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Page 3

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RECORD

THE VOICE OF THE EASTERN TOWNSHIPS SINCE 1897

**From the
Record
archives**

Page 5

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PM#0040007682

WEDNESDAY, MAY 1, 2019

**Lennoxville
United
offers hope
for those
living with
cancer**

By Gordon Lambie

This Sunday, May 5, Lennoxville United Church will be hosting its annual "Service of Hope and Inspiration" for those who are living with cancer, their family, and their friends.

Kristan McKercher, who organizes the annual service along with Nancy Sutor and Frankie Noble, shared that the idea developed gradually out of a practice she brought home from a church she visits in Florida each winter.

"I had read an article in a paper in Florida about a church that makes the cancer bags or hope bags for patients in the hospital," McKercher said. "I read the article, I went to the church, and I actually helped to prepare these bags."

Shortly thereafter, she brought the idea home with her, and the local church community started its own version.

The bags, known as "hope bags" contain items such as toothbrushes and toothpaste, bottled water, tissues,

CONT'D ON PAGE 5

**BCS Players' Club presents
a modern dystopic play**



PHOTO CREDIT: BENJAMIN TRACY

Bohong Fu, Chang Min Son, Cala Tesolin, Pierre Anglade, Timothy Chevalier and Sebastian Colley have been rehearsing for *Ideation* since January.

By Emilie Hackett
Special to the Record

Bishop's College School (BCS) will be the home of *Ideation*, a thought-provoking play by Aaron Loeb, from May 2 to May 4 at 7:30 p.m. in the R. Lewis Evans Memorial Theatre. Tick-

ets are \$10. The BCS Players' Club production features six senior students, under the direction of Miranda McGie, presenting the modern play where mundane meets dystopia, comedy meets thriller, and morality meets insanity.

Year 12 students Bohong Fu, Timothy

Chevalier, Cala Tesolin, Pierre Anglade, Sebastian Colley and Chang Min Son have been working tirelessly since January to become the characters in this out of the ordinary production. "I've done many plays at BCS, but this one is

CONT'D ON PAGE 3

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LOW OF 0



THURSDAY:
PERIODS OF
RAIN

HIGH OF 14
LOW OF 4



FRIDAY:
SHOWERS

HIGH OF 11
LOW OF 5



SATURDAY:
SHOWERS

HIGH OF 15
LOW OF 3



SUNDAY:
MIX OF SUN
AND CLOUDS

HIGH OF 17
LOW OF 3

Richmond County Historical Society

Are you interested in history of generations past in the Townships, particularly in the Richmond area? The Richmond County Historical Society (RCHS) Museum, now on the Chemin des Cantons, is the place to go. Located at 1161 Rte. 243, Melbourne in a 175-year-old former manse, the museum is furnished with donations from the community and exhibits with varying themes. RCHS maintains an archive with historical papers and documents of particular interest to Richmond County and vicinity. These documents include newspapers, photographs, maps and special collections. Requests come from people worldwide.

RCHS is volunteer-run with hired students for periods in the summer. One of the recent highlights was to celebrate the 50th anniversary of the Society with a Time Vault in 2012 where individuals, organizations, and businesses buried their "memories" in a capsule under a beautiful metal tree designed by local artist, Tetro. Recently the theme was "Women in History, Local Women of Note in Richmond County and Vicinity in Years Gone By". The idea was to highlight women who have made a difference in our community and in the lives of our local population, and women who have impacted individuals or who have pioneered an idea or created a lasting memory in our lives. Annual events include the Opening Tea, Ice-cream Social, Lawn Party, Harvest Luncheon, Bus Tours, cavalcades, concerts, and Robbie Burns evening.

A musical theme continues this year with exhibits and musical events. The first being the Scot Woods Concert on May 9 with profits going to RCHS (tickets at 819-826-3118). For the Opening Tea on Sunday, May 26, everyone is invited for tea and "on the spot" scones! The Ice-cream Social, held on Sunday, June 16, is an event for meeting old friends and

making new. The Lawn Party on Aug. 25 is the Making History event that features those attending as the current history-makers. In October, the Harvest Luncheon will again feature a musical

group. The Museum will open on June 19, (Wednesday through Sunday afternoons from 1 p.m. to 5 p.m.). For further information, please visit www.richmondcountyhistoricalsociety.com.





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Ben by Daniel Shelton



LOCAL NEWS

"For 30 years and through my career as a firefighter, I have experienced several situations where children were seriously injured during a disaster."

Magog firefighters join the Leucan Shaved Head Challenge

Record Staff

Leucan Estrie has announced that Sylvain Arteau, Director of the Fire Department of the City of Magog, will serve as Honourary President of the Leucan 2019 Shaved Head Challenge taking place June 22 at Parc des Braves.

The event is being organized by the Magog firefighters.

Arteau didn't hesitate before accepting the role of Honourary President.

"For 30 years and through my career as a firefighter, I have experienced several situations where children were seriously injured during a disaster. I can imagine the distress of parents when their toddlers are diagnosed with cancer. A child is a treasure from which one must take the greatest care. I invite the Magogoises and Magogois to be supportive of children with cancer and to participate in large numbers in the Challenge," said the father and grand-

father.

Sarah-Maude Pelletier, 24, shared her experience with cancer during the recent announcement.

"At 14, I learned that I had a carcinoid tumor. Fortunately, my healing took place quickly after the operation. Psychologically, it has been more difficult. Leucan was a key presence for my family and me and allowed us to get closer through the various activities we participated in, such as the Leucan conferences."

New Leucan challenge

Established since 2017, the Duvet-style Challenge, which consists of shedding a minimum of eight inches of hair, is gaining popularity. Participants register online and select the Challenge that's right for them. This is an interesting option for people who want to mobilize and make a concrete gesture for children with cancer, without having to shave their head completely.

Segment of Route 108 closed until May 8

Record Staff

The Ministère des Transports (MTQ) has announced that the section of Route 108 (Chemin Bachand) between the 216 in Sainte-Catherine-de-Hatley and Hovey Road

in North Hatley, closed as of Wednesday, April 24, will not reopen until May 8.

The road was damaged from erosion following heavy rain last week.

A detour is in place via Route 108-143, the 410 and Route 216.

Several ways to get involved

Leucan Estrie invites the public to register for the Magog Challenge at tetesrasees.com and join the wave of tens of thousands of people. It is also possible to make a donation to the Honourary President or to create a Custom Challenge, thereby determining the date, time, location and scope of the Challenge.

About the Challenge

The Leucan Shaved Head Challenge is a major fundraising activity that mobilizes the community in a spirit of solidarity to provide services to the families of children with cancer. It is also a gesture of support for children who un-

dergo, during chemotherapy, a change in their body image through hair loss.

About Leucan Estrie

Over the last 40 years, Leucan has donated nearly \$ 20 million to clinical research, raising the survival rate from 15 to 82 per cent.

Seventy per cent of children who survive pediatric cancer will develop after-effects. In 30 per cent of cases, those problems will be severe.

All funds raised are therefore of paramount importance.

In 2018, the Leucan Shaved Head Challenge passed the milestone of 90,000 shaved heads since the first edition.



Leucan Estrie has announced that Sylvain Arteau, Director of the Fire Department of the City of Magog, will serve as Honourary President of the Leucan 2019 Shaved Head Challenge taking place June 22 at Parc des Braves.



PHOTOS COURTESY

Sylvain Arteau, Director of the Fire Department of the City of Magog, Eve Mathieu and Sarah-Maude Pelletier,

BCS Players' Club

CONT'D FROM PAGE 1

special," mentioned Fu, who is also stage manager for the first time. "Usually in the spring we'll do a big fairy-tale style production, but this is a very realistic and modern play. I love the script because it's different than anything we've done before."

Ideation is an 80-minute production that features six corporate consultants with a dark and mysterious task that could change the outcome for all of humanity, and they must meet a fast deadline for their CEO. The comedic thriller will surely leave the audience intrigued. "There are a lot of conspiracies in the play," said Fu. "My character is an immigrant, and at some point during the play he criticizes Americans, saying how they

are entirely trusting yet profoundly paranoid. It's a really relatable play and it is sometimes ironic and true. We really hope it will make the audience think because it is very relevant about our planet's current state."

