

40 cents

MONDAY

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Royal Commission: Report on babies sure to raise ire

By Helen Branswell and Dennis Bueckert

OTTAWA (CP) — Rarely has a government inquiry ignited so much passion and fury.

After four years, three extensions, \$25 million and much controversy, the Royal Commission on Reproductive Technologies is to submit its report today to the prime minister.

The report, expected to exceed 1000 pages, is designed to help Canada deal with the rapidly changing and ethically perplexing new world of procreation.

It is not clear when Canadians might get to read it.

The report will be presented privately to the government today. Its recommendations will be publicly released at an unspecified later date.

But it is certain the report will spark even more debate once the public and its critics see its contents.

Feminists who felt excluded from the commission's decision-making process have prepared a "counter report" of their own.

Critics warn that science is pushing society toward practices pioneered in Nazi Germany.

"It's like the 1930s now," says feminist Gena Corea, introducing a book of rebuttal essays.

"We know how some people in the '30s must have felt, smelling what was coming."

Scientists tend to dismiss such views as hysterical and misinformed.

They point to a bright future, where children with major handicaps need not be born, where infertile people can have children, where couples can select the sex of their child.

Patricia Baird, the University of British Columbia geneticist who headed the five-member royal commission, says Canadians can be proud of the report.

But one of four commis-

'Terrible' campaign killed us — Beatty

TORONTO (CP) — Federal Conservatives, routed out of government following a "terrible" election campaign, must now consider whether recovery is possible, says Perrin Beatty, who served in several portfolios in the last government.

"The Conservatives lost for many reasons, the most obvious being that policies like the GST don't make government popular and that the party ran a terrible campaign," Beatty wrote in a column in the Toronto Sun during the weekend.

Beatty was among all but two Tories thrown out of Ottawa in last month's election. During his 21 years in politics, he served as minister of External Affairs, Defence, Communications and Health.

He writes that Canada doesn't need two right-of-centre parties — the Tories and the Reform party — and the Conservatives now risk becoming "irrelevant" unless they can "return the... party to its members."

"Many Conservatives voted Reform believing their party

ST. REGIS MOHAWK RESERVE, N.Y. (AP) — Mohawks have overwhelmingly voted to oppose a compact that would allow casino gambling on the reserve.

"The people voted no, we don't want the compact," Doug Smoke, tribal sub-chief said after Saturday's vote.

The final tally was 607-43 against the compact, but two tribal chiefs claimed the vote

was nothing more than "an informal poll."

The reserve-wide vote is unofficial because a resolution calling for a referendum was not passed properly at a tribal meeting, according to Tribal Council chiefs L. David Jacobs and John Loran.

Smoke said 651 voters turned out, out of a possible 2,000.

The two chiefs had issued a statement on Friday, saying

the referendum was promoted by gambling opponents and is "nothing more than a biased, unscientific poll of how a small group of opponents feel about this compact" and non-binding on the tribal council.

BINDING?

Other members of the state-recognized Tribal Council said the referendum resolution was properly passed and Saturday's vote is a legal one.

The compact has been signed by Jacobs and Loran and New York state Gov. Mario Cuomo. The federal Bureau of Indian Affairs must still approve it before casinos can open on the reserve, which straddles the U.S.-Canadian border in northern New York.

Smoke predicted the vote may convince the federal government to reject the compact.

Although the St. Regis Mohawks approved casino gambling on the reserve in an earlier referendum, many object to the provisions of the agreement negotiated by Jacobs and Loran. Norman TARBELL, the third tribal council chief, has refused to sign the compact, saying it gives state police and the Racing and Wa-

See MOHAWKS: page 2

Jackson in hiding?

From Reuter-AP

LONDON (CP) — British tabloids took aim at pop superstar Michael Jackson on Sunday, with some claiming he dropped out of sight to avoid criminal charges in the United States.

Drug Treatment Star Faces Life On The Run, headlined the Sunday Express.

Hunt For Jacko The Fugitive, read the News of the World.

Jackson vanished Friday after announcing in Mexico City that he was cancelling his Dangerous tour.

A tape released by aides said addiction to painkillers and stress brought on by allegations that he sexually molested a boy in California prevented him from continuing the tour.

The Mail on Sunday said: "Michael Jackson was in hiding last night... his world tour scrapped and his life in tatters."

The Sunday Mirror quoted Los Angeles lawyer Richard Hirsch, who represents Jackson's 13-year-old accuser, as saying Jackson has run out of excuses for staying out of America.

SAD SITUATION

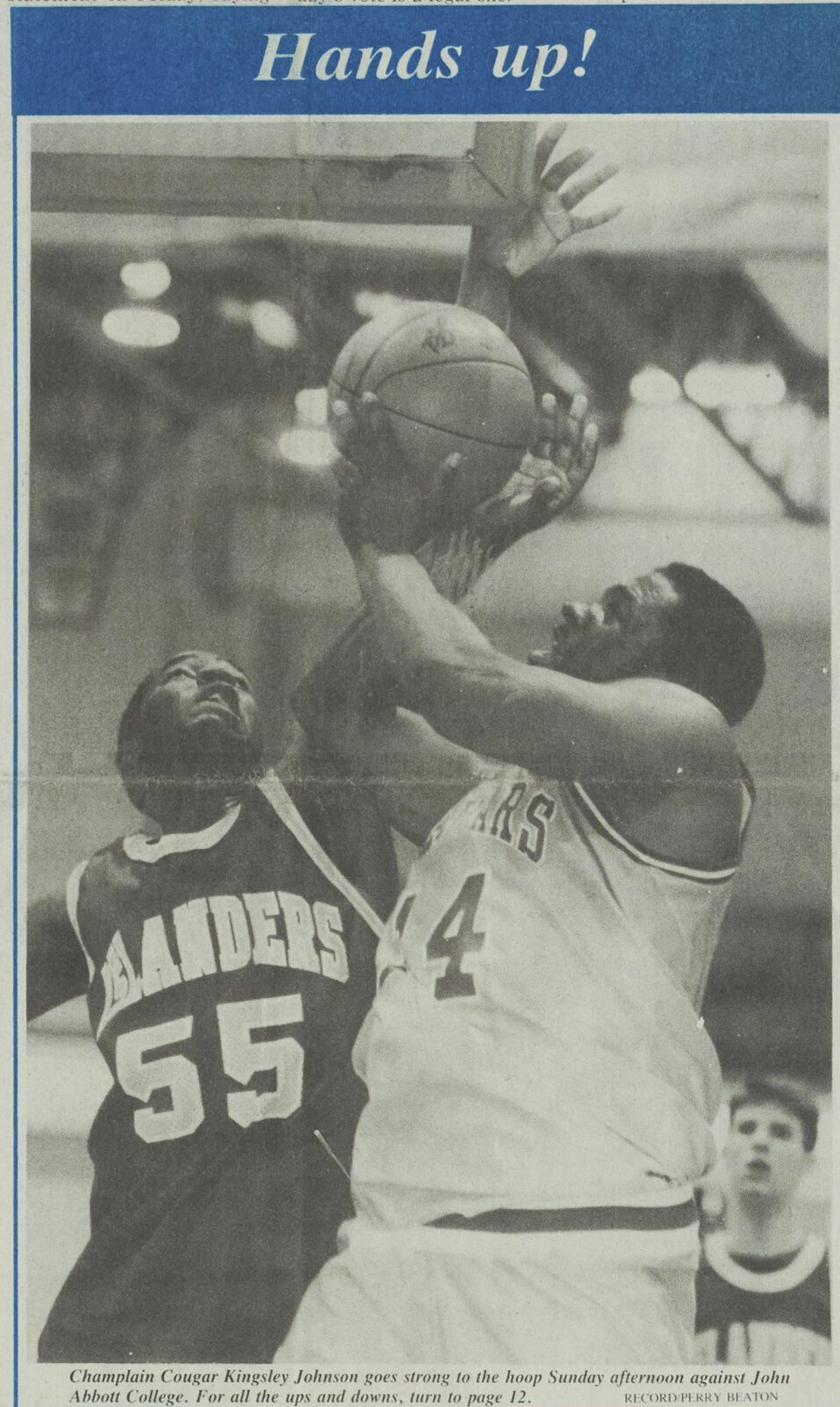
"If he fled to avoid these charges, it is a very sad situation for everyone concerned," Hirsch was quoted as saying.

Some papers said Jackson was being treated at the Charter Clinic in west London and dozens of fans stood outside Sunday.

Duty manager Jane Pitcaithly said: "I cannot confirm or deny that Michael Jackson is here. It is not official policy for us to comment on patients who visit our clinic."

Reports from California said Jackson had been on an executive jet with actress Elizabeth Taylor and her husband Larry Fortensky when it left Mexico City on Friday. It touched down in Britain early Saturday, en route for Switzerland.

Taylor emerged when the aircraft reached Switzerland later Saturday, but there was no sign of Jackson.



Champlain Cougar Kingsley Johnson goes strong to the hoop Sunday afternoon against John Abbott College. For all the ups and downs, turn to page 12.

RECORD-PERRY BEATON

NAFTA still about 12 votes short

WASHINGTON (Reuter) — The Clinton administration is about 12 votes short of the number it needs to pass the North American free trade agreement but it is within striking distance of victory, the top U.S. foreign trade official said Sunday.

A leading opponent of NAFTA, however, said he had enough votes to defeat the trade pact when the U.S. House of Representatives votes Wednesday.

"We have enough votes right

now to put us in striking distance. Neither (side) has 218 right now, but by Wednesday we will have them," he said.

But a leader of the fight against NAFTA, David Bonior, the Democratic whip in the House, said there were 222 votes against the agreement.

"We think we are going to hold our vote because the American people are calling their members of Congress and telling them this is a job-loss bill,"

"We have enough votes right

now to put us in striking distance. Neither (side) has 218 right now, but by Wednesday we will have them," he said.

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"We think we are going to hold our vote because the American people are calling their members of Congress and telling them this is a job-loss bill,"

Developer says deal reached on abortion pill

NEW YORK (Reuter) — The developer of the French abortion pill RU-486 told Newsweek he had won a preliminary agreement to allow a group of scientists to make and distribute the drug in the United States.

Dr. Etienne-Emile Baulieu, the researcher who developed RU-486, told the magazine he had reached preliminary agreement with Roussel-

Uclaf and its parent company, German chemical giant Hoechst AG, allowing him to set up a pharmaceutical firm to make and distribute the pill as soon as it receives U.S. government approval.

President Bill Clinton, shortly after taking office in January, directed Health and Human Services Secretary Donna Shalala to review the Food and Drug Administration's ban on RU-486.

The ban was instituted during the administration of former president George Bush on the urging of anti-abortion groups.

FDA Commissioner David Kessler said in April that Roussel had agreed to license the drug to a non-profit research group as a step in eventually marketing the drug in the United States. But while the French company seemed wil-

ling to enter the U.S. market, Hoechst appeared reluctant to let it do so.

After some pressure from the FDA, Hoechst agreed to look for a third party to distribute RU-486, which is also being used in cancer research.

Abortion foes in the past have threatened to boycott the drug maker's other products if the pill were distributed in the United States.

See NAFTA: page 2

Among those attending Sunday's brunch were most municipal mayors and community leaders, representatives from the education and health sectors, and Liberal Party faithful.

"You can say they were anti-communist, but they were really fascist collaborators during the war," said Tester. "The government knew what it was doing. Essentially, it was a conscious effort to roll back the labor movement."

Activists like her also do not want women to feel they must relinquish control over decisions about how to treat the disease to doctors.

PROFESSOR MILKEN? CAN WE CHEAT IN THIS CLASS?

ONLY IF YOU NEED AN EDGE.

But Vandellac and others say the discussion should have started earlier with questions like: Is this technology ethical? Should it be allowed? Is it effective? What is the long-term impact?

The Townships

**the
Record**

South Stukely neighbors mum about victim

Man in hospital after bomb in truck explodes

By Mark Brender

SOUTH STUKELY — A South Stukely man with a long arrest record is in hospital today with a serious leg injury after a bomb planted in his pickup truck exploded Sunday morning.

Ray Coulombe, 47, is recovering at Sherbrooke University Hospital (CHUS).

Quebec Police Force spokesman Tom McConnell said Coulombe was pulling out of his driveway onto Route 112 when the bomb went off at 6:50 a.m. The truck rolled across the road and into a ditch.

After the explosion the bomb squad and police dogs checked

other cars in Coulombe's driveway for explosives. None were found, McConnell said.

Police have no suspects and are continuing their investigation.

KNOWN TO POLICE

"He's somebody that we know," McConnell said about Coulombe. "We have arrested him many times: drugs, theft, everything."

McConnell added the injury might keep Coulombe in hospital for at least a week.

Hospital spokesman Pierre Lafleur said information on Coulombe's condition is being withheld at the request of his wife.

Few in the village of 754 about 50 kilometres west of Sherbrooke were willing to have their names used in connection with the incident.

Asked if residents might have any reason to be angry with Coulombe, one woman replied that "many people could be mad."

Friends of Coulombe congregating yesterday afternoon in a nearby variety store owned by Coulombe's brother refused to comment.

"Leave now and there won't be a problem," one said.

NEIGHBORS QUIET

The one person in the store willing to talk, a woman

working behind the counter, said only that "he's going to be okay. His leg is going to be fine."

She said the truck was virtually brand new.

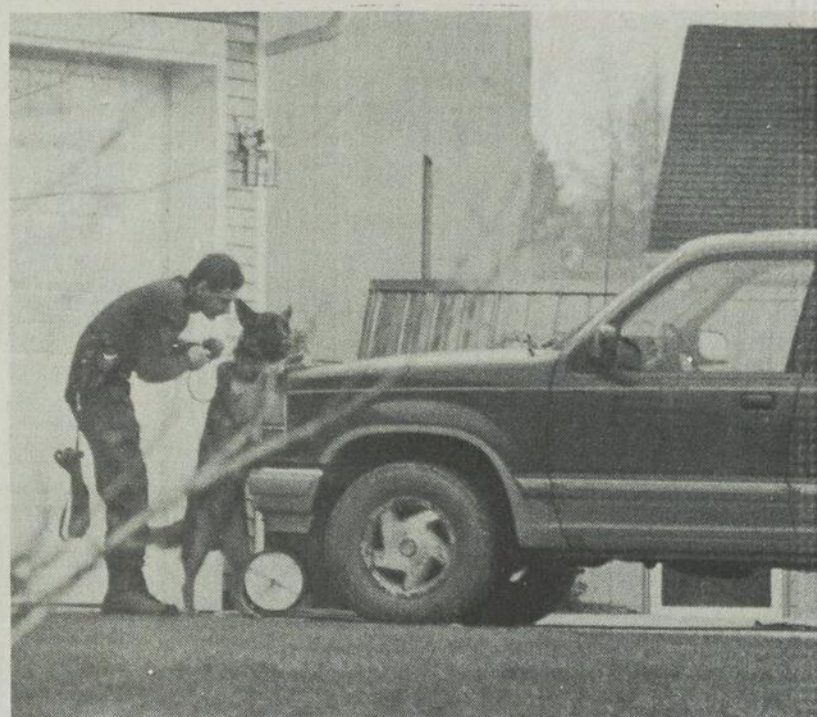
Another neighbor, Jocelyne Pagé, was sitting in the kitchen with her husband and other family members when they heard the explosion.

Pagé said they thought it was a wood pile in the yard or loose bricks in the chimney. Then she looked outside.

"As soon as I opened the door I heard Ray yell, 'Help,'" she said.

Pagé called the police while the men at the table, who were getting ready to go hunting, ran to the truck.

It is too early to tell the kind of explosives were used or what detonated the bomb, another police officer said.



Dogs searched another car in the driveway for explosives.



The damaged truck rolled across the road into a ditch.

RECORD PHOTOS/PERRY BEATON



After the explosion, bomb squad members were left to pick up the debris.

Townshippers Foundation focuses on youth exodus

By Mark Brender

SHERBROOKE — There was a time when Jim Ross didn't feel welcome in his own province.

In the middle and late 1970s, at about the time the Parti Québécois was elected to power, anglophones were not looked upon fondly even in the Eastern Townships, he says.

The bitterness and resentment of many francophone Quebecers — some justified, Ross says, because of the economic dominance of English businessmen — was tangible. The anti-English rhetoric "just gave you a sense that you weren't wanted anymore."

But today Ross says the acrimony is gone, replaced by what he sees as a mutual respect between the two cultures and more interaction on both sides of the linguistic divide than ever before.

As president of the Townshippers Foundation, a charitable organization with a mandate to promote and preserve the English culture in the townships, Ross is an optimist about how good life can be for anglophones in the Townships. The problem he sees is that many young anglophones don't stick around long enough to find out.

Ross cites a study several years ago that he says found between 75 and 80 per cent of anglophone students in the Townships didn't even try to look for jobs at home after their education was finished.

"What we're trying to do," he says, "is reverse that trend." To that end, the Townshippers' Foundation launched its 1994 fundraising drive Friday night.

Vice-president Bruce Stevenson appealed for financial support from approximately 40 people who turned out for a kickoff organizational meeting at the Sherbrooke Hospital.

The foundation is aiming for \$70,000 in contributions from corporations and individuals. It already had \$6,700 Friday evening, organizers said.

Last year fundraising drive raised \$60,000. The amount has gone up every year since 1987.

