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**Phoenix rack  
up three more  
losses**

Sports - Page 7

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PM#0040007682

TUESDAY, NOVEMBER 20, 2012

A tribute to  
Herbert Cecil Rowell  
He gave, and  
then he gave  
some more

By Barbara Lavoie  
Record Correspondent

"He was very significant in Bury."  
- Pat Boychuk, past president of the  
Compton County Historical Museum So-  
ciety.

For more than 90 years, Herbert Cecil Rowell could be counted on to fulfil his commitments, and tell a good story.

When he did not arrive on Friday, Nov. 10 at Pope Memorial Elementary School to join his fellow legion members in honour of Remembrance Day, alarm quickly spread among the small group of friends.

Their worst fears were realized. Rowell had died in his home two days earlier.

"It (Herbert's death) shocked the community," said Muriel Watson, longtime friend and among those at the school representing Bury's esteemed Branch 48 of The Royal Canadian Legion.

"He was the current legion president, and he had planned to give the talk that day," she added.

Born in 1922, Rowell grew up on the family farm near East Clifton. After his mother died in 1933, he was just 11 at the time, he took up the responsibility

CONT'D ON PAGE 4

**City to force demolitions**



AL BARBER

The City of Sherbrooke is going to court to force the demolition of two dilapidated buildings in the city including this one located at 292 Queen Street.

The Record  
SHERBROOKE

The City of Sherbrooke is going to court to force the demolition of two dilapidated buildings in the city, both of which have the same owner.

Guy Larkin, the proprietor in question, says he wants to demolish one and is awaiting permits to do so. The other,

he says, he wants to renovate.

Both buildings are in very poor condition. One is located at 292 Queen Street, Lennoxville between the old Hells Angels bunker and the borough core. The other is located at 9177 Chemin de Saint-Élie, not far from the old Drag race track.

As a creditor who held mortgage guarantees on these properties, Larkin acquired the properties in lieu of in

2010 and 2008 respectively.

The city has tried to force Larkin to repair the buildings since then, to no avail. Larkin, the city claims has refused to cooperate.

The Lennoxville property has been for sale or rent for a long time. It houses a commercial and industrial building whose roof threatens to collapse "in the

CONT'D ON PAGE 3

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### Champlain Theatre presents Dream Girl

The Theatre Production class at Champlain College is pleased to present Dream Girl, a fantasy by Elmer Rice.


Georgina is a single 24 year-old woman who works in a bookshop and loves to write in her free time. She has a vivid imagination and is often caught up in her daydreams. Georgina is usually daydreaming about her sister's husband Jim Lucas, with whom she is madly in love. To try to forget him she dates other men, always without success. On this particular day, she struggles with decisions both in her daydreams and in reality that will make both of her worlds collide.

Dream Girl will be presented at 7 p.m. on Nov. 21, 22, 23 and 24. Tickets are \$5 and available at the door. Do not miss this rendez-vous that will take place at the Champlain Hangar (past the Bishop's Sports Centre). For additional information contact jlavioe@crc-lennox.qc.ca

Source: Nancy Beattie, Dean of Student Services 819-564-3666, ext. 200

### Weather

 TODAY: MOSTLY SUNNY HIGH OF 5 LOW OF -10

 WEDNESDAY: MIX OF SUN AND CLOUD HIGH OF 7 LOW OF -6

 THURSDAY: SUNNY HIGH OF 7 LOW OF -9

 FRIDAY: SUNNY HIGH OF 10 LOW OF -6

 SATURDAY: CLOUDY, SHOWERS HIGH OF 4 LOW OF 0

## Sherbrooke inaugurates real time road conditions service

SHERBROOKE

With the imminent arrival of winter, the City of Sherbrooke is launching a pilot project offering a new information tool for owners of smart phones. To be notified of road conditions or issues in the Sherbrooke area in real time, users can register for a brand new text messaging service. To subscribe, text the word NEIGE to 51111 using a smartphone. It should be noted that costs might be applicable depending on an individual's phone contract. For those who wish to

subscribe to this service, but don't have a smartphone, messages can be sent to an email inbox. To subscribe, simply visit sherbrooke.ca / NEIGE and sign up for email alert (alerte-courriel).

At the same website, information about snow removal from roadways or sidewalks is also available. One can also call (819) 821-5858 to report problems or to ask questions. Someone will respond no matter what time of day or night, 365 days a year.

The city's maintenance department is also seeking the collaboration of the public, which also has a role to play. Cit-

izens are reminded to place their waste collection bins by the road only on the day of the scheduled pickup and to remove them as soon as possible. Sherbrooke residents are also asked to respect parking restrictions in places and times specified, and to not shovel or blow snow into the street. The results of this pilot project will be evaluated in the spring of 2013.

Sustainable practices in winter maintenance already in place will continue this winter. For more information, see the document "Vivre avec l'hiver" on sherbrooke.ca / snow

## Lennoxville Vocational Training Centre extends a helping hand to Haiti

The results of a student project in the machining and welding classes at the Lennoxville Vocational Training Centre (LVTC), will have a direct impact on clean drinking water in Haiti. The yearlong project, led by LVTC teacher Shayne Mackey, has produced molds that will be used to make biosand filters that turn 'brown' surface water into clean drinking water.

In 2011, Mr. Mackey was ready to make a donation to the Clean Water for Haiti project. In reviewing how their biosand filters were produced he saw not only an opportunity to give more than a monetary donation but a way to involve his students in a work project that would give back. By having the students make the molds for the bio sand filters they would be working on the various competencies necessary for learning their trade as well as a powerful lesson in social responsibility. Bringing life lessons into the welding shop was a new twist that was eagerly endorsed by Mr. Mackey's colleagues as well as the students.

"When I spoke with my fellow teachers here at the centre about the project and started explaining that over 3.5 mil-

lion people die each year from water related disease, with most of them being children under the age of five, the response was, how can we help" stated Mr. Mackey. "Haiti is the number one water impoverished country in the world, with the highest infant mortality rate in the world. I knew we had the skills here to build the molds to make the biosand filters and now I knew we had the people on board to make it happen. The goal was to produce 10 molds and in the end we have 20 ready to send to Haiti."

The welding and machining students now meet the challenge of honing the competencies necessary for building the molds with the added goal of their final class projects offering a second chance to children and families in Haiti. "We usually work on projects to make tools for our own trade and shop. It was really rewarding to work on something that we knew was going to change thousands of people's lives, for the better," commented Charles Gauthier, a student at the centre who was involved in the project.

The last step is to send the molds to Haiti, where they can be used to start

making the filters and saving lives. In discussions with the driving school, the Centre de Formation du transport routier Saint-Jerome, Mr. Mackey has been able to secure transportation from Lennoxville to the port of Montreal. "I would like to personally thank Alain Piché, Annie Gauthier and René Labrie, for their generosity in enabling us to get the molds to the port. The last hurdle was raising the funds needed for the shipping costs from Montreal to Haiti and our centre has offered to cover it," expressed Mr. Mackey.

The centre, which is part of the Eastern Townships School Board, offers nine accredited programs leading to a Diploma of Vocational Studies, including: Machining Techniques, Welding and Fitting, Accounting, Secretarial Studies, Health Assistance and Nursing, Assistance to Patients in Health Facilities, Home Care Assistance, Professional Sales, and Representation. Students at the Lennoxville Vocational Training Centre benefit from highly qualified bilingual teachers. The recently renovated centre boasts modern equipment and a cordial family atmosphere.

## Snow's a go on local mountains

Sherbrooke snowmaking operations are underway at several regional ski centres as the arrival of colder weather is spurring operators to prepare for the winter season.

At Mt. Orford, the snow machines have been at work since Thursday, ac-

ording to its Facebook page.

The hill is not promising that it will be open next weekend, but adds that the resort is taking advantage of whatever cold spells arrive to try to lay down a snow base.

The cannons are up and running at

Mt. Sutton and Bromont, as well, and both sites hope to be open by the end of November, weather permitting.

Environment Canada is forecasting very cold nights later this week with lows of minus 11 and minus 13 degrees.

### Ben by Daniel Shelton



# LOCAL NEWS

Laughter and singing were heard throughout the building fuelled by the resurgence of long-lost inside jokes and a large pile of photographs.

## Youth Forum reunion gathers from across the continent in Sherbrooke

Gordon Lambie  
Special to The Record

On Saturday afternoon, Nov. 17, close to one hundred people gathered in the hall of Plymouth-Trinity United Church in Sherbrooke for a reunion of the participants of the United Church of Canada's Quebec-Sherbrooke Youth Forum across its entire 38-year existence. The gathering, thought by organizers to be the first of its kind with this particular group, was open to any person who had ever attended or participated in a youth forum from 1974 to the present day as well as their spouses and children.

