

# Dialogue Plus celebrates youth volunteers

Record Staff

As part of Volunteer Week, Actions Interculturelles will highlight the young leaders of the Dialogue Plus project, drawing attention to volunteer initiatives undertaken over the past year.

The goal of their Dialogue Plus is to strengthen social and intercultural dialogue, to prevent socio-cultural discrimination, prejudice and radicalization, and to promote the establishment of win-win conditions for a harmonious society.

The theme for Volunteer Week this year is 'I volunteer, you volunteer, let's combine our volunteerism!'

Throughout 2017-2018, 150 young people aged between 15 and 30-years-old volunteered in more than 50 different initiatives locally. Thanks to the realization of those initiatives, which rely on dialogue, the young leaders managed to unite the Sherbrooke community by bringing the participants to see that in the end, we are more alike than we think, a rewarding experience for young people

Throughout National Volunteer Week, Actions Interculturelles will be posting brief bios of the project's young leaders on the Dialogue Plus Facebook page to acknowledge the commitment of these young people.

The following is an example:

Jhon Carvajal

Who am I? : I am a refugee immigrant who greatly appreciates the opportunity to live in this heavenly city of Sherbrooke.

CONT'D ON PAGE 5

# Charest shares political savvy with Galt students



MATTHEW MCCULLY

Former Premier of Quebec Jean Charest stopped by Alexander Galt Regional High school on Friday to talk to students involved in model parliament about his political career. Seen here is Charest (centre) with Galt teachers Meagan McKinven and Drew Pollock, and Galt model parliament students.

By Matthew McCully

Jean Charest told a group of Alexander Galt high school students his earliest motivation to enter politics came from his desire to help people.

The former Quebec Premier Jean Charest stopped by the high school Friday to speak with students in model parliament about his career in politics.

"I started in student council," he told the students, although rallying the masses didn't always come naturally.

"I was so shy they had to push me on

stage to speak," Charest admitted. He eventually won the election, which would forever shape his life. "I enjoyed the experience of being able to change things," he said.

Charest, born in Sherbrooke, began his career as a lawyer. Being from a middle class family, he ended up seeing a demographic of society that struggled a lot, something he wasn't used to. "These were people who had difficult lives; mostly men between 15-25. A lot of them couldn't read or write," he said, surprised.

"I liked to help my clients, not just be their lawyer," Charest told the students.

He sometimes brought his work home with him. One morning as his wife Michèle went downstairs to leave for work, she found a gentlemen asleep on the couch. "Who is that," she asked. Charest explained that it was a client who needed a place to sleep.

"What did he do?"

"He stole a safe," Charest replied.

A colleague of Charest's gave him some sound advice. "If you want to be a

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# I was Born a Boxcar Child- Tales of the Railroad

By Linda Knight Seccaspina

**M**y Grandfather George Arthur Crittenden worked for the Canadian National Railroad for almost 50 years until one day he reluctantly retired. As a young boy he used to ride up and down the rails in a boxcar until he got caught. He persuaded the agent that nabbed him to let him go and the man agreed as long as he came back to load baggage at the local station. After that it was one menial railroad job after another until he worked the last twenty years in the office of the CNR station in Montreal, Quebec.

When I was 7 my Grandfather decided that my sister and I should experience the love of his life first hand. The plan was to get on the train and ride it to the next stop a few miles down the track and my father would pick us up. His best friend was the engineer that night and as it pulled into the Cowansville, Quebec station he let the whistle blow one too many times. My Grandfather held my 2 year-old sister high up in the air and screamed,

"Look at the train! Look at the train!"

With another loud whistle and the ear busting sound of the braking wheels my sister broke into tears while I stood there with a puddle forming around my black patent shoes. The noise of the train

had literally made me pee my pants and my sister was afraid of trains for many years afterwards. Straddled with one wet 7 year-old and another crying child he waved to the engineer, turned around, and went back to my Grandmother's. That was the end of his attempts at trying to get us to ride the rails with him.

At the age of 12 my mother died, and my father decided to send us to Seattle, Washington for the summer where Grampy Crittenden had retired. My father discussed different modes of transportation with my grandfather until Grampy sent a telegraph saying,

"Just put them on the darn train, nothing will happen to them!"

So my father placed his daughters aged 12 and 6 on "the darn train" and we travelled the 3000 miles alone to Vancouver B.C. For five days we saw the prairies, rode in the 'dome car' and were overwhelmed watching the majestic Rockies roll by. We saw buffalo and wandering deer in Banff, and marvelled at the site of a couple of glaciers.

By day 5 as the train rolled into the Vancouver train station my stomach felt like it was never going to stop riding the rails. Two days later I vowed never to enter a train again but the return trip home fared better as I met a young girl who boarded the train in Saskatchewan.

On day 2 of our trip she told me that

she was on her way to Ottawa to meet her grandfather who was a politician. I learned later the man I saw hugging his granddaughter through the train window was none other than Tommy Douglas who had been premier of Saskatchewan and was the founder of Canada's healthcare program.

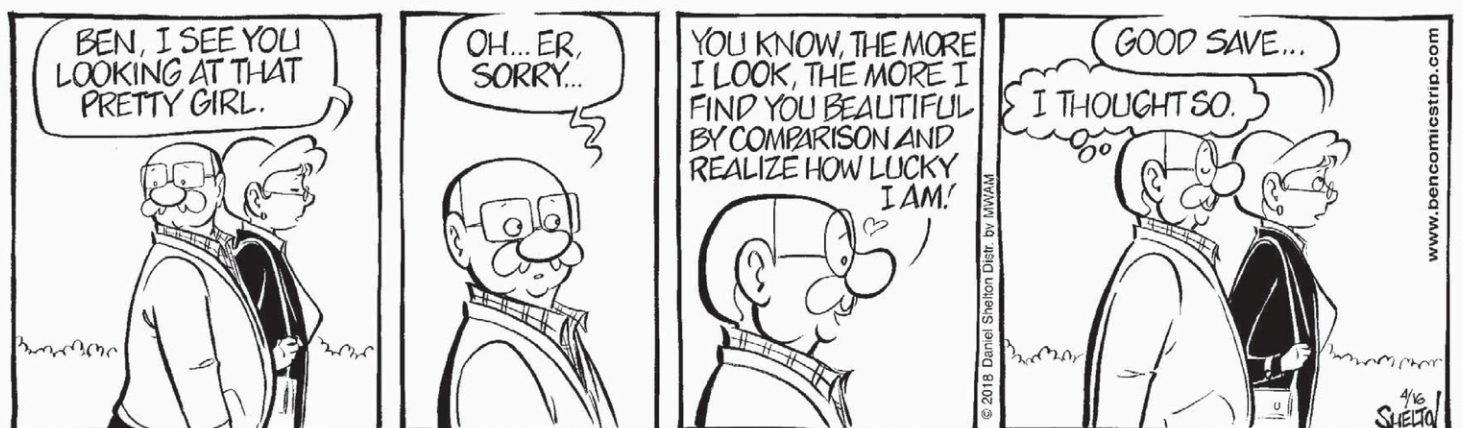
Years later in the 60s still found me sitting in Montreal train stations while I waited for a ride home. I used to read the words of John Lennon and Leonard Cohen while I watched people go by. One day a young man sat down next to me and told me he had seen Cohen the day before talking to someone in the station. For months on end I sat and waited for Leonard Cohen to walk by me and possibly declare that I was his next "Suzanne". That never happened and I finally met him thirty years later on a Los Angeles bound plane. As all of us waited for our baggage I walked up to him and told him how long I had sat on that bench at the CNR station in Montreal waiting for him. With his sultry eyes and deep voice he took my hand and simply said,

"My dear the years have been kind to you."

And with that I was 7 years old all over again and imaginary puddles formed at my feet as Leonard Cohen was boarding the Love Train to my heart.



