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Getaway

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Saturday
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and Treats
Sunday
Brunch

VENDORS
Pottery Knitted/Crochet Crafts
Jewelry Baked Goods
Food/Beverages Holiday Decor
Painters Leather/Wood Goods
Books Candy/Chocolate

**Terry Fox
runners show a
lot of heart**

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THE
RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

**Sherbrooke
Citoyen
meeting again
in October**

Page 5

WEEKEND EDITION

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PM#0040007682

FRIDAY, SEPTEMBER 23, 2016

**Musique
Chez Nous
trying
something
new**

By Gordon Lambie

The 2016-17 Musique Chez Nous concert series at Bishop's University is beginning tonight with the first concert of what organizer Jack Eby hopes will be a really interesting set of performances. Though it features fewer presentations this year than in years past, Eby said that the hope is that the programming of the home-grown series will help fill some of the culture hole left behind by the cancelled Centennial theater program.

"We're stepping up a little bit to fill the gap left when the Centennial series was discontinued," the organizer said, "When you have fewer things that means you can actually pay more for each one."

Established in 1984 as a way of giving music students free access to high-quality examples of the sort of professional

CONT'D ON PAGE 2

Lennoxville's annual Harvest Festival



COURTESY OF STEVE YOUNG

Lennoxville's annual Harvest Festival and giant pumpkin competition will be taking place this Sunday, September 25, at the Amédée-Beaudoin community centre between 11am and 4pm. Seen here is two-year old Hailey Young with the pumpkin her family hopes will tip the scales in their favour. Last year her father Steve took home prizes for best new grower and best looking pumpkin with the 418lb giant the family grew.

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Weather



TODAY:
PERIODS OF
RAIN

HIGH 16
LOW 6



SATURDAY:
MIX OF SUN
AND CLOUDS

HIGH 12
LOW 5



SUNDAY:
MIX OF SUN
AND CLOUDS

HIGH 13
LOW 2



MONDAY:
SUNNY

HIGH 17
LOW 3



TUESDAY:
MIX OF SUN
AND CLOUDS

HIGH 17
LOW 6

Brome-Missisquoi Territorial Development Fund: calls for projects

Record Staff
SHERBROOKE

The second call for project applications under the Pacte Brome-Missisquoi is now underway and is intended for municipalities, and non-profit organizations and cooperatives that have projects for the Brome-Missisquoi MRC.

In 2015, the MRC adopted a new policy to support structural projects (PSPS) replacing the provincial policy on rural life and rural pact funds, through

which, the Brome-Missisquoi MRC wants to contribute to the improvement of living environments and quality of life in its territory. The improvement of the living environment and quality of life is characterized, among other things, by the quality of the environment; social and community development; cultural development; economic development; access to services, and opportunities. To carry out this overall objective, the MRC provides support through technical assistance, financial support, and assistance through the Pacte

Brome-Missisquoi.

This year, funding has reached \$300,000 or \$50,000 more than last year.

This call for projects will end on January 6, 2017. A guide for promoters indicating all the conditions and terms of the fund and the application form are available on the MRC website.

For more information or for help to structure an application, project promoters can contact Tania Szymanski at 450 266-4928, Ext. 281 or by email at tszymanski@cldbmqc.ca

Musique Chez Nous

CONT'D FROM PAGE 1

music they are studying but might not otherwise encounter, Eby said that *Musique Chez Nous* has drawn some striking performances and performers over the years to the intimate and acoustically remarkable space that is Bandeden Hall.

"It was always meant to be a modest professional series for a modest price," Eby said, explaining that the concerts have remained free to students for more than 30 years and consistently charge a fee of \$15 for adults or \$10 for seniors, regardless of the program. "We want people to be able to come and not be put off by the cost."

The concert series kicks off tonight with the annual Howard Brown Memorial concert, held in honour of the founder of Bishop's modern music department.

"He was still teaching when I arrived here in 1980s," Eby said, explaining that Brown founded the department in 1968. "He was a lovely, lovely man; one of the nicest people I'd ever met."

The series organizer explained that the concert became a tradition after Brown died in the early 2000s.

"We wanted to honour him," Eby recalled, "Starting the next season, for the

first concert of the year, the faculty put on a show in his memory. We've had one ever since."

The concerts to follow will bring in high caliber performers like Les Voix Humaines and the Trio Hochelaga, as well as faces familiar to the local community like Sherbrooke's Tristan Longval-Gagné, BU Alumna Stephanie Higgins, and faculty members Guillaume Gilbert, and Kevin Sullivan.

Though the series boasts many highlights, Eby made particular note of the fact that the Duo Milot-Bareil, coming to Bandeden in March, will offer concertgoers the rare opportunity to hear harp music played in the hall.

"When do we get to hear a concert harp?" the organizer asked. "Not often enough around here."

The full series program, including concert dates, will be available on the Bishop's University website shortly.

"What would make me most proud, even if most of those people were students, would be to have a full house for any artist who comes here," Eby said, noting that it only takes 150 people to fill Bandeden.

While he put the focus of this season's programming on providing something new and different for audiences, the organizer said that the lineup was

also put together with a secondary purpose in mind.

"We are looking for a sponsor to help us with this," Eby said, explaining that the commitment to offering the concerts for free to students means that the operation works with a minute budget. By presenting bigger names as a part of the series, he said that the hope is that potential sponsors will recognize the value of the program and offer to pitch in.

All concerts in the series take place in Bandeden Hall and begin at 8pm unless otherwise indicated in the program. Reservations and tickets are available before performance dates at the Centennial Theatre Box Office (819-822-9692). Tickets are also available on the evening of the concert at the Box Office in Bandeden Hall.

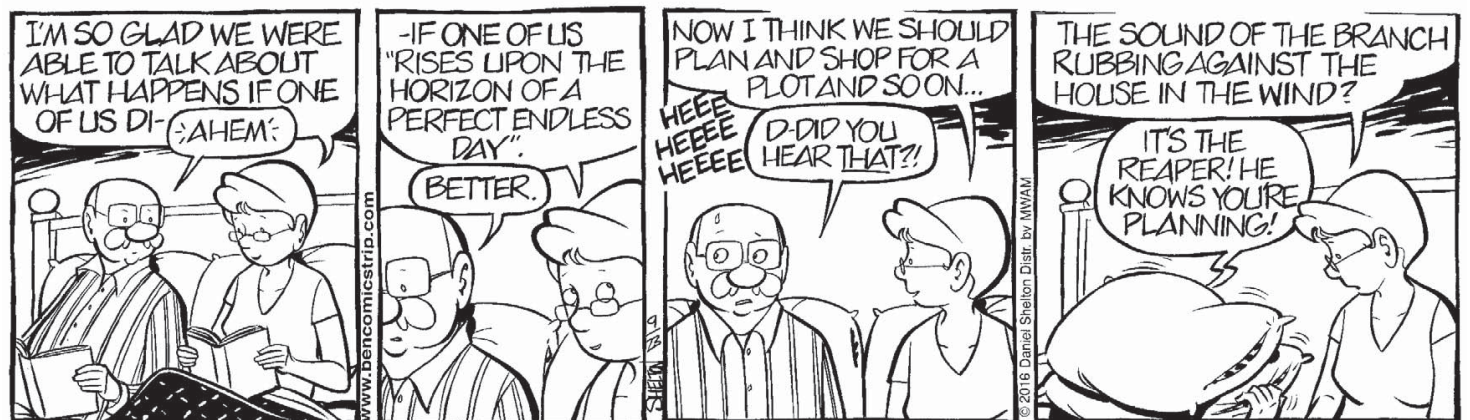
Mac Fraser Award

The photo taken of Morgan Passmore accepting the Mac Fraser Award from Marilyn Reed, sister of Mac Fraser, which ran in *The Record* yesterday September 22, 2016 was taken by Corey Bellam.

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Ben by Daniel Shelton



LOCAL NEWS

According to Bray, there were roughly 475 participants at this year's run.

Four Val d'Or teens arrested for vehicle theft

Record Staff

Four young men from Val d'Or are facing charges of theft and fencing of stolen vehicles in Sherbrooke.

The suspects, all 19, were caught after a police chase on foot in the King-Jacques-Cartier area Wednesday afternoon.

According to Sherbrooke Police spokesperson Martin Carrier, their vehicle was spotted by a patrol conducting surveillance at the intersection of Chartier and White streets. A check of the license plate of the suspect vehicle showed it was reported stolen in Val d'Or in the Abitibi.

When police intervened in the park-

ing lot of the Pharmaprix building located at the intersection King and Jacques-Cartier, three of the four occupants fled on foot.

"After reinforcement was summoned, the suspects were found in a bathroom in the nearby medical clinic, while the other was found hiding in the Tim Hortons across the street,

In addition to the stolen vehicle, an ATV on the trailer was also found to be stolen.

Police believe the four came to Sherbrooke in order to sell the ATV. All four suspects are known to police.

Father takes revenge for jilted son

Record Staff
SHERBROOKE

A 59-year old Sherbrooke man is facing charges of assault causing injury. Nasir Ahmad Qurbani was charged with assault causing injury and harassment after attacking a father and son in Victoria Park in Sherbrooke.

Nasir Ahmad Qurbani appeared before Court of Quebec judge Claire Desgens judge of the Court of Quebec to face the consequences of what has been called an 'honour attack Wednesday.

After a relationship between his son and a young woman ended, Qurbani decided to get revenge by attacking the woman's new boyfriend and his father. The latter, 58, suffered the most serious injuries from the attack.

Accusations against the jilted son have also been brought for assault and stalking. A hit and run charge was also filed.

Both families implicated in this affair came originally from Afghanistan and have been in Sherbrooke for about ten years.

www.marchechampetre.org

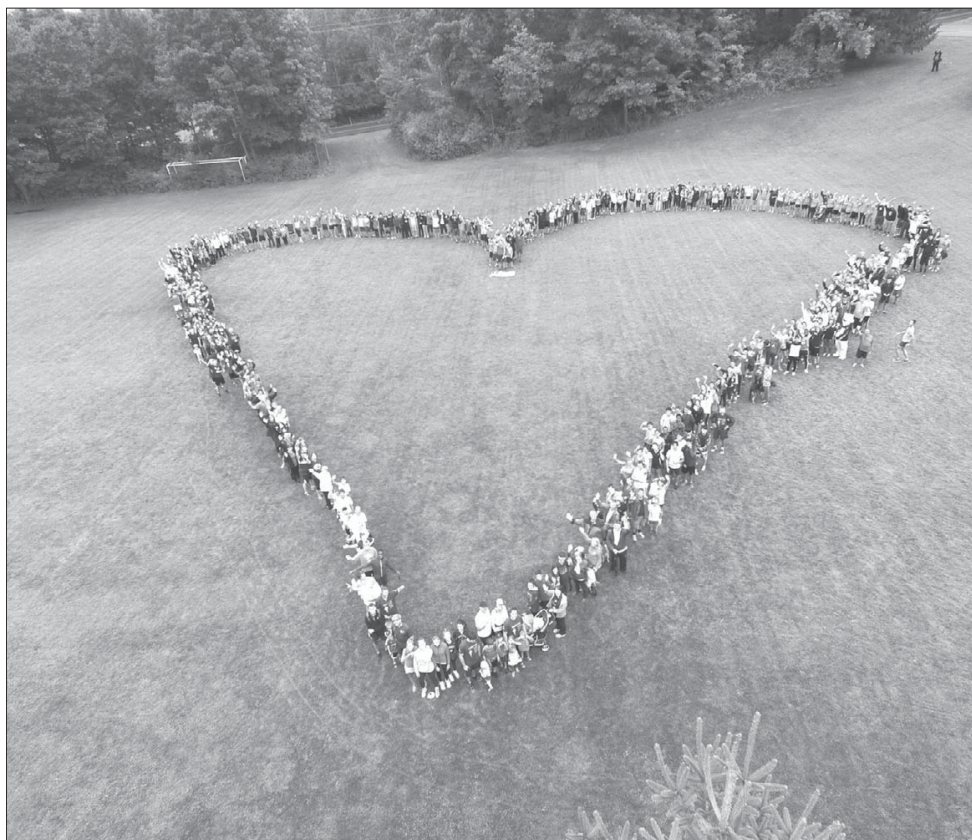


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Terry Fox runners show a lot of heart



COURTESY OF JEFF BRAY

By Matthew McCully

While the final tally has yet to come in from Sunday's community Terry Fox run, hosted by Bishop's College School, Athletics Director Jeff Bray said he believes the event will likely meet, and possibly even surpass this year's \$6,000 fundraising goal.

Bray said he will have a better idea of the total raised in the coming weeks

when the funds collected on site are added to the online donations.

According to Bray, there were roughly 475 participants at this year's run.

Taking advantage of the large number of community members in attendance, BCS took the opportunity to send up a drone for a picture. The crowd formed a large heart, a fitting symbol given the spirit of the run.



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Mental Health groups petition for access to psychotherapy

By Matthew McCully

A petition on the National Assembly website is calling for the government of Quebec to add psychotherapy to the basket of health and social services.

With over 3,000 signatures so far, the petition is being circulated by local mental health groups, and will remain open to signatures until Dec. 15.

“People have no access unless they have insurance, or they are rich,” said Ella Amir, Executive Director of AMI Quebec (Action on Mental Illness).

Amir referred to recommendations made by the Quebec mental health commissioner in 2012 to diversify mental health services and guarantee equitable access to anyone with a health issue requiring psychotherapy.

“It hasn’t happened yet,” Amir said.

As for the mental health services currently available through Medicare, Amir said people have to wait up to a year, sometimes more, for access.

In an effort to promote the mental

health commissioner’s recommendations, a coalition, le Collectif pour l’accès à la psychothérapie (CAP), was formed in 2013.

AMI Quebec is a member, but Amir pointed out that beyond getting the word out about the lack of services for patients with mental illness, the coalition has no real power.

“The hope is the petition will accelerate the process,” Amir said.

The first article listed in the petition states that psychotherapy is known to be as effective as pharmacological treatment for mental health problems like depression and anxiety.

Amir explained that there are a variety of reasons a person may opt for psychotherapy instead of medication.

“We know too little about the long-term side effects,” Amir said, adding that some medications cause weight gains and other challenging physical side effects.

Amir went on to say that while medication can take away the ‘positive’ symptoms of mental illness like hallucina-

tions, paranoia, or hearing voices, they often don’t address the ‘negative’ symptoms that can include reduced motivation or reduced intensity of emotion.

“People who are helped by medication can still benefit from psychotherapy as well,” Amir said, explaining that a patient, beyond the symptoms being treated, could be dealing with issues of isolation or stigmatization.

When asked if adding psychotherapy to an already over-burdened health care system was plausible financially, Amir replied, “Changes in the system are done without new money; the change is in the size of the piece of pie.”

She went on to say that the government will have to consider whether it wants to provide adequate services to its population, or worry more about the budget.

“If it happens, there will be clearly defined parameters,” Amir said. There would also likely be a limit to the number of sessions available, and other conditions could apply, she added.

Amir said supporting psychotherapy

as an option for patients has to be looked at in the longer term. In addition to being a means of prevention, a mentally healthy population leads to more productive members of society and more positive contributions to communities.

Tanya Gibson, Executive Director of Mental Health Estrie, echoed Amir’s statements about the shortage of mental health services in the public system, saying that she has heard of patients waiting between 2-3 years for treatment.

“In a crisis, you are seen within a day or two,” Gibson said, “It’s the follow-up that’s delayed.”

“On a local level, in the English population, a lot of people can’t afford these services, or don’t have insurance,” Gibson said, adding that they are left with no treatment option other than medication.

When asked if language were an issue, Gibson couldn’t comment, but said that the public system was understaffed to a point that getting mental health services was a challenge, regardless of language.

Martineau declared not responsible for knife attack on seniors

Career

Record Staff
SHERBROOKE

Alexandre Martineau has been found not criminally responsible for the stabbing of his grandfather and his partner at their home on Mézy St. in Sherbrooke.

Taking consideration of a psychiatric report submitted to the court, Quebec Court judge, Claire Desgens declared Martineau not criminally responsible due to mental health disorders.

The 21 year old will remain detained in a psychiatric unit until the Mental

Disorders Review Board of the Québec Administrative Tribunal rules on his case, which it must do within 45 days.

Immediately after Martineau’s competence to appear was declared Court of Quebec judge Hélène Fabi, a psychiatric assessment under section 16 of the Criminal Code was requested.

The 21-year old admitted to having tried to kill the elderly pair at the couple’s home on June 9. The grandfather, 75, and his 73-year old partner were attacked with knives at their home. Martineau is believed to suffer from schizophrenia disorders.

An instrument is a friend for life!

Record Staff
SHERBROOKE

The reopening of the Richmond Arts Centre’s School of Music is well underway and the Corporation of Friends of Music has announced its team of teachers. All are professionally qualified and have many years of teaching experience in their respective disciplines.

Voice teacher Diane Duguay joins piano teacher Collette Dionne, wind instructor Julie Miller, for recorder, flute, clarinet, and saxophone. These instruments are all available for hire if the student does not have one.

For plucked strings, Jesse Ens welcomes students in classical and electric guitar. Equally at home in folk and jazz, he is also a composer, arranger and im-

presario. On violin, Véronique Turcotte teaches, among other things, the use of the bow and the famous Suzuki method. Finally, Benedict Converset offers courses in bass.

To celebrate 34 years of assiduous musical training, 2016 is reaching out to those under 18 by bringing back special pricing for youth. If learning music helps develop brain power of children, mastering an instrument is an activity that will accompany them throughout their lives.

For more information, or to register for course, contact the Richmond Arts Centre il at 819 826-2488, by email at info@centredartderichmond or visit the Facebook page facebook.com/amisdela-musiqueCAR.

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Sherbrooke Citoyen meeting again in October

By: Gordon Lambie

Sherbrooke's grassroots political party, Sherbrooke Citoyen, is planning its next general assembly for the evening of Tuesday, October 18. Founded in March as a counterpoint to Mayor Bernard Sévigny's Renouveau Sherbrookoise Party, Sherbrooke Citoyen has been working to establish itself over the summer as the political body in the city built on the voice of the people.

"We're really trying to do politics differently," said Marilyne Bérard-Fontaine, communications representative for the party, explaining that it has been important for the party membership that consultations be held on each step of building the party platform. "People are not used to seeing a program presented that is not set in stone. This is something new and we want the people to be at the heart of it."

Bérard-Fontaine explained that October's meeting will begin with a presentation of the five core values or ideas that have been formulated by the party executive based on the conversations that took place at previous meetings. The gathering will then hear proposals for the party platform based around those values before breaking off into focus groups to discuss the merits of each proposal.

"People will be invited to work in small groups on one of the five big themes," the communications representative said. "Afterward we will bring those discussions back to the main group and vote on the proposals that will eventually make up our platform."

Bérard-Fontaine said that the meeting will also include votes on the party's statutes and bylaws, but she theorized that the conversation about the party plat-

form will be of interest to a greater number of people.

The meeting will take place at the Le Tremplin 16-30 on Wellington Street South in a space that Bérard-Fontaine estimated could hold a maximum of 100 people. Though she said that the party would love to see as many people come and engage with the conversation as possible, she also acknowledged the fact that general meetings are not known for their wild popularity. Noting that the last AGM of Renouveau Sherbrookoise welcomed somewhere in the area of 20 participants, the communications representative said that anywhere over that number would be noteworthy.

She was not without optimism, however.

"Considering the number of respondents to the online survey we conducted this summer, we feel that there is a growing interest for municipal affairs," Bérard-Fontaine said. "We think that there will also be a lot of participation at this assembly which gives people the opportunity to have a say as to what goes on in the city."

Raymond Gaudreault, interim party leader, extended an invitation to the entire city to come and participate.


"Residents from across the city are invited to participate to ensure all communities are well represented," Gaudreault said, "The citizens must be at the heart of the decision making."

Bérard-Fontaine clarified that only members will be able to vote on the proposals formulated at the meeting, but she added that it will be possible to join the party at the meeting as well, if people are interested.

With just over a year left before the next municipal election, the time is fast approaching for the party to be selecting candidates for city councillor positions and the Mayoralty, but Bérard-Fontaine stressed the importance the party has placed upon making sure that the entire membership has the opportunity to clearly speak its mind.

"We would really like to have a solid foundation," the communications representative said. "that way people will really be able to tell what we stand for."

Bérard-Fontaine said that the expectation is that investitures for district candidates will be held in early 2017.




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Michel Comeau

Quebec taxi industry's injunction request against Uber put off until Monday

The Canadian Press

A new injunction being sought by the taxi industry in Quebec against ride-hailing service Uber has been postponed until Monday due to the lack of a judge to hear the case.

The injunction request intended for Thursday was the second attempt in a week by the industry to prevent Uber from operating in Quebec.

A judge ruled on Tuesday against the cabbies' request for a temporary injunction against the Quebec government and its agreement with the firm, ruling there wasn't enough evidence to justify immediate action against Uber or the pilot project.

A lawyer for the taxi industry said he would seek an injunction against Uber itself this time, arguing the company's

current operations are illegal since the pilot project has not yet been implemented.


A taxi industry lobbyist also suggested that Quebec cab drivers are losing money daily because of the deal.

The Quebec government and Uber agreed on a one-year pilot project earlier this month that would see the service operate legally in Quebec.

Under the agreement, Uber will be granted the equivalent of 300 taxi permits, but will also pay taxes in addition to collecting federal and provincial sales tax and contribute to a fund to help modernize the taxi industry.


Uber drivers must abide by several other regulations but won't have to rent or purchase traditional permits, which cost cab drivers upward of \$200,000 if a car is included in the price.


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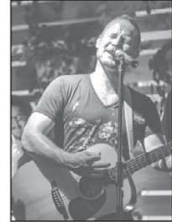
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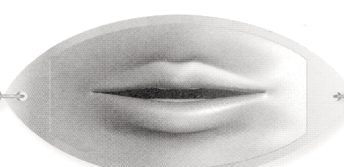
Matthew McCully


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EDITORIAL

Public safety and animal welfare must not come at the expense of one or the other.

Letters

A response to an editorial published recently by David Suzuki:

DEAR PRIME MINISTER JUSTIN TRUDEAU,

I am writing this to encourage you to continue to promote the essential need for reduction of greenhouse gas emissions both globally and in Canada. It is a matter of life or death.

