

Donald Warnholtz to represent Estrie on new provincial access committee

By Gordon Lambie

Dixville Home Foundation President Donald Warnholtz was among eleven individuals announced as members of the new provincial access committee for health and social services in English on Tuesday by Quebec's Minister of Health, Gaetan Barrette, and the Minister Responsible for Relations with English-speaking Quebecers, Kathleen Weil.

"The idea is to make recommendations to the ministry of how better to deliver services in the English language," Warnholtz explained. "Although sometimes they can be politicized, I really look on it as a way of ensuring that people receive good service. If you understand what is being told to you at a vulnerable time in your life and you are able to follow the directions well and make yourself heard, it leads to a better outcome."

The townships representative is not a stranger to the world of access committees, having served on the local committee during his time working with CRDITED Estrie, but he said that this committee still needs a bit of time to clarify the specifics of its work. Warnholtz told The Record that he was informed about his selection late last week and said that although he had received documents about the nature of the work to be done, he had yet to hear about who the other members of the committee would be.

Those other members are Sara Saber-Freedman, Ella Amir, Terry Kaufman, and David Morris from Montreal, Bonnie Jean

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Fruitful exchanges at BU civic engagement forum



BISHOP'S UNIVERSITY

By Matthew McCully

Roughly 50 young English-speakers from across the province are currently participating in the second edition of the Bishop's Forum, designed to develop their leadership skills, foster a sense of belonging in Quebec, and learn about the fundamental institutions of Quebec society.

"Things are going very well," said Russell Copeman, director of the week-long forum.

"These are very engaged, articulate, passionate people," Copeman said, explaining that a deliberate effort was made to include participants from across the province to reflect the geographic and cultural diversity of the population of Quebec.

This year's forum included four young leaders from Nunavut.

"That has been a wonderful experience," Copeman said, explaining it was beneficial for the participants to learn first-hand what life is like up north.

Guest speakers at the forum included former Quebec Premier Jean Charest, the Minister responsible for Relations with English-Speaking Quebecers Kathleen Weil, and the Minister responsible for Native Affairs Geoffrey Kelley, to name a few.

Yesterday, the young leaders met with Pierre Reid, Director General of Elections, who discussed the importance of youth voting.

Copeman said the forum also included a panel on social change, to teach the participants to channel their energy, passion and knowledge to make a better world.

Watching the group interact with guest speakers, Copeman described the young leaders as 'scary smart'.

"They're insightful, passionate, and very smart," he said, which has made for some fruitful exchanges.

The week will round out with a mock Parliamentary Commission where the participants will debate proposed legislative changes they would like to see in

Quebec. Concordia student Andres Gauthier, from Stanstead, said the forum has been very informative.

As president of the refugee sponsorship group at Concordia, Gauthier said her goal at the forum was to learn more about immigration policies and hear different perspectives on how to be more inclusive when integrating people within the school community.

Gauthier said she found all the guest speakers to date interesting, with the exception of Kathleen Weil. She hoped for something more substantive from the minister responsible for the English community, Gauthier explained.

Overall she found the discussions at the forum very insightful. In addition to what she learned from the guest speakers, Gauthier said it was interesting to interact with the other participants and gain the perspective from young Anglos from different areas.

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Weather



TODAY: SUNNY

HIGH OF 23
LOW OF 10



FRIDAY: SHOWERS

HIGH OF 25
LOW OF 18



SATURDAY: SHOWERS

HIGH OF 23
LOW OF 7



SUNDAY: SUNNY

HIGH OF 24
LOW OF 10



MONDAY: SUNNY

HIGH OF 26
LOW OF 12

What your childhood home smelled like to your friends, and what that says about you



ROSS MURRAY

A kind of mushroomy odour, like shirts put away damp and then left in the drawer too long

You are highly self-reliant, thought that sometimes comes across as arrogant and stand-offish, especially when you announce loudly, "Look how self-reliant I am, idiots!" You have a history of pouring far too much milk for the amount of cereal, and this habit has been a deal-breaker for more than a few relationships. You know how to play several instruments, none of them well. You treat library books with alarming disrespect. You lose your temper when you hear Neil Young's Harvest.

A hint of cabbage, like there was boiled cauliflower every night for a week, but a month ago

You like to weigh all the possibilities before making a decision, which really holds up the line at Tim's. Your favourite expression is, "There's plenty of fish in the sea," but usually said through gut-wrenching sobs. In 2015, you were this close to sitting next to Jake Gyllenhaal on a flight to Toronto. You worry that you are no longer appealing to the opposite sex, not realizing you were never particularly appealing in the first place. Your feelings of paranoia are well founded.

Cigarette smell, like, on everything

You are not afraid to face adversity, despite your diminutive stature and compromised immune system. During your more introspective moments, you have to admit you brought it on yourself, though thankfully those moments are balanced by the seemingly infinite number of other people to blame. Your hair gets tangled in ceiling fans with surprising frequency. Squirrels and chipmunks feed right out of your hand. You're beginning to question the whole concept of monogamy. You no longer have much in the way of taste buds. Damn right you'll have another drink!

Cloying flowery smell, like fabric softener or one of those plug-in air fresheners, a real migraine-inducer

You enjoyed a promising career as a highly successful radiologist, even making the cover of X-Rave magazine ("The Nation's Top Radiologists: An Inside Look") until you lost all your toes to frostbite while hiding inside a chest freezer - a prank gone horribly, horribly wrong. As a result, you cannot stand steadily on your feet due to Chronic Wobble Syndrome, thus curtailing your career. You now offer university guest lectures entitled "Advances in Radiology" and "10 Signs That You Shouldn't Trust Your So-Called Friends." You dress well but always have garlic breath.

Like when you open the fridge, and there's a poorly covered tin of kidney beans in there you forgot about

"Agenda? We don't need no stinkin' agenda!" you scoff, and then you hold your staff hostage for an hour during a series of work- and non-work tangents, none of them ever satisfactorily resolved. You are not as adept as you think you are at hiding personal expenses on the com-

pany account. Your supposedly ironic fashion comes across as merely tasteless, and you're mediocre at best in bed, ask anyone. You have a knack for unravelling tangled telephone cords, a knack that, alas, is less and less frequently pressed into service. You are chronically guilty of vaguebooking.

Overpowering smell of bleach

You are overcautious and easily offended, though these qualities have allowed you to rise to positions of prominence on several volunteer school committees. You have a morbid fear of being poked by wire brushes. You "collect" restaurant sugar packets, but really it's just small-scale hoarding. You believe in several of the lesser conspiracy theories. You dislike the word "grout." You don't trust best-before dates. You are active on Twitter.

Cat pee

You don't sweat the small stuff; you just sweat. People often use the word "exude" around you, usually but not always in a positive way. You've done a lot of community theatre. You give coins and unsolicited advice to homeless people. You have never owned a new car, you announce proudly. You are only comfortable in sandals and cargo shorts. On too many occasions to count, you have accidentally used someone else's toothbrush and then laughed it off. You closely follow the careers of the other members of Destiny's Child. Birthday parties are kind of your thing. You've got a little something on the corner of your mouth. No, other side. Got it.

A mix of cloves and lavender, plus sort of a low-grade curry smell

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Association for children with cancer

Ben by Daniel Shelton

Panel 1: Ben: "WE'RE ALMOST DONE, MOM - JUST A FEW MORE THINGS..."
Mother: "BACK TO SCHOOL!"

Panel 2: Mother: "NICHOLAS'S SCHOOL SUPPLY LIST SAYS HE NEEDS THREE 2 1/2\" RED BINDERS..."
Ben: "K."

Panel 3: Mother: "WHEREAS MICHAEL NEEDS TWO 3 1/2\" BLUE BINDERS..."
Ben: "ER..."

Panel 4: Mother: "BUT ALEC NEEDS FOUR ONE INCH AND THREE QUARTERS BINDERS - ONE GREEN, TWO BLUE AND A BLACK ONE..."
Ben: "I'M GETTING DIZZY!!"

LOCAL NEWS

Every year, more than 5,000 animals end up being sheltered at the SPA de l'Estrie.

SPA's new shelter to open by month's end

Record Staff

The Estrie SPA will open the doors to its brand new shelter, located at 145 Sauvé Street in Sherbrooke, on Tuesday, Aug. 28. The new building will house all the animals in the organization's care.