## Ben by Daniel Shelton



## Weather



**TODAY:**  
FREEZING  
RAIN

HIGH OF 2  
LOW OF 1



**TUESDAY:**  
SHOWERS

HIGH OF 8  
LOW OF -1



**WEDNESDAY:**  
PERIODS OF  
RAIN

HIGH OF 4  
LOW OF 0



**THURSDAY:**  
RAIN

HIGH OF 5  
LOW OF 2



**FRIDAY:**  
60% CHANCE  
OF SHOWERS

HIGH OF 4  
LOW OF -4

# LOCAL NEWS

*Dusseault said that although the fire department has been able to confirm that the fire began in the outbuilding, the exact cause is not yet certain.*

## Neville greenhouses struck by fire

By Gordon Lambie

The production greenhouses for Lennoxville garden centre Les Serres Neville took a serious hit on Sunday morning when a fire broke out in the heating system. According to Sylvain Dusseault, Assistant Director of the Cookshire Fire Department, the outbuilding that housed the heating system is a complete loss and two nearby greenhouses were damaged as a result of the blaze.

Dusseault said that although the fire department has been able to confirm

that the fire began in the outbuilding, the exact cause is not yet certain. The building in question had a wood pellet stove and a variety of electrical heaters with some known issues, the Assistant Director explained.

"It is certainly one of the two," Dusseault said, "but we cannot say exactly what the cause was at this point in time."

The Neville Family was unavailable to comment on the impact of the damage on the young plants in the greenhouses by press time on Sunday. According to the Serres Neville website, nearly 100 per

## Coaticook man fined for cropping dog's tail

Record Staff

A 63-year-old Coaticook man has been fined \$3,750 for cutting his dog's tail.

In March of 2016, Yves Michel Bourquart used an elastic band and an exacto knife to cut his dog's tail.

The SPA Estrie had received a complaint and after investigating, found evidence at the Coaticook veterinary clinic where the dog had been brought.

Bourquart recently pleaded guilty to a criminal charge of failing to ensure that the animal was not subjected to any abuse or ill-treatment that could affect its health.

The total fine is the minimum under the Animal Welfare and safety Act of \$2,500 plus legal costs.

The practice of clipping an animal's tail for aesthetic purposes was banned in January 2016 by the Order of veterinary surgeons of Quebec.

cent of the plants sold at the Wellington Street South garden centre are grown at

the production site, including all annuals and perennials.

# The 23rd edition of the CIBC Charles-Bruneau Tour officially launched

Record Staff  
SHERBROOKE

The CIBC Charles-Bruneau cycling Tour held the official launch Thursday for its 23rd Edition, aiming to raise more than \$3.3 million to help children afflicted with cancer in Quebec.

This year, three courses are now offered in the Estrie to offer cyclists different challenges:

The Discovery Course, Sherbrooke Sat-

urday, June 9 (2nd edition): a 50 or 80 km loop;

The Courage Course on July 5 and 6 (8th edition): 300 km over 2 days between Sherbrooke and Boucherville;

The Inspiration Course, on July 6: 140 km in one day between Bromont and Boucherville.

The tour is the Foundation's flagship event, which helps children with cancer and which seeks ever greater objectives.

The 2018 edition hopes to accommodate more than 600 cyclists, on all eight courses.

The CIBC Charles-Bruneau Tour has been one of the largest fundraising events in Quebec for 23 years and thanks to its major partners and cyclists, the event has generated more than \$22 million since 1995, traveling more than 22,000 kilometers across Quebec. The public is invited to follow the event on

the Foundation's Facebook, Twitter, Instagram (#TourCCB) and YouTube platforms.

Both seasoned and amateur cyclists can challenge themselves by registering online. The platform also allows participants to follow the progress of their fundraising in real time, encourage their friends, and stay on top of all the news about the CIBC Charles-Bruneau Tour at [charlesbruneau.qc.ca/tour-cibc](http://charlesbruneau.qc.ca/tour-cibc).

## Charest shares political savvy

CONT'D FROM PAGE 1

social worker to your clients, you deprive them of the services of the lawyer."

Charest decided to become a change maker and pursue politics. He was 26 at the time. "I came in with a wave," Charest explained.

He described the ups and downs of his political career for the Galt students, pulling no punches.

Just six years into what seemed like a promising career, Charest, the youngest person ever to serve in a federal cabinet position (Minister of State-Youth), breached the code of ethics by writing a letter to a judge regarding a Canadian athlete.

He immediately resigned from his position, embarrassed and thinking he had no future in politics. His supporters had other plans. Despite his mistake, which occurred while in New Zealand, he was greeted at the airport by two busloads of Sherbrookers encouraging him to learn from his mistakes and move on.

Charest would go on to spend 28 years in public life with plenty more ups and downs, including the 1993 election where his party at the time suffered the biggest defeat in electoral history, dropping from 169 seats to two.

His most recent position was three consecutive mandates as Premier of Quebec for the Liberal Party.

"There's nothing that could give me

as much satisfaction," Charest told the students, of his career in politics. "I have a deep affection for this country, he said.

"Citizenship is like a lottery. To be born in this country at this time is like winning first prize," Charest said.

For the last five years, Charest has been working for a law firm as a strategic advisor.

Looking at the world right now, Charest offered some insight to the students based on his recent work and travels.

"When you read the news, you get the sense that the world is falling apart," Charest said, explaining that in fact, globally, there has been a decrease in poverty in the last 40 years. There has also been an increase in the middle class, and people in general are living longer, healthier lives.

According to Charest, of great concern is the prominence of nationalistic rhetoric and extensive military spending in the world right now.

"Combined, those things create an environment where conflict can happen," he said.

"People underestimate how quickly that can happen."

Following his speech, Charest took questions from the students.

When asked what the young model parliamentarians should be doing right now to prepare for the future, Charest said they should be asking questions,

trying new experiences, and thinking with a critical mind, not a cynical one.

He shared some advice from his mother; "It's not the size of your bank account or the car in your yard that will matter, it's what you've done with your life."

One student asked how Charest handled the responsibility of running a province.

"It takes a high level of discipline," he answered, adding that having a strong support network around him was essential.

"I also learned very early on to ask for

help," Charest said.

When asked how he felt about lowering the voting age, Charest said that at 16, kids have other priorities. "I believe 18 is the right time," he said, explaining that at that age, people have gained more experience.

In terms of life lessons, Charest told the students that his circle of family and friends was always the most important thing in his life.

He added that every time he dared to push and challenge himself ended up being the moments that made the biggest difference in his life.



# SPA slams Minister Boulet for rodeo endorsement

Record Staff  
SHERBROOKE

who found the festival to be harmful and dangerous to animals. "Despite the overwhelming evidence of a total disregard for animal health and safety Minister Boulet has chosen to continue supporting this festival," the communiqué said.

Bulls, for example, are by nature not as aggressive as the rodeo would have people believe. Flank straps tightly squeeze the area near the bulls genitals to cause bucking while electric cattle-prods and boot spurs are used to get an already scared and stressed animal to submit. The occurrence of broken legs among calves and horses is also very common. These otherwise healthy animals are then euthanized as they can no longer be used in events, the organization said.

"It's absolutely unacceptable to use the pain and suffering of animals as a

public spectacle," says SPA Canada Communications officer Elise Moreau.

The organization pointed out that, in December 2015, the Quebec National Assembly unanimously passed a law that provides adequate protection for domestic animals and some wild animals. It also provides for a series of prohibited acts including the transport of an animal or the training of an animal for combat. "No one may, by his act or omission, cause an animal to be in distress," it said.

