometown. "It's a lot bigger now," she says. "When we lived in town we were the last house and it was all woods further down. Now it's all built up."

Mrs. Wilson, who later added East Clifton and Sawyerville to her territory, says she was "born six miles one way and got married and lived two miles the other way".

Mrs. Wilson celebrated her birthday Sunday surrounded by dozens of friends and family members at a tea party at community hall in the United Church in Sawyerville.

FAMILY

Although she has no children

of her own, "when we were on the farm we helped bring up a lot of nieces and nephews," recalls Mrs. Wilson, who proceeded to count off 19 of them.

Aside from the increase in population, the *Record's* Sawyerville correspondent has seen many other changes in her hometown over the years. The village, which still has its own English primary school and three English churches, has gone from a predominantly English town to one in which French is the most commonly spoken language.

"It used to be when I was a child growing up, it was mostly English," she says. "There are still a few English, but some have moved away."

Mrs. Wilson still lives in her own little house, surrounded by the flowers she loves. Inside, she raises violets and other houseplants. In the spring, she takes her hobby outdoors to her garden where she raises petunias, her favorite.

When she's not gardening, Mrs. Wilson keeps busy with her duties for the *Record* and other hobbies such as watching game

shows on television and reading romance novels.

"I just work for the *Record*, watch TV and read," she said.

NEWS GATHERING

But while she spends more time indoors than she used to, our correspondent still keeps her finger on the pulse of the community, sending in news and social notes from in and around the Sawyerville area.

"I was always involved in everything," she said. "I think it's what keeps me going."

Mrs. Wilson is a member of the Happy Gang seniors club which meets every two weeks to play cards and games as well as a member of the United Church Women's group. A half-dozen plaques on her parlor wall also attest to the fact that she is an honorary member of such organizations as the Red Cross, the Quebec Farmers Association, the LOBA Lodge in Sawyerville and the Provincial Grand Lodge of Quebec.

Mrs. Wilson said she's looking forward to many more years of corresponding for the *Record*, and to her hundred birthday party.

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Democracy has its price, too

Whoever coined the axiom, "Ask the right question and you'll get the right answer" never participated in a roving commission — or for that matter, a meeting of the Women's Institute.

Jacques Parizeau thought he had the right question when he asked ordinary Quebecers how they'd like their new country delivered later this year. For good measure, he weighted the commission with pro-sovereignists to ask the right questions and extract the right answers.

He must be disappointed.

While Quebec federalists were expected to give all the wrong answers, it's separatists themselves who are asking the tough questions.

Maybe now Mr. Parizeau will have some sympathy for others who've attempted to reach consensus on how a country should work.

If nothing else, he'll discover that democracy has its price. Even the most ardent separatists appearing before the sovereignty hearings are respectfully asking where the money will come from to provide all the jobs, to pay for the education and health services to which they've become accustomed, and to ensure no holes develop in the social safety net — from day-care to old-age pensions.

Quebec's powerful unions while steadfastly pledging allegiance, want assurances that all federal public servants will keep their jobs in an independent Quebec. Construction unions have already started cashing in their support chips with demands for legislative changes restricting non-unionized workers from residential construction jobs.

And some *independentistes* are taking the PQ's promise literally of giving Quebecers their own country. They're insisting all Quebecers have a hand in drafting any new constitution — a document of 7 million whereases, no doubt.

Probably the one thing Mr. Parizeau wanted least to hear from pro-sovereignist supporters is the call for a delay in calling the question. It's unlikely the current troops will be around for another round. And even with bifocals, they can read the telephone book well enough to know that Quebec's multilingual immigrant population, not known for its pro-sovereignty stance, is growing at a faster rate than Quebec's French-speaking population.

There's something else Mr. Parizeau probably didn't anticipate when he opened the suggestion box. And that is that the silent majority of Quebecers (not just anglophones) who have consistently spurned separation, would suddenly and spontaneously rise up to sing the praises of Canada. I'm talking about the young francophones in Generation 18-35, and those other young francophone Quebecers who proudly belted out O Canada in French at a recent political gathering. They too are laying claim to a country. One that has already proven itself to be the best in the world. Without question.

SHARON McCULLY

A growing class of the repressed

You can't lock up everyone considered dangerous and not expect tax increases, says Gordon Price, a Vancouver city councillor, writing in the weekly *Business in Vancouver*:

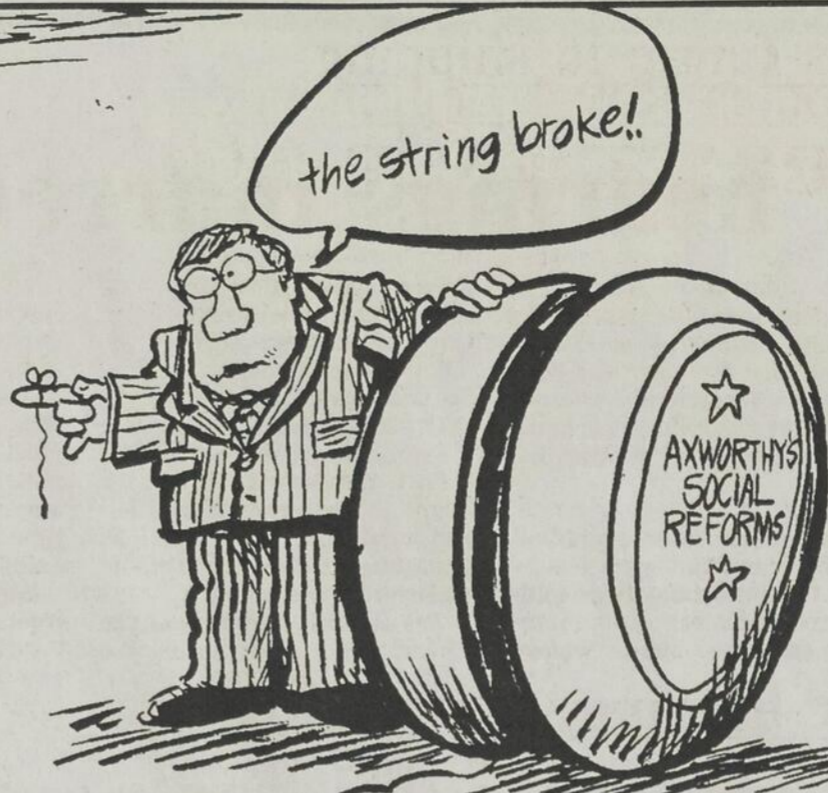
It costs anywhere from \$11,000 to \$50,000 a year to house a prisoner — roughly what it costs to send a student to university. Ironically, it will be from shrunken education budgets that money for increased incarceration will be found. And it still won't be enough.

The number of dangerous 'others' to be jailed on suspicion (they might re-offend) is potentially huge. . . . But all the money we will be spending on dangerous others will not likely make us more secure.

As dangerous others are ghettoized, they will eventually bond together as a growing class of the repressed, with nothing to lose. Collectively, they may be more of a threat than as isolated individuals. Consequently, the sense of betrayal will become even greater if, after taxes are raised or services cut, acts of horrific violence still occur, terrorizing people who felt they were paying too much to begin with.

Those who say "enough" to taxes cannot then ask government to eliminate risk.

From *What Canada Thinks*, a regular feature of *The Canadian Press*



Gaffes hamper PQ sovereignty drive

QUEBEC (CP) — The Parti Québécois promised "The other way of governing" during their successful election campaign last year.

That other way appears to include an amazing knack for the self-inflicted wound.

Week in and week out, the Quebec government's separatist agenda has been knocked off the rails not by federalists, but by embarrassing resignations and outbursts from Premier Jacques Parizeau's office and cabinet.

The latest sovereigntist to shoot himself in the foot was Finance Minister Jean Campeau. He let it slip last week that a sovereign Quebec wouldn't be obliged to pay its share of the federal debt.

Angry federalists and skittish financiers almost gang-tackled Campeau and Parizeau was called in once again to control the damage.

FIRINGS
The Campeau affair followed the firing of culture minister Rita

Dionne-Marsolais for incompetence which followed the firing of Parizeau adviser Pierre Bourgault for comments about the anglophone vote in the referendum.

CP News Analysis

By Don Macdonald

Between the firings have been various other miscues and setbacks.

The PQ's credibility as a good government — crucial currency heading into the referendum — appears to be dripping away in what might seem like a Chinese water torture to Parizeau.

One of the main reasons the PQ wanted to hold the referendum in 1995 was to benefit from the post-election honeymoon every government enjoys in its first year and

the federal Liberals have managed to extend further.

"These events of the last few weeks certainly have not helped (build support for sovereignty)," said Richard Nadeau, a University of Montreal political scientist. "It's not the image that Mr. Parizeau wanted his government to have."

The gaffes have come just as Parizeau seemed to be finally getting his referendum strategy on track.

BAD TIMING

His demotion of Dionne-Marsolais came the day after returning from a highly successful trip to Paris that saw the leading contenders for the French presidency promise quick recognition of an independent Quebec.

And Campeau's statement came the same day as government's 18 sovereignty commissions began holding public hearings across Quebec and two days after a masterful performance by Parizeau at a PQ

meeting. The government doesn't have the luxury of wasting time.

Separation remains appears to be stalled in the polls well below the magic 50 per cent mark with just months to go before the referendum.

The sovereignty commissions are part of an elaborate plan to build momentum but so far Parizeau's own cabinet ministers have been more damage than the government's federalist opponents.

"Poor Mr. Parizeau must pull his hair out when he see the determination with which his ministers are systematically ruining his efforts to improve the image of his government," Le Soleil columnist Michael David wrote this week. "The best attitude for (Liberal Leader Daniel Johnson) to take is to just be quiet. Mr. Parizeau's ministers are perfectly capable of sinking the sovereigntist plan all by themselves."

Ex-Yugoslavia:

Weary of war — but ready for peace?

VIENNA, Austria (AP) — Almost four years into the bloodshed that first ripped apart the old Yugoslavia, a second, wider wave of war threatens.

In coming weeks, mediators will either be able to build on brittle truces in Bosnia and Croatia or perhaps watch war engulf both simultaneously for the first time since fighting started between Serbs and Croats in spring 1991.

War in both states would produce a military and political tangle even more complex than the conflicts that so far have defied solution.

It would probably mean the withdrawal of tens of thousands of UN peacekeepers in a hazardous operation backed by U.S. and other NATO troops. It could also mean conflict spreading to other parts of the volatile Balkans.

Outsiders — especially the United States — are flogging their ver-

AP News Analysis

By Alison Smale

sion of what should be done. Washington is indicating there can be no final settlement in Bosnia and Croatia without the support of the republics' Serb minorities.

INSURANCE

This has angered Bosnia's Muslim-led government. But Washington is also trying to shore up the government's troubled federation with Bosnia's Croats as insurance against the Serbs getting, or taking, too much.

In Croatia, Washington is a key player in foreign efforts to prevent a new Serb-Croat war that could start if 12,000 UN peacekeepers lea-

ve when their mandate ends on March 31, as President Franjo Tudjman insists.

Local leaders have also put out feelers for peace that France would like to explore at a proposed European conference attended by leaders of Croatia, Bosnia and Serbia.

But almost four years of fighting have created their own logic.

The nationalisms of Tudjman and Serbian President Slobodan Milosevic helped start the war.

Many people who have lost homes, loved ones and livelihoods in the name of nationalism are weary of war but see little incentive to reach peace.