McGie, who has been the drama teacher at BCS since 2016, explained that this year's production focused on her senior students. The production is composed of six actors and four technical crew members. "It's been very busy! We'll rehearse around three to four times a week in the evening from 6 p.m. to 7:30 p.m., but it depends on the students' schedule," she admitted. "Here at BCS, all students participate in sports and extracurriculars around five days a week. Students are really involved here."

"This play is great for this group. I

think teenagers these days like to be critical and analytic of the world around them, and especially what is dictated by their government," she added. "Some of the characters make really valid points, especially during the monologues. It'll be really interesting to watch, and the play does have its super funny moments."

"We've had a lot of help from the BCS community to help with the theatre space and with the set, including from Vladimir Vukovic, and the building and grounds staff, as well as the carpenter," remarked McGie. "We're a big community so we are always receiving help."

"Memorizing a 60-page script isn't always easy," said Chevalier. "I think the best part will be actual presentation, it will make all the months of work that

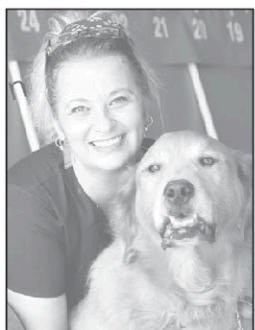
put in worth it. It's not always fun to come in on a Sunday night to spend three hours memorizing lines, but our hard work will be paid off."

The play is more suitable for a more mature audience, mentioned McGie and her students. "In the original script, there were a lot of jokes that we couldn't put in because this is a high school production, but we turned them into subtle jokes that an adult audience would definitely understand and appreciate," added Chevalier.

"I'm really going to miss participating in the BCS plays," concluded Fu. "But we're doing here is really different and very special! It's going to be fun for everyone in the audience."



THE PET CONNECTION

Jen Young

Skunk time!

Yep, it's that time again. More and more dogs and cats are getting an unwelcome spray when venturing outdoors early mornings or late at night. While many swear by the peroxide and baking soda homemade recipe, I don't. Just too much trouble for me when I have to rush to get the liquid off the skin of my animal. I will only

use the products "Skunk off" or "Uriclean magic odour". Both have baking soda and peroxide in them and I have used them more times that I can count and have all the faith in the world in them. Here's the disturbing news: no matter what you use, it will never completely rid your pet of the smell. The skin is stained and you will continue to smell it when your pet gets wet. There is one thing you can do to help shorten the longevity of the stench. Do not use warm water to wash off your pet immediately following the spray. It must be cool water. When you use warm water, you are opening up the pores and allowing the spray to enter the pores. When this happens, the smell will linger longer on your pet. Always use cool water with initial contact. For further baths you can use warm water but not for the first. Also available is a UriClean spray that you can use on your pet whenever the old skunk smell tries to show its head.



Dash is 2 years old now. He is a good boy and will need a good master to help continue to teach him his manners. He is okay with other dogs, but very interested in cats. He will need a master that will be able to properly introduce him to cats and help him learn how to behave around them.



Darcy is not even a year old yet. She is a lab and bulldog. She is good with other dogs but timid of people she does not know very well yet. Once she trusts them, she is very obedient and affectionate.



Roxy is 3 years old. She is a calm and sweet little girl. She is very good with other dogs but has little experience with cats. She will need a master to help her understand.



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Lennoxville United

CONT'D FROM PAGE 1

lozenges and hand lotion as well as comfort items like small pillows, lap robes, small books or magazines, puzzle books and other items intended to help pass the time during treatment.

"They're available for the community," McKercher said, adding that several bags are available at the church at all times "We don't just take them to members of our church."

The organizer said that it had been her intention right from the start to have a special service connected to the making of the bags, but it took a few years and a little prompting to get the idea off the ground.

"It never really happened until one day Nancy Suito said to me, about eight or nine years ago, Kristan you said we were going to do this service," she recalled with a chuckle.

From that point on, the service has grown and changed from something that is not terribly different from an average Sunday service to a unique community event.

"It's sort of a community service, not just for cancer, but for any kind of illness really," McKercher said, explaining that the program has grown to include special music and a distinctive procession of roses that community members present, "for comfort, for hope, and inspiration."

"For me, when you say service of hope and inspiration, that's what I walk out with every year," said Mandy Hinds, whose family has been participating in the service for about the last four years. "It's just so intensely beautiful and positive."

In 2011, Hinds' daughter Maya was diagnosed with retinoblastoma, a cancerous tumour found in the retina of her eye. Within six days of her diagnosis, she had surgery to have her eye removed to prevent the cancer from spreading throughout the rest of her body. While in treatment, the family formed a close relationship with Leucan and in 2014 Robbie, Hinds' husband, began an annual tradition of participating in that organization's Shaved Head Challenge.

"One year the church approached us because they were looking at various or-

ganizations to make a donation to with the donations from the offering," Hinds said.

Although McKercher said the service has never been planned or organized specifically as a fundraiser, there has been so much interest and engagement year after year that the last few years they have been able to make a \$1,000 donation to the Maison Aube lumiere and a second \$1,000 donation to Leucan through the Hinds family.

In recognition of the connection that has been formed, the family has started participating in the service by sharing a prayer.

"It was a prayer the Jim Potter used in one of his services when he was the Minister at Lennoxville United and it really resonated with us," Hinds said, explaining that the wording of the prayer encourages people to live in the present moment and not worry about what happened yesterday or what might happen tomorrow. "It's a prayer that was very helpful to our family; that we said every night before we would tuck the girls in to bed."

Each year, she said, people approach her afterward, having felt moved by the words.

"It's very moving but in a positive way," Hinds said, adding that although the occasion brings up challenging emotions from the past, the overall tone of the service remains positive. "We're the type of family to not dwell so much on the negative emotions you might experience through that kind of situation. We're more focusing on the positive."

Hinds spoke particularly highly of the procession of rose-bearing friends and family of those who suffering with cancer, those who are survivors of cancer or other equally devastating diseases, and those who have passed away.

According to the organizing team, this year's procession will especially honour community members Eric and Donna McKeage.

This year the Service of Hope and Inspiration will be held at 10:00 a.m. on Sunday, May 5 at Lennoxville United Church. According to the organizers, roses for the procession are still available by calling Frankie Noble at 819-348-9118 by Thursday, May 3.

From the Record archives

By Taylor McClure
Special to the Record

The Record is currently in the process of digitizing its archive of photographs.

An important part of the process is sharing these photos with our readers.

We will bring attention to any interesting photos that we come across and possibly ask for your help in identifying a significant person or event.

We recently came across the photograph below.

As politicians come and go, the controversies surrounding their time in office are often quickly forgotten.

We are interested in learning where and when this protest took place, and how it related to Townshippers.

Would any readers be able to provide information regarding this photograph?

Did you attend this protest? Do you remember the reason for the demonstration?

Feel free to share your story with us at newsroom@sherbrookerecord.com.



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EDITORIAL

The QWF comprises a diversity of Quebecers from many linguistic and ethnic communities. As writers we are keenly aware of the importance of freedom of expression in all its forms.

Letters

DEAR EDITOR

The mantra is a very old form of mind control.

Sometimes repetitive phrases are to convince the speaker, not the listener.

Are we beginning to believe our own lies?

Mantras are used to imprint ideas and images in our subconscious.

How many times have we heard about "fake news"; "no collusion"; "no obstruction"; or "Crooked Hillary?" How many times must we hear about "Secular equality," or "balanced budget".

This is embarrassing.

In his State of the Union address, Don-

ald Trump repeated himself several times. I'm sure that his colleagues were embarrassed.

"No laws were broken!"

In his defense of SNC Lavelin, Justin made a spectacle of himself.

It was so obvious that Jody Raybould had been betrayed.

No amount of repetition could ever cover that up.

Do not be diverted by such devices.

Do not be manipulated by such simple tactics.

Pay attention to what leaders do, not what they say.

