

The Townships Sun

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Quebec Community
Newspaper Association



July 1992

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New De-inking Plant in the Townships

by Marion Greenlay

Recycling! Recycling! This is a word many of us are beginning to dislike. We turn our homes into mini recycling depots — newspapers in one bag, plastic containers in another bag, glass bottles in a box. All waiting until we have a chance to take it to one of the recycling depots. Then, we hear rumors that it winds up in the garbage dump anyway. It can get very discouraging.

But take heart! Kruger Inc. opened its new de-inking plant in Bromptonville, Quebec, on June 12th. With pride and pleasure they invited guests and the media to the official opening and a plant tour.

The waste paper warehouse holds 3600 tons of baled paper — enough for 20 days of production. This 180 tons per day, in a mixture of 70% newspaper and 30% magazine, yields 150 tons of pulp and 30 tons of sludge.

The de-inking process itself uses a washing — flotation — dispersion program —

a European concept. A fully automated system, the conveyor brings the paper to a pulper. Once it is reduced to a pulp it goes through several screenings to remove large contaminants, then passes to the flotation cells vats. This is where the majority of the ink is removed. The ink sticks to air bubbles in the water. From here the pulp goes through more screenings and on to the washer where very small particles are removed. All the water used in the flotation cells and the washers is cleaned and reused to minimize fresh water consumption, and is cleaned again before it is returned to the river. Before the pulp is transferred to the mill via overhead pipes, it is stored in a high consistency chest, which holds enough for 8 hours of production. From here it and then passes through a disperger where any remaining tiny contaminants are reduced to particles invisible to the naked eye.

This pulp will supply both Bromptonville and Trois Rivières newsprint mills. 50% of the scrap paper used will come from Quebec recyclers — 50% comes from a Kruger owned recuperation and sorting center in Albany, New York. At present there is still a very large quantity of waste paper in storage warehouses waiting to be used.

What to do with the sludge is a problem not yet solved. Each de-inking plant is responsible for the disposal of its own sludge. Kruger, Bromptonville, has the capacity to store it for one year, but also has permission to send it to a landfill site in the Val François district. There are several groups studying possible uses for the sludge. The first step is a chemical analysis. One area is using it as part of a mixture to spread on the shoulder of paved roads. Also under study is a way to compost it, and add it to fertilizers. More news about these studies will be publicized later.



Greg Stevenson rowing at Elk Lake, British Columbia.

North Hatley Native to Compete in Olympics

Gregory Stevenson, a native of North Hatley, is the first Quebec man to qualify for the Canadian Olympic rowing team. He will be in the stroke position in the men's four without coxswain this summer in Barcelona.

Stevenson recently returned from an international rowing competition in Essen, Germany, where he placed fourth among twenty-one countries in the four man competition. The fourth place finish gave him final qualification for participating in this summer's Olympics. Last November during the Olympic Speed Orders in Victoria, B. C., he placed seventh in the pairs among Canadian rowers, which advanced him past the first selection process for the Olympic team.

His experience in competition includes placing first in the 1991 Canadian Nationals in the eight man boat, as well as winning a bronze medal at the US Nationals and the Pan American Games, both held last year.

Stevenson, 23, is 6'7" and weighs 210 pounds. He has been training in British Columbia since September 1991 with the Canadian National

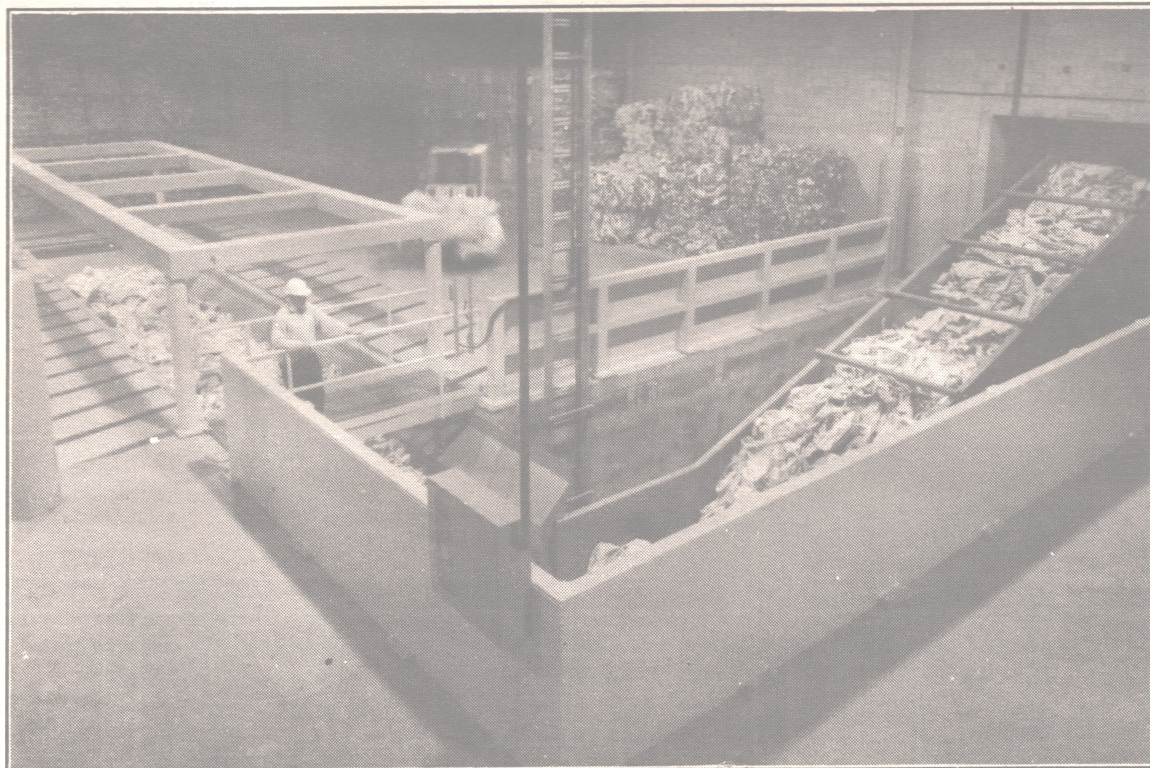
Team.

Greg was born in Sherbrooke, grew up in North Hatley and attended school at North Hatley Elementary and Bishop's College School in Lennoxville. He completed his studies at Marianopolis College and McGill University, where he graduated with a B.A. in Management in 1991. He has been a member of the Montreal Rowing Club since 1990 when he began rowing there while studying at McGill.

Greg is the son of Ken Stevenson of North Hatley and Barbara Verity of West Hatley and the grandson of Ernest Stevenson of Drummondville and Gisèle Aubin Stevenson of Sherbrooke and the late Norman and Christena Verity of Montreal.

**Celebrate
Canada Day**

**Bury
Hatley
Knowlton
Rock Island**



Incoming bales of used newspapers mount the conveyor on the first stage to becoming new newspapers

For you — about you — but we can't do it without you

Editorial

As we approach Canada Day, our Constitutional stew is cooking slowly to a point where someone has to say we're done. Each of the provinces have extolled the virtues of their position on issues and each has listened to the others. Somehow they have agreed while still disagreeing. An offer will be made to Quebec.

Is that all the other nine provinces think this exercise is? Don't they realize that they are also asking for changes that they want? It seems that because Quebec wanted what they perceived as something different, they don't realize that they are also asking to change the basic structure of Canada as it is now.

This is as it should be. Canada's problem is that the governments the people elect are more concerned, as a rule with economic policy and making laws that are supposed to be better, or maybe just different, from what was in place when the latest crew was elected. Granted much of this is supposed to keep Canada up to date with changing

realities.

So why, when changing realities dictate that the basic structure be changed in some way, do these elected bodies choose to ignore the issues? Canadian governments have chosen to ignore native land claims for a long time. It seems unreasonable to expect that they could be ignored forever. Yet each government has passed them on to the next as much as possible, only a crisis seemed to be able to make them act. Then they did only what was necessary to settle that one issue. Like firemen fighting brushfires, but ignoring the question of prevention.

This government was no different. Until it became clear that if they were not to be responsible for the breakup of the country they must do something, they did, maybe not nothing, but as little as possible. The constitution that we have has been in place over a decade now. No attempt has ever been made to bring to the provinces any changes to it. Is it really so badly written that changes cannot be made? Many of the things that

Quebec and other provinces want could have been dealt with one at a time in the past ten years. Why not? Is the day to day running of our country so onerous that no time can be allocated to rather nebulous and irritating things that everyone seems to understand must be done eventually?

While all this is swirling around us and the Natinal Assembly can't make up their minds which day is Canada's birthday (they finally have, it will be July 1st), groups have quietly gone about making their plans for the day.

Under all the fuss and feathers of government is the real thing — the people.

Canada Day this year will pass like many others. Celebrations will be held by those who care and trouble will be done by those who resent. Through it all the people will be what they have always been. Neighbours will greet neighbours, old friends will meet, those who have gone away will return and all will be thankful for the good fellowship.

Happy Canada Day!

Patricia Ball

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Letters to the Editor

Dear Editor,

Cheque enclosed for renewal of the best or next best local English newspaper in the area, always something new or something old that we had forgotten.

I celebrated my 93rd anniversary on the 16th of May. Most of my six children were here to help me celebrate.

I want to thank Nathalie Belanger and Patricia Ball for the nice write up in the paper. I am living in Granby with my daughter Marguerite Blair.

My health is quite good. I am enrolled in a correspondence course: Gerontology, Growing old. I do not have to study. I have lived the experience.

Health and happiness to everyone.

Zeph Rousseau

S. Badger,

I am writing you to congratulate you on your articulate, informative and well-researched article about the Border Villages in the latest Townships Sun.

