

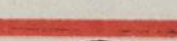
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‘I never even thought of myself being in the running’

Winnipeg novelist Carol Shields wins Pulitzer Prize

By Ken Becker
The Canadian Press

Carol Shields, a U.S.-born writer who has carved a career as one of Canada's best novelists, has won the Pulitzer Prize for

fiction. Shields captured the prestigious annual prize (\$3,000 US) on Tuesday for *The Stone Diaries*, which also claimed Canada's highest honor in its category.

Portrait of a writer

By The Canadian Press

A sketch of Winnipeg writer Carol Shields, winner of the Pulitzer Prize for fiction for her novel *The Stone Diaries*.

BORN: June 2, 1935, in Oak Park, Ill.

EDUCATION: Hanover College, Indiana, B.A. (1957); University of Ottawa, M.A. (1975).

TEACHING CAREER: University of Ottawa (1976), University of British Columbia (1978-80), University of Manitoba, since 1980.

AWARDS: Include \$10,000 Marian Engel Award (1990), given to a Canadian woman writer in mid-career; Governor General's Award for literature for English fiction (1993) for *The*

Stone Diaries.

BOOKS: 15, including *Small Ceremonies* (1976), *The Box Garden* (1977), *Happenstance* (1980), *Swann* (1987), *The Orange Fish* (1989), *The Republic of Love* (1992).

PERSONAL: Met Canadian Don Shields (now dean of engineering department at the University of Manitoba) while they were both visiting Scotland in 1955; married in 1957 when she emigrated from the U.S. to Canada; five grown children: John, Anne, Catherine, Margaret and Sara.

QUOTE: "Some books are just right for their time and there is a building of an audience for your books."

ry, the Governor General's Literary Award.

"I never even thought of myself being in the running (for the Pulitzer)," Shields, 59, said from Minneapolis where she was promoting the recent paperback publication of the book.

"To tell you the truth I thought it had probably already been awarded this year — that I just had missed it — that's how much of a surprise it was."

Her husband, Don Shields, got the news at the University of Manitoba, where they both teach.

"It's tremendous," he said from Winnipeg. "We're over the moon, as they used to say."

The Stone Diaries, by far Shields' most honored and best-selling novel, has been lauded by critics on both sides of the border.

The story traces the life Daisy Goodwill, born in 1905 to a storekeeper's family in Tyndall, Man., and follows her through childhood, marriages, child-

rearing, widowhood — twice — a brief career, and nine address changes while the events of the 20th century unfold.

"Some books are just right for their time," Shields said after winning the Governor General's award.

The novel recently earned her the fiction prize from the U.S. National Book Critics Circle and was nominated for the 1993 Booker Prize, the Commonwealth's most prestigious literary award.

Her 15th book also prompted the Canadian Booksellers Association to name her 1994 author of the year, citing the 35,000 hardcover copies sold in this country as the novel rose to the top of best-seller lists.

Although other Canadians have won Pulitzers for journalism before, Shields, a dual citizen, is the first to win a literary prize which is open only to Americans.

(Montreal-born Saul Bellow, a Nobel laureate, moved to Chicago at the age of nine and won the

1976 fiction prize for Humboldt's Gift.)

"It never occurred to me when I took dual citizenship that I could win a Pulitzer and a Governor General's Award," she said.

Shields was born in Oak Park, Ill., near Chicago. She emigrated

to Canada after she married Canadian Don Shields in 1957. She later became a Canadian citizen.

The couple, who have five children — aged 27 to 34 — have lived in Toronto, Ottawa, Vancouver and in Winnipeg since 1980.

A look at Diaries

By The Canadian Press

An excerpt from *The Stone Diaries*, by Canadian Carol Shields, winner of the Pulitzer Prize for fiction:

The real troubles in this world tend to settle on the misalignment between men and women — that's my opinion, my humble opinion, as I long ago learned to say.

But how we do love to brush these injustices aside. Our wont is to put up with things, with the notion that men behave in one manner, and women in another.

You might say it's a little sideshow we put on for ourselves, a way of squinting at human behavior, a form of complicity. Only think of how we go around grinning and winking and nodding resignedly or shrugging with frank wonderment! Oh well, we say with a knowing lilt in our voice, that's a man for you. Or, that's just the way women are. We accept, as a cosmic joke, the separate ways of men and women, their different levels of foolishness. At least we did back in the year 1936, the summer I turned thirty-one.

‘I’m not going to register’

American hunters would rather stay home than fight

By James McCarten

EDMONTON (CP) — Thomas Evans fell in love with the Canadian wilderness during a hunting trip last summer.

But the velvet-voiced Virginian says Ottawa's proposed national gun registry will be more trouble than it's worth for American hunters. He says he'll stay home rather than trek north to bag a bear or deer.

"If I have to register it at the border, I'll go to Montana," Evans says.

"I've been opposing gun registration in this country for 25 years, and I'm not going to register my legitimate firearms anywhere."

Hunting groups in at least five other states — including Kentucky, Texas and Pennsylvania — have threatened to keep their

guns and bucks at home if Ottawa's new gun control legislation becomes law.

If the legislation is passed, anyone crossing into Canada with a firearm after Jan. 1, 1998, will have to register the weapon.

Evans is affectionate about his .44 Magnum pistol, a gun more at home in a Hollywood movie than the northern bush.

When Canadian customs officials told him it wasn't allowed, he bought a rifle, he says in a syrupy Southern accent. But any gun toted into Canada would have to be registered.

As they say in the South, that dog don't hunt — and neither will Evans.

American hunters are being encouraged by Ed Begin, executive director of the Saskatchewan Wildlife Federation. Begin is urging the boycott as a way to attract the attention of the federal government.

"Any time a sportsman comes into Canada to hunt and is carrying a firearm with him, he is going to have to put his name into that national registration system," Begin says.

American hunters opposing the gun registry are armed with more than rifles.

Stateside shooters bring \$488

million into Canada each year, says the Canadian Wildlife Service.

In Alberta, 4,027 hunters from the United States paid almost \$1 million for licences and registrations in 1993, government figures show. They spend more than \$25 million a year on hunting packages offered by Canadian outfitters.

Evans says it's up to individual American hunters to decide what

to do — "I would expect all of them will have about the same attitude I do" — but there's no clear indication how many hunters would honor a boycott.

Still, such action by American hunters would cripple the game industry across Canada, says Rick Morgan, executive director of the Ontario Federation of Anglers and Hunters.

"Feelings can run very high and there are lots of places with

good hunting in the United States. One way for them of expressing their dissatisfaction is by staying home."

That would prove costly for Ontario, which rakes in nearly \$100 million US each year from American hunters, said Jim Grayston of the Northern Ontario Tourist Outfitters.

"Obviously it's a big concern to us. I don't know if this is the end or just the beginning."

Firearms registry worth \$85 million

The plan to establish a national firearms registry has angered enthusiasts who say it punishes law-abiding gun owners. Some facts:

● WHEN: The bill was passed in principle after second reading by the House of Commons. It is currently before the standing justice committee, which will hear complaints from Canadian outfitters in May.

● TAXPAYERS COST: \$85 million to set up and operate.

● HOW: Starting in 1998, Canadians would have five years to register their firearms. Currently only 1.2 million guns are registered.

● PENALTY: Possession of an unregistered firearm could result in a fine of up to \$2,000 and up to five years in prison.

● HOW MANY GUNS: Seven million believed to be in Canada, although figure in dispute.

● HOW MANY OWNERS: Three million.

By The Canadian Press

Americans use the Internet to offer advice on gun laws

SASKATOON (CP) — American gun owners are using the Internet as a weapon to help Canadians fight proposed gun legislation, says an opponent of Ottawa's plan.

Skeeter Abell-Smith of Saskatoon said some Americans are using his Canadian Firearms Digest information bulletin to suggest ways to fight Justice Minister Allan Rock's proposal.

But most of the advice isn't new.

The Americans are suggesting that Canadians "get politically active to ensure that politicians

who share your views" get elected, Abell-Smith said.

Others say Canadians should clog Ottawa fax lines with letters of opposition the day before a vote in the House of Commons.

Abell-Smith doesn't have a problem with Americans offering suggestions about burying Rock's gun law because he and most of the 383 others on his bulletin are against it.

"My personal belief is that the more people know about it, the more likely they are to think the laws we have already are pretty strict and that we probably don't

need any more."

Abell-Smith said he and other bulletin subscribers hope to take the emotion out of the gun debate by generating balanced information that will help people make an informed decision.

"We have time to go through the law line by line and find the flaws."

Among other things, Rock is proposing that all guns be registered.

Gun owners are opposed to the measure because they fear it could be the first step toward confiscation.

Tobacco smuggling creeping back up since tax hikes

By Daniel Sanger

MONTREAL (CP) — A small increase in tobacco taxes in Ontario and Quebec has led to a large increase in smuggling, police say.

The cost of a carton of cigarettes in the two provinces was hiked \$1.20 in mid-February — a minimal amount compared to the radical slashing of taxes a year earlier.

At that time, about \$20 in federal and provincial levies was taken off the price of a carton in a move that knocked the bottom out of the thriving contraband business.

Since then, police say that tobacco smuggling has been creeping back up every month. But the most dramatic increase occurred after the federal and provincial governments each stuck another 60 cents in taxes on every carton of smokes on Feb. 17, Quebec police say.

"I have no definite numbers on it but since the budget we are certainly seizing more," said Richard Belanger, who heads the contraband, morality and gaming operations for the Quebec provincial police.

"We're seizing shipments almost everyday."

Some of these are relatively small — like the car stopped last week with about 90 bottles of alcohol and 200 cartons of cigarettes. Others are much larger.

RCMP brass are more reluctant to make the link between the tax hike and the ever-increasing number of cigarettes coming across the border.

POLL:

Continued from page one

Previous surveys have suggested the Parti Québécois would be unable to win a promised referendum if Quebecers are asked to support complete independence.

There is an ongoing debate in the sovereigntist movement

"You need months of statistics to back up that type of allegation and so far the time frame is too short," said Supt. Jean-Pierre Witty.

"There's still a problem because there's still money to be made — there's no doubt about that. But there's no comparison with 1992 and 1993."

about whether to base the referendum on an alternative to complete separation, to delay a vote, or to go ahead with plans to hold a referendum this year.

The Environics-Star survey suggests that independence "is no sure winner" even with economic association, Dasko said.

However, RCMP officers closer to the ground say there has been a steady increase in seizures — especially in 1995.

"When the taxes were dropped there was a drastic drop in seizures of contraband tobacco products. Since then there has been a slight climb pretty well every month," said Jean Bourassa, of the RCMP's Cornwall, Ont. task force on contraband.

"Since Christmas though it appears that the increase is continuing and growing."

Most of the illegal tobacco

coming into Canada is still smuggled through the Akwesasne Mohawk reserve that straddles the Ontario, Quebec and New York state borders near Cornwall.

Witty says much of that tobacco finds its way to the Atlantic and Western provinces where the cost of a carton of cigarettes still hovers at about \$40.

This interprovincial traffic in cigarettes — both smuggled from the U.S. and sold legitimately in Ontario and Quebec — is almost impossible to gauge since mechanisms to control it don't exist.

DEBT:

Continued from page one

civil servants out of work," said Gauthier.

"However, economically, he knows he must chop the provincial deficit or financial markets will start to get very worried about lending more money to Quebec."

Here are some figures on provincial debts:

PROVINCES WITH HIGHEST PER CAPITA DEBT: Quebec, N.S., Newfoundland.

WITH LOWEST: Alberta, Manitoba, N.B., Saskatchewan, B.C.

QUEBEC DEBT AS PERCENTAGE OF GDP: 3.1 per cent.

ONTARIO DEBT AS PERCENTAGE OF GDP: 3.6 per cent.

B.C. AND SASK. DEBT AS PERCENTAGE OF GDP: 1.4 per cent.

QUEBEC DEFICIT 1994-1995: \$5.7 billion.

ONTARIO DEFICIT 1994-1995: \$10 billion.

BY GARRY TRUDEAU

the Record

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FARMLAND:

Continued from page one

more difficult for young farmers buying land, it is seen as another sign of a recovery in the farm economy.

Higher land values also make bankers feel more comfortable lending money to farmers.

Increases ranged from a modest one per cent in Ontario to

10.6 per cent in Prince Edward Island. Nova Scotia was the only province where values remained stable.

The jump in land values from last July to December was the greatest since prices began rebounding at the start of 1993 after three consecutive years of decline.

WEATHER Doonesbury

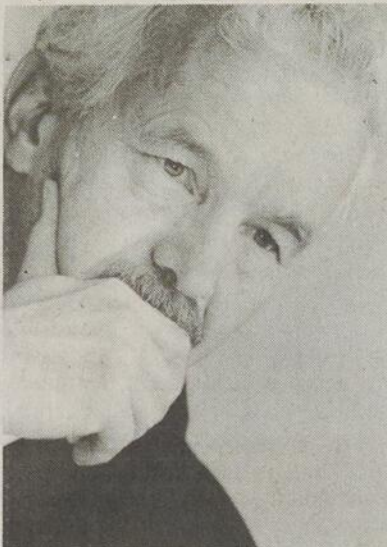
Intermittent rain today with a risk of thunder showers. High of 12. Thursday will bring cloudy skies with sunny periods and a chance of some showers. High of 10 and a low of 4.

The Townships

Sherbrooke Hospital short of staff

Emergency room may maintain part-time status

SHERBROOKE (MC) — The director general of the regional health board says the temporary night-time closure of the emer-



Jean-Pierre Duplantie... 'At this time we are not expecting to fill the positions.'

gency room at the Sherbrooke Hospital might become permanent if doctors are not found.

At a meeting of the *Régie régionale de la santé et des services sociaux de l'Estrie* (RRSSSE) Tuesday evening the board unanimously agreed to accept the closing of the Sherbrooke Hospital emergency room until replacement doctors can be found.

Last Friday the Sherbrooke Hospital cut emergency ward service to day and evening shifts, citing a lack of doctors to handle the workload. At the hospital's monthly board meeting on April 3 the decision was made to discontinue emergency room services between 11 p.m. and 7:30 a.m.

Sherbrooke Hospital director general Marie Trousseau said the move has nothing to do with cuts in the regional health budget.

But RRSSSE director general

Jean-Pierre Duplantie said Tuesday filling the positions may be impossible. With the Sherbrooke Hospital slated to become a long term care facility many doctors have decided to stay away.

Under the regional reorganization the University, Hotel Dieu and St-Vincent de Paul hospitals

will combine under a single administration. The new consortium would take over all acute-care activities in the area and eventually one of the three hospital complexes would disappear.

Sherbrooke Hospital would combine with Youville Hospital in a second, two-site consortium concentrating on long term and

geriatric care. It would maintain its emergency room, but short-term patients would be transferred elsewhere.

"It is difficult to find doctors with the reorganization of the hospital," Duplantie said. "At this time we are not expecting to fill the positions."

Duplantie said the recruiting process continues but offers made to doctors in the area so far have all been turned down. The positions will remain open to any qualified doctor who applies.

"If someone comes along who wants to do the job, we will gladly say to them 'go ahead'."

Same-day savings at CHUS

University hospital to lose surgery beds

SHERBROOKE (MC) — So-called day surgery is coming soon to a hospital near you.

Sherbrooke University Hospital will have 36 fewer short term beds within the next year as patients undergoing minor operations are sent home the same day they go under the knife.

The CHUS beds are the latest victims of the regional health board's budget cuts. Though no jobs will be lost at the Fleurimont teaching hospital, the move is expected to save \$1,537,000 annually. Personnel affected by the bed closures will be reassigned elsewhere.

At a board meeting of the

Régie régionale de la santé et des services sociaux Tuesday night the decision to make the cuts passed unanimously.

The closing will affect short term beds in surgery. Under the plan patients undergoing minor surgery would be sent home more quickly, putting more emphasis

on home care and out-patient services.