ERIC LANCASTER
CANTON DE HATLEY

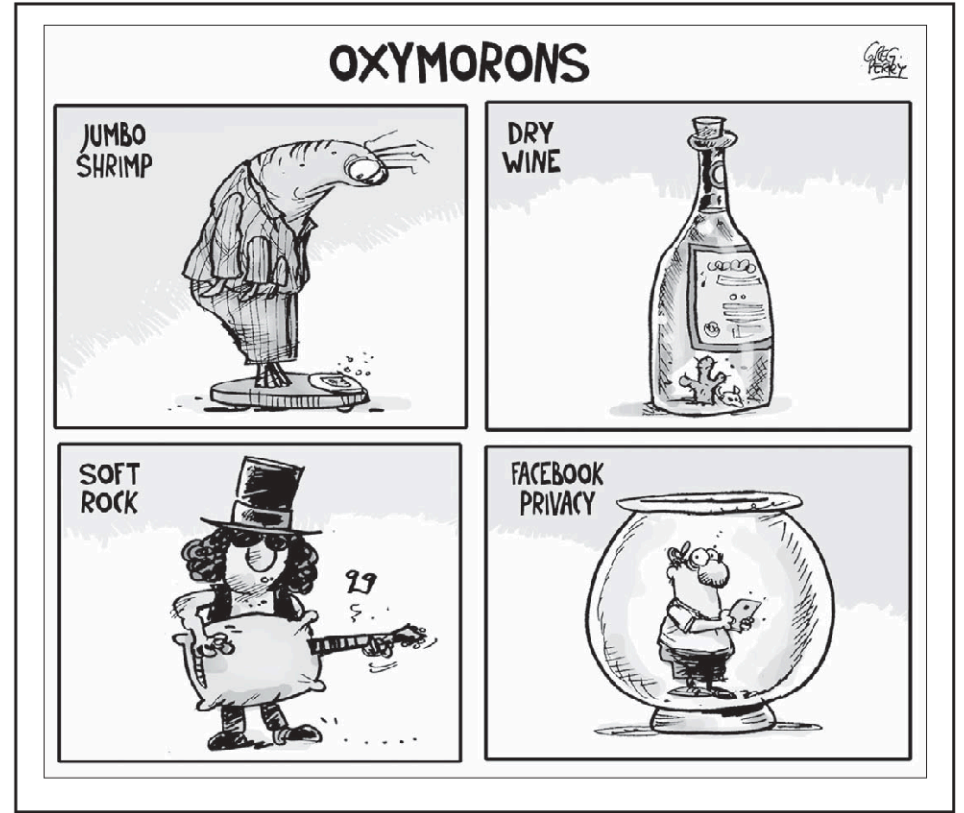
Quebec Writers' Federation speaks out on bill 21

The Quebec Writers' Federation (QWF) opposes Bill 21, the Quebec government's Projet de loi n°21 : Loi sur la laïcité de l'État. We join the over 400 Quebec intellectuals who have signed "Laïcité: 250 universitaires contre le projet de loi 250" (<https://www.ledevoir.com/opinion/idees/551547/laicite-250-universitaires-contre-le-projet-de-loi-21#>) in affirming that one of the key characteristics of a

democracy is equality before the law.

Bill 21 flies in the face of this principle by targeting Quebecers based on their religious practice, singling out minorities and excluding them from full participation in the economic and social life of Quebec. Because its pernicious effects fall most heavily on women, the Bill also promotes a gender-discriminatory regime.

The QWF comprises a diversity of Que-



becers from many linguistic and ethnic communities. As writers we are keenly aware of the importance of freedom of expression in all its forms. Many QWF members are also educators and many of our programs feature collaborations with educational institutions; we regularly send writers into schools. We are concerned that barring some members of religious communities from teaching and leading activities in schools across

the province will result in the exclusion of qualified writers from QWF activities and the unreasonable limitation of our ability to fulfill our mandate.

For all these reasons, the Quebec Writers' Federation firmly opposes Bill 21.

THE BOARD OF DIRECTORS AND STAFF OF
THE QUEBEC WRITERS' FEDERATION

Canada's Viola Desmond \$10 bill named international banknote of the year

The Canadian Press

Canada's new \$10 bill featuring Nova Scotia human rights icon Viola Desmond has been named banknote of the year.

The bill, which also features a map of Halifax's historic north end as well as the Canadian Museum for Human Rights in Winnipeg, was honoured in a vote by the International Bank Note So-

ciety.

The society says in a news release that the Desmond bill was a favourite of its voting membership right from the start.

The purple polymer bill was the first vertically oriented banknote issued in Canada.

Desmond is the first black person _ and the first non-royal woman _ on a regularly circulating Canadian banknote.

The bill marks a growing recognition of Desmond's refusal to leave the whites-only section of a Nova Scotia movie theatre on Nov. 8, 1946 _ nearly a decade before Rosa Parks refused to give up her seat on a segregated bus in Alabama _ and the seminal role it played in Canada's civil rights movement.

Desmond, a beautician and entrepreneur from north end Halifax who sold her own line of cosmetics, was headed to Sydney, N.S., when her car broke down. Stuck in New Glasgow overnight, she decided to watch a movie at the Roseland Theatre.

The segregated theatre relegated black patrons to the balcony, while floor seating was reserved for whites. Desmond, who was shortsighted and could not see properly from the back, sat in the floor section and refused to leave.

She was dragged out of the theatre by police, arrested, thrown in jail for 12 hours and fined.

It would take 63 years for Nova Scotia to issue Desmond, who died in 1965, a posthumous apology and pardon.

Desmond's story went largely untold for a half-century, but in recent years she has been featured on a stamp, and her name graces a Halifax harbour ferry. A Toronto park and streets in Montreal and New Glasgow bear her name, and she was inducted into Canada's Walk of Fame in 2017.

The bank note society also honoured notes from Switzerland, Norway, Russia and Solomon Islands.

The society says 150 new banknotes were released in 2018, but only 10 per cent of them featured sufficiently new designs to be nominated.

THE RECORD

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Local Sports

Sensei Stéphane Joyal, Léa's coach, said she is satisfied with the progress of her young athlete in recent months and is confident that she will be able to compete with the best in the country in both categories.

Locals off to Canadian Junior Karate Championship in Edmonton

Léa Morin looking for a second Canadian Kata Championship title

Record Staff

A delegation of 114 Quebec athletes, including 11 proud representatives of the Université de Sherbrooke Dojo, will represent the province at the Canadian Championships in Edmonton from May 3 to 5.

Léa Morin, a Secondary 4 student at Le Salésien Seminar and reigning Canadian champion in 14-15 kata, will compete for the first time in the 16-17 age group and will try to get her hands on

the Junior title in her first year in this category.

Léa will also represent Quebec in the 16-17 age group at the championship.

Sensei Stéphane Joyal, Léa's coach, said she is satisfied with the progress of her young athlete in recent months and is confident that she will be able to compete with the best in the country in both categories.

"Léa is investing a lot of training time with me and her fitness coach, Eric Joly of STAXX performance, and her progres-

sion has been remarkable since last September," added Joyal.

The other participants will also have the chance to compete with some very good karatékas to come back home with a podium and thus be part of the pool of the Canadian team for the next Pan American championships which will take place in Ecuador next August.

Sensei Joyal is very proud of all the representatives of the Dojo of the Sports Center at the Université de Sherbrooke, and particularly of his son Kevyn Joyal,

who has been participating in the Canadian Championships for the last four years. Kevyn will compete in the 16-17 age group in Edmonton.

The craze for karate has increased since the announcement of the inclusion at the 2020 Olympic Games and the Canada Games of 2023. The University of Sherbrooke offers Karate classes to all age groups by trained coaches and certified by Karate Quebec.



COURTESY PICTURES

Jeux de Sherbrooke underway

Record Staff

The third edition of the Sherbrooke Games (Jeux de Sherbrooke) are underway today and tomorrow throughout the city.

Over the two days, more than 1,700 Grade 6 students from the Region de

Sherbrooke School Board, the Eastern Townships School Board and the Sherbrooke private schools will participate in a variety of activities.

The Sherbrooke Games were created following the success of the 2013 Canada Games held in Sherbrooke. A Legacy Fund Committee was formed following

the Canada Games with a goal of encouraging active lifestyles and sporting culture in the Sherbrooke area with an emphasis on education and support for talented athletes.

The Sherbrooke Games is one of four youth programs in place to get children moving and encourage them to adopt

healthy lifestyle habits.