Despite the implementation of this law, some continue their activities illegally and Roy's report contains a disturbing video taken by a veterinarian. The video exposed, in direct violation of the law, a scene of a bloodied bull dashing through the walls of his enclosure as well as young calves tied to the ground with their legs bound. The conditions that are

inflicted upon these animals for our entertainment are repulsive and illegal, Moreau adamantly reminded the government. "You are guilty of every transgression of the Laws you pass and it's no different for the law that assures animals' respect."

SPA Canada said that the time is now to end what it considers cruel and inhumane practices and calls for the eradication of rodeos in the province.

"Today, we are asking the province of Quebec to acknowledge the current law and abide by its dictates and eradicate illegal rodeo practices throughout the province," it concluded. "Quebec should join the many other places, like England, Scotland, the Netherlands, and the City of Vancouver, that have already chosen to abolish this inhumane practice."

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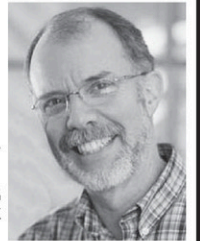
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# Magog joins Smart Cities group

Record Staff

The City of Magog has announced its decision to participate in the Smart Cities Challenge launched by the federal government last November. In doing so, Magog will partner with the municipalities of Brossard, Châteauguay, Delson, Sainte-Catherine, Saint-Constant, Saint-Lambert, Saint-Basile-le-Grand, the Huron-Wendat First Nation, Beaconsfield, and B-CITI to present a common application.

First prize for the challenge is \$10 million to help complete the proposed project.

The Smart Cities Challenge is a national competition open to communities of all sizes, including municipalities, regional governments, and Aboriginal communities (First Nations, Métis and Inuit).

The Challenge aims to encourage communities to take a smart city approach to improving the quality of life of their residents through innovation, data and connected technologies. Participating cities and organizations have until April 24, to submit their application. Finalists will be announced by the federal government in the summer of 2018.

The City of Magog and its partners are inviting the public to submit any ideas they may have by means of a short form before April 23. Participants are asked to make suggestions following a smart city approach, leveraging innovation, data, or technology to improve the quality of life of the community. This form is available on the microsite specifically created for the challenge at [www.ideescollectives.ca](http://www.ideescollectives.ca).

Magog Mayor and Chair of the UMQ Smart Cities Working Committee Vicki-

# \$11 million government funding for Sherbrooke parts plant

Record Staff  
SHERBROOKE

The governments of Canada and Quebec have kicked in nearly \$11 million in financial contributions to aluminum auto parts manufacturer Verbom to support a modernization project at its sheet metal processing plant in Sherbrooke. The project will help create around 100 jobs in the region. The announcement of the financing package was made Friday by Minister of International Development

and La Francophonie and Compton-Stanstead MP Marie-Claude Bibeau and Quebec Minister for Small and Medium Enterprises, Stéphane Binette.

Canada's share of the new financing will be \$4.8 million while the Government of Quebec is providing a loan of \$6.1 million through the ESSOR program. Verbom, founded in 1978, is a supplier of metal tooling and component services for the automobile industry. The company specializes in aluminum thermoforming.

May Hamm said this collective approach will lead to smarter and more humane cities: "The possibilities are endless as to the tools that can be developed and made available to all when we take advantage

of innovation and technology," she said. "That's why we are inviting you to share ideas that will improve our quality of life. As the slogan of the City of Magog says, be creative by nature."

# Dialogue Plus celebrates youth volunteers

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My motivation? : I am involved in Dialogue Plus to gain experience and have a positive influence in the Sherbrooke community, that is to say that Sherbrooke radiates in Quebec by its inclusion and its coexistence.

My achievements? : I participated in a TV show as a reporter on the show Regarde-Moi, and also took part in the Dialogue Plus Forum in 2017.

My quote? : Find your vision and live to accomplish it!

Dialogue Plus project proposes a series of public actions to reinvigorate ethnocultural relations and encourage greater mobilization of young people, whether they are Canadians of origin or from different cultural communities.

These actions are supported by a versatile advisory committee, which in-

cludes young people, stakeholders from various backgrounds and experts, as well as the Dialogue Plus project team.

For more information on Dialogue Plus, visit the project page at [www.aide.org/dialogue-plus](http://www.aide.org/dialogue-plus)



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# EDITORIAL

No matter which museum or museums end up "owning" the painting, the fact remains a valuable "Canadian" work of art stays in the country,...

## A Tower for a Trumpet: The great Canadian art switcheroo



PETER BLACK

One suspects that few humble souls of modest means can grasp the staggering amounts of money spent on works of art. It's a phenomenon easily as mystifying as the creative ability that impels the human being holding the brush, chisel or charcoal. How do you put a value on an image captured on a piece of stretched canvas?

The arcane world of big ticket art is in the spotlight in Quebec lately thanks to an intriguing little tango between some of the biggest players in the state-owned Canadian culture world.

We refer to the current scheme on the part of the National Gallery of Canada to cash in a work by Russian-French modernist Marc Chagall, La Tour Eiffel, and use that money to acquire another work considered to be a "national treasure."

The Chagall is supposed to go on the auction block at Christie's in New York

City on May 15. The speculation is the 1929 oil could fetch up to \$13 million and possibly well beyond, maybe even doubling the National Gallery's \$8 million annual acquisitions budget.

As of this writing the National Gallery has not confirmed what "national treasure" it's willing to sacrifice a Chagall to acquire, one that it says spends most of its time in storage. But now everybody knows, thanks to the gossipy art and museum community in Quebec, the prized painting is French master Jacques-Louis David's Saint Jerome Hears the Trumpets of the Apocalypse, or Saint Jerome for short.

In his long career, David, known as Napoleon Bonaparte's artist, produced a spectacular portfolio of epic paintings and poignant portraits, and, we learn, was perhaps the most influential French painter of his era, with dozens of students emulating his neoclassical style.

The plot thickens on this art caper when it is revealed the owner of Saint Jerome is none other than Quebec City's Notre Dame Catholic parish. The parish, in its wisdom driven by necessity, wants to sell the masterpiece to raise money to sustain its precious heritage properties, notably the spectacular Basilica in the old city, and the oldest stone church in Canada, Notre Dame des Victoires church in Place d'Armes, one of the most visited tourist stops in North America.

Saint Jerome is among a large catalogue of art works donated to the parish



and ultimately Laval University by the Camail sisters in 1922. The sisters were immigrants from France whose grandfather Gustave Mailand was a successful painter and collector. Much of his collection came to Quebec with his granddaughters and much of that collection is stored and curated at the Musée de la Civilization in the old city.

Saint Jerome is currently on display until June at Montreal's Musée des Beaux Arts, where the management there is now talking with the Musée de la Civilization about mounting an offer for the painting, with or without the federal National Gallery as a partner.

Given the prospect to pool the acquisition resources of two (or three) major museums, the question arises why the National Gallery would want to sell a Chagall treasure if it doesn't need to. Not surprisingly, there is a petition to

block the looming auction of La Tour Eiffel.

The irony of this is that the parish is quite explicit it has no intention of selling such a masterpiece to foreign interests in an open bidding process. Parish officials, according to a report from the Agence QMI, approached the National Gallery, as well as the museums in Quebec and Montreal. How much the parish wants for the painting has not been released.

No matter which museum or museums end up "owning" the painting, the fact remains a valuable "Canadian" work of art stays in the country, the parish gets the funds to maintain its treasured buildings in perpetuity, and your average citizen gets a chance to appreciate a work from the eye and hand of the man who painted Napoleon.

## The big pipeline predicament: how far will Trudeau go to get it built

The Canadian Press

When Prime Minister Justin Trudeau sits down in Ottawa this morning with the pre-

miers of British Columbia and Alberta it will be the first time the three biggest political players in the Trans Mountain pipeline predicament are in the same room at the same time.