NO FAITH

Bosnia's Muslims put no faith in outside powers to regain the 70 per cent of Bosnian territory now held by Serbs. They have some trust in their army, now better equipped and trained than at the outset of

Bosnia's war in 1992. Travellers to central Bosnia report preparations for more war when a four-month truce runs out May 1.

In Croatia, the UN-patrolled ceasefire that ended six months of Serb-Croat war in January 1992 still holds. But Tudjman wants the peacekeepers out, blaming the UN for cementing the Serbs' hold over one-third of Croatia while doing nothing to disarm them or return Croat refugees to their homes.

Although Tudjman says war won't begin if the UN troops leave, Croatia's Serbs have already cut all ties negotiated with Tudjman and will fight if attacked. They have a promise of support from Bosnia's Serbs.

Already in Bihac, Bosnia's northwestern tip, Serbs from Bosnia and Croatia are making common cause in fighting against government troops.

Clinton weakened by nomination fight

WASHINGTON (CP) — A furore in Washington over the nomination of a public health official has some observers wondering if President Bill Clinton ever learns from his political mistakes.

Almost from the moment Clinton introduced Dr. Henry Foster as his selection for surgeon general — a largely symbolic figure who campaigns for public health — it was clear the nominee's career as a gynecologist and obstetrician who had performed abortions complicated congressional confirmation.

The resulting political melee and Clinton's failure to immediately defend the Tennessee doctor has added Foster to the list of appointees whose nomination fights have seriously weakened the president.

"It's OK to make a mistake once, twice — but this is the same mistake over and over," said Ben Ginsberg, director of Johns Hopkins University's Centre for the Study of American Government.

SHORT REIGN

"I think this is the chief reason why we have a president who is in all likelihood going to be a one-term president."

The mistakes, said Ginsberg and other experts, were three-fold. First, Clinton essentially designated the job a minority position. He

sought a qualified black candidate and missed potential minefields in Foster's background.

White House officials failed to get precise details on the number of abortions Foster performed.

CP News Analysis

By Laura Eggertson

That oversight is hard to understand in a country where five people have been killed at abortion clinics in recent years and where the Christian Coalition and other fundamentalist religious lobbies are significant political forces.

The U.S. Senate, which must approve all such political appointments, is controlled by Republicans, many of whom owe their seats to the coalition.

"I think this is a great example of the Clinton administration not anticipating what they should be anticipating and not handling things well," said Elizabeth Cook, a professor with American University's government department.

NO CONTROL

Secondly, once the White House

realized it had a problem, officials failed to control the debate. Instead, they played a numbers game with radio talk-show hosts like Rush Limbaugh and journalists. First Foster had only performed a few abortions. Then less than a dozen. Then 39.

It's what Ginsberg calls the "reinvention approach" by the White House that continually gets Clinton in trouble, as it did during the presidential campaign when he was asked if he had ever smoked marijuana.

"It's the, 'Yes I did it, but I didn't inhale' response," said Ginsberg.

Third, waffling on Foster created the most problems for Clinton. It took a couple of days for Clinton to mount a vigorous defence. Even then the pro-choice president's endorsement was not as ringing as key constituencies like the National Organization for Women and the black caucus on Capitol Hill would have liked.

The president ought to have said "he is an ob-gyn specialist, he has performed legal abortions in the course of his practice — it's the law of the land and legitimate and it's an outrage for anyone to think this should disqualify him from legal office," said Thomas Mann of the Brookings Institute, a Washington

think-tank.

WAFFLED

Instead, Clinton said Foster was a good man who should be nominated, and accused opponents of trying to "demonize" him — defending Foster without confronting the abortion issue head-on.

The doctor joins a list of people about whom Clinton has waffled at the first sign of trouble — from civil rights appointee Lani Guinier, whom he failed to support after her legal articles raised problems about affirmative action, to Foster's predecessor.

Clinton sacked Jocelyn Elders, an Arkansas physician, after she stirred debate by answering questions about whether the United States should legalize drugs and include masturbation as part of its sexual education classes to help fight AIDS.

It seems ill-advised to then appoint another controversial nominee, when Clinton needs what little political capital he has to pass any legislation.

Mann is less ready to sound the death-knell for either Foster or Clinton. But he thinks the way opposition to Foster was mobilized is a bellwether for American politicians trying to navigate difficult waters.

Farm and Business

the Record

Cattle exporter sees future in shipping

Cows at sea: mobile stall could alter beef markets

By Judy Monchuk

KESWICK RIDGE, N.B. (CP) — Sixteen New Brunswick cattle that sail this week for England aren't too enthusiastic about the impact their ocean travels could have on the Maritimes' cattle industry.

But Larry Jewett is. Jewett, a cattle and embryo exporter, foresees a time when proximity to the sea lanes could make breeding stock raised on the East Coast more valuable than those in Ontario or Quebec. "Maritime producers will realize that instead of trucking their cattle to Toronto it's going to be the other way around," he pre-

dicts. "That will give us a \$200 to \$300 price advantage."

The reason for his optimism? A unique container that can be hoisted onto a huge ship and sent across the Atlantic from the port city of Saint John, N.B. — about 130 kilometres east of here.

It's cheaper than flying cattle to Europe and a lot easier on the animals, says Jewett, who has spent much of the last two years modifying standard shipping containers into mobile homes for cattle.

Sixteen cattle can fit into each 12-by-2.5 metre container. Special water and ventilation sys-

tems have been put in place, bales of hay are stored overhead and doors and windows allow access to the animals.

CHEAPER

Jewett charges about \$3 a kilogram to ship a cow — compared with an air price of about \$3.85. Either way it's expensive freight — well over \$1,000 for each animal — but presumably that's easier to swallow when you consider each cow is breeding stock that can cost upwards of \$7,000.

The idea came when a European buyer who was looking to buy embryos from Jewett expressed interest in also pur-

chasing cattle.

After lining up the buyer with his cattle, Jewett found he had to ship the animals through Toronto — essentially handing over his customer and increasing his cost.

Jewett looked at moving the cattle by ship and found freight was substantially cheaper from New Brunswick — if the trip could be made safely.

Last spring, Jewett made three trial runs across the Atlantic. On the first run, he gambled with transporting a \$15,000 cow. It paid off bigtime.

"The cattle arrived in a lot better condition than they do by air

— we didn't plan on that, it just happened," he says.

Shortly after, that cow was entered into one of England's largest agricultural exhibitions and placed second. Within the cattle community, word spread fast.

"That kind of publicity we just can't buy," says Jewett.

At the same time, 16 cattle in two separate air shipments died because of problems with in-flight ventilation systems. Although such problems rarely occur, it made people look twice at Jewett's plan.

Seven containers will leave Saint John today. Two other

shipments are planned in March and April.

And Jewett is looking to expand his marketplace. By spring, he hopes to be shipping cattle to eastern Europe. "There's some differences in health regulation and we need special permits."

The New Brunswick government is obviously impressed with Jewett's accomplishments — it recently named him exporter of the year.

"It shows we can make our way in the marketplace — as a Maritime province we sometimes forget that," said agriculture spokesman Mike Healy.

Quebec labor fund reaches \$1 billion

MONTREAL (CP) — The Quebec Federation of Labor's Solidarity Fund continues to prosper, paving the way for more jobs and investments, leaders of the province's largest labor union said Saturday.

"Our obsession is jobs," said Fernand Daoust, head of the fund committee. "Everybody knows unemployment is at a catastrophic level."

The fund has created or safeguarded about 31,000 jobs since it was created in 1983, Daoust said at a news conference.

"It's not for nothing that the Quebec premier described the fund as the racehorse of the Quebec economy," he said.

In the fiscal year ended last Oct. 31, the fund's net profit rose to \$21.4 million, up from \$20.5

million the previous year. The fund's total assets recently reached the level of \$1 billion.

Fund president Claude Blanchet said the fund grew by \$143 million in 1993-94 and will rise by between \$250 million and \$300 million thanks to a current fundraising campaign. "Before the year 2000, the fund will have \$2 billion" in assets, Blanchet predicted.

Blanchet did not appear concerned that the net profit rise fell far short of the 1991 level when it hit \$44.2 million.

Clement Godbout, president of the labor federation, issued a warning against the Montreal Expos' hiring of replacement players. The fund owns a big share of the National League baseball team.

Research in space

Scientists probe artificial milk gene

OTTAWA (CP) — Dairy cows may soon be joining the space age as part of genetic engineering research into milk-protein production.

A microscopic speck of genetically engineered protein could blast into orbit as early as this summer to test its ability to help cows make milk.

If all goes well, the man-made gene will eventually end up in the stomachs of cows, where it will help boost production of protein and reduce the need for costly supplements.

Project head Mary Alice Hefford says crystallizing the protein in near weightlessness will

let scientists know if it has the right molecular structure.

"When you crystallize in microgravity, the crystals are bigger and more consistent," says the energetic scientist at Agriculture Canada's experimental farm in Ottawa.

"Bigger and more consistent means your data are better."

Cattle rely on bacteria in their rumen (main stomach) to pre-digest food. Dairy cows in commercial herds require lots of protein supplements in their diets because the bacteria in their stomachs don't produce enough naturally to meet commercial demands for milk-productivity.

"If the rumen bacteria would

produce a better protein, there would be no need for protein supplements," says Hefford. "We're

proposing to convince those bacteria to make a better quality protein."

Plan at a glance

OTTAWA (CP) — Facts about the genetically engineered protein:

PURPOSE: To produce protein naturally in the milk cow's stomach.

ADVANTAGES: Would cut protein supplement fed to cows by 75 to 80 per cent.

SPACE TESTING: Crystallizing in near-zero gravity on space shuttle would provide pic-

ture of protein structure.

REASON: Protein must look natural or bacteria will break it down into energy.

COST: \$10,000 for space shuttle trip.

QUOTE: "We're disguising it. Our protein has no function in the bacteria, but we're trying to make the bacteria think that it has a function so the bacteria doesn't destroy it." — Mary Alice Hefford, research scientist.

Jobless facing tough times ahead: Study

TORONTO (CP) — The number of chronically unemployed Canadians is growing, according to Statistics Canada figures.

While the overall unemployment rate has dropped more than a full percentage point over the past year, the number of people without work for at least 53 weeks has risen sharply in the past five years.

More than 64,000 people or 5.5 per cent of jobless Canadians

found themselves unemployed for more than a year in 1990. By last year, their ranks hit 228,000 or 14.8 per cent of the unemployed.

"There is a real polarization in the labor market, which results in those people who are unemployed facing a far longer period of unemployment," said Tom Baker, a researcher with Toronto's Social Planning Council.

The average length of time a Canadian remains unemployed has climbed to 24.2 weeks from 16.8 in 1990. And older workers — those over 45 — accounted for a growing proportion of the chronically unemployed.

While there are more young people without jobs, workers under 25 typically find employment more quickly.

Labour market data show that older men were unemployed an

average of 34.6 weeks last year, compared to an average of 18.5 weeks of joblessness among men aged 15 to 24.

The trend is the same among women.

Because the statistics exclude so-called discouraged workers — people who have completely abandoned their job search — they are believed to underestimate the actual number of unemployed Canadians.

Software Co. finds cheap labor in East

TORONTO (CP) — The contentious issue of job-poaching by Atlantic provinces intensified Friday after SHL Systemhouse announced its 90-person data entry division will move to Sydney, N.S., from Ottawa.

SHL's announcement is bound to cause more aggravation for federal Industry Minister John Manley, who was

drawn into the controversy that followed the decision by United Parcel Service Canada last month to move 870 jobs to New Brunswick with help from a \$6-million incentive package.

Tony Macerollo, Manley's executive assistant, said Manley needed more time to study SHL's decision.