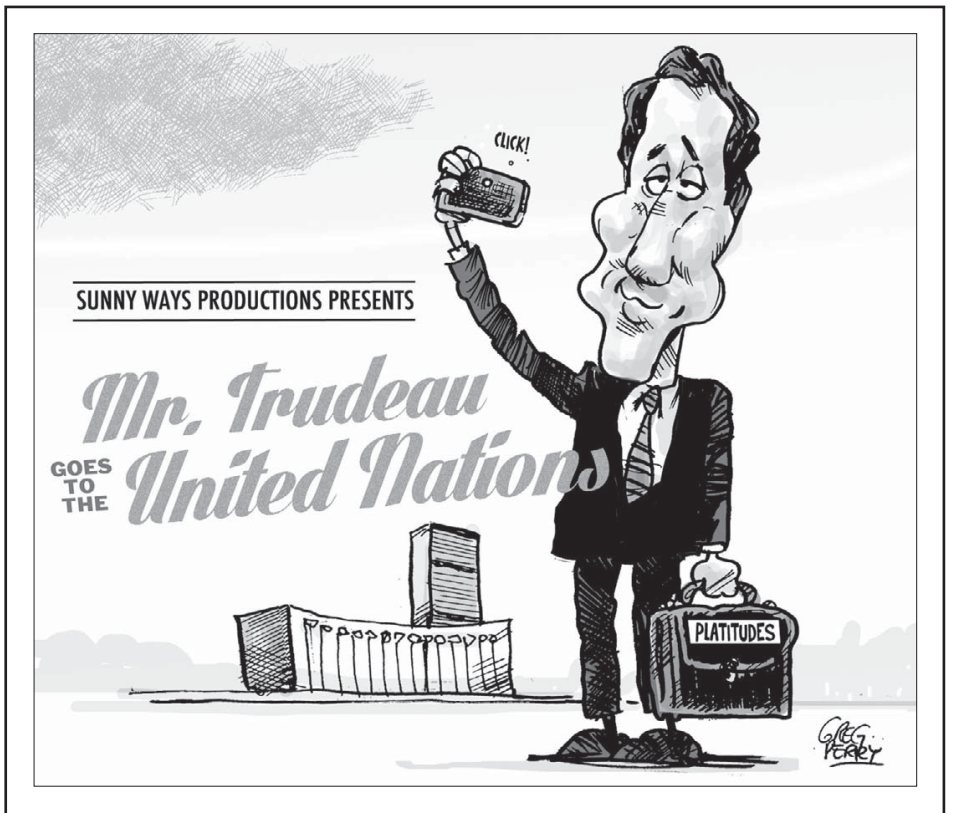
Because of this necessary action, I was disturbed to read the following in an article by David Suzuki that, whereas you and your government have gone ahead to press for reduction of greenhouse emissions globally, little has changed in Canada.

So, I urge you Mr. Prime Minister, to make Canada a leader in reduction, not just globally, but also in Canada.

I am sending a copy of this letter to our local M.P. Denis Paradis; Catherine McKenna, minister of environment and climate change; our local newspaper, The Record, who published the article by David Suzuki; The Anglican Journal, because I am an Anglican Christian; The Montreal Gazette; and, The council of Canadians.

Assuring you of my prayers in the difficult job which is yours,

SINCERELY,
JOHN SERJEANTSON
COWANSVILLE



Commentary

No to Breed-Specific Legislation

Dangerous dogs, specifically Pit-bull-type dogs have been in the news for several months now, fueling an emotional debate in the public square. With the advent of a government bill and the upcoming vote on new regulations in the City of Montreal, the Quebec SPA and SPCA Association (AQSS), which includes several SPAs and SPCAs in the province, wants to educate Quebecers by means of a web broadcast campaign in social media, launched on September 21.

Clear messages and scientific facts

In order to ensure public safety, the AQSS wants the dangerous dogs file regulated, but in the right way. Public safety and animal welfare must not come at the expense of one or the other. Targeting or prohibiting specific breeds will not solve the problem, on the contrary.

"Let's stop dwelling on breeds and types of dogs and instead go after the heart of the real problem - the regulation of dangerous dogs. This is the message we want to convey through our awareness campaign, because our first concern is to ensure the safety of citizens," says AQSS president Denys Pelletier.

In this campaign, the association is putting forward scientific facts, because science has spoken on this issue. Recently the Radio-Canada program Découverte presented several facts and arguments debunking much of the information spread about Pit-bull-type dogs. These facts will be relayed to the population as part of the campaign. On this issue, the science is categorical:

- Any dog can become dangerous, regardless of race;
- Dogs whose behavior is inappropriate

ate must be controlled and supervised;

- the environment in which the dog is raised, its socialization, conditioning, and training are the principal factors that help shape the behavior of a dog, regardless of the type or breed.

It is also important to remember that the legislation of particular breeds is ineffective and unworkable in the field. To ensure human and animal safety, the government and municipalities have other avenues, based on proven and effective solutions backed by experts in the field. This is what the campaign highlights.

The campaign developed puts forward strong visuals to elicit reactions, capture attention, and promote discussions. Through this campaign, people can learn the scientific facts, in addition to being heard by means of three actions proposed and made available on the mi-

crosite <https://endthedebate.ca/>, i.e. write to their MP, sign the online petition against the ban on pit bull type dogs, and print promotional posters.

The AQSS encourages the provincial government and municipalities, particularly Montreal, to abolish or not adopt breed specific legislation that are set up with strict rules. The SPA and the SPCA instead recommend municipalities to rely on deterrent penalties to deal effectively with biting and dangerous dogs.

About the AQSS

The AQSS includes ten independent organizations that have in common considerable expertise in the field of animal protection, control and welfare. Its desire is clear and shared, is to unite the strength of its members to advance their respective missions.

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THE RECORD

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C COLUMNIST

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ONE WORD, FOUR VOICES

Opening to the spirit

Today's Word: Seasons

By Revs Mead Baldwin,
W. Lynn Dillabough,
Lee Ann Hogle, and
Carole Martignacco

1) All of a sudden fall is upon us and I am at that stage in life where each season seems to come and go with increasing rapidity. What a glorious summer we have had. Fall brings that quickening of pace; the start-up of a new class or the renewal of membership in curling, bridge or quilting clubs.

Each season has its unique charms and challenges. Yet the common feature of each is movement. Our lives are not static and predictable, no matter how much we would like some things to remain the same. The best we can do is to embrace the joyful moments of the season and hold on to hope when the storms of the season descend upon us. These too will pass.

As the lush vegetation of summer gives way to the colourful last days of fall leaves, then to be replaced by the silence of the white blanket that ushers in winter, we can look to the seasons as evidence that our human lives inevitably cycle through multiple versions of each season. When winter descends into our souls and nothing much seems to be alive, let us collectively remember that our very nature is one of building up and tearing down. The spirit of renewal, the spirit of springtime will come to us all, each in its own time.

2) The number one song on the day I was born was 'Turn, Turn, Turn' by the Byrds. The words, "To every thing (turn, turn, turn) there is a season (turn, turn, turn) and a time to every purpose under heaven" are probably planted deeply in all of us. Being the age that I am, I heard the song before I heard these same words in scripture.

Each season of my life these words mean something different. As a child this was just a great song to dance to, turning around and around in the living room or the back yard. As a teenager these words meant that life could change, and would not always be the way that it was; it became a song of hope.

As a university student and young mother I started noticing how quickly the seasons passed and savoured those days in the park, pushing kids on the swing and rolling around in the summer grass. Life was full of possibility and turning for the better.

The current season of my life is to be savoured as well, as I find myself somewhere around early autumn. I notice my parents becoming frail and forgetful. I notice my children coming into the fullness of their lives. I notice people treating me as if I have some wisdom, and coming to me for support. I often feel like I am harvesting good things that

were planted years ago.

And, for those of us who are lucky to live long enough, the winter is coming as well. May the seasons turn and may we look back with gladness at what we have planted and harvested. There is a time to every purpose under heaven. May you live your seasons to the fullest.

3) Music is the constant backdrop to most of my thinking. Terry Jacks' song; "Seasons in the sun", immediately came to mind when I heard this week's word

"We had joy, we had fun, we had seasons in the sun, but the hills that we climbed were just seasons out of time". The song has a really sad story to tell but is actually quite upbeat, and proclaims a deep truth. We all have seasons of joy but also seasons of loneliness and sadness.

I am so glad to live in a country with seasons, snow in winter, warmth in summer, spring rains and autumn leaves. I have a fond memory of student days in Montreal, with two friends who were spending their first winter here after growing up in the Caribbean. The smile on their faces as they enjoyed the first snowfall of winter was exquisite. One of them made snowballs with his bare hands and was surprised to discover that snow was actually cold. That thought had never occurred to him before.

A poet from the Hebrew Scriptures shared this wisdom; "For everything there is a season, and a time for every matter under heaven... a time to laugh and a time to cry.... a time to mourn and a time to dance..." These wise words have guided people of many faiths ever since. Yet there are many of us who go to extremes try to avoid the dark times. Some people use alcohol or drugs to seek a permanent high. Others spend their money on new thrills hoping that perhaps this next adventure will satisfy. Some snowbirds will travel far to avoid the winter months. Many people avoid funerals because they are too sad.

Perhaps instead we should learn to cherish each season of nature or life. We should cherish our seasons in the sun, but there is also rich beauty in the cold and snow of winter. There is deep wisdom that comes when we go through a dark time.

As the ancient poet reminds us, "For everything there is a season, and a time for every matter under heaven."

4) The children's story "Frederic" by Eric Carle ends with the tiny field mouse by that name turned poet asking his companions, as they winter together in a small chink in the stone wall that borders the farmer's field: "Aren't you glad the seasons are four? What would we do with one less or one more?" He regales the spirits of his friends with images of all the seasons,

reminding them in the coldest time that spring will come again.

I've an image I love, by a batik artist depicting the same tree in four seasons. Under a cold night sky with full moon, bare branches in winter are stark and skeletal, a yin/yang of white and black shadows juxtaposed. In spring the same tree wears a glowing halo, bright with delicate buds bursting open. By summer it's grown luxurious, branches nearly invisible amid thick green leaves that glisten in the sun. Autumn's tree is ablaze; you can almost hear the whisper of dried leaves as a few zig-zag to ground in the chill wind.

Like colours on the artist's wheel, it's impossible to choose a favourite. Each day I look outside and notice the weather, how it affects my spirit. We not only live in nature, we are nature, turning and changing within the seasons. If all creation were a religion, the seasons would be our liturgy. To practice reverence, we might like the artist choose a single tree in the landscape and religiously pay attention. Observe the

minute transitions as one season turns slowly, incrementally into another, with awesome beauty and power.

Earth turns in a circle of 360 degrees, each day approximately one degree. And we've divided the great wheel of the year into four seasons. But aren't there more? What about the gradations, degrees between the quarters we have named? How many seasons do you observe?

One word, four voices - now add your own: How do seasonal changes in nature affect your spirit?

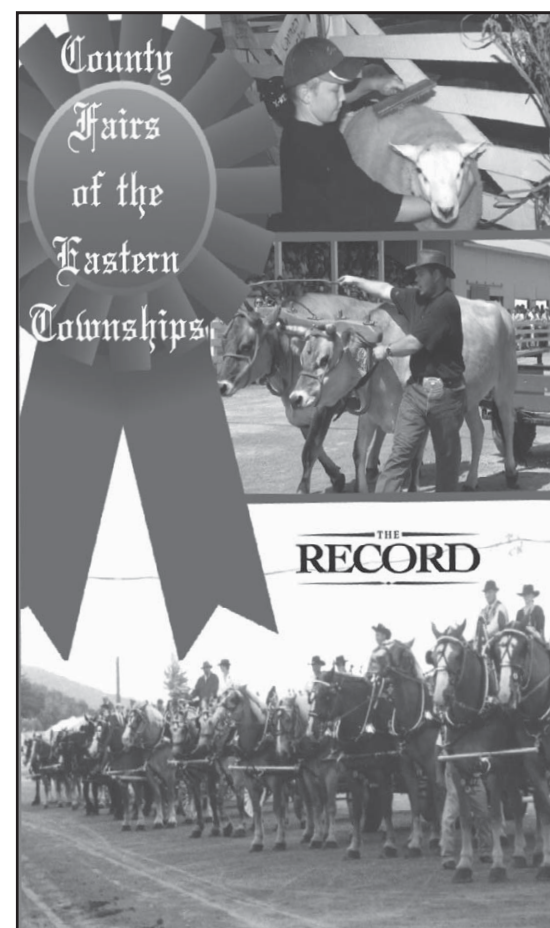
Rev. Mead Baldwin pastors the Hatley, Waterville & North Hatley United Churches; Rev. Lynn Dillabough is now Rector of St. Paul's in Brockville ON. She continues to write for this column as a dedicated colleague with the Eastern Townships clergy writing team; Rev. Lee Ann Hogle ministers to the Ayer's Cliff, Magog & Georgeville United Churches; Rev. Carole Martignacco pastors UUEstrie - the Unitarian Universalists in North Hatley.

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Terri Clark comes back to her roots

Sells out Lennoxville's Centennial Theatre



COUNTRY CONNECTION

JESSIE AULIS

It was a sold-out date for Canadian country singer Terri Clark on her Back To My Roots Tour last Tuesday at The Centennial in Lennoxville.

This show is really different and more personal, with Clark performing her hits acoustically and sharing stories from her extensive career spanning over 20 years, over the course of an impressive 41 dates in 50 days.

"After 21 years of performing with a band I wanted to do something different, something more intimate for my fans," she told me when I met her before the show. "I'm having so much fun doing this and being so close to the crowd, this is something you can't do with a full band, high energy show," she said. "I love doing this. It's very challenging and draining.

"There are no breaks, there's no intermission, there's no band to lean on. It's constantly me trying to keep the audience attentive and engaged in what I'm saying, playing, doing, singing. I feel like I've really found my place with it."

Although a new album is not part of her immediate plans, it is still a possibility for the future. "I keep writing all the time and working on some songs, eventually there could be a new album," she said.

On the stage, there were a half-dozen acoustic guitars, a chair, and candles while Clark gave her solo acoustic show filled with warmth and magic. Performing solo showcased the sheer perfection of Terri Clark's stunning vocals.

She delivered her songs in a way that left the concert goers mesmerized. She offered songs taken from every one of her albums. Between the songs she shared memories of her life and career, from her humble beginnings playing for tips at Tootsie's Orchid Lounge in Nashville to holding the honour of being

the only Canadian female artist to be named a member of the Grand Ole Opry.

She also speaks of her leaving her record label where nothing was happening, to become an independent artist, who would follow a path of her own. But she admits that her career has been good to her.

She performed many of her hits such as: "Better Things to Do," "I Just Wanna Be Mad," "No Fear," and her great cover of Warren Zevon's "Poor, Poor Pitiful Me." Throughout the show, Clark expressed her gratitude to her fans several times, for supporting her.

Most of her songs translate pleasantly to a solo-acoustic show. The room was packed with fans of all ages, who sang along with the Montreal native.

The singer's talent has earned her 13 Top Ten singles, including six number ones in Canada and the U.S. The five time CCMA Female Vocalist of the Year also delivered with emotion, the song "Smile," from her eighth studio album, written for her mom, who she lost six years ago to cancer.

It was a deeply emotional moment and people got on their feet for a long lasting standing ovation to salute the beauty of the performance as well as a movement of sympathy for the loss of her mother.

The show ended with a period of Q&A, for which she stood on the stage and shared her best memories of living in Quebec, (which includes eating at St-Hubert Chicken), as well as different things that took place in her career.

I think that her decision to do things this way has taken her relationship with her fans up to an even higher level. It was intimate and heart grabbing, to say the least. Clark is a grand lady entertainer.

Clark, who has been an independent artist since walking away from her record deal with Sony/BMG in 2008, proved that her alone, and with a handful of guitars onstage, singing and engaging with the crowd can be truly exciting and moving.

If this evening was a success for Terri Clark, it also confirmed for Firehouse Productions that people will keep attending the events that they produce. Bravo to the Firehouse Productions team! It was a nice coup!

Now is time to buy your tickets for their next presentation. Canadian singer Jordan McIntosh will be performing at



COREY BELLAM

Terri Clark sings to a sold out crowd at the Centennial Tuesday.

The Centennial on October 28, 2016 as another presentation by Firehouse Productions.

Noteworthy:

During this past month, many good albums have been released. Some are by country music legends, others by excellent accomplished artists, even though they are not considered mainstream.

This being said, sometimes artists on top of the country music charts are not necessarily the most talented ones. So I picked a few new albums because they are great albums, worthy of attention and a must-add to your collection.

Linda Ronstadt, Emmylou Harris, and Dolly Parton recorded two discs together, Trio (1987) and Trio II (1999), which have combined to sell more than five million copies worldwide and win three Grammy Awards.

Together they have sold over 200 million albums worldwide and performed for decades in front of countless fans around the globe. It was no surprise, that when these voices came together to record their debut collaboration, the results were astonishing.

Both of these classic albums have now been newly remastered for the release of a three-CD collection (titled Trio Collec-

tion (Deluxe Version) packed with rare and unreleased music produced by Harris.

The bonus disc has 20 songs, including alternate takes of album tracks like "I've Had Enough," "Making Plans" and "My Dear Companion." Also featured are 11 unreleased recordings from the trio spanning both album sessions including "Waltz Across Texas Tonight," "Pleasant As May," "Are You Tired of Me," and the gospel standard "Softly And Tenderly."

Among the unreleased material is also an alternate version of "Do I Ever Cross Your Mind?" featuring Parton on lead vocals and an a cappella version of "Calling All My Children Home."

This collection is a masterpiece by any standard. The work is passionate, creative, the harmonies and solo vocals are impeccable. Now that Ronstadt is ill and can't sing anymore, it makes it even more precious and poignant.

It does sound fresh and vibrant and the remastering and packaging is superb. Any music lover will be charmed by this work of art and touched by the beauty of these three angels' voices.

The rest of the list will follow next week. Have a great weekend.

Bee says she likes Fallon, but couldn't take Trump interview

By David Bauder
THE ASSOCIATED PRESS

Comic Samantha Bee insists she's a Jimmy Fallon fan. But she said Wednesday that her caustic attack this week on Fallon's now-infamous hair musing appearance with Donald Trump came because she'd had it with the "continued normalization of deplorable."

The fallout from Trump's "Tonight" show appearance last Thursday is the most serious faced by the genial Fallon since he replaced Jay Leno in 2014 and instantly became the nation's most popular late-night host.

He received widespread criticism for being too chummy with the Republican candidate — Democrat Hillary Clinton jokingly presented Fallon with a bag of softballs — and Bee cited that appearance and Trump's week hosting "Saturday Night Live" last fall in a segment on her TBS show on Monday. She accused NBC of tacitly condoning a demagogue.

"It was not really a Jimmy thing," Bee said on Wednesday. "It was more of an NBC thing. Coming on the heels of the Matt Lauer interview (of Trump, at a national security forum), we were just done ... with these gossamer-light interviews of this person and the continued normalization of deplorable."

NBC hasn't responded to the fallout.

In the TBS segment, Bee said that at a time some opponents compare Trump to Adolf Hitler, "maybe don't invite him into your house to play with your adorable children."

She then showed clips of Fallon asking Trump whether he had ever played the board game "Sorry" and messing up the candidate's elaborate hairstyle.

"Aw. Trump can be a total sweetheart with someone who has no reason to be terrified of him," Bee said on TBS.

Fallon's interview may have been a case of exquis-

itely bad timing, coming just as polls reflected a tightening presidential race and Clinton's supporters were becoming nervous. And it contrasted with some of Fallon's late-night brethren, particularly Seth Meyers and Stephen Colbert, who brutalized Trump this week for his statement on the birther controversy he nurtured.

To a certain school of comics, one criticism may have stung the most: Vulture's assertion that Fallon had "become Jay Leno." Of course, Leno did strong business for NBC for two decades.

Trump and NBC have been linked since he hosted "The Apprentice" for the network. NBC cut business ties to Trump's Miss Universe pageant following Trump's description of some Mexican immigrants as rapists in 2015, even though some found the later "SNL" hosting slot inconsistent with that decision. NBC's chief entertainment executive was caught this summer bashing Trump in a private Facebook post.

The Trump appearance on Fallon wasn't much different from when other politicians are on his show; it was the context that was different. When interviewing Clinton on Monday, Fallon jokingly donned a surgical mask (ostensibly to protect himself from exposure to the Democrat's pneumonia) and asked whether her husband, former President Bill Clinton, "is a good nurse."

"Anyone who knows Jimmy Fallon knows that what he offered up in the Trump interview was par for the course," said Dannagal Young, a University of Delaware professor and expert on late-night comedy. "It's consistent with his style and consistent with the point of his show. He's not a satirist. He's like your playful little brother."

Fallon echoed that thought when a reporter from TMZ caught up to him over the weekend: "Have you seen my show? I'm never too hard on anyone."

"I completely understand it if Jimmy is saying, 'Who are these people? Who do they think I am?'" Young said. But he should be mindful of the fact that with



ANDREW LIPOVSKY/NBC VIA AP

In this image released by NBC, Republican presidential candidate Donald Trump appears with host Jimmy Fallon during a taping of "The Tonight Show Starring Jimmy Fallon," Thursday, Sept. 15 in New York.

less than two months until the election, it's a much different atmosphere, Young said.

The tone has been completely different if you click your remote over to Fallon's CBS competitor, Colbert, and even if you stay up later to watch Meyers on NBC.

Both comics minced no words in attacking Trump this week. Like Bee, they went beyond the role of late-night comics to offer pointed commentary. Their segments felt like news reports where they showed extensive film clips of Trump questioning whether President Barack Obama had been born in the United States and contradicting his own words in the news conference.

"You don't get to flog this issue for five years and act like you were correcting everybody else," Colbert said. "We're not crazy. We were there. We all saw you do it. Even the people who support you saw you do it. It's why they support you."

Meyers, who has banned Trump from appearing on his show, compared Trump's false assertion that Hillary Clinton had started the birther controversy to Bruce Springsteen saying he wrote "Born to Run" because he heard Bon Jovi say the phrase once.