There may be attempts to figure out if B.C. Premier John Horgan has a price for withdrawing his opposition but the real question today is whether Trudeau and the federal government are ready to say how far they will go to get the pipeline built.

The government is looking at several different options to minimize the risk to the pipeline's investors which could include insuring the return on investment, buying a stake in the project or putting up cash to cover cost overruns that result from construction delays.

What he can do to overcome the political risk may take a lot more than one meeting with two premiers.

The Liberals seem convinced only a small number of their 18 B.C. seats are at risk over approving a pipeline but on Saturday Quebec's minister for Canadian relations warned Trudeau it would be a mistake for Ottawa to ram through the project with no regard for provincial rules.

The Liberals have 40 seats in Quebec, and hope to grow that number in the next election but polls suggest outside of B.C. opposition to the Trans Mountain pipeline is highest in Quebec, a province where many voters are very wary of a federal government overstepping into provincial autonomy.

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# Local Sports

Wheelchair racer Diane Roy, at 47, won bronze. And 20-year-old boxer Thomas Blumenfeld, marked by welts, proudly put his body on the line to earn silver.

## Leafs coach Mike Babcock uncertain if Leo Komarov will be ready for Game 3

The Canadian Press

Toronto Maple Leafs head coach Mike Babcock isn't planning to have forward Leo Komarov in the lineup against the Boston Bruins as they try and dig out of an 0-2 series deficit.

Komarov left Saturday's 7-3 Game 2 loss with a lower-body injury and Babcock says he doesn't know if the Finnish forward will be ready to return for Monday's Game 3 matchup at Air Canada Centre.

"What I'm planning on doing is going without him and if he shows up he shows up," said Babcock.

The 31-year-old started Game 2 on Toronto's top unit with Auston Matthews and Kasper Kapanen, but a 4-0 first-period deficit led to him being dropped down to the fourth to start the second. He played just 6:39 before leaving in the middle frame and not returning.

Babcock has already had to shuffle his lineups in the series which has made it more difficult for him to try and line match against the Bruins.

He was forced to switch up in Game 2 because of Nazem Kadri's three-game suspension. Kadri was punished by the NHL after boarding Tommy Wingels in

the series opener \_ a 5-1 loss that saw emotions start to rev up.

Forwards Dominic Moore, Matt Martin and Josh Leivo are all healthy and ready to go, with all three taking part in post-season practices. But Babcock wouldn't tip his hand at who could potentially replace Komarov in the lineup if needed.

"We're going to play hard against them. We've got last change (at home). I'll tell you (Monday) during warmup."

On Sunday, Babcock chose to hold a team meeting at Air Canada Centre rather than an off-day skate. After being outscored 12-4 in the first two games of

the series, he wanted his team to find a way to recentre while also going over video of what needs to be improved on ahead of Game 3.

"Get re-energized here today. Basically, we brought them in here today just to clean the mechanism out and let's get ready to go and get after it. We spent all year preparing for this opportunity, putting in a lot of work and don't feel we've been as good as we're capable of being," said Babcock.

"That part is disappointing, but the other part is we know how good we are and we want to play that well."

## Canadians enjoy Gold Coast Games even if medal haul didn't meet expectations

By Neil Davidson  
THE CANADIAN PRESS

While Canada fell well short of its goal of 100-plus medals at the Commonwealth Games, team officials say the true test of the Gold Coast Games will come two years from now at the Tokyo Olympics.

Lessons learned here should pay off in 2020, said Canadian chef de mission Claire Carver-Dias.

"It's intelligence," said Carver-Dias, a former synchronized swimmer who won medals at the Olympic, Commonwealth and Pan American Games. "You're gathering data."

"And people underestimate the Commonwealth Games," she continued. "We're chronically underfunded. But it is listed as a milestone in the performance pathway and athletes keep saying these games are important. It's a checkpoint ... Olympians are going to benefit from being here."

Carver-Dias' words are undoubtedly true. But like the Commonwealth itself, the question-mark over the relevance of the so-called Friendly Games seems to grow every four years.

Supporters point to the games' inclusivity, with gender medal equality and para-events as part of the program. Here they also noted the games' reconciliation action plan with Australia's Aboriginal and Torres Strait Islander peoples.

After some bold talk of a triple-digit medal haul, Canada had to wait until the final day of competition to match its total of 82 from four years ago in Glasgow. A poor finale by the Canadian women's rugby sevens team Sunday meant a possible medal No. 83 \_ a bronze \_ now belongs to England.

Thanks to an unexpected men's basketball silver, Canada finished with 15

gold, 40 silver and 27 bronze. While the total number of medals did not change from Glasgow, the number of golds plummeted from 31 to 15.

Canada finished third in total medals behind Australia's 198, including 80 gold and England's 136 (45 of which were gold). But it was fourth when it came to golds with India, which had 66 total medals, collecting 16.

Track and field, not helped by the late withdrawal of sprinter Andre De Grasse, was down to 13 medals from 17. A young rhythmic gymnastics team won two medals, down from six in 2014. Wrestling was down from 12 to 10 with head coach Tonya Verbeek seeing the need to revamp some things in the wake of a few spotty performance.

But led by 17-year-old Taylor Ruck's eight medals (1-5-2), swimming won 20 medals compared to 11 in Glasgow. And boxing produced six medals, double the output four years ago.

When Damian Warner stumbled in the decathlon, Pierce LePage stepped up to the podium. Haley Smith overtook Emily Batty to take mountain bike bronze.

While the peaks seemed to cancel out the valleys, Canadian team officials will be studying the numbers and performances to see why Own The Podium's projection of some 100 medals \_ the actual number was 112 but they wanted to dampen expectations \_ wasn't met.

The youth of the Canadian team, the power of Team Australia and a spate of fourth-place finishes \_ the lawn bowls team had five alone \_ were cited as some of the reasons.

On the plus side, no Canadian athlete got tanked up and borrowed a Hummer.

And there was plenty to celebrate. Joanna Brown rallied from a fractured

shoulder to win triathlon bronze. Maude Charron, a relative newcomer to weightlifting, hoisted gold. Ellie Black, with two gold and a silver, was a class act in gymnastics.

Canada's women ruled the sand in the games debut of beach volleyball, with the men talking silver in a thriller. Backstroker Kylie Masse followed up her 2017 world title with double individual gold and a relay silver. Wrestler Diana Weicker, a mother of two and part-time pediatric nurse, won gold.

Wheelchair racer Diane Roy, at 47, won bronze. And 20-year-old boxer Thomas Blumenfeld, marked by welts, proudly put his body on the line to earn silver.

Diver Jennifer Abel bounced back from a disaster in the synchronized three-metre springboard to win gold in the individual event. And let's not forget 70-year-old shooter Robert Pitcairn, the oldest competitor ever at the Commonwealth Games.

But the show belonged to Australia. The home team won 73 medals, including 28 gold, in the swimming pool alone.

Australia soared into top spot in the medal standings with 198 (80-59-59), up from 137 (49-42-46) four years ago when it finished second to England. But it didn't improve its own record at Melbourne in 2006 when the host nation won 221 medals, including 84 gold.

England slipped to second spot at the Gold Coast with 136 (45-45-46), down from 174 (58-59-67) in Glasgow.

The heavyweights didn't hog all the medals.

The British Virgin Islands, Dominica, Cook Islands, Vanuatu and Solomon Islands all won medals for the very first time at a games. But 13 of the 71 nations that competed here will have to wait for more years to hunt for a first-

ever medal.

The sports were well-attended, with locals in the majority. The fact that most of the spectators were Australian added to the atmosphere in the venues if not the streets. People went to the venues and they went home.

Other than a transportation glitch for the public at the opening ceremonies, there were few complaints. The games were well-organized with an army of cheery volunteers.