The event began casually at 2 p.m. with an informal coffee hour, allowing participants young and old to arrive in their own time, meet up with old friends, and start to get to know the new faces in the crowd. Youth Worker Shanna Bernier organized the event, coordinating the location, a lasagna supper, communications and babysitting services for 15 children of varying ages.

Bernier officially welcomed the group at around 3 p.m., recognizing those among the group who had traveled the farthest (from British Columbia and Florida), and mentioning the regrets of all those who were unable to be at the event for one reason or another. She proceeded from that to briefly update those gathered as to what the Youth Forum is up to in the present day. What followed was an afternoon and



GORDON LAMBIE

Participants of Youth Forum from across its 38 year span shared stories and community at Plymouth-Trinity United Church on Saturday afternoon.

evening of fellowship, connection and re-connection, as people from different cohorts mingled and spoke to each other about the traditions that have come and gone, and those that carry on as strong as ever. Prior to breaking for supper, five "voices from across the generations" shared their thoughts and feelings on the day beginning with 22 year old Jamie Webber, who shared a sentiment echoed by many in the room, "I don't think it's possible to overestimate how important youth forum has been in my life...It's really shaped what I think I'm going to do for the rest of my life."

Also among the speakers was Rev. Mead Baldwin, who was a participant at the first youth forum in the region in

1974, and who shared, "Youth Forum is a place where we really discover who we are, and where we belong." Author and alumna Zoe Whittall echoed that sentiment saying, "Youth Forum small groups became some of my first opportunities to figure out what my opinions were about emotional, spiritual, and political issues."

Tom Edmonds, the last to speak, was among those who organized that first forum in 1974 and has been very close to the community ever since. His book, *Take off Your Shoes*, is a history of the events from 1974 to the year 2000, and he spoke to his insights and experiences from the events for close to half an hour, during which not even a parade of yelling toddlers stirred the attention of those listening.

The event mimicked the forums it was celebrating, featuring a communion service after supper, followed by a volunteer driven variety show. Laughter and singing were heard throughout the building fuelled by the resurgence of long-lost inside jokes and a large pile of photographs that was constantly being picked over and examined for memories.

The reunion finished up around 10:30 p.m., with many people having to make long trips home, but the overall feeling of the room was one of joy and reconnection, and the strong feeling from many that while this might have been the first such reunion, it should not be the last.

## 401 extension between Dunant and University opens today

Another section of the 401 extension will come into service today, the Quebec Ministry of Transports has announced.

The section, from University Blvd to Dunant Street will open to traffic gradually in the morning and should be operational by noon.

Motorists can now use the new section and ramps and exit Highway 410 to get to Route 216. The opening of the overpass on Dunant is expected by Nov. 30.

The length of the new section, from University Boulevard to Dunant, is 3.6 kilometres. The work, undertaken in 2009, required the construction of three

interchanges and three overpasses: on University Boulevard, at Rte 216 and on Dunant.

Crosswalks in the area of Galt and University Blvd were also changed. To increase security, the MTQ has asked pedestrians to use the crosswalks and obey signals.

## City to force demolitions

CONT'D FROM PAGE 1

very near future," said an inspection report performed by the City. The demolition of the front part must be completed before the winter, it says.

"It is imperative that access to the building is prevented," the report says, "the building should have emergency barriers or warning tapes installed all around to restrict access or, if applicable, notify people that access is at their own risk."

"The building will be demolished in the coming weeks," Larkin told local media. "If it was just me, it would have been demolished a long time ago, but it's been weeks since I asked the City for

a demolition permit."

The request was in fact made on Oct. 25, and a permit is usually issued two or three weeks later, provided it conforms to regulations.

The building on Ch. Saint-Élie comprises a residence, a carpenter shop and a barn. It has been abandoned for about two years. The building is not visible from the road, has never had siding, and animals have taken up residence. It does not meet building safety standards and it shows signs of aging and could become dangerous in the "medium term." It also includes a third floor, while zoning only allows for two.

Larkin said he wanted to renovate this building rather than demolish it. Engineers have been especially commissioned to assess the structure. "The City allowed the construction of this building even though it was not in accordance with the regulations," he points out.

In both cases, the City intends to apply to the Superior Court for permission to demolish the buildings at Larkin's expense if he refuses to do it himself. It will be several months before this case can make its way through the legal system.

## Hernan Guerrero funeral: Family granted visas

Gordon Lambie  
Special to The Record

Amid concerns that the family of Hernan Guerrero, victim of the explosion at Neptune Technologies and Bioresources, would not be able to obtain visitor's visas in time to attend the funeral this coming Saturday, the office of Sherbrooke MP Pierre-Luc Dusseault released information Monday afternoon that the Canadian embassy in Bogota, Colombia, had granted said visas.

In his statement, Dusseault, expressed his relief at the decision.

"This tragic event shocked our community," the MP said "The presence of Mr. Guerrero's family will ease our pain."

Dusseault assisted the Guerrero family in obtaining the authorizations required from the Canadian government. Mr. Guerrero's mother, mother-in-law and sister-in-law all obtained their visitor's visas to attend the funeral on Saturday, Nov. 24. They will arrive in Canada on Tuesday or Wednesday.

"I'm pleased that the government processed this file quickly. They understood the necessity and importance of the request. The family will now be able to grieve properly. I am very grateful for this," concluded Dusseault.

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# A tribute to Herbert Cecil Rowell

CONT'D FROM PAGE 1

of cooking for his father, younger sister Elva and older brother George.

In 1942, he voluntarily enlisted in the war effort. By November that year he had landed in Liverpool as a transport driver with the Royal Canadian Army Service Corps, those that moved supplies of all kinds, food, fuel, etc. to and from the front lines.

Serving as an ambulance driver in Britain, Belgium, Holland and Germany with the No. 2 Motor Ambulance Convoy for most of his three years in the service. His demobilization didn't come until late into 1945 as the corps was needed to remove war supplies, he picked up the wounded and dead from the front lines, Canadian, German and Allied soldiers, at times finding himself behind enemy lines.

"He told many stories about the war. One of the many was how during the night in the ambulance he became lost and drove into a small town. He noticed a group of soldiers being marched along the road ahead, but as he approached he saw they were German. Dad said he held his head high, looked straight ahead and drove by without incident," said Allan Rowell, the oldest of the family of five children, and a cartogra-



Herbert Cecil Rowell served in WWII from 1942 to 1945 in Britain, Belgium, Holland and Germany as a transport or ambulance driver in the No. 2 Motor Ambulance Convoy. This photo was taken in Brussels, Belgium in 1944.

pher with Statistic Canada. "His experiences in the war lived on the rest of his life. Of course, we heard them over and over again, but as we grew older he would add even more detail

than he usually did, incredible detail for someone who only finished grade seven, so they started getting more interesting," he added.

Hard-working and talented

with tools, a self-taught mechanic, Rowell kept "his ambulance" running long past those of other drivers - more than 15,000 miles compared to the average 10,000 when they were scrapped. He and another driver were responsible for keeping the truck going 24 hours/7 days a week.

After the war, and after Rowell and his young family moved to Bury, he and Grant Taylor, also a WWII veteran, became lifelong friends, and were both very much involved with the legion.

"He was very much like me," said Taylor, adding, "I was an air force vet, and he army. We both had to quit school and work when the depression hit. Herb was a very good friend of mine."

Taylor served in England in the Bomber Command, enlisting about the same age, he being 13 months older than Rowell, from his home in Birchton, and serving for about the same length of time.

"I presented his WWII medals and the Canadian flag that draped the coffin to his son Allan at the funeral," said Taylor.

After marrying Nina Ivy Parsons in 1947, he and his wife, who passed in 2009, ran a grocery store, snack and gas bar together in East Clifton. After leaving the family farm to his brother George, the Rowell family moved to Bury, buying a small 50-acre property just outside Bury on the road to Scotstown.

Rowell worked full-time, five-and-a-half days a week, for a woodworking factory, Concord Woodworking, in Sherbrooke, but they continued to operate a small farm, while raising their family.

"He liked farming. And he appreciated things, enjoyed collecting stuff, especially tools. He and my uncle took an old car and rebuilt it into a tractor for raking hay. He was good at improvising to help keep things going," Allan explained.

His late wife Nina, following in the footsteps of her mother Ivy Parsons, is widely recognized for her extensive documentation of life through stories and genealogy in Bury and the surrounding areas, including Knicky Knocky, for various historical/heritage societies, and organizations such as the women's institute.

"He was very significant in Bury," said Pat Boychuk, past president of the Compton County Historical Museum Society.

Boychuk explained both Herbert and his wife Nina were very active in the museum activities, noting they were "both in it together, doing fundraising, holding various board roles over the years."

"One of Herb's favourite pastimes was talking, he was not a gossip, but telling stories about his war experiences, and his family. If he knew you, he liked to have a cup of tea and talk with you. I liked him, and his wife very much," she added.

The couple were members of the heritage and museum society for at least 30 years, up until the late 90s.