"Knowing the generosity of our community in supporting worthwhile projects in the Eastern Townships, I believe our goal will be achieved," campaign chair Rhoda Leonard said.

TAX DEDUCTIBLE

The majority of the money raised goes to the Townshippers' Association, a related but

independent organization, to help with their work. The foundation was set up in 1987 as a way for people to receive tax-deductible receipts for their contributions to the Townshippers Association.

The association uses the money to organize Townshippers Day, promote school writing competitions and fund studies about the social history of the Townships. Other projects last year included a heritage essay contest, a student language arts festival held at Alexander Galt High School and student exchanges with French language schools.

Last year the association also received \$75,000 from an unnamed Montreal charitable organization.

"Their concern is that they would just get inundated with requests" if their identity was known, Ross said.

This money is earmarked exclusively for youth programs. Last year was the first of a three-year youth program but the foundation has to prove every year that the money is well spent. Ross doesn't expect any difficulty getting the grant renewed.

"There's always been an interest in youth but there has not been a long-term project focus-

ing on youth," he says. "There is a perception that what we've been doing in the past is just to defend our culture and be an English-rights group, a lobby group."

Now the organization wants to convince youth they can "live happily, comfortably and

profitably in the townships with the French community."

Stevenson said the foundation is hoping to raise \$30,000 through phone solicitation, \$10,000 through a direct mail campaign and the remainder during a corporate campaign beginning in early January.

The Foundation has between 10,000 and 11,000 names on a newly-purchased computer data base system of people who have contributed in the past or are still involved. Ross said there is a potential donor base of approximately 50,000 anglophones in the Townships.



Townshipper Foundation president Jim Ross, vice-president Bruce Stevenson and campaign chair Rhoda Leonard.

RECORD/MARK BRENDER

Coaticook gets school of agriculture

By Mark Brender

COATICOOK — A \$374,000 federal government grant announced Friday for the Centre d'initiatives en agriculture de la région de Coaticook (CIARC) is the last piece of the puzzle in the creation of a new agricultural school for the Eastern Townships.

The Centre régional d'initiatives et de formation en agriculture (CRIFA) is a joint venture of CIARC and the Coaticook School Commission. Students from Coaticook and the Collège de Sherbrooke will be the primary benefactors of the project.

"It's important for the region because we didn't have the human resources to carry out new (agricultural) initiatives," said Jean-Charles Blais, president of CIARC. "This will allow us to do that. It will be a source of good things in the future."

Only 17 per cent of students in

Coaticook took agricultural courses last year, Blais said. The government grant and the new centre will allow the region to accommodate all who are interested, he said.

The CIARC was created in 1992 through a \$810,500 grant from the federal government. The latest federal contribution comes from a program that designates money for specific projects in communities suffering economic hardship.

The new CRIFA building on Morgan street in Coaticook is expected to be completed this spring.

There will be between 12 and 15 new teaching jobs created, Blais said, in addition to regional economic spin-offs.

The total cost of creating the CRIFA was just under \$1.6 million, shared by contributions from the federal and provincial governments, the CIARC, the Coaticook school commission and the Collège de Sherbrooke.



CIARC president Jean-Charles Blais ... "Source of good things."

RECORD/MARK BRENDER



Two deaths: Two 16-year-olds boys are dead and a third is clinging to life in Sherbrooke University Hospital after a single-car accident near 2695 Route 220 around midnight Friday. Sherbrooke police say the three were headed toward St. Elie when the driver lost control of the vehicle, skidded into a ditch, hit a culvert and flipped several times. Dead are Yannick Lachance and Alexandre Guay, both of St-Elie.

RECORD/PERRY BEATON

Christmas doesn't come in a box

Finally, a silver lining to the recessionary cloud which has created a class of *nouveau-pauvre*.

It comes in the form of a leaner, more creative, peace-loving family-friendly Santa-Claus. This could be the year cash-strapped families rediscover the true meaning of Christmas and recall that the tradition was established long before Visa, Mastercard and mass marketing myths.

A record two million Quebecers — that's one-third of the population — will be relying on welfare or unemployment insurance cheques for their Christmas spending this year. Many of those who still have a paycheque have experienced salary cut-backs, wage freezes, and reduced work weeks. Others with long-time service to a company have come to realize that job security in the nineties is only as good as the global marketplace on a given day.

With less money to spend on Nintendos and Barbie ranches, families will be forced to re-think their Christmas spending patterns and focus on a deeper meaning of Christmas.

Hobbyists are turning their talents into meaningful gifts and selling their wares to make a little extra pocket cash.

In Bedford, the entire community will get behind a massive food drive December 10. Legion branches, church groups, and service clubs in every town and village are busy preparing Christmas baskets as communities reach out to take care of their own.

As the gap narrows between the haves and have-nots, shoppers are paying more attention to the large boxes in shopping centers and supermarkets. More fortunate members of the community are realizing their good fortune and are giving a little extra to charitable causes. There is a greater awareness and compassion for those who may not have enough to eat or may be unable to provide a gift for their children.

The economic climate has caused even those who can afford to spend to challenge commercial myths which say that children develop dexterity from nixing gremlins by remote control, or that toddlers need the stimulus of polyethylene playmates to advance normally.

What children really need doesn't come in a box. Nor does the spirit of Christmas. Both are free, and GST is included. This may be the year more people really celebrate Christmas.

SHARON McCULLY

Duty of citizens to disobey unjust laws

The jailing of B.C. anti-logging protesters for contempt of court sparked a faxed "editorial" from Scot McFadyen of Clayoquot Resource Centre and Jill Thomas of Friends of Clayoquot Sound:

Civil disobedience empowers the weak to fight the strong. It shakes unjust authority and redeems tyrant and victim alike.

Some people argue that it is the duty of every citizen to disobey unjust laws.

Is Chief Justice (William) Esson arguing the over 800 people who have been arrested in Clayoquot Sound aren't "right-thinking?"

Surely, every fully informed and right-thinking person would revolt against a rule of law which threatens an ecosystem with extinction.

From What Canada Thinks, a regular feature of The Canadian Press

Today in history

By The Canadian Press

An agreement signed in Montreal gave native people about \$150 million as compensation for land lost to the James Bay hydroelectric project 19 years ago today — in 1974. The agreement also provided for a guaranteed annual income for Cree and Inuit hunters, trappers and fishermen. About 10,000 natives in northwestern Quebec would receive tax-free compensation.

Also on this date in:

1877 — The Northwest Council passed laws to conserve the bison.

1948 — Mackenzie King retired as prime minister and was succeeded by Louis St. Laurent.

1963 — Canada and India agreed to co-operate in building a nuclear power station at Rana Pratap Sagar, India.

1967 — Secretary of State Judy LaMarsh opened the new Museum of Science and Technology of the National Museums of Canada.

Did you know that...

PRAIRIE JOURNALIST

Ella Cora Hind of Toronto moved to Winnipeg and became agricultural editor at the Manitoba Free Press in 1901. She became known for her ability to predict wheat yield crops.

Balkanized



Ed Stein '93
Rocky Mtn. News-Alta

After 75 Years:

World still entangled in Great War

By Patrick McDowell

ARMISTICE CLEARING, Frane (AP) — Officially, the First World War ended here, in a railroad car where Allied and German commanders signed an agreement to halt the butchery that had taken 12 million lives.

But 75 years after all fell quiet on the Western Front, the conflict soldiers called The Great War remains unfinished for their great-grandchildren in such places as Bosnia, the Middle East and the former Soviet Union.

The First World War baptized the 20th century as the bloodiest in history. It shredded centuries-old empires into squabbling states, shattered notions of civilization, and spawned Nazism and Leninism.

Although The War to End All Wars formally ceased on Nov. 11, 1918, its embers smoulder in small wars.

"I can fully understand why there's no real intervention in the former Yugoslavia," said Modris Eksteins, a historian at the University of Toronto.

Sarajevo is a textbook example of the changed attitudes toward military intervention, said Eksteins.

CATAclysm

The world plunged into a cataclysm because of an assassination in Sarajevo in 1914. This time, despite the Serb siege, atrocities throughout Bosnia and what many see as a threat to western values, the United States, France, Britain and Russia have found reasons not to be dragged into the Balkans.

It was different in 1914, before instant media, when arrangements that changed the course of

history often were made in private.

Europe had finished a century of relative peace and prosperity, but it was divided among seven powers largely equal in military strength. They nurtured alliances and armed for a war many thought inevitable, even desirable.

In 1914, Sarajevo lay in the southern reaches of the Austro-Hungarian Empire, whose holdings included what are now Croatia and Bosnia-Herzegovina. Next door to them was the Kingdom of Serbia, suspected in Vienna of fomenting Slav separatism within the empire.

A Serb nationalist shot Archduke Franz Ferdinand of Austria to death in Sarajevo on June 28, 1914, and Austria-Hungary threatened Serbia with retaliation.

QUICK MOBILIZATION

Serbia appealed for aid to its ally, Russia. Austria called on Germany. Russia demanded help from France, which coaxed Britain in. By August, armies were mobilized and soldiers were dying in France, Belgium and the Balkans.

Before the year was out, the Ottoman Empire — what is now Turkey and the Middle East — joined Germany. Japan cast its lot with the Allies. Italy did the same in 1915 and the United States followed in 1917.

Fighting spread to the Arabian peninsula, the Dardanelles and central Asia, even to Africa, China and the Falkland Islands.

The world encountered total war. Germany sent submarines to sink passenger liners it suspected of carrying war supplies. Aircraft bombed London. Britain

blockaded Germany. Turks massacred Armenians.

Women's liberation got a boost as women worked in munitions factories so men could go to the front.

Every available man went, tens of millions from the belligerent nations and their far-flung empires. Canada enlisted about 620,000 and about 425,000 were sent overseas.

UNIMAGINED SCALE

They found war of attrition on a scale unimagined and Industrial Age weapons — machine-guns, poison gas, rapid-fire artillery, airplanes, tanks, siege guns that could flatten a city block — entrusted to generals weaned on Napoleon's campaigns.

Under mind-shattering barrages of high-explosive shells,

men huddled in trenches in a misery of mud, lice, poor food and disease until ordered over the top into the hell of No Man's Land.

Millions of men died at such places as Verdun, Ypres, the Somme, Champagne, Gallipoli, among them 61,000 Canadians. Another 172,000 Canadians were wounded.

The war ended only when weary, hungry Germany cracked under an Allied counteroffensive in autumn 1918. Revolution was in the air at home. Kaiser Wilhelm II abdicated Nov. 9.

German negotiators were already meeting with Marshal Ferdinand Foch, chief of the Allied forces, behind French lines in the Compiègne forest. A ceasefire took effect the 11th hour of the 11th day of the 11th month — 11 a.m. on Nov. 11, 1918.

The legacy of WWI

By The Associated Press

After the First World War, the winners broke up the empires of the losers, transforming them into unstable political patchworks.

The Austro-Hungarian Empire became Yugoslavia, Czechoslovakia, Austria, Hungary, western Romania and southern Poland. Parts of prewar Germany helped create Poland, Czechoslovakia and Lithuania.

Hardly anyone was satisfied and the resulting grudges led to the Second World War. In the last few years, the collapse of the Soviet Union has freed long-repressed ethnic hatreds, war has raged in Yugoslavia and Czechoslovakia has come apart.

In the Middle East, where oil was the prize, France and Britain

divided the Ottoman Empire into protectorates: today's Syria, Lebanon, Iraq and Jordan.

Britain promised a national home to Jewish settlers in Palestine, who had helped their war effort. Eventually, in 1948, Israel was born.

The Arabs, who fought for Britain under T. E. Lawrence, saw their expectations of independence dashed and considered the Jews a colonial tool. Only now, 75 years and a several wars later, are Israelis and Palestinians making peace.

Another Middle Eastern people, the Kurds, also were promised a state by the victors of 1918. They did not get it and are not likely to.

Canada-U.S. relations may be cooling off

OTTAWA (CP) — Kim Campbell got a full meeting, a joint news conference and a ride in Bill Clinton's bullet-proof limousine at their first meeting in Tokyo last July.

Jean Chrétien gets a 30-minute chat with the U.S. president on Friday in Seattle.

Canadian and U.S. officials play down the differences, saying it has more to do with schedules and timing than any cooling in Canada-U.S. relations with the change in government.

Chrétien's first meeting with Clinton since the Liberals took power will be a side show to the 15-country meeting of the Asia Pacific Economic Co-operation, or APEC, conference.

It will be a half-hour meeting with no ministers attending and no joint news conference planned.

FIRST MEETING
"This the first chance that the president and the prime minister will have to get together and that alone is important because they

get together and meet each other," a senior Canadian government official maintained.

CP News Analysis

By Clyde Graham

But Chrétien has already said that he wants a more business-like relationship instead of the fishing trips, sing-a-longs and weekend family visits that marked Brian Mulroney's relationship with former presidents Ronald Reagan and George Bush.

Chrétien has signalled a tougher line with Washington on issues such as NAFTA, where he wants changes to the deal.

"Business is business and friendship is friendship and the two can't be confused," Chrétien said soon after he was sworn in as prime minister.

And while Mulroney once sang

When Irish Eyes are Smiling at a gala with Reagan, Chrétien jokes that he hasn't got much of a singing voice.

Former Conservative prime minister Kim Campbell seemed to carry on the Mulroney tradition with Clinton in Tokyo, where their get acquainted session at the G-7 economic summit included other ministers and a joint press conference.

Campbell apparently hit it off so well with Clinton that the U.S. President had a Canadian flag planted on the fender of his car and gave Campbell a ride back to the summit meeting so they could keep talking.

But the Americans say that Clinton will only be in Seattle for two full days and there are 14 countries clamoring for his attention. There just wasn't time for a major one-on-one with Chrétien.

In Tokyo, the economic summit lasted five days and there were only six other countries there, so

he had plenty of time for Campbell.

But there's little doubt that Chrétien's insistence on changes to the North American free-trade agreement is an irritant for Clinton, who is battling to get legislation for the agreement passed by Congress in a nip-and-tuck vote on Wednesday.

Chrétien has mentioned several times he'll be pressing his demands on NAFTA deal when he meets Clinton in Seattle.

"We are talking with them and we will keep talking for the weeks to come and I will be meeting the president in Seattle at the end of next week," Chrétien said last week.

A Canadian official suggested the tenor of the meeting will likely depend on the outcome of the NAFTA vote.

"Obviously NAFTA will be an important part of that discussion, but the substance on NAFTA will depend on what happens between now and then."

Farm and Business

**the
Record**

Study shows domestic travel grounded

By Felicity Munn

The Canadian Press

Growth in domestic leisure travel is so weak that it's time for the tourism industry to re-examine the market, says the Conference Board of Canada.

The board's 1994 Travel Outlook, released this month, suggests Canadians will once again favor international desti-

nations over travel at home next year.

In fact, domestic pleasure travel has grown by only seven per cent since 1980.

David Redekop, director of the board's Canadian Tourism Research Institute, says part of the problem is cost — particularly in terms of air fares, it's often cheaper to travel internationally than it is to travel

in Canada.

And with economic uncertainty continuing, travel in general is down.

But he says the industry should also re-evaluate how it markets Canada to Canadians and whether its products and services actually meet Canadians' needs.

"We believe there is an interest among Canadians in visiting Canada," Redekop said last week. "But Canada in its entirety isn't really promoted to Canadians. There's no overall campaign."

"The provinces each have 800 (tourist information) numbers and they all operate independently and they sort of compete with each other for Canadian visitors. That certainly doesn't work in the industry's favor."

Experience Canada, a group formed a couple of years ago by several hotel chains, airlines, car rental agencies and other industry players to collectively promote travel by Canadians in Canada, is a step in the right direction, Redekop said.

But a broader campaign would be better, he said, if sufficient resources can be found.

NOT AS AGGRESSIVE

Meanwhile, "we are not as aggressive in marketing our own tourism products to Canadians as the Americans or cruise lines are in marketing to Canada."

"Look at any newspaper and you'll see 90 per cent of the ads are for taking Canadians out-

side of Canada."

He also said understanding changes to Canada's makeup wrought by immigration, western migration and an aging population is key to boosting domestic tourism.

"The cultural makeup of the country is changing. We need to look at what that means for the travel industry in terms of products and services required and how we approach people and the marketplace."

"Because we're still approaching the marketplace pretty much the same way as we did 10 years ago. And that's probably not appropriate."

The board forecasts increases of 2.5 per cent in domestic pleasure travel next year, compared to a growth of five to six per cent in travel to Europe. Those figures are similar to the expected results for this year.

The Travel Outlook also reported that domestic business travel has been flat in 1993, and is expected to increase only 1.5 per cent next year.

Visits from the United States have remained flat this year too, despite the favorable exchange rate, and are forecast to grow by less than one per cent next year.

"At least we're not forecasting declines everywhere like we were a couple of years ago," Redekop said.

"We're showing some growth. We're beyond the bottom of this recession in the industry."

Long distance resellers ringing up big losses

TORONTO (CP) — A vigorous price war is causing some trouble in the newly deregulated Canadian long-distance telephone market, observers say.

While businesses are benefiting from drops of more than 30 per cent in some long distance costs in the past year, the domestic market cannot support the approximately 60 resellers that have entered the fray, they say.

The head of one expected survivor, Sprint Canada Inc.'s Juri Koor, said he expects a shakeout will leave three big national suppliers and six regional suppliers.