However, a point in your essay puzzles me. You mention a fire that destroys many papers and correspondence dealing "unfortunately" with "strong drink". Questions arise as to what particular "strong drink" is mentioned exactly? Was this "strong drink" being smuggled across

the Border? And why is it so "unfortunate" that this correspondence dealt with said "strong drink" Eh?

I hope you can help answer these intriguing questions raised in your article. Again I wish to congratulate you on a good piece of historical work.

Yours truly,

From a long time liquor smuggler (which is why I must remain anonymous, you can understand) in the Border area, and ardent fan of the "strong drink"!

Fly our Flag



AD WARNING

Have You Seen This Ad?

Seamstress/Knitters Wanted. Full/part-time home-work! Up to 400 weekly! Send self-addressed/stamped envelope: HCA Enterprises, PO Square One, Box 2011, Mississauga, Ontario L5B 3C6

Madelaine Laporte, an investigator with Consumer & Corporate Affairs' Marketing Practices Branch, has said that "one should never pay for employment".

In the case of this ad, when readers have sent their self-addressed, stamped envelope a reply was sent to them requesting money (for the starter kit or something like that). When readers (in this case two women in the Eastern Townships) sent their money, their cheques were cashed, but they received no further correspondence and have been unable to reach the company. QCNA, the Quebec Community Newspapers Association has also unsuccessfully tried to reach the company.

Ms. Laporte warns that people should never pay for work.

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Non-business want ads are free to subscribers.

The Townships Sun welcomes manuscripts, letters and anecdotes. Material should be double-spaced, have a telephone number included and be addressed to the Editor. Material accepted is subject to editing and revision. While all reasonable care is taken, we accept no responsibility for loss or damage to unsolicited material. Unsolicited manuscripts will not be returned unless accompanied by a stamped, self-addressed envelope.

Notes ... Notes ... Notes ...

Sherbrooke Cleans Water Pipes

Sherbrooke Public Works advises that beginning June 1 for a period of 12 weeks, the aqueducts will receive their annual cleaning. This may result in reduced water pressure, and the necessity to boil the water in the coming weeks.

Farnham Resident Wins Volunteer Award

M. Anicet Tessier of Farnham has won the Canada Volunteer Award for 1992. After forty-two years of teaching, M. Tessier has devoted himself to volunteer activities for the past twelve years. He has been active in organizing senior citizens, and has transformed an old public market into a home for the club. He works with the CLSC, as well as organizing community activities. Congratulations, M. Tessier!

Magazines needed

The volunteer organization at CHU is looking for recent magazines to distribute to patients and outpatient clinics. Please call room 2530 at the CHU.

St. Francis Community Groups Receive 218 880 \$

Monique Gagnon-Tremblay, MLA for St. Francis, has announced grants amounting to 218 880 \$ for community groups such as the Lennoxville & District Women's Centre, Moisson-Estrie, and the Hypoglycemics Association of Estrie.

Canadian Association of Retired Persons

Incorporated in 1976 to provide economic and social benefits to people over the age of 50 who are Canadian citizens, C.A.R.P. provides reduced group rates for many types of insurance, an affinity credit card program for reduced interest rates and subsidized bank services, as well as sponsoring programs in employment, health care, housing, and research in Gerontology. The \$10 per year membership, for individual or married couple, helps C.A.R.P. work towards improving the quality of life of Canadians over the age of 50.

Bed & Breakfast enthusiasts will find friendly C.A.R.P. members who open their homes to other members. There are discounts on cruises, reverse mortgages, low car rental rates and other benefits from membership.

C.A.R.P.'s goals for the future include promotion of research into the development

of new drugs aimed at geriatric diseases, extension of the term of registered retirement funds to age 100 instead of age 90, development of facilities in urban centres for physiological and psychological assessments of people over 50, prevention of legislation to introduce wealth or estate taxation, programs and seminars in investment and estate planning, initiatives in housing, and implementation of an association with a major private company to provide extensive personal health care services.

For information, write C.A.R.P., 27 Queen Street East, Suite 1304, Toronto, Ontario M5C 2M6.

Self-Sufficiency among Individuals on Social Assistance

The Minister of Employment and Immigration, Bernard Valcourt, has announced a voluntary research project to develop a new mechanism for enabling some social assistance recipients to enter the labour market and achieve self-sufficiency.

The project, which has been allocated about \$50 million, was developed jointly by the Federal Government and the Governments of New Brunswick and British Columbia. It will be run simultaneously in these two provinces. Advisory groups comprising members of business, labour and education also collaborated on the project.

Participants will receive earnings supplements for up to three years and will not receive social assistance benefits while they are earning these supplements. The premise is that work experience and on-the-job training workers will lead to wage increases. The project will help eligible recipients to improve their earning potential in their transition from social assistance to self-sufficiency.

For information, contact Justin de Beaucamp, Press Secretary to Minister Valcourt's office at [819] 994-2482, or Dr. Louise Bourgault, Director General, Innovations, Employment & Immigration Canada at [819] 953-1832.

Solution Line

A bilingual phone line is available, in the Magog-Orford area, for people with stress, burnout, alcoholism, drugs, depression, personal and relationship problems. Call [819] 868-0704.

More Heartworm Testing Needed for Dogs

A recent scientific study

of 360 Quebec animal hospitals reveals that only 6 percent of dogs are on a heartworm preventive program as opposed to 25 percent in Ontario. Only 41,596 dogs of approximately 600,000 Quebec dogs were tested for heartworm and placed on preventive medication. The disease is spread by mosquitos, and one infected animal may be the source of infection for many dogs. Autopsies done on 73 coyotes found in the

Eastern Townships revealed that 10 percent were infected with heartworm. The infection in wild animals is a much more reliable indicator of the presence of heartworm in Quebec.

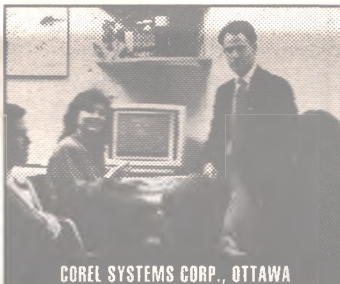
The most important part of preventing the spread of heartworm disease is for the dog-owning public to become educated about the dangers of the infection and the importance of testing and treating their dogs.



When Canadians work together we can take on the world and win.

To succeed in today's world, Canadians must be able to compete because our jobs directly depend on it. Preparing ourselves through training will help us to compete and secure the prosperity we want for ourselves and our children.

We have to invest in ourselves and be a country that says ... yes we can.



This Ontario company has captured 50% of the world market with CorelDraw, a software graphics program for IBM and compatibles. It exports 90% of its products to Europe and the U.S. and attributes Free Trade to the fact that it can operate so successfully from Canada, using Canadian talent and initiative.

Yes we can. We've got the proof.

Canadians are succeeding every day. Many individual and business successes exist... with real benefits for individuals, the communities they live in and for Canadian industry.

Hundreds of Canadian companies are achieving remarkable international success. They're creating jobs, developing new skills and opportunities for thousands of Canadians and creating markets around the world for Canadian products.



COMMUNITY TALKS

The Prosperity Initiative's Steering Group is developing a consensus-based plan of action to be presented to Canadians in September. Canadians told us that they wanted to participate in developing this plan of action. We listened...

Through a series of "Community Talks", thousands of people in 186 communities across Canada have contributed their ideas. They talked about how to address the challenges and opportunities facing us all in the areas of competitiveness and learning. They talked about how to maintain our standard of living and secure our economic future. They concluded that all of us have to play a part...and the government is listening.

Yes we can. We've got the ability to build on our successes.

We have a history of working in co-operation with others for world-class achievements in peacekeeping, medicine and space exploration. Now, with business, labour, governments, academic and social groups working together, we can achieve prosperity through international competitiveness. But there is one more critical factor: Canada's ultimate potential depends on the commitment of individual Canadians to being the best.



"I had to make a decision to change careers. I chose to go into computer programming and part of my course was on-the-job training at BC Tel where I now work as a programmer analyst. Training really opened up a promising future for me in a fascinating industry!"

Yes we can. We've got the people.

It's time to focus our energies on our most important economic challenge yet ... and prepare ourselves for a more prosperous future.

Yes, we can!

Canada

Events ... Events ... Events ...**Hatley Public Library Book Fair and Art Auction**

On July 1, a Book Fair and Art Auction will be held at the Hatley Town Hall, at 2:00 p.m., to benefit the Hatley Public Library.

Normand Hudon, caricaturist and leading painter of Quebec scenes, will be autographing his latest book on art.

Seniors Summer Picnic

A Seniors summer picnic has been planned for July 8th in Hatley. It's open to clubs and interested seniors with a no charge deal. You can bring your picnic lunch or you will be able to purchase a meal should we know in time enough to plan for it. The affair will be one of ten a.m. to three p.m. time limit and will consist of organized entertainment plus the fellowship thrown in. George Jobel in Hatley is the one to contact at [819] 838-5712. This is a trial run and if it works we can plan for another year. Think about it. We'll have shelter if it rains.

Martin Exhibition at Brome

There will be an exhibition of paintings by Mary Martin at the Brome County Historical Society Museum in Knowlton from June 27th to July 5th, 10:00 a.m. to 5:00 p.m. daily. This will be the twelfth consecutive year that Martin's paintings have been shown at the museum. About forty-five watercolours and twenty-five oils will be displayed.

Townshippers' Day, Richmond

September 19, Townshippers' Day 1992 will be held in Richmond. Two hundred years of common ground will be celebrated with the slogan, "Sharing the past, sharing the future!". 1992 marks the bicentenary of the settlement of the Eastern Townships, where French and English cultures, among others, but have prospered together.