Health board director-general Jean-Pierre Duplantie said the cut will only be made if it does not affect the quality of service offered to patients, or increase the workload of other Sherbrooke-area hospitals.

Alcohol, bad roads don't help

Eastern Townships drivers unsafe at any speed

SHERBROOKE (RL) — The death and serious injury toll on Eastern Townships highways is among the highest in the province, causing public health department concerns about safety belts, drinking and driving, and dangerous roads.

According to a roundup of highway statistics from 1987 to 1991, there were some 305 deaths and 12,213 injuries in car accidents on local roads.

That places the Sherbrooke region fourth out of Quebec's 14

administrative regions for accidents causing injuries, and eighth on the highest death toll list.

According to the statistics prepared for the *Direction de la santé publique de l'Estrie*, some 67 per cent of fatal victims were men. One out of every two deaths in the 15-24 age group were due to car accidents. One out of every three road victims were between the ages of 15 and 24, and 50 per cent of them were drivers.

Among the regional municipa-

lities (MRCs), Coaticook and Haut St-François had the worse accidents and the most serious injuries. Sherbrooke MRC had the most accidents, but fewer and lighter injuries.

MORE RURAL DEATHS

The report also shows a greater number of deaths in rural accidents, where 68 per cent of victims died.

Public health authorities say concrete action is needed to reduce the death and serious injury toll on regional roads.

A press release from the public health department Tuesday points out that the percentage of people wearing seatbelts in the Townships is lower than elsewhere in the province. They say a public information campaign is needed to encourage people to buckle up and to avoid drinking and driving.

The report also shows the number of driving licences suspended for drunk driving is on the increase. The authors say

that is a concern because some 40 per cent of fatal accidents and 15 per cent of accidents with serious injuries were caused by alcohol behind the steering wheel.

As part of the study, the public health department has also identified various death stretches on local roads and highways. But improvements to dangerous curves and other road construction hazards depend mostly on Transport Quebec which has cutback on spending in its program to make roads safer.

Public health authorities say the highway toll can be reduced through various corrective measures, by improving vehicle safety, by changing driving habits, and by improving the structure of roads.

"The highway death toll in Estrie can and must be improved," reads a communiqué from public health officials. "A large number of accidents can be avoided and injuries caused can be decreased or diminished by taking the appropriate actions."

Two councils don't want to repair Scowen Park house

North Hatley pioneer home to come tumbling down?

By Dwane Wilkin

NORTH HATLEY — A neglected 170-year-old farmhouse on the outskirts of North Hatley is either an eyesore beyond hope of redemption, or a local historical landmark.

It depends on who you talk with.

But by summer's end it may be transformed into an indisputable pile of rubble if municipal councillors opt for demolishing the public building instead of renovating it.

Local history buffs are up in arms, and some residents are talking openly about the plight of the tenants who currently call the house their home.

The couple, Jenny and John McCrae, were given notice to vacate the building last summer after North Hatley and Hatley Township municipal officials decided they could no longer afford to act as landlords.

The house is a front-sloping

white clapboard farmhouse that the local historical society believes dates to around 1825. It sits high on an escarpment overlooking Capelton Road, near the Hatley Township boundary.

The McCraes, who both work in the village, rent the house for \$180 per month, says North Hatley town secretary Solange Morrisette. That's considerably less than it costs to rent other homes in the area, which can command \$800 per month or more.

"Of course you can't find a place for such low rent," said Morrisette, "but it's not my fault or the council's fault. It's not that because you have a free ride for 20 years that it should go on forever."

The building and about 50 acres of adjoining property, including a full sugarbush, were bequeathed to the communities of North Hatley and Hatley Township 25 years ago by the late pulp-and-paper magnate Philip Scowen. The land was to be set aside for public recreation, and is still nominally referred to as Scowen Park.

Yet in the quarter-century since, neither municipality has ever put forward any plan to develop the site. Instead, the house was rented to John McCrae, a public works employee in the village.

Gwen McKnight, a neighbor whose grandfather Garland Conner owned the farm for 60 years, was shocked to learn the house could be torn down. As a renter in the process of house hunting herself, McKnight said she sympathizes with locals faced with the prospect of trying to find affordable accommodations in what has become a gold-plated

real estate market.

"Not only is it a historic site, but the people who live here — ordinary people — are being priced right out of the community," McKnight said.

Neither North Hatley nor Hatley Township have ever been willing to invest the money needed to bring the Scowen Park house up to scratch. Among other things, Morrisette said, the building's chimney doesn't meet basic fire codes, making it impossible for the municipalities to get fire insurance.

"The whole building needs to be repaired. It would cost over \$100,000," Morrisette estimated.

Not so, according to local building contractor Wes Sharman, who recently inspected the house.

Most of the major work that needs to be done is concentrated on an east-facing wall, where the foundation meets protruding



Historical society members' preliminary research indicates the house was probably built by a certain Roswell Tyler, and was subsequently owned by members of the McNerney, Andrews and Conner families.

ledge outcropping, Sharman says. Water damage to the wooden sill could be repaired and the wall put back in shape for as little

as \$6,000, he said.

Mary Jean Bean, president of the North Hatley historical society, demanded to know Tuesday why the building isn't protected as a historic site.

But George Gage, chairman of North Hatley's planning and heritage advisory committee, said the town's heritage site boundaries don't include buildings along Capelton Road.

"You can't make one building a heritage site," Gage said.

The only other way to protect the building would be to have it declared a national monument, and Gage said such designation is reserved for buildings of special historic value such as the former homes or birthplaces of dignitaries.

The village heritage advisory committee has no control over the demolition of buildings outside the designated heritage site,

he said.

Historical society members, who have conducted some preliminary research, say the house was probably built by a certain Roswell Tyler, and was subsequently owned by members of the McNerney, Andrews and Conner families.

Josephine Le Baron, owner of the Le Baron's grocery store in North Hatley and a vocal community advocate, has written to local mayors to express her disappointment with the looming eviction.

If rent were increased enough to cover the cost of basic maintenance, Le Baron said, neither municipality would be out of pocket and a local family could be expected to remain a part of the community.

"If they charged a decent rent they could keep it up," said Le Baron.



Mary Jane Bean... A historic monument.



Gwen McKnight: 'Ordinary people are being priced right out of the community.'

A long way from Bedford to Bay Street

Has big-time banker forgotten small-town roots?

By Clyde Graham

OTTAWA (CP) — Canada needs to end national health standards, get rid of federal subsidies for have-not regions and eliminate big federal government, the head of the country's sixth largest bank said Tuesday.

André Bérard, who makes more than \$1 million a year as chairman of Montreal-based National Bank, said the provinces can do a lot better job of running things than Ottawa because they are closer to the people.

In a speech to the Canadian Club, the Eastern Townships-born Bérard asked why the federal government should keep shipping money to poorer regions.

"If a region or a lifestyle can barely survive on massive transfers from citizens in other parts of the country, should it be maintained at any cost?" he said.

"Should these areas be shut down anyway sometime in the future? Why can't this sometime be now?"

Bérard said that in general,

Ottawa should get out of areas of provincial jurisdiction.

So the federal government should stop preventing provinces from imposing fees on anyone who sees a doctor or stays in hospital.

"To pretend that user fees will deter some people from seeing a physician is to take Canadians for fools," he said.

"If this is true, food should also be free in order to prevent people from starving."

Ottawa currently penalizes provinces that impose such fees

by withholding transfer payments.

There's nothing wrong with private health care, Bérard argued.

"We should get rid out the communist idea that if it is not freely available for everyone, no one should be allowed to have it," said Bérard, who earned \$1.1 million in salary, bonuses and other compensation in 1994.

Bérard also decried an unemployment insurance system that he said routinely supports workers when they are out of

work from seasonal jobs such as fishing or forestry.

In his speech, he said that system has to be questioned. But he was more strident in the written text.

"We have to abolish this system even if it means shutting down entire regions that cannot offer anything but seasonal jobs."

A sketch of National Bank chairman André Bérard:

BORN: Bedford, on Aug. 13, 1940.

SALARY: \$1.1 million in salary, benefits and other compensa-

tion in 1994.

WORK HISTORY: Career banker. Started as teller at Provincial Bank of Canada. Provincial Bank merged with Bank Canadian National to form National Bank in 1979. Bérard became president in 1986 and chairman and CEO in 1990.

QUOTE: "We should throw out the communist idea that if it is not freely available for everyone, no one should be allowed to have it." — Bérard advocating private health care.

Living for that next day

Since we were 11 we both thought we were indestructible and no matter what problems dropped in front of us we could overcome them. We were young and crazy with reckless abandon. Our lives mirrored one another. Together we could deal with anything.

Now, 12 years later, my best friend's father is dying of cancer. This is a new realm we have yet to deal with, something neither of us is prepared for.

For me dealing with this situation will be difficult. I have to be there for my friend no matter what. The only problem I have is knowing what to do and when to do it. But my problems are not the main concern here.

In this day and age, once a person has been diagnosed with cancer almost everyone around them gives up hope. People walk on glass around those who may be dying and their families, and that is wrong.

I'm sure my friend knows his father is dying, but unlike some people I have talked to about it, he has not condemned his father to death. Hearing things like, "Just be ready to carry a coffin this summer..." is not creating the best of moods for my friend, his father or anyone for that matter.

At first I found myself in awe at the situation because it is one I have not had to deal with until now. But if everyone resigns this man to an imminent and hasty death then we are not helping him or his family.

We have to be supportive and look past that two month life prediction. That may not be as easy as looking away, but that is not what real friends do.

We all live knowing that our next day may be our last, but we all wake up living for that next day.

I'll be the last person to look my friend in the eye and tell him his father is dying, because right now his father isn't dying, right now he is living.

DAVID M. MARTIN

Labelling rules fail to protect consumers

One of the most harmful food components is not listed on product labels, says Lorna VanderHaeghe, writing in the Vancouver publication *Healthy Living Guide*:

Canada's food labelling regulations and guidelines offer little protection to consumers. While all packaged foods must have a list of ingredients, manufacturers are not required to provide information about nutrients — such as the amount of fat, fibre or iron — unless they make a specific claim.

When a food is promoted as low-fat or fat-free, the label must declare the amount of fat the foods contains. But even with careful reading, consumers remain unaware of one of the most harmful forms of fat that slips through all the labelling criteria — trans-fatty acids. This dangerous fat is formed when liquid vegetable oils are hardened into solid fats, a process that extends shelf life.

Like saturated fats, trans-fatty acids increase the risk of heart disease by raising the overall level of cholesterol in the blood while lowering the good form of cholesterol — the type that protects us from heart disease. Most products touted as cholesterol-free are extremely high in trans-fatty acids.

... Check a package for its fat content. Add up the percentages of saturated, monosaturated, and polyunsaturated fat found in the product. Most likely, these percentages will not add up to 100. The missing percentage is the total health-harming trans-fatty acids.

From *What Canada Thinks*, a regular feature of *The Canadian Press*

Today in history

By The Canadian Press

France's Cardinal Richelieu signed the charter of the Company of 100 Associates, which was supposed to settle people in Canada and extend the French Empire in North America, 368 years ago today — in 1627. It included the area from Florida to the Arctic and from the Atlantic to the unknown West, as well as extensive trading privileges. English rivals captured the colony in 1629. In February 1663 the charter was revoked and Canada became a royal province.

Also on this day in:
1850 — Britain and the United States signed the Clayton-Bulwer Treaty, which denied either country control over canal routes in Central America.

1904 — A fire in downtown Toronto caused an estimated \$11 million damage.

1927 — New Brunswick put liquor under government control.

Letters to the Editor

Wake up before it's too late

CANADA our HOME and NATIVE LAND

I have decided to write this article before the referendum as a Canadian and an individual with a great sense of pride and dignity for this great land of ours. Don't know if its the hand of God inspiring me to write this or if it is just my great love for my country. I keep thinking in my mind lets pray before we pay the price of a split and divided Canada.

Wake up, Canada, wake up before its too late. Even as a young child my parents taught me to pray for our individual rights and freedoms as well as our daily blessings before I went to bed at night. As a young child of about 10 or 12 years of age I remember going to visit some American relatives and sometimes we would discuss politics and my mom

would say to them you seem to have a great love for your country and they would reply "yes, we do but we have our problems and differences to work out too in this great nation of ours."

This is what Canadians should be doing learning to resolve our differences. We are supposed to be living in a democratic society where we have choices and options regarding our decisions. Why should we listen to a politician who is fanatical and set on breaking up such a great country as we have. Why should we be dictated to or encouraged to separate such a lovely country as we have. How many of us have ever looked out over the ocean or a lake or a river and watched the sun sparkling on the waters and thanked God of how truly blessed we are in living in a United Canada.

You know there is a lot of truth in the old saying "United we stand, divided we fall." I still believe in this idea and think we should adopt the same ideas as the Americans and say "God Bless Canada", Home that we love.

May God bless each and everyone of us to make the right decision before we vote at the next referendum. We should keep our rights to vote a secret and who we vote for

that is our God given right. We shouldn't gossip about our politicians nor should we swear and curse at them but do as the Bible has given us instruction to do and "Guard our tongues". If we love, truly love our country lets do as God wants us to do and ask for his guidance on our decision. Lets all pray before we pay the price of a divided Canada. God Bless!

ELOISE HODGE
Huntingville

Things learned with feelings

Dear sir:

I must point out one error which appeared in Mr. David Martin's very kind article about *Les Enfants de la Terre*, the Waldorf farm school located on the farm *La G n reuse*, just east of Lennoxville.

It is true that at the kindergar-

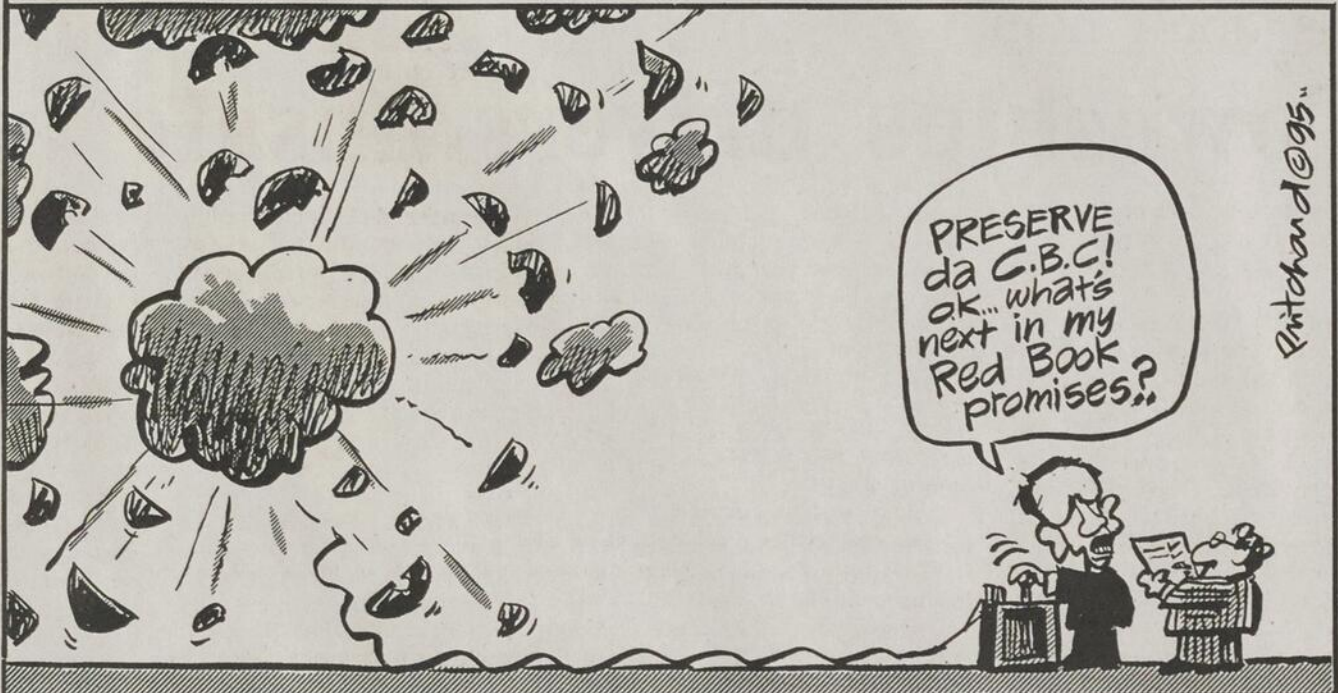
ten level so-called cognitive learning is de-emphasized in the Waldorf schools in favor of imaginative, creative arts and games. But once the elementary grades begin, good old reading, writing and arithmetic, etc., definitely enter the curriculum.

