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**City to look at pedestrian safety**

THE **RECORD**

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**It ain't easy being skinny**

Ross Murray - Page 6

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THURSDAY, OCTOBER 9, 2014

**Megantic deaths were avoidable: Coroner**

The Canadian Press  
 QUEBEC CITY

A Quebec coroner says the deaths of 47 people in the explosion of an oil tanker train in Lac Megantic in July 2013 could have been avoided.

Dr. Martin Clavet issued a report Wednesday for each of the 47 victims, but said he would not comment about civil or criminal responsibility because of pending criminal charges.

Engineer Tom Harding, railway traffic controller Richard Labrie and Jean Demaitre, the manager of train operations for the now-defunct Montreal, Maine & Atlantic Railway, each face 47 counts of criminal negligence causing death. A conviction carries a maximum life sentence.

After recounting the final minutes in each victim's life, Clavet declared in the report that the "violent" deaths were avoidable.

Many of those who died were trapped inside the Musi-Cafe, the bar and restaurant that was ground zero in the killer explosion.

The coroner had difficulty determining the exact cause of the deaths of some victims because of the condition of their remains.

In his recommendations, Clavet urged Ottawa to review its regulations to determine the number of brakes that need to be enabled on trains.

CONT'D ON PAGE 5

**Bowling for dollars**

'Empty Bowls' event looks to fill local bellies



Some bowls coming out of the kiln. All ready to be filled with soup in aid of the Empty Bowls project. COURTESY LUCY DOHENY

By Gordon Lambie  
 LENNOXVILLE

For the second year in a row, a committee bringing together members of the Champlain College and Bishop's University communities has

organized an Empty Bowls project fundraiser.

Empty Bowls is a grassroots movement working to counter hunger in North America by inviting community members to a simple meal of soup and bread. In exchange for a cash donation,

guests are given a bowl made by a local potter that they can then take home as a consistent reminder of the need to support those without enough food.

"Whenever you open your cupboard

CONT'D ON PAGE 4

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## Weather



**TODAY:**  
CLOUDY, PM SHOWERS  
HIGH 9  
SUNRISE: 6:56  
SUNSET: 6:13



**FRIDAY:**  
CLOUDY, 30% CHANCE OF SHOWERS  
HIGH 12  
LOW 5



**SATURDAY:**  
CLOUDY  
  
HIGH 10  
LOW 4



**SUNDAY:**  
CLOUDY  
  
HIGH 13  
LOW 2



**MONDAY:**  
MIX OF SUN AND CLOUD  
  
HIGH 14  
LOW 0

### FROM THE BOUNDARY ROTARY

# Gem Munro speaks about the Amarok Society at Boundary Rotary

STANSTEAD

Frequently what we hear about other countries and international development is not good news. Some projects are not sustainable; others plagued by corruption. The name of Greg Mortenson comes to mind.

Gem Munro, Monday's speaker at the Boundary Rotary club brought stories of the Amarok Society, his family's NGO, and their development work in the slums of Dacca, Bangladesh.

No one thinks of the dark, dirty and overcrowded Bangladeshi slums as the source of stories of success but thanks to Amarok there are many. An example is Aklima whose picture is below.



COURTESY AMAROK SOCIETY

Aklima a beneficiary of Amarok writes, "I love teaching my 5 neighborhood children through games and activities and with happiness. Now I am getting respect from my husband and other family members. I also got a job working in a clothes shop as salesclerk. I feel very proud." (from the Amarok Society website.)

The Amarok Society aims to teach children in the slums by training their mothers to be teachers. In the world there are 70,000,000 children who are too poor to attend school, according to the Amarok Society website, and many are in Bangladesh. Amarok has no

school buildings. Whatever space is available is used. Educational aids involve blackboards (boards painted black), chalk, some printed materials and very dedicated and motivated teachers.

Who else better to teach children than their mothers? In classes of 30 mothers are taught basic math, written Bangla and oral and written English as well as some social studies. Along with these subjects the mothers learn how to think and to solve problems.

Most of the women in the slum lead isolated lives. They leave their own families at a young age to marry and have children so they have not even had the chance to learn about life from their own parents. Most have had no schooling at all.

There is little sense of community in the slums so women have had few opportunities to discover themselves and the world. When adults have been starved for stimulation, they learn fast making up for lost time. Then the mothers must share their learning with at least five children within their own home. They can be their own children or those of neighbors. Needless to say, they do not stop at five but go on to share skills and knowledge with many children.

The mothers say that life is beginning to make sense to them and they are able to find ways to make their families' lives better. A father who wishes to learn and, of course, there are many, will sit quietly listening at home while his wife teaches their children or may sit outside the house listening from a discrete distance. The men become sincere supporters of the project and are often the ones to approach Amarok to begin a school in their area.

Amarok is run by one family: Gem Munro, his wife Tannys and their children. Gem met his wife in Toronto and they went off to teach in First Nations communities here in Canada.

They encountered conditions they had not even imagined but their work was successful. Tannys became an advisor to the government of Canada as well as a number of First Nations governments. The family's desire to do good for the world did not stop there and Gem and Tannys looked for the most challenging environment in which to work.

The slums of Bangladesh seemed a fitting place to begin and now the family is planning to branch out into Nigeria, Pakistan and Chennai, India.

So far the family spends about half its time in Bangladesh living in the slums with the people who they work with. It is a dangerous environment for many reasons, including the slumlords and the extreme pollution.

Yet the family goes back again and again because of the huge success of what they do. The stories on their website demonstrate easily how great a difference this training makes. As Gem said, "Introducing hope to people who know only despair begins serious change for the better."

Clearly this project warms the heart but let us look for a moment at the figures. The cost of teaching 30 mothers for one year is \$9,500 for materials, the salary of the Bangladeshi teacher and any cost for rental of the location. You can support a teaching mother and her five students for \$43 a month.

Of course, once the mother is trained, she will probably go on to teach more students the next year.

Amarok has an impeccable development model. They help the poorest of the poor on a slim budget and with sustainable results. As more children are educated, they will improve conditions in the slums so everyone will benefit. The Munro family has accomplished what many development agencies are hard pressed to do. Rotary was fortunate to learn about this excellent project.

If you would like to find out more about Amarok or to purchase Gem Munro's book, go to [amaroksociety.org](http://amaroksociety.org).

If you would like to find out about Rotary of the Boundary, call 819-842-1940.



COURTESY BOUNDARY ROTARY CLUB

Club president Joan Drinkwater (right) thanks Gem Munro for his presentation.

## Ben by Daniel Shelton



# LOCAL NEWS

Councillor Nicole Bergeron admitted she did not know that pedestrians have priority even when drivers have an arrow allowing them a turn.

## City taking close look at pedestrian safety

Record Staff  
SHERBROOKE

The City of Sherbrooke will finally take some steps towards improving on pedestrian safety at the city's intersections and is upgrading security at most of them.

During a session of the Committee of the Whole on Monday the City of Sherbrooke's coordinating engineer for traffic and utilities, Philippe Côté, presented a portrait of ways to protect pedestrians at various traffic lights.

The portrait was developed

by the Urban Infrastructure and Environment Service, headed by Alain Cazavant, for the public security committee.

"This fall, instead of analyzing particulars, we want to identify our major traffic generators, schools, for example, to come up with proposals," said Cazavant.

Currently, 164 Sherbrooke intersections are controlled by traffic lights, of these, 144 include crosswalks. Depending on the number and type of pedestrians and motorists, and the amount of other factors

such as school corridors, visibility, crossing lights with sound alerts, it is determined whether the method of protection is to be unprotected, partially protected, or protected.

Unprotected crossings do not prevent traffic from turning, partially protected crossings have pedestrian lights that last just a few seconds before allowing traffic to continue and make right turns, while fully protected crossings have 4-way pedestrian lights that block all traffic flow.

It is said that 62 per cent of

pedestrian crossings at traffic lights are in fully protected mode, 34 per cent are partially protected. Only four per are unprotected.

"It doesn't matter if it's through technology or courtesy, sharing the road is pretty important," said Côté.

Councillor Nicole Bergeron admitted she did not know that pedestrians have priority even when drivers have an arrow allowing them a turn.

In particular it was noted that traffic signals will be added at the intersection of

Jacques Cartier and Albert Skinner and improvements are anticipated at the corner of King Street West and Alexander, King West and Camirand and Belvedere and des Fusilliers.

When asked about the possibility of varying the protection mode depending on the time of day, Cazavant replied, "we have a tendency to make the lights more protected. It is possible to vary the operation during the day, but we don't tend to do that because it can create confusion and bring on the risk of accidents," Cazavant replied.

## Student group not happy with STS complaints

Record Staff  
SHERBROOKE

The University of Sherbrooke student federation, the FEUS, is hitting back at comments made by Sherbrooke Transit Society bus drivers about drunken student behavior at Monday's city council meeting.

In a statement released Tuesday, the federation said it wants the STS to "say it to my face."

"No means were taken to contact student representatives directly. The STS prefers to go through the papers and the police to solve its problems. [...] The search for solutions must be done by direct negotiations," the student group harumphed.

"Reaching out to the FEUS would have enabled the STS to assess student efforts at social events with alcohol to provide increased security inside buses.

Each FEUS member association has the obligation to delegate a student for their events where alcohol is served to familiarize students with respect and good behavior towards STS drivers. The student representative also has the responsibility to ensure that no user gets on the bus with alcoholic beverages."

The student federation accuses the STS of being the author of its own misfortune by not increasing buses on routes

between the university and downtown, which it says is the origin of overcrowded bus shelters and boarding areas.

"Not only does the passivity of the STS encourage potential overcrowding on its buses, but it complicates the work of student volunteers who are trying to manage a large group of students," the student group grumped.

The FEUS is also asking for the proof that the vandalism

mentioned Monday, including broken benches and smashed shelter windows, is actually the work of students. "After all, students are not the only ones to use public transit.

"It will take the STS and the City of Sherbrooke to start seeing the 22,000 students from the University of Sherbrooke as full citizens who are part of the solution to problems and not as the source of all ills," the group concluded.

## Memphremagog losing patience with SQ

Record Staff

For the second time in less than five months, the Memphremagog regional county municipality has sent a letter to the Minister of Public Safety, Lise Thériault, demanding a meeting as soon as possible about the future headquarters of the Memphremagog Sûreté du Québec.

Municipal Prefect Jacques Demers, who co-authored the letter with public safety chair Gérald Allaire, says that it's time to get some answers on long-drawn out issue. "We signed a contract with the SQ in 2007 in which it was clear that we had to have a station here. Seven years have gone by and

nothing has changed. Something's not right there," he said.

As mayor of Sainte-Catherine-de-Hatley, Demers believes that the services are affected by the fact that the SQ headquarters is in Sherbrooke, thirty minutes from the nearest territory it serves.

This does nothing to calm the grumbling, he says, especially since taxpayers are paying top dollar to service the area, somewhere between \$2.6 and 3.2 million per year. "We are up among the only MRCs in Quebec to pay the ceiling, or 80 per cent of the bill, without even receiving the service to which we are entitled."

If Thériault continues to turn a deaf ear, he says, the

Memphremagog MRC is ready to put pressure on the government in the hope of making things happen.

"We signed a contract that has not been applied or respected, so we are entitled to do so if that's what it takes to be heard. We're talking about a 9-1-1 emergency service, where response time is extremely important. If we want the station to be built before the end of our contract, which ends in 2017, then we have to start as soon as possible."

The MRC requested a meeting with the Minister in May by sending a letter.

Besides, acknowledging its receipt, the Ministry did not respond.

## Fatal crash in Stoke

Record Staff  
SHERBROOKE

A 32-year old man from Wotton was killed Tuesday night on Route 216 in Stoke after his vehicle hit a guardrail and left the road.

Police were called to the scene at about 10 p.m. to find that a vehicle had collided with a guardrail and that the vehicle had been significantly deformed upon impact.

The driver was alone in the vehicle at the time of the collision and was taken by ambulance to hospital where his death was confirmed.

The incident occurred in the deflection zone on Route 216

where the speed limit has been lowered to 50 km/h by the Ministry of Transport because of ongoing road work.