Nova Scotia's Economic Renewal Agency will provide

SHL with a \$2.3-million incentive package, including \$1.75 million to cover moving costs.

SHL will repay the Nova Scotia government \$550,000 when the operation becomes profitable.

Ian McLaren, SHL's executive vice-president, said the company expects only 10 per cent to 15 per cent of employees affected to move to Sydney.

As a result, 75 to 80 people

will be out of work.

The company said it conducted an exhaustive search before choosing Nova Scotia. It expects operating costs at the Sydney facility will be 10 per cent to 15 per cent lower.

SHL hopes criticism of the unit transfer will be tempered by the announcement Friday that it will build a centre for complex software development in Ottawa, creating 150 jobs.

INVESTMENT STRATEGIES
By ALAIN GILBERT
Adm.A. P.I.Fin.

An introduction to bonds of all types

GOVERNMENT BONDS AND THEIR BY-PRODUCTS

A fixed income investment such as a bond or guaranteed investment certificate (G.I.C. is essentially an acknowledgement of debt by virtue of the issuer promising to reimburse the investor the interest payments at pre-determined dates and the capital upon maturity. Bonds which render a high return and offer security and flexibility meet many financial goals. Knowing how important this type of investment is in a well balanced and diversified portfolio, we have devoted this column to government bonds.

CANADIAN GOVERNMENT BONDS

Canadian Government Bonds are considered the safest of fixed income investments. The federal government guarantees payment of the interest and refund of the capital upon maturity. Canadian bonds have maturities varying between one and thirty years. They are frequently dealt with on the markets, which means they can easily be sold before maturity contrary to popular G.I.C.'s.

PROVINCIAL, MUNICIPAL AND OTHER GOVERNMENT ORGANIZATION BONDS

The information contained in this report was obtained from sources believed to be reliable, however we cannot represent that it is accurate or complete. The views expressed are those of the author and not necessarily those of Midland Walwyn Capital Inc.

The federal government is not alone in issuing this type of bond. Provinces, municipalities and other government organizations such as Hydro-Quebec and Hydro-Ontario all issue bonds on the market. Unless I've missed something, the lower credit rating of an issuer, the higher the rate they would have to offer to stir up interest in the bond. The main benefit of having a good credit rating is that your borrowing costs (the rate on your bonds) are lower.

ZERO COUPON AND STRIPPED COUPON BONDS

Zero Coupon and Stripped Coupon Bonds are created when a brokerage firm such as Midland Walwyn detaches the portion of the interest called "coupon" from the capital of a quality bond. Each of these two elements may be used separately. Investors who buy them know exactly the profit they will gain because the rate of return up to maturity is already established.

From these fixed investments which we have described are only a few among many investments which are available to you. Don't hesitate — talk to your Financial Advisor.

Our next column: **Mutual Funds**

Alain Gilbert is a financial advisor for Midland Walwyn Inc. 819-822-4460

Unemployment in Canada

Bay St. watchdogs get stronger bite

By Ian Jack

TORONTO (CP) — Federal financial services watchdogs will be able to sink their teeth deeper into the banking and insurance industry once a proposed overhaul is completed, the cabinet minister in charge said Friday.

Doug Peters, secretary of state for financial institutions, said the reforms should be passed into law by the end of the year.

"I'd like to see it done this spring but I don't see any possibility of that," he said after a speech.

Ottawa wants deposit insurance premiums paid by banks and trusts varied according to ratings given by the Canada Deposit Insurance Corp., with the safest institutions paying the least. Peters said the public won't be told about the ratings for individual institutions, because that could spark a

run on deposits.

Al Cooper, senior vice-president of the Canadian Bankers' Association, said he's confident his members would all do well. "We're quite used to being

rated," he said.

"We don't want to interfere in a way that is inappropriate," Peters said, adding there will be more talks with financial institutions.

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Social notes

Stanbridge East Women's Institute presents Life membership to Mary Harvey



Mary Boomhower (right), President of the Stanbridge East Branch of the Women's Institute, presents a Life Membership to Mary Harvey (left). The latter has been a faithful member of the S.E.W.I. since 1968. She has held numerous offices: Conveners of Agriculture, Citizenship & Legislation, Publicity, and International Affairs, some at both County and Branch levels. Mary has also been Secretary for two terms, Branch President and County President each for a three year term.

Members of the Stanbridge East Women's Institute met at the home of Erma TenEyck on February 2nd at 10:30 a.m. Mary Boomhower, President, presided over the meeting.

Motto: This world would be a better place if people kept their eyes open and their mouths shut. Roll call: Comment on an international news item you have read or heard lately. Valentine cards were brought in by each member to be sent to sick or shut-in friends.

Thelma Rhicard gave a vote of thanks to June Lamey for making the programs; also sashes, scarves and tiny beret pins from the Eastern Township's tartan.

The annual meeting of the Missisquoi County W.I. will be held on March 23 at 10 a.m. in the Dunham Anglican Church Hall. A casserole dinner will be served at noon.

Tilda Jetten, International Affairs convener was in charge of the program. Tilda passed around fifteen pictures from countries around the world and members tried to identify each one. Winners were Margaret Cummings and Joyce Blakeslee. Tilda presented each with a prize.

At noon the members recessed to share a bountiful meal of chicken casserole, tossed salad, homemade bread, pineapple cake and chocolate cheesecake. A short time was spent visiting before the meeting resumed. Co-

hostesses were Barbara Harvey and Alice Corey.

Conveners' reports: Agriculture: Doris Rhicard read a report from the Fall 1994 issue of Federated News on BST, which is administered to cows by injection to increase milk production. The introduction of rbST in the USA has raised public awareness in Canada, and many groups, including the FWIC, have voiced concern about the safety of rbST to animal and human health.

Publicity: June Lamey read an article on Quebec concerning separatism published in a PACT magazine. Members had to guess how many years ago it had been written. Thelma Rhicard received a prize for coming closest; it was 28 years ago.

Canadian Industries: Barbara Harvey reported on the F.G. Edwards & Co. store in West Brome. Built in 1852, it was taken over by the Edwards family in 1928. They carry a large assortment of goods including cement, pet foods, hardware, farm cleaners, horse tack, paint, clothing, groceries, etc. If you can't find an item anywhere else you're likely to find it at Edwards' store. People used to come to spend time chatting but television came and changed all that. This is one store where you can expect to be waited on, good old-fashioned service.

Safety: Barbara also reported on hazardous waste and showed symbols found on some containers. Beware of mixtures; some

can cause toxic fumes. Corrosive products can bring about serious skin irritations and burns. Avoid using aerosols as they are harmful to the environment.

Citizenship & Legislation: Mary Harvey reported that current Canadian law says that anyone can obtain one or even a number of nationalities without losing his or her Canadian citizenship. According to Commission on the future of Quebec, this would be true also in a sovereign Quebec.

Education & Cultural Activities: Dianne Rhicard reminded members that the deadline for handicrafts for the J&P Coats WI competition is March 23rd. Dianne read a letter from the Provincial Agricultural convener urging members to support "Women Feed the World" projects as well as 4H Clubs, county fairs and farm-safety programs. Try to be more aware of the world we live in. Dianne also reported on the Kahnawake Survival School, offering bicultural education. The school has two goals: To promote and preserve Kanienkeha language, culture, values and history. And to develop the academic and technical skills needed to live and work in today's world.

Home Economics & Health: Erma TenEyck gave some helpful hints. If you freeze candles for 24 hours before use they will burn longer. When wrapping a large gift use an inexpensive paper tablecloth instead of fancy

gift wrap. Save cookie crumbs until you have enough to make a crumb crust for a pie. Pantyhose make good shoebags when travelling. Tops of detergent bottles make good small funnels. Use a brick covered with foil at the back of cupboard shelves for spices. International Affairs: Tilda Jetten reported on endangered animals. South Africa wants free trade again for elephants and white rhinoceros, and the ban lifted on all products from those animals.

Environment: Flora Rhicard reported that Montreal Christmas trees were recycled in Drummondville. The oil was extracted for shampoos, air-fresheners, soaps, etc. The rest of the tree was composted. Bricks from recycled paper were invented in New Mexico. They are light weight and have good insulating value. They can be used in any climate when waterproofed.

Members welcomed Sheila Perry, a guest at the meeting, as a new member. We hope she will enjoy her time with us.

A discussion was held as to whether or not members were in favor of getting a Past-President's pin. All agreed we should have one. Erma TenEyck presented Joyce Blakeslee, a new member, with the WI pin which had belonged to her mother, Lena Casey.

The date of the next meeting has been changed to March 9 and will be held at the home of Wilma Goodhue in Frelighsburg at 2 p.m.

News from The Wales Home

After so many things going on at Christmas, January has been quieter. But now the residents will be looking forward to Valentine. Many have had bad colds, but now seem to be on the gain.

Kelly, the activity leader, has been busy as usual. There were exercises about three times a week, bingo one afternoon a week, a video presentation once during the week, a reading group was once a week, a trip to town every Thursday morning by van, which gave some of the residents a chance to do some shopping.

Card games, 500 and Bridge were played in the recreation room on the 4th floor. Every Friday evening Bridge was played in the main living room and Carpet bowling one afternoon each week. Breakfast was enjoyed by the members of the cooking club one morning at 7:30.

Each Friday afternoon is usually afternoon Tea Day, but the first two Fridays in January there was none. Friday, January 20, the afternoon tea was put on by the Ulverton-Kirkdale ladies, and the following Friday, January 27, the Dewars served afternoon tea. The teas are much enjoyed by the residents.

The third Wednesday in January was the Birthday Party for that month. This party was sponsored by the Young Women's group of the Richmond United Church, represented by Shirley Patterson Enright and Daphne Dykeman Lupien. Bingo was played and each winner received a prize. Lunch was served of sandwiches, tea and birthday cake topped with lighted candles to be blown out. Each person was presented with a very nice gift. Much credit is due to those who cater to the birthday parties and also the Friday afternoon teas. Many thanks.

Monday morning, January 23, there was a clothing sale sponsored by a company in Magog. That afternoon, a retirement party for the retirees, Dot Hess and Ross Henderson, was held on the 1st floor solarium. Dot Hess had worked here for 26 years and Ross Henderson for 41 years. Each one was presented with a gift. They will be greatly missed. Good luck and much enjoyment on your retirement.

Dr. Blake has presented his taped music twice in January for everyone to enjoy. We thank you, Dr. Blake.

There have been church services every Sunday afternoon, each denomination represented: namely, the Richmond United, Richmond Anglican, Danville United, Melbourne Presbyterian and Danville Adventist. We are very grateful to all of you.

Happy Hour has been enjoyed twice in January.

On Saturday, January 14, the residents who had been visited by 30 students of the Bromptonville

Private School had been invited to visit their school. Some were unable to go, but those who did were very warmly welcomed by the students and their English teacher. We were given a complete tour of the school which was immaculate. Each student has his own responsibility for cleaning jobs. We were ushered to the cafeteria and served tea, coffee or milk and cookies before leaving to return home by bus. It was a very pleasant afternoon. The boys have a school to be proud of. We expect to have them visiting us again in the spring. Their aim is to improve their conversational English.

Wednesday, January 25 was the celebration of Robbie Burns Day. The entertainment was very enjoyable. It was led with a musical solo by the Piper from Magog. The next was a piano solo by Mrs. Mildred Griffith. Following that were organ and piano duets by Claire Bourne and Ken Gemmell. They were interspersed by vocal solos by Dr. George MacDougall accompanied on the piano by Ken Gemmell. Very much enjoyed. Thank you all.