My daughter in grade one, in addition to her two foreign languages, her knitting, her sewing, her recorder, her aquarelle, her sculpture, and all the stories and rhythmic games, is learning about the world around her, learning multiplication, division, and Roman numerals, as well as the decoding of letters and words.

What is unique about the Waldorf system is the way in which skills and concepts are taught. Nothing is ever taught in an abstract, bald, memorize-it-only way: cognitive learnings are always embedded in a rich weaving of story, art, music, rhythm, movement and so forth, so that the child's whole being is engaged in the learning process.

Things learned with feelings are hard to forget. Of course, good teachers have always known this, whether by training or natural-born intuition, and striven to teach in this way. The Waldorf pedagogy simply systematizes and formally trains all its teachers to do these things. In addition it gives great emphasis to the crucial complementary areas of art, music, handwork, foreign languages, rhythm, eurhythmy, in order to nourish the heart and hands as well as the head.

Sincerely yours,
KEITH BAXTER
Lennoxville



A staunch supporter of a united Canada

Dear Mrs. McCully:

Your article "Democracy has its price, too" published in the Monday February 13, 1995 issue of the *Record* has been brought to my attention.

I would like to draw your attention to the first paragraph: "Whoever coined the axiom, "Ask the right question and you'll get the

right answer" never participated in a roving commission — or for that matter, a meeting of the Women's Institute.

What do the roving commissions and the Women's Institute have in common and what is your remark meant to imply?
The Quebec Women's Institu-

te is a staunch supporter of a united Canada and is offended by any implication of a similarity between the ideas of Mr. Parizeau and itself.

A published retraction of your remarks would be much appreciated.

Yours sincerely,
KATHLEEN REHEL
Provincial President

British fishermen ready to take on Europe

By Helen Branswell

PLYMOUTH, England (CP) — British fishermen, buoyed by Canada's success in the turbot war, are itching to fight a fish battle of their own.

This one isn't over the lowly turbot. They want their government to re-establish British sovereignty over the waters — and the fish that ply them — off their coast.

More than 20 years after Europe's common fisheries policy became a building block of the Common Market (now the European Union), British fishermen want out.

They say the common fisheries policy has led to the rape of their waters and is threatening the survival of their villages.

"I've worked for 29 years," says Graham Jolliff, 44, who fishes out of the tiny Cornwall port of Polperro. "I don't drink. I don't smoke. I've

not been on a holiday for 29 years. I've got nothing to show for it.

"I've got a boat, which the banks want. I've got a house. The banks want it. I average 80 hours a week, 52 weeks a year."

But that hard work doesn't pay. Jolliff said he took home more money 20 years ago than he does now.

He blames foreign boats — which are legally able to fish the waters off Britain — and what those boats have done to the once fish-rich waters.

"We just haven't got enough fish stocks or quota left to be able to fish legally, through other nations plundering our stocks," Jolliff says.

He warns if something isn't soon done, there will be trouble.

"It is legal bankruptcy, if we have to stick to it. So therefore we have no choice: either pull out or break the law or watch the bank repos-

sess our vessels.

"We have nothing left to lose."

Jolliff belongs to Save Britain's Fish. It's a lobby group set up to urge John Major's government to pull Britain out of the common fisheries policy and declare a 200-mile limit around its coast.

Under the policy, fish stocks in the waters off Europe are a common resource and are divided up accordingly.

In southwest England, fishermen from France, Belgium, Ireland, Spain and the Netherlands compete with British fishermen for protected stocks, explains Jim Portus, of the Southwest Fish Producers Association.

To make matters worse, British law allows Spanish ship owners to flag their boats in Britain if they maintain a shell company there.

There are currently 94 Spanish-owned, British-registered ships

vying with people like Jolliff for Britain's share of the overall catch, which is roughly 10 per cent of the quota for protected stocks.

The rest of the quota is reserved for foreign fishermen.

"We say that that's ridiculous because they have no interest in the long-term sustainability of those stocks," says Portus, a former fisheries officer who now fights for fishermen.

"We want to develop it for future generations of fishermen. But we only control 10 per cent of it. So our voice is very small compared to the European voice."

He says British fishermen don't want to close British waters to foreign boats. They want to control them.

"Then it's for us to decide who shall catch it (the fish), and how they will catch it and how they will conserve it," Portus says.

UN gathers to ponder nuclear treaty

UNITED NATIONS (AP) — UN members gathered Monday to open a monthlong debate over renewing the Nuclear Non-Proliferation Treaty, the centrepiece of global arms control.

The United States and other nuclear powers want an indefinite and unconditional extension of the 25-year-old treaty, designed to block the spread of atomic weapons.

But some in the Third World prefer only a limited extension and want to attach conditions, such as greater progress in reducing nuclear arsenals.

Addresses by UN Secretary General Boutros Boutros-Ghali and U.S. State Secretary Warren Christopher topped the first day's agenda, along with remarks by Hans Blix, head of the International Atomic Energy Agency, which administers the treaty. Canadian Foreign Affairs Minister Andre Ouellet is scheduled to speak today.

The IAEA is taking steps to toughen its inspection regime for

detecting clandestine nuclear-weapons programs. The perceived weakness of that regime has been cited as a principal flaw in the Non-Proliferation Treaty system.

Opening the conference, Boutros-Ghali sidestepped the issue of extension but urged the nuclear powers to move toward eventual elimination of nuclear arms.

"No more testing. No more production. . . . Reduction and destruction of all nuclear weapons and the means to make them should be humanity's great common cause,"

the UN chief declared.

Boutros-Ghali also called on the nuclear powers to strengthen limited assurances they have given non-nuclear states that they will not be subjected to nuclear attack.

The 1970 pact struck an historic bargain.

The 178 signatory governments are committed to preventing the spread of nuclear weapons beyond five countries that acknowledge having them — the United States, Russia, Britain, France and China. In exchange, the five are pledged to work toward eliminating all

nuclear arms.

PEACEFUL TECHNOLOGY

The treaty also guarantees countries the right to develop peaceful nuclear technology under international oversight.

The treaty is credited with lessening the likelihood of a nuclear free-for-all in the world. But three countries that did not sign it — Israel, India and Pakistan — have developed nuclear-weapons capability. Two that did sign — Iraq and North Korea — are accused of having tried to build nuclear bombs.

Many non-nuclear countries complain the five nuclear powers have balked at meeting the treaty's commitment to move in good faith toward total disarmament.

The treaty had only a 25-year guaranteed run. The pact specified in 1995 the signatories would have to decide whether to extend it indefinitely, or for a fixed period or periods.

What the treaty says

By The Associated Press

Key elements of the Nuclear Non-Proliferation Treaty:

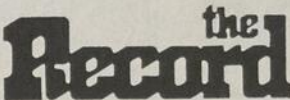
— Nuclear-weapon states will not help others obtain nuclear weapons and non-weapon states will not seek nuclear arms.

— Non-weapon states accept oversight of nuclear facilities by the International Atomic Energy Agency.

— States will facilitate the exchange of peaceful nuclear technology.

— States will pursue negotiations for nuclear disarmament.

Education



Schools join forces to improve their skills

Stanstead College and BCS play rugby in Scotland

Bishop's College School and Stanstead College have long been rivals on the hockey rink and the football field but it is only recently that this rivalry has been extended to rugby football.

Rugby was introduced at Bishop's in the spring of 1973 and at Stanstead in the spring of 1986. In both cases the question most commonly asked was, "What on earth is English rugby?"

One of the difficulties of playing high school rugby in Quebec is the terribly short season. The snow lies on the ground

for half the school year and ice hockey is the national game. Our season cannot begin until the fields defrost in late April.

Rugby touring gives players a chance to see how the game ought to be played and to learn from people who have rugby all their lives. Most players in Quebec never see a rugby ball until they reach high school and if they begin playing at thirteen, they might have played forty games by the time they are eighteen.

In an attempt to combat this lack of experience, BCS

embarked on its first tour, to British Columbia, in 1983. Three years ago, in 1992, BCS and Stanstead ("Two households, both alike in dignity") put aside their traditional enmity and joined their strengths in the interests of improving the level of rugby at both schools.

The experiment was such a success, that it was repeated this March. In fact, in the season following the last tour, BCS and Stanstead were two of the best high school teams in Eastern Canada.

Apart from the obvious bene-

fits to the conditioning and skill of the players, the boys see the unique hospitality that rugby clubs offer to one another. The spirit that the players bring back with them from these tours is contagious and is passed on to all the other members of the club in the seasons that follow. Of course, the headstart that such a tour gives to the season is invaluable, but the lasting memories are the sense of fellowship and international flavor of this marvelous game.

Roger Marino, head of Stanstead College's rugby program

and Norman Southward, coach of the junior team, joined forces with David Dutton, tour organizer and head of the BCS rugby program and Nich Clapinson, a Bishop's University student and member of Canada's development side. They took the boys on a two week rugby tour of Scotland and Ireland.

The boys representing Stanstead were George Goodsell (from Ayer's Cliff), Ken Baek, Owen Chang, Dominique Gauthier, Nathan Couture, Zeeshan Hus-sain, Chang-Fu Park, Chang-Jae Park, Kevin McCoubrey,

Mathieu Plante and Jan Valenta. Representing BCS were Jean-Thomas Hardy (from Lennoxville), Phil Bergevin, Lee Burkett, Martin Carrier, Paul Katsabanis, Won-Sang lee, Mathieu Moss, Christian Veillette, John Wong and Neal Young.

By all reports, it was a wonderful experience. The sense of debt to the Scottish and Irish hosts will be repaid by making certain that this spirit is spread abroad and assuring them a constant welcome in Quebec.

Submitted by David Dutton

Kindergarten openings waiting to be filled

Mansonville Elementary's winter activities prove fun

MANSONVILLE (BNS) — Dear students, parents and friends, I last wrote to you at the beginning of February and in reviewing my notes, find that there is much to tell.

Competitions were well attended by Mansonville Elementary students. Our basketball team participated in the district tournament at Massey-Vanier and we congratulate them and thank them for representing us. A number of our students attended the Optimist Club public speaking contest and the girls' team took first, second and third place! Our one brave male speaker placed second in the boys' division. Representatives from level 5 and 6 also attended the district public speaking contests in Butler and Parkview elementary schools. The latter contest even included an impromptu speech, a scary proposition for any student! Please check our special notes for names and further details.

Recent field trips have included a tour of the Science Fair at Massey-Vanier by Levels 3, 4, 5 and 6 and viewing the play, "The Tinderbox", at Heroes' Elementary School in Cowansville. All our students attended the play (which was excellent) and their teachers reported that they were very well behaved, as gracious guests should be. The Science Fair was interesting and instructive for teachers as well as students.

"Nutrition Day" and "Carnival" are two in-school activities which took place in March. To celebrate the importance of good nutrition students donated fruit and vegetables and then each class prepared the fruit (including Kindergarten, using plastic knives under Susan's watchful eye) to be mixed into a giant "Mansonville Elementary School Fruit Salad". Our older students prepared the veggies and yogurt dip under Lori's supervision. At noon hours throughout the week volunteer students baked with Martine, "en Français". That is to say, they used recipes written in French and "no English allowed", of course, while in the presence of our French teacher. The muffins and fruit salad were served at recess and the veggies and dip accompanied lunch. One kindergarten student told me he wasn't having dip, "... 'cause I don't like it..." When encouraged to be brave and try it he was pleasantly surprised and shared his discovery with one and all. Sharing is a heavily accented value in kindergarten, as you know.

Yes, we did have our Winter Carnival even though there was not any snow left! The children decorated each other with face make-up, played silly team games in the gym, used giant street chalk to draw on butcher paper and completed an outdoor "foot rally". This involved following clues written in French and the games included one of my personal favourites, a water race. The students were divided into multi-level teams and had to see who could get their bowl of water to the other end of the gym first. Of course, they had to carry the water using tablespoons!

Registration for kindergarten is going very well this year. Presently, we have seven new students signed up and are waiting for forms from two other families. Please, I urge you again, if you know of any families with children, ready for kindergarten, it is important they register now, not in the summer.

On the curriculum level, Mrs. Young and Lori Lane visited Sutton School for in-service on the Defi Math series in Cycle 2. Proper institution of a new program requires solid training and time. This is one more step in the right direction.

Last, but not least, Mansonville Elementary School has another visiting student teacher from Bishop's University, we welcome Terry Bell. He is working with Lori in the Level 5-3 class room. Terry and Lori are taking advantage of the situation and working in "Literature Circles" with the

class. Presently they have six groups, working on three different novels at the same time. Each group of three decides how much they will reach each night. Each person in the group has one of three roles: the checker, who checks, of course; the secretary who keeps the record of activities and the presenter in charge of oral presentations. Mrs. Young, who was the first teacher to experiment with this style is acting as "consultant" for Lori and Terry.

I would like to take a moment to talk about the staff and students of Mansonville Elementary School. All the activities mentioned in these newsletters would not take place if it were not for the flexibility, extra work and professional dedication of the staff, both instructional and support. Remember, what is described here is only a small part of what they do. Special activities and being involved in ongoing service workshops requires extra work and planning on top of the daily organizational/instructional planning. And the students, well, their general effort and deportment allow us to plan the "extras". The continued decrease in aggression and increase in cooperation and respect for other individuals made a difference.

Yours sincerely, Joan E. Blesser, Principal.

Special Notes For February and March

The following have been honoured as "Student of the Week" for February and March. Congratulations!

Kindergarten, level 1 and 2: Mandy Vachon, Jeremy Bedard, Stacey Pouliot, Christopher Farrell, Elizabeth Gosselin, Jamie Farrell-Côté and Stephanie Gardner.

Level 3 and 4: Anna Hendrykowski, Aimee Page, Jeffrey Barnes, Matthew Gardner, Christopher George-Wallis and Christopher O'Neill.

Level 5 and 6: Julia Eldridge, Liza Norton, Rebecca Norton, Jennifer Gardner, Shannon Jones, Jennifer Kolatschek and Alex Ostroff.

French Second Language: Aimee Page, Rebecca Norton, Karen Paige, Sara-Beth Paige, Geoffrey Barnes, Christopher George-Wallis, Victoria Davis and Jennifer Gardner.

Teacher Appreciation Week: In February Teacher Appreciation Week was a special event in Mansonville Elementary School. The School/Orientation Committee held a "Guess Their Teacher Contest" for the students. The winners were: Kindergarten - Christopher Farrell (matchbox car); Grace 1 and 2 - Jamie Farrell-Côté (coloring book and crayons); Grade 3 and 4 - Aimee Page (jigsaw puzzle); and Grade 5 and 6 - Jennifer Gardner (writing paper and pens).

Thank you to parents who donated snacks for the staff for "Teacher Appreciation Week" - Gale Chouinard, Mary Woodard, Pamela George and Linda Dostie.

Basketball Tournament at Massey-Vanier, February 24 with eleven students attending, although not winners, they did their best and had a lot of fun along with their parents who supported them and provided transportation. Thanks to them, also Todd Murray for his time and coaching effort. The Team: Krissi Baxter, Lyndon Brock, Jennifer, Gardner, Samuel Hendrykowski, Rebecca Norton, Liza Norton, Alexander Ostroff, Melissa Paige, Sara-Beth Paige, Vance Schinck and Peter Webb.