A Sûreté du Québec accident scene reconstruction officer spent part of the morning at the scene to carry out an assessment and the investigation is still underway.

"It is too early to say what could have caused this collision, so all assumptions are still being considered," said SQ spokesperson Aurélie Guindon.

The victim, a 32 year old man from Wotton, has yet to be identified.

The highway was re-opened to traffic on Wednesday afternoon.

## Routine stop leads to big drug bust

Record Staff

A routine traffic stop led to the arrest of a Bonsecours man Tuesday afternoon and the dismantling of what appears to be a small drug distribution set up.

Police intercepted a vehicle at about 3:05 p.m. on Route 220 in Orford Township for a routine check. The driver could not produce his driver's license but identified himself as the owner of the vehicle.

The officer immediately told him that giving a false identity wasn't going to help him and the driver then gave his real name and admitted that his license had been revoked for two drunk driving convictions and is awaiting trial on a third charge. The man was immediately arrested for driving while disqualified.

Since there was a strong smell of fresh marijuana in the vehicle, a search uncovered seven grams of cannabis, 27

grams of hashish and 51 methamphetamine tablets. After a brief investigation, police had reason to believe that the suspect was selling drugs from his home in Bonsecours. A search warrant was obtained in the evening and a subsequent raid of the suspect's home led to the discovery of four cannabis greenhouses, 21 plants, 10 grams of cocaine, 122 methamphetamine tablets, 2.2 kilograms of bulk cannabis, and 131 grams of magic mushrooms.

The suspect was charged in Sherbrooke on Wednesday with driving while disqualified, pos-

session of narcotics for the purpose of trafficking, and production of cannabis.

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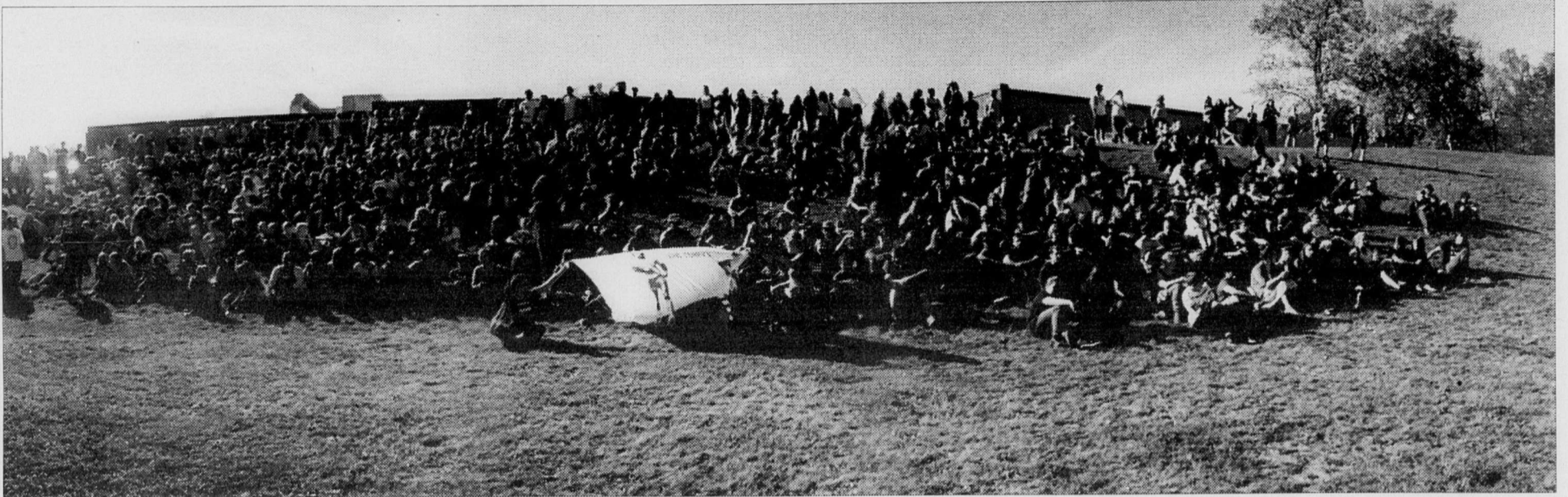
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## School Page

## Massey-Vanier High School

## Successful Terry Fox Run at MVHS



## Le Tremplin looking to beat the blues this Friday

By Gordon Lambie  
SHERBROOKE

In the ongoing effort to beat the blues brought on by the \$200,000 in government cuts to their programming, friends and members of the community involved in the Le Tremplin 16-30 youth support organization are engaged in organizing all kinds of activities to keep the group viable. This Friday, Le Tremplin will be hosting a special fundraising concert in their in-house performance space, with a collection of guest blues musicians.

"It's sort of a play on the idea that we're going to have blues performed at Le Tremplin, but we'll also be kicking the blues," joked organizer Sarah

Fournier, a Bishop's University student who sits on Le Tremplin's board of directors and has been involved with the community organization in for several years.

"Our goal is to show that the organization is still very much alive. We really want to have a festive event and show how great our space is and how alive (Le Tremplin) still is."

Fournier explained that when the government cuts were announced she was on exchange in Brazil and thus disconnected from the local community.

She said she was heartbroken to hear what had happened when she returned to Sherbrooke and immediately started looking into what she could do.

She lamented the fact that many of the organization's social programs, including its varied cultural and artistic programming, have been suffering under new constraints, and said that she hopes this concert will help remind the local musical community that Le Tremplin is alive and available.

"Le Tremplin is important to Sherbrooke, as much for their youth homelessness programs as for their performance space," said Robert Daignault, who will be among the musicians performing on Friday night.

"There have been album launches and benefit evenings, held here; when an artist wants to perform, it costs almost nothing. I really feel I owe them

something."

Daignault explained that Le Tremplin has a policy of charging no more than \$100 for their performance space, coupled with ten per cent of ticket sales. In exchange, artists get access to the organization's technician and a performance space capable of hosting as many as 120 people.

According to Fournier, all four of the musicians signed on for Friday's concert volunteered their time.

"Everybody who is participating in this event is doing so out of the goodness of their hearts, and I think that really speaks volumes about how the community is coming together to help this organization," she said. "It really states how essen-

tial we as a community feel Le Tremplin is, both for young people with difficulties and for helping emergent artists."

Fournier said that the concert is open to families as well, indicating that children get in for free. Admission is \$15, \$10 for students or those on low incomes.

Friday's concert will kick off at 8 p.m. at 95 Wellington Street South. According to Daignault, the show will be split into two halves, starting out with an acoustic/folk sound and moving to electric blues in the second half. Other musicians on the lineup include Jesse Ens, Vincent Poirier, Trini, and Richard Bergeron on drums, although Fournier said that there are several surprise guests planned.

## Empty Bowls

CONT'D FROM PAGE 1

and see that empty bowl, you're reminded that many people in our own communities have bowls that are often or always empty," said BU chaplain Heather Thomson, who is a member of the organizing committee.

As was the case with last year's event, the meal will be held in the hall of the Hope Community Church. Between 11:30 a.m. and 2 p.m. on Oct. 18, students, community members and passersby are invited to come in and share in soup and solidarity. Proceeds from the sales of the \$25 tickets will be split between the schools' Pastoral Fund for Needy Students, the Cornerstone Food Bank and Lennoxville Elementary School's breakfast program.

"For a new initiative like this in town, the support has been

quite overwhelming," reflected Lucy Doheny, who sits with Thomson on the organizing committee and made the majority of the bowls for the event. She explained that everything involved in the event, from the clay and glazes for the bowls, to the ingredients for the soups and the spaces that are being used, was donated by one group or another.

Among the contributing groups are local businesses like Green's Bakery, Patisserie et Gateaux Lorraine, the Provigo Robert Lafond, the Pottery Supply House in Toronto, and Sodexo. Doheny also pointed out that every bowl that she made has been decorated by a student or member of the community who donated his or her time to make a more artistic contribution to the project.

"It was pretty successful last year," the potter recalled. "We only had about fifteen bowls

left over."

Thomson explained that the success of the first edition of the event meant that doing it all again was a very natural course of action. She said that the original idea to hold such an event in Lennoxville, however, was inspired by the knowledge that Doheny was making bowls for events in Montreal and feeling that "empty bowls" had a mission to serve in the local community.

"She's such a gifted potter," the chaplain said, "so I talked to Lucy about it and things went from there."

With regard to this year's lunch offering, Thomson said that there will be three soups available, all of which will be vegetarian in an effort to keep things simple and accessible. Though the chaplain said that the donation-based menu was not completely set in stone yet, Doheny explained that the

plan is to serve a ginger squash soup, a vegetable barley soup, and a potato leek soup.

The aim is to keep the atmosphere as simple as possible, but there will nonetheless be mealtime music provided by local student musicians, as well as a fundraising raffle for two special bowls prepared by Dean Mullavey, who taught Doheny her skills.

According to Thomson, there was interest from last year's guests in buying additional bowls. While not actually saying that the matter had been sorted out, she suggested that that might be a possibility at this year's event, toward the end of the lunch.

"We have to make sure that we have enough bowls that all the people who have paid for their tickets get to have soup," The chaplain said. "After that we can sell the extras."

Expanding on that, Doheny

said that there were some who bought tickets last year who did not come to claim their bowls. She also pointed out that there are more bowls available this year, because she made more but the group also got a donation of 60 leftover bowls from the Montreal "empty bowls" event in the spring.

Dating back to the 1990s, the Empty Bowls Project has been adopted by many communities to fight hunger in their own neighborhoods. The movement's website, [www.emptybowls.net](http://www.emptybowls.net), claims that meals have been held in 12 different countries around the world raising "many millions of dollars" for hunger fighting causes.

Tickets for the Lennoxville event are available at the Tri-Us Hallmark store on College Street and at the Bishop's University Bookstore.

# Get rid of old electronics at special collection

Record Staff  
SHERBROOKE

As part of Quebec Waste Reduction Week, the Quebec Electronic Products Recycling Association, known as ARPE-Quebec, is inviting residents of Sherbrooke and surrounding areas to get rid of their old electronic devices responsibly by taking part in the large special collection to be held in the parking lot of the Future Shop at the Carrefour de l'Estrie.

The collection will run on Saturday, Oct. 18 and Sunday, Oct. 19, from 10 a.m. to 5 p.m. each day.

To thank residents for their commit-

ment to the environment, a USB key will be offered free to all who bring an electronic device to be recycled (Quantities are limited).

Some prizes will also be drawn from among the participants. In addition, staff will be available on site to help people get the devices to recycle from their vehicles.

The collection accepts all kinds of electronic devices such as: laptop and desktop computers, televisions, video game consoles, cell phones and pagers, radios, tape recorders, CD players and MP3 players.

A complete list of accepted electronic products is available online at [recyclemyelectronics.ca/qc/what-can-i-do/recycle-what/](http://recyclemyelectronics.ca/qc/what-can-i-do/recycle-what/).

All electronic products collected will be taken by ARPE-Quebec and will be channeled to approved recycling companies in compliance with Canadian environmental regulations who handle the material in respect of the environment, while minimizing risks to health and safety.

Once dismantled, product material, such as metals, plastics and glass will be sorted, retrieved, transformed and reused to make new products, thus preserving our non-renewable natural resources.

"It is actually very important to dis-

pose of old electronic products in a safe, secure and environmentally friendly manner," said Dominique Levesque, the director general of ARPE-Quebec in a statement.

Last year, more than 10,000 tons of electronics were collected through the ARPE-Quebec program.

"We must continue our efforts to educate and mobilize citizens as to the importance of responsible recycling of electronics products. We are grateful that Future Shop stores are part of our extensive network of official points of deposit, and to the Carrefour de l'Estrie for allowing us to hold this event," concluded Levesque.

## Paradis regained?

Record Staff

Former Brome-Missisquoi Liberal MP Denis Paradis has confirmed his desire to return to Ottawa under his party's banner and is prepared to challenge Magog native John McKenna for the Liberal nomination in the riding of Brome-Missisquoi.