At Unitel Communications Inc., chairman George Harvey said a restructuring charge as high as \$300 million will be taken in the fourth quarter. The company would neither confirm nor deny a report that this would partly consist of cutting 300 of its 3,200 jobs.

Unitel, which is backed by colossus American Telephone and Telegraph Corp., suffers from a higher cost structure and a unionized workforce relative to its smaller competitors.

Sprint, a unit of Call-Net Enterprises Inc., has half Unitel's revenue but one-fifth the manpower, says one ana-

lyst. Sprint is a reseller, which means it buys phone services in bulk from telephone companies and then resells them to customers.

LOSSES

Other resellers, many of whom sold stock to the public in the past year, are also chalking up losses, either operationally or through one-time charges, said Don Braden, executive director of the Competitive Telecommunications Association.

The Canadian Radio-television and Telecommunications Commission opened the long-distance market to competition in June 1992.

As a result, Bell Canada and its sister phone companies in the Stentor alliance expect to lose 30 per cent of the \$8-billion long-distance market by the end of the century. Stentor expects the share it loses to be split between Unitel and other resellers.

Harvey and some analysts said the troubles in the long-distance market are the result of a price war with the Stentor companies.

However, Bell Canada spokesman John Morris rejected accusations of predatory pricing "since it means pricing below cost, and we are still profitable" in long distance.

Give this Christmas to pocket tax breaks

By Rob Carrick

The Canadian Press

People who plan to do some holiday-season charitable giving can help themselves as well if they first do a little advance thinking about their taxes.

By making a donation before Dec. 31 instead of procrastinating until the new year, they can make immediate use of the tax credit on their 1993 tax return.

For someone who has already given some money to a charity, a donation late in the year presents an opportunity to get a larger tax credit. That's because Revenue Canada allows a tax credit of 17 per cent of the balance exceeding that amount.

Tax experts say there are several other issues people might want to look at late in the year, one of the most important being a contribution to a registered retirement savings plan.

Canadians have until March 1, 1994, to make an RRSP contribution that can be applied to their 1993 tax return, but now is a good time to start thinking about putting some RRSP money aside.

Unfamiliar with RRSPs, or perhaps just skeptical of their importance?

Ron Trace, a partner in personal advisory services at accounting firm KPMG Peat Marwick Thorne, described the benefits by using a hypothetical \$10,000 RRSP contribution by someone in a 50 per cent tax bracket.

"If you put \$10,000 away in an RRSP, then you get a (tax) refund of \$5,000," he explained. "That means you really have only invested \$5,000 of your own money. So if the \$10,000 in the RRSP earns 10 per cent, you're really getting 20 per cent on your money."

"That usually is a catalyst for people to start thinking about putting their money in an RRSP."

CONTRARY VIEW

A contrary point of view on RRSPs was offered by tax specialist David Ingram of

the Cen-ta Group in Vancouver.

Ingram said he doesn't categorically reject RRSPs, but he does believe that people are putting too much money into them.

"People are buying RRSPs out of fear of taxes and not looking at their real finances," Ingram said. "Some people would be better off paying their mortgages, or paying off their Visa card."

"You're better off with your house and cars all paid off than you are scraping money together for your RRSP while you're still paying the mortgage."

Here are a few other tax matters to consider before year's end:

—Medical expenses: Have a major medical or dental expense pending? Accountant Arnold Perel of Toronto suggests people pay the money before year's end, if possible, to receive a credit on their 1993 tax return — the same approach as with charitable donations.

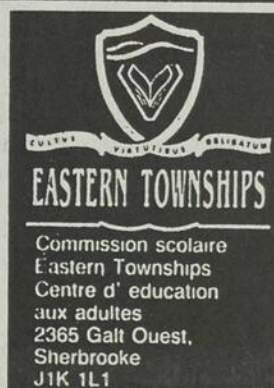
Perel said medical expense claims need not be limited to those incurred in the calendar year. Instead, people can pick any 12-month period ending in 1993.

Claimable expenses include drugs, crutches, canes, dental work and payment to private medical plans, including insurance bought by people travelling south for the winter, he said.

—Safety deposit box payments: Annual rental charges are a deductible expense if the box is used to hold income-earning assets. Make the payment now to receive the deduction on this year's tax return, Perel suggested.

—Pension payments: In 1993, up to \$6,000 in payments from pensions — generally company pensions, as opposed to the Canada Pension Plan — can be put into a spousal RRSP, Trace said.

In a spousal RRSP, the spouse with the higher income makes a contribution to a plan under the name of the spouse with the lower income.



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OR

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ANNUAL GENERAL MEETING OF THE CLSC LA POMMERAIE NOVEMBER 30, 1993

You are cordially invited to attend the annual general meeting of the CLSC LA POMMERAIE which will take place November 30, 1993 at 7 pm in the auditorium of Jean-jacques Bertrand High School in Farnham, 255 St-André S.

The agenda will be as follows:

- 1.0 Welcome from the chair, Nicole Côté;
- 2.0 Interim Director-General's report;
- 3.0 Financial report for year ending March 31, 1993;
- 4.0 Public question period;

The general meeting will be followed by a 30 minute theatre presentation performed by young people from "la Maison des Jeunes de Farnham", entitled "Vivre dans son CLSC".

Everyone Welcome.

Living

the
Record

Social notes

Sherbrooke Hospital School for Nurses Alumnae hold fall supper meeting

The chilly, wet weather did not dampen the spirits of the graduates who attended the Fall Supper Meeting of the Sherbrooke Hospital School for Nurses Alumnae. A record number of fifty-one members were present on Tuesday evening, October 5, at the Old Lennoxville Golf Club.

In the newly renovated clubhouse, the tables were decorated with crisp, white tableclothes, with floral napkins which matched the chairs, and tiny bouquets of flowers were centered on each table. The head table was similarly decorated but, also bore golden candles, a large bouquet of flowers and a golden fiftieth anniversary crest graced the front of the table. Behind the table was a picture of the graduating class of 1943. The ladies seated

at this table were Mrs. Ruth Atkin Partington, Mrs. Isabelle Bradford Stone, Miss Frances Whittle, Mrs. Ruby Alexander Falkner, Mrs. Ruby Heath Patch, Mrs. Helen Porter McLeod, and Mrs. Margaret Drummond Burroughs-Willis.

Another lady was invited to sit at the head table. she was Miss Hazel Gallup who was celebrating her sixty-fifth anniversary as a graduate of our school of nursing. All these ladies were presented with courages of yellow alstromeria, white baby breath and golden ribbons.

After an hour of socializing, the members enjoyed a delicious buffet supper.

Mrs. Heather Bowman, our president, then rose to welcome her colleagues and gave a brief account of the alum-

nae's activities during the past year. She asked for the members assistance in updating the addresses of their classmates and informed the gathering that our school of nursing will be celebrating its centennial in 1996. A tentative date of June 21 to the 23rd is being considered for the reunion. Their assistance was asked in order to prepare a program for this event. She also thanked the members for the gifts they had brought for the Christmas baskets.

The ladies at the head table then introduced themselves and were applauded with a standing ovation given to Miss Gallup. Miss Whittle and Miss Gallup thanked the alumnae for having made the evening so special.

Mrs. Margaret Knutson Bryant rose and introduced

two of her classmates who had joined her for their forty-fifth anniversary. They were Mrs. Madeline Elliott Couchman and Miss Marjorie Beckwith. Miss Beckwith is presently on leave from her post in Angola and on being asked, informed the members of the famine and corruption plaguing the people of Angola.

A surprise guest was Miss Lilly Suggett who was visiting this area from North Yorkshire, England. Miss Suggett worked as a supervisor at the Sherbrooke Hospital for a number of years.

Mrs. Smyrdon and her staff were thanked for the delicious meal they had prepared. Our thanks are also extended to the group who took reservations and prepared for this evening. Mr. and Mrs. D. Bresee, Mr. and Mrs. H. Gordon, Mrs. Lynne Beattie and Mrs. Pat Heath. A special thanks for our own photographer, Mrs. Audrey Frost. Those wishing pictures of this evening may contact her.

As is always the case, the evening ended too soon, but, everyone left with very happy memories of a very enjoyable event.

The next meeting, the annual meeting will be held at the Norton Annex on Tuesday evening, January 16 at 8 p.m.



Standing, left to right: Frances Whittle, 50th anniversary and Marjorie Beckwith, 45th anniversary; seated, Hazel Gallup, 65th anniversary.



Left to right: Mrs. Ruth Partington, Mrs. Isabelle Stone, Miss Frances Whittle, Mrs. Ruby Falkner, Mrs. Ruby Patch, Mrs. Helen McLeod and Mrs. Margaret Burroughs-Willis.

Bury

Robyn and Ricky Parsons spent Thanksgiving weekend with their parents, Barry and Wandra Parsons at Beaver Ridge Farm. Other guests on Sunday were Mrs. Doris Parsons, and Mr. and Mrs. Robert Mayhew of Bury.

Weekend guests of Elwylder and Thorley Tostevin were her son and his wife, Reuben and

Nina Rowell

Jackie Lake of New Jersey.

Mrs. Agnes Morrison has returned after spending over two weeks as a patient in the Sherbrooke Hospital. Best wishes for a good recovery from her family and friends.

Catherine (Morrison) and her husband Fred Fraser of Windsor, Ont., were recent guests of

Eric and Irene Fisher en route to and from visiting their daughter and family in New Brunswick.

Eric and Irene Fisher accompanied Audrey and Stuart Dougherty to Lennoxville, where they attended the luncheon at St. George's Church and were later guests of Mickie Povey.

Opinions divided on right-to-die

Dear Friends: Reader response to "85 and Waiting," the man who feared old age as he visited friends in nursing homes in various stages of incapacitation, has been staggering. He expressed the hope that one day people would be allowed to exit this life in a painless, dignified manner.

Because that column evoked so much interest, I decided to devote two days to reader responses. Here is the second day:

Dear Ann: Thank you for your courageous stand on an individual's right to die. My brother was diagnosed HIV positive 10 years ago. When his disease became truly debilitating, he discussed with me his plan to "exit gracefully." He chose the time, took an overdose of sleeping pills, went to sleep and never woke up. Not only did he spare himself a lot of agony and pain, we were spared as well. LANCASTER, PA.

From Great Bend, Kan.: There is a real heaven and a real hell. I would not want it on my conscience, Ann, to give advice that would condemn a person to an eternity in hell.

Amarillo, Texas: It is ludicrous to prolong a life that benefits only the health-care providers who suck money out of everyone they get their hands on. I refuse to spend years drooling in a nursing home, bankrupting my family.

Ann Landers

Oak Harbor, Wash.: I am sick at heart. I have been reading your column all my adult life. (I am now 59.) I grew up with you. I trusted you. I believed in you. I depended on you. Now, because you have condoned a person taking his or her own life, I can no longer rely on your judgment. I feel as if I have lost a close friend.

Springfield, Va.: Following a stroke, my father lived for two years in a nursing home. My mother is now in a "health care center." She has been there for five years. Her monthly care bill is \$2,700. Her savings are just about gone. She is distressed because the inheritance she planned for her grandchildren is slipping away.

Hendersonville, N.C.: You enjoy a huge following. Your word is almost sacred to those who read you. The Ten Commandments were given by God to Moses. "Thou shalt not kill" is one of those commandments. The commandments cannot be bent to suit our wishes.

Syracuse, N.Y.: Thanks for your brave reply. You are going to get plenty of heat for your stand. Until the medical community realizes that death is not a doctor's failure but an inevitable end for us all, we will, unfortunately, continue to torture our sick and our elderly.

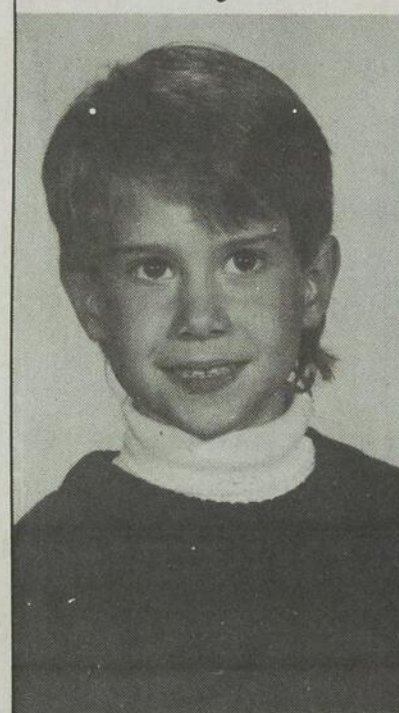
Bellingham, Wash.: Remember the old saying, "You give an inch and they will take a mile"? The abuses you are courting could be horrendous. People would be pressured to politely check out for the convenience of relatives, not to mention Medicare, Social Security, etc. A lot of money could be saved.

Panama City, Fla.: My mother has been languishing in a nursing home for five years. The nursing staff is constantly fighting her bed sores, but she is literally rotting away. This is not going to happen to me. I will see to it well ahead of time.

Louisville, Ky.: At one time, we had enough faith in the Lord to print on our currency "In God we trust." Have we strayed so far from him that we would take away his right to decide when our lives should end?

Abilene, Texas: You are sure to receive many letters from extremists, but don't let them deter you.

Skylar and Samantha



Skylar Charles - age 5 and Samantha Dawn - age 3 are the children of Dayna and Gary Lepoidevin. They are the grand-



children of Pat and Don Lepoidevin and Shirley Sayers and the late Charles Sayers all of Lennoxville.

"I would have
done anything to see Paris.
Even save money!"

I wanted it so badly,
I could taste it.
So I opened an account
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and deposited 20 dollars
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And here I am!
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the find of the century
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the Quartier Latin.
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The earl's creation is still fresh

By Marialisa Calta

Nov. 3 marks the 275th birthday of John Montague, Fourth Earl of Sandwich and the alleged creator of the luncheon feast that bears his name — the sandwich, not the Montague. It is said he invented it as a time-saving nourishment during a 24-hour poker game in 1762. So in honor of the earl, I went out and ate 75 sandwiches.

Well, I TASTED 75 sandwiches, as part of a stunt judging a contest sponsored by the Bouyea-Fassetts Bakery of South Burlington, Vt. And I am here to tell you that 75 bites — even 75 TINY bites — adds up to one giant sandwich.

And imagine, if you will, a sandwich with such diverse ingredients as papaya, goat cheese, guava jelly, cilantro, eggplant, tofu, pineapple, currants, soy sauce, feta cheese, yogurt, garlic, spinach, dried cherries, mango, endive, duck, spaghetti sauce, taragon vinegar, chili peppers and marmalade — not to mention such standards as peanut butter, cold cuts, tuna fish, mayo, mustard and ketchup — and you will understand the culinary challenge I faced. But we — myself and fellow judges Michel LeBorgne, vice president for culinary affairs at the New England Culinary Institute, and Rux Martin, senior editor at Chapters Publishing — somehow rose to the task. From the vast field of entries, we were able to select several real standouts. I present here the first and second place winners, and a personal favorite from the top five.

So in honor of the Earl of Sandwich, get out the chips (poker and potato) and celebrate. But take my word for it, one or two sandwiches will suffice. And hold the guava jelly.

- FIRST PLACE WINNER:**
ROASTED VEGETABLE SANDWICH
- 4 tablespoons olive oil
 - 1 red pepper, seeded and cut in half
 - 1 green pepper, seeded and cut in half
 - 1 red onion, peeled and cut in half
 - 8 ½-inch thick slices of eggplant, skinned if desired
 - 4 garlic cloves, unpeeled
 - 2 tablespoons balsamic vinegar
 - 1 teaspoon Italian seasoning
 - ¼ teaspoon salt
 - ¼ teaspoon coarsely ground black pepper
 - 3 tablespoons chopped fresh parsley
 - ½ cup homemade or store-bought spaghetti sauce
 - 8 slices oatmeal bread, lightly toasted
 - 4 slices Swiss cheese

Preheat oven to 425 degrees. Lightly brush peppers, onion, eggplant slices and garlic with 2 tablespoons of the oil. Bake for 20 minutes or until tender.

Meanwhile, mix the dressing: In a jar or small bowl, mix together the 2 remaining tablespoons of oil, the vinegar, Italian seasoning, salt, black pepper and parsley. Remove the vegetables from the oven. Squeeze the roasted garlic from the skin and mix into the dressing.

Place roasted peppers in a plastic bag and seal. Using your hands, working through the plastic, slip the blackened skins off the peppers. Remove the skinless peppers from the bag and slice them. Slice the onion. Toss the onions and peppers in the dressing and set aside. Coat the eggplant with the spaghetti sauce.

Preheat broiler.

Put 4 pieces of bread in broiler pan. Put 2 slices of coated eggplant on each slice, and top with a slice of Swiss cheese. Broil until cheese melts. Remove the roasted vegetables from the dressing and divide among the four sandwiches. Top with remaining bread slices.

Yield: 4 sandwiches.

• This recipe was created by Gloria Plantek of Plainsboro, N.J., and it is reprinted courtesy of Bouyea-Fassetts Bakery of South Burlington, Vt.