The District of Bedford Public Speaking Contest for Level 6 and Secondary 1 on February 27 was at Parkview School with Rebecca Norton as our representative. Levels 4 and 5 contest was March 1st with Sara-Beth Paige as our speaker. Thanks to her mom for driving her there. no Level 4 students wanted to "speak".

The Mansonville Optimist Public Speaking was held on February 27. Speakers for Mansonville Elementary School were: Krissi Baxter, First place girls; Jennifer Gardner, Second place girls; Liza Norton, Rebecca Norton, Sara-Beth Paige, Third place girls. Christopher Peacock, Second place boys (only two boys participated). Congratulations, all!

Recently Elaine Young and Lori Lane attended a Math workshop at Ecole Sutton School. We would like to thank Sutton for the kind invitation.

We also would like to thank the students who sold chocolate bars and parents and friends for supporting this fund raising event.

Events during April: 4, Hepatitis B vaccination, level 4; 6, Library; 7, Level 6 Math Competition in Knowlton and Nurse p.m.; 10, Orientation meeting, 7 p.m.; 12, Jump rope for Heart and Easter Hat Day; 13, P.P. Day; 14, Holiday, Good Friday; 16, Happy Easter; 17, Holiday, Easter Monday; 18, P.P. Day; 19, Regular school day; 27, last day of hot lunches.

Please note: For those making plans: May 19 also is a regular school day, only in Mansonville, because of emergency closures.

Menu for April: 20, Pogo; 25, Beef stew; 26, Hot dogs and soup; 27, Fish sticks. (last day of hot lunches).

Dancer Brigitte Graff at Centennial Theatre

●BISHOP'S UNIVERSITY ARTISTS' CENTRE: March 23 to May 5, 1995: Alex Colville: **Selected Drawings.** Tuesday to Sunday, 1 to 4:30 p.m. and Thursday, 7 to 9 p.m.

●BISHOP'S UNIVERSITY FILM SERIES: April 20 and 25: **Little Women.** Louisa May Alcott's novel directed by Gillian Armstrong and starring Winona Ryder as Jo and Susan Sarandon as Marmee. 7 and 9:30 p.m. — \$4.

●CENTENNIAL THEATRE presents "L'Oeil" with dancer Brigitte Graff, Saturday, April 22, 8 p.m. Belgium-born choreographer Brigitte Graff presents her latest creation, L'Oeil, (The Eye). Refreshing and invigorating. L'Oeil is a happy choreography, and it got rave reviews when Graff presented it last year. Info: 822-9692.



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Read and learn with

Read All About It column is a reading comprehension exercise for children. It is written by Susan Fineman, a reading specialist in the New Haven, Conn., school district. The column is sponsored by The Associated Press and the Newspaper Association of America Foundation.

This column is based on an AP story that was transmitted on March 31.

Meteorite from Mars

Test your reading comprehension by reading the story below and answering the questions that follow.

WASHINGTON (AP) — A massive explosion on Mars millions of years ago blasted rocks into orbit and some of that material landed on Earth, researchers say.

Kurt Marti, an planetary chemist at the University of California at San Diego, said that an 18-kilogram meteorite that landed in Africa 32 years ago has been identified as a bit of Mars.

The meteorite was observed as it crashed to Earth in Nigeria in 1962 and was quickly recovered. It is named Zagami for the region where it hit.

A study of the chemistry of Zagami was published in the journal Science.

Marti, the study's lead author, said that gas trapped in bubbles within glass inside the meteorite has been chemically matched with the atmospheric composition found on Mars by the Viking

spacecraft.

Another meteorite, found in Antarctica and analyzed 10 years ago, also had the chemical signature of the Martian atmosphere, said Marti. A third meteorite may have the same characteristics, he said.

Marti said Zagami was wandering in space for about three million years before it landed on Earth.

Marti said it's not known where Zagami originated on Mars, but he said there are lots of candidate sites.

"Mars is filled with craters created by collisions," he said. Astronomers are now searching Mars by telescope to find sites with minerals like those in the Zagami meteorite.

Marti said it is assumed that the explosion that ejected Zagami was caused by a large asteroid or comet slamming into Mars.

"It would require a very major collision," said Marti. "It is a very rare event."

Heat created by the collision melted rock that cooled quickly into glass, he said, and some of the Martian atmosphere was trapped and formed bubbles within the glass. It is this gas that has been analyzed and compared with the chemistry found in the Martian atmosphere by the Viking landers in 1976.

Marti said dozens of meteorites have been identified as originating from the moon.

Use the facts from the story to complete each of the following

your newspaper!

statements below:

1. An explosion on Mars, millions of years ago, caused:
 - a) rocks to be blasted into space.
 - b) chemical changes on Earth.
 - c) many problems for scientists.
2. Rocks from Mars have:
 - a) damaged spacecraft.
 - b) landed on Earth.
 - c) been founded by Kurt Marti.
3. Meteorites, or chunks of matter, from Mars have landed in:
 - a) Nigeria.
 - b) Antarctica.
 - c) both a and b are correct.
4. The meteorite that landed in Africa:
 - a) weighed 10 kilograms.
 - b) was named Zagami.
 - c) was not discovered for a long time.
5. According to the article, the name Zagami refers to:
 - a) an African author.
 - b) a scientific journal.
 - c) a place in Nigeria.
6. Scientists study the chemistry of meteorites to find out:
 - a) where other rocks have landed.
 - b) what other rocks are made of.
 - c) when the next plant explosion will occur in space.
7. Kurt Marti, a planetary chemist, reported that the gas trapped inside Zagami:
 - a) is similar to Martian atmosphere.
 - b) can be seen with special glasses.
 - c) is impossible to study.
8. Marti believes the explosion took place on Mars:
 - a) after the Viking spacecraft landed.
 - b) when a comet or asteroid hit the planet.
 - c) about 33 years ago.
9. Glass formed inside the meteorite when:
 - a) the rock landed on Earth.
 - b) chemists heated the rock.
 - c) Martian rock melted and then cooled quickly.
10. The collision, or crash, that occurred on Mars:
 - a) takes place only once every 30 years.
 - b) is a very unusual event.
 - c) was caused by cosmic rays.

Answer Key:
1)a 2)b 3)c 4)b 5)c 6)b 7)a 8)b 9)c 10)b

PART TWO

STUDENT STUMBLES UPON ROCK:

Some meteorites are tiny; others weigh as much as 60 tons. Pretend that you found a meteorite. Write a story about your discovery. Tell how, when and where you found the rock. Include a description, or picture, of your souvenir from space.

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Townshippers executives meet with federal officials

Keeping in Touch is a weekly column presented by Townshipers' Association.

Recently, Townshipers' Association Board member, Christina Richards and Executive Director Susan Mastine, attended a consultation meeting in Montreal to introduce officials from various federal departments to representatives from Quebec's English speaking communities. The meeting was organized by the Department of Canadian Heritage.

The purpose of the meeting was to familiarize the federal government with English Official Minority Communities, in the context of the Official Languages Act, Part VII: Articles 41 & 42, which require all Federal Departments to contribute to the development and enhancement

of the vitality of Official Language Minority Communities across Canada.

The Community Groups were the first to give presentations, followed by the Federal Departments, who then discussed their programs. Informational kiosks were set up for those wishing to obtain information on areas of related interest.

The meeting was attended by 17 Federal Departments and 15 Community Organizations funded by Canadian Heritage, through the Promotion of Official Languages Program. Among the Federal Departments were the CBC; Industry Canada, which promotes the growth of business and makes information available to businesses and entrepreneurs; Canada Post, whose focus was literacy pro-

Keeping In Touch

By Townshipers' Association

grams in educational institutions; The National Film Board, who provided this toll-free number for those wishing to rent or buy movies: 1-800-267-7710; and the Federal Business Development Bank, which helps develop small and medium sized businesses.

The day resulted in a valuable exchange of information and will probably become an annual activity.

ART DISPLAY

Alex Colville: Selected Drawings, is a display currently being presented at the Bishop's University Artists Centre. His sketches and drawings can be observed Tuesday to Sunday from 1 to 4:30 p.m., and on Thursdays from 7 to 9 p.m. The display began March 23 and will run until May 5.

The final issue of *The Youth Connection* for this school year is already in the makings. Youth Animators, Erin and Steve are collecting submissions, so now's the time to send in your cartoons, jokes, movie or music reviews, poetry, articles, opinions, and stories that you have been too shy or too busy to submit before now. The newsletter to be circulated in May will focus on summer employment. If you

have suggestions as to what you would like to see related to this topic, let us know. If you had an interesting summer job last year that you would like other people to know about, we would be happy to print an article on it.

Included in the newsletter, as always, will be information from schools, youth centres and community groups who have upcoming events of interest to young people. If your group has planned an activity, please let us know. If you are interested in submitting something to *The Youth Connection*, call Erin (819) 566-5717 or Steve (514) 263-4422 or send it to: Townshipers' Association, Place Belmont, 1945 Belvedere S., 204, Ascot, QC J1H 5Y3. The deadline for receiving submissions is May 1.

Just a reminder about the Canada Day Youth Award. Each year, in conjunction with Canada Day celebrations, Canadian Heritage presents young people across the country with Canada Day Youth Awards. The award is designed to recognize and reinforce the outstanding achievements and contributions of young people to their communities, and, by extension, to the betterment of Canada.

Individuals or organizations are invited to nominate young people who are 18 years old or younger. A nomination form must be completed and sent to the Canada Day committee for Quebec by April 28. For more information on the award and to receive a nomination form, contact either of Townshipers' offices.

Cavernous trunk, tons of power

Jetta offers plenty for the driver

By Colin Evans

Edmonton Sun

EDMONTON (CP) — Jetta has jump — and plenty of it.

The 1995 Jetta GLX sedan is without doubt a driver's car. Powered by a 2.8-litre six-cylinder engine, the Jetta GLX is responsive to the slightest touch of your foot on the gas pedal.

Whether you're taking off when the light turns green or accelerating up a hill, GLX's 172-horsepower in-line engine delivers in spades.

And what could be better with all that power than a five-speed manual transmission. The leather gear shift knob fits snugly in your hand and pushes

down easily for reverse.

The Jetta GLX rides smoothly due to its front independent MacPherson coil spring struts, stabilizer bar, rear track-correcting independent torsion beam axle and rear gas shocks. It handles just as well with rack-and-pinion steering. The Jetta has an excellent turning radius and a good all-around view of the road.

Priced at \$31,055, the Jetta GLX comes loaded with a stylish interior loaded with features. From the comfort of your leather bucket seat, you have all the controls at your fingertips: power mirrors and sunroof, user-friendly climate controls, air

conditioning, an excellent eight-speaker sound system, easy-to-operate cruise control and heated seats.

One of Jetta's most practical features is its key-operated power central locking system. With a turn of the key you can unlock all four doors, the trunk and fuel filler door. Keep the pressure on the key for an extra second and the four windows will open to air your car out on a hot summer day.

Conversely, when leaving the vehicle, you can conveniently lock all the doors with a turn of the key. Keeping pressure on the key for a couple more seconds will close all four windows, plus

the sunroof. It's a convenient time-saving feature to quickly secure your vehicle from outside the car.

Other interior features include two convenient cup holders, tilt steering and a trunk release button that can be locked away in a console compartment for valet parking.

While the glove compartment has been replaced by one of two front air bags, you will find storage compartments in the doors and behind the front seats. The back seat has adequate space, and the trunk is cavernous. Plus you have the option of increasing your hauling space by folding down the back seats.

Canadian families hurt by job relocations

By Lee-Anne Goodman

CP Life-Entertainment Editor

TORONTO (CP) — Many Canadian families suffer significant financial and emotional distress when an employer forces a move to another community, suggests a new survey.

Half of families surveyed — with both spouses working — experienced a lower standard of

living, concludes the research conducted by Right Associates.

"That's because many of the spouses were forced to take whatever employment they could get after relocation," Terry Szewc of the Toronto branch of the firm, one of the world's largest personnel agencies, said Wednesday.

"For many, that meant giving up a career and finding a McJob. And it doesn't help that they received little job-search assistance from the spouse's employer."

Forty per cent of relocated families with a single wage-earner also said they went downhill financially, the survey says.

And most found the moves were stressful and strained relationships.

"It gets to be very complicated when children are being uproot-

ed and lives are being disrupted," Szewc said. "The distress can be terrible."

The findings are from interviews with 2,000 employees and 1,000 spouses in Canada, the U.S. and Europe.

The Canadians — 171 employees and 199 spouses — suffered more financially and emotionally than the others.

Nova Scotian Christine Tordon, 32, has yet to join her husband Rick in the Toronto-area city of Oakville where he recently assumed an executive position at Ford Canada.

"Both of us have lived our whole lives in Halifax," she said. "It's the fear of the unknown. Everything will be new — if I get a job it will be a new job, I'll be living in a new home. Nothing will be familiar."

And the Tordons also wonder if they'll be able to afford a home

in southern Ontario.

"House prices are double what they are here," she notes.

Ford is helping her find a job. But that's a rarity, says Szewc.

"Where companies are failing people is they are not giving them proper assistance from a counselling perspective. There needs to be some assistance given to the spouses, some direction from a third party."

Organizations need to change relocation policies to acknowledge that almost 75 per cent of workers are from dual-income families, he added.

Statistics Canada says 72 per cent of Canadian families have two breadwinners.

"We are trying to approach this as an adventure," Tordon says. "But it's hard sometimes. Right now he's in Oakville, I'm in Halifax, and I feel like we're living in two different worlds."

Ann looks at some cures for the hiccups

Ann Landers

suggestions from friends and relatives without success. Finally, someone said, "Drink a few gulps of carbonated soda." He did, and the hiccups stopped at once.

Ashtabula, Ohio: My grandmother learned this hiccup stopper from her grandmother, and I am teaching it to my grandchildren. It can be fun! Cut

three holes the size of half-dollars in a paper bag. Put the bag over your head, and breathe deeply 20 times. The hiccups will disappear.

Chicago: I am 60 years old, but I remember a sure cure for hiccups that was given to the class by our fourth-grade teacher. She always kept a jar of sugar in her desk drawer. Whenever someone got the hiccups, Miss Swanson would put a teaspoon of sugar on that person's tongue and let it melt. By the time the sugar was gone, so were the hiccups.

Riverside, Calif.: When everything else has failed, this will work. If you

can stand on your head, do it. If you can't stand on your head, put your head between your knees. Close your eyes as tight as you can, take a deep breath and recite "Mary Had a Little Lamb" or "Little Bo Peep."

Halifax, Nova Scotia: My great-aunt's hiccup stopper has worked for us like a charm these last 25 years. Make a fist, and bite the knuckle of your little finger. Take a deep breath, and hurry up and bite the next, then the next, then the next and then the thumb. By the time you bite all your knuckles twice, you are cured.

Cincinnati: This cure is not only 100 percent effective but delicious. Take a tablespoon of peanut butter and keep it in your mouth, making no attempt to eat or swallow it. As the peanut butter disappears, so will the hiccups.

Tacoma, Wash.: No one knows why this works, but it has never failed me or anyone else who has tried it. Fill a glass with water and cover it with a clean handkerchief. Drink the water through the hankie. No sipping, no holding of the breath. The hiccups will disappear as if by magic.

Emporia, Kan.: This hiccup cure must be done in private because it looks so goofy. But it works. Open your eyes as wide as you can. Stick out your tongue -- all the way. Reach for the ceiling -- really reach. Try to sing "The Star-Spangled Banner." Of course, you can't do it with your tongue sticking out, but if you make the sounds, that is good enough. By the time you get to "the rockets' red glare," the hiccups will be gone.

So there you have it, dear readers. If one gimmick doesn't work, try another. Good luck!

three

Get-well wishes

Milton Eryou of Waterville is not feeling too well and is a patient at the Sherbrooke Hospital. Best wishes are extended to you, Milton, for improved health real soon, from Connie and Paul!