Your week on TV

WEEKDAY MORNING															
Bell	Star	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30		
WCAX 3	-	-	Channel 3 News Morning	CBS This Morning				Rachael Ray		The Doctors		The Price Is Right			
WPTZ 5	-	-	NBC5 News Today	Today				LIVE with Kelly		Today's Take		Today			
CBMT 6	206	301	Daybreak	Super Why!	Napkin Man	Arthur	Daniel Tiger	Arthur	Napkin Man	Bookaboo	Daniel Tiger	Best Recipes	In the Kitchen		
CHLT 7	107	718	F	Salut bonjour (N) (SC)						(9:59) Denis Lévesque (SC)		Le tricheur	Mario Dumont		
			M							(9:59) Deux filles le matin (N)					
			T							(9:59) Ça finit bien la semaine					
			W							Steve Harvey					
WMTW 8	-	-	WMTW News 8 at 6am	Good Morning America				LIVE with Kelly		The View					
CKSH 9	108	-	Arthur	Mike-chevalier	Garfield et cie	Salmigondis	(:15) Caillou	(:45) Zigby	Var. Programs	Marina Orsini	Ricardo		Silence		
CKMI 11	-	-	Global News Morning				Morning Show		Huntley Str't	Anna Olson	You Gotta Eat	Income Prop.	Security		
CFCF 12	205	312	Your Morning				LIVE with Kelly		The Marilyn Denis Show		The View				
WVNY 22	-	-	Local 22 News This Morning		Good Morning America				The Dr. Oz Show		Var. Programs		Hot Bench		
WUTV 60	-	-	Var. Programs	Paid Program	Var. Programs	Paid Program	Paid Program	Friends	The 700 Club	The People's Court		Maury			
CFKS 61	106	726	F	Vidéoclips				Atomes croch	Histoire	Les infos (N)	Guerre-clans	Espace découvertes (N)	CSI: NY (SC)		
			M						Il est écrit						
			T						Infopublicité						
			W												
WUHF	-	363	Paid Program	Good Day R	Good Day Rochester		Good Day Rochester		Judge Mathis		The Wendy Williams Show		Jerry Springer		
WETK	-	-	World News	Classical	Wild Kratts	Ready Jet Go!	Nature Cat	Curious	Daniel Tiger	Daniel Tiger	Sesame Street	Peg Plus Cat	Dinosaur Train	Dinosaur Train	
WCFE	-	-	Wild Kratts	Wild Kratts	Curious	Curious	Daniel Tiger	Daniel Tiger	Dinosaur Train	Dinosaur Train	Super Why!	Sesame Street	Thomas & Fr.	Arthur	
A&E	615	520	Paid Program	Paid Program	Parking Wars	Parking Wars	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Varied Programs				
BRAVO	620	523	F	Due South ☺				The Listener "The Shooting"		Due South "Eclipse" ☺		Blue Bloods ☺		Due South "Eclipse" ☺	
			M									Criminal Minds "The Storm"			
			T									Blue Bloods "Open Secrets"			
			W												
CNN	500	500	New Day		New Day		New Day		CNN Newsroom		CNN Newsroom		At This Hour With		
DISC	520	505	F	Mayday "Imperfect Pitch"				How It's Made	How It's Made	Mighty Ships "North Star"		Cold Water Cowboys		Airshow "Adrenaline Overload"	
			M									Mayday "Out of Sight" ☺		Jade Fever	
			T											Jade Fever	
			W											Mighty Cruise Ships	
HIST	522	506	Canadian Pickers		Ice Road Truckers		Yukon Gold		Varied Programs		Canadian Pickers		Ice Road Truckers		
RDI	126	730	(5:00) RDI matin				RDI en direct				Isabelle Richer				
SHOW	616	521	Continuum		Haven		Movie				Movie				
SLICE	601	562	ET Canada	Till Debt/Part	Four Weddings Canada		Rich Bride, Poor Bride		Ex-Wives	Ex-Wives	Property Virgin	Property Virgin	Movie		
SPIKE	628	584	Paid Program		Paid Program		Paid Program		Paid Program		Varied Programs				
TLC	521	560	90 Day Fiancé		90 Day Fiancé		Four Weddings		Four Weddings		Hoarding: Buried Alive		Hoarding: Buried Alive		
TSN	400	400	F	SportsCentre ☺				SportsCentre ☺		SportsCentre ☺		SportsCentre ☺		SportsCentre ☺	
			M												
			T												
			W												
YOUTH	551	542	Squirrel	Kid vs. Kat	Numb Chucks	Just Kidding	SpongeBob	Odd Parents	Wayside	(:25) Sidekick	Almost Naked	Numb Chucks	Grossology	Max & Shred	

Your week on TV

WEEKDAY AFTERNOON

	Bell	Star	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
WCAX 3	-	-	Across-Fence	The Young and the Restless	Bold/Beautiful	The Talk	Let's Make a Deal	Dr. Phil	Channel 3	The: 30				
WPTZ 5	-	-	NBC5 News	Day Jeopardy	Days of our Lives	Harry	Steve Harvey	The Ellen DeGeneres Show	NBC5 News	NBC5 News				
CBMT 6	206	301	CBC News Network	Heartland	Murdoch Mysteries	Grand Designs	Bondi Vet	Dragons' Den						
CHLT 7	107	718	(:02) Le TVA régional	Movie	Var. Programs	TVA nouvelles	Les feux de l'amour	Top modèles	(4:55) TVA nouvelles					
WMTW 8	-	-	The Wendy Williams Show	The Chew	General Hospital	Belles histoires des	Virginie (SC)	Virginie (SC)	Entrée principale (N) (SC)	WMTW News 8 at 4pm	WMTW News 8 at 5PM			
CKSH 9	108	-	F Telejournal	Les Parent	Monk (SC)	Belles histoires des	Virginie (SC)	Virginie (SC)	Belles histoires des					
CKMI 11	-	-	Global News	ET Canada	Days of our Lives	The Talk	Rachael Ray	Millionaire	The Young and the Restless	Global News				
CFCF 12	205	312	CTV News Montreal	The Social	Dr. Phil	Hot, Cleveland	Hot, Cleveland	The Ellen DeGeneres Show	The Dr. Oz Show					
WVNY 22	-	-	Paid Program	Hot Bench	The Chew	General Hospital	The People's Court	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Judge Judy
WUTV 30	-	-	The Steve Wilkos Show	Steve Harvey	Judge Mathis	Jerry Springer	Maury	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud	Family Feud
CFKS 31	106	726	(11:30) CSI: NY	Movie	Movie	Les Simpson	Les Simpson	Guerre-clans						
WUHF	-	363	The Steve Wilkos Show	Maury	Judge Judy	Divorce Court	Hot Bench	Hot Bench	Judge Judy	Judge Judy	The People's Court			
WETK	-	-	Super Why!	Thomas & Fr.	Peg Plus Cat	Charlie Rose	Curious	Arthur	Nature Cat	Ready Jet Go!	Wild Kratts	WordGirl	World News	
WCFE	-	-	F Forces of Nature "Elements"	Underground	Cat in the Hat	Nature Cat	Ready Jet Go!	Odd Squad	Wild Kratts	Curious	Curious	Daniel Tiger	Daniel Tiger	
			M Antiques Roadshow	Love Quilting										
			T Globe Trekker "Hawaii 2"	Rick Steves										
			W "Hava Nagila (The Movie)"	Cooking										
			Th India: Nature's Wonderland	Mountain Lake										
A&E	615	520	Varied Programs					The First 48	Var. Programs	The First 48	Var. Programs	The First 48	Var. Programs	
BRAVO	620	523	The Listener	Motive	Due South	Due South	Blue Bloods	Criminal Minds						
CNN	500	500	Inside Politics	Wolf	CNN Newsroom	CNN Newsroom	The Lead With Jake Tapper	The Situation Room						
DISC	520	505	F How It's Made	How It's Made	Mayday "Ocean Landing"	How It's Made	How It's Made	Fast N' Loud: Revved Up	Fast N' Loud	Sacred Steel Bikes				
			M Outrageous Acts of Science	Outrageous Acts of Science	Dual Survival	How It's Made	How It's Made	Bering Sea Gold "The Plague"	Bering Sea Gold	How It's Made	How It's Made			
			T How It's Made	How It's Made	Dungeon Cove	Dungeon Cove	Highway Thru Hell							
			W How It's Made	How It's Made	Bering Sea Gold "The Plague"	Bering Sea Gold	Dungeon Cove							
			Th How It's Made	How It's Made	Bering Sea Gold "The Plague"	Bering Sea Gold	Dungeon Cove							
HIST	522	506	F M*A*S*H	M*A*S*H	Dig WW2	Ice Road Truckers	Canadian Pickers	American Pickers	Pawn Stars	Pawn Stars	M*A*S*H	M*A*S*H		
			M M*A*S*H	M*A*S*H	Ice Road Truckers	Canadian Pickers	American Pickers	Pawn Stars	Pawn Stars	M*A*S*H	M*A*S*H			
			T M*A*S*H	M*A*S*H	Ice Road Truckers	Canadian Pickers	American Pickers	Pawn Stars	Pawn Stars	M*A*S*H	M*A*S*H			
			W M*A*S*H	M*A*S*H	Ice Road Truckers	Canadian Pickers	American Pickers	Pawn Stars	Pawn Stars	M*A*S*H	M*A*S*H			
			Th M*A*S*H	M*A*S*H	Ice Road Truckers	Canadian Pickers	American Pickers	Pawn Stars	Pawn Stars	M*A*S*H	M*A*S*H			
RDI	126	730	Telejournal	Les ex	L'info avec Julie et Alexis									En direct avec Patrice Roy
SHOW	616	521	F Rookie Blue "Deception"	** "Black Swarm" (2007, Horror) Robert Englund.	Scorpion	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles
			M "Happy Face Killer" (2014) David Arquette.											
			T "Ghost Storm" (2012) Crystal Allen, Carlos Bernard.											
			W "The Girl He Met Online" (2014) Yvonne Zima.											
			Th "Like Mother, Like Daughter" (2007) Michelle Stafford.											
SLICE	601	562	(11:00) Movie	Law & Order: SVU	Varied Programs									
SPIKE	628	584	Varied Programs											
TLC	521	560	Dateline: Real Life Mysteries	Dateline: Real Life Mysteries	Dateline: Real Life Mysteries	Four Weddings	Four Weddings	Say Yes	Say Yes					
TSN	400	400	SportsCentre	Var. Programs	SportsCentre	Varied Programs								
YOUTH	551	542	Ride	Undercover	6teen	Detentionaire	(1:50) Looped	Japanizi	Zoink'd!	Nerds	Odd Parents	Loud House	SpongeBob	SpongeBob

FRIDAY EVENING

SEPTEMBER 23, 2016

	Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	-	Channel 3 News at Six (N)	CBS Evening News/Pelley	Entertainment Tonight (N)	MacGyver Searching for a missing bioweapon.	Hawaii Five-0 A murderer targets serial killers.	Blue Bloods A woman asks Frank for a favor.	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)					
WPTZ 5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N)	Wheel of Fortune (N)	Superstore	The Good Place "Pilot"	Dateline NBC "After the Storm" (Season Premiere) A convicted murderer speaks.	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N)				
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Rick Mercer Report	Coronation Street (N)	Schitt's Creek	22 Minutes	Four in the Morning (N)	Raised by Wolves	The National (N)	CBC Montreal News (N)	The Torture Files Three Canadians are tortured in Syria.		
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Ca finit bien la semaine (Season Premiere) (N) (SC)	Du talent à revendre (N) (SC)	La liste noire Les agents du FBI recherchent Liz. (SC)	TVA nouvelles (:35) Denis Lévesque (N) (SC)	(:35) * "Punisher: Zone de guerre" (2008, Action) (SC)						
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N)	Jeopardy! (N)	Last Man Standing	(:31) Dr. Ken	Shark Tank Shoe slides; app to stop cyber-bullying.	(:01) 20/20 (N)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live Kiefer Sutherland; John Oliver.			
CKSH 9	108	-	Le Téléjournal/Estrie (N)	Le TJ Extra ICI Estrie	Gala ComediHa! 2016 Un gala avec Claude Meunier.	Au suivant (N)	Les gourmands (N)	Le Téléjournal (N) (SC)	Sherlock						
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N)	ET Canada	Entertainment Tonight (N)	MacGyver Searching for a missing bioweapon.	Hawaii Five-0 A murderer targets serial killers.	Undercover Boss Canada "Pizza Pizza"	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)				
CFCF 12	205	312	CTV News Montreal (N)	etalk (N)	The Big Bang Theory	Shark Tank Shoe slides; app to stop cyber-bullying.	(:01) The Exorcist (Series Premiere) (N) (DVS)	Blue Bloods A woman asks Frank for a favor.	News-Lisa	CTV News Montreal (N)	The Big Bang Theory				
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N)	Last Man Standing	(:31) Dr. Ken	Shark Tank Shoe slides; app to stop cyber-bullying.	(:01) 20/20 (N)	Local 22 News (N)	(:35) Jimmy Kimmel Live Kiefer Sutherland; John Oliver.			
WUTV 30	-	-	The Big Bang Theory	Judge Judy (N)	Judge Judy (N)	Family Feud (N)	Hell's Kitchen Chefs face a signature dish challenge.	(:01) The Exorcist (Series Premiere) (N) (DVS)	2 on Your Side	Seinfeld	Two and a Half Men	Two and a Half Men	Last Man Standing		
CFKS 31	106	726	Coup de foudre (N)	Souper parfait	911 (N)	Code 111 (N)	L'arbitre	** "Le Jeu du défi" (1987) Arnold Schwarzenegger. Un homme essaie de survivre à une exécution publique.	Espace découvertes "Des lentilles plein les plats!"	Appelez & gagnez					
WUHF	-	363	Modern Family "Fizbo"	Modern Family	The Big Bang Theory	The Big Bang Theory	Hell's Kitchen Chefs face a signature dish challenge.	(:01) The Exorcist (Series Premiere) (N) (DVS)	13WHAM News at 10 on Fox Rochester (N)	2 Broke Girls	2 Broke Girls	Golden Age of Television			
WETK	-	-	PBS NewsHour (N)	BBC News-night	Vermont This Week (N)	Washington Week	Charlie Rose -- The Week	The Great British Baking Show	Art in the Twenty-First Century "Los Angeles" (N)	Nightly Business Report	Charlie Rose (N)				
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N)	Mountain Lake Journal	New York Now	Art in the Twenty-First Century "Los Angeles" (N)	Art in the Twenty-First Century "Vancouver" (N)	BBC World News	Charlie Rose (N)				
A&E	615	520	The First 48 A shooting in a snow-covered field.	The First 48 A man is shot to death on a city street.	The Killing of JonBenét: The Truth Uncovered JonBenét Ramsey murder investigation.	Bones The death of a truck company employee.	Bones Feuding families are linked to a corpse.	Bones Brennan and Booth go to Los Angeles.	Motive "Reversal of Fortune" Vega hears from the doctor.	Criminal Minds					
BRAVO	620	523	The Listener The team must prove Michelle was set up.	Motive "Reversal of Fortune" Vega hears from the doctor.	Bones The death of a truck company employee.	Bones Feuding families are linked to a corpse.	Bones Brennan and Booth go to Los Angeles.	Motive "Reversal of Fortune" Vega hears from the doctor.	Criminal Minds						
CNN	500	500	The Situation Room (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360						
DISC	520	505	How It's Made	How It's Made	Daily Planet (N) (DVS)	Homestead Rescue "Bearna-na" (N)	Highway Thru Hell "Suicide Creek" (DVS)	Mayday U.S. Air Force 737 crashes in Croatia.	Mayday Examining a 1996 plane collision.	Highway Thru Hell					
HIST	522	506	Canadian Pickers Scott pays big for a mechanical rooster.	Pawn Stars	Pawn Stars "RC/DC"	Pawn Stars	Pawn Stars	American Pickers "A Few Good Junk Men"	Forged in Fire The Japanese Katana.	Forged in Fire The finalists make the Roman Gladius.					
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	Les grands reportages (N) (SC)	Le Téléjournal (N) (SC)	RDI économie	Le National (N) (SC)	24/60 (SC)	Les grands reportages				
SHOW	616	521	"Carny" (2009, Horror) Lou Diamond Phillips. A devilish creature escapes from a carnival to wreak havoc.	** "Malibu Shark Attack" (2009, Suspense) Peta Wilson. An earthquake unleashes huge, prehistoric sharks.	*** "Pacific Rim" (2013, Science Fiction) Charlie Hunnam, Diego Klattenhoff. Humans pilot giant robots to fight monstrous creatures.										
SLICE	601	562	"Client Seduction" (2014) Ally Sheedy, Rhys Ward. An attorney learns that her client seduced her daughter.	Mom	Mom	Style Factory (N)	Style Factory (N) (DVS)	Come Dine Canada	Come Dine Canada	Intervention Canada Holley abuses alcohol and cocaine.	Style Factory (N) (DVS)				
SPIKE	628	584	Cops	Cops	Cops	Cops	Cops "Coast to Coast"	Cops In Palm Beach, Fla.	Bellator Kickboxing Budapest, Hungary. (Taped)	Kieholtz takes on Lantos from	Cops	Cops "Roadside Crimes"	Cops "Indianapolis"		
TLC	521	560	Say Yes to the Dress	Say Yes to the Dress	Dateline on TLC A car salesman is found shot to death.	Dateline on TLC "One Spring Night" (N)	(:01) Dateline on TLC "Deadly Devotion" (N)	(:02) Dateline on TLC "The House on Badger Lane" (N)	(:04) Dateline on TLC "Deadly Devotion" (N)	(12:05) Dateline on TLC					
TSN	400	400	SportsCentre (N) (Live)	CFL Football Toronto Argonauts at Ottawa Redblacks. Toronto visits Ottawa to take on the Redblacks in a Week 14 battle.	CFL Football BC Lions at Edmonton Eskimos. The Lions visit Edmonton to battle the Eskimos in a Week 14 showdown.										
YOUTH	551	542	Nicky, Ricky	Assembly	Thundermans	Thundermans	*** "The Goonies" (1985, Adventure) Sean Astin, Josh Brolin.	Assembly	Goosebumps	Goosebumps	The Goonies				