After that, the group, consisting

of Rod MacIver, Grace Johnson and Jim Stewart who carried in the haggis, was piped in by the Piper. The haggis was addressed by Mr. Stewart, toasts presented to the haggis and Robbie Burns, and the Scotch punch served to the gathering, accompanied by scotch bread and haggis.

Another big event was the celebration of the 65th wedding anniversary of Kelly and Gladys Taylor. The trimmings were put up by their son Jim and his wife Thérèse from Longueuil. The party was catered to by the Wales Home, and Thelma did the honors of serving the sandwiches, squares and coffee and the beautiful anniversary cake which was brought by Jim and Thérèse. Their two sons Andrew and Nicholas also attended. Kelly had one sister Marjorie and Gladys had six cousins who were present. Friends and relatives came from Scotstown, Lennoxville, Sherbrooke, Huntingville, Drummondville, Shawinigan, Montreal and the Wales Home. Rachel Woodburn was in charge of the guest book. It is remarkable today to be able to enjoy 65 years of mar-

ried life. Lots more happy anniversaries, Gladys and Kelly.

We have been saddened by the death of Miss Gladys Morey and Mrs. Enid Abercrombie. Enid had worked at the Wales Home on the nursing staff for many years.

Mr. Reg. Brighten, who was a resident here, was transferred to a Drummondville Hospital. He passed away January 31.

We are pleased to receive Mrs. Dorothy Begbie to Norton 2, Mrs. Diana Taber to Shaw 1, and Rachel Woodburn to apt. on Shaw 3. Happy Living to all.

We are happy to know that Doug, Gleason who had surgery in Hotel-Dieu Hospital is now improving. Keep it up Doug. We are all thinking about you.

We are also happy to know that Rev. Dean is feeling better and not having to go to the hospital as often. Alice Butler is feeling better after pneumonia, that is good. Roy Johnson is travelling around in his new buggy. Not too fast, Roy. Our speed limit here is very low!

Hope to see you next month.

Submitted by
Myrtle Pope

Engagement announced



Mrs. Marcella Vickers-Brown, Ayer's Cliff and Mr. Geoffrey Mather, Brome are pleased to announce the engagement of their daughter Sarah Katherine to Billy Scott Raymond, Brome, Que. A summer wedding is planned.

60th wedding anniversary

Congratulations and best wishes to Irene and Douglas Johnston of Stanstead, Que., on their 60th wedding anniversary on February 13, from their family and friends.

60th wedding anniversary

Judy and George Rogers of Magog celebrate their 60th wedding anniversary on February 16. Best wishes and congratulations are extended for a happy day and many more anniversaries to come, from relatives and friends.

84th birthday greetings

Happy birthday to Elaine Macgregor of the London Residence in Sherbrooke who celebrates her 94th birthday on February 13. Love and best wishes from the residents and staff.

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Deaf parents don't get the message

Dear Ann Landers: My mom and dad are in their 60s and have serious hearing problems. Dad has a \$700 hearing aid but won't use it because he says it sounds like a wind tunnel. Mom flat-out refuses to even get her hearing tested.

Having a conversation with my folks is exhausting. I have to repeat everything at least three times. They often misinterpret information, and I hesitate to get into family matters since they can't hear what is being said and get the facts wrong.

What worries me the most is when they drive. They cannot hear train whistles or ambulance sirens. Another problem is their inability to hear the phone ring. When I call and there is no response at night, I become concerned and drive over to see if they are OK.

My mother becomes annoyed with me because she says I mumble. Ann, I speak at hundreds of meetings a year and enunciate clearly. I am worn out trying to maintain a civil relationship with my parents, and I need some advice. Just sign me -- "WHAT?"

DEAR WHAT: Enlist the help of your parents' doctor. Tell him or her what you have told me. Hopefully, the doctor will intervene and urge both parents to use a hearing aid.

It also sounds as if your folks should not be driving. If you honestly feel they are not safe behind the wheel of a car, call the police and report them. I have suggested this in the past and have been told this approach is extremely successful and possibly lifesaving.

Ann Landers

Above all, be patient. One day, your children may have the same problem with you.

Dear Ann Landers: This is about "Dottie," who told the hotel staff it was her parents' anniversary when it wasn't. The hotel sent flowers.

My husband and I were shocked and not amused by Dottie's duplicity in faking special occasions at the expense of innkeepers. My husband has spent the last 20 years in hotel and restaurant management. He regards his customers as guests. The vast majority of them are a delight. The Dotties are the darker side. Someone paid for those flowers. Fraud means increased costs for everyone.

The members of the hospitality industry work hard to assure all guests a comfortable time at a reasonable price. There are nice towels for your use during your stay. They are not a gift to you. The same is true of the blankets, pillows, bedspreads and the clock radio.

The nice little baskets of soaps and lotions are for your comfort during your visit, not to be dumped into your luggage as souvenirs. (Hotels recycle the unused portions of soap and shampoo.) Don't trash the place.

Housekeepers work hard. They generally have a quota of 10 to 14 rooms a day to clean in an eight-hour shift. How many people could clean that many bathrooms that quickly? Please control your children. The hotel restaurant is not a playground. All guests should have the opportunity to enjoy a pleasant meal.

-- GRAND RAPIDS, MICH.
DEAR GRAND: I'm sure all innkeepers around the world will applaud your message. And now, may I add just a word: Please, folks, leave a few dollars for the maids. They deserve it.

Dear Ann Landers: I am strictly on the pro side of keeping adoption records sealed. My adopted daughter has been the joy of my life for 46 years. "Eva" has no interest in her birth family. We were told when we adopted her that she was the product of a Southern belle and a sweetheart who was not acceptable to her high-class family.

This summer, Eva was contacted by a woman who claimed to be her blood sister. She told Eva that their mother was a victim of spousal abuse and that her father was a bootlegging, ne'er-do-well bouncer.

How much better it would have been for Eva and her family if we could have remained blissfully ignorant instead of being intruded upon by one who felt Eva had a "right to know."

Blood relatives are relatives by accident. Adoptees are relatives by choice. -- NO STATE, EXCEPT CONFUSION

Island Brook

Mrs. Garfield Spaulding

The community was saddened on hearing of the passing of Mr. R.N. Mayhew, a long time resident of Bury. At 95 years of age, many generations remember him as a farmer, a cattle buyer and also a butcher for Bury and the surrounding district for many years. The Mayhew family were well known in the Bury and Canterbury areas. Since sympathy is extended to Mrs. Mayhew also his son and family

who live in the west, and the many relatives in the surrounding areas.

Mr. and Mrs. Norman Wypruk and Mrs. Maday from the Montreal area were guests of Mr. Earl Dawson and Robert and Mr. and Mrs. Terry Howell for a couple of days during the holiday season.

Mr. and Mrs. Neil Burns spent the holiday with Mr. and Mrs. Albert Cairns in Compton.

Mr. and Mrs. Fred Burns of Lennoxville were in Orangeville, Ont. where they were guests of her sister Mr. and Mrs. Wallace Elston and family. While there they met their son Mr. and Mrs. Dale Burns at Toronto, who came by plane from Winnipeg, Man. When they had spent the holiday together, the Burns returned to Lennoxville. On their return they spent a few days with Mr. and Mrs. Neil Burns and son. From here, Mr. and Mrs. Dale Burns left for Philadelphia to be with Mrs. Burn's family.

Mr. and Mrs. Leslie MacLeod had as their holiday guests, Mr. and Mrs. John Gill, and Mr. and Mrs. Wayne Gill of Cookshire and Sawyerville; Mr. and Mrs. Bruce Baty and part of their family, Mr. and Mrs. Gary Richards and Cora of the Sand Hill road, Mrs. Verna Westgate and Mrs. Shirley Darker.

Red Cross group meets

SAWYERVILLE — The High Forest Red Cross Group met on February 1st in the United Church Hall with 12 members and two children present. Rev. Martyn Sadler joined us for dinner and afterwards entertained us at the piano for a short while. All enjoyed a turkey pie dinner at noon. A large quilt was tied.

The meeting was conducted by the President Donna McConnell and opened with all repeating the Lord's Prayer. Roll call taken and minutes read. A good report of the year's work was given by the secretary, Sharon Nugent and treasurer's report given by Janice Hartwell before the new officers took over.

A large number of notes of thanks read, some containing donations, thanks from the three Homes for cases of juice-at Christmas and other cheer given. Some for the dinner they had enjoyed. A letter of thanks to be sent to Lowry's Store for a generous donation. Cards to be sent. A work day to be held later.

Plans were made for our March 16th Tea and sale to be held in the United Church Hall from 2 to 4:40 p.m. Price, \$3.50 adults and children over six, \$2.00. A drawing will be held.

The regular meeting on March 1st will not be held.

Meeting closed with the Mispah benediction.

St. Paul's Guild holds meeting

BURY (NR) — The February meeting of St. Paul's Guild and ACW was held in the Parish Hall on Thursday afternoon, February 2, with ten members present.

The meeting was opened by the president, Irene Fisher. Mrs. Hettie Clark was in charge of the devotional period.

The financial report showed that the recent card party and luncheon had been most successful.

It was decided to hold another card party in the parish hall on Monday, March 20. Details to be

worked out at March meeting. It was also unanimously decided to hold two extra card parties this year instead of serving sandwiches, etc. on Canada Day.

Members and friends were invited to Lillian Cook's for cards on Thursday, February 9.

Lillian Cook and Hettie Clark will visit Grand View Manor in February.

A quilt had been put on the frames on Monday afternoon by Winnie Buchanan and Audrey Dougherty to be tied. Several

Death

BRAULT, George Ernest — Peacefully at the Sherbrooke Hospital after a lengthy illness on February 8, 1995. George Ernest Brault in his 86th year. Beloved husband of 59 years of Irene St-Laurent. Father of Barbara Brault, Montreal; Beverley Brault (Paul Lardner), Ottawa and Peter Brault (Diane Goudreau), Ottawa. Grandfather of Elizabeth Spena, Kimberley Lardner, Jason Brault and Cynthia Brault. Brother of Gertie Champoux. Also left to mourn, other relatives and friends. To respect wishes of the deceased, cremation and no visitation. Interment of ashes at Elmwood Cemetery at a later date. Mrs. Brault and family would like to thank Jane Caunter and her staff of the Sherbrooke Hospital for the wonderful care given to Mr. Brault during his illness. Arrangements by Steve L. Elkas Funeral Home, 601 Conseil St., Sherbrooke.

worked on it during the afternoon. Blocks for this quilt had been made by the late Alma Pehlemann, the embroidery on them done by Alice Mayhew, and were assembled by Audrey Dougherty.

A lovely afghan was brought in, crocheted by Linda Lowe.

The vestry meeting will be on Sunday, February 12, following the morning church service and luncheon.

A pot luck lunch was served. The next meeting to be held at St. Paul's Home.

Deaths

CLOWERY, Hubert G. (Mike) — Suddenly at his residence in Coaticook on Saturday, February 11, 1995 in his 77th year. Dear husband of the late Simone Faucher. Beloved father of Patrick (Johanne), North Hatley, Helen (Richard), Granby and Louise (Gerry), Sherbrooke. Cherished grandfather of Julie Bergeron, Granby, Erin-John Clowery (Melanie), Fredericton, N.B., Selenia Clowery, North Hatley and Philippe Gaulin, Sherbrooke. Dear brother of Arthur (Merle Chamberlain), Stanstead, Edna (Leo Menard), St-Césaire, William (Gilberte Pelletier), Sherbrooke. He will be fondly remembered by many nieces, nephews, relatives and friends. Resting at Charron & Fils Inc. Funeral Home, 228 Child, Coaticook, Que. — Tel.: 849-4141/Fax: 849-4200, where family and friends may call on Monday February 13 from 2 to 4 p.m. and 7 to 9 p.m. Funeral service with a Royal Canadian Legion service to be held at St-Jean L'Évangéliste Church on Tuesday, February 14, 1995 at 11 a.m. Interment at St-Edmond Cemetery.