Over the next two weeks, SPA de l'Estrie staff will be active in arranging their new workspaces, proceeding with the installation of new dog pens, compartmentalized cages for cats and the installation of all new work equipment in the various areas. The animals themselves will be moved during the weekend before the opening in the final stage of the move. As this is a major operation, services will be interrupted for four days, from Friday 24 to Monday, Aug. 27 inclusive.

The current shelter, located at 1139 Queen Victoria Blvd in Sherbrooke, will be closed. SPA de l'Estrie activities will resume on Tuesday, Aug. 28 in the new building, which is near Highway 410 and Val-Estrie Ford on King West. Operating hours will remain the same, from 10

a.m. to 5 p.m. Monday to Saturday.

To mark the opening of the new shelter, an open house will be organized during the fall that will allow all Estrie citizens to visit the new refuge. The official date for the open house will be announced soon.

This new expanded space, which is twice as spacious as the previous shelter, will offer optimal living conditions and comfort for all resident animals.

The central objective of the project is to improve the conditions of care for the animals served within the shelter by building environments according to the specific needs of each species. To facilitate adoptions, the new shelter will offer more friendly and warm adoption areas. All this will reduce stress for animals and improve their quality of life.

The project has become necessary because of the high degree of wear and tear on the current building and the need to move was self-evident because the current shelter's property did not allow for any expansion.

The construction of the new shelter is the result of a major public funding

campaign. To date, Operation Doux refuge has raised \$752,270 of a total objective of \$850,000, corresponding to 88 per cent of the financial objective. The SPA de l'Estrie is once again seeking the help of the public and is counting on the kindness of the Townshippers to help raise the \$97,730 remaining by the end of 2018. To do so, the public is invited to donate what they can online at OperationDouxRefuge.com.

Every year, more than 5,000 animals end up being sheltered at the SPA de l'Estrie. The organization serves 27 municipalities in the Eastern Townships and has more than 40 employees, dedicated to improving relationships between humans and animals in the region. This fall, in addition to highlighting the opening of its new home, the organization is celebrating its 40th anniversary this year.

Waterville to close major intersection Friday

Record Staff

The Town of Waterville is advising motorists that the intersection of Couvent Est and Compton will be closed all day Friday, Aug. 17.

In order to get to Waterville TG, a detour of an additional 20 minutes is suggested;

From the intersection of Gosselin and Principale Sud, proceed south along Principale Sud towards Ch. du Brulé. Continue along Ch. Brulé and turn left on Ch. St-Paul and head north towards Veilleux Rd. Turn left on Veilleux Rd. Continue along on Compton Rd. East and Compton Sr. East and turn right on Dépôt St.

Donald Warnholtz

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Mitchell from the Monteregie, Sheilagh Murphy in the Outaouais region, Jennifer Hobbs Robert in Quebec City, Eileen Schofield on the Lower North Shore, Cathy Brown in the Gaspé, and Carolyn Roberts in the Laurentians.

"I am very pleased with the composition of this committee as its members, who come from different English-speaking communities in Quebec, form a very representative portrait of the English population," Barrette said at Tuesday's announcement. "I am convinced that, together, they will be able to shed light on the needs of their respective communities with a goal of improving access to services across the health and social services network."

"With the adoption of (the Regulation respecting the Provincial Committee on the dispensing of health and social services in the English language) and the establishment of this committee, we are ensuring that we respond as effectively as possible to the needs of each community across Quebec," Weil added.

In a press release following the announcement, the Quebec Community Groups Network (QCGN) highlighted its involvement in the selection process, having recommended two candidates for each of the 11 positions.

"We are pleased that this process led to a strong committee made up of English-speaking Quebecers who will be able to advocate forcefully in favour of the real and pressing need for English-speaking Quebecers to have proper access to health and social services in our own language," said QCGN President and vice-chair of the selection committee that reviewed appli-

cants, Geoffrey Chambers. "These community leaders have a big job ahead of them and we thank them in advance for the important work they will be accomplishing on behalf of our community."

Looking ahead, Warnholtz said that he sees the work of the new group as

being community-centered. He pointed out that although all of the representatives selected come from backgrounds in specific organizations working with the English population, none of them are supposed to represent any given group on the committee.

"I really hope that it is a committee that focuses on improving the access to services in a nonpolitical way," he said. "If people are able to get good health services in their language at the right time, there's a better outcome for everyone."



Centre de recherche du CHUS Expansion

Did you know that the CHUS' research centre, the Centre de recherche du CHUS or CRCHUS, is among Quebec's five largest research centres and that it has the good fortune of having 224 researchers, 571 students, and 173 research staff working on more than 850 active research projects?

Having financially supported the expansion of the Centre de recherche through a contribution of \$ 6.5 Million, the CHUS Foundation is proud to have played a role in innovative scientific and technological leadership at the regional, national, and international levels.

Since this donation was made, the Centre de recherche's surface area has doubled. It now has 14 000 m2 devoted to research.



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investment
\$ 6.5 Million

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Calling all collectors

A Townships toy story

By Ocean Francoeur
Special to The Record

Michel Roy comes from a family of collectors, and he certainly inherited the gene.

For 35 years he has collected over 3,000 toys of all types, from wind-ups to trains and trucks, all the way to Happy Meal toys. Now, however, Roy has decided to make some room and share his treasures with the world in a two-part auction.

"I felt like it was time to move on. I'm not bitter or sad about selling them," said Roy, of his collection. "I had always been curious to see what auctioning them off would be like, but I never dreamed I'd be setting up my own!"

The toys will be sold in two unreserved auctions; one live and one online. The live auction will take place next weekend, on Aug. 25 and 26. It will begin at 9:30 a.m. at the Richmond community center. The online auction will last a whole week, from August 27 to September 2, ending at noon.

According to the toy collector, it was his daughter who finally convinced him to do something about his 3,000 knick-knacks.

"I got to a certain age where I thought it would be wise to liquidate. My daughter asked me to get rid of them," he explained. "I didn't want them to turn into a burden for her, if anything happened to me. She told me it would be too hard for her to get rid of them once

I was gone. Besides, I know the story behind all of them, what they're worth."

Both Roy and his auctioneer, Stephen Barrie, have been working tirelessly since early June to get the collection ready. Due to the sheer size of the collection, it has been quite a challenge, but with the auction dates coming up soon, they are in the final stretch.

"It took me a week just to pack everything," said Roy. "It took us another three weeks to unpack and sort everything."

"It's a lot of work. You have to pack, move, unpack, clean, take a photo and sort them out. Michel had a wood stove at home, so all the toys got sort of dusty," chuckled Barrie. "We had to meticulously clean every cranny: moving little arms, doors, tiny side mirrors, all the moving parts. I can't take credit for that though; my wife Genevieve did most of it. We went through a lot of toothbrushes, let me tell you!"

"Our biggest fear was snapping off pieces. When you move so many toys, there's a risk of breakage for sure. We did pretty good though, we only had to glue back a couple of pieces," he continued. "The older ones surprisingly weren't the ones we worried about. They're very sturdy. Especially the ones from the 30s-40s-50s, they're made out of solid steel. The fact that they're still around is a testament to their quality."

"We're just putting on the finishing touches now," added Roy. "On the 22nd everything is going to be hauled to the auction hall!"

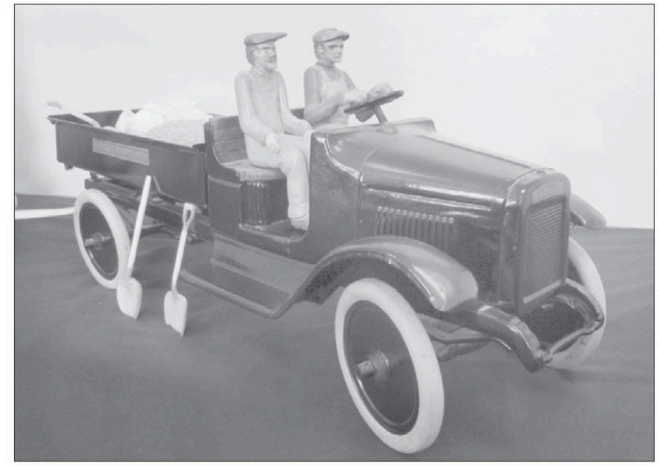
Though Roy has been collecting toys since 1983, his interest had been piqued from a very young age by his father, who was also a collector.