Your week on TV

SATURDAY DAYTIME														SEPTEMBER 24, 2016					
Bell	Star	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30		
WCAX	3	-	-	CBS This Morning: Saturday (N) (LIVE)			Lucky Dog "Atlas"	Dr. Chris: Pet Vet	Innovation Nation	The Inspectors	Paid Program	Paid Program	Pawn Stars	Pets.TV (E) (LIVE)	Whacked Out Sports	Hometime	College Football	College Football	
WPTZ	5	-	-	Teen Kids News (N)	Hanna Into the Wild	The Chica Show (E)	Noodle/Doodle	Terrific Trucks	The Floogals	Nina's World (E)	Ruff-Ruff, Tweet and	2016 TOUR Championship Third Round. Third round action from the TOUR Championship. From East Lake Golf Club in Atlanta. (N) (LIVE)			College Football	College Football			
CBMT	6	206	301	Super Why! (N) (LIVE)	Arthur (N)	Snapshots (N) (LIVE)	Cat in the Hat	Daniel Tiger	Arthur (N)	Super Why! (N) (LIVE)	Daniel Tiger	Our Montreal (LIVE)	Absolutely Canadian "Okpik's Dream" (N)	Doc Zone Gossiping may be a good thing.	The Nature of Things (N) (DVS)				
CHLT	7	107	718	(6:00) Salut bonjour week-end (N) (SC)			Deux filles le matin Jean-François Mercier.		Propulsion (N) (SC)	Les looney tunes (N)	TVA nouvelles (N)	Ma liste à moi (N)	Chacun sa route (N)	Infopublicité (SC)	:(15) *** "La ligne verte" (1999, Drame) Tom Hanks, David Morse. (DVS) (SC)				
WMTW	8	-	-	Good Morning America (N) (LIVE)	Jack Hanna	Ocean Mysteries	Sea Rescue (E)	The Wildlife Docs	Rock the Park	Born to Explore	College Football Florida State at South Florida. (N) (LIVE)			College Football	College Football				
CKSH	9	108	-	Super 4 (SC)	Annedroïdes	es de fantômes	Code Max (SC)	Chas'rs de monstres	Estrie	Ricardo (SC)	L'épicerie (SC)	Telejournal	La facture (SC)	Enquête (SC)	Remue-ménage (SC)	Hercule Poirot (N) (SC)			
CKMI	11	-	-	Fish'n Canada	Real Fishing	Advent. North	Fishful Thinking	Til Debt Do Us Part	Paid Program	Powerboat Television	Driving Television	2016 TOUR Championship Third Round. Third round action from the TOUR Championship. From East Lake Golf Club in Atlanta. (N) (LIVE)			Restoration				
CFCF	12	205	312	Your Morning Weekend (N) (LIVE)	It Is Written (LIVE)	Celebrity Style Story	Operation Smile (N) (LIVE)	It Is Written (LIVE)	etalk (N) (LIVE)	SportsCentre (N) (LIVE)	Celebrity Style Story	Celebrity Style Story	Canada's Worst Driver (N) (LIVE)	The Disruptors (N) (LIVE)	Moneytalk (N) (LIVE)				
WVNY	22	-	-	Good Morning America (N) (LIVE)	Jack Hanna	Ocean Mysteries	Sea Rescue (E)	The Wildlife Docs	Rock the Park	Born to Explore	College Football Florida State at South Florida. (N) (LIVE)			College Football	College Football				
WUTV	30	-	-	Wall Street Secrets	Body Beast	Wall Street Secrets	Cooking Made	Paid Program	Copper Chef	LifeLock Protection	Paid Program	Raw Travel (N)	MLB Pre-game	MLB Baseball St. Louis Cardinals at Chicago Cubs. (N) (LIVE)					
CFKS	31	106	726	Aubaines & cie (Season Premiere) (N)	Trucs & cie (Season Premiere) (N)	RPM	RPM Plus	Martin Horik	Infopublicité	Trouve-moi ça!	Taxi payant	** "Tequila Sunrise" (1988, Policier) Mel Gibson, Michelle Pfeiffer, Kurt Russell.							
WUHF	-	-	363	Xploration Space	Awesome Planet	Weird but True	Xploration DIY Sci (N)	Paid Program	Copper Chef	LifeLock Protection	Paid Program	Paid Program	MLB Pre-game	MLB Baseball St. Louis Cardinals at Chicago Cubs. (N) (LIVE)					
WETK	-	-	-	Curious George	Nature Cat (LIVE)	Outdoor Journal	MotorWeek (N)	Food Forward (N)	A Chef's Life (LIVE)	Cooking School	Mexican Table	Test Kitchen	Cook's Country	This Old House (N)	This Old House (N)	Ask This Old House	Woodsmith	Food Forward (N)	Antiques Roadshow
WCFE	-	-	-	Curious George (N)	Nature Cat (LIVE)	Ready Jet Go! (E)	Wild Kratts (LIVE)	Greener World	Roadside Advent.	This Old House (N)	Ask This Old House	Mexico/Bayless	Cooking School	Martha Bakes (N)	Lidia's Kitchen (N)	Ellie's Real	Cook's Country	Test Kitchen	Steven Raichlen's
A&E	615	520	-	Flipping Vegas "Old Folks Home" (N) (LIVE)	Zombie House Flipping (N) (LIVE)	Zombie House Flipping "Double Down"	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)	Storage Wars (N)
BRAVO	620	523	-	Missing Nicole investigate arms-dealer. (N)	Flashpoint "Follow the Leader" (N) (LIVE)	Queen of the South (N) (DVS)	*** "Miracle" (2004, Drama) Kurt Russell, Patricia Clarkson. The U.S. Olympic hockey team beats the Soviet team. (N) (LIVE)	Criminal Minds "Devil's Backbone" (N) (LIVE)	Bones "The Warrior in the Wuss" (N) (LIVE)										
CNN	500	500	-	New Day Saturday (N)	Smerconish (N) (LIVE)	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
DISC	520	505	-	Homestead Rescue "Bearanoia" (LIVE)	Highway Thru Hell "Suicide Creek"	Jade Fever	Jade Fever	Mayday U.S. Air Force 737 crashes in Croatia.	Homestead Rescue "Bearanoia" (LIVE)	Mayday Examining a 1996 plane collision.	Mayday U.S. Air Force 737 crashes in Croatia.	Railroad Alaska "The Big Freeze" (LIVE)							
HIST	522	506	-	More Hair	Paid Program (N)	Paid Program (N)	Paid Program (N)	Ice Road Truckers "Breakdown" (LIVE)	Ice Road Truckers "Trial by Ice" (N) (LIVE)	Gangland Undercover "The Vagos biker gang."	Gangland Undercover "A Tough Prospect"	Gangland Undercover "Patched In" (N) (LIVE)	Gangland Undercover "Dangerous Game" (N) (LIVE)						
RDI	126	730	-	(5:30) RDI matin weekend (N) (SC)	RDI en direct (N)	Isabelle Richer (N)	Teletjournal	Le National	RDI en direct (N)	RDI en direct (N)	RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)	RDI en direct (N)	RDI en direct (SC)
SHOW	616	521	-	Paid Program (N)	Paid Program (N)	Paid Program (N)	Paid Program (N)	*** "Pacific Rim" (2013) Humans pilot giant robots to fight monstrous creatures. (N) (LIVE)	Charlie Hunnam, Diego Klattenhoff, Idris Elba.	** "Planet of the Apes" (2001) Mark Wahlberg. An astronaut leads a human uprising against ruling simians. (N) (LIVE)	** "Planet of the Apes" (2001) Mark Wahlberg. An astronaut leads a human uprising against ruling simians. (N) (LIVE)	Rise of Apes" (N) (LIVE)							
SLICE	601	562	-	Paid Program (N)	Paid Program (N)	Paid Program (N)	Paid Program (N)	"Client Seduction" (2014, Suspense) Ally Sheedy, Rhys Ward, Annie Clark. (N) (LIVE)	Money Moron (N)	Money Moron (N)	*** "Twister" (1996, Action) Helen Hunt. Storm chasers race to test a new tornado-monitoring device. (N) (LIVE)	"Night-Museum" (N) (LIVE)							
SPIKE	628	584	-	Copper Chef (N)	Paid Program (N)	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	Auction Hunters	*** "The Rock" (1996, Action) Sean Connery, Nicolas Cage, Ed Harris. Alcatraz Island terrorists threaten to gas San Francisco. (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)					
TLC	521	560	-	Makeup!	Paid Program (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	Cake Boss (N)	My Big Fat American Gypsy Wedding (N) (LIVE)		
TSN	400	400	-	SportsCentre (LIVE)	SportsCentre (LIVE)	Soccer Pre.	English Premier League Soccer AFC Bournemouth vs Everton FC. (N) (LIVE)	Soccer Pre.	English Premier League Soccer Arsenal FC vs Chelsea FC. (N) (LIVE)	Soccer Pre.	English Premier League Soccer Arsenal FC vs Chelsea FC. (N) (LIVE)	Europa Magazine Show (LIVE)	Score Golf TV						
YOUTH	551	542	-	Sponge.	Parents	Parents	Loud	Sponge.	Penguins	Kung Fu	Turtles	** "Shark Tale" (2004) Voices of Will Smith.	Max	Henry	Game	School			

SATURDAY EVENING														SEPTEMBER 24, 2016				
Bell	Star	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX	3	-	-	(3:30) College Football Florida at Tennessee. (N) (LIVE)			Channel 3 News	Hometime	NCIS: Los Angeles "Citadel" (N)	NCIS: New Orleans (N) (DVS)	48 Hours (Season Premiere) (N) (LIVE)	Channel 3 News	Person of Interest "Blue Code" (LIVE)					
WPTZ	5	-	-	(3:30) College Football Duke at Notre Dame. From Notre Dame Stadium in South Bend, Ind. (N) (LIVE)			Jeopardy! (N) (LIVE)	Wheel of Fortune	The Voice "The Blind Auditions Premiere" Hopeful vocalists perform. (N) (LIVE)	This Is Us "Pilot" (N) (LIVE)	NBC5 News	(:29) Saturday Night Live (N) (LIVE)						
CBMT	6	206	301	On the Money With Peter Armstrong (N)	Dragons' Den (N) (LIVE)	Montreal News	2016 World Cup of Hockey First Semifinal: Teams TBA. From Air Canada Centre in Toronto. (N) (LIVE)	*** "The Bourne Ultimatum" (2007, Action) Matt Damon, Julia Stiles, Joan Allen. (N) (LIVE)										
CHLT	7	107	718	(2:15) *** "La ligne verte" (1999, Drame) Tom Hanks, David Morse. (DVS) (SC)	TVA nouvelles (N)	** "L'oubli" (2013) Tom Cruise, Morgan Freeman. Début. La Terre est dévastée par des extraterrestres. (SC)	** "Quitte ou double" (2013, Action) Denzel Washington, Mark Wahlberg. (SC)	(:15) TVA nouvelles	(:45) ** "Dredd" (2012) Karl Urban.									
WMTW	8	-	-	(3:30) College Football Penn State at Michigan. Penn State (2-1) opens its Big Ten schedule with a trip to No. 4 Michigan (3-0). (N)	Wheel of Fortune	Jeopardy! (N) (LIVE)	College Football Stanford at UCLA. No. 7 Stanford shoots for an L.A. sweep when the Cardinal meet UCLA one week after beating USC. (N) (LIVE)	WMTW News 8	Rizzoli & Isles (N) (LIVE)									
CKSH	9	108	-	(3:00) Hercule Poirot (N) (SC)	La semaine verte (N) (SC)	TJ Estrie	La petite vie (SC)	En direct de l'univers (N) (SC)	Qui êtes-vous? Les origines de Kim Thuy.	Monsieur Selfridge "Les soeurs Dolly"	Le Télé-journal	Le grand rire de...	Dre Grey, leçons d'anatomie (N) (SC)	"Amour-Turb." (N) (LIVE)				
CKMI	11	-	-	Restoration	Continuum "A Stitch in Time"	Focus Montreal	Global News at 6	Global National	Border Security	Border Security	NCIS: Los Angeles "Citadel" (N)	NCIS: New Orleans (N) (DVS)	Rookie Blue "All by Her Selfie" (N) (LIVE)	Global News	(:29) Saturday Night Live (N) (LIVE)			
CFCF	12	205	312	The Marilyn Denis Show (N) (LIVE)	The Social (N) (LIVE)	etalk (N) (LIVE)	CTV News Montreal (N) (LIVE)	W5 50th Anniversary Special (N) (LIVE)	Big Bang Theory	The Odd Couple (N)	Mike & Molly (N)	Anger	Saving Hope "Beasts of Burden" (N) (LIVE)	News-Rinaldo	CTV News Montreal	Key & Peele (N) (LIVE)		
WVNY	22	-	-	(3:30) College Football Penn State at Michigan. Penn State (2-1) opens its Big Ten schedule with a trip to No. 4 Michigan (3-0). (N)	Local 22 News (N)	Inside Edition	College Football Oklahoma State at Baylor. From McLane Stadium in Waco, Texas.	Hell's Kitchen (N) (LIVE)	Wealth									
CFKS	31	106	726	"Tequila Sunrise"	** "Eurotrip" (2004, Comédie) Scott Mechlowicz, Michelle Trachtenberg, Jacob Pitts.	** "Les âmes vagabondes" (2013) Saoirse Ronan, Jake Abel. La plupart des humains sont devenus des hôtes.	** "Le Vrai Courage" (2010, Western) Jeff Bridges, Matt Damon, Josh Brolin.	Un gars le soir	(:45) Vidéo-clips	Appelez & gagnez								
WUHF	-	-	363	Paid Program	Modern Family (N)	Big Bang Theory	Big Bang Theory	Big Bang Theory	Johnny Cash	Col. Pre-game	College Football Oklahoma State at Baylor. From McLane Stadium in Waco, Texas.	WHAM News	Hell's Kitchen (N) (LIVE)					
WETK	-	-	-	Antiques Roadshow	Mineral Explorers	Charlie Rose	NewsHour Wk	Father Brown "The Hangman's Demise"	As Time Goes By	To Manor Born	(7:59) Yes, Minister	(:31) De-tectorists	(:02) Miss Fisher's Murder Mysteries (N)	Scott & Bailey (N) (LIVE)	Austin City Limits (N) (LIVE)	Sound-stage (N) (LIVE)		
WCFE	-	-	-	Antiques Roadshow "Knoxville" (LIVE)	Globe Trekker "Building England II" (N)	R. Steves' NewsHour Europe	NewsHour Wk	Mountain Lake	New York Now	New Tricks Murderer case is reopened. (N)	Death in Paradise (N) (LIVE)	Whitechapel (N) (Part 3 of 3) (LIVE)	Underground	Austin City Limits (N) (LIVE)				
A&E	615	520	-	The First 48 (N) (LIVE)	The First 48 "Birthday Girl" (N) (LIVE)	The First 48 "Abandoned by the Bayou"	The First 48 (N) (LIVE)	The First 48: Killer Confessions (N)	The First 48: Extreme Kills "Shattered" (N)	The First 48: Extreme Kills "Underworld"	(:03) The First 48: Revenge Kills (N) (LIVE)	The First 48						
BRAVO	620	523	-	Bones "The Family in the Feud" (N) (LIVE)	Bones "The Suit on the Set" (N) (LIVE)	Flashpoint "Follow the Leader" (N) (LIVE)	Missing Nicole investigate arms-dealer. (N)	Criminal Minds "Devil's Backbone" (N) (LIVE)	Law & Order: Special Victims Unit (N) (LIVE)	Designated Survivor "Pilot" (N) (LIVE)	*** "Miracle" (2004) Kurt Russell, Patricia Clarkson. (N) (LIVE)	Anthony						
CNN	500	500	-	CNN Newsroom	CNN Newsroom	Smerconish	CNN Newsroom	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.	Anthony Bourd.						
DISC	520	505	-	Homestead Rescue "Bearanoia" (LIVE)	Highway Thru Hell "Suicide Creek"	How It's Made	How It's Made	How It's Made	How It's Made	Sacred Steel Bikes (LIVE)	Fast N' Loud "Pantera's Labyrinth" (N)	Misfit Garage "Booze in the Hood" (LIVE)	How-Made	How-Made	Fast N' Loud (N) (LIVE)			
HIST	522	506	-	Gangland Undercover "Solitary" (N) (LIVE)	Gangland Undercover "Endgame" (N) (LIVE)	Ice Road Truckers "Breakdown" (LIVE)	Ice Road Truckers "Trial by Ice" (N) (LIVE)	American Pickers (N) (LIVE)	The Rise and Fall of El Chapo A drug kingpin rises from obscurity. (N) (LIVE)	Mountain Men "Man vs. Rise and Fall" (N) (LIVE)								
RDI	126	730	-	RDI en direct (N)	L'épicerie (N) (SC)	Le Télé-journal	Journal France 2 (SC)	La semaine verte (N) (SC)	RDI en direct (N)	RDI en direct (SC)	Visite Royale au Canada (N) (SC)	Le Télé-journal	Les grands reportages (N) (SC)	La facture (N) (SC)	Le Télé-journal	Le National	Le Télé-journal	
SHOW	616	521	-	(3:30) *** "Rise of the Planet of the Apes" (2011) (N) (LIVE)	** "Rise of the Planet of the Apes" (2001) Mark Wahlberg. An astronaut leads a human uprising against ruling simians.	** "Olympus Has Fallen" (2013, Action) Gerard Butler. A disgraced agent must rescue the president. (N) (LIVE)	** "Rise of the Planet of the Apes" (2011) James Franco, Freida Pinto. (N) (LIVE)											
SLICE	601	562	-	(3:30) *** "Night at the Museum" (2006, Comedy) Ben Stiller, Carla Gugino. (N) (LIVE)	Property Virgins (N)	Property Virgins (N)	Come Dine	Come Dine	Style Factory (N)	Style Factory (N)	** "Tower Heist" (2011, Comedy) Ben Stiller, Eddie Murphy. Premiere. (N) (LIVE)	** "Night at the Museum" (2006) Ben Stiller. (N) (LIVE)						
SPIKE	628	584	-	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	Jail: Las Vegas (N)	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	Jail: Big Texas (N)	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	Cops (N) (LIVE)	"The Dark Knight" (N) (LIVE)
TLC	521	560	-	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	My Big Fat American Gypsy Wedding (N)	Gypsy Wedding	
TSN	400	400	-	CFL Football Winnipeg Blue Bombers at Calgary Stampeders. (N) (LIVE)	MLS Soccer Colorado Rapids at Vancouver Whitecaps FC. (N) (LIVE)	SportsCentre (LIVE)	CFL Football Hamilton Tiger-Cats at Saskatchewan Roughriders. (N) (LIVE)											
YOUTH	551	542	-	Sponge.	Sponge.	Sponge.	Sponge.	Tricked	Driving	Funny Home Videos	*** "Super 8" (2011) Kyle Chandler. (N) (LIVE)	Assembly	Goose	Goose	Super 8			

Not so fast on full custody, experts say of Jolie's demand

By Anthony McCartney
THE ASSOCIATED PRESS

In the global hubbub over the Brangelina divorce, Angelina Jolie Pitt's demand for sole physical custody of her six children with Brad Pitt has attracted its share of the attention. Yet experts say Jolie Pitt won't have the final say, and that Pitt and the couple's eldest son, Maddox, may even have a voice in custody arrangements.

Stacy Phillips, a veteran divorce attorney, called Jolie Pitt's request for sole physical custody a "wish list," one that could change as the divorce progresses. Phillips, like many, saw the request as a message to Pitt, although what the actress is trying to convey won't be known for some time, if ever.

Pitt has yet to file his legal response to Jolie Pitt's divorce petition, but each actor released statements Tuesday indicating their children were the priority. The pair has six children, ranging in ages from eight-year-old twins Knox and Vivienne to 15-year-old Maddox.

"It's not uncommon that a person would seek sole physical custody in their initial filing," said divorce lawyer Lori Howe. "That doesn't mean it is what they will end up seeking if they resolve the case through settlement or in a courtroom. ... She very well could change her mind as well. And there's nothing to stop her from doing that, despite having checked those boxes on her petition."

California law favours joint custody of children, and judges can generally consider the opinion of children who are 14 years or older about which parent they want to live with.

Divorce lawyers, however, say the couple can avoid placing their children in the middle of a divorce if they work out an agreement in private.

"The parents should be parents, as opposed to letting the children be the parents," said Phillips, an attorney in the Los Angeles office of Blank Rome LLP. "They didn't ask for this. They need to be kept as children."

Attorney Steven Mindel said in some instances, a judge may want to know the opinion of children younger than 14-years-old, but in general, courts encour-

age parents to work out the custody arrangements without protracted legal fights.

"You generally don't want a child testifying against a parent," Mindel said. "It's emotionally draining on the child."

Testimony doesn't have to be in a courtroom. It can be solicited by an attorney appointed to represent the child's interests, or can be done in a judge's chambers, if necessary, Mindel said.

If the actors get into a public custody fight, a judge might appoint an attorney for each of the Jolie-Pitt family's children. "If you do it strictly by the book, each child should have separate representation," said Maya Shulman, a divorce attorney who specializes in resolving difficult custody cases.

In most instances, Phillips, Shulman and Mindel said, parents will work out the arrangements behind the scenes. Pitt Jolie and Pitt have an incentive to do that, the lawyers said, because of their celebrity status.

Previous Hollywood breakups provide some insight into how quiet, and how ugly, custody fights can become.

Mel Gibson's divorce from his wife Robyn was quiet, with very few court hearings and very little attention after the actor's wife filed for divorce in April 2009. The pair has seven children, although only one was a minor when they divorced. It took nearly two-and-a-half years — with Gibson's very public custody fight with ex-girlfriend Oksana Grigorieva playing out in the middle of it — for the Gibsons to finalize their divorce.

Similarly, Maria Shriver's divorce from Arnold Schwarzenegger has remained out of the public eye for years. After an initial flurry of filings in July 2011, no public hearings or documents have been filed in the case. Their youngest child turns 19 next week.

Attorney Laura Wasser, who filed Jolie Pitt's divorce on Monday, also represented Robyn Gibson and Shriver.

Couples can opt to pay a private judge to handle their cases, although the same rules apply and a public divorce judgment will be filed at the end of it, Shulman said. The level of detail



AP PHOTO/CHRIS PIZZELLO, FILE

In this June 5, 2007 file photo, Angelina Jolie and Brad Pitt arrive at the premiere of "Ocean's Thirteen" in Los Angeles, Calif. Angelina Jolie Pitt has filed for divorce from Brad Pitt, bringing an end to one of the world's most star-studded, tabloid-generating romances.

varies widely, with some judgments offering no details on how custody or assets are being split.

The judgment in Gwyneth Paltrow's divorce from Coldplay frontman Chris Martin, for instance, spans seven pages. Melanie Griffith and Antonio Banderas' divorce judgment, in which they split a variety of business interests but no custody issues, is 57 pages long.

All the lawyers interviewed said they

hope Pitt and Jolie Pitt will avoid a public fight, and keep their divorce as private as possible.

"It just seems unlikely that they would drag themselves and their children through the public court system," Mindel said. "There just couldn't be any benefit to them or their children to do that."

AP Entertainment Writer Ryan Pearson contributed to this report.

Parsons, fellow 'Big Bang' actors top Forbes' best paid list

The Canadian Press

"The Big Bang Theory" does a bang-up job of making its stars rich.

The CBS comedy claims TV's four best-paid actors, according to the annual list released Thursday by Forbes.

Jim Parsons led with a \$25.5 million take between June 2015 and this June, Forbes said, followed by cast-mates Johnny Galecki (\$24 million), Simon Helberg (\$22.5 million) and Kunal Nayyar (\$22 million).

In fifth place: Mark Harmon, star of CBS' drama "NCIS," was paid \$20 million (as with all these actors, before management fees and taxes).

Forbes' list of TV actresses, released last week, reaffirms the generous salaries for "Big Bang" stars: Leading lady, Kaley Cuoco placed second on that list, with \$24.5 million.



Sofia Vergara

In that top spot: ABC's "Modern Family" bombshell Sofia Vergara, with \$43 million.