Birthday greetings

Emilie Dupont of the Three Villages celebrated her 11th birthday on April 13. Have a great year ahead and best wishes go to you from your many friends.

Birthday congratulations

Roland LaBonté of Magog celebrated a birthday on April 17. "All the best", for good health and happiness in the year ahead.

NOTICE

Please note that as of April 24, 1995 we will have to charge a nominal fee for birthday wishes, engagements, get-wells, anniversaries, congratulations, wedding announcements, open houses, etc. that appear on our Living Page. The cost will be \$5.00 (taxes included).

Thank you for your cooperation in this matter and continued support.

Women's Institutes Bursaries

Missisquoi County Women's Institutes are offering bursaries to two students in memory of Elizabeth Anne Beach and Ella Beach Brown. These students must be residents of Missisquoi County in good academic standing who are pursuing higher education. Application forms are available by calling 298-5401.

Complete forms must be returned by August 15, 1995 to Mrs. June Lamey, 72 Principale, Frelighsburg, Que., J0J 1C0.

New schedule for the Emergency Room of the Sherbrooke Hospital

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Farm and Business

the
Record

Montreal exchange loses market share

MONTREAL (CP) — The Montreal Exchange's share of stock trading in Canada was 14.7 per cent last year — down from 16.3 per cent the year before, president Gerald Lacoste reported Tuesday.

That was well behind the Toronto Stock Exchange, which accounted for more than 80 per cent of all trading last year.

Overall trading in Montreal continued to rise for a fourth consecutive year, reaching \$32 billion in shares, said Lacoste. He added that the exchange

registered a budgetary loss of \$5 million in the past year, mainly due to investments in the Peace computer system designed to give access to various Canadian markets from a centralized computer.

"The Montreal Exchange is in excellent health, but it must get in even better shape," Lacoste said at the exchange's annual meeting.

The options market, which the Montreal Exchange helped launch in 1975, grew 10.7 per cent compared with the previous year.

Avenor posts best quarter since 1989

TORONTO (CP) — Forest company Avenor Inc. posted its best quarterly results since 1989 in the first three months of this year, the company announced Tuesday at its annual meeting.

Avenor, formerly Canadian Pacific Forest Products Ltd., had net earnings of \$66.4 million in the first quarter of 1995, compared with a net loss of \$34.1 million in the same period last year. Sales reached \$675.3 million — 50 per cent higher than in the first quarter of 1994.

Avenor — the name is derived from the Latin root for the word

advantage and the first half of the word north — came into being in September 1993 when Canadian Pacific Ltd. sold its forest subsidiary.

Avenor president Paul Gagne said Tuesday the company is finally through with its makeover.

"(It's) the end of a chapter in Avenor's history, a period when we were involved in the restructuring of our company, with the objective of focusing on core assets, improving competitiveness and returning to profitability," Gagne told shareholders.

Shipments fall with demand

OTTAWA (CP) — Shipments of manufactured goods fell in February as demand for cars and wood products weakened in both Canada and the United States, Statistics Canada reported today.

"Higher interest rates and lower consumer confidence softened demand for certain produc-

ts," said the federal agency.

Shipments from plants and factories fell by 1.3 per cent to \$32.6 billion. It was only the second drop in the last 12 months.

Shipments of motor vehicles fell by almost four per cent and wood products were 7.6 per cent lower.

Job Offers

The Record and Canada Employment Centres across the Eastern Townships are publicizing job opportunities in the region. Persons who qualify for jobs should contact their nearest C.E.C. office or phone Telecentre at 564-5983.

2955863-1241 **EXECUTIVE SECRETARY**, Sherbrooke. To be discussed acc. to exp., full-time, 37.5 hrs/week, 2-3 months. 2 yrs. exp. or more, college diploma (DEC or A.E.C.), bilingual 5/5, good knowledge of Word Perfect 6.0, Windows mandatory, Excel an asset, autonomous, flexible, resourceful. Work as secretarial executive, receive calls for president and departmental officers, keep the president's diary, correspondence, dictaphone.

2955695-2253 **COMPUTER DRAFTING TECHNICIAN**, Sherbrooke. To be discussed acc. to exp., temp., 2-5 months, full-time. Mandatory: exp. as computer drafting tech. in industry (conveyor, jig, tooling), lay out factory, good knowledge Autocad 1.2 and 1.3, bilingual, avail. to travel North America. Autonomy, flexibility, availability and communication must be a major strength, work as computer draf-

ting technologist.

2954085 **LABORERS**, Adamsville. \$6.50/hr or more D.O.E., perm., full-time, 39 hrs/week. Good manual dexterity, fast, training given by employer, poss. \$11/hr after 1600 hrs. Press some garments for women in a sewing factory.

2953797 **COOK**, Knowlton. \$6/hr, perm., 40 hrs/week, avail. week and weekend, night shift. Exp. an asset. Preparation of meals (pizza and B.B.Q.).

2954356 **CHAIN SAW AND SKIDDER OPERATOR**, Bromont. \$9/hr or more, poss. of a year of work. Mechanical knowledge of skidder, small porter with hydraulic pinch and chain saw. Tasks as lumberman and forest machinery operator.

2954211 **MACHINIST**, Cowansville. \$320/week, perm., 40 hrs/week. Training as machinist, numerical control. Various machinist tasks.

2954241 **HEAVY EQUIPMENT OPERATOR**, Bromont. \$10/hr or more, approx. 20 weeks, 40 hrs/week. Exp. on excavator caterpillar 225, tractor bulldozer 1150 B and on rocker truck. Operate and do heavy machinery mechanics.

MONTREAL (CP) — Quebec and Noranda Inc. plan to build a \$525 million factory in Thetford Mines to process asbestos tailings.

The Magnola Project is expected to be on line by 1997.

It will create 375 jobs there while converting tailings from the old asbestos mines into magnesium using a newly developed process developed by Noranda Technology in suburban Pointe-Claire.

It is expected to produce 58,000 ton of magnesium a year for export around the world.

Quebec has at least half a dozen hills formed from asbestos tailings. One alone could keep the proposed mill in operation for at least a century, said Dave Goldman, president of Noranda Metallurgy Inc., a subsidiary of Noranda Inc.

Magnola will be able to produce some of the cheapest magnesium in the world, Noranda

managers predict.

The raw material — the asbestos tailings — are cheap. Technology developed by Noranda will allow economic recycling of some byproducts. And the process is to be powered by cheap Quebec electricity.

Project managers plan to improve the process further at a \$33-million pilot plant to be established in Pointe-Claire.

The project is financed by Noranda Inc. (52 per cent); Que-

bec's Societe generale de financement (16 per cent); SNC-Lavalin (16 per cent); and Aisin Seiki, a Japanese auto-parts manufacturer affiliated with Toyota.

Many automotive manufacturers have been reported considering making auto parts entirely from magnesium because the metal is a lot lighter but just as resistant as steel. It can also be alloyed with aluminium.

Quebec is the world's third-largest producer of aluminium.

George Bush may join company too

Mulroney on the hustings for Barrick

By Sandra Rubin

TORONTO (CP) — Former prime minister Brian Mulroney is using his contacts to lobby "at the highest levels" for Barrick Gold Corp., chairman Peter Munk said Tuesday.

And he's getting 24-karat results.

"Mr. Mulroney's contribution, and you can take this from me directly, has been significantly larger and significantly more meaningful to Barrick... than we ever anticipated," Munk said before the company's annual shareholders' meeting.

"He travels incessantly on our

behalf... He's able to open up doors and represent us at the highest level. And most effectively."

The former prime minister could also be helping Barrick land another glittering member for its board: former U.S. president George Bush.

Munk declined to confirm the reports, saying there'll be an announcement about new advisers next month.

Mulroney, chairman of Barrick's international advisory board, was paid \$141,488 last year for advisory services and expenses plus \$1,000 for each meeting he attended. He also

holds 500,000 options on Barrick shares.

The former prime minister, a senior partner with the law firm Ogilvy Renault in Montreal, said he does a lot of work on Barrick's behalf.

"I couldn't quantify it, but I spend a fair amount of time in Latin America and China and Africa working with senior management and governments around the world," a tanned-looking Mulroney said after the meeting.

"I just came back Thursday from China, and we were in Africa a few weeks ago."

He, too, refused to tip his hand on Bush.

But Munk certainly wasn't shy about tipping his hand on the company's future.

He told about 1,000 shareholders that Barrick has achieved its objectives in North America, and is now going to focus on gold-rich Latin America.

He said swallowing Toronto-based Lac Minerals last summer after a battle with upstart Royal Oak Mines marked "a turning point for us."

The jewel in the takeover is the El Indio Belt in Chile, believed to be one of the richest gold belts on the continent.

Voisey Bay find 'most important'

Teck Corp. buys piece of Diamond Fields

TORONTO (CP) — Teck Corp. has become the first of the world's major mining companies to back a massive nickel, copper and cobalt discovery in Labrador by buying three million treasury shares of Diamond Fields Resources Inc. for \$108 million.

The share acquisition by Teck on Monday puts a value of \$1 billion on Diamond Fields, which owns the Voisey Bay discovery, but it leaves the eventual control of the exploration project wide open to other potential bidders.

Teck president Norman Keevil said the find "may be the most important base metal discovery in Canada in 30 years."

Mining analysts and industry sources say there is little question that promoter Robert Friedland's Diamond Fields has discovered a rich, mineable ore

body, sufficient to justify a capital investment of several hundred million dollars.

But now it appears Friedland wants to increase the stakes by using the cash Teck has put into Diamond Fields to finance an exploration program to significantly enlarge this ore body or find another in the same area that would dwarf the current Voisey Bay find and provide a source of minerals for decades to come.

"All of the players are in for the long haul," Keevil said. Teck's objective is to provide the expertise needed to develop the project, he said.

Shares of Diamond Fields rose \$2.75 to close at \$35.75 Monday on the Toronto Stock Exchange. The shares traded as low as \$3.30 during the past 52 weeks.

Actual mining may be years away, and there is still opposition from some of the Innu in the area, but others support the Voisey Bay project, which could eventually employ hundreds of people in the remote region.

Teck acquired 10.4 per cent of Diamond Fields at \$36 a share.

Alain Gilbert
Adm. A., Pl. Fin.
Financial Advisor

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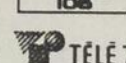
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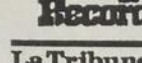
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Wednesday, April 19, 1995

NORTH				4-19-95
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♦ A J 4 2				
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Worry about your losers

By Phillip Alder

In a movie, a scantily clad woman moves toward a closed door. If there is no danger, the music will be light and airy. But if she is in jeopardy, the soundtrack is appropriately tense. The audience is forewarned.

At the bridge table, half the cards are there for you to see and half are hidden. The snag is that no one supplies background music. You must watch for impending danger unassisted.

North opened one no-trump, as would all of us. South jumped straight to game, as would many of us.

West led the spade jack. After winning with dummy's king, declarer immediately played the ace and another heart. At this point, East rose to the occasion. He went in with the heart king and, in answer to his partner's accurate diamond-nine discard, switched to the diamond seven. Now declarer was dead, destined to lose four tricks: two hearts, one diamond and one club.

True, South was slightly unlucky, the trump break being bad and the defense good. But declarer might have tried to avoid a diamond loser. (Music played agitato.) Taking the risk of a bad black-suit break, South should have won the first trick in hand and immediately taken a club finesse.

Let's suppose East wins with the club king and switches to a low diamond. Declarer wins in the dummy, plays a spade to hand and takes a second club finesse. When that wins, South discards his diamond loser on dummy's club ace. Then comes the ace and another heart. With this layout, the orchestra plays *maestoso*.

Phillip Alder's new book, "Get Smarter at Bridge," is available, autographed upon request, for \$14.95 from P.O. Box 169, Roslyn Hts., NY 11577-0169.

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BRIDGE



PHILLIP ALDER

Wednesday, April 19, 1995



Your Birthday

Wednesday, April 19, 1995

Your social life and commercial involvements will probably improve in the year ahead. Friendships you make in both these areas should blend harmoniously.

ARIES (March 21-April 19) Just because you're a nice guy doesn't mean you'll get what you want today. The only reason you will is because you'll make a heck of a lot of sense and thereby convince others. Aries, treat yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$2 and SASE to Astro-Graph, c/o this newspaper, P.O. Box 4465, New York, NY 10163. Be sure to state your zodiac sign.

TAURUS (April 20-May 20) Today you might benefit from something of a secretive nature. Take care, however, not to identify the source of your information.

GEMINI (May 21-June 20) In an involvement with someone today, it might appear as if an undeserving individual will reap the major benefits. Do not fret, though; you'll come out OK.

CANCER (June 21-July 22) Keep your thoughts to yourself today when friends ask each other to choose sides on a controversial issue. Later, you'll be admired for having waited.

LEO (July 23-Aug. 22) Taking a little flak

and turning the other cheek is the most sensible policy today. After rate friends have calmed down, they'll wish they had acted like you.

VIRGO (Aug. 23-Sept. 22) An outsider might create a problem for you today concerning your loyalties. Once you get your emotions under control, however, you'll know which flag to fly.

LIBRA (Sept. 23-Oct. 23) If you let reasoning overcome your hurt feelings today, you'll discover there is no real cause for anger. Your friend's motive will justify his/her behavior.

SCORPIO (Oct. 24-Nov. 22) Instead of blaming others for your financial problems, concentrate on ways to add to your resources. Something remarkable might transpire today.

SAGITTARIUS (Nov. 23-Dec. 21) It won't be what you have that will impress others today, so don't pretend to be something you're not. Your warmth and friendliness will attract others.

CAPRICORN (Dec. 22-Jan. 19) Today you might think nobody remembers what you've done for them, but you may be in for a big surprise when someone comes through for you in a big way.

AQUARIUS (Jan. 20-Feb. 19) Day-dreaming and window wishing is for children. Your hopes and aspirations are based on reality and your objectives can be achieved today if you pay the price.

PISCES (Feb. 20-March 20) Ignore superficial individuals today. Persons with real depth are the ones with whom something productive and worthwhile can be achieved.

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ASTRO-GRAPH



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Crossword

- ACROSS
- German river
 - British baby buggy
 - White-plumed bird
 - Give the — (dismiss)
 - "— Man" (1984 film)
 - Work very hard
 - Spartacus, for one
 - Tortes
 - Mute
 - Morally corrupt
 - Sun — Sen
 - Frosh, next year
 - Rotor blade
 - Manatee
 - Damage
 - Crowbar kin
 - Gay
 - Not a copy: abbr.
 - "— Marner"
 - 554
 - Stringed instrument
 - Item-by-item series
 - "— Got a Secret"
 - Madden
 - Rio residents
 - Author of "Two Years Before the Mast"
 - Opp. of syn.
 - U.S. labor leader
 - Water nymphs
 - Of birds
 - Showy plant
 - Sharp pains
 - Gen. Robt. —
 - Mud
 - "— of robins..."
 - Sortie
 - Squirmy swimmers

- DOWN
- Hen's output
 - Spanish painter
 - List ender
 - Late-night flight
 - Prates

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63						64		65				
66						67				68		
69						70				71		

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04/19/95

Tuesday's Puzzle solved:

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04/19/95

- Photo type: abbr.
- Indolent
- Horatio —
- Family member
- Author Hunter

- Prong
- Spanish jar
- "I cannot tell —"
- Unintelligent
- Concordes
- Vowel sequence



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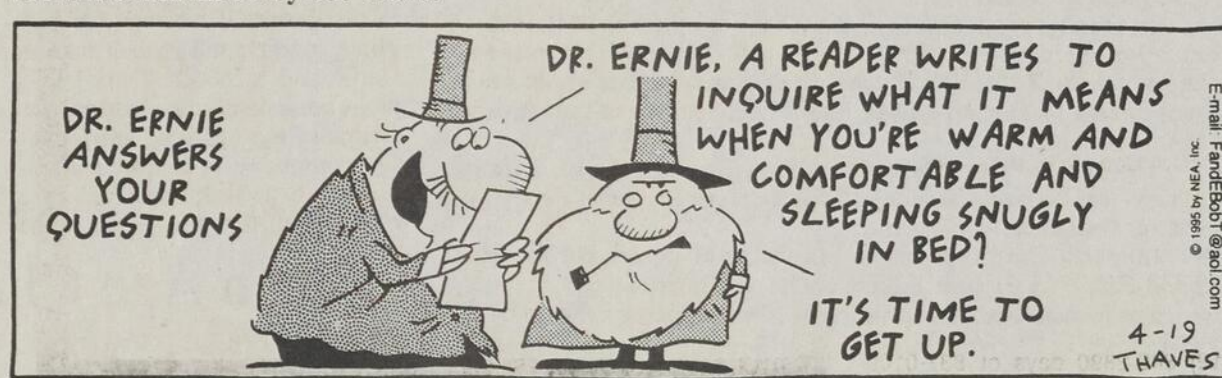
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ARLO & JANIS® by Jimmy Johnson



THE BORN LOSER® by Art and Chip Sansom



KIT 'N' CARLYLE® by Larry Wright



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Obituaries

MRS. RALPH (ENID) COOKE of Stanstead, Quebec

The family, relatives and friends were saddened to learn of the death of Mrs. Enid Cooke at the Sherbrooke Hospital on March 28, 1995.