Telling stories, playing cards, he especially enjoyed the game 500, attending local events such as Irish Days, Friendship Days and music nights, and gardening were some of Rowell's most loved activities.

"I think my father would have highly approved of the funeral. The service was as if he had ordered it," said Allan.

At his funeral officiated by Rev. Mead Baldwin, eulogies were given, the McByrnie Brothers performed a couple of songs, and his nieces, Emily Baldwin (daughter of Carolyn) and Joanna Rowell (daughter of Nelson) sang, We'll Meet Again, recorded in the 1940s by Vera Lynn, and made popular during WWII. Burial followed in the Bury Cemetery.

Watson described how Rowell was honoured with the traditional "poppy drop." Just prior to the closing of the coffin, legion members line up one by one, remove their poppies, placing them on the deceased.

Branch 48 provided an honour guard at the funeral visitation and service held in the Bury United Cultural Centre, one of the town's several gathering places, and one of several initiatives in which Rowell played a significant role.

A member of the United Church all his life, Rowell was among those who worked to retain the Bury United Church as community centre when it was decided to close the building in the mid-1990s.

"He lived a good life, and he went quickly. He had not wanted to suffer through a long illness, and would have preferred to go sitting in his chair watching the hockey game, but that wasn't possible this year," said daughter Carolyn Baldwin (Rowell), contract faculty at Bishop's University and a private practitioner teaching creative writing.

Known to the community as both "Herb" and "Herbie," Rowell will indeed be missed, but he leaves behind an enduring legacy of commitment and dedication to task, to family and to community.



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Gifts for children are also needed, if wrapped please indicate boy/girl, age group.

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# Alberta fugitive nabbed in Richmond

SHERBROOKE (McD)

A full-patch member of the South Land chapter of the Hells Angels in Calgary, was arrested last Friday at an apartment in Richmond. He is wanted in Alberta for drug trafficking.

The Sûreté du Québec received an anonymous tip Thursday night indicating the presence of 41-year old James Gregory Marosi hiding in the basement of an apartment building on 7th Avenue South in Richmond.

Preliminary information was transmitted to Info-Crime who relayed information to the SQ criminal investigations division. The SQ verified

the validity of the arrest warrant with authorities of Calgary. Once the warrant was verified, police were able to arrest Marosi at around 10 a.m.

"Information transmitted to us anonymously is valid and has the same value as that received by people who agree to be identified," said SQ spokesperson, Aurélie Guindon. "This arrest demonstrates the strength of the partnership between the police and the organizations that work with us."

The contribution of Info-Crime, Calgary police, the prosecutor, the police investigators and the SQ contributed to process this information in less than 12 hours to arrest this individual."

# Windsor school air quality questioned

WINDSOR (McD)

Health problems persist at Saint-Philippe Elementary School in Windsor as parents who continue to express concern over symptoms experienced by their children, and teachers at the school have filed a complaint with the CSST.

"There are at least three teachers who have made a complaint to the CSST relating to health problems they strongly suspect to be connected to their workplace," says Richard Langevin, president of the Estrie teachers union. "We're talking about breathing problems associated with asthma, irritation and swelling of the skin, and dryness in the eyes. In addition, a secretary has experienced serious health problems associated with this. People who don't suffer from asthma during the summer develop symptoms as soon as they return to school. The link seems pretty obvious."

Parents at the school contacted media last spring to voice their concerns about the quality of the air at the school. Among the symptoms students experienced were headaches, asthma or eye irritation. Parents also stated that their children's health and respiratory issues worsened during the school year, but became stabilized during the summer.

An expert report released in March found that, in general, the school's air quality was good, but that traces of mould were found that needed to be removed. Since then, work has begun to accomplish just that.

Last week, officials from the CSST, the teachers union and the school board visited the school to see how work is progressing. As all seems to be proceeding according to plan. Officials said they need to wait until a new air sample can be tested to compare with previous results.

# Second and last call for Coaticook's 150th projects

COATICOOK

The organization behind celebrations for Coaticook's 150th anniversary in 2014 is once again calling for project proposals, reminding those interested that the deadline for applying is Dec. 1 of this year.

To date, the book Witness to the History of Coaticook and its families has enrolled about 40 families and those still interested in submitting their families' tales, pages are still available for the cost of \$300 each (\$150 for a half-page), for which they will receive editorial help, if needed, and a copy of the final book. Those interested in this project should contact Manon Provencher at man.p@hotmail.fr.

Thirty projects were submitted under the first call and although this number may not be exceeded in the second, there is still time to make your suggestions by filling out the form for this purpose, which can be obtained in

person at Coaticook city hall or online at <http://ville.coaticook.qc.ca/doc/projects150.doc>. Criteria taken into account when evaluating projects are based on the slogan 'Celebrating the past, shaping the future,' - a theme wide open to creative interpretation.

Although Coaticook celebrates its 150th anniversary in 2014, the festivities will run from the beginning of 2013 until the end of 2014. To do this, the Corporation can count on the participation and involvement of major sponsors including, among others, the Caisse populaire Desjardins des Verts Sommets de l'Estrie and Le Progrès de Coaticook, a partnership donating \$25,000 over three years.

Everyone is free to determine how he or she intends to participate in the 150th anniversary celebrations, but certainly, there will be many invitations. A web portal for the event will be up and running soon at [www.coaticook150.ca](http://www.coaticook150.ca).

# Firefighters to get new digital tool

SHERBROOKE

Sherbrooke firefighters will soon have a high-tech tool to help them identify risks associated with industrial accidents. Identified hazards will soon be catalogued digitally and available to firefighters through computer terminals in fire trucks. Currently, this information is only available from 911 operators. Moreover, the information is not completely up-to-date.

Inspectors are currently conducting a tour of all industrial buildings in the city to update the data. Some plants, as was the case of Neptune Technologies where three people died in an explosion two weeks ago, have not been inspected.

Work on completing the risk database and preparing it in digital form has been going on for the past 18 months. The system, designed by Geomatics, allows firefighters to zoom in on a digital map to see all the health and safety risks associated with a particular building or site. If a building is marked green, there is no particular risk associated with it. Orange would indicate a minimum or specific risk, such as a large propane tank on a property. Properties with high risks associated with them will be coloured red.

Each colour provides an indication to officers on the number and type of emergency vehicles that are required.

The University of Sherbrooke has also provided digital plans for all of its 89 buildings with an inventory of hazardous materials they may contain. Obviously, laboratories have been of particular interest.

The map is so detailed that it shows not only the location, but also the specifics of each hydrant, such as water pressure and the diameter of the valve.

"Every second counts," says firefighter Michael Howard.

The tool also shows the layout of water and natural gas pipelines. Through an overview of a particular sector, the tool synchronizes data from Environment Canada for wind direction and intensity. A controller can then call every phone number in a specified area should evacuation be necessary.

The city's blue-collar workers already have access to a system that allows them to respond much more quickly and with better coordination to disasters such as floods, major accidents, etc.

To coordinate all services, a command centre has been located in a room at the Centre Rolland Dussault. In case of a disaster, the various officers and division heads can better coordinate their emergency teams from a map projected on multiple screens.

As for officials on the ground, they will eventually have access by digital tablets or smartphone.

## Record archives compiled into book

This fall, **The Record** began the arduous task of scanning and digitizing original copies of the front pages of our newspaper from the turn of the century.

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Early editions provide first-hand accounts of the efforts and sacrifices of two World Wars, the Depression, fires, floods, crime and punishment.

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**The Record** was a driving force behind the formation of boards of trade, a watchdog over town councils, a lead advocate for the extension of the railway to local communities and a vigilant

protector of the region's natural resources.

Our goal today is to print volumes in segments highlighting the most important stories of each decade. **Volume 1 from 1911-1920 is scheduled to be available for Christmas giving.**

Only a limited number of the bound 10" x 13" editions of some 150 pages will be printed and **sold for only \$25. plus taxes (\$28.75), plus \$10. for shipping if needed.**

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Payments may be made with a visa or mastercard or by cheque sent to **The Record, 1195 Galt St. East, Sherbrooke, QC, J1G 1Y7.**



# EDITORIAL

Medication and restraints are uncommon treatments for dementia in Denmark. Locked wards and confinement are, in fact, illegal.

## The respect and dignity they deserve



SUSAN MASTINE

When my memory slips, I told my elder son, ship me to Denmark. There, I know, I would never be locked in against my will.

The CBC Radio program Sunday Morning this past week featured a documentary on how the elderly and especially those with recollection issues are treated in this Scandinavian country. Entitled It's Their Life, it was a real eye-opener.

Imagine life where individuals with memory challenges are free to decide what they want to do during the day, to go on vacations, and to roam on their own. Impossible, you might think. Irresponsible, you might believe.

Think again. These seniors are not being ignored or neglected but supported and guided.