The day's main events will be held at Richmond Regional High School and St. Francis Elementary School. A steam engine and shuttle bus will convey participants between locations and to tour the former railroad town of Richmond, and the quaint village of Melbourne just across the river.

The Piggery's Emily Lebaron Gallery

This summer, the Gallery will feature the watercolours of three Townshippers, Sandra Taylor Maclean, Dale Mills and Sarah Ivory. The pottery of Township artist, Lucy Doheny, will be available in the gift shop.

The vernissage of Watercolours by Sandra Taylor Maclean and Dale Mills takes place during Gala Opening Night, June 26, and continues through July 25.

The watercolours of Sarah Ivory will be on display August 1 - 30.

Concerts at Place de la Cité

Noontime concerts are held at Place de la Cité, behind the new Court House on King Street, every Wednesday, Thursday and Friday from 12:15 to 1:00 p.m.:

July 1, Taki-Wasi — Latin American music; July 2, 3, Bopin Blues Band — Blues; July 8, Groupe Ti-Kabzi — Haitian music; July 9, Taki Wasi — Latin American music; July 10, Groupe Ti-Kabzi — Haitian music; July 15, Michel Cote et Vincent Desmarais — electro-acoustique; July 16, Le Groupe O.P.I. — retro-rock; July 17, New Orleans Express — Dixie jazz; July 22, Noir et blanc - popular; July 23, Sandra Brassard and Pleine-Lune — popular; July 24, Noir et blanc — popular; July 29, Synapse — jazz; July 30, New Orleans Express — Dixie jazz; July 31, Synapse — popular.

Now is the Time!

by Michel Thibault

As everyone knows by now, 1992 is the two hundredth anniversary of the opening of the Eastern Townships to settlement: as good an excuse as any to take a good long look at our roots. The fact is that we can't really know who we are if we don't know who and where we've been. In these mind-bogglingly changeable times, we need this kind of self-knowledge more than ever.

The bad news is that the passing on of genealogical knowledge has reached a critical stage. The break-up of traditional family structures and the general mobility of the population have already loosened the "ties that bound" considerably. Moreover, the physical removal of the civil registry from Sherbrooke to Quebec City (due to begin in September 1992) as well as severely limited access to it, are going to make genealogical

research extremely difficult for coming generations. In fact, it's already difficult enough, for the non-Catholic church records traditionally contain any amount of significant genealogical information.

Briefly stated, if we do not all do our part to preserve what remains of our family history as passed on by word-of-mouth, it will soon be lost forever.

What needs to be done?

1. Write down everything you know about your family (in all its branches): full names and nicknames, dates and places of birth, marriage and death, religious affiliation, occupations, etc.

2. Send copies of your work (at least the basics) to the Eastern Townships Genealogical Society, P.B. 635, Sherbrooke, Qc J1H 5K5. They will keep this knowledge on file indefinitely, so that your descendants and relatives will be able to find it

years from now. It would also be a very good idea to send copies to local historical society archives, as well as to any of the more remote branches of your family.

A great way to get started would be to come to Heritage Weekend in Bury, on June 27-28. A group of volunteers from the Eastern Townships Genealogical Society and others will be on hand on Sunday the 28th to record the family traditions you already know of and maybe help you find out a bit more about those precious roots. If you really can't make it to Bury, you can always come to the Society's new quarters in the old Sherbrooke Post Office/Library building at 275 Dufferin Street — [819] 821-5414. Opening hours are: Monday to Saturday: 1:00 p.m. to 5:00 p.m. Wednesday evening: 7:00 p.m. to 10:00 p.m.



Air Canada will help close to 37,000 Canadian youths travel throughout their country this summer as part of a special program for Canada's 125th birthday celebrations.

Voyageurs Canada '92 offers 125 young people, between the ages of 16 and 21, in each of the 295 federal constituencies, reciprocal exchanges to a riding that has been twinned with their own. The program, administered by the Secretary of State, is designed to promote greater understanding among Canadians.

"Air Canada is pleased to support this worthy effort, which promotes national unity at a time when this country needs it most," says Claude I. Taylor, Chairman of the Board of Air Canada.

"Air Canada's participation in Voyageurs Canada '92 will make it possible for many young Canadians to benefit from a greater awareness and understanding of people in other parts of Canada," says Secretary of State Robert de Cotret. "It is an indication of the kind of support that exists for Canadian unity and for Canada's young people."

As part of the program, the airline will offer as many as 36,875 return trips. The Secretary of State will cover the airline's incremental costs and overhead expenses by contributing a total of \$3.5 million. However, the true market value for the entire program's travel could be four or five times higher than that figure.

"Our country's future lies

with our young people," adds Taylor. "We welcome the opportunity to help them appreciate the vastness, the beauty and the inherent strength of a united Canada."

The program will run between May and November 15th, 1992.

Voyageurs Canada '92

Air Canada bid bon voyage to 1992's first Voyageurs on June 2nd. The airline and its connector carriers, Air Nova, Air Ontario, Air Alliance, Air BC and NWT air, will transport the first of 37,000 young travellers to regions all over Canada, kicking off the largest youth exchange program in the country's history.

Claude I. Taylor, Chairman of the Board of Air Canada, and the Honourable Robert R. de Cotret, Secretary of State of Canada, sent off a group of Quebec youths June 2nd at Dorval Airport.

The young travellers will visit MP James Fulton's riding of Skeena, British Columbia, for one week.

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A Walk Through the Past in Sherbrooke

by S. Badger

I was asking around to find someone from Sherbrooke to interview when all roads led to Florence Wark. She got a good laugh out of talking about her days growing up in Sherbrooke. Florence will be 91 in October. She was born in 1901 at her parents home at the corner of Bowen Avenue South and Chalifoux Street.

When Chalifoux Street was widened from the top all the way down to Bowen Avenue, Florence remembers her brick home which was "nice and had hardwood floors," was sold and moved up on King Street East. Florence ran down Bowen Avenue that midnight to watch the house be carried away on a flat.

Florence's father, J. H. Bryant was born in East Angus, his parents ran a boarding house. John Bryant started J. H. Bryant Bottling Works in 1896. This was first located on Depot Street beside the Sherbrooke House, then moved down to where Au Bon Marché Warehouse is now. You can still see some of the painted sign on the outside wall of the building. 'Aronic', described as nerve food on the sign, was a favourite of both young and old in those days. Florence says it tasted something like root beer; also on the sign that which we will all remember, Bull's Head Gingle!

Florence's father married Ida Wearne. Ida's mother came from Devonshire, England and her father from the most southwestern tip of England, Cornwall.



Mrs. Florence Wark, with The Reverend Dean Ross, taken on the occasion of her eighty-ninth birthday

which is now the Royal Canadian Legion Hall on Bowen Avenue. She says, "my mother didn't believe in sending me there too young," so she started grade one at the age of seven. Then off to grade seven at the Sherbrooke High School on Portland Avenue which was where the Mitchell School is now. Florence would walk with her brothers and friends almost two miles, one way, to school in the morning, back home for dinner, back to school and back home after school. It's a good thing after all that trekking that her only chores were "wiping the dishes"! In the winter the kids would bundle up in sweaters,

and organist. She took lessons with various teachers.

Her mother had an electric and a gas stove. To do the laundry, Florence remembers, as I asked, the large copper, oval tub was placed over two burners to boil the laundry. Soap was sliced off the bar and put into the vat. They also had scrub boards in her younger days. She said one of her brothers was "forever busting out of his trousers" so "mother was forever mending!"

"We used to go to the market every Friday morning," Florence recalls. It was the Lansdowne Market, set just a bit back from King Street on the north side of the Aylmer Bridge, on its west side. Across the street was the Fire Station. At the market there were many butcher stands including Hovey's, Ames' and Lemay's. Florence remembers the large place and walking into the part where the farmers came in to prepare the displays and sell.

Florence's father had two business horses in the stable behind the family home. Each one would pull its own delivery cart at work. Employees would get the horses ready for work, and J. H. would walk to work.

Florence learned to drive on her parents seven-passenger Studebaker. She had her licence for five years. She chuckles, "they insisted I learn to drive. I used to take the folks to the movies and park the car" at the Premier Theatre, located where the Maison de Cinéma is now on King Street. She remembers having to take the water out of

the radiator in the winter!

Florence remembers also going up to Victoria Park to have picnic lunches with her family. Across Park Street was the old Sherbrooke Hospital, where she also remembers visiting on a few occasions. People would also flock to Portland Square in front of the old high school to hear bands on the bandstand and eat popcorn.

In the neighborhood below the Church of the Advent property on Lawford Lane, Florence remembers the Bunclark family, the Gray family, and Gibb's Home, run by Mr. Tom Keeley. He would go to England to bring back orphaned boys who were all around the age of fourteen to work and stay on farms in the Townships.

Florence didn't know it at the time, but when she was three, up the street, at the age of seven, moved in from up on Woodward Avenue her future husband, Jim Wark. The family had previously come from "down home", way near Thetford.

Jim's father worked as an

were built up by employees of the Q.C.R.

When Florence and Jim were married, Jim worked for the British-American Oil Company and later inaugurated oil sales at the J. S. Mitchell and Company Store. The store sold coal before that. Mitchell's was a large hardware store on Wellington Street North not far from Wiggett's Shoe Store.

Before Florence was married in her twenties she "accommodated" the Church of the Advent on Bowen Avenue with her vibrant, angelic sounding, organ playing. A grand memory for all. She upheld her melodic career there until last November at age ninety! The first organ she played there was a reed organ, with the foot pumps. When Florence's children were young, Doris Price took over for a while, and later Florence's daughter, Barbara, was also an organist at the church for a while.