"My father was a milkman, and one day he noticed that a woman on his route had thrown an old steam shovel toy in the garbage. He asked her if he could have it, and she said to go ahead, she didn't want it anymore," recounted Roy. "Dad used to restore toys, so he took it home, took it apart, sanded the pieces down and put it back together; good as new. The only thing was that he wasn't all that good at the painting part."

"I had loved building models since I was a kid. So, he came up to me and asked me to paint the toy. I said, sure, and I took my time and painted it in my father's favorite colors: green and black. It looked really good! When I gave it to my dad, though, he just handed it back to me. I was stunned, but my dad just said: 'did you like doing it?' and I said yes. He just said, 'then keep doing it.' That's really how this whole thing got started."

Roy's dad instilled a love for collecting and restoring in other members of the family. His brothers also collect toys, one loves fire trucks and ambulances, another fancies tractors and bulldozers, and yet another prefers wind-up toys.

Roy never stuck to one type of toy, however. He simply picks up whatever toy catches his



PHOTOS COURTESY

eye. He spends a lot of time at flea markets, garage sales and exhibits.

"You know how when you get a new dog, it's whatever puppy you connect with that you end up taking home? Same thing with my toys," laughed Roy. "The toy chooses me. Whichever one 'speaks' to me: 'buy me, buy me! Take me home!' I don't resist, I just go alright!"

Over the years, Roy has collected toys from all over the world. England, the U.S., Canada, Japan, Russia, and even occupied Germany. The oldest toy in his collection is a cast iron toy set of an old fire department, complete with horses, dating from 1905. That one, he warns, isn't for sale. It's one of his favorite pieces.

He explained that he restores all the toys he finds using 'fake-original' parts, as he puts it. Some factories, like one in Hersey, Pennsylvania, will still produce replacement parts using the original molds. According to Roy, Canadian toy parts are extremely hard to find.

"From the early 30s to the 60s there were a lot of Canadian toys, but not anymore, just because it's cheaper to make them in Taiwan and China," he said, listing Minnitoys as a notable manufacturer from Ontario. Roy, in fact, has a large set of Minnitoys, that he calls the 'cream of the crop' of his overall collection. "That makes the Canadian toys more valuable, but the most sought after are the American and Japanese toys, especially the Japanese tin ones from after World War II. They have remarkable details."

According to Roy, the world of toy collectors is actually quite large. If it is a hobby most people don't hear about, it is mostly a question of safety. With a collection as expansive and valuable as Roy's, it is not exactly something he advertises. "It's for protection," he said, explaining that the cost to insure the collection would be in the thousands. "Who actually has that kind of money? Not me," chuckled Roy. "You find other ways. You get a dog, bars in the windows, padlocks, and you keep on the down-low."

Even so, Roy is quite well-known among collectors. He used to tour often with his collection, going to antique shows and the like.

"Once again, my dad made me do it. He said: 'Mikey, you can't keep all this to yourself!' So, I decided to tour, show off a bit," he said. "Thing is, after a while, it gets expensive. It can cost upwards of \$500 for a weekend, all out of your own pocket. You can get some great finds though."

One such find is a green Minnitoy Hochelaga Oil truck toy he found at a toy exhibit.

"It was from the 1950s. The owner asked: 'how much would you give me for it?' I said: 'Well, I don't want to risk insulting you. Name your price.' He said he wanted \$40. I took it immediately. An antique dealer was watching the whole thing and he rushed over to me and offered me \$2000 for it, right then and there. I refused though, for me it's not about the money."

"I had a lot of fun finding them," said Roy of his treasures. "But now it's time to let others appreciate them. There's a bit of everything, so I think any collector will find something for themselves."

There will be a preview for the live auction on Friday August 24, from noon to 8:00 p.m. For more information and to see pictures of the collection, visit www.bsbauctions.com, or visit their Facebook page, [bsbauctionservices](https://www.facebook.com/bsbauctionservices).

Career



Physiotherapist

(Replacement contract September 2018 – June 2019)

Established in 1836 in Quebec, Bishop's College School (BCS) is an IB World School offering the International Baccalaureate Diploma Programme and certificates. We are currently seeking a physiotherapist. Reporting to the Director of Athletics, the physiotherapist is responsible for the assessment and rehabilitation of injuries for the student population at BCS, as well as education and consultation on various health-related topics (strength and conditioning, nutrition, proper use of sport equipment, concussion signs and symptoms, injury prevention, etc.).

The successful candidate will use contemporary rehabilitative techniques, therapeutic modalities, soft tissue mobilization, physical reconditioning, and supportive taping procedures to promote an environment conducive to optimal healing while preparing the individual for safe reintegration into an active lifestyle and sports.

He or she will coordinate emergency care coverage for all home games and tournaments, as well as away games for as deemed necessary by the Director of Athletics. The physiotherapist will cover the majority of the home games and major events for all teams (BCS invitational tournaments, CAIS, etc.), and hire temporary staff for additional coverage as necessary.

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We regret that only applicants to be interviewed will be contacted.



The Border Report

"It's in the hands of investigators, and they will contact us if they get any news," commented Stratton.

Boat stolen right out of owner's driveway in Ayer's Cliff

By Matthew McCully

Ayer's Cliff resident Megan Stratton and her boyfriend Marc-André Boivin were shocked to come home from work on Tuesday and discover that their boat, sitting on a trailer in their driveway, had been stolen.

"It's been like that for the past two years," Stratton said. "We always leave it parked in our driveway since we don't live on the lakeside. We have it on a trailer with a lock system for the hitch part," she said.

According to Stratton, a witness saw two young men hitching Stratton's boat to a white jeep on Tuesday between 1:45-2 p.m.

"She didn't think to call the cops because she didn't think they were stealing

it," Stratton said. The witness simply assumed family or friends had come by to borrow the boat. It wasn't until Stratton posted on Facebook that the boat was stolen that the witness came forward with a description.

Stratton said she was told by police that thefts of this type are not uncommon in the area. Tools, motors and other equipment do on occasion go missing from properties.

"It's in the hands of investigators, and they will contact us if they get any news," commented Stratton.

The value of the boat was \$48,500 and the trailer was worth roughly \$3,500, she said.

"They didn't want to get our hopes up, but that fact that it was two young men in their twenties and that they did

it in broad daylight, they may not be as smart as normal thieves," Stratton said.

While Stratton said the boat is insured, she and her boyfriend will still lose out on the rest of the summer on the lake.

"We are die hard boaters out on the lake any chance we get and now we won't have a boat for the rest of the season because insurance is never quick," Stratton said.

Stratton has a Facebook post circulating with details about the boat, hoping someone might see it and inform police. She added that she wanted to share her story to remind people to be vigilant and secure their belongings when possible.

New boats come equipped with a security GPS, but Stratton said her boat did not have one.

"The boat trailer was locked and they still managed to steal it," she said.

"Honestly, I've heard other stories of people's boats and stuff being stolen but I never thought it would actually happen to us-and it did."



2018-19 Phelps Helps Team



By Jayme Marrotte

Phelps Helps is happy to introduce our three new team members for the 2018-19 school year: Genevieve Lalande, Elizabeth Courchesne and Alvin Sully. Genevieve became a member of our team last year when she volunteered for the Phelps en français program and has now been hired as our Programs Assistant. Elizabeth began in June as the Education and Career Advisor. She is your go to person for anything related to returning to school, transitioning to post-secondary education or looking for employment in the area. Our

most recent addition to the team is Alvin, who will be running our Phelps en français program. This tutoring program will continue on Wednesday evenings for all high school students and, new this year, on Wednesday afternoons for elementary students of l'École primaire Jardin-des-Frontières.

Phelps is still looking to grow our team with additional volunteers. Passionate volunteers play an essential role at Phelps Helps and our programs would not be possible without them. For the coming school year, we are seeking Francophone and Anglophone volunteers for elementary and high school levels in all



subjects. Being a volunteer does not mean being an expert in any one subject; it means being willing to create a positive relationship with a local youth. Phelps provides all the training you need to feel confident in your role as a tutor.

Volunteering with Phelps Helps offers you the opportunity to make a positive impact on the lives of the students in the Stanstead area. Our volunteers develop a sense of accomplishment and satisfaction. "Volunteering with Phelps gives me a sense of community, purpose and joy" - Elementary volunteer. Sign up as a volunteer today by contacting Volunteer Co-

ordinator, Clea Corman, by email ccorman@phelpshelps.ca or call 819-704-0799.