"They were incredible games," said Canada's assistant chef de mission Benoit Huot. "The organizing committee delivered. The people from the Gold Coast and Australians were proud to receive those games and we felt it."

Huot, a former elite swimmer, has been to 16 multisports games, between the Olympics, Paralympics, Pan Ams and Commonwealth Games, "and I can say it's in the top three, easy."

The big winner at the end of the day may be the Gold Coast, with its constant sunshine and beautiful beaches. Queensland's slogan of 'Beautiful One Day, Perfect The Next' was well-chosen, although the marathoners may have a different take on the heat that left some literally out on their feet.

One month after the chill of the Pyeongchang Games, reporters here were gifted tubes of sunscreen by smiling volunteers.

The aptly named Surfers Paradise managed to combine the best and worst of Las Vegas, Florida and Niagara Falls.

"It's hard not to have a good time on The Gold Coast," said Erica Wiebe, champion wrestler and Canadian flag-bearer. "There's beaches, there's koalas, there's sun. It's absolutely a dream."

Birmingham, England, will be hard-pressed to surpass the scenery Down Under in 2022.

Death



**Dora Margaret BOWEN (nee Dillon)**

At the Georgetown Hospital on April 12th, 2018, at the age of 91 years. Beloved wife of the late John Bowen (2009). Loving mother of Helen (Gary Mizener), Diane (Wendell Sparkes), Terry and Stephen (Barbara). Cherished grandmother of the late Scott (2009), Kim (Chris), Melanie, Jonathan (Liz) and Samantha. Great-grandmother of Lucas, Owen, Michael, Zander, Gavin, Charlotte and Carmen. Survived by her sister-in-law Beverly Bowen (late Edward). Predeceased by twelve brothers and sisters. The family expresses their thanks to the staff and her friends at Mountainview Terrace. A graveside service will be held at Greenwood Cemetery, Georgetown on Tuesday, April 17th, 2018 at 11:00 a.m. In lieu of flowers, donations to CASHH (Cancer Assistance Services of Halton Hills), The Georgetown Hospital Foundation or a charity of your choice would be appreciated.

Arrangements entrusted to the J.S. Jones & Son Funeral Home, Georgetown, Ontario. To send expressions of sympathy visit: [www.jsjonesandsonfuneralhome.com](http://www.jsjonesandsonfuneralhome.com)

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# Datebook

MONDAY, APRIL 16, 2018

Today is the 106th day of 2018 and the 28th day of spring.

**TODAY'S HISTORY:** In 1917, Vladimir Lenin returned to Russia in a sealed train after years in exile.

In 1943, Swiss chemist Albert Hofmann discovered the hallucinogenic effects of LSD.

In 1947, a fertilizer explosion during the loading of the freighter Grandcamp at a pier in Texas City, Texas, left more than 500 dead.

In 1963, civil rights leader Martin Luther King Jr. penned his famous "Letter From Birmingham City Jail."

In 2007, a gunman killed 32 people in a shooting spree on the Virginia Tech campus in Blacksburg, Virginia.

**TODAY'S BIRTHDAYS:** Anatole France (1844-1924), writer; Wilbur Wright (1867-1912), pilot/engineer; Charlie Chaplin (1889-1977), filmmaker; Peter Ustinov (1921-2004), actor; Henry Mancini (1924-1994), composer; Pope Benedict XVI (1927-); Kareem Abdul-Jabbar (1947-), basketball player; Bill Belichick (1952-), football coach; Ellen Barkin (1954-), actress; Jon Cryer (1965-), actor; Martin Lawrence (1965-), actor; Gina

Carano (1982-), model/actress; Chance the Rapper (1993-), rapper.

**TODAY'S FACT:** Charlie Chaplin's body was stolen in 1978 by grave robbers hoping to extort money from his family for its return. It was recovered 11 weeks later, and the perpetrators were arrested.

**TODAY'S SPORTS:** In 2003, Michael Jordan of the Washington Wizards played the final NBA game of his career, a season-ending 107-87 loss to the Philadelphia 76ers.

**TODAY'S QUOTE:** "To accomplish great things we must not only act, but also dream; not only plan, but also believe." — Anatole France

**TODAY'S NUMBER:** 0 — hits allowed by Cleveland Indians pitcher Bob Feller on this day in 1940. Feller's performance remains the only Opening Day no-hitter in Major League Baseball history.

**TODAY'S MOON:** Between new moon (April 15) and first quarter moon (April 22).

## High potassium levels can cause symptoms similar to anxiety

**ASK THE DOCTORS**  
 By Robert Ashley, M.D.

**Dear Doctor:** I started taking potassium pills about five years ago. Then after a few months, I began to have anxiety attacks so severe that I could barely talk to people. Finally, I read warnings about potassium's side effects, which included anxiety attacks. I immediately stopped taking the pills, but still have mild anxiety attacks. More people should know about this side effect.

**Dear Reader:** Thank you for sharing what has clearly been a difficult experience. Before we explore the potential risks, however, let's be clear on one point: Humans need potassium for normal cellular function within the body. Major deficiencies in this mineral can lead to severe muscle weakness, failure of the respiratory and gastrointestinal systems, kidney dysfunction, abnormal heart rhythms and possible death. Because many diuretic drugs deplete potassium, people taking such drugs should also take potassium supplements. So too should people with chronic diarrhea, for the same reason.

But if you're not taking medication that decreases potassium, don't have diarrhea and do have a healthy diet, you don't need extra potassium. That doesn't mean people don't take it, how-

ever. Some use potassium to ease muscle cramps or to help build muscle through workouts. Others use it as a table salt substitute. Some people even take extra potassium to reduce blood pressure, although there's no evidence that this has any effect.

Humans normally require 2,000 to 3,500 milligrams of potassium daily. Because the mineral is found in a variety of foods, most people's needs can be met through a generally healthy diet. Though it may be tempting to supplement, taking additional potassium can cause your levels to go too high. Because people with kidney dysfunction are already apt to have higher levels of potassium, taking supplements is especially risky for them.

An elevated potassium level can lead to muscle weakness and even paralysis. It can also interfere with electrical conduction in the heart, causing abnormal heart rhythms and, when severe, a shut-down of the heart's electrical activity, meaning loss of any muscle contraction and, quickly, death.

As for the kidneys, although they're efficient at maintaining potassium balance, they can be overwhelmed by high levels, causing them to retain more acid, which leads to metabolic acidosis. In this process, the body tries to decrease acidity in the blood by eliminating

carbon dioxide via hyperventilation. (More on this later.)

In your case, I suspect that your potassium levels were too high to begin with. Angiotensin receptor blockers and ACE-inhibitors (both are blood pressure medications) can elevate potassium levels, as can the diuretic spironolactone. And, again, kidney dysfunction can elevate potassium levels as well.

As for your symptoms, it's possible that the high potassium levels led to an abnormal heart rhythm, which in turn led to panic. Another possibility is that the high potassium levels led to greater acidity in the blood — and the ensuing hyperventilation.

That hyperventilation can lead to dizziness, nausea, palpitations, shortness of breath and chest pain — many of the same symptoms as a panic attack.

I'm not sure if my line of thinking is correct, but I do agree that stopping the potassium supplement was the right thing to do. As a next step, I would also recommend that you see your doctor and have both your kidney function and your potassium checked. Those tests may provide some clarity.

*Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.*



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# Never celebrated

## Dear Annie

MONDAY, APRIL 16, 2018

**Dear Annie:** I've been wanting to write to you about this for a while. About one-twelfth of people have December birthdays. Mine is in the second week of December.

When I was a child, my birthday celebration would get lost amid all the holiday events. It'd get mashed together with some big get-together or sometimes be pretty much forgotten. There was no event just to celebrate me.

I don't think my birthday should have been any less celebrated than my parents' and siblings' birthdays, but it was. Some people's birthdays are even closer to the 25th than mine, and they probably had it worse.