- SECOND PLACE WINNER:**
ASIAN BEEF SANDWICH
- 2 tablespoons lime juice
 - 2 tablespoons soy sauce
 - 2 tablespoons orange marmalade
 - 2 teaspoons dry mustard
 - 2 teaspoons crushed green peppercorns
 - 2 cloves garlic, pressed
 - 3 tablespoons vegetable oil
 - 1 tablespoon sesame oil
 - 8 slices cooked roast beef, sliced 1/8th-inch thick
 - ½ small head chichory, coarsely chopped
 - 1 large carrot, peeled and shredded
 - 1 red bell pepper, seeded and cut into 1-inch chunks
 - 2 scallions (green onions), sliced
 - 8 slices sourdough Italian bread

Make the vinaigrette: In a medium bowl, mix together the lime juice, soy sauce, marmalade, mustard, peppercorns and garlic. Whisking constantly, pour the oils in a steady stream into the bowl. Whisk to thoroughly combine.

Place the roast beef in a shallow 2-quart baking dish. Pour ¾ of the dressing over the beef, reserving ¼ for later use. Turn the meat to coat, cover and marinate 15 minutes at room temperature.

Meanwhile, in a large bowl, toss together the chichory, carrot, pepper and scallions. Pour reserved vinaigrette over vegetables and toss to blend well.

Lay out four pieces of bread. Drain roast beef and discard vinaigrette, and divide meat among bread slices. Top each sandwich with ¼ of the vegetable mixture and then with a slice of bread.

Yield: 4 servings.

• Recipe created by Anne Frederick, New Hartford, N.Y., and reprinted here courtesy of Bouyea-Fassetts Bakery, South Burlington, Vt.

- CHICKEN CHILE RELLENO SANDWICH**
- ¼ teaspoon salt
 - ½ teaspoon freshly ground black pepper
 - ¼ teaspoon ground cumin
 - 4 skinless, boneless chicken breast halves, pounded to ¼-inch thick
 - 1 tablespoon butter or margarine
 - 8 thick slices sourdough Italian bread, lightly toasted
 - 4 whole mild green chilis (from 2 4-ounce cans), split and seeded
 - 8 ounces pepper-jack cheese, thinly sliced

In a cup, combine the salt, pepper and cumin. Rub onto chicken breasts.

In a large, nonstick skillet, heat the margarine over medium high heat and saute the chicken until golden brown and cooked through, about 3-4 minutes on each side. Preheat broiler.

Place 1 chicken breast on each of 4 slices of bread. Place one split chili on top of each chicken breast. Top with cheese, dividing evenly.

Broil until cheese melts and bubbles. Top with remaining 4 slices of bread and serve immediately.

Yield: 4 servings.

• Recipe created by Julie DeMatteo of Clementon, N.J., and reprinted here courtesy of Bouyea-Fassetts Bakery, South Burlington, Vt.

A few months ago, the Center for Science in the Public Interest (CSPI) in Washington, D.C., made headlines by analyzing the fat and sodium contents of Chinese food. The center's message — at least as it was widely interpreted — was that Chinese food can kill you. I heard radio commentators saying they'd given up Kung Pao Chicken for "more healthful" cuisine — like burgers and fries.

Now, it is true that much of the food served in Chinese restaurants in this country is alarmingly high in fat and salt, probably because many restaurateurs are catering to the American palate. But authentic Chinese food is a virtual paradigm of good nutrition. Most dishes, in fact, replicate the "food pyramid" touted by nutritionists: grains (rice) on the bottom, topped with lots of vegetables and a tiny bit of meat or fish, stir-fried in a reasonable amount of oil.

Of course, the best way to ensure that your Chinese food is healthful is to prepare it yourself. In your own kitchen, you can use low-sodium soy, and a light hand with the oil. And you can hold the MSG.

For everyone who thinks that Chinese cooking is a big production, I commend Nina Simonds' new book, "China Express" (William Morrow, 1993), a compendium of quick, easy and extraordinarily flavorful recipes adapted for the American kitchen. For those strictly interested in nutrition, "The Good-For-Your-Health All-Asian Cookbook" by Marie Wilson (Charles E. Tuttle, 1989) is an interesting compendium of low-fat, low-salt recipes from 11 Asian cuisines, including Chinese, Japanese, Korean, Thai and Vietnamese.

Whether you're dining in or out, try the CSPI formula of 1 cup of cooked rice per 1 cup of entree, and augment your plate with steamed vegetables. That way, you get the great flavors of this wonderful cuisine in a nutritionally acceptable manner. Healthwise and, I think, tastewise, it beats burgers and fries.

- GINGER CHICKEN**
- 1-½ pounds boneless, skinless chicken breast
 - ½ cup soy sauce
 - ½ cup rice wine or sake
 - 3 tablespoons light brown sugar
 - 1 tablespoon sesame oil
 - 3 tablespoons minced fresh ginger
 - ¼ teaspoon freshly ground black pepper
 - 12 8-inch bamboo skewers soaked in water for 1 hour
 - 24 1½ inch long pieces of scallions (white part only)

Using a sharp knife, trim away any fat from the chicken. Cut into 1-inch cubes and place in a bowl.

Make the marinade: In a small bowl, combine soy sauce, rice wine (or sake), sugar, sesame oil, ginger and pepper. Mix well. Add to chicken, toss lightly to coat. Cover with plastic wrap and refrigerate for at least 1 hour, turning occasionally.

Preheat grill or broiler. Thread the chicken and scallion pieces onto skewers, starting and ending each skewer with a scallion piece. Grill chicken for about 4 to 5 minutes on each side, basting with marinade, until cooked through and golden at the edges. Serve immediately.

Yield: 6 servings.

• Recipe from "China Express," by Nina Simonds (William Morrow, 1993).

- PICKLED CARROTS**
- 1 pound carrots, peeled and trimmed
 - 1-½ tablespoons minced fresh ginger
 - ¾ cups clear rice vinegar
 - ¾ cup sugar

With a sharp knife, cut the carrots on the diagonal into 1-inch pieces, or use a grater and shred them. Place in a nonreactive bowl.

Combine the ginger, vinegar and sugar, and stir until the sugar dissolves. Add to the carrots, and toss lightly to coat. Cover with plastic wrap, and refrigerate overnight (or up to 1 one week), tossing occasionally.

Serve chilled.

Yield: 6 servings.

Recipe from "China Express," by Nina Simonds (William Morrow, 1993)

- STIR-FRIED BEEF WITH VEGETABLES**
- 12 ounces very lean beef
 - 2 teaspoons cornstarch
 - 2 tablespoons Chinese rice wine, or pale dry sherry
 - ¼ teaspoon sugar
 - ½ teaspoon low-sodium soy sauce
 - 1-½ pounds asparagus
 - 1-½ tablespoons safflower oil
 - 2 tablespoons minced fresh ginger
 - 4 large cloves garlic
 - 1 teaspoon hoisin sauce, mixed with 4 to 5 tablespoons water
 - Black pepper to taste

Slice meat against the grain, into thin 2-inch strips.

Combine cornstarch, wine, sugar and soy sauce, and coat meat evenly with mixture. Marinate at least 10 minutes or longer.

Snap off and discard tough ends of asparagus. Cut asparagus diagonally into 1-½ inch lengths. Set aside.

Heat a wok or nonstick skillet over high heat. Add half the oil and swirl to coat pan. Just before it begins to smoke, add the ginger and garlic and stir-fry 10 seconds. Add the meat and stir-fry 2 to 3 minutes. Remove from the pan.

Heat remaining oil and stir-fry asparagus 15 seconds.

Add hoisin sauce, water and pepper and bring to a boil. Cook until asparagus is almost tender.

Return meat to pan and toss until ingredients are heated through. Serve immediately.

Yield: 4 servings.

Myrtle Rebekah Lodge holds regular meeting

LENNOXVILLE — On Wednesday evening, October 20, Sister Marjorie White, Noble Grand, presided, welcoming both members and guests. At this time Sister Ernestine Whipple, President of the Rebekah Assembly of Quebec, paid her official visit to the lodge. The lodge room was tastefully decorated with the President's watchwords and emblems by Sister Alice Planidin.

The Conductor, Sister Pat Robinson introduced the following past officers, Sisters Luella Brady and Roberta MacMillan, Past Presidents of the Rebekah Assembly of Quebec.

The appointed officers were Sister Barbara Smith, Assembly Marshall; Sister Bernice Maurice, Left Herald of the Rebekah Assembly.

The elective officers were Sister Doreen Findlay, Warden of the Rebekah Assembly; Brother Donald MacMillan, Grand Scribe of the Grand Encampment; Brother Herbert Pratt, Grand Warden of the Grand Lodge of Quebec.

The President, Sister Ernestine Whipple was introduced by her Marshal, Sister Barbara Smith. After being escorted to the dais she was presented with a monetary gift and a rose from the lodge by Sister Marjorie

White, N.G.

Sister Luella Brady reported that Sister Mary Beattie was in the Grace Christian Home following a fall. Sister Margaret Horan, Past Presidnet has returned home from the hospital.

The minutes were read by the Secretary, Sister Roberta MacMillan. Correspondence included a letter from the Northeast Association requesting aid for Camp NEOFA; a letter from the Royal Canadian Legion and articles from the Bulletin.

Reports — Sister Bernice Maurice of Ways & Means outlined a programme for the new year.

Sister Irene Hadlock reported for the social committee. The hostess list has been posted. The Christmas Party will be on December 15.

Sister Ruby Berry reported the bills in order and Sister Genna Speck gave the treasurer's report.

Sister Carolyn Campbell will be the representative to the Rebekah Assembly with Sister Roberta MacMillan as alternate.

A donation was voted to Camp NEOFA.

In her address the President thanked the lodge for her gift and the decorations. She congratulated Sister Marjorie on her fine meeting and remin-

ded the members of her projects. She also presented the lodge with a Community Service Award for outstanding community service.

The meeting closed in form. In the lower hall refreshments were served by the social committee. Here again the decorations were in keeping with the President's programme. The table decorations consisted of bouquets of autumn flowers and leaves, turquoise candles and at each place setting a fridge magnet in the shape of a beehive embroidered in needlepoint. At the centre of the head table was a beautiful cake in the shape of a horseshoe made by Sister Marjorie White and decorated by Sister Joyce Wrathmall.

The head table guests were: President, Sister Ernestine Whipple; Marshal, Sister Barbara Smith; Warden, Sister Doreen Findlay; Left herald, Sister Bernice Maurice and Brother Peter; Noble Grand, Sister Marjorie White; Chaplain, Sister Gladys Davis.

The president thanked the lodge for the lunch and all the courtesies extended to her. Sister Marjorie Lancaster added her thanks on behalf of the Richmond members.

Submitted by
Dorothy Geddes
Publicity convener

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Huntingville

Alice Price

This community was shocked and saddened to hear of the death of Mrs. Doctor W.J. Klinck. Mrs. Klinck was a lovely lady and is sadly missed by her family and a host of friends. Sincere sympathy is extended to Dr. W.J. Klinck and family, and to Mrs. F. Aldrich and family.

Everyone in the area are pleased to see a new railing installed on the bridge before someone ended up in the river.

The Misses Marion and Esther MacDonald spent a week at aunt Alice's while aunt Alice spent a week in Oshawa, Ont. visiting aunt Leah Hendren, also called on Matthew and June Marchant in Haydon, Mark and Evelyn Marchant in Newcastle and Russ and Mary Balson in Bowmanville, and visited Walter and Jessie Mitchell in Glenburnie. Also attended the turkey supper at the United Church. Other supper guests at the Mitchell's were André and Sheila Laporte of Kingston.

The Ladies Fall Seminar at Grace Community Church was well attended and everyone enjoyed a lovely dinner.

The staff at Grace Christian Home held a restaurant meal for the residents which was a real success, complete with a menu. It was much enjoyed.

Wayne and Louise Nutbrown spent a long weekend in Timmins, Ont. visiting their daughter Liz who is employed there.

Mr. Howard Dewing went on a fishing trip and came home with a good catch.

Henry, Alice and Zelma MacRae motored to Kinnear's Mills to attend the 25th wedding anniversary of Bernie and Clark Nugent from Scarborough, Ont.

Supper and evening visitors of Henry and Alice were Ivan and Edith Hazzard of Burlington, Ont., and Rejean and Bev. Plourde, and daughter Annette of Sherbrooke.

Edith was here to visit her mother, Phyllis Hazzard on her return home from the Sherbrooke Hospital.

Wayne and Louise Nutbrown, Susan and Angela, Jason and Aaron Nutbrown, Henry and Alice, attended the 50th wedding anniversary of Russell and Arlene Rothney at Bulwer. A mock wedding was put on by family members, and a skit by Wayne and Susan on "Grandpa Jones and Minnie Pearl". All was much enjoyed. A lovely meal was served and dancing enjoyed.

Joan Smith, Pat and Norm Gallagher, Nancy Butler, Carolyn Weir of Brantford, Ont., also Diane Butler of Pickering, Ont., spent Thanksgiving weekend with their parents, Lennox and Ruby Booth and brother David at the Booth farm. A surprise 75th birthday dinner was held Saturday night for Lennox, his son Danny Booth, Sue and girls of Coaticook, Eileen Holtham of Lennoxville, Dorothy and Corky Cornish, Brompton Road, Mary and Chuck Davies of Ayer's Cliff also attended the celebration.

Joan Smith spent the following week with her parents. While here she visited her brother, Danny and family at Piedmont Jersey Farm in Coaticook.

Obituaries

ANNE LASENBA of Addison, Ontario

Anne Lasenba of Addison, Ont., died on October 9, 1993 at the Ottawa Civic Hospital, where she had been a patient for nine days. She had been in failing health for three months and was fifty at her death.

Mrs. Lasenba was born Caroline Anne Wright at Inverness, Que. on August 1st, 1943. Her parents were Charles Wright and his wife, the former Thelma Moore. Her early schooling was in Inverness, and she attended high school first in Thetford Mines then in Bury, Que.

She married Roderick Lasenba on August 21, 1965 at St. Paul's Anglican Church in Bury, Que.

Mrs. Lasenba was employed at a number of companies in Quebec and locally in the Addison region. In Montreal, she worked for Sun Life Assurance Co. and in Sherbrooke, she was employed first in the office at Ingersoll-Rand and later at Unitcast Canada Inc. She moved to Addison in 1983, where she worked at the Addison General Store and then in the office of Ralston-Purina Company in Addison until her retirement due to ill health.

She was a member of St. Paul's Anglican Church in Bury, Que. She enjoyed music, crocheting and knitting. She also liked to travel.

Anne is survived by her sister Mildred and her husband Calvin Fleming of Addison, Ont. and three brothers, Murray and his wife Christina, Delhi, Ont., Edward and his wife Dorothy of Candiac, Que., and Roberet and his wife Margaret of Birchton, Que. She is also survived by her brother-in-law Bob Lasenba and his wife Kim of Johnstown, and her sister-in-law Linda and her husband Bill Cork of Kemptonville, Ont. She leaves two aunts, Mrs. Hilda Mathers of Thetford Mines, Que., and Mrs. Myrna Williams and her husband Mervyn of Pefferlaw, Ont., and her uncle, Cromarty Cruickshank and his wife Margaret of Inverness, Que.

HILDA STREETER PAANANEN of Waterloo, Quebec

Hilda Martha Paananen (nee Streeter), wife of the late Onnie Paananen, passed away at the Brome Missisquoi Perkins Hospital, Cowansville, Quebec, on Monday, October 18, 1993 at the age of 78 years, after a short illness.

Hilda was born in Bondville, Quebec, on December 11, 1914, the fourth child of the late Alvah Guy Streeter and his wife Nina Elsie Armstrong.

On April 20, 1957 she was united in marriage to Onnie Paananen of Montreal, Quebec, who predeceased her on April 2, 1972.

She is survived by a brother Raymond Streeter, and three sisters Olive Bobo, Edna Pugh and Nellie Darling. One sister-in-law Ola Streeter and one brother-in-law Lawrence Bobo, all of Waterloo, Quebec. Also survived by her late husband's sister, Helve Mackenzie (Paananen) of Lively, Ontario. Predeceased by her brother Elwin Streeter and sisters Elsie Connolly, Isabel Bockus and Ola Gagne and several nieces and nephews.

Hilda spent most of her life in Montreal, working at Nooruy Aircraft during W.W. II, then she was employed at the Laurentian Hotel in Murray Restaurant where she met her husband who was Chef there. She retired from there in 1978. She then moved to Waterloo and lived by herself until 1982, she then went to live with her sister, Mrs. Nellie Darling, until her death.

The funeral service was held on October 20, 1993 at 2 p.m. in the Bessette & Sons Funeral Home in Waterloo, with Rev. Wilbur Davidson officiating. Interment was in the Hillhouse Cemetery at Foster, Quebec, beside her late husband.

She was a kind and quiet person and is sadly missed by her family. Relatives attending from a distance were from Burlington and Newmarket, Ontario and Hudson and Montreal, Quebec.

Waterloo

Mr. and Mrs. Gordon Dunsmore of Phippsburg, Maine, were here on the weekend of October 30 to visit Gordon's father, Arthur and Frances' mother, Mrs. Breault, both in the Courville Nursing Centre.

On Sunday, October 31, a very pleasant and largely attended Open House party was held in St. Paul's United Church Hall for Lloyd Maynes, who would be observing his 90th birthday on November 1st. The 31st was also the 62nd wedding anniversary of Lloyd and Glena, and the 22nd birthday of their granddaughter, Shannon McGovern.

Thanks are extended to the ladies who have already bought or sent plastic bag ties to me at the Courville Nursing Centre. As more are received, they will be sent on to a collection centre.