Paradis, 65, was MP for the riding for 11 years, winning election four times,

before losing to the Bloc in 2006 and 2008, and the NDP in 2011, finishing second each time.

"I still have the bite and I would like to finish issues such as water quality in Lake Memphremagog and the harmonization of environmental laws on both sides of the border," he says.

McKenna, for his part, has refused to commit, saying he is still considering the option to engage in active politics

very seriously.

McKenna, 60, has a long track record in politics since moving to the region and was notably chief organizer for the campaign of provincial Liberals Robert Benoit in 1989 and Pierre Reid in 2003.

McKenna was also a member of the economic-council team of Robert Bourassa, then Leader of the Opposition, from 1983-1985. In addition, he worked closely with former Treasury

Board Chair Paul Gobeil, and former Minister of Public Safety and Transportation, Sam Elkas.

McKenna is currently CEO of the Air Transport Association of Canada.

No date has been set for the Liberal nomination in the riding. The next federal election is scheduled for October 2015.

The riding is currently held by the NDP's Pierre Jacob.

## Megantic deaths 'avoidable'

CONT'D FROM PAGE 1

He also recommended that the federal government ensures trains carrying dangerous materials on a main track have proper supervision.

A federal measure to that effect expired in December 2013 and Clavet recommended it be re-introduced until Canadian rail companies implement additional security measures.

"There have already been notable advances and numerous aspects of rail security have been clarified," Clavet said in a statement that accompanied his reports.

"However, deficiencies persist and certain measures still have to be clarified."

Questioned by reporters in Ottawa, Transport Minister Lisa Raitt noted that the government had already taken action.

"There's a lot of these matters that we've already addressed through our legislation," she said Wednesday.

"We've been working with municipalities and rail on all of these matters. So we've heard this before. It's great to see it again."

In an email sent to The Canadian Press, a Transport Canada official said the department was currently working to address the Transportation Safety Board's recommendations stemming from its investigation into the derailment.

The runaway train roared into the heart of Lac-Megantic in the wee hours of July 6, 2013, derailed and exploded, destroying much of the community.

Hours before the deadly blast, the train's locomotive and its 72 tankers were parked for the night about 12 kilometres up a steep grade from Lac-Megantic.

It was left unattended with its engine running to ensure its air brakes remained enabled.

But the locomotive later caught fire

and the engine was shut down by the local fire department who left the scene.



The TSB's report said Harding applied an insufficient number of hand brakes on the train \_ seven \_ and conducted an inadequate test before he left the convoy unattended and retired to a local inn for the night.

Before he left, Harding called MMA's rail-traffic controller to report mechanical problems on the locomotive and thick smoke belching from its exhaust. They agreed he could leave the engine for the night.

In its Aug. 19 report, the TSB identified 18 key factors it said led to the Que-

bec catastrophe. It noted that the combination of a lack of government oversight and a penny-pinching railway contributed to the disaster.

*With files from Stephanie Marin and Peter Rakobowchuk in Montreal and Lina Dib in Ottawa*


### Fondation du CHUS

## Centre de recherche du CHUS Expansion

Did you know that the CHUS' research centre, the Centre de recherche du CHUS or CRCHUS, is among Quebec's five largest research centres and that it has the good fortune of having 224 researchers, 571 students, and 173 research staff working on more than 850 active research projects?

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# EDITORIAL

No one has ever complained that I take up too little room on an airplane.

## Dumb advertising is so dumb



TIM BELFORD

I have to confess, I probably don't watch television the same way most of you do. Oh, I sit in front of the screen with the remote and let my mind veg out during the latest cop show/forensics case/thirty-something-comedy or whatnot, but I spend most of my time waiting for the next stupid advertisement.

At this point I'm not too sure who thinks we - the keen-eyed, analytical public - are more dim witted. It seems to be a toss-up between the Conservative Party of Canada, Justin Trudeau and anyone in the ad business.

Not a day goes by, actually hardly a minute goes by, when we are not inundated with badly worded, misspelled, logically absurd, and grammatically twisted pleas for our attention, our votes or our cold, hard cash. And this is to say nothing of the outright lies.

I am trying not to be pedantic here, heaven knows I have made my fair share of printed errors. It's just that the media seems to be increasingly awash with material that isn't fit, as Mr. Hodgson my grade nine English teacher would say, for the underside of a paper bag.

Here are a few of the latest examples of what I like to call 'idiot speak.'

Recently, a visually sumptuous advertisement touted the virtues of its "all natural steak." This leads to the obvious question, what is an 'unnatural' steak? Is it made, as some many things are nowadays, of an edible petroleum by-product? If so, is it still a steak? Telling me that the beef you are selling is real beef is not a selling point.

The use of 'natural' also popped up

in an ad that bragged about using "natural egg shell membrane," but let's not go there.

Medical advertisements are particularly fun to watch. Not only does the product on sale usually include a three minute addendum outlining "possible side effects" which cover everything from rashes to occasional heart failure, but they are aired with the expectation that we will actually believe the pitch man or woman.

If you look closely at the corner of the screen as the smiling, handsome, ever-so-congenial "medical expert" tells you how to avoid the risk of heart failure, you will notice in tiny print the single word "actor." Hey, a pretend doctor's endorsement is good enough for me.

The various networks have gotten into the act as well. One advertisement for a mystery show bragged that this would be "Mystery TV like never before!" The only problem was that it was a rerun of a program that had been previously aired, on several occasions, on another network owned by the same people. This made it "Mystery TV exactly like before."

Being of an age where the covering on my skull has become thinner and a good deal paler I was interested in a product called "Hair Active" which "makes the grey go away." In reality, I suspect it probably actually does nothing more than hide the grey. But what fascinated me was that the advertisers took the time to point out this was "just for men."

Was this to avoid the 'sissy' aspect of dyeing ones hair or merely a warning of some unnamed chemical additive in the product that could prove to be one of those dangerous "possible side effects" for women?

The airwaves are full of terms like "eco boost technology" which are neither explained nor proven but are more likely the product of a fertile advertising mind rather than the result of any scientific breakthrough.

Anyway, you can be sure of one thing. As political ads pop up with increasing regularity as we approach the scheduled 2015 election, no one is likely to use the slogan, "Politics like you've never seen before."

## The skinny on skinny (people, not lattes)



ROSS MURRAY

It was a warm night, and the terrace was open at the bar downtown. As I cycled past, a voice called out, "Hey! Where's Waldo?"

Taunted because of my resemblance to a make-believe character.

Fictionally harassed.

It didn't especially bother me, because, let's be honest, my heckler wasn't completely off the mark. Even in the dark, I appreciate that a bike helmet is not my best look. In the right light, I resemble one of those thin-stemmed mushrooms - enoki, I think, or in my case, edorki. And yet when I had to bike past again a few minutes later, I cringed in anticipation of being made fun of - a skinny guy wearing glasses and a funny hat.

#YesAllWaldos

Let's leave the helmet and glasses aside for a moment, though in popular culture glasses continue to be code for "geek," "nerd," "loser," "Clark Kent." After all, if I wanted to, I could lose the glasses. I could get contacts or laser surgery. I could squint.

But I can't do much about being skinny. Nor do I expect much sympathy. Why? Because I'm skinny, something we're told, along with being rich, you can never be too much so. Though apparently that's not the case.

"You're too skinny. Aren't they feeding you?" a woman said to me last month at a public event - Blunt Speakers' Day, let's call it, because minutes later, someone else walked up and asked, "Have you lost weight?" No, I don't think so. Beard weight, maybe.

A few days after that, I had an 11-year-old girl say to me, "You're skinny like my dad. He has really skinny legs too. I call him 'Chicken Legs.'"

Now, if I were fat, I doubt those same people would walk up to me and say, "You're too fat. Stop eating food. Have you gained weight? You probably have Type 2 diabetes like my dad. He's missing a leg. I call him 'Stumpy.'"

Yet, people have no qualms about pointing out my shortcomings in the girth department. (Incidentally, if you ever get a job at Target, the Girth Department is absolutely the worst assignment.)

Again, I don't expect sympathy; remember, I'm skinny. Many of you reading this probably want to slap me for even typing that, though you'll probably follow up with a joke about worrying I might snap in two if you did.

And it's true, the plight of the skinny is a minor one. No one has ever complained that I take up too little room on an airplane. No one has ever judged my moral character for lacking the will to work out my upper body once in a while. No one has ever yelled at me, "Dude! Why don't you eat another cheeseburger," non-sarcastically.

I don't earn a lesser wage because I'm underweight. Politicians don't tell me what I can do with my body (because there's really not much it can do). I've never been pulled over by a cop just because I'm skinny. And no one has ever patronizingly told to me that they have lots of friends who are "persons of thinness."

Really, being little is no biggie. And absolutely no one is buying this idea of "thin shaming," a supposed backlash against the slim that is little more than an opportunity for thin folks to try on victimhood. It's like white males complaining that they too are hurt by sexist jokes, slurs and stereotypes. You may be hurt but you will still be a hurt white male.

So maybe that's why people feel so at ease telling me that they're looking for some big, strong men to move some heavy objects, and have I seen any. And really, I'm not offended when people call me thin - I'm far too thick-skinned. Nor do I fixate on it (current evidence to the contrary) or label myself as "skinny"; I know that I am greater than the sum of my scrawny parts. But, particularly as a man, I am self-conscious about it. For instance, if someone grabs my arm, I imagine it must feel like they're squeezing an empty paper towel roll.

The bottom line is, skinny people might have body image issues just like everyone else. So, unless you're some bozo in a bar, you really shouldn't be casually remarking on anyone's physical appearance.

Although, the other day, someone I hadn't seen for a while told me I was looking fit. That was nice. And I wasn't even wearing my bike helmet.

**THE RECORD**

1195 Galt East, Sherbrooke, Quebec J1G 1Y7  
 Fax: 819-821-3179  
 E-MAIL: newsroom@sherbrookerecord.com  
 Website: www.sherbrookerecord.com

SHARON McCULLY PUBLISHER ..... (819) 569-9511  
 JOHN EDWARDS NEWS EDITOR ..... (819) 569-6345  
 STEPHEN BLAKE CORRESP. EDITOR ..... (819) 569-6345  
 SERGE GAGNON CHIEF PRESSMAN ..... (819) 569-9931

**DEPARTMENTS**

ACCOUNTING ..... (819) 569-9511  
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	3 MONTHS	36.16	1.81	3.60	\$41.57

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QUEBEC:	1 YEAR	71.50	3.58	7.13	\$82.21
	1 MONTH	6.49	0.32	0.65	\$7.46

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The Record is published daily Monday to Friday. Back copies of The Record are available.

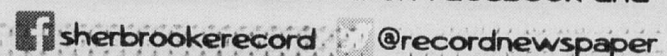
The Record was founded on February 9, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

PM#0040007682

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# HOME RENOVATIONS

SICO Paint 2015 Colour Trends

## Bold colours to take centre stage in year ahead



**Tempo**  
The vibrant, playful hues of the Tempo palette by Sico paint infuse an element of energy into a decor and appear almost illuminated, such as Pesto Pasta (6513-24 ?) green, featured on the walls of this living room.

**LONGUEUIL**

After years of playing it safe with neutral decor, Canadians are demonstrating more confidence in their colour choices, and this will translate into bolder, more expressive-looking homes in the year ahead.

That's the forecast of leading Canadian paint brand SICO® paint in unveiling its top colour picks for 2015. From rich wood and terra cotta shades to deep slate, aqua blue, fruity red and vivid jewel tones, next year's palette by Sico paint is filled with bold, energetic hues from all colour families - with blues of all shades being a favourite in each group.

"There's a world of possibilities when it comes to infusing colour into home decor in the coming year," said Mylène Givry, marketing manager for Sico paint, a brand of PPG Architectural Coatings, explaining that the brand's top-selling colours have traditionally been neutrals. "Whether deep comforting shades or bright tones used alone or in combination, the 2015 palette has something for everyone."