I realize I'm writing this to you in late March, but if I wrote to you in December and you chose to publish and respond in December, most likely nothing would change, even if some agreed with my viewpoint, because they'd be too busy at that point.

I've thought several times that maybe family and friends could plan something like a biannual birthday celebration for those of us whose birthdays get lost in the Christmas holidays. How wonderful it must be to have a celebration in which you are the guest of honor.

I am grateful for so much in my life, but it sure

would be nice to at least once have a celebration just for me, which most others get. — December Baby

**Dear December Baby:** First, to anyone reading this and thinking that birthdays aren't a big deal, don't be so quick to judge. I bet you like to feel special on your birthday. Most everyone does.

Now, "December Baby," you've already thought up a great solution: to observe your birthday on your half-birthday. Are you waiting for your family and friends to develop mind reading capabilities? Tell them your idea! Or just start planning your party for mid-June and let everyone know. You'll most likely have a blast.

And lastly, this is neither here nor there, but seeing as you mentioned it, I wanted to look into it: It turns out that statistically speaking, December is actually the least common birth month. Less than one-twelfth of the population was born in December. So you're more special than you realized.

**Dear Annie:** I am writing in response to "Birthday Non-Celebrations."

There's the golden rule: Do unto others as you'd like others to do unto you. Then there's the platinum rule: Do unto others as others would like done unto them.

They're not always the same.

Maybe her husband, like me, is an introvert and he puts up with her big parties and plans but really would

prefer a much quieter birthday, with little to no fanfare. Many people, possibly including "Birthday Non-Celebrations," just assume that what they want is what everybody would want. That is so not true!

It's possible he's doing the same thing: giving her the birthday he'd like to get, which is almost nothing at all.

It doesn't sound as if they communicate much. And you picked up on that, too. She never says he seems to really like or appreciate the big shindigs she puts together for him. I know I wouldn't.

I have read "The 5 Love Languages" and would also highly recommend it! — Mel H.

**Dear Mel H.:** I love that you shared the "platinum rule." I think you can often pick up on what someone would like through context clues. For example, if you're not sure what kind of gift a friend wants to receive, look at the kind of gift that friend gives. But I agree that the best way to figure out that sort of thing is through plain old conversation. This is especially true for romantic relationships. If you aren't forthright about what you want and need from your partner, one miscommunication leads to another, until you look up and realize how far apart you've wandered.

*Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).*

## Ayer's Cliff Unity Fifty Plus

The Easter Bunny stayed hidden around Ayer's Cliff until April 3, when he showed up at Ayer's Cliff Unity Fifty Plus. Upon arriving we found lots of pretty spring flowers, chocolate eggs, chocolate bunnies and Peter Cotton Tail could be spotted everywhere.

President Linda brought Easter greetings and welcomed everyone, saying there are lots of Easter treats on the tables, help yourselves, they are for all to enjoy.

Forty-five members were joined by four guests, Jim Mackay, Jim Wharry, Geraldine Smith, and it was nice to see former member Pearl Goodsell joining us.

Linda presented Leta Dustin with a three coloured miniature chrysanthemum plant for her 90th birthday with a card signed by the members. Happy Birthday Leta from all of us. Linda also presented May Cunnington with a variegated chrysanthemum plant, a Thank You for all the work she does for our Club and a card with Get-Well wishes after her second foot operation.

Linda came up with her first of many jokes. A teacher asked her student, "Which is further away, the moon or Florida?" The student replied, that's easy, can you see Florida?"

Rev. Barbara Wintle asked the Blessing. Forty-nine hungry people sat down to a delicious Easter dinner with a choice of maple ham or pineapple ham, scalloped potatoes, creamed carrots/turnip and coleslaw with crusty bread.

A Bunny sticker under a dinner plate was won by Jim Mackay. Guessing the number of candy eggs in a jar was won by Marsha Wallis who guessed 90 which was the closest, winning the jar of eggs. Alice Boomhower received second prize, which was a bag of Smartie carrots. The Booby prize went to Leta Dustin guessing 402. Oh my Leta, that would have been a pail full. The draw was won by Leslie Bliss, Linda Belanger and Geraldine

Smith. Thank you to Barb and Lois for selling the tickets.

Bunny sticker under the cake plate was won by Phil Kerwin.

Ernestine Whipple played the birthday song to Wallace Mosher, Lise Beauvais, Barbara Carbonneau, Arnold Mackeage, Leta Dustin, Geraldine Smith and Jean Caty. Ernestine continued to play a few favourite Easter selections.

It was time to clean up, as usual many headed for the kitchen. Unknown to them the kitchen was loaded with 30 hidden Easter eggs. Those washing dishes had their own egg hunt. Eight enthusiastic helpers were on the run. The winner finding the most eggs was Jerry Sutton who received a Bunny Planter. The rest got to eat their eggs.

Door prizes were won by Marguerite Dunlop, Marilyn Lawand, Jean Cass, Barbara Burrows, Jim Wharry, Ernie Wintle, Jane Pierce and Jerry Sutton.

A recording of The Easter Parade was played as sixteen participants with pretty Easter Bonnets marched around the hall. Linda had selected three people to be judges. The bonnets were all so pretty and unique. Out of the ten women, Beth Hartwell was the winner receiving a Bunny Planter. From the six men wearing decorated hats, Mel Dustin was awarded a chocolate bunny.

Our first game of the afternoon was Heads or Tails. This was won by Pearl Goodsell and Jean Cass. A second game of Heads or Tails was won by Barbara Burrows, consolation prize going to Mary Levasseur and Phil Kerwin, all receiving a prize.

The third game was Ring Toss: A cute 3' bunny was minding his own business when along came twenty-seven ambitious people taking turns trying to place a hoop over his ears. Marsha Wallis bothered him the most by landing three rings over his ears. Marsha also received a Bunny planter with a plant in it.

The last game of the day was a lot of



April birthdays: Wallace Mosher, Lise Beauvais, Barbara Carbonneau, Arnold Mackeage, Leta Dustin, Geraldine Smith and Jean Caty.



Ayer's Cliff Fifty Plus Easter Parade



Ayer's Cliff Fifty Plus dishwashers on an Easter Egg hunt

fun. Pinning a fuzzy little tail on Peter Rabbit. With his keen instinct of Birds, Bees and Bunnies, Raymond Belanger put the Tail right where it should be and made Peter a happy little rabbit. Raymond's award was the last Bunny Planter of the day. Consolation prize a bag of Smartie carrots went to Jane Pierce.



They found all the eggs.



Linda, May and Phil looking for the rabbit



Vice-President Phil Kerwin presenting Marsha Wallis with a Bunny Planter

This brought our Easter Party to a close. A load of thanks goes to Linda for organizing the day with games and prizes, combined with lots of fun and laughter.

Hope to see you all next month on May 1.