Gould

Mrs. Roscoe Morrison 877-2542

Spending a few days at the home of Elizabeth and Howard Beaton were Mr. and Mrs. Neil Campbell of Ottawa and their daughter Trudy from Macdonald College.

Mr. Steve Rowland of the maritimes, while spending a few days here at his hunting camp, was visiting Heather and Douglas Beaton at their home on North Hill.

Mr. and Mrs. Roscoe Morrison were luncheon guests of Mr. and Mrs. Bob Harper in Bury on their return from East Angus, having attended Armistice services there.

Several of the community attended funeral services for Catherine Gordon in Scotstown. She was so well known and respected by one and all. Sincere sympathy is extended to her bereaved family.

Birth

HEARN — Lee and Linda (Cotterell) proudly announce the arrival of their daughter, Rachael, on November 4, 1993 in Edmonton, Alberta, sister for Colleen, Kimberly and Adam. Proud grandparents are Albert and Shirley Cotterell of Magog, Quebec, and Clifford and Rose Marie Hearn of Salmo, B.C.

In Memoriam

HENRY — In memory of my husband, father and grandfather, Stuart John Henry, who passed away November 13, 1968.

Gone are the days we use to share
But in our hearts you're always there.

The gates of memory will never close
We miss you more than anyone knows.

With tender love and deep regret
We who love you will never forget.

AUDREY & FAMILY

WEBSTER — In loving memory of my dear husband who passed away November 10, 1983.

He was always ready to help in time of need, also in Church work, I.O.O.F. and St. Pat. Society.

Always remembered by his dear wife and sister, and special nieces, nephews, cousins, friends.

EVELYN (wife)

Deaths

LACE, Alix Donald, Sr. — Passed away suddenly at Farmingdale, N.J. on Saturday, November 13, 1993 after a long illness from cancer. Alix Donald Lace, Sr., age 60, Beloved husband of Pauline Dobrowski. Father of Alix Jr., Randall, Steven, Dale, Tod, Julie and Tammy. Brother of Osborne of Foster, Que., Earl (Victoria) of Waterloo. Olive of Vermont, Lawrence (Pat) of Montreal, Elizabeth (Bill) of British Columbia, Aleda (Arthur) of Ruidoso, New Mexico, Rosemary (Gordon) of Hesperia, California, Reginald (Jeanne) of Farnham, Que. He also leaves to mourn his grandchildren, nieces and nephews, and many friends. In his memory, donations to the Canadian Cancer Society would be appreciated by the family. Funeral notice at a later date.

MCGIVERN, Nellie (nee Hartley) — At the Maison Blanche in North Hatley on November 13, 1993, in her 92nd year. Beloved mother of Cecil Benway and his wife Bonnie. Predeceased by the late Cecil Benway and the late Curtis McGivern. Daughter of the late Dorothy Webb. Survived by grandchildren, great-grandchildren, great-great-grandchildren, nieces and nephews. Resting at the Cass Funeral Home, 39 Dufferin Road, Stanstead, Que., where the funeral service will be held on Monday, November 15 at 11 a.m., followed by interment at Newport Center Cemetery.

Deaths

MOSHER, Kathlyn "Kay" (nee Phaneuf) — At her home in Holland, Vt. on November 13, 1993, in her 59th year. Beloved wife of Eugene Mosher. Mother of Anne Marie Distefano (Eric Ruck) of Cowansville and Carlos DiStefano (Diane) of Stanstead. Daughter of the late Howard Phaneuf and his wife, the late Francis Sheldon. Daughter-in-law of Beulah Paddleford. She leaves to mourn her three grandchildren, Anthony, Richard (DiStefano) and Hillary (Ruck); Brothers Merrill (deceased), Maurice (Bessie), Frank (Marie), Dale (Linda); Sisters Shirley (John Doucet, deceased), Ruth, Audrey (Andy Mallo), Leona (Gilles Fortier), Marilyn (George Matteson); nieces and nephews, also brothers and sisters of Eugene Mosher. Visitation at Curtis-Britch & Davis Funeral Home, Island Pond, Vt. on Monday from 2 to 4 and 7 to 9 p.m., Tuesday at the church from 9:30 to 10:30 a.m. Funeral service will be held at First Congregational Church, Island Pond, Vt. on Tuesday, November 16, 1993 at 11 a.m.

WOOD, Ella (nee MacDonald) — Peacefully at the Grace Christian Home on Saturday, November 13, 1993. Ella MacDonald at the age of 93, formerly of Lake Megantic, Que. Wife of the late James Wood. She leaves to mourn her loss, her beloved son Ross, daughter Mavis (Smyth), daughters-in-law Bernice, Helen, Lucette and cherished grandson Mark. Predeceased by her sons Donald, Robert, Harry and Lawrence. Resting at Cass Funeral Home, 6 Belvidere St., Lennoxville, Que., where funeral service will be held on Monday, November 15, 1993 at 1 p.m., followed by interment in Echo Vale Cemetery, Lake Megantic, Que. at 3 p.m., the Rev. Blake Walker officiating. As memorial tributes, donations to the Heart and Stroke Foundation, 1360 King St. West, Sherbrooke, Que., J1L 2B6, would be appreciated by the family.

Card of Thanks

DARKER — Many thanks to Dr. Forget, his assistants, Dr. Maheux and nurses at St. Vincent de Paul Hospital for their excellent care. Special thanks to my sister, Verna Westgate, for transportation and all the many ways she helped, also all her family who did so much. Thanks to all who sent food, cards, phoned and visited me. I am most grateful.
SHIRLEY DARKER



MAURICE O. PARSONS

PARSONS, Maurice O. — At his residence, Sherbrooke, Que. on November 13, 1993. Maurice O. Parsons, age 84. Husband of Frances McLean. Father of Melvin (Micheline Côté) of Delray Beach, Florida, Russell (Suzanne Bourelle), Frances "Pat" (Charles St-Hilaire), Carol (Gaston Couture) and Gordon (Sylvie Beaudette). Brother of Mildred Grime and brother-in-law of Helen Nuttall of Granby. Grandfather of Gary Denault, Jason, Dany (deceased), Alex, Iann and Kent Parsons. Also left to mourn, many nieces, nephews and many friends. At the request of the deceased, NO VISITATION. Cremation. A memorial service will be held on Tuesday, November 16, 1993 at 2 p.m. at St. Patrick's Church, Sherbrooke. Interment at St. Michel Cemetery. Arrangements by La Coopérative Funéraire de l'Estrie, 530 Prospect St., Sherbrooke, Que. — 565-7646, Alain Leclerc, Funeral Director.

Island Brook

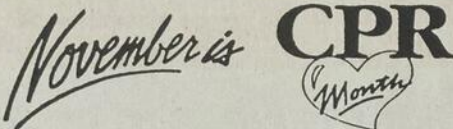
Mrs. Garfield Spaulding

A pleasant afternoon was spent at the home of Mrs. Hazel Ewing, when "At Home" gathering was held to honour Mrs. Ewing's 80th birthday and her sister Mrs. Mildred McCormick's 87th birthday.

Many relatives and neighbours called to congratulate the ladies on their special days. Much reminiscing and visiting were done over a cup of tea or coffee with delicious refreshments besides the birthday cakes. The ladies were receivers of many cards and gifts, for which the ladies thanked everyone. Congratulations and many more years.

Card of Thanks

PAANANEN-STREETER — The family of the late Hilda Paananen (Streeter) wish to thank all of you for your many acts of kindness shown us at the time of her death. Special thanks to Rev. Wilbur Davidson, the Bessette & Sons Funeral Home, Dr. Chagnon, Dr. Larkin and the staff of the I.C.U. of the B.M.P. Hospital in Cowansville, all those that visited the funeral home, sent food, flowers, cards and phone calls and to those who made donations in her memory. Also a special thanks to Mrs. Muriel Whitehead and Reta McKerrell for preparing refreshments after the funeral. Your kindness was much appreciated and will always be remembered.
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♦ K			
♥ K Q			
♦ K J 8 4			
♦ A J 8 4 3 2			
WEST			
♦ 8 7 5 4 2			
♥ 9 6			
♦ Q 7 6			
♦ K Q 9			
EAST			
♦ J 10 9 6			
♥ J 10 7 4			
♦ A 3 2			
♦ 10 5			
SOUTH			
♦ A Q 3			
♥ A 8 5 3 2			
♦ 10 9 5			
♦ 7 6			
Vulnerable: North-South			
Dealer: East			
South	West	North	East
Pass	Pass	1 ♦	Pass
1 ♥	Pass	2 ♦	Pass
3 NT	Pass	Pass	Pass
Opening lead: ♦ 8			

Underdogs and favorites win

By Phillip Alder

The world championships, held last September in Santiago, Chile, resulted in a major upset in the NEC Bermuda Bowl. The Dutch team won and neither American team reached the final.

The women's event for the NEC Venice Cup ran approximately to form, the winners being one of the two U.S. teams. This is the fourth consecutive Venice Cup victory for the United States.

Today's deal is taken from the Venice Cup final against Germany.

The Germans reached five clubs by North. Declarer won the spade lead with her king, cashed the club ace and played another trump. West won and switched to a diamond. Declarer played low from hand: one down.

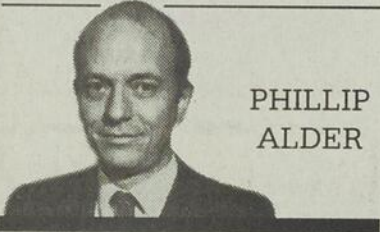
Karen McCallum was in the preferable three no-trump. West led the spade eight: king, jack, three. Declarer could see nine tricks: three spades, three hearts, two diamonds and one club. But the major-suit blockages made life awkward.

McCallum started by leading dummy's diamond king. East, who should have ducked, won with the ace and returned a spade. South won with her ace, unblocked dummy's two hearts and played a diamond to her 10.

Given the actual distribution, West couldn't do anything. She won with the queen and switched to the club king (maybe the nine is a better choice). Declarer just ducked. West exited with a diamond, but McCallum claimed. She could win the trick with her nine, cash the heart ace and spade queen, play a club to dummy's ace and cash the diamond jack. Plus 600 and plus 100 to the United States.

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BRIDGE



PHILLIP
ALDER

Monday, Nov. 15, 1993



**Your
Birthday**

Monday, Nov. 15, 1993

Exciting developments could be in the offing for you in the year ahead. You might get involved in two separate enterprises where each could offer you very unusual rewards.

SCORPIO (Oct. 24-Nov. 22) Give priority to developments today that could have a favorable affect on the material security of you and your family. Definite progress can be made in this area. Major changes are ahead for Scorpio in the coming year. Send for your Astro-Graph predictions today. Mail \$1.25 and a long, self-addressed, stamped envelope to Astro-Graph, c/o this newspaper, P.O. Box 4465, New York, N.Y. 10163 Be sure to state your zodiac sign.

SAGITTARIUS (Nov. 23-Dec. 21) Associates who analyze the same matters you'll be analyzing today might do so through rose colored glasses. Keep your assessments pragmatic and realistic.

CAPRICORN (Dec. 22-Jan. 19) Your instincts for dealing with people might not be up to par today, but your perceptions regarding commercial business or financial matters could be exceptionally astute.

AQUARIUS (Jan. 20-Feb. 19) Endeavors you personally manage or control have good chances of succeeding today, even though your projections might appear unduly optimistic. You may come up short, but not by too much.

PISCES (Feb. 20-March 20) Impediments that block your path to successfully achieving objectives today might appear overwhelming, but, in reality, they are merely paper dragons. Don't let them scare you.

ARIES (March 21-April 19) If you have a problem today you feel unable to resolve yourself, go back to an old friend who offered you wise counsel previously. He/she still has solutions.

TAURUS (April 20-May 20) You must be flexible today in order to achieve critical objectives. Be prepared to make changes if you feel stymied or unable to circumvent a big obstacles.

GEMINI (May 21-June 20) You might not like your mate's assessments of positions you take today, but it behooves you to listen to what he/she has to say. You could learn something for your own good.

CANCER (June 21-July 22) Your priorities

might be relegated to the rear ranks today in order to help someone for whom you're responsible take care of immediate needs.

LEO (July 23-Aug. 22) It won't hurt to be a little more demonstrative than usual today in support of the one you love. Do so in the presence of others if possible.

VIRGO (Aug. 23-Sept. 22) You could be in for a pleasant surprise today when you discover how easy it is to satisfactory finalize a matter you've been dreading to tackle.

LIBRA (Sept. 23-Oct. 23) In order to advance your personal interests today, you'll also have to look out for someone with whom you're closely involved. Your affairs are difficult to distinguish from one another.

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Card parties in the Townships

BROMPTON ROAD — A 500 card party was held at the Brompton Community Hall on October 30 with 14 tables in play.

Prizes were given out as follows: Ladies 1st, Irene Decoteau, 6540; 2nd, Mary Ann Morissette, 6340; consolation, Lorna Savage, 2640. Gent's 1st, Archie Nelson, 6240; 2nd, Bud Wing, 6220; consolation, Myrtle Sage, 3160 (playing as a man). Four of a kind in hand, Chester Hartwell having had it three times; Marked plate, Nicole Clark.

The raffles were won by Gerald Decoteau, Donald Arbery and Chester Hartwell.

Door prizes were claimed by

M.L. Knowlton, Gertrude Watson, Meryl Nutbrown, Bert Arbery, June Westman, Sara Berwick, Laurette Gremont, Jean Martin, Margaret Arbery, Norrey Bonnallie, Gerry Swallow, Doreen Rand, Madeline Morissette, Allison Watson, Lorna Savage, Irene Decoteau, Gerald Decoteau, Olive Connolly, Betty Emery, Mickey Povey, Hazel Stafford, Gerald Fowler and Winnie Paterson.

We thank everyone for prizes and helping to maintain our hall.

• • •

WINDSOR — Lower Windsor Ladies Aid held the fourth of a

series of 500 card parties on Saturday evening, November 6 at the Langlois home. Cards were played at ten tables.

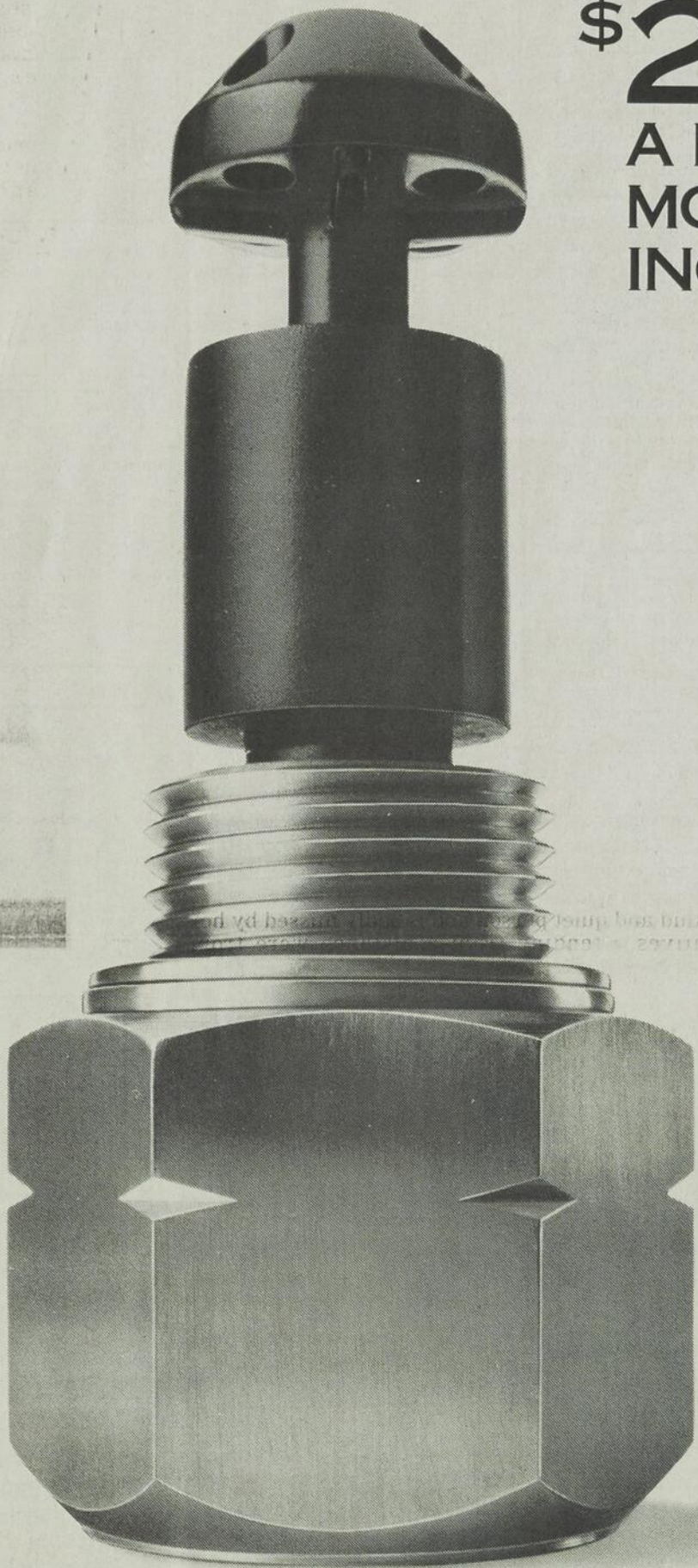
Prizes were given out as follows: Ladies high score held by Phyllis Wentworth with 6600; second by Marie Berthe Skerry with 5740; and low, Mary Lockwood, 3320. Men's high went to Lawrence Clark with 6200; second to Alison Watson (playing in gent's place) with 6060; and low, Gerald Fowler, 2920. Mona Garrett won the prize for the most "Any 10 bid" and Sylvia Tyler had the closest to the mystery score of 4500.