Florence also remembers her uncle, Frank Nutter, and her aunt living where the Hôtel Dieu Hospital is now. The



The old East Ward School looks down on Bowen South from high atop a bank

engineer for the Quebec Central Railway. The Round House was located off of Bowen South, up past Galt Street, down by the river. Engines and parts would be repaired there. Most of Woodward and Bowen Avenues

house is still there, but has been moved down a bit. They built their daughters a playhouse which turned out to be the size of a real house. Florence said, "I've never seen anything like that before, have you?"



The Church of the Advent, Bowen Street, South, Sherbrooke

Florence, the youngest, grew up with three brothers: Guy, Albert and Clifford. The three brothers all worked at the Bottling Works after their schooling and college.

Florence went up to grade six at the East Ward School

hat, mitts, leggings and a good heavy winter coat. This was a good thing because Sherbrooke was and is cold, especially on the Aylmer Bridge over the Saint Francis River. Florence was, at a young age, an avid and aspiring pianist

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Cover up Under the Summer Sun

by Hugh Maynard for Mainland Press

Farmers do it; bicyclists do it; gardeners do it; as do construction workers, soccer players, lifeguards, and most of all sunbathers. They all spend time out in the sun either working or relaxing, an activity which is coming under scrutiny as the potential problems due to depletion of the ozone layer — sunburn, increased risk of skin cancer, even crop failure — reveal themselves to an unsuspecting human population.

There is no doubt about the essential role ozone plays in maintaining life under the sun's glare, but just how severe the depletion has become and what that means for life on earth is still the subject of debate.

The ozone layer is found in the stratosphere, 15 to 50 km above the earth's surface, where it acts as a filter against the different types of ultraviolet light (UV-A, -B, and -C). The less ozone in the stratosphere, the stronger the UV rays become at ground level, the more the health of many living forms is at risk.

Of particular concern to humans is the UV-B type of radiation, which reaches earth in greater quantities than the other forms and can "cause a wide variety of damage to living organisms if they are excessively exposed," according to a study by the federal Ministry of the Environment in its recently released publication, "The State of Canada's Environment."

There appears to be general agreement among scientists that the ozone layer has diminished over the last decade, but estimates of the severity vary from 4 to 10 percent. There is also agreement that human activity on earth, principally pollution of the atmosphere with chlorofluorocarbons (CFCs), has been a major contributor to ozone depletion.

CFCs are non-toxic, synthetic chemicals used as refrigerants, aerosol propellants and industrial solvents. They "attack" and destroy ozone molecules and most scientific evidence suggests that their continued use will most certainly reduce to critical levels the protection provided by the ozone layer.

Given this trend, is a depleted ozone layer responsible for the increasing rate of skin cancers and other health problems that appear to be so prevalent to-day?

Not necessarily, says David Hume of the University of Guelph, who has just completed a major review of litera-

ture related to the tolerance of plants to increased levels of UV radiation.

"It's difficult to separate hype from reality. There has been a seven percent increase in UV radiation over the last decade, of the type that would effect crops, which probably doesn't mean very much by itself," Hume says.

There are natural variations in the ozone layer, he notes, which present measuring methods are not sophisticated enough to record until some time afterward; in essence, we won't know where we stand to-day until perhaps as much as a decade has passed.

Hume cites the recent publication of UV radiation levels in newspapers as an example of unwarranted hype. The reports have suggested that current levels (early May) were equivalent to a hot day in July, playing to fears that ozone depletion was already reaching dangerous proportions.

He explains that UV levels are normally higher in spring time because this is when the ozone layer is thinnest. The so-called "holes" in the ozone layer usually occur during the cold of winter, with ozone diffusing to fill in the void as the seasons warm up. The angle of a mid-summer sun makes it feel hotter in July, but UV-B radiation levels should be higher in May, gradually declining after the summer solstice.

However, anything that can be done to protect the ozone layer from further depletion is a good thing, says Hume, because it's unpredictable what effect other by-products of consumptive habits may have on the complex mix of gases in the atmosphere.

Even though there is no direct link between the increasing rate of skin cancers and the depletion of the ozone layer, there is a correlation between exposure to UV-B radiation, sunburn, and the incidence of skin cancer. There is also some concern that previously sunburnt skin may become more susceptible to allergies, and that unprotected eyes may be more prone to cataracts.

Friends of the Earth is a national environmental group that has been campaigning for the protection of the ozone layer and they have published a pamphlet in conjunction with the Canadian Dermatology Association.

They recommend "Sunshine Safety".

Stay out of the sun, par-

ticularly between 10:00 a.m. and 3:00 p.m., when its rays are the strongest; if you must be outside, keep covered up and wear a hat and sunglasses, if possible.

Exposed areas of the skin should be covered with sunscreen that has a minimum "sun protection factor" of 15, particularly for children and fair-skinned people who are at greater risk of being sunburnt. Infants should always be shaded by an umbrella or tree.

A cloudy day is not always a guarantee of protection from UV-B radiation, as thin cloud cover will still allow significant levels through. Reflective surfaces such as sand, snow and concrete will bounce off as much as 85 per cent of the sun's damaging rays and so it is especially important to consider protective measures when at the beach or on ski trips.

Farmers still need to make hay while the sun shines, but they will have to resurrect Grandpa's old straw hat to do it. Who knows, it may start a fashion trend to dress up the necessity for safety in the sun.

Sunscreens Tested

There was a time when only blondes and redheads had to worry about burning in the sun and which sunscreen to buy. Now, health specialists say that everyone—even those who tan easily—must be careful in the sun. To help consumers choose an effective product, Protégez-Vous tested 19 brands of sunscreen lotions with a sun protection factor (SPF) equivalent to 15.

The Canadian Cancer Society recommends that adults use a lotion with an SPF of at least 15.

Sunscreens should protect you against two types of ultraviolet, or UV, radiation. UVB rays are the ones that actually burn the skin. Over-exposure to these rays can lead to skin cancer. UVA rays penetrate more deeply. They don't burn immediately but may be responsible for long-term effects, including premature wrinkling and aging and interference with the body's immune system. The effects are cumulative and they can also lead to an increased risk of skin cancer.

Among the products tested by Protégez-Vous, two were rated as best buys: **Ombrelle Lotion 15** (10¢ per mL) and **Johnson's Baby Sunblock** (7¢ per mL). Neither brand contains PABA, an ingredient to which some consumers are sensitive or allergic, and both offer very good protection against both UVA and UVB rays. The Ombrelle product is unscented, while Johnson's Baby Sunblock smells like the baby powder made by the same company. Both are classified as drugs and therefore list the ingredients as required by federal

law. Another product also provides very good protection against UVA and UVB rays: **Antoine Bain de Soleil Sport Lotion 15** (5¢ per mL). It is classified as a cosmetic, however, and does not list the ingredients. It does not contain PABA.

The test report includes other advice about how to protect your skin this summer:

•Children from 2 to 18 should use a product with an SPF of at least 25.

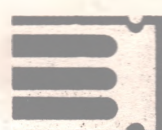
•For children aged from six months to two years of age, it is preferable to use a product with zinc-oxide or titanium dioxide. Both provide a physical, rather than a chemical, barrier to the sun's rays. You should not use a sunscreen lotion on an infant under six months of age.

•Avoid going out in the sun when it is at its strongest, that is, between 10 a.m. and 2 p.m.

•Use generous amounts of sunscreen lotion and re-apply after swimming and other physical activity.

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Bury — 65 Years of Celebrating Canada Day

by Patricia Ball

Winston Prangle was born in Bury almost eighty-three years ago and has, in some way, participated in all of the sixty-five celebrations of Canada Day that have taken place there.

Over the years the character of both the celebration and the village have changed. Many, born and brought up in the village, have left. Many come home for a day of celebration.

Winston remembers that the first one or two celebrations were picnics and sports events in Memorial Park. This was about the time the municipal corporation purchased the land for the park. Col Osborne L. Pope, owner of the saw mill, and his family were the ones most responsible for starting this tradition. It has been kept alive by many willing workers.

Track and field competitions were the main event for many years, and are still part of the activities. The local boys



The old Town Hall and the gate to Memorial Park, Bury

"I was very fortunate. The outsiders from Montreal had their shoes. Father and Mr. Pope were pretty good friends. They were in the door yard one day and I said you know I can't keep up with those fellows. I said, they got the spikes. Well, he said, I'm going to Montreal. I'll buy you a pair. 'Course I thought it was ten or twelve

dian Army rolling down the street. In Bury for field exercises, the tanks and jeeps made a great display. The picture shown was photographed from a photograph which appeared in the Sherbrooke Daily Record.

During the war the celebration took the form of dances. These were held to raise money to buy things for the boys in forces. Some of these were held at Batley's Dance Pavillion at Brookbury.

Fairly well back to the beginning, the parade had dignitaries riding in special cars. Antique cars have been a part of the parade for over ten years. Farm teams are not as numerous as they have sometimes been. Years ago a dance demonstration would be confined to the evening hours, now dancers and cloggers demonstrate their steps in the afternoon. These are popular and attract quite a few people.

Winston admits there are not quite as many activities as there used to be. He does point out that many come from out of town. It's not as much of a home-based celebration as it used to be. The ladies' still serve strawberry shortcake. Other food is purchased at snack places or comes as a picnic lunch. In the 30s the ladies would serve a dinner at the old time hall.

This year the Canada Day celebrations will be part of a Heritage Day Weekend. A church service will be part of the activities and displays of historical material will be set up.

Through the first years Winston participated as an athlete. Running took much time and effort and in later years Winston learned, from watching television, that running caused problems of the big muscles of the upper front of leg. The tremendous strain placed on these muscles years

ago now causes Winston's legs to ache.