HENDERSON, Christina May (nee Adamson) — At the Sherbrooke Hospital on Saturday, February 11, 1995. Christina May Adamson in her 85th year. Beloved wife of the late J. Edward Henderson. Loving mother of Ellen (John) Desmarais, Ottawa, Ont., James (Suzanne), Rock Forest, Que., Judy (Lynn) Ross, Magog, Que. and Valerie (Allan) Healy, Inverkip, Ont. Cherished grandmother of twelve grandchildren and two great-grandchildren. She is survived by sisters-in-law Ethel Adamson and Elsie Stanhope. Sister of the late Mary Ashmore, Emma Ward, William, Gordon and Douglas Adamson. Resting at Cass Funeral Home, 295 Main St., Richmond, Que., where friends may call on Monday from 2 to 4 p.m. and 7 to 9 p.m. Funeral service on Tuesday, February 14, 1995 at 11 a.m. at St. Anne's Church, Richmond, Que., the Rev. Kenneth Harding officiating. Spring interment in St. Anne's Cemetery. At the request of the deceased, donations to the Juvenile Diabetes Foundation, 6363 Trans Canadienne, Montreal, Que., H4T 1Z9, would be appreciated.

HOPPER, Stan — At the Hotel-Dieu Hospital in Sherbrooke, Que. on February 9, 1995 in his 72nd year. Beloved husband of Gladys Jones. Dear father of Robin (Mary Walker) of Fredericton, N.B., Dawn-Mary (Richard Baker) of Edmunston, N.B., Stephen (Peggy Jefferson) of Caledonia, N.S. and Leslie (Marie-Claire Boisvert) of Rock Forest, Que. Grandfather of Robin, Sean, Tony, Donald, Kelly, Patrick, Jarrod, Jennifer, Pamella, Heidi and Ralph. Brother of Vero Hermiston from Summerland, B.C., brother-in-law of Phyllis Wade of Winnipeg and Lawrence Jones of Perth, Australia. Also survived by many other relatives and friends. Stan was a veteran of the Second World War in the Canadian Navy, also worked at C.E. Canada in Sherbrooke until he retired. Funeral service will be on Monday at 2 p.m. at the Melbourne Ridge United Church, the Rev. Patricia Lissen officiating. Interment of ashes at a later date. Donations to the Melbourne Ridge United Church, c/o Hazel Johnston, Johnston Rd., Melbourne Ridge, Que., JOB 2B0, would be gratefully acknowledged by the family. Funeral arrangements entrusted to Cass Funeral Home Inc.

In Memoriam

COLEMAN, Ralph — In loving memory of a dear husband, father, grandfather and great-grandfather who passed away five years ago on February 12, 1990. Memories drift to scenes long past, Time rolls on but memories last. Sunshine passes, shadows fall, Love's remembrance outlasts all. Sadly missed by
FAYE (wife)
AND FAMILY

ROARKE, Ethel — In loving memory of a dear sister who passed away February 13, 1993. In our hearts your memory lingers, Sweetly tender, fond and true, There is not a day, dear Ethel That we do not think of you. Lovingly remembered by sisters
DORIS & GRACE
of Peterborough, Ontario and brother
JOHN
of Sherbrooke, Quebec
AND THEIR FAMILIES

STERLING, Douglas — In loving memory of a dear husband, father and grandfather who passed away February 13, 1987. Sadly missed and always remembered.
BEV & FAMILY

Windsor

Mrs. C. McCourt 845-3416

The death of one of Windsor's oldest citizens, Miss Gladys Morey occurred at the Wales Home on January 17. The funeral service was held on Saturday, January 20 at the Antonio Boisvert Funeral Home with burial at the Windsor Cemetery. Deepest sympathy is being extended to her sister, Dorothy Gregory at Richmond and to other relatives.

Word was received here of the death of Tiane Hall's father in Norway. Mr. and Mrs. Hall left to attend the funeral. Deepest sympathy is extended to the family.

PLEASE NOTE

ALL — Births, Card of Thanks, In Memoriams, Brieflets, and Items for the Townships Crier should be sent in typewritten or printed in block letters. All of the following must be sent to The Record typewritten or neatly printed. They will not be accepted by phone. Please include a telephone number where you can be reached during the day.
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Obituary

**MERTON ROY DAVIS
of Rock Island, Quebec**



and Gerald (1981). He also leaves to mourn two daughters-in-law Sally Neal and Nancy Nourse, seventeen grandchildren and five great-grandsons, a sister Lucy (Henry) Ashman, West Charleston, Vt., two brothers Earle, Rock Island, and Rolla (Gladys), Smiths Falls, Ont., as well as a sister-in-law Phyllis Davis. He was predeceased by his brother Moody and sister Mildred Molony. He will also be sadly missed by his several nieces and special nephew Malcolm (Frances) Molony.

The funeral was held at Christ Anglican Church, Stanstead on December 17, 1994 at 4 p.m. with Rev. Canon Curtis Patterson officiating. Mrs. Hazel Laberee accompanied at the organ for favorite hymns of the deceased. Scripture readings were by Francis Molony and Sean Davis with Sean adding a few words: "This was Grandpa's life. No matter how large and extended the family got, we were all part of his flock and he was the Shepherd." The Eulogy was given by his grandson, Corey Davis, with moral support by granddaughter, Jennifer Clarke.

"MY GRANDFATHER"

"I have had many people in my life who have influenced me; but one person has influenced me above others...my Grandfather.

He has taught me above all else that nothing is just passed down. One must work for what you get and deserve.

He was kind and considerate and taught me to be the same; unconsciously all his habits have rubbed off on me.

He taught me to work honestly...not selfishly. He showed me how to work with my hands.

He has taught me many things...others I have learned by watching and listening to him.

He loved nature and taught me to respect it, not to destroy it...but to aid in nature's progress.

He worked for most of his life and succeeded well, never wealthy but never poor. When he could work, he was always doing, not talking.

He faught through hard times and made it through. He supported his family even when he could not support himself. He worked steadily until retiremen and then continued to work for himself.

I have looked over his life and seen how rich he was, not in money, but in spirit. He never gave up and his life proved it.

I have learned almost everything I know from my Grandfather. I cut down my first tree under his watchful gaze. I shot my first rifle with his instructions.

Throughout my life, he has been there for me like a stone wall to fall back on. In the words of a popular country singer, "He was ten-foot-tall and bullet-proof. He was never angered, his patience seemed to stretch forever. He never raised his voice but was always heard.

I respect him like almost no other, few could match him, in my opinion. All my life, I have been influenced for the better.

He has inspired me in all my activities by encouragement and stories. He inspired greatness on my behalf. My Grandfather died December 14, 1994."

The honorary pall-bearers were his granddaughters, Tara Thornicroft and Jennifer Clarke, and grandson Sean Davis. The pall-bearers were his grandsons Keith Wells, David Thornicroft, Jonathan Clarke, Neal Davis, Chris Davis and Corey Davis.

Cass Funeral Home was in charge of arrangements, Ken Morris, Director. Spring interment will take place in the family lot, Crystal Lake Cemetery, Stanstead, Quebec.

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Monday, Feb. 13, 1995

NORTH 2-13-95			
▲ K Q J			
♥ K J 9 8 6			
♦ A J 10			
♣ Q 6			
WEST		EAST	
▲ 7 5 2		▲ 6 3	
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SOUTH			
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Vulnerable: Neither Dealer: South			
South	West	North	East
1 ♠	Pass	2 ♥	Pass
2 ♠	Pass	2 NT	Pass
3 ♠	Pass	4 NT	Pass
5 ♥	Pass	6 ♠	All pass
Opening lead: ♠ 2			

Not how it appears

By Phillip Alder

This week, let's feature the real names of some famous people who are or were bridge players. Under what name do we know Michael Shalhoub?

A finesse is supposed to be a 50-50 proposition. However, some finesses have no chance and others are certainties. Between those two extremes fall what many players call guesses. But it is rare for there to be no indication about a finesse. Today's deal provides a good example.

Against six spades, West led the club two. South won with dummy's queen, drew trumps and ran the clubs, discarding hearts from the dummy. Then he led a heart toward dummy's king-jack. After West played low, should South have called for the jack or for the king — or was it a guess?

Many players would open that South hand with one spade, reserving one club for stronger hands. North made a strong jump shift because he wanted to show his values and leave the next move to his partner. However, when South described his 5-5 (or 5-6), North took control because of his working black-suit honors.

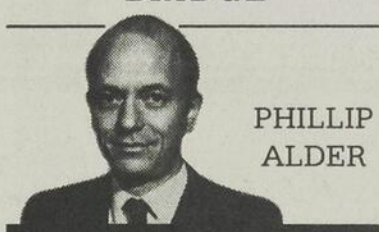
South put up dummy's heart king and lost two tricks, West having the queen and East the ace.

"It was a guess," commented South. "West was bound to play low even if he had the ace."

North was unimpressed. "If West had the heart ace, would he have led a singleton club? Obviously, he was hoping to find his partner with either the club ace or spade ace. He would hardly entertain such hopes if holding the heart ace."

As for Michael Shalhoub, we know him as Omar Sharif.

BRIDGE



PHILLIP ALDER

Monday, Feb. 13, 1995



Monday, Feb. 13, 1995

Your talents and imagination could take you straight to the top in the year ahead. Try using these gifts with greater commitment than you have in the past.

AQUARIUS (Jan. 20-Feb. 19) Have fun and enjoy yourself today, but don't do anything self-serving that puts others at a disadvantage. If you do, you might end up paying a severe penalty. Major changes are ahead for Aquarius in the coming year. Send for your Astro-Graph predictions today. Mail \$2 to Astro-Graph, c/o this newspaper, P.O. Box 4465, New York, NY 10163. Be sure to state your zodiac sign.

PISCES (Feb. 20-March 20) Major accomplishments are probable today, yet you might still fall short of your mark. Self-doubt might lead you to believe that you can't succeed.

ARIES (March 21-April 19) Be fair when dealing with others today, but don't make too many concessions. It is perfectly OK to expect something in return for what you give.

TAURUS (April 20-May 20) This can be a rewarding day for you, but you might do something at the last minute to take the edge off your victory. Resist changing

methods that work.

GEMINI (May 21-June 20) General conditions will favor you today, but don't let your guard down. If you do, your chances for success might decrease.

CANCER (June 21-July 22) You won't need to embellish your achievements today. You will be able to pull off several profitable deals, and the events will speak for themselves.

LEO (July 23-Aug. 22) Be generous with friends today, but don't feel as though you must spend all your money just to win their approval.

VIRGO (Aug. 23-Sept. 22) Maintain an optimistic outlook today, but don't consider projects finished if there are still loose ends to tie up.

LIBRA (Sept. 23-Oct. 23) You may be tempted to promise more than you can deliver simply to appease others today. Honesty would be a better policy.

SCORPIO (Oct. 24-Nov. 22) Even if asked, think twice before advising a friend on how to handle a complicated financial matter today. Your suggestions may do more harm than good.