Givry credited technology for the public's renewed interest in colour. "People today are exposed to bright hues everywhere they go, from vibrant computer screens to digital art-infused consumer goods, so we've become more comfortable with colour as a society," she said. "Even anti-technology types who prefer to stay grounded in nature tend to gravitate towards richer earth-bound tones due to the colourful influence of the world around them."

Based on research conducted by PPG's international team of colour experts, the Sico brand has unveiled four

prevailing decor themes for the upcoming year: Comfort Zone, Tempo, Pattern Play and Introspection. Each theme offers a diverse range of bold colours, from down-to-earth to opulent tones.

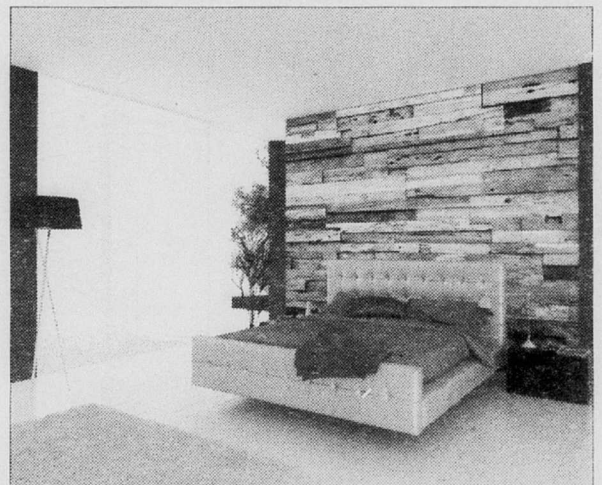
**Comfort Zone:** The Comfort Zone theme is about simple living and creating harmony between the natural and man-made worlds. The result is a mix of deep, earthy neutrals and muted blues and pinks. Invoking images of the earth, atmosphere and ocean, this palette of Sico paint colours features a range of soil and rust browns such as Etruscan Villa (6059-63), foliage greens such as Visionary Green (6165-63), and aquatic blues such as Miramichi River (6153-52). Think colourful handcrafted textiles and rattan, braiding, weaving, macramé and crochet. Delivering an uncluttered feel, these colours pair well with grainy wood and iodized metal to add a warm, rustic flair to living spaces.

**Tempo:** This grouping of colours reflects consumers who are plugged-in, socially connected and comfortable expressing their individuality. Dominated by vibrant, playful hues, the upbeat collection ranges from raspberry reds and golden yellows to turquoise blues and slate greys, such as Marilyn (6502-33 ?) red, Portrait Yellow (6094-64\*), Bikini Blue (6150-63) and Iron Ore (6173-73) grey by Sico paint. Urban neutrals - such as concrete grey and black - balance the intense hues and work well with bright bolds in any decor. Appearing almost illuminated, the colours of the Tempo theme are intended to energize and pick up the pace of life.

**Pattern Play:** Last year's popular craft movement will continue to dominate home decor in 2015, translating into creative expressions of geometric patterning - whether hand- or computer-generated - both on walls and in furnishings, according to Sico paint colour experts. Featuring energetic combinations of spicy reds, deep golds,

jewel greens, mid to dark blues, plums, indigos, blacks and greys, the Pattern Play theme emits an international flavour reminiscent of the opulence and tapestry of Eastern cultures. Some of this theme's majestic hues include Tamari Almond (6115-74) gold, Clown Fish (6505-23 ?) orange, Atmospheric Blue (6001-63) and Patrician Purple (6015-73) by Sico paint.

**Introspection:** Techies by day need a retreat at night, and the Introspection theme delivers colours that create a calm, serene environment and much-needed respite



**Comfort Zone**  
The fusion of natural and man-made worlds characteristic of the Comfort Zone theme is evident in this bedroom, which features Ancient Lava (6208-73) brown and Snail Shell (6193-31) tan by Sico paint.

CONT'D ON PAGE 7



## Climatisation Roger Demers Inc.

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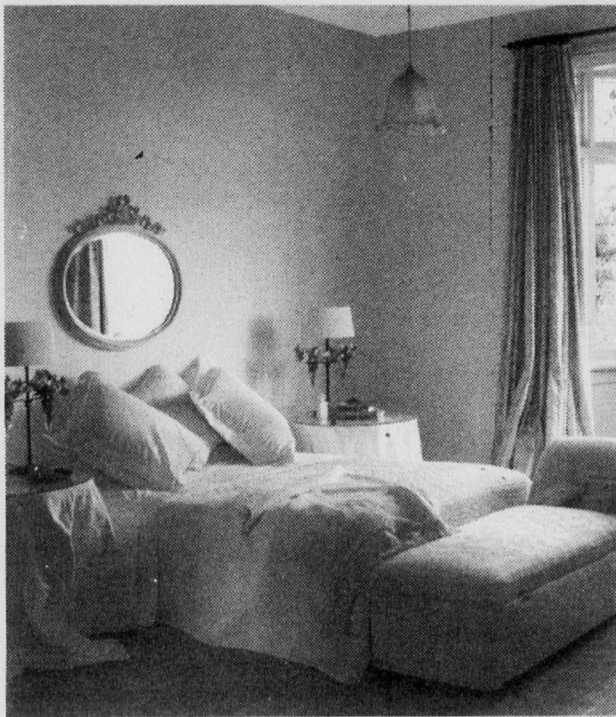
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# HOME RENOVATIONS

## Bold colours



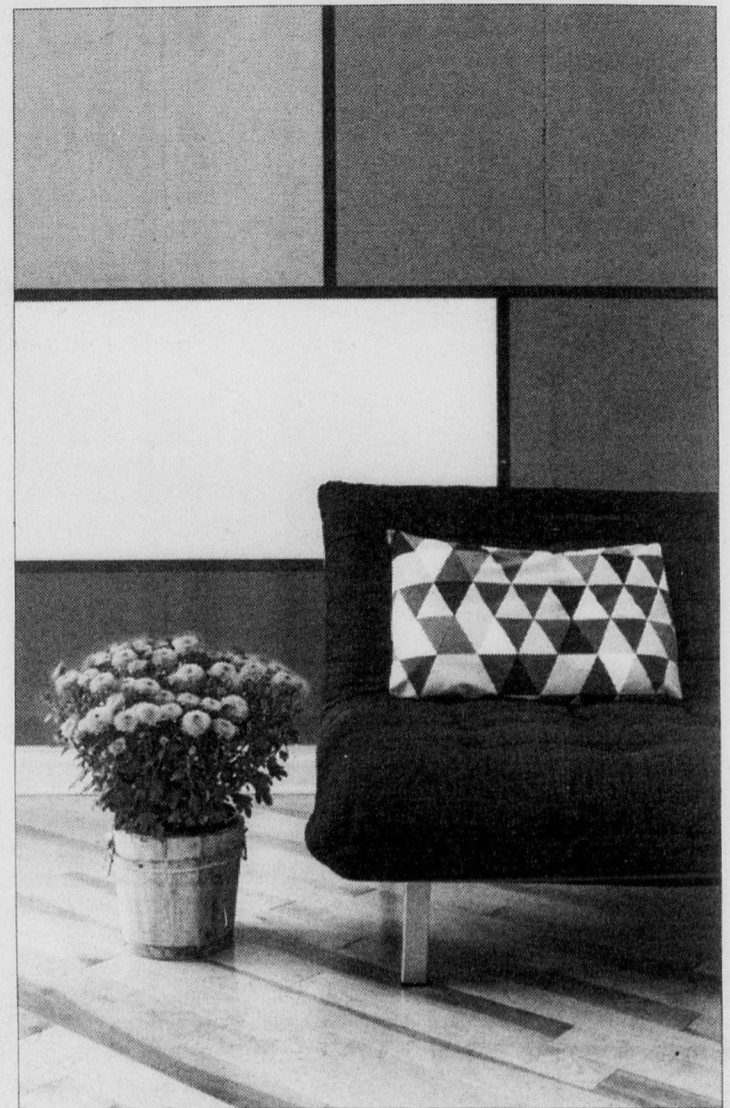
**Introspection**

The calm, serene colours of the Introspection theme provide a welcome balance to the energetic colours of 2015 and are loaded with soft pastels, pinks, purples, greys, browns and washed-out blues, such as Intrepid Blue (6022-31) by Sico paint, pictured on the walls of this bedroom.

CONT'D FROM PAGE 7

from our busy lives. Providing a welcome balance to the energetic colours of 2015, this group of colours is loaded with soft pastels and washed-out blues, browns, pinks, purples and greys. Appearing neutral-like, these hues are actually saturated with colour, including Intrepid Blue (6022-31), Linden Wood (6192-42), Frangi-pani (6178-31) purple and Crosshatch (6206-42) grey by Sico paint. Building on the tranquil theme, this grounded-in-nature collection is associated with minimalistic styling, clean lines and simplicity, working well with greyed wood tones and sandy textiles.

To view the 2015 colour trends palette by Sico paint, get design inspiration from top home décor bloggers, and use a leading-edge virtual tool to try out the 2015 colours in your own - or sample - room settings, visit the new [www.sico.ca](http://www.sico.ca).



**Pattern Play**

Creative, energetic expressions of geometric patterning will continue to be popular in 2015, according to Sico paint colour experts. Featured on the walls of this room depicting the Pattern Play theme are Buckwheat Yellow (6113-54), Wood Ashes (6214-52) grey, Clown Fish (6505-23 ?) red, Atmospheric Blue (6001-63) and Pure White by Sico paint.

**SICO® Paint**

Since 1937, the Sico brand has provided Canadian DIY consumers a complete line of high quality interior and exterior paints. The brand is recognized as the market leader and can be found on the shelves of Rona as well as other retailers. Developed with professional painters in mind, the brand also offers Sico Expert paint, a specialized line sold exclusively to the painter's market.

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# HOME RENOVATIONS

## Cork flooring delivers on eco-chic style and comfort



us elegant designs that are as eye-catching as they are functional. New finishes give it a chameleon-like quality that fits any room aesthetic”.

Today’s printing technologies result in cork being matched to virtually any color, tint, or shade imaginable. For example, if a consumer loves the look of marble, but not the fact that it’s cold to touch, cork flooring can be a great alternative that resembles the look while remaining warm and pleasant underfoot.

If you want a rustic look you can consider designs in colours such as deep mahogany or rich chocolate brown that will create a warm look and feel. If you are decorating a child’s room you can combine cork planks in different colours, styles, or textures to create a playful appeal.

For open concept homes, cork flooring complements a variety of different wood stains, effortlessly bringing together colours from furniture, doors, cabinets, mantles, tables, and more. Mix and match old with new, high with low, or light with dark. The timeless nature of cork allows your home to be as eclectic as you desire.

You can even give your kitchen a retro appeal. Geometrical and angular floors are making a comeback in a big way this year. Try zigzag, herringbone, or chevron patterns to bring some mid century flair back into your home.

Cork’s versatility, beauty, and the fact that its production does not result in any trees being cut, makes it a favorite among green-living advocates. Get inspired with stylish cork décor ideas at [realcorkfloors.com](http://realcorkfloors.com).

[www.newscanada.com](http://www.newscanada.com)



(NC) There was a time when homeowners were forced to choose between beauty, function and responsible sourcing. Not so now, according to famed architect and designer, Vern Yip. As a long-time champion of sustainable

design, the HGTV star is constantly looking for eco-friendly materials with a fashion-forward appeal that can adapt to any aesthetic.

“The variety of choices available to environmentally-conscious consumers today is remarkable,” he begins. “Sustainable design and décor options have

come of age, and the advances in cork flooring finishes are a great example.”

Recognized for being soft on the feet and warm to the touch, cork flooring is often ranked high on comfort and durability, but was sometimes overlooked for its limiting design options.

New technology enables the look of cork flooring to range from traditional and vintage to artistic and modern, presenting an array of exquisite design possibilities. In fact, cork’s versatility offers finished looks that can emulate hardwood, marble, and other textured surfaces.