As opposed to living amid others in uniforms, with no music, no inkling of happiness, and where many look like one other - in drab clothing with the same hairstyles, in Denmark, respect for individuality and the freedom to decide what one wants to do take top priority. The basic philosophy is that everyone has the right to have a say in what happens in his or her life on a daily basis, regardless of illness or age. Alleluia! Somewhere there are decision-makers and caregivers who are not only treating those with dementia with the respect and dignity they deserve, but they are also focusing on each person's needs and preferences from every perspective.

The attitude Danes have adopted towards someone whose mental capacities are diminishing is not that the person is "losing it" but rather that his or her reality is shifting and that it is vital to accommodate these changes. Understanding the person is critical, as is respecting his or her tastes, and, of course, needs. This means everything from providing those with memory challenges with personal keepsakes like paintings and photographs close by to letting them sleep in until 11 a.m. or go outside

on a whim - all scenarios fraught with concern among family members and others providing care. Aggression is not inevitable and, should it appear, it is a sign of not understanding the person and his/her needs or preferences.

Recognizing each person's right to make his or her own decisions means that daily activities organized for those with dementia are generally non-structured and spontaneous and resemble something we would like to be doing on our day off. The belief is that the body remembers anything good and adventures are important because they make people feel alive. Things like walking on uneven terrain, laughing, and singing are known to be good for the brain.

Individuals are encouraged to contribute their talents and resources - feeding the birds, undertaking woodworking projects, helping with meals, doing the dishes, for example.

Exercise is stressed - long walks, biking, swimming, hiking in the woods, running. Such physical activity not only helps keep the person more physically fit, it also makes him or her feel good and provides potential topics of conversation afterwards among those who otherwise have little to discuss. Those who are more independent and want or need some alone time are allowed to strike off on their own - with a GPS. Anyone refusing a GPS has to agree to have a personal escort.

Medication and restraints are uncommon treatments for dementia in Denmark. Locked wards and confinement are, in fact, illegal. Personal freedoms are fiercely guarded and the right to make one's decisions is the driving principle behind the Danish approach. As the documentary indicates, life goes on after a dementia diagnosis. In nursing homes, everyone has his or her own room including a bed, sofa, and keys; seven to eight people share a kitchen and dining room. Individuality is preserved; pets are encouraged; fresh air and exercise are mandatory every day.

Denmark has it right. Respect and self-determination are essential concepts that must govern the care given to residents in nursing homes. Local seniors' facilities should be studying the approach in Denmark and Don't Fence Me In should become their theme song.

## Letters

*The Mayor can expect little support from Lennoxville in his re-election bid next year if he attempts to impose his way on our community.*

DEAR EDITOR:

In reaction to last Thursday's article in The Record where Mayor Sévigny is quoted as saying that he will include in his 2013 election platform another attempt to centralize borough powers and staff to Sherbrooke and reduce the number of Councilors, Mr. Sévigny needs to be reminded that the citizens of Lennoxville came out "en masse" to a public consultation last April to denounce such a gutting of our Borough.

The citizens were unanimous to say that they cared for their community, culture and harmonious way of life and did not want powers and Borough staff to be taken away from

Lennoxville. Our Borough office has bilingual staff who are dedicated to our citizens and who work closely with the many community groups and volunteers. The elimination of this staff will clearly result in a loss of bilingual service and will lead to a deterioration of our quality of life - citizens stood up before and they will stand up again, we will not accept it!

The actions of the Mayor last spring led to the formation of the vibrant Lennoxville Residents Association and the Mayor can expect little support from Lennoxville in his re-election bid next year if he attempts to impose his way on our community.

MARK McLAUGHLIN  
BOROUGH OF LENNOXVILLE COUNCILOR

## No to Cogeco's Orford Township project

*We deplore the lack of democracy with the consultation process held at the end of autumn.*

DEAR EDITOR:

An invitation is extended to the taxpayers in the North-West sector of the Township of Orford, benefiting from CoopTel service to come and say NO to the proposed \$2,275,000 project by coming to sign the register at the town hall at 2530, Park Road, Monday, Nov. 26, from 9:00 a.m. to 7:00 p.m. At least 213 signatures are needed!

For 43 years, we have been pleased to cooperate with CoopTel, which provides an excellent service regarding telephone and high-speed internet at the acceptable price of \$52.95 a month.

For TV, on the other hand we have a good antenna on the roof that is oriented towards Mont-Orford.

However if we do not sign the register in sufficient numbers, we will have to pay a significant increase in tax for a portion of the cost of installing Cogeco equipment for 20 years. We never had to pay a new tax for the installation of CoopTel cables.

We deplore the lack of democracy with the consultation process held at the end of autumn. Considering that for the election of November 2009, there were 3,200 registered voters on

the electoral roll of the Township of Orford, and more than half of them were vacationers, it is undemocratic for politicians to take advantage of the absence of more than half the taxpayers, those domiciled outside of the Township of Orford, to demand the signing of a register in order to express opposition to this project.

In summary, if fewer than 213 taxpayers sign the registry, then by default, those who don't will have contributed to a project that is not needed by customers already well served by CoopTel. Then you will pay more for this new annual tax, which may vary from between \$472.00 and \$2,359.60 for a period of 20 years for Cogeco coaxial cables. Add to all this installation costs for individual households of \$115 plus rental fees of \$18.00/a month for the Cogeco decoder.

Come sign the register in large numbers, otherwise you will pay a lot more with Cogeco in taxes, and subscription, installation and rental fees, than CoopTel, which continually improves its services!

JEAN-GUY DÉPÔT  
ORFORD

**THE RECORD**

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PRINT SUBSCRIPTIONS

		GST	PST	TOTAL	
QUEBEC	1 YEAR	120.00	6.00	11.97	\$137.97
	6 MONTHS	63.00	3.15	6.28	\$72.43
	3 MONTHS	32.00	1.60	3.19	\$36.79

ON-LINE SUBSCRIPTIONS

		GST	PST	TOTAL	
QUEBEC	1 YEAR	55.00	2.75	5.49	\$63.24
	1 MONTH	4.99	0.25	0.50	\$5.74

Rates for out of Quebec and for other services available on request.

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# Local Sports

"Mike is really starting to come into his own this year."

## Mike Andrews named Provigo Robert Lafond Athlete of the Week

The Bishop's University Department of Athletics and Recreation is pleased to announce that Mike Andrews has been named the Provigo Robert Lafond Athlete of the Week. Andrews had a career game in the Gaiters heartbreaking loss to the Concordia Stingers on Saturday night.

Andrews is a third year education

student from Oakville, Ontario. The 6'10" centre was a force on Saturday night as the Gaiters fell 77-76 to Concordia in Mitchell Gymnasium. Andrews had a career high 28 points, and tied a career high with six blocks. He also grabbed 11 rebounds and electrified the crowd with two thunderous dunks. His 29 minutes of play were cut short as he

fell awkwardly and was forced to leave the game with 37 seconds remaining and the Gaiters clinging to a six point lead. Bishop's was unable to hang on down the stretch as the Stingers stole their third victory of the year. It was the Gaiters first game of the season.

"Mike is really starting to come into his own this year," said Gaiters head

Coach Rod Gilpin. "We are hoping this breakout is a sign of things to come."

Andrews and his Gaiter (0-1) teammates will be back in action on Saturday, Nov. 24 as the Laval Rouge et Or (0-2) are in town. Tip-off is set for 8 p.m. It will be the last time the Gaiters suit up in Lennoxville in 2012.

Source: Marty Rourke.

## Three games, three losses for the Phoenix

By Daniel Coulombe

The Phoenix (4-18-2) continue to experience expansion team issues in their first QMJHL season. Sherbrooke suffered three more losses this past weekend, including two in front of good crowds at the Sports Palace.

**Sunday: Armada 5, Phoenix 1**

At Boisbriand, Stefan Jr. Matteau scored twice and added an assist while Etienne Marcoux made 21 saves as the Armada (18-5-2) downed the Phoenix 5-1 for their fifth win in as many outings. Sherbrooke lost their third straight game.

**Friday: Olympiques 4, Phoenix 1**

Friday night in Sherbrooke the Phoenix trailed by three goals after 20 minutes of play. "Unacceptable for our supporters and for the organization," said an upset Judes Vallée of the effort in a post-game media scrum. Taylor Burke opened the scoring for Gatineau at 3:03. Emile Poirier made it 2-0 three minutes later with a shot past goalie Jack Flinn, who made 20 saves in the period. The Olympiques padded its lead to 3-0 on a power play goal by Tomas Hyka at 14:51.

In the second period, Taylor Burke scored with a beautiful maneuver around the net to make it 4-0.

The Phoenix were a pathetic 0-for-11 on powerplay opportunities. Alex Hazlehurst scored his first career goal in the last minute of the game to deny Michael Nishi of a shutout.

There were 2,819 fans at the Sports Palace.