For the third event of these Games, 36 sports, will be offered to young people who will have the opportunity to try up to three different sports during their day of activities in one of the six locations for the games.

Canada through to semis of para hockey worlds with win over South Korea

The Canadian Press

Tyler McGregor and Greg Westlake each had a goal and an assist as Canada blanked South Korea 4-0 Tuesday at the world para hockey cham-

pionship.

Zach Lavin and Liam Hickey also scored for Canada, which finished second in Group A with six points (two regulation wins, one loss) and advanced directly into the semifinals.

Dominic Larocque made one save for the shutout.

Lee Jae Woong made 11 saves for South Korea, which finished third in the group with three points (one regulation win, two losses). The Koreans will play a

quarterfinal against the second-place team in Group B.

The United States finished first in Group A with a perfect nine points and also advanced directly into the semifinals.

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Death

Death

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Datebook

Marjorie EDWARDS



It is with sadness that the family of Marjorie Elizabeth Edwards wish to announce her peaceful passing on April 28th, 2019 at her residence, the Maplewood Retirement Community, Ottawa, Ontario with family by her side. Born on July 15th, 1926 in Campbellton, New Brunswick to mother, Lillian Edwards (nee McKee) and father, Leslie Allan Edwards.

She was predeceased by her first husband, N.G. (Ted) Bennett in 1994 after 41 years of marriage and by her second love, Gleason Painter in 2010.

Marjorie spent her early years on the family farm in Escuminac, Quebec on the Gaspé coast growing up with her younger brother, Douglas.

She earned her teaching diploma in 1949 and first taught in Val Cartier and Val-D'or, Quebec.

Moving to Bury, Quebec for a teaching position at Bury High School proved to be life changing as she met Ted Bennett and married in 1952.

A busy farm life experience and three children later she returned to teaching in 1964 and retired from the profession in 1983 at the Alexander Galt Regional High School in Lennoxville, Quebec. Marjorie enjoyed being involved in rural community events, organizing and reporting on them in the Sherbrooke Record. Numerous local gatherings like card parties, dances and suppers benefited from her ability to organize and motivate. She loved music, dancing and old-fashioned kitchen parties. Marjorie resided at the St. Francis Manor Lennoxville prior to moving to Ottawa area to be closer to family.

She leaves to mourn her three children, David (Gail), Bruce (Debi), Dorothy (Ernest) and grandchildren Colin, Fiona, Charlie, Sara, Daniel, sister-in-law Verla (Douglas) and numerous extended family of cousins, nephews and nieces.

The family would like to thank all the staff and personnel of the St. Francis Manor and the Maplewood Retirement Community for their excellent care and compassion bestowed on Marjorie during her aging years.

Visitation will take place at the Cass Funeral Home, 3006 College Street, Sherbrooke, (Lennoxville) Quebec on Friday, May 24, 2019 from 2:00 p.m. to 4:00 p.m. with a celebration of her life to immediately follow at the Cass Chapel. A private family burial will take place at a later date.

In lieu of flowers, donations to the Bown Cemetery Fund (C/O Dennis Herring 106 rue Planche, Cookshire, Quebec JOB 1M0) would be appreciated.

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3006 College St., Sherbrooke QC FAX: 819-564-4423
www.casshomes.ca

RIVERSIDE CEMETERY COMPANY

The annual general meeting of the company will be held at 10 a.m. on Saturday, May 4, 2019 in the Town Hall, East Farnham, QC. All interested parties are welcome.

Do Just One Thing



When it gets warmer outdoors, it's a good idea to transfer indoor plants outside to take advantage of warm temperatures, rain and sunlight. But be sure to place them in a shady, protected spot for a few weeks first. The plants will have acclimated to the low-light, low-humidity environment found indoors, and moving them outdoors to bright sunlight and heavy rain can shock them. Letting them slowly adjust to their new environment will ensure they thrive outside all summer long.

WEDNESDAY, MAY 1, 2019

Today is the 121st day of 2019 and the 43rd day of spring.

TODAY'S HISTORY: In 1840, the Penny Black, the world's first adhesive postage stamp, was issued in Great Britain.

In 1866, racial violence broke out in Memphis, Tennessee; in a three-day span, 45 African-Americans were killed.

In 1898, the U.S. Navy, led by Commodore George Dewey, defeated the Spanish Pacific fleet in the first battle of the Spanish-American War.

In 2011, President Barack Obama announced that U.S. forces had killed Osama bin Laden, mastermind of the 9/11 terrorist attacks, in a nighttime raid in Pakistan.

TODAY'S BIRTHDAYS: Martha "Calamity Jane" Burke (1852-1903), frontierswoman; Jack Paar (1918-2004), comedian/TV host; Joseph Heller (1923-1999), author/playwright; Scott Carpenter (1925-2013), astronaut; John Woo (1946-), filmmaker; Tim McGraw (1967-), singer-songwriter; Wes Anderson (1969-), filmmaker; James Badge Dale (1978-), actor; Wes Welker (1981-), football player; Jamie Dornan (1982-), actor.

TODAY'S FACT: Japan formally annexed Korea in 1910 and held possession of the former "Hermit Kingdom" until after World War II.

TODAY'S SPORTS: In 1991, Rickey Henderson of the Oakland Athletics stole his 939th base, setting a new major-league record. Later that evening, Texas Rangers pitcher Nolan Ryan threw his seventh career no-hitter, breaking his own record.

TODAY'S QUOTE: "The last thing any sensible human being should want is immortality. As it is, life lasts too long for most of us." — Joseph Heller, "God Knows"

TODAY'S NUMBER: 1,250 — architectural height (in feet) of the Empire State Building in New York City, dedicated on this day in 1931.

TODAY'S MOON: Between last quarter moon (April 26) and new moon (May 4).

Smoking drastically increases risk of bladder cancer

ASK THE DOCTORS

By Eve Glazier, M.D., and Elizabeth Ko, M.D.

Dear Doctor: What is the link between smoking and bladder cancer? My urologist says smoking is one of the main causes, but until I got diagnosed with bladder cancer earlier this year, I had never heard about that connection.

Dear Reader: Your urologist is correct — decades of studies have shown that smoking cigarettes is the greatest single risk factor for developing bladder cancer.

Bladder cancer is the fourth-most-common cancer in men, and it is less common in women. Of the 80,470 new cases of bladder cancer predicted for 2019, three-fourths will occur in men. The average age for diagnosis is 73, and the disease is less often seen in Latinos and African Americans.

Although earlier research suggested that smoking doubled or tripled an individual's risk, the most recent data indicate that cigarette smokers face four times the risk of developing bladder cancer than do non-smokers. A study conducted in 2011 connected cigarette smoking to half of all cases of bladder cancer that arose in both women and

men.

To understand this connection to cigarette smoking, we should first talk a bit about bladder function and anatomy. The bladder is a hollow and flexible organ that is part of the urinary tract, which is the body's system for getting rid of waste and excess fluids. Each day the kidneys in adults filter up to 150 quarts of blood, which produces between 1 and 2 quarts of urine. In addition to water, salt and nitrogen products like urea, urine contains numerous additional waste products and impurities that the kidneys have stripped from the blood. The urine then moves from the kidneys to the bladder via a pair of tubes known as ureters. When the bladder begins to reach its capacity of 1.5 to 2 cups of urine, the brain receives signals that we recognize as the familiar urge to urinate. Urine exits the body via a duct known as the urethra.

Among the impurities filtered out of the blood by the kidneys are the thousands of byproducts, many of them toxic, contained in cigarette smoke. These include arylamines, which are known to be potent bladder carcinogens. And even as the number of smokers in the United States has dropped, cases of bladder cancer among smokers have

increased. This has led researchers to draw a connection to changes in the array of chemicals used in the manufacturing of cigarettes.

When it comes to the chemical byproducts of smoking, they do their damage at least twice. The first time is in the respiratory system, particularly in the lungs. The second time is in the urinary tract, where they move from the kidneys to the bladder, where they are held in solution for hours at a time.

For people who have quit smoking, there's both good and bad news. Smoking cessation will reduce your bladder cancer risk. But the data shows that former smokers still have double the incidence of bladder cancer of nonsmokers. Unfortunately, exposure to secondhand smoke has been linked to increased risk as well. We have had a number of questions about bladder cancer and will continue the topic, including symptoms, treatment and outlook, in an upcoming column.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health.