37TH TOWNSHIPPEERS' DAY

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Your week on TV

MONDAY EVENING SEPTEMBER 26, 2016

Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	The Big Bang Theory (N) (L)	(:31) Kevin Can Wait (N)	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)				Channel 3 News	(:35) The Late Show With Stephen Colbert (N) (L)		
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (L)	Wheel of Fortune (N) (L)	The Voice The blind auditions continue. (N) (L)		Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)				NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (L)		
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Hello Good-bye (N)	Coronation Street (N) (L)	Murdoch Mysteries "Wild Child" (N) (DVS)	Undercover Maya has one more chance to save Rudy.		The National (N) (L)		CBC Montreal News (N)	Coronation Street (L)	Rick Mercer Report (L)	
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Bloopers TVA XXVIII (SC)	Boomerang (N) (SC)	L'échappée "Une fois par jour" (N) (SC)	L'imposteur (N) (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Deux filles le matin (SC)		
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (L)	Jeopardy! (N) (L)	Dancing With the Stars (N) (L)	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)				WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (L)		
CKSH 9	108	-	Le Téléjournal/Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	Mes petits malheurs (N)	L'auberge du chien noir Olivier veut voir un hypnotiseur.	Feux Marc est amoureux. (N) (SC)		Le Téléjournal (N) (SC)		Marina Orsini (SC)			
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N) (L)	ET Canada	Entertainment Tonight (N)	The Carmichael Show	(:31) Kevin Can Wait (N)		Hotel Hell An inn owner hoards personal items. (N)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N) (L)		
CFCF 12	205	312	CTV News Montreal (N) (L)	etalk (N) (L)	The Big Bang Theory (N) (L)	Gotham Fish Mooney searches for Hugo Strange.		Lucifer (L)		Bosch Bosch's job is in jeopardy. (L)		News-Lisa	CTV News Montreal (N)	The Daily Show	
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (L)	Dancing With the Stars (N) (L)	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)				Local 22 News (N)	(:35) Jimmy Kimmel Live (L)		
WUTV 30	-	-	The Big Bang Theory (L)	Judge Judy (N) (L)	Judge Judy (N) (L)	Family Feud (N) (L)	Gotham Fish Mooney searches for Hugo Strange.	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)		Seinfeld "The Chaperone"		Two and a Half Men (L)	Two and a Half Men (L)	Last Man Standing (L)	
CFKS 31	106	726	Coup de foudre (N)	Souper parfait	Ces gars-là	Les détestables	Permis de chanter (N)	Les recettes pompettes		Tu m'aimes, tu mens (N)	En mode Salvail (N)	(10:50) Espace découvertes	Appellez & gagnez		
WUHF	-	363	Modern Family (L)	Modern Family (L)	The Big Bang Theory (L)	The Big Bang Theory (L)	Gotham Fish Mooney searches for Hugo Strange.	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)		13WHAM News at 10 on Fox Rochester (N) (L)		2 Broke Girls (L)	Paid Program (L)		
WETK	-	-	PBS NewsHour (N) (L)	National Parks: Beyond the Crowds (L)	Antiques Roadshow Campaign buttons; court affidavit.	Antiques Roadshow Campaign buttons; court affidavit.	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)					Nightly Business Report	Charlie Rose (N) (L)		
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (L)	Antiques Roadshow Campaign buttons; court affidavit.	Antiques Roadshow Campaign buttons; court affidavit.	Presidential Debate Hofstra University in Hempstead, N.Y. (N) (L)				BBC World News (L)	Charlie Rose (N) (L)		
A&E	615	520	The First 48 Murdered grandfather, drive-by victim. (L)	The First 48 A Miami man is shot on a city sidewalk. (L)	The First 48 A Miami man is shot on a city sidewalk. (L)	The First 48 An Atlanta woman is strangled. (L)	60 Days In (N) (L)	The First 48		The First 48 Woman killed with knife; patriarch shot. (L)		(:03) The First 48 "Dead Wrong" (L)	(12:03) The First 48 (L)		
BRAVO	620	523	The Listener High-tech thefts in Vancouver. (DVS)	Motive Gavin calls on the detectives for help. (L)	Motive Gavin calls on the detectives for help. (L)	Blue Bloods Danny and Baez investigate a kidnapping. (L)	"Lost Letter Mysteries: One in a Million" (2016, Comedy-Drama) Eric Mabius, Kristin Booth, Crystal Lowe. (L)					Motive Gavin calls on the detectives for help. (L)	Criminal Minds (L)		
CNN	500	500	The Situation Room (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	Presidential Debate (N) (L)			Debate Night in America (N) (L)					
DISC	520	505	How It's Made (L)	How It's Made (L)	Daily Planet (N) (DVS)	How It's Made (L)	How It's Made (L)	Bering Sea Gold A flu hits the dredgers. (N) (L)		Bering Sea Gold Teams take on big risks. (N) (L)		How It's Made (L)	How It's Made (L)	Bering Sea Gold (L)	
HIST	522	506	Ice Road Truckers "Trial by Ice" (L)	Forged in Fire Four smiths use steel from power tools.	Forged in Fire Four smiths use steel from power tools.	Mountain Men "Fallout" Morgan searches for food. (L)	Counting Cars (N) (L)	Counting Cars (N) (L)		Gangland Undercover "Nowhere Man" (N) (L)		Natural Born Outlaws Bootlegging kingpin Al Capone.	Counting Cars (L)		
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	Élection présidentielle américaine 2016 (1er débat Clinton - Trump) Le premier débat entre les deux candidats. (N) (SC)						RDI en direct (N) (SC)	RDI en direct (SC)	Élection présidentielle	
SHOW	616	521	Rookie Blue A shooter blinds-sides Andy and Chloe. (L)	"Reluctant Witness" (2014) Mia Kirshner. A woman suspects that a man from her past wants revenge. (L)	"Reluctant Witness" (2014) Mia Kirshner. A woman suspects that a man from her past wants revenge. (L)	Scorpion Three convicts escape from prison. (L)				Scorpion A musician helps with an investigation. (L)		NCIS Grooming a Marine to be a supersoldier. (L)	NCIS: Los Angeles (L)		
SLICE	601	562	"12 Hours to Live" (2006, Suspense) Lone Skye. A deranged gunman kidnaps a diabetic teenager. (L) (DVS)	Mom (L)	Mom (L)	The Real Housewives of Orange County (N) (L)				Tori & Dean: Cabin Fever		Intervention Canada "Allisha" (L)	Housewives/OC		
SPIKE	628	584	Cops "Indiana-napolis" (L)	Cops "Palm Beach" (L)	Cops Car chase	Cops "Virginia Beach" (L)	Cops "Arizona" (L)	Cops "Party in a Box" (L)		Cops "Texas" (L)	Cops (L)	Cops "Fight and Flight" (L)	Cops (L)	Jail: Las Vegas (L)	Jail (L)
TLC	521	560	Say Yes to the Dress (L)	Say Yes to the Dress (L)	Too Close to Home Shelby unknowingly finds danger. (L)	Too Close to Home "Have You Heard?" (L)	Too Close to Home Anna introduces Victor to Alabama.	Too Close to Home Anna introduces Victor to Alabama.		Too Close to Home "Hard Feelings" (L)		Too Close to Home Shelby unknowingly finds danger. (L)	Too Close to Home (L)	Too Close to Home (L)	
TSN	400	400	Monday Night Countdown (N) (L)	(:15) NFL Football Atlanta Falcons at New Orleans Saints. Matt Ryan and the Falcons visit Drew Brees and the Saints in a battle of NFC South foes. (N Subject to Blackout) (L)	(:15) NFL Football Atlanta Falcons at New Orleans Saints. Matt Ryan and the Falcons visit Drew Brees and the Saints in a battle of NFC South foes. (N Subject to Blackout) (L)							SportsCentre (N) (L)	SportsCentre (N) (L)		
YOUTH	551	542	Nicky, Ricky	Assembly	Ride (N) (L)	Tricked (N)	Funniest Home Videos	Wipeout (L)		Max & Shred	Assembly	Goosebumps	Goosebumps	Funny Videos	

TUESDAY EVENING SEPTEMBER 27, 2016

Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
WCAX 3	-	Channel 3 News at Six (N)		CBS Evening News/Pelley	Entertainment Tonight (N)	NCIS "Being Bad" A murder probe uncovers a theft ring.		Bull A female pilot is accused of negligence. (N) (L)		NCIS: New Orleans "Suspicious Minds" (N) (L)		Channel 3 News	(:35) The Late Show With Stephen Colbert (L)	
WPTZ 5	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (L)	Wheel of Fortune (N) (L)	The Voice "The Blind Auditions, Part 4" The blind auditions		This Is Us Kate struggles to lose weight. (N) (L)				NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (L)	
CBMT 6	206	301	CBC Montreal News (N)	On the Money	Coronation Street (N) (L)	2016 World Cup of Hockey Final, Game 1: Teams TBA. From Air Canada Centre in Toronto. (N) (L)				The National (N) (L)		Coronation Street (L)		
CHLT 7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	J.E. (N) (SC)	Histoires en cour (N)	Sans limites "Affronter ses démons" (N) (SC)	O' Sur les lieux, Samuel est pris d'un malaise. (N) (SC)		TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)		(:35) Deux filles le matin (SC)	
WMTW 8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (L)	Jeopardy! (N) (L)	Dancing With the Stars "The Results" (N) (L)			Marvel's Agents of S.H.I.E.L.D. (N) (L)		WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (L)	
CKSH 9	108	-	Le Téléjournal/Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	La facture (N) (SC)	Unité 9 Caroline veut quitter Lietteville. (N) (DVS) (SC)	Mémoires vives Le procès de Christian reprend. (N)		Le Téléjournal (N) (SC)		Marina Orsini (SC)		
CKMI 11	-	-	(5:30) Global News at 5:30	Global National (N) (L)	ET Canada	Entertainment Tonight (N)	NCIS "Being Bad" A murder probe uncovers a theft ring.	Bull A female pilot is accused of negligence. (N) (L)		NCIS: New Orleans "Suspicious Minds" (N) (L)		Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (L)	
CFCF 12	205	312	CTV News Montreal (N) (L)	etalk (N) (L)	The Big Bang Theory (L)	Marvel's Agents of S.H.I.E.L.D. (N) (L)	Law & Order: Special Victims Unit "Making a Rapist" (N)	This Is Us Kate struggles to lose weight. (N) (L)				News-Lisa	CTV News Montreal (N)	The Daily Show
WVNY 22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (L)	Dancing With the Stars "The Results" (N) (L)	Marvel's Agents of S.H.I.E.L.D. (N) (L)				Local 22 News (N)	(:35) Jimmy Kimmel Live (L)	
WUTV 30	-	-	The Big Bang Theory (L)	Judge Judy (N) (L)	Judge Judy (N) (L)	Family Feud (N) (L)	Brooklyn Nine-Nine (N)	(:31) New Girl (N) (L)	(:01) Scream Queens "Warts and All" (N) (DVS)	2 on Your Side Seinfeld "The Big Salad" (L)		Two and a Half Men (L)	Two and a Half Men (L)	Last Man Standing (L)
CFKS 31	106	726	Coup de foudre (N)	Souper parfait	Taxi payant (N)	Ambulances animales (N)	"Coup de foudre par erreur" (2016) Lexi Giovagnoli. Clarissa retourne chez elle pour assister à un mariage.			En mode Salvail (N)		(10:50) Espace découvertes	Appellez & gagnez	
WUHF	-	363	Modern Family (L)	Modern Family (L)	The Big Bang Theory (L)	The Big Bang Theory (L)	Brooklyn Nine-Nine (N)	(:31) New Girl (N) (L)	(:01) Scream Queens "Warts and All" (N) (DVS)	13WHAM News at 10 on Fox Rochester (N) (L)		The Canandaigua Show	2 Broke Girls (L)	Paid Program (L)
WETK	-	-	PBS NewsHour (N) (L)	Greener World	Outdoor Journal	The Contenders -- 16 for '16 (N) (L)	Frontline "The Choice 2016" (Season Premiere) Hillary Clinton and Donald Trump. (N) (L)					Nightly Business Report	Charlie Rose (N) (L)	
WCFE	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (L)	The Contenders -- 16 for '16 (N) (L)	Frontline "The Choice 2016" (Season Premiere) Hillary Clinton and Donald Trump. (N) (L)					BBC World News (L)	Charlie Rose (N) (L)	
A&E	615	520	The First 48 A dismembered and burned body is found.	Married at First Sight "To Have and to Hold" (L)	Married at First Sight (L)	(:45) Married at First Sight (L)	First Sight "Naked Truth" Sonia and Nick reveal a big secret. (N) (L)	(:01) Born This Way Megan takes care of a baby. (L)		(:03) Married at First Sight "To Have and to Hold" (L)		Married at First Sight (L)	Married at First Sight (L)	
BRAVO	620	523	The Listener The search for a dangerous gang. (L)	Motive Angie is afraid someone's following her. (L)	Motive Angie is afraid someone's following her. (L)	Blue Bloods A woman threatens to kill a man. (L)	Missing Jess has visions about a skeleton. (L)	Queen of the South Camila sends Teresa out. (N) (L)		Motive Angie is afraid someone's following her. (L)		Criminal Minds "Bully"	Criminal Minds "Bully"	
CNN	500	500	The Situation Room (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon	Cooper 360	
DISC	520	505	How It's Made (L)	How It's Made (L)	Daily Planet (N) (DVS)	Dungeon Cove: On Deck "Sacrifice" (N) (L)	Deadiest Catch: Dungeon Out "Pacific Fury" (N)	Highway Thru Hell "Bridge Out" (N) (DVS)		How It's Made (L)	How It's Made (L)	Dungeon Cove (L)	Dungeon Cove (L)	
HIST	522	506	Natural Born Outlaws Bootlegging kingpin Al Capone.	Gangland Undercover "Nowhere Man" (N) (L)	Counting Cars (N) (L)	Counting Cars (N) (L)	Milwaukee Blacksmith	Milwaukee Blacksmith		Forged in Fire Contestants must forge a hunga munga.		Milwaukee Blacksmith	Milwaukee Blacksmith	Milwaukee Blacksmith
RDI	126	730	Le National (N) (SC)	RDI économie (N) (SC)	24/60 (N) (SC)	Les grands reportages (N) (SC)	Le Téléjournal (N) (SC)			RDI économie (SC)	Le National (N) (SC)	24/60 (SC)	Les grands reportages	
SHOW	616	521	Rookie Blue The officers search for Oliver. (L)	"Viking Quest" (2014) Harry Lister Smith, Jenny Boyd. Erick discovers he is bound to an ancient prophecy. (L)	"Viking Quest" (2014) Harry Lister Smith, Jenny Boyd. Erick discovers he is bound to an ancient prophecy. (L)	Rookie Blue Division 15 tracks a firearms dealer. (L)	Hawaii Five-0 A recluse's corpse is found in a field. (L)			NCIS "Tribes" Muslim Marine found dead. (L)		NCIS: New Orleans	NCIS: New Orleans	
SLICE	601	562	"Burden of Evil" (2012) Natalie senator's daughter from a kidnapper. (L)	Zea. A detective tries to save a kidnapper. (L)	Mom (L)	Mom (L)	The Real Housewives of Melbourne (N) (L)	(:15) First Dates (L)	(:45) The Real Housewives of Melbourne Chyka's husband takes her on a date. (L)		Tori & Dean: Cabin Fever	Tori & Dean: Cabin Fever		
SPIKE	628	584	Ink Master Teams Peck and Nunez compete. (L)	Ink Master Team Nunez is out for revenge. (L)	Ink Master Both teams turn canvases into warriors. (L)	Ink Master Team Nunez has their legibility tested. (L)	Ink Master "Sticky Situation" Team Peck fights for control.	Ink Master: Redemption	Ink Master: Redemption	Tattoo Nightmares (L)		Tattoo Nightmares (L)	Tattoo Nightmares (L)	
TLC	521	560	Say Yes to the Dress (L)	Say Yes to the Dress (L)	Say Yes to the Dress (L)	Counting On: Countdown to	Counting On Ben hosts a youth football camp. (N) (L)	Sweet 15: Quinceañera (N) (L)	(:02) Playhouse Masters Fostering a love of science. (L)	(:04) Counting On Ben hosts a youth football camp. (L)		Sweet 15: Quinceañera	Sweet 15: Quinceañera	
TSN	400	400	SportsCentre (N) (L)	MLB Baseball Teams TBA. (N Subject to Blackout) (L)	MLB Baseball Teams TBA. (N Subject to Blackout) (L)					SC (N) (L)	SportsCentre (N) (L)	SportsCentre (N) (L)	SportsCentre (N) (L)	
YOUTH	551	542	Nicky, Ricky	Assembly	Ride (N) (L)	Tricked (N)	Funniest Home Videos	Wipeout (L)		Max & Shred	Assembly	Goosebumps	Goosebumps	Funny Videos

Your week on TV

WEDNESDAY EVENING												SEPTEMBER 28, 2016			
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News/Pelley	Entertainment Tonight (N)	Survivor (N) (D)	Criminal Minds The team tracks an escaped killer. (N)	Code Black Jesse welcomes new residents. (N) (D)	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)				
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (D)	Wheel of Fortune (N) (D)	Blindspot The team must stop a series of bombings.	Law & Order: Special Victims Unit "Making a Rapist"	Chicago P.D. A badly beaten man's fiancée is missing. (N)	NBC5 News at 11 (N)	(:34) The Tonight Show Starring Jimmy Fallon (N) (D)			
CBMT	6	206	301	CBC Montreal News (N)	On the Money	Mr. D (N) (DVS)	Coronation Street (N) (D)	Dragons' Den An inventor returns for an investment. (N)	The Romeo Section "A String of Pearls" (N) (D)	The National (N) (D)	CBC Montreal News (N)	Coronation Street (N)	Rick Mercer Report (N)		
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Les gags (SC)	La poule aux œufs d'or (N)	Au secours de Béatrice "Une nouvelle vie" (N) (SC)	Dans ma tête (N) (SC)	Complexe G (N) (SC)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)	(:35) Deux filles le matin (SC)		
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (D)	The Goldbergs (N) (D)	Speechless (N) (D)	Modern Family (N) (D)	(:31) blackish "God" (N) (D)	Designated Survivor "The First Day" (N) (D)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) (D)	
CKSH	9	108	-	Le Téléjournal/Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	L'épicerie (N) (SC)	Les enfants de la télé Lynda Lemays et Yves Desgagnés.	Les pêcheurs "Slugger" (N) (D)	Les Simone (SC)	Le Téléjournal (N) (SC)	Marina Orsini (SC)			
CKMI	11	-	-	(5:30) Global News at 5:30	Global National (N) (D)	ET Canada	Entertainment Tonight (N)	Survivor (N) (D)	Chicago Med The doctors treat two sick babies. (N) (D)	Chicago P.D. A badly beaten man's fiancée is missing. (N)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)			
CFCF	12	205	312	CTV News Montreal (N) (D)	etalk (N) (D)	The Big Bang Theory (D)	Blindspot The team must stop a series of bombings.	Criminal Minds The team tracks an escaped killer. (N)	Designated Survivor "The First Day" (N) (D)	News-Lisa	CTV News Montreal (N)	The Daily Show			
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (D)	The Goldbergs (N) (D)	Speechless (N) (D)	Modern Family (N) (D)	(:31) blackish "God" (N) (D)	Designated Survivor "The First Day" (N) (D)	Local 22 News (N)	(:35) Jimmy Kimmel Live (N) (D)	
WUTV	60	-	-	The Big Bang Theory (D)	Judge Judy (N) (D)	Judge Judy (N) (D)	Family Feud (N) (D)	Lethal Weapon The duo investigates illegal gunrunners.	Empire Jamal deals with life after being shot. (N) (D)	2 on Your Side	Seinfeld "The Pledge Drive"	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS	61	106	726	Coup de foudre (N)	Souper parfait	Ça décolle (N)	La trappe (N)	NCIS: Los Angeles Callen et Sam doivent travailler. (N)	Scorpion Walter, Cabe et Happy sont coincés. (SC)	En mode Salvail (N)	(10:50) Espace découvertes Giovanni cuisine des huîtres.	Appelez & gagnez			
WUHF	-	363	-	Modern Family "Fears"	Modern Family (N) (D)	The Big Bang Theory (D)	The Big Bang Theory (D)	Lethal Weapon The duo investigates illegal gunrunners.	Empire Jamal deals with life after being shot. (N) (D)	13WHAM News at 10 on Fox Rochester (N) (D)	2 Broke Girls (N) (D)	2 Broke Girls (N) (D)	Paid Program (D)		
WETK	-	-	-	PBS NewsHour (N) (D)	Globe Trekker Luxembourg Gardens; Musée d'Orsay. (N)	Forces of Nature The creation of Earth's colors. (N) (D)	NOVA Discoveries about Otzi the iceman. (N) (DVS)	India: Nature's Wonderland (N) (D) (Part 2 of 2)	Nightly Business Report	Charlie Rose (N) (D)					
WCFE	-	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (D)	Forces of Nature The creation of Earth's colors. (N) (D)	NOVA Discoveries about Otzi the iceman. (N) (DVS)	India: Nature's Wonderland (N) (D) (Part 2 of 2)	BBC World News (D)	Charlie Rose (N) (D)				
A&E	615	520	-	Storage Wars (N) (D)	Storage Wars (N) (D)	Storage Wars (N) (D)	Storage Wars (N) (D)	(:01) Storage Wars (N) (D)	(:34) Storage Wars (N) (D)	(:07) Storage Wars (N) (D)	(:36) Storage Wars (N) (D)	(:06) Storage Wars (N) (D)	(:35) Storage Wars (N) (D)	(12:03) Storage Wars (N) (D)	
BRAVO	620	523	-	The Listener Tia's colleague is targeted. (N) (DVS)	Motive The team investigates three homicides. (N)	Blue Bloods Teenagers punch unsuspecting people. (N)	Queen Sugar (Series Premiere) (N) (D)	Motive (N) (DVS)	Motive The team investigates three homicides. (N)	Criminal Minds (N)					
CNN	500	500	-	The Situation Room (N)	Erin Burnett OutFront (N)	Town Hall	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Town Hall	CNN Tonight					
DISC	520	505	-	How It's Made	How It's Made	Daily Planet (N) (DVS)	Deadliest Catch: Dungeon Cove "Pacific Fury" (N) (D)	Bering Sea Gold A flu hits the dredgers. (D)	Bering Sea Gold Teams take on big risks. (D)	Highway Thru Hell "Bridge Out" (DVS)	Bering Sea Gold (D)				
HIST	522	506	-	Yukon Gold "Homecoming" Big Al returns to gold mining.	Milwaukee Blacksmith	Milwaukee Blacksmith	Forged in Fire Contestants must forge a hunga munga.	Ice Road Truckers "The Rookie" (N) (D)	American Pickers A circus collector with a wax museum.	Yukon Gold "Homecoming" Big Al returns to gold mining.	Ice Road Truckers (N)				
RDI	126	730	-	RDI économie (N) (SC)	24/60 (N) (SC)	Les grands reportages (N) (SC)	Le Téléjournal (N) (SC)	RDI économie (N) (SC)	Le National (N) (SC)	24/60 (SC)	Les grands reportages				
SHOW	616	521	-	Rookie Blue "Blink" A holdup at a diner. (N)	"My Stepdaughter" (2015) Emmanuelle Vaugier, Niki Koss. Jill thinks her new stepdaughter killed her mother. (N) (D)	NCIS "Day in Court" A petty officer says he is innocent.	NCIS A sailor needs a bone marrow transplant. (N)	NCIS Ducky keeps a secret from the team. (N) (D)	NCIS: Los Angeles (N)						
SLICE	601	562	-	** "Buried Secrets" (1996) Tiffani-Amber Thiessen. A ghost asks a young woman to help nab her mother's killer.	Mom (N) (D)	Mom (N) (D)	Mob Wives Drita must defend herself. (N) (D)	Don't Be Tardy... (N) (D)	Don't Be Tardy... (N) (D)	Intervention Canada "David" (N) (D)	Mob Wives (N) (D)				
SPIKE	628	584	-	(5:30) ** "The Longest Yard" (2005, Comedy) Adam Sandler. Prisoners train for a football game against the guards.	** "The Longest Yard" (2005, Comedy) Adam Sandler, Chris Rock, Burt Reynolds. Prisoners train for a football game against the guards.	Worst Tenants	Worst Tenants	Worst Tenants							
TLC	521	560	-	Say Yes to the Dress (N)	Say Yes to the Dress (N)	Toddlers & Tiaras A shocking outcome on pageant day.	Toddlers & Tiaras: Game On "The One to Beat" (N) (D)	Toddlers & Tiaras "Just Hit Somebody!" (N) (D)	(:01) Dance Kids ATL (N) (D)	(:03) Toddlers & Tiaras "Just Hit Somebody!" (N) (D)	(12:03) Dance Kids ATL (N) (D)				
TSN	400	400	-	SportsCentre (N) (Live) (D)	That's Hockey	MLS Soccer Orlando City SC at Toronto FC. From Toronto. (N Subject to Blackout) (Live) (D)	UEFA Champions League Soccer Atletico Madrid vs FC Bayern Munich. (D)	SC Top 10 Presents	SportsCentre (N) (D)						
YOUTH	551	542	-	Nicky, Ricky	Assembly	Ride (N) (D)	Tricked (N)	Funniest Home Videos	Wipeout "Beauty Queens"	Max & Shred	Assembly	Goosebumps	Goosebumps	Funny Videos	