**Thursday: Armada 4 Phoenix 2**

With its two leading scorers, Cole



PHOTO COURTESY OF THE PHOENIX

Rookie Daniel Audette was the team's best players in weekend play in the Phoenix's three losses.

Hawes and Michael McNamee out of the lineup, the Phoenix faced the league's second ranked team, the Blainville-Boisbriand Armada.

The Phoenix gave up 15 shots in the first period while managing only three on Etienne Marcoux. Xavier Ouellet scored for the visitors at the three-minute mark. Cedric Paquette doubled his team's lead a few minutes later with

a beautiful backhand shot into the top corner.

Philippe Sanche and Paquette with his second of the game gave the Armada a 4-0 lead. The Phoenix scored with 5.9 seconds to go in the period on a shot by defenceman Vincent Richer.

Forward Brandon Lesway netted his fifth goal of the season in the last minute with a beautiful shot on a pass

from Jeremy Beaudry, but it was too little too late for coach Vallée's players.

Sherbrooke was outshot 38-21 with 2,562 fans looking on at the Sports Palace.

Sherbrooke plays the Remparts in Quebec City Friday night and at Rimouski Saturday. The next home game will be Saturday Dec. 1 at 4 p.m. against Val-D'Or.

## Mayors wager weight in food in Grey Cup face off

The Canadian Press

The Argonauts and the Stampeders aren't the only ones with bragging rights on the line in the upcoming Grey Cup championship.

The mayors of Toronto and Calgary — the two teams' respective hometowns — are also getting in on the action.

Calgary Mayor Naheed Nenshi has

proposed a friendly wager that would see the losing city's mayor donating his weight in food to the winning city's food bank.

The loser would also have to wear the winning team's jersey for a council meeting.

Nenshi issued the challenge to Toronto Mayor Rob Ford on Twitter.

Hours later, Ford tweeted his accep-

tance, adding the Calgary mayor would "look great in Argo blue!"

Ford said he was aware he had more money to lose because he weighed more than Nenshi.

He estimates his weight at around 320 pounds and Nenshi's at 240 pounds.

"It's a friendly wager. So we'll see what happens," said Ford. "I'm really proud of Toronto, I'm really proud of the

team."

The mayor said he couldn't wait until the big game.

"Go, Argos go!" he said. "Calgary's going to have their hands full."

The 100th Grey Cup is being held in Toronto on Sunday at the Rogers Centre, the Argos' home field.

## In Memoriam

**GORDON** - In memory of Randall Allan Gordon who, after a courageous battle with cancer, passed away August 26, 2012 at the age of 46 in Edmonton, Alberta. Randy is the son of Marjorie (Gilbert) and the late George Gordon. He is sadly missed by his mother Marjorie, his sisters Wendy (Randy Bourgeau) and Kathy McNamara and their families.

TUESDAY, NOVEMBER 20, 2012

## The World Almanac Databank

Today is the 325th day of 2012 and the 60th day of autumn.

**TODAY'S HISTORY:** In 1789, New Jersey became the first state to ratify the Bill of Rights.

In 1945, the Nuremberg Trials against World War II Nazi war criminals began.

In 1962, President John F. Kennedy lifted the blockade against Cuba in response to the Soviet Union removing its missiles from the Caribbean nation.

**TODAY'S BIRTHDAYS:** Edwin Hubble (1889-1953), astronomer; Alisair Cooke (1908-2004), TV host; Robert Byrd (1917-2010), senator; Nadine Gordimer (1923-), writer; Robert F. Kennedy (1925-1968), senator; Estelle Parsons (1927-), actress; Richard Dawson (1932-2012), actor/TV host; Don DeLillo (1936-), writer; Joe Biden (1942-), U.S. vice president; Bo Derek (1956-), actress; Joel McHale (1971-), actor/comedian; Nadine Velazquez (1978-), actress.

**TODAY'S SPORTS:** In 1997, A.C. Green played in his 907th consecutive NBA game, a record that he would extend to 1,192 games.

**TODAY'S FACT:** Democratic Sen. Robert Byrd of West Virginia was the longest-serving senator in U.S. history, with more than 50 years of service.

**TODAY'S QUOTE:** "Whenever men take the law into their own hands, the loser is the law. And when the law loses, freedom languishes." — Robert F. Kennedy

**TODAY'S NUMBER:** 21 — defendants at the Nuremberg Trials, which began this date in 1945.

**TODAY'S MOON:** First quarter moon (Nov. 20).

## SMART MONEY

## No 18-year-old needs \$1 million

By Bruce Williams

**DEAR BRUCE:** It may seem trivial to be asking this question, as there are so many people out there having such a hard time, but I do have a concern about my granddaughter. When she turns 18, her trust will expire, at which time she will be able to withdraw in excess of \$1 million that was left to her by her deceased father. Obviously, my daughter doesn't want her to have immediate access to this money and blow it; she would like to know how to invest it for her. Any suggestions? — Reader, via email

**DEAR READER:** Leaving this amount of money to someone at the tender age of 18 was an incredible exercise in poor judgment. Far too many times, kids who are left with excessive amounts of money when they are little grow up to be young adults who you wish could not get their hands on the money.

## FRUGAL LIVING

## Add castile soap to your shopping list

By Sara Noel

Castile soap is made from plant oils. It comes in bar and liquid form and is a frugal and versatile product to keep on hand. It comes scented and unscented. Some scents are better suited for certain tasks; for example, you might prefer citrus scents for cleaning in your kitchen versus on your body, where you might prefer floral scents. Keep in mind that if you're using scented Castile soap in the recipes below, there's no need to include the optional scented essential oils.

Here are a few ideas and recipes for using Castile soap in your home:  
Car wash: Castile liquid soap or any vegetable-based soap and water will work for a home car wash. Mix two parts water with one part soap.

**Laundry:** Use Castile soap instead of Zote or Fels-Naptha in homemade laundry soap recipes.

**Powdered Laundry Soap**  
2 cups finely shredded Castile soap  
1 cup washing soda  
1 cup borax

Combine ingredients and store in an airtight plastic container. Use 2 tablespoons per laundry load.

**Castile Floor Cleaner:**  
1 gallon hot water  
2 tablespoons liquid Castile soap

For example, if the money was left to them when they were 10 and they spent the next eight years hanging out with the wrong crowd, stealing, doing drugs, etc., there's a whole list of things that could go wrong. The last thing you'd want is for kids like this to have this kind of money.

You, your daughter and your granddaughter should sit down with a trained and recommended financial adviser. You will have to trust the adviser to know where the money should go. That is the best thing for all parties. I wish you well.

**DEAR BRUCE:** My husband and I are 82, and we don't have a will. My husband has refused to get one, and I don't think at this late date I'm going to convince him otherwise.

If we both die without a will, will our children have any problem getting our home and our bank account? We don't have any bills, and our home and automobiles are paid for. — Reader, via email

**DEAR READER:** The answer to your question is: Yes! You bet they will have problems! You are talking about leaving your home with undivided interest to

more than one child, which is always a mistake.

For goodness' sake, you should have simple reciprocal wills, one to the other and one to your surviving children. At the very least, one of you will have to be appointed administrator of the estate by the probate court, which will involve some expense.

I have written many columns on this subject, expressing my well-defined view that there always should be a personal rep or administrator (which you currently don't have) and instructions to them in a will that the home should be disposed of and the monies divided. Not having a will is a huge disservice to the people you leave behind.

Send questions to [bruce@brucewilliams.com](mailto:bruce@brucewilliams.com) or to Smart Money, P.O. Box 7150, Hudson, FL 34674. Questions of general interest will be answered in future columns. Owing to the volume of mail, personal replies cannot be provided.

The Bruce Williams Show can now be heard at [www.brucewilliams.com](http://www.brucewilliams.com) on the Made in America Broadcast Network.

15 drops orange essential oil  
10 drops lemon essential oil or 1/4 cup lemon juice

Blend all ingredients in mop bucket. Mop floor as usual. No need to rinse.

**Dish Soap I:**  
2 cups of Castile soap  
A few drops of essential oil  
1/2 cup water

Save a store-bought dishwashing liquid bottle. Combine liquid Castile soap with warm water. Add a few drops of essential oil for scent. Mix ingredients and pour into a bottle.

**Dish Soap II:**  
3 tablespoons lavender liquid Castile soap  
2 cups hot water  
2 teaspoons vegetable glycerin  
2 tablespoons white vinegar  
10 drops lemon or lavender essential oil

Combine all ingredients in a squeeze bottle. Shake well to blend.

**Counter Cleaner:**  
1 teaspoon liquid Castile soap  
1/8 cup vinegar  
1/4 cup lemon juice  
2 cups water  
6 drops citrus essential oil  
1 teaspoon borax

Combine in a spray bottle. Label. Shake before using.