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April with Richmond 50+

April 1 started off as a dull, chilly day – no April Fool’s joke! Nineteen people came out to the Richmond Melbourne United Church for games of “500” and a dummy was cheered on. At the conclusion of play, Hughie Lancaster set a precedent for the day with making a 10-no-trump hand and he also ended with the high score of 5060 points. Second place was taken by Ron Jones with 4800. Helen Gallup was the winner of low score.

Weather gods were at work again on the 8th with snow and freezing rain but enough came out to enjoy Military Whist so the games carried on. The table of Matty Banfill, Lori Grainger, Freda Coote and Joyce Mastine had 28 flags for high score. Low score was captured by Norma and Sylvia Morin, Clifford Lancaster and Sherley Provis.

Damp and rainy was the weather for the 15th but twenty people enjoyed an afternoon of “500.” Claude Letourneau came out on top with 5040 points, with the runner-up, Ron Jones, having 4760 points. Low score was taken by John

Sharman. But the real winner was Nicole Clark, getting a 10-no-trump hand!

On a sunny 22nd, Military Whist was played by six tables, with three dummies participating. When all was said and done, the table of Vera Hughes, Helen Knowles, Freda Coote and Eileen Perkins secured 31 flags and were the top winners. The low score was earned by Claude Letourneau, Ron and Bev Jones and Mr. Dummy. A card was signed for Hughie Lancaster who is in hospital.

At the close of the month, the 29th, about seventeen people came out for Bingo – the fifth Monday of the month. Many games were played and prizes won with the grand prize at the conclusion of play going to Harry Morrill. As with each Monday a delicious lunch was supplied by various members and enjoyed by all.

Hope to see everyone on the Mondays of May. All are welcome.

Submitted by
Shirley Beasley and Jean Storry



Celebration of Life – Murray Gardner

On March 19, 2019
Murray Gardner
left us for sunnier skies.
His dearest friends invite you to join
them in
one last drink,
one last laugh,
one last story to
remember Murray’s life.

Bring your cherished and favourite
memories to share with us at the
North Hatley Legion
on **Saturday, May 4, 2019** at 2 p.m.
Refreshments will be served.

See you there!

THE RECORD
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Re-connecting with son

Dear Annie

WEDNESDAY, MAY 1, 2019

Dear Annie: I had my 14th birthday two weeks before I gave birth to my son. The hardest thing I have ever done was to sign the paper for him to be adopted. The entire time I was pregnant, I tried to think of any way I would be able to keep and raise my son. At 14, I completed my first semester in ninth grade but had to drop out my second semester.

I cried and prayed each night for a way to keep my son, to be able to take care of him. For years, I would look into the faces of boys and then men to see if I recognized my son. I silently celebrated each birthday, and prayed he was OK and in a loving home. I didn’t actively try to find my son as I didn’t feel I had any right to look for him, to interrupt his life, or to have any claim to be a part of his life. I never gave up hope and never gave up praying that he was happy and healthy and that he would somehow know from all the “talks” and “love” that we shared while I was carrying him that he would somehow feel that love and not feel abandoned or unwanted.

The best day of my life came more than 45 years later when I received a phone call, and it was my son!

Many times a birth mother really has no choice or is unable, for whatever reason, to raise a child, and if a loving family is unable to have a child of their own but is able to give that baby a loving home, it is a truly great thing.

I still regret that I was unable to be the mother my son needed, and I am grateful that he had a great life with his adoptive parents who loved him, and that he does not hate me for my choices. – A Loving and Thankful Mother

Dear Birth Mother: Your letter is extremely touching. You sound like a beautiful person and mother. May your letter help people who are wondering if their birth mothers wanted them.

Dear Annie: We know that schools and food manufacturers are cognizant of nut (or peanut) allergies, and we all can have empathy for those suffering from these allergies and the limitations it

puts on their families and themselves, but we have a condition in our family and it is not being addressed in public places – obesity. Some people have a genetic cause for obesity.

My granddaughter has Prader-Willi syndrome and has an insatiable appetite, which can cause obesity and early death. She is hungry 24/7 and will never, ever feel full even after eating. Her condition only makes me more aware of our society and the focus on food.

Every holiday is centered around food. We have learned to make those holidays about love and inedible gifts. Easter is coming and she will have a basket of toys and games instead of candy.

When visiting a school I am appalled with the overabundance of candy and treats everywhere. Gingerbread houses at Christmas decorated with marshmallows and candy – a treat for children but a torment for my granddaughter.

I would love it if schools could take food out of classrooms and back in the cafeteria. It would help my granddaughter, but it would be a blessing for all children to place food as an option only in certain places rather than in the classroom. – Empathetic Grandma

Dear Empathetic Grandma: I certainly empathize with your complaint and think that you raise a valid point. However, food has long been at the center of many traditions in our society. Rather than trying to do away with that altogether, we might try using more healthful foods in these activities, such as an Easter basket loaded with beautiful fruits or a gingerbread house made with no added sugar (there are recipes online). I’d be curious to hear other readers’ ideas on this subject and will print any further food for thought here.

“Ask Me Anything: A Year of Advice From Dear Annie” is out now! Annie Lane’s debut book – featuring favorite columns on love, friendship, family and etiquette – is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information.

Send your questions for Annie Lane to
dearannie@creators.com.

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

			9	7			6
6		1	5	2			
				3		1	4
3	6	7	2	9		8	
	1			7		9	
	9			6	1	7	3
1	7			5			
			1	4	2		7
4			7	3			

5/1

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PREVIOUS SOLUTION

2	9	1	8	4	7	5	3	6
6	8	7	1	5	3	9	4	2
5	3	4	9	6	2	8	1	7
8	1	5	2	7	6	4	9	3
3	2	6	4	9	5	7	8	1
4	7	9	3	8	1	2	6	5
1	6	8	5	2	4	3	7	9
7	4	2	6	3	9	1	5	8
9	5	3	7	1	8	6	2	4

HOW TO PLAY:
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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REACT NOW!

CELEBRITY CIPHER

by Luis Campos

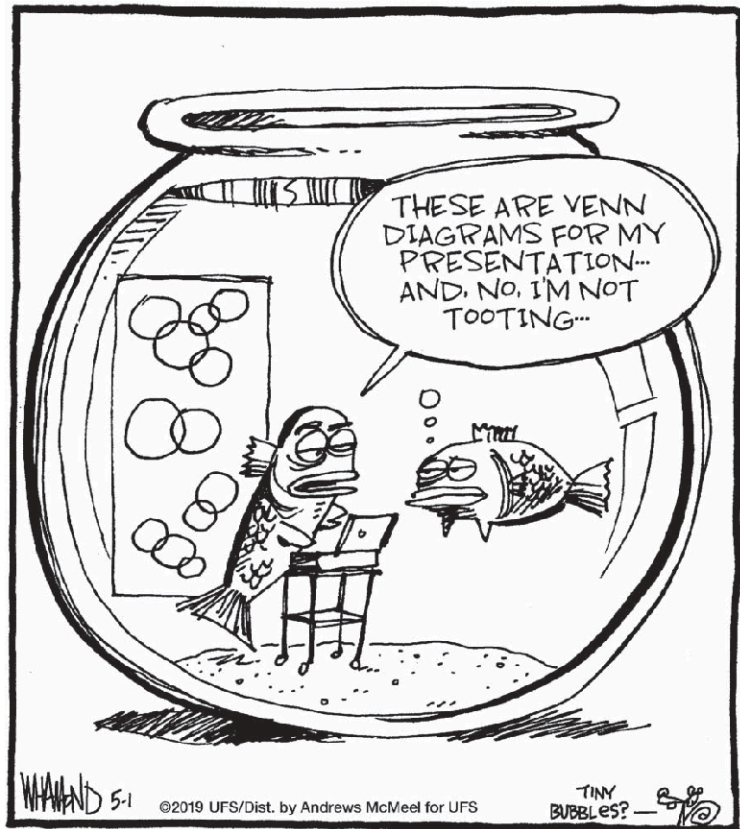
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