THURSDAY EVENING												SEPTEMBER 29, 2016			
Bell	Star	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
WCAX	3	-	-	Channel 3 News at Six (N)	CBS Evening News/Pelley	Entertainment Tonight (N)	To Be Announced	Channel 3 News	(:35) The Late Show With Stephen Colbert (N)						
WPTZ	5	-	-	NBC5 News at 6 (N)	NBC Nightly News - Holt	Jeopardy! (N) (D)	Wheel of Fortune (N) (D)	Superstore (N) (D)	The Good Place (N) (D)	Chicago Med The doctors treat two sick babies. (N) (D)	The Blacklist The task force tracks a bounty hunter. (N)	NBC5 News at 11 (N)	(:35) The Tonight Show Starring Jimmy Fallon (N) (D)		
CBMT	6	206	301	CBC Montreal News (N)	On the Money	Coronation Street (N) (D)	2016 World Cup of Hockey Final, Game 2: Teams TBA. From Air Canada Centre in Toronto. (N) (Live) (D)	The National (N) (D)	Coronation Street (N)						
CHLT	7	107	718	(5:58) TVA nouvelles (N)	Le tricheur (N) (SC)	Les gags (SC)	Avant-match de hockey (N)	Coupe du monde de hockey 2016 Finale, 2e match. En provenance de Toronto. (N) (En direct)	TVA nouvelles (N)	(:35) Denis Lévesque (N) (SC)					
WMTW	8	-	-	WMTW News 8 at 6PM (N)	ABC World News	Wheel of Fortune (N) (D)	Jeopardy! (N) (D)	Grey's Anatomy Meredith considers her loyalties. (N)	Notorious Jake must protect Oscar from the press. (N) (D)	How to Get Away With Murder (N) (D)	WMTW News 8 at 11 (N)	(:35) Jimmy Kimmel Live (N) (D)			
CKSH	9	108	-	Le Téléjournal/Estrie (N)	RDI économie (SC)	District 31 (N) (SC)	Infoman (N) (SC)	Les dieux de la danse "Ronde 1" (N) (SC)	Enquête (N) (SC)	Le Téléjournal (N) (SC)	Marina Orsini (SC)				
CKMI	11	-	-	(5:30) Global News at 5:30	Global National (N) (D)	ET Canada	Entertainment Tonight (N)	Superstore (N) (D)	The Good Place (N) (D)	(8:59) Pitch Ginny tries to fit in with the team. (N) (D)	The Blacklist The task force tracks a bounty hunter. (N)	Global News at 11 (N)	(:35) The Late Show With Stephen Colbert (N)		
CFCF	12	205	312	CTV News Montreal (N) (D)	etalk (N) (D)	The Big Bang Theory (D)	Grey's Anatomy Meredith considers her loyalties. (N)	Notorious Jake must protect Oscar from the press. (N) (D)	How to Get Away With Murder (N) (D)	News-Lisa	CTV News Montreal (N)	The Daily Show			
WVNY	22	-	-	Local 22 News (N)	ABC World News	Local 22 News (N)	Inside Edition (N) (D)	Grey's Anatomy Meredith considers her loyalties. (N)	Notorious Jake must protect Oscar from the press. (N) (D)	How to Get Away With Murder (N) (D)	Local 22 News (N)	(:35) Jimmy Kimmel Live (N) (D)			
WUTV	60	-	-	The Big Bang Theory (D)	Judge Judy (N) (D)	Judge Judy (N) (D)	Family Feud (N) (D)	Rosewood A man has a false death certificate. (N) (D)	(8:59) Pitch Ginny tries to fit in with the team. (N) (D)	2 on Your Side	Seinfeld (N) (D)	Two and a Half Men (N)	Two and a Half Men (N)	Last Man Standing (N)	
CFKS	61	106	726	Coup de foudre (N)	Souper parfait	CSI: Cyber L'équipe enquête sur un enlèvement. (N) (SC)	Le dernier navire Un navire-hôpital croise à proximité.	Chicago P.D. Le coupable est un ancien criminel. (SC)	En mode Salvail (N)	(10:50) Espace découvertes "Les carottes sont coupées"	Appelez & gagnez				
WUHF	-	363	-	Modern Family (N) (D)	Modern Family (N) (D)	The Big Bang Theory (D)	The Big Bang Theory (D)	Rosewood A man has a false death certificate. (N) (D)	(8:59) Pitch Ginny tries to fit in with the team. (N) (D)	13WHAM News at 10 on Fox Rochester (N) (D)	The Canandaigua Show	2 Broke Girls (N) (D)	Paid Program (D)		
WETK	-	-	-	PBS NewsHour (N) (D)	Holding On	The Frog Hollow Green	The Last Dukes History of dukedoms. (N) (D)	The Doctor Blake Mysteries "Smoke and Mirrors" (D)	Luther Luther must clear his name. (N) (D)	Nightly Business Report	Charlie Rose (N) (D)				
WCFE	-	-	-	World News America	Nightly Business Report	PBS NewsHour (N) (D)	Masterpiece Classic "Downton Abbey Season 3" Irish Civil War impacts Downton Abbey. (N) (DVS)	Masterpiece Classic Robert and Cora are not speaking.	BBC World News (D)	Charlie Rose (N) (D)					
A&E	615	520	-	The First 48 "Cold Light of Day" (N) (D)	The First 48 Shooting deaths in Dallas and Cleveland. (N)	60 Days In (N) (D)	(:45) 60 Days In (N) (D)	60 Days In Quintin and Sheri go deep under cover. (N) (D)	(:01) Behind Bars: Rookie Year "Mind Games" (N) (D)	(:03) The First 48 "Broken Home" (N) (D)	(12:03) 60 Days In (N) (D)				
BRAVO	620	523	-	The Listener Taking national defense secrets. (N)	Motive A prime suspect may be a victim. (N) (DVS)	Blue Bloods A dose of lidocaine kills a woman. (D)	Project Runway "Blacklight or Daylight?" (N) (D)	Younger "IRL" (N) (D)	Motive A prime suspect may be a victim. (N) (DVS)	Criminal Minds (N)					
CNN	500	500	-	The Situation Room (N)	Erin Burnett OutFront (N)	Anderson Cooper 360 (N)	Anderson Cooper 360 (N)	CNN Tonight w/ Don Lemon	CNN Tonight w/ Don Lemon	Cooper 360					
DISC	520	505	-	How It's Made	How It's Made	Daily Planet (N) (DVS)	Fast N' Loud: Revved Up "Parked in the Keys" (D)	Fast N' Loud Restoring 1942 Harley-Davidson WLA '45. (N)	Sacred Steel Bikes "The Trike Part I" (N) (D)	How It's Made	How It's Made	Fast N' Loud: Revved Up			
HIST	522	506	-	Ice Road Truckers "The Rookie" (N) (D)	Gangland Undercover "No-where Man" (N) (D)	Pawn Stars (N) (D)	Pawn Stars (N) (D)	Pawn Stars (N) (D)	Pawn Stars (N) (D)	American Pickers Mike makes a mistake in Indiana.	American Pickers "Red Barn, Black Keys" (N) (D)	Pawn Stars (N) (D)			
RDI	126	730	-	RDI économie "Édition spéciale: Les sièges sociaux"	24/60 (N) (SC)	Les grands reportages (N) (SC)	Le Téléjournal (N) (SC)	RDI économie "Édition spéciale: Les sièges sociaux"	24/60 (SC)	Les grands reportages					
SHOW	616	521	-	Rookie Blue Oliver is promoted; a rookie is trained. (N)	"A Nanny's Revenge" (2012) Jodi Lyn O'Keefe. A woman hatches a scheme to punish a wealthy contractor. (N) (D)	NCIS "Spinning Wheel" Ducky is attacked. (N)	NCIS Abby's brother falls under suspicion. (D) (DVS)	NCIS "Dog Tags" Abby risks her career to save a dog. (N)	NCIS: New Orleans (N)						
SLICE	601	562	-	"Deadly Hope" (2012, Suspense) Alana De La Garza, Sandrine Holt. A doctor becomes the target of a killer. (N) (D)	Mom (N) (D)	Mom (N) (D)	Million Dollar Listing New York: Ryan's Wedding (N)	Flipping Out "Ready Set Glow" Alexandra is pregnant.	Intervention Canada John turned to crack cocaine. (N)	Ryan's Wedding					
SPIKE	628	584	-	Cops "Busted No. 3" (N) (D)	Cops (N) (D)	Cops "Virginia Beach" (N) (D)	Cops (N) (D)	Cops "Doggie Paddle" (N) (D)	Cops "Coast to Coast" (N) (D)	Cops "Extreme Cops" (N) (D)	Cops (N) (D)	Cops (N) (D)	Cops "Hit and Run" (N) (D)	Cops "Batter Up" (N) (D)	Jail "Cirque du Jail" (N) (D)
TLC	521	560	-	Say Yes to the Dress (N)	Say Yes to the Dress (N)	My 600-Lb. Life Ashley's journey and her goal. (N)	My 600-Lb. Life Struggling with weight loss. (N) (D)	Extreme Weight Loss "Mitzi" Helping a hoarder overcome addictions. (N) (D)	Extreme Weight Loss "Mitzi" Helping a hoarder overcome addictions. (N) (D)						
TSN	400	400	-	SportsCentre (N) (Live) (D)	That's Hockey	UEFA Europa League Soccer Steaua Bucarest vs Villarreal. (D)	UEFA Europa Highlights (N) (D)	SportsCentre (N) (Live) (D)							
YOUTH	551	542	-	Nicky, Ricky	Assembly	Ride (N) (D)	Tricked (N)	"An American Tail: Fievel Goes West" (N)	Numb Chucks	Max & Shred	Assembly	Goosebumps	Goosebumps	American Tail	

What's On

MUSIC

TUESDAYS

The Newport Area Community Orchestra has openings for violin, viola, cello and string bass. If you are looking for a very rewarding and fun musical experience, please contact us at 802-766-3021 or www.newportareacommunityorchestra.org. Our rehearsals are on Tuesdays from 6:30 to 8:30 pm at the First Universalist Parish in Derby Line.

September 24

Dance at Ives Hill Community Hall, Saturday, September 24 from 8 p.m. to midnight. Music by the Country Swingers. Admission \$8. Refreshments available. All welcome.

September 24

Dance Saturday September 24, at the Stanstead Legion. Bill and the boys are back. 8 p.m. to midnight. Admission charged. Light lunch served. Come and support your local Legion. All are welcome, members and non-members.

September 24

Country dance with Jimmy Edwards Country Folks Band at Trinity Anglican Church, 409 South Street, Cowansville on Saturday, September 24 from 7 p.m. - 11 p.m. Door prizes, 50-50 drawing, canteen on premises. Donation: \$8 each. Please support the church and food bank. Everyone welcome. Come and hear our new band. Bring a friend and enjoy good old country music.

September 25

Stanbridge East Coffee House "music" event will be up and running on Sunday, September 25 from 5:30 p.m. to 9 p.m. at St. James the Apostle Anglican Church Hall, Stanbridge East. Tom. Kilbride 450-243-0645.

October 1

Dance to Benefit the Memphremagog Community Learning Center. Music provided by Ray Seguin "The Country Stranger" Traditional Country Music, plus 50s-60s and 70s Classics. Saturday, October 1, 7:00 p.m. Princess Elizabeth Elementary School, 120 rue Bellevue, Magog. Admission \$12.00 18yrs +, Liquor license. We will be selling beverages and snacks. There will be a silent auction and door prizes. For tickets call Christine at 819-847-2769 or Patsy at 819-843-7687. Please support your MCLC!

EVENTS

September 24

LENNOXVILLE FARMERS' MARKET, 2882 rue College, Lennoxville (across from Clarke & Sons) Saturday, September 24, 10 a.m. to noon. Vegetables, fruit, cheese, honey, baked goods, plants, crafts, artisans, live music & more!

September 24

Lecture/luncheon: Mr. Richard Morris is a long time amateur bird watching enthusiast who has lived in the area for a

number of years. He has a particularly fine eye for sighting and photographing and describing birds. He records sightings of birds wherever his world travels takes him. His lecture is entitled: "Backyard Birding in Stanstead and the surrounding area" Saturday September 24, 2016 at 10:30 a.m. at the Colby-Curtis Museum, at 535 Dufferin Rd. in Stanstead. The cost: \$15 for members and \$20 for non-members including lunch. For more information: (819)876-7322.

September 24

Chicken Pie Supper, Saturday, September 24, 2016 at 5:30 p.m. until all are served. Richford United Methodist Church. Adults \$10.00 (US)/\$12 (Canadian) US Funds Appreciated. All Children 6 -12 \$4.00. Children Under 6 Are Free. Reservations appreciated but not required. Call 848-3477 (No answer please leave message)

September 24

UCW of St. Paul's United Church will be holding their Fall Chicken and Biscuit Supper featuring homemade pies, 211 rue des Pins, Magog, QC., September 24, 2016. 5:00 p.m. - 6:30 p.m. Adults 12\$, children 5-12 yrs 5\$. All are welcome. We also offer gluten free options

September 25

Brunch at the A.N.A.F. Unit 318, 300 St. Francis, Lennoxville on Sunday, September 25 from 10:30 a.m. to 12:30 p.m. Come enjoy eggs, pancakes, bacon, sausages, ham, potatoes, baked beans and much more. All welcome. Info: 819-346-9122.

September 25

Three Link Fraternity, Unity Lodge #8, IOOF would like to invite you to our Grandma's Style Roast Beef Supper on Sunday, September 25th at 4150 Route 147, Waterville (Huntingville). Delicious roast beef and all the fixins' just like Grandma used to serve! We will be pleased to serve you from 4:30 p.m. to 6 p.m. We have a family price. Remember we are handicapped accessible! We still offer takeout! Give us a call and we will get it ready (819-820-5672) or just show up. Show up at our Hall to sit, eat and visit with friends or drop in for takeout, have a great meal and help us help your community. The proceeds from this supper will be used to purchase Christmas gifts for the patients on the 8th floor of the Bowen Site. Just imagine how you would feel to be away from your family and friends at that time of year and come out to help us give these patients a little cheer. There will be staff from the Unit helping us out and they will be happy to answer any questions you have. If you would like more information on this or any of our projects or for information about applying for a scholarship please come to our supper or contact Unity Lodge, IOOF at unity8ioof@yahoo.ca or 819-820-5672. See you on September 25th!

September 25

TRENHOLM UNITED CHURCH Worship and song await you at our September Service, which will take place on Sunday, September 25 at 11:00 a.m. The service

will be immediately followed by our annual "Pot Luck Dinner". Everyone is welcome to participate!

September 27

Invitation: CHUS Users' Committee Conference on: Medically assisted dying: What is it? Why? How? Speaker: Dr. Carl Bromwich - Specialist in Palliative Care. In French with some English September 27, 2016 at 7:00 p.m.(AGM) - 7:30 p.m.(Speaker) Hôtel-Dieu Auditorium (Door 60 or, 55 on Murray) 580 Bowen, Sherbrooke, QC. Parking Free

September 28

The Lennoxville & District Women's Centre invites the community to attend a presentation of the Play "Home Child" written by Laura Teasdale and performed by BU Drama students Nicholas Retson and Natalie Demon. The play made its mark on the Townships population over the summer and was described as a "heart-warming, gut wrenching true story based on British Home Children fostered by the Knowlton Distributing Company in the late 1800s". Join us on Wednesday, September 28 at 1:30 in the Amedee-Beaudoin Community Hall (10 Samuel Gratham Lennoxville) during our OWLS group to enjoy this special presentation. Suggested donation of \$5. For more information, please contact the LDWC (819)564-6626 or info@ldwc.ca.

September 28

Wednesday, September 28, 2016, 10 a.m. to 12 p.m., join Townshippers' Association for the free interactive videoconference; "Self Esteem and Aging." Hosted by the Richmond & Region Community Learning Center (CLC) at the Richmond Regional High School, 375 Rue Armstrong. For info contact Debbie Bishop at Townshippers', db@townshippers.org, 819-566-5717. A CHSSN initiative funded by Health Canada through the Roadmap for Canada's Official Languages 2013-2018: Education, Immigration, Communities.

September 29

On Thursday, September 29, the Richmond Legion will be holding a HAWAIIAN THEME afternoon beginning at 4:00 with a BBQ PORK ON A BUN supper at 5:30. The meal also includes assorted salads, dessert, coffee & tea. Music with Eddie Malboeuf - come early to socialize! Prizes given for Hawaiian costumes! Everyone is welcome, and you don't have to be a Legion member to participate. There are only 50 tickets available so please reserve tickets at 819-826-3444.

October 1

The North Hatley Legion, 95 Jackson Heights will hold a Car Rally (Poker Run) on Saturday, October 1. \$20, includes rally, supper and prizes. Reserve A.S.A.P. 819-842-2933.

October 1

Township Toddlers Annual Benefit Saturday, October 1 from 5 p.m. to 7 p.m. Roast beef and pork BBQ. \$ 12/person, \$8 for 12 yrs and 6 yrs and under free. Auction (arts/crafts) from 7 p.m. to 9 p.m. Dance with Smokin Country from 9 p.m. to 1

a.m. \$5/person. Salle des Chevaliers de Colomb 224, rue Christophe Colomb, Cowansville 450-263-5080. Reservations (Ross) 450-266-1716.

October 1

A pre-Thanksgiving supper will be held on October 1st at 6 p.m. at "The Hut", A.N.A.F. Unit #318, 300 St. Francis Street, Lennoxville. Reservations required by September 29. To reserve, please contact Doreen Morissette at 819-821-2967.

October 3

The Canadian Club of the Yamaska Valley - Monthly meeting 2 p.m. October 3 at the Auberge West Brome on Rte.139. Speaker: Tony Rotherham, Professional Forester (UNB 1962). Topic: The Forests of Canada: Size, Diversity, Ownership and Management. Non-members welcome for a \$10 fee. Information: 450-372-4562. For lunch reservations at the Auberge call 450-266-7552/1-888-902-7663. Please visit our web page <http://www.canadianclub-yamaskavalley.ca>.

EXHIBITS

Until the end of the year Lennoxville-Ascot Historical and Museum Society is pleased to present an exhibition by the Lennoxville Quilters, Quilting: Passion and Pastime. The exhibit of quilted articles and related objects is located on the second floor of Uplands, 9 Speid Street, Sherbrooke (Borough of Lennoxville). Admission is free. Information: 819-564-0409.

September 25

Uplands is very pleased to help celebrate the 25th Anniversary of the Lennoxville Art Group with a "Retrospective" show in our Art Gallery. This group of local artists, presently comprising 24 women and 1 man, began meeting in 1991. With most of the works for sale, 24 of the 25 members will be exhibiting, each having carefully selected one piece from among their many creations. The public is invited to meet the artists during the vernissage on Sunday, September 25, 2 p.m. to 4 p.m., at 9 Speid Street in Sherbrooke (Borough of Lennoxville). The exhibit will continue until October 30, 2016. Info: (819) 564-0409.



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819-570-2094

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Doug Milne, Senior Mgr of the PGA Tour turns to weight training after injury



A RUNNER'S MIND

CHRISTINE BLANCHETTE

The following story was written by Doug Milne, Senior Manager of the PGA Tour, exclusive to The Record:

I remember the pain.

On December 2, I had run 1,901 miles last year alone. I was 99 miles from hitting a huge first for me of leaving in my wake 2,000 miles in a single year. Having had averaged about 160 a month, knocking out the remaining 99 was a slam dunk.

Or, so I thought.

That night, I bent to retrieve a piece of clothing from my closet floor. The pain that shot down my right side, from back to foot was likely something I'll never forget. For over an hour, I laid on my side in that closet, unable to move.

I had pinched a nerve so badly in my back that it was nearly a week before I could breathe with any semblance of normalcy. Two weeks elapsed before I felt confident enough to walk around the block. As I had favored my left side so dramatically, my left hip began to ache quite a bit. To make matters worse, the sporadic, excruciating pain that would develop on my right side, from the waist down was, according to doctors, a "pretty severe bout with sciatica."

On December 19, I tried pushing through the pain and running a mile. I didn't make it to the end of the block, before having to turn back and limp home.

Now, to someone admittedly living with obsessive/compulsive tendencies, this really wasn't working for me. I had

resolved that I would not hit 2,000 miles for the year. But, I had come to rely on my running almost to a fault. In a world of continual ebbing, flowing and changing, my running was rock of Gibraltar. I spend upwards of 30 weeks a year for work in different cities, different hotels, around different people and in different climates. Running, again, was the one constant no matter where I was. It was there at 3:00 a.m. when I couldn't sleep and at 6:00 p.m. after a long, stressful day of work.

I was now without it and didn't know when, or if, I'd be able to return to it.

I had dabbled a bit with weights over the years, though it wasn't anything regular. I decided to use the down time from running to build strength in my upper body. When I began the work in January, I struggled to get through five reps of 20 push-ups, totaling 100. I used 20-pound barbells to do three sets of curls, 15 curls per set.

I was amazed at how quickly a genuine desire for weights came to me. I worked out three times a week, gradually increasing the weight and number of reps. By April I was doing reps of push-ups that totaled 500. I was using 25-lb barbells to curl. I mixed in a few slow and light runs. I realized my days of a 7.5-minute mile were gone. I became every bit of an 8.5-minute mile. I was fine with the slower pace. Instead of 40-45 miles a week, by April I was running 15-20 a week. I got the same emotional fill and my body wasn't taking nearly the toll. I was good.

The weight training not only continued, but increased. By June, I was regularly doing 1,000 push-ups in 55 minutes. I was using 25-lb barbells to curl seven reps of 30, totaling 210 curls.

I'm now running about three days a week - I work out with weights the four other days. I try to mix it all up, just to keep my body fresh and guessing. Our bodies tend to retain memory so I'm always trying new things to keep my body burning.

That pain on December 2 initially, to me, signified an end to something. In-

stead, I made it a beginning. I find so many parallels between exercise and life. How I handle myself with an exercise program is virtually identical to my approach in life.