**Natural Scrub Cleanser:**  
2 cups baking soda  
1/2 cup liquid Castile soap  
3 teaspoons vegetable glycerin  
A few drops essential oil

Mix together and store in a sealed glass jar. When cleaning areas such as a bathtub, spray the area with vinegar to loosen dirt, apply natural cleaner, use a luffa sponge to scrub and rinse with water.

**Bubble Bath:**  
5 drops essential oil  
1 ounce liquid glycerin  
1 ounce coconut oil  
4-ounce bar Castile soap, grated  
4 cups distilled water

Mix ingredients together. Store in spill-proof container. Add to bathwater.

**Body Wash:**  
2 cups Castile soap, grated  
1/2 gallon distilled water  
2 tablespoons vegetable glycerin  
15 drops skin-safe essential oil

Mix grated soap, water and glycerin together in a large pan. Warm on the stove using low heat. Stir until the soap dissolves. Add essential oil and mix well. Transfer to a jar with a tight lid. Can be used for shaving or to bathe dogs, too: Use the above recipe or simply use two parts water to one part liquid Castile soap.

Sara Noel is the owner of Frugal Village ([www.frugalvillage.com](http://www.frugalvillage.com)), a website that offers practical, money-saving strategies for everyday living. To send tips, comments or questions, write to Sara Noel, c/o Universal Uclick, 1130 Walnut Street, Kansas City, MO, 64106, or email [sara@frugalvillage.com](mailto:sara@frugalvillage.com).



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### BIRTH NOTICES, CARDS OF THANKS, IN MEMORIAMs, BRIEFLETS:

Text only: 37¢ per word. Minimum charge \$9.25 (\$10.63 taxes included)

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For Monday's paper, call 819-569-4856 between 1 p.m. and 5 p.m. Sunday.

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**CELEBRITY CIPHER**

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"LEJ CJLLJH Z IDMRJH'I YGDOJ,  
LEJ EZHKJH DL DI LG CJBDJYJ SEZL  
LEJU'HJ IZUDMR, IG D AIJ WU PZABLI  
LG ZM ZKYZMLZRJ." — KZYDK CUHMJ

Previous Solution: "The love of one's country is a splendid thing. But why should love stop at the border?" — Pablo Casals

TODAY'S CLUE: *W equals M*

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**KIT N' CARLYLE**

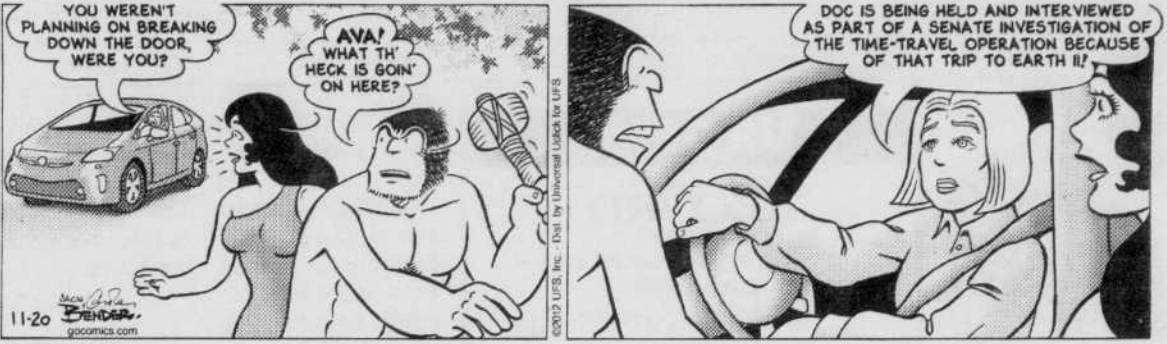


**HERMAN**



"The dollar's been weakening all week. Got a hammer?"

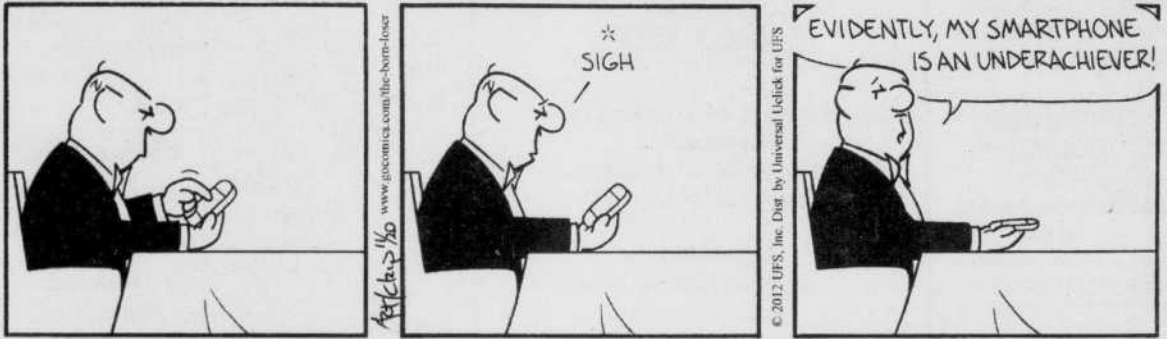
**ALLEY OOP**



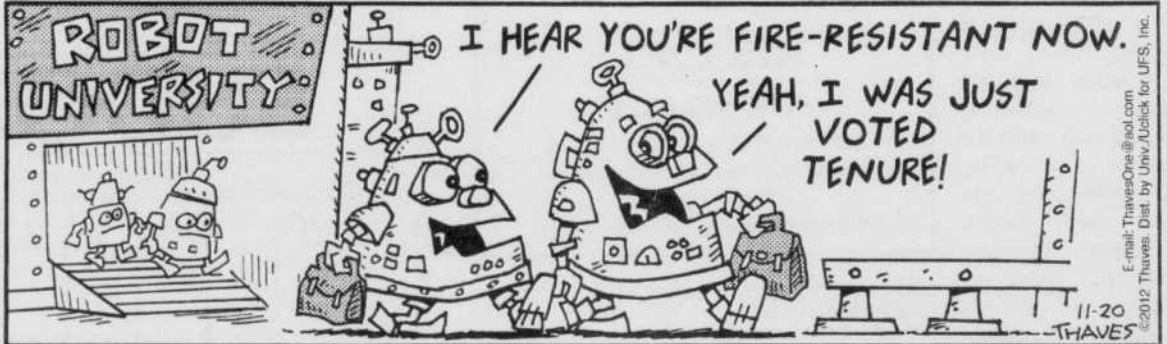
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100 Job Opportunities

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is looking for a carrier in **Lennoxville** for the following route:

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### THE RECORD

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is looking for a carrier(s) in **Lennoxville** for the following route starting January 3, 2013:

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If interested in this route, please call

### THE RECORD

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## Co-workers borrow money

### Annie's Mailbox

TUESDAY, NOVEMBER 20, 2012

**Dear Annie:** I work in a large organization and know my colleagues quite well. Though I enjoy working with them, a number of them recently have begun borrowing cash from me. These are usually requests for small amounts to cover the cost of lunch or coffee, but over time, they add up. Not a single one of them has ever voluntarily repaid me. When I ask, the person inevitably looks surprised, smacks his or her forehead and says, "Sorry, I forgot," before handing over the money. It's not that I don't want to be helpful and collegial, but I have come to realize that if I don't pursue those in my debt, I'll never get the money back and will have to write off those sums. Even if my colleagues aren't doing this intentionally, I can't help thinking that in some way, I'm encouraging irresponsible behavior. Is there a professionally appropriate way of saying no the next time I'm asked for cash? — California Casey

**Dear California:** You have apparently been tagged as an "easy mark" in your office. It's perfectly OK to say pleasantly and politely, "I'm so sorry, but I can't loan you the cash today." You don't have to give a reason. If you say it often enough, they will assume you don't carry that much money any longer or that you aren't willing to part with it. Either way, they will leave you alone.

**Dear Annie:** I would appreciate an objective viewpoint regarding my (just) 16-year-old daughter's request to have her belly button pierced. "Olivia" is an honor student and all-around wonderful daughter. But I am having trouble being objective about the piercing. I am opposed on several levels. First, it is a waste of money. Second, there is pain and, more importantly, the risk of infection or worse. I also feel she is too young and still growing. She is very slender, but I've advised her that her shape is likely to "fill out" in the next several years. Her twin sister, her mom and I enjoy reading your column every morning at breakfast. Am I being overly concerned? — Worried Papa

**Dear Worried:** Your concerns are perfectly valid, but Olivia could present a counterargument to each. The pain is something she is apparently willing to tolerate, the "waste of money" is a matter of opinion, and the risk of infection (or worse) is lessened if the piercing is done by a reputable professional under hygienic circumstances. As for her shape, her navel is not likely to do all that much growing. The better reason, Dad, is that you object. You are still her father and can say no if this makes you uncomfortable. She always has the option of piercing her navel at a later date. We think you and your wife should have an honest discussion with Olivia about this and see whether you can reach an agreement.