Phelps was founded in 2012 and has grown organically from a single high school tutoring program to nine unique programs, providing Stanstead area youth with free educational and career support from Grade 3 to the end of high school and further. For more information visit our website www.phelpshelps.ca.

FRONTIER ANIMAL SOCIETY

Featured Pet: Barley

Barley is a young, happy, friendly and energetic blond lab mix who will benefit greatly from a home with an adopter willing to give him the structure, leadership and training all young dogs need. He is smart and motivated and learns quickly so the only thing missing in Barley's life is someone to teach him.

Barley is dog social and if he had his way, he would play and play and then play some more in our dog park. He sits on command and takes his treats gently from your hand.

Curious and enthusiastic, Barley loves to be out and about and eagerly enters into new adventures.

Barley's ideal adopter is someone who has dog experience who will give him the exercise, mental stimulation and one-on-one training he needs. If you are a

pushover, Barley will take over but if you take the lead and set boundaries he'll respond. He's a fun and outgoing young dog and once bonded, he is a loyal and engaged companion. The reality is, every dog benefits from training and it's a great way to build a relationship and create a bond with your newly adopted dog. It's a win, win.

A handsome, lovable boy Barley is very ready to move on from shelter living. All he needs now is that special someone to help guide him from puppyhood to becoming a well rounded adult dog.

Think Barley might be a good match? Have specific questions? Please send an email to frontieranimalsociety@gmail.com or better yet give our adoption coordinator Brenda a call at 819.876.7747 any day of the week between 8 a.m and 8 p.m.



EDITORIAL

The thing is that here in Canada members of the next generation could conceivably go through their entire life without ever seeing an actual dead body.

Visitations, funerals and the end of ritual



TIM BELFORD

I've been going to a lot of funerals lately, at least more than I am accustomed to. My dear mother, who is pushing 93 and possesses an undeterred sense of humour assures me "It's just a phase you're going through" adding, "I used to go to a lot of funerals too but hardly any anymore. Everybody I know is dead."

This delightful topic came up at the latest meeting of the Lennoxville Genealogy and Ale Appreciation Society the other day, squeezed in between a discussion on hip replacement surgery and how to best deal with memory loss. It seems mother was right. Most of us, being of a certain age, have noticed an increase in the frequency of last rites for friends, neighbours and acquaintances. At the same time, it was also noted that the way we treat death has indeed undergone a change.

Funerals at one time were a deeply personal affair with considerable family involvement whereas today, although the sense of grief remains, there is a much more casual attitude to these last

rites and considerably more is left to the tender ministrations of the local funeral home.

I well remember the death of my grandfather's older brother many years ago. The body was prepared by an undertaker but laid out for "the visitation" in the parlour of the family home. After those wishing to pay their respects had viewed the corpse and spoken to the family, the coffin was carried by his sons across the road to the family cemetery where the service was held. After that, the guests returned to the house for refreshments and the boys filled in the grave.

The very fact that it was an open casket funeral where friends and family could view the deceased would make it stand out today. Although common at the time, the next generation has opted more frequently for a closed coffin, if there is one at all, or for the even more common cremation where the deceased presence is reduced to an urn. The advantage here is that those attending the funeral are spared making any comment on the state of the deceased. Blurting out things like, "Oh my, doesn't he look good," or "She looks so peaceful" may be high praise for the mortician but has always struck me as off the mark. Most bodies look dead.

The truest comment I have ever heard concerning the state of the dearly departed once again goes back to my great-uncle's funeral. His life-long neighbour, who was in his late eighties at the time and suffering from poor eye



sight, walked to the coffin, bent over only inches from my uncle's face and declared, "Yes, that's Harry."

The thing is that here in Canada members of the next generation could conceivably go through their entire life without ever seeing an actual dead body. Barring a major military conflict or being the witness to a fatal road accident or even getting caught in one of insane random shootings that occur in our cities, the chances of facing death head on, so to speak, is increasingly rare. Mind you, that's a good thing.

On the other hand, what it does do is remove the formality of death. What was once a necessary and celebrated ritual completing the cycle of birth, baptism, marriage and having children of

your own has lost its sense of importance. Attending a funeral has become just another uncomfortable duty to be squeezed in between checking your texts and doing the groceries. The absence of an actual corpse has lent a casualness to the event that is reflected in the way we treat it. The sight of "mourners" arriving to pay their respects in everything from cut-off shorts to flip flops is now common. Tee shirts and jeans have become acceptable funeral wear and black is definitely out.

Just the same, when the time comes, and it will, I'll opt for cremation. And by the way, if you want to attend the reception afterwards a jacket and tie would be nice.

Quebec Court of Appeal allows Gilbert Rozon to challenge class action lawsuit

The Canadian Press

Quebec's top court will allow Just For Laughs founder Gilbert Rozon to challenge a class-action lawsuit brought against him by several women

for alleged harassment and sexual assault.

The Quebec Court of Appeal ruled today it will hear Rozon's legal challenge on a priority basis.

The 63-year-old impresario is being

sued for \$10 million by a group of women known as "Les Courageuses" ("The Courageous Ones"), who allege he abused at least 20 women between 1982 and 2016.

Aside from actress Patricia Tulasne,

the lead plaintiff in the case, the women's identities have not been made public.

The allegations against Rozon have yet to be tested in court and he has not been charged criminally.

THE RECORD

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QUEBEC:	1 YEAR	71.50	3.58	7.13	\$82.21
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Local Sports

Children from the day camp were able to exchange words with the Impact's first team players, sharing their passion for this sport with them.

Montreal Alouettes place quarterback Johnny Manziel under concussion protocol

The Canadian Press

Montreal Alouettes quarterback Johnny Manziel was placed under the CFL concussion protocol on Wednesday.

He was rocked by a hit while trying to run the ball over the goal-line in a 24-17 loss in Ottawa last weekend in his sec-

ond career CFL start.

"On Tuesday morning, Johnny Manziel mentioned to our medical staff that he felt symptoms that could be associated with the prescribed medication he uses for a previously diagnosed medical condition," the Alouettes said in a statement. "He then missed practice in order to have some blood work done.

"In view of the hit he received on Saturday and the potential mitigating side effects of his prescribed medication, the Alouettes medical staff has placed Manziel under the CFL concussion protocol for further observation and precautionary reasons. Manziel will be closely observed and assessed in the next few days."

The 2012 Heisman Trophy winner struggled in his CFL debut but looked better against the Redblacks. He did fumble after taking the hit but Montreal recovered for the touchdown.

The Alouettes are in Edmonton to face the Eskimos on Saturday night.

Montreal Impact Foundation Unveils Multisport Field At Parc Champdoré

The Montreal Impact Foundation, in collaboration with the Villeray-Saint-Michel-Parc-Extension borough, inaugurated on Wednesday a new multisport mini-field at parc Champdoré in the Saint-Michel neighbourhood, in the company of every Montreal Impact player and children from the Centre Lasallien de Saint-Michel day camp.

"The Montreal Impact Foundation gave itself an objective to build several multisport mini-fields in targeted neighbourhoods, in order to offer children the

possibility to be active in a healthy and secure environment," said Mrs. Carmie Saputo, the Foundation's president. "This field will benefit the young and old in this neighbourhood, who will be able to profit from the advantages of sport."

"In order to promote physical activity and sports, the City of Montreal must offer quality sports facilities to its citizens. That's why we're proud of our partnership with the Montreal Impact Foundation, which is offering us this multisport field. We're extremely happy

that the children living in Villeray-Saint-Michel-Parc-Extension have a new field to play and have fun on, which contributes to the promotion of healthy lifestyles and social development," added Mrs. Rosannie Filato, Villeray district city councillor and member of the executive committee, responsible for social development, the community, homelessness, youth, women's affairs, and sports and recreation.

"Children from the day camp were able to exchange words with the Im-

pac's first team players, sharing their passion for this sport with them. The neighbourhood's citizens will be able to take advantage of this new sports facility for years," said Mr. Frantz Benjamin, city councillor for the Saint-Michel district.

The Foundation has assumed all of the field's construction costs of more than \$200,000, including the installation of the surface, the nets, and a fence delimiting the playing area.

Canada's Whalley Allstars ready to make noise at Little League World Series

By Melissa Couto
THE CANADIAN PRESS

Canada is looking to make history at the Little League World Series in Pennsylvania this week by hoisting the tournament trophy for the first time.