Yip explains that, “thanks to its diverse, modern, and natural look, cork flooring gives

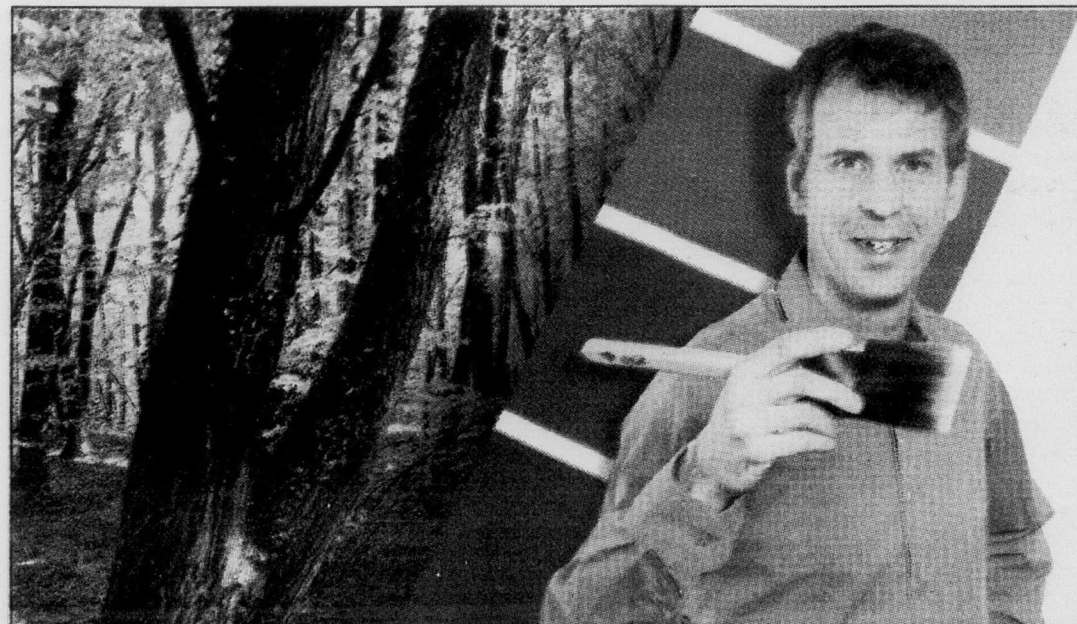


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# The Border Report

"The reality is worse than what we see on TV," she said.  
"There is more work to be done."

## Stanstead seduced by Lac-Megantic

By Matthew McCully  
Special to The Record  
STANSTEAD

On Saturday, a delegation from Stanstead loaded onto a bus and headed to Lac Megantic to participate in the filming of the 10th season opener for the French TV show *La Petite Séduction*.

"It was wonderful," said Marise Trépanier, recreation coordinator for Stanstead. "I can't wait to see the show."

The normal format of *La Petite Séduction* is to feature one Quebec town, where residents seduce a celebrity with local products and attractions in the area. Stanstead participated in 2012, and was given the task of seducing Quebec actor Rémy Girard to fall in love with the town.

For its 10th season, the show decided to go all out. Lac Megantic played host, but rather than one celebrity guest, five towns and their celebrity guests, previously featured on *La Petite Séduction*, were invited to a celebration in the newly re-constructed downtown core of Lac-Megantic.

"Each visitor was paired with a person from Megantic," Trépanier said, adding that there was a large communal table running the length of the newly rebuilt Main Street with seating for hundreds. She explained that there were place cards that read Stanstead, Saint-Guillaume, Saint-Prospère-Beauce, Knowlton or

Bromont, indicating where people should sit. Each visitor ended up beside a local.

"I had the pleasure of meeting Estelle," Trépanier said. Estelle shared her story, and described where she was when the explosion happened, and how it has affected her.

"The reality is worse than what we see on TV," she said. "There is more work to be done."

Trépanier mentioned that during the meal a train passed by the town, and all of the locals were quick to turn towards it and watch it pass somberly.

"These people are traumatized," she said.

Stanstead's 27-person delegation was comprised mostly of volunteers and sponsors who were involved with the town's 2012 episode.

"The whole day was very moving, with reminders of the disaster which struck Megantic still in evidence," said town councilor Françoise Bonenfant, who happily made the trip.

Claude Lecourt, another member of the Stanstead delegation, had a somber reunion with a woman he had met the year before. Shortly after the Megantic disaster, a group of 50 people came to Stanstead to visit the granite and model train museum. Lecourt, who works at the museum, met a woman who told him that her grandson was one of the people still missing after the explosion.



COURTESY FRANÇOISE BONENFANT

A communal table stretched the length of the rebuilt Main Street, with seating for 350 people.

"It happened randomly," said Lecourt, who ended up seated near the woman at a table set for 350 people on Saturday. "They told us about the monument and the ashes," Lecourt said. Ashes collected from the disaster zone were collected and will be kept in hopes that advancing technology will be able to extract DNA and identify victims. The woman Lecourt spoke to added that her grandson remains "unfound."

It wasn't easy to coordinate,

Trépanier said, adding that everyone needed to be at the Town Hall by 7:15 a.m. to arrive in Lac-Megantic for the filming. "It turned out to be so much fun."

A big highlight for Trépanier, who was born in Sainte-Cécile, near Lac-Megantic, was getting to meet the mayor, Collette Roy-Laroche.

"I didn't think I would have the opportunity," Trépanier said. "I got to tell her, thank you for being a great example for

women."

"It was real. You could see everyone was touched," Trépanier said, describing the interactions of the locals and visitors.

The buildings are new, but there are still empty spaces, Trépanier said, explaining that not all of the businesses that were destroyed by the train derailment have the money or the desire to restart.

The episode is scheduled to air in April 2015.

### FRONTIER ANIMAL SOCIETY

## Rosco: a happy puppy looking for a happy family

Rosco is a fun loving and happy puppy who is approximately five months old. He came to us when his previous owner realized that his schedule was not well suited to properly care for a young, energetic puppy.

Now, had Rosco's previous owner come to us to adopt we would have taken the time to go over the realities of bringing a puppy into your life and more importantly would have made sure he was in it for the long haul.

Puppies are great and so much fun but they need and deserve to start out on the right track. As the "parent" of a puppy you must anticipate that he or she will need training, socialization, lots of playtime and exposure to lots of different

places and experiences.

Essentially, be prepared to commit the time and energy it takes to ensure your new furry friend grows up to be a well behaved, secure and well rounded adult dog.

Fortunately for Rosco he is still young and there is plenty of time for him to learn the ropes. Rosco is a puppy and plays like one but is well mannered, a good listener and a we anticipate he will be a quick learner.

He really enjoys running and playing and gets along well with other dogs. We are actively working on his leash skills.

We believe he is a Shepherd/Australian cattle dog mix so he'll need an adopter that can keep him busy and active.

He is great company on long

walks and will no doubt be a keen hiking or jogging buddy. Whether you are looking for a dog who will be an avid flyball partner or one who will happily accompany you to the park for a game of fetch or to learn to catch a Frisbee, Rosco may just be your guy.

He is enthusiastic, smart, friendly and more than ready to learn new things and to experience life to the fullest.

Rosco is handsome, fun and very loving and will be a wonderful addition to your family.

He is optimistic his new forever family will find him soon, and is eager to show them just how great he is.

If you think you might be the right match and would like to meet Rosco, please send an email to frontieranimalsoci-

ety@gmail.com or better yet call our adoption coordinator Brenda.

You can reach her any day of the week between 8 a.m and 8 p.m at 819-876-7747.



**BORDER BRIEFS**

# Court appearance set for border jumper

STANSTEAD

**V**alentina Velasquez, of Newport, Vt, who led police on a cross border chase on Sept. 26 following an attempted burglary, was scheduled for a court appearance today in Sherbrooke.

Velasquez faces a number of charges on both sides of the border, including attempted burglary, driving with a suspended license, attempting to elude, careless and negligent operation, larceny of a motor vehicle in the U.S. In Canada, the list includes impaired and dangerous driving, armed assault, and flight from a peace officer.



VERMONT STATE POLICE

Valentina Velasquez

In addition to those charges, Velasquez will also face the consequences of failure to report at a border crossing.

"Canadian legislation requires that all persons seeking entry to Canada must present themselves to the Canadian Border Services Agency," said communications advisor Dominique McNeely. "In the case of an illegal entry, an individual can face criminal charges. Under the Customs Act they can also face administrative penalties of up to \$3,000."

McNeely said the investigation remains ongoing. Under the Customs Act, the maximum sentence for failure to report to a CBSA officer, an indictable offence, is a \$50,000 fine and/or 2 years imprisonment.

Failure to report does not happen frequently, McNeely said, adding that the last time it occurred at the Route 143 crossing was in the beginning of 2013.

### Tragic accident leaves young man dead

On Friday, Oct. 3 around 6 p.m. a man, 30, stepped out of a moving vehicle travelling on Railway Street in Stanstead. He suffered serious injuries, including severe head trauma, and died of his wounds in hospital the following day.

lowing day.

SQ spokesperson Aurélie Guidon said a patrol car on Railway Street was halted by a concerned citizen pointing to an injured man lying unconscious on the ground. He was brought to hospital by ambulance.

An investigation carried out on the scene and witness testimony later revealed that the man had been in a vehicle driven by a woman. A verbal altercation occurred, at which point the man voluntarily opened his door and stepped out of the vehicle while it was still moving.

The accident occurred in a 50 km/h zone. Investigators could not estimate the speed at which the vehicle was travelling.

Guidon confirmed that in addition to the female driver, other passengers were in the vehicle.

There is no criminal element in this event and the SQ will not reveal the identity of the victim.

### New border crossing at Morses Line

**T**he Canada Border Services Agency announced that construction will begin this week to modernize the Morses Line point of entry, located in St. Armand, at Route 235.

The new building should open in the spring of 2015.

The construction budget for the new facility is \$2.5 million, according to CBSA communications advisor Dominique McNeely.

The existing building, dating back to the 1960s, will be demolished and replaced with a new building that better serves the CBSA's current needs. The new office will be built from prefabricated modules.

A temporary border-crossing post will be installed next to the old building for the duration of the construction.

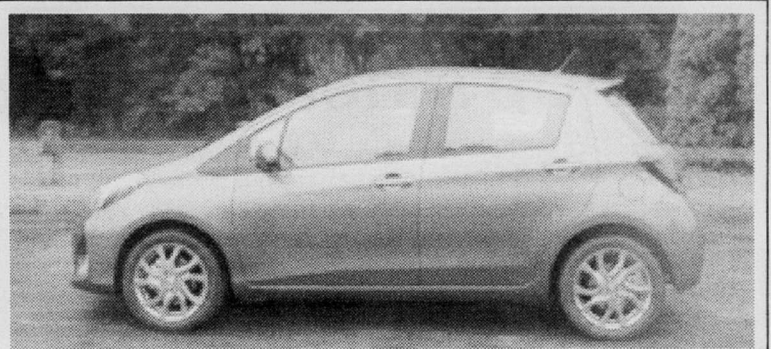
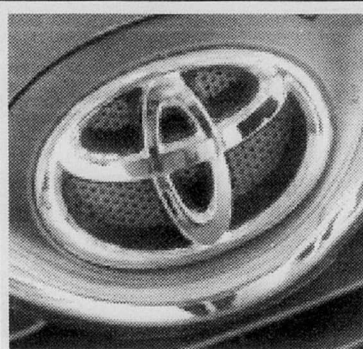
The CBSA will try to minimize any potential inconvenience for users. The impact of the work on travelers should be minimal and no delays are expected due to the construction work.



COURTESY

The Morses Line border crossing is due to be replaced. The new building will open next year.

# 2015 Toyota Yaris first impression



Yup, small cars are a big deal



By Miranda Lightstone

### What's new about the 2015 Toyota Yaris?

While not a new generation or even a total model refresh, the 2015 Toyota Yaris is enough of a "new" car to get a bit excited about - at least the folks at the Japanese automaker are pretty pumped about it.

Essentially, the Yaris got a nifty facelift, a bit of a nip-tuck, some butt implants, and some new interior apparel. Mechanically, it's stayed pretty much the same, save for improved steering feel, increased body stiffness, and better aerodynamics. Otherwise, the 106-horsepower 1.5L 4-cylinder engine remains, as does the choice between a 5-speed manual and 4-speed automatic transmission. Front-wheel drive and three or five doors are available.