Submitted by Phyllis Dustin, Secretary

### CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"RBC PYPUL HCFL FDBV CJ BU  
JNWUZL ZWALD TR WIIYPZUL. RBC  
VZAZ DWUPJYIMZP TR WNKYODLR  
OBP." — HBZN BFLZZU

Previous Solution: "As soon as I ended up being incarcerated, I said you know, this is not the life for me." — Mark Wahlberg

TODAY'S CLUE: *8 snabls 1*

### REALITY CHECK

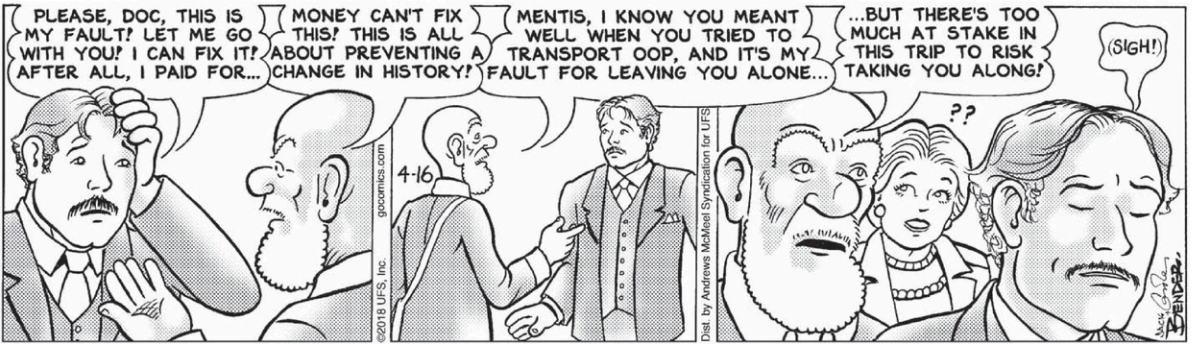


### HERMAN

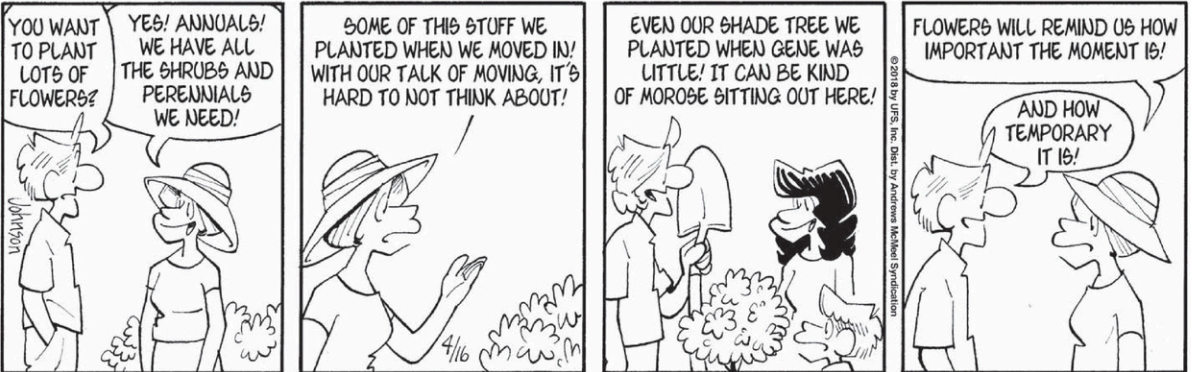


"We're having trouble finding twelve ex-embezzlers for the jury."

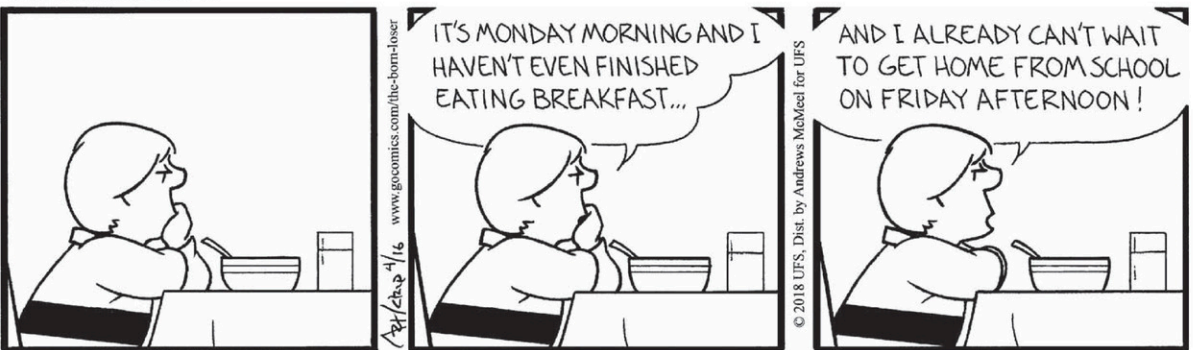
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## Third annual Jonathan Luce Memorial Dart/Pool tournament

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On Saturday, April 7 the third annual Jonathan Luce Memorial Dart/Pool tournament was held at the A.N.A.F. Unit #318, The Hut. This year we also added a silent auction.

The proceeds from this day have been given back to our community. The beneficiaries of the proceeds are decided upon by Jonathan's mom, Kathy Chapdelaine-Lord. The first year we donated to the A.N.A.F. Unit #318 - Sewage and Water Fund. Last year we donated to the Wilson Street Softball League (kids aged 7- 13). This year the proceeds are going to 1st Lennoxville Scouts. We will be giving them \$3200. in memory of Jonathan.

We had a great turn out, with 120 dart players and 8 pool players as well as many supporters. The winners of the dart tournament were Jeff and Eric Hinds and the winner of the pool tournament was Mike Gosselin.

We would like to thank all the individuals and companies that donated: Boucherie René & Richard; Jimmy Nichols; Familiprix; Proviso; Hatley Store; Lennoxville Fleuriste; Ville de Sherbrooke; Trulene Bachand; Dawn



Peter Sarrasin, Brady Smith, Nina Stubbert, Jeff and Eric Hinds (winners of the dart tournament), Danny Luce and Debbie Chaplin (Photo by Vi Mackey)

Copping; Chris Drew; Jimmy Donnachie; Laurie Ward; SWM Peinture; Clark & Sons; Gary Hadley; Ultramar (Lennoxville); Brittney Hamilton; Propar; Vanessa Jory; Nancy Montgomery; Lorraine's Bakery; Nina Stubbert; Peter Sarrasin; Danny Luce; Chantal Paradis; Marilyne Houle; Vicky Lambert; Helene Richard; Ferrotech Menard; Restaurant La Place; Proxim (Compton); Rose Fowler-McVety; Fred Wright; Pam Warburton; A.N.A.F. Unit #318; The Record and CJMQ;

And a huge thank you to all who participated in the tournaments and bought raffle tickets and supported our silent auction, because without you, we could not have had such a huge success.

This day was to raise funds for a great organization, but most importantly it was to honour and remember a great guy, friend and relative who was taken from us way to soon. Gone, but never forgotten.

Thank you all for your support.  
 The organizing committee:  
 Brady Smith, Danny Luce, Peter Sarrasin and Nina Stubbert

Also, a big thank you to our many volunteers: Debbie Chaplin, Tom Kirby, Krissy Warburton, Tina Luce and Jim Patton.

### SUDOKU

DIFFICULTY RATING: ★☆☆☆☆

			3			4		9
4				7	2			8
6		2	8	4	9	3		
	3			5		2		
	4	1	7	9	3	5	6	
		6		8			9	
		4	9	1	7	8		6
	7		6	2				4
9		5			8			

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#### PREVIOUS SOLUTION

8	2	9	5	6	3	1	4	7
3	7	4	1	2	9	8	5	6
6	1	5	4	8	7	2	3	9
7	5	8	6	9	1	3	2	4
4	9	2	8	3	5	7	6	1
1	6	3	2	7	4	9	8	5
5	3	6	9	1	2	4	7	8
9	4	7	3	5	8	6	1	2
2	8	1	7	4	6	5	9	3

**HOW TO PLAY:**  
 Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

### Lennoxville Golden Agers

The seniors met at Gertrude Scott Hall on April 10 for an afternoon of cards and supper.

Winners of 500 were:  
 Mens' First: George Peasley  
 Mens' Low: Wayne Nutbrown.  
 Womens' First: Keith Vintinner (played as a woman)  
 Womens' Low: Lise Provencher.

Grace was said by Pat. Supper was Shepherd's pie, tossed salad, French bread, beet pickles, tea and coffee. Gingerbread and whipped cream was for dessert.

Darlene Rogers was a guest for the second time. Thanks for joining us, Darlene.