And Mike Marino, the head coach of Canada's representative this year in Williamsport — the Whalley Major Allstars from Surrey, B.C. — believes he has the perfect team to do it.

"To be honest we're pretty confident," Marino said Wednesday in a phone interview with The Canadian Press.

"I think we're ready to shock some people here, I really do."

Canada, one of 16 teams battling for the prestigious Little League World Series title, opens play Friday against Latin American representative Panama.

Whalley advanced to the annual international tournament by winning the Canadian championship last weekend in Mirabel, Que., going undefeated on a title run that was capped with an 11-0 mercy rule win over Nova Scotia on Saturday.

The team arrived at the Little League complex in Williamsport — described by Marino as "like Disneyland on steroids

for baseball people" — on Sunday night after an eight-hour bus trip from Montreal. They've spent a whirlwind week practising at the complex, doing interviews with ESPN, and going through scouting drills with the Baseball Factory.

"It's funny because we don't really think they know the extent of how big this is," Marino said of the team's attitude heading into the tournament. "They're excited and it's awesome and they've got smiles on their faces all the time, but I really don't think they've realized yet what they've accomplished and where they are."

Canada has appeared in every Little League World Series since 1952 (the tournament began in 1947), when a team from Montreal made the quarterfinals. A Stoney Creek, Ont., squad was runner-up in 1965 and two Canadian teams finished third — one from Trail, B.C., in 1990 and one from Langley, B.C., in 1998 — but those results pre-dated the two-bracket format introduced in 2001 that split U.S. teams from international entries. The winners of both sides meet in the championship final.

Last year's Canadian representative from White Rock, B.C., lost in the international semifinal. A team from Whalley also made the international semi in

2005.

Marino said he doesn't know much about Panama's team, aside from a few stats and any preliminary info he's gained from sizing the Panamanians up in the hallways and dining hall at the tournament grounds. But he expects the level of competition in Williamsport to be stiffer than what Whalley is used to.

"I think more of these teams are like us. They don't just have one good pitcher, they have three or four. They don't have one or two guys who can hit the ball, the whole team can hit. Their quote-unquote bottom-end players would be starters on any other team," Marino said. "When we're in provincials or nationals, seven or eight guys (on opposing teams) you might be able to just go right after them with fastballs and expect to get outs. I don't think you can expect that here."

Marino called right-handed pitcher/outfielder Ian Huang, who throws up to 70-plus miles per hour, one of Canada's top players heading into the tournament. The Baseball Factory, which spends time scouting teams in Williamsport before the tournament, noted Huang's "great mechanics" and "advanced delivery" in a report on their website.

But Marino said it's his team's depth that's been most impressive.

"That's how we've been so successful and that's what got us here," Marino said. "We're so talented 1 through 12, all of them."

Whalley's national championship and trip to Williamsport is special for Marino on more than just the coaching level.

He played for Whalley as a kid and his son Joey is the team's shortstop. Four other fathers of Whalley players also played for the organization in their youths.

Marino's childhood teams never made it to Williamsport, failing to advance out of their own district finals in back-to-back years, but he said that lack of success makes him appreciate the current team's accomplishment even more.

"We had dads in tears when we won (the Canadian championship), just crying like babies because they know how hard it is to get here," Marino said. "We tried to get here as kids. We know how hard it is to get of your district, and then out of provincials and then to win the national championship."

"We've seen it all and played it all. We know how big this is."

Death



**Larry
George
BRAZEL
(1955-2018)**

It is with great sadness that the family announces the passing of Larry George Brazel on August 7, 2018 at the CHUS Fleurimont Sherbrooke.

Larry leaves to mourn his wife Christine (Cutler), his children Ian Pratt (Gina), Colleen Brazel and Michael Brazel. He was predeceased by his parents Duncan and Doreen Brazel.

Visitation will take place at the Cass Funeral Home, 3006 College St., Sherbrooke (Lennoxville), on Friday, August 17, 2018 from 5:00 p.m. to 7:00 p.m. and on Saturday, August 18th from 1:00 to 3:00 p.m. followed by the funeral service at 3:00 p.m. Interment will take place at a later date.

CASS FUNERAL HOMES
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Interment of Ashes

WATSON - Alison (Swift) Watson will be laid to final rest at 3 p.m. on Saturday, August 18, 2018 at the Windsor Protestant Cemetery, Principale Street, Windsor, Quebec. Family and friends are welcome to attend.

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Datebook

THURSDAY, AUGUST 16, 2018

Today is the 228th day of 2018 and the 57th day of summer.

TODAY'S HISTORY: In 1861, President Abraham Lincoln prohibited Union states from trading with states that had seceded.

In 1896, gold was discovered near the Klondike River in Canada's Yukon Territory, sparking a gold rush.

In 1977, Elvis Presley died at age 42.

In 2007, U.S. citizen Jose Padilla was convicted of conspiracy in a "dirty bomb" terrorism case and sentenced to more than 17 years in prison, increased on appeal to 21.

TODAY'S BIRTHDAYS: T.E. Lawrence (of Arabia) (1888-1935), soldier/archaeologist/writer; Hal Foster (1892-1982), author/illustrator; George Meany (1894-1980), union leader; Charles Bukowski (1920-1994), poet/writer; Ann Blyth (1928-), actress; Eydie Gorme (1928-2013), singer/actress; Frank Gifford (1930-2015), sportscaster/football player; Kathie Lee Gifford (1953-), actress/TV personality; James Cameron (1954-), filmmaker;

Angela Bassett (1958-), actress; Madonna (1958-), singer/actress; Steve Carell (1962-), actor/comedian; Yu Darvish (1986-), baseball player.

TODAY'S FACT: An 18-year-old Elvis Presley paid a private recording studio \$4 in 1953 to record "My Happiness" and "That's When Your Heartache Begins" on a two-sided record as a belated birthday gift to his mother.

TODAY'S SPORTS: In 1954, the first issue of Sports Illustrated was published.

TODAY'S QUOTE: "He was old and wise, which meant tired and disappointed." — T.E. Lawrence, "Seven Pillars of Wisdom"

TODAY'S NUMBER: 102,800 — height (in feet) from which Joseph Kittinger jumped during a record-setting U.S. Air Force experiment on this day in 1960. Though his height and speed records were broken during the Red Bull Stratos project in 2012, Kittinger's 4 minutes, 36 seconds of free fall remains unsurpassed.

TODAY'S MOON: Between new moon (Aug. 11) and first quarter moon (Aug. 18).

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Going gluten-free brings relief to those with celiac disease

ASK THE DOCTORS

By Robert Ashley, M.D.

Dear Doctor: My 40-year-old grandson has just been diagnosed with celiac disease after months of feeling poorly and being underweight. What's next? Where can he go for guidance and what should he do? I want to help, but don't know where to start.

Dear Reader: Let's begin with the basics: Celiac disease is an inflammatory reaction within the small intestine. The reaction is caused by gluten, a protein found in wheat, rye, spelt and barley, and occurs in people genetically prone to the disease. Symptoms vary depending upon the extent of inflammation.

In years past, celiac disease was diagnosed only in people with the classic, or severe, form of the disease, which damages the finger-like projections of the small intestine that help absorb nutrients. When those projections are damaged, the body is unable to absorb fats, leading to increased abdominal gas; stools that are bulky, foul-smelling and float; and poor absorption of vitamins and nutrients. The ultimate result can be anemia, weight loss, nerve dysfunction and osteoporosis. Today, we've realized that the prevalence of

celiac disease is much greater than initially thought because many patients have milder symptoms, such as fatigue and generally loose stools.

Your grandson probably suffered for months prior to his diagnosis because his symptoms were mild. In less-debilitating forms of the illness, symptoms can be either misdiagnosed or not severe enough to push someone to seek medical attention.

Regardless of severity, however, celiac disease can be addressed. The cornerstone of treatment is removing gluten from the diet. That means avoiding wheat, rye and barley, which are in a surprising number of foods — not just breads, pastas, crackers and snacks, but also sauces, vinegars, salad dressings, marinades, seasonings, soup stocks, soy sauces, and even beers, ales and lagers. For that reason, anyone with celiac disease should carefully read the labels of all prepared foods and condiments that they consume. Although such restrictions can make going out to restaurants more difficult — and potentially affect a person's ability to socialize — the health benefits outweigh the difficulties.