That nifty facelift is quite nice, round back. Up front it seems to be trying desperately to evoke the spindle grille of the new Lexus IS while also pretending to be a grownup and look like a new Corolla. Of course, I see the family resemblance in the design language across all the new Toyota models, but here it just makes the little guy look mad. All. The. Time.

Inside, the 2015 Yaris was treated to new soft-touch materials and a newly laid out centre stack. Much more modern in design, the interior is a pleasant place to be. My only gripe? The

seemingly cool "storage" slots above the glove box that are really just figments of your imagination and will see your iPhone flying into your knee (yes, and painfully so) upon acceleration as they are much too shallow to hold anything, really.

### Are there still three trims available?

Indeed there are. The base CE model features a three-door layout along with 15" wheels and a chrome X-style front fascia with distinctive Angry Birds undertones. This very basic model only accounts for less than 5% of Toyota's Yaris sales, but they feel it's important to keep it around, as it is also the lowest-priced of the bunch at just \$14,545.

Going up from there you've got the two 5-door models, the LE and the top-trim SE. Note that no matter which model you choose, you will have the same engine as well as a 6.1" display screen for entertainment and navigation (should you get that option). With the LE starting at \$15,965, the majority of Yaris sales will be here. Nicely equipped with everything you'd want from a car in this segment, the LE is the ideal Yaris in my opinion.

However, should you want something a little more upscale in terms of hatchbackness, then the SE is your answer. With piano-black accents up front, fog lights, fancy LED daytime running lights, a nifty decklid spoiler and 16" rims, as well as piano-black accents on the leather-stitched steering wheel and buttons for cruise control and entertainment, the SE is a clear step above. Equipped with the automatic transmission, the 2015 Toyota Yaris SE will set you back just over \$20,000, freight and PDI included.

### But is it better to drive than the previous model?

As I mentioned above, this isn't a new generation, nor is it a brand new model. However, the engineers at Toyota somehow managed to tighten up the Yaris in just the right manner in order to make it more enjoyable on the road.

In torrential rain, the little hatchback zipped along country roads without much complaint. Body roll is kept to a minimum and the steering feels on point. Hop into a manual-transmission model and suddenly it feels like the Yaris has much more than its advertised 106 horses. Peppy and eager to please, the clutch and throttle are easy to harmonize, and I'd recommend the 2015 Toyota Yaris as a first-time car to anyone who's just learned how to drive a stick. It's forgiving and easy to master, even in fancy Wellie boots (trust me).

### How does it stack up against the other small cars out there?

Here's the crux of the small-car conundrum: There are lots of choices out there. Nissan took the market by storm by releasing its sub-\$10k MICRA. The panic that spread across the industry was like a tsunami as both Hyundai and Mitsubishi scrambled to lower the prices on their Accent and Mirage, respectively. So, will Toyota suffer the same fate to keep buyers out of Nissan showrooms? Only time will tell.

The Yaris is a formidable opponent for the likes of the Nissan Versa Note and Chevrolet Sonic Hatchback, and in all honesty I believe it is brand loyalty that will win out in the end. Toyota has a reputation it continues to uphold, and with its latest Toyota Yaris that reputation will continue on.



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# Local Sports

*It helps that we are coming off a bye week where some guys have been able to let their bumps and bruises heal.*

## Bishop's heads to Montreal in search of first win

By Mike Hickey  
Special to the Record.  
MONTREAL

Thanksgiving will come early for the Bishop's Gaiters football team as they travel to play the McGill Redmen under the lights at Molson Stadium tonight.

Something will have to give, as the game features two teams looking for their first league win. The Gaiters and Redmen enter the game with identical 0-4 records although Bishop's has definitely played a tougher schedule, as all

four defeats were against nationally ranked teams. With only four games remaining in the regular season, tonight's contest is crucial for both team's slim playoff hopes.

"This is a must win for us," said Gaiters head coach Kevin Mackey. "We have had two night games already this year it's not a big change for us. We are used to playing at McGill at night. It helps that we are coming off a bye week where some guys have been able to let their bumps and bruises heal."

The Redmen will need to heal more than just physical bruises as the pro-

gram is reeling after the suspension of star running back Luis-Andres Guimont-Mota and the sudden resignation of head coach Clint Uttley. Guimont-Mota was McGill's top rusher averaging over 4.4 yards a carry but was suspended by the school after he was arrested for a domestic abuse charge that he has denied. Uttley handed in his resignation last week after disagreeing with a statement made by the McGill administration.

Tonight's game will mark the debut of the McGill's new co-head coaches, offensive coordinator Patrick Boies and defensive coordinator Ronald Hilaire. Both

were both full-time members of the Redmen coaching staff prior to Uttley's resignation.

Both the Gaiters and Redmen enjoyed last weekend off. McGill's last game was a 70-3 loss to the defending national champions Laval while the Gaiters will be looking to bounce back from a 26-3 Homecoming defeat at the hands of the eighth-ranked Mount Allison Mounties.

Last year Bishop's downed McGill twice, including a 30-29 road victory and a 40-21 win at Coulter Field. Tonight's game marks the lone match-up between the two squads in 2014.

## Cougar hockey teams battle for top spots

By Mike Hickey  
Special to the Record

The Champlain College men's hockey team will try and keep pace with league-leading Princeville when the Cougars play a pair of home games this holiday weekend. Champlain (8-1-2) trails the first-place Titan by a single point. They host Vaudreuil-Dorion Saturday and meet St-Leonard Sunday afternoon.

The Cougars are coming off an explosive weekend in which they scored 18 goals in a pair of victories over St. Hyacinthe and Granby. The onslaught began Friday when Champlain broke open a close game with seven consecutive goals en route to an 11-4 win over St-Hyacinthe. Hugo Roy led the Cougars with a hat trick while Daniel Disipio, Kevin Dumont, Jeremy Brown, Danny Sylvestre, Michael Rheume, Alex Carrier, Alex Bolduc and Edouard Michaud

added a goal apiece. In Sunday's 7-3 win, Cedric Montminy scored twice while Rheume, Roy, Dumont, Brown and Anthony Bonneau chipped in with a goal apiece.

Women's hockey, meanwhile, is off to a fast start and sits atop the provincial circuit at 5-1. They hold a two-point lead over St. Laurent although the Patriotes (4-0) have two games in hand.

The Cougars are coming off a solid 5-0 win over John Abbott on Saturday. So-

phie Gagnon paced the offence with a pair of goals while Katherine Dubuc, Delby Gouin and Maude Théberge rounded out the scoring with a goal apiece.

Caroline Fecteau was in net and recorded her first shutout of the season.

Champlain has a pair of games this weekend as they host the Lionel Groulx Nordiques Saturday at 4:15 p.m. at W. B. Scott Arena and then travel to Montreal to face winless Dawson.

### A RUNNER'S MIND

## Canadian singer/songwriter Dan Hill finds running feeds the soul

By Christine Blanchette

*"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that" - Dr. Martin Luther King Jr.*

The above quote is on Canadian international singer/song writer, established author and accomplished runner Dan Hill's website; posted July 17, 2014.

Hill says in his post: "Dr. King's (Jr.) message is my message to everyone out there, who cares, who has loved and lost or lost and then loved. Hope, kindness, forgiveness, and yes, love is all that matters." This is Hill's message on experiencing loss and tragedies in life. His recent loss was the unexpected death of his sister Karen. Hill's story about his late sister was published in *Maclean's*: "As she lay dying," A Memoir by Dan Hill on the loss of a beloved sister published July 6, 2014.

He said by email shortly after her death, "My sister's death and then an assortment of other stunning tragic losses of close friends, etc has really rocked me to the depths of my soul."

How does one deal with tragedy and setbacks? Some seek support from family and friends while others internalize to their passion to help deal with their turmoil. For Hill, running has been the answer to helping him cope.

In a profile published in *The Record* March 1, 2013, I described Hill as "unbreakable." You can add "unstoppable" to the Canadian Grammy and Juno award-winning Hill because he knows the therapeutic values that running provides. Indeed, unstoppable for continuing his passion for running despite the utter despair that followed the unexpected death of his sister, combined with the loss of several close friends, to the death of his father in 2003, and his bat-

tle with prostate cancer, which he has won. Safe to say, a lot of people would have given up at some point along such a tragic road that Hill found himself on.


In a recent email interview with the *Sometimes When We Touch* hit maker, he talks about his passion for running and how the sport has been the common thread to deal with personal setbacks and family tragedies. Hill not only hasn't stopped running, in fact he's running stronger than ever.

"Running is going well," he said. "Did a brutal hill workout a few days back and my distance runs are being bookended by hard core and strength workouts." He adds, I use the gym, weights, core, flexibility, and do a different run every day/treadmill or one half-mile loops. I like hill running when bounding. I also like long runs: 20 (miles) plus." For that post run, Hill enjoys cooking omelettes with lots of cheese and veggies.

This week, Hill changed his running routine: "I find that lots of walking before and after running helps my legs handle the distance." No matter what, Hill will keep running. He mentioned one of his favorite reads on running, saying, "I love the book by Japanese writer, Haruki Murakami, his memoir: 'What I think about when I think about running.'" Hill is currently writing three books, including one about how running eases the pain of mental illness as well as how running galvanizes the brain that "kick starts creativity."

For anyone who needs inspiration to start running or to keep it up despite life's obstacles, Hill is a testament that running can help deal with life's problems. He says it best here, "I am running better than ever - (it) helps the grieving."

www.runwithit.ca  
Twitter: christineruns  
YouTube - runwithitcb1



### The Record and Gaiters Football Contest

The Record has Bishop's Gaiters paraphernalia to give away!

**1st Prize:** Pair of tickets to the October 25 home game vs Mtl.  
**Bonus:** Gaiters portable stadium seat

**2nd Prize:** Gaiters Polo Shirt

**3rd Prize:** Bishop's Gaiters cap & Bishop's lanyard

**Gaiters Contest**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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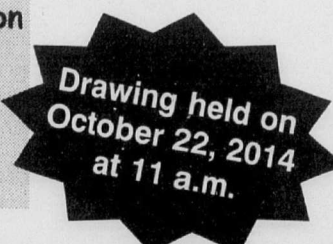
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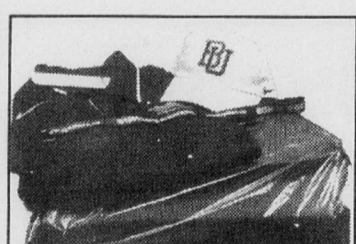
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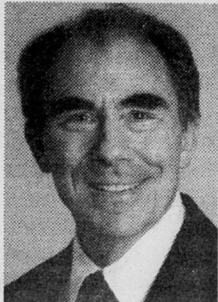
Items must be picked up at the Record office



# Good pair of glasses will correct most cases of astigmatism

ASK DOCTOR K



By Anthony L. Komaroff, M.D.

**DEAR DOCTOR K:** At my last visit, my eye doctor told me I have astigmatism. He told me what that means, but I still don't really understand what it is. Please explain it to me.

**DEAR READER:** Astigmatism means that the eye's cornea has an irregular shape, which causes vision problems. Astigmatism is very common; I am among the several billion people who have it. Fortunately, it's easy to correct.

Let's start with a little eye anatomy. The cornea is the clear, dome-like window at the front of the eye. Rays of light pass through the cornea and then through the lens, which focuses images onto the retina. The retina captures the images, then sends them to the brain via the optic nerve. (I've put an illustration of eye anatomy on my website, AskDoctorK.com.)

The cornea is normally round. In people with astigmatism, the cornea may be shaped like a football or oval. This causes light to scatter instead of focus on a single point as it passes through the cornea.

Blurred vision is the most common symptom of astigmatism. Some people describe it as double vision but in only one eye. You may develop eyestrain, squinting and headaches from working to focus on near or distant objects.

Many people have some degree of astigmatism; in fact, it is rare to find a perfectly formed eye. Though people are born with astigmatism, it is often not noticed until a child attends school or learns to read. Astigmatism tends to remain stable, but it may slowly worsen over time. An eye doctor can diagnose astigmatism using a standard eye examination.