Enid was born at Brown's Hill, Ayer's Cliff on April 22, 1906, a daughter of James and Mabel Dustin Rollins.

She attended the area one room school, later attending Macdonald College where in 1923 she graduated with her teaching diploma. She taught in several rural schools from 1925 to 1930. That year she temporarily left.

This was because in 1929 she was united in marriage to Ralph Cooke, and for several years was kept busy raising their four children and helping her husband with their business.

Enid resumed teaching in 1955 and continued until 1971 at Beebe and Sunnyside Elementary Schools. While at Sunnyside she spent a summer at Macdonald College taking a special course that enabled her to teach special children for three years.

After she and Ralph were married they resided in Tomifobia where Ralph was employed by James Howard as store and postal clerk; later they moved to Ayer's Cliff to work in a store, and in 1933 moved to Fitch Bay where Ralph operated his own general store. In 1955 they came to Rock Island. Ralph died in 1967.

In 1993, when Fitch Bay High School held its school reunion, Enid attended and was thrilled to see and visit with so many of her former students, she was "the Queen" of the celebrations.

Enid eventually resided in an apartment in Beebe where she enjoyed family visits, she was a gracious hostess and often entertained friends for playing cards and otherwise. After All Saints Anglican Church in Beebe was closed and sold, Enid for a number of years invited the priest and congregation to her home for Sunday services.

Enid loved to travel. She made several trips to Calgary, Alberta to visit her elder daughter, Shirley, who died in 1981, and later to visit her grandchildren there.

Enid travelled across Canada and to several points in the United States on private bus trips with Tom and Pauline Dearden, organizers of these trips. Enid's cheerfulness and laughter made her a popular person among the travellers.

She was active in the communities where she resided over the years as a member and worker for the Canadian Red Cross, Canadian Legion Auxiliary, Beebe Women's Institute, the U.C.W. and A.C.W. in Fitch Bay and later in Stanstead, the Ayer's Cliff Fair Ladies Department and as a member of the Ayer's Cliff Branch Q.F.A.

Enid was never idle and gave of herself for others, thus living a full and generous life span.

She, for several years, spent hours learning ceramic craft, and made several beautiful pieces, most of which she gave away as gifts to her family and friends.

About eight years ago, she became a resident guest at the White House Home in Stanstead where she remained until her last hospitalization.

The funeral was held at Christ Anglican Church in Stanstead at 2 p.m. on March 31. Rev. Canon Curtis Patterson officiated for the service and the Holy Eucharist celebration. The organ music was played by Hazel Laberee and for the singing of four favorite hymns.

The beares were three grandsons Bradley Cooke, Edward Geier and Anthony Greene, also Robert Alger, Keith Leney and Sefton Osborne.

Interment will take place this spring alongside her late husband Ralph in Crystal Lake Cemetery, Stanstead.

The love and esteem in which Enid was held was shown by the memorials to Christ Church Book of Remembrance and Restoration Funds, to the Graniteville United Church, the Sherbrooke Hospital and the Heart and Stroke Foundation.

Enid is survived by her daughter and son-in-law Lois and Bernard Leney of Graniteville, sons and daughters-in-law George and Nancy Cooke of Barrie, Ont., James and Mary Cooke of St. Lambert, eleven grandchildren, ten great-grandchildren, a sister-in-law Annie Rollins at Derby Green, Vt. and four nephews. She was predeceased by her daughter Shirley, a brother Loren and a sister Florence.

NELLIE MARSHALL of Midland, Ont.

formerly of Lennoxville, Que.

Passed away peacefully at the Midland Hospital, Midland, Ont., Nellie Marshall, wife of the late Ernest Marshall, in her 102nd year on April 3, 1995.

She was the seventh in a family of fourteen born to Joseph and Ann Buckland who in the early 1900s lived in Lennoxville and later moved to Eustis.

Many of the older Sherbrooke residents would remember Nellie as she and Ernie were active members of St. Peter's Church. Ernie was employed by the Bank of Commerce on Dufferin.

They celebrated over fifty years of marriage bliss with Ernie passing away some five years ago.

Of this union two boys and two girls were born with the eldest Sidney now living in Vancouver, B.C. His wife predeceased him five years ago. Violet Baxter is still living in Midland, Ont. Evelyn lives in Honey Harbour with husband Len Langley who is a former resident of Lennoxville and Leslie is in Toronto with wife Mary. There are numerous nieces, nephews and grandchildren.

Only one remains of the original fourteen children and that is May Rediker of Hatley.

Interment of the ashes will be this spring in the family plot in Malvern Cemetery, Lennoxville.

Jolly Twelve club meets

AYER'S CLIFF — The Jolly Twelve met at the home of Dian Brus, here in town, with seven members and two guests present. Evelyn Lafond played for Bea Schoolcraft who is still in hospital and Carla De'boer for Dian.

Cards were enjoyed at two tables. Winners were: first Madeleine Dezan, second, Pauline Standish who also had the special marked plate, consolation, Evelyn Lafond.

Following the card games, the hostess served lunch, followed by a social hour.

Next meeting at Pauline Standish's, Rosedale Street, on April 21.

Inverness

Maxine McCrea
453-2346

Recent visitors of Mrs. Margaret Dempsey included Mrs. Zelma MacRae, Mrs. Eva Keely, Mrs. Irene Egan, Mrs. Ethel Campbell, Mrs. Lois Patterson and friend, and Mr. and Mrs. Cromarty Cruikshank.

Mr. and Mrs. Lynn Marshall, David, Lisa and Julie of Burlington, Ont., were weekend guests of Maxine McCrea while here to attend the funeral service for Carole's mother, Mrs. Jessie Beattie. The other members of the Beattie family joined them at Maxine's home on Sunday night following the time of visitation at the IOOF Hall.

Christian Men's Fellowship Breakfast on April 29

The first Christian Men's Fellowship Breakfast will be held on Saturday, April 29, at L'Arc en Ciel, 20 Main St., Magog (opposite City Hall) at 8 a.m.

The purpose is to gather together men of every religious persuasion in the Eastern Townships, to hear gifted speakers tell of their faith in Christ and to be challenged to a more committed attendance at the church of their choice. The founding committee is interdenominational, all actively involved in a church, and all concerned about the

Births

BRAZEL-BURGESS — Ken and Sandra are pleased to announce the long awaited arrival of their son, Derrick John, on March 7, 1995 at 2:26 a.m. He weighed 8 lbs. 8 oz. He is the one and only grandchild to Mrs. Gladys Brazel (grandma) and the late Mr. Arnold Brazel (grandfather). Former residents of the Sherbrooke area. We would like to thank Grandma Brazel for staying with us during the delivery. Love, Ken, Sandra and Derrick.

McCORMICK — John and Wendy are delighted to announce the birth of their son, Jake Michael, on April 5, 1995, weighing 7 lbs. 9 oz., at the Toronto East General Hospital. Proud grandparents are Hazel and Art Morrison, Sherbrooke, Que. and Robert and Sylvia McCormick, Toronto, Ont. Great-grandchild for Kay McCormick, Peterborough, Ont.

WHITCHER — Eddie and Johanne proudly announce the birth of Zachary Jean-Claude on April 4, weighing 9 lbs. 2 oz., at the C.H.U.S. Hospital, Sherbrooke. A brother for Tamara and Samuel. Fourth grandchild for Allen and Alice Whitcher and third grandchild for Gaetane and Jean-Claude Roy of Birtchton.

churches of the area becoming strong and effective.

The speaker will be Bob Dowie, an exceptional communicator and a well-versed biblical scholar.

The breakfast will consist of two eggs, bacon, hash browns, toast and coffee, for a total cost of \$3.75.

The breakfast is open to ALL MEN of the area.

To facilitate efficient service at the restaurant, kindly phone Roger Bailey at 843-9962 and let him know of your interest to attend.

Golden Age Club news

MANSONVILLE — Twenty-six Golden Agers were seated at the dinner table on Tuesday, April 4. We had one very special guest, this was Lina Tomuschat, who is now a resident of Knowlbanks at Knowlton. Lina's son Ernest had brought her to have her hair done and to have her spend a pleasant afternoon with her friends.

Lunch consisted of an excellent Quiche, from Percy Thorpe and Betty Hatter, much enjoyed! The club furnished potatoes (mashed-baked in oven), ham, a tossed salad, pickles etc., Rita Marcoux and Flora Jersey made cakes, Alfred Vintinner gave the afternoon refresher.

Prizes were donated by Reginald Landry, Berton Bailey, Reola Parent, Raymond and Monique Parent, Rita Marcoux, Mildred Atyeo, Ida MacKay, Alfred Vintinner, Karl Steinbach.

Door prizes went to Louise Oliver, Karl Steinbach, George Hamelin, Clifton and Flora Jersey, Rita Marcoux, Huguette Levoy, Alfred Vintinner, Raymond Parent, Berton Bailey, Toni Lamothe, Jackie Jersey, Mildred Atyeo, Dorothy Woodard, Reginald Landry, Irene Carrier and Myrtle Bullock.

500 winners: Rita Marcoux, Monique Parent, Toni Lamothe and

Raymond Parent. Rita and Toni gave their prizes back to the club.

Game winners: Prène Carrier, Flora Jersey, Rita Mossa, Mildred Atyeo, Dorothy Woodard, Alfred Vintinner, Jackie Jersey and George Hamelin.

Red Cross Group meets

SAWYERVILLE — The High Forest Red Cross Group met on April 5 with 12 members and three children present. All enjoyed dinner at noon. A large quilt was tied for a friend.

The business meeting was conducted by the President Donna McConnell and opened with all repeating the Lord's Prayer. Roll call taken and minutes read.

The treasurer gave a good report including our Tea and Sale, also a nice donation. Some material has been given us and thanks sent.

A fruit basket was given to a friend who had been hospitalized for a long time.

Members had all brought or sent gifts for a Sunshine basket for a member, Marjie McBurney who had undergone surgery.

Donations were made to Red Cross, Cancer, Sherbrooke Hospital, Heart and Stroke, Cystic Fibrosis, Canadian Bible Society, Unicef, Epilepsy Canada, Leprosy Relief and the Sawyerville School.

Meeting closed with the Mispah Benediction.

Deaths

DOLLOFF, Dorothy — Suddenly at La Providence Hospital, Magog on Monday, April 17, 1995. Dorothy Gustin in her 80th year. Wife of the late Cecil Dolloff of Ayer's Cliff. Loving mother of Ruby (Joe) of Oshawa, Ont., Burt (Betty), Doreen (Roy) of Ayer's Cliff and Lawrence of Ontario. Dear sister of Alma Butler of Ayer's Cliff. Also survived by 5 grandchildren, other relatives and many friends. Visitation from the Cass Funeral Home, 900 Clough St., Ayer's Cliff, Ken Morris, Funeral Director — 876-5213. Visiting hours on Wednesday from 7 to 9 p.m. Funeral service from the Chapel on Thursday, April 20, 1995 at 2 p.m., the Rev. Kent Chown officiating. Interment in the Ayer's Cliff Cemetery. Donations sent to the Quebec Heart Foundation, 1358 King St. West, Sherbrooke, Que., J1J 2B6, would be gratefully appreciated and acknowledged by the family.

HOLLAND, Beatrice — At Centre d'Accueil Foyer de Sutton, Que., April 10, 1995, in her 90th year. Formerly of Frelighsburg and Danville, Que. Predeceased by sister Lena and brothers Charles and Fred, aunt of Margaret Dupuis and June Lamey. Committal in May at Bishop Stewart Memorial Anglican Church, Frelighsburg.

LOOMIS, Edward — At the Wales Home, Richmond, Que. on Monday, April 17, 1995. Edward Loomis in his 91st year. Son of the late William Loomis and his wife the late Myrtie Bryan. Dear brother of Ruth Thompson and brother-in-law of Marguerite (the late Dr. Gordon Loomis). At his request, he was cremated. A memorial service will be held at Plymouth-Trinity United Church at a later date. Arrangements entrusted to Cass Funeral Home — 564-1750.

JONES, Miss Hazel May — At the Centre d'Accueil in Cowansville on Saturday, April 15, 1995, Miss Hazel May Jones in her 78th year. Survived by her brother Christopher and sisters Millie and Francis, also her nieces, nephews, cousins and many friends. Visitation will take place one hour before the funeral service at the Desourdy Wilson Funeral Home, 1054 Buzzell St., Cowansville, Que., J2K 2N5 — (514) 263-1212. Funeral service will be held from the Chapel on Thursday, April 20 at 2 p.m., the Reverend Randall officiating, followed by cremation. Interment at the St. John's Cemetery in Brome at a later date. **Please take note** that Thursday, day of the funeral, the Funeral Home will open at 1 p.m. Flowers accepted or donations to a foundation of your choice would be gratefully appreciated by the family.

In Memoriam

BAIN — In loving memory of Crescent who passed away April 19, 1992.

Sadly missed along life's way
Quietly remembered every day.
Lovingly remembered by

AUDREY
AND FAMILY

Sutton

Mable Boyce
538-2946

Did Lachapelle, Pete and Cora Hazard spent Sunday afternoon at Knowlbanks where they visited Ellen Rumsby, Leitha Rollins and Mr. and Mrs. Wesley Leavitt.

Mrs. G. Faust of Montreal is staying at the home of her son Francis on Pleasant Street while Francis and Louise Faust are away for a couple of weeks on vacation.

In Memoriam

BEATTIE — In loving memory of our dear brother, Donald Thomas Beattie, who passed away April 18, 1991 and our dear sister-in-law, Thelma Jean (Faulkner) Beattie, who passed away May 4, 1985.

Lovingly remembered by your son
SCOTT THOMAS BEATTIE
brother

ELWIN BEATTIE

sisters
BERNICE & JEAN BEATTIE
DORIS & KENNETH CROSS
SHIRLEY & ROSS LOCKWOOD
LYLA and the late Kenneth BEATTIE

FRANCES and the late Malcolm BEATTIE
AND THEIR FAMILIES
Richmond, Quebec

FRASER — With the arrival of spring, sugaring and gardening, our thoughts are of Donald and Alice Fraser, our parents and grandparents, who blessed our lives for many years.

I believe in good brown earth,
Sun and seed and soil,
Rest is sweetest when it comes
After happy toil.

Remembered by
ALL THE FAMILY

PATTERSON — Fond and loving memories of our dear parents and grandparents, Alvah and Maria Patterson.

"Our Lord has written the promise of the Resurrection not in books alone, but in every leaf in springtime."