On the plus side, many condiments and beers are increasingly available without gluten, as are breads and pastas. The latter foods are made with quinoa,

tapioca, rice, soybeans or buckwheat, all of which are safe to eat. In fact, over the past 20 years, a whole industry has developed to cater to people who are intolerant to gluten, and many restaurants now provide gluten-free options as well.

In 70 percent of patients with celiac disease, following a gluten-free diet leads to a reduction in symptoms within two weeks, and levels of inflammatory antibodies decline substantially after six weeks.

Among people who continue to have symptoms, 90 percent either don't adhere properly to a gluten-free diet, or they consume foods they mistakenly believe are gluten-free. For those who are strict about a gluten-free diet but still have severe symptoms, oral steroids or other medications to suppress the immune system can relieve symptoms.

Your grandson is probably already seeing a gastroenterologist who is monitoring his symptoms and evaluating him for nutritional deficiencies, but he also should consult a nutritionist to review the types of foods and drinks he is consuming. With a gluten-free diet, he should be feeling better soon.

Robert Ashley, M.D., is an internist and assistant professor of medicine at the University of California, Los Angeles.

RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. **DEADLINE:** 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) **DEADLINE:** 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

TOWNSHIPS' CRIER

TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

MELBOURNE

Please join us for a Royal Tea at St. Andrew's Presbyterian Church, 1169 Route 243, Melbourne starting at 2 p.m. on Saturday, August 18. For that royal feeling you will be served High Tea including dainty sandwiches, delectable sweets and beverages poured from the silver teapots. To set the stage, please dress in vintage attire, including hat or fascinator and gloves, there will be prizes! Or "come as you are" and enjoy the ambiance. Admission charged.

COMPTON

The ET Antique Machinery Club presents its 26th exposition, August 18 to 19 at the Fromagerie de la station, 440 chemin Hatley, Compton. Gates open at 9. Visitors, exhibitors welcome. Admission charged (visitors). Information: 819-837-2261.

MINTON

Waterville/North Hatley United Church will hold their 3rd summer service at Minton on Sunday, August 19, 2018 at 2 p.m. Special music. Everyone welcome.

RICHMOND

Visit the Richmond County Historical Society archives and museum at 1161 Route 243, Melbourne Township on Sunday, August 26 from 2 p.m. to 5 p.m. The theme this year is heritage music and you will discover some fascinating old-time musical instruments and displays. There will be a Garden party with a gin garden and free non-alcohol beverages. This is a family event with music, games, and community spirit. A special "making history" event at 3 p.m. will be a group community photo taken on the lawn of the museum.. Everyone is invited to bring friends and family (and chairs) so that this archival event represents who is making history today!

Adult stepdaughter's presence is a burden

Dear Annie

THURSDAY, AUGUST 16, 2018

Dear Annie: I am married to a man with two children from a previous marriage. They are adults. My husband is 15 years my senior, and he married early the first time, so long story short, his children are only four and six years younger than I am. The problem is with his daughter.

She really doesn't have much of a social life and because of that spends much of her spare time at our house. This summer, she has been at our house seven days a week. She had vacation from work for three weeks and spent the entire time here. One of my biggest complaints is the lack of boundaries. She helps herself to whatever she wants without asking, comes in and out, and follows her father around. She generally arrives here in the early afternoon, when I have just gotten home from my first job and have two hours before going to my second job. When I get home at 9 p.m. or later, she is still here! Sometimes she's here when I arrive even when my husband isn't home.

I am feeling suffocated, and the lack of privacy for me is driving me crazy. I feel it's disrespectful on her part and on my husband's part. I don't think it is fair to me to have a grown woman (54 years old) spending so much time here. It is weighing on me and, frankly, on my marriage. I have to tread lightly because she takes everything personally, and my husband says she's fragile, so everyone needs to be nice.

How do I get this to stop? I am ready to leave, honestly. It's gone on for so long I am afraid I should have confronted the situation before it got to this point, but it's not easy to talk to a father about his child. Please help me sort this out before I explode! — Had Enough of the Helicopter Child

Dear Had Enough: You are wise to tread lightly. It is probably difficult for your husband to face the fact that his 54-year-old daughter does not have a life of her own and spends almost all of her time with her father. Tell your husband how you feel. All couples need alone time, and you are not getting any with a roommate, especially one who is still so tied to her father. Cutting the cord slowly will benefit your stepdaughter, your husband, you and ultimately your marriage. The trick is to communicate with all parties involved, set the boundaries that you know are necessary and welcome her warmly when she visits according to the schedule you all agree upon.

Dear Annie: In regard to the letter about the pronunciation of the years since 2000, it didn't flow off the tongue easily to say, for example, "twenty oh two" for 2002, so we started saying "two thousand two." Come to think of it, it probably originated long before the turn of the century. It may date back to the book and movie "2001: A Space Odyssey." Everyone pronounced it "two thousand one." People just became accustomed to saying it that way, and even though we have moved on to the teen years and it is actually easier to say "twenty eighteen" now, many people still say it the "thousand" way. — Baby Boomer

Dear Baby Boomer: I never considered that Stanley Kubrick may have something to do with it, but that's an interesting theory. Thanks for writing.

Dear Annie: I hope you can offer a solution to my dilemma. Over the Fourth of July, I hosted a party at my riverfront home. Most of the guests were my son's friends, whom I get along with, and I am always happy when they bring their kids, because then my grandbabies have little ones to play with. My issue is that for the past few years at my party, one couple, "John" and "Cynthia," always invite and bring additional people whom I either don't know or don't particularly care for. They do this without asking me ahead of time.

This year, John and Cynthia brought a couple with a baby whom I had never met before. They all pitched tents in my yard and spent the night without even asking! Later in the afternoon, John's brother, sister-in-law and niece also showed up without being invited. John, Cynthia and the couples they brought with them didn't leave until late the next day, leaving dirty diapers in my garbage. They even started searching for leftovers in the fridge. (There weren't any because of all the additional uninvited people.)

It was all I could do to hold my tongue. I had asked my son to speak to them about this issue. Apparently, he neglected to do that because he is afraid they would just say they won't come. That would be fine with me, except for wanting my grandkids to have more playmates. The general opinion seems

to be that it is incredibly rude and inconsiderate to do this. How do I prevent this from happening again without having them flip out and just refuse to come next time? Even after a month, I am still fuming about it. — Blindsided

Dear Blindsided: Your yard is not a campground, even though John and Cynthia are treating it as such. Actually, they're more like bears at the park dumpster — raiding your food and leaving a mess. If I were you, I probably wouldn't even invite them back next year. But if you do, expressly state that the invitation is just for the two of them and their children. If they "flip out" at that and refuse to come, you're better off. If John and Cynthia are raising their children to be anything like them, you probably don't want them influencing your grandkids anyway.

Dear Annie: This is in response to "I Knew Better," who is deeply ashamed for sleeping with someone. I'd like to address the faith part a little bit more and speak directly to her.

"Knew Better": You did something against your faith. Period. You stopped. With your faith, do you believe you can be forgiven but you can't forgive yourself? You are putting your faith in a very small box. Open up and let the freedom of your forgiveness flow, because conviction of wrongdoing comes from your faith. Condemnation does not come with your faith. You may "feel" shame, but you are much more than this one instance. Stand up like the princess you are! You are beautiful! — Keep the Faith

Dear Keep the Faith: Beautifully said. I'm happy to print your encouraging words.

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorpublishing.com> for more information.

Send your questions for Annie Lane to dearannie@creators.com.