Door prizes were claimed by

Meryl Nutbrown, Yvonne Roux, Rita Abran, Gerald Fowler, Noella Langlois, Gerald Skerry, Olive McCourt, Ellen Ride, Laurence Clark, Gertie Hetherington, Lloyd Fowler, Marie Berthe Skerry, Nora Labrecque, Nicole Clark, Alice Johnston, Allan Banfill, Len Swallow and Ed Nelson.

Meryl Nutbrown held the winning ticket on the drawing of a quilt. A fruit cake, donated by the Parkinson Foundation was won by Guy Langlois.

This will be the last card party of the season. Thank you all for your support, we appreciated you coming and thanks to all who brought in prizes or helped in any way.

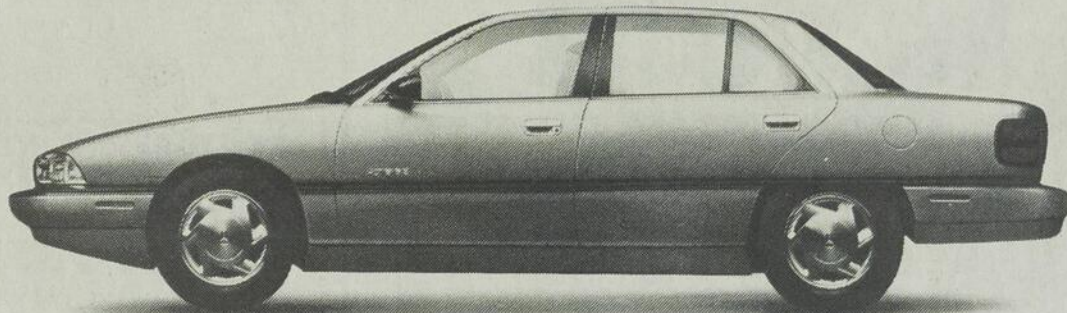


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CENTRE D'ACCUEIL DIXVILLE INC. — Residential Intervener. Recall list (days, evenings, nights). A center for Anglophone intellectually handicapped persons is looking for candidates as residential intervener. Responsibilities include supervising and assisting clients in their daily functioning, taking care of their individual needs, and performing domestic duties in their homes. Requirements for residential intervener: must have high school leaving certificate, one year of experience and/or education in the pertinent field. Interested candidates are asked to submit their applications in writing before November 26, 1993 to the following address: Louise Letourneau, Secrétaire de Direction, 301 St-Alexandre St., P.O. Box 90, Dixville, Quebec, J0B 1P0. 11817

MASTER SCHOOL OF BARTENDING and table service courses. Classes begin November 22 at the Delta Hotel, Sherbrooke. Call 1-800-561-1781. 11873

25 Work Wanted

COMPETENT PERSONNEL available for driving, shopping, medical appointments, etc., minor nursing care, light housekeeping, help with forms and translation. Reasonable rate. References available. Call Susan at (819) 563-1993. 11887

MATURE, QUALIFIED, responsible woman will sit for the elderly at night in their home. Also available for light housekeeping with sewing and mending skills. Lennoxville. Call (819) 562-5987. 11822

28 Professional Services

FRENCH SCHOOL
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29 Miscellaneous Services

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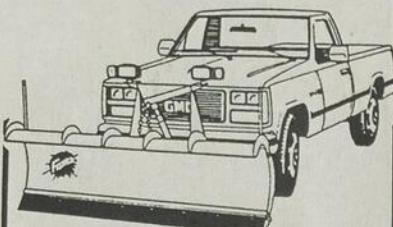
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PUBLIC NOTICE
DEPOSIT OF THE EVALUATION ROLE
IS HEREBY GIVEN BY THE UNDERSIGNED, France Boisvert, Secretary-Treasurer of the foresaid municipality,

THAT for the next fiscal year 1994 and constituting the first year of the triennial role.

BE NOTIFIED THAT the evaluation role constituting the first year of the triennial role 1994, 1995 and 1996 is now deposited at the Municipal Office for the next fiscal year.

ANY person who is interested may examine it at the Municipal Office, 135 Main Street, C.P. 570, North Hatley during the regular working hours.

THAT any complaint in respect to the role must be filed before May 1, 1994, by means of the prescribed form, on pain of being dismissed, at any place where an application for recovery of a small claim may be filed.

FOR THE NEXT TWO (2) FOLLOWING YEARS, only complaints concerning the role for the reason that the evaluator has not made a modification he should have in conformity with the article 174 of the Law of the Act Respecting Municipal Taxation (L.R.Q., chapter F-2.1), could be deposited for each of the fiscal exercises where the triennial role is applicable. GIVEN IN NORTH HATLEY, this 10th of November, 1993. FRANCE BOISVERT, SECRETARY-TREASURER.

83 Lost

SUTTON JUNCTION — Brome Village area. "Jill", female Black Lab. Very friendly, right ear tattooed PSL12. Reward. (514) 538-3296. 11863

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VILLE DE COOKSHIRE

Mayor's report on the financial situation of the Ville de Cookshire completed in accordance with article 474.1 of the Cities and Towns Act.

1- ADMINISTRATIVE FUNDS

RECEIPTS	1992 FINANCIAL STATEMENTS	1993 ESTIMATE
Taxes	674,200	664,957
Compensations in lieu of taxes	104,049	105,713
Other receipts from local sources	218,899	185,732
Transfers	194,714	212,233
TOTAL RECEIPTS:	1,191,862	1,169,635
EXPENSES		
General administration	253,164	236,659
Public safety	58,356	68,597
Transportation	126,457	112,463
Area hygiene	178,122	195,007
Town planning and valorization	29,394	21,971
Recreation and culture	80,669	86,092
Financing costs	335,549	344,826
TOTAL EXPENSES:	1,061,711	1,065,615

APPROPRIATIONS

Immobilisation expense funds	(51,853)	(195,505)
Reserve	12,000	
Surplus	84,336	111,086
NET RESULT:	174,634	19,601

2- COMMENTARY

A) 1992 financial statements

The financial year ending December 31, 1992 indicates an accumulated surplus of \$72,457.00.

B) 1993 preliminary indications

The last report estimating the 1993 receipts and expenses allows us to expect a surplus of \$19,601.00. Taking into consideration that in 1993 the council allocated \$36,000.00 to the reserved surplus, the accumulated surplus of the Ville de Cookshire will therefore be \$56,058.00 on December 31, 1993.

C) 1994 budget trends

The budget for the 1994 year will be elaborated and adopted in accordance with strategic trends and share priorities already determined by the municipal council which are summed up in three definite points.

- 1) Position the Ville de Cookshire as an industrial and commercial centre.
- 2) Develop a personality which makes the Ville de Cookshire unique and alluring to live in and make a living.
- 3) Rationalize and improve the services offered to the taxpayers of the Ville de Cookshire at a better price.

- 1) Position the Ville de Cookshire as an industrial and commercial centre. **Goals to accomplish:**

- Promote a creative and innovative partnership reuniting the principal achievers in our area in order to supply joint efforts insuring united local development.
- Fulfill our role as development agent by propelling and accompanying our contractors.
- 2) Develop a personality which makes the Ville de Cookshire unique and alluring to live in and make a living. **Goals to pursue and accomplish:**
- Put forth an incitive policy for the conservation of our historical and architectural heritage as well as our bilingual nature.
- Insure constant support for our volunteers who provide us with a superior quality of life.
- Incite the workers who benefit from employment in Cookshire to live in our town.
- Improve our reception policy of new families establishing themselves in our municipality.
- Take counsel and give ourselves the mission of promoter-sellers of our town.
- 3) Rationalize and improve the services offered to the taxpayers of the Ville de Cookshire at a better price. **Goals to pursue and accomplish:**
- Continue discussions with neighbouring municipalities with the purpose of forming protocols of understanding on the use of services available in our town.
- Undertake a feasibility study in cooperation with adjacent municipalities, namely whether mergers would be economically and socially profitable; should the study be positive, then we must proceed without delay.
- Create an advisory planning committee and devise a bylaw on minor infractions.
- Enthusiastically respond to the demands and needs of our citizens and make our administration clearer
- We, the elected and officials, are here to serve you.

D) 1993 remuneration of council members

Mayor	
— Basic remuneration	\$6,126.00
— Expense allowance	\$3,063.00
Councillor	
— Basic remuneration	\$2,042.00
— Expense allowance	\$1,021.00

Jacques Thériberge,
Mayor



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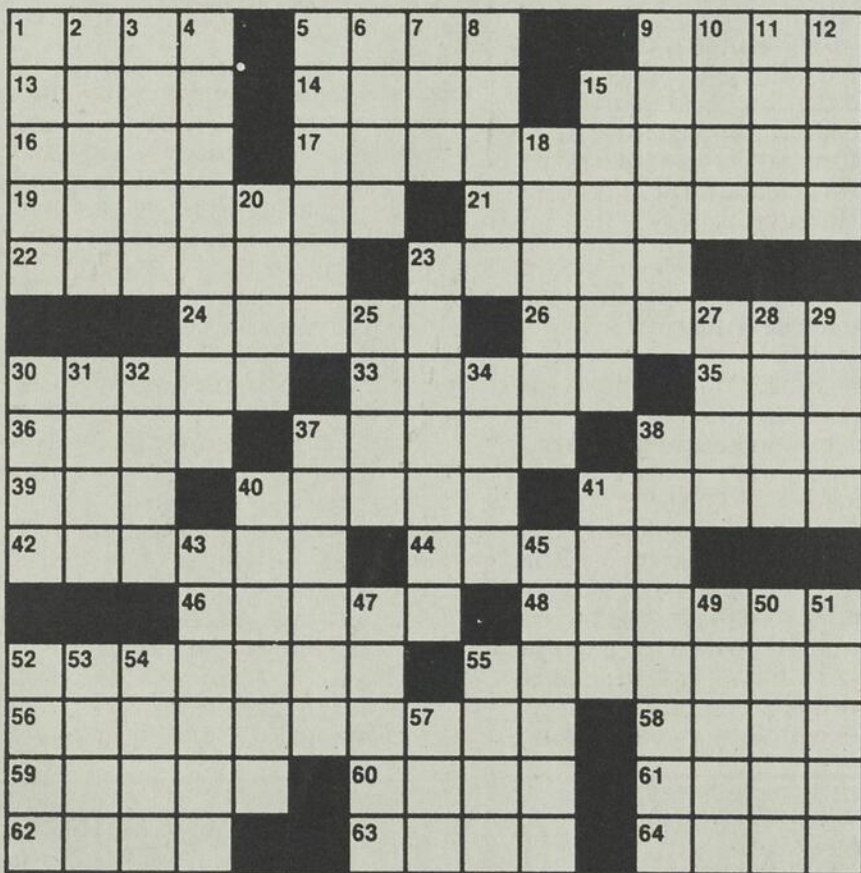
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Crossword

- ACROSS
- Method
 - Test for jrs.
 - Footless animal
 - Succotash bean
 - Capital of Western Samoa
 - Run away
 - Landed
 - Colossal
 - Gambling places
 - Totally
 - Repeated
 - Organic compound
 - Approaches
 - Bearlike
 - Wanderer
 - Short jackets
 - Put on
 - Ludwig or Jannings
 - Attorney general under Reagan
 - Link
 - Mover's truck
 - Factions
 - Men
 - Beast
 - Symbols of authority
 - Pseudonym
 - Harass
 - Studio
 - Jocasta's son
 - Tiny
 - Small drinks
 - "— in Wonderland"
 - Indians
 - Clinton's canal
 - Dole
 - Uncommon
 - Southern state: abbr.

- DOWN
- Location
 - Spring flower
 - Religious sect
 - Countrywide
 - Oriental temple
 - Resorts
 - Tune
 - Lisbon's river
 - Changes
 - Decant



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11/15/93

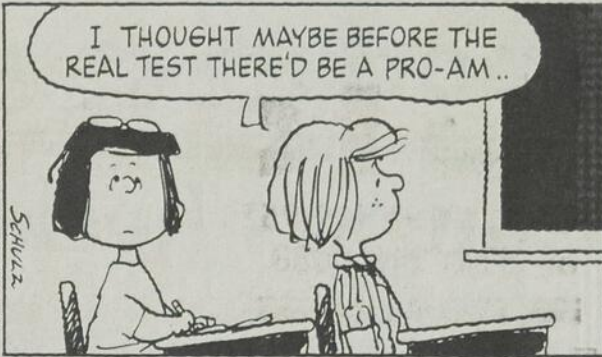
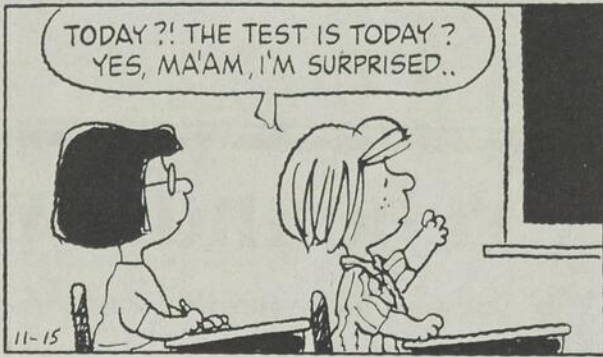
Saturday's Puzzle Solved:



11/15/93

- Iridescent gem
- Gainsay
- Takes up
- Bring into harmony
- Requisite
- Respects
- Marsh grass
- Heathen deity
- "— but the brave..."
- Means' justifiers
- Leningrad's river
- Middle East sultanate
- Short skirt
- Greek peak
- Surroundings
- Baby's bed
- Briny
- Anthropologist Margaret
- Spite
- Feta or Parmesan

- Pianist Rubinstein
- Steeple
- Blue flower
- Ruhr city
- First man
- Mah-jongg piece
- Send out
- Completed
- Call — day



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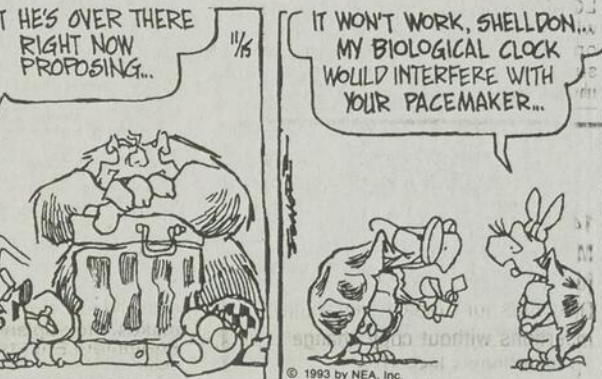
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EEK & MEEK® by Howie Schneider



GRIZZWELLS® by Bill Schorr



THE BORN LOSER® by Art and Chip Sansom



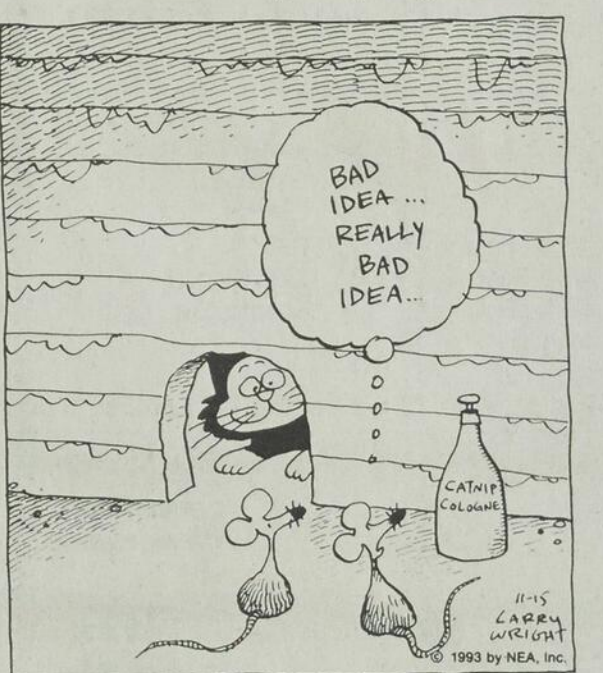
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WINTHROP® by Dick Cavalli



KIT 'N' CARLYLE® by Larry Wright



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Sports

the
Record

Cougars hockey rebounds with win

SHERBROOKE (MB) — After weeks of silence, the Champlain Cougars hockey team finally has reason to roar following a 6-4 "shootout" win over Montmorency Friday night at the W.B. Scott Arena in Lennoxville.

The two teams were tied at four after regulation and a five-minute overtime. Goals by Chris Lemay and Paul Johnson in the shootout gave the Cou-



gars the win.

"The guys were quite happy after the game," Cougar coach Cliff Goodwin said. "They worked hard."

It was only the Cougars second win in 11 games.

Goodwin was full of praise for his goaltender J.F. Hamel, who shut out first-place Montmorency in four penalty shots.

"Hamel was excellent in overtime and he was excellent in the showdown," Goodwin said.