She and I shared a brief smile of mutual understanding, before continuing on with the process of life.

Yeah, I remember the pain from December 2. While I can't say I was glad for



COURTESY

Doug Milne and World No. 1 golfer Jason Day

My life is hardly at a perfect place, but I do contend that it is in a significantly better place because of my adherence to a fitness program. It does more for me mentally than physically. Any physical improvements from my fitness regime are by-products of the real goal of keeping a sound mind.

One night last week, I tossed and turned in my hotel bed, unable to sleep, until 3:00 a.m. I finally got up, putting on my workout clothes and went downstairs to the fitness center. The music from my headphones was pounding out the hard volumes of music I work out to as I entered what I was certain to be an empty fitness center. After all, it was 3:00 a.m. What other person in their right mind would be pumping iron or running on a treadmill at such an irregular hour. As it turned out, there was another individual hard at it when I walked in.

it, I can say that I was glad that I had trained myself well enough in life to learn from it and apply it a way that has made me both bigger and better for it.

My point is, hard knocks know no boundaries. They neither discriminate nor leave anyone out. We learn most about our truest selves in the face of adversity. When tough times descend which, to varying degrees they will, make sure you like what you see when you take the bull by the horns. Because if you can start the climb with confidence, just imagine what you'll feel like when you're standing on top.

dougmilne@pgatourhq.com

www.runwithit.ca

Twitter: @christineruns

YouTube - Run With It - runwithitcb1

Phoenix Kick off 2017 on the Road

By Dylan Konecny

The Sherbrooke Phoenix hit the road starting Friday to officially kick off their 2016-2017 campaign. Due to NHL training camps starting up at the same time, the Phoenix will be without two key players in their lineup. Captain Carl Neill and goalie Evan Fitzpatrick are currently away from the team attending the Vancouver Canucks and St. Louis Blues respective camps.

While Fitzpatrick is with the Blues rookie Justin Blanchette will take the role as the team's starter for the time being. Starting a rookie in net against

the defending President's Cup champs is not an ideal situation but the Birds head coach Stéphane Julien has faith in the young net-minder.

"We don't put any pressure on him. I just want him to give the team a chance to win and play with confidence" said Julien.

The Phoenix team this year is different from team's in the past. According to the coach the team has a good blend of youth in the offence and veteran leadership in the team's defence.

"We're young up front, we've got great leadership in the back and have a goaltender one year more mature" said

Julien. "We have a very good group of young players; they work very hard."

The young players were required to step up with a total of five players injured or away during the preseason.

"We skated very well against Victoriaville and played hard. The power play worked very well also but

we have to be consistent in the game for sixty minutes. That will cost against a good team like Rouyn-Noranda" the head coach remarked.

The team lost their final game of the preseason to the Huskies 7-1 despite outshooting the visiting team 34-22.

Kevin Gilbert is expected to be back in

the lineup for the season opener on the road and rookie dynamo Brock McLeod is expected to be back from his injury next week for the home opener. Hard nosed forward Nicolas Poulin is expected back in the next three to four weeks.

Sherbrooke plays two games in two days to open the season up north on the road making stops in Rouyn-Noranda and Val d'Or, Friday and Saturday. The Phoenix open their season at home September 30th with puck drop set for 7pm next Friday night at the Palais des Sports.

Church Services

Bulwer Golden Age Club

Anglican

FOSTER

St. James Anglican Church, Foster. We open our doors to welcome you on Sunday, September 25 at 9:15 a.m. for a Service of Morning Prayer, at the little church on the hill, 725 Lakeside, Foster. Join us afterwards to visit over refreshments. Everyone is welcome.

LENNOXVILLE

Saint George's Anglican Church, Lennoxville, at 84 Queen St., celebrates Holy Eucharist every 1st & 3rd Sunday at 11 a.m. Morning Prayer is held every 2nd & 4th Sunday at 11 a.m. Sunday School every 1st & 3rd Sunday at 11 a.m. 819-346-5564

SHERBROOKE

September 25: The Church of the Advent, 473 Bowen St. S., Sherbrooke welcomes you at 11:00 a.m. to a service of Holy Communion with the Ven. Dean E. Ross officiating.

Presbyterian

LENNOXVILLE

St. Andrew's Presbyterian Church, 256 Queen St., Lennoxville, 819-569-3100. Minister: Rev. John Barry Forsyth. Sundays: 10:30 a.m. Worship and Sunday School. The Word of Grace Radio Broadcast, P.O. Box 404, Sherbrooke, QC, J1M 1Z6, Station CJMQ 88.9 FM or www.cjmq.fm, Sundays 8:30 a.m.

United

AYER'S CLIFF - MAGOG

Ayer's Cliff - Magog - Georgeville Pastoral Charge welcomes everyone for Sunday service at Beulah United Church in Ayer's Cliff - Worship service and Sunday School 9:15 a.m. and St. Paul's United Church, Magog - Worship Service and Sunday School 11:15 a.m. with lunch provided each Sunday following the service in Magog. Minister: Rev. Lee Ann Hogle 819-571-7233.

HATLEY/WATERVILLE

Sunday, September 25, 9:30 a.m. Hatley United and 11 a.m. Waterville/North Hatley United with Sunday School. Rev. Mead Baldwin 819-837-1112.

LENNOXVILLE

Lennoxville United Church, corner of Queen and Church Street, welcomes you to a Covenanting Service to welcome Rev. Linda Buchanan into the ministry of Lennoxville United Church, September at 2:00 p.m. Reception to follow. 819-565-8449; website -lennoxville-unitedchurch.com

SHERBROOKE

Plymouth-Trinity United Church, corner of Dufferin and Terrill, 819-346-6373, the Rev. Samuel V. Dansokho, minister, Leslie Young, organist. Sunday, September 25, English worship is at 10:30 p.m. All are welcome! Le service en français se tiendra à 9 h dans la chapelle. Bienvenue à toutes et à tous!



September 20, 2016 we had 86 members in for a fun day. 500 saw 6 games played.

Grant Taylor with high score, for the men, of 5040 and the 2nd high score went to Bruce Batley with a score of 3760; low score for the day went to Len Swallow. No scores were submitted for the women.

Now we get to Skip Bo where Darlene Rogers won the 1st game and Ann Crawford won the 2nd game. There were 2 games of carpet bowling. The 1st game consisted of Hanne Butschkaw, Jean Naylor, Colleen Heath and Warren Heath for the red team defeated the black team Liz French, Doris Coates, Helen Matthews and Shirley Statton by a score of 9 to 5.

The 2nd game the red team defeated the black team by a score of 9 to 4. We had 3 teams of cribbage this week. Table 1 of Ed Digby and Al Doherty were defeated by 87 points by Fred Williams and Richard Coates, table 2 had Linda Coates and Laura Fleury defeat Colleen Matthews and Doreen Cairns by 6 points, table 3 of Gail MacDonald and Beulah Turnball winning against Ann Auray and Doreen Lancaster by 61 points.

The games stopped 3:45 p.m. and card tables put away.

We had a guest speaker Michelle Lepitre who discussed about The Township's Association and what they could help us with; information sessions and of those amongst us who would like to suggest speaker's who would like to come and talk about

different topics. Surveys were given out to those who wanted them and they will be discussed at the next meeting, on October 4, 2016.

Gwen Wilson entertained us for a while, on the piano, while waiting for supper. Supper tables were brought out and everyone sat down to a scrumptious meal of roast beef, gravy, potatoes, squash, steamed green beans, tossed salad, rolls, tea and coffee and lemon squares.

A special thank you to Ron MacDonald, John Herring, S. Robinson and Barrie McElravy for donating produce from their gardens which is very much appreciated.

Grace was said by Grant Taylor. When the meal was finished, tables were cleared and dishes washed then tables washed and put back. We appreciate all the help in the kitchen.

Door prizes were won by the following: Darlene Rogers, Alberta Everett, Nancy Spalding, George Martel, Grant Taylor and Mac Learned. Peggy's goodies were won by Richard Coates, Bruce Batley, Diane Learned and Rita Nugent.

We wish Paulette Painter, Mabel Mackey and Helena McComb a speedy recovery as they are hospitalized. We are glad to see Helen Taylor up and around after having a pace maker surgery. We wish others that are not feeling well a get well soon.

We hope all had a safe journey home and may God bless all.

Next meeting will be October 4, 2016 at 2:00 p.m.

Submitted by: Al Doherty

E-mail your social news to
classad@sherbrookerecord.com

SUDOKU

Difficulty: 5 (of 5)

			7		3	9		
3			5					7
					4			
2	9						3	6
6							1	
			8			7		9
	4				2	1	8	
		7		8				
9					6			

9-23-16

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PREVIOUS SOLUTION

8	4	1	3	7	6	5	2	9
2	5	3	9	8	1	4	7	6
7	9	6	2	4	5	3	8	1
5	8	4	7	6	9	1	3	2
1	3	7	4	2	8	9	6	5
9	6	2	5	1	3	8	4	7
6	7	5	1	3	4	2	9	8
4	2	9	8	5	7	6	1	3
3	1	8	6	9	2	7	5	4

HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

2	7	5	9	4	1	3	8	6
4	9	6	5	8	3	7	2	1
3	8	1	2	7	9	6	4	5
9	2	7	1	9	8	5	3	4
5	1	4	3	9	2	8	7	6
6	3	8	7	4	5	1	9	2
8	5	3	6	9	2	7	1	4
7	1	2	6	9	4	3	5	8
3	6	9	5	1	8	2	4	7
8	5	4	7	2	3	9	6	1

PREVIOUS SOLUTION

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9-24-16

		5				7		1	
		7	4	5	2				6
		8						2	
		2		9					
						6	3	4	8
			7						6
		9			8				5
4			8	3				7	

Difficulty: 4 (of 5)

SUDOKU

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

Death



Joyce Evans
(nee Price)
(1929-2016)

Passed away at Maison Knowlton House at the age of 87, Joyce leaves to mourn

her husband of 69 years, Samuel Evans (resident of Knowlton); her children Shirley (Wade), David (Gayle), Lillian (Melvin) and Robert (Carolyn); as well as her seven grandchildren, eight great-grandchildren, nieces and nephews as well as many friends and other relatives. Joyce was predeceased by her parents William and Winnifred Price (Ivory) and brother Bill and sister-in-law Joyce.

The family would like to express their deep appreciation to Dr. Barakett and Maison Knowlton House for the compassionate care that she received over the last year.

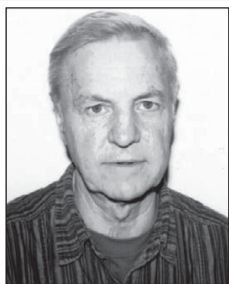
Funeral arrangements have been entrusted to: Brome-Missisquoi Funeral Complex, 316, ch. Knowlton, Knowlton, Qc. 450-243-1616. A private graveyard service will be held at a later date.

In her memory, a donation to the First Responder Service in Knowlton or to the BMP Hospital would be appreciated by the family: www.fondationbmp.ca. Condolences may also be expressed via our website at:

www.complexebm.com

Brome-Missisquoi Funeral Complex
316 ch. Knowlton, Knowlton QC
PHONE: 450-243-1616
www.complexebm.com

Death



Douglas LASSEMBA
(1938-2016)

At the Centre de Santé Courville, July 3rd, 2016, at the age of 78 years, passed away Mr. Douglas Lassemba, residing in Waterloo.

Predeceased by his parents the late Charley Lassemba and Edna Burnham, he leaves to mourn his children: Sharon (Lenny Alsop), Sandra, Vincent (Mony Lefebvre), Terry, Sheila (Dave Gibbs), his son the late Ricky, his brothers: the late Gordon, Larry (Diane), his sister the late Margaret, his friends Madeleine Sirois and Lynda Dowdal, and his grandchildren, nieces and nephews, other family and friends.

The family wishes to thank the staff of the Centre de Santé Courville for their excellent care and compassion shown to the Lassemba family.

A graveside service will be held at the Waterloo cemetery, September 24, 2016 at 1:00 p.m. Interment will follow.

Les Résidences Funéraires Bessette
5034 Foster St., Waterloo QC
PHONE: 450-539-1606
FAX: 450-539-3035
www.famillebessette.com
Member of the C.T.Q.

Death

Barbara Jane Lyon (Huckins)
(1933-2016)

Barbara Jane Lyon (Huckins), daughter of Beryl Huckins and Gerald Huckins of Fitch Bay, Quebec, was born on February 11, 1933 in Fitch Bay, Quebec, and passed away on August 28, 2016 in Pembroke, Ontario.

She was the wife of Donald Edward Lyon (predeceased, August 11, 1999). She is survived by her children: David, Nepean; James, Brockville; Stephen, Pembroke; Linda, Osgoode. Also survived by her siblings Dawn, Arundel; Eva, North Bay; Herman (Bud), Fergus, as well as her grandchildren: Jessica, Kristen, Brandon, Peter, Brittany, Cole, Tymothy and Jenna.

Please join us for the interment at 1:30 p.m. on October 9, 2016 at the Island Brook Cemetery, followed by a celebration of life reception at the Island Brook Community Hall following the proceedings. In lieu of flowers and memorials, please make donations to the Wales Home General Fund.



In Memoriam

BEAULIEU, Leslie Sr. (Les) – Who passed away 20 years ago on September 24, 1996.

*We cannot bring the old days back
Your smile we cannot see*

*We can only treasure memories
Of days that used to be.*

Sadly missed by,
MADELEINE (wife)
GEORGE, ELENOR (son)
GARY, MARGARET (son)
& ALL YOUR GRANDCHILDREN,
GREAT GRANDCHILDREN, & GREAT
GREAT GRANDCHILDREN

In Memoriam

PARISEAU, David - A son, brother and uncle who left us one year ago on September 25, 2015.

*Words are few, thoughts are deep,
Memories of you we will always keep*

Gone but not forgotten,
DAD, MICHAEL, DARLENE & FAMILY

In Memoriam

SCHINCK, Sheila - In loving memory of Sheila Schinck, March 2, 1953 - September 25, 1976

*40 years September 25, 2016
It was a beautiful, early fall day, 40 years ago,
Framed by richly colored autumn splendor,
Enveloped by a deep sapphire blue sky,
Crowned by a glorious morning sun,
That had burned through the dense veil of
cool, white fog,*

*You slipped gently away from us,
An angel of beauty & kindness,
To a better place, as many would say,
You were the light in the darkness of our
family,*

*I, for one, miss you deeply, dear sister - your
smile, laugh & grace*

May The Lord keep you in His Loving Care.

DENIS, BEVERLY, JEREMY, VANCE,
MACY & CODY, MEGHAN & RAVEN

Datebook

FRIDAY, SEPTEMBER 23, 2016

Anthony Mackie (1978-), actor.

Today is the 267th day of 2016 and the second day of autumn.

TODAY'S HISTORY: In 1806, Lewis and Clark's Corps of Discovery returned to St. Louis from its exploration venture to the Pacific coast.

In 1845, the New York Knickerbockers baseball club was founded.

In 1846, astronomers Urbain Le Verrier, John Couch Adams and Johann Gottfried Galle discovered the planet Neptune.

In 1952, vice presidential candidate Richard Nixon gave his famous "Checkers" speech, denying allegations of improper campaign financing.

TODAY'S BIRTHDAYS: Victoria Woodhull (1838-1927), journalist/activist; Walter Lippmann (1889-1974), journalist/philosopher; Mickey Rooney (1920-2014), actor; John Coltrane (1926-1967), saxophonist; Ray Charles (1930-2004), singer-songwriter; Julio Iglesias (1943-), singer-songwriter; Bruce Springsteen (1949-), singer-songwriter; Jason Alexander (1959-), actor; Ani DiFranco (1970-), singer-songwriter;

TODAY'S FACT: Nintendo, known today as a video game company, was founded by Fusajiro Yamauchi in Kyoto, Japan, on this day in 1889. The company originally produced hand-made playing cards.

TODAY'S SPORTS: In 1988, Jose Canseco of the Oakland A's became the first member of Major League Baseball's "40-40 club," hitting 40 home runs and stealing 40 bases in a single season.

TODAY'S QUOTE: "We are told about the world before we see it. We imagine most things before we experience them. And those preconceptions, unless education has made us acutely aware, govern deeply the whole process of perception." – Walter Lippmann, "Public Opinion"

TODAY'S NUMBER: 33 – surviving members in Lewis and Clark's Corps of Discovery. Only one member of the party died during the nearly 8,000-mile expedition.

TODAY'S MOON: Last quarter moon (Sept. 23).

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RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMS, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

Please Note: All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: clas-sad@sherbrookerecord.com - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or fax 819-569-1187 (please call to confirm transmission) or e-mail: production@sherbrookerecord.com between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

Secret Facebook account

FRIDAY, SEPTEMBER 23, 2016

Annie's Mailbox

Dear Annie: My husband and I have been married for over 20 years. We've had our share of highs and lows during our time together. However, recently I discovered some things that are really bothering me.

My husband always said he didn't "do the whole Facebook thing." I discovered he's been lying about not having a Facebook account when I was trying to set one up for him so he could use it to receive some promotional offers. I then discovered that he was searching for old girlfriends, singles sites, pornography and other women on Facebook for two years behind my back.

Some of the women my husband was looking up on Facebook were our daughter's age or even a couple of years younger. We live in a small town, and some of these women work where he gets his hair cut, where we bank or at other places where we do business. He visited several of the women's Facebook pages multiple times. This is all very disturbing to me. When I try to discuss this with him, he gets extremely defensive and becomes angry with me. I am hurt and don't believe that what he is doing is right. Please help. — Feeling Very Broken

Dear Broken: The only one who should feel broken is

your husband. Honesty is the cornerstone of a healthy marriage.

Though it's definitely questionable that he's been browsing (very) young women's Facebook pages, there could at least plausibly be innocent explanations for that. The alarm bells sounded for me when you mentioned that he has been on singles sites. This could indicate offline, real-life infidelity.

Talk to him about going to marriage counseling. If he refuses, then consider separation or divorce. It's better to live alone than with a louse.

Dear Annie: My wife's nephew and his wife, "Susie," moved from Oregon to Pennsylvania last year for him to go to graduate school. Recently, there was a collectors show that I was going to about two hours from where they now live. I suggested to my wife that if she wanted to visit them, I could drop her off at their condo Thursday afternoon and then go to the show. I returned Sunday morning for us to leave for home on Monday.

When we got back to their condo, I noticed Susie standing in the kitchen eating something from a bowl. She then went into the living room to continue eating. My wife has a restricted diet, and as she was getting out

her lunch fixings, she asked her nephew whether there was some bread to make a sandwich. After some digging, "Bob" did find a couple of pieces in the freezer. I found the dynamics a bit peculiar but thought, "No big deal."

Then, after we got back home, my wife told me about Bob and Susie's breaking out the chocolate ice cream after I had gone to bed Sunday night. (Ice cream is not part of my wife's restricted diet, and they knew it from the previous day.) I feel that their handling of food and meals was clueless, if not outright rude. I have no desire for a return visit because of that. When I mentioned a future trip by their town next summer, my wife said she wants to include a return visit. I have no desire to subject myself to a repeat episode. Help. — Snubbed for Snacks

Dear Snubbed: I'm a little confused here. If it didn't bother your wife, the one with the food restrictions, I'm not really sure why it bothered you. It's her family and her diet restrictions, so I would let her take the lead as to whether or not to go back. Also, if she's on a tightly restricted diet, it would be best to pack snacks and small meals of her own when traveling.

Send your questions for Annie Lane to dearannie@creators.com.

Your Birthday

FRIDAY, SEPTEMBER 23, 2016

Be careful how you handle professional matters and partnerships this year. It will be easy to make assumptions, but very difficult to take back what you say or do. A secretive, methodical approach to situations will protect you from criticism and complaints.

LIBRA (Sept. 23-Oct. 23) — Look for changes that will allow you to explore new territory, learn more about the people around you and improve your chance to get ahead. Romance is encouraged.

SCORPIO (Oct. 24-Nov. 22) — Your biggest gain will come from putting your original and innovative ideas into play. A unique change at home will improve your assets and relationship with a special someone.

SAGITTARIUS (Nov. 23-Dec. 21) — Communicating from your heart will have a far greater effect than being evasive or refusing to admit that a problem exists. Facing facts will help resolve issues so that you can move forward.

CAPRICORN (Dec. 22-Jan. 19) — Keep a safe distance from anyone talking big and offering the impossible. Focus inward on self-improvement and looking and feeling your best. Romance will improve your personal life.

AQUARIUS (Jan. 20-Feb. 19) — Listen, evaluate and consider your options. Don't feel pressured to get involved in someone else's plans. Keep in mind that you should take care of personal business before com-

mitting to help others.

PISCES (Feb. 20-March 20) — Fix up your home and do whatever it takes to please the people you live with. Offering an improved entertainment space, helping out more or showing greater affection will pay off.

ARIES (March 21-April 19) — Don't share your feelings if it won't help you get what you want. Keep the peace, bide your time and offer incentives that will attract the help necessary to reach your goals.

TAURUS (April 20-May 20) — A brief trip or conference will spark your interest in something you've never done before. Explore new territory. Romance looks promising and will improve your life.

GEMINI (May 21-June 20) — Get down to basics and consider the dreams that you haven't had time to fulfill. No one can do the work for you. Do what makes you happy.

CANCER (June 21-July 22) — Moderation will be required if you want to avoid a difficult financial situation. Someone will be critical if you make unnecessary changes without alerting the affected parties.

LEO (July 23-Aug. 22) — You can bring about positive change that will raise your standard of living or bring greater joy to your personal life and relationships. Travel is favored, but overspending isn't.

VIRGO (Aug. 23-Sept. 22) — Make a change that will update your look. Being current will help you gain the respect and support you need to turn your plans into a reality.

SATURDAY, SEPTEMBER 24, 2016

You'll have to make adjustments to the way you live if you want to feel comfortable and at peace in your surroundings. Size up what's happening and address personal issues head on. Reject the people and situations that are costing you emotionally and financially.

LIBRA (Sept. 23-Oct. 23) — Emotions will escalate when dealing with relationship issues. A short trip or visit to a friend or relative who can shed light on your situation will do you good.

SCORPIO (Oct. 24-Nov. 22) — Taking brief trips and sharing your feelings with a loved one will lead to positive changes, good plans and a better home environment. Make a commitment and put your plans in motion.