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

2	7			9			8	1
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	6		2	7				
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8/16

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PREVIOUS SOLUTION

5	3	8	1	6	4	9	2	7
1	9	2	8	3	7	6	5	4
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3	8	1	6	7	5	2	4	9
8	5	9	7	1	3	4	6	2
2	6	4	5	9	8	1	7	3
7	1	3	2	4	6	8	9	5

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CELEBRITY CIPHER

by Luis Campos

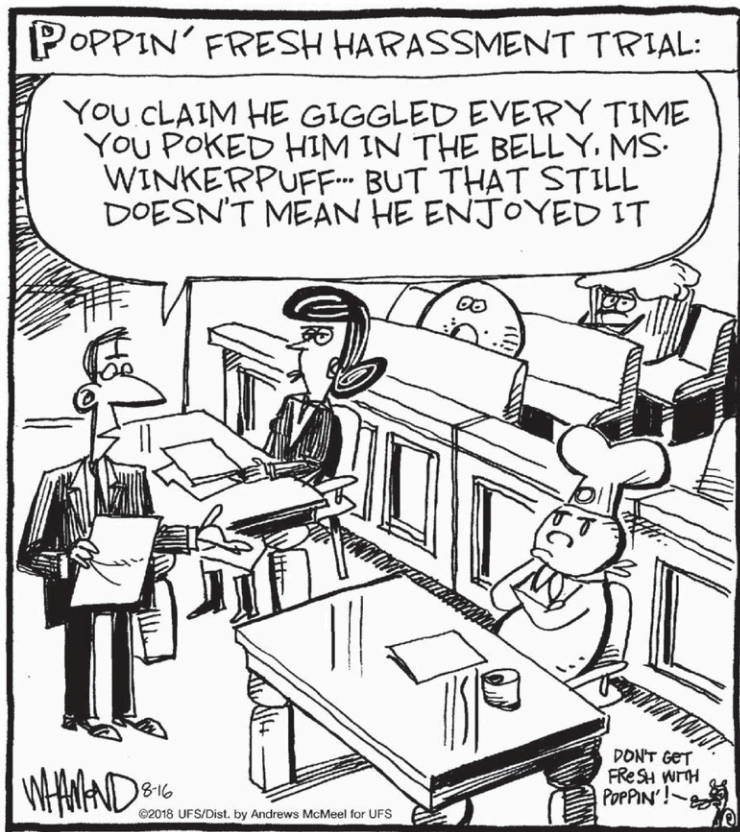
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"XFN LFE 'O WPUBE MBFC
YNZZPYYPY... XFN FEWX WPUBE MBFC
SFNELY UEL YZUBY UEL CDYOUIPY UEL
MUDWNBPY." — AUEP MFELU

Previous Solution: "I was not prepared for fame. It hit me hard, and I did not have the capacity to cope." — Al Pacino

TODAY'S CLUE: M sjenbø S

REALITY CHECK

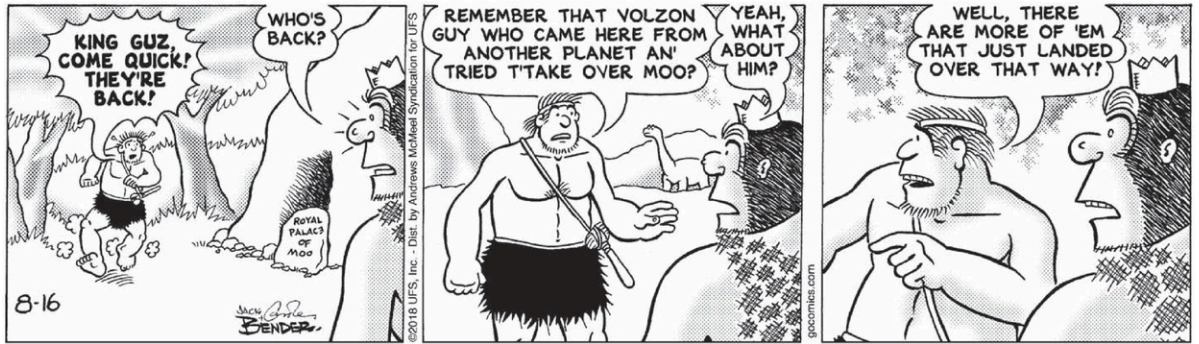


HERMAN

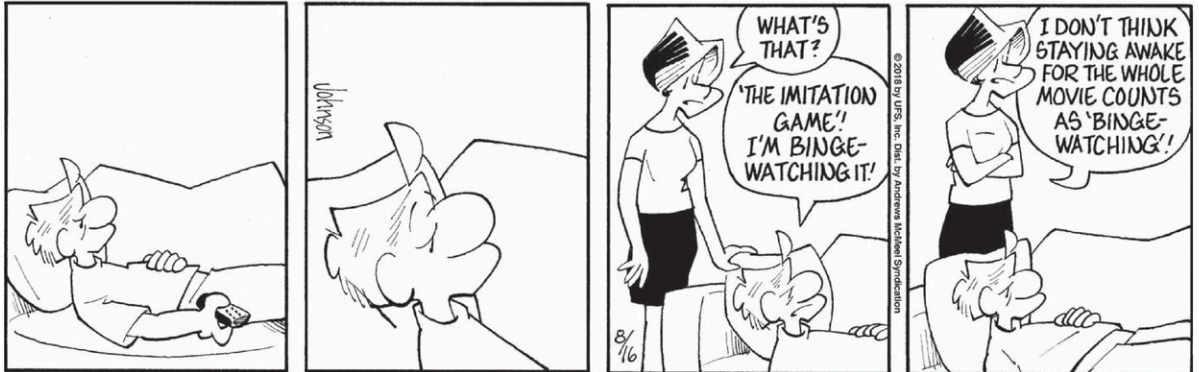


"Can you fix them by Saturday?
I'm in the finals."

ALLEY OOP



ARLO & JANIS



THE BORN LOSER



FRANK AND ERNEST



GRIZWELLS



THATABABY



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100 Job Opportunities

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294 Events

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340 Garage Sales

AUSTIN
 Garage Sale at 80 Fisher Road, Austin on Saturday and Sunday, August 18 & 19, at 8:30 a.m. Large variety of items: lawn tractors, furniture, hospital bed, etc. Rain or shine.



CANADA
 PROVINCE OF QUEBEC
 MUNICIPALITY OF AUSTIN

PUBLIC NOTICE OF A CALL FOR TENDERS

The Municipality of Austin seeks bids for the snow removal and winter maintenance of a number of roads on its territory. Bidders must tender a price for all of the following options:

Option 1-A	One-year contract (2018-19)	Route: 69.56 km
Option 1-B	Three-year contract (2018-19, 2019-20 and 2020-21) plus renewal options for 2021-22 and 2022-23	
Option 2-A	One-year contract (2018-19)	Route: 55.26 km
Option 2-B	Three-year contract (2018-19, 2019-20 and 2020-21) plus renewal options for 2021-22 and 2022-23	

The Municipality reserves the right, in its sole and absolute discretion, to select a bid presented under one of the four options for which a price has been requested, and the bidder acknowledges that the option selected by the Municipality with respect to contract duration and route length does not avail him the right to withdraw his bid or to otherwise disengage from it.

The Municipality reserves the right to accept neither the lowest bid, nor any of the bids received, and waives all liabilities toward one or any of the bidders if all bids are rejected. Moreover, the Municipality reserves the right to remove from the contract any street, road, dead-end street or crescent, and the selected bidder acknowledges that he may not, in the event of such a removal, withdraw his bid or otherwise disengage from it. The contract is awarded by decision of the municipal Council, in its sole discretion, and the Municipality may not be bound in any way other than a resolution of its council.

Bidders must obtain the call for tenders documents from the SEAO website at www.seao.ca. The fees payable are established by the SEAO.

Bids submitted in a sealed envelope must be received at the municipal office, 21 Millington Road, Austin, Quebec, JOB 1B0, **before 11:00 a.m. on August 28th, 2018.** The bids will be opened by the Director General at the municipal office immediately after the close of the bidding period, and the contract shall be awarded by Council at its regular sitting of September 4th, 2018.

Given in Austin on August 15th, 2018.

Anne-Marie Ménard
 Director General and Secretary-Treasurer

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Career Section

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THE RECORD

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Homemade sweet onion dressing makes dinner salad sing!

KITCHEN SCOOP by Alicia Ross

Salads are a dinner staple when veggies are fresh and abundant. But even a fresh vegetable salad can become routine if you don't spice it up with something different. Making your own homemade dressing has always been the quickest and easiest way to elevate your common dinner salad to a starring role in the weekly lineup.

Today's recipe for Sweet Onion Salad Dressing takes the mild flavor of a summer sweet onion and adds a new dimension by caramelizing the onions. Because of their higher sugar levels, sweet onions caramelize beautifully. For this dressing, we want to use only medium heat and cook just until the onions are lightly golden. Darker bits

can get bitter and cancel out the smooth, sweet texture and flavor we are going for.

My latest flavor combination is mixed field greens, rotisserie chicken, strawberries, grape tomatoes and Havarti cheese. Drizzle with Sweet Onion Salad Dressing and your dinner salad will sing! Enjoy!