When he gave up running, he began helping to build floats. Winston has a small collection of Canada Day photographs. Among these is one showing a float with a large banner "For Home and Country" with a Union Jack flying over it, presumably the Women's Institute. In the background of another is the Bank of Montreal. Bury no longer has a bank, the building is presently occupied by the Baptist Church.

One float, which Winston worked on, had four large Japanese lanterns which came from the States.

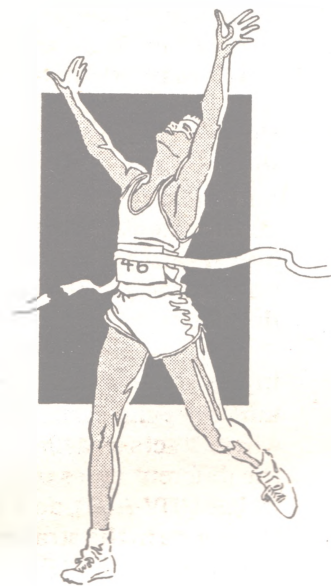
A tank moving down the street was really a car covered over with paper and painted in camouflage. This float was built by Elmer Hunt, with helpers of course. It seems this one was an inspiration of the last moment. The builders left Bury at half past ten or eleven to go to Sherbrooke to pick up the paper. They 'phoned ahead and got the store owner out of bed. They then worked 'til three in the morning.

Another shows a group of bikes, elaborately decorated; another, pulled by a tractor, is a great big butterfly. Riding on this float is Mrs. Sutherland. This float was in the parade two years. The first year it was towed by a car. That was the year a thunderstorm rained on the parade. The weather hasn't always been good.

Winston worked, for a

the night the wind switched a sky rocket off course and it set fire to the old town hall.

This group also went to other localities to set off fireworks. Lingwick and Bishop's are remembered because of close calls. At Bishop's a tube split, sending the rocket just a



short distance above ground and sideways. Winston yelled and, as always, everyone fell directly to the ground — flat — so that the blast went over them. At Lingwick a rocket went off sideways and started spinning rather than going up.

Last year he worked on the parade giving directions at certain places.

Winston was a school teacher by profession. He went off to MacDonald and taught in various schools of the Townships, the last ten



1949, Canadian Army tanks move down the streets of Bury as part of the Canada Day celebrations

were strong competitors at these events. People came from Montreal and from many places in the Townships. Ian Hume of Richmond was at many. Through the 30s and 40s the park had a quarter mile track; a very good track, especially for a small town. The Pope family had the Canadian Pacific Railway bring carloads of cinders for its construction. These were hauled to the location by wagons, spread, and broken up. The first roller was, to the best of memory, made from one of the big rollers from the East Angus paper mill. This was rolled over the track to break up the cinders.

None of the local boys had track shoes, while the Montreal boys did. Winston tells the story of how he came to acquire a pair.

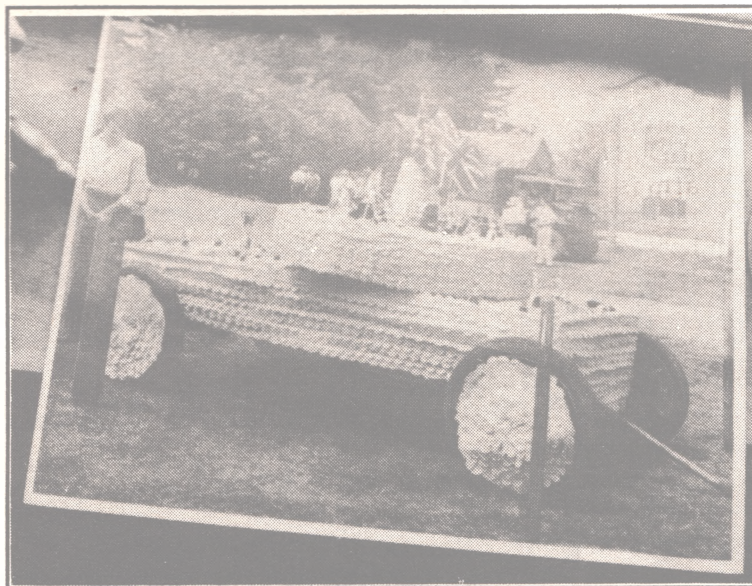
dollars. He landed up here. Forty-two dollars! for a pair of spiked shoes. I said I can't afford those to my father. Pope looked at me and said you got to win the 440 and they're yours. I won it too!"

That was around '29 or '30.

Mr. Pope in other years gave a trophy for this race. The competitions also had high jump, broad jump, and pole vault. Each athlete seemed to have his own specialty. Winston's was the 440 yard race.

Some years baseball was played. At one time, years ago, there were boxing and wrestling for a couple of years.

Around 1929 floats started. These were mostly pulled by cars, some by horses. The 1949 parade had a contingent from the Cana-



A fully decorated float c. 1935

number of years, with the fireworks which ended each celebration at night. He, and several others from Bury, held licences for the firing of these. The fireworks were always a spectacular and much appreciated part of the day.

Sometimes, though, they went astray. Winston tells of

years of teaching were spent at the old Richmond High School. Like many people he always managed to get home for Canada Day.

CANADA DAY

65th Annual Celebration in Bury June 28

8:00 a.m. to 12:00	Pancake and sausage breakfast at St. Paul's Rest Home \$ 4.00 with sausage, or \$ 3.25 without sausage.
10:00 a.m.	The First Annual Heritage Ecumenical Church Service at Memorial Park Heritage Tent.
Noon	Grand Parade
1:30 p.m.	Opening Ceremonies, Heritage Tent at Memorial Park Marc Côté of CBC will be the Master of Ceremonies Geraldine Doucet will sing "O Canada".
1:30 p.m.	Childrens' Sporting Events — Horse Pull
2:00 p.m.	The Rainbow Cloggers
3:00 p.m.	Entertainment by Geraldine Doucet,
3:30 p.m.	Dancers from Studio de Danse, Woodsmens' Contest
4:00 p.m.	Music by Bobby Lassenba
4:00 p.m.	Married Women's Race Married Men's Race Open 1/2 mile
6:30 p.m.	Limbo Contest
8:00 p.m.	Dance in Heritage Tent — Music by Bobby Lassenba
10:00 p.m.	Great Fireworks Display

Arts and Crafts Show and Flea Market in the New Town Hall
Strawberry Shortcake sold to benefit Victoria Parish
Displays by — Compton County Museum, Eastern Townships Research Centre,
Megantic-Compton Cemetery and Church Association, Municipality of Ascot, Sher-
brooke Geneological Society, Sherbrooke Historical Society, and United Empire
Loyalists. CBC Booth in the afternoon — Tim Belford, *Quebec A.M.*, Louise Penny,
Radio Canada and Denis Trudeau, *Newswatch*



Knowlton July 1st

7:00 to 10:00 a.m.	Scouts Breakfast
10:00 a.m.	Knowlton Academy Admission charged
11:00 a.m.	Frog Jumping Contest
11:30 a.m.	Official Opening Ceremony
1:00 p.m.	Art Exhibit and Contest
1:30 p.m.	Kids' Games
1:30 p.m.	Softball — CJAD vs Lions
1:30 p.m.	Bingo admission charged
3:30 p.m.	Magic Show
4:30 p.m.	St. Francis Kennel Club Flyball Exhibit
5:30 p.m.	Children's Dog Show
6:00 p.m.	Hot Air Balloon Rides
6:00 p.m.	Tug-of-War
7:00 p.m.	Square Dancing — "Brome Squares"
7:30 p.m.	CJAD Big Band
Sundown	Giant Fireworks

Ongoing Activities

Lions' Trolley — First Aid Unit — Children's Fish Pond —
Pony Ride — Treasure Hunt — Canteens

Kiosks:

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CANADA DAY

"Hatley's the place to be on July 1st"

- 10:00 a.m. Opening of Craft Booths
and Coffee 'n Doughnuts
- 11 a.m. Parade
Master of Ceremonies — CJAD's Royal Orr
Whitcomb family members lead the parade
bands, floats, bicycles, horses and antique cars
- Lunch Anglican Church Hall — cold salad plate
United Bean Bar - beans, homemade pie
Firemen's Canteen
Levesque Canteen
- 12:30 p.m. Concert — Massey Vanier Regional School Band
from Cowansville
- 1:30 p.m. Alice Mellish and the Cloggers
Races for young fry
- Evening Fireworks



Hatley is once again celebrating Canada Day this July 1st and if you haven't been in Hatley on Canada Day you don't know what you have missed.

You should try to make it early, about ten o'clock, bring a lawn chair with you and get ready for a great parade. You can get a coffee and a homemade donut before you take in the crafts that are on sale.

It will be a great day for the shutter bugs so don't forget your camera.



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Stanstead and Rock Island June 27

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- 10:00 a.m. to 8:00 p.m. Flea market, arts and crafts
Horseshoe Tournament
Customs Booth
Races for children
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Music on the stage.
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June 28

- 2 p.m. Flea market, music
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Notes ... Notes ... Notes

Georgeville Historical Society to hold Founding Meeting July 4

Almost everyone in Georgeville knows who Moses Copp was. A New Hampshireman, he, with his wife and three sons, was the first settler on the site of Georgeville in 1797 and gave the Lake Memphremagog village its first name — Copp's Ferry.

But ask who Richard Adams was, and you are likely to draw a blank — even though he once owned the place.

Like Moses Copp, Adams emigrated from New Hampshire and was a pioneer settler in Bolton on the west side of the lake. In 1803, describing himself as "one of his Majesty's most zealous and faithful old Subjects," he was awarded a Crown grant, including all of the land on which Georgeville now stands.

To fill in such forgotten parts of the village's early history, and record the life of the community during nearly 200 years since its settlement, the Société d'histoire de Georgeville/Georgeville Historical Society has been organized.