Glasses are a good, reliable choice for correcting astigmatism. Patients who prefer contact lenses may be limited to hard contact lenses. Soft lenses are sometimes an option, but they aren't as effective for severe astigmatism.

Another option is corrective surgery. The most common type used to correct astigmatism is LASIK (laser-assisted in situ keratomileusis).

In LASIK, the doctor makes a small incision on the surface of the eye to create a small flap of tissue, which is lifted up.

Then the doctor uses a cool laser beam to correct the irregular shape of the cornea. Recovery is usually quick and painless.

When LASIK surgery was introduced, I took a wait-and-see attitude. The surgery clearly produced short-term improvement in vision, with minimal risks. But I was concerned about the possibility that over the longer term the surgery would become less effective, or there would be adverse effects. Today, after nearly 30 years of its use, I'm much more confident in recommending this procedure to my patients.

It's the unusual person, though, who needs surgery to correct astigmatism. Glasses have always worked for me, as did contact lenses.

I think eyeglasses are one of the most important medical discoveries — right up there with antibiotics, X-rays and vaccines. So many children and young adults begin to lose clear vision due to myopia, astigmatism and other common eye problems. Without eyeglasses, society would be much less happy and productive.

*Dr. Komaroff is a physician and professor at Harvard Medical School.*

## In Memoriam

**BEATTIE** - In loving memory of our mother, Bernice (Wilkin), who passed away October 9, 2011; father, Clinton, December 30, 1962; sister, Betty Ann, February 15, 1969.

*Gone are the days we used to share,  
But in our hearts you are always there.  
The gates of memory will never close,  
We miss you more than anyone knows.  
With tender love and deep regret,  
We will never forget.*

Missed by  
PRISCILLA  
LINDA (JACK)  
JAMES (JEAN)  
RICHARD

GRANDCHILDREN and  
GREAT-GRANDCHILDREN

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## Datebook

THURSDAY, OCTOBER 9, 2014

Today is the 282nd day of 2014 and the 18th day of autumn.

**TODAY'S HISTORY:** In 1635, Rhode Island founder Roger Williams was banished from Massachusetts Bay Colony as a religious dissident.

In 1888, the Washington Monument opened to the general public.

In 1967, guerrilla leader Ernesto "Che" Guevara was executed for attempting to lead revolutionaries in Bolivia.

In 1986, the musical "The Phantom of the Opera" opened in London's West End.

In 2006, North Korea claimed it had performed its first nuclear test.

**TODAY'S BIRTHDAYS:** Alastair Sim (1900-1976), actor; John Lennon (1940-1980), singer-songwriter; Jackson Browne (1948- ), singer-songwriter; Tony Shalhoub (1953- ), actor; Scott Bakula (1954- ), actor; Mike Singletary (1958- ), football player; Guillermo del Toro (1964- ), director; David Cameron (1966- ),

British prime minister; Annika Sorenstam (1970- ), golfer; Brandon Routh (1979- ), actor; Scotty McCreery (1993- ), singer.

**TODAY'S FACT:** Andrew Lloyd Webber's "The Phantom of the Opera" is the longest-running show in the history of Broadway, with 11,087 performances as of mid-September 2014.

**TODAY'S SPORTS:** In 1915, Woodrow Wilson became the first sitting president to attend a World Series game.

**TODAY'S QUOTE:** "Nothing really affected me until I heard Elvis. If there hadn't been an Elvis, there wouldn't have been the Beatles." — John Lennon

**TODAY'S NUMBER:** 36,491 — marble bricks used to build the Washington Monument.

**TODAY'S MOON:** Between full moon (Oct. 8) and last quarter moon (Oct. 15)

## SUDOKU

Difficulty: 4 (of 5)

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10-9-14

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### PREVIOUS SOLUTION

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### HOW TO PLAY:

Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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## RATES and DEADLINES: ANNOUNCEMENTS & NOTICES

BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 40¢ per word. Minimum charge \$10.00 (\$11.50 taxes included)

Discounts: 2 insertions or more: 15% off

With photo: additional \$18.50. DEADLINE: 11 a.m., day before publication.

BIRTHDAY, ANNIVERSARY & GET-WELL WISHES, ENGAGEMENT NOTICES:

Text only: \$16.00 (includes taxes)

With photo: \$26.00 (\$29.90 taxes included) DEADLINE: 3 days before publication.

WEDDING WRITE-UPS:

\$26.00 (\$29.90 taxes included) WITH PHOTO: \$36.00 (\$41.40 taxes included)

**Please Note:** All of the aforementioned (except death notices) must be submitted typewritten or neatly printed, and must include the signature and daytime telephone number of the contact person. Can be e-mailed to: [clas-sad@sherbrookerecord.com](mailto:clas-sad@sherbrookerecord.com) - They will not be taken by phone.

DEADLINES FOR DEATH NOTICES:

For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

For Tuesday, Wednesday, Thursday or Friday's edition, call 819-569-4856 or

fax 819-569-1187 (please call to confirm transmission) or e-mail: [production@sherbrookerecord.com](mailto:production@sherbrookerecord.com) between 9 a.m. and 5 p.m. the day prior to the day of publication. The Record cannot guarantee publication if another Record number is called. Rates: Please call for costs.

## TOWNSHIPS' CRIER

### TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, www.aa.org

### LENNOXVILLE

A.N.A.F. Unit 318 (Hut), 300 St. Francis St., Lennoxville Monday, October 20, meeting for men at 7:30 p.m. and Ladies' Auxiliary at 7 p.m. The Ladies' Auxiliary executive at 6:30 p.m. Come and support your Unit 318. Members join in planning the fall session.

### LENNOXVILLE/WATERVILLE

Lennoxville and District Community Aid will hold Blood Pressure clinics on Tuesdays, October 14 and November 11, from 1:30 p.m. to 3 p.m., at 164 Queen St., Suite 104, Lennoxville.

### BURY

Military Whist on Friday, October 24 in St. Paul's Church Hall starting at 1:30 p.m. Sponsored by St. Paul's Guild A.C.W. To reserve a table, please call Serena Wintle at 819-875-5210 by October 20.

### RICHMOND

Rummage Sale at Richmond-Melbourne United Church, 247 Principle South, on Saturday, October 18, 9 a.m. to noon. Donations welcome. All proceeds go to the Richmond-Melbourne United Church.

### LENNOXVILLE

Bingo on Wednesday, October 15 at 7:30 p.m. sharp at the A.N.A.F. Unit 318, 300 St. Francis Street, Lennoxville. Everyone is welcome! Info: 819-346-9122.

### SAWYERVILLE

The first Harvest Festival organized by the Sawyerville Community Garden will be held on Sunday, October 12, at the Auberge-Bistro Sawyerville starting at 8:45 am. There will be lots of learning and lots of fun. There is a small admission fee and a charge for dinner. Shuttle to the community garden by horse and wagon. Work-

shops, demonstrations, and displays on gardening, harvesting from the wild, growing nut trees, timber frame construction, and much more. You'll even learn how to braid garlic! Activities for children include pressing old fashioned apple juice, making corn husk dolls, face painting. Bring your bikes for a guided bicycle tour of 3 hours or of 1 hour starting at 9:00 a.m. from Sawyerville. For more information call (819) 889-2480 or email jcsawyerville@hotmail.com.

### SHERBROOKE

Advance notice. Saturday, November 8 from 4 p.m. to 6 p.m., the Church of the Advent, 473 Bowen St. South, Sherbrooke invites you to their annual Autumn Ham Supper with scallop potatoes, beans, rolls, desserts, tea and coffee with homemade items on sale. Everyone welcome.

### MARBLETON

St. Adolphe Parish Supper will be held on Sunday, October 12 from 4:30 p.m. to 6:30 p.m. at the Marbleton Centre Communautaire, 193 Principale St. E, Marbleton. Menu: Soup, salads, mashed potatoes, vegetables, ham and turkey, homemade dessert, tea, coffee and juice. We're expecting you! Information: 819-887-6669.

### LENNOXVILLE

Rummage Sale, Lennoxville United Church, 6 Church St., Thursday and Friday, October 9 and 10, 10 a.m. to 5 p.m., and Saturday, October 11, 8 a.m. to noon - Bag Sale.

### THETFORD MINES

Craft Sale at A.S. Johnson/St-Patrick Schools on Sunday, October 19, from 10:00 a.m. to 3:00 p.m. Hot dogs, sweets, coffee and drinks sold at noon. Three paintings by artist Roland Dostie to be raffled. Sponsored by the School Foundation. JOIN US!

### AYER'S CLIFF

Fall Roast Beef Supper with all of the trimmings, on Saturday, October 25 at Beulah United Church, 967 Main, Ayer's Cliff. Settings at 5 p.m. and 6:30 p.m. To reserve your tickets please call Wendell Cass 819-846-7180 or Dean Young 819-838-5815. Admission charged and everyone is welcome!

### AUSTIN

MS Branch 2000 social afternoon on Sunday, October 12 at the Municipal Hall, Millington Road, Austin with Jimmy Ed-

wards & The Country Folks. There is a cover charge at the door. Good old Country toe tapping music and laughter. Slight charge on soft drinks and chips to help cover costs, coffee and tea is free. B.Y.O.B. Light snacks served at 4 p.m. Everyone is encouraged to bring a few sandwiches or

a dessert to keep our costs down, and we thank those who do. It certainly is very much appreciated.

### BURY, RICHMOND, WATERLOO

Wednesday, October 15, 10 a.m. to noon, Townshippers' Association presents a free live videoconference session "What Is Autism?" with Dr. Mandy Steiman. Dr. Steiman is a clinical psychologist at the Montreal Children's Hospital. Offered through the Community Health Education Program, this session is open to everyone whether professionals or members of the public. Taking place at the Eaton Valley Community Learning Center (CLC) located at Pope Memorial Elementary School, 523 Stokes St., Bury and the Richmond & Region CLC, Richmond Regional High School, 375 Armstrong St. For information contact Shannon Keenan, sk@townshippers.qc.ca or Debbie Bishop, db@townshippers.qc.ca or call Townshippers' (Sherbrooke) 819-566-5717. For the session at Waterloo Elementary School, 5 Clark Hill, please register with Kate Murray, Townshippers' (Lac-Brome) at km@townshippers.qc.ca or 450-242-4421.

### BULWER

PLEASE NOTE CHANGE OF DATE. The Bulwer Branch of the Quebec Farmers Association will meet on Thursday, October 16 at the Bulwer Community Center at 8:30 p.m. Pot-luck lunch. Everyone welcome.

### MAGOG

Scouts 4th Lake Magog: Cubs aged between 8 to 10 and Scouts aged between 11 to 14. Our meetings already began but we are still welcoming new members. You can come to see us and register at PEES (Princess Elizabeth Elementary school) in Magog on Monday evenings between 6 p.m. and 7:30 p.m. Also adult volunteer needed, no experience necessary. For any questions please call Mrs. Lucette Brousseau at 819-843-3811.

### BULWER

Join us for a musical review honouring our veterans in melody and song on Friday, October 24, at 7 p.m., at the Bulwer Community Centre. Local actors and musicians will give homage to our veterans, soldiers and war brides. The admission charge will benefit the Eaton Corner Museum. Refreshments are included. Please note that veterans will be admitted for free. For more information call 819-875-3223 or visit www.eatoncorner.ca.

### DANVILLE

The Richmond County Historical Society Harvest Luncheon will be held on Sunday, October 26 at noon at Le Temps des Cerises Restaurant, 79 du Carmel St. in Danville. A delicious meal will be served and special certificates to long-term property owners will be presented. Dr. Desmond Morton from McGill University returns by popular request. His topic will be World War One and he will discuss the political consequences of the war for Canada. Admission

charged. For reservations, please call Don or Esther at 819-826-2793 by Monday, October 20. Cancellations should be made 48 hours before.