" E G I I D M B F M F S M B F X X K P I M B E O L
M K V K R E M B M B I F N B E I T I P I O M
K G X M E D D O I X X E O M B I P E V X M K G
N B F K X ." — X F H D W I D D K R

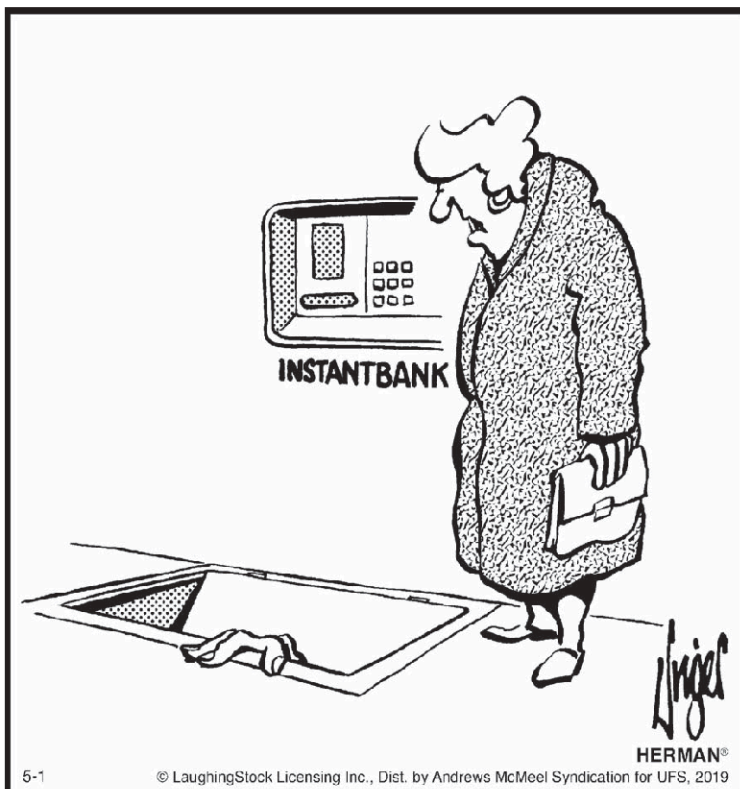
Previous Solution: "The First Amendment has the same role in my life as a citizen and a writer as the sun has in our ecosystem." — Michael Chabon