SAGITTARIUS (Nov. 23-Dec. 21) — Changes at home will be met with rejection if you do things without getting the go-ahead to proceed first. Prepare and present what you want tactfully.

CAPRICORN (Dec. 22-Jan. 19) — How you present yourself and your abilities will make a difference in the way others treat you. Focus on building a stellar reputation. Love is on the rise.

AQUARIUS (Jan. 20-Feb. 19) — Learn from the mistakes made by others. Refrain from doling out cash to help someone else when it's in your best interest to put money behind improving your quality of life.

PISCES (Feb. 20-March 20) — Love is highlighted, so focus on important

relationships. Don't be afraid to do things differently or to try something new. Your enthusiasm will inspire others to join you.

ARIES (March 21-April 19) — Force is not the answer. If someone tries to bully you, step back and rethink your next move. Unpredictable people will only deter you from living your dream.

TAURUS (April 20-May 20) — Control changes taking place at home. You must do your part, stay involved and be willing to compromise in order to keep the peace and stay friendly with everyone.

GEMINI (May 21-June 20) — Steer clear of unpredictable situations and people who are inconsistent or are trying to get something for nothing. It's up to you to look for opportunities instead of waiting for them to happen.

CANCER (June 21-July 22) — Emotions will escalate in a certain situation, causing you to take on too much, exaggerate or do something you'll regret. Say little and concentrate on physical attention and praise.

LEO (July 23-Aug. 22) — Keep your plans a secret. Get everything together and prepare a flawless presentation before you share it with anyone. Integrate a healthy diet, sleep and exercise routine into your life.

VIRGO (Aug. 23-Sept. 22) — Helping others will make you feel good, but don't go overboard. It's better to offer your time, expertise and good advice, not your hard-earned cash.

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CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

“ MK MI W X K K Z Y Z X W X B K Z N K O X F
K N L Y P M K Z O X F , S F K K Z Y Z Y B M K N U Y
O X F C Y N R Y S Y Z M W H . ” — S N I Y S N C C ' I
S B N W V Z B M V L Y O

Previous Solution: “I don't consider myself a 'prodigy.' ... I'm no different from any other 11-year-old.” — Acclaimed painter Autumn de Forest

TODAY'S CLUE: A equals B

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

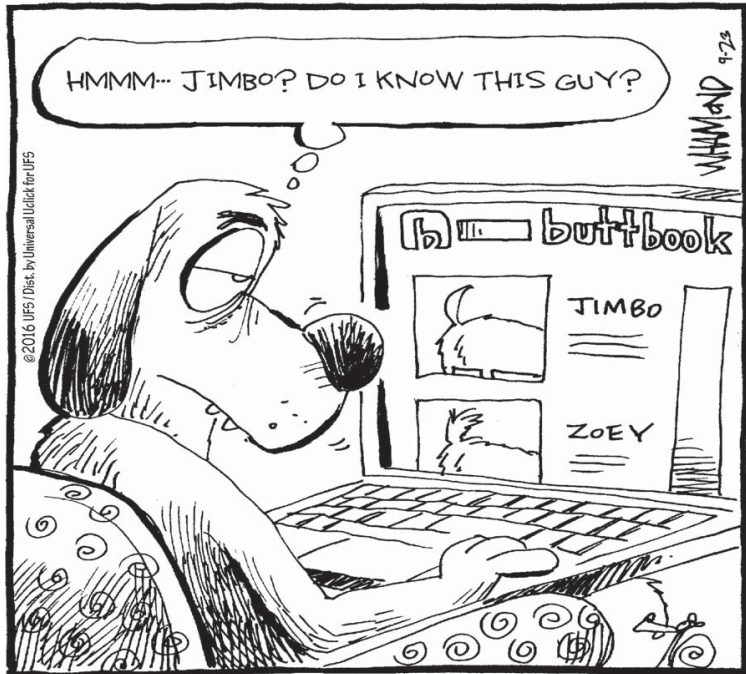
“ H F N K Z Z R X J R Y V O R Z U R W R M V P N R M R
... N R V , H O X ' S S N K S S N R B T H X S T U
H S K Z Z ? S T G R R B J R S S H X J A R S S R M ? ”
— N K Z Z H X I R X

TODAY'S CLUE: W equals V

“you leave behind.” — Baseball's Branch Rickey

Previous Solution: “It is not the honor that you take with you, but the heritage

REALITY CHECK

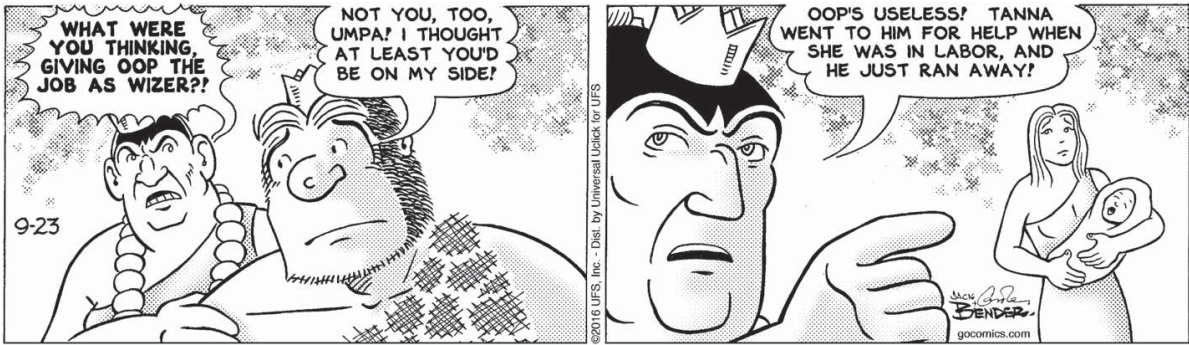


HERMAN

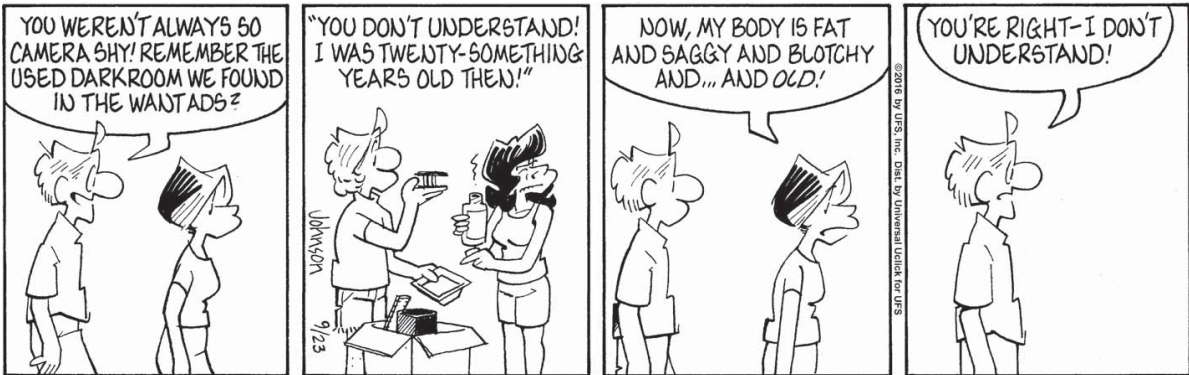


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ALLEY OOP



ARLO & JANIS



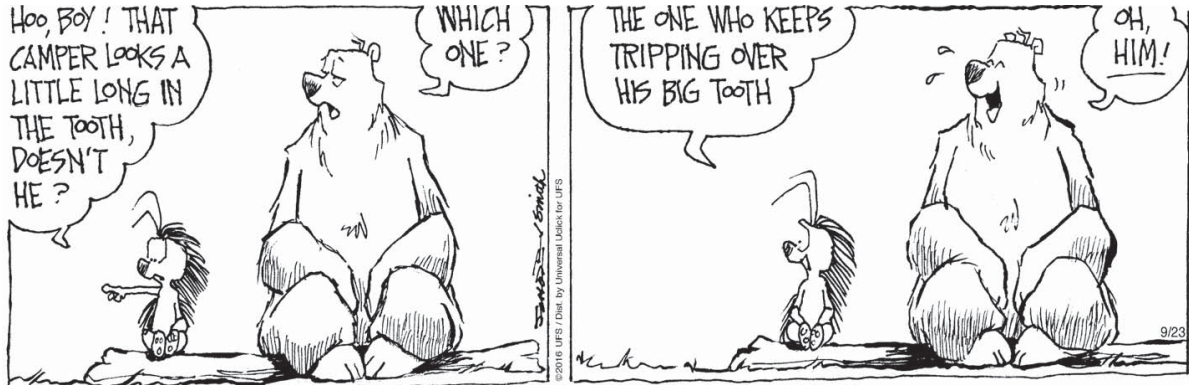
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KNOWLTON MULTI-FAMILY GARAGE sale September 24 & 25 (9 a.m. to 4 p.m.) 548 Knowlton Rd. China cabinet, table with 6 chairs, double stroller, tires, coins, lamps, paintings, lots of antiques, collectables, tools etc.

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345 Flea Markets

SUTTON Sutton Outdoor Market, 10 Curley St., on every Saturday from 8 a.m. to 3 p.m. Beatles Records, antique car lights, kerosene lamps and lanterns, world war posters, beer memorabilia, vintage toys, prints, paintings, dishes, home baking, fresh vegetables.

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New drugs for atrial fibrillation have upside and downside



ASK DOCTOR K
By Anthony L. Komaroff, M.D.

DEAR DOCTOR K: I've been taking warfarin without any problems for years to treat atrial fibrillation. Now my doctor wants me to switch to a different medicine. Should I?

DEAR READER: Atrial fibrillation (aFib) is a rapid quivering in your heart's upper chambers, or atria. Instead of vigorously pumping blood down into the lower chambers (the ventricles), the quivering upper chambers let blood pool inside them. As blood sits, it can form clots. If a clot gets into the bloodstream and blocks a vessel

supplying your brain, it can cause a stroke. Therefore, a person with aFib needs anticoagulant (anti-clotting) drugs.

Until a few years ago, the only option was a drug called warfarin (Coumadin). Warfarin works well, but the dosing is tricky. As a result, anyone taking warfarin must have regular blood tests to make sure the dose is correct. Too weak a dose can increase the risk of blood clots; too strong a dose can increase the risk of bleeding.

To make matters more complicated, the body doesn't always react the same way to warfarin. One month the dose may be just right. But the next month, the dose is either not strong enough or is too strong.

Over the past few years, new anticoagulant drugs have become available. The new drugs available in the U.S. include dabigatran (Pradaxa), rivaroxaban (Xarelto) and apixaban (Eliquis).

But, as you asked, if you're doing well on warfarin, is there any reason to switch? My colleague Dr. Christian Ruff is a cardiologist at Harvard-affiliated Brigham and Women's Hospital. He says yes, there is.

The new drugs are just as effective as warfarin, but safer. Compared with warfarin, they are only half as likely to cause bleeding in the brain. The new drugs also don't require regular blood tests, and they have fewer interactions with other drugs and foods.

But the new medications do have some downsides. For one thing, they

wear off quickly. So if you miss a dose, your clot risk rises. (Warfarin is long-acting, so missing a dose or two is less risky.) And when the newer drugs cause bleeding, it is harder to stop than bleeding caused by warfarin.

The new medications are still new. We don't have information about possible side-effects that could develop with long-term use. Also, the new drugs are more expensive than warfarin, and for some patients, that can be a disincentive to take them.

Also, the new drugs need to be taken twice a day, whereas warfarin is taken just once a day. Some people have trouble remembering to take medicines more than once a day. Not taking the new medicines exactly as directed — for this reason, or because they're expensive — can increase the risk of clots.

So when I have a patient on warfarin whose dose has proved to be very stable, and who has not had any adverse effects despite taking it for many years, I think twice about switching to the new medicines — even though I agree with Dr. Ruff that they do have some clear advantages. Call me old-fashioned, but I'm waiting for more information about the possible adverse effects of the new drugs before recommending them to every person who needs an anti-clotting drug.

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)

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KITCHEN SCOOP
By Alicia Ross

The flour and meal section at the grocery store has exploded! There are high-gluten and no-gluten flours, all-purpose, bread and cake flours — and that's just the wheat flours. You also have rice, oat, corn and every kind of nut meal you can imagine.

Today's recipe uses pecan meal, but you don't have to add another ingredient to your bulging pantry. You can make the pecan meal at home. The exact measurements are hard to guess when you are grinding the pecans, so you'll most likely have some leftover meal. But that's a bonus, not a problem. Pecan meal is delicious sprinkled over hot or cold cereals and salads, when mixed with corn meal or flour for coating fish or chicken, and even sprinkled over your favorite pasta. I use a tablespoon of sugar with my toasted pecans to help keep them from turning to pecan butter during processing. Be sure to pulse, not process, until smooth.

Very Pecan Cookies use pecan meal as a flavorful boost to the flour, which makes these cookies extra nutty. As with most crispy cookies, I suggest storing them in foil, a tin or a cookie jar, not a plastic container or a bag. Plastic tends to make cookies softer,

especially in the warmer, more humid months.

The first few batches I made didn't have a storage problem, though. We ate them almost as soon as they came out of the oven. I hope you enjoy!

Very Pecan Cookies

Start to finish: 30 minutes

Yield: makes about 2 dozen cookies, depending on cookie size

3 cups toasted pecan pieces, divided use

1 tablespoon sugar

2 sticks (16 tablespoons) unsalted butter

1 cup lightly packed light brown sugar

1 large egg

2 teaspoons vanilla extract

1 2/3 cups all-purpose flour

1 1/2 teaspoons baking soda

Preheat oven to 325 degrees. Line a cookie sheet with parchment paper. Set aside. Make the pecan meal: In a food processor fitted with the steel blade, process 1 cup pecans with the sugar until pecans are fine meal in texture. Pulse, do not blend, and be careful not to over-process, or nuts will form butter instead of meal. Measure 2/3 cup meal and set aside. Store the remaining meal in a zipper-top freezer bag. Meal will keep in the

freezer for up to 3 months.

In a large bowl of an electric mixer, cream together the butter and brown sugar until fluffy. Add the egg and vanilla and mix well. Add flour, reserved pecan meal and baking soda and mix slowly just until folded together well. Stir in the remaining pecans.

Spoon dough in desired size onto prepared cookie sheet. (Pictured cookies are 1 1/2 tablespoons.) Bake for 12 to 15 minutes or until edges and bottoms are golden brown. Cool for 5 minutes on the cookie sheet, then remove to a wire rack to cool completely.

Approximate values per 3- to 3.5-inch cookie (1 out of 24): 227 calories, 18 g fat (6 g saturated), 28 mg cholesterol, 3 g protein, 15 g carbohydrates, 2 g dietary fiber, 7 g sugar, 138 mg sodium.

(Alicia Ross is the co-author of "Desperation Dinners!" (Workman, 1997), "Desperation Entertaining!" (Workman, 2002) and "Cheap. Fast. Good!" (Workman, 2006). Contact her at Kitchen Scoop, c/o Universal Uclick, 1130 Walnut St., Kansas City, MO 64106, or send email to tellus@kitchenscoop.com. Or visit the Kitchen Scoop website at www.kitchenscoop.com.)

Your Birthday

SUNDAY, SEPTEMBER 25, 2016

Expect the unexpected and be prepared to make a move without waffling. The longer you procrastinate this year, the more difficult it will be to bring about the change necessary to achieve the happiness and peace that you deserve. Speak up and make your move.

LIBRA (Sept. 23-Oct. 23) — Refuse to let professional matters interfere with your personal life. Love and affection will help you maintain a good relationship with the important people in your life.

SCORPIO (Oct. 24-Nov. 22) — Someone who wants to make you look bad will scrutinize your words or actions. Choose your words wisely, and work secretly until you feel that you can overcome anyone likely to challenge you.

SAGITTARIUS (Nov. 23-Dec. 21) — You'll get what you want if you are willing to work hard. A financial gain is apparent, and negotiations will favor you.

CAPRICORN (Dec. 22-Jan. 19) — Refuse to let an emotionally charged situation come between you and the goals you have set for yourself. Live up to your expectations and forget about what others say or do.

AQUARIUS (Jan. 20-Feb. 19) — Weigh what's most important to you and stick to your plan to ensure that you reach your destination safe and sound. Careless spending or trying to buy love will add to your stress.

PISCES (Feb. 20-March 20) — Stress will be high if you or someone close to you isn't being honest or open. You cannot fix a problem if you don't admit that one exists.

ARIES (March 21-April 19) — You can bring about change if you take part in something you believe in. Don't expect a loved one to agree with your actions. Say little and keep the peace.

TAURUS (April 20-May 20) — Look over your assets and liabilities and consider what needs to be done in order to ease financial stress. Don't let anger take control when common sense and practicality are the answer.

GEMINI (May 21-June 20) — Take pride in your profession and check out events and activities that will help you make positive changes to your appearance and what you have to offer.

CANCER (June 21-July 22) — Force isn't likely to work at home or in situations that involve people who don't share your opinions. However, reverse psychology and kind gestures will encourage compromise.

LEO (July 23-Aug. 22) — Emotions will be close to the surface. Ask questions and find out where you stand. A day trip can turn into a romantic adventure if you keep an open mind.

VIRGO (Aug. 23-Sept. 22) — Help others and reap the rewards you deserve. Don't give in to someone trying to put a damper on your plans to make a difference in your community or aid those in dire need.

FRIDAY, SEPTEMBER 23, 2016

A thin hope is better than none

By Phillip Alder

Desmond Tutu (who can play bridge) said, "Hope is being able to see that there is light despite all of the darkness."

Occasionally, when your partner has overbid badly, you seem to be in a dark, hopeless contract. Then, you should try to find a layout of the opposing cards that will permit you to succeed.

In today's deal, South is in three no-trump. West kicks off with fourth-highest from his spade suit, and East puts up the jack. What should declarer do? Did West have a more-effective opening lead?

Over North's takeout double, South's jump to three no-trump promised 13-15 points with preferably at least two spade stoppers.

South starts with only four top tricks: two spades (given trick one) and two clubs. He can establish three heart and three diamond winners, but that requires knocking out both of those aces, which must rest in the West hand, given his opening bid. If South takes the first trick and plays, say, a diamond, West can snatch the trick and continue with the spade king to set up his suit while he still has the heart ace as an entry.

Declarer's only chance is to play low from his hand at trick one, hoping that

North				09-23-16			
♠ 9 2							
♥ Q 10 8 3							
♦ Q J 9 7							
♣ A K 4							
West		East		South			
♠ K 10 8 7 6 3		♠ J		♠ A Q 5 4			
♥ A 2		♥ 9 7 5 4		♥ K J 6			
♦ A 4		♦ 6 5 3 2		♦ K 10 8			
♣ Q J 5		♣ 10 9 6 3		♣ 8 7 2			
Dealer: West				Vulnerable: Both			
South	West	North	East				
3NT	1♠	Dbl.	Pass				
	Pass	Pass	Pass				
Opening lead: ♠ 7							

the spades are 6-1, not 5-2. Suppose East shifts to a club. South wins on the board and drives out the diamond ace. West continues clubs, but declarer ducks that trick, takes the third club, and dislodges the heart ace. He has nine tricks to cash. West's killing lead is the spade king, which would swallow his partner's jack and leave him on lead to continue with the spade 10 should South play low.

CROSSWORD

Across

- 1 Out of practice
- 6 Blue stone
- 11 It doesn't last long
- 14 Casual opening
- 15 Saudi neighbor
- 16 Part of un giorno
- 17 Crayfish habitat
- 18 Employees
- 20 Seminal discovery by sports historians?
- 22 Newspaper supporters
- 25 LAX stat
- 26 "You got me there"
- 27 Comprehensive text on mints?
- 32 Card game
- 33 Certain cross-country traveler
- 34 Crane's construction
- 36 "One Mic" rapper
- 37 Reaction to Bugs' continued evasive-

ness?

- 41 Common ID
- 43 Soaps actress Rylan
- 44 Some kissing sounds
- 47 Snap
- 48 How a snail moves?
- 51 Lend __
- 54 "That's so cute!"
- 55 Brine-cured delicacy
- 56 "I plotted against Caesar completely on my own!"?
- 61 "Doubtful"
- 62 Be enamored of
- 66 Relative of -ista
- 67 View from the Eiffel Tower
- 68 Traction aid
- 69 Cold and wet
- 70 Fragrant compound
- 71 Quite a while

Down

- 1 Kid
- 2 A, in Acapulco
- 3 Mess metaphor
- 4 Canter cousin
- 5 "Am I clear?"
- 6 Dieter's choice
- 7 Milwaukee : mine :: Marseilles : __
- 8 Last of three Catherines
- 9 Calligrapher's array
- 10 Searches (through)
- 11 Philatelist's source
- 12 Peloponnesian region
- 13 Nature spirits of Greek myth
- 19 Plains tribe
- 21 List substitute: Abbr.
- 22 Cadillac model
- 23 Hägar creator Browne

- 24 TV's "Through the Wormhole," e.g.
- 28 Invoice heading no.
- 29 Initiation
- 30 Ryan of "Sleepless in Seattle"
- 31 Night sch. staple
- 35 Bit of adverbial wordplay
- 38 Confessional music genre
- 39 LBJ's successor
- 40 Real head-turner in the animal kingdom
- 41 Deeper into la-la land
- 42 "From Here to Eternity" Oscar winner
- 45 Coverage-providing org.

- 46 __ symbol
- 49 Bit of equestrian gear
- 50 __ Beach, Hawaii, home of the 2005 Little League World Series champs
- 52 "__ suspected!"
- 53 Salon procedure
- 57 Hawaiian strings
- 58 Agitated state
- 59 Pothole warning
- 60 Farm female
- 63 Org. assisting museums
- 64 Amtrak unit
- 65 QB's stat

L	I	M	O		S	T	A	R	K		V	I	S	A			
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S	T	O	P		S	A	L	E	M		S	T	E	P			
E	O	N	S		S	P	I	R	E		S	E	T	S			

1	2	3	4	5		6	7	8	9	10		11	12	13	
14							15					16			
17							18					19			
				20		21									
22	23	24		25						26					
27				28				29	30	31			32		
33								34			35		36		
				37			38	39				40			
41	42			43							44		45	46	
47						48			49	50					
51				52	53				54				55		
56						57	58	59				60			
61											62		63	64	65
66						67					68				
69						70					71				