SAGITTARIUS (Nov. 23-Dec. 21) Something you strongly support might not be fully endorsed by your companions today. Resist trying to force them to agree with you.

CAPRICORN (Dec. 22-Jan. 19) If you've been feeling sluggish lately, it could be due to poor eating or exercise habits. Try to establish a healthier, more constructive routine.

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Crossword

- ACROSS**
- 1 Tiny particle
 - 5 Endures
 - 10 Pulverize
 - 14 "— and Marriage"
 - 15 Sublease
 - 16 Early Ron Howard role
 - 17 Long in the tooth
 - 18 Make whole
 - 19 Nothing more than
 - 20 Seattle's Super
 - 22 Proffered
 - 24 Johnny of song
 - 26 Satellite
 - 27 Maximum velocity
 - 31 Bristly
 - 35 Columbus school letters
 - 36 Writer Glasgow
 - 38 Pastoral
 - 39 Genus of frogs
 - 41 Arias
 - 43 Grain grinder
 - 44 Spray
 - 46 Powerful person
 - 48 First lady
 - 49 Guardian of witches
 - 51 Buggy kin
 - 53 Hypocritical language
 - 55 Brutish man
 - 56 Cup of cheer
 - 60 Strong-willed woman
 - 64 Smell
 - 65 Insects
 - 67 Pianist Peter
 - 68 Exploit
 - 69 "— born free" (Rousseau)
 - 70 Zest
 - 71 London gallery
 - 72 Poplar tree
 - 73 Butterine

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71				72						73		

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02/13/95

Saturday's Puzzle solved:

B	A	S	E	L	E	R	N	B	O	R	I	S		
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S	C	O	T	E	S	S	E	X	T	R	A	P		
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A	L	O	S	T	S	T	Y	S	E	P	A	L		

02/13/95

- DOWN**
- 1 Too bad!
 - 2 Take-out words
 - 3 Cooking place
 - 4 Corpsman place
 - 5 — sprout

- 6 Poetic time
- 7 Descended
- 8 O.T. juniper
- 9 Office pool
- 10 Impetus
- 11 Mimic
- 12 Kingly title
- 13 Listen
- 21 Hatteras or Horn
- 23 Active one
- 25 Spartan slave
- 27 Religious scroll
- 28 Indian
- 29 Of ancient Carthage
- 30 Sandwich stores
- 32 Mirador kin
- 33 Ointment
- 34 Aunt in "Oklahoma!"
- 37 "Theirs — reason why" (Tennyson)
- 40 Words on a menu
- 42 Sea of seaweed
- 45 Coup d'—

- 47 Standard
- 50 Mystery
- 52 Shed
- 54 Of sound
- 56 Attic
- 57 Brainstorm
- 58 Gravy holder

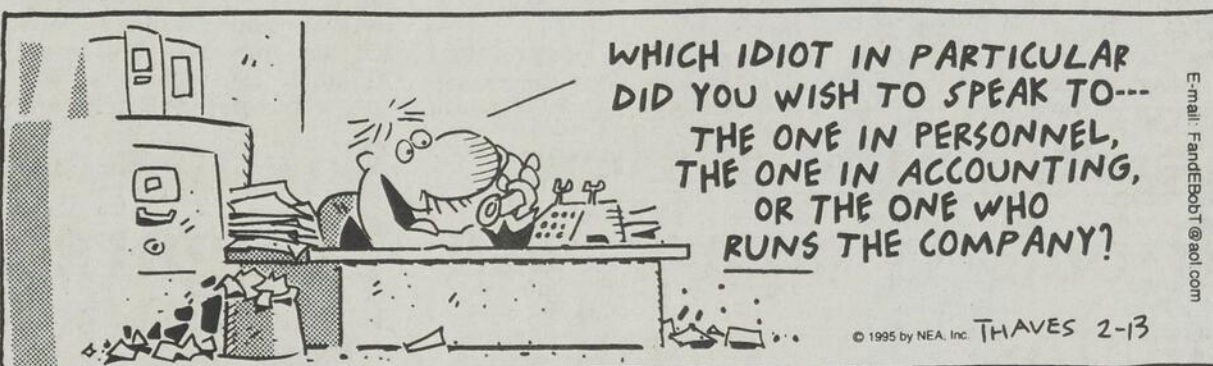
- 59 Novel by Zola
- 61 Fervor
- 62 Novelist Sarah — Jewett
- 63 Unsuitable for proceeding
- 66 Tiny —



ALLEY OOP® by Dave Graue and Jack Bender



FRANK & ERNEST® by Bob Thaves



ARLO & JANIS® by Jimmy Johnson



EK & MEEK® by Howie Schneider



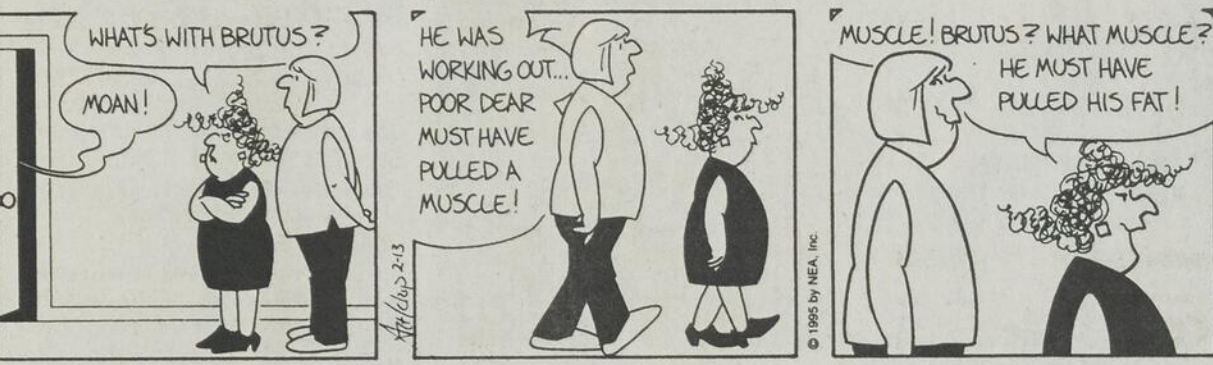
BIG NATE® by Lincoln Peirce



GRIZZWELLS® by Bill Schorr



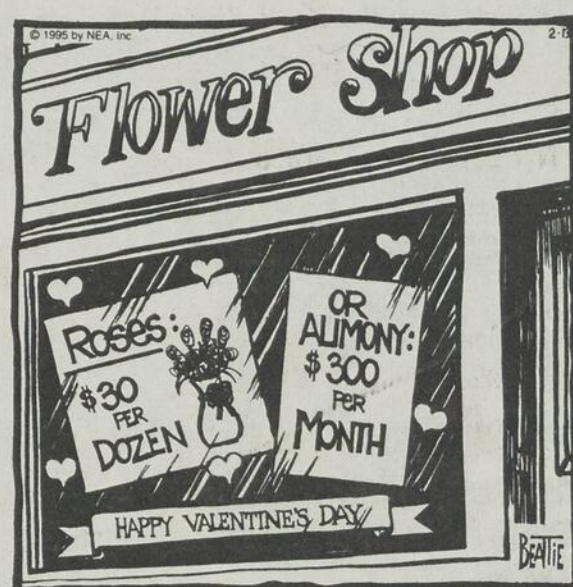
THE BORN LOSER® by Art and Chip Sansom



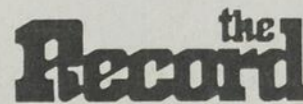
KIT 'N' CARLYLE® by Larry Wright



BEATTIE BLVD.® by Bruce Beattie



Sports



Field hockey tournament finds home at Bishop's U of T takes on cross-town rivals in Lennoxville



Bishop's (No. 14) Sherri Owen battled Toronto's Marianne Lee for the ball during quarter-final action Sunday at the Gaiter Country Classic. Toronto won the game 12-0.

By Robert Matheson

LENNOXVILLE — The University of Toronto and York University women's field hockey teams came a long way to rekindle a cross-town rivalry in the inaugural Gaiter Country Classic indoor field hockey tournament on the weekend.

Both teams left Lennoxville with medals on Sunday, but it was the U of T Varsity Blues who trounced 3-1 over the Yeowomen in the finals.

"We thought we would be in the finals against York and I think our team played very well. We deserved to win," said Beth Ali, Toronto's head coach.

Dana Anderson, a four-time All-Canadian, scored all three Blues' goals in the final. The physical therapy student scored 22 goals in Toronto's six games and was named the tournament MVP.

"It has a lot to do with how our team plays together," Anderson said of her scoring outburst.

"They make the things happen, you can't score goals if people don't pass it to you or stop it

for you. There are a lot of other people who deserve credit," she explained.

Anderson scored the only goal of the first half with a nifty shot three minutes into the game. The Blues had the majority of the chances in the half, but York goaltender Sarah Forbes kicked them all aside.

The Yeowomen lost one of their key players in the middle of the second half when Trish Bell was hit by a shot above the left eye. Bell crumpled to the floor in agony and it took several minutes before she could be moved off the court.

Bell was taken to hospital for stitches and spent the night in Lennoxville.

"I think the injury was a little demoralizing to our team," said Marina van der Merwe, York's head coach. "She's (Bell) a very good goal scorer and we've worked a lot on getting the ball to her when she's open."

Anderson put Toronto up 2-0, converting on a penalty corner with eight minutes remaining in the game. The Yeowomen finally beat Blues' goalie Alison Davies with only five minutes left in the game. Cindy Gahunia fired a penalty stroke past a diving Davies to cut it to 2-1.

Anderson quickly ruined York's short-lived comeback attempt with her third goal of the game. The Toronto sniper converted on another penalty corner a minute after Gahunia's goal gave York new life.

"We were a little short-handed and in a game that is so demanding on players it is very difficult to keep the focus sometimes," van der Merwe said.

Although her team lost and

dropped to 1-2 against their rivals in indoor games, van der Merwe was pleased with her team's performance during the two-day tournament.

Ali, a former York player, was extremely happy to beat her old coach after Toronto lost all three games to the Yeowomen during the outdoor season.

"Any time you beat the second-best team in the country you have to be happy," Ali explained.

Both coaches expressed their satisfaction with the organization of the first-ever field hockey tournament at Bishop's.

"The people here were wonderful, to be honest the organization was much like what you get at the nationals," Ali said.

Van der Merwe agreed: "The organization was very good it was a true joint effort. I've never seen so many people running around to make sure we were in good shape."

John McArthur, Bishop's field hockey coach, was extremely grateful for the amount of time and effort his crew of volunteers put into the weekend's activities.

With the help of sponsors like Subway, the Primate Bar, Pizzaville and the campus pubs, organizers were able to mix in a lot of social activities along with the high calibre competition.

"The emphasis on the social aspect was very good. I think it's important to have fun as well as good competition," Anderson said. "It gives players a chance to know each other off the court."

All of the positive feedback makes McArthur confident that there will be a second tournament next year.

Gaiters' field hockey takes on top teams Bishop's gets a taste of what's out there

By Robert Matheson

LENNOXVILLE — The Bishop's field hockey team found out it still has a ways to go to be more competitive with the established teams of the Canadian Interuniversity Athletic Union.

Bishop's went 0-4 during the first-ever Gaiter Country Classic indoor field hockey tournament on the weekend, but lost to the tournament's top two teams along the way.

"Playing teams like U of T and York, you sure find out where you stand," said John McArthur, Bishop's head coach. "We're just happy we got the chance to see how we stack up."