Door Prizes were won by Greta Nish, Jack Kimpton, Gwen Bayley, Elaine Lebourveau, Darlene Rogers, George Martel and Wayne Nutbrown.

Pat thanked the cooks. She asked the seniors with reports to have them available for the end-of-the-year meeting.

Also, new guests are welcome. Contact Pat at 819-829-2305  
 Next meeting is April 24.

Submitted by  
 Glenda Huff

# NEA Crossword Puzzle

# Your Birthday

MONDAY, APRIL 16, 2018

options that can help you get ahead. A chance to show off your expertise will impress someone special.

- ACROSS**
- 1 IRS time
  - 4 Wan
  - 8 Joplin piece
  - 11 Synthesizer eponym
  - 13 Additional
  - 14 Period
  - 15 Culture dish goo
  - 16 To a fault (2 wds.)
  - 18 Surfer wannabes
  - 20 Grease cutter
  - 21 Slumber party wear
  - 22 Streetwise
  - 24 Lomond and Ness
  - 27 Go downhill
  - 30 Cheers
  - 31 Headland
  - 32 Crater edge
  - 34 Run around
  - 35 Broadcasts
  - 36 Let down
  - 37 Vassal's oath
  - 39 Salad veggies
  - 40 Two-finger sign
- 41 Metal in pewter**
- 42 Groundless**
- 45 A martial art**
- 49 Eye wash**
- 53 High spirits**
- 54 Took in tow**
- 55 Carry on**
- 56 Camp cover**
- 57 Vinyl records**
- 58 Wine concern**
- 59 — Paulo**
- DOWN**
- 1 Rani servant
  - 2 Comic strip
  - 3 Highway possum
  - 4 Not quite right
  - 5 Male child
  - 6 Many min.
  - 7 Slangy OK
  - 8 Start over
  - 9 Vicinity
  - 10 Breathe hard
  - 12 Boardroom plots

Answer to Previous Puzzle

P	V	C		P	E	G			H	A	S		
O	A	R		E	M	U	S		C	A	M	O	
E	R	A		C	A	R	E		A	R	I	D	
T	Y	M	P	A	N	U	M		L	P	G	A	
				A	N	A		I	G	L	O	O	
I	R	O	N		T	E	S	L	A				
F	I	E		G	E	L		A	S	C	O	T	
S	O	R	E		A	I	D		U	F	O		
				F	A	U	N	S		T	E	T	E
				P	U	F	F	S		L	P	N	
P	A	P	A		H	E	A	R	T	E	N	S	
O	P	E	C		E	R	N	E		R	A	M	
G	E	N	E		R	O	D	E		A	P	O	
O	R	D			S	S	N		T	A	G		

- 17 Deadly snakes
- 19 Party VIPs
- 22 Brewery supplies
- 23 Scot. neighbor
- 24 Captain Kirk's journal
- 25 Viking name
- 26 Yield by treaty
- 27 Cautious
- 28 Actor Estrada
- 29 Very long river
- 31 Quote from
- 33 Natural elevs.
- 35 Stein filler
- 36 Excursion
- 38 Declare
- 39 LI doubled
- 41 Candle
- 42 "— cost you"
- 43 Thought-provoking
- 44 Aberdeen youths
- 46 Cousteau's islands
- 47 Mr. Elcar
- 48 Latch — (grab)
- 50 Like zinfandel
- 51 — Dawn Chong
- 52 Roe

1	2	3		4	5	6	7		8	9	10
11			12		13				14		
15				16					17		
18				19					20		
			21				22	23			
24	25	26				27			28	29	
30					31				32		33
34				35					36		
		37		38					39		
			40				41				
42	43	44					45		46	47	48
49				50	51	52			53		
54				55					56		
57				58					59		

Make this a year to remember, not one to regret. Size up the extent of what you want to accomplish and work toward your goals. Study, reflect and carry out whatever changes are necessary to make your life better. Choose to use your energy wisely and to dismiss anger quickly.

**ARIES** (March 21-April 19) — Look for a creative outlet that will keep you occupied and ease your stress. Anger is not the way to respond to situations that could hurt your reputation or position.

**TAURUS** (April 20-May 20) — Put more effort into the way you look and how you present your skills and expertise to others. A steady pace and a solid plan will lead to greater opportunities and success.

**GEMINI** (May 21-June 20) — Let your personality shine. Take charge and put a positive spin on whatever you pursue. Helping others will be rewarding and will encourage you to make new acquaintances.

**CANCER** (June 21-July 22) — Engage in worthwhile activities. Trying something different will change your perspective on your career and cohorts.

**LEO** (July 23-Aug. 22) — Look at your available options and lean toward the simplest and most cost-efficient one. You can bring about change if you are practical and moderate.

**VIRGO** (Aug. 23-Sept. 22) — A business trip or meeting will result in new

**LIBRA** (Sept. 23-Oct. 23) — Nurture your relationships with the people you live or regularly deal with. It's important to live within your means if you want to avoid discord with someone you share bills with or owe money to.

**SCORPIO** (Oct. 24-Nov. 22) — Take care of personal business and nurture important relationships. A romantic gesture will improve your love life.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Make a personal change that will encourage a better lifestyle and standard of living. Engage in healthy activities that will foster friendships with positive people.

**CAPRICORN** (Dec. 22-Jan. 19) — Don't mince words if someone pressures you. Be firm and back away from situations that are fraught with uncertainty, confusion or frustration. Focus on who and what are most important to you.

**AQUARIUS** (Jan. 20-Feb. 19) — Be prepared and practical at all times. Setting a tight budget will help ward off the temptation to overspend. Listen to your body and take better care of your health.

**PISCES** (Feb. 20-March 20) — Your efforts will not be in vain. Making personal or professional changes will help secure your financial future. Greater opportunities are heading your way. Romance will improve your life.

MONDAY, APRIL 16, 2018

## The initial pass helps as usual

By Phillip Alder

George Eliot, whose real name was Mary Anne Evans, wrote, "Animals are such agreeable friends — they ask no questions, they pass no criticisms."

Unless the animals are in the Victor Mollo bridge stories. Some of those are highly critical of their partners' play.

Can you avoid partner's feeling critical at the end of today's deal? You are in four hearts. West leads the spade ace, cashes the spade king and plays a third spade. You ruff high in the dummy, and East contributes the queen.

Two spades was a cue-bid raise, showing a maximum pass with heart support. South's jump to game was slightly aggressive.

At first glance, you need one minor-suit finesse to work, but in fact, aided by West's initial pass, the contract is assured with a counterintuitive play.

At trick four, cash the heart king, then play a diamond toward your jack. What might happen?

If West can take the trick with the diamond king, then the club finesse must be winning. West would have shown up with 10 points (spade ace-king and diamond king), but could not open the bidding as dealer. He cannot also hold the club king.

Here, though, East is caught in a quandary. If he does not take the trick, your jack wins and you have no diamond loser. A better defense is to win

North		04-16-18	
♠	9 7		
♥	K J 10 4		
♦	A Q 6 3		
♣	J 7 4		
West		East	
♠	A K 6 4 3	♠ Q 10 2	
♥	7 2	♥ 9 6	
♦	9 5 2	♦ K 10 8 7	
♣	K 8 3	♣ 9 6 5 2	
South			
♠	J 8 5		
♥	A Q 8 5 3		
♦	J 4		
♣	A Q 10		
Dealer: West			
Vulnerable: East-West			
South	West	North	East
1♥	1♠	2♠	Dbl.
4♥	Pass	Pass	Pass
Opening lead: ♠ A			

with the diamond king and shift to a club. But you win with your ace, cash the heart ace and diamond jack, cross to the board with a trump and discard your club 10 and club queen on the diamond ace and queen. You take five hearts, three diamonds, one club and the spade ruff.