**Dear Annie:** "Thwarted" was right on the money. Women my age are definitely in a "trapped" situation. We did everything the good girls were supposed to do. But men are looking for someone in their 20s who will take care of their every dream. Their trophy wives will inherit the bulk of the assets that women like "Thwarted" enabled their husbands to acquire — everything from education to taking care of them and their mothers. It sounds lovely and glib to say just go out there and volunteer, get involved in activities and churches, and hopefully meet other women who are in the same place. But what about the men? The majority are looking for a nurse and a purse once their libidos and bodies start to wane. — 62 Married to a 75-Year-Old with No Reciprocity in Sight

**Dear Annie:** "Thwarted" was right on the money. Women my age are definitely in a "trapped" situation. We did everything the good girls were supposed to do. But men are looking for someone in their 20s who will take care of their every dream. Their trophy wives will inherit the bulk of the assets that women like "Thwarted" enabled their husbands to acquire — everything from education to taking care of them and their mothers. It sounds lovely and glib to say just go out there and volunteer, get involved in activities and churches, and hopefully meet other women who are in the same place. But what about the men? The majority are looking for a nurse and a purse once their libidos and bodies start to wane. — 62 Married to a 75-Year-Old with No Reciprocity in Sight

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column.

## SUDOKU

Difficulty: 3 (of 5)

	9		5	1	3			
							2	1
				6	4		3	
		6	9					
	5	9				8		
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	3							7
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4	7			8			6	5

11-20-12

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### PREVIOUS SOLUTION

6	3	5	7	4	9	8	1	2
7	9	8	2	6	1	5	3	4
2	1	4	5	3	8	6	9	7
9	8	1	4	5	2	7	6	3
3	4	2	6	9	7	1	5	8
5	7	6	1	8	3	4	2	9
1	6	3	8	2	4	9	7	5
8	5	9	3	7	6	2	4	1
4	2	7	9	1	5	3	8	6

**HOW TO PLAY:** Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

# Your Birthday

TUESDAY, NOVEMBER 20, 2012

In the year ahead, you are likely to be far more disciplined than usual regarding things that are of some material significance. Your ability to determine what an item is worth could be uncanny.

**SCORPIO** (Oct. 24-Nov. 22) — Have and enjoy the day, but be sure to pace yourself wisely when involved in any kind of activity that draws upon your physical and emotional energies.

**SAGITTARIUS** (Nov. 23-Dec. 21) — Stand up for your rights if and when you feel you're not getting a fair shake. Reasonable adjustments can be made, but they won't happen without your vociferous input.

**CAPRICORN** (Dec. 22-Jan. 19) — You're usually not overly concerned about who is running the show as long as they are doing a good job, which is OK. However, if you feel you can do a better job, jump in.

**AQUARIUS** (Jan. 20-Feb. 19) — In all probability, you'll have the wherewithal to derive huge benefits from something that appears to have little or no promise. You'll recognize its hidden worth.

**PISCES** (Feb. 20-March 20) — Be sure to include in your social plans some old friends with whom you'll be at ease. They'll be delighted to know that you still think of them as special.

**ARIES** (March 21-April 19) — You

might not make the biggest splash, but people will know when you jump into the pool of life with them. There is something about you that commands attention during this cycle.

**TAURUS** (April 20-May 20) — Knowledge is power, and what you have to offer could be of tremendous value to your colleagues. Don't let them think your wisdom is up for grabs — make them pay for it.

**GEMINI** (May 21-June 20) — Changes need not be challenging. Instead, handled properly, they could work for your benefit. Utilize these kinds of conditions to turn a negative into a positive.

**CANCER** (June 21-July 22) — Although you might try to avoid making a decision about something that you're unsure of, what you should do is act in the manner your best judgment dictates.

**LEO** (July 23-Aug. 22) — Because your productive and constructive motives are so strong, you should be able to realize any ambitious objective want. You're in a brief cycle in which you can achieve your dreams.

**VIRGO** (Aug. 23-Sept. 22) — You'll make a welcome addition to any team effort. This is especially true for a type of activity that involves both chance and competition.

**LIBRA** (Sept. 23-Oct. 23) — It is important that you have plenty of staying power and not be deterred by any challenges. In fact, it's when the finish line is in sight that you'll blossom the most.

TUESDAY, NOVEMBER 20, 2012

# Magazine for experts and the ambitious

By Phillip Alder

The Bridge World magazine is published monthly in New York state. It is written primarily for serious duplicate players, but it has articles and quizzes for those wishing to improve their game.

Readers can also interact. Every month, two expert pairs bid 10 hands. Readers may bid them the month before, then compare their results. And each month there is a bidding and opening-lead quiz. Readers may send in their answers, then see what a group of experts did.

Try this declarer-play problem from the section for those wishing to become strong club-players.

South is in three no-trump. West leads his fourth-highest heart, the six. What should South do?

Declarer has eight top tricks: one heart, four diamonds and three clubs. There is a natural reaction to call for dummy's heart queen. If West has led from the king, the contract is secure. But here that play fails. East wins with his king and returns a heart, establishing West's suit while West still has the spade ace as an entry.

Taking the first trick with the heart

North 11-20-12			
♠ K 6 5			
♥ A Q 4			
♦ Q 10 6 4			
♣ Q J 9			
West		East	
♠ A 7 3		♠ Q 9 8	
♥ J 9 7 6 2		♥ K 10 8	
♦ 3 2		♦ 8 7 5	
♣ 6 3 2		♣ 8 7 5 4	
South			
♠ J 10 4 2			
♥ 5 3			
♦ A K J 9			
♣ A K 10			
Dealer: South			
Vulnerable: North-South			
South	West	North	East
1 NT	Pass	3 NT	All pass
Opening lead: ♥ 6			

ace, playing a diamond to hand, and leading the spade jack could work. First, West might duck and South could guess correctly. Or West might win with his ace and continue with a low heart, declarer guessing to play low from the board.

However, the best play is dummy's low heart. Here, East will win with his 10 and probably shift to a club. Now South has time to attack spades. But if East could underplay with the heart two, declarer can finesse dummy's queen at trick two, not having lost anything.

Full details are at [www.bridgeworld.com](http://www.bridgeworld.com).

# CROSSWORD

**Across**

- 1 Winter coaster
- 5 "Go \_\_, Tigers!": 1968 Detroit baseball theme song
- 10 Verb for thou
- 14 Vehicle at a stand
- 15 Martini garnish
- 16 Empty room phenomenon
- 17 Unattributed, as a quote: Abbr.
- 18 Show hosted by 23-Across
- 20 Uncommon, to Caesar
- 21 Taking care of the job
- 22 Muse for poets
- 23 Popular TV personality (11/20/1932-6/2/2012)
- 26 Syr. neighbor
- 27 Royal Navy letters
- 28 Brightness nos.
- 30 Put a match to
- 35 Vocal quality
- 39 18-Across list topper

**Down**

- 42 Proboscis
- 43 Did, at some point
- 44 Fish-fowl connector
- 45 Syr. neighbor
- 47 Go toe-to-toe
- 49 With "the," 23-Across's nickname on 18-Across
- 56 Healing plants
- 58 Lugosi of horror films
- 59 Flag Day month
- 60 23-Across's catchphrase on 18-Across
- 62 Area behind a high altar
- 63 "Aha!"
- 64 Blue Cross competitor
- 65 Part of an agenda
- 66 Migratory herring
- 67 California berry farm founder
- 68 Used car sites

**Down**

- 1 Percussionist from Liverpool
- 2 Hawaiian porch
- 3 Ritualistic evictions
- 4 Singers Washington and Shore
- 5 Cost
- 6 Spiral-horned antelope
- 7 Faint of heart
- 8 Madonna title role
- 9 B or C of the Spice Girls
- 10 Sits on the kitchen counter until dinner, say
- 11 Indian \_\_
- 12 Not even ajar
- 13 Chore list heading
- 19 Quaint country consent
- 24 Grammy winner India.\_\_
- 25 Bread choice
- 28 Place to overnight
- 29 Quid pro \_\_
- 31 Future beetles
- 32 Rejection on top of re-

- 49 Where to get Seoul food
- 50 "A Doll's House" playwright
- 51 "That's so cool!"
- 52 Quick flash
- 53 Needing practice in
- 54 Smaller map, often
- 55 Rains cats and dogs
- 56 Auction condition
- 57 One who rarely has low spirits?
- 61 Hog the phone

A	S	S	N		M	E	S	A		F	L	A	W			
S	H	O	O		T	W	I	S	T	R	E	B	A			
P	A	L	M		S	A	N	A	A	E	A	S	Y			
C	R	A	S	H	I	N	G	B	O	R	E					
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## TOWNSHIPS' CRIER

### LENNOXVILLE

Bingo on Wednesday, November 21 at 7:30 p.m. sharp at the A.N.A.F. Unit 318, 300 St. Francis Street. Everyone is welcome!