TODAY'S CLUE: 9 5 1 2 6 7

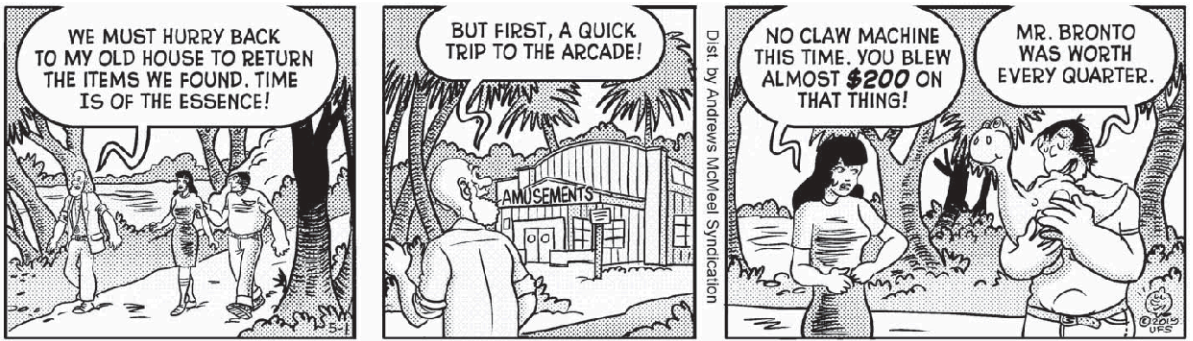
REALITY CHECK



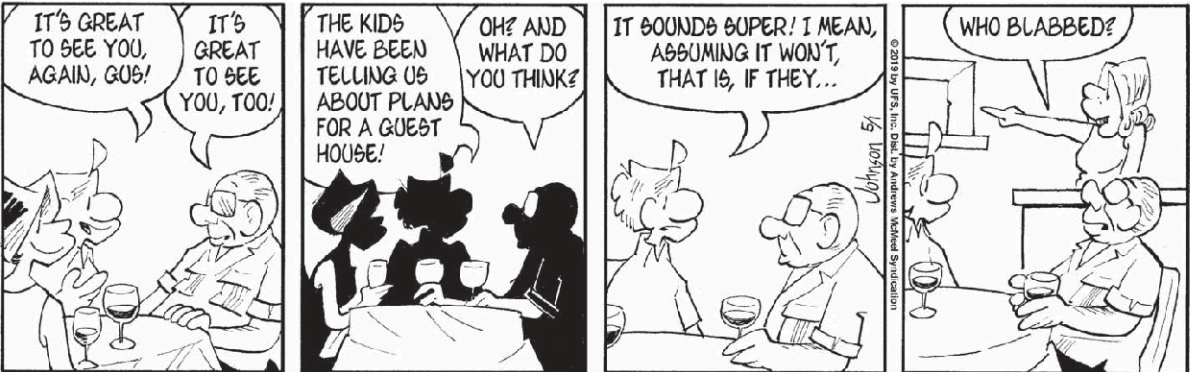
HERMAN



ALLEY OOP



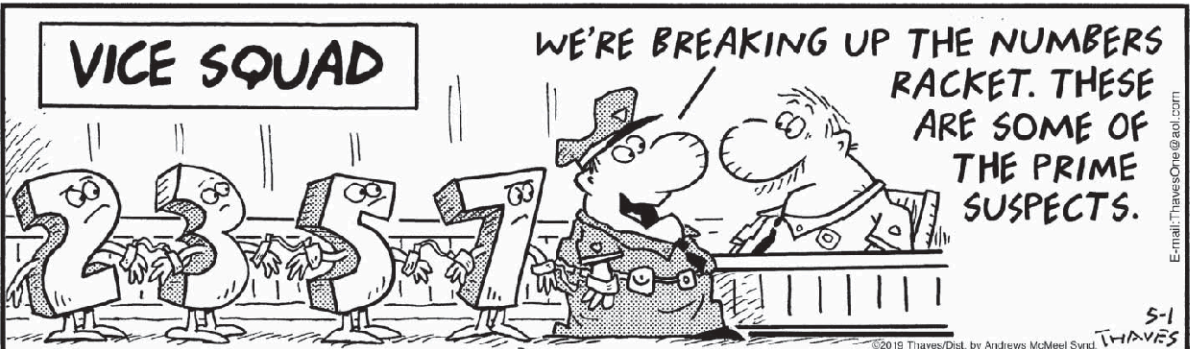
ARLO & JANIS



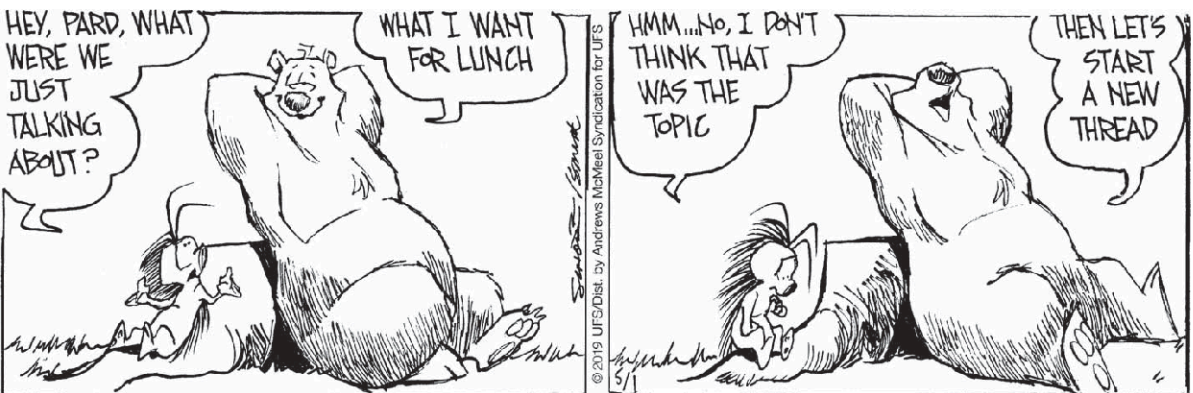
THE BORN LOSER



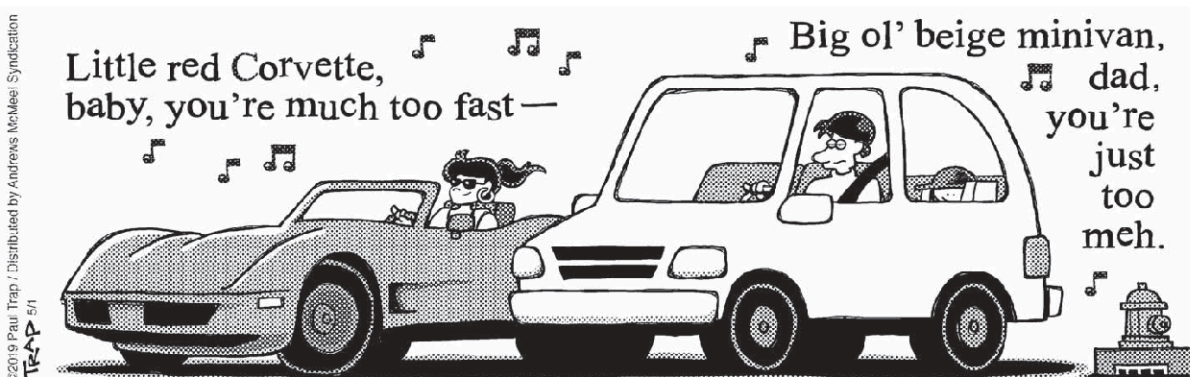
FRANK AND ERNEST



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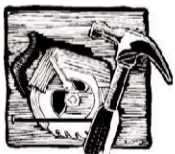
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Today in History for May 1: On this date:

In 1688, the first stone was laid for Notre-Dame-des-Victoires in Place Royal, Que. It is Canada's oldest surviving church.

In 1707, Scotland and England were united under the name Great Britain.

In 1769, the Duke of Wellington, commander of the British forces that defeated Napoleon at Waterloo in 1815, was born Arthur Wellesley in Dublin, Ireland. He died in 1852.

In 1831, Emily Howard Stowe, the first woman licensed to practice medicine in Canada, was born in Norwich, Upper Canada (Ontario). She earned her medical degree in New York and set up a Toronto practice in 1867 - 13 years before she was licensed.

In 1840, the first adhesive postage stamp went on sale in London, for official use on May 6. The Penny Black featured a profile of Queen Victoria.

In 1873, Christian missionary-explorer David Livingstone was found dead at Chitambo, now in Zambia. He was responsible for "opening up" central Africa and for popularizing missions to that continent.

In 1884, construction began on the first skyscraper, a 10-storey structure in Chicago built by the Home Insurance Co. of New York.

In 1885, electricity was used for the first time to light the city of Ottawa.

In 1888, New York state adopted electrocution for capital punishment.

In 1888, Lord Stanley of Preston became Canada's governor general. He donated hockey's Stanley Cup in 1893.

In 1898, Commodore George Dewey gave the command, "You may fire when you are ready, Gridley," as an American naval force destroyed a Spanish squadron in Manila Bay during the Spanish-American War.

In 1909, prohibition went into effect in Ontario. It was abolished in 1927.

In 1912, Canada's first \$5 note was issued.

In 1920, the longest game in major league baseball history was called after 26 innings due to darkness. The host Boston Braves tied the Brooklyn Dodgers 1-1. Both pitchers, Leon Cadore of Brooklyn and Boston's Joe Oeschger, went the distance.

In 1921, the Quebec government took control of the sale of liquor in the province. For a time, Quebec was the only jurisdiction in North America that did not have prohibition.

In 1931, the \$40 million Empire State Building was completed in New York. It held the title of the world's tallest building for two decades.

In 1941, the Orson Welles film "Citizen Kane" premiered in New York.

In 1945, German radio reported Nazi dictator Adolf Hitler was dead. U.S. 3rd Army tanks captured the Braunau, Austrian town where Hitler was born, and the Danish underground reported the Germans had abandoned Denmark.

In 1948, the People's Democratic Republic of Korea, known as North Korea, was proclaimed.

In 1960, Cold War tensions reached one of their highest levels when an American spy plane piloted by Francis Gary Powers was shot down over the Soviet Union. Powers was later sentenced to 10 years in prison, but was released in a spy exchange 18 months later.

In 1961, Fidel Castro declared Cuba a socialist nation and abolished elections.

In 1963, the Quebec government took over 11 private power companies to form Hydro-

Quebec.

In 1978, Japanese explorer Naomi Uemura became the first person to reach the North Pole alone by dogsled, completing a 57-day journey.

In 1983, Shirley Carr became the first woman president of the Canadian Labour Congress. Carr, a member of the Canadian Union of Public Employees, was also the first candidate with a public-service background to hold the top job. She served two terms.

In 1985, Canada beat the Soviet Union at the world hockey championship for the first time in 24 years. Two goals by Mario Lemieux, and the winner by Stan Smyl, gave Canada a 3-1 victory in a medal-round game in Prague. Czechoslovakia beat Canada 5-3 two days later to win the title. But the second-place showing was Canada's best at the world tourney since 1962. The Canadian team included future Hockey Hall-of-Famers Steve Yzerman, Ron Francis, Scott Stevens and Larry Murphy.

In 1986, Canada's first artificial heart transplant was performed at the Ottawa Civic Hospital. The 41-year-old patient, Noella Leclair, received a human heart a week later. (She died Nov. 11, 2006)

In 1992, on the third day of the Los Angeles riots, beaten motorist Rodney King appealed for calm, asking, "Can we all get along?"

In 1994, Brazilian Formula One racing champion Ayrton Senna was killed during a crash during the San Marino Grand Prix.

In 1996, Deputy Prime Minister Sheila Copps resigned her Commons seat over her 1993 election promise to quit if the GST was not abolished. She regained the seat in a June 17th byelection in Hamilton East.

In 1997, Tony Blair led Britain's Labour Party to a landslide election victory, ending 18 years of Conservative rule.

In 1998, singer Celine Dion was inducted into the Order of Canada within 24 hours of receiving a similar honour from the government of Quebec.

In 2002, Palestinian leader Yasser Arafat was freed after being confined for more than four months at his West Bank headquarters in Ramallah.

In 2003, the B.C. Court of Appeal overturned a decision banning same-sex marriage, saying those laws were discriminatory. In its decision, the court gave the federal government until July 12, 2004 to change the law preventing gays and lesbians from marrying.

In 2003, U.S. President George W. Bush declared major hostilities in the Iraq war officially over. Bush stood on the deck of the aircraft carrier "USS Abraham Lincoln" in front of a banner that trumpeted Mission Accomplished and declared: "Major combat operations in Iraq have ended." "Operation Iraqi Freedom" had lasted six weeks. Bush did not, however, declare the war in Iraq to be over. More than 4,000 members of the U.S. military died in Iraq. The U.S. did not count Iraqi casualties.

In 2004, eight former Communist countries, Hungary, Poland, the Czech Republic, Slovakia, Slovenia, Estonia, Latvia and Lithuania, officially joined the European Union, expanding the EU to 25 countries with a total population of 450 million.

In 2006, the Conservative government called a public inquiry into the Air India tragedy, the worst terrorist attack in Canadian history. It named former Supreme Court of Canada justice John Major to head the inquiry into the 1985 bombing attacks that killed 331 people.

In 2007, the House of Commons unapologetically apologized to former students of Canada's Residential Schools for the trauma they suffered as a result of policies intended to assimilate Indian, Inuit and Metis children into mainstream society.

In 2008, the legal age of sexual consent in Canada was raised to 16 from 14, the first time it had been raised since 1892.

In 2009, filly Rachel Alexandra won the Kentucky Oaks by a whopping 20 1/4-lengths. The victory prompted her handlers to enter her in the Preakness to run against the boys, where she won to become the first filly to win it since Nellie Morse in 1924.