The first annual meeting of the society will be held at the Murray Memorial Centre in Georgeville on Saturday, July 4 at 2:30 p.m. Everyone interested in the history of the village and the adjacent lakeshore area is invited to attend.

To help launch the society, the organizers have published a four-page newsletter called the "The Georgeville Enterprise," reviving the title of a village newspaper of the 1890s.

The new society began to take shape last summer when a group of Georgeville residents concluded that it was not too soon to begin research for the village's bicentennial in 1997.

A major activity of the society will be the Georgeville History Project, which proposes to prepare a definitive history of the village. "Georgeville is both a village and, in some measure, a state of mind," says John M. Scott, co-ordinator of the history project. "The history of Georgeville is not only the story of the village and its people, but of the surrounding area whose people have historically identified themselves with the village, and cultivated an attachment to it."

The society is eager to know about photographs, letters, diaries, reminiscences or other material bearing on Georgeville's history. Anyone who may have such material is asked to write the Georgeville History Project, P.O. Box 18, Georgeville, Que., J0B 1T0, or telephone John Scott [819] 843-6880 or John Boynton [819] 843-2675.

Among other activities, the society proposes to catalogue historic photographs, maps, prints and paintings of the village, and mount a bicentennial exhibition; to launch an oral history program to record the recollec-

tions of residents; and to collect a basic library and archives bearing on the history of the village.

The Colby House

On the 10th of May 1992, the deed of Corrollcroft known

as the Colby House was signed between The Stanstead Historical Society, and Mrs. Charles Carroll Colby who donated her historical house to the Society.

The house won an

award of the Le Fonds Du Patrimoine Estrien in Restoration and Preservation for the work of restoration directed by Mrs. Colby between 1979 and 1989.

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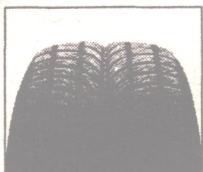
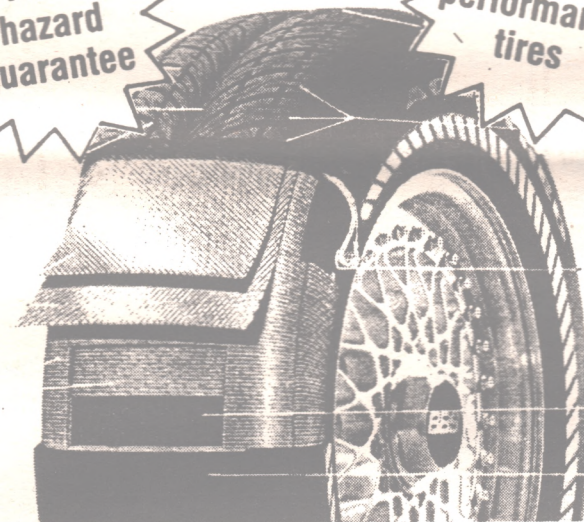


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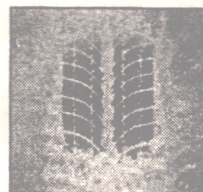
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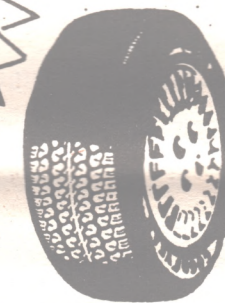
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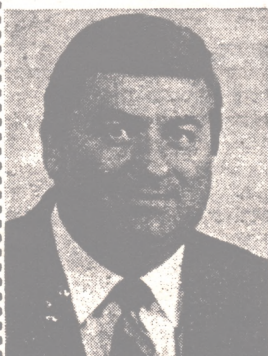
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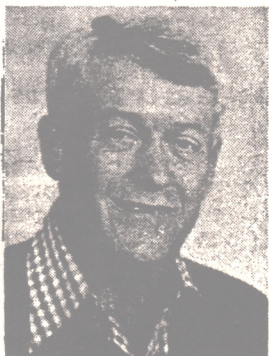
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Dining Out in the Townships



La Truite du Lac

This small restaurant is located on the shores of Lake Megantic, a short block from the main street of the town.

It is decorated with bits and pieces of nautical memorabilia. There are pieces from the old cruise boats that used to ply these waters. There are pictures of many of them and their crews. This is appropriate because just outside the door is the landing and breakwater for the present cruise boat, Captain Cap II. In the summer this boat can sometimes be seen through the large front window or from the deck outside.

The restaurant specializes in fish, specifically speckled and rainbow trout. Other dishes are offered, with spe-

cial most days.

We had trout in mushroom sauce and Truite Almandine. The mushroom sauce was delicious. The rainbow trout was cooked to just that state where it was moist but thoroughly done, with no raw taste. The Truite Almandine was speckled trout cooked to the same perfection; almonds freshly toasted and not dry. Both were served with pan-fried potatoes that were cooked in the centre, and nicely browned on the outside. An interesting mix of root vegetables, carrot and turnip came with the meal, lightly seasoned so as not to hide there natural good taste. Salad and home-made bread were served.

We had coffee, which was fair; and very good chocolate cake with chocolate frosting containing bits of coconut. This cake was also home-made.

You can see tomorrow's trout in a large tank in the corner of the restaurant. These are brought down from a hatchery at Milan operated by the same couple. The

couple speak English, the wife fluently, originally having come from Connecticut some twenty years ago. Her husband speaks some English.

The radio was playing when we entered, but we were asked if we would like it turned off.

The restaurant is not air-conditioned, but it is very cool in summer, when large doors

at either end are opened and a nice breeze blows off the lake. It is cosily warm in winter, heated by a cast-iron stove that adds to the old-fashioned charm of the place.

A place to be enjoyed.

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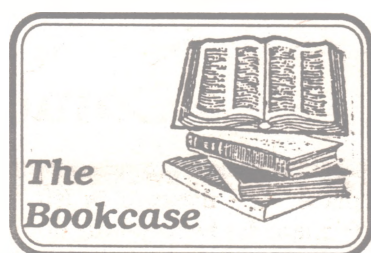
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by Kathleen Hanna

And now for the *Evening News* with anchorman Crawford Sloane. Arthur Hailey has written another winner to add to his long list of excellent novels; *Hotel, Airport, the Moneychangers*, etc.

We are treated in *Evening News* to a contemporary story. News anchorman Crawford Sloane is the man everyone watches and trusts. He is familiar with the "Hot Spots" around the globe, but until one dramatic moment it was always someone else who was personally affected. Now his whole world has come tumbling down when terrorists kidnap his family.

Sloane is more aware than most what the chances are of getting back his family. He must trust, and his family's fate depends on, his rival, reporter Harry Partridge. The search leads them from New York to Colombia to the Peruvian Andes.

Arthur Hailey seems to have a second sense. I remember reading "The Moneychangers" and he was talking about banks with money machines where the public could get money at any time, day or night. What a concept, but how right he was. I attribute this second sense to the research which must be done before a book of this calibre can be written. We all benefit in the end because the characters have a visible authenticity, as does the plot.

You will not be disappointed. The perfect summer book.



by Kathleen Hanna

"It's a sleeper" refers to a film that does better at the box office than expected. The expression takes on a whole new meaning when describing "Late for Dinner". Let me explain:

The movie opens with Frank and Willie on the run. Frank is narrating. Willie has been shot and is in urgent need of a doctor. Frank is simpleminded and has kidney problems. The year is 1962, Frank lives with his sister, Joy, her husband, Willie, and their daughter, Jessica. Life is a little hard but they are making ends meet.

Enter an unscrupulous land developer, a trumped up charge of kidnapping, an exchange of gunfire, and Frank and Willie are on the lam. They cannot go home because the law has surrounded their house and an attempt to call was answered by a policeman.

Willie has been shot and Frank has never driven a car. They somehow manage to find a doctor who takes care of Willie's shoulder, but Frank is now on his own to make some crucial decisions.

The doctor asks Frank, if he could go to sleep and when he woke up everything would be okay and he could probably get a new kidney, would he? Frank agrees. What Frank does not know, is that the doctor is involved in cryogenics and the sleep will last twenty-nine years.

Frank and Willie's sleep is terminated by an accident. They have no idea what has happened but Willie's first thought is to contact Joy. Easier said than done.

The movie is truly a "sleeper". None of the actors are overly familiar and therefore they are quite believable. The dialogue is crisp and true to form. The love story between Willie and Joy is really the heart of the movie.

A movie the whole family will love.

Memory Lane Cedar Cliff Boarding House

by Edna Evans

Cedar Cliff was built in 1880 by William McGowan, high on a cliff, at the edge of Lake Memphremagog, in Georgeville. In 1930, because some of the "summer visitors" wanted separate living quarters and to be able to make their own meals, 5 cottages were added to the large property. 1947 was the summer I remember Cedar Cliff the best. I was eleven that year and Grace Heath (Granny, as everyone called her) hired my Mother to cook for the boarders. Mrs. Heath was the daughter of William McGowan.

Even in the '40s, city people who could afford to, took their families to the country. Some came for only a week or two, while others stayed until the end of summer. Then the Boarding House would "close up" until the next summer began. Most of the people came from Montreal, but I also remember people that came from New York and Boston. Some fathers had to go back to their city jobs each Sunday night. With no Autoroute, it was a good, long trip.

The House was designed in such a manner that the residents entered into a large living room, with two dining rooms. These lead off to each side. A stair case in the center lead to the second and third floor bedrooms. I don't remember how many bedrooms there were, but I do remember we used to set the dining room tables for twenty-eight people during the week and around fifty on Sundays. There were usually three ladies to wait on the tables. The cook and another person served the plates. There was a girl hired to wash the dishes and peel the vegetables, but she became ill; so Mrs. Heath's granddaughter and I decided we could do it. There were many times when it proved to be a very tough job for two such young girls, but we wouldn't give in.