### LENNOXVILLE

Brunch at the A.N.A.F. Unit 318, 300 St. Francis, Lennoxville on Sunday, November 25 from 10:30 a.m. to 12:30 p.m. Come enjoy eggs, pancakes, bacon, sausages, ham, potatoes, baked beans and much more. All welcome. Info: 819-346-9122.

### RICHMOND

St. Anne's Church, 171 Principale South, on Saturday, November 24, starting at 1:30 p.m., Christmas Tea and Bazaar. Sandwiches and sweets for lunch; cookie and food tables to buy from with Bazaar items too. Door prizes. Silent Auction ends at 3 p.m. Admission charged for Tea only. Treat yourself, bring a friend.

### LENNOXVILLE

Music at the A.N.A.F. Unit 318 (The Hut), 300 St. Francis, Lennoxville on Saturday, December 1 starting at 8:30 p.m. Entertainment by Ronnie Haseltine and The Country Swingers. Admission charged. Everyone welcome 18+.

### STANSTEAD

Boutique annual Christmas Sale at the Colby-Curtis Museum, 535 Dufferin Road, Stanstead on Saturday, November 24 from 10 a.m. to 2 p.m. Free admission. Gifts and decorations. Hot cider and treats will be served.

### HUNTINGVILLE

Christmas Tea and Sale at Grace Christian Home, 1501 Campbell, Huntingville on Thursday, November 22 from 1:30 p.m. to 4 p.m. Please join us as we celebrate the season with our annual Christmas Tea & Sale. Door prizes, vendor tables (for rent), tea and refreshments.

### AYER'S CLIFF

The U.C.W. of Beulah United Church, Ayer's Cliff will host a pre-Christmas Bake Sale and Coffee Party, along with the sale of miscellaneous items, knitwear, glasswear, books, jewellery, toys, etc., on Saturday, November 24, 9 a.m. to noon. A variety of baked goods

will be offered, breads, rolls, sweets and other tasty treats. Coffee, tea, doughnuts, muffins, jam will be served throughout the morning. Come and enjoy. Everyone welcome.

### MAGOG

On November 24, St. Paul's United Church Women will be holding a Christmas Tea Luncheon and Bazaar at the Church, 211 rue des Pins, Magog. We will be opening the doors at 11 a.m. for the sale and start serving lunch at 11:30 a.m. until 1 p.m. It is a soup, sandwich and squares luncheon. There will be a bid and buy table as well as a food table with homemade items, plus much more.

### NORTH HATLEY

Casino Day at the North Hatley Legion, 95 Jackson Heights, on Saturday, November 24 from 2 p.m. to 6 p.m. Prizes. Admission charged. All welcome. For more information, call 819-842-2933.

### SHERBROOKE

Sherbrooke Snow Shoe Club, 1900 Prospect, Sherbrooke, Wednesday, November 21, 6:30 p.m. Invitation to join the oldest sporting organization of the city and the oldest, continuously operating snowshoe club in the world! Membership open to residents of the Townships. Active participation in the sport not a prerequisite, but encouraged. Meetings with meals convened every Wednesday evening from mid November to the end of February, with a number of Saturday night gatherings that include lady guests, and occasional family events throughout the year. For more information, call 819-820-7628 or 562-8036.

### SAWYERVILLE

This That and All Sale at Sawyerville Elementary School, Saturday, November 24 from 9 a.m. to 4 p.m. A fundraiser sponsored by the Parent Participation Committee of Sawyerville Elementary School. All profits go towards student activities and materials. Something for everyone - take a look at our rummage sale items, baked goods and look for Christmas gifts at our local artisans' tables. Don't worry about having lunch - join us for hot dogs, soup and snacks, coffee, tea, juice, etc. If you would like to rent a table, please contact the school at 819-889-2263 between 8:30 and noon or contact Melanie at 819-889-1468. Everybody welcome.

### MAGOG

The Parent Committee of Princess Elizabeth Elementary School, in Magog, will

be hosting its 33rd annual Christmas Craft Fair on Saturday, November 24 from 9 a.m. to 3 p.m. Over 40 artisans will be selling their one of a kind creations. You will find handmade jewelry, knitwear, honey and rose products, decorative painting, stain glass designs and much more. No need to shop on an empty stomach, as a gourmet brunch will be prepared by a local chef. On the menu: french toast, bacon and sausages, fresh fruit platter, soup and sandwiches, as well as a selection of quiches and salads. Additional activities include a bake table, hair salon, a movie room for children and the Scholastic Book Fair. Get a head start on your holiday shopping and support the local community. For more information you may call 819 843-4847 or visit or Facebook page at [www.facebook.com/PEESCRAFTFAIR](http://www.facebook.com/PEESCRAFTFAIR).

### LENNOXVILLE

The Ladies Auxiliary of the A.N.A.F. Unit 318 will hold a Military Whist on Wednesday, November 28 at the Hut, 300 St. Francis, Lennoxville. To reserve for yourself or for a table of 4, call Emily at 819-562-8683.

### LENNOXVILLE

Mental Health Estrie will host a teleworkshop on Wednesday, November 21, 7-8 p.m. The topic to be addressed by journalist, Loreen Pindera, is "More harm than good? Mental illness in the media" The media provides much of the information that shapes our perceptions about mental illness. Often in the media, people who suffer from mental illness are depicted as violent and aggressive, when the truth is that they are more likely to be the victims of violence themselves. How can the media full fill its responsibility to inform without falling prey to the temptation to sensationalize? Two ways to participate: register to be part of a group at Mental Health Estrie, with discussion to follow OR register with Care-Ring Voice Network 1-866-396-2433 / [www.caringvoice.com](http://www.caringvoice.com) to take part from home - all you need is a telephone.

### DANVILLE

The Ladies Auxiliary of the Danville-Windsor Royal Canadian Legion, Branch #41, will be holding a Brunch on Sunday, November 25 from 9:30 a.m. to 12:30 p.m. Everyone welcome.

### LENNOXVILLE

Old Time Christmas - a sensational Fiddle Variety Show with Canadian Fiddle champion Scott Woods and his band on Saturday, December 1, 7 p.m., at Alexan-

der Galt Regional High School, 1700 College, Sherbrooke. Get our your mistletoe, deck the halls with holly and get ready for some hand-clapping, foot-stomping good old time Christmas spirit. The Scott Woods Band brings the Christmas season alive with this brand new show. Get your tickets today! Advance tickets and info: 819-822-2242 or 819-564-8960. Proceeds in support of St. George's Anglican Church, Lennoxville.

### LENNOXVILLE

Christmas Tea and Bazaar at St. George's Anglican Church, 84 Queen St., Lennoxville on Saturday, November 24 from 11 a.m. to 4 p.m. Silent Auction, food, candy, wood, knitting, 'Sunday School', 'Delightful Muddle'. Visit 2 floors of items. All welcome.

### TOWNSHIPS

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous 1-888-424-2975, [www.aa.org](http://www.aa.org)

### TRENHOLM

Trenholm United Church. Worship and song await you at our monthly service on Sunday, November 25 at 11:00 a.m. and will be followed by a "cookie hour" get-together. Everyone is welcome!

### HUNTINGVILLE

Three Link Fraternity, Unity Lodge #8 and CJMQ Radio would like to invite you to our Grandma's Style Roast Beef Supper on Sunday, November 25, 2012, from 4:30 p.m. to 6:30 p.m., at 4150 Route 147, Waterville (Huntingville). Delicious roast beef and all the "fixins" just like Grandma used to serve! We have a family price and CJMQ membership card gets a discount. All you can eat! A great opportunity to support your local community radio as well as our community projects. If you would like more info on any of our projects or to apply for a scholarship, please come to our supper or contact Unity Lodge, IOOF at [unity8ioof@yahoo.ca](mailto:unity8ioof@yahoo.ca), 819-340-0391 or CJMQ at 819-570-2094.

### ULVERTON

The annual Craft and Food Fair will be held at the Ulverton Community Centre, 155 Route 143 in Ulverton on November 24 and 25 (Sat. and Sun.) from 10 a.m. to 4 p.m. A chance to find unique gifts and treasures amongst the beautiful handmade articles presented by various craftspeople from the village as well as several producers on site with their products. Admission is free!

# Black & white value

## What is black and white,

read all over and serves as a great teaching tool? The newspaper, of course.

Teachers can use the newspaper in a number of ways in the classroom to enhance students' education. They can cut several pieces of art from the paper and have young students just learning to write name them, or clip a feature story from the paper and have older students respond to it in an essay.

Whatever the activity, newspapers benefit students. When used in the classroom, they improve students' reading, writing and critical thinking skills, inspire them to participate in discussions and debates, and expand their knowledge of past, current and future events.

THE  
**RECORD**