Menu Suggestion

- Field greens salad
- Rotisserie chicken, strawberries, tomatoes and Havarti
- Sweet Onion Salad Dressing

Sweet Onion Salad Dressing

Start to finish: 15 minutes, plus cooling time
 Yield: makes about 1 1/3 cups

- 1/2 cup finely chopped sweet onion, such as Vidalia, Maui, etc.
- 3/4 cup vegetable oil, divided use
- 1/4 cup white wine vinegar, divided use
- 1/4 cup honey
- 1 tablespoon light mayonnaise
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper

Saute onion in 1 tablespoon hot oil in a skillet over medium heat, stirring often, for about 8 minutes or until light gold. Add 2 tablespoons vinegar, stirring to loosen particles from bottom of skillet. Remove from heat; cool 5 minutes.

Transfer the onions and any liquids to a blender or food processor. Add remaining vinegar, honey, mayonnaise,

salt and pepper. Pulse to mix and blend. With the motor running, drizzle the remaining oil through the opening in a thin stream until all oil is added and salad dressing is well blended. Cover and chill for 3 to 24 hours before serving.

Approximate values per tablespoon: 128 calories, 12 g fat (2 g saturated), no cholesterol, trace g protein, 6 g carbohydrates, no dietary fiber, 5.2 g sugar, 90 mg sodium.

Alicia Ross is the co-author of "Desperation Dinners!" (Workman, 1997), "Desperation Entertaining!" (Workman, 2002) and "Cheap. Fast. Good!" (Workman, 2006).

NEA Crossword Puzzle

- ACROSS**
- 1 Spotted animals
 - 6 — Minor
 - 10 Near (2 wds.)
 - 12 Escargots
 - 14 Low-budget film (hyph.)
 - 15 Spanish loss of 1588
 - 16 Emulate Hamlet
 - 18 Von Sydow of films
 - 19 Sturdy lock
 - 21 PDQ
 - 23 Foot wiper
 - 24 Burning
 - 26 — Jones' locker
 - 29 Picnic pest
 - 30 Prompt
 - 32 "Aquarius" musical
 - 34 Lose traction
 - 36 Historical period
 - 37 Checkout scan
 - 38 Picket line crosser
 - 40 Curve
 - 42 Actress — Thompson
- DOWN**
- 43 Ketch's cousin
 - 45 Charlie Brown epithet
 - 47 Sitcom alien
 - 50 Rogue
 - 52 Weekly wages
 - 54 Cluttered up
 - 58 Goody-goodies
 - 59 Like moccasins
 - 60 Gave the pink slip
 - 61 Closes the drapes

Answer to Previous Puzzle

U	P	E	N	D	S	W	E	E	T		
C	L	E	V	E	R	S	I	E	S	T	A
U	T	T	E	R	S	E	L	A	P	S	E
T	R	E	N	D	W	A	L	K			
E	A	R	L	Z	E	N	E	R	N	E	
		Y	V	E	S	R	I	O	T		
W	A	D	P	A	T	I	O	B	I	T	
E	L	I	S	L	E	D	S	S	R	A	
L	A	M	B	R	O	U	E				
L	I	E	U	A	L	L	V	O	I	D	
		R	O	S	Y	T	I	A	R	A	
B	O	A	R	D	S	C	A	N	T	E	R
A	D	R	O	I	T	A	C	C	E	N	T
T	E	N	S	E	T	H	E	R	E		

- 11 Billy — Williams
- 12 Droops
- 13 Band instrument
- 17 Gifted ones
- 19 Tugs hard
- 20 Junk repository
- 22 Oom- — band
- 23 Graduate degs.
- 25 Kind of fishing
- 27 Arched ceiling
- 28 Uh-oh!
- 31 Hearing aid?
- 33 Color TV pioneer
- 35 24 hours
- 39 Excluded
- 41 Rubber-necked
- 44 Techniques
- 46 Acolyte's place
- 47 Cleo's slayer
- 48 Tomb Raider — Croft
- 49 Constant change
- 51 Rookie reporter
- 53 Stock ending
- 55 Potato st.
- 56 Lawn cover?
- 57 Fabric meas.

1	2	3	4	5		6	7	8	9		
10				11		12				13	
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			16			17			18		
	19	20				21		22			
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34			35		36				37		
	38			39		40		41		42	
			43		44		45	46			
47	48	49		50			51				
52			53				54		55	56	57
58							59				
	60						61				

Your Birthday

THURSDAY, AUGUST 16, 2018

Ease into change. Say no to anyone tempting you to join something you don't like. Look for innovative ways to bring about changes that will enhance your life, looks and relationships. Keep the peace and don't meddle or let others interfere in your life.

LEO (July 23-Aug. 22) — Emotional situations will mount if you or someone else makes a last-minute change that disrupts plans. Keep the peace to accomplish more. Choose kindness over criticism.

VIRGO (Aug. 23-Sept. 22) — Take a fresh look at an old idea. A slight change will make the difference between stagnation and progress. Older and younger people will offer innovative solutions.

LIBRA (Sept. 23-Oct. 23) — You have plenty to offer, but don't let anyone take advantage of your generosity. Keeping the peace is admirable, but you must know when to say no. Take better care of yourself.

SCORPIO (Oct. 24-Nov. 22) — Emotions will be rumbling around in your head. Don't share with insensitive people who can't fully understand where you are coming from or how important something is to you.

SAGITTARIUS (Nov. 23-Dec. 21) — Count your money, tuck your possessions away somewhere safe and help only those who are truly in need. Focus on personal gains and spending time with a loved one.

CAPRICORN (Dec. 22-Jan. 19) — Make

a difference by bringing about changes at home or work that will encourage others to pitch in and help. Incentives and praise will improve morale.

AQUARIUS (Jan. 20-Feb. 19) — Past problems will surface if you get into an emotional discussion with someone who doesn't remember things the same way you do. Silence is golden, and actions speak louder than words.

PISCES (Feb. 20-March 20) — Gains can be made if you utilize your skills to help yourself and the people counting on you. Share your thoughts, not your cash.

ARIES (March 21-April 19) — Get involved in activities that require intelligence, motivation and stamina. A change regarding a partnership should be handled delicately. If someone overreacts, back away. Offer love, not chaos.

TAURUS (April 20-May 20) — Change can be good, as long as it's carefully considered. Learn from the experts and handle each situation you face with diplomacy. Listen, observe and look at the facts before you react.

GEMINI (May 21-June 20) — Trust in your feelings, not in what someone wants you to believe. Self-improvement will lift your spirits and encourage you to bring about positive change at home and in important relationships.

CANCER (June 21-July 22) — Make a change for the right reason. You may feel emotional about something that happens, but acting too quickly will cause a feud instead of resolving the situation.

THURSDAY, AUGUST 16, 2018

is it one of one or one of two?

By Phillip Alder

Epictetus, a Greek stoic philosopher, said, "We have two ears and one mouth so that we can listen twice as much as we speak."

Hear, hear!

Unless you are playing in a duplicate pairs event, whether you go down one or two makes little difference — only 50 or 100 points, assuming you aren't doubled. But if you go down one when you could have made your contract, that is much more expensive.

As declarer in a trump contract, count your potential losers. If you can see too many, try to find a way to eliminate one or two. How does that apply in this deal? South is in four spades, so he can afford only three losers. After West leads the club queen, what should declarer do?

Some declarers will take the first trick and play a trump to East's ace. However, after East returns his second club, and South wins, draws the missing trump and plays a heart to dummy's queen, East takes that trick and leads a diamond. West wins with his ace and cashes the club jack to defeat the contract.

Declarer should have seen the danger and realized that he was always safe as long as West had either the heart jack

North		08-16-18	
♠ 10 8 5 4			
♥ A Q 9			
♦ K Q			
♣ 7 6 3 2			
West		East	
♠ 9 6		♥ A	
♥ J 8 5		♦ K 7 4 3 2	
♦ A 10 7 4		♣ J 8 6 3 2	
♣ Q J 10 9		♣ 8 5	
South			
♠ K Q J 7 3 2			
♥ 10 6			
♦ 9 5			
♣ A K 4			
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1♠	Pass	3♠	Pass
4♠	Pass	Pass	Pass
Opening lead: ♣ Q			

or heart king, and there was no bad heart split.

At trick two, South should lead the heart 10 and overtake with dummy's queen. If the finesse wins, declarer draws trumps as quickly as possible. Here, though, it loses and East plays back his remaining club. South wins and plays the heart six to dummy's nine. When a finesse finally wins, declarer discards his remaining club on the heart ace, then turns to trumps.