The help had rooms on the premises also. These were over the kitchen and shed at the end of the house. Since our days started at 6:30 a.m. and didn't finish before 7:00 p.m. we were too tired to care about where we slept. We had one

day a week off, when we could return to our homes if that didn't prove to be too far away.

My Dad was a carpenter and he worked around the place when he had no regular work. He made the ice-cream for the Sunday dessert and I always got to lick the paddle. He also had built two boats the previous winter and we used to rent them. It was my job to see that the oars were returned and that the boats were properly secured each night.

The kitchen was a very important room in this house. It was about 20 feet wide and 25 feet long. Along one side there were two stoves — one electric and one wood. Opposite this was the sink and huge drain board and the cupboards for the dishes. At one end were the doors leading into the dining rooms and along the other end wall was a table long enough to seat at least twenty. Since T.V. played no part in our lives, it was at this table where we ate and got together in the evenings to play card games or put together puzzles. Some of the younger people played softball in the town park or baby sat while the parents attended the movie house ten miles away in Magog. One of the senior "boarders" used to like to join us at our table for dessert. He claimed that his pie tasted better if he ate with the help. I think the reason he enjoyed us so much was that we hadn't heard all of his great stories. He was a poet and I know my food tasted better when he was there. As summer drew to a close he wrote a poem of appreciation for us and this is how it went:

Cedar Cliff Days
by Mr. Noseworthy

When to blackberry pie
At dear Cedar Cliff
Just prepare for a tickle
At your jolly midriff
And if you should wonder
How this treat came to you
Why, it's Betty who brought it
Right from Mrs. Heath's crew.
There's Laura and Edna
And Ann and Lorraine
And Armand and Elliot,
And Nick's back again.
Well, it's been a good summer
And the weeks have flown by
And it's brought us at last
To our blackberry pie.
We'll cherish it all
And the city's dark ways
Will seem bright as we think
Of our Cedar Cliff days.



This season's Piggery package offers theatre-lovers great entertainment and great value in a fabulous countryside setting. Comedy-lovers and thrill-seekers will find laughter, thrills, chills, and

more when *Bedside Manners* and *Perfect Crime* take over the stage this summer. Both Canadian premieres, this hilarious comedy runs June 26 to July 25, followed by the spine-tingling murder mystery July 30 to August 29. Picnic grounds, barbecues, restaurant and bar, special vacation packages and local bus service makes The Piggery Theatre perfect for family outings or a weekend getaway! For information, call [819] 842-2431.

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Quick Summer Supper

The recipes for this supper have the qualities of either make ahead or simplicity and quickness. The recipes allow the cook to join in the afternoon's activities.

Start with a cooling cold soup, or with a salad. Serve the chicken and vegetables with the make-ahead and reheat cheese bread.

The Chicken in Broth recipe is ideal for when the time of a meal is uncertain, or when part of the family will be late. Reheating it is not a problem as it seems virtually impossible to overcook chicken prepared this way. The chicken can be served in the broth, served cold, or used in a chicken salad.

The Scalloped Vegetables are quick to make and nourishing. Add potatoes if you wish. Potatoes and cauliflower are a good combination. Use other mild flavoured vegetables in your own combinations.

The Fresh Strawberry Pie is a different way to serve fresh berries. It can be made up ahead of time and be waiting in the fridge.

Top it off with a cold drink. The first two make a quantity for several people. For the last put out the blender and ingredients and let each make their own. Put out fruit slices, mint leaves, and other trimmings to dress up the drinks.

Cold Yogurt/Cucumber Soup

- 1 small container of natural yogurt
1/2 small cucumber
1/2 cup milk
Several fresh mint leaves, chopped
Dash of ginger or nutmeg

Purée cucumber and milk in blender, add yogurt and mint leaves. Blend well. Serve in bowl. Sprinkle ginger or nutmeg on top. This quantity is for one. Just make up quantity as needed.

Patricia Ball

Chicken in Broth

- 2 boned chicken breasts, cut in half
1 tsp chicken soup base mix
1 tsp basil
1 tsp thyme
Dash garlic powder
Dash pepper

Fill small casserole with water, add chicken soup base, basil, thyme, garlic powder and pepper. Stir well; add chicken breasts. Cook, covered, in microwave set at high temperature until tender — 25 to 30 minutes.

Patricia Ball

Scalloped Vegetables

- 1 cup peas
1 cup corn
Flour
Milk
1/2 pkg Cream of Mushroom Soup Mix

Place peas and corn in layers in casserole. Over each layer sprinkle flour. Add Mushroom Soup mix to small quantity of water. Mix thoroughly. Add enough milk to fill casserole. Pour over vegetables. Top with shredded mozzarella, or bread crumbs,

if desired. Bake in medium oven, 350° for 20 to 25 minutes, or, microwave 14 to 16 minutes.

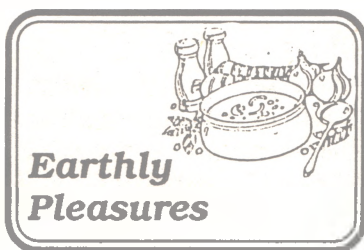
Patricia Ball

Cheese Bread

- 1 egg
1-1/2 cups milk
3-3/4 cups buttermilk baking mix
1 cup shredded sharp Cheddar cheese (about 4 ounces)

Heat oven to 350°. Grease loaf pan, 9x5x3 inches. Beat egg in large mixer bowl. Add remaining ingredients; beat on medium speed 1/2 minute. Pour batter into pan. Bake 1 hour. Serve immediately, or cool, wrap and refrigerate. 25 minutes before serving, heat oven to 375°. Place wrapped Cheese Bread in oven rack; heat 15 minutes, slice.

Betty Crocker
Make It Now Serve It Later
Cookbook



Fresh Strawberry Pie

- a. 1 baked 9" pie shell
b. 1 cup strawberries — chopped fine or puréed
1 1/4 cups water
1/4 cup cornstarch
3/4 cup sugar

Mix together, then bring to a boil. Cook until mixture is thick and clear. Cool.

- c. Add 2 cups sliced strawberries to the cooked mixture. Pour into pie shell.

Refrigerate for at least 2 hours. Garnish with whipped cream if desired.

Banana-orange Drink

- 1 can (6 ounces) frozen orange juice concentrate, reconstituted
1 large ripe banana
1/3 cup lemon juice
2 tablespoons honey

Whirl all ingredients in blender, or mash banana with fork, add remaining ingredients and beat with rotary beater. Makes about 1 quart.

Womens' Day Kitchen # 144

Pineapple Ice Cream Drink

Put half a glass of cold pineapple juice and a scoop of vanilla ice cream in blender. Mix ever so briefly. Pour into glass and fill glass with cold ginger ale. Sprinkle tops with toasted flaked coconut.

This also works well with half a banana in place of the ice cream. Quantity for one.

Womens' Day Kitchen # 144
with changes

Taste of Things to Come

There's raisin bread, yogurt bread, budwig bread, and multigrain bread. But still your taste buds are hankering for something new. Be patient, novel varieties of bread capable of satisfying the most special tastes may soon be available.

To capitalize on the growing demand for bread of different tastes, Pierre Gélinas, an industrial baking researcher at Agriculture Canada, is working on a simple and natural process of adding new flavors to dough.

With his team at the Saint-Hyacinthe Food Research and Development Centre, Mr. Gélinas has developed a variety of fermented dairy products that change the taste and flavour of bread.

"There are many ways of enhancing the taste of bread," Mr. Gélinas explains. "The simplest and best method is to maximize fermentation of the dough. The compounds produced in this process are what give the bread its flavour."

This method is time consuming. The industry sometimes gets around this problem by adding flavour concentrates to the dough.

To enhance the flavour of bread much more quickly using natural methods, Mr. Gélinas and his team have turned to another type of fermentation. They have developed a flavour-concentrated dairy ingredient, which they add to the dough.

"The process is based on that of ferments, which are fairly well known in the baking industry," Mr. Gélinas says. "Our ferment — consisting of milk, whey, whole wheat flour and bacterial cultures — is inoculated with specific strains of lactic bacteria to

allow fermentation to take place. The mixture is left to ferment for twenty-four hours before being incorporated into the bread."

According to Mr. Gélinas, the ferment is not a yogurt, but a fermented milk-based product with a taste resembling that of specialty cheese. It may be used in liquid or dry form.

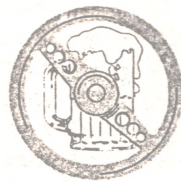
Currently the Research Centre has four flavours to offer: specialty cheese, malt, mild leaven, and strong leaven. The latter has a more pronounced flavour, similar to sourdough, the bakery product that's so popular in the western states.

Used in small amounts, all of these fermented dairy ingredients enhance the taste and flavour of bread, even when made using the speedy process.

Although specialty bread lovers will be the primary market for the new product, Mr. Gélinas is also trying to attract the more conservative crowd. "We would certainly like to get long-time consumers of white bread to try something different."

"In the meantime," he adds, "we are working very hard to develop other ways of enhancing the taste of bread to make it even more popular."

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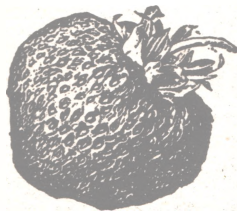
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Going to Maine this Summer?

A reciprocal agreement has been concluded between Quebec and the State of Maine which applies to all Quebecers who drive there since June.

Sallient points are:

Driving offences committed in Maine will now be sent to Quebec and applied to the Quebec driver's licence here.

- Driving while drunk or while testing higher than 80 milligrams/100 millilitres of blood.