In 2010, police found an "amateurish" but potentially powerful bomb in a smoking sport utility vehicle in New York's Times Square, then cleared the streets of thousands of tourists milling through the landmark district so they could dismantle it. (Faisal Shahzad, a Pakistan-born U.S. citizen, was taken into custody on May 5. On June 21, he pleaded guilty to all 10 terrorism and weapons counts and was later handed a life sentence.)

In 2011, two soldiers based at Canadian Forces Base Shilo in Manitoba died after a traffic accident in wintry conditions as their SUV went off a bridge near Brandon, Man., and landed upside down in a creek. A third soldier died the next day.

In 2011, Pope Benedict XVI beatified Pope John Paul II before 1.5 million faithful in St. Peter's Square and surrounding streets. It was the fastest beatification on record, coming just over six years after his death and beating out Mother Teresa's then-record beatification in 2003 by a few days. (Pope John Paul II was made a saint in 2014, along with Pope John XXIII, and Mother Teresa was made a saint in 2016.)

In 2012, a Federal Court ruled that Ottawa must stop clawing back pensions from disabled veterans. The 2007 class-action lawsuit argued that payments were unfairly deemed as income. Ottawa did not appeal the decision. (In January 2013, a tentative settlement was reached worth up to \$887.8 million.)

(The Canadian Press)



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NEA Crossword Puzzle

Your Birthday

WEDNESDAY, MAY 1, 2019

- ACROSS**
- 1 Earthen container
 - 6 Wise Athenian
 - 11 Rum drink (2 wds.)
 - 12 Ferret or mink
 - 13 Join the army
 - 14 Like many doorways
 - 15 Ebbs Field great
 - 16 Great merriment
 - 17 Fax, maybe
 - 19 Thailand, once
 - 23 Egypt's cont.
 - 26 Nautical marker
 - 28 201, to Claudius
 - 29 Composure
 - 31 "Ciao!"
 - 33 Bramble (var.)
 - 34 Buyers
 - 35 Tell a fib
 - 36 Ms. Dinesen
 - 39 Aleta's son
- DOWN**
- 1 Besides
 - 42 Vaulted recess
 - 44 Unisex garment
 - 46 Hindu statesman
 - 51 Brave ones
 - 54 Know somehow
 - 55 Too compliantly
 - 56 Subtle distinction
 - 57 Ways
 - 58 Panoramic view
 - 1 Bamboo stalk
 - 2 Peeve
 - 3 Cornelia — Skinner
 - 4 Detective's assignments
 - 5 Hobby shop buy
 - 6 Mademoiselle's father
 - 7 Netlike fabrics
 - 8 Pale blond
 - 9 Golf ball stand

Answer to Previous Puzzle

D	U	S	K		M	A	E		L	I	B	
A	M	E	N		U	R	N		E	R	I	E
P	A	T	E	N	T	E	D		N	A	S	A
		E	A	T		S	U	I	T	O	R	
S	C	A	L	P					K	E	E	N
O	A	S		S	C	R	E	E	N			
F	R	A	U		L	A	X		C	H	I	T
A	P	P	T		E	N	E		Y	O	D	A
				O	F	F	I	C	E		P	E
H	I	P	P	O					M	O	I	S
U	N	R	I	P	E		S	I	C			
E	L	I	A		S	M	A	R	T	E	S	T
S	E	E	N		P	U	G		E	C	R	U
	T	D	S		Y	D	S		T	O	O	N

- 10 Prehistoric
- 11 Debussy subject
- 12 Ralph — Emerson
- 16 Eland cousin
- 18 Subside
- 20 Slicker
- 21 Kind of squash
- 22 Pass over
- 23 Spring month
- 24 Hops a jet
- 25 Unhatched fish
- 27 Pilot's problem
- 29 Skilled
- 30 CAT scan relative
- 32 Evidence, maybe
- 34 Gives the go-ahead
- 37 Given to back talk
- 38 Fitting
- 41 Draw forth
- 43 Lethargy
- 45 Ocean dwellers
- 47 LAX hours
- 48 Search for
- 49 Costa —
- 50 Salt Lake City player
- 51 Muser's mumbling
- 52 Want-ad letters
- 53 Danger color
- 54 Mdse. bill

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together with people who inspire you and offer positive suggestions and feedback, while avoiding those who bring you down and complain about everything you do. Romance is highlighted.

SCORPIO (Oct. 24-Nov. 22) — Business trips and meetings will play out in your favor. A proposed change will turn out to be exactly what you need to improve your life.

SAGITTARIUS (Nov. 23-Dec. 21) — Know what you want, and don't settle for less. If someone interferes in your life, put a stop to it and do your own thing. Make home, family and romance priorities.

CAPRICORN (Dec. 22-Jan. 19) — Keep everyone guessing. Don't feel that you must reveal your plans. Take the initiative to make improvements that promote better health, vitality and a new look, attitude or image.

AQUARIUS (Jan. 20-Feb. 19) — Stick to what and who you know and the things you enjoy doing most. Your skills and abilities will give you a much-needed boost. Romance is in the stars.

PISCES (Feb. 20-March 20) — Share your dreams with someone who can offer advice and support, while encouraging you to be realistic. Do your best not to overspend or expand too quickly.

ARIES (March 21-April 19) — Explore new possibilities, but don't share your plans prematurely. Gather information and work out a budget. How you approach your objective will determine your success. Knowledge is power.

Extra care should be taken when dealing with government agencies, financial institutions and medical facilities. You'll be offered mixed messages that can lead to mistakes and setbacks if you are too quick to make a move. If you slow down and rely on facts, you'll find it easier to progress.

TAURUS (April 20-May 20) — Do your due diligence before you sign up for something that is built on dreams, not on reality. A change may be what you desire, but you must consider the cost before you begin.

GEMINI (May 21-June 20) — Set a goal and don't stop until you reach your destination. Share your feelings with a loved one, and make plans that will give you something to look forward to.

CANCER (June 21-July 22) — Make a move or a change for the right reasons, not because someone is pressuring you to do so. Keep your plans secret until you are well on your way to achieving your goal.

LEO (July 23-Aug. 22) — Participate in something that will expand your mind and encourage you to make physical improvements. Taking better care of your health and emotional well-being should be a priority.

VIRGO (Aug. 23-Sept. 22) — Sign up for a seminar that will help you curb bad habits and promote your skills and attributes. It's up to you to make good choices.

LIBRA (Sept. 23-Oct. 23) — Get

WEDNESDAY, MAY 1, 2019

Get the opponents to help you out

By Phillip Alder

Linus Pauling was one of only two people to win Nobel prizes in two categories, chemistry and peace. Marie Curie was the other, in physics and chemistry. Pauling said, "Science is the search for truth — it is not a game in which one tries to beat his opponent."

Bridge is mostly a science, but occasionally an art. However, in either form, you are trying to beat your opponents. They, of course, are trying to outplay you. In some ways, the most satisfying deals are those in which you call on an opponent to help you out.

How does that apply in this deal? Against South's three-heart contract, West leads a diamond. East takes two tricks in the suit, then shifts to the spade jack. Declarer wins on the board and runs the heart queen. West takes that trick and returns a spade. What happens after that?

North made a game-invitational limit raise, showing 10-12 support points (counting high-card and shortage points) and eight losers (here, two in each suit). South, with a minimum opening bid, passed.

Declarer has lost three tricks and is

North		05-01-19	
♠	K 6 3		
♥	Q 10 5 4		
♦	Q 6		
♣	A 10 7 3		
West		East	
♠	Q 8 5	♠ J 10 9 2	
♥	K 2	♥ 7 6	
♦	10 8 7 4 2	♦ A K 9 3	
♣	Q 6 5	♣ J 8 4	
South			
♠	A 7 4		
♥	A J 9 8 3		
♦	J 5		
♣	K 9 2		
Dealer: South			
Vulnerable: East-West			
South	West	North	East
1♥	Pass	3♥	All Pass
Opening lead: ♦ 4			

facing losers in each black suit. At first glance, it looks as though he will need considerable luck in clubs. But that is not true. South should lead his last spade.

If the opponent who takes that trick returns a diamond or a spade, declarer discards a club from his hand and ruffs on the board. Or, if the defender shifts to a club (an honor or a low card), South should play for split honors — assume each opponent has one honor.