Alfred Marshall and Chris Chapman scored one goal each while Ian Farrell netted two in

regulation play for Champlain.

Chapman's goal gave the Cougars a 4-2 lead early in the third period but Montmorency came back to force overtime, the tying goal coming with less than four minutes remaining in the game.

Montmorency outshot Champlain 33-30.

The Cougars play host to Levis-Lauzon, another divisional leader, on Nov. 19.

Gaiters:

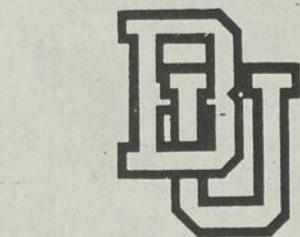
Cagers stand tall in tourney play

SHERBROOKE (MB) — The Bishop's Gaiters men's basketball team is off to a quick start.

The team is 5-2 in exhibition play after finishing in second place in a tournament at McGill this weekend.

"We're playing a great brand of basketball," coach Eddie Pomykala said. "I thought we were the best team there."

Bishop's opened with a 94-87 overtime loss to Windsor.



The game was tied with 21 seconds left and guard Greg Southward barely missed a layup that would have put the Gaiters in the lead, Pomykala

said.

Southward led with 24 points and was named player of the game while Tom Van Alstine added 19.

On Saturday night, Bishop's not only beat but outrebounded a McGill team that started five players over 6-foot-5 and one 6-foot-11.

The Gaiters came back from a 20-9 deficit early to win 78-73. Van Alstine had 16 and rookie

forward Dan Pfliger, who added 13, was named player of the game.

Bishop's defeated University of New Brunswick 91-63 Sunday. Glen Faucher and Brennan Wares each had 22.

Foucher and Wares were named to the tournament all-star team.

Bishop's starts the regular season visiting Laval on Nov. 26.

CFL: Ticats torpedo Ottawa Riders

HAMILTON (CP) — Todd Dillon threw two touchdown passes and the Hamilton defence turned in a solid performance as the Ticats sank the Ottawa Rough Riders 21-10 Sunday in the CFL's East Division semifinal.

Hamilton will play Winnipeg next Sunday in the division final.

Dave Dinnall brought the Ivor Wynne Stadium crowd of 18,781 to its feet at 4:43 of the fourth, scampering 34 yards for the final score of the game. Then, the defence took over.

Ottawa drove to the Hamilton 11 with 2:51 remaining, but Tom Burgess's third-down pass to Rob Crifo in the end zone was incomplete.

Then, with 55 seconds remaining, the Riders had to turn the ball over on downs at the Ottawa 45.

The Ticats took a 14-10 lead into the fourth quarter, thanks to Joey Jauch.

FUMBLE

The sophomore slotback caught Dillon's 10-yard touchdown pass at 11:26 of the third two plays after Roger Hennig recovered a fumble at the Ottawa 13. Rider punter Mike Lazecski made the miscue when he fumbled a high snap.

But Ottawa countered 51 seconds later when Stephen Jones burned Ticats defender Corris Ervin on a 75-yard TD reception.

Lee Knight had the other Hamilton major. Paul Osbaliston booted three converts.

Lazecski had a convert and field goal for Ottawa.

The defences dominated the first half, which Hamilton led 7-3. The Ticats managed 180 total yards, 36 more than Ottawa.

Knight put Hamilton ahead 7-0 at 2:04 of the first with an 11-yard touchdown catch. That capped the Ticats 72-yard, four-play opening drive.

Lazecski cut the deficit to 7-3 with a 33-yard field goal at 12:58 of the second.

NOTES — With the Ivor Wynne Stadium scoreboard still out of commission, a huge television screen was erected in the west end zone. . . . Ottawa was bolstered with the return of defensive lineman Glenn Kulka and receivers James Ellingson and Stephen Jones. Off the injured list for Hamilton were defensive tackle Romel Andrews, defensive backs Tim Jackson and Bobby Dawson and offensive lineman Dale Sanderson.

Stampeders 17 Lions 9

CALGARY (CP) — The Calgary Stampeders ran into the teeth of a brisk wind and walked away with a 17-9 victory over the B.C. Lions Sunday in the CFL West Division semifinal.

The Lions staged a last-minute drive that ended when B.C. turned the ball over on downs on Calgary's 48-yard line.

Calgary quarterback Doug Flutie threw a 10-yard touchdown pass to Will Moore and got a little help from his defence when tackle Srecko Zizakovic intercepted a Danny Bar-

rett pass and returned it six yards for another major.

Barrett, playing against the team that traded him away last year after acquiring Flutie as a free agent, had a better passing game and directed the Lions to more yards total offence but couldn't get the ball into the end zone.

Lui Passaglia scored the Lion points on field goals of 25, 15 and 34 yards.

DEFENDING CHAMPS

The defending Grey Cup champion Stampeders play the Edmonton Eskimos in next Sunday's West final. Edmonton beat Saskatchewan Roughriders 51-13.

Mark McLoughlin rounded out Calgary's scoring with a 22-yard field goal. The Stampeders defence didn't allow a touchdown.

Flutie, who threw for over 6,000 yards in leading Calgary to a 15-3 regular-season record, kept his attack on the ground as winds gusting to 70 kilometres per hour whipped the meagre crowd of 15,407.

Eskimos 51 Roughriders 13

EDMONTON (CP) — A pumped-up Edmonton Eskimos offence, led by the rushing tandem of running back Lucius Floyd and quarterback Damon Allen, rolled over Saskatchewan Sunday, crushing the Roughriders 51-13 in a CFL Western semifinal.

Edmonton set its tone early, relying on the run from the opening play. Allen, who finished second in league rushing with

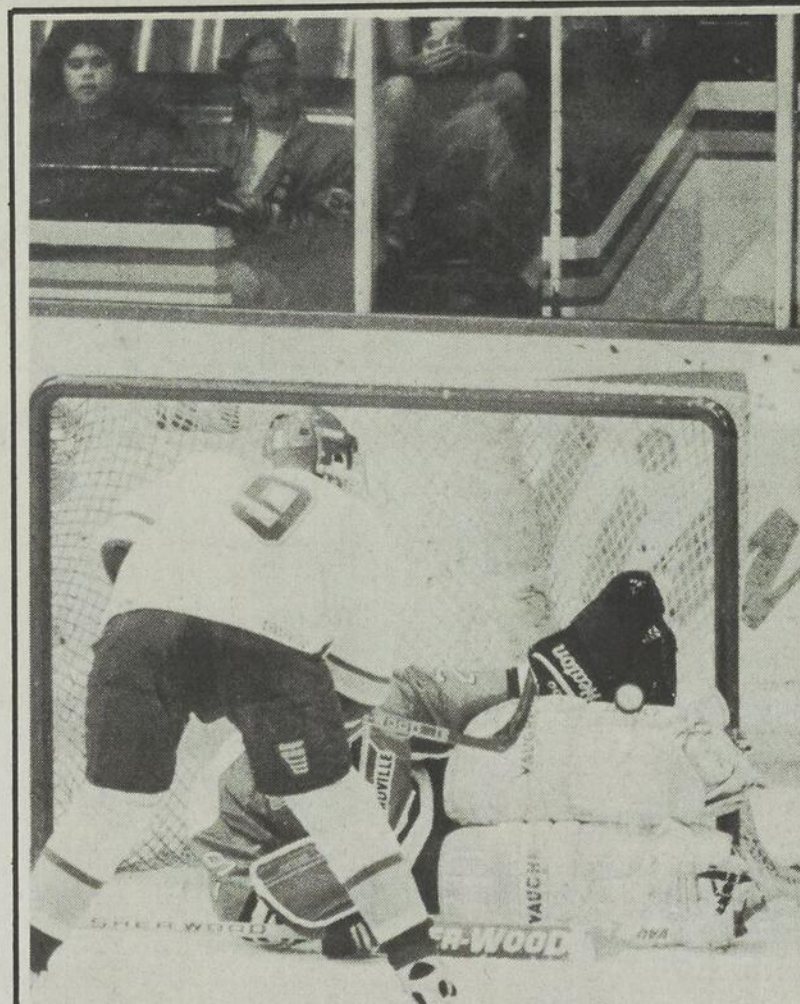
920 yards, used his running threat to good advantage and kept the Saskatchewan defence off balance throughout the game. He rushed for 95 yards before coming out of the game late in the fourth quarter.

Allen also threw two third-quarter touchdown passes to blow the game wide open. He hit wide receiver Eddie Brown with a nine-yard TD pass, the speedster's second of the game, at 9:10 of the third quarter to make it 37-13. The scoring play was set up after line-backer Larry Wrucc levelled Saskatchewan receiver Donald Narcisse, causing a Roughrider turnover at the nine-yard line.

Five minutes later, Roughrider slotback Ray Elgaard was stripped of the ball as Saskatchewan pushed inside the Edmonton 40-yard line. On the next Eskimo possession, Allen fired a 39-yard pass to wide receiver Henry (Gizmo) Williams, who had slipped in behind the Roughriders defence. Eskimo running back Brian Walling added insult to injury with a touchdown at 12:24 of the fourth quarter.

The Eskimos defence held off the vaunted passing attack of Roughriders quarterback Kent Austin, who was under pressure by Edmonton pass rushers all day. Austin was replaced by backup pivot Warren Jones early in the fourth quarter.

Floyd, who was picked off the Saskatchewan practice roster by Edmonton in early September, scored two first-half touchdowns. He rushed for 121 yards on 22 carries before a lively crowd of 26,397 liberally sprinkled with Saskatchewan fans.



RECORD/RICHARD LABEL

Stack 'em: Drummondville Voltigeurs goalie Yannick Gagnon stacks the pads to foil this scoring chance by Sherbrooke Faucons forward Christian Dubé. The Faucons were ahead 3-1 in the second period but saw the lead and the game slip away in the third. Drummondville came out on top 6-4. The Faucons next home game is Nov. 23 against Laval.

Shula the winningest coach in NFL history

By The Associated Press

Give him great quarterbacks and he wins. Give him Doug Pederson and he still wins.

Don Shula became the winningest coach in NFL history Sunday, passing George Halas when he guided the Miami Dolphins over the Philadelphia Eagles 19-14. Shula's 325th victory came on the strength of a big-play defence — Jeff Cross had three of four sacks — and Pete Stoyanovich's second-half field goals of 46 and 45 yards.

It also came with a backup to the backup at quarterback, a guy whose name Shula barely could recall last month.

"This one will be special because of the way we won it," Shula said.

Pederson, a former practice-squad player and backup in the World League, replaced Scott Mitchell — who had taken over for injured Dan Marino — when Mitchell separated his shoulder early in the second half.

The Dolphins (7-2) carried Shula, 63, off on their shoulders, but let him stay dry this time. After he tied Halas two weeks ago, he received a dunking.

"I had that for No. 324," he said. "At my age, I can't take too many ice cold showers."

In other games Sunday, it was Dallas 20, Phoenix 15; Seattle 20, Cleveland 5; Kansas City 31, the Los Angeles Raiders 20; Atlanta 13, the Los Angeles Rams 0; Minnesota 26, Denver 23; the New York Jets 31, Indianapolis 17; San Fran-

cisco 45, Tampa Bay 21; Green Bay 19, New Orleans 17; Houston 38, Cincinnati 3; and the New York Giants 20, Washington 6.

At night, Chicago was at San Diego.

Monday night, Buffalo visits Pittsburgh.

Off this week were New England and Detroit.

Cowboys 20 Cardinals 15

The host Cowboys (7-2) won their seventh straight, this time with a new hero — Bernie Kosar. Six days after he was cut by Cleveland, Kosar hit 13 of 21 passes for 199 yards and a one-yard touchdown to Jay Novacek.

Seahawks 20 Browns 5

At Seattle, Kosar's replacement, Todd Philcox, had a miserable day for the Browns (5-4). He threw two interceptions and lost two fumbles in the first half, then was sacked late in the game.

Chiefs 31 Raiders 20

The Chiefs (7-2) did not miss Joe Montana because Dave Krieg had a big day. Krieg passed for 178 yards and three touchdowns and became the 17th quarterback in NFL history to pass for 30,000 yards.

Falcons 13 Rams 0

The worst defence in the NFL this year overwhelmed the struggling Rams (2-7), the first time Los Angeles has been shut out since 1987. Linebacker Jessie Tuggle was in on nine tackles and had one of six sacks by the Falcons (3-6).



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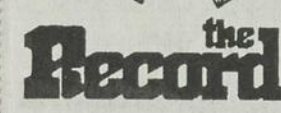
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Getting air: University of Sherbrooke's Yannick Morris gets high during Saturday action in the four-team tournament. Bruno Lambert of the Vert school's 13th Volleyball Omnium this weekend. The tournament was won by the University of Laval, which defeated Dalhousie in the finals Sunday afternoon. Dalhousie placed second and the University of Mon-

tréal third. Sherbrooke finished in last place in the four-team tournament. Bruno Lambert of the Vert Or was named to the tournament all-star team.

The University of Montreal defeated Sherbrooke 3-1 in the lone women's match.

RECORD/MARK BRENDÉ

Sports

**the
Record**

NHL referees expected to strike

By Alan Adams

TORONTO (CP)—NHL referees and linesmen likely won't be lining up at the red line tonight. And you won't find them on a picket line either.

Barring a major break in contract talks, the 58 refs and linesmen who make up the NHL Officials' Association will be on strike when teams suit up for scheduled games tonight in Toronto, Ottawa and Calgary.

Replacements culled from the minor pro and junior ranks will officiate, and NHLA members have pledged they will not disrupt games.

Last-ditch negotiations between the league and its officials were held in New York on Sunday, but no progress was made.

"We met for a couple of hours and it wasn't productive," NHL commissioner Gary Bettman said in a statement hours before the midnight Sunday night NHLA strike deadline.

UNRESOLVED

Said Don Meehan, who is negotiating on behalf of the NHLA: "It was productive

from the extent that we sat down and talked, but nothing was resolved."



No negotiations are scheduled today.

Meanwhile, NHL players apparently have been asked not to talk to reporters about the refs or their replacements.

"I wish I could talk to you but I have been told not to," said Brett Hull of the St. Louis Blues. "But I really do have an opinion" about the whole situation.

"I can't comment on it," said Kirk Muller of the Montreal Canadiens.

But that didn't stop Wayne Gretzky from speaking his mind.

"We will find out in 10 days just how important our officials are," said Gretzky. "It is

going to be very difficult for those (replacements), extremely difficult... I would not want the job they are coming into."

TALK TO TEAMS

Bettman, who will monitor tonight's games in a New Jersey television studio, and his chief hockey lieutenant, Brian Burke, plan on addressing each team about on-ice conduct before the games.

"We're going to explain that this is a difficult time, that they are professionals and we expect them to act as professionals," said Burke.

Gretzky said there "is too much at stake" to "police ourselves."

He added: "It is not like three-on-three basketball."

Detroit's Dino Ciccarelli was sensitive to the regular officials' situation.

"I think most of the players don't know what to expect," he said. "I'm not sure the seriousness will hit everybody until we come out for the next game and those guys aren't there."

'TOO BAD'

"It's too bad. You've got to

feel for them. It's a tough job. They have to do what's right for their union."

Both sides have what they call final offers on the table.

"I don't think it will be settled," before the games tonight, said Bruce McNall, owner of the Los Angeles Kings and chairman of the NHL board of governors. "We are fairly far apart."

"I have no idea how long this could go but I hope it doesn't last very long."

Money is the key issue in the dispute, which could produce the first full-scale strike by referees and linesmen in NHL history.

The officials want a 60-per-cent raise in the first year of a new contract while the league has offered 29 per cent. First-year referees earn \$50,000; first-year linesmen earn \$33,000.

MILLIONS

The NHL's proposal would result in a cost of about \$5 million, or approximately \$190,000 a club. The officials' proposal would cost \$6.5 million, or about \$250,000 a club.

"I am not paying \$1.5 million or anywhere near close to it," Bettman said after NHLA members voted 58-0 Friday to reject the league's offer.

Added Burke: "This is not a Persian Bazaar where we're haggling over \$100 for a rug. They've already pushed us further than we ever intended to go."

The officials know their jobs are on the line but aren't concerned about a league threat about job security, said Meehan.

"We are doing what we are doing because we have a lot of conviction," he said. "Whether the replacements turn out to be good or bad has no bearing on how we formulated our position."

Bouchard CEGEP player of year

SHERBROOKE (MB) — Champlain Cougars running back Réal Bouchard, who holds the all-time career CEGEP points and touchdowns records, was named the league's player of the year at a Montreal banquet Sunday night.



Bouchard scored 138 points this season on 23 touchdowns, shattering the old league mark of 16.

Bouchard was also named the league's offensive player of the year. Cougar defensive lineman Charles Pellerin was selected as defensive player of the year.

The Cougar coaching staff, under the direction of head coach Tony Addona, was named coaching staff of the year after guiding Champlain to a perfect 8-0 regular season record. The Cougars averaged 42.7 points per game.

Champlain takes on Vanier College Cheetas next Sunday in Montreal for the Bol d'Or.

Steve St. Germain was selected as Champlain's outstanding student-athlete.

Champlain dominated the league's offensive all-star team in much the same way as they dominated on the field. Seven Cougars were selected: Bouchard, Jason Stewart, Brian Lemoine, François Dupuis, Michael Verville, Clark Stewart and Kevin Weir.