- Criminal negligence causing death or bodily harm.
- Involuntary homicide.
- Dangerous driving

These offences will bring the same penalties as if committed in Quebec — revocation of licence, suspension of provisional permit or the right to acquire either.

Offences for which demerit points will be deducted are:

- speed over the limit pre-

- scribed or marked by signs.
- imprudent speed or act
- not stopping at a red light or stop sign
- not stopping for or passing a school bus with red lights

flashing

- not performing a duty required of a driver implicated in an accident.

A Quebec driver not paying to the State of Maine the

fine required in one of the above offences which cost points will have his/her right to drive in the State of Maine suspended.

TOWNSHIPS CLASSIFIEDS

For Sale

St. Peter's A.C.W. Thrift Shop is open every Wednesday from 9:00 a.m. until 1:00 p.m. There are nearly new clothes for men, women and children, also many household articles for sale, all at reasonable prices. Proceeds are given to charities and several local institutions. Located downstairs at 200 Montreal Street, Sherbrooke. Everyone welcome.

Need good vanilla, pepper, medical ointment, carbolic salve, rust remover, etc. Call [819] 826-2832 — a Watkins representative. I will be in Sherbrooke and Lennoxville once a week.

For Sale

Antiques: Platform wicker rocker; blackberry salt box; mirrored mahogany buffet; art deco 5-light fixture & electric stove & vanity; wrought iron bridge lamp; sessions chiming mantel clock; solid brass bird cages; glass washboards; large wood blanket-storage boxes; metal doll carriage; child's wood tea wagon. [819] 346-4444

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Events Calendar

July 1992

**Please also see
Events ...
on Page 4**

'til Jul 5

Exhibition of Mary Martin's paintings at the Brome County Historical Society Museum, Knowlton. Open daily from 10:00 a.m. to 5:00 p.m.

'til Jul 11

Theatre Lac Brome presents: The Mystery of Irma Vep by Charles Ludlam, Knowlton. Info: [514] 242-1395.

'til Jul 25

"Bedside Manners", The Piggery Theatre, North Hatley. Info: [819] 842-2431.

'til Oct 10

Sutton Legion grounds on Curley Street. Sutton Saturday Market every Saturday from 9:00 a.m. to 4:00 p.m. Call [514] 295-2747.

Jun 27

150th Anniversary of St. John's Anglican Church, Brookbury. Concert at 3:30 p.m. Service at 4:30 p.m.

Jun 27

Concert. Centenary United Church, Stanstead Plain, 8:00 p.m. Info: [819] 876-2771.

Jun 28

First Annual Heritage Ecumenical Church Service in Memorial Park Heritage Tent, Bury, at 10:00 a.m.

Jun 28

Concert, Eglise Saint-Cajetan, Mansonville, at 2:00 p.m. Info: [514] 292-3313

Jul 1

Book Fair and Art Auction to benefit The Hatley Public Library, at the Hatley Town Hall, 2 p.m. Norman Hudon, caricaturist and painter, autographing his art book.

Jul 3

Georgeville UCW Strawberry Social at the Murray Memorial Centre, Georgeville, 7:00 - 9:00 p.m.

Jul 4

Founding Meeting of Georgeville Historical Society at the Murray Memorial Centre, Georgeville, 2:30 p.m.

Jul 4 — 5

Knowlton Lions Clubs stages its 2nd annual Country/Bluegrass Festival. Brome Fairgrounds in Lac Brome. Info: [514] 243-4182

Jul 4 — 26

Arts Sutton Gallery will present an exhibition by thirteen artists. Thursday to Sunday, 1:00 to 5:00 p.m. Saturday 10:00 a.m. to 12:00 noon and 1:00 to 5:00 p.m. Info: [514] 538-2563.

Jul 5

Brome County Historical Society holds 1st annual Heritage Day. Museum exhibits plus special activities. Info: [514] 243-6782.

Jul 5 — 18

Exhibition at the North Hatley Library. Margarite Bladon photography.

Jul 11

Legion Branch 158, 2 Curley Street, Sutton. A steak supper. 6:30 p.m. Reserve tickets: [514] 538-3562 or [514] 538-2210 after 6:30 p.m.

Jul 11 - 12

The Georgeville Revue, July 11 at 8:00 p.m. and July 12 at 7:00 p.m. at the Murray Memorial Centre, Georgeville.

Jul 15 — Aug 8

Theatre Lac Brome presents: Cabaret, The Musical by Kander and Ebb, Knowlton. Info: [514] 242-1395.

Jul 18 — Aug 1

Exhibition at the North Hatley Library. Beth Girdler watercolours.

Jul 18

Georgeville Annual Book Sale at the Murray Memorial Centre, 2:30 p.m. - 4:30 p.m.

Jul 19

Frog Jumping Contest for children 12 and younger, Prouty Beach, Newport, Vermont, 9:30 a.m. Prize for biggest, smallest and fastest frog.

Jul 22

Georgeville ACW Bazaar at the Murray Memorial Centre at 2:30 p.m.

Jul 24

Georgeville Images Vernissage. 7:00 p.m. - 9:00 p.m.

Jul 25

Barn Dance for the Piggery Theatre. Tickets \$70, including open bar. Call [819] 842-2096, 843-6786, or [514] 482-3763.

Jul 25 — 26

Georgeville Art Festival. 10:00 a.m. - 5:00 p.m.

Jul 30 - Aug 29

"Perfect Crime", at the Piggery Theatre, North Hatley. Info: [819] 842-2431.

Aug 2

Descendants of the Mastine clan will hold family reunion starting at 12:00 noon. Community Center, Richmond, Quebec. Lunch and supper will be potluck. Registration fee charged. Info: [819] 845-4086; [819] 826-2760; [514] 671-5097.

Cut out this calendar and hang it up so you won't miss any of these exciting events.

If you would like your organization's upcoming event included in our calendar, drop us a note before the 15th of the previous month.

Stanbridge East Maple Festival

The Missisquoi Historical Society put together its annual Maple Festival April 25, 1992. It featured numerous events including judging and sale of Maple Products. Competitions for: a) the best display of Maple Products; b) the best pies and cakes containing maple syrup or maple sugar; c) the best paintings produced by students in the four schools in Bedford.

There was also a bake sale and more than forty artisans displayed their beautiful and original articles for sale. A light lunch and a ham dinner were available for the hungry ones, as well a sugar on snow for those with a sweet tooth. A hay ride circled the town square to provide transporta-



Canada Fitness set up many exercise units in the park for Friendship Day. They were a big hit.

tion between the numerous centers of activities as well as fun for the kids. A woodsman competition gave an opportunity for the robust type to display his or her self in wood manipulation. The Town Hall

Around and About



was the site of an interesting exhibition including a collection of pictures showing some of our Centennial activities and the Time Capsule containing documents and papers associated with our Centennial year 1990. There was also on display caricatures of our Mayor, Secretary and our Municipal Councillors prepared by a Macdonald College artist.

The organizing Committee of the Festival wishes to express its sincere thanks to all those who worked to make the Festival a memorable occasion in the life of our community.

IODE News

Marty Dalton of London, Ontario, was elected President of the National Chapter of Canada IODE at the 92nd annual meeting held in Regina, Saskatchewan, May 22 and 23. A highlight of the meeting was announcement of the organization's mission statement which is: "The mission of IODE, a Canadian women's charitable organization, is to improve the quality of life for children, youth and those in need, through educational, social service and citizenship programs". Each member was given an IODE business card printed with the statement.

The 1991 annual report showed that IODE chapters across Canada raised and spent in excess of \$2.5 million on educational, social service and citizenship projects; scholarships, bursaries and

"adopted" school programs and other projects.

The winner of the \$3,000 National Chapter of Canada IODE Violet Downey Book Award is Sheryl McFarlane, author of *Waiting for the Whales*. This illustrated book for children was described by one of the judges as "a masterpiece of children's literature".



Mrs. Irene Harrison cuts the Women's Institute Canada 125 cake, at Friendship Day in Lennoxville. On the right is Dorothy Geddes.

Spring Fling

More than three hundred people celebrated spring by dining and dancing at the Townshippers Association's annual "Spring Fling" held on May 16 at Knowlton Academy.

They enjoyed the gourmet dinner prepared by chef Pierre Gadbois and his professional cooking class from Massey Vanier Regional High School, as well as the entertainment by Music 'n' Motion, the school's band and dancers. Dancing to the lively and popular sound of the Peter Freeman Orchestra followed.

"We were certainly very pleased," Bob Douglas, Chairman of the Spring Fling Committee, reported. "I didn't talk to anyone who didn't have a good time. They all enjoyed the combination of meal, music

and entertainment."

Among the door prize winners were Mr. and Mrs. Norman Beauregard of Sutton, Mr. and Mrs. Rolland Horner, formerly of East Farnham, and Mr. and Mrs. Bob Douglas of Sutton.

Quebec Women's Institute

A new branch of the Institute has been formed at Richmond — Richmond Group 92. President is Gwyneth Grant. First Vice-President is Adele Charlebois. Second Vice-President is Lois Enright.

The Fordyce Branch has celebrated their 45th anniversary, and the Stanbridge East Branch their 70th. Austin has celebrated their 65th.

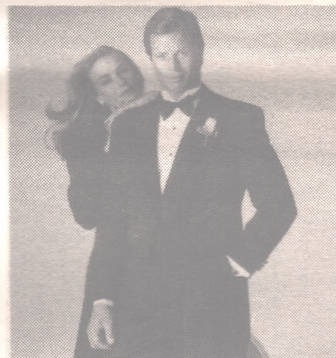
Sheila Needham of the South Bolton Branch is a QWI Vice President. She has been a member of the South Bolton WI for twenty years.

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