Remembered by
ALL THE FAMILY

Card of Thanks

COOKE — Many thanks to all who sent cards, flowers and visited our mother, Enid, while she was a patient in the Sherbrooke Hospital. To all those who sent flowers, monetary memorials, provided food at our home and extended sympathy in any way at the time of her death. Especially to Canon Patterson for his words of comfort, the bearers, Cass Funeral Home and the ladies who served refreshments following the service. A very special appreciation to the White House Home, Stanstead, who gave her a "home away from home". We will never forget your kindnesses.

The family
LOIS & BERNARD LENEY
GEORGE & NANCY COOKE
JAMES & MARY COOKE
GRANDCHILDREN and
GREAT-GRANDCHILDREN

Cemetery Meeting

LINGWICK

Annual meeting of Lingwick Cemeteries will be held on April 20 at 7:30 p.m. in the Church basement at Gould. All welcome.

Brieflets

LENNOXVILLE

The Lennoxville & District Women's Centre will be holding its annual general meeting on Wednesday, April 26 at 7 p.m. at 151A Queen Street in Lennoxville.

SHERBROOKE

Mission Circle Easter Salad Supper, St. Patrick's Church Hall, Saturday, April 22, from 4 p.m. to 6:30 p.m. Admission: \$6.00. Bake sale and crafts. Everyone welcome.

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Sports

**the
Record**

Pens clinch playoff spot, Whalers stampede past Buffalo

Ex-Habs Muller, Schneider still have Nords number

UNIONDALE, N.Y. (AP) — Tommy Salo stopped 40 shots for his first NHL victory and Marty McInnis and Zigmund Palffy each had a goal and assist Tuesday night as the New York Islanders snapped a six-game home winless streak with a 5-2 win over the Quebec Nordiques.

The loss snapped a five-game unbeaten streak for the Nordiques, but they still retain their top ranking in the Eastern Conference. It was only the third time the Islanders beat the Nordiques in their last 11 meetings (3-8-0).

Derek King, Ray Ferraro and Kirk Muller all had first-period goals for the Islanders, who had 38 shots on losing goalie Stephane Fiset.

Joe Sakic and Paul MacDermid were the only Nordiques to beat Salo, who made his second career start. Salo also had help from the goal posts, as Quebec hit them four times.

The Islanders cashed in on

their first power-play opportunity at 3:09 to grab a 1-0 lead. Palffy skated from the right side toward the slot, faked a shot and slid a pass to King in the left circle and he beat Fiset to the short side.

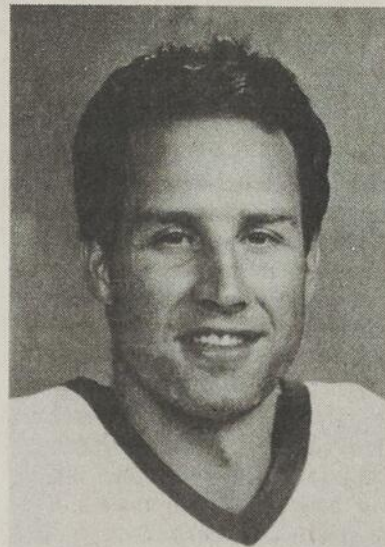
Parked alone at the right crease, Ferraro made it 2-0 at 8:21 when he slammed McInnis's cross-ice feed into the open right side.

It became 3-0 at 18:12 as the shaft of Muller's stick connected with the rebound of a shot from the right point by Mathieu Schneider.

Sakic capped a 2-on-1 shorthanded rush at 14:36 by beating Salo to the stick side. It was the 11th shorthanded goal allowed by the Islanders, the most in the league.

McInnis answered for the Islanders at 17:10, tipping a 15-footer past Fiset.

The Islanders finished the game with only four healthy defencemen. They lost Rich



Rare goal for Nords' Paul MacDermid.

Pilon to a left wrist injury and Dennis Vaske to a left ankle injury, both in the second period.

MacDermid's third-period wrist shot under the crossbar at 5:46 was offset by Palffy's goal at 15:08.

Penguins 6 Rangers 5

PITTSBURGH (AP) — Ron Francis scored his second goal of the game late in the third period to lift Pittsburgh over the New York Rangers 6-5 Tuesday night and clinched a playoff spot for the Penguins.

The Rangers lost despite a five-assist performance by defenceman Brian Leetch, which tied a team record, and four assists by Mark Messier. The Rangers have had five five-assist games.

Kevin Stevens also scored twice as the Penguins qualified for the NHL playoffs for a fifth consecutive season, a record for the 28-year-old franchise.

The Rangers have lost their last six games in Pittsburgh since Nov. 25, 1992. New York was 0-3 against the Penguins this season, 0-2 in Pittsburgh.

Goalie Ken Wregget posted his career-best 23rd win. He won

22 games with Toronto in 1986-87 and with Philadelphia in 1989-90.

John Cullen and Tomas Sandstrom also scored for Pittsburgh.

Adam Graves, with two goals, Sergei Zubov, Petr Nedved and Alexei Kovalev also scored for New York.

Whalers 2 Sabres 1

BUFFALO, N.Y. (AP) — Darren Turcotte's soft wrist shot from the point with 3:14 remaining was enough to give the Hartford Whalers a 2-1 victory over the Buffalo Sabres on Tuesday night.

Turcotte grabbed the puck near the Buffalo blue line and flipped it between the legs of a screened Dominik Hasek to give Hartford a much-needed victory.

The win lifted the Whalers into seventh place in the Eastern Conference playoff race, one point ahead of the Sabres. Buffa-

lo currently holds the final playoff position, one point ahead of the New York Rangers, who lost to Pittsburgh 6-5. The Whalers and Rangers each have seven games remaining, the Sabres have eight.

Geoff Sanderson scored the other Hartford goal, while Wayne Presley scored for Buffalo.

Whalers goalie Sean Burke stopped 32 shots, including several good opportunities over the final two periods.

Blues 4 Canucks 1

ST. LOUIS (AP) — Rookies Denis Chasse, Dave Roberts and Ian Laperriere scored first-period goals to lead the St. Louis Blues to a 4-1 victory over the Vancouver Canucks on Tuesday.

Flyers 3 Panthers 1

Lightning 3 Devils 2

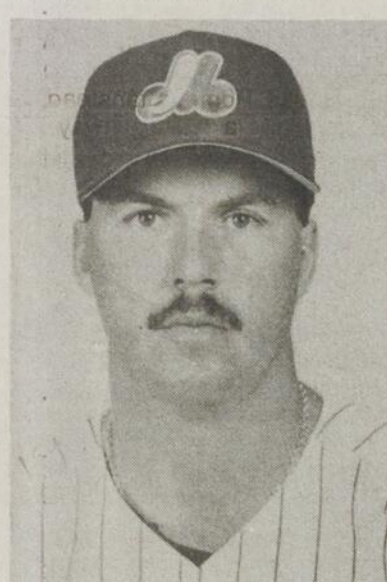
Spring training roundup

Strong pitching performances lead Expos to spring victory

FORT LAUDERDALE, Fla. (AP) — Five Montreal pitchers combined on a four-hitter and Shane Andrews hit a solo homer in the Expos' 2-1 victory over the New York Yankees on Tuesday night.

Butch Henry gained the victory by limiting the Yankees to two hits in three scoreless innings. Tim Scott earned his first save of the spring by keeping the Yankees hitless in the final two innings.

Montreal opened a 2-0 lead against Jack McDowell in the third inning on Andrews' third homer of the spring and Cliff



Tim Scott earned the save.

Floyd's run-scoring double.

Luis Polonia's RBI accounted for the Yankees' only score in the sixth inning off Bryan Eversgerd.

The Yankees were without Don Mattingly, who left early with a fever, and Wade Boggs, who has a sprained left thumb. Boggs should return to the lineup Wednesday.

ALOU TO MANAGE STARS

NEW YORK (AP) — Felipe Alou of the Montreal Expos and Buck Showalter of the New York Yankees have been chosen to manage in the all-star game, a baseball official said Tuesday.

The Expos and Yankees had the best records in baseball when players went on strike Aug. 11. The two also were chosen American League and National League managers of the year by the Baseball Writers' Association of America.

The game traditionally uses the managers of the previous year's World Series.

Montreal was 74-40 when the strike began and the Yankees were 70-43.

The baseball official was speaking on the condition of anonymity. An official announcement is expected later this week.

EXPOS ON TSN

TORONTO (CP) — The Sports Network will telecast at least 25

Montreal Expos games as part of a one-year deal announced Tuesday.

Play-by-play announcer Dave Van Horne and analyst Ken Singleton will once again call the games, the 11th year the Expos have appeared on the all-sports network.

A complete schedule has not been made public.

OPENING DAY STARTERS

Roger Clemens is a no, Greg Maddux is a maybe and Mike Mussina is a yes.

With opening day only a week away, baseball managers tried to determine Tuesday whether their staff aces would be on the mound for the first games of the season.

In Clemens's case, the answer was no, even though he had a pain-free workout in his recovery from a stiff shoulder.

Boston manager Kevin Kennedy said the right-hander had already missed so much time that he can't possibly be ready for the April 26 game at Fenway Park against Minnesota. Instead, Aaron Sele will get the call.

Maddux, winner of the last three NL Cy Young Awards, is recovering faster than expected from chicken pox and will throw off a mound today on an isolated field. Atlanta manager Bobby Cox has tentatively scheduled

Tom Glavine to be the opening day starter against San Francisco.

"Put it this way, I don't feel like anything is wrong with me. If I didn't look at myself and see the spots, I wouldn't know I had them," Maddux said.

Mussina got the official word Tuesday that he'll pitch next Wednesday's game against Kansas City — the first game on the Royals' new grass field. He was decidedly unexcited.

"What do you want me to say, that I'm honored?" he asked. "It's just a game, just the first game. It's exciting and all, but I have to keep my perspective."

The Orioles may have a new centre fielder for their opener — Andy Van Slyke. The former Pittsburgh star headed to Baltimore's camp Tuesday as a non-roster invitee. The 34-year-old, who hit .246 for the Pirates last year, had been playing at the union-sponsored free agent camp in Homestead, Fla., after rejecting a \$1 million, one-year contract offer from Baltimore earlier this month.

"We need to see what he can do," Orioles manager Phil Regan said. "The major thing is to see if he's healthy. We ought to find that out within three or four days."

Texas slugger Juan Gonzalez will miss his team's opener. Gon-

zalez hurt his back bending over to tie his shoe last Sunday and was diagnosed Tuesday with a herniated disk. He is likely to go on the disabled list and could miss up to three weeks, general manager Doug Melvin said.

Meanwhile, Jack Morris announced his retirement at Cincinnati Reds camp.

The 17-year veteran helped three teams win World Series titles — Detroit in 1984, Minne-

sota in 1991 and Toronto in 1992. He played for Cleveland last year and was 10-6 with a 5.60 ERA, but faded badly at the end with a 9.45 ERA in his last four starts.

In game action, Candy Maldonado doubled in two runs in the bottom of the eighth inning as the Toronto Blue Jays beat the Pittsburgh Pirates 5-4 in Dunedin.

The domination continues

Waite returns to run Sherbrooke A's

SHERBROOKE (RM) — There will be a new man at the helm when the Sherbrooke Athlétiques start their eighth season in the Eastern Townships Senior Baseball League.

Stéphane Waite was named player-manager of the league's most dominant team, replacing Denis Landry who decided to leave after two seasons.

Waite, who is also the goal-

tending coach for the Quebec Major Junior Hockey League's Sherbrooke Faucons, is no stranger to the dual role.

He served as the player manager from 1988-1991 and compiled a 62-31 record in 93 games. Waite, a first baseman with the team, also served as the A's general manager. He has the same position this season.

Even though Landry was 38-11 in his two seasons and lead Sherbrooke to two consecutive playoff championships, the A's should continue their domination under Waite.

The team won two season titles and one playoff championship during his previous stint as player-manager. Waite will have a lot of veterans from last year's team and six new recruits.

The team's honorary president for this year, Charles Pelletier, is one person Waite would like to have in his lineup. Pelletier was the team's third baseman for six seasons before retiring after the 1993 season. He is still one of the A's main fundraisers.

Pelletier's No. 11 will be retired at the Athlétiques home opener on Friday, May 12 against the Coaticook Cards.



Stéphane Waite... Player-manager again.

Three-time Super Bowl MVP Montana retires

Joe tells fans it's 'the right time' to go

SAN FRANCISCO (AP) — Words and emotions and mawkish ceremonies are not Joe Montana's style.

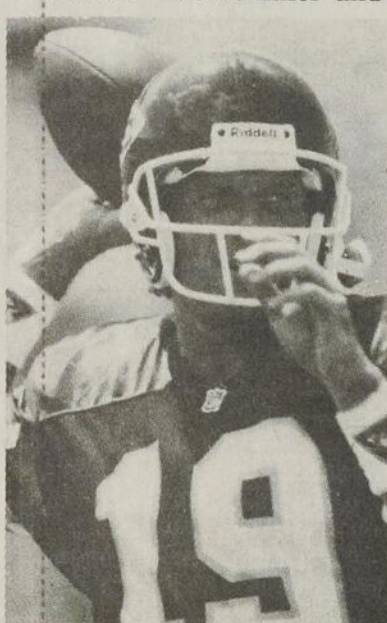
Neither is quitting.

Bang him up and he'd bounce back. Give him the ball with a minute left and 90 yards to negotiate and he'd find a way to score. He left lesser mortals to figure out how.

For two decades, from Notre Dame to the San Francisco 49ers to the Kansas City Chiefs, Montana played with a rare combination of grace and grit that made him not only a four-time Super Bowl champion, but one of America's most beloved athletes.

He could do everything except give up, until now.

With his wife Jennifer and



Montana's retirement marks end of era.

their four children at his side, with thousands of fans jamming an outdoor plaza to say goodbye on a cool, sunny Tuesday, Montana retired at age 38.

Looking youthful in a blue suit, his hair tousled by a breeze off San Francisco Bay, Montana thanked the crowd for its support as it chanted, "One more year, one more year..."

"I really have to say, over the years, you fans and the crowds at Candlestick have overwhelmed us many times, but this beats it all," he said. "I thank you all from the bottom of my heart."

"I have to be honest with you because I really, truly never thought this day would ever come where I would say that word, retirement. But unfortunately, it's here."

"I must admit that I've been very fortunate. It's been like living a dream for me. I remember growing up, it all started with throwing footballs through a tire on a swing with my father. It went to those dreams of playing in the Super Bowls in your backyard and throwing touchdown passes and making diving catches. The fortunate thing for me is that all that became a reality..."

A few moments earlier, he had formally announced his retirement at a news conference in a nearby hotel.

"It definitely felt like it was the right time," he added. "I don't know why, it felt like it was time to move on. I knew the day would have to come sometime, but it was also difficult to admit

to myself that it was over."

Bill Walsh, the coach who guided him and goaded him to greatness, acted as master of ceremonies. Joining them were former Super Bowl teammates John Taylor, Ronnie Lott, Roger Craig, Steve Bono, Dwight Hicks and Dwight Clark, executives from the 49ers and Chiefs, friends and relatives.

Steve Young, the man who took Montana's job on the 49ers, wasn't invited. But if he felt snubbed, he didn't reveal it.

"I've had nothing but respect for Joe for years," Young said

from his home on the eve of the ceremony. "Our relationship was kind of like an older brother, younger brother thing. In the backyard, we'd be competing hard, bloodying our noses, fighting for dominance. Look, let's face it, we both wanted the same job. We both wanted to play. We're competitors. But when the games came, we were always pulling for each other and working with each other. In all the years we were teammates, we never had an argument or even a cross word between us."