On Sunday, Bishop's lost 12-0 to the University of Toronto, the tournament's eventual champion. McArthur said he knew it would take a 'minor miracle' to beat the Varsity Blues, so he used his entire lineup in the

game. "They all plunked down \$75 at the start of the semester and everybody's worked really hard," he said. "So we felt we should let everybody play."

Bishop's played a lot better Saturday during the group A round robin competition, but a lack of offensive firepower did the team in.

"We were disappointed with how we played in January, but

this weekend the girl's played their hearts out," McArthur said. "We just couldn't put the ball in the net."

The Gaiters started the tournament on high, scoring the first goal in a matchup against York University, the second-ranked team in the country. Team captain Jen Lavery got the goal on a feed from Lindsay Patrick. The Yeowomen then responded with eight unanswered goals to win 8-1.

"We were really happy to score a goal against them," McArthur said. "We moved the ball really well against them, it was really our defence that broke down against York."

Bishop's lost its second game 3-1 to the Queen's Golden Gaels on Saturday. Queen's had a 2-0 lead before Adrienne Barnes converted on a penalty corner to make it 2-1, but Queen's got a late goal to sink the Gaiters.

Bishop's also lost 2-0 to McGill on Saturday to finish last in group A and draw the University of Toronto in the quarter-finals.

McArthur was happy with Bishop's performance, despite the four losses.

"Throughout the tournament our goalie, Caroline Cook, played really, really well," McArthur added. "Even though she gave up eight and 12 goals in a couple of games, she was super the whole way."



The Bishop's field hockey team posed for a group photo after hosting its first indoor tournament.

Elementary school basketball:

Winners galore at ETSB tournament

LENNOXVILLE (RM) — Even a power failure couldn't stop the Lennoxville Elementary basketball teams from sweeping the top prizes in the annual Eastern Townships School Board basketball tournament at Alexander Galt Regional High School on Friday.

Players were startled when a brief power flash left the gymnasium pitch black in the middle of a game. The tournament was delayed for about 10 minutes as the gas lamps cooled down before relighting.

Once the power returned, about 240 basketball players were back in action and vying for the boys and girls championships in both the large school and small school categories.

Lennoxville Elementary took both honors in the six-team large school division. The Lennoxville girls' "A" team defeated the Sunnyside "A" team 15-9 in the finals. The Lennoxville boys completed the sweep with an 18-8 win in the finals over Sherbrooke Elementary.

The boys' team from Pope

Memorial in Bury spoiled Ayer's Cliff Elementary's chances of sweeping the small school championships by winning the final 16-2. The Ayer's Cliff girls won their final 16-8 against North Hatley.

CONSOLATION

The Sherbrooke Elementary girls won the large schools consolation final 14-8 over the Sunnyside "B" team. Meanwhile, the Sunnyside boys won the consolation final, beating St. Francis Elementary 23-14.

North Hatley boys took consolation honors in the small school final with a narrow 26-21 win over Sawyerville. Cookshire won the girls consolation, doubling Pope 6-3.

Although neither Asbestos-Danville-Shipton team won finals on Friday, the teams gave their best effort for an overworked coach.

Galt wins Triolet AAA invitational

SHERBROOKE — The Alexander Galt senior boys basketball team won the Le Triolet AAA Invitational Tournament on Sunday with a 62-52 victory in the finals.

The Pipers beat the host team in the tournament championship game. Jono McKercher scored 20 points in the final for Galt while Brent Allanson added 13 and Adam Smith grabbed nine rebounds.

Galt advanced to Sunday's final with a 62-49 win against Iberville in the semifinals.

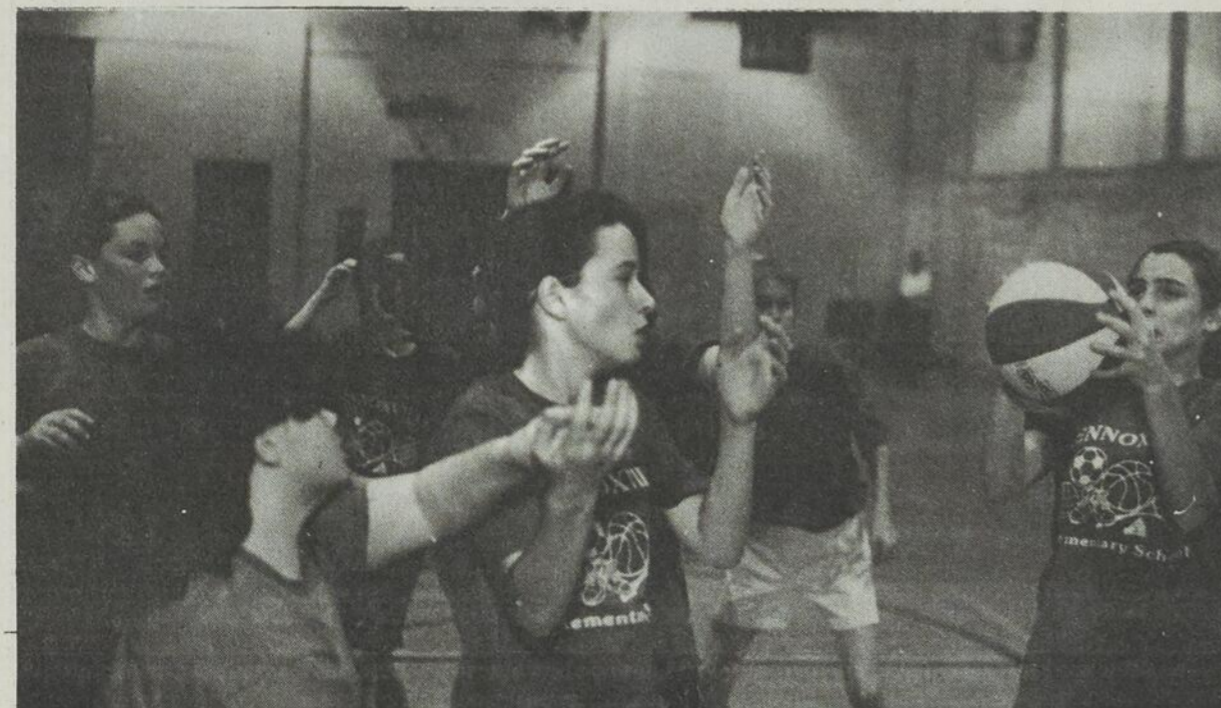
McKercher netted 27 points in the game. Steve Janidlo had 15 and Smith grabbed nine rebounds.

On Saturday the Pipers opened the tournament with a 72-36 drubbing of Charlesbourg. McKercher led Galt with 14 points, Smith had 12.

Galt also beat Beloit 76-63 on Saturday. Smith led the Pipers in that game with 21 points and McKercher had 20. Janidlo dominated the boards with 11 rebounds.



North Hatley (in white) couldn't outdo Ayer's Cliff in the girls' small-school title game.



The Lennoxville Elementary girls' team took the large-school championship at the ETSB basketball tournament on Friday.



The boys from Pope Memorial were the class of the small schools competition, downing Ayer's Cliff in the final.

Women's Institute meeting

FORDYCE — On Wednesday, February 1st, the members of the Fordyce Branch W.I. held their regular monthly meeting in Emmanuel United Church Hall, Cowansville.

President Verna Patterson welcomed everyone and especially our new member, Donna Luce, who was greeted with a round of applause as Verna presented her with one of the W.I. pens.

Verna, who had placed a large Valentine on the wall, telling us of her love for us and our Institute, hoped that we were as happy as she was, to have the opportunity to get together once again. With Charlotte Domingue at the piano, we sang "Happy Birthday" to the celebrants, Marjorie Carter, February 6 and Eunice Stowe, February 23. We were sorry, that due to ill health, Marjorie was not with us as well as Annie Lahue and Beatrice Alger. We wished them a soon return to good health.

After the Collect and the Salute to the Flag, the Motto "We may live without friends, we may live without books, but civilized man cannot live without cooks" and the Roll call, "Bring a Valentine that you plan to send to a shut-in" were answered by the members. Many of the Valentines are to go to the Veterans at Ste. Anne de Bellevue through the kindness of Eunice Stowe. Verna thanked Noella Smith and Annie Lahue for acting as the Nomination Committee for the new slate of officers, June Royea and Norma Owens for auditing the books, Evelyn Lewis for a cloth, embroidered with the W.I. crest and Fordyce Branch Women's Institute for the head table, and the hostesses, Else Syberg, Christine Molenaar, Gladys Dustin and Evelyn Lewis.

The minutes of the previous meeting were read by Secretary, Eunice Stowe and accepted. It was decided that some of the W.I. pens should be given as gifts and it would be nice if felt holders were made for them. Gertrude Barrand offered her home on March 15 at 1:15 p.m. to anyone who wished to work on them. The members voted that a Past-President Pin be purchased. This in turn would be retained by the branch as is the President Pin, to be given to a member, while in office.

President Verna Patterson then turned the meeting over to Evelyn Lewis, County President, for the installation of the new officers. Following the singing of O Canada and Opening Ode, the service continued in form. The officers are: Past President, Verna Patterson; President, June Royea; 1st Vice, Irene Williams; 2nd Vice, Mary McClure; Secretary, Eunice Stowe; Treasurer, Gertrude Barrand; Correspondence Secretary, Norma Sherer; Convenors — Agriculture, Bernice Thomas; Canadian Industries, Christine Molenaar; Citizenship and Legislation, Kathleen Paquette; Education and Cultural, Activities, Charlotte Domingue; Home Economics and Health, Verna Patterson; International Affairs, Norma Owens; Safety, Esther Mason; Environment and Publicity, Evelyn Lewis; Social, Sunshine and Pennies for Friendship, Gladys Dustin. With the exception of Norma Sherer, all were installed. After Evelyn congratulated the new slate, she escorted the new president to her chair.

President June Royea thanked the members for their confidence in electing her to her office and promised to do her very best. She then read a poem expressing the hopes and wishes for the new year. She called upon Gertrude Barrand for the Treasurer's report. It was moved that all bills be paid. Carried. The picnic area was discussed due to the paying of the tax bill. The members felt that, although it is used often by the general public, we should use it more. A suggestion was made that we should have at least one meeting there during the summer months. A new sign should be made to replace the old one. The offer was made to donate another picnic table from Gertrude Barrand.

Gisele McCallum spoke about the Memorial Fund and the need to switch to another account in order to save the monthly charges, which should prove to be a financial gain.

There were no convenors reports due to the great amount of business to be covered.

Emmanuel United Church has been gracious to allow the branch to keep a box, containing photography books, guest books, cloth, on one of the shelves.

It has been decided that we would try to have only four convenor reports each month in order that more time could be given to individual reports and still have time for discussions on other subjects.

Delegates appointed to attend County meeting, March 23 in Dunham were Verna Patterson and Norma Owens, and the Provincial meeting in May at Macdonald College were Margaret Bell and Gladys Dustin.

Poems were read by the following: "Mistakes", Gladys Dustin; "Qualifications for a W.I. Secretary", Esther Mason; "W.I. President", Evelyn Lewis; and "Belonging to the W.I.", June Royea.

Besides tea money and Pennies for Friendship, the members gave their one dollar donation each to Bob the Beaver for 1995.

The members were reminded to bring a dozen cookies to the March meeting in order that plates can be made up to deliver to our shut-in members and other friends.

Don't be surprised to see the members sporting attractively tied scarves after the excellent teaching demonstration that Verna Patterson gave. Verna, noted for her scarves and how much they add to her outfits, now has us all enthusiastic to try and copy her. Hope that we can have the same success.