### LENNOXVILLE

The next meeting of the Canadian Federation of University Women Sherbrooke & District (CFUW) will be held on October 15 at the Amédée-Beaudoin Community Centre, 10 Samuel-Gratham St. in Lennoxville. The general meeting is at 7 p.m. with the guest speaker at 8 p.m. CFUW Sherbrooke and District member, Nataliya Veremko, will speak about the crisis in Ukraine that affects the hearts and minds of the citizens in Europe and elsewhere in the world. The outline of the current state of affairs, driving factors of the crisis, history and perspective of settlement as well as Canada's engagement will be touched upon. A Q&A session will follow. The public is invited to attend this free presentation and reservations are not necessary. The Centre is wheelchair accessible.

### RICHMOND

The Richmond Legion will be having an OKTOBERFEST celebration on Thursday, October 16. Music with Sam and Gilles from 4-7 p.m. and supper beginning at 5:30. German/Italian sausages, sauerkraut, assorted salads, dessert and coffee/tea. Everyone welcome - you don't have to be a Legion member to participate. Admission charged.

### LENNOXVILLE

Advance notice. Lennoxville United Church Christmas Bazaar and Turkey Supper will be held on Saturday, November 15, 2014.

### RICHMOND

Supper of homemade soups and homemade pies on Friday, October 17 from 4:30 p.m. to 6 p.m. at St. Anne's Church, 171 Principale Street South. Also having a Bazaar table opening at 4 p.m. Come and enjoy the festivities.

### NORTH HATLEY

Waterville-North Hatley United Church will be holding their annual Chowder Supper at the North Hatley Community Center, located on the Capelton Road (Route 108), on Saturday October 18. Admission charged and there is one sitting starting at 5:30 p.m. For reservations please call Derwin and Ruth McKinven at 819-842-4119.

This column accepts items announcing events organized by churches, service clubs and recognized charitable institutions for a \$7.00 fee, \$10.00 for 2 insertions of same notice, \$13.00 for 3 publications. Maximum 35 words. If you have more than 35 words the charge will be \$10.00 per insertion. Requests should be mailed, well in advance, to The Record, 1195 Galt St. East, Sherbrooke, Quebec, J1G 1Y7, be signed and include a telephone number and payment. Telephone requests will not be accepted. Admission charges and trade names will be deleted. No dances.

# Is there a way to confront her without making her belligerent

## Annie's Mailbox

Dear Annie: An acquaintance of mine (I'll call her "Minnie") drops by our home once a week and stays for several hours. If we offer her a beer, she protests a little bit, but then says, "Well, OK," and then asks what kind of wine or liquor we have. She somehow makes it seem as though she is doing us a favor by accepting what we offer and then lets us know about the better alcohol she is accustomed to.

Our neighbor told us that Minnie does the same thing at her place, always promising to bring something special to reciprocate, but she never does. The neighbor laughs it off, but we feel like suckers. Minnie talks about cutting back on alcohol to lose weight, but it's obvious she'll drink if it's free.

Other than not answering the door when Minnie shows up, is there a way to confront her without making her belligerent? We see each other and don't want hard feelings. — Tired of Sponger

Dear Tired: If you don't want Minnie drinking your booze, stop offering it to her. You can open the door and be polite and friendly but not ask whether she'd like a beer. If she says she's thirsty, offer her a cool glass of water. You don't have to confront her at all or create any hard feelings. You simply need to be less accommodating. We suspect after a few such dry visits, she will spend less

time knocking on your door.

Dear Annie: Here is another suggestion for "Disappointed Neighbors," whose teenage neighbors loudly rev their cars and loiter in the street by their house.

I suggest "Disappointed" set aside some time to chat with these neighbor boys as they do their revving. Ask about the engines, tires and paint jobs. Ask how to install an app on your phone. Offer a pitcher of lemonade. Perhaps they could share some easy listening music on their radio while they sit nearby in lawn chairs.

Either they will make friends with the teenagers, who may then be more considerate, or the teens will stop loitering around their new, uncool friends. — Kill 'Em with Kindness in N.C.

CALL SHERBROOKE: (819) 569-9525 BETWEEN 8:30 A.M. AND 4:30 P.M.  
E-MAIL: classad@sherbrookerecord.com  
OR KNOWLTON: (450) 242-1188 BETWEEN 9:00 A.M. AND 4:00 P.M.

DEADLINE: 12:30 P.M. ONE DAY PRIOR TO PUBLICATION  
OR MAIL YOUR PREPAID CLASSIFIED ADS TO  
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**145 Miscellaneous Services**

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**240 Fruits & Vegetables**

**MACDONALD'S FARM** - Open Saturday, October 11, 9 a.m. to 5 p.m. Good assortment of squash, pumpkins, gourds and fresh vegetables. 696 MacDonald Road (don't forget Belvedere is still closed). 819-346-6422.

**275 Antiques**

WE BUY from the past for the future, one item or a household, attic or basement, shed or garage. We like it all, give us a call. 819-837-2680.

**290 Articles For Sale**

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**294 Events**

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## REMINDER

**UPCOMING AUCTION**  
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Rte. 202, Dunham, QC  
Saturday, October 11, 2014 at 10 a.m. sharp  
Primitive antiques and tools  
ROSS BENNETT  
Bilingual Auctioneer & Liquidator  
Tel.: 819-563-2020 or 819-572-5609  
See Ross Bennett or Scott Bennett on FACEBOOK for photos of the auction.

**340 Garage Sales**

**NORTH HATLEY Moving Sale,** October 11, 920 Massawippi, North Hatley, 9 a.m. to 4 p.m. Items for sale include a regular size adjustable bed, kitchen table and chairs, dishes, assorted other furniture, lamp fixtures, torches and assorted antiques. Everything cash and carry!

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S	T	S	P	A	P	A	Y	A	D	I	E	S		

- Across**  
1 Kid-lit classic "\_\_\_, Plain and Tall"  
6 Dust Bowl refugees  
11 Part of many a texting request  
14 Unborn, after "in"  
15 "It's a Wonderful Life" director  
16 Pitcher rim  
17 "Tricky" puzzle  
19 Tenn. neighbor  
20 Commuter's woe  
21 Astronomy : Urania :: poetry : \_\_\_  
22 Basic chord  
24 City between Paris and Marseille  
25 "Just this time ..."  
27 Mensa membership consideration, perhaps  
30 Most plucky  
31 Myanmar, formerly  
32 SeaWorld attraction  
33 Stonestreet of "Modern Family"  
36 Actress Wasikowska  
37 "Let me give it a shot?"  
40 \_\_\_ Today  
41 Essentially fat-free  
43 Credit report blot  
44 Film with dusty streets, typically  
46 Seconds flat  
48 Eight dry gallons  
49 "Hiya!"  
51 Genesis creator  
52 Pasture measures  
53 User's shortcut  
55 Meditation beginning?  
58 Marine pronoun

- 59 \*Historic route west  
62 Noir hero  
63 Large jazz combo  
64 Tourist \_\_\_  
65 Origin of an egg-shaped spaceship  
66 Locations  
67 Praise
- Down**  
1 Alg. or geog.  
2 Razor brand  
3 20 quires  
4 First name in shipping  
5 Bee's nectar reservoir  
6 Vast expanse  
7 Longtime pitcher Jim with the nickname "Kitty"  
8 By its very nature, in law  
9 Afore  
10 "Being and Nothingness" philosopher  
11 "Unvarnished facts"  
12 Fragrant bloom  
13 Fictional falcon seeker  
18 Relaxed pace  
23 Left the runway  
24 Apollo lander, briefly  
26 General Bradley  
27 AT and PS/2 computers  
28 Nestlé \_\_\_  
29 Calamity, and what's literally hidden in the answers to starred clues  
30 Complain  
32 "Be right with you"  
34 "Ah! Say no more"  
35 Poet Sandburg  
38 Like New Mexico's climate, largely  
39 "Darned if I know!"  
42 Style  
45 Cool-cucumber link  
47 Poultry magnate John et al.  
48 Alpine capital  
49 Must  
50 Yellowish pigment  
51 Highland Games participants  
54 "A Death in the Family" author  
55 Agreement  
56 Wealthy, in Juárez  
57 Ben Gurion airline  
60 King at Versailles  
61 King in old Rome

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62					63						64		
65					66						67		

### CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"MSR LZM UY OIYKKM, ZGT MSR LZM  
UY KZAYGKYT, URK GSUSTM BFAA  
IYLYLUYI KWZK FC MSR'IY LYZG."  
— XZKFY WSALYD

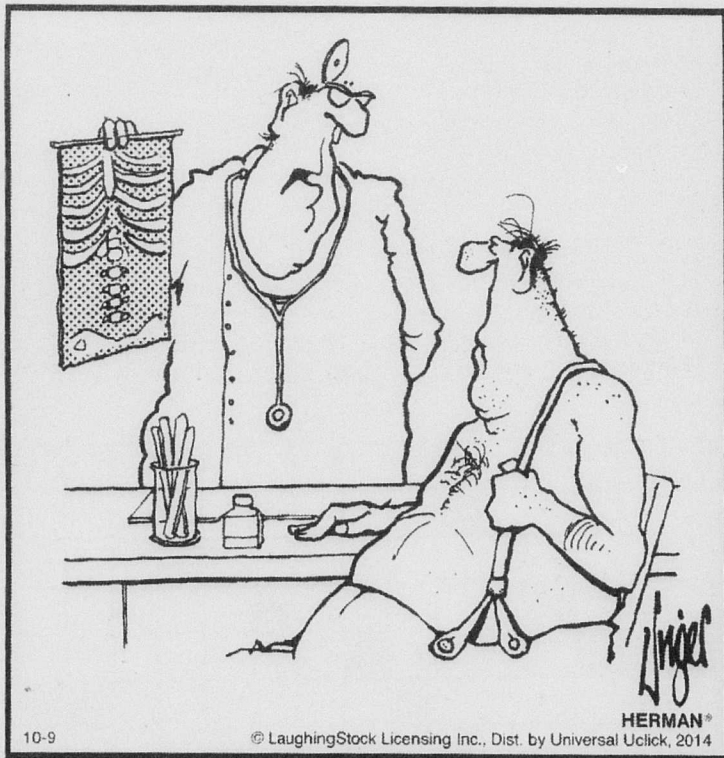
Previous Solution: "From the start it has been the theatre's business to entertain people ... it needs no other passport than fun." — Bertolt Brecht

TODAY'S CLUE: F equals C

### KIT N' CARLYLE



### HERMAN



"I warned you about iron tonic.  
Your stomach's rusty."

### ALLEY OOP



### ARLO & JANIS



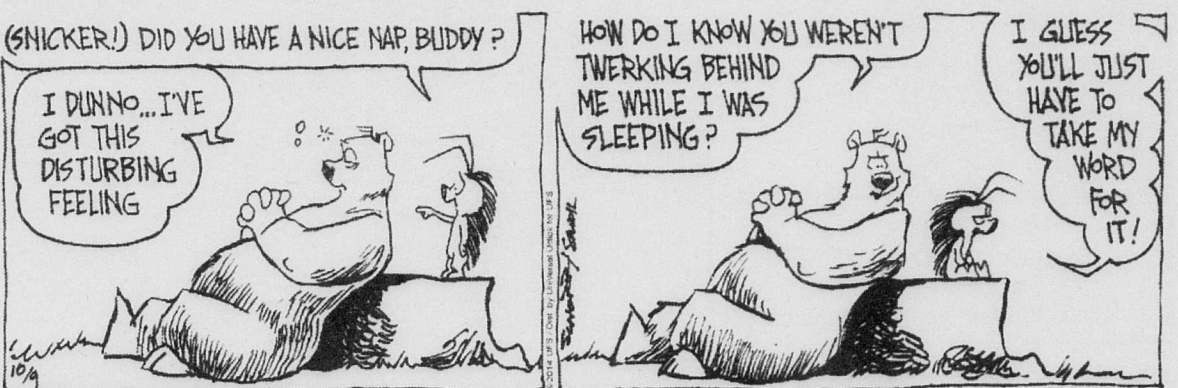
### THE BORN LOSER



### FRANK AND ERNEST



### GRIZWELLS



### SOUP TO NUTS



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