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Last Ladies Night was a final blowout of the Horn for this year

The last ladies night of the year, February 25, was blown into existence when 1st Vice-President Mac Juby was allowed to be the horn blower. (He must be getting ready for his promotion). The head table entered and was introduced — Eunice and Chair of Advisory Committee Milton Brown; Amy and Building Committee Chair Ron Husk; 2nd Vice Ed Hardy; Bea and 1st Vice Malcolm Juby; Kay Winget and President Cecil Blenkorn; Barbara and Hon. President Don Lyon; Frances and Secretary Roland Dewar; Nancy Hibbard and treasurer Phil Kerwin.

Gerald Frost was called on to ask the blessing — which he did so, and the nibblers were into the salad. Very quickly along came the soup and crackers and the room got very quiet. Just a slurp or two here and there. The plate of ham, mashed spuds and green beans arrived later to accompany the raisin sauce that had already been put on the table. Well, not really on the table — it was in little paper cups and also very good.

Supper was interrupted by a very pleasant serenade as the lights were lowered and The Club Choir entered with a mid-meal rendition of some goodies by the oldies for their sweeties. Bruce Patton at the piano and Roger Tetrault on his banjo added to the enjoyment. After chocolate dessert the coffee, etc. arrived so 2nd Vice Ed got the Governor General looked after and the



Secretary read minutes of our visit from the Tuque Rouge. Most of it rhymed — some was just blank verse. Our cook, Jeanette and her helper Reg Lacroix were invited up front and thanked by Treasurer Phil and given a card signed by everyone present and a little something to provide for a candle-lit supper for two.

Somewhere about this stage President Cecil made announcements about long service awards — Mayotta Taylor has had 49 years of Grant's careful attention. Johnnie Palmer has been blessed for 54 years with her Fred while Pat Saunders and Marjorie Barton-Slater have had great patience for 55 years with Ivan and the other Fred. A hearty round of applause was tendered all the celebrating couples. Cecil then continued his thanks to all who have contributed to "The Year of The Horn" and especially to the ladies for gracing the Club with their presence and for those Pies. The President and the Secretary then sang a do-et about the year of the Horn, words by Cecil — to the tune of "Oh Dear What Can the Matter

Be". It drew a great round of applause — many were happy when we finished.

The 1/2 & 1/2 was drawn and the winners half was split in half to two ladies, Marion Dougherty and Barbara Lyon. The head table beautiful centerpiece of flowers from Vaudry's Flower Shop in Lennoxville was borne away by a smiling Don Whatley for Mary.

Just before the sing-song, Red Party Vice-President Wyatt Savage did an inspirational reading on the life of John Pierpoint who succeeded, mostly by failing, and who also wrote a timeless piece of music — Jingle Bells. Some objected, but to no avail. Stalwart members of the Red Party rose to the occasion and sang — loudly if not too well. The sing-song led by choristers Bas Allatt and Grant Taylor with Bruce Patton at the piano was lively and certainly the ladies voices added an improvement over Wednesday nights. It was good, then we had gooder!

The lights were lowered again and the spots re-set and on the stage there appeared something almost beyond description. When the eyes

got adjusted to the light, introductions were made by Chief Hillbilly John Foster resplendent in overalls and black tails. It was a hillbilly Band that maybe escaped from the Ozarks or the far reaches of some other galaxy.

Bruce Patton was still holding forth at the piano; Denis Oakley was smoothing out his fingernails and his knuckles playing the washboard while Lyle Robinson had tuned up on the bass washtub. Roger Tetrault had his trusty banjo and a mouth organ and Gary Vance played an electrified moonshine jug. The other ding-a-ling on the bells was Duncan Bruce. They spent a hilarious time — with some old groaner jokes, singing and dressing up some pretty good drinking songs. They had all the tee-totalers tapping, clapping and singing along. John Foster's friend, farmer Gus arrived. Gus sat on John's knee and they sang a song together, but not in harmony. John makes a pretty good straight man for Gus — one of them must be pretty smart. The lines were not all new, but they were delivered well and enjoyed. After the applause died down and the chairs were cleared away, The Hoedowners furnished great music and we danced away the rest of the evening. A real blowout for the final ladies night in this year of the Horn.

Submitted by
R. Dewar
SSS Secretary

Drug therapy may have caused edema

By Peter H. Gott, M.D.

DEAR DR. GOTT: I've been given Adalat for high blood pressure. I took four pills a day for six weeks. My feet, ankles, legs and hands swelled up and were very painful. My voice was hoarse and I coughed a lot. I stopped taking them for a week and the swelling decreased. I'm also on Lodine, Axid, amitriptyline and a multi-vitamin. Am I allergic to the Adalat or is it a combination of the medications that caused the problem?

DEAR READER: Adalat, a calcium-channel blocker used for treating hypertension and heart disease, can — like other drugs in its class — cause edema (puffiness from water retention) and joint soreness. Some patients suffer congestive heart failure (causing cough and difficulty breathing).

I do not believe that your other medications were to blame for your symptoms. You probably had an adverse reaction to Adalat. Ask your doctor to change you to another drug, such as Vasotec or Capoten (which are in a different class), if you need medication for your cardiovascular system.

To give you more information, I am sending you a free copy of my Health Report "Hypertension." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: In your column, you addressed a problem called keratinous cysts. However, you did not offer any treatment, either medical or surgical. I am afflicted with many of these cysts. Are they treatable? Are there any methods known to prevent more cysts from occurring? Are there any types of makeup that should be used or avoided? My dermatologist seems to have little to offer me in either eliminating them or preventing more.

DEAR READER: Keratinous cysts, more popularly known as wens or sebaceous cysts, are common and harmless. Due in large part to plugged follicles in the skin with the resultant accumulation of fatty sweat residue, these cysts appear as painless, squishy, sometimes movable lumps anywhere on the body — especially on the trunk or thighs. Although most wens are small (one-half inch in diameter or less), some can enlarge to the size of a grapefruit.

As I said in my original column, there is no non-surgical treatment for sebaceous cysts. Those that are large, unsightly or appear at points of irritation (such as bra- or belt-lines) can be easily removed surgically.

Your dermatologist had little information to offer because there isn't much to offer.

DEAR DR. GOTT: Is B12 a safe vitamin supplement?

DEAR READER: Vitamin B12 is a vital substance required by the body for proper nerve function and blood formation. In the absence of B12, patients develop a serious medical disease known as "pernicious anemia," leading to weakness, exhaustion, heart disease, and tingling and burning sensations in the extremities, as well as other symptoms.

Pernicious anemia can be successfully treated with B12 injections, in a fashion similar to diabetics who require insulin injections. The B12 is usually administered about once a month, in a maintenance program.

Because vitamin B12 is so safe, toxicity or complications from its use never occur. Unlike many vitamins, an excess of B12 causes no symptoms

or health hazard. Whatever the body doesn't use is harmlessly excreted in the urine.

Nonetheless, B12 should only be used if a deficiency exists, as proved by a blood test. Years ago, doctors commonly gave B12 as a tonic, to perk people up or treat "the blahs." As a placebo (harmless but ineffective), it worked because patients were told it would. Such therapy is no longer considered appropriate.

DEAR DR. GOTT: About a month ago I was diagnosed with pernicious anemia. Since receiving about six B12 injections, my appetite has improved and some degree of energy has returned. However, I now suffer from the loss of some sense of balance. Is this related to my anemia? Any advice?

DEAR READER: As I mentioned above, vitamin B12 is an antidote for pernicious anemia, a medical disorder related to the body's inability to absorb dietary B12. I would have expected that, with treatment, the symptoms you suffered should disappear. But complete resolution may take time.

In order for your system to return to normal, the injected B12 must be metabolized and the body's stores replenished. Your loss of balance may well reflect a nerve malfunction, which may not be corrected for several months.

I advise you to be patient, follow your doctor's recommendations, continue the B12 injections, and anticipate a full recovery.

DEAR DR. GOTT: I'm a 14-year-old female, tall and skinny. I've tried every way possible to gain weight so I don't look so bad, but can't seem to accomplish this. I've eaten junk foods, fatty high-cholesterol foods, and have even tried to accept myself the way I look. Nothing seems to work and I'm really unhappy.

DEAR READER: During the growth spurt in adolescence, young people often appear thin and gangly, until muscle development and fat deposits catch up to the rapidly enlarging bones. This age is also one of high physical activity, so calories not used in the growth process are readily burned for energy.

If you're patient, your body proportions will eventually stabilize. However, in the meantime, you might be able to gain some weight by using a supplement, such as Carnation Instant Breakfast.

When mixed in a glass of milk, this product provides all the nutrition and calories of a complete meal. Use Instant Breakfast as a supplement, not in place of a meal. One or two glasses a day may be all that is needed. Such supplements are also available in ready-mixed forms, such as Ensure.

If, within a few weeks, you haven't started putting on weight, check with your doctor to make sure that a metabolic disturbance, such as an overactive thyroid gland, isn't the cause of the problem.

Remember that junk food may contain extra calories but, because of excess fat and salt, it is not healthful to consume in quantity. You'd be better off using a balanced nutritional supplement.

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Cookbooks that bind communities

By Marialisa Calta

I'm a real fan of the McIlhenny Co. of Avery Island, La., for two reasons: First, because it is the manufacturer of Tabasco Sauce; and second, because the company sponsors the annual Tabasco Community Cookbook Awards, which honor the best community cookbooks published each year. I have a real soft spot for both Tabasco sauce, a favorite condiment, and for community cookbooks, the best of which give the reader great insights into the culture, lore and cuisine of a given region.

The very first community cookbooks probably date back to the covered wagon days, when women passed handwritten copies of their "receipts" or "rules" from wagon to wagon on their travels west. By the Civil War, Ladies Aid Societies in both the North and South published cookbooks to raise money for war orphans, widows and veterans. Nowadays cookbooks are used to raise money for children's nutrition programs, substance-abuse programs, parenting programs, battered women's shelters and a variety of other more modern — but no less worthy — causes.

If you are a member of non-profit group that has published a cookbook in 1994 or '95, consider entering the competition. Winners receive, among other prizes, contributions for designated charities.

The deadline is Oct. 2, 1995. To obtain rules and an entry form, send a self-addressed, stamped envelope to Tabasco Community Cookbook Awards, c/o Hunter Mackenzie Inc., 41 Madison Avenue, New York, NY 10010-2202.

CHICKEN AND YELLOW RICE

- 1 chicken, 3 to 4 pounds, cut into pieces, rinsed under cold running water and patted dry
- 1 teaspoon crushed garlic
- 1 teaspoon dried oregano
- 1 For marinade:
1 tablespoon chopped fresh

- 1 parsley
- 1 tablespoon white wine vinegar
- 1 teaspoon paprika
- 1/2 teaspoon freshly ground black pepper

For chicken:

- 2 tablespoons olive oil
- 1 medium onion, peeled and chopped
- 1 green bell pepper, seeded, cored and diced
- 1 14-ounce can stewed tomatoes
- 2 garlic cloves, peeled and crushed
- 2 bay leaves
- 1 teaspoon salt
- 1 teaspoon Tabasco pepper sauce
- 3 to 4 saffron threads
- 4 cups water
- 1 cup white wine
- 2 cups long grain rice
- 1 cup frozen or canned peas
- 1 7-ounce jar pimientos, drained

Rub chicken with garlic and oregano. Combine marinade ingredients in a small bowl. Place chicken in a non-reactive pan or bowl and pour marinade over, turning to coat. Cover and refrigerate overnight, turning once.

Remove chicken from marinade and pat dry. Heat oil in a 12-inch skillet and saute chicken until brown. Remove pieces to a large flame- and oven-proof casserole. To the drippings in skillet, add onion and green pepper. Saute lightly. Add tomatoes, garlic, bay leaves, salt and Tabasco. Simmer for 10 minutes. Dissolve saffron in one cup of the water, and add this water to the skillet along with the wine and simmer 10 minutes. Pour over sauteed chicken in casserole. Add rice and remaining water, being careful to toss rice rather than stir. Bake in a preheated 325 degree oven for 20 minutes OR cook or stove top: bring to a boil and cook until done, 30 to 40 minutes. During the last 5 minutes of cooking, stir in peas and pimientos. Let stand 15 minutes before serving.

Yield: 4 to 6 servings.
— Recipe adapted from "Cooking

Then and Now," by the Gulf Coast Heritage Association (P.O. Box 846, Osprey FL 34229). First Place National Winner of the 1994 Tabasco Community Cookbook Awards. For a copy, send \$13.95 plus \$2.50 postage (Florida residents add 84 cents in tax).

SIX-PEPPER SLAW

- 1 green bell pepper, seeded, cored and cut into thin strips
- 1 red bell pepper, seeded, cored and cut into thin strips
- 1 yellow bell pepper, seeded, cored and cut into thin strips
- 1 purple bell pepper, seeded, cored and cut into thin strips (see note)
- 1 orange bell pepper, seeded, cored and cut into thin strips (see note)
- 1 red onion, peeled and cut into thin strips
- 1 jalapeno pepper, stem removed, minced
- 2 tablespoons tarragon vinegar
- 1 tablespoon Dijon mustard
- 2 teaspoons sugar
- 1/4 teaspoon Tabasco pepper sauce
- 1 teaspoon salt
- 1 Freshly ground black pepper to taste
- 1/2 cup vegetable oil
- 2 tablespoons peanut oil
- 1 tablespoon caraway seeds, crushed
- 2 teaspoons grated lime zest

Combine bell peppers with onion in a large bowl. In another bowl, combine jalapeno pepper, vinegar, mustard, sugar, Tabasco, salt and ground pepper. Whisk in vegetable oil and peanut oil until thick. Add to the bell peppers and onion. Toss to mix. Stir in caraway seeds and lime zest. Chill, covered, for 3 hours.

Note: If purple and orange bell peppers are not available, substitute green and yellow peppers.

Yield: 6 servings.
— Recipe adapted from "Heard in the Kitchen," by the Heard Museum Guild (22 East Monte Vista Road, Phoenix, AZ 85004-1480). Second Place

National Winner of the 1994 Tabasco Community Cookbook Awards. For a copy, send \$18.95 plus \$2.95 in postage.

OYSTER ROCKEFELLER SOUP

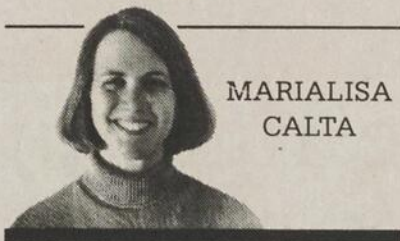
- 5 tablespoons light margarine or
- 2-1/2 tablespoons margarine or oil
- 5-1/2 tablespoons flour
- 2 cloves garlic, peeled and minced
- 1 bunch scallions (green onions), chopped
- 2 10-ounce containers oysters, drained and minced
- 1 14-ounce can reduced-salt chicken broth
- 1-1/2 cups skim milk
- 1 12-ounce can evaporated skim milk
- 2 10-ounce boxes frozen
- 1/2 chopped spinach, thawed and squeezed dry
- 1/2 teaspoon Tabasco pepper sauce
- 1 Salt, to taste

In a saucepan, melt margarine (or heat oil) and stir in flour. Add garlic and scallions, cook over medium-high heat until onions are transparent. Add oysters and cook until firm. Add chicken broth, skim milk and evaporated milk, stir well. Add spinach and bring to a boil. Remove from heat and allow to cool slightly. Process in blender or a food processor until well blended. Season with Tabasco. Taste and add salt if needed.

Yield: 6 servings.

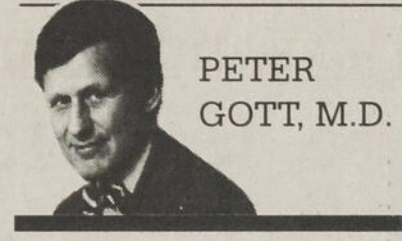
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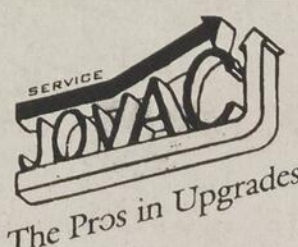
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