As there was no other business, Founder's Day will be held on February 22 at noon with a pot luck luncheon, followed with cards etc. The meeting was closed, allowing the members to partake of the tasty refreshments, which were placed on an attractive Valentine theme tablecloth, belonging to Else Syberg, centered with a beautiful bouquet of red carnations, a gift from Christine Molenaar, which were to be delivered to some members following the meeting. The hostesses appreciated that so many of the members helped with the tidying up so that we could all soon be on our way home.

Frozen shoulder may require surgery

By Peter H. Gott, M.D.

DEAR DR. GOTT: I suffer from a frozen shoulder. I've had a cortisone shot, prednisone pills, physical therapy, and still suffer from the immobility. What's left to try?

DEAR READER: Surgery. If you have run the gamut of medicine and physical therapy (as you seem to have), surgical release and repair may be your remaining option.

Frozen shoulder has many causes, ranging from tendon inflammation to injuries. The common component is severe pain on motion. Thus, for comfort, patients stop moving their shoulders, which gradually become more and more immobile, as scar tissue forms and tissues around the joint contract. Eventually, the shoulder cannot be moved, even passively.

In most cases, physical therapy (using hot packs, massage, gentle range-of-motion exercises, and ultrasound) suffices to limber up the shoulder and prevent ongoing disability.

However, in some instances where this therapy fails, reparative surgery may be necessary. Ask your doctor to refer you to an orthopedic specialist for another opinion.

DEAR DR. GOTT: In 1980, I underwent mitral valve replacement and have been on a number of medications since. It seems that each time my medication is changed, it is because the one I was taking lost its effectiveness. I'm presently on Cordarone, and my internist is disturbed because of possible side effects. I've only experienced one episode of atrial fibrillation that lasted about 12 hours on this and wonder if the effectiveness is worth the possible risks.

DEAR READER: This is a difficult question that, in my opinion, can be answered by obtaining a second opinion from a cardiologist.

Mitral valve disease is often associated with bursts of irregular and/or rapid pulse. Because such arrhythmias can cause heart failure and other complications, most doctors choose to prescribe medicines, such as Cordarone, to prevent them.

However, as you've discovered, these drugs may have side effects. Cordarone is no exception; it can lead to lung and liver toxicity, among other complications. Thus, the trick is to balance the risks of arrhythmia against the hazards of the medications.

Cordarone is recommended only for "life-threatening arrhythmias," hence, other drugs — such as calcium-channel blockers (which are safer) — may be more appropriate. The cardiologist can help you decide which medicine is best

suited to your particular problem.

To give you more information, I am sending you a free copy of my Health Report "Understanding Heart Disease." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: In my work as a clinical psychologist, I've recently been made aware of a disability resulting from back surgery known as cauda equina. Do you have any information on this, or know where I can obtain information? Are there support groups available?

DEAR READER: At the bottom of the spine, the nerves splay out in a pattern similar to a horse's tail (cauda equina). Damage to one or more of these nerves (from injury, surgery or ruptured discs) causes the cauda equina syndrome: leg pain, sexual dysfunction and loss of sphincter control. This situation can be serious unless the pressure on the nerves can be surgically released.

You can obtain more information about this uncommon disorder from a medical library, a medical textbook, a neurosurgeon, or an orthopedic surgeon.

I am not aware of any support groups for this affliction, but would welcome any information that readers might supply.

DEAR DR. GOTT: I suffer from reflux and hiatal hernia, causing burning and pressure in my stomach. Further, there's pain in my back under my shoulder blades that circles my entire rib cage. Along with the pain, there's shortness of breath, my hands and feet tingle and sometimes go numb. I don't know if any of my problems are related, but I sure could use more relief than I'm currently getting. Pepcid has helped reduce the acid in my stomach, but the rib pain continues.

DEAR READER: Reflux (with or without hiatal hernia) is a common gastrointestinal condition caused by backwash of irritating stomach acid into the delicate and sensitive lower esophagus, leading to gas, heartburn and indigestion. Sometimes the pain radiates to the back and can cause other symptoms, such as cough, shortness of breath and similar consequences.

While Pepcid is appropriate therapy for reflux, it may not be strong enough in your case. Ask your doctor to prescribe Prilosec; this may do the trick.

If, within a week or two, you're not better, you will have to undergo further testing, such as chest X-ray, stress test (to check your heart) and

endoscopy (during which a gastroenterologist examines your upper digestive tract).

DEAR DR. GOTT: I suffer from headaches that occur as many as six times a day. It's a rare day when I don't have any. This has been going on for several years with the frequency increasing. They are not of the severity of a migraine but certainly have me concerned. I've seen several neurologists, had CT scans, an MRI, and have been tested for everything else anyone can think of. Cafergot has given some relief but doesn't prevent them from occurring. Is a headache clinic appropriate for me?

DEAR READER: Yes, it is. And many large hospitals have such a resource: specifically, specialists who are trained in the diagnosis and management of various types of headache.

However, you have several other options, one of which is an attempt to prevent your headaches.

For example, if you are experiencing vascular headaches (pounding, severe) or migraine (often preceded by visual abnormalities), the use of beta-blocker medication — such as Inderal — may help. Ask your doctor about this. Although the medicine is by prescription only, he may agree to a trial of low-dose therapy as a preventative.

In addition, some authorities recommend calcium-channel blockers, such as verapamil, for the same purpose.

Also, sumatriptan (a medicine you inject yourself at the first sign of a headache) may be beneficial.

Finally, stress counseling, hypnosis, acupuncture, and dietary modification (for example, avoiding cheese) have all been shown to possess some value in alleviating or preventing headaches.

Headache clinics certainly help many patients with recurring or resistant headaches. But you may want to consider my suggestions as well.

To give you more information, I am sending you a free copy of my Health Report "Headaches." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: Recently I've been experiencing dizzy spells immediately followed by a numbing sensation in my mouth, as though I'd received a sudden shot of Novocaine. What's the cause?

DEAR READER: The symptoms you describe suggest a circulatory disturbance. Often, when inadequate blood reaches the brain, numbness and tingling in a part of the body may

result, due to inadequate oxygen supply to nerves. For example, a sudden drop in blood pressure can cause lightheadedness, so if you're taking medication for hypertension, your doctor may wish to reduce the dose.

Also, little blood clots in the brain, termed "transient ischemic attacks," will cause similar symptoms, only to disappear in a matter of minutes or hours.

You should bring your "spells" to your doctor's attention. In my opinion, you need a check-up and, probably, an electrocardiogram and blood tests.

DEAR DR. GOTT: In treating arthritis, folk medicine prescribes two spoonfuls of apple cider vinegar and two of honey in a glass of water at each meal, sipped like coffee. Do you approve of this prescription?

DEAR READER: No, I don't, because there are more effective remedies, such as aspirin, ibuprofen and a host of prescription drugs. Nonetheless, vinegar and honey will not harm you.

DEAR DR. GOTT: I have a gas problem that has become a great embarrassment to me. I work in an office and for a long while now; no matter what I eat, I pass gas shortly thereafter. And it goes on all day. What can I do, eat or take to prevent this?

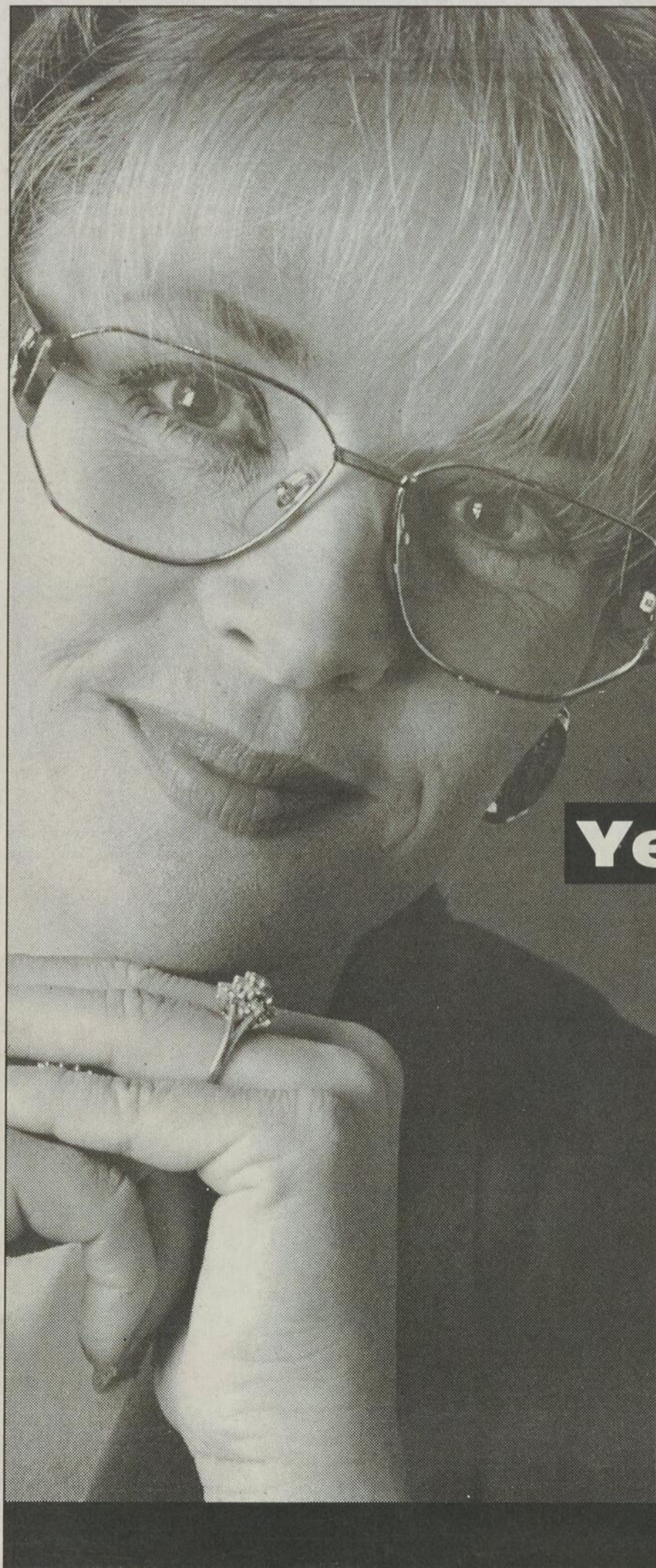
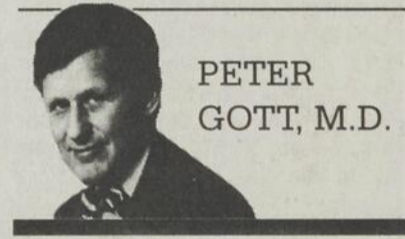
DEAR READER: Intestinal gas is a common problem that is usually caused by improper eating habits (swallowing without chewing thoroughly, eating too fast), dietary factors (such as beans, legumes and the like), carbonated beverages and the inadvertent swallowing of air. Patients with an inability to digest lactose (milk-sugar) often complain of excess gas after consuming milk products, unless these products use pre-digested milk, such as Lactaid.

Try altering your eating habits. Avoid foods that you have found worsen the gas. Take Gas-X, an over-the-counter anti-gas product.

Finally, if these suggestions are ineffective, see a gastroenterologist, who will check your digestion by using certain blood tests, breath analyses and X-ray examinations.

DR. GOTT

PETER
GOTT, M.D.



RRSPs

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Note: Desjardins Investment Funds and Permanent Shares are offered at any participating caisse through les Services d'investissement Truisto Desjardins inc. The Self-Directed RRSP is offered through Valeurs Mobilières Desjardins.

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