Surprisingly, Champlain had only two players selected to the defensive all-star team — Pellerin and Mathieu Bellefroid — despite the fact the Cougars allowed the second-lowest point total in league history.

Cougars go down fighting

SHERBROOKE (MB) — Graham Farmer's 24 points went for nought Sunday afternoon as the Champlain Cougars men's basketball team lost its second game of the year, falling 74-61 to the John Abbott Islanders.

"It was a game," maintained coach Don Caldwell, who saw the one-point halftime lead slip away when big men Murray McLeod and Chris Hall got into foul trouble in the second half.

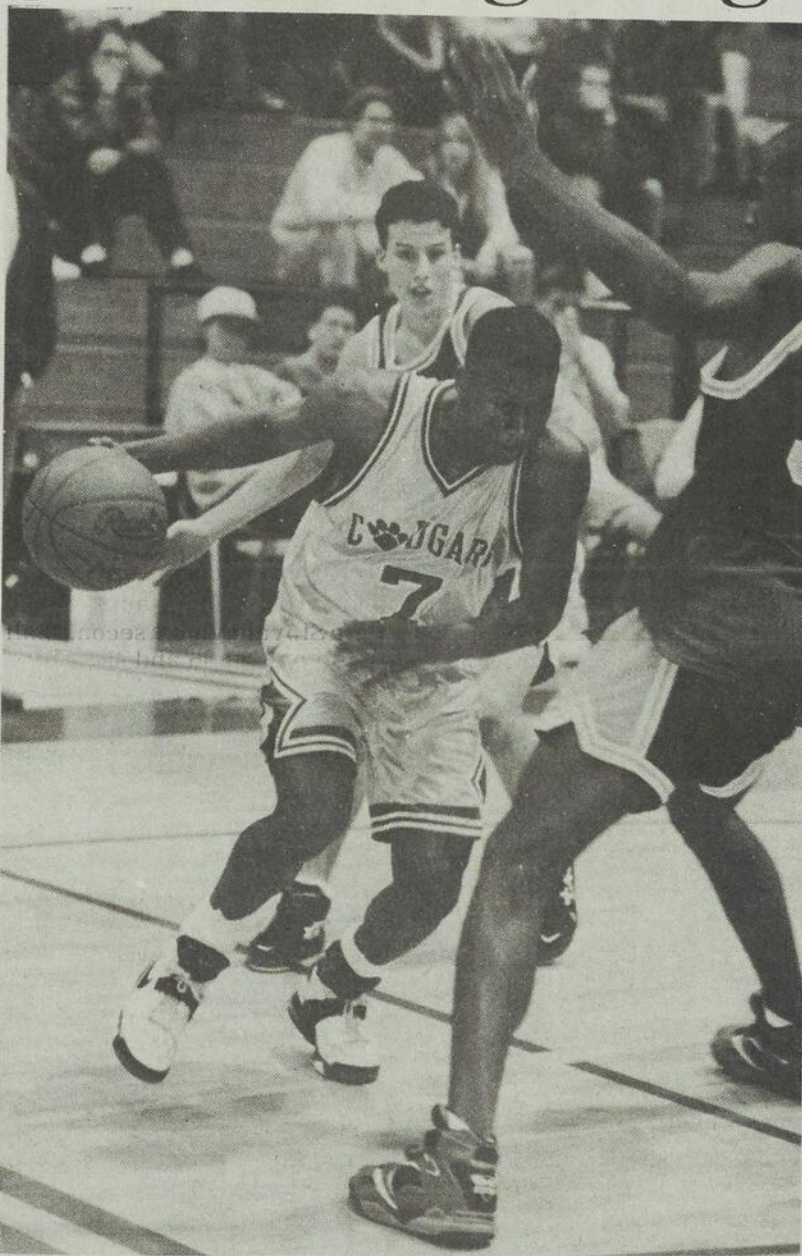
"It wasn't like Dawson where we were out of the game before it began," Caldwell said.

Hall fouled out with seven minutes to play. Damion Lewis had 20 points for John Abbott.

Caldwell said the Cougars troubles begin with the injury list. Perimeter scorer Richard Rafferty is scheduled to have surgery and won't be available until well after Christmas, Caldwell said. Guard Paul McManus didn't play the game because of a hip pointer.

Farmer, a 5-foot-8 rookie point guard from Halifax, was the brightest spot for the Cougars, Caldwell said. Farmer added eight rebounds to go with his 24 points.

"He just had a great individual effort at both ends of the court," Caldwell said.



Graham Farmer, caught here driving baseline, was the key performer for Champlain.



Big time: The Champlain Lady Cougars finally got on track Sunday afternoon against the Séminaire de Sherbrooke — big time.

Champlain won a not-so-thrilling game by the score of 90-4.

RECORD/PERRY BEATON

Ricci, Nordiques down Panthers

MIAMI (AP) — Mike Ricci scored his second goal of the game with 2:44 remaining as the Quebec Nordiques defeated the Florida Panthers 5-2 in a fight-filled game Sunday night.

With the score 2-2 late in the third period, Florida goalie John Vanbiesbrouck lost his goal stick in a scramble in front of his net when Steven Finn's

slap shot was deflected by Ricci for the game-winning goal.

Quebec, which snapped a five-game losing streak, added an empty-net goal by Martin Rucinsky at 19:18 and a power-play score by Joe Sakic with 12 seconds left. Mats Sundin opened the scoring for Quebec.

In a wild first period, 46 penalty minutes were handed out,

including a game misconduct to Panthers' right wing Mike Foligno, who head-butted Dave Karpis during a mid-period melee.

Panthers defencemen Brian Benning and Greg Smyth scored their first goals of the season within 27 seconds of each other in the second period to give Florida a 2-1 lead.

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Blake Powers

How to keep your specs sparkling clean

By Anne B. Adams and Nancy Nash-Cummings

DEAR ANNE AND NAN: I have to use an ointment on my eyelids and it contains petroleum. It gets on my glasses and I can't find anything to remove it. I've tried eyeglasses cleaner, glass cleaner, soap, vinegar, rubbing alcohol and cussin'. Some of it seems to help, but when I hold the glasses to the electric light or the sunshine I see a rainbow. When I put the glasses on I can't see clearly. Can you help me? — **FRANCES K. MCMATH, Pauls Valley, Okla.**

DEAR FRANCES: Our favorite optometrist told us the best thing for you to do is wash your spectacles in a dishwasher and dry them with a dish towel. Be sure your dish detergent has a grease-cutting agent.

You should never clean glasses with anything that contains ammonia or alcohol, as these substances take off the scratch coat that protects the lenses and plastic frames.

DEAR ANNE AND NAN: My husband bought me an electric Presto pressure cooker some years ago, and I've never seen one since. Do you know if they still make them? I would like to get one for my daughter. I know Presto is still in business, because I see regular Presto pressure cookers. — **SUSAN ROBERTS, Winchester, Ind.**

DEAR SUSAN: We're sorry to report that Presto no longer makes the electric pressure cooker. They stopped making them 10 to 15 years ago, according to a representative in their customer-service department.

DEAR ANNE AND NAN: After 50 years of work and retirement, I dug out some Army personnel lists with the idea of starting a survivor-alumni club. The lists were printed on a hectograph and are so faded I cannot read the print. Is there any solution — chemical or whatever — that will enhance the faded printing? — **E.W. CARVIN, La Puente, Calif.**

DEAR E.W.: We called the New England Document Conservation Center, hoping they would have an easy solution to your problem.

Unfortunately, they said that the only thing that might enhance the print would be if it were exposed to a high-intensity ultraviolet light — something one doesn't commonly have hanging around the house. They suggested that if there is a college or university near you, you might find one that you could use in one of their laboratories.

However, we have a better idea. In the Harriet Carter catalog (Dept. 43, North Wales, PA 19455; (215) 361-5151), we came upon a book called "How to Locate Anyone Who Is or Has Been in the Military: Armed Forces Locator Directory" by Lt. Col. Richard S. Johnson (cat. # C7638, \$12.85, plus shipping and handling).

A portion of the copy describing the book reads, "Learn how to obtain service records, government files and more!" We'll bet that in this book you'll find how to obtain the personnel lists that you have but can no longer decipher.

UPDATE: Our thanks to Mrs. A.B.W. of Vernon, Texas, who wrote to tell us the addresses for the two Avon collectors groups that were published in August have been changed.

The current address for the National Association of Avon Collectors Inc. is P.O. Box 7006, Kansas City, MO 64113.

According to "Maloney's Antiques & Collectibles Resource Directory 1994-1995" (Wallace-Homestead Book Co., October 1993), which is hot off the press, this national association of Avon collectors has members throughout the United States and Canada. It publishes a monthly newsletter with buy and sell ads. Connie Clark is the president and the phone number is (816) 822-2347.

The current address of The Western World Avon Collector's Club is P.O. Box 23785, Pleasant Hills, CA 93535.

FEEDBACK: Janet Cropper of Reddick, Fla., sent along this great solution for the squirrel problem plaguing Lavon McEneny of Waverly, Iowa. She writes, "Although pepper

solutions are temporarily effective, they wash off in the rain and do not address the underlying cause of the snacking squirrels.

"Salt is the culprit. Especially if the wood is pressure treated and has not been allowed to weather for several months (3-4), to leach out the excess salts.

"To keep squirrels away while your new deck is weathering or from worn places or older ones (foot treads and railings), mount a small block of mineral salt at eye-level well away from the chew site. The squirrels will have the salt they crave and you can relax on your deck, enjoying their antics without sneezing. The mineral salt blocks are available with a holder at all feed and farm-supply stores."

Write to 'Ask Anne & Nan' at P.O. Box 240, Hartland, VT 05048. Questions of general interest will appear in the column. Due to the volume of mail, personal replies cannot be provided.

Anne B. Adams and Nancy Nash-Cummings are co-authors of 'Ask Anne & Nan' (Whetstone) and 'Dear Anne and Nan: Two Prize Problem-Solvers Share Their Secrets' (Bantam).

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ASK ANNE & NAN



83rd annual District meeting held

BISHOPTON — The 83rd annual District meeting of District No. 3 was held in Bishop-ton on September 18 with Sister Anne Ward as D.D.P.

54 members gathered at the Catholic Church hall for the banquet at noon and were welcomed by Sisters Anne Ward D.D.P., Donna Davis N.G. and Grayce Betts P.P.R.A. rep to IARA.

The meeting was held at Maxwell Rebekah Lodge hall at 2 p.m.

Sister Donna Davis N.G. conducted the opening ceremonies with Sister Mabel Mackay at the piano.

Sister Madelyn Betts marshalled, introduced Sister Anne Ward D.D.P., she was welcomed, presented with a gift from our lodge and took the chair for her meeting.

Sister Madelyn Betts then introduced all visiting officers and were welcomed.

Sister Barbara Smith marshalled of R.A. introduced Sister Ernestine Whipple President of Rebekah Assembly of Quebec. She was welcomed and seated as members sang her song "For me and my Gang" and was presented with wind chimes, a gift from the lodge.

Sister Violet Main of Maxwell Lodge gave the address of welcome and Sister Mayotta Taylor of Wilhelmina Lodge gave the response. Reports from both lodges showed a very busy year.

The items "Beehive and Bees as Rebekahs" by Wilhelmina Lodge and "The Robe" by Maxwell Lodge were enjoyed.

Sister Hilda Rand accepted recommendation for D.D.P. for next year.

Sister Grayce Betts representative to IARA gave a report on her trip to Chicago, Ill.

Hot luncheon and card party

BURY (NR) — A delicious hot luncheon, consisting of a variety of casseroles, chicken pie, scalloped potatoes, shepherd's pie and baked beans with "melt in your mouth" homemade rolls and apple crisp for dessert, was enjoyed by many who braved the storm to come to St. Paul's Parish Hall on Tuesday, November 2nd.

Following the meal, cards were played at nine tables. The winners were: Ladies 1st, Muriel Watson; 2nd, Dorothy Shattuck; consolation, Pansy MacLeod. Gents 1st, Cecil Ross; 2nd, Evelyn Marlow (playing in the place of a man); consolation, Bill Cook. Dorothy Shattuck won the prize for the 9 hearts bid.

Door prizes were won by Evelyn Marlow, Cecil Ross, Herbert Rowell, Audrey Dougherty, Gertrude Hetherington, Eileen Lowe, Archie Nelson, Bill Cook, Fred Fraser, Freda MacLeod, Ona Gilbert, Dorothy Shattuck, Catherine Fraser, Irene Rolfe, Nina Ro-

well, Pansy MacLeod, Serena Wintle, Sylvia Tyler, Ferne Pehleman, Erwin Watson, Winnie Buchanan and Lottie Dougherty.

Several other officers made short remarks and President Ernestine Whipple spoke about the meeting, the items and her projects.

There being no further business the meeting was closed by Maxwell Lodge No. 17.

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Mental abuse undermines self-esteem

By Peter H. Gott, M.D.

DEAR DR. GOTT: We've heard a lot about physical abuse, but what actually constitutes mental abuse?

DEAR READER: Mental abuse — especially in its mild forms — may be difficult to define. To some degree, this may be similar to the oft-quoted comment of the Supreme Court justice when asked to define pornography. He said he might not be able to define it, but he certainly knew it when he saw it. Mental abuse, in my view, is an attitude or series of acts that are perceived by the recipient as threatening or unpleasant and that may undermine his or her sense of security and well-being.

Of course, to a great extent, we are all the givers and receivers of mental abuse at one time or another. All you have to do is eavesdrop on a bunch of children in a schoolyard. Or listen to government proclamations.

However, mental abuse may be more of a legal concept than a medical one, although victims may be prone to depression and other health problems. Unquestionably, serious mental abuse — such as that suffered by prisoners or even by children and spouses in extreme situations — would be recognizable by anyone. It's the more subtle forms that I suspect bother you. And me. This is a difficult concept, in part because what is interpreted by one person as an abusive situation may be normal and completely tolerable for another.

Therefore, I have concluded that in many instances, the presence or absence of mental abuse might have to be decided on a case-to-case basis. I'd be interested to hear what other readers have to say about the topic of subtle mental abuse.

DEAR DR. GOTT: How much vitamin C should be taken to ward off stomach cancer and lower cholesterol levels? I'm 70 and have recently undergone triple bypass surgery.

DEAR READER: Recent studies suggest that 1,000-2,000 milligrams of vitamin C MAY help prevent stomach cancer and reduce serum cholesterol. However, this relation has yet to be confirmed, so you should ask your doctor about whether to use vitamin C — or whether other cholesterol-lowering strategies might be more appropriate, as, for example, the use of niacin or Metamucil, along with a low-fat diet.

To give you more information, I am sending you a free copy of my Health Report "Understanding Cholesterol." Other readers who would like a copy should send \$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: I'm 50 and take Lopressor and Maxzide for high blood pressure. On at least three different occasions, the end of my nose has felt numb, fuzzy, asleep, and I feel as if I must rub it. The numbness sometimes spreads to the top of my lip. I'm too embarrassed to mention this to my doctor but would certainly like to know what is happening.

DEAR READER: Paresthesia (tingling or partial numbness) will often result when nerves are temporarily deprived of oxygen. This is the reason

our feet sometimes "fall asleep" when we cross our legs; in that position, blood circulation is cut off and the nerves are letting us know that we should change positions.

The peculiar sensations you describe could be due to a temporary malfunction of the nerves of sensation to your nose and lip. This may be related to your blood pressure.

I can't understand why you are embarrassed to discuss this with your doctor. Such a course of action seems to me to be the best approach. He knows your general state of health and should be able to shed some light on your symptom.

To give you more information, I am sending you a free copy of my Health Report "Hypertension." Other readers who would like a copy should send \$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: What is the success rate of shoulder replacement surgery for people with rheumatoid arthritis? Is it likely that range of motion and return to normal activity, such as hair combing, will be restored?

DEAR READER: In my experience, shoulder replacement for severe and crippling arthritis is a reasonable option, providing that the patient has exhausted all the non-surgical resources, such as medication and physical therapy. The prosthetic shoulder usually permits people to return to a full level of independence, such as bathing, dressing and eating.

I cannot give you a numerical estimate of the success rate because results vary from surgeon to surgeon and from patient to patient. I suggest that arthritic people with severe shoulder immobility be examined by orthopedic surgeons familiar with shoulder replacement. This is a more useful approach than seeking estimates about such specialized surgery.

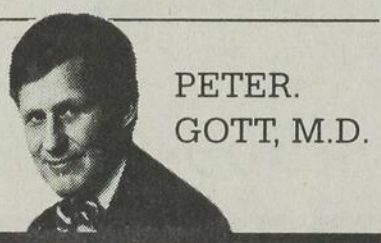
DEAR DR. GOTT: My niece has hidradenitis, which in her case causes cyst-like things under her arms, under her breasts and between her thighs. She's had some drained at times and has had two removed, yet they are coming back. Her doctor has no answer and doesn't seem to know of any medication for control.

DEAR READER: These deep skin infections can develop when staph bacteria enter the pores and form abscesses in and around the sweat glands. Antibiotics and surgical drainage are often necessary. In severe cases, the infected tissue may have to be removed by a surgeon.

Hidradenitis can sometimes be prevented — or its severity lessened — by the use of anti-bacterial soap, such as Dial. Washing twice a day with this soap may reduce the number of staph germs on the skin, thereby reducing the possibility of infection.

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DR. GOTT



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